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  the **Aurora**

Vol. 36 No. 11 MARCH 23, 2015 NO CHARGE www.auroranewspaper.com

Bracelets link hope, memories, cancer fundraising

Sara Keddy,
Managing editor

Each crystal bead catches
the light, and the sterling

silver links shine.
These bracelets are a la-



Laura Way sits with her beads and tools, crafting bracelets with special meaning for those living with or remembering others who have dealt with cancer. S.Keddy

bour of love for Laura Way. Her brother, Ward Abbott, died of colon cancer in 2008, just 43 years old.

"I had been given a bracelet by my sister-in-law, made by an oncology nurse in Ontario, while he was ill. I'd gone out to help care for my brother."

When the bracelet broke, and the small multicoloured beads and cancer ribbon charm were unstrung, Way looked at it carefully.

"I thought it was something I could do, to fix it. I wear mine most of the time."

And people noticed. When they commented on her bracelet and she told them its story, they'd ask her to make one for them. She's been making similar bracelets every year since, using coloured Swarovski beads to represent different types of cancer – pink for breast cancer, emerald for liver, lime for lymphoma, gold for childhood cancers; and adding silver charms like her own ribbon, or with "Hope," "Survivor" or "Faith" etched

on them.

"I thought about all the different cancers, all the different people all over the world.... I'd always participated in the Terry Fox Run, and did the Relay for Life events. Things took on a different spin after my brother."

Way retired in July after six years as a records management clerk in the Canadian Armed Forces to take online courses in addictions counselling. She lives in Greenwood and is the treasurer of St. Mark's Chapel. Her bracelets have been noticed and purchased by military and community members, and by members of the chapel's cancer support group. Her mother in Winnipeg is also a regular contact for family and friends interested in purchasing the bracelet with such special meaning. Way is pleased with the support, as she donates all funds raised to the Canadian Cancer Society. Since 2009, that's totalled over \$4,300.

"It's a good feeling. Making the bracelets is almost



Each coloured bead and charm takes on significance in Laura Way's cancer awareness bracelets.

S.Keddy

meditative for me. I know my bracelet brought me comfort."

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Sayers' service – military, volunteer – marked with newest museum artwork

**Sara Keddy,
Managing editor**

Chief Warrant Officer (retired) Peter Sayers, CD, is now a permanent fixture in the Greenwood Military Aviation Museum – as if the volunteer hours he has spent here since 2000 don't add up to the same thing!

Sayers is featured in the newest donated portrait at the museum, presented March 11 by the Greenwood Art Association. The artwork recognizes Sayers' 35-year Royal Canadian Air Force career, most of it spent as a flight engineer – accumulating 14,000 hours in North Star, Neptune, Argus and Aurora aircraft.

Sayers joined the RCAF in October 1951. He received his trades training in Camp Borden, and his first posting was to 426 (Transport) Squadron in Lachine. In 1954, he began flight engineer training in Trenton. Through his career, he saw all provinces and territories in Canada and many countries, from Hong Kong to Portugal to the Congo. His maritime patrol flying began in 1958, with postings to Comox, Summerside, Halifax and Greenwood. In 1960, Sayers was called back to 426 Squadron for the United Nations Emergency Force. He returned to 407 Squadron in 1960 and later held positions in Maritime Command Headquarters, Halifax, with the

Maritime Aircrew Standards Team, the Military Manpower Distribution Centre South Street, and, finally, as base chief warrant officer at 14 Wing Greenwood. Sayers retired in 1986, then joined the Atlantic Region Air Cadet Organization for eight years. Since 2000, he has been an active volunteer with the Greenwood museum.

"Reading your bio – 14,000 flying hours will never be achieved by another RCAF member," said 14 Wing Greenwood Commander Colonel Iain Huddleston, who formally accepted the donation of the artwork.

"That's in incredible testament to your sense of duty and devotion to country – and



Greenwood Art Association chairman Colonel (retired) Brian Handley, left; 14 Wing Greenwood Commander Colonel Iain Huddleston, Chief Warrant Officer (retired) Peter Sayers and Greenwood Military Aviation Museum Society chairman Major-General (retired) Ian Patrick with the latest painting presented by the art association to the museum, featuring Sayers.
Corporal M. Gaudreault, 14 Wing Public Affairs

then another 30 years of continuous service to the Cadets and community, with your efforts here at the museum. This painting is a token of our thanks to you."

Huddleston said he's "dependent on flight engineers" in the cockpit "and I still do!", referencing Sayers' contri-

butions to the museum's exhibits, restoration and the exceptional Grade 6 Flight Education program. "Your expertise is appreciated."

Colonel (retired) Brian Handley, the art association's chairman, said this artwork marks the latest in a series of historically relevant

pieces covering aircraft and equipment, special events and operations and individuals associated with 14 Wing Greenwood over the decades. Close to 60 paintings have been commissioned by the association and presented to the museum over the past 12 years.



