



## Flight training demand, success growing at Valley centre

**Sara White,  
Managing editor**

“Two days, four tests, four passes – that’s an absolutely good day!” says Pierre Malo, chief flight **instructor** and a co-owner in the Annapolis Valley Flight Training Centre, located on the 14 Wing Greenwood airfield.

Four students tested for their commercial and private pilot licenses with Transport Canada pilot examiner JP LeClair over September 20 and 21, including ground and flying components. This is the first flush of students through the centre’s programming to test, and Malo says interest in training continues to grow.

“We have a lot of inquiries – people are ready to fly, now!” Malo says. “I’m going to get our second airplane in Trenton September 22, and we can double our capacity. We’re hiring another full-time instructor, and we’re renting more space here at the wing for classes.”

LeClair says the demand for pilot license evaluation in Atlantic Canada is high: it was busy before COVID-19 and now, after 18 months of limited training and testing access, it’s higher than ever. “Recreational, private,

commercial – if you’re licensing as a career, there’s more work than you can shake a stick at.

LeClair himself was a later-in-life aviator, 37 years old and working in business sales when he told his wife he was going to become a pilot.

“My Dad’s friend was a pilot with a little plane, and he’d take us up as kids. My college roommate was taking his license. My wife listened to me, looked around my office at all the plane models and art and books and says, ‘You’re getting the message!’

“I’ve always had the bug, and you have to have it to do it. You have to enjoy the fact you’re flying: it’s either in you or it’s not.”

He became an examiner in 2009 and now, with 8,000 flying hours under his belt, he knows what to look for in testing pilots.

“I’m looking for these people to be safe: would I let someone I love go flying with this person? There are skills, and there are decision-making skills.

“There are rules and criteria and meeting the standard; but there’s also the chance we see someone who’s passionate, well-instructed, intelligent and thinking, cool



**Congratulations to Kyra Jarvis, Kingston, second from left, and Warrant Officer David Bursey, based in Shearwater, second from right; on their private and commercial license, respectively, flight test success September 20. With them are Pierre Malo, chief flight instructor with the Annapolis Valley Flight Training Centre, left; and JP LeClair, Transport Canada pilot examiner.**

Submitted



**Don Woodworth, cramming for his final private pilot’s license Transport Canada evaluation September 21 at the Annapolis Valley Flight Training Centre, Greenwood.**

S. White

under pressure, genuine and easy.”

Don Woodworth, under LeClair’s eye as he tested for his private license September 21, was hoping he was ready for all of that. The Bridgewater plumbing

business owner joined his father-in-law in the trade in 1989, but admits, “I’ve always watched airplanes.

“They’re intriguing, but I thought I was too old. My friend said, ‘You’re never too old – go and do it.’



**Dave Norris, retired military and former 14 Wing flight safety officer, passed his commercial license Transport Canada test September 21.**

Submitted

Woodworth started flying lessons in 2018, knowing it would be a serious commitment of time studying, and away from family and his business, as he pursued his dream.

“My family and friends’

moral support has been excellent. I was nervous to start – hell, yes! But just having a plane and flying with family and friends.... Why not? I think I’m ready. Today is the most stressful, but flying is always fun.” ➔



## Entry \$20 | *Entry deadline noon October 6*

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## Recommitting to ‘the few’ remembered at Battle of Britain

Sara White, Managing editor

Aviators looking to the past sacrifice of Battle of Britain airmen September 19 during the 81st anniversary service at 14 Wing Greenwood can take the occasion as an opportunity to “recommit to each other, that our actions demonstrate the leadership and sacrifice of the few for the many.

“We will remember them,” said 14 Wing Commander Colonel Tom Goldie, speaking as part of the outdoor parade and service hosted at the Greenwood Military Aviation Museum airpark.

Two flights of 14 Wing personnel and the 14 Wing Band highlighted the ceremony, but guests of honour included veterans with the 107 Valley Wing Royal Canadian Air Force Association and Kingston Royal Canadian Legion Branch 098.

“The air battle raging 81 years ago across Britain made an impact on what the evolution of air forces around the world became, in defeating the enemy and highlighting the role of air power. The leadership, dedication and sacrifice of those brave, valiant individuals who became known as ‘the few’ made this possible.”



**14 Wing Greenwood Commander Colonel Tom Goldie: “Who were these heroes? We will remember them.”**

S. White



**14 Wing Greenwood Commander Colonel Tom Goldie placed a wreath on behalf of the wing, with Wing Chief Warrant Officer Jonathan Proulx.**

Sailor 1st Class J. Morris, 14 Wing Imaging



**Roger Brooks and Ben Cloney represented 107 Valley Wing Royal Canadian Air Force Association in laying a wreath during the ceremony.**

S.White

## October 8 marks VPI memorial service

VP International will hold its annual memorial service at 14 Wing Greenwood Friday, October 8, in remembrance of sacrifices made by long range patrol and reconnaissance aviators from 23 countries included in VPI's 6,000-person membership.

Members of VPI and guests are welcome to attend the brief service, with guests to be seated at the VPI memorial just inside the main gates of 14 Wing Greenwood by 12:45 p.m. The service will begin at 1 p.m., including an address by Colonel Tom Goldie, president of VPI in his role as 14 Wing commander, and the induction of any new names in VPI's Book of Remembrance. In case of inclement weather, the service will take place at the Annapolis Mess. A reception will follow the service, approximately 1:40 p.m. to 3 p.m., at the VPI Centre, just above the Greenwood Military Aviation Museum airpark.

This event is being organized with all COVID-19 public health measures in mind. Based on the expected Nova Scotia Phase 5 reopening, the October 10 service will be open to the public. The reception at the VPI Centre will require proof of double vaccination for admittance.



From left are Corporal Laxamana, Corporal Charrette, Corporal Belliveau, Master Corporal Rochefort, Master Corporal Morrison and Sergeant Inman, September 22 recipients of their Sentinel patch for successfully completing the Sentinel Training Program. Submitted

## 14 MSS welcomes new Sentinels to support team

**Lieutenant Shawn Trahan, Wing supply officer, 14 Mission Support Squadron - Replenishment**

Padre Lieutenant (Navy) Pickens arrived at 2 Hangar September 22 to present a number of 14 Mission Support Squadron members the Sentinel patch for successfully completing the Sentinel Training Program.

Established by the Royal Canadian Chaplain Service, the Canadian Armed Forces Sentinel Program is a peer support network made up of trained and supervised volunteer members of all ranks. The Sentinel Program is a vital support of the mental and physical wellbeing of all personnel in the CAF. The program is for anybody who needs to talk to someone; sometimes, it's easier to talk to someone of an equal rank or position.

