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The Aurora newspaper

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 14 WING • ESCADRE 14 GREENWOOD, NS
 www.aurora@auroranewspaper.com



The official puck drop for the Military Appreciation Night hockey game hosted by Acadia University. Acadia Axeman Phillippe Bertrand, 14 Wing Chief Warrant Officer Jim Jardine, Century 21 representative Cathy Doucette, 14 Wing Commander Colonel Bill Seymour and University of New Brunswick Varsity Reds, Kyle Bailey.
 (Image: Sgt Pete Nicholson, 14 Wing Photojournalist)

Annual Military Appreciation Night Hockey Game at Acadia University

By Sergeant Pete Nicholson

Acadia University (located in Wolfville, Nova Scotia) once again demonstrated its' great admiration for the men and woman of 14 Wing Greenwood and the Canadian Forces by hosting the third annual, Acadia University Military Appreciation hockey game on Friday 11 February 2010.

The Wing received 150 tickets due to the excellent direction and hard work of Eric Cederberg, the Universities Sports Information / Events Management representative at Acadia University. This year's game had the Acadia Axemen and the University of New Brunswick

(UNB) Varsity Reds facing off in what was a key game for Acadia.

Colonel Bill Seymour, 14 Wing Commander and Wing Chief Warrant Officer Jim Jardine, were there to do the official puck drop and afterwards they enjoyed the hockey game with their families. Unfortunately, UNB dominated the Axemen and outscored them 4-0!

It was an excellent evening and very much appreciated. Thanks to all the staff and students of Acadia University for the invitation and the ongoing exceptional support they show the Canadian Forces.

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African Heritage Month 2011

Submitted by: 14 Wing's Employment Equity Diversity Council

On February 15, 2011 the Wing Commander, Colonel W.F. Seymour proclaimed February to be African Heritage Month at 14 Wing Greenwood.

There is currently an informative display set up in the foyer of Head Quarters (HQ) titled "Canadian Blacks in the Military" which is generously on loan to the Wing's Employment Equity Diversity Council from the Advisory Group Secretariat in Ottawa. The next time you're in HQ please stop and take a minute to have a look at it. This will be kept onsite until the end of the month.

African Heritage Month is a time to celebrate the many achievements and contributions of black Canadians, who, throughout history, have done so much to make Canada the culturally diverse, compassionate and prosperous nation we know today. It also presents an opportunity for us to appreciate the richness of our Canadian diversity and its proud black Canadian history.

You can also visit these websites for more information on African Heritage Month celebrations around Nova Scotia:

www.gov.ns.ca/ansa

www.halifaxpubliclibraries.ca/assets/files/guides/jan-feb-2011.pdf

To find out about the UN International Year for People of African Descent:

www.gov.ns.ca/news/smr/2010-12-15-UN-Year/

To find out about the 2011 International African Diaspora Heritage Trail

Conference: www.gov.ns.ca/ansa/ADHT.asp



(Images submitted)



Innu Mikun/Provincial Airlines Aircraft Maintenance Apprentice Goose Bay

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Oh, by the way, the hammers are from left to right: Claw Hammer, Ball-peen Hammer, Drywall Hammer. See, you've already learned something.

Useful Links

Canadian Air Force website

<http://www.airforce.forces.gc.ca/v2/index-eng.asp>

Community Gateway Site

<http://www.cfcommunitygateway.com/en/index.asp>

14 Wing Greenwood Site

<http://www.airforce.forces.gc.ca/14w-14e/index-eng.asp>

Personnel Family Support Services

<http://www.cfpsa.com/en/>

National Defence and the Canadian Forces

<http://www.forces.gc.ca/site/home-accueil-eng.asp>

Combat Camera

<http://www.combatcamera.forces.gc.ca/common/combatcamera/home-eng.asp>

Recruiting

<http://www.forces.ca/>

Military Family Resource Centre

<http://www.familyforce.ca/splash.aspx>

VPI

<http://www.vpinternational.ca/>

Wing Commander Holds Annual Town Hall Meetings



14 Wing Greenwood Wing Commander, Colonel (Col) W.F. Seymour, speaks to members of the Wing during his Town Hall, held at the Annapolis Mess on 10 February, 2011. During the Town Hall, Col Seymour discussed the 14 Wing Greenwood Strategic Campaign Plan for 2011/2012.

(Image: Corporal Melissa Spence, 14 AMS Wing Imaging, Imagery Technician)

By: Captain Scott Spurr

On Thursday, February 10, 2011, the Wing Commander (WComd), Colonel Bill Seymour and Wing Chief Warrant Officer (WCWO), Jim Jardine held a series of town hall meetings for the personnel to outline the way ahead for the Wing's Strategic Campaign Plan (SCP). The SCP includes numerous subjects such as the Lines of Operation and Strategic Initiatives for the Wing, plus a reference to the 1 Canadian Air Division's Operational Guidance.

The annual meetings are an opportunity for the WComd and WCWO to communicate directly to the personnel on what they and the Air Force would like to accomplish. The initiatives for the Wing centre on its Mission and Vision which are:

Our Mission: To conduct airborne Intelligence, surveillance, reconnaissance and control (ISR&C), rescue and transport and to deliver operational support for Canada's Defence Mission.

Our Vision: To be Canada's leader in developing and applying air power for airborne ISR&C, rescue and transport in global, joint and combined operations.

"Everyone at 14 Wing – military and civilian – has a part to play in contributing to and achieving our mission. We succeed by marshalling our collective efforts and capabilities to generate and support airpower," stated Colonel Seymour.

14 Wing has a proud history of striving for continuous

improvement and being innovated to achieve the Vision of the Wing and in order to do this the Base must have clear goals, commitment and resources. "We cannot be "Canada's Leader" in anything unless we have clear objectives, the resources, the commitment, a sense of ownership, and focused effort to get there," said the WComd.

The SCP provides the Wing with a way ahead which allows it to achieve its goals and is made up of seven lines of operation (LOO) which are then subdivided into Strategic Initiatives. The seven LOO's are as follows:

Lines of Operation (What We Do):

1. Conduct Search and Rescue Operations
2. Conduct Intelligence, Surveillance, Reconnaissance &

3. Control
4. Develop ISR&C Capability and Conduct Operational Test and Evaluation
5. Provide Support to Canadian Forces Operations
6. Improve Quick Reaction Area
7. Conduct Training
8. Main Operating Base

The motto of the Wing is Operate as One. This motto is reflected daily in the work that its personnel do and by working together, the dedicated professional people of the Wing can achieve anything they set their minds too. The SCP is challenging, but by working together, the WComd and WCWO felt that significant progress will be made in the near future to achieve the mission and vision of the Wing.

ZX Cycle "N" Run Club • Spring 2011

Planning Meeting

Another great Running/Cycling season is nearly upon us. ZX C n R Members had a successful 2010 season, participating in the following events; ZX 10 road race (hosting), Bluenose Marathon, Cabot Trail Relay Race, Air Force Triathlon (hosting), Cabot Trail Ride, Middleton Century Ride, Tuesday & Thursday club runs, Tuesday, Thursday, and Sunday club road rides, and the Valley Harvest Half Marathon.

In preparation for the upcoming season the club will be holding a general meeting on Thursday 10 March 2011 at the F&S Centre. The focus of this meeting will be to bolster club membership, refresh/replace/ vacant and soon to be vacant positions, plan the 2011 season schedule of events, and search for new ideas and challenges. Those interested (experienced or beginner) are encouraged to come out and share their thoughts and ideas. Potential

new events are; Not Since Moses Run (<http://notsincemoses.com/>), Boomers Legacy Ride (<http://www.boomerslegacy.ca/>) (a NS bike route will be added Greenwood to Halifax 10 September 2011)

On going club runs are held at

1600 on Tuesday/Thursday and 1800 Wednesday contact Capt Peter Shirley, Peter.Shirley@forces.gc.ca. Phone 760-0970.

Indoor cycling classes are ongoing Monday/Wednesday/Friday at noon (45 min Class), Tuesday/Thursday at 1800 (60

min Class) and Saturday 0900 (90 min Class).

Also, if you wish to participate, a pre meeting run or indoor

cycling class is planned. Both will start at 1800 at the F&S Centre followed by the meeting at 1930 at the F&S classroom.

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The Air Force is a Caring Force - We Care About Our People and Their Families

Sent on behalf of MGen Yvan Blondin, Commander 1 Canadian Air Division:

Our effectiveness in continuing to stand on guard for Canadians depends on one strong Air Force family. I know we can do more to support our families, and with the full commitment of the leadership at our Wings - and with the essential involvement of our DND/CF partners and communities - we will continue to make progress.

Our families deserve consistent and speedy access to healthcare, childcare, and suitable housing on every posting and especially when we are required to deploy. The challenges

of facilitating consistent family services vary from Wing to Wing, but the measures of success are the same: to be able to assure newly posted families that they will be able to find a family doctor, re-enrol their children in childcare and have acceptable housing. Over the past 18 months, we have endeavoured to foster improvements in these areas. One of the goals is to ensure, regardless of geographical location, that our families enjoy a consistent standard of living through the availability of complimentary family services. To determine the success of our endeavours, a Family Support Needs Assessment will be launched 14 - 25 February, 2011.

The purpose of this needs assessment is to determine the availability and adequacy of services for our military families posted to Wings, and provide us with insight into the value of these services. The results will be presented at the second annual Family Support Conference 10 -11 May, 2011. The success of this assessment depends on maximal participation by members' families whose feedback I am soliciting - it is critical to mission success!

As we all know, our families are our most important source of strength; in taking the best possible care of them we can continue to serve whenever and wherever we are needed.

La Force aérienne est une force compatissante – nous nous soucions du bien-être de nos militaires et de leur famille

Envoyé au nom du

**Mgén Yvan Blondin,
commandant de la 1^{re}
Division aérienne du
Canada :**

L'efficacité de notre Force aérienne et notre capacité de continuer à protéger et à veiller sur les Canadiens

reposent sur la solidité de la grande famille de la Force aérienne. Je sais que nous pouvons en faire plus pour soutenir nos familles et, avec le plein engagement des dirigeants dans nos escadres et avec la participation essentielle

de nos partenaires et de nos communautés du MDN et des FC, nous continuerons à réaliser des progrès.

