



Inspiring the 'buff' in the buffalo

**Captain Jarrett Bond,
404 (Long Range Patrol and Training)
Squadron**

Members of 404 (Long Range Patrol and Training) Squadron recently painted an inspirational mural on one of the walls overlooking the squadron gym.

A contest was held to submit ideas for a 404-themed mural to brighten the gym and increase esprit du corps, and the winning submission was created by Master Corporal (retired) Peter Redden.

Getting the initial design onto the wall was the next step and, of course, that means paint. Although the Aircraft Structures section is the go-to choice for all things related to paint, this type of project is not part of their regular skill set. That did not stop ACS from tackling the project, as the can-do attitude and hidden talents of the team resulted in a work of art. The ACS section proved there is no limit to its members' abilities. ➔



Pictured are (clockwise from top left) 404 Squadron Commanding Officer Lieutenant-Colonel Joshua Christianson, back left; ACS instructors Corporal Noah Slaughter, back right; Corporal Bill Veinot, front right; and Master Corporal Alex Hughes, front left.

Master Corporal K. Scott, 404 (Long Range Patrol and Training) Squadron

Valley funding supports range of veteran women's programming

The Free Spirit Therapeutic Riding Association has received a \$90,000 grant through the Veteran and Family Well-Being Fund (VFWF). The grant was recently announced at Rohan Wood Stables in Aylesford by Lawrence MacAulay, minister of Veterans Affairs and associate minister of National Defence.

The SPIRIT Program is a collaboration between Clannad Counselling and Consulting Inc., the Free Spirit Therapeutic Riding Association and Rohan Wood Stables. It will run

over 18 months and be offered to retired or retiring military or RCMP female personnel living in the Central and Western regions of the province.

The program will equip women to approach healthy relationships through a new lens, in a safe space. Through shared experiential learning with peers, they will build their capacity to focus on their resiliency. Using a variety of therapies, including equine-assisted psychotherapy and lunch-and-learn opportunities, participants

will explore skills around financial planning, women's health and caring for aging parents. Additionally, participants will explore eight alternative therapies using a variety of mediums, such as art, nature and music. The program wraps up with a weekend retreat for women and their families, celebrating their achievements over the course of the program.

"The transition from military life to life after service can prove to be difficult for some," said MacAulay. "These

three organizations have developed new and innovative ways to support veterans going through this transition, through unique projects like equine therapy, farming and the arts. I commend them for the good work they've done so far and look forward to seeing the positive results this funding will bring veterans."

Kings Hants Member of Parliament Kody Blois is excited to have the program in his riding.

"Canada's veterans have proudly served our nation,

and it's our honour to recognize their dedication by providing the supports they need. Organizations like the Free Spirit Therapeutic Riding Association and the Veteran Farm Project Society play an important role in this work through the Veteran and Family Well-Being Fund. I am thrilled they can help us help veterans."

For more information on the program, contact the Free Spirit Therapeutic Riding Association at 902-670-8402, email info@fstra.org or visit

fstra.org.

Funding announcements were also made for the Veteran Farm Project Society, which provides women veterans a safe environment and activities such as growing produce, tending to a memorial flower garden, art projects and archery; and the Nova Seven Arts Council in Greenwood, a community art space, which provides free, expressive arts therapy to medically-releasing military personnel, their families and veterans. ➔



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'We all matter' in flight safety work

Sara White,
Managing editor

Flight safety is a “living program,” says Director Flight Safety Colonel Jean-Philippe Gagnon. He and Chief Warrant Officer Carl Phaneuf brought their “road show” back - in person - to 14 Wing Greenwood March 9 to 11.

“We’re effective at identifying some hazards and putting in some measures to stop them – but we can’t become complacent. We have to include flight safety in everything we do when we fly our aircraft.”

14 Wing personnel from all trades – flying, maintenance and support – were encouraged to take in one of the DFS briefings, as “you all contribute to what we’re doing,” said Phaneuf.

“Support, operations, fire hall – if you learn something, great. We’re just asking you to put yourself in the scenarios we’ll share: would you do what they did? What can you do?”

Gagnon and Phaneuf shared several examples reported up the flight safety line to their office over the last two years, from a loose pilot seatbelt screw to the loss of a Cyclone in the Ionian Sea in 2020. These incidents, and others, all contribute to learning how to prevent the next incident.

“There are 2,500 flight safety incidents across the Royal Canadian Air Force every year,” Gagnon said. “There’s pressure, there’s experience and communications about what we need, supervision is a factor, there are procedures, and automation – we see five common themes in many of these instances.”

DFS investigations depend on a network of flight safety officers across the RCAF, reaching down into wings, squadrons and units.

