







Vol. 38 No. 10 MARCH 13, 2017 NO CHARGE www.auroranewspaper.com

Uniform, organization demands much of members

Sara Keddy, 14 Wing Public Affairs

Recognizing the excellence of the Royal Canadian Armed Forces' personnel is easy; backing them up with organizational excellence is command's top priority.

Canadian Armed Forces Chief Warrant Officer Kevin West visited 14 Wing Greenwood March 2, hosting several meetings with non-commissioned members at all ranks.

"Top priority - it's you," he told junior ranks in a morning town hall. "You are the non-commissioned membership core of the future: who in this room is going to be standing here giving this spiel 20 years from now?"

West acknowledged the demands of work within the RCAF: "ops tempo is high, and that's the reality of the world now. This is normal, and we won't stay this way long – we'll ramp up again."

RCAF command don't know. In the meantime, it's focusing attention internally: where will people come from to do the work, how will they be trained – and how fast can they gain experience, and what do they need?

"We're now working on institutional excellence - all the pieces that enable you to do your job: pay, housing, pension, policy. That's all critical. If we don't have the backend - the support that makes the mission happen, we fail.

"Some of our policies we have were written in the 1970s. That's not the way we train and fight today."

Months of down-time between leaving the forces and receiving a first pension check, move cost issues, the opportunity to work without postings or on flexible employment terms are all on the table.

"We need to take risks, we need to do what's right," West said, "and When, where and for what reason, we can control this. We can't blame

Continued on page 2...

Canadian Armed Forces Chief Warrant Officer Kevin West, left, with 14 Wing Greenwood Chief Warrant Officer Luc Emond: the men led a series of meetings and town halls with Non-Commissioned Members at the base on West's March 2 tour.

CANEX www.canex.ca No Interest **NO MONE** Credit Plan Plus **NOT EVEN THE TAXES!** 902-765-6994





Le rythme opérationnel de Guerre mondiale. Au cours possible. En 2017, nous vous avez tous aimé les acti- 14e Escadre soient valorisés nous sommes extrêmement la 14e Escadre Greenwood des années suivantes, aurons plusieurs possibilités vités et, si vous avez manqué et traités avec profession- fiers des efforts consentis par continue d'être très élevé. L'ARC a fait avancer les de célébrer les 75 ans ici à le concours de lip sync et la nalisme et qu'ils puissent chacun de vous. Cependant, L'adjudant-chef d'escadre capacités aériennes du Greenwood, et nous célé- danse, assurez-vous de les déployer tous leurs efforts en tentant de faire avancer les Emond et moi vous sommes Canada et a contribué à des brerons également le 150e inscrire à votre calendrier dans le cadre des missions choses, il arrive parfois que très reconnaissants des ef- développements importants anniversaire du Canada avec de l'an prochain; vous vous qui leur sont confiées chaque nous nous en demandions forts déployés à tous les sur le plan régional, national le spectacle aérien internatio- amuserez énormément! niveaux afin de nous assurer et international, notamment nal de l'Atlantique qui aura Nous prenons acte du déploiements. Chaque per- sions des erreurs que nous que la 14e Escadre s'ac- des opérations militaires, lieu les 26 et 27 août. Pour passé pour bâtir l'avenir de sonne a le droit de se sentir n'aurions pas laissé passer quitte de toutes ses tâches, des opérations de recherche obtenir des renseignements l'ARC – Février est le Mois en sécurité et respecté au autrement. Nous travaillons y compris la recherche et le et de sauvetage, de l'aide en supplémentaires, consultez de l'histoire des Noirs et travail et à la maison; nous tous trop fort; nous ne vousauvetage, le soutien à l'opé- cas de catastrophe et des le site airshowatlantic.ca. le 8 mars est la Journée avons un travail important à lons pas faire les choses à ration IMPACT, les services opérations de protection Je pense que tout le monde internationale de la femme, réaliser et nous ne pouvons deux reprises, et la dernière de déneigement et dégla- de notre territoire et de nos est d'accord pour dire que le Ces initiatives sont large- tout simplement pas nous chose que nous souhaitons cage, le soutien logistique frontières maritimes. et administratif et l'engage- Le Musée de l'aviation mi- née fut remarquable. Merci et également de la valeur dans un environnement hostile qui surveille de très près pendant ment envers l'instruction et litaire de Greenwood a pour bravo au capitaine Denman le milieu de travail de la 14e empêche les personnes de que nous accomplissons une l'élaboration de nouveaux mandat de conserver tous et au sergent Drohobycky, Escadre et dans l'ensemble faire de leur mieux. J'invite tâche. L'adjuc Ere et moi aiprogrammes et services – ces événements. Greenwood ainsi qu'à toute l'équipe de de l'ARC. La diversité est les personnes qui n'ont pas merions que vous mettiez en pour les militaires et leurs a la chance d'avoir eu un bénévoles, qui ont passé une force : un vaste éventail suivi la formation à l'inten- application la devise « Bien

de station d'aviation. En année grâce aux nouveaux guelque peu – ou beaucoup Le respect va au-delà de complissez chaque jour à en ordre. Il faudra peut-être missions de la Deuxième sonnel qui rend tout cela suivant! Nous espérons que membres de l'équipe de la n'est pas une tâche facile, et

état-major professionnel de nombreuses heures à d'idées, d'énergie, d'expé-tion des témoins d'incidents faire les choses dès la pre-En gardant tout cela à et déterminé et une solide organiser et à mettre en rience et de points de vue ou sur l'analyse comparative mière fois ». Nous invitons l'esprit, l'année 2017 sera as- équipe de bénévoles qui ont œuvre toutes les activités, nous aident à nous entraîner entre les sexes+ à trouver du chacun de vous à prendre surément une année extraor- monté la salle d'exposition. Cette mini-pause annuelle en afin d'être la meilleure force, temps pour y participer. dinaire! Cette année marque de notre musée à l'entrée février représente toujours aérienne possible, de relever Enfin, l'adjuc Ere et moi avant de commencer, ou en en effet le 75e anniversaire principale de la base. Le parc une occasion pour nos unités les difficultés et d'assurer la remercions chacun de vous terminant, une tâche afin de de la BFC Greenwood à titre aérien s'améliore chaque et nos escadrons de rivaliser réussite. mars 1942, le terrain d'avia- aéronefs, à l'équipement et – et cette année n'a pas fait la diversité, comme nous le l'appui des opérations SAR et un peu plus de temps pour tion a entrepris ses opéra- aux efforts de restauration. exception Que ce soit sur la savons très bien grâce au du déploiement de l'opération terminer la tâche qui vous tions dans le cadre du Plan L'intérieur du musée re- glace, dans la piscine ou au mandat de l'opération HO- IMPACT, en plus des difficul- a été confiée, mais votre d'entraînement aérien du présente notre patrimoine, concours de synchronisation NOUR. Le respect continue tés liées au fonctionnement environnement sera plus Commonwealth britannique, mais fait également ressortir labiale (lip sync), les partici- d'être une priorité pour le de l'une des escadres de sécuritaire et l'escadre sera et le Canada a commencé à les opérations courantes, pants de la 14e Escadre sont chef Emond et moi-même; l'ARC les plus occupées que plus efficace. apporter sa contribution aux les technologies et le per- vraiment passés au niveau nous désirons que tous les vous relevez chaque jour. Ce

carnaval d'hiver de cette an- ment connues, mais elles ont permettre de travailler dans c'est qu'un superviseur nous

CFNA * AJFC

jour, au pays et pendant les un peu trop et que nous faspour le travail que vous ac- vous assurer que tout est

Unis dans l'action

Useful links | Liens utiles

www.airforce.forces.gc.ca

Site du portail communautaire des Forces

Site de la 14e Escadre Greenwood www.airforce.forces.gc.ca/en/14-wing/index.page

familles des Forces canadiennes

Défense nationale et Forces canadiennes www.forces.gc.ca

www.combatcamera.forces.gc.ca

www cafconnection ca

Officer Emond and I very much appreciate the efforts made at every level to ensure 14 Wing meets all its missions, including search and rescue, support to Operation Impact, maintaining snow and ice clearing, logistical and administrative support and the commitment to training and development of new programs and services - for military members and assistance and security of our opportunities through 2017 to

the Aurora | 14 Wing Greenwood, NS

The operational pace at 14

Wing Greenwood continues

to be very high. Chief Warrant

Wing Commander's Corner

land and sea frontiers.

their families. With that all in mind, what part of the British Common- of volunteers, building our airshowatlantic.ca. and contributed to significant displays capture our heritage, volunteers, who spent sev-success. regional, national and inter- but also highlight current op- eral months organizing and Respect extends beyond national developments. That erations, technologies and the running all the events. This diversity, as we are all very includes military operations, personnel who make it all hap- annual February "mini-break" much aware of with the mansearch and rescue, disaster pen. While we will take many is always a great chance to date of Operation Honour. It

AVIA

CAN

JON RO

DIENNE a great time!

