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Technicians from sections across 14 Wing Greenwood brought a year's worth of restoration work to an end October 8, as the Greenwood Military Aviation Museum's 1943 CC129 DC3 Dakota moved back from 14 Air Maintenance Squadron's repair shop across the wing to the museum's airpark.

Corporal B. Webb-Brown,
14 Wing Imaging



Shiny 'new' museum DAK tells collaborative story

Sara White,
Managing editor

The eye-catching history of the Greenwood Military Aviation Museum's display aircraft has a fresh new look, as a year-long restoration project came to a conclusion October 11.

The museum's staff and volunteers hosted a morning coffee party celebration, inviting a team of wing personnel involved in the move, repair and painting of the 1943 CC129 DC3 Dakota. The gathering was an opportunity to present the updated DAK to 14 Wing Greenwood Commander Colonel Vachon.

Heading into 2024, the centennial of the Royal Canadian Air Force, the museum identified the DAK restoration as its RCAF100 project. In Fall 2023, the aircraft was



moved from the airpark, as a fuselage and detached wings; across the base to 10 Hangar. 14 Air Maintenance Squadron's aircraft structures technicians put in countless hours, exercising their full trade skill-set to repair and refurbish the DAK's metal, and apply a new paint

job in the search-and-rescue markings of 103 Rescue Unit, based at 14 Wing Greenwood between 1947 and the mid-1960s. The aircraft was revealed at the August Air Show Atlantic and, October 8, made the move – again in pieces – back across the base to the museum.

Museum society chairman Ian Patrick described the dedicated scope of volunteers' work on displays, with limited funding, creative problem-solving and even the challenge of age. A full-on aircraft restoration, to the scale of what the DAK has now seen, adds to the "critically important" work of the museum.

"We have the enthusiasm in our volunteers, but we hope those of you who have had the chance to work on this airplane have a sense of pride in having done something lasting, that the world will see for years to come," Patrick said. "The DAK is one of the museum's prized possessions, a 'wow' factors that, when people come to Greenwood and want to know what Greenwood is all about, it makes it live for them."

"The most important thing today for us is to say thank you for what you've done, from the people who moved the aircraft, restored and painted it to the people who took the pictures and tell its story."

14 AMS' Major Paul Sponagle described the extent of the work put into the restoration, and credited the collaborative effort of technicians from multiple units and the museum's volunteers, for making it all happen. He also acknowledged the project was over-and-above the day-to-day demands on personnel but, the results now prove to be a "great way to celebrate RCAF100."

"We've now wrapped up the DAK, and we know there are couple more museum assets to go, needing a little 'touch up,'" Sponagle said.

"We appreciate the extra time and skill our people put in to share in the legacy of our aircraft, and tell people about our Canadian history."

Vachon called the latest museum project, along with what he sees every time he visits, "outstanding."

"We see families here all summer, weekdays, weekends; walking around and showing their kids the history of aviation," Vachon said. "Having you all as volunteers is key. You do innovative, world-class work. I know you are always in need of workers to come and help, and I highly encourage all of our wing units and personnel to continue with projects like this. And, I thank you for supporting the museum."

"This work has been recognized all the way to the top of the RCAF." ➔

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Familiar faces leave, arrive at 404 Squadron

Sara White,
Managing editor

Chief Warrant Officer Jean Plamondon has left 404 (Long Range Patrol and Training) Squadron for the fourth time: “if you count twice, as a student,” he said September 27, during a change of appointment ceremony. His departure also marks a summer of wearing two chief’s hats: for 404 Squadron, and 14 Mission Support Squadron, where he took on duties in June. “I venture forth from the ‘herd,’” Plamondon said, but welcomed back the new squadron chief, Chief Warrant Officer Drew Elliott. “And welcome back to the Valley.”

Plamondon thanked his first command partner, Lieutenant-Colonel Josh Christianson and current commanding officer,

Lieutenant-Colonel Alex Gignac; the squadron’s senior non-commissioned members and administrative team, and the members.

“None of what we’ve accomplished in the last three-plus years was done without your dedication. There was never a time when we didn’t have multiple courses in house; we moved to 9 Hangar; you inspired us with a leadership challenge to eat spicy gummies!

“We are constantly challenging ourselves to get out of the box and push things to the limits – and I think we achieved that.”

Plamondon encouraged Elliott to “take care of your people, and they’ll take care of you.” He encouraged squadron members to support Elliott, and for all of them to continue thinking of the type of leader they would



Lieutenant-Colonel Alex Gignac, 404 (Long Range Patrol and Training) Squadron commanding officer, centre; was the presiding officer for the September 27 change of appointment ceremony between the outgoing Chief Warrant Officer Jean Plamondon, left, and the incoming Chief Warrant Officer Drew Elliott.

Corporal W. Pnheisl, 404 (Long Range Patrol and Training) Squadron

want to work for, “and be that person.”

404 Squadron thanked Plamondon with a variety of memorabilia, including a recent command team Christmas card emblazoned on an expected-to-be-well-used coffee mug and an engraved cherry wood wine bottle holder, anticipating, said Gignac, “you could enjoy a bottle from it when you’re having a tough time at MSS.

“There are no tough times at MSS!” called someone from the combined 404/ MSS audience, as Plamondon makes the unusual cross-wing posting.

Elliott first thanked his family for their on-going support, and continuing to make a life of military moves and change with him.

“This is emotional, and I’ve now got a couple years to get to know the people in the

squadron. I thank people here for putting me in this position: I learned a lot from people at 404 when I was here before, and I expect I will again!”

Gignac thanked Plamondon for multiple and lengthy coffee times – “I’ve never been so caffeinated in my life! But – those times really helped me develop and were appreciated. You helped me begin to approach decision-making and

leadership in new ways. You will be missed.

“And Drew? Welcome to the ‘they;’ the half of a command team. The door has to be open between you and I – for counsel and advice. I will come to you for that, and you have influence: most of all, on me. Our command team will include an extension of our personality, so be yourself and extend your personality into our squadron.” ➔

Search, rescue crews active into Fall

October 6, the Halifax Joint Rescue Coordination Centre tasked 413 (Transport and Rescue) Squadron to assist with the search for a missing climber near Moose Island, New Brunswick. Cormorant Rescue 912 was airborne from Greenwood at

2:58 a.m., located the missing person and delivered them to waiting local fire department personnel nearby. R912 returned to Greenwood at 5:08 a.m.

October 6, just after 11 a.m., 413 Squadron was again tasked to look for a missing individual,

this time near Sussex, New Brunswick. R912 was back in the air at 11:36 a.m. By mid-afternoon, the Cormorant was back in Greenwood, released from the tasking, with further local searching underway by an Infrared-equipped drone.

October 12, Hercules Rescue 333 was airborne from Greenwood at 1:43 p.m., heading to Goose Bay to assist with a patient transfer to St. John’s.

October 12, while on the patient transfer tasking, R333 was tasked to assist in the search

for a missing boater in Iqaluit. The Hercules transported a 103 Squadron Cormorant back-up crew that evening from Goose Bay to Iqaluit. Following refueling in Iqaluit, R333 left for Greenwood around 2 a.m. October 13. October 14,

R333 was retasked at 2:03 a.m. to transport a 103 Squadron Cormorant crew from Iqaluit to Gander. The Herc made it to Iqaluit, picked up the crew and were headed to Iqaluit by 10:30 a.m. The aircraft returned to Greenwood at 1:17 p.m. ➔

‘Sacrifice, success’ of early aviators remembered at 84th Battle of Britain service

Sara White,
Managing editor

14 Mission Support Squadron Lieutenant-Colonel Shawn McGeown reminded everyone, when “Hitler turned his attention across the Channel to England, the future looked bleak. “There were only a few thousand British and Commonwealth aircrew standing in the way – they were vastly outnumbered and lacked experience,” McGeown said. “Through the summer of 1940, British infrastructure, airfields and London itself were caught in the first battle in history fought entirely in the air. Pilots scrambled to their planes two or three times a day, for months.”

Germany was relentless, and almost succeeded in eliminating the Allied air force: except for “the courage and heroism of those few, who defeated him,” McGeown said.

“We honour those Canadian pilots and crew, and the 14 other nations who fought



14 Mission Support Squadron Lieutenant-Colonel Shawn McGeown was accompanied by 413 (Transport and Rescue) Squadron Chief Warrant Officer Stephen Bates, laying a Battle of Britain memorial wreath September 15 on behalf of 14 Wing Greenwood and the Royal Canadian Air Force.

S. White

alongside them.”

One hundred twelve Canadians took part in the Battle of Britain; 23 were killed, with their names read out and remembered at the 14 Wing event.

“The battle-hardened veteran aviators, with their experience, helped turn the tide of the war.”

