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Vol. 41 No. 29 AUGUST 10, 2020 NO CHARGE www.auroranewspaper.com

the Aurora



14 Wing Greenwood landmarks – fixed and flying – joined in #OperationBluenose July 24 to 26, a blue light tribute to the “Nova Scotia Strong” spirit.

The project coincided with the first 2020 sail-

ing weekend of Bluenose II, meant as a three-night virtual vigil to showcase structures illuminated in blue light, recognizing the strength of Nova Scotians and honour those we have lost this year through the COVID-19 pandemic, and

including the loss of too many first responders, military members and community citizens. Bluenose II is itself a tribute to Nova Scotia’s legacy of perseverance and capacity to overcome adversity.

This project is led by

Members of the Council of Honorary Colonels in Nova Scotia, and is supported by Bluenose II, 5th Canadian Division, 14 Wing Greenwood and communities including Halifax, New Glasgow, Truro and Colchester.

While the operation was anchored in Nova Scotia, participation in the virtual vigil was encouraged from sea to shining sea. Anyone was invited to participate simply by lighting up their homes or businesses in blue and sharing their

thoughts and images on social media using #OperationBluenose.

Operation Bluenose was administered by the Army Museum Halifax Citadel and made possible by the generous support of CN Community Board. ➔

A cairn in Canso marks the site of a 2006 crash of a 413 (Transport and Rescue) Squadron Cormorant helicopter, and memorializes three lost squadron Tuskers.

S. Stoessel



Tusker 914 crew remembered

Captain Sean Finn, 413 (Transport and Rescue) Squadron

July 13, 2020, marked 14 years since the Tusker 914 crash claimed the lives of three Cormorant crew members from 14 Wing Greenwood.

The accident took place during a night training flight that had the CH149 Cormorant practicing search and

rescue sequences with the Canadian Coast Guard Auxiliary off the coast of Canso, Nova Scotia.

On the anniversary, 13 413 Squadron members flew to Canso to participate in a brief memorial for their fallen comrades. A ceremony was held at the memorial cairn dedicated to those lives lost. While no announcements about the event were made to

the general public in light of the current COVID-19 restrictions, several citizens also turned up to attend, and shared their memories from the night of the fatal accident.

Following the ceremony, a local fishing vessel ferried squadron members out to the site of the crash, where they left flowers in the water as a tribute. We will never forget them. ➔



Pictou picnic

Members from 144 Construction Engineering Flight Pictou visited 14 Wing Greenwood July 14 to 16 for a work skills project, building the wing 20 new picnic tables to be distributed around the wing as a place for personnel to social distance outdoors when able. Flight members included, in the back row, from left, Master Corporal Nathan White, Aviator Jonathan Hay, Aviator David Porter; and, across the front, Master Corporal Robert Reddick, Corporal Donald Creighton and Sergeant Joseph Wynands.

Sergeant J. Kubis

Safe aerodrome operations and the removal of flight hazards

Major Mike MacSween,
404 Squadron Aircrew
Flight Commander

In order to maintain safe airport operations, the airspace surrounding Canadian aerodromes must be free of obstacles that have the potential to interfere with sensitive navigation equipment and the physical flight path of aircraft alike. While it's also part of the airport zoning process under the Aeronautics Act, the most obvious reason why 14 Wing Greenwood needs to keep its airspace free of obstacles is

so aircraft can operate with as minimal risk as possible.

The process of determining the precise safety requirements are complex, and the obstacle-free zone - known formally as the Obstacle Limitation Surfaces (OLS) - is best visualized as a three-dimensional space that extends upwards, outwards and along the sides of the runways (i.e. the approach, as well as the outer and transitional surfaces).

Recent surveying of the 14 Wing Greenwood airport indicates there are multiple obstacles that protrude into the

above areas. Many of these obstacles are trees that have grown rapidly in the fertile Annapolis Valley soil over the last few years. This has impacted the aerodrome's certification and has the very real potential of degrading the operational effectiveness of 14 Wing and its ability to support important Royal Canadian Air Force missions and tasks.

From a regulatory perspective, the authority for the control of the use of lands located outside of aerodrome property rests with the appropriate provincial

and municipal governments. However, an exception occurs where an airport zoning regulation is in force, made pursuant to the Aeronautics Act. In accordance with the Aeronautics Act and the Greenwood Airport Zoning Regulations (SOR/95-558), this not only applies to man-made obstacles, but also to natural growth vegetation.

The act states "no owner or lessee of any lands shall permit an object of natural growth on those lands to exceed in elevation any of the surfaces set out in the regulations." In plain terms,

this means property owners in the region are responsible for ensuring their structures and vegetation are kept at the appropriate height and don't protrude into the nearby airspace.

Over the next several months, 14 Wing will develop a campaign to inform local land owners some of their trees exceed the elevation set out in the regulations. 14 Wing is committed to working with the community and these land owners to rectify obstacles on their land that are protruding into the airspace, but we

acknowledge this entails a campaign based on education, communication and sensitivity.

Further information on "Aviation Land Use In The Vicinity of Aerodromes (TP1247E) 2013/14" may be found at the following Transport Canada link: tc.gc.ca/media/documents/ca-publications/tp1247e.pdf.

Further information on the Aeronautics Act and Regulations and Orders Pursuant to the Act may be found at the following link: tc.gc.ca/eng/acts-regulations/acts-1985ca-2.htm.

MPs ride, ready with August 14 BBQ, for Fund for Blind Children

A province-wide motorcycle ride, with lunch at the midpoint in Greenwood August 14, is a great way to support charities such as the Military Police Fund for Blind Children.

14 Wing Greenwood's Military Police, as part of the Military Police National Motorcycle Relay Atlantic Region, and supporters are looking for you on the road or at their fundraising BBQ.

