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the Aurora

Vol. 37 No. 36 SEPTEMBER 26, 2016 NO CHARGE www.auroranewspaper.com



Morgan Easson high fives his mom, Jill, as they take in the Annapolis Valley Air Park's first fly-in September 10.

S. Keddy

Fly for yourself!

September 27, between 7 p.m. and 9 p.m., Freedom Aviation hosts a meeting at the VP International building, just before the 14 Wing Greenwood main gates, inviting anyone interested in learning to fly or renting a small aircraft operating from the Annapolis Valley Air Park at 14 Wing Greenwood to come in and meet representatives of the Truro Flying Club, considering providing both programs locally.

A flying club can take advantage of a safe and controlled airspace environment, friendly atmosphere, social events, multiple training locations and an easy drive from major points in the province at the air park. The visiting Truro club hopes to offer - perhaps as soon as the end of October - a modern aircraft fleet, experienced instructors, advanced training, flexible schedules and pay-as-you go option. Sight-seeing flights will also be available.

Flying in, checking out new civilian air park

Sara Keddy,
Managing editor

The Annapolis Valley Air Park hosted its first civilian aircraft fly-in September 10, with small planes and even a helicopter visiting its new home on the 14 Wing Greenwood airfield.

Freedom Aviation chair-

man Paul Easson, who represents the group that operates the air park, said the fly-in was the first real opportunity to showcase what the developing facility has to offer.

"We have 10 aircraft based out of here now, with another five ready to come as soon as we have hangars," he said. "We have fuel, a phone, rest

14 Wing Greenwood take-off/ landings

	April	May	June	July
2015				
Military	290	355	298	297
Civilian	2	13	8	59
2016				
Military	215	524	341	253
Civilian	42	20	72	133

stop facilities, connections with the local community for taxis, food and accommodations; we have a 77-foot wide

gate onto the airfield - that's our only restriction, really."

Since the air park opened in April, with the relocation of the Kings County Municipal Airport from Waterville, several small corporate jets, provincial firefighting helicopters and dozens of civilian single and twin-engine planes have visited. Easson

Continued on page 2...

T M C TAYLOR MACLELLAN COCHRANE LAWYERS
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Air park ...

...cover

said the potential for increased business services is on the horizon, and small aircraft traffic is growing steadily.

"With the fly-in, we have people coming in to have a look and see what we're offering, and what it's like landing on a military airfield. Communication has been wide open, and working with the air traffic control tower has been good.

"We had one guy in from New Brunswick who said he hasn't been here in 50 years: the last time he landed in Greenwood, he was a Cadet. He was very excited to come."

Easson said the air park has been made welcome at 14 Wing. Delays in the construction of an automated airfield access gate were remedied with the gate's recent activation: until that happened, Cadets in the summer flying program, who based their school out of the air park's space and office, pitched in.

"I can't say enough about the Cadets and their help," Easson said. "They helped run the gate for us."

The air park is adding other small things as time goes on: one of the most recent is a four-person life raft that can be borrowed for non-commercial flights. A local amateur pilot volunteers with

the Civil Air Search and Rescue Association (CASARA), nationally headquartered at 14 Wing Greenwood: he recently participated in an exercise in Sydney and flew Nova Scotia's CASARA plane at a military search and rescue exercise in Yellowknife this month. There is growing interest in offering CASARA training and opportunities for other air park pilots. And Easson is hopeful, once a formal lease is signed, the air park can start construction on hangar space, perhaps later this fall.

Major Mike Deutsch, who has coordinated 14 Wing's incorporation of the civilian air park over the past year, said that lease has left 14



Kevin Howe enjoys his small aircraft flying time just as much as his work day experiences as a major with 14 Wing Greenwood's 413 (Transport and Rescue) Squadron, where he swerves as a flight commander on Cormorant helicopters. Howe says increased interest from military personnel in private aviation would be welcomed by Annapolis Valley Air Park organizers.

S. Keddy

Wing and is now under review by federal justice officials. Once approved, the minister of national defence would be in a position to sign it.

"The timeline is undetermined: this is not something we have ever embarked on before," Deutsch says, adding any local experience with a past private flight school that operated here is "long gone."

"But the base has been pleased with the air park so far: it creates more traffic and more buzz. We've put a lot of time and effort into this – we're part of both the aviation



and local community, and we're using our resources."

Deutsch says the learning experiences have also been beneficial – for both civilian aviators now landing at a "truly controlled airport" and military air traffic control operators, handling increased and more varied visiting

aircraft.

"We had a session earlier in the season, with great attendance by the civilian folks, and we're looking at developing a plan for frequent visitors that could be something they review and check off annually, specific to our tower procedures."



Two new hangars are proposed to accommodate small aircraft who will make their home at the Annapolis Valley Air Park. The goal is a fall construction, but a start date is pending a formal lease agreement.



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Useful links | Liens utiles

Canadian Air Force website
Site Web de l'Aviation royale canadienne
www.airforce.forces.gc.ca

Community Gateway Site
Site du portail communautaire des Forces canadiennes
www.cfcommunitygateway.com

14 Wing Greenwood Site
Site de la 14e Escadre Greenwood
www.airforce.forces.gc.ca/14w-14e

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From left to right are Brigadier General (retired) The Honourable John James Grant, Halifax Waterfront Development chief executive officer Jennifer Angel, 5th Canadian Division Commander Brigadier General Carl Turenne, CFB Halifax Commander Captain (Navy) Chris Sutherland, Army Museum of Halifax Citadel governor Corinne MacLellan, artist Nancy Keating and Army Museum of Halifax Citadel curator Major (retired) Ken Hynes at the official opening of the Last Steps Memorial Arch August 26. S. Cameron, Public Affairs co-op student, MARLANT

Halifax waterfront monument honours soldiers of First World War

2nd Lieutenant Dawn O'Connor, 5th Canadian Division PA

The Last Steps Memorial Arch evokes an emotional connection to the soldiers who served Canada during the First World War. The idea for the memorial, erected August 26, behind the Maritime Museum of the Atlantic on the Halifax Waterfront, adjacent to CSS Acadia; was conceived in 2014 by Corinne MacLellan, governor of the Army Museum of Halifax Citadel. She was inspired by a quote from “Nova Scotia’s Part in the Great War,” a

book by M. Stuart Hunt. “Nova Scotia played a role in the conduct of the war which will resound to her glory for all time.” MacLellan felt a memorial was needed that would inspire reflection on the lives of hundreds of thousands of Canadians who deployed from Halifax to Europe from 1914 to 1918. She believed it was important to find a way to look beyond remembering them solely as a number on the pages of names of those lost or wounded. Artist Nancy Keating was commissioned to design the victory arch. She took in-

spiration from the lives of her family members who served, including her own great-uncle, who left Halifax in 1915; her grandfather, a brigadier general; and her father, who served as a major in the Second World War. Keating wanted people to remember not only those who died or were injured, but also those who survived. She chose an arch in order to represent a portal to the unknown and to signify that, once the brave Canadians travelled their last steps on home soil, their lives and the lives of those who loved them were forever marked. Visitors to the site are invited to take a moment to walk in the footsteps burned into the boardwalk, modeled from combat boots worn by First World War soldiers. The memorial may prompt visitors to consider what soldiers were feeling or thinking as they left Canada, more than 60,000 of them for the last time. Through the portal, visitors may also be reminded these soldiers’ last steps are what blazed the trail to securing current rights and freedoms.



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We thank all applicants in advance for their interest in this position, however, only those selected for an interview will be contacted.

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14 Wing Imaging unless otherwise indicated.



September 16, Sergeant Aaron Evans, 404 Squadron Non Acoustic Sensor Operator (NASO) instructor, received an Operation Impact Coin for his work on deployment in Kuwait' presented by Major Dev Paquette (left), 404 Squadron acting commanding officer, and Chief Warrant Officer Conrad Wilson (right).

Master Corporal K. Low; 404 Squadron Courseware Development



September 16, Warrant Officer Dennis Boswall, 404 Squadron Senior Non Acoustic Sensor Operator instructor (SNASOI), received the 2,000 Flying Hours Certificate for having logged more than 2,000 flight hours in the CP140 Aurora aircraft. The certificate was presented by Major Dev Paquette (left), 404 Squadron acting commanding officer, and Chief Warrant Officer Conrad Wilson (right).

Master Corporal K. Low; 404 Squadron Courseware Development



Acting commanding officer of 404 Squadron, Major Dev Paquette (left), September 14 presented Captain Joe Antle (middle) with the Buffalo of the Quarter certificate in the Hornell Centre Theatre, 14 Wing Greenwood. Standing with them is 404 Squadron Chief Warrant Officer Conrad Wilson (right).

Corporal C. Roche, 404 Squadron, Courseware Development



Acting commanding officer of 404 Squadron, Major Dev Paquette (left), September 14 presented Captain Joe Antle (middle) with a certificate for logging more than 1,000 flying hours in the CP140 Aurora in the Hornell Centre Theatre, 14 Wing Greenwood. Standing with them is 404 Squadron Chief Warrant Officer Conrad Wilson.

Corporal C. Roche, 404 Squadron, Courseware Development



September 16, Sergeant Martin Fiset, 404 Squadron Non Acoustic Sensor Operator instructor, received the 2,500 Flying Hours Certificate for having logged more than 2,500 flight hours in the CP140 Aurora aircraft. The certificate was presented by Major Dev Paquette (left), 404 Squadron acting commanding officer, and Chief Warrant Officer Conrad Wilson (right).

Master Corporal K. Low; 404 Squadron Courseware Development



September 16, Captain Mike Austin, 404 Squadron Nav Com instructor, received the 1,000 Flying Hours Certificate for having logged more than 1,000 flight hours in the CP140 Aurora aircraft. The certificate was presented by Major Dev Paquette (left), 404 Squadron acting commanding officer, and Chief Warrant Officer Conrad Wilson (right).

