

Kim Connell BBA
Wealth Advisor
(902) 825-6309
Strategic Wealth Management
kim_connell@scotiacleod.com
90 Commercial St., Middleton, N.S. B0S 1P0

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the **Aurora**

14 WING • ESCADRE 14 GREENWOOD, NS

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Holding on to his hair

Sara Keddy,
Managing editor

Mike Adamson is about the only commanding officer standing at 14 Wing Greenwood with a full head of hair.

As the “head honchos” fell under the razor blade September 14 in the biennial Terry Fox Head Shave, Adamson, a lieutenant-colonel, was overseas with one of his 405 Squadron crews. He knew the razor awaited his return, and the “big day” would be September 18.

That day took a heart-warming turn.

“There were three of us set to be shaved – the chief warrant officer of 413 Squadron, me and my chief warrant officer,” Adamson says. The men were ranked at the \$7,000 base-wide fundraising goal, which topped out at \$14,000 for other well-known individuals and leaders: “There was no doubt we were going to do it.”

Adamson says he was looking forward to the head shave, as Terry Fox events are something he always likes to participate in.

“Our daughter, Corynne, has Down’s Syndrome and, in 2004, when she was seven, she was diagnosed with cancer – leukemia,” Adamson says.

“Her hair fell out, and we ended up shaving it off. She relapsed when she was 11 and her hair all fell out again, and it didn’t grow back for two years. I was prepared to shave my head then as a show of solidarity.”

Corynne is cancer-free now, a 16-year-old student at West Kings, but there are other health issues on her plate, including a kidney transplant after the intense chemotherapy she’s had over the years.

“We’re survivors; she’s a survivor.”

Continued on page 2...



Battle honoured

Members of the Royal Canadian Air Force Association, Royal Canadian Air Force, Royal Canadian Air Cadets, Royal Canadian Legion and local service organizations marked the Battle of Britain September 16 at the RCAFA 107 branch in Greenwood. The parade commemorates the members of the Air Force who fought and died during the battle, and honours the men and women who continue to serve.

Corporal J. Therrien, 14 AMS Wing Imaging

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Lieutenant-Colonel Mike Adamson will be easy to pick out of the command team crowd at 14 Wing Greenwood in the next few weeks, as the only one with a full head of hair as his peers raised money to see him NOT have his head shaved in the Terry Fox challenge.

Sergeant C. Hosford, 405 Squadron

Holding on...

...cover

Still, Corynne wasn't keen on her dad's imminent head shaving.

"She was concerned it would mean I was sick," Adamson says, but he was prepared to do it and talk about the importance of Terry Fox and his legacy for cancer care and research.

"I was in the chair, the cover was over me, and Lieutenant-Colonel Heber Gillam (the wing administration officer) interrupted and informed me the commanding officers' team had discussed things amongst

themselves, agreed my family had done so much and coughed up another \$2,000 between them to give me a bye."

Adamson was beyond touched.

"I've known these guys for years, and they all know what we've gone through. If you've been through this, you never get past it. You never forget it."

He called his wife after the morning's events, and then talked to Corynne.

"She's very happy – she was not a fan of it from the get go."

Kids' cancer captures grandmother's personal attention



Camryn Hunter's first day of school this month.

Sara Keddy,
Managing editor

Ruth Hunter feels there is not "a whole lot I can do" as her four-year-old granddaughter undergoes recurring cancer treatments, but she's doing what she can to raise awareness of childhood cancer.

"I'm far away from the family – they live in Trenton," Hunter says. "They have lots of support, people following Camryn's health – so many people, from all over the world, keep in touch and it's a lot of help."

The family has blogs, a webpage and facebook pages

set up to let their friends know how Camryn is doing, and they've also been a big help promoting various fundraisers the family has depended on to cover costs associated with time off work, travel and time away from home.

Hunter is a cleaner at 14 Wing Greenwood, and her son, Ray, and his wife, Michelle, have had their hands full in the last couple of years. Their daughter, Camryn, was just about to turn three when she was diagnosed with leukemia.

"She did really well through that first round of treatment," Hunter says, which was done in Kingston, Ontario. Hunter

and her husband, who live in Auburn, went up to stay with the young family, who also have a son, for six weeks through that period.

Camryn went into remission, and the family was excited to take a Disney cruise, thanks to a children's charity.

A second round of treatment – "they treated it a little more aggressively," Hunter says – happened within the year. "She took that pretty good," and then underwent a bone marrow transplant, thanks to her dad, in June in Toronto.

"She's doing really well, but it's been a long old haul," Hunter says: after just four

days of pre-school earlier this month, Camryn was back in hospital with a fever. Her health in these early days after the transplant is tender.

Hunter has always been a Relay for Life supporter and participant, and she's aware of other cancers that seem to have attention and widespread public support. When she heard September is Childhood Cancer Month, she wanted to spread the word.

"There is not enough awareness out there about childhood cancer, and I kind of wanted to do something. They've come a long way over the years in treatments, but there's always hope for more."



Managing Editor | Directeur de rédaction
Stephen R. Boates • 902-765-1494 ext./poste 5441

Interim Managing Editor | Directrice de rédaction par intérim
Sara Keddy • 902-765-1494 ext./poste 5441
editor@auroranewspaper.com

Business & Advertising | Affaires commerciales et publicité
Anne Kempton • 902-765-1494 ext./poste 5833
marketing@auroranewspaper.com

Production Coordinator | Coordonnateur de production
Brian Graves • 902-765-1494 ext./poste 5699
production@auroranewspaper.com

Administrative Clerk | Commis à l'administration
John Steeves • 902-765-1494 ext./poste 5440
frontdesk@auroranewspaper.com

Editorial Advisor | Conseiller à la rédaction
Captain John Pulchny • 902-765-1494 ext./poste 5101
john.pulchny@forces.gc.ca

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Site Web de l'Aviation royale canadienne
www.airforce.forces.gc.ca

Community Gateway Site

Site du portail communautaire des Forces canadiennes
www.cfcommunitygateway.com

14 Wing Greenwood Site

Site de la 14^e Escadre Greenwood
www.airforce.forces.gc.ca/14w-14e

Personnel Family Support Services

Services de soutien au personnel et aux familles des Forces canadiennes
www.cfpsa.com

National Defence and the Canadian Forces

Défense nationale et Forces canadiennes
www.forces.gc.ca

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www.combatcamera.forces.gc.ca

Recruiting | Recrutement

www.forces.ca

Military Family Resource Centre

Centre des ressources pour les familles des militaires
www.familyforce.ca

VPI | VPI

www.vpiinternational.ca

People power secret to 14 Wing's success

Base commander outlines action on local, national priorities

Sara Keddy,
Managing editor

As 14 Wing Greenwood Commander Colonel Jim Irvine reviewed his strategic plans and goals for the base in the months ahead, it was clear his people – the men and women of the Canadian Forces and defence team supporters – were with him.

"Sir, I like work so much, I'd really like to drive 70 kilometres an hour to get there," Warrant Officer Dave Pawulski of 405 Squadron asked in the open session which followed Irvine's September 13 town hall.

Pawulski drew a laugh from the several hundred people in the Annapolis Mess crowd, as personnel who travel to the operations side of the base, through Checkpoint Charlie, have seen speed limits drop to 50 kilometres an hour – and even 35 kilometres an hour – over the past year through construction.

"Ah, speed limits on base..." Irvine said. "It is a source of some irritation for me, too."

Irvine responded base branches involved in safety and construction have recently given him a report on the issue – not just on the operations side, but along various other base routes, and it will be "looked at."

Before this is settled, though, Irvine has some bigger targets to move the entire base and all of its people toward, through a series of base, Air Division, Royal Canadian Air Force and Canadian Forces priorities.

"We all have our jobs," Irvine said, "but sometimes, down at the coal face, you wonder.... I want you all to understand, no matter how



14 Wing Commander Colonel Jim Irvine, left, and Chief Warrant Officer Pierre Jette: Greenwood's people are its strength in challenges of today – and tomorrow.

S. Keddy

tenuous you think your work is to operations, it's all about the mission.

"The aims of this wing are all about what we do for Canadians, and this base gets stuff done in an extremely professional way – because of you."

Irvine stressed over the next hour all of his, the commander of 1 Canadian Air Division and the commander of the Royal Canadian Air Force's priorities are "always on operations." The challenge is meeting those priorities through modernization, new fleets and capabilities; continuing to train people – and "caring for people."

Of the 10 priorities set by 1 Canadian Air Division, six are on Greenwood's radar, including an increase in air and ground crew production, meeting search and rescue demands, covering the Arctic and being on tap for expeditionary capability.

Irvine extrapolates Greenwood's ability to meet those priorities with a "pretty simple"

list of his own, "but complex in execution." There are commitments to NORAD, long range patrol, search and rescue and a mission support flight. The Block 3 Aurora work is top-of-the-list. Group and individual training for "force generation" that is deployable – faster, more efficiently and more effectively – is a challenge with the day-to-day pace. And, implementing DRIMIS, a new, national record-keeping system; is crucial: without a converted inventory, "widgets" may not make it to the hangar floor when they are needed.

"All the work you're doing is in line with the plan – my boss' plan and his boss' plan," Irvine said.

Search and rescue, sovereignty, software support – "we've got to be ready for

Operation Next."

Unfilled positions, money and time for training, civilian workforce reductions and seeing people "tapped" for duties away from Greenwood's business are "the bane of mine and my chief warrant officer's existence," Irvine said.