The motorcycle ride leaves

August 15 (Greenwood to Aulds Cove), August 16 (Aulds Cove to the Cabot Trail), August 17 (Cabot Trail to Aulds Cove) and August 18 (Aulds Cove to Greenwood).

August 14, the BBQ will be held at the 14 Wing Greenwood CANEX from 11 a.m. to 3 p.m. A burger and pop combo will be \$5 and all proceeds will go directly to the Military Police Fund for Blind Children, an officially recognized Canadian Armed

Forces charity. If you would like to pre-order your lunch for easy pick-up, email your order to Atlantic.mp.relay@gmail.com. Volunteers at the BBQ will be following COVID-19 guidance, including wearing masks and sanitizing hands and condiments between each use. To help, please approach the BBQ table one at a time; once you have your burger, find your own physically-distanced picnic spot in the parking lot and

enjoy some provided music.

The Military Police National Motorcycle Relay was founded in 2009 as a way to build camaraderie between Military Police motorcycle enthusiasts. The relay is open to anyone (military or civilian) who wishes to join us for a day, or a province. For more information, registration and routes, visit <https://sites.google.com/view/mpnation-alrelay2018/register-ride/register>.

Medevacs, top cover work for SAR crews

July 26, the Halifax Joint Rescue Coordination Centre tasked a 14 Wing Greenwood-based CH149 Cormorant helicopter, with 413 (Transport and Rescue) Squadron, to conduct an ELT search near Riviere-du-Loup. The helicopter left Greenwood just before noon, and returned just after 3 p.m. after the call was stood down. The Surete de Quebec stated the ELT signal came from an aircraft which had crashed July 25, currently being recovered from a lake.

July 27, Hercules aircraft RESCUE 344 assisted in a search near Iqaluit.

July 28, a Hercules left Greenwood around 9:30 p.m. to help search for an overdue lobster boat near Sally's Cove, Newfoundland. A Gander-based Cormorant was also involved. July 29, just before 8 a.m., a second Hercules left Greenwood to relieve the first, following the overnight search hours. That initial aircraft arrived in Greenwood around 11 a.m., as the boat

was found, and the second Hercules was stood down.

July 30, Cormorant 911 was tasked before 3 p.m. to assist in the transfer of a 77-year-old man who had fallen down a steep rock ravine and required medical assistance via air. R911 arrived on scene, located the patient and transported him to a waiting ambulance at Windsor Park, Halifax.

August 3, just before 12:30 a.m., Hercules Rescue 344 was tasked to provide top cover for Cormorant Rescue

911, dispatched shortly afterwards to medivac a 62-year-old man from the fishing vessel Ocean Breaker. The Cormorant left Greenwood just before 2 a.m., with the Hercules following 10 minutes later. The helicopter arrived on scene around 5 a.m., with the Hercules flying overhead as top cover. The patient was hoisted to the Cormorant, then transferred to Emergency Health Services at the Sydney hospital around 6:30 a.m.

inserts

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14 Wing entities with Facebook pages



The Aurora News
14 Wing Greenwood news and events
14 Wing Health Promotion
Tips, program highlights and resources
14 Wing Fitness
Online work-outs, resources and tips
14 Wing Community Recreation
Online activities, resources and fun

14 Wing Greenwood PSP
A wider resource for PSP entities (recreation, fitness, health promotion, news and events)
Greenwood Military Family Resource Centre
Resources, activities and program highlights
14 Wing Greenwood Bowling Centre
Centre updates
14 Wing Aquatics
Pool recreation, competitive, training, news

14 Wing Spiritual Resilience Page
Hosted by the 14 Wing Chaplains, with spiritual support and resources
14 Wing Library
Online story time, resources for learning and fun
Greenwood Military Police – Police militaire de Greenwood
Safety, security and public information from 24 Military Police Flight

Notice to readers:

Newsprint is a porous material: there are no known cases of transmission of COVID-19 through paper products. The World Health Organization says potential transmission of the virus is extremely low via commercial goods. Papers are mechanically printed and bundled, wrapped for delivery and placed on news stands or delivered to outdoor points by our neighbourhood carriers. Be reassured, all of us involved in getting The Aurora to you are taking the recommended handling and distancing precautions.

If you are staying close to home and do not have delivery, read The Aurora in full online at auroranewspaper.com.

14 MSS marks change of command August 13

14 Mission Support Squadron marks a change of command ceremony Thursday, August 13 at 14 Wing Greenwood's Annapolis Mess.

Outgoing 14 MSS Commanding Office Lieutenant-Colonel Chris Pratt will sign over the command certificates to the incoming Lieutenant-Colonel Buckler, under the watch of 14 Wing Greenwood Commander Colonel Brendan Cook. All will speak, and there will be a number of presentations.

Due to COVID-19 public health measures, attendance at the 11 a.m. ceremony is by invitation only; interested military members and community friends may watch a Facebook Live stream of the event at The Aurora News.

August 14 marks 415 Squadron change of command

The Swordfish will both send off and welcome commanding officers August 14, as 415 (Long Range Patrol Force Development) Squadron holds a change of command ceremony at 14 Wing Greenwood.

Lieutenant-Colonel Ross Freeman will turn the squadron over to Lieutenant-Colonel Patrick Leblanc in front of key personnel, as gatherings remain affected by COVID-19 public health restrictions. The ceremony will be held outside of 10 Hangar at 10 a.m., next to the new Block IV CP140 108 Aurora aircraft.

NOTICE

Effective August 30, 2020

Dr. Anca Matei

will be closing her practice in New Minas.

Dr. Navi Bal will be assuming care of her patients in September.

