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### Strengthening ties so 'That Others May Live'

Lieutenant (Navy) Sylvain Rousseau. 14 Wing Public **Affairs Officer** 

John F. Kennedy once said: "We are tied to the ocean. And when we go back to the sea, whether it is to sail or to watch – we are going back from whence we came."

Residents from Southern Nova Scotia can certainly Every year, lobster fishing season sends many back to sea - fishermen and rescuers alike - and the connections between them is stronger than you'd think.

Major Scott Dennis, a Hercules pilot, and Lieutenant Brad Harding, an air combat

systems officer, both with 413 (Transport and Rescue) Squadron, are based at 14 Wing Greenwood. Most of both men's immediate family resides in Yarmouth. Both CC130 Hercules crew members were back "home," patrolling the ocean November 28 for the opening day of the region's lobster fishing

"It's a privilege to be able relate to Kennedy's thoughts. to serve my country and local community in my professional capacity as a pilot providing search and rescue. With respect to 'dumping day,' we know guys on the boats, we have family on the boats and it's personal to us

Continued on page 2...



Pilot Major Scott Dennis (right), 413 (Transport and Rescue) Squadron, talks with his dad, Ken Dennis, a volunteer spotter with the Civil Air Search and Rescue Association, onboard a Hercules CC130 aircraft during the opening of the lobster fishing season off Southern Nova Scotia November 28. Master Corporal J.Maheu, 14 Wing Imaging

### Transformed Aurora making an impact

14 Wing Greenwood's Au- Force activity as part of coalirora aircraft were front and centre during a technical briefing November 27 with Colonel Daniel Constable, Commander Joint Task Force-

tion efforts that degrade the Islamic State of Iraq and the conducted 94 sorties. The Levant in support of Iraqi C150T aerial refueller has security forces.

craft have flown 149 sorties. The CP140 Aurora reconnais-CF18 fighter aircraft have conducted 26 sorties, deliver-Since the end of October ing some 1,289,000 pounds Iraq, on Royal Canadian Air (to December 3), RCAF air- of fuel to coalition aircraft. south-south-east of Mosul,

sance aircraft have conducted 29 reconnaissance missions.

November 30, coalition missions were conducted in an ISIL-controlled area,

in support of Iraqi security forces ground operations. November 28, coalition missions were conducted in support of Iraqi security forces ground operations in the vicinity of Hit, Anbar Province. Canadian

CF188 Hornets struck ISILs position using precision-guided munitions on both dates.

Given its enhanced capabilities, the Auroras provide excellent intelligence, surveillance and reconnaissance

Continued on page 2...







### Aurora impact...

support. Since air operations in Libya as part of Operation Mobile in 2011, the modernized Auroras, with a new mission computer and sensors. have completed testing and have achieved an operational capability enabling them to be deployed in support of Operation Impact. These benefits include access to the new onboard radar that mimics high resolution photography, better electro-optics and sensors, improved battle damage assessment and high grade

which has transformed the significant losses at the hands Aurora aircraft into a highly capable, intelligence, surveillance and reconnaissance platform. Sensors can see through a range of visual spectrums, including ISIL's camouflage attempts. This information is then fed to in November. In the north, intelligence personnel for Iraqi forces have made gains analysis and dissemination.

ISIL has continued to use IEDs to attack Iraqi forces in Falluiah, in Baiii and in Baghdad. ISIL has become defensive and its progress has been hindered. They are trying to hold onto their position in images and videos of targets, West Iraq, but have suffered coalition.

of Kurdish and Iragi security forces.

Advances are being made by Iraqi forces, who've regained control of the town of Baiii. the same location where CF18s engaged targets earlier in towns such as Sa'adiva.

There are approximately 80 14 Wing personnel deployed with the base's Aurora aircraft. They left at the end of October for what is expected to be a six-month commitment to the international



Wing Administration Officer Lieutenant-Colonel Ted Cosstick, left; 14 Wing Fire & Emergency Services Chief Captain Bruce Paradis and Chief Warrant Officer Denis Flamand, right; November 28 presented Chester Orde with the Fire Warden of the Year Certificaté at the Annapolis Mess. Leading Seaman E.Jorge, 14 Wing Imaging

### Strengthening ties...

...cover

- and a responsibility we take seriously," says Dennis.

The opening of the fishing season also provided an opportunity to requalify volunteer spotters from the Civil Air Search and Rescue Association (CASARA), which sent three of its members on the Hercules to work with the crew. 413 Squadron has an intimate working relationship with CASARA in the Maritimes and Newfoundland/ Labrador. Both the Hercules and the Cormorant carry out annual visits to each of the zones in the Halifax Search and Rescue Region to assist in the training of CASARA members.

"A super training opportunity that I would strongly recommend to any CASARA member that has the opportunity to take the time to attend," said Cato Hansen, one of the three CASARA spotters joining this patrol.

But the relationship with CASARA is more than that for Dennis; his father, Ken Dennis, is also a CASARA spotter. The senior Dennis, born in Yarmouth and with 26 years of Canadian Armed Forces' experience of his own and a retired warrant officer, took advantage of this opportunity to work alongside his son.

So far through 2014, 413 Squadron has rescued 23

people in immediate danger of losing their lives - as well as one dog. Personnel have hoisted sailors off boats, dropped equipment to sinking vessels, searched the mountains for crashed airplanes and have parachuted into scenes at night under flares. They also dropped food and fuel to 21 stranded Inuit hunters, including nine children.

"We can drop radios, equipment and SAR-Techs to surface targets," says Dennis. "If a boat is taking on water, we can drop pumps to assist in managing the situation. If the situation can't be controlled with pumps, we can drop life rafts, food and water. If the people require medical assistance, we can insert SAR-Techs via parachute or hoist to provide immediate medical triage and stabilize the patient."

Recently, just three days into this year's lobster season, while the CC130 Hercules provided top cover to the rescue and acted as a communications and command platform, a CH149 Cormorant helicopter hoisted a 31-yearold male from the Fishing Addition and air evacuated him to the Yarmouth Regional Hospital.

The Canadian search and rescue system is one of the best in the world, primarily because of the cooperation and teamwork demonstrated



Air combat systems officer Lieutenant Bradley Harding (left), 413 (Transport and Rescue) Squadron, onboard a Hercules CC130 aircraft during the opening of Lobster Fishing Area 33 off Southern Nova Scotia November 28.

Master Corporal J.Maheu, 14 Wing Imaging

by the Royal Canadian Air government and civilian or-Force, the Canadian Coast ganizations and volunteers Guard and the network of that make up the SAR system.



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Site Web de l'Aviation royale canadienne www.airforce.forces.gc.ca

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Site du portail communautaire des Forces canadiennes

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14 Wing Greenwood Site

Site de la 14e Escadre Greenwood www.airforce.forces.gc.ca/14w-14e

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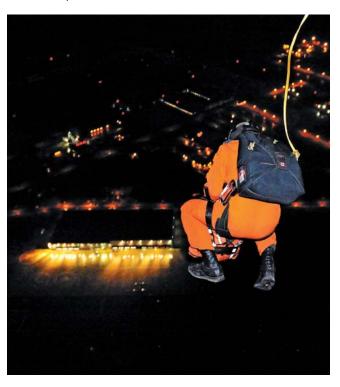
www.forces.ca

**Military Family Resource Centre** 

Centre des ressources pour les familles des militaires www.familyforce.ca

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### Dark drills

413 (Transport and Rescue) Squadron search and rescue technicians practiced night drills November 20 over 14 Wing Greenwood during a mini jump camp.

> Master Corporal Johanie Maheu, 14 Wing Imaging



Master Corporal Chris Martin (right) fixes the static line on the parachute of Master Corporal Rob Featherstone.

### **Atlantic Logistics Branch Integrator visits**

Captain Jerrica Cull, Transportation and **Electrical and Mechanical Engineering Squadron** 

November 20, 14 Wing Greenwood hosted the newly appointed Logistics Branch Integrator, Colonel Angelia Banville, and the Colonel-Commandant of the Logistics Branch, Lieutenant General (retired) William Leach, to visit and meet logisticians employed around the base.

The aim of the visit was for Banville and Leach to meet as many logisticians at 14 Wing as possible and find out what they are doing to support Canadian Armed Forces operations, to foster branch esprit de corps through a small presentation and to provide members the opportunity to meet Banville ands Leach during a town hall.

The integrator position is mandated by the Armed Forces Council to develop a branch training and personnel management framework that ensures tactical and functional requirements are addressed within the logistics training system, and to inculcate an enduring operational focus that meets the needs of the



Colonel Angelia Banville, Logistics Branch Integrator and Logistic Branch Advisor, presents Corporal Peter Gimblett with a Gold 500,000 kilometer collision-free award from the Department of National Defence during a town hall at the Birchall Centre, 14 Wing Greenwood, November 20. Corporal N.Clarkson, 14 Wing Imaging

and fosters the "warrior spirit" within the branch.

Banville's visit started with an officer's breakfast, followed by a series of visits to different Leach conducted a town hall, locations around the wing, including Wing Replenishment Squadron, Transportation and Electrical and Mechanical

environmental commanders Engineering Squadron, Wing Comptroller, Wing Administration, the Birchall Centre and the Annapolis Mess.

