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**The Aurora
Newspaper Offices
will be closed**

**to allow for block
leave from Tuesday**

July 27, 2010

until Monday

August 9, 2010.

**Returning at
8:00 a.m. Tuesday
August 10, 2010.**

**There will be
no newspaper
published
on August 3 and
August 9, 2010!**



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The Aurora newspaper

VOL. 31 NO. 28 JULY 12, 2010 NO CHARGE
14 WING • ESCADRE 14 GREENWOOD, NS



Happy Canada Day!

On July 1st, Canada Day, our staff came out to the Community Centre for a great day of games, skate boarding and lots of laughs! We had four large bounce kingdoms set up across the road which were a huge hit! Down by the playground our summer staff had a few games set up including a trivia game, deep sea diving, parachute games and ball toss! We also had a BBQ set up down by the pool and freezies and tattoos not to far off. Over on the other side the Community Centre was where a lot of the action was going on with the skateboard competition. The weather could not have been better and the turnout was amazing! All and all it was a wonderful day with lots of excitement!

(Images by: Private Mathieu Gaudreault, Image Tech,
14 Wing Imaging)



OH Canada!



(Image by: Eric MacKenzie)

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Oh Canada! cover story

Submitted by: **Eric MacKenzie,**
14 Wing Community Centre.

Canada Day on the Wing was an excellent way to celebrate our 143rd birthday! The 14 Wing Community Centre and Greenwood Military Family Resource Centre partnered to offer a great afternoon, with blue skies and warm weather, of family activities and games.

Like last year, it was nice to come together as a community to celebrate the birth of our country, our military community and especially to honour our deployed troops and their families here at home. Below is an overview of some of the highlights during each of the events offered:

Canada Day Skateboard Competition:

The Canada Day festivities got started with the annual Skateboard Competition where roughly two hundred spectators came out to watch the event. The Skateboarding Competition was a great success with 5 divisions, and a total 31 competitors. Great big thanks to Evan Banks, from Limitless Skate and Snow; your support and generous donations are what make this event possible! Thanks to Magic 94.9 for donating their PA system and hooking all the skaters up with free Jones soda. Other thank yous include Conner Bell (once again, you were the world's best EMCEE), Eco Shock (who rocked the park with great tunes), and Jackie Deschenes who assisted with providing First Aid.

In our Beginner division, first place was Andre Giffin, second place Duncan Gagnon and third Alex Gagnon. For our Intermediate division, John Mann placed first, Kelby from Bridgewater placed second, and Robbie Frontain placed third. For Advanced, Kyle from Halifax placed first, Connor Bell second and Jake Titus third. For our BMX division, we had Jeremy place first and Colin place second. For our last division, 19 and older, we had Wesley Norris in first, Bobby Harry for second, and Theo Saunders third. Everyone that participated did an excellent job!

Our next competition will be on Saturday September 18th 2010, as part of our Wing Welcome, so keep your eyes posted on The Aurora Newspaper for more info. If you'd like more information about the Greenwood Skateboard Union membership or how to become a member, please contact Megan LeMoine or Eric MacKenzie at the Community Centre.

Canada Day Family Activities:

All the kids loved talking to Sparky, playing games and enjoying the bouncers. Bounce Kingdom Party Rentals had four different stations set up, in addition to their cotton candy concession. Two of the four bouncers were sports, with a large basketball and football game. The seventy foot obstacle course was very popular, as well as the classic bouncer and slide.

Canada Day Kiddie's Games:

The 14 Wing Community Centre Summer Camp staff once

again provided fun activities for the young children who came with their families. The fun games for the kids included a fish pond, Canada quiz and a hula hoop game. Lots of kids of all ages were there to join in on the fun and everyone walked away with cool prizes and a Canadian flag donated by the Canadian Heritage Society. Thanks to everyone for the donations and support in running the games and to all of the kids for coming out to participate.

Lots of thanks go out to all who helped make the event such a success. Thank you to the guys from TEME for their help with set up. The group from EXIT Realty were awesome with their wonderful tent which included face painting and balloons. Sparky and his firefighting crew were a big hit, and the Canadian flag looked great at the top of their ladder. Thank you to Alex and Dana at Bounce Kingdom for generously contributing to the event. Finally, a huge thank you to all of our wonderful volunteers for their hard work, we could not have done it without them! Great Job!

The 14 Wing GMFRC and Community Centre thoroughly enjoyed offering our Canada Day Festivities to the over five hundred community members who came to celebrate our Nations 143rd birthday! Our next partnered event will be the "14 Wing Christmas on the Wing" in early December.... See you there!

What is the Family Navigator?

Submitted by: Jennifer Hill, BSW, SWC, Social Worker at the Greenwood Military Family Resource Centre - 765-1494 local 1811 or email: Jennifer.Hill2@forces.gc.ca

The Family Navigator is an online toolkit designed for Canadian Forces Families who are caring for a child

with special needs, a spouse with health concerns, an aging family member and/or a CF member who has an operational injury. This bilingual online kit helps to assist families through navigating community resources that are available in ones local area. This

website provides information and direct links to agencies, services and resources within the greater community of each CF base. To discover the programs and services that are available within Greenwood and surrounding area please visit: <http://www.familynavigator.ca/index.php/>

bases/content/greenwood.

If you wish to visit the community surrounding any CF base please visit: <http://www.familynavigator.ca/bases/> and click on the province you wish to view or search the drop down menu for a listing of various bases.

This is an amazing tool for families who are new to a community or for those who are trying effortlessly to navigate through a tricky system. There are so many resources out there and this

user friendly website is the best place to go for a quick contact directory.

The Family Navigator also composes monthly newsletters which contain stories and testimonials along with informative articles about a particular theme.

Your GMFRC has plenty of pamphlets regarding the Family Navigator on hand. To learn more about the Navigator Program and to receive a free copy of the most recent newsletter, please

contact Jennifer Hill BSW, SWC.

Content Adapted from: <http://www.familynavigator.ca>

ON Y VA!

French camp has officially begun! We kicked off the week playing lots of fun games in the gym with all the camps! Tuesday, we got messy making paper maché piggy banks. Wednesday, the Canada Games Torch visited the Community Centre! We played some fun relay races and even walked with the torch! Thursday, we met up with Day Camp for an action packed field day. We ended the week off with an adventure walk and a picnic! We would like to thank the lifeguards at the indoor pool for letting us come over for a refreshing swim everyday. Check back next week for some more French camp news!

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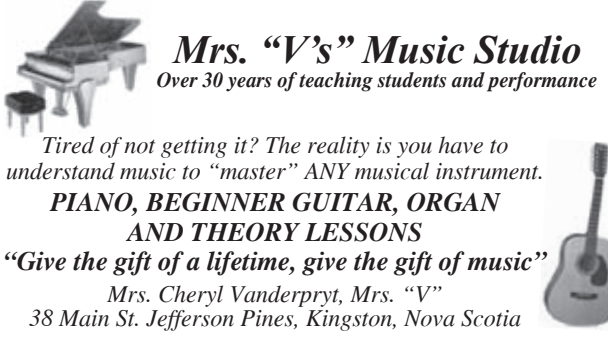
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Village of Greenwood

Pedestrian Bridge Modifications

TENDER

Sealed Tenders plainly marked on the envelope "Tender for Village of Greenwood – Pedestrian Bridge Modifications."

The above noted project is located in the Village of Greenwood, NS. This project includes increasing the elevation of an existing pedestrian bridge by 2'-6" by modifying the existing approaches and abutments. In addition, approximately 300-ft of timber walkway is to be constructed and installed in conjunction with the updated bridge approaches.

Project Documents may be obtained from Stantec Consulting Ltd. at 40 Highfield Park Drive, Suite 102, Dartmouth, NS B3A 0A3 by contacting Nathan Guy via phone or e-mail. Closing Date: Tender Documents are to be delivered to the Stantec Dartmouth office by **July 26, 2010, 4PM.**

Each Tender must be accompanied by a certified cheque drawn on a Canadian Chartered Bank or Bid Bond in the amount of ten percent (10%) of the tender price.

The right is reserved to reject any or all Tenders or to accept any Tender that may be considered in the best interest of the Village of Greenwood.

Further inquiries may be addressed to Nathan Guy, P.Eng., via e-mail Nathan.guy@stantec.com or by phone 902-468-7777 ext. 7432.

Thundering Herd! (previously Buffalo Chips)

404 (Long Range Patrol & Training) Squadron (Sqn) has been a hive of activity in the last few months on the aircrew side of things. For the front end, we are still thundering away at Multi-Mission Operational Aircrew Training (MOAT) course 1001 with both the Flight Engineers (FEs) and Pilots having commenced the simulator stage and on schedule to finish September and October respectively! Faced with the challenges of aircraft serviceability and Maritime weather, we've recently had to get creative in many of ways we conduct business. Recent MOAT courses have begun to incorporate the new Full Flight Simulator more than ever before, and it is apparent that technology is changing all aspects of the way people train. At 404 Sqn this is manifesting itself not only in increased use of simulators, but though interactive online learning and even utilization of 3D component modeling, where complex systems can be broken down into pieces for ease of learning. Change isn't always easy, but with the right group of people, some

dedication and perseverance, we are taking aircrew training to a new level. The pilots also graduated five new students this spring, congratulations to Captain (Capt) Colin Bond and Capt Naval Zilka from 405 Sqn, Lieutenant (Lt) (United States Navy) Aaron Kaiser, Capt David Orioux and Capt Patrick Leblanc from 407 Sqn.

