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the Aurora

14 WING • ESCADRE 14 GREENWOOD, NS

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'Crash' training meets goals

Sara Keddy,
Managing editor

"It's the details that get you," Captain Dave Nelson knows all too well: as he prepared for the October 31 14 Wing Greenwood airfield emergency exercise, he knew he had to ensure as many base personnel as possible got what they needed from the simulation.

"There are 1,000 things that have to be done before something like this goes ahead, but this went pretty well. We want to make sure people have the training opportunities and get the chance to articulate their objectives in an exercise. Many of the partners, this may be their personnel's first year in Greenwood, or they don't know their counterparts in other branches."

Parking a "crashed" CC130 Hercules at the end of the runway, Nelson cast a debris field of carefully labelled items around the plane, and put "victims" that needed to be treated on the ground. The event put into motion airfield controllers, fire response crews, wing flight safety teams, medical responders from the base and provincial systems, environmental monitors, Military Police and many others: about 70 people were involved in the exercise, including a number of "white cell" observers.

"The feedback from the event was good: people got what they needed and met that constant training challenge," Nelson said. "Command and control – there is always work to be done there," but he did say electronic communications were much improved over past exercises.

"I now put a post-exercise report together for the wing commander, and then we start looking at next year's syllabus for training, with the first activity in January. We try to keep something related to training and emergency response going all the time."

For the exercise in photos, see page 6.



Canadian and American forces ready the casualty extraction collection point.

Sergeant S. Bates

Arctic SAREX a test of the elements

Sergeant Steve Bates,
413 Squadron SAR-Tech

Three members of 413 (Transport and Rescue) Squadron have just returned from the Arctic Joint Search and Rescue exercise in Alaska, the latest exercise conducted October 28 through November 2 by the Canadian Joint Operations Command to foster international interoperability.

The exercise was a large undertaking, involving over 100 Canadian Armed Forces personnel from 19 Wing Comox, 17 Wing Winnipeg, 8 Wing Trenton and 14 Wing Greenwood, as well as United States military and Coast Guard personnel from Alaska and

as far south as Portland, Oregon. The scenario was designed to exercise the capabilities of Arctic search and rescue organizations and agencies through a simulated major air disaster in a remote Arctic environment. 435 Squadron was tasked with providing the fixed wing search and rescue platform, with a Cormorant helicopter deployed from 442 Squadron in Comox and a C130J departing Trenton with the Major Air Incident Disaster (MAJAD) Kit.

Once the call came October 29 a 737 airliner had crashed in a remote part of the Arctic, the simulated rescue coordination centres and command levels

all started moving assets in to place to effect a search. Once the crash site was found, the rescue plan was initiated. Eleven search and rescue technicians were the first to parachute in to this remote drop zone. The U.S. pararescuemen from Portland and Alaska then followed. The technicians immediately understood what had to happen and worked efficiently, attending to the wounded and setting up the overnight camp.

The U.S. and Canadian MAJAD kits are similar and, once everything was airdropped to the simulated crash site, all the equipment was easily set up into a workable field hospital. Extrac-

tion was planned for the next day using 2 HH60 Pavehawks, the Cormorant and a C-47 Chinook but, due to actual weather, only two helicopters were able to get to the site. It took the CH149 and HH60 crews numerous trips to a forward operations airfield (a short 20-minute flight away) to extract all exercise participants before the weather deteriorated.

This exercise was a major undertaking and afforded CAF and U.S. forces a great opportunity to work together in a remote and challenging environment. The next major disaster exercise is now in Canada's hands, and will be planned in conjunction with Op Nanook next year.

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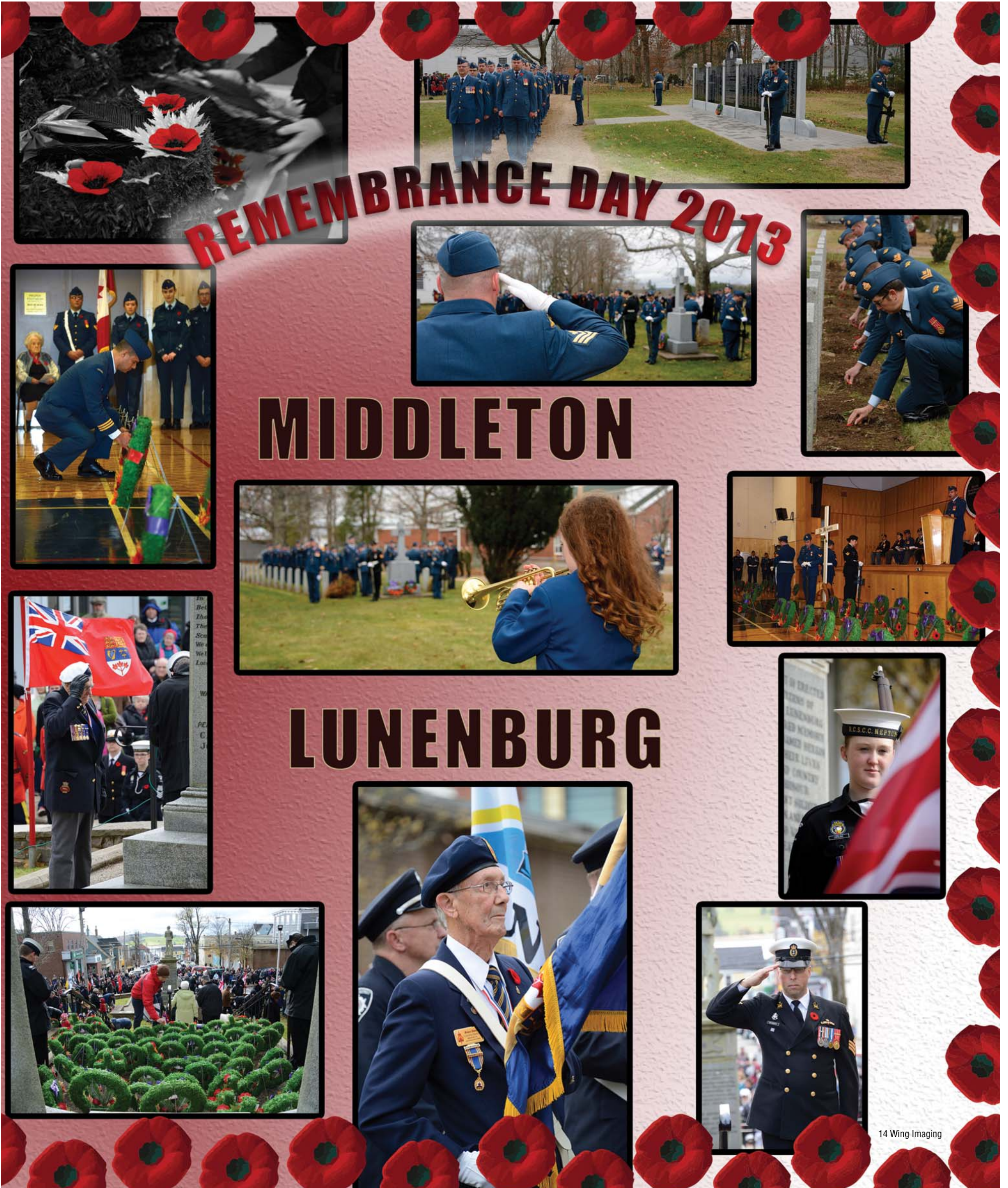
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Let's talk about addictions

Base partners reaching out to military, families, community November 25

**Sara Keddy,
Managing editor**

Lisa White and Ian Smith hope to extend the network of support they belong to into the wider community.

White, as 14 Wing Greenwood's Health Promotions manager, and Smith, a chief warrant officer and one of White's co-facilitators, are teaming up to offer an information session on alcohol, drugs and gambling issue awareness November 25 in Greenwood for military members, defence team members, their families and community friends.

"We get mostly military members in the official courses and briefings I offer here at the wing," says White, even though many of the programs are open to military and defence team members and their families (over age 18). "But, we know there are more people out there – we hear from them."

Smith is committed as a health promotions partner for personal reasons, but also sees the value in having a military member of rank in the chain of command talking about these issues and playing a part in the

resources available to his peers and co-workers. He pursued an independent degree in psychology, and provides aftercare through the wing's social workers to people who may be facing their own challenges.

"We know 10 per cent of people have addiction issues, but that impacts on 90 per cent of the other people – and themselves," he says. "I'm concerned for them as people, but, as a leader, there's also an economic and operational cost to having people struggle."

The information session will be held at the 14 Wing Greenwood Community Centre, and Wing Commander Colonel Iain Huddleston and Kings West MLA Leo Glavine, the new provincial health minister, will co-open the event with shared remarks. White will describe some of the 10 resource programs Health Promotions offers regularly, and highlight safe party hosting at a time of year when festivities and holiday gatherings are common. Smith plans to speak about addictions issues, before representatives from the Kings RCMP and 14 Wing Military Police share some of their experiences around community calls and the

law. Representatives from 26 Canadian Forces Health Services will describe their programs, and Alcoholics Anonymous and Al-Anon leaders will present a few stories. There will be tonnes of information people may take home, from Health Promotion program brochures to community support groups to books for families.

"This is an event we hope will reduce stigma, and help people see they can seek help without stigma," Smith says.

White hopes people who may be suffering from addictions, or know people who are, will attend and find information that may help.

"The effects of addictions are huge," Smith says. "If a person with issues doesn't get help, everyone is suffering around them. We want to give people the tools to recognize what's going on, and get them to resources."

The information evening is open to all, free of charge, and will take place at 6:30 p.m. at the 14 Wing Greenwood Community Centre on Church Street Monday, November 25. For information, on this event or Health Promotion services, contact 765-1494 local 5388.



Greenwood Health Promotions manager Lisa White and Chief Warrant Officer Ian Smith work as a team to teach, support and provide recourse to people with addictions issues. The pair are co-organizing a wider community awareness event November 25 to talk about alcohol, drugs and gambling help available.