**Le bureau du journal Aurora sera fermé le 3 avril et le 6 avril.
La date limite pour la publication du 6 avril est le 1 avril, 16 h.**

**The Aurora Newspaper office will be closed April 3 & April 6.
Early deadline for the April 6 issue: April 1, 4 p.m.**



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Useful links | Liens utiles

Canadian Air Force website
Site Web de l'Aviation royale canadienne
www.airforce.forces.gc.ca

Community Gateway Site
Site du portail communautaire des Forces canadiennes
www.cfcommunitygateway.com

14 Wing Greenwood Site
Site de la 14e Escadre Greenwood
www.airforce.forces.gc.ca/14w-14e

Personnel Family Support Services
Services de soutien au personnel et aux familles des Forces canadiennes
www.cfmws.com

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Défense nationale et Forces canadiennes
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Combat Camera | Caméra de combat
www.combatcamera.forces.gc.ca

Recruiting | Recrutement
www.forces.ca

Military Family Resource Centre
Centre des ressources pour les familles des militaires
www.familyforce.ca

VPI | VPI
www.vpinternational.ca

Work will fix mission support side's drinking water

Domestic side hook-up to potable well underway

Sara Keddy,
Managing editor

A major step is expected to be taken this month to address long-standing potable water issues at 14 Wing Greenwood.

Wing Construction Engineering (WCE) completed work March 12 to switch the water source on the mission support side of 14 Wing to Potable Well 9. This will mean, in the near future, an end to bans on drinking water from sinks and fountains on the mission support side.

Parts of 14 Wing have been affected by various bans on water from base wells since 2010, when a Drinking Water Avoidance Advisory was issued due to groundwater sampling that showed the presence of perfluorooctane sulfonate (PFOS) at levels above the Health Canada Guidance Value. Investigations indicated firefighting foam was the apparent source; all firefighting foam on the wing has since been replaced with non-PFOS formulations.

Captain Mike Syzek, WCE's operations officer, says work all this winter to install a water main from Potable Well 9, southeast of the Residential Housing Units (RHU) area (where the residential trailers once were located), across Zeke's Brook at the RHU secondary gate into the base; wrapped up last weekend. The water main has been connected to the mission support side water main, and well water is now supplying water pressure. Around a week's worth of flushing lines throughout the mission support side facilities has commenced, with testing and cleaning also scheduled. Contractors have been inside the potable water reservoir across from the Fitness and Sports Centre cleaning the massive holding tank, and WCE's plumbing shop and Water Fuel Environ-

ment (WFE) technicians have been flushing water lines and assisting with testing and repair issues. The most affected building during the switchover will be the Annapolis Mess, which will use bottled water for its kitchens while the system is flushed, cleaned and tested.

What this means, Syzek says, is any building on the mission support side that's been using a supplied water cooler stand and water jugs for potable water will no longer be supplied with bottles of water free of charge. Once the tap water is good to drink,

units who want bottled water will have to pay for it themselves.

Only after the tap water has been tested and approved for consumption by the WFEs and Preventative Medicine can personnel safely use it for drinking and cooking. Clear

notice of when the water is consumable will be provided by WCE at that time - if you are unsure, ask.

This upgrade will not affect the RHU neighbourhood. The RHU neighbourhood and base buildings in the area have been serviced by the

Municipality of the County of Kings, and will continue to be serviced by the county after work is complete on this project.

Syzek estimates Potable Well 9 has the capacity to supply 100 gallons plus per

minute - more than enough to meet the wing's mission support side's demands.

WCE is expecting work and testing on the mission support side potable water system to be completed by the end of March.

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SUMMER SOCCER REGISTRATION 2015

There will be an equipment swap held on the 29th of March at the 14 Wing Community Centre during registration from 1-4pm.

Anyone wishing to drop off used equipment can do so at the 14 Wing Community Centre during normal business hours prior to the 29th March.

There will be a drop off box in the main lobby.

Registration dates & places are:

Saturday 28th March	from 2-5pm	at 14 Wing, Community Centre
Sunday 29th March	from 1-4pm	at 14 Wing, Community Centre
Tuesday 31st March	from 6-9pm	at Greenwood Mall by Cleves
Wednesday 1st April	from 6-9pm	at Greenwood Mall by Cleves
Wednesday 8th April	from 6-9pm	at Greenwood Mall by Cleves
Saturday 11th April	from 1-4pm	at Greenwood Mall by Cleves
Sunday 12th April	from 1-4pm	at Greenwood Mall by Cleves

PLEASE NOTE THAT THESE WILL BE THE ONLY REGISTRATION DATES FOR 2015

For registration costs and divisions visit our website at
www.kingstongreenwoodsoccer.org

Please note the following important information:


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Registration will be accepted on a first come, first served basis:




Players residing in the Kingston Greenwood area (or moving to the area) is given first priority for team placement. Proof of residency may be requested. According to Nova Scotia Soccer regulations, players who want to play outside their area must request to do so through their local club. Every effort is made to have all registered players assigned to a team. Registration does not guarantee a spot on a team.

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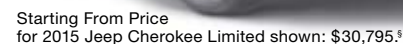
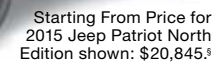
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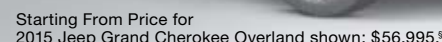
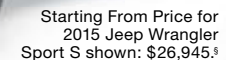
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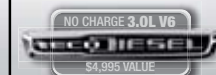
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safe environment.

