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14 Wing Hosts Take Your Kid to Work Day

By: 2nd Lieutenant Richard Seidel

On November 3, 2010 over 45 local grade nine students accompanied their parents or hosts to their place of work during this year's "Take Your Kids to Work Day". This national event aims at emphasizing the importance of staying in school and allows students the opportunity to explore future career possibilities.

During the event, students started the morning off by accompanying their parents to their place of work where they were exposed to the daily work environment. This allowed the students to acquire knowledge about and gain appreciation for the hard work put forth by their parent on a day-to-day basis.

After visiting individual workplaces, students along with their parents gathered for tours of static displays hosted by both 405 and 413 Squadrons. 405 Squadron provided a display of a CP-140 Aurora aircraft in which students could board the aircraft and speak with the crew about their specific responsibilities. 413 Squadron supplied both an interactive tour of the CH-149 Cormorant helicopter as well as an in-depth presentation of the SAR profession. These displays allowed students to see first-hand the variety of career possibilities offered by the Canadian Forces.

Many thanks go out to the parents and hosts who participated in this event making it such a success as well as the members of 405 and 413 Squadrons who provided the impressive displays.

(Image: Private Gerald Comrier, 14 AMS Wing Imaging, Imagery Technician)

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Winter: Are You Prepared?

Submitted by: Captain Dave Nelson, A3 Readiness and Evaluation

By definition, emergencies happen when we don't expect them, and often when families are not together. If phones don't work, or some neighbourhoods aren't accessible, what will you do?

(Nov 2004) "Officials with Nova Scotia Power Inc estimate as many as 100,000 homes and businesses lost electricity after brisk winds and up to 45 centimetres of heavy snow and freezing rain brought down six major transmission towers."

(Nov 2008) "As many as 1,500 vehicles were stranded at the Cobequid Pass in northern Nova Scotia for up to 14 hours due to blizzard conditions."

(Dec 2008) "Nova Scotia Power spokeswoman said the province still faced more than 40,000 outages, half of which were in and around Halifax. She said 26,000 more homes had their power restored overnight, but the heavy winds - gusts hit hurricane levels of 120 km/h in Shelburne County - made it unsafe for crews to fix power lines around the province."

(Jan 2009) "The Atlantic provinces were in a Blizzard for New Year's Day, with 49 cm recorded in Charlottetown, Prince Edward Island and 25 cm in Halifax, Nova Scotia. Blizzard warnings and storm surge warnings were posted as winds were sustained more than 60–80 km (40–50 mi), out of the North."

(Nov 2010) "Two areas of southwest Nova Scotia remain under a local state of emergency after heavy rains over the weekend caused flooding, evacuations and road and bridge closures."

As another winter approaches, like most of you, I am doing things around the house to prepare. You know - the normal stuff involved in winterization around your home and property. This article is meant to address the other stuff – the stuff that will assist in you, and your family, staying safe and relatively comfortable in the event of extreme weather events. For members of the Defence Team this is particularly important, as during times of crisis we are more than ever liable to be called upon to assist others and therefore must ensure our families are prepared and self-sufficient. In this article I would like to stress two vulnerabilities, and perhaps the most important ones, electrical and transportation infrastructure. As the premise for the discussion that follows, I'm going to use the 72 hour self-sufficiency scenario as promoted by various emergency preparedness organizations in Canada.

Electricity

Having been posted to remote locations for many years in the CF, and "survived" the '98' Ice Storm and '03' black out in eastern Ontario, the prolonged loss of electricity is now little more than an inconvenience for me and my family. However, if you're not prepared to live for a few days without electrical power - its absence can have a significant impact on your life. Consider this; sit down in your kitchen and think about how you use electrical energy in your home. Does it provide your heat? If this is the case, how long are you able/willing to do without? The same goes for your water supply and other individual family requirements such as possibly medical equipment, etc.

Power outages in Nova Scotia are a fact of life during inclement weather and this will not likely change in the near term. Although official statistics are not readily available, past experience indicates that we should expect at least one to two prolonged outages per year of at least one hour or more in duration. In some regions of this province outages in excess of 12 hours are not rare occurrences.

There are many lists and publications out there providing guidance for coping for 72 hrs plus without electricity, but they are generally all guidelines only, and are very situation dependant. For each and every one of us there are likely differing requirements depending upon your dwelling and family situation. If you don't believe that you are prepared to be self-sufficient for at least 72 hours and would like to be, I would suggest you start by asking yourself the following questions;

- how will my house be heated?
- do I have a backup water supply?
- am I prepared with at least minimal back-up lighting?
- do I have some method of receiving public advisories (i.e. radio)?
- does my household normally hold enough non-perishable, ready-to-consume foodstuffs to meet emergency requirements?
- do I need to have some "ready cash" in case of non-availability of ATMs/Debit machines?
- does anyone in my household require a backup supply of prescription medications or use medical devices which use electricity?
- should I make arrangements for my family to vacate our residence and sit out any emergency event with friends or relatives?

While the above questions, and their answers, will not likely provide you with the "total solution", they will certainly provide a crucial starting point on the road to being more prepared for emergency events. With the key aim being an attempt to remain self-sufficient until the impacting situation returns to normalcy.

While many articles about preparedness go to great lengths to provide guidance on what to do, few caution against what not to do. First, and foremost, there is likely a point for all of us where we will no longer be able to be self-sufficient and will have to have outside assistance. One of the most important recommendations I can provide here is – know when you and your family have had enough and need assistance, and don't be hesitant to ask for help. Call your immediate supervisor or someone in your chain-of-command and explain your situation and what you need. I cannot overemphasis the importance of taking positive steps to ensure that your family gets the assistance they need, as it increases our ability as a military formation to remain fully mission capable and thus part of the solution and not a net contributor to the problem.

On the subject of emergency equipment and back-ups, it is important to stress that you do only what you are comfortable/confident with and remain safe. Don't use the old wood stove that hasn't be maintained or inspected in years! As a general rule I would recommend not to utilize any combustible fuel appliance (lamps, stoves, heaters, etc) inside your house unless you are very comfortable with their usage and it is safe to do so. The same goes for emergency generators. Remember all the news items which inevitably appear after weather related events which illustrate the failure of people to think about their actions during an emergency, i.e.: chimney fires, carbon monoxide poisoning, fires caused by unsafe generator usage, candles, and ancillary heating devices.

Transportation

During times of weather extremes, transportation infrastructure becomes another area of concern. Those of us who have spent time across this country can attest to the varying impacts of winter weather on Canadian roads, with different regions experiencing different challenges. Here in Nova Scotia, the greatest weather impact is likely the relatively great amounts of precipitation, which can accumulate over comparatively short periods of time. This is particularly true of snowfall and freezing rain/sleet, and results in inevitable stresses upon the road clearance and maintenance regimes. Although the Nova Scotia Department of Transport and Infrastructure Renewal has a clearly articulated policy on snow removal timelines, these are of course situation dependant and therefore subject to delays.

Although there is no legislation in Nova Scotia requiring snow tires, I for one would highly recommend their use vice the less aggressive "all season" types.

However, having winter tires is no guarantee that you will not get stuck however, and therefore it is always advisable to have a backup plan in case you get stranded in quickly changing weather conditions. Again, there are many recommendations out there describing the various items that you should carry in you vehicle in the winter, but I believe that each individual has to decide what he/she needs given the peculiarities of their driving habits. For example; if you don't drive long distances in the

winter and only commute in urban/built-up areas, your emergency equipment list might be somewhat different from one who regularly drives long distances or in semi-isolated areas. I would suggest at a minimum that you keep some warm clothing and boots suitable for winter walking in your vehicle. There are many ready-made vehicle emergency kits on the market today and although they are generally of varying quality and expense, any of them would be better than nothing. Another suggestion here is to have some knowledge of your vehicle, such as the location of tow points, if you have them, and how to safely utilize jumper cables on a drained battery. These suggestions are recommended as the minimum you should do to prepare for winter driving conditions and beyond them there is really no limit, it is rather a personal choice tailored to your particular potential requirements.

In the middle of some severe winter storms, as I sitting in front of a fire with a book, I am continuously amazed by the number of vehicles struggling to transit the gravel road where I live. Being the only house on a stretch of secondary road for about 5 kms, it is not uncommon for someone to pitch up at the front door in the middle of a blizzard requiring assistance on the road. So its on with the winter kit and out to warm up the tractor, all the time wondering why someone would venture out in such conditions. In one notable case which springs readily to mind, the very pressing issue was lottery tickets on a stormy Saturday, with a Honda Civic versus 50mm snow drifts.

Now I would not presume to dictate when people should or shouldn't be on the roads, and as military members there are times when we will have to push the limits a bit to get to our place of duty. This might be especially true during extreme weather events given the requirement for continued operational activity/capability. However, consider this; when the RCMP and the Provincial Department of Transportation request that folks to stay off the roads due to weather/road conditions – there is likely a good reason. If you are not concerned about your own safety in such situations, spare a thought for those attempting to clear the roads all the while having to contend with traffic that doesn't have to be there. As well there is the matter of emergency response personnel having to potentially respond to traffic accidents during periods of degraded road conditions, thereby hazarding themselves and thus their continued response capability. The bottom line here of course is the application of commonsense – ask yourself if any trip during blizzard conditions is absolutely necessary, i.e.: is it worth potentially hazarding your safety and that of others? There will be times when the answer to this question is yes, but it is my sense that many just do not consider the question before heading out into a storm.

Now, just so you can understand where I'm coming from, I would close by saying that there is really no substitute for first hand experience. Nothing drives home a lesson learned more forcefully than suddenly finding yourself strapped into an inverted pickup truck, 25 kms south of Moncton in the middle of a November snow storm, trying to remember where you put your cell phone… Good times…

For more information regarding both home and travel preparedness or for suggestions regarding home emergency kits, check-out the following websites:

http://www.getprepared.gc.ca/index-eng.aspx.

http://www.getprepared.gc.ca/_fl/pub/ep-gd-prprtn-eng.pdf.

http://www.redcross.ca/article.asp?id=003714&tid=079.

http://emo.gov.ns.ca/content/individuals.

Blood Donor Clinic at 14 Wing

By Eric MacKenzie

Here's your opportunity to save lives! It is once again time to roll up your sleeves and take the time to give blood. Canadian Blood Services will continue to hold **two day donor clinics** as a result of the outstanding support from our local communities. Let's respond and take advantage of this opportunity by filling up two full days with appointments. If we can double our one day attendance, over both days, Canadian Blood Services may be able to collect enough donations to save over a thousand lives!

The next **two day donor clinics** will be held at the 14 Wing Greenwood Community Centre on **Tuesday November 30th and Wednesday December 1st**. Donors can either give during the 1pm – 3pm time slot or the 5pm – 8pm evening slot on Tuesday the 30th or Wednesday the 1st. If you are interested in giving blood, please ensure that you bring identification with your full name and signature or full name and photograph. New donors are welcome!

Canadian Blood Services is aiming to collect 130 units at 14 Wing, each day, and in order to collect 130 units, 220 donors have to walk in or book an appointment. Every 60 seconds, someone in Canada requires blood or a blood product, and we are currently only booked at 76% (Wed) and 67% (Thurs) of capacity, so please try and take the time to donate on either day.

Please note that if you get a flu shot, you must wait 2 days after the shot before donating blood.

This two day clinic is made possible by the generous support from McDonald's and Tim Hortons. If you are interested in more information please call Eric MacKenzie at 765-1494 ext. 5337 and please call 1-888-236-6283 if you wish to book an appointment.

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Le coin des **Padre's** Corner

UNDERSTANDING GOD'S GRACE – Padre Gord Poley

Complete these common phrases for me: *(answers at the bottom)

1) There's no such thing as a free _____ .
2) No pain, no _____.
3) If it is going to be, then it's up to _____.

Everything about our way of life teaches us that you get what you deserve in life, that there is no free lunch. The only problem with our work ethic is that God doesn't operate on our work ethic. God is different. We operate on performance, God gives us His *Promise*. We grade on goodness, God gives us *Grace*. We measure one's merit, God gives us *mercy*. In other words, God has a different measuring stick than ours. It is called GRACE. And if we don't understand GRACE then we will forever have a hard time relating to God.

What is GRACE? Grace is the surprise of God's love when we expected and deserved judgement. It is the tremendous gift of pardon when we thought for sure that punishment is on its way. Let me illustrate GRACE with a story from the Old Testament (2 Samuel 9) about a young disabled boy named Mephibosheth. (Let's call him Fibby for short.)

Fibby was the grandson of King Saul. Do you remember the rivalry that Saul had with David? For years Saul tried to kill young David. But now, David had become king. And in those days, a new king usually cleaned house and annihilated any threats to the throne. It was no surprise that all of Saul's relatives ran for their lives when David became King.

A nurse was carrying young Fibby while trying to escape and she dropped him. His legs were broken and he became a paraplegic. For years Fibby lived in fear for his life that the man who was now king would retaliate against him.

One day David said, "Is there anybody still alive in Saul's household that I can show *kindness* (grace) to?" (2 Samuel 9:1)

Many days later, in enters Fibby under escorted guard. He thinks he is a gonner for sure. Can you imagine the fear in heart after all those years of hiding? Picture the shock on Fibby's face when King David says, "Son, I want to take you in and make you a part of my family. I want you to live in the palace with me for the rest of my life. I'm going to pay all your bills and meet all your needs. You are going to sit at my table each night and dine with me. I'm going to treat you just like one of my sons."

That's GRACE: The surprise of God's love when we expected the opposite. In the same way, God comes to you and me when we are broken, disabled in areas of our lives. He says, "I'm going to bring you into My family. I want you to sit at My table. I'm going to treat you like royalty." That's God's GRACE!

Grace is a gift. But you have to receive it. And to relate to God well, you have to understand His amazing grace. Want to know more about GRACE? Come out to your Wing Chapel at Queen of Heaven. On Sunday, 9:00 am Prot. Service. 11:00 am RC Service.

* answers: 1) Lunch, 2) Gain, 3) Me

Do you remember the story of the "Prodigal Son?" (Luke 15). The self centred rich kid basically tells his dad, "Give me my share of the inheritance NOW! I don't want to wait for you to punch out. The whole world is out there waiting for me and I want to see it." Well, like a shooting star quickly burning out, his millions vanished and the arrogant snob tried to survive like those today who collect discarded pop bottles in the alley with a worn out shopping cart. It was now a pathetic and desperate situation. For the sake of survival, the guy goes home to papa. The kid deserved a tongue lashing or at least an "I told you so!" But instead he got GRACE. His father gives him a new wardrobe, the family ring, and throws a party that would rival the Academy Awards. His dad was just so glad that is boy was home safe and sound. Grace: the surprise of God's love when we expected abandonment.

COMPRENDRE LA GRÂCE DIVINE – Padre Gord Poley

Pouvez-vous compléter ces phrases? (* voir les réponses plus bas)

1) Rien n'est _____ dans la vie.
2) On obtient rien sans _____.
3) Pour que cela arrive, il n'en tient qu'à _____.

Tout dans notre manière de vivre nous enseigne que nous recevons ce que nous méritons dans la vie. Rien n'est gratuit dans la vie. Le seul problème avec notre éthique de travail est que Dieu ne travaille pas de la même manière que nous. Nous donnons selon la performance, Dieu nous donne selon sa promesse. Nous évaluons avec bonté, Dieu donne avec grâce. Nous mesurons selon le mérite, Dieu donne avec miséricorde. En d'autres mots, Dieu a une règle à mesurer différente de la nôtre. Elle porte le nom de grâce. Et si nous ne comprenons pas la grâce de Dieu alors nous aurons toujours de la difficulté à établir une relation avec Dieu.

Qu'est-ce que la grâce? La grâce est la surprise de l'amour de Dieu quand nous attendons et méritons un jugement. C'est le merveilleux cadeau du pardon quand nous sommes certains que la punition approche. Laissez-moi illustrer la grâce avec une histoire de l'Ancien Testament (2 Samuel 9) au sujet d'un jeune garçon mutilé du nom de Mephibosheth (appelons-le simplement Fibby).

Fibby était le petit-fils du roi Saul. Vous rappelez-vous de la rivalité entre Saul et David? Pendant des années Saul tenta de tuer le jeune David. Mais voilà que David devin roi. Et en ce temps-là, un nouveau roi faisait habituellement maison nette et se débarrassait de toutes les menaces pour son trône. Rien de surprenant alors que tous les parents de Saul s'enfuirent pour sauver leur vie quand David devint roi.

Une nourrice transportait le jeune Fibby alors qu'elle tentait de s'enfuir et elle l'échappa. Ses jambes furent brisées et il devint paraplégique. Pendant quatre ans Fibby vécut en craignant pour sa vie que l'homme qui était maintenant roi prenne sa revanche.

Un jour David dit : « N'y a-t-il personne encore vivant dans la maison de Saul pour qui je puisse montrer bonté (grâce)? » (2 Samuel 9, 1)

Plusieurs jours plus tard, arrive Fibby sous escorte armée. Il pense qu'il est perdu. Pouvez-vous imaginer la peur dans son cœur après s'être caché toutes ces années? Voyez le choc sur la figure de Fibby quand le roi David dit : « Fils, je veux te prendre et faire de toi un membre de ma famille. Je veux que tu vives dans mon palais avec moi pour le reste de ma vie. Je vais payer pour toi et pourvoir à tous tes besoins. Tu vas t'asseoir à ma table chaque nuit et dîner avec moi. Je vais te traiter comme l'un de mes fils. »

Voilà ce qu'est la grâce : la surprise de l'amour de Dieu

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http://www.cfcommunitygateway.com/en/index.asp
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Personnel Family Support Services
http://www.cfpsa.com/en/

National Defence and the Canadian Forces
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quand nous attendons le contraire. De la même manière, Dieu vient à vous et à moi quand nous sommes brisés ou impuissants dans certaines dimensions de notre vie. Il dit : « Je vais te prendre dans ma famille. Je veux que tu t'assoies à ma table. Je vais te traiter comme un roi ». C'est la Grâce de Dieu!

