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**the Aurora**

Vol. 45 No. 36      DECEMBER 2, 2024   NO CHARGE      [auroranewspaper.com](http://auroranewspaper.com)



The Royal Canadian Air Force's Bold Quest 2024 long range patrol detachment, on the tarmac at Camp Lejeune, North Carolina.

Submitted

# Bold Quest '24

## Building allied interoperability in digital warfare

**Captain David Houston-Goudge,  
405 (Long Range Patrol) Squadron**

Over 60 members from across the Royal Canadian Air Force's long range patrol community, led by 415 (Long Range Patrol and Force Development) Squadron, but including members from 407 (Long Range Patrol) and 405 (Long Range Patrol) squadrons; embarked on Bold Quest 2024.

The Bold Quest series of annual capability demonstration events have provided a "battle lab," in which allied nations have collaborated, pooled their collective resources and demonstrated new capabilities and tactics. The overall aim is to test new ideas and technologies and refine them in a fully interoperable environment.

This year, Camp Lejeune, a sprawling, 640-square-kilometre area of coastal North Carolina; served as the backdrop for a fictitious international crisis October 28 to November 6. Donovia, a hostile power bent on conquest, had invaded the allied nations of Arnland, Framland and Torrike. This set the stage for a simulated three weeks of running battles and contested amphibious landings, with 1,900 members from 16 nations acting together to thwart Donovanian aggression.

High above it all, the CP140 Aurora's role was to provide comprehensive surveillance, on demand. Using the aircraft's electro-optical (EO) turret, members were able to peer into the battlespace and give forces on the ground up-to-the-minute



Royal Canadian Air Force technicians work from the Camp Lejeune, North Carolina, airfield during Bold Quest '24, left; and conduct on-the-job-training in the CP140 Aurora's bomb bay.

updates on their opponents' movements. The CP140 also demonstrated its capabilities as a Link 16 node, integrating into the larger tactical picture. These critical capabilities allowed the CP140 to stand apart as Bold Quest 2024's premier reconnaissance aircraft, providing over 100 hours on-station over the course of 15 missions in support of our allies.

Though continual updates have been completed over its 45 years of service, the venerable Aurora is no longer able to



keep pace with the challenges of the future. New platforms are in the procurement process, such as the MQ9B Sea Guardian and CP8A Poseidon, which are true creatures of 21<sup>st</sup> century network-centric warfare. Though the future is bright, it will still be some years before they are fully crewed and mission capable. Until then, it will be the CP140 and her crews that will stretch that gap and provide the bridge to future multi-mission employment within Canadian long range patrol. ➔



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**6:30 p.m.**  
**Sunday, December 15**  
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Doors open 6 p.m.

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\* Canadian Military Wives' Choir  
\* Kingston and District School Choir  
\* Annapolis East Elementary School Choir

**SPECIAL GUEST**  
\* Chris Palmer

**FREE concert open to the public, military and families**

Food/ cash donations will be graciously accepted for the Upper Room Food Bank





## 14 Wing, community decks the mall with Festival of Trees December 7

The Valley is invited to view – and win! – a selection of festively-decorated trees Saturday, December 7, as 14 Wing Combined Charities hosts its annual Festival of Trees event at the Greenwood Mall.

Combined Charities is the 14 Wing Greenwood National Workplace Giving Campaign, comprised of events and challenges held for military and civilian members of 14 Wing and the community. Each year, Combined Charities raises funds and divides the results between local and regional charities identified by members (including school programs, food banks, minor sports, animal care, health services, youth organizations, veterans and military families and more). In 2023, Combined Charities raised and donated over \$40,000 in cash and in-kind collected food and supplies to non-profits in our community. As an example, nine \$1,000 donations were made to school food programs between Berwick and Middleton.

The Festival of Trees is the major campaign fundraising event, at which tabletop trees are decorated, adorned with gifts and raffled by ticket sales. Trees are decorated and donated by both units and squadrons at 14 Wing Greenwood and by interested



**14 Wing Greenwood's units, with community organizations and businesses, are preparing to deck the halls of the Greenwood Mall December 7, as the wing's Combined Charities campaign hosts the annual Festival of Trees public ticket raffle. Then-Lieutenant Mollie Davidson, Combined Charities' volunteer treasurer, shows off one of 2023's decorated and prize-laden themed trees.**

local businesses and organizations. The event also features a random prize tree, with a selection of donated items raffled off in hourly draws.

The event will be held at the Greenwood Mall, 963 Central Avenue. Tickets are 10 for \$5, in numbered envelopes corresponding to the purchaser's name and phone number. Two ticket-selling tables will be set up in the mall, at either end of the displayed trees, with tickets on sale between 11

a.m. and 2:45 p.m. The same tickets will be used for both the trees and the random prize draws. All decorated trees will be raffled at 3 p.m.; with prize draws on the hour from noon to 3 p.m. Winners do not have to be present to win. They will be contacted between 3 p.m. and 4 p.m., with pick up options.

If you would like to enter a tree or donate a prize, contact Sara White, sara.white@forces.gc.ca. ➔

File



**The wealth of information Doug Harrison is finding at Op VetBuild session in Kingston is coming from the program's model work, but more so from the people he's meeting.**



**Former avionics technician Keith Squires is working on a model of the Avro CF100 Canuck interceptor/ fighter, the first aircraft he ever touched many years ago at the CFB Borden base museum.**



**Denis Aucoin says the positive benefits of focusing on something in your own hands, are great reasons to try and pick up new skills.**

Officer Cadet L. Lascelle

## Building community over coffee, camaraderie in hands-on activity

### Op VetBuild's free programming more than a reason 'to get out of the house'

Officer Cadet  
Laura Lascelle

Whether it's trying your hand at a new hobby, picking up some tips and tricks to personalize your model, or simply having a chat over a cup of coffee, Kingston Royal Canadian Legion Branch 098's OP VetBuild initiative provides a supportive, stress-free environment for veterans, serving members, RCMP and their families to socialize - while learning a new skill.

This peer-to-peer initiative, first established in Ajax, Ontario, in 2019 by Craig Hood, RCL Nova Scotia/ Nunavut executive direc-

tor; has been adopted by branches all across Canada, including Kingston, which began offering the program in January. Thanks to support received from donations and the poppy campaign, the program is free.