After the tour, Banville and

Logistics Branch Integrator coins for logistician excellence to Master Corporal Donaldson from WTEME, Corporal Pontbriand from WTEME, Corporal Smith from WReplen and Private Baillie from WAdmin. A prestigious presentation to one of WTEME's operators, Corporal Peter Gimblett, followed: he was presented the Gold Pin for having 500,000 kilometres of collision-free driving. Banville concluded with a presentation about the future of the branch. Leach addressed the audience with insightful information of his duties and obligations.

!4 Wing Logistics and Engineering Officer Lieutenant-Colonel Brian Richardson thanked Banville and Leach for their time and interest in 14 Wing's operational support capabilities.

The visit was a success, and the branch thanks the command team and section OPIs for their time and arrangements, providing a snapshot of logisticians' work here at 14 Wing in support of long range patrol and search and rescue

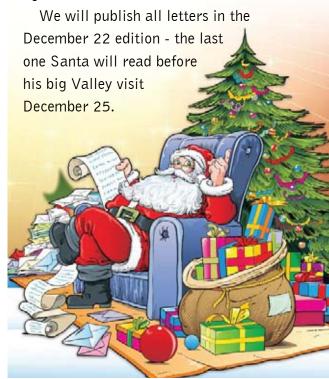


# the Aurora

### Dear Santa...

The Aurora Newspaper is pleased to inform readers of all ages Santa Claus will be accepting Christmas letters at our office, 83A School Road, Morfee Annex, Greenwood; or, email auroraproduction@ ns.aliantzinc.ca until 4 p.m. December 17.

Writers should hand deliver their 50-word maximum length letter to our front desk, including their full name, age and home community; along with a photo of themselves if they like. A parent's name and phone number must be included for those writers under age 18.



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Get out and play



The 5th National Sports Day in Canada November 28 was a chance to get out and play for 14 Wing Greenwood defence team members, with a full schedule of indoor and outdoor fitness activities to join in on. Non-competitive curling, ball hockey, flag football, a five-kilometre fun run and volleyball kept the fun event light. All gathered at noon for a group photo, sporting their favourite jerseys. 14 Wing Greenwood Community Centre day camp youth also enjoyed their own sports-themed day. In total, over 500 people took part in events.







### Plan, prevent and protect guests - and yourself - at holiday parties

Sara Keddy, **Managing editor** 

Health Promotion director Lisa White packed a pile of safe-party planning and hosting tips into a seasonallyfocused seminar November 26.

She regularly offers standard wellness and education programs around alcohol and drug use, nutrition and healthy living, but this presentation took advantage of the Canadian Armed Forces' Addictions Awareness Campaign November 12 to 26 and teed-off the round of holiday-related work and personal gatherings on people's calendars.

"Why is it important to keep your parties safe?" she asked. "It reduces injury, violence and death; there are liability issues to think about, it reduces workrelated alcohol problems and improves the organization's image."

All kinds of reasons: personal and, important for the Canadian Armed Forces, proalcohol have changed their focus and practice.

"We have non-alcoholic op-Mess events, we have safe-ride programs and trained safe servers responsible for serving alcohol at events. We want to make sure, if we're going to be serving alcohol at some of our rank to stop people from drinkevents, we do it safely."

guests from 14 Wing's 31 Military Police Flight, Master Corporal Len Yuill, and Chief Warrant Officer Ian Smith, a volunteer trainer with White's incidents occur, and action addictions-related programming.

"It's no secret wing units know we'll be out there at the gates when there is an event on." Yuill said. "It's harm reduction and prevention. The ing flown. Pilots, if there is a biggest thing is, as the host or the guest, you've got to plan ahead."

His tips included hosts set-

fessional. White said past CAF sober, whether it's a personal events that may have included party or a work-related event and you are the host. Activities should not all focus on alcohol: have options, food and other tions, we always have food at beverages. If you are serving alcohol, you need a responsible bartender or server, and pay attention to anyone who appears too be drinking too much.

"Call the police, or use your ing and driving. It's hard to Adding to her message were answer how much is too much to drive: I wouldn't advise any."

Smith said the CAF as a whole has remedial measures in place if alcohol-related can seem drastic: "If you are checked by police and blow over .05 blood alcohol content, that's reported to your chain of command. Where you work - here - there are planes beproblem, they have to abstain for the rest of their career." Personnel who report for duty after the "night before" are less ting an example by remaining productive, and could even be



Chief Warrant Officer Ian Smith, left; Health Promotion director Lisa White and 31 Military Police Flight Master Corporal Len Yuill teamed up to talk safe holiday parties at a 14 Wing education seminar November 26, during the Canadian Armed Forces' Addictions Awareness Campaign.

dangerous in the workplace White said, reviewing some you take the proper steps and alcohol in their system.

Responsibility and repercussions from alcohol-related incidents can be just as important to consider at home,

from lack of sleep and lingering legal examples where hosts look at risk management and in injury, accidents and death and as a workplace, if you take that could be related to alcohol they served.

"Be aware," White said. "If

were found to have had a role your duty to care - personally steps to eliminate those risks. you are less liable.

"Ignorance is no defence."

# One force to another

Sergeant Steve Gillett of Halifax Regional Police presents a Certificate of Appreciation to 14 Wing Greenwood's Logistic Branch members November 26 at 14 Wing Greenwood headquarters. Logistics personnel helped police by shredding five triwalls of old police equipment, riot helmets and shields which were no longer used.

Leading Seaman E.Jorge, 14 Wing Imaging



# business spotlight of the week **Comeau Refrigeration Ltd.**



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### Extra effort ensures wing work done well

Sara Keddy, **Managing editor** 

November 25, 14 Wing Greenwood took a moment to recognize the achievements and service of outstanding personnel in a quarterly honours and awards ceremony at the Annapolis Mess.

In an understatement following the October push to deploy 80 members and aircraft with Operation Impact, and continuing efforts to support the deployment. Wing Commander Colonel lain Huddleston said "we've got a lot of things going on on the wing, and we don't get half as much time as we'd like to focus on them. It's very important - and it's a lot of fun. We see the good folk recognized for long service and significant contributions."

Wing Commander's Commendations specifically highlight 14 Wing personnel achievements, and the first example of that was recognition for Wing Replenishment's MCO-D Section, responsible for the coordination of kitting deployment kits for Operation Impact personnel. Eighteen names were called as the team effort was acknowledged.

"I don't think anyone is missing from that section," Huddleston said. "This is the best part of Supply recognized for their support of Op Impact and it's not over.

wing, and we're very proud of the way the wing has stepped forward."

The crypto-vault personnel with Wing Telecommunications and Information Services Squadron were commended for "great credit to 14 Wing" in their performance supporting two dozen crypto sites, 15 recurring exercises and maintaining over 1,200 pieces of communications security equipment.

Master Corporal Jared Tozer from 413 (Transport and Rescue) Squadron was recognized for coordinating the squadron's annual parachute training camp for search and rescue technicians. SAR-Techs put in 227 jumps using 12.8 hours of aircraft time in a highly efficient schedule, including training with new equipment and entry into confined spaces.

Master Corporal Benjamin Brake and Sergeant Marie-eve Brake, driving on Highway 101 October 1, witnessed a two-car collision. In hazardous conditions and with multiple casualties, they took control of the scene, administering first aid and keeping individuals safe until first responders arrived. Their "selfless contributions are a testament to their mettle and reflect great credit upon them, the RCAF and the Canadian Armed Forces."

Huddleston said individual. team, and wing achievements "There is a huge strain on the are often a topic of conversa-



The Wing Telecommunication and Information Services Squadron Crypto Vault Section received the Wing Commander's Commendation from 14 Wing Commander Colonel Iain Huddleston, left, and Wing Chief Warrant Office Pierrot Jetté, right. From second-from-left are section members Corporal Vienneau, Mr. Rice, Master Corporal Rideout, Sergeant Gagnon, Sergeant Roche and Sergeant Ness. Corporal G.Cormier, 14 Wing Imaging



The Wing Replenishment Section received the Wing Commander's Commendation from 14 Wing Commander Colonel Iain Huddleston, left, and Wing Chief Warrant Office Pierrot Jetté, right; for their deployment support efforts this fall. Corporal G.Cormier, 14 Wing Imaging

officers at higher levels.

"There is a thankfulness on their part for the efforts you are putting in at this wing."

General Campaign Star -South-West Asia 1st Rotation Bar: Corporal Scott Pigeon

Publicover

Canadian Forces Decoration 2<sup>nd</sup> Clasp: Corporal Dwaine Barcier, Sergeant Marc Beaudoin, Sergeant John Dumoulin, Warrant Officer Mike Edwards. Corporal Peter Gimblett, Master Corporal Chris Goucher, **Operational Service Medal** Lieutenant Ken Greer, Warrant

Warrant Officer Keith Mitchell, Captain Dave Nelson, Warrant Officer Pat Nixon, Sergeant Otterson, Chief Warrant Officer Mario Roussel, Corporal Doug Tibbutt, Master Warrant Officer

Conrad Wilson

tion when he meets general - Expedition: Major Doug Officer Joe Hayes, Master Paul Jackman, Sergeant Sean Corporal Deena McNeil, Master MacEachern, Master Warrant Officer Darcy St-Laurent

Commissioning Scroll: Lieutenant Michael Lecompte

Chief Warrant Officer Warrant: Chief Warrant Officer William Hinchev. Chief Warrant Officer Jerome Rossignol, Chief 500 Para Jumps: Sergeant Warrant Officer Mario Roussel

### Shamsi recognized for extra, personal mile in duties

A 14 Wing Greenwood mem- ers and making a difference. became personally involved ber was recognized October Members of the Ombudsman's 16 with one of four national awards, presented by the ombudsman.

