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Medals tell stories of service, sacrifice

**Sara White,
Managing editor**

When it comes to the business of service medals, Dave and Sandy Nelson know how to clean and mount to spec and protocol. They also know how to listen.

“Medals often come to us in a box or bag, but there’s a story,” says Dave. “The sacrifice medals represent is the main thing for me.”

Dave retired this fall as a major, head of 14 Wing Greenwood’s Air Reserve Flight, after 41 years of service. Sandy served 22 years in military finance, retiring from the forces in 2005 as a sergeant. They met in Ottawa in 1984, and posted across Canada together – and apart – throughout careers, courses and deployments.

“Service medals – they could be for RCMP or police, firefighters, Legion members, military members – each one recognizes sacrifice you’ve made in service to an organization, the country or its people,” Dave says.

“I’ve participated in the journey of the final return of servicepeople from overseas, and the presentation of

the Memorial Cross to their mothers. Even the Canadian Decoration – the long service medal: that represents time you’ve been away, left your family. I was away on course when our daughter was born. I was in the Arctic when she took her first steps. I have friends who are collectors, and they’ve found sets they’ve returned to families. There are significant sacrifices represented by medals.”

Dave spent a number of years as a hobbyist, doing museum-style mounts of medals for friends, and wood-working for display shadowboxes and cases. He and Sandy were looking for a small business and, in 2017, opened Mid-Valley Engraving & Displays in Middleton. Sandy took the reins as Dave finished his military career, doing more of the medal restoration and mounting. Dave assisted, but may now be found more often in the woodshop, working on specialty cases.

“When you’re awarded a medal in the military, you then get it mounted. Or, you need a set of miniatures for Mess kit, or the ribbon bar for undress uniform,” says Dave. “We see a lot of First and Second



Sandy Nelson works at a set of medals with tools, ribbons and cleanser at hand. Remounting these symbols of sacrifice takes care and an eye for detail.

S. White

world war medals, as veterans or their families want them remounted or they want to display them. For families, those medals may become more and more important.

“We’ve done some American and British medals, some African stars from the Second World War, a few of the French **Legion of Honor** decorations for Canadian veterans involved in the 1944 invasion of Europe. Every medal, there’s a story.

Sandy’s favourite medals to remount were her father’s, a Navy man.

“My brother received our Dad’s medals as an inheritance, and I redid them. I took my time. I’d watched him put them on and take them off for years,” she says. “I did Dave’s medals – and I didn’t charge him!”

Where are her own? There’s a story there, too.

“I only have the CD – I never deployed, and I don’t have it. I buried it with my Dad; tucked it in his hand.” ➔



Dave Nelson says every medal tells a story. This specially-crafted shadow box of medals and records is heading from his Middleton shop to an Ontario family, keen to continue telling the story of their relative’s service awards.

S. White



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REMEMBRANCE DAY


Nous nous souviendrons d'eux



WE REMEMBER

NOUS NOUS SOUVIENDRONS





the Aurora

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 The Aurora News

 CFB Greenwood Aurora News

Useful links | Liens utiles

Royal Canadian Air Force website

Site Web de l'Aviation royale canadienne

www.rcaf-arc.forces.gc.ca

CAF Connection Site

Site du portail communautaire des Forces canadiennes

www.cafconnection.ca

14 Wing Greenwood Site

Site de la 14e Escadre Greenwood

www.airforce.forces.gc.ca/en/14-wing/index.page

National Defence and the Canadian Forces

Défense nationale et Forces canadiennes

www.forces.gc.ca

Combat Camera | Caméra de combat

www.combatcamera.forces.gc.ca

Recruiting | Recrutement

www.forces.ca


Military Family Resource Centre

Centre des ressources pour les familles des militaires

www.cafconnection.ca

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www.vpinternational.ca



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JOURNAUX CANADIENS

14 Wing Health Promotion Tips, program highlights and resources | 14 Wing Fitness Online work-outs, resources and tips | 14 Wing Community Recreation Online activities, resources and fun | Annapolis Mess Special events and entertainment | 14 Wing Greenwood Winter Carnival/ 14e Escadre Carnaval d'hiver Annual winter Defence Team fun and challenge events | 14 Wing Greenwood PSP A wider resource for PSP entities (recreation, fitness, health promotion, news and events) | Greenwood Military Family Resource Centre Resources, activities and program highlights | 14 Wing Greenwood Bowling Centre Centre updates | 14 Wing Aquatics Pool recreation, competitive, training, news | 14 Wing Library Online story time, resources for learning and fun | Greenwood Military Police – Police militaire de Greenwood Safety, security and public information from 24 Military Police Flight | 14 Wing Combined Charities Wing activities in support of our community | 14 Wing Spiritual Resilience Page Hosted by the 14 Wing Chaplains, with spiritual support and resources | GMAM.ca Follow news and events at the Greenwood Military Aviation Museum | 14 Wing Welcome Schedule of events details | Lake Pleasant Campground 14 Wing's family campground


the Aurora | 14 Wing Greenwood, NS

November 8, 2021

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REMEMBRANCE DAY

Lest We Forget



14 Wing Greenwood Colonel Tom Goldie, left, and Chief Warrant Officer Dave McDowell, right, were pleased to welcome representatives of Royal Canadian Legion Kingston Branch 098 – from left, president Al Peterson, past president Dave Geddes and Poppy Campaign chairman Al Pardy - to the wing October 29, and to accept the branch's first poppy of 2021.

S. White


Legions appreciate unwavering community support

Sara White, Managing editor

the branch's first poppies. "Thank you for coming over," Goldie said. "We have the poppy stands to go out around the wing, and I'll be attending your Kingston November 11 service." McDowell added serving members are pleased to be supporting the Legion's work, whether it is contributing funds to the Poppy Campaign as they pick up a poppy for their uniform or make plans to attend school, community and Legion events around Remembrance Day – taking into account the changes COVID-19 means for all traditional activities. "It will be great when we're able to get back into the Legions and tell our stories – together," McDowell said. Pardy said, "just about every store and business in our area has accepted a poppy stand this year – they continue to support us with poppy boxes and donations to our campaign. "COVID-19 is a struggle for everyone, but people do come forward to help us, and all the funds stay here for our community veterans – direct support and comfort programs for them."

October 28 Mayor Don Clarke was honoured to be joined by Peter Rigby and Peter Martin from the Royal Canadian Legion Ortona Branch 69, officially launching the 2021 Poppy Campaign in the Town of Berwick. While things continue to look different this year, please continue to support our local Legion at poppy stands in the community. The Berwick Legion will host a small, outdoor service November 11 at 11 a.m. at the Veterans Drive cenotaph.

Submitted




NOVEMBER 11 • 21

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LEST WE FORGET

NOVEMBER 11

HONOURING OUR CANADIAN HEROES.



SOBEYS

GREENWOOD



5th Canadian Division Support Base Detachment Aldershot Major David Garvin was on hand to welcome Devour! guests.

S. White



Warrant Officer Stephen McDonald led the Devour! cycling group through the grounds of 5th Canadian Division Support Base Detachment Aldershot.

S. White

Aldershot kitchen team hosts Devour! lawn lunch


Sara White,
Managing editor

A harvest vegetable soup, side sandwich and home-

made granola squares were the reward at the halfway point of the October 23 35-kilometre Mayors' Bike Ride, one of the in-person events hosted by Devour! The Food Film Fest October 19 to 24 out of Wolfville. The kitchen team at 5th Canadian Division Support

Base Detachment Aldershot prepared the picnic-style lunch for close to 80 cyclists, served on the lawn outside Borden Hall under the eye of camp Major David Garvin. "This event allows us to do something for our people and the community," Garvin said, as he jumped from chatting with cyclists to passing out sandwiches on the line. Michael Howell, Devour!'s executive director, was very happy with the third ride and lunch partnership with Camp Aldershot. "Our festival patrons are showing how they can add health and wellness to their weekend – which is all about eating, drinking and watching movies!" he said. "Community partnerships are what make Devour! Work, and we love including the military, which really wants to show off its chefs and have us on camp."