March 13, 2017

1942, the airfield opened as ted staff, and a robust team 27. For more information, visit place in the work environment truly appreciate the work ev- add a slight delay to the task we have here at 14 Wing, and eryone on the wing puts in on at hand, but it will make our wealth Air Training Plan, and museum into the showpiece I think everyone will agree throughout the RCAF. Diver- a daily basis supporting SAR environment much safer, and Canada began its aviation we see at the main entrance to this year's Winter Carnival sity is strength: an array of ops and the Op Impact deploy-make us even more effective contribution to Second World the base. The air park is better was truly outstanding. Thanks ideas, energy, experience and ment, on top of the day-to-day as a wing. War missions. In the years every year, with new aircraft, and kudos to Captain Denman perspective helps us train to challenges of running one of since, the RCAF has advanced equipment and restoration and Sergeant Drohobycky be the best possible Air Force, the RCAF's busiest wings. It Canadian aviation capabilities, efforts. Inside the museum, and the entire committee of meet challenges and ensure

foster a little – or a lot – of continues to be a high priority is no small task, and we're inter-section rivalry between for Chief Emond and myself extremely proud of the extra our units and squadrons, and that all members of our 14 effort everyone is putting in. afford to have a caustic envi- task. The WCWO and I would niversary of CFB Greenwood Greenwood is fortunate to have Atlantic Canada International These initiatives apply widely, please find time to get it done. a task to make sure everyas a flying station. In March had professional and commit- Air Show here August 26 and but also have a respected Finally, the WCWO and I thing's squared away. It may

Operate as One

Page 3

this year was no exception. Wing team are valued, treated However, sometimes in the Whether on the ice, in the pool professionally and able to put desire to get things done, or in the lip sync, the folks of their best effort into the mis- we push ourselves a bit too 14 Wing really took it to the sion we are responsible for much and make mistakes we next level! We hope everyone every day, here at home and would otherwise have caught. enjoyed events and, if you on our deployments. Every We all work too hard to do missed the lip sync and the individual deserves to feel safe things twice, and the last thing dance, make sure you pencil and respected at work and at anyone wants is a supervisor them on your calendars for home; we have an important breathing down their neck next year, because you missed job to do, and we simply can't while they're engaged in a We are building on history ronment that prevents anyone like everyone to consider the celebrate our shared 75 years for the future of the RCAF from doing their best. For slogan, "Do it Once, Do it Capturing all of this is the here in Greenwood, we will - February marks Black His- those who haven't completed Right." We want everyone to a great year 2017 will be. mandate of the Greenwood also celebrate Canada's 150th tory Month, and March 8 was the bystander training, or take that extra minute before This year marks the 75th an- Military Aviation Museum. year with the staging of the International Women's Day. the Gender Based Analysis+, you start, or when you finish,

BUYING OR SELLING

() ()

...cover

Uniform...

someone else. We have a lot stop moving."

viduals within a uniformed your card and say 'Thank you day they "walk into a recruit- have to want to do it." ing centre, 'til they day they die," West said, requires the organization to transition to work and stand for what

members to.

The idea of treating indi- then, at the end, we hand you your families."

Why, he asked?

Because "every day you go strength.

Canadian Forces Chief Warrant Officer Kevin West,

centre, is updated on the newest capabilities and

systems of the Block III CP140 by Captain David

Prangley, right, along with Squadron Chief Warrant

Officer Craig Chislett. Corporal D. Kirkwood, 405 Squadron Imaging

just as much as it asks its is on your left shoulder: the respect it and the family who Canadian flag. That makes does. That means ethical "We tell you when to eat, us different – not better, but behaviour. There are people of work to do, and we can't where to stand - we socialize different. And that puts pres-pulling at the threads of that you through a whole career; sures on every one of you and flag and your uniform every

Being able to live up to have people doing stupid organization as people or very much.' There is a lot of the standard of "bearing the stuff and mistreating other family members, from the work to be done here, and we profession of arms" is a high people. I want you to do demand, West said, but also your job and do it well and the Canadian Armed Forces' remember, as soon as you

Reg White CD1

www.regwhite.com

26 Years Military Experience

cell: (902) 760-1298

regwhite990@gmail.com

NOT INTENDED TO SOLICIT LISTED PROPERTIES

"If you wear the uniform, leader – one, of yourself."

day, and we can't afford to put a uniform on, you're a

Buying or Selling?

Getting Posted?

www.callexit.ca

771 Central Ave.

Sue Hersey, CD1

Cell: 902-309-0344 | Office: 902-765-3505

Helping make your move stress free

28 years military experience with 9 DND moves

Get Pre-approved Now! Ask me about our special offers

for DND Clients!



Valerie Pavne, Mortgage Specialist RBC Royal Bank Specializing in Mortgage

Products and Interest Rate Buy Down's.

Pre-approval rates held for up to 4 months! Lock in now before rates increase.



Conveniently located in Kingston and available Days. Evenings & Weekends.

Call me today at 902-760-2146 or 1-800-710-2785 Visit my website:

http://mortgages.rbcroyalbank.com/valerie.payne E-Mail me: valerie.payne@rbc.com

the AUrora

Editor I Éditeur

Brian Graves • 902-765-1494 local/poste 5699 auroraproduction@ns.aliantzinc.ca

Advertising Contractor | Publicité entrepreneur Christianne Robichaud • 902-765-1494 local/poste 5833 auroramarketing@ns.aliantzinc.ca

Administrative Clerk | Commis à l'administration Dejah Roulston-Wilde • 902-765-1494 local/poste 5440 auroranews@ns.aliantzinc.ca

14 Wing Public Affairs | Affaires publique de la 14e Escadre Sara Keddy • 902-765-1494 local/poste 5441 or 5101 auroraeditor@ns.aliantzinc.ca or sara.keddy@forces.gc.ca

Circulation | Circulation: 5,900 Mondays | Lundis Agreement No. | Numéro de contrat : 462268

Fax: 902-765-1717

Website | Site Web: www.auroranewspaper.com

The Aurora, PO Box 99, Greenwood NS BOP 1NO L'Aurora, C.P. 99, Greenwood (N.-É.) BOP 1NO

Location | Emplacement: 83A School Road, Morfee Annex Annexe Morfee

Mail subscriptions: annual \$90 plus tax, weekly \$1.85 plus tax.

Abonnements par correspondance: 90\$ par année plus taxes , 1,85\$ par semaine plus taxes.

The Editorial Board reserves the right to edit, condense or reject copy or advertising to suit the aims of a service newspaper as Recruiting | Recruitement specified in the Interim Canadian Forces Newspapers Policy and/or by the Editorial Board. Opinions and advertisements appearing www.forces.ca in The Aurora Newspaper are those of the individual contributor or advertiser and do not necessarily reflect the opinions of 14 Wing, Greenwood or the printers, Published each Monday by 14 Wing under the authority of Colonel Patrick Thauberger, Wing Commander Le comité de rédaction se réserve le droit de réviser, de condenser ou de rejeter tout article ou message publicitaire afin de satisfaire aux exigences relatives aux journaux militaires figurant dans la Politique temporaire des journaux des Forces canadiennes. Les opinions exprimées dans ce journal sont celles des collaborateurs et ne reflètent pas nécessairement les points de vue des Forces armées canadiennes ou de la 14e Escadre. Publié chaque lundi par la 14e Escadre sous les auspices du Colonel Patrick VPI | VPI Thauberger, commandant de l'Escadre,

Canadian Air Force website Site Web de l'Aviation royale canadienne

Community Gateway Site

www.cafconnection.ca

14 Wing Greenwood Site

Personnel Family Support Services Services de soutien au personnel et aux

National Defence and the Canadian Forces

Combat Camera | Caméra de combat

Military Family Resource Centre Centre des ressources pour les familles des militaires

www.vpinternational.ca

the Aurora | 14 Wing Greenwood, NS March 13, 2017

bravo zulu | promotions & presentations 14 Wing Imaging unless otherwise indicated.



Squadron (left) and Squadron Chief Warrant Officer Roddy (left) and Squadron Chief Warrant Officer Roddy Chittick.



Aviator David Wallace (centre) February 1 received the 14 Air Captain Colin Strong (centre) receives his four-month and Squadron Chief Warrant Officer Roddy Chittick.



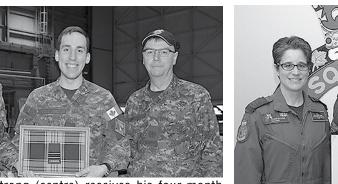
Brian Nelson in attendance. Corporal D. Kirkwood, 405 Squadron Imaging in attendance.



