

Val Connell
Broker / Owner

Office 902 765 3505
Cell 902 840 1600
Fax 902 765 2438
Toll Free 1 866 514 3948
Email valj@ns.sympatico.ca
valj.com

EXIT
EXIT Realty Town and Country
Independently Owned & Operated

f t in YouTube

Dave's Collision Works Ltd.
FRAME & COLLISION REPAIR SPECIALISTS
765-8161

QU PONT
CERTIFIED

NAPA
CERTIFIED BODYSHOP

Your Choice for Collision Repairs

Connell, the smart way to go.

CONNELL
CHRYSLER DODGE Jeep

EXIT 18, HWY 101
MIDDLETON, N.S.
825-3471
www.connellchryslerdodge.com

14 WING • ESCADRE 14 GREENWOOD, NS

the Aurora

Vol. 33 No. 04 JANUARY 23, 2012 NO CHARGE www.auroranewspaper.com

Lieutenant (Navy) Travis Moore, a Greenwood native, is deployed as a Line United Nations Military Observer in Syria.

Submitted



Moore in the middle UN observer in Syria watching history unfold

Lieutenant (Navy) Travis Moore is a native of Greenwood, deployed as a Line United Nations Military Observer (UNMO) in Syria as a part of Operation JADE.

Op JADE is Canada's contribution to the United Nations Truce Supervision Organization (UNTSO). The U.N.'s oldest peacekeeping mission, UNTSO formed in 1948 to monitor and maintain the ceasefire between the newly-formed state of Israel and neighbouring Egypt, Lebanon, Jordan and Syria. This is Moore's second overseas deployment, and living and working in Syria has given him a great appreciation for the life and liberties afforded to all Canadians.

I was actually raised in Halifax, but moved to Greenwood when I was 14 – my parents were in the air force. I spent a year at Dwight Ross and then went to MRHS, where I graduated in 2000. While in Greenwood, I played with the 14 Wing Brass and Reed band, and was also involved with the Air Cadets.

I enrolled straight out of high school in the Canadian Forces in May 2000 under the Regular Officer Training Plan, and graduated from Royal Military College in 2004 with a B.A. in English literature. I was posted to Esquimalt in 2005 as a maritime surface officer and have been stationed there ever since. I've served on HMC ships Oriole (the RCN's sail training

vessel) Vancouver, Calgary and, most recently, Winnipeg. In 2008, I deployed with HMCS Calgary for OP ALTAIR roto 4, in the northern Arabian Sea in support of operations in Afghanistan. We were there to disrupt Al Qaeda maritime supply lines, and prevent piracy. During that trip, Calgary circumnavigated the globe, so I was able to see many ports in Puerto Rico, Croatia, Oman, the UAE, India, Japan, Korea and Thailand. We also sailed through the Panama and Suez canals. However, I have also sailed extensively on Vancouver and Winnipeg as well, and have been able to visit most of the coastal ports on the west coast of the USA.

Volunteering to serve with OP

Continued on page 2...

Wing weighs in on school review process

Sara Keddy,
Managing editor

14 Wing Greenwood is paying attention to community talks regarding the future of local schools; in particular, the former military elementary school, Dwight Ross.

Wing Commander Colonel Jim Irvine sent a letter to provincial minister of education Ramona Jennex in December outlining the impact of local school changes on the community and its significant population of military families. The base has been involved with talks with the Annapolis Valley Regional School Board since last spring, as the board started its Successful Schools for Successful Students process – a review of a dozen facilities and their school populations and programs in Western Kings County. The public comment period closed at the end of December, and board staff members are now looking at feedback to a series of proposals for the schools' structure. Their recommendations could come back to the board for discussion as early as February.

Among the proposals are several scenarios for Dwight Ross, including closure. The building is old and requires many upgrades. The board is questioning whether to do that, when there is capacity at the nearby Kingston Elementary to absorb Dwight Ross students.

"While predicting the future size of the Royal Canadian Air Force Wings is fraught with numerous issues, I believe

it is not unreasonable to assume that the overall strength of approximately 2,100 total Force personnel will remain static for the foreseeable future," Irvine wrote.

"The major change that will impact the number of students at DRES originating from 14 Wing employees will be any significant change in the age demographic of the Canadian Forces."

Irvine said, since 2006, the Force has grown little; however, members under age 34 saw a 26 per cent increase in numbers.

"Furthermore, a significant percentage of our base personnel are now eligible for retirement, suggesting that a large pool of young recruits and their families can be expected to move into Kings and Annapolis counties over the next few years."

Irvine urged Jennex to consider the potential impact that demographic change could have during decisions regarding Dwight Ross' future.

In a January 5 response, Jennex reiterated the Valley board's goal to develop "a long-range plan to ensure the best possible educational environment for students." She informed Irvine his letter has been added to the community collection of written submissions now before the board.

No final decision has been made regarding the future of DRES at this point, and 14 Wing leadership will continue to work with the school board to ensure the concerns of military families are considered.

FUNDY FORD SALES LIMITED
451 Main Street ~ MIDDLETON ~
2011 Ford Ranger Sport Super Cab 4x2
0.0% Financing
1-800-565-6372
Tel: (902) 825-5555
www.fundyford.com
(* plus freight, includes recycle your ride)

STEVE MORSE
HEAVY TOWING
LIGHT ROADSIDE

• Light Roadside • Heavy Towing • Wheel Lift & Flatbed Service •
ONLY INDEPENDENT TOWING COMPANY IN OUR AREA
24 HOUR SERVICE
Specialists in:
• Heavy Haulage • Tractors • Trucks • Buses • Baby Buses •
• RV's • Motor Homes • Lock Out & • Boost Service •

www.morsetowing.ca
Fax (902): 825-1589 Middleton Cell (902): 825-7026

Time To Make A Change

\$19.95
OIL CHANGE

INCLUDES
5 LITRES OF CONVENTIONAL MOTOR OIL
FILTER AND LABOUR
SOME RESTRICTIONS APPLY.

WE SERVICE ALL MAKES & MODELS

BRUCE
Chevrolet Buick GMC

394 Main Street, Middleton, NS
825-3494 • www.brucegm.com

Moore in the middle...

...cover

JADE in the Middle East was my ploy to experience a year of living on solid ground. I am one of the unarmed military observers that monitor the demilitarized zone between Syria and Israel, and work primarily on the Syrian side of the Golan Heights, the geographic area that separates Syria and Israel.

On the Golan Heights, there are 11 UN observation posts (OP): six on the Israeli side, five on the Syrian side. We observe the area of separation between both nations' military lines. An OP is like a dream camp for a hunter: it's normally located on a hill to maximize observation, with a watch tower, an accommodation building, an ablution building, a bunker and a generator room. The OPs are small, and only house two UN observers at a time, making it comfortable. They're also self-sustaining, and operate under electricity from diesel generators and solar panels so, no matter what happens in the country (Syria, in my case), we'll still have power and satellite TV.

Each OP also has its own UN 4x4 vehicle for patrolling. Basically, the way life works is you occupy the OP with an observer from another country for a week at a time. I've done up to three consecutive weeks, but that's abnormal. During the days, one person remains on the OP to maintain communications and static observation

and the other person links up with another observer from another OP and patrols the area to make sure the host nation is abiding by the terms of the agreement disengagement.

It gets a little complicated but, basically, Israel and Syria are still technically at war (and have been since the inception of Israel in 1948) but, in 1974, they reached an agreement on disengagement limiting the number of troops, tanks and artillery within certain ranges of the de facto border between the two countries. As UN observers, we patrol this area to ensure both sides respect this agreement and prevent escalations of military equipment that could lead to future conflicts. So, in short, I drive around the Syrian Golan in a UN 4x4 looking for military movement.

The highlights of the job are definitely the people you work with. I am, at present, the only Canadian military observer in Syria, and end up working with observers from many different nations: Australia, Austria, Denmark, Ireland, The Netherlands, Switzerland, Estonia, Belgium, Norway, Slovakia, Slovenia, New Zealand, Finland, Argentina, Chile and France. Working with so many people from so many military backgrounds necessitates a lot of patience and open mindedness. Often, approaching problems or performing in leadership roles requires a different style than one might

It's pretty heartbreaking to have a mother approach you and tell you one of her sons has been killed, another one injured for simply protesting in the street, and have her beg you to do something about it - knowing full well you can't.

use while operating in a strictly Canadian military environment. Everyone operates on a first name basis, ranks don't matter and decisions are often made by group consensus. It can be challenging at times, but it's also somewhat refreshing after having spent the last 11 years in a military environment.

I've been fortunate enough to spend a lot of time touring around Damascus, as I live in an apartment there when not working on the Golan. I've also been able to see Jerusalem, Tel Aviv, and Tiberias in Israel.

Interaction with the civilian public is a given. Whether on the OP or in Damascus, we are responsible for sustaining ourselves. We often make our way into the towns and villages to get food at the local markets. The Syrian people are generally happy to see us, and always wave, smile and often offer us tea. We often stop for lunch



at someone's shawarma or falafel shop. Sometimes, the shop owner has refused to let us pay for the meal. Of course, this hasn't happened yet when it was my turn to pay!

The unfortunate part of interacting with the locals at the moment is Syria is currently experiencing deep civil unrest, and civilians are often clashing with government forces and being killed. Our mission in Syria is strictly to assist in the maintenance of the ceasefire line with Israel, not to become involved in Syria's civil affairs. But, most civilians see a white UN 4x4 with a UN flag and military observers and believe we can help them.

This is not the case. It's pretty heartbreaking to have a mother approach you and tell you one of her sons has been killed, another one injured for simply protesting in the street, and have her beg you to do

something about it - knowing full well you can't. I have faced this scenario more in recent months, and it's hard as a Canadian and a military officer to stand and do nothing. I do, however, understand the politics behind the current UN mission's inability to become involved at this point.

I don't think the majority of Canadians realise how lucky they actually are. In fact, I'd contest most Canadians are very spoiled. I've travelled the globe with the Navy, but it wasn't until I actually immersed myself in Syria I realised how lucky we have been just to be born in Canada. You have to experience it to truly understand it. Everyone's heard their mother tell them to finish their meal because there's starving kids in Africa and never truly understood starvation, for instance. I will tell you, though, for each and every one of the

"99 per cent" who think their lives are in peril, their troubles don't hold a candle to the issues faced by these people right now. You feel pretty embarrassed trying to explain the Occupy movement to a Syrian who's lost thousands of countrymen protesting the mere fact their government is killing its own unarmed citizens.

Still, I love it here. There's no place I'd rather be, and I'm pretty fortunate to have been given the opportunity to do this for a year. I really enjoy interacting with people, the outdoors and learning about different cultures. I get to see, first hand, the depth and workings of politics in the Middle East, extremely complicated but fascinating when you're living here. Also, being in Syria during such a historic time is pretty interesting. It makes you really appreciate the little things we enjoy back home, and reflect on what's really important - and what's not.

My mother and father are still in Greenwood. I have a girlfriend home in Victoria I get to talk to fairly regularly. She's not too impressed with me volunteering to hang out in Syria for a year, but she's supportive and knows how much I enjoy this work, which makes things easier. Sending home lots of pashmina scarves and Arabic jewellery also keeps me in the good books.

With fingers crossed, I hope to be back in Victoria in May.



Managing Editor | Directeur de rédaction
Stephen R. Boates • 902-765-1494 ext./poste 5441

Interim Managing Editor | Directrice de rédaction par intérim
Sara Keddy • 902-765-1494 ext./poste 5441
editor@auroranewspaper.com

Business & Advertising | Affaires commerciales et publicité
Anne Kempton • 902-765-1494 ext./poste 5833
marketing@auroranewspaper.com

Production Coordinator | Coordonnateur de production
Brian Graves • 902-765-1494 ext./poste 5699
production@auroranewspaper.com

Administrative Clerk | Commis à l'administration
Francine May Timmins • 902-765-1494 ext./poste 5440
frontdesk@auroranewspaper.com

Editorial Advisor | Conseiller à la rédaction
Captain John Pulchny • 902-765-1494 ext./poste 5101
john.pulchny@forces.gc.ca

Circulation | Circulation: **5,900 Mondays** | Lundis
Agreement No. | Numéro de contrat : **462268**

Fax: 902-765-1717

Website | Site Web : **www.auroranewspaper.com**

The Aurora, PO Box 99, Greenwood NS B0P 1N0
L'Aurora, C.P. 99, Greenwood (N.-É.) B0P 1N0

Location | Emplacement : **83A School Road, Morfee Annex** | Annexe Morfee

The Editorial Board reserves the right to edit, condense or reject copy or advertising to suit the aims of a service newspaper as specified in the Interim Canadian Forces Newspapers Policy and/or by the Editorial Board. Opinions and advertisements appearing in The Aurora Newspaper are those of the individual contributor or advertiser and do not necessarily reflect the opinions of 14 Wing, Greenwood or the printers. Published each Monday by 14 Wing under the authority of Colonel J.A. Irvine, M.S.M., C.D., Wing Commander.

