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the Aurora

Vol. 46 No. 08

APRIL 21, 2025 NO CHARGE

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Ready, set... cook!

**Second Lieutenant
Derek Gaudet**

April 2, 14 Wing Mission Support Squadron's Replenishment Flight organized what started as a typical PD (professional development) day for flight members at the Annapolis Café: a morning presentation and lecture on dietary, health and nutritional information.

But, that afternoon, things started to heat up with a friendly "black box" cooking competition.

Fun, innovative and interactive, the kitchen crew sharpened their skill sets and broadened knowledge, battling it out for the challenge trophy and, more importantly, "bragging rights."

Replenishment Flight staff divided into four teams of six, tasked with a set time to prepare five separate dishes: two main courses, a soup, a salad and a dessert; using provided ingredients. Each team had the option to use the potentially risky "black box" ingredient, a mystery item that, if used in every dish, could win them more points.

Throughout the competition, collective and individual skills were on full display, as team members collaborated to create the best possible

dishes. Under the guidance of a team leader, each chef brought something special to the table: some chefs had an inclination towards sauces, others towards desserts, making the soup, fileting.... Showcasing the flight staff's collective dedication, talent and passion; an impressive array of incredible dishes included roasted asparagus cream soup, shrimp and cucumber citrus salad, sweet and smoky chicken and strawberry kiwi sorbet.

After the in-kitchen time elapsed, teams presented their dishes to five judges, with the envious task of sampling dishes in an hour-long challenge of their own. They scored the dishes based on various criteria; numbers were tallied and the winning team was announced.

Chief Petty Officer Second Class Phillippe Anderson was instrumental in organizing the black box event, providing a fresh perspective to professional development for Replenishment Flight staff. Calling the day a "huge success," Anderson highlighted the "exceptional results." Flight members are keen more days like this be included in future PD.

The black box mystery item? Prunes! ➔



14 Wing Greenwood's Replenishment Flight put their kitchen mettle to the test in an April 2 black box cooking challenge, with four teams setting a five-dish menu to be prepped and presented in a timed and judged friendly competition.

Second Lieutenant D. Gaudet



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Greenwood idea up for RCAF commander’s April 24 Vector Check

**Second Lieutenant
Derek Gaudet**

14 Wing Greenwood’s Warrant Officer Alan Bezanson’s “Unofficial CAF Competency Analyst,” created with ChatGPT artificial intelligence, “does the heavy-lifting for Feedback Notes and PARs (performance appraisal reports).

“The AI bot takes action, analyzes and compares to competencies subject to rank,” he says. It “saves a ton of time, and standardizes how Feedback Notes are being written and delivered. The tool enhances



how Feedback Notes and PARs are structured and detailed.” Additionally, it helps in the understanding when reviewing. The idea for the tool came in 2023, and was later improved upon as technology advanced. Using AI and Chat GPT, Bezanson created a tool “for anyone

who has to write a Feedback Note and PAR for self or a sub-ordinate.” The “Unofficial CAF Competency Analyst” has received great reviews, and over 20,000 uses. Bezanson, working at the Greenwood Transition Centre, will present the tool and its benefits to Vector Check panelists – including Royal Canadian Air Force Commander Lieutenant-General Eric Kenny - April 24, with the aim of having it endorsed by the RCAF and wider Canadian Armed Forces and more accessible to those who wish to use it.

Vector Check is a twice a year “challenge call,” open to all RCAF members in an effort to gather ideas that lead to operational efficiency or better military quality of life. Ideas are submitted from members, evaluated by a group of panelists and finalists pitch their idea to leadership. The winner receives a \$200,000 budget for their respective wing to address and implement their ideas. The focus for this year’s Vector Check is the creation of digital solutions that address workplace challenges, “built by RCAF members, for

RCAF members.” Bezanson’s “proposal raises an important question: ‘What is the role of the RCAF (and CAF) in developing an internal large language model to enhance information security?’” He is up against Master Corporal Dusko Jurenic, 429 (Transport) Squadron, with “Fleet Manager,” a tool designed to streamline aircraft maintenance, provide quick access to critical documents and enable technicians to order parts more efficiently. Becoming a Vector Check finalist highlights the creativity, innovation and ingenuity De-

fence Team members possess at 14 Wing Greenwood. With certain technology more accessible, Bezanson “encourages others to get involved, innovate and make positive contributions at the workplace.” To access the “Unofficial CAF Competency Analyst,” and other unofficial tools created by Bezanson, visit ChatGPT. To join in on the live Vector Check presentations at 2 p.m. AST April 24, find the MS Teams link information on the 14 Wing Greenwood Splashpage or in the wing newsletter. ➔

Tech work keeps Ex work happening

**Second Lieutenant
Derek Gaudet**

Master Corporal Jonathan Frederick, a member of 404 (Long Range Patrol and Training) Squadron, was deployed with 14 Wing Greenwood CP140 Aurora aircraft support crew during Exercise Dynamic Manta 25, February 28 to March 14, in Sigonella, Italy. As an avionics systems technician and instructor, Frederick played an essential role

in ensuring Royal Canadian Air Force aircraft were maintained to meet the exercise’s demands, safely and efficiently. By thoroughly identifying and testing various aircraft systems, Frederick – and other RCAF technicians - enables aircrews to operate, navigate and communicate effectively across all operational spectrums. Frederick enlisted in the Canadian Armed Forces in 2008, continuing a proud fam-

ily tradition of military service spanning four generations, with his great-grandfather, grandfather, father and uncle all having served in Canada’s military; beginning with the First World War. Born in Ottawa, Frederick holds a college diploma, completed university-level courses and has earned various specialized aviation qualifications. He now resides in Kingston, where he enjoys flying at the local flying club, working on home

renovation projects and volunteering as an active member of the local ground search and rescue team and the provincial Civil Aviation Search and Rescue Association (CASARA). ➔

Avionics systems technician Master Corporal Jonathan Frederick works on a CP140 Aurora aircraft during Exercise Dynamic Manta 25, February 28 to March 14.



Master Sailor J. Morris, 14 Wing Imaging

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Site de la 14e Escadre Greenwood
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Wings represent training, trust

**Sara White,
Managing editor**



Master Corporal Matthew Seguin, second from left, and Corporal Alex Watkins, second from right, received their flight engineer wings in a March 21 ceremony at 14 Wing Greenwood, presented by Colonel Luc Vachon, left, with Wing Chief Warrant Officer Jonathan Proulx

Corporal W. Ptheisl, 404 (Long Range Patrol and Training) Squadron

Two more Royal Canadian Air Force members take recent training into their professional future, with more than a hint of the past. March 21, Corporal Alex Watkins and Master Corporal Matthew Seguin were both presented their flight engineer metal flying badges: Watkins, for having completed the MOAT (Modern Operational Air Training) course at 14 Wing Greenwood’s 404 (Long Range Patrol and Training) Squadron; and Seguin, who hadn’t yet received them. “You worked hard for these: wear them proudly,” said 14 Wing Commander Colonel Luc Vachon during the wings presentation. “MOAT is an extra difficult course, very demanding – I remember how proud that moment is. We are proud for you, your units and your family.”

