







Vol. 35 No. 11 **MARCH 17, 2014 NO CHARGE** www.auroranewspaper.com

Mosquito donation highlights modellers' museum visit

Al Eastman

I traveled with Rae Covle to Greenwood February 12, where Rae presented his museum-quality Mosquito to the Greenwood Military Aviadisplay. Rae chose to donate in getting a personal guided the Mosquito because Greenwood had a squadron of Mosquitoes operating during the Second World War, and he felt it would be a good fit. It is indeed!

We were greeted at the museum by curator Bryan Nelson, who introduced us to Colonel (retired) Brian Handley, president and CEO of the museum society, and Major Robert A Johnson, 14 Wing Greenwood heritage officer and the museum's general manager. These gentlemen tediously fashioned using patrol modifications that had set us up in a quiet area wooden plugs, over which where we got the Mossie the plexiglass sections are

turnover. Johnson indicated resulting in the accurate he would hang the model in a fabrication of these unusually banked position with the gear and flaps down, simulating a final turn onto the runway.

tour from Handley, which included the restoration shop is the Bolingbroke restoration. About half the fuselage for that plane has been comon the forward section and the wings. Of particular inin which the windows for

assembled and ready for formed. Trial and error is shaped parts.

Unbelievable is the only word to describe how the During our visit, Rae and recently finished Anson came tion Museum for permanent I were exceptionally lucky from the broken and tattered aircraft sections I once viewed sitting outside some years ago. We saw photoout back. Several large and graphs of those bits on our demanding projects are being recent tour, and there is only worked on there by museum amazement when viewing volunteers. Most impressive the Anson sitting there today. The Bolingbroke sections and wings were in a similar wrecked state, and the musepleted, and work continues um volunteers are recovering a plane from those as well.

> Work is continuing on terest to me was the way bringing their Lancaster back to its original military conthe Bolingbroke are being figuration from maritime

> > Continued on page 2...



Rae Coyle shows documentation for the model, which has a wing span of 81 inches and is painted in 418 Squadron City of Edmonton colours. This Canadian squadron never operated in Canada, but flew extensively in England.

Focusing on future of women's work March 20 day to talk gender, gaps and need for growth in CAF

Sara Keddy. Managing editor

their roles need an adjustment, if the Canadian Armed Forces Greenwood, "champion for advertising and entertainment; Defence, we have a long and young women. We have a great on experiences girls and young

women bring to the force.

Perceptions of women and last year's International Wom-

is to capitalize on everything women" Lieutenant-Colonel but as engineers, scientists, solid history of women sup-need for people with technical Picking up the threads of showcase women: not in overglamourized stereotypes comen's Day event at 14 Wing monly portraved in media.

Andre Gloumeau wants to programmers and technologists.

> "From the perspective of the Department of National

porting defence, so we want to backgrounds and aptitudes. draw on that – but also focus with adventurous and inventive on the future, and members spirits - and leaders." of the future: our girls and

Gloumeau points to hands-

Continued on page 2...







March 20 day to talk about women in the CAF...

...cover

women are exposed to around the 14 Wing community, as base volunteers support middle school-based LEGO computer challenges as group leaders and judges, question and judge school science fairs and lead Cadet units and specialized activities, including biathlon. An increase in international focus on "STEM" programs for young women - science, technology, engineering and math; is just as important for the CAF and DND.

"We're competing for the same pool of people as Canadian employers, and we've had success and continue to make progress on professional barriers within the Canadian Armed Forces, but we're still not meeting the modest goals of having a good representation

to get young women here, in the door - and keep them in.

"Not only do we need you, we want you to be part of our team."

Gloumeau and a base committee which supports CAFand DND-wide goals around issues including anti-discrimination, Aboriginal and African Canadian initiatives and disabilities: have put together 14 Wing's International Women's Day event, set for March 20, 1 p.m. to 3:45 p.m., in the Annapolis Mess. The event is open to all CAF and DND employees of 14 Wing, and their families, and will mark the DND theme, "Celebrating the Past, Planning the Future."

Guest speaker is Colonel Lise Bourgon, commander of 12 Wing Shearwater. Bourgon ioined the military in 1987 and was posted to 423 Mariof women enlisted. We need time Helicopter Squadron in

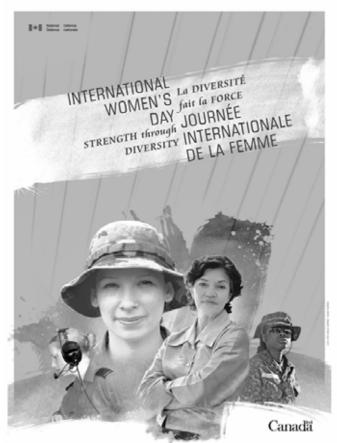


Colonel Lise Bourgon, commander of 12 Wing Shearwater, will lead 14 Wing Greenwood's International Women's Day presentation and discussion March 20.

Shearwater, 406 Maritime Operational Training Squadron, Ottawa to the Directorate of Air Requirements – Maritime, 423 Squadron and then graduated from the Joint Command and

Staff Program in 2007. She was appointed commanding officer of 406 Squadron in 2007, became the executive assistant to the chief of the air staff in Ottawa and, in 2011, was posted as NATO liaison officer at the NATO Air Headquarters in Germany. In August, 2013 she assumed command of 12 Wing. Her presentation and discussion to follow will further focus in on Gloumeau's interest in gender integration and retention of women within the CAF.

Please bring a donation for Chrysalis House in Kentville, a non-profit organization which provides free shelter and support for abused Valley women and their children. Small kitchen appliances or gadgets that would help women and their children set up a new home. personal hygiene items and cash donations are suitable.





Rae Coyle takes the driver's seat in the museum's restored Anson.

Mosquito donation...

...cover

been made. That mod had changed the Lancaster nose by adding a 16-inch plug, which significantly changed the plane's profile. The Lanc sits outside at the moment, minus its nose and spinners, alongside a Lockheed Neptune, Canadair Argus, pedestal-mounted T33 and Boeing Vertol CH113 Labra-

dor. A DC3, which Handley fondly refers to as a "Dak" (he used to fly them), is being painted and will be added to the display this summer.

Many interesting displays and dioramas fill the museum interior, including the histories, medals and photos of some notable Nova Scotian and Canadian military heroes. A walk through the simulator section of the Argus patrol museum has an excellent gift newsletter

aircraft with working instru- shop and a superb cafeteria. mentation and sound is worth taking in, as is the Sperwer years since I first visited this UAV (drone), which hangs museum, and it has grown from the ceiling. Various engines are on display, some of them cutaway models showing internal workings. Examples of aircrew uniforms and paintings of notable aviation actions and other artifacts fill every available space. The Canada Zone B March 2014

It had been quite a few into a very impressive facility with a lot of great displays and artifacts. I highly recommend a visit!

Reprinted from the Model Aeronautics Association of



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Useful links | Liens utiles

Canadian Air Force website

Site Web de l'Aviation royale canadienne www.airforce.forces.gc.ca

Community Gateway Site

Site du portail communautaire des Forces canadiennes

www.cfcommunitygateway.com

14 Wing Greenwood Site

Site de la 14e Escadre Greenwood www.airforce.forces.gc.ca/14w-14e

Personnel Family Support Services Services de soutien au personnel et aux

familles des Forces canadiennes www.cfmws.com

National Defence and the Canadian Forces Défense nationale et Forces canadiennes www.forces.gc.ca

Combat Camera | Caméra de combat www.combatcamera.forces.gc.ca

Recruiting | Recrutement www.forces.ca

Military Family Resource Centre

Centre des ressources pour les familles des militaires www.familyforce.ca

VPI | VPI

www.vpinternational.ca

L'avenir des femmes dans le monde du travail Le 20 mars, on parle de l'effectif féminin, des lacunes et des besoins au sein des FAC

Sara Keddy, Rédactrice en chef

Pour que les Forces armées canadiennes puissent tirer avantage de tout ce que les femmes ont à offrir, nous devons modifier la perception que nous avons des femmes et de leurs rôles au sein des Forces.

Dans la même lignée que l'activité présentée l'an passé pour célébrer la Journée internationale de la femme à la 14e Escadre Greenwood. le « champion de la cause des femmes », le Lieutenantcolonel Andre Gloumeau. entend mettre les femmes en évidence. Il n'est pas question ici de l'image et des stéréotypes de la femme véhiculés couramment dans les médias et dans le monde de la publicité et du divertissement, mais plutôt des femmes qui occupent le métier d'ingénieur, de scientifique, de programmeur ou de technologue.

