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Local mail box links community with North Pole

'One kid only wrote in their letter, 'Santa, I love you'

Sara White, Managing editor

If you needed to reach Santa this holiday season, a close-to-home connection helped Greenwood-area letter writers in need.

Caleigh Conway set up an old school "send-and-receive" system at the Greenwood CANEX at the beginning of December. The physical letterboxes were a convenient spot for children of all ages to drop off their letters to Santa – and, within a few days, pick up a reply!

Conway is the Cadet Instructor's Cadre captain of the 686 Passchendaele Royal Canadian Army Cadet Corps, in Bridgetown; and is the partner of 413 (Transport and Rescue) Squadron Major Dan Conway. She homeschools their children. As Christmas approached, she was thinking of ways to help her children, and their friends, get their annual letters to Santa.

"I posted online I was looking for helpers, to maybe help write letters back, and I was able to borrow a mailbox from a lady in Lawrencetown," Conway says. "There were definitely other people helping!"

CANEX manager Terry Stuart and his team placed Conway's mailboxes front and centre at the store's entrance, and helped promote the local drop-box opportunity. Conway went in every couple days to retrieve letters left in the "to Santa" box, and place reply letters in a neighbouring mailbox for letter writers to pick up.

"I had over 20 letters in just the first week or so – I have young kids, and they have friends, and parents are spreading the word!"

All was going well until she encountered a letter written in French; she enlisted her husband's help with that reply.

"The kids are mostly saying they've been good; they'd



Santa Claus and Caleigh Conway have a quick check-in at one of his scheduled visits at the Greenwood Mall December 6: Conway was helping Santa with pre-holiday letter-writing and replies this season, and appreciated any tips to help respond to writers' wishes.

S. White

love to have whatever; that, if Santa has this particular thing, to please bring it. . .

"One kid only wrote in their letter, 'Santa, I love you,' and THAT'S why I'm doing it!"

Santa Claus depends on countless helpers – when mail does directly reach the North Pole, a team of elves is on the job, crafting replies and checking lists for Santa. There are a myriad of ways to reach Santa nowadays, especially with widespread social media, but he knows many families really do prefer the opportunity to sit down in their homes, perhaps with a pre-Christmas plate

of cookies and milk, and put old-fashioned pen to old-fashioned paper.

Conway ended her letter-writing replies December 14, but the drop-box remains at CANEX for a few more days, if there are any last-minute letters to be posted.

Santa says he receives mail and notes and Christmas wishes in all kinds of ways, and many letter writers don't expect a reply: they check in in-person at community holiday events, where he's often a special guest, or wait and add a note to Christmas Eve cookies and milk trays, just to say hello, and thank you.



Greenwood CANEX manager Terry Stuart checks the day's mail, as an in-store drop box ensured local letter writers' Christmas wish lists and greetings made their way north, via volunteer Caleigh Conway.

S. White

Seasons Greetings



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 The Aurora News

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RCAF100 coins highlight community connections



100
YOUR AIR FORCE
VOTRE FORCE AÉRIENNE
1924-2024

Sara White,
Managing editor

14 Wing Greenwood is ending 2024 in an RCAF100 flurry of recognition, presenting the last two of its seven commemorative 100 Coins for 100 Canadians in December.

Wing Commander Colonel Luc Vachon and Wing Chief Warrant Officer Jonathan Proulx lured Greenwood Military Aviation Museum Society volunteers, chairman Ian Patrick and president and chief executive officer Brian Handley, to the museum on a closed day December 2 – only to surprise them with one of the RCAF100 coins.

“We thought it fitting – what better place than this?” Vachon said. “The museum is telling the story of the history of Greenwood from what it was – and what it will be. These coins are not just for individuals, but for organizations who help support the day-to-day operations of the base, and keep things going.

“The Greenwood Military Aviation Museum makes a lot of sense as a recipient, and our intent is for you to display it – but we'll leave that to you!”

Patrick, who coordinates museum displays, said the coin “in itself is an artefact.”



The Kingston Lions' December 2 dinner meeting – ugly holiday sweater-themed – was a fun way to surprise volunteer Pat Nixon, a retired Royal Canadian Air Force master warrant officer, with one of 14 Wing Greenwood's seven RCAF100 commemorative 100 Coins for 100 Canadians. Wing Commander Colonel Luc Vachon, left, and Wing Chief Warrant Officer Jonathan Proulx were happy to make the presentation.

S. White

Handley said they'd be sure to let the museum's volunteer team know of the wing's recognition of all their efforts and dedication, and the presentation of the coin.

Retired RCAF volunteer making an impact

That evening, Vachon and Proulx, in their Air Force blues, were no match for the array of ugly Christmas sweaters sported by members of the Kingston Lions Club, as they sat at the head table for the Lions' monthly dinner meeting. As they stood to provide a guest presentation on 14 Wing happenings and future developments, they brought attention to the wing's 2024 efforts to celebrate its own role in 100



December 2, Greenwood Military Aviation Museum Society volunteers, chairman Ian Patrick, second from left, and president and chief executive officer Brian Handley, second from right; were surprised to be presented, on behalf of the entire museum society's volunteer cadre, one of 14 Wing Greenwood's seven RCAF100 commemorative 100 Coins for 100 Canadians by Wing Commander Colonel Luc Vachon, left, and Wing Chief Warrant Officer Jonathan Proulx.

S. White

Vachon went on to detail Nixon, a retired master warrant officer with 40 years of service in the RCAF, as a volunteer with the Kingston Greenwood Community Health Board, on the board of the Valley's Community Living Alternative Society and involved with local family holiday hamper organization. “It is an honour and a privilege to offer you this coin.” ➔



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Flight Corporal Edward Zhu, looking rather comfortable at the controls of the CP140 Aurora during a November 3 familiarization flight .



Greenwood Cadet Flying Site Officer-in-Charge Captain Lydia Phillip and Glider Family Pilot Flight Sergeant James Tupper, on the flight deck of one of 14 Wing Greenwood's CP140 Aurora during a November 3 familiarization flight.



Greenwood Cadet Flying Site Flight Sergeant James Tupper, applying his gliding experience to the CP140 Aurora during a November 3 familiarization flight.

Two birds, one mission

Flying gliders alongside the operational squadrons at 14 Wing Greenwood is a significant opportunity to support the future of both the Cadet program and the Canadian Armed Forces through force generation. In an effort to increase collaboration - and thank 14 Wing for accommodating staff and yellow planes on weekends, the Greenwood Cadet Flying Site (CFS) hosted a “14 Wing Familiarization Weekend” November 2 and 3. Wing members were invited to take part in a glider flight and learn more about the operation.

One of those participants was Captain Simon Sirois-LeCain, a senior instructor with 404 (Long Range Patrol and Training) Squadron - and a former Air Cadet, who earned his wings in 2011. Interested in supporting the CFS, Sirois-LeCain was one of the first 14 Wing members to become a regular member of the gliding site.

Early 2024 brought bad news for the Greenwood CFS: after momentum from the previous Fall and making early gains in collaboration with the wing, the program learned of the closure of runway 12/30, which could have ceased gliding ops for an entire year. It was uncertain whether the CFS could operate at all, let alone to the level necessary to complete the mission: generate an interest in the air element of the CAF by taking 12- to 18-year-old Cadets for flights in the glider and tow plane. Building on professional relationships with the wing and members of the CFS who also work at 14 Wing, a series of conversations began.

Accommodations and procedures were devised to allow the CFS to operate at the base - sharing the only



Greenwood Cadet Flying Site staff attend a mission briefing with Captain Simon Sirois-LeCain before their November 3 familiarization flight aboard the CP140 Aurora.

runway with all other traffic, and leading to the most successful year for the Greenwood CFS in recent memory. When the weather was poor or the airport was closed to non-military traffic, the CFS team switched gears and arranged tours and engaging demonstrations of several aviation-related trades on the wing, including aircraft maintenance, firefighting and VFR and IFR air traffic control.