Master Corporal K. Low; 404 Squadron Courseware Development



Captain Rodney Hallsworth, 404 Squadron pilot, centre; September 9 received the 1,000 Flying Hours certificate for having logged more than 1,000 flight hours in the CP140 Aurora from Major Dev Paquette, 404 Squadron acting commanding officer, left; and Chief Warrant Officer Conrad Wilson in the Hornell building, 14 Wing Greenwood.

Master Corporal K. Low, 404 Squadron Courseware Development



405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Marie-Claude Osmond (left) September 14 promoted Aviator David Ellingwood (center) to corporal, with Squadron Chief Warrant Officer Craig Chislett attending. Ellingwood was advanced by five months.

Corporal D. Kirkwood, 405 Squadron Imaging

OCTOBER/OCTOBRE

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September 20, 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Marie-Claude Osmond (left) presented Corporal Craig Fitzgerald (center) his certificate for 12 years of service, with Squadron Chief Warrant Officer Craig Chislett in attendance.

Corporal D. Kirkwood, 405 Squadron Imaging



September 20, 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Marie-Claude Osmond (left) promoted Aviator Matthew Brown (center) to corporal, with Squadron Chief Warrant Officer Craig Chislett in attendance.

Corporal D. Kirkwood, 405 Squadron Imaging



September 20, 405 (Long Range Patrol) Squadron Commanding Officer Lieutenant-Colonel Marie-Claude Osmond (left) promoted Aviator (Basic) Jimmy Palmer (center) to aviator (trained), with Squadron Chief Warrant Officer Craig Chislett in attendance.

Corporal D. Kirkwood, 405 Squadron Imaging



Corporal Jordan Cuming, 404 Squadron airborne electronic sensor operator (AESOP), centre; was promoted September 9 to master corporal by Major Dev Paquette, 404 Squadron acting commanding officer, left; and Chief Warrant Officer Conrad Wilson in the Hornell building, 14 Wing Greenwood.

Master Corporal K. Low, 404 Squadron Courseware Development



September 8, Captain Pete Pitcher, left, presented the General Service Medal - Expeditionary to Corporal E.A. Kallweit (centre) for service in Kuwait between November 20 and December 22, 2014. Also in the photo is Flight Warrant Officer Edward Hebb.

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron



September 6, Captain Pete Pitcher promoted Corporal E.A. Kallweit, right, 192 Construction Engineering Flight, Aldergrove, BC.

Honorary Colonel D. Hennessey, 14 Construction Engineering Squadron

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Please note not all projects submitted may be able to be funded. CHBs frequently receive more applications for funding than funds available.

Deadline for Applications: 12:00 Midnight, November 1, 2016

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Tél: 902-542-1244
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Battle remembered



Royal Canadian Air-Force Association 107 Chapter president Alex Madaire (left) and 14 Wing Greenwood Commander Colonel Pat Thauberger (right) lay a wreath during the 2016 Battle of Britain Parade, held in the 107 Royal Canadian Air-Force Association building, Greenwood, September 18.

Corporal D. Salisbury, 14 Wing Imaging



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Margaret Reid
 Directrice exécutive

courriel: home@greenwoodmfr.ca
Objet : curriculum vitae – engagement
 (en format MS Word ou PDF)
 Télécopieur : 902-765-1747

Centre de ressources pour les familles
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- Veuillez fournir votre curriculum vitae en anglais.
- Le CRFMG est situé dans le Centre AVM Morfee, School Road, à Greenwood.

Veuillez prendre note que nous communiquerons uniquement avec les candidats retenus pour l'étape suivante du processus de sélection.

Le CRFM de Greenwood souscrit au principe d'équité en matière d'emploi.
 Visitez le site www.forcedelafamille.ca pour en apprendre davantage sur le CRFMG.



Employment Opportunity Greenwood Military Family Resource Centre (GMFRC) **COMMUNITY ENGAGEMENT COORDINATOR** (Full Time Position)

The Community Engagement Coordinator is responsible for the GMFRC's ongoing liaison with local military and civilian communities including providing information, community outreach, and education information. Outreach Services will also be provided to CF members and families in Reserve Unit locations as well as those CF families living outside of the immediate area. As part of the GMFRC multi-disciplinary team, the Coordinator is responsible for creatively planning, preparing and coordinating the public relations and marketing activities of the Centre. This position involves working closely with other team members to promote Centre programs and services and providing public relations expertise to the program team. This position also assumes responsibility for liaison with local schools.

Probationary Period: 6 months
Responsible to: Executive Director

Desired Knowledge, Experience and Education:

- Degree in Public Relations, Marketing, Communications or related field from a recognized University
- Minimum of three years experience working in a public relations position
- **Proficiency in both official languages is required;** Excellent written, presentation, and oral communication skills in both official languages
- Graphic design experience & expertise a definite asset
- Valid NS Driver's license
- Excellent computer skills; solid knowledge of social media options & ability to administrate options
- Knowledge of local media/PR resources and strong networking abilities
- Excellent interpersonal skills with the proven ability to deal effectively with community members, staff, media, and community agencies.
- Willingness to work flexible hours
- Project management skills and be able to work well with service contractors. This would include printers, web developers and other contract labour.
- Exhibits characteristics of warmth, empathy, humour and a non-judgmental philosophy of care and strong understanding and application of ethical principles.
- A clear understanding of the community development process is essential and a working knowledge of community resources in the catchment area is required. In-depth knowledge of civilian/provincial agencies and organizations that can provide support to military families
- A strong belief in the principle of volunteerism is required.
- A good understanding of the unique needs of CF families as well as a demonstrated ability to work effectively within both an inter-disciplinary team and in a self-directed environment while responding to the challenges of a demanding multi-faceted role.

Hours

- 37.5 hours per week (occasional evening & weekend hours are required. Flexibility is a must.)
- Must complete a Child Abuse Registry Check, Criminal Record Check, and Enhanced Reliability Check. Eligible candidates should submit by fax, mail, or email a cover letter and resumé clearly outlining their ability to fulfill all position requirements, **on or before noon on Friday, 14 October 2016** to:

Margaret Reid
 Executive Director

email: home@greenwoodmfr.ca
Subject line: resumé-engagement
 (MS Word or PDF format)

Greenwood Military Family Resource Centre
 PO Box 582, Greenwood, NS, B0P 1N0

fax: (902) 765-1747

- Please submit resumé in English.
- The GMFRC is located in the AVM Morfee Centre, School Road, in Greenwood.

Please note: Only candidates selected for further consideration will be contacted.

The Greenwood MFRC is committed to employment equity.
 You can read more about the GMFRC at: www.familyforce.ca

At what stage in life do I need to consider life insurance?

Marie Navarro

Every stage in life comes with its share of goals and challenges. That is why preparing for each coming stage is key, and where life insurance comes in....

You are young, new to the military and probably healthy to boot; life insurance is probably the furthest thing from your mind. But then things begin to change: you're thinking of marriage, a home, children.... Life is bliss for sure, but you now have loved ones to protect, assets to grow or to pass down, and what about when you are ready to

release from the military or to retire? With no kids at home, mortgage pretty much paid off (hopefully), should you still bother with life insurance?

Young and new to the military: your youth and health make it not only easy to get life insurance, they also make it very affordable! Since no one knows what the future holds, take this time to start building, setting up your goals (education), some stability in the form of a job (to secure a steady flow of income), purchasing a vehicle, etc. With the security and safety net of a life insurance plan, specifically tailored to your

needs*, you are prepared for the next stage.

Getting married/ settling into your chosen career/ having a family: arguably the most challenging but, in all likelihood, the most rewarding stage in life! However, if you've accumulated some debt along the way (student loans from your previous stage), your life insurance needs may become more significant and will be added to the growing demands of family life (university for the children, paying off mortgage, etc.). Therefore, if you are no longer there to provide for them, the safety net will need

expanding to ensure your family's financial well-being.

Retiring: At retirement, we usually get to enjoy our family and the assets we've accumulated over time. Life insurance at this stage will mainly serve for estate planning purposes (inheritance for children, covering funeral costs, taxes on properties and investments that are left behind, or charitable donations, etc.) You may therefore need less than in previous stages.

However, for many Canadians financial security is still not a given, even at this stage. With some still carrying a mortgage, adult children at

home, not to mention aging parents to take care of, debt can still be clouding your retirement.

Here again, preparing for this stage will help you and your family secure financial well-being post release/ retirement! With SISIP Financial, you can transfer your existing Optional Group Term Insurance or Reserve Term Insurance Plan to Insurance for Released Members in a seamless process, with no medical questionnaire, but only if you do it within 60 days of your date of release. After the 60 days, however, your request for insurance will be

treated as a new application and a medical questionnaire must be supplied.

Life insurance can provide the foundation to help secure and protect your family's financial well-being and should be considered when preparing for every each stage in life!

** SISIP Financial Life Insurance plans are specifically tailored to provide the right amount of life insurance for each CAF member! Visit your SISIP Financial office or make an appointment for your Insurance Needs Analysis to determine how much coverage you actually need!*

À quelle étape de la vie envisager l'assurance-vie?

Marie Navarro

Chaque étape de la vie apporte son lot d'objectifs et de défis. C'est pourquoi il est essentiel de se préparer pour l'étape à venir, et c'est là qu'entre en jeu l'assurance-vie....

