

the front page

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### Tech, troubleshooting, transmission! CIS Flight's 'Wave Riders' put in Noble Skywave effort

Sara White. Managing editor

Testing out the tech is exactly why Noble Skywave happens every year. The opportunity to raise an antenna and make as many radio contacts as possible with teams doing exactly the same thing, around the world, is the competitive icing on the exercise.

14 Wing Greenwood's Communications and Information Systems (CIS) Flight was in the field October 21 to 23, lugging their 50-foot mast and radio gear to the Granville Range. Lesson number one was a dark-and-early-morning packing error (some forgotten essentials at 14 Wing); lesson number two was perseverance.

It took the six-member team - the "Wave Riders" - about two hours to set up and secure their antenna, the safety perimeter and the able to begin transmitting."

connections back to the radio set in the range work area. Noble Skywave went live at 10 a.m. local time; the Greenwood team made some initial broadcasts and picked up a few signals in the first couple of hours, but nothing that elicited a response or acknowledgement they'd been heard. With much tech checking, including cable-swapping, connection tightening, walking lines back to the antenna base, separating potentially conflicting emissions and signals-emitting equipment, frequency scanning - even a few phone-a-friend calls and texts to other Canadian CIS flights; a midday crew swap and, finally, replacement parts, 14 Wing's team was in full comms mode to start the competition's Day 2.

"After more troubleshooting, along with replacing the QRT's coupler, our team was



Communications and Information Systems Flight members Second Lieutenant Anthony Adebayo, left, Aviator Paul Noble and Aviator Micah Lehotsky get set to lift 50 feet of radio mast October 21 on the Granville Range.

said Second Lieutenant Anthony Adebayo, after the exercise. "The team that deployed at 2300 on the 22nd, going into the morning of the 23rd, gained a considerable amount of points.

"During the last phase of 23), our team made a decent training, which included pre-

number of contacts. Our furthest contact throughout the whole competition was from review, and then running with Australia. We made contacts the choice, scheduling team with Iraq and Peru, to name a few.'

Adebayo was tasked with managing the Wave Ridthe competition (October ers through his on-the-job

set-up sites for supervisor members, organizing equipment, logistics, transport and

"All the details. Overall, the exercise was a success. Out of the 289 teams that partici-

ex work to select several pated, 14 Wing came in 85th place, despite the challenges we faced for the first two days. The participants said it was a valuable learning experience.

"Most importantly, everyone who was involved with the exercise returned to the base safely without any in-

### Festival of trees Festival des arbres

Ticket raffle Tirage au sort



### December 6 decembre | 11 a.m. to 3 p.m. - 11 h et 15 h | Greenwood Mall

Public viewing - publique seulement | Tickets 10 for \$5 - 10 billets pour 5 \$

14 Wing Greenwood squadrons, business and community partners will decorate trees with prizes and certificates PLUS hourly prize draws. Les escadrons de la 14e Escadre Greenwood, les partenaires commerciaux et communautaires décoreront les arbres avec des prix et des certificats, ET il y aura des tirages au sort toutes les heures.

All proceeds to local charities - Tous les profits seront reversés à des associations caritatives locales | AGD-356999-25







## Canada's nextgeneration maritime patrol

### **Training on the P8A** Poseidon in Jacksonville

announced it would purchase personnel have already reup to 16 P8A Poseidon Multi-Mission Aircraft for the Royal Canadian Air Force, set to replace the fleet of CP140 Auroras. Training and preparations are already underway to ensure Canada's new maritime patrol capabilities come online smoothly as deliveries roll out in the years ahead.

A Canadian crew, comprising eight members, including two pilots, two air combat systems officers and four airborne electronic sensor operators; are undergoing specialized training on the P8A Poseidon at Naval Air Station Jacksonville, in Florida. They have already completed one year of intensive training, marking a major leap forward in Canada's ability to patrol and protect its vast maritime

November 30, 2023, Canada domains. Other Canadian ceived training with allies in the United Kingdom and Australia.

> "The capabilities of the P8A are quite different from those of the CP140 Aurora," says Captain Rodney Hallsworth, the first Canadian pilot trained on the Poseidon.

> "From a pilot's perspective, the main comparison to draw between them is that the CP140 is designed to be handflown much of the time, while the Poseidon is better suited to being 'managed,' due to its advanced automation and flight management system (FMS)."

> Before joining the P8A program, Hallsworth had extensive operational experience with the CP140 in Greenwood, and completed a tour in Australia flying the P8A before

Canada adopted the platform. This experience positioned him perfectly to help shape the Canadian Multi-Mission Aircraft (CMMA) program.

Training in Jacksonville involves close collaboration with U.S. counterparts at Patrol Squadron 30 (VP-30). According to Hallsworth, "we are integrating well with our American colleagues. There are occasional challenges to overcome, but being the first Canadian crew to tread this path in the United States is a privilege. After we complete the course, we will then become instructors, helping train the next wave of Canadian crews in Jacksonville.'

The Poseidon offers impressive range, endurance and efficiency, enabling Canadian crews to monitor the furthest reaches of the country's areas



A Canadian crew has a year under their belts, training on the P8A Poseidon Multi-Mission Aircraft at Naval Air Station Jacksonville, Florida, with American allies.

of responsibility for extended periods. Future integration of air-to-air refueling will further expand the aircraft's operational reach.

"Ultimately, we will have numerous crews of skilled, dedicated, well-trained operators capable of successfully conducting many different types of missions," says Hallsworth. "This is an incredible vision for the future, and once realized, I think every person within the long range patrol community will be proud of the progress made."

Transitioning to the P8A does come with challenges, particularly mastering its automated systems.

"As a pilot, the most challenging aspect is learning to anticipate how the aircraft will respond to FMS inputs," says Hallsworth. "Once understood, however, using the flight deck automated systems to their full capacity allows the Poseidon to be flown safely, effectively and efficiently."

Looking ahead, he offers practical advice for future Canadian crews coming to Jacksonville.

"There is quite a lot of administrative work to do upon arrival, so reach out to the

team at the Canadian Defence Liaison Staff in Washington - they are a great resource. Prepare for the U.S. Navy Water Survival Course by spending lots of time at the pool, especially if water anxiety is a factor. Many experienced aircrew members will become students again, so minimize rigidity, stay open to learning and adapt your existing experience to new circumstances. And, finally, prepare for some very warm weather for a significant part of the year!" >>

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#### 14 Wing Greenwood Site

Site de la 14e Escadre Greenwood airforce.forces.gc.ca/en/14-wing/index.page

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# CAF fire service: building leaders, driving change through FSW0

When members of the Canadian Armed Forces (CAF) fire service first attended the Fire Service Women Ontario (FSWO) Training Symposium in 2022 in Belleville, Ontario, it was transformative.

What began as a few dedicated members seeking professional development opportunities outside of the CAF has evolved into a nationwide community of firefighters united by mentorship, learning and shared purpose. The experience gave CAF female firefighters something new: the chance to connect, grow and contribute within a supportive and empowering environment that extends beyond their unit's walls.

Every year since that first event, the CAF has proudly held the largest departmental presence at the FSWO Symposium - a clear reflection of the organization's belief in this initiative and the value it brings to the trade.

This is more than just a training opportunity. It is a community-building effort that has given women in the CAF fire trade something they have never had before: a network they can look forward to, grow from and rely on. The coast-to-coast collaboration allows members to remain connected year-round, sharing lessons, encouragement and opportunities across the trade.

