



TEXT LISTWITHEXIT TO 85377
to view EXIT's Expert Marketing Suite

the front page

This premium advertising space should have been yours!

Call 902-765-1494 local 5833 to find out how.



Light Roadside • Heavy Towing • Wheel Lift & Flatbed •

24 HOUR TOWING

SPECIALISTS IN:

- Accidents • Lock Outs • Boosts • Breakdowns •
- Cars • Heavy Haulage • Tractors • Trucks •
- Buses • Baby Barns • RV's • Motor Homes •

www.morsetowing.ca
Middleton Cell (902): **825-7026**



the Aurora

Vol. 44 No. 17

MAY 8, 2023 NO CHARGE

www.auroranewspaper.com



Master Corporal Bob Somerset, 14 Air Maintenance Squadron tool crib technicians for the last 13 years of his 45-and-a-half-year military career, in full squadron "Stinger" regalia on his last day of work March 22.

Submitted

Day 1 to 45¹/₂ years RCAF career 'perfect fit' for retiring airframe tech

Sara White,
Managing editor

If Bob Somerset had gone Coast Guard in 1977, he wanted the new hovercrafts operating on the West coast. Navy? He wanted submarines. If he could rejoin today, 45-and-a-half years later, he'd pick the Canadian Armed Forces' newest space division. He picked aviation.

"That was it, really, from Day 1," he says, describing how he and a buddy, as kids, were "well known" to the Winnipeg airport police, always caught going over the fences into the airport's "graveyard" of scrapped planes.

"Today, knowing someone paid me good money, every day, for years, to work with fancy tools, solve problems and work on airframes? It was the perfect fit."

Master Corporal (retired) Bob Somerset put on his Royal Canadian Air Force DEUs for the last time March 17, reporting for work at 14 Air Maintenance Squadron for a day that included depart with dignity traditions, "so many!" certificates and the opportunity to say a few (hah!) words to his peers.

"I have 45-plus years of really, really good memories—all good. The problem with staying as long as I have? The people I knew have left. The younger people — I don't speak their language. The commanding officers and the ones upstairs? I've been in the military longer than some of them have been alive. My best friend timed out in March of 2022, and I missed him: this last year,



Master Corporal (retired) Bob Somerset: aviation "was it, really, from Day 1."

Submitted



maybe I was wandering around a little lost."

While his squadron leadership presented a career's worth of certificates, high praise and formal words, Somerset, at the front of the hangar floor gathering, used it as his chance to thank everyone.

"I didn't do 45 years because I enjoyed the job alone: it was the guys, the people. Forty-five years of enjoying working with you all.

"Apparently, people were emotional while I was speaking but, I tell you — it's the people, the friends. I don't think they expected me to thank them like I did."

And, before he was done, he had to step away from finishing: "I was nervous, a little quavery — not from speaking, but that maybe I was not going to be able to finish. It was getting to me."

'I was in my element'

Somerset was born in Belfast in 1960: his grandfather had taken his family from Toronto to Great Britain during the Second World War to fly Royal Air Force Lancasters. Somerset's father then met the woman who

became his mother; they returned to Canada when Somerset was seven.

"We got off the boat in Quebec City, and the train stopped right at Expo '67 — we were there overnight, right in the middle of it. Man — there were monorails, displays, technology — holy! My first impression of Canada as a seven-year-old from Ireland!"

The train continued to Winnipeg, where Somerset's father, an airplane mechanic, worked in the fast-growing North American hub for all things transportation.

"I was very Irish — cultural, my accent, the way I dressed. The first day of school, I got the crap beat out of me!"

When the other kids realized his expertise at "footie" ("They didn't even know to call the game the right name!"), and looked at his height, playing sports became one of the "only things going for me.

"High school — I pulled it out. The big plan was to go to university and electronic engineering, but the military was a quicker way out of home."

He joined the air force as an airframe technician, "and never regretted it."

He took a plane to Greenwood, just 17, and then a bus to Cornwallis. Physical training was easy, but memories of the rush to grab meals, the horrible sneakers assigned and the end-of-week-one haircuts they gave everyone, along with uniforms, making everyone unrecognizable; remain with him.

He did his trades training in Borden

Continued on page 2...

sizzling
savings

Go big, Save big!

Buy a multi-week **colour** promotion of quarter-page ads or larger, and save year round.



Run 'em in a row, or pick your dates

- **3 weeks** | **save 15 per cent**
- **5 weeks** | **save 30 per cent**

auroramarketing@ns.aliantzinc.ca • 902-765-1494 local 5833

RCAF career...

...cover

to 1978, aiming for jet planes. “Fighter, fighter, fighter – I’d even take a unit at a French-speaking base. I wanted fighters.

“I got the Argus in Greenwood.”

He thought it was a let down – until he started working.

“Four great big World War II radial engines, dripping grease, snorting and roaring? I liked it!”

Greenwood had a Lancaster on display and, one day, a crew arrived to salvage its Rolls Royce engines for another Lancaster in Hamilton. Somerset offered to help.

“A few years later, that Lancaster showed up in Cold Lake for an air show – and they remembered me. “Want to go for a ride? Hell, yeah!”

Somerset scammed across the apron in his coveralls: “I was in an aircraft like my granddad was in – absolutely memorable. And then, a B24 from the airshow was flying alongside us in formation.”

There was some “conversations” back on the ground with supervisors, but it wasn’t the first – or the last – of Somerset’s catch-as-catch-can flying hours.

Somerset was in Greenwood as the CP140 Aurora came into

service and, after nine years, was posted to Cold Lake to work with the CF116 Freedom Fighters (F5s).

“I was dancing – I did anything and everything to get a back seat ride – I’ve probably got over 200 hours in back seat flying.”

He kept that up through the F5s, the F18, T-birds, a dual F16 at Luke Air Force Base, an F15 in Florida; he was strapped into an F4 Phantom before it “crapped out.

“I did anything and everything to get an opportunity to fly. The crews knew me, especially the fighter units. I always made it a point to shake the pilot’s hand every time and say, ‘Your plane is ready, sir,’ because I made it ready. And I like to think they knew I did good work.”

In 1990, he posted to 441 Squadron: “a really cool squadron – we won everything, it was really intense, a really good time. I went all over the world.”

It was back to Greenwood in 1995, to 434 Squadron to work with the T-birds and Challengers.

“I thought the F18s were pretty cool, but the T-bird – that was like going from a Lamborghini to a Model T: I loved it. And, I flew all over the world.”

From 1999 to 2009, he shifted to 14 Air Maintenance



During a March 17 depart with dignity ceremony on 10 Hangar floor, at 14 Wing Greenwood, Master Corporal Bob Somerset, centre right, was recognized for his 45-and-a-half years of service with the Royal Canadian Air Force, and to Canada, as detailed in this signed letter from Prime Minister Justin Trudeau; presented by 14 Air Maintenance Squadron Lieutenant-Colonel Aleem Sajan, centre left, with Squadron Master Warrant Officer Johnny Hunter, left, and Wing Chief Warrant Officer Jonathan Proulx.

Corporal J. Fox, 14 Wing Imaging

Squadron, and the Aurora again. He was posted to 12 Wing Shearwater for a brief period in 2009 into 2010, to work on the Sea Kings – “something I wanted when I was single – going out to sea on a ship with helicopters? Yes!” His wife had a good job in the Valley and, within 10 months, as a Reserve position opened in Greenwood and he had a “three-day think,” he quit the Regular Force and came “home.

“It was the best thing I ever did: I spent 36 years of my 45-and-a-half in Greenwood. Moving to Reserve, I was happy – there was no more pressure, I could move around the base in different Reserve jobs if I wanted.”

That Reserve job was in the 14 AMS tool crib; that’s where he stayed for the last 13 years, including three extensions to

take him to age 63.

“Anything in that building tool-related or equipment – I could put my hand on it, absolutely. There were 404 tool boards, and they all had to be inspected every year. It sounds mundane, but absolutely not: there was always something different, new tools that made the guys’ jobs easier.”

