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# the Aurora

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Crew from 14 Wing Greenwood, with an Aurora CP140, attended the WBCA Stars and Stripes Airshow Spectacular in Laredo, Texas, February 16.

Corporal K. Neate

## Aurora crew adopts Lone Star state of mind at Stars and Stripes air show

**Captain Alex Jacobi,**  
**404 (Long Range Patrol and Training) Squadron**

From February 14 to 17, a CP140 Aurora crew, along with other 14 Wing Greenwood personnel, attended the Stars and Stripes Air Show Spectacular in Laredo, Texas. The airshow is a part of the larger celebration of George Washington, and the culmination of a month-long, annual festival celebrating his birthday, which draws approximately 400,000 visitors to Laredo.

On the Saturday evening, February 15, the 14 Wing crew attended a military appreciation night at a local restaurant. During the dinner, members of 14 Wing had the opportunity to meet and mingle with various United States Air Force units also participating in the air show. Before retiring for the evening, the entire restaurant was serenaded by a local mariachi band – quite a taste of local flavour.

February 16, the crew eagerly answered numerous questions and posed for an impressive amount of pictures with air

show attendees as the Stars and Stripes Air Show Spectacular unfolded. For most of spectators, it was their first interaction with the Royal Canadian Air Force, let alone being able to tour the elusive CP140.

February 17, the crew reluctantly left its gracious Texan hosts to return to their families in the land of ice and snow. The community and air show hospitality extended to the crew was beyond measure, and both Texans and Canadians alike are undoubtedly looking forward to the next celebration of Washington's birthday. ➔



# Squadron crews take on ASW challenge in Pathfinder Cup

Captain Phil Thomas & Captain Nick Fortin

A tradition was recently brought back to life at 405 (long Range Patrol) Squadron. The Pathfinder Cup, named after the squadron's Second World War-era Pathfinder heritage, was given a facelift and was the prize of a fun but challenging squadron-wide competition between air crews.

In the summer of 2019, the Standards and Training folk within 405 Squadron were looking at ways to have some fun, while encouraging tactical development and cementing crew rivalry. They looked to the historic, professional competition, the Fin-castle Trophy, held between Commonwealth maritime patrol aircraft (MPA) nations (Britain, New Zealand, Canada and Australia), for inspiration. Although not held in over 10 years, the ideas brought together remain valid today.

Anti-submarine warfare (ASW) is a multi-faceted skill that requires individual crewmembers to work together smoothly so the mission comes to a successful conclusion. The winner of the Pathfinder Cup would be the crew that successfully attacked all submarines faster and more accurately



405 (Long Range Patrol) Squadron's Crew 3 Vultures won the February Pathfinder Cup squadron-wide, anti-submarine warfare training challenge.

than its peers, working as a well-oiled machine in a fast-paced, simulated scenario that pushed crews to make quick, tactical decisions.

The challenge was laid out for the crews a week before the event. Eight submarines would be lurking in the waters as the Aurora patrolled overhead carrying eight Mk 46 torpedoes. As each target would have to be detected in a slightly different manner, crews configured the aircraft optimizing all of its sensors. Once detected, each submarine was prosecuted

and tactical information obtained to allow an "attack" to be made. After the torpedo splashed in the water, the time and accuracy of the attack was recorded, and the crew resumed its search for the next target.

After the initial idea, it took a further six months to find an opportunity where all crews would be "at home" in Greenwood so the event could be run in the simulator. In order to determine the winner, some simple rules and a scoring system were developed, and the crews

completed tactical discussions where they finalized working plans and developed some new working practices. Each target was given an identity, and crews had to have a pre-determined "run plan" to create a level playing field.

Outside the squadron, liaison was completed with the 404 (Long Range Patrol and Training) Squadron OMS (simulator) staff to set up the exercise, create the environmental conditions, build a surface plot and provide additional realism for the

crews to deal with. Most importantly, the exercise would have to be repeated a number of times so each crew could complete the serial under the same conditions.

Early February 5, the Standards and Training section arrived at the OMS for the event. A team of four OMS staff were in position to run the serials, record various data and ensure the serials were the same. The first crew arrived, received a briefing, entered the simulator and completed the serial. Shortly after they had finished, the

next crew arrived. That continued until all the crews had completed the serial. The Standards and Training folk took all of the data and figured out just which crew had managed to outshine the others.

The results were very close but, in the end, it was the Vultures from Crew 3, led by crew commander Captain Marouan Goosen, which edged out the others to take the resurrected Pathfinder Cup 2020.

From a Standards and Training perspective, the squadron won. It was great to see, while the CP140M Aurora community has spent a large period of time operating all over the world completing tasks that don't involve submarines, all crews were all able to successfully switch back into the ASW role and effectively use all of the tools at their disposal.

"I thought it was a fun event," said Crew 2's TACCO A, Captain Tyler Korn. "It was an awesome opportunity to build crew cohesion and practice ASW Attack."

There are already plans afoot for another squadron competition; Crew 3 may sit on top of the pile at the moment, but the other crews are nipping at their heels," eager to assume ownership of the Pathfinder Cup! ➔

# Image tech recognized for adding art, talent to work

Sara White,  
Managing editor

It was Leading Seaman Louis-Philippe Dubé's day, as a couple of nods came his way in recognition of photographic and technical excellence.

Dubé is an imagery technician at 14 Air Maintenance Squadron. His work on and off the job is catching attention across the Canadian Armed Forces in recent months.

First, his submission to the 2019 Canadian Armed Forces Imagery Contest earned an honorable mention in the altered image. His photo of a diver breaking the water on a darkened background captured an instant in time.

Secondly, his Game of Thrones-themed work became "the best" 2019 command team Christmas card. With 14 Wing Commander Colonel Brendan Cook and Wing Chief Warrant Officer Dan Campbell recently

presented Dubé with a series of photos against a plain background and pain-stakingly created an inspired background to set behind the men. The photo art became the 14 Wing Christmas card to bases and sections across Canada, and a community card ever!"



Leading Seaman Louis-Philippe Dubé, centre, was recently presented with a Wing Chief Warrant Officer's Coin by 14 Wing Greenwood Chief Warrant Officer Dan Campbell, right; and Colonel Brendan Cook for his photographic and technical work crafting the command team Christmas card, the Game of Thrones-themed project depicted in the wall poster behind the men.

Corporal Y. Kang, 14 Wing Imaging

poster in The Aurora Newspaper and online. Dubé also added ten Game of Thrones "family house" cards to the Christmas card's back cover, styled to represent the wing's squadrons.

"A lot of folks have seen this photo," Cook said, as he and Campbell recently presented Dubé with a Wing Chief Warrant Officer's Coin in thanks. "There were rave reviews right across the forces and it was shared internationally – not a single person said anything but, 'Wow.' This was the best Christmas card ever!"

