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# the Aurora

Vol. 41 No. 48

DECEMBER 21, 2020 NO CHARGE

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## Working together makes Christmas magic happen

Sara White, Managing editor

The king of logistics and supply chain has been sharing his centuries of knowledge with retailers around the world through 2020.

Digging deep into his bag of tips and tricks, Santa Claus has written many a list this tumultuous year, not only managing how to build, source and then deliver all the toys and treats his own North Pole workshop makes; but also to support all the many partners he works with to ensure Christmas happens.

December 15, 14 Wing Greenwood CANEX manager Ken Keddy had a getting-down-to-the-wire video conference with Santa. Keddy says CANEX had a fortuitous break early in 2020, launching an updated and expanded CANEX.ca online shopping platform.

"There were a few hiccups but, with all the new tech capability, we couldn't have asked for better," Keddy says.

In the nick of time as, by the end of March, the world was in various stages of COVID-19 pandemic-induced shutdowns and stay-at-home restrictions. Keddy's bricks-and-mortar CANEX closed here at Greenwood for a couple of months to in-store customers, but the wider CANEX.ca partner platform ensured "Canada's Military Store" could continue to sell, ship and deliver.

"We were really busy, and then we had the option for people to buy online and pick up in store when we did re-open in June, or do 'send sales,' where customers order online from here, the order goes to the nearest store with it in stock, and they ship it to us for the customer. Our supply chain has really been pretty smooth."

Keddy and his store staff also pitched in around 14 Wing, helping ensure the annual Christmas on the Wing children's party was a success as a drive-through event, complete with Santa waving from a safe, physically-distanced vantage point. The wing's Christmas tree is also extra special this year, with all new lights and ornaments placed by families in the days leading up to the virtual tree-lighting event.

Santa says everything Keddy and CANEX have been doing to pivot how day-to-day business, plus prepare for holiday shopping,



**14 Wing Greenwood CANEX manager Ken Keddy checks in with Santa Claus December 14, as both compare lists on how to ensure Christmas treats are available from North Pole partner retailers, or Santa himself, in a tumultuous 2020 holiday season.**

S. White

has helped families take care of essential - and extra special - purchases. It's also helped him.

"The elves here at the North Pole work hard all year, but we have had many, many Christmases to really get things done in the blink of an eye," Santa says.

There have been some hurdles to clear as elves travel away from the workshop to buy supplies, or handle deliveries of parts and equipment; COVID-19 protocols to keep everyone safe and healthy have become just as much a consideration here as anywhere. Santa himself was only able to make very limited personal visits to some of his favourite places leading up to Christmas. But, Santa says, believe it will get better.

"There are many hard things that happen, and sometimes there are sad things, but Christmas really is a time when families and friends and communities, big and small, can all do their part to look after each other, wherever they are. For us, especially this

year, Mrs. Claus has been a backbone of strength and positive thinking. She's kept us all motivated to do good deeds, smile whenever we can and help out in the workshops, the stables or the warehouse. It's hard to get in to lend a hand in her kitchen, though!"

Santa adds, in the past few weeks, the flood of children's letters coming into the North Pole from around the world has been a real joy. While there are lots of the usual requests for toys and treats and behavior reports, many of the letters are full of hope. Santa, the elves and the reindeer are all healthy, and that they will have a safe Christmas Eve.

"It's always wonderful to know children - and older people, too! - care so much about us. We love having them write, draw pictures and share what's happened in their homes over the past year. It makes us all feel like a part of a great, big family. And that's really what Christmas is about." →

The Aurora Newspaper will not publish **December 28, January 4 or 11.**

The office will be closed **December 22 through January 6.**

Le journal Aurora ne sera pas publié entre le **28 décembre, 4 ou 11 janvier.**

Le bureau sera fermé du **22 décembre au 6 janvier.**







Ward 1 - Cpl Matthew Brown (404 Squadron), 17 Rose



Ward 5 - Cpl Andrew Arsenaault (14 MSS), 5 First



Ward 3 - Cpl Tyrel Holloway (14 AMS), 14 Tenth

## Light up the Wing

Judging by the impressed judges, 14 Wing Greenwood's Residential Housing Units' residents have the holiday spirit. Winners of the Community Council's decorating contest were visited December 9 by Wing Commander Colonel Brendan Cook and Chief Warrant Officer Jon Freeman with congrats and goodies.

Lots of reasons here for an evening drive!




Ward 4 - (joint effort) - Cpl Matthew Metivier (413 Sqn), 6 Sixth; and Sgt Ed Meaney (404 Sqn), 8 Sixth



Ward 6 - (joint effort) - Cpl Justin Tompkins (405 Sqn), 47 Birch; and MCpl Luc Landry (405 Sqn), 49 Birch



Ward 2 - Sgt Shawn Smith (413 Sqn), 2 Iris



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**Circulation** | Circulation: **4,500 Mondays** | **Lundis Agreement No.** | Numéro de contrat : **462268**  
Fax: 902-765-1717

**Website** | Site Web : **www.auroranewspaper.com**

**The Aurora, PO Box 99, Greenwood NS B0P 1N0**  
L'Aurora, C.P. 99, Greenwood (N.-É.) B0P 1N0

**Location** | Emplacement : **61 School Road, Morfee Annex**  
61 School Road, Annexe Morfee

**Mail subscriptions: annual \$105 plus tax, weekly \$2.18 plus tax.**  
Abonnements par correspondance: 105\$ par année plus taxes , 2,18\$ par semaine plus taxes.

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**CFNA • AJFC**  
Canadian Forces Newspaper Association  
Association des journaux des Forces canadiennes  
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**Royal Canadian Air Force website**  
Site Web de l'Aviation royale canadienne  
www.rcf-arc.forces.gc.ca

**CAF Connection Site**  
Site du portail communautaire des Forces canadiennes  
www.cafconnection.ca

**14 Wing Greenwood Site**  
Site de la 14e Escadre Greenwood  
www.airforce.forces.gc.ca/en/14-wing/index.page

**National Defence and the Canadian Forces**  
Défense nationale et Forces canadiennes  
www.forces.gc.ca

**Combat Camera** | Caméra de combat  
www.combatcamera.forces.gc.ca

**Recruiting** | Recrutement  
www.forces.ca

**Military Family Resource Centre**  
Centre des ressources pour les familles des militaires  
www.cafconnection.ca

**VPI | VPI**  
www.vpiinternational.ca



Corporal Jay Ross, a flight engineer with 405 (Long Range Patrol) Squadron, rethought his annual toy drive for children in hospital over the holiday, and his squadron stepped up.

## Toy drive - with a 2020 difference

Captain Vicki Connors,  
405 (Long Range Patrol)  
Squadron

Every year, Corporal Jay Ross, a flight engineer with 405 (Long Range Patrol) Squadron at 14 Wing Greenwood, offers to be a designated driver for the squadron Christmas party. In return for a safe ride home and volunteering his time, people often give him tips. He uses this money to "pay it forward," purchasing stuffed toys, which he donates to a local hospital for the children in care over the holidays.

This year, Ross was concerned he wouldn't be able to make his annual donation since the traditional Christmas party was cancelled due to COVID-19 restrictions. He called upon unit members to participate in "Operation Stuffed Toys" by making a small donation.

With this initiative, Ross was recently able to drop



Submitted

off a load of stuffed toys to the IWK Health Centre, the largest pediatric hospital and trauma centre in Atlantic Canada. Once the fundraising is complete in mid-December, another load will be delivered

to Valley Regional Hospital in Kentville.

When asked why he started the stuffed toy donations, Ross explained, "I am not doing this for any recognition, just purely to bring joy to the

sick children - especially in this particularly tough COVID setting."

405 Squadron would like to recognize Ross' initiative and spirit to keep giving. DUCIMUS! →



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**Stay home if sick**

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**NOVA SCOTIA**





Aviator Emily Switzer earned the Top Student Award among Air Reserve BMQ 0285 graduates November 26, during the graduation ceremony at 5th Canadian Division Support Base Detachment Aldershot. The award was presented by 14 Wing Greenwood Deputy Wing Commander Lieutenant-Colonel Dale King, right.

S. White



Aviator Nicolas Guertin, left, was chosen by his peers in BMQ 0285 for the Peer Award, recognizing his respect for fellow students, maintaining an excellent attitude and demonstrating the greatest effort in helping coursemates consistently through the 10 weeks of training. The award was presented by 14 Wing Greenwood Deputy Wing Commander Lieutenant-Colonel Dale King, right.

S. White



Aviator S. Kim was BMQ 0285's Top Shot Award recipient, presented by the course graduation reviewing officer, 14 Wing Greenwood Deputy Wing Commander Lieutenant-Colonel Dale King, right; with 14 Construction Engineering Squadron Major Michael Burris, centre.

S. White

## 'You have chosen a career about service' Air Reserve BMQ marks grad, despite COVID-9 conditions

Sara White,  
Managing editor

It's a good thing Aviator Emily Switzer says her BMQ coursemates were tight: while she received the Top Student Award at the Air Reserve BMQ 0285 graduation November 26 at 5th Canadian Division Support Base Detachment Aldershot, she may have needed her peers to help her find her way.

"Oh, I had a 93 on one of the tests – I only had one wrong," she said in exasperation. "It was in topography, with the compass – I blame my compass!"

