Vol. 40 No. 44

NOVEMBER 25, 2019 NO CHARGE

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Grade 9 students checked out a CC130 Hercules static display at 413 (Transport and Rescue) Squadron.



14 Fire and Emergency Services Corporal 24 Military Police members demonstrat-Kathleen Jamieson-Parent, with visiting Grade ed door breaching practices during a 9 students in the Aircraft Rescue and Fire stop at their section. Fighting truck on a stop at the base fire hall.



Wing work show 'n tell

Sara White, **Managing editor**

14 Wing Greenwood personnel – and parents – spent time at work November 6 providing visiting Grade 9 students a bit of a "show and tell," hosting several dozen Grade 9 students for anniversary. Students get the the annual Take Our Kids to

Work Day.

with an estimated 200,000 students visiting workplaces every year. The 2019 event marked the program's 25th opportunity to "step into their

future" for a day, perhaps get-Launched in 1994, Take ting a glimpse into potential Our Kids to Work Day is employment and conditions the most recognized career in the working world. Grade education event in Canada, 9 students typically join a parent, relative, friend or volunteer host in a workplace; 14 Wing consolidates its program, opening with a morning brief and busing the

support and operational sections and squadrons around the base. A number of other entire day with their host on a single site.

14 Wing Commander Colonel Brendan Cook welcomed the students, with a warning: "I have a bus - I can take group through a number of you back to school!" More

seriously, though, "I hope you have a lot of fun.

"We all have cool jobs students did opt to spend the and do cool things, but not every day is cool," he said. "Today, we've set up a bit of everything, so you'll see a lot of what happens on the base - maybe more than what your mom or dad does."

He encouraged youth to

spend time with their parents or hosts through the day, or meet up with the group for lunch at the Annapolis Mess.

The bus toured the group through 14 Fire and Emergency Services, 413 (Transport and Rescue) Squadron's hangar and aircraft, 24 Military Police Flight, the long range patrol Aurora and more. >







One of a kind CP140

Sergeant Kirk Clifford, 14 Air Maintenance Squadron

Earlier this fall, a unique upgrade started on the Royal Canadian Air Force CP140 Aurora fleet. The project involved removing the current Series 3.0 engines, and replacing them with the Series 3.5 engines. The aircraft selected for the trial installation is airframe 140106, the only Block II aircraft left in the fleet, which had to be re-activated prior to switching to the new engines. The re-activation itself took approximately 8,000 hours of work.

The engine swap which followed was performed by a bled from 14 Wing Greenwood's 14 Air Maintenance, 404 and 405 squadrons, engine is identical to the Rolls Royce re-engineered mum horsepower settings at handling characteristics (par-continuity of technicians. newer Series 3.5 engines. more efficient use of air as it at 14 Wing Greenwood were kilograms) more.



3.5 upgrades, destined for installation and use in the CP140 Aurora.

Website | Site Web: www.auroranewspaper.com

Location | Emplacement : 61 School Road, Morfee Annex

Mail subscriptions: annual \$95 plus tax, weekly \$1.98 plus tax.

Abonnements par correspondance: 95\$ par année plus taxes , 1,98\$ par semaine plus taxes.

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Greenwood or the printers. Published each Monday by 14 Wing under the authority of Colonel Brendan Cook, Wing Commander

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The Aurora, PO Box 99, Greenwood NS BOP 1NO

L'Aurora, C.P. 99, Greenwood (N.-É.) BOP 1NO

du Colonel Brendan Cook, commandant de l'Escadre.



A multi-squadron team of 14 Wing Greenwood technicians recently installed a new Rolls Royce T-56 3.5 engine upgrade into Aurora CP140106. From left are Sergeant Kirk Clifford, Master Corporal Jason Hume, Corporal Andrew MacNeil, team of technicians assem- A technician works on a Rolls Royce T-56 engine with Corporal Stephen Ryan, Corporal Katelyn Magonya, Corporal Richard Ronbeck, Aviator Alexander Godfrey and Master Corporal Jerome MacMullin. Missing is Master Corporal Paul Kachur.

account for any differences cooler combustion tempera- shown, the engine is indeed must be conducted while fly- shortly. tures and at a lower fuel con-more efficient than its pre-ing. Due to the fact these new A key to the success of will keep the aircraft perform-Externally, the Series 3.5 sumption for the same RPM. decessor: it can reach maxi- engines have slightly different this project has been the ing well into the future. >