“The whole system is made so we find the cause of



Director Flight Safety Colonel Jean-Philippe Gagnon shared recent incidents, investigation results, and collective roles in protecting the Royal Canadian Air Force’s people and assets March 9 during a 14 Wing Greenwood briefing.

an incident – and figure out how to not have it happen again,” Gagnon said. “DFS works as a ‘just culture.’ It’s really the basis for what we do: no fear of retribution or blame, we want open reporting, and that people are protected.”

14 Wing flight safety officer Major Richard Kinner thanked the DFS team for visiting the wing, and highlighted a few “takeaways.

“It’s the small things that matter, no matter what your job is or where you are on the line. We all matter.

Corporal C. Moon, 14 Wing Imaging

Catch Wildcats play-off action in Berwick

The Valley Junior A Wildcats are working their way through the first play-off round of the Maritime Hockey League.

The Wildcats take on the Yarmouth Mariners, with home games in the best-of-seven series at the Berwick Kings Mutual Century Centre March 31, 7 p.m. (Game 4), and, if necessary, April 3, 5 p.m. (Game 6, if necessary).

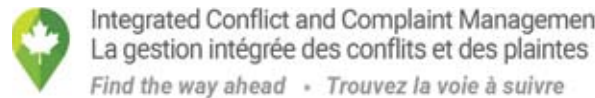
Tickets are available online at showpass.com/wildcatsplayoffs, or at the door. ➔



NEW! Conflict and Complaint extended hours toll-free line

Enhancing responsiveness and accessibility of Conflict and Complaint Management Services (CCMS) is a priority for the Canadian Armed Forces, as it strives to better serve members and invest in the culture change movement.

The Integrated Conflict and Complaint Management (ICCM) program has established a toll-free line (1-833-



CCMS locations are staffed by specially trained agents who help members unpack concerns, identify issues appropriately and select the best option to address them. Conflict management practitioners are available to both leaders and

personnel to help manage their workplace conflicts through a spectrum of informal options including training, consultation, coaching, facilitation, mediation and group processes.

Although there are 17 CCMS offices located across Canada,

access may, at times, be difficult for members due to the constraints of working hours, geographic location and/or the challenges of deployed status. By extending the contactable hours of CCMS agents via its toll-free number, this important initiative will aid in providing an agile, and highly effective, support to the Defence Team.

Additional details related to

CCMS services are available on the ICCM web page. ➔

**Please note, this is not a crisis line. If you are in an emergency, call 911. If your call is not an emergency, but you require immediate assistance, dial 1-800-268-7708 to reach the Member Assistance Program or Employee Assistance Program.*

Nouveau! Prolongement de la ligne sans frais des conflits et plaintes

L’amélioration de l’accessibilité et des temps de réponse est une priorité pour l’Équipe de la Défense afin de servir efficacement nos membres tout en investissant au mouvement de changement de culture.

La GICP vient d’implémenter une ligne de service téléphonique sans frais (1-833-328-3351). Cette ligne d’assistance sera disponible

Les centres SGPC sont dotés d’agents spécialement formés pour aider les membres à débattre leurs préoccupations, d’identifier les problèmes de manière appropriée, et à choisir la meilleure option afin de les régler. Des praticiens en gestion de conflits sont à la disposition des dirigeants et du personnel afin de gérer les conflits en utilisant de diverses approches informelles

incluant : la formation, la consultation, le coaching, la facilitation, la médiation, et les processus de groupe.

Même s’il y a 17 centres de SGCP au travers le Canada, l’accès peut parfois être restreint pour certains dues à des contraintes d’horaire de travail, à la location géographique et/ou des

défis liés à un déploiement opérationnel. L’expansion des heures de service des centres SGCP est une initiative importante visant à augmenter la capacité, l’agilité et les temps de réponse pour l’équipe de la défense.

Des détails additionnelles sur les services offerts par les centres SGCP sont disponibles sur la page Web de GICP. ➔

**Veuillez noter qu’il ne s’agit pas d’une ligne de crise. Si vous êtes en situation d’urgence, composez le 911. Si votre appel n’est pas une urgence, mais que vous avez besoin d’une assistance immédiate, composez le 1-800-268-7708 pour rejoindre le Programme d’aide aux membres des FC ou le Programme d’aide aux employés.*

SAR crews respond to search, medevac calls

March 12, Cormorant RESCUE 901 was airborne from 14 Wing Greenwood at 12:44 p.m., tasked by the Halifax Joint Rescue Coordination Centre to investigate a kayaker potentially in distress in the vicinity of Isle Haute in the Bay of Fundy. The reported kayaker was discovered to be a buoy adrift, and the helicopter returned to Greenwood just before 1:30 p.m.