Aviator Michael McNutt (centre) February 1 received his Corporal Wiley Keenan (centre) February 1 received his propeller, denoting Aviator-Trained, from Lieutenant-Colonel promotion to current rank from Lieutenant-Colonel Sean Sean Duggan, commanding officer of 14 Air Maintenance Duggan, commanding officer of 14 Air Maintenance Squadron



Corporal Luc Trottier (centre) February 1 received his promotion to current rank from Lieutenant-Colonel Sean Duggan, commanding officer of 14 Air Maintenance Squadron (left) and Squadron Chief Warrant Officer Roddy Chittick.



Maintenance Squadron Stinger of the Quarter award, for the accelerated promotion; Lieutenant-Colonel Sean Duggan, final quarter of 2016, from Lieutenant-Colonel Sean Duggan, commanding officer of 14 Air Maintenance Squadron (left) commanding officer of 14 Air Maintenance Squadron (left) with Master Warrant Officer Ian Wallace, presented Strong



405 (Long Range Patrol) Squadron Commanding Officer 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Marie-Claude Osmond (left), March 1 Lieutenant-Colonel Marie-Claude Osmond (left), March 1 presented Captain Vincent Doucette (centre) the General presented Captain Bruce Jarvis (centre) the General Campaign 405 (Long Range Patrol) Squadron Commanding Officer Campaign Star - Expedition, with Master Warrant Officer Star - Expedition, with Master Warrant Officer Brian Nelson Corporal D. Kirkwood, 405 Squadron Imaging



Lieutenant-Colonel Marie-Claude Osmond (left) February 20 presented Captain Patrick Dornan (centre) a Canadian Joint Operations Command (CJOC) Commanding Officer's Commendation for his exceptional service in Kuwait from June to December 2015. Squadron Chief Warrant Officer Craig Chislett was also in attendance. Sergeant M. Carreira, 405 Squadron IT



Lieutenant-Colonel Marie-Claude Osmond (left), March 1 presented Sergeant Stan Millar (centre) the General Campaign Star – Expedition, with Master Warrant Officer Brian Nelson in attendance. Corporal D. Kirkwood, 405 Squadron Imaging



Brian Nelson in attendance. Corporal D. Kirkwood, 405 Squadron Imaging

Three easy ways to enter Through our website: www.auroranewspaper.com Entry deadline: 2. Fax: 902-765-1717 Noon, March 16, 2017

3. Drop into our office located on 83A School Road (Morfee Annex)

Complete the following questions from ads in this week's issue and win a 14 inch 2-topping pizza from Mimie's Pizza, Greenwood. Coupon valid for 30 days.

- 1. Who will reply within 1 hr?
- 2. Where can you get a baby boss backpack tag?
- 3. Who is conveniently located in Kingston?
- 4. What's running March 13 to 16?
- 5. Whose phone number is 902-824-2082?

Congratulations to last week's winner: SYLVIA STRONG



Mimie's PIZZA 683 Central Ave., Greenwood

902-765-6888

902-765-2232

405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Marie-Claude Osmond (left), March 1 presented Master Corporal Ulrich Reiner (centre) the General Campaign Star - Expedition, with Master Warrant Officer

the Aurora | 14 Wing Greenwood, NS March 13, 2017

Three calls, three days for SAR crews

March 2, 413 (Transport helicopter R344 at 5:40 p.m., at 3:19 a.m.

In the span of three days, and Rescue) Squadron re-picking up medical personnel 14 Wing Greenwood's search sponded to a medevac call in in St. John's prior to reach- tasked in response to a 65- was returning home, it was Guard ships Cornwallis and and rescue crews were out on St. Anthony, Newfoundland ing the patient. The aircraft foot vessel, the Northern re-tasked by the Joint Rescue Cygnus were also re-tasked; with the launch of Cormorant returned to 14 Wing March 3 Provider, located 150 nautical Coordination Centre in Halifax along with the Mersey Pho-



SAR on show

be added to a provincial wait list.

of providers.

Captain Stephen MacFadgen, right, represented 413 (Transport and Rescue) Squadron February 9 to 12 at a Halifax International Boat Show table, shared with Coast Guard reps; sharing safety information, particularly about spot beacons and emergency position-indicating radiobeacon stations (EPIRBS), and meeting some of the folks who both work and play on the waters of the East Coast to explain at 12:30 p.m., while all other what kind of SAR assets are in the region, and what they can do.

Need a family practice?

Call 811 or visit needafamilypractice.ca

If you don't have access to a family practice, such as a family doctor or nurse practitioner, you

can call **811** Monday to Friday, 11 a.m. to 7 p.m. or visit **needafamilypractice.nshealth.ca** to

You will be contacted directly by a family practice in your community when a spot becomes

available. Time to receive a call back will vary based on community and availability

Having a provincial wait list for Nova Scotians needing access to a family

For more information, or to update your information at any time,

practice provides one convenient point of contact.

call 811 or visit needafamilypractice.nshealth.ca

number of other resources tasked, including Canadian Coast Guard ships Cygnus and Edward Cornwallis, the fishing vessel Mersey Phoenix, and both a CC130 Hercules from 14 Wing Greenwood and a CH149 Cormorant from 9 Wing Gander. In addition, the CCGS George R. Pearkes was also tasked due to possible ice conditions. Greenwood's Cormorant arrived on scene, evacuated all five crew members by hoist and transported them to Gander. The helicopter returned home Submitted assets were stood down.

waves. R344 worked with a to weather and low provi- to return to base.

March 5, R344 was again As Greenwood's Hercules sions, including fuel. Coast miles northeast of St. John's, to provide "eyes on scene" neix, and the fishing vessel Newfoundland and Labrador, on the T.N.T Voyager, 178 Irish Connection was able to with five people on board. nautical miles northeast of provide assistance until the The boat called in a mayday St. John's. The Voyageur, a tasked marine assets arrive for possible capsizing in se-vessel engaged in a seal hunt on scene. The Voyager was vere weather: 60-knot winds with six people on board, no longer in distress, and the and seven- to eight-metre requested assistance due CC130 was also stood down

Page 5

services & trades

Call 902-765-1494 local 5833 for info

Durland, Gillis & Shackleton Associates Barristers, Solicitors, Notaries

W. Bruce Gillis, Q.C. • Maggie A. Shackleton, B.A., J.D. Counsel: **Blaine G. Schumacher, CD** (Also of the Alberta Bar) Counsel: Clare H. Durland, Q.C. (Non-Practising)

Phone (902) **825-3415** • Fax (902) 825-2522

74 Commercial Street P.O. Box 700, Middleton, NS

JASON BEZANSON ROOFING & CONSTRUCTION

9594 South Farmington RR1 Wilmot, NS BOP 1W0 902-840-0552

Specializing in Roofing • Free Estimates • Insured



Good Credit? Bad Credit? No Credit? Apply Here or Online!



YOUR LOCAL USED CAR DEALER Licensed Mechanic Available on Site U-Haul Dealer call (902) 765-0158 RUST CHECK www.freemansautosales.com

820 Main Street, Kingston • 902-765-2555



COURSE CODE/ SESSION #

Lacrosse registration

events tee up Valley

Wings a symbol of work to come

Sara Keddy, 14 Wing Public Affairs

While March 2 marked a milestone for Corporal Chris Neufeld, 14 Wing Commander Colonel Pat Thauberger was quick to point out the responsibility that lies ahead.

Neufeld was presented with his wings as a new member of the Royal Canadian Air Force's flight engineer cadre in a ceremony at the Annapo- will shortly relocate. lis Mess. While he joined the RCAF in 2006 as an aviation is your day," Thauberger "We make flying as safe having that awareness there (Long Range Patrol) Squad- already done." ron, where he and his family Thauberger cautioned continue."



14 Wing Commander Colonel Pat Thauberger (left) presented Corporal Christopher Neufeld with his Flight Engineer wings March 2 in the Annapolis Mess.

Corporal C. Roche, 404 Squadron, Courseware Development

"Congratulations - this ahead.

Neufeld on the challenges step approach:

systems technician and spent told Neufeld. "Anyone here as we possibly can, but it's is a great deal of informasix years working at 14 Air wearing wings remembers not without risk. We mitigate tion online is the first step. Maintenance Squadron at 14 distinctly the day they got that with rigorous training, Remember: you can't trust Wing Greenwood, it wasn't them. Be very proud of what and a flight engineer is at the everything you find. until 2016 he decided to seek vou've achieved. It's not just forefront – the one the pilots

struggles with food. The slogan for the campaign is "Take the fight out of food! Spot the problem. Get the facts. Seek support." Nutrition Month is brought to you by Dietitians of Canada and thousands of

Canada's Nutrition Month

dietitians across the country, in collaboration with campaign sponsors. Food Fads: ugh! How do you know which information to trust? If you are trying to find credible information

Spot the problem - Just

about nutrition, try this three-

at 14 Wing Greenwood through March include: Top Fuel for Top Performance - March 16 and 17, 8:30

Nutrition and healthy living focussed courses on offer

the Aurora | 14 Wing Greenwood, NS

a.m. to 3:30 p.m. day one and 8:30 a.m. to noon day two. Learn about exercise nutrition and sport supplements.