The 14 Wing Greenwood Community Centre will offer this course March 28, from 8:30 a.m. to noon, at the Church Street centre. The program is free for 14 Wing Greenwood recreational club members, \$15 for Community Recreation Card holders and \$25 for non-rec card holders. To register, contact 902-765-1494 local 5331.

A free, supervised recreational activity program for children of program participants will be offered during the workshop.

Butt Out: 'let's quit together!'

14 Wing Health Promotion will be offering a Butt Out small group program early this spring for those who would like to quit smoking with support.

Why choose Butt Out? Research shows the best success rates come from a combination of behaviour modification, group support and medications to help reduce nicotine withdrawal and increase cessation success. Butt Out gives specific guidance to help change behaviours associated with tobacco use and also provides essential support for individuals who want to quit using tobacco.

The next program starts March 31 and will run every Tuesday from 11 a.m. to 12:15 p.m., through to May 26 in the Fitness & Sports Centre classroom.

To register, contact the HP office at 902-765-1494 local 5388 or email Edith Tremblay, Edith.Tremblay@forces.gc.ca. For those who would like to use smoking cessation medications, please contact the 14 Wing Pharmacy at 902-765-1494 local 5386 to inquire before March 31.

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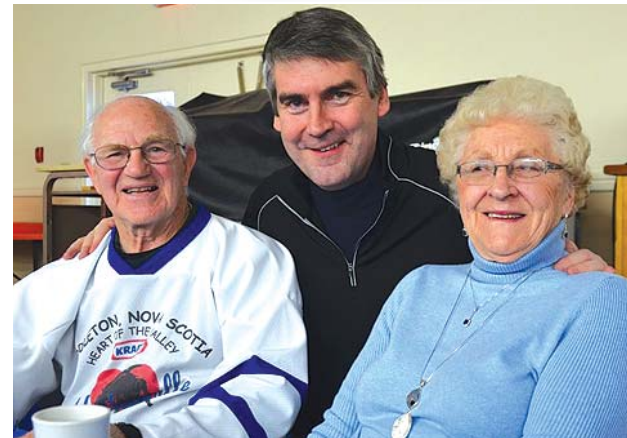

Middleton: passion, spirit for hockey

Middleton is a small town with deep hockey roots. Without repairs and upgrades, Middleton risk's losing not just a piece of its cultural identity but its community spirit, too. The community rink was built by the community, for the community in 1972 and has been maintained through fundraising and donations. The \$100,000 Hockeyville prize would have an amazing impact on the small community of just over 1,700 people.

The Middleton local rink serves as a hub for the town and surrounding villages, a place where lifelong friendships are made. It has been a place to help build not only hockey skills, but life skills. The rink is used by the entire community, from a CanSkate program for the little ones to a thriving minor hockey program to senior men's hockey, as well as local high school teams. The elementary school has an active skating program, run by a former Middleton Mustang who is now a teacher.

With hockey dynamics changing so much in the past 15 years, the old standard of a "home" rink has fallen to the wayside in many other communities. Not here in Middleton. Residents are proud of the rink, even if it is dated: there are still plenty of "rink rat kids," who fill the rink with cries of laughter, frustration and achievement.

Staff know each child and parent by first name. When a man who spent close to 40 years donating his time in the rink, as everything from rink chairman to sharpening skates,



fell ill; our community showed its support by piling hundreds of hockey sticks with personal messages of gratitude on each one on his front lawn. He enjoyed reading the words of encouragement from all of the kids, young men and women, and adults he touched over the years. There are many more stories, all just as touching.

Coaches have coached in the rink for over 40 years, simply for the love of the game, and have produced several professional players, both male and female.

Middleton truly is a hockey town: Within just 24 hours of

announcing the town's run for Hockeyville, the campaign's facebook group had over 5,000 members!

To win the Hockeyville title would reinforce the sense of pride and ownership Middleton residents all feel for their rink, and would set in stone the community's commitment to keep its youth on the ice and off the streets. The prize money will help repair the rink's roof, refresh the boards and overhaul the ice resurfacing machine, all of which are needed to keep the rink operational. With little government funding, Middleton is keeping this rink operating!



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Vote! Vote! Vote!

The top 10 communities were announced March 14 on Hockey Night in Canada, the top two communities.

five from the East (P.E.I., Newfoundland, Nova Scotia, Quebec or Ontario) and five from the West (Nunavut, N.W.T., B.C., Alberta, Saskatchewan, Manitoba). As of March 21 (at approximately midnight AST, following the broadcast announcement), legal residents of Canada, 13 years of age and older, can begin voting at KHV2015.ca for their favourite top 10 entry! The two communities (one per region) that receive the most votes will be the top two finalists for a chance to win the grand prize.

March 28 to 30, vote for the winner at KHV2015.ca in the final round, beginning at midnight AST, following the Hockey Night in Canada broadcast announcement of

The winner of Kraft Hockeyville will be announced at



approximately 11:45 p.m. AST on Hockey Night in Canada April 4. Not only will they have the opportunity to host an NHL pre-season game, but they will also win \$100,000 in arena upgrades! The second place community wins \$100,000 in arena upgrades, while the third prize covers all remaining top-eight communities: \$25,000 in arena

upgrades!