And, if Somerset says he started feeling like a “dinosaur” in a shop of increasingly younger members, put a tool in his hand to mentor one of them, “and I was in my element.

“The new Kingfisher for search and rescue was here: I was crawling all through that, just jazzed – a new plane! These things are cool! Just think – some of these younger ones are going to eventually work on space aircraft!”

‘I think of me as air force’

Today, a month after his last day, he’s up ‘til midnight or later, sleeping in until 9:30 a.m., getting a way late work-out in (he used to help the Greenwood Commissionaires open the back gate in the morning to work out at the squadron gym). He admits he “hasn’t done a damn thing!”

“Another month, my wife will take care of that.”

Somerset has long been the maintainer of the “family fleet” of vehicles, and has a garage full of tools and small equipment, a couple boats, a four-wheeler, a motorcycle. There’s drawers to be done in the kitchen, bathroom flooring to replace, yard work. Plus, he’s interested in lots of things: scuba diving, sea kayaking, fishing and camping, a naturalists’ society, trail work, travelling, road trips. There are plans to take his 83-year-old

mother to see her sister – after 50 years! – in Belfast.

He is a little concerned about Remembrance Day coming in November: he admits to crying at what he knew would be his last one in uniform in 2022 (he only cried at one other: he was the right marker on parade and looked up to see his son, then a Cadet, on the cenotaph guard).

“The military, for me, has been a rock through it all,” Somerset says. He married at 20, had two sons (one of whom went on to serve as a medic and then a physician’s assistant) in six years and divorced; before meeting his wife of 23 years, and her two daughters. “I need solidity – obviously: I did 45-and-a-half years with one employer! Anything different is totally against the grain for me.

“I think of me as air force. It’s me.” ➔

Top marks for 405 member at US Air Force leadership school

Three Royal Canadian Air Force members recently graduated from the United States Air Force Airmen Leadership School in Montgomery, Alabama.

At the ceremony, each of the grads, the first official RCAF attendees, were acknowledged for their efforts. Special recognition went to Master Corporal Katharina Meihuizen, 405 (Long Range Patrol) Squadron, 14 Wing Greenwood; who received the award for highest academic achievement; and Master Corporal Christopher White, 427 Special Operations Aviation Squadron, CFB Petawawa; who received the John L. Levitow Award, the highest honour awarded and marks the recipient as the course’s distinguished graduate.

The attendance of RCAF personnel is the result of an initiative started in 2021 by the RCAF chief warrant



Master Corporal Katharina Meihuizen, 405 (Long Range Patrol) Squadron, 14 Wing Greenwood, centre; recently received the award for highest academic achievement at the United States Air Force Airmen Leadership School in Montgomery, Alabama.

Submitted

officer and the chief master sergeant of the USAF. This represents a concrete step the RCAF has taken

to advance the principle of continuous, meaningful professional development for all of our non-commissioned

members. As part of the initiative, the RCAF Academy in Borden will host three USAF students later this year. ➔



Deputy wing general safety officer Dave Mailman, left; Deputy Wing Command Lieutenant-Colonel Eric Travis, 413 Squadron Lieutenant-Colonel Greg Surek, wing hazard prevention officer Scott Carson, wing general safety officer Roger Walsh, wing workplace health and safety committee Major Allan Baillie and 413 Squadron Chief Warrant Officer Stephen Bates back the message behind this banner.

Safe at work

Safety was on the minds of 14 Wing Greenwood May 1 to 6, Safety and Health Week, as wing leadership and general and occupational safety advisors set out information banners and raised the week’s dedicated flag at the main gate entrance. The May 1 events and the week’s focus are meant to ensure workplaces are better for everyone, every day of the year. ➔



413 (Transport and Rescue) Squadron Lieutenant-Colonel Greg Surek, left; wing general safety officer Roger Walsh, wing hazard prevention officer Scott Carson, 413 Squadron Chief Warrant Officer Stephen Bates and deputy wing general safety officer Dave Mailman get set to raise the North American Occupational Safety and Health Week flag at the 14 Wing Greenwood main gate. Corporal C. Hilchey, 14 Wing Imaging

Support our Troop’s scholarship program open for registration

Registration for the 2023 Support our Troops Scholarship Program will open May 1.

Families of currently serving CAF members, as well as those of veterans and bereaved families may qualify to receive one of the minimum 75 scholarships currently available for the 2023/ 24 academic year. Scholarships range from \$500 to \$5,000 in value.

Registration for the program may be completed at

supportourtroops.ca/Get-Support/Education/Scholarships until July 20. Submissions are to include a three-part essay, a letter of reference, the student’s most recent academic transcript, proof of enrolment from an academic institution and a point form list of volunteer and civic engagement activities.

Scholarship recipients will be announced in September. ➔

Le Programme de bourses d’études d’Appuyons nos troupes : ouvert aux inscriptions

L’inscription au Programme de bourses d’études d’Appuyons nos troupes de l’année 2023 débute le 1er mai.

En ce moment, il y a un minimum de 75 bourses pour l’année scolaire 2023-2024, variant de 500\$ à 5000\$, disponibles pour les membres admissibles de familles endeuillées, ainsi que celles des membres actifs et des vétérans des FAC. Les demandes seront acceptées au appuyons-nostroupes.ca/Obtenir-du-

soutien/Bourses-d-etudes jusqu’au 20 juillet. Les soumissions doivent comprendre: une dissertation divisée en trois parties, une lettre de recommandation, le relevé de notes le plus récent de l’élève, une attestation d’inscription à un établissement d’enseignement, et une liste en style télégraphique des activités de bénévolat et d’engagement communautaire.

Les récipiendaires seront dévoilés en septembre. ➔

We're hiring paper carriers

Route #20 - Forest Brook Subdivision

Cherry, Maplewood and Princess Lanes, Oakwood and Sunset Drives, all of Marshall Road to Highway 101 and the seniors complex at the corner of Highway 1 and Marshall Road. (170 papers)

Route available now.

Route #21 - Pine Ridge East

Acker and Evans Courts, Maple Street, Elizabeth Avenue, Pine Ridge Avenue (partial). (100 papers) Route available May 1.

902-765-1494 local 5440

auroranewspaper.com



the Aurora

Managing Editor | Directrice de rédaction
Sara White • 902-765-1494 local/poste 5441
auroraeditor@ns.aliantzinc.ca

Business & Advertising | Affaires commerciales et publicité
902-765-1494 local/poste 5833
auroramarketing@ns.aliantzinc.ca

Graphic Designer | Graphiste
Brian Graves • 902-765-1494 local/poste 5699
auroraproduction@ns.aliantzinc.ca

Administrative Clerk | Commis à l’administration
Diane Mestekemper • 902-765-1494 local/poste 5440
auroranews@ns.aliantzinc.ca

Editorial Advisor | Conseiller à la rédaction
Lieutenant (Navy) Jennifer Fidler
902-765-1494 local/poste 5101
W14PublicAffairs@forces.gc.ca
Affairespubliques14E@forces.gc.ca

Circulation | Circulation: **4,500 Mondays** | **Lundis Agreement No.** | Numéro de contrat : **462268**
Fax: 902-765-1717

Website | Site Web : **www.auroranewspaper.com**
The Aurora, PO Box 99, Greenwood NS B0P 1N0
L’Aurora, C.P. 99, Greenwood (N.-É.) B0P 1N0

Location | Emplacement : **61 School Road, Morfee Annex**
61 School Road, Annexe Morfee

Mail subscriptions: annual \$107 plus tax, weekly \$2.28 plus tax.
Abonnements par correspondance: 107\$ par année plus taxes , 2,28\$ par semaine plus taxes.

The Editorial Board reserves the right to edit, condense or reject copy or advertising to suit the aims of a service newspaper as specified in the Interim Canadian Forces Newspapers Policy and/or by the Editorial Board. Opinions and advertisements appearing in The Aurora Newspaper are those of the individual contributor or advertiser and do not necessarily reflect the opinions of 14 Wing, Greenwood or the printers. Published each Monday by 14 Wing under the authority of Colonel Jeff Davis, Wing Commander.