Under the leadership of Mas- Series 3.0 engine. Internally, this engine and came out a fuel consumption rate lower ticularly while descending). Another factor has been the ter Corporal Pat MacMullin, there have been changes with a kit that can replace than the previous engine. Ad- the test flight must be flown support provided by the wider the team removed the Series made to the compressor and key parts of the Series 3.0 ditionally, the newer engine by a qualified test pilot. The 14 Wing, and the engineering 3.0 engines and installed the turbine blades, resulting in a engine. The newer engines weighs only 10 pounds (4.5 Aerospace Engineering Test sections in both Ottawa and Establishment (AETE) in Cold Winnipeg. While there are The next step was to perform passes through the engine. assembled by Standard Aero Once the ground run phase Lake, Alberta, is providing 14 operators in the United States trial ground runs to evalu- The improved engines pro- Limited, and ground run in a is successful, a series of per- Wing with the test pilot, and who use this newer engine, ate engine performance and duce greater horsepower at test facility. As our tests have formance tests and checks the test flights will commence this remains a step forward

for the Aurora fleet, one that



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Royal Canadian Air Force website Site Web de l'Aviation royale canadienne

CAF Connection Site

Site du portail communautaire des Forces canadiennes www.cafconnection.ca

14 Wing Greenwood Site

Défense nationale et Forces canadiennes www.forces.gc.ca

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points de vue des Forces armées canadiennes ou de la 14e Escadre. Publié chaque lundi par la 14e Escadre sous les auspices VPI | VPI www.vninternational.ca

www.rcaf-arc.forces.gc.ca

Site de la 14e Escadre Greenwood www.airforce.forces.gc.ca/en/14-wing/index.page

National Defence and the Canadian Forces

Military Family Resource Centre

www.cafconnection.ca



Captain Sarah Fralick, left, chairwoman of the 14 Wing Greenwood Combined Charities committee; accepted a donation raised by the Learning and Career Centre's self-serve canteen from LCC coordinator Kristen War-

Snacks, small change adds up for charity

Sara White. **Managing editor**

Your class or training takes a quick break: can you find a Wing's September-to-Derest of the session?

Learning and Career Centre's fence Team and public special self-serve mini snack bar in events and fundraising. That 14 Wing Greenwood's Bir- money is divided among 60 chall Training Centre.

Warner keeps the canteen's breakfast programs, food fridge and baskets filled with banks, veterans and the Miliwater and pop, granola bars, tary Family Resource Centre, chips, chocolate bars and a minor sports, animal welfare, few other goodies, knowing health services and more. the hundreds of people in on hand.

have some small signs and That all adds up." an open door to the centre."

November 13, Warner and coffee pot gets a few was happy to present \$200 more people in the door, raised by the canteen in re- Warner is AOK with that, as cent weeks to Captain Sarah it's a great opportunity to Fralick, chairwoman of the show off the centre's library 14 Wing Combined Charities and resources and promote committee.

but, when I feel like there's a seminars. >>

sizable sum, the LCC can look around and see what charity it can support." Combined Charities is 14

517 Air Cadet Squadron

Annapolis Valley at Home Care

Assante Wealth Management

Atlantic Superstore

Avery's Farm Market

Brown's Auto and Salvage

Central Station Hair Salon

Credit Union Greenwood

David A. Proudfoot Law

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DeCoste Kitchens

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Dwight Ross School

Essentials Lingerie

Farmers Family Diner

First Quality Shoe Repair

École Rose des Vents

Community Centre Greenwood

Defence Construction Canada

Enserink's Vacuum Cleaner Centre

Evangeline Wealth Management

Exit Reality Town & Country

C.C. Cleveland Insurance

Canadian Dollar Store

Canadian Tire

Canex Store

Canfi x Auto

Dairy Queen

CIBC (Greenwood)

B & H Wholesalers

Annapolis Valley Wellness Centre

Andy's Tire

Aurora Inn

snack to get you through the cember workplace giving campaign, and regularly rais-You can, thanks to the es around \$40,000 from De-Valley and regional non-profit LCC coordinator Kristen projects, including school

"Kristen may think this and out of the building every is a small amount, but look day might be looking for that what it does added into the quick snack. The coffee pot Combined Charities fund," could be on, or there are also says Fralick. "There are lots single-serve hot drink pods of smaller units and sections around the wing who do this "This is the only little can- kind of thing for charity, some teen in the building through close to their own hearts the day - and the profits go like 413 Squadron's support to charity," Warner says. of ALS and the firefighters' "We don't push it and we work for muscular dystrophy.

And, if the LCC's canteen some of the on-going adult "That's not a huge profit education programs and



poppy boxes. November 11th is the most important time of the year for the Royal Canadian Legion and the simple act of wearing a poppy helps ensure that the 117,000 Canadian servicemen and women who made the ultimate sacrifi ce will not be forgotten. With your help, the Kingston Legion raised more than \$22,000 during our 2019 campaign!

