



Honour, respect highlight 404 visit with veteran

Master Corporal Paul Kachur & Master Corporal Christopher Cashen, 404 (Long Range Patrol and Training) Squadron

October 8, the commanding officer of 404 (Long Range Patrol and Training) Squadron, Lieutenant-Colonel Josh Christianson, along with Chief Warrant Officer Jean Plamondon and an entourage of 404 Squadron non-commissioned members and officers made a beautiful fall drive from 14 Wing Greenwood to Yarmouth to meet and honour someone deserving of our highest respect, Flight Lieutenant (retired) Jim McRae.

McRae was patiently waiting for us in Veterans Place Yarmouth, surrounded by family and fellow veterans. He is a 103-year-old Second World War veteran, a former member of Royal Canadian Air Force No. 162 Squadron, and the recipient of the Distinguished Flying Cross. It was an absolute honour to meet a war hero such as this, hear his stories and see how happy McRae was to be sharing his experiences with current air force members.

For those who are unaware, the Distinguished Flying Cross at the time was the third highest medal for valor in the British Commonwealth, after the Victoria Cross and the Conspicuous Gallantry Medal. McRae's DFC was earned in a scrap with a German U-boat, where McRae and crew were shot down and forced to ditch in the sea. Unfortunately, there were ALSE issues when evacuating the aircraft that resulted



October 8, members of 404 (Long Range Patrol and Training) Squadron, based at 14 Wing Greenwood, visited Royal Canadian Air Force and Second World War veteran Jim McRae at Veterans Place in Yarmouth. 404 Squadron Lieutenant-Colonel Josh Christianson presented McRae with a squadron coin to mark the occasion. With them are, across the back, from left, 404 Squadron Honorary Colonel Judy Rafuse, Master Corporal Paul Kachur, Sergeant Kyle MacKinnon, Corporal Glen Barnes, Major Colin Bond, Master Corporal Christopher Cashen and Squadron Chief Warrant Officer Jean Plamondon.

Corporal W. Prieis, 404 (Long Range Patrol & Training) Squadron

in the loss of one life raft and damage to another. McRae and crew floated around the North Atlantic for around eight hours before they were found by a Sunderland aircraft, which dropped an extra life raft and, eventually, picked them up. Sadly, three of the crew died from hypothermia before rescue. You may find a detailed story of this account by searching for "Jim McRae DFC" at thememoryproject.com.

From stories of his days as a flight instructor to the accounts of his days as a seasoned curler and accom-

plished ballroom dancer at the local Legion dances, 404 Squadron members were hanging on every word, and cherished every moment with this highly decorated veteran. Born a proud resident of Huxley, Alberta, McRae eventually set his roots in Yarmouth and built a wonderful family. To add to an already impressive resume, McRae has embraced the digital age, active on the internet with his own Facebook profile and creating PowerPoint display presentations for visitors. McRae sat and talked with every member of the 404

Squadron entourage, one at a time due to restrictions, and was happy to tell stories and answer any questions we had.

All veterans deserve our respect; however, looking around the room at the host of Legion members beaming in McRae's presence, it is obvious this veteran commands the respect of all.

COVID-19 has been very hard on the residents of Veterans Place, with the isolation and restrictions required to keep them safe. There was a jovial atmosphere in the room as, finally, people are starting

to gather safely. It was obvious this experience was enriching to all involved.

"It was truly an honour to be in the presence of a living legend such as Mr. McRae," said Master Corporal Paul Kachur. "It is my opinion that reaching out to our veterans - especially the older ones, hearing their stories and sharing in the common bond of wearing a uniform for Canada should be taken at every opportunity. It was truly a rewarding experience for all involved."

Master Corporal Christopher Cashen said, while McRae's

family said it was an honour to have 404 Squadron members come down to visit with their patriarch, "the true honour was for those members who got to spend time with a 'living legend.'"

"Memories from the encounter will not soon be forgotten by all that were fortunate to meet Mr. McRae, and it is safe to say that, as our visit came to an end, an old adage rang truer than ever before: 'you can take the member out of the uniform, but never the uniform out of the member.'" →

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Military-skilled people just right for IT sector

Sara White,
Managing editor

Warrant Officer (retired) Danny Simard is just who Coding for Veterans is looking for: he's a 30-year Canadian Armed Forces veteran, an avionics systems technician on the CP140 Aurora, with a few years at General Dynamics on his resume.

"I'm not bored – there's a lot of work to do around the house, but this is up my alley, there are limited jobs around here and this could open another career for a retired person," Simard said, "I saw this and thought, 'I've got to stop!'"

What he saw was Jeff Musson's side-of-the-road decal van and pop up tent on Central Avenue in Greenwood September 29. Musson left Ottawa on an East Coast "caravan," bringing an on-line career training option to Maritime military communities and the DEFSEC Atlantic Conference.