Although the Legion has a variety of model kits available for participants to choose from, Anne Soanes-Bernard, Branch 098 volunteer, says individuals do not need to participate in model building to join the group. The program offers a variety of craft options, as well as games, tea and coffee.

"To get out of the house, sometimes you just need a reason," Soanes-Bernard

says. "This could be the reason. This is all provided for people to come out, and enjoy some company, some conversation and some coffee."

Some participants bring in their own hobbies to work on, including knitting or crocheting, while others spend time conversing over a game of crib. Ken Riles is currently putting together an impressive 4,000-piece Lego Cat bulldozer model.

If you're interested in trying your hand at model building, the group includes a few enthusiasts who are happy to share their knowledge. Doug Harrison, who initially joined himself to

meet new people, found a "wealth of information" in his fellow builders. He's now learning different painting techniques with the help of his peers.

Denis Aucoin, who discovered his love of model building while helping to repair his father's Bluenose ship model, enjoys trying out various painting techniques to give his models a more realistic look. He encourages other to give model building a try, as he finds it a great activity for the mind, providing something positive to focus on. It's also rewarding to discover new ways of adding details to your build and

sharing your knowledge with others.

"It's amazing what you can do when you experiment."

Keith Squires, a retired avionics technician, is working on his own exciting project, a model of the Avro CF100 Canuck interceptor/ fighter: "it was the first aircraft I ever touched." When Squires was in Borden, he was tasked with the restoration of the CF100 at the base's military museum. Now, he is challenging himself to create a detailed model of that first plane, using various parts made by hand and with the help of a 3D printer, as well as a

lot of research and pictures of the aircraft's interior parts. His endeavour will definitely be challenging: the parts Squires is working on for the wheelhouse are miniscule.


"I'm trying to make it as realistic as possible."

While Branch 098 intends to make the program an ongoing activity, it is also brainstorming ideas for further group programs – maybe cooking and painting classes, or even a craft or Lego-building program for military kids and their parents. Soanes-Bernard encourages anyone with suggestions to contact rcl98.opvetbuild@gmail.com. ➔



**Kingston Legion Operation VetBuild volunteers Brent Kerr, left; Anne Soanes-Bernard, Keith Squires and Denis Aucoin stand with the first recipient of their project's presentation model, a CP140 Aurora to 404 (Long Range Patrol and Training) Squadron Honorary Colonel (retired) Eric Wood.**

Acting Sub Lieutenant T. Rhuland



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**16 décembre.** Date limite pour le contenu éditorial et publicitaire : **11 décembre**

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## bravo zulu | promotions & presentations



Captain Nadine Landry-Hiltz, centre, was presented a Royal Canadian Air Force 100th anniversary commemorative toonie November 15 by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, left, with Chief Warrant Officer Andrew Elliott.



Sergeant Kent Billingham, centre, was presented a Royal Canadian Air Force 100th anniversary commemorative toonie November 15 by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, left, with Chief Warrant Officer Andrew Elliott.



Corporal Chad Adams, centre, was presented November 15 with the Special Service Medal – Expedition by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, left, with Chief Warrant Officer Andrew Elliott.



Warrant Officer Anthony Spittachine, centre, was presented November 15 with the Special Service Medal – Expedition by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, left, with Chief Warrant Officer Andrew Elliott.



Sergeant Alexandre Mailloux, second from right, was presented with their Sentinel patch November 15 by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, second from left, with Chief Warrant Officer Andrew Elliott, right; and Captain Kayla Colford.



415 (Long Range Patrol and Force Development) Squadron Master Warrant Officer Scott Simmons, centre, November 15 was presented a Wing Commander's Commendation for his role co-ordinating the successful preparation leading up to the 2024 Air Show Atlantic, held at 14 Wing Greenwood in August; by 14 Wing Greenwood Colonel Luc Vachon, left, with Wing Chief Warrant Officer Proulx.



Captain Emma Murphy, centre, November 15 was presented a VP international letter of appreciation for her initiative and leadership organizing the 2024 VP International Memorial Ceremony, held at 14 Wing Greenwood October 4; by for 415 (Long Range Patrol and Force Development) Squadron Master Michael MacSween, left, with Master Warrant Officer Ed Delorme.



Master Corporal Justin McKinney, centre, was presented November 15 with the Special Service Medal – Expedition by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, left, with Chief Warrant Officer Andrew Elliott.



Sergeant Alexandre Mailloux, centre, was presented November 15 with the Special Service Medal – Expedition by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, left, with Chief Warrant Officer Andrew Elliott.



Sergeant Jason Ross, second from right, was presented with their Sentinel patch November 15 by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, second from left, with Chief Warrant Officer Andrew Elliott, right; and Captain Kayla Colford.

14 Wing Imaging unless otherwise indicated.



415 (Long Range Patrol and Force Development) Squadron Master Warrant Officer Scott Simmons, centre, November 15 was presented a Royal Canadian Air Force 100th anniversary toonie coin recognition plaque by 14 Wing Greenwood Colonel Luc Vachon, left, with Wing Chief Warrant Officer Proulx.



Master Corporal Don Leynes, centre, November 15 was presented a letter of appreciation for dedicating his time to the CMMA PMO team, and for designing a new logo and coin for 415 (Long Range Patrol and Force Development) Squadron; by Major Michael MacSween, left, with Master Warrant Officer Ed Delorme.



Master Corporal Tyler Leslie, centre, was presented November 15 with the Special Service Medal – Expedition by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, left, with Chief Warrant Officer Andrew Elliott.



Master Corporal Justin Hayes, centre, was presented the Canadian Forces' Decoration by 404 (Long Range Patrol and Training) Squadron Deputy Commanding Officer Major Keith Tagg, left, with Chief Warrant Officer Andrew Elliott.

## MFRC restructuring ahead MFS aims to see Greenwood operation continues 'by families, for families'

Sara White,  
Managing editor

The Greenwood Military Family Resource Centre has been through a year of change - and there is more to come.

During the GMFRC's board of directors' annual meeting, held online October 28, chair Natasha Appolloni announced the board will relinquish responsibility for MFRC programs and services to Canadian Forces Morale and Welfare Services' Military Family Services. It aims to follow the recent transition of the Yellowknife MFRC to MFS.

"We are hoping for a seamless transition, so there is no break in services to our community, and an advisory committee will be stood up so the MFRC continues to be by families, for families," Appolloni said.

