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# the Aurora

Vol. 45 No. 01

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## 42 years-plus, MCK still 'chomping at the bit'

RCAF ground-breaking pilot  
to be inducted into Canadian  
aviation hall of fame

**Sara White,  
Managing editor**

Captain Mary Cameron-Kelly considers herself a flying-under-the-radar kind of person, a member of a team, "not someone who barks a lot." She's had a pretty hard time keeping that preferred low profile in the later years of her 42-years (and counting) Royal Canadian Air Force career.

The first female technical instructor at 404 Squadron in 1986; the first female CP140 Aurora pilot in the Canadian Armed Forces in 1991; the world's first female maritime patrol crew commander in 1995; the first pilot instructor on the Aurora; a Nova Scotia Woman of Excellence in 2007; a Canadian 99's aviator stamp recipient in 2018; highlighted in "High Flyers," a book of women military pilots, in 2018; a top-20 military Women in Defence in 2019; the Elsie MacGill Award as an aviation pioneer in 2019.... Soon, she'll be a member of Canada's Aviation

Hall of Fame at the September induction.

"I like to not make a big deal out of things sometimes," she says. "This is overwhelming and humbling, I'm not going to lie. This – and the other awards, it really shows me the support I have, how a lot of doors opened for me."

MCK did her fair share of determinedly opening those doors. Joining the military out of high school to become a pilot, she trained as an airframe technician. Her fourth attempt to transfer to the pilot trade was successful. Thousands of hours in the air, and years later, MCK has her eye on at least one more goal: marking a year in the air, 8,760 flying hours.

"December 5, I had 8,682 – I need 78 hours to get it – I'm hoping it'll be before September," she says, acknowledging recent surgery has her "chomping at the bit."

"Hopefully, mid-January, I'll be clear to go. Then, I'm going at



**Royal Canadian Air Force pilot Captain Mary Cameron-Kelly is a CP140 Aurora pilot instructor with 14 Wing Greenwood's 404 (Long Range Patrol and Training) Squadron. She will join Canada's Aviation Hall of Fame in September, in recognition of her ground-breaking 42-years (and counting) RCAF career.**

Corporal D. Ouellet, 14 Wing Imaging



**In 1985, Mary Cameron-Kelly, having earned her private pilot license while posted at 14 Wing Greenwood as an airframe technician, was named the second Best Amateur Pilot in that year's Webster Competition.** Submitted

'er. I'll just take whatever is going – there are a lot of air shows in 2024. Everyone at work knows I want the hours, and they'll help me out. I'm Regular Force CRA 65, and I can take bragging rights as the oldest Aurora pilot."

MCK loves her job: flying, flying the Aurora, teaching others to fly the Aurora.

"I like the job of the Aurora, and the day depends on the mis-

sion. There are days taskings are not quite interesting or exciting, but you go out and do your job. Other times, you get to help people and make a difference."

In 2003, she flew the Aurora over the Arabian Gulf in the international fight against terrorism. In 2015, she was one of two female aircraft commanders involved in a search off Baffin Island, pinpointing crew from



**In 2003, Mary Cameron-Kelly, left, catches a break in the back of a CP140 Aurora, on an Operation Apollo flight over the Arabian Gulf during the international fight against terrorism.** Submitted

the sinking Atlantic Charger for boat rescue.

"I remember there were seven or eight girls between the two aircraft, and we had a toast on the balcony at Iqaluit in flip flops and shorts after – that was a blast, just a fluke there were so many women involved."

Most recently with 404 (Long Range Patrol and Training) Squadron at 14 Wing Green-

wood – where she's spent 20 years off and on, MCK teaches aircrew.

"I went through my logbook – I've trained over 160 students, all doing pilot things. Half my Aurora hours are here at 404. I feel like an old fart – it's hard to believe I'm in the older generation, and some of these crew are

Continued on page 4...



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## Start of the 100th

Royal Canadian Legion Branch 24 Bridgewater president Dan Beaudreau launched January 1 and the centennial anniversary year of the Royal Canadian Air Force with a flag-raising over Veterans Memorial Park. The flag will remain overhead until the end of 2024.