In Middleton, supporters are encouraged to come join the crowd – and make use of free WiFi with bring-your-own-devices – Sunday, March 22 and Monday, March 23, from 9 a.m. on until voting closes.

“We want people at computers voting, but it's more fun to do it together,” says local Hockeyville organizer Maryanne Wagstaff. “We'll be at the rink with drinks and snacks all day to make a day of it!”



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<http://www.khv2015.ca/en/nominations/profile/middleton-district-arena-7/>

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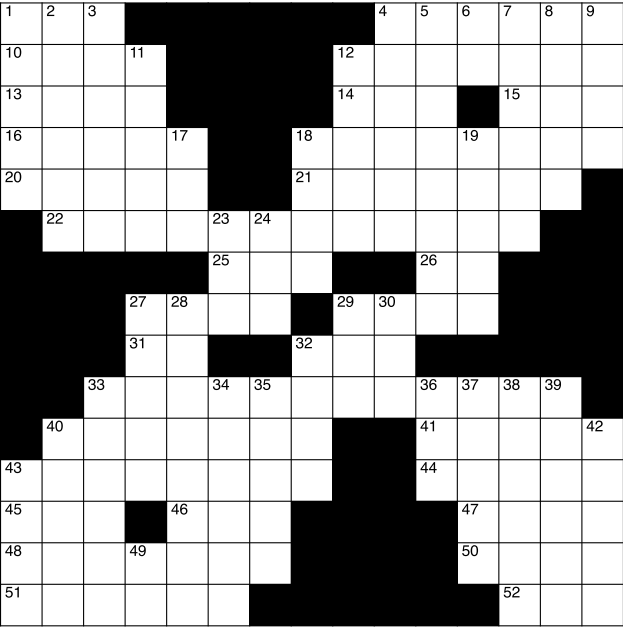


The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 83A School Road (Morfee Annex), 14 Wing Greenwood; by fax, 902-765-1717; or email auroraeditor@ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 83A, School Road, (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ns.aliantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédant la publication, à moins d'avis contraire.

metro crossword

solution page 10



- ACROSS
1. Cycles/second

4. Fit for cultivation

10. Saami

12. Perceived scent

13. Liberal rights organization

14. Female flying fighters

15. Durham school

16. Ancient Scand. poet

18. Charitable performances

20. Siddhartha author Hermann

21. Letter destination

22. P.S. Buck's Pulitzer

25. Feel regret

26. Initials of e = MC2 author

27. From a distance

29. Cronies

31. Forty

32. Printing speed measurement

33. Nutty spread

40. White seedless grape

41. Hillsides

43. Inflammation of a
- bursa

44. Artery

45. Nail polish brand

46. A routine that is hard to escape

47. Indigo plant

48. Owners

50. Animal fluids

51. Mustelid in its white winter coat

52. Communist
- DOWN
1. Come into conflict

2. A collection of things wrapped together

3. Bath spatter

4. Gunsmoke actress Blake

5. Direct to a source

6. Cartoonist Capp

7. Somewhat blue

8. 40 weekday periods

9. El Dorado High School (abbr.)

11. Heartbeat

12. Brit. rutabaga

17. Angle (abbr.)
18. Said as a greeting or wish

19. Festivals

23. Rita ____, singer

24. Belonging to us

27. Skating jumps

28. Building at 175 5th Ave.

29. Parts per billion (abbr.)

30. Atomic mass unit

32. Old Spanish currency (abbr.)

33. Insistence on traditional correctness

34. PBS wildlife show

35. Measuring blocks

36. Don't know when yet

37. Ancient city from which St. Paul first sailed

38. Breadwinner

39. Go to bed

40. Highest in degree or quality

42. Tossed, potato or waldorf

43. The trunk of a tree

49. Yes in Spanish

metro crossword brought to you compliments of

954 Central Avenue
Greenwood
902-765-6381

Meeting
March 24, 7 p.m., the annual meeting of the Melvern Square & Area Community Association will be held in the hall.

Supper
March 24, 4:30 p.m. to 6:30 p.m., the Kingston United Church (733 Main Street) will host a pancake supper, The menu will include pancakes with real maple syrup, choice of sausages or ham, homemade baked beans; fruit salad and cookies, tea or coffee. The cost is \$10 adults, \$6 children 12 years old and under, \$30 for families (four to six people).

Lunch 'n learn
March 24, join David Fairfax, RCMP Community Safety Resource Officer, for a presentation on mental health crisis response in the Annapolis Valley; 11:30 a.m. to 12:30 p.m. at the Nova Scotia Community College, Middleton. Open to the public. For info: 902-825-3491.

services & trades

Contact Anne at 902-765-1494 local 5833 for info

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to attend open auditions for their spring production of "The Odd Couple." Auditions are conducted in a group script reading format. The play has roles for men and women, age 18 years and older. Audition reading sessions will take place at the Morfee Centre, School Road, Greenwood; March 26, 7 p.m. to 9 p.m.; March 28 and March 29, 1 p.m. to 3 p.m. Contact 902-804-0734 or visit Facebook at Greenwood Players Theatre Company for information.