Like many in the CAF, 405 (Long Range Patrol) Squadron Lieutenant-Colonel Daniel Arseneault started his career in Cadets and earned his wings in Debert. An active member at the CFS, Arseneault was able to identify where the needs of the CFS meshed with resources on the wing - like a home for the glider and tow plane in 11 Hangar, next to the CP140s. This integration led to greater visibility of the Air Cadet gliding program, and the invitation from the wing to participate in May's

Elevate Aviation event, introducing girls, gender diverse youth and underrepresented groups to careers in aviation. This Fall, the CFS welcomed two new Cadet glider pilot graduates for the first time since 2019 – Flight

Corporal Edward Zhu (18 Dartmouth RCACS) and Flight Sergeant James Tupper (342 Bedford RCACS). Both had earned their glider wings over the summer and were eager to continue building flying proficiency, with the goal of

obtaining a passenger rating to take younger Cadets for glider flights.

“I had a wonderful season of flying during the weekends. I logged so many hours and got two new ratings. I definitely made the right

choice of joining the Greenwood CFS and flying out of 14 Wing,” says Zhu.

With both Cadets and Regular Force members creating the CFS team, Zhu and Tupper were able to learn first-hand about military aviation, aircraft operations and the many offerings in the CAF; 14 Wing members became current in the glider and, in one case, fly solo for the first time in 14 years!

Sirois-LeCain coordinated a November 3 familiarization flight for the CFS staff in the CP140 Aurora. The Cadet pilots were thrilled, and the experience was more special as the aircraft captain was also a CFS member who the Cadets had worked alongside all season, sat in briefings with and helped launch each other's glider flights. This camaraderie meant they were free to focus on the learning opportunity.

“Being able to pilot the Aurora myself for a bit was definitely one of the most incredible things I have ever experienced,” said Zhu.

Not many high school students can say they've been at the controls of a 100,000-pound airplane with close to 20,000 horsepower under their palms.

“I really liked flying in the Aurora. It was an amazing opportunity to see the CP140 operation and I learned a lot in my flight about what the Aurora can do and how the crew execute the impressive maneuvers,” said Tupper.

The CP140 flight was a fitting end to a successful year for the Greenwood Cadet Flying Site. Not only is the mission complete, but the bi-directional focus on collaboration between the CFS and 14 Wing has resulted in many positive outcomes. ➔



Greenwood Cadet Flying Site staff and a 14 Wing Greenwood CP140 Aurora flight crew, after a November 3 familiarization flight to mark the end of a successful glider season.

Attachés eye 14 Wing work

**Sara White,
Managing editor**

14 Wing Greenwood Commander Colonel Luc Vachon and a slate of command team leaders led a high-level tour of the wing for close to a dozen foreign service attachés, describing the range of roles, responsibilities, equipment and personnel.

“But I’m telling you right now – come back in five years, and what you’re seeing now will be completely different, not recognizable,” Vachon said.

He and leaders from the eight main 14 Wing squadrons and units briefed military visitors from Finland, Romania, Chile, Turkiye, Poland, Peru, Saudi Arabia, Mexico and Israel on the November

5 visit. While presentations covered a hint of the past and a description of today's day-to-day work, many of the units were able to cover the excitement, challenge and opportunities ahead, with new aircraft and capabilities and infrastructure all on 14 Wing's immediate horizon.

413 (Transport and Rescue) Squadron Lieutenant-Colonel Mark Norris described the 5.5 million square kilometre area of responsibility his unit's “integrated, agile” personnel cover 24/ 7, along Canada's East Coast, into the North and halfway across the Atlantic Ocean: averaging 160 calls a year and, so far in 2024, saving 71 lives. He credited the “system of systems,” with Canadian-based military, Coast Guard and partner



413 (Transport and Rescue) Squadron search-and-rescue technician Sergeant Andre Hotton, right, tours a member of the November 5 foreign service attachés visiting party to 14 Wing Greenwood through one of the squadron's CC130 Hercules.

Corporal B. Webb-Brown, 14 Wing Imaging

Signal checks, medevacs, missing people call out SAR crews

The Halifax Joint Rescue Coordination Centre continues to dispatch 14 Wing Greenwood search and rescue assets with 413 (Transport and Rescue) Squadron, as needed for East Coast calls.

November 26, Cormorant Rescue 912 left Greenwood just after 4 p.m. to assist in an ELT beacon search near Grand Manan, New Brunswick. The helicopter

returned to Greenwood just after 6 p.m.

December 2, Cormorant R907 was airborne from Greenwood at 10:39 p.m. to conduct a medevac of a 39-year-old man from a fishing vessel 160 nautical miles east of Sydney.

December 7, 413 Squadron was tasked to assist with a medevac from the Marine Vessel Figaro, approximately

200 nautical miles south of Halifax. Cormorant Rescue 907 was airborne at 1:40 p.m., followed by Hercules R339 at 2:49 p.m. The Hercules returned to Greenwood just before 5 p.m.; R907 completed the patient transfer to EHS ambulance at Windsor Park, Halifax, and returned to Greenwood just before 6 p.m.

December 10, Cormorant Rescue 907 was tasked and

airborne at 2:32 a.m. to search for a missing 54-year-old man who had gone in search of his broken-down snowmobile approximately 75 nautical miles northeast of Bagotville. Hercules R339 followed at 3:39 a.m. By 5:07 a.m., all assets had been stood down. The Hercules returned to Greenwood at 5:04 a.m., followed by the Cormorant at 6:25 a.m. ➔



Foreign service attachés from Finland, Romania, Chile, Turkiye, Poland, Peru, Saudi Arabia, Mexico and Israel visited 14 Wing Greenwood November 5, with a morning command teams' briefing followed by CC130 Hercules tour with wing personnel.

Corporal B. Webb-Brown, 14 Wing Imaging

agencies; combined with five neighbouring countries' resources, for a successful framework that “cuts through politics to respond to life and limb” emergencies.

405 (Long Range Patrol) Squadron Major Joe MacKinnon, 404 (Long Range Patrol and Training) Squadron Lieutenant-Colonel Alex Gignac and 415 (Long Range Patrol Force Development) Squadron Lieutenant-Colonel Pierre-Luc Lafontaine all talked about their units' roles operating, training and advancing Canada's long range patrol mission, traditional anti-submarine warfare, but expanding through the signature CP140 Aurora's service to include anti-surface warfare, sovereignty patrols, surveillance, search and rescue; and partnering work to counter fisheries and environmental violations and drug-trafficking. All are excited with – and challenged by - the next few years' work in LRP, as Canada replaces

the Aurora with P8A Poseidon aircraft.

14 Air Maintenance Squadron's Lieutenant-Colonel Eric Travis explained how 14 AMS looks after all the second-line aircraft maintenance, technical documentation and record-keeping, weapons systems and more for the LRP fleet, here at 14 Wing and from Canada's West Coast; CC130 Hercules maintenance responsibilities; and the provision and servicing of both fleets' life-saving equipment. AMS, too, is looking at its new roles as the P8A comes into service.

14 Operations Support Squadron Lieutenant-Colonel Garrett Milne and 14 Mission Support Squadron Major Jordan Phillips described the work their squadrons do across dozens of trades and workspaces to support the wing's airfield and support operations and maintenance; while Deputy Wing Commander Branch Major Al Baillie detailed the “quite

broad” work of a “very wide, very flat – often one, two or three people deep” unit that includes personnel services, the wing's finances, morale and welfare programs for members and their families, health services, information management, safety and more in 12 diverse sections and with the help of 18 lodger units.

“Since 1942, when the wing was established, we've been hosting units and work all along,” said Vachon - but the next few years will see all of it change again. He described the impending addition of the CC295 Kingfisher to Greenwood's search-and-rescue response, the CH149 Cormorant helicopter upgrade, the phased arrival of the P8A over the next half-dozen years, the 2028 introduction of a Remotely Pi-

loted Aircraft System (RPAS) capability – and all the infrastructure that will support the advances in Greenwood.

The visiting attachés had the opportunity to ask questions throughout the set of briefings, with topics covering climate change impacts on operations, flight safety as a mission in itself, the effects of personnel shortages and recruitment, fleet transition - and more.