The CAF's ongoing commitment to this partnership underscores a strong belief that, when people are empowered, the profession as a whole thrives. The CAF's involvement at the symposium has earned high regard from across the fire service community. CAF members are consistently recognized for their professionalism, dedication and respect; and they represent the service to



Sergeant Kathleen Jamieson, left, was presented the 2025 President's Trailblazer Award by Fire Service Women Ontario president of Captain Tracey Shields, Ottawa Fire Service; for her contributions to advancing diversity and inclusion within the fire service and inspiring future generations. Jamieson has been a member of the Canadian Armed Forces' fire service since 2014, and is a Fire Service Women Ontario board

participation strengthens not only the reputation of the military fire trade, but also the connection between military and civilian fire services across Canada.

This success is built on leadership that believes in growth and inclusion. Chief Warrant Officer Troy Noseworthy, who works at the Canadian Forces fire marshal's office and serves as the trade advisor for the firefighter occupation, has been instrumental in helping to establish the FSWO Symposium as a respected opportunity for professional development within the CAF fire service.

The involvement of male allies within the CAF - men who attend to listen, learn and understand how to make the trade stronger and more inclusive; speaks volumes about the cultural evolution underway.

This year, for the first time, the CAF fire chief from CFB

the highest standard. Their Comox attended the symposium, reinforcing a united commitment from leadership across the country.

> This year was also special for Sergeant Kathleen Jamieson, a proud member of the Canadian Armed Forces fire service since 2014. Jamieson was presented with the 2025 President's Trailblazer Award for her exceptional contributions to FSWO, to the advancement of the fire service and to inspiring future generations of firefighters.

> Jamieson's ongoing involvement with FSWO has been possible, in part, thanks to the unwavering support of her officer commanding, Captain Lindsay Williams, at the Transition Centre at 14 Wing Greenwood, who has encouraged her continued work with the not-for-profit organization as she moves into the next chapter of her life post-CAF.

nadian Armed Forces fire empowers its members and munity dedicated to building service with exceptional professionalism and purpose," says Williams. "Her dedication to FSWO, and her leadership in advancing

diversity and inclusion within her trade, make us incredibly proud. These accomplishments - both the President's Trailblazer Award and her contributions toward the national DEI Award at Fire Rescue Canada, reflect her unwavering commitment to making the fire service stronger for everyone."

The CAF's continued involvement with FSWO is a powerful example of what can happen when opportunity, leadership and community align. Together, they are building stronger leaders, creating meaningful change and setting a national standard for excellence and inclusivity in the CAF fire service.

What began in 2022 has "Sergeant Jamieson con- become a movement - one tinues to represent the Ca- that strengthens the trade,



Women Ontario Training Symposium by members from 19 Wing Comox, 4 Wing Cold Lake, CFB Edmonton, CFB Borden, 8 Wing Trenton, Ottawa and 14 Wing

unites a coast-to-coast com- leaders and driving change. >

### Kingston Legion Br 98 👑

Office 902-765-4920 • Bar 902-765-4428 • Fax 902-765-2479 E-Mail legion98sect@eastlink.ca • Facebook: Kingston Legion Br.098

#### **WEEKLY EVENTS**

Saturdays - Meat Draw and Chase the Ace

Sundays - Bingo - 1pm (Doors open at 11am). Everyone is welcome.

Veteran's Music Jam – In the Lounge 1:30 -3:30pm. Serving and retired Veterans, Legion members and guests are welcomed to join in the jam Mondays - Monday Night Dart League - 7pm

Crokinole - held on the first 2 Mondays of the month - 6:30pm

Tuesdays – Tuesday Night Dart League – 7pm

Card Bingo – 2pm (please note, there will be no card bingo on Nov.11th)

Wednesdays - Veteran's Social - 10am - All Veterans are Welcome.

Have a coffee and a snack & meet other Veterans.

Thursdays - OP Vet Build - 10am. If you have any questions or you are interested in participating, please send a message or an RSVP to: rcl98. opvetbuild@gmail.com

Thursday Night Dart League - 7pm

Thursday Night Crib - 7pm

Fridays - Friday Night Dart League - start October 17th - 7pm Foot Clinic Care - call Heather at 902-300-3559 to book an appointment.

#### **UPCOMING EVENTS**

Karaoke with Denis - December 19th - 7:30pm in the Lounge. Open to Members and Guests

New Year's Eve Dance - with the band FisherKings. Tickets are on sale now at the Legion Bar (Noon-7pm daily). \$30 each. 9pm-1am. Price includes party favours, a light lunch, and champagne at midnight. There will be a driver service available for a ride home (No charge, tip to the driver appreciated).

New Year's Day Levee - January 1st - 11am-1pm. All Welcome (19+) No jeans please.



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### Add a toy to 14 Wing holiday collection effort

14 Wing Defence Team members are invited to donate a new, unwrapped toy (all ages, infant to teen), to be added boxes will be available in various units, or contact your unit (before the junior ranks' dinner). 🗲

OPI for information.

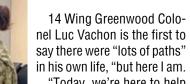
The deadline for contributions will be December 10, with to the wing chaplains' Holiday Hamper initiative. Collection all items brought to the Annapolis Mess for 11:45 a.m.

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# Wing work showcased for Take Our Kids to Work Day

#### Sara White, **Managing editor**



"Today, we're here to help you find what you want to do with your life.'

The wing welcomed dozens of Grade 9 students November 6, Take Our Kids to Work Day; children and friends of both military and civilian Defence Team members. Organized tours and presentations, a BBQ lunch and then an afternoon of more individual visits with quardians in their workspaces were all designed to help youth see what parents do, what their job in uniform is- and how it might match a non-uniformed career.

"We're not trying to recruit you!" Vachon said, "but ask questions of some of the folks in uniform and maybe we can help you make some links of your own."

Vachon said making life decisions as a youth himself was stressful, not having selves before splitting the who need help. +

a great awareness of what his own parents' work was like. He spent some early time in the Army Reserves, not wanting a full-time military life, and not thinking he wanted aircrew. He ended up in the air force, working in an airplane, "which takes a toll. Now, I'm more office, paperwork and human resources.

"Every couple years, I've gotten to do something new."

Wing Chief Warrant Officer Justin Harper spoke of the "turning wrenches" work opportunities of many noncommissioned military members, like himself; laughing that he's still trying to figure out what a wing chief does.

"And, not recruiting? We are! Today, we have a warm erate as One,' and that's welcome to our families; the military is family. This is a good opportunity for us to showcase what your mom or dad or friends do here, for 14 Wing and Canada."

Tour leads Sergeant Jim Squadron, introduced them-

group into tour halves. Beaulieu told the group, 45 years ago to the day, he started his own basic training at Cornwallis; his wife is retired military and a son and a daughter are both serving Canadian Armed Forces members.

"And it's been a good life -I'm not going to lie. You show up, properly dressed, on time - as simple as that, and the sky's the limit: a master's degree? Deployments? Just one thing: go blue or stay home! I love the air force."

Jordan encouraged visiting students to pay particular attention to what their parents show them they do: "cool things; we contribute.