Vous êtes jeune, nouvelle recrue des Forces armées canadiennes (FAC) et avez probablement une santé de fer! L'assurance-vie est probablement le dernier de vos soucis. Mais les choses commencent à changer. Vous pensez au mariage, l'achat d'une maison, avoir des enfants. La vie est belle, pour sûre, mais vous avez maintenant des êtres chers à protéger, des biens à faire fructifier ou à léguer. Et, qu'en est-il lorsque vous êtes prêt à être libéré des FAC ou à prendre votre retraite? Si vous enfants ont quitté le nid et que l'hypothèque est remboursée ou presque (espérons-le), devriez-vous encore vous soucier d'avoir une assurance-vie?

Jeune et nouvelle recrue : le fait que vous soyez jeune et en bonne santé facilite non seulement votre souscription à une assurance vie, mais la rend également très abordable! Puisque personne ne sait ce que l'avenir nous réserve, profitez donc

de cette étape pour commencer à établir vos objectifs (études), obtenir une certaine stabilité financière sous forme d'un travail (pour un revenu constant) où même acheter un véhicule. Grâce au filet de sécurité que procure un régime d'assurance vie personnalisé en fonction de vos besoins*, vous êtes prêt pour l'étape suivante.

Se marier, entreprendre une carrière, avoir des enfants : il s'agit sans doute de l'étape de la vie la plus exigeante, mais également la plus gratifiante! Toutefois, si vous avez accumulé des dettes en cours de route (un prêt étudiant contracté à l'étape précédente) vos besoins en matière d'assurance vie seront plus importants et viendront s'ajouter aux demandes croissantes de la vie de famille (études universitaires pour vos enfants, remboursement de l'hypothèque, etc.) Alors, si

vous n'êtes plus là afin de pourvoir aux besoins de votre famille, le filet de sécurité devra s'agrandir pour assurer leur bien-être financier.

La retraite : c'est normalement l'étape où nous pouvons profiter de notre famille et des biens accumulés au fil du temps. L'assurance-vie à cette étape sert donc principalement à la planification successorale (l'héritage pour les enfants, les frais de funérailles, impôts fonciers, impôts sur les placements qui restent à payer, dons de charité, etc.). Par conséquent, vos besoins seront probablement moins grands qu'à l'étape précédente.

Toutefois, pour bon nombre de Canadiens, même à cette étape, la sécurité financière n'est pas toujours un fait. En effet, avec une hypothèque à rembourser, des enfants adultes qui habitent toujours ou de nouveau à la maison, sans oublier des par-

ents vieillissants dont ils doivent prendre soin, les dettes peuvent encore assombrir la retraite de certains!

Là encore, bien se préparer pour cette étape peut vous aider à assurer votre bien-être financier et celui de votre famille, même après votre libération des FAC ou votre retraite! À la Financière SISIP, vous pouvez transformer votre couverture d'Assurance collective facultative temporaire ou de votre Régime d'assurance temporaire de la Réserve existante en Assurance pour membres

libérés de façon très simple, sans questionnaire sur les antécédents médicaux, mais uniquement si vous faites parvenir votre demande dans les 60 jours suivant la date d'entrée en vigueur de votre libération. Cependant, après 60 jours votre demande de souscription à une assurance sera traitée comme une nouvelle demande, et vous devrez remplir un questionnaire.

L'assurance-vie peut servir de base pour assurer et protéger le bien-être financier de votre famille, et devrait être

prise en considération lors de la préparation de chaque étape de votre vie!

** Les régimes d'assurance-vie de la Financière SISIP sont spécialement conçus afin de fournir le montant adéquat d'assurance, spécifique à chaque membre des FAC! Visitez le bureau de la Financière SISIP ou prenez rendez-vous pour d'obtenir votre Analyse des besoins en assurance et déterminer ainsi la couverture dont vous avez réellement besoin !*

~ **Burial Service Notice** ~

A small graveside burial service for the late **Joyce Maguire**, wife of the late **CWO Donald Maguire**, will take place on **Tuesday, September 27 at 11 a.m.** The service will be held in the Church Grove Cemetery in Melvern Square with Reverend Kent Greet presiding. Past friends and acquaintances are most welcome to attend.



Kingston Legion Br 98 ~ ~ October 2016

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E-Mail legion98sect@eastlink.ca • Facebook: Kingston Legion Br 098 • Website www.legion98.com

Sun	Mon	Tues	Wed	Thu	Fri	Sat
AUTUMN IS HERE! BR. 098 ELECTIONS OCTOBER 24th, 7 P.M.						BREAKFAST 1
						Meat Draw 2:30
						Chase the Ace!
						DANCE: Test of Time
2	3	4	5	6	7	8
BINGO 1:30	EUCHRE	CHAIR YOGA		CRIB	TGIF: Scallops 'n' Chips	OPEN CRIB
		BINGO 7:30		CHAIR YOGA	MIXED DARTS	Meat Draw 2:30
						Chase the Ace!
						DANCE: Broken Circuit
9	10	11	12	13	14	15
BINGO 1:30	EUCHRE HAPPY THANKSGIVING	CHAIR YOGA		CRIB	K.A.S.A.	Meat Draw 2:30
		BINGO 7:30		CHAIR YOGA	MIXED DARTS	Chase the Ace!
						DANCE: Side Kicks
16	17	18	19	20	21	22
BINGO 1:30	S.C.A.N. 13:30	CHAIR YOGA		CRIB	MIXED DARTS	Meat Draw 2:30
DISTRICT D Mtg DIGBY Br. 020	EUCHRE EXEC. MTG. 7:00	BINGO 7:30		CHAIR YOGA	TGIF: Fish 'n' Chips	Chase the Ace!
						DANCE: Route 12
23	24	25	26	27	28	29
BINGO 1:30	GEN. MTG. ELECTION 7:00 p.m.	CHAIR YOGA	EUCHRE	CRIB	K.A.S.A.	Meat Draw 2:30
		BINGO 7:30		CHAIR YOGA	MIXED DARTS	Chase the Ace!
						HALLOWEEN DANCE: Stagecoach 9 p.m. - 1 a.m.
30	31	HALLOWEEN COSTUME DANCE - Prizes!				
BINGO 1:30	EUCHRE	Find us on facebook				

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Recettes au cidre de pomme pour un automne au chaud

(EN) L'automne rime souvent avec temps gris et froid. Heureusement, c'est aussi le temps de la cueillette de pommes, et la saison des boissons et des plats réconfortants qui nous gardent au chaud! Profitez de ces recettes chaleureuses mettant en vedette le mélange de cidre de pomme chaud Green Mountain en capsules K-Cup pour le système Keurig qui réunit les plaisirs automnaux à merveille.

Cidre de pomme chaud au rhum brun

Ingédients

- 30 ml (1 oz) de rhum brun
- 1 capsule K-Cup Green Mountain Mélange à cidre de pomme chaud
- 1 bâton de cannelle
- Tranches de pommes pour décorer

Préparation

Infuser 250 ml (8 oz) de Green Mountain Mélange à cidre de pomme chaud à l'aide de votre système d'infusion Keurig.

Verser le rhum brun dans le mélange à cidre de pomme chaud.

Déposer un bâton de cannelle et quelques tranches de pommes dans la tasse en guise de décoration.

Soupe à l'oignon au cidre de pomme

Donne 6 portions

Ingédients

- 1,5 kg (3 lb) oignons tranchés finement
- 2 échalotes françaises
- 60 ml (4 c. à soupe) d'huile d'olive
- 1 capsule K-Cup Green Mountain Mélange à cidre



- de pomme chaud
- 1 L (4 tasses) de bouillon de bœuf
- 1 L (4 tasses) de bouillon de poulet
- 15 ml (1 c. à soupe) de



- thym séché
- 6 tranches de pain parisien
- 750 ml (3 tasses) de fromage emmental râpé
- Sel et poivre au goût

Préparation

Dans une casserole, chauffer l'huile à feu moyen et y ajouter les oignons et les échalotes françaises. Cuire en remuant souvent environ 20

minutes. Les oignons doivent être dorés, mais pas brûlés. Baisser le feu au besoin.

Infuser 125 ml (4 oz) d'une capsule K-Cup Green Mountain Mélange à cidre de pomme chaud à l'aide de votre système d'infusion Keurig.

Dégeler les oignons et les échalotes avec le Mélange à cidre de pomme chaud Green Mountain et prendre bien soin de racler les sucs au fond de la casserole.

Ajouter le bouillon, le thym, le sel et le poivre. Baisser le feu et laisser mijoter 30 minutes. Pendant ce temps, déposer les tranches de pain sur une plaque de cuisson, et placer au four à 200°C (400°F) environ 10 minutes.

Verser la soupe dans 6 bols, ajouter une tranche de pain sur chacun ainsi que le fromage. Griller au four.

All Ranks Candlelight Dinner

Saturday, 15 Oct 2016

1800 hrs Cocktails – 1900 hrs Dinner

Menu

- Greek Salad
- Chicken and Rice Lemon Soup (Kolossoupe Augalemono)
- Roast Beef Kabob served with Greek Potatoes
- Custard filled Phyllo Pastry (Galaktoboureko)
- Non-Alcoholic Punch
- Glass of Red Wine
- Shot of Ouzo
- Tea/ Coffee

RESERVED SEATING

Dinner Music and DJ after Dinner

Tickets \$23 each for Member and 1st Guest

All other Guest tickets \$33 each - 4 tickets per member maximum

Cut-off for ticket sales is 7th October at noon

Semi-formal: Business Suit or Sports Jacket/Tie (M)

Pantsuit/blouse or Cocktail Dress (F)

Dress Code will be enforced - NO REFUNDS

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Let’s talk turkey

(NC) Roasting the perfect holiday bird isn’t always as easy as we’d like. Fortunately, with the right tools and pro tips, you’ll be well on your way to seasoning and stuffing a turkey worthy of showing off on social media. Here, Chef Shahir Massoud, spokesperson for Butterball and Kimberly Mann, national training manager at GE Appliances, talk turkey and reveal their top tips.