The Sentinel Program is constantly evolving to meet command requirements. Once appointed, members take ongoing training each year, to maintain their knowledge and discover resources newly available. Having members at various ranks to talk to provides more opportunities for members to reach out and, when members wear their Sentinel patch, it shows they have the tools and knowledge to guide members who reach out to the vast amount of programs and resources available to them.

This is the time to reach out to receive support if you need someone to talk to, and these members will provide a vital role in contributing to Greenwood's peer support network and benefit all members on the wing.

Congratulations to all those who received their Sentinel patch, and a thank you to those

who have already received their patch and are proudly wearing them. The service you provide to 14 Wing Greenwood is much appreciated. ➔



**Master Corporal Coutu, left, and Master Sailor Germain received their Sentinel patches September 22 for successfully completing the Sentinel Training Program.**

Submitted

## 14 Fire & Emergency Services

### Fire Prevention Week

**RHU canvassing October 3, 6 & 7  
5 p.m. to 7:30 p.m.**



Do your smoke and CO alarms work?  
Are you fire-safe?

**Donations accepted for the  
NS Fire Fighters Burn Treatment Society**

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**Royal Canadian Air Force website**  
Site Web de l'Aviation royale canadienne  
www.rcaf-arc.forces.gc.ca

**CAF Connection Site**  
Site du portail communautaire des Forces canadiennes  
www.cafconnection.ca

**14 Wing Greenwood Site**  
Site de la 14e Escadre Greenwood  
www.airforce.forces.gc.ca/en/14-wing/index.page

**National Defence and the Canadian Forces**  
Défense nationale et Forces canadiennes  
www.forces.gc.ca

**Combat Camera** | Caméra de combat  
www.combatcamera.forces.gc.ca

**Recruiting** | Recrutement  
www.forces.ca

**Military Family Resource Centre**  
Centre des ressources pour les familles des militaires  
www.cafconnection.ca

**VPI** | VPI  
www.vpinternational.ca

14 Wing Health Promotion Tips, program highlights and resources | 14 Wing Fitness Online work-outs, resources and tips | 14 Wing Community Recreation Online activities, resources and fun | Annapolis Mess Special events and entertainment | 14 Wing Greenwood Winter Carnival/14e Escadre Carnaval d'hiver Annual winter Defence Team fun and challenge events | 14 Wing Greenwood PSP A wider resource for PSP entities (recreation, fitness, health promotion, news and events) | Greenwood Military Family Resource Centre Resources, activities and program highlights | 14 Wing Greenwood Bowling Centre Centre updates | 14 Wing Aquatics Pool recreation, competitive, training, news | 14 Wing Library Online story time, resources for learning and fun | Greenwood Military Police – Police militaire de Greenwood Safety, security and public information from 24 Military Police Flight | 14 Wing Combined Charities Wing activities in support of our community | 14 Wing Spiritual Resilience Page Hosted by the 14 Wing Chaplains, with spiritual support and resources | GMAM.ca Follow news and events at the Greenwood Military Aviation Museum | 14 Wing Welcome Schedule of events details | Lake Pleasant Campground 14 Wing's family campground

## Celebrate our Seniors

**Seniors Week, October 1-8**  
**Novascotia.ca/seniorsweek**

Older Nova Scotians are entrepreneurs, business leaders, volunteers, mentors, and caregivers. Celebrate their contributions to our communities.

**NOVA SCOTIA**



# Middleton’s MacLean wins Valley arts award

Middleton resident Maureen MacLean is the 18th annual recipient of the Valley Arts Award, awarded since 2004 by the Deep Roots Music Cooperative. The award recognizes someone who has worked for the development and/or promotion of Valley artists, arts events or culture; and has made a significant long-term contribution to the arts in Nova Scotia’s Annapolis Valley.

MacLean was raised in Liverpool, where she received her early music training. Following high school, she continued her musical studies at Mount Allison University. After two years teaching in Shelburne,

MacLean became the grades primary to 6 music teacher at Middleton Elementary School in 1969. She spent 25 years there.

At a member of Nova Scotia Registered Music Teachers Association, MacLean has taught harmony, history, organ, piano, choir, analysis, music rudiments and accompaniment. She continues to teach two students privately.

After three years as accompanist with the Middleton Choral Society (MCS), MacLean stepped into the conductor’s role in 1976. She retired from the society 43 years later just prior to the pandemic.

Recognizing that singing

is a physical endeavour, MacLean used the first 20 minutes of rehearsals for vocal warm-ups. Borrowing freely from musical friends, she constantly varied the exercises and drills. She would bring in expert musicians to conduct workshops, such as composer Gary Ewer. In 2005, MCS commissioned him to write “Nova Scotia Is Our Home” to celebrate the 400th anniversary of the Port Royal settlement.

At the time, Annapolis MLA Stephen McNeil moved a resolution in the House of Assembly: “Therefore be it resolved that all members of the House extend congratulations to the Middleton Choral Society and, in

particular, director Maureen MacLean, for all their hard work and effort on launching the premiere performance of ‘Nova Scotia is Our Home.’

As a singer herself, MacLean was devoted to the Nova Scotia Choral Federation (NSCF) choir camp each summer in Berwick, having attended the earliest one. Tim Callaghan, executive director of the federation, says of MacLean, “she is such a good musician and gentle soul who has been such an amazing supporter of both her community and the NSCF and has shaped the musical lives of countless people in the Valley.”

Former choral society member Erin Hennessy of Wolfville added, “Maureen’s quiet grace and dedication always paved the way for others to take the spotlight and shine. Her passion for the arts has had a far-reaching ripple effect that spans multiple generations of performers, choristers, and music lovers!”

After settling in the Valley, MacLean studied organ with Clarence Ledbetter, organist at Acadia University, subsequently earning the Royal Canadian College of Organists’ Colleague diploma.



Maureen MacLean of Middleton is the recipient of the Valley Arts Award, awarded by the Deep Roots Music Cooperative.

Submitted



## Conseils pour composer avec la saison de la grippe

(NC) La saison de la grippe approche à grands pas et beaucoup d’entre nous ont déjà adopté des comportements qui nous aideront à éviter de tomber malades. Si vous vous lavez les mains, que vous évitez de toucher votre visage et que vous portez un masque, vous vous demandez peut-être pour quelle raison vous devriez vous inquiéter de la grippe cette année.

