







Kelly, Ricketts exchange 'honour' of serving as 14 Wing honorary colonels

Sara White, **Managing editor**

Used to putting himself in front of a crowd, but appearing before just a few dozen known friends on this date, 14 Wing **Greenwood Honorary Colonel** Terry Kelly admitted to feeling a little nervous.

"But, I'm also bursting with gratitude," he said. "I have had the honour of serving the Royal Canadian Air Force and 14 Wing Greenwood.'

Kelly was invested in 2015 as 14 Wing's honorary colonel. The well-known Atlantic Canadian entertainer turned over his responsibilities to a new honorary colonel November 16, Lieutenant-Colonel (retired) William Ricketts. Base command teams and a limited number of guests attended the handover at the Annapolis Mess, with the ceremony shared around the base on an internal MS Teams feed.

"'Operate as One' is the motto of the wing, and I have lived that," Kelly said. "I have experienced that, I have felt that.'

Kelly likened the range of opportunities and special projects he has been a part of in year for us students.



In his last official act November 16, 14 Wing Greenwood Honorary Colonel Terry Kelly signed over the certificate of honorary colonelship during the investiture ceremony for incoming Honorary Colonel William Ricketts. Corporal Y. Kang, 14 Wing Imaging

the past five years to his early the Blind, itself focused on "building camaraderie, and gaining brothers and sisters for, essentially, 10 months a

"When I came here to the years at the Halifax School for wing, there was a whole new set of people to connect with: wonderful people. Being the honorary colonel was not about me; the honorary colonel serves the people, and the



Lieutenant-Colonel (retired) William Ricketts, right, accepted the specialty badge pin of an honorary colonel November 16 from 14 Wing Greenwood Commander Colonel Brendan Cook, as he was invested into the role during a ceremony in the Annapolis Mess.

Corporal Y. Kang, 14 Wing Imaging

role is about the opportunity to serve. Everyone in the world can serve, with gratitude, because you are blessed with gifts and there is cooperation. That is all needed to 'operate as one."

Kelly said the opportunity for him to serve the Canadian military was a "dream come true."

In a video message from RCAF Commander Lieuten-

and Chief Warrant Officer J.R.D. Gaudreault, the men thanked Kelly for his ambassadorship on behalf of the RCAF, and for his input and support for the network of honorary ant-General Al Meinzinger colonels across the country.

Continued on page 2...



Contact your unit Combined Charities representative to participate Collect toiletries in your unit for Valley outreach programs, and win the chance to decorate Wing Commander Colonel Cook's beard for December's Christmas events.



Combined Charities programme de Charité combiné





Presented by présemé par

14 Wing Greenwood Honorary Colonel Terry Kelly, right, was presented a wooden plaque for his service to 14 Wing and the Royal Canadian Air Force by Colonel Brendan Cook as his term as honorary colonel "I've come to know you, the shoulder, as you understand promise in that opportunity lot of pride in it. My personal came to an end November 16. The wing's "Operate as unshakeable enthusiasm you what it means to be a man and what we can build togeth- insight goes back to some of One" crest and motto, including a Braille relief, was surrounded by all the crests of units' and squadron' affiliated with 14 Wing. Corporal Y. Kang, 14 Wing Imaging



November 16, Tony Kelly, right, was presented a shad- Campbell and several com- you are a very modest man, ow box collection of many of the insignia and markings munity musicians recorded a never looking for credit. That of an aide-de-camp, in thanks for his five-year unofficial role while his brother, Terry Kelly, served as the 14 Wing Greenwood honorary colonel. Colonel Brendan Cook thanked Kelly for his support and contributions with technicians from 14 Wing to the wing, and the Royal Canadian Air Force.

Honorary colonels...

in their comments, as Kelly's the times." brother is a constant partner in Kelly's day-to-day business. Pittance of Time, with 14 Con- the first extensive, multi-air- uniform – I never expected it,

Patrol) Squadron as Kelly was one single day. You've shared comrades."

you did – and more."

Kelly, with 14 Wing Band- in your own right. There is so master Warrant Officer Jeff much you have done - and gift to the RCAF in "No Sky Too" is the best example of 'Operate High," also creating a video as One." Imaging.