S.Keddy



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Useful links | Liens utiles

Canadian Air Force website
Site Web de l'Aviation royale canadienne
www.airforce.forces.gc.ca

Community Gateway Site
Site du portail communautaire des Forces canadiennes
www.cfcommunitygateway.com

14 Wing Greenwood Site
Site de la 14^e Escadre Greenwood
www.airforce.forces.gc.ca/14w-14e

Personnel Family Support Services
Services de soutien au personnel et aux familles des Forces canadiennes
www.cfmws.com

National Defence and the Canadian Forces
Défense nationale et Forces canadiennes
www.forces.gc.ca

Combat Camera | Caméra de combat
www.combatcamera.forces.gc.ca

Recruiting | Recrutement
www.forces.ca

Military Family Resource Centre
Centre des ressources pour les familles des militaires
www.familyforce.ca

VPI | VPI
www.vpiinternational.ca

Parlons de dépendance

Le 25 novembre, des partenaires de la base vont à la rencontre des militaires, de leurs familles et de la collectivité

Sara Keddy,
Rédactrice en chef

Lisa White et Ian Smith souhaitent étendre le réseau de soutien auquel ils appartiennent à l'ensemble de la collectivité.

Lisa est gestionnaire des Services de promotion de la santé à la 14^e Escadre Greenwood, et Ian est adjudant-chef et compte parmi les co-intervenants de Lisa; leur équipe offrira une séance d'information sur les problèmes d'alcool, de drogue et de jeu le 25 novembre à Greenwood à l'intention des militaires, des membres de l'Équipe de la Défense, de leurs familles et de leurs amis dans la collectivité.

« Ce sont surtout des militaires qui assistent aux cours et aux séances d'information officiels que je présente ici, à l'Escadre », affirme Lisa, soulignant que bon nombre des programmes s'adressent aux militaires et aux membres de l'Équipe de la Défense ainsi qu'aux membres de leurs fa-

milles (âgés de plus de 18 ans). « Mais nous savons que beaucoup plus de gens pourraient y participer – nous en entendons parler. »

Ian s'est engagé à titre de partenaire dans la promotion de la santé pour des raisons personnelles, mais il reconnaît aussi l'utilité qu'un militaire du rang dans la chaîne de commandement parle de ces problèmes et fasse partie des ressources à la disposition de ses pairs et de ses collègues. Il a obtenu de façon autonome un baccalauréat en psychologie, et il offre un suivi par l'entremise des travailleurs sociaux de l'Escadre aux personnes qui ont des difficultés à surmonter.

« Nous savons que 10 % des gens ont des problèmes de dépendance, mais ces problèmes ont des répercussions sur 90 % de leur entourage, y compris eux-mêmes, précise Ian. Je m'inquiète pour eux, en tant qu'êtres humains, mais, en ma qualité de chef, je m'inquiète aussi du coût économique et

opérationnel associé à des gens en difficulté. »

La séance d'information aura lieu au Centre communautaire de la 14^e Escadre Greenwood. Le colonel Iain Huddleston, commandant de l'Escadre, et Leo Glavine, député provincial de Kings West et nouveau ministre provincial de la Santé, ouvriront conjointement l'événement en prononçant chacun quelques mots. Lisa décrira certains des 10 programmes d'aide que la Promotion de la santé offre régulièrement, et elle attirera l'attention sur les mesures à prendre pour être un hôte responsable en cette période de l'année où les festivités et les réceptions des Fêtes sont fréquentes. Ian prévoit aborder les problèmes de dépendance, avant que des représentants de la GRC du comté de Kings et de la police militaire de la 14^e Escadre parlent d'expériences qu'ils ont vécues en répondant à des appels dans la collectivité et en appliquant la loi. Des représentants du 26^e Centre des

Services de santé des Forces canadiennes décriront leurs programmes, puis des responsables des Alcooliques anonymes et d'Al-Anon présenteront leurs témoignages. Les gens retourneront chez eux avec une tonne de renseignements, qu'il s'agisse de brochures sur les programmes des Services de promotion de la santé, d'information sur des groupes de soutien communautaire ou de livres pour les familles.

« Nous espérons que cet événement permettra de réduire la condamnation sociale et amènera les gens à comprendre

qu'ils peuvent demander de l'aide sans être montrés du doigt », souligne Ian.

Lisa espère que les personnes qui souffrent d'une dépendance ou qui connaissent quelqu'un qui fait face à ce genre de problème assisteront à la séance et y trouveront des renseignements utiles.

« Les conséquences d'une dépendance sont énormes, souligne Ian. Lorsqu'une personne en difficulté ne demande pas d'aide, c'est tout son entourage qui en souffre. Nous voulons outiller les gens pour les aider à reconnaître ce qui ne va pas

et leur fournir des ressources. »

Cette soirée d'information ouverte à tous est gratuite et aura lieu le lundi 25 novembre, à 18 h 30, au Centre communautaire de la 14^e Escadre Greenwood, situé sur la rue Church. Pour obtenir de plus amples renseignements sur cet événement ou sur les Services de promotion de la santé, composez le 765-1494, poste 5388.

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~ Card of Thanks ~

The families of our father, the late James Arthur Glover would like to thank our friends for their comfort, kindness, food and charity donations; the Kingston Legion for the service at the funeral home and the wonderful reception. Many thanks to Gary and Tom at the Middleton Funeral Home for their guidance you made a difficult task much easier. Also to the doctors and staff at Soldiers Memorial Hospital, and Father Jim McKay for his kind words and heart felt service.

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Canadian military, equipment aid Philippines

A Royal Canadian Air Force aircraft carrying personnel and equipment deploying as part of the Disaster Assistance Response Team (DART) to the city of Iloilo in the Philippines left November 11 from 8 Wing Trenton, part of Operation RE-NAISSANCE 13-1.

The Canadian Armed Forces will support the Department of Foreign Affairs, International Trade and Development, leading Canada's response to November 8's Typhoon Haiyan. Significant loss of life, a large number of injuries, as well as destruction of property has been reported. Nearly 4.3 million people are

reportedly affected, and although needs assessments are ongoing, humanitarian needs are expected to be substantial. The government has pledged \$5 million in aid, and committed to match every dollar donated by Canadians.

A CC-177 Globemaster III aircraft was loaded with engineering vehicles and equipment to support DART activities and 43 DART personnel. It is destined for the city of Iloilo at the request of the Government of the Philippines. Located on the island of Panay, Iloilo is a location where numerous people have been heavily affected.

Canada's Interdepartmental Strategic Support Team was already in the Philippines and assessing needs on the ground. The decision to deploy to Iloilo is based on the assessment and recommendations of the team, and a request by the Government of the Philippines.

The DART is a multidisciplinary military organization designed to deploy on short notice in response to situations ranging from natural disasters to complex humanitarian emergencies. The DART is equipped to conduct emergency relief operations for up to approximately 40 days to bridge the gap

until national and international aid agencies arrive to provide long-term help. Working alongside local authorities and other international organizations and agencies, DART acts as a stabilization measure until regular services are restored.

Nineteen CAF personnel from the Humanitarian Assistance Response Team (HART) have also deployed with the ISST. Made up of headquarters staff and a reconnaissance element, the HART liaises with the ISST and the headquarters of Canadian Joint Operations Command to prepare for the arrival and employment of follow-on CAF assets.



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14e Escadre Greenwood Festival des arbres

La 14e Escadre Greenwood sera l'hôte d'une collecte de fonds lors du Festival des arbres le 30 novembre prochain, de 10h00 à 16h00, au Mess Annapolis.

Les profits seront partagée entre les nombreuses organisations soutenues par la Campagne de charité combinée de la 14e Escadre comme le

IWK, la Société canadienne du cancer, les écoles de la Vallée Annapolis, les banques alimentaires locales et plus de 50 autres organismes de bienfaisance. La banque Scotiabank de Greenwood supportera les fonds amassés jusqu'à équivalence de 5 000\$.

Le service d'imagerie de la 14e Escadre aura un photo-

maton mis en place pour les photos de famille à un forfait modique. Les recettes du photomaton iront à la Campagne de charité combinée de la 14e Ere. Le Centre de ressources aux familles militaires de Greenwood aura une garderie gratuite (pour les enfants de deux ans et plus) au Mess (les parents devront demeurer au Mess).

Les maisons d'affaires sont invitées à présenter un arbre qu'ils auront décoré et qui sera offert au public par un encan silencieux. Pour plus amples renseignements, veuillez communiquer avec le Lieutenant Damon Murray au (902) 765-1494 poste 5836 ou avec Manon Dubé au (902) 765-1494 poste 5671.

14 Wing Greenwood Festival of Trees

14 Wing Greenwood presents the Festival of Trees fundraising event November 30 in the Annapolis Mess, 10 a.m. to 4 p.m.

Proceeds are shared among the many organizations supported by 14 Wing's Combined Charity Campaign, such as the IWK, Canadian Cancer Society, Annapolis Valley schools, local food banks and over 50 other charities. Scotia Bank Greenwood will match funds raised up to \$5,000.

14 Wing Imaging will have a photo booth set up for family photos for a nominal fee, with proceeds to go towards the campaign. The Greenwood Military Family Resource Centre will have free childcare (ages two and up) at the Mess (parents must remain at the Mess).

Businesses are invited to present a decorated tree for public bidding in this silent auction. Please contact Lieutenant Damon Murray, (902) 765-1494 local 5836; or Manon Dubé, (902) 765-1494 local 5671.



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Wed., Nov. 20

9:30 - 11:30 a.m.

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Journée mondiale de l'enfance - GRATUIT

Mercredi le 20 novembre

9 h 30 h à 11 h 30

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Holiday Wreaths

Wed., Nov. 27

FREE for deployed families and volunteers.

\$20 for community members

1:30 - 3:30 p.m. or 6 - 8 p.m.

Register by: Wed., Nov. 20

Couronnes de Noël

Mercredi le 27 novembre

GRATUIT pour les familles

en déploiement et bénévoles.

20 \$ pour les membres de la

communauté

13 h 30 à 15 h 30 ou

18 h à 20 h

Date limite d'inscription :

Mercredi le 20 novembre.

Franco-Femmes Dinner

Thurs., Nov. 28 at 6 p.m.

Cost: Pay for the cost of your meal.

Registration deadline:

Tues., Nov. 26

Souper franco-femmes

Jeudi le 28 novembre à

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Coût: le coût de votre repas

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Kids Christmas Craft -

Rag Wreaths

Tues., Dec. 3

9:30 - 10:30 a.m.

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Bricolage de Noël pour les

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Mardi le 3 décembre

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Pour les enfants de 3 à 5 ans

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Date limite d'inscription:

Jeudi le 28 novembre.

To register, or for more information, call 765-5611 or drop-in to the GMFRC located at the AVM Morfee Centre on School Road, Greenwood. Pour s'inscrire ou pour plus d'informations, appelez au 765-5611 ou présentez-vous au CRFMG situé au Centre AVM Morfee sur le chemin School à Greenwood.