En fait, il est plus important que jamais d’être proactif par rapport à la grippe cette année, car cela permet de désengorger les salles d’urgence et de renforcer notre système immunitaire.

«Comme plusieurs d’entre nous l’ont appris au début de la saison des allergies, le contexte actuel fait qu’il est très désagréable d’éternuer ou de tousser en public», explique Victor Wong, pharmacien à Pharmaprix.

La grippe peut survenir à tout moment et frapper fort en causant des symptômes comme une fièvre élevée, de la toux, des douleurs musculaires, des maux de tête, des frissons et de la fatigue pendant quelques jours, voire quelques semaines. Heureusement, en suivant ces quelques règles simples en cas de maladie, nous pouvons facilement endiguer la prolifération du virus de la grippe et empêcher les autres familles d’être exposées au virus.

Restez à la maison lorsque vous ne vous sentez pas bien. «Bien que plusieurs d’entre nous ont déjà envoyé leurs enfants à l’école ou à la garderie alors qu’ils étaient malades ou sont déjà allés au travail alors qu’ils n’étaient pas en forme, ce n’est plus envisageable aujourd’hui», indique monsieur Wong. «La grippe se transmet facilement et peut causer de graves symptômes chez les plus jeunes et chez les personnes âgées: faites preuve de courtoisie en restant à la maison avec vos microbes.»

Enseignez les notions de base à vos enfants. Utiliser un mouchoir lorsque le nez coule, tousser dans le creux de son coude et se laver les mains sont tous des gestes simples que les enfants peuvent poser pour freiner la propagation des microbes. Étant donné que la grippe se transmet par les muqueuses, vous pouvez aussi rappeler à vos enfants de ne pas mettre leurs doigts dans la bouche, dans le nez ou dans les yeux. «Rendez ces gestes amusants et vous en ferez une routine, suggère monsieur Wong. Montrer aux enfants à tousser comme un vampire ou leur apprendre une chanson de 20 secondes ou encore faire le décompte pendant qu’ils se lavent les mains sont d’excellentes façons de leur transmettre subtilement de bonnes pratiques d’hygiène.»

Faites-vous vacciner. «La vaccination fait partie de la prévention de la grippe et c’est l’une des meilleures choses que vous pouvez faire pour protéger votre famille et les autres», conseille le pharmacien propriétaire. «Un détour de quelques minutes à votre pharmacie locale pour vous faire vacciner contre la grippe pourrait épargner des semaines de souffrance à vous et à vos enfants. Vous pourriez même sauver la vie de quelqu’un d’autre.» ➔

## Berwick & Area Business Group Fall Fest



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• Three eight person pizza parties will be awarded, one to the random draw winner from each division: Ages 6 and under, Ages 10 and under, and Ages 14 and under. • Drop off your entry at the Berwick Town Hall, 236 Commercial Street, before noon October 29.

|                |               |
|----------------|---------------|
| Name: _____    | Number: _____ |
| Address: _____ | Age: _____    |

## TOWN WIDE SIDEWALK & YARDSALE

Town of Berwick • **October 9** • Starts at 8 a.m.  
**Multiple Small Business Specials**  
**Thanksgiving Shopping**

MONTH LONG  
HOME AND BUSINESS  
FALL DECORATING CONTEST

Judging evening **October 27**  
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| Sun  | Mon   | Tues | Wed                           | Thu   | Fri                          | Sat                                |
|--|---|------|-------------------------------|---|------------------------------|------------------------------------|
| <b>We are looking for volunteers to help with Bingo. Please send us an email at the above address if you can help.</b> | <b>Are you a Veteran? Are you releasing from the Canadian Armed Forces?</b> Join us at 1000 each Wednesday morning in the lounge at the Kingston Legion. Have a coffee and a snack & meet other Veterans. Hosted by RCL Branch 98 and the Greenwood MFRG. |      |                               |   |                              |                                    |
| <b>BINGO 1:30 p.m.</b> 3<br>Starting on October 3 proof of double vaccination & ID will be required.                   |   | 4    | 5                             | <b>Veteran Social 10 a.m.</b> 6<br>Special Guest speaker from Soldier On & Invictus Games | 7                            | 8                                  |
|  |   |      |                               | <b>*VON Foot Clinic</b>   |                              | <b>Darts Mixed League</b>          |
|  |   |      |                               |   |                              | <b>Meat Draw Chase the Ace!</b>    |
| <b>NO BINGO</b> 10   | <b>Happy Thanksgiving</b> 11  | 12   | 13                            | <b>*VON Foot Clinic</b> 14  | <b>Darts Mixed League</b> 15 | <b>Meat Draw Chase the Ace!</b> 16 |
| <b>BINGO 1:30 p.m.</b> 17  | <b>EXECUTIVE MEETING 7 p.m.</b> 18  | 19   | 20                            | <b>*VON Foot Clinic</b> 21  | <b>Darts Mixed League</b> 22 | <b>Meat Draw Chase the Ace!</b> 23 |
| <b>BINGO 1:30 p.m.</b> 24  | <b>GENERAL MEETING &amp; ELECTION 7 p.m.</b> 25   | 26   | 27                            |   | 28                           | 29                                 |
| <b>BINGO 1:30 p.m.</b> 31<br>Happy Halloween   |   |      | <b>Veteran Social 10 a.m.</b> | <b>*VON Foot Clinic</b>   | <b>Darts Mixed League</b>    | <b>Meat Draw Chase the Ace!</b>    |

\*To book an appt. with the VON foot clinic, you must call 1-800-411-9646

Legion Calendar Sponsored by **PHARMASAVE VALLEY DRUG MART**

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MUNICIPALITY of the  
COUNTY of KINGS

**2021 District Meetings**

From October 6 to November 30, the Mayor and Councillors for the Municipality of the County of Kings will be hosting community conversations in each district to share updates on the current and future work of the Municipality with citizens, and answer questions from community members.

