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the Aurora

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'This base is passionate about hockey' 14 Wing oldtimers bring home first CAF championship

Sara White,
Managing editor

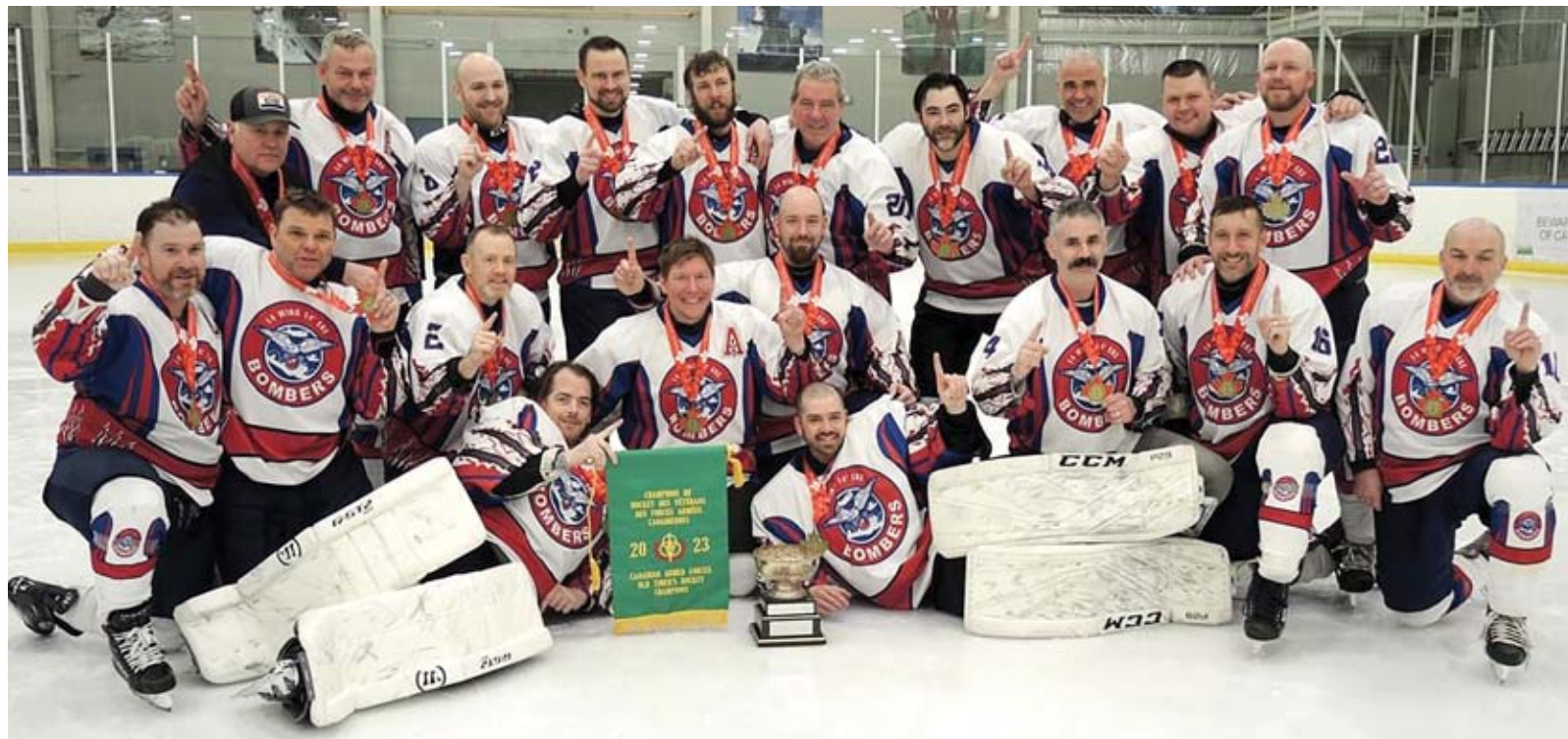
If you asked any member of the 14 Wing Greenwood men's oldtimer hockey team a favour, every one of them would likely give you the shirt off their back (as the old saying goes).

It's interesting, then, one player's shirt – Sergeant Jonathan Doyle's Bombers' jersey – was the motivating factor behind 14 Wing's first-ever Canadian Armed Forces national oldtimers' title in Esquimalt March 17.

"Our team cohesion was what made it," says 14 Wing Commander Colonel Jeff Davis. "It's something so intangible, from in the dressing room to on the ice. We all knew the plan before we even left Greenwood – if we'd have written it on an envelope and not opened it until the semi-finals, it would have said how we played."

"This team is the epitome of why there are sports in the Canadian Armed Forces: teamwork, camaraderie, a common goal and a common attitude."

