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the Aurora

Vol. 47 No. 09

MAY 11, 2026 NO CHARGE

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Two guards of West Nova Scotia Regiment members were on parade during the April 26 change of command at 5th Canadian Division Support Group Detachment Aldershot: one in dress uniform, and the other in dress of the day. The new WNSR commanding officer is Lieutenant-Colonel Jeremy Wigmore, centre. S. White

Familiar faces mark WNSR change of command

Sara White,
 Managing editor

“Welcome to your first day at camp,” Colonel Timothy White, Commander 36 Canadian Brigade Group, said to Lieutenant-Colonel Jeremy Wigmore, signing in as the West Nova Scotia Regiment’s commanding officer in an April 26 parade. Of course, it’s not: Wigmore has been a WNSR member since 2006 and, throughout his involvement with the unit, has served in nearly every officer appointment. Plus, he currently works remotely as a full-time Canadian Armed Forces Reservist, the acting direc-

tor of the External Review Implementation Secretariat. And, to keep him comfortable as he continues with the WNSR, the regiment pulled out a specially-made chair for him to sit in during the certificate signing. “That looks comfortable,” Wigmore joked. Of course, it wasn’t. But the two 20-member guards on parade - at home in their WNSR LCol G.W. Bullock Building at 5th Canadian Division Support Group Detachment Aldershot, witnessing the exchange of the regimental command sword; enjoying an Aldershot-kitchen catered

stand-up reception on heritage regimental china, and in front of a crowd of present and past WNSR members and supporters - certainly was comfortable. Outgoing Lieutenant-Colonel Mike Bobbitt was also fortunate to have his parents in the audience: his father, John, was himself the regiment’s commanding officer from 1998 to 2001. “It has been my greatest job, pleasure and honour to be your CO for the past five years,” Bobbitt said in his farewell remarks. “My job has been easy: the work you do is truly appreciated. You make this team click. It would be a full nominal roll

of thanks from me, for the regiment. I hope to watch you flourish under Lieutenant-Colonel Wigmore.” Wigmore also expressed his honour on becoming the commanding officer of the WNSR: “an impressive and diverse group of people who represent the best of Canada – teachers, students, police officers, civilian professionals, full-time military members and many others – who dedicate their time to soldiering. “This is a tough business, with a high degree of dedication and standards. As Reservists, we balance this with other commitments outside the military – and



West Nova Scotia Regiment Lieutenant-Colonel Mike Bobbitt, 2021 to 2026, left, with his wife, Annette; his mother, Maureen; and his father, WNSR Lieutenant-Colonel John Bobbitt, 1998 to 2001. The April 26 change of command parade marked the junior Bobbitt’s departure from the regiment. S. White

it’s not easy. I’m proud of this regiment; I’m proud of each of you.” White served as the pa- Continued on page 2...

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A decorative bent stick chair was specially placed to seat incoming West Nova Scotia Regiment Lieutenant-Colonel Jeremy Wigmore, right, during the scroll signing. Outgoing Lieutenant-Colonel Mike Bobbitt, foreground, and reviewing officer Colonel Timothy White, second from left, were among those who had a good chuckle at Wigmore's discomfort.

WNSR change of command...

...cover
rade's reviewing officer, accompanied by Chief Warrant Officer Russell Anstey. He commended the regiment for its latest success: 34 new recruits in the past year, to its commendable Second

World War history, participation in 80th anniversary commemorations in the Netherlands, its new Kings and Regimental colours in a 2023 ceremony at Grand Pre: "your values remain, as grounded as always."

"You are a capable, cred-

ible and enduring unit Canadians want to join."

White thanked Bobbitt for not only his leadership in the unit's CO's role, but also his experience and wisdom; and he welcomed Wigmore with his "full trust and confidence." →

Military children's service 'seen, understood'

14 Wing teals up, marking April as Month of the Military Child

Military children are "troopers," says 14 Wing Greenwood Colonel Luc Vachon.

"Folks that have families, including myself: take a moment to pause. Our children did not sign up, but their service to Canada includes moving, new friends, new schools; extremely difficult and flexible and unpredictable environments."

Vachon, with Wing Chief Warrant Officer Justin Harper, raised the teal flag for April as the Month of the Military Child at the base's main gate April 23. The event was organized by Military Family Services, one of a whole calendar of activities throughout the month; ending Saturday, April 25, with a walk, mural painting, games and pizza lunch.

"Parents - go home, give a good squeeze and hug to your kids and give them the appreciation they deserve," said Vachon.

Harper said military children are part of the fabric of support for military members' service.



He thanked the wing's partners - MFS, day care, youth and family program organizers - for their continuing efforts to include and support children.

MFS family liaison Kelly McLean was a military child, and is now the parent of two military children.

"Transitions, starting over, time apart - and all the changes in between," she said. "Those

but it's important those children feel seen and understood by their community."

The teal-coloured flag comes from a blending of colours - air force blue, army green and navy white; it also includes a dandelion graphic, as the tough, abundant little flowering weed puts down hardy and resilient roots everywhere. →

Flight safety ensures mission success

Sara White, Managing editor

14 Wing Greenwood leadership and wider personnel all know the scale of change in the base's immediate future - and some of it is happening now.

"The arrival of the Kingfisher 295, runway extension this summer, new hangars for the RPAS, new P8 aircraft - and hangars - by 2027, staffing levels; all fairly quickly, and all the infrastructure that comes with it," said Colonel Luc Vachon April 14. "A lot of work needs to be done, and we need to be attuned to flight safety."

"Yes, the mission needs to happen, but it needs to happen safely and effectively at all times."

Vachon welcomed Director Flight Safety chief investigator Lieutenant-Colonel Scott Young and Chief Warrant Officer Sebastien Robichaud to 14 Wing ahead of their third flight safety briefing over a two-day visit April 13 and 14. Over 600 wing personnel took in the sessions, meant to reinforce the Royal Canadian Air Force's commitment to flight safety, a just culture around reporting and reacting to incidents, and the importance



Director Flight Safety Chief Warrant Officer Sebastien Robichaud encouraged 14 Wing Greenwood flight safety briefing attendees April 13 and 14 to follow procedures: "If there are cracks or holes, that's when things slide through."