**October**

**District 4 (Coun. Martha Armstrong)**  
Oct. 6, 7 p.m. – Kingston Fire Hall (570 Sparky Street)

**District 2 (Coun. Lexie Misner)**  
Oct. 12, 7 p.m. – Centreville Community Hall (1951 Highway 359)

**District 1 (Coun. June Granger)**  
Oct. 21, 7 p.m. – Canning MultiComplex (977 J Jordan Road)

**District 3 (Coun. Dick Killam)**  
Oct. 28, 7 p.m. – Black Rock Community Hall (4044 Black Rock Road)

**November**

**District 9 (Coun. Peter Allen)**  
Nov. 4, 7 p.m. – White Rock Community Centre (1542 White Rock Road)

**District 5 (Coun. Tim Harding)**  
Nov. 10, 7 p.m. – Millville Community Hall (659 Victoria Road)

**District 8 (Coun. Jim Winsor)**  
Nov. 18, 7 p.m. – Lynn Spencer Hall in Louis Millett Community Complex, New Minas (9489 Commercial Street)

**District 7 (Deputy Mayor Emily Lutz)**  
Nov. 23, 7 p.m. – South Berwick Community Hall (4518 Highway 1)

**District 6 (Coun. Joel Hirtle)**  
Nov. 30, 7:30 p.m. – Coldbrook & District Lions Club (1416 South Bishop Rd)

\*Public Health protocols regarding the COVID-19 pandemic will apply.  
Visit [www.countyofkings.ca](http://www.countyofkings.ca) for updates.\*



As Fire Prevention Week™ approaches, 14 Wing Greenwood Fire Department reminds residents:  
À l'approche de la semaine de prévention, le service d'incendie de la 14e Escadre Greenwood rappelle aux résidents :

# Learn the Sounds of Fire Safety™

What is your alarm telling you?

## Apprenez les sons de la sécurité incendie™

Que vous dit votre alarme ?



**Caporal Jon Lomenda**  
**Inspecteur des incendies**  
**Services d'incendie et d'urgence**  
**de la 14<sup>e</sup> Escadre**

À l'approche de la Semaine de la prévention des incendies, les Services d'incendie et d'urgence de la 14e Escadre Greenwood désirent encourager chaque personne à « Appren[dre] les sons de la sécurité incendie ». Nous sommes fiers de faire équipe avec la National Fire Protection Association pour vous présenter la campagne de cette année. Depuis plus de 90 ans, la National Fire Protection Association est le commanditaire officiel de la Semaine de la prévention des incendies et continue de soutenir les services d'incendie et d'urgence locaux pour accroître la sensibilisation à la prévention des incendies et à la sécurité incendie.

La campagne de cette année, qui se déroulera du 3 au 9 octobre, vise à sensibiliser les personnes aux mesures simples et importantes qu'elles peuvent prendre pour assurer leur sécurité et celle de leurs proches. Vous vous demandez peut-être à quoi peuvent ressembler les sons de la sécurité incendie. Venez nous voir et nous serons heureux d'en discuter avec vous. Les Services d'incendie et d'urgence de la 14e Escadre Greenwood encouragent tous les résidents et les employés à explorer le thème de la Semaine de la prévention des incendies de 2021. « Savez-vous ce que signifient les différents sons émis par les détecteurs qui se trouvent dans votre domicile? Est-ce que votre détecteur de fumée ou de monoxyde de carbone émet un bip ou un gazouillis? », demande le capitaine Peter Kearley, chef des Services d'incendie de la 14e Escadre. « Connaître la

différence peut vous sauver et sauver votre domicile et votre famille ». « Il est important de connaître les différents sons que les détecteurs de fumée ou de monoxyde de carbone émettent. Lorsqu'un détecteur fait du bruit, que ce soit un bip ou un gazouillis, vous devez agir! », dit l'adjudantmaître Colin Farmer, chef adjoint des Services d'incendie. « Veillez à ce que chaque personne de votre domicile comprenne les sons des détecteurs et sache comment réagir. Pour connaître les sons de vos détecteurs de fumée ou de monoxyde de carbone particuliers, consultez les instructions du fabricant qui se trouvent dans la boîte ou faites une recherche en ligne sur la marque et le modèle ». Les Services d'incendie et d'urgence de la 14e Escadre Greenwood désirent vous donner quelques conseils de sécurité pour vous aider

à connaître les sons de la sécurité incendie :  
• une série continue de trois bips bruyants signifie qu'il y a de la fumée ou un incendie. Mettez-vous en sécurité à l'extérieur, composez le **911** et restez à l'extérieur dans un endroit sécuritaire;  
• un seul gazouillis émis tous les 30 à 60 secondes signifie que la pile est faible et qu'elle doit être remplacée;  
• un gazouillis émis après le changement de la pile signifie que le détecteur a atteint la fin de son cycle de vie et qu'il doit être remplacé;  
• tous les détecteurs de fumée doivent être remplacés après dix ans;  
• vous devez veiller à ce que vos détecteurs de fumée ou de monoxyde de carbone soient adaptés à tous les membres de votre famille, y compris les membres souffrant d'un handicap sensoriel ou physique. ➔

services to raise awareness for fire prevention and fire safety. This year's campaign, October 3 to 9, works to educate everyone about simple and important actions they can take to keep themselves and those around them safe. You may be asking yourself, "What could fire safety possibly sound like?" Come find us and we will be happy to let you know. 14 Wing Greenwood Fire & Emergency Services encourages all residents and employees to embrace the 2021 Fire Prevention Week theme. "Do you know what the different sounds coming from the detectors in your home mean? Is there a beep or a chirp coming out of your smoke or carbon monoxide alarm?" 14 Wing Fire Chief Cap-

tain Peter Kearley asks. "Knowing the difference can save you, your home and your family." "It's important to learn the different sounds of smoke and carbon monoxide alarms. When an alarm makes noise, whether it is a beeping sound or a chirping sound, you must take action!" says Deputy Wing Fire Chief master Warrant Officer Colin Farmer. "Make sure everyone in your home understands the sounds of the alarms, and knows how to respond. To learn the sounds of your specific smoke and carbon monoxide alarms, check the manufacturer's instructions that came in the box, or search the brand and model online." 14 Wing Greenwood Fire & Emergency Services wants to

you to know some safety tips to help you Learn the Sounds of Fire Safety:  
• A continuous set of three loud beeps means smoke or fire! Get to safety outside, call **9-1-1** and stay outside in a safe area  
• A single chirp every 30 to 60 seconds means the battery is low and must be changed  
• Chirping that continues after the battery has been replaced means the alarm is at the end of its life and the unit must be replaced  
• All smoke alarms must be replaced after 10 years  
• Make sure your smoke and CO alarms meet the needs of all your family members, including those with sensory or physical disabilities ➔

## Fire Prevention Week | October 3-9, 2021 Semaine de la prévention des incendies | octobre 3-9, 2021



14 Wing Greenwood Fire & Emergency Services is participating in a series of events in support of this year's Fire Prevention Week campaign, "Learn the Sounds of Fire Safety," including:

**Monday, October 4**  
• Dwight Ross Elementary School | morning  
**Monday, October 4**  
• Sobey's | 4 p.m. - 8 p.m.  
**Wednesday, October 6**  
• Morfee Centre Day Care & Pre-School | morning

**Wednesday, October 6**  
• Great Canadian Dollar Store, Kingston | 4 p.m. - 8 p.m.  
**Thursday, October 7**  
• École Rose-des-Vents | morning  
**Saturday, October 9**  
• Greenwood Mall | 11 a.m. - 4 p.m.