Warrant Officer Jeff Hull, who doubled as team coach and a player, said this Greenwood roster included players – almost half – who'd played their first military hockey



The 14 Wing Greenwood Bombers are the 2023 Canadian Armed Forces oldtimers' champions, winning March 17 for the first time in a double-OT final over Ottawa. From left, back row, are assistant coach Warrant Officer Dave Jamieson, Chief Warrant Officer Dave McDowell, Warrant Officer Jimmy Rose, Lieutenant Dave Dalby, Sergeant Dave Jenkins, Master Corporal Jeff Bond, Master Warrant Officer Andrew Glessing (Shearwater), Colonel Jeff Davis, Chief Warrant Officer Trevor Porteous and coach/ player Warrant Officer Jeff Hull. Across the front row are Sergeant Mycael McGraw, Major Michael Hiltz, Master Warrant Officer Andrew Amos, Master Warrant Officer Michael Pastuck, Warrant Officer Wayne Belair (Gagetown), Sergeant Jonathan Doyle, Warrant Officer Tony (T-Dawg) Foster (Shearwater) and Warrant Officer Don Davis. On the ice are goaltenders Corporal Matt Gervais and Warrant Officer Joel Brooks. Submitted

games in Greenwood 20 years ago.

"The good thing about this team, if you asked anyone to do something for someone, they'd be there," Hull says. "This base is passionate about hockey."

Hull points to Sergeant Mycael McGraw, playing his last year of military hockey and ending as team captain

with a national championship, after 20 years playing for Greenwood. He highlights Master Corporal Jeff Bond, the father-in-law of goalie Warrant Officer Joel Brooks: This was Bond's sixth national hockey appearance, and Brooks' first, and their first together in 20 years of overlapping careers. Three players were on both Green-

wood's men's (which went to CAF nationals at the end of February) and oldtimers' rosters. It's been 40 years since the Greenwood men won a CAF national title; the oldtimers never had.

"They did it. We did it," Hull says.

But – it wasn't easy.

Greenwood won the Atlantic championship in Feb-

ruary (without Davis, out with COVID-19). Heading to nationals, Greenwood lost three of its top defencemen for work commitments, and only found Corporal Matt Gervais as a back-up goalie four days before nationals. Warrant Officer Wayne Belair, Gagetown, and Warrant Officer Anthony Foster and Master Warrant Officer

Andrew Glessing, 12 Wing Shearwater, joined the roster. The oldest player is 60, and a high average age put Greenwood's oldtimers at the top of the over-37 division – "by a chunk," Davis says. With four flights booked for team members, and one group hitting a delay and an overnight

Continued on page 2...



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14 Wing oldtimers...

...cover

in Calgary (“no lost gear or sticks – we were lucky,” Hull says), Greenwood had everyone it needed for the first nationals practice March 12.

Before stepping on the ice, Greenwood players added “Burnsie 31” stickers on their helmets, in honour of a CAF friend and former Bomber, Master Warrant Officer Chris Burns, who passed away in 2020 playing hockey with the Wainwright Senior AA Rustlers.

Game one March 13 was against the “powerhouse” Ottawa Olde Generals, a 4-3 loss, but a game in which Greenwood rebounded from

a three-goal deficit. Belair was Greenwood’s game MVP.

Game two March 14, Hull played Gervais in nets in a busy game against Kingston. They took a 9-6 loss, and Foster was named game MVP.

The third robin game was against Esquimalt, which resulted in a 3-1 win (Glessing was named game MVP) – but also an hour-long game delay, as Doyle was injured and taken from the ice by ambulance.

“We all waited in the dressing room - they had to cut off his sweater, and we hung it for the rest of the week in our dressing room as motivation,” says Hull.

Doyle suffered a concus-

sion and was out for the rest of the tournament; Warrant Officer Don Davis also had to step out of the line-up.

Winning that round robin game placed Greenwood third into the semis. With another extended game delay after a Kingston player’s injury, Greenwood took a 4-2 win. Game MVP was Sergeant David Jenkins.

The March 17 final was against Ottawa. A 1-1 tie out of the first set the back-and-forth tone for the game: it was a 2-2 tie halfway through the third period, until Ottawa scored with three minutes left to lead 3-2. Greenwood pulled its goalie with just 1:09 left, and Master Warrant Officer Michael Pastuck pushed the team to a 3-3 tie – and over-

time – with just 52 seconds remaining. A second OT commenced, when Belair, with an assist from Chief Warrant Officer Trevor Poteous and Glessing, converted a snap shot into a goal a minute in to give Greenwood the win. Ottawa outshot Greenwood 52-32. Belair won game MVP honours.

“It feels great to be national champions, and it couldn’t have happened without great team work,” said Belair, as the awards were being lined up. The tournament MVP



The 14 Wing Greenwood Bombers took on the Ottawa Olde Guard March 17 in the Canadian Armed Forces oldtimers national championship. The game – a double OT thriller – saw Greenwood win its first ever oldtimers’ national title.

S. Paterson

award went to Greenwood’s Glessing.

“Glessing started out playing D, then F, then back to D – he’s an all-around player,” says Hull. “All three of our pick-up players were all around amazing, and they were a huge part of our team - and they said it, too, that they’ve never been on a military team with such great spirit.”

The trophy and banner, winning puck, Belair’s stick, Doyle’s cut-up jersey and a

beer cooler lid have all come back to 14 Wing, destined for display in the Fitness & Sports Centre.