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron

## Unveiling RCAF's new eagle mascot: symbol of legacy, unity

To foster a sense of identity and leave a legacy, the Royal Canadian Air Force is gearing up to introduce its mascot, inspired by the iconic September Army Run event.

Honorary Colonel Andrew Abbott and Colonel Maggie Jacula witnessed the impact of Juno, the Army's mascot, and felt the RCAF deserved a similar symbol. A mascot will leave a great legacy, marking the centennial of the air force in 2024. The significance of the mascot, an eagle, holds a special place within the the air force: the eagle is featured on the cap badge, symbolizing strength, majesty and keen vision.

"I am thrilled to invite every military community member to be a part of our exciting journey in naming our new eagle mascot. This is a unique opportunity for us to collectively contribute to the



identity of our air force during its centennial year," says Jacula. "The naming contest is a chance for creativity to soar, and I encourage everyone to share their ideas for a name that truly captures the spirit of the RCAF."

Criteria emphasize inclusivity, bilingualism and a representation of the essence of the RCAF. The selection team is confident the perfect name will resonate with the spirit and values of the RCAF. For information, contact info@

RCAF2024ARC.ca. The deadline is January 26.

The introduction of the mascot is scheduled for Winterlude in early February. The mascot is poised to appear at RCAF 2024 events across the country. ➔



Canadian Armed Forces personnel were guests of honour at the December 16 Toronto Maple Leafs' home game, as the NHL team hosted its annual military appreciation game.

Toronto Maple Leafs

## 14 Wing's Bates steps out for the Leafs

**Sara White,**  
Managing editor

Chief Warrant Officer Stephen Bates admits he doesn't have "a team," but he enjoyed the opportunity to drop the ceremonial puck to open the December 16 Toronto Maple Leafs' home game against the Pittsburgh Penguins.

"If I did have a team, it'd have been the Quebec Nordiques!" he said, following the event.

"I like hockey, I knew all the

players, but I don't follow it – I had the chance to talk to Max Domi, and that was fun."

Bates is the 413 (Transport and Rescue) Squadron chief warrant officer. He's not sure how he was selected for the puck-dropping honours: "I got a phone call asking if I would consider doing it, so I asked my wife (Corporal Angela Chenier). I wouldn't do it by myself."

The Maple Leafs opened their game with a lovely video tribute on their Jumbotron

and via the Hockey Night in Canada televised game, highlighting Bates' 33-year Royal Canadian Air Force career. Game announcer Mike Ross described how Bates, posted to the Skyhawks, the Canadian Forces Parachute Demonstration Team; made over 1,600 jumps. His first search-and-rescue technician mission was just 14 days after he completed SAR-Tech training, parachuting into a plane crash to help rescue seven injured people. In 2017, he assisted

in the medevac of an ill man from a fishing vessel in terrible operating conditions, off the coast of Nova Scotia, and was awarded the Medal of Bravery.

The video presentation also showed the Skyhawks jumping

from an aircraft with the puck, which ended with parachute rigger specialist Master Corporal Trevor Neiland walking the puck into the rink and delivering it to Bates for the opening.

Bates was impressed with

the event, as the Maple Leafs welcomed military members for the day for necessary rehearsals, the formalities, as spectators for the game and then for an on-ice meet and greet afterwards. ➔



Dartmouth Aviator Henry Goupil, left, on course to become a Royal Canadian Air Force avionics systems technician; introduced himself to 14 Wing Greenwood's 413 (Transport and Rescue) Squadron Chief Warrant Officer Stephen Bates. Goupil is the nephew of Aurora Newspaper managing editor Sara White; Bates dropped the ceremonial opening puck in recognition of an exemplary career.

Submitted



Corporal Angela Chenier, posted at 5th Canadian Division Support Base Detachment Aldershot and the partner of 413 (Transport & Rescue) Squadron Chief Warrant Officer Stephen Bates, had the chance to meet Toronto Maple Leafs assistant captain Morgan Rielly, as Bates dropped the puck for the December 16 Canadian Armed Forces Appreciation game in Toronto.

