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Vol. 42 No. 39 OCTOBER 25, 2021 NO CHARGE www.auroranewspaper.com

Sharp eyes, service training key to fire response

404 (Long Range Patrol and Training) Squadron Captain Rob Scholte was one of the first people on the scene of a neighbourhood house fire, and used decades of ingrained military experience to help.
S. White

Sara White,
Managing editor

On a Friday afternoon in June 2020, Rob Scholte was headed out of his Greenwood neighbourhood to the hardware store on errands. As he passed a neighbour's home on Neily Crescent, he spotted smoke.

"I don't know these people, but I saw the smoke and I

saw their car in the driveway – something wasn't right," he says.

Scholte pulled over and got out to see flames now creeping up an outside wall, near a side entrance, catching quickly as the house was older.

"I called 911 immediately, and there were a couple of older neighbours and a man now there, too. He and I

searched for a hose, which we found and started to hose down the house fire."

Scholte says one of the other neighbours said the homeowners may be in the house, and a dog, so Scholte went inside.

"I could hear the dog barking, and I didn't think of the risk – the fire wasn't too involved yet. The smoke inside was moderate, so I could still

see where I was going, and it didn't take long to sweep."

He found the dog sitting on its bed near where the exterior fire was growing in the walls, so he scooped it up and took it outside, putting it inside a travel trailer in case it might run away. He went back in the house to check again for the homeowners, but didn't find any sign of them.

"Adrenalin takes over - I never felt like I was in danger," Scholte says. "The fellow outside was doing a great job with the hose. When I got back outside again, the Kingston fire department volunteers and RCMP had arrived. The fire department had to open the roof area at the entrance way to fight the fire. The fire chief commented, if we had not reacted

as we did, the house would have suffered extensive damage or loss.

"I'd like to think anyone would do this."

But, Scholte has the advantage of 38 years in the Canadian Armed Forces, well-trained in emergency response, including four years as a volunteer firefighter in

Continued on page 2...

Winter Carnival 2022 points

Wing Spooktacular | October 29 | Annapolis Mess

Enter our haunted house - if you dare!

1:30 p.m. to 5 p.m. | Freewill offering

Squadron pumpkin creation challenge

Bar opens at 1:30 p.m. | Fan favourite | \$1 per vote or 3 for \$2 | 2 p.m. to 4 p.m.

Proof of double vaccination required to enter

Wing Spirit Banner

Presented by  **Combined Charities**
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 **I care, it matters**
J'y crois, ça compte



September 10, 404 (Long Range Patrol and Training) Squadron Captain Rob Scholte, right, was presented with a Wing Commander's Commendation by Colonel Thomas Goldie.

Corporal W. Ptnelsi

Sharp eyes...

...cover

his early days on NORAD long range radar sites.

"They encouraged us to volunteer, and it was fun and I enjoyed it. You're always hoping any military training you do comes right back easily - if and when you need it."

Scholte reported the incident to his deputy commanding officer at 404 (Long Range Patrol and Training) Squadron, as he knew word would get out of his involvement: he'd recognized several volunteers with the Kingston fire department as military

peers; and he'd been coughing in the days since the fire from smoke inhalation, and didn't want to have any health issues affect his work.

September 10, 14 Wing Greenwood Commander Tom Goldie and Wing Chief Warrant Officer Jonathan Proulx presented Scholte with a Wing Commander's Commendation.

"Nice to get," Scholte says, "but I did what I did because this kind of response exemplifies what most military members can and often do to partner with the community and help when we can." →

Haunted house, pumpkin challenge at October 29 Spooktacular

Sara White,
Managing editor

Wing spirits are taking a dark turn Friday, October 29, as 14 Wing Combined Charities hosts a Spooktacular fundraising haunted house and competitive pumpkin display.