Spring for the FEs has also been busy, graduating three students: Master Warrant Officer (MWO) Bruce Richmond, Sergeant (Sgt) David Pawulski and Sgt Ian Perreault all from 405 Sqn. While the current MOAT is seeing some new faces and one returning FE (MWO Wilson), it is also seeing another 14 Wing Aerospace Engineering Officers (AERE) representative, Lt Harrison. This is fourth course in a row to incorporate (AERE) on board which gives them a unique perspective on Aurora operations to broaden their knowledge for aircraft maintenance planning. On the personnel side the FE pit has recently said goodbye to some of its people with WO Bob Rix moving over to 405

Sqn and Sgt Armand Gallant retiring from uniform. Sgt Gallant moves on to a career as a civilian in Public Service with the Flight Simulator section and WO Rix will be stepping out to live life amongst the crews again. Good luck to both of you and know that you will be sincerely missed by the guys in the pit. On a brighter note, WO Kevin Peddle is advancing through his on the job training just in time for an upgrade to A category and then jump into Standards, replacing WO Lowell O'Keefe, who moves on to 407 Sqn. Good luck Lowell. MWO Glenn Priddle was promoted on 10 June and has moved on to 405 Sqn.

As for the backend of the aircraft the Airborne Electronic Sensor Operator (AES Op) cell have graduated the last student from MOAT 0902, congratulations to recent graduates: Corporal (Cpl) Daryl Whaley, Cpl Ken Pike, Cpl Dave Dorosz from 405 Sqn, as well as Cpl William McMillan, Cpl Yan Senachal, Cpl Edmond Delorme 407 Sqn, and additionally one

retread, WO Martin Way from 14 Software Engineering Squadron. However, with little pause we welcomed our new students of MOAT 1001. Two of the six students on course are Privates and have come through the new direct entry path vice the re-muster path that was previously the norm for new AES Ops. On a happy or sad note depending on your perspective, Sgt Terry Dickerson will be retiring from the Forces this summer and will be replaced by Sgt Stu Greenslade from 405 Sqn. We will also be saying good bye to WO Tony Matthews, as he will soon commence his training for his deployment on the Unmanned Aerial Vehicle Detachment, Rotation 11A. We wish him well and a safe return.

Three AES Ops have also recently graduated the Acoustic Sensor Operator (ASO) MOAT as of 25 May and have moved onto their respective units. Congratulations to Master Corporal (MCpl) Matthew Whyte from 405 Sqn, MCpl Glen Whitaker from 405 Sqn, MCpl Glen Zubiak


from 407 Sqn, as well as one returning ASO Capt Adrian Matheson. The Acoustic cell will also be saying goodbye to personnel, as Captain (Capt) Dorothy Wiebe is posted to Yellowknife to pursue a career as Northern Canada's newest recruiting officer, while Capt Pete Courtney is posted to Colorado Springs. However, the ASO cell will soon see the addition of Capt Glen Gullison, an experienced member and welcomed addition to the cell.

As for the Tactical Navigators, course 1001 is quickly coming to a close with students now in the flying phase and approaching check ride. Meanwhile the Navigator-Communicator's (NAVCOM's) having recently graduated three students, await the start of their next MOAT course in August, while keeping busy with the new Coordinated Operations Course in house. Also posted out is Capt Don Jamont to Ottawa. Congratulations to

the recent NAVCOM grads: Lt Brian Fox from 407 Sqn, Capt Mathieu Kuhn from 405 Sqn, Capt Nicholas MacDougall from 405 Sqn.


As for things coming down the road, 404 Sqn has begun training its instructors on the Overland Equipment Mission Suite (OEMS) system and ran its course on 8 June. With most of the instructor cadre trained on OEMS, we aim to see OEMS training implemented into the MOAT syllabus in the near future. On top of this we anticipate additional postings in and out, internal moves, deployments and more changes to come with the incorporation of the new Block III Aurora systems starting to come online. When one looks toward the future, it will truly be a dynamic and exciting time to be a member of the 'herd' here at 404 Sqn.

Have a great summer. Until next time...



Alternative Dispute Resolution

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- Are you involved in a conflict in the workplace and unsure of how to handle it?
- Do you have issues with a work situation that you want resolved?
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Call **5530**

Maj. Bob Sealby
Call DRC Coordinator Maj. Bob Sealby for assistance or visit the Greenwood Dispute Resolution Centre (DRC) at the AVM Morfee Centre (MFRC), School Road or for a DRC nearest you National Phone Number: 1-888-589-1750

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Sports Camp Kick-Off!

Our first week at sports camp was action packed and loaded with fun! On Monday, all the camps got together for some crazy games to break

the ice. Tuesday we played some badminton games and flag football. Wednesday, the Canada Games torch came to visit and we painted flags and played

games to celebrate this fun event. Thursday, we played basketball and field games and Friday, we ended the week off with a tri-camp dodgeball tournament. We

would like to thank the lifeguards at the indoor pool for letting us come over for a refreshing swim everyday. See you next week for "World Cup Soccer."

Fun Times at Summer Camp

Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812

Our little campers have had a fantastic first week of summer camp at the GMFRC. The children have had some great fun creating chalk drawings, playing with the parachute, trick or treating in July and so much more! Our camp program provides young children with the opportunity to interact and socialize with children their own age.

Miss Vanessa, our Summer Camp Leader, has an exciting summer camp program planned with activities such as pyjama day, bubble bonanza, teddy bear picnic and more still to come this month. A big thank you to our dedicated GMFRC Volunteers, Eva, Sarah, Stephanie and, Natalie who has been assisting with our camp program this week. If you would like more information on programs for your child to participate in this summer call Kim Dixon.

Summer Camp Madness

It's Day Camps first week and we had a great start! On Monday, we joined up with the other camps to play some ice breaker games! Tuesday, we hand made some cards to wish the winter athletes good-luck! Wednesday, we broke into groups and played some relay games in the gym then headed outside to do a run with

the Canada Games Torch, which came to visit with all the camps! Thursday, we hit up the Apple Bowl across from the community centre with French Camp for some field games which prepared us for our big dodge ball tournament with all three camps on Friday! Overall it was a great week with lots of smiling faces, both new and old! We can't wait for week two, Anchors Away!

GMFRC • Feature of the Week

Children and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Summer Camp for Preschoolers

Session #3 (July 19, 2010 – July 23, 2010)

Session #4 (July 26, 2010 – July 30, 2010)

9:00 a.m. – 12:00 p.m.

\$45.00/child

Ages: 3 – 5 years

Registration Deadline: Thursday prior to each weekly session

Children aged 3 – 5 years are invited to join us for fun in the sun preschool style! Our summer camp will focus on the many summer activities that children aged 3 – 5 love to do! We will be hiking, lots of running, exploring, games, playground activities, and of course making new friends. Our camp is a recreation based camp; therefore, the children will not be making crafts – unless we have a rain day. Children must be able to use the washroom independently, and enjoy an active outside atmosphere. Parents do not need to stay for these sessions. A yummy snack will be included each day. Enrolment is limited to 12 children each session.

*In Memory
Of a Very Special Man*

~ Keith Keddy ~

January 20/1944 - July 13/2008

*God saw you getting tired,
and a cure was not to be.
So he put his arms around
you and whispered
"Come to me".
With tearful eyes we
watched you and saw
you pass away.
Although we loved you
dearly, we could not
make you stay.
A Golden heart stopped
beating, hardworking
hands at rest, God broke
our hearts to prove to us,
"He only takes the best."*



**Always Remembered
Forever Loved**

**Wife ~ Janice
Children - Troy & Jaime,
Mark & Kara
Randy & Correna
Krista & Rod
& Grandchildren**

~ A Big Thank You ~

A big thank you to everyone who responded to a fire at Mimie's Pizza, Greenwood in the early morning hours of Monday, July 5. To our neighbour, Candace Penny who responded quickly by calling 911; after her daughter Riley Penny saw flames through the window of their home; the RCMP officer who was not on duty but arrived at the scene within minutes to help; officers on duty from the Kingston and Berwick RCMP Detachments; to 14 Wing Greenwood and Kingston Fire Department fire fighters.

The quick response by everyone involved ensured the fire didn't spread to the rest of the homes and community. The hard work and dedication of everyone involved was a tremendous help to us.

A special thanks to the Kingston Fire Chief Watson Armstrong who managed to get inside long enough to reach a brief case with personal papers that was inside the building where the fire was burning.

Our apologies to the neighbors who had to evacuate their homes for hours during the night due to safety reasons.

Big hugs and loving care; asking God to watch over everyone and keep them safe.

We are going to work very hard to get Mimie's Pizza open again very soon. Our apologise for any inconvenience to our customers.

Chamoun, Rawaa & Family

~ Special Thanks ~

I would like to take this opportunity to give special thanks and recognition to Dr. Sara Bates currently working at the Greenwood Animal Hospital.

On July 2/10 it became necessary for me to make that awful decision to have my little Shitzu dog "Meeko" of only 3 years put down.

Sara's incredible love and compassion for both pet and pet owner allowed for my decision to be that much easier. Without Sara, I would not have had nearly the courage nor the strength to do what needed to be done.

Sara, you deserve so much recognition for your knowledge and the outstanding person that you are.

Thank you so much! Your presence made a world of difference during this very difficult time.

*Yours truly
Michele Callan*



The Aurora Newspaper is published each Monday by 14 Wing under the authority of Colonel W.F. Seymour, CD, Wing Commander. Est publié chaque lundi par la 14e Escadre sous les auspices du Colonel W.F. Seymour, CD, Commandant de l'escadre. Managing Editor/Rédacteur - Stephen R. Boates (902) 765-1494 ext. 5441 Wing Public Affairs Officer & Editorial Asst. - Capt Scott Spurr (902) 765-1494 ext. 5101 Production Coordinator/Coordinateur de production - Brian Graves (902) 765-1494 ext. 5699 Business & Advertising Representative/Représentant, Affaires et Publicité - Anne Kempton (902) 765-1494 ext. 5833 Administrative Clerk/Commis administratif Candace Ernst, (902) 765-1494 ext. 5440 FAX (902) 765-1717 • E-mail: aurora@auroranewspaper.com Circulation/Circulation: 5900 - Agreement No. 462268; Numéro de contrat 462268. The Editorial Board reserves the right to edit, condense or reject copy or advertising to suit the aims of a Service Newspaper as specified in CFAO 57.5 and/or by the Editorial Board. Le comité de rédaction se réserve le droit de reviser, de condenser ou de rejeter tout article ou message publicitaire afin de satisfaire aux exigences relatives aux journaux militaires figurant dans l'OACF 57.5. Pen names may be permitted at the discretion of the Editor. Le rédacteur en chef peut, à sa discrétion, permettre l'utilisation de pseudonymes. Opinions and advertisements appearing in "The Aurora Newspaper" are those of the individual contributor or advertiser and do not necessarily reflect the opinions of 14 Wing, Greenwood or the Printers. L'escadre 14, Greenwood et les éditeurs laissent l'entière responsabilité de leurs textes et de leurs annonces publicitaires aux auteurs et aux annonceurs. Les opinions exprimées sont celles des collaborateurs et ne reflètent pas nécessairement les points de vue des Forces armées canadiennes ou du comité de rédaction.