Lacrosse registration
March 27 and 28, Valley Thunder Lacrosse will register players (ages four to 21), coaches, referees and executives of all levels of experience and interest for the 2015 season. Registration will be held at the Berwick town hall March 27, 6 p.m. to 9 p.m., and March 28, 9 a.m. to noon; and at the Greenwood Community Centre March 28, 2 p.m. to 5 p.m. For info, email vtlacrosse@eastlink.ca.

Autism event
March 28, 4 p.m. to 7 p.m., the Annapolis Valley Chapter of Autism Nova Scotia invites you to its "Light It Up Blue" Autism Awareness event at the Military Family Resource Centre gym, 83 School Road, Greenwood. Free admission, games,

bounce castle, carnival games, food and drink, photo booth, dress-up station, cotton candy, T-shirts, blue light bulbs, Promise of a Pearl jewelry and more. Sandy, 902-242-2019 or annapolisvalley@autismns.ca.

Supper
March 28, supper at the Aylesford United Church, 4:30 p.m. to 6:30 p.m. Menu includes homemade baked beans and brown bread, potato salad, ham and pineapple upside down cake. Freewill offering. Wheelchair accessible.

Breakfast
March 28, 8 a.m. to 10:30 a.m., come for breakfast at the Middleton Curling Club, 6 King Street. Freewill offering, all welcome.

Dance
March 28, 8:30 p.m. to midnight, the Three Rivers Community Centre, 41 Messenger Road, Torbrook Mines; is holding a dance. Live band music by Tom Deveau and Company. Non-alcoholic venue. Canteen with soft drinks and snacks. Admission \$5 per person. Raising money for a new roof.

Fundraiser
March 28, "put a spring in your step" and come out to Dancing for Kids at the Louis Millet Community Centre in New Minas in support of Campaign

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for Kids. 8 p.m. wine tasting with Hans Peter Stutz, Grand Pre Winery; followed by a dance at 9 p.m. with the Mark Riley Band. Tickets are \$25 each or \$35 per couple, available at the Berwick and Kingston Pharmasaves and at Kings Physio in New Minas. Campaign for Kids is a non-profit charity dedicated to helping disadvantaged children and youth living in Kings County.

Soccer registration

Kingston/ Greenwood Soccer registration March 28, 2 p.m. to 5 p.m., March 29, 1 p.m. to 4 p.m., at the 14 Wing Greenwood Community Centre; March 31, April 1, April 8, 6 p.m. to 9 p.m.; and April 11 and April 12, 1 p.m. to 4 p.m., all in the Greenwood Mall, by Cleves. Players must have a valid Nova Scotia health card to register, and a valid 14 Wing Greenwood Community Recreation Card to save \$10 on player registration. Equipment swap: March 29 at the community centre, 1 p.m. to 4

p.m. Drop off used equipment at the community centre during normal business hours before March 29. Registration costs and divisions: www.kingstongreenwoodsoccer.org.

Museum event

March 29, register your entry for the chocolate dessert contest, part of the Annapolis Valley Macdonald Museum's Chocolate & Wine Festival. Register now at macdonald.museum@ns.sympatico.ca or call 902-825-6116. Desserts may be dropped off at the museum, 21 School Street, Middleton; between 9:30 a.m. and 10:30 a.m.

Museum event

March 29, visit the annual Annapolis Valley Macdonald Museum Chocolate & Wine Festival, noon to 4 p.m.; at 21 School Street, Middleton. Free children's activities, lasagne, wine and dessert lunch sale, wine tasting and sales and tarot card readings. Call 902-825-6116 for details or email macdonald.museum@

ns.sympatico.ca. Check out the event at www.macdonaldmuseum.ca or on Facebook.

Supper

March 29, 4 p.m. to 5:30 p.m., the Middleton Lions host a full turkey dinner at their hall in Nictaux (wheelchair accessible). Adults \$10, children under 12 \$5; take-out

available (pick-up only) by calling 902-825-4374.

Open mic

March 29, 2 p.m., 107 Valley Wing RCAFA will be hosting an open mic kitchen party at 904 Central Ave (Greenwood civic building), Greenwood. Everyone is welcome to join in or just listen. 19 and older please.

Come and visit the "Wing."

Dance classes

March 30, 7 p.m. to 9 p.m., all are welcome to join in Scottish Country dance classes (running for eight weeks) at the Wilmot Community Centre. Scottish Country is a social dance, so no partner or special attire is required. Suitable for any adult

from 16 to 96. No experience is required, only an interest in dance and/or Scottish traditions. Instructor: Susan Van Horne. For information, 902-765-0906.

Bridge

March 30, 1 p.m., play bridge at St. John's United Church, Middleton. All players welcome.

the Aurora find & win

Three easy ways to enter.

1. Through our website: www.auroranewspaper.com
2. Fax: 902-765-1717
3. Drop into our office located on 83A School Road (Morfee Annex)

Entry deadline:
Noon, March 26, 2015

Full name

Phone number

Complete the following questions from ads in this week's issue and win a 14 inch 2-topping pizza from Mimie's Pizza, Greenwood. Coupon valid for 30 days.