The GMFRC board will continue, but change to a not-for-profit, volunteer-run entity to operate a childcare centre.

14 Wing Greenwood Colonel Luc Vachon said the GMFRC's governance structure has worked well in the past, but challenges finding staff and volunteers more recently has "threatened the MFRC's ability to continue to deliver programs and meet the needs of families." And, wing leadership has had "little oversight into MFRC operations." Vachon says command team connections to peer wing-level command teams, higher chains of command and national-level MFS and CFWMS entities will be "a positive step.

"A major restructuring is required - and this change

### Town hall December 3 opportunity to hear more about MFRC changes

There will be a town hall Tuesday, December 3, at 6 p.m.; at the Annapolis Mess, where the Defence Team, families, veterans and the wider community are welcome to hear more about the move of the Greenwood Military Family Resource Centre from board of directors' to Military Family Services' operations.

14 Wing leadership, representatives of the GMFRC board and MFS will be in attendance with information on the change and steps ahead, and to answer questions.

is not being taken lightly," he said. "The current structure can no longer support a vision to serve our military community better, and be forward-thinking. We fully understand change brings uncertainty, but let's be clear: the wing chief warrant officer and I are fully committed to supporting this change, and we're confident it will be stronger.

"We recognize the dedicated and unwavering service of the board and staff, and their work connecting families. MFS offers no significant change, and this new change of governance is the best way forward for guidelines and funding, and ways the MFRC can be 'spot on' with programs."

Appolloni highlighted the challenges of the GMFRC through 2023/ 2024 in her chair's report. The centre's long-time executive director retired mid-year, and the board has been unsuccessful in finding a replacement. Centre staff has fallen from over 20 in program and support roles to under a handful. The board of directors' membership and the centre's volunteer pool has also been pinched.

She also touched on sev-

and we've had several professional development events to strengthen the board, including best practices and a compliance audit.

"We're doing our very best to provide services we can, and explore all the options."

Appolloni thanked the partners, stakeholders and volunteers from around 14 Wing and in the community who support the MFRC.

"Our goal is confident, connected military families. This year has challenged us like we never expected, and we thank you for all you have given."

The transition to an advisory committee and an MFS-run MFRC is expected to be complete by the end of March. Laurie Ogilvie, MFS' senior vice-president, was on the AGM call and said "conversations are happening" on bringing current GMFRC staff over to a new MFS-run operation, and plans are be-

### Financials

The financial statements presented were dated for the year ending March 31, 2024.

The GMFRC budgeted \$1,416,291 in revenue for the year, with an actual revenue of \$1,541,492. This included \$988,019 from DMFS funding, \$240,802 in program income, \$202,996 in supplemental funding and \$72 in fundraising.

Program costs for a range of offerings, including employment assistance, second language training, deployment supports, emergency child care, management and administration totaled \$231,985; \$10,327 under budget. Salaries and benefits were budgeted at \$867,135, and came in at \$897,232; overall expenditures came in at \$1,519,257, \$33,310 over budget.

The GMFRC ended 2023/ 2024 with a balance of \$824,960.

### Board elections

Taking the GMFRC board into the next year, and the transition to overseeing strictly the childcare operations, will be Natasha Appolloni, Laura Fox, Angie Publicover and Andrea Harris: all were up for re-election and acclaimed. There were no further nominations from the floor.

Laura Graham, who presented the slate of candidates, encouraged anyone interested in joining the organization to reach out for recruitment and training information. The board does not have to wait for an annual meeting to add to its numbers.

ing made to begin MFS-led community consultations. The current MFRC board will continue its changes to a body supervising a childcare service. ➔

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## Special visitor adds personal perspective to museum display

**Acting Sub Lieutenant Taylor Rhuland**

A very special visitor to the Greenwood Aviation Museum was able to read all about himself on a November 20 visit: George Zwaagstra visited the museum from Dartmouth, with his son and daughter-in-law. The Dutch immigrant was full of smiles and good jokes, as museum

society chairman and volunteer Ian Patrick gave them all a tour, including time viewing "Canadian Comfort," a month-long exhibit that includes the graphic story of Zwaagstra's early years in the Netherlands.

At the age of six, in 1940, Zwaagstra witnessed the German occupation of the Netherlands. For the next four years, he helped his parents

run their store. He remembered making bike deliveries, traveling up to 11 kilometres to deliver food and goods. He had no idea these deliveries were actually carrying secret messages from his father to members of the Dutch Resistance. It wasn't until 2010, during a visit to an old friend, Zwaagstra learned the truth about what he had been unknowingly delivering all those years. The friend, whose family had been supplied by his father's store, revealed her family had known the truth about the deliveries.

After the war ended, Zwaagstra and his family immigrated to Canada through Pier 21.

"During the period after the war, the country (the Netherlands) was a mess, and many families were thinking about 'what next,' each with different reasons to leave."

His older brother had arrived in Canada in 1950, and Zwaagstra, his younger brother, and their parents followed in 1951. For his family, immigration was a personal decision, and nothing more. In Canada, "George" quickly



George Zwaagstra was a special visitor to the Greenwood Military Aviation Museum November 20, making the trip from his home in Dartmouth to tour the museum and see "Canadian Comfort," a graphic panel story of his early years in German-occupied Netherlands and post-war immigration to Canada.

Acting Sub Lieutenant T. Rhuland

replaced his Dutch name, "Sjouke," as his Canadian friends struggled to pronounce it. Zwaagstra struggled to find a job that interested him and soon applied to the RCMP, the Halifax Police Department and the RCAF.

"At that time, the first one to contact me was getting me," Zwaagstra recalled.

To his good fortune, it was the RCAF. He enlisted as an electrician in 1954. He had

always had - and still has - a fondness for aircraft. He resigned in 1956, and to this day, he tears up with joy every time an RCAF aircraft flies overhead: it remains "such a beautiful sight."

A chapter from *Destination: Canada*, a graphic novel by the Consulate General of the Kingdom of the Netherlands about Dutch out-migration; includes Zwaagstra's story. The panels, a gift from the

original show at Pier 21, are on display at the Greenwood museum until December 6, mirrored by a display from local volunteers with Quilts of Valour, who make and present beautiful quilts to serving and veteran injured members of the Canadian military. Admission to the temporary exhibit, and the full museum, is free.