14 Wing Commander Colo- struction Engineering Squad- craft operational deployment but I wear it with pride. It is nel Brendan Cook admits,ron Honorary Colonel Dan of the Aurora out of Sicily,good to be in the RCAF." when he was commanding Hennessey cemented Kelly's Italy, in 1992 with the Maritime Describing his first military

invested, he didn't know Kelly. incredible force of support tor, retiring from IMP in 2017. Forces, then the move to ser-He missed the investiture, was for the wing and the RCAF, deployed for months, then founded on generosity and car- colonel will be necessarily dif- now today's uniform, Ricketts posted away from the base. ing," Cook said. "It has been ferent from that of Honorary said he "is very aware of tradi-Returning as commander, a pleasure to have you at my Colonel Kelly's, and I see great tion and heritage, and takes a have that has not disappointed in uniform and stand by your er," Cook said. "Welcome back the beginning days; in 2024, to 14 Wing."

and wing commanding officers almost every honorary coloinsight at our 2019 strategic nel experience over the past five years. While there is no "This spring, when times recognized honorary execuwere tough for us all, you tive assistant or aide-de-camp reached out: what could you position, "Tony dedicated time do? I just asked you to send and effort to this wing, coordia message to our people, and nating events and strategies as a strong advocate for the RCAF

Ricketts, the incoming hon-

the RCAF goes above and be- RCAF, including a number of invested as honorary colonel, yond - that moved me and the years at 14 Wing with and as "totally committing to do ev-They also included Tony Kelly wing chief to do more, despite commanding officer of 405 erything I can to help out, in Squadron and, later, as wing any way I can.

The November project, Op A operations officer. He planned "It feels great to be back in

officer of 405 (Long Range support for those who serve. Air Group. Upon retirement in uniform as green, under an "Terry, you have been an 2000, he joined the private sec- amalgamated Canadian Armed "Your path as an honorary vice colours for the RCAF, and the air force turns 100, and your love of music, you've Cook made special mention Ricketts expressed feelings. I am excited I may be a part visited with and spoken with of Tony Kelly, Kelly's brother, of honour, humility, excite- of that. Thank you for the



Master Warrant Officer Dave Emmons, centre, 404 (Long Range Patrol and Training) Squadron, received the Com mand Team Coin from 14 Wing Greenwood Colonel Brendan Cook, left, and Wing Chief Warrant Officer Daniel Campbell for his craftsmanship and attention to detail orary colonel, is no stranger: designing several gifts for the November 16 honorary "That you could show how he served 26 years with the colonel investiture ceremony. Corporal Y. Kang, 14 Wing Imaging

The Aurora News

Royal Canadian Air Force website

www.rcaf-arc.forces.gc.ca

CAF Connection Site

www.cafconnection.ca

www.forces.gc.ca

14 Wing Greenwood Site

Site de la 14e Escadre Greenwood

Site Web de l'Aviation royale canadienne

Site du portail communautaire des Forces

www.airforce.forces.gc.ca/en/14-wing/index.page

National Defence and the Canadian Forces

Défense nationale et Forces canadiennes

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Flying milestone marks Turpie's professionalism, mentorship, passion

Managing editor

Captain Paul Turpie "thought he'd try it," working his way through his third year of a history degree but opting to join the Canadian Armed Forces as a pilot October 1, 1982.

"It's worked out for me!" he says, most recently recognized with a certificate marking 10,000 flying hours.

Turpie was born in Scotland and immigrated to Canada with his family when he was just eight years old. His father had done national and his step-father was a **Force operations.** military pilot. Now, 38 years

"amazing.

Fincastle competition. I was "Typically, the crew works" your dedication and commit- my most experienced and



Cook, left, recently presented 404 (Long Range Patrol and Training) Squadron Captain Paul Turpie with an certificate recognizing his achievement of was August 10, 2006, on service with the British Army, 10,000 flying hours in support of Royal Canadian Air aircraft 101 (which was

Trackers in Summerside, medals, but I'm working on I just keep doing it because Turpie was an instructor and Tutors, as an instructor, my third bar of 'undetected I like it." in Moose Jaw; and, since crime," he jokes, referring to 14 Wing Greenwood Com-1992, CP140 Auroras in the Canadian Forces Decora- mander Colonel Brendan carried out a crew comtion for distinguished service. Cook presented Turpie with mander (Long Range Patrol He describes his career as Flying to interesting places his 10,000-hour certificate Air Combat Systems Officer with people he comes to con- in November, with his con- qualification) check on me "I've been to all the places, sider "family" after spending gratulations on reaching a during a deployed trip to around the world - the lon- hours and days and weeks "substantive milestone." gest was likely a month, when as a crew is the bonus to a "This immense accom-