Campbell said, what people don't easily see in the photo are the hours of work Dubé put into the project.

"Everyone thought it was our heads cropped in, but we were here, dressed up – it wasn't easy being a model! This coin is for all the work you did."

Dubé joined the Canadian Armed Forces under the Royal Military College science program in 2009. In 2010, he became a Land Communication and Information System Technician and posted to CFB Valcartier. While there, he took a photography and studio

lighting course, and worked alongside renowned French photographer Édouard de Blay de Gaix - and found his true calling. In 2015, Dubé transitioned to the imagery trade and was posted to in May 2016 to 14 Wing Greenwood. Dubé has since worked with The Aurora Newspaper and deployed on EX MAPLE ARCH in Poland and OP CARRIBE onboard HMCS Edmonton. He is an avid photographer and routinely volunteers in support of Wounded Warrior, Boomer's Legacy, the Greenwood Camera Club and 4-H. ➔



Leading Seaman Louis-Philippe Dubé, centre, was recently presented an honorable mention certificate by 14 Air Maintenance Squadron Lieutenant-Colonel Cory Marchand, left, with Chief Warrant Officer Kevin Wezenbeek. His photo, on the wall poster behind the men, was recognized in the 2019 Canadian Armed Forces Imagery Contest.

Corporal Y. Kang, 14 Wing Imaging



It took Leading Seaman Louis-Philippe Dubé close to two hours to style and shoot these images of 14 Wing Commander Colonel Brendan Cook, right, and Wing Chief Warrant Officer Dan Campbell; and another week's worth of technical work to craft their Game of Thrones-themed Christmas card, and a set of book-inspired "cards" matching the character families' with 14 Wing's squadrons.

Leading Seaman L-P Dubé, 14 Wing Imaging

## Un technicien d'imagerie salué pour son talent et sa contribution artistique au travail

Sara White,  
Rédactrice en chef

C'était un grand jour pour le matelot de 1re classe (Mat 1) Louis-Philippe Dubé, auquel ont été adressés plusieurs signes de tête en reconnaissance de l'excellence de son travail sur les plans photographique et technique.

Le Mat 1 Dubé est un technicien d'imagerie au 14e Escadron de maintenance (Air). Ses réalisations, au travail comme ailleurs, ont suscité beaucoup d'intérêt au sein des Forces armées canadiennes (FAC) ces derniers mois.

D'abord, le porte-folio qu'il a présenté au Concours d'imagerie des FAC 2019 lui a valu une mention honorable dans la catégorie « image

retouchée ». Sa photo d'une nageuse fendant l'eau sur un arrière-plan sombre a véritablement réussi à saisir un instant dans le temps.

Ensuite, sa composition sur le thème de Game of Thrones est devenue « la meilleure » carte de Noël de 2019 représentant une équipe de commandement. Le Mat 1 Dubé a pris une série de photographies montrant le colonel Brendan Cook, commandant de la 14e Escadre, et l'adjudant-chef de l'Escadre Dan Campbell vêtus de costumes élaborés sur un arrière-plan uni, avant de créer avec beaucoup de soin l'arrière-plan parfait pour rajouter derrière les hommes.

Cette composition artistique est devenue la carte de Noël de la 14e Escadre à l'attention des bases et des sections de partout au Pays, ainsi qu'une

affiche pour la communauté dans le journal Aurora, dans la version en ligne comme celle sur papier. Notre photographe a également ajouté, au dos de la carte de Noël, dix cartes sur le thème des « maisons nobles » de Game of Thrones; ces cartes sont conçues spécialement pour représenter les escadrons de l'Escadre.

« Beaucoup de gens ont vu cette photo », a lancé Cook alors qu'il remettait, en compagnie de Campbell, la pièce de l'adjudant-chef de l'Escadre à notre photographe en guise de remerciement. « Il y avait des commentaires élogieux provenant de partout dans les Forces, et la photo a été partagée à l'échelle internationale : on s'entendait pour dire que c'était la meilleure carte de Noël jamais conçue! »

Campbell a ajouté que les gens ne se rendent pas vraiment compte de toutes les heures de travail que notre photographe a investies dans le projet.

« Tout le monde croyait que nos visages avaient simplement été rajoutés sur la photo... mais nous étions bel et bien là, dans les costumes... pas facile de jouer aux mannequins! Cette pièce est pour tout le travail que vous avez accompli. »

En 2009, notre photographe s'enrôle dans les Forces armées canadiennes, dans le programme de sciences du Collège militaire royal. En 2010, il devient technicien de systèmes d'information et de communications terrestres, et il est muté à la BFC Valcartier. Là-bas, il en profite pour suivre un cours de photographe

et d'éclairage de studio. Il a l'occasion de travailler aux côtés du photographe français de renom Édouard de Blay de Gaix, et c'est à ce moment qu'il découvre sa vocation. En 2015, le Mat 1 Louis-Philippe Dubé fait régulièrement du bénévolat en soutien à des organismes tels que Wounded Warriors, Boomer's Legacy, le Greenwood Camera Club et 4-H. ➔

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# bravo zulu | promotions & presentations



Sergeant Gerald Maynard, centre, January 10 received a certificate for completing the Designated Assistant Training, presented by 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas, left; with Chief Warrant Officer Jon Freeman.



Aviator Taylor Levert of 407 Squadron, Comox, centre, was promoted January 17 to aviator (trained) by 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas, left; with Chief Warrant Officer Jon Freeman.



Lieutenant Jonathan Saulnier, centre, was promoted January 28 to his current rank by 14 Operations Support Squadron Commanding Officer Lieutenant-Colonel Serge Parisien, left; with Master Warrant Officer Rideout.



Captain Mark Winters, centre, recently received the Operational Service Medal, presented by 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas, left; with Chief Warrant Officer Jon Freeman.



Sergeant Ian MacNeil recently received a Lockheed-Martin 2,500-Flight Hour Certificate and lapel pin, presented by 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas, left; with Honorary Colonel Judy Rafuse and Chief Warrant Officer Jon Freeman, right.



Aviator Nicolas Purdy, centre, of 407 Squadron, Comox, was promoted January 17 to aviator (trained) by 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas, left; with Chief Warrant Officer Jon Freeman.



Master Corporal Pier-Oliver Poulin, centre, was promoted January 17 to sergeant by 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas, left; with Chief Warrant Officer Jon Freeman.



Corporal Michael Flanagan, centre, was presented with a Top Student award at the Hornell Centre Headquarters December 19 by 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas, left; with Master Corporal Shawn Jordan.



Corporal Ramy Hasbini, centre, was recognized January 24 with the Stinger of the Fourth Quarter Certificate, presented by 14 Air Maintenance Squadron Lieutenant-Colonel Cory Marchand, left, with Chief Warrant Officer Kevin Wezenbeek, right.