When asked what message he would want to pass on to future generations about his childhood during the war, Zwaagstra paused and replied, "I can't tell you."

"I wouldn't be able to, because it was a completely different world."

He went on to reflect that, during his years working and volunteering at Pier 21 and sharing his story with schools, he could never truly measure the impact his words had on his listeners. Still, he found purpose in knowing, at the very least, "one or two" at each presentation grasped the depth of his experiences. That understanding, he said, was all he could hope for - a small but meaningful connection with future generations. →



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## Electronics - where do they go?

In Nova Scotia, each person throws away 400 kilograms of garbage every year. Proper waste management at home, and here at 14 Wing Greenwood, isn't just something you should do; it is an absolute must! Every one of us should be doing everything we can to reduce, reuse, recycle.

It is also the law. Kings County By-Law 109 states electronic products specified by the Province of Nova Scotia are banned from landfill disposal sites. Even our members here at 14 Wing must follow this by-law.

Many parts of electronics are recyclable, and that's why the ban is in place. Recycle my Electronics is your national, not-for-profit organization providing trusted, proven program management for electronics recycling across Canada.

If our broken televisions, computers, monitors, stereos, printers, telephones and microwaves don't go in the garbage, where do they go? Have you noticed, when you buy any of these



**WING ENVIRONMENT**

items, there is a fee listed as EHF? Most things under the umbrella of electronics have an environmental handling fee. This fee is not a tax or a refundable deposit; it is reflective of the cost to recycle the materials contained in each product. It also covers collection, transportation and responsible recycling of end-of-life products. When you pay the EHF, those funds go to a not-for-profit called the Electronic Products Recycling Association (EPRA), created to encourage responsible recycling.

If you have an iPhone or android that still works, but you no longer need it, there are charities that will take them. One example is CNIB's Phone it Forward Program. If your phone is not modern enough to be accessible to users who are blind, they sell the phone and earnings will go to a

newer phone with the capability to help a user who is blind. The CBC posted a recent article about donating phones to the unhoused or those escaping violence.

You can even recycle hair cutting and drying appliances, shavers and alarm clocks. The list goes on and on! A little research goes a long way, so check out [recyclemyelectronics.ca/ns/what-can-i-recycle](http://recyclemyelectronics.ca/ns/what-can-i-recycle) for a full list of items.

Now, where can you take electronics for recycling? There are a few options, and they are all FREE:

- Greenwood Recycling Centre, 1070 Central Avenue
  - Beehive, 1119 Station Street, Aylesford
  - Carleton Bottle Exchange, 11 Prince Street, Lawrencetown
  - Western Management Centre, 343 Elliott Road, Lawrencetown
- It could not be any easier. There is no reason we should ever see electronics in a

garbage bin on 14 Wing, or in our household waste. We all must be diligent and do our part to make sure that doesn't happen.

Remember: it is your responsibility to clear any sensitive or personal data from electronic devices. Consult the manufacturer's website or owner's manual, or ask an expert, if you need a hand clearing your device. →

**14 Wing Recycling Dumpsters**  
**are for Sorted Plastics/ Containers and Paper/ Cardboard only.**

**Les bennes de recyclage de la 14<sup>e</sup> Escadre sont destinées uniquement aux plastiques/ contenants triés et au papier/ carton.**



Refer to WSO 4.1.12

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# THE NUTCRACKER ON ICE

**Presented by the Greenwood Skating Club**  
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# Festival of trees

## Ticket auction

**Greenwood Mall**

**December 7 | 11 a.m. to 3 p.m.**  
Public viewing and ticket sales  
Tickets 10 for \$5

14 Wing Greenwood squadrons, business and community partners will decorate trees with prizes and certificates **PLUS** hourly prize draws.

*All proceeds to local charities | AGD-345086-24*

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GREENWOOD MALL



Greenwood Dolphins Swim Club athletes were in the pool for their first competition of the indoor season November 3, attending the Novice and Nova Tech Swim Meet in Clare. The group included, back row from left, Alexis Miller, Hannah Banks, Izzie Mapplebeck, Aliya Girard, Caitlyn Wolfe, Lauren Powell, Adrien Godon, Emiliano Rivera and Andrew Peddle. Across the middle are Teagan Larson, Layla Warboys, Emily MacLean, Willow Melnick-McDonald, Connor Peddle, Hunter Valkenier, Isabella Green, Anna Herbin and Madelyn Vachon. In front are Ben Bell, Avalyn Girard and Victoria Vachon.

## Dolphins shine at Novice/ Nova Tech meet

The Greenwood Dolphins Swim Club made a splash at the Novice and Nova Tech Swim Meet held in Clare November 3. For many of our new and returning swimmers, this was their first competition of the year, and they showcased their hard work and dedication. It was also the first meet where assistant coach Hannah Banks took the helm, leading the athletes and other coaches, Alexis Miller and Andrew Peddle, at the pool.

The atmosphere was electric as young athletes took to the pool. Swimmers from the Novice and Nova Tech categories competed, with several achieving personal bests and meeting their goals to advance to higher levels. Moving from Participation to Level were swimmers Isabella Green and Izzie Mapplebeck, moving from Level 1 to Level 2 were Avalyn Girard, Caitlyn Wolfe and Emiliano Rivera ad, moving from Level 2 to Age Group were Adrien Godon and Lauren Powell.

Coaches and parents cheered enthusiastically from the sidelines, celebrating the achievements of each swimmer. The event not only highlighted individual successes, but also fostered a sense of camaraderie among team members, setting a positive tone for the rest of the season. Thanks to the dedicated volunteers, who gave their time as timers, referees and judges, the meet ran smoothly.

The Greenwood Dolphins are proud of all our swimmers, and look forward to exciting competitions ahead. ➔

## Bombers looking for hockey fun, food donations and fan support December 13

December 13, the 14 Wing Greenwood men's Bombers hockey team will host a charity game at 7 p.m. at the Greenwood Gardens Arena. Meeting the Bombers will be an all-star line-up of local Valley players who have played competitive hockey, including at Junior and university levels. It should be a highly-skilled, fast-paced game to help the Bombers prepare for CAF Atlantic regionals, January 20 to 24, here in Greenwood.

At last year's match against the 12 Wing Shearwater men's team, the Bombers raised 266 pounds of food and \$85 in cash for the Upper Room Food Bank in Kingston.