"There are 147,000 IT jobs projected to fill across Canada, and the pandemic has pulled the economy 15 years into the future of on-line work," Musson says, describing his own business' challenging search a few

years ago for computer-savvy employees.

"I made a list of the ideal people: leaders, technically skilled, team members, a can-do attitude – and realized all of that can be found in military personnel. Is it possible to find people leaving the military with these skills and aptitudes? We did some focus groups with veterans and, yes, you can – but they all said, 'You've got to come to us: we're done moving!'"

Going further, Musson worked with the University of Ottawa to create the Coding for Veterans eight-month software development and cyber security program: all military veteran classes, on-line, self-paced with regular check-ins, Veterans Affairs Canada and Manulife tuition approved, with included job-ready training and certifications. That was three years ago.

"This is filling the technical world's needs, and helping the men and women who serve and have served Canada retrain and find solid employment. We're seeing people hired to work from home: that's the tech world – anywhere you have internet, you can work. It's a win-win."

Tim Greenwood left 14



Retired Tim Greenwood, centre, does a great job describing Coding for Veterans' programs to Warrant Officer Danny Simard, right. Greenwood is a student in the online career training program, which executive director Jeff Musson brought to the Valley September 29.

S. White

Wing Greenwood in 2010 as a lieutenant-colonel from the navigator trade, worked overseas and in the private sector, but is now retired in Harbourville and working his way through Coding for Veterans' online program.

"I did a tour at 14 Software Engineering Squadron here years ago, I ran some NATO exercises, taught some leadership skills in the oil and gas industry. Now, I only want part-time work to keep me busy. I saw Coding for Veter-

ans in a SCAN seminar, and I'd always been interested.

"Computers – you either love them or you don't, but there are tonnes of different roles for what I'm learning now, in banking security operations, maintaining net-

works, firewall coding, programming, cyber training...."

Musson says there are currently 170 students on Coding for Veterans' program, and it's been amazing, "in terms of growth, to see how the program has skyrocketed." ➔



Hebb 'comes home' with 14 CES appointment

Honorary Colonel Dan Hennessey,
14 Construction Engineering Squadron

September 24 2021 was a coming home for the new squadron master warrant officer with 14 Construction Engineering Squadron.

Edward Hebb was born and raised in Bridgewater and, in 1998, began his military

career with then 143 Airfield Engineering Flight as a Reservist. Hebb's time with the flight gave him the opportunity as an electrical distribution technician to be tasked with multiple exercises and an overseas deployment to Israel.

Hebb then joined the Regular Force in 2003 and, after several years of promotions and deployments, to Afghani-

stan, Romania, Lithuania and Kuwait; he found himself, in 2016, promoted to warrant officer with 192 Construction Engineering Flight in Aldergrove, British Columbia, which is part of 14 CES. Shortly after arriving in B.C., he found himself once again deployed to Jordan and, in 2018, to Erbil, Iraq. In 2016, Hebb was promoted to master warrant officer and posted

to 17 Wing Winnipeg; in late 2020, he deployed again to Kuwait.

His "coming home" happened in July 2021, when he was posted back to where his military career began with 14 Construction Engineering Squadron as squadron MWO. Hebb says it has been a long and rewarding career in the military, and he is very

excited to be back home on the South Shore. Hebb's wife, Tammy, and their three children plan on finally planting their roots for the remainder of his military career.

During Hebb's address to those in attendance at the September 24 squadron change of appointment, he thanked his family for their patience and support through

the many years of not being home, and said he could not have done any part of his career without them. He also spoke to the incredible work Master Warrant Officer David Battcock delivered to the squadron in his role as acting squadron master warrant officer, knowing he has big shoes to fill but looking forward to the challenge! ➔

Corporal J. Fox, 14 Wing Imaging

Managing Editor | Directrice de rédaction
Sara White • 902-765-1494 local/poste 5441
auroraeditor@ns.aliantzinc.ca

Business & Advertising | Affaires commerciales et publicité
902-765-1494 local/poste 5833
auroramarketing@ns.aliantzinc.ca

Graphic Designer | Graphiste
Brian Graves • 902-765-1494 local/poste 5699
auroraproduction@ns.aliantzinc.ca

Administrative Clerk | Commis à l'administration
Diane Mestekemper • 902-765-1494 local/poste 5440
aurorareads@ns.aliantzinc.ca

Editorial Advisor | Conseiller à la rédaction
Lieutenant (Navy) Jennifer Fidler
902-765-1494 local/poste 5101
W14PublicAffairs@forces.gc.ca
Affairespubliques14E@forces.gc.ca

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www.cafconnection.ca

14 Wing Greenwood Site
Site de la 14e Escadre Greenwood
www.airforce.forces.gc.ca/en/14-wing/index.page

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Cross-province route renaming recognizes WNSR roots

A highway route that represents a great deal of history will soon recognize the people and service of the West Nova Scotia Regiment.