Chief Warrant Officer Pierre Jette said dealing with all of that can be difficult at times, and balance is key to success.

"People are our strengths. Our business is 24/7, so the support we provide is also 24/7," Jette said. "To be proficient at what we do, we need a balance: family is important, our personal life has to be in order, we must train hard and commit to career development."

It can not always be about work, Jette said.

Sharp eyes on changing speed limits

Speed limits along several CFB Greenwood roadways will change by mid-October.

"As soon as we can make it happen," says Major Andrea MacRae, Transportation and Electrical and Mechanical Engineering Squadron.

"We have to work with the Military Police, Construction Engineering and make it general knowledge there are changes coming."

Until those happen, motorists are advised to follow existing speed postings.

Among the changes are:

Thunderbird Way – the road to the Greenwood Golf Club is currently 35 kilometres an hour; the speed limit will increase to 50 km/h. TME reminds motorists to continue to be aware of military personnel using the road for basic fitness training and testing: there are no sidewalks, shoulders or painted road markings on this route.

Ad Astra Way – the road through the base from the open side to the operations side will see some changes in speed limits and zones. To the northeast of the new health centre, the speed will continue to be 35 km/h. Further east, past the former checkpoint, the speed will increase to 60 km/h. As motorists approach the new checkpoint, the speed again adjusts to 35 km/h through the gate; then returns to 60 km/h. Much of this route had been posted 70 km/h, but summer work on the road and checkpoint re-location called for a 50 km/h speed.

A flashing yellow warning light will be placed along **Ad Astra Way**, in front of the Cadet quarters.

The speed around the **Hornell Centre** on the operations side will be reduced from 50 km/h to 35 km/h, taking into account congestion and obstructions from hedges, a stone wall and multiple access points to nearby parking lots and connector roads.

"Quality of life is important. We need to relax and have fun."

He encouraged personnel to take advantage of what's going on at the wing and in the community.

"I've been here two months,

and there is so much to do I can't keep up!

Jette said Greenwood was his first choice in recent postings and, although he's been here just two months, he knows it was the right choice for him and his family.

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Correction

In The Aurora Newspaper September 17, a photo caption misidentified participants in the Canadian Forces safe driving competition. Chief Warrant Officer Marc Pelletier should have been identified in the information.

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Greenwood CANEX manager Ken Keddy and Wing Administration Officer Lieutenant-Colonel Heber Gillam kick off the store's 44th birthday party September 12. S.Keddy

CANEX anniversary marks 44 years

Sara Keddy,
 Managing editor

CANEX as a shopping centre for Canada's military members has changed just as much over the years as its customers.

September 12, the Greenwood CANEX celebrated 44 years in business, associated with CFB Greenwood, with anniversary sales and, of course, cake.

"This is a good company to work for, and for what I see it doing," says manager Ken Keddy, who has been at the location for 24 years. "There have been a lot of changes –

"I've changed the store nine times in that period. As the military changes, so do we."

Each CANEX store – whether it's in Canada or supporting Canadian Forces' members in overseas locations – is different, tailored to its local customers' needs. Here in Greenwood, Keddy, says, that means lots of electronics, furniture, computers and large appliances on the floor with the traditional wide range of goods. The store's credit and payment plans are attractive, and overall prices are competitive. There is a Club Xtra loyalty program, and CANEX

partners with many local and national retailers already a part of the Canadian Forces Appreciation Program.

Nine people work in Greenwood's CANEX, where Canadian Forces members at 14 Wing and Camp Aldershot are the bulk of the customers, along with defence team members, retired servicemen and women and a few other specified groups.

CFB Greenwood's Wing Administration Officer Lieutenant-Colonel Heber Gillam says, in some base communities, the local CANEX "is a huge anchor."

"The stores provide internal funds from their sales for the base: all the extras for families, like recreation programs and facilities," he says. Last year, the CANEX contribution was close to \$50,000 in Greenwood.

"The value of a CANEX to a base is important."

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Forever grateful,
 Marjorie McIntyre & family

Uniformed life – work and volunteer – makes a difference

**Sara Keddy,
Managing editor**

"You do what you do," says Gord Colwell.

The 14 Wing Greenwood major with 404 Squadron was on his way into work from Bridgetown September 13, just before 8 a.m., when he was pressed into his other uniformed role as a volunteer firefighter.

"I had just gone through the area (on Highway 101) when I heard on the pager about the accident," Colwell says.

He turned around and was back at the scene of a two-car crash as his peers in the Bridgetown and Lawrencetown fire departments and EHS paramedics were arriving. He was in his military dress, but identified himself as a volunteer firefighter

and offered to help. A woman was trapped in her vehicle and a man was in serious condition in his car.

"The paramedics were struggling to do a few things at once, and the Lawrencetown firefighters were bringing their new jaws of life gear into use in their first emergency situation," he says. "The crash was pretty violent."

Unfortunately, the man died on the way to hospital. Colwell attended the funeral of Steven Bent September 18, dressed in his firefighter's uniform as a lieutenant and sitting with dozens of fellow Valley firefighters to honour Bent, a captain in the Port Lorne Volunteer Fire Department since 1991.

"The Canadian Forces 'family' is very much similar to a fire department group,"

Colwell says. "We all come from different walks of life, we take the training to the same levels, and it's a strain to do it. But, when you're called upon to respond, you do it. You work as a team."

The challenge for a community fire department force, Colwell knows, is how many of that team can make every call?

"We're volunteers," he says, describing the IR (imposed restriction) training period he was in Ottawa, and actually made more calls while at home on leave than some resident members of his department.

"We're not assigned specific duties, and you can use every one – and you need every bit of it. The challenge for all volunteer fire departments is daytime calls."

Colwell has been a fire department volunteer for 17 years, working it into his now

31 years in the Canadian Forces as part of making a new life in communities across the country. For him, joining the fire department – and the community Legion, church, and the Order of Good Cheer; and volunteering with Cadets, among other groups – is an easy decision.

"What better way to get to know a community? I

don't think it's rare for a CF member to be involved like this in a community, but it is very dependant on every individual. There are lots of opportunities here with what you can get involved with – and the rural fire departments are very pleased to have us."



**Canadian Forces Major and
Bridgetown Volunteer Fire Department Lieutenant Gord Colwell**

S.Keddy

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CF work, life for women focus of base event

Sara Keddy,
Managing editor

The boxy dress shirt, the bathroom (!) aboard a Hercules, the phrase, "She's one of the guys" – all of these could be issues the men in the Canadian Forces are missing.

"There has been a change to dress regulations for women," Chief Warrant Officer Hank Etheridge says: women may now substitute diamond studs for solid earrings while on duty.

"That would normally be in and out of my head, but I started thinking about it: we continue to run this organization as if it's all male, and we should be aware – male and female – that we have the same interest in females as we do in males."

Major Heather Ewing doesn't question Etheridge's pause

in thinking about the earring issue, but "we know the rules (about uniform standards) – men don't."

That is just one reason driving an October 1 day for military women to meet for professional development – not for "soft, feeling" stuff, Ewing says, but discussion of what it's like – and what could change – for CF women.

"If I talk about the PD day at TGIF sitting with a table of female members, some would be defensive: 'Why just a day for women?'" Ewing says. "They don't want to be singled out. But, there are issues to discuss."

Ewing has been in the CF for 13 years: she and her husband, also in the forces, have been through five postings and two deployments each in the past eight years as their careers

advance. She is well aware of the uniform standards, the expectations that come with rank and training, and she "respects what women came through" to be treated this way.

"I don't think there are the issues there once were," she says: "Look at what we have." But, she can still come up with things to think about: a civilian hiring form lists being female under employment equity questions, there is just one female chief warrant officer in Greenwood and a handful of master warrant officers, and regular dress and deportment reminders advise members to get their hair cut and be "clean shaven."

Etheridge wants women to have a chance to talk about challenges – from juggling career and family and thinking about when to have a baby to a dress

and deportment guide that is decades old.

"How do women make it to the top?" he asks.

Adding to the day with personal experience will be Canadian Forces chief military engineer Major General Chris Whitecross, with 30 years' experience, now the Chief of Staff for the assistant deputy minister of infrastructure and environment. Ewing will talk about the fast career track she has found herself on. Also involved are Wing Commander Colonel Jim Irvine's executive assistant, Captain Geneviève Dussault, 404 Squadron pilot Captain Mary Cameron Kelly, Master Warrant Officer Darlene Donovan from Wing Construction Engineering and Warrant Officer Roxanne Clowe, the Image Manager at 14 Air Maintenance Squadron. War-



Major Heather Ewing and Chief Warrant Officer Hank Etheridge are putting together a day for Greenwood's female military members to look at their life: from dress and deportment questions to getting to the top of the chain of command.

S.Keddy

rant Officer Cheryl Doyle, chief clerk at 14 Air Reserve Flight will be leading the afternoon discussion. The forum and panel discussion are meant to identify "anything we can change."

"If that's something we can push to the national level, we will," Etheridge says. "We're not saying the military is bad, or there are problems, but we

want to hear some feedback about things maybe we're not aware of."

Details about the session will be circulated through the base's leadership team, and Etheridge and Ewing are both hoping to see maximum participation. The event gets underway at 1 p.m. October 1 at the Birchall Centre Theatre.

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NATIONAL FAMILY WEEK LA SEMAINE NATIONALE DE LA FAMILLE

October 1 – 7, 2012 | 1 au 7 octobre 2012

Annual Duck Pond Family Walk

Promenade annuelle à l'étang aux canards

Sunday, September 30 | dimanche le 30 septembre
1:00 - 3:00 p.m. | 13 h à 15 h | Parc Stronach Park, Kingston

Please bring a costume to swap for another size or style. Costumes for all ages!