Master Corporal K. Scott, 404 (Long Range Patrol and Training) Squadron Thomas says. "It was one later, Turpie has flown four the crew commander: we together for a half-year or so, of my first flights ever on different military aircraft – came second to the United and you do come out of it as a the Aurora. I was a student Sea Kings in Shearwater, Kingdom aircrew. I have no family – that's been amazing. at 404 Squadron and Captain

we went to Australia for the career in military aviation. plishment is testament to ron, Captain Turpie is one of

ment to the Royal Canadian knowledgeable pilot instruc- dent to a commanding of-

with 404 (Long Range Patrol

and Training) Squadron. She

"My first flight with him

crew commander. Several

"Now as CO of 404 Squad-

vears later, Captain Turpie

Keflavik Iceland

earlier years.

ant-Colonel Angela Thomas, relationship to him.

"From an untrained stu- team." >

Air Force, and the countless tors and standards officers." ficer, Captain Turpie has number of pilots who re- Thomas says one of the always made time to provide ceived training under your remarkable things about advice and mentorship within mentorship. Congratulations Turpie is his approach to his area of expertise. He is a once again on this life-time flying and his commitment true professional, and 404 hasn't changed, either Squadron is fortunate to Turpie's current com- throughout the years or have someone as dedicated manding officer is Lieuten- throughout her own role or and passionate about flying

as him as a member of our

spent a few moments looking into her own log book to find instances when she flew with Turpie in her own

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Circulation | Circulation: 4,500 Mondays | Lundis Agreement No. | Numéro de contrat : 462268 Fax: 902-765-1717

Website | Site Web: www.auroranewspaper.com The Aurora, PO Box 99, Greenwood NS BOP 1NO

L'Aurora, C.P. 99, Greenwood (N.-É.) BOP 1NO Location | Emplacement : 61 School Road, Morfee Annex

61 School Road, Annexe Morfee Mail subscriptions: annual \$105 plus tax, weekly \$2.18 plus tax.

Abonnements par correspondance: 105\$ par année plus taxes, 2,18\$ par semaine plus taxes.

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www.vpinternational.ca

14 Wing Health Promotion Tips, program highlights and resources | 14 Wing Fitness Online work-outs, resources and tips | 14 Wing Community Recreation Online activities, resources and fun | Annapolis Mess Special events and entertainment | 14 Wing Greenwood Winter Carnival/ 14e Escadre Carnaval d'hiver Annual winter Defence Team fun and challenge events | 14 Wing Greenwood PSP A wider resource for PSP entities (recreation, fitness, health promotion, news and events) | Greenwood Military Family Resource Centre Resources, activities and program highlights | 14 Wing Greenwood Bowling Centre Centre updates | 14 Wing Aquatics Pool recreation, competitive, training, news | 14 Wing Library Online story time, resources for learning and fun | Greenwood Military Police - Police militaire de Greenwood Safety, security and public information from 24 Military Police Flight | 14 Wing Combined Charities Wing activities in support of our community | 14 Wing Spiritual Resilience Page Hosted by the 14 Wing Chaplains, with spiritual support and resources | GMAM.ca Follow news and events at the Greenwood Military Aviation Museum | 14 Wing Welcome Schedule of events details

CHRISTMAS!

Shop locally this Holiday Season

Add to Stockings Were Hung drive, make Christmas for youth brighter

Christmas a happier time for bubble bath, hair brushes and



Valley businesses, service who could use a helping hand goodies (gum, candy, chocogroups, sports teams and providing Christmas treats to late). Handy things, including community groups - led by youth ages four to 19. Sug- flashlights, ear buds, grocery volunteers – are joining forces gested donations include cards and sports gear; are also in the 8th annual drive to make toiletries (shampoo, soap, wonderful stocking items.

elastics), games and activities Hung donation boxes may be The Stockings Were Hung (decks of cards, Lego, toy found at local community busistocking and toy drive is col- cars, books and magazines, nesses and centres; or, contact lecting small items and toys, crayons, Play-doh, notebooks info@donnaconradteam.com destined to go on stockings and journals), clothing (PJs, or 902-679-0700 to make a for individuals and families socks, hats and mitts), and donation – or hold a donation collection event yourself! The project is sponsored by RE/ Max Advantage, with many