This year, they hope to surpass this amount, so please bring a food donation or a freewill offering for collection at the door. The team hopes to see a full arena and lots of support as everyone heads into the holiday season.

If anyone would like to volunteer with food/ cash collection at the door, or run the clock/ play music, etc., during the event; please reach out to Corporal Tyler Williams (tyler.williams@forces.gc.ca) or Major Michael Hiltz (michael.hiltz@forces.gc.ca). ➔



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## Planning, process, putting in the work McLean 'addicted' to seeing fruits of her bodybuilding labour

Sara White, Managing editor

Master Corporal Sandi McLean's progress at her fifth bodybuilding competition is "super rewarding.

"It's the process – I'm addicted to how your body changes. Backstage, everyone knows how much work goes into this and can really appreciate it. Of all my athletic endeavours, I think this now my favourite."

McLean, a human resources administrator with 14 Wing Greenwood, is a long-time swimmer and life-saving competition athlete, competing – and succeeding - internationally with the military CISM program. In the past few years, she's turned her focus to the discipline, planning and preparation involved with all the components of bodybuilding: diet, training, performance, calendaring and exercise.

Earlier this fall, she participated in two events. September 28, at the Canadian Physique Alliance Nova Scotia East Coast Championships in Halifax, McLean won gold in both the women's bikini masters 45+ and 35+ divisions, and silver in the women's bikini open class B (over 5'4") division. October 5, at the 2024 Canadian National Pro Qualifier in Toronto, she won silver in the women's bikini masters 45+ division - one spot away from making it to the Olympia.

McLean is now eying pro-qualifier options next summer – there's one in June in Toronto and another in August in Pittsburgh. She is already planning a 20-week prep program to prepare for which one she will decide to attend. That "building season" will include extra hours in the gym building muscle, and extra food to give her the energy to make it happen.

"I go hard, I'm super competitive – but I don't know how not to!" ➔



Master Corporal Sandi McLean had a successful Fall season as a bodybuilder, earning a combined two gold and two silver medals at East Coast and national competitions.

## Festive, family fun at St. Mark's December 8

Sunday, December 8, at 2 p.m.; families of any size are welcome to attend a Christmas service and spirit-of-the-season social at St. Mark's Chapel, Church Street, Greenwood.

Join in a festive family Christmas service at the chapel, including the telling of the Christmas story, joyful music to lift your spirits from the Canadian Military Wives Choir and interactive activities for children, including cookie decorating and making Christmas cards.

Bring your family and friends as we celebrate the joy and wonder of Christmas together. All are welcome. For more information, please contact Captain Kayla Colford, kayla.colford@forces.gc.ca or 902-765-1730. ➔

## CIS Flight ready for December 3 food drive

Tuesday, December 3, between 6:30 a.m. and 9 a.m., members of 14 Operations Support Squadron's Communications and Information Systems Flight will hold their annual food drive for the Upper Room Food Bank in Kingston.

CIS Flight volunteers will staff the three base entrance gates (main gate, from the Residential Housing Units' neighbourhood, and the back gate into the AOZ) and are happy to accept your food bank donations (non-perishable items or cash).

Thank you for your support! ➔

## classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 9 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/ or services advertised. To place a classified, contact 902-765-1494 local 568-5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 568-5833; email auroramarketing@ns.aliantzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

Les annonces classées doivent être réservées et payées à l'avance avant 9 h, le mercredi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 568-5699, visiter notre bureau au 61, School Road, annexe Morfee

à Greenwood, nous envoyer un courriel à auroraproduction@ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 568-5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

**APARTMENT FOR RENT**  
FOR RENT – Kingston Lincoln Shire Apartments – two bedroom, two appliances starting at \$1150-1200 per month plus utilities. Available December 7th. Please call 902-840-0683 or visit our website at www.bandnproperties.ca and apply online. (4536-1tp)

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Full name \_\_\_\_\_ Phone number \_\_\_\_\_

Complete the following questions from ads in the current issue and win a **\$20 coupon to play Friday Night BINGO** from **Aylesford & District Lions Club**. Coupons valid for 1 year. Age 17+ on regular games.


1. What business is bringing warmth home? \_\_\_\_\_
2. 14 Wing dumpsters are not for your... what? \_\_\_\_\_
3. How much is it to celebrate your birthday at McDonalds? \_\_\_\_\_
4. Who's having a free concert? \_\_\_\_\_
5. Who's taking over the mall on December 14? \_\_\_\_\_

**Congratulations to this week's winner: ASHLEY MILBURY**



**AYLESFORD & DISTRICT LIONS CLUB**

2160 Hwy 1, Aylesford  
Starts 7:00 pm Friday  
**902-847-9374**







The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email [auroraeditor@ns.aliantzinc.ca](mailto:auroraeditor@ns.aliantzinc.ca). Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis

### Kingston/ Greenwood toy drive

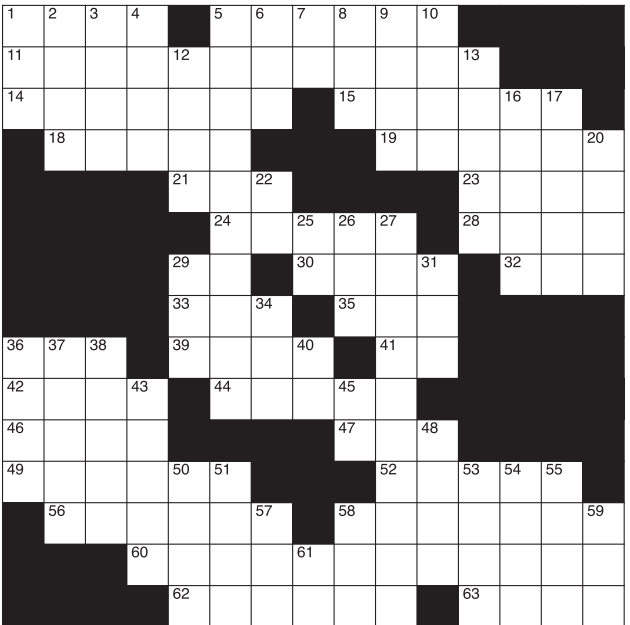
A community coalition in the Kingston/ Greenwood area will provide a holiday meal and toy hampers to families with children

d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse [auroraeditor@ns.aliantzinc.ca](mailto:auroraeditor@ns.aliantzinc.ca). Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédant la publication, à moins d'avis contraire.

