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The Aurora newspaper

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14 WING • ESCADRE 14 GREENWOOD, NS

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O'Brien is Back!

Corporal (Cpl) Karen Lindsay (right wing) and Master Corporal (MCpl) Chris Crowell (left wing) remove the chocks from Aurora aircraft CP140101 to launch their first O'Brien mission, as Cpl Shawn Skaling marshalls the aircraft outside 11 Hangar on 09 March, 2011. The crew are members of 14 Air Maintenance Squadron (AMS), Greenwood, Nova Scotia.

(Image: Corporal Melissa Spence, 14 AMS Wing Imaging, Imagery Technician)

By: Warrant Officer Paul Blinn

After a long hiatus of eight years, the O'Brien Competition or "EXERCISE O'BRIEN" to which it is now referred has officially returned. This prestigious event previously pitted the best Maritime Patrol (MP) crew from among 405, 407 and 415 Squadrons (Sqdn(s)) against each other in an ASW (Anti Submarine Warfare) competition. The winners, along with bragging rights as the best Canadian crew, typically represented Canada at the Fincastle International ASW competition. This year 14 Wing hosted EXERCISE O'BRIEN from March 4-11, 2011 which saw 405 Long Range Patrol (LRP) Squadron and 14 Air Maintenance (14 AMS) Squadron representing the East coast and 407 LRP Sqdn the West. Both Sqdns sent their AEU (Air Expeditionary Unit) crews, or as we used to call them, Vanguard crews to compete in the Exercise to identify the most proficient Aurora crew in Canada.

How the O'Brien Trophy came into being is part of MP's, now LRP's, continuing history. In 1965, during the annual Maritime Command Aircrew Training Conference, it was recommended that an annual inter-squadron ASW (Anti Submarine Warfare) competition be introduced to increase MP crew effectiveness. The first contest took

place 10 to 12 July 1969 in Summerside, PEI. Admiral O'Brien, the Maritime Commander at the time, donated a trophy to be awarded to the top crew. It is officially called "The Maritime Commander's Trophy" but has since become known as the "O'Brien Cup".

Each Canadian MP Squadron was to be represented by one 15-man crew and a 10-man technical support team. Competing crews were required to demonstrate proficiency in all aspects of ASW against a Canadian Oberon class submarine, as well as bombing accuracy against a towed target. As an incentive, the winning crew was awarded with a long range patrol on the opposite coast from that of their home unit. This competition eventually evolved as a means to select the top Canadian crew to compete in the annual Commonwealth (United Kingdom, New Zealand, Australia and Canada) Fincastle Competition.

Unfortunately the last O'Brien Competition was held in 2003 as a result of changing priorities and LRP taskings coupled with restructuring and down-sizing within the CF. Similar changes have also affected our fellow Commonwealth nations and the Fincastle Competition has also been delayed or cancelled in recent years, 2006 being the last year one. In October of 2010 the CMAAG

(Commanders Maritime Air Advisory Group) identified the need to more accurately assess the proficiency of LRP crews and the capabilities of our aircraft. The Aurora crews were to be tested carrying out various mission profiles that may be required to support Canadian domestic and international policy. As a result, a reinvigorated O'Brien Competition to be referred to as EXERCISE O'BRIEN was identified to be the vehicle to achieve that intent.

Lieutenant Colonel Ron Walker, Commanding Officer of 404 Long Range Patrol and Training Sqdn, reiterated the CMAAG's intent and tasked the 404 Sqdn Standards and Training Flight Commander, Captain Bill Nemet, to develop an exercise plan to test the LRP crews in various disciplines. Overland Operations, Anti-Submarine Warfare, Joint Naval Operations, Search and Rescue, torpedo loading and aircraft servicing and maintenance were identified as the key areas for evaluation. In addition to assessing the proficiency of the AEU crews, the goals of the Exercise were to challenge the crews, to provide collective training, to assess and upgrade crew qualifications and to evaluate and further develop common Standards by which we

...continued on page 2.

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O'BRIEN is Back! *...cover story continued.*



Winning team from 405 Long Range Patrol (LRP) Squadron and 14 Air Maintenance Squadron (AMS) with the Maintenance Cup, O'Brien Cup and Maritime Air Group (MAG) Torpedo Load Crew Trophy. Front Row (left to right): Corporal (Cpl) Lindsay, Cpl Morrison, Master Corporal (MCpl) Squires, Sergeant Harnett, Cpl Cheeke, Cpl Desruisseaux, MCpl Crowell, Cpl Landry and Cpl Skaling. Back Row (left to right): Cpl Whalen, Warrant Officer (WO) Inman, MCpl Brown, Captain (Capt) Rection, Capt Freeman, Capt Reeves, Capt Freely, WO Bergman, Capt Pearson, Sergeant (Sgt) Berozy, Lieutenant (Navy) Becker, WO Osmond and Major Leblanc.



407 Squadron technicians and air crew from 19 Wing Comox pose for a group photograph with the VP International (VPI) Attackex Trophy they received for competing in the O'Brien Cup. Front Row (left to right): Master Corporal (MCpl) Johnny Hunter, Corporal (Cpl) Pat Bergeron, Sergeant (Sgt) Theresa Vlaar, Cpl Adam Phillips, MCpl Chad Peacey, Cpl Chris Halladay, Cpl Stephane Simard, Cpl Sasi Supramaniam, Cpl Dave Horwood and Cpl Nate Ouellet. Back Row (left to right): Captain (Capt) Patrick Leblanc, Capt Chris Wattie, MCpl Martin Fiset, Capt Sebastian Tardif, Capt Peter Bolton, Capt Kurt Luneburg, Sgt Patrick Lalande, MCpl Alan Thomson and Sgt Steve Horne.

(Images: Private Crystal Smith, 14 AMS Wing Imaging, Imagery Technician)

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conduct flying operations, arm and maintain our Aurora fleet.

The Canadian Victoria Class submarine was unavailable to participate during the Exercise, therefore the pre-programmable Expendable Maritime ASW Training Target or EMATT was used during the airborne ASW scenario to simulate a sub. The 404 Sqn Standards section with Long Range Patrol Standardization and Evaluation Team tested

and validated the Exercise scenarios to ensure that the scenarios represented realistic expectations of the crews and that the scoring was both fair and provided valuable assessment criteria. Mr Jeff McBean, Mr Craig LeBlanc and Mr Dom Carroll of the 404 Sqn Operational Mission Simulator (OMS) staff developed an exceptionally realistic Joint ASW scenario to challenge the crews.

Developing a realistic Overland scenario presented challenges as well. The 14 Wing Transport Section eagerly provided two vehicles and drivers to support the scenario and the feedback from both crews was very positive as a result. Master Warrant Officer Dave Chevalier, MWO Chris Bailey and Warrant Officer Paul Blinn put in many hours developing the entire

...continued on page 3.

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Canadian Air Force website

<http://www.airforce.forces.gc.ca/v2/index-eng.asp>

Community Gateway Site

<http://www.cfcommunitygateway.com/en/index.asp>

14 Wing Greenwood Site

<http://www.airforce.forces.gc.ca/14w-14e/index-eng.asp>

Personnel Family Support Services

<http://www.cfpsa.com/en/>

National Defence and the Canadian Forces

<http://www.forces.gc.ca/site/home-accueil-eng.asp>

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<http://www.combatcamera.forces.gc.ca/common/combatcamera/home-eng.asp>

Recruiting

<http://www.forces.ca/>

Military Family Resource Centre

<http://www.familyforce.ca/splash.aspx>

VPI

<http://www.vpinternational.ca/>

...page 2 continued.

maintenance and torpedo load competition scenarios and scoring criteria. They quickly learned during the planning phase that there were slight variations in the torpedo load and maintenance procedures between the two coasts. One of the Exercise goals of standardizing processes between across all LRP units had already achieved results.

While the scenarios were being developed and tested, an exhaustive search for the long lost "hardware" was also being carried out. The four Exercise trophies were all located within 405 Sqn and 14 AMS spaces or at the museum, the last and most elusive of which was located within days of the Exercise. Their return to active service saw the trophies a little tarnished and dust-covered after years of patiently awaiting to be presented once again to the top Canadian LRP, Torpedo Load and Maintenance crews. In addition to the previously mentioned O'Brien Cup, there is the VPI (VP International)

Attackex trophy for the quickest and most accurate attack on a submarine, the MAG (Maritime Air Group) Torpedo Load Competition Trophy and the Maintenance Competition Cup. Although there were individual awards for the Maintenance and Torpedo Load Competitions (TLC), the scores received by the ground crews for these competitions also factored into the overall scoring along with the aircrew scores from the various Exercise scenarios for the O'Brien Cup. The scores for the Attackex scenario would be used to identify the winner of the VPI Attackex trophy but would also be used as a tie-breaker for the O'Brien Cup if required.

The opening day consisted of a mass Exercise briefing for all participants, judges and officials. 14 Wing Commander, Colonel Seymour officially opened the Exercise by offering words of wisdom and encouragement to the crews and the crews were briefed on the Exercise rules, which was

followed by a Meet and Greet at the Annapolis Mess. The games officially commenced the next day as the Flight Crews proceeded to write an LRP tactics exam while their Maintenance Torpedo Load crews carried out the MK46 torpedo load and unload portion of the competition. Sunday was scheduled as a day of rest or for aircraft maintenance if required. Monday saw the Flight crews commence the OMS scenario and Fast Attack evaluations as the crews' maintainers provided any necessary TLC to the aircraft. Tuesday and Wednesday blessed with good weather saw the flying phase, both squadrons' flight crews were assessed in tracking the EMATT, Search and Rescue and Overland Operations. While servicing the aircraft during the flying phase, each maintenance crew was scored on their ability to conduct pre and post flight checks and other servicing functions as they launched

and recovered the aircraft for the two airborne missions. With the aircraft safely airborne, each maintenance crew, for the first time in the O'Brien competition's history, wrote a P-Series exam which tested their individual and collective knowledge of maintenance policies and Orders. Following the exam, the maintenance crews worked through a paper exercise which presented simulated AVN and AVS snags. Using the aircraft CFTO's (Canadian Forces Technical Orders) and their system knowledge, the crews proved their proficiency at rectifying aircraft snags and completing all required paperwork.

Thursday was originally scheduled to be used as an alternate day for either flights or simulators in case unserviceabilities or inclement weather prevented the completion of any Exercise event – after all, it is still winter in Canada. However, the day was not

required as the weather and aircraft cooperated, the time was used to provide the aircrews with comprehensive debriefs on their performance, for the judges to review the assessments of the various events, to tally the final scores and to spit polish the soon-to-be-presented hardware. VPI hosted all Exercise participants for a Fellowship Meet and Greet in their lounge.

Friday's activities consisted of an Exercise Review chaired by Lieutenant-Colonel (LCol) Walker with the Commanding Officers (CO's), participants and judges in attendance. This forum was used to raise any issues observed during the competition and to recommend possible ways ahead for organizing future O'Brien Exercises. The Exercise came to a close with the Awards Luncheon at the Annapolis Mess attended by all competitors, judges, and Wing Branch heads. After opening remarks from the President

of the local VPI Chapter and the three Sqn CO's, the Wing Commander congratulated all those involved who organized and participated in the Exercise. Col Seymour was impressed with both crews' overall performance and commented on how close the overall scores were between the crews. Considering all scoring criteria from the various events, only 1.5 points separated the two crews out of a possible 100. He expressed how this was testimony to the Standardization of our Aurora fleet training and operational proficiency and readiness for "OP NEXT" despite being situated on opposite coasts.

