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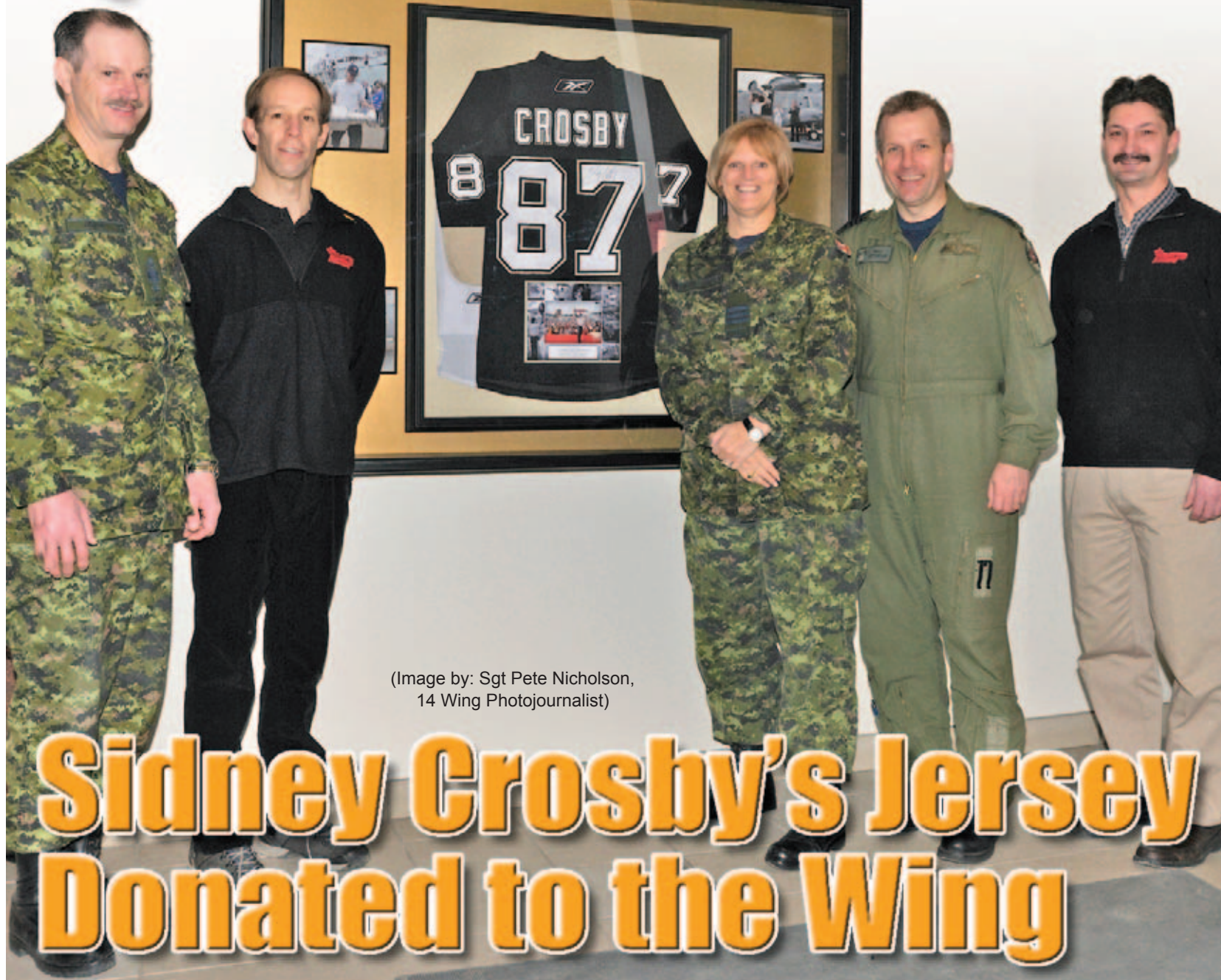
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Judged the "Best Canadian Forces Newspaper 2009" by the Canadian Community Newspapers Association

VOL. 31 NO. 10 MARCH 8, 2010 NO CHARGE

14 WING • ESCADRE 14 GREENWOOD, NS

# The Aurora newspaper



(Image by: Sgt Pete Nicholson,  
14 Wing Photojournalist)

## Sidney Crosby's Jersey Donated to the Wing

By Captain Scott Spurr

Last fall, 14 Wing Greenwood received an autographed jersey of hockey superstar Sidney Crosby's. The jersey was presented to the Wing as part of its contribution to his homecoming that occurred on 7 August, 2009 in Halifax after winning the Stanley Cup in the spring with the Pittsburgh Penguins.

The unveiling of the jersey was done on Thursday February 25, 2010 at the Sports and Fitness Centre and on hand for the event was

the Wing Commander, Colonel Bill Seymour, Wing Chief Warrant Officer, Jim Jardine, Wing Administration Officer, Lieutenant Colonel Pamela Smith McBride and Fred Williams and Mike Taylor from Personnel Support Program.

The unveiling of the jersey was timely as Sidney Crosby a few days later scored the winning goal for Team Canada at the Vancouver Olympics in probably the most exciting finish of any Olympic hockey game in history!

*The official unveiling of the Sidney Crosby #87 hockey jersey at the 14 Wing Fitness & Sports Centre from left to right: 14 Wing Chief Warrant Officer Jim Jardine, Mr Mike Taylor 14 Wing Personnel Support Program Manager, 14 Wing Administration Officer Lieutenant Colonel Pamela Smith McBride, 14 Wing Commanding Officer Colonel Bill Seymour and Mr Fred Williams 14 Wing Fitness & Sports Director.*



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# Bravo Zulu

Photos are from 14 Wing Imaging unless stated otherwise.



**MCpl Mark Lemire receives 14AMS Technician of the Quarter, 2009/04, from LCol Flynn, CO 14 AMS.**

MCpl Mark Lemire has clearly demonstrated an outstanding commitment towards supporting 14 Wing's OTTO Fuel Spill Response initiative. Fully cognizant of requirements and safety regulations, he expended considerable effort spearheading meetings with Military/Civilian Agencies, while methodically coordinating all facets of this requirement including the in-depth training of 49 technicians. MCpl Lemire's unsurpassed dedication and professionalism has greatly assisted with the expeditious stand up of 14 Wing's MK46 Torpedo emergency response capability. His contribution makes him most deserving of this Technician of the Quarter Award. Well done, Mark!



**LCol Flynn, CO 14 AMS, and CWO Pitman, SCWO, presents Wing Imaging with 14 AMS "OPERATE AS ONE" Award.**

...let's talk about

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Presented to 14 AMS Imaging section to recognize the admiration of first rate support to both 14 AMS and the entire Wing. They have willingly gave up their personal time on numerous occasions to support several high profile Wing / Squadron events, such as the Silver Dart Weekend, Centennial of Flight Golden Hawk, 2010 Olympic Torch Relay, Wing Welcome, 14 AMS Family Days, just to mention a few. Each event was completed with the utmost professionalism, courtesy, respect with phenomenal results; as evident by the countless accolades and several letter/memos of appreciation received from organizations across the Wing. 14 AMS Imaging section exemplifies the Squadron's "Operate as One" Motto and is well deserving of this award.



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## Seeking Princess Greenwood and Child Attendant for 78th Apple Blossom

The Village of Greenwood is seeking candidates for Princess Greenwood and Child Attendant for the 78th annual Apple Blossom Festival.

Candidates for Princess must be between the ages of 19 and 23 (by December 31, 2010) and be from the Kingston Volunteer Fire Department district. Child attendants must be between 8 and 9 years old by May 2010. **Deadline for applications is no later than April 9th, 2010.**

Applications may be picked up at the Greenwood Village office at 904 Central Avenue between 8 am and 1 pm.  
For further information please contact Sharon Lutz at scasl@eastlink.ca. or 765-8788.





# Annapolis Mess Celebrates Canadian Olympic Gold!

By: Cpl Martin Myre and  
Sgt Pete Nicholson

In a sea of red and white, families of 14 Wing Greenwood gathered at the Annapolis Mess on Sunday, February 28 to cheer on Team Canada in their quest for Olympic gold on home ice in men's ice hockey. The event was hosted by all three mess committees, and came together in approximately 30 hours. This included the acquisition of prizes, pizza, cake and the advertising via email.

Children and adults alike showed their Canadian spirit and pride by wearing red and white, sporting jerseys and painting their faces with the classic Canadian symbol, the

maple leaf.

A great sense of anticipation was in the air as the game started with the supporters rooting for Team Canada. The lounge was filled with clapping and cheering as the first goal was scored. An enthralled audience continued to react with passion as each play happened. A cry of disbelief arose as the USA scored the tying goal at the end of the third period. The tension built as the fans waited for overtime to start. When Sidney Crosby scored the winning goal, everyone was on their feet, celebrating Canada's accomplishment. A round of applause and cheering greeted the clips showing our troops

in Kandahar. After the medal presentation, as "O Canada" was playing, the entire room stood, showing their pride for our great nation.

During the three intermissions, 59 names were drawn for fabulous Team Canada gear for both children and adults from Zellers, Sport Chek and Cleve's. The enthusiastic fans were also fed lots of pizza from Jessy's and Mimie's and a fabulous cake courtesy of Sobeys.

This event was a huge success. It was repeatedly stated that "it was so nice to have a family event for such a historic occasion!" Approximately 250 people attended which provided

a rare opportunity for military families to share time together

as they watched Canada make history, winning 14 Gold

medals, the most gold medals at the Winter Olympics.



The crowd at the Annapolis Mess celebrates the game winning golden goal by Sidney Crosby.



Various Team Canada gear donated by local merchants for the gold medal men's hockey game.

(Images: Sgt Pete Nicholson,  
14 Wing Photojournalist)

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## PSP Corner

# 14 Wing Family Snowshoe and Sleigh Ride Day Wrap-Up

By: Eric MacKenzie,  
Community Recreation  
Coordinator

The 14 Wing Golf Course was once again the site of the third annual 14 Wing Family Snowshoe and Sleigh Ride Day. Due to the week of extreme weather, which ranged from mild days to a snow storm that reduced the Wing to essential personnel only, our event was postponed from Friday January 29th to Friday February 12th, 2010. In spite of the change in date, well over 125 individuals arrived to take a relaxing walk,

with snowshoes, through the golf course or enjoy a sleigh ride with their families!

The event was held on a perfect, mild winter day and included the popular snowshoe course route, which was filled with trivia questions, prizes and challenges! For the second straight year, this event was a partnership with the GMFRC and included the horse drawn sleigh rides.

Those who attended were able to walk away with passes to the 14 Wing Greenwood Bowling Centre, candy, and also full and warm stomachs

as a result of the hot chocolate and sweets served. Some children left with their faces painted thanks to our Teen Council volunteers at our Kidzone, while other participants were lucky enough to win a family pack of support the troops shirt, donated by the GMFRC, or several red "take the roof off winter" fleece toque and prizes donated from Nova Scotia Department of Health Promotion and Protection.

Participants also had the opportunity to win one of four \$25 CANEX gift certificates,



and even a \$50 gift card which was donated by CANEX! Lastly, Mr. Dustin Colwell was the winner of the draw for four Halifax Moosehead tickets, won by correctly answering a trivia question at one of the snowshoe course stations.

Over 100 snowshoes were signed out, and this would not have been possible without the donations of extra snowshoes. We would like to thank the Fitness and Sports Centre, Pine Ridge Middle School (Ms. Cathy Rafuse and Mr. Ross Bentley), the Town of Middleton, and Annapolis County for generously donating their snowshoes towards our event, and helping to make it a success.

If you enjoyed the snowshoeing experience, and you are a valid Community Recreation card holder, then you can take advantage of some great benefits at the 14 Wing Fitness and Sports Centre. The Sports Stores provides Cross Country Ski rentals for Free, and you can

sign out snowshoes for a small rental fee of \$2 a day, \$5 for the weekend (pick up on Friday and return on Monday) or \$10 for the week. For more information, please contact the Fitness and Sports Centre Sports Stores at 765-1494 ext. 5106.

The 14 Wing Community Centre is a registered Take the Roof off Winter supporter and the Family Snowshoes Day kicked off our "Take the Roof off Winter!" Campaign. Take the Roof off Winter is Nova Scotia's winter active campaign designed to help Nova Scotians of all ages improve their health and quality of life by being outdoors and active this winter! Recreation Nova Scotia has partnered with the Nova Scotia Department of Health Promotion and Protection for this campaign, and assisted with our event. For more information about Take the Roof off Winter, please visit <http://www.taketherooftoffwinter.ca/>.

This event would not have been possible without the support and assistance from the GMFRC, along with our 14 Wing Teen Council volunteers, as their commitment to this event

ensured that it was a success. We would also like to thank the staff at the 14 Wing GMFRC, Community Centre, Fitness and Sports Centre and Health Promotions Dept.

Special thanks must be given to Mike McCory, Manager of the Greenwood Golf Course, 413 Squadron (in particular WO Mike Hurtubise), Peter Moreland for his assistance with the delivery of equipment, the crew at Heavy Equipment for clearing the road to the Golf Course and the parking lot, Wing Imaging for capturing the memories, the Greenwood Bowling Centre, Nova Scotia Department of Health Promotion and Protection, Recreation Nova Scotia, and everyone who was willing to get "winter active" by participating!

We hope you had as much fun as we had and that you will join us next year for the fourth annual Family Snowshoe and Sleigh Ride Day!

(Images: MCpl Shouinard DA, 14 Wing Image Tech)



The Aurora Newspaper is published each Monday by 14 Wing under the authority of Colonel W.F. Seymour, CD, Wing Commander. Est publié chaque lundi par la 14e Escadre sous les auspices du Colonel W.F. Seymour, CD, Commandant de l'escadre. Managing Editor/Rédacteur - Stephen R. Boates (902) 765-1494 ext. 5441 Wing Public Affairs Officer & Editorial Asst. - Capt Scott Spurr (902) 765-1494 ext. 5101

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Circulation/Circulation: 5900 - Agreement No. 462268; Numéro de contrat 462268.

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The deadlines are as follows: 12:00 noon Wednesday for classified ads; 3:00 p.m. Wednesday preceding publication date for all other advertising and those requiring proofs. Editorial material MUST be typed and MUST be accompanied by the disk and hard copy, the originator's name, address and telephone number no later than 9:30 a.m. Thursday. Or E-mail us at [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com)

12h00 pour les annonces publicitaires moins d'une demie page, le mercredi qui précède la semaine de publication. Les annonces publicitaires de plus d'une demie page ou demandant une épreuve doivent nous arriver par le mercredi à 12h00. Les documents doivent être dactylographiés et provenus avec le disque et une copie imprimée. Ils doivent aussi porter le nom, l'adresse et le numéro de téléphone de l'auteur. Ou Email: [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com)

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## ZX Cycle N Run General Meeting

Thursday 11 Mar 2010 at 1930 • F & S Center Classroom

This general meeting is in preparation for the upcoming season. We are looking for new members and look forward to returning members. Membership fees are due and remain unchanged at \$10.00 plus HST = \$11.30. This is an excellent opportunity to sign up for, volunteer and speak with the coordinators for club events including:

- ZX 10 K - 25 April
- Cabot Trail Relay Race - 29- 30 May
- Airforce Triathlon - 23 June
- Cabot Trail Ride - 31 Jul - 2 Aug
- Middleton Century Ride - 15 Aug
- Rum Runners Relay - 25 Sep
- Group Runs - Tues - Thur
- Group Rides - Beginning April
- Indoor Cycling - Ongoing
- Triathlon - Ongoing

## CFHA Office Closure

1300 hrs to 1600 hrs - 16 March 2010

The CFHA office will be closed from 13:00 hrs to 16:00 hrs on Tuesday, 16 March 2010 to permit all staff members to participate in a training session. If Residential Housing Unit (RHU) occupants require immediate assistance, they are requested to contact cell number 825-7319 or our After Hours Emergency Service line at 1-800-903-2342. If the request is not of an immediate nature, occupants are requested to leave a voice message at 765-1294. Your message will be addressed on Wednesday, 17 March 2010. Your cooperation and understanding is appreciated.