Nos familles méritent d'avoir un accès uniforme et rapide à des soins de santé, à des services de garde pour enfants et à des logements adéquats à chaque endroit où elles déménagent et surtout lorsque nous participons à un déploiement. D'escadre en escadre, les difficultés varient pour ce qui est de la mise en œuvre de services uniformes aux familles, mais les mesures de succès sont les mêmes – pouvoir

garantir aux familles nouvellement mutées qu'elles pourront trouver un médecin de famille, inscrire leurs enfants à des services de garde et habiter dans un logement acceptable. Au cours des 18 derniers mois, nous nous sommes efforcés d'encourager l'amélioration des services de soutien aux familles dans ces domaines. Un des objectifs est de s'assurer que les familles militaires puissent profiter d'un niveau de vie constant, peu importe l'emplacement géographique où elles se trouvent, grâce à la

disponibilité de services complémentaires. Dans le but de déterminer si nos efforts portent leurs fruits, on entreprend l'Évaluation des besoins en soutien aux familles, qui se déroulera du 14 au 25 février 2011.

Cette évaluation des besoins a pour objectif de déterminer la disponibilité et le caractère adéquat des services offerts aux familles des militaires affectés dans les escadres, et de nous fournir une idée de la valeur de ces services. Les résultats de l'évaluation seront présentés lors de la deuxième Conférence

annuelle sur le soutien aux familles, qui aura lieu les 10 et 11 mai 2011. Le succès de l'évaluation repose sur la participation maximale des familles des militaires, dont la rétroaction est sollicitée. Leur participation est essentielle au succès de la mission!

Comme nous le savons tous, nos familles sont notre source de force la plus importante. En leur fournissant les meilleurs soins et les meilleurs services, nous pouvons continuer à servir où et quand nous sommes sollicités.

REWARD

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The deadlines are as follows: 12:00 noon Wednesday for classified ads; 3:00 p.m. Wednesday preceding publication date for all other advertising and those requiring proofs. Editorial material MUST be typed and MUST be accompanied by the disk and hard copy, the originator's name, address and telephone number no later than 9:30 a.m. Thursday. Or E-mail us at aurora@auroranewspaper.com

12h00 pour les annonces publicitaires moins d'une demie page, le mercredi qui précède la semaine de publication. Les annonces publicitaires de plus d'une demie page ou demandant une épreuve doivent nous arriver par le mercredi à 12h00. Les documents doivent être dactylographiés et provenus avec le disque et une copie imprimée. Ils doivent aussi porter le nom, l'adresse et le numéro de téléphone de l'auteur. Ou Email: aurora@auroranewspaper.com

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Valley Animal Shelter Congratulates and Thanks

Submitted by: Jennifer Niemi, Valley Animal Shelter

The Valley Animal Shelter wishes to congratulate Mrs Roxy Potter, of Nictaux, who won our Valentine's Day Chocolate & Teddy Bear Basket.

Many thanks to all who supported the draw. We raised \$1827.00; our best draw ever! Thank you also to Mr Jim Gushue, Principal of Middleton Regional High School, for drawing the winning ticket (#3055). Special thanks to den Haan's Garden World & Gift Shop for not only allowing the draw to take place on their premises but also for selling tickets on the basket.

All money raised will be used to feed the many animals in shelter care. To see the animals you have helped, please visit the VAS website at www.valleyanimalshelter.com.

Currently, Scotiabank Greenwood is selling tickets on two lovely paintings in support of the Valley Animal Shelter. One by Twila Rober-DeCoste and the other by Phyllis McAllister.

Our annual plant sale is set for Saturday May 28th in Meadowvale, Annapolis County. For more information, please call Jennifer at 765-6629.

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Business of the Week ~ Old Mill Computers ~

Wayne Hutchinson, owner of Old Mill Computer Services, started his business in a small shop in 1996 located on Ward Road behind his home. Fifteen years



later the business expanded to the extent more space was required. The new location opened four years ago beside Avery's in Greenwood.

The shop offers sales, service and consulting. Old Mill sells new and refurbished computers; hardware, upgrades, older parts, monitors and keyboards. Their selection is extensive.

Anyone in need

of a new monitor, peripherals, components, or wants a custom built computer can call or drop into the shop and discuss options available by their knowledgeable staff.

Repairs are done on computers and notebooks. Upgrades are also provided for anyone who wishes to increase their hard drive space or ram. If you are satisfied with your current computer system but want to keep it running in optimal condition, Old Mill can help.

Wayne says if we don't have what you are

looking for; we will do our best to find it.

Old Mill Computer Services employs two technicians. This business offers a one stop shop for sales and service.

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Annual Directorate of Flight Safety Visit



28 Feb-4 Mar 11

The annual Directorate of Flight Safety (DFS) briefings and visit by the DFS Colonel Chicoyne and Chief Warrant Officer Cormier will take place 28 Feb - 4 March 2011. This visit is always the highlight of the flight safety year as it allows DFS to meet

with 14 Wing personnel, and to deliver a series of educational Flight Safety presentations to all Wing personnel. As in previous years, the briefing will review the past year's significant incidents and accidents providing some analysis of trends and highlighting concerns in our flying operations. This annual visit to the Wing is an opportunity for 14 Wing personnel to learn of flight safety issues concerning 14 Wing and other Wings.

Flight Safety is an ongoing process that all members of 14 Wing are responsible to maintain. The safe conduct of flying operations, support to flying operations and

prevention of accidental losses of personnel and aviation resources remain essential elements of our operational effectiveness.

The Wing Commander, Colonel W.F. Seymour, and the Wing Flight Safety Officer, Major Carl Rioux, highly

encourage all personnel to attend one of the briefings. So please make the effort to take in one of the briefs and meet the DFS team.

All Wing personnel invited, to ensure maximum participation and to meet personnel schedules DFS

will be providing four separate briefs as scheduled below:

01 Mar 11 - Birchall Training Centre Theatre, 1300 hrs All Wing personnel invited;

02 Mar 11 - Birchall Training Centre Theatre,

1000 hrs and 1300 hrs;

03 Mar 11 - Birchall Training Centre Theatre, 0900 hrs;

Note: Only 180 seats available per briefing.

Further information can be obtained from the WFS office local 3679 or 3749. See you there!

AVS and AVN Techs: Flight Engineer Occupation Transition and Recruiting Brief



(Images: 14 AMS Wing Imaging)

Submitted by: Captain Pamela Pahl

A recruiting brief on the Flight Engineer Occupation Transition will be held for all AVN and AVS TECHs potentially interested in an Occupation Transfer to FLT ENGR. This is your opportunity to attend and ask questions during this in-depth brief that will provide accurate and current information on this topic.

**Location: 14 Wing Greenwood,
404 Squadron's Briefing Theatre
Date/Timing: 02 March 2011 at 0900 hrs**

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Fowler 50th Wedding Anniversary



**Congratulations to
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*With love from their children
Karen (Eric), Maria, Laura,
eight grandchildren, two great grandchildren
and the extended family.*

POSSIBILITÉ D'EMPLOI

Centre de ressources pour les familles de militaires de
Greenwood (CRFMG)



Éducateur/éducatrice de la petite enfance

Poste occasionnel, sur appel

L'éducateur ou l'éducatrice de la petite enfance est responsable de la mise en œuvre d'un programme adapté à l'âge et au niveau de développement des enfants, âgés entre trois mois et douze ans, qui fréquentent le service de garde du CRFMG. Il s'agit d'un poste occasionnel, sur appel.

Sous la supervision : Directeur/directrice des programmes de garde d'enfants

La personne idéale doit posséder la formation et les qualifications suivantes :

- Posséder un diplôme en éducation de la petite enfance ou l'équivalent ou être en voie d'obtenir un tel diplôme ou l'équivalent.
- Combinaison équivalente d'études et d'expérience.
- Connaissance relative au développement de l'enfant.
- Capacité de soulever, de pousser et de transporter, sans aide, des charges pouvant peser jusqu'à 50 livres.
- Capacité de travailler dans toutes sortes d'environnements (intérieur, extérieur, salle de classe et cuisine) et de tenir les lieux propres.
- Solides habiletés interpersonnelles et capacité de travailler de façon autonome et en équipe.
- Attestation de compétences en RCR et en premiers soins (bébés et enfants).
- Vérification du registre des cas d'enfants maltraités.
- Vérification du casier judiciaire.
- Le bilinguisme constitue un atout considérable.

Les candidats admissibles doivent faire parvenir leur curriculum vitae et une lettre de présentation, par télécopieur, par courrier ou par courriel, en précisant clairement qu'ils satisfont à toutes les exigences du poste **au plus tard à 16 h, le lundi 7 mars 2011.**

À l'attention de :

Brenda Virtue-Ellis
Directrice des programmes de garde d'enfants
Courriel électronique : home@greenwoodmfr.ca
Ligne objet : Curriculum vitae pour le poste d'EPE
Centre de ressources pour les familles des militaires de Greenwood
Télécopieur : 902-765-1714
C.P. 582, Greenwood, NS B0P 1N0

Les demandes peuvent également être déposées à la réception du CRFMG situé au Centre AVM Morfee, sur School Road, à Greenwood.

Veuillez prendre note que nous communiquerons uniquement avec les personnes dont la candidature a été retenue.

Le CRFMG souscrit au principe d'équité en matière d'emploi. Pour obtenir des renseignements supplémentaires sur le CRFMG, consultez le site www.forcedela famille.ca.

EMPLOYMENT OPPORTUNITY

Greenwood Military Family Resource Centre



Early Childhood Educator

On-Call Casual

The On-Call Casual Early Childhood Educator is responsible for the implementation of a developmentally age appropriate program for children; ages 3 months to 12 years at the GMFRC Childcare Centre. This position is a casual call in.

Responsible to: Childcare Programs Director

The ideal candidate should possess the following skills and education:

- Early Childhood Education Diploma or equivalent, or currently working towards a Early Childhood Education Diploma or equivalent
- A combination of alternate relevant education and experience
- Knowledge of child development
- The ability to lift, push and carry weights up to 50 pounds unassisted
- The ability to work in all types of environments: indoors, outdoors, classroom, kitchen, housekeeping
- Strong interpersonal skills are necessary; as well as the ability to work independently and as part of a team
- Infant/Child First-Aid/CPR certified
- Child Abuse Registry Check
- Criminal Records Check
- Bilingualism is preferred and is a definite asset

Eligible candidates should submit by fax, mail, or email your cover letter and resume clearly outlining your ability to fulfill all position requirements **on or before 4:00 pm Monday, March 7, 2011.**

Brenda Virtue-Ellis
Childcare Programs Director
email: home@greenwoodmfr.ca
Subject Line: E.C.E. Resume
Greenwood Military Family Resource Centre
Fax: (902)765-1714
P.O. Box 582, Greenwood, NS B0P 1N0

Applications can also be dropped off at the GMFRC Front Desk. The GMFRC is located in the AVM Morfee Centre, School Road, in Greenwood.

