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Judged the "Best Canadian Forces Newspaper 2009" by the Canadian Community Newspapers Association

VOL. 31 NO. 09 MARCH 1, 2010 NO CHARGE
14 WING • ESCADRE 14 GREENWOOD, NS

The Aurora newspaper



Centennial of Flight Monument Unveiling

The official unveiling of the Centennial of Flight (C of F) monument at the 14 Wing Aviation Museum Commemorative Memorial Garden. MPP Leo Glavine (tan coat), Lieutenant Colonel PF Garbutt 16 Wing Commanding Officer (CO) (former chair of C of F committee), Honourable Greg Kerr MLA, 14 Wing CO Colonel Bill Seymour and 14 Wing Chief Warrant Officer Jim Jardine.

(Image by: Sgt Pete Nicholson, 14 Wing Photo Journalist)

Sergeant Pete Nicholson - 14 Wing Photo Journalist & Captain Scott Spurr - Wing Public Affairs Officer

On February 23, 2010 under somewhat cloudy skies, 14 Wing Greenwood unveiled a monument at its Museum's Commemorative Memorial Garden Aviation Park to honour the Centennial of Flight in Canada. On hand for the dedication was the Wing Commander, Colonel Bill Seymour, the Wing's Chief Warrant Officer, Jim Jardine,

Member of Parliament, Greg Kerr, local Member of the Legislative Assembly, Leo Glavine, various officials from the Villages of Kingston and Greenwood, plus Kings County, local Legion members, representatives from the Royal Canadian Air Force Association, plus several military personnel.

It all started back in 2008 when the Centennial of Flight Committee was organized under the direction of Lieutenant Colonel Philip Garbutt

(who at the time was the Commanding Officer of 14 Air Maintenance Squadron). The Committee was responsible for implementing the challenging campaign plan that was developed to commemorate the 100th Anniversary of powered flight in Canada.

Alexander Graham Bell and his Aerial Experimental Association finally after years of planning and preparation managed to launch a flimsy craft called the "Silver Dart" into the air

... story continued on page 2.

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Centennial of Flight Monument Unveiling

... cover story continued.

at Baddeck, Nova Scotia on February 23, 1909. The feat was historical in nature and started aviation in Canada. The Air Force and the government of Canada held a series of events throughout 2009 to honour this milestone. 14 Wing Greenwood was perhaps the most pro-active of all of the Wings in Canada with its series of activities and the dedication of this obelisk shaped stone was the final act that signalled the conclusion of the Base's campaign plan.

The Wing had several different events throughout last year which included several hundred volunteers that donated their time to ensure that all of the activities were successful. Starting in February 09 some of the more memorable ones included the Silver Dart replica flight in Baddeck, Vintage Wings Winter Carnival, a

huge Mess Dinner honouring the Air Force birthday in April. The month of May saw the Future Flyers Meet the Snowbirds and A Night at the Museum. A Run the Runway event was held in June with the Silver Dart weekend in August featuring antique aircraft and cars. A golf tournament was held towards the end of the year along with a Christmas concert just to name a few.

The monument is located at the foot of a hill to the left of the Lancaster in the park and the inscription on it reads: "Dedicated to the Aviation Pioneers Who Dared to Dream, The Men And Women They Inspired, And Those Who Continue to Imagine."

After the dedication at the park everyone was invited to the Annapolis Mess to watch 14 Wing Imaging Section's year long production of the Centennial of Flight video. This was a

spectacular compilation of video clips and still images depicting the various events and activities that were held at the Wing over the last year.

The design drawings for the monument were done by graphic artist Bruce Gormley and the stone was produced and installed by Heritage Memorials in Windsor under the direction of Mr. Doug Murley. This occasion would not have been possible without the hard work and coordination of the following individuals: Major Tom Gorman, Major Richard LeBlanc, Bryan Nelson and Sergeant Craig Collins. Thanks also must go to the National Centennial of Flight Committee headed by Brigadier General Gaston Cloutier, which provided financial support for the production of the monument.

Royal Canadian Legion Br. 098 Poppy Campaign Thank You

The Royal Canadian Legion Alvin H. Foster MM Memorial Branch No. 098 of Kingston would like to take this opportunity to give our heartfelt thanks to the public for their generous support in our 2009 Poppy Campaign. We also send our sincere appreciation to all the local businesses who contributed support by either donation, poppy tray or the purchase of a wreath and to all individuals who purchased wreaths in memory of loved ones. We apologize if anyone was missed, it was not our intention and again, we thank you all.

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**Seeking Princess
Greenwood and
Child Attendant
for 78th Apple Blossom**

The Village of Greenwood is seeking candidates for Princess Greenwood and Child Attendant for the 78th annual Apple Blossom Festival.

Candidates for Princess must be between the ages of 19 and 23 (by December 31, 2010) and be from the Kingston Volunteer Fire Department district. Child attendants must be between 8 and 9 years old by May 2010. **Deadline for applications is no later than April 9th, 2010.**

Applications may be picked up at the Greenwood Village office at 904 Central Avenue between 8 am and 1 pm.
For further information please contact Sharon Lutz at scasl@eastlink.ca. or 765-8788.



Join the Conversation! On Military Family Support Services

Col Bill Seymour invites CF family members to attend a community conversation to discuss, what we do well and what possibilities there are for improvement at 14 Wing Greenwood

Your opportunity to discuss full range of support services; medical, mental health, care of the ill and injured, social, recreational, family, and others.

Discussion facilitated by Director Military Family Services
Field Operations Manager

Location: Annapolis Mess

When: 11 March 10, 1830 hours

Childcare: Free on site, please preregister by 9 March by calling 5611 during business hours

Participez aux discussions! Communauté de pensée sur les services de soutien aux familles des militaires

Col Bill Seymour invite les membres des familles des FC à assister à un rassemblement communautaire pour discuter de ce qui fonctionne bien et des améliorations à apporter à 14 Escadre de Greenwood.

Une occasion de discuter de la gamme complète des services de soutien : médicaux, santé mentale, soins aux malades et aux blessés, soutien social, loisirs, familles et autres.

Rencontre animée par le gestionnaire des opérations régionales de la Direction des services aux familles des militaires

Endroit : Annapolis Mess

Date et heure : 11 mars 10, 1830 heures

Services de garde : Gratuit sur place, pré-enregistrement avant le 9 mars en téléphonant le 5611 pendant les heures ouvrables

Annual Directorate of Flight Safety Visit 9-12 Mar 10

The annual Directorate of Flight Safety (DFS) briefings and visit by the DFS Colonel Doiron and CWO McCoy will take place 9-12 Mar 10. This visit is



always the highlight of the flight safety year as it allows DFS to meet with 14 Wing personnel, and to deliver a series of educational Flight Safety presentations to all Wing personnel. As in previous years, the briefing will review the past year's significant incidents and

accidents providing some analysis of trends and highlighting concerns in our flying

operations. This annual visit to the Wing is an opportunity for 14 Wing personnel to learn of flight safety issues concerning 14 Wing and other Wings.