## Friday Night is Family Night at the Greenwood Bowling Centre!

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The Village of Kingston is looking for nominations for Volunteer of the Year Award for the year 2009.

If you would like to nominate an individual or group, please contact the Kingston Village Office for criteria details at 765-2800 or email us at kingsvil@ns.aliantzinc.ca. The applications must be submitted by March 31, 2010.

## Business of the Week ~ Reflections Hair Studio ~

Reflections Hair Studio has been in business for 9 years. Renovations were done in January of 09. The salon is well lit and spacious.



(L-R) Sheri has been in business for 25 years, Ginger has been in business for 4 years, and Michelle has been in business for 3 years

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Theatre Support Element - Southwest Asia

## Deployment Spot Light



Front Row: Master Corporal Southern, Corporal (Cpl) Beck, Cpl Wheaton, Cpl Orr, Cpl Harper, Master Seaman Barrett, Cpl McNeil, Cpl Bruce, Sergeant Tucker, Captain Kaprowski

### Camp Supply Section

**Home Units:** 14 Wing Greenwood with augmentees from 19 Wing Comox, 12 Wing Shearwater, 4 Wing Cold Lake and CFAD Dundurn.

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**Favourite Part of the Deployment:**

Working with Master Warrant Officer Darrell Ellis and Petty Officer First Class Jamie Lockie.

**Message to Greenwood:** Wish you were here.



## Greenwood Horse and Rec Club Activities

Greenwood Horse and Recreation Club is putting on a 5 day riding day camp March 15 - 20. Campers will spend the week learning to ride and care for a horse in a safe environment and, under the direction of a qualified instructor. Participants will be responsible for the care of the pony assigned to them for the entire week. They will ride twice daily and participate in group discussions and information sessions that will cover a variety of topics including care of tack and, horse health and care. Cost of the camp is \$ 300.00 and will run from 8:00 a.m. - 4:00 p.m. There are limited spaces

still available so book early to avoid missing out on this fun filled week.

Don't forget to come out to the "Fat and Furry" fun shows. The Fat and Furry winter fun show series is a GHRC tradition. Entrants participate in games on horseback while being timed. Old favourites like the egg and spoon or bat race are far more challenging when attempted on a horse. A fun filled day for the whole family. Spectators can participate in the judging of the fattest and the furriest horses at the end of the day. Great turnout at the February 21st show. Non-stop laughter throughout the day watching

participants perform in the games while riding. Next show is March 21 and again on April 18. Competitors are earning points with each show they attend as they compete for high point prize, coolers donated by Tip Top Tack Shop.

The summer schedule has filled quickly with clinics and shows but the facility is still available for children's birthday parties. Cost of a party is still only \$80.00 but early bookings are a must to get the date you require as the weekends are filling quickly.

For more information on upcoming events, camps, lessons, or boarding please call GHRC 765-2310.

## March Break Day Camp at 14 Wing Community Centre

By: Megan LeMoine

March Break Day Camp is now only a week away! If you are between the ages 6 and 12 then sign-up to March Break Day Camp, a week full of fun! This runs from Monday March 15 to Friday March 19. Each day is a different theme; you can sign-up per day or for the whole week. We have so many cool things planned, check it out!

- Meet & Greet Monday
- To the Moon Tuesday
- Wacky Wednesday
- To the Zoo Thursday
- Frazzled Friday

Each day your child will participate

in fun programs that are based around that day's theme. Each day starts a 9:00 a.m. and ends at 3:00 p.m. Before and after care is also available. Before care runs from 7:30 a.m. to 9:00 a.m. and after care is from 3:00 p.m. to 4:30 p.m. Registration starts on Wednesday March 3 at 9:00 a.m. The cost is \$65 for the whole week and \$60 for your second son or daughter. If you're only interested in coming for a few days then you can pay \$15 a day. Before and after care is an additional \$10, per service, for the whole week or \$3 per service, per day. If you have any questions please call Megan LeMoine at 765-8165 or Eric MacKenzie at 765-1494 ext. 5337.



### Kingston Recreation "CREATIVE KIDS" March Break Day Camp 2010 Update!

**Sign up at the Kingston Village Office 671 Main St.** Call 765-2800 or email [kingstonrec@ns.aliantzinc.ca](mailto:kingstonrec@ns.aliantzinc.ca) for further details or go to [kingstonnovascotia.ca](http://kingstonnovascotia.ca).

Come enjoy some Drama, Skits, fun, crafts & games at the Kingston Recreation Hut next to the Kingston Rink throughout March Break! All welcome ages 5-12.

- Monday :** **WHEN I GROW UP** ... Dress up as your favorite character or person!
- Tuesday :** **UNDER THE SEA** ... Bring all you can that involves the ocean....as we will discover & create under the sea!
- Wednesday :** **HAPPY ST. PATTY'S DAY!** ... Wear Green, Eat Green, See Green, Be Green.
- Thursday :** **SUPER HERO DAY**... Be Creative and show off you best Super Hero Costume and act like your Hero.
- Friday :** **PAJAMA DAY** ... No need to bring a lunch...we'll have Pizza, Popcorn & a kids movie!

**Sign up at the Kingston Village Office.** \$55.00 for the week per child or \$15 per day. Family discounts and assistance available. 8:00 a.m.-3:30 p.m. Monday, March 15th to Friday, March 19th. Bring a healthy snack, a healthy lunch and lots of juice and/or water to drink. Call 765-2800 or email [kingstonrec@ns.aliantzinc.ca](mailto:kingstonrec@ns.aliantzinc.ca) for further details or go to [kingstonnovascotia.ca](http://kingstonnovascotia.ca). Come have some fun, make some friends, be creative and have a great time!

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# “Youth Happenings” at the 14 Wing Community Centre

**By: Recreation Youth Worker - Megan LeMoine**  
**Boys Club Games**  
**Monday March 8 4:30-6pm**  
Boys meet at the C.C and we'll play board games for the afternoon, bring your thinking cap!  
**Teen Council Meeting**  
**Tuesday March 9 3-4pm**  
Teens meet at the C.C to

discuss upcoming events and activities.  
**Active Chicks Parachute Games**  
**Wednesday March 10 6-7:30pm**  
Girls meet at the C.C to play games in the gym, bring your sneakers and a water bottle; we'll have a great time!  
**Teen Activity Swimming**  
**Thursday March 11 6-7:30pm**  
Teens meet at the C.C to

walk to the pool for casual swim. Bring your Rec. card, bathing suite and a towel. It's going to be a blast!  
**Pre-teen Dance**  
**Friday March 12 6-8pm**  
**Cost: \$3**  
**Pre-teen Movie Night**  
**Pre-teen: 6-8pm**  
Movie: Where the Wild Things Are  
**Teen Movie Night**  
**Teen: 8-10pm**  
Movie: Whip It

## Junior Provincial Swim Championships

**Submitted by: Janice Hamilton**  
Greenwood Dolphins had an outstanding performance at Junior Provincial Championships. The swim meet was held February 12th–14th hosted by Shearwater Bluefins Swim Club. This year the Dolphins had eleven swimmers attend the championship swim meet. In total the Dolphins took home twenty-five medals.  
Medals holders from Age Group one include: Mercedes LeBlanc (age: 11) who received a gold in the 50 metre backstroke, a gold in the 200 metre backstroke, a gold in the 200 metre breaststroke, and silver in the medley relay. Savannah LeBlanc (age: 9) received a silver in the medley relay. Hannah Cummings (age: 11) received a silver in the medley relay. Julie Hotten (age: 11) received a silver in the medley relay. Raphael Choquette (age: 14) received

a gold in the 200 metre free relay, and a bronze in the 200 metre medley relay. Logan Way (age: 10) received a best time in 200 metre free.  
Medal holders from Age Group two include: Austin Nowotczynski (age: 13) who received a gold in 200 metre free relay, a silver in the 100 metre free, a bronze in the 100 metre back, and a bronze in the 200 metre medley relay. Josh Gendre (age: 14) received a gold in the 200 metre butterfly, a gold in the 200 metre free relay, and a bronze in the 200 metre medley relay. Caleb Edwards (age: 12) received a gold in the 200 metre free relay, a bronze in the 50 metre free, a bronze in the 50 metre butterfly, and a bronze in the 200 metre medley relay. Sarah O' Reilly (age: 14) received a gold in the 200 metre breaststroke, a gold in the 100 metre breaststroke, a silver in the 400 metre IM,

and a silver in the 200 metre free. Emma Woodworth (age: 15) received a gold in the 200 metre breaststroke, 100 metre breaststroke, and a silver in the 50 metre free. Terrific performances swam by all! Coach Sandi McLean and Janice Hamilton are very pleased by the exceptional amount of best times and medal performances had by all eleven swimmers.  
Eveline Choquette (age: 11) will go on to compete at East Coast Championships, along with her teammate Mercedes LeBlanc who qualified for the meet at the Junior Provincial Championships. Sarah O'Reilly and Emma Woodworth will also be representing the Greenwood Dolphin Swim Club at the up coming East Coast Championships where they will complete against top level swimmers from all over Eastern Canada.

## Letter to the Editor

Dear Editor,  
When we were in England doing basic training in the early days of World War II, every man was allowed a fourteen day leave of absence twice a year. I always went to Glasgow, Scotland, a great place to go but it was an all night trip on the Flying Scotsman. I found the people there very easy to get along with, sometimes meeting them on the street they would ask me to visit their home.  
I was in a snack bar one day when a young man came in and sat down beside me. He immediately called me by name. This was a surprise to me; a total stranger, but apparently he knew my name, but to me he was a total

stranger. He started talking and said, "it looks like you don't recognize me," which was the truth. He said, "when I was at my grandfather's place many times you would pass by on your bicycle, do you remember seeing an eight or ten year old boy in the yard". Then he went on to tell me that his grandfather was Sam Longmire who was a life long friend of my father's who lived about two miles from my home. He said, "that boy was me and it was quite easy for me to recognize you, my name is Merle Holiday. Then he told me that he was in the Merchant Navy, and was waiting for a ship back to Halifax after being torpedoed the second time and a survivor

twice. I told him he should join the West Nova's but he said, no way, the Merchant Navy pay is much better but a very dangerous occupation.  
I never saw him after the war, but he lived somewhere in Digby County. He passed away a few years ago.  
I often think of my chance meeting with that lad and how he liked the Merchant Navy, his experiences were quite interesting. His father was a fisherman, which must be why he chose the Merchant Marine. He was lucky to cross the dangerous North Atlantic many times.

Submitted by  
Oren S. Foster B.E.M.  
Deep Brook, NS

	Pre-Teen (ages 9 – 12)	Teens (ages 13 – 18)
Monday	4 pm to 6 pm	6 pm to 9 pm
Tuesday	4 pm to 6 pm	6 pm to 9 pm
Wednesday	4 pm to 6 pm	6 pm to 9 pm
Thursday	4 pm to 6 pm	6 pm to 9 pm
Friday	6 pm to 8 pm	4 pm to 6 pm 8 pm to 10 pm
Saturday	2 pm to 4 pm 6 pm to 8 pm	4 pm to 6 pm 8 pm to 10 pm



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# Greenwood Military Aviation Museum

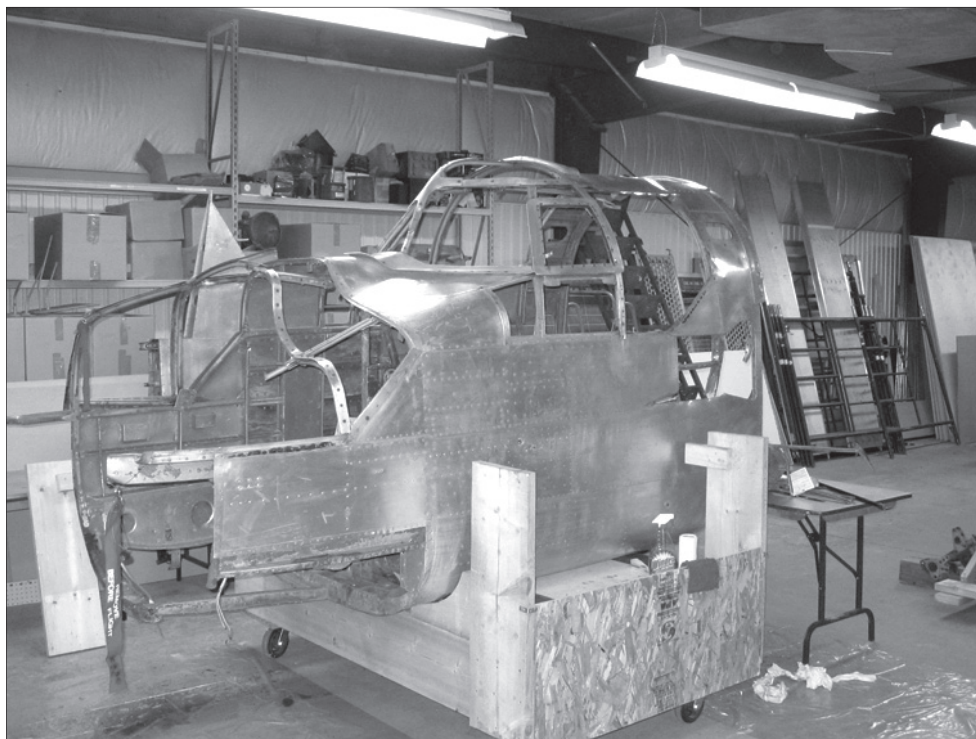
## Bolingbroke Restoration Project

By Malcolm Uihman

Ironically the Bolingbroke/Blenheim was an aircraft obsolete before the first unit was rolled off the assembly line! Despite being the fastest aircraft in the British inventory, the first forays into enemy territory during the opening salvos of World War II the enemy proved to have faster more agile aircraft. Nevertheless, almost 7000 Blenheims were manufactured in many countries and almost 700 Bolingbrokes were produced in Canada. At this stage in history the aviation industry virtually exploded with faster fighter and larger bomber aircraft. The Bolingbroke became one of the first multi-role aircraft and was ordered by the RCAF in 1939 to replace the Anson, constructed largely of wood and thus not as durable as the all-aluminum Bolingbroke. This then is a natural progression for the Greenwood Military Aviation Museum, linking with the Anson and the

Lancaster as aircraft flown from Greenwood. To date there are a mere half dozen Bolingbrokes at various stages of restoration in Canada.