Awards were presented to the following winners:

- MAG Torpedo Load Crew: 14 AMS
 - Maintenance Cup: 14 AMS
 - VPI Attackex Trophy: 407 Sqn
 - The O'Brien Cup: 405 Sqn
- Congratulations to all winners and well done by all.

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Online Second Language Training Provided by the Greenwood Military Family Resource Centre

Article submitted by
Danielle Brochu,
Second Language
Services Associate at
the GMFRC danielle.
brochu@forces.gc.ca

To increase English/French second language learning opportunities and provide

improved service to families of CF personnel, online language training is now available through the Greenwood Military Family Resource Centre (GMFRC).

For a period of one year commencing 1 April 2011, online language training will be available to Canadian Forces (CF)

families in Canada through the FamilyForces.ca website. Ten Rosetta Stone licenses and 10 headsets have been allocated for each MFRC in Canada. Priority for the online language training will be given to CF family members who are unable to attend class-led learning due to the time

classes are offered or to those who require language training at a level not offered locally.

Participants will have the **opportunity to carry out the FREE online training from their home (computer must meet basic system requirements) or from the GMFRC during**

open hours. Training is to be completed at the users pace. User guides, quick start tutorials, and technical support will be provided for each participant. Please register by Friday, April 15 at the GMFRC reception or by phone at 765-5611. First come, first served! We will also maintain

a waiting list and in the event a user licence becomes available someone from the waiting list will be offered the opportunity to complete the online training. If you have any questions, feel free to contact me at danielle.brochu@forces.gc.ca or 765-5611.

Formation linguistique en langue seconde offerte en ligne par le Centre de ressources pour les familles militaires de Greenwood

Article soumis par Danielle Brochu, adjointe des services de langues secondes au CRFMG. danielle.brochu@forces.gc.ca

Dans un effort d'accroître les

possibilités d'apprentissage de langue seconde anglais/français et de fournir un meilleur service aux familles du personnel des FC, la formation linguistique en ligne vous est maintenant offerte par l'intermédiaire du

Centre de ressources pour les familles militaires de Greenwood (CRFMG).

Dès avril 2011, et ce pour une période d'un an, les familles des militaires au Canada auront accès à de la formation linguistique en ligne sur le portail forcedelafamille.ca. Dix licences Rosetta Stone et 10 casques d'écoute ont été alloués à chaque CRFM au pays. La priorité en matière de

formation linguistique en ligne sera accordée aux membres des familles des Forces canadiennes (FC) qui n'ont pas la possibilité de participer aux cours en personne en raison de conflits d'horaire ou à ceux qui voudraient suivre un niveau qui ne leur est pas offert localement.

Les participants pourront suivre **une formation en ligne GRATUITE à partir de chez eux (l'ordinateur**

doit respecter certaines spécifications) ou du CRFMG pendant les heures d'ouverture. La formation pourra être complétée selon le rythme de chaque participant. Des guides d'utilisateurs, des cours tutoriaux et du soutien technique seront fournis à chaque participant. Vous avez jusqu'au vendredi 15 avril 2011 pour vous inscrire à la réception du CRFMG ou par

téléphone au 765-5611. Premier arrivé, premier servit ! Nous maintiendrons également une liste d'attente et dès qu'une licence d'utilisateur sera disponible, nous contacterons un nouveau participant pour lui offrir l'opportunité de suivre la formation en ligne. Pour toutes questions, n'hésitez pas à contacter Danielle Brochu au 765-5611 ou à danielle.brochu@forces.gc.ca.

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Come the 16th of April this fair young lass will say, "I'm celebrating the 36th Anniversary of my 39th Birthday."



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Editor,
The Aurora Newspaper
PO Box 99
Greenwood NS
B0P 1N0



Rédacteur,
Le Journal Aurora
C.P. 99
Greenwood, N.-É.
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email: aurora@auroranewspaper.com
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Blood Donor Clinic at 14 Wing

By Eric MacKenzie

Here's your opportunity to save lives! It is once again time to roll up your sleeves and take the time to give blood. Canadian Blood Services will continue to hold **two day donor clinics** as a result of the outstanding support from our local communities. Let's respond and take advantage of this opportunity by filling two full days with appointments. If we can double our one day attendance, over both days, Canadian Blood Services may be able to collect enough donations to save over a thousand lives!

The next **two day donor clinics** will be held at 14 Wing Greenwood Community Centre Tuesday April 19th and Wednesday April 20th. Donors can either give during the 1:00 p.m. – 3:00 p.m. time slot or the 5:00 p.m. – 8:00 p.m. evening slot on Tuesday or Wednesday. If you are interested in giving blood, please ensure that you bring identification with your full name and signature or full name and photograph. New donors are welcome!

Canadian Blood Services is aiming to collect 130 units at 14 Wing, each day, and in order to collect 130 units, 220 donors have to walk in or book an appointment. Every 60 seconds, someone in Canada requires blood or a blood product, so please try and take the time to donate on either day.

Please note that if you get a flu shot, you must wait 2 days after the shot before donating blood.

This two day clinic is made possible by the generous support from McDonald's and Tim Hortons. If you are interested in more information call Eric MacKenzie at 765-1494 ext. 5337 and call 1-888-236-6283 if you wish to book an appointment.

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Wise customers read the fine print: •, †, ††. \$ The Drive It to Believe It Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers between April 1, 2011 and May 2, 2011. Retailer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating retailers for complete details and conditions. •\$24,995 Purchase Price applies to 2011 Ram 1500 Quad Cab SXT 4x4 (24A+AGR) only and includes \$8,750 Consumer Cash Discount. See participating retailers for complete details. Pricing excludes freight (\$1,400), licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailers may sell for less. *Consumer Cash Discounts are offered on most new 2010 and select 2011 vehicles and are manufacturer-to-retailer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your retailer for complete details. ††Customer Choice Financing for 36-, 48- and 60-month terms on approved credit through TD Financial Services and Ally Credit Canada is available at participating dealerships to qualified retail customers on most new 2010 Chrysler, Jeep, Dodge and Ram models (except Grand Caravan Cargo Van and Ram Chassis Cab) and select 2011 Chrysler, Jeep, Dodge and Ram models. The following terms apply to TD Financial Services contracts. (Different contract terms apply to Ally Credit Canada offers. See your retailer for complete details.) Vehicles are financed over a 36-, 48- or 60-month term with payments amortized over a term of up to 96 months and the pre-determined residual balance payable at the end of the contract. At contract's end, customers have the choice of returning their vehicle through a Chrysler, Jeep, Dodge, Ram dealership with no further obligations (except payment of a \$199 return fee and excess wear and tear, mileage and similar charges), financing the remaining balance for the rest of the amortization period at then-current standard rates or paying the residual balance in full. Some conditions apply. Customer Choice Financing offered by TD in Quebec is subject to different terms and conditions. All advertised Customer Choice Financing offers are TD offers. Example: 2011 Ram 1500 Quad Cab SXT 4x4 (24A+AGR) with a Purchase Price of \$24,995 financed at 2.99% APR over 60 months with payment amortized over 96 months equals 130 bi-weekly payments of \$135 and one final payment of \$10,165 for a cost of borrowing of \$27,669.25. Taxes, licence, insurance, registration, excess mileage and wear and tear charges, any retailer administration fees and other applicable fees and charges not included. Retailers may sell for less. See participating retailers for complete details. \$2011 Ram 1500 Crew Cab Sport shown has a higher price than the 2011 Ram 1500 Quad Cab SXT 4x4 advertised. See your retailer or go to www.ramtruck.ca for complete details. The Best Buy Seal is a registered trademark of Consumers Digest Communications LLC, used under licence. *Based on 2010 market share gain. **Based on 2010 CY Total Sales Registration. *SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. ®Jeep is a registered trademark of Chrysler Group LLC. Customer Choice Financing is a trademark of Chrysler Group LLC.

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2011 Ram 1500 Crew Cab Sport shown.⁵

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Happy National Volunteer Week!

Submitted by Leona Conrick, GMFRC Volunteer Services Manager 765-1494 Local 5938; leona.conrick@forces.gc.ca

April 10 -16 is National Volunteer Week in Canada. It was first proclaimed in 1943 as an initiative to draw the public's attention to the vital contribution of women to the war effort on the home front. In the late 1960s, the focus was revived and broadened to include all community volunteers.

It is the time that we officially thank all of our volunteers, although we hope that they feel recognized and appreciated with every encounter that they have with us. This year Volunteers at the Greenwood Military Family Resource Centre have contributed over 2100 hours of their valuable time. We will officially recognize them on April 12th at our annual volunteer appreciation event. Here are some national statistics on volunteering:

Volunteering by-the-Numbers

95% of Canadians engage in at least one form of social support. (*Canadian Survey of Giving, Volunteering & Participating, 2007*)

12.5 million Canadians volunteer their time to charitable and not-for-profit organizations. (*Canadian Survey of Giving, Volunteering & Participating, 2007*)

2.1 billion is the number of hours Canadian volunteers give

annually, which is equivalent to about **1.1 million** full-time jobs. (*Canadian Survey of Giving, Volunteering and Participating, 2007*)

161,000 is the approx. number of charitable and not-for-profit organizations in Canada. (*Canada Revenue Agency*)

More than **7%** of the population are 'uber volunteers' -- this single group contributes nearly **80%** of the total volunteer hours tallied. (*Canadian Survey of Giving, Volunteering & Participating, 2007*)

54% of all non-profit and charitable organizations have no paid staff. (*National Survey of Non-Profit & Voluntary Organizations, Statistic Canada, 2005*)

73% of businesses either support or accommodate employee volunteering. (*Employer Supported Volunteerism, Volunteer Canada, 2004*)

200 is the number of volunteer centres in Canada. They are the local leaders of volunteerism responding to the needs of local volunteers and volunteer-involving organizations. (*Volunteer Canada, 2010*)

The **top three reasons** why Canadians volunteer are: 1) To make a contribution to their community; 2) The desire to make use of personal skills and experiences; 3) Having been personally affected by the cause. (*Cdn Survey of Giving, Volunteering & Participating, 2007*)

Volunteering can help build self-esteem, develop life-long skills, strengthen community, and improve health. Harvard University research shows volunteering is a reflection of social connectedness that is strongly associated with the health of people in that community. (*Volunteering & Healthy Aging Project, Volunteer Canada, 2009*)

Children and youth are more likely to become engaged citizens if they see someone they admire helping others, including their parents. (*Canadian Survey of Giving, Volunteering & Participating, 2007*)

For more information visit the Volunteer Canada Resource Centre at www.volunteer.ca

In the words of G.B Stern, "Silent gratitude isn't much use to anyone" so in closing I will simply say THANK YOU.



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TENDER 11-10

Road Maintenance Services May 5, 2011 to December 31, 2013

The Municipality of the County of Kings, Engineering & Public Works invites tenders for work that includes, but is not limited to the provision of equipment, materials, and labour for the maintenance of Municipality owned roads, sidewalks, and facilities for a three (3) year period.

Specifications and tender forms may be viewed and picked up beginning Tuesday, April 12, 2011 upon receipt of a \$50.00 non-refundable deposit, at the office of Engineering & Public Works, Municipal Complex, 87 Cornwallis Street, Kentville, Monday to Friday from 8:30 am to 4:30 pm. Tenders may also be viewed at Nova Scotia Construction Association, located at 260 Brownlow Avenue – Unit 3, Dartmouth, N.S.