Le comité de rédaction se réserve le droit de réviser, de condenser ou de rejeter tout article ou message publicitaire afin de satisfaire aux exigences relatives aux journaux militaires figurant dans la Politique temporaire des journaux des Forces canadiennes. Les opinions exprimées dans ce journal sont celles des collaborateurs et ne reflètent pas nécessairement les points de vue des Forces armées canadiennes ou de la 14e Escadre. Publié chaque lundi par la 14e Escadre sous les auspices du Colonel Jeff Davis, commandant de l’Escadre.

CFNA **AJFC**
Canadian Forces Newspaper Association
Association des journaux des Forces canadiennes

The Aurora News
CFB Greenwood Aurora News

Useful links | Liens utiles

Royal Canadian Air Force website
Site Web de l’Aviation royale canadienne
www.rcacf-arc.forces.gc.ca

CFMWS Site
Site du portail communautaire des Forces canadiennes
www.cfmws.ca • www.sbmfc.ca

14 Wing Greenwood Site
Site de la 14e Escadre Greenwood
www.airforce.forces.gc.ca/en/14-wing/index.page

National Defence and the Canadian Forces
Défense nationale et Forces canadiennes
www.forces.gc.ca

Combat Camera | Cámara de combat
www.combatcamera.forces.gc.ca

Recruiting | Recrutement
www.forces.ca

VPI | VPI
www.vpinternational.ca

14 Wing Fitness Online work-outs, resources and tips | **PSP Greenwood Community Recreation** Online activities, resources and fun | **Annapolis Mess** Special events and entertainment | **14 Wing Greenwood Winter Carnival/ 14e Escadre Carnaval d’hiver** Annual winter Defence Team fun and challenge events | **14 Wing Greenwood PSP** A wider resource for PSP entities (recreation, fitness, health promotion, news and events) | **Greenwood Military Family Resource Centre** Resources, activities and program highlights | **14 Wing Greenwood Bowling Centre** Centre updates | **14 Wing Aquatics** Pool recreation, competitive, training, news | **Greenwood Military Police – Police militaire de Greenwood** Safety, security and public information from 24 Military Police Flight | **14 Wing Combined Charities** Wing activities in support of our community | **14 Wing Spiritual Resilience Page** Hosted by the 14 Wing Chaplains, with spiritual support and resources | **GMAM.ca** Follow news and events at the Greenwood Military Aviation Museum | **14 Wing Welcome** Schedule of events details | **Lake Pleasant Campground** 14 Wing’s family campground | **14 Wing Greenwood Curling Club** Open to military, community members | **14 Wing Health Promotion** Tips, program highlights and resources

Flight engineer’s wings mark career milestone

Sara White,
Managing editor

Two new flight engineers at 14 Wing Greenwood have the potential to become the “heart and soul” of future aircrew.

Corporal Andrew Draaisma and Corporal Steph Fiola graduated from their MOAT (Maritime Operational Aircrew Training) Course at 404 (Long Range Patrol and Training) Squadron April 18 and were presented their flight engineer’s wings during a brief ceremony at the Annapolis Mess.

“This is a really important occasion,” said Lieutenant-Colonel Keith Fugger, commanding officer of 415 (Long Range Patrol Force Development) Squadron. “I’ve been on flights where the flight engineer is the heart and soul



Lieutenant-Colonel Keith Fugger (left) and Wing Chief Warrant Officer Jonathan Proulx (right) present framed flight engineer wings to graduating student Corporal S. Fiola (centre) at the Annapolis Mess at Canadian Forces Base Greenwood April 18.

of the crew. Everyone knows how much effort it takes to become a flight engineer. With this training, you’ll have the opportunity to build and master skills and, in some

respects, you’ll be leading crews on operational work, overseas and here at home.”

Fiola joined the Royal Canadian Air Force in 2007 as an aviation systems techni-

cian. He has worked at 14 Air Maintenance Squadron and 405 Squadron here at 14 Wing, deployed on multiple occasions and added to his work experience and certi-

fications. He returns to 405 Squadron.

Draaisma enrolled in the RCAF in 2015 as an aviation systems technician, with postings at CFB Borden, with

431 Squadron (the Snow-birds) at CFB Moose Jaw, Greenwood and Comox. He returns to 407 (Long Range Patrol) Squadron at 19 Wing Comox. ➔



Lieutenant-Colonel Keith Fugger (left) and 14 Wing Chief Warrant Officer Jonathan Proulx (right) present framed flight engineer wings to graduating student Corporal A. Draaisma (centre) at the Annapolis Mess at Canadian Forces Base Greenwood 18 April 18.

Aviator L. Brolly, 404 (Long Range Patrol and Training) Squadron

Summer safety tips | Wing firefighters’ advice for playing, cooking and enjoying the outdoors

The 14 Wing Fire and Emergency Services wants everyone to have a safe and fun summer so, with that in mind, here are some ideas to help keep everyone safe.

With the summer comes heat and outdoor activities. It is always important to be mindful of heat stress. The best way to avoid heat stress is to drink lots of water, carry plenty of water and be near some form of shade. Humidity in the air can also be a big contributing factor as to how

quickly the heat can affect you. Everyone is affected by heat at different rates: keep an eye out for how everyone is doing. If you suspect heat stress may be affecting someone, bring them into a cool, shaded area and offer them some water. If the person is not sweating and their skin is hot to the touch - or they pass out, call 911 immediately.

Everyone’s favourite outdoor activity is cooking. Whether over a barbecue or campfire, it is important to

always be safe and keep an eye out for the safety of others. When using a barbecue, remain at least three metres (10 feet) from any structure: its heat can cause damage or possibly ignite the plastic siding of any nearby structure. Make sure there are no trees or structures overhead. Clean your grill regularly to prevent food build-up, which can be flammable. Do not leave children unattended around barbecues. By using proper cooking equipment, with

wood or plastic handles, you can prevent accidental burns. If you are burned, cool it under running water and have it checked out by a qualified medical professional as soon as is practical.

Open air fires are not permitted on the premises of 14 Wing Greenwood; however, if you are camping this summer or having a fire in your backyard, never leave campfires unattended. Be sure to completely put the fire out before leaving the area or going to sleep. Keep any flammable materials – tents, tarps (including above your fire!), trees, buildings, vehicles - at least two to 3.5 metres (six to 10 feet) away from the fire. It is always a good idea to keep a small shovel and some sand or a bucket of water nearby to help control the fire. Don’t put anything in the fire aside from wood or small amounts of paper to start, as other items could explode or cause burning ash to spread away from the fire. Do not use gasoline or other petrol-based items to start your fire.

14 Wing Fire and Emergency Services reminds you to know your local emergency phone numbers. If you have any questions, feel free to give us a call at 902-765-5206 or stop in for a visit. ➔

ANNUAL MEETING NOTICE

The Annual Meeting of the Kingston District Fire Commission will be held on Tuesday May 23, 2023 at 7:00 p.m. in the Kingston Fire Hall.

- Presentation of Financial Statements for April 1, 2022 – March 31, 2023.
- Presentation of Budget for April 1, 2023 – March 31, 2024.
- Set the area rate at 5.5 cents per \$100 of assessment.
- Election of Commissioners for Districts of Kingston, Greenwood Village and Torbrook.

All interested persons are invited to attend.

Kingston Fire Hall Rental

All inquiries for hall rental and use should be directed to Dan Lundrigan at 902-765-2263, option 4 or email hallbooking.kdfc@gmail.com



Village of Kingston

NOMINATION DAY

The Clerk of the Village of Kingston will receive nominations for the office of two (2) Commissioners. The Nomination Period is May 11, 2023 to May 24, 2023. Nominations must be accepted at the Village Office no later than 4:00 p.m. on Wednesday, May 24, 2023.