Corporal F. Roy, 14 Wing Imaging

of paying attention to the potential human, legal and financial impact of incidents.

"Lessons learned is one thing," Young said, "but lessons identified comes first: we share information. How do we get to a combat capable force? We prevent accidental losses. It's our job - across the board - to make sure that doesn't happen."

DFS takes annual and longer-term data, research and investigation results in its presentation to military and civilian Defence Team personnel across Canada in that effort to share information. Flight safety depends on the collective work of technical

review, the airworthiness investigative authority and the airworthiness operators.

"That's you - the doers," Young said. "We all look out for one another: from a flight safety perspective, if you see something, you say something."

Well-known factors are often found in flight safety investigations: personnel fatigue, short-staffing, lack of supervision, haste, incorrect parts and equipment, not following procedure, inexperience, distraction, increasing paperwork, communication. Unintentional mistakes from any of those, singly or in combination, are



Director Flight Safety chief investigator Lieutenant-Colonel Scott Young says one of the easiest things to remember in flight safety is "if you see something, you say something." He met with 14 Wing Greenwood personnel during annual briefings April 13 and 14.

opportunities to learn - and address problems before they happen again. The reporting process around those are enabled by the RCA's "just culture" environment. An investigation happens outside the chain of command, looking just for contributing factors - and solutions.

"We need to control the pressures," said Robichaud, "the many steps to block accidents.



"Know your job. Follow procedures. If there are cracks or holes, that's when things slide through."

Robichaud also reminded

Greenwood attendees "we get complacent when things are going well."

Robichaud, and Young, shared a half-dozen examples of more recent flight safety investigations, some closed but some still open, as examples Greenwood members could look at and "compare it with what you do." Towing, equipment jacks and maintenance stand incidents; runway incursions, distraction and interrupted work - "easy tasks," said Young, "procedure - and we're not 100 per cent attentive. Slow down. Don't take risks to be fast." →

The Aurora News

CFB Greenwood Aurora News

Circulation | Circulation: 4,500 bi-weekly Mondays | Lundis bihebdomadaires

Agreement No. | Numéro de contrat : 462268

Fax: 902-765-1717

Website | Site Web : www.auroranewspaper.com

The Aurora, PO Box 99, Greenwood NS B0P 1N0
L'Aurora, C.P. 99, Greenwood (N.-É.) B0P 1N0

Location | Emplacement : 61 School Road, Morfee Annex
61 School Road, Annexe Morfee

Mail subscriptions: annual \$65 plus tax, biweekly \$2.71 plus tax.
Abonnements par correspondance: 65 \$ par année plus taxes, aux deux semaines 2,71 \$ plus taxes.

The editorial board reserves the right to edit, condense or reject copy or advertising to suit the aims of a service newspaper as specified in the Interim Canadian Forces Newspapers Policy and/or by the editorial board. Opinions and advertisements appearing in The Aurora Newspaper are those of the individual contributor or advertiser and do not necessarily reflect those of Staff of the Non Public Funds, the Department of National Defence, the Canadian Armed Forces, the Canadian Forces Morale and Welfare Services or the printers. Published by 14 Wing under the authority of Colonel Luc Vachon, Wing Commander.

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Next print Aurora Newspaper:
May 25. Deadline for editorial and advertising content: **May 20**
Prochaine impression du journal d'Aurora :
25 mai. Date limite pour le contenu éditorial et publicitaire : **20 mai**

Readers: find a full colour PDF of every issue at auroranewspaper.com

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Public notice

As the Royal Canadian Air Force continues to modernize and adapt to Canada's evolving security and defence requirements, 14 Wing Greenwood is assessing future capability needs, including potential enhancements to base security and supporting infrastructure. As part of this forward-looking work, the Wing is undertaking a feasibility study that will examine a range of possibilities, one of which includes exploring whether relocation of the Union Church Cemetery may become necessary in the future.

No decisions have been made. This study is preliminary, non-invasive, and intended solely to help us better understand what considerations, requirements, and implications would exist if changes were ever required. This review highlights our commitment to thoughtful and transparent planning as 14 Wing prepares to meet Canada's evolving operational needs, while continuing to respect and protect the local heritage, history, and strong community relationships that define this region.

To support this effort, the Department of

Avis au public

Alors que l'Aviation royale canadienne poursuit sa modernisation et son adaptation aux besoins changeants du Canada en matière de sécurité et de défense, la 14e Escadre Greenwood évalue ses besoins futurs en matière de capacités, notamment les améliorations potentielles à apporter à la sécurité de la base et aux infrastructures de soutien. Dans le cadre de ce travail prospectif, l'Escadre entreprend une étude de faisabilité qui examinera diverses possibilités, dont celle d'explorer la possibilité d'un éventuel déplacement du cimetière de l'église Union.

Aucune décision n'a été prise. Cette étude est préliminaire, non invasive et vise uniquement à nous aider à mieux comprendre les considérations, les exigences et les répercussions qui existeraient si des changements devaient être nécessaires. Cet examen souligne notre engagement envers une planification réfléchie et transparente, alors que la 14e Escadre se prépare à répondre aux besoins opérationnels changeants du Canada, tout en continuant de respecter et de protéger le patrimoine local, l'histoire et les liens étroits avec la communauté qui caractérisent cette région.

Pour appuyer cet effort, le ministère de la

Défense nationale a retenu les services de WSP Canada Inc. pour réaliser l'étude de faisabilité. Leurs travaux comprennent des recherches généalogiques et historiques, des consultations auprès des intervenants, l'obtention des permis, la cartographie, des levés géophysiques et l'identification des options possibles, au cas où elles s'avèreraient nécessaires.