La Grâce est un cadeau. Mais il faut la recevoir. Et pour entrer en relation avec Dieu, il faut comprendre sa merveilleuse grâce. Vous voulez en savoir plus à propos de la grâce? Venez à la Chapelle de l'escadre, Reine-du-Ciel. Le dimanche, 9 :00 am Service prot. 11 :00 am Service CR.

*Réponses 1) gratuit 2) peine 3) moi

Vous vous souvenez de l'histoire du "Fils prodigue"? (Luc 15). Le riche aîné égocentrique dit à son père: « donne-moi ma part d'héritage tout de suite! Je ne veux pas attendre que tu partes. Le monde entire est là qui m'attend et je veux le voir. » Bien, comme une étoile filante vite passée, ses millions évanouis l'arrogant essaya de survivre comme ceux qui aujourd'hui ramassent des bouteilles vides dans les fosses avec un vieux chariot d'épicerie. La situation était devenue pathétique et désespérée. Pour s'en sortir, le garçon s'en retourna chez papa. Le fils méritait bien une réprimande ou au moins un « je te l'avais bien dit ». Mais au lieu de cela, il reçoit la Grâce. Son père remplace sa garde-robe, la bague de famille, and organise une fête qui rivalise avec l'Academy Awards. Son père est si heureux que son fils renter à la maison sain et sauf. Grâce: la surprise de l'amour de Dieu quand on attend l'abandon.

From the 14 Wing Library

Submitted by Judy McCool, Librarian & Liz Tappen, Library Assistant

The month of November brings to mind those who died in Europe during WWI and WWII. The 14 Wing Library has several volumes of information from the Commonwealth War Graves Commission on various memorials in Europe, listings of cemeteries in Europe with more than 50 or 100 Canadian burials; there is also info on small cemeteries where only one Canadian serviceman is buried (Soufflenheim Communal Cemetery, France). Some of the listings are quite detailed with rank, name, military number, age, son of/husband of, home town, and exact location of the grave, plus maps and directions on how to get there. This information is available for research in the library during our open hours. Questions? Contact the Library at 765-1494 ext 5430.

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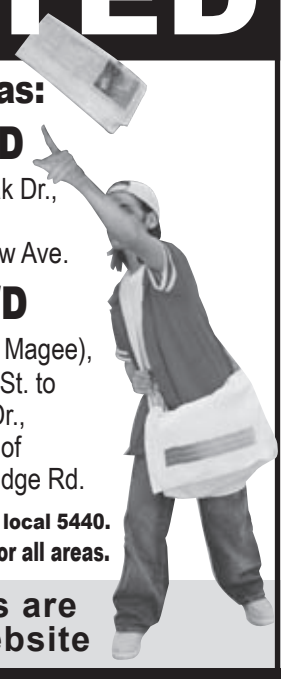

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www.auroranewspaper.com

Business of the Week
~ SUBWAY ~

Prior to buying the Subway franchise in Greenwood both Lorrie and Alec Penny worked at the restaurant when it first opened in 1991. The couple had moved from CFB Cornwallis when Alec retired from the base. Lorrie worked 25 hours a week at Subway, six days a week and Alec worked part time at Subway and the Annapolis Mess. They decided to make an investment and bought the thriving business in 1997 when the original owner retired. In 2005 they opened a second Subway in the Town of Middleton.

Alec and Lorrie's top priority is to provide healthy, nutritious products. The store offers 6 foot party subs and party trays as well as monthly specials. This month's special is Chicken Pizziola. Subway offers a breakfast menu, wraps, flat bread, English muffins, deli's and subs. The last Wednesday of every month Senior's are served a free meal. Two years ago they revised their menu in order to provide a meal everyone can afford. There is also a party room located in the Subway location in the Town of Middleton.

Lorrie and Alec are involved with the area schools entrepreneur programs. Students who come to Subway are taught work ethics and it also gives them the opportunity to decide if this is the type of job they would like to pursue in the future. Lorrie says some of the students who participated in the program are now employed at one of their locations. Both stores employees about 20 personnel.

Lorrie and Alec graciously support Base and Community functions from Greenwood to Bridgetown. They are very community minded business people and take pride in offering outstanding customer service.

Visit one of their two locations and enjoy a variety of choices on the menu.

SUBWAY

Think Fresh, Eat Fresh.

Greenwood Hours
Sun to Thurs - 7 am to Midnight
Fri & Sat - 7 am to 3 am

Middleton Hours
Sun to Thurs - 7 am to Midnight
Fri & Sat - 7 am to 1 am

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SUBWAY eat fresh.

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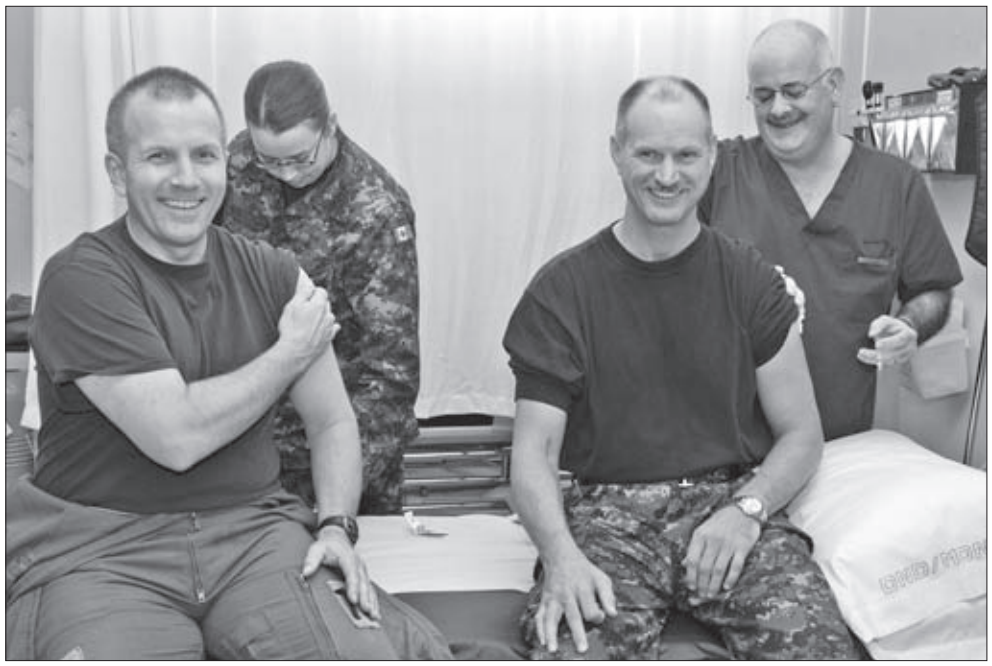
Wing Commander and Wing Chief Receive Annual Flu Shots



The Wing Commander (WComd) and Wing Chief Warrant Officer (WCWO) are still smiling after receiving their 2010 Flu Shot. From left, Colonel Bill Seymour 14 WComd, Captain Diane Soanes, Nursing Officer, WCWO Jim Jardine and Mr Colin Muise, Community Health Nurse.

(Image: Sgt Pete Nicholson, 14 Wing Photojournalist)

Central Annapolis Valley Chamber of Commerce Presents Guest Speaker Marshall Ennis

Central Annapolis Valley Chamber of Commerce sends message of strength to business community in the form of strongman competitor Marshall Ennis.

Central Annapolis Valley Chamber of Commerce (CAVCC) is pleased to bring home world renowned strongman turned motivational speaker MARSHALL ENNIS. (www.marshallennis.com) Marshall who is best known to our local area as the host of the first international Strongman television series is also known worldwide as an international strength athlete and powerful entertainer. Marshall's unique in his understanding of the strength required to succeed in the face of extraordinary challenges.

Join CAVCC

Thursday November 25th

Annapolis Mess, 14 Wing Greenwood

6:30 p.m. reception and cocktails

7:00 p.m. Marshall Ennis, "Your Business and Our Community".

Marshall will present on behalf of the CAVCC and bring forth our new message on building strength in "Your Business and Our Community".

Thursday November 25th.

Annapolis Mess, 14 Wing Greenwood.

7:00 p.m. (Cocktails at 6:30 p.m.).

Tickets (HST included).

Member $16.50.

Non-Member $22.00.

Student (19 & over) $10.00.

10 Tickets for $165.00.

Call Deb at CAVCC for tickets and more information. 902-765-0344.

Marshall Ennis will also be spending time in area schools talking to students about the connection between strong mind and strong body.

Photo Caption: Guest Speaker Marshall Ennis

(Image Sumitted)

Provincial Aerospace Ltd.

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Provincial Aerospace Ltd. is an innovative and highly focused aerospace and defense company with operations nationally and internationally. Focused on special mission aircraft, we provide our clients with aircraft modification, systems integration, aircraft operations and training services.

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- Level II Security Clearance an asset

Interested candidates may send their resumes in confidence to the Human Resources Department referencing **"Training Pilot"**.

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...let's talk about

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Dealer may sell or lease for less. Limited time offers. Offers may be cancelled at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. † Offer valid from Oct. 1/10, to Nov. 30/10 (the "Offer Period"). Customers who purchase finance or lease most new 2010 or 2011 Ford vehicles and finance through Ford Credit, Canada will receive [$1000]/[$1500] (the "Offer") on 2010 [Focus/Fusion Hybrid/Mustang (excluding GT500)/ Taurus/Ranger/Edge/Flex/Escape/Escape Hybrid/Explorer/ Expedition/Transit Connect/E-Series]/[F-150(excluding Raptor)/F-250 to F-550] and [$1000]/[$1500] on 2011 [Focus S/Fusion S/Mustang (excluding GT500)/Taurus SE/Ranger/Edge SE/Flex SE/Escape I4 Manual/Expedition/Transit Connect/E-Series]/[F-150 (excluding Raptor)/F-250 to F-550] (each an "Eligible Vehicle"). The new vehicle must be delivered and/or factory ordered from your participating Ford dealer during the Offer Period. Only one (1) Offer may be applied towards the purchase or lease of one (1) Eligible Vehicle, up to a maximum of two (2) separate Eligible Vehicle sales per customer. This offer is raincheckable. This offer can be used in conjunction with most retail consumer offers made available by Ford of Canada at the time of either factory order or delivery, but not both. This offer is not combinable with CPA, GPC, CFIP, FALS or Daily Rental Allowance incentives. Customer may use the Offer amount as a down payment or choose to receive a rebate cheque from Ford of Canada, but not both. Taxes payable before Offer amount is deducted. *Qualified retail customers on approved credit from Ford Credit (not all buyers will qualify for the lowest APR payment), may purchase finance a 2011 Ford [Fiesta S 4 Door/ Focus SE Manual/ Escape XLT I4 Auto] for [$12,999/$17,999/$25,599], a monthly payment of [$221.56/$299.98/$400.40] (the sum of twelve (12) monthly payments divided by 26 periods; gives payee a bi-weekly payment of [$102.3/$138.45/$184.80] for [72/60/72]) with a down payment of [$0/ $0/ $0]. Down payment may be required based on approved credit. Cost of borrowing is [$2,959.80/$0/$3,229.80] or APR of [6.99%/0%/3.99%] and total to be repaid is [$15,958.80/$17,999/$28,828.8]. All purchase finance offers exclude optional features, freight & Air Tax ($1,350/$1,450/$1,500), license, fuel fill charge, insurance, PDI, PPSA, administration fees, any environmental charges or fees, and all applicable taxes. Taxes are payable on the full amount of the purchase price. Bi-Weekly payments are only available using customer initiated PC (Internet Banking) or Phone Pay system through the customer's own bank (if offered by that financial institution). The customer is required to sign a monthly payment contract with a first payment date one month from the contract date and to ensure that the total monthly payment occurs by the payment due date. Bi-weekly payments can be made by making payments equivalent to the sum of 12 monthly payments divided by 26 bi-weekly periods every two weeks commencing on the contract date. †† Receive 0% APR purchase financing on new 2011 Ford [Fusion (excluding S)/Edge (excluding SE)/Escape (excluding I4 Manual)]/[Focus (excluding S)/Taurus (excluding SE)/Flex (excluding SE)] models for a maximum of [48]/[60] months to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: $20,000 purchase financed at 0% APR for 48/60 months, monthly payment is $416.67/$333.33, cost of borrowing is $0 or APR of 0% and total to be repaid is $20,000. Down payment on purchase financing offers may be required based on approved credit. ‡‡ Receive a winter safety package, which includes: four (4) Winter Tires, four (4) steel Rims, and one (1) Tire pressure monitoring system, when you purchase or lease any new 2010/2011 Ford Focus, Fusion, Escape or 2011 Fiesta on or before Nov. 30/10. Customers choosing to opt out of the no extra charge winter safety package will qualify for $300 in customer cash. This offer is not applicable to any Fleet (other than small fleets with an eligible FIN) or Government delivery and not combinable with CPA, GPC, CFIP or Daily Rental Allowances. Some conditions apply. See Dealer for details. Vehicle handling characteristics, tire load index and speed rating may not be the same as factory supplied all season ties. Winter tires are meant to be operated during winter conditions and may require a higher cold inflation pressure than all season tires. Consult your Ford of Canada dealer for details including applicable warranty coverage. *Source: Transports Quebec, 2001. Braking tests were performed at -20º Celsius on a road covered with packed snow and ice. Vehicle equipped with winter tires stopped on average 11.6 metres (38 feet) sooner than vehicle equipped with all season tires. Based on a sub-compact vehicle. *Program in effect from Oct. 1/10, to Jan. 3/11 (the "Program Period"). To qualify for a Ford Recycle Your Ride Program ("RYR") rebate ("Rebate(s)"), customer must qualify for and take part in either the "Retire Your Ride Program" delivered by Summerhill Impact with financial support from the Government of Canada, or Summerhill Impact, or Summerhill Impact's "Car Heaven Program". To qualify for the "Retire Your Ride Program", which offers $300 cash or rebate on the purchase of a 2004 or newer vehicle, customer must turn in a 1995 model year or older vehicle in running condition (able to start and move) which has been properly registered and insured for the last 6 months to an authorized recycler. If a customer qualifies for Car Heaven or Retire Your Ride, Ford of Canada ("Ford") will provide an additional Rebate, with the purchase or lease of an eligible new 2010/2011 Ford or Lincoln vehicle, in the amount of $1,000 CDN [Focus (excluding 2011 S), Fusion (excluding 2011 S), Mustang (excluding Shelby GT500 and 2011 Value Leader), Transit Connect, Ranger (excluding 2011 XL)], $2,000 CDN [Taurus (excluding 2011 SE), Escape (excluding 2011 XLT I4 Manual), Edge (excluding 2011 SE), Flex (excluding 2011 SE), Explorer (excluding 2011 Base models), Sport Trac], or $3,000 CDN [F150 (excluding Raptor and 2011 Regular Cab XL 4x2), F-250-550, E-Series, Expedition, MKZ, MKS, MKX, MKT, Navigator] (each an "Eligible Vehicle"). Rebate amount may be used as a down payment or received as cheque from Ford, but not both. Taxes payable before Rebate amount is deducted. RYR Rebates are available to residents of Canada only excluding Northwest Territories, Yukon Territory, and Nunavut. Eligible Vehicle must be purchased, leased, or factory ordered during the Program Period to qualify for a Rebate. Rebates can be used in conjunction with most retail consumer offers made available by Ford at either the time of factory order or delivery, but not both. Rebates are raincheckable. Rebates not available on any vehicle receiving CPA, GPC, Commercial Connection, or Daily Rental Allowances. Some conditions apply. See dealer for details or call Ford Customer Relationship Centre at 1-800-565-3673. © 2010 Ford Motor Company of Canada, Limited. All rights reserved. ^Estimated fuel consumption ratings based on Transport Canada approved test methods. Vehicles equipped with 5-speed manual transmission. Actual Limited time offer, see dealer for details or call Ford Customer Relationship Centre at 1-800-565-3673. Midsize class per R.L. Polk & Co. (U.S.)/ Intermediate per R.L. Polk Canada, Inc. (Canada). fuel efficiency may vary based on driving conditions, vehicle load, and certain vehicle accessories.

Have You Gotten Your Flu Vaccine Yet?

Submitted by: Colin J Muise, RN, BScN, 26 CF H Svcs C Greenwood

What is the best way to protect yourself and your family from the flu? By getting the annual flu vaccine of course!

In Canada, the regular flu season usually starts in November – some sporadic influenza activity has been already reported in Ontario and Quebec - an estimated 10-25% of Canadians get sidelined by influenza until it runs its course in April.

"The flu" is a highly contagious respiratory infection caused by the influenza virus which is spread through the air by coughing or sneezing and on surfaces we touch. It typically starts as a headache with chills and cough. There normally is a fever, body/muscle aches and pains, fatigue & weakness and the symptoms often last for a week or more. Children may also suffer nausea, vomiting and diarrhoea, but these symptoms are uncommon in adults.

The flu is most easily spread in crowded conditions such as schools, workplaces, and public transportation. In addition to getting your flu vaccine, regularly washing your hands, keeping surfaces at home and at work (such as telephone, countertops and doorknobs) as clean as possible and covering your mouth (with the inside of your elbow rather than your hand) when you cough also help limit the spread of the virus.

The flu vaccine causes you immune system to produce antibodies against the specific stains of the virus in the vaccine (normally 3 specific strains) – so when you are exposed to those strains of the virus, the antibodies will help prevent the infection. If you are exposed to other strains of the virus (not in the vaccine) you may become infected, but the severity and duration of the infection is normally limited. In other words, you will be less sick and sick for a shorter period of time.

Health Canada recommends the flu vaccine for the following people:

- Children aged six to 23 months
- Adults and children with chronic heart or lung disease (e.g. asthma, COPD)
- Anyone living in a nursing home or chronic care facility
- People 65 years of age or older
- People with chronic conditions such as diabetes, anaemia, cancer, immune suppression, HIV or kidney disease
- Children and adolescents on long-term acetylsalicylic acid (ASA) therapy
- Healthcare workers, other caregivers and household contacts capable of transmitting influenza to the above "at-risk" groups

This year the province of Nova Scotia is making the influenza vaccine available, at no personal cost, to all Nova Scotians wanting the vaccine.

