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# the Aurora

Vol. 40 No. 25

JULY 1, 2019 NO CHARGE

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## What to wear Rescue-themed throwback T, tank shows off 413 style

Sara White, Managing editor

Think technicians, working feverishly to ensure top-quality aircraft and equipment is at the ready. Think flight crews, ready to fly that aircraft to the far reaches of the Atlantic coast's search and rescue zone, over cliff, forest and fathoms of ocean and ice. Think search and rescue technicians, ready to parachute, hoist, climb or swim – and then provide medical first response with limited kit. Think "Rescue!"

Personnel at 14 Wing Greenwood's 413 (Transport and Rescue) Squadron take their response role seriously, but they wanted something in their kit shop beyond the typical ball hats, shirts and patches; something that incorporated the diverse trades responsible for the squadron's dual helicopter and Hercules aircraft maintenance and operations. They also had ideas for something – unique – amid the typical offerings in their kit shop.

"We spitballed some ideas: a little 'Miami Vice,' a little 'Baywatch'... we knew we wanted something with 'rescue' as the focus, and we wanted something cool!" says Captain Jamie Ellis, now leading a T-shirt and tank-top sales operation full of pinks, oranges, teals and yellows that will take wearers right back to those '80s TV classics. "The final design? We were blown away!"

Designed by a graphics designer friend, with the light-hearted inclusion of the squadron's "We Watch the Waves" motto approved by Commanding Officer Lieutenant-Colonel Frank Gauvin; the final product is summer sun, sand and beach worthy (enough to help personnel perhaps not think quite so much about dark and stormy seas, cold Arctic snow and ice or hours on the maintenance floor typical of most squadron work).



**Look good, do good in 413 (Transport and Rescue) Squadron's newest kit shop shirts. The "Rescue" design is a fun way for the squadron to show off their work, and raise funds for the ALS Society, a cause close to their hearts. From left are Sergeant Pierre Luk, Captain BJ Wagner, Second Lieutenant Max Sandeson and Robert "Willy" Wilen.**

S. White

"Work sometimes feels like work – and this reminds you this is a pretty fun, cool job."

And – it's all for charity.

Warrant Officer Dean Ryan, just 48, died in February of amyotrophic lateral sclerosis (ALS). He was a Royal Canadian Air Force aviation technician with 21 years of service, plus a 10-year term with the Royal Canadian Naval Reserves. Ryan was committed to his career, dedicating a good portion of his career to search and rescue in Canada; he was well respected by his peers.

"That impacted our squadron: we knew we wanted to raise money for ALS," says Ellis.

Aiming for 50 shirts, sales are now pushing 300.

"People want them: we've had people from Cold Lake or Gander or Winnipeg hear about this – people who used to be here. People have a warm and fuzzy feeling for 413, and it's nice to see people involved, knowing we're all doing something positive. ALS, for us, is a charity where we know we can be felt.

"The scale of this has run away."

To order a \$15 T-shirt or tank top in the final round, contact Lieutenant Murat Subasioglu, Murat.Subasioglu@forces.gc.ca, by noon July 15. Sizes include men's and women's small to XXL, in white or grey fabric. ➔

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# Boots on the ground

Captain Athena Nicholson

Warm weather, the smell of the BBQ and half a dozen yellow buses arriving on base mean it's time for the Greenwood Cadet Training Centre to begin another summer of programming.

The Greenwood CTC has been training approximately 900 youths from across Atlantic Canada every summer for the last 68 years, with the support of CFB Greenwood. The influx of Cadets on the base, starting over the Canada Day weekend, means summer has officially started for these teens, as they experience unique and challenging training.

Major Sandy McDonald from Ottawa will be the new deputy commanding officer (DCO) this year. Along

with returning Commanding Officer Lieutenant-Colonel Allison Wilton and Chief Warrant Officer Jim Jardine, this command team boasts a combined 80 years of Canadian Armed Forces' leadership experience.

Wilton expects another great summer at the CTC.

"Our amazing band will once again be in a number of the community parades and festivals. Our advanced courses will be hosting two food drives for the local food banks again this year: last year was a huge success, so keep an eye out for the posters as it draws closer."

One hundred staff Cadets are responsible for the welfare and safety of course Cadets - and ensuring they have fun.

"I'm excited to meet our new group of staff Cadets:

we expect a lot from them, and I'm always impressed by the quality of youth leaders we get," says Wilton.

McDonald was a Cadet participant on the aircrew survival course at Greenwood in 2002, and is now looking forward to spending some time in a canoe with the Cadets at the Cloud Lake survival site. While this is his first summer in the DCO chair of a CTC, McDonald comes with a wealth of experience in senior training roles from his 14 years at three CTCs in Ontario. He's also looking forward to being able to provide new ideas for the community outreach portion of the Cadets' summer training.

"So keep an eye out this summer for Cadets around the community and say 'Hi' when you see us in town or



Over 900 Cadets and staff instructors are starting summer programs at the Greenwood Cadet Training Centre this week, the 68<sup>th</sup> year of Cadet camps on the grounds of CFB Greenwood.

at a parade!" says McDonald.

- Dates to remember**
- July 6 - Course Cadets arrive
  - July 12 - Band at the Kingston Steer BBQ
  - July 17 - Band concert, Birchall field, 7 p.m.
  - July 18 – First two-week course graduation parade
  - July 19 - Band at the Middleton Heart of the Valley Festival

- July 24 - Band concert, Birchall field, 7 p.m.
- July 25 - First three-week courses graduation parade
- July 31 - Band concert, Birchall field, 7 p.m.
- August 1 - Second two-week course graduation parade
- August 5 - Band at the Halifax Natal Day Parade
- August 8 - Band at the Digby Scallop Days Parade
- August 12 - Band at the

Annapolis Valley Exhibition

- August 14 - Band concert, Birchall field, 7 p.m.
- August 15 - Final graduation parade, all courses

*All graduation parades will be on the parade square at 14 Wing Greenwood. Guests should be seated by 5:45 p.m. With inclement weather, the parades will move to the Greenwood Gardens Arena. Cadet band concerts are free and open to the public. ➔*

## Greenwood airfield details impact of new, national drone use laws

As of June 1, 2019, Transport Canada has new rules for all drone operators Canada-wide.

If you currently operate a drone - or plan to, there are rules to follow, or you risk endangering those around you and facing hefty fines (up to \$3,000).

In and around 14 Wing Greenwood, this means, unless prior permission has been granted, all drones must operate 12.9 kilometres or further from the Greenwood airfield. That area is roughly bounded by Middleton in the west and

Berwick in the east; and north by Morden and south by Randall Lake. Additionally, all drone operators must possess a valid drone pilot certificate and only fly drones that are marked and registered.