Inter-Comm - March 23 and 24, 8:30 a.m. to 3:30 p.m. day one and 8:30 a.m. to noon day two. Learn how to communicate and manage conflict in your personal

Dietary and Sports Supplements - March 30, 1:30 p.m. to 3 p.m.

Weight Wellness Lifestyle Program (once a week for seven sessions) - every Wednesday, 1 p.m. to 3:30 p.m., March 15 to April 26

Alcohol, other Drugs Gambling and Gaming (MITE Code) - April 6 and 7, or May 4 and 5, 8:30 a.m. to 3:30 p.m. day one and 8:30 a.m. to noon day two.

All courses are located at the gym except Inter-Comm, located at the GMFRC. All courses are free and open to military members and their family. NPF and DND employees are also welcome. For more information on nutrition month or to register for any of our upcoming programs, contact the Health Promotion office at 902-765-1494 local 5388 or 5389.

is the website promising a facts that sound too good to reliable. quick fix or a miracle cure? be true? • Does the informa- Be careful if a product Do I have reasons to mis- tion come from personal claims a long list of conditrust the person, organization opinions rather than scientions it "cures." Nothing is or company that runs the tific evidence? Is the content a cure-all for everything.

Get the facts - Being able website? Are they trying to missing reviews or verificaan occupational transfer and the culmination of a training through to the tactical crew in to separate food facts from sell me something instead tion by medical experts? Are train as a flight engineer. He course, it's the years of effort the back rely on to tell them fiction. On the Dietitians of of educating me on how to the website claims based on passed later that year and and preparation and diligent what the aircraft is doing. Canada website, you can de- make better food choices? a single study that may draw has since been posted to 407 study as an ANV tech you've You're responsible, you've termine if the facts you read Visit NutritionMonth2017.ca. the wrong conclusion? If you proven you can do it. Now, online are accurate. You need Are website writers unquali- answer "yes" to most of these to read websites carefully and fied to be giving me nutrition questions, it means some of ask yourself these questions: information? • Do they have the facts you read are not

> Words that raise a red flag include "detoxify," "purify," "cleanse" and "miracle." Investigate! Don't accept nutrition information online without checking who wrote it, and if it's based on science. Find a dietitian in your area at dietitians.ca/find.

Seek support. Take a minute and seek supports in your own community. You may be able to contact your health care providers, a dietitian or your local Health Promotion office. And, below is a list of credible websites to help answer your questions and provide you with health and nutrition information you can trust:

- eatrightontario.ca
- healthycanadians.gc.ca

dietitians.ca/memberblogs

Learning and Career Centre computer courses

the Aurora | 14 Wing Greenwood, NS

Spaces are available on the following computer courses at 14 Wing Greenwood's Learning and Career Centre. Courses are open to military members and civilian employees. If you are interested, register with your unit training coordinator. For I.T. Shorts, please send registrations directly to +14 Wg LCC@Greenwood.

		3E33ION #
Word Level 1	April 4 • 8:30 a.m. to 4 p.m.	300066 / 0512
Excel Level 1	April 6 • 8:30 a.m. to 4 p.m.	300139 / 0784
Word Level 2	April 11 • 8:30 a.m. to 4 p.m.	300097 / 0360
I.T. Shorts – Excel Spread Sheets	April 12 • 10 a.m. to 11:30 a.m.	
PowerPoint Level 1	April 19 • 8:30 a.m. to 4 p.m.	300128 / 0446
Excel Level 2	April 20 • 8:30 a.m. to 4 p.m.	300111 / 0509
Word Level 3	April 25 • 8:30 a.m. to 4 p.m.	300140 / 0184
Excel Level 3	April 27 • 8:30 a.m. to 4 p.m.	300065 / 0244
PowerPoint Level 1	May 2 • 8:30 a.m. to 4 p.m.	300128 / 0447
Access Level 1	May 4 • 8:30 a.m. to 4 p.m.	300129 / 0412
PowerPoint Level 2	May 10 • 8:30 a.m. to 4 p.m.	300113 / 0367
Word Level 1	May 11 • 8:30 a.m. to 4 p.m.	300066 / 0514
Access Level 1	May 16 • 8:30 a.m. to 4 p.m.	300129 / 0413
I.T. Shorts – Tabs in Word	May 17 • 10 a.m. to 11:30 a.m.	
Outlook level 1	May 18 • 9 a.m. to noon	300201 / 0186
Word Level 1	May 30 • 8:30 a.m. to 4 p.m.	300066 / 0513
Access Level 2	May 31 • 8:30 a.m. to 4 p.m.	300156 / 0351
Word Level 2	June 6 • 8:30 a.m. to 4 p.m.	300097 / 0361
Excel Level 1	June 8 • 8:30 a.m. to 4 p.m.	300139 / 0785
Access Level 1	June 13 • 8:30 a.m. to 4 p.m.	300068 / 0170
Excel Level 2	June 14 • 8:30 a.m. to 4 p.m.	300111 / 0510
Word Level 3	June 15 • 8:30 a.m. to 4 p.m.	300140 / 0185
Excel Level 3	June 20 • 8:30 a.m. to 4 p.m.	300065 / 0245
I.T. Shorts – Creating Master Slides in PowerPoint	June 22 • 10 a.m. to 11:30 a.m.	
· · · · · · · · · · · · · · · · · · ·	N/1 1 - 1 O	

DATE & TIME

Thunder season Valley Thunder Lacrosse is begin in mid-April, with teams getting set for its ninth season generally practicing twice a of youth lacrosse program- week with a game or two on ming, based out of the Kingston weekends through mid-June. and Berwick rinks. Youth ages Valley Thunder plays in the five to 18 are welcome to reg- Valley league with Kentville ister for team play, from Mites and Digby teams; and hometo Intermediate. and-away games will also be Registration events will be added with Metro-area club

held Friday, March 17 at the teams. Valley Thunder hosts Kings Mutual Century Centre, its own all-ages Apple Cup June Veterans Drive. Berwick. be- 3 and 4. tween 6:30 p.m. and 8:30 p.m.; Saturday, April 1, between 1 welcome to join Valley Thunder. p.m. and 4 p.m., at the 14 Wing Referees are always needed Greenwood Community Centre, for games and tournaments. Church Street, Greenwood; and For more information about April 15 at the Greenwood Mall, Valley Thunder Lacrosse, visit between 10 a.m. and noon. www.valleylacrosse.ca or email

The lacrosse season will vtlacrosse@eastlink.ca.

Coaches at all team levels are

Vienna Boys Choir at Acadia March 18

COMPUTER SKILL COURSE

on the current tour for this the world. Oliver Stech was world-renowned choral en- appointed choirmaster of the

at Vienna's Imperial Chapel in numerous concerts, and since 1296. In 1498, Maxi- on tours of Austria, Canada, milian I moved his court to Croatia, the Czech Republic, Vienna and instructed there Italy, Japan, Slovakia, South were to be six singing boys America, Spain, Switzerland, among his musicians. This and the U.S.A. marked the foundation of Of course, the program what is known today as the contains Vivaldi and Mo-

Vienna Boys' Choir in 2011. Boys have been singing He has since led his choir

Vienna Boys Choir. There zart and Schubert - but are

ev Brewtiqu

The Acadia Performing are currently 100 choristers you ready for music from for students. For informa-







 New flavours of Niagara Mist
 Melon Berry · Orchard Breezin' · Plum Passion \$42.99

We do Wine. Beer. Cider

- Personal Wine Labels \$5.99
- On site wine \$50.00
- Cider and Beer \$39.99

For the month of March all Beer, Cider and Wine Kits are on Sale!