Le comité de rédaction se réserve le droit de réviser, de condenser ou de rejeter tout article ou message publicitaire afin de satisfaire aux exigences relatives aux journaux militaires figurant dans la Politique temporaire des journaux des Forces canadiennes. Les opinions exprimées dans ce journal sont celles des collaborateurs et ne reflètent pas nécessairement les points de vue des Forces armées canadiennes ou de la 14^e Escadre. Publié chaque lundi par la 14^e Escadre sous les auspices du Colonel J.A. Irvine, M.S.M., C.D., commandant de l'Escadre.



Useful links | Liens utiles

Canadian Air Force website
Site Web de l'Aviation royale canadienne
www.airforce.forces.gc.ca

Community Gateway Site
Site du portail communautaire des Forces canadiennes
www.cfcommunitygateway.com

14 Wing Greenwood Site
Site de la 14^e Escadre Greenwood
www.airforce.forces.gc.ca/14w-14e

Personnel Family Support Services
Services de soutien au personnel et aux familles des Forces canadiennes
www.cfpsa.com

National Defence and the Canadian Forces
Défense nationale et Forces canadiennes
www.forces.gc.ca

Combat Camera | Caméra de combat
www.combatcamera.forces.gc.ca

Recruiting | Recrutement
www.forces.ca

Military Family Resource Centre
Centre des ressources pour les familles des militaires
www.familyforce.ca

VPI | VPI
www.vpiinternational.ca

Be well in 2012

PSP's contribution, in conjunction with active partners in the military and at the Military Family Resource Centre, is the coordination of many 14 Wing wellness activities for 2012. The schedule below highlights many of the planned features:

- Jan 27** - Snowshoe and Sleigh Ride Day (conditions permitting).
- Feb 2-3** – Winter Carnival
- Mar** – Health and Fitness Challenge Volleyball
- Apr** – Easter on the Wing
- Apr 21-25** – CF National Men's and Ladies Volleyball National
- May** – Zedex 10K
- May** – NAOSH Health and Safety Fair (Health Promotion, Fitness and Sport Centre)
- June** – Run the Runway
- June** – Air Force Triathlon
- June 27** – W Comd's Golf Challenge
- July 1** – Canada Day
- July** – Children's summer camps
- Aug** – Health and Fitness Challenge - slo-pitch
- Sept** – Boomer's Legacy
- Sept 6-8** – Wing Welcome
- Sept 18** – Terry Fox Run
- Oct** – Adventure Challenge
- Nov** – Health and Fitness Challenge - curling
- Dec** – Christmas on the Wing

Health Promotion courses, such as Top Fuel for Top performance and Weight Wellness, are featured throughout the year. See the Health Promotion director or your unit representative for more details.

Participate in featured events and purchase your 14 Wing Community Recreation Association Card today. Check out www.cfcommunitygateway.ca and explore our membership options and features by contacting Terri Abbott at the 14 Wing Greenwood Community Recreation Centre, 765-1494 ext 5341, or call the Fitness and Sports Centre, 765-1494 ext 5412.

Calendrier des activités

- 27 janvier** – Marche en raquettes et promenade en traîneau
- Les 2 et 3 février** – Carnaval d'hiver
- Mars** – Tournoi de volley-ball du Programme de santé et de conditionnement physique
- Avril** – Pâques à l'Escadre
- Du 21 au 25 avril** – Championnats nationaux masculin et féminin de volley-ball des CF
- Mai** – Course Zedex 10 km
- Mai** – Foire sur la santé et la sécurité de la SNASST avec la participation du Centre de promotion de la santé, du conditionnement physique et des sports
- Juin** – Course Run the Runway
- Juin** – Triathlon de la Force aérienne
- 27 juin** – tournoi de golf du commandant de l'Escadre
- 1er juillet** – Fête du Canada à l'Escadre
- 1er juillet** – Camps d'été pour les enfants
- Août** – Tournoi de balle lente du Programme de santé et du conditionnement physique
- Septembre** – Course à vélo Here to Hfx de la fondation Boomer's Legacy
- Du 6 au 8 septembre** – Journées d'accueil de l'Escadre
- 18 septembre** – Course Terry Fox
- Octobre** – Défi aventure
- Novembre** – Tournoi de curling du Programme de santé et du conditionnement physique
- Décembre** – Noël à l'Escadre

Les cours de promotion de la santé, tels que Bouffe-santé pour un rendement assuré et Style de vie poids-santé, sont offerts durant toute l'année à la 14e Escadre. Pour de plus amples renseignements, veuillez communiquer avec la directrice de la Promotion de la santé ou le représentant du Programme de promotion de la santé de l'unité.

Participez aux activités prévues et achetez votre carte de l'Association de loisirs communautaires la 14e Escadre, dès aujourd'hui. Consultez notre site Web à www.cfcommunitygateway.ca et découvrez nos options d'adhésion et nos services en communiquant Mme Terri Abbott, au Centre récréatif communautaire, au 765-1494, poste 5341, ou en téléphonant au Centre de conditionnement physique et des sports au 765-1494, poste 5412.

Well on the way to a happy, healthy 2012

**Mike Taylor,
14 Wing Personnel
Support Program**

New year, new you – and a renewed emphasis on health and wellness here at 14 Wing Greenwood.

Personnel Support Program staff and facilities are set to make 2012 a turning point, helping our military members and their families live to the potential of the Canadian Forces Health and Fitness Strategy.

With the reduction in troop deployment in Afghanistan and the completion of successful operations in Libya, what better time to reflect on wellness and renewal? When it comes to individual, unit and family health and wellness, 14 Wing has made some meaningful strides in recent years. The wing commander's 2008/ 2009 Wellness Campaign included the addition of significant events on base - Run the Runway, snowshoeing



Personnel Support Program fitness instructor Lauren Walton shows Sergeant Melissa Lambert a program on a treadmill.
Sergeant P.Nicholson, 14 Wing photojournalist

and youth skateboarding, for example. During the Centennial of Flight wellness initiatives led to the Iron Kids and the Air Force triathlons. During 2010/ 2011, unit fitness and a focus on mental health and fitness were highlighted.

With outstanding facilities, including the Fitness and Sports Centre, the pool and waterslide,

the arena and curling venues, the Greenwood Golf Course, the skateboard park, the bowling alley, the Lake Pleasant Campers' Club and outdoor playgrounds, pools, ball fields and soccer pitches; the opportunities to live a fit, healthy and happy lifestyle are unparalleled in Greenwood. In the last couple of years, local PSP

funding has been augmented, Health Promotion has received increased attention and the dialogue about balancing physical, mental, psychological, social and spiritual wellness has had a higher profile.

But the cultural change envisioned by the Canadian Forces Health and Fitness Strategy, with health and fitness incorporated into the lifestyle pursuits of all CF members and their families, will not happen overnight. In today's high tech environment, wellness messaging and programs must keep pace with the arbiters of sedentary lifestyle. In spite of improved results on fitness testing, increased unit fitness and enhanced family fitness and recreation programs, a "healthy lifestyle" has yet to become the mantra of the majority. In 2012, let's join together to make the wellness flame burn higher and brighter.

En route vers un 2012 heureux et sain

**Mike Taylor,
14e Escadre Programme de
soutien au personnel**

Voici encore venue cette période de l'année où les centres de conditionnement physique sont de plus en plus occupés et où les modes de vie sains, dictés par de bonnes résolutions, deviennent une importante priorité. Avec les meilleures intentions, nous nous efforçons d'adopter une approche plus cohérente en matière de santé et de condition physique personnelles. 2012, année olympique, sera-t-elle l'année au cours de laquelle nous nous cramponnerons à cette intention afin de faire partie du changement culturel envisagé par la Stratégie sur la santé et la condition physique au sein des FC?

Avec la réduction des troupes déployées en Afghanistan et la réalisation des opérations réussies en Libye, n'est-il pas temps de réfléchir sur le Programme du mieux-être et son renouvellement ? En ce qui concerne la santé et le mieux-être des personnes, des unités et des familles, la 14e Escadre a accompli des progrès significatifs au cours des dernières années. La campagne du mieux-être

2008-2009 du commandant de l'Escadre nous a permis d'ajouter d'importantes activités sur notre calendrier, notamment la course Run the Runway, la marche en raquettes et la planche à roulettes pour les jeunes. Lors de la campagne du Centenaire de l'Aviation, le mieux-être a continué d'être le centre d'intérêt, avec des activités marquantes comme Iron Kids et le Triathlon de la Force aérienne. Pour 2010-2011, le conditionnement physique de l'unité et l'importance accordée à la santé mentale et au conditionnement physique ont été parmi les faits saillants.

Avec des installations remarquables, notamment l'impeccable centre de conditionnement physique et des sports, la piscine et la glissade d'eau, l'aréna et le club de curling, le terrain de golf de Greenwood, le planchodrome, la salle de quilles, le Lake Pleasant Campers Club et les terrains de jeu, les piscines, les terrains de balle et les terrains de soccer, les occasions de mener un mode de vie sain et agréable sont innombrables ici à Greenwood.

Au cours des dernières années, le financement de programmes locaux de soutien du

personnel (PSP) a connu une augmentation, la promotion de la santé s'est vu accorder une attention accrue et le dialogue sur l'équilibre du bien-être physique, mental, psychologique, social et spirituel a été mis davantage en évidence. Néanmoins, le changement culturel désiré et suggéré par la stratégie sur la santé et la condition physique au sein des FC, où la santé et la condition physique sont intégrées dans le mode de vie adopté par tous les membres des FC et leurs familles, ne se fera pas du jour au lendemain. En effet, dans l'environnement de haute technologie d'aujourd'hui, les messages et programmes sur le mieux-être doivent s'efforcer de

suivre le rythme des arbitres du mode de vie sédentaire. Malgré les améliorations des résultats des tests de conditionnement physique, du programme de conditionnement physique de l'unité et des programmes destinés aux familles, le « mode de vie sain » n'est pas encore devenu le maître mot de la majorité des militaires.

Le PSP, en collaboration avec les partenaires actifs au sein des FC et du CRFM, contribue à cet objectif en coordonnant et en organisant de nombreuses activités du Programme du mieux-être de la 14e Escadre, prévues en 2012. Le calendrier ci-dessous présente un grand nombre des activités prévues:



Remember not all agents offer the same expertise and negotiating skills.

Banner Real Estate • Greenwood

Buying or Selling

Sois pour l'achat ou la vente service en français.
Over 20 years experience in this market place.

Ghyslaine Roy
Your Bilingual REALTOR® in the Valley
1-902-825-9469
ghyslaineroy@hotmail.com • www.groy21.com
Not intended to solicit listed properties



Proud Supporters of the Children's Miracle Network and the Breast Cancer Foundation

**KINGSTON RECREATION
OLDER ADULT FITNESS
PROGRAM.**

WHO? : Any Older Adult 55 +.

**WHAT? : Fun & social low impact
aerobic activity program.**

**WHERE? : Kingston Royal
Canadian Legion**

**WHEN? : Tues/Thurs 10am 11am
Beginning Tuesday Jan 24th at 10am**

**Cost: \$20.00/person for winter/spring Session
Or \$2 per class—Try 1 class for free & bring a friend**

**Sign up at the Village Office or give us a call at 902-765-2800.
Email : recreation@kingstonnovascotia.ca**

Eye on the sky

Corporal Pierre Richard, a ground controller in 14 Wing Greenwood's air traffic control tower, explained the work that goes on in the tower and the background needed to get the best seat on base – or at least the highest – to visiting Air Cadets from 689 RCACS Parrsboro and 562 RCAS Milford. The squadrons were at the base for a two-night tour January 12 to 14, including time to check out operations and aircraft and enjoy the recreational facilities.