Reg White CD1

cell: (902) 760-1298

les activités de la défense et ces, technologie, ingénierie et nous voulons tirer profit de ce fait, tout en concentrant nos efforts sur l'avenir et sur les membres de l'avenir. c'est-à-dire nos filles et nos jeunes femmes. Nous avons un besoin criant d'employées rence avec tous les autres qui possèdent des connaissances et des compétences techniques ainsi qu'un esprit aventurier et ingénieux. Nous cherchons des leaders. »

filles et les jeunes femmes alors qu'elles vivent au sein de la communauté de la 14e Escadre : elles voient des bénévoles de la base agir à titre de chefs de groupe et de juges lors de la compétition de construction d'un ordinateur en blocs LEGO organisée à l'école intermédiaire ou comme juges lors des exposciences, ou des bénévoles qui dirigent des unités de cadets et des activités spé-« Au ministère de la Dé- cialisées, comme le biathlon. fense nationale, les femmes La portée internationale des

Buying or Selling?

appuient depuis longtemps programmes en STIM (Scienmathématiques) à l'intention des jeunes femmes revêt également une importance particulière tant pour les FAC et que pour le MDN.

« Nous sommes en concuremployeurs canadiens pour recruter du personnel et nous connaissons un certain succès. Nous continuons à éliminer des obstacles pro-M. Gloumeau parle des fessionnels au sein des Forces expériences que vivent les armées canadiennes, mais nous n'atteignons toujours pas notre objectif très modeste lié à la bonne représentation des femmes dans les FAC. Nous devons attirer du jeune personnel féminin et trouver une façon de le maintenir en poste.

> « Nous avons besoin de vous, et nous voulons que

L'activité visant à célébrer la Journée internationale de la femme à la 14e Escadre a été organisée par M. Gloumeau et par le comité de la base qui appuie les objectifs des FAC et du MDN pour ce qui est notamment de la lutte contre la discrimination et des initiatives visant les Autochtones, les Afro-Canadiens et les personnes handicapées. L'activité aura lieu le 20 mars, de 13 h à 15 h 45, au mess Annapolis. Tous les membres des FAC et les employés du MDN de la 14e Escadre ainsi que les membres de leurs familles sont invités. Le thème de la journée est « Célébrer le passé et prévoir l'avenir ».

La conférencière sera le Colonel Lise Bourgon, commandant de la 12e Escadre Shearwater. Lise Bourgon s'est enrôlée en 1987 et a

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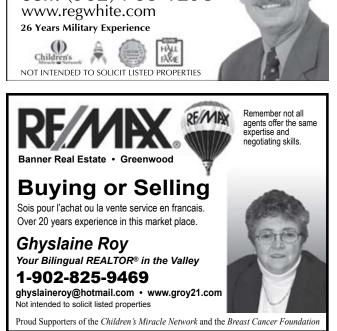
Shearwater, au 406e Escadron maritime d'entraînement opération à Ottawa, à la Direction - Besoins en ressources aériennes (Mer) et au 423e Escadron, avant de terminer le Cours de formation de commandement et d'étatmajor interarmées en 2007. Nommée commandant du 406e Escadron en 2007, elle est devenue adjointe exécutive du chef d'état-major de la Force aérienne à Ottawa et en 2011, elle a été affectée à titre d'officier de liaison au quartier général de l'OTAN, en Allemagne. En août 2013, elle a pris le commandant de la 12e Escadre. L'exposé

du Colonel Bourgon et les

discussions qui suivront porteront sur l'intérêt du colonel sur la question de l'intégration et le maintien en poste des femmes dans les FAC.

Veuillez apporter un don pour Chrysalis House située à Kentville, un organisme sans but lucratif qui soutient et héberge gratuitement des femmes de la vallée victimes de violence et leurs enfants. Nous sommes à la recherche de petits électroménagers ou d'ustensiles de cuisine qui aideraient des femmes et leurs enfants à se réinstaller. Les articles d'hygiène personnelle sont aussi les bienvenus. Nous acceptons également les dons en espèces.









spotlight of the week

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Free fun for families

14 Wing Greenwood is offering free access to facilities until March 31, in partnership with Nova Scotia's Department of Health and Wellness. This is open to everyone and we encourage you to come and participate. For information, contact the 14 Wing Greenwood Community Centre, (902)765-1494 locals 5341, 5331 or 5337.

Swimming - 14 Wing Greenwood Fitness & Sport Centre March 21, 6:30 p.m. to 7:30 p.m. March 28, 6:30 p.m. to 7:30 p.m.

Skating - Greenwood Gardens Arena March 22, 7 p.m. to 8 p.m. March 23, 11 a.m. to noon

Bowling - Greenwood Bowling Centre March 23, 2 p.m. to 3 p.m. March 30, 2 p.m. to 3 p.m.

Vote hors Québec

au Canada ou à l'étranger? Savez-vous que vous pouvez exercer votre droit de vote au Québec par correspondance?

En effet, que vous soyez affecté ailleurs au Canada ou à l'étranger, le vote pour les électeurs hors du Québec s'adresse à vous. Vous pouvez remplir dès maintenant le formulaire d'inscription et le retourner directement au Directeur général des élections du Québec. De plus, advenant le déclenchement d'élections, vous pourrez vous inscrire en ligne, sur electionsquebec. gc.ca. Cette demande complète doit être reçue au plus tard le 19ème jour précédant le scrutin.

Votre conjoint ou une per-

bite avec vous à l'extérieur et des renseignements supdu Québec? Les conjoints. conjoints de fait et personnes à charge sont aussi admissibles au vote hors Québec, dans la mesure où ces derniers rencontrent les exigences de la loi. Ces personnes « Électeur » puis consulter doivent remplir leur propre formulaire d'inscription.

plémentaires ? Le formulaire est disponible en ligne, accompagné de diverses informations, sur le site Web : electionsquebec.qc.ca. II vous faudra choisir l'onglet la rubrique « Électeurs hors du Québec », dans la section Où pouvez-vous trouver de gauche. Lors d'élections.

Militaire québécois affecté sonne à votre charge ha- le formulaire d'inscription une nouvelle section vous permettra de vous inscrire directement sur Internet.

> Vous pouvez aussi le demander en communiquant avec le Centre de renseignements du DGEQ : sans frais pour le Canada et les États-Unis au 1-888-Election (1-888-353-2846), pour les autres pays au 1-418-582-

Outside Quebec voting

armed forces from Québec and stationed abroad? Did you know you can exercise your right to vote in Québec by mail?

Whether you're stationed elsewhere in Canada or abroad, as an elector you'll be interested in learning about the procedure for voting outside Québec. You simply have to complete the registration form, at your earliest convenience, and return it to the chief electoral officer of Québec by mail, by fax or by

plete the registration online, at electionsquebec.qc.ca. The completed application must be received by the 19th day before polling day.

Your spouse and/ or dependents are living with you outside Québec? No problem! Spouses, including de facto spouses and dependents, are eligible for voting outside Quebec, as long as they are qualified electors. They must complete their own registration form.

email. Otherwise, during an form or for more informa-

Are you a member of the election period, you can com-tion? The registration form for voting outside Québec is available online at electionsquebec.qc.ca. Simply click on the "Elector" tab and then on the heading "Electors outside Québec" in the section on the left.

> During an election period, you'll be able to register online. You can also contact the information centre at the headquarters of the Chief Electoral Officer of Québec: toll-free number (Canada and U.S.A) 1-888-Election (1-Looking for a registration 888-353-2846), other countries1-418-582-0422.

On April 1, 2014 Nova Scotia's minimum wage rates will increase.

The minimum wage will go up from \$10.30 to \$10.40 per hour.

The minimum wage for inexperienced workers will rise from \$9.80 to \$9.90 per hour.

Employees can be paid the inexperienced rate only if they have worked for the employer for less than three months and have less than three months total experience with that kind of work.

For more information please phone,

424-4311 (Halifax) 1-888-315-0110 (Toll Free)



novascotia.ca/lae/employmentrights



Preschool Programs 2014-2015 Registration!

Preschool registration has Cours de langue seconde begun for September 2014! The Session printemps 2014 GMFRC offers preschool Date limite d'inscription : programs in English and French Lundi le 24 mars. to 5 years of age. Contact the et personnes à charge GMFRC for more information.