Devour! The Food Film Fest is the world's largest festival focused on food and film, and marked its 11th year in the culinary epicenter of Nova Scotia. ➔



Occasion d'emploi
Centre de ressources pour les familles militaires de Greenwood (CRFMG)
COORDONNATEUR.TRICE DE LIAISON AUPRÈS DES FAMILLES
Poste à temps plein

Le.la Coordonnateur.trice de liaison auprès des familles du Centre de ressources pour les familles militaires de Greenwood se spécialise dans la prestation de soins, de services et de soutien normalisés et uniformes aux familles des Forces armées canadiennes (FAC) et de vétérans aux prises avec une maladie, une blessure et/ou un besoin spécial. Si vous comprenez le style de vie militaire unique et que votre passion est d'aider les familles, envisagez de vous joindre à notre équipe.

Qui nous cherchons :
Nous recherchons un membre d'équipe avec une maîtrise en travail social ou combinaison équivalente de baccalauréat en travail social et d'expérience. Vous devez être enregistré.e, ou être admissible auprès de l'organisation provinciale appropriée.


Votre expérience :
Pour soutenir nos familles de la 14^e Escadre de Greenwood, vous aurez besoin d'une vaste expérience de travail auprès d'individus, de familles, de petits groupes et de collectivités. Vous devez avoir de l'expérience dans la conception, le développement, la mise en œuvre, l'animation, la coordination et l'évaluation de programmes; éducation et formation des adultes; conseils; intervention de crise; violence domestique et sexiste; et les dynamiques et processus d'attachement et de séparation.

Votre contribution à l'équipe :
Vous devez posséder de solides habiletés en communication orale et écrite pour être en mesure de parler en public, d'animer des ateliers et de rédiger des rapports. Le bilinguisme est un atout important. Vous devez avoir d'excellentes compétences interpersonnelles et d'évaluation ainsi que de la sensibilité et du tact pour travailler avec des personnes dans des conditions stressantes, y compris des situations de crise. Vous devez être chaleureux.euse, avoir de l'empathie et de l'humour, avoir une philosophie de soins sans jugement et une bonne compréhension des principes éthiques. Vous devez être un.e bon.ne joueur.euse d'équipe et participer au développement de nouvelles idées et méthodes pour l'amélioration du programme. Votre compréhension claire du processus de développement communautaire est essentielle et une connaissance pratique des ressources communautaires dans la zone desservie est requise spécifiquement pour les personnes blessées, malades et/ou ayant des besoins spéciaux. Une bonne connaissance de la gestion des risques ainsi qu'une forte croyance au principe du bénévolat sont requises.

Notre semaine de travail est de 37,5 heures avec du travail le soir et la fin de semaine à l'occasion. Vous voulez en savoir davantage?

Veuillez envoyer votre curriculum vitae au plus tard à 16 h, **le vendredi 26 novembre 2021**, à : Margaret Reid, Directrice exécutive du CRFMG
Courriel : home@greenwoodmfr.ca Objet : resume - FLC
Poste : Greenwood MFRC, C.P. 582, Greenwood, N.-É. B0P 1N0
En personne : CRFM de Greenwood, Centre AVM Morfee, 24 School Road à Greenwood.

Le CRFM de Greenwood souscrit au principe d'équité en matière d'emploi.
Pour en apprendre davantage sur le CRFMG : www.connexionfac.ca



Employment Opportunity
Greenwood Military Family Resource Centre (GMFRC)
FAMILY LIAISON COORDINATOR
Full Time Position

Our Greenwood Military Family Resource Centre's Family Liaison Coordinator specializes in delivering standardized, consistent care, service, and support to Canadian Armed Forces (CAF) families coping with illness, injury, and/or a special need. If you understand the unique military lifestyle and your passion lies with helping families, consider joining our team.

Who we are looking for
We are looking for a team member with a Masters of Social Work or equivalent combination of Bachelor of Social Work degree and experience. You have to be registered, or be eligible to register, with the appropriate provincial licensing body.

Your experience
To support our 14 Wing Greenwood families, you will need extensive experience working with individuals, families, small groups, and communities. You must have experience in program design, development, implementation, facilitation, coordination and evaluation; adult education and training; counselling; crisis intervention; family violence and abuse; and attachment and separation dynamics and processes.

Your contribution to the team will include
You must have advanced verbal and written communication skills to fulfill the need for public speaking, facilitating workshops, and report writing. Bilingualism is a strong asset. You must have excellent interpersonal and assessment skills as well as sensitivity and tact in dealing with people under stressful conditions, including crisis situations. You must be warm, have empathy and humour, and have a non-judgmental philosophy of care and a good understanding of ethical principles. You must be a good team player and participate in the development of new ideas and methods for program enhancements. Your clear understanding of the community development process is essential and a working knowledge of community resources in the catchment area is required specifically for those who are injured, ill, and/or have special needs. A sound knowledge of risk management issues as well as a strong belief in the principle of volunteerism is required.

Our work week is 37.5 hours with the occasional requirement of evening and weekend hours.

Want to learn more? Please submit your resume by 4 p.m. **on Friday, November 26, 2021** to Margaret Reid, Greenwood MFRC Executive Director at:
Email: home@greenwoodmfr.ca Subject line: resume – FLC
Mail: Greenwood MFRC PO Box 582, Greenwood, NS, B0P1N0
Drop off in person to: Greenwood MFRC, AVM Morfee Centre, 24 School Road, Greenwood.

The Greenwood MFRC is committed to employment equity.
You can learn more about the GMFRC at: cafconnection.ca/greenwood

Greenwood author's *Dear CAF* makes CBC writing shortlist

Greenwood author Kelly S. Thompson was named to the longlist of the 2021 CBC Nonfiction Prize earlier this fall, one of 28 writers selected from nearly 2,000 entries considered, for *Dear CAF*.

Thompson is an award-winning writer and retired military officer with a Masters of Fine Arts in creative writing from the University of British Columbia and is a PhD candidate in literary studies at the University of Gloucestershire. Her military memoir, *Girls Need Not Apply: Field Notes from the Forces*, was listed as one of *The Globe and Mail's* top 100 books of 2019 and was a national bestseller. Raised in the Barrie area at the Canadian Forces Base Borden, with a professional military career in Kingston, Thompson currently teaches creative nonfiction at the University of King's College, Halifax.

"I spent almost a decade in the Canadian Armed Forces and often joked it was my longest standing and most demanding relationship, because the military is a lifestyle, not a job," Thompson says. "When I was medically released from the forces after an injury, and experienced a career of harassment, it felt like going through a breakup with someone I no longer liked, much less loved."

Thompson enrolled in the military at age 18, and now describes herself as idealistic, with "firm lines between good and bad, helping and hurting.



Kelly S. Thompson

Dorian Widling Photography

"It's only been with education about colonialism and intersectionality that I've come to see how I played a role in the marginalization of others, and writing about this helps me understand."

Ongoing stories in the news, she says, also show how military policy and masculinized culture are hurting women, too.

"So this is a story of first loves starting and ending - with all the melodrama that entails."

Montreal writer Chanel M. Sutherland won the 2021 CBC Nonfiction Prize for *Umbrella*, announced September 29. ➔

STAR program all about resilient military kids

Children and youth from military families can be some of the most resilient kids out there. But, they also face a number of unique challenges, such as:

- repeated relocation
- absences of one or both parents due to work
- parental deployments to volatile areas
- unpredictable work hours for their parent(s)

All of this can represent sources of stress regular kids never have to worry about in their day-to-day lives.

Young people's resilience is determined by the interplay of their individual characteristics, the characteristics of the families in which they live, and the characteristics of their physical and social environments. Meaningful participation in the home, school and community contributes to the resilience of children: it increases their sense of connection while decreasing their sense of isolation. STAR is a new resilience-based program for children of military families, and it's free.