In the centennial year of the Royal Canadian Air Force, members and veterans remember the early work of the Second World

War, aerial land surveys and continuing global protection through the decades: “we have a long history,” McGeown said.

“We look forward to the future, but it is our sacred duty to honour the sacrifices and success that bring us here today.”

Lieutenant (Navy) Annie Lampron, in the reflection, encouraged all to consider the individual contributions of ‘each fighter pilot, each ground crew member and



14 Wing Greenwood Colonel Luc Vachon, left, with Wing Chief Warrant Officer Jonathan Proulx, laid a wreath during the joint Battle of Britain service, hosted by 12 Wing Shearwater September 15.

Corporal A. Graveline

every civilian,” along with the “unsung heroes – the families who waited with bated breath, the communities that rallied in support, and the silent strength of those who stood watch from the home front” through it all.

14 Wing Greenwood also sent a contingent to a joint Battle of Britain service, hosted at 12 Wing Shearwater and attended by His Honour The Honourable Arthur J. LeBlanc, ONS, KC, Lieutenant Governor of Nova Scotia. Sixteen members of the wing’s Brass and Reed band and a dozen pipers joined the 12 Wing band. 14 Wing Commander Colonel Luc Vachon and Wing Chief Warrant Officer Jonathan Proulx were joined by the command teams of 404 (Long Range Patrol and Training) Squadron, 405 (Long Range Patrol) Squadron and 415 (Long Range Patrol Force Development) Squadron; and 32 wing personnel. ➔

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rcfaf-arc.forces.gc.ca

CFMWS Site
Site du portail communautaire des Forces canadiennes
cfmws.ca • sbmfc.ca

14 Wing Greenwood Site
Site de la 14e Escadre Greenwood
airforce.forces.gc.ca/en/14-wing/index.page

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4 novembre. Date limite pour le contenu éditorial et publicitaire : **30 octobre**

14 Wing Fitness Online work-outs, resources and tips | **PSP Greenwood Community Recreation** Online activities, resources and fun | **Annapolis Mess** Special events and entertainment | **14 Wing Greenwood Winter Carnival/ 14e Escadre Carnaval d'hiver** Annual winter Defence Team fun and challenge events | **14 Wing Greenwood PSP** A wider resource for PSP entities (recreation, fitness, health promotion, news and events) | **Greenwood Military Family Resource Centre** Resources, activities and program highlights | **14 Wing Greenwood Bowling Centre** Centre updates | **14 Wing Aquatics** Pool recreation, competitive, training, news | **Greenwood Military Police – Police militaire de Greenwood** Safety, security and public information from 24 Military Police Flight | **14 Wing Combined Charities** Wing activities in support of our community | **14 Wing Spiritual Resilience Page** Hosted by the 14 Wing Chaplains, with spiritual support and resources | **GMAM.ca** Follow news and events at the Greenwood Military Aviation Museum | **14 Wing Welcome** Schedule of events details | **Lake Pleasant Campground** 14 Wing's family campground | **14 Wing Greenwood Curling Club** Open to military, community members | **14 Wing Health Promotion** Tips, program highlights and resources | **14 Wing Greenwood Rec Hockey Club** – youth hockey programs open to military families and community members



413 (Transport and Rescue) Squadron Captain Mike Lewis recited “High Flight,” as part of the 14 Wing Greenwood Battle of Britain service September 15.

Master Corporal D. Ouellet, 14 Wing Imaging

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Greenwood Military Aviation Museum

Located just outside the front gate of 14 Wing/ CFB Greenwood, the museum boasts over 9,000 square feet of display space reflecting over 75 years of aviation history at the base.

Winter Hours
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14 Wing Greenwood Colonel Luc Vachon, centre left photo, and Wing Chief Warrant Officer Jonathan Proulx, right photo, have rolled up their sleeves and taken the first shots in 26 Canadian Forces Health Services' Fall flu and COVID-19 immunization effort; under the capable hands of medical technician Sergeant Samuel Daigle and community health nurse Matt Hand. 26 CFHS will hold a clinic for Regular and Reserve Force members October 24, 9 a.m. to noon and 1 p.m. to 3 p.m.



October 24 flu, COVID-19 immunization clinics set for CAF members

26 Canadian Forces Health Services will offer flu and COVID-19 immunization at its 14 Wing Greenwood clinic for Regular and Reserve Force Canadian Armed Forces members October 24, 9 a.m. to noon and 1 p.m. to 3 p.m. Members will be offered both the influenza and CO-VID-19 vaccines, and may choose to receive one or both.

Dress up for work!



Thursday, October 31

Halloween fun

Your Combined Charities unit rep will collect your participation donation (pay what you can, recommended \$5)

Guidance

- PPE/ operational safety must be adhered to
- refer to Wing Dress Regs re appropriate wear (non-offensive, CAF professionalism in public)
- no mixing of CAF uniform/ costume
- no full, face-covering masks



Military appreciation game

Friday, November 1 | 7 p.m.



Oasis – An opportunity to gather, reflect, rest

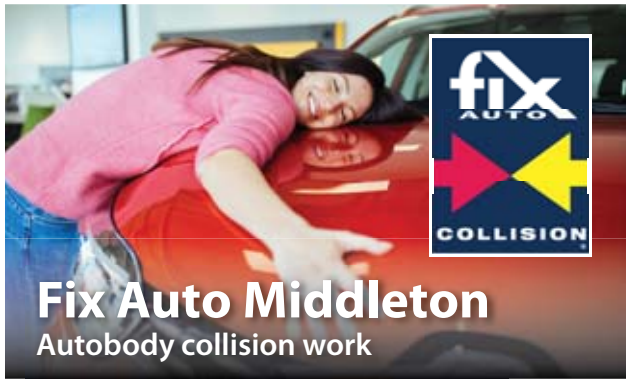
Refreshment for our soul. An oasis in the wilderness. Peace in the chaos of life.

If you would enjoy a mid-week, Christian service, the 14 Wing Greenwood Protestant chaplains offer a Wednesday gathering, "Oasis – A Service of Rest and Renewal." While retaining some traditional elements, it will be relaxed and personal. Oasis may also be experienced as a time for self-care: nurture your mind and soul.

After a short worship, enjoy refreshments and conversation. Bring your lunch if you wish.

Oasis will be hosted at St. Mark's Protestant Chapel, Church Street, Greenwood; Wednesdays, 12:15 p.m. to 12:45 p.m. For information on Oasis, contact Captain Kayla Colford, kayla.colford@forces.gc.ca or 902-760-1372. ➔

Expect a short wait: this is a parade, rather than by appointment. Members should arrive with their immunization booklet and check in with the CDU clerks for the next available slot. ➔

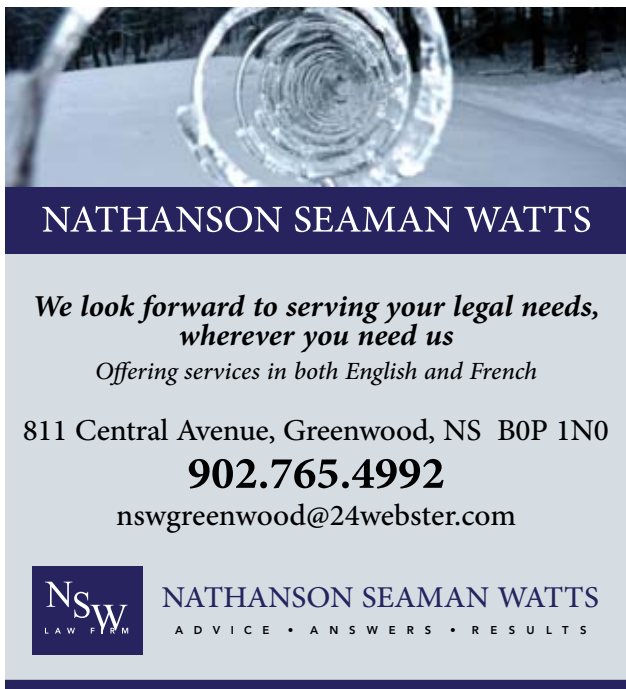


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Camp comes up with \$1K for Terry Fox

Corporal Kayla Maye

Personnel at 5th Canadian Division Support Base Detachment Aldershot held their Terry Fox Foundation fundraisers September 24 and 25, with great success. The camp was able to raise \$1,000 for the Terry Fox Foundation's work.

The largest fundraiser was a fun and morale building "Put your Boss/ coworker in jail" event September 24, which ended up being the largest contributor: it alone raised \$485. Without getting into great detail, the "prisoner" with the longest sentence was the detachment sergeant major, Master Warrant Officer Jason Moore.