March 13 just after 8:30 a.m., Cormorant RESCUE 901 was airborne from Greenwood, tasked by JRCC to assist the fishing vessel, Mucktown Girl, 30 nautical miles east of Canso. With five crew aboard, the ship

was under tow by the Canadian Coast Guard Ship Jean Goodwill to Mulgrave when gear broke, and it began taking on water. Greenwood aircraft, along with a Provincial Airlines Speed Air 01 and the Canadian Coast Guard Cutter Spindrift were called in as the Mucktown Girl crew abandoned ship into a lifeboat. Hercules RESCUE 332 was airborne at 8:46 a.m. Four people transferred from the lifeboat to the CCGS Jean Goodwill; one fell out of

the lifeboat and was reported missing, and a search plan was initiated. RESCUE 901 located the missing crew member in the water and transported them to the Sydney airport, and an awaiting ambulance. By 2 p.m., 14 Wing assets were stood down. The Cormorant returned to Greenwood around 3:30 p.m., followed by the Hercules at 5:17 p.m.

March 15, JRCC tasked Hercules RESCUE 332 airborne at 2:30 p.m. to conduct

an ELT (emergency locator beacon) search near Baie Comeau, Quebec. A Cormorant was also dispatched just after 4 p.m. At approximately 4:45 p.m., JRCC stood down the search, as RESCUE 332 successfully located the individual and confirmed their safety.

March 15, just before 8 p.m., JRCC tasked Cormorant RESCUE 901, followed by Hercules RESCUE 332 just before 8:30 p.m.; to carry out a medevac of a crew member

in medical distress aboard a fishing vessel 100 nautical miles south of Yarmouth. The crew member was successfully extracted and flown ashore to medical care; both aircraft returned to 14 Wing just after 10 p.m.

March 22, just after noon, Cormorant 901 was tasked to search for a missing kayaker near Baie Comeau, Quebec. Shortly after, at 1:17 p.m., the Cormorant was stood down and returned to base for continued local training. ➔

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Site du portail communautaire des Forces canadiennes
www.cafconnection.ca

14 Wing Greenwood Site
Site de la 14e Escadre Greenwood
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Pink, with a message

February 23 was Pink Shirt Day, and 14 Wing Greenwood Commander Colonel Brendan Cook, left, and Wing Chief Warrant Officer Jonathan Proulx were dressed for the day. 14 Wing personnel were encouraged to sport pink Ts while in their operational dress – demonstrating their support for anti-bullying programs and efforts.

S. White



**In Memory of
Warrant Officer, Gary Phillips**

10 Years ago, on March 30, 2012, that you left us.

*“When someone you love becomes a memory,
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his sister – Jean (Ed), along with family and friends.

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COMMISSIONAIRES

Man behind the meals a Lions legend

March 8, the Kingston Lions Club held its monthly community noon luncheon: delicious home-baked beans, ham, potato scallop, coleslaw, home-baked brown bread and carrot cake – nothing unusual about this for residents of the community accustomed to the Lions' luncheons.

It might interest some to know the chairman of this particular dinner (and active participant in most of the club's other dinners), is a Lion who will, March 25 of this year, celebrate his 93rd birthday. Hugh Moore started prepping the March 8 feast four days in advance, carefully cooking the huge quantities of beans necessary to feed all those who had pre-ordered their lunch. He was responsible for planning the meal, then gathering the small army of Lions volunteers together to prepare, cook and serve the dinners. He was at the hall at 5:45 a.m. on the big day, ensuring everything would go as planned.

Moore joined the Kingston Lions Club in 1967, the same year the club

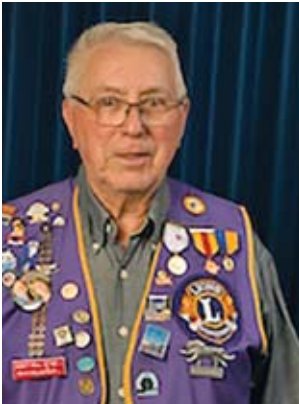


Kingston Lion Hugh Moore, right, lead the planning, prep and presentation of the club's recent March monthly luncheon. Club Lions, including, Lion Vern, joined the team to pull it all together.

Submitted

purchased the property where the club house now sits. Prior to that, Kingston Lions held their meetings at the Sherwood Inn. It wasn't until the 1980s though, the Kingston Lions had the idea of holding monthly community luncheon fundraisers. Moore, of course, was one of the people who voted for this great idea.