The Liz Hoffman Memorial Commendation recognizes individuals or groups who exceed expectations in helping their colleagues resolve a difficult problem or in bringing about positive and lasting change to the Department of National Defense and the Canadian Armed Forces. Hoffman was an investigator with the ombudsman's office who had a deeply rooted sense of fairness and was a tremendous force for positive change. This commendation allows the office to recognize those in the defense community who, like Hoffman, are dedicated to helping oth-

Advisory Committee, along with Hoffman's daughter, review all submissions. With this a maximum of three recipients.

As the administrative of-Greenwood, Captain Sundus Shamsi has demonstrated a commitment to the principles of equity and fairness in the workplace. Having sought out training in alternate dispute resolution, she has helped more colleagues resolve difficult and complex problems in one year than many do in their careers. In the past year, between two members. She change to the entire wing.

in counseling sessions, and attempted to open communication and build trust between the individuals, all the while input, the ombudsman selects advising a way ahead. This level of commitment was well above the normal requireficer for two units at 14 Wing ments of her position. Her maturity, finesse and calm demeanor were critical in allowing for a positive outcome in this situation. Shamsi's resourcefulness and innovative approach to problem solving has also led to a much improved 14 Wing basic training list. Her ability to influence, mediate and rectify unfairness lead to the development of a Shamsi spent a significant new plan, eventually adopted amount of time handling a as the mode of operations for particularly complex case 14 Wing and bringing positive



Captain Sundus Shamsi (centre) receives the Liz Hauffman Memorial Commendation from Andrea Hoffman, in the company of Shamsi's spouse, Captain Ahdrion Peters (right of Shamsi), National Defense and Canadian Armed Forces Ombudsman Gary Walbourne (left) and Colonel Francois Malo (right).



### **Desk duty**

14 Wing Greenwood Commander Colonel Iain Huddleston manned the pledge desk with Welcome to my Kitchen host Joan McElman November 30, part of the volunteer team behind the Eastlink Christmas Mommies and Daddies Telethon from the Aylesford fire hall. Funds raised support the Friendly Neighbours' and Lions' annual Christmas hampers of food and toys for local families. Leading Seaman E.Jorge, 14 Wing Imaging

### Preparing yourself, your vehicle for winter

Corporal Robert LeBlanc. **Community Relations** Representative, 31 Military Police Flight

The best advice for driving in bad winter weather is not to drive at all, if you can avoid it. Don't go out until the snow plows and salt and sanding trucks have had a chance to do their work, and allow yourself extra time to reach your destination.

If you must drive in snowy conditions, make sure your car is prepared - and that you know how to handle road conditions. Make sure you clean all the snow and ice off of your car. This includes the windshield, back window, headlights and taillights.



#### Driving safely during winter conditions

Decrease your speed and leave yourself plenty of room to stop. You should allow at least three times more space than usual between you and the car in front of vou.

Brake gently to avoid skidding. If your wheels start to lock up, ease off the brake.

Turn on your lights to increase your visibility to other motorists.

Keep your lights and windshield clean.

Don't use cruise control or

overdrive on icv roads.

es, overpasses and infrequently traveled roads, which will freeze first. Even at temperatures above freezing, if the conditions are wet, you might encounter ice in shady areas or on exposed roadways like bridges.

sanding trucks. The drivers have limited visibility, and you're likely to find the road in front of them worse than the road behind.

Don't assume your vehicle can handle all conditions. Even four-wheel- and front-wheel drive vehicles can encounter trouble on winter roads.

Be especially careful on bridg-

Don't pass snow plows and

véhicule pour l'hiver Caporal Robert LeBlanc, Représentant aux relations communautaires 31e Escadrille de la police

militaire

Le meilleur avis que l'on puisse donner en ce qui à trait à la conduite dans des conditions hivernales difficiles est de ne pas conduire du tout, si cela est possible. Ne prenez pas la route tant que les déneigeuses et les camions épandeurs n'auront pas eu l'occasion de faire leur travail, et laissez-vous plus de temps pour atteindre votre destination.

Si vous devez conduire dans la neige, veillez à ce que votre voiture soit prête - et sachez bien faire face à de telles conditions de la route. Veillez à enlever toute la neige et la glace qui couvrent votre auto. Cela inclut le pare-brise. la fenêtre arrière ainsi que les phares avant et les feux arrière.

#### Conduire de façon sécuritaire dans des conditions hivernales

Réduisez votre vitesse et laissez-vous assez d'espace pour arrêter. Vous devriez laisser au moins trois fois plus d'espace qu'à l'habitude entre vous et l'auto devant vous.

Freinez doucement pour éviter de déraper. Si vos roues commencent à bloquer, relâchez les freins.

Allumez vos phares afin de vous rendre plus visible auprès des autres automo-

Gardez vos phares et votre pare-brise bien propres.

N'utilisez pas le régulateur de vitesse ni le surmultiplicateur sur des routes glacées.

prudents sur les ponts, les viaducs et les routes peu fréquentées, qui gèleront en premier. Même à des températures au-dessus de zéro, si les routes sont mouillées, il pourendroits à l'ombre ou sur des bouts de route exposés tels que des ponts.

Préparez-vous ainsi que votre

Ne dépassez pas les déneigeuses et les camions sur les routes hivernales.

Soyez particulièrement épandeurs. Les conducteurs ont une visibilité limitée, et il est fort probable que la route devant eux sera moins carrossable que la route derrière

N'assumez pas que votre vérait y avoir de la glace dans des hicule peut faire face à toutes les conditions. Même les véhicules à quatre roues motrices et les véhicules à traction avant peuvent avoir de la difficulté



Contact Anne at 902-765-1494 local 5833 for rates



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the Aurora | 14 Wing Greenwood, NS Page 8 December 8, 2014

### Christmas in a box

Volunteers and staff at the Greenwood Military Family Resource Centre were busy November 17 readying parcels to be delivered to troops from 14 Wing Greenwood, deployed around the world over the upcoming holidays. They packed, wrapped and shipped over 80 boxes of

### Twins double efforts to support deployed troops

**Corporal Chris Carson** 

While I was deployed in the Sinai Peninsula, I was contacted by a girl I went to school with about her children. 11-vear-old twins Raven and Phoenix, and their ongoing charity efforts at home in Ottawa. I was asked if they could send some homemade gifts to me to hand out to the deployed Canadian soldiers I was with.

The youth named their project Hearts for Heroes, and their goal was to help bring joy and smiles to the faces of soldiers unable to be home with loved ones during the holiday season. I happily agreed to do this for them, and it was soldiers I was deployed with. fiddling at events, helping

For their Heart for Heroes project to continue to thrive. I agreed to continue to be a point of contact for soldiers deployed in the Sinai for upcoming years. They have already started to prepare their homemade hearts for this year's ROTO and will be Christmas season.

Raven and Phoenix have dedicated much of their free time to helping others. They have a long list of charities they have worked along side of, a couple of them dear to their hearts. They have raised over \$8,400 for different charities in the past two received well by the all the volunteered hundreds of hours in their hearts.

hand out items, door checking, decorating, baking, dog walking - whatever is needed of them to do. This is their passion. They love to put smiles on the faces of people of all ages. Find out more on their "Twin Hearts" Facebook page.

It's the support and thoughtmailing them out soon for the fulness of civilians like these that make being a member of the Canadian Armed Forces such a rewarding career, and I am grateful to be able to say I have a connection to these twins as they continue to touch the hearts of soldiers abroad. If you are receiving one of these special hearts. know it was made with love years alone. They have also and know you are truly a hero



Eleven-vear-old twins Raven and Phoenix have spearheaded the Hearts for Heroes project, sending treats to troops overseas.

### **Greenwood Special Olympics bowlers off to great start**

Pat Nixon, Coach, Kings Special **Olympics Bowling** 

The first half of the Kings Special Olympics Bowling year is fast approaching, and everyone has had a great time so far - and the bowling averages are certainly improving.

We have a number of new bowlers this year: welcome, Amy, Amanda, Vanessa, Kilby, Ryan, Nathan, Alex and Adrian. This brings our bowling league up to a total of 25 bowlers. They have made many new friends and are thoroughly enjoying their bowling night. The athletes will be enjoying a

the new year, December 11, snacks and exchange gifts with their friends. Kings Special Olympic Bowling will start up again at the Greenwood Bowling Centre January 8.

The following are the top three athletes in the male and female divisions at present men's high average: Danny 153.3, Alex 130.8 and Nathan at 125.5; women's high average: Sue 121.4, Tara 114.2 and Leah at 110.7; men's high single: Danny at 195: women's high single: Tara at 185.