The CF Surgeon General strongly recommends any CF member (who normally obtains their health care at CF clinics) who wants to protect him/herself and their family from the flu to get the influenza vaccine.

Influenza vaccine is currently available during normal hours of Operations at the Immunization Clinic : Mon, Wed and Fri from 0900-1130 hrs or via booked appointments through CDU Appointments at local 1958.

Questions regarding the flu or other vaccines can be addressed to Colin Muise, RN at the immunization clinic – local 5613.

Remember – Be wise and immunize!

Submitted by Colin J Muise, RN, Community Health Nurse – 26 CF H Svcs Centre

Information for this article was compiled from the CF "Combat the flu – Get you shot!" pamphlet and "Fighting the Flu" article by Ylva Van Buuren published in the Nov/Dec 2006 edition of Stitches for Patients.

14 Wing Honours and Awards

14 Wing Commander, Colonel Bill Seymour and Wing Chief Warrant Officer Jim Jardine were proud to present the Military and Civilian members of the quarter awards on October 28, 2010 at the Annapolis Mess. Sergeant Peter MacDonald and Mrs Lori Gordon were the recipients for this quarter.

14 Wing Civilian Employee of the Quarter
Mrs Lori Gordon

Mrs Lori Gordon is the epitome of a dedicated, committed and forward thinking civilian employee. Truly motivated towards providing the optimum of personnel support to the Wing, whether it is in the function of her primary duties, the organization skills required to pull off the outstanding Public Service Appreciation events or in her important guiding role on the Employment Equity team, Mrs. Gordon's enthusiasm, exceptional work ethic and true belief in the Wing motto of Operate as One, have combined to make her an exceptional recipient of this 14 Wing Civilian Employee of the Quarter Award.

14 Wing Service Person of the Quarter
Sergeant MacDonald

As 14 Air Maintenance Squadron (14 AMS) Deputy Aircraft Maintenance Control Record Superintendant, Sergeant MacDonald is a consummate professional and extraordinary leader who consistently works well above the requirement of his rank level. A proactive individual, he constantly looks ahead to effectively manage the CP140 Stagger Plan, liaising with the Weapon System Manager, Aircraft Engineer Officer and the Aurora Project Maintenance Office to achieve optimum fleet readiness. His work ethic and support to operations are exemplary as the Defence Resource Management Information System Subject Matter Expert for 14 AMS. He has given countless hours of his own time reviewing data on short notice and addressing many critical airworthiness issues and functionality shortcomings. Sgt MacDonald is a credit to the Canadian Forces and is most deserving of Service Person of the Quarter.

14 Wing Community Centre Family Trip

Submitted by: Megan LeMoine

Need to get started on your Christmas shopping? Well this trip is just for you! Saturday November 20 we are going to Dartmouth Crossing from 12:00-9:00 p.m. to do some Christmas shopping, catch an IMAX movie and then relax and enjoy a great meal. This trip costs $10 which only includes transportation, meals and movies are extra. Please note- this trip is only for Military members, their families or Recreation Card holders. If you are interested in this trip, please come to The Centre to register or call 765-8165 for more information.

Pizza Delight

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The All-New Pizza Delight Oven Fresh Kitchen in Greenwood will offer more selection in our Italian-Inspired Menu, Grill-Your-Own Bread Bar, All-You-Can Eat Lunch Buffet and so much more!

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OPEN HOUSE

GREENWOOD WELLFIELD PROTECTION PLAN (File F-3-142)

Learn more about the Wellfield Protection Plan that is being developed to protect the groundwater, the source of drinking water for the Village of Greenwood. The location of the wellfield protection area is generally located in the southern area of Greenwood and into parts of Tremont.

Open House
Wednesday, November 24, 2010
New Beginnings Centre
1151 Bridge Street, Greenwood
2:00 p.m. to 5:00 p.m.
7:00 p.m. to 9:00 p.m.

Pick up reports, view posters and speak with Planning and Engineering Staff and members of the Greenwood Wellhead Protection Project Committee.

Further information may be obtained by contacting Ben Sivak, Manager of Planning Services, at 690-6102 or by email at bsivak@county.kings.ns.ca.

Tel: (902) 690-6102 Fax: (902) 679-0911
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Wise customers read the fine print: •, *, †, ††, § The Caravan Clearance Event offers apply to retail deliveries of selected new and unused models purchased between November 2, 2010 and November 30, 2010 from participating retailers. Retailer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating retailer for complete details and conditions. •$18,995 Purchase Price applies to 2010 Dodge Grand Caravan Canada Value Package (24F) only and includes $6,500 Consumer Cash Discount. See participating retailer for complete details. Pricing excludes freight ($1,400), licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailers may sell for less. *Consumer Cash Discounts are offered on most new 2010 and select 2011 vehicles and are manufacturer-to-retailer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your retailer for complete details. †0% purchase financing for 36 months available to qualified customers on approved credit through Royal Bank of Canada, Scotiabank, TD Financing Services and Ally Credit Canada on most 2010 Chrysler, Jeep, Dodge and Ram models, except Challenger, Caliber Canada Value Package and SE Plus, Grand Caravan Cargo Van, Sprinter and Ram Chassis Cab. Example: 2010 Dodge Grand Caravan Canada Value Package (24F) with a Purchase Price of $18,995 financed at 0% for 36 months equals monthly payments of $527.63; cost of borrowing of $0 and a total obligation of $18,995. Pricing excludes freight ($1,400), licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailers may sell for less. ††Customer Choice Financing for 36-, 48- and 60-month terms on approved credit through TD Financing Services and Ally Credit Canada is available at participating dealerships to qualified retail customers on most new 2010 Chrysler, Jeep, Dodge and Ram models (except Grand Caravan Cargo Van and Ram Chassis Cab) and select 2011 Chrysler, Jeep, Dodge and Ram models. The following terms apply to TD Financing Services contracts. **(Different contract terms apply to Ally Credit Canada offers. See your retailer for complete details.)** Vehicles are financed over a 36-, 48- or 60-month term with payments amortized over a term of up to 96 months and the pre-determined residual balance payable at the end of the contract. At contract's end, customers have the choice of returning their vehicle through a Chrysler, Jeep, Dodge, Ram dealership with no further obligations (except payment of a $199 return fee and excess wear and tear, mileage and similar charges), financing the remaining balance for the rest of the amortization period at then-current standard rates or paying the residual balance in full. Some conditions apply. Customer Choice Financing offered by TD in Quebec is subject to different terms and conditions. All advertised Customer Choice Financing offers are TD offers. Example: 2010 Dodge Grand Caravan Canada Value Package (24F) with a Purchase Price of $18,995 financed at 4.99% APR over 60 months with payments amortized over 78 months equals 130 bi-weekly payments of $133 and one final payment of $4,845 for a cost of borrowing of $3,077 and a total obligation of $22,071.62. Freight ($1,400), taxes, licence, insurance, registration, excess mileage and wear and tear charges, any dealer administration fees and other applicable fees and charges not included. Retailers may sell for less. See participating retailers for complete details. §2010 Dodge Grand Caravan SXT shown has a higher price than the Dodge Grand Caravan Canada Value Package advertised. See your retailer or go to www.dodge.ca for complete details. ∞Loyalty Bonus Cash is offered on most 2010/2011 models (with the exception of 2010/2011 Ram 1500 Regular Cab 4x2, 2010/2011 Dodge Caliber SE, 2010/2011 Jeep Compass and Patriot 4x2, 2010/2011 Jeep Wrangler Sport, 2010 Dodge Journey SE, 2010 Dodge Grand Caravan CVP and Cargo Van (C/V)) and is deducted from the negotiated price after taxes. Eligible customers include those with Gold Key Lease maturity dates between November 1, 2010 and January 3, 2011. Some conditions apply. See your retailer for complete details. ®SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. ®Jeep is a registered trademark of Chrysler Group LLC. Customer Choice Financing is a trademark of Chrysler Group LLC.

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Halte-garderie à temps plein : mise à jour – 2e édition

(submitted by : Margaret Reid, directrice générale du CRFMG

Voici une nouvelle édition de la FAQ sur la toute nouvelle expansion de la halte-garderie à temps plein du CRFMG. Comme promis, nous y apportons quelques réponses sur les exigences provinciales relatives à l'attribution de permis et sur notre personnel. Nous y répondons également aux questions couramment posées sur les périodes de fermeture de la garderie. La semaine prochaine, nous vous présenterons le personnel de la halte-garderie.

Nous sommes fins prêts; nous attendons seulement que nos conseillers pour l'attribution du permis provincial nous donnent le feu vert.

Quel est le rapport personnel-enfants?

Le rapport personnel-enfants est déterminé par l'autorité provinciale de délivrance des permis et dépend de l'âge des enfants dans la pièce. Dans notre salle pour les bébés, ce rapport est de 1 personne pour 4 enfants; dans notre salle tous âges, il est de 1 personne pour 6 enfants.

Pourquoi la halte-garderie est-elle divisée en deux salles?

L'autorité provinciale de délivrance des permis exige que dans une garderie à temps plein, on s'occupe des très jeunes enfants (de 3 à 17 mois) dans un espace séparé. Cette mesure a pour but d'assurer la sécurité des enfants gardés et de faire en sorte que l'équipement, les jeux et les programmes de la salle correspondent à l'âge des bambins. Notre garderie comprend une salle pour bébés âgés de 3 à 17 mois et une salle tous âges pour les enfants plus âgés.

Quel est l'avantage de détenir un permis provincial accordé par le ministère des Services communautaires?

Le fait que nous remplissions les critères d'attribution d'un permis provincial vous garantit que nous vous offrons un endroit où votre enfant pourra s'épanouir. Les enfants apprendront et joueront dans une ambiance sécuritaire et agréable, et leurs parents auront accès à des soins abordables, souples et de qualité. Nous aurons un cuisinier chargé de préparer chaque jour des collations et un dîner nutritifs, d'après un menu approuvé par un diététicien immatriculé. Des éducateurs de la petite enfance offriront à votre enfant un environnement sécuritaire et chaleureux dans lequel il pourra jouer et apprendre. Notre garderie sera entièrement équipée du tout dernier et du plus perfectionné équipement de développement des jeunes enfants pour favoriser un environnement d'apprentissage sain.

Pourquoi y a-t-il tant de formalités à remplir pour réserver une place pour nos enfants?

C'est très simple, le permis de garderie à temps plein nous oblige à faire remplir des formalités pour chaque enfant dont nous nous occupons, qu'il nous rende visite une fois par an ou trois fois par semaine. Nous n'y pouvons rien. La bonne nouvelle, c'est que vous n'aurez à remplir ces formalités qu'une fois, avant votre première visite. Le but est uniquement d'assurer la sécurité de votre enfant.

Y aura-t-il des périodes où la halte-garderie sera fermée, à Noël ou l'été, par exemple?

Contrairement au service actuel, la nouvelle halte-garderie sera ouverte toute l'année, y compris l'été. Cependant, elle pourrait être fermée pour différentes raisons, prévues ou imprévues. Par exemple, elle sera fermée durant les Fêtes, du 24 décembre au 3 janvier inclus. À l'occasion (mais très rarement), la garderie pourra fermer pour permettre à ses employés de participer à des activités de perfectionnement professionnel. Par exemple, nous savons déjà qu'elle fermera à midi le 17 décembre pour cette raison. Encore une fois, ces fermetures seront rares et seront annoncées longtemps à l'avance.

La halte-garderie sera-t-elle ouverte durant les journées pédagogiques à l'école?

Bien sûr! C'est exactement la raison (ou l'une des raisons) pour laquelle la halte-garderie existe! Si vos services de garde habituels ne sont pas accessibles, nous vous offrons une solution de rechange. Et nous sommes prêts pour les journées pédagogiques : nous offrirons à vos enfants des programmes fantastiques.

La halte-garderie sera-t-elle ouverte quand la neige oblige les écoles à fermer?

Le CRFMG a une politique de fermeture les jours de neige excessive qui vise à assurer la sécurité des familles. Si on juge que les routes ne sont pas sûres, la halte-garderie fermera. Mais la fermeture d'une école ne signifiera pas automatiquement la fermeture de la garderie. Cela dépendra des conditions du moment. Si la décision de fermer la halte-garderie et prise, elle sera annoncée sur les stations de radio locales et par message sur le répondeur téléphonique de la garderie. Si la fermeture est décidée en cours de journée, les parents ou les gardiens seront contactés pour venir chercher les enfants.

Comment savoir ce que vous servirez à dîner et comment être sûr que les collations et les repas sont santé?

Les menus des collations et des repas seront affichés sur le babillard à l'intention des parents à la garderie. À titre de garderie à temps plein agréée, nous devons faire approuver nos menus par un diététicien immatriculé. Nous avons une cuisine neuve et entièrement équipée et un cuisinier préparera chaque jour les collations et les dîners. Nous servirons une collation en milieu de matinée, un dîner et une collation en après-midi à tous les enfants présents.

Est-ce que je peux apporter des collations et des dîners que j'ai moi-même préparés pour mon enfant?

Le permis ne permet pas d'apporter de la nourriture. Cependant, dans des cas particuliers (allergies, par exemple), des exceptions peuvent être faites, sous réserve d'approbation de la directrice des programmes de garde. Veuillez noter qu'il n'y aura pas de noix dans notre garderie.

Le personnel de la garderie est-il formé?

Tous nos éducateurs de la petite enfance sont diplômés d'un programme adéquat et sont spécialisés dans l'élaboration de programmes et la prestation de services adaptés à l'âge. Ils ont aussi suivi un programme spécialisé orienté sur le mode de vie militaire et sur les besoins des enfants faisant partie d'une famille de militaire.

Greenwood
MILITARY FAMILY RESOURCE CENTRE
CENTRE DE RESSOURCES POUR LES FAMILLES MILITAIRES

For more information about programs and services please view our newsletter and monthly calendar on-line at www.familyforce.ca

***To register or for more information call 765-5611 or drop-in at the GMFRC located at the AVM Morfee Centre on School Road, Greenwood.**

Methods of payment accepted are cash or cheque.
Payment is required at the time of registration.

FRANCOPHONE

Décoration de maison en pain d'épice pour les familles francophones
dimanche 5 décembre
de 14 h à 16 h
10 $ par famille
annexe de la chapelle catholique de la 14e Escadre
Date limite d'inscription : mercredi 1er décembre
Joignez-vous à d'autres familles de francophones et venez décorer votre maison en pain d'épice familiale. Chaque famille aura une maison à décorer, alors faites sortir votre créativité et vos idées pour faire de cet après-midi un grand moment de plaisir. Apportez des chaussures et des vêtements chauds, car à 16 h, nous nous rendrons à pied au centre communautaire de la 14e Escadre pour célébrer Noël à l'Escadre avec le reste de la communauté.

Sortie souper des Franco-Femmes
vendredi 26 novembre
de 18 h à 22 h
restaurant Kellock's, Berwick
Date limite d'inscription : mercredi 24 novembre
La sortie souper des Franco-Femmes est ouvertes à toutes les femmes, conjointes, petites amies, fiancées et mères francophones qui veulent rencontrer du monde, parler en français et avoir du plaisir à le faire. Cette activité est organisée au moins trois fois par année et le groupe décide à chaque fois où il souhaite se rencontrer.

VOLUNTEERING

Christmas on the Wing Helpers
Sunday, December 5
3:30 p.m. – 6:30 p.m.
Event taking place behind the GMFRC
Volunteers needed: 13 (Adults and Teens)
We are looking for some spirited volunteers to help us celebrate the holiday season and lend a hand with our Christmas on the Wing event. We need people to assist with face painting, wagon rides, and manning BBQ.

ADULT

Intro to Cooking - Holiday Entertaining
Thursday, November 25
6:00 p.m. – 8:00 p.m.
$15.00 per person
Sobeys Community Room
Register by: Monday, November 22
Whether you're a seasoned chef or looking to taste some holiday treats, join us for holiday appetizers. This is a wonderful opportunity to experience some new cooking techniques and add new flavours for your palette. Enjoy this night of feasting on a three course meal.

Convergys is Hiring!
Tuesday November 30
6:00 p.m. – 8:00 p.m.
Free at GMFRC
Register by: November 26
Are you ready for a career in customer support and service? Convergys will be at the GMFRC to tell us about all of their new hiring programs including the new work from home option and free gas cards for employees! They will answer questions and be accepting applications on the spot so bring your completed resume, enquiries, and a friend to this great opportunity.

Holiday Cards Workshop
Wednesday, December 1
6:00 p.m. - 9:00 p.m.
$20.00 per person at GMFRC
Register by: Monday, November 29
Want to get your jolly creative juices flowing? Looking for an opportunity to meet fellow crafters and military families? The GMFRC is hosting a card workshop where you will have the opportunity to create five different card projects with Holiday themes to give out to your loved ones. This is a great place to unleash your inspirations and provide your friends and family with a unique gift made from the heart.

Defensive Driving Course
Monday, December 6 and
Tuesday December 7
6:00 p.m.— 9:00 p.m.
$25.00 per person at GMFRC
Register by: Monday, November 29
Are you a new driver in Nova Scotia or just looking for a little refresher? Provincial law requires that all new drivers must successfully complete a defensive driving course before the "N" restriction will be removed from your license. It also assures safer drivers on our Nova Scotia roads.

