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Keeping Santa fit for the job

Sara Keddy,
Managing editor

Being fit for the job is something Santa Claus takes seriously.

Santa fully understands the fitness requirements personnel in the Canadian Armed Forces must meet to hold their defence and life-saving jobs. The common tasks of agility, lifting, carrying and dragging heavy loads CAF members must regularly test mirror Santa's (albeit once a year) need to fling a sack on his back, spring from a sleigh and bound across rooftops and rise, with just a touch of



14 Wing Greenwood's physical exercise specialist Josh Leddicote and Santa Claus get in a little workout December 15. Leddicote helps Santa through a regular regimen of exercise to ensure Santa's nimbleness, strength and endurance are ready for the demands of Christmas Eve.

S. Keddy

his nose, up chimney after chimney.

That's where 14 Wing Greenwood's Josh Leddicote comes in. The physical exercise specialist with the wing's Personnel Support Program offers reconditioning programs for a number of 14 Wing personnel as they return to work from injury or functional limitations. While Santa has to be fit, challenging the CAF's FORCE test is clearly not part of the specialized exercise regimen he needs. Leddicote says elements of the test – the

loaded shuttle, the sand bags and the drag – can make up part of Santa's warm-up, but it's not finely tuned to the jolly old elf's age, condition and ability.

"Does Santa suck his stomach in, or does he have to maintain that bowlful of jelly?" Leddicote says. "He has to slide down small holes. All those angles on rooftops – that's like a stair climber, but it's so hard on his ankles and legs. And Santa always has a bad back."

Santa makes regular seasonal visits this time of year

to the Greenwood Mall, and takes advantage of the 14 Wing fitness centre's handiness to get in some extra time at the gym. It gives him the opportunity to work with a variety of equipment, check in personally with CAF personnel and have Leddicote coach him in last-minute areas he needs to have at the ready for Christmas Eve.

That means Leddicote has to push Santa to work hard, overcoming 364 days of sedentary living – along with too many cookies and milk.

"I love working with Santa. I love Santa! But, he does know 'no pain, no gain.' And I know, if I treat him well, he treats me well," Leddicote says. Low impact exercise, including mountain climbers, burpees and time on the treadmill; all make up Santa's workout, and Leddicote does what he can to "make fitness fun."

"He has to build up and keep his functional movement to squat and move heavy presents. He has to carry lots of packages around – and that sack!"

Op Impact morale 'through the roof'

Sara Keddy,
Managing editor

Morale is "through the roof," says 14 Wing Greenwood Wing Chief Warrant Officer Luc Emond, following a pre-Christmas visit by Royal Canadian Air Force command teams to troops deployed on Operation Impact.

Leadership from 14 Wing, 1 Wing, 2 Wing, 8 Wing and 1 Canadian Air Division travelled overseas to spend a couple of days with support, ground and air crews working with the international coalition to defeat Daesh in Iraq.

Emond says, what stood out for him, was what was... up.

"We're in a cement hangar, very solid. We walk in and our guys are painting a crest on the hangar ceiling," Emond says. "On the ceiling!"

Apparently, personnel on Roto 4 held a recent crest design contest. The winning art – a crest with a scorpion, a beaver, a wrench and "Roto 4" – is being replicated overhead.

"They figured it would last longer, because it would be so hard to get up there and

Continued on page 2...

Op Impact ...

...cover

paint over it. That's great thinking!"

Two members have taken the lead on painting the crest, using mobile platform ladders to reach the heights and add to the approximately seven-foot by five-foot design. While ground crews are busy when aircraft are on the hangar floor, doing maintenance and readying for the next mission, there is "down time" when aircraft head out for six hour flights.

Emond also noticed a chin up bar, set up in a doorway on the way to hangar offices. A chin-up throwdown – while wearing a 20-pound flak jacket - is a common occurrence and, as RCAF leadership visited, four members



What Operation Impact Roto 4 members will leave behind, being painted now on the ceiling of the hangar 14 Wing Greenwood's Aurora aircraft are calling home while deployed.

Submitted

of the command team party put themselves to the test. The winning chin-upper put in 22 lifts.

"Morale was very high. We toured the whole camp, we (him and 14 Wing Commander Colonel Pat Thau-berger) spent an afternoon

with our Greenwood folks, we had a camp-wide town hall and then the chance to have a town hall with just our people. We had a special supper with some very deserving folks from our sections."

Emond reports, operation-

pulling their weight, with close to a 96 per cent ability to meet their mission day-to-day.

"The only concern we heard was people not being able to be home with their families over the next couple of weeks," Emond said. "The administration staff was decorating their tent, and the Christmas parcels arrived in camp the day before we did, so I saw them all piled up ready for Christmas Day and dinner, and I know, with Skype and Facetime, our folks are doing pretty well keeping in touch with home."

A few members of Roto 4 were heading home within days of the RCAF command team visit, but 14 Wing has a good portion of its current 105 deployed members away from Greenwood with Operation Impact duties.

laris aerial refueller, delivering some 36,300,000 pounds of fuel to coalition aircraft; and 657 reconnaissance missions by the CP140 Aurora aircraft.

36 CBG starts trial fast-track for recruitment

December 1, 36 Canadian Brigade Group (36 CBG) commenced an evaluation of the Primary Reserve Expedited Enrollment Trial (PREET) for selected Army Reserve units in Nova Scotia, Prince Edward Island and Western Newfoundland.

The PREET evaluation will run from December 1 to March 31 and will use a modified process that aims to have applicants to the Army Reserve enrolled after two scheduled visits to the unit they seek to join. Once an applicant becomes a recruit, the remaining processing steps will take place concurrent with the initial recruit training.

The trial will include the West Nova Scotia Regiment (Windsor, Kentville, Middleton, Bridgewater) and 36 Service Battalion (Halifax,

Kentville, Sydney).

"36 Canadian Brigade Group takes the responsibility of spearheading the pilot project to streamline the Canadian Armed Forces' recruiting process very seriously," says Colonel S.G. Hale, commander, 36 Canadian Brigade Group. "The Primary Reserve Expedited Enrollment Trial will create opportunities for Atlantic Canadians interested in serving their country as a part-time member of the team in a timely and efficient manner."

"The units under my command, and our recruiting teams, are ready to implement and evaluate this initiative and provide the necessary feedback to inform improvements in the CAF Reserve recruiting process."

Caught ya! MPs give back at roadside checks

**Sara Keddy,
Managing editor**

You're going to wish you were stopped by 14 Wing Greenwood's Military Police personnel last week.

The policing force used its legal right to stop 14 Wing traffic December 12 through 16 in "Operation MPs Give Back." While personnel could demand your insurance and license documents, or search your vehicle on Department of National Defence property, MPs were, instead, using the opportunity to share a few important messages.

"Merry Christmas," Corporal Tammy Martin says, was the most important mes-

sage, as MPs presented those stopped with a token Tim Horton's gift card.

"What!?" was the most common reaction during the campaign in 2015, the MPs' first year conducting the operation.

"No one likes us, for the most part," Martin says, "but we're not that bad! We are there in bad times, yes, and rules and regulations have to be followed to a T, but we're always approachable, we're sympathetic and people we work with and help at those times are thankful for a professional service. We have to be firm sometimes, but we have to be there."

MPs are also busy dur-

ing the holiday season and through the winter, reinforcing safe driving messages – that includes not drinking and driving, speeding and paying attention to weather conditions.

"We're here for you, for your children and for a safer community," Martin says. "We always want everyone to get home safely."

And, finally, the coffee cards are a small way for a small 14 Wing section to thank fellow Canadian Armed Forces personnel and civilian support staff for all they do.

"We're part of the team here at 14 Wing, even though we're small and lower profile, and these cards are a great way for us to be able to give back."



14 Wing Greenwood Military Police teamed up with Greenwood's Tim Horton's to "catch" base personnel with gift cards December 12 to 16, a seasonal message promoting safe driving, camaraderie and thanks for service. Corporal Tammy Martin and Corporal Cameron LePage are shown here with Tim Horton's staff.

S. Keddy

In 2015, the MPs passed out a dozen "caught ya" coffee cards; this year, with the

support of the Greenwood Tim Horton's team, they had 50 small gift cards available.

Martin says they were hoping to stop 50 personnel between the MPS' day and night shifts.

Robbie Burns celebrations returns January 28

The 14 Wing Greenwood Robbie Burns event committee is busy putting the final touches on the fifth annual tribute evening to the Bard of Ayrshire, Rabbie Burns, a man considered to be the national poet of Scotland. The January 28 celebration of the humble man who made a significant contribution to Scottish culture will feature great food, fellowship, music, dancing and a chance to sample some fine single malt scotches.

The Burns dinner and ceilidh is an all-ranks, semi-formal event which welcomes all members of Greenwood. New this year is the option to attend the dinner and ceilidh, or arrive a little later and attend just the ceilidh.

The main dinner will include a few select traditions of the

Burns dinners, including Tam O'Shanter, the Toast to the Lads and Lassies, Address to the Haggis and the Immortal Memory; as well as a preview of the ceilidh entertainment. New this year, the pipe major's challenge: an opportunity to prove your Scottish blood with a set of bagpipes.

Entertainers will play a very prominent role throughout the evening, as Greenwood once again hosts some of Atlantic Canada's premier groups, including the Queensland Dancers, a Highland dance troupe from Halifax featuring some of the top dancers in Atlantic Canada and North America. They'll be performing, as well as taking the lead later in the evening during the ceilidh, when it's time to kick up the tempo and start into the social

dances.

Also making a return is the Burns Night Ceilidh Band, featuring dynamic and award-winning sisters Cassie and Maggie MacDonald, along with vocalist Mary-Beth McCarty, percussionist Ian McMillan and featured guests. New this year is a group originating from the Gaelic college, Nuallan, an energetic set of pipers, fiddle, piano, guitar and step dancing that will get your ceilidh spirit engaged. The quality of entertainment this year is the best ever.

Back due to popular demand are the MacIsaac Kilt-makers from St. Peter's Cape Breton and, new this year, L&M Highland Outfitters from Dartmouth. Sort out your Highland finery for the 2018 Burns dinner.

and ceilidh, with Highland attire encouraged. Wear comfortable footwear to enjoy the dancing. Dust off your kilt and danc-

ing shoes, as Burns 2017 promises to be the best yet! Táimid ag tráth le tú a fheiceáil ann. Slainte!