Highway 10, 55 miles from Middleton to Bridgewater, will be formally named the "The West Nova Scotia Regiment

Way" November 6 at 1 p.m., during a small event at Middleton's Riverside Park.

Established in 1936, the WNSR formed through the amalgamation of the Lunenburg Regiment and the Annapolis Regiment. Highway 10, 55 miles across the middle of Nova

Scotia, was an essential means of communication and connection between the elements of the regiment. The regiment's wartime headquarters was at one end, in Bridgewater; and the current West Nova Exhibit in the Macdonald Museum in Middleton is at the other. ➔

Kingston Legion Br 98 ~ 🍁 ~ November 2021

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Sun	Mon	Tues	Wed	Thu	Fri	Sat	
Poppy Campaign has begun. Please Support our Veterans by donating what you can, and wear a Poppy.	1	2	3	4	5	6	
			Veteran Social 10 a.m.	*VON Foot Clinic	Darts Mixed League	<i>Meat Draw Chase the Ace!</i>	
BINGO 1:30 p.m.	7	8	9	10	11	12	13
			Veteran Social 10 a.m.	 Remembrance Day	Darts Mixed League	<i>Meat Draw Chase the Ace!</i>	
BINGO 1:30 p.m.	14	15	16	17	18	19	20
	EXECUTIVE MEETING 7 p.m.	Bingo is back Tuesday Nights 7 p.m.	Veteran Social 10 a.m.	*VON Foot Clinic	Darts Mixed League	<i>Meat Draw Chase the Ace!</i>	
BINGO 1:30 p.m.	21	22	23	24	25	26	27
	GENERAL MEETING 7 p.m.	BINGO 7 p.m.	Veteran Social 10 a.m.	*VON Foot Clinic	Darts Mixed League	<i>Meat Draw Chase the Ace!</i>	
BINGO 1:30 p.m.	28	29	30	REMEMBRANCE DAY - We will be having an outside service at our Cenotaph. Please be there by 10:45 a.m.			
		BINGO 7 p.m.	Are you a Veteran? Are you releasing from the Canadian Armed Forces? Join us at 1000 each Wednesday morning in the lounge at the Kingston Legion. Have a coffee and a snack & meet other Veterans. Hosted by RCL Branch 98 and the Greenwood MFRFC.				

*To book an appt. with the VON foot clinic, you must call 1-800-411-9646

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NOVA SCOTIA

VPI ceremony marks service of maritime aviation community

Sara White,
Managing editor

The eye-catching colour of a row of international flags snapping in a fall breeze at 14 Wing Greenwood's main gate attracted new attention this year to the annual VP International memorial service.

Typically held the first Sunday in October, but delayed this year as Nova Scotia changed its pandemic public health footing and then landing on Thanksgiving Sunday, organizers decided another change might be just as good. The 2021 service was held early on a Friday afternoon, October 8, enabling 405 (Long Range Patrol) Squadron to send a flight of maritime patrol aviators to stand with wing command teams and VPI members. Base traffic through the main gate was diverted around the memorial and event staging area, and hundreds of eyes perhaps unfamiliar with VPI caught a glimpse of the ceremony.



United States Navy Lieutenant Mckenna Cox, a pilot here on exchange with 14 Wing Greenwood's 405 (Long Range Patrol) Squadron, left; laid a wreath on behalf of the American maritime patrol community.

VPI includes over 5,000 members from 20-plus countries involved in fixed-wing maritime patrol service. VP is the Second World War-era designation for maritime patrol. The Greenwood VPI chapter hosts the annual memorial on behalf of all and, in non-pandemic years, very often has representatives from some of its international partners present.

"In these times, our presence in this safe and se-

Corporal C. Hilchey, 14 Wing Imaging

cure environment – given everything around us – it's important we're still here to recognize and rededicate ourselves, and remember our fallen comrades," said 14 Wing Commander Colonel Tom Goldie, sponsor of VPI as commander of the base where its international HQ and the memorial is located.

"The VPI organization celebrates fellowship in the VP community and, for over



14 Wing Greenwood Commander Colonel Tom Goldie, right, sponsor of VP International; with Wing Chief Warrant Officer Jonathan Proulx, laid the first wreath at the 2021 VP International memorial ceremony.

Corporal C. Hilchey, 14 Wing Imaging

50 years, has been welcoming aircrew flying all kinds of airframes as long range patrol and maritime reconnaissance flyers."

The annual service is an opportunity to remember some of those flyers, lost through the years. From 1949, 1,800 names of lost aviators have been added to a book of remembrance held

by VPI in Greenwood.