WSP Canada Inc. a déjà entrepris des démarches auprès des familles, des églises et des sociétés historiques dans le cadre de son processus de consultation visant à recueillir des renseignements auprès des personnes ayant des liens avec le cimetière. **Si vous avez des ancêtres inhumés au cimetière de l'église Union, veuillez communiquer avec WSP Canada Inc., Dona Daugherty, à l'adresse courriel suivante : dona.daugherty@wsp.com**

Nous comprenons que ce sujet puisse susciter des questions ou des inquiétudes. Sachez que la 14e Escadre aborde ce travail avec beaucoup de respect, de délicatesse et d'attention. Le cimetière de l'église Union continuera d'être traité comme un lieu de dignité et de recueillement tout au long de ce processus.

Veuillez noter qu'une consultation publique aura lieu au printemps; plus de détails suivront.

Navy visitors get a 14 Wing eyeful

**Sara White,
Managing editor**

It was all things Navy April 9, as 14 Wing Greenwood hosted two visiting contingents from training and operations partners. Representatives from Canadian Fleet Atlantic, 12 Wing Shearwater and Naval Fleet School (Atlantic) all had the opportunity to tour 14 Wing workspaces, including aircraft, and meet the people often on the other side of the radio.

14 Wing leadership hosted Commodore Jacob French, Chief Petty Officer First Class Patrick Mackey and Lieutenant (Navy) Jonathan Tallis, Canadian Fleet Atlantic; and 12 Wing Shearwater Commander Colonel Tara Willis for a day of briefings on long range patrol, including joint maritime air integration, anti-submarine warfare, force generation and intelligence, surveillance and reconnaissance effects. Guests had the chance to tour the CP140 Aurora, and hear more about the ongoing transition to the P8. With an additional stop at 413 (Transport and Rescue) Squadron, they got an inside look at the shiny new fixed-wing search and rescue CC295 Kingfisher, and discussed interoperability

between 413 Squadron and the Halifax Joint Rescue Co-ordination Centre.

413 Squadron's operations officer Major Brad Harding briefed the group on the scope of the Halifax SAR region: 4.7 square kilometres of land and ocean territory, including 29,000 kilometres of coastline, with approximately 2,500 annual incidents.

"There is never a time there is no one here, or on call, at the squadron – 24 hours a day, 365 days a year," Harding said. "We always have a flying crew, with everyone else in training, on standby or working on maintenance."

"We work closely with the Canadian Coast Guard, JROC, and all Royal Canadian Air Force aircraft and Royal Canadian Navy vessels are considered secondary SAR assets. We help each other out, depending on what's going on."

Elsewhere on the base throughout the same day, six Naval Fleet School (Atlantic) students and instructors were welcomed to "pinnacle long range patrol squadron," 405 (Long Range Patrol) Squadron, by Lieutenant-Colonel Joel Stubbart, himself waiting to greet the 12 Wing and Canadian Fleet Atlantic visiting

group. The students were in the safety and controls phase of a six-month Fleet School course.

Inside 11 Hangar, Captain Major Chris Inchley welcomed the visitors with a pilot's perspective on operating the CP140 Aurora.

"The biggest thing you'll notice over a helicopter is the speed: we have twice the speed," he said. In the Aurora's cockpit, the Naval students asked lots of questions about systems and operations, particularly about what the aircrew wants and needs from them, working from ship or submarine, on a training exercise or mission.

"The hardest part is posturing: our speed means we need a couple kilometres out, and that takes planning for you to get us where you want us," Inchley said. "If we're at four miles a minute, our turns are huge – but if you want us north-to-south, we can get there pretty quick."

"So, it's probably better for us to give you the result we want," said Fleet School instructor Petty Officer Second Class Michael Huntley.

"That's a great point," Inchley said. "We typically turn at a 30-degree tilt. We can go to a 60-degree bank, but every-



405 (Long Range Patrol) Squadron air combat systems officer Captain Dillon Burgess, left, is the squadron's tactical coordinator. He shared work experiences April 9 with a group of visiting Naval Fleet School (Atlantic) students.



413 (Transport and Rescue) Squadron Captain Ethan Williams, left, greets Canadian Fleet Atlantic Commodore Jacob French, at 14 Wing Greenwood April 9; for a tour of the squadron's new fixed-wing search and rescue aircraft, the CC295 Kingfisher.



405 (Long Range Patrol) Squadron CP140 Aurora pilot Captain Chris Inchley, right, walks a group of Naval Fleet School (Atlantic) visitors under the weapons bay of an Aurora during an April 9 visit to 14 Wing Greenwood.



Canadian Fleet Atlantic Commodore Jacob French questions 413 (Transport and Rescue) Squadron Lieutenant Philippe Therien, right, on some of the CC295 Kingfisher's capabilities, with 14 Wing Greenwood Colonel Luc Vachon, second from left. The group also included 12 Wing Shearwater Colonel Tara Willis, centre; and CANFLTLANT Chief Petty Officer First Class Patrick Mackey.

body in the back pays for it: that's a 2G turn."

From their role behind the Aurora's cockpit, air combat systems officers Captain Dillon Burgess and Corporal Jian Dandangi were able to offer another look at the Aurora's work: the operations specifics

the air force/navy partnership strives for. Dangani said the Aurora typically works with a ship – "as the scene of action commander."

"They hone us in, and we take a look."

Burgess said training with the Navy strengthens success:

"we rely on the Navy – you, in that we trust you to give us guidance."

The Fleet School students saw some of that come together during a secondary tour of 14 Wing's CP140 operational mission suite simulator during a flight crew training serial. →

Creative veteran workshops start soon in Greenwood

7Arts in Greenwood is hosting a variety of workshops for veterans, free thanks to support from the True Patriot Love Foundation.

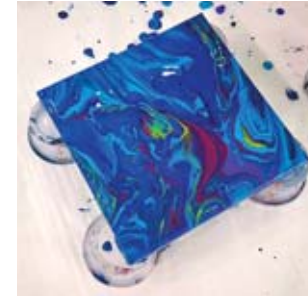
Register today at 7arts.ca/veterans. No experience or equipment is needed to attend any of the workshops. Life Through A Mask begins May 25 and teaches how to sculpt with plaster and clay, with a focus on healing through creativity. Fishing fly tying will start in June, where participants get to create many types of fishing flies. The initiative also includes the including the Veterans Art Pass, which can be used to attend any 7Arts class.