'The wing's motto is 'Opan ideal, but it is how we work, and we all contribute together. Learn what they do here so you can appreciate what they do; that the job they are doing is important" as they are away from home for Beaulieu, Readiness Training months at a time on training Flight, and Sergeant Shawn or operations, helping people Jordan, 14 Air Maintenance and contributing to both Canada and other countries











#### **Route #1 - Airways Subdivision**

Spinney Street, Dakota and Pickering Lanes, Glasgow and Howe Avenues | 90 papers

#### Route #2 - Bowlby Park Subdivision

Bowlby Park Drive and Mayhew Drive, McMaster Apartments, Bridge Street Apartments up to Annapolis River & local houses | 65 papers

#### Route #4 - West Bridge Street

Belmont, Bishop, George, Mosher, Pleasant, Prince, Varner & Windsor Streets plus the West Side of Bridge Street, Markland & Spring Garden Road & Sampson Drive | 65 papers

#### **Route #15 - Ravenwood Park East**

Douglas and Katelyn Streets, Matthews Lane, Phillips Avenue, Julie and Acadia Drives from Julie Drive to Old French Road, Old Brook Road, Balser Drive from baseball field to Old Brook Road | 135 papers

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urora

A commemorative public 100th anniversary of the Royal Canadian Air Force (RCAF) is now open to visitors.

planting project to mark the in Sydney's Open Hearth Park of Housing and MLA for Glace Malcolm J. Darrach Commuprovides a space to honour the heritage, people and future of the air force. Novem-

### ~ Card of thanks ~

Following the tragic loss of our home earlier this Fall, we were inundated with support from a very giving and caring community. We are eternally grateful to everyone who reached out, and to those who helped us financially get through this difficult period.

We would also like to express our gratitude to the many sponsors who donated gifts and services for the October fundraising golf tournament and silent auction, and to Ozzie and Kate Ward for freely giving up the Greenwood Golf Course.

We have been totally overwhelmed by the love and support received. Audrey says it best: "We couldn't have retired in a better community." A truer statement could not be made.

Charlie and Audrey Costin

Bay-Dominion, joined other nity Centre, Charlottetown. special guests on behalf of Barbara Adams, Minister responsible for Military Relations, for the ceremonial have served in the Royal planting of the final tree.

The RCAF marked 100 years of service as a distinct military element April 1, 2024. The grove includes 100 trees and landscaping elements in the shape of a maple leaf to create a beautiful memorial space. Community members, all the men and women who local organizations and air have served and continue to cadets helped with planting.

It is one of seven centen-Trees for Life charity. The other six RCAF centennial groves are located in Beechwood Pennfield Ridge, Pennfield, centuries to come.'

The RCAF centennial grove ber 21, John White, Minister New Brunswick; and at the There could be more sites in the future.

> "Generations of Canadians Canadian Air Force with distinction over the past century," said RCAF Captain Aaron Niles. "It has been an honour and privilege to have worked with so many amazing communities, planting trees in commemoration of serve Canada, at home and abroad. The story of the Royal nial groves in Canada, a joint Canadian Air Force is one of initiative of the RCAF and the courage and sacrifice that has shaped our nation's history and heritage.

> "Together, we honour Cemetery, Ottawa; Military our rich history, while also Heritage Park, Barrie; Downs- building towards a greener, view Park, Toronto; A.D. Ross more sustainable future that Park, Calgary; RCAF Station Canadians can enjoy in the

the Aurora | 14 Wing Greenwood, NS December 1, 2025 Page 5



Sailor First Class Daniel Bridges, a boatswain (left), and Sailor Third Class Ray Beals, a Naval Combat Information Operator, take a break from shoveling the flight deck of HMCS MARGARET BROOKE to admire King George Island during Operation PROJECTION 25-01 in February 2025.

### Strengthening the **Defence Team – Taking** addictions action

ders, resulting in higher than ever recovery rates.

If you have concerns about your personal substance use, speak with your healthcare provider. Talk to people about substance use health. Open discussion increases awareness about the variety of experiences and challenges people are facing and can lead to positive outcomes. If there is someone in your life you are concerned about, there are resources available to help guide you on how to talk to them about their drug or alcohol use.

Across the Defence Team, we are taking meaningful inclusive environments whether by promoting smokefree outdoor spaces, offering alcohol-free options at events, improving access to supports, like nicotine replace-

There has been tremen- ment therapy and naloxone; dous progress in the treat- or fostering understanding ment of substance use disor- around gambling, gaming, screen time and other health issues that may affect wellbeing. To learn more or get involved, contact your local Strengthening the Forces Health Promotion office to access tools and resources to support your team.

Everyone - regardless of rank or role - has a part to play in supporting health, safety and performance. When you take part in substance use health conversations and action, you show you care for yourself, your colleagues and your team. >>

Strengthening the Forces steps to create safer, more is the CAF/ DND's health promotion program, offering expert information, guidance, training, tools, and leadership support to enhance CAF members' health and



### What does Wing Environment do?

Have you ever questioned the purpose of 14 Wing Greenwood's Wing Environment section, and why it is an important part of wing operations?

Wing Environment is tasked with the safety of human health and the environment, compliance and following the laws set by the federal government to regulate pollution. Any time there is new construction on the base, or a spill in everyday work of any kind, Wing Environment must be involved in new construction projects and everyday work incidents to be sure the environment is protected to the letter of

Every time there is a spill on 14 Wing property, Wing Environment should be contacted and a spill report completed. That report includes the date and time of the spill.



where the spill happened, what spilled, who discovered the spill and the steps taken to contain the spill. Once completed, the spill report must be submitted to Wing Environment's email plus account (+W14 Environment W14 Environment@DW-Comd EnvO@Greenwood; P-GWD.Environment@forces. gc.ca). Wing Environment will discuss any remediation and confirm if any waterways or drinking water could be affected. Depending on the severity of the situation, an outside company may be asked to assist in clean-up. Whether the spill is small or

large, these steps must be followed. Reporting spills to the proper government agency is also a requirement.

You should also report the discovery of any species at risk, such as bats, certain types of birds, monarch butterflies, flowers or bees; in or around your building. The staff at Wing Environment will help you follow the law and protect any species

14 Wing consumes energy, water, fuels and other materials. These resources are limited and must be conserved to maximize their efficient use and prevent

pollution. All military members and civilian staff must do their due diligence and comply with all rules and regulations set forth by Environment Canada, the base commander and Wing Environment. Analyzing our procedures to continue to improve our practices is paramount in protecting our environment, our members, their families and the public at large. →

#### **Contact information**

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Garry Kane, deputy Wing Environment officer - 902-765-1494 local 568-5368

Alan Ng, Wing Environment officer - 902-765-1494 local 568-5032





### Art reflects life along the way

**Brian Lintner** 

Dan Houghton, originally from Saskatoon, set out on an adventure to see life as he had never seen it before.

In 2004, Houghton joined the Royal Canadian Navy, where he became a naval electronic sensor operator, and was posted to HMCS St. John's in Halifax. However, there was one element of Houghton's life not yet fulfilled. When Houghton's three-year commitment to the navy concluded, he returned to Saskatoon to catch the butterfly in his heart, Christine. Their relationship blossomed, they fell deeply in love, and married in 2007.