“The cooler lid? We’d hung Doyle’s jersey from the coach’s whiteboard in the dressing room, so we had nowhere to mark our plays,” Davis says. “We had one play marked on that lid – that’s what we were supposed to do on the power play, and it’s the only play we did.”

The team thanks 14 Wing Greenwood Personel Sup-

port Program staff, including manager Matt Gillis and sports coordinator Alyssa Platt, for season support for both the men’s and oldtimers’ teams, including complex arrangements and claims to get both to nationals.

Master Warrant Officer Gregory Arseneault also represented 14 Wing Greenwood as an oldtimers’ tournament official. ➔

With files from The Look-out.

Tree by tree

Three-year project focused on health, safety, care, replacement

Sara White,
Managing editor

A winter’s worth of tree-tending work is wrapping up in and around 14 Wing Greenwood’s Residential Housing Units neighborhood – just in time for spring bird and wildlife season.

A \$600,000, three-year program to catalogue, evaluate, trim, remove and replace the towering pines and some other species of trees has been a major initiative, coordinated by the Greenwood Canadian Forces Housing Agency, with Defence Construction Canada.

Greenwood CFHA manager Wanda Munro can tell you – almost to the tree - what has happened throughout the project. “We had an arborist taking

care of all of this,” she says. “All our trees are tagged and numbered. We have a GPS spreadsheet of each tree – its type, and the state of its health: good, fair, damaged, a danger. We could only do the trimming and removal work outside of the April to September bird and wood turtle season and, if we have any emergency removals, we have a biologist go out and ensure nothing is nesting in a tree, and clears it with Natural Resources Canada.”

Greenwood’s tall pines, in particular, are a worry: the treetops catch the wind, and the sandy soil doesn’t have the strongest grip on the trees’ roots. Large branches often snap and fall to the ground – or, as far as CFHA is concerned, on any of its 500 RHU military

housing homes, their residents’ property – or even residents themselves. Plus, voluminous amounts of pine needles fall to lie on roofs and clog RHU gutters – almost weekly, which then overflow and may drain into basements.

CFHA and DCC contracted out about 100 tree removals, and coordinated maintenance pruning for tree health and personal and property safety of close to 200 more trees over the past three winter season. Fully removed trees were logged, and the wood will be salvaged for future use. Some of this work happened with infrastructure work to replace water lines on two sets of RHU streets over the past few summers: but, Munro has before pictures of those streets and



A three-year program to catalogue the health and any safety issues with 14 Wing Greenwood’s signature pine trees, and any removal and replanting work, wraps up this season.

S. White

what was there.

“We showed them to the arborist, and that’s what we want those streets to look like when we replace the trees,” she says.

“If we remove trees, we want to replace trees. And, streets like Maple Street – there are no trees really there, so we’ve planted a bunch of indigenous

varieties. We told them we wanted 10-foot tall trees, and we ordered them well in advance, as they’re hard to get.”

Residents will now see these new trees taking root

and, hopefully, growing in their neighbourhoods, including serviceberry trees, with edible berries, Red Maple Fantasy, blue spruce and flowering cherry. ➔

Water service disruptions in the RHUs April 4, 5

In support of an ongoing construction project, there is a requirement for a water outage affecting the Residential Housing Units:

- 10 a.m. to 4 p.m., April 4 - affected buildings: 2 Rose Street, 1 and 2 Lilac Street, 1 and 2 Ivy Street, 2, 4, 6, 8, 10, 12, 14 and 16 Kingswood Road; B68 –

Queen of Heaven Chapel, B308 – Transmitter Tower. Affected fire hydrants: 337, 339, 342, 346, 348 and 351.

- 10 a.m. to 4 p.m., April 5 - affected buildings: 1 to 33 Rose Street, 1 to 24 Lilac Street, 1 Ivy Street, 2, 4, 6, 8, 10, 12, 14 and 16 Kingswood Road; B68 –

Queen of Heaven Chapel, B308 – Transmitter Tower. Affected fire hydrants: 337, 339, 342, 346, 348 and 351.

If residents experience poor water quality following the water outage, they should take the following steps:

- turn on the largest faucet

(bathtub or laundry basin) and let it run for 15 to 25 minutes.

- fill a clear glass with water and compare it to a white background every five minutes of flushing until there is no presence of colour or sediment within the glass. ➔

Interruptions du service d’eau dans les RHU les 4 et 5 avril

À l’appui d’un projet de construction en cours, il est nécessaire de prévoir une coupure d’eau affectant les RHU :

- 10h00 - 16h00 4 avril - bâtiments concernés: 2 rue Rose, et 2 rue des Lilas, 1 et 2 rue Ivy, 2, 4, 6, 8, 10, 12, 14 et 16 route Kingswood ; B68 - Chapelle de la Reine du Ciel. Bouches d’incendie concernées : 337 et 339.
- 10h00 – 16h00 5 avril - bâtiments concernés : 1 à 33 rue Rose, 1 à 24 rue des Lilas, 1 rue de lierre, 2, 4, 6, 8, 10, 12, 14 et 16 route Kingswood ; B68 - Chapelle de la Reine du Ciel, B308 – Tour émettrice. Bouches d’incendie concernées : 337, 339, 342, 346, 348 et 351.