Fraser's PRO Home Centre

All Saints Anglican Church Kingston Freeman Motors (Esso) GMFRC G.W. Sampson Ltd. Giant Tiger Goucher's Farm Market Gould's Auto Sales Green Elephant Café Greenwood Auto Sales Greenwood Mall Greenwood Rent-All H.E. Armstrong Mechanical Ltd. Hair Expressions & Spa Hammersmith Auto Repair High Country Tire Irving Gas Bar Greenwood JC's Hot Tubs and Pools J & R's Pizzaria Kenneth Bower Accountant Kentucky Fried Chicken Keighley's Barber Shop Kingston Elementary School Kingston United Church KMR Computer Lavena's Barber Shop Leo Glavine Loomers Pumping Mama Sofi a's Pizza Mary Brown's Chicken McCabe's Flooring McDonald's Michael Bishop Accounting Ltd.

Mid-Valley Construction

Mimie's Pizza

Needs/Fast Fuel Greenwood Norm Smith Electric OH Armstrong Ltd. OK Tire Parker/Richter Law Pineridge Middle School Post Offi ce (Kingston) Rafuse Mechanical Ltd. RCAFA 107 Valley Wing **RCMP Kingston** Refl ections Hair Studio Remax **RONA Building Supplies** Royal Lepage Atlantic Rydel Ltd. Scotiabank Shoppers Drug Mart Sobey's Style Plus Hair Salon Tarantula Auto Repair Taylor/MacLennan/Cochrane Law **Tibbs Tumblers Locksmith** Tim Horton's **Topline Equipment** Valley Credit Union Valley Drug Mart (Pharmasave) Valley Family Optometry Valley Podiatric Medical Centre Village of Greenwood Village of Kingston West Kings District High School West Nova Fuels

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Managing Editor | Directrice de rédaction Circulation | Circulation: 4,500 Mondays | Lundis Agreement No. | Numéro de contrat : 462268

Fax: 902-765-1717

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the Aurora | 14 Wing Greenwood, NS

3 tips to make holiday entertaining a piece of cake

(NC) Dinner parties are one of the best, most beautiful parts 2. Shop smart, not hard. of this time of year. Family and friends come together to share good food, give thanks and enjoy quality time with one another. Less beautiful? The many exhausting shopping trips and hours of time spent preparing for the party

Before you go jotting down your shopping list on a scrap piece of paper, consider these three tips to make the most of out your holiday entertaining:

1. Have the right tools. An artist is only as good as the instruments they use. Make sure your kitchen is armed to the teeth before you start slaving away at the stove. Looking to save time (and energy) pare all your ingredients holiday feast.

without breaking a sweat. Gone are the days of dragging the whole family to the grocery store to help you shop and making them lug countless bags into the kitchen. Use a grocery delivery or pickup service to save time and money. You can have fresh groceries delivered to your home without lifting a finger.

3. Find crowd-pleasing recipes. Mix it up this season and try a new recipe or two. Look online for easy and delicious, tried-and-true recipes to impress your family and

Stick to these tips and when chopping all those you'll be sure to fill bellies veggies? Use a food pro- and put smiles on the whole cessor to seamlessly pre-family's face at this year's





Créer un plateau de fromages qui plaira à vos invités

(EN) Qui peut résister à un • Choisissez des fromages de plateau de fromages? Qu'on le serve en entrée, en dessert ou comme plat principal, il est facile à préparer et fait le bonheur des invités, peu importe

 Dans le cadre d'une dégus Pour les accompagnements, tation ou d'un repas, prévoyez environ 225 grammes de fromage par personne. Si le fromage est plutôt servi en dessert, entre 50 et 70 grammes par personne

tailles, de textures, de couleurs et de formes variées. Pour les amateurs, tentez aussi de varier les types • Utiliser un plateau assez de laits – lait de vache, de chèvre ou de brebis.

optez pour la formule suivante : un bon pain, des craun fruit de saison et une gelée de fruit ou de vin. Il est aussi possible d'ajouter des fruits séchés, des noix, de bonnes charcuteries et des marinades, mais gardez en tête que la vedette ici, c'est le fromage!

grand vous permet de disposer vos fromages en évitant de mélanger les saveurs. Aussi, à chaque fromage son couteau! Par exemple, accompagnez les fromages à pâte molle d'un couteau à tartiner, et les fromages à pâte dure d'un couteau d'office.

Tips to do holiday toys right this year

(NC) Trends are important when shopping for our children. Each year, kids consistently want the newest and most popular toys for the holidays. Make their season merry and put a smile on your face, too with these tips:

- Be thoughtful. Spend small while you give big this holiday season. A present doesn't need a big price tag to have big meaning. Make your dollar go further by focusing on that special gift you know they want.
- Consider replay value. Get vour kids toys with a longer shelf life that they will love without breaking the bank.
- Give into Frozen fever.



There's no end in sight and playsets.

to Frozen mania. Create a games or slime, check off kid's dream room by deck- your child's holiday list with ing out their space with the toys that you know will Frozen 2 bedding, slippers keep them entertained for years to come.