Online musical variety shows, donation campaigns and activities to help with the collection of goodies and funds may be found on Facebook at stockingswerehung, or on Instagram at the stockingswerehung. The deadline to donate





Festival of Trees

14 Wing Combined Charities hosted its Festival of Trees November 21 at the Greenwood Mall, with base sections and community businesses adding two dozen

> decorated trees and hourly prizes for the fundraising effort. All funds add to the wing's workplace giving fall campaign, which contributes to about 60 local and regional non-









Dec 9 at noon is content deadline date

Multi-page spread with photos and features on all things seasonal: outdoor living, recipes, consumer trends Capturing the busiest retail season of the year.

any size

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remaining week.

Shop locally this Holiday Season

the Aurora | 14 Wing Greenwood, NS December 7, 2020



Community telethon supporters thanked, reminded to honour pledges

Lion Bob Lyle

mas Mommies and Daddies Neighbours coordinates a guests. Telethon was a great success Christmas hamper program, We had over \$12,000 in

and groups.

matching pledges received to \$3,000.

entertainment submitted ficer Jeff Campbell. The 14 grand total of \$17,600. from dozens of musicians Wing Band then provided a Many thanks to the bidders,

Scotiabank Greenwood manager Stephanie Vatcher and customer representative Flo Nangreaves worked the phones between 1 p.m. and 3 p.m., with the bank

base welfare program. With Wing Chief Warrant Officer Eric and Rachelle Wood at Dan Campbell volunteered The November 29 Christ- the helm today, Friendly as two of our pledge desk

this year, even with the CO- providing food, a turkey, toys donated merchandise and VID-19 pandemic affecting and clothing to several hun- certificates for the on-air aucdred families from Coldbrook tion from local businesses, Thanks to all for tuning to Kingston. The Lions Clubs whom we thank very much. into Eastlink Community of Coldbrook, Berwick, Ayles- Exit Reality provided a \$220 TV Channel 10 for the 52nd ford and Kingston take their donation and over 200 toys annual Friendly Neighbours turn in chairing the telethon; for kids collected from their Society's Christmas Mom- the Aylesford club was in virtual annual "Toy Trot" mies and Daddies Telethon. charge this year, with King again this year. The Scotia-Valley Lions portrayed lots of Lion Dan Herbert as the chair. bank team from Greenwood Christmas spirit, while public The telethon started at matched pledges received health guidance was strictly noon, with the 14 Wing between 1 p.m. and 3 p.m., adhered to: meaning no live Band providing the opening presenting us with a cheque audience at the Aylesford Christmas number, directed for \$3,000. We went off fire hall, and pre-recorded by Bandmaster Warrant Of- the air with an approximate

Christmas program featuring and to all who made pledges. The project started as singers Mark Riley and Chris We ask you to please honour Friendly Neighbours in 1968 Palmer. 14 Wing Commander vour pledges in Middleton as a 14 Wing Greenwood Colonel Brendan Cook and at Middleton Credit Union, RBC and Scotia Bank; in Greenwood at the Greenwood Credit Union, Scotia Bank and CIBC; in Aylesford at the Aylesford PharmaChoice; in Berwick at the RBC: and in Cambridge at the Valley Credit Union. Make sure you specify "Christmas Mommies and Daddies" Telethon when writing your cheques or making a cash donation.

From all of the volunteers connected with the Friendly Neighbours Society Christmas Mommies and Daddies Telethon, we wish the best for your family this Christmas and throughout the new year. Stav safe and healthy. >



Telethon co-host Lion Bob Lyle administers the COVID-19 questions to 14 Wing Commander Colonel Brendan Cook and Wing Chief Warrant Öfficer Dan Campbel prior to proceeding to the pledge desk to read pledges.