S.v.p. apportez un costume à échanger pour une autre grandeur ou un autre style. Costumes pour tous les âges !

Family Costume Swap

Échange de costumes en famille

Tuesday, October 2 | mardi le 2 octobre
9:30 a.m. - 11:00 a.m. | 9 h 30 à 11 h | GMFRC | CRFMG

Please bring a costume to swap for another size or style. Costumes for all ages!

S.v.p. apportez un costume à échanger pour une autre grandeur ou un autre style. Costumes pour tous les âges !

Family Cookie Decorating

Décoration de biscuits en famille

Tuesday, October 2 | mardi le 2 octobre
9:30 a.m. - 11:00 a.m. | 9 h 30 à 11 h | GMFRC | CRFMG

Join us for some yummy family fun! Supplies are limited. Joignez-vous à nous pour un délicieux plaisir en famille ! Les quantités sont limitées.

Family Spaghetti Supper

Souper spaghetti familial

Wednesday, October 3 | mercredi le 3 octobre
5:00 p.m. | 17 h | Annapolis Café (Dining Hall) | Annapolis Café (salle à manger)

Military families are invited to a scrumptious Spaghetti Supper for FREE. The event is limited to the first 250 people to arrive. Les familles des militaires sont invitées GRATUITEMENT à un succulent souper spaghetti. L'événement est limité aux 250 premières personnes à se présenter.

For more information please contact the GMFRC at 765-5611 | Pour plus d'informations, s.v.p. contactez le CRFMG au 765-5611

Minglewood at the Mess



Make yourself at home in Greenwood with one of Nova Scotia's most recognized musical talents, as the Annapolis Mess hosts a fall dinner and dance combo September 29.

Matt Minglewood and his four-member band are a musical hybrid, steeped in the musical roots of blues and country and knee-deep in rock.

Doors to the show open at 7 p.m. Tickets are \$15 each. The first 500 tickets sold come with a Meadowbrook Meat Market catered roast pork meal. There will be lots of door prizes and 50/ 50 tickets, and a DJ will take the stage following Minglewood's set. Last call will be 12:30 a.m. Tickets are now available at the Annapolis Mess.

ANNOUNCEMENT

The opening of the Private Practice of Joe Beninati, msw, rsw



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Kingston rink's season start melts away

Sara Keddy,
Managing editor

The season has come to a grinding – melting – halt for skaters at the Western Kings Arena in Kingston.

"We've got a severe plumbing issue in the ice floor, and we've lost our ice," says rink association president Wayne Fowler.

The rink's ice went in a week ago, and hockey teams and skating programs were well underway. The rink has struggled in recent years with money, volunteer support and major building issues, but efforts over the last year in particular had the

association feeling confident for the future.

"The Zamboni fell through the ice," Fowler said September 21.

"We had an issue we thought we had fixed: we'd cut through the ice and the cement floor to work on the piping, and we thought we'd fixed it – it didn't."

A system of pipes in the rink's cement floor uses glycol to freeze the ice surface. Fowler says that was drained, and ice making is out of the question until up to \$150,000 can be found.

"We could have this fixed – temporarily – in three to five weeks if the money is there."

The association has already put out calls to the Village of Kingston, the Municipality of Kings and the province for emergency support, and it is optimistic help will come. The plan would be to lay new pipes on the cement floor, cover them with sand and build new ice on top of it all – like Windsor and Lawrencetown arenas do. In the spring, the sand would be removed and new concrete poured. Plans already made to replace the boards would be changed to also raise them, as the floor will lift a half a foot.

In the meantime, Western Valley hockey – which puts

30 per cent of its ice time into Kingston, West Kings boys' and girls' teams, Greenwood Minor Hockey and other users are scrambling. Fowler said the association is doing its best to help skaters find ice in neighbouring rinks, and has even offered its own staff to get more time available.

Quotes are being gathered now on new piping, sand and labour to make the repairs. Information on the progress of emergency funding applications and work at the Kingston rink will be posted on the association's website, and through local media.



File

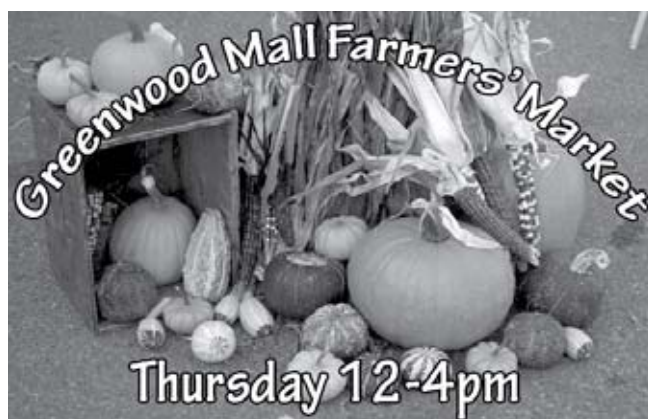
business spotlight of the week Greenwood Mall Farmers' Market

The Greenwood Mall Farmers' Market is a year round weekly market. We have been going and growing since October of 2010. A few vendors came together with the dream of bringing back a traditional farmers market to the area.

Over the last few years, the market has grown to include eleven core vendors who have worked hard to build a successful, sustainable market.

We operate on Thursday from 12:00 - 4:00 p.m.

Each year brings new challenges and goals. This year after much planning and hard work, our market is excited to announce the establishment of a Community Farm table! We are bringing our customers what they have been asking for; fresh greens, vegetables



and so much more!

Our market currently offers a German Artisan baker, delectable cupcakes, homemade squares and cookies, jewelry, knitted and crocheted items, delicate bows for your hair, canned jams and jellies, puzzle books, artisan soaps, holistic therapies and so much more...

Come and join us for our special Thanksgiving Market on Friday October 5th (11-5pm) and Saturday October 6th (11-4pm). This is a wonderful opportunity to come and stock up on those special treats for your Thanksgiving Feast! Fall harvest vegetables, decorations, homemade baking, artisan breads, sauces, jellies and rolls!

Freshly made just for you! We will also have a Chef demonstration on new Thanksgiving dinner ideas with taste testing and recipes for you to try. As well as entertainment to soothe you while you shop local.

Look for our monthly newsletter and blog posts for helpful information, vendor news, seasonal recipes, the entertaining 'Adventures of Mrs. Whipple' and so much more.

See you at the Market!

How to connect with us:

www.greenwoodmallfarmersmarket.com, at www.facebook.com/greenwoodmallfarmersmarket by e-mail greenwoodmallfarmersmarket@hotmail.com or contact Patti at 847-5887 between the hours of 9:00 a.m. - 5:00 p.m.

Greenwood Mall Farmers' Market
Thursday 12-4pm
Year Round...
January-December
/GreenwoodMallFarmersMarket
@GwoodFarmMkt
greenwoodmallfarmersmarket@hotmail.com

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2 - 12" Pizzas with up to 5 Toppings each \$21.99 plus tax
2 - 14" Pizza up to 5 Toppings each \$26.99 plus tax
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pet valu
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Run, walk, bike

Eric MacKenzie,
Community recreation coordinator

14 Wing Greenwood (site #1060) hosted its successful 32 annual Terry Fox Run September 14, with approximately 150 military members, civilians and families participating in either the five-kilometre or 10-kilometre routes by cycling, walking or running.

Everyone gathered at the 14 Wing Greenwood Community Centre on Church Street, and Wing Commander Colonel James Irvine officially opened the event.

“Who here has been touched by cancer?” he asked the crowd, looking for a show of hands.

“My dad passed away when I was 16, and that has affected me the rest of my life. Cancer is something we need to beat.”

Corporal Helen Malo led a warm-up before the air horn sounded at 1 p.m. Cyclists peddled off first, and were then followed by the walkers and runners.

Twelve individuals completed their final 10 kilometres of the Terry Fox 100KM Challenge September 14, including our first lawn boarder. These individuals started cycling, walking, running - or lawn boarding 10 kilometres a day September 5, and continued this pace until completing the final 10 kilometres during the Terry Fox Run. The names of those who completed the 100-kilometre challenge are Master Corporal Brett Belbin, Karen Clow, Master Corporal Donna Collins, Master Corporal Terry Harnett, Corporal Helen Malo, Lindsay McCormack, Trevor McLaren, Bonnie McNeil, Corporal Chris Neufeld, Alex Pyne, Flight Sergeant Ian Sinski and Claire Vallee.

The Greenwood run would not have been possible without the tremendous support of volunteers, who assisted with event organization and volunteered run day, at the centre or along the route as marshalls or at water stations. We would like to recognize those who assisted: Glen Abriel, Master Warrant Officer John Aresnault, Isabelle Barnes, Corporal Jonathon Beaudoin, Annik Deschenes, Corporal France Durrand, Corporal Guy Durrand, Lieutenant Andr  a Fortier, Captain Jennifer Finateri,

Corporal Nadia Gelinas-Galais, Kellie Gilliam, Captain Nancy Gullison, Martina Hardy, Sergeant Katherine Leblanc, Major Richard Leblanc, Master Corporal Veronica Moody, Peter Moreland, Corporal Deborah Murphy, Corporal Adam O’Quinn, Captain Pam Pahl, Sergeant Chelsea Poole, Master Corporal Christine Postnikoff, Corporal Kevin Roy, Corporal Noemie Tremblay, Corporal Crystal Walsh, Verilea Warren, Master Corporal Shanna Wheaton and Master Corporal Lindsay Williams.