"In between the arts and crafts, games and activities, something special happens. Friendships blossom, self-confidence emerges, independence grows, and through it all, children build resilience to help them face new challenges as they grow up," says Ben Ouellette, vice president operations, Personnel Support Programs. "We are empowering children to lead healthier, happier lives by helping them learn how to handle life's curve balls."

14 Wing Greenwood Community Recreation will launch the STAR program at the com-

Le programme S.T.A.R. concernant la résilience des enfants de militaires

Les enfants et les jeunes des familles des militaires peuvent être les jeunes les plus résilients. Mais ils sont également confrontés à des difficultés particulières, telles que :

- des déménagements fréquents;
- l'absence d'un ou des deux parents en raison du travail;
- le déploiement auquel participe un ou les deux parents dans des régions instables;
- les horaires de travail imprévisibles d'un ou des deux parents.

Les enfants issus de familles civiles n'auront jamais à se préoccuper de ces sources de stress dans leur vie quotidienne.

La résilience des jeunes est influencée par leurs caractéristiques personnelles, les caractéristiques de la famille avec laquelle ils vivent et leur environnement physique et social. La participation constructive des enfants et des jeunes aux activités de la maison, de l'école et de la communauté contribue à renforcer leur résilience : elle leur permet de se sentir mieux intégrés et moins isolés. STAR est le nouveau programme gratuit offert aux familles de militaires avec pour objectif d'encourager la résilience.

« Quelque part entre les jeux, les activités sportives, les ateliers d'art et de bricolage, la magie opère, les amitiés naissant, la confiance émerge, l'autonomie s'accroît et soudain les enfants comme les enfants développent la résilience nécessaire pour relever aux nouveaux défis qui leur sont lancés » dit Ben Ouellette vice-président des opérations des Programmes de soutien du personnel. « Nous outillons les enfants afin qu'ils vivent une vie plus saine et plus heureuse en les aidant à composer avec les coups durs qui les guettent. »

Les Loisirs communautaires de la 14e Escadre Greenwood lanceront le programme S.T.A.R. au centre

Positive Space workshops set

The objective of the Positive Space program is to foster the creation of a safe and inclusive work environment for everyone, including members of the lesbian, gay, bisexual, transgender, queer/ questioning, two spirit communities and beyond (LGBTQ2+). Positive Spaces are volunteer and peer-based support groups for LGBTQ2+ and non-LGBTQ2+ community members, where they can create networks and seek information and assistance from Positive Space ambassadors.

For Defence Team members interested in attending the three-hour Positive Space ambassador workshop, please see upcoming dates below. You can attend these workshops to simply expand your knowledge and awareness of issues facing some Defence Team members or if you so desire, volunteer as an ambassador.

Workshops are scheduled for the Birchall Training Centre, Classroom 1, commencing at 8:30 a.m. November 12, 19 and 24. Currently, attendance is restricted to a maximum of 10 members per workshop.

To register, please contact Captain Backhouse via arne.backhouse@forces.gc.ca or at local 1643

Also, see 14 Wing's local Positive Space page, located under the Links tab of the Employment Equity quick link on the 14 Wing splash page. ➔

Des ateliers sur les espaces positifs prévus

Le programme Espace positif vise à favoriser la création d'un milieu de travail sécuritaire et inclusif pour tous, y compris les membres des communautés lesbiennes, gaies, bisexuelles, transgenres, allosexuelles et bispirituelles et autres (LGBTQ2+). Espace positif est un groupe de soutien bénévole fondé sur les pairs qui permet aux membres et non-membres de la communauté LGBTQ2+ de créer des réseaux et trouver de l'information ainsi que de l'aide auprès des ambassadeurs d'Espace positif.

Les membres de l'Équipe de la Défense qui souhaitent participer à l'atelier de trois heures pour les ambassadeurs d'Espace positif peuvent consulter les dates ci-dessous. Vous pouvez assister à ces ateliers pour approfondir vos connaissances et vous sensibiliser aux problèmes auxquels sont confrontés certains membres de l'Équipe de la Défense ou encore pour devenir ambassadeur bénévole si vous le souhaitez.

Les ateliers auront lieu à compter de 8 h 30, dans la salle de classe 1 du Centre d'instruction Birchall, les 12, 18 et 24 novembre. Actuellement, la participation est limitée à un maximum de 10 membres par atelier.

Veuillez communiquer avec le capitaine Backhouse par arne.backhouse@forces.gc.ca ou au poste 1643 pour vous inscrire.

Consultez également la page locale de la 14e Escadre sur Espace positif qui se trouve sous l'onglet Liens du lien rapide de l'Équité en matière d'emploi à la page d'accueil de la 14e Escadre. ➔

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REMEMBRANCE DAY

Nous nous souviendrons d’eux

192 CEF restores portions of Canada’s wartime coastal defence

If you have not heard of Yorke Island, you are not alone. This tiny island is situated off the most westerly point of Hardwicke Island, at the divide between Johnstone Strait and Sunderland Channel, and a place vessels traveling between Mainland British Columbia and Vancouver Island have to pass.

During the Second World War, Yorke Island was strategically placed to protect backdoor access to Vancouver. Invasion by Japanese forces was of great concern and, in 1937, construction of fortifications was approved at this choke point. Two 4.7 inch guns and search lights

were installed and, later in 1942, the guns were replaced by 6 inch guns. The fortifications at Yorke Island were in service until 1946, with approximately 60 buildings built to support the isolated post.

The site was then disused and largely forgotten until a conservancy, under BC Parks, was established in 2007, pursuant to government’s land use decision for the Central Coast Land and Resource Management Plan area. Hən̓am̓ɬi Məkola/ Yorke Island Conservancy is in the asserted



Master Corporal David Low, 192 Construction and Engineering Flight, Aldergrove, removes bolts from a support beam in the Yorke Island Fortress.

Corporal C. Ouellet, Canadian Armed Forces

territories of the K’ómoks, We Wai Kai, Wei Wai Kum and Xwemalhkwu First Nations.

Ten members of 192 Construction Engineering Flight from Aldergrove, British Columbia traveled to the island between August 3 and 14 to stabilize some of the crumbling fortifications and infrastructure so BC Parks personnel, volunteers and the occasional visitor may move around the site safely. Access to the island is only by boat; there is no dock. The entire island is encircled by barbed wire, so only the committed venture to it.

The island has many benefactors: the First Nations, Vancouver Gunners Association, volunteer Ross Keller, the dedicated personnel of BC Parks and the Canadian

Armed Forces, and other agencies and individuals all working to ensure the site will be preserved as part of the Canadian coastal defence story.

Due to the proximity to Yorke Island, personnel from 19 Wing Comox also supported 192 CEF Aldergrove. Real Property Operations Unit (Pacific)/ Detachment Comox provided essential equipment, 191 CEF hosted its Aldergrove counterparts while traveling through Comox, 21 Canadian Forces Health Services Centre provided a supporting medic with supplies, and the Imaging Flight at 19 Operations Support Squadron documented the effort. ➔



Corporal Wun Lia secures bolts on a vertical beam to strengthen the structure of the Yorke Island fortress in British Columbia.

Master Corporal J. Beaudin, Canadian Armed Forces



Corporal Wun Lia (left) and Corporal Monica Ganzeveld (right), with 192 Construction and Engineering Flight, Aldergrove; measure the length of a new support beam.

Corporal C. Ouellet, Canadian Armed Forces

Mess manager pens WWII novel of untold LGBTQ stories

Emily Nakeff,
Borden Citizen

Adam Arbiter has always had a passion for writing, though for years struggled to finish any of the projects he began - until he discovered a story he really wanted to tell. His debut novel, “I’m Here,” tells the story of Garrett and Simon, who fall in love while fighting on the front lines during the Second World War. Arbiter pulled inspiration from war poetry, but the heart of the story fell into place when he came across an old photo online. The black and white image depicted two male soldiers dancing together, a joyful moment in time. With no



Author Adam Arbiter, a mess manager at 22 Wing CFB North Bay, shows off a copy of his debut self-published novel, “I’m Here.”