L'inscription aux programmes de prématernelle du CRFMG pour l'année 2014-2015

Vous pouvez maintenant inscrire votre enfant pour septembre 2014! Le CRFMG offre un programme de prématernelle en anglais et en immersion française pour les enfants de 2 ans et demi à 5 ans. Communiquez avec le CRFMG pour obtenir de plus amples renseignements.

******** Second Language Training 2014 Spring Session

Registration deadline: Mon., March 24 Open to military spouses /

partners and dependents (14 years and older). FREE; however, \$50 deposit required at time of registration.

Immersion for children aged 2.5 Pour les conjoints des militaires (14 ans ou plus). GRATUIT mais il y a un dépôt vendredi le 21 mars de 50\$ est requis à l'inscription

Respite Childcare for Deployed Families

Sat., March 22 10 a.m. - 5 p.m. Register by: Thurs., March 20 Service de garde de relève pour les familles dont un membre est déployé Samedi le 22 mars

> 10 h à 17 h Date limite d'inscription: jeudi le 20 mars.

Parenting Symposium: Special Needs Supports Tues.. March 25 6 - 8 p.m.

familyforce.ca forcedelafamille.ca

Facebook.com/GMFRC

Register by: Fri., March 21 Join us as we discuss a variety of supports available locally to best serve families with special needs.

Symposium sur l'art d'être parent : Aide pour les familles ayant des besoins spéciaux

Mardi le 25 mars 18 h à 20 h Date limite d'inscription : Rejoignez-nous pour discuter d'une variété de supports disponibles localement afin de mieux servir les familles ayant des besoins spéciaux.

GMFRC and the Casual **Childcare Centre Closure**

Monday, March 31, 2014 12 - 4 p.m. for Staff PD. We will reopen at 4 p.m.

Le CRFMG et la halte-garderie seront fermés

Lundi le lundi 31 mars 2014 12 h à 16 h pour une session de développement professionnel pour le personnel. Nous allons rouvrir à 16 h 00.

To register, or for more information, call 765-5611 Pour s'inscrire ou pour plus d'informations, appelez au 765-5611 ou présentez-vous au CRFMG situé au Centre AVM Morfee sur le chemin or drop-in to the GMFRC located at the MFSP W AVM Morfee Centre on School **PSFM** Road, Greenwood. School à Greenwood.

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Corporal Ryan Poole looks on as one of the "new recruits" tries on the gear. Submitted

Fire night

14 Wing Fire and Emergency Services recently hosted Wilmot Scouting and Guiding youth for an interactive tour of the department's fire trucks, associated equipment and facility. Happy to learn and participate, the youth moved from station to station, eager to live the life of a firefighter. The group participated in dum-my drags, learned about the fire trucks and even dressed up in a firefighter's protective clothing. They asked a variety of questions - and could be relied upon to come up with some humorous questions as well, which made the visit that much more worthwhile!



Two Wilmot Beavers try to move "Randy" the rescue dummy.

spotlight of the week Oversize Container Rentals

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Investors Group Announces

David Hennessey, Regional Director at our Bedford office, is pleased to announce that Sharon Simoneau has relocated her office from our Greenwood location to Nictaux.

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bravo zulu | promotions & presentations 14 Wing Imaging unless otherwise indicated



Corporal Dallas Dyck, centre, was recently promoted by Major MK Hirst, left, and Master Warrant Officer RE Vienneau. submitted



January 29, 14 Wing Greenwood Commander Colonel lain Huddleston presented his coin to Major Rick Eng, along with the Wing Chief Warrant Officer Pierrot Jetté; for his excellent performance as the 14 Wing deputy judge advocate.



Contact Anne at (902) 765-1494 local 5833 for rates

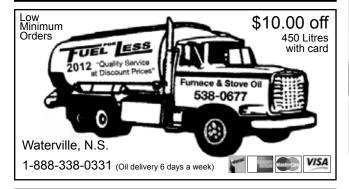


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Sergeant Duane Reynolds (centre) of 404 Long Range Patrol and Training Squadron receives a Bravo Zulu from Commanding Officer Lieutenant-Colonel David Proteau (left), with Squadron Chief Warrant Officer Ian Smith in the Hornell Centre at 14 Wing Master Corporal R.Wilson, 404 LRP&T Squadron



Sergeant Marty Cound (centre) of 404 Long Range Patrol and Training Squadron receives a Bravo Zulu from Commanding Officer Lieutenant-Colonel David Proteau (left), with Squadron Chief Warrant Officer Ian Smith in the Hornell Centre at 14 Wing Greenwood. Master Corporal R.Wilson, 404 LRP&T Squadron

Private Chad Goodman receives his promotion to corporal from Captain Shaun McCormick, Acting Commanding Officer of Wing Replenishment Squadron.





Quarter Award from Commanding Officer Lieutenant-Colonel Pierre Haché (left) and Squadron Chief Warrant Officer Mike Power (right). The award acknowledges and recognizes the member's significant contributions or performance. In addition

to the award, the 14 AMS Stinger of the Quarter receives a commemorative coin (Stingers of the first three quarters of 2013 - Corporal Jeremy Brooks, Master Corporal Audrey Gagnon and Master Corporal Christopher Chris Clarke - were

first to receive the new coin upon its recent arrival).

ickled PINK! Gifts & Gourmet

LAST CHANCE SALE!

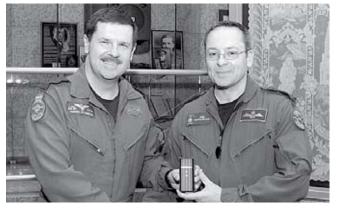
1518 Bridge Street Kingston, NS *In front of Cathy & Co. Day Spa 902-242-PINK

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FINAL SHOPPING DAY: Saturday March 29th, 2014

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Second clasp

1 Canadian Air Division Commander Major-General Pierre St-Amand (left) February 27 presented 14 Wing Greenwood Commander Colonel Iain Huddleston his second clasp to the Canadian Decoration after the Colours Flag Ceremony for 450 Tactical Helicopter Squadron at 1 Canadian Air Division, 17 Wing, Winnipeg. 450 Tactical Helicopter Squadron fly the Canadian Forces CH147F Chinook helicopters. The squadron is based at Canadian Forces Base Petawawa. Corporal J.Ancelin

Posting-out briefing highlights the process

You're posted? What next?

Military members and their spouses who will be posted through the 2014 posting season must attend one of the three mandatory posting- ease the stress of what can tion Services. Furniture and tives/cf members/).

Birchall Training Centre.

valuable information that will Brookfield Global Reloca-

Housing Agency, Military These briefings provide Family Resource Centre,

out briefings: March 25 at be a trying time in a military Effects, as well as SISIP. 1 p.m., March 27 at 9 a.m. member's career. Briefers Hard copies of information and April 1 at 7 p.m. at the include: Canadian Forces guides will be available (you can also go online to find information at http://www. irp-pri.com/policies direc-

Session d'information pour les mutations

Êtes-vous muté en 2014? Par où commencer?

Vous (la personne mutée) devez assister à une des trois sessions d'informations sois le : 25 mars à 13 heures, 27 mars à 9 heures ou 1er avril à 19 heures au centre

Birchall. Les conjoints sont votre carrière militaire. Les Meubles et Effets ainsi que les bienvenues.

Les informations que vous stressant mais par contre amènera du piquant dans

intervenants de ces sessions incluront des experts : de un moment pouvant être Centre de la Famille Militaire de Greenwood, des SGR Brookfield, de la section des

des représentants de RARM.

Les guides d'information recevrez durant ses sessions l'Agence des Forces Cana- qui seront offerts à la porte, vous aideront à traverser diennes du Logement, du sont aussi disponibles au lien suivant : http://www.irppri.com/policies directives/ cf members/index fr.asp.

business of the week Pharmasave | Valley Drug Mart



The Valley Drug Mart Pharmsaves located in Kingston and Middleton are more than your average Pharmacies.

Besides dealing with all your prescription needs, we also have a Home Health Care center in both stores. Our Kingston store has a full Engraving-Trophy shop as well as Bob's Brewtique, a fully stocked wine & beer supply area for all your home brewing needs. Now offering Wine on Premise (U-Vint).

Bob's Brewtique has been serving customers in the Annapolis Valley and across the Province for all of their brewing products for over 30 years.