Corporal Brake, second from left, recently received the SSM – Expedition, presented by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Luc Vachon, left; with Chief Warrant Officer Dean Parsons, right.

14 Wing Imaging unless otherwise indicated.



Major Shawn Dyer, centre, January 10 received a certificate for completing the Designated Assistant Training, presented by 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas, left; with Chief Warrant Officer Jon Freeman.



Mark Gordon, centre, received a certificate for 2,000 flying hours aboard the CP140 Aurora January 10, presented by 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas, left; with Chief Warrant Officer Jon Freeman.



Master Corporal Travis Kennedy, centre recently received a Commanding Officer's Commendation, presented by 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Luc Vachon, left; with Chief Warrant Officer Dean Parsons.



Corporal Christopher Lussier, centre, was presented with a Top Student award at the Hornell Centre Headquarters December 19 by 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas, left; with Master Warrant Officer Robert Legere.



February 21, Sergeant Les Vipond, second from right, was presented with a certificate from Lockheed Martin Canada for more than 1,000 hours flown on the CP140 Aurora long range patrol aircraft by Honorary Colonel Judy Rafuse, second from left; 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas, left; with Chief Warrant Officer Jon Freeman.



February 21, Master Corporal Kyle Keigan, second from right, was presented with a certificate from Lockheed Martin Canada for more than 1,000 hours flown on the CP140 Aurora long range patrol aircraft by Honorary Colonel Judy Rafuse, second from left; 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas, left; with Chief Warrant Officer Jon Freeman.



February 21, Master Corporal Mitch Scott, second from right, was presented with a certificate from Lockheed Martin Canada for more than 1,000 hours flown on the CP140 Aurora long range patrol aircraft by Honorary Colonel Judy Rafuse, second from left; 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas, left; with Chief Warrant Officer Jon Freeman.



February 21, Master Corporal Jeffery Skea, second from right, was presented with a certificate from Lockheed Martin Canada for more than 1,000 hours flown on the CP140 Aurora long range patrol aircraft by Honorary Colonel Judy Rafuse, second from left; 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Angie Thomas, left; with Chief Warrant Officer Jon Freeman.

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## Old, now better than new

CP140 Aurora 108 has come a long way since first delivery, left: now in its Block IV-modified configuration, the aircraft took the first flight test assessment of the re-design February 21 from Halifax to Greenwood. Block IV modifications include beyond-line-of-sight satellite communication, a Link 16 Tactical Data Link and a self-defence system. During this significant project milestone, personnel from the Aerospace Engineering Test Establishment and 415 (Long Range Patrol Force Development) Squadron helped verify flight safety of the design. Upcoming instrumented flight testing will quantify the flight characteristics and re-certify the flight and operational envelopes of the Block IV aircraft. 108 will remain at 14 Wing Greenwood for on-ground testing and training in preparation for operational employment of its new capabilities.

Submitted/ Leading Seaman L-P Dube, 14 Wing Imaging

## Checking out the C295W

14 Wing Greenwood personnel had the chance January 30 to check out the new fixed-wing search and rescue aircraft coming into service in 2021.

The C295W that touched down at the base is a Spanish variant aircraft maintenance trainer (AMT) headed to 19 Wing Comox, where it will be housed inside a training centre and used to train first line maintenance technicians, such as aviation technicians, avionics technicians and aircraft structure

technicians. This aircraft will not perform search and rescue missions and is not one of the 16 aircraft procured under this \$2.4 billion project. The maintenance trainer will become a permanent Royal Canadian Air Force asset once it has been converted to a training asset, a few months after arriving in Comox.

The first aircraft to be used in operations is scheduled to arrive at 19 Wing Comox in mid-2020. Initial operational capability is anticipated in



New Fix Wing Search and Rescue CC295517 landing at 14 Wing Greenwood January 30.

Leading Seaman L-P Dubé, 14 Wing Imaging

mid-2021.

As the new CC295 fixed-wing SAR fleet is integrated into operations, the fleet of six CC115 Buffalo aircraft and 12 CC130H Hercules

aircraft will be retired in a phased approach, allowing the RCAF to continuously carry out search and rescue missions.

The RCAF will continue

to use CH149 Cormorant helicopters, as well as other multi-purpose aircraft (such as the CH146 Griffon helicopters) for search and rescue duties.

The AMT made stops at all fixed-wing SAR operating bases on its way to Comox, including 14 Wing, 8 Wing Trenton and 17 Wing Winnipeg. ➔

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7Arts' treasurer Penelope Hughes, right, recently received initial payment from Greenwood Village Commission chairman Brian Banks for a project to add local art to village signage.

Submitted

## 7Arts, Greenwood village team up for street art

The author of "Gulliver's Travels," Jonathan Swift, once said, "Vision is the art of seeing what is invisible to others."

That must certainly apply to the visionary artists and supporters of 7Arts who, in 2018, saw an exciting possibility to set up an artists' space in Greenwood, aiming to engage the wider Greenwood and Kingston community in a creative space to encourage, teach, support and promote the arts. Fast forward to 2020, and 7Arts now has an expansive Artists Space located at 619 Central Avenue in Greenwood, with an active weekly program and numerous special events.

It was 7Arts' vision to embrace all aspects of the local community that caught the attention of the Village of Green-

wood Commission. In need of street banners to enhance and promote the village, the commission approved a motion to contract 7Arts to produce the background art for the banners. February 5, commission chairman Brian Banks presented 7Arts president Amber Juby and treasurer Penny Hughes with \$1,000 as part of the contract agreement.

"This is a beneficial situation for all," said commission vice-chairman Robert Sealby. "The village will be getting quality, local artwork for its banners, as well as supporting this dynamic community group."

7Arts president Amber Juby said the group's artists are energized and excited to start producing their artwork. ➔

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## Sewing shows support for those who serve

February 1, Quilts of Valour - Canada Society celebrated its second National Sew Day across Canada. Response from quilters, women and men, soldiers and veterans was amazing. Representatives from all groups gathered in church halls, quilt shops, Legions, private homes and on military bases to sew the new block for 2020, "Brave and Bold." Thank you to everyone who gave their Saturday to sew for our soldiers and veterans who live with service-related injuries and illnesses.

Quilts of Valour Canada is strong in the Annapolis Valley, as local quilters gathered at Atlantic Fabrics Greenwood as part of National Sew Day to sew blocks for a "Brave and Bold" quilt. We also had the honour to present a Quilt of Valour to Lisa Holloway. Lisa, thank you for your service and thank you for sewing with us.

Quilts of Valour volunteers meet twice monthly - the first Thursday and third Wednesday, 10 a.m. to 3 p.m., at Atlantic Fabrics Greenwood.