Nomination papers are available at the Village Office or on our website. Per the Kingston Election By-Law, no person shall be eligible to the office of Commissioner of the Village unless that person has been nominated as a candidate in accordance with the By-Law by not less than five persons who, on Nomination Day, are qualified electors within the meanings of section 403 of the Municipal Government Act.

If more than two candidates are nominated on Nomination Day, Election Day is designated as Saturday, June 10, 2023 with an advance poll on Tuesday, June 6, 2023. The Poll location is at the Kingston Village Office, 655 Main St, Kingston.

Mike McCleave, Village Clerk
clerk@kingstonnovascotia.ca

Village of Kingston
655 Main St, PO Box 254
Kingston, NS B0P 1R0
p: (902) 765-2800 f: (902) 765-0807
www.kingstonnovascotia.ca



How to start a backyard garden

(NC) With the high cost of food, many of us are considering starting a garden this year. Plus, tending to a garden is a great excuse for spending time outside and getting some low-impact exercise.

Here are a few things you can do to get started.

Location, location, location - The first step in starting a garden is to figure out where to locate it. You’ll want a

spot exposed to the sun for most of the day, is sheltered from the wind and isn’t in a depression where water can pool and damage your plants’ roots.

Soil supplements - In many regions, there’s only a very thin layer of topsoil above sand or rock. If that’s the case in your yard, you’ll need to buy some topsoil. Regardless of your soil conditions, you’ll want to top up with some

compost or manure so your plants can thrive.

Wildlife protection - Whether it’s urban raccoons and squirrels or deer and other larger wildlife, animals will gladly help themselves to your produce if you don’t protect it. In some cases, you might be able to keep them away with scents they find offensive – garden centres sell predator urine for this purpose. You could also use

reflective tapes, noise makers or a motion-activated sprinkler.

Choose the right plants - Not all vegetation will thrive in different climates. Consult with your local garden centre to find out which plants will work best in your area. You should also be aware some common garden plants – such as mint – will grow like weeds if you don’t contain them and trim them back. ➔



Landscaping mistakes to avoid

(NC) Landscaping is a bit of a mystery for many of us. While there are plenty of things you can do right, such as considering sun exposure, there’s also lots you can get wrong, like over or under watering. Here are a few common – and sometimes costly – mistakes to avoid.

Symmetry is nice but, as most artists and designers will tell you, it can also be a bit boring. And, when you try

to apply it to living things like plants, it can be extremely difficult to maintain. To avoid the constant fussing required to maintain matching shrubs, include asymmetry on purpose.


Keep a pattern or theme, and use odd numbers of plants and contrasting styles and shapes. Not only does this keep the space interesting by moving your gaze along, it also ensures your garden design looks intentional rather than accidentally off-kilter.

Will you make use of a fire pit to lounge around, or do you need a more active area for young kids or pets? Will you sit out there in the afternoon if it’s cool and shady or subject to full sun?

Are you really going to


be able to tend to more than a couple of beds of vegetables?

There are many design inspirations out there, but not all of them are for you. Go for what you need and want most out of the space, and you’ll find it more enjoyable. ➔



Accepting memberships now!
Inquire at dave@paragongolf.ca

“Exceptional Golf for the Entire Family”
Kingston NS | Pro Shop **902-765-2554** | paragongolf.ca



OAKLAWN FARM ZOO

Aylesford, NS Exit 16 off Hwy 101
www.oaklawnfarmzoo.ca
902-341-2001



We are your local insurance specialists
635 Bowlby Park Drive, Kingston • (902) 765-8110
greenwoodoffice@aamunro.com
www.aamunro.com



KICK UP YOUR Cravings!

DINE-IN/LUNCH Combos
11:30 AM to 2 PM

Online orders, curbside and delivery start 4 p.m.
Available 7 days a week
pizzadelight.com/greenwood
801 Central Ave., Greenwood
902-765-4477



PHARMASAVE VALLEY DRUG MART

We have a full Home Health Centre in both stores dealing in Diabetic Footcare and a full line of Crutches, Wheel Chairs, Walkers, Lift Chairs and more for rent or purchase. We offer Airmiles, Pharmasave Brand Family Card (Buy 10 get 1 free), everyday is Seniors Day (10% off) most products. | **See in-store for details.**

For all your Prescription & Health needs.
Independently owned and proud community supporters.

613 Main St., **Kingston** 902-765-2103 | 26 Commercial St., **Middleton** 902-825-4822



Quels produits pour maison intelligente qui valent le coup?

(EN) Nous avons de plus en plus accès à de nouvelles technologies émergentes pour la maison, il peut donc être difficile de s'y retrouver et de déterminer quels sont les produits qui sont là pour pour de bon et lesquels sont dépourvus d'intérêt.

Les produits pour une maison intelligente ne sont que quelques-uns des appareils qui peuvent vous aider à assurer la sécurité de votre maison. Ils peuvent la rendre plus sécuritaire en prévenant les cambriolages, vous avertir en cas d'incendie ou si le niveau de monoxyde de carbone devient trop élevé à l'intérieur en plus de vous aider à contrôler votre consommation d'énergie et vous dire qui sonne à la porte. Voici les meilleurs produits qui pourraient vous intéresser:

Les poignées de porte intelligentes font en sorte que vous n'avez pas à vous inquiéter de perdre vos clés. En appuyant sur un bouton, vous pouvez verrouiller vos portes et protéger votre maison en toute confiance. Trouvez-vous que vous êtes souvent absent quand le livreur se présente à votre porte avec des colis? Vous ne manquerez plus jamais une livraison importante en installant une sonnette intelligente. Comme elles sont dotées d'une caméra, vous pourrez voir qui est à votre porte, et ce, que vous soyez en train de vous détendre à la maison ou de travailler au bureau. Elles sont aussi parfaites lorsque vous êtes en vacances ou si personne n'est à la maison.

Finalement, les détecteurs de fumée intelligents sont un indispensable si vous voulez avoir l'esprit tranquille. Ils sont programmés pour détecter la présence de fumée ou les niveaux de monoxyde de carbone plus élevés que la normale avant que les problèmes ne s'aggravent. De nombreux appareils comme ceux-ci sont jumelés à une appli sur votre téléphone afin que vous soyez toujours avisé d'une urgence même si vous n'êtes pas à la maison quand elle survient.

Si vous êtes locataire, vous n'avez peut-être pas le droit d'installer tous les appareils intelligents que vous aimeriez avoir à la maison, mais vous pouvez quand même vous protéger et protéger vos biens en souscrivant à une assurance locataire. Les compagnies d'assurance ont des polices pour couvrir les biens des locataires en cas de dommages, de pertes ou de vol. ➔

Made for MOMS

Saturday, May 13 | 12-3 pm

Make Mom a Mother's Day Card

~ CENTRE COURT ~

Mother's Day Gift Basket Giveaway

Valued at \$500 • Enter to Win

Ballots at all Mall Shops!
Draw: May 13 at 3 p.m.

GREENWOOD MALL

Hours: Monday to Friday 10-7 | Saturday 10-6 | Sunday 12-5
greenwoodmall.ns.ca

the Aurora Newspaper's Spring Fling

Save 10% on the remaining Week!

Any ad, any size

Advertise in The Aurora Newspaper **May 15** (deadline May 10 noon) in our **full colour** lifestyle promotion.

A multi-page spread featuring photos and features on all things seasonal: outdoor living, recipes, consumer trends. Captures Mother's Day and Victoria Day special event weekends.

Contact: auroramarketing@ns.alianzinc.ca
902-765-1494 local 5833
www.auroranewspaper.com



4 must-know essentials for an enjoyable camping trip

(NC) Whether it's your first camping trip or you're a seasoned outdoorsperson, this affordable vacation will lead you to incredible places. The experience allows you to be one with nature, boost your state of mind and explore what Canada has to offer.