As with any community event, many Greenwood staff and internal partners helped make the day a success. We would like to recognize Bruce Gormley at Maritime Proving & Evaluation Unit, a silent hero. He did a terrific job preparing all the route maps inside the community centre and the smaller maps given to all our volunteers. Captain Jennifer Finateri, from the 14 Wing Multi-Sport Club, along with members of the Motorcycle Club (corporals Jonathon Beaudoin, Adam O’Quinn and Kevin Roy) were kind enough to lead participants and act as sweepers along the route. We greatly appreciate the contribution they all made and the encouragement they provided to ensure the event was safe.

Thanks to McDonalds, Tim Hortons and Avery’s for their generous support towards Greenwood’s 32nd Terry Fox Run. Special thanks to Barbara Fickes, provincial Terry Fox Run director, and all of her amazing staff, as well as the staff at the 14 Wing Community Centre (Peter, Lindsay and Alex) who did a great job all day.

Finally, we would like to thank the 14 Wing Military Police, MSE Transport, 26 Canadian Forces Health Services, Wing Construction Engineering, the 14 Wing Fitness and Sports Centre and Wing Imaging.

In 2011, \$800,000 was raised across Nova Scotia in Terry Fox events. This averages out to 90 cents per Nova Scotian, placing the province in the top four fundraisers per capita. This year’s goal is to crack the \$1 million mark and break the \$1 per resident average. At Greenwood’s run, close to \$2,500 was collected, but additional funds are still being collected.

Greenwood makes a difference

Lieutenant Andr  a Fortier,
413 Squadron

14 Wing Greenwood’s Terry Fox Head Honcho Head Shave campaign and event were a definite success.

The actual head shaving event took place at the Annapolis Mess September 14. Despite being approximately

\$1,000 short of the final goal of \$14,000, every participant received a haircut. How so? This happened because of the generosity of the individuals present who, after being told of the shortfall, emptied their pockets to come up with an additional \$1,200. With the donations and funds collected through the Terry Fox

Run, 14 Wing Greenwood’s grand total this year is just over \$14,700.

Those who shaved their heads included Wing Commander Colonel Jim Irvine, Wing Chief Warrant Officer Pierrot Jette, 404 Squadron’s Lieutenant-Colonel Thauberger and Chief Warrant Officer Smith, 405 Squadron’s Chief

Warrant Officer Roussel, 413 Squadron’s Lieutenant-Colonel Leblanc, Chief Warrant Officer Molnar, Warrant Officer Pilon and Captain DJ Verroen; 14 SES’s Lieutenant-Colonel Gloumeau and Master Warrant Officer Bazinet, 14 AMS’s Lieutenant-Colonel Ouellette and Chief Warrant Officer Power,

MP&EU’s Major Lalonde and Warrant Officer Leclerc, Wing Administration Officer Lieutenant-Colonel Gillam and Chief Warrant Officer Ward, Wing Logistics Engineering officer Lieutenant-Colonel Richardson and Chief Warrant Officer Etheridge, WTIS’s Judy Besharah and Lieutenent-Colonel Latter

and Chief Warrant Officer Viel from Wing Operations. Besharah and Verroen went above and beyond the challenge: Besharah shaved her head in honour of her father. She was extremely devoted to the cause and, with the help of her friends, family - and florescent pink hair, collected \$1,000. Ver-

roen, in just 10 days, with the help of friends, family and 413 Squadron, raised \$2,120.

The fundraising campaign behind this great success included everything from 50/ 50 ticket draws at TGIFs to BBQs to early morning bucket drives at the base gates and the addicting game

of Wingo. None of it would have been possible without dedicated volunteers:

Sergeant Rose Dawson
Second Lieutenant Stephanie Stone
Eric Mackenzie
Second Lieutenant Serena Palmer
Corporal Laura Sheehy
Corporal Trisha Chipman

Corporal Anne Rodrigue
Master Corporal Doug Junkin
Darlene Richards
Private Julie Crossman
Corporal Trevor Parkes
Captain Catherine Cabot
Angela Chenier
Captain Diane Soanes
Petty Officer 1st Class Heather Breton

Private Jason Sheardown
Private Jayden Braniff
Corporal Adam Bugden
Laurie Prenzel
Master Warrant Officer Darlene Donovan
Manon Dub  
Lieutenant Rudy Guay
Sergeant Glenda Michaud
Wanda Bullerwell
Private Daniel Sommerfeld

Corporal Beverly Gilbert
Lieutenant Michael Le-compte
Corporal Daniel Berthier
Janet Reno

Thanks also to Bruce Gormley, MP&EU, for creating fantastic posters for the event; Gail’s Barber Shop for graciously giving all par-

ticipants a great hair cut and both Greenwood Sobeyes and Kingston Atlantic Superstore for support towards this worthy cause. Finally, a huge thank you goes out to all of you for your support and generosity throughout this campaign. Every penny collected will be donated to the Terry Fox Foundation.



14 AMS, Wing Imaging



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Family time | National week's events all about making connections

Sara Keddy,
Managing editor

Its family time all week, as the Greenwood Military Family Resource Center celebrates October 1 through 7.

It's National Family Week – “something we're very concerned with,” says Michelle Thibodeau-Wagner at the MFRC. “Family is number one in what we do. It's why we're here.”

Family week kicks off September 30 in Greenwood, with a family duck pond walk at Stronach Park on Central Avenue, Kingston, from 1 p.m. to

3 p.m. Families are invited for a walk around the fitness trail, a scavenger hunt, free BBQ and family photos. Up to 300 people have attended the annual event in the past.

October 2, the MFRC hosts a Halloween costume swap and family cookie decorating event at the Morfee Centre, School Road, Greenwood. Everyone is encouraged to raid their dress up box for old and out-grown costumes for the exchange table, and then enjoy a tasty treat. The events take place between 9:30 a.m. and 11 a.m.

October 3, a free family spaghetti supper will be served by

14 Wing commanding officers at the Annapolis Mess at 5 p.m., a first-come, first-served event for 250 people.

The theme of this year's national week focuses on grandparents, people that may seem harder to reach for Greenwood's military families.

“You'd be surprised – it's about the connections. It is hard here, with families coming from all over, but we don't always live with our families anyway. We've seen grandparents move with their military families to help with childcare, and think of how many grandparents may be helping through

a deployment?”

Thibodeau-Wagner also includes the “military family” in all the week's events.

“The military family is the bigger family here, for sure, and we want to make sure people are networking and they get the support they need. Spouses could be new to the lifestyle, new to the area or having children, and this week of showcasing families and our programs is the whole reason for doing it.”

For information on any of the MFRC's National Family Week events, or MFRC programs, contact 765-5611.



National Family Week kicks off September 30 with an afternoon of activities at Stronach Park in Kingston.

Submitted

Temps passé en famille

Semaine nationale de l'ensemble des événements sur la création de liens familiaux

Sara Keddy,
Directrice de la rédaction

Toute la semaine est offerte à la famille, puisque le Centre de ressources pour les familles des militaires célèbre du premier au 7 octobre.

C'est la Semaine nationale de la famille – «parfois, nous en sommes très préoccupé», explique Michelle Thibodeau-Wagner du CRFM. «La famille est le numéro un dans ce que nous faisons. C'est pourquoi nous sommes ici. «La Semaine de la famille débute le 30 septembre à Greenwood, avec une promenade en famille à l'étang des canards du Parc Stronach situé sur l'avenue Central à Kingston, de 13h00 à 15h00. Les familles sont invitées à marcher sur le parcours de conditionnement physique où il y aura une chasse au trésor, un barbecue gratuit et des photos de famille. Jusqu'à 300 personnes ont assisté à l'événement annuel dans le passé.

Le 2 octobre, le CRFM organise un échange de costume d'Halloween et un événement de décoration en famille de biscuits au Centre Morfee, sur la rue School à Greenwood. Tout le monde est encouragé à fouiller dans leur boîte à costumes et apportez ce que vous ne portez plus à la table à échange, et ensuite profiter d'un festin savoureux. Les événements se déroulent de 09h30 à 11 heures.

Le 3 octobre, un souper spa-

ghetti gratuit pour les familles sera servi par le commandant de la 14e Escadre. Cet événement se tiendra au mess Annapolis à 17h00. Le premier arrivé sera le premier servi pour les premières 250 personnes.

Le thème de la Semaine nationale de cette année met l'accent sur les grands-parents, les personnes qui peuvent sembler difficiles à atteindre pour les familles militaires de Greenwood.

«Vous seriez surpris – c'est

tout au sujet des liens. Ici, il est difficile pour des familles venant de partout, malgré que nous n'ayons pas toujours la chance de vivre avec nos familles de toute façon. Nous avons vu des grands-parents aménager avec leurs familles de militaires pour aider à la garde des enfants, et de penser combien de grands-parents peuvent être aidés lors d'un déploiement? «

Mme Thibodeau-Wagner inclue la «famille militaire» dans tous les événements de

la semaine.

«La famille militaire est certainement une grande famille ici. C'est donc pourquoi nous désirons nous assurer que les gens forment un réseau et obtiennent le soutien dont

ils ont besoin. Les conjoints peuvent être nouveaux dans ce mode de vie, nouveaux dans la région ou avoir des enfants, et cette semaine met en vedette les familles dont nos programmes sont la raison pour laquelle

nous la réalisons.»

Pour plus d'informations sur les activités de la Semaine nationale de la famille préparées par le CRFM, ou des programmes du CRFM, contactez le 765-5611.