Sewers and non-sewers alike are welcome to join group members for the day, or drop by and cheer them on or help iron, sort and cut fabric for blocks, cut backing fabrics and maybe even share a story or two. You may also drop off blocks tops or finished quilts at Atlantic Fabrics Greenwood whenever you are in the area. Military members may use their volunteer day to help make quilts for their brothers- and sisters-in-arms. Quilt presentations often take place at our sew days: join us and witness something amazing.

Quilts of Valour Canada - Society will be at Quilt Canada in Edmonton, one of the country's largest quilt shows, June 17 to 19. QOV will be inviting special guests to come and sit at one of the three specially-designed sewing machines in its booth and sew a block or two. Volunteers of all ages are welcome: last year, the youngest sewers were a seven-year-old son of a veteran and his twin sister. Blocks and completed quilts may also be dropped off at the booth and, each day



Annapolis Valley Quilts of Valour volunteers held a session February 1 in Greenwood, part of the national organization's 2nd Sew Day. Brenda Hulan, left, was happy to represent the group in the special presentation of a quilt to Lisa Holloway.

Submitted

of Quilt Canada, QOV will present a quilt to a deserving military member.

Quilts of Valour has presented 14,440 special quilts,

with a goal of 20,000 by the end of 2020. Join us and witness these moving and sometimes emotional presentations. ➔

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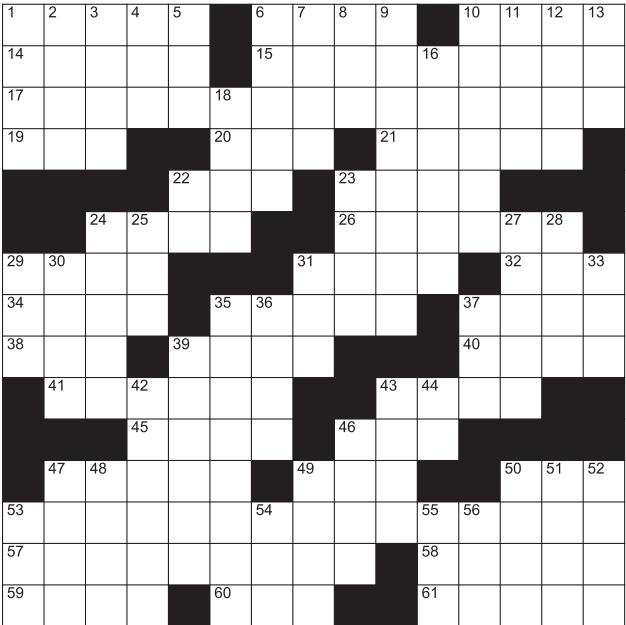


The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email [auroraeditor@ns.alianzinc.ca](mailto:auroraeditor@ns.alianzinc.ca). Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Wednesday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse [auroraeditor@ns.alianzinc.ca](mailto:auroraeditor@ns.alianzinc.ca). Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le mercredi précédant la publication, à moins d'avis contraire.

# metro crossword

solution page 10



- ACROSS**  
1. Yields Manila hemp  
6. A type of gin  
10. Japanese ankle sock  
14. Swiss city  
15. Applied to  
17. Achievements  
19. Japanese title  
20. Possesses  
21. Belgian city  
22. Child  
23. Great delight  
24. Petty quarrel  
26. Gathered  
29. Zoroastrian concept of holy fire  
31. Path  
32. Legendary hoops coach Riley  
34. A citizen of Denmark  
35. Flat  
37. Upper-class young women  
38. Payment (abbr.)  
39. Distort  
40. Affirmative! (slang)  
41. One who has a child  
43. Without  
45. Workplace safety agency  
46. Political action committee
47. Period of plant and animal life  
49. Swiss river  
50. Sino-Soviet block (abbr.)  
53. State of being kept secret  
57. Hobbies  
58. One-time Korean ruler  
59. Sudden attack  
60. Born of  
61. Assistants  
**DOWN**  
1. Ancient Greek sophist  
2. Famed composer  
3. Spore-bearing fungi cells  
4. Chief executive officer  
5. Defunct Syrian political party  
6. Thin wood  
7. Polynesian garlands  
8. Fluid replacement (abbr.)  
9. Flammable hydrocarbon gas  
10. Multi-leveled  
11. Influential diarist  
12. Gambles  
13. Many subconsciousnesses  
16. Current unit  
18. Illumination unit
22. Tantalum  
23. Steps leading down to a river  
24. Kids love him  
25. Before  
27. Fencing swords  
28. Mountain range in China  
29. Payroll company  
30. A way to pack together  
31. Business designation  
33. Thyroid-stimulating hormone (abbr.)  
35. Forage fish  
36. Greek temple pillars  
37. Internet mgmt. company  
39. Rouse oneself  
42. In a way, covered  
43. Elaborate silk garment  
44. Cooling unit  
46. Riley and O'Brien are two  
47. \_\_\_ fide: genuine  
48. Ancient Incan sun god  
49. Poker stake  
50. Trigonometric function  
51. Interesting tidbit  
52. Adieu  
53. U.S. Treasury position  
54. Midway between east and southeast  
55. Doctors' group  
56. Women's \_\_\_ movement

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**Film screening: Africville Can't Stop Now**  
March 4, 1:30 p.m. to 3:30 p.m., the Annapolis Royal Library hosts a screening of "Africville Can't Stop Now," with Q & As to follow. Located on the northern shore of Bedford Basin, Africville was home to the many African-Canadian families who lived there for generations. In the 1960s, Halifax expropriated Africville and residents were forced to leave their homes and businesses behind. Today, former residents of Africville are fighting for reparations and an official apology. This film presents a community that has survived despite having lost its home.

**Between the Covers Book Club**  
March 5, 6:30 p.m. to 8:30 p.m., the Rosa M. Harvey Middleton & Area Library adult book club is discussing "The Book of Negroes," by Lawrence Hill. We will

be handing out next month's selection, "Where the Line Bleeds," by Jesmyn Ward. If interested, call the library at 902-825-4835 for information.

**Kindermusik**  
March 6, 1 p.m. to 2 p.m., the Kingston Library invites families in for a musical adventure. Kindermusik is designed for pre-school aged children and their parent/ caregiver.

**Berwick Branch Book Club**  
March 6, 10 a.m. to 11:30 a.m., the Berwick and District Library adult book club is reading "In the Midst of Winter" by Isabel Allende. Join at any time. Pick up a copy of the book at the Berwick Library or attend a book club session. The book may be available to download.

