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Wing rolling up its sleeves Work underway on 60-day, mass vaccination program

Sara White,
Managing editor

14 Wing Greenwood is preparing to put needles in arms, as the Moderna COVID-19 vaccine will soon arrive on base for military members.

“We’re aiming to complete our vaccination program within 60 days of receipt of the vaccine,” says Wing Commander Colonel Brendan Cook. “There is a significant organizational and logistical effort that must accompany that work to ensure success. No fly days will be planned, as required, to ensure the mass vaccination campaign can move as quickly as possible. Some impact to operations and training is acceptable.”

14 Wing’s vaccination program will extend beyond the base to units within

its area of responsibility, including 14 Construction Engineering Squadron and personnel at 5th Canadian Division Support Base Detachment Aldershot. It will include Regular Force, eligible Reserve Reserve Force members (contracts over 180 days) and a select number of civilian employees associated with specific operations.

Immunization on the wing is prioritized in accordance with the CAF COVID-19 Vaccine Prioritization Framework and is summarized as follows: health care professionals, personnel with COVID-related risk factors, first responders (Military Police, firefighters, search and rescue aircrew), essential support such as personnel deploying or posted outside of Canada, members engaged with training



26/ 27 Canadian Forces Health Services medical technician Corporal Daniel Bowker, left; and community health nurse Colin Muise, accepted an 800-dose delivery April 14 of Moderna COVID 19 vaccine. The clinic expects to have every military member at 14 Wing Greenwood who wants a vaccine fully inoculated in 60 days, from the start of a mass immunization clinic getting underway April 20.

S. White

and education activities, and everyone else. Civilian employees and ineligible Reserve Force personnel will access the COVID-19 vaccine through Nova Scotia health care providers.

Cook expects to personally monitor the vaccination program week-to-week once underway as part of the wing’s “battle rhythm”

against the spread of COVID-19 and variants.

“Attendance at the mass vaccination clinic will be mandatory, so we can ensure 100 per cent of military members are briefed and have the opportunity to ask any questions they have about the vaccine and to make an informed choice with a medical professional,

in private,” Cook says.

Vaccination of CAF personnel must follow the principles of informed consent as a matter of medical and professional ethics. 26/ 27 Canadian Forces Health Services personnel expect to lead 10 bilingual briefings a day and operate the vaccination clinics, to all COVID-19 safety protocols.

As military members finish the briefing, they will have a private opportunity to be vaccinated. If they opt out of the COVID-19 vaccine – as with any other vaccine – it may affect deployability to certain high-risk environments or with vulnerable populations.

As vaccination continues, all members of the Defence Continued on page 2...

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You may now wear a colourful sign of 14 Wing Greenwood on your military uniform sleeve: the wing's heraldic crest is now an approved shoulder patch. Sporting the new crest are, from left, Wing Chief Warrant Officer Dan Campbell, Wing Commander Colonel Brendan Cook and Sergeant Justin Kubis. Captain A. Bergenhus

Full colour patch promotes 14 Wing

Sara White,
Managing editor

14 Wing Greenwood military personnel may now wear the wing's heraldry in full colour on their uniform.

A new, approved crest is now available as an option for the single-green, shaded patch approved for shoulder wear now. Both the green and colour options have been permitted for a couple of years, but the full-colour patch had to meet a few more production requirements. This new patch is PVC, full-colour, plastic, and features better clarity

than an embroidered version would. It can be wiped clean – a great bonus for technicians, or left on through a laundry, for those who don't remove their insignia with every wash.

"You can now wear either one – the green or the colour version – on your uniform, or some people will use them in shadow box displays," says Sergeant Justin Kubis, the wing chief warrant officer's assistant. "I think people will like the colour option – you can see the details and the patch itself better, and they look really nice."

The crests are not manda-

Vaccination...

...cover

Team are encouraged to stay on guard: continue to follow local public health guidelines, wash their hands, keep their physical distance, wear a mask and get the vaccine when it is available to them.

"Broad vaccination – as soon as possible – is the best chance we have to maintain operational readiness, resume normal activities and prevent further infection, including the rise of viral variants," says Cook.

All members of 14 Wing will be contacted to attend a clinic for the vaccination brief followed by an opportunity to receive a vaccine. 14 Wing members with questions on the wing's



Community health nurse Colin Muise does a temperature check on 800 doses of Moderna COVID-19 vaccine as they arrive at 26/ 27 Canadian Forces Health Services April 14. The clinic expects to have every military member at 14 Wing Greenwood who wants a vaccine fully inoculated in 60 days, from the start of a mass immunization clinic getting underway April 20.

S. White

vaccination program, are representative found on the 14 Wing splash page. →

Medevac calls keep SAR crews busy

April 8, the Halifax Joint Rescue Coordination Centre tasked a 413 (Transport and Rescue) Squadron CC130 Hercules from 14 Wing Greenwood, around 8:30 a.m., to provide top cover for a Gander Cormorant performing a medevac 190 nautical miles east of St. John's. One crewmember from the fishing vessel Mersey Venture was successfully airlifted and transported to St. John's and an awaiting ambulance. The Hercules returned to Greenwood just after 5 p.m.

April 9, just before 1 p.m., Cormorant Rescue 904 and Hercules Rescue 344 left 14 Wing to medevac a sailor from a fishing vessel near Sable Island. The helicopter successfully extracted the individual and flew to Shearwater, while the Hercules flew top cover. Both aircraft returned by Greenwood before 5 p.m.

April 10, a Gander-based Cormorant was tasked on a medevac 70 miles east of Nain, Newfoundland and Labrador. A Greenwood-based Hercules was dispatched to provide top cover just after 3 a.m. The patient transfer was successfully completed to Goose Bay, with the Hercules stood down just before 10 a.m., returning to Greenwood by noon. →



The CP140M Aurora, currently flown by 405 Squadron.

405 Squadron celebrates 80th anniversary April 23

Pathfinders mark long history of firsts

Bert Campbell,
405 Squadron Association

April 23, 405 Squadron will celebrate 80 years of excellence in Canadian and global operations. With a proud and storied history of firsts, squadron members continue to protect Canadians, contribute to allied efforts in anti-submarine warfare and intelligence, surveillance and reconnaissance and look forward to maintaining the squadron's reputation as a leader in its long range patrol roles.

In 1941, 405 Royal Canadian Air Force Squadron formed at Driffield, Yorkshire, equipped with the Vickers Wellington bomber. Ten weeks later, it flew the RCAF's first bombing operation, attacking the railway marshalling yards at Schwerte. In April 1942, the squadron converted to the Handley Page Halifax and took part in the historic 1,000-bomber raid on Cologne in May. August 1, the squadron converted to fly the Avro Lancaster. In 1943, it was the only Canadian distance squadron selected for the elite No. 8 (Pathfinder) Group. The squadron's last operational mission was April 25, 1945, when nine Lancasters bombed the Berghof, and four aircraft bombed enemy gun batteries on island of Wangeroege. The squadron was disbanded September 5, 1945.