Join us for the book launch of "Time Flies When You're Chasing Spies" with author

Allison Maher

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ANNUAL DUCK POND FAMILY WALK & BBQ
Sun., Sept 30, 1 - 3 p.m. FREE at the Stronach Park, Kingston

PROMENADE ANNUELLE À L'ÉTANG AUX CANARDS & BBQ
Le dimanche le 30 septembre 13 h à 15 h. GRATUIT au Parc Stronach, Kingston

DEPLOYMENT SUPPORT SOCIAL ET BARBECUE
Wed., Oct 17 5 - 7 p.m.
Open to all ages
Free at the GMFRC
Register by: Mon., Oct 15

RÉUNIONS SOCIALES DE SOUTIEN POUR FAMILLES EN DÉPLOIEMENT
Mercredi le 17 octobre 17 h à 19 h.
Pour tous les âges
GRATUIT au CRFMG
Date limite d'inscription: lundi 15 octobre

LETS TALK TRAUMA
Wed., Oct 10 12 - 1 p.m. or 6 - 7 p.m.
FREE at the GMFRC. Register by: Tues., Oct 9 by 12 p.m.

DISCUSSION SUR LES TRAUMATISMES
Mercredi le 10 octobre 12 h à 13 h et de 18 h à 19 h
GRATUIT au CRFMG
Date limite d'inscription: Mardi le 9 octobre avant 12 h (midi)

HOME ALONE PROGRAM
Mondays, Oct 15, 22, 29, & Nov 5 (4 Sessions Total) 6 - 8 p.m.
Children 9 and up
\$20 per child.
Register by: Thurs., Oct 11

PROGRAMME SEUL À LA MAISON
Les lundis 15, 22, 29 octobre et le 5 novembre (4 sessions) De 18 h à 20 h.
Enfants de 9 ans et plus
20 \$ par enfant
Date limite d'inscription: jeudi le 11 octobre

Friendly Fridays! NEW! NEW! NEW!
Join us at the GMFRC every Friday morning, starting Oct 5, from 10 to 11:30 a.m. in the lounge for coffee, treats, and great conversation! Meet new people, chat about the ins and outs of life in Greenwood, and find out about upcoming events and programs. Best of all, it's FREE, no guilt fun! No need to register, just show up.

NOUVEAU Vendredis entre amis
À compter du 5 octobre de 10 à 11 h 30 gratuit au salon du CRFMG. Commencez la fin de semaine du bon pied tous les vendredis matin de 10 à 11 h 30 pour bavarder devant un bon café en savourant de petites douceurs. Vous aurez l'occasion de faire la connaissance de nouvelles personnes, de discuter de la vie à Greenwood dans ses détails et d'en apprendre davantage sur les activités et les programmes à venir. Et surtout, c'est GRATUIT! Fini la culpabilité! Il n'est pas nécessaire de s'inscrire; il suffit de se présenter.

To register, or for more information, call 765-5611 or drop-in to the GMFRC located at the AVM Morfee Centre on School Road, Greenwood. Methods of payment accepted are cash or cheque.

Pour s'inscrire ou pour plus d'informations, appelez au 765-5611 ou vous présenter au CRFMG situé au Centre AVM Morfee sur la rue School à Greenwood. Nous acceptons les paiements en argent ou par chèque.

MFSP
MILITARY FAMILY SERVICES PROGRAM

PSFM
PROGRAMME DES SERVICES AUX FAMILLES EN DÉPLOIEMENT

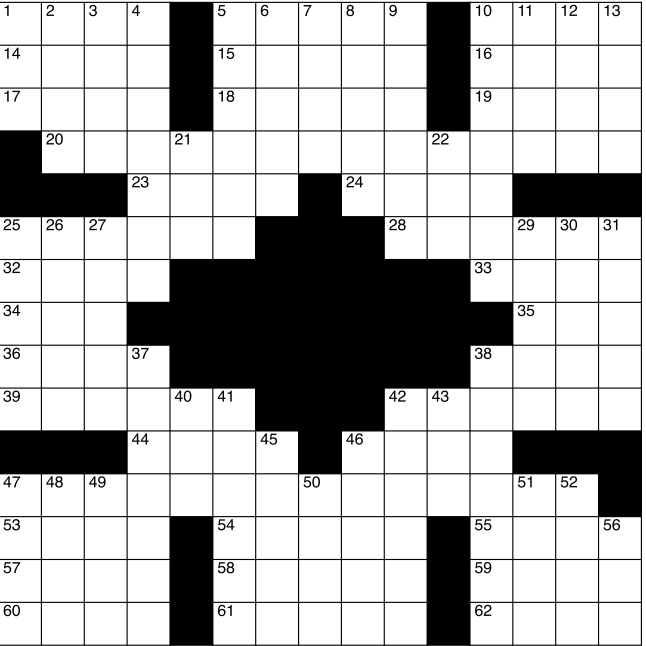


The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 83A School Road (Morfee Annex), 14 Wing Greenwood; by fax, (902)765-1717; or email editor@auroranewspaper.com. Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 83A, School Road, (annexe Morfee), 14^e Escadre Greenwood, par fax au (902) 765-1717 ou par courriel à l'adresse.editor@auroranewspaper.com. Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédent la publication, à moins d'avis contraire.

metro crossword

solution page 15



- ACROSS
1. Auricles

5. Sharpening strap

10. Supplemented with difficulty

14. Jaguarundi

15. "7 Year Itch" Tom

16. European defense organization

17. Camber

18. Kittiwake genus

19. 3rd largest French city

20. Used for instant long locks

23. Harangue

24. Grabs

25. Formally withdraw membership

28. Magnitude relations

32. El Dorado High School

33. Porzana carolina

34. Earl Grey or green

35. Dog's tail action

36. Friends (French)

38. Lessen the force of

39. Dermaptera

42. Views

44. From a distance

46. Bleats

47. London Games
- 2012

53. Let the body fall heavily

54. Collect a large group

55. Aba _____ Honeymoon

57. Give over

58. Glue & plaster painting prep

59. Middle East chieftain

60. Removed ruthlessly

61. AKA bromeosin

62. A dissenting clique
- DOWN
1. Formerly the ECM

2. A native nursemaid in India

3. Ribosomal ribonucleic acid

4. Ironies

5. Peaceable

6. Between

7. Cessation of activity

8. "Little House" actor Merlin

9. Lying in one plane

10. Joins the military

11. Knock out

12. British School
13. Puts on clothing

21. Radioactivity unit

22. Helps little firms

25. Podetiums

26. Fluid accumulation in tissues

27. Backed seat for one

29. From farm state

30. Speak

31. Gurus

37. Deluged

38. In addition to

40. Oldest Yoruba town

41. A place to shelter cars

42. _____ and Delilah

43. Toothpaste tube cover

45. _____ and Juliet

46. Mussel beards

47. Prevents harm to creatures

48. Gorse genus

49. A method of doing

50. Young Scottish woman

51. Latticework lead bar

52. Invests in little enterprises

56. The products of human creativity

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Walking club
Wednesdays this fall, join the Kingston Recreation walking club. Meet at the village office parking lot, 671 Main St., at 1 p.m. Contact Glen at 765-2800 or recreation@kingstonnovascotia.ca for information. No cost.

Meeting
September 24 is the next meeting of the Greenwood Health Auxiliary, 1:30 p.m., at St. Mark's Chapel, Church Street, Greenwood. New members welcome.

Basketball
Starting September 25, there will be casual men's basketball at Pine Ridge Middle School, 7:30 p.m. to 9:30 p.m. Tuesday evenings. Cost \$10/ person until December (or \$3/ night). Enter by the door at the back of the building. For information, contact Glen at 844-0156 or recreation@kingstonnovascotia.ca.

Luncheon
September 25, the Middleton & Area Fireflies host a soup luncheon, 11 a.m. to 1 p.m., at the Middleton fire hall. Menu: corn chowder, turkey vegetable soup or salad plate. Dessert: apple crisp. Deliveries (Middleton only): call

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- 1 Bonanza - Progressive
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Meeting
September 25, the Annapolis Valley Historical Society meets, 7:30 p.m., at the Annapolis Valley Macdonald Museum, 21 School Street, Middleton. Guest speaker is Marc Deveault, on his work as a trauma simulator and movie special effects artist. No admission charged. All welcome. Phone 825-6116 for information.

Meeting
September 25, 6 p.m. Foster family/ adoptive family information session, Kentville. If you are interested in becoming a foster family, call 1-800-565-1885 for information. Potential adoptive applicants are asked to call 1-866-259-7780.

Meeting
September 26, 7 p.m., is the monthly meeting of the board of directors of the Companion Animal Protection Society of Annapolis County at the municipal building in Lawrencetown. Meetings are held the last Wednesday of each month at 7 p.m. All CAPS members and friends are welcome.

Writing group
September 26, join the Authors Ink creative writing group, 10 a.m. to noon, at the Annapolis Valley Macdonald Museum, 21 School

Street, Middleton. All welcome. Cost is \$3 admission. Phone 825-6116 for information.

VPI meeting
September 27, the Greenwood 14 Wing VPI will hold its first monthly meeting of the season at the VPI Centre. Flt Plan at 1500 hrs, E/O for the meeting at 1530 hrs, Run-up at 1545 hrs, with T/O planned for 1600 hrs. PLE sometime later.