On the day of the run, September 25, there was a great show of camp members, as well as family and furry friends. Personnel Support Program staff assisted with a warm-up and, prior to starting the run, there were a few words from detachment commanding officer Major David Garvin, who reminded participants of the importance of the event and its global scope. After the run, everyone was invited to enjoy a lunch, including a raffle of a few donated items and a 50/50 draw; all of which raised the remainder of the funds. ➔



5th Canadian Division Support Base Detachment Aldershot's most wanted spent some time in jail September 24, part of the camp's two-day annual Terry Fox Foundation fundraising drive.

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14 Wing’s military sports, fun underway

14 Wing Greenwood’s military sports program is ready to hit the courts, the ice and the training calendar: if you’re looking to get involved in something you love – or something new, here’s what you need to know:

Men’s hockey - Greenwood Gardens, Tuesdays and Thursdays, 2:30 p.m. to 4 p.m. A team for the Canadian Armed Forces Atlantic regionals, in January and hosted by 14 Wing, will form from participants. For information, contact Major Michael Hiltz, 902-765-1494 local 568-3454 or michael.hiltz@forces.gc.ca.

Women’s hockey - Greenwood Gardens, Wednesdays, 8 p.m. to 9 p.m., and Thursdays, 12:45 p.m. to 2:15 p.m. A team for the Canadian Armed Forces Atlantic regionals, in the new year, will form from participants. For information, contact Warrant Officer Jeff Hull, jeffery.hull@forces.gc.ca

Intersection hockey - Greenwood Gardens. Register to play in person at the Fitness & Sports Centre, or online at <https://bkk.cfmws.com/greenwoodpub/index.asp> (pay allotment registration deadline is October 17).

For information, contact Captain Andrew Lavallee, andrew.lavallee2@forces.gc.ca

Intersection bowling – Greenwood Bowling Centre. This weekly league is open to all serving military members. Start date: October 9, run almost every Wednesday, 1:30 p.m. to 3:30 p.m. Four-person team registration is \$20, plus a weekly lineage of \$5+tax per person. Email 14winggbc@gmail.com to get your team registered.

Volleyball - base team practices are Tuesdays and Thursdays, 2 p.m. to 4 p.m., at the Fitness & Sports Centre. For information, contact Leo Gautier, leo.gautier@forces.gc.ca

Basketball - base team practices are Mondays and Wednesdays, 3 p.m. to 5 p.m., at the Fitness & Sports Centre. For information, contact Alyssa DeAdder, alyssa.deadder@forces.gc.ca

November 26 to 29 - 3v3 basketball camp - Military members interested in 3v3 basketball are welcome to attend a Women in Sport Initiative camp November 26 to 29 at the Fitness & Sports Centre. For more information, contact Alyssa DeAdder, alyssa.deadder@forces.gc.ca ➔



Sports training

14 Construction Engineering Squadron members were on site at HB Studios Sports Centre in Bridgewater September 27, happy to accept a certificate of appreciation from facility manager Shelly Eichel Skinner. Unit members from 143 Construction Engineering Flight recently put their skills and training program to use, upgrading the centre’s water bottle-filling stations and installing a new infant change table. Both improvements are a huge assistance to the facility.

D. Hennessey

The season of the ticks

There has been a lot of talk about ticks in the last few years, and the conversation must continue. If you think tick checks are just important in the summer months, think again. While here in Kings County we have been enjoying warmer winters with less snow, it has created a problem: ticks are now active all year long.

Nova Scotia also has the highest tick-to-human ratio. Be careful when out exploring our beautiful province. Be diligent when doing your tick check. Continue to be informed.

There are many types of ticks but, in Nova Scotia, you are most likely to encounter the



WING
ENVIRONMENT

black-legged tick, also known as the deer tick, and the American dog tick, also known as the wood tick. Black-legged ticks like to be in cool, damp environments, which is why, when you are in the woods or walking through a grassy area, you may find ticks on your clothes or skin. The black-legged tick is the biggest concern, because it can carry the bacteria that causes Lyme disease. In 2023, there were more than 2,540 cases of Lyme disease reported in Canada, according to the

Government of Canada

Ticks don’t jump or fly; they just wait for a warm body to brush by and they can attach themselves to you, it just takes contact with leaves or grass. There are some things you can do to protect yourself when out and about. Ticks are very small and can be hard to see, so wearing light-coloured clothing can help you see them better. Tucking your pants into your socks will keep ticks from crawling into your clothing. Wearing a bug spray with DEET will help deter them. You still need to check your entire body, especially armpits, around your groin, waist and behind

the knees.

When checking your pets, look at all the same areas, especially in their armpits and around the ears. If you have a black or brown dog, just running your hands all over their body will help you feel for hiding ticks.

If you find an attached tick somewhere on you or your pet, don’t panic. Although it can give you the creeps, staying calm will help you remove the tick completely. This is where tweezers or a tick removal tool will be needed. Gently grasp the tick as close to the skin as possible and pull straight up. Try to avoid squeezing the tick’s body, as you may squeeze contents from the tick into your body. Be sure not to leave any parts of the head behind. Clean the area you removed the tick from with rubbing alcohol. Do not put nail polish over the tick to smother it while it is attached to your skin. It doesn’t work, and could actually have the opposite affect and push the infection into your skin.

Once you’ve removed the tick, flush it down the toilet - which won’t kill it, but at least you’ll be rid of it, as they can’t climb back up the porcelain. You may also put the tick in a jar with a tight-sealing lid to suffocate it. It may take days to weeks for a tick to die without oxygen. You could also put it in a freezer bag and freeze it, then dispose of it in your household garbage. ➔

Grapple with the confidence, skill, control of newer military sport

Officer Cadet
Laura Lascelle

14 Wing Greenwood’s grappling team has partnered up with the 14 Wing Gracie Garage for extra practice and pointers before this year’s regional tournament.

Warrant Officer Alan Bezanson, who runs the Gracie Garage, says many military members who participate in grappling also practice Brazilian Jiu Jitsu because the technique drills taught provide an opportunity to learn - without putting yourself in harm’s way.

“Here, they can get the basics nailed down to a very fine level, and they can ingrain those core skills that they want to have.”

Bezanson says BJJ’s submission-based wrestling teaches techniques that can help athletes maintain control on the ground.

“In a lot of other grappling martial arts, once you’re on

your back, it’s done; but, in Jiu Jitsu, being on your back - the guard position - that’s where Jiu Jitsu really shines.”

The sport also teaches on-the-job, day-to-day skills.

“There are the very clear practical benefits of it in any job that involves combat: Military Police, infanteer and, if you’re part of a road stop and need to detain somebody as a military member, you can gently take your opponent down - and you can do it in a manner that doesn’t hurt you, and doesn’t hurt your opponent,” says Bezanson.

“The part that people might not realize is the psychological benefits; the mental resilience piece. You’re on the bottom, but you still have the ability to defeat somebody in that position.

“But - being on the bottom of somebody can be a very uncomfortable position to be in. With Jiu Jitsu, you really start learning to be comfortable



Ask any of the regulars - Sergeant Natasha Darch-Wills, left; Warrant Officer Alan Bezanson and Aviator Nicholas Haverstock - at the 14 Wing Gracie Garage what they enjoy about grappling, and they’ll likely tell you it’s the individual confidence boost, and the support of the team as they grow in the sport.

Officer Cadet L. Lascelle

in uncomfortable positions or situations - and that really transfers into all the rest of life. The confidence that it comes with as well is something that just can’t be understated.”

Sergeant Natasha Darch-Wills, who joined the wing’s grappling team last fall, discovered a passion in Jiu Jitsu. “It’s a fantastic sport,” says Darch-Wills. “I love that it gets me active and gets me moving. I’m learning a bit about self-defence, too, which does wonders for my confidence and self-esteem. And, it’s a lot of fun.”

Darch-Wills understands the apprehension some may have with the contact sport. She encourages others to give

it a try. The culture of support built around the team allowed Darch-Wills to build confidence in her abilities and transition from focusing on fundamentals to engaging in rolls.

“It’s a great sport for women. Since joining BJJ, I have more confidence in what I can do, and what my body can do. It’s a bit nerve wracking at first, but we’re in the same position, and everybody that I’ve rolled with has been very respectful - and the nature of respect has really helped make me feel more comfortable.”

Darch-Wills makes a point of attending the first few practices of new female members to help them get comfortable with the close contact of the sport, and

believes that’s the great part of being a member of the team. Although grappling is a solo sport, individuals benefit from the support of a team during training.

“Grappling is a bit unique in that we are a team, but we’re not a team sport the way volleyball is,” says Darch-Wills. “We still lift each other up, and we’re still working with each other and giving each other tips and tricks, and we’re all striving to do better and helping one another; but we also then compete against one another because the actual competition is one-against-one. It does give you the best of both worlds.”