7Arts provides all the tools, so the only requirement is

to sign up and show up! Space is limited and groups are small to make sure the workshops are comfortable for everyone.

A complimentary Friday morning coffee for military members and veterans also happens every week at 7Arts from 9:30 a.m. to 11 a.m. Coffee, tea, hot chocolate and snacks are provided.

Veterans sculpt masks at 7Arts, reflecting the before and after of their military experiences. Paint pouring is one of the many Greenwood arts centre's workshops now included in the new 7Arts Veteran Art Pass.



Opportunity Shop support adds up

**Lorraine Margeson,
Treasurer, Greenwood
Health Auxiliary**

The Greenwood Health Auxiliary is pleased to share, thanks to generous donations, dedicated customers and devoted volunteers at the Opportunity Shop; \$30,500 raised through 2025 will be distributed to local community health programs and services.

The Opportunity Shop is operated by volunteers of the Greenwood Health Auxiliary and is located in the Greenwood Mall, just around the corner from Cleve's Source for Sports. The GHA is extremely grateful for the many kind donations of a wide variety of items received throughout the year. New and next to new clothing, footwear and other fabric items that are

clean, stain- and odour-free, as well as kitchen items and small appliances in good working condition; for resale are appreciated. As shop display and storage space is limited, furniture, large toys and electronics are not accepted. All of the merchandise is reasonably priced, with no sales tax added. Payment for items is by cash only. Watch for occasional \$5 and \$15 special bag sales. Hours of operation are Monday to Friday, 1 p.m. to 3 p.m.

The Opportunity Shop is celebrating its 65th anniversary in 2026, a vital part of the Greenwood Health Auxiliary's success and a valuable, economical and environmental part of our community. If you have any questions or are interested in volunteering, drop by the Opportunity Shop, or kindly call President Mary

Osmond at 902-765-3063.

The following organizations will receive donations from Opportunity Shop proceeds, realized in 2025: Soldier's Memorial Hospital, \$10,000; Valley Regional Hospital, \$6,000; Fidelis House, \$2,000; Valley Hospice, \$2,000; Beehive Adult Centre, \$1,000; Cancer Navigator Program, \$1,000; VON Annapolis County Branch, \$1,000; IWK Hospital for Children, \$1,000; Kingston Lions Health and Welfare Division, \$500; and a \$1,500 donation has been made to a local kidney transplant donor to assist with travelling expenses. As well, three \$1,500 bursaries will be awarded, with one going to a graduating student from each of the three area high schools who is enrolled in a health related post-secondary program. →

Recreation programs offer something for all ages, interests

New programs and weekly favourites for May fun are making their way onto the PSP Greenwood Community Recreation calendar. Fun, fitness and special event programs are all on offer. For PSP Community Recreation information, program registration (bkk.cfmws.com/greenwoodpub/account/index.asp) and PSP Plan membership, contact the Community Centre at 902-765-1494 local 568-5341. Most programs take place in the Community Centre, Building 110, Church Street, Greenwood.

Kids Club – Mondays, 6 p.m. to 7:30 p.m., for youth ages six to 12. Cost: \$5 plus HST for non-PSP Plan members, free with a PSP Plan.

May 11 – painting rock pets and nature art

May 18 – slime making and park fun

May 25 – walk to Avery's

Book club – Ages 19+ book club, Thursday evenings, 7 p.m. to 8:30 p.m. Cost: \$5 plus HST for non-PSP Plan members, free with a PSP Plan.

May 21: "River Faces North" by Anne M. Smith-Nochasak,

an author from here in the Valley.

Youth TGIF – Fridays, 5:30 p.m. to 7:30 p.m., for youth ages six to 12. Cost: \$8 plus HST for non-PSP Plan members, \$5 plus HST for PSP Plan members

May 22 – Pokemon Day and Pokeball fruit

May 29 – bike trip and fruit salad

Teen drop-in – Fridays, 8 p.m. to 10 p.m., ages 13 to 18. Youth will have access to the gym, all the equipment,

arts and crafts, board games, karaoke and more. Cost: \$5 plus HST for non-PSP Plan members, free with a PSP Plan.

May 15, 22 and 29

Artisan afternoon – May 19, noon to 4 p.m.: a creative community drop-in, ages 18+, with crafting supplies on hand, or bring your own project; refreshments and chatting with like-minded people. Crafters will have access to our Cricut. Cost: \$8 plus HST for non-PSP Plan members, free with a PSP Plan.

Summer youth day camp

– registration is open for 14 Wing Greenwood Community Recreation Summer camp: activities, games, sports, swimming, trips, new friends and more! Camps are open to youth ages six to 14 (participants must be going in to Grade 1 in September 2026): Junior Camp ages six to eight, Senior Camp ages nine to 12 and Sports Camp ages nine to 14.

Aquatics programming

The 14 Wing Greenwood Aquatics Program offers a

range of lane swims, open casual swims, aquacise, lessons, private bookings, special events, and youth recreational and competitive club swimming with the Greenwood Dolphins. Programs take place in the indoor pool at the 14 Wing Greenwood Fitness and Sports Centre. For information, contact 902-765-1494 local 568-3124. Book and register online at <https://bkk.cfmws.com/greenwoodpub/index.asp>. Monitor Facebook @ 14 Wing Greenwood Aquatics PSP. →

Combined Charities' May 15 challenge: ULTIMATE Musical Chairs: fun - charity - mayhem!

Friday, May 15, as part of the 14 Wing Greenwood day of Sports Awards and RCAF

Run fun and social, please join Combined Charities in a challenging round of ULTIMATE

musical chairs, 12:30 p.m., at the 14 Wing Greenwood Community Centre.

To play, buy your in-advance \$5 ticket from your unit Combined Charities rep (or sara.

white@forces.gc.ca); or, buy a \$10 day-of ticket at the Annapolis Mess 8 a.m. to 9:45 a.m., RCAF Run start 10 a.m. to 10:45 a.m., and Community Centre 11 a.m. to 12:15 p.m. →

May 23 and 24 yard sale weekend fun through Greenwood RHUs

Saturday, May 23, and Sunday, May 24, 8 a.m. to 3 p.m.; the 14 Wing Greenwood Community Council will support the annual Spring yard sale through the Residential Housing Units' neighbourhood.