facing economic challenges. Volunteers will hold toy drives December 5 and 6, 10 a.m. to 5 p.m., at Walmart; and December 13, 6 p.m. to 8 p.m., at the Kingston rink, in conjunction

## crossword

solution page 9



- ACROSS**
- 1. Absence of effort
  - 5. Preserve a dead body
  - 11. Gratitude
  - 14. The act of coming together again
  - 15. Simpler
  - 18. Visionaries
  - 19. Large, fish-eating bird
  - 21. Indicates near
  - 23. Former CIA agent and critic
  - 24. Icelandic poems
  - 28. Pop
  - 29. 'Hammer' is one
  - 30. Senses of self-importance
  - 32. Thyrotrophic hormone
  - 33. Not around
  - 35. Electronic data processing
  - 36. Licenses and passports are two types
  - 39. Snake-like fish
  - 41. Air Force
  - 42. Popular computers
  - 44. Of a withered nature
  - 46. Wings
  - 47. Used in combination
  - 49. Laid back
  - 52. Jeweled headdress
  - 56. In slow tempo
  - 58. \_\_\_ Falls
  - 60. Assertions made again
  - 62. Periods of history
  - 63. Hyphen
- DOWN**
- 1. Body part
  - 2. Mimics
  - 3. Expel large quantities rapidly
  - 4. Sea eagle
  - 5. A type of subdivision
  - 6. Variety of Chinese
  - 7. Mr. T's name on 'The A-Team'
  - 8. Consumed
  - 9. Chinese dynasty
  - 10. NFL great Randy
  - 12. Ireland
  - 13. Palm trees with creeping roots
  - 16. Fungal disease
  - 17. Impressionable persons
  - 20. Affirmative! (slang)
  - 22. Instinctive part of the mind
  - 25. 'The First State'
  - 26. A way to develop
  - 27. Fraternities
  - 29. Woman (French)
  - 31. Sunscreen rating
  - 34. Beer
  - 36. Spiritual leader
  - 37. Indigo bush
  - 38. Burn with a hot liquid
  - 40. Junior's father
  - 43. Ray-finned fishes
  - 45. Morning
  - 48. Line passing side to side through the center (abbr.)
  - 50. Double curve
  - 51. A small bundle of straw or hay
  - 53. Got older
  - 54. Crater on Mars
  - 55. Humanities
  - 57. Relating to the ears
  - 59. Residue of a burned product
  - 61. It cools a home

crossword brought to you compliments of



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with "Santa Comes to Kingston." Toys are also being collected at the Kingston and Greenwood village offices, Exit Realty and OK Tire.

### National Association of Federal Retirees Western Nova Scotia Branch Christmas dinner

December 3 is the deadline to RSVP for the National Association of federal Retirees Western Nova Scotia Branch Christmas dinner, which will be December 10 at 11:30 a.m. at the Kingston Legion (1472 Veterans Lane, Kingston). Enjoy turkey dinner for \$15, with music by Frank Dobbin. Bring a potential member along who hasn't joined the association yet so they can learn what we can do for them! To attend, email [naftr75@gmail.com](mailto:naftr75@gmail.com) (emails preferred) or call Carolyn/ Bill at 902-765-8590 after 1 p.m., by December 3. **Greenwood Players on stage** December 3 to 7, 7:30 p.m., the Greenwood Players Theatre Group present "Pygmalion: The Original My Fair Lady," by George Bernard Shaw. Directed by Rene Doucet Cotteau, produced by Zofya Handley Armstrong. Onstage at the Morfee Centre. Doors open at 6:30 p.m. and curtain up is 7:30 p.m. Tickets are \$5 at the door, or contact 902-824-2435 or

## horoscopes

### ARIES - Mar 21/Apr 20

Aries, if you work or spend time with an introvert, reach out to him or her and strike up a conversation. This person may only need a little nudge to become a good friend.

### TAURUS - Apr 21/May 21

Taurus, a friendly competition that may have started out lighthearted is now starting to transform into something a bit more competitive. Dial it back a bit.

### GEMINI - May 22/Jun 21

Gemini, things are starting to slow down in your life, and your to-do list has gotten shorter. Expect things to ramp up again soon enough, but enjoy the break for now.

### CANCER - Jun 22/Jul 22

This is a good week to begin something that you've been thinking about tackling, Cancer. You'll have pep in your step and others willing to lend a hand if it is needed.

### VIRGO - Aug 24/Sept 22

You need to be the driving force on a project that will pop up, Virgo. Even though you're not sure of your readiness for this type of work, you can give it a good attempt.

gmail.com to reserve.

### Youth art lessons

December 3 and 10, 4:30 p.m. to 5:30 p.m. 7Arts in Greenwood hosts youth art lessons, with new projects each week. Ages seven to 12, \$25/ lesson or \$100 for five classes. Register at [info@7Arts.ca](mailto:info@7Arts.ca).

### Festival du Livre

L'école Rose-des-Vents est heureuse de vous accueillir pour son festival du livre! Venez voir notre sélection de livres et articles scolaires le mercredi 4 décembre de 8h30 à 15h ainsi que le jeudi 5 décembre de 12h à 15h et de 18h à 20h à la bibliothèque de l'école. Votre support est grandement apprécié puisque les ventes aideront la bibliothèque à acquérir plus de ressources pour nos élèves. Pour information, contactez le secrétariat au 902-765-7100.

### Harmony in Motion

December 4, 11 and 18, 10 a.m. to 11:30 a.m., 7Arts in Greenwood hosts Harmony in Motion. Discover well being through our free therapeutic music-making and creative movement program. Designed specifically for older adults, including those with neurodegenerative conditions such as dementia and Parkinson's, our program combines the power of music and movement to enhance physical, emotional and cogni-

### LIBRA - Sept 23/Oct 23

Whatever you tackle this week, it shouldn't revolve entirely around money, Libra. Finances may have gotten in the way of things for some time; focus now on relationships.

### SCORPIO - Oct 24/Nov 22

Don't let a dream you had put you all in a tizzy, Scorpio. That was just your subconscious working through some things and not a prediction of things to come.

### SAGITTARIUS - Nov 23/Dec 21

Don't be shy about receiving credit for something that you did, Sagittarius. You deserve the recognition no matter how large or small the task. Celebrate all your victories.