In April 1950, 405 Squadron reformed at Greenwood as a maritime patrol squadron, equipped with Mark X Lancasters modified to their new maritime role. In 1955, the famous

Lancaster was replaced by the Lockheed P2V7 Neptune, giving the squadron a much greater anti-warfare capability. Three years later, April 7, 1958, 405 Squadron was given the distinction of being the first to fly the CP107 Argus.

The squadron's 22-year association with the Argus was both productive and eventful, with the squadron providing several milestones. Crews completed the first Argus Trans-Atlantic crossing, when Argus 10724 landed in Gibraltar April 17, 1959 after a 13-hour flight from Greenwood. In September 1959, after a tour of Australia and New Zealand, the squadron established a Canadian distance record by flying from Hawaii to North Bay, approximately 4,900 miles nonstop, without carrying extra fuel or in-flight refueling. April 13 and 14, 1960, 405 Squadron set a maritime command endurance record of 26 hours with a combat-ready aircraft.

September 19, 1970, His Excellency, The Right Honourable Roland Michener, Governor-General of Canada,



The Vickers Wellington bomber was 405 Squadron's first aircraft.

presented the squadron with its squadron standard, symbolizing 25 years of active service. As in the past, the motto "DUCIMUS" held true, for the Eagle Squadron was the first maritime air squadron to attain such honour.

The squadron's last Argus flight November 10, 1980 brought to a close the long history with the "Venerable Argus." 405 Squadron, at this same time, was training to fly the newest, most sophisticated ASW platform, the CP140 Aurora. A total of 18 Lockheed-designed Aurora were purchased. The multipurpose Aurora has met and exceeded all expectations of its demanding roles.

Once again, 405 Squadron continued its string of firsts in the maritime world. March 11, 1981, the squadron's Standards flew the first operational patrol with the Aurora and, later that same year, Crew 2 was the first to win the prestigious Fincastle ASW competition in Australia with our new lady. In June 1984, 405 Squadron became the first squadron to drop a torpedo

from the CP140 Aurora during an exercise north of Bermuda. In 1993, the squadron was the first to deploy in support of the United Nation's involvement in the former Yugoslavia.

In 2001, 405 Squadron achieved yet another first. The Fincastle competition crew's transit to and from Australia was flown westbound around the world, thereby becoming the first Canadian maritime patrol aircraft to circle the globe. This momentous flight took 79 hours over nine days and covered approximately 24,700 miles.

As part of the United States-led campaign against terrorism, 405 Squadron participated in Operation APOLLO. In keeping with tradition, 405 Squadron was the lead squadron, with Commanding Officer Lieutenant-Colonel John Mitchell leading the advance party in December 2001. 405



405 Squadron 80th anniversary patch, designed by Ruth Kirkey and her daughter, Julia.



405 Squadron received its first battle honour since the end of World War II for operating in the Arabian Sea area. The new standard was paraded for the first time in Berwick November 11, 2018.

From 2013 to 2017, the squadron's crews participated in Operation IMPACT in the Middle East, enhancing security and stability in the region. Most recently, the squadron participated in Operation NEON in Japan, Canada's contribution to a coordinated multinational effort to support the implementation of United Nations Security Council sanctions imposed against North Korea.

In May 2016, 405 Squadron received the South-East Asia Theatre Honour for its participation in Operation APOLLO. The new theatre honour was emblazoned onto the new standard, consecrated by His Excellency, The Right Honourable David Johnson, Governor-General of Canada, during a ceremony held at 14 Wing in May 2014.

405 Squadron's primary role continues to be anti-submarine warfare; however, the changing security environment has seen the squadron take on a variety of new tasks. These include support for the RCMP, Department of Fisheries and Oceans, sovereignty and Northern patrols, search and rescue, and the United Nations. The squadron regularly takes part in Operation CARIBBE, Canada's participation in the US-led enhanced counter-narcotics operations in the Caribbean Sea and the Eastern Pacific Ocean. In all cases, 405 Squadron Pathfinders continue to live up to their motto. →

In February 2011, the squadron participated in Operation MOBILE, the Canadian Armed Force's participation in the NATO-led Op UNIFIED PROTECTOR. Positioned in Southern Italy, this involved many flights over the Mediterranean in order to impose the arms embargo and enforcement of a no-fly zone to protect the civilian population in Libya. After a highly successful campaign, Op MOBILE ended October 31, 2011.

DUCIMUS – We Lead

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Circulation | Circulation: **4,500 Mondays** | **Lundis Agreement No.** | Numéro de contrat : **462268**
Fax: 902-765-1717

Website | Site Web : **www.auroranewspaper.com**

The Aurora, PO Box 99, Greenwood NS B0P 1N0
L'Aurora, C.P. 99, Greenwood (N.-É.) B0P 1N0

Location | Emplacement : **61 School Road, Morfee Annex**
61 School Road, Annexe Morfee

Mail subscriptions: annual \$105 plus tax, weekly \$2.18 plus tax.
Abonnements par correspondance: 105\$ par année plus taxes , 2,18\$ par semaine plus taxes.

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14 Wing Imaging unless otherwise indicated.



Corporal Magonya, 14 Air Maintenance Squadron, right, March 22 was presented with a Wing Commander's coin by 14 Wing Greenwood Chief Warrant Officer Daniel Campbell.



Aviator Alexandre Mailloux, centre, received a Chief of Defence Staff Commendation, presented by 14 Wing Greenwood Commanding Officer Colonel Brendan Cook, left, with Wing Chief Warrant Officer Daniel Campbell during the March 11 town hall at the Annapolis Mess. S1 C. Moon, 14 Wing Imaging



March 24, Master Warrant Officer Sean MacEachern, centre, was promoted to chief warrant officer by 14 Wing Greenwood Commander Colonel Brendan Cook, right, with Wing Chief Warrant Officer Daniel Campbell in the CFB Greenwood headquarters.



March 22, Master Corporal Jarad Inmam, centre, was promoted from corporal by 14 Operations Support Squadron Commanding Officer Lieutenant-Colonel Serge Parisien, left, with Chief Warrant Officer Dan Long, right, in the 14 Wing Greenwood air traffic control tower. With Inmam are his parents, second from left, Warrant Officer Derek Inmam and, second from right, Sergeant Jennifer Inmam. Corporal J. Fox, 14 Wing Imaging.



Corporal Connor Slaunwhite, right, of 14 Operations Support Squadron was presented with a coin by Rear Admiral Brian Santarpia, commander of Maritime Forces Atlantic and Joint Task Force Atlantic, during Santarpia's visit to 14 Wing Greenwood March 12.

Master Corporal K. Scott, 404 (Long Range Patrol and Training) Squadron



Master Corporal Jason Hume, right, of 405 (Long Range Patrol) Squadron was presented with a coin by Rear Admiral Brian Santarpia, commander of Maritime Forces Atlantic and Joint Task Force Atlantic, during Santarpia's visit to 14 Wing Greenwood March 12.

