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Maple Grove Education Center, Hebron Nova Scotia. The monument was designed by the Maple Grove Memorial club.

By: Captain Scott Spurr

Members of 14 Wing Greenwood had the pleasure of visiting the Maple Grove Education Center that is located in Hebron, Yarmouth County, Nova Scotia on Thursday May 20, 2010. One of the highlights of the tour was 413 (Transport and Rescue) Squadron holding a static display of a CH-149 Cormorant helicopter in the school's soccer field. Several hundred students had the opportunity of seeing the helicopter up close and finding out what the Squadron does.

The school is located close to Yarmouth and actually has a partnership with the Yarmouth High School and together students from both schools run and participate in the Maple Grove/Yarmouth High School Memorial Club.

The club was formed in 1985 by teacher Joe Bishara as a way for the school to show support for veterans, current serving military members and the war dead. Over the years, the club has gone from twelve students to over 140 students. They have worked hard together to raise funds to erect beautiful monuments to honour the men and women who have given their lives in past wars as well as in Afghanistan. The monuments are located at the Maple Grove school and are a testament to the student's dedication to the club as well as to past and present serving members. Their motto is: "Proud Canadians Do Proud Things!"

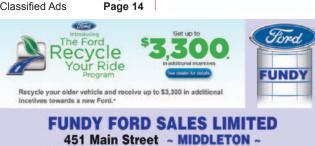
VOL. 31 NO. 22 MAY 31, 2010 NO CHARGE

The club regularly tours the province and puts on a show that honours the military and they have received several letters and accolades of "thanks" from veterans and current serving members as well as politicians.

It was an honour for the Wing Commander, Colonel Bill Seymour and acting Wing Chief Warrant Officer, Mike Whitman to have the opportunity to visit this amazing school and a way for the Wing to recognize and appreciate all the support the students have shown the military over the years.

The Wing Commander and Wing Chief met with the principal of the school, Mr. Sven Ravlo and had a quick tour of the facility and then viewed the monument site. The students honoured their visit with a large display of various flags which included the Provinces and National flags.

The tour wrapped up with the Cormorant taking off from the field and flying over the school where the students below had unravelled a huge Canadian Flag which once again showed their wonderful support for their county and the Canadian Forces!







# NAOSH Week 201

On 3 May 10 A/W Comd LCol Smith-McBride, A/WCWO Matthews, LCol Ubbens, WLEO along with members of the 14 Wing Workplace Health & Safety Committee mustered at the 14 Wing Main Gate to unfurl the NAOSH Flag officially marking the commencement of the week's activities. Several activities were held throughout the week to promote health & safety and this year's theme "How Safe Are You"

In the true spirit of partnership which NAOSH Week is all about; 14 Wing General Safety & 14 Wing Health Promotions united to host a Health & Safety Fair in the Annapolis Mess on Wednesday 5 May with over 30 kiosks providing a wide range of health & safety products and services. Exhibitors included many provincial H&S service providers as well as many of our own 14 Wing affiliated H&S disciplines. In conjunction with the H&S Fair several seminars were presented to promote and enhance H&S awareness. A sincere thank you to our folks at 26 CF Health Services for the informative seminars on safe lifting / material handling F&S for the informative session on how to be fit and safe at year's theme "How Safe Are You"?

he same time and to D/WGSO Mailman for his presentation on ergonomic safety at work & at home.

Many thanks to Colleen Hodder, UNDE Local 80403 and Marcel Journey, PIPSC Green wood Branch for their generous sponsorship of the H&S Fair lunch and refreshments. I would be amiss if I did not also acknowledge our community partners, Sobeys, Tim Horton's and McDonalds who also generously supported our H&S Fair. Our collective thanks to MS Wilson, Function Coordinator and the Annapolis Mess staff for their efforts in ensuring our event was a success.

Wing General Safety along with Wing Health Promotions would like to acknowledge all who contributed to the success of NAOSH Week by putting on displays, participating in the seminars and Wing imaging for their coverage of events. By all accounts NAOSH week 2010 was a success and truly reflective of the NAOSH symbol of many hands coming together in support of a valuable cause. Although the NAOSH week curtain has fallen for another year it remains paramount that we remain vigilant in our commitment to health & safety and getting a good night sleep. To Mr Taylor and his staff at and continually ask ourselves the question associated with this



Left to Right: L Col Ubbens, WLEO, Mr Jim Leaman, Labour member Wing WWHSC, L Col Smith-McBride, Maj Thornill, WLEO COS, Miss Ann Lidstone, Labour co-chair Wing WWHSC & A/WCWO

# Canadian Forces Housing Agency's (CFHA) New Online Housing Search

### ...find a home at your new posting from your current home!

CFHA website as soon as they receive their posting message and search through

members and their families the country! Now viewing can now go straight to the pictures, floor plans and community information for the community that you and your family will be moving

your new posting in order to apply for the home you want.

Canadian Forces (CF) any Base or Wing across print out the application form the country! Now viewing an now go straight to the pictures, floor plans and Housing Services Centre of number of bathrooms. This search tool will complement the services already offered They will also be able to in Housing Services Centres

Canadian Forces members and information about can access it at any time of day, anywhere in the world!

The CFHA website will continue to provide contact information for all local the available homes at to is a reality. You can even search for available houses (HSCs) across the country and Housing Services Centres and submit feedback.

communities surrounding bases and wings.

Log on to the CFHA website at www.cfha-alfc. forces.gc.ca to check it out

## La nouvelle fonction de recherche de logement en ligne de l'Agence de logement des Forces canadiennes (ALFC)

...vous permet de trouver un logement au lieu de votre nouvelle affectation à partir de votre logement actuel!

canadiennes (FC) et leur famille peuvent maintenant consulter le site Web de l'ALFC dès qu'ils reçoivent leur message d'affectation et effectuer une recherche de logements disponibles à n'importe quelle base ou escadre à l'échelle du pays!

d'obtenir des images, des plans d'étage et de l'information concernant la collectivité où vous comptez déménager, vous et votre famille. Vous pouvez même imprimer le formulaire de demande de logement pour ensuite le télécopier au centre

Les membres des Forces Il est maintenant possible de services de logement bain. Cet outil de recherche services de logement locaux session sur le site Web de du lieu de votre prochaine affectation afin de demander le logement désiré.

Il est par ailleurs possible d'effectuer une recherche de logements disponibles par lieu, par catégorie de logement, par nombre de chambres

complète les services déjà offerts aux centres de services de logement à l'échelle du pays, et les membres des FC y ont accès en tout temps, de partout au monde!

Le site Web de l'ALFC présentera toujours les et par nombre de salles de coordonnées des centres de

et des renseignements au sujet des collectivités avoisinant les bases et les escadres.

l'AFLC à l'adresse www. cfha-alfc.forces.gc.ca afin de consulter le nouvel outil et de Vous pouvez ouvrir une soumettre vos commentaires.



The Village of Kingston

**Notice of** 

#### ANNUAL GENERAL MEETING

The Annual General Meeting of the Electors of the Village of Kingston will be held on Tuesday, June 8, 2010 at 7:00pm at the Kingston Fire Hall, 570 Sparky Street.

> The Village of Kingston 671 Main St, PO Box 254 Kingston, NS B0P 1R0 p: (902) 765-2800 f: (902) 765-0807 www.kingstonnovascotia.ca





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### Obituary – Amero

AMERO, Bernard Joseph "Burt" - 67 of Auburn, NS passed away Tuesday, May 25, 2010 in Valley Regional Hospital, Kentville. Born in Plympton, Digby County, he was a son of the late Bernard and Pauline Marie (Walsh) Amero. Burt retired after 32 years as a photo tech with the Canadian Air Force, having completed tours in Bosnia; Golan Heights and Lahr, Germany. To say the least, VE1AMA was an avid amateur radio operator, who started and ran Network 105 for 21 years and he also had a passion for cars. He is survived by his wife, the former Phyllis Reid; daughters, Twyla Amero, Illinois, USA; Melissa Amero, Quebec City, PQ; stepdaughter, Grace (Stephen) Wille, Cold Lake, AB; stepson, Rod (Carla) Richards, Calgary, AB; half-sister, Nina Henshaw, Digby; grandchildren, Cpl. Matthew Johnson; Pte. Jeffery Johnson; Nylah Dawn Richards and nephews, Michael, Blaine and Tony. Besides his parents, he was predeceased by sister, Judy. Visitation will be held 7:00 to 9:00 p.m. Friday, May 28, 2010 in the Middleton Funeral Home, 398 Main Street, (902) 825-3448. The funeral service will be held 2:00 p.m., Saturday, May 29, 2010 in the Queen of Heaven Chapel, 14 Wing Greenwood, Father Tim Nelligan officiating, with cremation to follow the service. Interment will be in Glenwood, Newfoundland at a later date. In lieu of flowers, donations in memory may be made to the Amero family. Online condolences may be made through: www.middletonfuneralhome.com

# One Canadian Soldier Killed by Improvised Explosive Device

CEFCOM NR - 10.010 - May 24, 2010

**OTTAWA** — One Canadian soldier was killed after an improvised explosive device detonated during a routine security operation, about 20 kilometres southwest of Kandahar City, in the Panjwa'i District, at approximately 12:30 p.m. Kandahar time on 24 May 2010

Kandahar time on 24 May 2010.

Killed in action was Trooper Larry John Zuidema Rudd from the Royal Canadian Dragoons, serving with 1st Battalion, The Royal Canadian Regiment, based in Petawawa, Ontario.

All members of Task Force Kandahar are thinking of the family and friends of the fallen soldier during this difficult time. We will not forget this soldier's sacrifice as we continue to bring security and hope to the people of Kandahar Province.

Canada in partnership with the Afghan government and ISAF remain committed to improving the security situation in order to set the conditions for reconstruction and development in the region. Together, Afghan National Security Forces and Joint Task Force Afghanistan continue to maintain the initiative in Kandahar Province.

Trooper/Cavalier Larry John Zuidema Rudd.



# Un soldat canadien tué par un dispositif explosif de circonstance

CEFCOM NR - 10.010 - le 24 mai 2010

OTTAWA — Un soldat canadien a été tué par l'explosion d'un dispositif explosif de circonstance pendant une opération routinière de sécurité à environ 20 kilomètres au Sud-Ouest de la ville de Kandahar, dans le district de Panjwa'i, à environ 12 h 30, heure de Kandahar, le 24 mai 2010.

A été tué au combat le Cavalier Larry John Zuidema Rudd du The Royal Canadian Dragoons servant à titre de membre du groupement tactique du 1er Bataillon, The Royal Canadian Regiment basé à Petawawa, Ontario.

Les pensées de tous les membres de la Force opérationnelle à Kandahar accompagnent la famille et les amis du défunt pendant cette période difficile. Nous n'oublierons jamais son sacrifice alors que poursuivons notre mission d'offrir la sécurité et l'espoir aux habitants de la province de Kandahar.

Le Canada, en partenariat avec le gouvernement afghan et avec la FIAS, est toujours engagé à améliorer la situation en matière de sécurité pour réunir les conditions favorables à la reconstruction et au développement dans la région. Les Forces de sécurité nationale afghanes et la Force opérationnelle interarmées en Afghanistan continuent, ensemble, de maintenir l'initiative dans la province de Kandahar.