1-866-280-5302 2 George Street, P.O. Box 865, Middleton, NS B0S 1P0 T: 902-825-3327 F: 902-825-3213

Colin Fraser

Member of Parliament - West Nova

Député - Nova-Ouest

Colin.Fraser@parl.gc.ca

HOUSE OF COMMONS CHAMBRE DES COMMUNES

Confederation Building Suite 117, Ottawa, ON K1A 0A6 613-995-5711

dietitians.ca

healthlinkbc.ca



Kingston Pharmasave • 902-765-2103 • 613-627 Main Street



Joe Salazar cp1 Sales Representative

Dir: 613-218-6714 Off: 613-695-2525

Email: JoesHomes@me.com Web: SalazarProperties.ca





 Brookfield Relocation Specialist · Bilingual / Bilingue

Retired Service member

· I've been on 4 HHT's myself

I understand your sense of urgency

Reply within 1 hr - GUARANTEED

CERTIFIED NEGOTIATION EXPERT

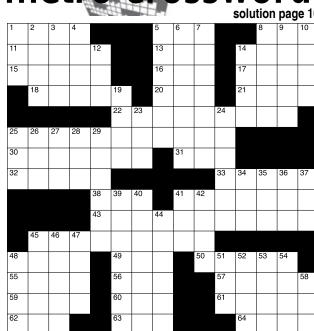
Several Satisfied Military clients

Testimonials: www.salazarproperties.ca/testimonials

the community submitted by not-for-profit public soumis par des organisations à organizations. Submissions are limited to approximately 25 words. Items may he submitted to our office, 83A School Road (Morfee Annex), 14 Wing Greenwood; by 14e Escadre Greenwood, par fax au 902-765fax. 902-765-1717; or email auroraeditor@ 1717 ou par courriel à l'adresse auroraeditor@ ns.aliantzinc.ca. Dated announcements are ns.aliantzinc.ca. Les annonces avec date sont published on a first-come, first-served basis. and on-going notices will be included as space allows. To guarantee your announcement, you être certain que votre avis soit publié, vous may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless du matin le jeudi précédent la publication, à

but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis 83A. School Road. (annexe Morfee). publiées selon le principe du premier arrivé. premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez voudrez peut-être acheter de la publicité. La Amy. Bring your little ones to 1490 Westwood Street. Great fun, Register at 902-538-4030. date de tombée des soumissions est à 9 h 30

metro crossword



48. Native religion in China

Fill with high spirits

Somewhere to ac

Type of pet

59. Smaller quantity

61. Singer and Jacobs

Zeppelin

. Polyvinyl acetate

Canadian folk musician

I. Meat from a pig (French)

Evergreen trees and

55. In bed

ACROSS

- 8. Los Angeles time zone
- iustice Bartlett
- 14. One-time governor of 15. Act of imitating
- 16. Popular basketballer Jeremy 17. Round Dutch cheese
- 18. S. American rodents 20. Comic opera 'Princess
- 21. Commodities buyers and sellers (slang) 22. Hovers
- 25. Having had one's head 30. One-time monetary unit
- 32. Beloved Cubs third
- 38. Giants signal caller

- Babe Ruth retired as one
 When you aim to get
- 8. Father Caps
- Aquatic mammal Protective crusts 12. Handwoven rug 4. Soil-like material

ciation meets the second Wednes- 765-2800 to borrow. day of each month at 10 am. Fun Story time days (cards and games) are every March 13, 10 a.m., the Annapolis (Kingston/ Greenwood area only, March 16, come play at the Trem-All at the Kingston Branch 98 Royal day morning story time: discover 10:30 a.m., call 902-765-2128). Canadian Legion. For info, contact new books as well as old favou- **Drumming with Kadijah** Marlene, 902-765-0088

Community badminton

Tuesday, 6 p.m. to 7 p.m. (middle **Darts** the soccer field. Info: recreation@ winners and high score. kingstonnovascotia.ca.

Knitting classes

knitter, to join in classes at the 902-765-3631.

Basketball

'. Beverage container 29. Appollo's grandmothe come play free recreational men's Social dance, no partner or special hear plans for the summer!

34. Obsolete home entertainment device 35. Serbian mythological

24. Hold molecules

. Bulgarian currency . Midway between south and southeast 9. Makes sense 0. A way to single out

44. Wobbled highest peak

45. Singapore's second 6. Quality of vielding nothing 46. Grossly overweight

48. Famed Spanish paint Internet router algorithm 52. Expression of sorrov 53. Druidic mother goddess

54. Electronic cor 58. Midway between east and

metro crossword brought to you compliments of

KENTVILLE TOYOTA 840 Park St., Kentville (902) 678-6000 Toll-free 1-888-490-7860

Girl Guide cookies

hotmail.ca. We deliver!

Seniors' club

March 13, 2017

Spring is here, and so are the clas- School (back entrance). Contact adult from 16 to 96. Instructor: in and make a bead craft and a sic chocolate and vanilla sandwich Glen – recreation@kingstonno- Susan Van Horne. There is \$5 paper plane. cookies you love! Girl Guide cook- vascotia.ca. Aurora publishes items of interest to Le commandant publie des avis d'intérêt les are \$5 a box, and support girl Meditation greatness in your community. For Mondays, 5 p.m., 699 Vault Road. or 902-825-4600.

Tuesdays, 10:30 a.m.: enjoy "Un- joeben699@gmail.com. der the Story Tree" in the 14 Wing Adult skating

listen to stories, sing songs and good exercise! Cost \$4/ person. **Community luncheon**

and do simple crafts.

Wing Greenwood Library invites school-age children and a parent **Library meeting**

~ Obituary ~ HAWKINS, John "Jack" W,

HAWKINS, John (Jack) W - was born in Carlton Place Ontario on December 5, 1930 and passed away February 20, 2017. Predeceased by wife Monica on June 2014. Hi is lovingly remembered and survived by his children Michael, Stephen, Judith

and Mark, grandchildren Jennifer (Acker) Bach, Janel (Craig) Fitzgerald, great grandchildren Brayden and Courtney Bach and Weston Fitzgerald. Will be sadly missed by all his family and friends.

Comox, BC

basketball at West Kings High attire required, suitable for any crafts for kids age four to six. Drop nightly fee to cover cost of hall. Creative fibre arts For information: 902-765-0906 March 16, 1 p.m. to 3 p.m., the

peuvent être soumis à nos bureaux, au Sara, 902-679-6568 or cskeddy@ niques that lead to quiet the March 14, 2 p.m. to 4:30 p.m., the hook, spin, weave: bring your own mind and generate internal peace. Berwick and District Library hosts project and meet new friends. Freewill offering. 902-765-1898 or "Thieves & Kings" and "Stardrop" Breakout – zombie challenge comic artist Mark Oakley for an March 16, 2 p.m. to 3 p.m., the author reading and discussion of Berwick and District Library chal-Greenwood Library's Children's Mondays, 10:30 a.m. to noon, at his work, followed by a cartooning lenges youth ages 12 to 17 to save Room with Miss Sandra and Miss the Kingston Credit Union Centre, workshop. For ages nine to 18. the world from zombies: you have

> You need a helmet: contact Glen March 14, noon to 1 p.m., the a team to "breakout" the clues and at recreation@kingstonnovascotia. Kingston Lions host a turkey save the world! Snacks provided. vegetables, dessert, coffee and 902-538-4030. tea. Cost is \$9, or \$9.50 delivered **Games night**

school age) and 7 p.m. to 8 p.m. March 13, 7 p.m., the Berwick with Kadijah. Drumming is as Free. 902-765-4326. (high school age and adult), at Legion hosts mixed doubles darts. essential to the human spirit as **Dementia support workshop** Pine Ridge Middle School. Use Draw for partner, round robin dance, song, prayer and medita- March 16, 10 a.m. to 1 p.m., the the rear school entrance, facing format. \$3 to play, cash prize to tion. Experience the lively beat of Bridgetown & Area Library hosts March 13, 10 a.m. to 11 a.m., Bring your own drum or use one fied Teepa Snow trainer. Useful

Mondays, 6:30 p.m. to 8:30 p.m., at the Wilmot Community Centre. sale tables at the market. Come three for \$5. Supper \$8, dessert

50,1st, 2nd & 3rd place cash prizes Scott Westerfeld. Pick up a copy at and an ongoing cookie jar.

the adventure of rhymes, songs 15 to 18. and books. Join in at anytime!

March 15, 7 p.m., play pool at Valley Thunder Lacrosse registra-

Beads and paper planes

Berwick and District Library invites

you to come and knit, crochet, rug

45 minutes to crack the code and find the antidote. Work together in The Kingston Area Seniors' Asso- ca, or the rink at wkaa.ca/ 902- dinner with mashed potatoes. Bring a (clever) friend! Register at

second and fourth Friday at 1 p.m. Royal Library invites you to Mon- deliveries must be ordered by ont Board Game Café, 7 p.m. to 9:30 p.m. (every first and third Thursday) at the Tremont Hall, 738 rites, maybe have a little music March 14, 10 a.m. to 11 a.m., the Tremont Mountain Road. Many of Bridgetown & Area Library hosts the newest and coolest games in a a hands-on drumming workshop friendly and relaxed environment.

West African and Middle Eastern the third of three workshops drumming and HealthRHYTHMS. with Marcy MacPherson, certi-Wednesday afternoons, the 14 the Kingston Library invites pre- of Kadijah's. For ages 10 to 17. for caregivers, friends and all those who engage with people anyone interested in learning how or caregiver for songs, stories, March 14, 7 p.m., the Friends of living with dementia. Each sesto knit, or becoming an advanced games and crafts. Register at the Annapolis Royal Library will sion functions independently, and meet at the library. Please join us anyone may sign up. Register at

\$2. Everyone welcome.