Chill out. If you’re cooking a frozen turkey, thaw the bird in the fridge, not the counter, as the room temperature can promote bacterial growth. Plan one day of thawing for every four pounds of turkey. In a rush? Shahir suggests submerging a fully wrapped turkey, breast down, in cold water. You’ll need about 30 minutes per pound for the whole turkey to thaw with this method.

Don’t fear convection. “Convection cooking is the perfect way to roast a tur-

key because the circulating air helps seal in juices and browns the skin to perfection,” explains Mann. Although the convection feature on your oven can seem daunting, she suggests cooking the turkey at a slightly lower temperature than normal and checking it more frequently as it will cook a bit faster on a convection setting.

Always use a meat thermometer. Overdone, dry turkey is the worst. To make sure you don’t overcook your bird, always use a meat thermometer. Make sure the thermometer is inserted into the thickest part of the thigh and isn’t touching the bone. When the thigh temperature reaches 180°F, you’re done. Note: If your turkey is stuffed, the temperature must reach a minimum 165°F deep in the stuffing.

It’s not all about that baste. Despite the longstanding tradition of turkey basting, Shahir



says you may be surprised to learn it’s actually not doing much for your turkey. Every time you open the oven door, heat and moisture escape. This means it will take longer for your turkey to cook and you could end up with a drier bird. Plus, the drippings you’re using to baste are a mixture of fat and liquid that can actually make the skin soggy and dry out the meat.

Give it a rest. Before carving up your turkey, let it rest for 15 to 20 minutes by loosely covering it with foil. This will help the turkey to retain its moisture, making it extra juicy.

For any questions or concerns about your Thanksgiving turkey, Butterball Turkey TalkLine staff are available to take your call at 1-800-BUTTERBALL (1-800-288-8372).

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How to get free money for your child's education

(NC) Every child deserves an education. Not only is it a basic right, but these days a good education is necessary in order to earn a living and maintain a suitable lifestyle. In fact, according to Human Resources and Skills Development Canada, 70 per cent of new jobs in the coming decade will require a post-secondary education.

But affording this schooling isn't always easy. Fortunately, the federal government has developed new funding for post-secondary schooling. Qualifying families are even eligible to receive free money with no contribution. All you need to do to access this for

your child is open a Registered Education Savings Plan.

Here's how you can take advantage of this government funding for your child's education:

1. Find out if you qualify. All Canadian families are eligible for Canada Education Savings Grant (CESG) regardless of income. Families who qualify for the Canada Learning Bond (CLB) have a child or children who were born January 1, 2004 or later, and qualify for the National Child Benefit Supplement with an income less than \$44,701.

2. Start saving the right way. If you don't qualify for the CLB,

open an RESP with the CESG. For every dollar you contribute, the government will add 20 cents and your child can receive up to \$500 per year to a lifetime maximum of \$7,200.

If you qualify for the CLB, open an RESP with the CLB. Get up to \$2,000 from the government with \$0 of your own money. This includes a \$500 contribution today and \$100 every year until your child turns 15.

3. Seek help if you need it. Look for a financial organization dedicated to assist with your educational savings goals. Smartsaver.org, a non-profit community website has been established to help families



understand and access government money by opening RESP accounts.

Earning a diploma or degree can be very empowering for

your child because it helps them acquire the skills they need to become contributing citizens in an evolving world. So it makes sense to take advantage of the

government programs that can support their education. Start your investment today by learning more about opening an RESP.

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Six healthy holiday snack ideas

(NC) 'Tis the season for holiday parties - and the tempting foods that go along with them. Starting with Thanksgiving, we're bombarded with tasty treats that can put a dent in our healthy eating and fitness goals. Stay on track by arming yourself with expert pre-party advice and go-to snack ideas.

The most important thing is to make sure you don't arrive hungry. Skipping meals all day to cut calories before a big holiday gathering backfires if you arrive ravenous and overload your plate in the buffet line. The smart strategy is to take the edge off your hunger by having a light snack before leaving home. California grapes are a perfect



solution, as these sweet and juicy treats are only 90 calories for a 3/4 cup serving. Try these six ways of combining them with other great foods for quick snack ideas:

1. Stir them into a dish of

yogurt and add a sprinkle of granola.

2. Combine them with cubes of reduced-fat cheese and a sprinkle of nuts.

3. Toss them into your favourite smoothie recipe or whirl them together with yogurt, ice cubes, banana and a splash of orange juice.

4. Spread celery stalks with peanut butter and place grapes on top.

5. Smear a dab of cream cheese on top of graham crackers and top with halved grapes.

6. Use them as a spectacular substitute for ice cream. Wash and dry grapes, then freeze them for about two hours for a guilt-free, tasty mini-sorbet.

Les tendances déco pour l'automne

(EN) La saison estivale tire à sa fin, et il faudra bientôt envisager de remettre votre intérieur au goût du jour pour profiter des longues soirées d'automne et d'hiver.

Produits artisanaux. Selon les experts en aménagement intérieur, la popularité des produits artisanaux produits localement ne cesse d'augmenter. Cette tendance s'inscrit dans une volonté de soutenir les fabricants indépendants locaux et de présenter des morceaux intéressants et uniques. Vous trouverez des articles produits par les artisans locaux dans les marchés de quartier ou dans les expositions d'artisanat. Parmi les matériaux les plus populaires, on retrouve le cuivre et le laiton.

Les fenêtres. Il est important de choisir des parures de fenêtres fonctionnelles qui rehausseront l'ambiance de la pièce, comme des stores assombrissants pour une chambre, et des stores verticaux pour une porte-fenêtre coulissante dans le salon. Offerts avec des cordons cachés ou rétractables ou



des systèmes opérationnels sans fil, ces parures sont non seulement belles, mais sécuritaires pour les enfants et les animaux domestiques.

Les tissus. Les textures plus rugueuses comme le lin et le tweed s'harmonisent bien à la tendance nature et l'élégance organique qui sont populaires cet automne. Les motifs floraux de type grand-mère font un retour marqué tout comme les formes audacieuses et les motifs géométriques.

Les couleurs. Les tons pastel si populaires en début d'année ont fait place aux teintes plus riches, plus chaudes et plus soutenues, comme les reflets de pierres

précieuses.

Les technos intelligentes. Grâce au téléphone intelligent, nous pouvons maintenant nous brancher sur presque tous les aspects de la maison, alors faites vite et renseignez-vous sur ces nouvelles solutions technologiques aussi pratiques que conviviales. Imaginez un instant – vous êtes au travail et vous utilisez le web pour fermer vos stores, ouvrir les lumières ou modifier la température de la maison. Vous pouvez également ajuster vos stores à distance grâce au système de motorisation PowerView, offert sur une vaste gamme de parures de fenêtres Hunter Douglas.

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Faites vos tâches ménagères en famille

(EN) La lessive est souvent considérée comme une tâche fastidieuse — il faut séparer les vêtements, les laver, et plier ensuite les bas, les chemises, les pantalons et les chandails et les ranger en fonction des différentes activités pour lesquels ils sont utilisés. Pour la plupart des familles canadiennes, surtout pour la famille Di Fonzo, laver une montagne de vêtements semble un défi insurmontable.

Comme leurs six garçons habitent toujours à la maison, Rachel et Joe Di Fonzo font constamment une quantité impressionnante de brassées. Chaque semaine, la famille fait douze brassées de vêtements et quatre brassées de draps, de douillettes et de serviettes.

Avec une telle quantité de vêtements et de literie à laver, les Di Fonzo doivent pouvoir compter sur leurs appareils ménagers. C’est pourquoi ils utilisent les appareils haute efficacité à chargement vertical de très grande capacité de Maytag afin de faire la lessive en moins de temps. La laveuse nettoie les taches de façon efficace et la famille peut laver 32 serviettes en une seule brassée.

Les Di Fonzo se partagent également les tâches afin de gagner du temps. Rachel met les vêtements dans la laveuse pour chaque brassée, et un soir par semaine chaque fils doit suspendre les vêtements propres. Le lendemain soir, les fils doivent ramasser leur lessive placée dans des bacs individuels à leur nom et ranger les vêtements dans leur chambre. Comme tous les membres de la famille contribuent à cette tâche ménagère, la routine de la lessive est plus simple et plus agréable.



Today’s neutral pack a punch

(NC) A fresh coat of paint can work wonders to update the look and feel of your home. That’s one reason why taking up the brush and roller is often a recommended upgrade when preparing a home for sale. And when it comes to choosing colours, more often than not, your real estate agent will recommend neutral hues.

“Neutrals allow prospective home buyers to picture themselves living in the home,” says Marian Barry a broker-owner with Royal LePage True North Realty in Fort McMurray, Alberta. “A palette that is too strong may not be to everyone’s taste. But, no need to despair: today’s options go far beyond the typical beige.” Barry points out neutrals



today have a lighter touch with a slight shift toward pastels. She recommends the following tactics to choose paint colours to rejuvenate your surroundings and do the heavy lifting should you decide to sell your home:

Select a shade drawn from prominently displayed artwork, accessory or furnishings. Doing so will ensure that your home is one step closer to ‘show time’ if and when you decide to sell.

Consider adjacent rooms. Think about how your chosen colour will interact with adjacent rooms. Strive for complimentary hues from a colour wheel to provide natural flow from room to room.

Consider what time of day the room will be most often used. While you may be tempted to paint a basement room a bright sunny yellow, if the room is to be used most often in the evening, hues of blue, green or gray may be more appropriate.