S.Keddy



Canadian Forces
Housing Agency

Agence de logement
des Forces canadiennes

www.cfh.gc.ca

Notice to Occupants

A contract has recently been awarded to Stantec Consulting Ltd. to perform a Fuel Storage Tank Compliance Audit. This work is scheduled to begin within the next two weeks. The work in each unit is expected to last approximately 30 minutes and will involve a visual inspection of each fuel oil tank and oil line including pictures as required. Please ensure that all personal effects are moved away from both the fuel oil tank and the oil line prior to this inspection.

The contractor will be contacting you to set up an appointment between 0800 hrs to 1600 hrs Monday to Friday.

Residents are reminded that as per CFHA Conditions of Occupancy they are to allow CFHA contractors access to their housing unit with at least 24 hrs notice. When an appointment is arranged you must make every effort to keep the appointment. Missed appointments cause a significant disruption to productivity and scheduling.

Should you have a personal situation which dictates cancelling the appointment, a call to the contractor in a timely manner would be appreciated. The contractor's contact person is Jason Surette at (902) 456-8473.

CFHA understands RHU residents have been contacted a number of times for appointments and would like to thank you for your cooperation in getting the scheduled maintenance completed.

Avis aux occupants

Un contrat a été accordé récemment à la société Stantec Consulting Ltd. en vue de faire vérifier la conformité des réservoirs de mazout. Selon le calendrier établi, le travail devrait commencer au cours des deux prochaines semaines. On s'attend à ce que les tâches à accomplir à chaque unité de logement prennent environ 30 minutes; parmi celles-ci figurent l'inspection visuelle de chaque réservoir de mazout et des tuyaux associés, ainsi que la prise de photos au besoin. Veuillez éloigner tous vos articles personnels des réservoirs de mazout et des tuyaux associés avant l'inspection.

L'entrepreneur communiquera avec vous afin de fixer un rendez-vous entre 8 h et 16 h, du lundi au vendredi.

Nous vous rappelons que, conformément aux Conditions d'occupation de l'ALFC, vous devez permettre aux entrepreneurs de l'ALFC d'entrer dans votre unité de logement si vous avez reçu un avis d'au moins 24 heures. Lorsque vous prenez un rendez-vous, vous devez faire tout votre possible pour ne pas le manquer. Les rendez-vous ratés nuisent grandement à la productivité et au respect des échéanciers.

Si une situation personnelle vous oblige à annuler votre rendez-vous, n'oubliez pas de le mentionner à l'entrepreneur, en temps opportun. La personne-ressource chez l'entrepreneur est Jason Surette; vous pouvez le joindre en composant le 902-456-8473.

L'ALFC comprend que les résidents des ULR ont été contactés à plusieurs reprises pour des rendez-vous de maintenance et voudrait vous remercier de votre collaboration afin que cette maintenance prévue soit effectuée.

Annual Winter SHOE BLITZ

JANUARY 26 TO JANUARY 29

30-70% OFF
4 DAYS ONLY
SAVE ON TOP BRANDS
PRICES
SLASHED



Hours: Monday to Friday 9:30-9, Sat 9:30-6 Sun 12-5
www.greenwoodmall.ns.ca



Trio double up families' military connections

**Sara Keddy,
Managing editor**

If anyone should know what military life is like, it's a trio of women sworn into the Air Reserve January 18 at 14 Wing Greenwood.

Jen Morrison, Julie Crossman and Jessica Legge all joined the Reserves; each of their partners is Regular Force here at the base. Do they know what they're getting into?

"We've heard!" Morrison said.

And Air Reserve Flight Commander Major Richard LeBlanc cautioned the group as the swearing in began it was their "last chance" to opt out of a months long process to get to this point.

"You are officially entering into the profession of arms – with a unique identity, and as a proud member recognized around the world with the Canadian flash on your shoulder. I've been in the military for over 30 years, and I still cherish that," LeBlanc said.

"You'll find yourself challenged, and part of a team – part of the greatest nation building organization in Canada. I encourage you to embrace it."

Each woman repeated the oath – "What better day than today?" LeBlanc asked Morrison, acknowledging her birthday.

The women made the choice based on recent years' work in retail and service sectors – "Where you always start at the bottom," Morrison said – and as full-time parents. Joining the Reserves gives them career opportunities, transferable as their partners are posted through their Regular force career.

Employment Training Officer Master Warrant Officer John Arsenault said this addition to the Air Reserve is a "win-win."

"These people know what the military is like and, a few years down the road, they may go Regular force."

The women will start their Reserve careers in squadrons and orderly room environments.



From left are Air Reserve Flight Commander Major Richard LeBlanc, Julie Crossman, Jenny Morrison, Jessica Legge and Employment Training Officer Master Warrant Officer John Arsenault. The three women were sworn into the Air Reserves and received their Certificate of Enrolment January 18 at 14 Wing headquarters.

Corporal P.Evans, 14 AMS Wing Imaging

business of the week Bolland Driving Solutions

Offering training options for new drivers using the latest technology:

One Simple Decision™ is the world's first simulation-based impaired & distracted driving program designed to stop destructive driving behaviors. Young drivers are immersed in a personal experience illustrated through simulation, high definition consequence videos, interactive quizzes, live texting, and "Reality Check" (straight-talking interactions with RCMP, judges and trauma personnel). As seen on Extreme Home Makeover, Dr Phil and CNN! Part of our SILVER and GOLD MEDAL SOLUTIONS.

StreetReady™ teaches and assesses new drivers just as an instructor would during behind-the-wheel driving. No other simulation comes close to offering the assessment and scoring built into StreetReady™. Consider the value of our programs and go for the Gold Medal Driving Solutions; offering 12 lessons of 20 mins. in various weather conditions such as heavy snow, rain and even city driving at night!

Bolland Driving Solutions also offers Fleet Training:

VDDC™ addresses an organization's commonly overlooked and costly problem: driving. Each and every crash can impact workers comp, legal exposure, insurance, loss of productivity, etc. Protect your employees and budget with Virtual DDC. Are you concerned with your driver's skills and attitude?



Contact us, or visit us at the website below to learn more about the programs we offer.

Cornwallis Inn, Kentville

902-679-5204

www.bollanddrivingsolutions.ca



Bolland Driving Solutions

**NEXT CLASS JANUARY 28TH
AND MARCH BREAK**

Virtual Driver Interactive Simulator as seen on CNN & Dr Phil.
Used by the Military & public worldwide.