Specific inquiries pertaining to this tender may be directed to Tanya Oickle, Engineering Support Clerk, 690-6164, toickle@county.kings.ns.ca or Tim Bouter, P. Eng., Supervisor of Engineering Services, 690-2219, tbouter@county.kings.ns.ca.

**SEALED TENDERS WILL BE ACCEPTED UNTIL
2:00PM THURSDAY, APRIL 28, 2011**

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

Tel: (902) 690-6195 Fax: (902) 679-0911
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Michael Bernard of Spa Springs, Annapolis County, is well known in the Valley area having been born and raised here. His experience in construction work and years as manager of a retail store has been invaluable for his business, Colonial Hearth & Aquatics.

In 1999 Michael began working towards obtaining his W.E.T.T. Certificate and the following year started installations as a certified technician for Classic Hearth & Leisure Ltd. For the next seven years Michael worked daily and continued educating himself in the field by successfully completing service training courses to repair of variety of pellet and wood stoves. Eleven years later he still maintains his certification in good standing with W.E.T.T. Inc. Michael provides above ground swimming pool services and offers free pool water testing of sanitation levels for your comfort and safety.

Colonial Hearth & Aquatics offers retail sales of stoves, fireplaces, chimneys, and stainless steel liners, as well as above ground pools and hot tubs. His business also offers replacement parts for pumps and filters as well as accessories at competitive prices.

Spring is here! Call today to book your appointment. Have your pool opened and/or chimney cleaned and inspected.*

For more information call Michael at 825-2679.

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14 Wing Greenwood New Health Services Centre - Update



Exterior views of the Health Services building during construction showing steel super structure.



(Images: Sergeant Pete Nicholson, 14 Wing Photojournalist)

By: Sergeant Pete Nicholson, 14 Wing Photojournalist

Now that spring is officially here and most of the snow has melted, it seems prudent to update the progress of the new 14 Wing Health Services Centre.

Bryan Bent, Superintendent of Pomerleau Construction is very pleased with the development to date. Having started eight months ago in September 2011, they have been building for

212 days! A little behind schedule, which is typical because of the weather he is confident that all will be caught up shortly. He was actually quite surprised that they have accomplished as much as they have with the winter being as rough as it was!

As of today there are twenty four persons on the site. Pomerleau Construction has three people, and the sub contractors have twenty one. The mechanical / electrical /

structural sub contractors are all Nova Scotia companies. The steel stud / drywall company is from Quebec that has hired local tradespersons.

MILESTONES

- Foundation. Completed end of January 2011
- Steel structure. Will be completed by the first week of April
- Roof and Walls. Should be completed by end of April 2011.

Make a Difference RECYCLE

This newspaper can be recycled through the recycling program at 14 Wing Greenwood, curb side collection programs or at your nearest Enviro Depot. Contact the Environment Office, at 14 Wing Greenwood 765-1494 ext. 5367

14 Wing Golf Club Officially Opens for New Season

PSA-001.11
Tuesday April 5, 2011

14 WING GREENWOOD
– The 14 Wing Greenwood

Golf Club officially opened on 1 April, 2011. Memberships are now available, through various payment plans, and can be purchased from the club house from 8:00 a.m.

to 4:00 p.m. daily. Golf carts are also allowed and for more information visit the Golf Club's website at <http://www.greenwoodgolfclub.ca/news/default.html>.