Many people who have been camping can tell you it's something everyone should experience at least once. Here are a few things to remember for the best trip ever:

Choose the right tent - Tents come in different weights, shapes and sizes. How do you choose the one that's right for you? First, understand how long you're camping for, how much you need to store and how far you will have to carry your tent to the site.

A good rule of practice is to pick a tent that fits two more people than your party for extra space to store your gear. If you have lots of gear, you may want an even larger one. If you need to carry your tent a long way, choose a lightweight model.

Book your campsite in advance - Don't leave it up to chance to find the perfect campsite at the last minute.

Many campers book months in advance, so get online as soon as you know when and where you want to camp and lock in a site. Make sure you read the amenities each park offers to pick the one that best represents what you want out of your trip and be open to trying new campgrounds.

Be aware of the weather - Each season requires different planning and different gear. Consider what your equipment offers as extensive protection from the weather, saving you from making extra adjustments to weatherproof them. Layers of clothing also are key to prepare for changing weather. A base layer with wicking fabric will keep you warm during cooler nights.

Follow a few food rules - When you're camping, you're a visitor. Wildlife will be present and will take advantage of any food that's left out. Never leave food outside or in a tent unattended, and don't burn food waste in a fire. Always wash your dishes right away. Store food in your car inside your cooler, if possible. Often, parks have rules and guidelines around food storage, so make sure you're



aware and follow these. Find more inspiration on how to have a great camping trip at colemancanada.ca.

Conseils pour prévenir le vol de votre véhicule

(EN) Les vols de véhicule sont à la hausse dans l'ensemble du pays et de nombreux propriétaires de voiture cherchent des solutions pour se protéger des cambrioleurs.

Bien que les propriétaires de voiture soient rarement responsables du vol de leur véhicule, vous pouvez mettre en œuvre des mesures de sécurité supplémentaires pour votre tranquillité d'esprit. Voici quelques façons d'empêcher le vol de votre voiture et de vous protéger des cambrioleurs cet été.

1. Installez un dispositif de blocage du volant : Les dispositifs de blocage du volant sont une des meilleures façons de décourager quelqu'un de voler votre véhicule. Et comme il existe des douzaines d'options abordables sur le marché, empêcher le vol de votre automobile n'a jamais été aussi facile. Assurez-vous d'effectuer vos recherches avant d'acheter pour trouver le dispositif qui correspond le mieux à vos besoins.

2. Installez un coupe-circuit : Un coupe-circuit empêchera votre véhicule de démarrer si quelqu'un essaie de le voler. Un coupe-circuit est un dispositif électrique installé dans un endroit difficile à trouver que seul le propriétaire du véhicule connaît. Lorsque le coupe-circuit est activé, le véhicule ne peut pas démarrer. Assurez-vous de faire installer le coupe-circuit par un concessionnaire automobile ou un mécanicien



Dr. Tami Parks & Associates GREENWOOD FAMILY DENTISTRY

771 Central Avenue
P.O. Box 1776,
Greenwood, NS
B0P 1N0

(902) 765-2822

Dr. Tami Parks and Dr. Cassandra Lee are pleased to announce our office is accepting patients for aesthetic and therapeutic Botox treatment.

Deanne Corkum

Senior Economic Development Officer

Running your own business can be hard, you don't have to do it alone.

Reach out to learn more about our training, advice and loans for small businesses.

CBDC Hants-Kings
Deanne.Corkum@cbdc.ca
902-679-6215
www.cbdc.ca

capitolpub.ca

Only 15 minutes from Greenwood

Where friends meet!

902-825-2742 | 333 Main Street, Middleton NS

To all our Canadian forces personnel, whether you have been here for years or arriving for the first time...

...Welcome to the beautiful Annapolis Valley!

HEATHER'S YOUR NEIGHBOUR

Independent

Your Independent Grocer

316 Main St., Middleton • 902-825-3461
www.yourindependentgrocer.ca

Spring Fling

Stress-free summer moving tips

(NC) Summer is one of the best times of the year to move. The weather is warmer, the kids are out of school and there are typically more homes on the market.

As exciting as moving can be, it can also be a very stressful process if you don't have everything in order. Don't let the process of moving overwhelm you. Apply these useful tips to move like a professional.

Schedule your move - Once you've confirmed dates, book your moving arrangements. Weekends are especially busy, with time slots often filling up weeks in advance. Opt to move your belongings on a weekday if possible. Whether you're renting your own truck or using professional movers, book as soon as you can. If you live in a



condo or apartment, remember to reserve an elevator with your property management.

Don't procrastinate - Give yourself time to pack. Many people often underestimate the amount of items they have. Order moving boxes and packing tape, so you're

not rushed before the big move. Most moving companies will also supply packing materials and may even offer packing services. If you're doing it on your own, label all boxes and identify which room they're going to in your new place for a smooth

transition. Remember to not pack personal documents or medication until the last moment. Consider packing a small suitcase or bag with essentials to use the night of your move.

Purge and document your belongings - Packing is the perfect opportunity to purge your wardrobe and create an inventory of all your belongings. Always document and estimate the value of your items in case they get lost or damaged during the move. Remember to share those details with your insurer to make sure you have the home or tenant insurance you require to be adequately compensated in the event of a loss. Insurance companies may offer a downloadable personal inventory form to help you keep track of everything you own. As a reminder, keep this document in a safe and secure place to minimize stress if you need to use it.

Update your address - Finally, don't forget to send a change of address notice. You'll need to notify the various levels of government (federal and municipal tax offices, provincial health and licensing departments, etc.) as well as your bank, insurance company, utilities and any newspapers or magazines you subscribe to. The postal service also offers mail forwarding options for a small fee. ➔



Les dates « meilleur avant » sont-elles vraiment importantes?

(EN) Vous avez préparé l'un des plats préférés de votre famille pour souper (peut-être des fajitas, ou encore une grande casserole de votre chili maison). En regardant dans le réfrigérateur pour trouver les accompagnements appropriés, vous remarquez que la date « meilleur avant » de votre pot de crème sure non ouvert est dépassée.

Est-ce que cela signifie que vous devez renoncer au goût rafraîchissant de cette crème sure qui s'équilibre parfaitement avec la saveur épicée des piments forts que vous avez ajoutés à votre recette?

Non, pas nécessairement. Une date « meilleur avant » ne constitue pas une date de péremption. La date « meilleur avant » est une étiquette qui doit figurer sur certains produits alimentaires vendus au Canada et dont la durée de conservation est de 90

jours ou moins. Toutefois, il ne s'agit que d'une indication de la qualité et de la fraîcheur d'un aliment.

S'il est conservé conformément aux instructions sur l'emballage (au réfrigérateur, dans le cas de la crème sure), un contenant d'aliment non ouvert peut être consommé en toute sécurité plusieurs jours, voire quelques semaines, après sa date « meilleur avant ».

Il est important de noter que seulement quelques produits, comme les préparations pour nourrissons, ont une date de péremption sur leur emballage. Une fois que leur date de péremption est dépassée, ces derniers ne peuvent pas être consommés en toute sécurité, et ils doivent être jetés.

Pour en savoir plus sur l'étiquetage et la salubrité des aliments, consultez le site inspection.canada.ca. ➔



Sullivan FUELS

Orders over the phone, by email or directly on our website

- Low minimum delivery
- Interest free budget plans
- Automatic delivery available
- Many payment options to choose from
 - Cash, credit card, debit
 - Pre-authorized payments
 - Interac email money transfers
 - Online banking

Now offering propane installation and delivery!

1250 Mill St., Waterville 1-888-338-0331 (toll free)
Waterville 902-538-0677
Bridgetown 902-665-5293

sales@sullivanfuels.ca | www.sullivanfuels.ca

Save-the-dates for Greenwood golf activity

Wendy Richardson

The Greenwood Golf Club has been open for three weeks now - and it has been busy! The course weathered the winter just fine and, for this early in the year, is in great shape.