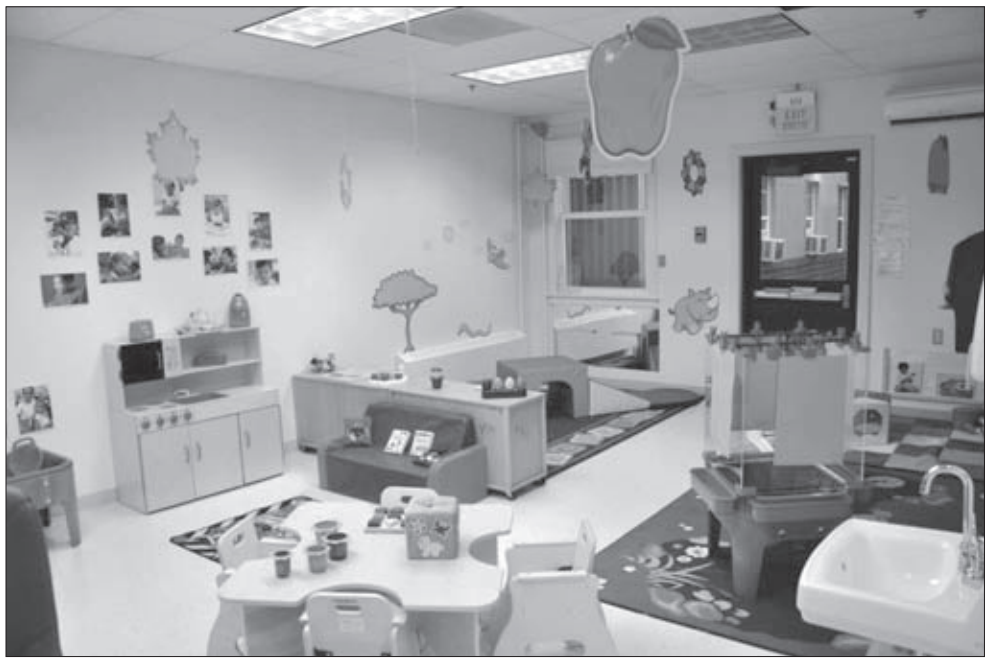
DEPLOYMENT

Respite Childcare
Deployed families can choose 1 of the 2 Saturdays per month.
Saturday, November 27
12:00 p.m. - 5:00 p.m.
Register by: Thursday, November 25
Saturday, December 11 or Saturday, December 18
10:00 a.m. - 5:00 p.m.
Register by: Thursday, December 9

Gingerbread Houses - Family Christmas Get Together
Sunday, December 5
2:00 p.m. – 4:00 p.m.
Free for deployed families at GMFRC
Register by: Wednesday, December 1
Come out and enjoy a fun filled afternoon together making your very own gingerbread house! We will also make personalized ornaments for the Support our Troops Christmas Tree! At 4:00 p.m. we will walk to Christmas on the Wing and see how Santa will arrive this year!

Children's Deployment Support Group
Sunday, December 12
1:00 p.m.– 2:30 p.m.
Free at the GMFRC
Children aged 3 – 12 years
Register by: Wednesday, December 8

GMFRC Full-Day Casual Childcare Centre: An Update



(Photos submitted)

Submitted by:
Margaret Reid, GMFRC Executive Director

Welcome to another week of FAQ about the GMFRC's newly expanded full-day Casual Childcare Centre. As promised, we offer some answers about provincial licensing requirements & our staff. As well, we address commonly-asked questions about Centre closures. Next week we'll introduce our Childcare Centre staff.

We have heat now & we're just waiting on our provincial licensing consultants to give us the thumbs up. We're expecting to open our doors within the next couple of weeks!

What is the ratio of staff to children?

Ratios of staff to children are dictated by provincial licensing and depends upon the age of the children in the room. In our infant room, the ratio is 1 staff person to every 4 infants. In our multi-age room, the ratio is 1 staff person to every 6 children.

Why is Casual Childcare offered in two separate rooms?

Provincial licensing requires that our very young children (aged 3 – 17 months) be cared for in a separate space in a full-day program. This is to ensure the safety of the children in care, as well as to ensure all children are cared for in a room equipped with age-appropriate toys, equipment, & programming. Our Centre offers an "infant" room for children aged 3-17 months & a "multi-age" room for children aged 18 months & older.

What is the advantage of being "licensed" by the province, through the Dept of Community Services?

Meeting provincial licensing requirements ensures we are a place where your child will thrive! Children have a safe and happy atmosphere to learn and play, and parents have access to affordable, flexible and quality care. A cook is on staff to prepare daily nutritional snacks and lunch, following a menu approved by a registered Nutritionist. Professional Early Childhood Educators (ECE staff) offer your child a safe, warm and loving environment in which to play and learn. Our Childcare Centre will be impressively outfitted with the latest and greatest in Early Childhood Development equipment to promote a healthy learning environment.

Why is there so much paperwork when we book our children?

Quite simply, a full-day childcare licence requires that this paperwork is completed on every child in our Centre, regardless of whether your child visits us once a year or 3 times a week. This is out of our control. The good news is you only have to complete the paperwork once, before your first visit. It is all about ensuring your child is safe.

Will there be any closures through the year – at Christmas or over the summer, for example?

Unlike the previous service, the new Casual Childcare Centre will remain open all year long, including through the summer months. However, some closures, scheduled or unforeseen, may happen. There will be a closure over Christmas this year from December 24th to January 3rd inclusive. On occasion, though rarely, the Centre may close to allow participation of staff in professional development activities. For example, we know there will be a closure at noon on December 17th for that very reason. Again, these closures will be rare & will be advertised well in advance.

Is the Casual Childcare Centre open on school in-service days?

We certainly are open! This is exactly the reason, or one of the reasons, why a Casual Childcare service exists! If your primary childcare plan is not available, we can offer you a back-up plan. And we'll be prepared for in-service days, offering great programming for your children.

Will we be open on "snow days" when schools are closed?

The GMFRC does have a policy around snow day closures designed with the safety of families in mind. If or when it is determined that the roads are not safe, the Casual Childcare service may close. A school closure however, will not mean an automatic closure of the service. It will depend upon current conditions. If a decision is made to close the Childcare Centre, it will be announced on local radio stations and on the phone message at the Childcare Centre. If a closure is decided upon part-way through the day, all parents/caregivers will be contacted and asked to pick up their child.

How will I know what you are serving for lunch and how can I be assured the snacks & meals are healthy?

The snack/meal menu will be posted on a parent information board in the Childcare Centre. As a licensed full-day Centre, we are required to have our menu reviewed & approved by a registered Nutritionist. We have a new, fully-equipped kitchen in the Childcare Centre and a cook on staff who will prepare daily snacks & meals. We will serve a mid-morning snack, lunch, & a mid-afternoon snack. All children in care during snack & meal times will be served.

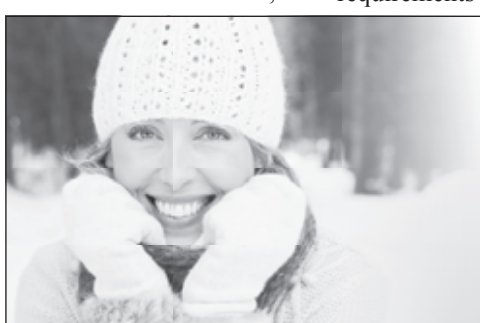
Can I bring my own snacks &/or lunch for my child?

Licensing does not permit bringing in food. However, in special circumstances (eg. allergies), exceptions may be made. This will require pre-approval from our Childcare Programs Director. Please note we are a nut-free facility.

Are the Childcare Centre staff trained?

All of our ECE Educators are graduates of an Early Childhood Education (ECE) program, specializing in age-appropriate child development programming and service delivery. Our ECE Educators have all also completed a specialized program designed to orient them on our military lifestyle and the needs of children living that military experience.

If you have any questions about our Childcare Centre, please feel free to call our Childcare Programs Director, Brenda Virtue Ellis, at 765-1494 ext. 5053, at any time with any questions. Brenda can also be reached at: brenda.virtue-ellis@forces.gc.ca



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All offers expire December 15, 2010. See service advisor for complete details. Applicable taxes and provincial levies not included. Dealer may sell for less. [1] Excludes emergency brake pads or shoes. Machining or replacement of rotors and drums available at additional costs. [2] Ford Protection Plan is only available for non-commercial cars and light trucks. If an eligible Ford, Motorcraft® or Ford-approved part fails due to a defect in material or workmanship, wear out or rust, through it will be replaced at no charge as long as the original purchaser of the part owns the vehicle on which the part was installed. Labour is covered for the first 12 months or 20,000 km (whichever occurs first) after the date of installation. Emergency brake pads are not eligible under this plan. See Service Advisor for complete details and limitations. [3] Limited time offer. In order to receive a competitor's advertised price, tires must be purchased and installed at your participating Ford Dealer. Offer only available at participating Ford dealerships. This offer is valid on the cost of the tire only and does not include labour costs, valve stems, mounting, balancing, disposal and taxes. The competitor's advertised price must have been printed within 30 days of the sale and the tires must be the same brand, sidewall, speed and load rating as shown in the competitive advertisement. Competitor's advertised prices do not include eBay advertisements, tire wholesalers, online tire retailers, closeout, special order, discontinued clearance and liquidation offers. Offer may be cancelled or changed at any time without prior notice. See your service advisor. [†] Rebate offers are manufacturer's mail-in rebates. Rebates are available from Pirelli, Continental, Petro Canada (branded gift card), General Tire (Quebec only), Goodyear/Dunlop, Bridgestone (MVL branded prepaid card), Michelin and BFGoodrich. Offers are valid on qualifying sets of four tires, purchased and installed at participating locations during the respective promotion periods for each tire brand. Offer is valid on the cost of the tire(s) only and does not include labour costs, valve stems, mounting, balancing, disposal and taxes. Amount of rebates, start dates and expiration dates vary depending on tire manufacturer. It is the responsibility of the customer to submit the required claim forms and proof of purchase to the relevant tire manufacturer with sufficient postage by the required deadline for that rebate offer. See your Service Advisor for complete details and claim forms. [‡] Some conditions apply. See Dealer for details.

West Kings District High School Service of Remembrance

517 Flight Lieutenant Graham Air Cadet Squadron Colour Party marching on the colours at WKDHS Service of Remembrance.
(Image: Sergeant Pete Nicholson, 14 Wing Photojournalist)

By: Sergeant Pete Nicholson, 14 Wing Photojournalist

On Friday, November 5, 2010 the students of West Kings District High School put on yet another emotional, thought provoking service of Remembrance.

The Commanding Officer of 14 Air Maintenance Squadron (14 AMS), Lieutenant Colonel (LCol) Tom Flynn and 14 AMS Chief Warrant Officer (CWO) Gary Pitman along with twenty five volunteers represented 14 Wing. Also in attendance were veterans from Branch 98 Kingston Legion and Kings North MLA, Jim Morton, Kings West MLA, Leo Glavine, Margo Tait superintendent of Annapolis Valley Regional School Board, School board member Jackie Foster and guest speaker Mike Weinberg.

This is the eighth year that the Wing has been invited to this occasion and the students, along with the guidance and inspiration of their teacher and Legion member Donna Griffin, keep making it better every year! There were two performances held. The one o'clock service was for the staff and students and an evening service, featuring the 14 Wing Band and Pipes and Drums was for families. Both services were very well attended.

LCol Flynn and CWO Pitman placed one of five wreaths that were placed in Remembrance. The twenty five volunteers were candle holders. Each of them held one candle in honour of the Canadian Forces recently fallen soldiers. A touching, emotional video produced by the students preceded the equally emotional presentation of the 153 soldiers that have given their lives while on duty in Afghanistan.

It is extremely gratifying to students, the future of our country; take the time and effort to demonstrate the respect they have for Canada and for those who paid the ultimate price to give us what we have today!

Lest We Forget

Join Together and Celebrate at 14 Wing Greenwood's

Come One, Come All!
Celebrate This Festive Occasion with 14 Wing Personnel!

There Will Be:
• A Story Reading • Junior Choir
• 14 Wing Band • 14 Wing Pipes & Drums
...and so much more!

Free Admission!

This is a great opportunity to spend time with friends and family.

Food Bank Donations would be gratefully accepted.

Where : 14 Wing's Annapolis Mess
When : Wednesday, December 1st, 2010
7:00 p.m.
Happy Holidays

Send your articles and photos to:
aurora@auroranewspaper.com

BEST TOYOTA www.besttoyotasales.com

USED INVENTORY

STOCK #	YEAR	MAKE	COLOUR	M	T	OPTIONS	KMS	PRICE
U1760	1996	Trans Am	Red	8	6	AC,PW,PDL	164,000	13,995
U1717	2002	Rav4 4WD BA	White	4	A	AC,PW,PDL,Cru	113,000	11,995
10-376A	2003	Camry SE AA	Red	4	A	AC,PW,PDL,Cru	108,000	10,995
11-10A	2003	Camry LE AA	White	4	A	AC,PW,PDL,Cru	104,000	8,995
10-489A	2005	Corolla LE AA	Beige	4	A	AC,PW,PDL,Cru	106,000	10,995
U1764	2005	Echo Sedan	Grey	4	A	AC,CD	78,000	8,995
10-632A	2005	Camry SE AA	Grey	4	A	AC,PW,PDL,Cru	111,000	12,995
U1734	2006	Sienna CE AA	Dblue	6	A	AC,PW,PDL,Cru	90,000	17,995
U1741	2006	Corolla CE SE	Silver	4	5	AC,S/R,PW,PDL	95,000	10,995
10-569B	2006	Corolla CE BA	White	4	A	AC,PDL,CD	95,000	10,995
10-443A	2006	Corolla CE BA	Silver	4	A	AC,PDL,CD	87,000	10,995
10-114A	2007	Camry LE AA	Grey	4	A	AC,PW,PDL,CD	85,000	15,995
08-72A	2007	Camry LE AA	Beige	4	A	AC,PW,PDL,Cru	56,000	16,995
11-14A	2007	Camry LE AA	Silver	4	A	AC,PW,PDL,Cru	86,000	15,995
11-8A	2007	Camry Hybrid	Green	4	A	AC,PW,PDL,Cru	58,500	18,995
10-493A	2007	Camry LE AA	Beige	4	A	AC,PW,PDL,Cru	77,000	15,995
11-3A	2007	Camry LE AA	Grey	4	A	AC,PW,PDL,Cru	21,000	17,995
10-626A	2007	Passat 2.0T	Green	4	A	Leather, S/Roof	115,000	14,995
10-568A	2007	Matrix BA	Red	4	A	AC,PDL,CRU,CD	80,000	12,995
10-646A	2007	Yaris Sedan AA	Blue	4	A	PDL, CD	72,000	9,995
10-622A	2007	Caravan	Red	6	A	AC,PW,PDL,Cru	71,000	10,995
11-63A	2007	C Tundra DblCab	Slate	8	A	4Wd,5.7,Ltd	37,000	31,995
11-59B *	2007	Camry Hybrid	Beige	4	A	AC,PW,PDL,Cru	65,000	18,995
11-88A	2007	Corolla CE SE	Black	4	5	AC,S/R,PW,PDL	53,000	12,995
U1746	2008	Rav4 Ltd 4WD	Green	6	A	S/R,AC,PW,PDL	86,000	24,995
10-661A	2008	Corolla CE CA	Red	4	5	AC,PW,PDL,Cru	74,000	12,995
10-583A *	2008	Highlander 4WD	Red	6	A	Sport, Leather	93,000	27,995
10-596A	2008	Yaris Sedan AA	Blue	4	A	CD	100,000	9,995
11-84A	2008	C Camry Hybird B	Silver	4	A	Leather,S/Roof	39,000	23,995
10-274A	2008	Corolla CE BA	Grey	4	5	AC,PDL,CD	52,000	12,995
11-4A	2009	Corolla LE AA	Red	4	A	AC,PW,PDL,Cru	122,000	11,995
U1173	2009	Matrix Touring	Red	4	5	AC,PW,PDL,Cru	60,000	15,995
11-66B	2009	Ridgeline VP	Black	6	A	4Wd,CrewCab	19,000	28,995
10-668A *	2009	Tacoma AccCab	Silver	4	5	4Wd,AC,PW,PDL	17,000	22,995

Vehicles have the following ECP/EXT Warranty Coverage:
* 10-583A: 4 yr--100,000 Ext. Warr/ In-Service: Oct 22/07
* 11-59B: 6 yr--160,000 Ext. Warr/ In-Service: Aug 27/07
* 10-668A: 4 yr--100,000 Ext. Warr/ In-Service: May 27/09
C -- Toyota Certified

Military Personnel bring in this Ad & Receive an Additional $300 off any Used Car in Stock!

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Smart device, sweet price.

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EAP
Employee Assistance Program

When you need someone to talk to, call:

Al MacDonald...1532
Wayne Atwater...5567
Darlene Richards...3119
Debby Benda...3340

Awareness, Appreciation, Admiration

By Deborah Hamilton

In response to a request from two ladies doing a Nova Scotia Community College sociology paper they have entitled "Awareness, Appreciation and Admiration", students from three schools in Nova Scotia have prepared 250 cards, letters and 3 banners to be sent to our military personnel in Afghanistan. Hilden Elementary, Cobequid Consolidated Elementary and Maitland District Elementary understand that the deployment of military troops is a very stressful time for all involved. One way to generate good morale for deployed troops is to send messages of support in the form of letters, care packages and sentiments of thanks for their involvement overseas. The letters are sent to boost the morale of the troops and, at the same time, uplift the family members of the deployed personnel by allowing them to see that their loved ones are supported, not only by them, but by the community at large.

Deborah Hamilton, NSCC student and Michelle Thibodeau-Wagner the Coordinator of Special Events and Promotion at the Greenwood Military Family Resource Centre display Christmas cards and posters created by students from various schools throughout the province for the Service men and Women overseas.

(Image: Sgt Pete Nicholson, 14 Wing Photojournalist)

Skater of the Week

The Greenwood Skating Club presents the Invisible Fence Skater of the Week

Name: Laurie Tremblay
Age: 11 yrs old
School: Ecole Rose-Des-Vents
Skating Level: Intermediate
Coach: Karyn Brown

Started Skating: 10 yrs old
Highest Test Passed: Dutch Waltz
Favourite Skater: Joannie Rochette
Favourite Part of Skating: Jumps
Other Hobbies: Horse Riding

La patineuse de la semaine

Le Club de Patinage de Greenwood et Invisible Fence présentent la patineuse de la semaine

Nom : Laurie Tremblay
Age : 11 ans
École : Rose-des-Vents
Niveau d'entrainement : Intermédiaire
Entraineur : Karyn Brown

Patine depuis : Age de 10 ans
Danse complete : Valse Hollandaise
Patineuse favorite : Joannie Rochette
Aspect du patinage favour i: Les sauts
Autre passe-temps : Équitation

Bravo Zulu

Images from 14 AMS Wing Imaging unless otherwise indicated.