- Private lessons always
- Simulation training
- Halifax driving
- 100% pass rate 1st test in 2011

~~~~ DND Discounts ~~~~

Ask about our free shuttle service from Kingston to Kentville.  
www.bollanddrivingsolutions.ca • Phone 902-679-5204 to register today  
Classroom instructor Heather Davis

Meet Your Local Expert at Century 21 Acclaim Realty Ltd.



**Century 21**  
ACCLAIM REALTY LTD.

**Direct 902-765-0982**

Toll Free 800-565-9994

john.morash@century21.ca

**John Morash REALTOR®**

www.century21.ca/john.morash

**Buy or Sell with confidence**

**Posted?**  
Need to sell your home?

Ph: 242-7355  
Toll Free: 1-855-242-7359  
805 Central Avenue,  
Greenwood

**People's Choice Realty**

www.peopleschoicerealty.ca

**Military Relocation Approved Agents**

**TALK DIRTY, LIVE CLEAN**  
**MaidPro®**

Call our local office at  
902-242-2706  
or visit our web site at  
www.maidpro.com/annapolisvalley

**VAC Approved**  
(Direct Billing)

**MasterCard VISA**

**Sabean's Meats**  
YOUR LOCAL MEAT SHOP!

Store made sausages \$4.99/lb  
Assorted freezer packs starting at \$89.99  
**Phone: 825-1794**

Hours: Mon-Fri 10am-6pm • Sat 10am-5pm • Sun 12 noon-5pm  
located in the *Wilmot Centre* across from Guy's Frenchys.

**WINTER CAN BE TOUGH**  
We can make it easier

**ROBO**  
Fully assembled,  
tested and  
ready to go.  
Quality you won't  
find from a  
big box store.

**TOPLINE EQUIPMENT & TOOL SERVICING**  
1481 Bridge St  
765-4748  
Kingston





Canadian Forces  
Housing Agency

Agence de logement  
des Forces canadiennes

www.cfha-alfc.forces.gc.ca

## Why does rent for DND housing change annually? Demystifying the Annual Shelter Charge Adjustments

Did you know the Canadian Forces Housing Agency (CFHA) is a part of the Department of National Defence (DND) and cannot earn a profit on the housing it provides? In fact, all of the rent money collected from occupants goes back into the operation and maintenance of the housing portfolio.

These are some common questions and misconceptions about the rent adjustment process:

**How does CFHA ensure that the shelter charges (or rent) collected are fair? Why is my rent adjusted when there have been no changes or improvements made to my home?**

All rent adjustments are driven by changes in the market. Shelter charges are set annually by the Canada Mortgage and Housing Corporation (CMHC) by appraising the value of a representative selection of housing units at each site. During this process, CMHC compares DND housing units to houses in the private market, looking at factors like type of unit, size, age, general condition and how close they are to various amenities. Shelter charges for DND housing units vary because of these factors, and they reflect the rent charged for comparable houses in the local market.

**Why are rents adjusted annually?**

It is the policy of the Government of Canada to ensure shelter charges for government housing are comparable to the rent charged for similar homes in the local private market. This ensures fairness for all Canadian Forces (CF) members, regardless of where they choose to live. If the department froze rents or charged less than market value, it would not be fair to the more than 85 per cent of CF members who have chosen to live in accommodations in the private market. Shelter charge is not part of a CF member's

compensation package and is not a benefit. Treasury Board and DND accommodation policies are in place to ensure the shelter charges set for Crown housing are fair, and all government employees are treated equitably. Also, freezing shelter charge below market rates would create a taxable benefit for occupants.

**What if the market changes substantially and results in a high rent increase?**

There are measures in place to ensure people living in CFHA housing will not experience a rent adjustment that is too large. Shelter charges cannot be increased by more than \$100 per month, regardless of the CMHC appraisal value. If the shelter charge represents more than 25 per cent of the gross combined household income of the occupants, customers can apply to have the shelter charge reduced. Additionally, Ontario, British Columbia and Manitoba have rent-control legislation that restricts the shelter charge increase to a certain percentage. This legislation is adhered to when adjusting shelter charges in these provinces.

The Canadian Forces Housing Agency (CFHA) has recently sent letters to DND Housing Occupants to provide information on the results of this year's shelter charge adjustment process. These letters provide 90 days advance notice of the adjustments that will take effect 1 April 2012.

Please contact your local Housing Services Centre for more information or if you are a customer and have not yet received your letter of notification of rent adjustment. All contact information for CFHA and more information on shelter charge adjustments and provisions on affordability can be found on the CFHA website, [www.cfha-alfc.forces.gc.ca](http://www.cfha-alfc.forces.gc.ca).

## Pourquoi les loyers des logements du MDN changent ils chaque année? Démystifier les ajustements annuels des frais de gîtes

Saviez-vous que l'Agence de logement des Forces canadiennes (ALFC) fait partie du Ministère de la Défense nationale (MDN) et ne peut pas encaisser de profits provenant des logements qu'elle fournit? En fait, tous les revenus provenant des occupants sont réinvestis dans le portefeuille de logement afin de couvrir les frais de maintenance et d'opération.

Voici quelques-unes des questions et des malentendus relatifs aux ajustements des frais de gîte :

**Comment est-ce que l'ALFC s'assure que les loyers sont équitables? Pourquoi est-ce que le loyer peut être ajusté même si le logement n'a subi aucun changement ou aucune amélioration?** Les changements au marché privé sont la cause des changements aux frais de gîte. Chaque année, la Société canadienne d'hypothèques et de logement (SCHL) établit les frais de gîte par l'entremise d'une évaluation des valeurs d'une sélection représentative de logements à chaque site. La SCHL compare les logements du MDN à ceux du marché privé, en tenant compte de leur type, leur taille, leur âge, leur condition, ainsi que leur proximité aux services environnants. Les frais de gîtes qui sont établis pour les logements du MDN varient selon cette évaluation, et reflètent ceux du marché privé local.

**Pourquoi y a-t-il un ajustement chaque année?**

C'est la politique du gouvernement du Canada de veiller à ce que les frais de gîte pour les logements de l'État soient comparables à ceux du marché privé local. Cette politique assure l'équité pour tous les membres des Forces canadiennes (FC), peu importe où ils choisissent de vivre. Si l'Agence fixait les loyers, ou si ceux-ci étaient établis en dessous de ceux du marché privé local, plus de 85 % des membres des FC qui vivent dans des logements du marché privé en seraient désavantagés. Les frais de gîte ne font pas partie du régime de rémunération des membres des FC, et ils ne constituent pas non plus un avantage

social. Les politiques de logement du Conseil du Trésor et du MDN sont en place pour garantir que les frais de gîte pour les logements de l'État soient justes et que tous les employés du gouvernement soient traités équitablement. De plus, en fixant les frais de gîte on créerait un avantage impossible pour les occupants.

**Et si un changement important au marché local produisait une forte hausse des frais de gîte?**

Des mesures ont été mises en place afin d'assurer que les occupants des logements gérés par l'ALFC ne subissent pas des hausses à leurs frais de gîtes trop grandes. Les frais de gîte n'augmenteront pas de plus de 100 \$ par mois, peu importe la valeur évaluée par la SCHL. Si les frais de gîte représentent plus de 25 % du revenu brut d'un ménage, les locataires peuvent soumettre une demande de réduction de ceux-ci. En outre, l'Ontario, la Colombie-Britannique et le Manitoba ont des lois et des règlements qui contrôlent les loyers et qui limitent l'augmentation des frais de gîte à un certain pourcentage. Ces lois sont respectées lors des ajustements des frais de gîte dans ces provinces. L'ALFC a récemment envoyé des lettres aux occupants des logements de l'État afin de partager les résultats du processus d'ajustements des frais de gîte de cette année. Ces lettres fournissent un minimum de 90 jours d'avis pour les changements qui prendront effet le 1er avril 2012.

Veuillez communiquer avec votre Centre de services de logement pour obtenir de plus amples renseignements ou si vous êtes un client et vous n'avez pas encore reçu votre lettre au sujet du rajustement des frais de gîte. Toutes les coordonnées de l'ALFC et de plus amples renseignements concernant le rajustement des frais de gîte et les dispositions relatives à l'abordabilité sont disponibles sur le site Web de l'ALFC au [www.cfha-alfc.forces.gc.ca](http://www.cfha-alfc.forces.gc.ca).

## Kickin' it... Lucky Stars style

Garion Henry,  
Lucky Stars 4-H Club

The Lucky Stars 4-H Club of Melvern Square has started up for another year.

With lots of new and returning members, membership is at an all-time high, with 39 members participating in 21 projects ranging from foods and crafts to rabbit and horse.

So far this 4-H year, we've had lots of fun. In October, we had yearly elections. The newly-elected executives for 2011/12 are president Austen Brown, vice president Kristine Spidle, secretary Megan Hiltz and treasurer/club reporter Garion Henry. With the help of the executive, general leader Krystal Brown, and the participation of many of the members, we



**The Lucky Stars 4-H Club 2011/12 executive hosted a Christmas party with lots of "elfie" Christmas spirit! Executive include Garion Henry, Megan Hiltz, Kristine Spidle and Austen Brown.**

R. Henry

"showed our 4-H colours" to celebrate 4-H month in November with a club walk at the Family Fitness Trail at the duck pond in Kingston. In December, we showed our holiday spirit

at our club's Christmas party, hosted by the executive.

We've got lots planned for 2012, and are moving into the new year with high expectations.

~ FREE BLOWER ~



PACIFIC  
ENERGY

Heat. For Life

- User friendly, one-touch operation
- Air wash system for super clean ceramic glass
- Reliable, durable, non-catalytic technology
- High-tech burn system
- Easy to use ash disposal system
- Inside and outside combustion air capable
- Floating firebox design
- 304 Stainless Steel insulation cover
- Mobile home approved

Country  
Stoves  
&  
Sunrooms Ltd

- wood • oil • propane • pellet • electric • chimney • stoves • inserts • fireplaces • sunrooms •

3319 Hwy#1  
Aylesford NS, BOP 1C0  
Toll Free: 1-877-847-3494  
Ph: (902) 847-3494  
Fax: (902) 847-3353  
Email: [countrystoves1@eastlink.ca](mailto:countrystoves1@eastlink.ca)  
[www.countrystovesandsunrooms.com](http://www.countrystovesandsunrooms.com)

Kingston  
Legion

BiNGO

Sunday, 1:45 p.m.  
Tuesday, 7:30 p.m.

Regular Games - \$100

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Consolation \$300
- Double Action

Lic.# 115910-08

Zedex  
Theatre

765-8848

Sherlock Holmes  
A Game of Shadows

22 - 26 Jan 12  
Sun-Thurs 8 pm  
Rated PG

NEXT WEEK

Mission Impossible 4:  
Ghost Protocol

27 Jan - 02 Feb 12  
Fri-Thurs 7 pm  
Rated 14A

See you at the Movies

[www.zedex.ca](http://www.zedex.ca)



**RamTruck.ca/Offers**







# AMS outside the box

**Captain Lauchlin MacLean,  
14 Air Maintenance Squadron**

There is no question of 14 Air Maintenance Squadron's dedication to quality. Much effort is spent on improving outputs, fine tuning skill sets and refining best practices.

A prominent factor contributing to the success of this quality culture is the ability of personnel to drum up new ideas and angles – to think outside the box.

How do we push the limits of our capabilities? How do we harvest the good, and cut out the bad? So far, two schools of thought have arisen in the sections. The Aircraft Repair Organization (ARO) believes it is what we maintain over time - what our better technicians leave behind - that really leads to quality. The Aircraft Maintenance Organization (AMO) values what we put into our people - what we give them to make them the best technicians they can be. To test each theory, each organization decided to bring forth a "champion."

ARO, which has been har-

vesting bits and pieces of their best technicians for a long time now, put their ACS shop to work putting them together. With a little help from engine bay, they were able to jump start the assembled pieces using 100 per cent aircraft engine-generated electricity. Much to their amazement, she has been working around the clock ever since. Other technicians have been very impressed with the quality of work as well, though they have expressed concern over their inability to get her voice box functioning.