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Monday - Friday 9 am to 9 pm • Saturday 9 am to 5 pm • Sunday 12 noon to 5 pm

The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to submitted to our office. 61 School Road in advance of distribution (Morfee Annex), 14 Wing Greenwood; by fax. 902-765-1717; or email auroraeditor@ ns.aliantzinc.ca. Dated announcements are nublished on a first-come, first-served basis. and on-going notices will be included as space allows. To quarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday 9:30 a.m., previous to publication unless

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ bureaux, au 61, School Road, (annexe Morfee 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ ns.aliantzinc.ca. Les annonces avec date sont nubliées selon le principe du premier arrivé

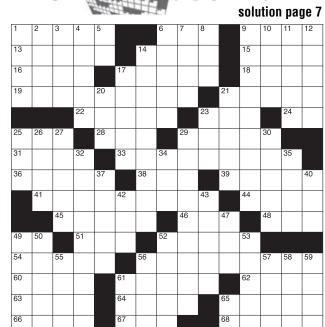
NOTICE: Many community events much for your support. may change details as gather- Masonic Lodge museum ings are affected by public health exhibit quidance around COVID-19. To December 18, the Kings Coun-Please check ahead with the ty Museum hosts an exhibit,

Retirees' info available

765-8590.

Girl Guide cookies

Berwick Girl Guides have mint bolism behind this historic and chocolate cookies available, in fascinating organization, Learn inclus si l'espace le permet. Si vous voulez 902-599-1833. Delivery and pick tradition, while trying to thrive up arrangements available, Cam- and continue their good works date de tombée des soumissions est à 9 h 30 bridge to Greenwood. Cookies are in a rapidly changing and chal- fish fry: lightly battered, pan- ship Centre, Wilmot, for those week or two would be greatly du matin le mercredi précédent la publication, appreciated. For information, call s'a moine d'avis contraire \$5 a box, and we thank you very lenging modern world. Available fried haddock, mashed potato, who suffer feelings of sadness, appreciated. For information, call



ACROSS Skateboarders love them
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(abbr.) 9. Former Ohio State great

myth.) 15. A Spanish river 16. Pig meat (French)

17. Famed astronomer 18. Floating ice 19. Broadcast

 Aquatic mammals
 Some are bath 22. Some are batn
23. Hip hop trio
24. NY Giants' #56
25. Small European viper
28. Neither
29. Multiple Tony-winner
Rivera
21. Lyud paige

31. Loud noise 33. Second year high in comparisor

36. '__ in comp 38. Golf score 39. Raise

48. Institute legal proceedings against 49 News organization 1. Unruly group of people

polish person poney and Kate are two mall, rich sponge cake Advice or counse

64. Large wading bird 65. Famed British physicist 6. Narrow ridges (Swedish) 7. Field force unit 88. Lying face downward

Single steps

. Made of fermented honey and water

8. You can get it in a bed

10. Early Syrian kingdom

11. Provokes dry at 12. Use with 'thou' 14. Mollusk

4. Peter's last name i. Beige '. 18-year period in l. Proof of purchase (abbr.) 2. Soap ingredient 3. Blackbird

. Frocks . Soda comes in it On approval Trims by cutting . Small finch . Language Bura-__

7. Grain storage units

20. Not a car, not a truck

21. Ooze 23. N. Vietnamese ethnic

group 25. Tennis pros group 26. Something that's no

ndian trees oved December

0. Regions 2. Metric unit of length

Books have lots of them i. Nothing i. Imbecile (British) Tropical Asian plan 8. Abba ___, Israeli politici 9. Small freshwater fish

December 7, 2020

organizers, as submission dates "Kentville Lodge No. 58 Comand Aurora press deadlines are memorating 150 Years of History: 1870-2020." It all started in 1869, with a growing population, a railway station and a group of The National Association of Fed- like-minded men with a vision to eral Retirees' resource, "You and make their community the best Your Survivor," 2020 version, is it could be. The Kentville Lodge now available. To reserve a copy continues to meet and participate please email NAFR75@gmail. in local events and philanthropic com or call Bill/ Carolyn, 902- pursuits. This exhibit aims to draw back the curtain and offer a glimpse into the story and symby guided tour by appointment coleslaw, tartar sauce and a roll. loneliness, depression, worry or Mary 902-765-3063. only. Please contact the museum All COVID restrictions and rules loss at Christmas. Join us for a Lions 50/50 online fundraiser

> kingscountymuseum.ca. Fish frv

ARIES - Mar 21/Apr 20

in the coming davs.

important decisions

GEMINI - May 22/Jun 21

CANCER - Jun 22/Jul 22

LEO - Jul 23/Aug 23

TAURUS - Anr 21/May 21

coming your way that could bring much joy into your life. It's just what

you need right now. Enjoy the ride

People may be trying to convert you

by telling you their thoughts and opinions, Taurus. You can listen,

but follow your own mind with

Gemini, before you try to prove

your point to others, make sure you have all of the facts and proof

to state your case; otherwise, sound thoughts may fall on deaf ears.