MCpl Scott Penney of the 14 Wing Fire Dept has retired after 20 years of loyal and dedicated service. After 20 years as a firefighter, Scott has decided to pursue other interests. On hand to present MCpl Penney's Retirement Certificates were (from Left – Right) MWO Scott Simmons, A/UCWO, MCpl Scott Penney, Mr Rick Nippard, A/WCEO and MWO John Martin, WDFC.

Private Christopher Schatz receives his first chevron from Major Stephane Racle, 14 Air Maintenance Squadron Aircraft Maintenance Support Organization Officer.

The WOps Officer, LCol Steve Chouinard presents Capt Eric Duquette with his OPME certificate of completion.

Major Stephane Racle, 14 Air Maintenance Squadron Aircraft Maintenance Support Organization Officer, presents Corporal Ryan Dyer with his new rank.

MCpl Glenn Whitaker is presented the 405 (LRP) Sqn "Eagle of the Quarter" from 405 (LRP) Sqn CO LCol Jason Major and Sqn CWO Al Houston. "Eagle of the Quarter is presented to an Officer or NCM that displays outstanding professionalism and dedication to 405 Sqn and the Canadian Forces. MCpl Whitaker recently completed the Canadian Forces Officer Professional Military Education (OPME) Program as well Maritime Operational Aircrew Training (MOAT) as an Acoustic Sensor Operator. Congratulations Glenn.

(Image submitted)

MWO Fred Williams receives his promotion to that rank from 405 (LRP) Sqn CO LCol Jason Major and Sqn CWO Al Houston. MWO Williams has been appointed 405 (LRP) Sqn AESOp Leader (Senior AESOp). Congratulations MWO Williams. (Image submitted)

Cpl F.P. Leveille receives the CD from 405 (LRP) Sqn CO LCol Jason Major and Sqn CWO Al Houston. The CD is presented to personnel completing 12 years of exemplary service. Congratulations Cpl Leveille.

(Image submitted)

Capt Jeff Reeves is presented his CD by 405 (LRP) Sqn CO LCol Jason Major and Sqn CWO Al Houston. The Canadian Forces Decoration (CD) is presented to those personnel that have completed 12 years of exemplary service. Congratulations Jeff.

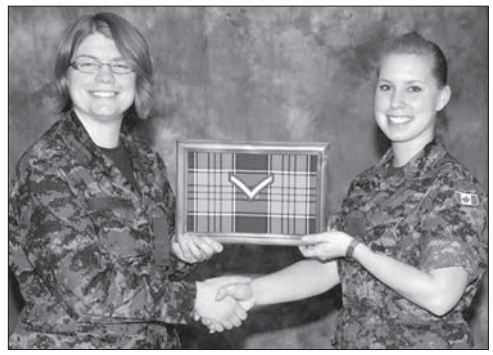
(Image submitted)

Sgt Brian Nelson receives his CP-140 Aurora 2500 Hours certificate and pin from 405 (LRP) Sqn CO LCol Jason Major and Sqn CWO Al Houston. This is a significant event for aircrew personnel which is recognized by Lockheed Martin and the Canadian Forces. Congratulations Brian. (Image submitted)

On 22 Oct 2010, the WLEO, LCol Létourneau, presented Sgt Tibbel with her new rank. Sgt Tibbel has been in the CF, as a reservist, for over 10 years having enrolled here in Greenwood with ARF. Since then, she has put forth much dedicated work towards WTEME more specifically towards MSE Safety. The WLE branch sends out their most sincere congratulations to Sgt Tibbel and her husband WO (ret'd) Rick Tibbel.

Le 22 oct. 2010, le WLEO, LCol Létourneau, présenta Sgt Tibbel avec sa promotion bien méritée. Sgt Tibbel fut enrôlée dans les FC en tant que réserviste à Greenwood avec la ARF. Depuis ce temps, elle a contribué grandement à la section du transport de l'escadre, plus précisément à la section de la sécurité MMS. La branche de la logistique et du génie de l'escadre, envoie ses félicitations les plus sincères à Sgt Tibbel ainsi que son mari Adj (retraité) Rick Tibbel.

Major Christine Drab congratulates Cathy Rato who is retiring after 23 years in the public service. (Image submitted)



Private Jessica Reynolds receives her first chevron from Captain Wispinski, 14 Air Maintenance Squadron Acting /Aircraft Maintenance Support Organization Officer.

Captain Wispinski, 14 Air Maintenance Squadron Acting / Aircraft Maintenance Support Organization Officer, presents Private Jessye Therrien with her first chevron.

Private Steven Lamarche is presented with his first chevron by Major Mike Smith, 14 AMS Aircraft Maintenance Organization Officer.

Pte Imbleau receives her first Chevron from Maj Carver, W SUP O. (Image submitted)

MCpl Fagan receives his promotion from Maj Carver, W SUP O. (Image submitted)

LS Thériault receives her promotion from Maj Carver, W SUP O. (Image submitted)

Cpl Lush receives her promotion from Maj Carver, W SUP O. (Image submitted)

Cpl Brian Jessome receiving his promotion from Maj Tromp, WCEO and CWO Etheridge, UCWO. (Image submitted)

Lieutenant Colonel Thomas Flynn, CO of 14 Air Maintenance Squadron (14 AMS) , presents an accelerated promotion of 6 months to Cpl MacMullin, Chief Warrant Officer Gary Pitman pictured on the left.

Lieutenant Colonel Thomas Flynn, Commanding Officer of 14 Air Maintenance Squadron (14 AMS), presents the 14 AMS Performer of the Quarter Award to Private (Pte) Jessica Reynolds.

14 AMS has a recognition program that acknowledges the achievements of junior NCMs or civilians who have individually made a significant contribution, have maintained continuous outstanding performance by personal effort and example, or have significantly contributed to the creation/enhancement of an ethical culture within the Squadron by rewarding an individual with The Performer of the Quarter Award.

Citation on the Award certificate reads: “The 14 AMS Performer of the Quarter for July - September 2010 is awarded to Pte Reynolds. She has proven herself to be a very dedicated and hardworking individual and has received numerous accolades for her professionalism and attention to detail both within the CF and in the local community. She meticulously photographed fingerprints at a Military Police investigation scene that lead to the arrest of the perpetrator. Pte Reynolds vigilantly planned, organized, and implemented the 14 AMS Wing Imaging Terry Fox Fundraising campaign. Community-driven, she is a loyal and dedicated Girl Guide leader, and represents 14 Wing as an active member of the 14 Wing Pipes and Drums, participating in the Royal Nova Scotia Tattoo. Pte Reynolds exemplary devotion, initiative, and teamwork clearly highlight that she is most deserving of the 14 AMS Performer of the Quarter Award.

Corporal Adam O’Quinn receives promotion to current rank from Lieutenant Colonel Thomas Flynn, Commanding Officer (CO) of 14 Air Maintenance Squadron. 14 AMS Squadron Chief Warrant Officer Pitman is pictured on the right.

Lieutenant Colonel Thomas Flynn, Commanding Officer of 14 Air Maintenance Squadron (14 AMS), presents a six month accelerated promotion to Corporal Neufeld. Squadron Chief Warrant Officer Gary Pitman is pictured on the right.

Toepics - Provincial Medals for Greenwood Skaters!

As noted last week...we have results from the BMO Nova Scotia Sectional Championships. Jenna Breckon, in her second year as a pre-novice skater, came away with a bronze medal around her neck and a berth to the National Championships in Mississauga Ontario. She skated a strong Short Program, placing 2nd, to put her in medal contention. Her Long Program had a few minor glitches, but her exceptional edge quality and smooth glide kept her in the mix. Joining her in Ontario will be James Hazelton who defended his provincial Novice Mens title by bettering the next closest skater by 10 points. He still has some work to do, but is steadily improving and will be ready for the Challenge event.

This weekend, several Starskaters from the club will attend the first event of the season in Dartmouth at the Shannon Open. Representing the club will be Erika Rice, Victoria Frowen and Brooke Johnson. Good Luck Girls!

Bravo Zulu

Promotions & Presentations

Photos are taken by 14 Wing Image unless stated otherwise.

During the 14 Air Maintenance Squadron's semi-annual Honours and Awards parade, held on the 14th of October, 2010, the following presentations were carried out by Lieutenant Colonel Thomas Flynn, Commanding Officer of 14 Air Maintenance Squadron (14 AMS).

Master Corporal Greg Comeau receives his Canadian Forces Decoration.

Canadian Forces Decoration is presented to Master Corporal Steve Dumont.

Canadian Forces Decoration is presented to Corporal Peter Jefferson.

Master Corporal John Hoogenraad receives his Canadian Forces Decoration.

Master Corporal Paul Porter receives his Canadian Forces Decoration.

The Canadian Forces Decoration is presented to Master Corporal Scott Savage; he is accompanied by his spouse, Odette, to receive his medal.

Captain Leanna Scherr is presented with the Air Force Officer Development Program Certificate of Completion.

The Air Force Officer Development Program Certificate of Completion is presented to Captain Natalie Wispinski.

The Chief Warrant Officer's Script is presented to Chief Warrant Officer Gary Pitman; Gloria, his spouse, was present for the presentations.

Lieutenant Maxine Kapralik is presented with her Commission Script.

Master Corporal Simon-Pierre Frechette is presented with his current appointment, effective 4 October 2010.

Master Corporal Joseph Chiasson is presented to his current appointment, effective 4 October 2010.

Captain Natalie Wispinski received the Operation Podium Joint Task Force Games Certificate of Participation.

Operation Podium Joint Task Force Games Certificate of Participation is presented to Corporal Leslie Wade.

The 14 Wing Commander, Colonial WF Seymour presents MCpl Adam Northcott with the second Rotation Bar to his General Service Star.

The 14 Wing Commander, Colonial WF Seymour presents Sgt Norm Rushton with his General Service Star.

Private David Wright receives the 14 AMS Safety Award from Lieutenant Colonel Thomas Flynn, CO 14 AMS. Lieutenant Maxine Kapralik, 14 AMS Safety Officer, is pictured on the right.

The 14 AMS Safety Award provides well-deserved recognition of individuals who have significantly contributed to the Squadron's Safety Programs or who have prevented an accident that could have resulted in serious injury, damage, or loss. Citation on Award reads "While Pte Wright was carrying out an On-the-Job Training After-Flight Check on aircraft CP140104 under the supervision of a Performance Of Maintenance technician; he discovered two crossed control cables in the left hand wing inboard trailing edge area. His meticulous attention to detail was instrumental in his finding the left hand aileron trim cable and emergency uplock release cable incorrectly routed and chafing against each other, thus inhibiting the smooth action of both systems. He immediately alerted his supervisor, who then informed the senior chain of command and a Flight Safety was raised. Through a detailed inspection of both the aileron trim and emergency landing gear lowering systems, it was determined that no physical damage was evident; however, if left undetected the tension and chafing of the crossed cables would have become severe enough to cause a complete cable/flight control failure and/or to interfere with the safe lowering of the main landing gear in an emergency situation. It was concluded through a search of the ADAM system that the cables had been in this condition for quite some time and the aircraft had flown many times since the last recorded maintenance in this area on these systems. Thanks to Pte Wright's outstanding attention to detail a potentially catastrophic flight safety incident was averted. For displaying the professionalism and true airmanship traits of a seasoned AVN technician well beyond his experience level, Pte Wright is highly recommended for the 14 AMS Safety Award. His exemplary actions serve as an inspiration to his peers and supervisors alike.

Major Racle, 14 Air Maintenance Squadron Aircraft Maintenance Support Organization Officer, presents Corporal Brooks with his promotion to current rank.

Corporal Cormier receives his promotion to current rank from Major Racle, 14 Air Maintenance Squadron Aircraft Maintenance Support Organization Officer.

It was a great day for Food Svc's as Pte Fawson received his accelerated promotion to Cpl from the W Food Svcs O, Lt Martin. Pte Fawson arrived to Food Svc Jul 08 and since his arrival he has proven himself very capable to perform at the next level. (Image submitted)

Greenwood Military Family Resource Centre Second Language Training Winter 2011

Dates: From Monday, January 10, 2011 to Friday, March 18, 2011 (excluding March Break week)
Registration deadline for all 3 classes: Tuesday, January 4, 2011
Please register at the GMFRC reception desk
For information, please call 765-5611
Duration: 10 weeks for a total of 60 hours (three hours twice a week)
Location: Birchall Centre, Language School, on the Base
Cost: For Spouses, CF members, and dependants over 14 years of age: $50.00 refundable upon completion of 85% of classes. All other participants: $100.00
(Free childcare is offered to Military Families during GMFRC childcare hours, preregistration is necessary)
Placement Test: Contact Danielle Brochu at 765-5611
Registration Deadline: Wednesday, January 5th, 2011 at the GMFRC Front Desk
LIMIT of 10 students per class – register early to avoid disappointment!
For information: Reception 765-5611
Schedule: Subject to change depending on Birchill Centre Second Language Classrooms, teacher and students availability. Let us know your availability; we will try to do our best to accommodate you.

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 12:00			French Module 1 (Beginner)		French Module 1 (Beginner)
13:00 - 1600		English Module 3		English Module 3	
18:00 - 21:00	French Module 4			French Module 4	

Centre de ressources pour les familles militaires de Greenwood Cours de langue seconde – Session hivers 2011

Dates : Débutant le lundi 10 janvier au vendredi 18 mars 2011 (excluant la semaine de relâche)
Date limite d'nscription pour les trois cours : le mardi 4 janvier 2011 à la réception du CRFMG
Durée de chaque cours : 10 semaines, pour un total de 60 heures (trois heures deux fois par semaine).
Lieu : Centre Birchall de la 14e Escadre, École des langues
Coût : membres des FC, conjoints et personnes à charge de plus de 14 ans – 50 $ remboursables à condition que le participant ait assisté à 85 % des cours Autres participants – 100 $
(Service de garde gratuit offert aux familles de militaires pendant les heures d'ouverture de la garderie du CRFMG; réservation obligatoire).
Test de classement : Contacter Danielle Brochu au 765-5611
LIMITE de 10 étudiants par classe – inscrivez-vous tôt pour éviter toute mauvaise surprise!
Téléphone : Pour renseignements sur les cours, téléphonez à la réception au 765-5611.
Horaire : Sujet aux changements en raison de la disponibilité des salles de classe de l'École des langues du Centre Birchill, aux enseignants de cours et afin de répondre aux demandes des étudiants. Donc, laissez nous savoir vos préférences et nous essaierons de vous accommoder.

	Lundi	Mardi	Mercredi	Jeudi	Vendredi
9 h – 12 h			Français débutant module 1		Français débutant module 1
13 h – 16 h		Anglais module 3		Anglais module 3	
18 h – 21 h	Français module 4			Français module 4	

CF Recruiting is Back at the GMFRC!

Submitted by: Stephanie Townsend, Coordinator of Employment and Education Services, Greenwood Military Family Resource Centre (GMFRC) 765-1494, local 1816 or Stephanie.Townsend@forces.gc.ca

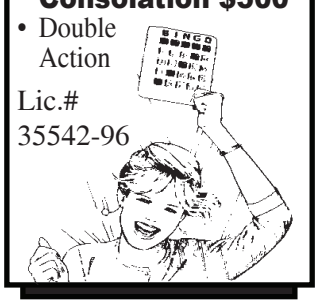
Are you ready for a new exciting career? How does benefits, travelling, experiencing new cultures, and a guaranteed position sound to you? The Greenwood Military Family Resource Centre (GMFRC) is happy to welcome back the Canadian Forces Recruiting Center from Halifax. Recruiters will be available Monday, December 6, 2010 from 12:00 p.m. until 4:00 p.m. to answer questions and provide guidance to those interested in pursuing a career with our Canadian Forces (CF). This is a wonderful opportunity for individuals who are new grads or have been in the employment market for years but are looking for a change. With employment barriers becoming an increasing issue, the CF can be an attractive option. With multiple trades and professions individuals have the ability to complete their training programs with a guaranteed position ready for them.

The GMFRC provides a friendly, no pressure environment where folks can come in and have their concerns and questions answered without commitment. We also act as a satellite location for CF recruiting; as a result, we have their materials year round should anyone like more information.

If you think that you may be interested in a career with the CF, or know someone who would be, we encourage you to visit the GMFRC and meet with the recruiters on Monday the 6th of December to have any questions answered.

Zedex Theatre 765-8848
14 - 18 Nov
Life As We Know It
Fri-Sat • 7 & 9pm
Sun-Thurs • 8pm
Rated PG
COMING SOON
19 - 25 Nov
Harry Potter & the Deathly Hallows: Part 1
Fri • 6 & 8:45pm
Sat-Sun • 2 & 6 & 8:45pm
Mon-Thurs • 7pm
Rated PG
Advance tickets for Harry Potter shows on Nov 19th & 20th can now be purchased at Zedex for $8.00.
$$ Save Money $$
Buy Pre-Paid Admission Cards
7 Admissions - $40
11 Admissions - $60
www.zedex.ca

Kingston Legion
BINGO
Prize Money Guaranteed: $2,500
BOOKLET BINGO
Sunday, 1:45 p.m.
Tuesday, 7:30 p.m.
Regular Games - $125
• 1 Early bird - 60/40
• 2 - 60/40
• Letter H - 80/20
• 1 Lucky 7 - Progressive
• 1 Bonanza - Progressive
• Jackpot - 3 Chances
Consolation $500
• Double Action
Lic.# 35542-96



Developing a Close Relationship with Your Kids

Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812 email Kim.Dixon@forces.gc.ca

Developing a close relationship with your child will help make parenting through those terrible two's, rebellious teen years, and everything in between a little easier. Parenting can be one of the most difficult yet rewarding jobs that you will ever have. Here are a few tips that you can do to help build a close relationship with your child:

- Never pass up an opportunity to tell your child that you love her/him. As our children get older they tend to pull away making it a little harder for us to show our affection. Don't get discouraged – sneak that kiss on your child's check and a hug whenever you can – even though they make a small fuss, it is our job as parents to be there for our kids.
- Spend time with your kids – go to their concerts, parent teacher nights, cheer at their football games and school performances. I have a friend who just took her daughter away to the city for a girl's night where they stayed overnight, did some shopping, and had a great time together. What a fantastic way to actually have fun with your kids – without the pressure of homework and everything at home that we deal with daily.
- Accept our children for who they are – not who we want them to be. Most of our children's character is beyond our control; however we can control how we deal with them and what we say. Remember your son may never be the NHL star you hoped he would be or your daughter may not become the Broadway star of your dreams.
- Be aware of your child's problems and needs. This will help you to help them when they are dealing with something that is causing them stress. When we understand our children's usual ups & downs we are better able to notice a change in our children's behaviour and help them deal with the situation together.
- Finding a mutual interest between you and your child. As our children grow up it is more difficult to find ways to connect to each other. We can't force them to stay close, however we can find things to do together that we both enjoy. Maybe it is watching the local university hockey team play a game or you both share a love of hiking. Whatever it is – enjoy it with your child!