In addition to dinners, Moore is no stranger to dinners, chairing many Lions' functions. He has served as King Lion three times, secretary seven times, and held numerous positions on the club's board of directors. He continues to serve as a



Kingston Lion Hugh Moore, 93, has invested 55 – and counting – years in community service projects undertaken by the club.

Lion wherever needed, and his advice and experience is a great asset to the club. →


Community donations, auxiliary efforts add up for local health care

**Mary Osmond,
President, Greenwood
Health Auxiliary**

The Greenwood Health Auxiliary, which operates the

Opportunity Shop located in the Greenwood Mall, would like to take this opportunity to thank our loyal customers and everyone who donates items to our shop.

Because of your generosity, our auxiliary volunteers have been able to donate \$17,000 to health care programs and services in our area in recent months.



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100-Plus Who Care funds Charles Macdonald house capital campaign

The 100-Plus Who Care Giving Group Annapolis Valley met March 10 in a virtual format for its first 2022 quarterly meeting, as three nominated Valley non-profit projects pitched their work for 100-Plus funding support.

The Valley Regional Hospital Foundation was represented by Hillary Webb, who described the “greatest wealth as health.” In 1985, the first foundation members worked to raise 25 Per cent of the new build costs for the VRH, and have continued to raise funds for programs, services and highly specialized equipment for the 100,000 people in three counties it serves.

Shirley Pineo, representing the West Hants Historical Society, described the early history of Fort Edward – from 1750, when portions of the property were sold in 1966 to the Town of Windsor for a community pool. The land is now for sale again, and the WHHS would like it returned to Fort Edward as an

opportunity to promote the area's First Nations, Acadian, Planter and more modern heritage to visitors from around the world.

Board member Isabel Luce spoke for the Charles Macdonald House of Centreville Society, a provincial heritage building in recognition of its unique cement construction, and the influences of its builder, Charles Macdonald on business, community and life from Kentville to the Bay of Fundy shore, home to several well-known, colourful rock-and-cement cottages. The main house needs extensive repairs to continue



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As members of 100-Plus Who Care Giving Group Annapolis Valley wrapped their March 10 online meeting, they sent out congratulations to all the non-profits who continue to make a Valley difference with their good work.

Submitted

offering tours, art displays and a community space.

Online voting between the meeting, and a 24-hour period for members to watch the recording and cast their ballots, determined the Charles Macdonald house as the 100-Plus group's financial recipient, with the Valley hospital foundation and the West Hants Historical Society both

receiving Rewind 89.3 advertising promotional support to help them in their work.

The 100-Plus Who Care Giving Group Annapolis Valley will continue to meet in whatever format is safest to host: online or with an in-person component, typi-

cally hosted at the ballroom in Mainstreet Station, Kentville, with the next meeting planned for June 9. The group meets quarterly to hear from three member-nominated community non-profit groups. After five-minute presentations, members vote on which group

will be the recipient of each member's \$100 donation. New members are welcome. Visit 100valleygiving.ca for information on past non-profit recipients, joining details and upcoming events. →



Chris d'Entremont
Member of Parliament for
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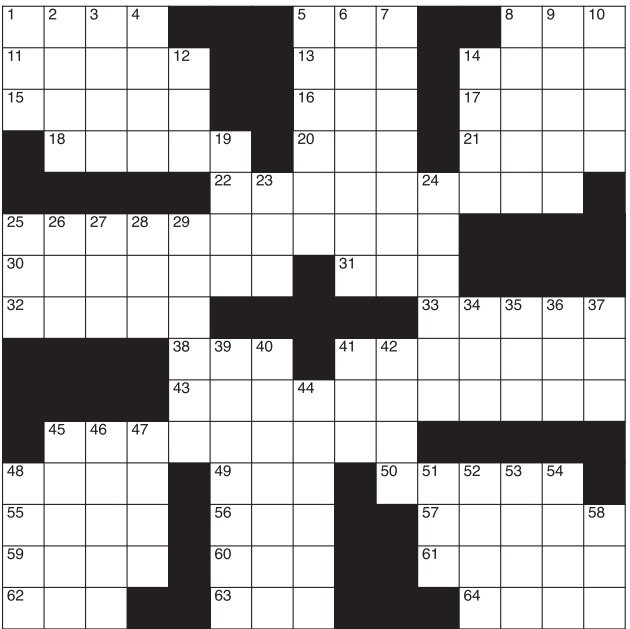
The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.alianztinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road,

NOTICE: Many events may change details as gatherings are affected by public health guidance around COVID-19. Please check ahead with the organizers, as submission dates and Aurora press deadlines are in advance of distribution.