Only candidates selected for further consideration will be contacted.

The Greenwood MFRC is committed to employment equity. You can read more about the GMFRC at: www.familyforce.ca

Wise customers read the fine print: •, *, †, ‡. \$ The Breakthrough Year Event offers apply to retail deliveries of selected new and unused models purchased from participating retailers on or after January 6, 2011. Retailer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating retailer for complete details and conditions. •\$17,495 Purchase Price applies to 2010 Dodge Grand Caravan Value Package (24F) only and includes \$8,250 Consumer Cash Discount. See participating retailer for complete details. Pricing excludes freight (\$1,400), licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailers may sell for less. *Consumer Cash Discounts are offered on most new 2010 and select 2011 vehicles and are manufacturer-to-retailer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your retailer for complete details. †Customer Choice Financing for 36-, 48- and 60-month terms on approved credit through TD Financing Services and Ally Credit Canada is available at participating dealerships to qualified retail customers on most new 2010 Chrysler, Jeep, Dodge and Ram models (except Grand Caravan Cargo Van and Ram Chassis Cab) and select 2011 Chrysler, Jeep, Dodge and Ram models. The following terms apply to TD Financing Services contracts. (Different contract terms apply to Ally Credit Canada offers. See your retailer for complete details.) Vehicles are financed over a 36-, 48- or 60-month term with payments amortized over a term of up to 96 months and the pre-determined residual balance payable at the end of the contract. At contract's end, customers have the choice of returning their vehicle through a Chrysler, Jeep, Dodge, Ram dealership with no further obligations (except payment of a \$199 return fee and excess wear and tear, mileage and similar charges), financing the remaining balance for the rest of the amortization period at then-current standard rates or paying the residual balance in full. Some conditions apply. Customer Choice Financing offered by TD in Quebec is subject to different terms and conditions. All advertised Customer Choice Financing offers are TD offers. Example: 2010 Dodge Grand Caravan Canada Value Package (24F) with a Purchase Price of \$17,495 financed at 5.99% APR over 60 months with payments amortized over 77 months equals 130 bi-weekly payments of \$126 and one final payment of \$4,560 for a cost of borrowing of \$3,431 and a total obligation of \$20,926.30. Freight (\$1,400), taxes, licence, insurance, registration, excess mileage and wear and tear charges, any retailer administration fees and other applicable fees and charges not included. Retailers may sell for less. See participating retailers for complete details. \$2010 Dodge Grand Caravan SXT shown has a higher price than the Dodge Grand Caravan Canada Value Package advertised. See your retailer or go to www.dodge.ca for complete details. ©SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. ®Jeep is a registered trademark of Chrysler Group LLC. Customer Choice Financing is a trademark of Chrysler Group LLC.

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404 Squadron: Is There A Common Thread



An Aurora crew on exercise in Scotland seen preparing sonobuoys used to listen for submarines. From left to right: Captain Mark Winters, Sergeant (Sgt) Peggy O'Neil and Sgt Craig LeBlanc.

(Image: 14 Wing Imaging)

By: Major Chris Larsen

404 Long Range Patrol and Training (LRP&T) Squadron will be soon celebrating its 70th anniversary during the RV2011 celebrations at Greenwood, from 9-11 June, 2011. The Buffalo Squadron or "The Thundering Herd", as it was to become known, was actually formed at Thorney Island in April, 1941.

So far, most of our 404 Squadron historical articles have focused on our wartime history – a period of service to Canada and the Crown that must be recognized. Though participating in Coastal Command operations in 1943, flying a Bristol Beaufighter loaded with ten armour-piercing rocket projectiles (RP) seems so foreign to us in today's Air Force, in reality we have much in common with our comrades from 70 years ago.

Then, as today, we are responsible to search for, detect, localize, and track the submarine threat, and if necessary, attack him. Anti-submarine warfare (ASW), though usually not in the public spotlight, is a core tenet of what we did and still do in the defense of Canada.

ASW: all through 404 Squadron's history, this has been a common thread between today's warrior and the aircrew of

yesterday. During the War, ASW was not a primary task, as the unit was a Coastal Fighter Squadron. Still, any Kriegsmarine (German Navy) vessel that was spotted was usually attacked.

When the Squadron was reactivated in 1951, flying the Avro Lancaster, the unit still focused on maritime reconnaissance, and ASW was now a primary task. This also held true when the Buffalos started flying the Lockheed Neptune and especially so when taking the 'Hundred Eyed Monster', the Canadair Argus on strength in 1961. Unfortunately, it is impossible to recollect all of the official sorties flown by the Herd during the Cold War – many of the particulars of the missions are still classified. This air of secrecy has shrouded the accomplishments of Buffalo crews through the 1950's up to now.

This brings us to today.

War fighting seems beyond comprehension to those of us who have not served in War. Still, this is what we prepare and train for every day. Even though we now focus on surveillance, reconnaissance, support to other governmental departments like Fisheries and the RCMP, and provide the people of Canada with

...continued on page 9.

WLE Way Ahead 2011 – "Operate as one" to provide a "Service second to none"

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On 5 December 2010, the Wing Logistics and Engineering (WLE) Branch held a strategic retreat to establish, amongst other things, an update to its "Way Ahead" plan for 2011. This plan is put in place to highlight the focal points towards which WLE will work throughout the year to orientate and prioritize the collective efforts put towards ensuring efficient services to the Wing, and the achievement of the 14 Wing 2011-2012 Strategic Campaign Plan.

Lieutenant Colonel Ghislain Létourneau and his team have targeted five principal themes for this year, in no particular order: Support to Operations, Communications, Readiness, Human Resources, and Resource Management. The provision of efficient support to the Wing and as required to deployed operations will be achieved through continuous improvement of processes and diligent balancing of resources. Effective communications within the Branch, with its clients and other bases and wings will ensure a better coordination of efforts towards the Wing's mission. WLE also wants to promote personal and branch readiness, while standing up the Mission Support Squadron for its period of High Readiness in 2012. This will be attained by encouraging individual physical fitness, meeting the established training Force Generation Baseline Levels, and ensuring the branch's Logistics Operations Centre can play a key role to any emergency response conducted by the Wing.

Having over 600 full and part time military and civilian personnel working in WLE, the importance to focus on human resources through proper recognition, development and the provision of adequate tools to get the job done cannot be overstated. Resources management focuses on the sensible implementation the Defence Resource Management Information System (DRMIS) to support processes not using this program, as well as improving

the financial management throughout the branch. This theme will also see significant efforts being invested in improving the coordination of various Safety programs on the Wing, as well as in the implementation of a Wing Energy Conservation Program. All in all, WLE has set-up the table for its "Way ahead" for 2011, and will attack it diligently to ensure this year will be a highly successful one for the entire branch and its dedicated personnel.

WLEO BRANCH 2011 WAY AHEAD

1. **Support to Operations**
 - Continuous improvement
 - Mitigate impact of resource availability challenges
 - Manage expectations
2. **Communications**
 - With CO and between WLE Squadrons and Sections
 - With other 14 Wing Units and Community
 - With other Wings and Bases
3. **Readiness**
 - Individual
 - Mission Support Squadron
 - Branch
4. **Human Resources**
 - Recognition
 - Professional development
 - Provided with adequate tools and equipment
5. **Resource Management**
 - Sensible implementation of DRMIS
 - Improve financial management throughout the Branch
 - Implement Wing Energy Conservation Program
 - Improve coordination of Wing Safety activities

Through Her 70 Years of Service?

...continued from page 8.

a robust capability to patrol the North, we always remember that we are members of a crew manning a weapon system.

The CP140 Aurora is an airframe that was originally designed and built to counter the submarine threat. With the current capability of carrying eight torpedoes, our role in ASW is to detect and if necessary, deter the submarine; ultimate deterrence would result in the launching of the Mark 46 torpedo.

Even though our primary task as an operational training unit (OTU) is to focus on the development of LRP aircrew and technicians, 404 remains an *operational* unit, able to deploy on operations when called upon. The ongoing capability to preserve the peace, and to fight when necessary, is our common link through seventy years of unblemished service.

This is the root of our motto – ‘Ready to Fight’!

RV2011 is a ceremony to remember the heroic wartime actions of those who wore our patch before us. Those who died in combat, as more than 112 did, and those who died in training after the War as 30 did, including 15 killed off Puerto Rico in 1965 that are memorialized at the Greenwood Military Aviation Museum Gardens.

The pride in belonging to ‘The Herd’ will be shared in conversation with veterans, and with those who served during the Cold War and on many deployments flying the Lancaster,



404 Squadron crews are inspected in front of their Neptune P2V aircraft at CFB Greenwood.

(Image: CFJIC)

the Neptune, the Argus and now the Aurora.

If you have served with the Herd, please consider joining us for our 70th anniversary reunion during RV2011 at 14 Wing Greenwood, from 9-11 June 2011. We will be celebrating with 405 (Eagle), 413 (Tusker) and 415 (Swordfish) Squadrons, as well as VPI (who will be celebrating its 45th birthday).

For more information, please visit www.rv2011.com or contact Major Chris Larsen at chris.larsen@forces.gc.ca.



404 Flight Engineer on the Wing of a Canadair Argus prepares the ‘Hundred Eyed Monster’ for flight while chatting with ground crew and a pilot prior to a mission in 1961.

(Image: CFJIC)

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African History Month – Flying Officer Allan Bundy, 404 (Buffalo) Squadron

By: Major Chris Larsen

During the Second World War, it was not an easy task for a black Canadian to join the Royal Canadian Air Force (RCAF). J35842 Allan S Bundy Mr. Allan Bundy, a native of Dartmouth, Nova Scotia, was one such RCAF

applicant. Though, upon further research, it seems that his travails are well known amongst historians, his efforts during the Second World War are not well known by the general public.

Bundy had a passion for flying, such that even though he was offered an enrollment into the army, he politely declined, hoping for acceptance into the air service.

His wait paid off. After going through training in Ontario as part of the British Commonwealth Air Training Plan (BCATP), Bundy arrived overseas and joined 404 (Buffalo) Squadron in September 1944, flying the Bristol Beaufighter for 42 operational missions. He was released from the RCAF after the War, with no fanfare.