November 20th is a special day set aside each year to honour and respect children – National Child Day. In 1993, the Canadian Government chose this day to commemorate the adoption by the United Nations of two human rights documents on that date: the Declaration of the Rights of the Child in 1959 and the Convention on the Rights of the Child in 1989.

Take time on this day to do something special with your child – a trip for ice cream, supper at their favourite place or playing one of their favourite games.

If you would like more information on parenting, please contact Kim.

Remembrance Service Held at the Aylesford United Church

The Aylesford United Church was honoured to have members of the church, who have served or who are still serving; become part of our Remembrance Service on Sunday, November 7th, 2010. In attendance were: Back row, left to right: Major Brian Myrah, Charles Ross, Kirk MacLennan, Peter Sayers, Glenn Wright and Robert Frost. Middle row: John Wilson, Don Homesdale, Paul Gertridge, Perry Lane and Private Scott Phinney. Front row: Erle Dolsen, Catherine Phinney and Ron Walker Sr. … Thank you.

Greenwood Bowling Lanes Under New Management

Greenwood Bowling Centre got off to a slow start this year due to several changes within the facility. However, now they are up and running under the new supervision of Leon Bullock. "We are very appreciative of the understanding from the public over the past month or two as we train new staff, conduct renovations and implement new policies and services." Bullock says "We aim to provide a better bowling experience for all of our future guests from league bowlers to families looking for a fun night out by providing more public bowling, a cleaner, friendlier environment and new and improved services from our licensed concession to our fully catered and hosted birthday packages."

The centre provides 12 lanes of 5-pin bowling with public bowling from 6:00 p.m. to 9:00 p.m., Monday to Thursday, 2:00 p.m. to 10:00 p.m. on Saturday, 2:00 p.m. to 9:00 p.m. on Sunday and Cosmic Bowling every Friday from 5:00 p.m. to 10:00 p.m.

Bullock's main emphasis will be on providing superior customer service and continuing to upgrade the facility to bring it into the current millennium. "If my guests don't thoroughly enjoy their time spent here and don't go on to tell their friends and family about our fantastic service, then we are not achieving what we have set out to do."

Canadian Forces Addictions Awareness Campaign 2010

Submitted by:
Mary Wilson, Health Promotion Director

The sixth annual Canadian Forces Addictions Awareness Week Campaign runs from 14-20 November. This year will feature a website contest available between 15-26 November. Check it out daily at www.forces.gc.ca/know-sais.

Our Forces Know…
I Know…
Do You Know…
When to say I've had enough
When to step in
When and how to ask for help
What is an Addiction Free "Internet Lifestyle"?

The word addiction gets thrown around sometimes without a clear understanding of what people are talking about. For some of us, images can come up of people needing to drink in the morning to take the edge off, or living on the streets searching for the next fix. But how does that relate to internet?

Addiction is a broad term that often gets confused with physical dependency (the body needing a fix). However, there are psychological or behavioural addictions as well. Looking at the internet and technology as an area of concern is still a relatively new field of study so there is not a set language yet on how to describe it. For the purpose of this article, we will just refer to it as a concern with internet.

Concerns with internet can be broken down into 3 distinct groups; excessive gaming, sexual preoccupations and e-mail/ text-messaging. In this day and age it is not like you can just avoid the internet completely and, really, not all internet or technology usage is bad. So, here are some guidelines to help you decide if you or someone else's internet use is a 'concern'.

There are four main areas to look at when you are considering your use of internet and other technologies.

First, is looking at the concept of ***time***. Some questions you could ask yourself are;

- Are you staying online longer than you originally intended?
- Do you find that you get so engrossed that you lose track of time?
- Are you neglecting other responsibilities, either at work or home, because of the amount of time online?

Second, is the concept of ***withdrawal.*** I know sometimes people wonder how you can have withdrawal symptoms when it is not a physical dependency; but it does happen. Mind you, the idea of phantom vibrating syndrome (when you feel your phone go off and it hasn't) is widely reported, which shows some connection between our body and our technology. Some questions you could ask yourself are;

- Do you feel nervous, anxious, or at a loss when you are without a piece of technology?
- If a piece of technology (i.e. phone, computer, MP3, gaming systems) were to break or be out of service would you become tense, also would you feel great relief when you were able to access it again?
- Do you feel anxious, depressed and/ or frustrated when internet and/or text messaging services is not accessible?

The third area looks at the concept of ***tolerance***; it includes the need for continuously better technology and/ or more hours of use. Some questions you could ask yourself are;

- Are you spending more money then you can afford in order to get the newest technology?
- Is being online affecting the amount of sleep you are getting?

Lastly, is concept of possible ***negative social repercussions***. Some questions you could ask yourself are;

- Have you decreased the amount of time you spend with family/ friends, in order to be online?
- Has staying connected online, kept you from socializing with people in your local area?
- Are your hobbies and interests limited to online activities?
- Have you ever been critized by someone close to you for the amount of time you spend connected to technology?
- Do you, on a regular basis, go online or message someone else while in a social situation?

These questions are just meant to be used to guide you to explore your internet and technology use or share with someone that you might be worried about. If you think that things are starting to be a concern, you can find out where help is available through your Health Promotion Office at 765-1494 Ext 5389 and online at www.forces.gc.ca/know-sais.

An Evening Planting Pink Tulips for Breast Cancer Awareness

The 1st Greenwood Sparks had an enjoyable evening planting pink tulips for Breast Cancer Awareness Month at Kingston and District School. The tulips were part of The Pink Tulip Foundation Planting for Prevention Program. The girls are looking forward to watching their flowers bloom in the spring! (Image submitted)