"Aviators have died in service to their country and it is in their blood – the checklists, the procedures and the tactics – that it is written how we continue to operate around the world and protect the sovereignty of Canada and our allies. It shows the level of skill and professionalism Canada

and all members of the VPI membership are capable of."

Goldie thanked members of VPI for attending the service, but also thanked the active members of the VP community on hand, "who will continue to remember the fallen of the VP community, and recognize the origins of their community in those who gave all." ➔



24 Military Police Flight, along with 14 Operational Support Squadron's Wing Auxiliary Security Force, conducted security checks as part of their training at the 14 Wing Greenwood main gate October 4. As different security levels may be required, the checks are a good reminder for base visitors to have ID on hand.

Sailor 1st Class C. Moon, 14 Wing Imaging

Security checks plan for safety

Sara White,
Managing editor

14 Wing Greenwood has an "open gate" when it comes to community access to many base support sections and recreational facilities – until even those may be affected by an increased security posture.

The first week of October, a number of security exercises were held across the wing, testing preparations for any sudden emergency or threat-level increase, including ID checks at the base gates, fire drills as part of Fire Prevention Week, and facility lockdown trials.

"We do have a myriad of

security and emergency exercises on the base all through the year," says 14 Operations Support Squadron's Captain Fred Stanley, the wing's readiness and evaluation officer and force protection officer, "but seeing our soldiers at the main gate, checking ID and vehicles and bearing arms, would likely be the most noticeable thing people see."

A number of wing personnel make up the Wing Auxiliary Security Force, a secondary duty they take on beyond their diverse day-to-day work, from administration to aircraft maintenance to flying duties and more. The WASF team often

trains and is called out in partnership with the wing's Military Police detachment.

Many recreational clubs and spaces, such as the curling club, golf course and Fitness & Sports Centre; consistently advise their members and visitors to be sure to have ID when they come on base for a game or workout: while it's not often they'll be asked to show ID, the primarily military role of 14 Wing means the potential is always there.

"We have an open base, with many facilities and work spaces open to community access, but security is in place – and could ramp up at any time."



Seven members of 413 (Transport and Rescue) Squadron - Captain Guillaume Paquet, Sergeant Stephen Bambury, Master Corporal Mathew Jobes, Master Corporal Shawn Ryan, Master Corporal Morley Knight and, from IMP, Robert (Willy) Wilen and Glenn Dekker – travelled to Marsoui, Quebec, this month on the squadron's biennial trip to clean memorial sites for squadron members lost when Labrador Helicopter 113305 crashed October 2, 1998 on its way home from Sept-Îles to Greenwood.

Submitted

Tusker trip highlights squadron sacrifice

A trip every two years into the woods of Quebec is an opportunity for the Tuskers of 413 (Transport and Rescue) Squadron to do something special for six fallen comrades.

In October, seven squadron members - Captain Guillaume Paquet, Sergeant Stephen Bambury, Master Corporal Mathew Jobes, Master Corporal Shawn Ryan, Master Corporal Morley Knight and, from IMP, Robert (Willy) Wilen and Glenn Dekker – travelled to Marsoui, Quebec, making the biennial trip to clean memorial sites for squadron members lost when Labrador Helicopter 113305 crashed October 2, 1998 on its way home from Sept-Îles to Greenwood.

There are two memorial sites in Marsoui: the town maintains a public memorial in the form of a headstone, detailing the lost crew's names and particulars of the crash, in the centre of town just back from the shoreline. A second memorial is at the crash site in the mountains behind the town. This site includes a tree planted in recognition of the pilots at the top of a steep hill,

and a fenced area below with a garden and monument built to hold a main rotor head and tail number panel from Lab 305, and a plaque remembering the crew. The crash site is not a commonly accessed area, and 413 Squadron deploys a crew every two years to open up the road in and refresh this memorial area in particular.

Upon arriving at the site this fall, it was noted the condition of the road leading to the memorial was becoming overgrown. Around the memorial itself, the weeds weren't bad, but the tail number panel

needed repainting and some of the helicopter blades were starting to come apart. The small garden on the south side of the monument site had been completely taken over by weeds and the fence around it had fallen to the ground. The second area, where the tree is planted, was as in previous years, with waist-high weeds. Lattice had fallen to the ground and was broken in many places.

With hand tools, bush saws, chain saws, a quad and gator packed and transported by the 413 Squadron work party,

members spent two working days completing the task.

Part of the crew cleared the roughly quarter-kilometre trail into the lower part of the memorial, as well as the equally long steep trail up the hill to the planted tree. Brush was cleared, deep holes were filled to improve travel in and out using utility vehicles, and a drainage ditch was cleared at the base of the hill. Several days of rain had made the trails very wet and muddy and increasingly hard to navigate as the work progressed.