Major Matthias Joost, at the Department of History and Heritage, has completed significant research into the resistance that faced black Canadians who wished to join the RCAF. An excellent

article written by Maj Joost can be found at <http://www.cahs.ca/component/content/article/328-black-history-month.html>

Bundy's situation has even been discussed in Parliament during Bill C-25 debate. "When conscription came into force, the RCMP visited his home because he did not respond to his notice to enlist. He wanted to go into the RCAF, and he felt if he was not good enough for the RCAF, why should he be good enough for the army? He told the RCMP to arrest him because he was prepared to go to jail. Along the line, however, something happened. He received notice to report to a recruiting station and was accepted into the RCAF." (Senator Ruck, 5 November 1998).

Little is known about Allan Bundy's time with 404 Squadron. He is, of course, mentioned in the operational record books, but any reminiscences or



Seen here in a 1945 photograph, Flying Officer Allan Bundy sits on the Wing of a Beaufighter with comrades in 404 (Buffalo) Squadron. Likely the first black officer in the RCAF, Bundy flew 42 operational missions with the Squadron. (Squadron Archive)



Flying Officer Allan Bundy shown in a previously unpublished photograph, taken while serving with 404 Squadron when he arrived overseas. Taken in civilian attire, this photo would have been used on papers carried by the aircrew while they were flying operationally in case they were shot down and had to evade capture. (Squadron Archive)

anecdotes about his service or the challenges he faced have not been made public.

It is very possible that Alan Bundy was the first black officer to serve in the RCAF

as a member of an aircrew, but further investigation into this fact is necessary.

After the war, Bundy moved to Toronto. He died on December 9, 1991.

14 Wing Health Promotion Winter/Spring Programs 2011

Submitted by: Lisa White
Stress Take Charge

This is a Stress Management workshop that will be held on 9-10 March 11 at the F&S Centre from 0830-1530 both days. This workshop will provide you with time to identify the stressors in your life as well as recognize the coping mechanisms that you already use, and learn more coping mechanisms so that

you can incorporate them into your life.

Weight Wellness Lifestyle Program

This program was designed to help people loose weight and develop a healthier lifestyle. The program focuses on healthy eating and physical activity. Time will be spent on recognizing internal and external reasons for eating and goal setting principles will also

be introduced. 8 modules of information will be provided over the duration of the program. A fitness instructor will visit the class to provide the participants with a tour of the F&S Centre classroom as well as provide healthy and safe tips for exercise to help give you a jump starts. Time will also be allocated for Fitness Instructor directed exercise sessions.

To confirm your registration for the Weight Wellness program you must attend the information session on 23 March 11 from 1130-1300 at the F&S Centre classroom.

There are 8 sessions that will run every Wednesday (at the base gym) from 1130-1400 beginning 30 March 11 ending 25 May 11.

Top Fuel for Top Performance (TFTP)

Strengthening the Forces will be offering a land a half-day TFTP workshop on 7-8 April 11 at the F&S Centre from 0830-1530 day 1 and 0830-1130 day 2. The workshop will cover the Supplements Dilemma, portion control, how to fuel your body with foods and fluids before, during and after physical activity, and time will be spent on menu planning for activity and sport competition. The TFTP book will be provided to the participants so that they can walk away with an excellent toolbox of information.

Applied Suicide

Intervention Skills Training (Suicide 1st Aid):

This two-day workshop will be held 19-20 April from 0800-1600. This workshop provides practical help for people seeking to prevent the immediate risk of suicide. If you know someone who is at risk of suicide this workshop will help you learn how to talk to that person, as well as what to do to help. This interactive workshop includes teaching, discussion, videos and skills practice.

Managing Angry Moments

This workshop is for prevention, for anyone who would like to learn more about how to manage the angry and frustrating times in their life. It IS NOT for treatment or counseling. The MAM program is for anyone who would like to learn more about how to manage times when they feel angry. Stress Management techniques and principles are also discussed. Modern video clips and class discussions are used to promote skill development and action planning. Learn skills that can help you make your thoughts and emotions work for you.

There are 5 sessions that will run every Tuesday (at the base gym) from 0830-1130 beginning 26 April 11 to 24 May 11.

March 1st I QUIT!

The kick-off for the 2011 Challenge was January 19,

2011. All military tobacco users and non-users, their immediate family members, DND public, non-public fund and MFRC employees are invited to take the "March 1st, I Quit! Challenge" and stay tobacco free for at least one month, from March 1 to April 1, 2011.

Tobacco users and non-users may take part in the Challenge. Non-users may register as supporters of members trying to quit.

Participating is easy. Tobacco users must stop using by March 1, and remain tobacco free until at least April 1. They must register at a Strengthening the Forces Health promotion office (on bases/wings across Canada) or on this web site: <http://hr.ottawa-hull.mil.ca/health-sante/iquit-jarrete> from January 19 to midnight February 28, 2011.

Once registered in the Challenge, supporters and participants are eligible to win prizes provided by CANEX and SISIP Financial Services (SISIP FS), partners of the "March 1st, I Quit" Challenge.

To register for any of the above programs call the 14 Wing Health Promotion office at 765-1494 ext 5388

All programs and workshops are FREE and available to military members and their spouse. DND and NPF employees are also welcome to attend.



The Dilemma

20 - 24 Feb 11
Sun-Thurs • 8pm
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The King's Speech

25 Feb - 03 Mar 11
Showtimes to follow
Rated 14A

Just Go With It

04 - 10 Mar 11
Fri-Thurs • 8pm
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In Memory of Amanda Forster

You can shed tears that she is gone
Or you can smile because she has lived.
You can close your eyes and pray that she will come back
Or you can open your eyes and see all that she has left.

Your heart can be empty because you can't see her
Or you can be full of the love that you shared.
You can turn your back on tomorrow and live yesterday
Or you can be happy for tomorrow because of yesterday.
You can remember her and only that she is gone

Or you can cherish her memory and let it live on.
You can cry and close your mind, be empty and turn your back,
Or you can do what she would want:
smile, open your eyes,
love and go on.

Forever missed, always loved
XOX Mom, Dad, Zander and friends

Coming soon! International Women's Day (IWD) – 8 March • International Day for the Elimination of Racial Discrimination (IDERD) – 21 March

The Defence Team is commemorating this year's IWD under the theme "Equal Opportunity to Excel" and the IDERD under the theme "Beyond Obligation. Events and awareness activities will be held across the organization. To obtain copies

of IWD and IDERD posters, please send your request to +EE Com Events@ADM(HR-Civ) DDWB@Ottawa-Hull.

For more information on IWD and IDERD, visit the EE Commemorative Events Intranet site at <http://hr.ottawa-hull.mil.ca/eec-ece/index.html>.

The site includes a handbook on How to organize an EE commemorative event; regions are also invited to send in their agendas, success stories and photos via this website.

C'est bientôt! La Journée internationale de la femme (JIF) – 8 mars • La Journée internationale pour l'élimination de la discrimination raciale (JIEDR) – 21 mars

Cette année l'Équipe de la Défense commémore la JIF sous le thème « L'excellence à chances égales » et la JIEDR sous le thème « Au-delà de l'obligation ». Divers événements et activités de sensibilisation auront lieu à la grandeur de l'organisation. Pour obtenir des affiches de la JIF et de la

JIEDR, faites parvenir votre demande à l'adresse +EE Com Events@ADM(HR-Civ) DDWB@Ottawa-Hull.

Pour en connaître davantage sur la JIF et sur la JIEDR, visitez le site Intranet des Événements commémoratifs d'EE à l'adresse <http://hr.ottawa-hull.mil.ca/eec-ece/index.html>.

Le site comprend un manuel sur Comment organiser un événement commémoratif d'EE; de plus, les régions sont invitées à faire part de leurs programmes, histoires de réussites et photos via ce site.

Greenwood Area Curlers Win Provincial Legion Championship



Submitted by: Les Smith

The Colin Drolet rink from Greenwood representing Branch 98 of the Royal Canadian Legion in

Kingston recently won the Legion Provincial Curling Championship held in Bridgewater.

Branch 98 team with Dave Murray

at third, Les Smith at second and Gary Spinney playing lead defeated the host Bridgewater #1 team 7-3 in the first of a two game final. The victory gave the Drolet rink a perfect 5-0 record while the loss was the second for the Bridgewater team in the double knockout event.

The Championship was the sixth for Branch 98 with the last coming in 2001. Branch 98 team will now represent the Nova Scotia Command at the Dominion Championships to be held in Hudson Quebec late in March.

Drolet is a retired Warrant Officer living in the Kingston area while Murray and Spinney are serving members at 14 Wing Greenwood. Smith is a DND civilian at 14 Wing. Drolet, Murray and Spinney actively curl out of the 14 Wing Curling Club while Smith curls out of Middleton.

14 Wing Library Celebrated Family Literacy Day



Submitted by: Judy McCool,
14 Wing Librarian

Family Literacy Day was celebrated at 14 Wing Library on February 11th. Miss Donna, Storyteller and Eric MacKenzie, Community Recreation Coordinator read stories to



a large group of children. After story time everyone had fun singing, making book marks and sculpting with play dough.



THE MUNICIPALITY OF THE COUNTY OF KINGS

87 Cornwallis Street PO Box 100
Kentville, NS B4N 3W3

TENDER 11-04

Greenwood STP Automatic Transfer Switch

The Municipality of the County of Kings, Engineering & Public Works invites tenders for the supply of a 600/347 volt, 60hz, 3 Phase, 4 Wire, 4 Poles, 800 Amp automatic transfer switch for the Greenwood Sewage Treatment Plant, Greenwood, N.S.

Specifications and tender forms may be viewed and picked up beginning February 24, 2011 at the office of Engineering & Public Works, Municipal Complex, 87 Cornwallis Street, Kentville, Monday to Friday from 8:30 am to 4:30 pm, Tenders may also be viewed at Nova Scotia Construction Association, located at 260 Brownlow Avenue – Unit 3, Dartmouth, N.S.

Specific inquiries pertaining to this tender may be directed to Bill MacLellan; Operations Manager, 678-1807, bmaclellan@county.kings.ns.ca or Tim Bouter, Engineer-in-Training; Supervisor of Engineering Services, 690-2219, tbouter@county.kings.ns.ca.

SEALED TENDERS WILL BE ACCEPTED UNTIL 2:00PM Thursday, March 10, 2011

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

Tel: (902) 690-6195 Fax: (902) 679-0911
Toll Free: 1-888-337-2999
www.county.kings.ns.ca



THE MUNICIPALITY OF THE COUNTY OF KINGS

87 Cornwallis Street PO Box 100
Kentville, NS B4N 3W3

CALL FOR EXPRESSIONS OF INTEREST

In 2002, the province of Nova Scotia released a Drinking Water Strategy which provides the framework for managing drinking water supplies across the province. It describes a multiple-barrier approach to clean safe drinking water, the first barrier being an effective Source Water Protection Plan.