A team of creative volunteers is designing a haunted house in an Annapolis Mess stairwell as Spooktacular guests arrive: dark, cacophonous and claustrophobic, with a few scares is the goal, and a freewill offering will be welcome at the exit. Once upstairs, units' pumpkin displays are up for command team judging (completely legit, with a scorecard for Winter Carnival 2022 points) and popular vote (\$2 per vote, three votes for \$5; vote-stuffing is encouraged for bragging rights and the Wing Spirit Banner). This event is open to Defence Team members ages 19+, with double vaccination required.

A number of activities are already in the books in the 2021 Greenwood-based national workplace giving program, which runs September through December. Soup and Socks collected 550 pounds of food to mid-October for

the Upper Room Food Bank in Kingston and just over 300 pairs of socks for Open Arms outreach programs. The Gift Card Survivor is whittling its way down from 75 contestants for local small business gift cards, with the final draw of four weekly elimination draws set to take place at the Spooktacular event. And, 14 Fire and Emergency Services firefighters collected just over \$700 with their Fire Prevention Week door-to-door campaign in the Residential Housing Units neighbourhood on behalf of the Nova Scotia Fire Fighters Burn Treatment Society.

The November 26 deadline

is approaching for epledge contributions. 14 Wing Defence Team members may make a one-time donation or set up a 2022 payroll deduction, contribute through 14 Wing Greenwood Combined Charities' online link or select any registered charity across Canada. Of particular note to military members, a new link welcomes donations to the production of "Legends of the Sky, destined for release during the 2024 100th anniversary of the Royal Canadian Air Force (look for "RCAF Association – RCAF 2024" on the epledge form). Initial epledge information is available on the

Wing Splashpage.

Combined Charities' annual campaign results are distributed among up to 60 local and regional non-profit groups, including youth programs, veterans, sports and recreation clubs, animal welfare, health campaigns and more. The 2020 campaign raised \$21,000. 2021 Combined Charities chair 2nd Lieutenant Heyang Gao leads a committee of organizers and a network of squadron and unit representatives, all volunteering to make Combined Charities events happen. Follow events on Facebook @14wingcombined-charities.



14 Wing Greenwood delivered 550 pounds of non-perishable food to Upper Room Food Bank volunteers in Kingston October 15, the results of a month-long base-wide collection campaign organized by Combined Charities.

Submitted

More than triathlon challenges in this race

Lieutenant-Colonel Eric Travis has never been "so happy to cross a finish line" as he was in the September 18 Ironman 70.3 World Championship in St. George, Utah.

"This course tested me physically and mentally, and I was thrilled to have been able to rise to the challenge."

The 14 Wing Greenwood deputy wing commander was one of 4,414 athletes from 80 countries competing. While the race was definitely to be remembered for on-course challenges, getting back into international competition with COVID-19 added to logistics.

"I am very happy with my overall performance on the day - and even more pleased to be back racing!" Travis says. He finished 34th of 297 men in his 45- to 49-year-old age group, and 634th overall.

"I knew it would be a tough course, with significant climbing on the bike (1,049m of elevation) and an insane amount of climbing on the run (not a metre of flat road and 394m of elevation gain in 21 kilometres - I have never seen anything like it). But what I hadn't expected was the weather!"

Travis arrived September 16 for check-in and course familiarization, and spent September 17 attempting to get his race equipment checked in at transition drop-offs. But what he really needed to do was find somewhere that would test him for COVID-19, so he'd be clear to travel home September 19.

"I couldn't find a place to get my test done until Friday morning, prior to race day: I raced to the clinic, paid \$150 USD to get tested, was assured I would have the results in time, then focussed on my race - not a pleasant 'distraction.'



Race day weather included showers and a head wind predicted during what would be Travis' bike leg. Manageable, but with an effect on his potential timings and the road surface. He set up his first transition zone with nutrition, checked his tires, memorized the exact location of his bike and took a gel as he headed to the swim corral.

"My start was very late, as the men 45 to 49 were the last wave of men to start at 08:45. If it was to be a hot day, this would not help."