Drones pose a very real

threat to the safety of aircraft and the people that operate and fly in them. Flying a drone near an airfield, even at low-level in a park or in your backyard, can be a serious hazard to aircraft. Following the rules established by Transport Canada helps to

keep people, aircraft and property safe - and it avoids hefty fines for drone operators. If you observe a drone flying within 12.9 kilometres of Greenwood, or you're simply unsure, please report it by calling 14 Wing Greenwood, 1-902-765-1494

extension 5457.

For information on the new drone rules, visit [Canada.ca/drone-safety](http://Canada.ca/drone-safety). For information on flying a drone within the Greenwood control zone, contact 1-902-765-1494 extension 5457. ➔

# Public service integral part of wing work

Sara White,  
Managing editor

Burgers, chips and thanks made for a great lunch at 14 Wing Greenwood June 13, as the base's public service civilian employees were celebrated with a mid-week National Public Service Week BBQ.

Wing Commander Colonel Mike Adamson joined members of the Union of National Defence Employees (UNDE) and the Professional Institute of the Public Service of Canada (PIPSC) to "let you know how much we appreciate the work the public service does

here at 14 Wing.

"Operate as One' is the wing's motto, but we see that everyday, whether it's our regular or Reserve Force or civilian employees. We don't do anything here without the entire wing doing its part."

He acknowledged national labour and political challenges that arise from time to time between union and employer, "but we do have a good thing here. Greenwood is a good place to be, and we are the people here who make it that way. Thank you for everything you do so we can execute our mission." ➔



14 Wing Greenwood Commander Colonel Mike Adamson, left; and Wing Chief Warrant Officer Dan Campbell, right; attended a June 13 BBQ for the wing's public servants, celebrating National Public Service Week. Professional Institute of the Public Service of Canada vice-president Eva Henshaw, second from left, and Union of National Defence Employees president Gordon Williams took over dessert preparations.

Corporal K. Neate

## Career capped at 38 years, as chief signs out

Sara White,  
Managing editor

While the change of appointment for the chief warrant officer of the Deputy Wing Commander branch June 24 was the ceremony of the day, the event highlighted the end of one man's 38-year career with the Canadian Armed Forces.

Chief Warrant Officer Denis Flamand signed over the role and responsibilities of his final posting within the Royal Canadian Air Force to his replacement, CWO John Martin, moving from 14 Mission Support Squadron; in the foyer of the 14 Wing Greenwood headquarters.

"This is it, the final day," Flamand said. "Thirty-eight

years, 13 moves – soon to be 14, and the last one! I've been away from home a lot and think my entire career wouldn't be that nice without my wife, Diane. It was her suggestion to join the forces, we reflected and we got lucky."

Flamand highlighted a five-year posting in Germany, and being accepted at age 50 to work at JTF 2.

"That was a good thing to be proud of for myself.

"I was told a few times I would not make it up to chief: I did five years. I did pretty good. I took the posting, I wore that rank and I've done my time as a chief. I've been very fortunate to have a great career, I am proud to stay that long and I'm happy."



Deputy Wing Commander Lieutenant-Colonel Bruno Baker, centre, thanked Chief Warrant Officer Denis Flamand, right, for his work in the branch, as Flamand signed over the role and responsibilities to CWO John Martin June 24.

S. White

Martin had few words, acknowledging he is pleased to be joining the Deputy Wing Commander branch, "but this is more about De-

nis – 38 years, dedicated and committed to the Canadian Armed Forces and our country. I wish you all the very best in retirement."

Deputy Wing Commander Lieutenant-Colonel Bruno Baker, Flamand's fourth boss in five years as chief with what was initially Wing Ad-

ministration and became the Deputy Wing Commander branch, thanked Flamand for his service.

"The best way to represent this is, as you grow older, and you ask yourself, 'Did I make a difference in the world?' Denis has done this, no question. You have done your part, you can hold your head up high and every Canadian owes you a little bit."

In his role within the branch, Baker credited Flamand with helping establish a small, fledgling section into the branch it is today.

"What we have, I call it a success. You set the table right. High times and troubles: I don't think I could have asked for a better partner." ➔

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**14 Wing Greenwood Site**  
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# bravo zulu | promotions & presentations

14 Wing Imaging unless otherwise indicated.



June 5, Sergeant Chad Vatcher, centre, received his new rank from Major Guillaume Paquet (405 OpsO), left; with Chief Warrant Officer Dean Parsons.

Master Corporal K. Conrick, 405 Squadron IT



June 6, Aviator (Trained) Kyle Piercey, centre, received his propeller from Major Colin Bond (405 AFC), left, with Chief Warrant Officer Dean Parsons.

Master Corporal K. Conrick, 405 Squadron IT



June 6, Aviator (Trained) Tyler Hawes, centre, received his propeller from Major Colin Bond (405 AFC), left, with Chief Warrant Officer Dean Parsons.

Master Corporal K. Conrick, 405 Squadron IT



June 6, Aviator (Trained) Alexander Godfrey, centre, received his propeller from Major Colin Bond (405 AFC), left, with Chief Warrant Officer Dean Parsons.

Master Corporal K. Conrick, 405 Squadron IT



June 6, Corporal Sarah Landry, centre, was presented a Letter of Appreciation Nijmegen 2018, from Major Colin Bond (405 AFC), left, with Chief Warrant Officer Dean Parsons.

Master Corporal K. Conrick, 405 Squadron IT



June 6, Master Corporal Andrew Maxwell, centre, received his new rank from Major Colin Bond (405 AFC), left, with Chief Warrant Officer Dean Parsons.

Master Corporal K. Conrick, 405 Squadron IT



June 6, Sergeant Tyler Whelen, centre, received his new rank from Major Colin Bond (405 AFC), left, with Chief Warrant Officer Dean Parsons.

Master Corporal K. Conrick, 405 Squadron IT



June 6, Captain Liz Sisetski, centre, received her new rank from Major Colin Bond (405 AFC), left, with Chief Warrant Officer Dean Parsons.

Master Corporal K. Conrick, 405 Squadron IT



June 6, Corporal Sonny Dovick, centre, received his new rank from Major Colin Bond (405 AFC), left, with Chief Warrant Officer Dean Parsons.

Master Corporal K. Conrick, 405 Squadron IT



June 5, Captain Julius Lacuna, centre, received his new rank from Major Guillaume Paquet (405 OpsO), left, with Chief Warrant Officer Dean Parsons.

Master Corporal K. Conrick, 405 Squadron IT



June 5, Captain Matthew Bonneville, centre, received his new rank from Major Guillaume Paquet (405 OpsO), left, with Chief Warrant Officer Dean Parsons.

Master Corporal K. Conrick, 405 Squadron IT



June 5, Master Corporal Matt Young, centre, received his new rank from Major Guillaume Paquet (405 OpsO), left, with Chief Warrant Officer Dean Parsons.

Master Corporal K. Conrick, 405 Squadron IT



June 5, Warrant Officer Alex Vizino, centre, received his new rank from Major Guillaume Paquet (405 OpsO), left; with Chief Warrant Officer Dean Parsons.