A lack of experience

shouldn’t deter interested military members from giving grappling a try. A beginner herself last year, Darch-Wills found coaches and mentors have endless patience.

“We have a lot of great people who are really good at teaching and instructing, so they’re able to slow everything down and walk you through different movements so that you can learn effectively.”

Darch-Wills is excited to demonstrate all she’s learned at the regional tournament.

“I’m very excited. Last year, we did really well, considering we were a brand-new team. We sent four members and, this year, we’re planning on sending six.” ➔



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REQUEST FOR EXPRESSION OF INTEREST (EOI) CONCESSION OPERATION

Eden Golf and Country Club (Eden) will be accepting Expression of Interests (EOI) to operate the Food and Beverage services for the 2025 golf season.

Eden is located on highway 201, civic number 5359, Annapolis County, Nova Scotia. The facilities include an 18-hole golf course, driving range, Clubhouse and Pro Shop. The facilities are typically open from the first part of April to the end of October, weather dependent.

Our goal is to work with potential parties to provide a win-win operation. Eden is open to suggested business models that will achieve a successful operation.

If you are an interested party and would like to schedule a site visit, Eden will be booking appointments for November 1st. You may email eden@edengolf.ca to book.

A brief EOI outlining your experience in the F&B area as well as other pertinent information you would like to present, should be sent to The Board of Directors at P.O. Box 273, Bridgetown, Nova Scotia B0S1C0 or email to eden@edengolf.ca by November 15th, 2024.

Please note that any EOI does not represent a binding agreement.

Thank you for your interest and we look forward to hearing from you.

Eden Board of Directors.

EDEN
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NOVA SCOTIA

West Nova residents, organizations recognized for leadership contributions

Chris d’Entremont, Member of Parliament for West Nova, hosted the inaugural Member of Parliament Community Leadership Awards September 28 at the Digby Pines Resort.

The event was a way to honour and recognize the generous contributions of the many dedicated individuals who call West Nova home.


“The citizens of West Nova are the heart and soul of our communities, and their unwavering dedication and selfless contributions make our region a better and more rewarding place to live. I am honoured to have had the opportunity to recognize these extraordinary individuals and celebrate their accomplishments,” said d’Entremont.



Aylesford resident Don Pinsent, left, was one of a number of residents recognized September 28, as West Nova MP Christ d’Entremont presented Member of Parliament Community Leadership Awards.

- 2024 recipients**
- Amy Holloway
 - Dorothy Doucette
 - Dawn Spidle
 - Deborah Gillis
 - Valley Credit Union
 - Marty Felker
 - Dorothy Rodgers

- Donald Pinsent
- Theresa Byrne-MacKinnon
- Mary Dunlop
- Kingston Lions Club
- Anna Kate Newman
- Anthony Matthews
- Darlene Eisnor
- Anne Crowell
- Sylvester (Happy) Bourque
- Amy Megan Beifuss
- Société Historique Aca-
- dienne de Pubnico-Ouest
- Commission de développe-
- ment de Bangor
- Yarmouth NS SPCA →



MUNICIPALITY of the
COUNTY of KINGS

Municipal Advisory September 30, 2024

NOTICE TO RESIDENTS:
Greenwood Water Utility
Annual Fall Hydrant Flushing

KINGS COUNTY, NS - The *Municipality of the County of Kings* wishes to advise customers of the Greenwood Water Utility that water mains and fire hydrants will be flushed during the week of October 21, through November 1, 2024.

As a result of this work, customers may experience low water pressure or discolored water during this period. This condition may cause staining of clothing during washing. Customers should flush their own lines by allowing the water to run for approximately ten (10) minutes or until the water clears.

Annual flushing of the water system is conducted to maintain and improve water quality throughout the Utility's piping systems.

The *Municipality* apologizes for any inconvenience caused to our customers during this time.

CONTACT:
Carme Telesford
Compliance Officer
Municipality of the County of Kings
T: (902) 690-2219
C: (902) 679-8301
E: ctelesford@countyofkings.ca
www.countyofkings.ca

Heating Assistance Rebate Program now open

Eligible Nova Scotians may receive a \$600 rebate on their home heating bills by applying to the Heating Assistance Rebate Program (HARP), for the 2024/2025 season.

Families earning an after-tax income of up to \$75,000 or single-person households earning a net income up to \$55,000 are eligible to apply for a HARP rebate, whether they rent or own.

As part of the program requirements, applicants may be asked to provide a heating bill. Applicants can speed up the process by providing a heating

bill when they apply.

For the 2023/ 2024 season, 129,250 applicants received the rebate, for a total of more than \$77.5 million. Households receiving support from the Department of Community Services, the Guaranteed Income Supplement or the Allowance from Service Canada also qualify for the Heating Assistance Rebate Program. Additional Resources include the Seniors Care Grant (beta.novascotia.ca/apply-help-household-healthcare-and-home-heating-costs-seniors-care-grant), the

Property Tax Rebate for Seniors (beta.novascotia.ca/apply-property-tax-rebate-property-tax-rebate-seniors), the Your Energy Rebate Program (beta.novascotia.ca/programs-and-services/your-energy-rebate-program-verp) and the Home Energy Assistance Top-up Fund (salvationarmy.ca/maritime/home/programs/heat/).

For information on HARP or to apply online, visit novascotia.ca/heatinghelp. Application forms are also available at Access Nova Scotia, Community Services and MLA offices. →

Applications open for 2024 seniors’ property tax rebate

Applications for the Property Tax Rebate for Seniors program are now open. The provincial program helps seniors on a low income with the cost of municipal property taxes. It provides a rebate of half of the previous year's taxes, up to \$800.

To be eligible, people must have paid their 2023 municipal residential property taxes in full, have their name on the property title and be eligible to receive the Guaranteed Income Supplement or Guaranteed Income Supplement – Allowance from Service Canada.

People who received the rebate last year will receive an application by mail. The forms are also available online (beta.novascotia.ca/apply-property-tax-rebate-property-tax-rebate-seniors), at Access Nova Scotia centres and from MLA offices. Applications are open to December 31. Seniors may also use this application for the

2024-25 Heating Assistance Rebate Program.

People should be aware rebates such as this are often cited in scam emails or texts that ask for personal information. The province will never email, text or call citizens asking for personal information, such as banking information or social insurance numbers.

More than 19,000 property tax rebates totaling \$10.5 million were issued in 2023. →



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Centre de ressources pour les familles des militaires de Greenwood

Virtuel

Assemblée générale annuelle

Le 28 octobre 2024 à 19 h 30

Points forts de l'ordre du jour

- Rapport annuel du conseil d'administration
- Rapport annuel du CRFMG
- Élection des membres du conseil d'administration
- Aperçu financier
- L'avenir de CRFMG

Envoyer les points proposés à l'ordre du jour via
RSVP avant le 18 Octobre 2024

Greenwood Military Family Resource Centre

Virtual

Annual general meeting

October 28, 2024, at 7:30 p.m.

Agenda

- Annual report of the board of directors
- Annual GMFRC report
- Election of members to the board
- Financial overview
- Future of the GMFRC

Send proposed agenda items via
RSVP by Oct. 18, 2024

RSVP:





14 Wing Greenwood Colonel Luc Vachon, left, and Wing Chief Warrant Officer Jonathan Proulx, right, with 2024 Combined Charities chair Captain Jaclyn Swain, second from right; were happy to welcome Scotiabank Greenwood manager Stephanie Vatcher, third from right, and Ruth Vidito; to headquarters October 3, as she presented branch team community matching funds contribution of \$3,000 to Combined Charities’ work.

Combined Charities ready for campaign '24

Just as the 2024 14 Wing Greenwood Combined Charities' September-to-December fundraising push moves into high gear, the Defence Team marked several milestones October 3.

Colonel Luc Vachon and Wing Chief Warrant Officer Jonathan Proulx welcomed Scotiabank Greenwood representatives to headquarters, where manager Stephanie Vatcher and Ruth Vidito presented a branch community matching funds contribution of \$3,000. Scotiabank staff annually assist at Combined Charities' marquee December Festival of Trees event.

"This is great," said Vachon. "You are supporting what we're trying to achieve here, and it's very much appreciated. It will be put to good use, affecting the right places around the wing and the community that need it. We look forward to working with you at more events."

At the end of September, Vachon and Proulx approved Combined Charities' 2023 disbursement of \$24,800 in cash to 31 local and regional organizations, including \$7,700 to community and school food programs, \$6,300 to organizations serving children and families, \$5,000 to military and veteran services, \$3,000 to health services, \$2,000 to sports organizations and \$800 to animal welfare. This does not include almost \$17,000 in additional cash and food

donations to a handful of unit-level special initiatives also undertaken through 2023.