Submitted

source, the mystery image became the foundation for

the story that would soon pour out of him. “That idea was just beautiful to me,” Arbiter said, “that the war somehow brought these boys who felt different and alone and wrong to a place where, suddenly, they were just like other men, and they found each other and they found love and a sense of peace, I suppose.”

A self-proclaimed military brat, Arbiter’s father served in the Canadian Armed Forces before Arbiter himself became a mess manager for 22 Wing at CFB North Bay in 2018. For him, writing has always been an outlet to turn to. His first novel is the product of two-and-a-half years of hard work. Finding the time

between work and spending time with his husband and young son wasn’t always easy, but he jokes keeping a notebook in every room of the house helped. Beyond that, the more research and work he did, the more desperate he was to tell a story missing from other historical fiction works.

“I really enjoy uncovering the stories that we aren’t told in history class,” he said. “And a lot of those stories are LGBTQ stories that got washed away because it wasn’t the thing that people wanted to talk about. It was shameful, or it was a misconduct of some kind, especially for soldiers in the armed forces.”

Arbiter volunteers as a Positive Space ambassador on the Pride Committee at CFB North Bay, which he said played into his desire to tell this story.

“Part of it is this idea of shedding light not only on the people of the past, but the people who are here now. “I just hope that (readers) fall in love with the characters like I did,” he said. “I hope that it opens their eyes to a part of history that they may not have been aware of. And, I just hope that they feel and they understand the struggles that these young men went through. Not even my characters - but all of the young men who went to war. As much as it’s a work of fic-

tion, it tells a very real story.”

The novel officially releases in paperback and Kindle formats on Amazon just in time for Remembrance Day. “Remembrance Day is a very important date for me – growing up, now, always,” he said. “And I did think that it was a poignant story to release around that time of loss in the war and of remembering those people and those friendships and those relationships.”

Arbiter has discovered a love for historical fiction and has plenty of plans for future projects, including an LGBTQ retelling of Frankenstein. Learn more about the author and the novel, “I’m Here,” on Goodreads and Amazon. ➔

REMEMBRANCE DAY

Lest We Forget

Canadian firefighters helped save England during Blitz

Peter Mallett,
The Lookout

If you visit the headquarters of Hampshire Fire and Rescue Service in southern England you will notice a commemorative plaque mounted in its entranceway.

The flat tablet of brass is prominently displayed next to a portrait of Her Majesty Queen Elizabeth II. Upon closer inspection, a casual observer will quickly understand it serves to honour the bravery and valour of the 422 members of the Corps of Canadian Fire Fighters, who volunteered for service in the paramilitary organization to help during Germany’s infamous Blitz on England in the early 1940s.

Canadians filled the ranks of National Fire Service and deployed across London, Southampton, Portsmouth, Bristol and Plymouth to fight the fires.

The monument also serves as a memorial to three Canadian firefighters who died during their service. Three others were seriously injured in the line duty.

The dedication ceremony

In February 2008, Chief Warrant Officer (now retired) Bruce Paradis led a Canadian delegation to the dedication ceremony. He served in the



Canadian Forces National Defence Fire Service for 36 years and volunteered as the Treasurer of the Canadian Fallen Firefighter Foundation and as its Atlantic Canada director.

“The Corps was an unknown because they did not fight as soldiers, but they served and served well. These brave Canadians worked alongside their British counterparts who had been devastated by the constant fires cause by the dreaded V1 buzz bomb,” he said.

The ceremony in Hampton also served as a book launch for author John Leete, who worked with the Hampton Fire and Rescue Service. His book *Under Fire* chronicles the formation of England’s Auxiliary Fire Service in the late 1930s and, eventually, the emergency provisions made for a National Fire Service in 1941. He devoted two chapters to Canadian firefighters who served England between

1942 and 1945.

A Cry For Help

The devastation from German bombings in London was immense. According to the Canadian Firefighters Museum, during a 60-day period starting September 1940, Germans pounded England with rocket attacks and caused no fewer than 17,714 structure fires in London proper. The bombings encompassed a much larger area than just London, and included much of southern England and areas as far north as Manchester.

It wasn’t until the summer of 1941 the call for Canadian volunteers went out. That was precipitated by Canadian Prime Minister William Lyon Mackenzie King’s visit to London in summer 1941.

The number of air attacks by the Germans had greatly reduced by early 1942, but England was still under bombardment. The first Canadian



Trucks and equipment used by firefighters during the Second World War in England.

firefighters arrived in June 1942 and, by December, all 422 personnel were in place serving the southern area of the country in London, Southampton, Portsmouth, Bristol and Plymouth.

“From the mouth of the Prime Minister of Canada to the deployment in the UK, it is remarkable that it took only six months to call for volunteers from our existing Canadian departments and have just over 400 men on the ground in the U.K.,” said Paradis.

Their job, upon the sounding of the air raid sirens, was to leave quarters and proceed into the deserted streets while

the populace took shelter.

“This allowed them to be tactically deployed in the event that a lucky bomb found their home station, and allowed them to spot fires caused by the bombings,” he said.

They worked in perilous conditions conducting search and rescue operations and controlling fires started by the bombings. The Corps was commanded by Gordon E. Huff, a former fire chief of the Brantford, ON, Fire Department.

Before they returned to Canada in late 1944, a parade was held in London in their honour, from Trafalgar Square to Canada House. The corps received The Order of the British Empire, British Empire Medals and the Royal Humane Society Testimonial on Parchment and Vellum along with special badges for individual service.

By the end of the war, 997 firefighters from Canada and England died in the war effort. ➔



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REMEMBRANCE DAY

Lest We Forget



Author recalls Cold War era RCAF career

**Peter Mallett,
The Lookout**

A retired Royal Canadian Air Force member has penned a book of his firsthand account of Canada and the Cold War, a period between the end of the Second World War and the collapse of the Soviet Union in 1991.

Mud on My Boots: Dares and Ventures of a Canadian Airman During the Cold War, written by Captain (retired) Maurice-André Vigneault, recounts a four-decade career, spanning the entire Cold War era.

During this time, the world was largely divided into two ideological camps: the United States-led capitalist “West” and the Soviet-dominated communist “East.” Canada aligned with the West. While the war never became “hot” through direct military confrontation, there were plenty of behind-the-scenes,

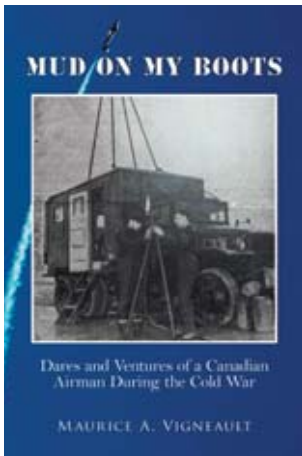


Captain (retired) Maurice-André Vigneault spent four decades in the Royal Canadian Air Force, including the tense Cold War years.

Submitted

stress-filled moments, says Vigneault.

He was a radio operator and radar technician who rose through the ranks during decades of geopolitical tension. It was a seemingly endless war of check and checkmate, in the form of arms and troop build-ups between two fac-



Mud on My Boots: Dares and Ventures of a Canadian Airman During the Cold War recounts Captain (retired) Maurice-André Vigneault's four-decade career.

tions always on the brink of full-out war.

“The Cold War was a different kind of war - not a shooting war, as was the Korean War,” says Vigneault. “The West’s objective was deterrence - and deterrence worked, as not a single bullet was fired.”

In an op-ed piece in The

Globe and Mail, Canada’s Forgotten Cold Warriors, General Paul Manson said: “We trained for war so that we did not have to fight a war.” That piece was Vigneault’s inspiration to write about his own extensive service in the air force, with postings to radio and radar stations in Europe and Canada, during the Suez Canal crisis, the 1960 Congo crisis, the establishment of NORAD’s line of radars, and six years at Arctic stations.

Vigneault was among the first Canadian troops to answer the Cold War call from NATO, deployed to #2 Fighter Wing near Metz, France, in 1952. The base had four squadrons ready to protect Europe against an attack from the Soviets.