PUB & EATERY

It started with 2 shelves of supplies to assist in making your own wine from scratch and some beer mixes to the over 500 sq. feet that is now in place. We have one of the largest

to starter kits, bottles, closures and all the gadgets in-between to help get you on your way. If you don't have the time or space to do it yourself, come see us and we'll take care of it for you in our new Wine on Premise (U-Vint) area. You pitch the yeast and we will take care of the rest until bottling. We also carry full Kegging Systems, Craft Beer kits, Malts, Hops, Yeast's and everything else needed to make that great beer you've always wanted. With over 50 types of Beer mixes and 150 different wine kits to choose from, there will be something to please everybody.

assortments of brewing supplies in

the Province ranging from additives

If you're just starting out or have been brewing for years, stop in and check out the Brewtique, we'll help you on your way to great brewing.

Check out our two Annual Brew Sale's, Spring (end April) and Fall (end



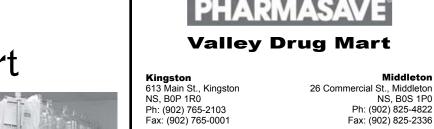
The Trophy-Engraving shop has been serving the community for over 20 years. Some of the items that are available include medals, plaques, name tags, signs, medical and Id bracelets, pet tags, and Giftware. You can also have traditional engraving done on most items. Custom work is available upon request.

Don't forget, we offer; Air Miles (on most products including the Brewtique), the **Pharmasave Brand** Loyalty card buy 10 get 1 free on Pharmasave products and everyday is Senior's day, save 10% on most products including the Brewtique (some exceptions apply, see in-store

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Happy Birthday **Herbin Townsend**

On behalf of Muriel Townsend (wife), Paula and Derek Cannon (daughter and son in law), Richard and Tracy Townsend (son and daughter in law), Raymond Townsend (son), Wendee and Rodney Geldart (daughter and son in law) with

all of his immediate and extended family and friends; along with all of CFB Greenwood we want to wish "Herbin Townsend Master Warrant Officer Retired, of the Canadian Armed Forces", a very Happy 80th Birthday and more wishes for many years to come!

Birthday 80 Years old: March 21st, 2014 Date of Retirement: March 20th, 1990 Last Squadron/Area: 405 Squadron CFB Greenwood

Judo sweeps 14 Wing

Corporal Don Kirkwood, 14 Wing Imaging

Charlene Oliver was born in New Waterford and began her 25-year passion with judo at age 16 as a method of selfdefense. She earned her first grade black belt "Shodan" in 2002.

One of her most memorable career moments came in 2005, when she ranked third in the world at the World Judo Masters tournament. In December, Oliver was awarded her third grade black belt "Sandan."

Hachikin in Japanese translates to "Charlene," which means "Strong Independent Woman." In 2004, Oliver founded the Hachikin Judo Club here at 14 Wing Greenwood and began sharing her love and knowledge of the sport with the youth of the area. Oliver currently resides in Lower Sackville and travels to Greenwood each Tuesday to instruct. The club currently has approximately 30 members, who train twice a week and compete in numerous tournaments throughout the year.



Hachikin Judo club Sensei Charlene Oliver demonstrates the correct sweeping technique during a Tuesday evening training session. Corporal D.Kirkwood, 14 Wing Imaging

ZX 10k, 5k race registration open

to come out and enjoy a flat at 10:05 a.m. The spectator course, smiling faces and the best host facility on the Run Nova Scotia 2014 series. The annual ZX 10k and 5k races are set for April 19.

Enjoy lots of free parking, hot showers, draw prizes and a free gift for the first 100 runners to register by March 31.

Race day registration and pick up gets under way at 8:15 a.m. and closes at 9:45 a.m. All races start and finish at the 14 Wing Fitness & Sports Centre. Wheelchair athletes will lead off the field with a 10 a.m. start; the 10 kilometre

friendly course is a "personal best waiting to happen": the 5km is a fast, paved, out and back, flat course with a slight 100m dip/ rise. There is one water stop at the 1.25 kilometre marker. Out and back always allows runners to pass each other in both directions - embarrassing to some! The 10 kilometre main event is two loops of the same course. No one gets lost here!

Awards, post race snacks and closing ceremonies will be held at the finish line. Awards in the 10 kilometre class will

CFB Greenwood invites you and five kilometre races start be presented in the following at noon. Run Nova Scotia, male and female categories: open class (all ages), juniors (19 and under), masters (40 to 49), senior masters (50 to 59). golden masters (60 to 69), platinum masters (70-plus), titanium (80-plus) and military. Awards in the five kilometre event will be presented to the top three male and female participants, the top military male and female, the top high school male and female, the top middle school male and \$10. Seniors' (over age 70) female and the top elementary and para-athlete registration school male and female.

> Online registration at Atlantic Chip closes April 19 contact (902)760-2246.

military and Greenwood Multisport Club members receive a \$5 discount registering for the 10 kilometre race. In the five kilometre field, Run Nova Scotia and Greenwood Multisport Club members receive a \$5 discount. Register online for \$30, \$35 after April 2 and \$40 after April 16. Youth runners - high school, middle school and elementary school aged - may register online for is free online.

For further information.







Medspiel marks 47th event

2, 26/ 27 Canadian Forces vides an excellent opportunity Health Services Centre hosted the 47th Atlantic Regional Curling Medspiel at the Greenwood Curling Club.

Twenty teams, consisting of personnel from Halifax, Gagetown, Saint John, Truro, Montreal and Greenwood; participated. The Military Police joined, with the intent of making this an emergency services curling 'spiel in the future.

The medspiel has quite a history: it was held at CFB Cornwallis for the first 25 years; it then moved to 14 Wing Greenwood when CFB Cornwallis closed in 1993. This event is eagerly anticipated by both avid and novice

February 28 through March from various locations. It profor old friends to reminisce, while bringing a respite from Old Man Winter.

took place February 28, with Major Deb McDonald providing opening remarks and throwing the ceremonial bedpan, accompanied by our own piper, Captain Denise Olson. After a fun-filled weekend, the closing ceremonies were held March 2. A team from Halifax (Les Seebold, Hal Day, Friis) won the "A" division with their win over a team from Halifax/ Truro. "A" consolation was won by a Greenwood team (Keith Gullage, Rhonda Gullage, Paul Perry and Lisa together medical personnel won by a Valley team (Bill stayed well hydrated.

Frape, Mike Jerrott, Ellen Jerrott and Scott Carson); and "C" division was won by a New Brunswick/ Greenwood team (Ron McIssac, John The opening ceremonies Boekema, Mike Bennett and Darlene Boekema).

This annual event would not be possible without the commitment and dedication of the many volunteers and staff of 26/27 CF Health Services Centre. Paul Perry, in particular, has organized this event for several years. We would like to thank the Wayne MacDonald and Chris accommodations staff (Keith Pinkerton and Darlene Robicheau), Bill Cox and Personal Support Program arena and curling club staff, and Bonnie Vaughon, Liz Gaudet and Kathy Matthews were great curlers alike, and it brings DeMont); "B" division was hostesses, ensuring everyone



From left to right are "A" trophy winners, the Halifax team of Wayne MacDonald, Chris Friis, Captain Sandy Robinson (presenting the trophy), Les Seebold and Hal Day.



"A" consolation winners were Greenwood team Rhonda Gullage, Paul Perry, Captain Sandy Robinson (presenting the trophy), Keith Gullage and Lisa DeMont.

Rec fair ready for spring, summer programs

Community Centre and its range of programs and clubs are looking ahead to better weather and upcoming seasonal activities for all ages and interests.

The centre will host a spring registration fair March 29, 10 a.m. and 1 p.m.; at the centre. tration and information event at (902)765-1494 local 5337.

The 14 Wing Greenwood This is a great opportunity to for families and community hold registration for any programs and services your organization plans for spring and table or arrange a display. summer programs, or get the word out about what you offer. Please consider joining in, making this fair a "one-stop" regis- tor, or the community centre

members. Clubs and organizations are welcome to book a

For information or to reserve your spot, contact Jill Jackson, community recreation direc-



14 Wing Community Centre

Spring Fever Sports & Recreation Fair

March 29th, 2014 10:00am to 1:00pm



Spring and Summer **Program Registration!**

Soccer Baseball **Swimming** Skating

Your one stop for all your registration needs!

Call the Community Centre at 765-1494 ext: 5341 to register your club for a table or to get more info!



14 Wing Community Centre









Want to get involved

in your community? We currently need . . .