Master Corporal K. Conrick, 405 Squadron IT



Warrant Officer Michael Boozan, 404 (Long Range Patrol and Training) Squadron, centre; was presented with his new rank insignia June 14 by 404 Squadron Commanding Officer Lieutenant-Colonel Ray Townsend, left, with Chief Warrant Officer J-P Lesperance.



Second Lieutenant Victoria Lanthier, centre, recently received her promotion to lieutenant from Lieutenant-Colonel Christian Pratt, commanding officer of 14 Mission Support Squadron, left; with Chief Warrant Officer John Martin.



Warrant Officer Louis Pelletier, centre, recently received his commission to lieutenant from Lieutenant-Colonel Christian Pratt, commanding officer of 14 Mission Support Squadron, left; with Chief Warrant Officer John Martin.



Lieutenant-Colonel Scott Latter, right, received the Canadian Forces Decoration Second Clasp June 7, presented by 14 Wing Greenwood Colonel Mike Adamson, during an honours and awards ceremony at the Wing Operations Centre.

Master Corporal R. Wilson, 14 Wing Imaging



Captain Jeff Powell, center, received a recognition certificate for 413 (Transport and Rescue) Squadron's Tusker of the Quarter from Major Back, left, and Chief Warrant Officer Roberts.

Submitted



Major Rich Cote, centre, was recently promoted by 413 (Transport and Rescue) Squadron Commanding Officer Lieutenant-Colonel Frank Gauvin, left; with Master Warrant Officer Chris Lamothe and Cote's Wife, Deana.

Submitted



Master Corporal Christine Jamieson, centre, was promoted May 31 to sergeant by Deputy Wing Commander Lieutenant-Colonel Bruno Baker, left, with Chief Warrant Officer Denis Flamand.

Leading Seaman C. Moon, 14 Wing Imaging



June 5, Master Corporal Deena McNeil, centre, was presented with the Director General Air Reserve Coin by Major Guillaume Paquet (405 OpsO), left, with Chief Warrant Officer Dean Parsons. McNeil has been an integral member of the 11 Hangar tool crib organization since 2001 and has embraced and integrated many changes over the years, including the implementation of new tool control policies and coordination of the relocation of 11 Hangar tool crib as it transitioned from 14 Air Maintenance to 405 Squadron. Her planning and organizing skills ensured there was no interruption to 14 Wing CP140 operations. She has trained countless technicians over the years and is well respected by colleagues and subordinates. She not only carries out her role as tool crib attendant with the utmost professionalism; she is also a role model to the aviation system technicians in the CP140 community as an Aero Engine subject matter expert. Her previous CP140 engine/propeller knowledge allows her to mentor junior technicians on unfamiliar maintenance procedures and troubleshooting of difficult snags. McNeil's work ethic and dedication are admirable, and she is well deserving of this recognition.

Master Corporal K. Conrick, 405 Squadron IT



May 31, Corporal Jessica Legge, centre, Air Reserve Flight; was promoted to master corporal by Deputy Lieutenant-Colonel Bruno Baker, left, with Chief Warrant Officer Denis Flamand.

Leading Seaman C. Moon, 14 Wing Imaging



May 31, Warrant Officer Sean MacEachern, centre, Air Reserve Flight; was promoted to master warrant officer by Deputy Wing Commander Lieutenant-Colonel Bruno Baker, left, with Chief Warrant Officer Denis Flamand.

Leading Seaman C. Moon, 14 Wing Imaging



# 14 Wing Band takes flight with Digby music students

Lieutenant Eliza Bruce,  
14 Mission Support Squadron

For the first time in 10 years, the 14 Wing Band returned to Digby to perform a public concert at Digby Regional High School. The June 5 concert, *Seasons of Music*, brought together 14 Wing musicians and junior and senior high school music students. This combination of approximately 50 musicians delivered an entire evening of quality entertainment.

Earlier in the day, Warrant Officer Jeff Campbell and five 14 Wing band members travelled ahead to rehearse with and mentor the students. Opportunities such as this afford the band an outreach opportunity to help cultivate musicians in the community and encourage a dedication to musical talents.

The show itself kicked off with a selection performed by the 14 Wing Band. The proud



Members of the 14 Wing Brass and Reed Band combined with both the Junior and Senior Bands of Digby Regional High School for a June 5 concert event.

Z. Robinson

air force heart shone through in flight-inspired *Take Off*, followed by Broadway medleys *West Side Story* and *Mamma Mia*. *Rivers* resonated with the audience, as its backstory involved the changing dynamics of music programs and leadership, while symbolizing the lasting bonds of musicianship. Acadia music major and Digby Regional alumni Zachary Robinson played two striking movements from Bach's *Sonata No.4* on alto saxophone, and the Junior Band featured

a selection that included *The Pink Panther*. This was followed up by a full steam charge from the Senior Band in ambitious pieces, like the famous *Light Calvary Overture*.

All united in an enchanting arrangement of *Danny Boy*, *Fantasy on an Irish Air*. *Three Ayres from Gloucester* was a breath of English countryside, and the concert concluded with *Rites of Tamburo*, a symbol for the joys of human life and diversity.

Robinson, who worked close-

ly with Digby's music program director, Mary Turnbull, and Campbell as part of a project for his degree; said it was an "absolutely wonderful evening, filled with talented musicians of all ages and everyone showed much dedication and passion for music." He was thankful to Campbell and the 14 Wing Band for taking the time to be the school's special guests.

"Unfortunately, being a smaller, rural school, our music students do not get the opportunity very often to play

in a bigger ensemble with this many musicians, which was a privilege. All around, we had a very successful night, and I personally was told this was one of the best performances we have hosted. I look forward to our next collaboration."

Turnbull also appreciated the collaboration.

"It gave our students the chance to see, from the inside, how a performance should be prepared and presented. Your musicianship has been an inspiration for them and we thank all

of you for taking the opportunity to share your knowledge with them, both individually and as an ensemble. Several staff members remarked to me how moving it was listening to our combined selections. Student engagement is a wonderful thing to see, and people told me they smiled through the whole performance."

At the end of the night, the Digby Regional High School Concert Band raised over \$540, which will go directly into its music program. ➔

## Remembrance, friendship captured in rose planting

Sara White,  
Managing editor

Colonel Mike Adamson is the first to admit there's not a gardening bone in his body

– "No!" – but he put careful thought into the selection of the rose bush he planted June 17 in the 14 Wing Greenwood garden of wing commanders' plantings since 1942.

Adamson selected a David Austin rose, with a yellow and orange flower.

"Laura (his wife) and I discussed it, we looked at thousands of roses – and this one was picked with design," Adamson said. "The yellow is for military remembrance and the orange is for friendship."

Base gardener Zack Gibbons provided Adamson with a sign detailing his posting as wing commander in Greenwood, which started in July 2017 and ends July 30, when the wing change of command will be held.

"I'll do my best to take

care of it," Gibbons told the Adamsons, assuring them small buds already displaying likely mean flowers by the end of the month.