### CAPRICORN - Dec 22/Jan 20

You may be coveting something of late, Capricorn. However, only when you stop actively wanting that thing or person will you finally get what you desire.

### AQUARIUS - Jan 21/Feb 18

Aquarius, your positive attitude is an asset in life. Even as challenges come your way this week, you can prove the naysayers wrong by maintaining your rosy outlook.

### PISCES - Feb 19/Mar 20

Pisces, standing up for yourself this week is challenging, but you need to do it to get your point across. Don't worry, you have many supporters in your corner cheering you on.

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[www.frasers.ca](http://www.frasers.ca)



tive health. To register, email [info@7Arts.ca](mailto:info@7Arts.ca).

### Fibre craft social group

December 4, 11 and 18, 6:30 p.m. to 8:30 p.m.: are you a fibre craft artist (knitting, crochet, cross stitch, embroidery, felting or rug hooking) that would like to meet like-minded individuals? Drop by 7Arts in Greenwood for our craft and chat group, Fun With Fibre. Everyone welcome! Freewill donation appreciated.

### Soldiers Memorial Hospital gift shop sale

December 5 and 6, between 10 a.m. and 4 p.m., the Carousel Gift Shop at Soldiers Memorial Hospital in Middleton is having its annual Christmas sale. Gift shop merchandise is 15% off AND tax-free!

### Memorial event marks violence against women

December 6, 6:30 p.m., community partners present an evening to mark the National Day of Remembrance and Action on Violence Against Women, to be held at Orchard Valley United Church, 130 Cornwallis Avenue, New Minas. Stand together, united in a commitment to end violence against women, and remember the women killed December 6, 1989. Featuring: labyrinth of reflection, guest pianist, guest speakers, refreshments, Canadian Military Wives Choir Greenwood, free child care (RSVP please). Freewill offering for Chrysalis House. Partnering with the Public Service Alliance of Canada.

### Veteran's coffee morning

December 6, 13 and 20, 9 a.m. to noon; 7Arts in Greenwood hosts the free Veteran's Lodge Buddy Check coffee, open to all Annapolis Valley veterans and serving members.

### Christmas market

December 7, 10 a.m. to 2 p.m., there will be a Christmas market at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road, Wilmot. Christmas crafts, baked goods, craft and cook-books, Christian calendars, DVBS crafts and costumes. Lots of Christmas gift ideas. Call 902-825-6179 for more info. All sales go to Wilmot Baptist Church.

### ArtBeat Lounge

December 7, 4 p.m. to 6 p.m., 7Arts in Greenwood hosts the ArtBeat Lounge, your ultimate playground for artistic expression! Whether you're into visual arts, music, dance or poetry, this is your space to shine. FREE for ages 13 to 17. Sponsored by the Mental Health Foundation. Pre-registration not required.

### Festival of Trees

December 7, 11 a.m. to 3 p.m., 14 Wing Greenwood Combined Charities hosts its fabulous Festival of Trees at the Greenwood Mall. Base units and community businesses and organizations will decorate and prize table-top

trees – all up for raffle (envelope of tickets is 10 for \$5). All tree draws at 3 p.m. There is also an hourly prize draw tree. You do not have to be present to win. All proceeds support 14 Wing's workplace giving program, which contributes between \$26,000 and \$40,000 of cash and collected donations to local and regional food, youth, health, family, veterans, animal welfare and community programs and services. To enter a tree or donate an hourly prize draw item, contact Sara, [sara.white@forces.gc.ca](mailto:sara.white@forces.gc.ca), or visit FB @14 Wing Combined Charities.

### MakerSpace

December 7, 14, 12:30 p.m. to 3:30 p.m. 7Arts in Greenwood hosts its regular MakerSpace: bring a project to work on, start something new or purchase one of our kits. Drop-ins welcome! Cost starts at \$10. Caregivers free.

### Holiday hymn sing

December 8, 6:30 p.m., join in a Christmas hymn sing at the Wilmot Baptist Christian Fellowship Centre, 208 Dodge Road, Wilmot. Refreshments to follow. Freewill offering. Call 782-492-0265 for information.

### Community drum circle – seniors

December 12, 1 p.m. to 2 p.m., 7Arts in Greenwood hosts HealthRHYTHMS, a community drum circle, free to seniors! Reserve your seat by emailing [mindfullymore@gmail.com](mailto:mindfullymore@gmail.com)

### Christmas carol concert

December 12, 7 p.m., all are welcome to enjoy an evening of Christmas songs and carols at All Saints Church, Kingston; with Frank Dobbin from Country Generations and organist Cheryl Van Der Pryt. Freewill offering.

### Christmas concert

December 13, 7:30 p.m., the Middleton Choral Society, directed by Andrew Cranston, accompanied by Beth Cranston, presents its Christmas concert "Listen, Listen!" in Middleton Baptist Church at 7:30 pm. Special musical guests will be Paradise Brass. Tickets are available from choir members or by calling 902-825-9433.

### Nutcracker on Ice

December 15, 1:30 p.m. to 2:30 p.m., the Greenwood Skating Club presents its 19th annual Nutcracker on Ice at the Greenwood Gardens Arena. This is a fun, holiday-themed, family afternoon. Admission is a freewill offering at the door.

### Blood donor clinic – Kingston

December 16, 1 p.m. to 3 p.m. and 5 p.m. to 8 p.m.; and December 17, noon to 3 p.m. and 5 p.m. to 8 p.m.; Canadian Blood Services will hold a blood collection clinic at the Kingston fire hall, 570 Sparky Street, Kingston. Book an appointment at [blood.ca](http://blood.ca)

## Greenwood skaters' efforts paying off as season underway

Greenwood Skating Club skaters have had a strong start to the season. Since early September, they have been working hard to reach their competition goals. November 22 to 24, five skaters from our club competed in the Robert McCall Memorial Competition (RMM), hosted by the St. Margaret's Bay Skating Club, and their hard work paid off.

Along with performances from Leela Dietert (Star 5 Women and Star 7 Artistic) and Zara Kenley (Pre Novice-Women's Short and Pre Novice-Women's Long); three Greenwood skaters medaled at the RMM.

Cassie Johnson, skating for 14 years and who has competed at RMM for 10 years, earned a silver medal in her Star 6 Women's program. Her favourite part of competitions is getting ready, which also includes off-ice work and visualizing her program. She believes all of those things help her succeed.