Horse leaders • Side walkers Tack-up grooms • Special events Fundraisers • Board members Transportation

Contact us for more information and to register for a volunteer orientation session.

Details:

Volunteer orientation: March 16 or March 29 (times TBD) **Spring program:** April 7 thru June 23 Rohan Woods Stables, 382 Morden Rd, Aylesford, NS

www.fstra.org | Contact Kathleen at 902-670-8402 or fstra12@gmail.com

Soyez actif cet hiver!

Des services de loisirs des • planche à neige **Forces canadiennes**

L'hiver peut être très divertissant à tout âge. Ceux qui l'accueillent à bras ouverts profitent des divers plaisirs qu'offre cette saison. On songe à la beauté scintillante d'une neige fraîchement tombée, à l'agrément de pratiquer des sports au grand air comme le ski ou le patin ou au bonheur de savourer un onctueux chocolat chaud après avoir passé la journée dehors.

Pour préserver notre cœur, il faut rester actif en tout temps. L'hiver offre une quantité d'activités agréables, dont :

- traîne sauvage
- ski
- patin

- confection d'un fort ou d'un bonhomme de neige
- promenade avec le chien.

Peu importe votre activité de prédilection, lorsque vous choisissez des activités récréatives qui vous encouragent à bouger et à avoir des interactions dans votre milieu, vous en récoltez les bienfaits. Pour en connaître davantage sur les programmes de loisirs des Forces armées canadiennes, rendez-vous au le site web www. portailcommunautairefc.ca.

Avec l'augmentation alarmante de l'obésité infantile, il est d'autant plus important d'inciter les enfants à aller jouer dehors. Plus facile à dire qu'à faire, direz-vous! Certes, si un enfant doit choisir



entre rester blotti au chaud devant la télé ou s'emmitoufler jusqu'aux oreilles pour aller faire un bonhomme de neige, il y a de bonnes chances qu'il choisisse le canapé. Pour modifier sa perception du

plaisir, il importe de lui faire comprendre les avantages de rester actif, même en hiver.

Voici quelques trucs pour inciter votre enfant à aller jouer

Parlez des avantages de l'air

frais. Expliquez à votre enfant habillés chaudement. pourquoi il est préférable qu'il comprendre que ce n'est pas voulez préparer un repas en paix. Prenez le temps de lui expliquer pourquoi l'air frais et l'exercice sont bons pour sa santé.

Demandez à vos amis et voisins de faire leur part. Demandez à votre entourage d'accueillir tour à tour les enfants dans leur cour et de fournir du matériel amusant pour qu'ils puissent confectionner un fort ou un bonhomme de neige.

Capturez les moments de bonheur sur pellicule. Filmez vos enfants en plein jeu. Ils pourront ainsi constater d'eux mêmes tout le plaisir qu'ils ont à jouer dehors lorsqu'ils sont

Récompensez leur travail. sorte jouer dehors. Faites-lui L'exercice ouvre l'appétit. Lorsque les enfants rentrent simplement parce que vous à la maison les joues toutes glacées, offrez-leur une collation santé ou un bon chocolat chaud.

> Certains jours, il est inutile de braver le froid. Si la température descend au-dessous de - 40°C, souvent à cause du facteur vent, il est préférable de rester à l'intérieur. Ce qui ne vous empêche pas de faire de l'exercice! Sautez sur le tapis roulant, trouvez votre paix intérieure en pratiquant le yoga ou allez danser avec des amis. Votre cœur vous remerciera chaudement. Et lorsque le printemps viendra refleurir votre parterre, vous serez en pleine forme pour l'accueillir.

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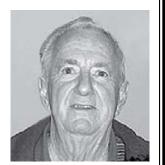
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~ In Memory ~ Grovestine, Charles Gerald (Jeff), CD2

In loving memory of Jeff, a husband, father and grandfather who passed away two years ago on March 18, 2012

Sadly missed and forever remembered by Agnes, Cindy (Louise), Mike, Jeff (Anastasia) and granddaughters, Dimitra and Alexa.



~ Thank you ~

The family of the late Don Anderson, who passed away on January 16, 2014, would like to express their sincere gratitude for all the kindness shown to our family. Thank you to those who made donations in Don's memory, brought food to our home, phone calls, cards and visits. Special thanks to the VON, Palliative Care, Dr. Yafai, Dr. Burges, Dr. Saxton, the nurses at Soldiers Memorial Hospital, the Middleton Funeral Home, reverent Leon Langile, friends and family.

Your kindness and care will always be remembered and appreciated. Sincere thanks Sharon Anderson and family.

Get active this winter!

Canadian Forces Recreation • Tobogganing

Winter can be a joyous sea- • Skating son for people of all ages. • Snowboarding Those who embrace it know • Build a snow fort or a snow what makes it so wonderful. The beauty of a glistening snowfall, the thrill of sports like skiing and skating, the reward of a frothy hot chocolate after a day of winter fun.

Hearts need regular exercise and winter weather affords us many fun options for physical activity. Here are just a few ideas that you and your family can do to get those hearts pumping:

- Skiina

- man
- · Walk the dog

No matter which activity you prefer, when you choose recreation that encourages you to move your body and engage in your community, you will reap the rewards. To learn more about Canadian Armed Forces Recreation Programs in your area, visit the CF Community Gateway website.

With the dramatic increase in cheeks this winter:

childhood obesity, getting kids outside during the winter is perhaps more important than it's ever been. It's true. This is often easier said than done. When faced with the choice of snuggling up under a cozy blanket and watching TV or bundling up to build a snowman, many kids would much rather opt for the cozy blanket. Changing their perceptions of what's fun relies largely on driving home the rewards of staying active-even when it's cold.

Here are a few tricks to making sure your kids get rosy

Educate them about the benefits. Teach your kids why they should get outside regularly in winter. It's not just because Mommy wants to prepare dinner in peace. It's because it's good for their health. Explain why it's good for their health.

Get your friends and neighbours to participate. Take turns hosting backyard winter playtime and provide kids with fun materials to build snowmen and forts.

Capture the fun on film. Document your family's fun on camera or video. Show them how happy they are once they get bundled up and moving.

Reward their workout. Many would say that when we exercise we earn our appetite. When the kids pile in the door with their healthy glow, reward them with a fun snack or even a hot chocolate.

There are days when braving the cold just isn't an option. If your weather calls for temperatures below -40°C, which is often caused by wind chill, you are best to take shelter indoors. But this doesn't mean you can't exercise. Hop on the treadmill, find inner peace on the yoga mat or hit the dance floor with some friends. Your heart will thank you. And when spring arrives, you'll be fit as a fiddle.

Kingston March Break Day Camp 2014 - Great Fun!



The Kingston March Break Day Camp had a wonderful week making new friends and learning about new activities. The Kingston Recreation Department would like to thank all those who shared the week with us including: the Atlantic Superstore, Valley Waste Management, Jump2Q Dog Agility, Elena Basevish Zumba, Kingston RCMP, the Annapolis Valley Regional Library, Clayground, Senior Therapy Dogs and the Great Tim Beannie. Great big thank you also goes out to Renne & Truman who were always there to help out with the kids all week. Thanks again and see you in the summer!

(((SiriusXM)))

caravan Kids

SALES EVENT

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The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 83A School Road (Morfee Annex), 14 Wing Greenwood: by fax. (902)765-1717: or email auroraeditor@ns.aliantzinc.ca. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To quarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. date de tombée des soumissions est à 9 h 30 du matin le jeudi précédent la publication, à moins d'avis contraire

Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux. au 83A, School Road, (annexe Morfee). 14e Escadre Greenwood, par fax au (902) 765-1717 ou par courriel à l'adresse auroraeditor@ ns.aliantzinc.ca. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La

At CentreStage

Support group

Ernie and Twink are in the autumn of their lives. In celebration of their 30 anniversary, the couple's children send them on a Caribbean cruise. When they meet the rich, seductive Blake and Beth, who still seem to have a perfect life together after 10 years of marriage, Twink seeks to reignite the spark in her own marriage. March 21, 22, 28, 29, 30m; April 4, 5. Showtime 8 p.m.; 2 p.m. matinee March 30. Tickets \$15 adults/ \$12 students and seniors (65-plus). Call 678-8040 for reservations. CentreStage is located at 61 River Street, Kentville. www. centrestagetheatre.ca.