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12h00 pour les annonces publicitaires moins d'une demie page, le mercredi qui précède la semaine de publication. Les annonces publicitaires de plus d'une demie page ou demandant une épreuve doivent nous arriver par le mercredi à 12h00. Les documents doivent être dactylographiés et provenus avec le disque et une copie imprimée. Ils doivent aussi porter le nom, l'adresse et le numéro de téléphone de l'auteur. Ou Email: aurora@auroranewspaper.com

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Greenwood, N.-É.
B0P 1N0**



email: aurora@auroranewspaper.com
website: www.auroranewspaper.com

GMFRC • Features of the Week**Deployment Services**

Coordinator: Ann Gaudet at 765-1494 local 5583 or email Ann.Gaudet@forces.gc.ca

Reignite the Spark - Re-establishing Relationships after Deployment

Tuesday, July 20, 2010

6:00 p.m. to 8:00 p.m.

Location: GMFRC

FREE

To register call 765-5611

Registration Deadline: Friday, July 16, 2010

Join us for a relaxed coffee night to discuss family reunion after deployment. We will have special guests to answer all your parenting, relationship, and reunion questions. This event is for couples and loved ones to come and chat about how your family is adapting to being back together and is an opportunity to meet other couples who have been through a deployment and reunion as well. We will have a special door prize to help your family get reacquainted.

Special Events and Promotion

Coordinator: Michelle Thibodeau-Wagner at 765-1494 local 1421 or email at Michelle.Thibodeau-Wagner@forces.gc.ca

The Yellow Ribbon

The yellow ribbon is a symbol of how much we respect, honour, and appreciate what our Deployed troops do for our country. The ribbon also shows deployed families that we appreciate what deployed families take on by having their loved one deployed. Wearing a yellow ribbon or sticking a magnet on your car is a simple but important way to express your support for our troops.

Le ruban jaune

Le ruban jaune est depuis longtemps un symbole associé aux Forces canadiennes et à leur famille; il symbolise l'espoir d'un retour rapide et sûr d'un déploiement. Veuillez montrer votre soutien à nos troupes et à leur famille en portant ou en affichant fièrement un ruban jaune.

Business of the Week ~ Capitol Pub ~

Capitol Pub, formerly known as Capitol Lounge & Grill, has made many changes since John Bartlett bought the business almost two years ago. With the change in name comes a newly launched menu that features new meals, such as clams and chips made with whole Digby clams, Stir fries, and new salad choices.

"The name change was done to better reflect what we are, a pub", John says, "While we are not traditional in the looks of a pub, we want to stay true to the heritage of our building."



There are 14 draught lines with the best selection in Annapolis County and the best wings in the Valley. We feature daily specials and seniors discount on Sundays. The 50-inch Big Screen is great for all sports fans and our new fireplace will add warmth and atmosphere to your evening out. John also says there is room available for anyone wanting to book holiday functions or office luncheons.

The Capitol Pub has weekly entertainment that features local musicians, DJ's and Karaoke. They are community driven, sponsoring local charities and even a local ladies soccer team.

John, a chef for 27 years, manages the establishment, and says we are nothing without our staff, they are the driving force behind what our customers experience whenever visiting here.



For friendly service and great food call Capitol Pub at 825-2742.

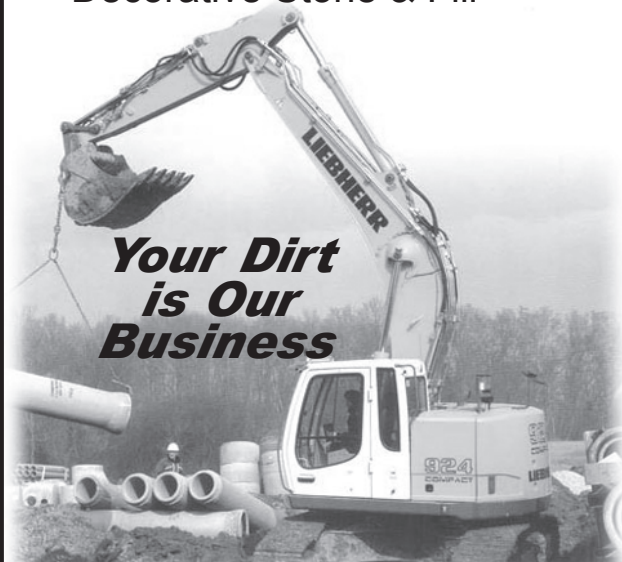
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Red Cross Tips to Beat the Heat

The Canadian Red Cross says simple steps can reduce health risks associated with heat waves, as above-average temperatures and humidity are forecast in many parts of Atlantic Canada over the coming days.

"In recent years, excessive heat has caused more deaths than any other weather events, and it only takes a few hours of exposure to sun and heat without proper precautions to cause serious problems," said Wayne Young, director of injury prevention for Atlantic Canada with the Canadian Red Cross. "It is vital to think about the risks to yourself and those around you and be prepared."

Red Cross tips to help stay cool include:

- Stay indoors or in the shade during the hottest part of the day from 10:00 a.m. to 3:00 p.m.
- Postpone strenuous outdoor activity, or schedule it earlier in the morning or the evening.
- Take frequent breaks if working, playing or exercising in the heat, and use the buddy system.
- Dress in light, loose-fitting clothing and wear a wide-

brimmed hat.

- Drink plenty of cool fluids, but avoid caffeine and alcohol.
- Check often with family, friends and neighbours in the groups most vulnerable to heat, especially the elderly, small children, the overweight or those with heart disease, high blood pressure or other chronic medical conditions or who have limited mobility.
- If you do not have air conditioning, spend the hottest part of the day some place that does, like a shopping centre.
- If heading to pools or beaches to cool off, use waterproof sunscreen, limit direct sun exposure and closely supervise children at all times.
- Discuss heat safety precautions with all household members and plan appropriately for specific risks.
- Be aware that certain medications impair the body's ability to regulate heat or perspiration. If in doubt; check with your doctor or pharmacist.
- Be aware that vehicle and industrial emissions combine with heat and humidity

in urban areas to produce smog, which will worsen the effects of heat, especially for those with respiratory illnesses.

- Never leave children or pets alone in vehicles, which absorb heat rapidly.
- Ensure pet needs for water and shade are also met.
- Prevent sunburn by limiting direct exposure and frequently apply SPF-15 or higher sunscreen.
- Since air conditioning puts extra demand on electrical grids, have a household emergency kit stocked and handy in case of a power outage.
- Take first aid and CPR training to be better prepared to treat heat-related emergencies.
- Be vigilant for, and know what to do, in case of two life-threatening conditions: heat cramps or heat stroke:

Heat Cramps are muscle pains or spasms, usually in the legs or abdomen caused by high heat and humidity and a resulting loss of fluids and electrolytes. Signs of heat exhaustion include cool, moist, pale or flushed skin, heavy sweating, headache, nausea or dizziness, overall

weakness, and exhaustion. Move the person to a cooler place, remove or loosen tight clothing and apply cool, wet cloths to the skin. If the person is conscious, have them slowly drink small amounts of cool water. If the person vomits or begins to lose consciousness, call 9-1-1.

Heat Stroke (sunstroke) is life-threatening and occurs when the body is no longer able to cool itself. Signs can include hot, red skin that can be moist or dry; fainting, vomiting, and high body temperature. Call 9-1-1, move the person to a cooler place, remove or loosen tight

clothing and apply cool, wet cloths to the skin. If available, apply ice or cold packs wrapped in cloth to key points like the neck, armpits, groin, wrists and ankles.

For additional tips on heat preparedness and other summer safety, check: www.redcross.ca.

Photo of the Month June 2010



(From image bottom to top) USS Wasp, HMS Ark Royal, HNLMS Amsterdam, HMCS Montreal and HMCS Moncton, Shawinigan and Kingston.



SERVING THOSE WHO SERVED The Royal Canadian Legion Service Bureau Network

- Representation Services
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The Legion Service Bureau Command Service Officers are here to serve members of the Canadian Forces, Veterans, RCMP members, and their families while representing their interests in dealings with Veterans Affairs Canada (VAC) and the Veterans Review and Appeal Board (VRAB) in claiming disability benefits under the Pension Act or the New Veterans Charter.

The Legion professional Service Officers, whose role is mandated through legislation, provide representation services, advocacy and benevolent assistance FREE OF CHARGE, whether or not you are a Legion member. Visit www.legion.ca/ServiceBureau.



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Notice

Effective Immediately Announcements

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**There will be no charge
for Military Obituaries
of 150 words or less.
For more information,
contact Anne Kempton
at 765-1494 local 5833**

The Aurora

The Wing Intelligence Section selects one photo each month as worthy of note for its clarity and intelligence potential.

The selected photo of the USS Wasp, HMS Ark Royal, HNLMS Amsterdam and HMCS Moncton was taken by 404 Squadron, Crew 1 on 25 Jun 10, during the Canadian Navy Centennial in Halifax Harbour. Each ship's communications equipment, radar systems, weapon systems and even personnel are clearly visible.

The USS Wasp is a

USA-flagged, Wasp Class, amphibious assault aircraft carrier. The HMS Ark Royal is a UK-flagged, Invincible Class aircraft carrier. The HNLMS Amsterdam is a Dutch-flagged, Amsterdam Class, fast combat support ship. The HMCS Montreal is a Canadian-flagged, Halifax class frigate. The HMCS Moncton, Shawinigan and Kingston are Canadian-flagged, Kingston Class coastal defence vessels.