The golf club staff hasn't changed much. Ryan O'Rourke is our manager, and his front desk/ and pro shop elves are Linda and Diane. The kitchen gals have returned: Kelly, Miki and Taylor are ready to serve you delicious meals and cool drinks. Bruce and his maintenance crew are back: Tony, Tim, Jackson and, new this year, Chloe; who will look after keeping the carts cleaned.

Now it is time to give you a few dates to put on your calendar; or, for you techy people, to add to your phone.

Friday night 9 & Dine starts May 19 at 5 p.m. (show up a half-hour earlier to register, etc). Cost is \$5 for members/ \$15 for non-members and \$5 a seat for the cart. This was very popular last year as it's a great way to meet new people. Come join us.

Ladies are planning to have a golf morning, probably Mondays; men's golf day will be Tuesdays. There will be more info on both of these next week.

The NSGA men's 4 Ball tournament will be held at Greenwood and Eagle Crest courses June 10 and 11.

The Greenwood ladies are planning to host a field day June 20 - stay tuned.

Our Canada Day Frank Croucher Memorial - a 4-person scramble - has been full for weeks, with 36 teams already registered. We're looking forward to celebrating July 1st with fellow golfers.

July 8 and 9 is the Doug McEwan Memorial mixed 4-person scramble.

August 19 and 20 is the Greenwood men's 2-man scramble. The 37th Fall Ball mixed tournament will be September 9 and 10. This is a popular event - there are 18 entries in already!

The Eagle Crest Cup will be held September 30 and October 1, our friendly (?) competition between our two sister clubs. Sign up and show your club pride.

Watch the clubhouse bulletin board, the course website and Facebook, or call the Pro Shop, 902-765-5800.

We're all looking forward to meeting new members on the course (and perhaps sharing a cool drink at the clubhouse afterwards!).

Remember to keep up the pace of play, replace your divots and repair marks on the greens. Enjoy your round of golf! ➔

crossword solution

S	S	E	D	A	D	A	S	G	A	M	A	V
P	E	G	I	M	I	D	E	A	P	U	R	E
A	P	R	S	P	E	C	I	A	L	I	S	T
S	T	E	L	E	S			S	L	E	E	K
M	A	S	A	N		D	A	M	A	S	C	E
S	I	G		A	C			E	G	A	D	
C	A	E	C	A		M	A	L	E	S		
O	S		G	R	A	D	A	T	E		S	
M	I		C	A	N	A	D			P	A	S
E	D	O			M	E		A	L	B		
S	E	R	E	N	A	D	E	S		R	A	T
S	A	D	O	R	E			M	A	R	I	N
R	A	T	I	O	N	A	L	I	S	T		
P	R	O	A	S		R	E	N	E	E		
M	E	R	L	E		S	Y	N	C	S		

sudoku solution

4	7	9	2	1	8	5	6	3
2	5	6	7	9	3	8	1	4
8	3	1	5	6	4	9	2	7
5	9	8	1	4	6	7	3	2
3	1	7	8	2	9	4	5	6
6	2	4	3	5	7	1	9	8
7	4	5	9	3	2	6	8	1
1	6	2	4	8	5	3	7	9
9	8	3	6	7	1	2	4	5

the Aurora find & win

Three easy ways to enter.

1. Through our website: www.auroranewspaper.com
2. Fax: 902-765-1717
3. Drop into our office located at 61 School Road (Morfee Annex)

Entry deadline:
Noon, May 10, 2023

Full name _____ Phone number _____

Complete the following questions from ads in this week's issue and win a **\$20 coupon to play Friday Night BINGO** from **Aylesford & District Lions Club**. Coupons valid for 1 year. Age 17+ on regular games.

1. Who has many payment options to choose from?
2. What's the value of the Mother's Day gift basket?
3. When is, "You can call me Roger" playing at the Birchall Theatre?
4. How many photo's are on the Paragon advertisement?
5. What date is the Kingston District Fire Commission meeting?

Congratulations to last week's Find & Win winner: **TARA LASSETER**

classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 9 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/ or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

Les annoncées classées doivent être réservées et payées à l'avance avant 9 h, le mercredi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ns.aliantzinc.ca

DAN'S FIREWOOD & LUMBER
Hardwood, \$300 a cord
Softwood, \$260 a cord
Cut, Split, Delivered
Ph: 902-825-6424

Complete Mobile Service

• repairs
• replacements
• truck sliders

MORE THAN 25 YEARS OF EXPERIENCE!

Middleton: 902-825-3659

VALUABLE COUPON

CHARLIE'S AUTO GLASS

\$100 OFF DEDUCTIBLE

FOR INSURANCE WINDSHIELD CLAIMS

ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

ACCOMMODATIONS

EDELWEISS INN & RESTAURANT
- Daily. Weekly. Monthly accommodation. Discounts for active CAF members. European B&B style county inn with public restaurant. 25 minutes from Greenwood. www.edelweissinn-novascotia.com 902-825-2588 (4413-8tph)

FOR RENT

FOR RENT - Large, one bedroom loft apartment, open concept, Nictaux Falls, 100% furnished. Cable TV, Internet 300. Heat, power included. Pure drinking water. Ideally suited for IR or mature adults. Separate entrance, quite and private. No smoking, no pets. \$1150 per month. Call 902-825-6780. (4416-2tph)

FLEA MARKET

SOMETHING FOR EVERYONE INDOOR FLEA MARKET - 812 King St., Kingston, N.S. Behind Tim Hortons and Freemans ESSO. Sundays only 9 a.m. to 3 p.m., weather permitting. Admission \$1.00 (Adults) Children under 12

FIREWOOD FOR SALE

Clear Dry or Green
Hardwood Cut,
Split and Delivered
Valleywide.
Quality Guaranteed
please phone
T: 902-825-3361

free. Everyone welcome. Christmas crafts, antiques, furniture, fire hydrant, 1920's car fenders, records, books, old tools, tea towels, knitted scarfs, hats, hanging shelves, rock carvings, dream catchers, trees of life, toys, sport cards, filing cabinets and other interesting items. Be kind to each other. Tables available for rent call 902-847-0324. Happy holidays everyone and thank you. (4416-4tph)

YARD SALE

BIG YARD SALE - 841 Fales River Drive. Start 9 a.m., 13 May 2023. Decorations, furniture, kitchen stuff, books, place mats, toys,

golf clubs, and much more. Great Deals. (4417-1tph)

BOOK LAUNCH

BOOK LAUNCH - At the Paradise Community Centre, Saturday, 27 May from 1 - 3 p.m. Short reading at 2 p.m. from a book of poems, by Joe Beninati, "Shadows I've Seen". For more information email joeben699@gmail.com (4417-3tph)

GREG BANKS AUTO SALVAGE & TOWING

We buy scrap metal



We now have scales to buy: Scrap metal, derelict vehicles, copper, brass, aluminum & batteries
Turn your old washers & dryers etc...into cash money \$\$\$

841 Vault Road,
Melvern Square
902-765-0974 or
902-760-1525 cell
Weekdays 8 a.m. to 5 p.m.
Saturdays 8 a.m. to 12

services & trades

Call 902-765-1494 local 5833 for info

Business card directory

the Aurora

Low minimum delivery

Now offering propane



Fuel for Less, 1-888-338-0331
Waterville, N.S. 902-538-0677
Bridgetown, N.S. 902-665-5293

NOW ACCEPTING NEW CLIENTS

SUPPORTIVE COLLABORATIVE HEALING

- Individual Therapy
- Group Therapy
- Education

Jaime Lee Lightie BA, DTATI, RCT-C

228 St-George St. Annapolis Royal
(902) 532-5186

artheals@annapolisarttherapy.org

ANNAPOLISARTTHERAPY.ORG



Discover
the beauty of
connection.



Proudly serving the Valley Communities, we are dedicated to providing the Best Service, Best Value and Best Quality Products.

- Registered Audiologists
- Custom Noise Protection & Earplugs
- Full Hearing Assessments
- CAF, DVA & WCB Approved Provider
- Tinnitus Evaluations & Intervention
- CARP, NAFR Partner Programs

Call to book a **FREE Take Home Demo** of today's top technology.