Switzer heads back to her home in Winnipeg now, and will eventually be trained as an aviation systems technician. She is a year-and-a-half into a mathematics degree at the moment.

"I'd always looked at the military as an option," she said. "My great-grandfather was in the service, and then I heard about the Reserves: the

summer work, the opportunities, the tuition programs."

This all-Royal Canadian Air Force Air Reserve BMQ is just the third decentralized course hosted at Camp Aldershot over the past year-and-a-half. Major Russ Payne, 404 (Long Range Patrol and Training) Squadron, oversees the course administratively, and says there are already two more planned between now and the end of May. One will even include Regular Force recruits, a sign what started as a trial has now shown promise in adding capacity to military training.

"This course, we have candidates from across Canada," Payne said. "Bringing them in was not too bad: we had all their arrival times back on September 24, we grouped them and sent two buses to the airport. They went right onto that, into barracks here and self-isolation. They could go from there to the training building."



Corporal James Admiraal directs aviators Melissa Ferrier, centre, and Susan Harding on their perimeter responsibilities during the last day of BMQ 0285 EX Normandy at 5th Canadian Division Support Base Detachment Aldershot.

S. White

"Part of our struggle has been trying to work in the COVID extras, but it's been a big win," said Aviator Mickey Humphrey November 18. "There have been a lot of challenges we've been able to figure out on the go, at our level, and we've been really adaptable."

Aviator Nicolas Guertin says the mandatory - and changing - COVID protocols that

were part of their BMQ "were almost tied into the training," which was, really, "all about that adaptability."

14 Wing Greenwood Deputy Wing Commander Lieutenant-Colonel Dale King was the graduation reviewing officer, but with limited responsibilities due to COVID-19 adaptations. No certificates were presented, there was no parade, and no family guests in the

audience.

"I'm sure, at times over the last 10 weeks, this may have felt long, but you have now acquired the skills to become members of the Canadian Armed Forces. What is expected of you now? You have chosen a career about service, willing to put your life on the line if asked. Canada looks to you for leadership, and to live up to the core values of duty,

loyalty, integrity and courage."

King urged the new aviators to all consider themselves leaders, and start developing the strengths of a leader even as the newest members of the CAF.

"I have seen many instances where an aviator or corporal steps up when they see a behavior or a practice that crosses a line or breaks a process. Step up, say something – later in your career, you will be in charge of people or a particular mission. You are responsible to learn those skills now."

14 Wing Greenwood Wing Chief Warrant Officer Dan Campbell also congratulated BMQ 0285 members.

"I know you pushed yourself and each other, and you leaned on each other. Today, you become CAF soldiers – but you didn't get here on your own. Somewhere along the line, someone pushed you, loved you, encouraged you: your family. Thank them." ➔



Since the September start of BMQ 0285, four of the courses staff have been promoted. From left are newly-promoted Captain Jared MacKintosh, Sergeant Cloe Thibodeau, Warrant Officer Douglas Granter; with Major Russ Payne, 404 (Long Range Patrol and Training) Squadron.

S. White

## Moke, deployed Canadians 'all in the same situation' spending holidays far from home

Sara White,  
Managing editor

Corporal Benedicte Moke is likely spending Christmas in Romania the same way she'd be spending at 14 Wing Greenwood this year: with a few close co-worker friends, and virtual contact with family home in Quebec.

Moke is deployed with Air Task Force Romania on the Mihail Kogalniceanu Air Base, part of the Canadian Armed Forces' Operation Reassurance with NATO's wider assurance and deterrence measures; specifically, ATF-R is flying training missions with the Romanian Air Force and regional allies and partners to patrol Romanian air space and, if necessary, intercepting any unauthorized aircraft.

Moke, a wing operations technician, is keeping track of the Canadian aircraft, including six CF18 Hornet fighter jets and 135 personnel. She left a similar ground controller role here at 14 Wing in August, and expects to return January 7, "if everything goes well."

"But... with COVID...,"

she says, firm timings could change.

"I'm OK here for the holidays. I'll miss my family, but I Facetime them almost every day, even with a seven-hour time difference. Here, I do have a group of friends, and we're planning a little dinner. We're all in the same situation."

Here are four other 14 Wing members with her on ATF-R, including two from her unit: Captain Connor Stewart and Corporal Eric Moreau. While they work in different sections of 14 Wing's day-to-day operations, working in the smaller deployed community has been a good way to get to know the men and what their individual airfield roles are.

"Here, we're looking after jets and more surveillance work; home, it would be searches, drug watches; the F18s come in one or two times a month, but it's challenging to work with them now all the time. I'm enjoying the change – it's different."

Moke, the other 14 Wing personnel and the wider Canadian military community in Romania now have been appreciating holiday greet-



14 Wing Greenwood's aerospace control operator Corporal Benedicte Moke communicates with the Combined Air Operations Centre during Operation Reassurance – Air Task Force Romania at Mihail Kogalniceanu Air Base, Romania.

S1 Z. Barr, Canadian Army Trials and Evaluations

ings and treats from home for the past couple of weeks, as cards and care parcels arrive with every mail run.

"Cards! There are a lot, and I will say some of them do bring a few tears. Every-

one from Greenwood is very happy to see all the warm wishes from home."

Moke will repeat a two-week quarantine on her return to Canada in January; she's hoping to be home in Green-

wood for that, rather than the pre-deployment period spent at CFB Trenton. Until then, "everyone have a good Christmas."

"Stay with family, and have a good 2021!" ➔

## Holiday hours at 14 Wing Greenwood facilities

### The Aurora Newspaper

December 22 through January 3 . . . . . closed  
*There will be no issue published either December 28, January 4 or 11.*

### 1 Dental Detachment Greenwood

December 21 to 23 . . . . . 7:30 a.m. to 3:15 p.m.  
December 24 . . . . . 7:30 a.m. to noon  
December 25 to 28 . . . . . emergencies only, call 902-840-0112  
December 29 to 31 . . . . . 9 a.m. to noon  
January 1 to 3 . . . . . emergencies only, call 902-840-0112  
*To enter the building on dates above, call the duty phone (902-840-0112). The doors will be locked and you will be let in after calling in.*

### 26 Canadian Forces Health Services Centre Greenwood

Due to the pandemic and in an effort to minimize CAF use of civilian healthcare facilities, 26 CFHS will provide a modified sick parade, including mental health, during the holiday period. To access sick parade, call 902-765-1494 local 5046 at 9 a.m. Leave a message if your call is not answered, and it will be returned in sequence as soon as possible. The clinic will be locked, with no walk-in services provided.

December 21 to 24 . . . . . 9 a.m. to noon  
December 25 to 28 . . . . . closed  
December 29 to 31 . . . . . 9 a.m. to noon  
January 1 to 3 . . . . . closed  
*To report COVID-19 testing/ results, CAF members need to call 902-765-1494 local 5046 at any time, and leave a detailed message (service number and contact info). With questions, contact the clinic during modified sick parade timings.*

### 14 Wing Greenwood Fitness & Sports Centre hours

Gym, pool open to military and Community Recreation Card holders only: no drop-ins permitted. Please reserve pool or workout time in advance.  
December 19 . . . . . facility open 8 a.m. to 1:30 p.m., pool closed  
December 20 . . . . . facility, pool closed

December 21 . . . . . facility 8 a.m. to 7:30 p.m.

. . . . . Military, adult lane swim 1:30 p.m. to 2:30 p.m.

December 22 . . . . . facility 8 a.m. to 7:30 p.m.

. . . . . Military, adult lane swim 1:30 p.m. to 2:30 p.m.

December 23 . . . . . facility 8 a.m. to 7:30 p.m.

. . . . . military/ adult lane swim 1:30 p.m. to 2:30 p.m.

December 24 . . . . . facility 8 a.m. to 11:30 a.m., pool closed

December 25, 26, 27 . . . . . closed

December 28, 29, 30 . . . . . facility 8 a.m. to 7:30 p.m.

. . . . . Military, adult lane swim 1:30 p.m. to 2:30 p.m.

December 31 . . . . . facility 8 a.m. to 11:30 a.m., pool closed

January 1 . . . . . closed

January 2 . . . . . facility open 8 a.m. to 1:30 p.m., pool closed

January 3 . . . . . closed

January 4, 5 . . . . . facility 8 a.m. to 7:30 p.m.

. . . . . military/ adult lane swim 1:30 p.m. to 2:30 p.m.

### 14 Wing Greenwood Fitness & Sports Centre classes

Noon military swim last class December 16 . . . resumes January 6  
Aquacise last class December 18 . . . . . resumes January 11  
Afternoon adult lane last class December 18 . . . resumes January 6  
Military fitness last class December 15 . . . . . resumes January 12  
LRP fitness class last class December 14 . . . resumes January 11

### Greenwood Gardens Arena

Arena programs open to military and Community Recreation Card holders only.

December 19 . . . . . public skate 6:30 p.m. to 7:30 p.m.

December 21 . . . . . public skate 1 p.m. to 2:15 p.m.

December 22 . . . . . parent & tot 9 a.m. to 10 a.m.

. . . . . adult skate 10 a.m. to 11 a.m.

. . . . . public skate 1 p.m. to 2 p.m.