Les Services d'incendie et d'urgence de la 14e Escadre Greenwood participent à une série d'activités à l'appui de la campagne de la Semaine de la prévention des incendies de cette année, y compris :

**Lundi 4 octobre**  
• École élémentaire Dwight Ross | avant-midi  
**Lundi 4 octobre**  
• Sobey's | 16 h à 20 h  
**mercredi 6 octobre**  
• Services de garderie et de programmes préscolaires du Centre AVM Morfee | avant-midi  
**mercredi 6 octobre**  
• Great Canadian Dollar Store de Kingston | 16 h à 20 h  
**jeudi 7 octobre**  
• École Rose-des-Vents | avant-midi  
**samedi 9 octobre**  
• centre commercial Greenwood | 11 h à 16 h

Interconnect all smoke alarms throughout the home for the best protection. When one sounds, they all sound.  
**Keystone Monument & Granite Products**  
175 Commercial St., Berwick, N.S.  
T: (902) 538-1321 F: (902) 538-3873  
keystonemonument@eastlink.ca  
www.keystonemonuments.com

Les détecteurs de fumée photoélectrique sont les meilleurs types d'alarmes à installer près de la cuisine et des salles de bain pour réduire le nombre de fausses alarmes.  
**Village of Aylesford**  
*Cranberry Capital of Nova Scotia*  
aylesfordvillage@eastlink.ca  
**902-847-0827**

Every home needs working smoke alarms. Test smoke alarms at least once a month using the test button. And change batteries when the time changes.  
**Valley Communications**  
217 Belcher Street, Kentville, NS  
www.valleycommunications.ca  
**902-678-4962**

New multi-criteria smoke alarm technology will state "helps reduce cooking nuisance alarms" on the packaging. Consider using multi-criteria alarms when it is time to replace existing photo-electric or ionization alarms.  
**Village of Greenwood**  
904 Central Ave., **902-765-8788**  
villageoffice@greenwoodns.ca

Install smoke alarms away from the kitchen to prevent nuisance alarms. They should beat least 10 feet (3 metres) from a cooking appliance.  
**Russell Insurance Group Limited**  
1268 Victoria Rd, P.O. Box 279  
Aylesford, NS B0P 1C0  
902-847-3274 | Visit us at www.rigl.ca

When people who are deaf are asleep, a pillow or bed shaker should be used to wake them and alert them to fire conditions. This device is activated by the sound of a standard smoke alarm.  
**AA Munro Insurance**  
635 Bowlby Park Drive, Kingston | **902-765-8110**  
www.aamunro.com | greenwoodoffice@aamunro.com

Suivez les instructions de nettoyage des fabricants de détecteurs de fumée pour assurer leur bon fonctionnement. Ces instructions sont incluses dans l'emballage des détecteurs de fumée ou peuvent être trouvées sur Internet.

Smoke alarms with non-replaceable (long-life) batteries are designed to remain effective for up to 10 years. If the alarm chirps, warning that the battery is low, replace the entire smoke alarm right away.  
**Aurora Inn**  
831 Main Street, Kingston, NS  
aurorainn.net | **902-765-6348**

Un détecteur de fumée à ionisation est plus sensible aux flammes vives, tandis qu'un détecteur de fumée photo-électrique est plus sensible aux feux couvants.  
**Sobey's**  
*Canada's Family Grocery Store*  
720 Central Ave., Greenwood  
**902-765-4033**

Follow the manufacturer's instructions for cleaning to keep smoke alarms working. The instructions are included in the package or can be found on the internet.  
**Canadian Tire**  
*The Valley's Premier Hunting & Firearm Shop*  
730 Central Ave., Greenwood  
**902-765-6338**

Replace all smoke alarms when they are 10 years old. Replace any smoke alarm that does not respond after a new battery has been installed.  
**Steve Morse Heavy Towing Light Roadside**  
24 Hour Service • **902-825-7026**  
www.morsetowing.ca

Remplacez tout détecteur de fumée qui ne fonctionne pas après l'installation d'une nouvelle pile.  
**Pharmasave Valley Drug Mart**  
Kingston Middleton  
**902-765-2103 902-825-4822**



**Corporal Jon Lomenda,**  
**Fire inspector,**  
**14 Wing Fire & Emergency Services**

With Fire Prevention Week approaching, the 14 Wing Greenwood Fire & Emergency Services wants to encourage everyone to "Learn the Sounds of Fire Safety.." We are proud to be teaming up with the NFPA (National Fire Protection Association) to bring you this year's campaign! The NFPA has been the official sponsor of Fire Prevention Week for more than 90 years and continues to support local fire departments and emergency

**FIRE DRILL**  
14 Wing Greenwood Fire & Emergency Services emergency crews will also be performing random evacuation drills throughout the 14 Wing base area to evaluate everyone's emergency preparedness. To find out more about Fire Prevention Week programs and activities in 14 Wing Greenwood, please contact 14 Wing Fire & Emergency Services at [14WingFireDepartment@forces.gc.ca](mailto:14WingFireDepartment@forces.gc.ca). For general information about Fire Prevention Week and fire prevention, visit [fpw.org](http://fpw.org).  
L'équipe des Services d'incendie et d'urgence de la 14e Escadre Greenwood effectuera également des exercices d'évacuation aléatoires dans l'ensemble du secteur de la 14e Escadre pour évaluer l'état de préparation de tout le monde face aux situations d'urgence. Pour en apprendre davantage sur les programmes et les activités de la Semaine de la prévention des incendies qui auront lieu à la 14e Escadre Greenwood, veuillez communiquer avec les Services d'incendie et d'urgence de la 14e Escadre à l'adresse [14WingFireDepartment@forces.gc.ca](mailto:14WingFireDepartment@forces.gc.ca). Pour obtenir de plus amples renseignements sur la Semaine de la prévention des incendies, visitez le site [fpw.org](http://fpw.org) (en anglais seulement).







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| Blended Fuel (Furnace Light)      | South Shore: Chester to Bridgewater | 902-527-0737 – Bridgewater |

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## Protecting yourself online – 3 stressful purchases that fraudsters target

(NC) More and more of us are conducting our lives online, purchasing products like insurance, getting quotes for renovations or applying to jobs. While these moments are often already stressful, they are also perfect opportunities fraudsters prey on.