crossword

solution page 7



- ACROSS**
1. One who regrets
5. Time zone
8. Subway dweller
11. Bend in a river
13. Alias
14. Isodor __, American Nobel physicist
15. Very (music)
16. Zero
17. Phil __, former CIA
18. Competitions
20. Unwell
21. Puts in place
22. Gets rid of
25. Allows light to pass through
30. Climbed quickly
31. We all have it
32. There's a North & South
33. Emaciation
38. Supervises flying
41. Very dark colors
43. Unwanted
45. Grants
48. Three visited Jesus
49. Wife of Amun
50. Broadway actress
55. A Spanish river
56. I (German)
57. French opera composer
59. Six (Spanish)
60. Last letter
61. Spiritual leader of a Jewish congregation
62. Noah had one
63. Make a mistake
64. Tall plant
- DOWN**
1. Computer memory
2. 'Et __': 'And wife' (Latin)
3. Ancient Syrian city
4. College army
5. Cassava
6. Talented
7. Capital of Estonia
8. Finger millet
9. In a way, assists
10. Men's fashion accessories
12. Misery
14. Skin disorder
19. Selling at specially reduced prices
23. Good friend
24. Stationary portion of a generator
25. Expression of disappointment
26. The 17th letter of the Greek alphabet
27. Where birds fly
28. Midway between north and northeast
29. Chaotic states
34. Comedic actress
35. Kids' dining accessory
36. Snake-like fish
37. Midway between south and southeast
39. Assign lifeline qualities to
40. One who cites
41. Midway between east and southeast
42. North wind
44. One of the other
45. Cavalry sword
46. Of the Hungarian language
47. Life stories
48. Flat tableland with steep edges
51. Swiss river
52. Plant that makes gum
53. French cleric
54. One point east of northeast
58. Free from

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Book/ movie club

The Women's Place Resource Centre is hosting a book/ movie club, which will meet on the first Tuesday of the month, 1:30 p.m. to 2:30 p.m., via ZOOM. If you would be interested in participating in this book/ movie club to read or watch 'women inspiring women' and engage in some interesting discussions, views and opinions; contact joywprc@east-link.ca or phone 902-363-2030.

Lacrosse skills sessions

Free/ drop-in – open to intro & experienced youth ages 5 to 18, at the St. Mary's school gym, Aylesford. March 28 & April 4 - 5-6:45 pm; and March 30 & April 5 - 6-8 pm. Bring – helmet with cage, gloves, indoor shoes, water bottle, active wear. Spectators allowed. LNS activity waiver required at door (if registered with VLT, not needed). COVID protocols in place. For info – val-

leythunder.goalline.ca or FB @ ValleyThunderLX.

Luncheon

March 29, 11:30 a.m. to 1 p.m., the Middleton Fireflies are back, hosting a community luncheon at the Middleton fire hall. Menu - choice of turkey burger (\$12), corn chowder (\$10), or split pea/ ham soup (\$10); and either rhubarb crisp or lemon pie for dessert. Local deliveries may be arranged by calling Bonnie at 902-825-3062.

Girl Guide cookies

April 2, 10 a.m. to noon, Berwick Girl Guides will be selling their Spring 2022 cookies – the chocolate and vanilla sandwich classics you can't decide which is your fave. Cookies are \$5 a box. Find us at Bargain Harley's, Berwick Home Hardware, Berwick Pharmasave and drive-thru at the

Berwick town hall. Thank you for supporting Girl Greatness.

Lions bingo

April 6, weekly Kingston Lions bingo is back! Doors open at 5 p.m., cards on sale at 6:30 p.m., bingo starts at 7:15 p.m. Cookie Jar - \$2,158, Bonanza - \$6,050, Jackpot in 5 numbers \$3,400, Lucky 7 \$1,450, Triple Jackpot \$525 (red), \$1,725 (white), \$2,075 (blue). Canteen available. **Luncheon** April 12, the Kingston Lions host their monthly community luncheon. Menu: chicken cordon blue, with mashed potato, vegetables, roll and dessert. Pre-orders only at 902-765-2128 April 6 and 7, between 8 a.m. and noon. Two options: Option 1 – pick up at the hall \$12, Option 2 – delivered Kingston/ Greenwood area \$13.

horoscopes

March 20 to March 26

ARIES - Mar 21/Apr 20

Spending time alone could be good for you this week, Aries. While working toward your goals, you also are enjoying some much-needed peace and quiet.

TAURUS - Apr 21/May 21

Your friends may be pushing you to move forward since you seem to be stuck in the past, Taurus. Don't stay stagnant for too long or you may lose motivation for change.

GEMINI - May 22/Jun 21

A collaboration with someone close to you yields surprising results, Gemini. You may have been looking for inspiration for some time and finally found it.