ANNAPOLIS EAST ELEMENTARY SCHOOL

Daily lunch combo includes main entrée, daily dessert, and white milk for \$3.50

~ The following items are available at the Cafeteria daily ~
Sandwiches: \$2.35; **Wraps:** \$2.35; **Sub Sandwiches:** \$2.00;
 All sandwiches & wraps will include fresh/vegetable on the side.
Fresh Vegetables & Dip: \$1.75; **Cheese & Cracker Plate:** \$1.75;
Fresh Fruit & Yogurt Dip: \$1.75; **Toss Salad:** \$3.25 sm \$2.50;
Caesar Salad: \$3.25 sm \$2.50; **Yogurt:** \$1.25; **Yogurt Tubes:** \$1.25;
Yogurt Parfaits with nut free granola: \$1.50; **Cheese Strings:** \$1.00
Fresh Fruit: Apples, Oranges, Kiwi, Grapes, & Bananas - \$.75;
Gold Fish Crackers: \$.60; **Frozen Juice Bars:** Orange & Cherry - \$1.25;
Rice Crispy Squares: \$1.00; **Smoothies:** Mon, Wed, Fri - \$1.25;
Juice: Apple, Orange, 7-Fruit, & Wildberry - \$1.25; **White Milk:** \$.35;
Chocolate Milk: \$1.35; **Welch's Fruit Snacks:** \$1.25; **Apple Slices:** \$1.00;
Pudding Cups (vanilla, butterscotch, banana) - \$1.00;
Bagels (blueberry, plain) - \$1.00; **Bagel & Cream Cheese** (strawberry, plain) - \$1.50;
Applesauce (strawberry/apple, blueberry/apple, plain apple) - \$1.00;
 ~~~ Canteen Items - CASH ONLY ~~~

There will be a cost for ALL condiments if your child is not purchasing lunch from the cafeteria.

**Ketchup, Mustard, Relish:** \$.15 each; **Mayo & Salad Dressings:** \$.25 each; **Barbecue/Sweet & Sour Sauce:** \$.40 each; **Cream Cheese** (plain or strawberry) - \$.50 each; **Cheese Whiz:** \$.40 each; **Strawberry Jam:** \$.15 each

We are a NUT & SCENT sensitive school with a smoke-free environment.

**Apr 11<sup>th</sup>:** Chicken Burger with Lettuce a& Tomato \$2.50 • Yogurt Tube \$1.25

**Apr 12<sup>th</sup>:** Chicken Noodle Soup \$2.00 • Macaroni & Hamburger \$3.00  
 • Frozen Grapes \$1.00

**Apr 13<sup>th</sup>:** Chicken Noodle Soup or Corn Chowder & Roll \$2.50  
 • Homemade Cookie .50

**Apr 14<sup>th</sup>:** Taco Salad \$3.00 Chicken Noodle Apple Slices \$1.00

**Apr 15<sup>th</sup>:** Chicken Nuggets & Corn \$3.00 Chicken Noodle Yogurt \$1.25

This menu brought to you compliments of:

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Closes Thanksgiving  
Weekend 2011

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### Cottage Contents

- Fridge/Stove (Full Size) • Beds (3), 2 singles, 1 double • Microwave
- Toaster Oven • Sofa • Clock Radio • Table & Chairs • Kettle • Fire Pits
- Barbeque (full size) • Patio Furniture • TV/VCR

### Amenities

- Club House • Games Room • Canoe Rentals • Shower Facility
- Laundry Facility • Beach (unsupervised) • Canteen (seasonal) • Firewood
- Hay Rides • Special Events

### Your Responsibilities

- Food and Beverages • Linens • Utensils/dishes • Pots and Pans
- Other conveniences required to make your stay an enjoyable one

### Cottage Rental Rates for 2011

| Cottage Rentals | Non-Rec Card Holders                             | Rec Card Holders |
|-----------------|--------------------------------------------------|------------------|
| Day             | \$40.00 + HST                                    | \$35.00 + HST    |
|                 | Damage Deposit for All Rentals \$50.00 per Cabin |                  |

**KINGSTON & DISTRICT SCHOOL**

**Whole Sandwiches**

|                                       |        |                                     |        |
|---------------------------------------|--------|-------------------------------------|--------|
| 1/2 Sandwiches (Asst. fillings) ..... | \$1.30 | Nacho Chips & Salsa .....           | \$1.25 |
| Deluxe 1/2's .....                    | \$1.65 | Sun Chips/Frito Chips .....         | \$1.50 |
| Full Sandwiches/Croissant/Wraps ..... | \$3.30 | Yogurt/Apple Sauce/Fruit Cups ..... | \$1.00 |

**Hot Foods**

|                          |                 |                                                 |        |
|--------------------------|-----------------|-------------------------------------------------|--------|
| One Hot Food Daily ..... | \$2.50 - \$3.00 | Cheese .....                                    | \$0.80 |
| Cup of Soup .....        | \$1.00          | Pepperoni & Cheese .....                        | \$1.25 |
| Bowl of Soup .....       | \$2.00          | Bagel with Cream Cheese .....                   | \$1.25 |
| Teacher's Plate .....    | \$3.75 - \$4.25 | Bagel 1/2 w/Flavored Cream Cheese & Fruit ..... | \$1.50 |

**Beverages**

|                                     |        |                          |        |
|-------------------------------------|--------|--------------------------|--------|
| Milk .....                          | \$0.35 | Boiled Egg .....         | \$1.00 |
| Choc. Milk .....                    | \$1.50 | Gold Fish Crackers ..... | \$0.60 |
| Juice Small .....                   | \$0.75 | Welch's Chews .....      | \$1.25 |
| Bottled Water .....                 | \$1.25 |                          |        |
| Yop .....                           | \$1.50 |                          |        |
| Oasis Juice Purple/Red/Yellow ..... | \$1.25 |                          |        |

**Salads**

|                                           |        |  |  |
|-------------------------------------------|--------|--|--|
| Caesar Salad .....                        | \$2.50 |  |  |
| Chicken Caesar/Greek/Spinach/Potato ..... | \$3.30 |  |  |

**Snacks**

|                                                   |        |  |  |
|---------------------------------------------------|--------|--|--|
| Fresh Fruit (apple/banana/orange) .....           | \$1.00 |  |  |
| Fresh Fruit.... Small \$1.50 - Large \$3.00 ..... |        |  |  |
| Veggie & Dip Small \$1.50 - Large \$3.00 .....    |        |  |  |

**Freezer Items**

|                        |        |  |  |
|------------------------|--------|--|--|
| Frozen Juice Bar ..... | \$1.25 |  |  |
| Yogurt Tubes .....     | \$1.25 |  |  |

**Desserts**

|                                             |        |  |  |
|---------------------------------------------|--------|--|--|
| Muffins/Biscuits .....                      | \$1.00 |  |  |
| Cookies .....                               | \$0.50 |  |  |
| Yogurt Par/Cinnamon Bun/Apple Delight ..... | \$1.25 |  |  |

**Condiments / Cutlery**

|                                    |        |  |  |
|------------------------------------|--------|--|--|
| Ketchup/Mustard/Relish .....       | \$0.15 |  |  |
| Mayo & Salad Dressing .....        | \$0.30 |  |  |
| Fork/Knife/Spoon .....             | \$0.05 |  |  |
| Cream Cheese/Chesse Whiz pkg ..... | \$0.50 |  |  |
| Butter pkg .....                   | \$0.25 |  |  |

Daily Specials (Mon-Thur): Price Includes Hot Meal, Dessert & White Milk - \$3.25 - \$3.75

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**Fri:** Hamburger with Fixings \$3.50

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Anne Kempton thanks Steve Nickerson.

# Mu Chapter Learns Self Defensive Tactics

Submitted by Anne Kempton, Recording Secretary

The ladies of Mu Chapter of Beta Sigma Phi (BSP) had first hand knowledge of Women's Self Defensive Tactics on March 30. 5<sup>th</sup> Degree Black Belt Steve Nickerson, Owner/Instructor of East Coast Aikido was Anne's guest.

Steve provided a hand out on a list of statistics regarding violence against women.

The vulnerable striking targets; pressure point & defensive tactics were shown in a diagram. He reviewed with us ways for prevention and assertiveness for general safety.

A simple self defence tool could be keys, a comb, pen or kubotan which are acceptable under the rules for protection governed under the Criminal Code of Canada.

The one hour presentation was followed by a short video of Steve defending himself in a competition against a single attacker. The competition lead up to three men carrying swords. My first question was to find out if Steve was the man who never fell down. He remained on his feet and seemed to defend himself tirelessly.

The ladies of Mu Chapter want to thank Steve for taking the time to bring awareness of

ways to defend ourselves if the situation occurs. The ladies are interesting in taking one of his all day classes. Anyone

interested in learning more about BSP, call Dallas Harrigan 765-0977 or Margie Dunphy 825-3645.



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This Offer is subject to vehicle, accessory, and factory-installed option availability. Dealer may sell for less. Only one (1) Offer may be applied toward the purchase or lease of each Eligible Vehicle. This Offer can be used in conjunction with most retail consumer offers made available by Ford of Canada at the time of factory order or delivery, but not both. This Offer is not combinable with CPA, GPC, Daily Rental Allowances or the Commercial Fleet Incentive Program (CFIP). Limited time offer. Offer may be cancelled at any time without notice. Some conditions apply. Offer available to residents of Canada only. See Dealer for details. \*Receive 0% APR purchase financing on new 2011 Ford (Fiesta, (excluding SE) / (Flex (excluding SE)) models for a maximum of (36) / (48) months to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: \$30,000 purchase financed at 0% APR for 36/48 months, monthly payment is \$833.33/\$625, cost of borrowing is \$0 or APR of 0% and total to be repaid is \$30,000. Down payment on purchase financing offers may be required based on approved credit from Ford Credit. Taxes payable on full amount of purchase price. \*Purchase a new 2011 (Fiesta S manual/Focus S manual/Fusion SE manual) for [\$32,999/\$3,999/\$19,999]. Taxes payable on full amount of purchase price. Offer excludes freight and air tax \$1450/\$1550/\$1550. License, title, full charge, insurance, PDI, registration, PPSA, administration fees, any environmental charges or fees, and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. \*Lease a new 2011 Ford (Fiesta SE 5-door manual and get 3.99% LAMP for up to 48 months on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Lease for \$244/\$222/\$199 per month for 48 months at 3.99% LAMP for up to 48 months on approved credit (OAC) from Ford with \$0/\$1,000/\$2,000 down payment. Example: \$16,799 at 3.99% LAMP for 48 months with \$0 down payment or equivalent trade-in, monthly payment is \$244.20, total lease obligation is \$11,721.60, optional buyout is \$5,077.40, cost of leasing is \$1,895.04 or 3.99% LAMP. Example based on no trade-in or down payment. Taxes payable on full amount of lease financing price after any price adjustment is deducted. Additional payments required for PPSA, registration, security deposit, NSF fees (where applicable), excess wear and tear, and late fees. Some conditions and mileage restrictions of 64,000km over 48 months apply. A charge of 12 cents per km over mileage restrictions applies. \*Offer only valid from April 1, 2011 to June 30, 2011 (the "Offer Period"), to resident Canadians with a Canadian Costco membership or before March 31, 2011. Use this \$1,000 Costco member offer towards the purchase or lease of a new 2011/2012 Ford/Lincoln vehicle (excluding Fiesta, Focus, Ranger, Raptor, GT500, Mustang Boss 302 & Medium Truck) (each an "Eligible Vehicle"). The new vehicle must be delivered and/or factory-ordered from your participating Ford/Lincoln dealer within the Offer Period. Offer is only valid at participating dealers, is subject to vehicle availability, and may be cancelled or charged at any time without notice. Only one (1) offer may be applied towards the purchase or lease of one (1) Eligible Vehicle, up to a maximum of two (2) separate Eligible Vehicle sales per Costco Membership Number. Offer is transferable to persons domiciled with an eligible Costco member. This offer can be used in conjunction with most retail consumer offers made available by Ford Motor Company of Canada at the time of factory order (if ordered within the Offer Period) or delivery, but not both. Offer is not combinable with any CPA/GPC or Daily Rental Incentives, the Commercial Uplift Program or the Commercial Fleet Incentive Program (CFIP). Applicable taxes calculated before \$1,000 Costco offer is deducted. Dealer may sell or lease for less. Limited time offer. See dealer for details or call the Ford Customer Relationship Centre at 1-800-555-3673. \*Estimated fuel consumption ratings for the 2011 Fiesta 1.6L I4 5-speed manual/Focus Sedan 2.0L I4 5-speed manual/Fusion FWD 2.5L I4 6-speed manual. Fuel consumption ratings based on Transport Canada-approved test methods. Actual fuel consumption may vary based on road conditions, vehicle loading and driving habits. ©2011 Ford Motor Company of Canada, Limited. All rights reserved.



# Large Monument to Honour 429 Squadron WWII Veterans Unveiled in Middleton



Commanding Officer (CO) of 429 Squadron Lieutenant-Colonel Huddleston (right) and Chief Warrant Officer Bernard (left) salute during the unveiling of the 429 Squadron Monument.

**By Captain Scott Spurr**  
The month of April certainly came in like a lion, but it did not dampen the spirits of the participants who witnessed the official unveiling of a large monument dedicated to the members of 429 Squadron (Sqn) who flew bombers during WWII. The event took place at the Old Holy Trinity