It is still not too late to join

"festive" get together on their our wonderful group of athlast night of bowling prior to letes. If you or a family member wish to join, come on out when they will enjoy seasonal January 8, 6:30 p.m., to the Greenwood Bowling Centre at 14 Wing Greenwood. We bowl every second Thursday evening and have a great time! Coaches are NCCP Community and/ or Competition Coach trained and certified, as well as having the **Special Olympics Competition** Coach training. If you wish to volunteer, we are always looking for people to be scorekeepers. Give Pat a call at 902-765-8011 if you wish to volunteer. There is no more rewarding experience than sharing your time with Special Olympians.



Greenwood Special Olympian Bowlers having fun and making friends. What better way to spend a Thursday

### Youth **Happenings**

Rebecca Dillman, **Recreation Youth Worker,** 14 Wing Greenwood **Community Centre** 

Spend some casual time with friends at the 14 Wing Greenwood Community Centre's youth centre, with lots of programs on the go. Please pre-register for all events. If you have any questions, and to register, contact 902-765-8165 or specialevents@eastlink.ca.

#### **December 8**

**Boys Club** Gym games (possibly outside) 6 p.m. to 7 p.m.

#### December 10

Active Chicks Gym games (possibly outside) 6 p.m. to 7 p.m.

#### December 11

Teen activity Gingerbreads! 6:30 p.m. to 7:30 p.m. \$3

#### December 12

Pre-teen Lego night 6 p.m. to 7 p.m.

#### December 13

Pre-teen Gingerbreads! 4:30 p.m. to 6 p.m. \$3

### Rafuse picked up for Canada Games '15

Hockey Nova Scotia has released its roster for the 2015 Canada Winter Games, and a local player is on the team.

Cole Rafuse of Kingston, a forward with the Valley Major Wildcats in the Nova Scotia Major Midget Hockey League, will join two goaltenders, six defencemen and 11 other forwards as members of the province's Canada Winter Games male team at the games, February 21 to March 1 in Prince George, British Columbia.

Nova Scotia will compete in Pool B with Saskatchewan, Quebec and Alberta. The players play their first game February 22 against Quebec. The gold medal game is March 1.





# Tips for vacationing with the whole family

joys in life is spending quality Sometimes a planned vaca- To simplify the process, from time with family and friends. tion is the only way to quaran-

(NC) One of the greatest to get everyone together. with its own set of challenges. planning to packing, consider

but it can often be a challenge tee it, but that can come along some helpful guidance for Advertise in The Aurora Newspaper Dec 15 issue with a Dec 10 ad content deadline Multi-page spread featuring photos and features on all things seasonal: outdoor living, recipes, consumer trends Captures the busiest retail season of the year. **Save 10%** next week! Any ad, any size welcome Contact Anne Kempton auroramarketing@ns:aliantzinc.ca 902-765-1494 local 5833

bringing families together.

Safety first: Kids are no strangers to bumps and scratches, so make sure to pack a basic first aid kit with bandages and ointment to take care of any cuts.

Comforts of home: Small children can sometimes become overwhelmed when on the road and at a new destination. Make sure to pack their

home if needed.

Leave room for down time: Although it's normal to want to see all the sights, make sure to leave time in your schedule without any set plans. Whether you use it for exploring or nap time, you and the kids will appreciate If you plan a night out without the flex time.

stuffed animals so they can the attraction you're visiting using a babysitting service.

get relief from a comfort from so you can determine what facilities are offered on-site. Your list might include the availability of washrooms plus elevators and ramps, particularly if you have a stroller, or a member of your group has mobility difficulties.

Late-night sitter services: kids, remember grandparents Check out the facilities aren't babysitters - especially favourite security blankets or ahead of time: Plan ahead for when on vacation! Consider



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### Des bouchées délicieuses pour bien commencer la soirée

(EN) Laissez vos invités la petite touche finale à ces de la Californie croire que vous avez sorti le grand jeu pour le temps des Fêtes en servant de délicieuses bouchées aux raisins avec vos autres hors-d'œuvre. Que vous soyez l'hôtesse de la réception ou que vous fournissiez un plat pour un repas-partage, ces petites bouchées sont tout à fait impressionnantes, mais si simples à préparer. Le goût du raisin et celui du fromage s'agencent parfaitement, tandis

gourmandises.

#### Bouchées au raisin et au roquefort

60 ml (¼ tasse) de fromage à pâtisserie de papier ciré ou à la crème, ramolli

60 ml (1/4 tasse) de roquefort émietté ou d'un autre fromage bleu, à température ambiante

épaisse 15 ml (1 c. soupe) d'estragon

60 ml (¼ tasse) de crème

75 ml (1/3 tasse) de pisnoix dans un petit bol. À l'aide taches ou de noix de Grenoble. d'une cuillère à soupe, prenez grillées et hachées finement un raisin et enrobez-le délicatement de la préparation au Recouvrez une petite plaque fromage. Puis, roulez-le dans sulfurisé. Réservez. les noix et déposez-le sur la

> Bouchées au fromage de chèvre : Remplacez le roquefort par une quantité équivalente de fromage de chèvre, ajoutez 60 ml (¼ tasse) de ciboulette hachée fin au lieu de l'estragon,

et ajoutez les raisins. Mettez les plaque à pâtisserie. Réfrigérez de 2 à 3 heures et servez.

et utilisez 60 ml (¼ tasse) de lieu des pistaches ou des noix pacanes grillées et hachées au de Grenoble.

Dans un petit robot culinaire (ou dans un bol si vous faites le mélange à la main), combinez le fromage à la crème, le roquefort, la crème épaisse et l'estragon jusqu'à ce que le tout soit bien mélangé. Déposez la

que les noix grillées ajoutent 20 raisins rouges sans pépin préparation dans un bol moyen Keurig K-cup Monday, December 8 WHILE SUPPLIES LAST Portion Packs 18's All KITCHEN STASH TEAS GADGETS **SAVE \$1.00** req. \$3.99 sale \$2.99 some exceptions apply December 8 - 14 December 8 - 14 ountry - Store Natural Alternatives for a Healthy Lifestyle

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### How to protect your cottage during the winter months

an all-season cottage is very

(NC) Everyone loves the similar to maintaining a home. cottage. Well, at least in the You need to look after it year summer they do. Most people round to protect it against fail to realize how much work aging and the weather. Howgoes into properly maintain- ever, the challenge with many ing one, especially during the cottages is owners are often off-season when the weather not there year round. In most cases, they spend time at the Owning and maintaining cottage in the spring, summer and fall months, but seldom

not at the cottage often during the winter, consider hiring a property maintenance company to remove snow, check plumbing and perform general maintenance.

There are two main concerns that need to be addressed during the winter months.

Having your pipes freeze can be a disaster. One key issue with seasonal properties is damage from frozen pipes

during the winter. If you are may not be coverage by your insurance policy – especially if the cottage is unattended for four or more consecutive days.

- Shut off the water supply and have the pipes and domestic water containers drained
- Get the plumbing and heating system connected to a monitored alarm station providing 24 hour service
- Maintain an internal cottage temperature at a level so that pipes don't freeze

on being at the cottage during your roof. Keeping the roof and the winter, it is important to stay on top of snow removal. Consider hiring a company to clear ice damming and other damage the snow from your driveways

Even if you are not planning and walkway, and also from perimeters clear of snow and ice will reduce the possibility of from unwanted strain.





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Page 12 December 8, 2014 the Aurora | 14 Wing Greenwood, NS



### Charcuterie meats in the perfect pizza

(NC) Make this perfect party Westphalian Ham pizza for your special holiday quests.

### and Arugula Pizza

Pizza topping:

bread-machine dry yeast (or 1 envelope)

5 ml (1 tsp.) salt 300 ml (11/4 cups) very

To make dough (for three crusts), stir together 13/4

warm water

flour, cake flour, yeast and salt in a mixer fitted with a on medium speed until all flour is incorporated into vide into thirds.

needed to have soft, slightly sticky dough. Alternatively dough hook; make a well in mix by hand. Turn out on the centre. Add water. Mix well-floured surface. Let rest, covered, for 10 minutes. Di-

side-down baking sheet in the oven and preheat to 450°F (230°C). Gently flatten dough into a round or rectangle on a lightly floured surface, creating a rim. Transfer to a cornmeal-dusted pizza peel or another upside-down baking sheet; slide dough onto the hot pizza stone or baking sheet. Bake 8 minutes.

Meanwhile, combine 2 tablespoons olive oil in a bowl with garlic, rosemary, and salt and pepper to taste. Remove pizza from oven, brush with the olive oil mixture and top with the ricotta and mozzarella. Return the pizza to the oven; bake until the cheese is golden and bubbly, about 6 more minutes.

Meanwhile, toss the arugula and shallot in a large bowl with the lemon juice, remaining 2 tablespoons olive oil, and salt and pepper to taste. Top the pizza with the arugula salad, Westphalian ham and shaved Parmesan cheese.

Cut into wedges or squares with scissors; serve immediately. Makes 4 servings.

Substitute charcuterie Alpen or Cervelat salami for another tantalizing taste experience.



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### Bring personality into your holiday décor

(NC) It is true, if you let your personality shine through, there are endless possibilities to create your own one-of-akind holiday statement this

"Discover a decorating style that's perfect for you and go with it," says décor and lifestyle expert Janette Ewen. "Do you prefer glitz and glam, or are you more of an outdoorsy type? Find what speaks to you and base your decorating around that concept."

it, says Ewen, with these quick and easy tips:

#### **Colour bright**

If you're in love with one specific look or colour, then commit to it and go all out. For example, specialty décor items, will make you stand out in a crowd. Layer silver table



Put your own unique spin on linens with silver chargers, napkin rings, holiday accents and more to make a simple, yet elegant statement.