CANCER - Jun 22/Jul 22

Cancer, a longing for adventure points you in all sorts of different directions over the next few days. You have to try on a few different hats to find the right fit.

LEO - Jul 23/Aug 23

Leo, a fantastic investment opportunity comes your way but there is a lot of red tape that could get in the way if you let it. Work through all angles to make things happen.

VIRGO - Aug 24/Sept 22

Virgo, idolizing someone can have its plusses and minuses. You may have a picture of a person that is impossible to live up to. Temper your expectations.

LIBRA - Sept 23/Oct 23

Libra, a rigid schedule may work for some, but not everyone. Incorporate a little flexibility into your life and others may be flocking to your laid-back style.

SCORPIO - Oct 24/Nov 22

Talk to someone about a creative idea that you have had, Scorpio. This person may offer valuable feedback that can guide you as you try to flesh out your idea into something tangible.

SAGITTARIUS - Nov 23/Dec 21

Sagittarius, you may be interested in having a lot of fun, but someone keeps throwing a wet blanket on your ideas. Don't let it derail your plans.

CAPRICORN - Dec 22/Jan 20

It's easy to give opinions and pick sides, but don't get pinned down to a particular position until you've tried several different options, Capricorn. Then you'll have a good idea.

AQUARIUS - Jan 21/Feb 18

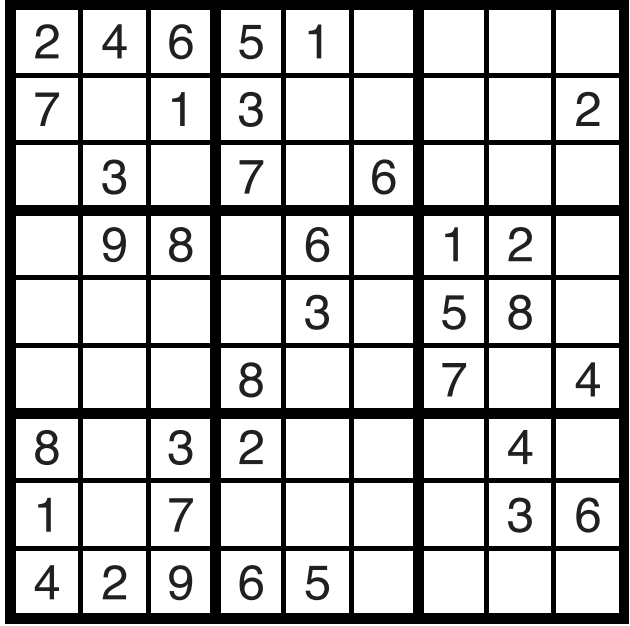
Others may not understand the way you manage money, Aquarius. But you have a clear understanding of your particular brand of logic.

PISCES - Feb 19/Mar 20

Pisces, friends are a strong presence in your life right now and you are very grateful for all that they provide you. Let them know.

sudoku

solution page 7



Level: Beginner

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

the Aurora find & win

Three easy ways to enter.

1. Through our website: www.auroranewspaper.com
2. Fax: 902-765-1717
3. Drop into our office located at 61 School Road (Morfee Annex)

**Entry deadline:
Noon, March 30, 2022**

Full name _____ Phone number _____

Complete the following questions from ads in this week's issue and win a **\$20.00 coupon to play Friday Night BINGO** from **Aylesford & District Lions Club**. Coupons valid for 1 year. Age 17+ on regular games.

1. Who offers Rust Check as a service? _____
2. Where is the European style inn located? _____
3. What business uses the cell number 902-825-7026? _____
4. What does WYWM stand for? _____
5. Who recognizes, scattered jobs, as a good thing? _____

classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/ or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.alianztinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.alianztinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

Les annoncées classées doivent être réservées et payées à l'avance avant 10 h, le mercredi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou

services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ns.alianztinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.alianztinc.ca.

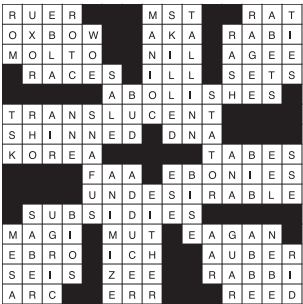
FUTURE GLASS and MIRROR LTD.