Church cemetery in Middleton, Nova Scotia on April 1, 2011 at 11:00 a.m. In attendance were members of the present day 429 Transport Squadron that are based out of 8 Wing Trenton. Several members from 14 Wing Greenwood were also on hand as well as the Wings Brass and Reed Band. Mr. Mark Smith from



Official unveiling of the 429 Squadron Monument held in Middleton, Nova Scotia. The monument was designed and erected by former 429 Squadron member and World War II veteran, Mr. Mark Smith to honour his fallen comrades during the Second World War.  
(Images: Private Crystal Smith, 14 AMS Wing Imaging, Imagery Technician)

Middleton was also a member of 429 Sqn during the Second World War and wanted to do something that would remember and honour his fallen comrades. He did not want their sacrifices and memories to be forgotten. He came up with the idea of creating

a large monument that would contain their names, dates and places they were killed.

The monument was actually completed last November and unfortunately, Mr. Smith passed away in December, but not before seeing the completed monument. Jim Duguid was a good friend of Mark and thought it would be a great idea to have an official ceremony to unveil the impressive structure. Jim spearheaded the ceremony by contacting various organizations to

see if they were interested in participating such as 14 Wing Greenwood, 429 Sqn, and the local Legion to name a few.

After months of planning, the 1<sup>st</sup> of April was chosen for the date for the unveiling as this date is the anniversary of the Air Force and everyone thought that this would be fitting for such an amazing memorial.

Even though the weather was cool with snow flurries in the air, a great crowd of people were on hand to witness the dedication. In attendance was

Lieutenant Colonel(LCol) Iain Huddleston, the Commanding Officer from 429 Sqn and his Chief Warrant Officer (CWO), Justin Bernard and the Acting Wing Commander from 14 Wing, LCol Ron Walker and CWO Denis Gaudreault.

The members of 429 Bomber Sqn who fought bravely and valiantly throughout WWII for democracy and freedom may be gone, but through Mark Smith's efforts they will not be forgotten! Lest we forget.

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| STOCK #   | YEAR | MAKE           | COLOUR | M | T | OPTIONS         | KMS     | PRICE  |
|-----------|------|----------------|--------|---|---|-----------------|---------|--------|
| U1760     | 1996 | Trans Am       | Red    | 8 | 6 | AC,PW,PDL       | 164,000 | 13,995 |
| 11-158A   | 2000 | Lexus ES300    | Silver | 6 | A | Leather, S/R    | 110,000 | 8,995  |
| 10-376A   | 2003 | Camry SE AA    | Red    | 4 | A | AC,PW,PDL,Cru   | 108,000 | 10,995 |
| 10-489A   | 2005 | Corolla LE AA  | Beige  | 4 | A | AC,PW,PDL,Cru   | 106,000 | 9,995  |
| 11-67B    | 2005 | Tundra ACC Cab | Grey   | 8 | A | 4WD,4.7,Trd     | 78,000  | 18,995 |
| 11-115B * | 2005 | Matrix XR AA   | Silver | 4 | 5 | AC,PW,PDL,Cru   | 113,000 | 8,995  |
| 11-101A   | 2005 | Tacoma DblCab  | Silver | 6 | A | 4WD,Trd,Loaded  | 128,000 | 19,995 |
| U1741     | 2006 | Corolla CE SE  | Silver | 4 | 5 | AC,S/R,PW,PDL   | 95,000  | 10,995 |
| 10-569B   | 2006 | Corolla CE BA  | White  | 4 | A | AC,PDL,CD       | 95,000  | 10,995 |
| 11-155A   | 2006 | Sienna CE      | Blue   | 6 | A | AC,PW,PDL,Cru   | 81,000  | 15,995 |
| 10-493A   | 2007 | Camry LE AA    | Beige  | 4 | A | AC,PW,PDL,Cru   | 77,000  | 14,995 |
| 10-626A   | 2007 | Passat 2.0T    | Green  | 4 | A | Leather, S/Roof | 115,000 | 14,995 |
| 11-59B *  | 2007 | Camry Hybrid   | Beige  | 4 | A | AC,PW,PDL,Cru   | 65,000  | 18,995 |
| 11-33A    | 2007 | Camry LE BA    | Black  | 4 | A | AC,PS,PW,PDL    | 103,000 | 13,995 |
| 11-171A   | 2007 | Corolla CE CA  | Blue   | 4 | A | AC,PW,PDL,Cru   | 72,000  | 11,995 |
| 10-539A   | 2007 | Yaris Sedan    | Red    | 4 | A | AC,Cru,CD       | 67,000  | 10,995 |
| U1797     | 2007 | Matrix BA      | Red    | 4 | A | AC,PDL,CD       | 69,000  | 12,995 |
| U1746     | 2008 | Rav4 Ltd 4WD   | Green  | 6 | A | S/R,AC,PW,PDL   | 91,000  | 24,495 |
| 10-661A   | 2008 | Corolla CE CA  | Red    | 4 | 5 | AC,PW,PDL,Cru   | 74,000  | 12,995 |
| 10-274A   | 2008 | Corolla CE BA  | Grey   | 4 | 5 | AC,PDL,CD       | 52,000  | 12,995 |
| 11-53A    | 2008 | Corolla CE BA  | White  | 4 | A | AC,PDL,CD,Cru   | 72,000  | 12,995 |
| 10-494A * | 2008 | Corolla CE BA  | Beige  | 4 | A | AC,PDL,CD       | 49,000  | 13,995 |
| 11-178A   | 2008 | Eclipse GT-P   | Red    | 6 | 6 | Leather,S/Roof  | 38,000  | 18,995 |
| 11-150A   | 2009 | Yaris 5Dr H/B  | Grey   | 4 | 5 | LE,PDL,CD       | 58,000  | 11,995 |
| 11-162A   | 2009 | Corolla CE AA  | Red    | 4 | A | CD              | 71,000  | 11,995 |
| 11-148A   | 2009 | Matrix XR Sprt | Red    | 4 | A | AC,S/R,PW,PDL   | 79,000  | 14,995 |
| 11-99A    | 2009 | Camry LE BA    | Grey   | 4 | A | AC,P/S,PW,PDL   | 37,000  | 18,995 |

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- \* 11-115A: 6 yr--160,000 Ext. Warr/ In-Service: May 27/05
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## Sixty Million Dollar Roadshow of Riches Comes to Greenwood



**Maureen Wickham**  
*Antiques & Collectibles expert and David Freeman*  
*fine art, musical instruments & books expert.*

Leaving a phenomenal trail of treasures in their wake right across Canada on a road of riches that now totals nearly sixty million dollars. Experts from the British Antiques Roadshow will be flying in for one of two exclusive Roadshows in Nova Scotia.

The first at Greenwood Mall, Greenwood.

May 2<sup>nd</sup>/3<sup>rd</sup>/4<sup>th</sup>  
(10am to 6pm daily)

The British Roadshow's treasure finder general, internationally known fine art expert David Freeman and Canada's doyen of antiques and collectibles Maureen Wickham will be on hand once again to appraise your family treasures and long forgotten heirlooms and help to solve some of the mysteries and stories that surround them.

Canada's busiest and most successful appraisers are on a whistle stop twelve city tour of Canada this May and June, which includes the east coast venues of Greenwood, St. John and Sydney. Then to Edmonton, Winnipeg, Grande Prairie & Trail and the last leg in Ontario for Brampton, Barrie, Sudbury, Elliot Lake and Peterborough.

These events are organized to cater for the many Canadians who missed out on the last sell out shows. Organizers are expecting a huge success once more in 2011.

Some restrictions of the type of items that can be appraised do apply. Appointments are necessary so the public are advised to call: **902 765-4206** for further information.

Contact: roadshow2011@btinternet.com or stidman@greenwoodmall.ns.ca.

# GREENWOOD MALL PRESENTS THE BRITISH ARTIQUES ROADSHOW

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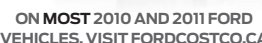
**Heather Veinot**  
**General Manager**



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# Greenwood Veterans Tournament



**Bob MacDonald taking a great shot or a ballet pose.**  
(Images submitted)

**Submitted by: "The Flying None" Bob Landry**

Divide 153 men with sharp blades on their feet and big sticks in their hands into ten teams. Then send them out to chase an elusive puck on a slippery ice surface over a gruelling weekend. There you have it: the annual Golden Oldies Veterans Masters Tournament held over the weekend of April 1-3.

Two divisions battled for the championship trophies. The SENSEI, or senior group, was made up of players aged 65 plus. The GRASSHOPPER, or junior group, was comprised of players aged 50 to 64. The Grasshopper division wore the uniforms of the original six NHL teams,

The four Sensei teams honoured former champions: the Ottawa Senators (1903 Stanley Cup), the Victoria Cougars (1925 Stanley Cup), the Montreal Maroons (1935 Stanley Cup) and, last but not least, the famous RCAF Flyers, crowned the 1948 World Champions. These senior players put on quite a show; their average age being 70 years young. Honoured with "IRONMAN" mementos were four octogenarians: Middleton's Al Peppard (84), Tancook Island's Elmer Cross (81), French Shore's Eddy Thimot (80) and Rawdon Hill's Robert Bennett (80).

After four exciting games in only forty hours, with all the attending fanfare and hoopla, the Montreal Canadiens won the Grasshopper division title. The Sensei crowned the Victoria Cougars tournament champions and the RCAF Flyers were winners of the SWANSONG trophy in a thrilling come-from-behind victory over the Maroons. This action-packed weekend sparked the accompanying poem, A GOLDEN OLDIES ODE, by the "Gatineau Bulldog"

Ken Landry.

The excitement and camaraderie generated by this tournament appears to be equalled only by the enthusiasm and goodwill of the participants. All are looking forward to next year, which will mark the tenth anniversary of the event.

Always on the cutting edge of innovation, the tournament organizers also welcomed their first female participant this year. Grasshopper netminder Bonnie McNeil flashed leather and made spectacular pad saves for the runner-up Black Hawks. This could be a sign of things to come, possibly an all-female team in future tournaments.



**Iron Men Elmer Cross, Al Peppard, and Eddy Thimot.**



**Bryan, Craig and Sonny Gibson led the Canadiens to Youth Division Championship.**



## Painting Fun

**Submitted by: Ann Marie Chalifoux, DRES**

*It was a family affair as Ellen Masse and her sons, Austin and Adam Charron, took part in a cooperative volunteer painting venture as 404 Squadron volunteers joined staff, parents and friends of Dwight Ross Elementary School for a day of painting on March 26th; part of a school beautification project.*

(Image submitted)

## PADERNO Spring Factory Sale

**APRIL 13<sup>th</sup>-17<sup>th</sup> ONLY, SAVINGS UP TO 80%!**



**69% OFF!** 12pc ProGourmet cookware set. Set includes; 1.5L, 2L, 3L saucepans, 5L Dutch Oven, 3L saute pan, 24cm fry pan, 3L steamer and 5 covers. List: \$749.99. **\$229<sup>99</sup>**

**80% OFF!**  
2L sauté pan with cover.  
\$142.00.

**\$27<sup>99</sup>**

**68% OFF!**  
9L stock pot with cover.  
\$238.00.

**\$74<sup>99</sup>**

**57% OFF!**  
20pc Townshend flatware set.  
\$69.99.

**\$29<sup>99</sup>**

**62% OFF!**  
1L Roseberry teapot.  
List: \$129.99. \*Free package of King Cole Tea with every teapot purchase!

**\$49<sup>99</sup>**



**UP TO 73% OFF!**  
Eco-friendly ceramic non-stick, PFOA free fry pans. 25cm/10" fry pan. List: \$109.99. **Now Only \$29.99!** 30cm/12" fry pan. List: \$119.99. **Now Only \$34.99!**



**50% OFF!**  
35cm/14" roasting pan w/grill. List: \$69.99. **Now Only \$34.99!**  
40cm/16" roasting pan w/grill. List: \$79.99. **Now Only \$39.99!**

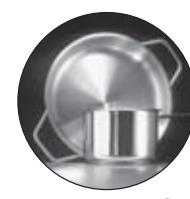


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# Centre de ressources pour les familles militaires de Greenwood

## Cours de langue seconde – Session printemps 2011

**Dates :** Débutant le lundi 18 avril au vendredi 24 juin 2011  
**Date limite d'inscription**

**pour les 5 cours :** le lundi 11 avril 2011 à la réception du CRFMG

**Durée de chaque cours :** 10 semaines, pour un total de 60 heures (trois heures deux fois par semaine).

**Lieu :** Centre Birchall de la

14e Escadre, École des langues

**Coût :** membres des FC, conjoints et personnes à charge de plus de 14 ans – 50 \$ remboursables à condition que le participant ait assisté à 85 % des cours. Autres participants – 100 \$

**Service de garde gratuit** offert aux familles de militaires pendant les heures d'ouverture de la garderie du CRFMG, pour un maximum de 6 enfants inscrits par période de classe (premier arrivé, premier

servi); réservation obligatoire.

**Test de classement :** Contacter Danielle Brochu au 765-5611.

**LIMITE** de 10 étudiants par classe – inscrivez-vous tôt pour éviter toute mauvaise surprise !

**Pour informations :** Téléphonez à la réception au 765-5611.

**Horaires :** Sujet aux changements en raison de la disponibilité des salles de classe de l'École des langues

du Centre Birchill, aux enseignants de cours et afin de répondre aux demandes des étudiants. Donc, laissez-nous savoir vos préférences et nous ferons de notre mieux pour vous accommoder.

|             | Lundi                                                      | Mardi               | Mercredi          | Jeudi                                                        | Vendredi          |
|-------------|------------------------------------------------------------|---------------------|-------------------|--------------------------------------------------------------|-------------------|
| 9 h – 12 h  |                                                            |                     | Français module 2 |                                                              | Français module 2 |
| 18 h – 21 h | Français module 1<br>Français module 3<br>Anglais module 4 | Français module 5-6 | Français module 3 | Français module 1<br>Français module 5-6<br>Anglais module 4 |                   |



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**Tuesday, 7:30 p.m.**  