Aviva Canada has a fraud hub that allows you to report suspicious sites or possible scams. As you're navigating the web, here are some tips from the insurance company to avoid getting duped when you're doing business online.

**Avoid anything that looks too good to be true** - Criminals can easily set up convincing sites to look like the real thing - it's known as spoofing. That's why you should do a little research when you see an amazing deal, particularly when it comes to purchasing insurance online.

Fake insurance sites will trick people with the promise of very cheap coverage. So ask yourself, is the quote you're getting seem too low to be true? Is everything spelled correctly? Does their website name look right? If you're at all suspicious, stay away.

**Applying for a job? Make sure it's the real deal** - Some fraudsters will contact people through social media and other messaging platforms (such as WhatsApp), asking them to share their personal details or pay money in order to apply for a job. To trick people into thinking the job posting is real, using a company's brand and public information from the official company website.

No employer will ask you to send money to apply for a job. If you have any doubts about the legitimacy of the job posting, get in touch with the organization itself or check to see if the job is listed on their LinkedIn or Careers page.

**Unbelievably low bids for repairs** - When you're searching for a contractor to make repairs or renovations to your home, some will immediately call or email you to offer a low bid that is far below what any other construction companies in the area charge.

Once the job starts, unexpected costs and unforeseen problems may suddenly appear. Some contractors may even resort to stopping all work after your home is partially demolished if additional payments aren't made. Always get a couple of quotes from reputable companies to compare before deciding on one. If a company offers the same job for a price that is too good to be true, it probably is. →

## Community Health Boards' Wellness Funds grant application deadline approaching

Pat Nixon,  
Chair, Kingston Greenwood  
Community Health Board

What is the Kingston Greenwood Community Health Board? The CHB is a group of volunteers from the Kingston/ Greenwood community. We gather your ideas and share information about how to improve and promote health and wellness where we live, work, play and learn; focusing on the many factors that affect health and wellness in our communities, including income, education and sense of belonging, among others.

Advocating for actions to promote and improve health and wellness, based on what our community has said, is most important: we are guided by our Community Health Plan, we develop partnerships with community groups and we award Wellness Fund grants to community projects that align with priority areas. The application process



Kingston Greenwood Community Health Board chair Pat Nixon, with board members Kellie Haldane and Heather Young, hosted an information booth at the recent 14 Wing Greenwood Wing Welcome event.

Submitted

for Wellness Fund grants closes October 15 at 5 p.m. Funding is intended for new and innovative programs that advance community health board priorities. Programs are considered to be organized activities grounded in active participation from community members in support of the social determinants of health and population health goals. Grants typically range anywhere from \$250 to \$3,000. The maximum

## Coastline calls task SAR crews

September 23, just before 8 p.m., the Halifax Joint Rescue Coordination Centre tasked a Cormorant helicopter from 14 Wing Greenwood's 413 (Transport and Rescue) Squadron to the Saint John River area to search for a person who fell overboard from a pontoon boat. The helicopter returned to Greenwood at 12:37 a.m. September 24.

September 24, just after 3 p.m., both a Cormorant and a Hercules aircraft were tasked by JRCC to respond to a 34-foot vessel 25 nautical miles east of Halifax with two individuals on board. Both aircraft returned to Greenwood after 6 p.m.

September 27, JRCC tasked a Hercules just before 10 a.m. to look for an EPIRB sounding

submitting your proposal, you are strongly encouraged to contact your local CHB coordinator, Louise Hanavan a call at 902-526-0369, to ensure your program meets the application guidelines.

We are currently participating in a collaborative committee with other Valley community health boards to advocate for safe, affordable and appropriate housing, working with the Kings County Food Council and School Food Working Group; and advocating for Universal Basic Income and national funding for school food programs, amongst other initiatives.

Currently, the KGCHB has seven members on its board, and is always looking for new board members. The CHB would encourage youth representatives from our community as well. If becoming a member of our board interests you, contact Hanavan for more information on membership. →

emergency personnel and family.

September 28 just before 2 p.m., Cormorant R901 was tasked while airborne to investigate a C206 aircraft on floats having difficulty maintaining altitude near Turf Lake, Nova Scotia. R901 stood down en route as the aircraft landed safely on a lake short of Runway 23 in Halifax. →

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## classifieds

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

Les annonces classées doivent être réservées et payées à l'avance avant 10 h, le mercredi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/ or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

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sudoku solution

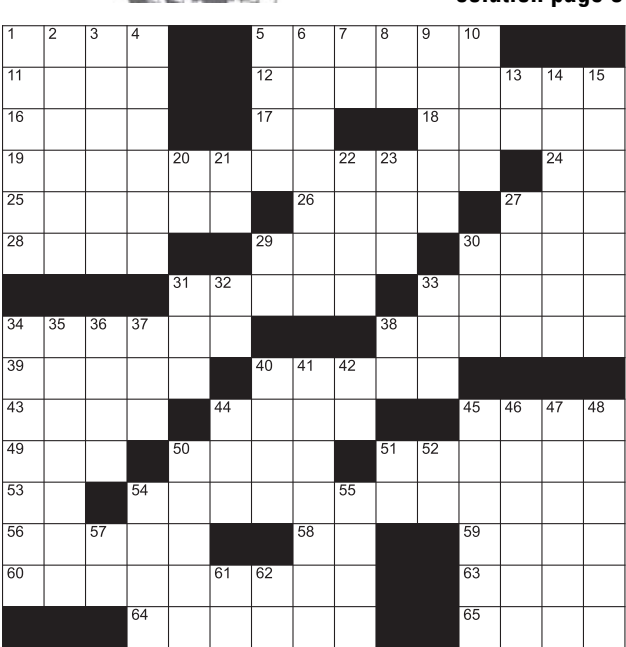
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The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email [auroraeditor@ns.aliantzinc.ca](mailto:auroraeditor@ns.aliantzinc.ca). Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse [auroraeditor@ns.aliantzinc.ca](mailto:auroraeditor@ns.aliantzinc.ca). Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédent la publication, à moins d'avis contraire.