Bravo Zulu to the members of 404 Squadron, Crew 1.

CUCINA AURORA



Orange Kisses

2 Egg whites
1/2 tsp. Salt
1/2 cup Sugar

1/8 tsp. Cream of tartar
1/2 tsp. Orange rind
1/2 tsp. Orange juice

Beat egg whites and salt until stiff but not dry. Add sugar gradually, beating constantly. Fold in remaining ingredients. Drop by teaspoonfuls onto lightly buttered cookie sheet. Bake in preheated oven at 250 degrees for 45 minutes. Yield: 36 meringues

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RIMPAC 2010 Begins as Ships Arrive in Pearl Harbor

By: Lieutenant Commander Nathalie Garcia, Commander, Navy Region Hawaii Public Affairs

PEARL HARBOR (1 Jul 2010) – The last of two Canadian Long Range Patrol Aircraft based out of Comox, British Colombia arrived today in Kaneohe Bay, Hawaii to participate in the Rim of the Pacific (RIMPAC).

RIMPAC, a biennial multinational exercise taking place in the Hawaiian operating area from 23 Jun to 1 Aug 10, is designed to improve interoperability and understanding between military

forces from nations with an interest in the Pacific Rim. As part of the Canadian Forces contribution to the exercise, aircrew and maintenance personnel from both 407 Squadron based out of Comox, BC, and 405 Squadron based out of Greenwood, NS, will exercise their patrol, surveillance and detection skills over land and sea with a variety of nations and assets.

The deployment also has a unique significance for 407 Squadron. “2010 is the 100th birthday of the Canadian Navy and we are proud to commemorate our own naval

aviation history by showcasing the Naval Centennial logo on our tail fins,” said Canadian Air Force Major Brent Vaino. “I’m looking forward to working side-by-side once again with our sister service, and showing the world what we’re made of.”

Anti-Submarine Warfare (ASW) and Anti-Surface (ASUW) is 405 (MP) Squadron’s primary combat function. The Squadron regularly trains for its roles by participating in a number of naval exercises at home and abroad. “The crew is pleased to be here, working alongside other nations and our sister squadron 407, honing our

anti-submarine warfare skills,” said Captain Tom Goldie, a pilot with the Squadron. “We look forward to representing 405 Squadron in this unique training opportunity,” he said.

The CP-140 Aurora provides a very versatile platform to perform roles that include anti-submarine warfare, surveillance over land and sea, and reconnaissance.

RIMPAC 2010 will involve forces from Australia, Canada, Chile, Columbia, France, Indonesia, Japan, Malaysia, Netherlands, Peru, Republic of Korea, Singapore, Thailand and the United States.



Corporal Hal Keller of Charlottetown, PE, a Supply Tech with 407 Long Range Patrol Squadron is responsible for ensuring the squadron and its members have all the equipment and supplies required while deployed in Hawaii.

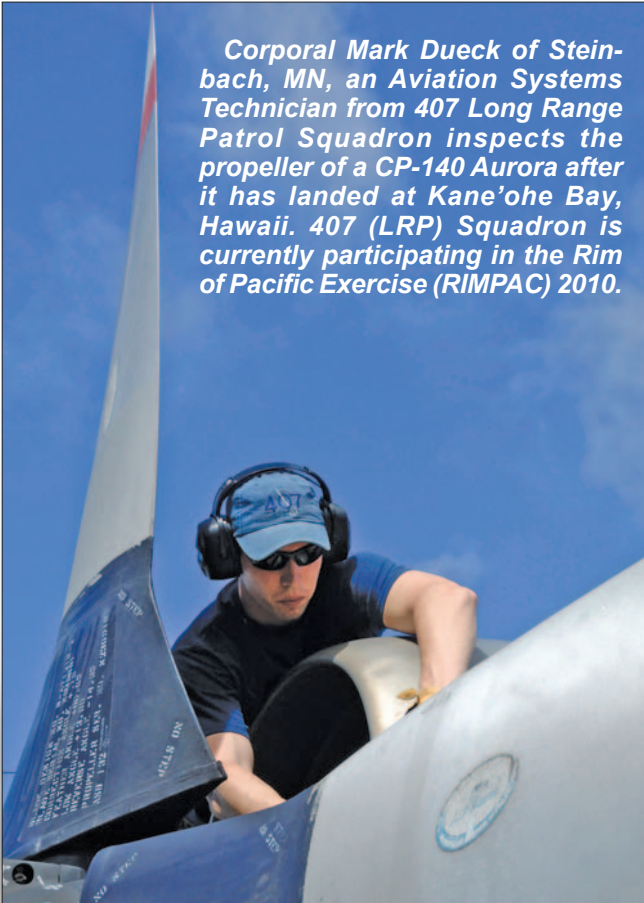


Sergeant Paul Bourgoin of Riviere Verte, NB, is welcomed to Kane’ohe Bay, Hawaii by Corporal Dina Rusu of 407 Long Range Patrol Squadron based out of 19 Wing Comox, BC. Sgt Bourgoin is a Flight Engineer for 405 (LRP) Squadron based out of 14 Wing Greenwood, NS.

405 Squadron is participating in the Rim of Pacific Exercise (RIMPAC) 2010. RIMPAC is a biennial, multinational maritime exercise held off Hawaii designed to improve interoperability and understanding between military forces from nations with an interest in the Pacific Rim. As such, the series of exercises has contributed to the security and stability of the region for 22 years. Canada has participated in every RIMPAC exercise since 1971.



Corporal Dina Rusu of Coquitlam, BC, an Aviation Systems Technician from 407 long Range Patrol Squadron fuels a CP-140 Aurora from 19 Wing Comox, BC, after it landed at Kane’ohe Bay, Hawaii. (Above Images: Corporal Sue Howell, 19 Wing Comox.)



In the foreground are two Canadian CP-140 Aurora (they are the dark grey ones) and several P-3 Orions on the tarmac in Hawaii as part of the RIMPAC exercise. (Image: Submitted)

The Eagle Speaks

It has been a long while since the last article Eagle Speaks and a lot has gone on at 405 Long Range Patrol (LRP) Squadron (Sqn). The roles and taskings that 405 Sqn undertakes are many – surveillance of our seemingly endless coasts, sovereignty

patrols to the north, search and rescue, pollution patrols, drug interdiction, immigration flights, exercises and more . Granted some of these taskings do not occur on a regular base, but we are *always* ready for any mission type assigned to us. We are

Pathfinders. For those new to the Wing and unfamiliar with the CP-140 Aurora, the aircraft was first flown by Canada in 1980. The primary role of the Aurora and its crews was to conduct anti –submarine missions not only in Canadian waters but

around the world. To maintain a high proficiency in this role 405 Pathfinder Squadron participates in exercises locally and abroad and below was some of the exercises the Sqn participated in this year. In March, Crew 3 honed their skills on exercise at Culdrose, England. As with many exercises there were several nations participating, employing air, surface and sub-surface assets. The crew had several issues to overcome throughout the exercise, which included poor weather, challenging waters of the English Channel and a new airfield that required the full attention of our flight station crewmembers. In the end, crew training was obtained and many lessons were learned, that in itself is important during any training evolution. In June, Crew 4 deployed to Scotland to participate in Exercise Joint Warrior (JW). This exercise has been conducted for many years and offers excellent training to crews that attend. Navies and Air Forces from several nations "normally" have excellent opportunities to carry out their submarine and surface warfare skills at this event. However Mother ... *continued on page 15.*



Members of the 2010 Pathfinder March at the Little Grandsen, England church where the 405 Sqn stained glass window is found. Marchers are (L to R): Capt Gerry Collins, Capt Bruce Jarvis, Capt Bruno Parent, MCpl Shane Best (413 Sqn SAR Tech), Cpl Jen Furey, MCpl Ash Brown, Sgt Chuck Paquette and Ocldt Leslie MacDonald.

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10376A	2003	Camry SE AA	Red	4	A	AC,PW,PDL,Cru	108,000	10,995
10-359A	2004	Tacoma AccCab	Dgreen	4	A	2Wd,AC,Cru,Cd	115,000	13,995
10-318A	2004	Matrix XR BA	Red	4	A	AC,S/R,PW,PDL	114,000	9,995
10-574A	2004	Tundra AccCab	Silver	8	A	2Wd,AC,PW,PDL	174,000	11,995
10-591A	2004	Matrix XR BA	Silver	4	A	AC,S/R,PW,PDL	65,000	11,995
10-237A	2005	Matrix XR AA	Red	4	5	AC,PW,PDL,Cru	110,000	11,995
10-489A	2005	Corolla LE AA	Beige	4	A	AC,PW,PDL,Cru	106,000	10,995
10-431B	2005	Tacoma RegCab	Silver	4	5	2Wd,AC,Cd	36,000 M	12,995
10-492A	2005	Echo Sedan	Red	4	A	PDL,Cru,Cd	60,000	8,995
10-564A	2005	Corolla CE BA	Grey	4	5	AC,PDL,Cd	99,000	8,995
10-571A	2005	Prius BA	Red	4	A	AC,PW,PDL,Cru	82,000	14,995
10-581A	2005	Tacoma DblCab	Silver	6	A	4Wd,TRD,Loaded	88,000	23,995
10-261A	2006	Civic DX-G 4Dr	Grey	4	A	AC,PW,PDL,Cd	80,000	12,995
U1728	2006	Matrix XR	Silver	4	A	AC,PW,PDL,Cru	59,000	13,995
U1734	2006	Sienna CE AA	Dblue	6	A	AC,PW,PDL,Cru	87,000	17,995
U1741	2006	Corolla CE SE	Silver	4	5	AC,S/R,PW,PDL	95,000	10,995
10-114A	2007	Camry LE AA	Grey	4	A	AC,PW,PDL,Cd	85,000	16,995
10-351A *	2007	Corolla CE CA	Dblue	4	A	AC,PW,PDL,Cru	80,000	12,995
08-72A *	2007	Camry LE AA	Beige	4	A	AC,PW,PDL,Cru	56,000	17,995
11-14A	2007	Camry LE AA	Silver	4	A	AC,PW,PDL,Cru	86,000	16,995
U1740	2007	Tacoma DblCab	Dblue	6	A	4Wd,TRD,Loaded	63,000	29,995
11-8A	2007	Camry Hybrid	Green	4	A	AC,PW,PDL,Cru	57,000	20,995
10-593A *	2007	RAV 4 Sport 4WD	Silver	6	A	AC,PW,PDL,Cru	65,000	22,995
10-594A	2007	Corolla CE AA	Silver	4	A	AC,PW,PDL,Cru	64,000	11,995
10-493A	2007	Camry LE AA	Beige	4	A	AC,PW,PDL,Cru	77,000	16,995
10-555A	2008	Corolla Sport	Dgrey	4	5	AC,PW,PDL,Cru	38,000	15,995
U1746	2008	Rav4 Ltd 4WD	Green	6	A	S/R,AC,PW,PDL	86,000	25,995
10-448A	2009	Matrix Touring	Grey	4	A	AC,PW,PDL,Cru	68,000	16,995

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Bravo Zulu

Images were submitted unless otherwise indicated.