December 23 . . . . . public skate 1 p.m. to 2:15 p.m.

December 24 . . . . . public skate 1 p.m. to 2 p.m.

December 25, 26 . . . . . Closed

December 28 . . . . . public skate 1 p.m. to 2:15 p.m.

December 29 . . . . . parent & tot 9 a.m. to 10 a.m.

. . . . . adult skate 10 a.m. to 11 a.m.

. . . . . public skate 1 p.m. to 2 p.m.

December 30 . . . . . public skate 1 p.m. to 2 p.m.

December 31, January 1 . . . . . Closed

January 2 . . . . . public skate 6:30 p.m. to 7:30 p.m.

January 5 . . . . . parent & tot 9 a.m. to 10 p.m.

. . . . . Adult skate 10 a.m. to 11 a.m.

### Health Promotion

Closed December 21 through January 6.

### 14 Wing Greenwood Library

December 22 . . . . . 1 p.m. to 5 p.m. & 6 p.m. to 8 p.m.

December 23 . . . . . 1 p.m. to 5 p.m.

December 24 to 28 . . . . . closed

December 29 . . . . . 1 p.m. to 5 p.m.

December 30 . . . . . 1 p.m. to 5 p.m.

December 31 to January 2 . . . . . closed

January 3 . . . . . 1 p.m. to 5 p.m.

January 4 . . . . . closed

January 5 . . . . . normal hours resume

*For more information on the library, call 902-765-1494 local 5430 or check out our Facebook page at 14 Wing Library.*

### Annapolis Mess, Mess office, Tow Bar

December 19 to January 3 . . . . . closed

### 14 Wing Greenwood Community Centre

December 21 to January 1 . . . . . closed

January 4 . . . . . normal hours resume

*Please note the community centre office is closed between noon and 1 p.m. in December.*

### Greenwood Military Family Resource Centre

December 19 to January 3 . . . . . closed

*If an emergency should arise, families are encouraged to contact Wing Duty Operations at 902-765-1494 local 5457, the Family Information Line at 1-800-866-4546 or CFMAP at 1-800-268-7708.*

## New delivery app putting small towns on the map

Kangaroo, an innovative mobile food delivery app built to serve underserved markets, launched in Greenwood December 9. People outside of the biggest cities can now get their favourite local food delivered right to their doorstep.

Created in 2019 in Wolfville by founder, CEO and former Acadia University student Logan MacGillivray, Kangaroo started as a solution to one of his greatest frustrations: hunger, without a car or the time to make a meal. MacGillivray using food delivery apps in his home city, but these services were not available in smaller towns. He made it his mission to build the same service for small markets. With headquarters now in Halifax and operations in almost 10 different areas across the Maritimes, the company has plans in early 2021 to expand into Ontario and even the Northeastern United States. ➔





Submitted

## 517 F/Lt Graham Royal Canadian Air Cadet Squadron marks 70 years

**Captain Rhonda Bull, Commanding officer,  
517 F/Lt Graham Royal Canadian Air Cadet Squadron**

### ANNOUNCEMENT

#### **Proudfoot Law Office Parker & Richter Nathanson Seaman Watts**

Effective Thursday January 7, 2021, the law firm of **Nathanson Seaman Watts**, having assumed the law office of **Parker & Richter** at Greenwood during 2019, will now assume the law practice of **David Proudfoot, Proudfoot Law Office** also at Greenwood, Nova Scotia.

All ongoing files at both offices will continue without interruption with the operation of both offices and all closed files & records being consolidated to the location of Proudfoot Law Office at **811 Central Avenue, Greenwood, Nova Scotia** through January 2021.

**Nathanson Seaman Watts** is an established firm with a longstanding relationship with Parker & Richter and David Proudfoot and will continue to provide legal services in all areas of the law under the letterhead of **Nathanson Seaman Watts**.

Mr. Proudfoot will continue as Counsel to the Greenwood office of **Nathanson Seaman Watts** which will be headed by Solicitor **Bill Watts**.

Mr. Proudfoot would like to take this opportunity to thank the Kingston/ Greenwood community and the military community at large for allowing him to provide representation in over 15,000 files since he began practice here in 1991.

*Finally, as we approach the holiday season our office extends wishes to all to stay safe and to stay well over the months to come.*

**Bill Watts, Kate Seaman and Peter Nathanson  
David Proudfoot**

November 25, 517 F/Lt Graham Royal Canadian Air Cadet Squadron marked its 70th ceremonial review. This year, the occasion was marked in two separate events. In June, the squadron took to Zoom to hold a graduation and promotion parade to honour the graduates who gave so much of themselves to the program. The Cadets hoped an in-person parade could happen in the fall for the squadron awards; however, due to COVID-19 public health circumstances, the awards component of the ACR was once again held on Zoom.

#### **The history of 517 F/Lt Graham Royal Canadian Air Cadet Squadron**

During the Second World War, Middleton native and volunteer serviceman Wireless Air Gunner Donald C. Graham lost his life when the aircraft in which he flew was shot down over Germany. His father requested a Royal Canadian Air Cadet Squadron be created, in Middleton, as a memorial to Donald.

In October 1949, Squadron Leader George Adams assumed command of the newly-formed 517 Royal Canadian Air Cadet Squadron, and held that post until his retirement in 1965.

From 1949 to 1983, the squadron was sponsored by the Board of Trustees of Middleton Regional High School. With the amalgamation of all county school boards, sponsorship was assumed by the Annapolis District School Board. Due to extensive renovations at MRHS at the beginning of the 1991-1992 training year, the squadron moved to temporary quarters in the Middleton Armouries. New sponsorship was then sought. The squadron is now jointly sponsored by the 107 Valley Wing RCAF and Branch 98 Royal Canadian Legion. In 1995, following a three-year stay at the AVM Morfee centre, the squadron relocated to 6 Hangar at 14 Wing Greenwood until 2006, when it moved to its present location in the Birchall Training Centre, 14 Wing Greenwood.

517 RCAirC Squadron has been through many changes since its formation in 1949. In addition to the wearing of three different styles of uniform through the period, female Cadets have been an integral part of 517 Squadron, and Cadets in general, since 1972. Many young men and women have graduated from the

squadron, where they have “learned, served, and advanced.”

In 1981, the squadron was officially named “F/Lt Graham Squadron,” in the presence of the late Mrs. Lena Graham, Donald’s mother, accompanied by her daughter, Mrs. Roy Stevens of Seattle, Washington. On that historic occasion, F/Lt Douglas Creighton, DFC, pilot and one of two survivors of Donald’s ill-fated aircraft, presided as the reviewing officer.

#### **517 F/Lt Graham RCAC Squadron commanding officers**

Squadron Leader George Adams, CD	1949 - 1965
Major Bernard Wagner, CD	1965 - 1967
Major James Mosher, CD	1967 - 1979
Major Frank L. Whitman, CD	1979 - 1984
Major John Gallivan, CD	1984 - 1986
Captain Sandra Skipton, CD	1986 - 1988
Captain Douglas Morrison, CD	1988 - 1991
Vlvan Reid, CD, MMM	1991 - 1994
Captain Don Snider, CD	1994 - 1996
Captain Karen Freeman, CD	1996 - 1998
Major Jeannie Montgomery, CD	1998 - 2006
Major Robert Johnson, CD	2006 - 2010
Major William Montgomery, CD	2010 - 2013
Captain Heather-Jane Dupuis	2013 - 2016
Captain Elizabeth Bourque	2016 - 2018
Captain Rhonda Bull	2018 - present

Bull, the current commanding officer, noted in her speech, although squadron members may have been disappointed they could not honour the anniversary occasion with a parade and special guests, they were, in fact, making history: they would be the first group in 517 history to mark an ACR virtually, embracing technology and not focussing on what they could not do but what they can do - and what they are doing.

517 F/Lt Graham RCACS is currently parading virtually Wednesday evenings, from 6:30 p.m. to 8 p.m., via Google Classrooms. The program is open to youth ages 12 to 18. If interested, please contact the squadron at 517Air@cadets.gc.ca or 517fltgraham@gmail.com. ➔

## Cooks perform under pressure in black box challenge

**Sara White,  
Managing editor**

Use some or all, but make sure your menu – in three courses – includes pork loin and shrimp, blueberries, pineapple, squash, both shi-take and oyster mushrooms, coconut milk, filo pastry and ricotta cheese. In four hours. And, there’s a table full of command team members and community restaurant owners waiting to judge it all.

14 Wing Greenwood’s 14 Mission Support Squadron cooks took on an in-house black box challenge November 13, ambitiously lined up earlier in the fall by Warrant Officer Chiu Tsang but left in the hands of the kitchen team as he withdrew to isolate before heading out on a course. The food services team stepped up to prep two black box carts for the competing teams, organized the dining room for judges’ arrival, served and cleared, and assisted with the scoring.

The cooks? Their only task was to use their training, experience and creativity in



**Master Corporal Nada Bounmy and Corporal Jordyn Newport-Ohl plan out the four-hour window ahead to pull off a three-course meal.**

S. White



**Wing and community restaurant judges were at the table for two three-course meals, doing their best to evaluate ALL the creations plated for them during the black box challenge.**

S. White

a bit of a “pressure cooker” environment.