But he was pleased with his swim, a worry as COVID-19 had kept him out of the pool for a 14-month stretch. Others he spoke with post-race all said their swim was anywhere from two to three minutes longer than normal, "so my 32:14 was much closer to a 29 to 30 minute swim - ecstatic!"

With a great bike start and feeling strong - "I was quickly catching the waves in front of me" - at around 6 or 7km, he dropped his chain and had to

reset.

"I likely only lost a couple of minutes - it was just frustrating to then have to again catch the same people I had just passed! I reminded myself not to get too excited as it would be a long day, and sprinting now would crush my legs for the big climb and the run portion of the race."

Just after completing the out/ back leg, the weather took its predicted turn for the worse: gale force winds rose, and rain - even hail! - started, complete with thunder and lightning.

"I sat up, rode my brakes on the descent and tried to stay on the road (survival vice racing). This lasted for approximately one hour, until the wind stabilized out of the west, the rain slowed to a drizzle and I was again able to work on racing."

By his next climb, though, Travis realized he had only consumed one bottle of electrolytes and one gel, "due to the death grip on my handle bars for the previous hour!" He



Images submitted



made the effort to take in two gels and drink more fluids and was able to properly enjoy the second descent and head into the second transition zone at good speed.

"The run was pretty much as I had expected it would be," Travis said. He focussed on running steady.

"The first climb was approximately 7k long, with a short 400m break after 5.5k, rolling hills until the 9k mark,

with a super steep descent back to the start - to do it all over again!"

Travis tried to keep pace with his first lap on the second, but walked a couple of water stops to take in liquids, salt tablets and calories; before running the descents into the finish.

"Other than some blisters, I had no injuries and, all in all, it was a great experience - but I can definitely do without the

additional stresses of COVID-19 travel requirements. I recommend future travelers under the COVID paradigm arrange for their pre-travel COVID test prior to leaving Canada. It would have relieved a lot of stress on site.

"For those with a qualification for next year, enjoy this race. I truly hope the weather will be more gentle for you, but it is an epic course. You will love it!" →

Marine calls keep SAR crews busy

October 6, at 6:40 p.m., the Halifax Joint Rescue Coordination Centre tasked a 14 Wing Greenwood Hercules with 413 (Transport and Rescue) Squadron to investigate a confirmed emergency locator transmitted registered to a Cessna 181 on float, sounding north-west of Baie Comeau. The crew was stood down while airborne, and returned to Greenwood just after 8 p.m.

October 9, just after 4:30

a.m., Cormorant Rescue 901 left 14 Wing to conduct a medevac of an 82-year-old man with head injuries following a fall from an isolated camp near Yarmouth. The helicopter arrived on scene after the man had died; his body was transported to the Yarmouth airport, where the coroner, with RCMP assistance, was waiting. Cormorant 901 returned to base at 9:30 a.m.

October 14, at 4:18 a.m.,

a Cormorant helicopter was tasked to search for a missing 54-year-old man believed to have gone overboard from a vessel near Yarmouth. The helicopter left Greenwood at 5:40 a.m. It was joined on scene by the Canadian Coast Guard Ships Clarks Harbour and Sir William Alexander, Provincial Airlines aircraft and a CC130 Hercules from 14 Wing. The CCGS Corporal Teather escorted the fishing vessel into

Yarmouth, with all remaining individuals on board safe. Thunder, lightning and a low ceiling throughout the morning hampered some of the search assets' ability to remain on scene, and the Cormorant returned to Greenwood just before 3 p.m. October 15, just after 12 a.m., the Cormorant was tasked to resume the search, leaving 14 Wing at 2:09 a.m. It returned, but relaunched before 5:30 a.m.

with the day standby crew on board. The Hercules was also re-tasked, in the air at 6:41 a.m. Extensive searching continued throughout the day and, just before 3 p.m., the missing individual was located deceased, and retrieved by the CCGS Clarks Harbour. Search crews were stood down.

October 15, a Cormorant was tasked just after 3 p.m. to assist an 80-year-old man who had fallen and

suffered a broken pelvis in a restricted area near Chignecto Bay, approximately 45 nautical miles north-northeast of Greenwood. The crew picked him up and transported him to hospital in Moncton.