Engineering and Public Works is looking for people to become members of the Aylesford (Sandy Court) Source Water Protection Advisory Committee. Members will be appointed by the Water Utility, in consultation with the County of Kings.

The mandate of the Committee will be to review all activities affecting the Source Water Protection Area, make recommendations on Best Management Practices and develop information and education programs about source water protection for local residents, land owners and other users of the Source Water Protection area lands.

Anyone interested in becoming a member are asked to submit their interest to Tanya Oickle, Engineering Support Clerk toickle@county.kings.ns.ca

EXPRESSIONS OF INTEREST WILL BE ACCEPTED UNTIL 4:30 PM FRIDAY, FEBRUARY 25TH, 2011

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

Tel: (902) 690-6164 Fax: (902) 690-2212
Toll Free: 1-888-337-2999
www.county.kings.ns.ca



Village of Kingston

ELECTION BY-LAW

The Village Commission has given First Reading to the Election By-Law #1.

Second Reading for the By-Law will take place at the regular Commission meeting on Thursday, March 10, 2011 at the Kingston Village office.

A copy of this By-Law may be viewed at the office of the Village Clerk, 671 Main Street, Kingston, NS during normal business hours of 8:00 am to 4:00pm.

Greg Towne, Village Clerk
clerk@kingstonnovascotia.ca

Village of Kingston
671 Main St, PO Box 254
Kingston, NS B0P 1R0
p: (902) 765-2800 f: (902) 765-0807
admin@kingstonnovascotia.ca
www.kingstonnovascotia.ca

FOR YOUR INFORMATION

UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS

FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on 83A School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

Benefit Dinner & Entertainment Kingston Lions Club

A benefit dinner for the Cardiac Rehab Program will be held at the Kingston Lions club on Sunday 27 February 2011. Cocktails at 4:00 p.m. followed at 5:00 p.m. with a Chicken Supreme Dinner with Mashed potato, Carrots, peas and coleslaw, tea/coffee and cheese cake for dessert. Entertainment will be provided by Allan Butler. We will have a 50/50 raffle, Chinese Auction and a door prize. All of this for only \$12.50 a person. Tickets are available

at the Pharmasave in Kingston and Middleton, Kingston Village Office, T&S Office Essentials. For information & or Tickets call Barbara at 765-3225.

Bullies are a Pain in the Brain!

The Annapolis County Family Resource Centre and RCMP Youth Program are partnering to provide information on bullying. Find out how to handle bullying in schools, on the internet, and between siblings. Meet Cyber Cop from Truro. The workshop is March 3rd at the NSCC Lawrencetown from

6:00 p.m. to 8:00 p.m. There is no charge for participants and child care will be provided. For more information, please call 1-800-399-7119.

Kingston Area Seniors Association

Kingston Area Seniors Association meets the second Wednesday of each month at 10:00 a.m. At Kingston Branch No 98 of the Royal Canadian Legion. Fun day (cards & games) every second and fourth Friday of the month at 1:00 p.m. For more information contact Barb Hildebrand at 765-2513.

All Saints' A.C.W. Annual Shrove Tuesday Supper

All Saints' A.C.W. will be holding their Annual Shrove Tuesday Supper. Where: All Saints' Church Hall, Pleasant Street, Kingston. When: Tuesday March 8, 2011 from 4:30 - 6:30 p.m. Menu: Ham, baked beans, scalloped potatoes, pancakes and gingerbread. Cost: Adults - \$9.00 Children - \$4.00. Family rates are available! There will be take out!

Kingston United Baptist Church Library

The Kingston United Baptist Church Library is open to the public on Thursday evenings 6:30 - 7:30 p.m. The Library is located upstairs in the Christian Education wing. Please use upper side door off main parking lot. Excellent se-

lection of Christian books, videos, CDs, DVDs, and other resources. For info call 765-6735.

Middleton Fireflies Luncheon

Middleton Fire Hall, Tuesday, February 22 from 11:00 a.m. - 1:00 p.m. Menu: Lobster Chowder (\$8); Corn Chowder or Hamburger Soup (\$7). Desserts: Assorted cakes. Coffee/tea. Please call 825-3062 by February 21 for take out orders (Middleton area only).

Kings County Chapter Schizophrenia Society of Nova Scotia

Monthly Meeting & Information Session "Consumers and care providers sharing experience and insight towards better mental health". Mr. Wayne Schnare from, The Healthy Minds Comedy Troupe, on the topic: Coming Out of the Shadows. Open to the Public...Everyone Welcome! Date: Wednesday, March 16th. Time: 7:00 p.m. Place: Kentville Lions Hall, 78 River St. (next to the police station). Storm info: If schools are cancelled, the meeting is cancelled. Schizophrenia Society of Nova Scotia A reason to hope. The means to cope.

Let's Dance Sleepover

Mary's Islander Fundraiser at Roo's Playhouse. Saturday March 05, 2011 from 7:00 p.m. to 9:00 a.m. Children ages 5-13 welcome.

(Pre-registration and payment required). Please call sleepover coordinator Wendy phone: 1-902-765-9374 for cost per child. Join us for a great night of fun, games, songs, dance, movies and much more. Breakfast and snacks are all provided.

Central Annapolis Valley Chamber of Commerce Breakfast Meeting

The Central Annapolis Valley Chamber of Commerce would like to extend an invitation to you to join us for a breakfast meeting where Dan Harvey the Acting Manager of Annapolis Digby Economic Development Agency (ADEDA) will give an overview of what he learnt at this year's Business Retention and Expansion International conference in New Orleans on "Global Trends and Best Practices in Business Retention and Expansion". Cody Joudry the Community Economic Development Officer for the Annapolis County will also be taking this opportunity to introduce himself to our members. When: Wednesday February 23rd. Where: Capitol Pub, Middleton. Time: 7:45 a.m. Breakfast Buffet: \$11.99 per person not including tax. Buffet menu: French toast, scrambled eggs, pancakes, hash browns, bacon, ham, sausage, orange

juice, toast and fruit salad. To book your seat please contact me no later than Tuesday February 22nd by either email or phone. If you know of anyone who may be interested in attending that are not yet a member please pass this information along to them.

BIANS - Brain Injury Association of Nova Scotia - Valley Chapter

Valley Regional Hospital - Support Meeting - every 3rd Thursday of the month from 6:00 to 7:30 p.m. and the General Meeting from 7:30 to 9:30 p.m. Valley Chapter Executive; Soldiers Memorial Hospital - every 3rd Wednesday of the month from 7:00 to 9:00 p.m.; Annapolis Community Center - every 2nd Thursday of the month from 7:00 to 9:00 p.m. For additional information please contact Barry Schaffner: 582-7443, Jake MacDonald: 542-4289, Dan Nogler: 765-6760.

Annapolis Valley Toastmasters

Organize a contest, run a meeting, make a presentation - no problem! "We learn by doing in a fun and mutually supportive environment at Annapolis Valley Toastmasters. 6:30 - 8:00 p.m. every Tuesday, in classroom 7 at 14 Wing Greenwood, Building B 221, Air Commodore Birchall Training Centre (by the Zedex Theatre). Further information is available at www.annapolis.freetoasthost.net or phone Scot at 825-1061.

Middleton Minor Baseball - Annual General Meeting

Wednesday March 9th at 7:00 p.m. located at the Middleton Town Hall. An election of officers will take place.

Kings Theatre Annapolis Royal presents John Dunsworth

John Dunsworth (better known as Mr Leahy of the Trailer park boys fame) is starring in a one man show at Kings Theatre Annapolis Royal on February 26th 2011, at 7:00 p.m. The show is a fund raiser for the Annapolis Swimming pool and skateboard park. Tickets for the event are \$25. Wear your best glitz and glamour (Frenchies boutique) for an evening of entertainment that includes a social, music, delectable appetizers and a silent and live auction of hand painted floor mats made by local artisans. On the night of the event, babysitting service is being offered (dependent upon how many children are pre-registered) at Good Beginnings Daycare from 7:00-11:00 p.m. Call 532 7736 to pre-register. The cost is \$5 per child.

K'ton/G'wood Living With Cancer Support Group

The Canadian Cancer Society "Living With Cancer" Support Group will hold its February gathering at the Queen of Heaven Chapel Annex, 14 Wing Greenwood from 7:00 - 9:00 p.m. Monday, 21 February 11. Our guest speaker will be pharmacist Carolyn Coulombe from ARP Pharmasave, on the topic of "Drug Interactions". Spouses, family members or anyone seeking information on cancer are most welcome and are encouraged to attend. For information call Lloyd Graham (765-6133) or Lynda Pierce (765-3055).

HOROSCOPES

February 20 - February 26

ARIES - Mar 21/Apr 20

Aries, better wait until a sticky situation calms down before you get involved. Otherwise you could get pulled into the turmoil and that's not what you need right now.

TAURUS - Apr 21/May 21

Taurus, get involved in a project to take your mind off of something that is troublesome. Fixating on it will only make things worse. A hobby will be recreational, too.

GEMINI - May 22/Jun 21

Gemini, it's not very easy for someone to fall out of your good graces but that's just what will happen this week. Don't fret over what cannot be change.

CANCER - Jun 22/Jul 22

Cancer, dinner out with friends should prove a fitting end for a pleasant week. Things will be easy at work and at home, and you can enjoy yourself for a few days.

LEO - Jul 23/Aug 23

Leo, tough times are ahead this week if you are not prepared for the situation. Do your homework and that will be your best advantage over other people.

VIRGO - Aug 24/Sept 22

It's funny how stress can turn a relatively easy-going individual into someone he or she doesn't recognize anymore. Take a break, Virgo. That's an order!

LIBRA - Sept 23/Oct 23

Libra, don't count your chickens before they hatch. Just when you think you know what someone has in store, the entire plan can be changed on a dime. Isn't it exciting?

SCORPIO - Oct 24/Nov 22

Scorpio, you will find it easy to make friends this week, even when you're not feeling like taking the initiative. Simply share a smile with some people.

SAGITTARIUS - Nov 23/Dec 21

Don't be so quick to judge someone this week, Sagittarius. While you may assume this person is capable of one thing, he or she actually may be able to handle much more.

CAPRICORN - Dec 22/Jan 20

Capricorn, you are in a post-Valentine's Day slump. If romance didn't go so well for you on the day of love, why not make it Valentine's Day for the rest of the month?

AQUARIUS - Jan 21/Feb 18

Letting others take care of all your responsibilities may seem like the easy way to do things. But it actually could cause more trouble in the end when you don't know what was done.