#### Themed Christmas trees

Themed trees are fun and easy to pull off. Start by picking a core ornament that you love and get about 20 ornaments, depending on the size guessing with smaller trees in

of your tree. Choose two or so accent ornaments and get 10 of one and five of the other ornaments. Finish with coordinating tree picks. And who says you have to stick with just one statement? Set up your main tree in a common space, and then keep guests unexpected places.

### Small changes can make a big impact

Pick your favourite two or three rooms in your home and add a few key pieces to transform the space, while staying true to your budget. When in doubt, remember to focus on the high-traffic areas, such as the entryway, living area or dining room.

Don't forget the kitchen. With all the cooking - and eating - that lies ahead, you'll want to add some fun into one of the busiest rooms in the home.

#### Compliment away

There's a lot of work that goes into holiday decorating so with your hosts, friends, and neighbours, be sure to acknowledge it with appreciation wherever you go.



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### Don't leave your job at the office

at work whenever possible, especially when you have kids. But one thing you don't want to eliminate is sharing with your children what work actually means to you.

"My tendency when I get home is to ask my kids about their day," says Cheryl Hotchkiss, who runs an advocacy

(NC) It's good to keep work campaign on child and maternal health for families overseas with World Vision Canada. "But, increasingly, my kids ask about my day. Talking about it is a chance to make myself human and accessible to them and to show them that complex problems are solvable."

> It doesn't matter what kind of work you do. You may serve

food in a cafeteria, deliver flyers or handle people's tax returns. There's always a lot you can teach your kids by talking about your job. Here are five things to consider sharing:

What you like about your **iob.** Do this even if there's not much to say. Finding the positives will open doors with your kids, and lift your spirits too.

How you see your job helping. Someone benefits because you go to work each day. Who is that person? How would their lives be different if you weren't there?

What you learned today. It could be a new piece of information, or the trick to making a grumpy colleague smile.

Who you met today. Perhaps it's a quirky new client, or a new driver on your bus route. You're giving your kids a window into a world they wouldn't otherwise see.

How your journey is unfolding. Do you see this job leading to a different one, or are you hoping to keep learning where you are? It's important for children to know you have dreams too.





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#### 1 Oct/oct. - 31 Dec/déc.







### Créez vos mini-desserts

(EN) Tout grand repas doit se terminer par une note sucrée et, puisque la tendance est aujourd'hui aux « desserts décadents en microportions », quelques minidesserts finiront le repas en beauté. Disposées joliment sur votre table de Noël ou servies sur un plat de service avec des biscuits des Fêtes, ces chics bouchées aux raisins, présentées de deux façons, plairont à coup sûr.

En prime : ces bouchées font un excellent cadeau d'hôtesse si elles sont enfouies dans du papier de soie et présentées dans une boîte en fer-blanc aux couleurs de Noël. Mais le plus beau, c'est qu'elles sont rapides à préparer, ne requièrent que quelques ingrédients et semblent si « décadentes » que les invités s'imagineront que vous avez passé des heures dans la cuisine, plutôt que quelques minutes.

### Chics bouchées aux raisins: chocolat et caramel

Donne 25 bouchées

25 raisins rouges ou verts sans pépin de la Californie

125 ml (½ tasse) de grains ou de brisures de chocolat semi-sucré

5 ml (1 c. thé) d'huile vé-

morceaux de caramel, hachés finement

Insérez un cure-dents dans chacun des raisins et réservez. Recouvrez une plaque à pâtisserie de papier ciré ou sulfurisé.

Dans un petit bain-marie, faites fondre le chocolat et l'huile sur feu moven-bas en brassant jusqu'à ce que la mixture soit fondue, soit environ 0,24 g 5 minutes (ou au micro-ondes à puissance maximale pendant 30 secondes, en brassant une fois). Trempez les raisins dans le chocolat, puis enrobez-les



125 ml (½ tasse) de de caramel. Déposez-les sur la plaque à pâtisserie. Répétez l'opération jusqu'à ce qu'il n'y ait plus de raisins. Refroidir jusqu'à ce que le chocolat soit durci.

> Analyse nutritionnelle par bouchée : calories 47; protéines 0,5 g; glucides 6 g; lipides 3 g; 48 % de l'apport calorique; cholestérol 2 mg; sodium 20 mg; potassium 22 mg; fibres

### Chics bouchées aux raisins : caramel et arachides

Donne 25 bouchées 25 raisins verts sans pépin de la Californie

125 ml (½ tasse) d'arachides salées, finement hachées

125 ml (½ tasse) de morceaux de caramels ou 10 caramels, retirés de leur emballage

15 ml (1 c. à soupe) de crème épaisse

Insérez un cure-dents dans chacun des raisins et réservez. Recouvrez une plaque à pâtisserie de papier sulfurisé.

Déposez les arachides dans un petit bol et réservez. Dans une petite casserole, faites fondre le caramel et la crème sur feu moyen-faible, en brassant jusqu'à ce que la mixture soit fondue, soit environ 5 minutes. Gardez au chaud. Trempez les raisins dans le caramel et enrobez-les d'arachides. Déposez-les sur la plaque à pâtisserie. Répétez l'opération jusqu'à ce qu'il n'y ait plus de raisins.

Analyse nutritionnelle par

téines 1 g; glucides 4,5 g; sodium 19 mg; potassium 8 lipides 2 g; 46 % de l'apport mg; fibres 0,3 g

bouchée : calories 38; pro- calorique; cholestérol 1 mg;







### Cadeaux des Fêtes pour lui

être une activité... assez ennuveuse. Les tendances actu-

(EN) La période des Fêtes heureux mélange de classique arrivera sous peu, et choisir et de tout-aller permettant de un vêtement ou un accessoire créer une allure élégante et mode pour monsieur pourrait décontractée. Pour dénicher la tenue idéale pour papa, votre frère, votre conjoint ou un ami, elles en matière de vêtements tenez simplement compte des teintes automnales, des garnipour hommes favorisent un cinq points suivants :

1. Privilégiez la superposition car elle volera la vedette; elle se déclinera dans un choix de pulls à glissière courte assortis à des chemises à carreaux. Inspirez-vous des tures à fils chinés et du velours

2. Les pulls fabriqués d'un mélange de coton et de cachemire procurent toujours chaleur et élégance, en plus de garantir une durabilité supérieure.

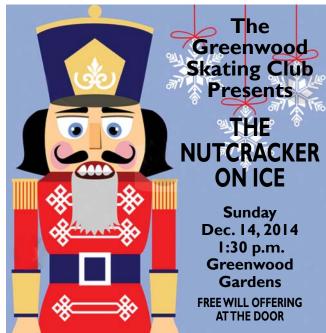
3. Les beaux vêtements en

denim demeurent essentiels à toute garde-robe masculine. Ils seront toujours appropriés pour les soirées décontractées ou chics. Portés avec un beau veston, ils auront un look d'enfer!

- 4. Optez pour des modèles BCBG rappelant le style des joueurs de polo à l'allure toutaller et sophistiquée.
- 5. Ne négligez pas les vêtements de base! Les pyjamas et les peignoirs classiques demeurent toujours à la page, tandis que les chaussettes et les sous-vêtements sont Noël. Gardez en tête que ces essentiels sont souvent plus multiples.



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The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 83A School Road (Morfee Annex), 14 Wing Greenwood: by fax. 902-765-1717: or email auroraeditor@ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To quarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified

Le commandant publie des avis d'intérêt public du matin le jeudi précédent la publication, à moins d'avis contraire

#### soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux. au 83A. School Road. (annexe Morfee), 14e Escadre Greenwood, par fax au 902-765-1717 ou par courriel à l'adresse auroraeditor@ ns.aliantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30

solution page 20

### Blood donor clinic

December 8 and 9. Canadian Blood Services hosts a donor clinic at the 14 Wing Greenwood Community Centre, Church Street. Both days: 1 p.m. to 3 p.m. and 5 p.m. to 8 p.m. New donors are welcome! To book an appointment, call 1-888-236-6283.

December 8, 2014

#### Luncheon

December 9, between noon and 1 p.m., enjoy a community luncheon at the Kingston Lions' hall. Ham dinner with all the fixings, coffee, tea and dessert. Cost is \$9 at the door or \$9.50 delivered (Kingston/ Greenwood area only, deliveries must be ordered by 10:30 a.m. Call 902-765-2128 to place an order).

#### Hockey game

December 11, 7 p.m., the Kingston Valley Credit Union Centre hosts Glenn Anderson's NHI All-Stars versus the Kingston Aces Local All-Star. Tickets (from \$20) on sale at the Kingston village office and the Halifax Forum box office. Meet & greet reception tickets also include a performance by Aaron Pritchett.

#### Library program

December 11, 6 p.m. to 7 p.m., come on in to the Kingston library and try LEGO robotics. As a group, we will build a robot out of our LEGO kit, then program it to make it move, walk and even talk. Ages nine to 18. Pre-registration at www.valleylibrary.ca or call 902-765-3631.