**Lacrosse try-it**  
March 6, Valley Thunder Lacrosse try-it at Pine Ridge gym, Kingston. New/experienced athletes welcome. 6 p.m. to 7 p.m.: ages seven to 10 (younger athletes with experience), 7 p.m. to 8 p.m.: ages 11-plus. \$5 drop-in. Bring: hockey helmet with cage, hockey gloves (optional), sneakers and a water bottle. Season registration also open now. The club has loaner sticks. Special guest: K.J. McNeil, Lacrosse NS technical director.

**Tween Scene**  
March 6, 6:30 p.m., the Kingston Library invites youth ages eight to 12 for crafts, snacks and games the first Friday evening of each month.

**Walk**  
March 7, 10 a.m., the Valley Trekker Volkssport Club hosts a walk in Windsor. Meet at the Irving Circle K (2113 Hwy 1, Exit 7 off Hwy 101 to Falmouth). 5/10 km-2B. Registration at 9:30 a.m., for walking at 10 a.m. For more info: 902-678-7975.

**Breakfast**  
March 7, 8 a.m. to 10 a.m., the Berwick Lions host a public breakfast at the Kings Mutual Century centre, Berwick. Freewill offering for a full breakfast: eggs (fried or scrambled), our own

baked beans, pancakes, bacon, sausage, toast, juice, coffee and tea.

**Evergreen Theatre - Ria Mae**  
March 8, 8 p.m. Evergreen Theatre, 1941 Stronach Mtn Rd., Margaretsville NS Reservations and prices through TIXHUB at [www.evergreentheatre.ca](http://www.evergreentheatre.ca). Halifax-born, Toronto-based songwriter Ria Mae hits the road with her Stars Tour beginning November 14 in Vancouver, BC in support of her highly anticipated StarsEP and new single, "Too Close", featuring Dan Talevski and coming out in October. To date, Ria's music has been streamed over 60 million times worldwide.

**Speakers' meeting**  
March 9, 1 p.m. Wilmot Baptist Church presents guest speakers Ron and Jane Downey. With Ron's background with the Canadian Navy and marriage at a young age, they face many struggles holding things together. Hear how they overcame their obstacles, and how their marriage and lives were transformed. Everyone welcome. Christian Fellowship Centre, 208 Dodge Road, Wilmot. Call 902-765-2386 for information.

**Sharing knowledge: Mi'kmaq crafts**  
March 10, 3:30 p.m. to 5 p.m., the Berwick and District Library invites youth ages 10 to 17 to learn about Mi'kmaq crafts and culture with Marlene Joudry: porcupine quillwork, deerhide paintings and using Mi'kmaq hieroglyphic writing. You'll create your own art, based on traditional Mi'kmaq culture, to take home. After school snacks provided! Registration required.

**Friends of the Library meeting**  
March 10, 7 p.m. to 8:30 p.m., the Annapolis Royal Library's Friends of the Library meet for an informative, interesting meeting regarding all the happenings at the library. Contribute your ideas and opinions. Meet us in the Library Program Room, 143 Ritchie Street.

**Luncheon**  
March 10, noon to 1 p.m., the Kingston Lions host their monthly community luncheon, 1482 Veterans Lane. \$10 at the door, \$11 delivery to Kingston/Greenwood (for delivery, call 902-765-2128 by 10:30 a.m.).

**Let's Get Crafty**  
March 10, 7 p.m. to 8 p.m., the Bridgetown & Area Library invites adults to craft, create and chat. The program is free and all materials are supplied. Register at 902-665-2758.

**Habitation Rug Hookers**  
March 12, 12:30 p.m. to 3:30 p.m., the Annapolis Royal Library hosts the Habitation Rug Hookers for the winter season. Beginner to expert rug hookers are welcome.

**Lacrosse try-it**  
March 13, Valley Thunder Lacrosse winter program at Pine Ridge gym, Kingston. New/experienced athletes welcome. Valley Thunder Lacrosse try-it at Pine Ridge gym, Kingston. New/experienced athletes welcome. 6 p.m. to 7 p.m.: ages seven to 10 (younger athletes with experience), 7 p.m. to 8 p.m.: ages 11-plus. \$5 drop-in. Bring: hockey helmet with cage, hockey gloves (optional), sneakers and a water bottle. Season registration also open now.

**Magical March break Girl Power**  
March 13, 6:30 p.m. to 8 p.m., the Rosa M. Harvey Middleton & Area Library invites girls ages 10 to 14 to start March break with Magical Girl Power fun! We'll have a Harry Potter-themed event - games, snacks, butterbeer and a craft. Dress in your wizarding world best! Registration required.

**Knitting by the Book**  
March 13, 6 p.m. to 7:30 p.m., the Berwick and District Library invites friends to come and knit, crochet, rug hook, spin, weave. Bring your own project and meet new friends.

**St. Patrick's Day at the Legion**  
March 13, 7:30 p.m., the Berwick

Legion, 232 Main Street, hosts its 3rd St. Patrick's Day party and potluck. Featuring The Upbeats. Admission: pass the hat. Ages 19-plus. Call 902-538-9340 for info.

**Breakfast**  
March 14, 8 a.m. to 10 a.m., community breakfast at the Kingston Baptist Church, 695 Main Street. Freewill. Traditional and healthy food choices.

**Game day**  
March 14, 1 p.m. to 3 p.m., the Berwick and District Library invites all ages to bring your favourite game to share.

**Scottish Country Dance Classes**

March 16 (Mondays for eight weeks, 7 p.m. to 9 p.m., all are welcome to join in Scottish Country Dance classes at the Wilmot Community Centre. Scottish Country is a social dance form, so no partner or special attire is required. Suitable for any adult from 16 to 96. Learn how to reel and wheel, pousette and allemande. No experience required, only an interest in dance and/ or Scottish traditions. Instructor Susan Van Horne. There is a \$5 nightly fee to cover the cost of the hall. For information: 902-765-0906 or 902-825-4600.

**Toy photography**  
March 16, 1 p.m. to 3:30 p.m., the Annapolis Royal Library invites ages 10-plus to bring your own camera or cell phone, and, if you have a favourite toy you want to take a picture of, bring that, too. Dioramas provided.

**African drumming workshop**  
March 17, 2:30 p.m. to 3:30 p.m., the Lawrencetown - Dr. Frank W. Morse Memorial Library invites ages 10-plus to learn the basics of African drum with Kadijah. Drums are provided, no experience necessary! Registration required.

## Mint commemorates 75th anniversary of Netherlands' liberation

The Royal Canadian Mint's time-honoured practice of issuing coins recognizing the sacrifice of Canada's veterans endures on a new fine silver coin commemorating the 75th anniversary of the Liberation of the Netherlands, illustrated by artist Pandora Young.