During the event, Vachon and Proulx took the opportunity to recognize Sara White, Aurora Newspaper managing editor and deputy wing public affairs officer, for her contributions to Combined Charities in recent years. White was presented one of the wing's seven allocated Royal Canadian Air Force 2024 Centennial 100 Coins to 100 Canadians coins. With 100 coins across the country, this initiative is the RCAF's way to recognize Canadians who, through their behaviour and contributions, exemplify the RCAF's values and embody the characteristic spirit of the Canadian Armed Forces' ethos.

"I was preparing to come to Greenwood, and everything I see about the wing – the operations, the people, the sports, the special events – it was through The Aurora on Facebook, so it was a good way for me to be ready," said Vachon, who became wing commander at the end of August. Now that he is here, "I see that Sara is everywhere I go!"

White has been the editor of The Aurora since 2011, and regularly serves with Winter Carnival and Wing Welcome annual organizing committees, along with wing special event committees. She takes an organizational lead with Combined Charities, through the Fall campaign and year-round, contributing to the wing's annual \$40,000 cash and in-kind community contributions. White is also an elected village commissioner with the Village of Cornwallis Square, a co-chair of the 100-Plus Who Care Annapolis Valley, a 43-year member of Girl Guides of Canada and active leader in Berwick, the CBC Radio Information Morning community correspondent for Berwick and the hall booking agent for the South Berwick Community Club. In March, she completed a three-year term as marketing vice-president for Lacrosse Nova Scotia, overlapping six years as president of Valley Thunder Lacrosse, in Kingston. →



Sara White, centre, October 3 was presented one of 14 Wing Greenwood's seven allocated Royal Canadian Air Force 2024 Centennial 100 Coins to 100 Canadians coins by 14 Wing Commander Colonel Luc Vachon, left, with Wing Chief Warrant Officer Jonathan Proulx. White received the coin for her outstanding contributions to the wing, and the wider Kings County community.

September to December – Locally, we make a difference

14 Wing Greenwood Combined Charities is the Greenwood's national; workplace giving program: from September to December, and through other events year-round, Defence Team volunteers organize events and special projects to collect donations and cash – all shared with about 60 local and regional non-profit organizations close to members' hearts. This includes programs that support school food programs and food banks, youth sports, health and family resources, animal welfare, veterans' and military families' services, and more! Our annual contribution is between \$25,000 and \$40,000 a year!

Help Combined Charities (Facebook @14WingCombinedCharities) make a difference – get involved, support our projects and have fun!

For info: Combined Charities OPI Captain Jaclyn Swain, jaclyn.swain@forces.gc.ca

Dress with a Difference – every Friday, Defence Team members are invited to dress in business casual and contribute a toonie to the collection. January through August, half stays with the unit and half comes to Combined Charities; September through December, the full collection comes to Combined Charities.

Payroll allotment – sign up online to make a one-time or ongoing Combined Charities' contribution. If every Defence Team member contributed \$1 per pay, we'd raise over \$70,000!

You will receive a tax receipt on your 2025 T4. There are links and a how-to guide via the wing's internal Splashpage.

October 17 – 5K Sock Ruck – CAF Sports Day October 17 saw volunteers pack a rucksack full of donated new socks for a 5K walk. Collected socks will be donated to Valley shelters and service organizations.

October 26 – Mess 50/ 50 – bring a few bucks to the Mess for the Halloween bingo event's 50/50: tickets 1 for \$2, 3 for \$5, 10 for \$10. Winner takes half the cash!

October 31 – Park Like a Boss – get your unit-level ticket to Park Like a Boss November. December/ January! The wing commander has offered up designated parking spots around the wing for raffle. Units keep all proceeds. Contact your unit representative for tickets.

October 31 – Dress up for Work! – Defence Team members may dress up for Halloween at work (following some guidelines for appropriate costume components). Make your freewill contribution (suggested donation \$5) with your unit representative.

November 16 – Craft sale – Combined Charities welcomes 80 crafters and vendors to a one-day sale event (10 a.m. to 2 p.m.) at the Church Street Community Centre. Admission is \$2 (includes door prize ticket; extra tickets \$2), 50/ 50, vendor goodies in a ticket auction. To book a table – or volunteer at the event! - contact Sara White, sara.white@forces.gc.ca

November 30 – Mess 50/ 50 – bring a few bucks to the Mess for the tasting event's 50/50: tickets 1 for \$2, 3 for \$5, 10 for \$10. Winner takes half the cash!

December 1 to 31 – Megachit – for \$25, dress business casual every day through the month of December. Contact your unit representative for the chit document and to make your contribution.

December 4 – Mess 50/ 50 – bring a few bucks to the Mess for the Christmas bingo event's 50/50: tickets 1 for \$2, 3 for \$5, 10 for \$10. Winner takes half the cash!

December 7 - Festival of Trees – this is Combined Charities' marquee event, hosted at the Greenwood Mall. 14 Wing units and community business and organizations decorate and prize table-top trees in a mall-wide display – winners take the tree, and all the goodies on it! Raffle tickets are \$5 (envelope of 10 tickets), available 11 a.m. to 3 p.m., with draws at 3 p.m. There is also a prize tree, with hourly draws. To enter a tree, donate a prize to the hourly prize draw tree – or volunteer at the event! - contact Sara White, sara.white@forces.gc.ca

December 19 – command team head/ beard shaving challenge – units are challenged to collect money – if the wing can collectively hit \$2,000 by December 13, the WC will shave his head and the WCWO will shave his beard December 19. The unit that raises the most (a % math calculation using Monitor Mass unit personnel/ money raised, compared to others), this will happen at YOUR unit December 19 Sticky Floor event.



The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

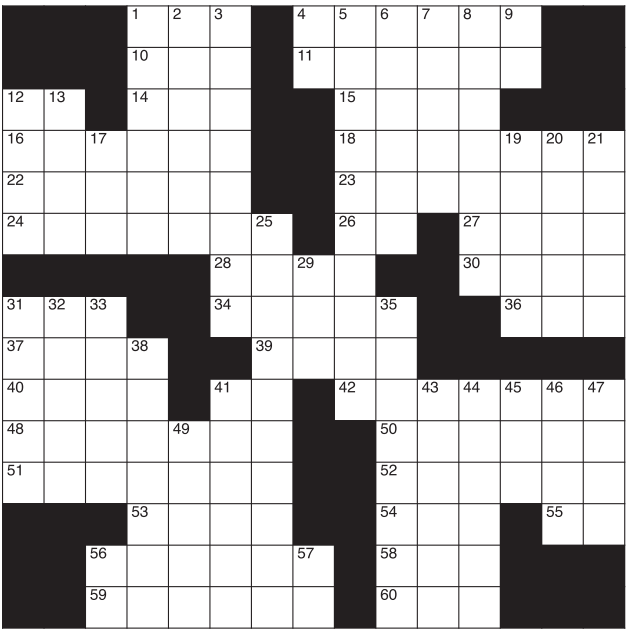
Veterans' hobby program
October 22, 10 a.m. to 12:30 p.m., The Veteran's Lodge is hosting a free Hobby Hang-out program for veterans at 7Arts, Greenwood. There will be a variety of activity options

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.aliantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédant la publication, à moins d'avis contraire.

as well as light refreshments. Pre-registration is required by emailing theveteranslodge@gmail.com
Take-out supper
October 22 is the deadline to pre-order take-out turkey suppers

crossword

solution page 13



- ACROSS
- '60 Minutes' network
 - Train line
 - Go quickly
 - Straightforward
 - Canadian province
 - At any rate (abbr.)
 - Genealogy
 - Make changes
 - Utter repeatedly
 - In a way, turned up
 - Type of ship
 - Agents of one's downfall
 - Not out
 - Something to scratch
 - Round water pot
 - Refreshing green fruit (slang)
 - Promotions
 - Primordial matters
 - One-time world power (abbr.)
 - Source of illumination
 - The content of cognition
40. An Arab ruler
- South Dakota
 - Gnawed at with teeth
 - Hawaiian island
 - Smaller
 - Of a single person
 - Rigid bracelet
 - Barbary sheep (Fr.)
 - Not even
 - Specific gravity
 - Engage in petty bargaining
 - Boxing's "GOAT"
 - Split between parties
 - Notable offensive
- DOWN
- A place to lounge
 - Skewed views
 - Peacefully
 - Commercial
 - Auxiliary forces
 - Large mollusk
 - Take out again
 - Sharp and forthright
 - Knight (chess)
 - Source of fiber
 - Flesh covering some
- birds' beaks
- Energy
 - Night monkeys
 - genus
 - Small, sharp nails
 - Pleasant-smelling liquid
 - Affirms one's hold
 - CNN's founder
 - Texans can't forget it
 - 'Openheimer' actor
 - Matt
 - Expression
 - Vessel
 - Lacking poetic beauty
 - Tall, swift and slender dog
 - Sports personality
 - Michelle
 - Robber
 - Liquefied natural gas
 - Snake-like fishes
 - The most worthless part of something
 - City in Crimea
 - Bad grades
 - Reichsmark

crossword brought to you compliments of



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(\$18 each) from the Three Rivers Community Centre, 41 Messenger Rd, Torbrook Mines. Meal pick-up will be October 24, 4:30 p.m. to 6 p.m. Pre-orders only by October 22 at 902-824-3605.