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Le comité de rédaction se réserve le droit de réviser, de condenser ou de rejeter tout article ou message publicitaire afin de satisfaire aux exigences relatives aux journaux militaires figurant dans la Politique temporaire des journaux des Forces canadiennes. Les opinions exprimées dans ce journal sont celles des collaborateurs et ne reflètent pas nécessairement les points de vue des Forces armées canadiennes ou de la 14e Escadre. Publié chaque lundi par la 14e Escadre sous les auspices du Colonel Brendan Cook, commandant de l'Escadre.

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14 Wing Imaging unless otherwise indicated.



June 23, Corporal Allan Nicholson, centre, was presented with the 404 (Long Range Patrol and Training) Squadron Commanding Officer's Commendation by Acting Commanding Officer of 404 Squadron Major Daniel Arseneault, left, and Chief Warrant Officer Jonathan Freeman in the Hornell Centre foyer.



June 23, Captain Adam Pearson, centre, was presented with a certificate for having logged more than 2,000 CP140 flying hours by Acting Commanding Officer of 404 (Long Range Patrol and Training) Squadron Major Daniel Arseneault, left, and Chief Warrant Officer Jonathan Freeman in the Hornell Centre foyer.



June 23, Captain Elliott Frate, centre, was presented with a Special Service Medal for Operation Projection by Acting Commanding Officer of 404 (Long Range Patrol and Training) Squadron Major Daniel Arseneault, left, and Chief Warrant Officer Jonathan Freeman in the Hornell Centre foyer.



June 23, Captain Mark Winters, centre, was presented with a certificate for having logged more than 2,000 CP140 flying hours by Acting Commanding Officer of 404 (Long Range Patrol and Training) Squadron Major Daniel Arseneault, left, and Chief Warrant Officer Jonathan Freeman in the Hornell Centre foyer.



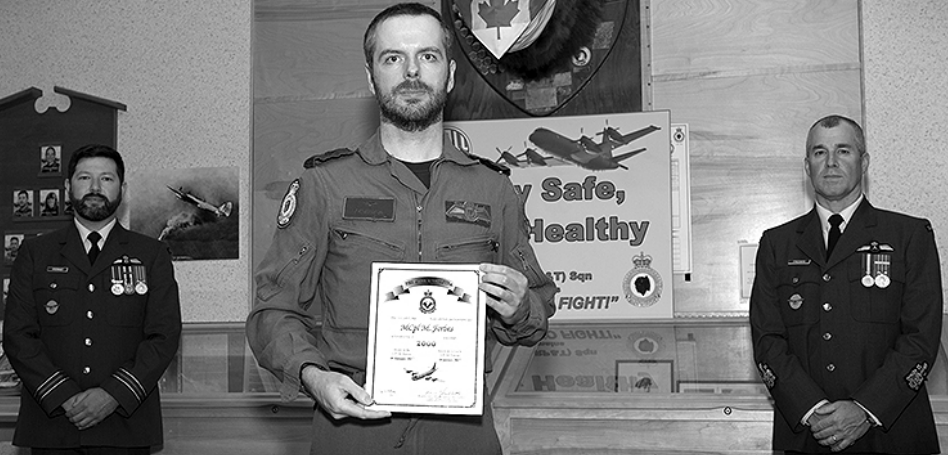
June 23, Warrant Officer Pat Nixon, centre, was promoted to master warrant officer by 14 Operations Support Squadron Commanding Officer Lieutenant-Colonel Serge Parisien, left, with Chief Warrant Officer Dan Long at the Birchall Centre.



June 23, Captain Rob Scholte, centre, was presented with a certificate for having logged more than 5,000 CP140 flying hours by Acting Commanding Officer of 404 (Long Range Patrol and Training) Squadron Major Daniel Arseneault, left, and Chief Warrant Officer Jonathan Freeman in the Hornell Centre foyer.



June 23, Lieutenant Jacob Burnett was promoted to captain by Acting Commanding Officer of 404 (Long Range Patrol and Training) Squadron Major Daniel Arseneault, left, and Chief Warrant Officer Jonathan Freeman in the Hornell Centre foyer.



June 23, Master Corporal Michael Forbes, centre, was presented with a certificate for having logged more than 2,000 CP140 flying hours by 14 Operations Support Squadron Commanding Officer Lieutenant-Colonel Serge Parisien, left, with Chief Warrant Officer Dan Long at the Birchall Centre.



June 26, Warrant Officer Todd Fleck, centre, was promoted to master warrant officer by 413 (Transport and Rescue) Squadron Commanding Officer Lieutenant-Colonel Brent Vaino, left, with Master Warrant Officer Chris Lamothe during the squadron's honors and awards ceremony in the Annapolis Mess. Also present were Fleck's wife, Wendy, and son Kyle.



June 26, Sergeant Calvin Elliott, centre, was promoted to warrant officer by 413 (Transport and Rescue) Squadron Commanding Officer Lieutenant-Colonel Brent Vaino, left, with Master Warrant Officer Chris Lamothe during the squadron's honors and awards ceremony in the Annapolis Mess. Also present were Elliott's wife, Nikki, son Ryerson and daughter Kenzington.



June 26, Master Corporal Brad Dunphy, centre, was promoted to sergeant by 413 (Transport and Rescue) Squadron Commanding Officer Lieutenant-Colonel Brent Vaino, left, with Master Warrant Officer Chris Lamothe during the squadron's honors and awards ceremony in the Annapolis Mess. Also present was Dunphy's wife, Master Corporal Megan Dunphy.



June 26, Corporal Wayne French, centre, was promoted to master corporal by 413 (Transport and Rescue) Squadron Commanding Officer Lieutenant-Colonel Brent Vaino, left, with Master Warrant Officer Chris Lamothe during the squadron's honors and awards ceremony in the Annapolis Mess.