November 25, 2019

\$10 per Booklet (1 x 3 up booklet) To be purchased at the door Gift Cards from Local Valley Merchants **Grand Prize: \$1000 Canex Gift Card** Total of 15 Games – I Winner per Game License # AGD-106523-19

Open to Annapolis Mess Members and their signed in Guests







Shop locally this Holiday Season

Dinner party elegance in 30 minutes

entertaining, this effortless guests are sure to love. paella is a one-pan wonder that's hearty, aromatic and best served family style.

Make a meal everyone can feel good about by choosing MSC certified fish and seafood with the blue fish label. The label means your seafood is wild and traceable to a • 1 lb certified responsible fishery that is independently certified to a rigorous global, science-based standard for • 1 lb chicken breast or environmentally sustainable

Using short-grain rice in- • ½ Ib chorizo sausage, • 1 bay leaf stead of traditional bomba or paella rice allows all the • 2 cups short-grain rice

(NC) Swap prep time for Cooking a variety of sustainquality time with family and ably sourced seafood with friends at your next dinner chicken and sausage adds party. A perfect dish for a mix of flavours that your

> 30-Minute Seafood Paella Prep time: 10 minutes Cook time: 30 minutes Serves: 6 to 8

- 1 lb MSC-certified wild halibut, cut into 2-inch chunks
- farmed shrimp, peeled and
- thighs, cut into bite-sized pieces

Inaredients:

• 3 cloves garlic, minced

- 1 large onion, finely Directions: chopped
- 1 red pepper, chopped

- Heat oven to 375°F.
- · Soak saffron in red wine and set aside for 5 to 10

en-proof pan, heat oil on medium, then sauté the onions, garlic and red pepper until gently caramelized; around 8 minutes.

In a large non-stick, ov-

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- Add rice and stir in pan until evenly coated with oil.
- Add red wine and saffron, mix well and cook 2 to 3 minutes until completely absorbed by the rice.
- Add chicken stock, chicken, chorizo, shrimp, halibut, chili flakes and bay leaf and place in oven for 15 to 18 minutes or until the chicken is cooked through.
- Remove from oven and serve family style with wedges to garnish.







Stocking stuffers for your favourite techy

(NC) Before you head out yanks on their ears or sorting it off. For a more effective shopping for phone-loving out a spaghetti of wires again. clean, equip friends or family friends or family, take a look at this list of some top acces- Bent connectors and As an added bonus, it can run sories for 2019.

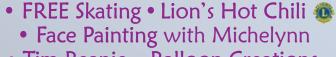
enthusiast. Whether they like faster than ever. listening to music while they worry about uncomfortable phone on your jeans to clean started.

temperamental charging double-duty for eveglasses or **Wireless ear buds.** Bid cables are enough to drive any even TVs. those earbuds that only mobile user up the wall. Cut work on one ear adjeu and out the hassle with a compact wireless charging port that Wireless headphones are they can rest their phone on

Wireless charging pad. with a non-toxic pocket spray.

Phone grip. If the person you're shopping for doesn't have a phone grip, now's your chance to get them kitted out. quickly becoming the new to juice it up. In recent years, Grips provide more stability standard and should be at the wireless charging technology for photos and video and can top of your list for any mobile has come a long way and is also be a perfect way to set up your phone on a surface **Pocket phone cleaner.** Oily or attach it to your car. Pop workout or to podcasts on fingerprints are not a good sockets, rings and straps transit, they'll never have to look, and neither is rubbing a are a few options to get you



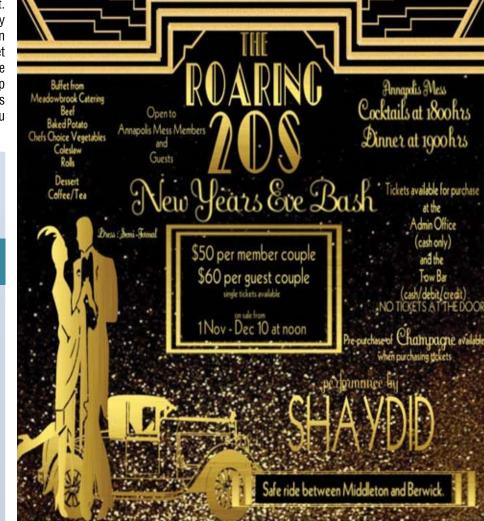


• Tim Beanie – Balloon Creations Jimmie Dogs • Cookie Decorating

Remember to bring a non-perishable donation for the Kingston Food Bank! visit www.kingstonnovascotia.ca for more information!









Shop locally this Holiday Season

5 tips to help you freeze out those winter cravings



Feast your eyes on this.

iPhone 11 Pro is \$0 upfront* with TELUS Easy Payment.





(NC) As temperatures drop, daily are recommended for also available year-round and winter, poor health choices are recommended for women.