With the metal wings pin incorporating recovered aluminum shavings from a

1944 crashed 426 Bomber Squadron Halifax aircraft (since 2021), Vachon said the “coolest” thing is the men’s wings “are a piece of history.” In Watkins’ case, his grandfather was a flight engineer at 405, 404 and 415 squadrons; his father became a military intelligence officer and his step-mother was a JAG (judge advocate general) officer. Watkins enrolled in the Canadian Army in 2014,

serving with the 2nd Battalion, Princess Patricia Canadian Light Infantry as an infanteer. In 2018, he switched to the RCAF, becoming an aviation systems technician, serving at both 405 and 404 squadrons. In 2024, he switched again to pursue the flight engineer path, and will now be posted to 407 (Long Range Patrol) Squadron in Comox. Seguin joined the RCAF in 2013 as an aviation systems technician, posted at 409

(Tactical Fighter) Squadron in Cold Lake. Following several deployments, in 2020, he completed the MOSID (Military Occupational Structure Identification) and basic flight engineer course; then posted to 440 (Transport) Squadron and received his flight engineer wings in 2021. He’s worked with search-and-rescue technicians and the Skyhawks, assisted in ice-sheet landing strip configuration and also earned the

flight instructor qualification. He is currently posted at 407 Squadron. 404 Squadron Lieutenant-Colonel Alex Gignac congratulated both men for “extending the realm of their responsibility “Wings mean we have our eyes on you; we have an expectation of you – and others do, too. Focus on doing the small things right: you have the knowledge, and we have the trust in you.” ➔

Battle of the Atlantic service April 30

Wednesday, April 30, 14 Wing Greenwood Defence Team members and the community are welcome to join a commemorative service to mark the Battle of the Atlantic. The service will begin at 12:15 p.m. at St. Mark’s Chapel, Church Street, Greenwood. Attire is dress of the day.

Service Bataille de l’Atlantique 30 avril

Le mercredi 30 avril, les membres de l’équipe de défense de la 14e Escadre Greenwood et la communauté sont invités à participer à un service commémoratif pour marquer la bataille de l’Atlantique.

Le service débutera à 12 h 15 à la chapelle St. Mark, rue Church, Greenwood. La tenue vestimentaire est celle du jour.

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To learn more and to apply, visit **novascotia.ca/abc** or call **1-866-206-6844** (toll free).

The Government of Nova Scotia is committed to promoting diversity and equity through its agencies, boards and commissions. Applicants are encouraged to self-identify if they are from an underrepresented and underserved community when applying. This includes applicants who identify as: Indigenous/ Mi’kmaq, African Nova Scotians, other racially visible people, persons with disabilities, 2SLGBTQIA+, women in underrepresented roles, and other groups.



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January 30, during a 14 Operation Support Squadron medal ceremony, Lieutenant Jared Heavener, second from right, was presented the Sentinel Patch by Commanding Officer Lieutenant-Colonel Garrett Milne, second from left, with Chief Warrant Officer Greg Huizinga, right, and Chaplain Captain Kayla Colford.



January 31, Captain Andrew Lavallee, second from left, was presented with a Letter of Appreciation by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, left, with Chief Warrant Officer Andrew Elliott, right; Honorary Colonel Judy Rafuse.



January 31, Warrant Officer Mark Collins, second from left, was presented with a Letter of Appreciation by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, left, with Chief Warrant Officer Andrew Elliott, right; Honorary Colonel Judy Rafuse.



January 31, Captain Bruce Jarvis, second from left, was presented with the Special Service Medal – Expedition by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, left, with Chief Warrant Officer Andrew Elliott, right; Honorary Colonel Judy Rafuse.



January 31, master corporals Trevor Fry and Zachery Brake were presented with a patch for Weapon System Release Level C by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, left, with Chief Warrant Officer Andrew Elliott, right; Honorary Colonel Judy Rafuse, second from right; and Captain Niklas Majcher.



February 21, 413 (Transport and Rescue) Squadron Captain Dave Moore, second from left, was recognized as the squadron's Cormorant Airperson of the Year by Lieutenant-Colonel Mark Norris, left, with Chief Warrant Officer Robison, second from right, and Major Mike Girard. Moore has played a pivotal role in enhancing the capability and readiness of both Cormorant Flight and the larger squadron, through relentless planning, meticulous organization and consistently putting operational requirements before himself. Moore almost single-handedly organized a complex boat camp, adjusting the training and schedule as required and changing plans to maintain 413 Squadron's search and rescue posture.



January 31, Master Corporal Jonathan Frederick, centre, was presented with his Sentinel patch by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, second from left, with Chief Warrant Officer Andrew Elliott, right; Honorary Colonel Judy Rafuse, second from right; and Captain Kayla Colford.



January 31, Master Corporal Aaron Marks, second from left, was presented with the Special Service Medal – Expedition by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, left, with Chief Warrant Officer Andrew Elliott, right; Honorary Colonel Judy Rafuse.



January 31, Second Lieutenant Samuel Gallant, centre, was presented with his Commissioning Script by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, left, with Chief Warrant Officer Andrew Elliott, right; Honorary Colonel Judy Rafuse, second from right; and Armand Gallant.

Partners in play, program, best rec practices

**Second Lieutenant
Derek Gaudet**

March 21, Valley Recreation convened at the 14 Wing Greenwood Community Centre to discuss different ways to improve community engagement and recreational services throughout the Annapolis Valley region.

The event gathered recreation leaders from municipal units throughout the Annapolis Valley district, including West Hants, Kings, Annapolis, New Minas, Berwick, Digby, Windsor, Wolfville, Port Wil-

liams and more. 14 Wing Greenwood Community Recreation, operated by the Personnel Support Program for military members and families at 14 Wing Greenwood, is an active partner with Valley recreation and was happy to host peer service providers. As a not-for-profit organization, Valley Recreation together promotes well-being, healthy communities and access to various recreational activities and educational programs. Its programs contribute to both individual and community social, economic and envi-

ronmental well-being. Representatives presented and shared valuable information to other community representatives, with the intent to improve recreational services throughout the region. Several case study presentations and discussions covered entities' recent work on accessibility, equipment loan programs, winter program highlights, anti-racism, partnership gathering and diversity. Through sharing experiences, studies and reviews; regional recreation representatives are often able

to find ways to improve their own methods, community engagement, best practices and recreational services. All departments' attention next turns to June, designated as "recreation month."

