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VOL. 31 NO. 38 OCTOBER 4, 2010 NO CHARGE
14 WING • ESCADRE 14 GREENWOOD, NS



...we urge all citizens to heed the advice to install smoke alarms and change batteries on installed smoke detectors this week. Fire tragedies have touched the lives of people in one way or another. It affects personnel of all age groups and all lifestyles. In order to minimize the dangers created by fire we must work together in the fight against it. This is a message the fire service practices everyday and one that everyone in our community can support by promoting and practicing fire safety at home and on the job. Together we can make a difference.

Above: Left to Right: Sparky, the Wing Commander, Colonel Bill Seymour and Wing Fire Chief CWO Ken Ochitwa Proclaim the week of 3-9 October 2010 as Fire Prevention Week.

(Photo: Private Crystal Smith - Imagery Technician)

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Fire Prevention Week

**October
3rd - 9th, 2010**

Have wood fireplaces
cleaned and inspected annually.

Best Western Aurora Inn

831 Main Street, Kingston
765-3306

Don't put your ashes in a
green bin. Keep them in a fireproof
container to avoid a house fire.

Co-operators Insurance Company

780 Central Ave., Greenwood
765-3334

Replace smoke alarms
every ten years and never "borrow"
a battery from a smoke alarm

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Unplug counter appliances
when they are not in use.

B&D Carpets & Flooring Ltd.

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Never use an outdoor grill
such as a gas or
charcoal grill, indoors.

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Designate an outside meeting
area in case of fire.

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Scheduled Events

07 October 2010, the 14 Wing Greenwood Fire
Department will Host a Kingston Food Bank Pull The
Pumper & Relay 11:00-1400 in the CANEX Parking Lot

Monday 4th

Morfee Annex Nursery School - Fire Drill/Sparky Presentation to Children.
Morning: 10:00-10:45-10:45-11:30 Afternoon: 2:00-2:45

Tuesday 5th

Morfee Annex Nursery School - Sparky presentation to children.
Morning: 10:00-10:45-10:45-11:30 Afternoon: 2:00-2:45

Wednesday 6th

Ecole Rose des Vents School Power Point Presentation to children/Sparky.
Morning: 9:00-11:00

Thursday 7th

Kingston Food Bank Pull The Pumper & Relay
Morning: 11:00-2:00 at Canex parking lot

Friday 8th

Dwight Ross School Power Point Presentation/Sparky:
Morning: 9:00-10:00 / 11:15-12:15
St. Mary's School Power Point Presentation/Sparky:
Afternoon: 1:10-2:00 / 2:00-2:45

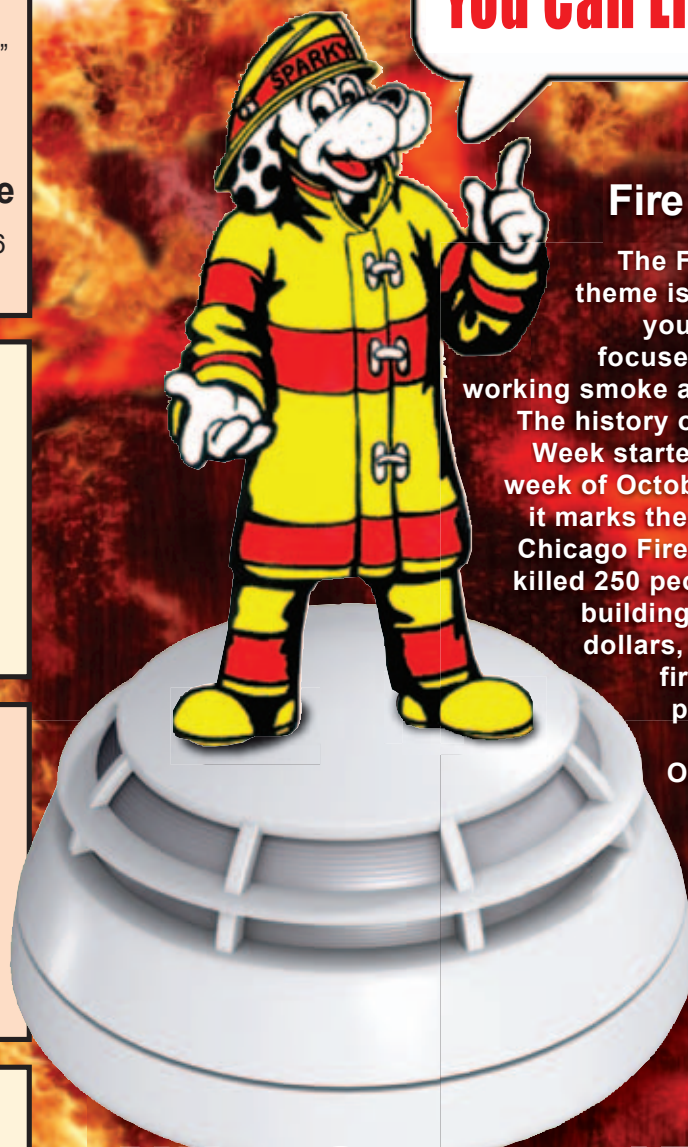


This Year's Theme

Smoke Alarms: A Sound You Can Live With

History of the Fire Prevention Week

The Fire Prevention Week 2010 theme is "Smoke alarms: A sound you can live with", the theme focuses on the awareness that a working smoke alarm could save your life. The history of national Fire Prevention Week started on October 9, 1911. The week of October 9 was chosen because it marks the anniversary of the "Great Chicago Fire of 1871" the disaster that killed 250 people and destroyed 17,430 buildings at a cost of \$168 million dollars, although the cause of the fire is still unknown, a lot of people still believe that the fire was started by Mrs. O'Leary's Cow kicking over a oil lantern in the barn. The massive fire swiftly took its toll, by burning more then 2000 acres in 27 hours. Due to this great loss people started thinking of fire prevention rather than firefighting.



14 Wing Greenwood Fire Services

What you can do during fire prevention week!

Never use baking soda to
substitute for a fire extinguisher.

Capital Pub

333 Main St., Middleton
825-2742

Don't paint your smoke alarms,
paint or other decorations could
keep them from working when
you need it most.

Andy's Tire

473 Main St., Kingston
765-6348

Turn pot handle inwards
so they can't be bumped
and children can't pull the
pot off the stove.

McDonald's

954 Central Ave., Greenwood
765-6381

Don't overload electrical circuits.

Valley Drug Mart Pharmasave

26 Commercial St., Middleton
Ph. 825-4822
613 Main St., Kingston
Ph. 765-2103
468 Main St., Lawrencetown
Ph. 902-584-3366

Keep cooking areas clean
and clear of cloths, pot holders,
towels act.

Tim Hortons

752 Central Ave., Greenwood
765-6947

Make sure that everyone in
your home knows what the
smoke alarm sounds like
and knows how to react
when they hear it.

The Aurora Newspaper

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CANSOFCOM to visit 14 Wing Greenwood



Visite du COMFOSCAN à la BFC Greenwood

À la recherche d'un changement? Le Commandement des Forces d'opérations spéciales du Canada (COMFOSCAN) est à votre recherche.

Le COMFOSCAN visitera la BFC Greenwood le mardi 5 octobre pour donner de l'information et répondre aux questions touchant le service

dans les forces d'opérations spéciales (FOS).

Peu importe votre grade, composante, métier, élément ou sexe, si vous désirez en savoir plus sur le service dans l'Unité interarmées d'intervention du Canada (UIIC), le Régiment d'opérations spéciales du Canada (ROSC), le 427^e

Escadron d'opérations spéciales d'aviation (427 EOSA) ou la Force opérationnelle interarmées 2 (FOI 2), veuillez vous présenter à l'auditorium

Birchhall à 13 h 30.

La participation est limitée aux membres des FC et à leur conjoint.

Viam Inveniemus – Nous trouverons un moyen

Looking for a change? Canadian Special Operations Forces Command (CANSOFCOM) is looking for you.

CANSOFCOM will be at 14 Wing on Tuesday 5 October to provide information and answer questions about service with Special Operations Forces (SOF).

Regardless of your rank, component, trade, element or gender, if you would like to know more about serving with the Canadian Joint Incident Response Unit (CJIRU), the Canadian Special Operations Regiment (CSOR), 427 Special Operations Aviation Squadron (427 SOAS) or Joint Task Force Two (JTF 2), be at the Birchhall Training Centre Theatre at 13:30.

Attendance is restricted to CF personnel and spouses only.

Viam Inveniemus – We Will Find a Way

Flu Vaccine Now Available at 26 CF Health Services Centre!

The Flu vaccine is strongly recommended for all CF members due to the highly contagious nature of influenza and the fact CF members often work and live in close quarters with others.

Members with chronic illnesses and those who are deploying are highly recommended to get their Flu vaccine ASAP.

Flu vaccines will be available during normal immunization clinic hours of operation (Mon, Weds & Fri, 0900-1130 hrs) and also during walk-in Flu clinics held on Tuesdays from 1330-1500 hrs held during the month of October (starting 5 Oct 2010.)

Members are to present with their immunization book.

Aircrew members are grounded for 36 hrs after immunization.

Immunization is the most effective way to reduce the impact of influenza and we are striving for maximum uptake.

All CF members, regular and reserve, who normally obtain their medical care from the CF Health Services are welcome.

Contact OPI for questions/concerns.

OPI
Colin J Muise, RN
Community Health/Immunization Nurse

26 CF Health Services Centre Greenwood

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Rendezvous 2011



Rendezvous 2011 (RV2011) commemorates the 70th Anniversary of four Canadian

Squadrons formed during World War II: 404 Squadron (Sqn), 405 Sqn, 413 Sqn and

the 415 Sqn; as well as the 45th Anniversary of VP International. 14 Wing Greenwood will proudly host RV2011 from 09-11 June 2011. The central theme of RV2011 is "History and Fellowship" and will have major contributions from 404 (Long Range Patrol & Training (LRP&T)) Sqn, 405 (LRP) Sqn, 413 (Transport & Rescue (T&R))

Sqn, 415 Sqn Association *ad perpetuam memoriam*, VPI and the 14 Wing Museum.

Events will include: the dedication of the Bay Of Fundy Memorial Cairn – in remembrance of aircrew lost in the Bay of Fundy during World War II; a Meet & Greet; the Main Event – with Sqn and Industry displays, a Beer Tent, music and tours of 14 Wing; a Golf Tournament; a Formal Banquet; and a Farewell Breakfast.

All current and former 404 Sqn "Buffalos", 405 Sqn "Eagles", 413 Sqn "Tuskers", 415 Sqn "Swordfish" and members of VPI are invited to join in the celebrations. Registration, event costs and method(s) of payment for are being determined and we will be finalized shortly. For more information visit the RV2011 website at www.rv2011.ca or call VPI at (902) 765-1494 ext 5447.

mémorative de la Baie de Fundy - en souvenir des équipages perdus dans la Baie de Fundy pendant la 2^e Guerre Mondiale; une rencontre de bienvenue; l'événement principal – avec démonstration de l'Escadron et de l'industrie, tente à bières, musique et visite de la 14^e Escadre, un tournoi de golf, un banquet formel ainsi qu'un dîner d'au revoir.

Tous les anciens et présents « Buffalos » de l'Escadron 404, « Eagles » de l'Escadron 405, « Tuskers » de l'Escadron 413, « Swordfish » de l'Escadron 415 ainsi que les membres du VPI sont invités à se joindre aux célébrations. L'inscription, le coût de l'événement ainsi que les méthodes de paiement seront déterminés et accessibles sous peu. Pour de plus amples informations, visitez le site web du RV2011 au www.rv2011.ca ou téléphonez au (902) 765-1494 ext. 5447.

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October 03 Try your hand at milking a mechanical cow (No. Not kidding. Really)

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National Family Week, a Time to Celebrate our Military Family!

Submitted by: Michelle Thibodeau Wagner, Coordinator of Special Events and Promotions, Greenwood Military Family Resource Centre 765-1491 local 1421 michelle.thibodeau-wagner@forces.gc.ca

National Family week is a time for each and every one of us to reflect on what our family means to us. It's a time to celebrate just how lucky we are to have those special people in our lives everyday. It's a time when we can think about our families, our celebrations, and our blessing. National family week can also be a time to think about how lucky we are to be part of our larger global military family; one where others have shared similar experiences and understand the sacrifices required of a military family.

This year, the theme of National Family Week (October 3-10) is "*Families Connecting Through Stories*". We all know how important it is to read to our children to foster interests, learning skills, and love of reading. How many times have we read that favourite book? More times than we can count, so much so that we no longer need the book to "read" the story about their favourite character.

Along with story books, verbally passing along family stories is vital to preserving our family history. We've all heard the one from our parents and grandparents about walking to school in the winter in 4 feet of snow, up hill both ways. Or maybe the military family one about giving away the propane tanks on a move so there will be room for the houseplants or the one about all 4 kids being born in separate provinces! Things that we have heard or been through that we won't forget, stories that will be passed along for many generations to come.

In recognition of the importance of National Family Week, the Greenwood Military Family Resource Centre (GMFRC) has planned several fun family events.

The GMFRC Annual Duck Pond Family Walk will take place on Sunday, October 3 from 1:00 p.m. - 3:00 p.m. at Stronach Park on Bridge Street in Kingston. Join the GMFRC and enjoy a fun family scavenger hunt/walk, have a family picture taken, and enjoy a hot dog or hamburger. A great chance to meet new friends and to have a fun outing with family, friends, and neighbours!