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**Buying or Selling?** 

# Bike Rodeo/Child Ident/ Military Police Outreach

By: Sgt Wendy O'Quinn, 14 Wing MP Det The Military Police will

be holding a Bike Rodeo and Child Identification on 12 Jun 10 at 1000 hrs – 1400 hrs in the CANEX Parking Lot, 14 Wing Greenwood. During this time, the senior staff from the 14 Wing MP Det will be there to receive feedback on the Community's views on the service that we are providing. If it rains on that date, we will have a rain date of 19 Jun 10. If it rains on that date, it will be held in the Wing Arena.

Greenwood or Local 5753.

The 14 Wing Teen Council will be holding a Bar-B-Q with the proceeds going towards the end of the year graduation event. We will have great prizes for the children that are being donated by local businesses within the Greenwood community who have been very gracious with prize donations. Your child will have an opportunity to win a bike!

A bike inspection will also be conducted by a professional inspector provided by Cleve's.

Child Identification will also be available. Any CF

family may bring their child to have them photographed and fingerprinted at no cost. As previously stated, the will have hildren with the nity who ous with r child entry to

Please bring your child/ children to this great event. Please ensure your child attends the Bike Rodeo with a bicycle and a helmet. With summer fast approaching, your children will be out on their bicycles and we all want to ensure they are riding safely. Also, please support the Teen Council with their Bar-B-Q! The 14 Wing MP Det are looking forward to meeting with you and providing this service to our community.

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# OPTOMETRY CLINIC

14 Wing Golf Team Play Downs

Any one interested in playing on the 14 Wing Golf Team

(Male and Female) at the Atlantic Region Golf Championship

18-22 July in Gagetown can register for play downs taking

place on the 7th, 8th and 9th of June. All Male competitors must have a 12 or less handicap to be eligible to participate. To register please contact the OPI.

OPI: Graham White at White GD@WAdmin F&S@

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# Youth Happenings at 14 Wing Community Centre

#### Worker; Megan LeMoine

June is Provincial Recreation Month; there are so many activities and events happening in June, so get your June calendar as soon as possible, you don't want to miss out! We also are getting ready for Summer camps, Summer Family Trips and Special events like Canada Day Skate Competition and Family games! If you have any questions about any activities or events please call 765-8165. Here's what happening this week!

#### **Boys Club Tennis**

education:

· Bilingual is an asset.

Greenwood, NS

Fax: 902-765-1747

Monday May 31 4:30 - 6:00 p.m.

Serve, set, point! Today we are going to practice playing

Tennis'! Please meet at the 14 Wing Community Centre, where we will lace-up and signin. Depending on the weather, we could play in-side or outside! Please wear sneakers and bring a bottle of water!

#### Teen Council 'Information Sessions' **Healthy Eating How-to!**

Tuesday June 1 3:00 - 4:00 p.m.

Pre-registration is Necessary! Registered Dietician; Stacy Hanninen will giving us a more 'hands-on' approach to healthy eating. You will learn how to

create a very inexpensive and healthy meal; with just a few simple items you can make a great meal that includes all your food groups! Stacy will show us how!

**Active Chicks** 

EMPLOYMENT OPPORTUNITY

**Greenwood Military Family Resource Centre** 

The Summer Camp Leader is responsible for the implementation of

the summer recreation program for children aged 3 - 5 years at the

Greenwood Military Family Resource Centre. This part -time position

is for the month of July only. A total of 20 hours per week 8:30 a.m. -

The ideal candidate should possess the following skills and

Understanding of the unique needs of military children

Experience working with children age 0-5 years.

A Current First Aid/CPR Certificate is required

Kim Dixon, Coordinator of Child and Youth Services

Greenwood Military Family Resource Centre

AVM Morfee Centre, School Road

E-mail: Kim.Dixon@forces.gc.ca

12:30 p.m. starting Monday, July 5th 2010 until Friday, July 30th, 2010.

Hand deliver, fax or e-mail job applications no later

than 4 p.m., Friday, June 11th, 2010 to:

Greenwood MFSP

Summer Camp Leader

Part-Time Seasonal Position

Wednesday June 2 6:00 - 7:30 p.m.

Girls, meet at the 14 Wing Community Centre with a bike and helmet. After everyone has arrived and signed in, we will set off on our voyage down Ward. Rd, behind Dwight Ross, then stop at Avery's for a sweet treat (bring your own treat money), and then head back to the Community Centre. Please remember; bring your own bike, helmet and treat money! **Teen Activity** 

Yogi-bear Campground Thursday June 3

6:00 - 7:30 p.m. Cost: \$5.00

Pre-registration is Necessary

Teens meet at Yogi-bear Campground for games, campfire stories and for a special treat, s'mores! Please sign-up and pay before June 1, 4 p.m.. If the weather doesn't allow this activity to take place, we will

have another activity planned is just the beginning of their at the 14 Wing Community Centre; then we will reschedule this event at a later date.

Pre-teen Movie Night Saturday June 5

6:00 - 8:00 p.m.
Movie; Tales of the
Riverbank- Hammy, Roderick and GP live by the riverbank. The story starts with a massive storm that unites the three main characters, who are swept far from their homes. This

adventure. The gang take on the evil Fat Cats whose Waffle, Marmalade and Doughnut factory is threatening to pollute and destroy the River. Along the way, they meet a whole host of funny and eccentric characters. including a flea circus, psychic Betty and the lovely starlet Sonia.

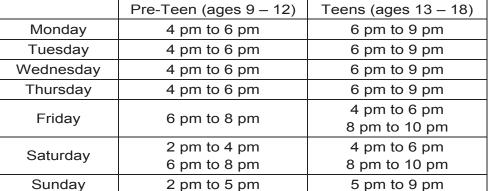
#### Teen Movie Night

Saturday June 5 8:00 - 10:00 p.m.

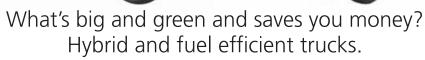
Movie; Alice in Wonderland-19-year-old Alice returns to the magical world from her childhood adventure, where she reunites with her old friends and learns of her true destiny: to end the Red Queen's reign of terror.

**Pre-teen Dance** Friday June 11 6:00 - 8:00 p.m.

Cost: \$3.00 Tell your friends, bring some friends, it's where your friends are! No matter what music you like, we have something for everyone! See you there!







Incentives and rebates are available now on: the purchase of hybrid bucket, waste and delivery trucks; fuel efficiency upgrades to Class 8 heavy duty trucks (ie. freight tractors and trailers)

#### Applications deadlines:

Hybrid bucket trucks - June 15, 2010
Hybrid waste and delivery trucks - July 5, 2010
Class 8 heavy duty trucks - July 30, 2010\* \*(first come, first serve)

Applications are available online at www.conservens.ca/on-the-road. For more information visit the website o call the EnerInfo line at 1-800-670-4636.

Funding provided through ecoNova Scotia for Clean Air and Climate Change.







When you need someone to talk to, call:

Al MacDonald...1532 Wayne Atwater...5567 Darlene Richards...3119

Debby Benda...3340

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Only those selected for an interview will be contacted.

You can read more about the GMFRC at: www.greenwoodmfrc.ca

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Pen names may be permitted at the discretion of the Editor. Le rédacteur en chef peut, à sa discrétion, permettre l'utilistion de pseudonymes.

Opinions and advertisements appearing in "The Aurora Newspaper" are those of the individual contributor or advertiser and do not necessarily reflect the opinions of 14 Wing, Greenwood or the Printers.

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The deadlines are as follows: 12:00 noon Wednesday for classified ads; 3:00 p.m. Wednesday preceding publication date for all other advertising and those requiring proofs. Editorial material MUST be typed and MUST be accompanied by the disk and hard copy, the originator's name, address and telephone number no later than 9:30 a.m.

Thursday. Or E-mail us at aurora@auroranewspaper.com
12h00 pour les annonces publicitaires moins d'une demie page, le mercredi qui précède la semaine de publication. Les annonces publicitaires de plus d'une demie page ou demandant une épreuve doivent nous arriver par le mercredi à 12h00. Les documents doivent être dactylographiés et provenus avec le disque et une copie imprimée.Ils doivent aussie porter le nom, l'adresse et le numéro de téléphone de l'auteur. Ou Email: aurora@auroranewspaper.com

Promotion of Private Businesses in articles submitted for publication is not permitted except in cases of appreciation for donations where only the company name is included.

(Companies or individuals that are currently in arrears shall not be published.) Individuals or groups shall not make any offer of promotion in The Aurora Newspaper

of products and/or services in exchange for donations. La promotion d'entreprises privées sournis en forme d'articles n'est pas permise excepté dans les cas d'appréciation pour dons ou seulement le nom de la compagnie est inclus. (Compagnies ou individues qui sont présentement en arrérages ne pourron être publiés. Les individues ou groupes ne pourront pas faire d'offres de promotion de produits et/ou de services en échange de donations dans The Aurora Newspaper Mail Subscriptions are available at the following rates:

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## **Kingston Arena Requires Your Help!**

WKRA Board Membership Dwindling... President Wayne Fowler states day to day business will fail without an influx of new board membership.

We are all aware the days of active volunteering have been significantly stressed in recent times. As well, our growing population of community youth are desiring to use our Arena for various sports including hockey, figure skating and basic physical fitness. All of which are positive and welcomed, but this amplifies the demand on the volunteer board of the Kingston Arena to increase the volunteer board of the Kingston Arena to increase availability. Personally, I began my life on the board as a volunteer with the Greenwood Skating Club and was elected as President of the Kingston Arena following a call for local residents to manage the facility or the doors may be closed permanently. I along with many others jumped on board to save the facility, and unfortunately, we are currently losing our board members again due to their own life commitments and responsibilities. As President, I will regrettably be stepping down due to a military posting to CFB Borden and in saying this, my own wife and children will be remaining and they along with all of you will require an active board to be formed, ensuring our Kingston Arena remains open to the community. The current volunteer board is proud to announce that we have managed to bring the finances for operations under control, and have begun to make strides towards reducing our debt load as quickly as possible.

Even with the unexpected break down of various electronic components, replacement of the hot chocolate machine, and significant water damage due to a faulty toilet, we have managed to come out on top and are optimistically moving forward into 2010-11. This can only happen with an influx of new board members from our surrounding communities and organizations to support Charlie Bishop, our manager and the rest of the WKRA management team to maintain and sustain this very important community recreational facility.

As some of you may already know we have a partnership in place with the Kingston Village for use of the arena in our off season in order to promote not only our community, but the arena's importance towards increasing recreational opportunities within our Village. We are very excited to have the recreation team come up with an active plan for the arena during this Spring/Summer and moving forward into the future. The yearly annual meeting and nomination of the new board will be held on Thursday June 17th 2010 and I ask those of you who care at all about our community to show up and step up... It's your rink, your responsibility! Feel free to contact me if you have any questions pertaining to this subject.

Thank-vou.

Wayne Fowler, President, WKRA - 765-6557

#### TENDER - MEAT PROCESSING PLANT AND RETAIL STORE FOR SALE

A meat processing plant located at 1291 Highway No. 201, South Greenwood and retail store located at 1110 Highway No. 201, Greenwood, both in the County of Kings, Province of Nova Scotia, are being offered for sale by tender.