Master Corporal K. Scott, 404 (Long Range Patrol and Training) Squadron



April 9, Master Warrant Officer Vicky Puttick, 404 (Long Range Patrol and Training) Squadron, right, was recognized at her departure with dignity ceremony, following 33 years of service to Canada. 404 Squadron Commanding Officer Lieutenant-Colonel Ange Thomas presented Puttick with a letter from the prime minister, and this custom engraved wooden plaque, representing her career, made by Master Warrant Officers Emmons. Master Corporal K. Scott



Lieutenant Ford, 14 Air Maintenance Squadron, centre, March 22 was promoted to the rank of captain by 14 AMS Commanding Officer Lieutenant-Colonel Cory Marchand, left; with Chief Warrant Officer Kevin Wezenbeek.



March 31, Aviator (Trained) Jordan Neville was promoted to current rank by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Tom Goldie, left, with Master Warrant Officer Gary Norris. Aviator J. Powless



March 31, Corporal Eric McNeil was promoted to current rank by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Tom Goldie, left, with Master Warrant Officer Gary Norris. Aviator J. Powless



March 12, Captain Will Livingston, right, was presented with a coin for his exceptional work ethic and dedication to 413 (Transport and Rescue) Squadron by Rear Admiral Brian Santarpia, as he visited 14 Greenwood.



March 12, Master Warrant Officer Chris Lamothe, right, was presented with a coin for his, and his team of five search and rescue crewmates', successful efforts during a difficult rescue by Rear Admiral Brian Santarpia, as he visited 14 Greenwood.



April 7, 413 (Transport and Rescue) Squadron Chief Warrant Officer Kevin Roberts, right, was presented the Air Maintenance Branch Chief Warrant Officer's Coin by 413 Squadron Commanding Officer Lieutenant-Colonel Brent Vaino in 14 Hangar, 14 Wing Greenwood.



Captain Watson Fredette, centre, March 22 was presented the Commanding Officer's Commendation by 14 Air Maintenance Squadron Commanding Officer Lieutenant-Colonel Cory Marchand, left; with Chief Warrant Officer Kevin Wezenbeek.



Sergeant Justin Kubis, centre, was presented his Sentinel Patch by 14 Wing Greenwood Commanding Officer Colonel Brendan Cook, left, with Wing Chief Warrant Officer Daniel Campbell during the March 11 town hall at the Annapolis Mess. S1 C. Moon, 14 Wing Imaging



March 31, Corporal Vanik Dalpe was promoted to current rank by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Tom Goldie, left, with Master Warrant Officer Gary Norris. Aviator J. Powless



March 31, Lieutenant Stephanie Hutchings was promoted to current rank by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Tom Goldie, left, with Master Warrant Officer Gary Norris. Aviator J. Powless

bravo zulu | promotions & presentations

14 Wing Imaging unless otherwise indicated.



April 7, Captain Robert Nicholson, centre, was presented the Canadian Forces Decoration by 413 (Transport and Rescue) Squadron Commanding Officer Lieutenant-Colonel Brent Vaino, left, with Chief Warrant Officer Kevin Robarts in 14 Hangar, 14 Wing Greenwood.



April 7, Warrant Officer Bradford Arnold, centre, was presented the Canadian Forces Decoration by 413 (Transport and Rescue) Squadron Commanding Officer Lieutenant-Colonel Brent Vaino, left, with Chief Warrant Office Kevin Robarts in 14 Hangar, 14 Wing Greenwood.



April 7, Captain Joseph Jaques and Corporal Todd Osmond were presented Admiral's Coins by 413 (Transport and Rescue) Squadron Commanding Officer Lieutenant-Colonel Brent Vaino, left, with Chief Warrant Officer Kevin Robarts, right, in 14 Hangar, 14 Wing Greenwood.



April 12, Captain Richard Harding, center left, and Captain Jacques Robicheau, center right, were presented their Sentinel patches by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Tom Goldie, left, with Chief Warrant Officer Brian Nelson.



Captain Bergenhaus received her Sentinel Patch from 14 Wing Greenwood Commanding Officer Colonel Brendan Cook, left, with Wing Chief Warrant Officer Daniel Campbell during the March 11 town hall at the Annapolis Mess.

S1 C. Moon, 14 Wing Imaging



April 7, Master Corporal Morley Knight, centre, was presented a Pine Ridge Middle School Panther's Pride Award, in honour of his Remembrance Day presentation, by 413 (Transport and Rescue) Squadron Commanding Officer Lieutenant-Colonel Brent Vaino, left, with Chief Warrant Officer, Kevin Robarts in 14 Hangar, 14 Wing Greenwood.



April 7, Corporal Benjamin Walker and Corporal Shea Tracey, 413 (Transport and Rescue) Squadron, were presented their Flight Engineer wings by Commanding Officer Lieutenant-Colonel Brent Vaino, left, with Chief Warrant Officer Kevin Robarts, right, in 14 Hangar, 14 Wing Greenwood.



April 7, Sergeant Todd Detcheverry, center, was presented the Sentinel badge by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Tom Goldie, left, with Padre Maya Bevan.

Sergeant M. Carreira



March 17, Master Corporal Jason Ross was promoted to current rank by 405 (Long Range Patrol) Squadron Major Smith, left, with Chief Warrant Officer Brian Nelson.

Aviator E. Fraser



Sergeant Amos, centre, March 22 was presented his Sentinel patch by 14 Air Maintenance Squadron Commanding Officer Lieutenant-Colonel Cory Marchand, left, with Chief Warrant Officer Kevin Wezenbeek.

Fourth Aldershot BMQ adds milestones to RCAF training

Sara White,
Managing editor

"Every single course is improving," says Major Russ Payne, commanding officer of the ongoing basic military qualification trainings being held over the past year at 5th Canadian Division Support Base Detachment Aldershot.

The latest and fourth serial, Hornell Flight D-BMQ 246E, graduated March 25 – the first of all-Royal Canadian Air Force Regular and Reserve force recruits, in a BMQ decentralized from the training school in Saint-Jean, Quebec. This course operated under the command of 14 Wing Greenwood's 404 (Long Range Patrol and Training) Squadron, with 21 staff and 40 recruits, operating in winter months and under extensive COVID-19 travel, quarantine and in-training guidance. One of this course's particular highlights: recruits graduated in RCAF distinctive environmental uniforms (DEUs) after a flurry of a visit to the one-tailor supply unit at 14 Wing.

14 Wing Greenwood Commander Colonel Brendan Cook reviewed the parade, accompanied by 404 Squadron Lieutenant-Colonel Angie Thomas. A limited number of guests and very few family members were able to attend the ceremony.

"To get to this point in your career, you had a lot of support from family – they are not here today: you pick up the phone in the next few days and thank them, or a friend," Cook said. "You've taken an immense step in joining the Canadian Armed Forces, and they played a role in that."

Cook acknowledged the trials and tests of basic training, but graduating from basic training means, somewhere along the way, "you decided this was what you wanted to do."

"If there's still a doubt in your mind, don't worry yet: there is a lot within the CAF. What do



Aviator Brahim Guidiri holds the door and greets peers as they head into the 5th Canadian Division Support Base Detachment Aldershot drill hall March 25.

S. White

you bring? You'll have a trade and a job, but you're going to do more than that – so much more."



Aviator Evan Trites, centre, was presented the Top Shot award as the only course member to shoot a perfect score on range by 14 Wing Greenwood Commander Colonel Brendan Cook, right, with 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas.