- ACROSS**
- 1. Leg shank
  - 5. A way to recognize
  - 11. 'VeggieTales' character
  - 12. Getting out of by cunning
  - 16. Mythological mountain
  - 17. Atomic #18
  - 18. Viscous liquid
  - 19. 2010 Denzel film
  - 24. 12th star in a constellation
  - 25. Made better
  - 26. Pouches
  - 27. Nervous twitch
  - 28. This (Spanish)
  - 29. Tennis legend Bjorn
  - 30. Hand (Spanish)
  - 31. Afrikaans
  - 33. Int'l interpreters organization (abbr.)
  - 34. Treated with kid gloves
  - 38. Leaseholder
  - 39. Frogs, toads, tree toads
  - 40. Popular dance
  - 43. Sailing maneuver: tack & ...
  - 44. Indicates speed of rotation (abbr.)
  - 45. Mark
  - 49. Health insurance
  - 50. Custom clothing
- DOWN**
- 1. A way to fit out
  - 2. Football carries
  - 3. Force out
  - 4. Maintaining equilibrium
  - 5. Sealed with a kiss
  - 6. Type of container
  - 7. Hollywood ducks
  - 8. We
  - 9. Small freshwater
  - 10. Norse personification of old age
  - 13. Says who you are
  - 14. Candidate
  - 15. Sugar found in honey and sweet fruits
  - 20. Detunct language (abbr.)
  - 21. Take too much
  - 22. Iranian province
  - 23. Records electric currents
  - 27. ... and feathers
  - 29. Beloved Mr. T character
  - 30. More (Spanish)
  - 31. Beverage
  - 32. Promotional material
  - 33. Green vegetable
  - 34. National capital
  - 35. To any further extent
  - 36. Swollen, inflamed lymph node
  - 37. Anger
  - 38. Pound
  - 40. Popular Yugo
  - 41. Salt of acetic acid
  - 42. Millihenny
  - 44. Israeli city ... Aviv
  - 45. Make wider
  - 46. Drink containing medicine
  - 47. Acknowledging
  - 48. Private, romantic rendezvous
  - 50. Calvary sword
  - 51. Disease of the lungs
  - 52. 2001 Spielberg film
  - 54. Fleshy, watery fruit
  - 55. In one's chambers
  - 57. Set of information (abbr.)
  - 62. Dorm employee
  - 63. Indicates position

**NOTICE: Many community events may change details as gatherings are affected by public health guidance around COVID-19. Please check ahead with the organizers, as submission dates and Aurora press deadlines are in advance of distribution.**

**Greenwood curling meet & greet**  
October 6, 6:30 p.m., the 14 Wing Greenwood Curling Club hosts a meet and greet and registration night to ready for the new season at the club. Come out and meet old friends and make some new ones.

**National Association of Federal Retirees Western NS Branch meeting**  
October 6 is the deadline to register to attend the October 20, 11:30 a.m. meeting of the National Association of Federal Retirees Western NS Branch at the Kingston Legion, 1472 Veterans Lane, Kingston. Business is the presentation of the 2022 budget. Roast beef dinner (\$10 for members and \$15 for invited guests). If you wish to attend, please email [NAFR75@gmail.com](mailto:NAFR75@gmail.com) or call Carolyn/

Bill at 902-765-8590 by October 6. Proof of both COVID-19 vaccinations is required. Bring someone eligible for membership in NAFR and your name will be entered in a draw for a gift certificate.

**VPI memorial service**  
October 8, 1 p.m., VP International will hold its annual memorial service at 14 Wing Greenwood in remembrance of sacrifices made by long range patrol and reconnaissance aviators from 23 countries. Guests should be seated at the VPI memorial just inside the main gates by 12:45 p.m. The service will include an address by 14 Wing Commander Colonel Tom Goldie and the induction of any new names in VPIs' Book of Remembrance. In case of inclement weather, the service will take place at the Annapolis Mess. A reception will follow, approximately 1:40 p.m. to 3 p.m., at the VPI Centre (reception admittance will require proof of double vaccination).

**Girl Guide cookies in Berwick**  
October 9, Berwick Girl Guide units of all ages will be set up outside Wilson's Pharmasave, Home Hardware and Bargain Harley's with a drive-thru at the Berwick town hall – rain

or shine - with the classic chocolate and vanilla sandwich cookies, \$5 a box. Thank you for supporting girl greatness!

**Yard sale and ticket auction**  
October 9, 10 a.m. to 3 p.m., drop into the Windermere Hall for a fundraiser for the community hall and Cancer Society. Includes: yard sale tables, raffle, ticket auction, 50/50 draw. Free admission.

**Greenwood curling meet & greet**  
October 12, 6:30 p.m., the 14 Wing Greenwood Curling Club hosts a meet and greet and registration night to ready for the new season at the club. Come out and meet old friends and make some new ones.

**Take-out harvest supper**  
October 15 is the deadline to pre-order tickets for the All Saints A.C.W. fall harvest take-out supper, happening October 16, 4 p.m. to 6 p.m. Menu: ham, baked beans, scalloped potatoes, peas, pumpkin pie, apple pie. Adults \$12, children \$6. You must call before Oct. 15 evening to pre-order your meal: 902-760-0729 or 902-765-3753. Pick up will be at the church hall, 521 Pleasant Street, Kingston (turn west off Bridge Street).

## The Extra End – Greenwood Curling Club readies for season

The 2021-22 Curling season begins in a few short weeks at the 14 Wing Greenwood Curling Club.

This year's schedule will be Monday – men, Tuesday – women, Wednesday afternoon – intersection, Wednesday – mixed, Thursday after school – junior (4:15 p.m. to 5:45 p.m.) and Sunday afternoon – stick (tentative based on participation interest). All leagues start at 7 p.m., other than junior, intersection and stick. Dependant on interest, we may form an after work league. This would more than likely be from 4:30 p.m. to 6 p.m. one night a week, and fees are yet to be determined.

We are hoping we can host our closing bonspiels and other events this year, dependant on health guidance. We will be hosting a meet and greet and registration night for new and returning members October 6 and 12 at 6:30 p.m. at the curling

club. You will need to show your 14 Wing Community Recreation Card at time of registration and a picture ID will be required for access to the wing. Proof of double COVID-19 vaccination will also be required for play. We may or not be accepting registration at the first meet and greet, as we are breaking in new procedures and equipment.

For new adult curlers or players who wish a little refresher, a "learn to curl" event will be scheduled when the ice is ready. We will accept registration for this event at either the meet and greets or by contacting a member of the club executive.

Follow us on Facebook (14 Wing Greenwood Curling Club) for updates and other info. As in past years, a call for volunteers to paint the ice and some other jobs will be posted here. You may also contact the club at [gwdcurling@gmail.com](mailto:gwdcurling@gmail.com).