Youth art lessons
October 22, 4:30 p.m. to 5:30 p.m., 7arts in Greenwood hosts youth art lessons. New projects each week. Ages seven to 12, \$25/lesson or \$80/ four lessons. Register at info@7Arts.ca
Introduction to watercolour painting
October 22, 1 p.m. to 3 p.m. (four-week program October 22, 29, November 6 and 12), beginner or refresher watercolour course at 7Arts, Greenwood, guided by Luanne Hartman, an accomplished artist who makes your experience fun and productive. No experience necessary. For ages 18+. Cost is \$140 (includes all supplies). Registration/ prepayment required by October 20.

Harmony in Motion
October 23 and 30, 10 a.m. to 11:30 am. Discover well-being at 7Arts, Greenwood, in this free therapeutic music-making and creative movement program. Designed specifically for older adults, including those with neurodegenerative conditions such as dementia and Parkinson's, our program combines the power of music and movement to enhance physical, emotional and cognitive health. To register, email info@7Arts.ca
Fibre arts group
October 23 and 30, 6:30 p.m. to 8:30 p.m. Are you a fibre craft artist (knitting, crochet, cross stitch, embroidery, felting or rug hooking) that would like to meet like-minded individuals? Drop by 7Arts, Greenwood, for a craft & chat group. Everyone welcome! Bring your own materials or purchase a kit from us! Suggested donation \$5 per person.
Shredding event
October 24, 10 a.m. to 1 p.m., there will be a free community shredding event for seniors at the Esso/ Tim's parking lot, Exit 8A Lockhartville. For info: Seniors' Safety director, Trish Colman, at 902-670-0725. Identity theft is the number one growing crime in North America. Documents containing your name, phone number, address, or financial, legal and medical information should be shredded before recycling. Presented by the Kings County Senior Safety Program.



ARIES - Mar 21/Apr 20
You'll feel a strong urge to take initiative, especially in areas related to your career or personal projects, Aries. However, be careful to avoid overextending yourself.
TAURUS - Apr 21/May 21
Taurus, you might find yourself evaluating your spending habits or considering new ways to increase your income. It's a good time for financial planning and budgeting.
GEMINI - May 22/Jun 21
Gemini, be open to new information and perspectives, as they could lead to valuable insights. Social interactions may be particularly rewarding, so make time for friends.

CANCER - Jun 22/Jul 22
You may find yourself reevaluating your work-life balance, Cancer. It's a good time to establish healthy habits and set realistic goals for self-improvement.
LEO - Jul 23/Aug 23
Romantic relationships may experience a boost this week, so it's a great time for connection and fun, Leo. Just be mindful of avoiding overindulgence and don't stray from your principles.
VIRGO - Aug 24/Sept 22
Virgo, it's a good week for practical projects that enhance your daily life. Think about what you can change around the house to be more efficient with your actions and time.

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www.frasers.ca



Digital art classes
October 24, 6 p.m. to 7 p.m.: have you ever wanted to try digital art but aren't sure where to begin? 7Arts, Greenwood, hosts a beginner-friendly class. Explore essential tools, techniques and creative basics to master digital art software and create your own artworks. Participants are required to bring their own iPad and stylus. Cost is \$25 per class. Register by email at info@7arts.ca
CentreStage Theatre
October 25, 26, November 1, 2, 8, 9 – 7:30 p.m.; October 27 and November 3 – 2 p.m.: Centre-Stage Theatre, 61 River Street, Kentville; presents "Waiting for the Parade," by Canadian playwright John Murrell, directed by Ewan Fox, produced by special arrangement with Meg Murrell-Peloquin. This story is set in Calgary from 1939 to 1945 and follows the lives of five women during the war - a very different time from now, and all our ways to instantly communicate. Adults \$18, children under 12 \$7, students and seniors \$15. Reservations: 902-678-8040. Payment at the door (cash, credit, debit). Info: centrestagetheatre.ca
Takeout turkey supper
October 26, 4 p.m. to 6 p.m., All Saints Anglican Church, 521 Pleasant Street, Kingston (turn west off Bridge Street); is holding a turkey takeout supper. Menu: turkey, mashed potatoes, peas, carrots and all the fixings, assorted pies. \$18/ person. You must call to book your take out: phone Lorrie at 902-760-0729.

Yard sale
October 26, 8 a.m. to 1 p.m., the Kingston Lions host their annual Fall yard sale. Appliances, furniture, housewares, tools, small appliances, toys, games, etc. Canteen available. Funds raised will go towards Lions' projects in the community.

Social circle
October 26, 1:30 p.m., the Wilmot Baptist Church (Dodge Road and Hwy 1, Wilmot), invites you to the afternoon Good Samaritan Circle. This month: DIY micro-greening and a Christmas craft, refreshments aplenty. Supplies – and fun – are free. Goodwill donations welcome. 902-698-9467 for info.

Halloween dance
October 26, 8 p.m., the Berwick Legion hosts a Halloween dance, featuring Joker's Right. Tickets available in advance at the Legion bar for \$15; \$20 at the door. Ages 19-plus.
Stuff-a-tent food drive
October 26, 10 a.m. to 2 p.m., Berwick Girl Guides invite you to bring a non-perishable food donation to their 3rd Stuff-a-Tent event for the Berwick Food Bank on the Berwick town hall front lawn. Rain or shine. Challenge: most items from a team, business, organization, etc contributed wins your group a box each of our chocolate mint And vanilla and chocolate sandwich cookies. For info: Sara, cskeddy@hotmail.ca

Naturalist art workshops
October 26, 10:30 a.m. to 12:30 p.m., join naturalist Agnes at 7Arts, Greenwood, as she guides you through the art of being a naturalist. Cost is \$35 for your first naturalist workshop, \$30 for each naturalist workshop following. Register by emailing info@7Arts.ca

MakerSpace
October 26, 12:30 p.m. to 3:30 p.m., 7Arts, Greenwood, holds a MakerSpace. Bring a project to work on, start something new or purchase one of our kits. Drop-ins welcome and encouraged! Cost starts at \$10. Caregivers free.

Upper Clements Trails Hike
October 27, 1 p.m., Hike Nova Scotia and Annapolis County Recreation present a guided hike on the Upper Clements Trails in Upper Clements. Registration may be required in advance; details at hikenovascotia.ca
Greenwood Military Aviation Museum Society – AGM
October 29, 2 p.m., the Greenwood Military Aviation Museum Society will hold its annual general meeting in the museum conference room (CANEX). Paid-up society members are invited to attend the AGM; any current member, as of October 15, may vote, offer to serve on the board, or nominate a member to the board of directors. Nominations must be sent/ emailed to the AGM chairman, Ian Patrick, c/o the Greenwood Military Aviation Museum, PO Box 786, Greenwood, NS, B0P

sudoku

solution page 13

			7	4			3	
7	9					8	6	
	5	8	9	1			2	
6		4	5	7	9			
	3						2	
					2	9		5
	3		4	5	7			6
					8	7	5	3
5	7	2	6				9	

Level: Beginner

Fun By The Numbers
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

you through the art of being a naturalist. Cost is \$35 for your first naturalist workshop, \$30 for each naturalist workshop following. Register by emailing info@7Arts.ca

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Greenwood Military Aviation Museum Society – AGM
October 29, 2 p.m., the Greenwood Military Aviation Museum Society will hold its annual general meeting in the museum conference room (CANEX). Paid-up society members are invited to attend the AGM; any current member, as of October 15, may vote, offer to serve on the board, or nominate a member to the board of directors. Nominations must be sent/ emailed to the AGM chairman, Ian Patrick, c/o the Greenwood Military Aviation Museum, PO Box 786, Greenwood, NS, B0P

MakerSpace
October 26, 12:30 p.m. to 3:30 p.m., 7Arts, Greenwood, holds a MakerSpace. Bring a project to work on, start something new or purchase one of our kits. Drop-ins welcome and encouraged! Cost starts at \$10. Caregivers free.