“The two teams both have

some new personnel, working with a master corporal or a master sailor leading the team,” said Sergeant Justin Jameison, overseeing the challenge. “A black box challenge – you don’t know what you’re getting, so you’re excited and maybe a bit scared. Likely a little bit of both!”

Each team had 30 minutes to come up with a three-course meal menu with their ingredients. Any changes had to be made with Jameison within that window; then, cooking got underway, with access to any other kitchen ingredients and day-to-day equipment, plus one specialty piece by team choice. Plates had to



**Master Corporal Nada Bounmy prepares Team 1’s pork loin for cooking as their main: Cajun pork, cooked sous vide, with chimichurri.**

S. White

## New Defence Advisory Group for LGBTQ2+ members now official

**Captain AM Backhouse,  
14 Wing ethics and harassment advisor & Member of the Defence Team Pride Network**

December 9, in its commitment to promote diversity and inclusion within the Defence Team, CANFORGEN 162/20 Stand Up Of Defence Team Advisory Network was released.

The Defence Team Pride Network (DTPN) is a welcom-

ing organization, open to all members of the LGBTQ2+ communities as well as allies. As the DTPN is a Defence Team Advisory Organization, we do request people have an affiliation with the Defence Team. Individuals may be military or civilian, anywhere from full-time/ indeterminate members or part-time/ Reserve military members. The organization is also open to casual civilian employees, students and

contractors as, although these individuals may not be classified as employees, they are still part of the Defence Team.

Additional details on activities around the stand-up, both locally and nationally, will be announced in the new year. In the meantime, for more information or to become a part of the DTPN, email +LGBTQ2+ DTPN National - LGBTQ2+ REFID Nationale@CMP DHSO@Ottawa-Hull. ➔



**Team 2 – Sailor First Class Andrew George, Corporal Damon Johnston and Master Sailor Jeff Pike - gets their heads together with a cart full of must-include ingredients.**

S. White



**Private Jordyn Newport-Ohl serves up Team 1’s starter, shrimp and pineapple ceviche.**

S. White

be ready for every-10-minute presentation windows to the judges, beginning at noon.

“The three team members, depending on their backgrounds, they may

plates started coming to the table: shrimp and pineapple ceviche, shi-take and oyster mushroom and ricotta spanakopita, a bannock taco with shrimp

have ideas, things they’re used to cooking. They’ll task that menu out: peeling squash, deveining shrimp.... They’ll break it all down and succeed. It’s a great experience

In the end, Team 2 won: Sailor First Class Andrew

George, Corporal Damon Johnston and Master Sailor Jeff Pike. Their menu, with some touches from Team 1’s offerings, became the hors d’oeuvres-style food served at an Annapolis Mess ticketed wine and dine event the next night. Tsang will present the kitchen’s first black box event trophy to the winning team upon his return. ➔

## 14 Wing Chapel Christmas Services

### **St. Mark’s Chapel**

**Thursday 24 December • 6 p.m. • Christmas Eve Service**  
Service for St. Mark’s will be found on the St. Mark’s Protestant Chapel 14 Wing CFB Greenwood Facebook page.  
**There is no in-house service.**



### **Queen of Heaven Chapel**

**Thursday 24 December • 4 p.m. • Family Mass • 11 p.m. • Midnight Mass**  
**Friday 25 December • 11 a.m. • Christmas Day Mass**  
**Friday 1 January 2021 • 11 a.m. • Mary the Holy Mother of God Mass**

*Queen of Heaven Chapel Services will be live-streamed and in-person (limited number of attendees as per COVID-19 regulations and all attendees must pre-register for each service). Registration page for each service will be posted on the Queen of Heaven Facebook Page (Queen of Heaven Chapel @ 14 Wing Greenwood). To watch the live-stream access through the Queen of Heaven Facebook page the day and time of the service.*

*Confessions: To arrange for confession, call 902-765-1494 extension 5883 or 902-760-0339.*