June 29, Master Warrant Officer Jamie Rideout, centre, was promoted to the rank of chief warrant officer by 14 Operations Support Squadron Commanding Officer Lieutenant-Colonel Serge Parisien, left, with Chief Warrant Officer Dan Long at the Birchall Centre. Also with him was his spouse, Judy, and his son.



June 29, Aviator Basic Mitchell Murphy, centre, was promoted to the rank of aviator trained by 14 Operations Support Squadron Commanding Officer Lieutenant-Colonel Serge Parisien, left, with Chief Warrant Officer Dan Long at the Birchall Centre.



June 29, Sergeant Jeanine Fraser, centre, was promoted to the rank of warrant officer by 14 Operations Support Squadron Commanding Officer Lieutenant-Colonel Serge Parisien, left, with Chief Warrant Officer Dan Long at the Birchall Centre.



June 26, Master Corporal Sam Nadeau, centre, was promoted to sergeant by 413 (Transport and Rescue) Squadron Commanding Officer Lieutenant-Colonel Brent Vaino, left, with Master Warrant Officer Chris Lamothe during the squadron's honors and awards ceremony in the Annapolis Mess. Also present was Nadeau's wife, Marilyn.



June 23, Master Corporal Jacob Kanis, centre, was promoted to sergeant by 14 Operations Support Squadron Commanding Officer Lieutenant-Colonel Serge Parisien, left, with Chief Warrant Officer Dan Long at the Birchall Centre.

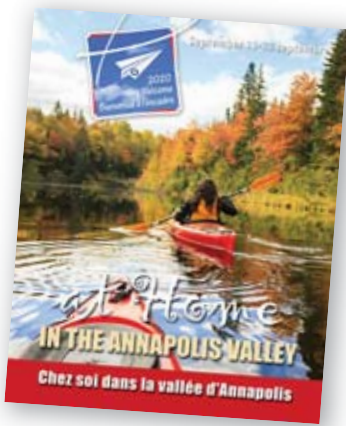


June 23, Corporal Pat Boudreau, centre, was promoted to master corporal by 14 Operations Support Squadron Commanding Officer Lieutenant-Colonel Serge Parisien, left, with Chief Warrant Officer Dan Long at the Birchall Centre.

At Home in the Annapolis Valley magazine

Celebrate 14 Wing Greenwood's Wing Welcome weekend September 10 to 13, as new military families and the community settle into fall routines. This publication kicks off Wing Welcome, fall programs and attractions with an extensive listing of community resources.

- 4,500 copies
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Thank you!

Wing Welcome 2020 presents a special opportunity for businesses and organizations to welcome - and welcome back! - friends and customers.

This year, as you book your At Home in the Annapolis Valley ad, book a **complimentary second placement** in The Aurora Newspaper.

This second ad must run before the end of October 2020 (excluding September 28, October 5 and 12), and will be sized to the nearest equivalent column width.

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The Greenwood Golf Club ladies held their President/ Vice President's competition July 13, with Sandra Cathcart, left, winning the President's trophy for the field low gross score and Audrey Costin claiming the Vice-President's trophy for the field low net score.

The 19th Hole

Wendy Richardson

The Greenwood Ladies held their President/ Vice President's competition July 13 at the Greenwood Golf Club, with Sandra Cathcart winning the President's trophy for the field low gross score and Audrey Costin claiming the Vice-President's trophy for the field low net score. Congrats to both!

During that same competition the team to represent Greenwood at the Provincial Bronze competition was declared. Audrey Costin, Dina MacDonald, Wendy Richardson and Hazel McEwan will travel to Chester as our team. Play well, ladies, but, most of all, enjoy the day.

The Wednesday Night Scramble at our "sister" club, Eaglecrest, continues to be very popular. Entry fee is \$5 for members (\$20 for non-members), \$5 per person for a cart and \$5 per team for the hidden hole prize. Call the Eaglecrest pro shop to book a tee time between 4 p.m. and 6 p.m. Wednesdays. It is a lot of fun.

The Greenwood Shoot-Out is just around the corner, August 22 and 23. The format is a 2-man scramble, and more information may be found on the Greenwood Golf Club Facebook page or website.

Keep an eye for Greenwood Golf Club half-year memberships, coming soon. →

Greenwood Military Aviation Museum

Located just outside the front gate of 14 Wing/ CFB Greenwood, the museum boasts over 9,000 square feet of display space reflecting over 75 years of aviation history at the base.

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Kelley Hutton, foundation vice chair, accepts a donation from Kingston Lions president Cecil Wilson for the Soldiers Memorial Hospital Medical Center Project.

Lions' work continues for community causes

Diane Mestekemper,
Kingston Lions Club

Even though you are not seeing Kingston Lions Club members out and about in the community, that doesn't mean we are not here - we are just maintaining our safety and our distancing, patiently waiting for the Covid-19 pandemic to stabilize and allow us to safely begin to go about our work. This may be a time of great need but, for more than a century, Lions have taken on the greatest challenges facing humanity. That is who we are, and what we do.

The Kingston Steer BBQ and the Port George Country Jamboree have been cancelled this year, two very important events for Kingston Lions, as the Lions (and others) work very hard at both to raise funds that go back out into the community throughout the year. The Kingston Lions' weekly bingo is suspended until it is safe to resume, and monthly community luncheons are also currently on hold.

Policy Hack PD for public service employees

We are excited to launch this year's virtual Policy Hack, taking place from September 24 to the week of November 13.

Policy Hack is a collaborative, grassroots case competition where federal, provincial and municipal employees come together to seek solutions to real and current challenges facing the public service in Nova Scotia. Policy Hack offers professional development, policy and program experience that participants may not have access to in their day-to-day work. The event is also a unique opportunity for public servants to collaborate and learn from senior leaders from all three levels of government.