Toronto Maple Leafs

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Between 1989 and 1991, Mary Cameron-Kelly trained on the Tutor as part of her military pilot course. Submitted

## 42 years-plus...

...cover in their 20s and 30s. I could be their mother. "Trust them? Yes. It's part of their training, to see how they handle themselves, the crew and the plane. This is a different type of generation – so tech savvy. I've got people skills and old-school stuff, and know things often works a couple ways and I can rely on working things out. If everyone is safe, I'll see where things are going, see what decisions people make. That's how they learn."

On her 2024 to-do list: attend a string of scheduled air shows, showcasing the Aurora as part of the RCAF centennial. MCK is often the go-to at 14 Wing for fly-pasts and air shows. "I've flown every Aurora. Every one, even the one on the pedestal at the museum. Once you fly a plane a couple times, and go away with it, you know it's quirks – some of them have them, and you're like, 'Oh, I remember that, oh yeah.' "I'm trying to train up a couple guys for air shows, and show them the 'tricks of the trade.' You have to keep everything within normal limits, but there are ways you handle the plane



In 1981, Mary Cameron-Kelly was a 19-year-old recruit, second row, second from right; in an all-female course at the old Cornwallis base. Submitted

to show better aspects and keep things tight."

Over the years, MCK has had

the opportunity to fly the Muskateer, Tutor, Hercules and F18; single Heuy and Kiowa helicopters, a Boeing 707, the Nimrod while on exchange in the United Kingdom, the Arcturus: "I have an Excel spreadsheet of how many hours on each. Aurora 108 could be the most hours." In September, she booked an hour on a small training plane in London, Ontario, for kicks. "It was a stick, power in the middle, kind of awkward. We went out, farted around, landed, did another circuit.... It was a lot of fun – but slow! "The Aurora is fast." →

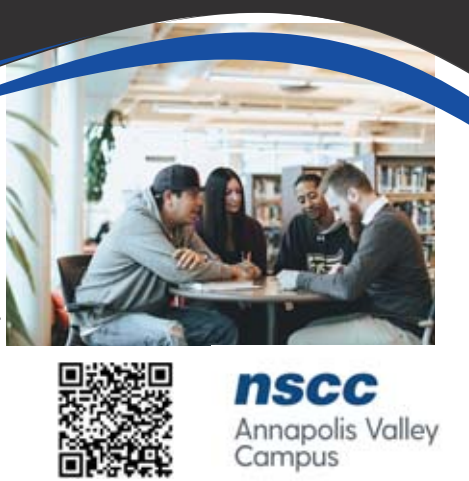
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Snowshoes will be available to Defence Team Members and Rec Card holders but **MUST** preregister to book a pair as we have limited snowshoes available.

## Winter conditions challenge SAR response

Winter conditions are a challenge, but 14 Wing Greenwood's search and rescue personnel with 413 (Transport and Rescue) Squadron continue to answer the call.

December 27, 413 Squadron tasked Cormorant Rescue 905 at 5:20 p.m. to assist with the transport of a person from Grand Manan to St. John. Upon arrival in Grand Manan, the helicopter couldn't land due to weather; the patient was transported by ferry instead and R905 was released just after 7 p.m.

December 28, the Halifax Joint Rescue Coordination Centre tasked a 413 Squadron Hercules, R333, to provide top cover for a Gander-based Cormorant with a medevac off the coast of Newfoundland and Labrador. R333 was airborne at 8:31 a.m., but returned to 14 Wing with an engine issue; R344 left Greenwood before 10:30 a.m. The Gander Cormorant crew hoisted the patient from the marine vessel Ontario Express at 12:45 p.m., 257 nautical miles east northeast of St. John's, and arrived at the St. John's Health Services Centre before 3 p.m. R344 was released. And returned to Greenwood.