“Thank you for the briefings, hosting us at your airbase and providing us the opportunity to visit and see a distinguished air force,” said Colonel Hikmet Unal, from Turkiye. He took a moment, as well, on behalf of the group “as the only air force fellow here in the visiting group,” to present Vachon and 14 Wing with the Ottawa Service Attachés Association coin. ➔

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14 Wing Imaging unless otherwise indicated.



October 23, Corporal Evan Trites, centre, was presented their Platinum FORCE Reward by 14 Mission Support Squadron Lieutenant-Colonel Shawn McGeown, left, with Master Warrant Officer Barry Brownell.



Lieutenant Ed Hebb, outgoing 14 Construction Engineering Squadron master warrant officer, centre, was promoted to current rank by 404 (Long Range Patrol and Training) Squadron Lieutenant-Colonel Alex Gignac, right, with Wing Chief Warrant Officer Jonathan Proulx, following the unit's July 12 change of appointment ceremony.



Air weapons systems technician Sergeant Charles Mallais, centre, was recently promoted to current rank by 14 Air Maintenance Squadron Major Jeremy Tibbetts, left; with Chief Warrant Officer Randy Halvorsen.



November 28, Communications and Information Systems Flight Master Corporal Nicholas Whaley, second from left, and Master Corporal Jeremy Simard, second from right, were two of three individuals present to be recognized with a Wing Commander's Commendation, presented by 14 Wing Colonel Luc Vachon, left, with Wing Chief Warrant Officer Jonathan Proulx. Missing from the photo is Master Corporal Adam Northup. They are part of a CIS Flight Project team, "some of the key folks," Vachon said, "on top of all of the things that could stop the base from working. You are tracking all the work in the background, all the connectivity; and answering with all the responsiveness."



Major Jonathan Sisk, centre, was promoted to current rank December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Corporal Juan Sanchez Osorio, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Captain Jonathan Sisk, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Corporal Yannick Tardif, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Captain Phillip Thomas, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Warrant Officer Kevin Laffin, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Corporal Timothy Wilson, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Corporal Adam Bird, centre, was presented the Canadian Forces Decoration December 4, presented by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Captain Félix Hurtubise, centre, was presented the Canadian Forces Decoration December 4, presented by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Captain Jonathan Sisk, centre, was presented the Canadian Forces Decoration First Clasp December 4, presented by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Aviator Ryan Zariski, centre, was promoted to current rank December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Corporal Shawn Menard, centre, was presented a commemorative RCAF100 toonie December 4 by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Corporal Yanik Boivin, centre, was presented the Canadian Forces Decoration December 4, presented by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Sergeant Nathaniel Afonso, centre, was presented the Canadian Forces Decoration First Clasp December 4, presented by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Corporal Geoffrey Penney, centre, was presented the Canadian Forces Decoration Second Clasp December 4, presented by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Sergeant Robert Beers, centre, was presented a commemorative RCAF100 toonie December 4 by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Corporal Yanik Boivin, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Captain Jonathan Emmett, centre, was presented the Canadian Forces Decoration December 4, presented by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Sergeant Christopher Morris, centre, was presented the Canadian Forces Decoration First Clasp December 4, presented by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Aviator Brad Fraser, centre, was promoted to current rank December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Master Corporal Christopher Currell, centre, was presented a commemorative RCAF100 toonie December 4 by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.



Corporal Stephen Cowie, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenaault, left, with Chief Warrant Officer Duane May.

bravo zulu | promotions & presentations



Corporal Robert Laffin, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



Captain Jonathan Emmett, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



Corporal Eric Fraser, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



Second Lieutenant Garrett Grosvenor, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



Corporal Frédéric Hamel, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



Captain Dominick Knerr, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



Corporal Aliena Lazarowich, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



Sergeant Pat MacMullin, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



Corporal Eric McNeil, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



Captain Michael Merlin, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



Major Greg Myers, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



Master Corporal Jessica Reynolds, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



Corporal Ryan Ross, centre, was presented the Special Service Medal – Expedition Bar December 4, by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers

14 Wing Imaging unless otherwise indicated.



Corporal Sky-Lynn Fisher, centre, was presented the Sentinel Program patch December 4 by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



Warrant Officer Amanda Jardine, centre, was presented the Sentinel Program patch December 4 by 405 (Long Range Patrol) Squadron Lieutenant-Colonel Dan Arsenault, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



Corporal Parker Mobley, centre, was congratulated December 9 on the occasion of their completion of the CP140 Aurora Power Plant Analysis course at 14 Wing Greenwood by 404 (Long Range Patrol and Training) Squadron Lieutenant-Colonel Alexandre Gignac, left, with Chief Warrant Officer Andrew Elliot.

Master Corporal S. Arcand



Corporal Todd MacAulay, centre, was congratulated December 9 on the occasion of their completion of the CP140 Aurora Power Plant Analysis course at 14 Wing Greenwood by 404 (Long Range Patrol and Training) Squadron Lieutenant-Colonel Alexandre Gignac, left, with Chief Warrant Officer Andrew Elliot.

Master Corporal S. Arcand

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5. Who has a senior and student discount you can ask about?

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December 23, 2024 - January 5, 2025, inclusive

23 décembre 2024 - 5 janvier 2025 inclusivement

In case of emergency, military families should call the Family Information Line at 1-800-866-4546 or CFMAP at 1-800-268-7708. Local emergencies are referred to Wing Duty Operations at 902-765-1494 local 568-5457.

En cas d'urgence, les familles militaires peuvent appeler Ligne d'information pour les familles militaires au 1-800-866-4546 ou PAMFC au 1-800-268-7708. Les urgences locales sont référées aux Opérations de l'Escadre au 902-765-1494 poste 568-5457.

Wishing all our military and veteran families a wonderful Holiday season filled with love, laughter, and good cheer! We look forward to serving you in the New year!

Souhaitant à toutes nos familles militaires un merveilleux Noël rempli d'amour, de rires et de joie festive! Nous avons hâte de vous servir dans la nouvelle année!

December 16, 2024

Page 9

November 27, 144 Construction Engineering Flight, Pictou, Master Corporal Martin, left, was promoted to current rank by 14 Construction Engineering Squadron Commanding Officer Major Mandy Landolt, right.

Captain A. Ross

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MP ball cap: new era of comfort, professionalism

The Military Police (MP) ball cap is now authorized for wear by credentialed MP/MP Officers during the conduct of police duties, functions, training and operations. Throughout October and November, the MP ball cap will be distributed to MP detachments across Canada and abroad.

The optional headdress, designed to be worn with MP duty gear, addresses the need for safety and comfort of MPs in the unique environments the Canadian Armed Forces operate in. Stemming from feedback from personnel, the importance of this optional item was apparent.

The design, with the 360-degree police markings and distinctive red trim on the brim, allows MPs to be recognizable from many angles to both the public and other law enforcement agencies.

It is crucial to note the MP ball cap is a controlled item, issued to each member based on insights from the Mass Casualty Commission. Members are accountable for this item, similar to other components of their uniform. MP/ MPOs will still have their distinctive red berets available for wear with other orders of dress, including the occupational patrol dress. Future updates, including a new design for a new MP operational headdress, are anticipated. ➔



Members of 24 Military Police Flight here at 14 Wing Greenwood, including Sailor First Class Eric MacRae, left, and Sergeant Ryan Stokes, received their new ball cap headdress mid-November.

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Next steps for 14 CES

November 26 to 29, 2 Wing Bagotville Commander Colonel Steeve Belley, accompanied by Deputy Commander Lieutenant-Colonel Danny Gagné-Rainville and 2 Mission Support Squadron Commanding Officer Lieutenant-Colonel Isabelle Rochon; visited Greenwood and Bridgewater to meet 14 Wing Greenwood Commander Colonel Luc Vachon, and 14 Construction Engineering Squadron (CES) Commanding Officer Major Mandy Landolt. The visit marked the official transfer of 14 CES from 14 Wing to 2 Wing.

2 Wing now has two specialized construction engineering squadrons, with 4 CES, located in Cold Lake. This reorganization also supports 2 Wing's commitment to Royal Canadian Air Force expeditionary operations.