Book talk for teens

the library, borrow a digital copy from the library home page, or March 15, 9:45 a.m. to 10:15 a.m., read your copy from home. Come the Berwick Library invites pre- to the library for snacks and a fun schoolers and caregivers to share discussion of the book. For ages

Lacrosse registration

March 17, 6:30 p.m. to 8:30 p.m., the Kingston Library hosts paper through mid-June. Coaches and referees are always needed for youth ages 12 to 19 to learn to use a chance to plant some seeds to At the Evergreen

for a few minutes or stay for the a slight smell. whole session. Get hands on expe- Skip-Bo

Book Club for Kidz

March 17, 6 p.m. to 7 p.m., the Walk should read next. For ages nine 902-847-1772.

Morse Memorial Library invites us for stories, a craft, snack and welcome.

6

9

Fun By The Numbers

tiles. Adults may attend if accom- 902-825-4835.

Bridgetown & Area Library hosts for Kid's Sake. Skip-Bo for adults.

for snacks and a fun discussion. for walking at 10 a.m. This is a 5/ Chase the Ace

Berwick and District Library kids' March18, join the Valley Trekkers Kingston Legion. Admission \$5 At Evergreen Theatre book club is reading "The Red Volkssport Club for the Kingston at the door, all proceeds to Bowl March 18, 8 p.m., the Evergreen Support Group meets in St. Mark's Safe Grad event in June. Doors Pyramid," by Rick Riordan. Pick walk. Meet at the Aurora Inn, for Kids Sake Big Brothers/ Big Theatre, 1941 Stronach Mountain Protestant Chapel Annex, Church open at 5:30 p.m. Admission is \$5/ up a copy at the library or read 831 Main Street (Exit 17 off Hwy Sisters. Music by Stagecoach. Road, Margaretsville; presents Street, Greenwood. Mark Allan adult; \$2/ students, kids under 12 your copy from home. Come 101). Registration at 9:30 a.m. Ages 19-plus, all welcome.

Bridgetown & Area Library. Come inks do contain alcohol and have ton Legion. \$5 at the door. All Info: 902-825-6834. welcome 19 and over. Music by Breakfast 'Stagecoach' and all proceeds go March 18, 8 a.m. to 11 a.m., 45s, etc. Refreshments served, Hockey benefit rience at one of the many stations March 17, 2 p.m. to 4 p.m., the to Big Brother's/ Big Sister's - Bowl enjoy breakfast at the Aylesford freewill offering.

atre.ca or 902-825-6834.

teams, games and tournaments. Alcohol Inks and create beautiful, take home and watch grow! For March 18, 8 p.m. the Evergreen March 18, come out for entertain-Visit valleylacrosse.ca or email amazing pieces of art on ceramic families of all ages! Register at Theatre, 1941 Stronach Mountain ing evening at the Three Rivers March 20, 7 p.m., come play mixed Road, East Margaretsville; pres- Community Centre, 41 Messenger doubles darts at the Berwick Leents Dylan Menzie in concert. Cost Road, Torbrook Mines. Games gion. Draw for partner, round robin March 17, 10 a.m. to noon, Free, all materials supplied. The March 18, 9 p.m. to 1 a.m., Kings- \$25, tickets at evergreentheatre.ca. night is the third Saturday of each format. \$3 to play, cash prize to Crokinole, cribbage, dominoes, welcome.

United Church. Freewill offering. Cancer support group

Lvnda Pierce (902-765-3055).

Page 9

month (unless there is a holiday). winners and high score. Everyone

March 21, 6:30 p.m. to 8 p.m., the Central Kings Gators vs the RCMP Greenwood Living With Cancer C.K. grads raise funds for their

Lloyd Graham (902-765-6133) or prizes and an ongoing cookie jar.

March 12 - March 18

LIBRA - Sept 23/Oct 23 You may find yourself teetering Libra, newfound success earns

could mean a promotion to a corne office or even the opportunity to

E T G I L N A E L G D E B O R M N E C U temptation to wildly post or chat C A C J L M I E I A T P V P I P C T M K about personal information. You to fruition, Scorpio. Make changes W P Y H R D P H U H C R R O F G E P I E might regret it later on. Finances are your main priority this Sagittarius, there's no wiggle

R H E D I M T I A A T T K S E W I O A E CANCER-Jun 22/Jul 22

your toes and can adapt quickly

Take a deep breath and try to relax. Leo. You have been operating on Now is a good time to declutter your that vacation, pronto.

A promising collaboration may be on the horizon, Virgo. This could This week is ripe for love, Pisces. than you had anticipated

PISCES - Feb 19/Mar 20

prove interesting and also propel a A romantic connection may finally bloom or you may get news that someone is expecting a baby

horoscopes brought to you compliments of



TIM-BR



G S O K I S A D T S U I E O A G C R U M

WORDS

HOLIDAY

ISLAND

JIG

LEGEND

LEPRECHAUN

LIMERICK

LUCK

patrick's puzzle brought to you compliments of

Greenwood Mall

902-765-2415

MAGICAL

MARCH

MISCHIEF

MOUNTAINS

PARADE

PATRICK

PATRON

POTATOES

RAINBOW

RELIGIOUS

SAINT

SHAMROCK

SHILLELAGH

SNAKES

TRADITION

TELUS

COTNS

EMERALD

GAELIC

GOLD

GRFFN

HARP

HERITAGE

BAGPIPE

BLARNEY

BROGUE

CELEBRATE

CELTIC

CHRISTIANITY

CL0VER

ARIES - Mar 21/Apr 20 **EMERALD ISLE WORD SEARCH** between responsibilities to work, U N E E R G V F J U U P P I S N A K E S possible you will need to set aside C D R V L C M Y L J A G O D M I P G M R some time to play catch-up in the enjoy a new, more lucrative job I N S H I L L E L A G H O S L E Y O C E coming days. T O A V H G H H S H G S C R A A R S F G TAURUS-Apr 21/May 21 L R V G P B F H F B R A U E B I R I Y F Listen before you make A dream or a passion project

O H D O R I N S D H C I A A L L I L E E GEMINI - May 22/Jun 21 N K A G S C S Y G K H T I A I D Y A E H lot in savings or are floundering

reassess your financial situation.

G A V L H R C R N A N S O L T T L R N R Cancer, if things are stressful at away for some breathing room. V H C C O D O O E T G C T G F H G B L G Book a vacation so everyone can U U K L E A E K J Y N B E Y E N R A L B unwind and recharge.

L F V K H S K S N I A T N U O M N V P L LEO-Jul 23/Aug 23

overdrive for some time now and life. Aquarius, Start sorting through you're just about out of gas. Book your belongings, then move on to VIRGO - Aug 24/Sept 22

any emotional baggage you've beer



ANNAPOLIS ROYAL • 1-902-532-1500 www.frasers.ca

your cookie connection, contact Learn breathing and other tech- Cartooning with Mark Oakley

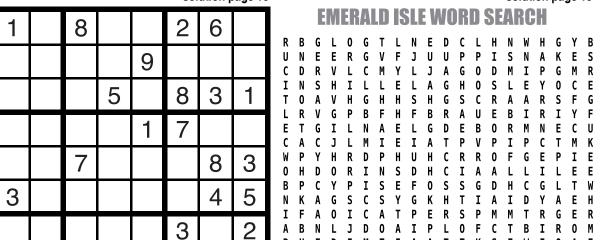
library. For information, phone **Scottish Country dance classes** while we make plans to improve 902-665-2758. the library at 902-765-1494 lo- March 13 for eight weeks, 7 p.m. our library. If you can spare some Chase the ace to 9 p.m.: all are welcome to join time, we can always use a hand March 17, 5 p.m., the Berwick Lein Scottish Country dance classes moving books and staffing book gion hosts Chase the Ace. Tickets

March 14, 7 p.m., the Berwick March 17, 7 p.m. to 8 p.m., the Legion hosts crib. Team play, \$10 Berwick and District Library's teen per player, includes high hand, 50/ book club is reading "Goliath," by

Everyone welcome.

the Berwick Legion. Round robin tion at the Berwick Apple Dome. format, \$3 to play. Cash prize to Join the club's ninth season of winner and an ongoing cookie jar. youth (ages five to 18) lacrosse programming, based out of Kingston and Berwick rinks. The season March 15, 10 a.m. to 11 a.m., will begin in mid-April, continuing

solution page 10



Here's How It Works: Sudoku puzzles are formatted as a 9x9

grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6

sudoku brought to you compliments of Get a BABY BOSS FREE Backpack Tag

Middleton - 902-825-5525 • Greenwood - 902-765-2267

3

8

KIDS' MEAL!