The remainder of the crew



focused on rebuilding the garden and fence, as well as refinishing the monument. Supplies from the local hardware store were brought out to replace the fence posts, secure the rails and refresh the garden. The plants in the garden from previous years were rearranged and mulch was added, which really brightened the area. A squadron aircraft structures technician brought everything required to repair the damaged blades and redo the paint on the rotor head and tail number. The wet weather made this a challenging task but, with a pop up shelter and a bucket full of determination, the blade repairs and new paint began to shine again.

The weather finally broke near the end of the second work day as, around the tree planted at the top of the hill, the broken lattice was removed, a small fence and mulch were added and a memorial patch was epoxied to a large stone.

In town itself, the lettering

and engravings on the memorial headstone have faded over the years. On the second work day, before retiring for the evening, two members stayed behind to refinish the memorial by clearing dirt and moss out of the engraved portions and tediously repainting each letter and the squadron crest.

The following day, 413 Squadron members dressed in uniform for a small ceremony with the town mayor, firefighters who responded to the crash in 1998 and people of the area. It was very rewarding to feel the support of the town's people.

Although conditions weren't great to work in, the work party was comprised of truly great individuals who brought these memorials back to life in respect of our fallen Tuskers. Squadron members all felt a strong sense of pride knowing they did their best to honour them. Rescue! ➔

With notes from Sergeant Stephen Bambury, 413 (Transport and Rescue) Squadron

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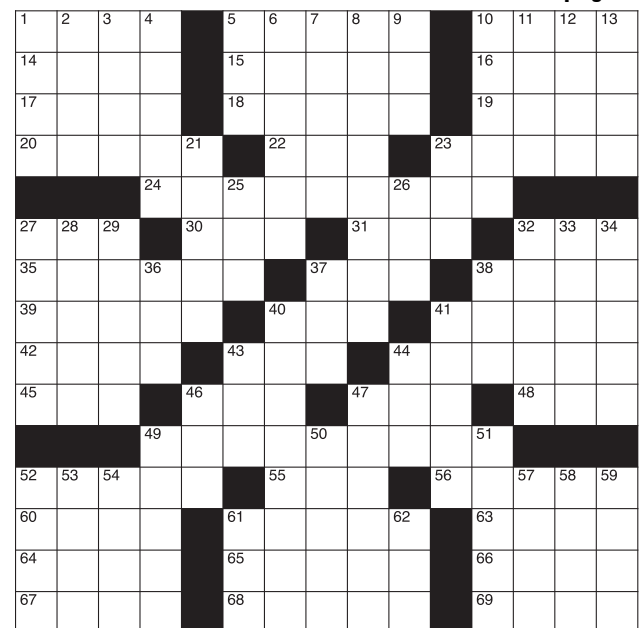
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crossword



- ACROSS**
- Nuclear undersea weapon
 - President of Syria
 - Partner to flows
 - 'Snow' in Welsh
 - Famed Mexican painter
 - Song
 - ticks outward from the crown
 - Doddering
 - Resist authority (slang)
 - Antsy
 - Wrath
 - Spills the beans
 - Past
 - The woman
 - One has 24 hours
 - Talk
 - It can sting
 - Astronomy unit
 - Halfway
 - Chinese dynasty
 - Australian river
 - Software to transfer audio (abbr.)
 - Fabric
 - Crucifix
 - Defunct European economic group
 - 'Hotel California' rockers
 - Michael Knight's car
 - Actress Ryan
 - Digital tape recording of sound
 - Insecticide
 - Scientific instrument
 - Golden-corn
 - Israeli city — Aviv
 - Sword
 - Ottoman military title
 - Aromatic plants
 - Cold wind
 - Large, semiaquatic reptile (slang)
 - Doddering
 - Political unit
 - Indiscreetly reveal secrets
 - Comfort food dish
 - Actress Zellweger
 - Romanian city
 - Impudence
 - Advices
 - Founder of Babism
 - A baglike structure in a plant or animal
 - Male parent
 - A type of plug
 - Capital of Vietnam
 - Fungal disease
 - Shelter
 - Finished
 - Excrete
 - Unhappy
 - Partner to cheese
 - Coffee receptacle
 - Spend time dully
 - Makes full
 - Snake-like fish
 - Take in solid food
 - student, learns
 - healing
 - A way to take away
 - Impart a lesson to
 - 'Transformers' actress Fox
 - Spiritual leader
 - Every one of two or more things
 - Indian city
 - 17th stars
 - Weapon
 - Amounts of time
 - Isidor —, American Nobel physicist
 - Soviet Socialist Republic
 - Witness

NOTICE: Many community events may change details as gatherings are affected by public health guidance around COVID-19. Please check ahead with the organizers, as submission dates and Aurora press deadlines are in advance of distribution.