The GMFRC Family Costume Swap will take place on Monday, October 4 from 10:00 a.m. - 12:00 p.m. Gather up all of your old Halloween costumes and bring them down to the GMFRC and swap them for another style or size! Costumes for all ages!

Join the GMFRC for a fun time of *Family Cookie Decorating* on Tuesday, October 5 from 9:30 a.m. - 10:30 a.m. We will supply the cookies and trimmings; everyone can decorate their own cookie.

The GMFRC's 2nd Annual Spaghetti Supper is on Wednesday, October 6 at 5:00 p.m. at the Annapolis Café (dining hall). Supper is *FREE* from the GMFRC! Come out and enjoy a supper of spaghetti, garlic bread, and apple crisp cooked just for you! This event is limited to the first 250 people to arrive, so get there early to avoid disappointment. Open to military/defence team members and their families.

There are lots of things we can do this week, and every week to ensure we have a closely knit family. Sometimes it's hard, but this week let's take some time out of our crazy busy schedules for a fun family activity. Whether you join a GMFRC event, teleconference with a deployed spouse, or do something on your own as a family, enjoy your time together and see something of this beautiful Annapolis Valley, create a new story to pass along to generations to come. Families come with challenges, there is no question of that, but they also come with hugs, kisses, and memories to last a lifetime.

Business of the Week ~ AV News Media and Linnor Giftware & Mercantile ~

~ 109 South Street, Bridgetown, N.S. • Open Year Round ~

Linmor Giftware and AV News Media were dreams that came true in September 2007 and April 2010.

Chris and Linda Moreau moved to the Valley from the Eastern Shore in November of 2006 and immediately started the construction of what is now known as "Linmor." The doors opened for business in September

of 2007 and Linda has been enjoying meeting people from near and afar ever since. Their quaint carriage style store has

a wide selection of giftware for all occasions and for the special person on your gift giving list. Here you will find linens, jewelry, handbags, lamps and so much more.

With Linda's over 30 years experience in the retail sector and Chris' many years in the film, broadcasting and news industry, they became a two business family in April of this year with the opening of Chris' business. Chris has, in the very short time his business has been underway, been very busy shooting for the Weather Network, doing weddings, commercials and documentaries. Some of his work can be viewed on UTube under avnewsmedia.

With the support of their four daughters, six grandchildren, family and friends, their dreams are being fulfilled. Drop by and share in their "Dreams," as they would love to share them with you.



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Le coin des Padre's Corner

Submitted by: Padre
Claude Pigeon,
14Wing Chaplain,
Queen-of-Heaven
Chapel

L'Action de grâces! Et alors?

D'abord un peu d'histoire. La fête de l'Action de grâces provient d'une ancienne tradition de célébrer les récoltes agricoles. On trouve déjà mention, dans l'Ancien Testament, de fêtes hébraïques des récoltes (*Soukhot*) pour remercier Yahvé, le Créateur du monde et lui « rendre grâce ». On trouve cette fête également dans la tradition hellène, où elle est consacrée à Cérès, la déesse de l'agriculture (celle qui donna le blé à l'humanité).

Au Canada, l'Action de grâces, la fête officielle et le jour de congé, est une fête qui a changé de date un grand nombre de fois. Dans le Bas-Canada, aux XVIIIe et XIXe siècle, des fêtes d'Action de grâces sont annoncées par proclamation royale pour souligner des victoires militaires ou la fin d'épidémies, voire des événements heureux concernant le souverain. Au XXe siècle, la formule change

pour revenir aux sources plus générales d'Action de grâces et de fête des récoltes. Le 31 janvier 1957, le Parlement du Canada en fixe la date au deuxième lundi d'octobre de manière permanente par une proclamation : « Une journée pour rendre grâce au Dieu tout-puissant des bienfaits dont jouit le peuple du Canada... »

Il ne faut pas confondre l'Action de grâces canadienne et l'Action de grâces ou Thanksgiving américain qui est célébré aux États-Unis un mois plus tard qu'au Canada pour des raisons géographiques (la récolte a lieu un mois plus tard aux États-Unis) et historiques (l'arrivée des pèlerins du *Mayflower* en 1620 et l'aide apportée par les amérindiens).

Mais nous, qu'allons-nous célébrer cette année pendant ce congé d'Action de grâces? Quels sont ces bienfaits qui nous entourent? Une récolte abondante? Un emploi satisfaisant? Un couple heureux? Une famille? Des amis de qualité? Une bonne santé? Tout cela on peut l'espérer. En fait, je le souhaite à chacun et à chacune en abondance! Mais qu'en

est-il lorsque la récolte est moins bonne? Lorsque l'on perd son emploi? Lorsque le couple éclate? Lorsque la famille est blessée? Lorsque les amis s'éclipsent? Lorsque la santé vacille?

L'action de grâce peut aussi se présenter comme une attitude de reconnaissance envers Dieu qui n'abandonne jamais l'humain à lui-même. Il nous a « comblé de toutes sortes de bénédictions spirituelles dans le Christ ». L'action de grâces c'est lorsque je reconnais de quel amour je suis aimé de Dieu et lui dit merci. Une simple marche en nature, en forêt ou devant l'immensité de la mer, me rappellent sa présence et son salut toujours offert. Vraiment, nous sommes un peuple entouré de bienfaits! Pourquoi ne pas venir lui dire vous-mêmes dimanche le 10 octobre dans une de nos chapelles?

Thanksgiving! So What?

Let's start with some History! Thanksgiving comes from the ancient tradition of celebrating the Harvest. In the Old Testament, the people of God celebrated the Harvest with a feast called *Soukhot* to give thanks and

praise to Yahweh, the Creator of the world. The feast was also a Hellenistic tradition. Greeks were giving thanks and praise to Ceres, goddess of agriculture (the one who gave grain crops to humanity).

In Canada, the official date of Thanksgiving has changed many times. In Lower-Canada, during the 18th and 19th century, many Thanksgiving Days were announced by royal proclamations to celebrate military victories or the end of epidemics. Sometimes, Thanksgiving Days were also announced to commemorate the Sovereign (King). In the 20th century, the tendency was to go back to the origins and celebrate Thanksgiving as a harvest feast. On January 31st, 1957, Parliament issued a proclamation to fix permanently the 2nd Monday in October to celebrate "A Day of General Thanksgiving to Almighty God for the bountiful harvest with which

Canada has been blessed".

Whereas, the American tradition talks about remembering Pilgrims and settling in the New World (especially the *Mayflower* in 1620), Canadians on the other hand, give thanks for a successful harvest. The geographical location of Canada is further north as compared to the United States and therefore, the harvest season falls earlier in Canada.

But for us, what will we celebrate this year at Thanksgiving? What do we consider our blessings? A bountiful harvest? Meaningful employment? A healthy marital relationship? A supportive family? A dependable friend? Good health? Certainly we all long for such important things. I wish you each of these blessings in abundance! But what happens when the harvest is not good? When one loses his or her job? When the relationship it

toxic? When the family is dysfunctional? When friends disappear? When our health declines? These are all times of great loneliness when we feel forsaken.

However, Thanksgiving can also be an attitude of gratitude to the God who *never* abandons us. He "has blessed us with every spiritual blessing in the heavenly places in Christ" (Ephesians 1:3). True Thanksgiving is when I *recognize* God's sacrificial and unconditional love to me and *respond* with worship, thanksgiving and holy living. This time of year, with the vibrant colours of autumn, God has again left his fingerprints all over creation. Even a simple stroll through the trees or along the seashore, will remind me of God's presence and the salvation He offers to us all. Truly, we are a blessed people. Why not coming out to one of our chapels this Oct 10, and tell Him so yourself?

Greenwood Chapter of The Canadian Association of Veterans in United Nations Peacekeeping



SERVING THOSE WHO SERVED The Royal Canadian Legion Service Bureau Network

- Representation Services
- Advocacy
- Benevolent Assistance

The Legion Service Bureau Command Service Officers are here to serve members of the Canadian Forces, Veterans, RCMP members, and their families while representing their interests in dealings with Veterans Affairs Canada (VAC) and the Veterans Review and Appeal Board (VRAB) in claiming disability benefits under the Pension Act or the New Veterans Charter.

The Legion professional Service Officers, whose role is mandated through legislation, provide representation services, advocacy and benevolent assistance FREE OF CHARGE, whether or not you are a Legion member. Visit www.legion.ca/ServiceBureau.



WE CARE!

Call Toll Free at 1-877-534-4666

Together in Church Queen of Heaven Chapel

Sunday Schedule
11 a.m. (English Mass)

St. Mark's Chapel

Sunday Schedule
10:30 a.m. Divine Worship & Sunday School

Switchboard 765-1494

Wing Chaplain

Father Tim Nelligan (on sabbatical)

Wing Chaplain's Admin Assistant

Ms Diane McKeage

Acting Wing Chaplain

Chapel Life Coord - Queen of Heaven

Father Claude Pigeon ext 5119

Chapel Life Coord - St. Mark's

Padre Gord Poley ext 5541

Unit Chaplain

Acting Chapel Life Coord - St Mark's

Padre Frank Staples ext 5545

Unit Chaplain

Padre Robert Lauder ext 5886

Unit Chaplain

Padre Rosemarie Sheppard (on course)

Emergencies

In an emergency, you can reach a chaplain anytime through Wing Operations at (902) 765-1494 ext. 5457.



Submitted by:
Nelson Mullen

Shown is the Deputy Warden and Councillor for the Municipality of County of Kings and Nelson Mullen, President of the William Hall V. C. Greenwood Chapter of The Canadian Association of Veterans in United Nations Peacekeeping after she presented a donation to the Greenwood Chapter for their upcoming Bi-Annual General Meeting in September.

Make a Difference RECYCLE

This newspaper can be recycled through the recycling program at 14 Wing Greenwood, curb side collection programs or at your nearest Enviro Depot. Contact the Environment Office, at 14 Wing Greenwood 765-1494 ext. 5367





**Canadian Forces
Housing Agency**
www.cfha-alfc.forces.gc.ca

**Agence de logement
des Forces canadiennes**

Moratorium on Inter-Base Moves

Due to a shortage of available Residential Housing Units (RHUs), there is a need to place a moratorium on all inter-base moves until further notice. As a general guideline, requests for local moves will only be considered if there are exceptional circumstances. This policy does not apply to occupants requesting a larger RHU due to an increase in family size.

Moratoire sur les déménagements interbases

Étant donné le manque d'unités de logement résidentiel (ULR), un moratoire sur les déménagements interbases s'impose jusqu'à nouvel ordre. En règle générale, les demandes de déménagement local seront prises en considération seulement dans des circonstances exceptionnelles. Cette politique ne s'applique pas aux occupants qui demandent une ULR plus grande en raison d'une augmentation de la taille de leur famille.

Free Lunch Time Fitness Classes

Fall is here, the start of a new season and so is a new season of lunch time classes at the Fitness & Sport Centre. The lunch time team is excited to be able to offer FREE classes to anyone with a valid Recreation Card. Classes will start Wednesday 13 October and will be held from 11:45-12:35 on Mondays, Wednesdays and Fridays in the cardio room at the Fitness & Sport Centre. Join Cori, Adrienne, Helen and Jill for a whole lotta fun and a whole lotta sweating. The classes being offered include Step, Cardio Kick, Booty Bootcamp, Hi/Lo, Body Sculpting, Brazilian Dance and much more... Classes are structured so that all fitness levels are welcome. So why not try it out and get your new fitness program started. For more information on lunch time fitness classes contact Jill at the Community Centre at 765-1494 ext 5331. See you at Class!

Terry Fox Run Cheque Presentation



(Image: Cpl James McPhee, Image Tech, 14 Wing Imaging)

14 Wing Greenwood Wing Commander Colonel Bill Seymour presents the Terry Fox fundraiser cheque to Mrs Barbara Fickes the Provincial Director for the Nova Scotia Terry Fox Foundation in the 14 Wing Greenwood Headquarters Foyer 24 September 2010. 14 Wing Greenwood Wing Chief, Chief Warrant Officer JM Jardine (far left) and Eric MacKenzie (far right) the Recreation Coordinator at 14 Wing Greenwood Community Centre are also present.

GREENWOOD MILITARY FAMILY RESOURCE CENTRE

centre de ressources pour les familles militaires de Greenwood



The workshops, programs, and services offered in this issue cover the next couple of weeks. For future and ongoing programs and services or for more information, please view our newsletter or monthly calendar on-line at www.familyforce.ca

***To register or for more information call 765-5611 or drop-in at the GMFRC located at the AVM Morfee Centre on School Road, Greenwood.**

Note: Methods of payment are cash or cheque. Payment is required at the time of registration.