#### Supper

December 12, Branch 98, Royal Canadian Legion, Kingston; hosts a lobster dinner, 5 p.m. to 7 p.m. \$11 eat in or \$12 take out. Advance tickets at the bar.

Meat draw December 13, Branch 98, Royal Canadian Legion, Kingston; hosts a meat draw at 3 p.m.

#### Concert

December 13, 8 p.m., Evergreen Theatre, 1941 Stronach Mountain Road, East Margaretsville; presents an East Coast Christmas, featuring Catherine MacLellan and Don Brownrigg. Cost \$20. Reservations online at www. evergreentheatre.ca, or phone 902-825-6834.

#### Dance

December 13, at Branch 98, Royal Canadian Legion, Kingston; dance to Route 12 from 9 p.m. until 12:30 a.m. Cover charge \$5, ages 19-plus.

#### Community potluck

December 13, 5 p.m., join the Millville Community Hall at its Christmas kitchen potluck party: potluck supper will be followed by a musical jam session. All are welcome, from near and far! Find us at 659 Victoria Road, Aylesford. Questions: Candice, 902-847-0116.

#### Library program

December 13, noon to 2 p.m., come on in and try LEGO stop motion animation at the Kingston library. As part of a group, you will create and record your very own stop motion film. Ages nine to 18, pre-registration is required (online at www.valleylibrary.ca or call 902-765-3631).

#### Carol service

December 14, the Lawrencetown Male Choir, directed by Carole Baltzer, presents its Christmas service of carols and readings in Lawrencetown United Baptist Church at 7 p.m. An open reception in the church hall follows.

#### Hymn sing

December 14, 7:30 p.m. there will be a Christmas hymn sing at the Wilmot Baptist Church Christian Fellowship Centre. Join us for carol singing, along with selections and entertainment from folks in our congregation. All

### Winning effort

Gerry Webster of Greenwood was the first Kings County Special Olympics 50/50 monthly draw winner November 29 at the Apple Dome in Berwick. Rachelle Wood presented him with his winnings of \$186. The next draw will be December 27. Tickets are \$2 each or three for \$5 and are available at various locations throughout the Valley, including E&R Glass in Greenwood, The Greenwood Bowling Centre and the Beehive in Aylesford. The 50/ 50 supports Special Olympics athletes and programs.

Church service

December 14, 3 p.m., is the next quarterly worship service in West Paradise United Baptist Church (Evergreen Hall), with an Advent theme. Music will include congregational Christmas carols and special selections by Elaine Bent and David Graves. All welcome.

### Nutcracker on ice

December 14, 1:30 p.m., the Greenwood Skating Club continues its tradition of presenting the speaker is 14 Wing Padre Kent much-loved story of Clara and her Christmas dream. Bring your family and friends to the Greenwood Gardens Arena to see skaters from age four to 17 perform. Freewill offering at the door.

#### Church service

December 14, 7 p.m., there will

**Entry deadline:** 

Noon, December 11, 2014

welcome! Refreshments to follow. be a praise service at the Kingston Baptist Church, Main Street, featuring a special Christmas program of music with New Song Trio. After the service, fellowship and refreshments.

#### Meeting

December 15, the Canadian Cancer Society's Kingston/ Greenwood Living With Cancer Support Group will meet in the St. Mark's Annex. Church Street. Greenwood, 7 p.m. to 9 p.m. Guest Greer on "The Power of Hope." Frank Dobbin on keyboard will again provide Christmas music. Cancer patients, family and friends and those seeking information on cancer are encouraged to attend. For information: Lloyd Graham, 902-765-6133.

# 50

metro crossword

### ACROSS

- Hindu stratification
   Least harm
   Medical confinement
- 16. Silver 17. In a sick state
- 18. Belonging to me 19. 1/2 an em 20. 'Makeover's'
- Pennington
- 21. Take a seat 22. 1/10 meter (abbr.) 23. Atomic # 13
- 24. Fallow deer genus
- Skin lesions Charlie Parker's sax
- 30. 31st state

- 31. 31st state
  31. Disparity
  32. Poking stroke
  34. Long time
  35. Wm. the Conqueror
- grave 37. Hosts film festival
- 39 Mend
- 40. Gear teeth 41. Of cadmium 43. 1618 Reformed
- synod 44. Fringe-toed lizard 45. Where passengers
- ride 47. 1/60 hour (abbr.) 48. Initials of TV cartoon

- and feathered
  Hyperbolic cosecant
- 50. Pack down 52. \_\_\_ and feathered 54. Hyperbolic cosecal 56. Operating system (abbr.) Atomic #99
- 59. Crown owned Isle
- Santa \_\_ trail Booze support group
- . Footcandle 63 Retaliations
- . Natural logarithm . Quality of usefulness
- 70. Sitting position
  71. They turn litmus
  paper red
  DOWN

- Brandy region of France
- 2. Equally
- Spittles Very small Ethiopia
- 6 Filled with sediment An antiviral AIDS
- drug 8. Saudi king to 2005
- Early word forms Yes in Spanish
- 11. Ketchup veggies 12. Used to have (Scottish) 13. Old Greek storyteller

- 15. Stockings 25. Scottish road
  - surface 26. Diego, Francisco,
  - Anselmo Bodily cavity
  - 29. Durations
- About gene 'Footloose' actor Kevin
- 36. Supply weaponry 38. Neither 39. Capital of Syria 41. Shortcut
- 42. Feline
  43. Have already done
  46. Rifle barrel cleaning
- tool High IQ group
- 49. Libra constellation Perch genus Summer
- precipitation 54. Ancient Roman
- boxing gloves 55. Silver Skates' Brinker
- 58. Cobblestone 60. Policeman (French)
- 60. Policeman (Fre 64. Pizza, apple or
- chiffon . Winglike structure
- 68. 37th state 69. Potato state

metro crossword brought to you compliments of



### find &win ALC:

### Three easy ways to enter.

- 1. Through our website: www.auroranewspaper.com
- 3. Drop into our office located on 83A School Road (Morfee Annex)

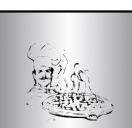
### Full name

Phone number Complete the following questions from ads in this week's issue and win a 14 inch 2-topping pizza from Mimie's Pizza, Greenwood. Coupon valid for 30 days.

- 1. What is Gerald Burke's phone number?
- 2. Whose business number is 902-825-4935?
- 3. When does winter swim registration start?
- Who has Helly Hansen rainwear?
- 5. How much can you save on kitchen gadgets?

Limited to one win per family in a TWO MONTH PERIOD. The winner will be drawn randomly from all correct entries. Only one entry per family per week.

Congratulations to last week's winner: PATRICK BOURASSA



Mimie's PIZZA

683 Central Ave., Greenwood

902-765-6888 902-765-2232 the Aurora | 14 Wing Greenwood, NS Page 19 December 8, 2014

### Businesses' holiday efforts all about community

### Sara Keddy, **Managing editor**

While many businesses have year-round ways to give back to their community, the stops come out through the holiday season.

Kingston and Greenwood families and service organizations will benefit from the cash, food, coats and toy contributions piling up as supporters work as employee teams with their customers to think of others.

One hundred fifty "trotters" turned out November 29 for EXIT Realty Town & Country's Greenwood fivekilometre Toy Trot – with another 70 more runners in New Minas. Participants donated a toy as their registration fee, in exchange for the opportunity to run, walk or wheel from Greenwood to Kingston and back.

"It was a huge success and, Sunday, we delivered almost 300 toys to the Friendly Neighbours at the Christmas Mommies & Daddies Telethon," says EXIT's Val Connell. "Many thanks go out to all those that came out, those that delivered toys and donated even if they couldn't trot that day, those that volunteered, Scotiabank and Robin's Coffee. They all made Christmas a little easier for so many local families, and we had a tonne of fun!""

Plans are already underway for EXIT's 3rd Toy Trot next

Meanwhile, the team at Greenwood Auto Sales is stepping carefully around a spreading pile of toys and Christmas tree.

as the dealership that gives back," says Wayne Fowler. just work on getting busi-

solution page 20

5

6

3

Level: Beginner

Ι

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Toy trotters hit the streets in Greenwood and Kingston November 29 for EXIT Realty's annual toy fundraiser.

"Ninety per cent of our advertising is about the comfood under their salesroom's munity, not selling cars. By doing something for the "We want to be known community, people talk about us just as much. You can't

the people who keep your business healthy.

nity-minded group of people here. Donnie Armstrong (the in a toy before December owner) and I grew up here 15, and staff will match it in doors."

gift, fill a tummy" campaign. ness – you have to support and live here with our fami- weight with a food donation lies."

"And we're a very commu- a tummy" campaign invites community friends to bring

to the Upper Room Food Their 3rd "Give a gift, fill Bank. Last year, half the showroom floor was filled, and Fowler says they're keen to see donations "right to the



From left are Greenwood Auto Sales team members

Donnie Armstrong, Wayne Fowler and John Pitt. Thev

are hoping their showroom Christmas tree will have

hundreds of toys - and hundreds of pounds of food -

underneath it by the December 15 end of their "Give a

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### **Fun By The Numbers**

8

9

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

sudoku brought to you compliments of



### **WORDS**

TNVFSTMENT RATIO IAHIMMA CONTRACTS **EOUITY** BACK OFFICE EXPENSE SALE CREDIT LIOUIDATION SERVICES **BENCHMARK** CUBICLE FTNANCES CAPITALIZATION MARKET SHARES DEBT **FUNDING** DOWN PAYMENT COMMISSION HIATUS **PAYCHECK** STATEMENT COMMODITY **EARNINGS** PORTFOLIO INCOME TITLE **EMPLOYER** INSURANCE **PROFIT** VALUE WARRANTY

patrick's puzzle brought to you compliments of



# horoscopes

#### ARIES - Mar 21/Apr 20

Aries, although you are full of excitement this week, rein in some of those feelings so you can focus on the tasks at hand. Use your energy to your advantage.