In the early years of WWII, Eastern Air Command, responsible for Canada's Atlantic coast, recorded three attacks on enemy submarines by the Bolingbrokes. In Greenwood, in the early 1940's, the aircraft flew in support of the British Commonwealth Air Training Plan, converting basic graduates into fighting crews; basic flight training was done mainly on the prairies, due to much clearer skies there. Pilots, navigators, bombardiers and air gunners honed their skills and learned to work together. They did cross-country navigation around the Maritimes, bombed targets in the Berwick, Gaspereau Lake and Fundy ranges, and did target runs on ships and ferries in the Bay. The Bolingbroke was used as a target "tug", pulling a cloth



drogue (a target for gunners and pilots to shoot at in the air). Practice ammunition had a different colour-coded wax coating for each shooter that, upon hitting the drogue, left that colour around the

hole in the material giving instructors an assessment of the gunners' accuracy. The target tug itself was painted bright yellow with large diagonal black stripes, allowing for high visibility

and a degree of depth of field serving as protection for the tug and distance orientation for the gunner. Mosquitoes and Hurricanes were other notable aircraft at Greenwood training crews

for their next step to Europe and defending the world from the Nazi scourge.

Work on the Museum's aircraft last month centered on the fuselage, now inverted in a jig. The damaged panels along the bottom have been removed and an assessment of the longitudinal "stringers" is being made. Many are twisted or bent and are very brittle, negating any possibility for straightening. Stringers run from front to back on the fuselage giving strength and form and inhibiting twisting of the outer skin. The old stringers are no longer available and would be cost-prohibitive to produce; three-quarter inch square aluminum tubing is being considered as a substitute.

The last six "formers", that give the cross-sectional oval shape to the fuselage, are bent and cracked along the bottom of the fuselage. They are located every 18" to 24" along the fuselage between

...continued on page 10.

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# Greenwood Military Aviation Museum *Bolingbroke* Restoration Project

...continued from page 8. the heavier "bulkheads". Stringers run through the formers, but are not riveted to them, allowing for contraction and expansion and also contributing to the squeaks/moans and groans heard during flight in the

Bolingbroke. Templates, from cardboard, will be made from the old formers, transferred to wooden forms and then used to hand-manufacture the required sections.

Many panels were removed from the bottom of the cockpit section,

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where evidence of the belly landing in 1943 is evident. Three escape hatches were identified, as well as a small tilt-out window thought to be for ventilation and communication for pilot to the ground crew. A curious construction was noticed in the windows where a rubber gasket on the outside paralleled a wood and tar gasket on the inside. Wood panels are attached to the inside skin in the cockpit area to aid in noise reduction from the engines and, perhaps, a little added protection from

flying debris off the propeller wash. A large streamlining panel was removed under the nose which revealed the construction of the three foot nose addition to the original-design fuselage.

In the next article, the unique peculiarities of the Bolingbroke will be presented. Questions and/or comments are welcome. The pictorial diary of the restoration progress is updated weekly and can be seen on a link on the Greenwood Military Aviation Museum homepage.

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## Thank You

Submitted by: **Lion Bob Lyle, President, Kingston Lions Club**

On behalf of the Kingston Lions Club, Lions Ed and Tanis Bryson present a cheque for \$2,000.00 to Cardiac Rehabilitation representative Judy DeWolf at the Valley Regional Hospital.

A dinner and dance held at the Kingston Lions club on 27 February 2010 was supported by the community to raise funds to support this very important exercise and educational program



used by individuals dealing with heart related problems. We thank those who worked and supported this special event.



It is that time of year again!

## 14 Wing Greenwood Information Booklet 2010

We are getting ready to put together the 14 Wing Greenwood Information Booklet 2010.

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Food from the Heart...

Successful Fundraiser

Submitted by: Madison Connell, Rachel Holland, Harper Metler



Over 500 students from Annapolis East Elementary School in Middleton, the Heart of the Valley, collected 2308 pounds of food to donate to the local food banks. Pictured is a pyramid of food in the school lobby which was less than half of the total amount of the food collected.

Ms Zaleski's class ran a contest challenging the students to bring in food items during the first two weeks of February. Prizes were awarded to the classes who collected the most items. As a final push, on the opening day of the Olympics, grade 6 students painted the faces of all the students and asked for a food item donation in return.

It was a fun and thoughtful thing for the students to do.



Submitted by: Rose Rousseau

The First Lego League (FLL) robotics team from École Rose-des-Vents, Les Débrouillards, held a pancake breakfast on Saturday, Feb. 27th. This fundraiser raised money to help enable the team go to the World Festival FLL robotics competition in Atlanta, Georgia where they will be representing Nova Scotia. They would like to thank everyone who came out and supported them. A special thank-you goes to Meadowbrook Meat Market, Great Valley

Juices, and Averys' for their donations.

Les Débrouillards will be demonstrating their robot at the Greenwood Mall on Saturday, March 13th from 11:00 am to 4:00 pm. Come out and show your support and make a donation which will enable this team to represent our province at the World Festival. Check out their website for more information <http://www.lesdebrouillards.webs.com/index.htm>

Lost and Found

The following items of found property are being held at 3 Maple Evidence/Property room, 14 Wing Greenwood, NS. An owner wishing to claim one of these items may do so after properly identifying the respective

item. Persons having any questions in regards to this property may contact Joanne Bergman (Found Property Custodian) at 765-1494 ext. 5751, between 0800 hrs and 1600 hrs, Monday – Friday:

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1 DND helmet band  
1 AC adapter  
1 Pair shorts  
1 T-shirt

Articles trouvés

Les articles suivants ont été trouvés et se trouvent dans la chambre de Preuves et de propriété, situé au 3 Rue Maple, 14 Escadre de Greenwood, N-E. Un propriétaire souhaitant réclamer un de ces articles peut faire ainsi après avoir correctement identifié l'article respectif. Les personnes ayant des questions sur les articles mentionnés ci-bas peuvent contacter Joanne Bergman (Gardiennne des effets trouvés) à 765-1494 ext. 5751, entre 0800 heures et 1600 heures du Lundi au Vendredi.

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# Dwight Ross Elementary March 2010 Newsletter

**From the Principal's Desk:**  
With March comes the realization that winter is almost over, and it finds us busily preparing the Term Two student progress reports which were issued on March 11.  
Staff Appreciation Week was celebrated from February 15th to the 19<sup>th</sup>. I would like to take this time to thank all the teachers, support staff, technicians, caretakers and bus drivers for making Dwight Ross Elementary a great place for students to learn. Their hard work and dedication is greatly

appreciated. As a staff, we thank the PTA for their kindness last week. The treats you supplied were very much appreciated by all of us!  
On another note, we remind everyone about the importance of regular school attendance as a key element in determining a student's success at school. Please make every attempt to get your child to school on time, and although it is not always possible, try to schedule appointments outside of school hours. Your commitment to your child's education is very much

appreciated.  
This month Mme. Hjelkrem's grade 4/5 class will be hosting a family dance to raise funds for the victims of the earthquake in Haiti. We look forward to seeing you at this fun-filled event!  
Working together with you for our students,  
Eveline Keyser  
**Important Dates for March**  
• Mar 10 - St. Paddy's Green Day; Early Dismissal—Students dismissed at 11:45  
• Mar 11 - Term 2 Report cards go home  
• Mar 12 - Last day of classes before March Break  
• Mar 15-19 - March Break—No school for students  
• Mar 22 - First Day of classes after March Break  
• Mar 24 - PTA Fun Lunch—Hot Dog Day  
• Mar 25 - Open House 6:00-6:30 p.m.; Parent/Teacher Interviews 6:30-8:00 p.m. (by appointment only); Scholastic Book Fair Open 6:30-8:00 p.m. in Library  
Mar 26 - In-service a.m.—No school for students; Parent/Teacher Interviews 1:30-3:30 p.m. (by appointment only)  
Scholastic Book Fair Open 1:30-3:30 p.m. in Library  
Mar 31 - Good News Awards Assembly 1:15 p.m.  
**Sign In/Sign Out Book**  
All students arriving after the first bell at 8:25 am need to be signed in at the office by a parent/guardian upon their arrival. Teachers usually do attendance right after the 8:25 bell, therefore we ask that ALL children arriving after this time be signed in.  
All students being picked up before the last bell at 2:35 p.m. need to be signed out at the office by whomever is picking them up.  
**Welcome to YuNa Sin**  
We at Dwight Ross Elementary are fortunate to have the opportunity to host a Korean teacher intern. YuNa Sin has been at the school since February 10<sup>th</sup> and will remain with us until May.  
YuNa hails from the densely

populated Republic of Korea (South Korea) and is a fourth year University student looking to pursue a career in teaching English. She has lived in several different countries and has had the opportunity to study the different English language dialects across the world.  
YuNa will be working in various classes over the course of her 16-week internship. She will be in the classes assisting teachers and participating in classroom activities.  
If you are ever in the school and see Yu Na around, please make a point of welcoming her to the school and the country.  
**Tip of the Month**  
How to help your child with reading  
• Communicate regularly with your child's teacher about your child's reading progress  
• Practice reading with your child to help him or her in areas identified by the teacher  
• Encourage your child to read at home  
• Model reading habits at home  
• Provide a range of books that meet your child's interests  
• Discuss books with your child  
• Ask your child to tell in his or her own words about a book he or she has read  
• Encourage your child to read smoothly and fluently  
• Share what you notice about your child's reading habits at home with your child's teacher  
**Good News Awards**  
Here are the winners from February's Assembly:  
P.M.c - Danika Ferus, Zoe McDevitt, Dallis Mackenzie(DQ)  
1CF - Zachary MacDonald, Emiley Wadman, Olivia Mahoney-Lacroix(DQ)  
1/2C - Emily Clarke, Ryan Revels-Scholte(DQ)  
1/2M - Erika Snow, Emma Whynot, Ryan Bishop(DQ)  
2A - Keegan Blight, Aries Mulligan, Alyssa Ogilvie(DQ)  
2/3P - Cassandra Collins, Owen St. Nicolaas, Ben Robarts(DQ)  
3C - AJ Bartlett, Alyssa Forbes, Jared Mann(DQ)  
4L - Nathan Lake, Elizabeth Featherstone, Matthew Perry(DQ)  
4/5H - Danielle Stewart, Zachary Welsh, Emily St. Nicolaas(DQ)  
5M - Madison Hicks, Claire Gullison(DQ)  
Mr. Pearle - Cameron Jackman(DQ)  
Mr. Reid - Rachel Power(DQ)  
Mr. Clark - Taylor MacDonald(DQ)  
**Bus Stop Areas**  
Due to the large number of students getting off and on school buses at some bus stops; we strongly encourage parents/guardians to try to be at bus stops with their children whenever possible. We know you will continue to help us reinforce safe bus stop behavior with our students, and appreciate

your support with this.  
**Closing of School Due to Storms**  
Parents should assume that the school will remain open unless otherwise notified. In cases of severe weather conditions, the Superintendent may decide that schools be closed. Such notification is given over the local radio station early in the morning. Parents are required to provide the school with an emergency contact number and make tentative arrangements for their children in the event of an early dismissal due to storms, or other unforeseen events such as unexpected loss of heat or power. Classroom telephone trees are made up. Unexpected closures during the school day are announced on the radio, at 14 Wing Greenwood, in the Greenwood Mall, in the Greenwood Sobeys and in the Kingston Superstore.  
**2010-2011 Primary Registration**  
With September approaching faster than we think, we are looking at gathering our registration numbers for students entering primary in September 2010. If you have (or know of) a child who will be 5 on or before December 31<sup>st</sup>, 2010, they are eligible to start school in September 2010.  
In order to gain a fairly accurate picture of our primary numbers, we are asking any parents to please call the school at 765-7510, as soon as possible for pre-registration information.  
**Haiti Fundraising Dance**  
Just a reminder to parents and guardians of the "Tropical Dance" fund raiser being hosted by 4/5 Hjelkrem on Thursday, March 4 from 6-8p.m.. Dress in your most tropical attire and prepare to have a sunny time. We look forward to seeing you and your family.  
**PTA News**  
The Spirit Bear went to Mme. Hjelkrem's class this month for having the most parent representatives at our February meeting ... Congratulations!  
The next Spirit Day is March 10<sup>th</sup> and the theme for that day will be "St. Paddy's Green Day". We would love to see all students and staff wear as much green as possible in celebration of St. Patrick's Day.  
We are very excited to announce that we will be having a "Fun Fair" on April 16<sup>th</sup> at DRES from 6 to 8 p.m.. This should prove to be a very exciting and fun night. There will be many games of chance and a bouncer to entertain the whole family. Details regarding this night will be coming home soon with your children – make sure to check the backpacks !  
Our first hot dog day of 2010 was a great success. The next one will be held on March 24<sup>th</sup> – make sure to mark it on your calendar.  
We are currently in the process of purchasing sound field systems for some of the classrooms and a new sign for the school.  
Our next meeting is March 9<sup>th</sup> at 6:00 p.m. at DRES.

**CENTRE DE RESSOURCES POUR LES FAMILLES MILITAIRES DE GREENWOOD**  
**AU SERVICE DES FAMILLES**

Centre AVM Morfee, route School, C.P. 582, Greenwood (Nouvelle-Écosse)  
BOP 1N0 Téléphone: (902) 765-5611 Télécopieur: (902) 765-1747 • Courriel : [home@greenwoodmfr.ca](mailto:home@greenwoodmfr.ca) • Site Web : [www.greenwoodmfr.ca](http://www.greenwoodmfr.ca)  
Pour obtenir les coordonnées de tous les Centres de ressources pour les familles des militaires/canadiens consultez le site web [www.crfm.ca](http://www.crfm.ca) ou téléphonez le 1-877-280-3636

**Services de renseignements à la communauté et services de soutien**

- **Bienvenue et Orientation communautaire**
- Trousse de bienvenue de Greenwood, trousse de bienvenue virtuelle du CRFMG, Inscription des nouveaux arrivants, appels de bienvenue du CRFMG, service d'accueil et cadeau de bienvenue du CRFMG pour les nouveaux arrivants, pochettes d'accueil provenant des autres CRFM
- **Information et Orientation**
- Bulletin électronique du CRFMG (trimestriel), Site web du CRFMG, promotion/publicité du CRFMG, base de données sur les collectivités, extension de services à la force de réserve, services d'orientation vers des agences gouvernementales et civiles, en plus de diverses autres ressources

**Services à la famille lors d'un déploiement**

- Sensibilisation, information, soutien et assistance aux membres des familles des FC lors d'un déploiement, d'un service temporaire ou d'une RI
- Trousses d'information pré déploiement et post déploiement
- Appels téléphoniques de soutien durant la période de déploiement
- Service gratuit d'envoi de colis
- Les réunions mondaines offrent l'occasion aux familles d'établir des liens réciproques et de se soutenir mutuellement pendant l'absence d'un des leurs
- Bulletin mensuel sur le déploiement
- Séances d'information et évaluation avant et après le déploiement, campagne de sensibilisation sur le soutien au déploiement
- Vidéoconférence (VC), permettant aux familles des militaires d'être en contact avec les membres de leur famille qui sont à l'étranger