Cancer, be confident this week and

do not take "no" for an answer. It

when others offer their views on how things should be done. Stand firm.

You may be surprised how cutting

edge your thinking can be, Leo. Put

some effort into innovative ideas.

Be a leader at work this week and

Let others know you will not be a

pushover, Virgo. Sometimes you cave to the pressures of others, especially

when you feel the need to help out.

Focus on your needs this week

welcome any new suggestions.

VIRGO - Aug 24/Sept 22



Masons support students

Two Central Kings Rural High School 2020 graduates were recent recipients of bursary support from the Nova Scotia Freemasons Bursary Program. Berwick Lodge Valley No. 90 Master Tim Tabor, left, and past District Deputy Grand Master Gary Galley, right, were pleased to recently meet Sophie Keddy, left photo, and Silvie limited quantities this fall. If you how modern Masons maintain Lavoie Bell to make the presentation. Keddy is enrolled in Dalhousie University's would like cookies, contact Sara, a solid foundation built on past bachelor of science first-year Integrated Science Program, while Bell is in her first year at Acadia University, aiming for a bachelor of arts in sociology, Bell is also the recipient of the Kentville Lodge No. 58 bursary.

something important to share or do, be bold and make your move.

Waiting for others to go first may

cause you to miss an opportunity

Scorpio, sometimes you are so

resolute in your thinking that you

feel the need to get your ideas

across to everyone. Do not make

SAGITTARIUS - Nov 23/Dec 21

promises unless you can keep

Sagittarius, even if your ways of

doing things have served you well

it may be time to revise your modus

operandi to improve efficiency and

Capricorn, a quick call to a friend

conversation. There is much to

say and catching up to do. Enjoy

the time you have with this persor

Aquarius, you may feel a bit

pressured to start something you really aren't ready for. Take it slowly and think it through before you

You may be anxious to get moving

with a new plan that you've hatched

Pisces. If you have all of the facts

AQUARIUS - Jan 21/Feb 18

CAPRICORN - Dec 22/Jan 20

SCORPIO - Oct 24/Nov 22

Greenwood Mall, is open Monday raffle/lionsclub. Select the Lions to Friday, 1 p.m. to 3 p.m. Dona- Club you wish to support (includtions are welcome. The funds they in a the Kingston Lions Club). raise through sales are donated Open to N.S. residents over 19. to various health initiatives and Tickets sold monthly for the draw December 6 to December 12 hospitals in the area. Volunteers on the first Thursday of the folare welcome: even one shift every lowing month.

COVID-19 protocols are being fol-raised will go right back to your lowed. Please call 902-765-2386 local Lions Club, allowing Lions doing their community work.



solution page 7

		7	4	8	9	2	1	
	1				2	7		9
						8	6	5
9	5		6	4				8
8					3			
	3				8	6		4
	9			1	5	3	8	
1	8				6			7
				9		5		

Level: Beginner

horoscopes brought to you compliments of

iumo into the action

move ahead

PISCES - Feb 19/Mar 20



can be easy to get thrown off course can easily turn into a lengthy

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Fun By The Numbers Here's How It Works: Sudoku puzzles are formatted as a 9x9

grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

the Aurora | 14 Wing Greenwood, NS December 7, 2020

Toastmasters experience Growth, support, engagement

Have you ever gone out on a limb to try something new and then, in one fell swoop, found yourself right at home? Like you belonged there from the start? That the people you are newly surrounded by are so warm and inviting, you may have known them forever? That their encouragement and support has enabled you to grow in ways you never thought possible?

That, my friends, is Toastmasters for me

If you have never heard profit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs. Headquar- **Toastmasters** tered in Englewood, Coloraand leaders



Hillary Webb is a cook. businesswoman and author. She has lived in the napolis Valley chapter. As
Toastmasters, right? a new VP of membership. she is working to engage the public on how Toastof Toastmasters, it's a non- masters can positively influence relationships and career paths, as it has her own.

My feelings about Toastbership exceeds 364,000 the intense sense of belong- he said. in more than 16,200 clubs ing that has become my 1924, Toastmasters Inter- initial impressions were not ed group of people would

speakers, communicators was a teenager; I even went the more he went, the more munication tip. to a meeting with him once. I became intrigued myself.