Residents are encouraged to take advantage of this designated weekend to turn clutter and collected "treas-

ures" you no longer need into cash, lighten your next military move and re-home stuff that someone else can make good use of.

A reminder: anything not sold will need to be put away - not left in your yard or at the edge of the street. If you have any large items to get rid of, contact Valley Waste at 1-877-8300 or vwrm.com →

*Just married
50 years ago*



~ Karl & Muriel West ~

celebrate their 50th wedding anniversary May 22nd

They were married at Springfield Baptist Church in Falkland Ridge, Nova Scotia in 1976. Karl and Muriel moved to Kingston, NS a year later where they built their life and raised their family.

Their family wishes to congratulate them on their shared life filled with family, laughter, and community involvement.

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Provincial volunteer awards call for nominations

Nova Scotians are encouraged to nominate an exceptional volunteer – individual, group or organization – in their community for the 2026 Provincial Volunteer Awards. More than 410,000 Nova Scotians volunteer each year, contributing almost 79 million hours.

Nominations are now open in four categories: Newcomer Vol-

unteer Award, for a newcomer who demonstrated extraordinary outreach to and volunteerism in their new community; Youth Volunteer Award, for a volunteer aged 13 to 24; Family Volunteer Award, for a family of two or more people living in the same community; Nova Scotia Strong Award, recognizing resilience during

a time of tragedy or struggle. Provincial nominations close May 29, and a citizens' selection committee will choose the recipients. Nomination forms and more information may be found at novascotia.ca/NonProfitSector/ProvincialVolunteerAwards

Award winners will be recognized, along with volunteer representatives from communities across Nova Scotia, at the 52nd Provincial Volunteer Awards ceremony in Halifax September 28. →

CHRIS PALMER
MLA, Kings West

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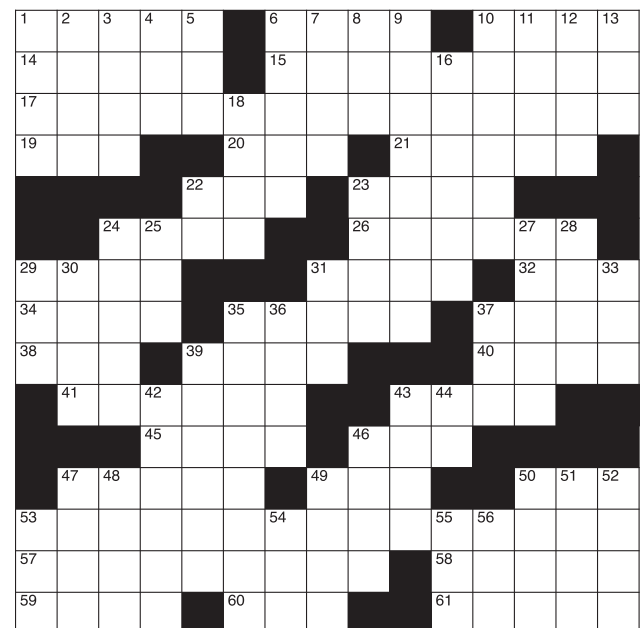
The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.alianzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le notifiant publie des avis

d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.alianzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédent la publication, à moins d'avis contraire.

crossword

solution page 7



- ACROSS**
1. Notable casino destination
 6. Current units
 10. Roman military unit
 14. American lizard
 15. Fates
 17. The Yankees have lots of these
 19. Unhappy
 20. Mimic
 21. Remove from the record
 22. Where cargo ships dock (abbr.)
 23. A way to fight
 24. Turfs
 26. Contract
 29. Country along the Arabian peninsula
 31. Tree species
 32. Phtuitary gland secretion (abbr.)
 34. Perfect
 35. 'Partner' to groans
 37. Jewish calendar month
 38. Where wrestlers work
 39. Egotistical
 40. Potted plants
 41. Containers
 43. Large, flightless birds
 45. Part of a book
 46. American spies
 47. Pancakes made of buckwheat flour
 49. Swiss river
 50. Disfigure
 53. Have surgery
 57. Formal withdrawal
 58. Early English council
 59. Area units
 60. 2,000 lbs.
 61. Siskel and ___
- DOWN**
1. Animal jaws
 2. Small water buffalo
 3. An appliance has one
 4. Every
 5. Largest English dictionary (abbr.)
 6. Very skilled songwriter
 7. No more than what is specified
 8. Dutch settler
 9. Tire measurement
 10. Towers
 11. Forward
 12. Vale
 13. Former CIA
 16. Middle Eastern nation
 18. Exhausts
 22. South Dakota
 23. The complete
 24. Kids love him
 25. Singular
 27. Cool genus
 28. Mild yellow Dutch cheese
 29. Resistance unit
 30. Ancient kingdom near Dead Sea
 31. Cast out
 33. 60-minute periods
 35. Most worn
 36. European river
 37. Atomic mass unit
 39. Items of food
 42. Body parts
 43. Ireland
 44. Partner to Pa
 46. Sammy ___
 47. Dutch settler
 48. Full-grown pike fish
 49. Sun or solar disk
 50. Minute arachnid
 51. From a distance
 52. A monthly expense
 53. Young women's association
 54. Brazilian state
 55. Air freight provider
 56. Pointed end of a pen

crossword brought to you compliments of

McDonald's
954 Central Avenue
Greenwood
902-765-6381

Pirate exhibit
To August 28, visit the Macdonald Museum, 21 School Street, Middleton; for Pirates: Myth and Reality, a seasonal exhibit.

Youth art lessons
May 11, 25; 5:30 p.m. to 7 p.m., 7Arts in Greenwood invites youth ages 8+ to experiment with various art media: sketching, texture art, painting with acrylics and watercolours, and clay. \$25 per class. Register at info@7Arts.ca.

Safety sessions – seniors' toolbox
May 13, 2 p.m., Kings Seniors Safety, with the Berwick Police Advisory Board and the Town of Berwick, presents a seniors' safety session at the Berwick Fire Hall, 300 Commercial Street, Berwick. All welcome: you do not have to live in Berwick to attend.