Flight Safety is an ongoing process that all members of 14 Wing are responsible to maintain. The safe conduct

of flying operations, support to flying operations and prevention of accidental losses of personnel and aviation resources remain essential elements of our operational effectiveness.

The Wing Commander, Colonel W.F. Seymour, and the Wing Flight Safety Officer, Major Carl Rioux, highly encourage all personnel to attend one of the briefings. So

please make the effort to take in one of the briefs and meet the DFS team.

To ensure maximum participation and to meet personnel schedules DFS will be providing five separate briefs as scheduled below:

09 Mar 09 - Birchall Training Centre Theatre, 0900 hrs and 13:00 hrs; All Wing personnel invited. **Note: Only**

180 seats available

10 Mar 09 - Birchall Training Centre Theatre, 1300 hrs; All Wing personnel invited. **Note: Only 180 seats available**

10 Mar 09 - Hornell Centre Theatre, 1800 hrs; All Wing Evening Shifts invited.

11 Mar 09 - Birchall Training Centre Theatre, 1300 hrs; All Wing personnel invited. **Note: Only 180 seats available**

Further information can be obtained from the WFS office local 3679 or 3749. See you there!



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PSP Corner

Make your March Break an Active One with your Community Recreation Card!

By: Eric MacKenzie, Community Recreation Coordinator

March break is only two weeks away and you can make this upcoming break an active week, as a result of the many benefits of having a 14 Wing Community Recreation Card!

The Fitness and Sports Centre is a great resource that allows you to stay active and have fun with your family during March break. The Sports Stores provides Cross Country Ski rentals for anyone with a 14 Wing Community Recreation Card for Free! If you enjoyed our Family Snowshoe and Sleigh Ride day, you can sign out snowshoes for a rental fee of \$2.00 a day, \$5.00 for the weekend (pick up on Friday and return on Monday) or \$10.00 for the week. For more information, please contact the Fitness and Sports Centre Sports Stores at 765-1494 ext. 5106.

Another benefit that you can take advantage of during this week is the Community Recreation Card discount at Ski Martock! Skiing is an excellent way for the family to exercise

and have fun. Ski Martock, located roughly an hour away outside of Windsor, will once again offer day lift tickets of \$15.00 for all ages. If you have the desire to sky but do not have the necessary equipment, then they offer equipment rentals for adults at \$25.00 a day and only \$22.00 a day for juniors. These discount coupons are available at Ski Martock! To contact Ski Martock, please call 902 798-9501.

Public Skating is another wonderful way to be active as a family, and this form of exercise is available everyday during March break, including Saturday and Sunday, to all 14 Wing Community Recreation Card holders for free! Due to March break hockey schedules, the times for public skating have yet to be finalized but please call 765-1494 ext. 5305 to find out closer to the date.

The 14 Wing Community Centre has season tickets to the Halifax Mooseheads but the Mooseheads will not be playing any home games, during March break, due to the Tim Hortons

Brier. However, the Tim Hortons Brier will be a unique way to kick start your holiday by watching the best Men's curlers in our country represent their province and compete for a national title, in Halifax, from March 6-14th. For more information, please visit <http://www.seasonofchampions.ca/2010brier/>

Our popular March Break Camps will once again be offered, Monday to Friday from 9:00 a.m.-3:00 p.m., for youth between the ages of 6-12. Our prices are \$65.00 for a child and \$60.00 a day for each additional child or \$15.00 a day. Both before and after care will be available from 7:30 - 9:00 a.m. and 3:00 - 4:30 p.m. for \$10.00 per service for the week or \$3.00 per service for each day. Registration begins at 9am on Wednesday March 3rd but for more information; please see the March Break Day Camp article and poster in this week's edition.

Other youth programs include our weekly Boys Club and Active Chicks programs for ages 9-12, and Teen Activity program for both girls and boys between the ages of 13-18. The 14 Wing Community Centre also offers a weekly Movie Night every Saturday for Pre-Teens (ages 9-12) from 6:00 - 8:00 p.m. and Teen (ages 13-18) from 8:00 - 10:00 p.m.

The Zedex Theatre is also planning on offering daily matinees for families during March break! For show times and movie listings, please visit their website at <http://www.zedex.ca/> or call the Zedex Theatre movie line at 765-8848.

A special March Break Youth event will be the Battle of the Gamers brought to you by the 14 Wing GMFRC and Community Centre. This event will be held in the 14 Wing Community Centre Teen Room from 1:00 - 3:00 p.m. on Friday March 19th for children 10 years and up and is free of charge! For more information, please call Kim Dixon at 765-1494 ext. 1812.

March is also the time of year when individuals start thinking about getting in shape for the warm weather of spring and starting a regular routine at the Fitness and Sports Centre. A Community Recreation Card allows you to take advantage of all of their great cardio and weight room machines and equipment, as well as the indoor pool, walking track and gymnasium.

Other terrific benefits of having a 14 Wing Community Recreation Card includes membership opportunities to nearly 30 clubs, and the following discounts; Greenwood Bowling Centre, 14 Wing Greenwood Golf passes, Brier Island Whale Watching, Falls Lake Cabin gift certificates, Hockey School registration, Swimming lessons and finally free youth membership for Pre-Teens and Teens at the 14 Wing Community Centre!

We also offer temporary one month memberships, for up to three months, which allows you to use the 14 Wing Community Recreation Card on a trial basis. If you are interested in learning more about the over 15 benefits of having a Community Recreation Card, or inquiring about one of the three membership fees that would apply to you, simply call the Community Centre at 765-1494 ext. 5341, 5337 or 5331.

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Pen names may be permitted at the discretion of the Editor. Le rédacteur en chef peut, à sa discrétion, permettre l'utilisation de pseudonymes.

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The deadlines are as follows: 12:00 noon Wednesday for classified ads; 3:00 p.m. Wednesday preceding publication date for all other advertising and those requiring proofs. Editorial material MUST be typed and MUST be accompanied by the disk and hard copy, the originator's name, address and telephone number no later than 9:30 a.m. Thursday. Or E-mail us at aurora@auroranewspaper.com

12h00 pour les annonces publicitaires moins d'une demie page, le mercredi qui précède la semaine de publication. Les annonces publicitaires de plus d'une demie page ou demandant une épreuve doivent nous arriver par le mercredi à 12h00. Les documents doivent être dactylographiés et provenus avec le disque et une copie imprimée. Ils doivent aussi porter le nom, l'adresse et le numéro de téléphone de l'auteur. Ou Email: aurora@auroranewspaper.com

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(Companies or individuals that are currently in arrears shall not be published.) Individuals or groups shall not make any offer of promotion in The Aurora Newspaper of products and/or services in exchange for donations.