ANNAPOLIS EAST ELEMENTARY SCHOOL

Daily lunch combo includes main entrée, daily dessert, and white milk for $3.50

~ The following items are available at the Cafeteria daily ~

Sandwiches: $2.35; **Wraps** - $2.35; **Sub Sandwiches** - $2.00;
All sandwiches & wraps will include fresh/vegetable on the side.
Fresh Vegetables & Dip - $1.75; **Cheese & Cracker Plate** - $1.75;
Fresh Fruit & Yogurt Dip - $1.75; **Toss Salad** - $3.25 sm $2.50;
Caesar Salad - $3.25 sm $2.50; **Yogurt** - $1.25; **Yogurt Tubes** - $1.25;
Yogurt Parfaits with nut free granola - $1.50; **Cheese Strings** - $1.00
Fresh Fruit: Apples, Oranges, Kiwi, Grapes, & Bananas - $.75;
Gold Fish Crackers - $.60; **Frozen Juice Bars:** Orange & Cherry - $1.25;
Rice Crispy Squares - $1.00; **Smoothies:** Mon,Wed,Fri - $1.25;
Juice: Apple, Orange, 7-Fruit, & Wildberry - $1.25; White **Milk** - $.35;
Chocolate Milk - $1.35; **Welch's Fruit Snacks** - $1.25; **Apple Slices** - $1.00;
Pudding Cups (vanilla, butterscotch, banana) - $1.00;
Bagels (blueberry, plain) - $1.00; **Bagel & Cream Cheese** (strawberry, plain) - $1.50;
Applesauce (strawberry/apple, blueberry/apple, plain apple) - $1.00;
~~~ Canteen Items - CASH ONLY ~~~

There will be a cost for ALL condiments if your child is not purchasing lunch from the cafeteria.

Ketchup, Mustard, Relish - $.15 each; **Mayo & Salad Dressings** - $.25 each; **Barbecue/ Sweet & Sour Sauce** - $.40 each; **Cream Cheese (plain or strawberry** - $.50 each; **Cheese Whiz** - $.40 each; **Strawberry Jam** - $.15 each

We are a NUT & SCENT sensitive school with a smoke-free enviroment.

Nov 15th: Corn Chowder $2.00 • Oven Fries, Cheese & Gravey $3.00 • Orange Slices $1.00
Nov 16th: Taco Wraps with Melon Slices $3.00 • Yogurt $1.25
Nov 17th: Chicken Noodle Soup $2.00 • Meatballs, Rice, & Vegetables $3.00 • Yogurt Parfait $1.25
Nov 18th: Pizza Slice with Apple Slices $2.75 • Pudding $1.00
Nov 19th: Early Dismissal Students Dismissed at 11:30 a.m.

school lunch menu — KINGSTON & DISTRICT SCHOOL

Whole Sandwiches
1/2 Sandwiches (Asst. fillings) $1.30
Delux 1/2's.....$1.65
Full Sandwiches/Croissant/Wraps .$3.30

Hot Foods
One Hot Food Daily..... $2.50 - $3.00
Cup of Soup $1.00
Bowl of Soup $2.00
Teachers Plate..... $3.75 - $4.25

Beverages
Milk.....$0.35
Choc. Milk $1.50
Juice Small $0.75
Bottled Water $1.25
Yop $1.50
Oasis Juice Purple/Red/Yellow $1.25

Salads
Caesar Salad.....$2.50
Chicken Caesar/Greek/Spinach/Potato .$3.30

Snacks
Fresh Fruit (apple/banana/orange). $1.00
Fresh Fruit.... Small $1.50 - Large $3.00
Veggie & DipSmall $1.50 - Large $3.00
Nacho Chips & Salsa.....$1.25
Sun Chips/Frito Chips..... $1.50
Yogurt/Apple Sauce/Fruit Cups ..$1.00
Cheese.....$0.80
Pepperoni & Cheese $1.25
Bagel with Cream Cheese.....$1.25
Bagel 1/2 w/Flavored Cream Cheese & Fruit$1.50
Boiled Egg $1.00
Gold Fish Crackers $0.60
Welch's Chews $1.25

Freezer Items
Frozen Juice Bar $1.25
Yogurt Tubes $1.25

Desserts
Muffins/Biscuits.....$1.00
Cookies $0.50
Yogurt Parf/Cinnamon Bun/Apple Delight $1.25

Condiments / Cutlery
Ketchup/Mustard/Relish.....$0.15
Mayo & Salad Dressing.....$0.30
Fork/Knife/Spoon $0.05
Cream Cheese/Chesse Whiz pkg ...$0.50
Butter pkg $0.25

Daily Specials (Mon-Thur): Price Includes Hot Meal, Dessert & White Milk - $3.25 - $3.75

There is a "NO" Charging Policy in Effect • Milk Card Available $7.00 for 20 Milk

Mon: Poutine $3.25
Tues: Lasagna with Garlic Toast $3.75
Wed: EARLY DISMISSAL
Thurs: Grilled Cheese Sandwich & Soup $3.25
Fri: Chicken Burgers Lettuce & Tomato $3.50

This menu brought to you compliments of:

FRASER'S PRO Home Centre
BERWICK • 1-800-959-3727
KINGSTON • 1-902-765-3111
KENTVILLE • 1-902-678-8044
BRIDGETOWN • 1-902-665-4449
www.frasers.ca

PUBLICATION DATES & DEADLINES

The Aurora newspaper

The Remaining Publication Dates for 2010 & Deadlines for all Advertising, Classifieds, Editorial, Articles & Photos are the following:

22 Nov issue – Deadline 17 Nov
29 Nov issue – Deadline 24 Nov
06 Dec issue – Deadline 01 Dec
13 Dec issue – Deadline 08 Dec
20 Dec issue – Deadline 15 Dec
27 Dec 2010 – NO NEWSPAPER

The office will be Closed from 22 Dec to 28 Dec 2010

The office will re-open 29 Dec 2010
The first issue of 2011 is
04 Jan 2011 • Deadline 30 Dec 2010

If you have any questions please give Anne a call at 765-1494 ext 5833

FOR YOUR INFORMATION

UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS

FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

Kingston & District Health Auxiliary Coffee Party & Silent Auction

Friday November 19, 2010, 9:30 - 11:30 a.m. at the Kingston Fire Hall. Proceeds from the coffee party go to: V.O.N. Thanks for your support.

Breakfast with Santa

Free admission at Lawrencetown Consolidated School on Saturday, November 27th - 8:30 a.m. until noon. Huge Ticket Auction, Craft Tables, Activates for Kids, Pancake Breakfast - Adults $3.00 Children $2.00.

The Annapolis Valley Community Church of the Nazarene

Invites you to an evening of: Chili, Chips, Chocolate & Chuckles. November 27th starting at 4:30 p.m. to 6:30 p.m. at 738 Tremont Mountain Road. Tickets are $7.00 and can be purchased at the door or in advance by contacting: Sharon Simoneau at 825-4609

K'TON/G'WOOD Living with Cancer Support Group

The Canadian Cancer Society "Living With Cancer" Support Group will hold its November monthly gathering at a new location, Queen of Heaven Chapel Annex, 14 Wing Greenwood from 7:00-9:00 p.m. Monday, 15 November 10. Guest presenter for the evening is Nurse Dianna Hutt, CCNS Cancer Care Patient Navigator, AVH Kentville. Her topic for the evening will be on "Navigator Duties/Responsibilities". Cancer patients, their family and friends or anyone seeking information on cancer are most welcome and encouraged to attend. For information call Lloyd Graham (765-6133) or Lynda Pierce 765-3055.

You are Invited to an International Pot Luck Supper

Hosted by: Lisa Fontanella, Settlement Navigator. Are you an Immigrant to Canada? You and your family are invited to a free multicultural evening of international food, fun and friendship! Please bring a dish of homemade food from your culture to share with others! Where: Kentville Lions Club, 78 River Street, Kentville. When: Saturday, November 20th. Time: 4:30 p.m. Please let Lisa know if you are coming, call 678-2298 or email: lfontanella@kingsrda.ca. Hope to see you there!

Community Breakfast

Saturday November 27, 8:00-10:00 a.m. There will be a Community Breakfast at the Kingston Baptist Church, Main St, Kingston. For a free-will offering, come and enjoy a hot, delicious breakfast. All are welcome. Thank You!

Family Turkey Dinner

The Knights of Columbus, Council 6297, are holding a roast turkey dinner on December 5th at St. Monica´s Church Hall. 5:30 for 6:00 p.m. $12.00 per person. Business Dress. Menu is Soup, Roast Turkey, Potatoes, Vegetables, Desert, Coffee, Tea. Everybody is invited. Tickets available from Knights of Columbus members.

Piano Concert by Heather Pineo Regan on November 21 in Wolfville

Canadian Federation of University Women (CFUW) Wolfville is pleased to announce a piano concert by Heather Pineo Regan on Sunday, November 21, at 2:00 p.m. at the K.C. Irving Environmental Science Centre, Acadia University, Wolfville. Ms Pineo Regan will play music by the composer Frederic Chopin in celebration of his 200th birthday and she will also launch her newest CD featuring Chopin's music. Admission is free and all are welcome. Attendees may give a free-will offering in support of a CFUW Wolfville Project. CD's will be available for purchase prior to and following the performance. For more information, please call Winnie Horton at 542-2352.

Knights of Columbus

The next meeting of Knights of Columbus, Greenwood/Middleton Council 6297 will be held on November 15th in St. Monicas Hall at 7:00 p.m. All current members, past members and any members relocating to the Greenwood/Middleton/Berwick area are invited to attend. For more information call Kent Sill at 765 2734. Thank You

The Nutcracker, Cadance Academy's Magical Presentation

The Nutcracker, Cadance Academy's magical presentation of the much-loved ballet classic and traditional Christmas favourite, will be performed on Saturday, December 4th (2:00 and 7:00 p.m.), and Sunday, December 5 (1:00 p.m.) at Festival Theatre, Wolfville. Ticket prices: $15 for adults and $12 for students, seniors, and children. Tickets can be purchased at Acadia Arena Box Office - 542-5500 or 1-800-542-8425. Additional information: www.cadanceacademy.ca or call 679-3616.

Christmas Tea

The Aylesford United Church is having a Christmas Tea on November 27, 2010 from 2:00 p.m. – 4:00 p.m. Admission is $6.00. A door prize will be drawn for. Everyone welcome.

Special Brunch

Sunday November 28th after 11:00 a.m. Mass at St. Monicas Church Hall. Your support will help feed those who cannot feed themselves. Only $4.00. Sponsored by Knights of Columbus, Greenwood / Middleton Council. Pancakes, sausages, hash browns, ham, scrambled eggs, coffee, tea, juice. Everyone welcome. Contact Kent Sill at 765 2734 for more information.

Authors Ink Creative Writers

Meet 10:00 a.m. to 12:00 p.m., Wednesday, November 17th, at Macdonald Museum, 21 School Street. Cost is $3.00 per person to attend. All welcome. Please phone 825-6116 for details.

"Funds for Fuel" Bridge Party

Monday, November 22nd at Macdonald Museum, Middleton. Play begins at 1:00 p.m. sharp. Cost is $4.00 per person, light refreshments provided. Please phone 825-6116 for details.

Annapolis Valley Historical Society

Meeting, 7:30 p.m., Tuesday, November 23rd, Macdonald Museum, Middleton. Special Christmas program includes guests Rev. Karen Ralph and the St. John's United Church choir of Middleton. All welcome. No admission charged. Call 825-6116 for more information.

Christmas Centrepiece Workshop

Register now at the Macdonald Museum, 21 School Street, Middleton by calling 825-6116 or dropping in. Cost is $15.00 per person, most supplies provided. Make a beautiful centrepiece for the holidays under the direction of an experienced local florist. Workshop to take place 9:30-11:30 a.m., Thursday, November 25th at the Macdonald Museum. Proceeds to the Museum. Call now to register or get information at 825-6116.

Christmas Coffee Party

HOROSCOPES

November 14 - November 20

ARIES - Mar 21/Apr 20
Aries, an interesting meeting with someone you haven't seen in a while gets you thinking about future projects. Creativity is flowing.

TAURUS - Apr 21/May 21
Taurus, a mistake has others wondering who is to blame, but you know the truth. Errors are inevitable, so don't let it get to you too much. Redemption is coming.

GEMINI - May 22/Jun 21
Gemini, what seemed like a chance encounter is turning out to be more of a routine meeting. Perhaps this person has feelings for you that have otherwise gone unexpressed.

CANCER - Jun 22/Jul 22
It's not like you to ask for help, Cancer. But this week even you can't take it all on. Talk to Scorpio or Aquarius for some ideas and a starting-off point. They'll be happy to assist.

LEO - Jul 23/Aug 23
Leo, you dug up a photograph and were laughing at how you looked only a few years back. Make a few new memories this week with close friends and family.

VIRGO - Aug 24/Sept 22
Virgo, mull over all the possibilities before looking for a job with a different organization. Don't give notice until you have something new already lined up.

LIBRA - Sept 23/Oct 23
Don't rely too much on chance, Libra. It will take a bit more planning to tackle something you need to get done in the days to come. Start thinking about it.

SCORPIO - Oct 24/Nov 22
Hold a loved one close, Scorpio, because you don't know when you may see this person again. It's best to make the most of every moment you have with family.

SAGITTARIUS - Nov 23/Dec 21
Sagittarius, if you rush through events you will hardly enjoy them. Linger and savor all of the sights and sounds of parties and special moments.

CAPRICORN - Dec 22/Jan 20
Capricorn, you're losing lots of energy because you have been running yourself ragged. If you don't take a break, then your body will take it for you.

AQUARIUS - Jan 21/Feb 18
Just when you thought you could circumvent something that would cost a lot of money, a new problem arises that will make avoidance impossible. Take it in stride.

PISCES - Feb 19/Mar 20
Pisces, a minor adjustment will give you an entirely new perspective. You know you'll be able to handle anything.

FAMOUS BIRTHDAYS

NOVEMBER 14	Prince Charles, British Royalty (62)
NOVEMBER 15	Zena Grey, Actress (22)
NOVEMBER 16	Lisa Bonet, Actress (43)
NOVEMBER 17	Danny DeVito, Actor (66)
NOVEMBER 18	Owen Wilson, Actor (42)
NOVEMBER 19	Meg Ryan, Actress (49)
NOVEMBER 20	Joe Biden, Vice President (68)

Horoscopes brought to you compliments of:

Notice

Effective Immediately

Announcements

There will be a charge for all ***Birthdays, Anniversaries, Engagements, Weddings, Births, Card of Thanks, & Memoriams***

Text without a photo
2 col by 2 inches
$15.00 (tax incl)
Text with a photo
2 col by 2 ½ inches
$20 (tax incl)
Text without a photo
2 col by 4 inches
$25 (tax incl)
Text with a photo
2 col by 4 inches
$30 (tax incl)

There will be no charge for Military Obituaries of 150 words or less. For more information, contact Anne Kempton at 765-1494 local 5833

The Aurora newspaper

The Aurora newspaper

PRESENTS... FIND & WIN

Just Fill in The Blanks. Three Easy Ways to Enter.
1. Through our website: www.auroranewspaper.com
2. Fax: 765-1717 3. Drop into our office located on School Road (Morfee Annex)
No Central Registry or Canada Post please.
Deadline: Noon, Thursday, November 18, 2010.
Make sure you include your full name and phone number.

NAME **PHONE NUMBER**
Limited to one win per family in a TWO MONTH PERIOD.
The winner will be drawn randomly from all correct entries. Only one entry per family per week.

Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! *Coupon Valid for 30 days!*

1. When is den Haan's No Tax Christmas Party_____
2. Who has 2 Employment positions for Evening Support Staff _____
3. What band is playing at the Annapolis Mess on New Year's Eve _____
4. What number do you call for receive military discounts on storage rental_____
5. How much can you save on an 11-piece Paderno Set_____

This contest is brought to you by:
Pizza Delight, Greenwood
765-4477

Congratulations to last week's winner: DEBORAH GILLIS

10:00 a.m. to 1:00 p.m., Saturday, November 27th, at Macdonald Museum, 21 School St, Middleton. Come in for some holiday refreshments amidst a lovely Christmas setting. Free will offering. Call 825-6116 for details.

"Funds for Fuel" Bridge Party

Monday, December 6th, at Macdonald Museum, Middleton. Play begins at 1:00 p.m. sharp. Cost is $4.00 per person, light refreshments provided. Please phone 825-6116 for details.

Sunday Worship Service at New Beginnings Center

1151 Bridge St., Greenwood. The service is at 10:45 a.m. each Sunday. There is a program for the children and a Fellowship Pot Luck Lunch after the service. Everyone is welcome.

A Country Music Concert

Featuring Paul Marshall's "Best of Intentions Band" and their guests, will be held at New Beginnings Center 1151 Bridge St., Greenwood. The Concert is Saturday, November 27th at 7:00 p.m., admission is $5.00 and a canteen will be available.

Chinese Auction

November 27, 2010 from 10:00 a.m. to 3:00 p.m. Center Court, Greenwood Mall. All proceeds go to the Upper Room Food Bank.

VPI "Non Meeting" 16 November

The VPI will hold its first "non-meeting" type meeting on 18 November at the VPI Centre at 1500 hrs. This is in response to the last "real meeting" where it was suggested that a social get together once a month for a couple of hours would be welcomed by the majority of members. We will try it out and see the results.

Kingston Area Seniors Association

Kingston Area Seniors Association meets the second Wednesday of each month at 10:00 a.m. at the Kingston Branch No 98 of the Royal Canadian Legion. Fun day (cards & games) every second and fourth Friday of the month at 1:00 p.m. For more information contact Minnie Rogers at 765-3292.

Toastmasters

Do you think you might like to MC an event someday? Does the thought entice and terrify you? Then you will love Toastmasters. We meet every Tuesday, 6:15 - 8:00 p.m. at 14 Wing Greenwood, Building B 221, Air Commodore Birchall Training Centre (home of the Zedex Theatre), Classroom 7. Guests are invited to attend to see why we come back each week. We learn by doing. See <http://annapolis.freetoasthost.net/> Annapolis.freetoasthost.net or phone Christine at 825-1061 for further info.

Craft & Bake Sale

Torbrook Baptist Ladies Craft & Bake Sale November 19, 2010 at Greenwood Mall. Proceeds support Church projects, AEES Hot Lunch Program and more.

Comedy Night

Featuring: *Sugar-Free Leonard* (Previously toured with Yuk Yuks) November 20, 2010, at the Capital Pub on Main Street in Middleton. Show Start time at 7:30 p.m. Doors open 6:30 p.m. Tickets: $10.00/person. Available at Middleton Pharmasave and at the Capital Pub. Door Prize Draw & 50/50 draw. In Support of Middleton Minor Baseball.

Children's Wish Foundation Fund Raising Light Show

My name is MCpl Mario Larose, AVN Technician for 413 Squadron at 14 Wing Greenwood. My family and I are inviting everyone to our Children's Wish Foundation fund raising light show located in the Forest View Estate subdivision in Nictaux, on Balcom Crescent Street. There will be over 15,000 LED lights dancing to the sound of Christmas music on FM transmission (short range) 107.9 FM radio. The light show will start on November 24th and continue throughout the entire Christmas period. The show will run from 17:00 hrs (5:00 p.m.) till 22:00 hrs (10:00 p.m.) Sunday to Thursday and from 17:00 hrs (9:00 p.m.) till 23:00 hrs (11:00 p.m.) on Fridays and Saturdays. There will be an illuminated sign on Nictaux road to guide you to our display. We look forward to seeing you. There will be a donation box during these times. Thank you for your support! MCpl Larose & Family.

Name the Christmas Piece

How well do you think you know all the Christmas carols & songs? All Saints Anglican Church is presenting this fabulous fun evening on Saturday December 11th in their hall at 7:00 p.m. Parts of fifty pieces will be played and game pads are provided to name the pieces of music. You will also be entertained by Cheryl VanDerPryt with a variety of Christmas melodies and a singsong while a panel of judges are marking the entries. A huge basket of Christmas items will be the prize. Seasonal refreshments will be available. There will be a free-will offering.

Big Breakfast

Middleton Curling Club, 6 King Street. Saturday November 20 from 8:00 to 11:00 a.m. $6.00 per person. A Community favourite.

Alcoholic Anonymous

The Greenwood Group of Alcoholic Anonymous has temporarily moved to Queen of Heaven Chapel Annex. Meetings will be held be in a quiet room upstairs. Meetings will be held every Tuesday at 8:00 p.m.

Kingston & District Health Auxiliary Coffee Party & Silent Auction

Friday Nov. 19, 2010, 9:30am-11:30am at the Kingston Fire Hall. Proceeds from the coffee party go ton: V.O.N.

Sudoku

Solution page 22

	4						5	
1				7		9	2	
7		9	2	5		1		8
4			8		5			
8		5			7	4		
6	9		4		3		1	5
5				3	8	2		
				6				4
3	7	2			9	6		

Level: Beginner

Fun By The Numbers

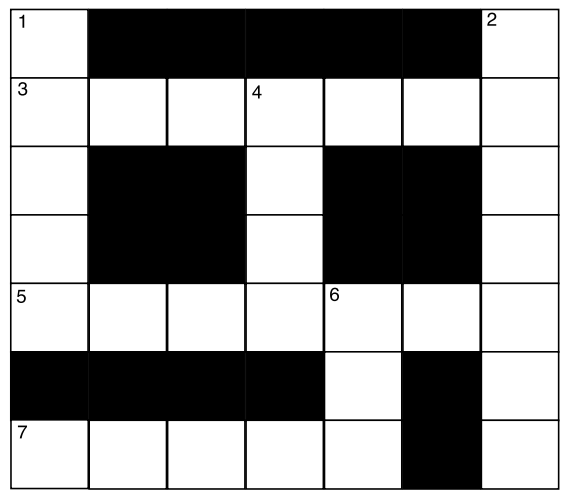
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku brought to you compliments of:

This Spot Could be Yours
$15.40 plus HST
Give Anne a Call 765 1494 loc 5833

PATRICK'S PUZZLE

Crossword Puzzle



ACROSS
3. Style of speaking
5. To make thicker
7. Young person

DOWN
1. Legally take another's child
2. Babies
4. Type of powder
6. Another word for child

Answers:
Across
3. diction 5. thicken 7. child
Down
1. adopt 2. infants 4. talc 6. kid

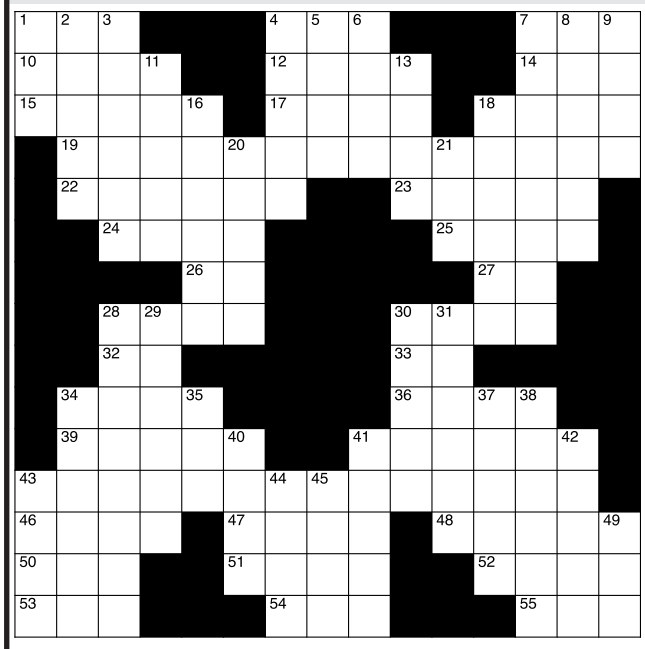
Patrick's Puzzle brought to you compliments of:

tri County Communications
Greenwood Mall
TELUS authorized dealer
Cellular Sales & Service
Authorized Product Care Centre
765-2415

Metro Crossword

Spelling: US English

Solution page 22



ACROSS
1. Not wet
4. Defensive nuclear weapon
7. Play a role
10. No longer alive
12. Not messy
14. Indian Hills Press poet
15. Silkworm moths
17. Scarlett's home
18. About aviation
19. Husbands & wives
22. Bed linens
23. Portico
24. "Rule Britania" composer
25. The Plains of Olympia
26. Morning
27. Libyan dinar
28. Scottish tax
30. Allegheny plum
32. In the year of Our Lord
33. The golden state
34. A long narrow opening
36. Singles
39. Writes bad checks
41. Skulls
43. Trotsky & Lenin
46. Town in Mauritania
47. Scournful sounds
48. Russian Black Sea resort
50. What part of (abbr.)
51. Mentally healthy
52. Disorderly retreat
53. The woman
54. Cony
55. Married woman

DOWN
1. Tooth caregiver
2. Enlarges hole
3. Motorcycle maker
4. Initial wagers
5. Small pierced orb
6. Designer Jacobs
7. South Australia capital
8. Loving stroke
9. The "terrible" age
11. More desperate
13. N.M. art colony
16. Sports venues
18. Brother of Artemis
20. Individual articles
21. S.W. native Am. people
28. Drool
29. Text reviser
30. Reject with contempt
31. Roofed patios
34. Preliminary drawing
35. ___ Aviv, Israel