Cpl S Jennings receives his promotion from Capt DCA Sweet, A/WCEO, CWO KB Ochitwa, WCE Firehall Chief, and MWO KD Clayton, WCE A/UCWO. (Image submitted).



MCpl Davis receives his new rank from Maj Travis, A/CO 14 AMS.



Maj Travis, A/CO 14 AMS, presents MWO Thibodeau to his new rank.



MCpl S Penney receiving his Certificate of Participation for OPS Podium, Joint Task Force Games from Capt DCA Sweet, A/WCEO and CWO KB Ochitwa, WCE Firehall Chief. (Image submitted).



Pte T Campbell receives his promotion from Capt DCA Sweet, A/WCEO and CWO KB Ochitwa, WCE Firehall Chief. (Image submitted).



WO R Pickell receives his promotion from Capt DCA Sweet, A/WCEO, CWO KB Ochitwa, WCE Firehall Chief, and MWO KD Clayton, WCE A/UCWO. (Image submitted).



WO R Pickell receiving his Certificate of Participation for OPS Podium, Joint Task Force Games from Capt DCA Sweet, A/WCEO and CWO KB Ochitwa, WCE Firehall Chief. (Image submitted).



Sgt D Davis receives his promotion from Capt DCA Sweet, A/WCEO, CWO KB Ochitwa, WCE Fire Hall Chief, and MWO KD Clayton, WCE A/UCWO. (Image submitted).



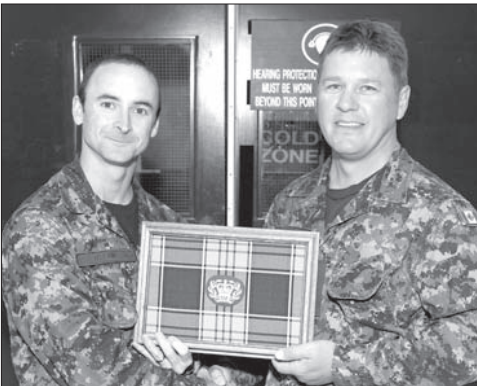
Pte Diana LaFave receives her first hook from 404 Sqn CO LCol Ron Walker and SCWO Doug Harry. (Image submitted).



Pte Chantal St-Jean is presented with her first hook by Maj Colwell, 14 AMS AMSO June 28, 2010.



Pte Christopher Lindsay receives his first hook from Maj Colwell, 14 AMS AMSO June 28, 2010.



MWO Kowalchuk receives his promotion to current rank from Maj Travis, A/CO 14 AMS.



Maj Travis, A/CO 14 AMS, presents MCpl Wood with an Operation Podium Joint Task Force Games Certificate of Participation.



LCol Flynn, CO 14 AMS, presents MCpl Dymond with his new rank.



CWO Doug Harry receiving his promotion from 404 Sqn CO LCol Ron Walker and Wing CWO Jim Jardine. (Image submitted).



Sgt Scott Beeston receiving his promotion to WO from 404 Sqn CO LCol Ron Walker and SCWO Doug Harry. (Image submitted).



WO Glenn Priddle receiving his promotion to MWO from 404 Sqn CO LCol Ron Walker and SCWO Doug Harry. (Image submitted).



OCdt Vince Doucette receiving his promotion to 2Lt from 404 Sqn CO LCol Ron Walker. (Image submitted).



Cpl Jodey King received his promotion to MCpl and is posted to HMCS Athabaskan in Halifax, NS.



Cpl Christopher Hobson received his promotion to MCpl and is posted to Cold Lake, AB.



Cpl Blair Cornect received his promotion to MCpl and will remain in Greenwood, as the 2IC of the Meteorology Section.

Bravo Zulu Corrections

Please note below four corrected Bravo Zulu promotions that were incorrectly published in the July 5th Edition of The Aurora Newspaper.



WO Malcolm Taylor received his promotion to MWO and is posted to the Joint Met Centre in Gagetown, NB.



Cpl Joanne Prost received her promotion MCpl and is posted to Canadian Forces School of Meteorology in Winnipeg, MB.



14 WOps O, LCol DF Cummings presents MCpl Jeremy Duff with his new rank



Cpl SA Arsenaault is presented with a six month accelerated promotion by LCol Flynn, CO 14 AMS.



MCpl Baer receives his promotion to current rank from LCol Flynn, CO 14 AMS.



LCol Flynn, CO 14 AMS presents MWO Hussey with his new rank.



MCpl Bouchard is presented with his new rank from LCol Flynn, CO 14 AMS.



MCpl Ramsdale is presented with her new rank by LCol Flynn, CO 14 AMS.



MCpl Dempster receives his promotion from LCol Flynn, CO 14 AMS.

FOR YOUR INFORMATION

UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS

FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

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HOROSCOPES

July 11 - July 17

ARIES - Mar 21/Apr 20

Lead and don't follow this week, Aries. It may be difficult to go against your normal grain, but it is for the best. Keep an open mind Tuesday.

TAURUS - Apr 21/May 21

Taurus, don't allow your confidence to wane this week. Get a morale boost from friends and family. A meeting of great importance takes place on Saturday.

GEMINI - May 22/June 21

Gemini, certain things that have to get done this week will be out of your realm of expertise. That doesn't mean you can't try to tackle them. Just have a helper on hand.

CANCER - Jun 22/Jul 22

Cancer, there's so much that needs to get done you don't know where to start. Making a list of your tasks will help you better cross one thing off at a time.

LEO - Jul 23/Aug 23

If you can't laugh at yourself, Leo, it will be harder to maintain successful relationships. Things can't always be serious; lighten up. Virgo offers a clash of personalities.

VIRGO - Aug 24/Sept 22

Virgo, give yourself a much-deserved break. You've been working so hard for the last several months. Now is the time for a vacation or a weekend away from everything.

LIBRA - Sept 23/Oct 23

Libra, you don't have the answers to everything so seek help from others. Relationship woes leave you in a funk, but it's likely just a temporary bump in the road.

SCORPIO - Oct 24/Nov 22

Scorpio, it will be difficult to contain your frustration but that's just what you have to do this week. Soon you may need to take matters into your own hands and face the results.

SAGITTARIUS - Nov 23/Dec 21

Sagittarius, take a few days to get all of your affairs in order. There have been a lot of changes lately, and you haven't had a chance to wrap your head around them.

CAPRICORN - Dec 22/Jan 20

Burning the candle at both ends again, Capricorn? You have to learn that this isn't the best way to get things done. Consider the consequences and take things easy.

AQUARIUS - Jan 21/Feb 18

Aquarius, you can't put your finger on it but something just seems out of sorts. The truth could reveal itself in the next few days. In the meantime, focus on outdoor fun.

PISCES - Feb 19/Mar 20

Pisces, fight against the current rather than give in to the situation at hand. Unexpected events arise late in the week.

FAMOUS BIRTHDAYS

- JULY 11 Chris Cooley, Football Player (28)
- JULY 12 Brock Lesnar, Fighter (33)
- JULY 13 Harrison Ford, Actor (68)
- JULY 14 Jane Lynch, Actress (50)
- JULY 15 Kim Alexis, Model (50)
- JULY 16 Michael Flatley, Dancer (52)
- JULY 17 Donald Sutherland, Actor (76)

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Creaking Tree String Quartet

Sunday July 11 at 8:00 p.m. Evergreen Theatre, East Margaretsville, NS. Reservations/Information - online www.evergreentheatre.ca - e-mail: evergreentheatre@gmail.com - phone: 902-825-6834.

Heart of the Valley Festival IODE Children's Parade

On July 17th - The Heart of the Valley Festival IODE Children's Parade will take place at 10:00 a.m. at the MacDonald Museum in Middleton. Registration will be at 9:30 a.m. Lots of prizes and fun for everyone.

Wilmot Garden Club

The Wilmot Garden Club will be holding their annual flower and vegetable show on July 16th at the Middleton Baptist Church and Fellowship Hall. All entries welcome. Tea and viewing from 2:30 to 4:30

p.m., Award Ceremony 4:00 to 5:00 p.m. Admission \$3.00. For all the details go to - www.wilmotgardenclub.net.

Self Help Meetings at Crosbie House

Self help meetings at Crosbie House, 113 Cornwallis Avenue, New Minas, Monday evenings at 8:00 p.m. All Addictions Meetings, Tuesday evenings at 8:00 p.m. AA Meetings, Wednesday evenings at 8:00 p.m. NA meetings, for more information on any of these meetings or the Crosbie House please call 866-681-0613 toll free.