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Rescue 912 crew wins Cormorant Trophy, rescue award

The Royal Canadian Air Force crew of search and rescue helicopter Rescue 912 has won both this year's Cormorant Trophy from AgustaWestland and the Prince Philip Helicopter Rescue Award from the Guild of Air Pilots and Air Navigators (GAPAN).

The winners of the awards include 14 Wing Greenwood search and rescue technician Master Corporal Mark Vokey, with 413 (Transport and Rescue) Squadron; Captain Aaron Noble (aircraft captain) of Burnaby, Captain Jonathon Groten (first officer) of Kingston, Ontario; Sergeant Bradley Hiscock (flight engineer) of Grand Falls; and Master Warrant Officer Jeffrey Warden (search and rescue technician) of Toronto. All were crew members of Rescue 912, flying a CH-149 Cormorant helicopter with 103 Search and Rescue Squadron, located at 9 Wing Gander, at the time of the rescue.

Both award juries selected the crew for their outstanding rescue February 3, 2013, of three hunters from a New-

foundland ice floe in blizzard conditions: winds were so strong, the helicopter flew the final two miles to the rescue point backwards.

"The February winter storm 'Nemo' presented challenges to our crew during the rescue that tested every aspect of our training and saw the helicopter and crew pushed to their limits," said Noble. "I'm proud of my crew for the courage and professionalism they displayed during the mission and am glad that we were able to return the three stranded hunters in distress to their loved ones."

The Prince Philip Helicopter Rescue Award citation from United Kingdom-based GAPAN says the crew of Rescue 912 "demonstrated remarkable professionalism and achievement that led to the saving of three lives."

This was echoed in the Cormorant Trophy citation, which noted their "courage, expertise and resourcefulness" and said their "skill and exceptional crew coordination ultimately led to the saving of three lives."

When the rescue was



Royal Canadian Air Force Rescue 912 crew members - 14 Wing Greenwood search and rescue technician Master Corporal Mark Vokey, Captain Aaron Noble (aircraft captain) of Burnaby, Captain Jonathon Groten (first officer) of Kingston, Ontario; Sergeant Bradley Hiscock (flight engineer) of Grand Falls; and Master Warrant Officer Jeffrey Warden (search and rescue technician) of Toronto - were presented with both the Cormorant Trophy from AgustaWestland and the Prince Philip Helicopter Rescue Award from the Guild of Air Pilots and Air Navigators in October. All were with 103 Search and Rescue Squadron, 9 Wing Gander, in February 2013 during a harrowing rescue call.

Gerald Sharp Photography

launched, Noble was faced with flying the Cormorant helicopter through "a full-on winter blizzard" with 40 centimetres of snow accumulating and wind gusts up to 75 kilometres per hour. They immediately hit icing conditions. While flying in extremely low visibility through rugged terrain, navigating many islands and a narrow inlet, the Cormorant was pounded from the rear by 80 kilometre per hour winds and severe turbulence off 100-metre hills. Conditions were so severe Noble twice considered calling off the rescue.

With two miles to go to the rescue location, Noble performed an impromptu "out of the box" manoeuvre, turning the helicopter 180 degrees and flying backwards to gain stability. The other crew members scrambled to different positions and duties: Groten on the map, Hiscock in the rescue door, Warden in the left spotter window and Vokey at the tail. All were spotting and guiding Noble to the hunters' last known position.

Once Warden spotted the hunters' lights and flares, Vokey was hoisted down to start the rescue, fighting

through the storm, fierce rotor wash and static electric shock. The three hunters were hoisted aboard suffering hypothermia and were taken to hospital in Gander for treatment.

"This is another outstanding rescue effort by dedicated Royal Canadian Air Force members who had the confidence to push themselves and their aircraft to the extreme to ensure that lives were saved," said Jeremy Tracy, head of region - Canada for AgustaWestland.

As the Rescue 912 crew are now on duty with different squadrons across Canada, the Cormorant Trophy will be

presented at a later ceremony with a crew reunion. The crew received the GAPAN award in London, England, October 23. The Cormorant Trophy is presented annually to a Canadian civilian, government or military helicopter crew performing the most demanding helicopter rescue of the year. The Prince Philip Helicopter Rescue Award is presented annually by the GAPAN to an individual or crew of a helicopter or helicopters for an act of outstanding courage or devotion to duty in the course of land or sea search and rescue operations.

14 Wing Greenwood

Festival of trees

14 Wing Greenwood presents the Festival of Trees fundraising event **November 29, 6 p.m. to 9 p.m. (must be 19 or over) and November 30, 10 a.m. to 4 p.m., in the Annapolis Mess (open to all ages).**

Proceeds are shared among the many organizations supported by 14 Wing's Combined Charity Program.

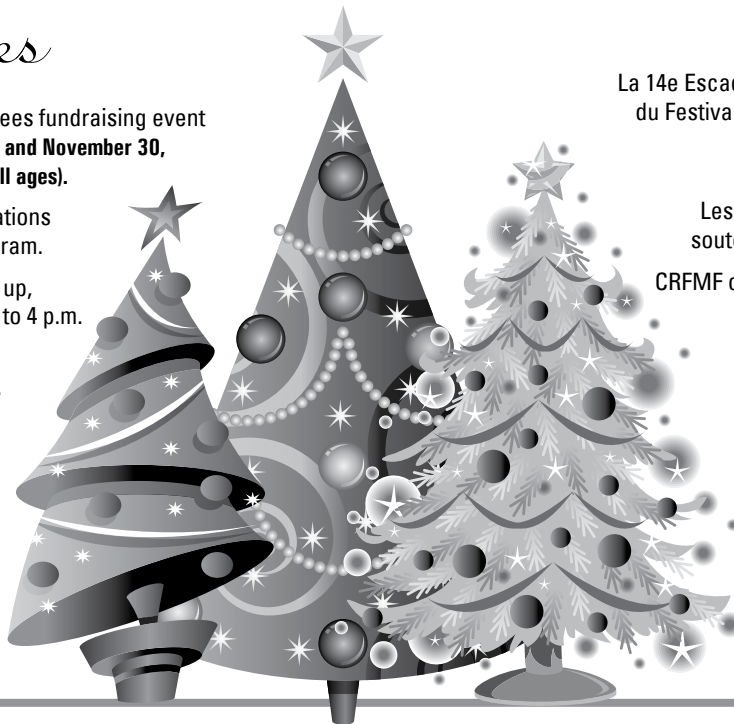
GMFRC free one-hour childcare (ages two and up, no diaper change service) at the Mess, 11 a.m. to 4 p.m. (parents must remain at the Mess).

Family pictures by Wing Imaging noon to 4 p.m. (\$10, proceeds to charity).

Popcorn, and drinks available.

Businesses are invited to present a decorated tree for public bidding in this silent auction.

To find out more, contact Lt Damon Murray, (902) 765-1494 local 5836; or Manon Dubé, (902) 765-1494 local 5671.



Festival des arbres

de Noël de la 14e Escadre Greenwood

La 14e Escadre Greenwood présente une collecte de fonds sous le parasol du Festival des arbres de Noël qui se tiendra le **29 novembre (doivent avoir 19 ans ou plus) de 18h00 à 21h00 et le 30 novembre (ouvert à tous les âges) de 10h00 à 16h00 au Mess Annapolis.**

Les recettes seront partagées entre de nombreuses organisations soutenues par le programme de Charité combiné de la 14e Escadre.

CRFMF offrira une heure gratuite de garderie (pour les enfants de deux ans et plus, pas de changement de couches) au Mess de 11h00 à 16h00 (les parents ne doivent pas sortir du Mess).

L'unité d'imagerie de l'escadre offrira des séances de photos de familles de midi à 14h00 (10\$, l'argent ira à la charité).

Maïs soufflé et boissons seront disponibles.

Les maisons d'affaire de la région sont invitées à décorer un arbre qui sera offert au public par une mise aux enchères silencieuses.

Pour en savoir plus, veuillez contacter le Lt Damon Murray au (902) 765-1494, poste 5836, ou Manon Dubé au (902) 765-1494, poste 5671.



Comment éviter les coûts élevés des voyages durant les Fêtes

(EN) - Le temps des Fêtes n'a pas la même magie et le même attrait pour tous. Pour certains, il s'agit de savourer de bons repas en famille et avec les amis, et pour d'autres il est plutôt question de prendre des vacances et de s'évader de l'école ou du travail. Pour bon nombre de Canadiens, le temps des Fêtes est un bon moment pour voyager. Qu'il s'agisse de voyager à l'autre bout du pays pour rejoindre sa famille ou de partir vers un paradis tropical avec sa douce moitié, la saison des Fêtes offre de nombreuses occasions de voyager.

Même s'il peut être attrayant, et parfois nécessaire, de voyager durant le temps des Fêtes, certains obstacles peuvent ajouter un stress supplémentaire à ces voyages. Comme des millions de Canadiens planifient leurs voyages et leurs vacances au même moment, le coût des billets d'avion augmente de façon substantielle et la disponibilité des sièges est limitée. De plus, il n'y a pas que

le coût des billets d'avion qui augmente – le prix des forfaits vacances et des hôtels monte également.