14 CES includes four units: 91 Construction Engineering Flight (CEF) in Gander, Newfoundland and Labrador; 192 CEF in Aldergrove, British Columbia; and 144 CEF in Pictou and 143 CEF in Lunenburg, both in Nova Scotia. 14 CES' headquarters is also in Lunenburg. 14 CES specializes in recruiting, training and deploying highly skilled Reserve personnel in construction engineering and logistical support. 14 CES has a particular specialization in the construction of expedient shelters, allowing RCAF and Canadian Armed Forces to quickly deploy essential infrastructure to protect equipment and personnel in challenging environments.

"This transfer represents a new chapter for 14 CES, and we are thrilled about the opportunity to work more closely with 2 Wing to further strengthen our collective ability to support rapid deployments and operational readiness," said Landolt. ➔

Happy Holidays

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14 Wing Greenwood Colonel Luc Vachon, right, and 2 Wing Bagotville Colonel Steeve Belley, left; stand with 14 CES commanding officer Major Mandy Landolt, second from left, and 14 CES Master Warrant Officer Noel Martin. Landolt and Martin brought a plaque with them November 28, as their unit was ceremonially reallocated from 14 Wing to 2 Wing. The plaque denotes 14 CES' former existence as 14 Airfield Engineering Squadron, and its June 2001 Canadian Heraldic Authority designation.

Corporal M. Vandenbroek, 14 Wing Imaging

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Sky Hard: 14 Wing Greenwood – Taking missions to new heights

Colonel Luc Vachon & Chief Warrant Officer Jonathan Proulx

This holiday season, as we reflect on the year at 14 Wing, let's take a page from Die Hard's John McClane and applaud your resilience in the face of every challenge. Just as McClane fought tirelessly through Nakatomi Plaza, you've shown unyielding commitment in your hard work and mission focus.

Your dedication and professionalism has enabled us to consistently produce reliable, mission-ready forces capable of executing search and rescue operations, while achieving success in both domestic and international long-range patrol missions. Let's face it: just as McClane couldn't do it alone, none of our accomplishments this year would have been possible without the invaluable support of the entire 14 Wing community - including the crews, those providing mission and operational support, air maintenance, training, force development, community services and, most importantly, our families.

Together, we are preparing 14 Wing for the future by planning the implementation of new fleets, such as the CC295 Kingfisher, CP8A Poseidon, MQ9B SkyGuardian and the CH149 Cormorant Mid-Life Upgrade; while maximizing our effectiveness through modern digital

tools and processes. By working together and persevering as one collective enterprise, we are confident 14 Wing will stand out among our peers and help ensure the RCAF continues to achieve operational advantage as an agile, integrated and inclusive air and space force.

We would like to thank all of you for your leadership, teamwork and dedication over the past year. We are truly grateful, privileged and honoured to serve alongside the 14 Wing Defence Team. As the holiday season approaches, please keep those members who are away from home in your thoughts as you enjoy this time with your families and loved ones. We wish you a safe and happy holiday - Die Hard-style, of course, because, let's face it: Die Hard is absolutely a Christmas movie!

Yippeeeee Ki-Yay!
IT'S THE
HOLIDAYS!



Piège du cristal : 14e Escadre Greenwood – Porter les missions à de nouveaux sommets

Colonel Luc Vachon et adjudant-chef Jonathan Proulx

En cette période de fêtes, alors que nous réfléchissons à l'année écoulée à la 14e Escadre, prenons exemple sur John McClane de Piège de cristal et applaudissons votre résilience face à tous les défis. Tout comme McClane s'est battu sans relâche sur la place Nakatomi, vous avez fait preuve d'un engagement sans faille en travaillant dur et en vous concentrant sur votre mission.

Votre dévouement et votre professionnalisme nous ont permis de produire en permanence des forces fiables, prêtes pour la mission et capables d'exécuter des opérations de recherche et de sauvetage, tout en réussissant des missions de patrouille à long rayon d'action, tant au niveau national qu'international. Soyons réalistes : tout comme McClane ne pouvait le faire seul, aucune de nos réalisations de cette année n'aurait été possible sans le soutien inestimable de l'ensemble de la communauté de la 14e escadre - y compris les équipages, ceux qui fournissent un soutien aux missions et aux opérations, la maintenance aérienne, la formation, le développement des forces, les services à la communauté et, surtout, nos familles.

Ensemble, nous préparons la 14e Escadre pour l'avenir en planifiant la mise en œuvre de nouvelles flottes, telles que le CC295 Kingfisher, le CP8A Poseidon, le MQ9B SkyGuardian et le CH149 Modernisation à mi-vie du Cormorant, tout en maximisant notre efficacité grâce à des outils et des processus numériques modernes. En travaillant ensemble et en persévérant en tant qu'entreprise collective, nous sommes convaincus que la 14e Escadre se distinguera de ses pairs et contribuera à faire en sorte que l'ARC continue d'obtenir un avantage opérationnel en tant que force aérienne et spatiale agile, intégrée et inclusive.

Nous tenons à vous remercier tous pour votre leadership, votre travail d'équipe et votre dévouement au cours de l'année écoulée. Nous sommes vraiment reconnaissants, privilégiés et honorés de servir aux côtés de l'équipe de défense de la 14e Escadre. À l'approche des fêtes de fin d'année, nous vous prions de penser aux membres qui sont loin de chez eux et de profiter de cette période avec leurs familles et leurs proches. Nous vous souhaitons de bonnes vacances, en toute sécurité, à la manière de Piège de cristal, bien sûr, car, avouons-le, Piège de cristal est absolument un film de Noël !

Yippeeeee Ki-Yay!
C'EST LES
VACANCES !





2024 holiday events

December 17 to January 5



Contact facilities for info on registration, any fees or further details:

- 14 Wing Greenwood Fitness & Sports Centre 902-765-1494 local 568-5997
- Community Recreation 902-765-1494 local 568-5341
- Greenwood Bowling Centre 902-765-1494 local 568-5631 or 14winggbc@gmail.com
- 14 Wing Aquatics 902-765-1494 local 568-5997 or 568-5341

Register for Community Centre activities by scanning the QR Code



@14WingGreenwoodPSP
@PSPGreenwoodCommunityRecreation
@14WingGreenwoodBowlingCentre
@14WingGreenwoodAquaticsPSP

Location	17	18	19	20	21	22
Greenwood Gardens Arena Community Centre Greenwood Bowling Centre Fitness & Sports Centre				10:30-11:30 parent & tot swim 11:45-1 military lane swim 5-6 public skate 5-7 public swim 5-10 glow bowling Santa party 6-8 Gingerbread House Activity	8:30-9:30 parent & tot skate 11-noon parent & tot swim 12:15-2:15 public swim 3-4 public skate 3-9 glow bowling	8:45-9:45 parent & tot skate 11-noon parent & tot swim 12:15-2:15 public swim 1-5 glow bowling 2:30-3:30 open lane swim 4-5 public skate
9:45-10:45 parent & tot skate 10-noon gagaball 10-3 family facility drop-in 11-noon parent & tot swim 12:15-1:15 military/ adult lane swim 12:30-2:30 youth drop-off (skating) 1-2 public skate 1:30-3:30 public swim 3-5 family facility drop-in 3-9 glow bowling 6-7 open lane swim	4 family Mass, Queen of Heaven Chapel 10-midnight Mass, Queen of Heaven Chapel 	11 Christmas Day Mass, Queen of Heaven Chapel 	9:45-10:45 parent & tot skate 10-noon laser tag 10-3 family facility drop-in 11-noon parent & tot swim 12:15-1:15 military/ adult lane swim 1:30-3:30 public swim 3-9 glow bowling 5-6 public skate 6-7 open lane swim 	8:30-9:30 parent & tot skate 11-noon parent & tot swim 12:15-2:15 public swim 3-4 public skate 3-9 glow bowling 	8:45-9:45 parent & tot skate 11-Sunday Mass, Queen of Heaven Chapel 11-noon parent & tot swim 12:15-2:15 public swim 2:30-3:30 open lane swim 3-9 glow bowling 4-5 public skate	
9:30-10:30 parent & tot skate 10-3 family facility drop-in 11-noon parent & tot swim 12:15-1:15 military/ adult lane swim 1-2 public skate 1:30-3:30 public swim 3-5 youth drop-off (bowling) 3-9 glow bowling 6-7 open lane swim		Jan 1 Happy New Year! 	10-3 family facility drop-in 3-9 glow bowling 	11-noon parent & tot swim 12:15-1:15 military/ adult lane swim 1:30-3:30 public swim 4-8 family facility drop-in 5-6 public skate 6-7 open lane swim	11-noon parent & tot swim 12:15-2:15 public swim 3-4 public skate 	8:45-9:45 parent & tot skate 11-noon parent & tot swim 12:15-2:15 public swim 2:30-3:30 open lane swim



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NCMs show off wing work

Royal Canadian Air Force Command Chief Warrant Officer Renee J. Hansen visited 14 Wing Greenwood December 4, taking the opportunity to tour a number of units with local chief and master warrant officers and familiarizing herself with the various capacities of the wing.