La promotion d'entreprises privées sournis en forme d'articles n'est pas permise, excepté dans les cas d'appréciation pour dons ou seulement le nom de la compagnie est inclus. (Compagnies ou individus qui sont présentement en arriérés ne pourront être publiés. Les individus ou groupes ne pourront pas faire d'offres de promotions de produits et/ou de services en échange de donations dans The Aurora Newspaper. Mail Subscriptions are available at the following rates:

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website: www.auroranewspaper.com

International Women's Day

Submitted by Jennifer Hill
GMFRC Coordinator of Prevention
Support and Intervention
765-1494 local 1811

March 8th marks a day to honour women across the globe, International Women's Day. International Women's Day is designed to celebrate the economic, political and social achievements of women past, present and future.

The first women's day was in 1893 when New Zealand was the first country to give women the right to vote. Today we celebrate International Women's Day March 8th to continue this well deserved recognition and give thanks to the women before us who helped guide our way to our yesterdays, today's and tomorrows.

Stop into the GMFRC for more information and to enter your name in for an International Women's Day prize draw.

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THE MUNICIPALITY OF THE COUNTY OF KINGS

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NOTICE TO RESIDENTS

PERSONAL TAX EXEMPTION 2010/2011

The Council of the Municipality of the County of Kings directs, by policy, that an exemption be granted for the taxation year 2010/2011 pursuant to Section 69 of the Municipal Government Act, in an amount not exceeding \$140.00; upon property owned and occupied by a person who is a resident of the Municipality of Kings, and;

Whose total gross income from all sources for the year 2009, excluding any allowance paid pursuant to the War Veterans Allowance Act (Canada) or pension paid pursuant to the Pension Act (Canada), but **including** the income of all members of the same family residing in the same household, is less than \$20,000 gross income, and;

Where property is jointly owned, only one tax exemption shall be allowed and the sharing in such exemption shall be on the basis of ownership in such joint property.

Applications for such tax exemption will be received at the Municipality prior to **June 30, 2010**.

Paula Delorey, Tax Clerk
pdelorey@county.kings.ns.ca

Tel: (902) 690-6144 Fax: (902) 679-2820
Toll Free 1-888-337-2999
www.county.kings.ns.ca

Business of the Week ~ CANFIX AUTO ~

Canfix Auto is celebrating 5 years at their present location in Wilmot, (14749 Hwy #1). Before moving the shop to Wilmot, Owner Pat Knickle had his shop set up just outside of the entrance to 14 Wing Greenwood.

Canfix has been servicing their clients for 15 plus years in the Greenwood/

Kingston and surrounding communities.

Canfix has one of the most up to date and comprehensive diagnostic scan tools (**snap-on "versus" platform**) on the market for Domestic and Asian cars. Most parts sold and installed by them carry a 1 year, 2 year or lifetime warranty. The shop is also an Official

Nova Scotia Motor Vehicle Inspection Station for cars and trucks.

Work carried out in the garage include; brakes, shocks/struts, suspension, wheel bearings, undercoating, and oil changes plus much more.

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14 Wing Library - Serving those who read!

By: **Judy McCool and Liz Tappen**

AVM Morfee Centre, Greenwood - 765-1494, local 5430

Hello from your local library. Happenings and Special Events for March include Mar 1st – St David's Day, when the Welsh will celebrate. Mar 2nd – Dr Seuss's Birthday; Mar 8th – International Women's Day, a good time to look up "Women Who Changed the World". Mar 17th – St. Patrick's Day and Mar 20th is the First Day of Spring!

The *biggest* news is our *Reading Challenge*. Last year our patrons read 1,213 library books during the month. This year we hope to reach a goal of 1,500 library books read. We are challenging *all patrons* to come in a take part in the fun event! There are great *prizes* to be won again this year!

Income Tax Program – Chuck will be commencing with Income Tax preparation for people who meet the criteria of this programme. Please phone 14 Wing Library to set up your appointment.

Overdue Books – We have recently reminded individual patrons of their overdue books. Please check under beds, on shelves and in closets for any borrowed books that you have *forgotten to return* to 14 Wing Library as fines add up quickly! We have a 24 hour drop box for your convenience but actual fines must be paid during open hours. Thank you in advance.

Library Hours*
Monday - 1-5 pm & 6-8pm
Tuesday - 10am-1pm & 2-5pm
Wednesday - 1-5pm & 6-8pm
Friday - Noon-4pm
Sunday - 1:30-4pm

Wednesday - 1-5pm & 6-8pm
Friday - Noon-4pm
Sunday - 1:30-4pm

***Special Note-** "*Under The Story Tree*" *story hour* is held on Tuesdays at 10:30. Please call to register your little ones.

Thank You - 14 Wing Library has been favoured by several generous patrons during the past month. Thank you all for your generosity, it goes a long way to improving our library.

Thank you to Jacquie Lockie, who presented a workshop in Feb. on RRSPs, RIFs & Tax Free Savings Accounts; also big thanks to Jim Spurrell, Dana and Gordon who presented two workshops on digital photography in February.

We have two workshops scheduled for March for your pleasure. The Ins and Outs of Dog Agility on Weds. 24th March, and Growing Dahlias on Mon 29th March. Both start at 6:30. Please call to register, 765-1494 ext 5430. A monetary donation is asked for each workshop.

Books for March – Fiction – Generation A/Douglas Coupland; Nine Dragons/Michael Connelly; Galore: A Novel/ Michael Crummey; Days of Gold/Jude Devereaux; Homer and Langley/ E.L. Doctorow; Predatory Game/Christine Feehan; Dark Curse - Carpathian Novel/Christine

Feehan; Irish Crystal/Andrew Greeley; The Delta Factor/Thomas Locke; The Eternity Artifact/L.E. Modesitt, Jr; The Serrano Connection/Elizabeth Moon; Death Spiral/James Nichol; I, Alex Cross/James Patterson; Worst Case/James Patterson; A Lineage of Grace/Francine Rivers; The First Commandment-#6 Scot Harvath/ Brad Thor; Dragons of a Vanished Moon-Vol III War of Souls/Margaret Weis & Tracy Hickman.

Non-Fiction – Backyard Design/Jean Broskend; Beating Debt for Canadians-Complete Idiot's Guide; All of Me/ Anne Murray; Get Fuzzy 2 - Darby Conley; Snow Camping/JoAnn Creore; The Song of Hiawatha & Other Poems/Henry Wadsworth Longfellow; Busy People's Low Fat Cookbook/Dawn Hall; Half Broke Horses/Jeanette Walls; Chronicle of Aviation (donation)/ Bill Gunston; Busy Mom's Slow Cooker Cookbook/Jyl Steinback.

En francais – Forteresse digitale/Dan Brown; Les oiseaux de verre/ Andree Laberge; A.N.G.E. Antichristus/Anne Robillard.

DVD – The Mummy; The Mummy Returns.