The scene appearing on the reverse of this coin illustrates the emotion of people rediscovering their long-lost freedom, thanks to the service and sacrifice of the First Canadian Army, which led a nine-month campaign at tremendous personal cost. The scene focuses on a Canadian soldier surrounded by children as his tank parades

down the street of a typical Dutch city centre. In a simple display of gratitude, one of the children is offering the soldier a tulip: a gesture annually repeated by the Kingdom of the Netherlands since the end of the Second World War. To this day, thousands of tulips bloom in Ottawa as a living symbol of the unbreakable friendship between Canada and the Netherlands. The commemorative coin was released February 4 and may be ordered from the Mint at 1-800-267-1871 in Canada, or at [mint.ca](http://mint.ca). The coins are also available at participating Canada Post outlets. ➔



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March 2, 2020

Page 9

## Museum set for winter work, volunteer service

**Isabelle Pitre, Greenwood Military Aviation Museum Society**

The Greenwood Military Aviation Museum Society held its annual general meeting at the close of 2019, electing a new board of directors, discussing the upcoming year and updating members of progress made in the last year.

Except for the loss of two board members, there was no

change in the board structure. Over the course of the 2019, the museum accessioned 75 new artifacts to its collection. The LED lighting upgrade to the main display area continues. The Flight Education Program continued in 2019, and started for its 18th year in January, with eight schools scheduled to visit into the spring and 17 volunteer instructors leading the tours.

Heading into the spring, the museum's airpark Lancaster

will see some 3D-printed tail turret parts added, an innovation for the museum. Restoration continues on the two Bolingbroke engines and its bomb bay. The Lancaster Living Legends display has now grown to 14 veterans, with Gordon Hardwick the latest addition. Hardwick was a tail gunner who flew in the Halifax Bomber and the AVRO Lancaster between 1943 and 1945.

The museum welcomed a new crop of volunteers with an

October orientation program, and most of the new people have been hard at work since, helping in various functions - and welcomed with open arms. Orientation sessions are held as needed, and no experience is necessary to become a museum volunteer. Anyone with an interest in aviation looking to get involved should fill out a society volunteer application form, found at [gmam.ca/](http://gmam.ca/) volunteers or at the museum reception desk. ➔

## Veteran-focused mental health first aid course registering

A mental health first aid course designed for the veteran community will be held March 9 and 10, 8:30 a.m. to 4:30 p.m., in the Greenwood Military Family Resource Centre classroom. The course is facilitated by a Canadian Armed Forces veteran.

This free course is facilitated by the Mental Health Commission of Canada and is specifically designed to meet the needs of the transitioning CAF and veteran communities. A certificate of completion will be provided electronically. The course is open to:

- Transitioning/ releasing members and their families
- Veterans and their families
- Regular and Reserve force members and their families
- CAF service providers, helping professionals and unit supervisors are encouraged to attend

Official information on the

course content can be found at [mhfa.ca/en/course-type/veteran-community](http://mhfa.ca/en/course-type/veteran-community).

Dress is civilian, snacks and coffee are provided, but lunch is not provided (there

is a 45-minute lunch break). To register, contact Cali Keating. Veteran Family Program coordinator at the GMFRC, [Cali.Keating@forces.gc.ca](mailto:Cali.Keating@forces.gc.ca) or 902-765-1494 local 1709. ➔

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Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/ or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

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Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

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## crossword solution

ABACABA SLOE TABI  
BASEL PERTAINED  
ACCOMPLISHMENTS  
SHIHASHYPRES  
SPAT TOT SLEE  
ATAR LANE PAT  
DANE MATTE DEBS  
PMT BEND YEAH  
PARENT SANS  
OSHIA PAC  
BIOTIC AAR SSB  
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## Flyin' high

The Greenwood Flyers Under 14 girls were at it again over the February 22 weekend, winning their third championship this season. The girls were invited to the Rebel Run tournament in Fall River. The first game Saturday was against the Dartmouth Lakers, when they came out swinging with a 65-50 win. The Flyers came out 64-30 over the Bedford Eagles, and their last game of the day was against the host Fall River Rebels. They won again, 56-31, placing them in the top spot for the finals Sunday. The finals were again against the Fall River Rebels, who made it a nail biter until the 42-34 end. Congratulations to the Flyers, and a special congratulations to tournament MVP Tess Bezanson. The next battle will be Division 2 provincials at the end of March, hosted by Antigonish. From left, back row, are Coach Justin Veinot, Lauren Laxamana, Faith Hyatt-Theoret, Abigail Veinot, Chloe Palmer, Lauren Adams and assistant coach Rob Smith. Across the front are assistant coach Gilbert Laxamana, Gilliane Laxamana, Amelia Blatch, Tess Bezanson and Carmen Glavine (missing are Hallie Blatch and Marissa Smith).

Submitted

## Regional volleyball on Greenwood courts March 10 to 13

14 Wing Greenwood hosts its second set of 2020 Canadian Armed Forces Atlantic Regional sports March 10 to 13: this time, it's the men's and women's volleyball championships on the courts at the Fitness & Sports Centre.

In the women's division are teams from CFB Gagetown, 14 Wing Greenwood and CFB Halifax. Men's teams will represent 14 Wing Greenwood, CFB Gagetown, 12 Wing Shearwater and CFB Halifax. Athletes arrive March 9, with a coaches' meeting at 2 p.m., followed by a meet and greet at 5 p.m.

Action gets underway

March 10, Day 1, with the opening ceremony at 8 a.m. Day 1 and Day 2 matches are best two-out-of-three. First on the courts at 8:30 a.m. are both the men's and women's Gagetown and Greenwood teams. At 10 a.m., the Shearwater men take on Halifax. At 3 p.m., it's back to two-court action, with the Shearwater men versus Greenwood and the Gagetown women taking on Halifax.

March 11, Day 2, action starts at 8:30 a.m., with both the men's and women's teams from Gagetown taking on Halifax. At 10 a.m., the Gagetown men face Shearwater and, at 2 p.m., the Green-

wood men take on Halifax.

March 12 marks Day 3, and scheduled games are all best-three-out-of-five and play depending on round robin seeding. At 8 a.m. it's first versus fourth in the men's division, followed at 10 a.m. by the second versus third in the women's division. At 2 p.m., the second versus third men's division teams meet.

March 13 will see the finals in both divisions, with the women opening at 8 a.m., followed by the medals presentation; and the men playing at 10 a.m., followed by the closing ceremony at 11:30 a.m. All games are again best-three-out-of-five. ➔

## CAF hockey silver for 14 Wing

Military members from across the country took to the ice in Gagetown February 16 to 21 for the Canadian Armed Forces' national hockey men's championships. 14 Wing Greenwood was in the mix, with the Bombers representing the Atlantic Region after winning the title on home ice February 7.

Opening February 18, Greenwood took a 7-5 loss to Petawawa. Corporal M.