*During silent hours over the holidays, the Duty Chaplain will be available on call 24/7 and may be reached through Wing Operations at 902-765-1494 local 5457.*



~~~ Letters to Santa ~~~



Dear Santa

My name is Taylan Holloway and I will be five months old on Christmas eve. I've been a very good boy for mommy and daddy. For Christmas I would like some learning toys and some teethers.

Love,

Taylan Holloway  
Greenwood, NS,  
Age 5 months



Dear Santa

My name is Tayte Holloway from Greenwood. I will be five years old on Christmas Eve. I promise I was a good boy all year. For Christmas this year I would like Marble Run and building blocks I can put together.

Love,

Tayte Holloway  
Greenwood, NS, Age 5

Tayte



Dear Santa

My name is Tenley Holloway and I'm two years old from Greenwood. I've been a good girl for the most part. For Christmas I would like something yummy and some new dolls. Don't forget my best friend Tessa, (dog) she likes treats.

Love,

Tenley Holloway  
Greenwood, NS, Age 2



Dear Santa

My name is Ty Holloway from Greenwood. I'm three years old. Mom and dad said I was a good boy all year. For Christmas I would like a truck with a ramp on it and lots of other surprises like an egg with toys in it.

Love,

Ty Holloway  
Greenwood, NS, Age 3



Dear Santa

Here's my Christmas list

Not for myself but for a world in need...

No more lives torn apart, that wars would never start, and time would heal all hearts. Everyone would have a friend, right would always win, and love would never end...

This is my grown up Christmas list.

Padre Pickens  
14 Wing Chaplain  
Greenwood, NS.



Dear Santa

My name is Paisley Stewart and I live in Nictaux. I will be three in 3 months. My gammy is helping me write my letter. I would like to have a new dolly and some surprises. I will leave treats for you and the reindeer.

Love,

Paisley Stewart  
Nictaux, NS,  
Age 2 years

Paisley



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~~~ Seasons Greetings ~~~

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Chuck Shields CFP – Financial Advisor;  
Officer: Brenda Spinney – Client Service Manager, Greenwood;  
John Burris, PFP – Financial Advisor.

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~~~ Letters to Santa ~~~



Dear Santa

For Christmas I would like a new pencil sharpener so I can sharpen my pencils, a bike that's my size with training wheels, maybe Robux so I can buy game passes in Roblox, Minecraft coins so I can play the Among Us mode in Minecraft and the red Among Us character in Minecraft. Also a dragon stuffy for my little brother and also toy food so he can pretend to cook with his toy BBQ!

Love,

Trinity Mallais  
Greenwood, NS, Age 8

Trinity



Dear Santa

I hope you and Mrs. C are well. Thank you for last year's presents. This year I would like a video game and some Legos, and a toy for my new kittens. Please take care of the children in hospitals. I will leave you some milk and cookies and carrots for the reindeers.

Travel Safe, Love

Tyler Bull  
Kingston, NS, Age 9



Dear Santa

This has been a difficult year. For this year I would like, all my Cadets, Staff and their families to have a wonderful Christmas with presents under their tree and lots of goodies on their tables. Also, please spread some Christmas magic to keep everyone healthy and safe this Holiday Season.

PS I will leave milk, cookies and lots of carrots!

Love,

Capt Rhonda Bull  
Greenwood, NS, Age N/A



Dear Santa

I hope you like my colorful beautiful decorations and Christmas tree. I would really like a Marble Run or Bumblebee Transformer this year. Enjoy the hot chocolate, cookies and carrots that we will leave for you and the reindeers. Merry Christmas to you, elves, reindeers and Mrs. Claus.

Love,

Vincenzo Viau  
Greenwood, NS, Age 4.5

Vincenzo



Dear Santa

I hope you and Mrs. Claus have a wonderful holiday. How is the weather at the North Pole? These are the things that I would like: some Bakugaun, Mario Cart 8 Deluxe, and Mine Bucks. I really really want you to have a fun Christmas!

Love from,

Myles Gosse  
Wilmot, NS, Age 10

Myles



Dear Santa

I bet your elves are very busy. How are the reindeer? This year I would like a doll, a Barbie Dreamhouse, a Nintendo Lite with Animal Crossing, and a Pug. I hope that you and Mrs. Claus have a good Christmas.

Love,

Lillian Gosse  
Wilmot, NS, Age 7

Lillian

Thank you for your patronage during these trying times,  
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19 décembre 2020 au 3 janvier 2021 inclusivement

In case of emergency, military families should call the Family Information Line at 1-800-866-4546 or CFMAP at 1-800-268-7708. Local emergencies are referred to Wing Duty Operations at 902-765-1494 local 5457.

En cas d'urgence, les familles militaires peuvent appeler la Ligne d'information pour les familles militaires au 1-800-866-4546 ou PAMFC au 1-800-268-7708. Les urgences locales sont référées aux Opérations de l'Escadre au 902-765-1494 poste 5457.

Wishing all of our military families a wonderful Christmas filled with love, laughter, and good cheer! We look forward to serving you in the New Year!

Souhaitant à toutes nos familles militaires un merveilleux Noël rempli d'amour, de rires et de joie festive! Nous avons hâte de vous servir dans la nouvelle année!

CAFconnection.ca/Greenwood home@greenwoodmfr.ca 902-765-5611 24 School Rd, Greenwood

Merry Christmas

From my family and office staff to your readers and their families; may you have a safe and special Christmas in the midst of the pandemic.

Deployed personnel – we are thinking of you and your loved ones.

Many Blessing in the New Year

Sincere thanks

**LEO GLAVINE**  
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# 14 Wing presents: Christmas Stay-cation

14 Wing Greenwood Commander Colonel Brendan Cook & Wing Chief Warrant Officer Dan Campbell

Christmas is often a time to reflect on the things in life we are grateful for.

2020 has been particularly difficult, living under the strain of a pandemic since March and the loss of 22 Nova Scotians in April. We saw six of our comrades perish in the Mediterranean, and another just four months later, ending our Snowbirds' cross-country Op Inspiration tour. But darkness is always balanced by light.

We have learned how important community is. 14

Wing has demonstrated its commitment to community, and each other, exceptionally. We have witnessed countless acts of kindness, as home-made flags encouraged us to "Stay Safe, Stay Healthy." Our band's tribute video to those Nova Scotians lost in April was highlighted nationally for inspiring hope in a time of crisis. Volunteers delivered groceries, made masks, and tucked brightly painted stones in unexpected places to help us find a smile. All of you were ready to respond with your

military skills and professionalism when Canada called. We've continued training, saving lives, tracking adversaries and guarding Canada's coastline. More than ever, we have embraced our wing motto, "Operate as One."

Christmas this year will be different, as many of us are unable to join family in person. As difficult as this may be, there still is a lot we can do, and the comfort of traditions will be more important than ever as they provide a sense of comfort and normal-

cy. So, put up that tree, hang lights, make your list of family and friends to connect with by phone or online, and enjoy the wonderful opportunities the Annapolis Valley has to offer. Or, just stay home, watch a Christmas movie and lounge in your pyjamas all day. Follow public health measures and do your part to keep Canadians and those you love safe.

This Christmas "stay-cation," reflect on the wise words of Clark Griswald, from Christmas Vacation: "Not bonuses or gifts or turkeys or trees,

the Christmas Star is all that matters this holiday season. It means something different for everybody."

This holiday season, rest and reflect on this past year. Figure out what that Christmas Star means for you, and embrace it.

It remains the greatest of privileges to serve with each of you, and we are extremely proud of how 14 Wing has always come together to support each other. Stay safe, stay healthy and happy holidays, from our bubble to yours! ➔

# La 14e Escadre présente : Des vacances de Noël locales

Le temps des Fêtes est souvent l'occasion de réfléchir aux choses pour lesquelles nous sommes reconnaissants.

L'épreuve de la pandémie et la disparition de 22 Néo-Écossaises et Néo-Écossais en avril ont fait de 2020 une année particulièrement difficile. À cela s'est ajoutée la perte de six de nos camarades en Méditerranée, puis une autre disparition à peine quatre mois plus tard, mettant fin à l'opération Inspiration, la tournée pancanadienne des Snowbirds. Mais à l'obscurité succède toujours la lumière.

Nous avons appris l'importance de la communauté. La 14e Escadre a fait la preuve de son dévouement à la communauté et à ses propres membres d'une manière exceptionnelle. Nous avons ainsi été témoins d'innombrables

actes de gentillesse et vu fleurir des drapeaux faits maison nous encourageant à rester en sécurité et en santé.

Mentionnons également la vidéo hommage de notre musique aux Néo-Écossais disparus qui a attiré l'attention partout au pays pour l'espoir suscité en temps de crise. Des bénévoles ont livré de l'épicerie, d'autres ont fabriqué des masques et d'autres encore ont peint des roches de couleurs vives et les ont placées dans des endroits insolites pour amener un sourire sur les visages. De votre côté, forts de vos compétences militaires et de votre professionnalisme, vous étiez tous prêts à intervenir quand le Canada a fait appel à nous. Nous avons continué à nous entraîner, à sauver des vies, à surveiller les déplacements de nos adversaires et à protéger les côtes canadiennes. Plus

que jamais, nous avons appliqué la devise de l'Escadre « Unis dans l'action ».