Sometimes the attack was more concealed. Vigneault writes about a Soviet agent who infiltrated tight security at the wing and sabotaged the Sabre aircraft fuel supply.

“The plane had a failure and veered right and went into the Bischoffwald [Channel], killing the pilot. The small community of Bistroff was notified and came to help, and it was later determined a spy had spoiled the jet fuel in the main tank at the base.”

The title, “Mud on my boots,” came from his experience at 2 Wing. Upon arrival, the base was not fully ready for operations and the surrounding land was a sea of mud.

“Due to the conditions, everyone at the base was issued mud boots,” says Vigneault. “Newbies were told to get some mud on their boots first

before complaining.”

He even had one posting in the basement of the Château de Mercy at Metz, France, which, at one time in the 1950s, served as a makeshift communications centre for the air force.


The fight to stop the spread of communism continued in Canada. He worked at several radar and satellite communications stations across the country.

His self-published soft cover book was released in January 2021 by Victoria-based Tellwell Talent and is available through Amazon.ca and other distributors. ➔


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On November 11, let's take a moment to salute the courageous men and women who have served and continue to serve our nation in war, conflict and peacekeeping.

May the memory of their sacrifices continue, and the values for which they fought, live in each of us.

On behalf of myself, my family and all Canadians, I want to thank the Canadian Armed Forces and veterans for their service and to remember those who made the ultimate sacrifice to preserve our freedom.

Lest we forget.

Le 11 novembre, prenons un moment pour saluer le courage des femmes et des hommes militaires qui ont servi et continuent de servir notre nation en temps de guerre, de conflits et pour maintenir la paix.

Que la mémoire de leurs nombreux sacrifices perdure et que les valeurs pour lesquelles ils se sont battus puissent rester gravées dans nos mémoires. En mon nom, celui de ma famille, et de toute les Canadiens, nous tenons à remercier les membres de Forces armées canadiennes et les vétérans pour leur service et pour ceux et celles qui ont fait le sacrifice ultime pour la préservation de nos libertés.

Nous nous souviendrons d'eux.

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REMEMBRANCE DAY

Nous nous souviendrons d'eux

100 years of poppy pins

Honorary Colonel Dan Hennessey, 14 Construction Engineering Squadron

2021 marks the 100th anniversary of the symbolic poppy. This symbol of remembrance was first adopted then by what would become the Canadian Legion in 1925. The Royal Canadian Legion has produced a pin for its Poppy Campaign this year, reminiscent of the first poppies distributed in Canada after the First World War.

Royal Canadian Legion Branch 24 in Bridgewater hosted an October 19 brunch, in advance of the 2021 Poppy Campaign, for Second World War veterans at the veterans' unit in Lunenburg. During this celebration, the commemorative

poppy pins were presented to veterans able to attend. One of those included Joyce Townsend, who will turn 99 in January 2022. Townsend served with the Women's Auxiliary Air Force and was responsible for maintaining the barrage balloons that flew over the city of Edinburgh, Scotland. She remembers those times well, and said they were told they had to be careful about speaking to any strangers. She did, however, speak with a special sailor in the Royal Canadian Navy - and became a war bride! →



Joyce Townsend, centre, was pleased to receive a 100th anniversary commemorative poppy pin from Royal Canadian Legion Branch 24 past president Wayne Thorburne, right, and branch service officer Susan Stark. Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron

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REMEMBRANCE DAY

Lest We Forget

Stamp marks 100 years of the poppy as symbol of remembrance

Canada Post has released a poignant stamp to celebrate the 100th anniversary of the official adoption of the poppy as a symbol of remembrance in Canada.

The concept behind this special stamp was not only to immortalize the crimson flower, but also offer another way to remember the more than 117,000 Canadians who died for their country.

During the First World War, the appearance of the bright red flowers on the battlefields in France and Belgium inspired Lieutenant-Colonel John McCrae of Guelph, Ontario, to pen the poem, "In Flanders Fields," in May 1915, after he lost a friend in the Second Battle of Ypres. Moved by his words, a number of women and charities began to create poppies made

of fabric as a memorial and to raise funds for veterans and families of the fallen. The Great War Veterans' Association of Canada (the Legion's predecessor) officially adopted the poppy as a symbol of remembrance July 6, 1921. Canada's first National Poppy Campaign launched later that year.



Blair Thomson designed this new stamp, printed by Colour Innovations. The poppy's red ink was created specially to match the crimson of the poppy, while metallic ink was used for the pinhead. A stark white background provided the contrast that makes the image pop. On the Official First Day Cover, the cancel features a stylized "100" to mark the poppy's centennial as a symbol.

The Remembrance Poppy issue includes a booklet of 10 permanent domestic rate stamps and an Official First Day Cover. Both products are available at post offices across the country. →

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November 11 Service of Remembrance

Open to the public and will consist of an outdoor ceremony only.

Prior to November 11 wreaths may be purchased at the Kingston RCL Branch office between 10 am and 4 pm

Private wreaths may be laid after the service is over.

The Legion will be open for coffee, tea and a cash bar after the ceremony.

Proof of double vaccination and identification is required for entry to the Legion.

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REMEMBRANCE DAY

Nous nous souviendrons d'eux

New Remembrance Day online tool for employers, employees

Remembrance Day is a time to pay respects and honour those who have served, and those who continue to serve.

To help business owners and their employees observe

this day while complying with provincial legislation, a new online tool has been created to clarify how the Remembrance Day Act applies to businesses. The new tool launched October 19, during

Small Business Week.

"Business owners have told us it isn't always easy for them to know whether they can open on Remembrance Day," said Jill Balser, Minister of Labour, Skills and Immigra-

tion. "This new online tool will provide support and clarity to businesses and employees while helping them plan how best to pay their respects." Remembrance Day is a unique holiday in Nova Sco-

tia. The Remembrance Day Act outlines which businesses may operate November 11, includes rules about holiday pay and exempts certain businesses from the rules altogether.

The new online tool is available at remembranceday.novascotia.ca/. The tool will ask a series of "yes" or "no" questions and, depending

on the answer, will either explain the rules that apply or advance to the next question. The tool will, in most cases, explain how the act applies. If you come to the end of these questions and fall within one of the exceptions of the act, you may open on Remembrance Day. If you do not fall within any of the exceptions, you must remain closed. →

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Lest we forget

REMEMBRANCE DAY

Lest We Forget

N.S. veteran Aubrey McLean left lasting legacy

Aubrey McLean (1920 – 2016) was not one to dwell on a difficult situation. Instead, he accepted challenges as they came and taught others to accentuate the positive.

McLean was 22 years old when he enlisted with the 18th Field Company, Royal Canadian Engineers. In April 1945, just one month before the end of the Second World War, he stepped on a landmine while on a reconnaissance mission for a bridge across a canal in Holland. McLean's injuries resulted in the loss of his right leg below the knee.

"I went to a Canadian field hospital and, when I woke up, the doctor was there and he said, 'We had to remove your leg,'" he recalled. "That was it. That's the end of my story."

But thankfully that was not the end of McLean's story. He returned home to Nova Scotia, became an engineer, raised a family and joined The War Amps, an association originally started by amputee veterans returning from the First World War to help each other adapt to their new reality.

In 1975, he and his fellow War Amps members developed the Association's Child Amputee (CHAMP) Program, which provides financial assistance for artificial limbs and emotional support to young amputees across Canada.

"We had the feeling that we could look after ourselves," said McLean. "Whereas the little ones, that's totally different. These are kids; we weren't kids."

Robin Penney, 24, of Upper Northfield, Nova Scotia, grew up in the CHAMP Program and says McLean made a positive impact on her life.



Aubrey and Robin Penney, at War Amps Child Amputee (CHAMP) seminar in 2005.

"From day one, when I was just a baby, he was there for me," says Robin, who was born missing her left arm. "He also made sure to talk to my family so that they understood that living as an amputee isn't the worst thing that can happen to you. If I hadn't had Aubrey by my side, I wouldn't be who I am today. He's the reason I'm so positive about my amputation."