**Regular Games - \$125**

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- 2 - 60/40
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- 1 Bonanza - Progressive
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## Greenwood Military Family Resource Centre

### Second Language Training - Spring 2011

**Dates:** From Monday, April 18, to Friday, June 24, 2011

**Registration deadline for all 5 classes:** Monday, April 11, 2011 at the GMFRC Front Desk

**Duration:** 10 weeks for a total of 60 hours (three hours twice a week)

**Location:** Birchall Centre, Language School, on the Base

**Cost:** For Spouses, CF members, and dependants over 14 years of age: \$50.00 refundable upon completion of 85% of classes. All other participants: \$100.00

**Free childcare is offered** to military families during

GMFRC childcare hours, for a maximum of 6 children per class period (first come, first served), pre-registration is necessary.

**Placement Test:** Contact Danielle Brochu at 765-5611

**LIMIT** of 10 students per class – register early to avoid disappointment!

**For information :**

Reception 765-5611

**Schedule:** Subject to change depending on Birchill Centre Second Language Classrooms, teacher and students availability. Let us know your availability; we will do our best to accommodate you.

|                  | Monday                                                 | Tuesday           | Wednesday       | Thursday                                                 | Friday          |
|------------------|--------------------------------------------------------|-------------------|-----------------|----------------------------------------------------------|-----------------|
| 9 a.m. – 12 p.m. |                                                        |                   | French Module 2 |                                                          | French Module 2 |
| 6 p.m. – 9 p.m.  | French Module 1<br>French Module 3<br>English Module 4 | French Module 5-6 | French Module 3 | French Module 1<br>French Module 5-6<br>English Module 4 |                 |



**FOIRE DE LA SANTÉ ET DE LA SÉCURITÉ**

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**1 – 7 mai**

**Santé et sécurité: un engagement pour la vie!**

**« Quel est votre plan »?**

Admission gratuite

QUAND : Mercredi le 4 mai, 2011 à 1000 - 1500 heures.

OÙ : 14 Escadre, Mess Annapolis (salons A, B & C)

Pour marquer la Semaine de la santé et de la sécurité au travail en Amérique du Nord, le Bureau de sécurité de la 14<sup>e</sup> escadre en conjonction avec le Bureau de la promotion de la santé, vous accueille à la foire de la santé et de la sécurité. La foire est ouverte à tous les employés du DDN et des FC et à leurs épouses, aussi qu'aux commerces de la région et au public général.

Il y aura plusieurs kiosks d'information sur la santé et la sécurité traitant de sujets concernant la sécurité à la maison, au travail et dans la communauté. Venez faire un tour pour voir notre exposition.


Des prix d'entrée seront tirés au fil de la journée.

N'oubliez pas de noter cet événement sur votre calendrier.

Une initiative du Bureau de la sécurité générale de la 14<sup>e</sup> escadre et du Bureau de la promotion de la de la 14<sup>e</sup> escadre



Safety & Health: A Commitment for Life



**HEALTH & SAFETY TRADE FAIR**

**“What’s Your Plan?”**

**FREE ADMISSION**

**WHEN: Wednesday, 4 May 2011 1000 – 1500 Hrs**

**WHERE: 14 Wing, Annapolis Mess (Lounges A,B & C)**



In celebration of North American Occupational Safety & Health Week the 14 Wing General Safety Office in conjunction with 14 Wing Health Promotions is hosting a Health & Safety Fair. The Fair is open to all DND/CF employees and their spouses, as well as the local business communities and the general public.

There will be numerous exhibitors with health & safety information kiosks and displays touching on issues from home & community safety to workplace safety. Drop by and browse the exhibits.

Door prizes will be drawn for throughout the day.

Don't forget to mark this event on your calendar.

Sponsored by 14 Wing General Safety Office & 14 Wing Health Promotions





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# FOR YOUR INFORMATION

## UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS

FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on 83A School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com). These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

### BIANS - Brain Injury Association of Nova Scotia - Valley Chapter

Valley Regional Hospital, Kentville - Support Meeting - every 3rd Thursday of the month from 6:00 to 7:00 p.m. and the General Meeting from 7:00 to 9:00 p.m. Valley Chapter Executive; Soldiers Memorial Hospital, Middleton - every 3rd Wednesday of the month from 7:00 to 9:00 p.m.; Annapolis Community

Center, Annapolis Royal - every 2nd Thursday of the month from 7:00 to 9:00 p.m. For additional information please contact Barry Schaffner: 902-582-7443, Jake MacDonald: 902-542-4289, Dan Nogler: 765-6760.

### Rosemary Chapter I.O.D.E. Public Speaking Contest

Rosemary Chapter I.O.D.E. will be holding a Public Speaking Contest for Grades

7 & 8 for the Middleton Regional High School, Tuesday, April 19th at 7:00 p.m. in the school library. Public welcomed to attend.

### Country Music Night

The Kingston Lions club presents a Country musical night on Saturday 23 April 2011 from 7:00 p.m. until 10:00 p.m. at the Kingston Lions Hall. Entertainment features Bernie & Jackie, Valley Blue and Carol Edwards. Come out and help us support our Community, in our 50th year of service to others. Cost is \$5.00 each. For info please call 847-0525 or email Eric at [bjourneay@eastlink.ca](mailto:bjourneay@eastlink.ca).

### Kingston Lions Annual Yard Sale

The Kingston Lions YARD SALE will take place on 21 May from 8:00 a.m. until 1:00 p.m. If you have an item that you would like to donate please contact us at 765-2128. We will only take items that are in good working order which includes stoves, Refrigerators, Washers and Dryers. Come out and bring a friend with you.

### Kingston Lions Annual Spring Raffle

Please support our Annual Spring Raffle starting on 12 April and running until 1 June. Tickets are \$2.00 each or 3 for \$5.00 and will be available at Zellers in Greenwood, the Greenwood Mall and Sobeys in Greenwood. Total prizes are valued at over \$2000.00. The draw will take place on 1 June at the Kingston Lions club. Help us support our community in our 50th year.

### Giant Yard Sale

There will be a giant yard sale on April 16 from 9:00 a.m. to 2:00 p.m. at the old Foodland Parking Lot in Kingston. Teams participating

in this year's Middleton Relay For Life will be selling their wares in an attempt to achieve the dubious honour of top team for the year. There will be also be barbecued snacks to fill your tummy. Come out and see what it's all about.

### Noon Luncheon 12 April 2011

Our next Noon Luncheon will be on April 12 at the Kingston Lions Hall from 11:30 a.m. until 1:00 p.m. The menu is Chicken Supreme dinner with all the trimmings and dessert, tea & coffee. The cost is \$8.00 per meal, \$8.50 delivered. To order a meal please call 765-2128.

### Wilmot Garden Club

The Wilmot Garden Club meets at the Melvin Square community hall at 7:00 p.m. on the third Wednesday of every month. Everyone is welcome. Our April 20th meeting will feature a guest speaker on growing in containers. Go to - [www.wilmotgardenclub.net](http://www.wilmotgardenclub.net).

### Kingston and District Health Auxiliary Coffee Party

The Kingston and District Health Auxiliary will be holding a Coffee Party on Friday April 15th, 2011, 9:30 - 11:30 a.m., at the Kingston Fire Hall, Proceeds for Palliative Care. All are welcome to join us for coffee and snacks.

### Kingston and District Health Auxiliary Monthly Meeting

The monthly meeting of the Kingston and District Health Auxiliary is April 5, 2011 at 1:00 p.m., at the Kingston Fire hall, all are welcome.

### IODE Rosemary Chapter Rummage Sale

IODE Rosemary Chapter is having a rummage sale on Saturday, April 30th from 1:00 - 3:00 p.m. at NSCC Middleton Campus.

### Kingston Area Seniors Association Meeting

Kingston Area Seniors Association meets the second Wednesday of each month at 10:00 a.m. at the Kingston Branch No 98 of the Royal Canadian Legion. Fun day (cards & games) every second and fourth Friday of the month at 1:00 p.m. For more information contact Barb Hildebrand at 765-2513.

### Aylesford Minor Baseball Registration for the 2011 Season

Date: April 13th and 20th. Time: 6:30 - 8:00 p.m. Place: 965 Park Street, Atwater's Service Centre in Aylesford. Call for registration fees or any questions: 847-3705 (Dave) or 847-1146 (Karen). Birth Certificate, Health Card, and registration fees are due upon registering.

### Soldiers' Memorial Auxiliary Dinner

A most popular fund raising, Stuffed Roast Pork Dinner prepared by chefs of CFB Greenwood and hosted by Soldiers Memorial Health Auxiliary will take place Saturday, April 16 at the Middleton Fire Hall. Proceeds to help purchase medical equipment. First seating 4:30-5:45 p.m.; Second seating 6-7:15 p.m. Take out available only 3:45-4:30 p.m. Tickets available: Ruth Brigley 825-3663; Elizabeth Spinney 825-6841.

### Valley Stamp Club Annual Stamp Show & Exhibition

The Valley Stamp Club will be holding their Annual Stamp Show & Exhibition at the Kentville Fire Hall on April 30th, 2011 from 10:00 a.m. - 4:00 p.m., Eight Dealers will be present and the Auction starts at 2:00 p.m. Door Prizes + Free Admission. Come Celebrate the Clubs 50th Anniversary.

### Greenwood Skating Club AGM

The Greenwood Skating Club will be holding its Annual General Meeting on Sunday, May 1st at 3:00 p.m. in the Bomber Room at the Greenwood Arena. All members are encouraged to attend.

### North Kingston Public Cemetery General Meeting

The North Kingston Public Cemetery General Meeting will be held on Tuesday, April 19th, 2011 at 7:00 p.m. in the Kingston Fire Hall. The agenda will include raising the cemetery lot prices on June 1st and changes in the Cemetery Rules and Regulations. Everyone is welcome. The Annual Spring Clean-up Day at the cemetery will be held on Saturday, April 30th at 9:00 a.m. with the rain date on May 7th. Please bring rakes and gloves and family and friends.

### Church Library Hours

The Kingston United Baptist Church Library is open to the public on Thursday evenings 6:30 - 7:30 p.m. The Library is located upstairs in the Christian Education wing. Please use upper side door off main parking lot. Excellent selection of Christian books, videos, CDs, DVDs, and other resources. For info call 765-6735.

### Breakfast at the Aylesford United Church

Saturday, April 16, 2011 from 8:00 - 11:00 a.m. Free will offering. Menu: pancakes, ham, sausage, scrambled eggs, toast, apple or orange juice, tea or coffee. Sponsored by the Committee of Stewards. All are welcome!

### CentreStage

CentreStage Presents: Sadie Flynn Comes to Big Oak by Norm Foster. The show opens on Thursday, April 28 (pay what you can) and continues playing on Friday and Saturday nights at 8:00 p.m. until May 28. There will be a 2:00 p.m. matinee on Sunday, May 15. Phone 678-8040 to make reservations. CentreStage Theatre is located at 61 River Street in Kentville, across from the police station.

### Good Friday Service

A Good Friday Service will be held at New Beginnings Center, 1151 Bridge St., Greenwood on April 22nd, at 7:00 p.m. There will be special music and a drama. We will be serving decadent desserts, tea and coffee. We look forward to having you join us.

### TEDx Annapolis Valley

"Ideas that connect and empower rural communities". Saturday, 14th May 2011, 12:30-5:00 p.m. Al Whittle Theatre, Wolfville, Nova Scotia. This event is by invitation. Tickets \$10.00. email [TEDx-AnnapolisValley@gmail.com](mailto:TEDx-AnnapolisValley@gmail.com) to apply for an invitation.

### The Watoto Children's Choir

The Watoto Children's Choir is coming to Middleton

# HOROSCOPES

April 10 - April 16

### ARIES - Mar 21/Apr 20

Aries, it's hard to concentrate this week but you have to try to devote your attention to the task at hand. Avoid distractions and focus on the job that needs to be done.

### TAURUS - Apr 21/May 21

Taurus, you're itching for a change but you don't know whether it should be a career change or a change in location. Think it over a little more.

### GEMINI - May 22/Jun 21

Gemini, a cloud of uncertainty is looming over an important relationship. There's no surefire way to know if this person is a keeper. You can only hang in there.

### CANCER - Jun 22/Jul 22

Cancer, just when you thought you had your mind made up something changes your entire line of thinking. Embrace this new line of thought.

### LEO - Jul 23/Aug 23

Leo, return to your comfort zone to ease some nerves and concerns. Take a calm, methodical approach to life this week and reap the rewards.

### VIRGO - Aug 24/Sept 22

Virgo, take some time to yourself the next few days because the coming days figure to be hectic. It's time to start thinking about a vacation.