Corporal B. Webb-Brown, 14 Wing Imaging

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Freewill offering.
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Free skating

The Kingston Lions are sponsoring free public skating at the Credit Union Centre Arena.
Complimentary hot chocolate and coffee provided!
December 28, 12:15 p.m. to 1:45 p.m.
December 31, 3:30 p.m. to 5 p.m.
January 2, 1:30 p.m. to 3 p.m.

Saturday breakfast

January 11, 8 a.m. to 10 a.m.
Join friends at the Lions Hall for breakfast (scrambled eggs, pancakes, toast, sausages, ham, hashbrowns and drinks).
Cost: \$12 (\$6 for 12 years old and younger, and under 5 is free).

bravo zulu | promotions & presentations

14 Wing Imaging unless otherwise indicated.



November 29, Lieutenant Melanie Rustenburg, centre, was presented a Royal Canadian Air Force Commander's Commendation at the Hornell Center, 14 Wing Greenwood, by 14 Wing Commander Colonel Luc Vachon, left, with Wing Chief Warrant Officer Jonathan Proulx. The commendation recognizes her October 3 to December 15, 2023, work at the Canadian Forces School of Aerospace Control Operations, where she set a standard for new training that will have an effect across the RCAF, as trainees take what they've learned back to their bases and wings.

Corporal W. Pfnestl, Canadian Armed Forces Imagery Technician



November 28, Communications and Information Systems Flight Major Donald Ebsary, centre, was presented a Wing Commander's Commendation by 14 Wing Colonel Luc Vachon, left, with Wing Chief Warrant Officer Jonathan Proulx. Ebsary coordinated 14 Wing Greenwood's participation in a joint September 15 Battle of Britain parade and ceremony, hosted at 12 Wing Shearwater. The event was logistically significant, incorporating the Royal Canadian Air Force's centennial and with a number of dignitaries in the audience.



Warrant Officer Gaetan Roy, centre, was presented with a Wing Commander's Commendation at the Hornell Center, 14 Wing Greenwood, November 29; by 14 Wing Commanding Officer Colonel Luc Vachon, left, with Wing Chief Warrant Officer Jonathan Proulx. The commendation recognizes Roy's work coordinating the August 14 Wing change of command parade, which took place as Air Show Atlantic was being hosted. A number of special guests and dignitaries were in attendance to take in both the change of command and the weekend's air show, and base support and airfield assets and personnel were working to capacity.

Corporal W. Pfnestl, Canadian Armed Forces Imagery Technician



November 27, Warrant Officer O'Brien, centre, was promoted to current rank by 14 Construction Engineering Squadron Commanding Officer Major Mandy Landolt, left, with O'Brien's spouse, Christina Weagle.

Captain A. Ross



December 3, Aviator Trained Jack Furey, third from left, was advanced to the rank of corporal, one year ahead of schedule; by 413 (Transport and Rescue) Squadron Lieutenant-Colonel Mark Norris, second from left, with 413 Squadron Master Warrant Officer Nicholas Charlton, left; and family members present.



November 7, Captain Adam Gorman, centre, was promoted to the rank of major by 14 Operational Support Squadron Lieutenant-Colonel Garrett Milne, left, with Chief Warrant Officer Gregory Huizinga.



Imagery technician Master Sailor Jeremy Morris, centre, was promoted October 29 to current rank by Deputy Wing Commander Branch Lieutenant-Colonel Dev Paquette, left, with Chief Warrant Officer Jamie Vallis.



October 17, Captain Dave Pearson, centre, was named 413 (Transport and Rescue) Squadron's Tusker of the Quarter by Lieutenant-Colonel Mark Norris, left, with Chief Warrant Officer Steve Bates; in recognition of his outstanding dedication and work for 413 Squadron.



Master Warrant Officer Gaetan Roy, second from right, was promoted to current rank at the Hornell Center, 14 Wing Greenwood, November 29; by 14 Wing Commanding Officer Colonel Luc Vachon, left, with Wing Chief Warrant Officer Jonathan Proulx, right, and Roy's partner present.

Corporal W. Pfnestl, Canadian Armed Forces Imagery Technician



Aviator Trained Kaitlyn Arsenault, centre, was promoted to the rank of corporal December 3 by 413 (Transport and Rescue) Squadron Lieutenant-Colonel Mark Norris, left, with Master Corporal Dallas Arsenault, second from right, and 413 Squadron Master Warrant Officer Nicholas Charlton.



October 11, Sergeant Bruce Ramsay, second from left, was promoted to current rank by 404 (Long Range Patrol and Training) Squadron Lieutenant-Colonel Alex Gignac, left, with Honorary Colonel Judy Rafuse, second from right, and Acting Chief James Arsenault.

Master Corporal S. Arcand, Canadian Armed Forces Photo



October 15, Corporal Carole Ross was appointed master corporal by 14 Wing Deputy Wing Command Squadron Major Damon Murray, left, with Chief Warrant Officer Jamie Vallis, right; in the presence of her family, at 14 Wing Greenwood headquarters.



October 15, Corporal Michael Dooley, centre, was presented the Special Service Medal Expedition Bar by 14 Operational Support Squadron Lieutenant-Colonel Garrett Milne, left, with Chief Warrant Officer Gregory Huizinga.



October 15, Captain Trevor Porteous, centre, was presented a Canadian Forces Commissioning Scroll by 14 Operational Support Squadron Lieutenant-Colonel Garrett Milne, left, with Chief Warrant Officer Gregory Huizinga.



October 15, Captain Richard Wilson, centre, was presented the Canadian Forces Decoration First Clasp by 14 Operational Support Squadron Lieutenant-Colonel Garrett Milne, left, with Chief Warrant Officer Gregory Huizinga.



October 11, Sergeant Alex Mailloux, second from left, was promoted to current rank by 404 (Long Range Patrol and Training) Squadron Lieutenant-Colonel Alex Gignac, left, with Honorary Colonel Judy Rafuse, second from right, and Acting Chief James Arsenault.

Master Corporal S. Arcand, Canadian Armed Forces Photo



October 18, Master Corporal Heather Pettipas, centre, was appointed to current rank by 405 (Long Range Patrol) Major Greg Myers, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



October 15, Major Donald McLellan, centre, was presented the Special Service Medal by 14 Operational Support Squadron Lieutenant-Colonel Garrett Milne, left, with Chief Warrant Officer Gregory Huizinga.



October 15, Lieutenant Melanie Rustenburg, centre, was presented a Canadian Forces Commissioning Scroll by 14 Operational Support Squadron Lieutenant-Colonel Garrett Milne, left, with Chief Warrant Officer Gregory Huizinga.



October 15, Private Jacob Hopper, centre, was promoted to the rank of aviator by 14 Operational Support Squadron Lieutenant-Colonel Garrett Milne, left, with Chief Warrant Officer Gregory Huizinga.



October 16, Master Corporal Crystal Cox, centre, was presented a 14 Air Maintenance Squadron commanding officer's coin by Lieutenant-Colonel Eric Travis, left, with Chief Warrant Officer Randy Halvorsen; in recognition of her outstanding commitment to the Squadron.