Library Services
14 Wing Library has three community access computers – two with internet access one for word-processing and one that is a library search engine. Computers are booked in ½ hour sessions on a drop-in basis or by phone reservation,

765-1494 ext 5430. The first half hour is free to members then a small charge of \$1.00 applies for each additional half hour. Non members are charged \$1.00 for the first half hour and then an additional \$2.00 for each half hour thereafter.

Quelques faits concernant votre bibliotheque de la 14^{ei} Escadre et ses services – Saviez-vous que la bibliotheque de la 14^{ei} Escadre se procure et conserve du materiel en francais ainsi qu'en anglais? Saviez-vous que du materiel en francais est disponible dans differents domaines – Romans et literature pour adultes, jeunesse et enfants. Saviez-vous qu'il y a actuellement plus de 5,000 articles en francais presentement disponible? Faits-vous des etudes en francais ou participez-vous a un programme d'immersion en francais? Travaillez-vous sur un projet? Ou etes-vous simplement a la recherche d'un livre interessant a lire? Nous avons quelque chose pour vous... venez visiter votre bibliotheque de la 14^{ei} Escadre!

Membership – A reminder to all, that 14 Wing Library is a public library open to military and civilians. Membership is free, but the benefits are priceless. We invite all our registered patrons to visit us but if you're not already a member, drop in and sign up to enjoy your local library.

Reading Opens Doors! So come and open the doors to 14 Wing Library.



Kingston Legion Br 98 ~ March 2010

Office 765-4920 • Bar 765-4428 • Fax 765-2479 • E-Mail legion98sect@ns.sympatico.ca

Sun	Mon	Tues	Wed	Thu	Fri	Sat
	1 EUCHRE	2 BINGO	3 VALLEY DARTS	4 CRIB	5 STABLE COUNTRY MIXED DARTS OCTOBERFEST SAUSAGE/KRAUT	6 BREAKFAST DARTS OVER 50 ORD
7 BINGO	8 EUCHRE	9 BINGO	10 VALLEY DARTS	11 CRIB	12 STABLE COUNTRY MIXED DARTS FISH & CHIPS	13 DARTS LADIES INVITATIONAL
14 BINGO	15 EXEC MTG EUCHRE	16 BINGO	17 VALLEY DARTS	18 CRIB	19 STRAIGHT OUT MIXED DARTS ST. PATRICK'S DAY STEW	20 CRIB
21 BINGO	22 GENERAL MTG	23 BINGO	24 VALLEY DARTS	25 CRIB	26 TRADITIONAL COUNTRY MIXED DARTS FISH & CHIPS	27 DARTS OVER 50 ORD
28 BINGO	29 EUCHRE	30 BINGO	31 VALLEY DARTS	Events Subject to Change Without Notice. Members & Guests Welcome!		

Legion Calendar Sponsored by

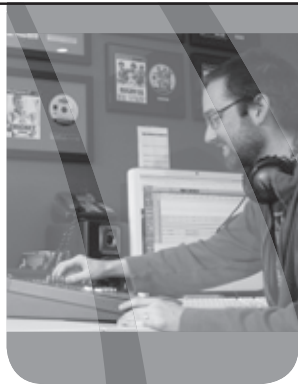


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The Broadband for Rural Nova Scotia initiative will soon deliver high-speed access to 100 per cent of Nova Scotians – we're already 95 per cent of the way there!

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- Social Media for Small Business
- Win New Customers with Search Marketing
- Promote Your Business with Kijiji and Google Local
- Email Marketing, Blogging, and other Publishing Methods

COST: \$79 plus tax (includes lunch)
Register at: www.internetseminars.ca

WORKSHOP DATES and LOCATIONS

Mar. 2 Windsor, Super 8 Motel 9:00 - 3:00
Mar. 23 Yarmouth, Mariners Centre 9:00 - 3:00

Nova Scotia is already leading Canada in reliable, affordable land-based high-speed Internet access. Our goal of 100 per cent coverage will help business across Nova Scotia compete locally, nationally, and around the world.

For more information, contact Broadband for Rural Nova Scotia, broadband@gov.ns.ca