Bring home a paint sample or oversized paint chip. Make an informed choice and consider how it looks in your room, and under various lighting conditions, before you commit.

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National Family Week | Semaine nationale de la famille

October 2 - 8 | 2 au 8 octobre

Saving for Education - Transforming Lives
Épargner pour l'éducation - Transformer des vies

Annual Family Walk Sunday, October 2 1 - 3 p.m. Stronach Park, Kingston FREE	Join us as we celebrate with some family fun activities! Come enjoy a nice walk, a BBQ, family photos, face painting, and more! Joignez-vous à nous pour des activités amusantes en familles alors que nous célébrerons. Venez faire une belle promenade, participer au barbecue et prendre des photos. Il y aura également du maquillage pour les enfants et bien d'autres activités!	Marche annuelle en famille Dimanche 2 octobre 13 h à 15 h Stronach Park, Kingston GRATUIT
Cookie Decorating & Costume Swap Wednesday, October 5 10 - 11:30 a.m. GMFRC FREE	Gather up all of your old Halloween costumes and bring them to the GMFRC's Annual Family Cookie Decorating and Costume Swap as we celebrate with the little ones in the most delicious way possible! Trouver des costumes d'Halloween abordables peut être un défi pour les parents. Ramassez vos costumes d'Halloween et apportez-les à l'activité annuelle d'échange de costumes et de décoration de biscuits pour la famille du CRFMG!	Décoration de biscuits et échange de costumes Mercredi 5 octobre 10 h à 11 h 30 GMFRC GRATUIT
Annual Spaghetti Supper Wednesday, October 5 5 p.m. Annapolis Café FREE for defence team families Maximum 250 people	It is important to acknowledge and celebrate the wonderful people we call our military family. Join us at the Annapolis Café for a FREE spaghetti supper, as we spend time together as a large community! Il est important de reconnaître et célébrer les merveilleuses personnes qui forment notre famille militaire. Joignez-vous à nous au Annapolis Café pour un repas spaghetti GRATUIT tout en profitant d'un moment tous ensemble avec notre communauté élargie.	Souper spaghetti annuel Mercredi 5 octobre 17 h Annapolis Café GRATUIT pour les familles de la Défense Maximum 250 personnes

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Lieutenant-Colonel Marie-Claude Osmond, 405 Squadron, kept supply lines operational during the Wing Welcome breakfast.

S. Keddy



Local businesses, community programs, hobby clubs and lots of other activities showcased their offerings to a full house at Rexpo.

S. Keddy



The SISIP breakfast-sponsoring team on clean-up duty!

S. Keddy



Kids take on the challenge of bubble soccer at the Apple Bowl.

Corporal K. Neate, 14 Wing Imaging



14 Wing Greenwood Commander Colonel Pat Thauberger takes on crucial duties at the Wing Welcome breakfast.

S. Keddy



Lauren, left, and Gilliane Laxamana stepped away from registering for basketball during the Rexpo event to actually get their hands in on the action.

S. Keddy



Thanks to all!

**Jill Jackson,
Wing Welcome
committee chair**

Without the support of partners, we could not host events such as this.

September's 14 Wing Greenwood Wing Welcome spanned three days of great events, weather, volunteers and sponsors. The volunteer organizing committee is sure all would agree it was a fantastic time, that showcased all of what 14 Wing and the surrounding community has to offer: truly something for everyone.

Thanks to the many volunteers who worked so hard and gave their time to make Wing Welcome 2016 such a success, and special for everyone who participated. Appreciation and thanks also is extended to all Wing Welcome sponsors and businesses who donated, gave prizes and showcased displays at Wing Welcome events.

Also, a big thank you to the Wing Welcome Committee, whose members worked very hard to make the event a success. Their efforts showed in the dedication and commitment they all put forward. And, the 14 Wing Greenwood Community Centre staff also went the extra mile to help host Wing Welcome events. If you would like to be involved in next year's event by being on the committee, please contact the 14 Wing Community Centre, 902-765-1494 local 5331.

Finally, thanks to both the wing and community for coming out to events and supporting Wing Welcome.



**Wing Welcome
bingo caller
Joy Herbert.**



The Middleton-based Cool Moves BMXers show off their stuff.

Corporal K. Neate, 14 Wing Imaging

14 Wing Greenwood's library gang went for a "Peanuts" theme at this year's Rexpo event.

S. Keddy

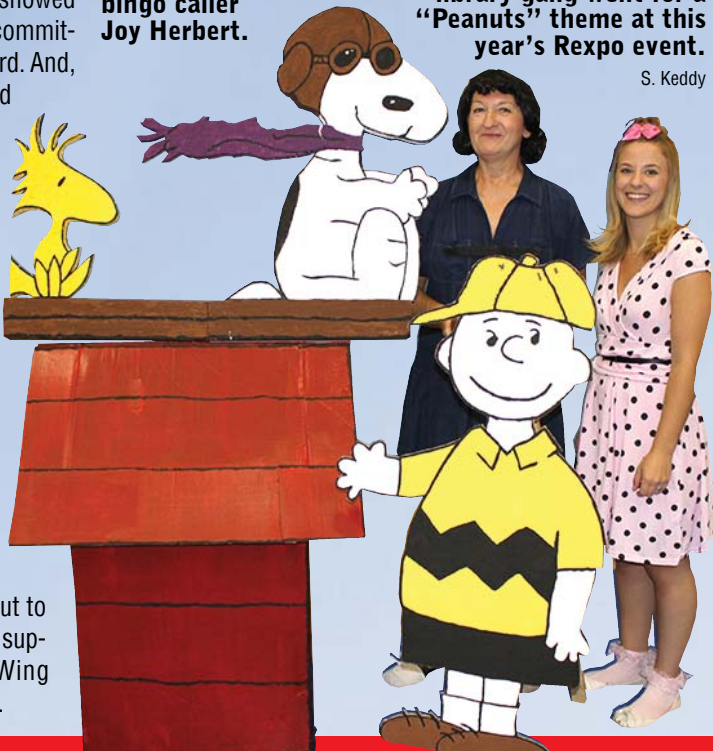


Lola McCamon, left, and Mallory Connors added some face paint to their Valley Cheer Athletics gear during Rexpo.

S. Keddy



Samuel Simard was ready for breakfast!



Welcome to 415

September 16, 14 Wing Commander Colonel Pat Thauberger, second from right; presented the Commanding Officer of 415 (Long Rang Patrol Force Development) Squadron Lieutenant-Colonel Jeff Davis, second from left; with an important historical artefact, the Commanding Officer's Door Plaque. Before 415 Squadron was stood down in 2005, and during Thauberger's time as its deputy commanding officer, the plaque marked the office of Colonel (retired) Yvan Boilard. 415 Squadron was given new life in 2015, and Boilard and Thauberger were thrilled to be able to share this piece of history with a new generation of Swordfish. Also pictured are squadron Master Warrant Officer Trevor Bull, left, and Wing Chief Warrant Officer Luc Emond, right.

Sergeant P. Nicholson, 14 Wing photojournalist



NOTICE BY-ELECTION for VILLAGE COMMISSIONER VILLAGE OF GREENWOOD October 19, 2016

This is to give notice that the Village of Greenwood has a vacancy on the village commission.

The Clerk at the Village Office will receive nominations for the office of One (1) Commissioner for the Village of Greenwood on Nomination Day, between the hours of 8 am and 1 pm on **Wednesday, October 12, 2016**.

1 — TWO YEAR, EIGHT MONTHS TERM

Nomination papers are available at the Village Office. No person shall be eligible for election to the Office of Commissioner of the Village, unless that person has been nominated as a candidate in accordance with the Nomination Day By-Law, by not less than five persons who, on Nomination Day are qualified electors, having lived within the boundaries of the Village of Greenwood for six months.

If more than one candidate is nominated on Nomination Day, Elections will take place at the Regular Monthly Meeting at the **Village Office on October 19, 2016 at 11 a.m at 904 Central Avenue, Greenwood.**

Marian Elsworth
Clerk-Treasurer
Village of Greenwood
904 Central Avenue
Greenwood, NS B0P 1N0
902-765-8788

Dated September 15, 2016



Village of Kingston

NOMINATION DAY

The Clerk of the Village of Kingston will receive nominations for the office of one (1) Commissioner. The Nomination Period is September 15, 2016 to September 28, 2016. Nominations must be accepted at the Village Office no later than 4:00pm on Wednesday, September 28, 2016.

Nomination papers are available at the Village Office or on our website. Per the Kingston Election By-Law, no person shall be eligible to the office of Commissioner of the Village unless that person has been nominated as a candidate in accordance with the By-Law by not less than five persons who, on Nomination Day, are qualified electors within the meanings of section 403 of the Municipal Government Act.

If more than one candidate is nominated on Nomination Day, Election Day is designated as Saturday, October 15, 2016 with an advance poll on Tuesday, October 11, 2016. Poll location is Kingston Village Office, 671 Main St, Kingston.

Mike McCleave, Village Clerk
admin@kingstonnovascotia.ca

Village of Kingston
671 Main St, PO Box 254
Kingston, NS B0P 1R0
p: (902) 765-2800 f: (902) 765-0807
www.kingstonnovascotia.ca

Cemetery service marks shared heritage

Pam Muise,
Tremont Community
Cemetery Society

Property, under the care of the Tremont Community Cemetery Society.

There are two new plaques adorning the gates of the Old Tremont Cemetery.

A momentous event occurred September 11, announced by Kings County Town Crier Lloyd Smith, with the plaques unveiled by both the Honourable Tony Ince, Minister of Community, Culture and Heritage; and County of Kings Warden Diana Brothers.