**Service pour enfants, jeunes et parents**

- **Activités et initiatives pour les enfants et les jeunes**
- Activités pour enfants et bambins, Programme d'éducation à petite enfance, comité des jeunes, activités diverses et ateliers à l'intention des enfants de moins de 12 ans, tutorat, ateliers d'aptitudes à la vie quotidienne à l'intention des jeunes
- **Éducation et services de soutien pour parent/gardien** - Séances d'information à l'intention des parents et des pourvoyeurs de soins, ateliers et ressources sur le rôle parental, Information sur les services de garde d'enfants dans le secteur, Information appropriée et orientation vers les services de garde pour enfants ayant des besoins spéciaux, registre de gardien(ne)s pour adolescents et adultes, Liste des services de garde
- **Service de garde en situation d'urgence et le service de relève pour les familles dont le membre est déployé**
- Séances d'information sur l'admissibilité aux services de garde d'urgence et de relève, ressources/renseignements fiables sur les services de garde d'enfants, éducation et aide à la planification des services de garde
- l'accès aux services de garde d'urgence et de relève 24 heures sur 24, 7 jours sur 7, offres de services de garde de relève pour les familles déployées
- **Services de garde occasionnelle**
- Services de garde occasionnelle autorisée du CRFMG

**Programme de prévention, soutien et intervention**

- **Éducation et prévention**

- Ateliers sur la croissance personnelle et le mieux-être (p. ex. maîtrise de la colère et aptitudes en communication), Programme Arc-en-ciel (chagrin et perte), foyer d'accueil d'urgence Roundel
- **Évaluation et orientation**
- Évaluation des besoins/risques, orientation vers les ressources communautaires essentielles, soutien aux clients tout au long du processus d'orientation
- **Groupes d'entraide**
- Groupes de soutien par les pairs, groupes de femmes
- Information et orientation vers les groupes d'entraide communautaire (p. ex. Al-Anon)
- **Intervention à court terme et soutien en temps de crise**
- Services de counseling de courte durée (personnes et familles), Soutien en temps de crise, défense des droits de la famille

**Services de bénévolat**

- Recrutement, sélection, formation, orientation, évaluation et reconnaissance
- Orientation des bénévoles en fonction de leurs domaines d'intérêt et de leurs talents
- Formation pratique en cours d'emploi; acquisition de nouvelles compétences et amélioration des connaissances
- Cours et ateliers de perfectionnement professionnel
- Activités de reconnaissance des bénévoles
- Opportunités de bénévolat pour les jeunes de 12 à 18 ans

**Services d'aide à l'emploi et l'éducation**

- **Aide à l'emploi**
- Création et modification de CV et de la lettre de présentation, évaluation/orientation professionnelle, aide à la recherche d'emploi
- Perfectionnement des techniques d'entrevue, planification des petites entreprises, information sur le réseau militaire des petites entreprises indépendantes, échange de magazines et de livres, ordinateur disponible pour la recherche d'emploi, élaboration d'un dossier d'emploi, liste à jour des emplois disponibles
- **Programmes éducatifs**
- Cours de manipulation des aliments, cours de premiers soins/RCR
- Cours de conduite préventive, salon de l'éducation et de l'emploi, recrutement des FC, ateliers de croissance et de soins personnels,
- Journée internationale de la femme
- **Programmes de loisirs**
- Couture, création littéraire, réseau des petites entreprises indépendantes (PME), peinture créative sur argile, arrangement floral

**Services de langue seconde**

- Enseignement des langues secondes (cours de français et d'anglais)
- Activités de renforcement des liens entre francophones (organisées trimestriellement)
- Ressources et informations disponibles dans les deux langues officielles

**Événements spéciaux et items de promotion du CRFMG**

- Promotion du vendredi rouge
- Promotion de la campagne du ruban jaune « soutenons nos troupes »
- Campagne de sensibilisation au déploiement auprès de la communauté
- Coordination de la campagne « la famille La force conjointe »
- Service de colis pour les membres militaires en déploiement
- Événements spéciaux pour la communauté du CRFMG

Le CRFM de Greenwood adhère au Code de protection des renseignements personnels des services aux familles des militaires tiré du Code type sur la protection des renseignements personnels de l'Association canadienne de normalisation. Pour de plus amples renseignements sur le Code de protection des renseignements personnels, veuillez communiquer avec le CRFM ou consulter notre site Web à l'adresse suivante : [www.greenwoodmfr.ca](http://www.greenwoodmfr.ca).

**GREENWOOD MILITARY FAMILY RESOURCE CENTRE**  
**WORKING FOR FAMILIES**

AVM Morfee Centre, P.O. Box 582, School Road, Greenwood  
Tel: (902) 765-5611 • Fax: (902) 765-1747  
**Email: [home@greenwoodmfr.ca](mailto:home@greenwoodmfr.ca) • Website: [www.greenwoodmfr.ca](http://www.greenwoodmfr.ca)**  
For locations and contact information of all Canadian/Military Family Resource Centres, please visit [www.mfr.ca](http://www.mfr.ca) or call 1-877-280-3636

**Outreach and Community Information Services**

- **Welcome and Community Orientation**  
GMFRC Website ([www.greenwoodmfr.ca](http://www.greenwoodmfr.ca)), GMFRC Welcome Packages and online Virtual Welcome Package, new arrivals registration, GMFRC welcome calls to newly posted families, welcome GMFRC visit/tour and welcome gift to newly posted families, education information on posting service
- **Information and Referral**  
E-Mail Information Service (quarterly), Welcome Packages from other MFRCs, Outreach, information, support and assistance to CF family members of 14 Wing Greenwood and Reserve Units in Aldershot, Bridgewater, Yarmouth and Pearson Peacekeeping Training Center, Clementsport, Information Database on the services available to the community, referral to government and civilian agencies, GMFRC promotion/advertising, resources

**Deployment Services**

- Outreach, information, support, and assistance to CF family members during deployment, TD, and IR.
- Pre & Post Deployment information packages.
- Warm line contact during separation
- Social gatherings for the whole family will provide opportunities to connect with and support each other during periods of separation.
- Monthly Deployment newsletter
- Pre and post deployment briefings and screenings
- Video Tele Conferencing (VTC)

**Children & Youth Services**

- Activities and initiatives for children and youth
- Parent & Tot activities, Early Childhood Education Program, Youth Council, various activities/workshops for children under 12 years, Tutoring, Life Skills workshops for youth
- Parent/Caregiver education and support services
- Parent and caregivers information sessions, parenting workshops & resources, information on childcare in the area, appropriate information and referrals for children with special needs, Adult/Teen sitter registry, Daycare/Childcare facility listings, Baby Club

**Emergency Childcare & Respite Services**

- Information sessions on Emergency Childcare & Respite eligibility, quality childcare resources/information,

education & assistance with childcare planning, 24/7 access to emergency childcare & respite services, group respite offerings for deployed families

- **Casual Childcare**
- Licensed Casual Childcare Services

**Prevention, Support and Intervention Program**

- **Education and Prevention**
- Personal growth & wellness workshops (i.e. Anger Management, Communication Skills), Rainbows Program (grief & loss), Roundel Emergency Housing
- **Assessment and Referral**
- Needs/risk assessment, referred to appropriate community resources, clients supported throughout the referral process
- **Self-Help Groups**
- Peer support groups, Women's group, awareness of and referral to community based support groups (i.e. Al-Anon)
- **Short-Term Intervention/Crisis Support**  
- Short-term counseling (individual and family), crisis support, client advocacy

**Volunteer Services**

- Volunteer Involvement and Leadership
- Recruiting, screening, training, orientation, evaluation, and recognition, placements designed for individual interests and talents, On-the-job training: develop new or existing skills, professional development courses and workshops available, volunteer recognition activities, volunteer opportunities for teens aged 12 – 18 years

**Second Language Services**

- Second Language Training (SLT)
- Francophone activities
- French movies

**Employment and Education Services**

- Education Programs:
  - Food Handling Course, First Aid / CPR, Defensive Driving Course
  - Education & Employment Fair, CF Recruiting
- **Self Care & Self Improvement Workshops:**
  - International Women's Day Celebrations
- **Leisure Programs:**
  - Sewing, Creative Writing, Military Home-Based Business Group
  - Creative Painting on Clay, Flower Arrangements, Card Stamping

**Special Events and Promotion Services**

- Red Friday Promotion
- Yellow Ribbon Campaign
- Support our Troops Awareness Campaign
- Military Families Strength Behind the Uniform Campaign
- Morale Mail Packages to the Troops
- GMFRC and community special events

The Greenwood Military Family Resource Centre adheres to the Military Family Services Privacy Code that was developed from the Canadian Standards Association Model Code for the Protection of Personal Information. For more information on the MFSP Privacy Code, please contact the GMFRC at 765-5611 or visit us online at [www.greenwoodmfr.ca](http://www.greenwoodmfr.ca)



# Second Language Service / Service de langue seconde

**Coordinator /**  
Coordonnatrice: Janie Gagnon at / au 765-1494 local / poste 5938 or email / courriel : [janie.gagnon@forces.gc.ca](mailto:janie.gagnon@forces.gc.ca)

**GMFRC SECOND LANGUAGE TRAINING (SPRING SESSION 2010)**

**Dates:** Monday, April 12, 2010 to Friday, June 25, 2010

**Duration:** 10 weeks for a total of 60 hours (three hours twice a week)

**Location:** Birchall Centre on the Base, 2<sup>nd</sup> floor.

**Cost:** For military spouses, Canadian Forces members, and dependants over 14 years of age: \$50.00 refundable upon completion of 85% of classes

**All other participants:** \$100.00 (Free childcare is offered to Military Families during GMFRC casual childcare hours)

**Registration deadline:** Before Wednesday, April 7, 2010 at the GMFRC

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-12:00	Not available	Not available	English Module 6 French module 2	Not available	English Module 6 French module 2
1300-1600	Not available	Open depend on registration	French Module 6	Open depend on registration	French module 6
1800-2100	Not available	French module 2	Not available	French module 2	Not available

reception.

**LIMIT** of 10 students per class – register early to avoid disappointment!

**Placement Test:** Contact Sheila Dubé at 765-1494 ext. 5230

**Other Information:** We need minimum of 5 military spouses or military members to start a class.

**Registration Phone:** Reception 765-5611

**Schedule:** Subject to change depending on registrations and students needs

Let us know the language you want to learn, the level, and your availability, we will try to do our best to accommodate you.

## Haven't yet visited the Learning and Career Centre?

### Are we still the best-kept secret on the Base?

If you are a **military member or civilian** employee, you have access to all services the LCC offers.

**VISIT OUR WEBSITE**

<http://hr.ottawa-hull.mil.ca/lcc-cac/>

**or drop in!**

We are located on the upper level of the Birchall Training Centre

**We're so much more than just courses:**

- Career Development/Advisory • Learning Advisory
- Personal and Professional Development Courses
- Computer Courses • Loaning Resource Library
- Internet Café • Book Club • Career and Learning Software

**Want to relax on your lunch hour?**

Why not drop over and browse our shelves, lounge while watching a video, borrow a book and listen to your favourite tunes, surf the net on our high-speed internet computers, or simply drop in and say hello.

**You're always welcome!**

**Why not drop in and check us out!**

**We're open daily**

**Monday to Friday, from 0800-1600 hrs**

**(including lunch hour).**

## Cours de langues secondes (Session printemps 2010)

	Lundi	Mardi	Mercredi	Jeudi	Vendredi
0900-1200	Non disponible	Non disponible	Anglais Module 6 Français Module 2	Non disponible	Anglais Module 6 Français Module 2
1300-1600	Non disponible	Ouvert dépend des inscriptions	Français Module 6	Ouvert dépend des inscriptions	Français Module 6
1800-2100	Non disponible	Français Module 2	Non disponible	Français Module 2	Non disponible

*Seulement dix étudiants par classe – inscrivez-vous le plus tôt possible!*

**Test de classement :** Contacter Sheila Dubé au 765-1494 poste 5230

**Autres Information :** Un minimum de 5 étudiants militaires ou épouses de militaires requis pour débiter une classe.

**Téléphone :** Réception 765-5611

**Horaire :** Sujet aux changements afin de répondre aux demandes des étudiants.

**Dates :** lundi, 12 avril 2010 au vendredi, 25 juin 2010

**Durée :** 10 semaines pour un total de 60 heures (trois heures, deux fois par semaine).

**Endroit :** Centre Birchall

**Coûts :** Pour les conjoint(e)s des membres des FC, dépendant(e)s de militaires qui ont 14 ans et plus, et membre des FC, 50\$ remboursable après avoir complété au moins 85% du cours.

**Pour les autres participants :** 100\$ (Garderie offerte gratuitement pour les familles militaires durant les heures

d'ouverture du service de garde du CRFMG)

**Date limite d'inscription :** Avant le mercredi 07avril 2010 à la réception du CRFMG.

...let's talk about **YOU**

Send your articles and photos to: [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com)

**EAP**  
Employee Assistance Program

When you need someone to talk to, call:

**Al MacDonald...1532**

**Wayne Atwater...5567**

**Darlene Richards...3119**

**Debby Benda...3340**

## Together in Church

### Queen of Heaven Chapel

**Sunday Schedule**  
11 a.m. (English Mass)



### St. Mark's Chapel

**Sunday Schedule**  
10:30 a.m. Divine Worship

Switchboard .....765-1494

**Wing Chaplain**  
Chapel Life Coord - Queen of Heaven  
Father Tim Nelligan.....ext 1960  
**Wing Chaplain's Admin Assistant**  
Ms Diane McKeage.....ext 5883  
**Chapel Life Coord - St. Mark's**  
Padre Gord Poley.....ext 5541  
**Unit Chaplain**  
Father Claude Pigeon.....ext 5119  
**Unit Chaplain**  
Padre Mike Peterson.....ext 5835  
**Chaplain (BTL)**  
Padre Frank Staples.....ext 5545  
**Unit Chaplain**  
Padre George Helou.....ext 5886

**Emergencies**  
In an emergency, you can reach a chaplain anytime through Wing Operations at (902) 765-1494 ext. 5457.



## HAVE YOU NOMINATED SOMEONE FOR A CCNS EXCELLENCE AWARD YET?

**C**ancer Care Nova Scotia's (CCNS) Excellence Awards recognize leadership, innovative practice and excellence in patient care for Nova Scotia cancer patients and families. We want your nominations.

Help us recognize the people, their work and their accomplishments in preventing, treating and curing cancer.

**The deadline for nominations is April 30th.** We'll announce the winners at an Awards Celebration in June in Halifax. Nominate someone today. Visit our website at [www.cancercare.ns.ca](http://www.cancercare.ns.ca) for details or call 1-866-599-2267.

**NOVA SCOTIA**  
Health



# Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue only covers the next couple of weeks. For future and ongoing programs and services, please visit our website at [www.greenwoodmfrcc.ca](http://www.greenwoodmfrcc.ca) or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

*Note: To keep costs down, the only methods of payment accepted for workshop registrations is cash or cheque. To ensure your spot for a workshop, payment is required at the time of registration.*



## 05-11 Mar "From Paris With Love"

Fri-Sat 7:00 & 9:00 pm  
Sun-Thurs 8:00 pm  
Rated 14A

**Pre-paid Admission Cards**  
Regular eight card for \$40  
Sixteen card for \$75  
These may be purchased at the Zedex Theatre with cash or at The Inside Story (Greenwood Mall) using plastic.  
**www.zedex.ca**

## Kingston Legion BiNGO

Prize Money  
Guaranteed: \$2,500  
**BOOKLET BINGO**

Sunday, 1:45 p.m.  
Tuesday, 7:30 p.m.