Aviator Matthew Bolding was presented the Peer Award by 14 Wing Greenwood Commander Colonel Brendan Cook, right, with 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas.



Aviator Jacob Quilty was presented the Top Student award by 14 Wing Greenwood Commander Colonel Brendan Cook, right, with 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas.

Master Corporal K. Scott



Members of Royal Canadian Air Force D-BMQ Hornell Flight (Serial 246E) march on for their graduation parade at 5th Canadian Division Support Base Detachment Aldershot March 25.

S. White

The military team, he said, does two things: it contributes to the mission at all times, and team members do the best they can to carry the people around them so they can contribute as best they can. Cook encouraged graduates to adopt the values of the CAF, but remember the organization also has a responsibility to its members.

"There is a mission, but you are part of a greater thing with high standards. The organization is us and, if we see something wrong, we want to fix it. Start holding in your mind how you're going to do that, and hold our organization

to that higher standard. If you do that, this organization has a bright future."

The next D-BMQ recruits came in right on the heels of this course's closing, and will graduate in June. This course, and RCAF BMQs as they return in serials this fall, will be managed by the RCAF Acad-

emy from 16 Wing Borden, with staff instructors formally posted to Camp Aldershot. 14 Wing will continue to provide supply services and medical support.

"The RCAF Academy is really where we belong for stability going forward, and every single course is improving – I can

look back and see where we've come," Payne said. "We're looking at training 120 recruits a year for the next three to five years here – that would be great." →

For a video of the graduation ceremony, visit <https://youtu.be/mEGIf1KKk7c>

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Ready to fight: the prequel

**Lieutenant-Colonel
Angela Thomas,
Commanding officer, 404
(Long Range Patrol and
Training) Squadron**

As proclaimed in its motto, 404 (Long Range Patrol and Training) Squadron is always "Ready to fight." While 404's "fight" may change with the needs of the CP140 Aurora community, 14 Wing Greenwood and the Royal Canadian Air Force, it generally consists of training personnel to fly and maintain the Aurora, from training and qualifications unique to the Aurora to advanced training in particular areas or improved operational readiness via advanced simulation scenarios.

Recently, the squadron found itself faced with a new "fight," best described as a prequel: 404 was given responsibility for a basic military qualification course at 5th Canadian Division Support Base Detachment Aldershot.

A BMQ consists of the initial training for all non-commissioned members, typically run at the Canadian Forces Leadership and Recruit School (CFLRS) in Saint Jean, Quebec. Disrupted by COVID-19, but unable to pause training without future implications on qualified personnel, the CAF has developed a network of smaller BMQs at bases across Canada to run for the next three years. Reserve Force BMQ courses have run out of Aldershot; however, 404 Squadron's course would be the first to include Regular Force personnel.

In late December, I took on oversight of the BMQ, with instructor staff from RCAF wings across Canada, most of whom had never done this before, either. Camp Aldershot belongs to 5th Canadian Division in Halifax, with daily oversight from the 5th Canadian Division Support Base at CFB Gagetown. The course was monitored by CFLRS in Saint Jean, with reporting to 2 Canadian Air Division in Winnipeg, as well as 1 Canadian Air Division (also in Winnipeg), as the higher command of 404 Squadron and 14 Wing. Simple, right?

What may appear overly complicated was actually a wonderful representation of a multitude of agencies across the CAF coming together to meet an important goal at an unusual time. Ultimately, 40 new recruits started their BMQ in Aldershot right after Christmas.

As anticipated, the course produced many challenges. 14 Wing Greenwood's 14 Mission Support and Deputy Wing Commander sections were critical in providing innovative solutions. From clothing issue, pay initiation, transportation requests, first medicals, dental and military level immunization; financial oversight, Military Police support and padre support, Personnel Support program-led fitness and more; the entire wing was involved. 404 Squadron and 14 Wing's commitment provided a quick solution to meet training demand until a more robust and permanent solution could be crafted for 16 Wing

execution in April.

A particular commitment was made by 14 Wing members who volunteered with the 22-person team directly responsible for the day-to-day instruction and care of the recruits. This included Major Russ Payne, BMQ flight commander; Captain Jared Mackintosh, BMQ course officer; Warrant Officer Steve Doucette, BMQ warrant officer; Warrant Officer Les MacLean, standards warrant officer; instructors Sergeant Damien Leblanc, Sergeant Bill Pineau, Master Corporal Lonnie Davenport and Master Corporal Dion Biggin; Master Corporal Adam Noseworthy, administration support; and Sailor First Class Trista Germain, replenishment/ procurement support.

404 Squadron Chief Warrant Officer Jonathan Freeman and I endeavoured to spend a portion of every week in Aldershot. Being accustomed to the mature students that usually frequent 404 Squadron, and both removed from our own basic training by several decades, we had forgotten the uniqueness - and the reward - of the BMQ environment.

Following recruits' two-week isolation, the BMQ flight stood before us in new uniforms, not yet having received individual name tags or having earned their cap brass. They were fresh-faced, with only a few bold enough to answer general questions directed at the group. We spoke of respect and teamwork and watched them practice drill - with initially varying levels of success.

On a later visit, we met them on a day when their morning inspection had not gone well. Despite being denied its anticipated Friday night leave in favour of additional time to prepare kit and lessons on the importance of keeping equipment in good order, there was excitement in the air: nametags had arrived. Greeted by a very professional course senior (a rotating duty for each recruit), I remarked the nametags looked good and was met with a unified, "Thank-you ma'am," and a room full of smiling faces. Such a simple sign of being part of the greater team and member of the CAF, but one which obviously held significance.

There were many highlights over the 10-week course. Recruits learned of and demonstrated CAF values and ethics, passed exams and drill tests, earned cap badges, learned rifle handling and went to the range. They grew more confident, unified as a team and eager to finish training in order to integrate with the greater RCAF. It was remarkable, and humbling, to observe.

As amplified by Freeman, "I was thoroughly impressed how quickly the recruits came together, working as a team, to achieve their goal of completing BMQ. They weren't deterred by the many challenges they faced, both locally and globally."

Perhaps the most identifiable challenge was the final rucksack march: the eight-kilometre route completed in full kit, carrying a rifle and rucksack weighing at least 32

pounds, within a specific time. Freeman and I committed to completing this challenge alongside the recruits (we both insist the other committed us!). We dusted off our helmets and webbing, placed a sandbag in our packs, picked up a rifle and joined the team early in the morning. Despite winter conditions and a despondent hill, tackled several times due to limited ice-free routes, the team finished well within the required time.

The rucksack march was the most candid we had seen the group, as the long exercise allowed time to talk one-on-one. Recruits came from diverse backgrounds across Canada, some with previous exposure to military training from family, friends or Cadets, while others had little idea of what to expect before signing on. Some had moved out of their parents' home to join, while others had left behind families or previous employment. It was interesting to hear each member's reasons for joining, and their immediate goals within the CAF.