Still, Houghton missed military life. In 2009, with Chris-



Dan Houghton is an artist and a military veteran.

the Royal Canadian Air Force

as an aviation technician and

was posted to 408 Tactical He-

licopter Squadron in Edmonton.

military life would be, and she

recognized the dynamic journey

military members and their

Christine knew in words what

The Steel Spirit



**Welcome Home** 

tine's support, he enrolled in families travel. Houghton and Christine's family then grew - between Houghton's deployments in Afghanistan, Iraq, Mali and Operation LENTUS (the Canadian Armed Forces' response to natural disasters in Canada). Dedicated to each other, she

became the springboard and



Willow Tree

motivation in Houghton's art. To celebrate their annual nuptial, he has honoured their commitment to each other by creating traditional gift artwork in theme with that anniversary year. The first year's bestowal is paper. Houghton learned calligraphy and wrote a book of poems dedicated to Christine.

Since then, Houghton has experimented with different mediums and discovered favourites along the way.

Prior to their third anniversary, Houghton was deployed to Afghanistan. When bits of spare time were available, he created a tooled leatherwork for Christine. During his out-of-country

reunion with Christine, he was able to present this gift in time for their anniversary.

Houghton and Christine were married in the month of December, and the fourth traditional gift is flowers. Houghton painted a red rose set on a backdrop of snow. This work reveals remarkable shading, stark contrast and detail. It was this piece of art Houghton articulated expression through the complex movement of paint.

On their fifth anniversary, he created a tree of life fashioned from twisted wire. In Year 9, Houghton created a stainedglass willow tree, symbolizing the growth of his supportive

A fellow technician, Nicole Reid, wrote, "I met Dan on a deployment to Gao, Mali, in 2018. Being my first deployment, I learned a lot from Dan and respected how he could communicate with all sections. I viewed him as a mentor to better myself as a technician, so it came as a complete surprise for us to learn that we both love art. That mutual enthusiasm has fostered an ongoing wonderful friendship and was an outlet during our tour."

Houghton's service to the Canadian Armed Forces is drawing to a close and he, Christine and their children will remain in the Edmonton area. His schedule is less hectic, he is able to spend more time with his family - and is able to pursue fresh art ideas, such as portrait and figure drawing with charcoal.

Houghton's most meaningful gift to Christine is titled Coming Home, following his last deployment to Mali. It is a selfportrait of him and Christine, in a silhouette of wire, contained within a shadow box. This challenging project bares the sentiment of returning to a loved one after being away far too long.

Welcome home, Dan. >>

The Steel Spirit is a platform for artwork submissions by military, first responder and hospital practitioners. The collective is always looking for new and emerging artists, with and without art experience, from every background and every age. For information, visit thesteelspirit.ca.





### DND staff: check out new, enhanced Employee Assistance Program

Defence (DND) employees have access to new and enhanced Employee Assistance Program (EAP) services and resources through the new service provider, Homewood Health.

The EAP is a professional, confidential and proactive service to support you and your family members with a wide range of personal, family and work-related concerns. DND employees and their families may access these services by calling:

All Department of National • English: 1-800-663-1142 or 1-888-384-1152 (for people with hearing impairments)

French: 1-866-398-9505 or 1-866-433-3305 (for people with hearing impairments)

Contact information and services provided to CAF members through CF MAP will not be impacted by this

Enhanced services for employees and family members include:

· Crisis and short-term coun-

selling: Free, short-term counselling services are available in person, over the telephone, by video or online (chat or email). Through counselling, individuals can develop skills and strategies to improve their well-being, solve personal or work-related concerns, and build resiliency. Life Smart Coaching: This service provides individual coaching on a wide range of health, work-life balance, and career topics. Services include parent-

ing support, guidance on eldercare, legal consultation with qualified lawyers, financial guidance through certified financial experts, nutritional coaching by registered dietitians, shift worker support, burnout and stress solutions, and grief and loss support.

Digital Mental Health Platform: A self-serve platform that allows you to speak with a mental health professional immediately and book services online. The platform also provides you

instant access to online courses, internet-based cognitive behavioural therapy (iCBT), and a comprehensive health library.

Peer advisors continue to be available to provide active listening and to refer employees to internal resources and supports.

Service for managers and teams include:

The Key Person Advice Line gives managers or supervisors the opportunity to contact a Clinician for one-time consultations re-

garding situations with their employees that are unusual, exceptional, or outside the realm of their regular duties as a manager.

Specialized Team services are available to managers and supervisors to support teams who may be impacted by workplace events or by the effects of cumulative stress.

Visit (and bookmark) the full description of EAP services with complete access instructions (only accessible on the DWAN). 🗲

### Personnel du MDN: découvrez le nouveau programme d'aide aux employés amélioré

ministère de la Défense nationale (MDN) auront accès à de nouveaux services et ressources améliorés du Programme d'aide aux employés (PAE) par l'intermédiaire de notre nouveau fournisseur de services, Homewood Santé.

Le PAE est un service professionnel, confidentiel et proactif qui vous aide, vous et les membres de votre famille, à faire face à un large éventail de problèmes personnels, familiaux et professionnels. Ces services sont conçus pour permettre une approche proactive de votre bien-être.

- Français: 1-866-398-9505 ou 1-866-433-3305 (pour les personnes malentendantes)
- Anglais : 1-800-663-1142 ou 1-888-384-1152 (pour les personnes malentendantes).

Les coordonnées et les services fournis aux membres des FAC par l'intermédiaire du PAM FC ne seront pas affectés par ce changement.

Les services améliorés aux leur famille incluent :

- Tous les employés du Services de counseling en cas de crise et de courte durée : Des services de counseling gratuits et de courte durée sont disponibles en personne, par téléphone, par vidéo ou en ligne (clavardage ou courriel). Grâce au counseling, les individus peuvent développer des compétences et des stratégies pour améliorer leur bien-être, résoudre des problèmes personnels ou professionnels et renforcer leur résilience.
  - Coaching IntelliSanté : Ce service propose du coaching individuel sur un large éventail de sujets liés à la santé, à l'équilibre vie professionnelle-vie privée et à la carrière.

Les services comprennent le soutien parental, des conseils sur les soins aux aînés, des consultations juridiques avec des avocats qualifiés, des conseils financiers par des experts financiers certifiés, du coaching nutritionnel par des diététiciens agréés. un soutien aux travailleurs de quarts, des solutions contre l'épuisement professionnel et le stress, ainsi qu'un soutien en cas de deuil ou de perte.

• Plateforme de santé mentale numérique : Une plateforme en libre-service qui vous permet de parler immédiatement à un professionnel de la santé mentale et de réserver des services en

ligne. La plateforme vous tionnaires et les équipes offre également un accès incluent : instantané à des cours en ligne, à la thérapie cognitivo-comportementale (TCC) en ligne et à une bibliothèque complète de ressources sur la santé.

Les conseillers auprès des pairs continuent d'être disponibles pour offrir une écoute active et orienter les employés vers des ressources et de l'aide internes pertinentes et disponibles.