37. Belgian painter James ___
38. Humorous drama
40. Grinders
41. Lettuces
42. Chief Assyrian God
43. Window taps
44. More terrestrial frog
45. New Rochelle college
49. Belonging to a thing

Metro Crossword brought to you compliments of:

This Spot Could be Yours
$15.40 plus HST
Give Anne a Call 765 1494 loc 5833

Classified Ads

Classified advertisements, 35 words or less, $6.00 including tax. Additional words are 10 cents each plus tax. $1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of $1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX or Debit or Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

One of the Most Viewed Pages in the Newspaper

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.

To place a Classified Ad by Word Count call Candace Ernst at 765-1494 local 5440. The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to aurora@auroranewspaper.com. Fax: 765-1717.

FOR SALE

FOR SALE - Ladies winter coats in various sizes, casual or dressy. $5.00 each. Fox fur coat $50. Call for more details. Ph: 765-0277 (3144-ufnbs)

FOR SALE – Canadian Forces Mess Kit. Jacket is size 48 and pants are size 40 waist. Call 765-2295. (3144-2tpb)

C.HANSON DOWELL, Q.C
250 Main St., Middleton
825-3059

PARKER & RICHTER
Barristers, Solicitors, Notaries
Chris Parker L.L.B
Ronald D. Richter
(B.A. Hon.), L.L.B.
Southgate Court,
Greenwood N.S.
Phone: **902-765-4992**
Fax: **902-765-4120**
"Serving the Western Valley Since 1977"

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Barristers, Solicitors, Notaries
W. Bruce Gillis, Q.C.
Blaine G. Schumacher, CD
(Also of the Alberta Bar)
Counsel:
Clare H. Durland, Q.C.
(Non-Practicing)
Phone (902) **825-3415**
Fax (902) 825-2522
74 Commercial Street
P.O. Box 700
Middleton, NS
B0S 1P0

cole sawler
Barristers • Solicitors • Notaries
Stephen I. Cole, LL.B.
Craig G. Sawler, LL.B.
264 Main Street, Middleton, N.S.
Tel: 902-825-6288
Fax: 902-825-4340
Email:
info@colesawlerlaw.ca
Website:
www.colesawlerlaw.ca
Evening and Weekend Appointments Available

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YOUR LOCAL USED CAR DEALER
Licensed Mechanic Available on Site
•Rust Check
•U-Haul Dealer
www.freemans autosales.com
820 Main Street, Kingston
765-2544 765-2555

FOR RENT

FOR RENT – 2 Bedroom Mobile located in Kingston. $650.00 a month, utilities included. Phone 847-5046. (3139-ufn)

FOR RENT – Small bachelor house located in Kingston. $535.00 a month, utilities included. Phone 847-5046. (3139-ufn)

FOR RENT – Fully furnished, one bedroom adult apartment on ground level. Newly decorated, clean and modern. Separate entrance, ample parking. All utilities included in rent. Located in Aylesford, adjacent to the 101 Highway. Nine minutes to CFB Greenwood making it ideal for armed forces personnel on imposed restrictions. Smoke free, laundry facilities available. Application form, references and security deposit required. Please call 847-9244 or 847-1268 or e-mail us at jackliv@eastlink.ca. Available November 1, 2010. (3142-ufnb)

FOR RENT – 2-bedroom mini home with outside barn for extra storage. Located behind Greenwood Mall. Fridge, stove included. Washer /dryer hookups. $650.00 plus utilities (Heat electric) snow removal & lawn care provided. Call 765-4206. (3142-ufnb)

FOR RENT – 1 Bedroom apartment located in Kingston. 5 appliances included. Heat, lights, cable, TV, telephone are included. $900.00 a month. 2 Bedroom apartment located in Kingston 5 appliances included. $750.00 a month or $1400.00 a month for everything included and fully furnished. Call 242-3009 or 242-2887. (3143-ufnb)

FOR RENT – 2 Bedroom duplex. 10 minute walk to mall. Adult building. $685.00 a month, lights & heat included. No pets. Call 765-4132. (3144-ufn)

FOR RENT – Beautiful home on 1 acre landscaped property in quiet residential area 5 minutes from CFB Greenwood and shopping. 2 bedroom, 1.5 baths, approx 1800 sq. ft. large stone fireplace 200 AMP service. $875.00 a month, pets allowed, available Nov 1st. Includes fridge, stove, dishwasher, washer & dryer. Phone 670-6522. (3139-6tpb)

FOR RENT – 3 Bedroom side of a duplex in Middleton with garage, laundry hookup, nicely renovated, no smoking or dogs. Reference required. $600.00 a month plus utilities. Available Nov 1. Call 840-3580. (3143-3tpb)

FOR RENT – 2 Bedroom apartment in Middleton. Upstairs apartment. Bright and sunny, freshly painted, new flooring. $525.00 plus utilities. Close to schools and hospital. Call 825-3424. (3143-3tpb)

FOR RENT – For quiet mature adult. Comfortable newer two bedroom apartment in adult building. Easy St, Greenwood area. Lawn care and snow removal included. Fridge and stove included. $440.00 a month. Call 765-2042. (3143-2tp)

FOR RENT – Apartment for rent. Quiet one bedroom apartment in Wilmot. Fridge, stove, microwave included. Washer/dryer hookups. Non smoking. $600.00 a month. Lights and heat included. For more info call 825-6024. (3143-2tp)

FOR RENT - CLEAN, MODERN ONE BEDROOM APARTMENT. Suitable for professional person. Greenwood IR Personnel welcome. Fully furnished with quality furniture, fridge, stove, washer, dryer, deep freeze and microwave. Two remote TV's. Good location on ground level. Front and back private own entrance. Back deck with BBQ. Located at 1013 Main St Kingston. Private paved parking for two. Lawn care & snow removal. Non-smoker. No Pets. $800.00 per month includes all utilities as well as phone and high speed internet. Available immediately. Call 765-6741(3144-1tpb)

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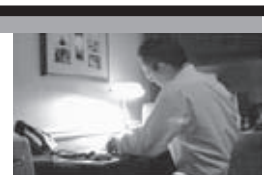

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Sudoku Solution

2	4	6	9	8	1	3	5	7
1	5	8	3	7	4	9	2	6
7	3	9	2	5	6	1	4	8
4	1	3	8	9	5	7	6	2
8	2	5	6	1	7	4	9	3
6	9	7	4	2	3	8	1	5
5	6	4	1	3	8	2	7	9
9	8	1	7	6	2	5	3	4
3	7	2	5	4	9	6	8	1

"Youth Happenings" at 14 Wing Community Centre

By: Recreation Youth Worker; Megan LeMoine

Make sure to sign-up for our Family Trip to Dartmouth Crossing before Thursday Nov. 18. We are going Christmas Shopping, then catching an IMAX movie and after it all relax and enjoy a meal. The cost for this trip is $10, which includes transportation, meals and movie tickets are extra. For more information please call 765-8165. Here's what's happening this week.

Boys Club
Open Gym
Monday Nov. 15
4:30-6pm

Boys come to The Centre to play a game of hockey, basketball, badminton, anything you want! It's Open Gym night!

Teen Council
Tuesday Nov. 16
3-4pm

Come to The Centre to discuss and plan upcoming events.

Active Chicks
Tea Party
Wednesday Nov. 17
6-7:30pm

Girls, come to The Centre for a Tea Party! We will make our own Tea Party hats while enjoying tea and sweets!

Teen Activity
Crafts
Thursday Nov. 18

Teens come make a craft for someone special!

Special Events
Bingo
Friday Nov. 19
Pre-teen- 6-7:30pm
Teen- 8-9:30pm
Cost- $1

Bring your lucky socks kids, its Bingo night at The Centre! For only $1 you get all the Bingo cards you want, with cool prizes to win after each game! There will be hot-dogs and pop for sale which are $1 each. BINGO!

Family Trip
Saturday Nov. 20
Time- 12-9pm
Cost- $10

This trip is only for Military members, their families or Rec. Card holders. We will leave The Centre at 12pm and arrive around 1:30pm, shop, watch a movie, eat supper, explore. At 7:30pm we will get back on the bus and return to The Centre around 9pm. Please come to The Centre before November 18 to register for this trip.

Teen Trivia and Treat Night
Tuesday Nov. 23
6-8pm

Teens come test your skill and knowledge on random facts! Who knows what you'll learn! Our treat will be ice-cream sundaes!

Dance
Friday Nov. 26
Pre-teen- 6-8pm $3
Teen- 8:30-11:30pm $4

Come to The Centre, we're having a dance! Bring a friend, tell a friend, it's where your friends are!

Movie and Treat Night
Saturday Nov. 27
Pre-teen- 6-8pm TBA
Teen- 8-10pm TBA
Cost- Regular Sundae$2 or Supreme Sundae$3

Classifieds Continued

healthy, safe and educational environment. As well as snacks, lunches, circle time and craft time. Please contact Kim at 765-0754. (3142-4tpb)

SERVICE – Self Storage located in Kingston, units available 5'x12', 5'x13', 8'x10'. Prices vary call 825-3607. (2931-ufnb)

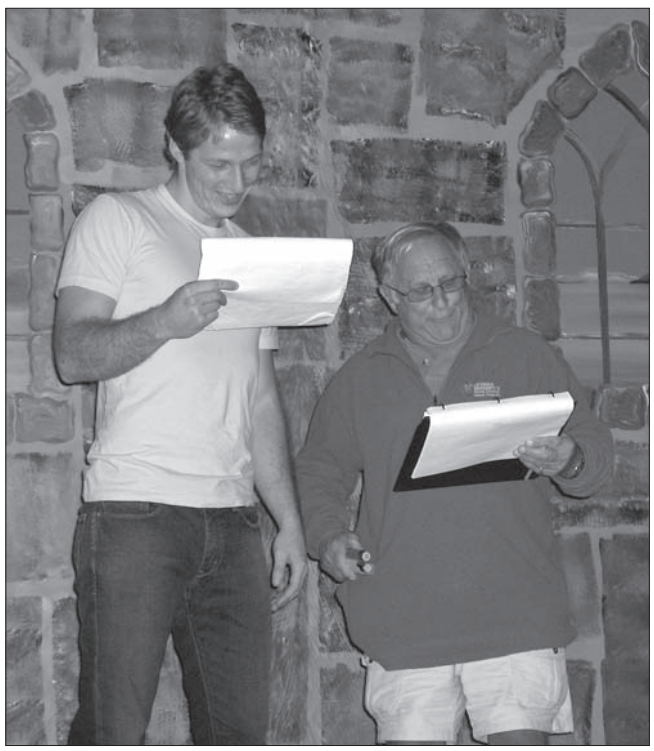
SERVICE – Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates – flexible hours. Call Mike at 242-2465 or 840-0529. Greenwood/Kingston (3024-ufn)

SERVICE - Are you looking for an excellent way to prepare your children for school? Well we have the answer for you! Dwight Ross Kids Care is a Licensed Childcare Center & preschool program that is now accepting enrollment. Monday to Friday from 9:00 a.m. to 12:15 p.m. Nutritious snacks are provided. We also have a before and after school care program available. We would like to welcome our new staff member Cynthia Ernst. Call Shelly Mabee at 765-3215 or 848-6070 for more information. (3143-ufnb)

GREENWOOD PLAYERS THEATRE GROUP

PRESENTS
"Robinson Crusoe"
AVM Morfee Centre
December 7th to 11th
Curtain Time 7:30 p.m.
Tickets $8:00

Time is drawing closer so put this date in your calendar. Come and see how Robinson Crusoe triumphs over Blackpatch and the spear thumping natives on the Island of Tobago in his quest for hidden treasure.



Featured this week is Geoffrey Tziolas (Robinson Crusoe) and Roger Brooks (Old Jim).

14 Wing Junior Curling Program!

The 2010 / 2011 Curling season is now well underway and we will continue to meet at **4:30 p.m. every Tuesday**. Our junior program is open to anyone between the ages of 11 and 18 for $50 or $75 for two or more children, **to anyone with a Community Recreation Card**. Please note if your child does not have a Community Recreation Card then there is the Once Activity "Youth Sport" card available for only $30. Registration can be done at the Curling Club but your Rec Card must be bought at the 14 Wing Community Centre.

We would like to mention that it is mandatory for all juniors to wear **proper indoor footwear** (carry with you when you arrive) so please come prepared. We also encourage all participants to wear warm and comfortable clothing (jogging pants, gloves, etc) since we plan on spending most of the first day on the ice!

Brooms are provided along with sliders for the youth to experiment with. All that is required is an interest in the game and a willingness to learn more and meet new friends. Please note, if you feel that your youth may be more comfortable on the ice with either a bicycle or hockey helmet, then we strongly encourage the use of one.

Curling is a very fun, and inexpensive way to stay active during the winter and an excellent way to meet new friends! Even though our program is recreational, it is also our plan to once again curl against the neighbouring Curling Clubs this winter, from Berwick and Middleton, and we would like to host a spiel as well.

Once again the fee is $50 or $75 for two or more children. There are two payment options; you can either pay the entire amount upfront or sign up to pay half the dues by the end of October and remaining balance at the beginning of January. Plus, please note that you must have a 14 Wing Community Recreation Card in order to become a member. If you're interested in curling or learning more about our weekly program, please call Eric MacKenzie at 765-1494 ext. 5337 or come out to our next practice on Tuesday November 16th or 23rd!

EMPLOYMENT OPPORTUNITY
Greenwood Military Family Resource Centre

Greenwood Military Family Resource Centre — MFSP Military Family Services Program — PSFM

Evening Support Staff
(Two positions available)

Two Evening Support Staff are required to work during GMFRC extended hours of operation, from 4:00 to 9:30 p.m. (evenings; and occasional days and weekends as required). Due to a sporadic schedule, this position requires flexibility and involves reception duties, overseeing services during extended hours, building security, and providing operative and administrative support to staff in general.

Applicants must have strong customer service skills, be proficient in Outlook, Access, MS Word, Excel, Publisher and general office procedures. Candidates must have the ability to handle emergency situations and should be knowledgeable of GMFRC programs and services. Previous experience volunteering at the GMFRC and bilingualism are definite assets.

Rate of pay: $10.50 per hour

Please hand deliver, fax or email resume no later than **4 p.m. Friday, November 26th, 2010. Resumes should be directed to the attention of:**

Karen Doiron, Evening Support Staff Supervisor
Greenwood Military Family Resource Centre
AVM Morfee Centre, Building 83, School Road, Greenwood
Email: Karen.Doiron@forces.gc.ca
Fax: 902-765-1747

We thank all applicants for their interest, however, only those selected for an interview will be contacted. **Anticipated start date will be January 4th, 2011.**

The Greenwood MFRC is committed to employment equity.
You can read more about the GMFRC at: www.familyforce.ca

POSSIBILITÉ D'EMPLOI
Centre de ressources pour les familles de militaires de Greenwood (CRFMG)

Greenwood Military Family Resource Centre — MFSP Military Family Services Program — PSFM

Employé(e) de soutien de soirée
(Deux positions)

Les candidat(e)s de soutien devront travailler en soirée soit de 16h00 à 21h30 du lundi au mercredi et occasionnellement durant les heures régulières 08h00 à 16h00 et fins de semaine. Les horaires seront sporadiques et nécessiteront une grande flexibilité de temps.

Les candidat(e)s devront remplir les tâches reliées à la réception y compris le service de location d'équipements pour enfants ainsi que tous les autres services offerts en soirée. Les candidat(e)s devront aussi apporter un support administratif et opérationnel aux membres du personnel régulier et s'assurer de la sécurité du Centre aux heures de fermeture.

Les candidat(e)s doivent posséder de très bonnes aptitudes en relations publiques, une très bonne connaissance du mode de fonctionnement d'un bureau et des mesures à suivre en situation d'urgence ainsi que maîtriser les logiciels informatiques suivants : Outlook, Access, Excel, MS Word, et Publisher. Le bilinguisme et l'expérience comme bénévole passée ou présente sont considérés des atouts.

Le taux de salaire est $10.50 par heure.

The Déposer, faxer ou envoyer par courriel un c.v. en anglais, qui devront arriver au plus tard le **26 novembre 2010 à 16 h, à :**

Karen Doiron, Superviseur du personnel de soutien de soirée
Centre de ressources pour les familles militaires de Greenwood
Centre AVM Morfee, Édifice 83, Chemin School, Greenwood, N.-É.
Courriel : Karen.Doiron@forces.gc.ca
Télécopieur : (902) 765-1747

Nous remercions tous les candidat(e)s intéressé(e)s, mais seulement ceux ou celles sélectionné(e)s pour une entrevue seront contacté(e)s. **Nous anticipons que la date du début d'emploi sera le 04 janvier 2011.**

Le CRFM Greenwood pratique l'équité en matière d'emploi.
Pour plus de renseignements sur le CRFMG, veuillez visiter le site du CRFMG : www.familyforce.ca

The End of an Era

Closure of Avionics Labs, a Centre of Electronics Excellence

Current serving members and retired Avionics Technicians from various units gathered on Friday 1 October, 2010 to mark the end of an era in 14 Air Maintenance Squadron (14 AMS), the closure of the 2nd line Avionics Labs organization. The event conjured a wide range of emotions, from enthusiastic revelation of favourite stories to solemn acceptance that this centre of specialty skills in repairing aircraft electronic systems had come to an end.

The Labs organization had one of the most challenging roles associated with supporting the various Anti-Submarine warfare aircraft that have been the centerpiece of operations at 14 Wing Greenwood over the years. These aircraft relied extensively on their complex electronics to perform this challenging mission. Maintaining these systems was the demanding responsibility of the Labs. Anyone familiar with the interior of the CP-140 knows it can be thought of as a 'bus full of electronic boxes', and can appreciate the amount of support the Avionics Labs provided.

The ceremony featured several speeches and Lieutenant Colonel (LCol) Flynn, Commanding Officer of 14 AMS, expressed his sincerest appreciation for what the Labs organization contributed to the reputation and legacy of 14 AMS. He was followed by the Acting Wing Commander, LCol Major, who highlighted the importance of providing functional equipment to the operators of the CP-140. These comments were followed by a number of previously serving members of the Labs regaling the audience with fond memories and humorous anecdotes.

Lieutenant Les Karasz, now an Aerospace Engineering Officer in Training, recalls his earlier days as an Avionics Technician, working in Labs in the late 80's and early 90's.

Lieutenant Colonel Flynn, Commanding Officer of 14 Air Maintenance Squadron, presents Squadron Chief Warrant Officer (SCWO) Pitman with a commemorative plaque to mark the history of the Avionics Labs organization. SCWO Pitman is accepting the plaque on behalf of all the technicians that served in Labs throughout its history.

(Images: 14 AMS Wing Imaging)

A brief history dating back to the early roots of the Labs, is included in the sidebar:

Text from Plaques Presented at Ceremony

For over 50 years, dedicated shops have served to maintain increasingly complex avionics equipment in support of flying operations at CFB Greenwood. This organization has its roots in the 1950s, when the Lancaster was modified for Anti-Submarine Warfare duties through installation of electronic sensors. Originally based in 7 Hangar on the old flight line, these shops, referred to as "Labs", became part of the base Maintenance Organization, where specialists would perform repairs on the new electronic and instrument systems.

A constant in the history of Labs was change and challenge. From the Lancaster to the interim era of the Neptune, and on to the Canadair built Argus, the evolution of aircraft saw a continuing escalation in the complexity of the systems repaired by Labs. The end of each of these eras presented challenges as well; repairs became more difficult as parts became scarce due to system obsolescence. During the Argus years, the Maintenance Organization gained the formal name of Base Aircraft Maintenance and Engineering Organization, or BAMEO. Labs continued to adapt to changes in organizational structure and persisted in providing dedicated support to the avionics systems on the Argus airframe.

Perhaps the most dramatic change in the evolution of Labs came with the introduction of the CP-140 Aurora in the late 1970s. A new aircraft with state of the art systems introduced a host of new equipment to the Labs. This was the pinnacle of the AVS Labs with the introduction of Automated Test Equipment in addition to maintaining legacy avionics system components for the Argus. Technicians worked hard during this transition in order to provide ongoing support to flying operations.

In the end, it was change that ultimately led to the closure of the Avionics Labs as they were known, with the adoption of a first to third line maintenance concept for the CP-140 fleet. The Avionics Labs have served the Long Range Patrol community with pride since their inception. This plaque is dedicated to the hard working men and women who have served in the Avionics Labs during its long and proud history.

The closure of the Avionics labs stems from the transition of the Aurora fleet to a '1st line to 3rd line' concept of maintenance for electronic systems, in which technicians remove unserviceable units and route them to contractors for repair. All avionics repairs are now handled under a portion of the Optimized Weapon System Support (OWSS) contract with L3 Electronic Systems, located in Enfield, NS. This transition was not without challenges. Incredible efforts were made by the last generation of Avionics technicians in Labs, as they directly supported the move of many test benches and repair functions to L3 ES's facility. L3 ES, which employs several personnel with CP-140 experience, including that gained while serving in Labs, was also instrument in the success of this monumental task.

To mark the legacy and the close bond with the continuation of the mission of repairing avionics at L3 ES, three plaques were presented: one to Chief Warrant Officer Pitman, 14 AMS, to hang in the halls of the Squadron to honour those that served; one to Mr Bryan Nelson of the Greenwood Military Aviation Museum, to ensure the story of the Labs is shared in their venue; and lastly to Mr Bruce Watling, L3 ES CP140 OWSS Program Manager, to recognize the link to the L3 ES facility, and ensure the spirit of this fine organization lives on in new hands.

That concluded the formal ceremony marking the closure of the Avionics Labs organization in 14 AMS. Those in attendance received a commemorative coin, a memento to ensure memories of the Labs will not fade anytime soon. The resounding message that echoed throughout the day was one of thanks and appreciation, to the men and women who served and utilized an impressive range of skills to build the fine reputation of the Avionics Labs.