#### TAURUS - Apr 21/May 21

Taurus, motivation may not be strong this week, so begin with some menial tasks around the house and build up to bigger plans. Eventually you will find a groove.

#### GEMINI - May 22/Jun 21

Gemini, try to avoid focusing on just one issue for too long. Sometimes you simply must trust your instincts and force ahead anyway. Let past experience guide you this week.

#### CANCER - Jun 22/Jul 22

Cancer, avoid the temptation to take on too many responsibilities this week. If you don't, you might not get much done. Think before you accept more work.

#### LEO - Jul 23/Aug 23

Financial matters are looming and a decision must be made, Leo. Don't be overcome with anxiety, as all you need to do is carefully examine your finances to come up with a solution.

VIRGO - Aug 24/Sept 22 Spontaneity beckons, Virgo, even though you are a careful planner who puts a lot of thought into your decisions. Over thinking is more hassle than it's worth this week.

### December 7 - December 13

#### LIBRA - Sept 23/Oct 23

Someone may catch you off guard this week, Libra. This person will bring a welcome surprise, so look forward to this unexpected

#### SCORPIO - Oct 24/Nov 22

Back up your promises with decisive action, Scorpio. That's the only way to prove to others that your word means something and you are committed to honouring your commitments

### SAGITTARIUS - Nov 23/Dec 21

There may be more to the big picture than you are seeing, Sagittarius. Gather the facts before you jump to any conclusions. You may just see things from a different perspective.

#### CAPRICORN - Dec 22/Jan 20

Capricorn, you are riding high and looking to share your good fortune with others. Make the most of this chance to improve the lives of those around vou

### AQUARIUS - Jan 21/Feb 18

Aquarius, you have an idea about how to tackle a difficult obstacle, but someone crosses your path with a different agenda. Perhaps there's a way to work together.

#### PISCES - Feb 19/Mar 20

Pisces, avoid open conflict without being a pushover this week. Find the middle ground and try to understand another's perspective.

horoscopes brought to you compliments of



# assifieds

Classified advertisements, 35 words or less, are \$8 tax included, Additional words are 10 cents each, plus tax. Bold text \$9, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/ or services advertised. To place a classified, contact 902-765-1494 local 5440, visit the office, 83A School Road, Morfee Annex, Greenwood; email auroranews@ns.aliantzinc.ca or fax 902-765-1717.

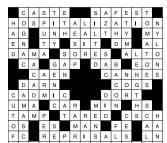
To place a boxed, display ad, contact 902-765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 8 \$. taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 9 \$, taxes incluses.

Les annoncées classées doivent être réservées et payées à l'avance avant 10 h, le jeudi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au 902-765-1494 poste 5440, visiter notre bureau au 83A, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à auroranews@ns.aliantzinc.ca ou nous transmettre un fax au 902-765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au 902-765-1494 poste 5833, ou un courriel à auroramarketing@ns.aliantzinc.ca.

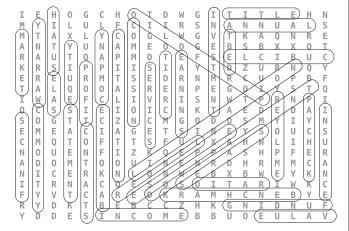
### crossword solution



### sudoku solution

7	5	8	6	3	2	1	4	9
4	6	1	5	8	9	2	3	7
3	2	9	4	1	7	6	5	8
8	3	2	9	4	1	5	7	6
5	4	6	3	7	8	9	2	1
9	1	7	2	5	6	3	8	4
1	7	5	8	9	3	4	6	2
6	8	4	1	2	5	7	9	3
2	9	3	7	6	4	8	1	5

### patrick's puzzle



### obituaries

The Aurora Newspaper offers obituary notices to the community. Families may record their loved one's life as they wish, and work with our staff to design borders, add photos and proofread the final notice.

Obituaries are priced at 59 cents per line (black and white) or 69 cents per line (colour).

Obituaries for serving Canadian Armed Forces Regular, Reserve members and Canadian Armed Forces veterans are complimentary to an eighth of a page space (2 columns x 67 lines)(3.5 in x 4.75 in), black and white only. Regular line rates apply on space over this size.

Payment is required before publication (cash, cheque, debit or VISA, MasterCard, AMEX).

Contact Anne Kempton, 902-765-1494 local 5833, auroramarketing@ns.aliantzinc.ca for details.



### **APARTMENTS**

FOR RENT - Very clean Modern 2 & 3 Bedroom Apartments. Middleton to Cambridge. Well managed properties. Seniors units available. References required. Call Ross at 902-840-0534. (3539-ufnb)

December 8, 2014

FOR RENT - 2 bedroom lower level apartment in subdivision behind Greenwood Mall. Outside storage shed, deck, clothesline with lawn care and snow removal provided. Fridge/stove and washer/dryer hook-ups. \$550.00 per month plus utilities (heat electric). Available Jan 1, 2015. Call 902-765-4206 Sue (3546-ufn)

FOR RENT - 2 Bedroom Kingston Apartment \$925.00 monthly. Ref-erences, Lease Required, Sorry No Pets. UNFURNISHED or FUR-NISHED 2 BR, LR, KIT, BATH, LG. Patio. Available immediately. Includes Heat, A/C, Power, HD Cable, HS 80 mg Internet, Snow (min \$400. value) 6 Appliances... Fridge, Stove, Toaster Oven, Microwave, Washer, Dryer, BBQ. Phone: 902-760-0002, email: nsvalley@hotmail.com for full de-

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scription, pics, or viewing appointment. 15 min or less walk to Golf, School(s), Doctor(s), Pharmacy, Post Office, Library, Bank, Atlantic Superstore, C-store(s), Tim Hor-ton's, Motel, Restaurant(s), Gas, Legion. (3547-ufnb)

FOR RENT - 2 Bedroom Apartment on Pit Road in Nictaux, Basement Apt. Call for more information. Darlene 902-825-2606 or 902-840-1780. (3545-4tp)

FOR RENT – 1 Bedroom Apt, Fully Furnished in Nictaux Falls. Ideally suited for IR or other Professional 20 minutes from Greenwood. Clean, quiet, Private. Phone 902-825-6780 (3547-1tpb)

#### **HOUSE FOR RENT**

FOR RENT - Spacious 3 bedroom house 5 minutes from Greenwood. Wood/oil combination furnace. Five appliances, large outbuilding. Available immediately. \$750 plus utilities. NONSMOKERS! References and Lease required. More info call Colleen 902-691-0068. (3546-ufn)

#### **DUPLEX FOR RENT**

FOR RENT - Newly constructed two bedroom duplex located at 2245/2247 Glebe Road, Greenwood. 1150 sq. ft with attached garage. In floor heat, fridge, stove, dishwasher, washer &

### PARKER & RICHTER

Chris Parker L.L.B Ronald D. Richter (B.A. Hon.), L.L.B. Southgate Court, Greenwood N.S.

Phone: 902-765-4992 Fax: 902-765-4120

dryer included, 1.5 baths. Front and rear private decks on large lot close to back gate for C.F.B Greenwood. Lawn care and snow removal provided. \$950.00 per month. Available Jan 1st, 2015. Call 902-844-1921 or 902-242-2230 (3547-4tpb)

FOR RENT - 2 Bedroom Duplex in Nictaux. \$650.00 month + utilities. Fridge and stove included with washer/dryer Hookup. Phone 902-840-3337 (3547-2tp)

#### **WORRY FREE LIVING**

WORRY FREE - Newly constructed living on one level. Mature adult living. Two bedrooms, 4 appliances, kitchen, living room, bathroom, laundry hook-ups. 1000 square feet of living space with in floor heating and garage. Pet friendly & smoke free. Nictaux road just minutes from Middleton on bus route. Phone 902-765-0412. Call about Rental incentive! (3543-4tp)

WORRY FREE - Worry free living for mature and Seniors located in Middleton. 2 Bedroom units with Garage located along the Kings Transit Route in a quiet setting, just minutes from Middleton and 10 minutes from Greenwood. Close to Hospital and shopping. Lawn Care and Snow removal are included. For more information, please contact Darlene Veinot at 902-825-2606 or 902-840-1780. (3545-4tp)

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FOR SALE - Downsizing Musical

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FOR SALE - Large solid wood coffee table and two end tables. Excellent condition. \$75. Ph.: 902-765-0277 (3540-1tpb)

#### **SERVICES**

CLEANING SERVICES - Housecleaning spaces available. Approximately 20 years experience. \$15 per hour with references if required. Weekly, biweekly or monthly. Please contact Dawn @ 902-242-2175. (3546-2tp)

SERVICE - Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates - flexible hours. Call Mike at 902-242-2465 or 902-840-0529. Greenwood/Kingston (3433-ufn)

SERVICE - Now accepting preregistration for instruction in guitar, Ukulele and Drums. All ages considered. Half hour private instruction for January. \$15 per Lesson. Located across from Greenwood Mall. Former Annapolis School Board Instructor. Call 902-760-2166 (3546-2tpb)

### IN THE COMMUNITY

CHURCH SERVICE – "The Peoples 25:40 Church" There will be a church service held every Sunday at the New Beginnings Centre 1151 Bridge Street Greenwood provided by Pastor Leon Langille. Pre Service music at 2:50 p.m. Service 3:00 p.m. Doors will open at 2:30 p.m. All are welcome. (3533-ufn)

### Steve Lake's **Light Trucking**

Moving & Deliveries

16' Cube Van 902-844 0551

### **FOR REN1**

**MELVERN SQUARE** 672 Stronach Mtn Road,

> Melvern Square Modern 3 bedroom

2 bathroom single family dwelling. \$1,400.00/MO. Utilities included.