Les services pour les ges-

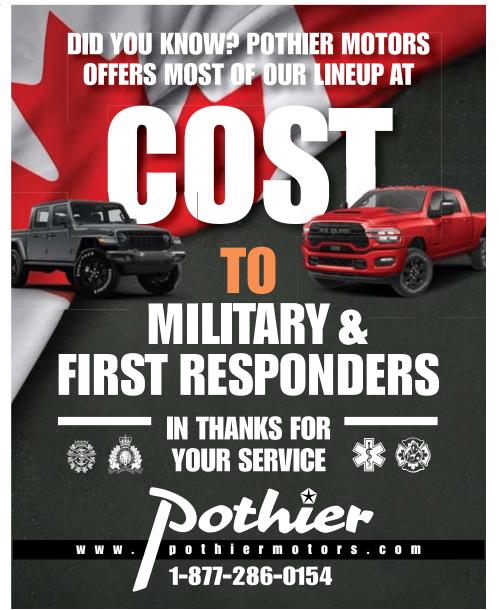
- Le service de TéléConseil au personnel clé permet aux gestionnaires ou aux superviseurs de contacter un clinicien pour des consultations ponctuelles concernant des situations avec leurs employés qui sont inhabituelles, exceptionnelles ou qui sont hors de leurs fonctions régulières en tant que gestionnaire.
- Les services spécialisés sur le RED). >>

pour les équipes sont disponibles pour les gestionnaires et les superviseurs afin de soutenir les équipes qui pourraient être affectées par des évènements survenus sur le lieu de travail ou par les effets d'un stress cumulatif.

Visitez (et mettez en signet) la description complète des services du PAE avec des instructions d'accès complètes (seulement accessible









Corporal Stephanie Madore, centre, was presented a command team coin by 14 Wing Colonel Luc Vachon, left, and Wing Chief Warrant Officer Justin Harper November 14, recognizing her imagination and leadership in staging the Greenwood Military Aviation Museum's first Haunted Hangar event October 28, 29 and 30.



## Haunted Hangar team put in 'the extra'





**Managing editor** 

For something "everyone was talking about" in the days ahead of the first Haunted Hangar at the Greenwood Military Aviation Museum, the tune quickly changed in the actual pre-Halloween event's line up.

"Evervone was all excited about it – and then they got there," 14 Wing Greenwood

November 14. "All of a extra - just before Halsudden - not excited! All the nervousness, all the excuses started....

matic injuries, costumed zombies, chainsaw-wielding maniacs, sound effects and a substantial remodeling of the museum - inside and out - all contributed to an after-dark event that "opened the doors of the

loween.

"It was awesome to see." Vachon, with Wing Chief Gory make-up and dra- Warrant Officer Justin Harper, visited the museum to congratulate and thank the volunteer team that contributed their skills, time and effort to the three-night Haunted Hangar, Many museum staff and volunteers, community members, sections and individuals from across 14 Wing had a hand in the planning, staging and running of the event, which included visitor challenges themed on aviation and 14 Wing flying heritage.

"The idea and the lead for this, initiating all the effort, more to create the event's was Corporal Stephanie Madore," Vachon said. He and Harper presented her we doing this again next with a command team coin year!?" Vachon asked. >>

Colonel Luc Vachon said museum" and brought "the in thanks for going "above and beyond." Over three days, the Haunted Hangar welcomed 400 people and raised \$3.500 for museum operations and projects.

Harper extended Madore's coin presentation to the full team of volunteers. as the Haunted Hangar's "success belongs to everyone who had a hand in it.

"I did a tour of the event a couple days before it opened, and there was stuff all over the place. It turned into a huge success."

The Haunted Hangar team resourcefully scrounged recycled materials, used paint, broken pallets, donated Halloween decorations and environment.

"The question is: are







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## Time, connections settle cemetery's stories

Secretary, Tremont **Community Cemetery** Society

There is a new, old headstone in the Old Tremont Cemetery. Standing tall between family members, it proudly bears a name once thought lost to history: John C.K. McGill.

McGill's original headstone had deteriorated over time, to the point it was unreadable. When the Tremont Community Cemetery Society (TCCS) took over care of the Tremont cemeteries, with lost paper records of the Old Tremont Cemetery, the only information available as to the identity of the lot occupant were hand-carved initials on a footstone and a common surname on headstones on either side

There is an old saying, "It







John C.K. McGill's original marker in the Old Tremont Cemetery, left, now connects his memory with another cemetery occupant, John Edward Pearson, as his original stone was found in an estate sale and returned to the cemetery. Refurbished, it now stands at the head of McGill's plot - connecting over a century of cemetery and community history.

solve this mystery in the Old Tremont Cemetery this past spring. It all started with a message from a medium in British Columbia, passed

with a genealogist in Ontario whose family tree research identity in Tremont.

ada-wide village that helped Nova Scotia, who connected ont Cemetery records (new paper records derived from headstone compilations helped confirmed McGill's and obituaries, newly-created electronic records and While the name was offi- Findagrave.com records), it takes a village:" it was a Can- onto the record keeper from cially added to the Old Trem- was felt more was needed

to ensure McGill's identity remained intact for generations to come. The Nova Scotian village continued to provide.

There was an "extra the Old Tremont Cemetery. originally belonging to the late John Edward Pearson, who died in 1865. This headstone was replaced by the family with a pillar headstone with multiple family names, including Pearson's; and the family tucked away the original. At an estate sale years later, contents of a shed were auctioned off and won by the late Mark Gertridge. Upon discovering the headstone, Gertridge donated it back to the cemetery. Members of TCCS stored it away and occasionally used as a display item at family history events

Now, there is a new purpose for the stone.

After reaching out with the story of McGill and the idea to repurpose the Pearson headstone, the team of professionals at DeMone Monuments in Lunenburg stone" from the 1800s in refaced the marble front carefully by hand, preserving all of the original handcarved details. They then carved McGill's name and dates onto it. This work was done at no cost to the cemetery society.

> "Twice a vear the veil grows thin, on Beltain and Samhain. These are the times between the worlds when we light a candle and guide our ancestors on their way" – unknown

This mystery journey began in May (Beltain) and concluded in November (Samhain). John C.K. Mc-Gill's new headstone now stands tall between his family members; he can rest easy, and he will be remembered. →

### N.S. Seniors Care Grant open to March '26

Seniors in Nova Scotia may now apply for a \$750 grant to help with healthcare or household costs.

The Seniors Care Grant annual program has helped tens of thousands of people across the province since 2021 with the cost of home heating, phone and internet services, prescription deliveries, physiotherapy, foot care, mental health support, meal preparation, housecleaning, small home repairs, snow removal and more.

To March 31, 2026, people aged 65 and over with a household income up to \$45,100 may apply online at beta.novascotia.ca/apply-help-household-costs-seniors-care-grant, by mail at Seniors Care Grant. P.O. Box 160, STN Central, Halifax, N.S., B3J 2M4; by email at seniorsgrant@novascotia.ca or by phone, 1-800-670-4357 (toll-free). Print applications are available at Access Nova Scotia centres and MLA offices, and will also be mailed to previous recipients. >>

Classified advertisements, 35 words or less, are \$10 tax included. Additional words are 10 cents each, plus tax. Bold text \$11, tax included.

Classified advertising must be booked and prepaid by 9 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX. debit or cash. The Aurora is not responsible for products and/ or services advertised. To place a classified contact 902-765-1494 local 568-5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 568-5833; email auroramarketing@ns.aliantzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 10 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 11 \$, taxes incluses.