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Managing Editor | Directrice de rédaction
Sara Keddy • 902-765-1494 local/poste 5441
auroraeditor@ns.aliantzinc.ca

Advertising Contractor | Publicité entrepreneur
Christianne Robichaud • 902-765-1494 local/poste 5833
auroramarketing@ns.aliantzinc.ca

Graphic Designer | Graphiste
Brian Graves • 902-765-1494 local/poste 5699
auroraproduction@ns.aliantzinc.ca

Administrative Clerk | Commis à l'administration
Dejah Roulston-Wilde • 902-765-1494 local/poste 5440
auroranews@ns.aliantzinc.ca

Editorial Advisor | Conseiller à la rédaction
Captain Matt Zalot • 902-765-1494 local/poste 5101
matt.zalot@forces.gc.ca

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14 Wing Chapel Christmas Services

St. Mark's Protestant Chapel

Saturday 24 December • 6:30 p.m. Family Christmas Eve Service
Saturday 24 December • 10 p.m. Christmas Eve Communion Service
Sunday 25 December • 10:30 a.m. Christmas Day
Sunday 1 January • 10:30 a.m. New Year's Day



Queen of Heaven Roman Catholic Chapel

Saturday 24 December • 6 p.m. Christmas Eve family Mass
Saturday 24 December • 11:59 p.m. Midnight Mass
Sunday 1 January • 11 a.m. New Year's Day Mass

During silent hours over the holidays, the duty chaplain will be on call 24/7 and may be reached through Wing Operations at 902-765-1494 local 5457.



Celine Smith assists as Alexia tries her hand at cookie decorating.



Nathaniel Gillard, a technician at 14 Wing, used his at-work skills to assist his son, Matthew, with a Christmas craft.



Sandy Greenberg of Razzmatazz for Kids warms up for the afternoon's musical entertainment.



Alexandria Braniff was on elf duty, passing out stockings full of treats.



Christmas all-out

14 Wing Greenwood families celebrated Christmas December 4, with a huge party, treats, wagon rides, music and – of course – time with Santa Claus. The Annapolis Mess, Military Family Resource Centre and Community Recreation all partnered to host the annual Christmas on the Wing event. Santa and Wing Commander Colonel Pat Thauberger lit up the base's Christmas tree to end the afternoon's festivities.

S. Keddy

Lyron Stevenson, with his mom, Amber; check in with Santa.

Kaiden Eldridge arms up for a snowball-throwing challenge.

All decked out

The 14 Wing Greenwood community put the finishing touches on its annual Combined Charities campaign November 26, hosting its annual Festival of Trees event. Wing sections and community organizations and businesses decorated trees with all things Christmas and hosted a day of raffles and auctions as part of the four-month charity drive. The event raised \$5,381, which will be added to personnel donations and the fall Megapotluck event, and then shared between over 100 regional school youth, sport, animal welfare, healthcare and other charitable initiatives.



Corporal Dom Beauregard-Douaire and his family view one of the decorated trees available for auction.

Corporal C. Roche, 404 Squadron, Courseware Development



Members of 141 Construction Engineering Flight, Real Property and the Wing Logistics Engineering Orderly Room teamed up to not only decorate a tool-trimmed tree, but built one for their table-top entry! Petty Officer 2nd Class Pam Rossignol and Donna Giesbrecht were tasked with the decorating.

S. Keddy



14 Wing Greenwood Commander Colonel Patrick Thauberger and Scotiabank Greenwood manager Lisha Dodsworth stand with the winning 14 Wing Greenwood decorated tree, the "Minecraft" entry prepared by 404 Squadron.

Corporal C. Roche, 404 Squadron, Courseware Development

Hercules all new, improved

Navigation, communication, maintenance capabilities all pass final upgrade

The Royal Canadian Air Force (RCAF) has marked the completion of a major upgrade of all 17 CC130J Hercules aircraft, keeping Canada's CC130J Hercules at the forefront of airlift operations. The 17th and last upgraded Hercules was received October 13.

The modifications include significant improvements to navigation, communication and maintenance capabilities. The Hercules model J can now fly more efficiently amongst large commercial aircraft in heavily congested and controlled airspace and perform much more fuel-efficient long-range flights. It can now also conduct approaches in poor visibility and receive critical mission information from allied ground, air and naval partners via a high-speed, encrypted link.

The successful completion of the upgrades was possible thanks to the close collaboration between the Department of National Defence, Lockheed Martin and Canadian company Cas-

cade Aerospace. With these modifications, the RCAF can continue to count on the CC130J Hercules to provide exemplary support to operations, such as defending Canada's sovereignty in the Arctic or helping communities facing natural disasters.

About 100 Canadian employees were involved in delivering the most recent upgrade modifications on the CC130J Hercules: from shippers, receivers and warehouseers; to technicians, engineers, project managers, suppliers and their staffs.

"The procurement of the CC130J is an ongoing success story," said Colonel Bruce Cooke, project manager of the CC130J procurement. "Not only were the first two aircraft delivered significantly ahead of schedule and the remaining 15 on time, but, thanks to the professionalism of Lockheed Martin and Cascade Aerospace, the latest upgrade has been implemented in an equally timely fashion."



Aircraft CC130608 was accepted by the Royal Canadian Air Force on October 13, 2016, marking the end of an important upgrade to the CC-130J Hercules fleet.

Quick facts

- The CC130J Hercules is the workhorse of the RCAF's transport fleet and has been in service since 2010.
- Based in 8 Wing Trenton, the CC130J is used to transport troops and equipment, for airlifts in operations, to train aircrew, and more.
- The upgrade program started in November 2013.
- Cascade Aerospace is located in Abbotsford, and is an operating unit of IMP Aerospace & Defence, a

headquartered in Halifax. The November 2013 contract with Lockheed Martin was valued at US\$110 million. Upgrades were completed within budget.

413 Squadron rescues endangered creature

"It was a dangerous mission, but it had to be done," explained Captain Jonathan Bregman, as he describes the recent rescue of a tiger from 424 (Transport and Rescue) Squadron in Trenton.

It was a cloudy Saturday evening in the small town, as a skeleton crew from 413 (Transport and Rescue) Squadron arrived to retrieve an aircraft and bring it back to 14 Wing Greenwood.

"We were flight planning inside 424's building when we noticed they had cruelly caged a majestic beast," continued Bregman. His copilot, Lieutenant-Commander Roland Orr, an exchange pilot from the United States Coast Guard, added: "You know, as a freedom-loving American,

I couldn't bear to watch this magnificent creature spend its entire day within such a confined space."

It was decided the tiger had to be rescued and, with their navigator acting as a lookout, Orr proceeded to remove the tiger from its smelly imprisonment.

"They had it caged up with all these ugly helicopter toys and even the skin of another tiger - they are monsters!" exclaimed Orr. They managed to get the tiger out of its cage, but a new challenge awaited the heroes: how to sneak the tiger past the aircraft technicians to the exit door on the floor below?

"I came up with a plan to engage them in lively conversation to distract them,"

explained Bregman. "I asked them what they planned to do on their day off."

What followed was a fiery 20-minute rant from the technicians, filled with expressive and explosive language.

"I didn't expect that type of a response," Bregman admitted, "but it worked. They were blinded with rage, and the tiger was snuck past them and put safely on the aircraft bound for Greenwood."

During the flight, the tiger showed signs of ill treatment and malnourishment as it was quite dirty – and even resorted to drinking water out of the onboard toilet. However, once safely on the ground in Greenwood, it showed signs of improvement and appeared quite lively.

"It's the fresh, clean, Atlantic air," Bregman said. "Trenton is often overwhelmed with extreme levels of smugness that drift in from Toronto. It makes everyone gag in disgust."

The commanding officer of 413 Squadron, Lieutenant-Colonel James Marshall, expressed pride in the efforts of his members.

"I'll consider returning the tiger to 424 Squadron if they promise they will take care of it properly and improve its living conditions."

Marshall also noted such splendid animals as a tiger should not have toy helicopters in its enclosure, but live instead with other majestic creatures, such as cormorants or buffalos.



A malnourished and dehydrated 424 (Transport and Rescue) Squadron tiger drinks from the onboard toilet.

Submitted

bravo zulu | promotions & presentations

14 Wing Imaging unless otherwise indicated.



Personnel Administration Officer Major David Durand, left, and Wing Administration Chief Warrant Officer Denis Flamand right, December 1 promoted Sergeant Andrew Elliott to the rank of warrant officer at 14 Wing Greenwood headquarters.

Corporal D. Salisbury, 14 Wing Imaging



Personnel Administration Officer Major David Durand, left, and Wing Administration Chief Warrant Officer Denis Flamand right, December 1 promoted Master Corporal Tyler Feindel to the rank of sergeant at 14 Wing Greenwood headquarters.

Corporal D. Salisbury, 14 Wing Imaging



Personnel Administration Officer Major David Durand, left, and Wing Administration Chief Warrant Officer Denis Flamand right, December 1 promoted Sergeant James Adams to the rank of warrant officer at 14 Wing Greenwood headquarters.

Corporal D. Salisbury, 14 Wing Imaging



Personnel Administration Officer Major David Durand, left, and Wing Administration Chief Warrant Officer Denis Flamand right, December 1 promoted Master Corporal Bradley Beaudoin to the rank of sergeant at 14 Wing Greenwood headquarters.

Corporal D. Salisbury, 14 Wing Imaging



Personnel Administration Officer Major David Durand, left, and Wing Administration Chief Warrant Officer Denis Flamand right, December 1 promoted Master Corporal Christopher Morris the rank of sergeant at 14 Wing Greenwood headquarters.

Corporal D. Salisbury, 14 Wing Imaging



December 5, Gary Keir, centre, was promoted to sergeant by 413 (Transport and Rescue) Squadron Commanding Officer Lieutenant-Colonel James Marshall, left, and Squadron Chief Warrant Officer Claude Faucher. Keir is a loadmaster on the CC130 Hercules.

Corporal J. Kennedy, 413 Squadron Imaging

flyer delivery

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December 7, 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, presented Corporal Richard Russell, centre, a Commanding Officer's Commendation; with Squadron Chief Warrant Officer Craig Chislett in attendance. Russell has distinguished himself as an integral member of 2 Crew through his dedication and leadership; he is a very competent AWS technician who is driven by mission success. Russell professionally liaises with external agencies to identify and resolve load issues, and quickly resolves paperwork discrepancies and returns aircraft to service without delay.

Sergeant M. Carreira, 405 Squadron IT



December 5, Corporal Brian Smith received the Directorate of Flight Safety Flight Safety coin from 413 (Transport and Rescue) Squadron Commanding Officer Lieutenant-Colonel James Marshall, left, and Squadron Chief Warrant Officer Claude Faucher. The presentation was made during the squadron's morning brief.

Corporal J. Kennedy, 413 Squadron Imaging



December 2, Lieutenant-Colonel Marie-Claude Osmond (second from left), commanding officer of 405 (Long Range Patrol) Squadron; presented Corporal Chris Cashen (centre) with an Air Task Force Iraq Commander's Commendation for his dedicated work during his Operation Impact deployment. With them are 404 (Long Range Patrol and Training) Squadron Commanding Officer Lieutenant-Colonel Bruno Baker (left), 405 Squadron Chief Warrant Officer Craig Chislett (second from right) and 404 Squadron CWO Conrad Wilson.