Supper
September 27, All Saints A.C.W. will hold their annual harvest supper. All Saints hall, Pleasant Street, Kingston, 4:30 p.m. to 6 p.m. Ham, baked beans, scalloped potatoes, pumpkin pie, apple crisp. Cost: adults - \$ 10, family rates are available. There will be take-out.

Coaches wanted
September 28 is the deadline for anyone interested in volunteering as a coach with Middleton & District Minor Hockey. Please copy the application form from the coaches' resources section of our website (www.middleton-minorhockey.ca) and email your completed form to little_ace_ca@hotmail.com. Questions: Bradley Settle at (902)223-0659.

Ticket auction
September 29, the Kingston and District Health Auxiliary hosts its 13th annual ticket auction

at the Kingston fire hall, 11 a.m. to 1 p.m. Tickets 25/ \$1. Canteen available. Help support Soldiers Memorial Hospital. Please join us.

Benefit
September 29 at Brickton Community Hall, 7 p.m., for Daniel Bruschette, Brickton, for transportation and medical costs to and from the Halifax rehab following a serious accident in June. Food auction, followed by an evening of music, 50/50 draw, canteen. Freewill donation at the door. Info: Edna, 825 3539.

Sports event
September 29, attend the Sports Heritage Wall of Fame induction ceremony, 7:30 p.m., at the Annapolis Valley Macdonald Museum, 21 School Street, Middleton.

Veggie weigh-off
September 29, the 4th annual AVGVG gigantic vegetable weigh-off, from 10 a.m. to 4 p.m., at Glad Gardens, 5108 Highway 1, west of Waterville. Fourteen categories, for adults and under 13. Please submit entries by 11 a.m. Entry fees- members free, non members \$10 (includes membership, under 13 free). Children's activities and games, prizes, BBQ and fun for the whole family. For information and rules: www.AVGVG.com.

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Entry deadline:
Noon, September 27, 2012

Full name

Phone number

Complete the following questions from ads in this week's issue and win a large 2-topping pizza from **Pizza Delight, Greenwood**. Coupon valid for 30 days.

1. What is the time for Sunday Legion Bingo?

2. Where can you find spies?

3. When is the blood pressure clinic?

4. What is the website for Light Touch Laser?

5. Where can you shop and not pay until March?

Limited to one win per family in a TWO MONTH PERIOD.

The winner will be drawn randomly from all correct entries. Only one entry per family per week.

Pizza Delight, Greenwood
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Congratulations to last week's winner: **JOAN FERRIS**

Activités pour les francophones

Atelier de premiers soins en santé mentale. Date: 29-30 septembre de 9h à 17h. Lieu: École Roses-des-Vents. Coût: 35\$ incluant le manuel. Pour vous inscrire ou obtenir plus d'informations, n'hésitez pas à communiquer avec Wrendy Breau, coordonnatrice, l'Association francophone de la Vallée. Téléphone: (902)765-1078. www.afva.ca.

Memorial service

September 30, the annual VPI memorial service will be held at the VPI Monument in Greenwood, commencing at 1100 hrs. The VPI Centre will be open at 1000 hrs. A reception will follow the service.

Praise service

September 30, 7 p.m., there will be a praise service at the Kingston Baptist Church, Main St. Special musical guests the Digby Baptist Mens' Choir, with our Digby friends Bonnie, Linda and Pete. Fellowship time with refreshments to follow. All welcome.

Hike

September 30, Hike Nova Scotia and Annapolis County Recreation present a guided hike on the Delaps Cove Wilderness Trail in Annapolis County, 2 p.m. Register at 532-3139 or dryan@annapolis-county.ca. Participants qualify to win trail prizes. Go to www.hikenovascotia.ca for details.

Relay For Life meeting

October 1, help the Canadian Cancer Society make a difference. Join the Relay For Life's planning committee meeting at 7 p.m. at Middleton town hall. New members are needed, various positions available. For information, call Raymond, 824-3070, or email burns.raymond1@gmail.com.

Artists' group

Anyone interested in getting together an art group for informal painting, please call (902)242-2782 and ask for Skye. We're thinking of finding a place to meet, getting visiting artists, doing workshops, etc.

Spy writer launches book two

Andrew's mother, Marion, works for Epsom Electronics, a security company that makes high-tech spy gear to keep world leaders safe. When she goes missing, Andrew and his father work desperately to find her. Luckily, Andrew and his best friend, both 13, are no strangers to danger, and they follow Andrew's instincts - which run directly counter to the instructions his father gave him. Finally, they finally uncover a top-secret assassination plot - but are they just in time, or just a little too late?

Allison Maher is a former manager of a company that invented spy gear. She now resides on a small farm in Dempsey Corner. Her first novel for young readers, I,

The Spy, was shortlisted for the Red Cedar Award in 2008-2009. The launch Time Flies When You're Chasing Spies, the second book in the series - there is a third already in the offing - will be September 29, 2 p.m., at Dempsey Corner Farm Market, in conjunction with The Inside Story of Greenwood and Nimbus Publishing.



Maher wrote the sequel to give her first book's young characters something to do with her own "bag of tricks... for spying and sneaking around people." The majority of the action takes place in and around Halifax and the airport during a G-8 summit - there are even tunnels under Citadel Hill pressed into the tale.

"Lots of exciting things happen. It's not slow-paced.

"If you like to read, you'll love to read this book. If you can get a youngster to read to page 10, I can get them to page 200."

Sunday school programs offered at Queen of Heaven

Registration for Sunday school at Greenwood's Queen of Heaven Chapel will continue until Thanksgiving weekend.

Queen of Heaven offers full classes for grades Primary to 6, with sacrament preparation classes as follows: first communion - Grade 2/ Reconciliation - Grade 4 / Confirmation - Grade 6. If your child has missed a sacrament, contact the coordinator to discuss your options. Classes begin September 30 and run until June, 9:30 a.m. to 10:30 a.m. each Sunday at the Birchall Training Centre. The registration fee is \$10 per child or \$25 per family, due at registration.

For more information, contact Samantha Ford, religious education coordinator, 765-6525.

Catéchèse dominicale de la chapelle Queen of Heaven

L'inscription aux cours de catéchèse dominicale de la chapelle Queen of Heaven de Greenwood se poursuivra jusqu'au week-end de l'Action de grâce.

Des cours intégraux sont offerts aux élèves allant du primaire à la 6^e année, avec les séances suivantes de préparation aux sacrements : première communion - élèves de la 2^e année, réconciliation - élèves de la 4^e année et confirmation - élèves de la 6^e année. Si votre enfant a manqué un sacrement, veuillez communiquer avec le coordonnateur pour discuter des options dont vous disposez. Les cours commencent le 30 septembre et durent jusqu'en juin. Ils ont lieu le dimanche, de 9 h 30 à 10 h 30, au Centre d'instruction Birchall. Les frais d'inscription sont de 10 \$ par enfant ou de 25 \$ par famille et ils doivent être réglés lors de l'inscription.

Pour en savoir plus, veuillez communiquer avec Samantha Ford, coordonnatrice de l'enseignement religieux, 765-6525.

sudoku

solution page 15

			6	9	3		7	8
						9		
				8				3
	2	9		6		5		4
	1					3		2
	5		2		4			7
	7	1	9					
2		3	1	5			4	9
9	6	4		3		1		

Fun By The Numbers

Level: Beginner

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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patrick's puzzle

solution page 15

M A N U R E W F I R R I G A T I O N H C
I T H F H P S S I T S B S V S P B K O C
O P O G U R A G U E O E T M U L E W L O
P E B N U N E S B V L L V R O O S T E R
L S R R K O W M T O O D I P B A L C H N
I M U U R C R L R U I S S S L O E A B D
B E V B T P Y T C A R N A O R O C L L T
H N M E D L C P C D F E E O F R W T O S
E A O D V S U T I T D R T H E M L W O E
L S H S R W A C P G G C L S R B E C M V
K L U D A R S H I P A W T A C N G H A R
Y F T O T E W C O R B M N D A L E D P A
Y E B R H A S I T R G D L V N S D N O H
P R V A K M H L O S S A R R I P M A N K
G P I Y S T R E T D H E A Y E E P L D W
O G R A I N C A U K H B Y E K N O D H H
D A D G D N B C F T P R O C E S S E P E
C A G W E L K P A V D S P O R C H C D A
C C O F E S M E D C C A V U M A Y R D T
S R E K R O W E K A B S N K Y W G O R B

WORDS

Acres	Donkey	Horse	Process
Agriculture	Duck	Irrigation	Rooster
Barn	Farmer	Lamb	Season
Bloom	Farmhouse	Land	Silo
Cat	Fence	Manure	Stable
Corn	Fields	Mule	Tractor
Cow	Grain	Pasture	Trough
Crops	Harvest	Pig	Weathervane
Dairy	Hay	Plow	Wheat
Dog	Hen	Pond	Workers

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horoscopes

September 23 - 29

ARIES - Mar 21/Apr 20

Aries, relaxing for a few days seems like the perfect idea, but restlessness will ultimately thwart these plans. Engage in low-energy activities, instead.

TAURUS - Apr 21/May 21

Taurus, you might find it difficult to ask for what you desire, but you just have to buckle down and make a stand. It may not be easy, but your efforts will prove fruitful.

GEMINI - May 22/Jun 21

Gemini, you are in your element this week and the good vibes will last for several days. There's no pressure to get things done, so keep on sailing.

CANCER - Jun 22/Jul 22

Cancer, it may seem like a good idea to retreat to a fantasy world when the going gets tough, but you'll need to have your feet and mind firmly planted in reality this week.