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**413 (Transport and Rescue) Squadron search-and-rescue technician Master Corporal Leo Coombs provides flare illumination from the ramp of a Hercules CC130 during a medical evacuation January 11. Both a 14 Wing Greenwood Cormorant, Rescue 906, and Hercules R344 were airborne at 9:53 p.m., on their way to conduct a medevac from the bulk carrier JY Lake, approximately 200 nautical miles south of Greenwood. The Cormorant inserted two search-and-rescue technicians, who prepared two patients with serious injuries for hoist. R344 provided flare illumination and top cover. The individuals and SAR-Techs were hoisted to the Cormorant, and the patients were transported to hospital in Halifax early January 12. Both aircraft returned to Greenwood by 3:27 a.m.**

Corporal D. Ouellet, 14 Wing Imaging

ing to Greenwood at 1:44 a.m. January 8. January 8, Cormorant R906 left Greenwood at 3:24 a.m. to assist in the search for people stranded near St. Croix, New Brunswick. January 10, Cormorant R906 left Greenwood at 5:38 a.m. to transport a person from Grand Manan to St. John's. January 14, at 9:56 AM, Halifax JRCC tasked 413 Squadron to assist with a search for three overdue snowmobilers in Labrador. Hercules R344 was diverted before departure, to assist a fishing vessel on fire

near Sable Island, roughly 100 nautical miles east of Halifax. Cormorant R906 was also tasked. The vessel was apparently fully engulfed, and three individuals had evacuated to a life raft. An overflying PAL Aerospace aircraft reported no one left on board the burning boat. Once on scene, a spotter aboard R344 located the life raft about a mile from the boat and saw someone aboard waving their arm at the Hercules. It dropped smoke flares to mark the life raft's position, successfully dropped a radio to the three crew and then flew top cover while R906 SAR-Techs hoisted all crew aboard the helicopter. The individuals required no medical attention, so R906 flew them to the Halifax Stanfield International Airport, where family was waiting. Both aircraft returned to Greenwood. Upon return to Greenwood, R344 crew rested until 11 p.m., when JRCC would re-evaluate sending them on the Labrador snowmobilers' search. Weather in that region was not conducive to an air search, so ground searchers were on scene. →

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*The Aurora Newspaper's weekly Find & Win contest goes monster-size to mark the new year.*

A multi-question edition of the newspaper scavenger hunt will be published in the January 29 issue.

- **Donate a product or certificate**, and the value of that item will be deducted from your ad cost (up to a \$100 prize, discount to a maximum of 50 per cent of the ad's regular cost)
- You have multiple chances of having your business highlighted in the contest questions
- Participating business/ organizations' colour logos will be included on the Monster Find & Win contest page.

**Deadline to book an ad is Wednesday noon, January 24.**





The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email [auroraeditor@ns.alianzinc.ca](mailto:auroraeditor@ns.alianzinc.ca). Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

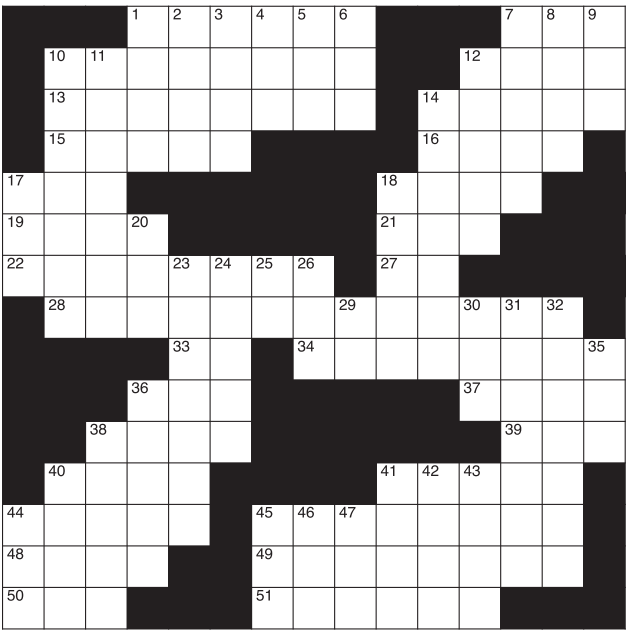
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Soldiers Memorial Hospital volunteer programs are looking for volunteers to add to the experience for patients, families and