Regular Games - \$100

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

Lic.#  
35542-96



## Employment and Education Services

Coordinator: Kristen Lawson at 765-1494 local 1816 or email [kristen.lawson@forces.gc.ca](mailto:kristen.lawson@forces.gc.ca)

## Upcoming Workshop Selling Your Home Info Session

Monday, March 22, 2010  
6:30 p.m. – 8:30 p.m.  
GMFRC Classroom #1  
Cost – FREE

Registration Deadline: Friday, March 19, 2010

## First Aid / CPR – Level C

Thursday, April 8, 2010 & Friday, April 9, 2010  
9:00 a.m. – 4:00 p.m.  
GMFRC Classroom #2

Cost - \$60.00 for Military Families and \$75.00 for Civilian

Registration Deadline: Thursday, April 1, 2010

## Boat Smart

Tuesday, April 13, 2010 & Wednesday, April 14, 2010  
5:00 p.m. – 8:00 p.m.  
GMFRC Classroom #1

Cost - \$55.00 for Military Families and \$70.00 for Civilian

Registration Deadline: Tuesday, April 6, 2010

## Deployment Services

## Notice

Effective Immediately  
**Announcements**

There will be a charge for all Birthdays, Anniversaries, Engagements, Weddings, Card of Thanks, & Memoriams

Text without a photo  
2 col by 2 inches  
\$15.00 (tax incl)

Text with a photo  
2 col by 2 ½ inches  
\$20 (tax incl)

Text without a photo  
2 col by 4 inches  
\$25 (tax incl)

Text with a photo  
2 col by 4 inches  
\$30 (tax incl)

There will be no charge for Military Obituaries of 150 words or less. For more information, contact Anne Kempton at 765-1494 local 5833



Coordinator: Ann Gaudet at 764-1494 local 5583 or email [Ann.Gaudet@forces.gc.ca](mailto:Ann.Gaudet@forces.gc.ca)

**Laugh Craft Connect**  
Wed., March 31, 2010  
6:00 p.m. – 8:30 p.m.  
GMFRC

Registration Deadline: Monday, March 29, 2010

## Is your military member away?

If you have a military family member who is away (spouse, son, daughter, partner, grandchild, etc) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give us a call & we'll set you up with any of our programs/services/activities that may interest you. We do not know you're out there unless you let us know.

All of our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre, during, & post deployment information, assistance, outreach, & support to anyone who chooses to participate. Just give us a call!

\* For respite childcare offerings for deployed families, see details under Children and Youth Services

## Child and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email



Volunteers, trained by the Canada Customs and Revenue Agency, can help you complete your income tax and benefit return. Des bénévoles, formés par l'Agence des douanes et du revenu du Canada, peuvent vous aider à remplir votre déclaration de revenus et de prestations.

To find out if you are eligible or to make an appointment call: Pour savoir si vous êtes admissible, ou pour prendre rendez-vous, téléphonez au:

**765-1494 Local 5430**

You can meet with the volunteers!  
Vous pouvez rencontrer les bénévoles!

**February 23, March 2, 9, 17, 23 & 30  
April 6, 13 & 20 (if needed)**

To be held at the 14 Wing Library, Greenwood  
By appointment only (765-1494, local 5430)

Bring all your tax papers and forms with you.

This service is free!

Apportez tous vos feuillets et formulaires d'impôt.

Ce service est gratuit!

[www.ccra.gc.ca/volunteer](http://www.ccra.gc.ca/volunteer)

[www.adrc.gc.ca/benevole](http://www.adrc.gc.ca/benevole)

at [kim.dixon@forces.gc.ca](mailto:kim.dixon@forces.gc.ca)

## Upcoming programs or services

## March Break Madness – Bowling Blast

Wed., March 17, 2010  
2:00 p.m. – 4:00 p.m.

Children aged 6 – 12 years  
\$6.00 per child/ 2 children same family \$10.00 per family

Registration Deadline: Friday, March 12, 2010

GMFRC (we'll walk down to the bowling ally, have some fun, and enjoy our pizza there!)

This activity is open to all families of the 14 Wing Defence Team. Parents do not need to stay for this activity.

## Respite Dates

Sat., March 13th, 2010  
10:00 a.m. – 5:00 p.m.

Max 15 participants  
Children up to age 12

Call reception at 765-5611  
Registration Deadline: Thursday, March 11, 2010

To meet the increased demand for respite childcare, deployed families can choose 1 of the 2 Saturday Respite Dates this month.

Saturday, March 27, 2010  
10:00 a.m. – 5:00 p.m.

Max 15 participants  
Children up to age 12

Call reception to register at 765-5611.

Registration Deadline: Thursday, March 25th, 2010

To meet the increased demand for respite childcare, deployed families can choose 1 of the 2 Saturday Respite Dates this month.

Tuesday, March 16, 2010

12:00 p.m. – 4:00 p.m.  
Children up to age 12

Registration Deadline: Friday, March 12, 2010

Thursday, March 18, 2010  
12:00 p.m. – 4:00 p.m.

Children up to age 12  
Registration Deadline: Tuesday, March 16, 2010

Wednesday, March 31, 2010  
5:00 p.m. – 9:00 p.m.

Children up to age 12  
Registration Deadline: Monday, March 29, 2010

Monday, March 29, 2010

## Special Events and Promotions

Coordinator: Michelle Thibodeau Wagner at 765-1494 local 1421 or email [michelle.thibodeau-wagner@forces.gc.ca](mailto:michelle.thibodeau-wagner@forces.gc.ca)

## Upcoming events International Women's Day

Monday, March 8, 2010

Take a moment to reflect on how far women's rights have come in the last 100 years.

Ladies: Stop into the GMFRC for more information and to enter your name in for an International Women's Day prize draw.

## Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at [janie.gagnon@forces.gc.ca](mailto:janie.gagnon@forces.gc.ca)

## Volunteer Opportunities

## Respite Childcare Provider\*

Saturdays, March 13 & 27, 2010

10:00 a.m. – 5:00 p.m. (or can be done in shifts)

GMFRC

Volunteers Needed: 3 for each date

## Children's Deployment Support Group Facilitator

Sunday, March 7, 2010  
12:30 p.m. – 3:00 p.m.

GMFRC

Volunteers Needed: 2

Training will be provided.

To facilitate a monthly program for children aged 3 to 5 yrs.

## Easter on the Wing\*

Saturday, April 3, 2010

12:30 p.m. – 3:30 p.m.

Annapolis Mess  
Volunteers Needed: Many

## Warm Line Callers

A Warm Line Caller is a volunteer who has been trained by the GMFRC to provide a monthly call to families of a deployed member. The call is a wonderful way to connect with the families and to also inform them about the programs and services at the GMFRC. Two to three hours per month

## Tutors

To provide educational assistance to children enrolled in elementary, junior and high school that are experiencing difficulties with a particular subject. You must enjoy working with children and have a comfort level in the subject area.

One hour per week – for 7 weeks.

\* Suitable for our awesome Youth Volunteers!

## Second Language Service/Service de langue seconde

Coordinator / Coordonnatrice: Janie Gagnon at 765-1494 local 5938 or email at [janie.gagnon@forces.gc.ca](mailto:janie.gagnon@forces.gc.ca)

## Upcoming events Cabane à sucre en famille!

Le samedi 27 mars 2010

Venez vous joindre à nous pour cette activité en français 11h00 (réservation pour le dîner est à 11h30)

Cabane à sucre transportation et coût du repas sont à vos frais  
Date limite d'inscription : le vendredi 20 mars 2010  
Pour vous inscrire, veuillez téléphoner la réception au 765-5611.

Cette activité est limitée à 20 personnes

## Upcoming events Sugar Shack for Francophone Families

Saturday, March 27, 2010

Around 11:00 a.m. (our booking is at 11:30 a.m.)

Sugar Shack

Pay for your own meal and transportation

Registration Deadline: Friday, March 20, 2010

Space is limited.

## Alternative Dispute Resolution

### Greenwood Dispute Resolution Centre

- Are you involved in a conflict in the workplace and unsure of how to handle it?
- Do you have issues with a work situation that you want resolved?
- Do you want to know how to approach a co-worker during a dispute?

Call DRC Coordinator Maj. Bob Sealby for assistance or visit the Greenwood Dispute Resolution Centre (DRC) at the AVM Morfee Centre (MFRC), School Road or for a DRC nearest you National Phone Number: 1-888-589-1750

DRC services are available to all Regular and Reserve Force members, Civilian and NPF employees, and members of the Cadet organizations.



# MERCI pour la campagne du CRMFG des biscuits d'amour de la Saint-Valentin!

Présenté par Janie Gagnon, Coordinatrice du program des bénévoles du CRFMG.

Encore cette année, notre activité de financement a été une réussite, et ce, grâce à la participation de la communauté et à la mobilisation de bénévoles fantastiques. Un gros merci à vous tous pour votre aide, vos talents à couper, à emballer et à organiser. MERCI aux fabuleux et efficaces membres du

comité des biscuits d'amour de la Saint-Valentin : Natasha Dallaire, Patricia Reinink, Marie-Josée Bésotte, AnnaMaria Brooks et Shirley Peck. Merci pour votre temps, vos encouragements, votre travail et vos idées brillantes.

Merci à tous les bénévoles qui étaient présents lors des sessions d'emballage et le grand jour des livraisons. MERCI POUR TOUT! Merci aussi à Sobeys pour leurs excellents biscuits.

## GMFRC Valentine Cookie Grams - THANKS!

Submitted by Janie Gagnon, GMFRC Coordinator of Volunteer Services 765-1494 local 5938

Again this year our volunteer fundraising event has been a success and it is because of the participation of the community and involvement of fantastic volunteers. Thank you so much to all of you for your help, your cutting, wrapping, and organisational skills. Thank you to the fabulous and efficient

Cookie Gram Committee members: Natasha Dallaire, Patricia Reinink, Marie-Josée Bésotte, AnnaMaria Brooks and Shirley Peck. Thank you for your time, support, work, and innovative ideas, EVERYTHING! Our success is the reflection of your amazing work. Thank you to all volunteers who were there for the wrapping session, and the big delivery day. Thank you to Sobeys for those excellent cookies!

## Learning and Career Centre

"People working together to foster a learning culture – within the Defence Team – many places, many ways."

### MARCH 2010

- 9 Word Level 1 • 1 day
- 10 Outlook Contacts & Calendaring, ½ day, morning • ½ day
- 11 Excel Level 2 • 1 day
- 23 Access Level 2 • 1 day
- 24 Word – Creating Brochures, ½ day, morning • ½ day
- 25 Excel Level 3 • 1 day
- 29 Power Point Level 1 • 1 day
- 30 Civilian Performance Planning & Review CPPR • ½ day
- 30 Personal Learning Plans (PLP) • ½ day
- 30 Access Level 3 (Part 1 of 2, ½ day, morning) • ½ day
- 30 Access Level 3 (Part 2 of 2, ½ day, morning) • ½ day

### APRIL 2010

- 08 Defence Ethics
- 12-13 Interpersonal Communication Skills • 3 days
- 16 Prior Learning Assessment (PLA), Day 1 of 10 • 1 day
- 20 Effective Meetings • 1 day

- 23 Prior Learning Assessment (PLA), Day 2 of 10 • 1 day
- 28 Myers-Briggs Type Indicator (MBTI) • 1 day
- 30 Prior Learning Assessment (PLA), Day 3 of 10 • 1 day

### MAY 2010

- 07 Prior Learning Assessment (PLA), Day 4 of 10 • 1 day
- 11-12 New Employee Orientation • 1.5 days
- 12 Future Planning (Civilian Employees under age 45) • 1 day
- 14 Prior Learning Assessment (PLA), Day 5 of 10 • 1 day
- 21 Prior Learning Assessment (PLA), Day 6 of 10 • 1 day
- 28 Prior Learning Assessment (PLA), Day 7 of 10 • 1 day

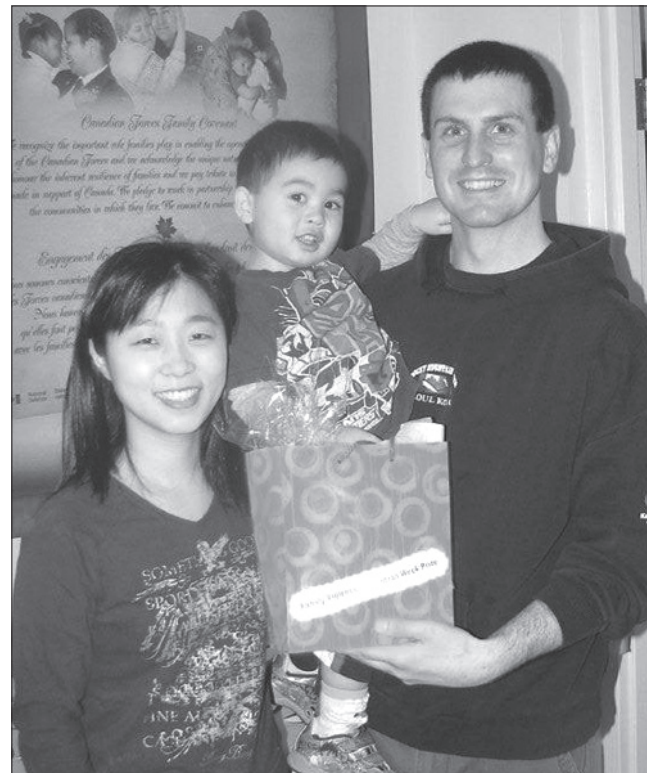
### JUNE 2010

- 01-02 Exploring the Leader in You • 2 days
- 04 Prior Learning Assessment (PLA), Day 8 of 10 • 1 day
- 11 Prior Learning Assessment (PLA), Day 9 of 10 • 1 day
- 15-16 Stepping Up to Supervisor • 2 days
- 18 Prior Learning Assessment (PLA), Day 10 of 10 • 1 day

### JULY 2010

- 06-08 Negotiation Skills • 3 days
- 14 Assertive Communications • 1 day

## Thanks & Congratulations



Submitted by Jennifer Hill, GMFRC Coordinator of Prevention Support and Intervention Services 765-1494 local 1811

Family Violence Awareness Week: "Words are not for hurting; words are for healing".

Thanks to all who participated in our interactive display during Family Violence Awareness Week February 15- 19<sup>th</sup>. The theme for the week was to raise awareness surrounding verbal abuse. Verbal abuse encompasses using words to injure another person which may include name calling, uttering threats, intimidation, criticism, etc.

Thanks everyone who participated in writing a positive inspirational word/quote on our display. Some of the words/quotes included *amazing, confident, smile, laugh & eat tacos, peace, and we support our troops* to name a few.

Congratulations go to The McLaren family who won the prize of motivational wall art.