October 18, Corporal Tyler Gerard, centre, was advance promoted by 12 months, due to his dedication and hard work, to current rank by 405 (Long Range Patrol) Major Greg Myers, left, with Chief Warrant Officer Duane May.

Sergeant R. Beers



October 15, Corporal Carlos Arnoli, centre, was presented the Canadian Forces Decoration by 14 Operational Support Squadron Lieutenant-Colonel Garrett Milne, left, with Chief Warrant Officer Gregory Huizinga.



October 15, Captain Craig MacLellan, centre, was presented a Canadian Forces Commissioning Scroll by 14 Operational Support Squadron Lieutenant-Colonel Garrett Milne, left, with Chief Warrant Officer Gregory Huizinga.



October 15, Private Colin Carroll, centre, was promoted to the rank of aviator by 14 Operational Support Squadron Lieutenant-Colonel Garrett Milne, left, with Chief Warrant Officer Gregory Huizinga.

Town hall opportunity to consider MFRC change, positive developments

Sara White,
Managing editor

Community engagement is underway, as 14 Wing Greenwood’s Military Family Resource Centre begins the transition of programs to Military Family Services.

“This is our first engagement - we wanted to come and hear from the community,” MFS associate director Kim Hetherington said December 3, during an evening town hall with GMFRC board members, 14 Wing leadership and the wing community. She was accompanied by Kara-Lee Casselman, MFS associate director.

After a day of meetings, and by the end of the town hall, Hetherington already had the contacts for a potential first volunteer, interested in the advisory council that will stand up in the new year to

give local feedback into MFS programs and services.

The GMFRC volunteer board announced in October it will relinquish Department of National Defence funding for MFS programs to Canadian Forces Morale and Welfare Services after a challenging year of staffing change and growing management burden. MFS will take on all staffing and operational responsibility, as it offers CFMWS’ “envelope” of programs supporting military and veteran families with relocation, work-related absences and illnesses, injuries and transitions to civilian life; along with mental health and intimate partner violence resources. The GMFRC board will change mandates, and entirely operate a childcare centre, with the ability to access provincial and national \$10-a-day-daycare funding.

“Same building, same services,” said GMFRC board chair Natasha Appolloni. “All the background the volunteer board was doing – human resources, hiring, financials - will be done by MFS.

“The advisory council becomes just that: advising. The GMFRC remains a not-for-profit, and, with our funds we have saved and from the wing, we plan to do our best to ensure success for the childcare centre and to support 14 Wing families during this transition.”

Hetherington expects MFS will have a senior manager in place in January, followed by focused hiring into the Spring for key positions that match prioritized programs. GMFRC staff will be invited to apply for positions with MFS, as a new employer. As the staff team builds, Hetherington said, more localized programs

outside MFS’ formal mandate, but supported by the advisory council, the wing and community; may be added, with partner support.

Casselman said changing times are a challenge for a 30-year-old MFRC board model in Greenwood, and in some other locations across the country, as family dynamics, connections with a military workspace and community, and the expectations of volunteer for entities with substantial budgets, responsibilities and time commitment have all evolved. Recruiting military family members to take on liability and fiduciary board roles has become harder.

Wing Chief Warrant Officer Jonathan Proulx will be an ex officio member of both the MFS advisory council and the GMFRC’s childcare centre board.

“Two organizations, co-located: the average 14 Wing member and family won’t know the difference,” Proulx said. “The advisory council will be critical to what we want communicated from the wing community to the MFS centre, and there will be checks and balances to get the right people, for the right reasons, on that council.”

14 Wing Colonel Luc Vachon encouraged military and family members with questions, or an interest in the MFS advisory council, to reach out. “I see a lot of positivity, and am extremely supportive, of the board’s decision to go with MFS. The wing chief and I had no oversight over the GMFRC before. We were observers, and the time and effort of our MFRC board – as volunteers – was huge. The money will be the same MFS funding into mandated

If you are interested in receiving information about the new military family advisory committee, contact mfsgreenwood@cfmws.com →

Holiday hours at 14 Wing Greenwood facilities

CANEX
December 18 to 20, 9 a.m. to 6 p.m.
December 21, 10 a.m. to 5 p.m.
December 22 closed
December 23, 9 a.m. to 6 p.m.
December 24, noon to 3 p.m.
December 25 and 26, closed
December 27, 9 a.m. to 6 p.m.
December 28, 10 a.m. to 5 p.m.
December 29, closed
December 30, 9 a.m. to 6 p.m.
December 31, noon to 4 p.m.
January 1, closed
January 2, 9 a.m. to 6 p.m.

14 Wing Greenwood Fitness & Sports Centre
December 20, 6 a.m. to 8 p.m.
December 21, 8:30 a.m. to 5 p.m.
December 22, 10 a.m. to 5 p.m.
December 23, 7 a.m. to 8 p.m.
December 24, 8 a.m. to noon
December 25 and 26, closed
December 27, 7 a.m. to 8 p.m.
December 28, 8:30 a.m. to 5 p.m.
December 29, 10 a.m. to 5 p.m.
December 30, 7 a.m. to 8 p.m.
December 31, 8 a.m. to noon
January 1 – closed
January 2 and 3, 7 a.m. to 8 p.m.
January 4, 8:30 a.m. to 5 p.m.
January 5, 10 a.m. to 5 p.m.

14 Wing Greenwood Fitness & Sports Centre – indoor pool
December 20, 9:15 a.m. to 10:15 a.m. – aquacise, 10:30 a.m. to 11:30 a.m. – parent and tot, 11:45 a.m. to 1 p.m. – military lane swim, 5 p.m. to 7 p.m. – public swim
December 21, 11 a.m. to noon – parent and tot, 12:15 p.m. to 2:15 p.m. – public swim
December 22, 11 a.m. to noon – parent and tot, 12:15 p.m. to 2:15 p.m. – public swim, 2:30 p.m. to 3:30 p.m. – open lane swim
December 23, 11 a.m. to noon – parent and tot, 12:15 p.m. to 1:15 p.m. – military/ adult lane swim, 1:30 p.m. to 3:30 p.m. – public swim, 6 p.m. to 7 p.m. – open lane swim
December 24 to 26 – closed
December 27, 11 a.m. to noon – parent and tot, 12:15 p.m. to 1:15 p.m. – military/ adult swim, 1:30 p.m. to 3:30 p.m. – public swim, 6 p.m. to 7 p.m. – open lane swim

December 28, 11 a.m. to noon – parent and tot, 12:15 p.m. to 2:15 p.m. – public swim
December 29, 11 a.m. to noon – parent and tot, 12:15 p.m. to 2:15 p.m. – public swim, 2:30 p.m. to 3:30 p.m. – open lane swim
December 30, 11 a.m. to noon – parent and tot, 12:15 p.m. to 1:15 p.m. – military/ adult lane swim, 1:30 p.m. to 3:30 p.m. – public swim, 6 p.m. to 7 p.m. – open lane swim
December 31, January 1 and 2 – closed
January 3, 11 a.m. to noon – parent and tot, 12:15 p.m. to 1:15 p.m. – military/ adult lane swim, 1:30 p.m. to 3:30 p.m. – public swim, 6 p.m. to 7 p.m. – open lane swim
January 4, 11 a.m. to noon – parent and tot, 12:15 p.m. to 2:15 p.m. – public swim
January 5, 11 a.m. to noon – parent and tot, 12:15 p.m. to 2:15 p.m. – public swim, 2:30 p.m. to 3:30 p.m. – open lane swim

26 Canadian Forces Health Services
December 18 to 20, 7:30 a.m. to 3:30 p.m. – sick parade with modified clinic schedule/ reduced service capabilities
December 21 to January 5 – closed
January 6 – regular operations resume
Reminder: *If you take prescription medication, ensure you have a sufficient supply to last from December 19 to January 6, until we resume normal operations January 6.*
Members who require medical attention outside of the modified hours should present to a local ER or walk-in clinic with your Blue Cross card. Follow-up with the CDU if you access any external services the next business day.