Layla Brewer, skating for 11 years and at her third RMM, earned a silver medal in the Star 7 Artistic. Initially, she was presented a bronze medal; however, coaches

noticed an error in the data entry: a missed element from the judges' sheets. Brewer was presented with her silver at her next practice.

"When I prepare for any competition, I always do a full warm-up to get my body prepared, and I review what I maybe didn't do so good on last time and focus on improving it this time!" she says. "I like to listen to my program music and practice my choreography off-ice, while visualizing what my timing and program feels like. Off-ice jumps and spins are essential as well."

Emily Cuming, the newest skater of the three, has been skating for just over two years. This was her first RMM, and she earned a bronze medal in Star 4.

"I'd say my training the week before a competition is less strenuous than my regular training because I want to avoid injury or sore muscles before a competition," she says. "I have an off-ice warm up that I complete before every practice, as well as group off-ice training with coaches once or twice a week."

When asked what her favourite part of competitions

is, Cuming says, "the end results."

"Even if they aren't what I hoped for or expected, it feels good to have it done and over with because I usually feel stressed the week leading up to competing."

The girls' experiences – and results - show there is a lot of thought, planning and practicing that goes into the sport to get ready to compete, and the skaters are putting in the work. In fact, the Star 4+ girls practice three times a week and have two off-ice sessions, totaling 6.5 hours of practice per week!

What's next? All Greenwood skaters are practicing their parts for the 19<sup>th</sup> Nutcracker on Ice, December 15, from 1:30- p.m. to 2:30 p.m.; at the Greenwood Gardens. The show is something everyone looks forward to, and includes all skaters - from the newest pre-Can Skaters to the gold level star skaters. The show is open to the public, with freewill donations accepted. We will also have a canteen, bake sale and Sport Sweep tickets available; with all proceeds supporting the club's skating programing. Hope to see you there! ➔



Greenwood Skating Club members saw the results of their hard work so far this season, competing at the annual Skate Nova Scotia Robert McCall Memorial Competition. From left are Emily Cuming (bronze medal in Star 4), Cassie Johnson (silver medal in Star 6 Women and Star 7), Layla Brewer (Star 5 Women and a silver medal in Star 7 Artistic), Leela Dietert (Star 5 Women and Star 7 Artistic) and Zara Kenley (Pre Novice-Women's Short and Pre Novice-Women's Long).

Submitted



# The GRINCH TAKEOVER



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# Valley Speed Skating hosts successful annual mini meet

November 16, the Annapolis Valley Speed Skating Club brought together regional athletes from across the region for its highly-anticipated annual Mini Meet. The event welcomed young skaters from Truro, Dartmouth, Halifax and Digby; showcasing the growing popularity of speed skating in Nova Scotia.

A total of 26 skaters, ranging in age from five to 13 years old, participated in short-track style races, demonstrating their speed and agility on the ice. The competition featured races on a 100-metre track, with younger skaters tackling the shorter 85-metre track. These races provided a challenging yet fun opportunity for participants to hone their skills and enjoy the camaraderie of fellow skaters.

The day wasn't all about competition. The event concluded with games on the ice, filling the arena with the sound of laughter as participants played together, creating lasting memories and building friendships.

The Mini Meet was a testament to the dedication of the Annapolis Valley Speed Skating Club to foster a love for the sport among young athletes. By hosting inclusive events like this, the club continues to nurture the next generation of skaters while promoting an active and vibrant community spirit.

Organizers and families alike are already looking forward to next year's Mini

Meet, as the event remains a highlight of the local speed skating season. ✈

From left to right, Annapolis Valley Speed Skating Club members, from left, Myles Noble, Charlotte Frail, Jacob McGee, Kate-lynn Enslow, Luke McGee, James Kouri and Hannah McGee; represented the host club at the November 16 Mini Meet in Kingston.

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Canada's Aviation Book of the Year !

*The Royal Canadian Air Force: 100 Years of Service, Volume 1*

By Larry Milberry and Hugh A. Halliday

The RCAF's 1924-2024 Centennial has been highlighted by airshows, dedications, commemorative coins and book launches. Adding to the list and having long ago produced the RCAF 60th Anniversary history in 1984, CANAV Books introduces its 2-volume Centennial set *The Royal Canadian Air Force: 100 Years of Service*.

Beautifully produced, "100 Years" begins with Canada's earliest aerial experiments, covers WWI where Canadians excel in the air including on long-range coastal operations (convoy patrol, SAR, etc.), then moves to the birth of the RCAF in 1924. The RCAF gains renown in training, photography, forestry and fisheries patrols, and daunting northern expeditions. Its float planes and flying boats operate many of the basic missions still done by the Aurora.

Our story moves through the 1930s, when events gradually see the RCAF modernize just as war re-erupts in Europe. New Shark and Stranraer coastal patrol planes equip East and West Coast squadrons. Vol.1 covers it all from the British Commonwealth Air Training Plan to the U-boat war plus everything overseas from the UK to the Far East. All the action and heroism are here, much of it for the first time in any book. Solid coverage of coastal operations with the Catalina, Sunderland, Hudson and Liberator; and SAR with the famous Walrus. Come war's end, the RCAF shrinks to a shadow of its wartime self, but new world troubles arise -- a hint of things to come in Volume 2 (1946-2024), due for publication by the end of Centennial Year (April next). "100 Years" is based on archival records, logbooks, scrapbooks, photo albums, published histories and interviews. Anyone keen on Canada's great military heritage will revel for years in this incomparable tribute to the RCAF!

**Our readers know when a book "hits the mark":** \*Best tribute to RCAF 100th that I have seen. Congrats to you, Hugh and the team. \*I have no idea how you manage to do a book like this. It is an incredible achievement. \*Your book arrived today -- it looks fantastic! I'm impressed as always by the richness and diversity, and the abundance of photos you come up with! Unbelievable! \*The perfect antidote to wean aviation enthusiasts off their smartphones for the written word -- CANAV style. \*Having spent my career in aviation, I appreciate the dedication and talent you have put in to producing the book which details such an important part of Canada's aviation history.

Larry Milberry (Member, Canada's Aviation Hall of Fame) has published nearly 40 aviation books. A retired Canadian War Museum historian, Hugh A. Halliday is renowned for his in-depth RCAF research and authorship.

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