Sampson Dr., Greenwood
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WINDSHIELD SPECIALISTS
replacements * chip repairs

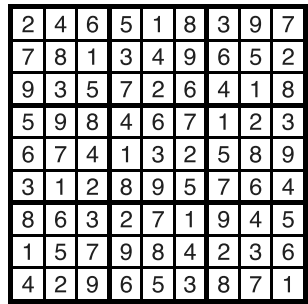
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www.windshieldreplacements.ca

crossword solution



sudoku solution



Employment Opportunity Greenwood Military Family Resource Centre (GMFRC) FAMILY LIAISON COORDINATOR Full Time Position

Our Greenwood Military Family Resource Centre's Family Liaison Coordinator specializes in delivering standardized, consistent care, service, and support to Canadian Armed Forces (CAF) families coping with illness, injury, and/or a special need. If you understand the unique military lifestyle and your passion lies with helping families, consider joining our team.

Who we are looking for

We are looking for a team member with a Bachelor of Social Work degree. You must be registered, or be eligible to register, with the appropriate provincial licensing body.

Your experience

To support our 14 Wing Greenwood families, you will need extensive experience working with individuals, families, small groups, and communities. You must have experience in program design, development, implementation, facilitation, coordination and evaluation; adult education and training; counselling; crisis intervention; family violence and abuse; and attachment and separation dynamics and processes.

Your contribution to the team will include

You must have advanced verbal and written communication skills to fulfill the need for public speaking, facilitating workshops, and report writing. Bilingualism is a strong asset. You must have excellent interpersonal and assessment skills as well as sensitivity and tact in dealing with people under stressful conditions, including crisis situations. You must be warm, have empathy and humour, and have a non-judgmental philosophy of care and a good understanding of ethical principles. You must be a good team player and participate in the development of new ideas and methods for program enhancements. Your clear understanding of the community development process is essential and a working knowledge of community resources in the catchment area is required specifically for those who are injured, ill, and/or have special needs. A sound knowledge of risk management issues as well as a strong belief in the principle of volunteerism is required.

Our work week is 37.5 hours with the occasional requirement of evening and weekend hours.

Want to learn more? Please submit your resume by 4 p.m. **on Thursday, April 14, 2022**, to Margaret Reid, Greenwood MFRC Executive Director at:
Email: home@greenwoodmfr.ca Subject line: resume - FLC
Mail: Greenwood MFRC PO Box 582, Greenwood, NS, B0P1N0
Drop off in person to: Greenwood MFRC, AVM Morfee Centre, 24 School Road, Greenwood.

The Greenwood MFRC is committed to employment equity.
You can learn more about the GMFRC at: cafconnection.ca/greenwood

FLEA MARKET

SOMETHING FOR EVERYONE IN-DOOR FLEA MARKET – 812 King St., Kingston, N.S. Behind Tim Hortons and Freemans ESSO.
Sundays only 8 a.m. to 3 p.m., weather permitting. Admission \$1.00 (Adults) Children under 12 free. Everyone welcome. Christmas crafts, antiques, furniture,

fire hydrant, 1920's car fenders, records, books, old tools, tea towels, knitted scarfs, hats, hanging shelves, rock carvings, dream catchers, trees of life,

toys, sport cards, filing cabinets and other interesting items. Be kind to each other. Thank you & Happy New Year. (4310-4tpb)

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Occasion d'emploi Centre de ressources pour les familles militaires de Greenwood (CRFMG) COORDONNATEUR.TRICE DE LIAISON AUPRES DES FAMILLES Poste à temps plein

Le/la Coordonnateur.trice de liaison auprès des familles du Centre de ressources pour les familles militaires de Greenwood se spécialise dans la prestation de soins, de services et de soutien normalisés et uniformes aux familles des Forces armées canadiennes (FAC) et de vétérans aux prises avec une maladie, une blessure et/ou un besoin spécial. Si vous comprenez le style de vie militaire unique et que votre passion est d'aider les familles, envisagez de vous joindre à notre équipe.

Qui nous cherchons :

Nous recherchons un membre d'équipe avec un baccalauréat en travail social. Vous devez être enregistré.e, ou être admissible auprès de l'organisation provinciale appropriée.

Votre expérience :

Pour soutenir nos familles de la 14^e Escadre de Greenwood, vous aurez besoin d'une vaste expérience de travail auprès d'individus, de familles, de petits groupes et de collectivités. Vous devez avoir de l'expérience dans la conception, le développement, la mise en œuvre, l'animation, la coordination et l'évaluation de programmes; éducation et formation des adultes; conseils; intervention de crise; violence domestique et sexiste; et les dynamiques et processus d'attachement et de séparation.