1. Whose ad says the fun goes on? _____
2. Who works for Scotiabank? _____
3. What does Mary do? _____
4. Who has 1-877-538-7214 for a toll free number? _____
5. Who has 3 specials 60/40? _____

Congratulations to last week's winner: KIRSTEN KENNEDY



Mimie's PIZZA

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sudoku

solution page 10

5	6					9	7	1
	2					6		
9	8		6	1				
1		6			9		5	7
		2			3		9	
7	9	8	1					2
			9	4			6	
6	4		7		2	5		9
	1	9	3		6			4

Level: Beginner

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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patrick's puzzle

solution page 10

EMPLOYEE WORD SEARCH

R	E	K	R	O	W	R	J	R	V	I	H	U	Y	O	F	T	J	T	H
F	I	I	D	M	L	R	G	T	C	G	E	D	O	C	N	K	N	W	P
G	J	Y	D	P	D	I	E	L	T	O	N	A	H	E	B	E	J	R	E
S	S	T	O	I	H	O	E	T	U	N	F	I	M	S	M	Y	E	Y	N
R	D	U	C	V	S	A	E	R	I	W	E	E	R	Y	E	F	D	O	S
V	Y	F	P	A	V	M	A	W	A	R	E	M	O	A	S	I	I	H	I
S	S	C	N	E	R	F	I	D	S	R	E	L	E	N	H	T	T	E	O
G	S	B	N	O	R	T	V	S	G	E	P	M	A	L	A	S	N	U	N
S	F	E	S	A	I	V	N	A	S	M	C	R	E	R	T	O	B	P	D
L	N	K	G	S	D	T	I	O	E	A	T	I	E	N	I	I	H	O	H
A	S	O	C	A	E	N	A	S	C	O	L	P	T	T	T	H	T	O	J
C	G	R	I	E	W	N	U	N	O	G	O	C	A	C	T	E	L	N	E
D	O	E	U	T	H	U	I	D	I	R	W	B	A	I	A	I	R	M	E
E	R	N	N	O	C	C	S	S	E	M	O	H	M	R	D	R	I	M	E
C	S	A	D	C	H	U	Y	P	U	R	I	R	L	A	E	T	P	J	P
I	I	G	O	U	Y	W	D	A	P	B	E	R	Y	A	R	E	F	V	J
T	I	T	V	B	C	F	E	E	P	P	T	P	C	E	B	U	R	W	U
O	W	K	T	W	N	T	G	V	D	P	D	B	V	S	K	O	F	W	J
N	E	K	B	E	N	E	F	I	T	S	A	O	K	S	I	Y	R	P	J
K	P	Y	W	U	N	O	I	T	A	N	G	I	S	E	R	D	K	B	N

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BOARD	DISCRIMINATION	JOBSHARING	PENSION	SUPERVISOR
BUSINESS	DISMISSAL	LABOR	PERMIT	TERM
CAREER	DUTIES	LEAVE	PRACTICES	TRANSFER
CODE	EMPLOYMENT	NOTICE	PROBATION	WAGES
				WORKER

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horoscopes

March 22 - March 28

ARIES - Mar 21/Apr 20

Aries, your hard work will finally come to fruition this week. You will feel like a huge burden has been lifted off of your shoulders, and you deserve to take some time off.

TAURUS - Apr 21/May 21

Taurus, don't allow frustration to get the better of you. A problem you can't seem to solve may have you feeling hopeless, but perseverance will lead you to a solution.

GEMINI - May 22/June 21

Others may need your help this week, Gemini. You are ready and willing to offer your services and advice when they are sought. A welcome reward is coming to you.

CANCER - June 22/July 22

Cancer, your career may conflict with the demands of your relationship if you let them. Find a balance between the two so you can have your cake and eat it, too.

LEO - July 23/Aug 23

Leo, some exciting changes lie ahead. Now is a great time to step out of your comfort zone, even if you are a little nervous to take the first steps.

VIRGO - Aug 24/Sept 22

Virgo, this week brings a change in your life, and this change will lead to some great things down the road. Don't be embarrassed to be excited about this new path.

LIBRA - Sept 23/Oct 23

You may feel pushed and pulled in a number of directions, Libra. This makes it difficult to pursue your own personal goals as a result. Speak up if you need more time to yourself.

SCORPIO - Oct 24/Nov 22

Scorpio, a relatively rebellious streak surfaces this week. Risk-taking is at the center of this new attitude, and you may find yourself doing a little damage control.

SAGITTARIUS - Nov 23/Dec 21

Sagittarius, you may think that the grass is greener somewhere else, but that is not always the case. Seek ways to make your own grass greener.

CAPRICORN - Dec 22/Jan 20

Experiences at home can affect your sense of security, Capricorn. Take the necessary steps to feel safer. Surround yourself with friends and family during this time.

AQUARIUS - Jan 21/Feb 18

Avoid making any big decisions this week, Aquarius. You are preoccupied with something else and cannot devote enough attention to any one task at the moment.