For information on recreational programs in your region, visit your community's municipal webpage or social media; 14 Wing Greenwood Community Recreation may be found on Facebook @PSP Greenwood Community Recreation or online at cfmws.ca (select Greenwood as your community). ➔



14 Wing Greenwood Community Recreation manager Jill Jackson welcomes Valley recreation peers to the organization's spring meeting.
Second Lieutenant D. Gaudet

Recreation programs Spring into fun for all

New programs for Spring - and even the summer ahead - are making their way onto the PSP Greenwood Community Recreation calendar. Fun, fitness and special event programs are all on offer:

YTGIF – 5:30 p.m. to 7:30 p.m. Friday evenings, pre-registration required.
• April 25 – walk to Dairy Queen and the duck pond, \$5 plus tax PSP Plan, \$8 plus tax non-PSP Plan

Family drop-in – 6 p.m. to 8 p.m. Tuesday evenings. Free for PSP Plan members. Free play in the gym/ centre equipment.

Feed your Mind – Wednesdays, 4:30 p.m. to 6:30 p.m., for youth ages eight to 12. \$15 plus tax PSP Plan, \$20 plus tax non-PSP Plan. Pre-registration required.

• April 23 - hamburgers
Pickleball – 6 p.m. to 7:30 p.m. Thursday evenings, pre-

registration required. All skill levels welcome.

Kids' Club – 6 p.m. to 7:30 p.m. Monday evenings, pre-registration required. Ages six to 12.

Wheelchair basketball try-it – April 24, 7 p.m. to 9 p.m., free wheelchair basketball demo and try-it (chairs provided). Ages 14+, all abilities welcome, no experience necessary. Pre-registration required.

Sportball – April 26, join a

free, multi-sport demo class for a Sportball experience: skills development, social skills, personal growth and physical literacy. Ages 16 months to three years old: 9 a.m. to 9:45 a.m. Ages 3.5 years old to seven years old: 10 a.m. to 11 a.m. Pre-registration required.

Summer youth day camp registration opens May 1 – PSP Community Recreation offers weekly summer day camp for youth, 7:30 a.m.

to 4:30 p.m. Camps all have themes, with daily swimming. Junior camp is for ages six to eight; senior camp is for ages nine to 12; sports camp is for ages nine to 14. There are various rates for PSP Plan members/non-PSP Plan members, and single or multiple youth. For more information, contact Community Recreation at 902-765-1494 local 568-5341. Registration opens May 1 (military

and Defence Team families) and May 16 (public) at bkk.cfmws.ca/greenwoodpub/account/index.asp

For PSP Community Recreation information, registration (cfmws.ca/greenwood) and PSP Plan membership, contact the Community Centre at 902-765-1494 local 568-5341. Most programs take place in the Community Centre, Building 110, Church Street, Greenwood. ➔



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Building community through acts of kindness, volunteerism

Janice Landry to deliver keynote at May 14 volunteer symposium

Love. Compassion. Empathy. Big topics to cover in an hour, but Janice Landry will run the gamut as this year's keynote speaker at the Volunteer Leader-

ship Symposium, taking place in Kentville May 14. Kings Volunteer Resource Centre's Bruce MacArthur says this annual symposium features

a full day of workshops to inspire volunteers and non-profit leaders. Topics will bring people together, empower leaders and build stronger communities.

"We're looking forward to hearing Janice, and we wanted this year's theme to inspire everyone with positive stories," he says. "We are offering several practical workshops - from using AI for grant writing to simple ways to increase accessibility. We want to provide practical information - but we also want

to inspire."

Landry is known for her 35-year journalism career in both radio and television. In recent years, she has turned her talents towards writing, teaching, writing and producing. Her keynote will highlight stories from her latest, seventh, book, *Every Little Thing*.

"One of the main takeaways of *Every Little Thing* is that we all have gifts to share in order to lift up others and spread light," she says. "Helpers and

volunteers wear many hats, and they are the backbone of every community. This new work honours them."

Other presenters at this year's symposium include Mandy Morgan, of Devour and the Halifax Jazz Festival, on volunteer management for special events; Kym Hume, on creating and supporting inclusive environments for neurodivergent volunteers; and information sessions provided by Hike Nova Scotia and the Nova Scotia Guard.

The Kings Volunteer Resource Centre, located in New Minas, is the educational affiliate of Volunteer Nova Scotia and offers workshops and resources for volunteers and non-profit leaders.

The 7th Volunteer Leadership Symposium takes place at the NSCC Kingstec campus, Kentville, May 14, 9 a.m. to 3:30 p.m. Tickets are \$15 (price includes lunch) and are available at volunteersns.ca/annual-symposium →

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Supporting Neurodivergent Volunteers, with special presentations
from the Nova Scotia Guard and Hike Nova Scotia.

Cost \$15 (lunch is included!) for more details and to register visit us online.







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Opportunity Shop partnership: amazing results

The Opportunity Shop, lo-

cated in the Greenwood Mall just around the corner from Cleve's Source for Sports, is a thrift store operated by volunteer members of the Greenwood Health Auxiliary.

The Greenwood Health Auxiliary is pleased to share, thanks to generous donations, dedicated customers and devoted volunteers; the following organizations will receive

a share of \$29,000, raised from Opportunity Shop proceeds through 2024: Soldier's Memorial Hospital, \$10,000; Valley Regional Hospital, \$7,000; Beehive Adult Centre, \$1,000; Fidelis House, \$2,000, IWK Hospital for Children, \$1,000; Cancer Navigator Program, \$1,000; Valley Hospice, \$2,000; VON Annapolis Valley Branch, \$1,000. Also, three

\$1,500 bursaries (\$4,500 in total) will be awarded, going to a graduating student from each of the three area high schools enrolled in a health-related post-secondary program. In addition, a \$500 donation was made to the Kingston Lions Health and Welfare Division from monies received from the Christmas gift wrapping efforts, and personal donations, of GHA members.

Sincere thanks to all for your support, helping the GHA achieve this \$30,000 community contribution.

The GHA is always grateful for the many donations of items for the Opportunity Shop's shelves. There are a few restrictions on what may be accepted due to provincial health regulations and limited space for display and storage. New and next-to-new items are appreciated. Footwear, clothing and other fabric items must be clean, odor-free and free of stains and tears. Small appliances must be in good working condition. Household items must be clean and stain- and odor-free. Electronic items, large furniture and large toys are not accepted. Please bring items to the Opportunity Shop in the mall during open hours, Monday to Friday, 1 p.m. to 3 p.m.