NOVA SCOTIA
 Economic and Rural Development

ANNAPOLIS EAST ELEMENTARY SCHOOL



~ The following items are available at the Cafeteria daily ~
Sandwiches: \$2.00; **Wraps** - \$2.00; **Sub Sandwiches** - \$2.00;
 All sandwiches, wraps & subs will include fresh vegetable or fruit on the side.
Vegetables & Dip - \$1.50; **Cheese & Crackers** - \$1.50;
Fruit & Dip - \$1.50; **Tossed Salad** - \$2.50 sm \$1.50;
Caesar Salad - \$2.50 sm \$1.50; **Spinach Salad** - \$2.50 sm \$1.50; **Yogurt** - \$1.00; **Yogurt Tubes** - \$1.00; **Yogurt Parfaits** - \$1.25;
Fresh Fruit: Apples, Oranges & Bananas - \$1.00; **Fruit Squiggles** - \$1.50;
Gold Fish Crackers - \$.45; **Baked Lays** - \$1.50; **Flat Earth** - \$1.50;
Smart Popcorn - \$1.50; **Frozen Juice Bars:** Orange & Cherry - \$1.00;
Rice Crispy Squares - \$.80; **Smoothies:** Mon, Wed, Fri - \$1.25;
Juice: Apple, Orange & Seven Fruit - \$1.00; **Milk** - \$.35; **Water** - \$1.00;
 ~~~ Canteen Items - CASH ONLY ~~~

There will be a cost for ALL condiments if your child is not purchasing lunch from the cafeteria.  
**Ketchup, Mustard, Relish** - \$.15 each; **Mayo & Salad Dressings** - \$.30 each;  
**Barbecue/Sweet & Sour Sauce** - \$.40 each

We are a NUT & SCENT sensitive school with a smoke-free environment.

**Mar 1<sup>st</sup>:** Chicken Noodle Soup 1.75 • Oven Fries, Cheese, & Gravy 2.50  
• Yogurt Tube 1.00

**Mar 2<sup>nd</sup>:** Soup (Chili or Chicken Noodle or Corn Chowder)/Roll 2.50  
• Apple Slices 1.00

**Mar 3<sup>rd</sup>:** Beef Rice Soup 1.75 • Sliced Ham & Potato, Vegetable 2.50  
• Blueberry/Strawberry Smoothies 1.25

**Mar 4<sup>th</sup>:** Pizza Day 2.50 • Banana 1.00

**Mar 5<sup>th</sup>:** Beef Vegetable Soup 1.75 • Chicken Burger with Lettuce & Slice of Tomato 2.50 • Orange Slices 1.00

Daily Specials can be purchased for \$3.25 • Main Entree, Milk & Daily Dessert



# Learning and Career Centre

## Upcoming Workshops

### MARCH 2010

- 1-5 Instructional Techniques • 5 days
- 1 File Management, ½ Day, morning • ½ day
- 2 Excel Level 1 (Part 1 of 2, ½ day, morning) • ½ day
- 3 Excel Level 1 (Part 2 of 2, ½ day, morning) • ½ day
- 4 Access Level 1 • 1 day
- 9 Word Level 1 • 1 day
- 10 Outlook Contacts & Calendaring, ½ day, morning • ½ day
- 11 Excel Level 2 • 1 day
- 23 Access Level 2 • 1 day
- 24 Word – Creating Brochures, ½ day, morning • ½ day
- 25 Excel Level 3 • 1 day
- 29 Power Point Level 1 • 1 day
- 30 Civilian Performance Planning & Review CPPR • ½ day
- 30 Personal Learning Plans (PLP) • ½ day
- 30 Access Level 3 (Part 1 of 2, ½ day, morning) • ½ day
- 30 Access Level 3 (Part 2 of 2, ½ day, morning) • ½ day

### APRIL 2010

- 08 Defence Ethics
- 12-13 Interpersonal Communication Skills • 3 days
- 16 Prior Learning Assessment (PLA), Day 1 of 10 • 1 day
- 20 Effective Meetings • 1 day
- 23 Prior Learning Assessment (PLA), Day 2 of 10 • 1 day
- 28 Myers-Briggs Type Indicator (MBTI) • 1 day
- 30 Prior Learning Assessment (PLA), Day 3 of 10 • 1 day

### MAY 2010

- 07 Prior Learning Assessment (PLA), Day 4 of 10 • 1 day
- 11-12 New Employee Orientation • 1.5 days
- 12 Future Planning (Civilian Employees under age 45) • 1 day
- 14 Prior Learning Assessment (PLA), Day 5 of 10 • 1 day
- 21 Prior Learning Assessment (PLA), Day 6 of 10 • 1 day
- 28 Prior Learning Assessment (PLA), Day 7 of 10 • 1 day

### JUNE 2010

- 01-02 Exploring the Leader in You • 2 days
- 04 Prior Learning Assessment (PLA), Day 8 of 10 • 1 day
- 11 Prior Learning Assessment (PLA), Day 9 of 10 • 1 day
- 15-16 Stepping Up to Supervisor • 2 days
- 18 Prior Learning Assessment (PLA), Day 10 of 10 • 1 day

### JULY 2010

- 06-08 Negotiation Skills • 3 days
- 14 Assertive Communications • 1 day

## KINGSTON & DISTRICT SCHOOL

### Whole Sandwiches

- 1/2 Sandwiches (Asst. fillings).....\$1.15
- Subs/Kaisers/Wraps.....\$2.25 - \$2.50

### Hot Foods

- One Hot Food Daily.....\$2.50
- Cup of Soup .....\$1.00
- Bowl of Soup .....\$2.00

### Beverages

- Milk.....\$0.35
- Choc. Milk.....\$1.30
- Juice Small .....\$1.00
- Juice Medium .....\$1.25
- Bottled Water .....\$1.25
- Yop .....\$1.25
- V8 Juice .....\$1.00

### Salads

- Assorted Salad Plates.....\$2.50
- Fruit Plate.....\$1.75 - \$2.25
- Veggies & Dip .....\$1.00
- Apple Snacks .....\$1.00

### Snacks

- Cheese & Crackers .....\$1.00
- Fresh Fruit.....\$0.75 - \$1.25
- Gold Fish Crackers.....\$0.50

### Miscellaneous

- Bread & Butter.....\$0.50
- Bagel.....\$1.25
- Cream Cheese.....\$0.50
- Cheese Whiz.....\$0.50

### Freezer Items

- Frozen Yogurt.....\$1.25
- Yogurt Tubes.....\$1.00

### Desserts

- Muffins.....\$1.00
- Cookies (small) .....\$0.35
- Biscuits.....\$1.00
- Yogurt.....\$1.25
- Fruit Salad.....\$1.00
- Other Assorted Desserts.....\$0.75
- Special Treat Days.....\$1.50

**Daily Specials (Mon-Thur):** Price Includes Main Course, Drink and Dessert - \$3.25

**Mon:** Chicken Burgers; **Tues:** Early Dismissal - Sample Testing Day at the cafeteria - Yummy;  
**Wed:** Macaroni & Cheese with Veggies; **Thurs:** Poutine with Veggies • Cookie Day; **Fri:** Assorted Menu

This menu brought to you compliments of:

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# YOU AUTO KNOW

## Would Your Engine Oil Pass the Fitness Test

### Mid Winter Car Maintenance

Statistics from National Car Care Month check lanes show that the majority of motorists do not properly maintain their cars. In fact, nearly four cars in five failed the inspection says Steve Boutilier, Service Manager for Canadian Tire, Greenwood.

#### Fluids

Some of the highest failure rates were in the fluid category, including a 22% deficiency due to low or dirty engine oil. This figure is puzzling since an oil change is among the quickest, least expensive

maintenance jobs available. Other failures that ran high are transmission fluid (18%), coolant/ antifreeze (20%) and brake fluid (12%). Low fluid levels can affect the safe driving performance of the vehicle and damage internal parts if not properly maintained.

#### Belts and Hoses

Steve says belts and hoses had over a 25% failure rate. Of course, many of today's vehicles are operated on only one belt. Therefore, when it breaks, the car comes to a grinding halt. Often, it comes apart with such force that it ruins nearby components, as well.

#### Tires

Between tire pressure and worn tread, 19% of the vehicles failed the inspection. The need for correct tire pressure has received a great deal of attention recently. However, 13% of the motorists apparently were unconvinced of the role pressure plays in the decreasing of a tire's life. Steve adds low pressure also is a culprit in decreasing gas mileage. Inadequate tread depth, another common discrepancy can cause lost traction on wet or snowy roads.

#### Lighting

Lighting is the only way motorists have to communicate. However,

26% of the cars had some sort of lighting malfunction. On some cars the brake lights failed to work, while on others the backup lights were faulty. No matter what exterior light is not working, motorists have a responsibility to repair it immediately.



For more information on all your automotive care needs contact Steve & his staff at the Greenwood Canadian Tire.



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## CANADIAN TIRE

### Oil Change

**5W30** Reg. \$39.99. Now **\$34.99**  
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Exp. March 8, 2010  
On 5W30 or 5W20 oil changes only



# Bravo Zulu

Photos are from 14 Wing Imaging unless stated otherwise.



PO2 Charles Danells receives his new rank from the WOps O, LCol D.F. Cummings.