FAMILY EVENTS	VOLUNTEERING	PRESCHOOL	SCHOOL AGE	ADULT
<p>Family Costume Swap Monday, October 4 10:00 a.m. - 12:00 p.m. at the GMFRC. Bring in your costumes and swap them.</p> <p>Family Cookie Decorating Tuesday, October 5 9:30 a.m. - 10:30 a.m. at the GMFRC. We will supply the cookies and trimmings!</p> <p>2nd Annual Family Spaghetti Supper Wednesday, October 6 5:00 p.m. - 8:00 p.m. at the Annapolis Café (Dining Hall). Free supper! Spaghetti, garlic bread and apple crisp. Limited to the first 250 people.</p>	<p>Tutoring We are looking for academic tutors who are willing to offer assistance to children enrolled in school who are experiencing difficulties with a subject. You must enjoy working with children and have a comfort level in the subject area.</p> <p>Professional Development The GMFRC has many opportunities (free for volunteers) to learn new skills. We offer First Aid, Food Handling, and specific course facilitation training.</p>	<p>Parent & Tot Program Every Monday and Tuesday 9:30 a.m. - 10:30 a.m. Children ages 1-5 years No preregistration required</p> <p>Tumble Tots Program Every Wednesday 9:30 a.m.—10:30 a.m. Children ages 1-5 years No preregistration required</p> <p>Baby Group Every Thursday 9:30 a.m.—11:00 a.m. Children ages 0-1 year No preregistration required This weekly program is facilitated by Public Health, and is open to all members of our community.</p>	<p>Babysitting Course Mondays, October 18 & 25 (2 sessions) 6:00 p.m.— 8:30 p.m. Ages 11 years and up \$25 per child Register by: Friday, October 8 This professionally developed program will help prepare youth who want to do some babysitting for friends & family. Each participant must pass an exam at the end of the session to receive their St. John's Ambulance Babysitting Certificate. Space is limited.</p>	<p>Standard Red Cross First Aid & CPR "Level C" Tuesday, October 12 & Wednesday, October 13 8:30 a.m. – 4:00 p.m. \$90.00 military, \$100 for civilian GMFRC Classroom 1 Register by: Friday, October 8</p> <p>Lunch & Learn - Self Care Tuesday, October 12 12:00 p.m. - 1:00 p.m. FREE at GMFRC Register by: Thursday, October 7. Please bring a lunch. This is a fun fulfilled self care workshop with guest speakers and activities.</p> <p>My First Home and Energy Savings Tuesday, October 12 6:30 p.m. – 8:30 p.m. FREE GMFRC Classroom 1 Register by: Friday, October 8 If you are a first time home-owner local experts will be on hand to answer questions and discuss all aspects of purchasing. They will offer energy tips for those with existing homes.</p> <p>A Night with NSCC! Tuesday, October 19 6:30 p.m. – 8:30 p.m. FREE at the GMFRC Register by: Thursday, October 7. This is a great opportunity to get an in depth look at each program NSCC offers.</p>
YOUTH	EMPLOYMENT	DEPLOYMENT	FRANCHOPHONE	
<p>Teen Sitter's Registry If you're a teen looking to make a few extra dollars and start making a name for yourself as a reliable babysitter then your GMFRC can help! Stop by today to pick up your Teen Sitter's application. All teens must have completed their babysitting course, provide 2 letters of reference and have signed permission from your parent or caregiver. This is a great opportunity to promote yourself as a babysitter in the local area!</p>	<p>Military Family Home-Based Business Group (MFHBBG) Meetings Are you a military dependent who runs, or would like to run, your own home-based business? Join the MFHBBG to network with other home-based business entrepreneurs in the military community. This group meets the 1st Thursday of every month from 9:30 a.m. – 11:30 a.m. at the GMFRC. This is a great opportunity to learn from and share with others.</p>	<p>Respite Childcare Saturday, October 9 12:00 p.m. - 5:00 p.m. Free at GMFRC Register by: Thursday, October 7</p> <p>Lunch & Learn - Self Care See under ADULT for more details. This is a Deployment activity.</p> <p>Children's Deployment Support Group Sunday, October 17 1:00 p.m.— 2:30 p.m. Free at GMFRC Children aged 3 – 12 years Register by: Thursday,</p>	<p>Le CRFMG aimerait inviter toutes les familles francophones à participer aux activités qu'il tiendra à l'occasion de la Semaine nationale de la famille, du 4 au 10 octobre.</p> <p>Réunion du Comité francophone mercredi 20 octobre de 9 h à 11 h salle de classe n° 1 du CRFMG Joignez ce fantastique comité et venez nous aider à organiser des activités amusantes et amicales pour nos familles francophones.</p>	

A Decade of Pumpkin Fun and Still Going Strong

This year will be the tenth anniversary of Dempsey Corner Orchards Annual Pumpkin Festival. From a cold start, a pumpkin festival is a monumental event to try to put together: finding a band, finding jugglers or magicians, organizing horse drawn wagon rides, cutting tree lines back and clearing routes for the wagons to follow, deciding how many hot dogs to cook, finding enough people to man a haunted house, advertising, parking, pumpkin sizes, pricing, change, bags, drinks, cups, food and toilets.

Toilets are important.

Did you know that draft horses can't walk up and down a hill hauling wagon loads of people all day? We didn't either. Apparently they get coffee breaks too. Or hay breaks in this case.

Did you know that Ford vans can push a foot of mud in front of them as you pull them out of the swamp where the owners decided to park them? It would appear that the smooth mud of a swamp looks much like pavement to the untrained eye.

Musicians, it seems, prefer not to use their electrical equipment in a lightning storm.

People who agree to read stories to children in the hay pile, need at least thirty minutes to 'get into character mentally'.

Ponies who have had enough love for one day, will sometimes pull lose from their owner and run all the way back to their own barn at home, some unknown number of miles away, thus leaving a line up of expectant children staring with wide eyes at a guy with a harness in one hand and no pony at the other end of it.

Yes, we have learned a lot in the past ten years. We now have official parking lot attendants, we don't try to count cookies anymore, we just pump out pumpkin treats as fast as you can eat them and keep the hot dogs coming! There are thermos's full of hot drinks, coolers full of cold ones, cases full of *everything* and two toilets.

Two, because toilets are important.

We have learned that the people who visit us have come to laugh, play and have fun surrounded by autumn's beauty. Our customers, many of whom have become our friends, take all of our craziness in stride. They laugh at the tuckered-out-trotters and wait for us to hook up a tractor to the horse drawn wagon to get them and their giant pumpkins down off the hill. They sit down and have a second cup of coffee so they don't have to wake up the calf that is currently sleeping with its head in their son's lap.

What we have learned most, is that a cup of sunshine, the great outdoors, fields of pumpkins, apples, a band, a couple of wagons, a bakery, a tea room, a playground and a petting zoo, are all just an empty stage. But if you add the warmth of families, the laughter of children and the friendly, adventurous hearts of Canadians at play, then my friends, you have an honest to goodness festival!

It is YOU who make our Pumpkin Festival GREAT.

Thank you and Happy 10th Anniversary.

Bookmobile Schedule - October & November 2010

Saturday - 2 October (note change of day & times)	Avonport 10:00 - 10:30	Baxter's Harbour 10:45 - 11:45	Morden 11:00 - 11:45	Sunken Lake 2:00 - 2:45	Cornwallis Park 1:30 - 2:30
Waterville 10:00 - 11:00	Newport Station 11:00 - 11:30	Scott's Bay 1:00 - 1:45	Torbrook Mines 2:30 - 3:15	White Rock 3:00 - 3:45	Bear River East 3:00 - 4:00
Cambridge (King's Co) 11:15 - 12:00	Belmont 12:30 - 1:00	Canning 2:15 - 3:15	Meadowview - Sub Div (Aylesford) 3:35 - 4:30	New Minas 5:00 - 6:30	Bear River 5:30 - 6:45
Bess View Sub-Div 12:45 - 2:00	Hants Shore Clinic 2:00 - 2:30	Sheffield Mills 3:30 - 4:15	Aylesford 5:45 - 7:00	Wednesday - 3 November	Tuesday - 16 November
Coldbrook Centre 2:15 - 3:15	Cheverie 2:45 - 3:30	Centreville 5:45 - 6:45	Saturday - 30 October (note change of day & times)	Avonport 10:00 - 10:30	Baxter's Harbour 10:45 - 11:45
Tuesday - 5 October	Summerville 3:45 - 4:30	Wednesday - 20 October (note change of day)	Waterville 10:00 - 11:00	Newport Station 11:00 - 11:30	Scott's Bay 1:00 - 1:45
Kings Rehab Centre 10:00 - 11:30	Upper Burlington 5:45 - 6:15	Cherryfield 1:30 - 2:15	Cambridge (King's Co) 11:15 - 12:00	Belmont 12:30 - 1:00	Canning 2:15 - 3:15
Casey's Corner 12:45 - 1:30	Wednesday - 13 October	East Dalhousie 2:30 - 3:30	Bess View Sub-Div 12:45 - 2:00	Hants Shore Clinic 2:00 - 2:30	Sheffield Mills 3:30 - 4:15
Sunken Lake 2:00 - 2:45	Maitland Bridge 10:15 - 11:15	Springfield 4:00 - 5:15	Coldbrook Centre 2:15 - 3:15	Cheverie 2:45 - 3:30	Centreville 5:45 - 6:45
White Rock 3:00 - 3:45	Clementsvalle 11:45 - 12:30	New Albany North 6:45 - 7:30	Tuesday - 2 November	Summerville 3:45 - 4:30	Wednesday - 17 November
New Minas 5:00 - 6:30	Cornwallis Park 1:30 - 2:30	Tuesday - 26 October (note change of day & times)	Kings Rehab Centre 10:00 - 11:30	Upper Burlington 5:45 - 6:15	Cherryfield 1:30 - 2:15
Wednesday - 6 October (note change of day & times)	Bear River East 3:00 - 4:00	Margaretville 9:30 - 10:30	Casey's Corner 12:45 - 1:30	Wednesday - 10 November	East Dalhousie 2:30 - 3:30
	Bear River 5:30 - 6:45			Maitland Bridge 10:15 - 11:15	Springfield 4:00 - 5:15
	Tuesday - 19 October			Clementsvalle 11:45 - 12:30	New Albany North 6:45 - 7:30



WELLNESS INITIATIVE FUND OPPORTUNITIES

The Community Health Boards, through the Wellness Initiative Fund, support local groups in developing healthy communities.

- Do you have an idea...
- that will help improve the health of your community?
 - that will help people take control of their lives and improve their health?

If so, contact your CHB for a printed copy of the application guide or visit www.avdha.nshealth.ca/community for an electronic version.

Deadline for Applications:
12:00 Midnight, November 5, 2010

 Annapolis Community HEALTHBOARD Caring...for the Community	 Kingston / Greenwood Community Health Board	 Western Kings Community Health Board	 CENTRAL KINGS COMMUNITY HEALTH BOARD	 EASTERN KINGS COMMUNITY HEALTH BOARD
Annapolis CHB P.O. Box 730 Middleton, NS B0S 1P0 Tel: 825-6160 Ext. 357 achb@avdha.nshealth.ca	Kingston/Greenwood CHB P.O. Box 539 Kingston, NS B0P 1R0 Tel: 765-4541 kgchb@eastlink.ca	Western Kings CHB P.O. Box 490 Berwick, NS B0P 1E0 Tel: 538-7088 wkchb@avdha.nshealth.ca	Central Kings CHB P.O. Box 154 Kentville, NS B4N 3W4 Tel: 681-2524 ckchb@avdha.nshealth.ca	Eastern Kings CHB 23 Earnscliffe Ave. Wolfville, NS B4P 1X4 Tel: 542-1244 ekchb@avdha.nshealth.ca

Un exemplaire du guide est disponible en français. S.V.P. contacter votre
Conseil Communautaire de Sante.
*Funds provided by NS Department of Health Promotion & Protection



POSSIBILITÉS DE FINANCEMENT POUR LES INITIATIVES SUR LE BIEN-ÊTRE

Les conseils communautaires de santé, par l'entremise du Wellness Initiative Fund (fonds pour les initiatives sur le bien-être), appuient les groupes locaux dans le développement de communautés saines.

- Avez-vous une idée :
- qui contribuera à améliorer la santé de votre communauté?
 - qui aidera les gens à prendre contrôle de leur vie et à améliorer leur santé?

Le cas échéant, communiquez avec votre CCS pour obtenir un exemplaire du guide de présentation de demande ou consultez le www.avdha.nshealth.ca/community pour obtenir une version électronique.

Date limite pour la présentation des demandes :
Minuit le 5^{er} novembre 2010

 Annapolis Community HEALTHBOARD Caring...for the Community	 Kingston / Greenwood Community Health Board	 Western Kings Community Health Board	 CENTRAL KINGS COMMUNITY HEALTH BOARD	 EASTERN KINGS COMMUNITY HEALTH BOARD
CCS Annapolis C.P. 730 Middleton (N.-É.) B0S 1P0 Tél. : 825-6160 poste 357 achb@avdha.nshealth.ca	CCS Kingston/Greenwood C.P. 539 Kingston (N.-É.) B0P 1R0 Tél. : 765-4541 kgchb@eastlink.ca	CCS Western Kings C.P. 490 Berwick (N.-É.) B0P 1E0 Tél. : 538-7088 wkchb@avdha.nshealth.ca	CCS Central Kings C.P. 154 Kentville (N.-É.) B4N 3W4 Tél. : 681-2524 ckchb@avdha.nshealth.ca	CCS Eastern Kings 23, av. Earnscliffe Wolfville (N.-É.) B4P 1X4 Tél. : 542-1244 ekchb@avdha.nshealth.ca

*Fonds offerts par le ministère de la Promotion et de la Protection de la santé

Thorney Island Simulator Building Extension



Artist's conceptual drawing of what the final building will look like.

By: Major Chris Larsen

The Hornell Centre was originally designed in the mid-1970's to house the anticipated delivery of the (then) newly acquired CP140 Aurora. The building became operational in the late 70's and has done yeoman's service for the past thirty plus years. The home of 14 Wing Operations (14 WOps), 14 Software Engineering Squadron (14 SES) and 404 Long Range Patrol and Training (LRP&T) Squadron, a small team from 14 Air Maintenance Squadron (14 AMS), Simulator contractors (CAE) and Deb's Diner, the building is fairly bursting at the seams.