Read was the 14 Wing MVP; and ended the day with a 13-3 loss to Montreal. February 19, the Bombers started the day with a 5-3 win over Edmonton. Private C. Giggie was Greenwood's game MVP.

February 20, Greenwood, coming in third through the round-robin, defeated second-place Petawawa 6-3 in their semi-final, with Aviator T. Happeney named 14 Wing's game MVP. The un-

defeated Montreal Patriotes, first out of the round robin, defeated the fourth-place Edmonton 6-2 in the other semi to cement their spot in the championship game.

February 21, Greenwood met Montreal in the final, but took a 6-2 loss for the silver medal. Giggie was again recognized as the Greenwood men's game MVP.

The women's nationals are March 8 to 13 at 17 Wing Winnipeg. ➔

## Nutrition month: more than food! Mindful eating adds to healthy shopping, prep, enjoying food

**Julie Riopel-Meunier, MBA, M.Sc., RD**

Strengthening the Forces (STF) and the Health Promotion team provides advice to the military community on more than just food. We love food, yes, and we believe in its potential to enhance lives and improve health, but we take a broad view of the factors that impact healthy eating – including how we eat.

In 2019, Health Canada released the new Canada's Food Guide. During the revision process, the Dietitians of Canada advocated strongly Health Canada include in the guide considerations beyond nutrients, and talk about how we eat - not just what we eat. This included consideration of food literacy, food culture and traditions, food availability and sustainability. The 2020 Nutrition Month campaign recognizes the healthy eating habits now part of Canada's Food Guide (canada.ca/foodguide).

Like most of us, you've probably eaten something in the past few hours and, like many of us, you may not be able to recall everything you ate - let alone enjoy the sensation of eating your food. Although mindful-eating ideally includes foods in the Mediterranean diet (such as fruits,



vegetables, whole grains, seeds, nuts and vegetable oils), the technique of taking time to enjoy your meal can be applied to other foods, even a cheeseburger and fries.

In essence, mindful eating means being fully attentive to your food - as you buy, prepare, serve and consume it. Adopting this practice may take more than a few adjustments in the way you approach meals and snacks. With mindful eating, you will gradually learn to put deprivation aside and give food its rightful place in your life, whether it is more or less nutritious. Without guilt, pleasurable foods become less attractive, and it is then easier to eat them on a more occasional basis. Feeling trapped by food can make your life difficult when you eat an average of three times a day. If you do the math, you are likely to eat an average of 82,000 meals over your lifetime. Whether you are at home,

at work, or even on the go, try putting these mindful eating strategies into practice to gradually reconnect with the signals your body is sending you:

- Before grabbing a snack or sitting down to eat, ask yourself if you are truly hungry. If you are not sure, wait to see if you feel that sensation of emptiness or gurgling in your stomach.
- Make every meal a time to relax. Sit at the table and just enjoy your meal.
- Eliminate distractions. Keep the TV off, don't sit in front of your computer and put your smartphone down while eating.
- Eat slowly, take time to enjoy every bite, and appreciate each different taste and texture.
- Set your utensils down between bites.
- Ask yourself if you're still hungry throughout a meal. Stop when you feel satisfied and not overly full.
- Use smaller plates and bowls. Sometimes our eyes are bigger than our stomachs. If you are still hungry afterwards, it is OK to take a second helping. Some days, we just need more food.
- Don't force yourself to finish what's on your plate if you start to feel full. Keep the rest for later. If you are

at a restaurant, take the leftovers home.

- Cook more often rather than eating out or buying processed foods.
- Plan what you eat and enjoy your food.
- Involve others in planning and preparing meals and eat meals with others.
- Don't forget culture and food traditions can be a part of healthy eating.

Be patient – people don't become mindful eaters overnight.

If you want to have more information about cooking and healthy eating, contact your local Health Promotion office and take advantage of what they have to offer. Or, visit [cafconnection.ca/National/Programs-Services/Health/Health-Promotion-Program.aspx](http://cafconnection.ca/National/Programs-Services/Health/Health-Promotion-Program.aspx). ➔

*Riopel-Meunier is a registered dietitian. As part of the Strengthening the Forces team, she is the acting nutrition wellness educator, and focusses on nutrition programming for the CAF. Strengthening the Forces is the CAF's healthy lifestyles promotion program, providing expert information, skills and tools for promoting and improving CAF members' health and well-being.*

MARCH/MARS											
http://greenwood.mil.ca/en/communities-of-interest/annapolis-mess/index.aspx											
Sun	Mon	Tues	Wed	Thu	Fri	Sat					
1 <b>INFO</b> Internet/Wireless available in TV Lounge/Mess	2	3	4	5 CAMERA CLUB	6 INTERNATIONAL WOMEN'S DAY NO TGIF FRIDAY NIGHT PUB NIGHT WITH/PUB FOOD <b>TOW BAR ENTERTAINMENT BROKE WITH MONEY BAND</b>	7					
8	9	10	11 MORALE AND WELFARE LUNCHEON CHICKEN BURGERS	12	13 TGIF - DONAIRS <b>TOW BAR ENTERTAINMENT KARAOKE</b>	14 ST PATRICK'S DAY DANCE JOKER'S RIGHT BAND					
15	16	17	18	19 CAMERA CLUB	20 NO TGIF FOOD <b>NO TOW BAR ENTERTAINMENT TOW BAR IS OPEN</b>	21					
22 <b>INFO TOW BAR</b> Non-alcoholic beverages available	23	24	25 4X4 HOCKEY RBC BUSINESS MEETING MORALE AND WELFARE LUNCHEON - CHILI	26 4X4 HOCKEY	27 4X4 HOCKEY TGIF - ASIAN FOOD <b>NO TOW BAR ENTERTAINMENT TOW BAR IS OPEN</b>	28 BEER, WINE, & CIDER TASTING EVENT LIVE MUSIC BY KEVIN DAVISON					
29	30	31	f LIKE US ON FACEBOOK								
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## March food demos highlight nutrition, packed into great taste

Need a little kitchen lesson? Would you like a few more health-conscious recipes in your repertoire?

14 Wing Greenwood's Health Promotion and Wing Foods are celebrating March as Nutrition Month. Sign up for a class at the Annapolis Café March 4, 8:30 a.m. to 9:30 a.m., and make masa pancakes. March 11, you'll be cooking garden chili. The sessions are open to 14 Wing Greenwood Defence Team members. To register, contact edith.tremblay@forces.gc.ca. Visit [nutritionmonth2020.ca](http://nutritionmonth2020.ca) for information, and sign up for a free e-recipe book.