Maj David Weston receives his new rank from the WOps O, LCol D.F. Cummings.



Pte Murphy receives her first hook from Maj Colwell, 14 AMS AMSO.



Maj Colwell, 14 AMS AMSO promotes Pte Fitzgerald to Cpl, effective 25 Dec 2009.



PteT Travis Kennedy receives his new rank from Maj Smith, 14 AMS AMO.



Cpl Landon Morrison receives his new rank from Maj Smith, 14 AMS AMO.



Cpl Chad McCray receives his promotion from Capt Leclerc, 14 AMS A/AMO.



Sgt Elizabeth Leaman receives her promotion from Maj Cécyre, W SUP O. (image submitted)



(01 Febuary, 2010) Second-Lieutenant Drew Turton receives his promotion to Lieutenant from Lieutenant-Colonel D.F. Cummings, Wing Operations Officer.



(01 Febuary, 2010) Captain Rebecca Barton receives the Canadian Forces' Decoration (C.D.) from Lieutenant-Colonel D.F. Cummings, Wing Operations Officer.



OCdt Shamsi was promoted to 2Lt effective 15 Dec 09. Congratulations on behalf of the WCompt staff!



Lt Kapralik receives her promotion from LCol Flynn, CO 14 AMS.



Promotion picture retake ~ Cpl Perry receives his accelerated promotion from LCol Flynn, CO 14 AMS. Cpl Perry was promoted on the 14 AMS Honours & Awards parade on 29 Oct 2009.



LCol Flynn, CO 14 AMS advanced promotes Cpl Humber to her new rank by 6 months; CWO Pitman is standing close by to ensure that procedure is carried out in proper military format.



LCol Flynn, CO 14 AMS, promotes Lt Harrison to his new rank.



# “Youth Happenings” at 14 Wing Community Centre

March Break Day Camp is soon on its way. Come to register 9:00 a.m. March 3.

**Boys Club**  
Zany Winter Olympics  
Wednesday March 3, 2010  
6-7:30 p.m.

To celebrate the 2010 Winter Olympics, we are creating our own Olympics! Boys Club and Active Chicks will compete to see what team wins, even though, you all are winners! Bring your winter

jacket, mitts and hat, because we’re going outside and you don’t want to get cold! If you’re wearing an Olympic symbol (Example; Olympic mittens or Canadian hockey jersey) you get a special treat!

**Teen Council**  
Tuesday March 2  
3-4 p.m.

Teens we’re meeting today to discuss plans and events for March, April as well as Easter on the Wing. Should be very

interesting!

**Active Chicks**  
Zany Winter Olympics  
Wednesday March 3, 2010  
6-7:30 p.m.

To celebrate the 2010 Winter Olympics, we are creating our own Olympics! Boys Club and Active Chicks will compete to see what team wins, even though, you all are winners! Bring your winter jacket, mitts and hat, because we’re going outside and you

don’t want to get cold! If you’re wearing an Olympic symbol (Example; Olympic mittens or Canadian hockey jersey) you get a special treat!

**Teen Activity**  
Snowshoeing  
Thursday March 4  
6-7:30 p.m.

Teens come to the Community Centre to meet, and then we’ll walk to the F&S centre for a snowshoe hike/walk. Dress warm!

**Movie Night**  
Saturday March 6

Pre-teen: 6-8 p.m. TBA  
Teen: 8-10 p.m. TBA

**Youth Centre Drop in Hours**

|           | Pre-Teen (ages 9 – 12)       | Teens (ages 13 – 18)          |
|-----------|------------------------------|-------------------------------|
| Monday    | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Tuesday   | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Wednesday | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Thursday  | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Friday    | 6 pm to 8 pm                 | 4 pm to 6 pm<br>8 pm to 10 pm |
| Saturday  | 2 pm to 4 pm<br>6 pm to 8 pm | 4 pm to 6 pm<br>8 pm to 10 pm |

Submitted by Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812

As parents we sometimes ask ourselves if our children should do chores. Many of us remember that list on the fridge as children that told us we had to walk the dog, take out the garbage or water the plants.

As early as 2 years of age children like to help mom or dad with simple chores around the house. Sometimes they want to match socks in the laundry, stir the pancake batter or wash the dishes. Most of the time their “help” really isn’t help at all, yet they do their best with good intentions. When your child

## Chores – the dreaded word!

offers to help you with something go overboard to compliment them. Let them know at an early age what good helpers they really are – this will definitely pay off for you in the long run.

Do chores together until your child is ready to start primary. Putting toys away with your preschooler helps teach them responsibility for cleaning up their own mess. Once our kids start school it is a good time to let them choose a chore that is theirs. Feeding the pet, setting the table or dumping the compost bin are simple ones to start. These easy chores also allow you as the parent to gently

remind them and to cheer them on once they have completed their job.

A few simple tips to make chores a little easier at home for your child are:

- Make sure the chore is clear – show your child exactly what you want them to do. Use simple steps keeping in mind that they are just learning responsibility.
- Deadline – be sure to let your child know when a chore needs to be completed by. Because the concept of time is difficult for young children, try relating it to an everyday activity such as “the table

must be set before you watch your favourite TV show” or “the fish needs to be fed before you eat your breakfast”.

- Praise – when we show our children how proud we are by complimenting them on a job well done, then children feel good about themselves. This is important to do often until the chore becomes a habit. Even kids like to hear “Thanks” for a job well done.
- When vs. Not – a positive way to let kids know that they can do other things they want to do once their chore is completed is to use the word



when instead of not.” When things are cleaned up you can go outside to play”. Using when says to children that it will happen as soon as they want it to.

- Tone – the tone of your voice can say it all. It can mean either a battle or a discussion. Be firm but kind when speaking to your child. They may whine and complain about having to do something; however a simple statement “you can complain all you want, but once you are done doing that you will need to do your chore”.

As our children get older

increase the number of chores they are responsible for – just remember not to overwhelm them. They still need time to play and do homework.

Parenting can be a difficult job at times, but it can also be the most rewarding one you will ever have. Having your child do chores at home is an easy way to foster independence and build confidence in your child from an early age. Even if your child grows up to be a prince or princess and never has to clean a toilet, take out the garbage or scoop up after a pet once they have left home, they will still benefit from the discipline and independence you created in them by having them do chores at home.




### SERVING THOSE WHO SERVED

#### The Royal Canadian Legion Service Bureau Network

- Representation Services
- Advocacy
- Benevolent Assistance



The Legion Service Bureau Command Service Officers are here to serve members of the Canadian Forces, Veterans, RCMP members, and their families while representing their interests in dealings with Veterans Affairs Canada (VAC) and the Veterans Review and Appeal Board (VRAB) in claiming disability benefits under the Pension Act or the New Veterans Charter.