Tim Verney of Halifax is a double leg amputee who also grew up in the CHAMP Program and had the privilege of knowing McLean over the years.

"I don't think Mr. McLean thought of himself as a role model or mentor," says Verney. "I expect he simply wanted to contribute and to show other people that life

Aubrey McLean, 1943

goes on, and that an amputation does not have to define who you are or what you are.

It's what you do with what's left that matters." McLean held various po-

sitions over the years with The War Amps Nova Scotia Branch, including national

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Aubrey McLean, pictured in June 1945, outside the Canadian General Hospital, in England, after he lost his right leg during the Second World War.

director, president and treasurer.

"I think he'd be very pleased to know he played a part in contributing to The War Amps and inspired the rest of us to carry it on," adds Verney, who is now The War Amps regional representative for Nova Scotia. "I promised him that the younger generation of amputees would continue to move the organization forward. As these war amputee veterans mentored us, we are doing the same for today's generation of child amputees. It's a wonderful legacy."

Aubrey McLean, of New Waterford, Nova Scotia passed away in 2016, at the age of 95. A video about his life, *Accentuating the Positive: Aubrey McLean's Story*, may be viewed on The War Amps YouTube channel.

With a philosophy of "amputees helping amputees," and under the "amps" positive motto: "It's what's left that counts," The War Amps grew dramatically and, today, this charitable association continues its crusade to improve the lives of all amputees across Canada, including children and veterans – a legacy that will carry on long into the future. →

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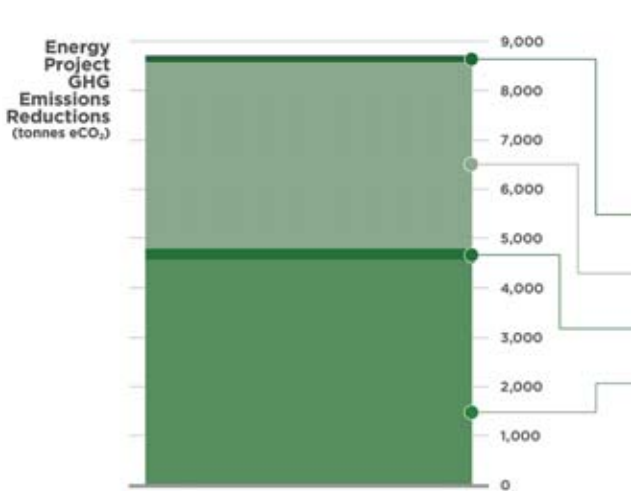
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Fallin' greenhouse gases adding up at wing, camp

As fall weather is cooling down, the energy savings at 14 Wing Greenwood are heating up.

As part of the Energy Performance Project underway at 14 Wing since April 2019, energy savings are accumulating and making significant impacts. This project includes improvements to over 50 buildings at 14 Wing and 5th Canadian Division Support Base Detachment Aldershot that will reduce energy consumption and annual greenhouse gas emission reductions. Work is now almost complete for the improvements, with the exception of finalizing up-



grades to the wing's central heating plant, which will convert carbon-intensive bunker C heavy fuel oil to cleaner compressed natu-

ral gas fuel source. This final commissioning work will be completed when the heating plant re-starts in October. The central heating

plant conversion will replace nearly three million litres of bunker C heavy fuel oil annually once the conversion to cleaner fuel is completed.

Since construction began in April 2020, lighting, controls and infrastructure upgrades have led to cumulative energy cost savings

of over \$1,500,000 - and are tracking ahead of expectations. These savings are built upon 7,000 MWh of annual electricity savings and 50,000 GJ of heating fuel from 14 Wing Greenwood and Camp Aldershot saved to date.

In addition to utility and energy costs saved, these energy reduction improvements have had a large, positive impact on 14 Wing's environmental footprint. Since the project started, the energy and fuel savings have accounted for reductions in greenhouse gas emissions of 8,700 tonnes of equivalent CO2. ➔

Where do these GHG emissions reductions come from?

The energy project's GHG emissions reductions come from efficiency measures in systems that use electricity and fossil fuels:

- Small Standalone Electricity Savings
- Elimination of Bunker C at 14 Wing
- Camp Aldershot Electricity Consumption Reduction
- 14 Wing Electricity Consumption Reduction

bravo zulu | promotions & presentations

14 Wing Imaging unless otherwise indicated.



September 21, Corporal Lucas Ironside, with his family, was presented with the Canadian Decoration by Lieutenant-Colonel Aleem Sajani, left, with Chief Warrant Officer David McDowell at the Annapolis Mess.
Sailor 1st Class J. Morris, 14 Wing Imaging



September 21, Master Corporal Joel Gravel, with his family, was presented with the Canadian Decoration by Lieutenant-Colonel Aleem Sajani, left, with Chief Warrant Officer David McDowell at the Annapolis Mess.
Sailor 1st Class J. Morris, 14 Wing Imaging



2 August 20, Master Corporal Trevor Johnston, centre, was promoted to the rank of sergeant by 404 (Long Range Patrol and Training) Squadron Lieutenant-Colonel Joshua Christianson, left; with Chief Warrant Officer Jean Plamondon.
Corporal W. Pfnels



September 21. Master Corporal Randal Taylor, with his family, was presented with the Canadian Decoration by Lieutenant-Colonel Aleem Sajani, left, with Chief Warrant Officer David McDowell at the Annapolis Mess.
Sailor 1st Class J. Morris, 14 Wing Imaging



Captain Minha Lee, 407 Squadron, centre; was promoted October 1 while on course at 14 Wing Greenwood to current rank by 404 (Long Range Patrol and Training) Squadron Lieutenant-Colonel J. E. Christianson, left, with Chief Warrant Officer Jean Plamondon.



Captain Derek Wentzell, 407 Squadron, centre; was promoted October 1 while on course at 14 Wing Greenwood to current rank by 404 (Long Range Patrol and Training) Squadron Lieutenant-Colonel J. E. Christianson, left, with Chief Warrant Officer Jean Plamondon.



413 (Transport and Rescue) Squadron Aviator (Trained) Terek Patterson, centre, was recently promoted to current rank by Lieutenant Elliott, left, with Master Warrant Officer Ryan. The promotion is effective April 20, 2021.



August 20, Lieutenant Nick Petley, centre, was promoted to the rank of captain by 404 (Long Range Patrol and Training) Squadron Lieutenant-Colonel Joshua Christianson, left; with Chief Warrant Officer Jean Plamondon.
Corporal W. Pfnels



September 21, Master Corporal Kyle Smith, with his family, was presented with the Canadian Decoration by Lieutenant-Colonel Aleem Sajani, left, with Chief Warrant Officer David McDowell at the Annapolis Mess.
Sailor 1st Class J. Morris, 14 Wing Imaging



The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.alliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.alliantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédant la publication, à moins d'avis contraire.