From a lack of vitamin D to a With colder temperatures. that our bodies crave. Stay rich in carbohydrates and sugon track with your diet and ars are typically preferred for exercise routine, by following a quick pick-me-up. However, Hydrate, hydrate, hydrate. and keeps you full longer, staying hydrated may often pizzas

Stick to fresh produce. Many of your favourite fruits of the time of year, we require ier opt for processed sugars.

appetites sneak up. In the men, and 11.5 cups daily are are a natural source of sugar

the Aurora | 14 Wing Greenwood, NS

Since you're likely using more Bracing the cold may be daunta few of the nutrition tips below. protein satisfies your appetite ing, but outdoor activities can be fun. Skiing, skating and Since you're not sweating suppressing cravings of warm, sledding are all great ways to creamy pastas and greasy exercise that don't even feel like cardio. Aim for at least 20 minutes of activity a day.

you up, like hot chocolate, ed, our appetites are more dates are all fruits that can be erything – most of which are controlled, but when we're grown during the winter season high in sugar. Instead, a bowl not, we often mistake thirst of warmer climates. Thanks of soup, chili or stew will warm for hunger. Daily water intake to innovations in greenhouse you up, fill you up and provide depends on many factors, but farming, local strawberries, you with extra veggies, beans, on average, 15.5 cups of fluids tomatoes and cucumbers are legumes and other proteins.







963 Central Ave Greenwood Mall Greenwood NS B0P1N0







Y a-t-il un espion parmi vos cadeaux des Fêtes?

moniteur d'activité physique, téléphone. d'une console de jeu ou d'un assistant vocal, tous méritent une attention particulière, car ils peuvent partager des Si vous n'êtes pas à l'aise

Pouvant à la fois être utiles tion - peuvent être suivies, mesurées et analysées par le fabricant de l'appareil ou

le fournisseur de services. peuvent soulever des enjeux Fi distinct pour invités de protection de la vie privée seulement, afin de séparer car ils exigent souvent que leurs appareils connectés

niques figurent sur de nom- nels comme leur nom, leur breuses listes de cadeaux âge, leur sexe, leur adresse des Fêtes. Qu'il s'agisse d'un courriel ou leur numéro de

> Avant de choisir un tel appareil, sovez au fait des risques qu'il représente. avec la quantité de rensei-

pour protéger votre vie privée lors de l'utilisation de l'utilisateur - par exemple d'appareils électroniques

> dont vous n'avez pas besoin; Modifiez le mot de passe

Créez un réseau Wi-

(EN) Les appareils électro- des renseignements person- et appareils qui sont davan- tage sécurisés.

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the community submitted by not-for-profit public soumis par des organisations à organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ 765-1717 ou par courriel à l'adresse ns.aliantzinc.ca. Dated announcements auroraeditor@ns.aliantzinc.ca. Les annonces are published on a first-come, first-served basis, and on-going notices will be included as space allows. To quarantee your announcement, you may choose to place a paid advertisement. The deadline for publicité. La date de tombée des soumissions submissions is Thursday, 9:30 a.m., previous est à 9 h 30 du matin le jeudi précédent la to publication unless otherwise notified.

but non lucratif. Ces avis doiven se limiter à environ 25 mots. Les avis au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902 avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publication, à moins d'avis contraire.

solution page 12

48. Something you can draw

Eastern Cairo mosque

A partner to cheese

A type of sandwich

64. Native person of central

accumulation in tissues

South American nation

Herbaceous plant

63 Chinese temple

65. Excessive fluid

66 Some take them up

68. Threaten persistently

German courtesy title

4. Upper bract of grass 5. Al Bundy's wife

In a careless way

B. Expressing contempt B. Belonging to a thing

. More uncommon

Adventure stories

Copycats

A type of carpet

49. Songs to one's lover

ACROSS

- 1. Vital part of a lock 5. Adherent of Zoroastrianisr 14. Nonprofit public health
- 10. European rive group 15. Make law
- . Three-banded armadillo 7. Monetary unit
- 18. Sandwich-like dishes
- 19. Sicilian city 20. Finger millet 22. Of she
- 3. Bullfighting maneuver 7. A place to relax
- O. Often said after 'Hee . Supervises flying 32. Cheer of approva
- 5. Something spiders twir 7. Aggressive dog 38. Long-legged gazelle
- 39. Mogul emperor 40. Baltic peninsula 41. Fencina sword 42. A reward (archaic
- 3. Pigeon sound 44. Type of aroove
- 46. Nine Inch Nails' debut

47. An often unwelcome guest 21. Colorless, volatile liquid

3. Greek mythological builder 62 Take in solid food

shes items of interest to Le commandant publie des avis d'intérêt Berwick Community Market

Saturdays, 9 a.m. to 1 p.m., enjoy November 26, 7:30 p.m., join vegetable soup (\$9), and corn until 1730 hrs. dard@icloud.com/.