Gospel Concert - in the Pines

The 10th Annual "Gospel Concert - In The Pines" is being held July 25th at 2:00 p.m. in Greenwood. The location is behind New Beginnings Center on the outdoor stage. Performers include: David Graves, Marlee

Deitert, Paul Marshall, Graham Morehead and Matt Lund. Bring a lawn chair. Concessions are available.

Church Breakfast

Breakfast at the Aylesford United Church on Saturday, July 17, 2010 from 8:00 to 11:00 a.m. Free will offering. Sponsored by the Committee of Stewards.

ASDU/14SES 30th Anniversary Celebrations

5-6 August 2010. For information and registration, check out our website: English: <http://www.airforce.forces.gc.ca/14w-14e/sqns-escs/page-eng.asp?id=1206> French: <http://www.airforce.forces.gc.ca/14w-14e/sqns-escs/page-fra.asp?id=1206>.

14 Wing Greenwood Skateboard Union Club!

The 14 Wing Community Centre held our first Greenwood Skateboard Union Club meeting on Wednesday June 23rd. Our Club is now officially formed with several individuals becoming members before our Canada Day Skate Competition.

This Club is opened to anyone between the ages of 9-18 but anyone under 9 can join the club, provided a parent or guardian (18 or older) is present when they visit the skate park. This includes our BMX users and skateboard users. Our membership is only \$15.00 a year, \$12.00 for each additional child, and all of your registration dues go towards fundraising purposes to provide upgrades to the park. Membership forms are available at Limitless Skate and Snow, in the Greenwood Mall, and at the 14 Wing Community Centre. Please note that your completed form must be submitted at the Community Centre where you will be given a receipt for your payment.

We hope to meet monthly, and the first order of business will be to determine how to spend the allocated grant funding that we have received to provide upgrades to the park. This Club, in partnership with Limitless Skate and Snow, allows users of the park to provide feedback on where our grant funding should be spent, and collectively set a plan in place for

what direction we would like to see our park go.

Other benefits will include discounts on entry fees to our event, such as the upcoming Wing Welcome competition set for Saturday September 18th 2010. Plus, we are already trying to organize skateboarding lessons for those who would like to learn how to skate. In addition, by forming this Club, we will improve our chances to be approved for additional grants and also improve the success of our fundraising initiatives, since we will have a group of committed members who are dedicated to helping improve our park.

If you are interested in joining the Club, please contact Eric MacKenzie at 765 - 1494 ext 5337 or attend our next meeting set for Tuesday July 20th from 2:30 - 3:30 p.m. inside the 14 Wing Community Centre Conference Room. This is your opportunity to voice your opinions and recommend the changes that you would like to see. Please note that the Community Centre Conference Room is located on the second floor of the Centre.

Greenwood Minor Hockey Presents

2010 Hockey School
27 - 31 Aug 10
(Friday-Tuesday)

Over 20 hours of on-ice instruction
excellent coach to player ratio

Group will fill up fast so register early.

3 separate age groups but limited to 36 skaters and 6 goalies per age group

Due to schools starting prior to Labour Day Weekend, this year's school has been shortened to 5 days instead of the normal 6 days

Registration may be done by calling the 14 Wing Community Recreation Centre at 765-1494 local 5341/5331 or in person.

Costs:

\$190 for rec card holder (\$100 down with remainder by 15 Aug 10) for groups 1 & 2, \$160 for group 3

\$220 non-rec card holder (\$120 down and remainder by 15 Aug 10) for groups 1 & 2, \$190 for group 3

Group 1 - Ages 8,9,10 Group 2 - Ages 11, 12 Group 3 - Ages 13 +

The Aurora newspaper PRESENTS... FIND & WIN

Just Fill in The Blanks. Three Easy Ways to Enter.

1. Through our website: www.auroranewspaper.com
2. Fax: 765-1717
3. Drop into our office located on School Road (Morfee Annex)

No Central Registry or Canada Post please.
Deadline: Noon, Thursday, July 15, 2010.
Make sure you include your full name and phone number.

NAME	PHONE NUMBER
Limited to one win per family in a TWO MONTH PERIOD.	
The winner will be drawn randomly from all correct entries. Only one entry per family per week.	
Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!	
1. Where is the location of Bob's Raspberry U-Pick	_____
2. Capitol Pub was formerly known as what	_____
3. What is Greg Kerr's toll free phone number	_____
4. Which university says, "On line Education at its best"	_____
5. Best Toyota has what price on a 2008 Corolla Sport	_____

Pizza Delight

This contest is brought to you by:
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Congratulations to last week's winner: VIOLET EMPEREAL

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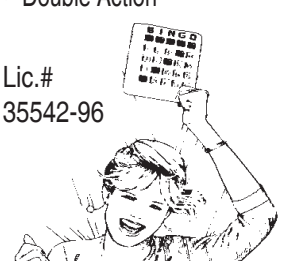
BOOKLET
BINGO

Sunday, 1:45 p.m.
Tuesday, 7:30 p.m.

Regular Games - \$100

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

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"Youth Happenings" at 14 Wing Community Centre

By: Recreation Youth Worker; Megan LeMoine

Here are some ways to beat the summer heat! Drink plenty of water; plan certain activities like a run or a walk in the morning or late evening to avoid the hottest part of the day. Always keep protected from the sun, wear sun screen, sun glasses and a hat! Use a fan or air conditioner to keep very cool, to make your own air conditioner, put a bowl of ice in front of your fan and let the cool air blow on you! Here is what's happening this week at The Community Centre. For any information please call, 765-8165.

Boys Club
Out-Door Water Games
Monday July 12
4:30-6:00 p.m.

Today we are going to beat the summer heat with some cool water games! Meet at the Community Centre then we'll get ready to go out-side. Dress in something that you don't mind getting wet! After, we'll cool down with a cool treat!

Active Chicks
Tennis
Wednesday July 14

6:00-7:30 p.m.
Girls, meet at the Community Centre to get signed-in, then we'll go to the our-door tennis court. Bring your sneakers and a bottle of water. If it happens to rain, we'll be inside the Community Centre gym. See you there!

Teen Activity
Water Games
Thursday July 15

Today we are going to beat the summer heat with some cool water games! Meet at the Community Centre then we'll get ready to go out-side. Dress in something that you don't mind getting wet! After, we'll cool down with a cool treat!

Pre-teen Dance
Friday July 16
Time: 6:00-8:00 p.m.
Cost: \$3

Pre-teens come dace the night away! Tell your friends, bring a friend, meet some friends!

Movie Night
Pre-teen: 6:00-8:00 p.m.
TBA

Teen: 8:00-10:00 p.m.
TBA
Special Events
Bingo & BBQ

Tuesday July 13
Pre-teen: 4:00-5:00 p.m.
Teen: 6:00-7:00 p.m.
Cost: \$1 per item
Pre-teens and Teens come try your luck at your favourite game, Bingo! For your Bingo cards, it's only \$1, with chances to win cool prizes. There will also be a BBQ selling hot-dogs and pop, \$1 each. Wear your lucky socks tonight!

Teen Trivia
Friday July 23
Time: 6-8pm
Teens, come test your skills at Teen Trivia, who knows what you will learn?

Youth Centre Drop in Hours

	Pre-Teen (ages 9 – 12)	Teens (ages 13 – 18)
Monday	4 pm to 6 pm	6 pm to 9 pm
Tuesday	4 pm to 6 pm	6 pm to 9 pm
Wednesday	4 pm to 6 pm	6 pm to 9 pm
Thursday	4 pm to 6 pm	6 pm to 9 pm
Friday	6 pm to 8 pm	4 pm to 6 pm 8 pm to 10 pm
Saturday	2 pm to 4 pm 6 pm to 8 pm	4 pm to 6 pm 8 pm to 10 pm
Sunday	2 pm to 5 pm	5 pm to 9 pm

Canadiana Crossword

Watch for the Birdie

By Bernice Rosella and James Kilner

Solution page 14

1	2	3	4	5	6	7	8	9	10	11
12				13			14			
15				16			17			
18				19			20			
			21			22				
23	24	25			26			27	28	29
30				31				32		
33			34	35			36	37		
			38				39			
40	41	42			43			44	45	46
47					48			49		
50					51			52		
53					54			55		

- ACROSS**
1 Con game
5 Alphabet run
8 Greenish blue
12 Heraldic chaplet
13 Macaws
14 Nimbus
15 Dam
16 The future
18 Accept, in a way
20 Sand hills
21 A bit of matter
22 Criticize harshly
23 Existing
26 Dullard
30 Letters denoting sundry
31 Ewer
32 Monkey
33 Fearful
36 Sharp
38 Hymenopteran
39 Antelope
40 Acid
43 Flashy dresser
47 Calling, so to
- DOWN**
1 Boars' mates
2 Team
3 Inter ____
4 Pigeon hawk
5 Twirler's concern
6 Brag annoyingly
7 Obstruct
8 Crooner
9 Deserve
10 Herb
11 Certain gears
17 Norse god
19 Make a record of
22 Excavate
- 23 Beak, in Bonsecours
24 Biblical ending
25 Here, to Henri
26 Groaner, sometimes
27 ____ de cologne
28 Likely
29 Scottish river
31 Modern airliner
34 Cat that swallowed the

35 Nautical mile
36 Collection
37 Fey
39 Spirit
40 ____ calling!
41 Single
42 Crystals
43 Grimace
44 Sole
45 Relinquish willingly
46 Lament
48 ____ Royale

Sudoku

Solution page 14

2		9						8
	8		1		7	2		3
			5			1	9	4
		2		3		8	4	
7		1		6		5		
	5		4					
					6	9		
5			2			4	1	
	7		8		4			5

Level: Beginner

Fun By The Numbers
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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Amanda Forster Memorial Soccer Tournament

July 16, 17 and 18

Come out and support our youth! More than forty teams will participate in the KGSC tournament this year and we're calling on all business and citizens to cheer on the players and welcome the visiting families and coaches.

Soccer is one of our community's most popular sports and it is all made possible through the generous donations by our sponsors Dundee, Aliant, Valley Credit Union, JC Hot Tubs, Haines, Dooley's , Subway and Avery's Farm Markets Ltd. Thank you a to 14 Wing for supplying the much-appreciated tents and man power. Thank you also to all of the parents who volunteer during the soccer season and beyond.