Coffee & Colouring
May 13, 20 and 27; 1 p.m. to 3 p.m., 7Arts in Greenwood hosts a drop-in, all ages Coffee & Colouring. Pay what you can.

Seniors' Expo
May 14, 10 a.m. to noon and 1 p.m. to 3 p.m., Kings Seniors' Safety presents its Seniors Expo at the Waterville fire hall, 1415 County Home Road, Cambridge. Free admission, free parking, tea/coffee/water, door prizes. Crime Stoppers onsite with a cash BBQ. Over 30 exhibitors with info on

horoscopes

ARIES - Mar 21/Apr 20
Aries, a professional door you thought was locked is actually just heavy. Push a little harder. Your honesty is exactly what a stalled project needs to move forward.

TAURUS - Apr 21/May 21
Financial clarity is coming your way, Taurus. You might discover a subscription you don't need or a better way to save for that big-ticket item. Your future self will thank you.

GEMINI - May 22/June 21
Your words have extra weight this week, Gemini. Use them to bridge a gap between friends or to draft that important email. A sibling or close neighbor has some surprising news for you.

CANCER - Jun 22/July 22
Don't ignore your dreams right now, Cancer. Your subconscious is trying to solve a puzzle while you sleep. Keep a notepad by the bed; a "Eureka!" moment arrives soon.

LEO - Jul 23/Aug 23
You're the glue holding your team together this week, Leo. While you're busy leading, don't forget to delegate. You'll find that people are more than willing to help if you seek assistance.

VRIGO - Aug 24/Sept 22
A change in your daily routine brings a massive boost to your mood, Virgo. Try a morning workout or a different lunch spot. Breaking the cycle opens the door for a fresh perspective.

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Seniors' drum circle
May 14, 1 p.m. to 2 p.m., 7Arts in Greenwood hosts Health-RHYTHMS, a community drum circle, free to seniors. Reserve at mindfullymore@gmail.com

Kingston Farmers' Market: volunteer info night
May 14, 7 p.m., the Kingston Farmers Market would love to see friends at a volunteer info night at the Aurora Inn, Kingston. The market welcomes kind, friendly, community-interested volunteers of all skill levels: cash handling, physical labour, meeting people and talking up the market vendors and events.... For info, or if you can't make the May 14 session: volunteer@kingstonfarmersmarketns.com

Just ducky paint night
May 14, 6:30 p.m. to 8 p.m., 7Arts in Greenwood hosts a duck acrylic workshop. In this light-hearted class, learn how to paint your own ducky masterpiece. \$35 per person. Register at info@7arts.ca

Theatre – Cinderella
May 15 to 17, the magic is unfolding for Stage Prophets' 2026 production of Rodgers & Hammerstein's Cinderella at the Festival Theatre, Wolfville. With a cast of over 200 performers, add a little extra magic by dressing in your

LIBRA - Sept 23/Oct 23
Romance is leaning toward the intellectual this week, Libra. A deep conversation about your values or goals will bring you closer to a partner or a new interest.

SCORPIO - Oct 24/Nov 22
Scorpio, whether it's your home life or a long-term project, pay attention to the small details and you will prevent a headache later. A family member offers some sage advice.

SAGITTARIUS - Nov 23/Dec 21
Your curiosity is your best asset this week, Sagittarius. Take a deep dive into a topic that usually bores you -you'll find a hidden connection that benefits your career.

CAPRICORN - Dec 22/Jan 20
Patience is your mantra, Capricorn. You're waiting for an answer, and while the silence is frustrating, the result will be worth it. Use the downtime to refine your current strategy.

AQUARIUS - Jan 21/Feb 18
You are a magnet for eccentric people this week, Aquarius. Embrace the weirdness. A chance encounter with someone outside your usual circle sparks a very profitable idea.

PISCES - Feb 19/Mar 20
Quiet reflection is more productive than busy work right now, Pisces. Slip away for some solitude. You'll soon have the clarity you need to make a big decision about your living situation.

Fun By The Numbers
Level: Beginner
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

favourite Cinderella-inspired attire, sparkles, tiaras and all. Email spotlight@stageprophets.com with the subject line "Hearing Assist" to make arrangements. Matinee and evening show tickets at acadiau.universitytickets.com

Veterans' coffee
May 15, 22 and 29; 9:30 am to 11:30 a.m., 7Arts in Greenwood hosts a free veterans' coffee, open to all Annapolis Valley veterans and serving members. For info, email info@7Arts.ca

Spring luncheon
May 16, 11:30 a.m. to 1 p.m., All Saints Church will hold a Spring luncheon at All Saints Church Hall, 521 Pleasant Street, Kingston. Menu: ham, potato salad, cole slaw, lettuce, tomato and cucumber, and a lemon dessert. Cost: \$12, dine in or take out. Call 902-760-0729 to book.

Yard sale
May 16, 8 a.m. to noon, Holy Trinity Anglican Church, 45 Main Street, Middleton; will hold a Spring yard sale.

Breakfast
May 16, 8 a.m. to 10:30 a.m., the Aylesford United Church, 2414 Highway 1, Aylesford; hosts breakfast: pancakes, sliced ham, pork and apple breakfast sausages and scrambled eggs, tea, coffee or juice. Freewill offering.

Beginner crochet workshop
May 17, 24 and 31 (three-part session), 3 p.m. to 4:30 p.m., 7Arts in Greenwood hosts a beginner crochet workshop. Learn standard stitches and how to make stuffed animals. For ages 15+, \$100. Register at info@7Arts.ca

Veterans' Club - Kentville
May 18, 6:30 p.m. (and monthly), the Kentville Legion, 37 River Street, hosts a free Veterans'

sudoku

solution page 7

	8	6	2					9
9	6		8		5			
			3	5				1
		8						5
7	4	2					3	6
	5	9	1	7			2	
9	2		3	4	5			
			6	4	2		3	
2								

Fun By The Numbers
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Maritime greens await with Emeritus Golf circuit

Kingston day of play May 19 tees up '26 season for CAF members, vets, first responders and families

Emeritus Golf Maritimes is teeing off its 2026 season with an opening day of play at the Paragon Golf and Country Club in Kingston May 19.