The Legion professional Service Officers, whose role is mandated through legislation, provide representation services, advocacy and benevolent assistance FREE OF CHARGE, whether or not you are a Legion member. Visit [www.legion.ca/ServiceBureau](http://www.legion.ca/ServiceBureau).



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**IMP is currently seeking to add an Aircraft Operating Instruction – Technical Service Representative (AOI TSR) at 14 Wing Greenwood, Nova Scotia (Starting 1st April 2010 until 1st October 2011 with the possibility of three six months extensions)**

**Position Overview:**  
To work with DND personnel at LRPSET to develop, track, manage and produce the Aurora Incremental Modernization Program (AIMP) required changes and revisions to the CP140 Aircraft Operating Instructions (AOI). Further details contained under IMP Group web site.


**Position Requirements:**

1. A minimum of three years experience as qualified CP140 aircrew (Pilot, Navigator, Flight Engineer, Airborne Electrical Sensor Operator (AESOP). Recent experience at 14 Software Engineering Squadron as an Non Acoustic Sensor Operations Liaison Officer (OLA) or Navigator OLA would be an asset.
2. Liaison with IMP AIMP CP140 Engineering & Publication staff as required in developing AOI changes and revisions. Also, liaison with AIMP Integrated Test Team (ITT) for incorporation of information into the AOIs and production of the draft manuscript to be used by the AIMP ITT during the test program.
3. Prepare and coordinate review of draft AOI manuscript changes based on technical data inputs from the Original Equipment Manufacturer (OEM), AIMP Systems Integration prime contractors, IMP Engineering, the LRPSET plus the operational personnel.
4. Coordinating the review of draft AOIs, ensuring participation of both Maritime Proving and Evaluation Unit (MP&EU) and LRPSET staff.
5. The office is located inside a restricted operations area of the CF Base the candidate must be able to access the classified AOI, a minimum of Level 2 (Secret) security clearance is required. If the candidate does not presently have security clearance, the candidate must be able to meet the associated requirements to obtain the associated clearance.

Qualified applicants are invited to apply on-line at [www.impgroup.com](http://www.impgroup.com).

**Internal applicants please use source code: I am an IMP employee.**

IMP is committed to Employment Equity and our goal is to be a diverse workforce that is representative at all job levels. We welcome applicants from Aboriginal People, Visible Minority Groups, Persons with Disabilities and Women in occupations of positions where they are under-represented. If you are a member of one of the equity groups, you are encouraged to self-identify on either your cover letter or resume.



[www.impgroup.com](http://www.impgroup.com)



# 413 Squadron Participates in Operation Hestia

By: Capt Colette Kenney, 413 T&R Sqn

On Tuesday, 12 January, 2010, Haiti was hit by a devastating 7.0 earthquake ten miles southwest of the capital city, Port-au-Prince leaving the country in a severe state of emergency with hundreds of thousands estimated dead. By Wednesday evening, 413 (Transport and Rescue) Squadron (T&R Sqn) had two crews ready to deploy and help out in any way needed. Thursday morning, the first of two crews departed Greenwood for Trenton followed by the second crew late Friday night. The first crew consisted of Major Craig Weir, Aircraft Commander, Captain (Capt) Steve McAlpine, First Officer, Capt Marc Beaumier, Air Combat Systems Officer (ACSO), Sergeant (Sgt) Jeff Cox, Flight Engineer, and Master Corporal (MCpl) Mike Henderson, Loadmaster. The second crew consisted of Capt Cory Murphy, Aircraft Commander, Capt Sam Vezina, First Officer, Capt Colette Kenney, ACSO, Sgt Larry McKieve, Flight Engineer, and MCpl Darren Williams, Loadmaster. The crews were also augmented with two medical and two security personnel for all flights while deployed.

Flights were planned through an intense itinerary from Trenton to Port-au-Prince or Jacmal in Haiti, from Kingston, Jamaica to both locations in Haiti, as well as from Port-au-Prince to Montreal and Trenton. Over the next two weeks, both 413 Squadron crews had flown just over 99 hours, transported 173 passengers to safety, and transported over 128,000 lbs of food, water, medical supplies and equipment.

Flying into Haiti, as disturbing as it was to view the massive devastation, one couldn't help but feel overwhelmed at the amount of support that was continuously arriving. At times we were stacked up to 20 aircraft high in a holding pattern waiting, at times over two hours, for the opportunity to land and offload supplies. Once on the



Bottom row right to left, Warrant Officer (Ricard) Cass, Sergeant (Jeff) Cox, Corporal Hare, Corporal Grills, Centre: Corporal Callis, Captain (Marc) Beaumier, Captain (Steve) McAlpine, Master Corporal (Mike) Henderson, Major (Craig) Weir.

(Images submitted)

ground, teams quickly offloaded the aircraft in less than an hour in order to keep the ability for a continuous flow of aircraft arriving. Every space on the ramp was occupied by aircraft from all over the world. Smaller aircraft and helicopters were parking on the grass between the runway and taxiways to allow the larger aircraft ramp space for offloading and loading passengers.

Even though we were operating into a country of devastation, the atmosphere both on the ground and in the aircraft was very positive.



The aircrews, ground crews, support personnel, medical staff, security, the nations hosts all working relentlessly and tirelessly together to help heal and rebuild the lives of so many whom had just lost so much.

## Weekly Wellness

**Escape**

You could  
**Win a \$1000 trip a week**  
1 trip to be awarded weekly\* (by random draw)  
[www.weeklywellnessescape.ca](http://www.weeklywellnessescape.ca)



Every week Kyolic & Nature's Harmony is sending someone on a Winter Get Away worth \$1000!

Drop into the Country Store, pick up your free Earth Safe Sample and enter on line for a chance to win your vacation escape.

No purchase necessary. For full rules and how to enter visit [www.weeklywellnessescape.ca](http://www.weeklywellnessescape.ca). Contest closes March 29, 2010. 6 prizes available to be won, each consisting of a travel voucher worth \$1000 (CDN). Odds of winning depend on the total number of eligible entries received. Must be a resident of Canada and be age of majority. Correct answer to mathematical still testing question required. Limit of 1 entry per person per week.

**Country Store**

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## Veteran of the Month

**Comrade Charles (Jeff) Grovestine**

Comrade Grovestine enlisted in the RCAF in 1951 as a Weapons Tech. and served for five years before re-enlisting in 1956. His

tours included Downsview, Trenton, Greenwood, Zweibrücken, and Lahr. He also served a tour in Rabat, Morocco.

During his lengthy career, he has worked on several

aircraft which included the Sabre, Lancaster, Hercules, Argus and Spitfire. After serving 35 years, Comrade Grovestine and his wife Agnes retired in 1987 in Aylesford, N.S. He is a long time member



of the Kingston Legion where he's been a volunteer for the Bingo Committee for several years. Kingston Legion Br.98 is proud to present Comrade Grovestine as "Veteran of the Month" March, 2010.



It is that time of year again!

### 14 Wing Greenwood Information Booklet 2010

We are getting ready to put together the 14 Wing Greenwood Information Booklet 2010.