AMO broke out the black candles, pentagrams and other conjuring implements: the thought being, by investing some of their technicians with demonic spirits, their powers would increase speed, stamina and strength. While this was true, the results were virtually uncontrollable. The possessed technician is currently awaiting exorcism, and has been confined to the break room until equipment damage can be undone.

While this mistake has been costly, squadron members



**Corporal Laura Cleveland, a clerk in the S14 AMS orderly room, celebrates "horror films," the squadron's theme in the 2012 14 Wing winter carnival.**

Corporal G. Cormier,  
14 AMS Wing Imaging



**Image tech Corporal Jessica Reynolds, a Frankenstein's monster-inspired character.**

maintain, in the interest of pushing the limits of quality, the setback is certainly worth it. At any rate, the competitive spirit this has fostered will come in handy through 14 Wing winter carnival events.

# Pepped up for winter carnival

**Master Seaman Kimberly Smith,  
Winter Carnival Committee**

If you refer to the dictionary, pep rallies are designed to stimulate group enthusiasm by rousing talks, songs and cheers; or, in the case of 14 Wing Greenwood's winter carnival, any means necessary. This year's rally January 13 did not disappoint.

The day began with wing teams gathering to decorate their tables: from 14 Air Maintenance Squadron's dry ice cocktails and ghoulish monsters to the sci-fi duo with robots made from food tins to table decorating winners, Wing Administra-

tion, with their "groovy, far out" Austin Powers-themed table.

Our fearless leaders showed their competitive spirit as they competed in the Unit to Win it challenges, including getting an Oreo from their forehead to their mouth using only their faces, transferring marshmallows from one bowl to another with chopsticks and moving a toothbrush from one holder to another with the brim of a baseball cap. Overall winner was Wing Logistics and Engineering.

The Annapolis Mess provided pizza, and Starcatchers Entertainment had an amazing Hollywood-themed stage set

for karaoke. Hosts, dressed as a movie director and star were interactive with the crowd.

As OPI of the pep rally, I want to thank the volunteers who helped set up, sell 50/ 50 tickets and serve pizza. Without the assistance of volunteers, these events would not be as successful. I would also like to extend a special thank you to Rod Reeves for emceeing the event, and judging in the table decorating challenge. Thank you to Captain Marshall and his "gangsters" for providing a safe ride home.

With winter carnival upon us, let's get ready for Lights, Camera, Carnival!

## ScotiaMcLeod is pleased to introduce



**Kim Connell**  
Wealth Advisor

Kim recently joined ScotiaMcLeod after over 20 years as a business owner and developer in the Annapolis Valley. His focus will be on creating wealth management and financial planning solutions to successful individuals and business owners.

ScotiaMcLeod is one of Canada's leading investment firms and strives to build relationships for life with a focus on wealth management and commitment to clients.



**Kim Connell BBA**  
Wealth Advisor  
(902) 825-6309  
kim\_connell@scotiacleod.com  
90 Commercial St., Middleton, N.S. B0S 1P0

© Registered trademark of The Bank of Nova Scotia, used by ScotiaMcLeod under license. ScotiaMcLeod is a division of Scotia Capital Inc. Scotia Capital Inc. is a member of the Canadian Investor Protection Fund.

**BEST TOYOTA**

[www.besttoyotasales.com](http://www.besttoyotasales.com)

**USED INVENTORY**

**2005 Toyota Tacoma**  
**SR5 DBL Cab 4x4**  
**\$18,995**

|                     |                         |
|---------------------|-------------------------|
| <b>Bodystyle</b>    | 4 door Truck Double Cab |
| <b>Engine</b>       | V6 4.0L                 |
| <b>Transmission</b> | Automatic               |
| <b>Ext. Colour</b>  | Red                     |
| <b>Kilometres</b>   | 114,571                 |

**Stock Number**  
11-198A

**2009 Toyota Camry**  
**XLE V6 Sedan**  
**\$25,995**

|                     |           |
|---------------------|-----------|
| <b>Bodystyle</b>    | 4 door    |
| <b>Engine</b>       | V6        |
| <b>Transmission</b> | Automatic |
| <b>Ext. Colour</b>  | Grey      |
| <b>Kilometres</b>   | 53,000    |

**Stock Number**  
11-108A

**2007 Toyota Camry**  
**Hybrid Sedan**  
**\$17,995**

|                     |              |
|---------------------|--------------|
| <b>Bodystyle</b>    | 4 door Sedan |
| <b>Engine</b>       | 4-Cyl 2.4L   |
| <b>Transmission</b> | CVT          |
| <b>Ext. Colour</b>  | Beige        |
| <b>Kilometres</b>   | 65,000       |

**Stock Number**  
11-59B

**2008 Toyota Corolla**  
**CE Sedan**  
**\$11,995**

|                     |              |
|---------------------|--------------|
| <b>Bodystyle</b>    | 4 door Sedan |
| <b>Engine</b>       | 4-Cyl 1.8L   |
| <b>Transmission</b> | Automatic    |
| <b>Ext. Colour</b>  | Silver       |
| <b>Kilometres</b>   | 116,511      |

**Stock Number**  
11-395A

**840 Park Street Kentville, NS • Toll-free 1-888-466-2702 • (902) 678-6000**



# bravo zulu | promotions & presentations

Images: 14 AMS Wing Imaging unless otherwise indicated.



Sergeant Eric Lemieux receives his promotion to his current rank from Lieutenant-Colonel Guy Leblanc, Commanding Officer of 413 Squadron.



Private Justin Holmes receives his first chevron from Major Stephane Racle, 14 Air Maintenance Squadron Aircraft Maintenance Organization Officer.



Corporal Christopher Cole receives his promotion to current rank from Major Stephane Racle, 14 Air Maintenance Squadron Aircraft Maintenance Organization Officer.



Acting/ Lacking Master Corporal Adam Cruickshank, a member of 14 Air Maintenance Squadron, receives his appointment from Chief Warrant Officer Gabriel Chartier, Commandant at 16 Wing Air Command Academy, while attending the Primary Leadership Program.  
Master Corporal Miranda Langguth



Congratulations to Master Corporal Jessy Lamothe on receiving his promotion from Major K. Al Taylor, Wing Construction and Engineering Officer.  
Submitted



Lieutenant Colonel Pat Thauberger, 404 (Long Range Patrol & Training) Squadron's Commanding Officer, presents Major Dev Paquette 404 Squadron's Flight Deck Flight Commander with a certificate to recognise 2500 hours of flying time on the CP140 Aurora.



Private Stephan Pyke receives his first chevron from Major Stephane Racle, 14 Air Maintenance Squadron Aircraft Maintenance Organization Officer.



The 14 Wing Operations Officer, Lieutenant-Colonel Steve Chouinard presents Corporal Jennifer Rioux with her promotion on 17 Nov 2011.

## Buying or Selling

**Sue Hersey, CD1**  
REALTOR® | DND-IRP APPROVED AGENT  
**Cell: 902-309-0344**  
Office: 902-765-3505

Helping make your move stress free

28 years military experience  
[www.suehersey.com](http://www.suehersey.com)

**Exit Realty Town & Country**  
Independent Member/Broker

768 Central Ave, Greenwood

MULTIPLE LISTING SERVICE

Master Corporal Lee Johnson, a member of 14 Air Maintenance Squadron, receives his appointment from Lieutenant-Colonel J.L.R. Therrien, Commanding Officer, 438 Tactical Helicopter Squadron during Primary Leadership Program graduation in St-Jean.  
Submitted

## Find & Win

**Three easy ways to enter.**

1. Through our website: [www.auroranewspaper.com](http://www.auroranewspaper.com)

2. Fax: 765-1717

3. Drop into our office located on 83A School Road (Morfee Annex)

**Entry deadline:**  
**Noon, January 26, 2012.**

| Full name                                                                                                                                                       | Phone number |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| Complete the following questions from ads in this week's issue and win a large 2-topping pizza from <b>Pizza Delight, Greenwood</b> . Coupon valid for 30 days. |              |
| 1. What is the name of the product which will reduce beer belly? _____                                                                                          |              |
| 2. Who has toasted pumpkin seeds on their menu? _____                                                                                                           |              |
| 3. What are the kilometres on a 2009 Toyota Camry XLE V6? _____                                                                                                 |              |
| 4. Who offers fleet training? _____                                                                                                                             |              |
| 5. When does the bilingual aquacise course start? _____                                                                                                         |              |
| <b>Limited to one win per family in a TWO MONTH PERIOD.</b>                                                                                                     |              |
| The winner will be drawn randomly from all correct entries. Only one entry per family per week.                                                                 |              |
| <div><h2>Pizza Delight, Greenwood</h2><h3>765-4477</h3></div>                                                                                                   |              |
| <b>Congratulations to last week's winner: ISAIAH VALLILLEE</b>                                                                                                  |              |









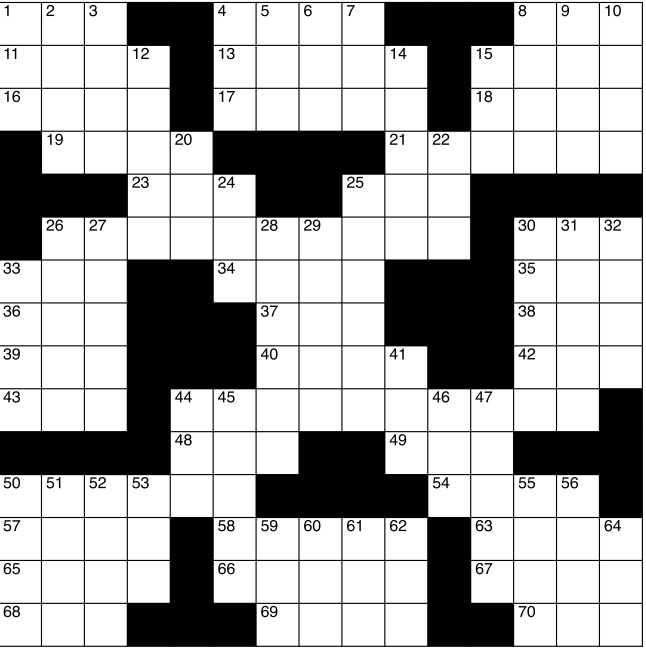
The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 83A School Road (Morfee Annex), 14 Wing Greenwood; by fax, (902)765-1717; or email [editor@auroranewspaper.com](mailto:editor@auroranewspaper.com). Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 83A, School Road, (annexe Morfee), 14<sup>e</sup> Escadre Greenwood, par fax au (902) 765-1717 ou par courriel à [l'adresse\\_editor@auroranewspaper.com](mailto:l'adresse_editor@auroranewspaper.com). Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédent la publication, à moins d'avis contraire.



metro crossword

solution page 14



- ACROSS
1. Point one point E of due S

4. Slithered

8. The brain and spinal cord (abbr.)

11. Direct the steering of a ship

13. Chops with irregular blows

15. Plural of hilum

16. Incline from vertical (geo.)

17. Simple word forms

18. Paddles

19. Roman garment

21. Meat skewers

23. Ethiopia (abbr.)

25. The cry made by sheep

26. Beatty-Bening movie

30. Concealed

33. Political action committee

34. High rock piles (Old English)

35. Scottish County (abbr.)

36. Goat and camel hair fabric

37. A very large body of water

38. Fabric stain

39. Israeli city \_\_\_\_ Aviv

40. Shoe's underside

42. Military legal corps

43. Patti Hearst's captors

44. Undecided

48. '\_\_\_\_ death do us part

49. Supervises flying

50. Many headed monsters

54. Literary language of Pakistan

57. Halo

58. Hawaiian hello

63. Lubricants

65. Mild exclamation

66. Greek fresh-water nymph

67. Nickname for grandmother

68. A restaurant bill

69. Automaker Ransom E.

70. A young man

DOWN

1. Schenectady County

2. Small water craft

3. Opposite of ecto

4. The woman

5. Skeletal muscle

6. Devoid of warmth and cordiality

7. Decameter

8. Italian goodbye

9. Mediation council

10. Impudence

12. A desert in S Israel

14. Japanese seaport

15. Nob or goblin

20. Ingested

22. Swiss river

24. Protects head from weather

25. Lava rock

26. Designer identifier

27. 34470 FL

28. Petrified ancient animal

29. Gas used in refrigeration

30. Journeys to Mecca

31. Eighth month, Jewish calendar

32. Small indefinite quantity

33. Taps

41. Extremely high frequency

44. Iguanidae genus

45. From the Leaning Tower's city

46. Cologne

47. Moses' elder brother (Bible)

50. A minute amount (Scott)

51. Hindu name for 4 epochs

52. Faded and dull

53. Radioactivity unit

55. The face of a clock

56. The inner forearm bone

59. Tai language of the Mekong region

60. Embrocate

61. Possessed

62. Public promotions

64. Sorrowful

**Senior fitness**  
Tuesdays & Thursdays, there will be older adult fitness classes at the Kingston Legion, 10 a.m. to 11 a.m. Cost \$2/ visit or \$20 until program ends. Call 765-2800 or email [recreation@kingstonnovascotia.ca](mailto:recreation@kingstonnovascotia.ca).

**At CentreStage**  
To February 11, CentreStage presents There Goes the Bride. When harassed advertising executive Timothy Westerby hits his head on the morning of his daughter's wedding, he awakens to find himself in the company of Polly Perkins, a 1920s flapper girl straight out of his current campaign. The carefully planned wedding preparations disintegrate into chaos as friends and family attempt to lead Timothy back to reality and his daughter down the aisle before the newly arrived "in-laws" abandon the wedding. The show is playing each Friday and Saturday at 8 p.m. until