## October 3 to October 9

**ARIES - Mar 21/Apr 20**  
Aries, be gentle with your approach this week as you look to persuade someone. You don't want to scare anyone away by being too flashy or forward.

**TAURUS - Apr 21/May 21**  
This is a great time to go out and try to grab yourself a bargain, Taurus. Head to a thrift store or garage sale, or even test your negotiation skills at a car dealership.

**GEMINI - May 22/Jun 21**  
Gemini, situations that have slowly been building will finally come to a head this week. A resolution will be better than the roller coaster you have been on recently.

**CANCER - Jun 22/Jul 22**  
Cancer, you may have little motivation this week. One or two days of relaxation could be just what you need to recharge. Expect to reemerge full of renewed vigor.

**LEO - Jul 23/Aug 23**  
Leo, issues involving your finances take center stage. It is time to do some long-term financial planning and get all of your ducks in a row. Ask for assistance if you need it.

**VIRGO - Aug 24/Sept 22**  
Virgo, someone may be trying to slow you down, and you're not having any of it. Keep yourself busy at all times this week and assess your priorities.

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Monarch caterpillar



Monarch chrysalis



Monarch butterfly, resting on a seedpod of the Common Milkweed plant before embarking to overwintering grounds in Mexico.

## Wing watching for monarch butterfly activity

**Arianne Janes, Wing Environment monitor**

Monarch butterflies (*Danaus plexippus*) are listed as under Special Concern in the federal Species at Risk Act, due to threats to their survival from habitat loss, fragmentation from unsustainable forestry and agricultural practices and the use of herbicides and pesticides.

14 Wing Greenwood, through Wing Environment, actively monitors and protects monarch butterfly activity on Department of National Defence land as part of its commitment to the Species at Risk Act.

Monarchs rely on plants in the milkweed family to places to lay eggs, as these plants are the only food source for monarch caterpillars. Milkweed contains a toxic substance to humans, but this helps protect the caterpillars from predators. This toxin makes the caterpillars poisonous to birds, insects and other predators - and reminds them not to eat a monarch again!

Two species of milkweed

are found in Nova Scotia: Common Milkweed (*Asclepias syriaca*) and Swamp Milkweed (*Asclepias incarnata*). Common milkweed is considered a noxious weed, as it spreads fast by seed and rhizomes and can take over a small area relatively quickly. Swamp Milkweed, on the other hand, is slow spreading and will not take over your gardens. The first step in helping monarchs as a species at risk is to ensure suitable habitat is available to them. This includes reduced mowing of milkweed between June and October and planting Swamp Milkweed and other native wildflower species.

Monarchs migrate to Nova

Scotia in early June, when they lay their eggs and produce two to three generations of new caterpillars and butterflies. It takes about 30 days from the time an egg is laid to when a butterfly emerges from its chrysalis. The new butterfly then starts its migration back to overwintering grounds in Mexico between August and October.

The Species at Risk Act is implemented to aid in the recovery of extirpated, endangered and threatened wildlife species within Canada and to prevent their potential disappearance as a result of human activity. The Committee on the Status of Endangered Wildlife in Canada is an independent panel of wildlife biologists

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## Women's base hockey looking for players

The 14 Wing Greenwood women's hockey team is looking for players. All skills levels are welcome.

Practice times will be Mondays, 3:45 p.m. to 4:45 p.m., and Fridays, 2:45 p.m. to 3:45 p.m. There will be a tournament taking place in the new year in lieu of regionals.

If you are interested, contact Corporal Brooke Taylor, Brooke.Taylor@forces.gc.ca, or Captain Allison Berghenush, Allison.berghenush@forces.gc.ca.

## Booking deals on last fall days at Lake Pleasant Campground

Do you have time for one last trip to the lake this fall? Lake Pleasant in Springfield, the Personnel Support Program campground, remains open to the end of October and is offering 30 per cent off two- and three-night cabin stays

and BOGO 50 per cent off campsite rentals.

Reach Cindy and Nicole at the campground office, 902-547-2882 or lakepleasantcampground@gmail.com; or through "Lake Pleasant Campground" on Facebook/ Messenger. ➔

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# Air Cadets welcomes youth for new fall programming



Are you looking for a program that engages youth ages 12 to 18? Do you have an interest or curiosity in aviation?

517 F/Lt Graham Royal Canadian Air Cadets is actively recruiting. The unit parades Wednesday evenings out of the Birchall Training Centre at 14 Wing Greenwood, from 6:30 p.m. to 915 p.m.

Over the past year, we have had both in-person and virtual activities. Being virtual allowed us to engage guests from across the country,

opening up a whole new way of bringing us together. Our footprint may have changed, but we are still here.

If you are interested in joining 517 Air Cadet Squadron, email [517air@cadets.gc.ca](mailto:517air@cadets.gc.ca) or [517flt-graham@gmail.com](mailto:517flt-graham@gmail.com), or check out the self-registration platform at [Canada.ca/National Security/Canadian Armed Forces/Cadets and Junior Canadian Rangers/Cadets](http://Canada.ca/National_Security/Canadian_Armed_Forces/Cadets_and_Junior_Canadian_Rangers/Cadets) to find a unit near you.

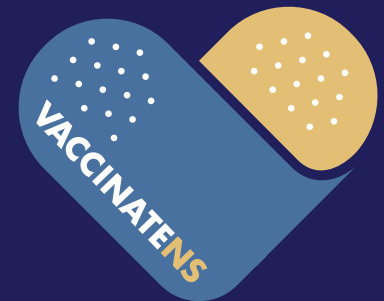
Come join, and bring a friend. ➔



**517 F/Lt Graham Royal Canadian Air Cadets meets at 14 Wing Greenwood, and welcomes returning and new youth ages 12 to 18 as fall programs get underway.**

Submitted

## How to get your Nova Scotia COVID-19 Proof of Vaccination



**Starting October 4 people aged 12 and over will need to show proof of full COVID-19 vaccination to participate in most events and activities that bring people together.**

A COVID-19 vaccination record contains your name, date of birth, and information about the COVID-19 vaccine you received.

You can download your vaccination record to your mobile device or print it out. Be prepared to show it with ID.

- If you provided an email to book your appointment, you received a digital copy of your vaccination record (email is sent from [noreply@canimmunize.ca](mailto:noreply@canimmunize.ca)).
- Get your vaccination record online with your health card number and the email address or phone number used to book your appointment: **[NovaScotia.ca/Proof](https://NovaScotia.ca/Proof)**
- To request a copy by phone, call **1-833-797-7772** Monday to Friday, 7am to 7pm.