Volunteers are needed to maintain the shop's hours of operation. If you are interested in joining the GHA, kindly telephone Mary at 902-765-3063; or, visit the shop and speak to one of the volunteers. →

On behalf of myself and family,
to all our wonderful volunteers that give
of their time so freely, thank you!





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the Aurora | 14 Wing Greenwood, NS

Museum volunteers make their mark

Taylor McAlear

The Greenwood Military Aviation Museum wouldn't be what it is today without its volunteers. With over 20 volunteers coming in two mornings a week, using their skills to work on their respective projects, the museum is always sporting something new - a fresh coat of paint on a plane or a new exhibit.

But, who are these volunteers? What makes them come back week after week? Marc

Beaulac has the answer. Beaulac joined the military in 1976 as an airframe technician working on fighters. Three years into his career, he became a navigation officer. Beaulac worked as a navigation officer for 19 years before retiring in 1998. After leaving the military, Beaulac moved to the United States. Years later, he decided to purchase a house in Nova Scotia and moved back part-time. This move led Beaulac to start volunteering at the museum. "Volunteering is giving

back," he says. "Giving time is free."

It's clear to anyone Beaulac is serious when he talks about his devotion to his volunteer work. He also volunteers with Team Rubicon, a non-profit disaster response organization that helps communities before, during and after natural disasters and crises. Beaulac has worked clearing the streets in P.E.I and Nova Scotia after Hurricane Fiona, and sifting through the ashes of the wildfires in Tantalton.

Beaulac is currently working on refurbishing the museum's C45 Expeditor with the restoration team of Darren Scott (team leader), Beaulac, Bob Lorenez, Dan Daigle, Bill Flinn, Malcolm Uhlman and a few others. The team has redone the cockpit of the Expeditor, including the instrument panel, to have a more 1950s style. The cabin was completely stripped, and now sports new cushions and backrests. The next task is to mount the radial engines. Then, the aircraft will be a static display in the museum's airpark for visitors to explore. →

Greenwood Military Aviation Museum volunteer Marc Beaulac is currently at "work" with the museum's C45 Expeditor restoration team.

M. Uhlman

Museum welcomes volunteers with time, talent, interest in aviation heritage

Have you heard the one about the pilot, the pharmacist and the flight engineer who walk into a museum to work?

It's no joke! It happens every week at the Greenwood Military Aviation Museum. Nearly 50 volunteers from all walks of life come together to restore aircraft and artifacts, create displays, give museum tours, promote the museum, maintain the website, greet visitors, teach visiting

Grade 6 students about flight, accession artifacts, care for the memorial gardens - and so much more.

The museum is always recruiting volunteers. There's something to suit every talent, interest and availability. Some of the major restoration projects currently underway include the airpark Lancaster, an Expeditor, a Bolingbroke and a Link trainer. Community members or active or retired Canadian

Armed Forces members who would like to share their skills in a friendly and collaborative environment are encouraged to contact the museum and fill out a volunteer application form.

For any information on the museum, and volunteer opportunities, visit the museum (next to Canex) Wednesday to Saturday, visit gmam.ca and click on Programs/ Volunteers to download an application form, send a message via Facebook or call the museum at 902-765-1494 local 568-5955. →



Our thanks to all our hard working, generous, and
dedicated volunteers across the Annapolis Valley.

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ortona69@eastlink.ca

**VOLUNTEERS
MAKE
WAVES**



If you are interested in volunteering for PSP Community Recreation please call Community Recreation at 902-765-1494 local 568-5341.

**14 Wing PSP
Community Recreation**

would like to celebrate and applaud all our
14 Wing Club and Community volunteers.

**Thank you to all
our volunteers!**

Your spirit, energy and commitment to our
14 Wing Community makes a difference every day.



#NVW2025



**MUNICIPALITY of the
COUNTY of KINGS**

Congratulations to the 2024 Volunteer Award Winners:

Volunteer of the Year - **Valerie Despres**

Youth Volunteer of the Year - **Phoenix Barkhouse**

Ted Meldrum Volunteer of the Year - **Gloria Field**

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Pair of medevacs task SAR crews

413 (Transport and Rescue) Squadron aircraft were tasked April 5 by the Halifax Joint Rescue Coordination Centre to assist with a medevac 20 nautical miles east of Miscou Island, New Brunswick. Cormorant Res-

cue 906 was airborne at 4:31 p.m., followed by Hercules Rescue 337 at 4:56 p.m. to fly top cover. By 7:12 p.m., the helicopter had picked up the individual and was headed to transfer them to health services in Bathurst, New

Brunswick. R337 was released by 7 p.m. and returned to Greenwood at 7:51 p.m.

April 8, Cormorant Rescue 906 and Hercules Rescue 337 were both tasked to conduct a medevac of a patient from a fishing vessel 32 nautical miles northeast of Tignish, Prince Edward Island. R906

was airborne at 6:19 p.m., followed by R337 at 7:14 p.m. to provide top cover. R906 conducted the hoist and was on its way to hospital in Saint John for patient transfer by 9:35 p.m.; R337 returned to Greenwood at 9:31 p.m., followed by the Cormorant at 10:59 p.m. →

Paper carriers needed

Route #1 - Airways Subdivision

Spinney Street, Dakota and Pickering Lanes, Glasgow and Howe Avenues.

90 papers • **Available now**

Route #10 - East Bridge Street

Elm, Foster & Lincoln Streets, Elizabeth Avenue, Pine Road, Westwood Drive and McMaster Crescent.

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All streets East of Catalina Lane and the

East side of Catalina Lane. Pine, Carol

& Beaver Streets, Oak Avenue, Dalmatian,

Fales River & Argus Drives to Catalina Lane.

135 papers approx. • **Available now**



902-765-1494 local 568-5440
auroranewspaper.com

the **Aurora**

Slo-pitch season just around the corner

14 Wing Greenwood military members interested in slo-pitch are welcome to come out for season-prep indoor practices, in the 14 Wing Fitness and Sports Centre, for both the women's and men's team. New and experienced players are welcome!