The national volunteer-led, non-profit organization started in 2018 to provide veterans of the Canadian Armed Forces, serving members, first responders and their families access active living opportunities, through golf, at competitive and non-competitive levels; including through tournaments through the Maritime circuit. Organizational director of Women's Golf for Emeritus Golf.

Potential CAF rugby program looking for athletes, coaches, supporters

Canadian Armed Forces members interested in joining a CAF rugby team are being recruited now, as athletes, coaches and regional supporting representatives.

A survey is collecting feedback on interest in playing with either men's or women's 7s or 15s teams, and coaching, managing or supporting roles. It also asks for availability for open try-outs in May, June and July. Organizers are specifically interested in joining a women's 7s national team that could represent the CAF at an international match – the opener for the Canadian Women's 15s team match in

use golf as an inclusive platform, promoting peer support, mental well-being, camaraderie and social connection within these communities.

"Our goal is to increase awareness and ensure members who may benefit from connection and peer support opportunities are aware of our organization," says Lieutenant (Navy) Valerie Tiller a nursing officer with the Regional Cadet Support Unit (Atlantic), avid golfer and both the volunteer treasurer for Emeritus Golf Maritimes and



Ottawa this Fall. Tryout and development camps are in the planning stages.

If you would like to be involved in any capacity in CAF rugby, complete the survey through the QR code. If you have any questions, contact the team's managers, abby.crawford@forces.gc.ca and kelsey.ready-pilon@forces.gc.ca →

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Route #2 - Bowlby Park Subdivision
Bowlby Park Drive and Mayhew Drive. 65 papers

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national director of Women's Golf for Emeritus Golf. "I have seen firsthand the positive impact this organization has on our community. Our events provide meaningful opportunities for connection, as well as volunteer roles for CAF members who wish to contribute and support their community."

Emeritus Golf members may compete in any Emeritus Golf event, with valid Golf Canada membership. Tournament fields are determined by competitiveness, gender and a Golf Canada Handicap. Events highlight both competitive stroke play and non-competitive participation, creating an inclusive environment for all skill levels. Season 2026 dates include

classifieds

Classified advertisements, 35 words or less, are \$11 tax included. Additional words are 10 cents each, plus tax. Bold text \$12, tax included.

Classified advertising must be booked and prepaid by 9 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 568-5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email aurora-production@ns.alianzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 568-5833; email auroramarketing@ns.alianzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 11 \$, taxes incluses. Chaque mot

crossword solution

M	A	C	A	O	A	M	P	S	O	R	D	O		
A	N	C	O	L	E	D	E	S	T	I	N	E	S	
W	O	L	D	S	E	R	E	S	W	I	N	G		
S	A	D	A	P	R	E	N	A	S	I				
		S	P	T	S	P	A	R						
		S	O	D	S	P	L	E	D	G	E			
O	M	A	N		B	A	E	L	A	D	H			
H	O	N	E		M	O	A	N	S	A	D	A		
M	A	T		V	A	I	N		M	U	M	S		
		R	A	S	I	N	S		E	M	U	S		
		P	A	G	E	C	I	A						
B	L	E	N	I		A	A	R		M	A	R		
G	O	U	N	E		T	H	E	K	N	I	T		
S	E	C	E	S	S	I	O	N		W	I	T	A	N
A	R	E	S		T	O	N		E	B	E	R	T	

sudoku solution

5	8	1	6	4	2	3	7	9
9	3	6	1	8	7	5	2	4
7	4	2	3	5	9	8	6	1
2	1	3	8	7	6	9	4	5
8	7	9	4	2	5	1	3	6
4	6	5	9	3	1	7	8	2
6	9	7	2	1	3	4	5	8
1	5	8	7	6	4	2	9	3
3	2	4	5	9	8	6	1	7

FLEA MARKET

SOMETHING FOR EVERYONE IN-DOOR FLEA MARKET – 812 King St., Kingston, N.S. Behind Tim Hortons and Freemans ESSO. **Open Saturday and Sunday, 9 a.m. to 3 p.m., weather permitting. Free admission. Everyone welcome.** Christmas crafts, antiques, furniture, fire hydrant, 1920's car fenders, books, tea towels, knitted scarfs, hats, hanging shelves, rock hummingbird carvings, toys, filing cabinets and



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2. Fax: 902-765-1717
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ONE ENTRY PER PERSON
Entry deadline: **noon, May 20, 2026**

Full name _____ Phone number _____

- Complete the following questions from ads in the current issue and win a \$20 coupon to play Friday Night BINGO from Aylesford & District Lions Club. Coupons valid for 1 year. Age 17+ on regular games.
1. Who is running the BBQ at the RCAF run? _____
 2. Who got married in 1976? _____
 3. When is Canex open on Saturday? _____
 4. When is Steve Morse Towing available for towing? _____
 5. What advertiser has 2 hamburgers in their ad? _____

Congratulations to this week's winner: **KADENCE THIBAUT**

August 24 at the Dundee Golf Club in Dundee, N.S.; September 10 at Rustico Resort in New Glasgow, N.S.; September 24 at the Lakeside Golf Club in Lakeville, N.S. The championship will be October 5 at the Amherst Golf Club, N.S.

For information and to register, visit <https://emeritus-golf.ca/> →

other interesting items. Be kind to each other. Tables available for rent call 902-847-0324. Thank you. (4709-4tpb)

THE YOGA GARDEN

EXPERIENCE WEEKLY HEATED POWER FLOW YOGA at The Yoga Garden, an indoor garden studio in Greenwood. Move, breathe, and grow your roots through mindful movement. Details and registration at <https://theyogagarden11.wixsite.com/the-yoga-garden> (4708-2tpb)



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AYLESFORD & DISTRICT LIONS CLUB

2160 Hwy 1, Aylesford
Starts 7:00 pm Friday
902-847-9374



Greenwood powerlifters bring home the hardware

April 11, a number of 14 Wing Greenwood personnel travelled across the province to compete independently and volunteer at 902 Athletics' Bridgewater Novice Open powerlifting competition. The four athletes all came home with medal performances.