Les annoncées classées doivent

être réservées et payées à l'avance avant 9 h, le mercredi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 568-5699, visiter notre bureau au 61. School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-

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- Clapboard 902-825-6424

1494 poste 568-5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

#### **FLEA MARKET**

**SOMETHING FOR EVERYONE** INDOOR FLEA MARKET - 812 King St., Kingston, N.S. Behind Tim Hortons and Freemans ESSO. Open Saturday and Sunday, 9 a.m. to 3 p.m., weather permitting. Free admission. Everyone welcome. Christmas

crossword solution

| М      | Α           | s           | Α           |        | Α           | s      | С      | Е      | Ν           | D           |   |   |   |   |
|--------|-------------|-------------|-------------|--------|-------------|--------|--------|--------|-------------|-------------|---|---|---|---|
| Α      | Р           | Р           | R           | Е      | С           | 1      | Α      | Т      | 1           | 0           | N |   |   |   |
| Р      | Α           | R           | Α           | Р      | Е           | т      |        | Α      | В           | D           | U | С | Т |   |
|        | R           | Υ           | D           | Е      | R           |        |        |        | s           | 0           | С | 1 | Α | L |
|        |             |             |             | Е      | В           | В      |        |        |             |             | Н | 0 | к | Е |
|        |             |             |             |        | Α           | D      | А      | G      | Е           |             | Α | Ν | Α | s |
|        |             |             |             | Р      | Т           |        | s      | Α      | L           | Е           |   | s | s | Т |
|        |             |             |             | Н      | Т           | Т      |        | s      | Е           | Α           |   |   |   |   |
|        |             |             |             |        |             |        |        |        |             |             |   |   |   |   |
| Е      | С           | G           |             | 1      | Ν           | K      | s      |        | С           | R           |   |   |   |   |
| E<br>F | C<br>R      | G<br>A      | Р           | 1      | N<br>G      | к<br>0 | S<br>B | А      | C           | R           |   |   |   |   |
| _      |             |             | P           | 1      | -           | -      | -      | A<br>P | -           | R<br>B      |   |   |   |   |
| F      | R           | Α           | <u> </u>    | I<br>P | -           | -      | -      | -      | Т           |             | С | K | S |   |
| F<br>T | R<br>O      | A<br>L      | U           |        | G           | -      | -      | -      | T<br>O      | В           | C | K | S | S |
| F<br>T | R<br>O<br>C | A<br>L<br>A | U           | Р      | G           | 0      | -      | Р      | T<br>O<br>R | В           |   |   | - | S |
| F<br>T | R<br>O<br>C | A<br>L<br>A | U<br>L<br>A | P<br>L | G<br>S<br>O | O<br>M | В      | P<br>B | T<br>O<br>R | B<br>A<br>N | Α | N | Α | - |

**Entry deadline:** 

Noon, December 10, 2025

crafts, antiques, furniture, fire hydrant, 1920's car fenders, records, books, old tools, tea towels, knitted scarfs, hats, hanging shelves, rock hummingbird carvings, dream catchers, trees of life, toys, sport cards, filing cabinets and other interesting items. Be kind to each other. Tables available for rent call 902-847-0324. Thank you. (4621-4tpb)

sudoku solution

| 2 | 7 | 5 | 1 | 3 | 9 | 4 | 8 | 6 |
|---|---|---|---|---|---|---|---|---|
| 8 | 9 | 6 | 7 | 5 | 4 | 3 | 2 | 1 |
| 4 | 1 | 3 | 6 | 8 | 2 | 9 | 7 | 5 |
|   |   |   |   |   | 3 |   |   |   |
|   |   |   |   |   | 8 |   |   |   |
| 6 | 5 | 4 | 2 | 9 | 1 | 8 | 3 | 7 |
|   |   |   |   |   | 5 |   |   |   |
| 5 | 4 | 1 | 3 | 2 | 6 | 7 | 9 | 8 |
| 9 | 3 | 2 | 8 | 1 | 7 | 5 | 6 | 4 |

### Enter to WIN two tickets

Name: Address

Drop ballot off at The Aurora Newspaper 61 School Rd. or enter online at auroranewspaper.com by noon, December 9, 2025



Kings Mutual Century Centre, **Berwick** 

#### Regular season home games

December 12 vs Yarmouth | 7 pm December 20 vs Amhurst | 7 pm December 31 vs Yarmouth | 3 pm January 10 vs Summerside | 7 pm January 17 vs Yarmouth | 7 pm

#DefendTheDome | #VCATS

### find & win

Three easy ways to enter.

2 Fax: 902-765-1717

3. Drop into our office located at 61 School Road (Morfee Annex)

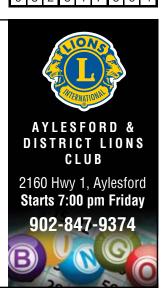
ONE ENTRY PER PERSON

Phone number

Complete the following questions from ads in the current issue and win a \$20 coupon to play Friday Night BINGO from Aylesford & District Lions Club. Coupons valid for 1 year. Age 17+ on regular games.

- 1. What band is playing the New Year's Eve dance?
- 2. "We have you covered!" is used by who?
- 3. What's happening on Saturday 13th December?
- 4. Where is the Holiday Glow Up being held?
- 5. How many times has the Nutcracker on Ice been performed?

Congratulations to this week's winner: ERWIN BANKS



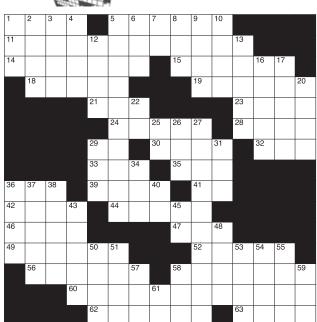


of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To quarantee your announcement. you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified

The Aurora publishes items avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.aliantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peutêtre acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédent la publication, à moins

### Le commandant publie des d'avis contraire. sword

solution page 9



#### **ACROSS**

- Dough made from corn flour
   Rise
   Gratitude

- 14. A low wall 15. Kidnap
- 18. A cup golfers want
- 19. Outgoing 21. 'Partner' to flow 23. Former Michigan
- coach Brady
- 24 Proverb
- 24. Proverb
  28. Gasteyer and de
  Armas are two
  29. Helps a body recover
  30. Baseball Cy Young
- 32. Very fast airplane 33. Offensive baseball
- etat
- 35. Body of water 36. Record of one's heartbeat
- 39. Signs a contract 41. Atomic #24
- Bind securely
- 46. Fragrant brown

#### balsam

- Post office box
- Sells tickets at inflated prices Places to hang coats
- Jewish salutation Yellow fruits
- Poorly educated Microorganism Talk show host

#### Barrymore

- DOWN 1. A way to plan 2. Three-banded
- armadillo
  . Mobile
  . Romanian city
  . Making sour
- 6. Take a seat 7. 'The Golden State'
- When you hope to arrive
   Pointed ends of pens
   Extinct flightless bird
- 12. Sharp-pointed a sword
- 17. Narrow carpet
- 13. Nape of neck 16. Problems (Spanish slang)

- 20. To avoid the risk of 22. Spiritual academic
- degree (abbr.)
  25. Equally
  26. Traditional cars still
- need it
- 27. Eligible voters 29. Greek alphabet letter 31. Body part 34. Referee-declared
- outcome 36. Means to moving
- money
- 37. Popular footwear
- 37. Popular footwear brand 38. Cockatoo 40. NFL's big game 43. Botswana currencies 45. News-reporting
- organization 48. Batman villain
- Urgent request Hallmark's specialty
- Knot in a tree Satisfy Notable space station
- 58. Baby's dining accessory59. Stitch clothing61. \_\_ and behold

#### crossword brought to you compliments of



#### Youth art lessons

December 1, 8 and 15, 4 p.m. to 5:30 p.m., 7Arts in Greenwood offers youth art lessons (ages 8+). Explore sketching, texture art, painting with acrylics and watercolours, and clay. All supplies included! Only \$25 per class or \$60 if registering for all three December classes. Register by emailing info@7Arts.ca

#### **Coffee & Colouring**

December 3, 10 and 17, 1 p.m. to 3 p.m., 7Arts in Greenwood hosts the drop-in Coffee & Colouring. Enjoy a relaxed atmosphere with a warm beverage. colouring and conversation. All ages welcome! Pay what vou can.