Chris d'Entremont
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Ellen Crowley, regional director for Valley Regional Hospital's COVID-19 Response Fund, accepts a donation from Kingston Lions president Cecil Wilson.

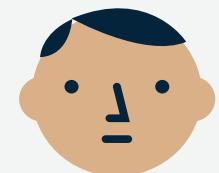


Lynda Owen, representing Mid Valley Palliative Care, Middleton, accepts a donation from Kingston Lions president Cecil Wilson.

Masks are now mandatory in most indoor public places.

When you are out, wearing a mask protects others.

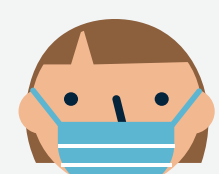
COVID-19 Carrier



No Mask



No Mask



Mask



Mask

Transmission
Probability

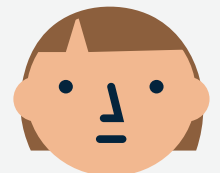
VERY HIGH

HIGH

LOW

VERY LOW

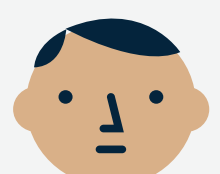
Healthy Contact



No Mask



Mask



No Mask



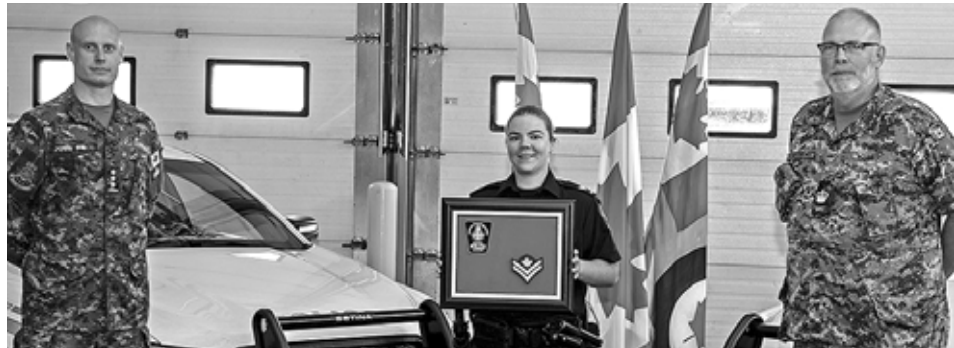
Mask

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NOVA SCOTIA

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14 Wing Imaging unless otherwise indicated.



Master Corporal Melanie Roussel, centre, was recently promoted at 24 Military Police Flight, 14 Wing Greenwood.

Sergeant M.J. Durnford



Master Corporal John Sauve, centre, was recently promoted at 24 Military Police Flight, 14 Wing Greenwood.

Sergeant M.J. Durnford



Sergeant Owen Edwards, centre, was recently promoted at 24 Military Police Flight, 14 Wing Greenwood.

Sergeant M.J. Durnford



Sergeant Yarsolav Gonzalez, centre, was recently promoted at 24 Military Police Flight, 14 Wing Greenwood.

Sergeant M.J. Durnford



July 16, 14 Wing Greenwood Commander Colonel Brendan Cook, left, and Wing Chief Warrant Officer Daniel Campbell, right, recognized members of the 14 Wing cleaning team during an honours and awards ceremony in the Annapolis Mess..

Aviator B. Beaucage, 14 Wing Imaging



July 27, Sergeant Shawn Smith, centre, of 413 (Transport and Rescue) Squadron was named Tusker of the Quarter by Commanding Officer Lieutenant-Colonel Brent Vaino, left, with Chief Warrant Officer Kevin Roberts .

Corporal Y. Kang, 14 Wing Imaging



July 24, Aviator (Trained) Justason, centre, was promoted by 14 Fire Emergency Services Fire Chief Lieutenant Kearley, left, and 14 Mission Support Squadron Officer Commanding Construction Engineering Major Gannon.



June 23, Master Corporal Devon Roper, centre, was presented with a Special Service Medal for Operation Projection by 14 Operations Support Squadron Commanding Officer Lieutenant-Colonel Serge Parisien, left, with Chief Warrant Officer Dan Long at the Birchall Centre.



July 31, Aviator (Trained) Dylan Struble, centre, was promoted to the rank of corporal by Lieutenant-Colonel Serge Parisien, Commanding Officer 14 Operations Support Squadron, left, with Chief Warrant Officer Dan Long.

Corporal Y. Kang, 14 Wing Imaging



June 4, Warrant Officer Ian MacNeil was presented a 404 (Long Range Patrol and Training) Squadron Chief Warrant Officer's Award for extraordinary contribution to the fellowship, morale and overall efficient operation of the squadron by Chief Warrant Officer Jon Freeman, left, and Lieutenant-Colonel Angie Thomas during the squadron's annual awards event. The CWO's Award recognizes MacNeil's passion for continuous improvement as an instructor, mentor, leader and volunteer, and his efforts to inspire camaraderie through quick wit and his ability to speak and motivate squadron students and fellow Herd members.

Master Corporal P. Redden



June 4, Captain David Bernatchez, centre, was presented the 404 (Long Range Patrol and Training) Squadron Commanding Officer's Outstanding Performance Award by Lieutenant-Colonel Angie Thomas, left, and Chief Warrant Officer Jon Freeman, during the squadron's annual awards event. Bernatchez has worked tirelessly to ensure 404 Squadron has successfully graduated students on schedule, ensuring support to the front-line and the long range patrol fleet "get well program." Through his skillful management and leadership of the Tac Cell, he made efficiencies in the MOAT syllabus, enabling the squadron to increase student proficiency while reducing overall training days. He played a key role in the development and delivery of Block IV Initial Cadre Training, and has been instrumental in the Block IV documentation review, key to enable future training delivery. Bernatchez also completed several supervisory courses, including the Air and Space Power Operations Course, earning a Distinguished Graduate accolade.