902.681.2222 1.877.988.4327 Toll Free

Hearing
INSTITUTE ATLANTIC

Kingston
1540 Bridge St.
hearinginstitute.ca

We're in your neighbourhood! Halifax | Clayton Park | Bedford | Sackville | Dartmouth
Bridgewater | Yarmouth | New Minas | Kingston





The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.aliantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédant la publication, à moins d'avis contraire.

crossword

solution page 9

1	2	3	4	5	6	7	8		9	10	11	12	13
14				15					16				
17				18					19				
20			21					22					
23												26	27
	28								30				
31	32											37	
38												41	
42													
46		47	48						50				
51				52	53	54			55			56	57
									59				
60	61							62	63			64	
65												67	
68												70	

- ACROSS**
- Midway between south and southeast
 - Fathers
 - Wine grape
 - Al Bundy's wife
 - Organic compound
 - Venezuelan state
 - Interest term
 - Experts
 - Central cores of stems
 - Smooth and glossy
 - One-time S. Korean city
 - One from Damascus
 - Short message at the end of an email
 - It cools your home
 - Oh, God!
 - Intestinal pouches
 - Men
 - Popular English soccer team (abbr.)
 - Former CIA
 - Arrange in steps
 - A baglike structure in a plant or animal
 - The Great Lake State
 - Dog_ to mark a page
 - Stop moving
 - Ancient Dead Sea region
 - Of
 - Clerical vestment
- DOWN**
- An involuntary and abnormal muscular contraction
 - Philly's rail service
 - Leaves a place
 - No longer be a part in
 - Guitar players use them
 - Cease to exist
 - General's assistant (abbr.)
 - Shaking of the earth
 - Strong winds
 - For each one
 - A bog
 - The creation of beautiful or significant things
- 51.** Songs sung to a lover
- 55.** Charges
- 58.** Popular design program
- 59.** Where to park a boat
- 60.** One who values reason
- 64.** Slang for cigarette
- 65.** Sailboats
- 66.** Actress Zellweger
- 67.** Screen material
- 68.** Country music legend
- 69.** Puts together in time
- 70.** When you hope to arrive
- 13.** Affirmative
- 19.** Pie _ mode
- 21.** Nonclerical
- 24.** Inspirational football player
- 25.** Learning environment
- 26.** Khoikhoi peoples
- 27.** Bring out or develop
- 31.** Shows up
- 32.** Theatrical device
- 34.** Loads
- 35.** Popular Hollywood alien
- 36.** Distinguishes
- 40.** College dorm worker
- 41.** Secondary or explanatory title
- 45.** Resembling wings
- 47.** One who delivers a speech
- 48.** In the middle
- 52.** Knot with a running knot
- 53.** Airborne (abbr.)
- 54.** Beloveds
- 56.** Ordain
- 57.** Breed of small cattle
- 59.** Very small period of time (abbr.)
- 60.** Revolutions per minute
- 61.** They
- 62.** Longtime ESPN anchor
- 63.** A place to stay

crossword brought to you compliments of

McDonald's
954 Central Avenue
Greenwood
902-765-6381

Mother's Day supper

May 8 is the deadline to pre-buy a ticket for the Aylesford Lions' Mother's Day take-out dinner, which will be Sunday, May 14 (pick-up time 4:30 p.m. to 6 p.m.) from the hall, 2160 Hwy 1, Auburn). Dinner will include honey-glazed ham, with vegetables and a roll, coffee/tea, and homemade carrot cake. Tickets in advance only are \$15: call Lion Joy at 902-765-3323 or 902-847-9374 and leave a message. Proceeds go to Lions Foundation of Canada Dog Guides.

DIY paper flowers

May 9, 7 p.m. to 8 p.m., the Kingston Library invites ages 16+ to create fun spring wall decor with paper, powered by the library's Innovation Labs. Registration required.

Escape Room:

Diary of a Wimpy Kid

May 9, book a one-hour adventure in the Middleton Library's latest escape room. Celebrate Canadian Children's Book Week by gathering a group of friends or family to try and solve our "Diary of a Wimpy Kid" theme! Groups of three to six people have one hour to crack the code. For ages 6+. Registration required.



horoscopes

ARIES - Mar 21/Apr 20

Aries, pay attention to the smaller details, as those are the ones most often ignored. You'll be highly regarded if you pinpoint any errors in a timely manner.

TAURUS - Apr 21/May 21

Work to the best of your ability, Taurus. Focus on your own work and serve as a source of encouragement to those around you who may be experiencing some difficulties.

GEMINI - May 22/Jun 21

A loved one may be hinting at a few things he or she wants to do with you, Gemini. Find the time to make these things happen. Let loose and have fun.

CANCER - Jun 22/Jul 22

It could be tempting to hole up in a bookstore or a coffee shop for hours in the days ahead, Cancer. However, avoiding certain issues is not the way to go. Confront them head on.

LEO - Jul 23/Aug 23

Leo, if you are going to leap, do so with both eyes open; otherwise, you may miss some of the dangers along the way. Always take the bigger picture into consideration.

VIRGO - Aug 24/Sept 22

Virgo, accept that you may be different from most of the people with whom you associate, and that is perfectly fine. What makes you unique is what others like about you.

The Knit Wits

May 11, 3 p.m. to 5 p.m., the Middleton Library hosts The Knit Wits: whether you've been knitting for decades, or just started, it's time to join! We have the yarn and needles: we just need someone to use them! Cheryl will answer any questions or lead the group in a pattern. Have something you have been working on at home? Bring it in! Open to ages 18+. Registration required.

Escape Room: Harry Potter

May 11, book a one-hour challenge in the Middleton Library's Harry Potter-themed escape room! Groups of three to six people have one hour to crack the code. Celebrate Canadian Children's Book Week. For ages 6+. Registration required.

Learn to sew at the library

May 11, 5:30 p.m. to 7:45 p.m., the Kingston Library continues its progressive introductory sewing program for beginners, presented by Karen. Learn about needles, threads, fabrics, sewing tools and the skills to use them. Participants are able to bring along a project from home or work with the supplies made available. Ages 18+. Registration required.

Takeaway supper

May 11, 4:30 p.m. to 6 p.m., there

will be a takeaway turkey supper (\$18) at the Three Rivers Community Centre, 41 Messenger Road, Torbrook Mines. Pre-orders only by calling 902-760-2471 between 8 a.m. and 8 p.m. before May 9. Quantities are limited.

Mother's Day tea

May 12, 2 p.m. to 3 p.m., the Middleton Library invites ages 18+ to attend an elegant afternoon of tea and treats to celebrate all mothers! Fancy dress encouraged, but not obligatory. Registration required.

Sea turtle escape room

May 12, book a 45-minute adventure in the Berwick Library's latest themed escape room. You have 45 minutes to escape the room! Ages 10+. Registration required.

Berwick Book Club

May 12, 10 a.m. to 11 a.m., the Berwick Book Club is hosted by Barbara and is open to adults. Print books or ebooks of the monthly selection are available. Join the discussion via Zoom or in person. This month, we'll be discussing "The Invisible Life of Addie LaRu," by V.E. Schwab. Registration required.

Planning ahead: Learn the basics of powers of attorney, personal directives and wills

May 12, 3 p.m. to 4 p.m., the Berwick Library invites adults in to learn how to plan for the unexpected in case we become unable to make decisions about our children, finances, property and personal care. Plan ahead for what you want done with your estate when you die. Registration not required. Presented by The



sudoku

4	7			1	8		6	
			7					
8			5		4	9	2	7
					6		3	2
	1		8	2		4		
				5			9	
	4			3			8	
1		2		8		3		9
	8	3	6				4	

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Legal Information Society of Nova Scotia.

Saturday morning crafts

May 13, 10:30 a.m. to 11:30 a.m., the Middleton Library invites ages five to 12 for Saturday morning crafts! Something new and interactive each week. All materials supplied. Registration required. (Children ages seven years and younger may attend as long as a guardian stays in the library.)