The opening ceremony and game will be at the Apple Bowl on Friday, July 16th at 5:30pm. Local dignitaries will be there to kick off the tournament in memory of Amanda. See you there!

If you would like to sponsor our teams or make a donation, please go to our website and contact our president: www.kingstongreenwoodsoccer.org.

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FOR SALE – 3-Bedroom bungalow. 840 Fales River Drive. \$143,500.00 negotiable. The house is listed on property guys ID#0008659. Please call 765-3324. (3127-2tp)

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FOR SALE – 48" round pub style table with 4 chairs. Light maple in color. Asking \$200.00. Located in Berwick. Phone 538-0333. (3127-2tpb)

FOR RENT

FOR RENT – Office space to rent in CANEX mall. 14 Wing Greenwood. 431 sq ft. Contact Ken Keddy at 765-6994 local 5423. (3115-ufn)

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vision behind Greenwood Mall. Available mid July. Fridge, stove and w/d hook-ups. \$625.00 a month. Call Sue at 765-4206. (3127-ufn)

FOR RENT - 1 furnished bedroom in shared home. Mature employed person or student. West Nictaux, Middle Road. Shared home living areas, bathroom, kitchen and laundry. All utilities included. Wireless internet and local phone. Must supply own groceries. Asking \$500.00 per month. Phone 825-6910 or valley-mancanada@hotmail.com. (3127-2tp)

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FOR RENT – 1-Bedroom basement apartment located in Kingston. Asking \$535 a month. Utilities included. Phone 825-3607. (3128-2tp)

FOR RENT – Small 2 bedroom older bungalow type house available immediately for mature, fully employed or retired persons only. Located 2 kms from mall on Roc-

knotch Rd. Quiet rural area with very quite neighbors. Rent \$550.00 monthly plus electric heat. (Easy to heat). Call Sandy, Evenings after 9 p.m. at 765-4702. NO DOGS. (3128-1tp)

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SERVICE – Self Storage located in Kingston, units available 5'x12', 5'x13', 8'x10'. Prices vary call 825-3607. (2931-ufnb)

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SERVICE – Annie's Palm readings & Tarot readings. Couple's reading and gift certificates available. To book an appointment, please call 765-0712 or e-mail angels_helper@live.ca. (3125-6tpb)

SERVICE – Looking to babysit in my smoke-free home, Monday to Friday. Large yard for outdoor play. Years of experience. Contact 242-2465. (3126-4tpb)

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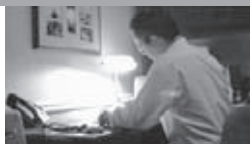
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Crossword Solution

S	C	A	M		B	C	D		T	E	A	L
O	R	L	E		A	R	A		H	A	L	O
W	E	I	R		T	O	M		O	R	R	O
S	W	A	L	L	O	W			D	U	N	E
					I	O	N		D	I	S	
B	E	I	N	G		P	I	N	H	E	A	D
E	T	C			J	U	G		A	P	E	
C	H	I	C	K	E	N		A	C	U	T	E
					A	N	T		G	N	U	
A	M	I	N	O		P	E	A	C	O	C	K
V	O	C	A	T	I	O	N		K	N	E	E
O	N	E	R		L	U	I		O	L	D	E
N	O	S	Y		E	T	E		O	Y	E	N

Sudoku Solution

2	1	9	6	4	3	7	5	8
4	8	5	1	9	7	2	6	3
3	6	7	5	8	2	1	9	4
6	9	2	7	3	5	8	4	1
7	4	1	9	6	8	5	3	2
8	5	3	4	2	1	6	7	9
1	2	4	3	5	6	9	8	7
5	3	8	2	7	9	4	1	6
9	7	6	8	1	4	3	2	5

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The Eagle Speaks

... page 9 continued.

Nature would alter everyone's plans as an Icelandic volcano that had been dormant for 200 years erupted and created havoc with air travel throughout that part of the world, including Crew 4 at JW. Although the crew prepared for each mission, they ultimately could not fly safely with volcanic ash filling the skies and were kept on the ground. After an unsuccessful week of training, (except mission planning), a small window of opportunity to get airborne presented itself and the crew was able to fly the aircraft back home.

A third exercise took place in Jacksonville, Florida earlier this month. This event was busy with a crew flying six times in seven days. Excellent training opportunities were available, several warships with helicopters on-board and two subsurface targets, (nuclear and diesel) being searched for and tracked through four missions ensured that all crew members received extensive training. This type of exercise is vital

to the development of LRP aircrews in order to maintain the standard of knowledge and operating skills required to be successful.

Closer to home 405 participated in Exercise Halcyon involving the Canadian Navy, Air Force and Army as well as those elements from other countries. This was the first large exercise of this type held in Canada in many years. Sqn personnel were busy throughout this ten day event again re-enforcing the skills needed for real world operations. During this exercise, on Tuesday, June 21st, the Commanding Officer (CO) of 405 Sqn, Lieutenant Colonel (LCol) Jim Irvine, conducted his last flight at 405 Sqn. The mission was very successful with several simulated attacks carried out against the HMCS *Corner Brook*. Attaining a flying milestone, LCol Irvine reached the 4,000 hour mark in the CP-140 Aurora, a feat not often reached in this era. After a fly past, the CO was met by his family and Sqn personnel on the ground. He was quickly secured and

received a congratulatory soak down being pulled through the aircraft birdbath, followed by a get together in the Sqn lounge. The CO will be in Ottawa attending a French Language training course until his Change of Command parade this August.

As mentioned the CO is posted as are twenty other 405 Sqn personnel. This includes the Sqn, Deputy Commanding Officer, Major Mike Adamson and Sqn Flight Commander, Major Rich Hone. On June 4th a squadron mugout took place at the VPI to thank all those leaving for their hard work and dedication while at 405 Sqn. In total twenty personnel are moving on to new units throughout Canada. Best wishes to all and good luck in the future, thanks for serving the best LRP Sqn in Canada.

In conjunction with a Long Range Pilot Proficiency flight (LRPPF), a crew of Sqn members travelled to St Hubert, Quebec in May to participate in a static display for Air Cadets. The cadets from all over the greater

Montreal region gathered to view several aircraft types from the Air Force. Along with this type of tasking, many questions about the aircraft, what we do and where we go in the world occurred. The crew had a great time answering these questions and it was wonderful to see such interest in the Aurora as approximately 600 cadets toured the aircraft throughout the day.

On June 15-22, seven 405 Sqn personnel and a Search and Rescue Technician from 413 (Transport and Rescue) Sqn participated in the annual Pathfinder March held in England. This event which began in 1997 is held to commemorate the Pathfinder Force which operated out of several Royal Air Force Stations throughout England during World War II. To this day only two Pathfinder Sqs are still operational, 7 Sqn of the Royal Air Force and 405 Sqn, Canada's only Pathfinder Sqn. The march is a twenty hour, seventy six kilometre test of strength and stamina. Six marchers from 405 Sqn,

Captain's Bruce Jarvis and Bruno Parent, Sergeant Chuck Paquette, Master Corporal (MCpl) Ash Brown, Corporal Jen Furey and Officer Cadet Leslie MacDonald lead by Captain Gerry Collins as their coach/morale enforcer successfully completed the march but not without severe blisters and aching bones. MCpl Shane Best from 413 Sqn provided outstanding medical care for the marchers throughout the long day and post march.

When not on the march the group visited WWII historical sites located in the towns of the old Air Stations talking to locals who shared informative memories of the past. At Little Gransden, England, a small hamlet where 405 Sqn members were billeted during the war, the group presented a donation of 200 pounds to The Church of SS. Peter and Paul. In that church a stained glass window with 405 Sqs Heraldic Crest and 801 maple leaves, one for each fallen member of 405, reminds all that see it of the sacrifice that this Canadian Sqn gave

during the Second World War.

On July 30, 2010, 405 (LRP) Sqn will be holding a memorial ceremony for nine people who lost their lives July 31, 1950 during a mission near Alert. Seven 405 Sqn members, one Canadian researcher and one American researcher perished when a supply drop over Alert went horribly wrong. As a drop took place the parachute caught in the Lancaster's vertical stabiliser bringing the aircraft to the ground. A stone memorial along with the crew's gravesites currently marks the nearby crash site in Alert. On July 30, the Commanding Officer and 405 Sqn will conduct a parade in remembrance of these airmen, along with the unveiling of a memorial stone at the memorial park of the Greenwood Military Museum. Through tireless efforts some family members of the crew have been located and will be present for the ceremony. This will be a significant event for family members and 405 Sqn. - DUCIMUS (WE LEAD)

The Heat Wave has hit us, isn't it funny how we want the heat and when we get it, we complain it is too hot. The nature of the beast ...we are never satisfied. Hats off to the Maintenance crew, the course is in great shape. Ladies: The gardens look awesome... great job.

Men's Night results for June 29th is as follows: There were 38 golfers out and the winner of the 50/50 was Mike Pineo. Now for the golfing results: 1st Division: 1st LG- Steve Lake: 2nd LG Randy Anderson, 1st LN Doug Carpenter, 2nd LN Scott Cooper. Skins were Cooper #7, #14: Lake #9: Pritchett #13, Brooks #16 and Anderson #18: 2nd Division: 1st LG Wayne Pellerine, 2nd LG Ian MacKenzie; 1st LN Brent Jones, 2nd LN Nelson Mullen; Skins McDowell #3 & #14 and Cathcart #5. 3rd Division: 1st LG Ron Jenkins, 2nd LG Ray Hunter, 1st LN Jack Keddy, 2nd LN Dave Adams. Skins winners were Richter #6, Thurber #8 and Jenkins #10. Tuesday, July

13th will be a 3 Man Scramble (18 Holes). Sign up at 2:30 for 3:00 start time. Meal to follow.