#### Bake sale

December 4, 9 a.m. on - the Soldiers Memorial Health Auxiliary hosts a Christmas bake sale at Middleton Home Hardware, 47 Commercial Street. Baked items may include loaves, cookies, squares, cakes, bread, pickles, jams, candy, cranberry sauce and more!

#### **Carousel Gift Shop Christmas**

a.m. to 4 p.m., visit the Carousel Gift Shop at Soldiers Memorial Hospital, Middleton for the annual Christmas sale, hosted by the Soldiers Memorial Health Auxiliary. Everything in the shop 15 per cent off!

#### Music jam and open mic

7Arts in Greenwood hosts a music iam and open mic. Join musicians Maura and Geoff for a delightful afternoon of sharing and creating. Bring an instrument, use one of ours, or just sit back and enjoy some live music. All veterans. friends, family, and the public are

#### Kingston/ Greenwood toy drives

December 4 and December 5, 10

December 5, 1 p.m. to 3 p.m., welcome.

December 5, between 5 p.m. and 8 a.m., at the Village of Kingston's Night of Lights event at the Credit Union Centre arena: the last of a series of community toy drives to help the Kingston/ Greenwood volunteers behind the local holiday hamper program. A new child's toy/ teen appropriate gift card

### oscopes

Your energy is contagious this week. Aries. Expect bursts of creativity and spontaneous fun to ensue. Perhaps an unexpected adventure will pop up? Take the lead in social situations

#### TAURUS - Apr 21/May 21

ARIES - Mar 21/Apr 20

It might be a week for indulgence in the best ways possible, Taurus. Treat yourself to something delicious or cozy, and don't feel guilty about it. Patience will pay off in work projects

#### GEMINI - May 22/Jun 21

Curiosity is your superpower this week, Gemini. Choose a new hobby or explore a class at the community college. You might discover hidden talents or interests

#### CANCER - Jun 22/Jul 22

Cancer, this is your week to shine emotionally. Reach out to friends or family who you haven't spoken with in a while. Small acts of kindness can come back to you in surprising ways

#### LEO - Jul 23/Aug 23

It's time to hear that roar, Leo. Your charisma is unstoppable right now and you're ready to step into the spotlight. Share your ideas and achievements with anyone who

#### VIRGO - Aug 24/Sept 22

Your knack for organization is a ticket to smooth sailing this week. Virgo. A little planning goes a long way right now. However, don't forget to add some fun, too.

#### LIBRA - Sept 23/Oct 23

This week you may find yourself effortlessly charming all of those people around you, Libra. Social events or collaborations may be particularly festive.

#### SCORPIO - Oct 24/Nov 22

Scorpio, this week brings opportunities to dive in deep with something you are passionate about. Your intensity attracts attention, so embrace your magnetic personality.

#### SAGITTARIUS - Nov 23/Dec 21

Adventure is calling, Sagittarius. Whether it's a small trip over the weekend or a new hobby, your week is packed with excitement and energy. Your optimism is

#### CAPRICORN - Dec 22/Jan 20

Determination and hard work this week will have personal or work projects moving along faster than expected. Remember to reward yourself along the way

#### AQUARIUS - Jan 21/Feb 18

Aquarius, innovation is on your mind right now Ideas and originality shine through in all you do. Expect some playful debates or spontaneous collaborations.

#### PISCES - Feb 19/Mar 20

It is alright to let your imagination run wild this week. Pisces. Creativity flows easily, and your intuition cai guide you to some unexpected ťhings álong the way

horoscopes brought to you compliments of

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will help make someone's holiday season merrier

#### Veteran's Lodge Coffee

December 5, 12 and 19, 9:30 a.m. to 11:30 a.m., 7Arts in Greenwood hosts the free Veteran's Lodge Coffee, open to all Annapolis Valley veterans and serving members. Register by emailing theveteranslodge@gmail.com

#### **Festival of Trees**

December 6, 11 a.m. to 3 p.m., 14 Wing Greenwood's Combined Charities (national workplace giving program) presents its public Festival of Trees raffle at the Greenwood Mall. Wing squadrons, community businesses and organizations decorate table-top trees with several hundred dollars each in prizes and decorations. Envelope of 10 tickets \$5. Tickets also valid on the hourly prize draw tree. For info: Facebook @14 Wing Combined Charities. To enter a tree or contribute an hourly prize. contact Sara at sara.white@forces. ac.ca

#### Afternoon tea on the Bay

December 6, 4 p.m. to 5:30 p.m., enjoy Afternoon Tea on the Bay – A Christmas Gathering at the Kings County Museum. The museum's historic parlour will be transformed into the elegant Seaside Park hotel dining room of old Harbourville, where guests will enjoy tea, fresh baked goods, live music and charming historical vignettes celebrating the spirit of a turn-ofthe-century Christmas by the sea. Tickets are \$40 each and seating

is limited. For information or to purchase tickets, contact the Kings County Museum at 902-678-6237 or info@kingscountymuseum.ca

the Aurora | 14 Wing Greenwood, NS

#### Makers Space

December 6 and 13, 12:30 p.m. to 3:30 p.m., 7Arts in Greenwood hosts an open Makers Space. Bring a project to work on, start something new, or purchase one of our kits. Drop-ins welcome! Cost starts at \$10. Caregivers are free

#### National Association of Federal **Retirees Western NS Branch Christmas Member's Meeting**

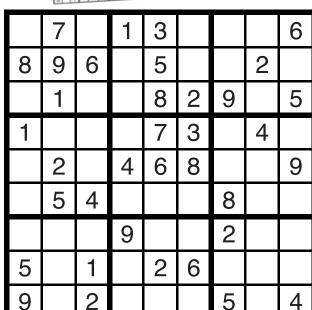
December 9, at the Aylesford and District Lions Club. 2160 Hwv 1. Auburn. Turkey dinner and all the trimmings, \$16. Bar opens at 11:30 a.m. with dinner at noon. Bring along a potential member (federal retiree) to find out what we are all about. To attend, please email nafr75@gmail.com (emails preferred) or call Carolyn/ Bill after p.m. at 902-765-8590 no later than December 1. If you must cancel please call as there will be a waiting list after the cut off date.

### 'Twas the Night Before Christ-

mas Carol Concert December 11, 7 p.m., All Saints Church, 521 Pleasant St., Kingston; presents an evening of Christmas carols and songs, plus a re-enactment of "Twas the Night Before Christmas:" with special guests Frank Dobbin from Country Generations, organist Cheryl Van Der Pryt and Santa. Bring the children! Freewill offering.



solution page 9



#### Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

### Children's adventure story a first for new author

R.M. McDonald

THE MILK

ONSTER

#### Community drum circle

p.m., 7Arts in Greenwood hosts HealthRHYTHMS, a community drum circle, free to seniors! Reserve your seat by emailing mindfullymore@gmail.com

#### Greenwood Skating Club presents Nutcracker on Ice

December 14, 1:30 p.m. to 2:30 p.m., join members of the Greenwood Skating Club at the Greenwood Gardens Arena for their 20th holiday presentation of The Nutcracker on Ice. Admission is by freewill donation.