"It looks great, and it really has been awesome – a pleasure working with you, Zack, for 15 years," Adamson said, tallying up the years of his repeat postings in various roles to Greenwood; driving through the main gates, past the headquarters' flower beds and manicured landscapes and knowing his own residence as wing commander has been well taken care of.

"Thanks very much." ➔



14 Wing Greenwood Commander Colonel Mike Adamson, with wife Laura Adamson, dedicated his selected rose bush in the commanders' rose garden June 17.

Leading Seaman LP Dubé, 14 Wing Imaging

Colin Fraser

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Recruiting the help of 14 Wing Greenwood gardener Zack Gibbons was the secret to much of a team of personnel's success cleaning up the gardens at Soldiers Memorial Hospital in Middleton June 18.

S. White

## Wing volunteers tackle vets' garden re-fresh

Sara White,  
Managing editor

It was all hands on deck – or, rather, in the dirt - as a team of volunteers from 14 Wing Greenwood descended upon the gardens at Soldiers' Memorial Hospital in Middleton.

Back in December, as Master Corporal Tim Stewart was visiting residents in the Veterans' Unit, he looked out the window at the winter-weary garden and thought, "We can do that."

June 18, he led a dozen people from the base's transport section, fire department, maintainers, clerks, a few officers and the prize – Zack Gibbons, the base gardener in a well-planned overhaul of the garden: weeding, pruning, clearing debris, moving and planting plants and flowers

"The garden is part of the hospital, and it has to be maintained. I know there are military volunteers who look after the garden at Camp Hill (the veterans' unit in Halifax) every year," Stewart said.

He made some inquiries with the hospital and his chain of command to see about organizing a work party, made a recce a few weeks ago and then put out

an email in his unit to "see if anyone wanted o come."

"Within an hour, I had 15 people – and we're going to finish this today."

The group lined up equipment, and quickly had the support of several local businesses for plantings, supplies and a BBQ lunch (Fraser's, Superstore, Neily's and Gladdens nurseries, Foodland and the Independent). The hospital served up coffee and treats for snacks, too.

Stewart said the crew spent much of the morning under the watchful eye of several of the resident veterans, who made their way down to the garden to supervise and socialize.

"One fellow named Ernie – he was down, showing us his planter of tomatoes, Swiss chard – he was definitely watching us! All of them were very excited we were coming."

Now that the garden is in hand, Stewart intends to swing by every couple of weeks, perhaps with another base volunteer as available, and do a garden walk-through for any watering, weeding or tidying that needs to be done through the season. The one-day blitz, though, definitely set the garden on the right path.

"I'm happy with it." ➔

Submitted

## 60th annual | July 11-14 Kingston Steer BBQ & Village Fair

**Look out, Annapolis Valley, here we come! The Kingston Steer BBQ and Village Fair is back for the 60th year, bigger and better than ever! This year, we're running four days, from July 11 to July 14, with fun for the whole family every day.**

What's new this year? Well, how about a special pyro finale Friday night? Or a chance to try roller derby, then relax and watch how it's really done? Or axe throwing? Or a chance to win \$500 by riding a mechanical bull? Or seeing Matt Minglewood at our Saturday night dance?

The Steer BBQ began more as an agricultural fair with a few other events to enjoy in 1959. The centerpiece then was the BBQed steer: cooked whole then, and still cooked whole today. In fact, the Guinness Book of World Records is reviewing its records to prove Kingston's event is the oldest continuously running whole steer BBQ in all of North America. How do you like that, Texas and Alberta?

For all of you who have visited us before, we have many of the old favourites taking place again this year. There's the Sparky 5K run, the fireman's full breakfast, the parade down the main street, the Bounce Kingdom and dunk tank, bingo and the beer garden, five live local bands (not counting Matt), Atlantic Cirque, BMX demonstrations, the kiddie train, face painting, the flea market, the home-based business and craft fair and more. And the food! There's the steer cold plate, burger bits, hamburgers, hot dogs, fries, poutine, strawberry shortcake and more...

**Mark this weekend on your calendar. Good food! Good fun! Kingston Steer BBQ July 11-14**

**For more information**  
Steer BBQ Facebook page  
Kingston Village office, 671 Main Street  
Tel 902 765-8200  
Email info@kingstonnovascotia.ca



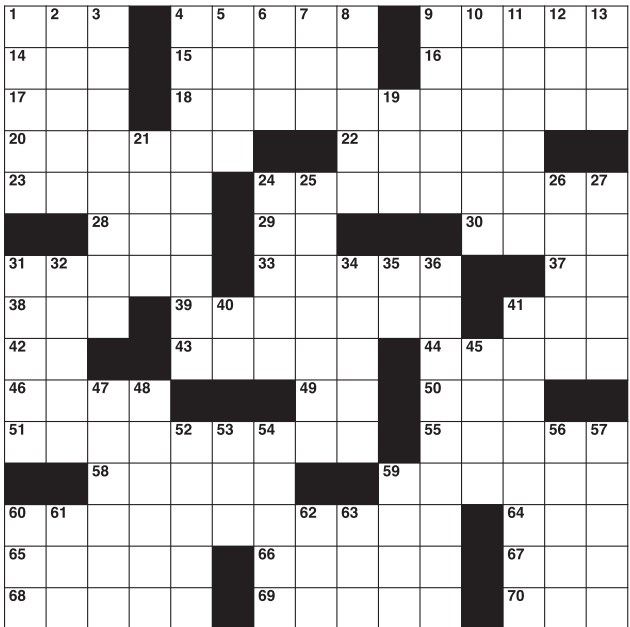


The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 61 School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email [auroraeditor@ns.aliantzinc.ca](mailto:auroraeditor@ns.aliantzinc.ca). Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 61, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse [auroraeditor@ns.aliantzinc.ca](mailto:auroraeditor@ns.aliantzinc.ca). Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédent la publication, à moins d'avis contraire.