The Old Tremont Cemetery, once abandoned, is now protected as a Heritage

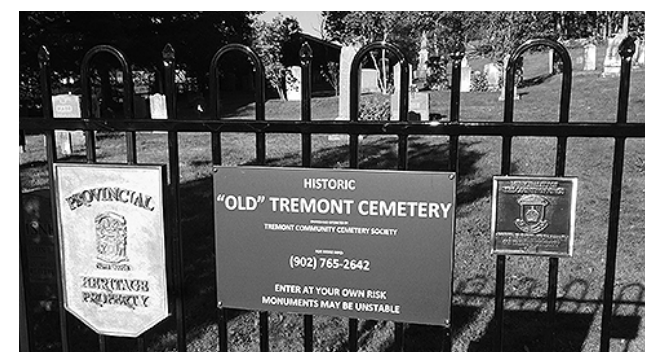
A graveyard tour followed the cemetery service, featuring the Greenwood LDS Youth. They shared the stories of some of those buried there, such as the mysterious circumstances surrounding the death of Elizabeth Annie McGill, portrayed by Brittany Branham of Georgia, USA.

The overall message of the graveyard tour: everyone buried there was somebody, and they all have a story. Their history is our history, and it is up to us to continue to tell their stories.



Elizabeth Annie McGill, portrayed by Brittany Branham of Georgia, USA, tells her story during a cemetery service September 11 at the Old Tremont Cemetery.

Submitted



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Wise customers read the fine print: ¹ ² ³ ⁴ ⁵ ⁶ ⁷ ⁸ ⁹ ¹⁰ ¹¹ ¹² ¹³ ¹⁴ ¹⁵ ¹⁶ ¹⁷ ¹⁸ ¹⁹ ²⁰ ²¹ ²² ²³ ²⁴ ²⁵ ²⁶ ²⁷ ²⁸ ²⁹ ³⁰ ³¹ ³² ³³ ³⁴ ³⁵ ³⁶ ³⁷ ³⁸ ³⁹ ⁴⁰ ⁴¹ ⁴² ⁴³ ⁴⁴ ⁴⁵ ⁴⁶ ⁴⁷ ⁴⁸ ⁴⁹ ⁵⁰ ⁵¹ ⁵² ⁵³ ⁵⁴ ⁵⁵ ⁵⁶ ⁵⁷ ⁵⁸ ⁵⁹ ⁶⁰ ⁶¹ ⁶² ⁶³ ⁶⁴ ⁶⁵ ⁶⁶ ⁶⁷ ⁶⁸ ⁶⁹ ⁷⁰ ⁷¹ ⁷² ⁷³ ⁷⁴ ⁷⁵ ⁷⁶ ⁷⁷ ⁷⁸ ⁷⁹ ⁸⁰ ⁸¹ ⁸² ⁸³ ⁸⁴ ⁸⁵ ⁸⁶ ⁸⁷ ⁸⁸ ⁸⁹ ⁹⁰ ⁹¹ ⁹² ⁹³ ⁹⁴ ⁹⁵ ⁹⁶ ⁹⁷ ⁹⁸ ⁹⁹ ¹⁰⁰ ¹⁰¹ ¹⁰² ¹⁰³ ¹⁰⁴ ¹⁰⁵ ¹⁰⁶ ¹⁰⁷ ¹⁰⁸ ¹⁰⁹ ¹¹⁰ ¹¹¹ ¹¹² ¹¹³ ¹¹⁴ ¹¹⁵ ¹¹⁶ ¹¹⁷ ¹¹⁸ ¹¹⁹ ¹²⁰ ¹²¹ ¹²² ¹²³ ¹²⁴ ¹²⁵ ¹²⁶ ¹²⁷ ¹²⁸ ¹²⁹ ¹³⁰ ¹³¹ ¹³² ¹³³ ¹³⁴ ¹³⁵ ¹³⁶ ¹³⁷ ¹³⁸ ¹³⁹ ¹⁴⁰ ¹⁴¹ ¹⁴² ¹⁴³ ¹⁴⁴ ¹⁴⁵ ¹⁴⁶ ¹⁴⁷ ¹⁴⁸ ¹⁴⁹ ¹⁵⁰ ¹⁵¹ ¹⁵² ¹⁵³ ¹⁵⁴ ¹⁵⁵ ¹⁵⁶ ¹⁵⁷ ¹⁵⁸ ¹⁵⁹ ¹⁶⁰ ¹⁶¹ ¹⁶² ¹⁶³ ¹⁶⁴ ¹⁶⁵ ¹⁶⁶ ¹⁶⁷ ¹⁶⁸ ¹⁶⁹ ¹⁷⁰ ¹⁷¹ ¹⁷² ¹⁷³ ¹⁷⁴ ¹⁷⁵ ¹⁷⁶ ¹⁷⁷ ¹⁷⁸ ¹⁷⁹ ¹⁸⁰ ¹⁸¹ ¹⁸² ¹⁸³ ¹⁸⁴ ¹⁸⁵ ¹⁸⁶ ¹⁸⁷ ¹⁸⁸ ¹⁸⁹ ¹⁹⁰ ¹⁹¹ ¹⁹² ¹⁹³ ¹⁹⁴ ¹⁹⁵ ¹⁹⁶ ¹⁹⁷ ¹⁹⁸ ¹⁹⁹ ²⁰⁰ ²⁰¹ ²⁰² ²⁰³ ²⁰⁴ ²⁰⁵ ²⁰⁶ ²⁰⁷ ²⁰⁸ ²⁰⁹ ²¹⁰ ²¹¹ ²¹² ²¹³ ²¹⁴ ²¹⁵ ²¹⁶ ²¹⁷ ²¹⁸ ²¹⁹ ²²⁰ ²²¹ ²²² ²²³ ²²⁴ ²²⁵ ²²⁶ ²²⁷ ²²⁸ ²²⁹ ²³⁰ ²³¹ ²³² ²³³ ²³⁴ ²³⁵ ²³⁶ ²³⁷ ²³⁸ ²³⁹ ²⁴⁰ ²⁴¹ ²⁴² ²⁴³ ²⁴⁴ ²⁴⁵ ²⁴⁶ ²⁴⁷ ²⁴⁸ ²⁴⁹ ²⁵⁰ ²⁵¹ ²⁵² ²⁵³ ²⁵⁴ ²⁵⁵ ²⁵⁶ ²⁵⁷ ²⁵⁸ ²⁵⁹ ²⁶⁰ ²⁶¹ ²⁶² ²⁶³ ²⁶⁴ ²⁶⁵ ²⁶⁶ ²⁶⁷ ²⁶⁸ 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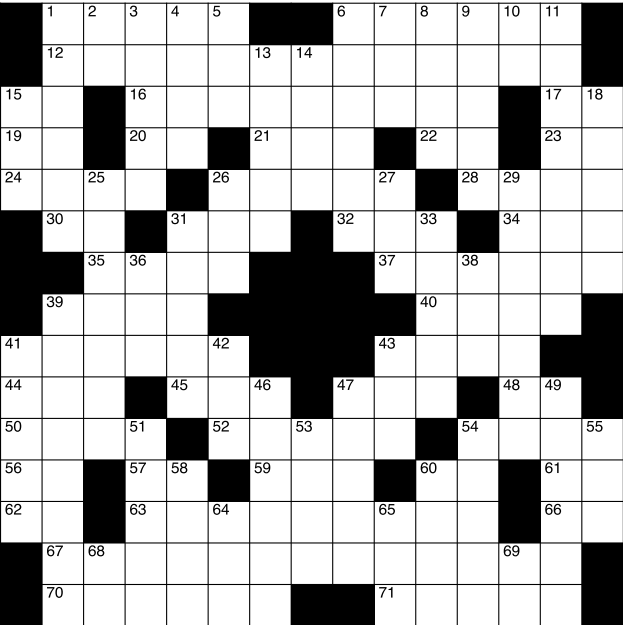


The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 83A School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 83A, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.aliantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédent la publication, à moins d'avis contraire.

metro crossword

solution page 18



- ACROSS
1. blache: Freedom

6. Plan

12. A jolt

15. 'Doonesbury' character

16. Inspiring with love

17. Blood type

19. Anno Domini

20. Janet Reno held this post

21. Arab Republic of Egypt

22. Midway between south and east

23. Sodium

24. Twitches

26. Not loud

28. Hindmost

30. Be quiet!

31. This gives you money

32. Check

34. Short-term memory

35. Askew

37. Platforms

39. Towards the mouth

40. Copied

41. Emerges

43. Menial laborer

44. Chinese sword

45. Energy unit

47. Unhappy

48. The Golden State (abbr.)

50. External

52. Strayed

54. Liquid body substances

56. Plutonium

57. Truckers use this

59. Largest English dictionary (abbr.)

60. Beloved British princess Lady

61. The Bay State (abbr.)

62. Thallium

63. Rebuilt

66. Element

67. The law of retaliation

70. Cuts

71. Mexican monetary units

DOWN

1. Mothlike insect

2. Equally

3. Flightless birds

4. Grilling tool

5. When you plan to arrive

6. Thoroughfare

7. Philosophical life force

8. Birds

9. Anxious

10. Man's title

11. Issued

13. Prayer leader

14. Edible red algae

15. Hitters need this

18. Froths on fermenting liquors

25. A two-wheeled horse-drawn vehicle

26. Amount (abbr.)

27. Small amount

29. Fundamental quality

31. Cubage unit

33. Bleated

36. No longer is

38. Initial public offering

39. Hard to interpret

41. Highly skilled

42. The woman

43. A bachelor has one

46. Trial prints

47. Passover feast

49. Military forces

51. Plant part

53. Remake

54. Flanks

55. Swiss river

58. Ottoman governors

60. Vale

64. Encountered

65. One track circuit

68. Opposite of yes

69. Hello (slang)

Girl Guide cookies
Chocolatey mint Girl Guide cookies are now here for the fall and holiday season! If you miss girls in your community, contact Sara, cskeddy@hotmail.ca, for cookies. \$5 a box. Thanks for supporting girl greatness!