March 17, the Kingston/ Green-

wood Living With Cancer Support

Group will meet in the St. Mark's

Protestant Chapel Annex, Church

Street, Greenwood, 7 p.m. to 9

p.m. The program will focus on

nutrition and cancer, provided

through Cancer Answers. Cancer

patients, family and friends or

anyone seeking information on

cancer are encouraged to attend.

For information: Lloyd Graham,

March 19 is the next meeting of

the Wilmot Garden Club, 7 p.m.

at the Melvern Square commu-

nity hall. After a short business

meeting, Will Neily from Neily's

Greenhouse and Nursery will

discuss growing annuals, www.

March 21, 5 p.m. to 7 p.m., fish

and chips supper at the Kingston

Legion. Cost is \$7 eat-in or \$7:50

Three easy ways to enter.

Full name

wilmotgardenclub.net.

(902)765-6133.

Meeting

Supper

March 22, the Kingston Lions Club presents a variety music night at the Kingston Lions Hall, 7 p.m. Cost is \$5, ticket sales at the door commencing at 6 p.m. Canteen and 50/50 ticket sales. Featuring performances by Ron Muise & Country Sounds, Wanda Beaudoin and Bernie & Jackie and Karen. Phone (902)765-2128.

take out. For information, call the

Legion at (902)765-4428.

Variety music night

Breakfast

March 22. 8 a.m. to 10:30 a.m.. breakfast at the Middleton Curling Club, 6 King Street.

Meeting

March 23 at 2 p.m., the Three Rivers Community Centre, 41 Messenger Road, will hold its annual general meeting. The future of the centre will be discussed. For info, call (902)765-3595 or (902)765-8724.

Dessert, card party

March 24, 12:30 p.m. for a 1 p.m. start, the Kingston and District Health Auxiliary will hold a dessert and card party at the Kingston Lions' hall. Tickets at the door, or from Janet Rawding. Bridge, 45s, euchre and many other card games. Come out for a great time with friends and yummy desserts. For information, contact Janet Rawding (902)765-3094.

Lunch

March 25, 11 a.m. to 1 p.m., eniov delicious homemade lobster chowder, hamburger soup or creamy corn chowder, along with your choice of apple crisp or (almost) Black Forest cake, and tea or coffee. Come to the Middleton fire hall, as the Fireflies (depart-

PI stand out

Warrant Officer Patrick Henry (left) is presented with the VPI Pillar Award by Major Doug Publicover at a recent meeting of the 14 Wing VPI Chapter. The award is presented annually to a deserving VPI member who has distinguished themselves by their volunteer efforts in support of the Greenwood Wing of VPI and has made the greatest contribution to fellowship.

ment auxiliary) raise funds for the African Americans to help restore building of the new community/ fire hall. Cost for lobster chowder meal - \$8, and the others - \$7. Arrangements for home or business deliveries in the Middleton area: Bonnie, (902)825-3062 by March 24.

Lecture

Find & Win

March 27, 7 p.m., in the K.C. Irving Centre at Acadia University, a public talk will be held with historian, archaeologist and awardwinning author Karolyn Smardz Frost in the inaugural lecture in the Barry Moody Lectures in Atlantic History series. Between 1759 and the American Revolutionary War, some 2,000 New England Planter families migrated to Nova Scotia and what is now New Brunswick. They brought with them enslaved

Entry deadline:

Noon, March 13, 2014

farms, fisheries and orchards left behind after the displacement of the French Acadians. Who were these Connecticut Planters? What contributions did the African New Englanders and Planters make to the early success of the area? Reception to follow. Smardz Frost is the author of "I've Got a Home in Glory Land: A Lost Tale of the Underground Railroad," and is a Harrison McCain visiting professor at Acadia. For information, phone (902)585-1504 or email paul.doerr@acadiau.ca.

Concert of hymns

March 28, 7:30 p.m., there will be a concert of 100 years of hymns celebrating the 100th anniversary of Kingston United Church (733 Main Street). Organist and choir director David Skidmore will direct the Kingston Pastoral Charge Choir, along with audience participation. Admission \$5.

metro crossword

solution page 14

ACROSS

- 1. Former ruler of <u>Iran</u>
- 5. Tax or levy 9. St. Vitus dance
- 11. A bog 13. Mushroom rib
- structure
- 15. One-sided
- 16. Before 17. Extemporaneously
- 19. About aviation
- 21. Macaws
- 22. Refuge room
- 23. Court case
- Conical kiln 27. Media mogul
- Turner
- 28. Cancer sign
- 30. Fit into 32. Somali
- supermodel
- 34. Expires
- 35. Trapped 37. Stabilizes
- 39. Plea urgently
- 40. Lea ioint 42. Nothing (Latin)
- 45. Bleat
- 46. Poi plant

- 48. Loudness unit
- 49. Deep blue color
- 54. Fiddler crab 55. About retina
- 56. Nail protein
- 58. Replace ammo
- 59. Most sensible
- 60. Brooklyn team

DOWN

- 1. Someone who takes part
- 2. Relating to Homer
- 4. Heliconter
- 5. Coagulated milk This (Spanish)
- 7. Moved on a log track
- 8. Closed hermetically
- 9. Nautical rope fastener
- Romeo, car
- 11. All peoples of the
- Earth "Three Weeks"

- 15. Moved along 18. UCB Business
- School 20. Paddling
- 24. Tibetian Buddist
- 26. E. Timor cloth
- 27. Latin for witness
- 29. Dog sound 31, 13-19
- 33. Involving the
- 35. Washington city
- 36. Beloved 38. One who yells
- 39. Whalebone 41. The Phantom of
- the Opera 43. Cut
- 44. Bent away from vertical
- 45. He killed A. Hamilton
- 47. Digits
- 50. Public violence 51. Freshwater duck
- genus 52. Angry 53. Amounts of time 57. Cuckoo
- author Elinor 14. Hairstyle

3. Drop into our office located on 83A School Road (Morfee Annex)

1. Through our website: www.auroranewspaper.com

Complete the following questions from ads in this week's issue and win a large 2-topping pizza from Pizza Delight, Greenwood. Coupon valid for 30 days.

Phone number

- 1. Who has a new cabin booking policy?
- 2. What is FSTRA looking for?
- 3. Whose ad says Google Us?
- 4. Who has a final shopping day?
- 5. When is the minimum wage going up?

Limited to one win per family in a TWO MONTH PERIOD.

The winner will be drawn randomly from all correct entries. Only one entry per family per week



Pizza Delight, Greenwood (902) 765-4477

Congratulations to last week's winner: VIOLET EMPEREALE



- 3 Specials 60/40
- Letter H 80/20
- 1 Lucky 7 Progressive
- 1 Bonanza Progressive
- Jackpot 3 Chances

Consolation \$300

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954 Central Avenue Greenwood

765-6381

the Aurora | 14 Wing Greenwood, NS March 17, 2014 Page 13

Gala supports moms, babies at Valley hospital

its fourth annual fundraising gala. Under the Tuscan Moon. March 31 at the Louis Millet Community Centre, New Minas; beginning at 6 p.m. with complimentary wine.

Guests will enjoy a fourcourse meal paired with local wines, prepared by three great Valley chefs. Jason Lynch, Le Caveau; Joseph Crocker, by calling (902)678-5414, and born at Valley Regional.

The Vallev Regional Hos- Peasant's Pantry; and Den- are priced at \$125 (with a \$50 pital Foundation is hosting nis Johnston, Fid Restro, are receipt). preparing to wow attendees with locally sourced foods. Wines will be provided by Grand Pre, Avondale Sky and Blomidon Estates. Entertainment will be provided by The Mark Riley Band. Grand prize is a \$2,000 travel voucher to be drawn during the evening. Tickets must be pre-booked

The gala will help purchase fetal monitors for Valley Regional Hospital. Six new monitors with improved features will support babies and mothers during labour. The cost of one fetal monitor is \$30,000; our goal, for six monitors, is \$180,000.

In 2013, 797 babies were





Madelaine Norris adds the finishing touches.

Pizza party

March 12. 1st Greenwood Sparks spent the evening making their own pizza at Mama Sofia's Pizzeria in Kingston. The girls also made a pizza camp hat craft. While the pizzas were in the oven, the girls completed a pizza drawing colouring contest with Tammy Mckay-Frank. The first place winner was Madylin Cooper, with Madelaine Norris second and Grace Wagner third. A big thank you to Tammy Mckay-Frank at Mama Sofia's for allowing the girls to complete their In the Community Badge.