With the advent of the Aurora Incremental Modernization Program (AIMP), it was realized three years ago that just pushing the newly delivered simulators and trainers into the already congested workspaces was not an option. The Thorney Island Building already houses the CP140 Block II Full Flight Simulator and Cockpit Procedures Trainer.

Under the leadership of several AIMP stakeholders, the decision was made to expand the Thorney Island building (B 250) to house the

largest devices being delivered for AIMP: two Procedures Crew Trainers (PCT) and the Block III Operational Mission Simulator (OMS). The Thorney Island Simulator Building is being expanded to almost twice its size to accommodate these new devices.

The PCT will be initially be used for aircrew conversion training, scheduled to commence later in 2011. The OMS will be a full-crew Simulator, allowing the training of the tactical and flight deck aircrew. The building expansion will house the PCT, OMS, technician and operator work space, and crew brief and debrief facilities.

The increased use of simulation was mandated by the Commander of 1 Canadian Air Division several years ago. Use of simulation in the training regime is a well understood force multiplier in that complexity of training can be moderated to suit student requirements. It is difficult to pause complex system software and training in an Aurora at 300 feet over the Atlantic if a student makes a mistake. Simulators permit aircrew to conduct routine and critical flight mission

elements in a cost effective and safe environment. Crews will experience situations of increased threat and be able to conduct simulator surveillance missions worldwide.


Due to the overlap of Block II (currently in service) and future Block III Aurora aircraft, there is a requirement to continue to support the existing (legacy) training devices. Civilian simulator operators will continue to support the Block II and Block III training devices. No increase in personnel required to support the training systems is anticipated.

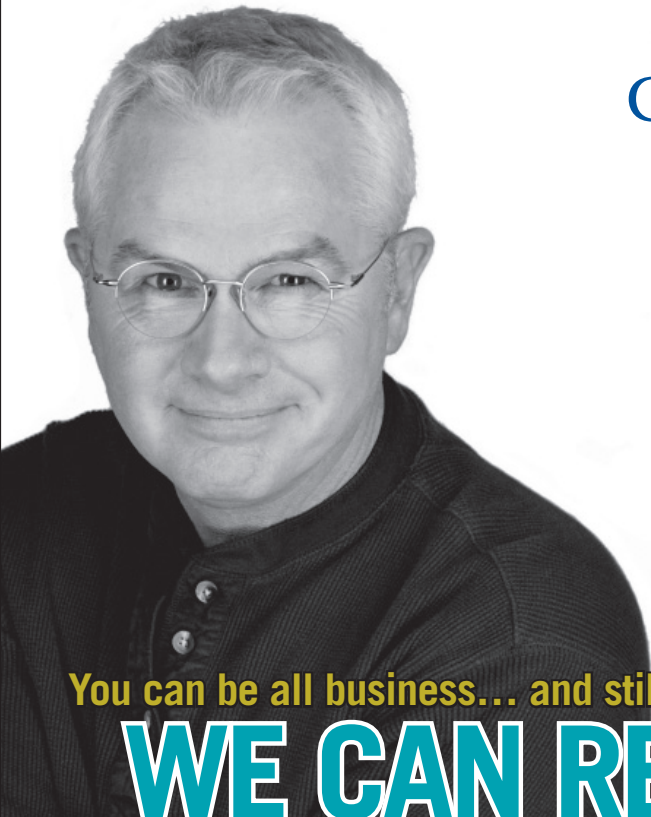
The contract to construct the Thorney Island extension was awarded mid-June 2010 to Roscoe Construction for \$2.7 million. The contractors arrived on site on 24 June. So far the contractors have mobilized their work forces, rerouted existing services and prepared the site for foundations throughout July and early August. Construction of structural piling began mid August and is 80% complete. Structural steel for the project is scheduled to arrive early October; the building is scheduled to be complete by late January 2011.



The building is scheduled to be complete by late January 2011.

(Photo: Submitted)





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Saturday, October 9th

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PLAYHOUSE ADVENTURES**

**ROO'S
HAUNTED
SLEEPOVER**

Saturday, October 23
7:00 p.m. - 9:00 a.m.
Children ages 5-12 yrs.
Cost: \$30.00 per child
Pre registration required
765-0667



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EOE

relationship management

Canadians Receive U.S. Air Force Team Excellence Awards

From U.S. Air Force Personnel Center Public Affairs

United States Air Force (USAF) officials recently selected five USAF teams to receive 2010 Chief of Staff Team Excellence Awards (CSTEA) for finding creative ways to enhance mission capabilities, improve operational performance and create sustained results.

Two Canadian Air Force personnel were members of the winning Haiti Flight Operations Coordination Center Team – Major James Fell and Captain Richard Gough. Maj Fell, an air combat systems operator by occupation, is currently a member of the Air Force Lessons Learned Branch at the Canadian Forces Aerospace Warfare Centre in Trenton, Ont. Capt Gough is a Cormorant pilot at 413 (Transport and Rescue) Squadron, 14 Wing Greenwood, N.S.

The innovations and business solutions the competing Air Force teams developed to



Ten of the 30 members of the Haiti Flight Operation Coordination Center Team were on hand for the CSTEA presentations in mid-September. From left to right, SSgt Dennis Patterson, A1C Andrea Schams, Canadian Maj James Fell, Canadian Capt Richard Gough, Maj David Smith, Gen Norton A. Schwartz, Chief of Staff of the United States Air Force, LCol Bradley Graff, Capt Justin Longmire, Maj JJ Grindrod, SSgt Aaron White, and TSgt Alex Calderon.

improve processes and conserve resources were outstanding, said USAF Chief of Staff, General Norton Schwartz.

“These award winners truly exemplify our core values,” Gen Schwartz said. “They are dedicated to making us more effective and more efficient,

both of which are critical for the Air Force in today’s challenging strategic environment.”

According to officials, improvements made by the five award-winning teams and other 16 nominees are expected to save the USAF more than \$198 million in the first year alone.

“The competition was extremely tough this year, with 73 teams competing at major commands resulting in 21 Air Force-level nominations,” said Grover Lindsey, Air Force Manpower Agency Performance Management Division Chief.

The five award winners are:

- The Haiti Flight Operations Coordination Center Team at Travis Air Force Base, Calif.

This team is also a U.S. Air Force best practice award recipient.

- The C-17 Refuel Value Stream Analysis Team at Spangdahlem Air Base, Germany. This team is also an Air Force best practice award recipient.
- The Charter School Working Group Team at Davis-Monthan Air Force Base, Ariz.

This team is also an Air Force best practice award recipient.

- The Combat Safety Improvement Team at Spangdahlem Air Base, Germany.
- The Periodic Inspection Smart Operations Team at Royal Air Force Mildenhall, England. This team is also an Air Force best practice award recipient.

All five teams also received a United States Air Force best practice award. As well, the judges also recognized the Major Validation/Verification Team at Stewart Air National Guard Base, N.Y., with an Air Force best practice award.

“All the judges were completely energized by these airmen and their spirit,” said Brigadier-General Stephen Wilson, the U.S. Air Force director of Joint Integration at the Directorate of Operational Capability Requirements and senior judge for the event. “We had the honour to observe 21 innovative teams that provided efficient and affordable solutions to a range of mission challenges affecting our airmen and their families.”

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U1760	1996	Trans Am	Red	8	6	AC,PW,PDL	164,000	13,995
U1717	2002	Rav4 4WD BA	White	4	A	AC,PW,PDL,Cru	103,000	11,995
10-376A	2003	Camry SE AA	Red	4	A	AC,PW,PDL,Cru	108,000	10,995
10-359A	2004	Tacoma AccCab	Dgreen	4	A	2Wd,AC,Cru,Cd	115,000	12,995
10-489A	2005	Corolla LE AA	Beige	4	A	AC,PW,PDL,Cru	106,000	10,995
10-492A	2005	Echo Sedan	Red	4	A	PDL,Cru,Cd	60,000	8,995
U1764	2005	Echo Sedan	Grey	4	A	AC,CD	78,000	8,995
10-632A	2005	Camry SE AA	Grey	4	A	AC,PW,PDL,Cru	111,000	12,995
U1734	2006	Sienna CE AA	Dblue	6	A	AC,PW,PDL,Cru	87,000	17,995
U1741	2006	Corolla CE SE	Silver	4	5	AC,S/R,PW,PDL	95,000	10,995
10-435A	2006	Corolla CE BA	Grey	4	5	AC,PDL,CD	91,000	9,995
10-237B	2006	Matrix BA	Red	4	A	AC,PDL,CD	76,000	11,995
10-569B	2006	Corolla CE BA	White	4	A	AC,PDL,CD	95,000	10,995
10-114A	2007	Camry LE AA	Grey	4	A	AC,PW,PDL,CD	85,000	15,995
08-72A	2007	Camry LE AA	Beige	4	A	AC,PW,PDL,Cru	56,000	16,995
11-14A	2007	Camry LE AA	Silver	4	A	AC,PW,PDL,Cru	86,000	15,995
11-8A	2007	Camry Hybrid	Green	4	A	AC,PW,PDL,Cru	57,000	20,995
10-493A	2007	Camry LE AA	Beige	4	A	AC,PW,PDL,Cru	77,000	15,995
11-3A	2007	Camry LE AA	Grey	4	A	AC,PW,PDL,Cru	21,000	17,995
10-626A	2007	Passat 2.0T	Green	4	A	Leather, S/Roof	115,000	14,995
10-568A	2007	Matrix BA	Red	4	A	AC,PDL,CRU,CD	80,000	12,995
U1746	2008	Rav4 Ltd 4WD	Green	6	A	S/R,AC,PW,PDL	86,000	24,995
U1751	2008	Matrix XR BA	Silver	4	A	AC,S/R,PW,PDL	49,000	15,995
10-583A *	2008	HighLnder 4WD	Red	6	A	Sport, Leather	93,000	27,995
10-596A	2008	Yaris Sedan AA	Blue	4	A	CD	100,000	9,995
10-448A	2009	Matrix Touring	Grey	4	A	AC,PW,PDL,Cru	68,000	16,995
11-40A	2009	Camry LE V6 CA	White	6	A	AC,S/R,PW,PDL	34,000	23,995
11-4A	2009	Corolla LE AA	Red	4	A	AC,PW,PDL,Cru	122,000	11,995

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Young Bald Eagle Released Back into the Wild at Camp Aldershot

By: Captain Scott Spurr

A young bald eagle that was found on the ground at Camp Aldershot in June was released back into the wild at the Camp on Friday, September 24, 2010. The eagle was found this past summer in the training area of Aldershot by Sergeant (Sgt) Shane Wood, who is a Reserve Infantry instructor.

The Sgt stumbled upon the bird during a training exercise and was astonished at the size of the eagle. The Camp then contacted the Department of Natural Resources (DNR) who dispatched some personnel to come out and look at the bird and make an assessment. Once they were on scene it was determined that the eagle was indeed young, although large for its age and that the appropriate feathers needed to fly had not developed fully yet. So, the eagle was in danger as it would have to remain on the ground. The DNR decided then

to take the bird and delivered it to the Hope for Wildlife Society located in Seaforth, Halifax County, which has a program to care and rehabilitate injured wildlife.

The eagle was named Aquila by the Hope for Wildlife personnel which is Latin for "eagle." Aquila spent the next few months growing in the feathers needed for flight and learning to fly around a thirty meter flight cage.

According to Allison Dubet of the Society, they like to release the bird as close to the area where it was found and that is why Aldershot was chosen for the release point. So, under a cloudy and somewhat rainy morning, the box holding Aquila was opened and within seconds the large eagle took to the skies.

Hopefully, Aquila will find a home and settle into the surrounding area where many other Bald Eagles can be seen.

Allison Dube from the Hope for Wildlife, Rescue and Rehabilitation Centre, just north of Lawrencetown Beach outside of Halifax Nova Scotia and Sergeant Shane Wood, West Nova Scotia Regiment, Aldershot Nova Scotia stand in the same location where Aquila the rescued bald eagle was re-released into the wild in the training area in Aldershot.
(Photo: Sgt Pete Nicholson)



Greenwood Players Theatre Group
Presents

Robinson Crusoe

Rehearsals are going quite well and everyone seems to be enjoying themselves. Choreography by Sue VanHorne is starting this week for the dance routines. Pantomime will start on December 7th to December 11th Tuesday through to Saturday.

Venue is the AVM Morfee Centre.

All tickets will be sold at the door this year. You can reserve tickets but seating will be on a first come first served basis. Tickets will be \$8.00 per person.

Featured this week are Julia Niblock who plays Barnacle Bill and Paul Dill who play Captain Perkins.

Thanksgiving Farmers Market

2 days | Fri. Oct. 8th from 11-6
Sat. Oct. 9th from 11-6
Centre Court

Enjoy fresh fruits and vegetables provided by our local farmers for your Thanksgiving Dinner.

Homemade pies, cookies, rolls, pickles, and more will be available to compliment your meal.

Entertainment with Live Music.

Greenwood Mall is proud to announce an indoor Farmers Market every Wednesday in Centre Court from 12-6 pm

Open Thanksgiving Sunday
Closed Monday



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14 Wing Welcome Wrap-up

By: Lisa White, Acting PSP Manager.

This year, the annual Wing Welcome weekend kicked off with the Terry Fox Head Shave that took place on, September 17th, where \$13,600 dollars was raised and all of our Wing Leadership lost their locks, including two females which were our Wing Administrative Officer Lieutenant Colonel Pamela Smith McBride and Chief Warrant Officer Deborah Matthews. This years Wing Welcome was themed around 14 Wings connection with the community. The Wing Welcome Committee and all its volunteers worked very hard to make this year's Wing Welcome a great time for all.