PISCES - Feb 19/Mar 20

Pisces, stop worrying about all the things that are beyond your control. It's much easier to tackle those things you can handle.

FAMOUS BIRTHDAYS

FEBRUARY 20	Brian Littrell, Singer (36)
FEBRUARY 21	Ellen Page, Actress (24)
FEBRUARY 22	Clinton Kelly, Fashion Guru (42)
FEBRUARY 23	Dan Millman, Motiv. Speaker (65)
FEBRUARY 24	Aziz Ansari, Actor (28)
FEBRUARY 25	Kristin Davis, Actress (46)
FEBRUARY 26	Sean Astin, Actor (40)

Horoscopes brought to you compliments of:

This Spot Could be Yours
\$15.40 plus HST

Give Anne a Call 765 1494 loc 5833

Canada Winter Games Pep Rally



Submitted by: Sensei Charlene Oliver

It was a cold day! But that didn't stop the many of

spectators, supporters, and Canada Games Athletes from participating in the Scotian Gold pep Rally held on Saturday January 22nd in Halifax. The event was very inspirational and it was the first time all sports came together as a team.

"Team Nova Scotia" Jess Hale far right, member of the 14 Wing Greenwood Hachikin Judo Club is cheering with fellow team members Colton Granthorse, Cape Breton left and Alex Scott, Halifax middle. (Image submitted)

The Aurora newspaper

Just Fill in The Blanks. Three Easy Ways to Enter.

1. Through our website: www.auroranewspaper.com
2. Fax: 765-1717
3. Drop into our office located on 83A School Road (Morfee Annex)

No Central Registry or Canada Post please.

Deadline: Noon, Thursday, February 24, 2011.

Make sure you include your full name and phone number.

NAME

PHONE NUMBER

Limited to one win per family in a TWO MONTH PERIOD.

The winner will be drawn randomly from all correct entries. Only one entry per family per week

Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!

1. What is the website for Focus on Family _____
2. Who will move or deliver to you in a 16 ft cube van _____
3. What are the contest dates for "Win them all & Play" _____
4. What job is being offered in Goose Bay _____
5. What is the cost of a 4 Wheel Alignment Special _____



This contest is brought to you by:

Pizza Delight, Greenwood
765-4477

Congratulations to last week's winner: BERNIE HALBOT

Kingston Lions Community Support



Submitted by: Lion Bob Lyle
On behalf of the Kingston Lions Club, King Lion Butch Fleury presents two hospital bed tables to Anna Goski of Mid Valley Palliative Care.

Sudoku

Solution page 14

8			4		1	7	3	
	6			5				1
	5						2	8
5	2				7		8	
	7			4		1		
6		3	2		5			4
					6		4	
	8		7	3				
						5	1	

Fun By The Numbers
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku brought to you compliments of:



BEST TOYOTA
840 Park St., Kentville
(902) 678-6000
Toll-free 1-888-466-2702
www.besttoyota.ns.ca

Subway Swimmers of the Week



Submitted by:
Michelle O'Reilly,
GDSC Secretary
Mike Wharton
Nova Tech
13 yrs old, 1st year with GDSC
Favourite Stroke:
Breaststroke
Other Interests: Basketball



Gillian McKinley
Novice
10 yrs old, 1st year with GDSC
Favourite Stroke:
Breaststroke
Other Interests: Skating/
Reading/Dance



Savanah LeBlanc
Age Group
10 yrs old, 4th year with GDSC
Favourite Strokes: Free &
Butterfly
Other Interests: Dance &
Gymnastics
Goal: Achieve East Coast
Times



Joshua Gendre
Age Group
15 yrs old, 3rd year with GDSC
Other Interests: Bowling
Goal: Achieve East Coast
Times

(Images submitted)

PATRICK'S PUZZLE
What's the Difference?
There are four things different between Picture A and Picture B. Can you find them all?

A

B

Answers: 1. Welcome sign 2. missing eyeballs in center hole 3. eyeballs in side window 4. bird a different color

Patrick's Puzzle brought to you compliments of:

Metro Crossword
Spelling: US English

Solution page 14

1	2	3	4	5	6	7	8	9
10	11						12	
13							14	
15							16	
17						18		
19			20			21		
22			23	24	25	26	27	
	28					29		30
			33		34			35
			36				37	
			38					39
	40					41	42	43
44					45	46		
47					48			
49					50			

ACROSS
1. Has more guipure
7. Tiny round mark
10. Went before
12. Radioactivity units
13. A complex
14. Impresario Sol
15. 18th Hebrew letter (var.)
16. Used as a culture medium
17. 21st Greek letter
18. Canadian flyers
19. Government agents
21. Supplement with difficulty
22. Holy war warrior
27. Thallium
28. Graduation sermon
33. A public promotion
34. Visual perception of a region
36. Fiddler crabs
37. 87571 NM
38. Obeahs
39. Former coin in Austria (abbr.)
40. Yucatan Indian
41. Shinto temple gateway
44. Chances
45. Make believe
47. SW English spa city
48. Trained horse maneuvers
49. Goddess of the dawn
50. Nasal divider

DOWN
1. Queen of Sparta
2. Sour
3. Center for Energy Policy & Economics
4. Actress Lupino
5. Snakelike fish
6. Rural delivery
7. Elastance unit
8. Aroma
9. Expression of disappointment
10. Plant used for food or seasoning
11. Reminders
12. Stomach lining folds
14. Dander
17. Beginning military rank
18. Reminiscent fashion
20. Salem MA college
23. Shittah trees
24. Mamas partners
25. Chicago railway
26. Quick light knock
29. Ancient Sumerian city
30. Exactly suitable
31. Playful harassment
32. Ruin environment
35. Thyrotropin
36. Extinct Caucasian language
38. Hop kilns
40. Hmong
41. Examination
42. Southern Honshu city
43. Enlarge hole
44. Relative biological effectiveness (abbr.)
45. Pakistani rupee
46. Sales
48. Buttons & Bows singer's initials

Metro Crossword brought to you compliments of:



TELUS
authorized dealer
Cellular Sales & Service
Authorized Product Care Centre
765-2415



Tri County
Communications
Greenwood Mall



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Classified Ads

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX, Debit or Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

To place a Classified Ad by Word Count call Candace Ernst at 765-1494 local 5440. The Aurora Newspaper office is located on 83A School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to aurora@auroranewspaper.com. Fax: 765-1717.

FOR SALE

FOR SALE - 4 Michelin XIce tires. 2-25-60 R16s with Rims. Bought to fit a 98 Aurora. Nitrogen filled. 90 percent tread left. Asking \$500.00. Call 765-2749

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Evening and Weekend Appointments Available

after 5:00 p.m. (3207-2tp)

FOR SALE - Kenmore HE Front loading washer & dryer. 3 1/2 years old. Asking \$900.00. Transferable Sears protection agreement. Good until September 2012. Must sell by the end of the month due to mov-

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Counsel:
Clare H. Durand, Q.C.
(Non-Practicing)

Phone (902) 825-3415
Fax (902) 825-2522

74 Commercial Street
P.O. Box 700
Middleton, NS
B0S 1P0



ing. Call 840-1518. (3208-2tp)

FOR RENT

FOR RENT - Lincolnshire Apartments available March, 2011. One 2 Bedroom apartment with balcony. \$525.00 a month excludes utilities. Live in super, secure building. Please

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FOR RENT - Newly renovated 2 bedroom bungalow for rent in Nictaux across from Church. 10 Minutes from CFB Greenwood. Laminated floors, electric heat, new siding, and back deck with garden doors. No smoking. \$650.00 a month. Call 1-403-502-6079. (3203-ufn)

FOR RENT - New 2 bedroom located in Kingston. \$500.00 a month utilities extra. Phone 825-3607. (3206-ufnb)

FOR RENT - In Morden, spacious 2 bedroom duplex on

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large private lot. Stove, Fridge included. \$500.00 a month. Utilities not included. References Required. Call 844-0374 or 538-9259. (3205-4tpb)

FOR RENT - New 1 bedroom bright apartment in a quiet country setting. IR POSTINGS WELCOME. Short or long term lease accepted. Fully furnished and equipped fridge, stove, washer & dryer. Rent includes all services sat TV and wireless internet. No smoking, no pets. Call Joe 765-1898 or 5215 on base. (3207-3tpb)

FOR RENT - Second floor 1 bedroom apartment on Mar-

shall Road in Kingston. Fridge & stove included. Washer & dryer hook-ups. \$410.00 per month. Please contact Gerald Chase at 538-3398 or Tim Fay at 765-4987. (3208-4tp)

FOR RENT - Available March 1st. 2 Bedroom apartment located in Adult Building. 909 Rocknotch Rd. \$510.00 per month. Damage deposit required. Phone 824-3027. (3208-2tp)

FOR RENT - The little guest house located centrally between Kingston & Greenwood. Ideal for IR and HHT Personnell looking to relocate in the area. Within walking distance to all amenities. 2 bedroom house, new kitchen & bathroom, laundry room, dining room and den on main

level with detached one car garage. Internet, heat and cable TV included as well as being fully furnished including 5 appliances with bedding, towels, etc. Driveway and lawn care and snow removal are included. Easy 10 minute access to golf courses at Paragon and 14 Wing Greenwood. Call Arthur at 765-4795 and leave a message. (3208-2tp)

SERVICES

SERVICE - Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates - flexible hours. Call Mike at 242-2465 or 840-0529. Greenwood/Kingston (3024-ufn)

JOBS

DENTAL HYGIENIST - Experienced dental hygienist. Required for three days a week. Friendly practice in Middleton. Excellent wages for the right person. E-mail resume to evva@eastlink.ca or drop of a resume at 233 Main Street, Middleton. (3207-3tpb)

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Crossword Solution

	L	A	C	I	E	R		D	O	T					
P	R	E	C	E	D	E		R	A	D	S				
O	E	D	I	P	A	L		H	U	R	O	K			
T	S	A	D	E				A	G	A	R				
P	H	I						R	C	A	F				
F	E	D	S					E	K	E					
C	R	U	S	A	D	E	R	T	L						
B	A	C	C	A	L	A	U	R	E	A	T	E			
		A	D		P	R	O	S	P	E	C	T			
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M	A	Y	A					T	O	R	I				
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B	A	T	H					D	R	E	S	T	A	G	E
E	O	S						S	E	P	T	U	M		

Sudoku Solution

8	9	2	4	6	1	7	3	5
3	6	7	8	5	2	4	9	1
4	5	1	3	7	9	6	2	8
5	2	4	1	9	7	3	8	6
9	7	8	6	4	3	1	5	2
6	1	3	2	8	5	9	7	4
2	3	9	5	1	6	8	4	7
1	8	5	7	3	4	2	6	9
7	4	6	9	2	8	5	1	3

Morfee Annex Pre-schoolers Take the Roof Off Winter!