Les annoncées classées doivent

être réservées et pavées à l'avance

acceptés incluent VISA. Master-

brain as something I may help me? want to do when I was older, about it.

Fast forward 15 years Through word of mouth.

my husband heard about the Kingston Toastmasters chapter in our area and decided **masters meeting? My first impression of** he would attend a meeting. a big smile on his face. "I the meeting I had attended schedule. do, the organization's mem- masters didn't start with think I'm going to go again!" 15 years ago; easy to follow,

speaking; what I did need are introduced. Someone is for the evening. years and is proud to call it speaking skills. I had a natu-might understand. Often, is the timer, making us Toastmasters. home. Webb is a member ral ability to speak in front they didn't. If I was going aware of how much time we of the Toastmasters An- of others, so I didn't need to get ahead in both my take to speak and keeping us career and my relationships, within allotted timeframes. and COVID-19 I needed to fix that.

How could Toastmasters chooses a weekly theme about each other

the member introductions Then, everyone who has I did not feel I needed are surrounded around, and a role provides their reports and then promptly forgot much help with public then all roles for the evening and the meeting wraps up

I acted in plays as a hobby was help speaking "off the the grammarian, choosing After my first few meetings and always had a profession- cuff." When facing ques- a "word of the meeting." as a guest, I signed up to be al role where I was speak- tions I did not have pre- Someone is the "ah coun- a member and have never ing with people, so I never prepared answers for, I reter," keeping track of all looked back. Fast forward thought about Toastmasters, ally struggled with articulat- participants' speaking for six months later, and I have having the old-school (and ing my answers, bumbling the evening to help us learn improved my impromptu inaccurate) impression it through a response I hoped about our crutch words and speaking skills and created Annapolis Valley for 10 was just to improve public the person on the other end be aware of them. Someone more goals to achieve within

Toastmasters meetings

Despite COVID-19 chang-Someone is a general evalu-So, I attended my first ator, offering feedback at ing meeting circumstances meeting about a month later. the end of the meeting to (we now meet via ZOOM), acknowledge excellence in our group has stayed to-What happens at a Toast- our meeting and sugges- gether - and grown together tions for improvement. A - over the course of the The format of the meeting speech may be presented, past six months. It's a very When he returned, he had was - and is - the same as depending on the evening's engaging and exciting environment to be a part of.

Then, everyone has a If this sounds like someand really easy for a guest chance to participate in thing you may be interested He knew an inclusive en- like me to simply watch or table topics, where a series in, email annapolisvalleyin 145 countries. Since Toastmasters experience. My vironment with a like-mind-participate in, if I wanted to. of guestions are posed that toastmasters.vpm@gmail. One member of the club fall in line with the evening's com. Our Kingston chapter national has helped people negative, more so indifferent. certainly help him achieve shares a humorous story theme. Everyone gets an meets every Tuesday eve-My father attended Toast- his goals and increase his to kick off the meeting, and opportunity to speak im- ning at 6:30 p.m. in a private become more confident masters meetings when I confidence. As it turned out, then another shares a com-promptu for two minutes or Zoom meeting. We'll set you less. It's great practice, and up to join us, and we look The "Toastmaster" we get to laugh and learn forward to meeting you! +

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E E		7	3	1	9	2	8	6	5	4
D		2	9	4	7	1	5	3	8	6
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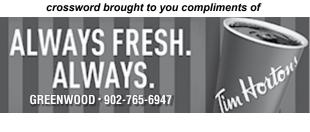
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Wing recognizes 2019 sports success Men's soccer in running for CAF team of the year

Sara White. Managing editor

Despite the turn the 2020 military sports season took, 14 Wing Greenwood Commander Colonel Brendan Cook says "pick this year to get involved in sport or a fitness program. That's the goal."

2019 Sports Achievement Awards virtually November 19 from the wing headquarters lobby; normally, this is a full breakfast event in May, with athletes, teams, coaches, managers and volunteers hearing from a special guest before awards adapted sports, was also and recognition in sports and health promotion are vear. Atlantic military volleyball teams were on the 14 Wing courts in the final days of a non-pandemicaffected March. Nationals never happened, and re-

gional and national sports esprit du corps. competitions have either events, or been cancelled until April 2021.