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Kingston Legion Br 98 EVENTS

Office 902-765-4920 • Bar 902-765-4428 • Fax 902-765-2479
E-Mail legion98sect@eastlink.ca • Facebook: Kingston Legion Br.098

WEEKLY EVENTS
Saturdays – Meat Draw and Chase the Ace
Sundays – Bingo – 1pm (Doors open at 11am). Everyone is welcome.
Monday – Monday Night Darts at 7pm
Tuesday – Tuesday night Darts at 7pm | **Crokinole league** 6:30pm
Wednesdays – Veteran's Social – 10am – All Veterans are Welcome.
Have a coffee and a snack & meet other Veterans | **Euchre** – 7pm
Thursdays – Thursday Night Darts – 7pm | **Thursday Nights Crib** – 7pm
Fridays – Friday Night Darts – 7pm
Foot Clinic Care – Call Heather at 902-300-3559 to book an appt.
OP Vet Build – takes place on the 2nd and 3rd Fridays of the Month – 9am
If you have any questions or you are interested in participating, please send a message or an RSVP to: rc198.opvetbuild@gmail.com
KASA (Kingston Area Seniors Association) **Fun Days** – Every 2nd and 4th Friday afternoon of the month in the Lounge – Come out and enjoy games, cards, friendly talk and light refreshments – Guests – \$2 drop-in fee.

UPCOMING EVENTS
Poppy Campaign begins Oct.25th – Support your local Veteran's. Wear a Poppy.
Halloween Dance – Saturday, Oct.26th, 8-Midnight – High Energy DJ – Cost \$10 per person. Wear a costume for a chance to win tickets to our New Year's Eve Dance. All Welcome to attend.
Karaoke – Nov.1st in the Lounge 7:30 – 10pm. Open to members and guests.
Remembrance Day indoor morning service will be held at 9:45am – Nov.11th. Followed by an outdoor wreath laying service – 11am
Kingston Legion's 2nd Annual Holiday Craft Show – Saturday, Nov.23rd, 10am-4pm
Comedian Tina Randall will be performing again at the Legion – Nov.28th. Tickets are now available at the bar for \$25 per person. (Bar opens at Noon), Open to all.
Dance – Nov.30th – Jokers Right – 8-Midnight. \$10 per person. All Welcome.
No Saturday Morning Community Breakfasts for Nov. or Dec.
NYE Dance – Dec.31st – DJ High Energy – Tickets will be available late Nov. or early Dec.

Support the Kingston Legion by buying 50/50 tickets on-line at: www.rafflebox.ca/raffler/crns
Remember to select in support of: Kingston Br.98



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VALLEY DRUG MART

Legion Calendar Sponsored by

613 Main St.
KINGSTON
902-765-2103

26 Commercial St.
MIDDLETON
902-825-4822

1NO; or ijpatrick@eastlink.ca by October 22.

Remembrance Day presentation
November 10, 3 p.m., “Who Will Remember?” is a presentation of poetry and songs from the First World War, hosted by the Aylesford United Church, 2414 Highway 1 (wheelchair accessible). Freewill offering will be shared between the church and Doctors without Borders.

Breakfast
November 16, 8 a.m. to 10:30 a.m., the Aylesford United Church, 2414 Hwy 1, Aylesford; will hold a community breakfast. Freewill offering. Made-from-scratch pancakes, sliced fried ham, pork and apple breakfast sausages, fluffy scrambled eggs, coffee/ tea/ juice.

Crafters' and vendor's sale
November 16, 10 a.m. to 2 p.m., 14 Wing Greenwood Combined Charities, the wing's national workplace giving campaign, hosts a fundraisers crafters' and vendors' sale at the Greenwood Community Centre, Bldg 100, Church Street, Greenwood. 80+ tables, your \$2 admission gets you a door prize ticket, ticket auction of crafters' goodie baskets (10 tickets \$5), 50/50 (1 ticket \$2, 3 tickets \$5, 10 tickets \$10). All draws at 2 p.m. (you do not have to be present). To book a table: see the FB event, or contact Sara at cskeddy@hotmail.ca.

Swordfish heritage artefact back home in Greenwood museum

Malcolm Uhlman, Greenwood Military Aviation Museum

The Greenwood Military Aviation Museum has a new artefact of significant historical aviation importance, thanks to a special visitor September 5.

Carl Pedersen, of Middle Lake, Saskatchewan; arrived with a salvaged item – an actual 415 Squadron mascot decal of Sydney the Swordfish, of the 415 “Swordfish.” Pedersen salvaged this piece

of the actual aircraft from a salvage yard in Swift Current, Saskatchewan; taken from the left side fuselage, under the pilot's window, of Argus #733, the last operational flight of an Argus from CFB Summerside in the late 1970s.

Pedersen's father, flight engineer Sergeant K.E. “Pete” Pedersen, crewed on this aircraft.

The museum is honoured by the presentation, keeping an historical item of maritime air command in safe keeping. →



Greenwood Military Aviation Museum visitor Carl Pedersen, centre, made a special 415 Squadron heritage presentation to the museum in September, accepted by museum volunteers Ian Patrick, left, and Brian Handley.

M. Uhlman

classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 9 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 568-5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 568-5833; email auroramarketing@ns.aliantzinc.ca.

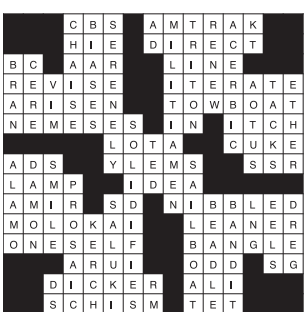
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nel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

Les annonces classées doivent être réservées et payées à l'avance avant 9 h, le mercredi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 local 568-5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 568-5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

crossword solution



sudoku solution

1	8	2	7	4	6	5	3	9
4	7	9	3	2	5	8	6	1
3	6	5	8	9	1	4	7	2
6	2	4	5	7	9	3	1	8
5	9	3	1	8	4	6	2	7
7	1	8	6	3	2	9	4	5
9	3	1	4	5	7	2	8	6
2	4	6	9	1	8	7	5	3
8	5	7	2	6	3	1	9	4

the Aurora find & win

Three easy ways to enter.

- Through our website: auroranewspaper.com
- Fax: 902-765-1717
- Drop into our office located at 61 School Road (Morfee Annex)

ONE ENTRY PER PERSON

Full name _____ Phone number _____

Complete the following questions from ads in the current issue and win a **\$20 coupon to play Friday Night BINGO** from **Aylesford & District Lions Club**. Coupons valid for 1 year. Age 17+ on regular games.

- What is the name of the European-style inn & restaurant? _____
- Who has everything you need for a great stay? _____
- Who now offers propane delivery? _____
- What begins October 25? _____
- When do the new dental contracts take effect? _____

Congratulations to this week's winner: **DALE MCKAY**

other interesting items. Be kind to each other. Tables available for rent call 902-847-0324. Thank you. (4532-4tpb)

APARTMENT FOR RENT

FOR RENT – Kingston Lincoln Shire Apartments – two bedroom, five appliances starting at \$1425-1475 per month plus utilities. Available now & November 1st. Please call 902-840-0683 or visit our website at www.bandnproperties.ca and apply online. (4533-1tp)

FLEA MARKET

SOMETHING FOR EVERYONE INDOOR FLEA MARKET – 812 King St., Kingston, N.S. Behind Tim Hortons and Freemans ESSO. Now open Monday, Thursday, Saturday and Sunday, 9 a.m. to 3 p.m., weather permitting. Admission \$1.00 (Adults) Children under 12 free. Everyone welcome. Christmas crafts, antiques, furniture, fire hydrant, 1920's car fenders, records, books, old tools, tea towels, knitted scarfs, hats, hanging shelves, rock hummingbird carvings, dream catchers, trees of life, toys, sport cards, filing cabinets and



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Detailed and descriptive game settings make up the Warhammer game-playing space, monthly at the Annapolis Mess. Their next night out is coming up October 26, and new players are welcome. Aviator G. Shaver, 14 Wing Imaging

Warhammer tactics, luck, game settings, camaraderie growing at monthly Mess event

Acting Sub-Lieutenant
Taylor Rhuland

14 Wing Greenwood's Annapolis Mess hosted its fifth Warhammer 40K event in the Tow Bar September 21, an initiative organized by Corporal Patrick Langille and some close friends. This event aims to foster military and community engagement through this popular strategic board game.

Warhammer 40K allows players to assemble, design and paint miniature models to create their own armies for tactical battles.

"When you buy the models, they come unassembled and unpainted," says Langille. While painting is encouraged, it is not a requirement, making the game accessible for newcomers.

The game is deeply rooted in strategy, complemented by a range of rule books, novels, short stories, anthologies, art and video games that provide lore. However, familiarity with these resources is not necessary to enjoy the game. Strategy aside, a big component of the game is rolling of the dice. "You could have the best army in the world and the best dice but, if you roll

poorly, you're out of luck."