October 17, just after 3 p.m., a helicopter crew was called in to work to be ready for a possible marine medevac; the call was stood down within a half-hour and personnel sent home. →

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14 Wing Greenwood Site
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www.airforce.forces.gc.ca/en/14-wing/index.page

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Members of 14 Wing Greenwood's teams participating in the September 27 Stalker 822 Memorial Golf Tournament.

Submitted



Master Warrant Officer Ed Delorme, 405 (Long Range Patrol) Squadron, stands in front of a Stalker 822 memorial.



Members of 405 (Long Range Patrol) Squadron prepare for the course.

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Contact the Bowling alley at 902 765 1494 local 5631 for packages and rates including glow bowling and a private room!

Day on course for Stalker friends, Soldier On

Aviator Duston Lewis, 405 (Long Range Patrol) Squadron

September 27, members of 14 Wing Greenwood had the opportunity to participate in The Stalker

822 Memorial Golf Tournament.

On course at the Hartlen Point Force Golf Club, just outside of 12 Wing Shearwater, teams from 405, 415 and 404 squadrons came together to reflect

with family and friends of the brave members lost in the tragedy of Stalker 822 in April 2020.

The tournament helped raised over \$16,000, with all proceeds going to the Soldier On program, which

will contribute to the recovery of ill and injured Canadian Armed Forces members and veterans by providing opportunities and resources through sport, recreational and creative activities. →

Youth Happenings

Youth Happenings are back for fall fun at the 14 Wing Greenwood Community Centre, with a range of options planned for the week of September 27. To register, contact the centre at 902-765-1494 local 5341, or drop in to the Church Street offices weekdays.

Monday, October 25 - Boys Club – Basketball, 6 p.m. to 7:30 p.m. Free, pre-registration required. Please bring water and indoor gym shoes.

Tuesday, October 26 - Crazy Creators - Halloween paint night with 7 Arts, 6 p.m. to 7:30 p.m. \$10 non-Community Recreation Card holders/ \$7 Community Recreation Card holders (plus HST).

Wednesday, October 27 - Girls Club - Mission Impossible - a sneaky spy game! 6 p.m. to 7:30 p.m. Free, pre-registration required. Please bring athletic shoes and water.

Friday, October 29 – YT-GIF - spooky movie, chicken strips & fries and theatre snacks! Non-Community Recreation Card holders/ \$7 Community Recreation Card holders (plus HST). →

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Mess-in' around in the great outdoors

Corporal Léo Gautier, Annapolis Mess sport chair

The first Annapolis Mess-organized ATV Run took place at Cloud Lake Training Area September 17. Members of 14 Wing Greenwood could use their personal ATV, side-by-side or dirt

bike and enjoy a full day of riding in the wilderness on a beautiful fall season day.

Aviator Megan Hopper, Annapolis Mess sport co-chair, came up with the idea for the event, after noticing a big part of the population on the Wing were ATV owners already: creating an event

for all to participate in was only a matter of time! The sport committee worked on this event for 18 months; the COVID-19 situation was a challenge to the organization of the ATV Run from the very beginning. Communicating with all the right people involved in the approval of the event, on and off base, was also another critical point to achieve before submitting the event request. Once achieved, having the administrative order sent throughout the unit level up the chain to be approved took just a matter of a few weeks.

On the day of the event, eight safety checkpoint volunteers, one volunteer cook, 10 radio club volunteers for communication between the trail and the HQ of the event, two Military Police members for first aid and security, one photo technician and two event organizers arrived on site to welcome 55 members of the wing as participants. They arrived in teams, with the most original team names, to tackle a 70-kilometre long route of mixed gravel road and woods



Annapolis Mess members took their fun into the great outdoors September 17, hitting the trails through the Cloud Lake Wilderness Area on an all-terrain vehicle run.

Corporal J. Fox, 14 Wing Imaging



trails. Members also had the opportunity to enjoy a nice BBQ lunch and win prizes.