Corporal C. Roche, 404 Squadron, Courseware Development



December 7, 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, presented Sergeant Mark Ejdrygiewicz, centre, the General Campaign Star – Expedition; with Squadron Chief Warrant Officer Craig Chislett in attendance.

Sergeant M. Carreira, 405 Squadron IT



December 7, 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, presented Corporal Justin Jaquet, centre, the General Campaign Star – Expedition; with Squadron Chief Warrant Officer Craig Chislett in attendance.

Sergeant M. Carreira, 405 Squadron IT



December 7, 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, presented Corporal Michael Morris, centre, the General Campaign Star – Expedition; with Squadron Chief Warrant Officer Craig Chislett in attendance.

Sergeant M. Carreira, 405 Squadron IT



December 7, 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Marie-Claude Osmond, left, presented Captain Robert Scholte, centre, the Canadian Forces Decoration - Second Clasp and the General Campaign Star – Expedition; with Squadron Chief Warrant Officer Craig Chislett in attendance.

Sergeant M. Carreira, 405 Squadron IT

December 5, Shane Blandin, centre, was promoted to sergeant by 413 (Transport and Rescue) Squadron Commanding Officer Lieutenant-Colonel James Marshall, left, and Squadron Chief Warrant Officer Claude Faucher. Blandin is a loadmaster on the CC130 Hercules at 413 Squadron.

Corporal J. Kennedy, 413 Squadron Imaging

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		BINGO 7:30		CRIB 7:00	Find us on facebook	Chase the Ace!							
						DANCE: Broken Circuit							
BINGO 1:30	8 EUCHRE	9 Chair Yoga	10 BINGO 7:30	11 Chair Yoga	12 K.A.S.A.	13 Meat Draw 2:30							
						Chase the Ace!							
BINGO 1:30	15 EUCHRE	16 Chair Yoga	17 BINGO 7:30	18 Chair Yoga	19 TGIF Fish 'n' Chips	20 Meat Draw 2:30							
None MTG Br. 069 - 2 p.m. Berwick	EXEC. MTG. 7:00 p.m.					Chase the Ace!							
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BINGO 1:30	22 GEN. MTG. 7:00 p.m.	23 Chair Yoga	24 BINGO 7:30	25 Chair Yoga	26 K.A.S.A.	27 Meat Draw 2:30							
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Switching settings

During the 192 Construction Engineering Flight Christmas dinner December 8 in Aldergrove, British Columbia, the traditional switching of ranks took place. 14 Construction Engineering Squadron Commanding Officer Major Craig Bradshaw traded with Aviator Dohee Lim (EGS technician), in the lefthand photo; while Squadron Master Warrant Officer Mike Welsh switched with Master Corporal Dennis Steel (construction technician).

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron



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Holiday hours at 14 Wing Greenwood facilities

The Aurora Newspaper
December 20 through January 2 closed
There will be no issue published either December 26 or January 2.

14 Wing Greenwood Community Centre
December 26, 27, 28, 29, 30 closed
January 2 closed
January 3 normal hours resume
Please note the community centre office is closed between noon and 1 p.m. December 16 and January 3.

Youth Centre
December 23 8 a.m. to 5:30 p.m.
December 24 to December 31 closed
January 1 and 2 closed
January 3 Normal hours resume
For more information on youth programs, call 902-765-8165.

14 Wing Bowling Centre
December 24 to 27 closed
December 28, 29, 30 1 p.m. to 6 p.m.
December 31 closed
January 1, 2 closed
January 3 normal hours resume
For more information on bowling, call 902-765-1494 local 5361.

14 Wing Greenwood Library
December 25 to January 2 closed
January 3 normal hours resume
For more information on the library, call 902-765-1494 local 5430.

14 Wing Greenwood Fitness & Sports Centre
December 14 Last early morning military swim
December 15 Last spin and noon hour fitness classes
December 16 Last aquacise, parent and tot swim
December 16 Gym 6 a.m. to 8 p.m.
. military/ adult lane swim noon to 1 p.m.
December 19, 20, 21 Gym 7 a.m. to 9 p.m., military/
. adult lane swim noon to 1 p.m.
December 22, 23 Gym 7 a.m. to 9 p.m.
. military/ adult lane swim noon to 1 p.m.
. casual swim 1:15 p.m. to 3:15 p.m.
December 24 Gym 8:30 a.m. to 1 p.m.
December 25, 26 closed
December 27, 28, 29 Gym 8 a.m. to 9 p.m.
. military/ adult lane swim noon to 1 p.m.
. casual swim 1:15 p.m. to 3:15 p.m.
December 30 Gym 8 a.m. to 8 p.m.
. military/ adult lane swim noon to 1 p.m.
. casual swim 1:15 p.m. to 3:15 p.m.

December 31 Gym 8:30 a.m. to 1 p.m.
January 1 closed
January 2 Gym 7 a.m. to 9 p.m.
. military/ adult lane swim noon to 1 p.m.
. casual swim 1:15 p.m. to 3:15 p.m.
January 3 Normal schedule resumes
January 4 Return to aquasize, parent and tot swim
January 6 Return of spin and noon hour fitness classes
January 9 Return to early morning military swim

Greenwood Gardens Arena
December 19 11:30 a.m. to 12:30 p.m. shinny
December 20 9 a.m. to 10 a.m. parents and tots
. 1 p.m. to 2 p.m. shinny
. 2:15 p.m. to 3:15 p.m. public skate
December 21 11:30 a.m. to 12:30 p.m. shinny
. 2:15 p.m. to 3:15 p.m. public skate
December 22 9 a.m. to 10 a.m. parents and tots
. 1 p.m. to 2 p.m. shinny
. 2:15 p.m. to 3:15 p.m. public skate
December 23 11:30 a.m. to 12:30 p.m. shinny
. 4:30 p.m. to 5:30 p.m. public skate
December 24 1 p.m. to 2 p.m. public skate
December 25, 26 Closed
December 27 9 a.m. to 10 a.m. parents and tots
. 1 p.m. to 2 p.m. shinny
. 2:15 p.m. to 3:15 p.m. public skate
December 28 11:30 a.m. to 12:45 p.m. shinny
. 2:15 p.m. to 3:15 p.m. public skate
December 29 9 a.m. to 10 a.m. parents and tots
. 1 p.m. to 2 p.m. shinny
. 2:15 p.m. to 3:15 p.m. public skate
December 30 11:30 a.m. to 12:45 p.m. shinny
. 4:30 p.m. to 5:30 p.m. public skate
December 31, January 1 Closed

Health Promotion
Closed from December 21 to January 2, reopening January 3

1 DU DET Greenwood
The following are the hours of operation for the Wing Dental Clinic: all dates not listed are regular clinic hours.
December 7 Clinic closed 8:30 a.m. to 3:30 p.m.
. (recall of duty staff possible in case of emergency)
December 23 to January 2 Clinic closed
. (recall of duty staff possible in case of emergency)
Dental emergencies while on leave outside of the local area: follow instructions on your CF100. Without prior approval, you may be responsible for any financial payments to the civilian dental clinic.



Breakfast together

Military Family Resource Centre staff put their aprons on December 13, ready for their annual Christmas breakfast. In two settings, the crew welcomed families, volunteers, community supporters and members of 14 Wing Greenwood for a full breakfast meal.

S. Keddy

Christmas Greetings
*From my family and office staff to
The Aurora Newspaper readers and
their families; to the Military Personnel
who are deployed overseas from
14 Wing Greenwood -- we are thinking
of you and your loved ones.
Many blessings in the New Year.*

Leo Glavine, MLA Kings West
leoglavinemla@kingswest.ca
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PO Box 250
Kingston, NS
B0P 1R0
Tel: 902-765-4083
Fax: 902-765-4176





*Wishing you a
Merry Christmas
& Joyous New Year*
VILLAGE OF GREENWOOD



The village office will be closed at noon on
December 23 and will reopen on January 3.

*Warm thoughts
and best wishes for a
wonderful holiday
and a very
Happy New Year*



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we find ourselves reflecting on
the past year and on those who have
helped us shape our business.
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and look forward to working with
you in the year to come.*


*We wish you a
Happy Holiday Season
and a New Year filled with
Peace and Prosperity.*

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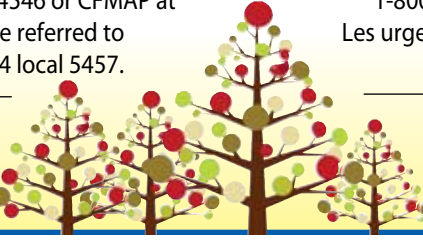


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*We look forward to serving you
and your family in the New Year!
Merry Christmas!*



*Nous avons hâte de vous servir à
nouveau, vous et votre famille, dans
la nouvelle année! Joyeux Noël!*

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and Happy Holidays



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In the spirit of the season a special thank you
to our military members both home and abroad for
all that you do. Have a Merry Christmas everyone
and a safe and prosperous new year.



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14 Wing Greenwood's Junior Ranks were hosted for the annual Aviators' Christmas Dinner, held December 14. Acting Wing Commander Lieutenant-Colonel Jeff Davis, left, appointed Aviator Emily Doyle, second from left, honorary wing commander in the tradition of promoting the youngest Junior Ranks member. Acting 14 Wing Chief Warrant Officer Craig Chislett, second from right, appointed Master Corporal Sharon Miller, the most senior Junior Ranks member on the wing, honorary WCWO. At right is the Annapolis Mess' Corporal Bernard McIntosh.


Sergeant S. Howell, 14 Wing Imaging

Greenwood Military Aviation Museum



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Memories of Christmas

Happy holidays from 1 Canadian Air Division/ Canadian NORAD Region

Major-General Christian Drouin & Chief Warrant Officer Mike Scarcella

One of the best things about this time of year is it gives us an opportunity to connect with all of you as we reflect over the past year and all we have accomplished as a team.

It has been a very busy year: overseas operations like Impact, Reassurance and others; aerospace security for the North American Leaders Summit through NORAD, Exercise RIMPAC, the NORAD air defence artillery exercise at 22 Wing, the national SAREX in Yellowknife and Exercise Vigilant Shield. These are just some of the major initiatives we supported, not to mention our ongoing SAR and NORAD missions. In short, we have much to be proud of.

Everything you do on a daily basis has a profound effect on our collective mission. Whether you are actively participating in one of our many operations and exercises, acting in a support role to our day-to-day activities, or working to inspire and motivate our future leaders, your accomplishments are noteworthy. Rest assured your hard work is something we notice and recognize every day. We are truly fortunate to have a team as strong as we do, and for this we are extremely thankful.