Each year, 14 Wing Greenwood holds Wing Welcome activities as a way to welcome recently posted Canadian Forces members and their families to the Greenwood community. The activities provide a relaxed atmosphere for personnel, family and friends to get out and have some fun while meeting new faces, networking, and enjoying each other's company. The Wing Welcome also provides an opportunity for 14 Wing members and their families to learn about their community and the wealth of activities and clubs in the region. Clubs and groups, some local businesses and sponsors of the event set up their displays in the Fitness and Sports Centre on Saturday, September 18th, 2010, from 9:00 a.m. to 1:00 p.m.

This year's Wing Welcome provided an array of fun activities for all ages. For

young children, there were activities such as an extreme bouncer slide, an extreme maze, temporary tattooing and an iron kid's triathlon. For the youth, there was a youth bouncer, the popular skateboard competition, a pre-teen and teen video dance and a Youth Idol. For the entire family, there were activities such as a family skate, a pancake breakfast and a family movie. Other extraordinary activities included a Wing Welcome Golf Tournament that had to be postponed due to rain and was held 27 September.

First thing Saturday morning Lloyd Smith our Town Crier opened the pancake breakfast as well as participated in the opening of the displays at the Fitness and Sports Centre. Friday night, 14 Wing hosted a Pig Roast and a Dance at the Annapolis Mess which provided an entertaining night for all the adults.

During the weekend, prizes and awards were drawn for a variety of activities that were

donated by the 14 Wing clubs, businesses and sponsors that helped support our weekend. I would like to send out a special thank you to the Wing Welcome Committee and to all the volunteers and organizers of the Wing Welcome event. I would also like to thank all

the clubs and businesses that set up a display at the Fitness and Sport Centre. Finally, I would like to thank all the following sponsors of the event because without their support we would not have the resources or funding to make it happen.

Wing Welcome Major Sponsors:

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Wing Welcome Additional Sponsors:

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(Images by: Private Crystal Smith, Image Tech, 14 Wing Imaging)



Business of the Week! Christmas Bookings

Due to popular demand, The Aurora Newspaper is delighted to once again offer you the opportunity to participate in our **Business of the Week** advertising feature. The idea is simple:

- Six businesses run a business card ad for six weeks
- Each week one of the businesses will be featured as the **Business of the Week**
- The featured business will have the opportunity to work with the Marketing Consultant in developing a write up that can include a photo and approximately 500 words of copy

- The cost for this is only

\$199.00 tax incl. per business

For more information on how you can take part in this exciting feature (**space is limited so don't delay!**) please contact:



Anne Kempton
Marketing Consultant
The Aurora Newspaper
765-1494 ext. 5833
aurora@auroranewspaper.com
www.auroranewspaper.com

DEADLINES

for The Aurora Newspaper are as follows:

12:00 noon Wednesday for classified ads; 3:00 p.m. Wednesday preceding publication date for all other advertising and those requiring proofs. Editorial material **MUST** be typed and **MUST** be accompanied by an electronic/digital (MS-Word® file) and a printed hard copy, the originator's name, address and telephone number no later than 9:30 a.m. Thursday. Or E-mail us at aurora@auroranewspaper.com



The Canadian Forces Bid Farewell to the Governor General and Commander-in-Chief of Canada

NR 10.001 - September 29, 2010

OTTAWA – The Canadian Forces said farewell today to Her Excellency, the Right Honourable Michaëlle Jean, Governor General and Commander-in-Chief of Canada, with a 250-member military parade at the Canadian War Museum in Ottawa.

“Her Excellency was instrumental in making sure the men and women of the Canadian Forces knew the level of support and the admiration Canadians had for them,” said the Minister of National Defence, the Honourable Peter MacKay. “Her Excellency reminded us all of the very difficult and often dangerous work the Canadian Forces do at home and around the world on our behalf.”

“As our Commander-in-Chief, Her Excellency has visited thousands of Canadian Forces members across Canada and around the world,” said the Chief of the Defence Staff, General Walter Natynczyk. “This farewell ceremony is a reflection of the unique and positive relationship that Her Excellency has maintained with the Canadian Forces since her appointment five years ago.”

Her Excellency, the 27th governor general since Confederation, has been a dedicated supporter of the Canadian Forces. This ceremony also provided her the opportunity to recognize the outstanding contributions of the men and women in uniform one last time while in office.



Her Excellency the Right Honourable Michaëlle Jean, Governor General and Commander-in-Chief of Canada addresses the crowd at her farewell ceremony composed of 250 Canadian Forces members at Canadian War Museum, September 29, 2010.

The Governor General received military honours in the presence of the Honourable Peter MacKay, Minister of National Defence and General Walt Natynczyk, Chief of the Defence Staff. In delivering her final address as Governor General she saluted the remarkable work done by the men and women of the Canadian Forces.

*(Photo: Sgt Serge Gouin, Rideau Hall, OSGG)
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Les Forces canadiennes soulignent le départ de la gouverneure générale et commandante en chef du Canada

NR 10.001 - le 29 septembre 2010

OTTAWA – Les Forces canadiennes soulignent aujourd’hui le départ de Son Excellence la très honorable Michaëlle Jean, gouverneure générale et commandante en chef du Canada avec une parade militaire de 250 membres au Musée canadien de la Guerre à Ottawa.

« Son Excellence a été déterminante pour s’assurer que les hommes et les femmes des Forces canadiennes connaissent le niveau d’appui et l’admiration que les Canadiens et Canadiennes avaient pour eux, » a indiqué le ministre de la Défense nationale, l’honorable Peter MacKay. « Son Excellence a rappelé à tous le travail très difficile et souvent dangereux que les Forces canadiennes font au pays et dans le

monde en notre nom. »

« À titre de commandant en chef, Son Excellence a visité des milliers de membres des Forces canadiennes au Canada et dans le monde, » a déclaré le Chef d’état-major de la Défense, le Général Walter Natynczyk. « Cette cérémonie d’au revoir est un reflet de la relation unique et positive que Son Excellence a maintenu avec les Forces canadiennes depuis sa nomination, il y a cinq ans. »

Son Excellence, le 27^e gouverneur général depuis la Confédération, a fait preuve de dévouement envers les Forces canadiennes. Au cours de cette cérémonie, elle a reconnu les contributions exceptionnelles des hommes et des femmes en uniforme et ce, pour une dernière fois durant son mandat.

“Youth Happenings” at the 14 Wing Community Centre

By: Recreation Youth Worker; Megan LeMoine

Please note The Centre will be closed on Sunday October 10 and will re-open Monday October 11 for our regular drop-in hours. If you would like more information about The Centre, our programs or what we have to offer, please call 765-8165. Here’s what’s happening this week.

Boys Club
Cooking Class
Monday October 4
4:30 – 6:00 p.m.
Cost- \$2.00

Boys please pre-register before Oct. 3. Today we will make mini pizza’s - we will make our own crust from scratch and then add your favourite toppings! This program costs \$2.00, so please register before Oct.3.

Teen Council
Tuesday October 5
3:00 – 4:00 p.m.
Today we’ll discuss upcoming events like; BaM! weekend conference, Fundraising opportunities, the Halloween Dance and Haunted House.
Active Chicks

Swimming
Wednesday October 6
6:00 – 7:00 p.m.

Girls, meet at The Centre to get signed in and then we’ll make our way to the F&S Centre for casual swim. Please bring a towel and your bathing suit. You can be picked up by a parent/guardian at The F&S Centre after swimming.

Teen Activity
Swimming
Thursday October 7

6:00 - 7:30 p.m.
Teens meet at The Centre for casual swim. Please bring your bathing suit and a towel. See you there!

Special Events
Fiesta Night
Friday October 8
Pre-teens- 6:00 - 7:30 p.m.
Teens- 8:00 - 9:30 p.m.
Tonight it’s a Fiesta at The Centre, we will learn how to make authentic Mexican food-taco’s and churro’s. There is no

charge for this event although you must pre-register before Oct. 7.

The Centre will be closed Sunday Oct 10 for Thanksgiving and will re-open Monday Oct 11 for our regular drop-in hours.

Teen Trivia and Treat Night
Tuesday Oct. 12
6:00 – 8:00 p.m.
Teens come to ‘Trivia and Treat Night’ answer some skill

testing questions and enjoy a yummy treat. Tonight we will make our own onion dip to enjoy with tortilla chips and veggie sticks.

Pre-teen Dance
Friday October 15
6:00 – 8:00 p.m.
Cost- \$3.00
Pre-teens come to The Centre for tonight’s dance. Tell your friends, bring some friends, you might meet new friends. The cost is \$3.00 to enter.



THE MUNICIPALITY OF THE COUNTY OF KINGS

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Request for Proposals

Arena Curling Club Project

The Municipality of the County of Kings, Engineering & Public Works on behalf of the Arena Curling Club Project Committee (Committee) is seeking proposals from consulting firms (Vendor) to evaluate 2-3 potential sites for a new hockey/curling recreation facility in Greenwood, Nova Scotia.

Specifications may be viewed and picked up at the office of Engineering & Public Works, Municipal Complex, 87 Cornwallis Street, Kentville, Monday to Friday from 8:30 am to 4:30 pm.

Inquiries pertaining to this RFP may be directed to Tanya Oickle, Engineering Support Clerk, Engineering and Public Works at: toickle@county.kings.ns.ca or 902 690-6195.

**PROPOSALS WILL BE ACCEPTED UNTIL 2:00PM
Thursday, October 14, 2010**

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

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Government of Canada Establishes a Legacy of Care for Seriously Injured Military Personnel and Their Families

**BG - 10.027 -
September 28, 2010**

The Government of Canada recognizes that Canadian Forces (CF) personnel and their families face exceptional challenges as a result of sacrifices that they have made in the service of Canada. The Department of National Defence (DND) and Veterans Affairs Canada

(VAC) are working together to improve the care available to injured soldiers and their families and address their needs in a timely, consistent and meaningful way.

The Government of Canada is spending \$52.5 million over five years to establish a "legacy of care" centered around five new initiatives to care for injured soldiers, sailors, airmen and airwomen. These new initiatives contribute in a tangible and lasting way to their recovery and rehabilitation, as well as to their eventual reintegration, along with their families, into military or civilian life.

The five initiatives are:

1. Barrier-Free Transitional Accommodations

Families are sometimes required to travel or relocate in order to gain access to the optimal rehabilitation site for the member. Rehabilitating personnel and their families have, at times, been placed in accommodations that present barriers

to their independence. Permanent, sustainable, barrier-free transitional accommodations located close to each of the seven CF rehabilitation centres will significantly reduce the challenges facing injured personnel and their families.

2. Support Services While in Transitional Accommodations

In order to ease the burden placed on the families of our injured personnel, and to allow them to focus on recovery, dedicated support services will be provided at transitional accommodations. These services will include wheelchair-accessible transportation to and from treatment and activities related to rehabilitation, along with associated support services such as caregiver respite, childcare and delivery of medical supplies and groceries.

3. The Canadian Forces Attendant Care Benefit

Many Canadian Forces members who have suffered serious injuries require assistance to adapt to their new life or to face the challenges of rehabilitation. A family member or a close friend of a seriously

injured CF member may give up employment or other obligations in order to provide the necessary care. With this initiative, caregivers for CF members who require assistance will be provided financial support in the form of reimbursement of expenses up to a maximum of \$100/day directly associated to the care that they receive.

4. CF Spousal Education Upgrade Program

The current Spousal Education Upgrade Program, administered by Veterans Affairs Canada, reimburses tuition fees of up to \$20 000 to allow dependants and survivors of injured Canadian Forces personnel to further their education. Under the new Veterans Charter, both survivors of military personnel killed after April 1st, 2006, and spouses of severely injured Canadian Forces personnel who have been released can access the benefits provided by this program. However, this benefit was previously only accessible through VAC after a member was deceased or had been released from the CF. In order to have a more comprehensive approach,

the eligibility of this benefit is being extended to the survivors of CF personnel killed after October 7th, 2001, as well as to spouses of permanently incapacitated personnel. This will allow eligible survivors and spouses to access these benefits earlier, and from either the CF or VAC.

5. Enhancing Case Management Support for Seriously Ill and Injured CF Members

Experience confirms that seriously injured modern-day Veterans have more intense case management needs, and their recovery tends to take longer than expected. Research shows that early intervention, comprehensive case management and treatment, and adequate financial support are crucial to a Veteran's rehabilitation. Given this, as part of its national enhanced case management strategy, VAC will provide capacity to coordinate and accelerate services to seriously injured Veterans in Afghanistan and other areas of conflict. The Department has also:

- expanded its network of case managers by an additional 20 case manag-

ers to meet ongoing and increasing demand;

- realigned case management resources to areas with the greatest need such as Integrated Personnel Support Centres (IPSC) which are located in areas with a large number of CF deployments, including Canadian Forces bases in Edmonton, Shilo, Gagetown, Petawawa, and Valcartier. IPSCs are a joint initiative between VAC and DND that offer a "one-stop service"-where seamless, coordinated assistance and access to key VAC and DND services are provided to CF regular and reserve force members and their families;
- and given case managers more authority to make timely decisions that are critical to recovery, rehabilitation and transition to civilian life.

The Government of Canada continues to listen to the concerns of ill and injured Canadian Forces personnel, veterans, and their families and is committed to taking steps to provide them the support and care needed to better their lives.