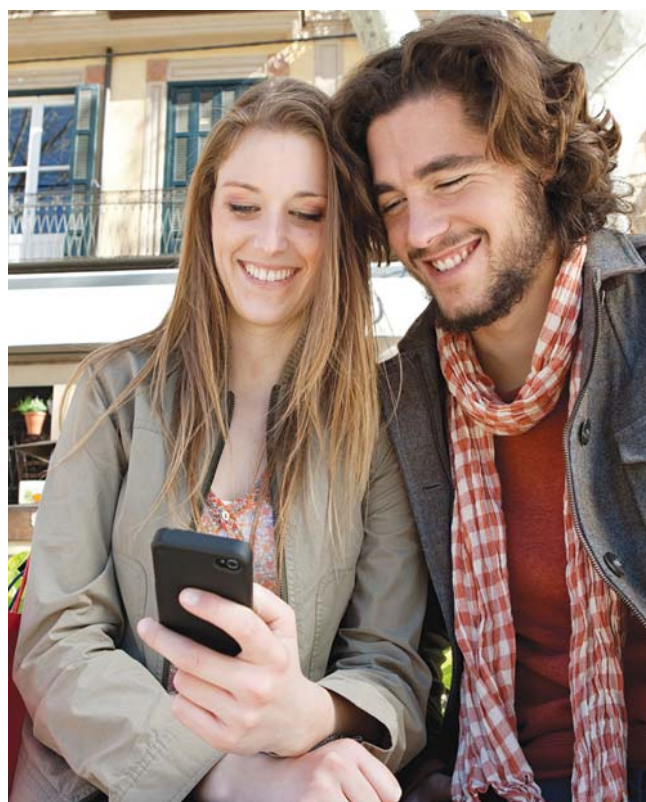
Le programme de fidélisation Aéroplan compte plus de 4,6 millions de membres actifs, ce qui signifie que bon nombre de Canadiens n'ont qu'à échanger des milles Aéroplan pour prendre des vacances durant les Fêtes et ainsi déjouer le coût élevé des voyages pendant cette période. Ces membres ont accès à 28 lignes aériennes qui offrent plus de 21 000 départs quotidiens vers plus de 1 000 destinations dans 195 pays à travers le monde grâce au réseau Star Alliance. Les membres Aéroplan peuvent se prélasser dans les Caraïbes pour aussi peu que 40 000 milles pour un biller aller-retour en classe économique, et avec l'outil Voyages de dernière minute d'Aéroplan, ils peuvent trouver des vols vers plusieurs destinations « soleil » et nord-américaines populaires qui leur permettent de voyager au cours

des 14 prochains jours.

En plus des vols, les membres ont accès à plus de 1 000 primes spécialisées – des produits, des hôtels, des locations de voitures, des récompenses expérientielles – dont ils peuvent profiter dans leur pays ou en vacances. Les nombreux partenaires hôteliers d'Aéroplan offrent de l'hébergement pour tous les budgets, et comprennent les chaînes : Best Western, Sheraton, Westin, Delta Hotels et villégiatures, les Hôtels Fairmont, et plus encore.

Le temps des Fêtes est une période qui se veut propice aux réunions de famille, au repos et au plaisir. Que vous soyez appelé à voyager pour rendre visite à votre famille ou pour échapper aux rigueurs de l'hiver, vous n'avez pas à modifier vos plans à cause du coût élevé des voyages durant cette saison.

Pour en savoir davantage, consultez le site www.aeroplan.com.



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\$4.14 lb

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\$4.43 lb

Hot Apple Cider
\$0.36/100g
35% off
\$1.65 lb

Almond Paste
\$1.43/100g
35% off
\$6.50 lb

Walnut Crumbs & Pieces
\$1.76/100g
20% off
\$8.00 lb

Semi Sweet Chocolate Squares
\$0.90/100g
25% off
\$4.09 lb

Dried Cranberries
\$0.94/100g
40% off
\$4.25 lb

Coconut Shredded
\$0.56/100g
30% off
\$2.54 lb

Chocolate Chips Pure Jumbo
\$0.56/100g
35% off
\$2.54 lb

Chocolate Jubes
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35% off
\$3.84 lb

Cocoa Powder light
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The power of local spending during the holiday season

(NC) Preparing for the holiday season is often associated with gift lists, bargain hunting and potentially crowded or stressful shopping experiences searching for the perfect gift.

This year, try exploring your local businesses for unique items and make local purchases to help support neighbourhood businesses during a season that sees a lot of consumer dollars crossing the border or disappearing online with retailers around the world.

"Shopping off-the-beaten path in one of your neighbourhood stores can be a much calmer experience during the holiday shopping season," said François Ramsay, senior vice-president, corporate affairs for Yellow Pages Group, a digital media and marketing

solutions company. "Additionally, every purchase you make at a local business has a direct impact on the surrounding neighbourhood and the local economy, strengthening it and helping create sustainability and growth in our communities."

Among the positive impacts of local shopping are:

- Job creation: Small businesses are the largest group of employers in the country
- Local impact: Dollars spent within the neighbourhood directly benefit the local economy and tend to be re-invested within the community.
- Neighbourhood prosperity: The presence and success of small businesses play key roles in giving communities their identities and also



influence neighbourhood desirability and growth.

- Customer service: Independent retailers often per-

sonalized service, making shopping a less stressful and more meaningful experience.

There are a number of events across Canada that encourage local shopping, including Shop The Neighbourhood.

This initiative of Yellow Pages Group takes place November 30, strategically sandwiched between the Black Friday and Cyber Monday shopping holidays with the goal of raising awareness and encouraging people to make local purchases in support of their neighbourhood businesses. This year's Shop the Neighbourhood event takes place in the GTA with consumers benefitting from exclusive Shop The Neighbourhood deals offered by local merchants specifically for event day.

Holiday sales typically make up a considerable amount of retailers' annual sales. So help support your favourite local store or service this holiday season by supplementing or completing your holiday gift list purchases locally.



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Nov 25, Dec 2, 9 issues
Nov 20, 27, Dec 4 ad content deadlines

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 Wednesday 9:00 - 5:00 | Thursday 12:00 - 8:00
 Friday 9:00 - 5:00

Holiday 'Fruitcakes' set for Players' stage

What could be a better way to prepare for the season then with "Fruitcakes," the Greenwood Players' upcoming production?

What do you get when you mix together a batch of fruitcakes, three dozen Christmas trees, 10,000 outdoor Christmas lights, a chicken pox epidemic, two Southern spinsters and a Christmas hog named Buster? Into this world comes Janie, played by Jennifer Hogenbom, a kid who has run away from home and come as far as her money will take her. "Fruitcakes" will run November 19 to 23 on the Greenwood Players' stage in the AVM Morfee Centre in Greenwood. Curtain goes up at 7:30 p.m., and tickets are \$8, available at Middleton and Kingston Pharmasaves, by calling 825-0019 or 840-3853, or by email, gwoodplayers@gmail.com.

The Perfect Christmas Gift Idea

A 14 Wing Community Rec Card



A great gift for yourself or your family.

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 call the Community Centre at
 765-1494 ext. 5341, 5337 or 5331
 or check out our website at
 www.cfcommunitygateway.com



Côtelettes de porc épicées au chocolat

(EN) Le chocolat, ce n'est pas seulement pour les desserts. Voici un repas qui surprendra tout le monde tant par son originalité et sa simplicité que par son goût exquis.

Portions : 4
Préparation : 10 minutes
Cuisson : 10 minutes



- Ingrédients :
- 1 cuillère à table d'épices italiennes
 - 2 cuillères à thé de poudre d'oignons
 - 3 cuillères à table de mini-

brisures de chocolat 70 %
Laura Secord

- 1 cuillère à thé de paprika
- ½ cuillère à thé de flocons de piments fort broyés
- ½ cuillère à thé de sel
- ½ cuillère à thé de poivre
- 4 côtelettes de porc avec os
- 1 cuillère à table d'huile végétale

Instructions :
Préchauffer le four à 350°F. Mélanger tous les ingrédients sauf l'huile dans un petit sac refermable (type Ziploc). Écraser les brisures dans le sac avec un rouleau à pâte. Dans l'huile, saisir les côtelettes à haute température 3 minutes de chaque côté à feu moyen-vif.

Répartir également le mélange d'épices et de chocolat sur les deux côtés des côtelettes.

Mettre au four pour 5 minutes. Enlever les côtelettes du poêlon, mettre dans une assiette de service et servir avec une salade de légumes racines.

Find Boxing Day prices in November

(NC) The hunt for holiday bargains is on and, in more recent years, Boxing Day hasn't been the only source of great deals for Canadians. Black Friday, known as the busiest shopping day of the year in America, has grown in popularity north of the border.

Popular bargain hunting website RedFlagDeals.com

reported that in 2012, it listed Black Friday deals for Canadian shoppers from more than 140 retailers, marking a significant increase from 2011.

This year, Black Friday falls on November 29. If you want to track down participating retailers and the best deals, websites like RedFlagDeals.com have extensive Black Friday coverage.

Online shopping gives everyone a chance to get good deals: you can get to sales the minute they start, compare prices quickly and even find extra discounts.

With big discounts on the line and a chance to find holiday shopping bargains, it might be time to mark November 29, this year's Black Friday, on your calendar.

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Annual Friendly Neighbours effort a telethon tradition that helps

The annual Friendly Neighbours Christmas Mommies and Daddies Telethon and Auction will air on Eastlink tv Channel 13 November 24, live from the Aylesford fire

hall. Viewers may watch the program from noon to 8 pm. The telethon is sponsored by Eastlink tv, the Lions Clubs of Kingston, Aylesford, Berwick and Coldbrook and the Aylesford fire hall. Drop in and see the program live: honour

a pledge or bid on the auction items, be entertained and enjoy the fun afternoon event. All telethon proceeds go to Friendly Neighbours to help provide a happy Christmas to needy families in the Coldbrook to Kingston areas. To make a pledge or

bid on an auction item, call local 341-3200 or, toll free, 855-341-3013.

The Greenwood branch of the Bank of Nova Scotia will match pledges received (up to \$5,000) from 3 p.m. to 5 p.m. through its community match funds program.

Honour your pledges after the telethon at the Royal Bank in Coldbrook and Berwick, CIBC Kingston

and Greenwood, Bank of Nova Scotia in Middleton and Greenwood, the Credit Union in Greenwood and Cambridge and Chisholm's Pharmachoice in Aylesford.

From all of the volunteers connected with the Christmas Mommies & Daddies Telethon, we wish the best for your family this Christmas and throughout the New Year

the Aurora

Dear Santa...

The Aurora Newspaper is pleased to inform readers of all ages Santa Claus will be accepting **Christmas letters** at our office, 83A School Road, Morfee Annex, Greenwood, until 4 p.m. December 11.

Writers should hand deliver their 50-word maximum length letter to our front desk, including their full name, age and home community; along with a photo of themselves if they like. A parent's name and phone number must be included for those writers under age 18.

We will publish all letters in the December 16 edition - the last one Santa will read before his big Valley visit December 25.



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Partners put community first in restorative justice process

The week of November 17 to 24 is Restorative Justice Week. The designated theme this year is "Inspiring Innovation," a phrase that aptly describes the work the Nova Scotia Restorative Justice (NSRJ) program has been doing since 1999.