Master Corporal P. Redden



Master Corporal Charles Cloutier, centre, was recently promoted from corporal by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Luc Vachon, right, with Chief Warrant Officer Brian Nelson.



Master Corporal Stephen Halleran, centre, was recently promoted from corporal by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Luc Vachon, right, with Chief Warrant Officer Brian Nelson.



Master Corporal Sebastien Dussault, centre, was recently promoted from corporal by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Luc Vachon, right, with Chief Warrant Officer Brian Nelson.



Corporal Jimmy Pineault, centre, was recently promoted from aviator by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Luc Vachon, right, with Chief Warrant Officer Brian Nelson.



June 4, the 404 (Long Range Patrol and Training) Squadron Simulator Flight, represented by Rod Ward, C simulator officer, centre; was presented with a Commanding Officer's Award for performance, presented by Lieutenant-Colonel Angie Thomas, left, and Chief Warrant Officer Jon Freeman, during the squadron's annual awards event. With heightened tensions evolving in the Middle East and Arabian Gulf in the fall of 2019, the simulation section rapidly supported the development of a maritime security scenario for the CP140M and long range patrol fleet, conducting theatre research, orders of battle modelling and designing representative situations to asses crew reactions, tactics and rules of engagement. Working under tight timelines, their praiseworthy efforts prepared aircrew for the possibility of Canadian involvement in an allied maritime security operation and the protection of international shipping and commerce.

Master Corporal P. Redden



June 4, Master Corporal David Randell, centre, was presented a 404 (Long Range Patrol and Training) Squadron Commanding Officer's Award, presented by Lieutenant-Colonel Angie Thomas, left, and Chief Warrant Officer Jon Freeman, during the squadron's annual awards event. Randell has shown himself as an immensely hardworking individual with a positive and contagious attitude that spreads throughout the squadron. Often putting in significant time after hours ensuring students' welfare, he has shown notable compassion, professionalism and leadership well above current rank.

Master Corporal P. Redden



Master Corporal Kevin Lorin, centre, was recently promoted from corporal by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Luc Vachon, right, with Chief Warrant Officer Brian Nelson.



July 17, 14 Wing Greenwood Fire and Emergency Services Aviator (Trained) Reyno was promoted by his partner, Lauren Veniot.

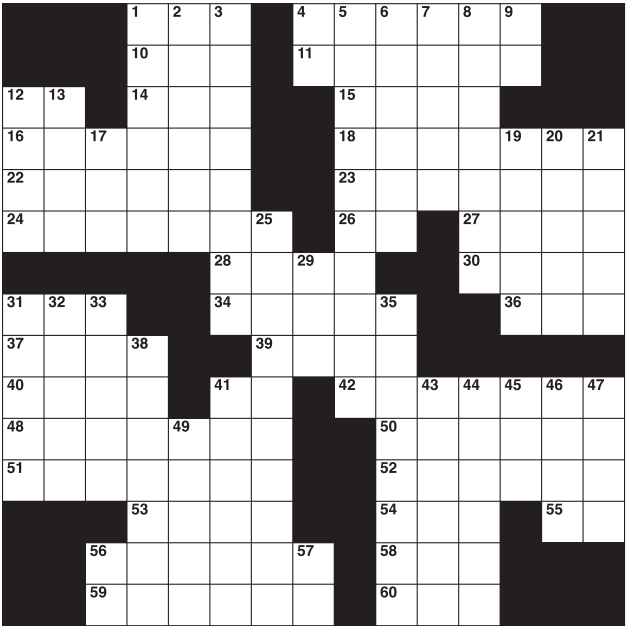


The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.aliantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédent la publication, à moins d'avis contraire.

metro crossword

solution page 11



- ACROSS**
- Opposite of on
 - Creator
 - No seats available
 - About springtime
 - Flagship ESPN show (abbr.)
 - Automobile
 - A matchup
 - Porous volcanic rock
 - Utter repeatedly
 - Not written in any key
 - Revolved
 - Archival
 - Within
 - Smoker's accessory
 - Disfigure
 - Primordial matter
 - Thrust horse power (abbr.)
 - Kisses
 - Some is iced
 - A way to derive
 - Unaccompanied by others
 - Discontinued Google app
- DOWN**
- Passerine birds
 - Noisy quarrel
 - The front arm or leg of an animal
 - Early multimedia
 - Golden years
 - Large mollusk
 - Small arm of the sea
 - Unaccompanied by others
 - Atomic #81
 - From end to end
 - Adorable
- 17. Ma**
19. Nearly falling
20. Portable conical tent
21. Excessive fluid accumulation in tissues
- 25. Fish with high dorsal fins**
29. Equal (prefix)
31. Aquatic plant genus
32. Choppers
33. Hand parts
35. Region bordering the sea
38. Well-liked

41. Nap
43. It's used to make beer
44. Related on the father's side
45. Senior officer
46. Delicacy (archaic)
47. Figures
49. A way to take away
56. Beloved sandwich
57. Symptom typical of withdrawal (abbr.)

crossword brought to you compliments of

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NOTICE: Many community events are being cancelled in coming weeks to avoid public gathering. Please check ahead with the organizers, as submission dates and Aurora press deadlines are in advance of distribution.