The properties consist of two PID Nos. 55448005 (processing building, outbuildings, equipment and 30 acres of land) and PID No. 55109359 (retail store and equipment). Both lots can be tendered separately or together.

Tenders must be received at the Truro office of the Nova Scotia Farm Loan Board by 12:00 Noon, Tuesday, June 22nd, 2010. For further details, tender documents and terms of the tender please contact, Pam Fraser at 679-6010, Senior Loan Officer at the Nova Scotia Farm Loan Board, Agriculture Centre, 32 Main Street, Kentville, Nova Scotia B4N 1J5. The highest or any tender will not necessarily be accepted. The accepted tender offer is subject to HST.

For more information check our Web Site at http://www.gov.ns.ca/agri/farmlb



# Business of the Week ~ Gail's Barber Stop ~

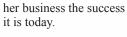


Owner/Operator, Gail Youden, a graduate of Bruno's School of Hair Design in Toronto, opened Gail's Barber Stop in April 2007. Gail has been working in the Barber/Hairstyling field for over 25 years.

Gail's Barber Stop is located in the CANEX building. Entrance is just before the main gate at 14 Wing Greenwood. You will find Gail and her staff to be professional, caring, and flexible to meet the needs of their clients.

The Barber Shop has a walk in No appointment policy to help provide a "less wait" service. They also provide Gift Certificates, Baby's first Hair Cut Certificate and Crew Hair products.

Gail and her staff feel confident that you will find her shop a place where quality care is given in a relaxed and social atmosphere. She would also like to thank all her clients for making





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#### Gail's Barber Stop

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# The 19th Hole

Golfing in the Valley this past week has been like golfing in July. Pretty soon we will be praying for some rain for the course. Just can't win... we are never really happy, we want the sunshine but we really do need some rain.

There were three teams in Clare on the weekend of May 22-23 for the Lobster Classic and for the first time in many years we actually played both tournament rounds... no rain... just sunshine. None of us stayed around but looking on the net, we see that Doug Carpenter and Wendy Richardson won 3 LG in the 2nd Division. Great weather, great time with friends and a prize too... life just doesn't get any better than that.

While we were in Clare there was a men's tournament at the course. Stu Nauss and Ken Theriault tied for LG and agreed to share the prize rather than have a playoff. Scott Cooper was third in the 1st Div.1 The LN prizes in the ist Div went to Bill MacDonald (1st) Charlie Costin (2nd) and Steve Lake (3rd). In the 2Nd Division the winners were: LG Steve Swan (1st), Nelson Mullen (2nd) and Wayne Cathcart (3rd) and the LN prizes went to Ralph Fevens (1st LN and Field LN), Danny Snow (2nd) and Bruce Pellerine (3rd). 3rd Division winners were: LG- Bruce Whitman (1st), Neil Peckham (2nd) and Vern Crossman (3rd) and LN prizes went to Dave Stoddard (1st), Merle Toole (2nd) and Frank Croucher (3rd). Congratulations to all the winners... must have been a pretty good turnout to have 3 Divisions. Speaking of Frankie... Swanky Frankie... did you see he made the Golf News... taking putting lessons from Gail... way to go Frankie.

There will be a change in Wed Night Ladies, non-members who do not belong to another Golf Club will pay a green fee of \$5.00 to play, if you ARE a member of another Club a nine hole green fee will apply...this will be the same for the Friday

#### EMPLOYMENT OPPORTUNITY

**Greenwood Military Family Resource Centre** 





#### Volunteer Services Manager

Full-Time Position

The Volunteer Services Manager is responsible for the recruitment, training, program development, and support of the GMFRC's team of over 200 volunteers. Responsible to the Executive Director, the Manager will ensure our youth and adult volunteers embrace personal and professional growth opportunities with meaningful contributions through the work we do in our military community

#### The ideal candidate should possess the following skills and education:

- Post-secondary education in Human Resource Management or a related social science field from a recognized college or university.
- excellent interpersonal, oral, and written communication skill with the ability to facilitate presentations and workshops; and must be computer literate in Microsoft Office programs, including MS Access.
- experience working in a not-for-profit organization with an in-depth knowledge of volunteer management and community development.
- able to work both independently and as part of a team in a fast-paced environment, with the ability to organize and prioritize workload effectively to meet deadlines
- experience working with, and subscribe to, the principles of the Canadian Code for Volunteer Involvement and have an excellent track record of establishing and maintaining community partnerships.
- an understanding of the unique needs of military families is necessary and a working knowledge of community resources in the catchment area is required.
- Awareness of risk management issues as they pertain to volunteers and clients as well as a strong belief in the principles of volunteerism is required.
- Bilingualism is a definite asset.

#### Hand deliver, fax, or e-mail cover letter and resumé no later than 4:00 p.m., Tuesday, June 8, 2010 to:

Margaret Reid, Executive Director Greenwood Military Family Resource Centre AVM Morfee Centre, School Road Greenwood, NS B0P1N0 E-mail: margaret.reid@forces.gc.ca

Please note: Only candidates selected for further consideration will be contacted.

You can read more about the GMFRC at: www.greenwoodmfrc.ca

Night 2-Ball

The only tournament planned for the week ending June 5th is the Middleton Rotary have a 9:00 Shotgun start on June 4th. The rest of the week is the usual Men's Night on June 1st, Intersection and Ladies on Wednesday, Thursday morning Ladies at 10:00 and Friday Night 2-Ball. Don't forget the Mid Am is coming up June 17-20th and volunteers are needed... sign up sheets in the hallway...see Bulletin Board.

Tuesday Night Men's Night (June 1st) 18 holes. I am noticing a lot of Ball Marks on the greens... it doesn't take much to repair them... this is your course too...help look

Bring a friend out to golf, it is \$29.00 if someone is playing with a member... can't beat that deal. Twilight rates of \$24.00 apply after 3:00 p.m. ...all rates include HST.

The results of the Founders/Builders tournament will be in next issue... that should be a fun tournament.

Until Next issue... enjoy a round of golf, keep up the pace of play, (Keep up to the people in front, not just ahead of the people behind!!!), replace your divots and once again... repair your ball marks on the greens.

The Wednesday Ladies Night fun golf is underway for the season and will be run by Betty Saltzman and Gail Croucher. Try to be at the golf club no later than 4:45pm as play will start at 5:00 pm each Wednesday evening. If you are running a bit late and wish to play please call the pro shop to get in the draw. Ladies who are not members of a regular golf course are invited to join the Greenwood lady members for a green fee of \$5.00 for nine holes of golf plus \$3.00 to the Ladies' Division to provide prizes. Ladies who are members of other clubs are also welcome to join and the twilight green fee rate of \$14.00 will apply. The kitchen is open so if you work up an appetite you will be able to get something to eat. If you have any questions on the format or fees for play please contact Betty Saltzman at 765-8131. Seventeen ladies turned out on Wednesday 26 May 10 and played 9 holes of Pinehurst two ball golf. Audrey Costin was lucky enough to have her ball skip across a water hazard but unfortunately her and her partner, Sue O'Connor, still did not make the winners circle. Winning teams were Donna Hill and Edie Herrick, Cyndi Landry and Ruth Hunter, Sandra Catheart and Sharyn Trimm and Carolyn and Gail Croucher.

# Walk the Walk: Stepping in the **Right Direction for Autism**

Submitted by: Jennifer Hill, BSW, SWC, Social Worker at the GMFRC 765-1494 local 1811 or email: Jennifer. Hill2@forces.gc.ca

Please come out for some family fun while supporting our

local Valley Autism Support Team (V.A.S.T) on Saturday, June 19, 2010 for the first Annual Walk the Walk

Autism is a developmental disability that is a result of neurological disorder that affects the functioning of the brain. The symptoms of autism begin to emerge in children by approximately age 3. The cause of autism is still unknown; however advances in medical research continue to provide information in identifying and diagnosing autism earlier through early intervention programs.

Date: Saturday, June 19, 2010 Registration begins at 9:30 a.m. and walk begins 10:45 a.m. Where: Kingston Elementary School to Kingston Arena (walk from Kingston Elementary School, Pine Ridge Avenue to Kingston Arena, Westwood Avenue where refreshments and entertainment await).

qualified psychologist or physician who may also collaborate with occupational and/or speech language pathologists. Early and effective intervention and treatment are vital in achieving support for autism. One key resource for autism support is the V.A.S.T.

> V.A.S.T is fully staffed by dedicated volunteers who provide a variety of services designed to educate families about autism, increase public awareness of autism and advocate on behalf of children with autism and their families. V.A.S.T also provides support and networking to families and others involved with children with autism and related disorders.

> Come on out and show your vast support for V.A.S.T by participating in the first Annual Walk the Walk for Autism, and help raise awareness and funds to enhance the resources for autism in the Annapolis Valley. For more information

Diagnosing autism involves an assessment completed by a please contact V.A.S.T directly at 765-3883.

#### ANNAPOLIS EAST\_\_\_\_\_ **ELEMENTARY** SCHOOL

 $\sim$  The following items are available at the Cafeteria daily  $\sim$  Sandwiches: \$2.30; Wraps - \$2.30; Sub Sandwiches - \$2.00 All sandwiches & wraps will include fresh vegetable or fruit on the side. Vegetables & Dip - \$1.75; Cheese & Crackers - \$1.75 Fruit & Dip - \$1.75; Tossed Salad - \$3.00 sm \$2.00 Caesar Salad - \$3.00 sm \$2.00; Spinach Salad - \$3.00 sm \$2.00 Bagels (Blueberry or Plain) - \$1.00; Yogurt - \$1.00; Yogurt Tubes - \$1.00; Yogurt Parfaits - \$1.25 Fresh Fruit: Apples, Oranges & Bananas - \$1.00; Apple Slices - \$1.00 Cheese Strings - \$1.00; Gold Fish Crackers - \$.50; Baked Lays - \$1.50; Rice Crispy Squares - \$.80; Smoothies: Mon, Wed, Fri - \$1.25 Welch's Fruit Snacks - \$1.00; Milk - \$.35; Water - \$1.00 Juice: Apple, Orange Wildberry & Seven Fruit - \$1.00;

Canteen Items - CASH ONLY here will be a cost for ALL condiments if your child is not purchasing lunch from the cafeteria Ketchup, Mustard, Relish - \$.15 each; Mayo & Salad Dressings - \$.30 each

Barbecue/Sweet & Sour Sauce - \$.40 each: Cream Cheese (Plain or Strawberry \$.40 each; Cheese Whiz - \$.30 each; Strawberry Jam - \$.15 each

We are a NUT & SCENT sensitive school with a smoke-free environment. May 31st: Chicken Nuggets & Corn on the Cob 3.00

Blueberry Buckle 1.00

June 1st: Mac & Cheese 3.00 • Baked Potato 1.50 • Toss Salad 2.00

Fresh Fruit Cup 1.00

June 2<sup>nd</sup>: Sliced Ham & Potato Wedges 3.00 • Caesar Salad 2.00 • Yogurt Tubes 1.00 • Sub-way Orders are Due Today

June 3<sup>rd</sup>: Corn Chowder 2.00 • Sub-way 2.50 • Blueberry Smoothies 1.25 Hamburgers with Lettuce & a Slice of Tomato 2.75 • Cheese Burgers with Lettuce & a Slice of Tomato 3.00 • Yogurt 1.00