The NSRJ program accepts referrals from any point in the criminal justice process: police, Crown attorney, judge or corrections; for youth between the ages of 12 and 17 who have come into conflict with the law - and the victims of these offences. Being solidly entrenched in the conventional justice system has earned the program distinction worldwide. Don Clairmont, Professor Emeritus, Department of Sociology & Social Anthropology at Dalhousie University and Director of the Atlantic Institute of Criminology, has been quick to point out the NSRJ program is poised to be considered a "world leader" in restorative justice.

The NSRJ program is comprised of nine non-profit, community-based agencies covering the entire province.



14 Wing Greenwood Military Police Corporal Kris Hansen and Valley Restorative Justice volunteer Glynis Simms are just two of the network of partners that helps communities work through restorative justice options. S.Keddy

Each agency is governed by a board of directors, allowing the program to adapt to the individual needs of community

it serves. Funding is provided through the Department of Justice.

Valley Restorative Justice

(VRJ), with an office in Kentville, covers Annapolis, Kings and West Hants counties. First Nations youth are referred to the Mi'kmaw Legal Support Network (MLSN) for a more traditional process.

The for main goals of the program are to reduce recidivism, increase victim satisfaction, strengthen communities and increase public confidence in the justice system as a whole. These goals are achieved by holding youth accountable for their actions through meaningful consequences that take into account the needs and wishes of the victims. Victims of crime are given the option of meeting face-to-face with the youth, in order to allow them the opportunity to tell their story and impact what the youth will have to do to make amends. Victims often feel being allowed to tell their story in detail and explain how the incident has affected them gives them satisfaction. The outcome is the Restorative Justice Agreement, which lists the steps the youth must take in order to make amends for

his/ her actions. Volunteers in each county are trained to help co-facilitate the sessions. Facilitators are neutral, and merely aid the parties involved in coming to an agreement.

The 14 Wing Greenwood Military Police feel the program is especially helpful in their closely-knit community. In a community that blends military and civilian members, both at work and at play, having the option of helping community members through the restorative justice process is beneficial. Military Police recognize the restorative approach, which includes elements of deterrence and rehabilitation, adds a restorative dimension and offers greater potential for healing than the conventional justice system.

Recent innovations in Nova Scotia include using restorative options to handle conflict in the workplace, in universities, through the Nova Scotia Human Rights Commission and in schools. The Restorative Approaches In Schools Project (RAISP), which combines the efforts of the Depart-

ment of Education and the Department of Justice, aims to help youth learn how to maintain healthy relationships and manage conflict. Benefits include reduced stress, greater sense of belonging and lower suspension rates. The project is being piloted in several areas in Nova Scotia, including West Kings District High School and its feeder schools. A significant number of students at West Kings come from military families posted to 14 Wing Greenwood. The RAISP is yet another innovative example of how restorative practices can bring together communities for the greater good.

Valley Restorative Justice would like to take this opportunity to thank all its volunteers and members of the board of directors for continued support. For more information on the NSRJ program or to become a volunteer, please call the Valley Restorative Justice office at 902-679-0650 or toll-free 1-888-679-0650. Alternatively, email Marge DeBodt, executive director, valleyrj@ns.sympatico.ca.

Les partenaires place la communauté au cœur du processus de justice réparatrice

La Semaine de la justice réparatrice se déroule du 17 au 24 novembre. Cette année, le thème choisi est « Au cœur de l'innovation », une expression qui décrit bien le travail accompli par le programme de Justice réparatrice de la Nouvelle-Écosse (JRNE), depuis son instauration en 1999.

Le programme de JRNE accepte les renvois provenant de n'importe quel point de la structure du processus de justice pénale – police, procureur de la Couronne, juge ou services correctionnels – pour des jeunes âgés de 12 à 17 ans qui ont eu des démêlés avec la justice et pour les victimes des infractions commises par ces jeunes. Du fait qu'il est solidement enraciné dans le système de justice conventionnel, le programme s'est démarqué dans le monde entier. Don Clairmont, professeur émérite au département de sociologie et d'anthropologie sociale de l'Université Dalhousie et directeur de l'*Atlantic Institute of*

Criminology s'est empressé de souligner que le programme de JRNE est en voie de devenir un « chef de file mondial » dans le domaine de la justice réparatrice.

Le programme de JRNE est composé de neuf organismes communautaires sans but lucratif qui desservent l'ensemble de la province. Chaque organisme est régi par un conseil d'administration, ce qui permet au programme de s'adapter aux besoins individuels de la communauté qu'il dessert. Le financement est obtenu par l'entremise du ministère de la Justice.

Le Programme de justice réparatrice de Valley, qui a un bureau à Kentville, dessert les comtés de Kings, d'Annapolis et de East Hants. Les jeunes des Premières nations sont aiguillés vers le Mi'kmaw Legal Support Network (MLSN) où ils peuvent bénéficier d'un processus plus traditionnel.

Les principaux objectifs du programme sont les suivants :

réduire la récidive, accroître la satisfaction des victimes, renforcer les collectivités et rehausser la confiance du public à l'égard du système de justice dans son ensemble. Ces objectifs sont atteints en tenant les jeunes responsables de leurs actes par la prise de mesures offrant des perspectives positives, tout en tenant compte des besoins et des souhaits des victimes. Les victimes d'actes criminels se voient offrir la possibilité de rencontrer le jeune en personne, de façon à leur donner l'occasion de raconter leur histoire et d'avoir une incidence sur ce que le jeune devra faire pour réparer ses torts. Souvent, les victimes estiment que le fait de pouvoir raconter leur histoire en détail et de pouvoir expliquer de quelle manière l'incident les a touchées leur procure de la satisfaction. Le résultat est l'entente de justice réparatrice, qui énumère les étapes que doit suivre le jeune pour faire

amende honorable pour ses actes. Dans chaque comté, des bénévoles sont formés pour aider à coanimer ces séances. Les animateurs sont des personnes neutres et aident seulement les parties concernées à en arriver à une entente.

Les membres de la Police militaire de la 14e Escadre de Greenwood estiment que le programme s'est avéré particulièrement utile dans leur communauté tissée serrée. Au sein d'une communauté qui regroupe des militaires et des civils, tant au travail que dans les loisirs, le fait d'avoir la possibilité d'aider des membres de la communauté à suivre le processus de justice réparatrice est bénéfique. La Police militaire reconnaît que l'approche de la justice réparatrice, qui comprend des éléments de dissuasion et de réadaptation, ajoute une dimension « réparatrice » et offre de meilleures perspectives de guérison que le système de

justice conventionnel.

Les innovations récentes en Nouvelle-Écosse comprennent l'utilisation des options de la justice réparatrice pour gérer les conflits en milieu de travail, dans les universités, par l'entremise de la Commission des droits de la personne de la Nouvelle-Écosse, et dans les écoles. Le Restorative Approaches In Schools Project (RAISP) [projet d'approches réparatrices dans les écoles], qui combine les efforts du ministère de l'Éducation et du ministère de la Justice, vise à aider les jeunes à apprendre comment maintenir des relations saines et comment gérer les conflits. Au nombre des avantages, mentionnons la réduction du stress, un sentiment d'appartenance accru et des taux de suspension moins élevés. Le projet est mis à l'essai dans plusieurs régions de la Nouvelle-Écosse, notamment à l'école secondaire West Kings District et dans les écoles dont proviennent

ses élèves. Un grand nombre d'élèves de West Kings proviennent de familles de militaires affectés à la 14e Escadre Greenwood. Le RAISP est un autre exemple innovateur de la façon dont le recours aux pratiques de justice réparatrice permet de rassembler les communautés pour le bien commun.

Le Programme de justice réparatrice de Valley aimerait profiter de l'occasion pour remercier tous ses bénévoles, ainsi que les membres du conseil d'administration, pour leur soutien continu. Pour de plus amples renseignements sur le programme de JRNE ou sur la marche à suivre pour devenir bénévole, veuillez téléphoner au bureau du Programme de justice réparatrice de Valley, en composant le 902-679-0650 ou le numéro sans frais 1-888-679-0650. Vous pouvez également envoyer un courriel à Marge DeBodt, directrice administrative, à l'adresse valleyrj@ns.sympatico.ca.

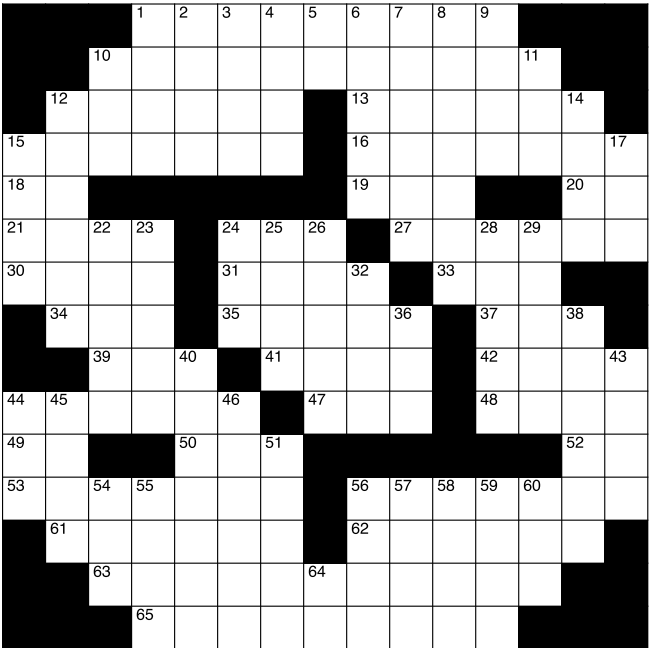


The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 83A School Road (Morfee Annex), 14 Wing Greenwood; by fax, (902)765-1717; or email editor@auroranewspaper.com. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 83A, School Road, (annexe Morfee), 14^e Escadre Greenwood, par fax au (902) 765-1717 ou par courriel à l'adresse_editor@auroranewspaper.com. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédent la publication, à moins d'avis contraire.