Plant sale

May 13, 8 a.m. to noon: plant sale at the Black Rock Hall, 4404 Black Rock Road. There will be lots of perennials, herbs, native plants, and small trees, as well as house plants. It's a fundraiser for the Black Rock Trails.

Spaghetti supper

May 13, 5 p.m. to 7 p.m., the Greenwood Military Wives Choir will be hosting a fundraiser eat-in spaghetti dinner (meat sauce or tomato sauce) and garlic bread at the Kingston Lions Club by freewill offering. Coffee, tea, hot cocoa and cookies will be available; with soft drinks available for purchases. For those interested in take-out, please bring your own containers! Cash at the door and etransfers for offerings over \$10.

Mother's Day tea

May 13, 2 p.m., to 4 p.m., an old fashioned Mother's Day tea will be held at the Canaan Community Hall, 59 English Mountain Road, Canaan; in memory of Helen Cousins, who organized these teas for many years in Canaan. Freewill offering at the door, bake table, house plant and seed table. Why not bring your mom?

Youth Happenings

Youth Happenings at the 14 Wing Greenwood Community Centre offers a range of fun options every week for youth aged six to 12 (five if they have completed one full year in a school program). To register, contact the centre at 902-765-1494 local 5341, or drop in to the Church Street offices weekdays.

After school camp – Daily games, activities, crafts and fun for youth ages six to 12 (or on completion of one full school year program). Camp runs 2:30 p.m. to 5:30 p.m., and is also available on early dismissal days. Registration is \$10+HST

per day for military, Defense Team, DND, PSP Plan holders; or \$15 plus HST per day for public at large (discounts for multiple children). Pre-registration is required by calling the community centre. Interested families must speak with your school about bus change permission and forms.

Monday, May 8, 6 p.m. to 7:30 p.m. – Kids Club - bring your own Nerf war night (outside, weather permitting). Free for PSP Plan or one-activity pass youth evening program holders; \$5 plus HST for non-PSP Plan members. Pre-registration required by noon the day of

the program.

Friday, May 12, 5:30 p.m. to 7:30 p.m. – YTGIF – kids' trivia with prizes and pancake dinner. \$10 plus HST non-PSP Plan member; \$7 plus HST PSP Plan member or one-activity pass youth evening program holders. Pre-registration required by noon the day of the program.

Monday, May 15, 6 p.m. to 7:30 p.m. – Kids Club - mini games and capture the flag outside. Free for PSP Plan or one-activity pass youth evening program holders; \$5 plus HST non-PSP Plan member. Pre-registration required by noon the day of the program. ➔

More locations for faster care at Nova Scotia pharmacies.

The Government of Nova Scotia is expanding access to healthcare services in your community.

26 pharmacies across the province are now assessing and prescribing health conditions like strep throat, eczema, diabetes, asthma, and COPD at new Community Pharmacy Primary Care Clinics at no cost to you.

All pharmacies across the province provide free assessments and treatments for certain health concerns and can renew most prescriptions.

To read a full list of services offered and to book appointments visit pans.ns.ca/cppcc



Together: 14 Wing invited to mark Indigenous Awareness Week

The 14 Wing Greenwood Defence Indigenous Advisory Group invites 14 Wing members to join them in celebrating Indigenous Awareness Week May 21 to 25. All are welcome.

mediately afterwards with a teepee blessing and smudge on the Birchall Centre lawn. Tuesday, May 16, at 10 a.m., come to the Birchall theatre for a free screening of "You Can Call Me Roger." Halifax filmmaker Jon Mann's documentary presents retired Assembly of First Nations regional Chief Roger Joseph Augustine's experiences as

a residential school survivor, the prolonged assault on the Indigenous people in Canada, and Augustine's 45 years in leadership. Thursday, May 18, the DIAG invites everyone to an outdoor Indigenous dance lesson activity, with guest dancers, at 10 a.m. on the Birchall Centre lawn; followed by closing ceremonies. ➔

Reconciliation is a path walked together.

Indigenous Awareness Week May 15 to 18

May 15 | 8:30 a.m. to 9:30 a.m.
Flag raising (Transition Centre) & **tee pee blessing and smudge** (Birchall Centre lawn)
Open to all 14 Wing members

May 16 | 10 a.m. to noon
Free movie: "You Can Call Me Roger"
Halifax filmmaker Jon Mann's documentary presents retired Assembly of First Nations regional Chief Roger Joseph Augustine's experiences as a residential school survivor, the prolonged assault on the Indigenous people in Canada, and Augustine's 45 years in leadership.
(Birchall Theatre) Open to all 14 Wing members

May 18 | 10 a.m. to noon
Indigenous dance & lessons
(Birchall Centre lawn) Open to all 14 Wing members

Water service disruptions May 11

In support of an ongoing construction project there is a requirement for a water outage affecting the RHUs 10 a.m. to 2 p.m., May 11.

- Affected buildings: 1 to 33 Rose Street; 3 to 22, 24, 26, 28 Lilac Street
- Affected fire hydrants: 339, 342, 346 and 348

If residents experience poor water quality following the outage, turn on the largest faucet (bathtub or laundry basin) and let it run for 15 to 25 minutes; and fill a clear glass with water and compare it to a white background every five minutes of flushing until there is no colour or sediment in the glass. ➔



CME: 120 years young

April 29, the 120th anniversary of the Canadian Military Engineers was recognized. 14 Construction Engineering Squadron hit the trails for a unit hike through River Ridge Commons in New Germany, with members from 14 CES headquarters and members of 143 Construction Engineering Flight. Following the hike, all members gathered at 143 CEF for a BBQ.

This milestone is a good opportunity to reflect on the importance of CME contributions to Canadian Armed Forces' operations, whether



supporting fellow Canadians during a domestic emergency or fellow CAF members and our allies on missions abroad. CHIMO to all CME members! ➔



NATHANSON SEAMAN WATT'S

We look forward to serving your legal needs, wherever you need us

811 Central Avenue, Greenwood, NS B0P 1N0
902.765.4992
nswgreenwood@24webster.com



NATHANSON SEAMAN WATT'S
ADVICE • ANSWERS • RESULTS


formerly
Parker & Richter and David A. Proudfoot Law Office



CHRIS PALMER
MLA, Kings West

902-375-2554
Toll free 1-888-701-2554
195 Cottage Street
Berwick, NS B0P 1E0
Hours 9 a.m. to noon and
1 p.m. to 4 p.m., Monday to Friday
chrispalmermla@gmail.com

Chris d'Entremont
Member of Parliament for
West Nova/Député - Nova-Ouest



**We are now open to
the public Mondays, Tuesdays,
Wednesdays and Thursdays
10 a.m. - 4 p.m.**

Kingston Office
778 Main Street,
Kingston, NS B0P 1R0
902-242-3605

**1-866-280-5302 (Toll free/ Sans frais);
chris.dentremont@parl.gc.ca**



5K & 10K | Friday, May 19
14 Wing Fitness & Sports Centre
9:30 a.m. warm up | 10 a.m. run
Closing remarks & BBQ at the Annapolis Mess (approx. noon)

Open to 14 Wing Defence Team members & families
(no pets) who want to participate in the RCAF Run.
Register locally by scanning the QR code
Register nationally at RCAFrun.ca

OPI Capt J. Amy Richard
jennifer.richard@forces.gc.ca

5K & 10K | vendredi le 19 mai
Centre de conditionnement physique et de sports de la 14e Escadre
9 h 30 échauffement | 10 h course
Mot de la fin et barbecue au Mess d'Annapolis (vers midi)

Ouvert aux membres de l'équipe de défense de la 14e Escadre et à leurs familles
(pas d'animaux de compagnie) qui veulent participer à la course de l'ARC.
Inscrivez-vous localement en balayant/numérisant le code QR
S'inscrire à l'échelle nationale à RCAFrun.ca

BPR Capt J. Amy Richard
jennifer.richard@forces.gc.ca