The evening featured casual games lasting between two to four hours, providing ample opportunities for socializing and learning. Since it began in April, the group has expanded from a few friends to approximately 30 participants who connect through a dedicated Facebook groupchat. Langille hopes for continued growth at 14 Wing, inviting newcomers, even with no prior experience, to reach out for assistance in building army lists and navigating the game.

"We're always looking for more people to join, both military and civilian," says Langille. As the event is held at the Annapolis Mess' Tow Bar, attendees must be Mess members, and 19-plus.

As excitement builds, Langille says the group is already planning a sixth Warhammer 40K event at the Annapolis Mess October 26. Participants may stay updated by joining the Facebook group chat or by contacting Langille directly, who is eager to share his extensive knowledge about the game and its potential to strengthen bonds among members of 14 Wing Greenwood. ➔

Relationships, finances and your family's health

October 21 to November 1, Military Family Services, with the collaboration of Family Violence Advisory Teams in Canada and OUTCAN, will highlight their National Healthy Relationships Campaign, which models positive and healthy relationships and related behaviours. It shows how CAF members and their families may promote and adopt such behaviours. This year, the campaign explores the topic of managing finances as a couple, with an overarching theme of Relationships and Finances.

Military-specific circumstances and demands may put stress on families, partners, children and friends. Military families face unique challenges, including frequent relocation, the possibility of separation during deployment, shifts in family roles and the potential risk of injury to a loved one.

The nine dimensions of health (as highlighted in the Defence Team Total Health and Wellness Strategy) are interconnected elements that, together, contribute to overall well-being. Within the family dimension, health and



wellness may be influenced by both our work and home lives. Building and maintaining positive relationships with those around us may impact our health and day-to-day life.

Family dynamics and relationships may be different for everyone. No matter how you define "family," close-knit relationships may offer significant benefits to your quality of life. Positive familial relationships can help you flourish, with a sense of security, belonging, emotional and everyday life support.

Family relationships may promote well-being by:

- Sharing emotional support during times of

sibilities like childcare, finances, and household work, easing the stress that can be associated with these tasks.

- Fostering resilience, high self-esteem, and self-compassion to protect against the adverse health effects of hardships and challenging life events.

Department of National Defence employees and their families may access the Employee Assistance Program for services like short-term counselling and life smart coaching. These services provide support on topics including:

- New parent support

- Childcare and parenting
- Elder and family care
- Relationship solutions
- Legal advisory services

CAF members have access to the following services: -The Canadian Forces Member Assistance Program offers confidential, voluntary, short-term counselling to assist with resolving many of today's stresses at home and in the workplace.

- Canadian Forces Morale and Welfare Services delivers programs and services for CAF members, veterans and their families.
- The Canadian Forces Morale and Welfare Services

Family Information Line (1-800-866-4546) is a confidential, personal, bilingual and free service offering information, support, referrals, reassurance and crisis management to the military community.

- The Strengthening the Forces health promotion program gives CAF members information, skills and tools to promote and improve health and well-being.

- Military Family Resource Centres help connect military families to a wide range of programs and services. ➔



Valley Waste Welcome Guide



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www.vworm.com

CURBSIDE COLLECTION

Curbside Collection takes place **bi-weekly** on Tuesday Week 1 in Kingston and Greenwood. Visit our website for more information on other areas. **Collection starts at 7am.**

Garbage (clear bags)	Recycling (blue bags)	Total bags allowed
4	4	8
1	7	8
2	6	8
3	5	8

CURBSIDE SET-OUT

You are allowed a **limit of 8 bags** of which 4 can be garbage (only one solid bag can be included in your 4-bag garbage limit), and 4 bags can be recycling. **Garbage should be in clear bags and recycling in blue bags.**

Green carts are assigned to the property you live in. Maximum weight limit not to exceed 100kg.

Cardboard
Maximum 2 flat bundles no larger than 3ftx2ftx1ft.

Brush
Maximum 2 tied bundles no larger than 4ftx2ft.



SORTING GUIDE

Want reminders for collection day? Storm day updates? Questions about what goes where? **Download the Recycle Coach app** from either the Google Store or Apple Store.

HOUSEHOLD HAZARDOUS WASTE (HHW)

A product is considered HHW if it bears a dangerous goods symbol, or if words such as danger, poisonous, caution, or warning appear on the label. They cannot be disposed of in regular garbage, and can be brought into our sites for free.

ELECTRONICS

Some electronics are accepted for free at ENVIRO-DEPOT™ and management sites. Cooling devices are not included.



BATTERIES

Some lithium batteries can be flammable. Ensure they are bagged or taped and bring to our site for free.

FALL CLEAN-UP

There are two bulky waste clean-ups annually, in the Spring and the Fall. Check our website for your location's clean-up dates and rules.

Bagged items **must** be in clear bags.

The following items will not be collected:

- Cooling Devices like freezers, air conditioners, dehumidifiers, fridges
- Tires, Large Auto Parts, Batteries
- Cardboard, and Recyclables
- Leaves and Yard Waste
- Household Hazardous Waste
- Household Batteries
- Electronics like TVs, computers, printers, microwaves, stereos, monitors, phones (free to drop off at our sites or EPRA locations).

www.recyclenyelectronics.ca

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Your local Enviro-Depot™ accepts refundables, electronics and household paint.

TIRES

Up to four rimless tires a day can be returned to any tire dealership, free of charge.

VALLEY WASTE CALENDARS

Valley Waste's annual calendar with tips, and guides which can be found at your local town and village offices, Enviro-Depots, libraries, and the Valley Waste office.



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November 29 vs Truro | 7 pm
December 13 vs Amherst | 7 pm

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ADVERTORIAL



Attention Career Transitioning Military

Shape the Future of Canada's Air Force as an Aircraft Fleet Engineer with KF Aerospace

Canada is entering a new era of military aircrew training, with SkyAllyne selected by the Government of Canada as the contractor for the Future Aircrew Training (FACt) Program. KF Aerospace, a proudly Canadian company and founding partner in SkyAllyne, plays a critical role in ensuring the airworthiness of five new fleets of training aircraft for the 25+ year program.

We are seeking experienced aerospace engineers today, particularly those transitioning from the Canadian Armed Forces (CAF), to join us in this pivotal role as Aircraft Fleet Engineers for FACt.

This is more than just an engineering job—it's an opportunity to shape the future of Canada's Air Force.

Start from the Ground Up

Imagine being at the forefront of a groundbreaking new program that is set to redefine aircrew training for Canada's Air Force. Your expertise will help drive the development and execution of a training program that will prepare the next generation of RCAF pilots, Air Combat Systems Operators, and Airborne Electronic Sensor Operators. This is a unique opportunity to have a lasting impact on military aviation in Canada and globally.

Your Work is Instrumental

The success of the FACt Program relies heavily on the skills and dedication of its aerospace engineers. Your work will be crucial in managing airworthiness clearances and addressing fleet technical issues, directly influencing the operational readiness of one of the RCAF's most vital programs. This role demands both technical proficiency and a strong commitment to excellence.

Work on State-of-the-Art Aircraft

One of the most exciting aspects of the FACt Program is the chance to work on the RCAF's new fleet of training aircraft. The Grob 120TP, Pilatus PC-21, Beechcraft/Textron King Air 260, DeHavilland Dash-8-400, and Airbus H-135 Helicopter will form the backbone of FACt, stationed at training bases in Moose Jaw, Southport, and Winnipeg. You'll be based in SkyAllyne's Ottawa Joint Management Office, collaborating with the Department of National Defence and RCAF personnel to ensure program success. Whether handling risk management, configuration management, or technical problem resolution, you'll apply your skills to some of the most advanced training aircraft in the world.

Competitive Compensation and Benefits

At KF Aerospace, we recognize the challenges of transitioning from military to civilian life. That's why we offer competitive compensation and benefits to ease this transition. As part of the FACt Program, you'll enjoy a rewarding career with flexibility and a supportive team. Based in Ottawa, this role provides

the perfect balance of professional challenge and personal well-being, with comprehensive benefits including health and dental coverage, pension matching, and relocation assistance for you and your family if you're moving to Ottawa.

Be a Part of History

Canada's military aircrew training has a storied history of excellence, and the FACt Program is set to continue this legacy, especially as the Royal Canadian Air Force celebrates its 100th anniversary. By joining KF Aerospace and the SkyAllyne team, you'll play a vital role in writing the next chapter of this proud history.

If you're a retiring CAF aerospace engineer looking for your next challenge, the FACt Program with KF Aerospace and SkyAllyne offers a unique opportunity to continue serving your country in a meaningful and impactful way.

Join us in shaping the future of Canada's Air Force—apply today and be part of something truly extraordinary.

For more information, visit
kfaero.ca/factcareers

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