The coming year promises to be even busier. Major events include the 150th anniversary of Confederation, the 100th anniversary of Vimy Ridge and the Invictus Games in Toronto, to name a few. On top of all that, we will continue to support operations, deployments and exercises. It will be demanding, but there is no doubt in our minds our men and women will meet these challenges head-on, as always.

Let's also remember, while overcoming challenges is rewarding, it can also be stressful. We all go through periods in our lives when we struggle, personally and professionally. We need to make sure we are watching out for our colleagues, and supporting them when they need it. Over the last year, we have all heard the chief of the defence staff speaking about Operation Honour. It is absolutely critical we treat all our teammates with respect.

On behalf of all of us at 1 CAD/ CANR HQ, we wish you a safe and happy holiday season, and we look forward to working together again in the New Year.



Major-General Christian Drouin



Chief Warrant Officer Mike Scarcella

Joyeuses Fêtes de la part de la 1re Division aérienne du Canada/ Région canadienne du NORAD

Major-général Christian Drouin et Adjudant Mike Scarcella

L'un des aspects les plus agréables de ce temps-ci de l'année, c'est d'avoir la chance de nous adresser à vous tous pour dresser le bilan de la dernière année, de tout ce que nous avons accompli ensemble, en tant qu'équipe.

L'année 2016 a été très chargée : les missions à l'étranger, comme, entre autres, les opérations Impact et Reassurance, la sécurité aérospatiale lors du Sommet des leaders nord-américains par l'entremise du NORAD, l'exercice RIMPAC, l'exercice de l'artillerie antiaérienne du NORAD à la 22e Escadre, l'exercice de recherche et sauvetage (SAREX) national à Yellowknife et l'exercice Vigilant Shield. Ce n'est qu'un aperçu des grandes initiatives que nous soutenons, sans oublier nos missions continues de recherche et sauvetage et du NORAD. Bref, nous avons de bonnes raisons d'être fiers.

Le travail que vous accomplissez chaque jour a une réelle incidence sur notre mission collective. Que vous participiez activement à l'une de nos opérations ou à l'un de nos exercices, que vous assumiez un rôle de soutien à nos activités quotidiennes ou que vous œuvriez dans le but d'inspirer et de motiver nos leaders de demain, tous vos accomplissements sont importants et utiles. Soyez assurés que vos efforts ne passent pas inaperçus, que nous sommes conscients et reconnaissants du travail que vous faites chaque jour. Nous sommes vraiment privilégiés d'avoir une équipe aussi solide que la nôtre, et nous vous en sommes infiniment reconnaissants.

L'année qui vient promet d'être encore plus chargée. Au nombre des grands événements, mentionnons entre autres le 150e anniversaire de la Confédération, le centenaire de la bataille de la crête de Vimy et les Jeux Invictus qui se tiendront à Toronto. En outre, nous continuerons à appuyer des opérations, des déploiements et des exercices. La tâche sera exigeante, mais nous savons que nos hommes et nos femmes seront à la hauteur et sauront relever les défis, comme toujours.

Il faut aussi rappeler que s'il est gratifiant de surmonter les difficultés, cela peut parfois provoquer un certain stress. Nous vivons tous des périodes difficiles au cours de notre vie, tant sur le plan personnel que sur le plan professionnel. Il est important de porter attention à nos collègues et de leur offrir de l'aide lorsqu'ils en ont besoin. Au cours de la dernière année, nous avons tous entendu le chef d'état-major de la défense parler de l'opération Honour. Il est absolument primordial de traiter tous nos collègues avec respect. Seule une équipe solide et unie dont les membres se soutiennent et se respectent mutuellement réussira à relever les défis à venir.

Profitez de la période des Fêtes pour vous reposer, refaire le plein d'énergie et passer de bons moments en famille, avec vos proches et entre amis. Nous savons qu'un grand nombre d'entre vous ne sera pas à la maison durant le temps des Fêtes. Sachez que nous pensons à vous et que nous sommes extrêmement reconnaissants de votre engagement et de votre dévouement envers notre mission, et envers le Canada.

Au nom de tout le personnel du quartier général de la 1re Division aérienne du Canada/ Région canadienne du NORAD, nous vous souhaitons un joyeux temps des Fêtes en toute sécurité. Nous nous réjouissons déjà à l'idée de travailler de nouveau avec vous durant la prochaine année.



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Happy holidays
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14 Wing Greenwood Command team 2016 Holiday Message

Wing Commander Colonel Pat Thauberger and Wing Chief Warrant Officer Luc Emond

With 2016 coming to a close, it's clear, over the holidays this year, many of our members will be away on national and overseas operations and will be unable to be with their families. Their dedication and sacrifice is to be admired, and we should also take a moment to remember with great pride the role the men and women of this wing play in the defence of Canada and of Canadians.

At this time of year, it's fitting to contemplate our past successes and look forward to future challenges, and in no way is this more applicable then in 14 Wing's involvement in Operation Impact. With so many personnel deploying in support of the Canadian Armed Forces' (CAF) contribution to the multina-

tional coalition to halt and degrade Daesh, we are proud of those who have spent time and are currently deployed in the Middle East conducting air operations and providing training and assistance to local forces.

Back on the home front, we remain heavily involved in Royal Canadian Air Force (RCAF) operations, including long range patrol and search and rescue. Indeed, at 14 Wing, it's all about AIR Power (Agile, Integrated, Reach, Power). The Aurora may have top-notch sensors, but it's the crew that makes it such an effective and integrated platform. It's a tremendous aircraft in terms of surveillance over land, as well as above and under the sea. As well, keeping the aircraft, systems and equipment service-

able is no easy task for military and civilian maintainers. Your dedication is impressive.

Search and rescue, simply put, is a no-fail mission. Day or night, in all weather, on weekends and holidays, 14 Wing members risk themselves "That others may live." Responsible for protecting and saving lives on a daily basis, it is an awesome task for SAR responders, but one taken seriously by our personnel who truly act as the guardians of Atlantic Canadians.

Our role in the local community is not to be understated, either. 14 Wing remains the second-largest air base in Canada. Not only are we the largest economic contributor in the Annapolis Valley, but wing personnel are some of the most active volunteer members

in the community.

And yet, it really is the families who remain the strength behind the uniform. Military members have demanding careers and face separation for months at a time from the ones they love and hold dear. This holiday season, while traditionally a time to reflect, relax and recharge, should also be a time to keep those who will spend their waning days of 2016 far away from home in our hearts and in our thoughts.

It is both an honour and a privilege to serve with you, and we wish 2017 finds you all in good health and spirits. On behalf of CWO Emond, my wife Kathy and I, Merry Christmas, Happy Holidays and a happy, prosperous New Year.



Colonel Pat Thauberger, Wing Commander, left; his wife, Kathy; and Chief Warrant Officer Luc Emond, Wing Chief Warrant Officer.

Sergeant P. Nicholson, 14 Wing Photojournalist.

14e Escadre Greenwood Message de l'équipe de commandement à l'occasion du temps des fêtes 2016

Colonel Pat Thauberger, commandant, et adjudant-chef Luc Emond

L'année 2016 tire à sa fin et, de toute évidence, bon nombre de nos militaires seront en mission au pays ou à l'étranger durant le temps de fêtes cette année et ne pourront pas célébrer avec leurs proches. Nous devons saluer leur dévouement et leur sacrifice, et nous devrions aussi prendre un moment pour nous rappeler avec grande fierté le rôle que les hommes et les femmes de notre escadre jouent dans la défense du Canada et des Canadiens.

Il est de mise à ce temps-ci de l'année de nous réjouir de nos succès passés et de nous préparer à relever les défis de demain, ce qui est d'autant plus pertinent dans le contexte de la participation de la 14e Escadre à l'opération IMPACT. Un grand nombre de nos militaires partent en déploiement pour soutenir la contribution des Forces armées canadiennes (FAC) à la coalition multinationale visant à arrêter et

à anéantir Daech, et nous sommes fiers de ceux qui sont allés ou sont actuellement au Moyen-Orient pour mener des opérations aériennes ainsi que pour former et aider les forces locales.

Au pays, nous sommes engagés étroitement dans les opérations de l'Aviation royale canadienne (ARC), y compris au sein de patrouilles à long rayon d'action et dans des missions de recherche et sauvetage. En effet, à la 14e Escadre, nous avons une puissance agile, intégrée et de longue portée. L'Aurora est peut-être doté de capteurs de pointe, mais c'est l'équipage qui en fait une plate-forme si efficace et aussi intégrée. C'est un aéronef remarquable en matière de surveillance terrestre, maritime et sous-marine. En outre, maintenir l'aéronef, les systèmes et l'équipement en bon état de fonctionnement n'est pas une mince tâche pour les responsables de l'entretien civils et mili-

itaires. Votre dévouement est exceptionnel.

La recherche et sauvetage (SAR) est tout simplement une mission qui ne peut pas échouer. Le jour ou la nuit, dans toutes les conditions météorologiques, les week-ends et les jours fériés, des membres de la 14e Escadre risquent leur vie pour sauver d'autres vies. Les intervenants SAR assument l'impressionnante responsabilité de protéger les personnes et de sauver des vies sur une base quotidienne. Les membres de notre personnel s'acquittent de cette tâche avec rigueur. Ils sont véritablement les gardiens de la population du Canada atlantique.

Il ne faut pas non plus sous-estimer notre rôle au sein de la communauté locale. La 14e Escadre est la deuxième base en importance au Canada. Nous sommes le plus important moteur économique de la vallée de l'Annapolis, et les membres de l'Escadre comptent parmi les bénévoles

les plus actifs au sein de la collectivité.

Néanmoins, les familles demeurent les piliers sur lesquels s'appuient les hommes et les femmes en uniforme. Les militaires ont des carrières exigeantes et doivent parfois vivre loin des personnes qu'ils aiment et chérissent pendant de longs mois d'affilée. En cette période des fêtes, un temps propice à la réflexion et où nous en profitons habituellement pour relaxer et faire le plein d'énergie, nous devrions aussi garder présents dans nos cœurs et nos pensées tous ceux et celles qui passeront les derniers jours de 2016 loin des leurs.

C'est un honneur et un privilège de servir avec vous. Nous vous souhaitons santé et bonheur pour l'année 2017. L'adjuduc Emond et ma femme Kathy se joignent à moi pour vous souhaiter un joyeux Noël, un joyeux temps des fêtes et une nouvelle année heureuse et prospère.



Holiday message from the RCAF command team

Lieutenant-General Mike Hood, Commander Royal Canadian Air Force, and Chief Warrant Officer Gérard Poitras

As we pause at this special time of year, we offer our best wishes to you and extend our deep appreciation to the Royal Canadian Air Force family: our veterans, our airmen and airwomen, our civilian colleagues, and our families.