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of 150 words or less.
For more information,
contact Anne Kempton
at 765-1494 local 5833**



— OCTOBER —							The Annapolis Mess 14 Wing Greenwood		— 2010 —	
Sun	Mon	Tues	Wed	Thu	Fri	Sat				
INFO Back Bar Darts Available from bartender	INFO Fridays TGIF • 1700 hrs • Events subject to change please check our website.	INFO Back Bar Daily Newspaper for Your Enjoyment	INFO High Speed Internet available in TV Lounge & Wireless Internet		TGIF WOSM Hosting Fish & Chips	INFO	1	2		
INFO Non Alcoholic Beverages Available	3	4	5	6	7	TGIF CANCELLED - LONG WEEKEND Snacks available in Back Bar	8	9		
10	11	12	13	14	15	TGIF Annapolis Mess Oktoberfest Food	16	17	Body & Mind Youth Conference Astra Lounge	
18	19	20	21	22	23	TGIF JR Hosting Chili	24	25	OM Wine & Cheese	
26	27	28	29	30	31	TGIF CANCELLED - LONG WEEKEND Snacks available in Back Bar			Silent Auction	

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The 19th Hole

The month of September has come and gone....but the weather is still like summer! Ya Gotta Like It!

The Men's Tuesday League held their final (Regular) night on Sept 1st and there were 30 golfers . The First Division winners were: 1st LG Doug Carpenter, 2nd LG Charlie Costin, 1st LN Steve Lake, and 2nd LN Randy Anderson and Charlie had the only skin on # 7. The Second Division winners were: 1st LG Ian MacKenzie, 2nd LG Glenn Watters, 1st LN Nelson Mullen and 2nd LN Ralph Fevens: Skins were won by Bill McDonald #4, Robinson #6 and MacKenzie #9. The Third Division winners were: 1st LG Wayne Little, 2nd LG Phil Allen, 1st LN Baden Thurber, 2nd LN Bob Trimm. Skins were won by Trimm #4 and Adams #8. Marcel Levesque was the lucky 50/50 winner.

On September 25th there were 62 men signed up for the Closing Tuesday Night Men's tournament... and guess what? They all showed up. At times it looked like the rain was going to really dampen the day, but the rain lasted for about 15mins and then it was fine, (of course Dwight and I were out selling 50/50 tickets during that 15 minutes of rain). All the competitors seemed to really enjoy themselves and after the round of golf they each BBQ'd a steak and were treated to a baked

potato and a roll (didn't hear anyone complain about the meal, everyone was raving about the steaks.) While some were doing their steaks, others were taking their turn at Closest to the Hole on #18...from 100 yards. There were several fairly close shots but in the end, Weldon Rideout skipped one onto the green and it ran up to 11 inches from the hole. Great Shot Weldon ...hope you are enjoying your new Rocker/Recliner donated by Home Hardware in Middleton. Scottie and Doug (along with the help of their auditor, Dan Smith) proceeded with the prize presentations and the elimination draws ...1st Place winners- 64 (retro) - Grist, Swindells, Richter and Trimm. 2nd Place -64 (retro) - Cooper, Swan, Robinson and Feener: 3rd Place - also 64 (retro) - Nauss, Jenkins, E. Marshall and Gaudet. The skins were #5 ...Grist, Swindells, Richter and Trimm (I hear Bob Trimm sank the putt for an Eagle): # 8- Nauss, Jenkins, E.Marshall and Gaudet. The Closest to the Pin prizes were won by: #3- Wayne Pellerine, #8- Mike McCorry (nice to see you back for the tournament), #11 Dave Adams and #13- B.J. Lenton.

Everyone went away with a prize, some got more than one but the Big Prize winner for a free membership for next year was... GUESS?... You Guessed It ...Weldon Rideout! What a day

that was for Weldon... usually wins come in threes ...hope he bought a lottery ticket for that night.

Scottie and Doug want to thank all the guys for supporting them all year, and especially for the excellent turn out for the final day. Thanks to all the sponsors, the Golf Club staff and Sandra and Kathy for helping with registration, scoring, counting the little discs etc, and to Dwight and Wendy for looking after the 50/50 draw and the Closest to the Pin on #18.

There are a few important dates coming up: Club Storage Closed for Season...Oct.31st (Hours are tied to Pro Shop hours)

Annual General Meeting - October 24th at 2:00 p.m. in the Clubhouse... don't miss it, show your support and interest in the club by attending this meeting.

Range Closed for the season, Oct.31st and Personal Drive Carts *must* be removed for the property by Oct. 31st.

The Iron Man tournament is slated for Oct. 16th, ... see the bulletin board for more info. The

Cross Country Tournament is slated for Oct. 23rd. Remember every team must have a lady on the team and guests cannot out number club members. This really is a fun day, so get your teams organized and sign up for this one. Ian MacKenzie is looking after this tournament.

I see they are spreading top soil near the club house, looks like our new home for Members Carts is no longer just a plan... It's here! Also I noticed that several of the cart paths have new (*used*) asphalt on them

...looks pretty good. The course is in such great shape, sure hope the weather stay like this for another month.

That's it for this week; I will have the results of the ladies closing next week and also some news about their "Christmas Party".

Still time to have a game of golf with a friend and to get out and enjoy those wonderful Fall colors... it just doesn't get any better than this.

Happy Thanksgiving Everyone.

2010/2011 F&S Centre Price List

Item/Rental	Total Cost including HST
F&S General	
Day Pass	\$6.00
Snow Shoe Rental (only available to Rec card holders and military)	
Daily	\$2.25
Weekend	\$5.25
Late Fees	\$5.00/day
Locker Rental Military	\$66.00 or \$5.50 / month
DND, NPF, Rec Card	\$108 or \$9.00 / month
Canoe/Kayak Rental Daily Only available to Mil, DND, NPF	\$15.00
Weekend	\$25.00
7 consecutive days	\$50.00
Late Fees	\$15.00/day
Classroom per hour Rec	\$30.00
Non Rec	\$36.25
Party - ½ Gym per hour Rec	\$46.00
Non Rec	\$63.25

Item/Rental	Total Cost including HST
Pool	
Aquacise Cards Rec	\$42.00
Non Rec	\$55.00
Aquacise Drop In Rec	\$5.00
Non Rec	\$8.50
Parent & Tot	\$3.00
Pool Party - Pool + Classroom Rec	\$86.75
Non Rec	\$114.00
Pool Party - Just Pool Rec	\$64.25
Non Rec	\$85.25
School and Large Group Rentals	\$111.00
Arena	
Public Skating Rec	Free
Non Rec	\$3.00
Non Rec Family Rate	\$10.00
Limited Ice Rentals Available, call arena for pricing	

~ Thank You ~

The family of the late Ellis Spinney, wish to express their thanks and appreciation for all of the messages of sympathy, cards, food, emails and memorial donations. Special thanks to Father Mike McKeage for prayers of comfort.

Special thanks as well to the doctors and nurses of Soldiers Memorial Hospital for their excellent care.

Sincerely,
Irene Spinney and Family



Greenwood Minor Hockey will be holding registration for Recreational (House) teams on the following date:

- October 16th from 10:00 am - 2:00 pm at the Greenwood Mall (by Cleve's)

Prices for the 2010/2011 season are:

- IP1/IP2 \$230.00 (born 2004/2005)
- Novice \$350.00 (born 2002/2003)
- Atom \$380.00 (born 2000/2001)
- Pee Wee \$400.00 (born 1998/1999)
- Bantam \$420.00 (born 1996/1997)
- Midget 'C' \$450.00 (born 1993/1994/1995)

3rd child registered is half price.

Please have Health card and rec card upon registration.

Non rec card holders must purchase single event rec cards prior to start of play.

For more information please call Tanya Newell at 765-1157.

No phone calls after 8pm please.

ANNAPOLIS EAST ELEMENTARY SCHOOL



~ The following items are available at the Cafeteria daily ~

Sandwiches: \$2.00; **Wraps** - \$2.00; **Sub Sandwiches** - \$2.00;
All sandwiches, wraps & subs will include fresh vegetable or fruit on the side.
Vegetables & Dip - \$1.50; **Cheese & Crackers** - \$1.50;
Fruit & Dip - \$1.50; **Tossed Salad** - \$2.50 sm \$1.50;
Caesar Salad - \$2.50 sm \$1.50; **Spinach Salad** - \$2.50 sm \$1.50;
Yogurt - \$1.00; **Yogurt Tubes** - \$1.00; **Yogurt Parfaits** - \$1.25;
Fresh Fruit: Apples, Oranges & Bananas - \$1.00; **Fruit Squiggles** - \$1.50;
Gold Fish Crackers - \$.45; **Baked Lays** - \$1.50; **Flat Earth** - \$1.50;
Smart Popcorn - \$1.50; **Frozen Juice Bars:** Orange & Cherry - \$1.00;
Rice Crispy Squares - \$.80; **Smoothies:** Mon, Wed, Fri - \$1.25;
Juice: Apple, Orange & Seven Fruit - \$1.00; **Milk** - \$.35; **Water** - \$1.00;
~~ Canteen Items - CASH ONLY ~~

There will be a cost for ALL condiments if your child is not purchasing lunch from the cafeteria.
Ketchup, Mustard, Relish - \$.15 each; **Mayo & Salad Dressings** - \$.30 each;
Barbecue/Sweet & Sour Sauce - \$.40 each

We are a NUT & SCENT sensitive school with a smoke-free enviroment.

Oct 4th: It's a soup day - Soup & Roll 2.50 • Chicken Noodle or Corn Chowder • Blueberry Buckle 1.00
Oct 5th: Macaroni & Cheese with Carrot Coins 3.00 • Banana .75
Oct 6th: Chicken Noodle Soup 2.00 • Shepard's Pie 3.00 • Applesauce 1.00
Oct 7th: Pizza Slice with Apple Slices 2.75 • Pudding 1.00
Oct 8th: Beef Noodle Soup 2.00 • Chicken Burger with Slice of Tomato & Lettuce 2.50 • Apple Slices 1.00

Daily Specials can be purchased for \$3.25 • Main Entree, Milk & Daily Dessert

school lunch menu

KINGSTON & DISTRICT SCHOOL

Whole Sandwiches

1/2 Sandwiches (Asst. fillings)\$1.30
Delux 1/2's\$1.65
Full Sandwiches/Croissant/Wraps\$3.30

Hot Foods

One Hot Food Daily.....\$2.50 - \$3.00
Cup of Soup\$1.00
Bowl of Soup.....\$2.00
Teachers Plate.....\$3.75 - \$4.25

Beverages

Milk.....\$0.35
Choc. Milk\$1.50
Juice Small\$0.75
Bottled Water\$1.25
Yop.....\$1.50
Oasis Juice Purple/Red/Yellow\$1.25

Salads

Caesar Salad\$2.50
Chicken Caesar/Greek/Spinach/Potato.....\$3.30

Snacks

Fresh Fruit (apple/banana/orange).....\$1.00
Fresh Fruit.....Small \$1.50 - Large \$3.00
Veggie & Dip.....Small \$1.50 - Large \$3.00

Nacho Chips & Salsa\$1.25
Sun Chips/Frito Chips\$1.50
Yogurt/Apple Sauce/Fruit Cups.....\$1.00
Cheese\$0.80
Pepperoni & Cheese.....\$1.25
Bagel with Cream Cheese\$1.25
Bagel 1/2 w/Flavored Cream Cheese & Fruit...\$1.50
Boiled Egg.....\$1.00
Gold Fish Crackers\$0.60
Welch's Chews.....\$1.25

Freezer Items

Frozen Juice Bar.....\$1.25
Yogurt Tubes.....\$1.25

Desserts

Muffins/Biscuits\$1.00
Cookies\$0.50
Yogurt Parf/Cinnamon Bun/Apple Delight.....\$1.25

Condiments / Cutlery

Ketchup/Mustard/Relish.....\$0.15
Mayo & Salad Dressing.....\$0.30
Fork/Knife/Spoon.....\$0.05
Cream Cheese/Cheese Whiz pkg.....\$0.50
Butter pkg.....\$0.25

Daily Specials (Mon-Thur): Price Includes Hot Meal, Dessert & White Milk - \$3.25 - \$3.75

There is a "NO" Charging Policy in Effect • Milk Card Available \$7.00 for 20 Milk

Mon: In-Service • No School

Tues: 1/2 Sandwich & Cup of Soup \$3.00 or Bowl of Soup \$4.00

Wed: Mac & Cheese with Veggie Sticks \$3.25

Thurs: Poutine with Veggies \$3.25

Fri: Baked Chicken Dinner with Trimmings \$3.75

This menu brought to you compliments of:

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KENTVILLE • 1-902-678-8044
BRIDGETOWN • 1-902-665-4449
www.frasers.ca



FOR YOUR INFORMATION

UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS

FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

Friends of the Village

The Friends of the Village are sponsoring a stuffed pork roast dinner and silent auction on October 16, 2010 at the Kingston Legion. The cost is \$20.00 a ticket. There will be a jelly cupboard, and pie auction. Doors open at 6:00 p.m. and the meal will be served at 7:00 p.m. Proceeds from this dinner will be divided between the Western Kings Arena and the new building for the Legion for more information call Muriel at 765-8605.

Relay For Life

On Tuesday, October 12 there will a meeting to prepare for the 2011 Relay For Life event to be held in Middleton and encompasses communities from Berwick to Annapolis Royal. The meeting will be at the Middleton Town Hall at 7:00 p.m. Anyone wanting more information, or who would like to volunteer/participate is welcome to attend. The 2010 event raised over \$185,000.00 and we'd love to top that for 2011. Bring a friend!