PISCES - Feb 19/Mar 20

Some extra money unexpectedly comes your way this week, Pisces. Work with a financial planner for some good ideas.

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www.frasers.ca

classifieds

Classified advertisements, 35 words or less, are \$8 tax included. Additional words are 10 cents each, plus tax. Bold text \$9, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 902-765-1494 local 5440, visit the office, 83A School Road, Morfee Annex, Greenwood; email auroranews@ns.aliantzinc.ca or fax 902-765-1717.

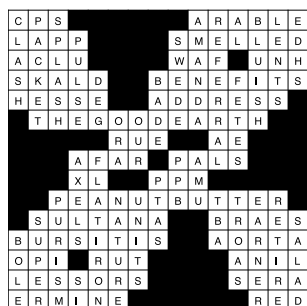
To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 8 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 9 \$, taxes incluses.

Les annoncées classées doivent être réservées et payées à l'avance avant 10 h, le jeudi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5440, visiter notre bureau au 83A, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroranews@ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

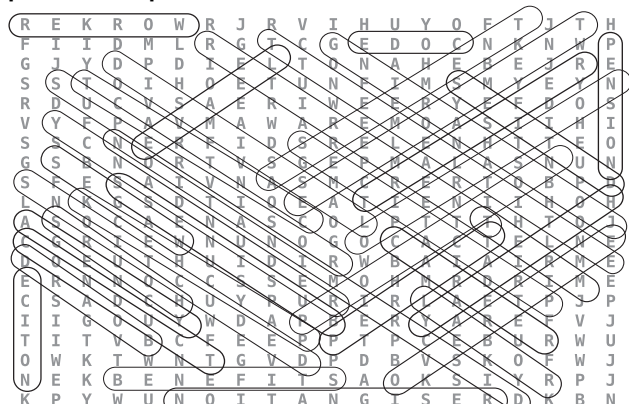
crossword solution



sudoku solution

5	6	4	2	3	8	9	7	1
3	2	1	5	9	7	6	4	8
9	8	7	6	1	4	3	2	5
1	3	6	4	2	9	8	5	7
4	5	2	8	7	3	1	9	6
7	9	8	1	6	5	4	3	2
8	7	5	9	4	1	2	6	3
6	4	3	7	8	2	5	1	9
2	1	9	3	5	6	7	8	4

patrick's puzzle



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FOR RENT – Apartment for rent, 515 Pleasant St. Kingston. 1 Bedroom, fridge, stove, heat & lights incl. No pets. Bedroom & Bath upstairs. \$690. Per month. 5 minute walk to Superstore. Phone 902-250-0181 or email: pfraser2008@yahoo.ca (3610-4tps)

FOR RENT – Lovely One Bedroom apartment in downtown Middleton. Includes storage room. \$550 monthly plus utilities. Call 902-825-2338 (3610-4tpb)

FOR RENT – Spacious 3 Bedroom Apartment located in Downtown Middleton, Includes porch & deck. Rent \$625 monthly, plus utilities. Call 902-825-2338 (3610-4tpb)

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FOR RENT – Spacious 3 bedroom house 5 minutes from Greenwood. Oil furnace. Five appliances, large outbuilding. Available immediately. \$750 plus utilities. NON-SMOKERS. References and lease required. For more info call Colleen 902-691-0068. (3606-ufn)

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WORRY FREE – Worry free living in Middleton. 2 Bedroom unit with garage, designed for wheelchair accessibility, 3 appliances supplied, ideal retirement setting. Call now for viewing, Darlene 902-825-2606 or cell: 902-840-1780. Rent is \$995.00 plus utilities, includes snow removal and lawn care. No rent increase on signing of lease. Call now... (3608-ufn)

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FOR SALE – Eddie Bauer boys off-ice roller blades. DD J 5 95. \$25.00. Call 902-765-0277. (3610-ufnb)

FOR SALE – 6 drawer wooden dresser with mirror. Light brown in colour. Older style \$25.00 Call 902-765-0277 (3610-ufnb)

WANTED

WANTED – Looking for Operators and Maintainers CF-104 name tags (aircraft shape) and patches to build a memorial flight jacket to honour those who worked and flew the "manned missile" Cash paid. Contact Pierre 902-242-2125 after 4 PM. (3611-1tpb)

IN THE COMMUNITY

CHURCH SERVICE – "The Peoples 25:40 Church" There will be a church service held every Sunday at the New Beginnings Center 1151 Bridge Street Greenwood provided by Pastor Leon Langille. Pre service music at 2:50 p.m. Service 3:00 p.m. Doors will open at 2:30 p.m. All are welcome. (3533-ufn)

SERVICES

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Good day for CISM swim team

It was a very good day to be a part of the Canadian Armed Forces' Conseil International du Sport Militaire (CISM) swim team February 5, as team members hit a milestone: for the first time in a CISM championships. Canada won individual medals, in both men's and women's events. The international competition was held in Fontainebleau, France February 2 to 5.