Daily Lunch Combo includes Main Entree, Dessert & Milk for \$3.50

#### 2222222222222222222222222222 school lunch menu DISTRICT SCHOOL

#### Whole Sandwiches 1/2 Sandwiches (Asst. fillings) Subs/Kaisers/Wraps.. Hot Foods One Hot Food Daily .\$2.50 Cup of Soup Bowl of Soun .\$2.00 Beverages \$0.35 Choc. Milk. .\$1.30 Juice Small .\$1.00 Juice Medium \$1.25 Bottled Water . .\$1.25 V8 Juice .\$1.00 Salads Assorted Salad Plates Fruit Plate..... .\$2.50 .\$1.75 - \$2.25 Veggies & Dip

Snacks	
Cheese & Crackers	\$1.00
Fresh Fruit\$	0.75 - \$1.25
Gold Fish Crackers	\$0.50
Miscellaneous	
Bread & Butter	\$0.50
Bagel	\$1.25
Cream Cheese	\$0.50
Cheese Whiz	\$0.50
Freezer Items	
Frozen Yogurt	\$1.25
Yogurt Tubes	\$1.00
Desserts	
Muffins	\$1.00
Cookies (small)	\$0.35
Biscuits	\$1.00
Yogurt	\$1.25
Fruit Salad	\$1.00
Other Assorted Desserts	\$0.75
Special Treat Days	\$1.50

Kingston &

Daily Specials:

.\$1.00

Mon: Potato Wedges & Veggies \$3.25; Tues: French Toast with Fresh Fruit \$3.25 Wed: Mac & Cheese with Veggies \$3.25; Thurs: Tacos & Fresh Fruit \$3.50; Fri: Chicken Burgers \$3.50

#### Home Centre



Apple Snacks

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# **Summer Camps!**

summer is now only weeks away! Every summer, the 14 Wing Community Centre offers camps that are filled with great activities, events and cool field trips. We offer an eight week Day Camp, French Camp and Sports Camp program. Both our Day Camp and French camps are

designed for campers between the ages of 6-12 and our Sports Camp is designed for campers between 9-14 years of age.

Our 2010 Camps will start on Monday July 5th and run until Thursday August 26th. Please note that there will be no camp on Monday August 2nd or Friday August 27th.

All three summer camps

are held between Monday to Friday, with camp running from 9:00 a.m. to 3:00 p.m., during the eight weeks camps are offered.

We also offer a before care service from 7:30 – 9:00 a.m. and an after care service from 3:00 - 4:30 p.m. at an extra cost of \$10.00 per service, per week or \$5.00 per service, per

day (per camper). The costs of our camps are either \$65.00 per child (\$75.00 during trip weeks) if the camper has a valid Community Recreation card or \$75.00 per child (\$85.00 during trip weeks) if they do not, and there is also no discount when registering additional children.

It is our plan to provide

you with the convenience of being able to register from home with our new on-line registration at http:// bk.cfpsa.com/greenwood/ where you can take advantage of our on-line registration starting on Tuesday June 15th. Please refer to future Aurora Newspaper articles which will provide you with a step by step process of how to register on-line. Please note that we will also hold on-site registration, in the main office of the Community Centre, starting at 9:00 a.m. on Thursday June 17th.

Our Summer Camp

Supervisors will begin their employment on Monday May 31st and start planning all the exciting activities and events that we will be offering. Each week, leading up to camp, you will see additional articles that mention what types of weekly themes will be planned and other camp related information.

If you have any specific program related questions, then please call 76-1494 ext. 5341 and ask for one of our three camp supervisors. For all other general inquires please call 765-1494 ext. 5341, 5337, or 5331.

# **Bookmobile Schedule - June 2010**

<b>Tuesday - 1 June</b> Upper Canard	10:00 - 10:45	New Albany North Wednesday - 9 June	6:45 - 7:30	New Minas Wednesday - 16 June	5:00 - 6:30	Bear River Tuesday - 29 June	5:45 - 7:00
Baxter'S Harbour	11:15 - 12:00	Mt Hanley	1:45 - 2:30	Apple Blossom School	1:00 - 1:20	Upper Canard	10:00 - 10:45
Scott'S Bay	1:00 - 1:45	Margaretville	3:00 - 4:00	Waterville	1:30 - 2:15	Baxter'S Harbour	11:15 - 12:00
Sheffield Mills	2:15 - 3:00	Morden	4:30 - 5:15	Cambridge (King'S Co)	2:30 - 3:15	Scott'S Bay	1:00 - 1:45
Canning	3:15 - 4:30	Wilmot Centre	6:30 - 7:30	Bess View Sub-Div	3:30 - 4:30	Sheffield Mills	2:15 - 3:00
Centreville	5:45 - 6:45	Monday - 14 June		Coldbrook Centre	5:45 - 7:00	Canning	3:15 - 4:30
Thursday - 3 June		Le Shaw School	10:00 -10:50	Tuesday - 22 June		Centreville	5:45 - 6:45
Dr. Arthur Hines School	ol 10:45 - 11:45	Avonport	11:00 - 11:45	Calvary Baptist Academy 1:00 - 1:45 Wedne		Wednesday - 30 Jur	ie
Hants Shore Clinic	12:45 - 1:15	Belmont	1:15 - 2:00	Charity Baptist School	1:50 - 2:25	(Note this is on	
Cambridge (Hants C	o) 1:30 - 2:15	Brooklyn	2:15 - 3:00	Torbrook Mines	2:30 - 3:15	Wednesday due to	
Cheverie	2:30 - 3:00	Ste. Croix (Hants Co)	3:15 - 4:00	Meadowview	3:45 - 4:30	July 1st holiday)	
Summerville	3:15 - 4:00	Vaughan	5:30 - 6:30	Aylesford	5:45 - 7:00	Dr. Arthur Hines Scho	ol 10:45 - 11:45
Upper Burlington 5:15 - 6:00		Tuesday - 15 June		Wednesday - 23 June		Hants Shore Clinic 12:45 - 1:15	
Monday - 7 June		Kings Rehab Centre	10:00 - 11:30	Maitland Bridge 1	0:15 - 11:15	Cambridge (Hants Co	) 1:30 - 2:15
Cherryfield	1:30 - 2:15	Casey'S Corner	12:45 - 1:30	Clementsvale	12:15 - 1:15	Cheverie	2:30 - 3:00
East Dalhousie	2:30 - 3:30	Sunken Lake	2:00 - 2:45	Cornwallis Park	2:15 - 3:00	Summerville	3:15 - 4:00
Springfield	4:00 - 5:30	White Rock	3:00 - 3:45	Bear River East	3:30 - 4:30	Upper Burlington	5:15 - 6:00

# Friends of the Greenwood Library News

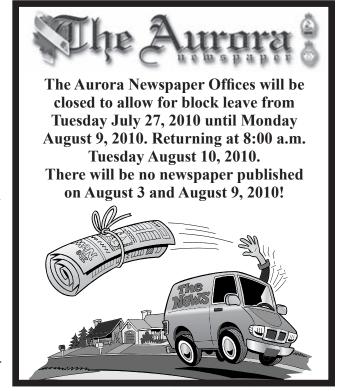
The Friends of the Greenwood Library are pleased to a small group of interested people with a few ideas; what we 14 Wing Library (Family Resource Centre) on June 9, 2010

In case you didn't catch our original article in the Aurora Newspaper, let me explain what we are and what we stand for. We are a group of interested local volunteers who are advocates and supporters of library services in Greenwood. We have no intention of interfering with the Library administration, but as the word friend suggests, we want to help in whatever way possible.

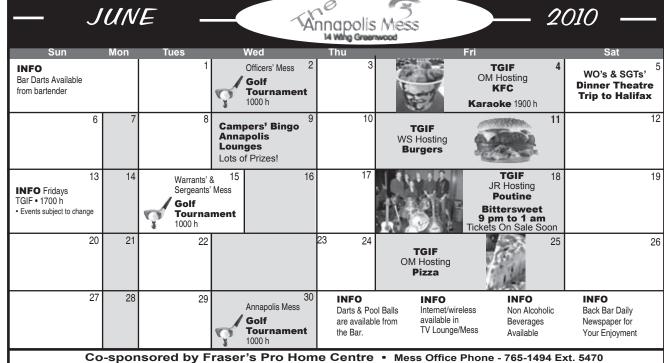
Since our last article we have become registered under the Provincial Societies Act and it is our intention to apply for tax receipt status with Canada Revenue. At the present time we are

announce that our first general meeting will be held at the need is a much larger group of people to provide even more ideas. The General meeting is intended to enlarge our group and produce a plan for the future. Please consider becoming part of this worthwhile project. Come out and join us on 9 June. If nothing else, there will be refreshments.

At some point in time our group may consider joining Canadian Friends of the Library, a national movement dedicated to the same goals. It is worth noting that Friends of the Library is, in fact, an international movement







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# Interested in Forming a 14 Wing Skate Park Club?

The 14 Wing Community Centre held a to the former Greenwood Skate Union. successful skate park focus group, on Friday May 21st, where roughly twenty individuals attended. During this meeting, it was decided to start a new Greenwood Skate Park Club, similar

This Club would be opened to all ages, and all park users (skateboards and BMX). The first order of business will be to determine the benefits of becoming a member of the

portion of annual membership dues spent on upgrades to the park, etc) and decide how to spend the allocated grant funding that we have received to provide upgrades to the park.

Forming this Club will improve our chances to be approved for grants and the success of our fundraising initiatives, since we will have a group of committed members who are dedicated to helping improve our park.

If you are interested in being part of this Club then please attend our first meeting set for Wednesday June 23<sup>rd</sup> from 3:30 - 4:30 p.m. inside the 14 Wing Community Centre Conference

opinions and recommend the changes that you would like to see.

This Club, in partnership with Limitless Skate and Snow, will allow all users of the park to provide feedback on where our grant funding should be spent, and collectively set a plan in place for what direction we would like to see our park go. Please note that the Community Centre Conference Room is located on the second floor of the Centre.

If you have any questions or ideas, but unable to attend, please call Eric MacKenzie at 765-1494 ext. 5337.



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#### Submitted by: Anne Kempton

Xi Rho Chapter of Beta Sigma Phi hosted a luncheon at the Old Orchard Inn on April 30 to celebrate Founder's Day. Everyone enjoyed a delicious meal, chapter presentations, and great conversation.

Anita Frittenburg, voted "Woman of the Year" by Mu's sorority sisters for her dedication to the chapter, willingness to open her home for various activities and a keen interest in lending a helping hand. Anita was presented with a bouquet of flowers from last year's recipient Sandy Bentley.

Anyone interested in finding out more about Beta Sigma Phi can call Mu President Dallas Harrigan at 765-0977 or Vice President Margie Dunphy at 825-3645.

# June is Recreation Month - The Campaign

"June is Recreation Month (JRM); this campaign is part of a growing national movement honoured across the country. JRM draws public attention to the benefits and values of recreation and parks to individuals, families, neighbourhoods and communities, and works to recognize and celebrate the contributions recreation and parks makes to the quality of life to Canadians." *DGPFSS*Celebrating JRM is an exciting way

Celebrating JRM is an exciting way to increase awareness of the benefits of recreation and leisure to the health and wellbeing of all Nova Scotians.