Funds for Fuel - Bridge Party Monday, October 4th

Macdonald Museum, Middleton. Play begins at 1:00 p.m. All welcome. \$4.00 per person. Light refreshments. Come out for a fun afternoon and support your museum. Phone 825-6116 for more information.

Authors Ink Writing Workshop

With author Christy Ann Conlin will be held Wednesday, October 13th, 9:00 a.m. to 12:00 p.m. at the Macdonald Museum, Middleton. Pre-registration required. Please call for prices. Limited number of spaces available. Call 825-6116 to register or for more information.

Funds for Fuel - Bridge Party Monday, October 18th

Macdonald Museum, Middleton. Play begins at 1:00 p.m. All welcome. \$4.00 per person. Light refreshments. Come out for a fun afternoon and support your museum. Phone 825-6116 for more information.

Annapolis Valley Historical Society

Will meet, 7:30 p.m., Tuesday, October 26th. The AVHS will present a Remembrance program with guest speakers Dianne LeGard, Middleton Legion President and Sergeant Terry Randall of a WWII Re-enactment Group. All welcome. No admission charged. Phone 825-6116 for more information.

Kingston Area Seniors Association

Kingston Area Seniors Association meets the second Wednesday of each month at 10:00 a.m. At the Kingston Branch No. 98 of the Royal Canadian Legion. Fun day (cards & games) every second and fourth Friday of the month at 1:00 p.m. For more information contact Minnie Rogers at 765-3292.

St. Mark's Chapel Guild

The October Meeting of St. Mark's Chapel Guild will be held on Monday, October 4th at 7:00 p.m. in the Chapel annex. All ladies in the congregation are invited to attend for the meeting and refreshments.

Welcome Wagon 50+ Changing Lifestyles Showcase

The Welcome Wagon 50+ Changing Lifestyles Showcase will be held on Saturday, October 16th at the Pine View Inn, Kentville (formerly Wandlyn Inn) at 6:00 p.m. It will be a very entertaining and informative evening with many sponsors, a fashion show, entertainment, door prizes, lite lunch, etc. The Grand Door Prize, courtesy of David Deacon of Raymond James Ltd, is a medley of local products crafted by Valley Artisans. A 50+ Dance, with music of the 50's & 60's will follow the Showcase. Seating is limited, so please register by calling Carolyn at 902-697-2006. Admission is Free.

Farmers Market at the Greenwood Mall

Now every Wednesday 12:00 - 6:00 p.m. Local Farmers, Crafters, Chefs, Bakers, Wineries every week - www.get-freshkingston.com. Interested vendors call Colleen 840 0423.

Self help meetings at Crosbie House

113 Cornwallis Ave. New Minas, Monday evenings at 8:00 p.m. - All Addictions Meeting, Tuesday evenings at 8:00 p.m. - AA Meeting, Wednesday evenings at 8:00 p.m. - NA meeting, for more information on any of these meetings or the Crosbie House please call 866-681-0613 toll-free.

Christmas Craft Fair

The West Kings Band Parents Association is holding its annual Christmas Craft Fair. The event takes place at West Kings High School on Sunday, November 7, 2010 from 10:00 a.m. until 4:00 p.m. All proceeds will support the West Kings Music Program. Please come out, in support of this great event.

Fun & Games

An interactive exhibit featuring toys and games from days gone by ends October 15th, Macdonald Museum, Middleton. Beginning October 1st Museum hours are Monday-Friday, 10:30 a.m. to 4:30 p.m. Admission charged for non-members.

Hymn Sing

Sun, Oct. 10th - 7:30 p.m. Wilmot Baptist Church Christian Fellowship Centre Special guests Noel & Beverly Facey (On Eagles Wings), corner of Hwy # 1 and Dodge Road.

Authors Ink Creative Writing Group

Will meet at 10:00 a.m., Wednesday, October 27th at Macdonald Museum, 21 School St., Middleton. Cost is \$3.00 per person. Call 825-6116 for details.

C.D. "Pete" Harris

Art Exhibit

Official opening 2:00 to 4:00 p.m., Sunday, October 17th, Macdonald Museum, 21 School Street, Middleton. This is a show and reception to pay tribute to the late Annapolis County artist Pete Harris and includes many of his fine realist paintings. No admission charged. All welcome. Admission charged to non-members after October 17th. Show continues until October 29th. The Museum hours are Monday-Friday, 10:30 a.m. to 4:30 p.m. Phone 825-6116 for details.

Kingston and District Hospital Auxiliary

The meeting of the Kingston and District Hospital Auxiliary will be on Tuesday Oct. 5 at 1:00 p.m. at the Kingston Fire Hall. Guest speaker is Valerie Thomas of Volunteer Resources. Come out and join us, all are welcome.

HOROSCOPES

October 3 - October 9

ARIES - Mar 21/Apr 20

A difficult challenge lies ahead, Aries. Save up your energy for the next few days and keep the partying and socializing to a minimum for the time being.

TAURUS - Apr 21/May 21

Taurus, the path you are on seems very stable, and this is the way you should operate. You will find others are looking to you more for advice. It's a role you enjoy.

GEMINI - May 22/June 21

Gemini, you're stuck in a string of bad luck. Just like most things, this too shall pass. Keep your chin up and hang out with friends to keep your mind busy.

CANCER - Jun 22/Jul 22

There's not much more to be done about a current situation, Cancer. Rather than struggle trying to figure out where things went awry, focus on a new plan.

LEO - Jul 23/Aug 23

Leo, if it seems like others aren't listening to you, simply speak a little louder. There's more to a relationship than you had originally thought.

VIRGO - Aug 24/Sept 22

Virgo, an opportunity for new and more fulfilling employment is coming your way soon. If you are happy where you are, it may be time for a promotion.

LIBRA - Sept 23/Oct 23

Extra spending leaves you a little light in the wallet, Libra. A second job or another means to making money is the way to go for a few months. Try to curb spending.

SCORPIO - Oct 24/Nov 22

Scorpio, the road might be bumpy, but luckily you have a car with a good suspension. Ride out this rough patch with a smile on your face and it will pass quickly.

SAGITTARIUS - Nov 23/Dec 21

Sagittarius, a relationship is blossoming and you're not sure in which direction it should be going. Trust your gut instincts with this and things will work out fine.

CAPRICORN - Dec 22/Jan 20

You're tougher than others suspect, Capricorn. You will prove your mettle with a difficult task that requires all of your focus and energy to master. Aquarius is impressed.

AQUARIUS - Jan 21/Feb 18

Aquarius, things are changing, but it's for the best. Instead of going against the tide, simply let the waves take you where you need to go. Surprises are in store.

PISCES - Feb 19/Mar 20

Think about moving in a new direction, Pisces, because you're bound to become stagnant the way you have been operating.

FAMOUS BIRTHDAYS

OCTOBER 3	Ashlee Simpson, Singer (26)
OCTOBER 4	Susan Sarandon, Actress (64)
OCTOBER 5	Grant Hill, Athlete (38)
OCTOBER 6	Elisabeth Shue, Actress (47)
OCTOBER 7	Simon Cowell, TV Personality (51)
OCTOBER 8	Chevy Chase, Comedian (67)
OCTOBER 9	Sharon Osbourne, TV Judge (58)

Horoscopes brought to you compliments of:



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Employment Tip

Submitted by: **Stephanie Townsend, Coordinator of Education and Employment Services at the GMFRC 765-1494 local 1816.**

Negotiating salary can be a touchy subject for many

employment seekers. A few tips and tricks when discussing salary include:

1. Try to put off talking about salary until a firm job offer has been made. When you have a firm job offer it becomes a great opportunity for the


company to see the value of your skills and they will be more willing to be flexible on pay scales in order to acquire your assets.

2. Compare your skills with others in the trade and determine what these skills are worth to an

employer. Being armed with competitive wage information is a great way to influence the employer to stick to a competitive wage bracket.

3. Determine what your findings are for a realistic salary range to cover your expenses. However, when negotiating with the employer focus on what your value to the company is rather than what you need to cover monthly living expenses. The employer may not be interested in what you need to pay bills but more inclined to pay a greater amount for the value of your skills.

To learn more about employment tips and tricks, contact Stephanie at the GMFRC.




PRESENTS... FIND & WIN

Just Fill in The Blanks. Three Easy Ways to Enter.

1. Through our website: www.auroranewspaper.com
2. Fax: 765-1717
3. Drop into our office located on School Road (Morfee Annex)

No Central Registry or Canada Post please.
Deadline: Noon, Thursday, October 7, 2010.
Make sure you include your full name and phone number.

NAME	PHONE NUMBER
Limited to one win per family in a TWO MONTH PERIOD.	
The winner will be drawn randomly from all correct entries. Only one entry per family per week.	
Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!	
1. Where can you buy a Sony 40" HDTV for \$66.67 per month	_____
2. What are Doug's Firewood phone numbers	_____
3. What is Fraser's Pro Home Centre's website	_____
4. When is Roo's Haunted Sleepover	_____
5. What are the dates for Fire Prevention Week	_____



This contest is brought to you by:
Pizza Delight, Greenwood
765-4477

Congratulations to last week's winner: FREDA DAVIS

EAP

Employee Assistance Program

When you need someone to talk to, call:

Al MacDonald...1532
Wayne Atwater...5567
Darlene Richards...3119
Debby Benda...3340

2010/2011 14 Wing Junior Curling Program

Are you looking for a fun activity to do with your friends this winter? The 14 Wing Greenwood Curling Club has what you are looking for!

The 2010/2011 Curling season is about to start and we are getting excited to offer our junior program to anyone between the ages of 11 and 18 for \$50.00 or \$75.00 for two or more children, to anyone with a Community Recreation Card. This great form of physical activity, for you and your friends, will be starting with a meeting at the Curling club on Tuesday,

October 26th at 4:30 p.m.

This meeting will provide an opportunity for all parents to complete the registration forms that will be available and to learn more about the program. We would like to mention that it is mandatory for all juniors to wear proper indoor footwear (carry with you when you arrive) so please come prepared. We also encourage all participants to wear warm and comfortable clothing (jogging pants, gloves, etc) since we plan on spending most of the first day on the ice!

The 2010/2011 14 Wing Junior Curling program is expected to run weekly from 4:30 – 5:30 p.m. on Tuesday afternoons. Brooms will be provided along with sliders for the youth to experiment with. All that is required is an interest in the game and a willingness to learn more and meet new friends. Please note, if you feel that your youth may be more comfortable on the ice with either a bicycle or hockey helmet, then we strongly encourage the use of one.

Curling is a very fun, and inexpensive way to stay active during the winter and an excellent way to meet new friends! Once again the fee is \$50.00 or \$75.00 for two or more children. There are two payment options; you can either pay the entire amount upfront or sign up to pay half the dues by the end of October and remaining balance at the beginning of January. Plus, please note that you must have a 14 Wing Community Recreation Card in order to become a member. If you're interested in curling or learning more about our weekly program, please call Eric MacKenzie at 765-1494 ext. 5337 or come out to the meeting on October 26th!

Letter to the Editor

The school block walk
Dear editor:

October is International Walk to School Month which offers children, parents, school teachers and community leaders an opportunity to celebrate the many benefits of walking. The goal of the walk differs from community to community. Some walks promote safer school routes while others promote healthier habits. Whatever the reason, Doctors Nova Scotia encourages you and your school to get walking.

Walking with neighbours, friends, family and classmates promotes healthy habits, increases physical activity, identifies safe walking routes in your neighbourhood, and

increases your opportunity to socialize in your community. Actively participating in Walk to School Month could also transition into the launch of a year-round program, such as the Doctors Nova Scotia Youth Running for Fun program.

Currently, physical inactivity and an increased rate of obesity has overtaken smoking as the number one health concern in the province. Incorporating activity into your daily routine is the easiest way to increase your level of daily activity. Being active can be as simple as walking or cycling to school.

The association recognizes that walking to school is not practical in all areas across the province. However, we

encourage all communities who use school buses to transport students, to participate by implementing walking events at school. School-wide walks during recess or before class, is an excellent way to join communities around the globe who celebrate walking in their neighbourhoods.

Doctors Nova Scotia encourages everybody to walk a few extra steps whenever

they can. International Walk to School Month is a great way to get our youth moving and interacting in our communities. For more information on International Walk to School Month, visit www.saferoutesns.ca

Sincerely,
Jane Brooks, MD, PhD,
CCFP
President
Doctors Nova Scotia
www.doctorsns.com

Sudoku

Solution page 18

	8	4			7		1	2
6			3				7	9
		7	2		5	8		
		9		1	6	2		
2	1	8	4	3		6		
							6	5
9	5	3	6	2	8			
		1	5	9		3		

Level: Beginner

Fun By The Numbers
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku brought to you compliments of:

This Spot Could be Yours

\$15.40 plus HST

Give Anne a Call 765 1494 loc 5833

PATRICK'S PUZZLE

Doggy Word Find

Dog lovers, see how many related words you can find and circle in the puzzle.

ADOPT	DOG	LEASH
BOWL	FAMILY	RESCUE
CAGE	FRIEND	SHELTER
CANINE	FURRY	VETERINARIAN

P X H C Y E A P L K U V
W K I T U Z I D A T E F
E Z L C S J E R O T U O
K D S A D X Y N E P U S
R E T L E H S R I A T K
R L E F A M I L Y N K F
G E S G Z N F D R I A T
O A E T A U V N N D B C
D S M R R C G E L W O B
B H I R L N J I N A U L
S A Y M U S H R S M T W
N Y Z Z Q W C F G B V O

Dog Match

Match the items with the right task.