Saturday Maker Space
Saturdays, noon to 3 p.m., check out a new project or theme every week, with 7Arts in Greenwood (619 Central Ave, next to Avery's Farm Market). Check out our Facebook page for updated information and events listings. Ages 10-plus, \$10/ person. Email 7arts@7arts.ca to reserve a spot, or drop in. 7Arts adheres to the government's COVID-19 guidelines. Signs are posted inside

and out, surfaces are regularly disinfected and masks are available for your safety.

Op Shop now open
The Op-Shop, located in the Greenwood Mall, is open Monday to Friday, 1 p.m. to 3 p.m. Donations are welcome. All proceeds support health care programs and services in our community.

Church services
Sundays, 11 a.m., open air church services (weather permitting) at Wilmot Baptist Christian Fellowship Centre. Bring a lawn chair, sit in one of our chairs in the shade or stay in your car. Government regulations still require social distancing and forbid bulletins, collection, hymnals or the use of our washrooms. Call 902-765-2386 for information on our open air services or our live on-line Bible study or recorded Sunday and mid-week messages.

Opportunity to volunteer
The Op Shop is a local non-profit run by the ladies of the Greenwood Health Auxiliary, located in the Greenwood Mall. They are planning to open the shop mid-July and are in need of



horoscopes

August 9 to August 15

ARIES - Mar 21/Apr 20
It is time to relax in regard to your professional life, Aries. If you're out of a job, your luck could turn any day now. If you're employed, a promotion may be on the horizon.

TAURUS - Apr 21/May 21
It is time to reorganize your priorities if you have not been having any fun. Spend some time with a significant other or engage in a hobby rather than doing chores.

GEMINI - May 22/Jun 21
Family matters could be a cause for concern this week, Gemini. A relative needs your assistance immediately and you will have to push other things aside to make the time.

CANCER - Jun 22/Jul 22
Cancer, focus your attention on the things you are grateful for. Shifting thoughts to the positive can really improve your mood and upcoming outcomes.

LEO - Jul 23/Aug 23
Working together is a roadmap for success. Embrace the spirit of cooperation and others will soon follow suit. Your goals will be within reach in no time.

VIRGO - Aug 24/Sept 22
Do not fixate on your shortcomings, Virgo. Instead, think about all of the qualities you love about yourself this week. This will boost your confidence and improve your mood.

LIBRA - Sept 23/Oct 23
Libra, you are used to being the center of your social circle. But take a step back and allow others to share the spotlight with you. You will be glad to you did.

SCORPIO - Oct 24/Nov 22
Scorpio, you perform great under pressure, but too much intense focus can cause you to burn out at a rapid pace. Try dialing it back this week.

SAGITTARIUS - Nov 23/Dec 21
These next few weeks are an opportunity to develop personal relationships and get in touch with your emotions, Sagittarius. Think about taking a break.

CAPRICORN - Dec 22/Jan 20
If others are opposed to your beliefs or ideas you may need to reconsider your presentation. Accept others' perspectives, but forge ahead with what is important to you.

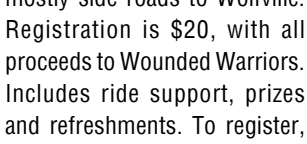
AQUARIUS - Jan 21/Feb 18
Aquarius, there's nothing you can do right now to stop change, so you're better off embracing things as they come. Do not swim against the tide right now. Save your energy.

PISCES - Feb 19/Mar 20
Trouble may be developing with a partnership that is important to your career, Pisces. Do not give up and walk away. Find a resolution pronto.

virtual exhibit on the Kings Hants Heritage Connection Facebook page. Participating contributors include Haliburton House, the Kings County Museum, Prescott House Museum, North Mountain United Tapestry, members of the Kings Hants Heritage Connection and fibre arts artisans from our counties' communities.

Chase the Ace
August 15, 1 p.m. to 3:30 p.m., the Kingston Legion hosts its Chase the Ace. Tickets are available at Browns Auto, Kingston Pharmasave, Kingston Needs and the Legion during bar hours. \$1 each, and the draw takes place at 3.30 p.m. You must be over 19 years old to purchase tickets. You do not have to be present to win.

Wounded Warriors bike ride
August 29, 9 a.m. to noon, cyclists of all skill level are invited to ride for Wounded Warriors, in support of a Nova Scotia team, the Bluenose Crew, heading to Holland in June 2021 for the 75th (76th) anniversary of the Liberation of Holland. The ride leaves Greenwood and follows mostly side roads to Wolfville. Registration is \$20, with all proceeds to Wounded Warriors. Includes ride support, prizes and refreshments. To register, contact Dean Peach, 902-840-0325 or peachd1@hotmail.com.



sudoku

solution page 11

2				5	6	4		
			3			2		
3	7	6		1	2			
6				7		5		
	5		6			3	2	8
	4	2	5		1			
		5			3			
		7				9	4	
4	2		7		9	1		

Level: Beginner

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Base gym working through phase one re-opening

There is good news for people looking to get back to their workouts at the 14 Wing Greenwood Fitness & Sports Centre. Military members, RCMP, Regular and Ordinary Recreation Card holders have been able to access the gym since a mid-July, phase one, re-opening.

The Fitness & Sports Centre closed March 13 as part of 14 Wing's efforts to flatten the COVID-19 infection curve in Nova Scotia. Public health guidance on safe spaces and gatherings changed several times over intervening months. By mid-July, centre staff and the wing felt appropriate precautions could be put in place to ensure both staff and users' safety.

"Phase one is going well, we are feeling positive about it," says 14 Wing Commander Colonel Brendan Cook, himself one of the first back in the gym for a workout.

"This is phase one of a larger reopening plan, but we can't yet estimate what exactly phases two, three and so on look like until we know phase one works. I won't commit us to anything other than to analyze how our system is working on a regular basis, and to make changes to serve an increasingly wider audience as we gain confidence and prove our system."