Berwick walking groups
Tuesdays (from Spicer Park) and Fridays (location varies), 10 a.m., Berwick hosts Hike Nova Scotia gentle, easy walking groups through its NS Walks initiative. Sign-up at nswalks.ca or 902-932-6902.

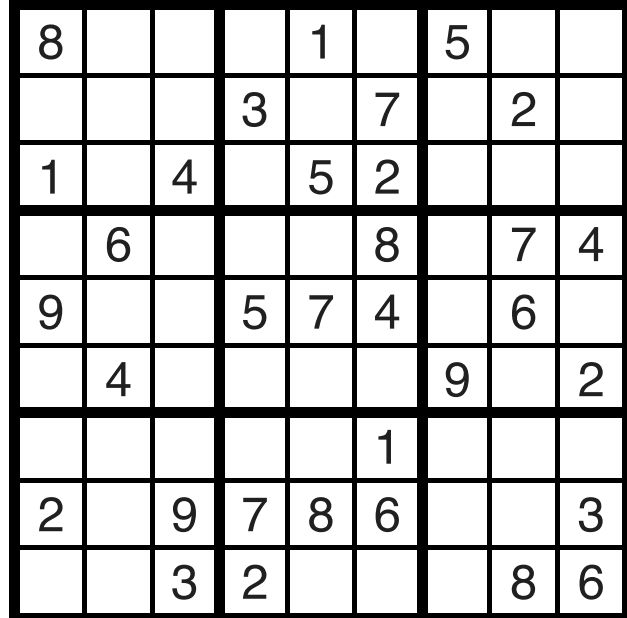
Military, veterans' art program
Thursdays, November 3, 10, 17 and 24; 2:30 p.m. to 4:30 p.m. — 7Arts in Greenwood hosts Life Through a Mask: an Introduction to Expressive Arts Therapy with

Military and Veterans. This is a free program, facilitated by a registered counselling therapist. To register or for information, contact sarahrebekah01@gmail.com.

Community cemetery work day
November 6, join us for a fall leaf raking day at the Old Tremont Cemetery (740 Tremont Mountain Road) starting at 9 a.m. All hands are welcome - a great family activity. Extra rakes available or bring your own. Rain date: Nov. 13. More info: 902-765-2642.

Turkey supper
November 6, the Aylesford United Church, 2412 Hwy 1, hosts a \$15 takeout turkey supper, with seasonal vegetables, cranberry sauce, home-baked roll and apple pie. Preorders by November 5 (or until sold out), with Gladys, 902-847-3507 or billglad@eastlink.ca; or the church office, 902-847-9624.

sudoku



Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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BiNGO

Sunday, 1:30 p.m.
Regular Games - **\$100**
Lic.# 115910-08

- 3 Specials - 60/40
- Letter H - 80/20
- Triple Jackpot - R-W-B
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- **Consolation \$300**
- Double Action

Dinner pickup 4:30 p.m. to 6:30 p.m.

Craft sale vendors wanted
November 9 is the deadline to book a craft/ vendor table for the Kingston Lions' fair November 13 and 14. To book a table, call Linda at 902-690-5455.

Painting workshop
November 10, 7 p.m., to 9 p.m., Christmas starts at 7Arts in Greenwood, as Patsy leads a workshop of gnome painting on apple barrel staves. Cost \$35, register at 7arts@7arts.ca.

Wellness workshop
November 10, 1 p.m. to 2 p.m., (and every Wednesday) drop in for Wellness Wednesdays at 7Arts in Greenwood. Learn about practical stress reduction. Cost \$5, register at 7arts@7arts.ca.

Craft sale
November 13 and 14, 10 a.m. to 4 p.m. each day, the Kingston Lions host a craft sale at their Kingston hall. Over 80 tables with lots of unique items to

choose from. Handmade quilt raffle, silent auction, canteen with hot dogs, sandwiches, coffee, tea, water, pop. Masks mandatory, all COVID-19 protocols in effect: government recognized ID and proof of vaccination required.

Wellness workshop
November 17, 1 p.m. to 2 p.m., (and every Wednesday) drop in for Wellness Wednesdays at 7Arts in Greenwood. Learn about practical stress reduction. Cost \$5, register at 7arts@7arts.ca.

Craft and vendor sale
November 19 is the deadline to book a 6-foot table at the November 27, 10 a.m. to 2 p.m., craft and vendor sale at the South Berwick Hall, 4518 Hwy 1. Masks mandatory, all COVID-19 protocols in effect: government recognized ID and proof of vaccination required. Table rental \$25, includes home-made soup luncheon for vendors (extra meals \$5). Hosted by 1st Berwick Pathfinders, Girl Guides of Canada. For info or to book: cskedyd@hotmail.ca or Facebook Berwick Girl Guides.