Si les résidents constatent une mauvaise qualité de l’eau suite à la panne d’eau, ils doivent prendre les mesures

- suivantes;
- ouvrez le plus gros robinet (baignoire ou lavabo) et laissez-le couler pendant

- 15 à 25 minutes.
- remplissez un verre transparent d’eau et comparez-le à un fond blanc toutes les

cinq minutes de rinçage jusqu’à ce qu’il n’y ait plus de couleur ou de sédiment dans le verre. ➔

Kingston Legion Br 98 ~ 🍁 ~ April 2023											
Office 902-765-4920 • Bar 902-765-4428 • Fax 902-765-2479 E-Mail legion98sect@eastlink.ca • Facebook: Kingston Legion Br.098											
Find us on facebook 											
Sun	Mon	Tues	Wed	Thu	Fri	Sat					
Are you a Veteran? Are you releasing from the Canadian Armed Forces? – Join us at 1000 each Wednesday morning in the lounge at the Kingston Legion. Have a coffee and a snack & meet other Veterans. Hosted by RCL Branch 98 and the Greenwood MFRC.											
*CTA is back! Tickets are \$1 and can be purchased at the bar, Kingston Pharmasave, Kingston Needs, Brown's Auto Service & Salvage *Dance - Broken Circuit - 8-12 p.m. - \$10 - Open the the public											
2	3	4	5	6	7	8	Breakfast 7:30 - 10 a.m. 1 Free will offering <i>Meat Draw Chase the Ace!</i>				
BINGO 1:30 p.m.		Aerobics Class 7:15-8:15 p.m. \$5	Veteran Social 10 a.m.	Foot Clinic Call Heather 902-300-3559 to book an appt. CRIB - 7 p.m.	GOOD FRIDAY Legion Closed		<i>Meat Draw Chase the Ace!</i>				
9	10	11	12	13	14	15					
EASTER SUNDAY NO BINGO		Aerobics Class 7:15-8:15 p.m. \$5	Veteran Social 10 a.m. Fun Darts 1 p.m.	CRIB - 7 p.m.	Darts Mixed League K.A.S.A. 1 p.m. - 3 p.m.		<i>Meat Draw Chase the Ace!</i>				
16	17	18	19	20	21	22					
BINGO 1:30 p.m.	EXECUTIVE MEETING 7 p.m.	Aerobics Class 7:15-8:15 p.m. \$5	Veteran Social 10 a.m. Fun Darts 1 p.m.	Foot Clinic Call Heather 902-300-3559 to book an appt. CRIB - 7 p.m.	Darts Mixed League		<i>Meat Draw Chase the Ace!</i> *Dance - Broken Circuit 8-12 p.m. - Cost \$10				
23	24	25	26	27	28	29					
BINGO 1:30 p.m.	GENERAL MEETING 7 p.m.	Aerobics Class 7:15-8:15 p.m. \$5	Veteran Social 10 a.m. Fun Darts 1 p.m.	CRIB - 7 p.m.	Darts Mixed League K.A.S.A. 1 p.m. - 3 p.m.		<i>Meat Draw Chase the Ace!</i>				
Support the Kingston Legion by buying 50/50 tickets on-line at: www.rafflebox.ca/raffle/clrns Remember to select in support of: Kingston Br.98											
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Managing Editor | Directrice de rédaction
Sara White • 902-765-1494 local/poste 5441
auroraeditor@ns.aliantzinc.ca

Business & Advertising | Affaires commerciales et publicité
902-765-1494 local/poste 5833
auroramarketing@ns.aliantzinc.ca

Graphic Designer | Graphiste
Brian Graves • 902-765-1494 local/poste 5699
auroraproduction@ns.aliantzinc.ca

Administrative Clerk | Commis à l'administration
Diane Mestekemper • 902-765-1494 local/poste 5440
auroranews@ns.aliantzinc.ca

Editorial Advisor | Conseiller à la rédaction
Lieutenant (Navy) Jennifer Fidler
902-765-1494 local/poste 5101
W14PublicAffairs@forces.gc.ca
Affairespubliques14E@forces.gc.ca

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Le comité de rédaction se réserve le droit de réviser, de condenser ou de rejeter tout article ou message publicitaire afin de satisfaire aux exigences relatives aux journaux militaires figurant dans la Politique temporaire des journaux des Forces canadiennes. Les opinions exprimées dans ce journal sont celles des collaborateurs et ne reflètent pas nécessairement les points de vue des Forces armées canadiennes ou de la 14e Escadre. Publié chaque lundi par la 14e Escadre sous les auspices du Colonel Jeff Davis, commandant de l'Escadre.