For more information call

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Insurance Claims are our Speciality
Mention this ad
for \$100 off your
deductible.

www.windshieldreplacements.ca

the Aurora | 14 Wing Greenwood, NS Page 21 December 8, 2014

### Toepics Annual ice show a **Christmas classic**

December 14, the Greenwood Skating Club continues its tradition of presenting the much-loved story of Clara and her Christmas dream.

Last year, skaters were not able to perform The Nutcracker due to December's storms but, this year, all are ready - and optimistic Mother Nature will cooperate!

Bring your family and friends to see all the club's skaters, from the youngest at age four to the most expehighlights the club's talented competitive skaters.



Show time is 1:30 p.m. rienced at 17. The show also at the Greenwood Gardens Arena. Admission is a freewill offering at the door.

### Donate gift of life December 8, 9

Canadian Blood Services 236-6283; or, drop in. hosts a donor clinic at the 14 Wing Greenwood Community fence is Canadian Blood Ser-Centre, Church Street, Decemher 8 and 9

between 1 p.m. and 3 p.m. a "Member Registration Form" and 5 p.m. and 8 p.m. New on site, and CBS can track how donors are welcome. To book many times you have donated an appointment, call 1-888- on behalf of 14 Wing.

Department of National Devices' first Partner for Life. 14 Wing has a goal of having 100 Donors may visit either day donors register in 2014. Sign



at 902-765-1494 local 5564

### Christmas Colouring Contest • Concours de coloriage de noël



Name   Nom :		Grade   Grade
Age   Âge :	_ Number   Nombre : _	
Address   Adresse :	•	

One winner from each age group will win a pizza party for their class: 3-6, 7-9, 10-12. Please drop off your entry no later than December 23, 2014.

# FREE 12" P

When you buy \$30 in gift cards



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Monday to Friday 11:30-2:00/4:30-7:30 Saturday 5:00-8:00

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### DODLAND Middleton

- Tanya Knickle, Store Manager



### New Painting Exhibit Pamela Rayne Wiersma

Dec. 9, 2014 - Jan. 9, 2015

Regular hours Mon - Sat 10 - 4 **ALL YEAR** 

**Apple Pie Pottery & Gallery** 902-825-4935

www.applepiepottery.com

Middleton, across from Avery's Farm Market





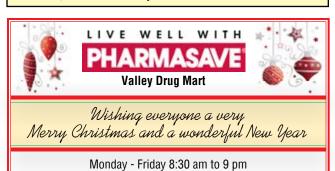


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Saturday 8:30 am to 5:30 pm • Sunday 12 noon to 5:30 pm 26 Commercial Street Middleton 902-825-4822



the Aurora | 14 Wing Greenwood, NS Page 23 December 8, 2014



Chief Warrant Officer (retired) Frank Honey stands, as 14 Wing Greenwood Commander Colonel Iain Huddleston affixes the French National Order of the Legion of Honour on his chest. Leading Seaman E.Jorge, 14 Wing Imaging

### Honey recognized by France

member was visibly moved November 24, as officials and friends gathered for a presentation of a French honour.

Chief Warrant Officer (retired) Frank Honey of Middleton was awarded the rank of Knight of the French National Order of the Legion of Honour, announced August 18 and formally presented at Royal Canadian Legion Branch 098 Kingston by 14 Wing Greenwood Commander Colonel lain Huddleston and Kings West MLA Leo Glavine.

"This distinction illustrates the profound gratitude that France would like to express to you," reads a citation from Philippe Zeller, Ambassador of France to Canada. "It is awarded in recognition of your professional involvement in the liberation of our country. Through you, France remembers the sacrifice of all of your compatriots who came to liberate French soil, often losing their lives in the process.'

The presentation was also approved by the Government of Canada, on the advice of the **Honours Policy Sub-Committee** out of Rideau Hall.

Honey was born in England and came to Canada at an early age. He joined the Royal Canadian Air Force in 1942, part of 430 Army Co-op Squadron with its P40 Tomahawk aircraft and then the Mk1 Mustang. In 1943, Honey was posted to 129 Airfield Squadron and worked on the Typhoon aircraft. He remained with the unit through the "D" Day invasion

A well-known community of Normandy, one of the early units on the continent following the landings. Two months later, the unit disbanded and Honey rejoined 430 Squadron, now flying the Mk14 Spitfire. He remained with this unit until the end of the Second World War in 1945, by which time the unit was the farthest RCAF body inside Germany.

Following his return to Canada, Honey was posted to RCAF Station Sea Island, British Columbia and became a flight engineer on the Canso and Lancaster aircraft. He was posted five years later to RCAF Station Camp Borden as a technical instructor and examiner. Seven years later, he arrived at RCAF Station Greenwood as an aircraft maintenance supervisor on the Argus. He was posted to Maritime Command Headquarters in Halifax five years later, followed by a second, three-year tour in Greenwood. He then joined #1 Canadian Air Group in Germany, with its CF104 Starfighter. Four years later, he returned to Greenwood for his final posting. He retired after 37 years of service, 18 in Greenwood, and with experience on 28 different airplanes.

Honey's decorations include the 1945 Star, the France/ Germany Star, the Defence of Britain medal, the Canadian Volunteer Service Medal and clasp, the Victory medal, the Canadian Confederation medal, the Special Service medal, the Canadian Forces decoration with two bars and the Normandy Campaign medal.



The Royal Canadian Legion, Branch #098 would like to thank the following local businesses for their generous support during the 2014 Poppy Campaign. November 11th is the most important time of year for the Royal Canadian Legion and the simple act of wearing a poppy helps ensure that the 117,000 Canadian servicemen and women who made the ultimate sacrifice will not be forgotten. With your help, the Kingston Legion raised more than \$23,000 during our 2014 campaign which was shorter in duration, yet more successful than ever!

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pleasant walkway in the Commemorative Gardens overlooking the Greenwood Military Aviation Museum air park, lined with individual stones, lovely roses and a

### **Commemorative stones a** lasting gift for those remembered, museum heritage

**Gerald Keil** & Malcolm Uhlman, **Greenwood Military Aviation Museum** 

Have a hard-to-buy-for person on your gift list?

Here's an exceptional gift idea that will last forever. The Greenwood Military Aviation Museum offers a unique fundraiser: engraved granite stones may be ordered, at \$125 each, for placement along the picturesque walkways lining the museum's memorial gardens and

pond overlooking the air park. To date, over 400 stones have been placed, representing past and present men and women who have been affiliated with Station Greenwood.

Memorial and commemorative stones are to remember deceased family members, or those presently serving or who have worked at Greenwood at any time since the founding of the base. Dads, moms, wives and grandparents are remembered here in this beautiful, quiet setting.



Order a stone as a lasting gift that will remind you and your family of service here in the Annapolis Valley. Take a stroll today along the picturesque garden walkway and see how many names are familiar to you, cohorts who may have served with you during your own tenure here at Greenwood.

It would be an honour... to have you become one of us.

Ce serait un honneur... de vous accueillir parmi nous.



Why join us? This is where your military values, unique talents, and career aspirations can all come together. We are proud to offer many exciting and enriching career paths. We believe in what we do. But more importantly, we believe in each other. We embrace diversity. We act with integrity. We collaborate. And take ownership. This is what makes us one of Canada's 2014 Best Workplaces.

This is where opportunity thrives. This is us.

Pourquoi se joindre à nous? C'est là où vos valeurs militaires, vos talents uniques et vos aspirations professionnelles se réunissent. Nous avons le plaisir de vous offrir de nombreuses possibilités de carrières passionnantes et enrichissantes. Nous croyons en ce que nous faisons. Mais avant tout, nous croyons que chacun de nous contribue positivement au succès de la compagnie. Nous valorisons la diversité. Nous agissons avec intégrité. Nous collaborons. Et, nous assumons nos responsabilités. Tous ces facteurs réunis font de notre compagnie l'un des meilleurs lieux de travail en 2014.

C'est là où vous aurez la possibilité de prospérer et de réussir. C'est ce que nous sommes.

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### The 14 Wing Band

presents

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featuring

Kingston & District Elementary School Choir

Geneviève Béïque, violin

and

Chris Palmer



14 December 2014 1900 hrs

> Annapolis Mess CFB Greenwood

> > Free Admission



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