Women's practices are Tuesdays, 2 p.m. to 4 p.m. For info, contact Warrant Officer Amanda Jardine, amanda.jardine@forces.gc.ca

Men's practices are Thursdays, 2:30 p.m. For info: Sergeant Thomas Bertrand, thomas.bertrand@forces.gc.ca →

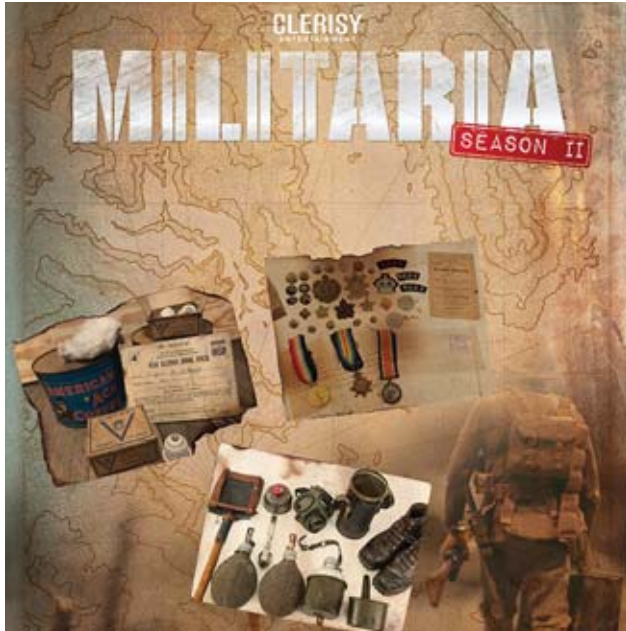
~ Celebration of life ~

THERIAULT, Joseph Leonard Orphy, 'Bob'

1 p.m., Saturday, May 3

Family and friends are welcome to attend a memorial service and reception for Bob.

Kaulbach Funeral Home, Bridgetown



Share military history with Militaria's Season 5

Passionate about military artifacts?

Dartmouth-based Clerisy Entertainment, with Snow Bunting Productions Inc, is seeking participants who have interesting military objects and want to share their stories on screen as part of Season 5 of the documentary series, "Militaria."

Do you know your item's

backstory, or do you want to find out? If you think your family heirloom, private collectable or yard sale discovery is connected to compelling military history, show producers want to hear from you. Open to all military branches, eras and nations!

Contact "Militaria" producers at snowbuntingproductionsinc@gmail.com →

Community provides space for remembrance

Since 2013, the Tremont Community Cemetery Society (TCCS) has put in action its motto, "Working today to reclaim and preserve our past to share with our future," by lovingly maintaining the Tremont Cemeteries through mostly volunteer efforts.

In August 2024, an unspeakable event occurred in Greenwood involving Esther Jones, who grew up in the neighboring community of Meadowvale. Almost everyone in the surrounding areas was shocked. As no one could have imagined such an event happening here. As events unfolded, with ongoing news reports, an arrest

and the beginnings of court proceedings; the community remains unsettled. Despite confirmation of her death, there is a lack of closure as her remains have not been located.

Various groups, churches and communities have since held memorial services, a celebration of life and numerous other events, with purple ribbons to honour Jones and give comfort to her family. While TCCS was aware of these events, and some community members did participate, there remained a desire to do more. As Jones' parents rest in the New Tremont Cemetery, it seemed fitting



March 19, Tremont Community Cemetery Society president Jim Banks, presented members of the Jones family a donated plot in the New Tremont Cemetery to remember the late Esther Jones.

Submitted

to donate the burial lot next to them in remembrance of Jones.

At the TCCS annual meeting March 19 in the Tremont Hall, the president of TCCS, Jim Banks, presented the bill of sale for the donated burial lot in the New Tremont Ceme-

tery to members of the Jones family, Mary Harvey, Judy Uhlman and Kathy Dobson.

The Jones family still has a long journey ahead but, regardless of future outcomes, it is hoped this will provide a place for family and friends to remember Esther Jones. →

classifieds

Classified advertisements, 35 words or less, are \$10 tax included. Additional words are 10 cents each, plus tax. Bold text \$11, tax included.

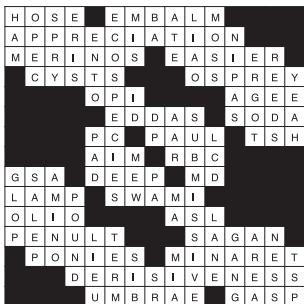
Classified advertising must be booked and prepaid by 9 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 568-5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 568-5833; email auroramarketing@ns.aliantzinc.ca.

coûte 10 sous, plus taxes. Texte en caractères gras 11 \$, taxes incluses.

Les annonces classées doivent être réservées et payées à l'avance avant 9 h, le mercredi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 568-5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

crossword solution



Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 568-5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

FLEA MARKET

SOMETHING FOR EVERYONE INDOOR FLEA MARKET – 812 King St., Kingston, N.S. Behind Tim Hortons and Freemans ESSO. Open Saturday and Sunday, 9 a.m. to 3 p.m., weather permitting. Admission \$1.00 (Adults) Children under 12 free. Everyone welcome. Christmas crafts, antiques, furniture, fire hydrant, 1920's car fenders, records, books, old tools, tea towels, knitted scarfs, hats, hanging shelves, rock hummingbird carv-

sudoku solution

6	7	9	2	5	8	4	3	1
1	2	8	7	4	3	5	9	6
4	5	3	6	1	9	7	8	2
2	9	6	5	3	7	1	4	8
7	1	4	8	2	6	3	5	9
8	3	5	4	9	1	6	2	7
9	6	2	3	7	5	8	1	4
5	8	1	9	6	4	2	7	3
3	4	7	1	8	2	9	6	5

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3. Drop into our office located at 61 School Road (Morfee Annex)

ONE ENTRY PER PERSON

Full name _____ Phone number _____

Complete the following questions from ads in the current issue and win a **\$20 coupon to play Friday Night BINGO** from **Aylesford & District Lions Club**. Coupons valid for 1 year. Age 17+ on regular games.

1. Who is in high demand? _____
2. When does registration open to the public for Summer Camp 2025? _____
3. Who is seeking people from diverse backgrounds and communities? _____
4. When is the Multicultural Festival? _____
5. How many locations does Agate Massage & Wellness have? _____

Congratulations to this week's winner: NORMA BRYSON

Royal Military Colleges Alumni luncheon April 29

The Atlantic Branch of the Royal Military Colleges of Canada Alumni Association invites all alumni residing in the Annapolis Valley area to an informal luncheon, being held at the Annapolis Mess, 14 Wing Greenwood, between noon and 1:30 p.m., Tuesday, April 29.

See the invitation at rmcalumniatlantic.ca/wp-content/uploads/2025/04/invitation-alumnus-clr-20250429-en-fr-2.pdf Please RSVP colleges@rmcalumniatlantic.ca →

Déjeuner des anciens des collèges militaires royaux le 29 avril

Le Chapitre Atlantique de l'Association des anciens des Collèges militaires royaux du Canada invite tous les anciens résidant dans la vallée de l'Annapolis de la Défense de la 14e Escadre Greenwood à un déjeuner informel qui aura lieu au mess d'Annapolis, de midi à 13 h 30, le mardi 29 avril.