CFNA **AJFC**

Canadian Forces Newspaper Association
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Royal Canadian Air Force website
Site Web de l'Aviation royale canadienne
www.rcacf-arc.forces.gc.ca

CFMWS Site
Site du portail communautaire des Forces canadiennes
www.cfmws.ca • www.sbmfc.ca

14 Wing Greenwood Site
Site de la 14e Escadre Greenwood
www.airforce.forces.gc.ca/en/14-wing/index.page

National Defence and the Canadian Forces
Défense nationale et Forces canadiennes
www.forces.gc.ca

Combat Camera | Caméra de combat
www.combatcamera.forces.gc.ca

Recruiting | Recrutement
www.forces.ca

VPI | VPI
www.vpiinternational.ca

14 Wing Fitness Online work-outs, resources and tips | **PSP Greenwood Community Recreation** Online activities, resources and fun | **Annapolis Mess** Special events and entertainment | **14 Wing Greenwood Winter Carnival/ 14e Escadre Carnaval d'hiver** Annual winter Defence Team fun and challenge events | **14 Wing Greenwood PSP** A wider resource for PSP entities (recreation, fitness, health promotion, news and events) | **Greenwood Military Family Resource Centre** Resources, activities and program highlights | **14 Wing Greenwood Bowling Centre** Centre updates | **14 Wing Aquatics** Pool recreation, competitive, training, news | **Greenwood Military Police - Police militaire de Greenwood** Safety, security and public information from 24 Military Police Flight | **14 Wing Combined Charities** Wing activities in support of our community | **14 Wing Spiritual Resilience** Page Hosted by the 14 Wing Chaplains, with spiritual support and resources | **GMAM.ca** Follow news and events at the Greenwood Military Aviation Museum | **14 Wing Welcome** Schedule of events details | **Lake Pleasant Campground** 14 Wing's family campground | **14 Wing Greenwood Curling Club** Open to military, community members | **14 Wing Health Promotion** Tips, program highlights and resources

EMPLOYMENT OPPORTUNITY opportunités d’emploi



Greenwood Military Aviation Museum

is now accepting resumes for the position of **Museum Assistant** from approximately **May 29 to August 31, 2023.**

9 a.m. to 4 p.m., Tuesday to Saturday

This position falls under the
Nova Scotia Student Career Skills Program.

Email dndwingmuseum@bellaliant.com
Cover letter and “Attn: GMAM General Manager”
in body of email and attach a PDF resume
Subject line: Museum assistant (student)
Deadline 11:59 p.m. April 15, 2023

Short-list and interview invitations will be sent by April 21.

Le Musée de l’aviation militaire de Greenwood

est actuellement à la recherche de candidats pour
le poste d'**assistant(e) de musée** du **29 mai au 31 août 2023** environ. 9 h à 16 h, du mardi au samedi

Le poste relève du programme de
développement professionnel des étudiants
(Student Career Skills Program)
de la Nouvelle-Écosse.

Courriel dndwingmuseum@bellaliant.com
Lettre de présentation et «A l’attention de :

GMAM Directeur Général»

dans le corps du courriel et joignez un CV au format PDF

Objet du message : Assistant(e) de musée (étudiant(e))

Date limite est à 11:59 p.m., le 15 avril 2023

*Les invitations à la présélection et à participer à une
entrevue seront envoyées d’ici le 21 avril.*



The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.alianzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.alianzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus

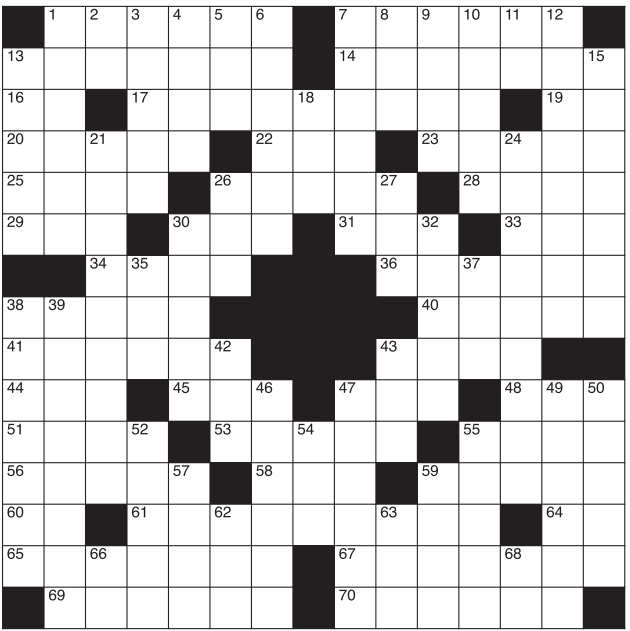
seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédant la publication, à moins d'avis contraire.

Yard sale collection
Decluttering? Moving? Have some gently used furniture, appliances, housewares, tools etc you would like to donate? The Kingston Lions accept donations of these items in support of our spring yard sale. Call 902-765-2128 and Lions will arrange a pick-up time! You may also email klionsclub@eastlink.ca. Proceeds from the yard sale are used in support of our Lions' projects and go back into the community.