LEO - Jul 23/Aug 23

Leo, it is good to be optimistic, but it also helps to develop a plan in case things don't go your way. Ask a friend or family member for help when devising your plan.

VIRGO - Aug 24/Sept 22

Virgo, concentration comes naturally to you, so don't worry if some extra work at the office is presented at the last minute. Ask a co-worker for help, if necessary.

LIBRA - Sept 23/Oct 23

You are eager to listen and learn, Libra, but you also want to share your own experiences. This week you will need to find a balance between being a student and a teacher.

SCORPIO - Oct 24/Nov 22

Scorpio, think things through before making big decisions. There is some pressure on you, but concentrate and focus on the task at hand.

SAGITTARIUS - Nov 23/Dec 21

Make some decisions now before you change your mind again, Sagittarius. Too much information can cloud your judgement, so go with your gut.

CAPRICORN - Dec 22/Jan 20

Capricorn, you are at a turning point in your life and it could be a good time to make a few important changes. This may involve a new career or making new friends.

AQUARIUS - Jan 21/Feb 18

Aquarius, even if you have a lot to get done, you will be able to think on your feet and make changes as needed depending on the situation this week.

PISCES - Feb 19/Mar 20

Actively explore your impulses in the next few days, Pisces. You may not have the opportunity to do so later on.

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Team pulls out national ball title



Front row left to right are Sergeant Jamie Campbell, privates Todd DeEll and Thomas Bertrand, Master Seaman Tony Edwards, sergeants John Woods and Chuck Paquette and Master Corporal John Veitch. In the back row, left to right, are Corporal Ryan Doyle, Sergeant Alain Chalifoux, corporals Arthur White, Claude Aucoin and Russell Leaman; Warrant Officer Jim Leblanc, Petty Officer 1st Class Scott Osborne and Corporal Trevor Parkes.

Submitted

Sergeant Alain Chalifoux

Even before leaving for the Canadian Forces national men's slo pitch tournament in Borden September 8 through 12, Ontario, the 14 Wing Greenwood team knew the title would be extremely hard to win.

Even with unfortunate injuries a week before the tournament, the team left the Valley with confidence. Getting out of the round robin and into the playoffs was the first objective. A bright, sunny day started the tournament, and Greenwood blazed out of the gate with a convincing win over Quebec, mercying them in the fifth inning 21-6. The evening game was more strongly contested: a long, seven-inning game went to Trenton 22-20.

Scheduling did give the

team a chance to regroup for an afternoon game Monday but, unfortunately, Winnipeg showed good defence and held Greenwood's bats to seven runs, leaving the last game of the tournament as a must-win for both Greenwood and Comox. The winner would take a berth in the semi-finals against the number one seed, Quebec.

With a cool summer breeze and hot bats, Greenwood wasted no time and jumped in front - and never looked back. With the help of all 15 players, Greenwood put away Quebec in an outstanding 18-12 win.

Only Winnipeg was left in Greenwood's way. The final was contested in front of a large crowd, and uncommon mistakes and a bit of nervousness allowed Winnipeg to take a large lead after the first inning. However, slowly settling

into the game, the Greenwood players' experience and their will to win finally took over in the fifth, with a 14-run inning followed by seven more in the seventh. With the win within their grasp, Greenwood put up strong defence to win 29-15, capturing the first men's national championship for Greenwood in 16 years.

Goals were set early and, although achieved a bit later than expected, the end result was what the team had hoped for. For some, it was their first national championship; for others, it was an addition to their sporting resume. Three of Greenwood players were named to the all star team: Petty Officer 1st Class Scott Osborne, Private Thomas Bertrand and Sergeant Alain Chalifoux, also named tournament MVP.

Gelinas golden at CF golf

Jules Xavier,
Shilo Stag

Captain Karyne Gelinas will not soon forget her first foray into a Canadian Forces national sports competition.

Playing for the Atlantic region team - the East coast native has been in the military for four years, stationed at CFB Greenwood, Gelinas used a strong drive from the T-box and intelligent course management en route to garnering

gold at the Shilo Country Club.

"You don't want to be chasing your ball or you will get yourself in trouble on the greens," she said.

"You need to play safe, and keep your ball on the fairway."

Gelinas did just that during the three-day tournament hosted by CFB Shilo, scoring rounds of 83 on each of the first two days, and finishing off with an 87 on the par-72 course.

She said the wind, Prairie

heat and strong competition in her threesome on the final day of golf made her more focused on the links.

"I knew going in, if you screw up on just one hole, there goes your lead."

Gelinas had a three-stroke lead on Master Corporal Denise Gaudet of CFB Bagotville (Quebec region) and four-strokes on Sergeant Lisa Rowe of CFB Trenton (Ontario region) when they hit off the first tee around 10 a.m.

"We went in not keeping track of each other's scores. I know I was not worrying about it so I would end up playing safe," she explained. "I just wanted to play my game."

"Sure there are positives and negatives not knowing their scores, so you end up not taking any risks (playing). I know

after the first nine holes, I just went out and played my game."

Gelinas had no idea she had bested Rowe, who finished second overall with a three-day total of 256, by three strokes, or Gaudet by five.

"We found out after we signed our cards and turned them in."

Besides her second-place finish, Rowe also won the skills competition.

The winner of the longest drive during the ladies' skills competition, Gelinas enjoyed the CFB Shilo-based golf course, especially the excellent playing conditions and well-groomed greens. What she did not care for, from her game perspective, were the par-three holes.

"This course is challenging because of the greens, so you

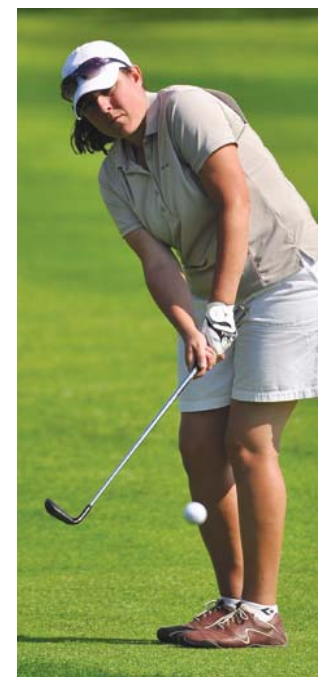
needed to stay in play - which meant playing here was about course management," she said.

"I tried to avoid doubles (bogeys), but those par threes were my nemesis."

Also representing Greenwood in the ladies' rounds was Captain Mary Cameron Kelly, who finished fourth with a final 262.

On the men's side, Sergeant Steve Lake finished with a 256 over four rounds, off the winning 219 total. Reservist Warrant Officer Rick Hache played as a CISM golfer, and his score and placing were not included in the CF final rankings.

Overall, the Atlantic team from 14 Wing finished third of five regional entries, behind the Prairies in first and Quebec in second.



Canadian Forces' newest ladies' champ, Captain Karyne Gelinas of 14 Wing Greenwood. J.Xavier, Shilo Stag

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Intersection hockey

The Greenwood Intersection Hockey League (ZX-IHL) will be starting in October.

Players of all skill levels are encouraged to participate. The purpose of the ZX-IHL is to increase fitness levels, team work and group morale through friendly, on-ice competition. The cost is \$140/player (pay allotment is the preferred payment method).

Any players interested in playing should contact there local section team rep and ensure their registration form is handed in. If your section does not have a team or you require more information, please contact the ZX-IHL president.

OPI: MCpl Baer, 765-1494 local 3796.

Ligue de hockey inter-services

La ligue de hockey inter-services de Greenwood (ZX-IHL) reprendra ses activités en octobre.

Les joueurs de tous les niveaux sont invités à y participer. Le but de la ZX-IHL est d'améliorer la condition physique, de renforcer l'esprit d'équipe et d'entretenir le moral du groupe grâce à des compétitions amicales sr glace. Les frais de participation s'élèvent

à 140 \$ par joueur (la méthode de paiement privilégiée est la délégation de solde).

Tous les intéressés doivent communiquer avec le représentant de l'équipe de leur service et remplir un formulaire d'inscription. S'il n'y a pas d'équipe dans votre service, ou pour tout autre renseignement, veuillez vous adresser au président de la ligue.

BPR: MCpl Baer, 765-1494 poste 3796.

classifieds

Classified advertisements, 35 words or less, are \$7 tax included. Additional words are 10 cents each, plus tax. Bolded text \$8, tax included. If you require a receipt and/or invoice via Canada Post a surcharge of \$1 including tax will be added.

Classified advertising must be booked and prepaid by noon Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 765-1494 local 5440, visit the office, 83A School Road, Morfee Annex, Greenwood; email frontdesk@auroranewspaper.com or fax 765-1717.

Les annonces classées, 35 mots ou moins, sont vendues au prix de 7 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 8 \$, taxes incluses. Si vous voulez recevoir un reçu et/ou d'une facture par l'entremise de Postes Canada, un supplément de 1 \$, taxes incluses, sera ajouté. Les annonces classées doivent être réservées et payées à l'avance avant midi, le mercredi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au (902) 765-1494 poste 5440, visiter notre bureau au 83A, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à frontdesk@auroranewspaper.com ou nous transmettre un fax au (902) 765-1717.