February 11; 2 p.m. matinee February 5. Reservations: 678-8040, 61 River Street, Kentville. [www.centrestagetheatre.ca](http://www.centrestagetheatre.ca).

**Meeting**  
January 25, the Kings County Chapter of the Schizophrenia Society of Nova Scotia meets at the Kentville Lions' hall, 78 River Street, 7 p.m. Guest speaker is Emma Van Rooyan, a sociology honours student at Acadia University, with a provincial strategy, news updates and plans of the Kings County group in building healthy communities. Open to the public. The Kings County Chapter welcomes consumers and care providers, sharing experience and insight towards better mental health.

**VPI meeting**  
January 26, the Greenwood 14 Wing VPI will hold its monthly meeting at the VPI Centre. Flt Plan at 1500 hrs, E/ O for the

meeting at 1530 hrs, U/ S at 1535 hrs, serviceable at 1545 hrs, with T/ O planned for 1600 hrs. PLE sometime later.

**Library event**  
January 27 is national Literacy Day, and the 14 Wing Library invites everyone to join in an afternoon, 1 p.m. to 4 p.m., full of story reading and singing.

**Breakfast**  
January 28, 8 a.m. to 10 a.m., there will be a community breakfast at the Kingston Baptist Church, Main Street, Kingston. Freewill offering. Come and enjoy a hot, delicious breakfast. All welcome.

**Hike**  
January 28, Hike Nova Scotia and Middleton Recreation present a guided snowshoe hike on the Nictaux Trail in Nictaux at 1:30 p.m. Register at 825-6611 or [recoffice@town.middleton.ns.ca](mailto:recoffice@town.middleton.ns.ca). Participants qualify to win trail

prizes. Go to [www.hikenovascotia.ca](http://www.hikenovascotia.ca) for details.

**Event de quilles**  
Le 28 janvier, L'Association francophone de la Vallée en collaboration avec le Centre de ressources pour les familles militaires de Greenwood offrira gratuitement une après-midi de quilles de 15h00 à 17h00 à la salle de quilles de Greenwood. Nous avons réservé chacun six allées de quilles, alors faites vite les places sont limitées. Venez vous amuser et manger de la pizza en famille tout à fait gratuitement! Formez vos équipes et inscrivez-vous auprès du bureau de l'AFV ou en communiquant avec nous au 765-1078.

**Ticket auction**  
January 28, the Middleton Fireflies will be holding a ticket auction at the Middleton fire hall. Ticket sales from 10 a.m. to 2 p.m., with draws commencing at 2:05 p.m.

One of the Most Complete Selections of Flooring in Canada

B&D

Carpets & Flooring Ltd.

50 School Street, Middleton

825-4522

Laminates • Carpets • Vinyls • Ceramics • Hardwoods • Corks



careforce

PERSONALIZED HOME HEALTH CARE

EKCC 2010 Outstanding New Business



Free RN Consultation

- Care Personalized for your needs
- Housekeeping – Laundry – Cooking
- Alzheimer's Care – Social Outings
- RN on call 24 hours a day

Approved DVA and Insurance Service Provider

[www.careforce.ca](http://www.careforce.ca)

Kingston • 765-3122

~Obituary~

Tarrant, Robert John “Bob”,  
Kingston, NS

TARRANT, Robert John “Bob”-53 of Kingston, passed away at his home of a coronary event in the early hours of January 17, 2012. Born in Digby, he was a son of Estella (Marshall) Comeau, Middleton and the late Vincent Tarrant. Bob was a graduate of the Commercial Safety College 82; NSCC Banking and Finance and Food & Beverage Management. He dedicated his life to service in his church, family and community. Bob was a former board member of Trinity Pentecostal Church and Chairperson of the Kingston Food Bank. He loved singing, drama, outside activities and was a former member of the Greenwood Players. He was a dedicated husband and father and loved spending time with his family. He was lovingly known as “Big Bob” by his family and friends. One of his greatest joys was his grandson, Drew, whom he spent many Grampy hours with. He had numerous jobs over his life time but most recently was employed by Perry Rand as a bus driver for the Ecole Rose-des-Vents School. He also recently completed a coach training program and was looking forward to sharing this with others who like himself, took a long time to find their true passions in life. He gave his life in service to Jesus, his Lord and Savior and has returned home to be with him. He is survived by his loving wife of 35 years, Sadie Mae (Parsons), Kingston; son, Trevor (Janet); grandson, Drew, Kingston; daughter, Nicole (Roy) Willis, Halifax; mother , Estella Comeau, Middleton, step-mother Patricia Tarrant, St. Lawrence, NL; sisters, Joan Testor, Connecticut; Anita MacDonald, Deep Brook; half-sisters, Kimberly Comeau, Joggin Bridge; Paula Tarrant and Vicki Drake, both of St. Lawrence, NL; brother, Ron (Elise) Tarrant, Ottawa, ON; half-brothers, Michael Comeau, Kingston and Paul Comeau, Deep Brook. He was predeceased by his father, Vincent Joseph Tarrant and grandson, Dimitri. Visitation was held January 20, 2012 in the Middleton Funeral Home, 398 Main Street, (902) 825-3448. The funeral service was held January 21, 2012 in the Trinity Pentecostal Church, Greenwood with Rev. Mitchell Lewis and Rev. Carmen Crockett officiating. A reception for family and friends followed the interment in the church hall. Interment will be in the North Kingston Cemetery. Donations in memory may be made to the Trinity Pentecostal Church Building Fund or Gideon’s International. Online guest book may be signed by visiting [www.middletonfuneralhome.com](http://www.middletonfuneralhome.com).

metro crossword brought to you compliments of:



954 Central Avenue  
Greenwood

765-6381



All proceeds in support of the Middleton Fire Department.

**Praise service**  
January 29, there will be a 7 p.m. praise service at the Kingston Baptist Church, Main Street, Kingston. Music by Graham Moorehead and Friends. Freewill offering to the North Kingston Multi Addictions Centre for much-needed building repairs. All welcome.

**Supper**  
January 29, the Middleton and District Lions Club is holding a pork roast supper, 4 p.m. to 5:30 p.m., at the Lions' hall, Hwy #10, Nictaux. \$12/ adult, \$5/ children under 12. Take out available (pick-up only), 825-4374. This is a fundraiser for the Futureview/ Station Museum in Middleton. Please come out and support a worthy cause and enjoy a great meal!

**Luncheon**  
January 31, the Middleton Fireflies host a luncheon at the Middleton fire hall, 11 a.m. to 1 p.m. Menu: turkey burgers with cole slaw,

corn chowder, split pea/ ham soup, bread pudding or strawberry shortcake, tea or coffee. Please call 825-3062 by January 30 for take out (Middleton only).

**Supper**  
January 31, the Aylesford & District Lions host a benefit supper of ham, baked beans and potato scallop, topped off with Phillip's famous apple crisp, at the Aylesford & District Lions Hall, Auburn. Time: 4:30 p.m. to 6:30 p.m. Freewill offering, with proceeds to St. Mary's Elementary School and Pine Ridge Middle School. Great news – Greenwood Scotiabank will match the supper's proceeds up to \$5,000!

**Dance**  
February 4, Valley Pride invites everyone to its Valentine's dance at the Middleton Lions Club in Nictaux, 9 p.m. to 1 a.m. Admission is \$5 at the door, 50/ 50 tickets and door prizes, cash bar. For information, email [menembracingmen@hotmail.com](mailto:menembracingmen@hotmail.com), Facebook the same address or contact David

at (902)825-3197. It is a 19-plus dance, open to all who are gay friendly and that like to have a good time dancing and socializing.

**Programme pour parents at bébé**  
Le 4 février : programme pour parents et bébé. Durée six semaines. Chaque semaine : informations

pour parents, contes, activités temps de partage, et invités spéciaux. Après la rencontre : livres et jeux à prêter. École Rose-des-vents, de 10h à 11 h. Pour plus de renseignements et pout s'inscrire veuillez joindre Diane Brisson, (902)242-2454. Gratuit!



**Paragon**  
GOLF & COUNTRY CLUB  
Kingston, Nova Scotia

**New Membership Rates**

**\*Adult new member rate**  
(36 years of age & over) **\$550** tax incl

**Intermediate rate** (19 to 35 yrs) **\$450** tax incl

**Junior rate** (18 & younger) **\$115** tax incl

**Twilight Rate**  
(Play after 5 pm. Adjustable) **\$400** tax incl

\*These rates apply to an adult or intermediate player who has not been a member for 5 years.

Any adult who joins before Jan 31 will receive 2 green fees.  
Must pay by Cash, Debit or Cheque

For more information call 902-765-3211  
[www.paragongolf.ca](http://www.paragongolf.ca)



**Mimie's** 765-6888  
**PIZZA** 765-2232  
683 Central Ave, Greenwood

**Bowling & Pizza Combo**

**1 extra large pepperoni pizza**

**~ Plus ~**

**1 lane for 1 hour**  
Shoe rental included

**\$39.99**  
plus HST

**765-1494 ext. 5631** **GREENWOOD BOWLING CENTRE**

**The Perfect Pear Dining Room**

**at Falcourt Inn**

Reservations are now being taken for Valentine's evening, the 14th of February.

We will be serving Chef Scott's special **Valentine's Menu** from 4pm - 8:30pm.

*~ Appetizers ~*

**Creamy Two Potato Soup**  
**Warmed Crab & Artichoke Cheese Crock for "Two"**  
**Baby Greens with Citrus & Chive Dressing**  
**& Toasted Pumpkin Seeds**

*~ Entrees ~*

(All entrees will be finished with the chef's garnish)  
**Fillet of Tandoori Salmon with a Mango Melon Salsa**  
**Sundried Tomato, Basil & Feta Stuffed Breast of Chicken**  
**Oven Roasted Pomery Mustard & Peppercorn Crusted Beef Tenderloin Wrapped in Bacon**

*~ Sinful Ending ~*

**Raspberry & White Chocolate Mousse**  
**Chocolate Crème Brulee**

**\$35.00** per person + HST

Dine while enjoying the romantic sound of Frank Dobbin on the keyboard.

We recommend booking early as spaces are limited.

**Call 825-3399.**

**Falcourt Inn**

8979 Highway 201, Nictaux • [www.falcourtinn.ns.ca](http://www.falcourtinn.ns.ca)

**sudoku**

solution page 14

|   |   |   |   |  |   |   |   |   |
|---|---|---|---|--|---|---|---|---|
|   |   |   | 5 |  | 9 |   |   |   |
|   |   | 6 |   |  |   |   | 1 |   |
|   |   |   | 2 |  | 3 | 4 |   |   |
| 2 |   |   |   |  |   |   | 7 |   |
| 1 | 6 |   | 8 |  |   |   |   | 4 |
| 5 | 4 | 9 |   |  |   |   |   | 1 |
|   |   | 1 | 9 |  |   |   |   |   |
| 4 |   |   |   |  | 5 | 3 |   |   |
|   |   |   | 6 |  |   |   | 9 | 2 |

**Fun By The Numbers** Level: Beginner

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

*sudoku brought to you compliments of:*



**\$5 Footlong Subs are Back!**

Classic Subs including the new egg salad and cheese omelette.

Middleton - 902-825-5525 • Greenwood - 902-765-2267

**patrick's puzzle**

|  |   |  |  |   |  |  |   |  |
|--|---|--|--|---|--|--|---|--|
|  | 1 |  |  | 2 |  |  | 3 |  |
|  |   |  |  |   |  |  |   |  |
|  |   |  |  |   |  |  |   |  |
|  |   |  |  |   |  |  |   |  |
|  |   |  |  |   |  |  |   |  |
|  |   |  |  |   |  |  |   |  |
|  |   |  |  |   |  |  |   |  |
|  |   |  |  |   |  |  |   |  |
|  |   |  |  |   |  |  |   |  |

**ACROSS**

1. Another word for scary

5. Come to the surface again

7. Set of clothes

**DOWN**

1. To frighten

2. A smell

3. Youngsters

4. Part of the mouth

6. Malaysian fabric

**Answers:**

Across: 1. spooky 5. risen 7. costume

Down: 1. scare 2. odor 3. kids 4. tongue 6. ikat

*patrick's puzzle brought to you compliments of:*



**TELUS**  
authorized dealer  
Cellular Sales & Service  
Authorized Product Care Centre  
765-2415



# classifieds

Classified advertisements, 35 words or less, are \$7 tax included. Additional words are 10 cents each, plus tax. Bolded text \$8, tax included. If you require a receipt and/or invoice via Canada Post a surcharge of \$1 including tax will be added.

Classified advertising must be booked and prepaid by noon Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 765-1494 local 5440, visit the office, 83A School Road, Morfee Annex, Greenwood; email [frontdesk@auroranewspaper.com](mailto:frontdesk@auroranewspaper.com) or fax 765-1717.

To place a boxed, display ad, contact 765-1494 local 5833; email [marketing@auroranewspaper.com](mailto:marketing@auroranewspaper.com).

Les annonces classées, 35 mots ou moins, sont vendues au prix de 7 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 8 \$, taxes incluses. Si vous voulez recevoir un reçu et/ou d'une facture par l'entremise de Postes Canada, un supplément de 1 \$, taxes incluses, sera ajouté.

Les annonces classées doivent être réservées et payées à l'avance avant midi, le mercredi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au (902) 765-1494 poste 5440, visiter notre bureau au 83A, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à [frontdesk@auroranewspaper.com](mailto:frontdesk@auroranewspaper.com) ou nous transmettre un fax au (902) 765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au (902) 765-1494 poste 5833, ou un courriel à [marketing@auroranewspaper.com](mailto:marketing@auroranewspaper.com).