The Ladies Night on June 30 had 16 ladies out to golf. It was a lovely evening and the group welcomed two new golfers to the Ladies night... Diane Moore and Kate Downs. Hope to see you out every Wednesday evening. The format was 2 person scramble and each lady had to use two of their tee shots. The big winners were Sandy Adams and Joan Dixon; Diane Moore and Kate Downs, Margie Welin and Erma Rains and Sue Burke and Deena McNeil. The 50/50 winner was Joan Dixon ...the Big Winner and the 50/50 ...that's really cashing in!

July 1st, Canada Day... what a great day. It was great to see so many people wearing Red and White. We had 35 golfers sign up for the Mixed Scramble, which was a good turn out, considering it was organized in 5 days. There were guests from Paragon and from Ontario and from all reports everyone had a great

The 19th Hole

time. It was fun to golf with new people, and I was really impressed with the number of golfers who dressed in Red and White. Although some had to wait to tee off, no one seemed to mind...it gave people a chance to get acquainted and celebrate the day. The Club house was decorated with streamers, balloons, banners and our Canadian flags, there were even some on the front railing of the patio. I had the pleasure of golfing with Scottie, Ralph and Steve Swan ...lots of laughs. Scottie said it takes him 4 holes to get warmed up, so on the 5th Tee, I told him "Enough with the whining... this shot better be a good one) ...and it was. Most of the time, either Scottie or Steve were the big hitters off the tee... Until... #10. Steve didn't make it past the hazard in front of the tee box and Scottie was blocked in the trees. Thanks to Ralph we had a safe shot... clear view to the Flag! My putter was hot for most of the round, so at the end of the day we were the Big Winners... Scottie, Steve, Ralph and Wendy. The Most Honest golfers for the round were Dallas, Dave, Bob and Sharyn Trimm. The Closest to the Pin prizes were won by Betty Saltzman #8 and Marcel Levesque #11. The 50/50 winner was Sharyn Trimm. (Thanks to Gail for selling

the tickets.) Every golfer went home with at least a \$5.00 gift certificate, so for \$15.00, it was a pretty good deal. We had prizes for the best costume and Dallas was the winner for the ladies... dressed as Captain Canada ...complete with a flag cape. The gent's prize went to Doug Carpenter who wore a Canadian Flag Jester hat and a Canadian Flag/Golf scene shirt. It was fun to see some people had Canada socks, fake tattoos and Dallas even showed her real Canadian tattoo. Great spirit for the club.

After the golf everyone was treated to Chicken Burger and Fries and then fresh strawberries and ice cream ...two different bowls of yummy strawberries. But...the best part of the day (I think) was when we all stood up and sang "Oh Canada" ...makes you proud to be a Canadian and enjoy the freedoms of this great country.

We will have to have another mixed scramble some time soon. Thanks to all who helped organize this one, Gail and Frank Croucher, Doug Carpenter, Wendy Richardson, and to Dave Adams who helped blow up balloons and do some decorating., Melissa (front Desk) who helped blow up balloons, Dave and Dallas who helped with decorating ...if I have missed anyone, I

apologize. Getting together as a club really was fun; hopefully more will join us next time. (Special Thanks to Dallas for taking down the decorations on Monday).

Sunday, July 4th I had the pleasure of golfing with Randy Anderson, Doug C., and Dave Ronaldson and the other group was Charlie C, Scottie C., Gary Bond and Mr. Aube ...we were playing Stableford and Greenies. Yeah, I won the Greenie on # 11 and tied for 2nd in Stableford. (with Scottie... Doug C was the winner) ...it felt really good to take some money out of Gary and Charlie's pockets. I might not get invited back so I will brag while I can!

The Club schedule for the week ending July 18th, looks like this:

July 13th - Men's Night... 3 Man Scramble 2:30 for 3:00 start.

July 14th - Intersection and Ladies Night

July 15th - Ladies Morning 9:00 - 9:15 Jr. Program 1:00

July 16th - Junior Ranks 10:00 (5 Tee Times); 2-Ball 4:30 - 6:00

July 17 and July 18th - open July 19th - Valley Seniors - 9:00 Shot Gun Start

Until next week enjoy your round of golf. Keep up the Pace of Play, repair ball marks and replace divots. Results of the Pres./Vice Pres. will be in the next issue.

Eleven ladies made the trek to Berwick Heights for a fun day of golf, on July 6th. Sandra C, Gail C, Sharyn T,

Erma R., Donna H, Betty S, Sandy A, Betty L, Margie W, Dawn ?, and Brenda C. played as a 4 man scramble.

Low score went to Donna Hill and team, 71.

Sandra Cathcart won closest to line, Betty Lane and team predicted their score and was only 1 off.

Sandy Adams won door prize of a tapestry golf throw and 2 lessons with Dana Wong. (heaven knows, she sure can use them).

Everyone got a little something. Meal of pasta salad and chicken was great. The weather held off (touch and go for a couple of holes) so a good time was held by all! Thanks Sandy for this info.

WAR

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Congratulations Olivia!

The Active Chicks would like to wish, from the bottom of their hearts, big congratulations to Olivia Beer who graduated from West Kings High School in June! Olivia has been volunteering with the Active Chicks for the past 3 years and she has been a tremendous help to myself and the girls! We would like to thank her for her smile that brightens the room, her helpfulness and her thoughtfulness! We love you Olivia!

Summer Camps Touch the Torch

The 2011 Canada Winter Games will be in Halifax this February. To celebrate this awesome event, the Canada Games organization brought the torch to Greenwood to have a torch relay. We divided the Summer Campers into 13 groups symbolizing the 13 provinces and territories, each group made their provincial flag. Then we headed to the gym for

a very quick game and then went to the Apple Bowl for our torch relay. Each Summer Camp leader was able to run with the torch to the next Leader while all the campers were right behind them. The Canada Games may not be in Nova Scotia for years to come, so this was a great opportunity for the campers to see a piece of history in the making!

The Power of a Family

The wife and family of Russell Acker (deceased) formally from Middleton, wanted to do something as a group that would honour his memory and allow them to work together as a unit for that cause. Russ had been a director and agent for the Multi Addiction Center Society (MACS) in North Kingston for 17 years prior to his death. His children and grandchildren often remember helping both Russ and Barb

with projects at MACS in the old days when they were all helping to raise money to get the building in shape and the fun they used to have working as a family. They decided to hold a supper to raise money to help with the bathroom renovations in the hall.

They started out by canvassing the businesses in the local area and gathered up enough donated articles to make up a large basket. They sold tickets on the basket. The ham scallop and bean supper, prepared by the family was held on June 27th in the MACS hall and was attended by over 100 people. Leo Glavine was asked to draw the tickets for the door prize and the basket. The winner of the



door prize - a large hanging basket, donated by Den Haans in Brickton, was Dale Veinot and the winner of the basket filled with goodies donated by local merchants was Karen

Keddy of North Kingston.

The family would like to thank everyone who donated goods and cash or food towards the supper. They raised a total of \$1,414.50.

**Wing Commander
Wing Chief Warrant Officer**

**Will Lose
Their Locks**

**17 September 2010
Annapolis Mess Back Bar
1545hrs**

\$7,000.00 Goal

**for every additional \$1,000.00
a CO Will Lose Their Locks**

\$12,000.00 Goal

W Admin O Will Lose Her Locks

Head Honcho Head Shave; Fundraiser BBQ!

14 Wing Greenwood will once again be hosting another Terry Fox Run on Sunday September 19th, and this run will be part of the 2010 Wing Welcome which will start on Friday September 17th. However, this year's Terry Fox Run will be a special occasion because it also marks the 30th anniversary of Terry's Marathon of Hope.

To help celebrate this remarkable anniversary, 14 Wing will also be participating in the Terry Fox Head Shave, known as the Great Canadian Hair "Do", for the second time! This wonderful event is scheduled to take place on Friday September 17th at 3:45p.m. in the Back Bar of the Annapolis Mess.

In 2008, the former 14 Wing CWO J.K. Hamalainen and WComd. Col. D.W. Joyce set a goal of \$5,000 to have their heads shaved and help raise funds for cancer research. The response and support from 14 Wing and the surrounding communities was overwhelming and, as a result, over \$6,500 was raised. In addition, a total of over \$11,000 was collected for the Terry Fox Foundation, in combination with the funds raised during the Terry Fox Run!

This year, 14 Wing CWO J.M. Jardine and WComd Col. W.F. Seymour have agreed to support this worthy cause and shave their heads if \$7,000 is raised. Plus, for the first time ever, another head, which will be a squadron CO, will be shaved for every additional \$1,000

collected, and the WAdminO is willing to lose her locks if \$12,000 is raised! However, not one single hair will fall from the head of the WCWO or WComd unless the \$7,000 goal has been reached, and the other participants are only willing to do the same if their respected goals have been achieved.

In order to achieve this goal, several fundraising initiatives are being planned to ensure that the funds will be raised and their locks will fall. The first major fundraiser will be a barbeque at Sobeys from 11:00 a.m. until 1:00 p.m. It is our plan to offer a second barbeque during August, and we also plan on selling 50/50 tickets during upcoming T.G.I.F's at the Annapolis Mess. In order to take full advantage of these opportunities, we require the support from numerous volunteers. If you are willing to help assist any of these events, please call Eric MacKenzie at 765 - 1494 ext. 5337.

Please note that if the goal is not reached then all individuals involved will get to keep their locks but all monies raised will be donated to the Terry Fox Foundation as a 14 Wing Terry Fox Charity donation.

If you have any further questions about this wonderful event or if you are interested in volunteering, then please contact Eric MacKenzie, at the 14 Wing Community Centre, by calling 765-1494 ext. 5337.

DEADLINES



for The Aurora Newspaper are as follows: 12:00 noon Wednesday for classified ads; 3:00 p.m. Wednesday preceding publication date for all other advertising and those requiring proofs. Editorial material MUST be typed and MUST be accompanied by an electronic/digital (MS-Word® file) and a printed hard copy, the originator's name, address and telephone number no later than 9:30 a.m. Thursday. Or E-mail us at aurora@auroranewspaper.com