Some embraced the march, volunteering to be the traffic marker and sprinting to stop traffic each time the group approached an intersection. Others struggled, some with injuries and others from a lack of confidence, having never been asked to push themselves for such a goal. However, the team stayed together and motivated each other, literally pulling each other up the hills. They never gave up. Within the group, everyone used their strengths

to balance one another. The highlight of the march was the final kilometre, when an Aurora, full of 404 Squadron members, flew overhead with its distinctive sound and rocking its wings in greeting. We all broke out in a cheer. With this training conducted on an Army base, this was recruits' first real interaction with the RCAF (with the exception of quick visits to 14 Wing Replenishment). Most remarked on how the flyover motivated them to finish the course and continue with their chosen path.

I'm proud of the work achieved by the entire BMQ team. It takes a lot of knowledge, dedication and a special personality to be an impactful instructor - this is true of everyone at 404 Squadron, but even more so for those providing initial training. As for the recruits, it's impossible to observe the transformation of such a group and not reminisce back to your own beginnings in the CAF. I'm sure anyone who has gone through the experience can still recall the name of peers who trained alongside you, and the staff who were a source of learning, encouragement - and, sometimes, dread. I find it exciting - and am somewhat jealous - to think this group is just starting its own adventures, completely unaware of how many places around the globe they will travel, the remarkable people they will meet, the challenges and opportunities that will be placed before them. There exists nothing but potential. ➔



Recruits of Royal Canadian Air Force Basic Military Qualification 0246, along with 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angela Thomas, foreground, left; and Chief Warrant Officer Jonathan Freeman, foreground, right; recently put in the work on the final BMQ challenge: the eight-kilometre rucksack march through the grounds of 5th Canadian Division Support Base Detachment Aldershot.

Master Corporal K. Scott, 404 (Long Range Patrol and Training) Squadron



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Marking Vimy Ridge

Members of 14 Construction Engineering Squadron marked Vimy Ridge Day April 9 in Bridgewater by joining members of Branch 24 Royal Canadian Legion in a short ceremony at Veterans Memorial Park. Standing next to the small but mighty Vimy Oak are Warrant Officer Gary Brooksby, Aviator Travis Blackburn and Corporal Josh McKay.

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron

Canada renews military contribution to Op IMPACT

March 30, Canada extended Operation IMPACT until March 31, 2022. The purpose of Op IMPACT, since it started in 2014, is to build the military capabilities of Iraq, Jordan and Lebanon, and help set

the conditions for security and stability.

This one-year renewal will allow the Canadian Armed Forces (CAF) to continue to play an important role in Iraq, Jordan and Lebanon. As part of the global coalition and NATO Mission Iraq, the CAF will continue to work with its partners and allies to ensure the enduring defeat of Daesh and promote regional stability. The renewal of Op IMPACT will also allow the CAF to continue to provide training and ca-

capacity-building assistance to the Iraqi Security Forces, the Jordanian Armed Forces and the Lebanese Armed Forces.

The one-year extension of Op IMPACT includes the authority to deploy up to 850 CAF personnel, three Griffon helicopters and associated personnel to enhance in-theatre tactical transport, including casualty evacuations, if required; and an air detachment comprising two CC130J Hercules Tactical Airlift aircraft. →

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Wing readies for post-COVID partnerships

Sara White,
Managing editor

14 Wing Greenwood's community presence goes beyond the footprint of the military base and its operations, and base leaders are looking forward to the post-COVID-19 day long-standing partnerships can return.

March 30, 31 and April 1, Wing Commander Colonel Brendan Cook and command team members hosted three small-group gatherings at the Annapolis Mess, opportunities to update elected representatives at village, municipal, provincial and federal levels; along with partners in education, business and health.

"We need to be thinking of post-COVID, and how we're ready to do some of the things that are important to us – and you," Cook said. "What are the first things you're going to be comfortable doing? Let us know, and then we can see what guidance we have to shape that."

Cook said his thoughts are already looking ahead to November 11, when public health guidance in Nova Scotia could see a return to the wing and community sharing in annual Remembrance Day parades, services and banquets.

Cook, with Wing Chief Warrant Officer Dan Campbell, highlighted some of the wing's activities over the past year, starting with the impact COVID-19 has had at 14 Wing. With the initial shutdown in March 2020, the wing took a couple of days to set plans in place before 90 per cent of the workforce started a work-from-home posture, through to mid-May. On base, search and rescue and training operations continued, along with essential support services, almost seamlessly. Mask-making got underway in modified base shops, and morale and welfare activities rose to the forefront in recognition of their importance while folks and families were isolated. That included figuring out where to buy, and then how to cook and distribute 3,000 wings at one of the first or many drive-through TGIF events.

By June, about 60 per cent of the wing was back at work, soon followed by summer day camp programs for military families in need of childcare



14 Wing Greenwood Commander Colonel Brendan Cook hosted a set community engagement luncheons with an eye to post-COVID-19 partnerships. West Nova Member of Parliament Chris d'Entremont, left, and Kings Hants MP Kody Blois were among guests April 1. S. White

and the reopening of the fitness centre – one of the first and still only military gyms open across the country, including to community members. By fall, almost everyone was back at work; today, maybe a dozen people continue to work remotely.

"We also had 200 people across the region ready to go at a moment's notice as

a local response force, ready to do whatever came up – but they weren't tasked," Cook said. "We've had people coming and going to Alert, drug interdiction operations out of El Salvador, to the Middle East and across Canada. We're doing the paperwork and looking at all the levels of public health restrictions everywhere we go; we're testing people before

they come back and again here, and there are still the isolation processes. And it has worked – we've not had a single case of COVID-19 related to military training here on the wing."

The military vaccination program should start in April, and will follow much of the same timeline as the provincial roll-out by age groups and vaccine availability. Military families

will be vaccinated through the provincial program.

"By the end of June, we hope to have everyone on the wing vaccinated. We're back largely at work, with slow and steady increases. The overseas work with our allies will return."

Successes through the past year also include over \$20 million of additional infrastructure investment on the wing, as Real Property Operations staff were able to take advantage of funds left unspent during COVID-19 shut-downs. Much of that money creates community spin-off through regional and local contracts and wages. The 2021/2022 infrastructure budget is already 75 per cent committed.

Several Royal Canadian Air Force-focused basic military qualification courses went through 5th Canadian Division Support Base Detachment

Aldershot in the past year, as the national training centre in Quebec was limited in how many new recruits it could safely house. The decentralized training has now been adopted for another three years, with course staff now being posted for the duration to Camp Aldershot. Army training will take over the summer calendar.

Plans are underway to see some form of summer Cadet activity back on the wing, potentially as day camps for regional units.