This province-wide campaign educates and encourages - with the help of media messaging, promotions, toolkits, children's contests and activities - the engagement of municipalities, schools, community groups, families and individuals in more recreation and leisure activities during recreation month and beyond.

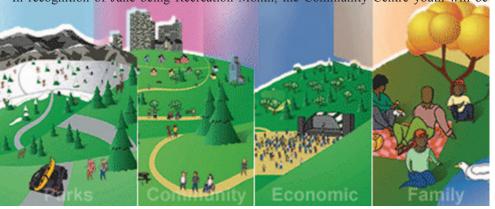
The Theme: Live it Everyday!

"The campaign theme Live it Everyday!, reinforces the message of how important it is for all of us to participate in some form of recreation or leisure activity each and everyday. Regardless of ability or age, Nova

Scotians are enjoying recreation in an increasing number of ways. This year's theme recognizes that recreation activities do not have one definition. "Activities of all kinds, not just physical, are acknowledged and celebrated. Whether it's lawn bowling, running a marathon, learning to play a new instrument, reading a book or star gazing ... recreation is about celebrating life and ...Live it Everyday!" Recreation Nova Scotia

"Recreation and Parks play an important role in the Morale and Welfare (MW) of Canadian Forces Community. CF Personnel and Family Support Services (CFPFSS) offer innovative leisure activities to meet the needs of CF members and their families. Each CF location offers a diverse mix of activities, all designed to promote wellness and enhance the time that families spend together." DGPFSS

Celebrate June is Recreation Month at the 14 Wing Community Centre
In recognition of June being Recreation Month, the Community Centre youth will be



participating in many different recreational activities. For example, the Boyz Club will learn how to make mini pizza's, have a campfire at Yogi-bear Campground with the Active Chicks, go golfing with their Father's and play out-door croquet; the Active Chicks will be going on a bike ride, having a Father/daughter picnic, have a campfire at Yogi-bear Campground with Boyz Club, go swimming and play out-door water games; the Teens will also have campfire at Yogi-bear, visit Tibbetts Nursing Home, play trivia and decorate for the dance.

Not all recreational pursuits need to be so active, though. We also have regular movie nights scheduled, Teen Trivia Night, Spa Night for pre-teens and teens, a Beach Party dance, and a BBQ and Bike Rodeo at CANEX!

Summer camp will run July 5<sup>th</sup> onwards, for those wanting to take recreation into July and beyond!

King's Transit is helping to celebrate 'June Is Recreation Month' by allowing all cyclists to ride transit free and encourage the use of bike racks on buses

For more information, refer to the full page calendar in this issue of The Aurora Newspaper or call Eric MacKenzie, Community Recreation Coordinator at 765-1494 ext 5337.

## Get your FREE copy of The Aurora Newspaper at any of the following locations

**Aylesford**Bert's Grocery
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NEEDS Convenience Store

**Berwick**Atlantic SaveEasy
Avery's Farm Market
Berwick Hospital
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Price Chopper

Sidetrack Beverage Room Wilson's Drug Mart **Coldbrook** Avery's Farm Market **Greenwood** Avery's Farm Market AVM Morfee Centre Bowlby's Meats CANEX Greco Pizza Inside Story Book Store Irving Service Station Mark's Barber Shop McDonald's Mimie's Pizza NEEDS Convenience Store Post Office Shoppers Drug Mart Smoke Shop (Greenwood Mall)

Sobeys Tan Coffee Tim Hortons (Central Ave.) The Aurora Newspaper Venus Video Wayne's Ultramar Zellers

**Lawrencetown**PharmaSave/Valley Drug Mart **Kingston** 

Atlantic Superstore
Avery's Farm Market
Best Western Aurora Inn
Kingston Legion
Kingston Medical Clinic
Mama Sofia Pizzeria
NEEDS Convenience Store
PharmaSave/Valley Drug Mart
Ralph Freeman Motors
Kentville

840 Park Street Kentville, NS

Avery's Farm Market Ultramar **Middleton** Atlantic SaveFasy

Atlantic SaveEasy Avery's Farm Market Capital Lounge & Grill Eisner's Restaurant Fundy Spray Motel Mid Valley Motel NEEDS Convenience Store PharmaSave/Valley Drug Mart Price Chopper Soldiers Memorial Hospital Tim Hortons Venus Video

Nictaux

B&G Variety & Restaurant
NEEDS Convenience Store
Wilmot

High Country Tire • Kwikway

(902) 678-6000





# Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue only covers the next couple of weeks. For future and ongoing programs and services, please VIEW OUR NEWSLETTER OR MONTHLY CALENDARS ON-LINE at www. greenwoodmfrc.ca or www. familyforce.ca or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

Note: To keep costs down, the only methods of payment accepted for workshop registrations is cash or cheque. To ensure your spot for a workshop, payment is required at the time of registration.

Greenwood Military Family Resource Centre



#### 30 May - 3 June **Robin Hood**

Sun-Thur 8 pm Rated 14A

Watch the website for Sex and the City 2

Save Money & Buy Pre-Paid Admission Cards **Now** before Box Office prices increase.

8 Admissions - \$40 16 Admissions - \$75 Admission Prices Increasing Shortly

www.zedex.ca

#### **Education and Employment** Services

Coordinator: Kristen Lawson at 765-1494 local 1816 or email kristen. lawson@forces.gc.ca
Upcoming Events

**BoatSmart** 

Monday, June 14, 2010 & Tuesday, June 15, 2010 5:00 p.m. – 8:00 p.m. GMFRC Classroom #1 \$55.00 for Military families & \$70.00 for Civilian

Registration Deadline: Friday, June 4, 2010

First Aid/CPR – Level C Tuesday, June 22, 2010 & Wednesday, June 23, 2010 9:00 a.m. – 4:00 p.m. GMFRC Classroom #1 \$60.00 for Military families & \$75.00 for Civilian

Registration Deadline: Tuesday, June 15, 2010

**Prevention, Support** and Intervention **Programs** 

Social Worker: Jennifer Hill at 765-1494 local 1811 or email: jennifer.hill2@ forces.gc.ca

**Upcoming Programs Good Grief** 

Monday, June 7, 2010 6:00 p.m. – 7:00 p.m. **GMFRC** 

Registration Deadline: Wednesday, June 2, 2010

Ongoing Services

- **Emergency Shelter**
- Assessment and Referral Short Term Support
- Crisis Intervention

Please feel free to contact me to set up an appointment to discuss any of these Committee services or to receive more information.

#### Volunteer Services

Manager: Janie Gagnon at 765-1494 local 5938 or email at

Janie. Gagnon @forces.

Volunteer

**Opportunities** Respite Childcare Provider\*

Saturday, June 12, 2010 10:00 a.m. to 5:00 p.m. GMFRC

Volunteers needed: 4 Fathers Day Craft Facilitator\*

Wednesday, June 16, 2010 5:30 p.m. – 7:30 p.m. **GMFRC** 

Volunteers Needed: 2 To facilitate a craft for children aged 6 -11 years. Little Ladies Tea Party

Facilitator\* Friday, June 18, 2010 9:30 a.m. – 11:30 a.m.

**GMFRC** Volunteers Needed: 2 To facilitate a tea party for girls aged 3 -5 years.

Little Boys Super Hero

Party Facilitator\*
Tuesday, June 22, 2010 9:30 a.m. – 11:30 a.m. **GMFRC** 

Volunteers Needed: 2 To facilitate a fun and imaginative activity for boys aged 3 -5 years.

Respite Childcare Provider\*

Tuesday, June 22, 2010 5:30 p.m. to 8:30 p.m. **GMFRC** 

Volunteers needed: 2 Greenwood

Tuesday, June 22, 2010 9:00 a.m. to 10:30 a.m. Volunteer needed: 6

Looking for enthusiastic volunteers to be part of a committee to plan, develop and organized GREENWOOD 101. This program is geared to welcome new 14 Wing families.

Respite Childcare Provider\*

Saturday, June 26, 2010 10:00 a.m. to 5:00 p.m. **GMFRC** 

Volunteers needed: 4 Canada Day

Thursday, July 01, 2010 11:30 a.m. to 3:00 p.m. Community Centre Volunteers needed: 8

Looking for volunteers to BBQ, serve ice cream, man the GMFRC both and face

\* Suitable for our awesome Youth Volunteers!

**On-going Volunteer Opportunities** 

**Board of Directors** 

If you are interested in being part of our Board of Directors and/or receiving more information let me know and I will put you in contact with the recruiting BOD member. The GMFRC is a non for profit organization lead by a BOD that must be comprised of at least 51% civilian spouses of full-time serving CF members.

Warm Line Caller

A Warm Line Caller is a volunteer who has been trained by the GMFRC to provide a monthly call to families of a deployed member. The call is a wonderful way to connect with the families and to also inform them about the programs and services of the GMFRC. Two to three hours per month.

**Rainbows Facilitator** 

Rainbows is a peer and \$25.00 for non-deployed support program that helps community members.

transitions such as divorce and deployment. This program involves a weekly commitment of 3 hours for 18 weeks.

**Tutors** 

To provide educational assistance to children enrolled in elementary, junior and high school that are experiencing difficulties with a particular subject. You must enjoy working with children and have a comfort level in the subject area.

One hour per week – for 7 weeks.

Inspection, Tov Maintenance, and Washing\*

To help with sanitizing and the security check of all toys in the Casual Care room and Early Childhood Education

\* Suitable for our awesome Youth Volunteers!

**Deployment Services** 

Coordinator: Ann Gaudet at 764-1494 local 5583 or email Ann. Gaudet@forces.

Upcoming programs or services

Family Pre-Welcome **Home Party!** 

Sunday, June 6, 2010 1:00 p.m. to 2:30 p.m. At the Greenwood Military Family Resource Centre Who: Deployed Families

Cost: FREE

Registration Deadline: Thursday, June 3, 2010

Come and have pizza and make your own Welcome Home banner. We will provide all the supplies, pizza and goodies.

Laugh Craft Connect-Container Gardening Tuesday, June 22, 2010

6:00 p.m. to 8:30 p.m. Location: TBA

Free for Deployed Families

Registration Deadline:

Space is limited to 10 Adult

Deployed Family members

and 10 Adult Community

Members. Come out and join

us for a lesson in container

**Planning Group Members** 

Call for Deployment

Due to the upcoming

posting season the

Deployment Planning Group

is seeking individuals to help

plan activities and special

events for deployed families.

We all experience family

separations whether it is due

to a deployment, IR posting,

or career course, to name a

few. We are looking for ideas

for activities and events that

will help our families feel

supported and connected

to each other. Maybe you

have been posted in from

another Wing or Base and

you participated in an activity

there that you would like to see

here. This is your opportunity

to help develop activities

for you and other military

families in our community

Is your military member

to enjoy

away?

Monday, June 14, 2010.

gardening.

If you have a military family member who is away (spouse, son, daughter, partner, grandchild, etc) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give us a call & we'll set you up with any of our programs/ services/activities that may interest you. We do not know you're out there unless you let us know. All of our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre, during, & post deployment information, assistance, outreach, & support to anyone who chooses to participate. Just give us a call!