Among the eight-member team was Captain Serena Palmer, from 14 Wing Greenwood's Wing Operations. As part of both the women's 4x200 m freestyle and 4x100 m freestyle relay teams (with Captain Jacinda Smit, 407 Squadron, CFB Comox; Leading Seaman Marlee Palmer, HMCS Nonsuch, Edmonton; and Sub-Lieutenant Emily

Wood, HMCS Calgary, CFB Esquimalt), Palmer won bronze medals.

From CFB Halifax, Captain Dugald Thomson won bronze in the men's 4x100 metre freestyle event. Master Seaman Douglas Young, also of CFB Halifax was on the same bronze medal winning team, and also won his own silver medals in all three of the 50m breast (achieving a personal best), 100m medley and 100m breast events. The CAF team won a total of 10 medals, with swimmers adding in a number of fourth and fifth place finishes and personal bests.

CISM, the Conseil International du Sport Militaire, or International Military Sports Council, is one of the largest multidisciplinary organizations in the world,



14 Wing Greenwood's Captain Serena Palmer, a member of Wing Operations, was a double bronze medal winner in the February CISM swim competition with her relay teams.

Submitted

comprising 134 member countries. It's composed solely of Forces personnel and its aim to promote sport and physical education between its members as a means to foster world peace. The CISM motto is "Friendship through Sport."

Summer soccer registration dates set

Kingston/ Greenwood Soccer is getting set for green fields and summer action, with a series of registration dates taking place over the next few weeks.

Registration will be held March 28, 2 p.m. to 5 p.m., and again March 29, 1 p.m. to 4 p.m., at the 14 Wing Greenwood Community Centre; and March 31, April 1 and April 8, 6 p.m. to 9 p.m.; and April 11 and April 12, 1 p.m. to 4 p.m., all in the Greenwood Mall, by Cleves. Players must have a valid Nova Scotia health card to register, and a valid 14 Wing Greenwood Community Recreation Card to save \$10 on each player's registration fee. Cash, cheque and credit card registration payment is accepted.

Players must register according to their birth year. Players residing in the Kingston/ Greenwood area (or moving to the area) are given first priority for team placement; registration is on a first come, first served basis. Proof of residency may be requested. Nova Scotia Soccer regulations stipulate players who want to play outside their area must make a request through their local club. Every effort is made to have all registered players assigned a team; registration does not guarantee a spot on a team.

There will also be an equipment swap March 29 at the 14 Wing Community Centre during registration from 1 p.m. to 4 p.m. Anyone wishing to drop off used equipment may do so at the community centre during normal business hours prior to March 29. There is a drop off box in the main lobby.

For registration costs and divisions, visit www.kingston-greenwoodsoccer.org. Visit the club on Facebook, Kingston/ Greenwood Soccer Club.



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Mois de la nutrition : Bien manger de 9 à 5!

Bien manger au travail peut accroître la concentration, la productivité et la vitalité. Une telle habitude peut également réduire le nombre de journées d'absentéisme en contribuant à améliorer la santé globale.

La campagne nationale du Mois de la nutrition 2015 a pour objectif d'encourager les gens à mieux s'alimenter au travail et à apporter d'autres changements positifs afin de créer un milieu de travail et un environne-

ment alimentaire plus sains. La campagne du Mois de la nutrition est axée sur cinq périodes de la journée qui représentent un défi pour beaucoup de travailleurs: La course matinale, Les réunions, les événements et le milieu de travail, Le dîner, La baisse d'énergie au milieu de la journée, Les fringales en route vers la maison; visitez le site Web Les diététistes du Canada à: www.nutritionmonth2015.ca.



Nutrition Month: Eating 9 to 5!

The goal of the 2015 national Nutrition Month campaign is to inspire Canadians to eat better at work and make other positive changes for a healthier workplace and nutrition environment.

The Nutrition Month campaign focuses on five common challenging times workers report facing, from 9 a.m. to 5

p.m. To get great tips like: rushed mornings, meetings, events and the workplace, lunchtime

mid-day slump and commuter cravings; log onto the Dietitians of Canada website at www.nutrition-month2015.ca.



Lacrosse registration gets set for season

March 27 and 28, Valley Thunder Lacrosse will register players (ages four to 21), coaches, referees and executives of all levels of experience and interest for the 2015 season.

Registration will be held at the Berwick town hall March 27, 6 p.m. to 9 p.m., and March 28, 9 a.m. to noon; and at the Greenwood Community Centre March 28, 2 p.m. to 5 p.m. Registration

is \$135 (ages four to eight) and \$155 (ages nine to 21). Lacrosse sticks are available for \$15 for the first 40 new players.

The season starts the week of April 7 and runs until June 15, with games/practices at the Berwick Apple Dome and Kingston arena. For information, email vtlacrosse@eastlink.ca or visit www.valleylacrosse.ca.

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Register for summer fun

Feeling like you've got "spring fever?" Ready for soccer, ball, swimming and more?

The 14 Wing Greenwood Community Centre hosts a sports and registration fair March 28, between 2 p.m. and 5 p.m. Register for local soccer, baseball, spring skating, swimming lessons, youth bowling, ceramics, tennis and more. It's also a chance to meet with volunteers and organizers from these organizations, and find out about costs, commitment and the experience you can expect if you join their program.

For information, contact Kelly, 902-765-1494 local 5337.



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