1	2	3	4	5	6	7	8	9	10
11			12		13		14		
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48				49		50	51	52	53
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59				60			61		
62				63			64		

- ACROSS**
1. Taxicab
 5. Mega energy unit (abbr.)
 8. Single-strand break
 11. Combinations of countries
 13. Cutting tool
 14. Small bay in Gulf of Maine
 15. Actress Lathan
 16. Chatter incessantly
 17. Energy, style and enthusiasm
 18. Simple shoe
 20. Woman (French)
 21. Abnormal rattling sound
 22. Able to change
 25. Future butterfly
 30. Used in cooking and medicine
 31. A street for nightmares
 32. French modernist painter
 33. Dishonors
 38. Integrated data processing
 41. Frameworks
 43. Apply new materials
 45. Where merch is displayed
 48. American figure skater
- DOWN**
1. Dan Rather's old network
 2. Expression of sorrow or pity
 3. fide (Latin)
 4. Sign of healing
 5. Warm-blooded vertebrate
 6. Model
 7. Of or relating to plants
 8. Plant of the health family
 9. Where to weigh something
 10. Internal structure
 12. Paulo, city
 14. South Slavic person
 19. A way to record
 23. Have already done
 24. As much as one can
 25. Cycles per second
 50. Obed and
 55. Dark olive black
 56. Peyton's little brother
 57. Plant in the bean family
 59. A wife... covert
 60. Born of
 61. Arranges balls on the pool table
 62. Title of Italian monk
 63. Tooth caregiver
 64. American feminist poet
 - hold
 25. Auburn legend Newton
 26. Comedienne Gaster
 27. Beloved dog Rin Tin Tin
 28. Midway between east and southeast
 29. Call it a career
 34. Former CIA
 35. American time
 36. Confederate general
 37. Soviet Socialist Republic
 39. Travel downward
 40. Made red-blue
 41. Vietnamese revolutionary Le Duc
 42. Capital of Italy
 44. Small bunches of flowers
 45. Calvary sword
 46. A distinctive, pleasant odor
 47. A well-defined track or path
 48. Cereal used to make flour
 51. Retrospective analysis (abbr.)
 52. Grayish white
 53. Engrave
 54. Famed men's basketball program
 58. Midway between south and southeast

crossword brought to you compliments of



954 Central Avenue
Greenwood
902-765-6381

NOTICE: Many community events may change details as gatherings are affected by public health guidance around COVID-19. Please check ahead with the organizers, as submission dates and Aurora press deadlines are in advance of distribution.

Berwick walking groups

Tuesdays (from Spicer Park) and Fridays (location varies), 10 a.m., Berwick hosts Hike Nova Scotia gentle, easy walking groups through its NS Walks initiative. Sign-up at nswalks.ca or 902-932-6902.

Remembrance Week at the Greenwood Military Aviation Museum

November 9 to 13, 10 a.m. to 3 p.m., come and visit/ revisit Greenwood's amazing aviation history and more during Remembrance Week at the Greenwood

Military Aviation Museum. See stories and artifacts of the people who triumphed over evil and sacrificed their lives for us, the ones who made history: your predecessors, your neighbours, your friends or family. Free admission, indoor and outdoor displays, public health guidance applies.

Book sale

November 8 to 22, the 14 Wing Greenwood Library hosts a used book sale. Open hours are Tuesdays 10 a.m. to 1 p.m. & 2 p.m. to 5 p.m., Wednesdays 1 p.m. to 5 p.m., Thursdays 10 a.m. to 1 p.m. & 2-5 p.m., Fridays 1 p.m. to 4 p.m. and Sundays 1 p.m. to 4 p.m. Cash only – all books \$1! Canvas book bags \$7 OR buy a bag for \$10 and FILL it!

Luncheon

November 9, noon to 1 p.m., the Kingston Lions host a community luncheon at the hall. Menu: turkey, trimmings and dessert. Three options: full table service \$12, pick up at the hall \$12, delivered meals \$13 (deliveries to Kingston/ Greenwood area – please call before 10:30 a.m., 902-765-2128). All COVID-19-protocols in effect. All



7	8				4	6	1	5
			5		8	2	7	
						9		
		2	7	5			9	
		9	3	8		6	5	7
	3		1			4		
1		4			7		5	9
9	7							2

Level: Beginner

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

sudoku brought to you compliments of



Sunday, 1:30 p.m.
Regular Games - \$100
Lic.# 115910-08

- 3 Specials - 60/40
- Letter H - 80/20
- Triple Jackpot - R-W-B
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Consolation \$300
- Double Action

Craft sale

November 13 and 14, 10 a.m. to 4 p.m. each day, the Kingston Lions host a craft sale at their Kingston hall. Over 80 tables with lots of unique items to choose from. Handmade quilt raffle, silent auction, canteen with hot dogs, sandwiches, coffee, tea, water, pop. Masks mandatory, all COVID-19 protocols in effect: government recognized ID and proof of vaccination required.

Wellness workshop

November 19 is the deadline to book a 6-foot table at the November 27, 10 a.m. to 2 p.m., craft and vendor sale at the South Berwick Hall, 4518 Hwy 1. Masks mandatory, all COVID-19 protocols in effect: government recognized ID and proof of vaccination required. Table rental \$25, includes home-made soup luncheon for vendors (extra meals \$5). Hosted by 1st Berwick Pathfinders, Girl Guides of Canada. For info or to

Craft and vendor sale

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proceeds support Lions' work in the community.



horoscopes

November 7 to November 13

ARIES - Mar 21/Apr 20

Aries, someone is appealing to your softer, more sensual side lately and you're not quite sure how you feel about it. Showing emotions is not a sign of weakness. Enjoy the attention.

TAURUS - Apr 21/May 21

Taurus, if you've been tasked with motivating others and getting them on track, it may be a tough go of it. Despite your encouraging words, some don't want to budge.

GEMINI - May 22/Jun 21

Gemini, identify those people who stick around even when the chips are down. These are the people you want in your corner to offer comfort and support.

CANCER - Jun 22/Jul 22

You are pushed up against a wall even though you are not up for any more pressure, Cancer. Find a physical activity to blow off steam and any pent up energy.

LEO - Jul 23/Aug 23

It may be difficult to avoid internalizing the opinions of others, Leo. However, that's just what you have to do this week. Brush off comments that get in the way of your productivity.

VIRGO - Aug 24/Sept 22

Virgo, get in touch with a distant relative or old friend. This person may be in need of company and a simple phone call or text could be just what the doctor ordered.

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KENTVILLE • 1-902-678-8044
BRIDGETOWN • 1-902-665-4449
ANNAPOLIS ROYAL • 1-902-532-1500
www.frasers.ca

Lawrencetown seniors resume programming

Seniors in Lawrencetown are getting back in the swing of things after months of isolation because of COVID-19.

In keeping with current Nova Scotia COVID-19 protocols, the Lawrencetown and Area Seniors Association has re-opened its monthly meetings and is planning activities for the fall and winter months. It will continue with pre-COVID-19 programming and add new programs.

Key to its ongoing operations is a recent \$5,000 grant through Canada's New Horizons for Seniors Program, which will help purchase a portable public address system.

The PA will make it possible for guest speakers to be heard clearly by program participants, and can be used during exercise classes and entertainment events. West Nova MP Chris d'Entremont attended the group's October 12 meeting at the Lawrencetown Legion and formally announced the New Horizons funding.

LASA plans guest speakers with a range of topics, including accessibility to Nova Scotia medical facilities, doctors and nurse practitioners; online banking, telephone and computer equipment usage, security and scams. The group is also planning a Christmas

dinner and party with entertainment, if it can be done within COVID-19 guidance. Takeout would also be an option. And, when possible within COVID-19 rules, group transportation to social entertainment events will resume.

LASA exercise classes resumed October 13 with COVID-19 protocols in place and proof of double vaccinations and masks required as participants arrived. Classes are Mondays and Wednesdays at 10 a.m. at the Legion.

LASA, open to anyone 55 years old and up, is co-chaired by Cindy Parsons and Carole Longley. ➔



Cindy Parson, co-chair of the Lawrencetown and Area Seniors Association, and West Nova MP Chris d'Entremont hold a Canadian flag donated to the group by the member of parliament October 12. He was on hand to announce a federal New Horizons grant to LASA, which will help purchase a portable public address system.

L. Powell

Food for Thought from the Upper Room Food Bank

During the month of October, the Upper Room Food Bank in Kingston served 109 families, consisting of 199 adults and 116 children, with 11,799 pounds of product going out and 14,657 pounds coming in. The incoming total includes 2,010 pounds provided by the Feed Nova Scotia network and 582 pounds purchased with local cash donations. The remainder is from local food bank sharing and local donations, including

regular arrangements with several local businesses. Special thanks to the 14 Wing Combined Charities "Soup and Socks" campaign, which provided 550 pounds of non-perishable food items for our shelves.

Donations continue to be accepted by dropping off at the food bank located behind the library at 669 Main Street, Kingston (during open hours) or at the Kingston village office (655 Main Street).

Processing of donated food continues in accordance with directives from Feed Nova Scotia and the Nova Scotia Health Authority. Cash donations are also always accepted.