Horoscopes
October 31 to November 6

ARIES - Mar 21/Apr 20

Find new ways to bring more love into your life. Aries. This can be romantic love or the love of friends and family. What you put out you get in return.

TAURUS - Apr 21/May 21

Taurus, if you explore art in any form, this is the time to get more serious about it. It could be your opportunity to turn it into a career or at least a side venture.

GEMINI - May 22/Jun 21

The person you may be trying to reach may not be getting your messages. Gemini. Don't be too quick to give up on him or her. Try a different approach to get through.

CANCER - Jun 22/Jul 22

The way you reacted to a situation came out differently than you had hoped. Cancer. You may have some people feeling put off as a result. Find ways to make amends.

LEO - Jul 23/Aug 23

Leo, look for pleasures in all the simple things you experience over the next several days. It's all about having a positive attitude and finding happiness in what counts.

VIRGO - Aug 24/Sept 22

Step up and take charge of a situation, Virgo. If you wait around for someone else to plan out your future, you'll be waiting for some time. Be proactive in your pursuits.

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Following family footsteps in service

Sara White,
Managing editor

After a lifetime of living in a service family – generations deep – Ben Parisien enlisted in the Canadian Armed Forces October 14.

“I grew up in it and I knew I wanted to do it, but I wasn't sure when,” Ben said. “I definitely knew I was going, but my family didn't push me.”

Ben, 21, finished West Kings District High School several years ago and started work as an electrician's apprentice, thinking this might be his career path and happy to get right into a work and learning environment. One of the biggest jobs he helped with was an energy efficiency electrical project at 14 Wing Greenwood – in the base fire hall.

“That really put the bug in me!” Ben applied for the forces and listed electrical distribution technician, aviation systems technician or firefighter. He was accepted – then he told his parents.

“They were very surprised I'd applied – it actually took me awhile to tell them.”

October 14, Ben's dad, 14 Operations Support Squadron Commanding Officer Lieutenant-Colonel Serge Parisien, and his mom, Dionne Kuyp, represented their family as the senior Parisien administered the oath as their son joined the military. Ben joins an even longer line of servicewomen and men: his grandmother is RCMP Corporal (retired) Joan Kuyp; his grandfathers are Colonel (retired) Marcel Parisien, an air navigator on the CF101 VooDoo and E3A AWAC, and Sergeant (retired) Ken Gebler of the Military Police; and his great-grandfather, John Kuyp, was a Canadian immigrant from the Netherlands who returned to fight as a paratrooper for the Dutch Army during the Second World War. Numerous aunts, uncles and cousins have all worn service uniforms.

“They're so happy for me – and I'm so happy with myself, and with my choice to become a firefighter,” Ben said.

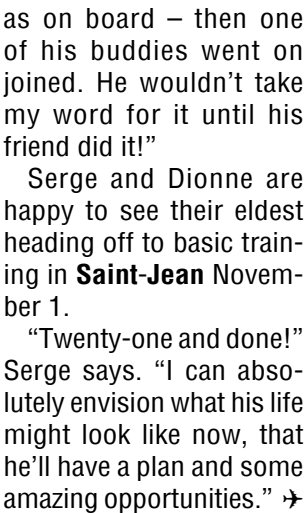
Father Serge said he was “pretty pumped” to see Ben make this decision.

“I grew up in a military family as well, and I knew early on I was going to make it my life. I knew the boys (Ben has a younger brother, Jeremy) were not

as on board – then one of his buddies went on joined. He wouldn't take my word for it until his friend did it!”

Serge and Dionne are happy to see their eldest heading off to basic training in **Saint-Jean** November 1.

“Twenty-one and done!” Serge says. “I can absolutely envision what his life might look like now, that he'll have a plan and some amazing opportunities.” ➔



Submitted

classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/ or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email aurora-production@ns.alianztinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.alianztinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

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pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ns.alianztinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.alianztinc.ca.

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crossword solution

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B	R	I	M	A	N	I	L	E	R	E	B	S
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Influenza vaccine now available in N.S.

The seasonal influenza vaccine is now available for free from most pharmacies, family doctors, family practice nurses and nurse practitioners. Nova Scotia has ordered 495,200 doses of the flu shot.

All Nova Scotians over six months old are encouraged to get a flu vaccine in order to protect themselves, their loved ones and the community. It can take up to two weeks for the vaccination to provide protection. Nova Scotians should get vaccinated in the coming weeks to see the full benefit before flu season arrives, which is usually late December to early January.