For respite childcare offerings for deployed families, see details under Children and Youth Services



CUCINA AURORA

#### **Double-Decker Cheese Melt**

1 cup Shredded cheddar cheese 1/4 cup Butter or margarine, softened

1/2 tsp. Garlic salt 1/2 tsp. Onion salt

6 slices White bread Paprika, optional

In a food processor, blend cheese and butter. Add the egg, garlic salt and onion salt; process for 1 minutes or until creamy. Spread 2 tbsp. on each slice of bread. Stack two slices of bread, cheese side up, for each sandwich; sprinkle with paprika if desired. Cut each sandwich in half diagonally. Place on an ungreased baking sheet. Bake at 400 for 12-15 minutes or until golden and bubbly.

#### **Special Events and Promotions**

Coordinator: Michelle Thibodeau Wagner at 765-1494 local 1421 or email michelle.thibodeau-wagner@ forces.gc.ca

#### Ongoing Services

- **Red Friday Promotions**
- Yellow Ribbon Campaign
- Support our Troops Awareness Campaign Military Families Strength
- Behind the Uniform Cam-GMFRC and Community
- Special Events planning Morale Mail Packages to
- the Troops

# **Business of the** Week is Back! The Aurora

Due to popular demand, The Aurora Newspaper is delighted to once again offer you the opportunity to participate in our Business of the Week advertising feature. The idea is simple:

- Six businesses run a business card ad for six weeks
- Each week one of the businesses will be featured as the Business of the Week
- The featured business will have the opportunity to work with the Marketing Consultant in developing a write up that can include a photo and approximately 500 words of copy
  - The cost for this is only

 $$199.00_{tax\ incl.}$  per business

For more information on how you can take part in this exciting feature (space is limited so don't delay!) please contact:



Marketing Consultant The Aurora Newspaper 765-1494 ext. 5833

aurora@auroranewspaper.com www.auroranewspaper.com

# Bravo Zulu

Images were submitted unless otherwise indicated.



Pte Ross receives her Certificate for completion of QL4 by Maj Cécyre, W SUP O.



Pte Ross receives her first Chevron from Maj Cécyre, W SUP O.



Pte Imbleau receives her Certificate for completion of QL4 by Maj Cécyre, W SUP O.



Cpl Oickle is presented with a Certificate of Appreciation from Maj Cécyre, W SUP O.



Cpl Reid is presented with the General Campaign Star by Maj Cécyre, W SUP O.



2Lt Valardo receives her Commissioning Scroll from Maj Cécyre, W SUP O.



Sub Lieutenant Timmins receives her promotion from Maj Cécyre, W SUP O.



MCpl McNaught receives her promotion from Maj Thornhill.



Maj Karl Desilets accepts the Commanding Officers Professionalism Award from 404 Sqn CO LCol Ron Walker.



WO Al Smith accepts the Commanding Officer's Commendation from 404 Sqn CO LCol Ron Walker.



2Lt Jeremy Waller accepts the Fight Safery Award for Professionalism from 404 Sqn CO LCol Ron Walker.



Maj Bruno Baker receives his promotion from 404 Sqn LCol Ron Walker and SCWO Doug Harry.



Capt Martin Labbe receives his Certificate of Completion for the OPME Program from 404 Sqn CO LCol Ron Walker.



Capt Bob Mitchell receives his Award for logging 2500 hrs on the CP140 Aurora from 404 Sqn CO LCol Ron Walker and SCWO Doug Harry.



Capt Francois Lacaille receives his Award for logging 1000 hrs on the CP140 Aurora from 404 Sqn CO LCol Ron Walker and SCWO Doug Harry.

# FOR YOUR INFORMATIO

FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@ auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.



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Yarmouth, B5A 1M1 Office/Bureau (902) 742-6808 Fax/Télécopieur (902) 742-6815 Wilmot, N.S. BOP 1W0

Office/Bureau (902) 825-2320 Fax/Télécopieur (902) 825-3785

Toll Free/Sans Frais 1-866-280-5302 KerrG1a@parl.gc.ca

# May 30 - June 5

#### ARIES - Mar 21/Apr 20

Bide your time, Aries, because change is on the horizon. You just need to have a little more patience. However, the outcome may not be what you expected.

#### TAURUS - Apr 21/May 21

Taurus, things are about to heat up and you could begin to feel overwhelmed in the next few days. You will have to struggle only for a little bit, though.

#### GEMINI - May 22/Jun 21

Gemini, take your time going through your choices this week. Otherwise you may make a bad decision that you will regret later. An old friend is in town.

#### CANCER - Jun 22/Jul 22

You need a break, Cancer, but you don't know from what. Analyze what is giving you the most stress and act on changing that situation. Money woes are forgotten.

#### LEO - Jul 23/Aug 23

Leo, relationships are strained and you're called in to act as mediator. But you don't relish the idea of acting as a referee. Be patient with the situation.

#### VIRGO - Aug 24/Sept 22

Virgo, it's okay to take others' advice once in a while. You don't have to stand on your own merits every day. People already know that you are a strong person.

#### LIBRA - Sept 23/Oct 23

Don't think about making any big changes in the next few days, Libra. Your personal life is about to turn topsy turvy and you will have a lot of choices to consider.

#### SCORPIO - Oct 24/Nov 22

You haven't been feeling like yourself, Scorpio, and others notice the change. It could just be stress or you may be feeling a little restless. Hang in there.

#### SAGITTARIUS - Nov 23/Dec 21

Sagittarius, you are in a festive mood, but others aren't receptive to your jovial demeanor. Maybe you should postpone the festivities for another week.

#### CAPRICORN - Dec 22/Jan 20

Capricorn, if you can't make up your mind, how are you going to be able to convey your point to others? The next few weeks are busy and you won't have much time for discussion.

#### AQUARIUS - Jan 21/Feb 18

Start putting your money where your mouth is. Aquarius. There's only so long you can bait a person and keep your catch on the line. Sooner or later he or she will get smart and leave.

#### PISCES - Feb 19/Mar 20

Travel is in your immediate future, Pisces. You just won't be sure if it will be a long adventure or just a day jaunt to get away.

#### **FAMOUS BIRTHDAYS**

MAY 30 Wynonna, Singer (46) MAY 31 Colin Farrell, Actor (34) JUNE 1 Heidi Klum, Model (37) JUNE 2 Justin Long, Actor (32)

Anderson Cooper, Reporter (43) Sam Harris, Actor/Singer (49) JUNE 3 JUNE 4 JUNE 5 Pete Wentz, Musician (31)

Horoscopes brought to you compliments of:



#### Friends of the Greenwood Library **Society**

The "Friends" will be having their first meeting on Wednesday June 9 at 7:00 p.m. at the 14 Wing Greenwood Library. This meeting is open to all civilian and military persons interested in joining the group of "friends" who are planning projects which will enhance our library. We need your help and look

#### forward to meeting you. **Helping Others Without** Expectations

Helping others is not a new concept but, helping strangers without any expectations is! This is exactly what the New Beginning Center is doing for the community in the Greenwood / Kingston area for seniors and people unable to do it themselves. This is done by volunteers of the New Beginnings Center at no cost. Do you need help with small chores like, lawn cutting, house cleaning, grocery shopping, small repairs in the home, etc. Please call New Beginnings Center at 765-8155 or e-mail newbeginnings@ns.aliantzinc.ca.

#### High Seas Expedition' Vacation Bible School

July 26-30 at Middleton Baptist Church! All kids age 3 - grade 6 are invited to this exciting week which runs from 9:30 - 11:45 a.m. each morning! Free registration. Our Special Closing & BBQ is Sunday, August 1 at 10:45 a.m. For more info or to pre-register please phone Holly at 825-3537.



Regular Games - \$100

1 Early bird - 60/40

- 2 60/40
- Letter H 80/20
- 1 Lucky 7 Progressive
- 1 Bonanza Progressive
- Jackpot 3 Chances
- Double Action



#### **Kingston and District** Health Auxiliary

The Kingston and District Health Auxiliary meets at the Kingston fire hall the first Tuesday of the month, 1:00 p.m. except for the months of June, July & August. It holds a bridge marathon in the spring and fall, 4 coffee parties throughout the year, a Ticket Auction in September and a Silent Auction in November and other fundraisers each year. Proceeds may be disbursed as follows: Soldiers Memorial Hospital, Valley Regional Hospital, Western Kings Memorial Health Centre. Kings and Annapolis VON. Mid-Valley Palliative Care. Fidelis House and the Valley Cardiac Rehab Program. plus other health related organizations. For more information, contact Ruby Neville, 765-2865.

#### How to Boost your Relationship with your Child

Kings County Family Resource Centre is proud to present Dr. Rosanne Menna. Developmental and Clinical Psychologist, speaking on "How to Boost your Relationship with your Child." Parents are welcome to come to hear Dr. Menna on June 3, 2010 at 7:00 p.m. in the Kentville Baptist Church Gymnasium. Admission is free. For more information, phone the Family Resource Centre at 678-5760.

#### Jump Rope for Heart

Staff and students at Dwight Ross Elementary School enjoyed a sunny afternoon on May 18th while participating in Jump Rope for Heart to raise money for the Heart & Stroke Foundation. The school raised almost \$6,000.00 during this event - congratulations!

#### Valley Autism Support Team

The June VAST meeting will be held on Thursday 3 June 2010 starting at 7:00 p.m. in the Autism Centre, Kingston & District Elementary School, 630 Pine Ridge Ave, Kingston. Program: Presentation on the Autism Management Advisory Team's Report. The rationale for the 53 recommendations will discussed. Norm Donovan 765-3883.

#### **Kingston Area Seniors** Association

Kingston Area Seniors Association meets the second Wednesday of each month at 10:00 a.m. At the Kingston Branch No 98 of the Koyal Canadian Legion. Fun day (cards & games) every second and fourth Friday of the month at 1:00 p.m. For more information contact Minnie Rogers at 765-3292.

#### **Overeaters Anonymous**

Overeaters Anonymous (OA) is a fellowship of men and women who through shared experience and mutual support are recovering from eating disorders that include Bulimics, Anorexics and Overeaters. No dues no fees ... no weigh-ins. We are not a diet and calories club. Every Friday at 7:30 p.m., the Kingston Freedom Group meets at the Multi-Addiction Centre Society (MACS), 2080 Bishop Mountain Road. North Kingston. For more information, contact Lorraine at 681-0613. To learn more, visit www.oa.org.

#### **MRHS Senior Band** Concert

Thursday, June 10 at 7:30 p.m. Free will offering at the door. Everyone welcome.

#### Spaghetti Dinner

Annapolis Valley Community Church of the Nazarene 738 Tremont Mountain Road is hosting a Spaghetti Dinner on Saturday, June 5th from 4:30 to 6:30. The cost is \$10.00 per person. For information please Contact Charlotte States 365-5140 or Pastor Tonya Kucey at 847-0789.

#### **Country Music Show**

June 5th at 7:00 p.m., New Beginnings Center 1151 Bridge St. Greenwood. Featuring Paul Marshall & "Best of Intentions" Band, along with Ed & Lee Boutilier, Sherry Morgan & Barb Dexter Heather Best & Bob Forrester. Freewill offering - proceeds to New Beginnings.

#### MRHS Beginner/Junior **Band Concert**

Wednesday, June 9 at 7:30 p.m. Free will offering at the door. Everyone welcome.