For now, that means 14 Wing civilian employees, retirees and community members with an Associate Recreation Card membership classification will have to wait to return to the Fitness & Sports Centre. Anyone with a paid gym access membership affected with lost pre-paid months of access will have their membership extended by that same time once access resumes. If your membership expired during the closure, it will also be extended by time the facility was not accessible.

"Just as soon as we have more info on subsequent phases of the opening plan, and when you'll be able to put that extended membership to use, we'll let you know," Cook says.

The Fitness & Sports Centre has changed the layout of

equipment to improve physical distancing, established new cleaning protocols, closed off some areas, including the indoor pool, squash courts and change rooms; and set a workout schedule for Monday to Friday, 6 a.m. to 5:30 p.m. Military members, RCMP, Regular and Ordinary Recreation card holders must book their workout slot at 902-765-1494 local 5997. No-shows will be tracked, and cancellations should be made 24 hours in advance to give another member an opportunity to use the space. No gym bags are allowed, and visitors should come dressed for their workout. Masks must be worn in the lobby space, public offices and until visitors reach their workout space. Visitors will be required to use the hand wash station provided prior to entering the facility, complete a health questionnaire and have their temperature

checked. Directional signage is to be followed, provided hand sanitizer used and exit is via the hallway by the men's change room. Early arrivals must wait outside the gym in the areas provided to ensure physical distancing.

In the meantime, Personnel Support Program fitness instructors are providing virtual programming through the 14 Wing Fitness Facebook page, including video workouts. These are publicly accessible, and participants are reminded to monitor their own health and safety.

Hour-long outdoor fitness classes, for military members only, are also available Monday, Wednesday and Fridays, at both 7 a.m. and 3 p.m., on the Apple Bowl field on Church Street in Greenwood. Please call the Fitness & Sports Centre at 902-765-1494 local 5997 to book a space in each class you'd like to join. ➔

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Classified advertising must be booked and prepaid by 10 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/ or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

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Leadership: the ultimate responsibility and the ultimate reward

Hillary Webb

"Before you are a leader, success is all about growing yourself. When you become a leader, success is all about growing others" - Jack Welch



Hillary Webb adapted and condensed for print this article from "Leadership; The Ultimate Responsibility and The Ultimate Reward, written for the Leadership speech requirement of the Dynamic Leadership Pathway in Toastmasters.

Submitted

Leadership; a powerful tool and a powerful word. Leaders are all around us; we have world leaders, corporate leaders, political leaders. We are inundated with self-help videos and books to help us become leaders, to be better leaders, more influential leaders.

But what does it mean to lead? Simply defined, a leader is someone who leads or commands a group, organization or country, according to the Oxford dictionary. Sounds easy, doesn't it? But being a true leader is a wealth of responsibility; when you are a leader, you have the ability to influence others and impact their well-being.

Management and leadership are often used interchangeably, but the two words reference vastly different concepts. Management skills plan, build, and direct organizational systems. Managers have people who work FOR them to accomplish missions and goals. Leadership skills, on the other hand, are used to establish a direction, and to align people through motivation and inspiration. Leaders have people who CHOOSE to follow them. Management is mechanical; leadership is influential.

As Professor Warren G. Bennis states, "Leaders are people who do the right thing; Managers are people who do things right." The late Steve Jobs said it best: "Management is about persuading people to do things they do not want to do. Leadership is about inspiring people to do things that they never thought they could." While both sets of skills are vital to the health and success of an organization, leaders are imperative in the development and growth of an organization's most important asset; its people.

There are many types of leadership styles as leadership requires adaptability to situations at hand. For

example, a collaborative leadership approach invests time to build relationships, handle conflicts in a constructive manner, and shares control. A directive leadership approach, in contrast, involves the leader setting clear expectations and objectives that subordinates are expected to follow. When trying to get a creative result to a problem, collaborative leadership will encourage all members of the group to participate and share ideas. A directive approach would discourage creative thinking. If the building is on fire however, the directive approach is certainly going to be far more effective, as time is of the essence! Being able to adapt your leadership style to suit the situation and the needs of the team is called situational leadership.

There is a common debate on whether a leader is born or made. While it is true there are those with natural

leadership instincts, under the proper guidance and training, any person can develop into a leader. The most important trait in a leader is integrity. Those with high moral and ethical standards are fundamental to the success of an organization, as they create safe spaces of trust and respect for their teams, which in turn creates a productive and innovative work environment. Leaders with integrity lead by example, and set the tone for the organization as a whole. A leader can lack many skills in his or her leadership, but a lack of integrity is the surest path to failure.

The ability to communicate effectively is vital for a leader to be successful. This is where the skills that we learn and develop through Toastmasters comes in. As we each improve our communication skills, so too do we improve our leadership capabilities. As leaders must

lead by example, taking responsibility and being accountable are also critical components of a leader's success. As Arnold Glasgow said, "A good leader takes a little more than his share of the blame, and a little less than his share of the credit."

There is no question being the leader within any organization, be it a softball team, a corporation, a volunteer organization, or even as parents to children; is a

challenging role with immense responsibility. As all great things in life, with great responsibility comes great reward when you have the opportunity to witness first hand, the growth and development of those around you.

As Sheryl Sandburg said, "Leadership is about making others better as a result of your presence, and making sure the impact lasts in your absence." →

and communication skills. The learning experience provided is supportive and positive, which results in greater self-confidence and personal growth. As a Toastmaster, you will learn how to formulate and express your ideas effectively, be more persuasive and confident when giving presentations and improve your one-on-one dealings with others. Annapolis Valley Toastmasters Club #8104 meets from 6:30 p.m. to 8 p.m. every Tuesday using Zoom. Guests are always welcome. For information, contact Edie Murray at edie.cmurray@gmail.com.

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