Voir l'invitation <https://rmcalumniatlantic.ca/wp-content/uploads/2025/04/invitation-alumnus-clr-20250429-en-fr-2.pdf> Veuillez confirmer votre présence à colleges@rmcalumniatlantic.ca →

~ Obituary ~

JENNIFER GAIL MICHAUD
1971 - 2025

Greenwood & Sydney, NS

With great sorrow, we announce the passing of Jennifer Gail (Ward) Michaud of Balls Creek, Nova Scotia, at the age of 53 on the second of April 2025, after a long battle against ovarian cancer. Born in Kentville, August 31, 1971, she was the daughter of Gary and Laraine Ward of Greenwood. She attended West Kings District High School, and that is where she met her high school sweetheart, Allan Michaud, and they later married on August 5, 1992. Together they lived and worked in Toronto, Charlottetown, Halifax, Calgary, and Hamilton before returning to NS in 2019. In addition to her avid love of sewing, crafting, cooking and baking, decorating interior and exterior, she also designed the home that she and Allan were later to build together in Balls Creek. Originally starting her career in retail management, it was during her time working as a department manager for IKEA that she decided to pursue her interest in Human Resources, culminating in earning her Human Resource Management Certificate from the University of Calgary in 2014. Retiring in 2019, she moved to Balls Creek in Cape Breton so that Allan could take a position as a machining instructor at the Canadian Coast Guard College. Besides her parents, she is survived by her husband, Allen; brother, Daniel Scott Ward, Lower Sackville; sister, Andrea Nadine Ward, Edmonton; her cousins, and many nieces and nephews. She was predeceased by her aunt, Mary Helen Joan Reeves-Papazian. A special thanks to the Cape Breton and Halifax Cancer Centres, Teal to Heal, Cape Breton Palliative Care, and the VON for all of their compassionate care. Thanks to the Canadian Coast Guard and the CCGC who have been an incredible support for Jennifer's cancer battle. Bravo zulu to all. A memorial will be held at a later date in Greenwood Nova Scotia. Anyone wishing to make a donation in her name can do so with Teal to Heal or the charitable organization of their choice. Cremation has taken place under the care and direction of T.J. Tracey Cremation and Burial Specialists, 6 Churchill Drive, Sydney, NS, 902-539-7175. Words of comfort may be shared with the family by visiting www.tjtracey.com.



SEASON OPENS SUNDAY, MAY 11 MOTHER'S DAY
In honour of mothers, free admission when accompanied by their child.
Upcoming race days May 25, June 8 & 22
Bleacher seating • Food truck
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valley-raceways.com
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COGS GRADUATES IN HIGH DEMAND

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WHY COGS GRADUATES STAND OUT:

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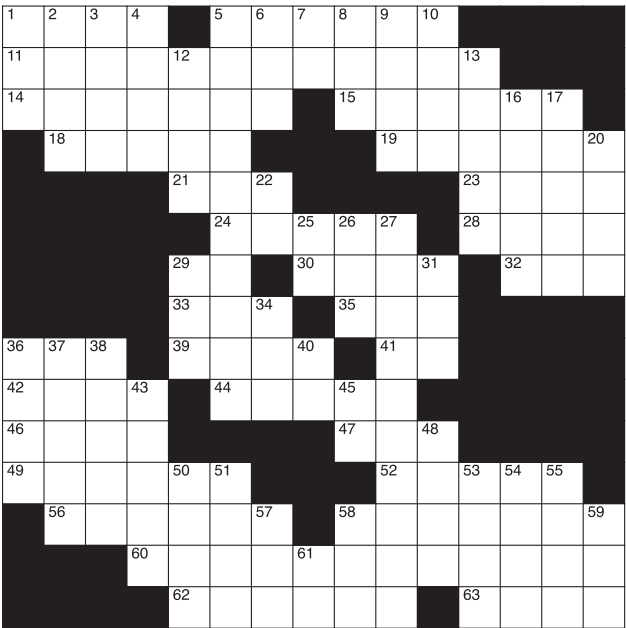


The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.aliantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédant la publication, à moins d'avis contraire.

crossword

solution page 9




- ACROSS**
- 1. Garden tool
 - 5. A way to preserve
 - 11. Gratitude
 - 14. Domestic sheep
 - 15. Simpler
 - 18. Cavities containing liquid
 - 19. Large fish-eating bird
 - 21. Ocular protection index
 - 23. Phil _____, former CIA
 - 24. Icelandic poems
 - 28. Pop
 - 29. Device
 - 30. Actor Rudd
 - 32. A pituitary hormone
 - 33. Focus on an object
 - 35. Corpuscule count (abbr.)
 - 36. Young women's association
 - 39. Not shallow
 - 41. Doctor
 - 42. Furniture
 - 44. Hindu male religious teacher
 - 46. Highly spiced stew
 - 47. A way to communicate
 - 49. Almost last
 - 52. Astronomer Carl
 - 56. Small horses
 - 58. A slender tower with balconies
 - 60. A disrespectful quality
 - 62. Fully shaded inner regions
 - 63. Short convulsive intake of breath
- DOWN**
- 1. Popular Sunday dinner option
 - 2. Oil cartel
 - 3. Agile
 - 4. Greek goddess of discord
 - 5. Genetically distinct variety
 - 6. Indicates badly
 - 7. Popular Mr. T character
 - 8. Consumed
 - 9. Chinese dynasty
 - 10. NFL great Randy
 - 12. Within
 - 13. Palm trees
 - 16. Fungal disease
 - 17. Tall, slender-leaved plants
 - 20. Affirmative! (slang)
 - 22. A passport is one
 - 25. Two outs in baseball (abbr.)
 - 26. Swiss river
 - 27. Differential
 - 29. Where a bachelor lives
 - 31. Portable computer screen material
 - 34. A crying noise of a bird
 - 36. Sticky, amorphous substance
 - 37. Starchy dish of dried tubers
 - 38. Type of acid
 - 40. Partner to 'Ma'
 - 43. 16 ounces
 - 45. The Bay State
 - 48. A well-defined track or path
 - 50. Substitution
 - 51. Defined period
 - 53. Group of toughts
 - 54. Region
 - 55. Famed Scottish Loch
 - 57. Blood relation
 - 58. At it around
 - 59. Recipe measurement
 - 61. Father to Junior

crossword brought to you compliments of



954 Central Avenue
Greenwood
902-765-6381



North Kingston Public Cemetery AGM

April 22, 7 p.m., the North Kingston Public Cemetery annual meeting will be held. We encourage anyone who has lots, or family in the cemetery, to attend.