## FOR SALE

**FOR SALE – OCEANFRONT APPROVED BUILDING LOT. 1.2 acres, 150 feet waterfront on the BAY OF FUNDY, PORT GEORGE AREA. Very private yet only 10 minutes from Middleton. Easy year-round access. Many newer**

**upscale homes. Assessed value of \$80,000.00. Open to reasonable offers. Call 825-4093. (3304-1tpb)**

## FOR RENT

**FOR RENT – Three bedroom ranch style bungalow in Kingston. One full bath. Includes all appliances plus washer and dryer. Heat and lights included. \$1,500.00 per month. Call Jacque @ 765-3877. (3248-ufn)**

**FOR RENT – Small two bedroom Main Street house in east Kingston. One full bath. Furnished/unfurnished. Cable included. Fridge & stove included. Snow clearing and lawn care provided. \$650.00 per month plus utilities. Call Jacque @ 765-3877. (3248-ufn)**

**FOR RENT – Clean 1 & 2 Bedroom Apts. Greenwood. \$725/month & \$775/month Heat & Lights incl. Fridge, stove & dishwasher. W/D**

**Hook up. No dogs. References required. Call Ross 840-0534. (3302-ufnb)**

**FOR RENT – Clean 3 Bedroom Apt. Nictaux. \$850/month Heat & Lights incl. Fridge, stove & dishwasher. W/D Hook up. No dogs. References required. Call Ross 840-0534 (3302-ufnb)**

**FOR RENT – Available February 1, 2012, Victoria St. Middleton. Worry free retirement living at its best. 2 bedroom apartment, 11 sq ft living space. Kitchen has 6 appliances. Hardwood floor, R2000 + construction, electric heat. Paved driveway. Snow and garbage removal, lawn care included. Very quiet area, 10 minute walk to all amenities.**

**\$795.00 per month. Call Joan for further information. 847-1365. (3249-8tpb)**

**FOR RENT – Single Family home in Kingston. Beautiful private setting with deck. Recent upgrades. Close to Superstore and golfing. 5 appliances, non smoking and references required. \$950.00 plus utilities. Available Feb. 01, 2012. Call 765-2884 or 824-3164. (3303-2tp)**

**FOR RENT – Room for rent. Looking for mature employed non-smoker to rent a large fully furnished room in Fales River Subdivision. (Greenwood Area). Close to all amenities. \$125.00 per week. Meals can be included with adjusted agreed upon rent.**

**Phone 765-3092. (3304-2tpb)**

**FOR RENT – 3 Bedroom semi-detached home, 1.5 bathrooms, living room with den, nicely finished home in Kingston. Mostly hardwood & ceramic floors. Large patio deck, no smoking or pets. Available Feb 1st, 2012. Rent is \$800 a months. Phone 765-6870 or 665-0322. (3304-1tpb)**

**FOR RENT – Worry free retirement living located centrally between Kingston and Greenwood on Sampson Drive. New built 2 bedroom duplex, with in floor heating, 5 appliances, attached garage, spacious lots with back patio and front deck. Paved driveway with snow removal and lawn care included. 5 minutes away from 2-18 hole golf courses, Greenwood base**

**gym facilities and Greenwood Mall shopping center. Transit services. For more information or viewing please contact 902-765-0339 or 902-848-6279. (3302-4tpb)**

## SERVICES

**SERVICE – Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates – flexible hours. Call Mike at 242-2465 or 840-0529. Greenwood/Kingston (3024-ufn)**

**SERVICE – Two spots available at my in-home daycare. We read, sing, do crafts, dance, and play! Healthy snacks and lunch provided. Located in Kingston. I have great references and great rates. Please call Heather at 765-3825. (3303-8tpb)**

## DAN'S FIREWOOD

Hardwood, \$200 a cord  
Softwood, \$160 a cord  
Cut, Split, Delivered  
**Ph: 825-6424**

## ENGLAND

**We Buy FURNITURE**  
By the piece or lot.  
We do local moving  
**765-4430**  
812 Maple Street Ext., Kingston

## Valleywide In-Home Computer Repair

**Offers a full range of services in the comfort of your home**

- Upgrades • Sales •
- Networking • Tutoring •
- Pickup/Return •
- Laptop Repair •
- Eve-Wkend Appointments •
- Drop-off in Aylesford •

**For Fast, Economical, Convenient Service  
~ Call Valleywide ~  
844-2299**

## PARKER & RICHTER

Barristers, Solicitors, Notaries  
**Chris Parker L.L.B.**  
**Ronald D. Richter**  
(B.A. Hon.), L.L.B.  
Southgate Court,  
Greenwood N.S.

Phone: **902-765-4992**  
Fax: **902-765-4120**  
"Serving the Western Valley Since 1977"

## RALPH FREEMAN

**MOTORS LTD.**  
**YOUR LOCAL USED CAR DEALER**  
**Licensed Mechanic Available on Site**  
• Rust Check  
• U-Haul Dealer  
[www.freemansautosales.com](http://www.freemansautosales.com)

820 Main Street, Kingston  
**765-2544 765-2555**

## C. HANSON DOWELL, Q.C.

250 Main St., Middleton  
**825-3059**

**GUITAR GURU**  
**GUITAR LESSONS**  
Play & Learn in our comfortable home studio  
Electric or Acoustic Guitar  
All ages, all styles of music  
Beginner to Advanced  
Over 26 years experience  
Call Steve 825-6553

*Durand, Gillis & Schumacher Associates*  
*Barristers, Solicitors, Notaries*  
**W. Bruce Gillis, Q.C.**

**Blaine G. Schumacher, CD**  
(Also of the Alberta Bar)  
Counsel:

**Clare H. Durand, Q.C.**  
(Non-Practicing)  
Phone (902) **825-3415**  
Fax (902) **825-2522**

74 Commercial Street  
P.O. Box 700  
Middleton, NS  
B0S 1P0

**VALUABLE COUPON**

Complete Mobile Service

• repairs  
• replacements  
• truck sliders

**CHARLIE'S AUTO GLASS**

**\$100 OFF DEDUCTIBLE**

FOR INSURANCE WINDSHIELD CLAIMS

**MORE THAN 25 YEARS OF EXPERIENCE!**

**Middleton: 825-3659**

**JASON BEZANSON**

**ROOFING & CONSTRUCTION**

9594 South Farmington  
RR1 Wilmot, NS B0P 1W0  
840-0552

Specializing in Roofing • Free Estimates

**Steve Lake's Light Trucking**

Moving & Deliveries

16' Cube Van  
**844 0551**

**FOR SALE FIREWOOD**

Clear Hardwood  
Cut, Split and Delivered  
Quality Guaranteed  
Please Phone  
**825-3361**

**Future Glass and Mirror Ltd.**

Sampson Dr., Greenwood  
902-765-2105  
SPECIALIZING REPAIRS/REPLACEMENTS OF WINDSHIELDS

ALSO: \*plateglass \*mirrors  
\*plexiglass  
\* vehicle accessories  
\* window & screen repairs

Many Used Windshields Available at Reduced Prices  
"INSURANCE CLAIMS OUR SPECIALTY"

**cole sawler**

**Barristers • Solicitors • Notaries**

**Stephen I. Cole, LL.B.**  
**Craig G. Sawler, LL.B.**  
264 Main Street, Middleton, N.S.

Tel: 902-825-6288  
Fax: 902-825-4340  
Email: [info@colesawlerlaw.ca](mailto:info@colesawlerlaw.ca)  
Website: [www.colesawlerlaw.ca](http://www.colesawlerlaw.ca)  
Evening and Weekend Appointments Available

## David A. Proudfoot

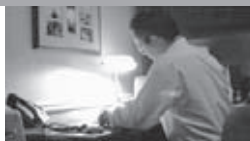
Barrister \* Solicitor \* Notary

811 Central Avenue, PO Box 100  
Greenwood, NS B0P 1N0

Email: [dap@davidproudfoot.com](mailto:dap@davidproudfoot.com)

Web: [www.davidproudfoot.com](http://www.davidproudfoot.com)

T: 902-765-3301 F: 902-765-6493



- Real Estate
- Family Law
- Wills / Estates
- Consultations / Referrals

## crossword solution

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | B | E |   | S | L | I | D |   | C | N | S |   |   |   |   |
| C | O | N | N |   | H | A | C | K | S |   | H | I | L | A |   |
| H | A | D | E |   | E | T | Y | M | A |   | O | A | R | S |   |
|   | T | O | G | A |   |   |   |   | K | A | B | O | B | S |   |
|   |   |   | E | T | H |   |   | B | A | A |   |   |   |   |   |
|   | L | O | V | E | A | F | F | A | I | R |   | H | I | D |   |
| P | A | C |   |   | T | O | R | S |   |   |   | A | Y | R |   |
| A | B | A |   |   | S | E | A |   |   |   |   | D | Y | E |   |
| T | E | L |   |   | S | O | L | E |   |   |   | J | A | G |   |
| S | L | A |   | U | P | I | N | T | H | E | A | I | R |   |   |
|   |   |   | T | I | L |   |   | F | A | A |   |   |   |   |   |
| H | Y | D | R | A | S |   |   |   |   |   | U | R | D | U |   |
| A | U | R | A |   | A | L | O | H | A |   |   | O | I | L | S |
| E | G | A | D |   | N | A | I | A | D |   |   | N | A | N | A |
| T | A | B |   |   | O | L | D | S |   |   |   | L | A | D |   |

## sudoku solution

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 3 | 2 | 4 | 5 | 1 | 9 | 7 | 8 | 6 |
| 9 | 5 | 6 | 7 | 4 | 8 | 2 | 1 | 3 |
| 7 | 1 | 8 | 2 | 6 | 3 | 4 | 5 | 9 |
| 2 | 8 | 3 | 4 | 9 | 1 | 6 | 7 | 5 |
| 1 | 6 | 7 | 8 | 5 | 2 | 9 | 3 | 4 |
| 5 | 4 | 9 | 3 | 7 | 6 | 8 | 2 | 1 |
| 6 | 3 | 1 | 9 | 2 | 7 | 5 | 4 | 8 |
| 4 | 9 | 2 | 1 | 8 | 5 | 3 | 6 | 7 |
| 8 | 7 | 5 | 6 | 3 | 4 | 1 | 9 | 2 |

## Bilingual Aquacise Course Cours d'aquaforme bilingue

**Course starts: 3 February 2012**

**Duration: 9 weeks**

**Hours: 1830 to 1930**

**Price: Members - \$42, non-members - \$55**

**Where: Fitness and Sport Centre,**

**14 Wing Greenwood**

**Instructor: Valerie Pariseau**

**Debut de la session: Le 3 fevrier 2012**

**Duree: 9 semaines**

**Heure: De 18h30 a 19h30**

**Prix: Membre - 42\$, non-membre - 55\$**

**Ou: Piscine du Centre de Sport et d'Education**

**Physique de 14<sup>e</sup> ere Greenwood**

**Monitrice: Valerie Pariseau**

**To register or for more information  
please contact Marie-Claude Carrier  
at 765-1494 ext.5564**

**Pour vous inscrire ou pour obtenir plus  
d'informations, communiquez avec  
Marie-Claude Carrier, au 765-1494 poste 5564.**

## the Aurora obituaries

The Aurora Newspaper offers obituary notices to the community. Families may record their loved one's life as they wish, and work with our staff to design borders, add photos and proofread the final notice.

Obituaries are priced at 55 cents per line (black and white) or 65 cents per line (colour). Obituaries for serving Canadian Forces Regular, Reserve members and Canadian Forces veterans are complimentary to an eighth of a page space (2 columns x 67 lines), black and white only. Regular line rates apply on space over this size.

Payment is required before publication (cash, cheque or VISA, MasterCard, AMEX).

Contact Anne Kempton, 765-1494 x 5833, [marketing@auroranewspaper.com](mailto:marketing@auroranewspaper.com), for details.



# Padre's corner | Raising G-rated kids in an X-rated world, Part 4

**Padre Gord Poley**

It is an X- Rated World out there. Canadians teens are sexually active at a very young age: 20 per cent of 14 year olds, 50 per cent of 16 year olds and 85 per cent of 17 year olds have lost their virginity. What a young age to struggle with all the powerful - and often confusing - emotions that come with our first attempts at sex. Mark Twain sarcastically said, "Parenting is easy until your kids hit the age of 12 or 13. Then you should put them in a barrel, put a lid on the barrel and feed them through the knot hole. At the age of 16 you simply cover up the knot hole." Well, Mr. Twain, this may be funny, but not very practical.

Teenagers are not alone at stretching their parents. Even parenting a two or three year

old is challenging when their philosophy is so often "If I like it, it's mine. If it's in my hand, it's mine. If I had it a little while ago, it's mine. If I can take it from you, it's mine. If it looks just like mine, it's mine. If I even think it's mine, it's mine."

Here are three more "pillars" for parents who want to raise G-Rated Kids in an X-Rated World:

A commitment to personal development - Once upon a time, my kids adored me. It's true. They would tell their friends, "My daddy is so big and strong. My daddy can fix anything. My daddy knows the answer." In fact, when they were young, for some reason, everything I did as a parent worked! However, when my four daughters entered adolescence, I suddenly become the "obnoxious man in the house"

and everything this parent did that used to work no longer did! I quickly understood, if I didn't "relearn" how to parent, I was going to lose my kids. Parents, because your kids are continuously growing from one phase in life to the next, you must grow with them. Keep learning. Re-tool!

- A commitment to spiritual development - A plant requires four elements to be healthy: air, soil, water and sunlight. If you just take one of these four away, the plant will wilt and eventually die. In the same way, people require more than just physical health. They also need mental, emotional and spiritual health. Parents, do not forget to teach your children spiritual truth. Proverbs 22:6 says "Teach your children to choose the right path, and when

they are older, they will remain upon it." Why do we teach our kids to keep their eye on the ball and to follow through on their shot, but often get lax in teaching them God's ways? Don't allow your kids to grow up in a spiritual vacuum. They need to know about forgiveness, grace, compassion, right and wrong, hope, inner peace and, especially, God's unconditional love. Did you know, for the last 2,000 years, the Bible has been the most published book every year? It is consistently the best seller. Ask your padre to help you choose a good children's Bible and read to your kids this #1 world literary classic.

- A commitment to unconditional love - Love can be classified in two separate categories: conditional and unconditional. Conditional love says,