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse [auroraeditor@ns.alianzinc.ca](mailto:auroraeditor@ns.alianzinc.ca). Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédant la publication, à moins d'avis contraire.

visitors. If you would like to join the SMH ambassador program, be an in-patient general volunteer, or drive with the Veterans' Unit bus program, contact Ruth

## crossword

solution page 7



- ACROSS
1. Winged nut
  7. ... Humbug!
  10. One who sets apart
  12. Circle above a saint's head
  13. Unpleasantly loud and harsh
  14. Expressed pleasure
  15. Feminine given name
  16. Company of badgers
  17. Popular Dodge pickup truck
  18. Witty sayings
  19. Leader
  21. Autonomic nervous system
  22. Premolar
  27. Atomic #28
  28. Holiday decorative item
  33. Exclamation of surprise
  34. Rusk or cracker
  36. Returned material authorization (abbr.)
  37. Scottish or Irish Gaelic language
  38. Eat
  39. Marxist economics theory (abbr.)
  40. Ceases to exist
  41. Male Arabic name
  44. Series of ridges on an organ wall
  45. Places where bees are kept
  48. One-time Yankees sensation Kevin
  49. Church office
  50. Single lens reflex
  51. Pieces of fibrous tissue
- DOWN
1. Classify
  2. Dismounted
  3. Produced
  4. Consumed
  5. Director Howard
  6. The products of human creativity
  7. Thai monetary units
  8. Away from wind
  9. Builder's trough
  10. Relating to Islam
  11. It can sometimes ache
  12. Small quantities
  13. (Scot.)
  14. Poisonous plant
  17. Laugh at
  18. Vogul
  20. C. European river
  23. Type of cat
  24. Exclamation of disgust
  25. Stephen King novel
  26. Without armies
  29. Expression of sympathy
  30. Relative biological effectiveness (abbr.)
  31. Previously
  32. Illegal drug
  35. Kiloelectronvolt
  36. Large, flightless birds
  37. For smoking
  40. Binary
  41. Competition
  42. Mark resembling an arrow
  43. Containers
  44. Root mean square (abbr.)
  45. Commercial
  46. I.M., architect
  47. 007's creator

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Dugie, NSH volunteer resources consultant - Western Zone, 902-365-1706. Or, apply to volunteer at <https://btrr.im/166du>.

**Youth & teen art lessons**  
January 23 and 30; 7Arts in Greenwood offers youth and teen art lessons. New artists and projects each week. Ages seven to 12, 4:30 p.m. to 5:30 p.m. Ages 13 to 17, 6 p.m. to 7 p.m. \$25 /lesson or \$80 for four lessons. Register at [info@7Arts.ca](mailto:info@7Arts.ca).

**Fibre arts social**  
January 24 and 31, 6:30 p.m. to 8:30 p.m., 7Arts in Greenwood invites female-identifying fibre craft artists (knitting, crochet, cross stitch, embroidery, felt-ing, or rug hooking) over the age of 25 for their craft and chat group. Bring your own materials or purchase a kit from us!

**MakersSpace**  
January 26, 12:30 p.m. to 3:30 p.m., 7Arts in Greenwood hosts an open MakersSpace. Bring a project to work on or purchase one of our kits. Drop-ins welcome!