Coffee & Colouring

April 23, 30, 1 p.m. to 3 p.m., 7Arts in Greenwood hosts Coffee & Colouring, a relaxed atmosphere in the gallery, with a warm beverage, colouring and conversation. All ages welcome! Cost is a freewill donation.

Senior presentation: scams, fraud, help with pets

April 24, 1:30 p.m. to 4 p.m., seniors are welcome to a free wellness presentation: learn all about the latest scams, frauds and help with pets. Location: Windermere Community Hall, 402 Windermere Road. Door prizes, light refreshments, tea and coffee. Presenters: Trishe Coleman, senior safety coordinator/RCMP; Bank of Nova Scotia; Elder Dog. Hope to see you there!

Veterans' coffee

April 25, 9:30 a.m. to 11:30 a.m., 7Arts in Greenwood hosts the Veteran's Lodge Buddy Check coffee, open to all Annapolis Valley veterans and serving



ARIES - Mar 21/Apr 20

Spending time with new friends and those you've know for years can be a satisfying way to pass the week, Aries. Try to plan some activities that you can enjoy together.

TAURUS - Apr 21/May 21

Taurus, this week you may choose to tackle some necessary, albeit time-consuming, chores. They may take a few hours, but then you'll have time to unwind.

GEMINI - May 22/Jun 21

Gemini, certain information that you have been looking for may finally come to the surface. Once you have your answers, you might be able to move on to other tasks.

CANCER - Jun 22/Jul 22

Cancer, emotional matters that emerged over the previous few days might soon be settled with all parties feeling satisfied with the results.

LEO - Jul 23/Aug 23

Leo, confusion with loved ones can be easily cleared up with a little, honest communication between you and the other people involved. Embrace this chance to be open and honest.

VIRGO - Aug 24/Sept 22

Virgo, you may be especially motivated this week and feel a need to get as much done as possible. Try not to race through tasks without focusing on doing things right.

horoscopes brought to you compliments of



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ANNAPOLIS ROYAL • 1-902-532-1500
www.frasers.ca



members. This is a FREE event for veterans. Register by emailing thetveteranslodge@gmail.com

Supper

April 25, 5 p.m. to 6 p.m., the Berwick Legion (downstairs, in the Erle Dolsen Music Room), 232 Main Street, Berwick; hosts a freewill offering meal: pulled pork on a Kaiser bun, pan-fried potatoes, coleslaw, apple crisp for dessert. No take-outs, all welcome!

North Kingston cemetery clean-up

April 26, from 9 a.m., the North Kingston Public Cemetery will hold its annual Spring clean-up. Please bring gloves and rakes, and all your friends. The rain date for the clean-up is May 3.

Harmony in Motion

April 26, 1 p.m. to 2 p.m., 7Arts in Greenwood hosts Harmony in Motion. Discover well-being through music-making and creative movement program, designed for adults and seniors of all abilities. We supply the instruments. No experience necessary!

Recognize scams presentation

April 26, 1:30 p.m. at the Christian Fellowship Centre in Wilmet, there will be a presentation by Sharon Elliot, (Seniors' Safety

Director, Annapolis County Seniors' Safety Society) on how to recognize scams & how to avoid them. Refreshments to follow. Call 902-698-9467 for more information.

Old time gospel sing-along

April 27, 3 p.m., Aylesford United Church (2414 Hwy 1). Wheelchair accessible. Freewill offering.

Royal Military Colleges Alumni luncheon

April 29, noon to 1:30 p.m., the Atlantic branch of the Royal Military Colleges of Canada Alumni Association invites all alumni residing in the Annapolis Valley area to an informal luncheon at the Annapolis Mess, 14 Wing Greenwood. See the invitation at rmcalumniatlantic.ca/wp-content/uploads/2025/04/invitation-alumnus-clr-20250429-en-fr-2.pdf Please RSVP by emailing colleges@rmcalumniatlantic.ca

Paper quilling

April 29, 7 p.m. to 8:30 p.m., 7Arts in Greenwood hosts paper quilling for ages 13+. Join artist Christine for techniques to make your own piece! All skill levels welcome. Cost is \$35, which includes a take-home tool kit. Register by email at info@7Arts.ca

Quilled card-making

April 29, 4 p.m. to 5 p.m., 7Arts in Greenwood presents a workshop: make a paper quilled Mother's Day or Spring card. Ages six to 12. Join artist Christine for basic paper quilling techniques. Cost is \$10 per child. Register by email at info@7Arts.ca

sudoku

solution page 9

				5				
			7		3	5	9	6
4				1		7	8	
		6	5			1		8
			8					
8		5		9	1		2	7
9			3				1	
5	8	1	9			7		
		7				9	6	5

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Level: Beginner

Financial literacy workshop for non-profits

April 30, 7 p.m., Volunteer Nova Scotia and the Kings Volunteer Resource Centre present a virtual workshop on financial literacy for non-profit organizations. This session will introduce volunteers to regulations and annual filing requirements for non-profit societies and charities, statements and accounting fundamentals, planning, applying for funding and internal controls to protect the organization. Presenter: Normand Gendron, assistant professor of accounting and taxation at Mount Saint Vincent University. To register, visit volunteerns.ca

Theatre – Matilda

April 30 to May 4, the Theatre at West Kings presents "Matilda, the musical," at the West Kings auditorium, 1941 Highway 1, Auburn. Email for tickets and show info: westkingstickets@gmail.com. Show times: 7 p.m. shows April 30, May 1 and 2; 2 p.m. May 3 and 4. Adults \$17, students \$12. Concessions, flowers, and T-shirts will be sold during intermission. Raffles and 50/50 draws at each performance.

Dinner theatre

May 1, 2, 3, 8, 9 or 10 – the Anglican Parishes of Aylesford and Berwick present "Chaos at Shady Acres," a retirement home for ex-cons dinner theatre. Doors open at 6 p.m. Join in at the Christ Church Anglican hall, Commercial Street, Berwick; for a three-course meal (salad, ham, baked potato, peas and corn; dessert; wine available \$5). Music by Knight Crawlers. Tickets \$30/ person – call Jocelyn, 902-847-5623.

Conversations about compost

Did you know, each year, more than 100,000 tonnes of organics are collected in Nova Scotia? And that we compost more than any other Canadian province? That makes for a lot of compost but, do you also know 58 per cent of food is wasted, and costs the average household over \$1,000 each year?