# metro crossword

solution page 10



- ACROSS**  
1. Bridge building degree  
4. Catches  
9. A heavy type of music  
14. Original "Twilight Zone" host Serling  
15. Rodent species  
16. Finnish lake  
17. Street (abbr.)  
18. Home of the US Naval Academy  
20. It held a convention once  
22. Makes a loud, ringing sound  
23. Cave  
24. Lessening of something  
28. MJ's nickname "\_\_\_ Jordan"  
29. One's way of doing things  
30. Wings  
31. Quotes as evidence for  
33. Acts glumly  
37. A man's title  
38. It comes first  
39. Edible mollusk  
41. Resembles a pouch  
42. He/she checks your health  
43. Nobel Prize-winning biochemist  
44. Stop momentarily  
46. Formerly (archaic)  
49. Commercial
50. White vestment worn by clergy  
51. Island people of the Mediterranean  
55. Prices  
58. On a line at right angles to a ship's length  
59. Where boats are parked  
60. One who values reason  
64. It might be on your driveway  
65. Small Iranian village  
66. Used to emphasize  
67. Mathematical term (abbr.)  
68. Long necked birds  
69. Eyeglasses  
70. When you hope to get there  
**DOWN**  
1. Portuguese district  
2. An assembly of witches  
3. Having few teeth  
4. The act of going across  
5. Nepalese dynasty  
6. 'Bye Bye Birdie' actress -Margaret  
7. What the princess found beneath her mattress  
8. Pennsylvania transit organization  
9. Winnie the Pooh creator  
10. Riddle  
11. Grads wear one  
12. Body part  
13. The top of a pot  
19. A type of meal  
21. Lake \_\_\_, one of the Great  
24. Capital of Jordan  
25. A type of logic  
26. Khokhloi peoples  
27. A fixed time of prayer in Christian liturgies  
31. Arrives  
32. Lemur  
39. Small bodies of still water  
35. \_\_\_ route  
36. Breaks apart  
40. A type of line  
41. Caption that translates  
45. Winged  
47. Criticize severely  
48. Leg bones  
52. Monetary unit  
53. 007's creator  
54. Accumulate  
56. Establish by law or with authority  
57. Breed of goat  
59. Millisecond  
60. Mock  
61. Make older  
62. Some don't want to be given any  
63. Wrath

crossword brought to you compliments of

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Greenwood  
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**Trail closure**  
To July 26: the section of the Harvest Moon Trail in Kingston from the Greenwood Road to Park Road will be closed due to sewer construction.

**Minecraft escape room**  
July 4, 4 p.m. to 4:45 p.m. and 5 p.m. to 5:45 p.m., the Berwick and District Library invites youth ages nine to 14 to break the codes - will you escape in time? Registration at 902-538-8060.

**Family rock painting evening**  
July 5, 6 p.m. to 9 p.m., drop-in, no registration, at the community room, Credit Union Centre, Kingston. Help 7Arts celebrate the 60th Steer BBQ - make and take a steer/ cow-themed rock or bring your own ideas. Paints, rock and brushes supplies. Wear painting clothes. Visit [https://7arts.ca/event/family-rock-painting/?instance\\_id=7](https://7arts.ca/event/family-rock-painting/?instance_id=7) for information. Some rocks will be placed in the recreation areas of Kingston for a scavenger hunt.

**Mad Science: fire and ice**  
July 5, 3:30 p.m. to 4:30 p.m., the Rosa M. Harvey Middleton & Area Library will dazzle children with foggy dry ice storms, bubbling volcanoes and even a special Mad Science "burp" potion as they learn about chemical reactions, air pressure and the states of matter.

**At the Evergreen**  
July 5, 8 p.m., the Evergreen Theatre, 1941 Stronach Mountain Road, Margaretsville; presents Paul O'Brien. Tickets are \$30 (military \$25, students \$15) through TIXHUB at evergreentheatre.ca.

**Super**  
July 5, 5 p.m. to 7 p.m., the Royal Canadian Legion Ortona 69 – Berwick hosts a Friday night BBQ supper (eat-in or take-out): sausage, burgers, hot dogs, salads and desserts. The public is welcome. Prices range from \$4 to \$8.25.

**African dance & drumming**  
July 6, 10 a.m., the Annapolis Royal Library hosts a workshop in traditional and modern African dance and drumming. For all ages.

**Volkssport walk**  
July 6, the Valley Trekkers Volkssport Club hosts a walk: Noggins Farm Trail Greenwich for 5/ 10 km, 2 B walk. Exit 11 off Hwy 101. Follow road down to Hwy #1, turn left at traffic lights to Noggins Farm on the right.

Registration begins at 9:30 a.m. for walking at 10 a.m. More info: 902-678-7975.

**Concert**  
July 6, 7:30 p.m., Aella, a 12-voice choir of young women from Ottawa, will present "On the Coast!" in the Wolfville Baptist Church. Artistic director is Jennifer Bertnson; accompanist is Shawn Potter. A freewill offering will be taken for the Organ Scholarship Fund of Annapolis Valley Centre Royal Canadian College of Organists.

**Breakfast**  
July 6, 8 a.m. to 10 a.m., the Berwick Lions host a public breakfast at the Lions Hall, Kings Mutual Century Centre. Freewill offering, full breakfast: eggs (fried or scrambled), our own baked beans, pancakes, bacon, sausage, toast, juice, coffee and tea.

**African dance & drumming**  
July 6, 1 p.m. to 2 p.m., the Lawrencetown - Dr. Frank W. Morse Memorial Library hosts a workshop in traditional and modern African dance and drumming. For all ages.

**7Arts Exhibit & Reception**  
July 6, 10 a.m. to 11 a.m., the Berwick and District Library is pleased to partner with 7Arts to showcase the work of local young artists. Chat with the artists, reflect on their work, create at a small project and enjoy refreshments. These artists, ages 9-15 years, have learned to break down the symbols connected to objects and draw what they really see. Enjoy the exhibit June 20 to July 30.

**Lacrosse clinic**  
July 6, 9 a.m. to 3 p.m., the East Coast Junior Lacrosse League's St. Margaret's Bay Rebels athletes and coaches will host a day clinic of lacrosse skills and drills at the Kingston Credit Union Centre. Registration is \$55, includes water bottle, giveaways and swag throughout the day. All ages and skill levels – including newcomers - welcome, as you'll be divided into working groups. For info and to register: [rebelsjrllax@gmail.com](mailto:rebelsjrllax@gmail.com).

**Vacation Bible school**  
July 8 to 12, 9:30 a.m. to noon, the Kingston Baptist Church, 695 Main Street; is holding a daily vacation Bible school, presented by The Doreys. The theme is "Panda Mania: Where God is Wild About You." This is open and free to all

children ages 5 to Grade 5. Come and enjoy lots of fun, music, games, snacks and lessons.

**Vacation Bible school**  
July 8 to 12, 9:30 a.m. to noon, "ROAR" vacation Bible school is taking place at Middleton Baptist Church each day. Also, join us for our special Sunday family celebration July 14, 10 a.m. Children ages three to Grade 5 are invited to this free, epic African week-long adventure for stories, games, crafts, snacks, videos and more. Register online at [middletonbaptist.com](http://middletonbaptist.com) or by phoning 902-825-3537.

**Vacation Bible school**  
July 8 to 12, children ages four to Grade 6 are invited to attend Aylesford Baptist Church's free vacation Bible school. Transportation available. For information and to register (limited space), contact Wendee at 902-691-6699; or register online at [vbspro.events/p/roar/2019aylesfordbaptist](http://vbspro.events/p/roar/2019aylesfordbaptist).

**Summer tech makers**  
July 9, 2:30 p.m. to 3:45 p.m., the Kingston Library hosts tech activities for ages 10 and up. Register at 902-765-3631. This week: sewable LED circuits.