As we look back on all that the RCAF has accomplished in

2016, we are filled with pride. You continue to strive towards our vision of AIRPower in Formation: an Air Force that is Agile and Integrated with the Reach and Power to achieve its missions, flying in formation with our partners within in the CAF and other Defence and government organizations.

We see steady progress towards the evolution of our culture – but one that must be more inclusive, respectful, and one that recognizes that an innovative mindset is

welcome – and essential all rank levels.

You delivered excellence in operations including significant contributions to the fight against Daesh and supporting France's operations in Africa. At home you have been fully engaged in search and rescue missions, helping fellow Canadians prevail against forest fires, fulfilling our NORAD role, guarding Canadian sovereignty, and more.

We are also going through a time of great renewal, as

several of our fleets are undergoing or have just completed upgrades and modernizations while others continue to build their operational capability. Projects to acquire new platforms continue to make progress.

During this holiday season we hope that you will be able to enjoy some well-deserved rest and time with your family and friends, whose love and support is essential to our ability to do great things in the service of Canada. And for



Lieutenant-General Mike Hood, Commander Royal Canadian Air Force and Chief Warrant Officer Gérard Poitras, Royal Canadian Air Force CWO.

Corporal A. Morin, RCAF Public Affairs

those of you who must be on duty during the holidays you

have a special place in our thoughts.

Un message de l'équipe de commandement de l'ARC à l'occasion du temps des Fêtes

Du lieutenant-général Mike Hood, commandant de l'Aviation royale canadienne, et de l'adjudant-chef Gérard Poitras, adjudant-chef de l'Aviation royale canadienne.

Nous voici arrivés à une période spéciale de l'année, où nous marquons une pause. Nous profitons donc de l'occasion pour vous exprimer nos meilleurs souhaits, mais

aussi pour témoigner notre sincère gratitude à la famille de l'Aviation royale canadienne, c'est-à-dire nos anciens combattants, nos aviateurs et aviatrices, nos collègues civils et nos proches.

Nous ressentons une grande fierté lorsque nous réfléchissons à tout ce qu'a accompli l'ARC en 2016. Vous continuez à travailler en vue de

réaliser notre vision de Puissance aérienne – En formation, qui consiste à disposer d'une force aérienne qui est agile et intégrée et qui a la portée et la puissance nécessaires pour mener à bien ses missions, collaborant avec ses partenaires des FAC, ainsi qu'avec d'autres organisations de la Défense et du gouvernement.

Nous observons des pro-

grès constants dans l'évolution de notre culture, qui doit néanmoins devenir plus accueillante, favoriser le respect, embrasser l'innovation et s'appliquer à tous les grades.

Vous avez fait preuve d'excellence dans les opérations, notamment en contribuant grandement à la lutte contre Daech et en soutenant les opérations de la France en Afrique. Au pays, vous vous êtes employés à exécuter des missions de recherche et de sauvetage, à aider vos

concitoyens canadiens à combattre des incendies de forêt, à remplir notre rôle dans le cadre du NORAD, à protéger la souveraineté du Canada, et bien plus encore.

Nous traversons aussi une période de grand renouvellement, au cours de laquelle bon nombre de nos flottes ont fait ou feront l'objet de mises à niveau et d'améliorations, pendant que d'autres continuent à accroître leur capacité opérationnelle. Par ailleurs, les projets visant à faire l'acquisition

de nouveaux aéronefs vont bon train.

Nous espérons que, pendant le temps des Fêtes, vous pourrez profiter de ce que vous méritez bien : du repos et du temps en compagnie de vos proches et amis, dont l'amour et le soutien sont essentiels à notre capacité d'accomplir de grandes choses pour le Canada. Nous aurons une pensée toute spéciale pour ceux d'entre vous qui seront de service pendant le temps des Fêtes.

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En cette période de festivités, nous tenons à souhaiter à nos précieux clients un très *joyeux temps des Fêtes* ainsi que *santé et prospérité pour la nouvelle année!*



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Letters to Santa

Dear Santa

My name is Wyatt and I am two years old. Thank you for the awesome gator last year. This year I would like a work bench and a bus. Please don't forget all my friends and family. I will leave you some cookies and milk and some apples for the reindeer. Have a very merry Christmas and a safe flight here.

Love,
Wyatt Timmins
East Tremont, NS, Age 2

Dear Santa

My name is Charlie May and I am four years old. Thank you for the Elsa last year. This year I would like a Barbie Farm set & a barbie pool. Please don't forget all the kids at the IWK. I will leave you some carrots for your reindeer and some cookies and milk for you. Have a safe fly here. Merry Christmas Santa.

Love,
Charlie May Timmins
East Tremont, NS, Age 4

Dear Santa

How can you fly around the world? I would like a toy Santa, some surprise presents and a bone for my dog Sam. I have been a very good girl this year! Love Lillian

Lillian Gosse
Wilmot, NS, Age 3

Dear Santa

Do you have penguins at the North Pole? How big is your workshop? Could you bring me some surprises, and some presents? I hope that you and Mrs. Claus have a nice Christmas! Love, Myles

Myles Gosse
Wilmot, NS, Age 6

PHARMASAVE
VALLEY DRUG MART

Merry Christmas & Happy New Year to all!

Our **Kingston Store** offers a full **Engraving Shop**, and the **Valley Brewtique Wine & Beer and U-Vint** (make your own Wine here). Our **Middleton Store** features a large **Home Health Centre**. **Both stores** offer a great selection of **Christmas Candy** and **Giftware** including **Paderno cookware**.

627 Main Street **Kingston** 902-765-2103 | 26 Commercial Street **Middleton** 902-825-4822
Monday - Friday 8:30 am to 9 pm • Saturday 8:30 am to 5:30 pm • Sunday 12 noon to 5:30 pm

Season's Greetings

Royal Canadian Legion
Br. 098 Kingston

NORAD ready to track Santa's flight

The North American Aerospace Defense Command is celebrating 61 years of tracking Santa's yuletide journey. The NORAD Tracks Santa website, noradsanta.org, went live December 1. It features Santa's North Pole Village, which includes a holiday countdown, games, activities and more; and content in eight languages (English, French, Spanish, German, Italian, Japanese, Portuguese and Chinese). Official NORAD Tracks Santa apps are also available in the Windows, Apple and Google Play stores, so parents and children may countdown the days until Santa's launch. Tracking opportunities are also offered on Facebook, Twitter, YouTube, Instagram and Google+. Santa followers just need to type "@noradsanta" into each search engine to get started. Starting at 2:01 a.m. EST December 24, website visitors may watch Santa make preparations for his flight. NORAD's "Santa Cams" will stream videos as Santa makes his way over various locations. Then, at 6 a.m. EST, trackers worldwide may speak with a live phone operator to inquire as to Santa's whereabouts, dialing in to the toll-free number, 1-877-Hi-NORAD (1-877-446-6723); or sending an email to noradtrackssanta@outlook.com. Any time December 24, Windows Phone users may ask Cortana for Santa's location, and OnStar subscribers may press the OnStar button in their vehicles to locate Santa. NORAD Tracks Santa is truly a global experience and has delighted generations of families everywhere. This is due, in large part, to the efforts and services of numerous program contributors. It all started in 1955 when a local media advertisement directed children to call Santa directly; the number was misprinted and, instead of reaching Santa, the phone rang through to the crew commander on duty at the Continental Air Defense Command Operations Center. Thus began the tradition, formalized in 1958, which NORAD has since carried on.

May your holiday season be filled with happiness, laughter, and warmth and may the coming year be joyful and prosperous. Merry Christmas and Happy New Year!

Que cette période des Fêtes s'illumine de moments de rire, de bonheur et de partage, et que l'année qui vient en soit tout autant remplie. Joyeux Noël et Bonne Année!

Colin Fraser
MP - West Nova
Député - Nova-Ouest

HOUSE OF COMMONS
CHAMBRE DES COMMUNES

Colin.Fraser@parl.gc.ca
Toll-free: 1-866-280-5302

396 Main Street
Yarmouth, NS B5A 1E9
2 George Street
Middleton, NS B0S 1P0
House of Commons
Ottawa, ON K1A 0A6



At work

Grade 9 students joined in the November 2 organized Take Your Kids to Work Day events at 14 Wing Greenwood. A tour of 413 (Transport and Rescue) Squadron's aircraft in the afternoon followed a day visiting the mission support side of 14 Wing, including the fire hall, Military Police offices, Wing Construction Engineering and other areas.

Leading Seaman L-P Dubé, 14 Wing Imaging

CAF mobile app launched

Canadian Armed Forces members now have access to a variety of tools and services essential to CAF members, their families and the extended defence community through a new tool, the Canadian Armed Forces Mobile Application (CAF Mobile App). The app, developed at the request of the chief of defence staff, ensures you will be provided with the latest useful, unclassified information about defence directly from the CDS and his command team. Want to check for housing at 3 Canadian Division Support Base Edmonton? There is a section for that. Need the latest numbers for family support? It has that, too. Want to see the latest Canadian Forces General (CANFORGEN) message? The CAF mobile app includes plenty of other resources for members and their families, including compensation and benefits, relocation, education and training, legal, morale and welfare, OUTCAN and contact information for Veterans Affairs. The app also makes it easy to stay current on the latest social media posts, including Facebook, Twitter and YouTube. Tailor it to your needs so you always know what is going on. The app is available for free from the iOS, Android, and BlackBerry stores. Install it today.

Veterans' support centre gains charitable status

The Society of Atlantic Heroes has become a registered Canadian charity, clearing one of the most important hurdles in its vision to open a transition support centre in Halifax for military veterans, RCMP and first responders suffering post traumatic stress disorders and other occupational stress injuries. "This is a very exciting step toward helping these women and men, along with their immediate family who are in critical need of professional and peer support," says Ken Hoffer, president of SOAH. "They put their lives on the line to protect our country and make our communities safer. We can do no less to help them on the road to recovery with a supportive and caring home environment." The centre will facilitate and coordinate supports with professional agencies, corporations and non-profit groups to deliver a holistic and individually-tailored recovery plan to help these individuals and families regain their health, confidence and pride, and become productive and valued members in their communities. The centre development strategy will build on successive phases that will begin with Atlantic House, a 10- to 15-bed home to provide temporary accommodations for veterans and first responders and immediate family members who must travel in excess of 150 kilometres within the Atlantic region to attend specialist appointments Halifax. The society plans to establish this home-away-from-home by 2018. The society will also partner with government and corporate leaders to establish a center by 2020 to house and treat veterans and first responders suffering critical risk and stress to family relations. These individuals require immediate, coordinated supports to fast-track the individual back to better health and productivity. There is no institution in Canada that has yet adopted this holistic approach. The Society of Atlantic Heroes formed in 2013, and continues to seek volunteers and donations. To find out more, visit atlanticheroes.org.