metro crossword

solution page 16



- ACROSS
1. Bawled out

10. Former "Today" host

12. Shape anew

13. Skulls

15. Renting dwellers

16. Choose to refrain

18. Anno Domini

19. Old French small coin

20. Carry out

21. Dashes

24. Expresses suspicion

27. Followed the trail of

30. The highest point of something

31. Geological times

33. Cartilaginous structure

34. Hill (Celtic)

35. Bura

37. Center of a wheel

39. ___ de plume

41. String, lima or green

42. Greek goddess of discord

44. Move back and forth

47. Britain's Sandhurst (abbr.)

48. Comedian Carvey

49. Public promotion

50. Federal residential mortgage insurer
52. Location of White House

53. Gives an answer

56. Populates

61. Fires a weapon

62. More tense

63. An outstanding achievement

65. Annotations
- DOWN
1. Buddhist monk of Tibet

2. Egyptian sun god

3. Soft roe

4. Garden planting areas

5. Atomic #89

6. Soul and calypso songs

7. Large European flatfish

8. Expunction

9. Impression in a surface

10. PBS filmmaker

11. Former OSS

12. Draft an edict

14. Assistant

15. Proclamation upon finishing

17. Slight head bend
22. Asian ethnic hill people

23. SE Asian goat antelope

24. Aware of the latest trends

25. Person of Arabia

26. Industrial process to produce ammonia

28. Expressed pleasure

29. The plural of crus

32. Old Thailand

36. Ribonucleic acid

38. One who assembles books

40. Cosa Nostra member

43. Pouchlike structures

44. Violent action

45. ___ of March

46. Slum area of a city

51. Valuable, useful possession

54. Philemon (Biblical abbr.)

55. Shaped bread

56. Fruits of the gourd family

57. Copyread

58. Double curve

59. Photographs (slang)

60. Side sheltered from the wind

64. Atomic #86

metro crossword brought to you compliments of

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Christmas hamper applications

Applications for the Friendly Neighbours Christmas Hamper Program are available at Foodland, Coldbrook; Save Easy and Foodland, Berwick; Sobey's, Greenwood; Needs, Aylesford; Pharmasave, Kingston; Bert's, Auburn. All applications must be completed and returned to the store where picked up not later than December 6. Applications will not be accepted after that date.

Support group

November 18, 7 p.m., the Canadian Cancer Society's Kingston/Greenwood Living With Cancer Support Group will hold its regular monthly meeting in the St. Mark's Protestant Chapel Annex, Church Street, Greenwood. Doug Beaman will speak on "My Journey With Cancer." Cancer patients, family and friends or anyone seeking information on cancer are encouraged to attend. For information : Lloyd Graham (765-6133) or Lynda Pierce (765-3055).

Card party

November 18, "Funds for Fuel" bridge parties, 1 p.m., at Macdonald Museum, 21 School Street, Middleton. Cost is \$4 per person. All welcome. Phone 825-6116 for information.

Toastmasters event

November 19, Annapolis Valley Toastmasters presents a session showcasing Toastmasters in action. Residents, business people, teachers and students will see how much fun public speaking can be, learn about prepared and impromptu speaking and meeting roles. The demo should be of

special interest to those looking to advance their careers, their business and their goals and to overcome their fear of speaking in public. Come with a friend. To be held at the Kingston village office boardroom, 6:15 p.m. to 8 p.m.

Supper

November 19, 4:30 p.m. to 6:30 p.m., the Aylesford Lions host a turkey supper in support of the West Kings Teens Against Drunk Driving/ Safe Grad committees. Freewill offering, all welcome.

Christmas tea and sale

November 19, the Nictaux Baptist Church annual Christmas dessert, tea and sale ill be held from 7 p.m. to 9 p.m. at the Nictaux fire hall, Highway 10, Nictaux. Cost of the tea and dessert is \$3.

Greenwood Players

November 19 to 23, get the holiday season off to a great start with "Fruitcakes," a play by the Greenwood Players on stage in the AVM Morfee Centre, School Road, Greenwood. Curtain goes up at 7:30 p.m. Tickets are \$8, available at Middleton and Kingston Pharmasaves, call 765-0327 or email gwoodplayers@gmail.com.

Meeting

November 20, the Wilmot Garden Club will meet, 7 p.m., at the Melvern Square Community Hall. For further information, follow the links on www.wilmotgardenclub.net. See you there.

Volunteer training

November 20, 1 p.m. to 4 p.m., Greenwood Military Family Resource Centre; volunteer screening and an intro to the "volunteer passport." Learn about Criminal

Record Checks, the Child Abuse Registry and reference checking. This is a free learning opportunity for volunteers and those working with volunteers, presented by the Valley Volunteer Coalition, (902)678-1398 or info@kingsvolunteerresourcecentre.ca. Registration required.

Writers' group

November 20, join Authors Ink, a creative writing group, 10 a.m., at Macdonald Museum, Middleton. Admission \$3 per person. All levels welcome. Please phone 825-6116 for details.

Autism event

November 21, a sleep strategies info session will be hosted, 6:30 p.m. to 8:30 p.m., at Kingston Elementary School. Presented by Kelly Tidman from Annapolis Valley Health. Open to individuals with an Autism Spectrum Disorder diagnosis and their families, but also to interested professionals. Free of charge, pre-registration is required. Contact 375-3031 or avautism@gmail.com.

Bake sale

November 21, 10 a.m.: Soldiers' Memorial Health Auxiliary will hold a bake sale at the hospital, Middleton. Please come out and support the efforts of the auxiliary.

Sale

November 21 and 22, the Carousel Gift Shop at Soldiers' Memorial Hospital, Middleton, holds its annual two-day Christmas sale event. Fifteen per cent off regular priced gift items PLUS no tax. Hours: November 21, 10 a.m. to 4 p.m. and 6:30 p.m. to

7:30 p.m.; and Friday, November 22, 10 a.m. to 4 p.m.

Coffee party and raffle

November 22, the Kingston and District Health Auxiliary will be holding a coffee party and silent auction, 9:30 a.m. to 11 a.m., at the Kingston fire hall. Proceeds to the VON. Please come out and help support this great cause.

Talent auction

November 22, Kingston United Church, 733 Main Street, hosts a fun-filled, surprising talent auction. Talents come in many guises: home baking, lobster, a gourmet meal for six; a Victorian afternoon of bridge & high tea, reflexology, car detailing, foot care, a photo inventory of your household for insurance purposes, Christmas decorating, musical entertainment and more. The date the talent is to be done will be set by you and the one who offers it. Light refreshments available for a small fee. Viewing at 6 p.m., bidding at 7 p.m. Sponsored by the Kingston United Church Pastoral Charge. For more info, call Loretta, 765-6821.

Craft sale

November 22 & 23: 27th Christmas craft sale, 5 to 9 p.m., November 22; 10 a.m. to 4 p.m., November 23 at the Annapolis Valley Macdonald Museum, 21 School Street, Middleton. Admission for this museum fundraiser is \$2 per person. Children 12 years and under free. Canteen, free parking and washrooms available. 825-6116 for information.

Concert

November 23, 7 p.m. at West Kings high school, Chris Palmer will launch his first solo CD, "Both Sides." With guests Ryan Roberts, Gina Potvin and others.

Crafts and flea market

November 23, 9 a.m. to 3 p.m., Berwick town hall gym. Sponsored by St. Eudora Rebekah Lodge #43 Berwick. For tables, contact Julia at 538-7762. Tables \$10 (extras \$8 each). Ticket auction and bake table. Admission \$1.

Supper & show

November 23, 5 p.m. to 6:30 p.m., the Annapolis Valley Church of the Nazarene hosts a ham, baked bean and scalloped potato supper followed by a country gospel variety show at 7 p.m. (featuring Country Harmony, Paul and Joan Marshall and others); all at the hall in Tremont (738 Tremont Road). Supper and show: freewill offering.

the Aurora

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Noon, November 21, 2013

Full name

Phone number

Complete the following questions from ads in this week's issue and win a large 2-topping pizza from **Pizza Delight, Greenwood**. Coupon valid for 30 days.

1. Who does all aspects of carpentry?

2. Whose phone number is 825-1794?

3. Who has Crocs for sale?

4. Who offers massage therapy gift certificates?

5. What is the phone number for a U-Haul dealer?

Limited to one win per family in a TWO MONTH PERIOD.

The winner will be drawn randomly from all correct entries. Only one entry per family per week.



Pizza Delight, Greenwood

765-4477

Congratulations to last week's winner: KAY GALWAY

Concert
November 23, the Phoenix Community Choir will perform at Holy Trinity Anglican Church, 45 Main Street, Middleton, at 3 p.m. The choir is made up of at risk and homeless youth in Halifax, ages 12 to 24. Freewill offering, with all proceeds to the Phoenix Choir and Twelve Baskets Food Bank. All welcome.

Citrus orders
November 23, 9 a.m. to noon, the Middleton Skating Club's orange and grapefruit orders will be ready for pick up at 247 Commercial Street, Middleton (cash or cheque please).

Christmas telethon
November 24, the Friendly Neighbours Christmas Mommies and Daddies Telethon and Auction will air on Eastlink tv Channel 13, from the Aylesford fire hall, noon to 8 pm. Sponsored by Eastlink tv, the Lions Clubs of Kingston, Aylesford, Berwick and Coldbrook and the Aylesford fire hall; all

proceeds help provide a happy Christmas for needy families in the Coldbrook to Kingston areas. To make a pledge or bid on an auction item, call local 341-3200 or, toll free, 855-341-3013. Honour your pledges at the Royal Bank in Coldbrook and Berwick, CIBC Kingston and Greenwood, Bank of Nova Scotia in Middleton and Greenwood, the Credit Union in Greenwood and Cambridge and Chisholm's Pharmachoice in Aylesford.

Service
November 24, Reverend Sarah Scott will be the visiting pastor at Kingston United Baptist Church's morning service, 11 a.m.

French art class
November 24, the Canadian Parents for French (CPF) Valley chapter, will be offering a French art class for students in grades primary to 7 at the Windermere Community Hall, 1 p.m. to 2:30 p.m. Come join teacher and artist Marie Josee Rosconi to discover

the artist in you. Space is limited, so please email cameroncrew@ns.sympatico.ca, or call 538-1441 to register. Cost is free for CPF members, \$3 per child for non-members.

Luncheon
November 26, the Middleton & Area Fireflies will be hosting a soup luncheon at the Middleton fire hall, 11 a.m. to 1 p.m. Delicious homemade corn chowder, split pea and ham soup and hamburger soup, as well as the popular Acadian rappie pie, with apple or rhubarb crisp for dessert. \$7. Deliveries in town may be arranged by calling Bonnie, 825-3062, by November 25.

Meeting
November 26, the Annapolis Valley Historical Society meets, 7:30 p.m., at the Macdonald Museum, 21 School Street, Middleton. Special Christmas program: Authors Ink writers will read Christmas stories. All welcome. No charge. Call 825-6116 for information.