Cette année, Noël aura un goût particulier, car beaucoup d'entre nous ne pourront pas le fêter en famille. Aussi difficile que cette situation puisse être, nous pourrions tout de même profiter d'un grand nombre de choses, et le confort des traditions sera plus important que jamais en raison du sentiment de bien-être et de normalité qu'elles procurent. Alors, installez arbre de Noël et lumières, faites la liste des membres de votre famille et des amis avec qui vous souhaitez communiquer par téléphone ou par Internet, et profitez des merveilleuses possibilités qu'offre la vallée de l'Annapolis. Vous pouvez tout aussi bien rester chez vous, regarder un film de Noël et passer la journée en pyjama. Quel que soit votre choix, respectez les mesures de santé publique et faites votre part pour assurer la sécurité des Canadiens et de

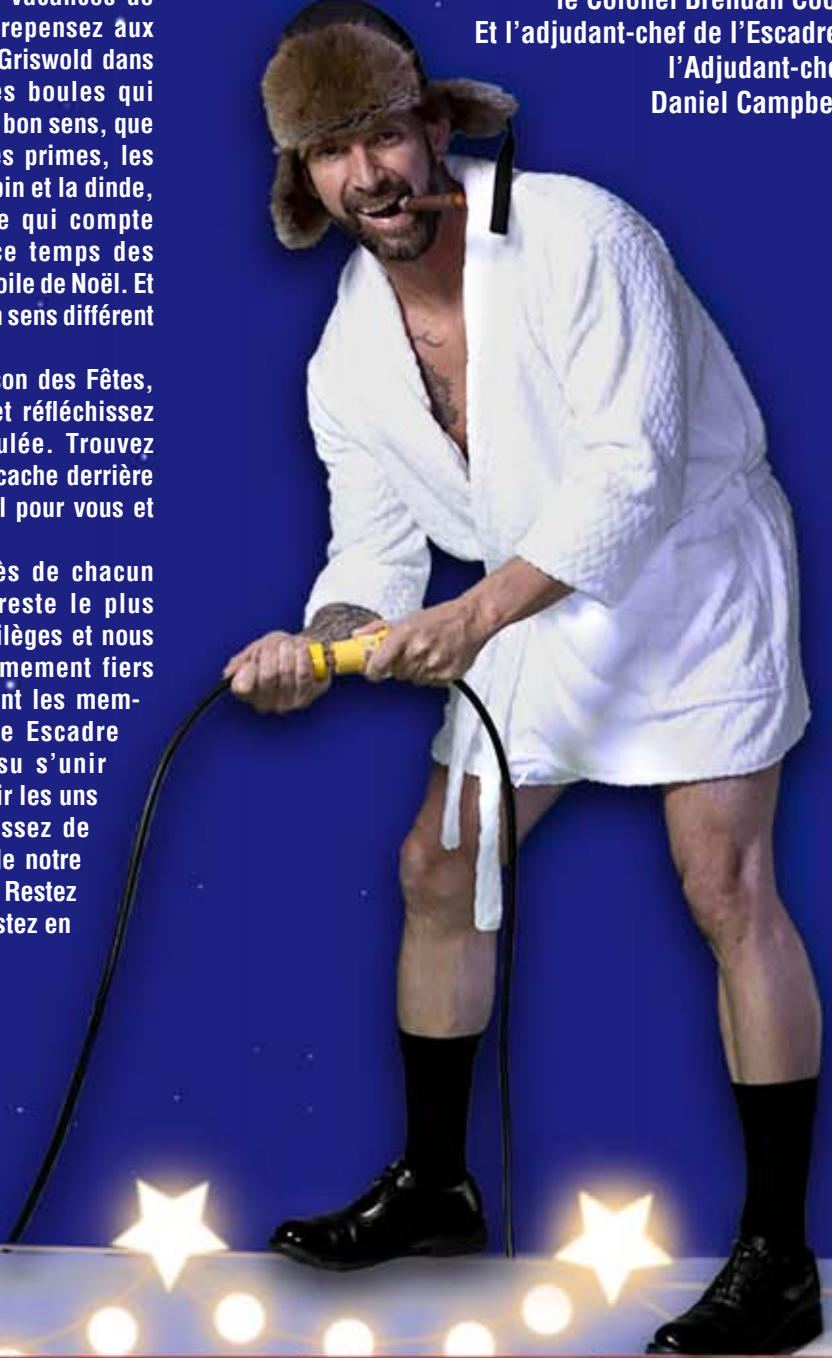
ceux que vous aimez.

Pendant ces vacances de Noël locales, repensez aux mots de Clark Griswold dans Le sapin à des boules qui disait, plein de bon sens, que peu importe les primes, les cadeaux, le sapin et la dinde, la seule chose qui compte vraiment en ce temps des Fêtes, c'est l'étoile de Noël. Et cette étoile à un sens différent pour chacun.

En cette saison des Fêtes, reposez-vous et réfléchissez à l'année écoulée. Trouvez le sens qui se cache derrière l'étoile de Noël pour vous et embrassez-le.

Servir auprès de chacun d'entre vous reste le plus grand des privilèges et nous sommes extrêmement fiers de la façon dont les membres de la 14e Escadre ont toujours su s'unir pour se soutenir les uns les autres. Passez de belles Fêtes, de notre bulle à la vôtre! Restez en sécurité, restez en santé. ➔

Le commandant de la 14e Escadre, le Colonel Brendan Cook Et l'adjudant-chef de l'Escadre, l'Adjudant-chef Daniel Campbell





# 100-Plus Women host virtual meeting to continue gift-giving outreach

100-Plus Women Who Care Annapolis Valley held its third virtual meeting of 2020 December 10: “Not our favourite, but we will be sticking with this until we can meet in person again,” said co-chair Steph

Sedgwick.

Members have been determined through a challenging year to continue their combined support to community groups. Three charities were invited to submit pre-recorded five-min-

ute videos of their programs, and a package was shared on the the100-Plus Women’s Facebook page as the “meeting,” with online voting for the winner of the groups’ financial donation open for a 20-minute

window afterwards.

Presenting December 10 were Big Brothers Big Sisters Annapolis Valley, The Portal Youth Outreach Association and the North Mountain Animal Sanctuary. The Portal, based in Kentville, was selected as the group’s chosen charity and will use its 100-Plus Women support to expand its home-

lessness prevention program targeting 12- to 15-year-olds from West Hants to Annapolis County. Currently offered as an afterschool program, The Portal would like to offer it year-round, and reach more community and municipal partners to address factors contributing to youth homelessness.

Big Brothers Big Sisters is

preparing to celebrate its 45th anniversary in 2021, but is keen to expand matches between more “bigs” and “littles” through volunteer recruitment, screening and training, family enrollment and support, and funds for activities and events. The North Mountain Animal Sanctuary, established in 2009 to protect farm animals in need of love and healthcare in a holistic and natural environment, is fundraising to build a small barn and expand its services. Both received K-Rock advertising promotional support to help them in their work.

The 100-Plus Women Who Care Annapolis Valley Chapter typically meets at Mainstreet Station in Kentville, with the next meeting planned for March 11. The group meets quarterly to hear from three member-nominated community non-profit groups. After five-minute presentations, members vote on which group will be the recipient of each member’s \$100 donation. New members are welcome. Visit 100womenvalley.ca for information on past non-profit recipients, joining details and upcoming events. ➔



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from the Annapolis Valley Chamber of Commerce



In the spirit of the season a special thank you to our military members both home and abroad for all that you do. Have a Merry Christmas everyone and a safe and prosperous new year.



**Stephen McNeil**  
MLA, Annapolis

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## Food funds add up

December 11, 14 Air Maintenance Squadron Honorary Colonel David Proudfoot, left, a Greenwood barrister and solicitor; with 14 AMS Lieutenant-Colonel Cory Marchand, second from left, and Squadron Chief Warrant Officer Kevin Wezenbeek, right, presented a handful of cheques to Friendly Neighbours Christmas Hampers' representative Marty Arsenault, third from left, and Greenwood Military Family Resource Centre executive director Margaret Reid totaling over \$4,700. The squadron, with donation help from Bill Watts (Parker and Richter), Craig Sawler (Cole Sawler), Colin Crowell (Remax/Banner Real Estate), Val Connell (Exit Realty Town & Country) and Proudfoot; gathered the funds to help supply Christmas hampers.

S1 C. Moon, 14 Wing Imaging



*Happy Holidays*

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Best wishes for a joyous  
holiday season and  
wonderful new year.

Wli Nuelewi aq, Pusu'l Puna'ne  
Joyeuse Fêtes  
Feliz Navidad  
اجازة سعيد

With gratitude,  
MAYOR MUTTART & COUNCIL



# bravo zulu | promotions & presentations

14 Wing Imaging unless otherwise indicated.



November 30, Aviator (Trained) Hanson, centre, was promoted to current rank by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Tom Goldie, left, with Master Warrant Officer Arsenault.



November 30, Aviator (Trained) Rumble, centre, was promoted to current rank by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Tom Goldie, left, with Master Warrant Officer Arsenault.



Second Lieutenant Christopher Voysey, left, of Deputy Wing Command, poses for a photo with his mother, Jeean Voysey during the branch Honours and Awards ceremony November 25, as he was promoted by Deputy Wing Commander Lieutenant-Colonel Dale King, with Chief Warrant Officer John Martin.



Second Lieutenant Jazlyn McDermot, centre, of Deputy Wing Command, received a Commission Scroll November 25 from Deputy Wing Commander Lieutenant-Colonel Dale King, left, with Chief Warrant Officer John Martin.



November 23, Aviator Ross was promoted from aviator (basic) to aviator (trained) by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Tom Goldie, left; with Master Warrant Officer Arsenault.



November 30, Corporal McCrory, centre, was promoted to current rank by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Tom Goldie, left, with Master Warrant Officer Arsenault.



December 3, Warrant Officer Michael Cox, second from left, received the appointment to the Order of Military Merit, presented by 413 (Transport and Rescue) Squadron Lieutenant-Colonel Brent Vaino, third from left; with Chief Warrant Officer Kevin Roberts, fourth from left; Colonel Brendan Cook, right; and Wing Chief Warrant Officer Dan Campbell, left. The Order of Military Merit recognizes distinctive merit and exceptional service displayed by the men and women of the Canadian Armed Forces. Many have demonstrated dedication and devotion beyond the call of duty, and the order honors them for their commitment to Canada.



Major Melany Lepage, second from right, of 14 Operations Support Squadron, was promoted November 25 to lieutenant-colonel by her husband, Lieutenant-Colonel Alex Forest, second from left, Canadian Forces College Toronto; with 14 Wing Greenwood Commander Colonel Brendan Cook, left, and Wing Chief Warrant Officer Daniel Campbell.



November 23, Aviator Nason was promoted from aviator (basic) to aviator (trained) by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Tom Goldie, left; with Master Warrant Officer Arsenault.



November 30, Aviator (Trained) Hu, centre, was promoted to current rank by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Tom Goldie, left, with Master Warrant Officer Arsenault.



October 8, Master Corporal Alex Hughes, second from right, 14 Air Maintenance Squadron; received the 14 AMS Junior Leadership Trophy from Lieutenant-Colonel Cory Marchand, second from left; with Chief Warrant Officer Kevin Wezenbeek, right, and Honorary Colonel David Proudfoot.



October 8, Master Corporal Alex Hughes, second from right, 14 Air Maintenance Squadron; received a Commanding Officer's Commendation from Lieutenant-Colonel Cory Marchand, second from left; with Chief Warrant Officer Kevin Wezenbeek, right, and Honorary Colonel David Proudfoot.



November 2, Warrant Officer Adrian LeBlanc, centre, Wing Intelligence Flight warrant officer; received the Chief of the Defence Staff Commendation, presented by 14 Wing Greenwood Commander Colonel Brendan Cook, left, with Wing Chief Warrant Officer Dan Campbell. The award recognizes LeBlanc's role while deployed to Kuwait between June 2019 and January 2020, within the Joint Intelligence Centre, where his collaboration with allied intelligence agencies led to the collection of potential targeting opportunities, resulting in the validation of source reporting and enhanced the understanding of threat actors in the area. His efforts were critical to the expansion of the intelligence network, the creation of comprehensive products for senior decision makers and Canada's contribution within the coalition.



Captain Tristan Morris, centre, was recently presented the Canadian Forces Decoration, presented by 404 (Long Range Patrol and Training) Squadron Major Shawn Dyer, right, with Chief Warrant Officer Jonathan Freeman.



October 8, Aviator Trained Peter Blakesley, second from right, 14 Air Maintenance Squadron; received a Commanding Officer's Commendation from Lieutenant-Colonel Cory Marchand, second from left; with Chief Warrant Officer Kevin Wezenbeek, right, and Honorary Colonel David Proudfoot.