FOR RENT

FOR RENT – Completely renovated 1 bedroom apartment located at 517 Pleasant St. Kingston. Rent is \$650/month including utilities (heat and lights). Kitchen, living room on main level with bath and bedroom upstairs. No Pets. Mature

person discount. Call 250-0181. (3332-8tpb)

FOR RENT – Fully furnished one bedroom ground floor apartment. Comes with appliances, utilities, cable, high speed internet, lawn care and snow removal. Country setting on 10 acres, private deck overlooking a large pond. Ten minutes to the Base. No pets

or smoking. IRs welcome. Call 847-1878 or 847-5483. (3329-ufn)

FOR RENT – 1 bedroom apartment on second floor in quiet rural area for single person. Rent includes all utilities, cable, Wi-Fi. Fully furnished and equipped with fridge, stove, washer and dryer. No smoking, no pets. Perfect for person on IR. Rent is \$900/month. Call

Joe 765-1898. (3331-ufnb)

FOR RENT - Beautiful house for rent in Lawrencetown - Fully restored and modernized 1884, 3 bedroom house. Less than 25 minutes from CFB Greenwood. New hardwood floors, open concept, 2 full bathrooms, main floor laundry, dining room, family room, parlor, wraparound porch. Includes fridge, stove, and dishwasher. One year lease \$1100 plus utilities. References required. No pets and non

smoking. Call 902-584-2252 (3331-ufnb)

FOR RENT – Fully self-contained furnished apartment. One bedroom plus den. Rent is \$1,400/month all inclusive. Call (902) 242-2507 or 242-2887, ask for Cathy or leave message. (3334-ufnb)

FOR RENT – Modern 4 bedroom house in Margaretsville. Includes washer, dryer, fridge, stove and dishwasher. On quarter acre property with view of the Bay. Attached garage. References required. Rent is \$1,200 per month plus utilities. Available September 1st. Contact (902) 363-2079 or (902) 825-6519. (3333-5tpb)

FOR RENT – 2 bedroom house in Kingston. Single level home ideal for seniors. Fridge and stove included and washer/dryer hook-up available. Large yard in a quiet subdivision. Available 15 Oct. Rent is \$650/month plus utilities. Call 825-6512. (3336-2tpb)

FOR RENT – 1 bedroom apartment located at 677 Central Ave in Greenwood Apt A. No pets. Rent is \$350/month

plus utilities. Call Cathy at 765-2938. (3335-4tp)

FOR RENT – Furnished one bedroom apartment in Greenwood only 2kms from the Base. Non smoker and no pets allowed. Rent is \$500/month plus utilities. References needed and damage deposit required. For more information call 765-6238 (3335-4tpb)

FOR RENT – Lincolnshire apartments in Kingston. 2 - Two bedroom apartments: 1 available Oct 1st and 1 available Nov 1st. 5 Appliances included with each. \$800/month plus utilities. Also available 2 - Two bedroom apartments \$550/\$600 per month plus utilities. 2 appliances included with each. Live in super, secure buildings. Phone 765-6669. (3336-4tpb)

FOR RENT – Room for rent. Looking for mature employed non-smoker to rent a large fully furnished room in Fales River Subdivision. (Greenwood Area). Close to all amenities. \$125.00 per week. Meals can be included with adjusted agreed upon rent. Phone 242-5182. (3337-2tp)

SERVICES

SERVICE – Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates – flexible hours. Call Mike at 242-2465 or 840-0529. Greenwood/Kingston (3024-ufn)

SERVICE – Typing/Secretarial Services – Serving the community and local businesses. Long or short assignments welcomed.

Professional and confidential. Reasonable rates and flexible hours. Call 765-8959 or contact serviceoffice1661@gmail.com. (3336-4tpb)

SERVICE – Looking for quality child care? Look no further. Full time and before/after care available including in-service and storm days. Greenwood area. Mon-Fri, CPR/First Aid certified. Meals, snacks, crafts and outdoor play time. References available. Please call Kerrie at 804-9042 (3336-3tp)

EMPLOYMENT

Employment – Looking for a motivated and dependable superintendent to look after 89 apartment units in Wolfville. In interested in this position please fax your resume to 902-865-3884. (3337-2tpb)

Employment – Wanted a casual church teacher for kids on Sunday mornings. Reference required. Position available immediately. Call New Beginnings at 765-8155 and leave a message. (3337-4tp)

Employment - ACCOUNTS RECEIVABLE/PAYROLL/BOOK-KEEPER - NO Experience necessary. Salary Commensurate, and takes little of your time. Requirements: Should be computer literate, must be efficient and dedicated. Please send resume to: customer.service455@gmail.com (3337-6tpb)

CLASSES

MOOD CRAFTS NATURAL HEALING – Reiki Level 1, Sep 29th, 9:30am, \$150.00 + HST, pre-registration and \$20 deposit required. Call Kim at (902)765-3203. www.moodcrafts.com or www.facebook.com/moodcrafts-naturalhealing (3337-1tp)

OTHER

SALE – Moving – Basement sale. 989 Kenwood Ave., Fales River – Sept 29th 8am-3pm (3337-1tp)

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E	A	R	S		S	T	R	O	P		E	K	E	D
E	Y	R	A		E	W	E	L		N	A	T	O	
C	A	N	T		R	I	S	S	A		L	Y	O	N
	H	A	I		R	E	X	T	E	N	S	I	O	N
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C	E	D	E		G	E	S	S	O		E	M	I	R
A	X	E	D		E	O	S	I	N		S	E	C	T

sudoku solution

1	4	5	6	9	3	2	7	8
8	3	7	4	2	5	9	6	1
6	9	2	7	8	1	4	5	3
7	2	9	3	6	8	5	1	4
4	1	6	5	7	9	3	8	2
3	5	8	2	1	4	6	9	7
5	7	1	9	4	2	8	3	6
2	8	3	1	5	6	7	4	9
9	6	4	8	3	7	1	2	5

patrick's puzzle

M	A	N	U	R	E	W	F	T	R	R	I	G	A	T	I	O	N	H	C
I	T	H	F	H	P	S	S	I	T	S	B	S	V	S	P	B	K	O	C
O	P	O	G	U	R	A	G	U	E	Q	E	T	M	U	L	E	W	L	O
P	E	B	N	U	N	E	S	B	V	L	L	V	R	Q	O	S	T	E	R
L	S	R	R	K	O	W	M	T	O	O	D	T	P	B	A	L	C	H	N
I	M	U	R	C	R	L	R	U	I	S	S	S	L	O	E	A	L	B	D
B	E	V	B	T	P	Y	T	C	A	R	N	A	O	R	O	C	L	E	
H	N	M	E	D	L	C	C	D	E	E	E	O	F	E	R	N	T	O	E
E	A	O	D	V	S	U	I	T	I	T	D	R	I	H	E	L	W	O	
L	S	H	S	R	W	A	C	P	G	G	C	L	S	R	B	E	C	M	V
K	L	U	D	A	R	S	H	I	P	A	W	T	A	C	N	G	H	A	
Y	F	T	O	T	E	W	C	O	R	B	M	N	D	A	L	E	P	A	
Y	E	B	R	H	A	S	I	T	K	G	D	L	V	N	S	D	N	O	K
P	R	V	A	K	M	H	L	O	S	S	A	R	R	I	P	M	A	N	D
G	P	T	I	Y	S	T	R	E	T	O	N	E	L	A	Y	E	E	P	L
O	G	R	A	T	N	C	A	U	K	H	B	Y	E	K	N	O	D	H	E
D	A	D	G	D	N	B	C	L	T	P	R	O	C	E	S	S	E	P	E
C	A	G	W	P	L	K	P	A	V	D	S	P	O	R	O	H	C	D	A
C	C	O	F	E	S	M	E	D	C	C	A	V	U	M	A	Y	R	D	T
S	R	E	K	R	O	W	E	K	A	B	S	N	K	Y	W	G	O	R	B

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# Pick up some salsa

Sara Keddy,  
Managing editor

Bradley Willis and Laura Cancela – “Dance Brats” looking to lead Greenwood into the moves of salsa, West Coast swing and other social dances. S.Keddy



The music, the movement and the people make dancing for Master Warrant Officer Brad Willis and Laura Cancela, the couple behind Dance Brats.

New in Greenwood this fall, Willis and Cancela want more people to enjoy their passion: salsa, merengue, bachata, cha cha cha, night club two-step and West Coast Swing. It's not ballroom; it's street dance to today's Top-40 and Latin music.

“If you can walk, you can dance,” Cancela says.

The couple are not dance instructors, but have been regular dancers for years, taking classes and workshops, dance cruises and competitions – and even

meeting up with a Comox community group for a weekly potluck at home, and then a night out dancing.

Willis arrived in Greenwood a year ago, and has been travelling to Halifax regularly to get his salsa fix while he and Cancela have been apart. She arrived in Greenwood in September to find “he volunteered!” them to spearhead a dance fusion social class at the 14 Wing Greenwood Fitness & Sport Centre.

“I’m sure there are people here who dance,” Cancela says, and anyone can do it,

at any age.

“We don’t teach dance steps like a school of dance,” says Willis. “You move your body, and your feet follow.”

Willis and Cancela appreciate dance for its health benefits, the continuing challenge of learning new skills – and that they can do it together.

“We’d like to get to a point here where we’d have practice nights, casual dances once a week, a social time – bring some workshops and guest instructors here,” Willis says.

Check out Willis and Cancela on Facebook under

“Dance Brats.” Classes will be offered Wednesdays, September 26 through November 7 (no class October 31), between 7 p.m. and 8 p.m. at the Fitness and Sports Centre’s multi purpose room. The class is free for military and defence team members, as well as retirees, and those who have a 14 Wing Community Recreation Card (age 16 plus). As this is a social dance encouraging in-class partner rotation, no partner is required to join. For information and to register, contact the community centre at 765-1494 ext 5337.

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\*\*Some conditions may apply.

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