"I love you if... or because... or when..."; "I love you if you clean your room, or if you get good grades or because you love me back." However, conditional love produces insecure, performance oriented kids. Just telling your kids you love them is not enough. Talk is cheap. Love is an action word. I John 3:18 says "Dear children, let us stop just saying we love each other; let us really show it by our actions." Parents must demonstrate approval, acceptance and a love to their kids not based on performance.

A great example of unconditional love is the story of the prodigal son (Google Luke 15:11-32 and read it now). A young boy chooses his dad's money over his dad. He takes his inheritance early and runs away to "enjoy life". However,

the path he has chosen actually leads to disaster. Duh! After he hits rock bottom, he returns home thinking even a minimum wage job at his dad's corporation would be better than living on the streets. He expects, even deserves, an embarrassing "I told you so" from his father, but gets a shockingly warm reception instead. What a wonderful model of unconditional love and forgiveness. In reality, it is actually a picture of how God treats us when we mess up. God's love is not about learning a "religion" but, rather, having a "relationship" with you. Did you get that? God wants a relationship with you.

Want to be the best parent you can be? Love your child the way God loves you - an unconditional love. After all, He is the perfect, heavenly parent.

## Le coin de l'aumônier | Élever des enfants modèles dans un monde permissif: Partie 4

**L'aumônier Gord Poley**

Nous vivons dans un monde permissif. Les adolescents canadiens sont actifs sexuellement à un très jeune âge : 20 % des jeunes de 14 ans, 50 % des jeunes de 16 ans et 85 % des jeunes de 17 ans ont perdu leur virginité. Quel jeune âge pour être aux prises avec les émotions puissantes et souvent troublantes que suscitent nos premiers ébats sexuels. Mark Twain a dit de façon sarcastique: «Il est facile d'être parent jusqu'à ce que les enfants atteignent l'âge de 12 ou 13 ans. Ensuite, il faudrait les mettre dans un baril, en fermer le couvercle et les nourrir par un trou de noeud du bois. Et à l'âge de 16 ans, il suffit tout simplement de boucher le trou. » Eh bien, Monsieur Twain, vous avez eu un beau mot d'esprit, mais dans la réalité, ce n'est pas très pratique.

Les adolescents ne sont pas les seuls qui testent les limites de leurs parents. Même élever

un enfant de 2 ou 3 ans représente tout un défi lorsque sa philosophie est si souvent la suivante ... « Si j'aime ça, c'est à moi. Si c'est dans ma main, c'est à moi. Si je l'avais il y a un p'tit moment, c'est à moi. Si je peux te l'enlever, c'est à moi. Si ça ressemble à quelque chose qui est à moi, c'est à moi. Si je ne fais que penser que c'est à moi, c'est à moi. »

Voici trois autres piliers sur lesquels peuvent s'appuyer les parents qui veulent élever des enfants modèles dans un monde permissif.

- La volonté de voir à son développement personnel. Il fut un temps où mes enfants m'adoraient. C'est vrai. Ils disaient à leurs amis... « Mon papa est si grand et si fort. Mon papa peut tout réparer. Mon papa connaît la réponse. » En fait, lorsque mes quatre filles étaient petites, pour une raison ou une autre, tout ce que je faisais en tant que parent fonctionnait! Toutefois, lorsqu'elles sont

entrées dans l'adolescence, je suis soudainement devenu « l'homme achaland de la maison », et tout ce que je faisais en tant que parent qui avait fonctionné ne fonctionnait plus! J'ai rapidement compris que si je ne « réapprenais » pas ma tâche de parent, j'allais perdre mes enfants. Cher parents, parce que vos enfants grandissent constamment et passent d'une phase de la vie à une autre, vous devez grandir avec eux. Continuez d'apprendre. Réoutillez-vous!

- La volonté de voir à son développement spirituel. Une plante a besoin de quatre éléments pour être en santé : de l'air, de la terre, de l'eau et de la lumière. Si vous la privez de l'un de ces quatre éléments, la plante flétrira et puis mourra. De la même façon, pour les humains, la seule bonne santé physique ne suffit pas. Ils ont aussi besoin d'une bonne santé mentale, émotionnelle et spirituelle. Cher parents, n'oubliez

pas d'enseigner à vos enfants la vérité spirituelle. Il est dit aux Proverbes, 22:6: « Instruis l'enfant selon la voie qu'il doit suivre ; Et quand il sera vieux, il ne s'en détournera pas. »

Pourquoi enseignons-nous à nos enfants de bien regarder la balle et de continuer leur élan, mais oublions souvent de leur enseigner les voies divines? Ne laissez pas vos enfants grandir dans un vide spirituel. Ils ont besoin d'apprendre ce que sont le pardon, la grâce, le bon et le mauvais, l'espoir, la paix intérieure et surtout l'amour inconditionnel de Dieu. Saviez-vous que depuis deux mille ans, la Bible est le livre le plus publié chaque année! Elle est constamment le best-seller. Demandez à votre aumônier de vous aider à choisir une bonne Bible pour les jeunes, et lisez à vos enfants ce classique de la littérature mondiale.

- La volonté d'aimer inconditionnellement. On peut classer l'amour en deux catégories distinctes : conditionnel et inconditionnel. L'amour conditionnel dit :

« Je t'aime si... ou parce que ... ou quand ... », « Je t'aime si tu fais le ménage de ta chambre ou si tu obtiens de bonnes notes ou si tu m'aimes à ton tour. » L'amour conditionnel produit toutefois des enfants insécures, axés sur la performance! Le seul fait de dire à vos enfants que vous les aimez n'est pas assez. Les paroles s'envolent. Aimer est un verbe d'action. Dans I Jean 3:18, l'apôtre dit : « Mes petits enfants, n'aimons pas de parole et de langue, mais en action et en vérité. » Les parents doivent montrer à leurs enfants que leur approbation, leur acceptation et leur amour ne sont pas fondés sur le rendement.

Un bel exemple d'amour inconditionnel est l'histoire de l'enfant prodigue (Googlez « Luc 15:11-32 » et lisez-la maintenant). Il s'agit de l'histoire d'un jeune garçon qui choisit l'argent de son père plutôt que son père. Il prend son héritage tout de suite et part pour « vivre dans

la débauche ». Toutefois, les choses tournent mal. Quelle surprise! Après avoir atteint le fond du baril, il revient à la maison en pensant que même un emploi au salaire minimum dans l'entreprise de son père serait préférable à l'itinérance dans les rues. Il s'attend à ce que son père lui fasse une réprimande bien méritée, mais à sa grande surprise, ce dernier lui réserve un accueil chaleureux.

Quel merveilleux exemple d'amour inconditionnel et de pardon. En réalité, c'est un exemple de la façon dont Dieu nous traite lorsque nous errons. L'amour de Dieu ne consiste pas à vous inculquer une « religion », mais plutôt à entretenir une « relation » avec vous. Avez-vous compris? Dieu veut entretenir une relation avec vous!

Vous voulez être le meilleur parent possible? Aimez votre enfant de la même façon que Dieu vous aime - inconditionnellement. Après tout, Il est le parfait parent divin.



## Wags & Wiggles

Dog Grooming & Deluxe Boarding Kennels  
All Sizes & Breeds Welcome  
Doggie Daycare & Airport Services Available

**(902) 847-0871**  
312 Crocker Road, Harmony

Our goal is happy dogs and satisfied customers!  
[www.nslocal.ca/wagsandwiggles](http://www.nslocal.ca/wagsandwiggles)

HOUSE OF COMMONS CHAMBRE DES COMMUNES

**Greg Kerr**  
Member of Parliament/Député  
West Nova/Nova-Ouest

233 Water Street  
Yarmouth, BSA 1M1  
Office/Bureau (902) 742-6808  
Fax/Télécopieur (902) 742-6815

14373 Highway 1  
Wilmot, N.S. B0P 1W0  
Office/Bureau (902) 825-2320  
Fax/Télécopieur (902) 825-3785

**Toll Free/Sans Frais 1-866-280-5302**  
[greg.kerr.c2@parl.gc.ca](mailto:greg.kerr.c2@parl.gc.ca)



## Furry Friends Inn

Horse/Dog Training & Boarding

Limited spaces available so your pet will get the best care.

Offering horse and dog training lessons, pony rides, horse and pony sales.

1008 Ruggles Rd, Spa Springs  
1 902.825.3208 • [www.furryfriendsinn.ca](http://www.furryfriendsinn.ca)



## Afternoon bowling outing for Francophone families

**Danielle Brochu,**  
GMFRC second language services associate

The Greenwood Military Family Resource Centre, in cooperation with the Association francophone de la Vallée de l'Annapolis (AFV), invites you to attend a free afternoon of bowling organized for Francophone families.

January 28, from 3 p.m. to 5 p.m., come out to enjoy some family time and knock down

a few pins at the Greenwood Bowling Centre (located at the community centre). Pizza, pop and cake will also be offered free of charge. In addition, an activities leader will be on hand to liven up the event with games, bowling tips, and face painting. This is an all-ages activity.

Seize this opportunity to meet other people who want to have fun in French. To sign up, call 765-5611 before January 25. Hurry, as spots are limited!

## Un après-midi franco-famille de quilles ? Ça vous tente ?

**Danielle Brochu,**  
Aadjointe des services de langues secondes au CRFMG

Le Centre de ressources pour les familles militaires de Greenwood, en collaboration avec l'Association francophone de la Vallée de l'Annapolis (AFV), vous invite gratuitement à participer à un après-midi de quilles organisé pour les familles francophones.

Le 28 janvier, de 15 h à 17 h, prenez le temps d'apprécier un moment en famille et venez faire quelques abats au Centre de quilles de la 14<sup>e</sup>

Escadre (situé dans le centre communautaire). De la pizza, boissons gazeuses et gâteaux vous seront servis gratuitement. De plus, un animateur viendra égayer cet après-midi avec des jeux, de l'aide pour jouer aux quilles ainsi que de la peinture faciale. Cette activité est ouverte aux petits et aux grands.

Venez profiter de cette opportunité pour rencontrer d'autres personnes qui veulent s'amuser en français ! Pour vous inscrire, appeler au 765-5611 avant le 25 janvier. Dépêchez-vous, les places sont limitées !



## Musical gift

Harley Hazelwood of the Upper Room Food Bank in Kingston was pleased to accept a cheque for \$2,200 recently, from Chris Palmer and King Lion Dave McHattie of the Kingston Lions Club. This represents the amount raised from the musical show December 18 at the Kingston Lions Hall, hosted by Palmer.

Submitted

## The Ultimate Energy Pack!

### Reduce Beer Belly Increase Energy!

- ✓ Increase Testosterone
- ✓ Increase Energy
- ✓ Reduce Belly Fat
- ✓ Enhance Libido

Ultimate Male Energy, with nutrients that support testosterone levels and reduce the impact of excess estrogen, to help you recapture the energy and body of youth!

Ask for **ULTIMATE MALE ENERGY**



### Balance Hormones and Reduce Body Fat!

*I have been taking Ultimate Her Energy for 3 weeks, and I've lost 2 pounds each week! I have struggled with the last 12 pounds that I wanted to lose for a long time. Finally I'm seeing results... I was so amazed that I was losing fat. I feel so much better and have a lot of energy. Thank you very much! T. P.*

Reduce excess body fat by restoring healthy hormone balance with Ultimate Her Energy.

Ask for **ULTIMATE HER ENERGY**



### Lose Fat Fast, Control Appetite and Energize!

*Ultimate Lean Energy is excellent! I have a lot more energy now in the morning and throughout the day. I have already seen a major improvement in my body... Thank you! Z.C.*

Achieve your maximum fat loss goals safely and quickly with Ultimate Lean Energy!

Ask for **ULTIMATE LEAN ENERGY**



**Country Store**

Natural Alternatives for a Healthy Lifestyle  
Greenwood Mall • 902-765-4766

**JOURNÉE FAMILIALE DE PLAISIR EN RAQUETTE  
À LA 14<sup>E</sup> ESCADRE**  
au terrain de golf de Greenwood

**VENDREDI 27 JANVIER**

15 h 30 à 17 h 30

Raquette en famille  
Balades en traîneau tiré par des chevaux  
Chocolat chaud gratuit  
Jeux et peinture faciale pour les enfants

**Nous fournissons les raquettes, vous fournissez les pieds...**  
Seulement pour les militaires, leurs familles et les détenteurs de la (Passe du Centre Récréatif)

**SVP appeler au 765-1494**  
poste. 5331, 5337, 5341, ou 1421

14 WING • ESCADRE 14 GREENWOOD, NS

**the Aurora**

## It's that time of year!

Here is your chance to have your business featured in a great reference for military households for an entire year.

### 14 Wing Greenwood Information Guide 2012

This full colour publication provides information on all activities, squadrons and units on the wing and is distributed to all new arrivals.

### Inside Advertising sizes & rates:

- 1/4 page \$400 plus tax
- 1/2 page \$700 plus tax
- Full page \$1000 plus tax

**Deadline  
Feb. 14**

Call Anne at 765-1494 ext. 5833  
or email [marketing@auroranewspaper.com](mailto:marketing@auroranewspaper.com)  
Visit our website to view last year's guide  
[www.auroranewspaper.com](http://www.auroranewspaper.com)