Soldier On support

The 14 Wing Greenwood Band and the Bridgewater Fire Department Band collaborated November 6 on a musical evening program, hosted inside the Lunenburg United Church. The freewill offering collected at the door was gathered on behalf of Soldier On and, December 1, a formal presentation of the \$1,000 proceeds was made to 14 Wing Greenwood Commander colonel Pat Thauberger by concert organizers. From left are Captain Wendell Eisener, Bridgewater Fire Department Band Director of Music; Wing Administration Chief Warrant Officer Denis Flamand, Thauberger, Warrant Officer Jeff Campbell, 14 Wing Greenwood Bandmaster; and 14 Construction Engineering Squadron Honorary Colonel Dan Hennessey.

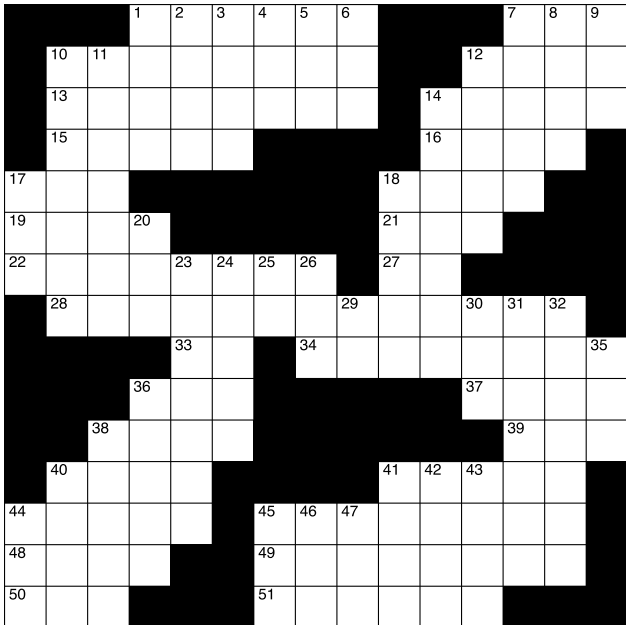
S. Keddy



The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 83A School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.alianzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 83A, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.alianzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédent la publication, à moins d'avis contraire.

metro crossword



- ACROSS**
1. Give a raucous cry
7. Mentally ill
10. Natural electrical phenomenon
12. Vessels
13. Judge the worth of something
14. South Asian garments
15. Studied intensively
16. District in Kazakhstan
17. Beloved meal ___ and cheese
18. Ceases to live
19. Home to BYU
21. What thespians do
22. Julianne Moore and Christina Hendricks are two
27. Double in chemistry
28. Clayton Kershaw plays here
33. Overdose
34. Begrudged
36. Consumed
37. A game of chance
38. A low platform
39. Shelled and crushed
- coffee bean
Dashes
Long lock of a woman's hair
Indicates silence in music
Positively charged
In bed
Cruciferous vegetable
Fuel
Kids' ride
DOWN
1. Greenish-blue
2. Having sufficient skill, knowledge, etc.
3. Dirt
4. New Zealand mountain parrot
5. Back muscle
6. Supplement with difficulty
7. Kite and Rooney
8. How Amazon identifies its products (abbr.)
9. Emirat island
10. Contended
11. Pear-shaped fruit
12. Parks cars
14. Killing oneself
17. Austrian river
18. Older brothers
20. Home hemodialysis
21. One who is self-absorbed
23. Yellow fever mosquitos
25. Pepper or Oz
26. Soviet Socialist Republic
29. Tellurium
30. Pens are filled with it
31. Use this at dinner
32. Thin fibrous cartilage (pl.)
35. When you were born
36. Oohed and
38. Small freshwater fishes
40. Religion in China
41. Twitches
42. Cape near Lisbon
43. Management software
44. Game for kids
45. Ed Murrow's home
46. They
47. Part of the foot

metro crossword brought to you compliments of

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Christmas tree sale
Council 6297 Knights of Columbus Greenwood/ Middleton is pleased to announce they are partnering with Canadian Tire Greenwood to support the Canadian Tire Jump Start program and other local charities by selling Christmas trees at the Canadian Tire parking lot in Greenwood. Trees will be available through the checkout or from a Knight at the tree display.

Adult skating
Mondays, 10:30 a.m. to noon, at the Kingston Credit Union Centre, 1490 Westwood Street. Great fun, good exercise! Cost \$4/ person. You need a helmet: contact Glen at recreation@kingstonnovascotia.ca, or the rink at wkaa.ca/ 902-765-2800 to borrow.

Museum winter closure
The Annapolis Valley Macdonald Museum is closed for the winter and will reopen April 1. Email the museum at macdonald.museum@ns.sympatico.ca and Like us on Facebook to keep up

Memoriam

Martin Theriault
July 15, 1966 - Dec. 28, 2015

We thought of you today, but that is nothing new. We thought of you yesterday and before that, too. We often think of you in silence. We often speak your name. All we have are memories and your picture in a frame. Your memory is a keepsake, from which we will never part. God has you in His arms, we have you in our hearts.

Mom & Sisters

with the off-season news.

Support group
December 19, 7 p.m., the Canadian Cancer Society's Kingston/ Greenwood Living With Cancer Support Group will hold its Christmas gathering in the St. Mark's Protestant Chapel Annex, Church Street, Greenwood. This program will feature Padre Kent Greer, speaking on spirituality, followed by Christmas keyboard music and singing with Frank Dobbin. Folks attending are asked to bring a small snack for two people to share with the group. Santa is expected early. Cancer patients, family and friends or anyone seeking information on cancer or caregiving support are encouraged to attend. For information: Lloyd Graham (902-765-6133) or Lynda Pierce (902-765-3055).

Story time
December 19, 10 a.m., the Annapolis Royal Library invites you to its Monday morning story time. Discover new books as well as old favourites, maybe have a little music and do simple crafts.

Story time
December 20, 3:30 p.m. to 4:30 p.m., the Bridgetown & Area Library invites you to join Connie for stories, crafts, snacks and holiday fun at the library.

Book club
December 20, 1 p.m. to 2 p.m., the Bridgetown & Area Library invites readers to join us the third Tuesday of every month to chat about selected books, usually fiction. In December, we're reading "Between Shades of Gray," by Ruta Sepetys.

Blue Christmas service
December 20, 2 p.m., a quiet Christmas service especially for those who are feeling alone or

blue, missing someone or having a difficult time celebrating Christmas will be held at Holy Trinity Church, Middleton; followed by tea in the church hall. Everyone welcome.

Breakout challenge
December 21, 7 p.m. to 8 p.m., at the Bridgetown & Area Library: you have 45 minutes to crack the code, find the antidote and stop the zombies from taking over the world. Work together in a team to "breakout" the clues and save the world! Ages 12 to 17. Snacks provided. Bring a (clever) friend!

Story time
December 21, 9:45 a.m. to 10:15 a.m., the Berwick Library invites preschoolers and caregivers to share the fun of reading, rhymes and songs. On-going every Wednesday, join in anytime! Free.

Solstice celebration
December 22, 6 p.m. to 7:30 p.m., the Rosa M. Harvey Middleton & Area Library celebrates winter and the fun things we can do when it's cold and snowy. Make an ornament, read stories and share cocoa and cookies. For families of all ages. Register at firstname.lastname@events.valleylibrary.ca.

Kids' book club
December 23, 5 p.m. to 6 p.m., the Berwick Library's kids' book club (ages nine to 14) is reading "Harry Potter and the Order of the Phoenix," by J.K. Rowling. Pick up a copy or borrow a digital copy from the library, or read your copy from home. Come to the library for snacks and a fun discussion of the book. Register at 902-538-4030.

Teen book club
December 23, 7 p.m. to 8 p.m., the Berwick Library's teen book

club (ages 15 to 18) is reading "The alchemyst: the secrets of the immortal Nicholas Flamel," by Michael Scott. Pick up a copy or borrow a digital copy from the library home page, or read your copy from home. Come to the library for snacks and a fun discussion of the book.

Church service
December 24, 6 a.m. to 10 a.m., enjoy the annual Kingston Lions' Christmas breakfast at the Kingston Lions Hall. Come on out, bring your friends and family and enjoy a complete breakfast of scrambled eggs, sausage, ham, hash browns, pancakes, toast, juice, coffee and tea. Visit with Santa! Help us break last year's record attendance of 1,000 breakfasts served! Freewill offering at the door.

Church service
December 24, 6 p.m. Queen of Heaven Chapel, Church Street, Greenwood; hosts a Christmas Eve family Mass; followed by midnight Mass at 11:59 p.m.

Church service
December 24, 6:30 p.m., St. Mark's Chapel, Church Street, Greenwood; hosts a family Christmas Eve service' followed by a Communion service at 10 p.m.

Church service
December 24, 7 p.m., take in a Christmas candlelight service, a celebration of Christ's birth through song and Scripture, followed by coffee/ tea and sweets; at the Annapolis Valley Church of the Nazarene, 738 Tremont Mountain Road, Greenwood. All welcome.

Church services
December 24, there will be Christmas Eve services at 4 p.m. and 9 p.m. at All Saints

Anglican Church, Kingston; and 7 p.m. at Holy Trinity, Middleton. Christmas Day service will be at 10 a.m. in Holy Trinity Church, Middleton.

Church service
December 25, 10:30 a.m., St. Mark's Chapel, Church Street, Greenwood; hosts a Christmas Day service.

Story time
December 28, 9:45 a.m. to 10:15 a.m., the Berwick Library invites preschoolers and caregivers to share the fun of reading, rhymes and songs. On-going every Wednesday, join in anytime! Free.

Retirement social
December 29, 2 p.m. to 4 p.m., the Bridgetown & Area Library invites patrons to stop by and wish Connie Jodrey the best on her retirement. Connie will introduce you to the friendly face who will be serving you in the future.

Ringin in the New Year
December 30, 2:30 p.m. to 3:30 p.m., the Rosa M. Harvey Middleton & Area Library invites youth ages five to 10 to celebrate the end of the year, and the start of a new year. Make a New Year's Eve crafts and have a delicious snack. Register at 902-825-4835.

New Year's Eve volunteer opportunity
December 31, the Village of Kingston New Year's Eve committee is inviting anyone interested in becoming involved with New Year's Eve event planning to get in touch. Planning includes a few meetings in November and December and presence at events at the Credit Union Centre New Year's Eve (set up, serving and hosting activities, clean up). This is a fun, family, village-wide event between 5 p.m. and 10 p.m. December 31. If interested, call 902-765-2800 for details.

sudoku

solution page 20

	5				8	9	2	
9		1	3		2			
4						3		
			9	8			6	
			2	6	1	4	8	3
	1				3	2	9	7
1		9	6		5		3	
5	4							
8	6		7					

Level: Beginner

Fun By The Numbers
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

sudoku brought to you compliments of

Subway, catering to all your holiday festivities!