**Summer kids' tech**  
July 10, 10:30 a.m. to 11:30 a.m., the Lawrencetown - Dr. Frank W. Morse Memorial Library: join us for a fun hour of tinkering with tech toys, kits and making some pretty cool stuff. For ages seven to 12, pre-register at 902-584-3044. This week: Stixplosions.

**Summer kids' tech**  
July 10, 2:30 p.m. to 3:30 p.m., the Rosa M. Harvey Middleton & Area Library: join us for a fun hour of tinkering with tech toys, kits and making some pretty cool stuff. For ages seven to 12, pre-register at 902-825-4835. This week: Stixplosions.

**Summer tech makers**  
July 11, 2:30 p.m. to 3:45 p.m., the Lawrencetown - Dr. Frank W. Morse Memorial Library: join us for some fun with tech toys, some kits and making some pretty amazing things. For ages 10 and up, pre-register at 902-584-3044. This week: Stixplosions.

**Escape from the library**  
July 11, 4 p.m. to 4:45 p.m. and 5 p.m. to 5:45 p.m., the Berwick and District Library invites youth ages nine to 14 to break the codes - will you escape in time? Registration at 902-538-8060.

rience what motoring was like in the early days of Nova Scotia's Apple Capital. Live music, ice cream sundaes, museum tours and games of skill. Join old friends and new as you relive a moment from bygone days. Join us at the Apple Capital Museum, 173 Commercial Street, Berwick.

**Summer kids' tech**  
July 11, 10:30 a.m. to 11:30 a.m., the Bridgetown & Area Library: join us for a fun hour of tinkering with tech toys, kits and making some pretty cool stuff. For ages seven to 12, pre-register at 902-665-2758. This week: Stixplosions.

**Lacrosse try-it**  
July 11, 5:30 p.m. to 6:30 p.m., Valley Thunder Lacrosse hosts a community try-it session at the Credit Union Centre, Kingston. All ages, all skills. Bring a hockey helmet with cage and hockey gloves, water bottle and sneakers. Stay for a free VTL Bantams versus NS Sirens Pee wee game at 6L30 p.m., and a VTL Midget/ Intermediate intersquad game at 7:30 p.m. Part of the 60th Steer BBQ events schedule.

**Summer kids' tech**  
July 11, 4:30 p.m. to 6 p.m., the Kingston United Church, 733 Main Street, hosts a strawberry supper: cold plate of ham, potato and pasta salads, cucumbers and rolls; plus strawberry shortcake with real whipped cream for dessert. Adults \$12, children 10 and under \$8.

**Summer tech makers**  
July 11, 2:30 p.m. to 3:45 p.m., the Lawrencetown - Dr. Frank W. Morse Memorial Library: join us for some fun with tech toys, some kits and making some pretty amazing things. For ages 10 and up, pre-register at 902-584-3044. This week: Stixplosions.

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## Class trip

**14 Construction Engineering Squadron recruit Master Warrant Officer Cynthia Campbell visited Parkview Education Centre in Bridgewater April 26, presenting to the Grade 10 02 students regarding a career in the Air Force Reserves after their high school days.**

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron



# Save the date for Wing Welcome fun

New to Greenwood? An old hat to life in the Valley?

Find all your families' leisure activities and clubs, sports and recreation facility info, business whose-who and more at September's annual 14 Wing Greenwood Wing Welcome events September 12 through 15. The base's morale and welfare programs, community groups and businesses team up to showcase their offerings to military families newly-posted to 14 Wing, but also to make connections with anyone interested in finding out more about local services and programs.

Organizers are already planning for a huge bingo event, a family pancake breakfast, swimming, skating and bowling fun, a movie night, scavenger hunt and the marquee REXPO September 14. Over 100 community programs and businesses will be in display at the wing's Fitness & Sports Centre to take reg-



## Golf results

The Greenwood Golf Club hosted a Ladies Field Day June 17, and Allison Chandler from Chester won the field low gross. Club manager Ryan O'Rourke made the presentation, acknowledging Chandler's "pretty impressive score:" a 75.

Submitted

istration, talk about their services and invite people to join their programs. September 15, the anniversary of the Battle of Britain will also be marked, with a community parade and the 14 Wing Bands' public concert at the Annapolis Mess.

If you would like more

information on Wing Welcome – either volunteering to help organize the weekend, sponsoring events and prizes or booking a REXPO table, contact 14 Wing Greenwood Community Recreation manager Jill Jackson and Wing Welcome committee chair, 902-765-1494 local 5331. ➔

# horoscopes

June 30 to July 6

**ARIES - Mar 21/Apr 20**  
Aries, you have a few questions but not too many answers. Seek the help of others as you try to answer your questions and be sure to thank them for their cooperation.

**TAURUS - Apr 21/May 21**  
Taurus, a friend has something to confide, so make sure you are ready to hear what this person has to say. It is alright to be a little apprehensive.

**GEMINI - May 22/Jun 21**  
Try to focus your thoughts on positive things, Gemini; otherwise, negativity can be overwhelming. If need be, make a gratitude journal that can help you express your feelings.

**CANCER - Jun 22/Jul 22**  
Cancer, if work has been taking up too much of your time, you may need to schedule a few days off and focus on recharging yourself. Enjoy some well-earned rest and relaxation.

**LEO - Jul 23/Aug 23**  
You may need to get a few people on your team in order to come out ahead, Leo. It always helps to have some extra support in your corner and a cheering squad.

**VIRGO - Aug 24/Sept 22**  
Virgo, you may soon realize that you are pouring a lot of energy into something that does not feel rewarding. Take some time to reconsider the path you're on.

**LIBRA - Sept 23/Oct 23**  
Libra, someone close to you appreciates all the support you have been offering, even if he or she isn't able to say it often enough. Keep on being the best version of you.

**SCORPIO - Oct 24/Nov 22**  
If it seems like you can't turn off your brain, Scorpio, you are not alone. Others may feel overstimulated, and you can seek them out for some advice.

**SAGITTARIUS - Nov 23/Dec 21**  
Tackling too many projects at the same time is a recipe for burnout, Sagittarius. This week you have to slow the pace down a bit or call in some reinforcements.

**CAPRICORN - Dec 22/Jan 20**  
A new chapter in your life could be unfolding soon, Capricorn. Don't be surprised when certain opportunities come your way in the next few days.

**AQUARIUS - Jan 21/Feb 18**  
Aquarius, someone close to you may be going through a difficult situation. All you can do is be as supportive as possible over the next few days.

**PISCES - Feb 19/Mar 20**  
Explore several creative possibilities to figure out what path may appeal to you, Pisces. Once you zero in on an activity, make it yours.

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## Business card directory

- **Black and white**
- 2 columns by 25 agate lines/ 3.25 inches by 1.75 inches
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# the Aurora

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# classifieds

Classified advertisements, 35 words or less, are \$9 tax included. Additional words are 10 cents each, plus tax. Bold text \$10, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 61 School Road, Morfee Annex, Greenwood; email [auroraproduction@ns.alianzinc.ca](mailto:auroraproduction@ns.alianzinc.ca) or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email [auroramarketing@ns.alianzinc.ca](mailto:auroramarketing@ns.alianzinc.ca).