Sponsored by the Committee of March 20, 7 p.m., the Cana- Mounties in a charity hockey game March 18, 9 p.m. to 1 a.m., at the Stewards for church expenses. dian Cancer Society's Kingston/ at the Berwick Appledome to help

Dylan Menzie. With his unmistak- MD, a retired physician from CFB free. Featuring a bake sale, silent able and compelling vocal range, Greenwood and presently in clini- auction and live auction items, and with suggestions of what we 10km, 3B walk. For further info: March 18, 1 p.m. to 3 p.m., get a striking mix of familiar yet so- cal research, will speak on early giveaways, draws and surprises. your Chase the Ace tickets at Royal phisticated musical lines and adept detection and prevention of skin Crib Canadian Legion Branch 098 in guitar skills, PEI native Menzie is cancer. Cancer patients, family and March 21, 7 p.m., the Berwick March 18, 1:30 p.m. to 3:30 p.m., Kingston, three for \$5. Draw will quickly becoming one of Atlantic friends or anyone seeking informa- Legion hosts crib. Team play, \$10 March 17, 2:30 p.m. to 4 p.m., the Rosa M. Harvey Middleton & take place by 3:30 p.m. Must be Canada's prime musical exports. tion on cancer or caregiving sup- per player includes high hand, 50/ the Lawrencetown - Dr. Frank W. Area Library invites families to join 19 years of age to play, public Tickets \$25 at www.evergreenthe- port are welcome. For information: 50,1st, 2nd and 3rd place cash

patrick's puzzle horoscopes

you the recognition you deserve. It

SCORPIO - Oct 24/Nov 22 assumptions, Taurus. Resist any you have been working on for several months may finally come

gradually and success will follow

SAGITTARIUS - Nov 23/Dec 21 week, Gemini. Whether you have a room left for apprehension or ambivalence. Take action this week I F A O I C A T P E R S P M M T R G E R paycheck to paycheck, it is time to and it could be a turning point in your life. Seal the deal howeve

vou choose

CAPRICORN - Dec 22/Jan 20 home, it may be necessary to step Capricorn, the key to landing or your feet is to always expect the curveballs that will be thrown your way. This way you are always or

AQUARIUS - Jan 21/Feb 18



Corolla iN

classifieds

Classified advertisements, 35 words or less, are \$8 tax included. Ad- APARTMENT FOR RENT ditional words are 10 cents each, plus tax. Bold text \$9, tax included. Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 83A School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 8 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 9 \$, taxes incluses.

Les annoncées classées doivent être réservées et payées à l'avance avant 10 h, le jeudi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5699, visiter notre bureau au 83A, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroraproduction@ ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

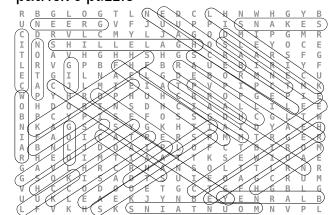
crossword solution sudoku solution



4 8 9 6 7 3 5 2

9 6 5 8 2 4 1 7

patrick's puzzle



business booster

Take advantage of a five-week presence in The Aurora Newspaper, including:

four black & white business card size ads

• one 6.625 wide by 3.25 inches tall size ad

> \$260 plus tax

Contact 902-765-1494 local 5833 or auroramarketing@ns.aliantzinc.ca

FOR RENT — Greenwood -Comfortable two bedroom apartment, in a four unit, all electric building. Utilities supplied. Tenant must be 55 years old +. Fridge, stove provided. Washer/ dryer hook-ups, lawn care and driveway plowed. \$600.00 per month. Please call 902-765-2042. (3810-2tp)

FOR RENT - Greenwood/ Middleton area - two bedroom unit with garage, four appliances, in floor heating, quite, non-smoking. Snow removal and lawn care included, transit route accessible. Available April 1. \$925 per month plus utilities. Please call 902-765-0412. (3809-ufn)

FOR RENT - Kingston - two bedroom, bright well insulated, basement apartment. Close to all amenities. DeCoste kitchen, laminate flooring throughout. Fridge and stove included. Washer



PROM & WEDDING DRESSES, TAILORIN MESS KITS, KILT MAKING & MORE! Call Dee @ 902.765.8082

Kingston Legion

Sunday, 1:30 p.m. Tuesday, 7:30 p.m. Regular Games - \$100

- 3 Specials 60/40
- Letter H 80/20
- Triple Jackpot R-W-B 1 Lucky 7 - Progressive
- 1 Bonanza Progressive
- Jackpot 3 Chances **Consolation \$300**
- Double Action Lic.# 115910-08

& dryer hook-up, large yard quiet neighbourhood. \$575.00 per month plus utilities. Available March 1, 2017. Call 902-765-4748. (3809-2tpb)

FOR RENT - Kingston Lincoln Shire Apartments. Two bedroom, two appliances. \$600 per month plus utilities. Available April 1. Call 902-840-0683. (3804-ufn)

FOR RENT - Available immediately, Victoria St. Middleton. Worry free retirement living at its' best. Two-bedroom apartment, 1100 sq ft living space. Kitchen has 5 appliances. Laminate floors. R2000+ construction, electric heat. Paved driveway. Snow & garbage removal, lawn care included. Very quiet area, 10 minute walk to all amenities. \$900.00 per month. Call Joan for further information 902-847-1365. (3742-ufn)

FOR RENT - Kingston - Spacious three bedroom apartment located at 778 Main Street Kingston. Fridge, stove, washer & dryer hoop-up, \$1.100/ month, utilities included. Available immediately.

Steve Lake's **Light Trucking**

Moving & Deliveries 16' Cube Van 902-844 0551

FUTURE GLASS and MIRROR LTD.

Sampson Dr. Greenwood 902-765-2105 VINDSHIELD SPECIALIST eplacements * chip repairs

ALSO: plateglass, vehicle accessories, window & screen repairs replacement thermo pan windows and more..

Insurance Claims are our Speciality Mention this ad for \$100 off your

Please call (902) 824-1112 or visit our website at www.parsonsinvestments.ca. (3804-

care included. \$1,175 per

month plus utilities. Call for

additional details 902-765-

6371, 902-847-1344 or 902-

SERVICE - C & R Gillis Con-

tracting Ltd. 339 Messenger

Road, Kingston. Home reno-

vations, roofing, siding, new

construction & fully insured.

Call Rick for free estimates.

902-844-0489. (3810-8tpb)

FOR SALE - 100 vinyl LP's all

Country Classics for \$200 for

all of them. Please call 902-

847-0240. (3810-1tp)

IN THE COMMUNITY

CHURCH SERVICE - "The Peo-

ples 25:40 Church" There will

be a church service held every

Sunday at the New Beginnings

Center 1151 Bridge Street

Greenwood provided by Pas-

tor Leon Langille. Pre service

music at 2:50 p.m. Service

3:00 p.m. Doors will open at

2:30 p.m. All are welcome.

CHURCH SERVICE - New Be-

ginnings Center invites you

to our church worship ser-

vices, 10:45 a.m. Sunday.

Bible Study Wednesday at 7:30

p.m. - Social time till 7:30 p.m.

Sharing from scriptures and

discussion after each session.

FOR SALE

M&M Firewood

\$240 a cord.

split and delivered.

One-year old,

seasoned hardwood

Milton: 902-825-8440

DAN'S FIREWOOD

Hardwood, \$240 a cord

Softwood, \$200 a cord

Cut, Split, Delivered

Ph: 902-825-6424

Valleywide In-Home Computer Repair

Offers a full range of services

in the comfort of your home

• Upgrades • Sales •

Networking • Tutoring

• Pickup/Return •

• Laptop Repair •

Eve-Weekend Appointments

• Drop-off in Aylesford •

For Fast, Economical,

Convenient Service

√ Call Valleywide ~

902-844-2299

(3533-ufn)

(3808-5tp)

765-2791. (3806-43tp)

SERVICE

FOR SALE

FOR RENT - Kingston - Kira Place, beautiful two-bedroom units, \$1,100/month, fridge/ stove/ dishwasher/ microwave/ washer/ dryer, garage, quiet, non smoking/ vaping units. Please call 902-824-1112 or visit our website at www.parsonsinvestments.ca. (3736-ufn)

FOR RENT - Lawrencetown -Room for rent, with private bathroom and kitchenette. \$750.00 per month, heat and lights included, except for internet. Very quiet area, close to C.O.G.S. and Bus Route, available immediately. Please call 902-825-7080 or 902-840-1724. (3809-2tpb)

FOR RENT - Very clean modern one, two & three-bedroom apartments. Middleton to Cambridge. Well managed properties. Seniors units available. References required. Call Ross at 902-840-0534. (3539-ufn)

FOR RENT - Whittington Heights, 55+ community living, spacious 1125 sq ft approx., two-bedroom unit with 1.5 baths, 5 appliances, attached single vehicle garage, 6' x 10' shed, snow and lawn

FIREWOOD

Clear Dry Hardwood Cut. Split and Delivered. Quality Guaranteed please phone T: 902-825-3361 C: 902-825-8156