Knitting classes
Wednesday afternoons, starting in October, the 14 Wing Greenwood Library invites anyone interested in learning how to knit, or becoming an advanced knitter, to join in classes at the library. For information, phone the library at 902-765-1494 local 5430.

Craft sale registration
Register now for the Annapolis Valley Macdonald Museum's 30th Christmas craft sale, being held from 5 p.m. to 9 p.m. November 4, and 10 a.m. to 4 p.m. November 5. Cost per table is \$50 (tax included). Call 902-825-6116 or email macdonald.museum@ns.sympatico.ca for information.

Story time
September 26, 10 a.m. to 11 a.m., the Annapolis Royal Library invites you in for Monday morning story time, with new books as well as old favourites, a little music and simple crafts.

Laughter yoga
September 26, 11 a.m. (continuing last Mondays of the month), free laughter yoga club, Sobey's community room. Questions? Contact: Dawn-Lea, dawnlea-greer@hotmail.com or 902-471-0852.

Meeting
September 27, attend the Annapolis Valley Historical Society

monthly meeting, 7:30 p.m., at the Annapolis Valley Macdonald Museum, 21 School Street, Middleton. Guest speaker: Shalan Jodrey on Mi'kmaq culture and history. No admission charged; all welcome. Call 902-825-6116 or email macdonald.museum@ns.sympatico.ca for information, or like us on Facebook.

Luncheon
September 27, 11 a.m. to 1 p.m., the Fireflies host a luncheon at the Middleton Fire Hall. Menu - chicken and cold salad plate (\$9), corn chowder (\$8), split pea/ ham soup (\$8), apple or rhubarb crisp, tea and coffee. Free Middleton-area deliveries to businesses or homes may be arranged by calling Bonnie, 902-825-3062.

Story time
September 28, 9:45 a.m. to 10:15 a.m., the Berwick Library invites preschoolers and caregivers to share the fun and adventure of reading, rhymes, songs and books. On-going every Wednesday, free.

Turkey dinner
September 28, 4:30 p.m. to 6 p.m., the Kingston United Church, 733 Main Street; hosts its annual turkey dinner. Adults \$12, children \$6 (under 12), family \$30 (two adults and two children).

VPI Greenwood meeting
September 29, the first meeting of the 2016/2017 VIP Greenwood season will be held. Pre flight 1500, take off 1600, land approx 1700; debrief to follow. Come out and meet the new president. Cheers, see you all there.

Supper
September 29, 4:30 p.m. to 6 p.m., All Saints A.C.W. hosts its annual harvest supper at the All Saints Church Hall, Pleasant Street, Kingston (turn west off Bridge Street). Menu: ham, baked beans, scalloped potatoes, pumpkin pie, apple crisp. Adults - \$10, family rates available. There will be take out!

Breakfast
October 1, 8 a.m. to 10 a.m., come for breakfast at the Margaretsville Fire Hall (2768 Highway 362). Over 12 and adults \$7, ages five to 12 \$3, under five free. Sponsored by the Margaretsville Fire Hall Ladies Auxiliary. Proceeds for improvements to the hall kitchen.

Supper
October 1, 5 p.m., enjoy a turkey supper with pumpkin pie at the Rebekah Hall, 149 Cottage Street, Berwick. Cost \$12. Call Julie, 902-538-7762, or Marjorie, 902-538-8230, for reservations.

Auction, sale
October 1, 10 a.m. to 2 p.m., a ticket auction and yard sale will be held at the Aylesford Lions Hall, 2160 Highway 1, Auburn (all indoors). Tickets are 20 for \$1, with draws at 2 p.m. All proceeds for TOPS NS 5301.

Yard sale
October 1, 10 a.m. to 2 p.m., yard sale at the Middleton Railway Museum, 61 School Street. Rain or shine.

Girl Guide cookies – Berwick
October 1, 10 a.m. to noon, Berwick Girl Guiding will be in the community with fall chocolate

mint cookies, \$5 a box. If you miss us, contact Sara, cskeddy@hotmail.ca, for delivery.

Yard sale
October 1, 8 a.m. to 1:30 p.m., giant yard sale and bake sale in the United Baptist Church Hall, 377 Stronach Mountain Road, Melvern Square (rain or shine). Items like Christmas Village houses and beautiful older dishes would make super Christmas presents. All "priced to sell." Canteen available.

Chase the Ace
October 1, 1 p.m., to 3 p.m.: Chase the Ace at the Royal Canadian Legion Branch 098 in Kingston. Tickets three for \$5. Draw will take place by 3:30 p.m. Must be 19 years of age to play. Public welcome.

Hike
October 2, 1 p.m., hike the Bohaker Trail/ Delap's Cove Wilderness Trail in Delap's Cove, Annapolis County. The hike is a beautiful 2.2 km loop with a 43-foot waterfall. Pre-registration at nbartheaux@annapoliscounty.ca or 902-526-2907. Prizes to be won.

Card party
October 3, 1 p.m., a "Funds for Fuel" bridge party will be held at the Annapolis Valley Macdonald Museum, 21 School Street, Middleton. Cost is \$4 per person, light lunch served. Call 902-825-6116 for more information.

Games night
October 6, come play at the Tremont Board Game Café, 7 p.m. to 9:30 p.m. (every first and third Thursday) at the Tremont Hall, 738 Tremont Mountain

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3. Drop into our office located on 83A School Road (Morfee Annex)

Entry deadline:

Noon, September 29, 2016

Full name

Phone number

Complete the following questions from ads in this week's issue and win a 14 inch 2-topping pizza from Mimie's Pizza, Greenwood. Coupon valid for 30 days.

1. What can you buy for \$3.49 lb?

2. What's happening at Stronach Park October 2?

3. What has a beautiful main floor flat?

4. Who is located at exit 18, Hwy 101?

5. Who offers Helly Hansen Rainwear?

Congratulations to last week's winner: JUDY CLARKE

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Auction
October 8, 7 p.m., enjoy a harvest and bake auction at the Inglisville Hall. Vegetable, pickles, jams, baked goods, etc. Everyone welcome.

Walk
October 8, join the Valley Trekkers Volkspport Club at the Circle K, 2113 Hwy 1, Exit 7 off Hwy 101, Falmouth for a 5/10 km, 2B walk. Registration at 9:30 a.m. for walking at 10 a.m. For further info: 902-472-2261.

Support group
Fridays, 10 a.m. to noon, there is a mental health peer support group which meets in the Green-

wood Sobeys' community room at Sobeys: a non-judgemental place for anyone working towards mental health recovery and in need of a supportive and empathetic mentor and listener. Facilitator can help identify community resources (housing, community, food, employment, social etc). Free, snacks provided. Program provided by CMHA Kings. For information, contact club@cmhakings.ns.ca or 902-670-4103.

Chase the Ace
Fridays, the Berwick Legion Branch 69 hosts Chase the Ace. Purchase your tickets between 4 p.m. and 7 p.m. for a chance at the jackpot. Tickets three for \$5. If the jackpot doesn't go, the pot builds to the following week.

Homemade dinners served: \$8 for supper, \$2 for dessert.

Crib
Thursdays, 7 p.m., double crib at the Kingston Legion. All welcome.

Unfinished Project Club
Tuesdays, 1 p.m. to 4 p.m. Need company doing some of those unfinished crafts in your closet? Bring your craft and equipment and join us for an afternoon of coffee, friends and crafting. We have lots of room to spread out. Held at the hall at the Nazarene Church, 738 Tremont Mountain Road, Greenwood. For information, call Dianne, 902-526-0399. No charge.

Darts
Mondays, 7 p.m., weekly darts at the Berwick Legion Branch 69.

Crib
Tuesdays, 7 p.m., weekly cribbage at the Berwick Legion Branch 69.

Kingston Area Seniors Association
Wednesdays (every second of the month, at 10 a.m.), the Kingston Area Seniors Association (KASA) meets at Branch 98 Royal Canadian Legion, Kingston. Fun days (cards and games) every second and fourth Friday at 1 p.m. For more info, contact Marlene Deal, 902-765-0088.

Jam sessions
Wednesdays, 7 p.m., at the Harmony community hall, 9982 Harmony Road. Freewill offering, refreshments to follow, door prizes. All welcome.

Caregiver support group
Thursdays (first of each month,

1:30 p.m. to 3:30 p.m., a caregiver support group meets at the Sobey's Greenwood community room. Are you caring for a parent, spouse, child or friend due to a physical or mental health condition, frailty or chronic illness? Our support group offers a confidential, friendly atmosphere for you to discuss your experiences, and receive helpful information in a supportive environment. For information, contact Jennifer Briand, Western Support, 902-521-5592.

Records wanted
The Friends of the Greenwood Library are looking for donations of LP records for a spring 2016 fundraising sale. If you have any LP records you wish to donate, please drop them off at the 14

Wing Greenwood Library, School Road, Greenwood.

Library tech program
Tuesdays and Fridays at the Kingston library: free one-on-one tech help with laptops, eReaders, tablets, smartphones, etc. Pre-registration required: 902-765-3631 or valleylibrary.ca.