#### Kingston & District Health Auxiliary

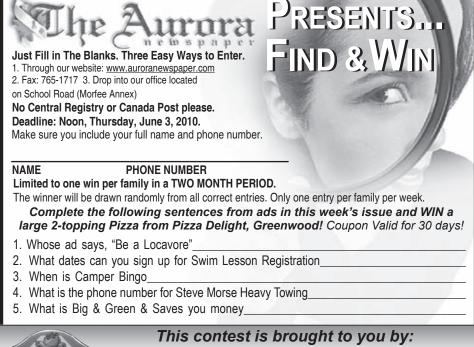
The Kingston & District Health Auxiliary will be holding a Coffee Party on Friday June 11, 2010, at the Kingston Fire Hall from 9:30 - 11:30 a.m. Proceeds go to VON. Everyone is welcome.

#### Ravenwood Annual Yard Sale

Will be held Saturday June 5th from 9:00 a.m. to 2:00 p.m., rain or shine. ASDU/14SES

30th Anniversary Celebrations, 5-6 August 2010. For information and registration, check out our website: English: http://www. airforce.forces.gc.ca/14w-14e/sqns-escs/page-eng. asp?id=1206 French: http://www.airforce.forces. gc.ca/14w-14e/sqns-escs/

page-fra.asp?id=1206





Pizza Delight, Greenwood 765-4477

Congratulations to last week's winner: BRIAN JACKSON

# A New Canada **House Opens** Big at KAF

Headquarters

After a substantial facelift, Canada House at Kandahar Airfield officially opened its new doors in a ribbon-cutting ceremony that gathered quite a crowd on April 27, 2010. Brigadier-General Daniel Ménard, commander of Joint Task Force Afghanistan, did the honours, ably assisted by signal operator Private André Rioux and Chief Warrant Officer Ghislain Daigle, the task force Regimental Sergeant Major.

When it opened in 2005 as the only focal point for Canadians at KAF, Canada House was a tent sheltering a store offering only snacks, coffee, hygiene items and DVD rentals. It has undergone many changes since then.

Today, Canada House is a two-storey structure sporting a bright, spacious lounge;

Captain Andrew Hennessy - alcoves for pool, ping pong, Joint Task Force Afghanistan air hockey, chess and poker; two video-gaming areas; and comfortable rooms for watching TV in English and French on televisions with 70-inch screens. The 110seat theatre upstairs was completed just in time for the World Junior Hockey Championship and the Winter Olympics.

Canada House is now a place where soldiers, sailors, airmen and airwomen can come together to relax — and watch hockey!

Kandahar Airfield, Afghanistan; 27 April 2010 - The buffet gets plenty of attention from the soldiers crowding into the lounge of the new Canada House after the ribbon-cutting ceremony. (Image number AR2010-0101-07) (credit/source: Cpl Owen W. Budge, JTF-Afg HQ

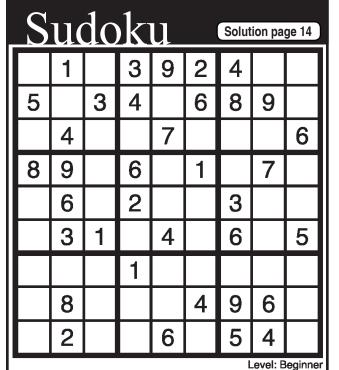


#### **Canadiana Crossword**

#### **Potent Potables**

By Bernice Rosella and James Kilner

Solution page 14



#### **Fun By The Numbers**

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku brought to you compliments of:



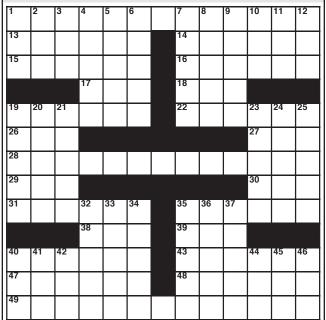
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#### **ACROSS**

- 1 Saskatchewan potable
- 14 Comport ones self
- 15 Snitched
- 16 Obligations

13 Lab utility

- 17 Compass pt
- 18 Little green men?
- 19 Repartee

- 26 Roman cheer
- 27 Actor Nielsen to his
- 28 Newfoundland
- 30 Atlas info
- 35 Seuss elephant

- 40 Wolfish

- 49 Alberta potable
- DOWN
- 2 Furrow
- 22 African desert
- friends
- potable
- 29 Before, to Blake
- 31 Bindings
- 38 Engine part

- 39 Back then 23 Wary
- 43 Rewarded a waiter
- 47 Actress Blake
- 48 Smoothly
- 1 Ad free TV
- 3 Year to Sevi
- 4 Ait
  - 5 Singer Della 6 Internal
  - 7 Wood winds

  - 8 Gossiper
  - 9 Quieten
  - 10 Tantalum symbols 11 Twilight

  - 12 Realtors abbr. 19 Scourges
  - 20 Forestall

- 21 More recent
- 24 Oppositeness
- 25 Pale
- 32 Excelling
- 33 Tibetan bear
- 34 Defame
- 35 Racist, for example
- 36 Missile's nose cone
- 37 Bulldogged a dogie
- \_ du Bonnet 40 41 Actress Thurmon
- 42 Buddy
- 44 Vancouver expo
- 45 Town in Cambridgeshire
- 46 Colourina substance

# PATRICK'S PUZZLE

#### **Dairy Word Find**

Just in time for June Dairy Month, see how many related words you can find and circle in the puzzle.

BONES HEALTHY DAIRY CALCIUM ENJOY ICE CREAM CHEESE **FARM** MILK YOGURT COW FOOD LFKQHHQVCHYY SKFDCYLWHJNK IJOVBJEGHP J N G W B Z Z E T I K M D U O H T M M S E N O RRYFBEAFECWH O N J E A Y R I A D A J P R C A L C I U M TNCKTKFTXYN IUELFARMOHTC WCIXPJAUDOYH I M U A B X Y V Y P D B

#### **Dairy Scramble**

Unscramble the words to complete the sentences.

- 1. Mechanical milkers attach to cows' URDESD.
- 2. **ABTCREAI** help to ferment yogurt.
- 3. Ice milk contains less **T B U A T F R E T**.
- 4. **R D C S U** form when milk sours.

Answers: 1. udders 2. bacteria 3. butterfat 4. curds

Patrick's Puzzle brought to you compliments of:



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# Classified Ads

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX or Debit or Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

To place a Classified Ad by Word Count call Candace Ernst at 765-1494 local 5440. The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to aurora@auroranewspaper.com. Fax: 765-1717.

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.

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Chris Parker L.L.B
Ronald D. Richter

(B.A. Hon.), L.L.B. Southgate Court, Greenwood N.S.

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Clare H. Durland, Q.C. (Non-Practicing)

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#### **FOR SALE**

FOR SALE – 1 Male Great Dane puppy. Born May 8, 2010 and ready for his new home on July 3, 2010. Comes unregistered, dewormed 2x, first set of needles and micro chipped. Call 765-5363 or greatdanepuppies4u@

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T I P P E D

E V E N L Y

#### yahoo.ca. (3112-1tpb)

GARAGE SALE - Friday June 4, 2010 from 2:00 p.m. to 7:00 p.m. 287 Hall Road. 4KM East of Zellers. Turn RT on Hall Road. Moving, lots of great deal. Rain or Shine. (3122-1tpb)

FOR SALE – Never worn white lacey fitted Alfred Angelo wedding dress size 12. Paid \$1000.00 selling for \$500.00 firm. A must see. Call 825-7164. (3122-4tp)

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FOR RENT - LINCOLN-

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# SHIRE APTS available now. 2 bedroom apartment \$525.00 a month excludes utilities. Live-in Super, secured building. 1 Bedroom apartment available Aug 1, 2010. \$475.00 a month excludes utilities. Please call 765-6669. (3102-ufnB) FOR RENT – Office space to rent in CANEX mall.

to rent in CANEX mall.

14 Wing Greenwood. 431
sq ft. Contact Ken Keddy
at 765-6994 local 5423.
(3115-ufn)

FOR RENT – Located in Kingston. Small 2-bedroom mobile. Utilities included. \$525.00 per month. Phone 847-5046. (3119-ufn)

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ton and Greenwood on

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built 2 bedroom duplex,

with in floor heating,

5 appliances, attached

garage, spacious lots

with back patio and front

deck. Paved driveway

with snow removal and

lawn care included.

5 minutes away from

2-18 hole golf courses,

Greenwood base gym

facilities and Greenwood

Mall shopping center.

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viewing please contact

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(3122-4tp)
FOR RENT – Large one bedroom apartment for rent. 1320 Bridge St. Kingston. \$370.00 a month utilities extra. Call 765-6929. (3112-2tp)

#### **SERVICES**

SERVICE – Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates – flexible hours. Call Mike at 242-2465 or 840-0529. Greenwood/ Kingston (3024-ufn)

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DROP & LOCK STOR-AGE – Kingston/Greenwood's newest building, clean, secure self storage your lock—your security code sizes: 10' x 10' or 5' x 10' 847-1405 or 760-0278. (2903-ufnB)

SERVICE - Self Storage located in Kingston, units available 5'x12', 5'x13', 8'x10'. Prices vary call 825-3607. (2931-ufnB)

SERVICE - C & R Contracting Ltd. Home renovations, new home construction. Also commercial renovations available. ECB and liability insurance in place. Phone 844-0489. (3119-5tpb)

SERVICE – I am a stayat-home Mom of two young girls who provides childcare out of my home. I currently provide part-time care for a couple of children and I am looking to add a few more to our wonderful mix. Healthy snacks and lunch provided. Lots of indoor and outdoor activities. Within walking distance to both schools in Kingston. Call Heather at 765-3825. (3122-4tpb)

#### <u>WANTED</u>

WANTED – Middleton Hair Design is looking for a part-time leading into full-time general or master hairstylist. Apply in person at 68 Commercial Street, Middleton N.S. between 9am and 5pm Monday to Friday. Must be a general or master. (3112-2tpb)

#### GUITAR GURU GUITAR LESSONS

Play & Learn in our comfortable home studio Electric or Accoustic Guitar All ages, all styles of music Beginner to Advanced Over 26 years experience Call Steve 825-6553

#### WANTED STRAWBERRY PICKERS

Starting approximately
June 15th, 2010.
Please phone 847-9456

Please phone 847-9456 E.O. Randall Vegetable Farm

### Cam's Cab



JOIN CAB CLUB! 9 Trips and the 10th is FREE • Applies to local fares only. Seniors discount

everyday on local fares

#### **Crossword Solution** P R A I R I E O Y S T E R B U N S E N B E H A V E O N U S E S STOLEN E S E E T S B A N T E R S A H A R A L E S A V E N E W F I E S C R E E C H ERE R T E S T R A P S HORTON C A M A G O

C A L G A R Y R E D E Y E

L U P I N E

A | M | A | N | D | A |

#### **Sudoku Solution** |3|9|2|4|5| 8 9 2 3 4 6 2 8 7 5 1 3 6 9 4 8 9 5 6 3 1 2 4 4 2 5 8 3 1 6 9 4 7 6 8 5 2 3 1 9 5 6 8 9 7 2 3 1 7 6 3 8 5 2 4 9 9 6 3 5 2

# Wing Library - Serving those who read!

By: Judy McCool and Liz Tappen - AVM Morfee Centre, Greenwood - 765-1494, local 5430

Hello from your local library. June is on our doorstep with a bounty of beautiful blossoms. Ah the Annapolis Valley in summer time – it is glorious! Special days this month are Father's Day on June 20th, the Summer Solstice on June 21st and St. Jean Baptiste Day on June 24th. If Gardening is your passion, drop in and check out our Book display.