Christmas hamper applications

Bert's, Auburn. All applications books for the collection. must be completed and returned Luncheon

ARIES - Mar 21/Apr 20

nore risk-taking, playful side comes

out this week. Your significant other

or friends may be caught off guard

Taurus, even if you are confronted

by bad news this week, do not let

t sideline you for too long. You

are resilient and can bounce back

side of yourself, Gemini. There is

a part of you that is looking for a

Cancer, this is a good time to rest

and relax. Although you might have

many chores to tackle and bills to

pay, do what you can to disconnect

Home and technology figure

largely this week. You may spend

time rewiring a home or changing

internet providers, Leo. Get the job

inished promptly so you can relax.

Virgo, you may have heard about

TAURUS - Apr 21/May 21

GEMINI - May 22/Jun 21

ready to take the next step.

CANCER - Jun 22/Jul 22

from work and worries

VIRGO - Aug 24/Sept 22

LEO - Jul 23/Aug 23

auickly

23. Monetary unit of Burma

Mischievous child

8. Popular card game

29. Building occupied by

Independent rul

34. He wrote about the Gold

Bundle of banknotes

'. Corporate honcho J. Touch softly

43. Subcompact Toyota

40. Made by oneself

crossover

46. Popular vegetable

Transvlvanian city

Philippine island

53. Wings 54. He played Perry Masor

7. Ballpoint pen

Canadian law enforcers

50 Robert and Stephen are two

41. Satisfies

44. Cool!

32. Spiritual leader

25 Bar hill

6. Body part

Historical meeting

the Berwick Community Market: the Kings Historical Socity for chowder (\$9), followed by your Christmas sale peuvent être soumis à nos bureaux, a farmers' market plus. Located its monthly meeting, plus a pre-choice of chocolate or carrot cake. November 28, 10 a.m. to 4 p.m. County Museum, 37 Cornwallis by November 25. Street, Kentville.

later than December 6. Applica- the Middleton and Area Fireflies and to help avoid social isolation. tions will not be accepted after host a soup luncheon at the fire Registration required. hall on Church Street. Featured will

November 24 to November 30

some hard work done, Libra. Home

You may have too much to do

around the house and no idea where

to start. Scorpio. Do not throw up

your hands in frustration. Work on

SAGITTARIUS - Nov 23/Dec 21

who may need a boost of positivity.

Sagittarius. You are generally grea

Capricorn, your discipline in how

you approach your goals impresses

others. As a result, you may soon be

called on to help others with their

Aguarius, if you have been running

yourself ragged, you need to pull

back and look at the bigger picture

Being down for the count for

pushing yourself too much can be

AOUARIUS - Jan 21/Feb 18

PISCES - Feb 19/Mar 20

CAPRICORN - Dec 22/Jan 20

LIBRA - Sept 23/Oct 23

SCORPIO - Oct 24/Nov 22

can be the focus.

one thing at a time.

best selves forward.

own work.

Aries even though you're not. A jolt of physical energy this week

typically wild and crazy by nature, a could be the push you need to get

You may decide to reveal a secret Be a cheerleader this week for others

deeper level of intimacy, and you are at encouraging others to put their

Mental wellness for all

Independent and Foodland, Ber- Deeply discounted discarded and through the engagement of all. the SMH Auxiliary. wick; Sobeys, Greenwood; Needs, donated books, with all proceeds A close-knit neighbourhood can **Indoor lacrosse**

wood meeting at the VP Interna- rience), 7 p.m. to 8 p.m.: ages tional Centre in Greenwood. Pre 11-plus. \$5 drop-in. Registration, Flt brief 1500 hrs, take off 1600 waiver at valleylacrosse.ca, VTL

be hamburger soup (\$10), chicken hrs, land approx 1620 hrs, debrief

the Aurora | 14 Wing Greenwood, NS

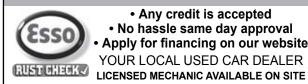
at The Berwick Legion, 232 Main sentation "The History of Dolls Everything is homemade! Free and 6 p.m. to 8 p.m.; and No-Street. For info, contact Chris at and Dollhouses, with collector local delivery may be arranged by vember 29, 10 a.m. to 4 p.m., 902-538-5815 or chris48god- Deborah Parrott; at the Kings calling Bonnie at 902-825-3062 the Carousel Gift Shop, located in the lobby of Soldiers Memorial Hospital, Middleton; is holding its November 28, 2 p.m. to 3:30 p.m., annual 15% off Christmas sale. By December 6: applications for November 26 to 29, during open the Rosa M, Harvey Middleton & We have a wide selection of gift the Friendly Neighbours Christ- hours, there will be a book sale at Area Library presents Daisy Dwyer and Christmas items, plus year mas Hamper Program are now the 14 Wing Greenwood Library, and a conversation about building round tax-free savings. Please available at Foodland, Coldbrook; Morfee Centre, 83 School Road. wellness within a community come and support the efforts of