"We are looking ahead, and we want to reestablish some of the links with our community that have been broken through COVID-19," Cook said. "If you're not sure what we can do, ask. Call us; open a dialogue. We're interested in trying to re-engage with the community." →

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NOVA SCOTIA



The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email, auroraeditor@ns.alianzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadron Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.alianzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédant la publication, à moins d'avis contraire.



solution page 13

1	2	3	4	5	6	7	8	9	10	11	12	13
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60	61					62	63				64	
65						66					67	
68						69					70	

- ACROSS**
- 1. Pituitary hormone (abbr.)
 - 4. Ceramic jars
 - 9. Monetary units
 - 14. Alias
 - 15. 'Superman' actor
 - 16. Britonic tribe
 - 17. Shorten
 - 18. LA Dodgers manager
 - 20. Hoarded
 - 22. Theatrically portray
 - 23. Noah's grandson
 - 24. Dependent
 - 28. Peyton's little brother
 - 29. Cools the house
 - 30. Principle part of
 - 31. Type of wrap
 - 33. Peels
 - 37. Commercial
 - 38. Make an attempt
 - 39. Arrange in steps
 - 41. U. Utah athlete
 - 42. Old English
 - 43. Trade
 - 44. Nostrils
 - 46. Ticket seller ___Hub
 - 49. Of 1
 - 50. Institute legal proceedings against
 - 51. Takes apart
 - 55. Doorway
- DOWN**
- 1. Batflower genus
 - 2. Predatory seabirds
 - 3. Fish farm
 - 4. Arrangements
 - 5. Go in advance of others
 - 6. Bulgarian monetary unit
 - 7. 'Maria'
 - 8. W. African ethno religious group
 - 9. Wild Asian oxen
 - 10. Vinegery
 - 11. To this
 - 12. Explosive
 - 13. Female sibling
 - 19. Orlando museum
- (abbr.)
- 21. Type of hoop
 - 24. About Holy Father
 - 25. Academic environment
 - 26. Extremely angry
 - 27. Surrenders
 - 31. Swiss mountain pass
 - 32. Sharp mountain ridge
 - 34. Erases
 - 35. Spielberg's alien
 - 36. Absurd
 - 40. Dorm worker
 - 41. Used to make pesticides
 - 45. The sister of your father or mother
 - 47. A way to let know
 - 48. Can't produce much vegetation
 - 52. Small streams
 - 53. Folk singer DiFranco
 - 54. Weights
 - 56. Start over
 - 57. Black Sea resort city
 - 59. Wimbledon champ
 - 60. Corporate executive (abbr.)
 - 61. Unskilled actor who overacts
 - 62. Bravo! Bravo! Bravo!
 - 63. Of or relating to ears

crossword brought to you compliments of

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ated by the SMH Auxiliary, is now open Monday to Friday, 10 a.m. to 2 p.m., and Saturday and Sunday, 1 p.m. to 3 p.m. In the past two years, the auxiliary has contributed almost \$22,000 to purchase 13 items needed by the hospital. Gift shop volunteers are welcome: interested individuals should contact Betty Lajoie, 902-825-3677. New auxiliary members are always welcome, but membership is not a requirement for gift shop volunteers.

Craft & jewelry yard sale
April 24, 9 a.m. to noon, the Kingston United Church, 733 Main Street, and the Kings Kikima Grannies host a craft and jewelry yard sale. Masks mandatory, physical distancing in effect. Great deals! Everyone, come and find your treasure!

Three Rivers Community Centre annual meeting
April 25, 2 p.m., the Three Rivers Community Centre, 41 Messenger Road, Torbrook Mines, hosts its annual meeting. For information, call 902-760-2471 or follow us on Facebook. Come and check out our new updated



April 18 to April 24

ARIES - Mar 21/Apr 20
Some things are entirely out of your control, Aries. You may come up against some such obstacles this week. Focus your energy on the things you can control.

TAURUS - Apr 21/May 21
Taurus, if you're seeking new horizons, establish a game plan and then do your homework. This will help determine if it is practical to make a move.

GEMINI - May 22/Jun 21
Your expressiveness and affections are drawn out this week, Gemini. It could put you in the mood to push some limits socially or creatively. Chances are things will work out well.

CANCER - Jun 22/Jul 22
Cancer, some focus and harmony enables you to find balance in your personal and professional relationships. You will begin to see eye-to-eye with many people.

LEO - Jul 23/Aug 23
It is a good thing to center yourself emotionally because many decisions are heading your way, Leo. You may find ideas and plans center around domestic issues.

VIRGO - Aug 24/Sept 22
You are inclined to seek some mental stimulation this week, Virgo. Invest in some puzzles or even a recreational pursuit such as an escape room experience.

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May 13, 4:30 p.m. to 6 p.m., the Three Rivers Community Center, 41 Messenger Road; hosts a turkey dinner with all the trimmings, plus gingerbread with lemon sauce for dessert. \$12 per dinner: pre-order yours now by calling Donna, 902-760-2471. For information, check out our Facebook Page.

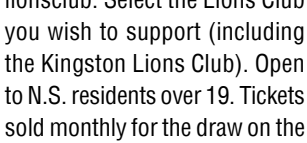
Take-out supper
May 22, 4 p.m. to 6 p.m., the Burlington Community Club hosts a spring dinner – take-out style – in support of club projects. Dinner includes beef Bourguignon, potato, turnip, carrot and pie for dessert. All meals must be pre-ordered and pre-paid (\$15) by May 12. Contact Sheila Munro to order and arrange payment, 902-538-7177 or burlington2122@gmail.com.

Lions 50/50 online fundraiser
The Lions Clubs of Nova Scotia are excited to announce a monthly online 50/50 fundraiser. Money raised will go right back to your local Lions Club, allowing Lions across Nova Scotia to continue doing their community work. Tickets at <https://rafflebox.ca/raffle/lionsclub>. Select the Lions Club you wish to support (including the Kingston Lions Club). Open to N.S. residents over 19. Tickets sold monthly for the draw on the first Thursday of the following month.

Drive through turkey supper
Monday, April 19 – outdoor soccer – 6 p.m. to 7:30 p.m. Free. Please dress appropriately.

Wednesday, April 21 – spring paint night - 6 p.m. to 7:30 p.m. \$7 + HST

Friday, April 23 – YTGIF – adventure hike and Pizza Pockets - 5:30 p.m. to 7:30 p.m. \$10 non-Recreation Card holders, \$7 Recreation Card holders (plus HST). Please dress appropriately. ➔



sudoku

solution page 13

				6	7	8	1	
8	3		9	1		7		
7	6				5	4		
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2				4				
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solution page 13

Level: Beginner

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

CANEX launches national volunteer recognition program

The National Volunteer Week theme for 2021, "The Value of One, The Power of Many," reflects on the awe-inspiring acts of kindness by millions of individuals and the magic that happens when we work together towards a common purpose.

Since 2005, CANEX, through Military Family Services (MFS) and the Military Family Resource Centre (MFRC) and, if requested, Personnel Support Program (PSP); has provided Canadian Armed Forces' communities with an annual contribution for the volunteer recognition program.

The new for 2021 CANEX Gives Back Volunteer Recognition Program, formerly known as the Volunteer Recognition Grant, has been modernized to improve the administrative process for those who receive the grant, allowing them to dedicate more time to devote to service delivery and to increase their ability to recognize valuable contributions to the military community.

CANEX invites nominations of volunteers, to be featured in a monthly profile that will showcase both their efforts and the program they make an impact in, at CAFconnection.ca/CANEXvolunteers. ➔

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For the last 6 months I have been involved in providing 24/7 end of life care for my Father: On April 12, life on earth ended for Ronald A. West after 85 years with no regrets.

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Royal N.S. Tattoo will stage virtual world tour this summer

The Royal Nova Scotia International Tattoo will tour the world virtually this summer from its Halifax home, presenting a series of geo-gated online shows in select territories across the globe.