## ~ Obituary ~

ARSENAULT, Gary Wayne Wilbert  
Kingston, NS

ARSENAULT, Gary Wayne Wilbert - 57, of Kingston, NS passed away on Monday, March 1, 2010 in the Valley Regional Hospital, Kentville. Born in Summerside, PEI he was a son of Rose Adele Arsenault, Wellington, PEI and the late Joseph Albert Arsenault. Gary had retired after 22 years service with the Canadian Forces as a Photo Technician stationed in Trenton, Ontario, Cold Lake, Alta and Greenwood, NS. For the past 11 years he served with the Reserves at 14 Wing Greenwood. He was a member of the Royal Canadian Legion Branch No. 98 Kingston. Gary loved fishing, was an avid golfer and a long time member of the Greenwood Golf Club. Besides his mother, he is survived by his wife and best friend Donna Arsenault (Anderson), Kingston; his son, Matthew Arsenault, Peterborough, ON who was the light of his life; sister, Donna MacLean, Summerside, PEI; brothers, Angus Arsenault, Lexington, Kentucky; Claude Arsenault, Birch Hill, PEI; Steven Arsenault, Sackville, NS and Rob Arsenault, Winnipeg, Manitoba. Cremation has taken place. A Celebration of Life Service will be held 2:00pm Friday, March 5, 2010 in Queen of Heaven Chapel, 14 Wing Greenwood, Father Tim Nelligan officiating beginning with a Royal Canadian Legion Tribute Service conducted by Kingston Branch No. 98. A reception for family and friends will follow the service. Donations in his memory may be made to the Heart & Stroke Foundation of Nova Scotia or Canadian Cancer Society. Arrangements have been entrusted to Middleton Funeral Home, 398 Main St., (902) 825-3448. On-line condolences may be made through: [www.middletonfuneralhome.com](http://www.middletonfuneralhome.com)

## ANNAPOLIS EAST ELEMENTARY SCHOOL



~ The following items are available at the Cafeteria daily ~  
**Sandwiches:** \$2.00; **Wraps** - \$2.00; **Sub Sandwiches** - \$2.00  
 All sandwiches, wraps & subs will include fresh vegetable or fruit on the side.  
**Vegetables & Dip** - \$1.50; **Cheese & Crackers** - \$1.50  
**Fruit & Dip** - \$1.50; **Tossed Salad** - \$2.50 sm \$1.50  
**Caesar Salad** - \$2.50 sm \$1.50; **Spinach Salad** - \$2.50 sm \$1.50  
**Yogurt** - \$1.00; **Yogurt Tubes** - \$1.00; **Yogurt Parfaits** - \$1.25  
**Fresh Fruit:** Apples, Oranges & Bananas - \$1.00; **Fruit Squiggles** - \$1.50  
**Gold Fish Crackers** - \$.45; **Baked Lays** - \$1.50; **Flat Earth** - \$1.50  
**Smart Popcorn** - \$1.50; **Frozen Juice Bars:** Orange & Cherry - \$1.00  
**Rice Crispy Squares** - \$.80; **Smoothies:** Mon, Wed, Fri - \$1.25  
**Juice:** Apple, Orange & Seven Fruit - \$1.00; **Milk** - \$.35; **Water** - \$1.00  
 ~ Canteen Items - CASH ONLY ~

There will be a cost for ALL condiments if your child is not purchasing lunch from the cafeteria.  
**Ketchup, Mustard, Relish** - \$.15 each; **Mayo & Salad Dressings** - \$.30 each  
**Barbecue/Sweet & Sour Sauce** - \$.40 each

We are a NUT & SCENT sensitive school with a smoke-free environment.

**Mar 8<sup>th</sup>:** Vegetable Soup 1.75 • Pancakes with Fresh Fruit 2.50  
 • Yogurt Tube 1.00

**Mar 9<sup>th</sup>:** Macaroni & Hamburger 2.50 • Baked Potato 1.25  
 • Peach Crisp 1.00

**Mar 10<sup>th</sup>:** Beef Noodle Soup 1.75 • Chicken Nuggets & Potato Wedges 2.50 • Sliced Apples 1.00

**Mar 11<sup>th</sup>:** NO SCHOOL FOR STUDENTS

**Mar 12<sup>th</sup>:** Fridge items only - Sandwiches 2.00 • Wraps 2.00  
 • Veggie/Fruit Plates 1.50 • Cheese/crackers 1.50 • Subs 2.00

Daily Specials can be purchased for \$3.25 • Main Entree, Milk & Daily Dessert

## KINGSTON & DISTRICT SCHOOL

Whole Sandwiches		Snacks	
1/2 Sandwiches (Asst. fillings).....	\$1.15	Cheese & Crackers .....	\$1.00
Subs/Kaisers/Wraps.....	\$2.25 - \$2.50	Fresh Fruit.....	\$0.75 - \$1.25
Hot Foods		Gold Fish Crackers.....	\$0.50
One Hot Food Daily.....	\$2.50	Miscellaneous	
Cup of Soup .....	\$1.00	Bread & Butter.....	\$0.50
Bowl of Soup.....	\$2.00	Bagel.....	\$1.25
Beverages		Cream Cheese.....	\$0.50
Milk.....	\$0.35	Cheese Whiz.....	\$0.50
Choc. Milk.....	\$1.30	Freezer Items	
Juice Small.....	\$1.00	Frozen Yogurt.....	\$1.25
Juice Medium.....	\$1.25	Yogurt Tubes.....	\$1.00
Bottled Water.....	\$1.25	Desserts	
Yop.....	\$1.25	Muffins.....	\$1.00
V8 Juice.....	\$1.00	Cookies (small).....	\$0.35
Salads		Biscuits.....	\$1.00
Assorted Salad Plates.....	\$2.50	Yogurt.....	\$1.25
Fruit Plate.....	\$1.75 - \$2.25	Fruit Salad.....	\$1.00
Veggies & Dip.....	\$1.00	Other Assorted Desserts.....	\$0.75
Apple Snacks.....	\$1.00	Special Treat Days.....	\$1.50

**Daily Specials** (Mon-Thur): Price Includes Main Course, Drink and Dessert - \$3.25

**Mon:** Mini Pizza Buns & Orange Wedges; **Tues:** Chicken & Broccoli, Noodle Bake; **Wed:** Potato Wedges & Veggies; **Thurs:** Tacos & Veggies • Cookie Day; **Fri:** Chicken Nuggets with Glazed Carrots

This menu brought to you compliments of:

## FRASER'S PRO Home Centre



**BERWICK** • 1-800-959-3727  
**KINGSTON** • 1-902-765-3111  
**KENTVILLE** • 1-902-678-8044  
**BRIDGETOWN** • 1-902-665-4449  
[www.frasers.ca](http://www.frasers.ca)





# FOR YOUR INFORMATION

## UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS

FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com). These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

### Mid Valley After 5 Women's Connection

The Mid Valley After 5 Women's Connection invites you for coffee, tea and dessert, Thursday, March 11, 2010 from 7:00-9:00 p.m. Please join us as we enjoy a performance from the Scotia Valley Stompers and our Speaker Louise Young tells us about "Searching for Happiness". We meet at the Melvern Square Community Hall, on Bridge ST, in Melvern Square. Cost is 6.00. For more information, or reservations please

call Velma at 825-4747. We are affiliated with Stonecroft Ministries.

### Church Library Hours

The Kingston United Baptist Church Library is open to the public on Thursday evenings 6:30 - 7:30 p.m. Located upstairs in the Christian Education wing. Please use upper side doors off main parking lot. Excellent selection of Christian books, videos, CDs and DVDs. For further info, call 765-6735.

### Helping Others

Are you a senior or someone

who needs help doing a small job around your home? There is help available for people living in the Greenwood / Kingston area. For assistance please call New Beginnings Center at 765-8155 or e-mail [newbeginnings@ns.aliantzinc.ca](mailto:newbeginnings@ns.aliantzinc.ca)

### Church Service

We invite you to the Church Service held each Sunday at 10:45 a.m. at New Beginnings Center in Greenwood. Experience a time of worship and then join us for the lunch which follows. There is also Kid's Church during the Worship Service for children ages 4 - 11 years old.

### Coffee Party

Monday, March 15th, 2010 at 10:00 a.m. to 12:30 p.m. at the Beehive, 1119 Station St., Aylesford. Free will offering, door prizes available. There will also be a bake sale and fabric sale during the party!

### Ins and Outs of

### Dog Agility

Ins and Outs of Dog Agility are the topic for a workshop presented by Brigitte at 14 Wing Library, Wednesday March 24th at 6:30 p.m. Phone 765-1494 ext. 5430 to register. Free will donation appreciated.

### Dahlia's, Everything That You Want To Know

Dahlia's, Everything That You Want To Know will be presented by Nina Dandurand, Dahlia aficionado at 14 Wing Library, Monday March 29th, at 6:30 p.m. Phone 765-1494 ext. 5430 to register. Free will offering is appreciated.

### Annapolis Valley Toastmasters

Develop your communication and leadership skills every Tuesday, 6:30 - 8:00 p.m. at 14 Wing Greenwood, Building B 221, Air Commodore Birchall Training Centre (by the Zedex Theatre). Toastmasters provides a mutually supportive and positive learning environment in which every member can gain

self-confidence and personal growth. We learn by doing. Further information is available at <http://annapolis.freetoasthost.net/> or phone Christine at 825-1061.

### Kingston Lions Community Luncheon

The Noon Luncheon will be held at the Kingston Lions Hall on Tuesday 09 March 2010 from 11:30 a.m. until 1:00 p.m. Menu: Hot Roast Beef Dinner with all the fixins and Desert. Cost: \$8.00 per meal, \$8:50 delivered. Phone 765-2128.

### Kingston Area Seniors Association

Kingston Area Seniors Association meets the second Wednesday of each month at 10:00 a.m. at the Kingston Branch No 98 of the Royal Canadian Legion. Fun day (cards & games) every second and fourth Friday of the month at 1:00 p.m. For more information contact Minnie Rogers at 765-3292.

### Overeaters Anonymous (OA)

Overeaters Anonymous (OA) is a fellowship of men and women who through shared experience and mutual support are recovering from eating disorders that include Bulimics, Anorexics and Overeaters. No dues ... no fees ... no weigh-ins. We are not a diet and calories club. Every Friday at 7:30 p.m., the Kingston Freedom Group meets at the Multi-Addiction Centre Society (MACS), 2080 Bishop Mountain Road, North Kingston. For more information, contact Lorraine at 681-0613. To learn more, visit [www.oa.org](http://www.oa.org).

### Aurora Software Development Unit/14 Software Engineering Squadron 30th Anniversary Celebrations

5th-6th August 2010. Please RSVP to <mailto:30YearsOfSoftware@gmail.com>

[mailto:30YearsOfSoftware@gmail.com?subject=14SES30thAnniversaryRSVP&body=Pleaseindicatewhateventyouwouldliketoparticipatein\(e.g.symposium,golfordaytrip,dinner\),thenumberandnamesofpeopleinyourparty\(ifapplicable\).Aswell,pleaseindicateifyouhaveanyvegetarianorspecialmealrequestsforthedinner.>](mailto:30YearsOfSoftware@gmail.com?subject=14SES30thAnniversaryRSVP&body=Pleaseindicatewhateventyouwouldliketoparticipatein(e.g.symposium,golfordaytrip,dinner),thenumberandnamesofpeopleinyourparty(ifapplicable).Aswell,pleaseindicateifyouhaveanyvegetarianorspecialmealrequestsforthedinner.>) by 1 July 2010. For information and updates, check out our website: English: <http://www.airforce.forces.gc.ca/14w-14e/sqns-escs/page-eng.asp?id=1206>. French: <http://www.airforce.forces.gc.ca/14w-14e/sqns-escs/page-fra.asp?id=1206>

### K'ton/G'wood Living with Cancer Support Group

The Canadian Cancer Society "Living With Cancer" Support Group will hold its March monthly gathering in St. Mark's Protestant Chapel, 14 Wing Greenwood from 7:00-9:00 p.m. Monday, 15 March 10. Guest speaker for the Evening is Canadian Cancer Society District Coordinator, Amanda Bent. Cancer patients, their family and friends or anyone seeking information on cancer are most welcome and encouraged to attend. For information call Lloyd Graham 765-6133 or Lynda Pierce 765-3055.

### 14 Wing Greenwood's 9th Annual Education & Employment Fair

When: 31 Mar 10 from 09:30 - 14:30 hrs. Where: The Annapolis Mess (all lounges). The purpose of the Education & Employment Fair is to inform our employees and their families (who may be seeking further education, employment or transitioning to a second career) about education, potential job opportunities and useful education/employment services in the vicinity. The fair is free of charge and open to Military and DND civilian employees,

their spouses and dependants and all individuals in the community. Ever thought about finishing your high school diploma? Considering a part-time college or university course/program? Wondering what to do as a second career? Want your teenager to get a job or further their education? Then come out to the Education and Employment Fair! There will be booths with information from numerous colleges, universities, government departments, education and employment service organizations along with various companies who are seeking employees. Presented by the WPSO, GM-FRC and LCC. Questions may be directed to Verilea Warren, SCAN/Education Coordinator at 765-1494 ext. 5390.

### Benefit...for Mike Melanson

Mike is a resident of Nictaux who has recently been diagnosed with cancer. Show your support by attending this benefit for Mike. Sunday, March 14th at the Nictaux Fire Hall from 2:00 - 4:00 p.m. Musical acts to include: The Beatons, String Fever, Janice Sheridan, Graham Moorehead & Ruth Manning, Valley Grass. "FREEWILL OFFERING". Door prizes. 50/50 Draw. Bake Table.

### Kingston Health Auxiliary Fashion Show and Luncheon

This wonderful event will be held Friday, 30 April at the Kingston Lions Hall. Tickets are \$20 each. A \$10 tax receipt is available. Advance tickets only may be purchased at the Kingston Pharmasave, Podiatric Clinic (Greenwood Mall), Soldiers Memorial Hospital gift shop, and any member of the Kingston & District Health Auxiliary. Come, enjoy the entertainment, the food and the fashion show in support of our hospitals, VON, Mid-Valley Palliative Care and other health partners.

# HOROSCOPES

March 7 to March 13

### ARIES - Mar 21/Apr 20

Aries, look before you leap or you might find the landing a bit more difficult than you originally thought. A lesson is learned that produces unexpected results.

### TAURUS - Apr 21/May 21

Taurus, a close friend will enlighten you on Tuesday. Information that you had been seeking is brought to light in the strangest way. Work relations are a bit strained.

### GEMINI - May 22/June 21

Get ready for an awe-inspiring adventure this week. It will be a very interesting journey. Take someone you trust along for the trip and you'll have great company.

### CANCER - Jun 22/Jul 22

Others question your motives when you fail to share responsibilities. The benefits are greater when the wealth is spread out. Innovations not tested may prove troublesome.

### LEO - Jul 23/Aug 23

Leo, work matters take a back seat to responsibilities at home. Take these developments in stride and make the most of increased time at home.

### VIRGO - Aug 24/Sept 22

Virgo, you have alienated someone close to you without intending to do so. This is why you are receiving a chilly reception. Make amends before it escalates.

### LIBRA - Sept 23/Oct 23

Libra, now is the time to focus on education. If you were thinking of finishing a degree or going back to school, the opportunity to do so is now.

### SCORPIO - Oct 24/Nov 22

Scorpio, listen to your heart rather than your head this week. Sometimes it pays to forgo an analytical approach. A new friend is on the horizon.

### SAGITTARIUS - Nov 23/Dec 21

Sagittarius, take an organized approach to a task that needs to get done. If you tackle list by list, things won't seem as overwhelming. A family member offers to help.

### CAPRICORN - Dec 22/Jan 20

Others don't trust your motives, Capricorn. They wonder if you are in good health and are thinking clearly. Show them that you are fine and just making a change.

### AQUARIUS - Jan 21/Feb 18

Aquarius, practice patience at home for a few weeks. Your resolve is constantly put to the test. Now is not the time for any rash decisions. Wait things out for a while.

### PISCES - Feb 19/Mar 20

You are searching for something but you don't know just what that is yet. You will learn a lot when you think introspectively.