October 8, Corporal Xi Wang, second from right, 14 Air Maintenance Squadron; received a Commanding Officer's Commendation from Lieutenant-Colonel Cory Marchand, second from left; with Chief Warrant Officer Kevin Wezenbeek, right, and Honorary Colonel David Proudfoot.



November 17, Sergeant Kim Smith, second from left, was promoted to warrant officer by Deputy Wing Commander Lieutenant-Colonel Dale King,, left; with her husband Master Warrant Reg Smith, second from right, and RCAF Reserve Careers Chief Warrant Officer Keith Mitchell.



Major Dave "Geordie" Prangle, centre, was recently awarded the Canadian Forces Decoration and, in consideration of his extensive combined service with the Royal Air Force and the Royal Canadian Air Force, the Canadian Forces Decoration First Clasp, the same day; presented by 404 (Long Range Patrol and Training) Squadron Major Shawn Dyer, right, with Chief Warrant Officer Jonathan Freeman.



October 20, Aviator Braidon Sheldrick, centre, 14 Air Maintenance Squadron; with 14 AMS Chief Warrant Officer Kevin Weezenbeek, left, and 14 AMS Lieutenant-Colonel Cory Marchand; was presented the Top Student award for the CP140 Avionics Systems On-Aircraft Maintenance Course MOD 1 by 404 (Long Range Patrol and Training) Squadron Major Shawn Dyer and Chief Warrant Officer Jon Freeman.

**Notice to readers:** Newsprint is a porous material: there are no known cases of transmission of COVID-19 through paper products. The World Health Organization says potential transmission of the virus is extremely low via commercial goods. Papers are mechanically printed and bundled, wrapped for delivery and placed on news stands or delivered to outdoor points by our neighbourhood carriers. Be reassured, all of us involved in getting The Aurora to you are taking the recommended handling and distancing precautions. **If you are staying close to home and do not have delivery, read The Aurora in full online at [auroranewspaper.com](http://auroranewspaper.com).**

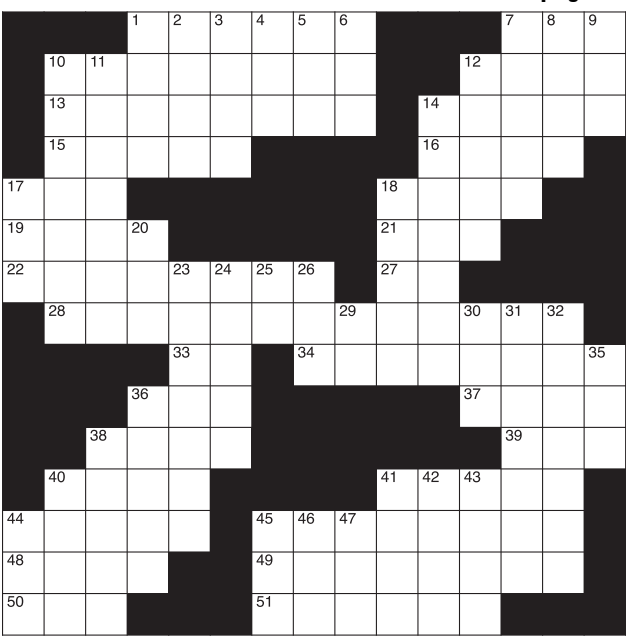




The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email [auroraeditor@ns.alianzinc.ca](mailto:auroraeditor@ns.alianzinc.ca). Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse [auroraeditor@ns.alianzinc.ca](mailto:auroraeditor@ns.alianzinc.ca). Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédant la publication, à moins d'avis contraire.

## metro crossword



- ACROSS**
1. Home of the Cowboys
  7. 'Hawaii Five-O' actor McBride
  10. Most aged
  12. Fitted with a shoe
  13. Courteously
  14. They form over cuts
  15. Western Alaskan river
  16. Aggressive men
  17. Farm animal
  18. Young woman (French)
  19. Sixth month of Hebrew calendar
  21. Short cry
  22. State capital
  27. Rural delivery
  28. 'Twilight Zone' creator
  33. Gigabyte
  34. Flammable hydrocarbon
  36. Supervises flying
  37. An actor who plays a principal role
  38. Furnace for pottery
  39. Fall back
  40. Afrikaans word for language
  41. Chinese city
  44. Fleshy
  45. Inventor
  48. Taxis
  49. A citizen of Spain
  50. Important age for aging workers (abbr.)
  51. Body part
  - DOWN**
  1. Chinese mountain range
  2. Romanian city
  3. Fishermen cast it
  4. Shelter from wind
  5. Sign language
  6. Pippet
  7. Make sore
  8. Flat metal shelves
  9. Forms that say who you are
  10. Cigar lovers' necessity
  11. Popular cooking ingredient
  12. Skin covering the head
  13. Unshakable
  17. Exclamation meaning 'Finally!'
  18. One of the wise men's gifts
  20. Take away from the law
  23. In accordance with the law
  24. Nicole Kidman's husband
  25. NY Giants legend
  26. Utilize
  29. Beloved Hollywood alien
  30. Unwell
  31. More destitute
  32. Grinded together
  35. Sun up in New York
  36. Italian-made cars
  38. Most sacred site in Islam
  40. Rip apart
  41. Go in a specified direction
  42. Freshwater mussel genus
  43. The Man' Musical
  44. One thousand cubic feet (abbr.)
  45. West coast time zone
  46. Mimic
  47. You can get one in summer

crossword brought to you compliments of

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ALWAYS.

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**NOTICE: Many community events may change details as gatherings are affected by public health guidance around COVID-19. Please check ahead with the organizers, as submission dates and Aurora press deadlines are in advance of distribution.**

### Retirees' info available

The National Association of Federal Retirees' resource, "You and Your Survivor," 2020 version, is now available. To reserve a copy please email [NAFR75@gmail.com](mailto:NAFR75@gmail.com) or call Bill/ Carolyn, 902-765-8590.

### Blue Christmas service

December 21, 6:30 p.m., there will be a Blue Christmas service at the Wilmot Baptist Christian Fellowship Centre, Wilmot, for those who suffer feelings of sadness, loneliness, depression, worry or loss at Christmas. Join us for a quiet, sensitive and

caring service that understands your feelings, and offers hope and comfort. COVID-19 protocols are being followed. Please call 902-765-2386 for info and to reserve a seat.

### Speed skating programs

January 4 is the start date for a series of programs with the Annapolis Valley Speed Skating Club, including learn to speed skate, skills development, recreational and competitive programs. For info: contact [valleyspeedskating@gmail.com](mailto:valleyspeedskating@gmail.com).

### Ultimate frisbee

Wednesdays, 9 p.m., the Annapolis Valley Ultimate Frisbee League invites new and experienced players to weekly indoor games at the Credit Union Rec Complex in Kentville. \$10 drop-in fee. Details on Facebook.

### Lions 50/ 50 online fundraiser

The Lions Clubs of Nova Scotia are excited to announce a monthly online 50/50 fundraiser. Money raised will go right back to your local Lions Club, allowing Lions across Nova Scotia to continue doing their community work. Tickets at <https://rafflebox.ca/raffle/lionsclub>. Select the Lions Club you wish to support (including the Kingston Lions Club). Open to N.S. residents

## horoscopes

### December 20 to December 26

#### ARIES - Mar 21/Apr 20

Someone could be extremely generous to you soon, Aries. It may be out of the goodness of his or her heart, or it may be because of a guilty conscience. You may never know.

#### TAURUS - Apr 21/May 21

Avoid power struggles at work or even among your circle of friends, Taurus. It is not worth the trouble to get involved, and things will calm down soon. Keep your distance.

#### GEMINI - May 22/Jun 21

Gemini, this week may be well suited to contemplation about certain decisions that have been on your mind. Find a quiet place and put all of the puzzle pieces together.

#### CANCER - Jun 22/Jul 22

Cancer, if you feel like you are ready to make a difference in someone's life, then be honest about what you can take on. You may need a little help along the way.

#### LEO - Jul 23/Aug 23

Leo, if you need someone to motivate you, seek out a trustworthy friend with your best interests in mind. A qualified mentor might be the way to go.

#### VIRGO - Aug 24/Sept 22

Virgo, sometimes a daily routine can land you in a rut. This is the time to change things up a bit. Mix up your regular schedule by trying a new activity or taking a trip.

over 19. Tickets sold monthly for the draw on the first Thursday of the following month.

### RCAF Association events

The 107 Royal Canadian Air Force Association hosts many social activities, including darts, washer toss, dances, dinners, bingo, TGIFs and friendly conversation. Many of these events are open to the public. Drop by and see us: 904 Central Ave, Greenwood.

### Alcoholics Anonymous

If you want to drink, that's your business. If you want to stop, that's ours. Contact us at 902-691-2825 or [area82aa.org/district3](mailto:area82aa.org/district3).

### Volunteer tutors needed

Do you have an hour or so a week you would like to use to help someone upgrade their reading, writing or math skills? The Valley Community Learning Association would like to hear from you! We have volunteer opportunities available to assist our learners with upgrading their skills, helping with apprenticeship exams or individual course materials (NSCC and adult high school). Math tutors are especially welcome. For information, contact our tutor coordinator, Kathie Sheffield, 902-679-5252.



## Community crams cruisers

**Kings District RCMP's December 4 Cram the Cruiser event was met with incredible support from county residents. Along with Kings Seniors' Safety Society members, RCMP members received an outstanding amount of winter clothing donations: over 100 bags of clothing were delivered to Open Arms in Kentville collected at the event's drop off sites in Berwick and Wolfville. Kings District RCMP and their partners would like to wish everyone a safe and enjoyable holiday season.**

Submitted

## sudoku

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 3 |   |   |   | 4 | 9 | 5 | 7 |
|   | 5 | 4 | 6 | 2 | 7 |   |   |   |
| 8 | 7 |   | 3 |   |   |   |   | 4 |
|   |   |   | 7 |   |   |   |   |   |
| 2 | 3 |   | 9 |   |   |   | 6 |   |
|   | 1 |   | 5 |   |   | 3 |   |   |
|   |   |   | 2 |   | 6 | 1 | 9 | 8 |
|   | 6 |   |   | 9 |   | 4 |   |   |
|   | 9 |   | 7 | 1 | 2 |   | 5 |   |

Level: Beginner

### Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

# Basic safety tips for multi-use fitness trails

If your community has become significantly more physically active during the COVID-19 pandemic, local fitness trails may have started to feel more like the Trans-Canada Highway. Runners, walkers, in-line skaters, wheelchair athletes, cyclists, dog walkers and skateboarders are all out, moving at different speeds.

What happens when some people don't pay attention to what is happening around them? When a large number of people are doing different things on the same trail, it's very important everyone follows some basic "rules of the road."