Donations provide VRH with new medical equipment

The Valley Regional Hos- chase an echo cardiogram hospice and palliative care pital Foundation recently received a donation of nearly \$184,000 from a local estate trust account to provide several pieces of medical equipment for Valley residents.

The donation will pur-

unit in Cardiac Investigations centre (\$70,000). (\$75,000), ureteroscopes and urodynamics equipment an additional commitment for the OR and Ambulatory of \$50,000 to purchase sev-Care (\$38,000) and the bal- eral instruments to support ance to the Our community urology services at Valley Our Health campaign for the Regional Hospital.

3

7

8

9

Level: Beginner

6

9

2

1

solution page 14

The VRH Foundation made

sudok

3

4

9

U D 0 0 0 Z D S 0 C Ι D D 0 U D В М Ι N Ε U 0 Р Ι 0 0 C D 0 В Ε G N Ι N Ε D R G D Ε Υ D 0 R Α Ι N Α Α Z S Z G Ε W Ε Т Ε S 0 В S C Ι Ι S D Ε R C Ι C В G G Ε 0 R S N E Ε

Fun By The Numbers

3

9

8

2

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6

sudoku brought to you compliments of



patrick's puzzle brought to you compliments of

WORDS

HUMMTNGBTRD

HIKING

INSECTS

NATURE

NEST

LAWNMOWER

OUTDOORS



ALLERGIES

BABIES BLOOM

BUDDING

CHTRPTNG

DAYTRIP

EGGS FIELDS

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SUNSHINE

UMBRELLA

WARMING

WEEDS WILDLIFE

horoscopes

March 16 - March 22

ARIES - Mar 21/Apr 20

Romance is on your mind, Aries That's because you met a wonderful person and are interested in seeing where this relationship may go.

TAURUS - Apr 21/May 21

You feel artistically inspired this week, Taurus. Use this inspiration to pursue an array of projects, whether you want to dabble in photography or make home improvements.

GEMINI - May 22/Jun 21

Seeing a happy couple together inspires thoughts of a romantic nature, Gemini. Consider taking a budding relationship to a new level.

CANCER - Jun 22/Jul 22

Cancer, you aspire to learn a new skill or take on a new project this week. Forge ahead with this idea, which allows you to meet new people and learn some interesting

LEO - Jul 23/Aug 23

Love, romance and marriage are on your mind, Leo. Work on strengthening an existing relationship or heighten your efforts to find a special someone.

VIRGO - Aug 24/Sept 22

Virgo, you may have an unexpected visitor to contend with this week. This could mean a complete overhaul of your schedule and living space. It's time to get to work.

LIBRA - Sept 23/Oct 23

Your mindset is intense this week, Libra. Others will find it very difficult to change your opinion on certain things, but that does not mean you should not listen to their ideas

SCORPIO - Oct 24/Nov 22

Scorpio, be prepared for a busy week that gives your bank account a boost. Expect to begin a new work assignment that requires a lot of creative energy

SAGITTARIUS - Nov 23/Dec 21

Sagittarius, you're interested in promoting personal health this week. Your research may extend into holistic treatments as well as more traditional alternatives

CAPRICORN - Dec 22/Jan 20

Visit some bookstores this week, Capricorn. This will indulge your need to absorb information this week. Don't overlook the value of the library on your quest.

AQUARIUS - Jan 21/Feb 18

Aquarius, an encounter with someone new piques your intellectual curiosity. Take some time to gather some information, and give yourself time to digest this information.

PISCES - Feb 19/Mar 20

Thoughts of a career change are more prominent this week. Pisces. It may be a good time to finally act on those ideas

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To place a boxed, display ad, contact (902) 765-1494 local 5833; email auroramarketing@ns.aliantzinc.ca.

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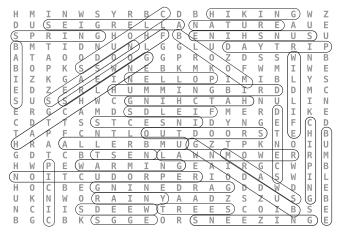
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crossword solution

sudoku solution

3	7	8	6	1	5	9	4	2
1	2	4	3	9			5	8
9	5	6	2	8	4	3	7	1
8	9	1	7	5	6	4	2	3
2	4	7	1	3	9	5	8	6
5	6	3	4	2	8	1	9	7
6	3	9	5	7	2	8	1	4
4	8			6	1	7	3	5
7	1	5	8	4	3	2	6	9
	_	9 5 8 9 2 4 5 6 6 3	1 2 4 9 5 6 8 9 1 2 4 7 5 6 3 6 3 9 4 8 2	1 2 4 3 9 5 6 2 8 9 1 7 2 4 7 1 5 6 3 4 6 3 9 5 4 8 2 9	1 2 4 3 9 9 5 6 2 8 8 9 1 7 5 2 4 7 1 3 5 6 3 4 2 6 3 9 5 7 4 8 2 9 6	1 2 4 3 9 7 9 5 6 2 8 4 8 9 1 7 5 6 2 4 7 1 3 9 5 6 3 4 2 8 6 3 9 5 7 2 4 8 2 9 6 1	9 5 6 2 8 4 3 8 9 1 7 5 6 4 2 4 7 1 3 9 5 5 6 3 4 2 8 1 6 3 9 5 7 2 8 4 8 2 9 6 1 7	1 2 4 3 9 7 6 5 9 5 6 2 8 4 3 7 8 9 1 7 5 6 4 2 2 4 7 1 3 9 5 8 5 6 3 4 2 8 1 9 6 3 9 5 7 2 8 1 4 8 2 9 6 1 7 3

patrick's puzzle



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FOR RENT - Very clean one bedroom apartment on main level. Fridge & Stove included. Located on Main Street in Kingston. \$700.00/month includes heat & Lights. Available immediately. No pets, No smoking. References required, yearly lease. Please

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NOTICE TO RESIDENTS

PERSONAL TAX EXEMPTION 2014/2015

The Council of the Municipality of the County of Kings directs, by policy, that an exemption be granted for the taxation year 2014/2015 pursuant to Section 69 of the Municipal Government Act, in an amount not exceeding \$170.00; upon property owned and occupied by a person who is a resident of the Municipality of Kings, and:

Whose total gross income from all sources for the year 2013, excluding any allowance paid pursuant to the War Veterans Allowance Act (Canada) or pension paid pursuant to the Pension Act (Canada), but including the income of all members of the same family residing in the same household, is less than \$33,000 gross income, and;

Where property is jointly owned, only one tax exemption shall be allowed and the sharing in such exemption shall be on the basis of ownership in such joint property.

Applications for such tax exemption will be received at the Municipality prior to December 31, 2014.

Paula Delorey, Tax Clerk pdelorey@county.kings.ns.ca

> 2) 690-6144 Fax: (902) 679-2820 Toll Free 1-888-337-2999 www.county.kings.ns.ca Tel: (902) 690-6144

call Lori at 902-698-1095 or emaildbezanson@ns.sympatico. ca. (3509-2tpb)

FOR RENT - Large, Clean, Newly Renovated three bedroom apartment. Fridge, stove and Dishwasher. Washer Dryer hook-up. \$795/month, utilities extra References required. Call Ross 902-840-0534. (3509-ufn)

FOR RENT - Very clean two bedroom apartment on a second storey building. Fridge & Stove included. Located on Main Street in Kingston. \$800.00/month includes heat & Lights. Available immediately. No pets, No smoking. References required, yearly lease. Please call Lori at 902-698-1095 or email dbezanson@ ns.sympatico.ca. (3509-2tpb)

FOR RENT - One bedroom apartment with heat pump behind Mc-Donald's in Greenwood. \$550.00 a month plus utilities. Phone 902-840-3709 or e-mail rob master@ hotmail.com. (3510-2tp)

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FOR RENT - Commercial Property in downtown Kingston next to CIBC. Great location with lots of foot traffic next to the CIBC. Lots of parking. Wired for 220vac, heat included & half bath. Located where tanning salon is currently. Available 1st May 2014. \$700/ mo plus HST. Call 902-765-0767 for more information. (3510-4tp)

IN THE COMMUNITY

CHURCH SERVICE – "The Peoples 25:40 Church" There will be a church service held every Sunday at the New Beginnings Centre 1151 Bridge Street Greenwood provided by Pastor Leon Langille. Pre Service music at 2:50 pm. Service 3:00 pm. Doors will open at 2:30 pm. All are welcome. (3501-4ufn)

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May symposium marks First World War

tenary of the First World War. the World Heritage Tourism Research Network will host a symposium on the First World War, "Remembrance, Commemoration and Perspectives in the 21st century," May 15 through 17 at Mount Saint Vincent University, Halifax.