## horoscopes

January 21 to January 27

- LIBRA - Sept 23/Oct 23**  
Libra, when you discover a mutual interest with someone you consider a friend, your bond may grow even deeper. Have fun spending time together.
- SCORPIO - Oct 24/Nov 22**  
Scorpio, something important to you doesn't seem to be moving along at the pace you had hoped it would. You might have to be a little more patient in this situation.
- SAGITTARIUS - Nov 23/Dec 21**  
General malaise may have you wondering if you are sick. It's likely nothing more than stress and fatigue. Keep an eye on symptoms moving forward.
- CAPRICORN - Dec 22/Jan 20**  
Capricorn, a romantic encounter you have been counting on may not pan out this week, or it may be less exciting than you imagined. Wait a few days before reevaluating things.
- AQUARIUS - Jan 21/Feb 18**  
Don't put all of your trust in new information this week, Aquarius. It is likely unreliable, so take everything that is said with a grain of salt.
- PISCES - Feb 19/Mar 20**  
Your imagination is riding high this week, Pisces. Don't hinder it in any way so you can explore all of the creativity that is flowing out of you right now.
- ARIES - Mar 21/Apr 20**  
Aries, you may have an artistic talent that you haven't explored yet. Events this week may spur you on to try something new because inspiration is high for you right now.
- TAURUS - Apr 21/May 21**  
Taurus, your household may not agree on which remodeling changes to make. Unless you come up with a compromise, nothing will get done at all.
- GEMINI - May 22/June 21**  
A miscommunication with a loved one could have you trying to make amends soon enough, Gemini. Don't worry, you will easily resolve your differences in time.
- CANCER - Jun 22/Jul 22**  
Cancer, you might be asked for assistance by a close friend having financial troubles. Be careful about lending out money at this juncture because you don't want to cause issues for yourself.
- LEO - Jul 23/Aug 23**  
This week you may have a hard time integrating yourself into a group, Leo. Make a concerted effort to be supportive of others. This can be an effective way to get back into the group's good graces.
- VIRGO - Aug 24/Sept 22**  
Speaking with friends this week could help to address a number of things you're wrestling with, Virgo. Don't hesitate to lean on this support network.

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and share your favorite non-North American dish and sample those of your friends (old and new). Everyone is welcome. For recipe help and more info, call 698-9467.

**Breakfast**  
January 27, 8:30 a.m. to 10 a.m., at the Berwick Legion. Adults \$12, children \$7. Menu: scrambled eggs, sausage, ham, pancakes, toast, coffee/tea.

**Concert**  
January 28, 1 p.m., the Berwick Legion will host a Berwick Food Bank fundraising "Midwinter Musical Gift" concert, with special guests Chris Palmer, Matt Lunn and Matt Millett, Hughie McDonnell, Andrew Conrad and Payten Eisenhauer. Admission is by freewill offering, with all proceeds to the food bank.

**Snowshoe/hike event**  
February 10, 10 a.m., join the Fundy Erratics Hiking Group and Hike NS for a 5-kilometre adventure on the Upper Clements Trail, 2958 Hwy 1, Annapolis County. Snowshoes are available by contacting Digby Recreation, or bring your own.

**Breakfast fundraiser for the Parish of Wilmot**  
February 10, 8 a.m. to 10 a.m., a community breakfast will be held at Holy Trinity Anglican Church, 45 Main Street, Middleton (and the second Saturday of every month thereafter). Freewill offering. Review: "The best eggs



## sudoku

solution page 7

3			1	4				
1		8	5	3		2		
	6			9	2	3		4
	8		4				6	7
		7		2			5	
4			7		8	1	2	
		4		5				9
5								
9	7	6		8			4	

Level: Beginner

**Fun By The Numbers**  
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

# Food for Thought from the Upper Room Food Bank

During December, the Upper Room Food Bank in Kingston served 188 families, consisting of 313 adults and 199 children, with 24,941 pounds of product going out (including 5,371 pounds in 131 hampers) and 21,116 pounds coming in. The incoming total includes 8,360 pounds provided by Feed Nova Scotia and 903 pounds bought with local cash donations. The rest is from local food bank sharing and donations, including arrangements with local businesses.

Our Christmas wrapping fundraiser at the Greenwood Mall was a great success! Your support provided funds for purchasing food for area families.