PARKER & RICHTER

Chris Parker, Counsel, (Non-Practising Ronald D. Richter

(B.A. Hon.), L.L.B. Southgate Court, Greenwood N.S. Phone: 902-765-4992 Fax: **902-765-4120**

Serving the Western Valley Since 1977

David A. Proudfoot

Barrister * Solicitor * Notary

811 Central Avenue, PO Box 100 Greenwood, NS B0P 1N0

Email: dap@davidproudfoot.com Web: www.davidproudfoot.com





- Real Estate
- Wills / Estates
- Consultations / Referrals

the Aurora | 14 Wing Greenwood, NS

Museum moment

A major fixture of the Greenwood Military Aviation Museum's Commemorative Gardens is a life-size, bronze statue of a Second World War airman in flight gear, honouring the memory of the 17,000 of the 25,000 serving Canadian aircrew who did not return from the war-torn skies of Europe. The \$70,000 statue, by Peter Bustin (who also sculpted the sailor monument located next to Summit Place in Halifax) was commissioned by the Aircrew Memorial Association, a unit of the Western Nova Scotia Branch of the Aircrew Association of Canada. The project was spearheaded by the late Major (retired) C. J. Dunbar. The life-like statue overlooks the GMAM Air Park and is surrounded by a beautiful rose garden, pond and walkways lined with commemorative stones, donated by those who have served at Greenwood.

M. Uhlman, Greenwood Military Aviation Museum Society



Bookmobile schedule – March

Tuesday, March 14

Centreville Coldbrook (Plaza) 5:15 p.m. to 6:15 p.m. Annapolis County Family Resource Centre Wednesday, March 15

Wickwire Place Wolfville 1 p.m. to 1:45 p.m. Beehive Centre Aylesford Fundy Villa Berwick 2:30 p.m. to 3:15 p.m. Wednesday, March 22

Wilmot Family Matters

East Dalhousie 1:30 p.m. to 2:30 pm 3 p.m. to 4 p.m. Tuesday, March 28

9:30 a.m. to 10:30 a.m.

11 a.m. to 11:45 a.m.

Wednesday, March 29

Maitland Bridge 10:15 a.m. to 11:15 a.m. 9:30 a.m. to 10:30 am Cornwallis Park 1 p.m. to 2 p.m. 2:30 p.m. to 5 p.m.

11:15 a.m. to 12:15 pm Bear River Springfield

Greenwood getting set for Canada's 1-5-0!

Muriel West

of the Annapolis Valley, space, contact karl.west@ dren's activities, concession between historic Annapolis ns.sympatico.ca. Fifty ap- stands and birthday cake. Royal, the first capital of plicants will be accepted. Nova Scotia; and Grand Pre, home of the Acadians.

being Canada's 150th birthactivities for the entire day of the community over the hotmail.com. and spectacular fireworks at the end of the day.

One of the many features planned for the party is an outdoor market of local artisans, from 10 a.m. to 3 p.m. Stalls of approximately 12 feet by 12 feet will be available for crafters of all sorts to display and sell their unique and creative work. Crafters must supply their own tables and chairs, a shelter or canopy; there is no electricity on site. Can-

booths are welcome! For tainment, soccer matches, The Village of Greenwood information on the artisan an antique car show, a trivia sits almost in the middle market and renting your challenge, face painting, chil-

In addition to the artisans' is looking forward to seeing market, the day includes a the Village of Greenwood For many years, Green- community breakfast at the and its neighbours workwood has hosted Canada Day Kingston Legion, an early ing together to promote all celebrations but, this year morning Bike and Stride for that is good about our great participants of all ages, a his- country. Plan to attend with day, the village is partnering toric procession to acknowl- your friends and family - or, with neighbouring commu- edge the various segments better yet, volunteer! To find nities to host a milestone- of our society who have out more about getting inworthy event: record crowds, contributed to the building volved, contact hparker40@

ada 150-themed decorated past 150 years. live enter-

The planning committee

Discover Driving

Certified Driving Instruction Driver Education • Defensive Driving Seniors' Safety • Private Lessons — (902) 665-2831 *—*

DRIVER EDUCATION CLASSES Running March 13 to 16, Middleton

Ask about special discounts Call or email for details Accepting students 15 1/2 years and older

Visit our web page for more information · www.discoverdriving.com e-mail: discoverdriving@eastlink.ca · Serving the Annapolis Valley



Employment Opportunities at the Greenwood Military Family Resource Centre (GMFRC)

UPDATED - 4 positions

COORDINATOR of DEPLOYMENT SERVICES (Full-Time Position) **COORDINATOR of COMMUNITY ENGAGEMENT** (Full-Time Position) **COORDINATOR OF VOLUNTEER SERVICES** (Full-Time Position) PROGRAM ASSOCIATE (Maternity/Parental Full-Time Term Position)

The Greenwood MFRC has proudly served military and defence team families for the past 30 years with enthusiasm and dedication. We offer services and support to Canadian Armed Forces families through times of celebration, crises, emergencies, and during operational duty requirements. We work in a fastpaced, rewarding environment. If you are interested in shaping GMFRC programming to reflect the uniqueness of the military family lifestyle in our community, consider joining our team!

• 37.5 hours per week (some evening & weekend hours are required. Flexibility is a must.)

For information on qualifications and skills set sought for each position, please visit our rebsite at www.cafconnection.ca/greenwood OR at facebook.com/gmfrc

Successful candidates must be prepared to commence employment by 1 May 2017, complete a Child Abuse Registry Check, Criminal Record Check, and Enhanced Reliability Check. Eligible candidates should submit a cover letter and resumé clearly outlining their ability to fulfill all position requirements, on or before 4pm on 17 March 2017 to:

Margaret Reid, Executive Director

Email: home@greenwoodmfrc.ca - subject line: resumé (MS Word or PDF format) Mail: Greenwood Military Family Resource Centre PO Box 582, Greenwood, NS, B0P 1N0 Fax: (902) 765-1747

Please note: Only candidates selected for further consideration will be contacted. The Greenwood MFRC is committed to employment equity. Please visit cafconnection.ca to learn more about the Greenwood MFRC



Possibilités d'emploi au

Centre de ressources pour les familles militaires de Greenwood (CRFMG) MIS À JOUR – Quatre (4) postes

COORDONNATEUR/COORDONNATRICE des SERVICES D'AIDE AU **DÉPLOIEMENT** (poste à temps plein

COORDONNATEUR/COORDONNATRICE de l'ENGAGEMENT COMMUNAUTAIRE

(poste à temps plein) COORDONNATEUR/COORDONNATRICE des SERVICES DE BÉNÉVOLAT (poste à temps plein)

ADJOINT/ADJOINTE de PROGRAMMES (poste à temps plein d'une durée déterminée en remplacement d'un congé de maternité/congé parental)

Depuis plus de 30 ans, le CRFMG de Greenwood offre des services avec fierté, enthousiasme et dévouement aux familles de militaires et de l'équipe de la défense. Nous offrons aux familles militaires des services et une aide relative aux exigences des fonctions opérationnelles et pendant des célébrations des situations de crise et des urgences. Nous travaillons dans un environnement enrichissant où les activités se déroulent à un rythme rapide. Si vous désirez contribuer à élaborer les programmes du CRFMG afin qu'ils reflètent le caractère unique du mode de vie des familles militaires au sein de notre collectivité, envisagez de vous joindre à notre équipe!

37.5 heures par semaine (le ou la titulaire est appelé à travailler le soir et la fin de semaine à l'occasion; il ou elle doit donc faire preuve de souplesse.)

Pour en savoir plus sur les qualités et les compétences requises pour chaque poste, consultez notre site Web à www.connexionfac.ca/greenwood OU visitez notre page facebook.com/gmfrc.

Les candidats retenus doivent être prêts à entrer en fonctions d'ici le 1er mai 2017, et passer les vérifications suivantes : registre des cas d'enfants maltraités, casier judiciaire et fiabilité approfondie. Les candidats admissibles doivent envoyer un curriculum vitæ et une lettre de présentation indiquant clairement en quoi ils satisfont à toutes les exigences du poste au plus tard à **16 h le 17 mars 2017** à :

Margaret Reid, directrice exécutive

Courriel: home@greenwoodmfrc.ca - ligne sujet: curriculum vitae (format MS Word ou PDF) Adresse postale : Centre de ressources pour les familles militaires de Greenwood C. P. 582, Greenwood (Nouvelle-Écosse) B0P 1N0 Télécopieur: 902-765-1747

Veuillez prendre note que nous communiquerons uniquement avec les candidats retenus pour l'étape suivante du processus de sélection. Le CREM de Greenwood souscrit au principe d'équité en matière d'emploi. Visitez le site <u>cafconnection.ca</u> pour en apprendre davantage sur le CRFM de Greenwood.







