EMPLOYMENT OPPORTUNITY	
COMPETITION NUMBER : GRD-20-004	
This Category II position is open to all interested parties.	
Campground Manager	
PSP Lake Pleasant Campers Club 14 Wing Greenwood Temporary Full Time Position The anticipated Term of this position is 6 months (seasonal).	
<b>Who We Are:</b> For more information on who we are, please visit us at <a href="http://www.cfmws.com">www.cfmws.com</a> . <b>Job Summary:</b> Under the direction of the Deputy PSP Manager, the Campground Manager plans, organizes and manages the day-to-day operations of the campground, office and canteen. He/She prepares annual budgets and authorizes, records and documents financial transactions/commitments, as required. He/She manages employees and prepares work schedules. The Campground Manager inspects facilities and equipment and initiates corrective action. He/she plans, coordinates and manages administrative services such as cleaning, maintenance, safety inspections and security. <b>Salary:</b> \$55,150 - \$64,880 per annum <b>Start Date:</b> as soon as possible <b>Application Deadline:</b> 23:59 hrs Atlantic Time on 13 March 2020 <b>Application Submission:</b> Submit resume to NPF HR Office quoting competition # GRD-20-004. Email: <a href="mailto:npfhrgreenwood@cfmws.com">npfhrgreenwood@cfmws.com</a> or online: <a href="http://www.cfmws.com">www.cfmws.com</a> . For all details contact us at 902-765-1494 local 5633.	
We thank all applicants in advance for their interest in this position, however, only those selected for an interview will be contacted.	
OFFRE D'EMPLOI	
NUMÉRO DE CONCOURS : GRD-20-004	
Toutes les personnes intéressées peuvent postuler ce poste de catégorie II.	
Gérante ou Gérant du terrain de camping	
programmes de soutien du personnel Le lac club du campeur agréable 14e Escadre Greenwood Poste à temps plein temporaire Durée prévue de l'emploi : 6 mois	

**Qui nous sommes :**  
Pour de plus amples renseignements à notre sujet, visitez le [www.sbmfc.com](http://www.sbmfc.com).  
**Résumé de l'emploi :**  
Sous la direction du gestionnaire des PSP (deputy), la ou le titulaire du poste planifie, organise et gère les activités quotidiennes du terrain de camping, du bureau et de la cantine. Elle ou il prépare un budget annuel et autorise, enregistre et documente les opérations et les engagements financiers au besoin. Elle ou il gère des employés et prépare les horaires des employés, au besoin. La ou le titulaire du poste fait l'inspection de l'équipement et des installations et prend les mesures correctives qui s'imposent. De plus, elle ou il planifie, coordonne et gère les services administratifs comme le nettoyage, l'entretien, les vérifications de sûreté et la sécurité.

**Rémunération :** 55,150 \$ – 64,880 \$ par année

**Date d'entrée en fonction :** Dès que possible

**Échéance :** 13 mars 2020 à 23 h 59, heure normale de l'Atlantique

**Présentation de la candidature :** Veuillez soumettre votre CV au bureau des ressources humaines des FNP, en indiquant le numéro de concours GRD-20-004, par courriel à [npfhrgreenwood@sbmfc.com](mailto:npfhrgreenwood@sbmfc.com) ou en ligne à [www.sbmfc.com](http://www.sbmfc.com). Pour plus d'information contactez 902-765-1494 poste 5633.

Nous remercions à l'avance toutes les candidates et tous les candidats de leur intérêt, mais seules les personnes sélectionnées seront convoquées à une entrevue.



## Lions' peace poster entrants recognized

The Kingston Lions Club sponsored the 2019 Lions Club International Peace Poster Contest in the Kingston/ Greenwood area in the fall, inviting children in Grade

6 from several local schools to participate and design a poster expressing their interpretation of the theme, "Journey to Peace." The annual contest is an opportunity

for Lions clubs to work with youth in our community to stress the importance of peace, tolerance and international understanding.

The contest encourages young people to think about peace, creatively express what it means to them and to share their own unique visions with the world. Winning posters at the club level advance to the District for judging. Should a poster continue to win and advance through the Multiple District, it will be sent to Lions International Headquarters to compete against other winning posters from around the world to determine an international grand prize winner.

This year, Pine Ridge Middle School in Kingston



**Club level winners of the Kingston Lions' peace poster contest from participating students at Pine Ridge Middle School were recognized earlier in the fall. From left are teacher Ashley Abbott, principal Cathy Rafuse, Mercedes (fourth place), Ryver (third place), Emily (second place), Gilliane (first place) and Kingston King Lion Alice Neily.**

Submitted

participated, and student Gilliane's poster was selected to compete at the Lions District N2 level competition. Her poster went on to win third place at the District level competition.

Lions would like to thank the Greenwood Dairy Queen,

Greenwood Subway, Greenwood Mary Browns Chicken and the 14 Wing Greenwood

Bowling Centre for donating prizes for the four finalists from each school. ➔



**Gilliane, with her proud parents, following the February 19 presentation of the third place District plaque, at the Kingston Lions meeting.**

Submitted

## West Kings student theatre stages 'Matilda the Musical'

Hal Jessome

The Theatre at West Kings is excited to present the Annapolis Valley's debut of "Matilda the Musical" for six performances April 1 through 5. Directed by Hal Jessome, with music by Richard Bennett and choreography by Netanya Backhouse, "Matilda" is sure to offer something for audience young and old.

Inspired by the twisted genius of Roald Dahl, this Tony Award-winning musical tells the story of Matilda, an extraordinary girl who, armed with a wonderful spirit and a sharp mind, dares to take a stand and change her destiny. Packed with high energy dance numbers and memorable tunes, "Matilda" is a joyous, girl power romp that tackles contemporary themes like bullying, neglect and the positivity of friendship through a whimsical and touching story line.

A small group of community volunteers made up of former students, educators, community members and professionals from the industry support the theatre program. Contact us if you have a special skill that might help us foster and grow our exposure in the community.

Evening shows at 7 p.m. run Wednesday through Sat-

urday, and 2 p.m. matinees run Saturday and Sunday. Tickets may be ordered via Facebook (The Theatre at West Kings), 902-389-8885, westkingstickets@gmail.com or in person at the Inside Story, Greenwood. ➔



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## ~ Holmesdale ~

*In loving memory of*  
**Arthur Donald 'Don' Holmesdale**  
*who passed away 07 March 2019.*

*We think about you always  
and talk about you too.*

*We have such lovely memories  
but we wish we still had you.*

**Lynda and Family**



## KINGSTON RECREATION MARCH BREAK DAY CAMP 2020 MARCH 16<sup>TH</sup> - 20<sup>TH</sup>

Sign up at the Kingston Village Office 671 Main St.

### WHEN?

Monday March 16<sup>th</sup> to Friday March 20<sup>th</sup>  
From 8am to 3:30pm daily

### WHO?

All Welcome ages 5 - 12  
**16 Spots available**

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• Website: [www.kingstonnovascotia.ca](http://www.kingstonnovascotia.ca)