Cozy Read-Aloud
April 4, 7 p.m. to 8 p.m., the Rosa M. Harvey Middleton & Area Library invites youth ages nine to 12 for a cozy evening of hot chocolate and stories read aloud. Registration required.

crossword

solution page 7



- ACROSS**
1. Coles
 7. Single-celled animals
 13. The rear car of a train
 14. Endangered
 16. It cools your home
 17. Helper
 19. 'The First State'
 20. Mors aged
 22. Partner to cheese
 23. Type of wrap
 25. From a distance
 26. Satisfies
 28. 'Dallas Buyers' Club' actor Jared
 29. God of battle (Scandinavian)
 30. Cooking utensil
 31. Soviet Socialist Republic
 33. Able to perform
 34. Big man on campus
 36. Second epoch of the Tertiary period
 38. Porticos
 40. Alban and Peter are two
 41. Gets up
 43. Humble request for help
 44. One-thousandth of an inch (abbr.)
 45. Unhappy
 47. Hint or indication
 48. A way to plead
 51. Digits
 53. Broadway actress
 54. Daisy
 55. Jewish calendar month
 56. Author Gore
 58. Peacock network
 59. White poplar
 60. Promotional material
 61. A period of calm
 64. Take too much
 65. Emit energy
 67. Something you can take
 69. Mended with yarn
 70. Inconsistent
- DOWN**
1. Calm down
 - One quintillion bytes (abbr.)
 - One who pretends
 - Hang glide
 - Distinctive practice
 - Mariner
 - Peaks
 - Queens ballplayer
 - Geological times
 - Twofold
 - Atomic #13
 - Tranquillizing
 - Metric weight unit
 15. Indicates
 18. Unwanted rodent
 21. Partly cooked with hot water
 24. One who can be recommended
 26. Resembles a bag or pouch
 27. Midway between south and southeast
 30. Sets up for a photo
 32. California white oak
 35. More (Spanish)
 37. After 8
 38. Decorated tea urn
 39. Island
 42. Car mechanics group
 43. Wordplay joke
 46. Cut a rug
 47. Prickly plant
 49. Speech in praise of a deceased person
 50. European buzzard
 52. Influential linguist
 54. West African languages
 55. Siskel's partner
 57. Skinny
 59. Oblong pulpit
 62. Consumed
 63. Small, mischievous sprite
 66. Powerful lawyer
 68. Indicates position

Stories and Somersaults!
April 4, 10:30 a.m. to 11:30 a.m., the Kingston Library invites youth ages three to five, and caregivers, to hop, skip and jump in for stories and songs with actions in this storytime with a physical literacy twist. Registration not required.

Mobile Innovation Lab or One-on-One Tech Help
April 5, the Berwick and District Library hosts one-hour sessions to learn how to use the Mobile Innovation Lab. Sign up and explore our exciting tools and technologies, including a 3D scanner and printer, Cricut Maker, sewing machines and more! Or, book one-on-one tech assistance with our digital literacy instructor.

Bake sale
April 5, 9 a.m. to 2 p.m. (storm date April 6), volunteers with the Soldiers Memorial Health Auxiliary will be holding an Easter bake sale at the Middleton Home Hardware Store. Purchase some Easter goodies while supporting our hospital!

One on One Tech Help
April 5, the Rosa M. Harvey Middleton & Area Library hosts one-hour sessions with our digital literacy instructor, offer-

ing assistance with technology, Facebook, Zoom, backing up your files, using our eBook and audiobook service or general technology questions. Bring your device with you and we'll do what we can to help. Call the library, 902-825-4835, to book.

Online Safety for Seniors
April 5, 10:30 a.m. to 11:30 a.m., the Rosa M. Harvey Middleton & Area Library hosts Greg Batty, AVRL's digital literacy instructor, for discussion, tips and practical instructions on how to avoid online phishing scams and protect your personal information. Participants will take away a worksheet as to how to proceed at home to ensure you are prepared. Registration required.

Talk, Sing, Read! Storytime
April 5, 9:45 a.m. to 10:15 a.m., the Berwick and District Library invites youth ages zero to five, with caregivers, to share the fun and adventure of reading, rhymes and songs.

Intro to the Innovation Lab and One-on-One Tech Help
April 6, the Kingston Library Innovation Lab offers one-hour sessions: learn how to use exciting tools and technologies, including a 3D scanner and

printer, Cricut Maker, sewing machines and more! Or, book a one-on-one tech help session with our digital literacy instructor.

Easter Tea
April 6, 2 p.m. to 3 p.m., the Rosa M. Harvey Middleton & Area Library invites ages 18+ to enjoy an elegant Easter-themed tea with friends, old and new. Fancy dress encouraged, but not obligatory. Registration required.

Caregiver Support Group
April 6, 2:15 p.m. to 4:15 p.m., the Kingston Library hosts the NS Caregivers Support Group (meets the first Thursday of each month), facilitated by trained staff who offer a confidential, friendly atmosphere for you to discuss your experiences and receive helpful information in a supportive environment. Ideal for those who give unpaid care to a parent, spouse, child, friend or relative due to frailty, advanced age, chronic illness, mental illness or disability. For more info and to register, call Jennine Wilson, 1-877-488-7390 (toll-free).

Learn to Sew at the Library
April 6, 5:30 p.m. to 7:45 p.m., the Kingston Library hosts a progressive introductory sewing program for beginners (ages 18+), with Karen. Learn about needles, threads, fabrics, sewing tools and the skills to use them. Each lesson builds on the last. Participants may bring along a project from home or work with supplies available. Registration required.