Clients requiring service must call ahead to the food bank to arrange an appointment during normal operating hours. If calling outside of food bank office hours, leave a message and someone will get back to you to arrange a

time. When ready, the order is placed in the designated area for client pickup. No one other than approved volunteers is allowed in the building. This limits personal contact, while also reducing waiting time for clients.

Please make every effort to call our staff early to arrange your appointment. Volunteers will do their best to help last-minute drop-ins during open hours, but you should come early, be prepared to wait,



classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.alliantzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.alliantzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

Les annoncées classées doivent être réservées et payées à l'avance avant 10 h, le mercredi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/

ms search in an expending square, but was stood down just before take off.

October 27, Cormorant Rescue 901 was tasked just after 2 p.m. by JRCC to assist in the search for a missing person near North Preston, Nova Scotia. The helicopter was stood down just before 7 p.m. and returned to base. ➔

Military appreciation hockey in Bridgewater November 11

Thursday, November 11, 2 p.m. in Bridgewater, military personnel and veterans are welcome to attend the South Shore Lumberjacks versus Yarmouth Mariners' game at the Lunenburg County Lifestyle Centre, as Junior teams in the Maritime Hockey League recognize the service of special guests.

The Bridgewater Fire Department Band will perform. There will be reduced admission for serving military members and veterans with ID; general admission rates

are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

crossword solution

C	A	B	S	M	E	V	S	S	B
R	L	O	C	S	A	X	E	S	A
S	A	N	A	A	M	A	G	E	L
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S	A	L	E	S	R	O	O	M	
T	A	R	A	C	P	S		A	A
E	B	O	N	E	L	I		A	O
F	E	M	E	N	E			R	A
F	R	A		D	D	S		R	N

sudoku solution

7	8	9	2	3	4	6	1	5
3	6	1	5	9	8	2	7	4
2	4	5	6	7	1	9	8	3
6	1	2	7	5	3	4	9	8
8	5	7	9	4	2	3	6	1
4	9	3	8	1	6	5	2	7
5	3	8	1	2	9	7	4	6
1	2	4	3	6	7	8	5	9
9	7	6	4	8	5	1	3	2

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noon and Thursdays from 6 p.m. to 9 p.m. Appointments continue to be a requirement. As we approach the Christmas season, be aware that our last day for pickup is December 20. We will open again January 3, in 2022. We will also be closed for service November 11. Our office number is 902-765-0303 or email upperroomfoodbk@hotmail.com. Be sure to follow us on Facebook! ➔

ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ns.alliantzinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.alliantzinc.ca.

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REMEMBRANCE DAY

Nous nous souviendrons d'eux

14 Wing Greenwood personnel are pleased to represent the Canadian Armed Forces at community remembrance services

Les membres du personnel de la 14e Escadre Greenwood sont heureux de représenter les Forces Armées canadiennes lors de services commémoratifs communautaire

- RCL Branch 98, Kingston – 404 Long Range Patrol & Training Squadron

RCL Ortona 69, Berwick – 405 Long Range Patrol Squadron

RCL Branch 102, New Germany – 413 Transport & Rescue Squadron

RCL Branch 1, Middleton – 14 Air Maintenance Squadron

RCL Kings 6, Kentville – 14 Air Maintenance Squadron
- RCL Branch 144, Western Shore – 14 Wing Mission Support Squadron

RCL Branch 21, Annapolis Royal – 14 Wing Operational Support Squadron

RCL Branch 9, Windsor – 14 Wing Mission Support Squadron

RCL Branch 92, Freeport – 14 Wing Mission Support Squadron

RCL Branch 20, Digby – 14 Wing Operational Support Squadron

RCL Branch 24, Bridgewater – 14 Construction Engineering Squadron

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NOVEMBER 11
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"Team Greenwood"

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REMEMBRANCE DAY

Lest We Forget

Anniversary envelope marks 100 years of A, B Batteries of Royal Canadian Horse Artillery

This year marks the 150th anniversary of the establishment of "A" and "B" Batteries – the first full-time or regular elements of the post-Confederation Canadian army.

In 1871, most British troops in Canada were withdrawn. In response, Militia General Order No. 24, dated October 20 of that year, authorized the formation of "A" and "B" Batteries as garrison artillery and schools of gunnery in Kingston and Quebec City. They were commanded by officers seconded from the British Army and manned by gunners attached from Active Militia batteries around a nucleus

of instructors formerly of the Royal Artillery. Their formation marked a watershed in Canadian military history. Henceforth, Canada would bear responsibility for its defence commensurate with its new political autonomy.

"A" and "B" Batteries exist in 2021 as sub-units of 1st Regiment, Royal Canadian Horse Artillery. The Royal Regiment of Canadian Artillery, of which they form part, comprises 25 units represented in 33 communities from Victoria to Yarmouth and continues to

serve proudly at home and abroad.

Canada Post is proud to issue a commemorative envelope in honour of the 150th anniversary of the establishment of "A" and "B" Batteries, 1st Regiment, Royal Canadian Horse Artillery. The envelopes are available for order through local postal outlets. ➔



Supporting our Troops both past and present.

Appuyons nos troupes passées et présentes.

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Berwick sports hall of fame induction November 12

The Berwick Sports Hall of Fame committee is pleased to announce the inductees for its 23rd Sports Hall of Fame induction ceremony, a full public event November 13, 7 p.m., at the Berwick Lions Hall. This year's inductees include one team, two athletes, one athlete/builder and a builder.

The team is the 2005 Berwick Eassons, which won the 2005 Eastern Canadian Intermediate A fastball championship in Donnacona, Quebec.

The athletes are Levi Sherman, known as a steady hitter while a member of the Cambridge Tigers provincial softball champions and a member of the Cambridge Red and Whites 1967 Maritime Softball champions. Megan White was a competitive international equestrian. She received Canadian Pony Club achievement in 1998, represented Canada in the Inter-Pacific Rally in 1999, was a team member of the North American Young Riders 2000 and 2001, was Sport Nova Scotia's Equestrian of the Year in both 2001 and 2002 and, from 2001 to 2008, was part of the Canadian Equestrian Team program.

John Verran is being inducted as an athlete/builder. Verran played Junior B hockey with the Berwick Bruins and Windsor Royals, played university hockey at the University of Minnesota, St. Mary's and Acadia; and played on the 1975 Nova Scotia Canada Games silver medal-winning team. He has coached at all levels, winning an Atlantic Midget AAA championship with the Valley Wildcats and attended the Telus Cup national championship in 2013; he won a provincial minor Midget championship with the Valley Wildcats in 2015.

Leslie Ward was a builder who owned a race track in Grafton, where he trained race horses that competed at many Maritime tracks. His most successful horse was Effie's Gal, which won the title "Maritimes 3 year old filly 1981" based on points awarded for wins throughout the Maritimes.

The induction event this year will recognize contributions from the previous year, as well as highlight 2020 inductees recognized last year in a private function. Mike Trinacty, chairman of the Berwick Sports Hall

of Fame committee, says organizers are pleased to be able to host a public event this year.

"These people are so deserving of public recognition for their accomplishments. The contributions to sport from these teams and people from the Berwick area really creates community pride. This is 23 years of induction, and another great year for the Berwick Sports Hall of Fame."

Organizers are delighted to welcome the public to the ceremony, but encouraging everyone to help make it a safe event: proof of vaccination will be required to attend, and attendees must wear a mask. The doors open at 6 p.m. for viewing of the previous years' plaques and inductees' memorabilia; the event starts at 7 p.m. There is a freewill offering at the door. ➔



Chris d'Entremont
Member of Parliament for
West Nova/Député - Nova-Ouest



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Monday men's league

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Tuesday women's league

- \$170 tax in, 7 p.m.

Wednesday mixed league

- \$170 tax in, 7 p.m.

Two league registration

- \$230 tax in

Thursday junior learn-to-curl

- ages 10-18, 4:15 p.m. to 5:45 p.m.
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