The Tattoo will partner with Nova Scotian and British Columbian tech company Side Door, who specialize in distributing online performances that provide audience management services and interactive concert experiences for the ticket holders.

The Tattoo's 2021 theme is "The Spirit of Nova Scotia," and it will celebrate, commemorate and honour Nova Scotia and its diverse people - past, present and

future. The production will showcase Nova Scotian and international talent.

"Given the current restrictions and the uncertainties surrounding when they may be lifted, it is not feasible to present the Tattoo at Scotia-bank Centre in 2021," says Scott Long, managing director and executive producer of the Tattoo. The decision to pivot to a virtual production was not only about health and safety guidelines, but also about protecting the viability of the Tattoo for the long term.

"Things are looking up, but

we are not where we need to be just yet. There is still too much risk. We are confident that, by next summer, we'll be able to welcome performers and audiences from around the world back to the Scotia-bank Centre. Until then, we'll gather safely online."

Video capture for the virtual world tour will take place in various venues across the province throughout the spring and early summer, and limited tickets will be made available for socially-distanced live studio audience participation when possible, pending venue, capacity and

~ In loving memory ~

Bob Cushing
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Our thoughts are always with you, our memories never fade. We treasure all the years we shared and all the love you gave. We will always love and miss you, with every passing day. The longing just to see you, will never go away. Your memory is our keepsake with which we'll never part. God has you in his arms, we have you in our hearts.

Sincerely missed by Dianne, Duane, Lance, Andra and families.

~ Obituary ~

WEST, Capt. (ret'd) Ronald Allister,
Greenwood, NS

Capt. (ret'd) Ronald Allister West, 85, His life on earth ended on April 12, 2021 in Colchester East Hants Hospital, Truro, NS. He was predeceased by his wife of 60 years, Elsa (Pyle), his parents Irene (Harris) and Stewart West; brother Arthur, and sisters Elaine MacHardy, Dorothy Sutherland and Audrey Facey. He is survived by all 4 children and their spouses, Mike & Wanda, Ronald Jr. (Glenn) & Cathy, Pearl & Rick (Tait) and Howard & Kellie, (daughter-in-law Shelley Eisner and a number of grandchildren and great grandchildren). Ron was a member of the Royal Canadian Air Force and the Canadian Armed Forces for over 28 years. His last post as Base Transportation Officer 1983 CFB Greenwood. Following his distinguished military career he applied the skills he developed there to the Annapolis District School Board Transportation Services. He and Elsa retired to their home in Port Hillford, NS and enjoyed many years in the community taking part in various activities. Ron was a member of the St. John's United Church in Sherbrooke. Ron recently moved to Truro where he was a member of Groundswell Church. As per Ron's request his body has been donated to Dalhousie. A family service will be held at a later time. In lieu of flowers, donations can be made to either of the Churches or the hospital.



other restrictions.

More information on tour dates, tickets and cast will be announced in the coming weeks. The Tattoo encourages all those interested in attending the shows to visit nstattoo.ca and follow the world tour virtual venue to receive details as they become

available.

The Tattoo is proudly supported by the Canadian Armed Forces, Sobeys, the Government of Canada, the Province of Nova Scotia, Halifax Regional Municipality, FACTOR and Canada's private radio broadcasters, and corporate partners. ➔



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crossword solution

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sudoku solution

4	2	9	3	6	7	8	1	5
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2	9	3	5	4	6	1	7	8
9	7	2	4	3	1	5	8	6
3	4	6	7	5	8	9	2	1
1	5	8	6	9	2	3	4	7

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Junior Star skaters with the Greenwood Skating Club

Skaters use season to build skills

**Cheryl Gaston,
Greenwood Skating Club**

In a year when so much has been taken from our lives, the members of the Greenwood Skating Club can reflect on, and be grateful for, the opportunities they DID have. Many recreational and sporting groups found themselves excluded from regular activity due to the restrictions of COVID-19, but arenas and ice sports were extremely fortunate to be able to run their programs.

October 18, skaters made their way onto the ice. Cans-kate, PreCanskate, Powerskate and StarSkate programs began what was hoped would be a "normal" year, but it soon became clear the option to attend competitions or host annual shows was not going to be.

The usual season includes at least six competitive opportunities, including qualifying for the Atlantic Region Championships in Newfoundland: in March 2020, nine skaters from the club qualified, but were unable to attend due to the new COVID-19 cancellations.

Club coaches Cheryl Gas-

ton, Fallis Thompson and Bella Titus agreed they had to "pivot," so they set skaters' sights on new skills. Greenwood and Kentville clubs shared skating days to provide three opportunities for skaters to be assessed by provincial evaluators.

In StarSkate, there are 11 levels of assessments, from Star 1 to 10 plus Gold level; in three disciplines: Freeskate, Dance and Skills; with four levels in Artistic skating. This year, our StarSkaters achieved a total of 33 at the Star 1-5 level and 57 at the star 6-gold, highlighted by Gold tests achieved by Devyn Browne. As we move into our spring session, we expect to see another 20-plus successful assessments.

Junior/ Star 1 skaters worked diligently to improve their basic skills. Six Cans-katers in the Junior program graduated from the Helmet (stage 5) requirements, three completed Canskate (stage 6) and three Star 1 skaters graduated to Star 2.

Our small group of Power skaters improved their agility within the Junior program and

are continuing their progress in the spring session.

Coaches implemented goal-oriented challenges, in addition to participating in the provincial virtual program set out by Skate Nova Scotia. Each month, starting in December, skaters were filmed doing skills and submissions were assessed and rewarded with ribbons.

Collecting the keys to success' with the club coaches BINGO challenge was great fun for the skaters. On-session performance days took place, and skaters were able to dress up to perform their routines.

Best of all, the club had lots of happy skaters in our PreCan and Canskate programs this year. From as young as three and as old as 11, learn-to-skate was a great option for kids to get out for some exercise.

None of this would have been possible without the countless volunteers it took to organize the protocols required to offer our sessions. Thanks to our on-site screeners and behind-the-scenes helpers: you all made this a year of success for skaters! →



Senior Star skaters with the Greenwood Skating Club



Greenwood Skating Club coaches and program assistants for the 2020/ 21 season

Submitted



Town of Kentville

The Town of Kentville has a whole board of volunteers to recognize this year: the Chrysalis House board, including the Project Renew committee and front-line staff, work together to enhance services provided to families in our community and empower women to make their own choices to live

free from violence and abuse.

Each member brings valuable skills and knowledge, which they generously share with the organization and community. In addition to attending regular business meetings, they provide hands on support in the form of the grocery shopping, organizing events, fundraising, sharing information about services, advocating for supports and

Town of Berwick

Sara White Whether it is with Girl Guides, Hardwood Lake Camp, Valley Thunder Lacrosse, or various community events, Sara is there as a dedicated community leader, giving 100 per cent. Over the past 20-plus years, Sara has impacted countless number of lives with her spirit and community engagement.

She is the current president of Valley Thunder Lacrosse and vice-president, sales and marketing, for Lacrosse Nova Scotia's provincial board.