The Aurora Newspaper
December 17 through January 6 – closed
Facebook @TheAuroraNews
There will be no issue published December 23, 30 or January 6

14 Wing Greenwood Community Centre – office
December 24 to 26 – closed
December 31 and January 1 – closed

Greenwood Military Family Resource Centre
December 23 to January 3 – closed
January 6 – regular hours resume
If an emergency should arise, families are encouraged to contact Wing Duty Operations at 902-765-1494 local 568-5457 or the Family Information Line at 1-800-866-4546.

Health Promotion
December 23 through January 6 – closed

Greenwood Bowling Centre
December 20, 5 p.m. to 10 p.m. – glow bowling

December 21, 5 p.m. to 10 p.m. – Santa party
December 22, 1 p.m. to 5 p.m. – glow bowling
December 23, 3 p.m. to 9 p.m. – glow bowling
December 24 to 26 – closed
December 27, 3 p.m. to 9 p.m. – glow bowling
December 28, 3 p.m. to 9 p.m. – glow bowling
December 29, 3 p.m. to 9 p.m. – glow bowling
December 30, 3 p.m. to 9 p.m. – glow bowling
December 31 and January 1 – closed
January 2, 3 p.m. to 9 p.m. – glow bowling

Greenwood Gardens Arena
December 20, 5 p.m. to 6 p.m. – public skate
December 21, 8:30 a.m. to 9:30 a.m. – parent and tot skate, 3 p.m. to 4 p.m. – public skate
December 22, 8:45 a.m. to 9:45 a.m. – parent and tot skate, 4 p.m. to 5 p.m. – public skate
December 23, 9:45 a.m. to 10:45 a.m. – parent and tot skate, 1 p.m. to 2 p.m. – public skate
December 24, 25, 26 – closed
December 27, 9:45 a.m. to 10:45 a.m. – parent and tot skate, 5 p.m. to 6 p.m. – public skate
December 28, 8:30 a.m. to 9:30 a.m. – parent and tot skate, 3 p.m. to 4 p.m. – public skate
December 29, 8:45 a.m. to 9:45 a.m. – parent and tot skate, 4 p.m. to 5 p.m. – public skate
December 30, 9:30 a.m. to 10:30 a.m. – parent and tot skate, 1 p.m. to 2 p.m. – public skate
December 31 and January 1, closed
January 3, 5 p.m. to 6 p.m. – public skate
January 4, 3 p.m. to 4 p.m. – public skate
January 5, 8:45 a.m. to 9:45 a.m. – parent and tot

1 Dental Unit Department Greenwood
December 18 to 24 – sick parade 7:30 a.m., with modified clinic schedule/ reduced service capabilities
December 25 to 27 – closed
December 30 & 31 and January 2 & 3 – sick parade 7:30 a.m. with modified clinic schedule/ reduced service capabilities
January 6 – regular operations resume

Note:
a) Members presenting for dental sick parade and scheduled appointments are to call dental reception at 902-765-1494 local 568-5241 upon arrival to be escorted as the hospital doors will be locked from 21 December 21 to January 5.
b) Members who require urgent dental care outside of clinic hours may contact the duty dental personnel at 902-840-0112.

Greenwood men’s, women’s powerlifters bring home top regional results

November 19, 14 Wing Greenwood’s own Bar Benders competed at the Canadian Armed Forces’ Atlantic powerlifting regionals, hosted by CFB Gagetown. There was no shortage of success for local lifters.

Men’s 121+ kilogram
First - Sergeant Jeff Baker – squat 290, bench 190, deadlift 322.5 for a 802.5 kilogram total and 456.18 points.

Third – Corporal Brandon Savage –squat 210, bench 135, deadlift 225 for a 612.5 kilogram total and 344.48 points.

Men’s 105 kilogram
Second - Second Lieutenant Josef Ouellet – squat 215, bench 137.5, deadlift 235 for a 587.5 kilogram total and 355.15 points.

Third - Captain Colton Burke – squat 185, bench 135, deadlift 232.5 for a 552.5 kilogram total and 330.76 points.

Men’s 93 kilogram
First - Sergeant Jarret Taylor – squat 215, bench 132.5, deadlift 217.5 for a 565 kilogram total and 357.34 points.

Third - Corporal Mathew Villeneuve – squat 155, bench 117.5, deadlift 187.5 for a 460 kilogram total and 291.95 points.

Men’s 83 kilogram
First - Corporal Kyle McDonald – squat 140, bench 85, deadlift 165 for a 390 kilogram total and 273.07 points.

Women’s 85+ kilograms
First - Major Melissa Bryan – squat 97.5, bench 57.5, deadlift 130 for a 285 kilogram total and 247.35 points.

Women’s 69 kilogram
First - Master Corporal Sarah Landry – squat 125, bench 65, deadlift 160 for a 350 kilogram total and 359.33 points.

Additionally, the men’s best lifter overall is Baker and the women’s best lifter overall is Landry.

“After months and months of lifting heavy and bringing exceptional work ethic to each practice, it’s ironic that they now have to carry all that weight around their necks coming home,” says Bar Benders coach Mackenzie Beattie. “Well deserved.”



Master Corporal Sarah Landry, right, was the 2024 Atlantic powerlifting regionals best women’s lifter.



Sergeant Jeff Baker, right, was the 2024 Atlantic powerlifting regionals best men’s lifter.



Corporal Kyle McDonald was first in the men’s 83-kilogram division at the 2024 Atlantic powerlifting regionals.



Corporal Mathew Villeneuve was third in the men’s 93-kilogram division at the 2024 Atlantic powerlifting regionals.

Corporal B. Bodo, CFB Gagetown Imaging

Military members interested in competing or learning about the base powerlifting team, the Bar Benders, are welcome to attend practices Tuesdays and Thursdays, 10 a.m. to 11:30 a.m., at the Fitness & Sports Centre.

For information, contact head coach Mack Beattie, mackenzie.beattie@forces.gc.ca or assistant coach Sergeant Jeff Baker, jeff.baker@forces.gc.ca →

14 Wing Chapel Christmas Services

St. Mark’s Chapel
All St Mark’s Services will be in-person

8 December | 2 p.m. • Christmas Family Service: the Christmas story, the Canadian Military Wives Choir Greenwood, interactive activities, including cookie decorating and Christmas card making
24 & 25 December | No Service Christmas Day
1 January 2025 | No New Year’s Day Service

Queen of Heaven Chapel
All Queen of Heaven Chapel Services will be in-person and will also be live-streamed through the Queen of Heaven Facebook page.

11 & 12 December | 6:30 p.m. to 7:30 p.m. | confessions
23 December | 10:30 a.m. to 11:30 a.m. | confessions
24 December | 4 p.m. • Family Mass
24 December | 10 p.m. • Midnight Mass
25 December | 11 a.m. • Christmas Day Mass
29 December | 11 a.m. • Sunday Mass

During silent hours over the holidays, the Duty Chaplain will be available on call 24/7 and may be reached through Wing Operations at 902-765-1494 local 568-5457.

Kingston Legion Br 98 EVENTS

Office 902-765-4920 • Bar 902-765-4428 • Fax 902-765-2479
E-Mail legion98sect@eastlink.ca • Facebook: Kingston Legion Br.098

WEEKLY EVENTS

Saturdays – Meat Draw and Chase the Ace
Sundays – Bingo – 1pm (Doors open at 11am). Everyone is welcome.
Monday – Monday Night Darts at 7pm
Tuesday – Tuesday night Darts at 7pm | **Crokinole league** 6:30pm every 2nd Tuesday
Wednesdays – Veteran’s Social – 10am – All Veterans are Welcome.
Have a coffee and a snack & meet other Veterans | **Euchre** – 7pm
Thursdays – Thursday Night Darts – 7pm | **Thursday Nights Crib** – 7pm
Fridays – Friday Night Darts – 7pm
Foot Clinic Care – Call Heather at 902-300-3559 to book an appt.
OP Vet Build – takes place on the 2nd and 3rd Fridays of the Month – 9am
If you have any questions or you are interested in participating, please send a message or an RSVP to: rc198.opvetbuild@gmail.com
KASA (Kingston Area Seniors Association) **Fun Days** – Every 2nd and 4th Friday afternoon of the month in the Lounge – Come out and enjoy games, cards, friendly talk and light refreshments – Guests – \$2 drop-in fee.