Think fresh. Eat fresh.™

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New Year's Eve dance
December 31, the Aylesford and District Lions host a New Year's Eve dance at the hall, 2160 Highway 1, Auburn. Doors open 7:30 p.m., music starts at 8 p.m. (with DJ Will, to 1 a.m.). Midnight countdown, party hats, favours and prizes, lunch buffet and licensed bar. Dress – semi-formal or masquerade. Tickets: \$20 per person, phone 902-341-2148. No jeans, T-shirts or runners.

Kitchen party
December 31, 8 p.m. to 1 a.m., join friends at the Berwick Legion's kitchen party, featuring Ruth Manning and The Prospectors. A night of entertainment, music and dance. Finger food all evening. Tickets \$20, available at the Legion bar or 902-538-9340. Reserve tables for groups.

At the Evergreen
January 1, 2 p.m. to 4 p.m., the Evergreen Theatre (1941 Stron-

ach Mountain Road, Margaretsville) hosts a free New Year's Day levee and open house. There will be sweets, appropriate refreshments and members of the Margaretsville and Evergreen communities to socialize with. All are welcome.

Church service
January 1, 10:30 a.m., St. Mark's Chapel, Church Street, Greenwood; hosts a New Year's Day service.

Church service
January 1, 11 a.m., Queen of Heaven Chapel, Church Street, Greenwood; hosts a New Year's Day Mass.

Story time
January 4, 9:45 a.m. to 10:15 a.m., the Berwick Library invites preschoolers and caregivers to share the fun of reading, rhymes and songs. On-going every Wednesday, join in anytime! Free.

patrick's puzzle

solution page 20

U	I	D	F	N	T	H	E	N	G	I	N	E	V	R	Y	G	V	S	P
A	S	I	H	R	O	F	S	E	A	L	E	V	E	L	A	D	O	E	H
I	H	R	P	A	E	S	A	A	B	E	B	C	L	U	T	C	H	T	L
R	A	E	M	C	S	Q	E	R	P	S	E	B	O	M	U	F	T	U	S
S	F	C	R	A	W	H	U	A	C	H	C	U	Q	W	E	B	H	C	
H	T	T	V	B	N	I	U	E	C	R	W	I	I	M	Q	R	Y	E	D
I	R	I	T	I	O	E	L	T	N	A	I	M	T	N	I	D	H	E	A
P	A	O	B	N	I	G	L	C	D	C	L	A	Y	C	V	N	E	L	S
H	Y	N	N	D	T	E	T	T	I	O	Y	I	A	O	P	U	N	R	
E	I	M	O	S	A	A	P	G	T	C	W	N	B	I	S	M	L	S	B
G	R	C	I	A	V	R	T	A	O	T	N	T	R	I	W	T	L	R	
A	O	L	T	P	E	Q	R	F	V	I	R	A	T	N	A	N	V	E	L
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E	N	G	A	E	C	F	Y	I	E	N	M	T	M	L	E	I	D	A	
S	E	D	I	N	C	L	H	F	L	G	E	H	P	R	M	I	U	O	D
U	V	I	V	A	E	N	E	E	U	Y	H	I	L	I	O	T	P	E	N
F	N	N	A	F	N	E	C	E	A	E	U	T	T	P	I	P	V	S	W
D	I	G	N	Q	E	C	D	P	G	Q	L	B	T	E	I	R	B		
W	I	E	H	U	A	E	G	L	E	A	A	M	L	D	C	D	B	I	M
V	R	E	T	P	O	C	I	L	E	H	N	A	P	E	R	L	G	H	A

WORDS				
ACCELERATION	ALUMINUM	ENGINE	HELICOPTER	PILOT
ACCURACY	CABIN	EQUIPMENT	INVENTOR	PLAN
AIRCRAFT	CALIBRATION	FLIGHT	LANDING	SEA LEVEL
AIRPORT	CLUTCH	FREQUENCY	LUBRICANT	SHAFT
AIRSHIP	DEVICE	FUEL	NAVIGATION	SHUTDOWN
ALTIMETER	DIRECTION	FUSELAGE	NEEDLE	SPEED
ALTITUDE	ELEVATION	GEAR	NOSE	THROTTLE VELOCITY

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Story time
January 5, 10 a.m., the Annapolis Royal Library invites you to its Monday morning story time. Discover new books as well as old favourites, maybe have a little music and do simple crafts.

Book club
January 5, 6:30 p.m. to 8:30 p.m., the Rosa M. Harvey Middleton & Area Library book club is reading "The Guernsey Literary and Potato Peel Pie Society," by Mary Ann Shaffer. Bring a favourite mug and join us for coffee or tea and conversation. Register at 902-825-4835.

Games night
January 5, come play at the Tremont Board Game Café, 7 p.m. to 9:30 p.m. (every first and third Thursday) at the Tremont Hall, 738 Tremont Mountain Road. Many of the newest and coolest games in a friendly and relaxed environment. Free. 902-765-4326.

Book club
January 6, 10 a.m. to 11:30 a.m., the Berwick Library adult book club is reading "A Walk Across the Sun," by Corban Addison. The club meets the first Friday of each month; join at any time. To pick up a copy of the book, drop into the Berwick Library or attend a book club session.

Chase the Ace
January 7, 1 p.m. to 3 p.m., get your Chase the Ace tickets at Royal Canadian Legion Branch 098 in Kingston, three for \$5. Draw will take place by 3:30 p.m. Must be 19 years of age to play, public welcome.

Chase the Ace
January 14, 1 p.m. to 3 p.m., get your Chase the Ace tickets at Royal Canadian Legion Branch 098 in Kingston, three for \$5. Draw will take place by 3:30 p.m. Must be 19 years of age to play, public welcome.

horoscopes

December 18 - December 24

LIBRA - Sept 23/Oct 23
Libra, think about exploring your creative side and find out ways to make the most of that exploration. The reward will be well worth the investment.

SCORPIO - Oct 24/Nov 22
Scorpio, just when you think some miscommunication has been smoothed over, you find yourself needing to explain a situation all over again. Remain patient.

SAGITTARIUS - Nov 23/Dec 21
Sagittarius, now is a great time to make some healthy resolutions. Changes to your diet or exercise regimen may be just what the doctor ordered.

CAPRICORN - Dec 22/Jan 20
Capricorn, do not overlook information that is right in front of you. This info can help you get through a tricky situation at work that pops up unexpectedly.

AQUARIUS - Jan 21/Feb 18
Aquarius, try to schedule a fun diversion that takes you away from the daily grind. A brief getaway may be ideal, or even a night out with friends.

PISCES - Feb 19/Mar 20
Pisces, take a step back and reassess a situation that has frustrated you thus far. A new perspective might do the trick.

find & win

Three easy ways to enter.

1. Through our website: www.auroranewspaper.com
2. Fax: 902-765-1717
3. Drop into our office located on 83A School Road (Morfee Annex)

Entry deadline: Noon, January 5, 2017

Full name _____ **Phone number** _____

Complete the following questions from ads in this week's issue and win a 14 inch 2-topping pizza from **Mimie's Pizza, Greenwood**. Coupon valid for 30 days.

1. Who has 30% off Christmas Bulk Candy? _____
2. Who has a show room at 14504 Hwy #1? _____
3. What's happening Thursday, January 12 at Kingston School? _____
4. Who are the Valley's #1 choice for maid services? _____
5. Whose phone number is 902-824-2082? _____

Congratulations to last week's winner: PATTI JAMIESON

Mimie's PIZZA

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902-765-2232

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classifieds

Classified advertisements, 35 words or less, are \$8 tax included. Additional words are 10 cents each, plus tax. Bold text \$9, tax included. Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 83A School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717. To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

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Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

crossword solution

C	A	C	K	L	E		M	A	D											
D	A	Y	B	R	E	A	K		V	A	S	A								
E	V	A	L	U	A	T	E		S	A	R	I								
B	O	N	E	D					U	L	A	N								
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							A	R	E	D			B	R	O	C	C	O	L	I
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patrick's puzzle

U	T	D	I	F	H	E	N	G	I	N	E	V	R	Y	G	V	S	P	
A	I	R	S	H	A	F	T												
R	E	C	T	I	T														
S	H	I	P																
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D	T	E	H	U	A														
V	R	E	T	P	O	C	I	L	E	H	N	A	F	E	R	L	G	H	A

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the **Aurora**

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FOR RENT – Middleton – Two-bedroom apartment, 492 Main Street, \$650/month, utilities included, quiet building, coin operated laundry, rental application required. Please call 902-824-1112 or visit our website at www.parsonsinvestments.ca. (3736-ufn)

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T: 902-825-3361
C: 902-825-8156

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FOR RENT – Middleton – Two-bedroom apartment, 28 Taylor Drive, \$600/month, heat, hot/ cold water, coin operated laundry, storage area, rental application required. Please call 902-824-1112 or visit our website at www.parsonsinvestments.ca. (3736-ufn)

FOR RENT – Kingston – Kira Place, beautiful two-bedroom units, \$1,100/month, fridge/ stove/ dishwasher/ microwave/ washer/ dryer, garage, quiet, non smoking/ vaping units. Please call 902-824-1112 or visit our website at www.parsonsinvestments.ca. (3736-ufn)

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the Aurora

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room, two appliance. \$600 per month, plus utilities. Available January 1. Call 902-840-0683. (3747-ufn)

FOR RENT – Kingston Lincoln Shire Luxury Apartments – two-bedroom, 5 appliance. \$800 per month, plus utilities. Available January 1st. Call 902-840-0683. (3746-ufn)

FOR RENT – Very clean modern one, two & three-bedroom apartments. Middleton to Cambridge. Well managed properties. Seniors units available. References required. Call Ross at 902-840-0534. (3539-ufn)

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FOR RENT – Whittington Heights, 55+ community living, spacious 1050 sq ft, two-bedroom unit with 1.5 baths, 5 appliances, attached single vehicle garage, snow and lawn care included. \$1,150 per month plus utilities. Call for additional details 902-765-6371. (3745-10tp)

IN THE COMMUNITY
CHURCH SERVICE – “The Peoples 25:40 Church” There will be a church service held every Sunday at the New Beginnings Center 1151 Bridge Street Greenwood provided by Pastor Leon Langille. Pre service music at 2:50 p.m. Service 3:00 p.m. Doors will open at 2:30 p.m. All are welcome. (3533-ufn)

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Follow that woman

Kings County's new deputy mayor, Emily Lutz, was the invited guest November 28 of 1st Berwick Pathfinders and Rangers, the most senior branches of Girl Guides of Canada. Lutz shared some of her time in student government while at Central Kings Rural High School, later university, travel and work experience; and her most recent – and successful – efforts to be elected to Kings County municipal council in District 7 in October. She led a discussion with the girls about challenges she faced on the most recent campaign trail, including self-confidence, image and perception, and finding answers to issues people shared as she went door-to-door. Lutz also asked the girls about some of the issues they see in their community Kings County Council could perhaps address, and described the formation of a proposed youth council. From left are Pathfinders Ava Rogers, Emilee Hirtle, Lutz, Lillian Thomas and Sophie Keddy.