Corporal Mikayla Harper stayed with conservative weights to ensure completion of each lift, successfully completing her squat attempts with ease. Moving to bench press, Harper had minor complications due to technicalities, such as missing commands. Squat has two commands to follow to consider a lift a "good lift." "squat," to initiate the squat; and "rack" upon completion of the squat, when the barbell is to be returned to the rack. Harper had missed her commands resulting in a "bad lift." This is the most common failure in powerlifting, besides choosing too heavy weights on attempts. Despite her challenges with

her attempts, Harper ended up with a successful lift of 47.5 kg on her second attempt. On Harper's third attempt, she successfully completed 50 kg, although had again missed the "rack" command. Harper's deadlifts were all successful and deemed "good lifts," resulting in 92.5 kg. After all nine attempts between the three lifts, Harper totaled 225 kg – enough to win gold in the Women's Open 76 kg division.

Major Melissa Bryan had nothing short of a perfect day, winning a silver medal in the women's Masters 1 division. With completion of all nine attempts, judges deemed every attempt as a "good lift." Bryan's best squat was 82.5 kilograms, best bench press was 57.5 kg and best deadlift was 125 kg. After all nine attempts, and between the three lifts, Bryan had a total of 265 kg.

Officer Cadet Emilie Loustau had a rocky start at just her second meet. Attempting 92.5

kg for her first attempt on squat, and then a second attempt of at 97.5 kg, she recovered on her third attempt and lifted 97.5 kg. The successful lift was relieving and, from that moment on, Loustau's attempts were nothing but successful. She ended up with a 65 kg bench press and a 145 kg deadlift. After all nine attempts, between the three lifts, Loustau totaled 307.5 kg and won the women's Open 84 kg division gold – and was the top overall female lifter.

Corporal Mathew Villeneuve's day, although successful in setting new standards in his personal bests between the three lifts, was not an accurate representation of the performance he is capable of - and has shown in the past. At the end of the day, he kept a level head and a good attitude and successfully completed a 170 kg squat, a 125 kg bench press and a 215 kg deadlift - with room in the tank for more.



Submitted

When all nine attempts were completed, between all three lifts, Villeneuve's performance totaled 510 kg, and he won gold in the men's Open 93 kg division. This is a considerable increase to his 2024 Bridgewater Novice Open, when he totaled 432.5 kg. Villeneuve is experienced and an intelligent powerlifter, and will take data from this meet

and use it to his advantage in continued training and the next competition.

Greenwood's Corporal Brandon Savage and Corporal David Szasz volunteered at the event.

Military members interested in competing or learning about the 14 Wing powerlifting team, the Bar Benders, are welcome to attend practices

Tuesdays and Thursdays, 10 a.m. to 11:30 a.m., at the Fitness & Sports Centre. For information, contact head coach Mack Beattie, mackenzie.beattie@forces.gc.ca

May 30, the 14 Wing Greenwood Fitness and Sports Centre will host Nova Scotia Powerlifting's provincial competition. Spectators are welcome. →

14 Wing hosts annual Sports Awards and RCAF Run/ Walk May 15

14 Wing Greenwood will celebrate sport and recreation – and fun – Friday, May 15, with both the 2025 14 Wing Sports Awards and the local version of the RCAF Run, courtesy of signature sponsor Supplement King Greenwood.

Events are open to 14 Wing Defence Team members and family. No pets will be allowed at the Mess, on the RCAF Run route or at the Community Centre (service animals welcome).

7:30 a.m. to 9:50 a.m. - RCAF Run check-in begins, outside Annapolis Mess. Pick up any nationally-ordered RCAF Run race kit, check your route, pick up an event prize draw ballot (Defence Team members only, \$1,500 in various value goods and certificates)

9 a.m. - 14 Wing Greenwood 2025 Sports Awards ceremony, Annapolis Mess, honouring the base's BEST through 2025 play, officiating, coaching and volunteering - come cheer on your peers! All welcome. Coffee and muffins provided, thanks to Canex Greenwood.

10 a.m. - 10 km run warm-up

10:15 a.m. - 10 km start
10:30 a.m. - 5 km run/ walk warm-up

10:40 a.m. - 5 km run/ walk start

All distances and routes will finish at the Church Street Community Centre.

Thanks to Valley Credit Union for staffing the 5K aid and water station, and providing thank-you gas cards for our RCAF Run route motorcycle outriders. To volunteer as a route outrider, contact jackson.jill@cfmws.com

11 a.m. to 1 p.m. - free Aylesford Lions' participant BBQ (hamburgers, hot dogs, cheeseburgers and fried onions), outdoor games, RCAF Run prize draws, cash beer garden (19+), free bowling and music (DJ sponsored by

BMO Neil Harris); all at the Community Centre

12:30 p.m. - Combined Charities ULTIMATE Musical Chairs: \$5 to play with advance purchase from unit reps or sara.white@forces.gc.ca; \$10 day-of purchase. Winner

takes home \$200 cash.

Register for the May 15 local run at 14 Wing Greenwood via the QR code, or access the sign-up from the 14 Wing internal splashpage News feed.

Facebook Event @ 2026 14 Wing RCAF Run



RCAF/COURSE RUN/DE L'ARC

Friday, May 15

Annapolis Mess



7:30 a.m. RCAF Run registration opens

9 a.m. 14 Wing Greenwood 2025 sports awards (light refreshments, all welcome)

10 a.m. 10 km warm-up

10:15 a.m. 10 km start

10:30 a.m. 5 km run/ walk warm-up

10:40 a.m. 5 km run/ walk start

Community Centre | 11 a.m. to 1 p.m.

Outdoor games | Aylesford Lions free BBQ | Beer garden (19+)

- RCAF Run prize draws (14 Wing Defence Team members only)
- Events open to 14 Wing Defence Team members and family

No pets allowed (service animals welcome)



Register here or from the 14 Wing internal splashpage News feed