Votre contribution à l'équipe :

Vous devez posséder de solides habiletés en communication orale et écrite pour être en mesure de parler en public, d'animer des ateliers et de rédiger des rapports. Le bilinguisme est un atout important. Vous devez avoir d'excellentes compétences interpersonnelles et d'évaluation ainsi que de la sensibilité et du tact pour travailler avec des personnes dans des conditions stressantes, y compris des situations de crise. Vous devez être chaleureux.euse, avoir de l'empathie et de l'humour, avoir une philosophie de soins sans jugement et une bonne compréhension des principes éthiques. Vous devez être un.e bon.ne joueur.euse d'équipe et participer au développement de nouvelles idées et méthodes pour l'amélioration du programme. Votre compréhension claire du processus de développement communautaire est essentielle et une connaissance pratique des ressources communautaires dans la zone desservie est requise spécifiquement pour les personnes blessées, malades et/ou ayant des besoins spéciaux. Une bonne connaissance de la gestion des risques ainsi qu'une forte croyance au principe du bénévolat sont requises.

Notre semaine de travail est de 37,5 heures avec du travail le soir et la fin de semaine à l'occasion.

Veuillez envoyer votre curriculum vitae au plus tard à 16 h, **le jeudi 14 avril 2022**, à :

Margaret Reid, Directrice exécutive du CRFMG
Courriel : home@greenwoodmfr.ca Objet : resume - FLC
Poste : Greenwood MFRC, C.P. 582, Greenwood, N.-É. B0P 1N0
En personne : CRFM de Greenwood, Centre AVM Morfee, 24 School Road à Greenwood.

Le CRFM de Greenwood souscrit au principe d'équité en matière d'emploi.
Pour en apprendre davantage sur le CRFMG : www.connexionfac.ca

Council talk – and action – about food for all

**Becca Green-LaPierre,
Kings County Community
Food Council**

A long, long time ago, before there was a global pandemic, I saw a poster at the Kings County Museum in Kentville advertising a “Community Food Conversation,” hosted by local community health boards (CHBs), Public Health and Chrysalis House. Anyone interested in food was welcome to attend. I showed up at the Berwick fire hall in May 2019 and was thrilled to see close to 100 others representing a variety of organizations and interests. My table boasted a farmer, an Open Arms volunteer, a CHB member, a school food parent/cafeteria chef, and a dietitian.

The day included learning about the CHBs’ Western Zone Community Health Plan and how food security is a serious concern in our part of the province: many people have difficulty accessing healthy food because of cost, availability, transportation and lack of food skills/ knowledge. Attendees also conducted food asset mapping in Kings County,

where we got out our pens and marked up maps with every farm market, grocery store, food bank, community supper and any other place that sells/ gives food in the county we could think of. This allowed us to see how blessed we are to live in the Valley, with its multitude of farm stands, but also exposed where food deserts exist. The day ended with facilitated discussion and brainstorming around opportunities to strengthen food security in Kings County.

What is food security? Well, it means different things to different people. I like how a research team at Mount Saint Vincent University describes it: “for some, food security means being able to get food that is healthy and nutritious and being able to enjoy it with friends, family and community. For others, it means not having to worry about having enough food or enough money to buy food. Food security also includes being able to make a living by growing and producing food in ways that protect and support both the land and the food producers, and that ensure that there will be



Members of the Kings County Community Food Council take an early bite out of the “Great Big Crunch,” a national day of advocacy coming up March 10 for a healthy school food program.

Submitted

healthy food for our children’s children” (FoodArc.ca).

If you care about food security - any of its facets - you might be interested in joining the Kings County Community Food Council. The council became an official nonprofit group in 2021, inspired by attendees

of that pre-pandemic Berwick Community Food Conversation. The mission of the council is to support a healthy, just and sustainable food system by strengthening relationships, fostering support for the creation of effective food policies, programs, and initiatives, and

building awareness, capacity and engagement for community-led action and advocacy.

The Kings County Community Food Council meets monthly via ZOOM. For information on our work and how you can get involved, please contact us: info@KCCFoodCouncil.ca. ➔

Youth Happenings

Youth Happenings at the 14 Wing Greenwood Community Centre offers a range of fun options every week. To register, contact the centre at 902-765-1494 local 5341, or drop in to the Church Street offices weekdays. All recreation programs require a mask to be on your person and used if social distancing can’t be maintained.

Monday, March 28, 6 p.m. to 7:30 p.m. - Kids Club - Parachute games. Free, pre-registration required. Please bring water and indoor gym shoes.

Tuesday, March 29, 6 p.m. to 8 p.m. - Family paint night featuring, 7 Arts. Ages 15 and under must be accompanied by an adult. \$10+HST per canvas.

Friday, April 1, 5:30 p.m. to 7:30 p.m. - YTGIF - Activity to be announced. \$7+HST Community Recreation Card holder, \$10+HST non-rec card. Please bring a water bottle and indoor shoes. ➔

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