This event was a success. Everybody finished the event happy to enjoy an outdoor event with different members of the wing = and safely! This is an event the sport committee is already looking at making happen twice a year, potentially spring and fall. We will see you on the next ATV Run in 2022! →



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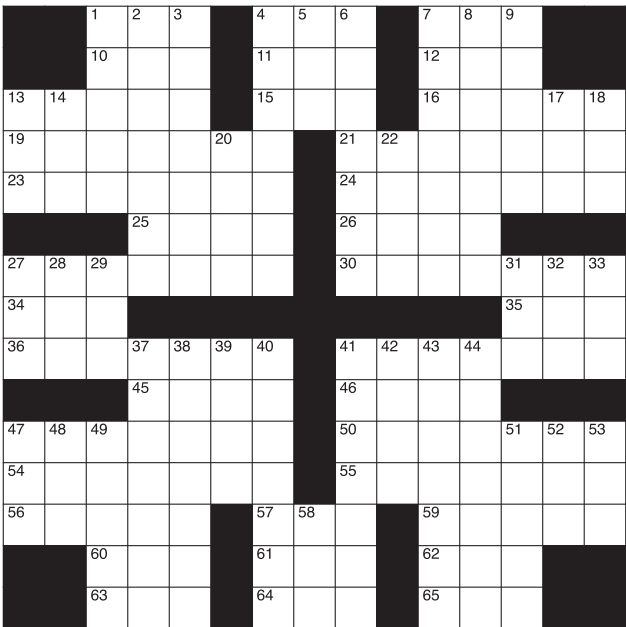
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Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.alianzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédant la publication, à moins d'avis contraire.



crossword

solution page 7



- ACROSS**
- Pouch
 - Cooling device
 - Corporate exec (abbr.)
 - Antidiuretic hormone
 - South American plant
 - Adult female bird
 - Type of snake
 - Soak in water
 - Emerge
 - Church tower
 - Having solidified from lava
 - Eye parts
 - Natural
 - Swiss river
 - Require to live
 - Obstruct
 - Immobile
 - Expression of satisfaction
 - Moved quickly
 - Popular cocktail
 - Dish detergent brand
 - Waxed finish
 - Kyrgyzstan
 - mountain range
 - A place to get clean
- DOWN**
- Cavalry-sword
 - Gland above the kidneys
 - Hat
 - Predict
 - A team's best pitcher
 - Countries
 - Substitutions
 - Peruses again
 - Popular food
 - Reciprocal of a sine
 - Of or relating to the ears
- 50.** Able to be rescued
- 54.** Large, open grassland
- 55.** Expressions for humorous effect
- 56.** Hindu goddess
- 57.** Beverage container
- 59.** Long narrow hilltop
- 60.** Sir (abbr.)
- 61.** Data executive
- 62.** Doctor of Education
- 63.** Car mechanics group
- 64.** Autonomic nervous system
- 65.** 'The Partridge Family' actress
- 17.** ___ juris: Independent
- 18.** Keyboard key
- 20.** Fat from a pig
- 22.** AC manufacturer
- 27.** Organization of N. and S. American countries
- 28.** 22nd star of a constellation
- 29.** Scoundrel
- 31.** A way to save money
- 32.** Boy or young man
- 33.** Midway between northeast and east
- 37.** Egg-laying mammal
- 38.** Salt of citric acid
- 39.** Barbary sheep
- 40.** Actress ___ de Mornay
- 41.** Gambling hotspots
- 42.** Wing-shaped
- 43.** Basked in
- 44.** Poison
- 46.** Beats per minute
- 48.** Macaws
- 49.** Military vehicles
- 51.** Elderly woman
- 52.** Body part
- 53.** Midway between east and southeast
- 58.** Forearm nerve (abbr.)

crossword brought to you compliments of



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Military, veterans' art program

Thursdays, November 3, 10, 17 and 24; 2:30 p.m. to 4:30 p.m. – 7Arts in Greenwood hosts Life Through a Mask: an Introduction to Expressive Arts Therapy with Military and Veterans. This is a free program, facilitated by a registered counselling therapist. To register or for information, contact sarahrebekah01@gmail.com.