Sunday school
Sundays, Kingston Baptist Church Sunday school program during the 11 a.m. worship service, for children ages four and up. The adult Sunday school program (which begins at 10 a.m. and is led by our pastor) focuses on "Demons, Darts and Defences." We also offer a nursery service during worship time. For information, call Lynda at 902-765-3055.



sudoku

solution page 18

		4	7	2	9			6
	8						9	
7		6	8			5	1	
				3			5	7
		5	9			6	4	
		1			7		3	
			1		4			
1		7		9				3
4	6	8	3	7		9		

Level: Beginner

Fun By The Numbers
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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patrick's puzzle

solution page 18

SKIN CARE WORD SEARCH

W F T L A I C A F P B S P W V S E C L F
B E A A E T A I L O F X E O W Y L S O I
W P C C I N E G O D E M O C L T O H O U
S I B S U N B U R N W M W P A I M B F M
D A A T N E I L L O M E A N R U S C A O
W R I N K L E S E S G H T U O D V H H I
X W G B H N O I T A C I F I X O T E D S
R D S B B U R C S D S C P X T I D M D T
L E W E V A S S S E C V E H E K E E A U
A R D Y O X A A P T E N E L S U R M B R
C M A D U M T T L E O R E Y L B M B S I
I A I E S N I R H I M D V T A S A R C Z
M T C R N C U S T O C T W R L V B A E E
E O E M L I G C T U S Y R S E R R N S L
H L P I Z W A H G M X I L K E N A E S P
C O O S T R E H S T E Z I I P F S Y O M
E G L M T R G X G R G A H N C Z I X Y I
N I A X A T E L O I V A R T L U O F C P
C S E P T Y U U U I S I F S V D N R L T
A T Y W B A S A L Z B M P L U M P D M O

ABSCCESS	CELLS	EMOLLIENT	MOISTURIZE	SALICYLIC
ACID	CHEMICAL	EXFOLIATE	MOLE	SCRUB
ACNE	COMEDOGENIC	EXTRACTTON	PEEL	SKIN
ALOPECIA	DERMABRASION	FACIAL	PIMPLE	SPA
ANTISEPTIC	DERMATOLOGIST	LOOFAH	PLUMP	SUNBURN
BARRIER	DERMIS	MASSAGE	POLISH	THERMOTHERAPY
BASAL	DETOXIFICATION	MEMBRANE	RINSE	ULTRAVIOLET
				WRINKLES

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horoscopes

September 25 - October 1

ARIES - Mar 21/Apr 20
Aries, you may find yourself on the path to some exciting places if you surround yourself with the right people this week. This is a great time to break out of your comfort zone.

TAURUS - Apr 21/May 21
Taurus, you may be looking for a new adventure but you do not have any idea where to look. Anything is possible if you keep your eyes and ears open to everything around you.

GEMINI - May 22/Jun 21
Gemini, resist the urge to put limits on your personal life. Anything is possible when you are open to new experiences and opportunities, so don't be afraid to go with the flow.

CANCER - Jun 22/Jul 22
Cancer, you may find the energy surrounding you is a bit overwhelming. If you need a brief break from the hustle and bustle, take a step back and enjoy some quiet time at home.

LEO - Jul 23/Aug 23
The little things will catch your attention this week, Leo. A small detail, a note in a song or a particular color may bring back memories. Try to embrace these feelings.

VIRGO - Aug 24/Sept 22
You may have to put your feelings on the line if you are to gain the respect of someone important to you, Virgo. Although it may feel uncomfortable, forge ahead.

LIBRA - Sept 23/Oct 23
Libra, you and a relative or significant other clear a hurdle in your relationship. This may pave the way for a fruitful, happy relationship for years to come.

SCORPIO - Oct 24/Nov 22
Scorpio, expect a lot of passion and adventure this week. Talk to your spouse or partner about the best way to make the most of this renewed vigor.

SAGITTARIUS - Nov 23/Dec 21
Celestial energy will rejuvenate and reenergize you, Sagittarius. Someone you meet may provide a spark that will benefit you greatly in the days ahead.

CAPRICORN - Dec 22/Jan 20
Capricorn, inspirational forces are all around you, and they can help you make some tough decisions. Pay special attention to an overheard conversation that offers subtle clues.

AQUARIUS - Jan 21/Feb 18
Aquarius, a situation presents itself and you may need to act immediately. Don't delay and trust your instincts. The more quickly you respond, the more smoothly things will go.

PISCES - Feb 19/Mar 20
Expect a few surprises in the coming days, Pisces. You can use the diversion, and this unexpected turn may reinvigorate your spirit.

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Classified advertisements, 35 words or less, are \$8 tax included. Additional words are 10 cents each, plus tax. Bold text \$9, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 5699, visit the office, 83A School Road, Morfee Annex, Greenwood; email auroraproduction@ns.aliantzinc.ca or fax 902-765-1717.

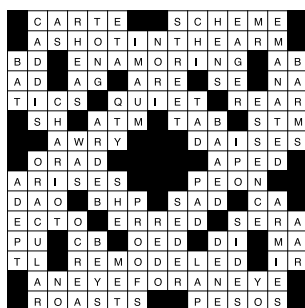
To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

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Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

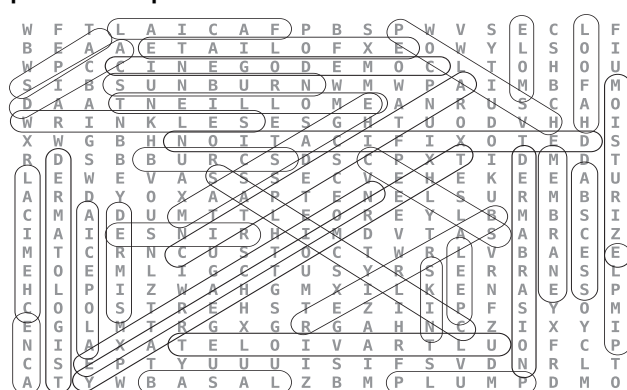
crossword solution



sudoku solution

5	1	4	7	2	9	3	8	6
2	8	3	6	5	1	7	9	4
7	9	6	8	4	3	5	1	2
8	2	9	4	3	6	1	5	7
3	7	5	9	1	2	6	4	8
6	4	1	5	8	7	2	3	9
9	3	2	1	6	4	8	7	5
1	5	7	2	9	8	4	6	3
4	6	8	3	7	5	9	2	1

patrick's puzzle



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FOR RENT – Down town Middleton, newly renovated, two-bedroom apartment, Washer/ Dryer hook-up. Close to all amenities. Monthly \$595.00 plus utilities, please call 902-825-2338. (3735-4tp)

FOR RENT – Middleton – Two-bedroom apartment, 492 Main Street, \$650/month, utilities included, quiet building, coin operated laundry, rental application required. Please call 902-824-1112 or visit our website at www.parsonsinvestments.ca. (3736-ufn)

FOR RENT – Middleton – Two-bedroom apartment, 28 Taylor Drive, \$600/month, heat, hot/cold water, coin operated laundry, storage area, rental application required. Please call 902-824-1112 or visit our website at www.parsonsinvestments.ca. (3736-ufn)

FOR RENT – Kingston – Kira Place, beautiful two-bedroom units, \$1,100/month, fridge/stove/ dishwasher/ microwave/ washer/ dryer, garage, quiet, non

smoking/ vaping units. Please call 902-824-1112 or visit our website at www.parsonsinvestments.ca. (3736-ufn)

FOR RENT – Kingston Lincoln Shire Apartments – two-bedroom, 2 appliance. \$550-600 per month, plus utilities. Available now, October 1st and December 1st. Call 902-840-0683 (3733-ufn).

FOR RENT – One-bedroom adult apartment, central Kingston, close to everything. Quiet neighbourhood. Non-smoking. Ideal for people on IR. Fridge, stove, microwave. Heat & lights extra. \$625 per month. 902-765-3664. Available October 1st. (3735-3tp)

FOR RENT – Very clean modern one, two & three-bedroom apartments. Middleton to Cambridge. Well managed properties. Seniors units available. References required. Call Ross at 902-840-0534. (3539-ufn)

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FOR RENT – Wilmot one-bedroom duplex. Fridge, stove, washer & dryer. Ideal for mature adult. Non smoking. \$650.00 per

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FOR RENT – Whittington Heights, 55+ community living, spacious 1050 sq ft, two-bedroom unit with 1.5 baths, 5 appliances, attached single vehicle garage, snow and lawn care included. \$1,150 per month plus utilities. Call for additional details 902-765-6371. (3735-4tp)

FOR RENT – Senior or retirees, semi detached with garage. Two-bedroom, five-appliances, in floor heat, with heat pump, laminate and ceramic throughout. Lawn care and snow plow included. No smoking. Available October 1, located on the Glebe Road. Call 902-847-1312. (3734-ufnb)

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FOR SALE – 4 each - 225/65 16 Michelin Defender tires mounted on Dodge Caravan, aluminum rims with O2 sensors, nitrogen filled, with chrome lug nuts. Also, almost new, 4 Michelin X-ice tires, with less than 1000 km on both sets. Have receipts.

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IN THE COMMUNITY

CHURCH SERVICE – "The Peoples 25:40 Church" There will be a church service held every Sunday at the New Beginnings Center 1151 Bridge Street Greenwood provided by Pastor Leon Langille. Pre service music at 2:50 p.m. Service 3:00 p.m. Doors will open at 2:30 p.m. All are welcome. (3533-ufn)

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Service team

Quietly and almost unseen, service work was performed in and around Greenwood September 10. In remembrance of 9/11, the Church of Jesus Christ of Latter-day Saints established a National Day of Service. Members from the Kentville Ward and Greenwood branch joined forces to make a difference in the community. They helped to pick up litter on a popular walking trail between Canadian Tire and the Greenwood Mall. They also performed service work at the Old Tremont Cemetery, straightening tipped headstones, resetting footstones and even managing to relocate a 1,300-pound headstone up onto the tier from which it had fallen. Proof positive many hands make light work.

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