(Image: Nursery School Staff)

This week, the children from the Morfee Annex Pre-school Took the Roof Off Winter! Eric Mackenzie, Recreation Coordinator at 14 Wing Community Centre,

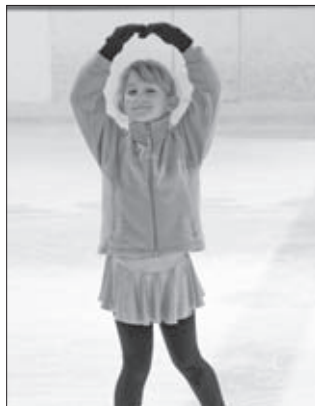
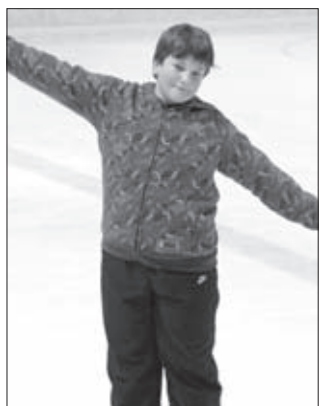
visited Maurina Duret's and Rachel O'Rielly's classes to teach the children about the importance of being winter active! The visit started with Eric reading the students a story about penguins learning how to skate. Both classes talked about all the fun outdoor activities they enjoy playing during the winter time. After talking about some of their favourite things to do with their friends and family, Eric taught the classes about snowshoeing. Cairo and Emma were the lucky two students who got to try on a pair of snowshoes, and below is a photo of Cairo and Emma pretending they are snowshoeing outside, with Cairo wearing a Take the Roof off Winter Red Fleece toque!

For further information about our school English or French Immersion Nursery School (2 1/2 - 3 yrs of age) or Pre-school (4 - 5 yrs of age) programs please drop by and visit us or contact the school Director Maurina Duret at 765-1494 ext. 5301. We are presently taking registration for our 2011/12 classes.

To learn more information about the 14 Wing Community Centre or the various activities that are being offered to celebrate Take the Roof Off Winter, please call Eric at 765-1494 ext. 5337.

Skaters of the Week

The Greenwood Skating Club presents the
OK Tire & Auto Service Skaters of the Week



Submitted by: Francois Robert, GSC

Tristan Pennell

Age: 11 yrs old
School: Annapolis East
Elementary School
Skating Level: Intermediate
Coach Ann Young
Started Skating: 9 yrs old
Highest Tests Passed:
Canskate
Favourite Part of Skating: One-
foot spin and Salchow jumps
Other Hobbies: Horseback
riding and swimming

Emily Bourgoïn

Age: 7 yrs old
School: Kingston & District School
Skating Level: Junior
Started Skating: 7 yrs old
Highest Tests Passed: Canskate
Favourite Figure Skater:
Jennifer Robinson
Favourite Part of Skating:
Spinning, Waltz Jumps
Other Hobbies: Playing with
friends, swimming

(Images: RFTS Inc.)

Valley Autism Support Team "Walk the Walk for Autism" Presentations



From left to right: Ron Osmond, Butch Fleury, Bill Sampson and Colin McInnes. (Image submitted)

The Valley Autism Support Team recently held an information session in the Autism Centre at Kingston Elementary School.

The same evening, VAST presented plaques to community groups that supported VAST during their 1st Annual "Walk the Walk for Autism" in Kingston, N.S.

In attendance, were representatives from the Kingston Lions Club, KL Butch Fleury and Secretary Lion Ron Osmond; Bill Sampson, Fundy Ford, Middleton, and Colin McInnes, K-Rock 89.3, New Minas.

Other supporters not in attendance were Ed Reagh, Tim Hortons, Greenwood; Brian Graves, BriKen Graphic Design Aylesford; Apple Valley Scoop Magazine; Tom Beardsley, T&S Office Essentials & Printing, Kingston and Joy Clarke.

The walk is now a province-wide annual event and this year's walk will take place on Saturday, June 18th. Funds raised through last year's walk will support a summer art camp and programs and services for families and their loved ones living with autism in the Annapolis Valley. Location and details for this year's walk will be advertised when they become available.

VAST holds monthly information and education sessions the 2nd Thursday of every month from 7:00 - 9:00 p.m., at the Kingston Elementary School. The sessions are of special interest to parents, educators, teaching assistants, and anyone with an interest in autism.

For more information contact the VAST President, Jenn Fancy de Mena at 825-2588 or visit our website at www.annapolisvast.ca.

TOEPICS • Greenwood Club Skater at Canada Games

'Second time is a charm' for Greenwood Club Skater James Hazelton.

Four years ago, James was on the bubble for the Games of 2007. In a complicated selection process, he missed his spot by beating the wrong skater at an important event. He had been a student of Cheryle Gaston for just 7 months at the time and while it was a disappointment the coach/skater/parent team took the opportunity to focus on what needed to be done to mold him into the skater he is today. James was born into a skating family, he followed in the footsteps of his older brother and sister and has since surpassed their accomplishments. He is a 17 year-old Digby native who knows all about the sacrifices it takes to make it to the top in sport. Over the years, he has trained out of his home town club in Digby and spent his summers in Barrie Ontario. He spent some off-seasons skating at the Greenwood Spring and

Fall schools with his first coach Jessica Amirault. At the age of 12, his local coach moved on and decisions had to be made about what he would do next. His parents decided to approach Cheryle to see if she could fit him into her schedule. This decision meant hours of travel for both skater and coach over the years. James travels 3 times per week to Greenwood and Coach travels 2 times per week to Digby. Every minute of sacrificed time has been worth it. In his second season as a pre-novice skater he qualified for nationals and in his first season as a Novice he skated a great long program at nationals to place 11th in the country. This year, he decide to make Greenwood Skating Club his 'Home' training club. He has become a favourite of the younger skaters and an inspiration to the other boys. Young Alex Robert says 'it's



great to have someone like James to watch...he does triples and that is really motivating to me!

A training schedule of 25-30 hours per week (travel, off-ice training, on-ice training etc.) all the while Balancing a heavy grade 12 course-load has made this year challenging. Coach and Skater both, have focused all their energy on the games

as James' competitive highlight. James also notes he could not have made it this far without the tireless support of his parents.

He enters the event as the undisputed provincial champion and is seeded at about 5th place. He has been skating more impressively every day and both his coach and his PSO believe he has as good a shot at the podium as anyone else. 'James is a great competitor and will rise to the occasion' states Coach Gaston. James adds that 'skating on home turf and knowing the arena as their own, will propel Team Nova Scotia performances'. Skating in Week 2 of the Games, James will perform his short program on Tuesday, February 22nd and his Freeslate program on Thursday, February 24th. The skaters of the club had a surprise send-off for James last Tuesday and are all standing behind him - GOOD LUCK JAMES!

Nova Scotia Regional Acadian Games

Written by: The Organizing Committee

For the first time since they began, the Nova Scotia Regional Acadian Games will be held in Greenwood on the 20th, 21st and 22nd of May, 2011. A majority of the organization is being done by the community of West Kings. Since May 2010, the organising committee has been working hard to organize the games. All of the venues are located within approximately 10km of école Rose-des-Vents, which will provide a great advantage to athletes and spectators. The various schools in the region, the municipality of Kingston, as well as 14 Wing Greenwood of the Canadian Armed Forces will host the various competitions, as well as the ceremonies. It is a wonderful opportunity to celebrate the presence of the francophone culture here in the Annapolis Valley.

These games will also have a great economical, cultural and athletic impact on the whole community.

The organising committee has to face two challenges

in order to assure the games take place: the finances, and the number of volunteers. In June 2010, there was a first fundraiser in the community. This winter, the organizing committee is making and selling polar scarves in the colours of the Acadian flag. Also, the committee is asking various government bodies, as well as companies who will profit from this event, for subventions. The organizing committee is willing to receive any and all help from the community, either in terms of money or volunteers. The committee would also like to thank local schools, as well as 14 Wing Greenwood for their collaboration.

Contact: Mr. Louis Cormier, president of the organizing committee at école Rose-des-Vents, at 765-7100.