Kingston Cub Scouts remember

Sylvain Rousseau

During Veterans' Week, 1st Kingston Cubs were provided with several opportunities to further their understanding of Remembrance Day. November 9, a couple of veterans took the time to give a tour of the Greenwood Military Aviation Museum and teach the Cubs about aviation in Greenwood, World War II, the Cold War, search and rescue and flight training.

For about two hours, the group of eight- to 10-year-old kids asked questions and showed great interest in the veterans and the museum. The tour concluded with an opportunity for the Cubs to climb aboard the Avro Anson 7135 MkII. This aircraft is one of 340 such aircraft manufactured in Amherst by the Canadian Car and Foundry Company as part of Canada's



Submitted

contribution to the British Commonwealth Air Training Plan.

First Kingston Scouts also participated in the parade and Remembrance Day ceremonies in Kingston November 11. With the Cub motto of "Do Your Best" front and centre, 1st Kingston's Cub Scouts are encouraged to take part in such important ceremonies and learn about their Canadian heritage.

1st Kingston Scouting was established in 1923. Today it includes groups from Beavers through to Venturers.

sudoku

solution page 16

	8	9	5	6				2
1	7					6		8
6			4					
5				9	2		7	6
7		3		1		9		
	9	8	7		6		3	
4	1				8			3
				4	3	2		
8		7	6	2				4

Level: Beginner

Fun By The Numbers
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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patrick's puzzle

solution page 16

SHOPPING WORD SEARCH

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E S I D N A H C R E M E H R A C Y S E L
E G U B C P F D D I B A S O L I W U T B
N F N T K T E Y T N K L A W E E H P U M
R A O I O S K R S R S S C S S B R R R D
E B W T P L O O C W E P W I M E A E N S
C U O I N P G Y P E K F R N M M U T L T
R I A R S U A N M E N N U G B A L A S C
T L F C G H O R I O S T R N N F A I N M
I D W S R N L C W K N R A C D F Y L O A
F I U E L E I I S W R E R G F O A E S L
O N D B B E D P S I F A Y H E R W R I L
R G R W E S V I P T D A P K U D A T R B
P Y E N S A I A T O I I F C H A Y L A V
B K T F A F C T R C H E H I U B K A P E
V B S A H A L K E T A S H D N L B H M R
I O I S C G R R E G R P R D I C E K K O O
P O G G R F F G S P E N D I N G W V C T
I W E N U O B U D G E T P R E S E N T S
O I R W P K S S T F I G H C V B E Y O Y

WORDS

AFFORDABLE	DISCOUNT	PRESENT	SHOPPING
BROWSING	GIFTS	PROFIT	SPENDING
BUDGET	LAYAWAY	PURCHASE	STORE
BUILDING	MALL	REFUND	TRAVEL
CASH	MERCHANDISE	REGISTER	WALLET
COMPARISON	MONEY	RETAILER	WEBSITE
CREDIT CARD	PARKING LOT	RETURN	WISHLIST
DEALS	PERCENTAGE	SALES	WRAPPING

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Communications

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horoscopes

Nov 17 - Nov 23

ARIES - Mar 21/Apr 20
Aries, you have a lot on your mind, but only one concern demands your undivided attention. Find a quiet space to think things through and trust your gut feelings.

TAURUS - Apr 21/May 21
Taurus, friendships may weaken if you don't keep up your end of the relationship. Make an effort to get together with your friends and take the initiative with planning.

GEMINI - May 22/Jun 21
Gemini, your approach to a problem is not working. It could be time to take an entirely new approach and see if this produces results. Be patient with this new approach.

CANCER - Jun 22/Jul 22
Don't be surprised if a busy week finds you dog tired come the weekend, Cancer. Use the time off to recharge your batteries on this well-deserved break.

LEO - Jul 23/Aug 23
Few things can hold your interest this week, Leo. Although friends try, they can't seem to keep you focused on any one thing. Expect to jump from task to task this week.

VIRGO - Aug 24/Sept 22
Virgo, an unexpected consequence appears this week and you are caught completely off guard. Don't let others see your surprise. You must simply roll with the punches.

LIBRA - Sept 23/Oct 23
Libra, a spark of ingenuity hits you out of the blue and you know just how to put that inspiration to good use. Set your plan in motion as soon as you are able.

SCORPIO - Oct 24/Nov 22
Scorpio, after a few hectic weeks at home and at the office, now is the ideal time for a vacation. Cast all responsibilities aside and enjoy some rest and relaxation.

SAGITTARIUS - Nov 23/Dec 21
Sagittarius, you may prefer to keep certain things to yourself no matter how strongly others insist you share. Don't succumb to pressure to share those things you prefer remain private.

CAPRICORN - Dec 22/Jan 20
Several new opportunities are coming your way, Capricorn. You just need to sort through all of them and figure out just what you want to do in the next few weeks.

AQUARIUS - Jan 21/Feb 18
The new season has you feeling refreshed and ready for new beginnings, Aquarius. Make the most of this new lease on life and encourage others to join you.

PISCES - Feb 19/Mar 20
Pisces, maintain your focus around the office, as you will have to juggle multiple tasks in the week ahead.

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Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 765-1494 local 5440, visit the office, 83A School Road, Morfee Annex, Greenwood; email frontdesk@auroranewspaper.com or fax 765-1717.

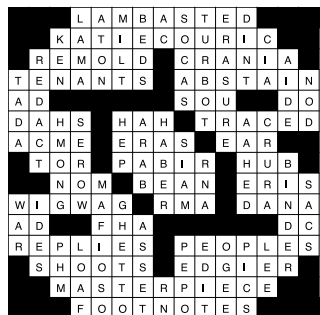
To place a boxed, display ad, contact 765-1494 local 5833; email marketing@auroranewspaper.com.

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Les annoncées classées doivent être réservées et payées à l'avance avant 10 h, le jeudi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au (902) 765-1494 poste 5440, visiter notre bureau au 83A, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à frontdesk@auroranewspaper.com ou nous transmettre un fax au (902) 765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au (902) 765-1494 poste 5833, ou un courriel à marketing@auroranewspaper.com.

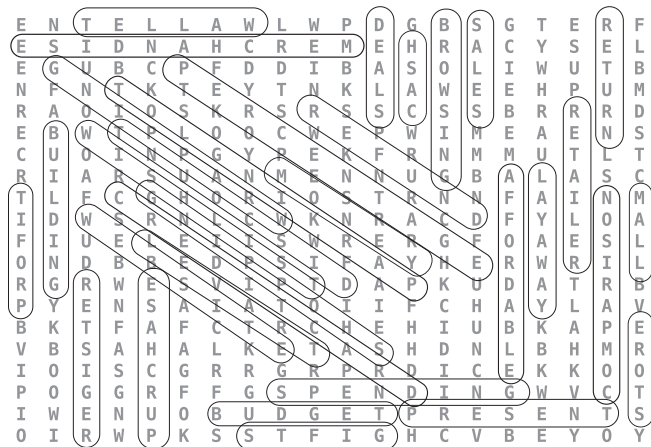
crossword solution



sudoku solution

3	8	9	5	6	1	7	4	2
1	7	4	2	3	9	6	5	8
6	2	5	4	8	7	3	1	9
5	4	1	3	9	2	8	7	6
7	6	3	8	1	4	9	2	5
2	9	8	7	5	6	4	3	1
4	1	2	9	7	8	5	6	3
9	5	6	1	4	3	2	8	7
8	3	7	6	2	5	1	9	4

patrick's puzzle



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FOR RENT - Very clean, modern three bedroom apartment, quiet S/D in Nictaux. Fridge, stove and Dishwasher. Washer Dryer hook-up. \$850/month, heat/lights incl. No dogs. References required. Call Ross 840-0534 (3434-ufn)

FOR RENT - Newly Renovated three bedroom apartment in Wilmot, Fridge Stove incl. \$650.00 plus utilities. References required. Call Ross 840-0534 (3434-ufn)

FOR RENT - Worry free retirement living at its best, Chipman Avenue, Bridgetown. Two Bedroom Apartment, 1200+ Sq. ft. of living space including LR, DR, KIT and six appliances. Hardwood flooring throughout, R2000+ construction, electric heat. Garage, paved driveway, snow removal, lawn care and extra parking included. Very quiet area, 10 minute walk to all amenities. \$900.00 per month, plus utilities. For more information please contact 902-847-1365. (3440-ufn)

FOR RENT - One bedroom apartment with in-law suit. Available now for single quiet person. Apartment is furnished and equipped with in floor heat and located in rural Kingston on the vault road. Rent is \$700.00 per month, includes all utilities (wifi, tv and cable). Call Joe at 765-1898. (3443-ufn)

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- Consultations / Referrals

FOR RENT - Two bedroom spacious ground floor apartment in Auburn. Fridge/stove, washer dryer hook-up. Lawn care and snow removal provided. \$500.00 per month plus utilities. Available now. Call Sue 844-0432. (3443-ufn)

FOR RENT - Worry free retirement living in Middleton. Two bedroom with garage, paved driveway, snow removal and lawn care. Three appliances, heated washroom floor, whirlpool tub, sit down shower, lots of closet space. Close to Avery's, very quiet. \$995.00 plus utilities. Call Darlene now for viewing. 825-3424 or 840-1780. (3443-3tpb)

FOR RENT - Two bedroom located on Taylor Drive in Middleton. Fridge, stove, close to schools and shopping. \$550.00 plus utilities. Call Darlene now for viewing. 825-3424 or 840-1780. (3443-3tpb)

FOR RENT - Two bedroom apartment located in Greenwood. Fridge and stove included, washer/dryer hook-ups. References and damage deposit required. \$550.00 plus utilities. Phone 847-0111. (3443-3tp)

FOR RENT - Two bedroom apartment, adult building. 1486 Magee Drive, Kingston. In floor heat, ground level \$690.00 a month plus utilities. Available now. Phone 309-0573. (3444-4tpb)

FOR RENT - One Bedroom apartment, smoke/pet free, cleaned/painted, electric heat. Large kitchen with view. 15 minutes from 14 wing. Close to West Kings School, Auburn. \$450.00 per month utilities extra. Stove, fridge and small washer. Application, lease, references required. Phone 847-9775. (3444-1tp)

DUPLEXES

FOR RENT - Two bedroom Duplex apartment in Aylesford, Fridge Stove incl. \$595.00 plus utilities. References required. Call Ross 840-0534. (3434-ufn)
FOR RENT - Large two bedroom apartment in duplex located in North Kingston. Fridge, and stove included, washer/dryer hook-ups. No pets, no