Aylesford; Pharmasave, Kingston; towards library programs and new provide a sense of belonging. Join November 29, Valley Thunder us to discuss what you feel needs Lacrosse winter program at Pine to be focused on to help make the Ridge gym. Kingston, New/ expeto the store where picked up not November 26, 11 a.m. to 1 p.m., Valley a more caring community rienced athletes welcome. Head older athletes as assistants, 6 p.m. to 7 p.m.; ages seven to November 28 is the VPI Green- 10 (younger athletes with expe-

services & trades improvements or a project at work

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Facebook or at gym. Bring: hockey Street, Middleton. Twelve FIRST auction for Fallen Angels Rescue desserts. Tickets are 10 for \$1, helmet with cage, hockey gloves LEGO League Valley teams will & Sanctuary Society at the Ayles- with draws at 8 p.m. For info: (optional), sneakers and a water compete for a spot at the Acadia ford fire hall. 50/50 draw, raffles, bottle. The club has loaner sticks. Regional Championship (Februdor prize, bake sale and canteen.

538-9340 for more info.

Festival of Lights book sale and open house

November 29, 6 p.m. to 8 p.m., you by the Friends of the Library. Santa may be visiting!

Friday music

Wayne Parker. Admission: pass Scouts Canada programs. the hat, ages 19-plus. For more Breakfast with Santa info: 902-538-9340.

At King's Theatre

around tax time. This rib-tickling breakfast also available) comedy follows two out-of-work musicians, Jon and Leslie, roomgate. Presented by the Annapolis Dance District Drama Group. Tickets at November 30, 9 p.m. to midnight,

902-532-7704. kingstheatre.ca. Tea and sale

November 30, 2 p.m. to 4 p.m., Black Rock Road. Doors open at Middleton Girl Guides host a tea 8 p.m. \$8 person/ \$15 couple. and sale at the Emmanuel Con- Dance to Dave Guptill. Cash bar/ gregational Christian Church, 37 19+. Proceeds for hall mainte-Gates Avenue, Middleton. Adult nance. For info: 902-538-1259. admission \$2.50, children \$1. There will be sandwich and dessert December 1, 7 p.m., at Harvey plates as well as tea, coffee and Hall, Middleton Regional High juice with the door entry fee. There School, Middleton. Featuring the will be craft items for sale, made Annapolis Valley Big Band, Mark by Sparks, Brownies, Guides, Bezanson and the MRHS Jazz Pathfinders and Rangers.

AVC Lego Robotics Competition

November 30, 1 p.m. to 4:30 Ticket auction p.m., at the NSCC Annapolis December 1, 9 a.m. to 2 p.m., Valley Campus, 295 Commercial draws at 2 p.m. Christmas ticket

ary 15). Come watch the robots For more info: 902-321-0159. November 29, 5 p.m. to 7 p.m., the attempt the missions of the FLL Admittance is freewill offering. Berwick Legion, 232 Main Street, City Shaper Challenge and watch Dessert tea & ticket auction hosts its Friday Night Supper: the Valley teams explore science December 2, 6:30 p.m. to 8:30 at NSCC - Kentville. Speaker is goulash, Caesar salad and garlic and technology in an interesting p.m., Hardwood Lake Girl Guide bread \$8, dessert \$2. Call 902- and fun way. This year, we are Camp will host a dessert tea with Bowater Mersey Paper Co. on also showcasing the first two FLL evening, with a ticket auction, Junior teams in Atlantic Canada. Free admission

Chase the Ace

the Bridgetown & Area Library November 30, 1 p.m. to 3 p.m.. Admission is \$5 at the door for is no charge. celebrates Bridgetown's Festival the Kingston Legion holds its of Lights with a used book sale. Chase the Ace draw. Tickets are Plenty of great deals to be found! available at Brown's Auto, Phar-Sample delicious treats made for masave Kingston, Needs, JOY-EL Investments, Aylesford, and at the Legion during bar hours. Tickets are \$1 each (ages 19-plus). The November 29, 7:30 p.m., the draw takes place at 3:30 p.m. Berwick Legion, 232 Main Street, (you do not have to be present to hosts Friday night live music with win). We are supporting Kingston

November 30, 8:30 a.m. to noon, 32nd Breakfast with Santa at Law-November 29 and 30, 7:30 p.m., rencetown Consolidated School. and December 1, 2 p.m., King's Free admission, huge ticket auc-Theatre, Annapolis Royal, prestion, craft tables, activities for ents "Love, Sex, and the I.R.S.," kids. Pancake breakfast: adults a classic farce set in the 1970s \$3, children \$2 (glutenOfree

November 30, 1 p.m. to 4 p.m. ing together in New York City there will be a nativity tea, craft to save money. Jon files his tax and bake sale at the Harmony hall, return listing the pair as a married 992 Harmony Road. Admission couple... and then chaos begins \$5. Gift basket raffle (value \$100). when the I.R.S. comes to investi- For info, contact 902-847-0182.