ANNAPOLIS EAST ELEMENTARY SCHOOL



Daily lunch combo includes main entrée, daily dessert, and white milk for \$3.50

~ The following items are available at the Cafeteria daily ~

Sandwiches: \$2.35; **Wraps:** \$2.35; **Sub Sandwiches:** \$2.00;
All sandwiches & wraps will include fresh/vegetable on the side.
Fresh Vegetables & Dip: \$1.75; **Cheese & Cracker Plate:** \$1.75;
Fresh Fruit & Yogurt Dip: \$1.75; **Toss Salad:** \$3.25 sm \$2.50;
Caesar Salad: \$3.25 sm \$2.50; **Yogurt:** \$1.25; **Yogurt Tubes:** \$1.25;
Yogurt Parfaits with nut free granola: \$1.50; **Cheese Strings:** \$1.00
Fresh Fruit: Apples, Oranges, Kiwi, Grapes, & Bananas \$.75;
Gold Fish Crackers: \$.60; **Frozen Juice Bars:** Orange & Cherry - \$1.25;
Rice Crispy Squares: \$1.00; **Smoothies:** Mon, Wed, Fri - \$1.25;
Juice: Apple, Orange, 7-Fruit, & Wildberry - \$1.25; **White Milk:** \$.35;
Chocolate Milk: \$1.35; **Welch's Fruit Snacks:** \$1.25; **Apple Slices:** \$1.00;
Pudding Cups (vanilla, butterscotch, banana) - \$1.00;
Bagels (blueberry, plain) - \$1.00; **Bagel & Cream Cheese** (strawberry, plain) - \$1.50;
Applesauce (strawberry/apple, blueberry/apple, plain apple) - \$1.00;
~~~ Canteen Items - CASH ONLY ~~~

There will be a cost for ALL condiments if your child is not purchasing lunch from the cafeteria.

**Ketchup, Mustard, Relish:** \$.15 each; **Mayo & Salad Dressings:** \$.25 each; **Barbecue/Sweet & Sour Sauce:** \$.40 each; **Cream Cheese** (plain or strawberry) - \$.50 each; **Cheese Whiz:** \$.40 each; **Strawberry Jam:** \$.15 each

We are a NUT & SCENT sensitive school with a smoke-free environment.

**Feb 21<sup>st</sup>:** Oven Fries, Cheese & Gravy 3.00 • Orange Slices 1.00

**Feb 22<sup>nd</sup>:** Chicken Caesar Wraps with Carrot Sticks 3.00 • Yogurt Parfait 1.25

**Feb 23<sup>rd</sup>:** Beef Rice Soup 2.00 • Macaroni & Cheese 3.00

• Choice of Fruit Bowl (Banana, Apple, Orange, Kiwi) .75¢

**Feb 24<sup>th</sup>:** Pizza Slice with Apple Slices 2.75 • Pudding 1.00

**Feb 25<sup>th</sup>:** Chicken Strips & Potato Wedges 3.00 • Banana .75¢

This Spot Could be Yours  
**\$15.40 plus HST**

Give Anne a Call 765 1494 loc 5833

### KINGSTON & DISTRICT SCHOOL

**Whole Sandwiches**

|                                       |        |
|---------------------------------------|--------|
| 1/2 Sandwiches (Asst. fillings) ..... | \$1.30 |
| Delux 1/2's .....                     | \$1.65 |
| Full Sandwiches/Croissant/Wraps ..... | \$3.30 |

**Hot Foods**

|                          |                 |
|--------------------------|-----------------|
| One Hot Food Daily ..... | \$2.50 - \$3.00 |
| Cup of Soup .....        | \$1.00          |
| Bowl of Soup .....       | \$2.00          |
| Teachers Plate .....     | \$3.75 - \$4.25 |

**Beverages**

|                                     |        |
|-------------------------------------|--------|
| Milk .....                          | \$0.35 |
| Choc. Milk .....                    | \$1.50 |
| Juice Small .....                   | \$0.75 |
| Bottled Water .....                 | \$1.25 |
| Yop .....                           | \$1.50 |
| Oasis Juice Purple/Red/Yellow ..... | \$1.25 |

**Salads**

|                                           |        |
|-------------------------------------------|--------|
| Caesar Salad .....                        | \$2.50 |
| Chicken Caesar/Greek/Spinach/Potato ..... | \$3.30 |

**Snacks**

|                                         |                       |
|-----------------------------------------|-----------------------|
| Fresh Fruit (apple/banana/orange) ..... | \$1.00                |
| Fresh Fruit.... Small .....             | \$1.50 - Large \$3.00 |
| Veggie & DipSmall .....                 | \$1.50 - Large \$3.00 |

**Desserts**

|                                                 |        |
|-------------------------------------------------|--------|
| Muffins/Biscuits .....                          | \$1.00 |
| Cookies .....                                   | \$0.50 |
| Yogurt Parfait/Cinnamon Bun/Apple Delight ..... | \$1.25 |

**Condiments / Cutlery**

|                                    |        |
|------------------------------------|--------|
| Ketchup/Mustard/Relish .....       | \$0.15 |
| Mayo & Salad Dressing .....        | \$0.30 |
| Fork/Knife/Spoon .....             | \$0.05 |
| Cream Cheese/Cheese Whiz pkg ..... | \$0.50 |
| Butter pkg .....                   | \$0.25 |

Daily Specials (Mon-Thur): Price Includes Hot Meal, Dessert & White Milk - \$3.25 - \$3.75

There is a "NO" Charging Policy in Effect • Milk Card Available \$7.00 for 20 Milk

**Mon:** Hamburgers with Fixings \$3.75  
**Tues:** Early Dismissal • No Cafeteria Services  
**Wed:** Grilled Cheese with Soup \$3.50  
**Thurs:** Chicken Dinner with all the Trimmings \$3.75  
**Fri:** Assorted Menu \$3.50

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# First Lego League Robotics Champions to Represent Nova Scotia



**Luc Rousseau, Alexandra Rousseau, Sabryna Lemieux, and Brandon Jackson**

The *"Three Blind Mice, and Their Lost Cousin"* from Greenwood, won the First Prize for Robot Performance and the Champions Award at the FIRST Lego League (FLL) provincial robotics competition held at Acadia University on January 29th.

The team will now represent Nova Scotia at the international robotics competition to be held in St Louis, Missouri from April 27<sup>th</sup> to the 30<sup>th</sup>, 2011. This year 86 teams from 36 countries will participate in the event.

The FIRST Lego League (FLL) is a program that promotes the inspiration and recognition of Science and Technology. In addition to robotics, the FLL encourages participating teams to study, research and find solutions to thematic problems. This year's theme "Body Forward" addressing issues with the bio-Medical.

It is a long road to the competition in

St-Louis. Aside from the many hours of preparation and training, the team needs to fundraise nearly \$9,000 in just under 10 weeks. The whole Team would like to express their heartfelt thanks to the sponsors and everyone that are generously donating to our cause, enabling us to attend this unique experience.

The Team's first fundraising event, a Pancake Breakfast, will be held Saturday, February 26<sup>th</sup> at **Meadowbrook Meat Market, from 8:00 to 11:30 am**. Take Exit 15, turn north and follow the signs. Come and enjoy pancakes, sausage, ham, eggs, cider and tea & coffee. You can see the robot in action and meet the team members.

We look forward to represent Nova Scotia at this World Festival along with the other two teams from Canada - Ontario, and British Columbia. Thanks for your support. [www.NSFLLCampions.com](http://www.NSFLLCampions.com)



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5W30 reg \$32.99 Now **\$24.99** + tax  
5W20 reg \$35.99 Now **\$29.99** + tax

4 Wheel Alignment Special • reg \$59.95 Now **\$34.99** on most vehicles

Greenwood Location Only

See Store for Details

Offers Valid till February 28, 2011



## Combien de portes une éducation en français ouvre-t-elle à vos enfants? Toutes!



La Semaine de la promotion de l'éducation acadienne et francophone en Nouvelle-Écosse se déroule du 7 au 11 mars 2011. Dans le cadre des activités entourant cette semaine, les vingt (20) écoles du Conseil scolaire acadien provincial (CSAP) vous ouvrent leurs portes. Venez voir comment le leadership, les pratiques gagnantes et les attentes élevées prennent vie dans nos écoles et nous permettent d'offrir une éducation de qualité en français à tous nos élèves.

Savez-vous que le taux de réussite des élèves du CSAP en français, en anglais et en mathématiques est en constante croissance grâce à ses initiatives en littératie et en numératie? Savez-vous que les élèves du CSAP se sont classés en troisième place parmi les écoles francophones en milieu minoritaires du Canada sur le dernier test international PISA? Savez-vous que les élèves du CSAP démontrent un taux de rendement égal ou supérieur aux élèves des conseils scolaires anglophones lors de l'évaluation provinciale *English Language Arts* de la 9<sup>e</sup> année?

Voici l'occasion idéale d'apprendre comment la fréquentation d'un centre de la petite enfance, du programme *Grandir en Français* du CSAP, d'une école élémentaire ou secondaire du CSAP, d'une institution postsecondaire, telle que l'Université Sainte-Anne, ou d'un cours d'alphabétisation pour adultes peut bénéficier à votre enfant et à vous tant sur les plans social et culturel qu'économique!

Si votre conjoint(e), vous, ou un des grands-parents de votre enfant est Acadien ou francophone; si vous répondez aux autres critères d'admission du CSAP; profitez-en! Pendant la semaine, visitez l'une des écoles du CSAP de la Nouvelle-Écosse et voyez comment nous pouvons vous aider à avantager l'avenir de votre enfant. Pour plus d'information, téléphonez à l'école la plus près de chez vous.

**Participez au tirage du prix de présence de 500 \$!**

**École Rose-des-Vents**  
6, chemin Bedford, Greenwood, N.-É. – 765-7100

Portes ouvertes : le mercredi 9 mars de 9 h à 14 h  
Spectacle : (entrée libre) le mercredi 9 mars à 19 h

**Vivre en français, c'est à ton avantage!**

[www.educationenfrancais.ca](http://www.educationenfrancais.ca)

Projet de huit (8) organisations qui partagent les mêmes buts en éducation : Conseil scolaire acadien provincial (CSAP), Équipe d'alphabétisation-Nouvelle-Écosse; Université Sainte-Anne (USA), Fédération des parents acadiens de la Nouvelle-Écosse (FPANE), Centre provincial de ressources préscolaires (CPRPS), Conseil jeunesse provincial (CJP), ministère de l'Éducation & ministère du Travail et du développement de la main d'œuvre de la Nouvelle-Écosse.

## How many doors does a French education open for Acadian and Francophone children? Every one of them!

During the week of March 7-11, 2011, all twenty (20) Nova Scotia's Conseil scolaire acadien provincial (CSAP) schools will be holding open house events.

Come see how CSAP is recognized for its quality education with aims directly linked to leadership, winning practices and the high expectations for all their students. Did you know that the success rates of their students in French, English and Mathematics increases year after year due to CSAP initiatives in literacy and numeracy? Did you know that on the international test PISA, CSAP students placed third among the Francophone schools in the minority francophone communities in Canada? Did you know that CSAP students succeeded as well or even better in English Language Arts compared to students in the Anglophone school boards on the grade 9 provincial tests?

If you, your spouse or one of your grandparents is Acadian or Francophone, or that you answer to the other CSAP admission criteria, this is the perfect opportunity to offer your children cultural, social and economic life advantages. You may achieve this by sending your children to one of the Early Childhood Francophone centres, the CSAP pre-school program (Grandir en français), CSAP elementary or secondary schools, Université Sainte-Anne where they offer a French language post-secondary education at both the collegiate and university levels or one of the courses in Adult education.

It's your heritage, so why not take advantage of it? Visit the school nearest you listed below to learn about offering a better life for your child. Call the school for an appointment if the date of the open house is not convenient for you.

**Enter the door prize draw for a chance to win \$500 in cash!**

**École Rose-des-Vents**  
6 Bedford Road, Greenwood, NS – 765-7100

Open house: Wednesday, March 9, from 9 a.m. to 2 p.m.  
Concert (free admission): Wednesday, March 9, at 7 p.m.

**Living in French, it's to your advantage!**

[www.educationenfrancais.ca](http://www.educationenfrancais.ca)

Project of eight (8) organisations sharing the same goals in education : Conseil scolaire acadien provincial (CSAP), Équipe d'alphabétisation-Nouvelle-Écosse; Université Sainte-Anne (USA), Fédération des parents acadiens de la Nouvelle-Écosse (FPANE), Centre provincial de ressources préscolaires (CPRPS), Conseil jeunesse provincial (CJP), Nova Scotia Department of Education & Department of Labor & Work Force Development.