Les annonces classées, 35 mots ou moins, sont vendues au prix de 9 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 10 \$, taxes incluses.

Les annonces classées doivent être réservées et payées à l'avance avant 10 h, le jeudi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 61, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à [auroraproduction@ns.alianzinc.ca](mailto:auroraproduction@ns.alianzinc.ca) ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à [auroramarketing@ns.alianzinc.ca](mailto:auroramarketing@ns.alianzinc.ca).

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## crossword solution

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AVE	ANNAPOLIS	MD
GENEVA	TANGS	
ANTRE	ABATEMENT	
AIR	MO	ALAE
CITES	MOPES	MR
ONE	ABALONE	SAC
MD	LYNEN	PAUSE
ERST	AD	ALB
SICILIAN	RAYES	
ABEAM	MARINA	
RATIONALIST	TYAR	
AGHAN	SIREE	LCD
GESE	SPECS	ETA

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2. Fax: 902-765-1717
3. Drop into our office located at 61 School Road (Morfee Annex)

**Entry deadline: Noon, July 4, 2019**

**Full name \_\_\_\_\_ Phone number \_\_\_\_\_**

Complete the following questions from ads in this week's issue and win a **\$20.00 coupon to play Friday Night BINGO** from **Aylesford & District Lions**. Coupons valid for 1 year. Age 17+ on regular games.

1. Who offers a choice of turkey, roast beef or ham dinners? \_\_\_\_\_
2. Who's located at 954 Central Avenue? \_\_\_\_\_
3. Who sponsors our Find & Win Contest? \_\_\_\_\_
4. Who says they have, "Good food! Good fun!?" \_\_\_\_\_
5. What's happening July 13 at the Kingston Legion? \_\_\_\_\_

**Congratulations to last week's winner: ASHLEY VEINOTTE**

# Stay summer safe

**Corporal Jon Lomenda, Fire Prevention & Inspection Cell, 14 Wing Fire & Emergency Services**

14 Wing Fire & Emergency Services personnel want everyone to have a safe and fun summer, so here are some ideas to help keep everyone safe.

With the heat and outdoor activities, be mindful of heat stress. The best way to avoid heat stress is to carry and drink lots of water, and be near some form of shade. Humidity in the air can also be a big contributing factor as to how quickly heat can affect you. Everyone is affected by heat differently, so keep an eye on others. If you suspect heat stress may be affecting someone, bring them into a cool, shaded area and offer them some water. If the person is not sweating and their skin is hot to the touch - or they pass out, call 911 immediately.

Everyone's favourite outdoor activity is cooking, whether it be on a barbecue or over a campfire. Be safe, and keep an eye open for the safety of others. When using a barbecue, keep it at least three metres (10 feet) from any structure, as the heat from it can cause damage or possibly ignite the plastic siding on your property. Make sure there are no trees or structures overhead, either. Cleaning your grill regularly

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and Venmar air exchanger. All on one acre +/- land with backyard fire pit and nicely landscaped lot, plus two storage sheds. Refer to Property Guys #56386 for pictures. \$139,900 negotiable. Call Debbie at 1-506-471-1421 or 902-765-9217 or by email at: [catweed250@gmail.com](mailto:catweed250@gmail.com). (4025-3tpb)

**FOR SALE – 33 acres - Newer home (2014) in quiet location near Fundy Shore, Walkout basement, garage, excellent drilled well, gardens, fruit trees, woodlot with hard and soft woods. \$187,000. Call 902-665-3030. (4025-3tpb)**

Open air fires – and this includes campfires - are not permitted on the premises of 14 Wing Greenwood. If you are camping this summer, never leave campfires unattended and, when done, completely put the fire out before leaving the area or going to sleep. When building a campfire, be sure to keep any flammable materials – such as tents and tarps - at least two to 3.5 meters (six to 10 feet) away from the fire. It is always a good idea to keep a small shovel and some sand or a bucket of water nearby to help control the fire if needed. Don't use anything in the fire to start it but wood or small amounts of paper: other items could explode or send burning ash away from the fire. Never use gasoline or other petrol-based items to start your fire.

14 Wing Fire and Emergency Services crews remind you to know your local emergency phone numbers. If you have any questions, feel free to give us a call or stop in for a visit. ➔

**~ Notice ~**

The Nova Scotia Barristers' Society hereby gives notice Ronald Richter of Greenwood, Nova Scotia, passed away June 23, 2019. Any inquiries from clients of Mr. Richter or members of the public concerning client files or matters should be directed to the Custodian appointed by the Barristers' Society:

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**Aviator Kevin Redden supervises as students test out a three-inch firefighting line.**  
S. White

## Veterans' ombudsman releases 2019 report card

Veterans Ombudsman Craig Dalton June 10 released his office's 2019 Report Card, which reports on the government's progress to improve services and support for veterans and their families. The release was made before the House of Commons Standing Committee on Veterans Affairs.

"As of 2019, the government has implemented – at least in part – 79 per cent (or 50) of the office's 63 recommendations made over the last 10 years," said Dalton.

Of particular note are the following changes to improve programs and services for veterans: veterans will now be retroactively compensated for treatment benefits from the date of their disability application, as opposed to the date of decision; veterans at the age of 65, with a diminished earnings capacity, will now receive 70 per cent of their Income Replacement Benefit; and, the issuance of a Veterans Service Card.

"While this shows progress, there is still more to be done – little progress has been made on addressing recommendations related to health care."

At the same time, the ombudsman shone a light on areas that have not received the level of attention necessary to effect change. Of the 13 recommendations to be implemented, the majority focus on health care supports and service delivery. Dalton advised the committee his office will be monitoring progress on these recommendations, including expanding access to caregiver benefits that assist injured veterans with meeting their daily needs, covering mental health treatment for family members in their own right and providing fair and adequate access to long term care and the Veterans Independence Program.