Teens Takeover
April 6, 6 p.m. to 7:45 p.m., the Kingston Library invites teens (ages 13+) to hop on computers, try out tech equipment, discover a surprise activity or just hang out with friends. This month: escape room night! Registration required.

Explore with STEM Kits
April 8, 1 p.m. to 3 p.m., the Berwick and District Library invites families to explore four STEM kits (designed for ages eight and up, children must be accompanied by an adult): Snap Circuit Extreme kits, Turing Tumble, Our WeDo LEGO Robotics Construction kits and EV3 Mindstorm Robotics. Registration not required.

Easter Egg Hunt
April 8, 2 p.m. to 2:30 p.m., the Rosa M. Harvey Middleton & Area Library hosts an Easter egg hunt for children ages two to 14 (weather permitting). Bring your own basket to hunt for eggs hidden outside the library! Easter activities available inside. Registration required.

Luncheon
April 11, the Kingston Lions are serving a turkey luncheon (turkey, mashed potatoes, vegetables, roll and dessert) from the hall, noon to 1 p.m. All meals must be pre-ordered: call April 5 or April 6, between 9 a.m. and 11 a.m.: 902-765-2128 to order. Options: pick-up April 11 at the hall - \$15. Dining in at the hall - \$15. Delivered (Kingston/ Greenwood area) - \$16.

sudoku

solution page 7

8	5	7		3		1		4
	4		8		2		6	
6							8	3
2	1		5			7		
				1		3	5	
			3	2		9		
				9			3	
	7	5		6		8		1
4				7	8	6	9	5

Level: Beginner

Fun By The Numbers
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

100 Who Care tie result benefits two Valley charities

The 100-Plus Who Care Giving Group Annapolis Valley met March 9, inviting all its members and newcomers to its first 2023 quarterly meeting at the Main Street Station dining room in Kentville. In an unusual development, members voted on a tie result, deciding by consensus - including presenters - to share their combined donation between two charities.

Members heard from the Fundy Interchurch Food Bank, the Middleton Railway Museum and the Friends of the Annapolis Pool Society. Normally the group's donation benefits just one charity, but for this meeting, member donations will be shared between the Middleton museum and the Annapolis pool group. The food bank received promotional support from the 100 Who Care's Gift Sponsor, Rewind 89.3.

Dave Cameron described the Fundy Interchurch Food Bank's role helping families from communities between Coldbrook and New Minas. In 2022, the food bank provided 100,000 kilograms of food to over 7,000 clients, with the support of 40 volunteers and a number of partner churches, service groups and local busi-

nesses. 100 Who Care funding support would be directed to a targeted program, such as healthy snacks for children.

Middleton Railway Museum volunteers Larry Powell and Diane Hankinson Legard highlighted recent successes in their group's effort to preserve the railroad heritage of Middleton and the Annapolis Valley, including industry, business and community interdependence on a once-vital link. Two steam locomotives are now located on sections of track, and there are plans to build a scale Dominion Atlantic Railway display and add educational displays to the former train station and yard.

In 2022, the Friends of the Annapolis Pool Society, which operates the Annapolis Royal community pool, provided 195 sets of free swimming lessons to youth and adults, and offered lane swims, aquafit and drop-in swimming to town, county and tourist visitors. Aimee Daigle and Elsa Hafting described the group's goal to expand its season in 2023 from two months to four, and become a hub for training essential lifeguards and instructors.

The 100 Who Care, currently

72 members strong, meets quarterly to hear from three member-nominated non-profit groups. After five-minute presentations from each organization, members vote on which group will be the recipient of each member's \$100 donation. Since 2017, the group has donated over \$134,000 to local and regional projects. Visit 100valleygiving.ca for information on past non-profit recipients, joining details and upcoming events.

The 100-Plus Who Care Giving Group Annapolis Valley will hold its next quarterly meeting June 8 in the dining room of Main Street Station, Kentville. New members are welcome. ➔



100-Plus Who Care Giving Group Annapolis Valley co-chair Steph Sedgwick, right, thanked representatives Dave Cameron, second from right, Fundy Interchurch Food Bank; Larry Powell, left, and Diane Hankinson Legard, second from left, the Middleton Railway Museum; and Aimee Daigle, third from left, and Elsa Hafting, third from right, Friends of the Annapolis Pool Society; for sharing their groups' community work with 100 Who Care members March 9.