**Wheels yield to heels** – the fastest moving people on the trail usually are on wheels. These folks need to be cautious when they approach walkers and runners, especially from behind.

**Always pass people on the left** – just as you do driving. If you aspire to win the Tour de France – don't train on a heavily used fitness trail. You will be frustrated by frequent slowdowns, and travelling fast will increase the risk of collisions. To satisfy your need for speed, train on the



roads.

All cyclists should use a bell or horn to warn others they are planning to pass. This "heads up" is appreciated by everyone you pass and reduces the risk of accidents. Remember: dinging your bell is not a "command" to get out of the way. You still need to be prepared for people who do not respond to your warning. If you don't have a bell or horn, use a verbal warning such as, "coming by on your left."

**Maintain situational awareness** – look around regularly and listen for people coming up behind you. Stay-

ing vigilant while you use a shared trail is difficult to do if you are wearing ear buds, texting your friends or reading a book.

Leash your dog on a trail. Even the best-trained dogs can be unpredictable, especially if they see a squirrel.

Children are motivated by fun and sometimes will rap-

## classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494

local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email [auroraproduction@ns.alianzinc.ca](mailto:auroraproduction@ns.alianzinc.ca) or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email [auroramarketing@ns.alianzinc.ca](mailto:auroramarketing@ns.alianzinc.ca).

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères

### crossword solution

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
|   |   |   | D | L | L | A | S |   |   |   |   | C | H | I |
| H | O | A | R | I | E | S | T |   |   | S | H | O | D |   |
| U | R | B | A | N | E | L | L | Y |   | S | C | A | R | S |
|   | W | E | A | D | E |   |   |   | O | A | F | S |   |   |
| P | I | G |   |   |   |   |   |   | M | L | L | E |   |   |
| A | D | A | R |   |   |   |   |   | Y | I | P |   |   |   |
| H | O | N | O | L |   |   |   | L | U | L |   |   |   |   |
| R | O | B | E | R | T | S | E | R | L | I | N | G |   |   |
|   |   |   | O | B | B | E | T | H | Y | L | E | N | E |   |
|   |   |   | T | A | X |   |   |   |   | L | E | A | D |   |
|   |   |   | K | I | L | N |   |   |   |   | O | S | T |   |
|   |   |   | T | A | L |   |   |   |   |   | W | U | S | I |
|   |   |   | M | E | A | T |   |   |   | P | A | T | E | N |
|   |   |   | C | A | R | S |   |   |   | S | P | A | N | I |
|   |   |   | F | R | A |   |   |   |   | T | E | N | D | O |

### sudoku solution

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 | 3 | 2 | 8 | 1 | 4 | 9 | 5 | 7 |
| 9 | 5 | 4 | 6 | 2 | 7 | 3 | 8 | 1 |
| 8 | 1 | 7 | 9 | 3 | 5 | 6 | 2 | 4 |
| 5 | 9 | 8 | 7 | 6 | 3 | 4 | 1 | 2 |
| 2 | 4 | 3 | 1 | 9 | 8 | 5 | 7 | 6 |
| 7 | 6 | 1 | 4 | 5 | 2 | 8 | 3 | 9 |
| 3 | 7 | 5 | 2 | 4 | 6 | 1 | 9 | 8 |
| 1 | 2 | 6 | 5 | 8 | 9 | 7 | 4 | 3 |
| 4 | 8 | 9 | 3 | 7 | 1 | 2 | 6 | 5 |

Kingston Recreation

ADULT SKATING

MONDAYS 10:30 a.m. – 12 noon  
Starting Monday October 19  
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COST \$4/Person

Need a helmet? Please ask.

Contact [recreation@kingstonnovascotia.ca](mailto:recreation@kingstonnovascotia.ca)

Physical distancing required while on the ice and in the change rooms. COVID-19 Protocols in affect while in the Credit Union Centre.

CREDIT UNION CENTRE

everyone who shares the trail with you will be safer - and have more fun. If you exercise alone, make sure someone knows where you are and when you expect to finish. →

*Dr. Darrell Menard is the surgeon general's specialist advisor in sports medicine and has worked extensively*

*with athletes from multiple sports. As part of the Strengthening the Forces team, he works on injury prevention and promoting active living. Strengthening the Forces is the Canadian Armed Forces/ Department of National Defence's healthy lifestyles promotion program.*

~ In Loving Memory of ~

Morton, Edward "Ed" Keddy

October 2, 1933 – December 23, 2008

The Clock of Life

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But once  
And no man has the Power  
To tell just when  
At late or early hour  
Now is the time you own  
Live, Love, Toil with a will  
Place no faith in tomorrow  
For the clock may then be still.

Shirley, Donna,  
Cynthia Anne & Joe

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# Angels among us

**Wendy Richardson**

2020 has been a challenging year. I feel extremely proud of my friends who, again this year, came together to help out Chrysalis House. I truly believe there are “angels among us.”

December 5, we held a coffee and Timbits event under our carport. COVID-19 rules were in place and, although it was a rainy day, there were a few ladies who braved the weather and came by for a coffee and to drop off a donation of gift cards, soups, toiletries, money, toys and more. The aim this year was to help replenish the pantry at Chrysalis House. We raised approximately \$1,400 in money and gift cards, plus all the other “stuff” donated. Thank you so much to all the “Angels Among Us” who helped make this a success. Thanks to all the ladies who donated before the coffee morning. It doesn’t take much to do a good deed and help those in need.

Special thanks to Son-di Raegh and her son from Tim Hortons elves, who helped make the event happen with the coffee, tea, hot chocolate and yummy Timbits - and all the other donations for Chrysalis House.



**Ginger McPhee, director of Chrysalis House, left; with Gary Caven and coffee morning organizer Wendy Richardson.**

Submitted

House. put a smile on many faces. Merry Christmas and stay safe. ➔



**Ginger McPhee, director of Chrysalis House, left; coffee morning under the carport organizer Wendy Richardson and Tina Logan, standing with some of the donations to Chrysalis House.**

Submitted

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Happy Holidays!*

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L’atelier le respect au sein des FAC s’adressent aux militaires (de la Force régulière et de la Force de réserve); lorsque l’espace et les ressources le permettent, les employés civils le ministère de la Défense nationale et les employés civils embauché au moyen de fonds non publics sont invités à y participer. Tous les cours en offrant au centre de conditionnement physique et de sports a 8 h

15 a 16 h. Pour enregistrez contactez Édith Tremblay au 902-765-1494 poste 5388 ou edith.tremblay@forces.gc.ca.

- Le respect au sein des FAC (Sdt/Sgt) – 21 janvier, 15 avril, 27 mai
- Le respect au sein des FAC (Adj/Officiers) – 25 février, 29 avril, 10 juin
- Le respect au sein des FAC (tous les rangs) – 11 mars, 13 mai, 29 juin ➔



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# Respect in the CAF workshops

The Respect in the CAF workshop is open to military members (Regular and Reserve Force) and, where space and resources allow, Department of National Defence and Non Public Funds civilian employees are welcome to participate. To register, please contact Edith Tremblay at 5388 or edith.tremblay@forces.gc.ca. All courses are 8:15 a.m. to 4 p.m. at the 14 Wing Greenwood Fitness & Sports Centre.

- Respect in the CAF (private/sergeant) – January 21, April 15, May 27
- Respect in the CAF (warrant officers/ officers) – February 25, April 29, June 10
- Respect in the CAF (all ranks) – March 11, May 13, June 29 ➔

*Merry Christmas & Happy New Year to all!*

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*Christmas*

**Sobeys**  
GREENWOOD





## Christmas for kids

Over the last eight years, 143 Construction Engineering Flight Sergeant Courtney Zwicker has spearheaded an effort to provide some Christmas treats to those who may need a hand at this time of year. Through donations collected from several areas, this year, she was able to raise enough to provide for two unsuspecting young children. Once wrapped and delivered, a happier Christmas could be in store.

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron

## RCMP investigating Aylesford Lake area cottage break-ins

Kings District RCMP have responded to three break-ins in the Aylesford Lake area in recent days.

December 7, members attended a property on the North River Road in McGee Lake to investigate an attempted break-in. The suspects attempted to gain entry through a garage door, but were unsuccessful.

December 13, members attended a property on Maple

Drive in Aylesford Lake to investigate a break and enter, where the suspects gained entry by breaking a window. The investigation is continuing.

December 14, members attended a property on North River Road in Aylesford Lake to investigate an attempted break-in. The suspects attempted to gain entry by removing the window screens, but were unsuccessful. The

suspects, however, were successful in breaking into a locked shed, but nothing was taken.

The RCMP encourages the community to report suspicious activities in their neighbourhoods in an effort to help reduce property crime. Important details to provide to police when calling are descriptions of persons observed, vehicle descriptions, license plate

numbers and direction of travel when the vehicle left.

Anyone with information about the break-in incidents is asked to contact Kings District RCMP at 902-679-5555. Should you wish to remain anonymous, call Nova Scotia Crime Stoppers toll free at 1-800-222-TIPS (8477), submit a secure web tip at [crimestoppers.ns.ca](http://crimestoppers.ns.ca), or use the P3 Tips App. ➔

*Mayor Don Clarke,  
council and staff of the*

**TOWN OF  
berwick**

*wish friends all the best  
through the holidays,  
and into 2021.*

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*Seasons Greetings*

**Middleton  
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*Our warmest wishes to you  
and yours this holiday season*

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& all the best in 2021  
to our military community,  
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**Christmas Wishes**

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