Join people from across Canada to recall history, share information and perspectives, reflect upon, discuss and remember and honour this period of our Canadian heritage and its significance and lessons for future generations. Participants will include representatives from various levels of government, veteran associations, military personnel, academics, teachers, historians, museum administrators,



youth and others.

Highlights include opening remarks from Lieutenant-Governor of Nova Scotia BGen the Honorable J.J. Grant, World Heritage Tourism Research Network survey project results, Centennial of the First World War (2012); and keynote speakers Tim Cook, Canadian War Museum, Ottawa; and Sergeant Philip Safire, Canadian Armed Forces, Halifax. There will be presentations

from Brian Osborne, Queen's University; Don Julien, Aboriginal War Veterans; and Peter Broznitsky, Western Front Association (Pacific Coast Branch). Youth presentations and a panel discussion will focus on "Why We Remember." There will be a Vimy exhibit and opening reception at the Army Museum Halifax Citadel, dinner in the Wardroom (Officers Mess), CFB Halifax, with special guest performance by singer/songwriter, Terry Kelly; and more.

For information and to register, download the brochure and registration forms (in English and French), or visit the symposium website at http://www.whtrn.ca/SymposiumFirstWorldWar.aspx or email TheGreatWar@msvu.ca.

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 - Special Events

· Beach (unsupervised)

Cabin Rental Rates for 2014

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Per Night	\$65.00 plus HST	\$55.00 plus HST			

Damage Deposit for All Rentals \$50.00 per Cabin

obituaries

The Aurora Newspaper offers obituary notices to the community. Families may record their loved one's life as they wish, and work with our staff to design borders, add photos and proofread the final notice.

Obituaries are priced at 59 cents per line (black and white) or 69 cents per line (colour).

Obituaries for serving Canadian Forces Regular, Reserve members and Canadian Forces veterans are complimentary to an eighth of a page space (2 columns x 67 lines) (3.5 in x 4.75 in), black and white only. Regular line rates apply on space over this size.

Payment is required before publication (cash, cheque or VISA, MasterCard, AMFX).

Contact Anne Kempton for details. (902)765-1494 local 5833 auroramarketing@ns. aliantzinc.ca

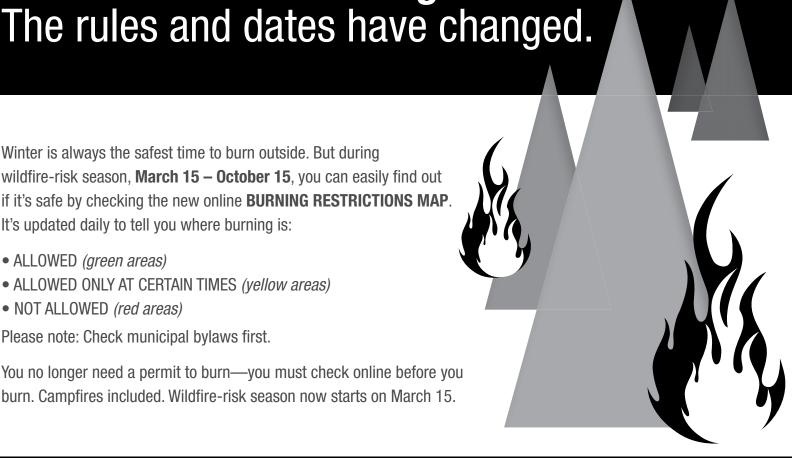


Winter is always the safest time to burn outside. But during wildfire-risk season, March 15 - October 15, you can easily find out if it's safe by checking the new online **BURNING RESTRICTIONS MAP**. It's updated daily to tell you where burning is:

- ALLOWED (green areas)
- ALLOWED ONLY AT CERTAIN TIMES (yellow areas)
- NOT ALLOWED (red areas)

Please note: Check municipal bylaws first.

You no longer need a permit to burn—you must check online before you burn. Campfires included. Wildfire-risk season now starts on March 15.









Corporal J.Kennedy, 14 Wing Imaging

and Meredith Chambers were

12th and 17th, respectively, in

the female junior six kilometre

Derek Tu of Manitoba wearing Bib # 43 takes a quick glance back at the competition. Corporal S.Keegan, 14 Wing Imaging



Spencer Weaver of Ontario and MacKenzie Purdy of New Brunswick shake hands after completing the race March 3.

Corporal C.Roche, 14 Wing Imaging



Lawson Storey of Alberta at the finish line of the 10 Kilometre race March 3. Corporal Crystal Roche, 14 AMS Wing Imaging

Cadets compete Martock hosts national biathlon championship

Public Affairs Team

Youth from across the country gathered at Ski Martock March 2 to the 7 to compete for the nation's top honours during the National Cadet Biathlon Championship.

Over 135 of Canada's best cadet biathletes, between the ages of 12 and 18, are competing in sprint, pursuit and patrol races. This championship marks the end of a long road of hard work and determination for the athletes, who qualified through regional and provincial championships earlier this winter.

Biathlon combines two separate disciplines: crosscountry skiing and shooting. Competitors complete a round of shooting after each lap of the course. Sixty Cadet officials supervised the week's competition.

Opening ceremonies kicked things off March 2 at the biathlon stadium. March 4 was the pursuit race, March 6 was the relay race event and March 7's patrol race, unique to the Cadet program, and this competition; wrapped things up. Awards ceremonies were held March 4 and the closing ceremony March 7, both at Camp Aldershot in Kentville.

On day one, Cadets adjusted to changes in this year's competition. In youth and senior categories, some shooting bouts changed from prone to standing position.

"I was very relaxed, very concentrated," said Émile Vogel-Nakamura from Vancouver, B.C., following a first-place finish. "I had a hard time shooting - it's very different shooting in the standing posi-

tion. The targets are larger, but you feel a lot stiffer and less comfortable, so it requires a lot more concentration to shoot well."

The second day dawned bright and sunny, as biathletes prepared for the pursuit race: the first athlete across the finish line is declared the winner. This pursuit race is mentally challenging: preparation and concentration is critical, the work of the coaches is a key ingredient and competitors shooting skills made or broke their success.

The Cadets took a break on day three to experience Halifax, spending the morning at Hatfield farms for a sleigh ride through a snowy path, then heading downtown for skating at the outdoor oval and some shopping.

After a restful and fun day, Thursday saw the athletes compete in the relay race, where the combined time of the team decides the winner. For composite teams, this meant trusting team members whom hadn't worked together before. It was important Cadets made fast and solid friendships to perform.

All week, competitors and staff looked forward to Friday's event, the patrol race. This race is unique to the Canadian Armed Forces: it begins and ends on the

range and, in between, Cadets must ski with packs on their backs, make good times and be sharp shooters. This race also becomes an opportunity for the Cadets to have a bit of fun, as they take the opportunity to dress in funny costumes as they ski.

As Friday drew to a close there were many tired but happy faces gathered at Camp Aldershot for the awards presentation.

Jake Nyenhuis, a member of 517 F/L Graham Squadron in Greenwood, finished 14th in the senior male 7.5 kilometre pursuit, and 15th in the male senior 7.5 kilometre mass start event. As part of the Nova Scotia composite 3 x 4.5 kilometre relay team, he recorded a 12th place finish. With the composite male six kilometre patrol team, he put in a fifth place finish.

Katerna Thomas, 254

mass start. Thomas won a silver in the female senior 7.5 kilometre pursuit, while Hatchford-Boon and Chambers were 18th and 19th, respectively, in the female junior six kilometre pursuit. The trio won the national female unit 3 x 4.5 kilometre relay title and placed sixth in the unit female six kilometre patrol race.

"We were really ecstatic to be able to hold the competition in Nova Scotia this year - it

in Nova Scotia this year - it was a good way to show off the Martock site and the Cadet program nationally. Of course, when you see the smiles on the Cadets' faces, it makes it all worth while," said Captain Scott Nixon, Regional Cadet Common Training Officer and officer responsible for the biathlon program in Atlantic Canada.



Jake Nyenhuis from Team Nova Scotia navigates the male youth 10 kilometre pursuit at Ski Martock March 4. Corporal S.Keegan, 14 Wing Imaging