Some big numbers for our beautiful little province and, while it's wonderful we are composting so much of our food waste, maybe we should think about how to create less in the first place.

Meal planning is probably the most advantageous way to reduce food waste - but also helps save money. Sitting down in the evening and planning out what you can make for meals for the next week - even the next few days, not only helps with shopping and saving money, but also with food waste. As you plan your meals, check out what ingredients you already have on hand so you're not



guessing when you get to the grocery store. Or, maybe you have something in your fridge that will spoil soon: plan a meal around that to avoid having to toss it in your compost bin.

Following a shopping list can be great as well. When you stick to a plan, it can help you avoid buying things you don't need - creating cost-

ly and unnecessary waste. Shopping with flyers can also help because you can base your meal plans off what is on sale that week, saving money and creating less food waste in one!

Cooking with leftovers is another way to save money and waste. If you're not a big fan of leftovers, make something different with them.


Public Service Superannuation Plan opens to private sector

Qualified private-sector employers will be able to request to join the Public Service Superannuation Plan (PSSP) following the proclamation of legislative changes and the approval of new regulations.

The PSSP Transfer Regulations provide qualifying employers with a clear checklist on how to request a transfer of an existing pension plan. The regulations seek to ensure all interested parties, including pension plan mem-

bers who are transferring and those who are not, as well as any bargaining agents and advisory committees; have access to the information needed to be well informed.


Membership growth helps the PSSP be financially healthier, sustainable and accessible to more Nova Scotians. The independent PSSP Trustee asked the province to open the plan to any qualified employer in Nova Scotia in October 2022. The province



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the skin of produce and poultry, it's a shame to remove the skins. Apple peels have large amounts of antioxidants, fibre and vitamins; chicken skin is packed with vitamins A and B, protein and healthy fats. The outer layers of cucumber, kiwis, potatoes and carrots are so nutritious. Wash thoroughly and enjoy.

Even used coffee grounds don't need to go into the compost bin. Your grounds make a great fertilizer for plants, as they are high in nitrogen,

phosphorus and potassium - all things plants crave. Sprinkle spent grounds in grassy areas to deter female mosquitos from laying eggs, reducing their population.

The truth is, even our food waste creates greenhouse gases, like methane, and could be greatly reduced. Not only is the food we discard wasteful, think about the valuable resources needed to produce that food: soil, water, time and energy are all wasted when we throw away food. ➔



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Ready to hike? Help out, Hike for Valley Hospice & Palliative Care

The 13th Hike for Valley Hospice & Palliative Care returns to Kentville Sunday, May 4, promising a day filled with compassion and community spirit. The hike has become a signature fundraising event for the Valley Hospice Foundation, when participants of all ages and abilities gather to remember and celebrate connections to hospice and palliative care while supporting a vital service.

Whether you're a sea-

soned hiker or a casual walker, the Hike for Valley Hospice & Palliative Care is for everyone. Participants may choose between a three-kilometre or five-kilometre hike. Hikers check in at 1 p.m. at the Lions Hall in Kentville, where there will be entertainment, a cash barbecue, program displays and other activities to enjoy before heading out on the group hike at 2 p.m., taking in the scenic Miners Marsh and Harvest Trail.

Hike for Hospice marks the start of National Hospice Palliative Care week in Canada, a time to celebrate and highlight the incredible work to provide quality palliative care across all care settings. Join us in recognizing the impact of Hospice and Palliative Care on families and support this special care for all.

Hikers are encouraged to pre-register, and learn more about the hike, at valleyhospice.ca ➔

Wing, CAF sports awards season underway

Military sports are a great way to stay in shape, motivate yourself, set – and find – individual and team success, lead as a volunteer coach, manager or official. They're also a great way to have fun!

The military sports awards season is underway, with both 14 Wing Greenwood- and Canadian Armed Forces-level recognition programs now accepting nominations.

The 2025 14 Wing Greenwood Sports Awards will be presented at the Annapolis Mess May 16, at the free BBQ following the wing's RCAF Run event. Nominate an athlete, coach, official or volunteer who has shown remarkable dedica-

tion, talent and sportsmanship; as well as those whose efforts have significantly enhanced the success of the wing's sports initiatives. Achievements and contributions from April 1, 2024, through to March 31, 2025, are eligible. The deadline for wing-level nominations is 4 p.m. May 9. The nomination form is available on the 14 Wing Splashpage (click on the "Military Sports Program" eposter).

The Canadian Armed Forces Sports Achievement Awards nomination period is also open, with a deadline of June 16. This is a further, national opportunity to recognize 14 Wing's athletes, coaches, trainers, officials and other contributors to the CAF

sports program for all of their efforts through the 2024 sports season. The full nomination package is available online at cfmws.ca/sport-fitness-rec/sports/sports-awards/nomination-process

Both awards programs are administered by the Personnel Support Program, and PSP local and national team looks forward to receiving nominations. For information on the military sports program and the awards process for both 14 Wing- or CAF-level recognition, contact Alyssa DeAdder, 14 Wing Greenwood's PSP sports coordinator, at 902-765-1494 local 568-5753 or alyssa.deadder@forces.gc.ca ➔

West Kings theatre presents: Matilda the Musical

West Kings High School is thrilled to announce its upcoming production of the award-winning musical, "Matilda," based on the book by Roald Dahl.

Follow the extraordinary story of Matilda, an intelligent and imaginative young girl, who uses her remarkable abilities

to overcome obstacles and change her world. With a captivating score by Tim Minchin and a talented cast of students, the show promises to delight audiences of all ages. Bring your family and friends for an evening filled with laughter, inspiration and heartwarming moments.

This dynamic performance stages April 30 to May 2 at 7 p.m.; May 3 and 4 at 2 p.m., in the West Kings High School auditorium. Tickets are adults - \$17, students - \$12, and may be reserved at the school office.

For more information, please follow the Theatre at West Kings on Facebook. ➔

May 3, 4 – it's RHU yard sale weekend!

It's yard sale season in the 14 Wing Greenwood Residential Housing Units' neighbourhood!

Saturday, May 3, and Sunday, May 4, the wing's 500 RHUs' residents are encouraged to join in the annual 14 Wing Community Council yard sale, both days, between 8 a.m. and 3 p.m. Be sure to keep your yard sale in your own yard, and a reminder this is the only approved weekend to sell your stuff in the RHU neighbourhood through the spring and summer months.

The annual Valley Waste bulk Spring pick-up happens May 12 to 16 (in the RHUs). If you miss the Spring clean-up week, or have items that can't go curbside, RHU residents must get to Valley Waste/electronics disposal/ recycling centres. ➔

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