Happenings – Our children's Story Time has recessed for the summer. We look forward to starting up again in September. Story Time is for pre-schoolers accompanied by an adult. A Great Big Thank You to Miss Donna for presenting this program each week.

**Volunteers** – Some of our volunteers have taken some summer time off but we are still happy to have those that are staying in the area. There are always tasks that volunteers can help with.

**Donations** – This is the time of year when we receive book donations and while we are happy to get them, we request no National Geographics, Reader's Digest condensed, or encyclopedias. Thank you to patrons who have donated books during the past month.

Overdue Books – If you are moving please check under beds, on shelves and in closets for any borrowed books that you have forgotten to return to 14 Wing Library as fines add up quickly! Cost of replacements is not in our budget. If you are unable to come to the library personally, don't forget that there is a 24 hour drop box for your convenience.

Book Sale - We have a large variety of Cookbooks and Hardcover Novels at \$1.00 each. Paperbacks are only .25 cents and Children's books are \$1.00 a bag! They are all worth checking out!

**Library Hours\*** 

Monday - 1-5 pm & 6-8pm Tuesday - 10am-1pm & 2-5pm Wednesday - 1-5pm & 6-8pm

Sunday - Closed during summer months

\*Special Note- "Under The Story Tree" story hour will resume in September

**Books for August** 

Fiction:

Smash Cut/Sandra Brown; Wrecked/Carol Higgins Clark; The Black Angel/John Connolly; Born Bad/Josephine Cox; Hit & Mrs/Lesley Crewe; Pirate Latitudes/Michael Crichton; Tipperary/Frank Delaney; The Book of Fate/Brad Meltzer; Ghost Warrior/Lucia St. Clair Robson; The Crimson Shadow/ R.A.Salvatore; Midnight Voices/John Saul; Hard Truth/Mariah Stewart; Cold Truth/Mariah Stewart; Noah's Compass/Anne Tyler; Out of the Blue/Isabel Wolff; Evidence to Destroy Margaret Yorke.

A note about our monthly book lists – books are new to the library but not necessarily newly purchased.

Non-Fiction:

Crystal Meth/Nate Hendley; How to See Yourself as You Really Are/Dalai Lama; Raving Fans/Ken Blanchard; The Charlton Standard Catalogue of Canadian Coins 55th Edition; Sable Island/Johanna Bertin; Chicken Soup For the Horse Lover's Soul; I Know That Name/Mark Kearney & Randy Ray; Shattered City (Halifax Explosion)/ Janet Kitz; Company's Coming Soups and Salads; Great Food Fast/ Martha Stewart Living; Growing Herbs/Jessica Houdret; Mondo Canuck, a Cdn Pop Culture Odyssey.

En français:

La Mort a Nu/Simon Brett; LeBal des Louves/ La Vengeance d'Isabeau/Mireill Calmel; Ces Enfants D'Ailleurs/Arlette Cousture; Le Discret Monsier Genardy/Petra Hammersfahr; Laissez courir les chevaux/Barbara Esstman; La Chatelaine de Mallaig/Diane Lacombe; Une autre femme/Anne Tyler

DVD:

Cinderella Man and Ocean's Thirteen **Library Services** 

14 Wing Library offers the community the following services: Free Book, Audio Books, Video (DVD & VHS) and Magazine Loans, Friendly Library Assistance, 24-Hour Book Drop, Phone Renewals, Community Computers, Internet

Access and Printing, Photocopying and Faxing.

We have 3 community access computers – 2 with internet access and 1 for word-processing. Computers are booked in ½ hour sessions on a drop-in basis or by phone reservation. First half-hour free for library members; Fee of \$2.00 for first half-hour for non library members depending on services used.

French Language Books

DID YOU KNOW that we have a large selection of FRENCH iction and Non Fiction for both adults and children?

Membership

A reminder to all, that 14 Wing Library is a public library open to military and civilians. Membership is free, but the benefits are priceless. We invite all our registered patrons to visit us and if you're not a member, drop in and sign up to enjov vour local library.

Reading Opens Doors! So come and open the doors to 14 Wing Library.

> If you want to drink ~ That is your business If you want to stop drinking ~ We can help.



AA meetings every Tuesday at 8 p.m. at St. Mark's Protestant Chapel



- Active Chicks- Bike Ride

87 Ice-cream Treat June 3 Teen Activity- Yogi-bear

Campground \$5 June 4 - Relay for Life

- Movie Night June 5

- GHRC Riding in Sync June 5 with Your Horse- Terry Myers

- GHRC Riding in Sync June 6 with Your Horse-Terry Myers

June 7 - Boys Club- Cooking Class \$2 GHRC- Riding in Sync with Your Horse

- Celebrate JRM at Morfee Annex Nursery School

- Active Chicks: Swimming

June 10 - Teen Trivia June11 - Pre-teen Dance

June 12 - Bike Rodea & BBQ at Cannex Teen Council BBQ AT Sobeys - Movie Night

June 14 - Boys Club- Father/Son Golfing

- Summer Camp Keg.

- Golf club; WO & SGT Mess- 10am

- Teen Bingo \$1 - Active Chicks- Father/Daughter Picnic

June 16 June 17 - Summer Camp Reg. begins- 9am

- Teen's Visit Tibbetts Nursing Home June 19 - June is Rec. Month- Hockey & Tennis

- Movie & Treat Night \$3 June 20 - GHRC-Womens Retreat & Clinical June 22

- Spa Night- \$2 June 23 - Active Chicks & Boys Club-Yogi-bear Campground \$5

June 25 - 3rd Annual Run the Runway - Beach Party Dance

- ARRL Field Day (Amateur Radio Club) June 26 - Movie Night

> - GHRC- Open Walk & Trot Show No June 28 - Boys Club- Out-door Croquet

Tune 29 - Teen Trivia

June 30 - Active Chicks- Water Games





#### Summer Events & Family Trips

Canada Day & Skate Competition & Family Games July 1-July 5ner Camp Begins July 10 -Family Trip; Brier Island Whale

and Seabird Cruises Family Trip: 2010 Buskers in Halifax August 8-Family Trip; Brier Island Whale August 14and Seabird Cruises

Family Trip; Upper Clements Park; Salute the Troops

nmer Camp Ends August 26-



If you would like more information about June is Recreation Month or any events or programs listed above please contact 14 Wing Community Centre 765-1494 ext.5341, 5337, 5331 or 765-8165



The campaign theme LIVE IT EVERYDAY! Reinforces the message of how important it is for all of us to participate in some form of recreation or leisure activity each and everyday. This year's theme recognizes that recreation activities do not have one definition. "Activities of all kinds, not just physical, are acknowledged and celebrated. Whether it's lawn bowling, running a marathon, learning to play a new instrument, reading a book or star gazing ... recreation is about celebrating life and ... Live it Everyday!

14 Wing Community Centre Contact Info:

> Jill Jackson- 765-1494 ext. 5331 Community Recreation Director

Eric MacKenzie- 765-1494 ext. 5337 Community Recreation Coordinator

Terri Abbot- 765-1494 ext. 5341 Admin. Assistant

> Megan LeMoine 765-8165 Recreation Youth Worker





#### ner Camp Coming Soon

14 Wing offers a fun-filled eight week Day Camp and French Camp for children ages 6-12, as well as a Sports Camp for children ages 9-14. The cost is \$65/\$75 (field trip) with a valid Rec. Card or \$75/\$85(field trip) if you do not have a Rec.Card. The Camp runs from July 5-August 26, Monday to Friday from 9am-3pm. For an extra fee, there is Before Care from 7:30-9am and After Card from 3-4:30pm. To register your child after June 15 you can visit- http://bk.cfpsa.com/greenwood/ or drop into the Centre June 17, 9am. For any information please call 765-1494 ext. 5341, 5337 or 5331.

#### Get your 14 Wing Recreation Cards at the Community Centre

The 14 Wing Community Centre is a proud supporter of June is Recreation Month and offers a wide variety of recreational programs and services for the



#### Spring & Summer Club Contact Info.

Greenwood Dolphins-765-4827 Greenwood Minor Soccer-847-1940 Greenwood Minor Baseball-765-3294 Greenwood Golf Club-765-9305 Horse & Rec Club- 765-2310 Hachikin Judo Club-765-3145 Cycle-n-Run Club- local 3618 Archery Club- 765-9300 Lake Pleasant- 547-2882





# **Employment Tip – Choosing** the Right Resume Format

Submitted by: Kristen Lawson, **GMFRC** Coordinator of **Employment Services at** 765-1494 local 1816 or email Kristen.Lawson@forces.gc.ca

"Too many people make the mistake of thinking that a resume's purpose is to get them a job. Actually, resumes open and close doors. Their main purpose is to make an employer interested enough to invite you in for an interview.

But how do you create that interest when



you don't exactly fit the mold? Just as people come in different sizes and shapes, so do resumes.

Source: http://career-advice.monster. ca/resumes-cover-letters/resume-writingtips/chronological-resume-or-functionalresume-canada/article.aspx

For more information on choosing the right resume format for you, or any other employment related questions please contact Kristen.



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125 cm **Emerald** Cedar. (reg. \$54.99)



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29 Black or Red 3 Cubic Feet 59-4848 / 4849

#### **HEALTHY LAWN CHECKLIST**

- ☐ Grass seed □ Lawn fertilizer
- ☐ Lawn soil □ Sprinkler

### 2 WEEKS ONLY

Sunday, May 30 to Saturday, June 12, 2010

Advertised items are available only at

730 Central Avenue, Greenwood • 765-6338 Store hours Mon-Sat • 8:00 a.m. - 9:00 p.m. Sun • 12:00 - 5:00 p.m.

## Veteran of the Month

#### **COMRADE Christopher (Chris) Minkoff**

Comrade Chris joined the Royal Canadian Navy as a Stoker 2<sup>nd</sup> class May 1948. On completion of his new entry training at HMCS Naden he served onboard the HMCS Iroquois during the Korean War. He also served on the HMCS Nootka, Magnificent, Quebec, New Liskeard, Buckingham, Algonquin, Gatineau, Qu'Appelle, Asinibaine, Terra Nova and HMCS Ottawa. He retried from the Navy in May 1973. Joined the Canadian Legion in Br 98 in 1989. After retring from the Navy he went to work for Minoqur Consoltants on Multi-Ship Refits at Canadian Vickers, Montreal. Comrade Christopher and his wife Margnesite now live in Wilmot N.S. Kingston Legion Br.98 is proud to present Comrade Minkoff as "VETERAN OF THE MONTH" June /2010



AT THE INDOOR POOL ~ or online ~ www.14wingfitnessandsportcentre.com

**June 14, 15, 16** Mon 14th • 10am-4pm Tues 15th • 12-6pm Wed 16th • 1-5pm

Contact Yvonne Clarke: 765-1494 ext. 5564