Flu symptoms often include a sudden high fever, headache, general aches and pains, fatigue and weakness, cough, nasal congestion and sore throat. People with symptoms should stay home, and should get tested for COVID-19 since symptoms are similar. Adults over 65, children six months to five years old, people who are pregnant, those residing in crowded living situations, people who are residents of long-term care facilities, and people with chronic illness are at a high risk of developing flu-related complications.

Due to COVID-19 precautions, getting the flu vaccine may include pre-screening for illness or exposure to COVID-19, requiring an appointment rather than accepting walk-ins, keeping physical distance whenever possible and wearing your mask indoors.

People cannot catch the flu from receiving the influenza vaccination. It is safe for individuals, including those age 12 and older, to receive the flu vaccine before, after or even at the same time as their COVID-19 vaccine. COVID-19 vaccinations do not protect against the flu.

Although the vaccine is the most important action a person can take to prevent the spread of the flu, it is important to continue practicing the healthy habits developed throughout the pandemic: practicing proper coughing and sneezing etiquette, hand hygiene, cleaning surfaces, wearing masks, gathering safely, physical distancing and staying home when sick. ➔



The “Iron Maidens” – Sandra Cathcart, Wendy Richardson, Tina Logan and Betty Saltzman - were repeat winners again this year, as the only all-female team in the October 23 and 24 Ironman tournament.

Submitted



Audrey Costin, left; Wayne Pellerine and Cyndi Landry (missing is Gord Alward) won the October 23 and 24 mixed title at the Ironman tournament.

Submitted



Chad Taylor, left; Todd Lalonde, Jared Brown and James Ross won the Greenwood/ Eagle Crest combined Ironman tournament October 23 and 24.

Submitted

Tough tees, playing conditions add to Ironman experience

**Wendy Richardson,
Greenwood Golf Club**

The 2021 golf season is fast coming to a close. Sure, there are still a few more fine days - but not many! Take advantage while the sun shines to get in a few last games.

The weekend of October 23 and 24 was the final big tournament at the Greenwood and Eagle Crest courses. The Ironman consisted of 36 teams of four people, with several out-of-town teams and 14 ladies playing - including one all-female team. The format was tough - the same for everyone, but tough! You could hear people saying, “OMG! Look at THAT pin

placement!” Still, it was fun.

Saturday was a sunny, warm day at Greenwood, and all 36 teams experienced some very interesting tee and pin placements. Lots of stories were told after the round. The “Iron Maiden” team took time to sell 50/ 50 tickets for breast cancer awareness, as October is breast cancer month. Tristan Tobin was the winner, but thanks to all who supported this raffle.

Then, there was Sunday at Eagle Crest! Let me start with the good: the sun was shining and it wasn't raining. The bad? It was cold and the wind howled for 18 holes. The guys played from the tips (blue tees) and the ladies

played from the whites (men's tees). The pin placements were tough - really tough - but, they were the same for everyone! Thanks to Bruce, Nick and whoever else had input in setting the courses. They were really tough, but still fun.

The repeat winners of the Ironman were the formidable foursome of Jared Brown, James Ross, Todd Lalonde and Chad Taylor from Eagle Crest (-5 at Greenwood and -12 at EC). That is great shooting - well done. The Greenwood foursome of Wayne Pellerine, Audrey Costin, Cyndi Landry and Gord Alward walked off with the mixed trophy (Audrey

and Cyndi were repeat mixed champs, just sayin'). The Iron Maidens - Sandra Cathcart, Wendy Richardson, Tina Logan and Betty Saltzman - were repeat winners again this year, again as the only all-female team. We encourage more ladies to participate next year!

Hats off to Ryan and Jared on a great job organizing this event. Also, thanks to Jackie and staff in the kitchen, and the pro shop staff in both clubs. You all made this event a huge success, and players already can't wait for next year.

It has been a fun year at Greenwood and Eagle Crest. COVID-19 certainly changed

our way of life, but we are doing okay in our western area of the province. Keep safe, follow the COVID-19 rules and maybe next year will be better. At least we were able to play this great outdoor sport.

Ryan has plans to be at the pro shop the first three Saturdays in December to help with your Christmas shopping or a 2022 membership. There are tentative plans to hold a New Year's Eve party at the Greenwood clubhouse, with a max of 50 people. What better way to bring in the New Year than with your golfing friends? We have 20 people interested so far! Check out the Greenwood club's Facebook page for off-season news. ➔



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CURLING CLUB

Monday men's league

- \$170 tax in, 7 p.m.

Tuesday women's league

- \$170 tax in, 7 p.m.

Wednesday mixed league

- \$170 tax in, 7 p.m.

Two league registration

- \$230 tax in

Thursday junior learn-to-curl

- ages 10-18, 4:15 p.m. to 5:45 p.m.
- \$75 tax in - additional youth \$50 tax in

Come curl with us!

Inquiries | 14wingcurling@gmail.com
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