S. Keddy

LEARN TAI CHI

tai chi FOR BALANCE

LEARN AND TRY TAI CHI
STARTING MONDAY JAN 9TH @ 6:30PM
► MONDAYS AT KINGSTON BAPTIST CHURCH
► **THURSDAY JAN 12th AT KINGSTON SCHOOL**
SERVICE ENTRANCE IN THE SMALL CAFETERIA
TIMES 6:30 – 7:30PM – COST \$5/CLASS.
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the Aurora

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MONSTROUS

doesn't really describe it...you'll see

January 16

King's Shorts calls for scripts

King's Theatre in Annapolis Royal is now accepting scripts for its 11th Festival of 10-minute plays scheduled for June 16, 17 and 18 at the theatre. All are welcome and invited to participate, even if you have never written a script before.

All scripts submitted will be reviewed by the Play Selection Committee and

eight will be selected for production at the June festival. Of those eight, first and second place winners will be awarded \$200 and \$100, respectively, as judged by Theatre Nova Scotia. The coveted People's Choice Award goes to the best play as determined by the audiences at the three performances.

Plays may be any genre (comedy, tragedy, etc.) and must be submitted, postmarked no later than January 13. For complete playwright guidelines, visit kingstheatre.ca and, from the main menu, click on “King's Shorts.” Contact Verilea Ellis at verilea@yahoo.ca if you have questions.

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Squadron effort

December 15, 14 Air Maintenance Squadron Commanding Officer Lieutenant-Colonel Sean Duggan (left) and Squadron Chief Warrant Officer Roddy Chittick (right) presented Harley Hazelwood, manager of the Upper Room Food Bank in Kingston, with a cash donation of \$650, accompanied by numerous non-perishable food items collected by squadron members; to assist the food bank in coming weeks.

Submitted





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LE MAGASIN MILITAIRE DU CANADA



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PLUS NO MONEY DOWN
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PLUS NE VERSEZ AUCUN ACOMPTE,
MÊME PAS LES TAXES.

Demandez-nous les détails. *S.A.C.

Kingston area volunteers ready for 117th Christmas Bird Count

Between December 14 and January 5, novice and experienced volunteers across the continent will scan skies, forests, fields, waters and backyards to count birds during the 117th annual Christmas Bird Count.

December 23, birders and other naturalists in the Kingston "count circle" will take part in this tradition, many rising before dawn to participate in this long-running wildlife survey.

Bird Studies Canada and the National Audubon Society coordinate the efforts of over 75,000 volunteer bird counters at more than 2,500 locations across the Western Hemisphere every year. The program benefits from the energy and skills of thousands of volunteers, who track the health of bird populations at a scale professional scientists could never accomplish alone. During last year's count, about 59 million birds were reported across 2,505 count loca-

tions. The Kingston count, which includes Middleton, Greenwood, Aylesford, Margaretsville, Torbrook and Nicholsville; began in 1968. Last year, 104 observers found almost 19,000 birds of 61 species in the circle.

You can help, either as a field observer or, if you live within the circle, as a feeder observer. Feeders strongly affect the winter distribution of many species, so, especially if yours are not visible from the road, your observations can be important - even if only for an hour or two during count day. Please contact the compiler (Wayne Neily, 902-765-2455 or Neilyornis@hotmail.com) if you want to observe, so your site can be mapped and the field party covering that area can be alerted to avoid any duplication of counts.

For more information about the Christmas Bird Count, visit Bird Studies Canada at bsc-eoc.org/volunteer/cbc.



Sounds of Christmas

14 Wing Greenwood's band members, presented their annual Christmas the inaugural performance of the Canadian Military Wives' Choir Greenwood and Santa Claus himself. Approximately 500 people attended, Kingston as their freewill offering admission.



Aviator George Townsend plays the timpani as part of the 14 Wing Band.



Corporal Patrick Luoma rocks his baritone sax solo.

Women's base volleyball team in search of players

The women's base volleyball team is in search of players to come out for practices immediately following the

holiday leave period. Practices will commence Tuesday, January 10 and timings are Tuesdays and Thursdays,

4 p.m. to 6:30 p.m. The regional competition will be held in Halifax February 28 to March 3.

L'équipe féminine de volleyball de la base est à la recherche de joueurs

L'équipe féminine de volleyball de la base est à la recherche de joueurs pour les pratiques commençant immédiatement après la période de congé de vacances. Les cours débuteront le mardi 10 janvier et les horaires seront le mardi et le jeudi de 16 h 00 à 18 h 30. La compétition régionale aura lieu à Halifax du 28 février au 3 mars.



All photos Leading Seaman L-P Dubé, 14 Wing Imaging

concert December 11 at the Annapolis Mess. The evening was a success, marking wood, guest performances by Wing Honorary Colonel Terry Kelly, Andy Duinker contributing \$663.85 and 525 pounds of food for the Upper Room Food Bank in



14 Wing Greenwood Bandmaster Warrant Officer Jeff Campbell, with soloist Andy Duinker.



Wing Honorary Colonel Terry Kelly was a featured entertainer, closing the show with a tune he co-wrote with Ron Hines, "Safe Home," arranged for the 14 Wing Band by Bandmaster Warrant Officer Jeff Campbell.



NEW YEAR'S EVE 2016 COMMUNITY CELEBRATION





1490 Westwood St. Kingston
(Formerly Western Kings Arena)



SATURDAY, DECEMBER 31st from 6:00pm to 9:00pm



FAMILY SKATING, FACE PAINTING, FINGER PRINTING,
HOT CHILI, POPCORN, BALLOON CREATIONS &
LIVE ENTERTAINMENT IN GALLERY W/BOB DEVEAU
HOT CHOCOLATE, HOT CIDER AND JIMMIE DOGS
AT 9:30 PM WATCH THE FIREWORKS FROM THE
SUPERSTORE PARKING LOT

THIS YEAR'S FIREWORKS WILL BE TWICE AS BIG!!
www.kingstonnovascotia.ca • STORM DATE - Jan 1st • 902-765-2800
PLEASE SHARE A LITTLE HOLIDAY CHEER – BRING NON-PERISHABLE FOOD
OR CASH DONATIONS FOR THE KINGSTON UPPER ROOM FOOD BANK.

Primary Sponsors





Free Skating Upcoming at the Kingston Credit Union Centre

CHRISTMAS BREAK PUBLIC SKATING

• THURSDAY DEC 22 ND	1:30 – 3PM
• FRIDAY DEC 23 RD	3:30 – 5PM
• SATURDAY DEC 24 TH	1:30 – 3PM
• CLOSED DEC 25 TH & 26 TH	
• TUES DEC 27 TH to FRI DEC 30 TH	1:30 – 3PM

We strongly encourage everyone to bring their helmets. We have some helmets available, so please ask if you need one!

ALL TIMES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

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Best Wishes for the Holiday Season

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Try our Lebanese & seafood menu!

Lions' celebrate community Christmas with BIG breakfast

**Lion Pat Nixon,
Kingston Lions Club**

What better way to start off the last official shopping day before Christmas than with a "big breakfast" with friends, family and the community at the Kingston Lions' hall Saturday, December 24, from 6 a.m. to 10 a.m.?

Served up by your friendly Kingston Lions, assisted by many friends –including the Kingston Scouts, community volunteers, municipal and provincial politicians and others for the past 23 years; this cherished Kingston tradition continues to grow. Lions recognize the work they do would not be possible without the generous and ongoing support of the surrounding community and businesses all year long. The breakfast is a way for Lions to say "thank you" A freewill offering makes the event affordable for all.

From humble beginnings 23 years ago, when just over 100 breakfasts were served, the event has grown to the point where, in 2015, a record high 1,003 breakfasts was served in just over three hours! Over the years, the Kingston Lions' Christmas Eve breakfast has become a tradition with parents and children and extended family members, all making a point to come out and share the spirit of the season with friends, neighbours and co-workers.

This time of year is for family. However, once again this year, many members of 14 Wing Greenwood will be spending the Christmas season deployed, away from their families - many for the very first time, others for the second, third or even more times. This is extremely hard on loved ones who keep the home fires burning. Lions President Pat Nixon, along

with all of the Kingston Lions wish to extend a personal and special invitation to family members of deployed 14 Wing personnel to come on out and join us for this breakfast. It is perhaps an opportunity, even temporarily, to take your minds away from worrying about loved ones as you enjoy a meal with your family and friends – and one you haven't had to cook!

What does it take to put on a breakfast for over 1,000 people? How about 110 dozen eggs, 110 pounds of sausage, 78 pounds of ham, 165 pounds of hash browns, 90 loaves of bread, 54 pounds of pancake mix - and the list goes on! Once again, Greenwood Sobey's is the breakfast's major sponsor, providing much of the food and supplies.

Santa and his elves make a special visit, there is entertainment and lots of op-



Kingston Lions, aka "Egg Crackers #1 and #2," busy mixing up scrambled eggs.



Lions busy keeping up with the endless call – "Eggs up!" - from the servers.

Submitted

portunity to enjoy a social gathering.

A Merry Christmas and

Happy New Year to you and yours, from your Kingston Lions.

Seniors' funding for Kings West halls

Colin Fraser, Member of Parliament for West Nova, November 19 visited three community halls which have received New Horizons for Seniors project funding, totalling an investment of \$35,687: the South Berwick Community Centre received \$20,557 for a new roof and electrical upgrades, the Windermere Community Club received \$9,960 to complete interior renovations, including additional storage space and improvements to make the hall safer; and the Millville Community Hall received \$5,170 to replace chairs.

The New Horizons for Seniors Program supports projects led by seniors who make a difference in the lives of others and in their communities.

Valley Brewtique
(formerly Bob's Brewtique)

Wine/Beer and U-Vint! Your Fall and Christmas destination
Wine/Beer and accessories on sale all day, everyday.

Wine kits from \$35.⁹⁹
Niagara Mist \$42.⁹⁹
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Brew Canada \$15.⁹⁹
Coopers, Munton's, Morgan's, Black Rock beer kits \$17.⁹⁹
Baron's \$29.⁹⁹ and BrewHouse \$44.⁹⁹

Full Deluxe Wine/Beer Starter kits \$49.⁹⁹
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On premise wine making available, \$50.⁰⁰ plus your kit.
Washing and sterilizing of all bottles, synthetic wine corks included.
Wine bottles at the low price of \$9.⁹⁹ per dozen if you make your wine with us. (\$11.⁹⁹ everyday).

***** Special - Wine Making \$44.99 until Christmas! *****

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