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smoking. \$625.00 per month nothing included. Phone 242-2465. (3444-ufn)

FOR RENT - Newly constructed two bedroom duplex located at 2245/2247 Glebe Road, Greenwood. 1150 sq. ft with attached garage. In floor heat, fridge, stove, dishwasher, washer & dryer included. Front and rear private decks on large lot close to back gate for C.F.B Greenwood. Lawn care and snow removal provided. \$950.00 per month. Available Nov 1st, 2013. Call 844-1921 or 242-2230 after 6 P.M. (3440-4tpb)

FOR RENT - Semi-detached home for adult living in Aylesford. Rent is \$775.00 plus utilities. Two Bedroom 1 1/2 bath with garage and shed. Large master bedroom with ensuite and spare bedroom. Main bathroom and laundry room. Ample parking and closet space. All on one level with heat pump for low cost heating and air conditioning. New flooring, countertops, fixtures, and freshly painted etc. Rent includes fridge, stove, dishwasher, washer and dryer. References and damage deposit required. Available December 1, 2013. Please contact 844-0909. (3443-2tpb)

FOR RENT - Newly renovated unit in duplex located at 1134 William Street, Greenwood. All appliances and services included. Wood & ceramic floor, fresh paint with large rear private deck minutes from Sobeys, golf courses, gym and CFB Greenwood. Perfect for IR or seniors wanting the comfort of home in the Annapolis Valley with no worries. 900.00\$ + utilities or IR package. Call Mario at 309-0347. (3444-2tpb)

MOBILE HOMES

FOR RENT - Two bedroom mobile home located in Kingston. Heat, lights, fridge and stove included. No dogs allowed. \$750.00 per month. Phone 847-5046. (3442-ufn)

HOUSES

FOR RENT - Up to five bedrooms spacious house located on a large private lot in Kingston. Main floor one storey with finished basement, Double car garage, large eat-in kitchen including fridge, stove, dishwasher and microwave. Spacious and bright living room, master

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bedroom complete with ensuite & double closets. Laundry room with washer/dryer hook ups. Snow removal and lawn care provided. Only 5 minutes from CFB Greenwood. Pet friendly, no smoking permitted. Available immediately! \$950.00 per month plus utilities. Please contact Sue 844-0432. (3442-ufn)

FOR RENT - Three Bedroom House 1.5 years old located on one way Street behind Kingston Legion. Downstairs is unfinished, lots of storage with walk out and large backyard. Fridge and stove included, washer & dryer hook-ups in the basement. Electric heat. Enclosed back deck with privacy. Close to schools and transit routes. Month to month lease, references and damage deposit required. \$950.00 per month plus utilities. Phone 680-2284 for more information. Pictures upon request. Available December 1st. (3444-ufnb)

LAND

LAND FOR SALE - 3.5 acres of land at Waterloo Lake not on the lake. Treed, close to railway line 13,000 serious inquiries only please. Call 825-3607. (3435-ufnb)

SERVICES

SERVICE - Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates - flexible hours. Call Mike at 242-2465 or 840-0529. Greenwood/Kingston (3438-4ufn)

IN THE COMMUNITY

CHURCH SERVICE - "The Peoples 25:40 Church" There will be a church service held every Sunday at the New Beginnings Centre 1151 Bridge Street Greenwood provided by Pastor Leon Langille. Pre Service music at 2:50 pm. Service 3:00 pm. Doors will open at 2:30 pm. All are welcome. (3438-4ufn)

GREENWOOD PLAYERS - Presents FRUIT-CAKES by Julian Wiles. A heart-warming and humorous tale about small town life and forgiveness during Christmas. Opening Tuesday, November 19 until Saturday November 23 at the AVM Morfee Centre gym. Curtains up at 7 pm each night. \$8.00 a seat. Tickets at the Middleton and Kingston Pharmasaves or at the door. (3444-1tp)

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TAKE YOUR KID TO WORK DAY
14 Wing Greenwood





Kids work out

Base shows off every day duties to Grade 9 visitors

Sergeant Clyde Wagner

November 6, over 40 local Grade 9 students accompanied their parents or hosts to their place of work during this year's "Take Our Kids to Work Day." This national event is The Learning Partnership's signature program, and provides Grade 9 students with the opportunity to experience and learn about the world of work as they begin to explore possible career paths. The program is now in its 19th year. Students visiting 14 Wing Greenwood started the morning off accompanying their parents on a tour of the domestic side of the wing, which included the fire hall, Construction Engineering, Transport and Maintenance, Replenishment (Supply), Military Police and Dental, where they were exposed to the daily work environment and acquired knowledge and gained appreciation for the hard work put forth by their parents.

After visiting individual workplaces, students, along with their parents, gathered for tours of static displays hosted by 404, 405 and 413 squadrons. 404 and 405 squadrons provided a display of a CP140 Aurora aircraft students could board and then speak with the crew about their specific responsibilities. 413 Squadron supplied both a tour of the CC130 Hercules and CH149 Cormorant helicopter, as well as a presentation on search and rescue. These displays allowed students to see first-hand the variety of career possibilities offered by the Canadian Armed Forces and the public service. Many thanks to the parents and hosts who participated in this event, making it such a success; as well as to the members of Wing Logistics & Engineering and 404, 405 and 413 squadrons, who provided the impressive displays.



Les services du RARM... un choix judicieux

Campagne de novembre : partage des connaissances financières

**Sara Keddy,
Rédactrice en chef**

D'après le personnel des Services financiers du RARM de la 14e Escadre Greenwood « tout le monde est enthousiaste à l'idée de parler de littératie en matière financière », et l'équipe croit être en mesure de maintenir le niveau d'intérêt pendant tout le mois de novembre, qui est le Mois national de la littératie financière.

Les points de services du RARM de partout au Canada se sont joints à la campagne annuelle de l'Agence de la consommation en matière financière du Canada.

« Il y a beaucoup d'excellentes sources d'informations disponibles pour améliorer le niveau de littératie financière de tous les membres des Forces armées canadiennes et de leur famille », a annoncé Marc Britney.

Durant la Semaine de la planification financière, qui aura lieu du 17 au 23 novembre, M. Britney et son personnel local entendent faire connaître à un public élargi tout ce qu'ils ont

à offrir.

« Il s'agit ici d'une communauté militaire. Le contexte est unique et les gens ont des préoccupations différentes. On parle d'affectations, de ventes de maison et d'hypothèques, de changements aux coûts des services de garde, de l'emploi des conjoints, du solde de déploiement, des cotes de sécurité, des impôts, de la pension, de l'emploi dans la Réserve, etc. », a poursuivi M. Britney. « En apprendre davantage sur les services de planification financière, c'est faire preuve d'intelligence ».

Les services du RARM sont offerts par une équipe de militaires du rang et de personnel doté d'une formation professionnelle qui peuvent aider les clients à planifier leur avenir financier, prendre des décisions en matière d'assurances et gérer les difficultés.

« Nous voulons nous assurer que tout le monde est sur la bonne voie, et aider ceux qui sont aux prises avec des problèmes financiers de plus en plus préoccupants. La

campagne vise à transmettre de l'information ».

L'adjudant-chef de l'Escadre, Pierrot Jetté, a parlé de la valeur des programmes du RARM par l'intermédiaire de son réseau de commandants de l'Escadre.

« Le programme du RARM a comme objectif d'appuyer les hommes et les femmes, et plus particulièrement lorsqu'ils vivent des difficultés. Les superviseurs doivent prendre connaissance du programme pour pouvoir y diriger leur personnel, au besoin », a affirmé M. Jetté.

« Il ne s'agit pas uniquement de programmes d'intervention en situation de crise. Le personnel militaire est confronté à toutes sortes de situations qui rendent leur vie plus difficile et les services du RARM peuvent les conseiller et les aider. »

Surveillez les kiosques d'information des services du RARM qui seront installés à la 14e Escadre durant le mois de novembre et attendez-vous à voir du personnel de ce service lors des prochaines journées d'instruction ou réunions de l'escadron.



L'équipe des services financiers du RARM de Greenwood (de gauche à droite) : Kelly Aucoin, Sandy Nelson et Marc Britney. Tout au long du mois de novembre, le Mois de la littératie financière, les membres de l'équipe accueilleront des clients et des nouveaux arrivants qui veulent en apprendre davantage sur les services de planification financière que les services du RARM peuvent leur offrir. Deux visiteurs auront la chance de remporter un iPad ou un iPod Nano.

Greenwood's SISIP Financial Services team: from left, Kelly Aucoin, Sandy Nelson and Marc Britney. Through November, Financial Literacy Month, they welcome clients and newcomers to find out more about the financial planning services SISIP offers. Two visitors will win either an iPad or iPod Nano.

S.Keddy

SISIP services a 'smart' move

November campaign all about sharing financial know-how

**Sara Keddy,
Managing editor**

14 Wing Greenwood SISIP financial services staff are confident "everybody gets excited talking about financial literacy," and they're sure they can spread that excitement through November, national Financial Literacy Month.

SISIP Financial Services outlets across Canada are partnering with the Consumer Agency of Canada's annual campaign.

"There's lots of good information available to improve the financial literacy levels of all Canadian Armed Forces members, and their families," says Marc Britney.

He and his local staff are targeting November 17 to 23, Financial Planning Week, to share what they offer with a

wider audience.

"It's a military community, and there are a lot of different, unique things for people to think about: postings and selling a home and mortgages, childcare cost changes, spousal employment, deployment pay, security clearances, taxes, pensions, Reserve employment..." Britney says. "Finding out about financial planning services is about being smart."

SISIP depends upon a team of non-commissioned, professionally-trained staff to help clients plan their financial futures, make insurance decisions and cope with challenges.

"We want to make sure people are on the right track, or are there financial issues becoming more and more worrisome? This campaign is to

get that information out there."

Wing Chief Warrant Officer Pierrot Jetté has extended his thoughts on the value of SISIP programs through his network of wing leaders.

"The program SISIP gives is about supporting our men and women, especially when they experience some difficult times, and it's important for supervisors to have knowledge of SISIP when their people need help," Jetté says.

"And, it's not just crisis programs. Our folks in the military world have all kinds of elements making their lives difficult, and SISIP is about advice and support."

Watch for SISIP information displays around 14 Wing through November, and expect to see its staff at upcoming squadron training days and meetings.

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