Clients needing service must call ahead to arrange an appointment during normal operating hours. If calling outside of food bank office hours, leave a message. When ready, the order is placed in the designated area

## Women's base volleyball team looking for coach support

14 Wing Greenwood's women's volleyball team is looking for a volunteer coach to lead them through the next few weeks of weekly practices, heading into the February 26 to March 1 Canadian Armed Forces Atlantic region sports championship.

If you are interested, please contact Personnel Support Program sports coordinator Alyssa DeAdder, [alyssa.deadder@forces.gc.ca](mailto:alyssa.deadder@forces.gc.ca). ➔



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through the office.

Please make every effort to call our office early to arrange your appointment. Volunteers will do their best to help last-minute drop-ins during open hours, but you should come early, be prepared to wait, and they will fit you in where they can. Understand volunteers may also leave early when there are no more appointments or clients waiting - but they don't want to



## classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 9 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email [auroraproduction@ns.alianzinc.ca](mailto:auroraproduction@ns.alianzinc.ca) or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email [aurora-marketing@ns.alianzinc.ca](mailto:aurora-marketing@ns.alianzinc.ca).

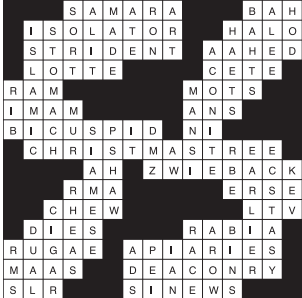
Les annonces classées doivent être réservées et payées à l'avance avant 9 h, le mercredi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à [auroraproduction@ns.alianzinc.ca](mailto:auroraproduction@ns.alianzinc.ca) ou nous transmettre un fax au 902-765-1717.

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crossword solution



sudoku solution

3	9	2	1	4	6	8	7	5
1	4	8	5	3	7	2	9	6
7	6	5	8	9	2	3	1	4
2	8	3	4	1	5	9	6	7
6	1	7	3	2	9	4	5	8
4	5	9	7	6	8	1	2	3
8	2	4	6	5	1	7	3	9
5	3	1	9	7	4	6	8	2
9	7	6	2	8	3	5	4	1

miss anyone in need, either. We understand it is not always possible to call ahead, but clients will find the process easier with a scheduled appointment.

Donations may be dropped off at the food bank, found behind the library at 669 Main Street, Kingston (during open hours) or at the Kingston village offices (655 Main Street). Processing of donated food continues following directives



765-1494 poste 5833, ou un courriel à [auroramarketing@ns.alianzinc.ca](mailto:auroramarketing@ns.alianzinc.ca).

### FLEA MARKET

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from Feed Nova Scotia and the Nova Scotia Health Authority. Cash donations are also always accepted.

The food bank is open for clients Mondays, 9 a.m. to noon, and Thursdays, 6 p.m. to 9 p.m. Appointments continue to be a requirement. Our office number is 902-765-0303, or email us at [upperroomfoodbk@hotmail.com](mailto:upperroomfoodbk@hotmail.com). Be sure to follow us on Facebook. ➔



hanging shelves, rock hummingbird carvings, dream catchers, trees of life, toys, sport cards, filing cabinets and other interesting items. Be kind to each other. Tables available for rent call 902-847-0324. Thank you. (4445-4tpb)

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Complete the following questions from ads in this week's issue and win a \$20 coupon to play Friday Night BINGO from Aylesford & District Lions Club. Coupons valid for 1 year. Age 17+ on regular games.

1. When does conversational French start? \_\_\_\_\_
2. How old do you need to be to qualify for the seniors care grant? \_\_\_\_\_
3. Whose looking for a Pro Shop Supervisor? \_\_\_\_\_
4. What will finish off the night? \_\_\_\_\_
5. Where is the closest Hearing Institute Atlantic located? \_\_\_\_\_

Congratulations to last week's Find & Win winner: TARA LASSETER

**AYLESFORD & DISTRICT LIONS CLUB**  
2160 Hwy 1, Aylesford  
Starts 7:00 pm Friday  
902-847-9374





14 Wing Greenwood’s men’s hockey team is on ice this week, playing their way through the Canadian Armed Forces Atlantic regional championship in Halifax and hoping for a return to CAF nationals later this winter.