### LIBRA - Sept 23/Oct 23

Libra, opportunities to further your education present themselves in the coming days. Think about these opportunities carefully before making any decisions.

### SCORPIO - Oct 24/Nov 22

Scorpio, until you settle down, expect your finances to be in a bit of disarray. It may be good to sit down with a planner and work through the bigger issues.

### SAGITTARIUS - Nov 23/Dec 21

Unless you open up to others, you won't be making many friends this week. Try to explore other opportunities for socialization, Sagittarius. It could get lonely.

### CAPRICORN - Dec 22/Jan 20

There's more to you than you let others see, Capricorn. Sometimes leaving a little mystery can be a good thing. But don't let it get in the way of relationships.

### AQUARIUS - Jan 21/Feb 18

Don't hold out on someone who has been counting on you, Aquarius. When you look at your schedule, you will find you have time to fit everything in.

### PISCES - Feb 19/Mar 20

You may have to do a little damage control, Pisces. This week simply swallow your pride and get things done.

### FAMOUS BIRTHDAYS

|          |                            |
|----------|----------------------------|
| APRIL 10 | Mandy Moore, Singer (27)   |
| APRIL 11 | Joss Stone, Singer (24)    |
| APRIL 12 | Claire Danes, Actress (32) |
| APRIL 13 | Rick Schroder, Actor (41)  |
| APRIL 14 | Adrien Brody, Actor (38)   |
| APRIL 15 | Seth Rogen, Actor (29)     |
| APRIL 16 | Ellen Barkin, Actress (56) |

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# PRESENTS... FIND & WIN

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1. Through our website: [www.auroranewspaper.com](http://www.auroranewspaper.com)
2. Fax: 765-1717
3. Drop into our office located on 83A School Road (Morfee Annex)

**No Central Registry or Canada Post please.**  
**Deadline: Noon, Thursday, April 14, 2011.**  
 Make sure you include your full name and phone number.

| NAME                                                                                                                                                           | PHONE NUMBER |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| <b>Limited to one win per family in a TWO MONTH PERIOD.</b>                                                                                                    |              |
| The winner will be drawn randomly from all correct entries. Only one entry per family per week.                                                                |              |
| <b>Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!</b> |              |
| 1. What is the phone number for Cole Sawler Law Office _____                                                                                                   |              |
| 2. When is Creekside's Bed & Breakfast Grand Opening _____                                                                                                     |              |
| 3. Who is the owner of Currie's Small Engine Repair _____                                                                                                      |              |
| 4. Who is the installation specialist in flooring _____                                                                                                        |              |
| 5. What is the phone number for Colonial Hearth & Aquatics _____                                                                                               |              |

**This contest is brought to you by:**

## Pizza Delight, Greenwood

### 765-4477

**Congratulations to last week's winner: RYAN LUPTONPP**



Baptist Church on Wednesday, May 18th at 7:00 p.m. for a Concert of Hope. The choir consists of parentless children from Uganda, Africa and is sure to touch the hearts of all ages with stories, music and dance. Free will offering. To learn more about the choir please visit [www.watoto.com](http://www.watoto.com)

**Music Benefit Show and Bake Sale**

Music Benefit Show and Bake Sale will be held on April 17, 2011 from 1:00-4:00 p.m. at the Aylesford Firehall to help raise funds for Elizabeth Steele to go to Rhode Island for the MS Liberation Procedure. There will be door prizes, 50/50 draw and raffles. Free will offering. Donations can also be made to: Elizabeth Steele, Scotiabank, Greenwood, NS. Thank you.

**Steak and Refreshment Dinner and Silent Auction**

Will be held at the Top Hat Tavern on May 7<sup>th</sup>, 2011 from 4:00-9:00 p.m. to raise funds for Elizabeth Steele to go to Rhode Island for the MS Liberation Procedure. Tickets are \$15.00 and can be purchased from Brian & Shirley Smith 765-9170, Ken Brown 242-2232 and Elizabeth Steele 242-2315. Donations can also be made to: Elizabeth Steele, Scotiabank, Greenwood, NS.

**14 Wing Teen Council - Community Yard Sale**

On Saturday April 30, 14 Wing Teen Council will be hosting a Community Yard Sale. For only \$10 come register a table and sell your unwanted belongings for a reasonable price, anything you make, you keep! We will also have a BBQ with all proceeds going to 14 Wing Teen Council. For more information or to register a table, please call Megan at 765-8165. Come show your support and get started on spring cleaning!

**Greenwood Minor Hockey Annual General Meeting**

Greenwood Minor Hockey will be holding their Annual General Meeting 13 April 2011, 7:00 p.m. at the Annapolis Mess. This is a public forum to look at the past season and discuss the way ahead, as well there are some Executive Positions that will be vacated and need to be filled. All Executive positions are up for re-election, for details contact [tryg\\_fischer@hotmail.com](mailto:tryg_fischer@hotmail.com).

**Annual Spring Tea & Sale**

Please come out to the Annual Spring Tea & Sale at Three Rivers Community Centre (Torbrook Mines) on Saturday, April 16 from 2:00 -

4:00 p.m. You will be delightfully treated to an afternoon of tea with sandwiches, tasties and ice cream sundaes with home made sauces. Also featured will be sales tables with jewellery by Homer Noble and Jane White; with home-made jams, jellies, pickles and choice white elephant sale items. All are welcome. This event is sponsored by the Torbrook Mines United Church Worker.

**Scrapbooking Event**

Jackie Bigelow is organizing a Spring Crop; all day scrapbooking. May 14th, 9:00 a.m. - 5:00 p.m. at the MRHS school cafeteria. Anyone interested can contact Jackie at: [jebigelow@eastlink.ca](mailto:jebigelow@eastlink.ca). All proceeds will go towards the MRHS student band trip.

**Church Grove Cemetery**

Annual Meeting of the Church Grove Cemetery Co. will be held at the Melvern Square Community Hall, Wednesday, April 27<sup>th</sup>, at 7:00 p.m. Hope to see you there!

# Annapolis East Elementary School Thanks Middleton IODE

Submitted by Brittany, Jenna, Dante, Tristan, Keagan, Breanna, Alexandria, Allie, Victoria – AEES Journalism Enrichment Group

Annapolis East Elementary School in Middleton received a \$1000 donation from the Middleton IODE towards the purchase of new playground equipment. Some of the current equipment is over twenty years old and needs to be upgraded. The Home and School Association and the students themselves have raised \$30,000. The April 5<sup>th</sup> IODE donation has lead the way in the next step to raise money to buy new equipment.

Our playground isn't just the school playground, it is a community playground with children playing on it every day.

The students of AEES

would like to thank the IODE for their generous donation. We will continue to work towards a fundraising goal of at least \$60,000 in order to upgrade the playground.

**...let's talk about YOU**  
Send your articles and photos to:  
[aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com)

## Sudoku

Solution page 18

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 2 | 5 |   | 6 |   | 1 | 9 |   |   |
| 3 | 7 | 4 | 8 |   |   | 1 | 2 | 6 |
| 6 | 1 |   | 7 |   |   | 3 |   | 8 |
| 9 |   | 2 |   |   | 7 | 6 | 3 | 1 |
| 5 |   |   |   | 6 | 4 |   |   | 2 |
| 8 |   |   |   | 2 |   |   |   | 7 |
| 4 |   |   |   | 5 |   |   |   |   |
|   |   | 3 |   | 1 |   | 4 |   |   |
|   |   |   |   |   | 9 |   |   |   |

Level: Beginner

**Fun By The Numbers**  
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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## Metro Crossword

Spelling: US English      Solution page 18

|    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| 10 |    |    | 11 |    | 12 |    | 13 |    |
| 15 |    |    | 16 |    | 17 |    | 18 |    |
| 19 |    |    |    |    | 20 |    | 21 |    |
| 22 |    |    | 23 | 24 |    | 25 |    | 26 |
|    | 28 | 29 |    |    |    |    | 30 |    |
|    |    | 31 |    |    | 32 |    | 33 |    |
|    | 34 | 35 |    |    |    | 36 | 37 | 38 |
| 39 |    |    |    |    | 40 |    |    |    |
| 41 |    |    |    |    | 42 |    | 43 | 44 |
| 45 |    |    | 46 | 47 | 48 |    | 49 |    |
|    |    | 52 |    |    | 53 | 54 |    | 55 |
| 57 | 58 |    |    |    | 59 |    |    | 60 |
| 61 |    |    |    | 62 |    |    | 63 |    |
| 64 |    |    |    |    | 65 |    |    | 66 |

**ACROSS**

1. Male sheep  
4. Make an explosive noise  
7. Upper left keyboard key  
10. Freshwater duck genus  
12. Armenian King 928 - 953  
14. House member title (abbr.)  
15. Starchy food made of dried orchid tubers  
17. Haystack  
18. Afrikaans  
19. Sylvia \_\_\_\_\_, Am. poet  
20. Takes upon oneself  
22. Adult female hog  
23. Irritate  
25. Quarrels  
28. Appropriate for young women  
30. Chest cavity bone  
31. Directed a weapon  
33. Nothing more than  
34. Keyboard partner  
39. Meets the Danube at Belgrave  
40. Adult male pigs  
41. Point midway between NE and E  
42. Least crazy  
45. Ricochets


49. Coach Parseghian  
50. \_\_\_\_\_ Te Ching by Lao Tzu  
52. Dead body of a human being  
55. Plural of 18 across  
57. Indication of skin damage  
59. Oasis (Arabic)  
60. A legally binding command  
61. Woolen Scottish cap  
62. Common stuffing herb  
63. Wild sheep of north Africa  
64. Woman (French)  
65. No. French river  
66. Senior officer

**DOWN**


1. Coarse files  
2. Opposite of digital  
3. Lilongwe is the capital  
4. Slender long-tailed parrots  
5. Obeahs  
6. Political action committees  
7. Expungings  
8. A very large body of water  
9. Jr. to a sergeant (abbr.)  
11. Disappear beyond the horizon

13. Bonxie  
16. Metacomet of Pokanoket  
18. Two-year-old sheep  
21. Mister  
24. New Zealand red pine  
26. Irish Republic  
27. One point E of due S  
29. 7th avatar of Vishnu  
32. Woman making her debut (abbr.)  
33. A guiding spirit  
34. Town of Jesus' 1st miracle  
35. Surmounted  
36. Prayer beads  
37. Picasso's mistress  
38. Rich in decorative detail  
39. Unit of time  
43. A set of steps  
44. Toilet powder  
46. Paddle  
47. Doctor of Medicine  
48. Board cutters  
51. Port of ancient Rome  
53. River in South Africa  
54. Tense  
56. 74820 OK  
57. Opposite of LTM  
58. Br. University town river

Metro Crossword brought to you compliments of:



Greenwood Mall



authorized dealer  
Cellular Sales & Service  
Authorized Product Care Centre  
**765-2415**



# Classified Ads

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX, Debit or Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

To place a Classified Ad by Word Count call Candace Ernst at 765-1494 local 5440. The Aurora Newspaper office is located on 83A School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com). Fax: 765-1717.

## FOR SALE

FOR SALE – Light pink Alfred Angelo Prom dress. It's a size 6. Lots of beads on the dress. Asking \$200.00. Call 848-6030. (3212-ufnbs)

FOR SALE – Cavalier King Charles Spaniel Pups. Prices \$675 to \$900. Phone 765-0885. (3214-2tpb)

## FOR RENT

FOR RENT – Available March 1st. 2 Bedroom apartment located in Adult Building. 909 Rocknotch Rd. \$510.00

per month. Damage deposit required. Phone 824-3027. (3210-3tp)

FOR RENT - Beautiful 3 bedrooms 2 bathroom country home, 1 mile from Middleton and seven minutes from Greenwood on Hwy 10. Oil heat, wood stove, wrap around deck and recently painted interior. No smoking.

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FOR RENT – 2 bedroom mobile heat & lights included. \$650.00 per month. Available now. 2 Bedroom duplex heat & lights included. \$535.00 a month. Available now. Both located in Kingston area. Phone 847-5046. (3212-ufn)

FOR RENT – 1 Bedroom apartment in Kingston. \$575.00 power and heat included. Phone 765-2700. (3213-ufn)

FOR RENT – Available May 1, 2011. Located on 51 Victoria Street, Middleton. 3 bedroom house, no appliances included. 10 Minute walk to

## One of the Most Viewed Pages in the Newspaper

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.



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- Real Estate
- Family Law
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- Litigation
- Incorporations
- Consultations / Referrals

## Crossword Solution

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| R | A | M |   |   |   | P | O | P |   |   | E | S | C |   |   |
| A | N | A | S |   |   | A | B | A | S |   | R | E | P |   |   |
| S | A | L | E | P |   | R | I | C | K |   | T | A | A | L |   |