#### Veterans' Club - Kentville

December 15, 6:30 p.m. (and continuing monthly), the Kentville Legion, 37 River Street, hosts a free Veterans' Club for any and all current and retired members of the Canadian Armed Forces and RCMP to gather, socialize and have fun with PS5 gaming stations, board games, model building or just chatting over snacks and coffee (dry event). No Legion membership required. For info: kentvillelegion@ eastlink.ca

#### **Blood collection clinic** - Kingston

p.m. to 8 p.m.; and December This exhibit promises stories that 16, noon to 3 p.m. and 5 p.m. to span generations.

December 11, from 1 p.m. to 2 hosts a blood collection clinic at the Kingston District Fire Department, 570 Sparky Street. New and returning donors welcome. Book an appointment at blood.ca

Blood collection clinic - Berwick December 17, noon to 3 p.m. and 5 p.m. to 8 p.m., Canadian Blood Services hosts a blood collection clinic at the Berwick & District Lions Hall, 250 Veterans Drive. New and returning donors welcome. Book an appointment at blood.ca Museum exhibit: history of

Harbourville

To December 19, the Kings County Museum, 37 Bridge Street, Kentville, features a community history exhibit, prepared by the North Mountain United Tapestry. This is a captivating look into the village of Harbourville, nestled on the Bay of Fundy north of Berwick. Highlights include: Harbourville's built heritage, the Seaside Park Hotel 1909-1929, the Parker and Cook stores, Sophia Parker's clothing collection circa 1904, the community's one room school and United Church (built 1860), the Sewing Circle Women, early sea December 15, 1 to 3 p.m. and 5 captains and the elusive Isle Haute.

8 p.m.; Canadian Blood Services

of three children, former Canadian Armed Forces member, content editor and writer. McDonald brings the themes of multigenerational families, humour, imagination and play to life; following Max and his grandpa as they navigate the joys of family, friendship, and the unknown.

"I was inspired to write 'The Milk Monster' by the relationship between my father and my oldest son, whose name is also Max," explains McDonald. "Their bond was so special and, by writing the book, I am reminding my son of the many wonderful moments they

Max eagerly anticipates hav-

In "The Milk Monster: A Whimsical Adventure for Children." author Rechell McDonald inspires readers to embrace their fears and cherish their loved ones. A military spouse, mother

> kitchen. Could there really be a monster lurking in the house?

Filled with excitement and a hint of fear, Max embarks filled with vivid illustrations to

ing Grandpa move in with on a thrilling quest to uncover him. However, that first night the truth about the mysterious brings unexpected surprises as sounds. Armed with courage strange noises echo from the and creativity, he devises a plan to trap the elusive "Milk Monster" and confront whatever he discovers. The book is

Illustrated by

laeve McGraff

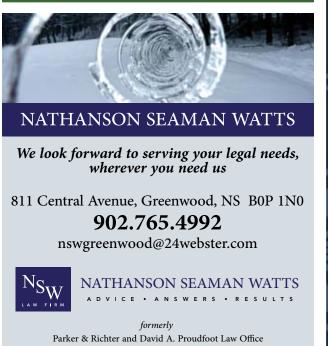


Former Canadian Armed Forces member Rechell McDonald has put pen to paper – and imagination to use! – in a new children's book, "The Milk Monster: A Whimsical Adventure for Children."

captivate children and inspire their imaginations.

"The Milk Monster" is available for purchase at all major online retailers, through Friesen Press, or by connecting with McDonald through her website, rmmcdonald.com >>









## 14 Wing, community decks the mall with Festival of Trees December 6

The Valley is invited to view – and win! – a selection of festively-decorated trees Saturday, December 6, as 14 Wing Combined Charities hosts its annual Festival of Trees event at the Greenwood Mall.

Combined Charities is 14 Wing Greenwood's workplace giving program, with events and challenges held for military and civilian members of 14 Wing and the community. Combined Charities raises funds for local and regional charities identified by 14 Wing personnel (including food programs, minor sports, animal care, health services, youth organizations, veterans' supports and more). In 2024, Combined Charities donated over \$21,000 in cash, plus in-kind collected food and supplies, to non-profits in our community. As an example, three \$1,500 donations were made to high school food programs between Cambridge and Middleton, \$1,500 supported programs at the Soldiers Memorial Hospital Veterans Unit, and \$6,600 was shared by 14 Valley organiza-

The Valley is invited to view tions supporting children and and win! – a selection of fes-families.

Festival of Trees is the major campaign fundraising event, with tabletop trees decorated, adorned with gifts and raffled off. Trees are entered by both units at 14 Wing Greenwood and by partnering local businesses and organizations. The event also features a prize tree, with a selection of items raffled off in hourly draws. If you would like to enter a tree or donate a prize, contact Sara White, sara.white@forces.gc.ca.

The event will be held at the Greenwood Mall, 963 Central Avenue. Tickets are 10 for \$5, in numbered envelopes corresponding to the purchaser's name. Two ticket-selling tables will be set up in the mall, with tickets on sale between 11 a.m. and 2:45 p.m. Decorated trees will be raffled at 3 p.m.; with prize draws on the hour from noon to 3 p.m.

Winners do not have to be present to win. They will be contacted between 3 p.m. and 4 p.m., with pick up options. >>



14 Wing Greenwood, with community organizations and businesses, will deck the halls of the Greenwood Mall December 6, as the wing's Combined Charities campaign hosts its annual Festival of Trees public ticket raffle. 14 Air Maintenance Squadron's activity-themed tree — including a decked out goalie - was determined 2024's best-decorated 14 Wing unit tree. Trees are imaginatively themed, creatively decorated - and well worth the winning; with all raffle sales benefitting local charity.

# Annual meeting, 32-year milestone for aviation museum

Sara White, Managing editor

While it may all be formalities, the October 28 annual meeting of the Greenwood Military Aviation Museum Society marks another milestone in a dedicated group of volunteers' efforts to capture the aviation heritage of Greenwood's Royal Canadian Air Force mission.

Board chairman lan Patrick described how, in 30 years as the current society structure, plus another, earlier, two years under a different name; the museum has created a space that tells a real, local story.

"We've had senior leadership who come in to visit and say, 'You have the best museum in the Canadian Armed Forces,'" Patrick said. "And it's not our size, but what we do with what we have and how it's displayed. People really feel they have an idea of who is here in Greenwood, that they did live and work here, with the 'stuff' that is here."

Many of the society's early volunteers are gone, but their contributions to creating the feel of the GMAM remain, Patrick said, alongside the continuing contributions of today's volunteers.

"Thank you, and I hope we continue with the camaraderie and quality of work we've been doing for 32 years into our next year. Thank you so much for your service.

Returned to the GMAM Society board were chairman lan Patrick, president Brian Handley, vice-president Perry Matte, treasurer Doug Butt, secretary Bert Campbell and directors Joan Patrick, Malcolm Uhlman, Steve Gentles and Bob Johnson.

The society filed its financial report, as of the end of March 2025, reporting a balance of \$25,767. A good portion of that was a donation as the Royal Canadian Air Force Association 107 (Valley) Wing dissolved and distributed its holdings. >



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