Community cemetery work day

November 6, join us for a fall leaf raking day at the Old Tremont Cemetery (740 Tremont Mountain Road) starting at 9 a.m. All hands are welcome - a great family activity. Extra rakes available or bring your own. Rain date: Nov. 13. More info: 902-765-2642.

Turkey supper

November 6, the Aylesford United Church, 2412 Hwy 1, hosts a \$15 takeout turkey supper, with seasonal vegetables, cranberry sauce, home-baked roll and apple pie. Preorders by November 5 (or until sold out), with Gladys, 902-847-3507 or billglad@eastlink.ca; or the church office, 902-

847-9624. Dinner pickup 4:30 p.m. to 6:30 p.m.

Craft sale vendors wanted

November 9 is the deadline to book a craft/ vendor table for the Kingston Lions' fair November 13 and 14. To book a table, call Linda at 902-690-5455.

Craft sale

November 13 and 14, 10 a.m. to 4 p.m. each day, the Kingston Lions host a craft sale at their Kingston hall. Over 80 tables with lots of unique items to choose from. Handmade quilt raffle, silent auction, canteen with hot dogs, sandwiches, coffee, tea, water, pop. Masks mandatory, all COVID-19 protocols in effect: government recognized ID and proof of vaccination required.

Craft sale tables available

Craft and vendor sale November 19 is the deadline to book a 6-foot table at the November 27, 10 a.m. to 2 p.m., craft and vendor sale at the South Berwick Hall, 4518 Hwy 1. Masks mandatory, all COVID-19 protocols in effect: government recognized ID and proof of vaccination required.



sudoku

solution page 7

3	2				4			
8	5			1		3		2
7		6				1	4	3
	4	3			9	7		6
5		8	2	1	6			
						8	1	
4		9		8		6	5	1
2			6					9
			9			3	8	

Level: Beginner

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

sudoku brought to you compliments of



Sunday, 1:30 p.m.
Regular Games - \$100
Lic.# 115910-08

- 3 Specials - 60/40
- Letter H - 80/20
- Triple Jackpot - R-W-B
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Consolation \$300
- Double Action

Table rental \$25, includes home-made soup luncheon for vendors (extra meals \$5). Hosted by 1st Berwick Pathfinders, Girl Guides of Canada. For info or to book: cskeddy@hotmail.ca or Facebook Berwick Girl Guides.

Take-out supper

November 22 is the deadline to pre-order your turkey or roast beef dinner, with all the trimmings and dessert; from the Knights of Columbus. The take-out dinner is \$20, and supports the Knights' charitable good works (\$5 local delivery in the Nictaux/ Middleton/ Wilmot/ Kingston/ Greenwood area). Pre-order by calling Ray, 902-840-3093. Pick-up will be November 26, between 4 p.m. and 6 p.m., at S. Monica's in Middleton.

Craft and vendor sale

November 27, 10 a.m. to 2 p.m., South Berwick Hall, 4518 Hwy 1, South Berwick. Freewill offering admission, small ticket auction of vendors' donated items. Masks mandatory, all COVID-19 protocols in effect: government recognized ID and proof of vaccination required. Hosted by 1st Berwick Pathfinders, Girl Guides of Canada, as a MASH pole fundraiser project for Hardwood Lake Girl Guide Camp.



horoscopes

October 24 to October 30

ARIES - Mar 21/Apr 20

There's no need to separate business and pleasure this week, Aries. You can find a way to combine them if you get creative. Get the work team on board.

TAURUS - Apr 21/May 21

Taurus, if collaborating with someone else has you second-guessing yourself, venture out alone for a little bit and see what progress you made. You can always team up later.

GEMINI - May 22/June 21

Gemini, others look to your for support in the days ahead. Lend an ear and a helping hand if asked. Simply being there as a sounding board may be enough.