| P | L | A | T | H |   | A | S | S | U | M | E | S |   |   |   |
| S | O | W |   | I | R | K |   |   |   | A | R | G | U | E | S |
|   | G | I | R | L | I | E |   |   |   |   |   |   | R | I | B |
|   |   |   |   | A | I | M | E | D |   |   |   | M | E | R | E |
|   | C | O | M | P | U | T | E | R | M | O | U | S | E |   |   |
| S | A | V | A |   |   |   |   | B | O | A | R | S |   |   |   |
| E | N | E |   |   |   |   |   | S | A | N | E | S | T |   |   |
| C | A | R | O | M | S |   |   | A | R | A |   | T | A | O |   |
|   |   |   | C | A | D | A | V | E | R |   | T | A | A | L | S |
| S | C | A | R |   |   | W | A | D | I |   | E | D | I | C | T |
| T | A | M |   |   |   | S | A | G | E |   |   | A | R | U | I |
| M | M | E |   |   |   | L | Y | S |   |   |   | S | M | A |   |

## Sudoku Solution

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 2 | 5 | 8 | 6 | 3 | 1 | 9 | 7 | 4 |
| 3 | 7 | 4 | 8 | 9 | 5 | 1 | 2 | 6 |
| 6 | 1 | 9 | 7 | 4 | 2 | 3 | 5 | 8 |
| 9 | 4 | 2 | 5 | 8 | 7 | 6 | 3 | 1 |
| 5 | 3 | 7 | 1 | 6 | 4 | 8 | 9 | 2 |
| 8 | 6 | 1 | 9 | 2 | 3 | 5 | 4 | 7 |
| 4 | 2 | 6 | 3 | 5 | 8 | 7 | 1 | 9 |
| 7 | 9 | 3 | 2 | 1 | 6 | 4 | 8 | 5 |
| 1 | 8 | 5 | 4 | 7 | 9 | 2 | 6 | 3 |

# The 19<sup>th</sup> Hole

Submitted by: Wendy Richardson

Well I guess spring is really here. The course is open and I have been told the course is in great shape...and the Greens weathered the winter very well.

As in previous years there is a Clean-up Day planned for April 20th...there is a sign up sheet at the pro shop, so if you can spare a few hours in the morning of the 20th, they can use your help. Give the Pro Shop a call 765-5800.

This year the Golf Club are selling tickets on a 3 year membership, the tickets are at the Pro Shop and will cost \$10.00 each and only 500 will be sold. The draw will take place at the Annual General meeting October 16th (2:00 p.m.)...that would be a nice win for just a ten dollar investment. Ask the Pro Shop staff about these tickets.

There are a few dates that have been set for

upcoming events: May 8<sup>th</sup> is the Ladies Get Acquainted Day...and then on May 15<sup>th</sup> it will be the Ladies Early Bird Tournament. The Founders & Builders Tournament is scheduled for May 27-29...check the Greenwood Golf Club website for info on this event.

Members are encouraged to use the COMMENT CARDS available in the hall, passing comments on to the pro shop is a good thing, but if they are busy, they may forget to pass on the info...fill out a comment card and it will be actioned and you will get a reply.

Karen Gorman, our new Manager, was telling me there are over a hundred members already and it is only April. There are new members signed up already, so if you see someone you don't recognize, say Hello and make them feel welcome.

Soon the course will be in Full Swing...and as in past years, remember to Keep up the pace of play and remember to replace your divots and repair your ball marks on the greens...if you are a member, this is your course, so set a good example for others and look after the course by following these simple things.

If you have any info you would like to have included in this article, please send me the info...[wdrichardson@eastlink.ca](mailto:wdrichardson@eastlink.ca).

Until next week, dust off those clubs and golf shoes and Hit the Links...Enjoy The Challenge!

WAR

...let's talk about **YOU**

Send your articles and photos to:  
[aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com)



# Family Violence, the Red Flags, How to Help Others & Where to Find Support

Submitted by Jennifer Hill,  
BSW, SWC, GMFRC  
Social Worker 765-  
1494 ex 1811

*"Everyone has a right to peaceful coexistence, the basic personal freedoms, the alleviation of suffering, and the opportunity to lead a productive life..."*

— Jimmy Carter

The topic of family violence is a delicate subject that is often viewed as taboo because of the complexity of the layers within.

As the GMFRC Social Worker

of the Prevention, Support and Intervention program, I receive many inquiries from concerned third party persons who are looking for supportive information to help a family member who is experiencing family violence. This can be a frightening and isolating road to travel as there are many twists, turns, and speed bumps along the way. It is important to understand the layers of family violence and who it affects and how. If you know of someone experiencing family violence it is important

to recognize some of the warning signs (red flags) and know how to proceed in guiding them toward support.

**Some examples of the 'Red Flags' that may indicate a loved one is experiencing any form of family violence (emotional, physical, sexual, and spiritual) include:**

- Withdrawal from friends & family/activities - someone outgoing is now quiet & reserved
- Changes in behaviour/mood swings anger, rage, sadness, despair
- Change in eating habits - sudden weight loss, weight gain
- Physical injuries - cuts, bruises
- Substance use (used as a coping mechanism to escape)

**What can a family member or friend do to help?**

- Be empathic
- Assure the person you are there for them; whether they or you have insight into the issues at hand or not
- Help the person connect to community resources
- Reassure that they are not alone and support networks are available
- Practice self care for yourself - it is important that you do not become consumed or vicariously take on the emotions of the person you are trying to help

**Where to turn for help:**

- GMFRC Social Worker
- 14 Wing Mental Health Services

- Padres
- MPs

Family violence has proven time and time again to have long term effects on every individual within the family. While recognizing that family

violence is experienced by the entire family unit, please note that there are resources available through community programs for the women, children, and men involved. The suggestions in this article are for general

information. If you want to explore more please contact your GMFRC.

For a more detailed list of community resources and connections please contact your GMFRC.

## Greenwood Players Theatre Group Presents

# "The Foreigner"



**AVM Morfee Centre**

**May 10th to May 14th**

**Tickets \$8.00 - Curtain time 7:30 p.m.**

Featured this week are Laughlin MacLean who plays Charlie Baker and Amanda Woodcock who plays Catherine Simms.

**Pâques à l'Escadre**  
Samedi 23 Avril  
13h00 à 15h00  
au mess Annapolis

Bricolage, Biscuits,  
Surprises, Prix, Jeux,  
et encore plus!

en partenariat avec le CRFMG et le centre communautaire de la 14e escadre  
pour plus de renseignements téléphoner 765-8165 ou 765-5611

**Easter on The Wing**  
Saturday April 23  
1-3pm  
at The 14 Wing Annapolis Mess

Crafts, Cookies,  
Treats, Prizes,  
Games, and so much more!

Brought to you by The GMFRC and 14 Wing Community Centre  
For More Info Contact: 765-8165 or 765-5611

## Mental Health and Addictions Strategy Public Consultation

Nova Scotians are invited to participate in public consultations to develop a Mental Health and Addictions Strategy for our province. The goal of the Strategy is to revamp mental health and addictions services to ensure better health care for you and your family. The consultations will take place in 6 communities provincewide including:

### Greenwood

Monday, April 18, 8 a.m. – noon

14 Wing Greenwood, Birchall Training Center, The Chamber Room

If you are unable to attend the public consultations, you can provide input through an Online Consultation. To access the Online Consultation, or for more information regarding the development of the Mental Health and Addictions Strategy, please visit:

**[www.nshrf.ca/mentalhealthandaddictionsstrategy](http://www.nshrf.ca/mentalhealthandaddictionsstrategy)**

A copy of the Consultation Questionnaire can also be mailed to you if you are unable to attend a public consultation or access the Online Consultation. Please contact **902-424-4043** to request your copy.

**NOVA SCOTIA**

## Small Business Tax Rate Going Down

Small businesses are key to the Nova Scotia economy. That's why this budget reduces the small business tax rate for a second straight year. With a total reduction of 20%, businesses can expect to see a savings of up to \$4,000 next year.

We're putting more money in the hands of small business owners. It's all part of our **jobsHere** plan — creating good jobs and growing the economy.

To learn more about this plan and other new programs, go to [www.gov.ns.ca/jobshere](http://www.gov.ns.ca/jobshere)

We're making life better for families.

**NOVA SCOTIA**



# Kingston Lions Celebrate 50<sup>th</sup> Anniversary

The Kingston Lions Club was Co-sponsored by the Middleton and Kentville Lions Clubs on 06 MARCH 1961 with the late Lion Reg Boates as Charter President. Our Membership stands at 51 to date. With the acquisition of our own facility in 1968 and the start up of Bingo, the potential and capabilities of the club increased dramatically. The

construction of a mobile BBQ in 1990 further enhanced our capability. As the Membership increased in the mid 1990's the club became actively involved in catering which effectively utilized the growing LION power. Some of the most visible activities/projects that we are involved with are the annual Kingston Steer BBQ, Port George Country



Jamboree, Kingston Village Bandstand, Greenwood Soccer Field, Kingston Recreation Building, the West Kings Arena's original ice making compressors, cabins at Lower Lake 60 for the Scout Camp and the purchase of Health Related equipment for use of local citizens such as a Freedom Machine (motorized wheel chair) numerous wheel chairs, breathing machines and other equipment. The Lions of our club have worked thousands of hours at fund raising and providing assistance to seniors, disabled, the less fortunate people in our community. Some of these services included Sight related needs, Scholarships, Scouting, Speak Out, Youth Exchange, Lions-Quest, International Youth Camp, Drug Awareness, Medic Alert, Diabetes Awareness Education and support to Camp Lion Maxwell, a Lions project for Diabetics. Community services also include financial support to the Valley Shuttle, aid to the elderly, the Lions Foundation District N2, Health Services and provide space for Blood Donor clinics. We also support the Canadian Cancer Society, Heart & Stroke Foundation, Health Education

and the physically disabled. Our club is proud to provide support to a Foster Child through World Vision.

Over the past 50 years the Kingston Lions team have raised in excess of \$2,000,000.00 dollars in support of community needs. The funds go to less fortunate families to alleviate their transportation, medical, dental, vision care and special educational expenses. Donations are made to disaster areas in other parts of Canada and the world which included the World Trade Centre disaster of September 11<sup>th</sup>.

A special **THANK YOU** is extended to all our patrons. Fundraising functions such as: Bingo, Noon Luncheons, Yard Sales, and Raffles have enabled the Lions Club to contribute to many Programs. **LOCALLY**, Christmas Mommies & Daddies, Christmas Food Hampers, Food Bank, Schools, Hospitals, financial support to the Hospital Shuttle Service, Fire Departments and Nursing

Homes. **REGIONALLY** we support Hospitals; (Soldiers' Memorial, Valley Regional, IWK and the QEII), Disaster Relief, District Eye Projects, Children's Wish Foundation, Canadian Blood Services and Youth Camps for Diabetes and Cancer patients.

**NATIONALLY/INTERNATIONALLY** the club supports Adopt a Child,

Guide Dogs (for the Blind, Seizure Response, Special Skills, Autism Assistance & Hearing Ear) and Disaster Relief to major catastrophes throughout the world. All of this is made possible through your support and contributions. If you wish to become a LION please call the club at 765-2128 for information.



Lions Christmas Breakfast Crew



The Annual Kingston Steer BBQ



Highway Clean-up



Port George Country Jamboree



**Middleton & District Lions Club**

**Congratulations to  
Kingston Lions Club on their  
50TH CHARTER ANNIVERSARY**

from  
**The Middleton & District Lions Club • SPONSORING CLUB**



**Congratulations to  
Kingston Lions Club on their  
50TH CHARTER ANNIVERSARY**

from  
**The Village of Greenwood**



**Congratulations on your  
50th Anniversary**

from Meadowbrook Meat Market  
318 Pleasant Valley Road, Berwick

LIVE WELL WITH  
**PHARMASAVE**  
Valley Drug Mart

**Congratulations to  
Kingston Lions Club on their  
50TH CHARTER ANNIVERSARY**

from  
**Middleton/Kingston Valley Drug Mart**



**Congratulations on our  
50TH ANNIVERSARY**

from  
**Lion Tom Beardsley  
T & S Office Essentials & Printing, Kingston**



**Congratulations to  
Kingston Lions Club on their  
50TH CHARTER ANNIVERSARY**

from  
**JC's Hot Tubs & Pools 323 Main St., Kingston**

**FRASER'S PRO** home centre

**Congratulations to  
Kingston Lions Club on their  
50TH CHARTER ANNIVERSARY**

from  
**Fraser's PRO Home Centre, Kingston**



**Congratulations to  
Kingston Lions Club on their  
50TH CHARTER ANNIVERSARY**

from  
**RONA Cash & Carry, Kingston**