The ombudsman also took the opportunity of his committee appearance to outline his priorities developed over past months, based on what he has heard from individual veterans and their families and through engagement with veterans organizations, veterans advocates, the Veterans Ombudsman Advisory Council and a variety of other stakeholders and partners. Particularly, the ombudsman will be monitoring health care supports, quality of service delivery to veterans, supports to families and

# Field trip

**Students from Landmark East School in Wolfville visited various facilities around 14 Wing Greenwood May 19 on a workplace field trip. Aviator Sarah Ede helps gear up a student in the full weight of firefighter's bunker gear on a stop at 14 Fire and Emergency Services' fire station.**



**Kingston Legion Br 98 ~ July 2019**

Office 902-765-4920 • Bar 902-765-4428 • Fax 902-765-2479  
E-Mail [legion98sect@eastlink.ca](mailto:legion98sect@eastlink.ca) • Facebook: Kingston Legion Branch 098

Sun	Mon	Tues	Wed	Thu	Fri	Sat
Find us on facebook	Happy Canada Day	BINGO 7:00		VON Foot Clinic	TGIF	NO BREAKFAST
BINGO 1:30	EUCHRE	BINGO 7:00		VON Foot Clinic	TGIF	Steer BBQ DANCE 9:30 pm Matt Minglewood
BINGO 1:30	EXEC. MEETING 7:00 EUCHRE	BINGO 7:00		VON Foot Clinic	TGIF	
BINGO 1:30	EUCHRE	BINGO 7:00		VON Foot Clinic	TGIF	
BINGO 1:30	EUCHRE	BINGO 7:00		Steer BBQ Dance Tickets available at the Legion Bar, Village Office, & Kingston PharmaSave. Price: \$25 advance   \$30 at the door		
Tuesdays and Thursdays: 9 am Chair Yoga   Thursdays: VON Foot Care Clinic						
Legion Calendar Sponsored by	<b>PHARMASAVE</b> VALLEY DRUG MART		613 Main St. KINGSTON 902-765-2103	26 Commercial St. MIDDLETON 902-825-4822		

**JULY/JUILLET**  
<http://greenwood.mil.ca/en/communities-of-interest/annapolis-mess/index.aspx>

**The Annapolis Mess 14 Wing Greenwood 2019**

Sun	Mon	Tues	Wed	Thu	Fri	Sat			
	CANADA DAY MESS CLOSED STAFF CADET BRIEFINGS	1 2	3 CADET MESS COMMITTEE MEETINGS 14 OSS COC	4 ADULT AND STAFF CADET DINNER	5 TGIF • LASAGNA	6			
7 INFO Internet/wireless available in TV Lounge/Mess	8 CADET CAMP 1ST DAY BRIEFINGS	9 CADET 1ST AID CADET DANCE	10 CADET 1ST AID CADET MESS COMMITTEE MEETINGS	11 DWCOMD COC DWD MWO HOWITT	12 TGIF • STEAKS	13 WEDDING			
14 INFO TOW BAR Non-alcoholic beverages available	15 CADET 1ST AID	16 CADET 1ST AID CADET DANCE	17 CADET 1ST AID CADET MESS COMMITTEE MEETINGS	18 CADET 1ST AID 404 SQN COC	19 TGIF • DONAIRS CADET DRT	20 TOW BAR ENTERTAINMENT KARAOKE			
21	22 CADET 1ST AID CADET CAMP 1ST DAY BRIEFINGS	23 14 AMS COC	24 TRIVIA NIGHT CADET 1ST AID CADET MESS COMMITTEE MEETINGS	25 415 SQN COC	26 TGIF • PITA PIT DWD - SERGEANT ARSENAULT TOW BAR ENTERTAINMENT KARAOKE	27			
28 CADET DRT	29 CADET 1ST AID CADET CAMP 1ST DAY BRIEFINGS	30 WCOMD COC CADET DANCE	31 CADET 1ST AID CADET MESS COMMITTEE MEETINGS	LIKE US ON FACEBOOK					
Co-sponsored by Fraser's Pro Home Centre • Mess Office Phone - 902-765-1494 local 5577									
<b>FRASER'S PRO Home Centre</b> BERWICK • 1-800-959-3727   KINGSTON • 1-902-765-3111 KENTVILLE • 1-902-678-8044   BRIDGETOWN • 1-902-665-4449 ANNAPOLIS ROYAL • 1-902-532-1500 <a href="http://www.frasers.ca">www.frasers.ca</a>									

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# Take on a high-rise, high ropes challenge for Make a Wish

Sara White,  
Managing editor

“Find your brave” is the challenge thrown down by the Make a Wish Foundation, as it gets set for its September 13 high rise, high ropes challenge that’ll take you over the edge of one of Halifax’s tallest buildings.

“You need to have courage,” says Joyce Nifort, describing that final step over the edge of the 15-storey Westin Hotel rooftop “All of our kids need to find their inner strength and courage to go through transplants, surgeries, cancer treatments – it’s whatever it takes to get them well. And, families go through all of that, too.”

Funds raised by the Rope for Hope challenge participants will help 35 kids in Atlantis Canada experiencing life with a critical illness find a respite in a wish or dream granted by Make a Wish in 2019: travel, meeting a celebrity, having a special gift or experience. This year’s Rope for Hope is the seventh in Halifax, one of 12 sites across Canada hosting the challenge. The Halifax goal is \$105,000, with participants challenged to fundraise \$1,500 as an individual. Teams are also encouraged.

“We have individuals, we have corporate teams, we have a nurse who raises close to \$5,000 on her own – this year, we have a woman who was a wish kid when she was 14 – she’s now a nursing student at university – taking the challenge,” Nifort says.

Nifort visited 14 Wing Greenwood for a lunch ‘n learn promo event June 25, hosted by the Learning and Career Centre. She was joined by Alice and Brian Dempsey of Kingston: Alice’s son, Dylan Moore, was born with some severe challenges and has now had over a dozen surgeries. In Grade Primary, Make a Wish sent the family to Florida,

where Dylan met the Avengers in his own specially-designed Hulk attire.

“They set up a beautiful wish for this kid,” Alice said. “The food, the volunteers, the different things going on every night, he met all the X-Men.”

Dylan is heading into Grade 5 now and “doing fabulous,” Alice said. “He gets in trouble – just like anyone else!” added Dylan’s step-dad, Brian.

Nifort encourages anyone interested in signing up for the challenge to visit ropeforhope.ca. As soon as you register, she’ll be in touch with details on the event’s safety and day-of necessities, but also with a slew of tips and tricks to help with fundraising, including accessing all of Rope for Hope’s online pledge and social media

tools. Ideally, participants register before July 15 to ensure they have time to meet the financial goal.

“It’s a personal challenge, but you also believe in what we do at Make a Wish to have a child be able to dream,” Nifort says. ➔



Brian and Alice Dempsey know the value of the Make a Wish program: the Kingston family’s son, Dylan, was the beneficiary of an X-Men-themed adventure several years ago. The couple was in Greenwood June 25 to help promote Rope for Hope, a high-rise, high-ropes challenge in Halifax this September. Make a Wish development coordinator Joyce Nifort detailed how people can get involved in the fundraiser during a Learning and Career Centre lunch’ n learn. S. White

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## NAME THE NEW playground CONTEST



14 Wing Greenwood Commander Colonel Mike Adamson and Wing Chief Warrant Officer Dan Campbell invite youth (under age 17) to continue to have a say in the new playground on Pathfinder Drive. Suggest the winning name and have your photo taken at the grand opening later this summer.

Drop off your entry(s) at The Aurora Newspaper office, 61 School Road, by noon July 10. All entries will be considered, with the most suitable name selected.

### ----- ENTRY FORM -----

Name \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Suggested name \_\_\_\_\_