14 Wing programs were suspended from March into mid-summer, with intersection golf the first to return to organized, base-level play. The Fitness and Sports Cen-The wing celebrated its tre opened mid-summer, under strict COVID-19 prevention protocols. The basketball and volleyball teams have resumed practices in recent weeks, with intersection curling and hockey now also running. A CAF Sports Day event in October, with successfully staged.

"Thanks to the Fitness handed out. Instead, this and Sports folks for getting our programs back up and running," Cook said. "There may not be actual competitions, but it does give us an opportunity to form teams, work together and build that

moved to virtual, at-home ponent, of sports. I really enjoyed playing volleyball with the team this year, and I got to see athletes like those nominated here today practicing, playing and contributing that camaraderie that is central to us building a fighting force. and being healthy for life. Eventually, you will all take off the uniform, and I hope you take sport with you, for you and your family."

> Fitness and sports manager Elie Maroun emceed the 2019 awards announcements, the 21st annual, with Cook, Wing Chief Warrant Officer and CANEX manager Ken Keddy assisting in the presentations. He also took the time to recognize the efforts of all sports program participants, and the contributions of staff, partners, sponsors and wing leadership.

"We have an ongoing "I'm a big believer, a pro- partnership that is a complete package," Maroun said. "Thank you all for your support as, without that support, we would not have these programs."

> 2019 highlights include Atlantic regional titles for the 14 Wing squash, ball hockey and women's hockey teams, which won gold at the Canadian Armed Forces' championship. Members of the regional badminton, squash and golf teams went on to represent the Atlantic region at the National championship. 14 Wing was also silver medalists at four other regionals. >

CISM participation

2nd Lieutenant Chris Topshee – golf Captain Dani Vortisch - volleyball Aviator Wesley Aucoin – soccer Corporal Sandi McLean and Captain Jacinda Smit - swimming/ lifesaving Captain Mylene Caron - trainer

the Aurora | 14 Wing Greenwood, NS

Coach of the year nominations

Master Corporal Chad Sheppard - soccer Corporal Dan Stauth - soccer Captain Shannon Archer - volleyball*

Team of the year nominations

Men's soccer*+ Women's volleyball

Female athlete of the year nominations

Sergeant Amanda Jardine – rugby Captain Jacinda Smit – lifesaving/ swimming Corporal Sandi McLean - lifesaving/ swimming Captain Dani Vortisch - volleyball*

Male athlete of the year nominations

Captain Chris Topshee – golf, hockey, ball hockey Aviator Wesley Aucoin – soccer*

*Category winners
*Air Command collective team of the year winner, in consideration for the CAF collective team of the year

Climate adaptation plan underway in Kings

its climate change adaptation engagement campaign.

The impact of climate change is already being felt throughout the Kings Region - from heatwaves and droughts to coastal erosion and flooding. Future effects are expected to impact coastlines throughout the province, food security and contribute to increasingly unpredictable weather patterns, such as the drastic shift from cold weather to the heatwave that took place earlier this year. The municipality believes planning for the future is the best way to prepare for any potential impacts, and having the participation of the community makes that even more possible.

September 15, council adopted a Climate Mitigation and Asset Action Plan for the municipality. This plan outlines planned projects targeting climate mitigation measures, and

The Municipality of the improving service delivery. County of Kings has launched The climate adaptation engagement campaign gives residents of the municipality the opportunity to share their knowledge and expertise, while providing valuable insight that will inform the forthcoming adaptation plan. This is an opportunity to influence the municipality's climate change action.

"In order to complete a fulsome Climate Change Action Plan for the Kings region," says Mayor Peter Muttart, "we acknowledge that opinions and expertise exist within our Kings community. It is both our desire and our responsibility to engage with you and to incorporate your input into our plan. Please respond to our call for communication, engagement and involvement. We must all take ownership of and pride in the result."

The campaign involves a survey, which will provide respondents with an opportunity to participate in online focus groups aimed mandates a culture shift at collecting insights and already underway within expertise on topics likely to the organization to one that impact the municipality and is climate-focused, while its residents. A Placespeak

page asking residents to identify areas of concern has been launched as a platform to update residents with information related to the development of the climate adaptation plan. The survey is open for responses until December 18.

For more information on the plan, and links to online documents and the Placespeak page, visit countyof kings.ca. →



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