1. Leash	A. Walking
2. Clippers	B. Praising
3. Treat	C. Feeding
4. Food Bowl	D. Grooming

Answers: 1A 2D 3B 4C

Patrick's Puzzle brought to you compliments of:



Tri County
Communications
Greenwood Mall



TELUS
authorized dealer
Cellular Sales & Service
Authorized Product Care Centre
765-2415

Metro Crossword

Spelling: US English

Solution page 18

1	2	3	4	5	6	7	8	9	10	11	12	13
14				15				16				
17				18				19				
20				21				22				
			23					24				
25	26	27			28	29			30	31	32	
33				34					35			
36			37		38			39	40			
41			42	43					44			
45			46					47	48			
			49				50					
	51	52			53	54			55	56	57	
58					59				60			
61					62				63			
64					65				66			

ACROSS

1. Ink stain
5. Processed brewing grain
9. Cause to be embarrassed
14. Roman historian
15. Olive genus
16. Hay wrapper
17. Town in Iceland
18. Buryat capital
19. Belongs to sun god
20. S. FL. river
23. Waist ribbon
24. Chromaticity
25. Irony
28. Literary works of ancient Greece
33. Ladd, actor
34. Lightly fry
35. King Cole, musician
36. Nostrils
38. Red China
39. Alan Ladd movie
41. Fed
42. Animal backbone
44. Rule Britannia composer
45. Cognoscente
47. Sends or receives TV signals

DOWN

1. Countries in an alliance
2. Marie Presley
3. Elliptic
4. Amino acid tyr or y
5. Light creamy dish set with gelatin
6. God in Islam
7. Wife of Jacob
8. Source of the Blue Nile
9. Ancient calculators
10. Immerses in liquid
11. Away from wind
12. 100 = 1 tala
13. Units of time (abbr.)
21. Paddle

ACROSS

49. Radioactivity unit
50. Dull pain
51. 12-31 beverage container
58. Dypsis lutescens palm
59. A minute amount (Scott)
60. Formerly Persia
61. Edouard, Fr. painter
62. Goddess who defeated Thor
63. A stack or heap
64. Bone cavities
65. Millisecond
66. Pouches

DOWN

22. Which
25. Yemen capital
26. Having winglike extensions
27. Counterweights
28. Chili con _____, Mexican dish
29. Writer Clare Booth
30. Kami of fertility
31. Generalis lily
32. Strong construction alloy
34. Expectorate
37. Outlines
40. Cleft lips
43. Rope fiber plant
46. One who finds missing persons
47. Vinegary
48. Extremely high frequency
50. Administer an oil
51. Cubage unit for herring
52. Seize (obsolete)
53. Polite interruption sound
54. Girls
55. Murre
56. Powder
57. G_____: hereditary units
58. Doctors' group

Metro Crossword brought to you compliments of:

This Spot Could be Yours

\$15.40 plus HST

Give Anne a Call 765 1494 loc 5833

Classified Ads

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX or Debit or Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

FOR RENT

FOR RENT - Worry free retirement living, IR Postings welcomed, located centrally between Kingston and Greenwood on Sampson Drive. New built 2 bedroom duplex, with in floor heating, 5 appliances, attached

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250 Main St., Middleton
825-3059

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Barristers, Solicitors, Notaries
Chris Parker L.L.B.
Ronald D. Richter
(B.A. Hon.), L.L.B.
Southgate Court,
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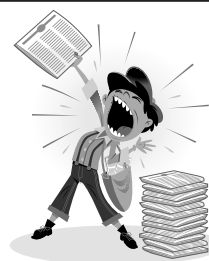
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Sudoku Solution

3	8	4	9	6	7	5	1	2
6	2	5	3	8	1	4	7	9
1	9	7	2	4	5	8	3	6
5	3	9	7	1	6	2	8	4
2	1	8	4	3	9	6	5	7
4	7	6	8	5	2	1	9	3
8	4	2	1	7	3	9	6	5
9	5	3	6	2	8	7	4	1
7	6	1	5	9	4	3	2	8

*If you want to drink ~ That is your business
If you want to stop drinking ~ We can help.*



AA meetings every Tuesday at 8 p.m. at St. Mark's Protestant Chapel

30th Annual Terry Fox Run!

By: Eric MacKenzie, Community Recreation Coordinator

14 Wing Greenwood had another successful Terry Fox Run on Sunday, September 26, 2010. This was the third year that 14 Wing partnered with the Village of Kingston and we were pleased to celebrate the 30th Annual Terry Fox Run, in support of cancer research, together.

Roughly 100 individuals attended, under the cold and overcast skies, where military members, civilians, as well as their families and pets, participated in either the five kilometre (km) or ten km routes by cycling, walking or running. Everyone gathered on Church Street at 12:45 p.m. when our Grand Marshal, Wing Commander (WComd), Colonel Bill Seymour, officially opened the event. After the WComd's address, it was then time to get everyone moving and the blood flowing, and that is when Corporal Helen Malo led the warm up exercise before the air horn sounded at 1:00 p.m. By the time the first air horn sounded for the cyclists, the sun started to shine through, and then the remaining runners and walkers left at the sound of the air horn.

In 2009, a combined total of over \$900,000.00 was raised across Nova Scotia (NS) for the Terry Fox Run. This averages out to 99 cents per NS resident and once again landed NS in the top four fund raisers per capita! As of September 26, 2010, 14 Wing had raised over \$16,000.00 as a result of the very successful 14 Wing Terry Fox Head Shave, which totalled \$13,600.00, and over \$2,400.00 was collected during the Terry Fox Run. Please note that as additional funds are collected, through school events and other on-line pledges, this total will continue to increase and substantially contribute to the 2010 provincial goal of exceeding one million dollars, for an average of one dollar per resident.

There were nineteen individuals who completed their final ten km of the 100 km Challenge on Sunday as well. These individuals started cycling, walking or running ten km a day, stating on Friday, September 17, 2010, and continued this pace until completing the final ten km during the Terry Fox Run. This accomplishment is truly amazing, but it also reflects how remarkable Terry Fox's determination was since he ran forty-two kilometres (twenty-six miles) every day for 143 days until he was forced to stop running in Thunder Bay, Ontario when the cancer spread to his lungs. The names of those who completed the 100 km Challenge are below:



Participants of the 30th Annual Terry Fox run warm up prior to starting the run.



On Sunday, September 26th, 96 runners, walkers, and bikers took part in the 30th Annual Terry Fox Run at 14 Wing Greenwood. Over \$2300 was raised in support of the event.

Photos by Master Corporal Andrew Collins

Master Corporal (MCpl) Scott Alberts, MCpl Steve Bambury, Cpl Kurt Bradbury, Major (Maj) Rob Clark, Cpl Donna Collins, MCpl Les Connell, MCpl David Hickey, MCpl Bryan Jackson, Civilian Bernice Jackson, Lieutenant Nadia Kang, Cpl Jessy Lamothe, MCpl Todd MacDougall, Cpl Helen Malo, Captain

Kevin Matheson, Civilian Bonnie McNeil, Cpl Troy Rose, Warrant Officer (WO) Donna Smit, Civilian Allison Wadden, MCpl Kevin Wadden.

Our local Member of Legislature Assembly, Mr. Leo Glavine, had the privilege of meeting Terry Fox and has officially participated in all thirty Terry Fox Runs. Our run on Sunday, like many other events, is not possible without the tremendous support from our volunteers. These individuals assisted with the organization of the run and who also volunteered on race day either at the Community Centre or along the routes as Marshalls or at water stations. Many volunteers arrived at 11:00 a.m. and stayed until roughly 3:00 p.m. Again, this community event would not be possible without the support from our volunteers and we would like to recognize the over twenty volunteers who assisted:

Donna Allan, Sam Andrews, Olivia Beer, Trish Gallant, Anne Kempton, Cpl Helen Malo, Karen Matheson, Master Warrant Officer Barry McBride, Peter Moreland, Maj Sean O'Reilly, Mary O'Reilly, Melanie Pearce, Kim Pollard, Raymond Saba, Joshua Sampson, WO Rick Scott, Amy Scott, Colleen Spinney, Amy Spurrell, Jessica Walker, A.J. Walsh.

Special thanks need to be given to the staff at the 14 Wing Community Centre who did a great job all day, and in particular Peter Moreland for his assistance with the event set up. Bruce Gormley, of the Maritime Proving and Evaluation Unit, was a silent hero who helped make this event a success. He did a terrific job of preparing all the route maps inside the Community Centre and the smaller maps that were given to all our volunteers. We would also like to thank McDonalds, Tim Hortons and Spurr's for their generous sponsorship towards this event.

Finally, we would like to thank the 14 Wing Military Police detachment, Mobile Support Equipment from Transport, 26 Canadian Forces Health Services, Wing Logistics and Engineering, Fitness and Sports Centre, Annapolis Mess and Wing Imaging for all their help, and Glen Abriel at the Village of Kingston for their support.

Thank you for helping to keep Terry's Marathon of Hope dream alive! We will look forward to seeing you at the 31st Annual Terry Fox Run next year! If you are interested in learning more about Terry Fox or would like to make a donation, please visit www.terryfox.org/

14 Wing Library - Serving those who read!

By: Judy McCool and Liz Tappen, AVM Morfee Centre, Greenwood - 765-1494, local 5430

Hello from your local library. Wow! Where did September go? Woody, Mr. Potato Head and Jessie had a fabulous time at the Wing Welcome. Pictures are still waiting to be picked up at the library. The winners of our door prizes were Krystal Martell and Toni Dinn who received gift certificates from The Inside Story. A big Thank You is extended to Ed and Anne for your donation. It was great to have so many people taking time to visit our booth. Now, here we are at October with Thanksgiving and Hallowe'en just around the corner.

Canadian Library Week is 17 – 23 October. To quote from the Ontario Library System – “a strong library is the cornerstone of a strong community.” Thought you might like to know that we currently have 1473 families who use our library.

Sunday Opening will commence on 17 October from 1:30 pm to 4pm. We will be having a *Sunday Story Hour* with Miss Kendra from 2 – 3 pm. This is a great opportunity for families to pay us a visit.

Story Tree will commence on Tuesday mornings later in the fall with Miss Donna.

Please call the library at local 5430 to register your child so that we have enough craft materials for everyone. Thanks so much!

Overdue Books – We have to remind patrons of their overdue books. Please check under beds, on shelves and in closets for any borrowed books that you have *forgotten* to return to 14 Wing Library as fines add up quickly!! We have a 24 hour drop box for your convenience but actual fines must be paid during open hours. Thank you in advance.

Library Hours*

Monday - 1-5 pm & 6-8pm
Tuesday - 10am-1pm & 2-5pm
Wednesday - 1-5pm & 6-8pm
Friday - Noon-4pm

Sunday - 1:30 pm-4pm -Starting Oct 17th, 2010

*Special Note- “Under the Story Tree” story hour will start on Tuesday mornings at 10:30 later in the Fall.

Thank You - 14 Wing Library has a great team of volunteers who do many jobs to make the library a better place.

Books for October

Fiction:

Sarah's Key/Tatiana de Rosnay; Children of the Morning/ Anne Emery; Look At Me/Jennifer Egan; Time's Legacy/ Barbara Erskine; The Walk/Richard Paul Evans; The Vigilantes-#10 Badge of Honor/W.E.B. Griffin; The Island/ Elin Hilderbrand; The Elizabeth Omnibus/Margaret Irwin;



Cody, Emily and Xavier Paquette had fun at Wing Welcome with Woody, Mr. Potato Head and Jessie, “aka” Judy, from 14 Wing Library.

Eight Days to Live-Eve Duncan Series/Iris Johansen; Under Heaven/Guy Gavriel Kay; The Missing/#2 Seasons of Grace/ Beverly Lewis; The Forgotten Garden/Kate Morton; The Horse Dancer/J.J.Moyes; Major Pettigrew's Last Stand/ Helen Simonson; The House on Sprucewood Lane/Caroline Slate; Dunkirk Crescendo-#9 Zion Covenant/Bodie & Brock Thoene; Certain Girls/Jennifer Weiner; Four Letters of Love/ Niall Williams; October/Richard B. Wright

Non-Fiction:

Open/Andre Agassi; A Short Guide to a Happy Life/Anna Quindlen; Freedom from Obsessive/Compulsive Disorder/ Johnathan Grayson PhD; Essential Guide to Vitamins & Minerals/Elizabeth Somer, M.A. R.D.; The War of the World/ Niall Ferguson; Highlanders/Fitzroy Maclean; The Taste of Italy/Frederic LeBain; Better Homes & Gardens Canning & Preserving Recipes; Dilbert-Try Rebooting Yourself/Scott Adams; Light Cooking/Rose Reisman

En francais:

Le violon casse/Johnny Subrock; Y'A des Moments Merveilleux/Dominique Michel; Palomino/Danielle Steel; Farouche/Judith Michael; L'Ete de nos seize ans/Deirdre Purcell

DVD – Toy Story and Toy Story 2

A note about our monthly book lists. Books may be new to the library but not necessarily newly purchased.

Library Services

14 Wing Library has three community access computers – two with internet access and one for word-processing. Computers are booked in ½ hour sessions on a drop-in basis or by phone reservation, 765-1494 ext 5430. The first half hour is free for library members and a fee of \$1.00 for the first half hour applies to non-library members.

Membership – A reminder to all, that 14 Wing Library is a public library open to military and civilians. Membership is free, but the benefits are priceless. We invite all our registered patrons to visit us but if you're not already a member, drop in and sign up to enjoy your local library.

Reading Opens Doors! So come and open the doors to 14 Wing Library.

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