### FAMOUS BIRTHDAYS

MARCH 7	Rachel Weisz, Actress (40)
MARCH 8	Kat Von D, Tattoo Artist (28)
MARCH 9	Juliette Binoche, Actress (46)
MARCH 10	Carrie Underwood, Singer (27)
MARCH 11	Thora Birch, Actress (28)
MARCH 12	Liza Minnelli, Actress (64)
MARCH 13	Emile Hirsch, Actor (25)


Horoscopes brought to you compliments of:



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## PRESENTS... FIND & WIN

**Just Fill in The Blanks. Three Easy Ways to Enter.**

1. Through our website: [www.auroranewspaper.com](http://www.auroranewspaper.com)
2. Fax: 765-1717
3. Drop into our office located on School Road (Morfee Annex)

**No Central Registry or Canada Post please.**  
**Deadline: Noon, Thursday, March 11, 2010.**  
Make sure you include your full name and phone number.

NAME	PHONE NUMBER
<b>Limited to one win per family in a TWO MONTH PERIOD.</b>	
The winner will be drawn randomly from all correct entries. Only one entry per family per week.	
<b>Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!</b>	
1. What business has fast Economic Convenient Service	_____
2. Who has a 15% Off coupon on any service	_____
3. St Patrick's Day Party starts at what time	_____
4. What is the telephone number for Creative Kids March Break Day Camp	_____
5. Who has 3 small donairs for \$10.99 plus tax	_____



**This contest is brought to you by:**  
**Pizza Delight, Greenwood**  
**765-4477**

**Congratulations to last week's winner: KEVIN KOZORIZ**

## The 107 Valley Wing

904 Central Ave.  
Greenwood



**Air Force Association of Canada**

Open to ALL Members, Serving or Retired, of the

- CAF • Reserves • RCMP •
- Public Service • RCAC •
- Members & Guests •

Do you enjoy a good time in a friendly relaxed atmosphere?

Drop into the 107 Valley Wing and meet our friendly members and staff.

We are open 7 days a week for your convenience.

We are looking for new members!

For more information call 765-8415 after 12:30 p.m.

We also have Catering Service for your Weddings, Section Parties or other celebrations.



# DansXpress Dance Center Dancer's Headed to Walt Disney World!

Submitted by Rebecka Smith

14 local dancers from DansXpress Dance Center in Melvern Square will be leaving Tuesday for their much anticipated Walt Disney World Trip which they have been preparing for since September. The dance troupe which is under the direction of Rebecka Smith, have put together a 5 piece dance show which they will be performing at Waterside Stage in Down Town Disney on Sunday March 13th in front of hundreds of spectators from all over the world!

Over the last few months, the dancers have been meeting twice a week at their newly renovated dance studio in Melvern Square where they have been rehearsing their dances and pulling everything together.

Rebecka Smith (director) initiated this opportunity for the kids back in July when she submitted an audition tape consisting of two of their dance numbers from last season, and full color photographs showing her competitive program in full costinging. "Anyone with a performance group of any kind, be it dance, music or band, can participate in Disney Magic Music Days. It is am amazing opportunity for kids across the world to audition and hopefully perform and I am very blessed to have such a talented group of kids to work with for this project."

"Along with putting the show together, comes the behind the scenes process of raising funds", says Rebecka. "We had an amazing board of directors who were specifically put in place to pool their resources and contacts together and were able to raise close to \$9000 in 4 months, which has helped significantly towards costinging and the dance attire that the group is required to have while they are down in Florida.


The entire group of 33 people consist of dancers, parents and siblings, so this trip is just as much about a family vacation as it is a dance trip. "It was important to me that our experience be as much for the families and siblings as it is for the dancers. I wanted to include all families on this opportunity because of

the location and having a huge support team behind this trip has made it that much more exciting," says Rebecka. "My dance parents have been very supportive and tolerant over the last few months and have been working very hard in helping. Although I have taken care of the planning and organizational details myself along with our travel agency directly associated with Disney, the parents too have played a huge role in rehearsals, costinging and other preparations during this process and for that I am very grateful."

Rebecka also wishes to extend an enormous thanks to her board of director Chair Wayne Fowler for his extensive efforts throughout this venture. Along with Co-Chair Connie Harry, Treasurer Carol Breckon and Secretary Tracey Everett, and all of the parent volunteers, this group has truly been a pleasure to work with and many thanks to everyone for the hours and hours of time put into this trip. "I would like to send a special thank you to all the local businesses and individual sponsors for all of your donations. We truly believe that without your support, our trip would not be possible and I am very thankful to be part of a supportive community who also sees how very talented our dancers at DansXpress Dance Center are."

For information on DansXpress Dance Center and its programs, check out their website at [www.dansxpressdancecenter.com](http://www.dansxpressdancecenter.com) or email the school directly at [info@dansxpressdancecenter.com](mailto:info@dansxpressdancecenter.com).

## CUCINA AURORA



### Garlic Puffed Spuds

4 tbs. Melted butter  
2 cups Mashed potatoes  
2 Egg yolks  
1/2 tsp. Salt  
1/4 tsp. Nutmeg  
1 Garlic clove, crushed

Melt butter in saucepan and mix potatoes, egg yolks and butter together. Add all other ingredients, mixing well. Place spoonfuls of the potato mixture on greased serving dish and place under preheated broiler for 5 minutes, or until golden brown.

## Canadiana Crossword

### Manitoba Miscellany

Solution page 18

By Bernice Rosella and James Kilner

1	2	3	4	5	6	7	8	9	10	11
12				13			14			
15				16			17			
18				19			20			
21						22				
23	24	25			26			27	28	29
30				31				32		
33			34	35			36	37		
38						39				
40	41	42			43			44	45	46
47					48			49		
50					51			52		
53					54			55		

**ACROSS**  
1 Knight's money clip (OE)  
5 Printer's concern  
8 Moby Dick pursuer  
12 German river  
13 Swiss river  
14 Comic strip character  
15 Singing voice  
16 Manitoba's motto part 1  
18 Beverage wagon  
20 Hell  
21 Employ  
22 In an  
23 Wound  
26 Provincial bird of Manitoba  
30 Criticize harshly  
31 Opener  
32 Contest  
33 Manitoba's motto part 2  
36 Southern Siouans

**DOWN**  
1 Achievement  
2 At rest  
3 Bristle  
4 Manitoba's flower  
5 Tidal bore  
6 Milkshake  
7 Sign of a sell out  
8 Bee place  
9 Car part  
10 Flu  
11 Overseer  
17 Titaness

19 Shade tree  
22 Snoot  
23 Resort  
24 Computer net.  
25 Plus  
26 Command right  
27 Eggs  
28 Toupe  
29 Jeans maker  
31 Cask  
34 Periphery  
35 Indian noble woman  
36 Zilch zero zip  
37 Manitoba's tree  
39 African tribesman  
40 It was, poetically  
41 Latvian Capital  
42 Soon  
43 Computer key  
44 Daminozide  
45 Portage and  
46 Montgomery heroine

Weekly Crossword brought to you compliments of:

## Sudoku

Solution page 18

			8		5	3		
	7	2	4	3	9			
3		8	6	2			4	
			1			7		
				9	3			8
	1	3	5	6	7		2	
	3	1				4		6
	8	7		1				
	6	5	7				8	3


Level: Beginner

**Fun By The Numbers**  
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku brought to you compliments of:

### 'STAGE 2'

Appliance expert  
Sales & Service




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• Furniture & Appliances

963 Main Street  
Port Williams  
542-7888 or 1-800-257-6314  
Mon-Wed: 8-5:30 Thurs-Fri: 8-9 Sat: 8-4


## PATRICK'S PUZZLE

### Creative Coloring


Celebrate March Madness.  
Color in this picture to create your own masterpiece.



Patrick's Puzzle brought to you compliments of:




Greenwood Mall



authorized dealer  
Cellular Sales & Service  
Authorized Product Care Centre  
765-2415

Peter Hebb at 59 Webster St., Kentville, N.S.

1-800-565-2605  
Cell: 825-8157



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# Classified Ads

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX or Debit or Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

To place a Classified Ad by Word Count call Candace Ernst at 765-1494 local 5440. The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com). Fax: 765-1717.

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.

## FOR SALE

**FOR SALE** – Giant Book Sale, Guzzie's Book Store. Located on Main Street in Kingston. Closing out sale. Books 2 for 1. Hours Tuesday to Saturday 10:30 to 5 pm. No exchanges accepted. Cash Sale Only. (3110-2tpb)

**C. HANSON DOWELL, Q.C.**  
250 Main St., Middleton  
**825-3059**

## PARKER & RICHTER

Barristers, Solicitors, Notaries  
**Chris Parker L.L.B.**  
**Ronald D. Richter**  
(B.A. Hon.), L.L.B.  
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Greenwood N.S.  
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Fax: 902-765-4120  
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820 Main Street, Kingston  
**765-2544 765-2555**

## FOR RENT

**FOR RENT - LINCOLNSHIRE**  
APT AVAILABLE, March & May. 2 bedroom apartment \$575.00 month excludes utilities. Live-in Super, secured building. Please call 765-6669. (3102-ufnB)

**FOR RENT** – 2-bedroom duplex in Greenwood. Walking distance to mall. \$665.00 a



Barristers • Solicitors • Notaries

**Stephen I. Cole, LL.B.**  
**Craig G. Sawler, LL.B.**  
264 Main Street, Middleton, N.S.  
Tel: 902-825-6288  
Fax: 902-825-4340  
Email: [info@colesawlerlaw.ca](mailto:info@colesawlerlaw.ca)  
Website: [www.colesawlerlaw.ca](http://www.colesawlerlaw.ca)  
Evening and Weekend Appointments Available

month. Lights and heat included. Call 765-4132. (3102-ufn)

**FOR RENT** – Fully furnished, one bedroom adult apartment on ground level. Newly decorated, clean and modern. Separate entrance, ample parking. All utilities included in rent. Located in Aylesford, adjacent to the 101 Highway. Nine minutes to CFB Greenwood making it ideal for armed forces personnel on imposed restrictions. Smoke free, laundry facilities available. Application form, references and security deposit required. Please call 847-9244 or 847-1268 or e-mail us at

## DAN'S FIREWOOD

Hardwood, \$180 a cord  
Softwood, \$140 a cord  
Cut, Split, Delivered  
**Ph: 825-6424**



[jackliv@eastlink.ca](mailto:jackliv@eastlink.ca). Available April 1, 10. (3106-6tpB)

**FOR RENT** – Two Bedroom Apt Available April 1st. Modern, adult security building. Large rooms, quiet neighborhood. References required. To view call 765-4946 anytime. Rent \$550.00 a month plus utilities. (3110-2tpb)

**FOR RENT** – Two Bedroom duplex located in Greenwood. Walking distance to Greenwood Mall. \$475.00 a month. Nothing included. Phone 848-6486. (3110-1tp)

**FOR RENT** – Office space to rent in CANEX mall. 14 Wing Greenwood. 431 sq ft. Contact Ken Keddy at 765-6994 local 5423. (3108-3tp)

## SERVICES

**DROP & LOCK STORAGE**

## GUITAR GURU GUITAR LESSONS

Play & Learn in our comfortable home studio  
Electric or Acoustic Guitar  
All ages, all styles of music  
Beginner to Advanced  
Over 26 years experience  
Call Steve 825-6553

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20 YEARS OF EXPERIENCE!  
\$100 OFF DEDUCTIBLE  
FOR INSURANCE WINDSHIELD CLAIMS  
Middleton 825-3659 or Digby 245-8165

– Kingston/Greenwood's newest building, clean, secure self storage your lock—your security code sizes: 10' x 10' or 5' x 10' 847-1405 or 760-0278. (2903-ufnB)

**SERVICE** – Self Storage located in Kingston, units available 5'x12', 5'x13', 8'x10'. Prices vary call 825-3607. (2931-ufnB)

**SERVICE** – Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates – flexible hours Call Mike at 242-2465 Greenwood/Kingston (3024-ufn)

**SERVICE - CHILDCARE PROVIDER.** Childcare available in my home Monday-Friday with flexible hours. Healthy snacks and lunch provided.

vided. Semi-structured days with lots of indoor and outdoor activities. Centrally located in Kingston. Reasonable rate and references provided. Call Heather at 765-3825. (3107-4tpB)

**SERVICE** – Ms. Lori's family daycare has 2 full time spots available. Early childhood educator with programs from 12 months to 5 years. Country home. 5 minutes from Greenwood Mall. Phone 765-0684. (3107-4tp)

**SERVICE** – Seamstress, Pants hemmed for \$8.00/pair, other alterations done by the piece. Will do small projects as well. Call Tammy at 825-4871. (3110-4tp)

## EMPLOYMENT

**EMPLOYMENT** – Seeking class 3 Truck driver with

## Work from Home

Operate a Mini-Office Outlet from your Home computer  
Free Evaluation.

[www.see-it-do-it.com](http://www.see-it-do-it.com)

## FOR RENT 2 Bedroom 2 Storey Duplex

1017 Kenwood Ave., Very close to Greenwood Mall  
New renovations  
Large size bedrooms  
Adult resident building  
Oil forced air  
\$475 a month  
Call 765-4911 ext 17

**Air Brake Endorsement** to operate vacuum truck in Western Nova Scotia/Metro area. WHIMIS and Emergency First Aid Needed. TDG training, welding experience and mechanical abilities not required but would be an asset. Full time seasonal position commencing mid to late April. Salary to be negotiated. Please include current copy of driver's abstract. Mail or fax to: Loomer's Pumping Service Limited. Box 633, Kingston, NS. BOP 1R0 or phone 765-2774 or fax 765-0144. (3109-2tpb)

**EMPLOYMENT** – Seeking labourer for dewatering plant/composting operation. WHIMIS and Emergency First Aid Training Needed. Mechanical abilities not required but would be an asset. Will train for dewatering operation. This is a full time seasonal position commencing early to mid May. Salary to be negotiated. Please include current copy of driver's abstract. Mail or fax to: Loomer's Pumping Service Limited. Box 633, Kingston, NS. BOP 1R0 or phone 765-2774 or fax 765-0144. (3109-2tpb)

## Future Glass and Mirror Ltd.

Sampson Dr., Greenwood  
902-765-2105  
SPECIALIZING REPAIRS/ REPLACEMENTS OF WINDSHIELDS  
ALSO: \*plateglass \*mirrors \*plexiglass \*vehicle accessories \*window & screen repairs  
Many Used Windshields Available at Reduced Prices  
"INSURANCE CLAIMS OUR SPECIALTY"

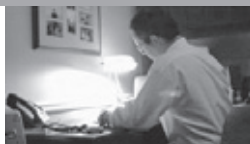
## David A. Proudfoot

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811 Central Avenue, PO Box 100  
Greenwood, NS BOP 1N0

Email: [dap@davidproudfoot.com](mailto:dap@davidproudfoot.com)  
Web: [www.davidproudfoot.com](http://www.davidproudfoot.com)

T: 902-765-3301 F: 902-765-6493



- Real Estate
- Family Law
- Wills / Estates
- Litigation
- Incorporations
- Consultations / Referrals

## Crossword Solution

F	I	S	C		E	M	S		A	H	A	B
E	D	E	R		A	A	R		P	O	G	O
A	L	T	O		G	L	O		R	I	O	U
T	E	A	C	A	R	T			H	A	D	E
					U	S	E		P	E	R	
S	L	A	S	H		G	R	A	Y	O	W	L
P	A	N			K	E	Y			V	I	E
A	N	D	F	R	E	E			O	S	A	G
					R	A	G		P	O	P	
T	R	A	I	N		D	I	O	R	A	M	A
W	I	N	N	I	P	E	G			U	L	A
A	G	O	G			E	L	M		C	A	I
S	A	N	E			N	E	Y		E	R	N

## Sudoku Solution

1	4	6	8	7	5	3	9	2
5	7	2	4	3	9	8	6	1
3	9	8	6	2	1	5	4	7
6	2	9	1	8	4	7	3	5
7	5	4	2	9	3	6	1	8
8	1	3	5	6	7	9	2	4
2	3	1	9	5	8	4	7	6
4	8	7	3	1	6	2	5	9
9	6	5	7	4	2	1	8	3

## JASON BEZANSON ROOFING & CONSTRUCTION

9594 South Farmington  
RR1 Wilmot, NS BOP 1W0  
840-0552

Specializing in Roofing • Free Estimates

## RED FRIDAY

Don't forget to wear RED on Friday to show your support to the troops. There is no better way to make a statement and to say thank you to the men and women of the Canadian Forces than to proudly wear red on Friday. Drop by the Greenwood Military Family Resource Centre (GMFRC) to see us and buy a T-shirt to show your support!!! 100% of proceeds from the sale of Red T-shirts go directly to support GMFRC programs and services.