Seasonal concert

Band. Doors open at 6:30 p.m.:

freewill donation, with tasty treats

and refreshments for sale.

Wildlife meeting

December 3, 7 p.m., the Kings County Wildlife Association hosts at the Waterville fire hall, 1415 The public is invited to attend and County Home Road, Homemade bring a friend. You do not have to treats to eat, prizes to be won! be a member to attend and there

SAR crews take on a couple calls

November 10, the Halifax Joint rescue Coordination Centre dispatched a 14 Wing Greenwood 413 (Transport and Rescue) Squadron aircraft just before 7 p.m. to search for a decommissioned EPIRB two nautical miles south of Yarmouth, along with the Canadian Coast Guard Westport. The base's Cormorant helicopter stood down just after 8 p.m.

Page 11

November 13, 413 Squadron's Hercules was tasked just after 8 p.m., while flight planning for a night trainer, and went airborne in support of 103 Squadron's Rescue 336 for a medevac of a patient with a suspected fractured femur from Goose Bay to St. John's. The Hercules returned to Greenwood about 4:30 a.m. November 14.

Aurora find & win

Three easy ways to enter.

. Through our website: www.auroranewspaper.com

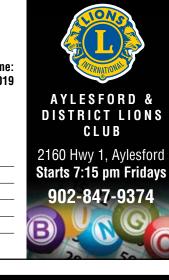
2. Fax: 902-765-1717 3. Drop into our office located at 61 School Road (Morfee Annex)

Entry deadline: Noon. November 28, 2019

Complete the following questions from ads in this week's issue and win a \$20.00 coupon to play Friday Night BINGO from Aylesford & District Lions. Coupons valid for 1 year. Age 17+ on regular games.

- 1. What is the Annapolis Mess License number for its Christmas BINGO?
- 2. What's the sale price of Made Good Bars?
- 3. Who has an excellent assortment of generators?
- 4. What business name starts with "i" in the Legion thank you ad?
- 5. Whose phone number is 902-538-0677?

Congratulations to last week's winner: BRENDA WARNER





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58 Metrical foot time. This is especially true when and you will have the answer that you have been seeking. Be patient It has nostrils trying to make a romantic match, 61. Confederate soldie which could be a possibility soon. horoscopes brought to you compliments of FRASER'S

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being in the right place at the right Pisces, all it takes is a few tweaks

sifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/ or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

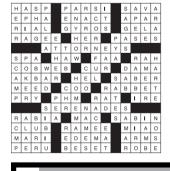
To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

Les annoncées classées doivent être réservées et payées à l'avance avant 10 h, le jeudi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ ns.aliantzinc.ca

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Kingston Legion

Sunday, 1:30 p.m. Tuesday, 7:00 p.m. Regular Games - \$100

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- Letter H 80/20
- Triple Jackpot R-W-B
- 1 Lucky 7 Progressive
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& three-bedroom apartments. Middleton to Cambridge. Well managed properties. Seniors units available References required. Call Ross at 902-840-0534. (3539-ufn)

undergoing an exciting expansion. Currently situated behind the Kingston Village Office on Main Street, it will soon occupy the space of the current village office, as well as its present space - more

Muriel West

Lend a hand in

than doubling its capacity to serve the community better. Annapolis Valley Regional the Kingston Library as a Library staff has been meeting with the Kingston Village community, or in lieu of Commission to plan for an family and friend exchanges.

been garnered for much of a meaningful project that will the demolition and rebuild of the space, but substantial new shelving, furniture suit-

more offerings.

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ed to heavy use and activity centres pertinent to libraries The Kingston Library is remains to be covered. These may be projects community groups, business and individuals might like to support, perhaps in memory of someone special, or just because you believe this project will

benefit so many folks right

here in Kingston and area.

Kingston library expansion

Consider making a gift to Christmas present to your expanded space to facilitate Perhaps your group, class or workplace wants to make an Government funding has impact in our community with benefit a large swath of people: including the privileged, the disenfranchised, the elderly, job hunters, children and those with disabilities.

> Please explore the Annapolis Valley Regional Library at valleylibrary.ca, or visit the Kingston Library. Learn about all the art workshops,

book clubs, story times, computer support and income tax preparation possibilities available. If you are online, click "Support" and link to "Donate" to make your gift online by clicking "Canada-Helps." Or, print off a form to donate by mail to the Annapolis Valley Regional Library, PO Box 510 Berwick, Nova Scotia, BOP 1EO. Or, simply drop into the Kingston Village Office with a contribution in a clearly marked envelope. Your donation will receive a tax receipt.

There are many ways individuals, groups and businesses may show their support for this wonderful, expanded service. The village, library and friends of the expansion project all hope people will take advantage of all the new library has to offer, and supporters will enjoy seeing how their contribution enriches the lives of everyone in the community. >>



Middleton: 902-825-3659

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