S. White

# Men looking for Atlantic regional repeat

Sara White,  
Managing editor

14 Wing Greenwood’s men’s hockey team is on the ice January 22, looking to win their way through the Canadian Armed Forces Atlantic region championships for a second year, and return to the national tournament later this winter.

“It’s pretty much the same members as last year,” says assistant captain player Warrant Officer Pier-Olivier Poulin. “We’ve had a few guys in and out, but any of them would still be seasoned military or former AAA hockey players.”

The team started its twice-a-week practice season in October,

and joined a community recreational league in Kingston to get game play experience. January 15, they split up, and played a friendly at the Greenwood Gardens during their regular practice to pick up the pace to match what they’ll encounter through the military hockey matches.

Team coach is PSP Fitness & Sport Centre manager Matt Gillis; captain is Lieutenant Nick Gibson, and Poulin, Corporal Tyler Williams and Corporal Tyler Happeney are assistant captains.

CFB Halifax will host Atlantic regionals January 22 to January 26 at the RBC Centre in Dartmouth. There are four teams, representing 14 Wing Greenwood, 12 Wing Shearwater, CFB

Gagetown and CFB Halifax.

January 22 is a practice day, with 14 Wing on Pad A ice at 2 p.m. to get their skates under them.

January 23, the opening ceremony will be held on Pad B, with the welcome, ceremonial puck drop and O Canada underway at 8:30 a.m. Game 1 is at 9 a.m., featuring Shearwater and Halifax. Game 2 is Greenwood vs Gagetown, starting at 9:10 a. on Pad A. Game 3 is that afternoon, on Pad B at 2 p.m., as Gagetown faces Shearwater. At 2:10 p.m. on Pad A, Halifax meets Greenwood.

January 24, Gagetown meets Halifax at 9 a.m. on Pad A, and Shearwater meets Greenwood at 2 p.m. on Pad A.

January 25, the 4th vs 3rd game will take place at 8:35 a.m. on Pad A. The winner of this game will meet the round robin second-

place team at 1:50 p.m. on Pad A.

The winner of the January 25 afternoon game will move into the January 26, 9:20 a.m. final

on Pad C against the round robin first-place team. The closing ceremony and awards will take place at 11:30 a.m. ➔

## Youth Happenings

Youth Happenings at the 14 Wing Greenwood Community Centre offers a range of fun options every week for youth aged six to 12 (five if they have completed one full year in a school program). To register, contact the centre at 902-765-1494 local 5341, or drop in to the Church Street offices weekdays.

**Monday, January 22** – 6 p.m. to 7:30 p.m. Kids Club” dodegball! Free for PSP Plan or one-activity pass youth evening program holders; \$5+HST non-PSP plan membership. Pre-registration required by noon the day of

the program.

**Tuesday, January 23** – Teen Night: laser tag. 6 p.m. to 7 p.m., teens 13 to 15; 7 p.m. to 8 p.m., teens 16 to 18. Free for PSP Plan or one-activity pass youth evening program holders; \$5+HST non-PSP plan membership. Pre-registration required by noon the day of the program.

**Monday, January 29** – 6 p.m. to 7:30 p.m. Kids Club: Nerf Night BYOG! Free for PSP Plan or one-activity pass youth evening program holders; \$5+HST non-PSP Plan membership. Pre-registration required by noon the

day of the program.

**Tuesday, January 30** – Teen Night: Nerf Night. 6 p.m. to 7 p.m., teens 13 to 15; 7 p.m. to 8 p.m., teens 16 to 18. Free for PSP Plan or one-activity pass youth evening program holders; \$5+HST non-PSP Plan membership. Pre-registration required by noon the day of the program.

**Wednesday, January 31** – 7:30 a.m. to 5 p.m. In-service day camp “Pajama Jam.” \$30+HST PSP Plan membership; \$40+HST non-PSP Plan membership. Pre-registration required. ➔

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