S. White

classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included. Classified advertising must be booked and prepaid by 9 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/ or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.alianzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.alianzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses. Les annonces classées doivent être réservées et payées à l'avance avant 9 h, le mercredi précédant la

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C	A	B	O	O	S	E	P	E	R	I	L	E
R	I	P	E	R	M	A	C	S	A	R	A	N
A	F	A	R	S	A	T	E	S	L	E	T	O
T	Y	R	P	A	N	S	R	F	I	T		
B	M	O	C									
S	T	A	L	S								
A	R	I	S	E	S							
M	I	L	S	A	C							
O	N	E	S	E	A	G						
V	I	D	A	L	N	B	C					
A	D	P	E	A	C	E	T	I	M	E		
R	A	D	I	A	T	E						
D	A	R	N	E	D							

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sudoku solution

8	5	7	9	3	6	1	2	4
3	4	1	8	5	2	7	6	9
6	2	9	7	4	1	5	8	3
2	1	3	5	8	9	4	7	6
7	9	8	6	1	4	3	5	2
5	6	4	3	2	7	9	1	8
1	8	6	4	9	5	2	3	7
9	7	5	2	6	3	8	4	1
4	3	2	1	7	8	6	9	5

the Aurora find & win

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Noon, April 5, 2023

Full name _____ Phone number _____

Complete the following questions from ads in this week's issue and win a \$20 coupon to play Friday Night BINGO from Aylesford & District Lions Club. Coupons valid for 1 year. Age 17+ on regular games.

1. Whose now accepting student resumes?
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Congratulations to last weeks Find & Win winner: SHARON WARD



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Annual Medspiel marks 55 years of curling fun

Paul Perry

March 3 to 5, 26 Canadian Forces Health Services Centre (26 CFHS) hosted the 55th Atlantic Regional Curling Medspiel at the Greenwood Curling Club. Fourteen teams, including personnel from Halifax, New Brunswick and the Valley; participated in the event.

The Medspiel has quite a history. It was held at CFB Cornwallis for the first 25 years, then moved to 14 Wing Greenwood when CFB Cornwallis closed in 1993. This event is eagerly awaited by both avid and novice curlers alike, and it brings together emergency services personnel from various locations. It provides an excellent opportunity for old friends to reminisce while bringing a respite from Old Man Winter.

The opening ceremonies took place at 4:30 p.m. March 3, with Major Hayley



26 Canadian Forces Health Services Major Hayley Pye threw the ceremonial bedpan March 3 to open the 55th Atlantic Regional Curling Medspiel. Submitted

Pye providing the opening remarks and throwing the ceremonial bedpan. After a fun-filled weekend the closing ceremonies were held at 1 p.m. March 5.

A Valley team (Paul Perry, Bruce Johnson, Terry Peters and Lisa Demont) won the "A" division with their win over a second Valley team (Jerry Winters, Patsy Rawding, Jerry Moulton and Sandra Cathcart). "A" consolation was won by a third Valley team (Jeff McRae, Neal Benvie, Hailey Roussel and Kayla Hobday) with their win over a fourth Valley team (Rhonda Gullage, Hazel McEwan, Trevena Trimmer and Chantal Michaud).

The "B" division was won by a New Brunswick team (Mike Bennett, Sue Bennett, Dany Gravel and Angie Gravel) with their win over a fifth Valley team (Darlene Boekema, Neil Larder, Tracy Larder and Hanna Larder).

The "C" division was won by a sixth Valley team (Dave Ronaldson, Janice Ring, Rick Lindsay and Sylvie Laprise) with their win over a Halifax team (Heidi Birks,



Paul Perry, Bruce Johnson, Terry Peters and Lisa Demont won the "A" division of the 55th Atlantic Regional Curling Medspiel. Submitted

Steve Birks, Matt Devine and Melissa Devine).

This annual event would not be possible without the commitment and dedication of many volunteers and staff of 26 CFHS. We would like to thank the Accommodations staff (Keith Pinkerton and Marla Ward), and Personal Support Program arena and curling club



Mike Bennett, Sue Bennett, Dany Gravel and Angie Gravel won the "B" division of the 55th Atlantic Regional Curling Medspiel. Submitted

staff, including Bill Cox, Cheryl Brown and Chris Zizek; who were all great hosts, ensuring everyone stayed well-hydrated during the weekend. ➔

COVID-19 Vaccine Spring Booster Dose Eligibility

The following people at highest risk of severe illness from COVID-19 **should** get a spring dose if their last dose was more than 6 months ago (168 days):

- People aged 80 years and older
- People aged 18 years and older living in long-term care or nursing homes, seniors congregate living settings, or residential care facilities
- People aged 18 years and older who are moderately to severely immunocompromised

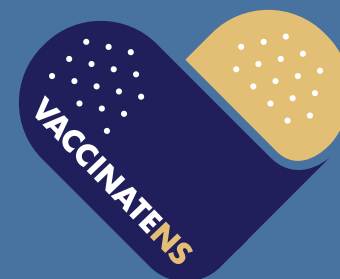
These groups, especially those who haven't yet had COVID-19, can **consider** receiving a spring dose:

- Adults 65-79 years old
- People of African descent aged 50-79 years old
- First Nations people aged 50-79 years old

Those who are eligible can receive the spring dose until June 30, 2023.

Those who have had COVID-19 and have already been vaccinated may have stronger, longer lasting protection against COVID-19.

Those who aren't eligible for a spring dose, can do their part by ensuring they are up to date on all their recommended doses of COVID-19 vaccine, including their primary series and a booster dose since September 19, 2022.



To book your appointment:

Visit NovaScotia.ca/Vaccination | Phone 1-833-797-7772