CANCER - Jun 22/Jul 22

Cancer, expect the unexpected in the days ahead. The unknown can be mysterious, and that can spice things up for a little while. Embrace the challenge.

LEO - Jul 23/Aug 23

Leo, your willpower may not be strong this week, so be on guard if temptation arises. It's alright to indulge once in awhile, but do your best to stay the course.

VIRGO - Aug 24/Sept 22

Virgo, a little personal pampering can go a long way from time to time. You can't always look the other way regarding your personal needs. Help yourself to help others.

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Looking to the past as we move towards the future: Cadet Day in Nova Scotia

Cadet Correspondent Sergeant Aiyana Barrieau

This year, 517 F/Lt Graham Squadron marked Cadet Day in Nova Scotia, October 2, by having a special tour of the Greenwood Military Aviation Museum.

Museum volunteer Major (retired) Robert Johnson was our mini tour guide. He took us around the museum and showed us all the different exhibits, told us

all about the history of our aircraft, what people on the aircraft did, what search and rescue people do, and how engines work. 517 F/Lt Graham Squadron has an exhibit of its own that shows a bit of the history of our squadron. Overall, the tour was super interesting, and it was a great experience. Thank you, Major (retired) Johnson, for showing us around.

The Air Cadet organization offers many opportunities you



517 F/Lt Graham Squadron Cadet Sergeant Aiyana Barrieau takes "flight" at the Greenwood Military Aviation Museum, setting aside her squadron correspondent duties for a moment

Submitted

Get cooking with VRH Foundation's Harvest for Health celebrity chefs

Tickets are now available for the second annual Harvest for Health virtual cooking series, presented by Mud Creek Rotary. Ticket holders gain access to a virtual Celebrity Cooking Series, hosted by locally renowned chefs over each Thursday in November. Tickets may be purchased at vrhfoundation.ca/harvestforhealth.

Cook along virtually with signature chefs, including Amy Steeves of Cumin, Stephane Levac of Oak Island Resort, Chris Pyne of Founder's House, Peter Dewar of NSCC Kingstec and Jason Lynch of Le Caveau. Learn tips and tricks of preparing a three-course menu inspired under this year's theme, Tastes of Europe. Each episode highlights local wine, beer and signa-

ture cocktails – highlighting many local businesses, products and talents. Purchase individual tickets to each chef's class, or buy a bundle and get the bonus Christmas episode.

All ticket sales from this year's Harvest for Health supports Valley Regional Hospital Foundation's CT for Life Campaign. One of the hospital's CT scanners has reached the end of its life. The Diagnostic Imaging Department currently performs over 16,000 CT scans each year – that's an average of 40 to 45 every day! A CT scanner is essential to help physicians diagnose and treat patients, quickly. Patients from all over the Annapolis Valley receive this essential care at our regional hospital. ➔



Major (retired) Bob Johnson led a tour of the Greenwood Military Aviation Museum October 2 for members of 517 F/Lt Graham Squadron Air Cadets: an opportunity to highlight aviation's past and consider the Cadets' own futures on Cadet Day in Nova Scotia.

Submitted

have to run laps or do push-ups every time we messed up. After being in Cadets for almost four years, I know most of that isn't true. Yes, there are some people who are in Cadets because their parents wanted them to develop some discipline and, yes, I know some Cadets are hoping to be future military members; but I think Cadets isn't for specific people. It's a place for everyone, whether you're super brainy, super sporty - or even just in between.

I feel every teen between the ages of 12 and 18 could

benefit from Cadets. I know my experiences in Cadets have influenced me to be the person I am today, and I know the skills I have learned

so far will stick with me forever. Thank you, 517 F/Lt Graham Squadron for making me feel a part of something amazing! ➔

classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/ or services advertised. To place a classified, contact 902-765-1494 local 5833; email aurora-marketing@ns.alianzinc.ca.