UPCOMING EVENTS

NYE Dance – December 31st – DJ High Energy – Tickets are now available at the bar – Cost: \$25 each – Ticket includes party favours, a glass of champagne & light snack – Shuttle Service for a Ride Home Available (Berwick to Middleton)
Dress – Semi-Formal – No Jeans – Open to the Public
New Year’s Day Levee – January 1st – 11am - 1pm – Join us in welcoming 2025!
Community Breakfast – January 4th | 8am-10am (or until we run out of food)
Free Will Offering – All Welcome
Dance – January 25th – Route 12 – 8-Midnight – \$10 per person – All Welcome.

Support the Kingston Legion by buying 50/50 tickets on-line at: rafflebox.ca/raffie/rc1ns
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Wolverines claim N.S. gold after extraordinary season



The West Kings Wolverines capped a phenomenal 48-1 season, securing provincial gold December 7 and showcasing their determination on the volleyball court.

Entering the season with grit and a roster brimming with potential, the Wolverines set the tone early, finishing regular season play with a 37-1 record. They took first place in notable tournaments at Horton, Sackville and Parkview schools, as well as the Dal Classic. Their single setback of the season came during their own Halloween Classic, when they finished second in a tightly contested match against C.P. Allen High School.

The team rebounded, sweeping through regionals 6-0. This momentum carried them to the Division 1 boys' volleyball pro-

vincial championships, which they proudly hosted December 6 and 7. The tournament featured the province's top teams, including C.P. Allen, Dartmouth, Hants East, Woodlawn, Citadel, Cobequid Education Centre and Yarmouth.

In the championship match, the Wolverines delivered a dominant performance against Woodlawn, winning in straight sets 25-11 and 25-18.

For graduating players Emerson Gurney, Ethan Morse and Dylan Rubin, this victory was a moment of déjà vu, reminiscent of their 2021-22 provincial title run. For Jehu Rice, another graduating senior and a new addition to the Wolverines, the win was especially meaningful, marking a triumphant close to his high school volleyball career.

With only four graduating players, the Wolverines are poised for continued success in the 2025-26 season under the leadership of returning head coach Shelley Peach and assistant coaches Russell Peach and Mackenzie Archibald.

"It takes time and commitment from coaches and players to achieve a season like this. Not only are each of the team members great volleyball players, but they are also high academic achievers and great humans," says Shelley Peach. "I couldn't be more proud of this team."

The Wolverines' record-breaking season is a testament to their hard work, skill and unyielding team spirit, leaving a legacy that will inspire future players for years to come. ➔

What goes where, Christmas edition

Just about everyone loves Christmas. What's not to love? Family, food and, best of all, presents! Did you know our waste grows to 50 kilograms per person through December? That is approximately 25 per cent more than any other month of the year. What can we do to reduce that, and still enjoy the holiday season?

The first thing that can help is making - and sticking to - a list to avoid impulse buys. This is a great tip all year long, but especially this time of year. How about giving a gift of an experience, instead of something people don't need? Think of movie tickets, a gift certificate for a dinner out or a class in something they may have wanted to try, like yoga or painting. Shopping local is great

because things usually have less packaging, or try to chose products with less packaging.

Instead of buying plastic cutlery and disposable plates and cups, make a pact with family everyone will pitch in when it's time for clean-up. Cleaning up as you go and giving everyone a job takes pressure off the host, and creates less waste.

When it comes to decorating, make it a family affair. Have everyone get together and make decorations from things you already have at home.

Have a scarf you never wear but it's still in great shape? Wrap a present with it. Even colourful magazines you've read make great gift wrap - and then they can go right into recycling.

Holiday items disposal instructions, provided by Valley Waste (vwrm.com)

Ribbon, bows, string, shiny/ glitter wrapping paper - clear garbage bag or save to wrap future gifts

Paper wrap (only) - compost

Greetings cards - plain paper greeting cards - paper recycling; cards with glitter or other decorative materials - clear garbage bag

Cookie tins - container recycling blue bag or check online for lots of repurposing ideas

Jute string - compost

Candy wrappers and snack bags - clear garbage bag

Gift bags with a coating - clear garbage bag

Clementine boxes - the balsam wood boxes have staples in them so, unless you remove them, the box goes in your clear garbage bag. Try painting them and using them for storage, a doll's bed or a tray for your coffee table.

Christmas lights - clear garbage bag, or wait until Spring clean-up

Holiday wreaths - remove the wire, metal or plastic fastenings. Decorations or



lights that cannot be reused go in your clear garbage bag. Natural parts of the wreath which have not been painted, like pine cones, berries and evergreen branches; can be composted.

Christmas crackers - clear garbage bag

Disposal plates and cutlery - clear garbage bag. Most disposal plates contain plastic. Use reusable plates and cutlery to cut down on waste.

Clean aluminum foil and plates - recycling bag with containers

Plastic mesh bags - clear garbage bag

Paper napkins or paper towel - compost

Fridge clean outs - ensure jars are empty and clean. Remove packaging before disposal. Unopened food that is still good may be donated to the food bank or other charitable organizations.

You may have an amazing holiday season while taking care of the environment and limiting the waste you create. Happy holidays! ➔

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Seasons Greetings

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Connect with our office, or any one of our helpful agents to learn more about relocating to and from 14 Wing Greenwood!

The key to finding the perfect home for you

We are proud to provide our military personnel and their families with detailed information about services, programs, and activities here in Greenwood.

Whether you're newly deployed or are preparing for a new posting, we'll do our best to make sure you and your family enjoy the community to the fullest while we find the best home that works for you!

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 ROWAN DUPREY 639-999-8809 Greenwood	 SUSAN HENNESSEY 902-309-0292 Greenwood	 TIFFANI BALCOM 902-840-0454 Greenwood	 VANESSA DUPREY 902-804-0656 Greenwood	 VERONIQUE NAPIER-OUELLET 902-844-0465 Greenwood
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Christmas

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GREENWOOD



Submitted

Kingston Lions’ holiday traditions ready for the season

Pat Nixon

Kingston Lions have a number of holiday favourites planned in the next few weeks, and invite the community to come out and join them in music, food, fun and fellowship

As in past years, Kings West MLA and local entertainer Chris Palmer will be hosting his annual Musical Gift for the Upper Room Food Bank, with the assistance of the Kingston Lions Club, at 2 p.m. December 22 at the Kingston Lions Hall. Joining Palmer this year will be Rachel MacLean, Carson Fullerton, Payten Eisenhauer and the Canadian Military Wives Choir Greenwood. What a great way to get into the holiday spirit! This “Musical Gift” will raise funds for the food bank, as it depends on enough funds to help those experiencing food insecurity over the holidays, and into the winter months. The cost of concert admission is a freewill offering at the door, and a silent auction and 50/ 50 draw will be held in conjunction with the fundraising event. Canteen services will be available. The Kingston Lions Hall is wheelchair accessible.

The Lions’ annual Christmas Eve day breakfast is served up at the Kingston Lions Hall December 24, from 6:30 a.m. to 10:30 a.m. Lions recognize the work they do could not be done without the gener-



ous and ongoing support of the surrounding community and businesses, and they are truly grateful. Come out and enjoy pancakes, hash browns, scrambled eggs, sausages, ham, toast, muffins coffee, tea and juice for a freewill offering. Gather up your friends, family and co-workers and come out to this well-known and cherished Kingston tradition. Santa will be there, along with his elves!

Over the holidays, bring your family and friends out to the Credit Union Centre in Kingston and enjoy some free, fun holiday skating, courtesy of the Kingston Lions. Join Lions December 28 (12:15 p.m. to 1:45 p.m.), December 31 (3:30 p.m. to 5 p.m.) and January 2 (1:30 p.m. to 3 p.m.). Hot chocolate and coffee will be served, courtesy of the Lions.

Happy Holidays, Merry Christmas and Happy New Year to you and yours from your Kingston Lions! ➔

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Refer to WSO 4.1.12

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