For more information please contact Michelle Thibodeau Wagner, GMFRC Coordinator of Special Events and Promotions at 765-1494 local 1421 or email at [michelle.thibodeau-wagner@forces.gc.ca](mailto:michelle.thibodeau-wagner@forces.gc.ca).



## Cam's Cab



**765-2300**  
7 DAYS A WEEK

**JOIN CAB CLUB!**  
9 Trips and the 10th is FREE • Applies to local fares only.

**Seniors discount**  
everyday on local fares



# Kingston- Greenwood Soccer Club Registration 2010

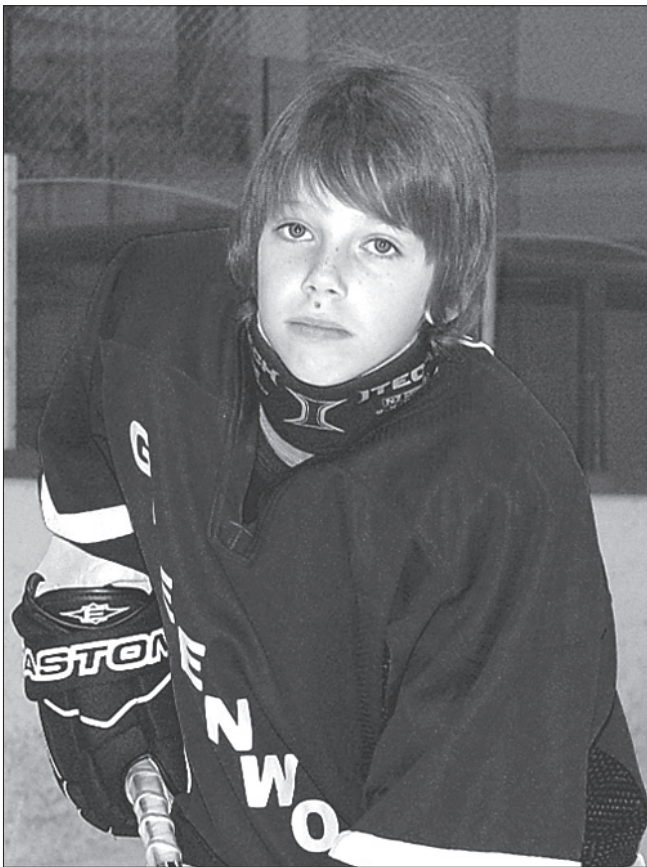
**At the 14 Wing Community Center**  
March 27 2 pm – 4 pm (cash/chq ONLY)  
March 28 2 pm – 4 pm (cash/chq ONLY)  
April 10 2 pm – 4 pm (cash/chq ONLY)

**At the 14 Wing Community Center Reception Desk**  
March 29-31 8:30 am – 4:30 pm  
(the only time and place to use debit/master card/visa)

**Registration Fees**  
Save \$25 per player by registering by April 10<sup>th</sup>, 2010

	By April 10th	After April 10th
Men's Masters	\$ 145.00	\$ 170.00
U16 & U18	\$ 120.00	\$ 145.00
U12 & U14	\$ 110.00	\$ 135.00
U8 & U10	\$ 75.00	\$ 100.00
U6	\$ 50.00	\$ 75.00
4 Yrs Parent & Tot	\$ 50.00	\$ 75.00

You MUST have the player's HEALTH CARD at time of registration and Rec Cards for a \$5.00 discount.  
You MUST have \$50 Jersey deposit cheque per player.  
For more information, and to access a registration form to have ready for registration, please check out our website: <http://kingstongreenwoodsoccer.org>  
Or contact Michelle Cummings (registrar) at soccer\_registration@hotmail.com



## Greenwood Atom A Bombers Players of the Week

**Grant Whiting**  
Position: Left Wing  
Number: 7  
Favourite Hockey Team: Ottawa Senators  
Favourite Hockey Player: Daniel Alfredson  
What he would like to be when he grows up: an actor or policeman

**Mitchell Hickey**  
Position: Right Wing  
Number: 10  
Favourite Hockey Team: Washington Capitals  
Favourite Hockey Player: Alex Ovechkin  
What he would like to be when he grows up: NHL Player

# Auxiliary Report of Disbursement

The Kingston and District Health Auxiliary disbursements from our fundraising efforts for 2009 are as follows:  
VON - \$2,500.00  
Mid-Valley Palliative Care - \$2,000.00  
SMH Foundation - \$3,000.00  
WKMH Rehab - \$300.00  
Valley Regional Hospital - \$1,400.00  
Valley Regional Campaign - \$500.00  
Fidelis House - \$300.00  
Valley Cardiac Rehab - \$300.00  
Total Disbursements: \$10,300

It's thanks to our wonderful public and community business support that we are once again able to help fund important AVH projects. Watch for up-coming events including our first Coffee Party of the year on April 9th at the Fire Hall and a new venture this year - a Fashion Show and luncheon on April

30th. These events will be advertised and we hope to see you all there."

...let's talk about **YOU**  
Send your articles and photos to:  
[aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com)

# Maple Leafs Trivia

By: Bill Sheridan

1. What was the first NHL team to win the Stanley Cup?
2. How many times have the Leafs and franchise won the cup?
3. What street is Maple Leaf Gardens on?
4. What Leaf has appeared on the first all-star team the most times?
5. Who changed the name of the franchise and why?
6. How long has it been since the Leafs last won the cup?
7. What's the most consecutive times the Leafs won the cup?
8. Who were the last Leafs to be awarded the Calder Trophy and the Conn Smythe Trophy?
9. Who was the first 50 goal scorer for the Leafs?
10. Who are the only two Leafs to win the Hart trophy for MVP?
11. What former Captain played the most games in a Leaf jersey?

**Answers:**

1. Early Leafs franchise called the Arenas 1918.
2. Leafs 11. Franchise 13, aka St Pats and Arenas

3. Carlton Street in downtown Toronto
4. Busher Jackson, 4 times in 30's.
5. Conn Smythe, named for the Maple Leaf Regiment of WWI.
6. 42 years and counting.
7. Three straight, twice, 47-9 and 62-4
8. Calder- Britt Selby, 1966 and Conn Smythe-Dave Keon. 1967
9. Rick Vaive, March 24, 1982, against Mike Liut of the Blues.
10. Ted Kennedy, 1955 and Babe Pratt 1944.
11. George Armstrong 1187.

## Business of the Week is Back!

Due to popular demand, The Aurora Newspaper is delighted to once again offer you the opportunity to participate in our **Business of the Week** advertising feature. The idea is simple:

- Six businesses run a business card ad for six weeks
- Each week one of the businesses will be featured as the **Business of the Week**
- The featured business will have the opportunity to work with the Marketing Consultant in developing a write up that can include a photo and approximately 500 words of copy

The cost for this is only  
**\$199.00 tax incl.** per business

For more information on how you can take part in this exciting feature (**space is limited so don't delay!**) please contact:



**Anne Kempton**  
Marketing Consultant  
The Aurora Newspaper  
765-1494 ext. 5833  
[aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com)  
[www.auroranewspaper.com](http://www.auroranewspaper.com)



# TOEPICS - Greenwood Skaters Crowned Provincial Champs

**Submitted by: Cheryle Gaston**

A very successful skating season was topped off on

February 21st in Truro as several Greenwood Skaters walked away from the Provincial Starskate

Championships with Provincial titles in hand.

Gabrielle Crossley, Alex Robert and Meghan Breckon won gold, and bragging rights, in Pre-Preliminary Ladies, Preliminary Men and Junior Silver Short respectively. Meghan added a silver medal in Junior Silver Freeskate. Alyssa Aquino took silver in Junior Silver Short and Erika Rice grabbed Bronze in Senior Bronze Short. Other strong performances were delivered by Hayley Vandenhuevel, Ashley Williams and Adriannah Miller was a close 4th in her first provincial event. Even though our group was small, the Greenwood Skaters are always noticed and are taken seriously by their peers as strong competitors. Congratulations to all the skaters who represented us this year.

## Karen Norman Funs skate

If you are out in the area on Sunday, March 7th, drop into the Greenwood arena and check out the fun being had by young Canskaters from across our region. The Karen Norman Funs skate marks the end of the

regular Canskate season.

## Spring Sessions - Powerskate / Canskate / Etc.

The Greenwood Skating Club has finalized plans for the upcoming spring sessions

in April and May - if you are interested in signing up for Powerskate or Canskate lessons, you can pick up registration forms at the arena or contact [cjbreckon@ns.sympatico.ca](mailto:cjbreckon@ns.sympatico.ca) or [sk8gr8@bellaliant.net](mailto:sk8gr8@bellaliant.net). Keep looking in TOEPICS for information about upcoming events such as the Doug Leigh Seminar and our End-of-season Banquet!

ns.sympatico.ca or [sk8gr8@bellaliant.net](mailto:sk8gr8@bellaliant.net). Keep looking in TOEPICS for information about upcoming events such as the Doug Leigh Seminar and our End-of-season Banquet!



## Strengthening Families

# Together

Helping Canadians Live with Mental Illness

Do you have a relative or friend with a serious mental illness? Would you like to learn more about his or her illness?

**Strengthening Families Together**, a 10-session group for families and friends, providing information, skill building and support

You will learn about:

- Getting help early, and recovering
- Treatment and Supports
- Coping with challenges of daily living
- Finding your way through the mental health system
- The importance of taking care of yourself, too.

The Schizophrenia Society of Nova Scotia - Kings County Chapter is hosting the next group

**Starting Tuesday, 16 March 2010**

Register today

Phone: Pat at 678-8458 or Penni at 678-1229

**SESSIONS ARE FREE**



**Provincial Champions - Back row - L-R: Erika Rice, Alyssa Aquino, Meghan Breckon, Hayley Vandenhuevel, Ashley Williams. Front row: Audrey Duquette, Gabrielle Crossley, Alex Robert. Missing - Adriannah Miller**

## Combien de portes une éducation en français ouvre-t-elle à vos enfants? Toutes!



La Semaine de la promotion de l'éducation acadienne et francophone en Nouvelle-Écosse se déroule du 8 au 12 mars 2010. Dans le cadre des activités entourant cette semaine, les 19 écoles du Conseil scolaire acadien provincial (CSAP) organisent des portes ouvertes.

C'est l'occasion idéale d'apprendre de quelle façon vous ou votre enfant sera avantagé sur le plan culturel, social et économique en fréquentant l'un des centres de la petite enfance, l'une des écoles élémentaire ou secondaire, une institution post-secondaire ou l'un des cours d'alphabétisation. Il y a aussi plusieurs programmes et services reliés à la petite enfance disponibles dans les communautés acadiennes et francophones. Ces programmes et services offrent des expériences en développement du langage à partir d'un très jeune âge.

Si vous, votre conjoint ou conjointe ou un grand-parent est Acadien ou francophone, vous avez l'opportunité de faire profiter votre enfant de meilleurs avantages de vie.

Pourquoi ne pas en profiter? Durant la semaine, visitez l'une des écoles du CSAP de la Nouvelle-Écosse et voyez de quelle façon cet avantage peut améliorer l'avenir de votre enfant. Téléphonnez à l'école la plus près de chez vous si la date des portes ouvertes ne vous convient pas. Le transport est fourni aux élèves dans les régions géographiques de chaque école.

## Participez au tirage du prix de présence de 500 \$!

**École Rose-des-Vents**

6, chemin Bedford, Greenwood, N.-É. – 765-7100

Portes ouvertes : le mercredi 10 mars de 9 h à 14 h

Spectacle : (entrée libre) le mercredi 10 mars à 19 h

## Vivre en français, c'est à ton avantage!

[www.educationenfrancais.ca](http://www.educationenfrancais.ca)

Projet de huit (8) organisations qui partagent les mêmes buts en éducation : Conseil scolaire acadien provincial (CSAP), Équipe d'alphabétisation-Nouvelle-Écosse; Université Sainte-Anne (USA), Fédération des parents acadiens de la Nouvelle-Écosse (FPANE), Centre provincial de ressources préscolaires (CPRPS), Conseil jeunesse provincial (CJP), ministère de l'Éducation & ministère du Travail et du développement de la main d'œuvre de la Nouvelle-Écosse.

## How many doors offer life advantages for Acadian and Francophone children? Every one of them!

During the week of March 8-12, 2010, all 19 Nova Scotia's Conseil scolaire acadien provincial (CSAP) schools will be holding open house events. Parents can learn how sending Acadian and Francophone children to any one these schools will open doors of opportunity for their children.

If you, your spouse or one of your grandparents is Acadian or Francophone, this is your opportunity to offer your children cultural, social and even economic life advantages. You can achieve this by sending your children to one of the CSAP early childhood centres, elementary or secondary schools, post-secondary or one of the courses in adult education. Many early childhood programs and services are available in the Acadian and Francophone communities. These programs and services offer an array of early language learning experiences to the young child.

French language post-secondary education at both the collegiate and university levels are also available in Nova Scotia. Many adults have rediscovered their French language and heritage through literacy courses.

It's your heritage, so why not take advantage of it? Visit the school nearest you listed below to learn about offering a better life for your child. Call the school for an appointment if the date of the open house is not convenient for you. Student transportation is provided in the geographical area of each school.

## Enter the door prize draw for a chance to win \$500 in cash!

**École Rose-des-Vents**

6 Bedford Road, Greenwood, NS – 765-7100

Portes ouvertes : le mercredi 10 mars de 9 h à 14 h

Spectacle : (entrée libre) le mercredi 10 mars à 19 h

## Living in French, it's to your advantage!

[www.educationenfrancais.ca](http://www.educationenfrancais.ca)

Project of eight (8) organisations sharing the same goals in education : Conseil scolaire acadien provincial (CSAP), Équipe d'alphabétisation-Nouvelle-Écosse; Université Sainte-Anne (USA), Fédération des parents acadiens de la Nouvelle-Écosse (FPANE), Centre provincial de ressources préscolaires (CPRPS), Conseil jeunesse provincial (CJP), Nova Scotia Department of Education & Department of Labor & Work Force Development.