She is a unit leader and champion of Berwick Girl Guides and is the booking agent for and volunteers with Hardwood Lake Camp.

Sara is the chair of the Central Kings School Advisory Council, co-chair of the 100+ Giving Group Annapolis Valley and oversees bookings for the South Berwick Community Hall. She has been a voice for Berwick and area for about 15 years as the early-morning community correspondent on CBC Information Morning.

Her passion for the organizations she is involved with are the reason they



continue to thrive in the community: Sara has the power to encourage like no other, and her positive attitude is contagious.



NATIONAL VOLUNTEER WEEK APRIL 18-24, 2021

Village of Kingston

John Pierce

In a nomination calling him "a masterful volunteer and citizen of this village," Kingston recognizes the contributions of John Pierce as its volunteer of the year for 2021.

John has been a stalwart, decades-long member of

the Kingston United Baptist Church, currently serving as treasurer but lending his talents to organize and support church activities and other volunteers in their own efforts for the good of the church and its wider community. In more recent years, he volunteered with others to support a Bangladeshi family

new to the community with kindnesses, including drives to medical appointments. Through the church, he gives countless time to ensuring the success of sustainability of Kingswood Camp, a summer camp for youth.

John served on the Kingston Village Commission for 15 years, including stepping up

as a chairman when needed, and actively encouraged others to serve as elected commissioners, country councilors and even provincial members of the legislature. He spearheaded the village's annual New Year's Eve family celebration and served on the Kingston Steer BBQ committee for many years.

In the past year, John was a diligent, exceptional and committed volunteer as the Kingston library branch expanded its space, programs and resources. He encouraged many in the community to support the library project, as a service of merit to Kingston and surrounding community residents.



Thank You GMFRC Volunteers!

In recognition of National Volunteer Week, the GMFRC wishes to extend a sincere and heartfelt THANK YOU to all of our volunteers that dedicate their time and passion to making our military community a wonderful place to live! So, here's to you!

Merci Bénévoles du CRFMG!

À l'occasion de la Semaine de l'action bénévole, le CRFMG souhaite exprimer ses sincères REMERCIEMENTS à tous ses bénévoles qui consacrent leur temps et passion à faire de notre communauté militaire un endroit merveilleux à vivre! À votre santé!

CAFconnection.ca/Greenwood home@greenwoodmfr.ca
902-765-5611 24 School Rd, Greenwood

NATIONAL VOLUNTEER WEEK
APRIL 18-24

The Town of Berwick would like to take a moment to acknowledge, and thank, our many local volunteers that help make this place we call home, great. It's volunteers like you that give of your time and energy to create an even greater community spirit.

Thank you!

TOWN OF
berwick
Nova Scotia's Apple Capital

MUNICIPALITY OF THE COUNTY OF KINGS

NATIONAL VOLUNTEER WEEK
APRIL 18-24, 2021

TO THE THOUSANDS OF VOLUNTEERS ACROSS OUR MUNICIPALITY AND BEYOND WE THANK YOU.

Volunteer of the Year | **Heather Morse**
Youth Volunteer of the year | **Grace Hennebery-McNeil**
Ted Meldrum Volunteer of the Year | **Charlotte Dorey**

www.countyofkings.ca | 1-888-337-2999 | inquiry@countyofkings.ca

LIONS INTERNATIONAL

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We Serve!

We ♥ our Volunteers

Thank you for everything you do!

NATIONAL VOLUNTEER WEEK
APRIL 18-24

COMMISSIONERS & STAFF
OF THE VILLAGE OF GREENWOOD

Town of Middleton
Heart of the Valley

On behalf of Mayor and council, thank you for making our community stronger

www.discovermiddleton.ca

To the thousands of volunteers across the valley, thank you for helping to make our communities a wonderful place to live and grow.

Chris d'Entremont
Member of Parliament - West Nova
Député - Nova-Ouest

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CHAMBRE DES COMMUNES

Ottawa Office
Edifice Wellington/Wellington Building
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613-995-5711



LA VALEUR DE CHACUN. LA FORCE DU NOMBRE.

VOLONTÉ BÉNÉVOLES CANADA

SEMAINE DE L'ACTION BÉNÉVOLE DU 18 AU 24 AVRIL 2021



County of Annapolis

Gini Proulx

Gini has been volunteering for over 45 years. Her love for the natural environment, gardening and birding has given her a lifetime of satisfaction and led to many long-term volunteer commitments.

She is well-known in provincial circles for her abundant plant identification knowledge, but her biggest passion is to make a differ-

ence at the local level. She has spent over 30 years working with Annapolis County Recreation Services leading and giving talks at the Delaps Cove Wilderness Trail's "Walk with Nature." She played an active role with Pathway to Canada, Target One, a program to protect lands throughout Canada and was a founding member

of a group committed to the protection of the now-protected Tobetic Wilderness Area, Atlantic Canada's largest protected area.

Also to her credit are hundreds of plant specimens she collected, pressed and submitted to the N.S. Museum of Natural History and the E.C. Smith Herbarium (Acadia University) from the

1980s to present. As well as having a newly-discovered plant named after her; referring to "Gini Dots," she fondly named the "new" dots on distribution maps in the 1998 "Roland's Flora of Nova Scotia," representing her approximately 30 previously unreported plant collections for Annapolis and

Digby counties.

Her passion for the environment is a legacy she has shared with her family and with many people she has worked with over the years.

As Gini would say, "I've had an interesting life and, if my health holds out, I plan to continue well into the future."

Thank you, volunteers!

April 18-24, 2021
National Volunteer Week



It's a sense of being a part of something bigger and better than yourself. We are tight-knit and come up with ideas to better the lives of others.
- Kitty Arsenault



I feel like I'm connecting more with our local community, and hopefully making a positive contribution toward helping those most at need.
- Renae Bartlett

Meet the Volunteers - April 22nd, 6:30pm

In celebration of National Volunteer Week, join us to find out what roles Community Health Board volunteers play in our communities, and participate in a live Q&A with CHB volunteers.
RSVP to WesternCHBs@nshealth.ca to receive the Zoom link for the event.

#VolunteersBringChange
www.communityhealthboards.ns.ca

"I would like to thank all volunteers in Kings and Annapolis County. Supporting the elderly and caring for our community with safe health practices during COVID-19 is true citizenship."



Sincere thanks



LEO GLAVINE
MLA FOR KINGS WEST

902-765-4083
694 Main Street, PO Box 250,
Kingston, NS B0P 1R0
leoglavinemla@leoglavine.ca



14 Wing PSP Community Recreation

would like to celebrate and applaud all our 14 Wing Club and Community volunteers.

Thank you to all our volunteers!

Your spirit, energy and commitment to our 14 Wing Community makes a difference every day.



Thank you to all of our hardworking volunteers!

Stephen McNeil, MLA
ANNAPOLIS



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Middleton, NS B0S 1P0

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Thank you.

A special thank you to all our patrons.

Your support enables us to contribute over \$50,000 annually.

By supporting our fund-raising efforts such as BINGO, community luncheons, yard sales and raffles it has allowed us to give back

locally, regionally, nationally and internationally.

IT'S A GREAT DAY TO BE A LION

Kingston & District Lions | 902-765-2128