To place a boxed, display ad, contact 902-765-1494 local 5833; email aurora-marketing@ns.alianzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

Les annonces classées doivent être réservées et payées à l'avance avant 10 h, le mercredi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire

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crossword solution

	S	A	C		F	A	N		C	R	O		
	A	D	H		O	C	A		H	E	N		
C	O	B	R	A		R	E	T	A	R	I	S	E
S	T	E	E	P	L	E		I	G	N	E	O	U
C	O	R	N	E	A	S		O	R	G	A	N	I
			A	A	R	E		N	E	E			
O	C	C	L	U	D	E		S	E	S	S	I	L
A	H	A											
S	I	D	E	C	A	R							
			C	I	R	E							
B	A	T	H										
P	R	A	I	R	I	E							
M	A	N	D	A									
K	N	T		C	I	O		E	D	D			
S	A	E		A	N	S		D	E	Y			

sudoku solution

3	2	1	9	6	4	5	8	7
8	5	4	1	7	3	9	6	2
7	9	6	5	2	8	1	4	3
1	4	3	8	5	9	7	2	6
5	7	8	2	1	6	3	9	4
9	6	2	3	7	4	7	8	1
4	3	9	7	8	2	6	5	1
2	8	5	6	3	1	4	7	9
6	1	7	4	9	5	2	3	8

Volunteer appreciation: how to do it well

Recognition is worthless, but appreciation is everything.

The Kings Volunteer resource Centre hosts a workshop October 26, 7 p.m. to 8 p.m. that focuses on volunteers and donors, and the importance of them feeling appreciated. For example, the number one reason people don't donate again is they don't remember being thanked, and over 70 per cent of volunteers will drop out for similar reasons. The truth is we do recognition very poorly, if the goal is people feeling appreciated in the long term. For example, how many people really remember the coffee mug they got? Even the end of year dinner and celebration is torture for many and is rated by recipients as the least popular method of recognition, yet used by 50 per cent of organizations.

Learn about the difference between recognition and appreciation, and how your organization can do better at the latter with facilitator Max Chauvin. Since 2002, Chauvin has helped community organizations focus, achieve extraordinary success and transform their communities. He has been honored twice by Her Royal Majesty Queen Elizabeth the Second for community leadership

and volunteerism. He is a nationally certified trainer and facilitator and holds both an MBA and an MSc in strategic planning. Those who have worked with Max Chauvin know he will provide tough love when required and will do everything he can to ensure each group achieves its potential.

KVRC is committed to offering its workshops free of charge. However, since beginning the virtual education workshop series (due to COVID-19), while registration is up, there has been a significant drop-out rate (minus any regrets) - often leaving empty seats and potential waiting lists unable to be addressed. To reduce this drop-off rate KVRC charged a nominal \$5 fee per person. Anyone unable to pay, for any reason, may simply contact coordinator@kingsvolunteer-resourcecentre.ca to have registration costs for your attendance waived.

To register, visit eventbrite.ca/e/volunteer-recognition-and-appreciation-virtual-workshop-tickets-185619983367. A Zoom link will be forwarded to you upon registration.

This workshop would not be possible without the support of Mud Creek Rotary and their commitment to KVRC and our community. ➔



Season start supporter

The South Shore Lumberjacks of the Junior A Maritime Hockey League annually host a military appreciation game to show their support for Canadian Armed Forces members. This year, in addition to that event during their season, they asked 14 Construction Engineering Squadron Honorary Colonel Dan Hennessey to do the official puck drop for their 2021/ 2022 home opener October 2. Hennessey says it is always a great honour to represent 14 CES and the Royal Canadian Air Force during these community events.

Submitted

Military, veterans' art program coming in November

7Arts in Greenwood hosts Life Through a Mask: an Introduction to Expressive Arts Therapy with Military and Veterans Thursdays, November 3, 10, 17 and 24; 2:30 p.m. to 4:30 p.m. This is a free program, facilitated by a registered counselling therapist.

To register or for information, contact sarahrebekah01@gmail.com. ➔



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