This **full colour** publication provides information on all activities, squadrons and units on the Wing and is distributed to all new arrivals.

**Here is your chance to have your business featured in this booklet that will be a great reference for military households for an entire year!**

#### Advertising sizes and rates:

**1/4 page \$400 plus tax**

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Call Anne at 765-1494 ext. 5833

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Visit our website to view last year's guide at [www.auroranewspaper.com](http://www.auroranewspaper.com)

**Deadline March 5th!**



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Send your articles and photos to:  
[aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com)



# Valentine Treats at Sobeys!



The Active Chicks were at Sobeys on Wednesday night to make a yummy Valentine treat with Jacqueline! She showed the girls how to make a delicious chocolate tart with a toasted marshmallow on top! It didn't take the girls long to devour their sweet treat and than everyone took the time to make a beautiful card for someone they love! Thanks Jacqueline and Sobeys, we had a wonderful night and thank-you Brenda for all your help!

# Looking for Highland Senior Secondary Grads!

Submitted by: Charlene Rowlandson, Highland Senior Secondary Grad Class of '82

If you graduated from Highland Senior Secondary School in Comox BC then this message is for you! In years past, many Highland Grad classes have participated in a legacy program where they try to leave behind something special from their class – often a bench, a tree or some such thing. The Grad Class of 2010 have decided to be much more adventurous and are going to try for something much bigger. Because they are graduating in the year 2010 they want to send 10 kids in Uganda to high school! The project is called '10 for 10' and of course you can find it on Facebook.

Raising \$12,000 is not going to be easy and that is why part of the fundraising effort is to ask for support from previous Highland Grads – that is where you come in. In keeping with the theme of 10 for 10 a request is going out to all past Highland Grads to send \$10 to the school! This is not a lot of money and if you could pass on this message to all other Highland Grads you know it would also be appreciated.

Thank you from the Grad class of 2010 and the students in Uganda who will benefit from this fundraiser. Cheques should be made out to ACTS (with 10 for 10 on the memo line) and sent to Highland Secondary School 750 Pritchard Road, Comox BC, Canada V9M 3S8.

# Junior Provincial Swim Championships

**Submitted by: Janice Hamilton**

Greenwood Dolphins had an outstanding performance at Junior Provincial Championships. The swim meet was held February 12th–14,th hosted by Shearwater Bluefins Swim Club. This year the Dolphins had eleven swimmers attend the championship swim meet. In total the Dolphins took home twenty-five medals.

Medals holders from Age Group one include: Mercedes LeBlanc (age: 11) who received a gold in the 50 metre backstroke, a gold in the 200 metre backstroke, and silver in the medley relay. Savannah LeBlanc (age: 9) received a silver in the medley relay. Hannah Cummings (age: 11) received a silver in the medley relay. Julie Hotten (age: 11) received a silver in the medley relay. Raphael Choquette (age: 14) received a gold in the 200 metre free relay, and a bronze in the 200 metre medley relay. Logan Way (age: 10) received a best time in 200 metre free.

Medal holders from Age Group two include: Austin Nowotczynski (age: 13) who received a gold in 200 metre free relay, a silver in the 100 metre free, a bronze in the 100 metre back, and a bronze in the 200 metre medley relay. Josh Gendre (age: 14) received a gold in the 200 metre butterfly, a gold in the 200 metre free relay, and a bronze in the 200 metre medley relay. Caleb Edwards (age: 12) received a gold in the 200 metre free relay, a bronze in the 50 metre free, a bronze in the 50 metre butterfly, and a bronze in the 200 metre medley relay. Sarah O' Reilly (age: 14) received a gold in the 200 metre breaststroke, a gold in the 100 metre breaststroke, a silver in the 400 metre IM, and a silver in the 200 metre free. Emma Woodworth (age: 15) received a gold in the 200 metre breaststroke, 100 metre breaststroke, and a silver in the 50 metre free. Terrific performances swam by all! Coach Sandi McLean and Janice Hamilton are very pleased by the exceptional amount of best times and medal performances had by all eleven swimmers.

Eveline Choquette (age: 11) will go on to compete at East Coast Championships, along with her teammate Mercedes LeBlanc who qualified for the meet at the Junior Provincial Championships. Sarah O'Reilly and Emma Woodworth will also be representing the Greenwood Dolphin Swim Club at the up coming East Coast Championships where they will complete against top level swimmers from all over Eastern Canada.



*Pictured are (G) Dustyn Lewis, Andrew Connors, Tyler Brothers, Keegan Furlotte, Mitchell Youden, Sarah Baillie, Jacob Roach, Ryan Arsenault, (A) Andrew Machray, Mackenzie Williams, Andrew Snow, Grant Hibbert, Kayla Gillespie, Gregory Sarty, (C) Zachery White, Colten Pittman, Courtney Walker and (A) Tyler Kennedy. With Coach Chuck White, Assistants Sean Connors and Dwayne Aucoin and Trainer Jeff Furlotte.*

# Bombers Take Gold

**Submitted by Manager Tony Roach**

The Greenwood Bombers Peeewe House League Team wins the Bob Morgan Peeewe Memorial Tournament held in Digby February 19-21, 2010!

After defeating the Halifax Chargers 6-0, Clare Acadiens 11-0 and Liverpool Cougars 6-1, the Bombers advanced to the championship game against the Cole Harbour Canucks and won by a score of 7-4. The Peeewe Bombers house league team are undefeated in regular season play and continue to have a great season.

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| Stk#                           | Year | Make    | Model        | Body           | Transmission | Colours | Kms     | Price     |
|--------------------------------|------|---------|--------------|----------------|--------------|---------|---------|-----------|
| <b>CARs</b>                    |      |         |              |                |              |         |         |           |
| 630U                           | 2005 | Toyota  | Echo         | 4 Dr           | Auto         | Yellow  | 102,000 | \$ 8,995  |
| 632U                           | 2006 | Saturn  | ION          | 4Dr            | Auto         | Blue    | 79,000  | \$ 8,995  |
| 478U                           | 2004 | Chev    | Optra LS     | 4 Dr           | Auto         | Blue    | 95,000  | \$ 7,375  |
| 504U                           | 2004 | Chev    | Aveo         | 4 Dr           | Auto         | Red     | 82,000  | \$ 6,200  |
| 526U                           | 2004 | Nissan  | Sentra       | 4 Dr           | Auto         | Maroon  | 100,000 | \$ 7,450  |
| 534U                           | 2006 | Chev    | Cobalt LT    | 2 Dr           | Auto         | Red     | 13,000  | \$ 11,900 |
| 569U                           | 2004 | Hyundai | Accent GL    | 4 Dr           | Auto         | Silver  | 94,000  | \$ 6,600  |
| 570U                           | 2005 | Chev    | Optra LS     | 4 Dr           | Auto         | Silver  | 93,000  | \$ 8,500  |
| 576U                           | 2005 | Chev    | Optra LS     | 4 Dr Wag       | Auto         | Silver  | 95,000  | \$ 8,800  |
| 508U                           | 2004 | KIA     | Rio RS       | 4 Dr           | Auto         | Green   | 80,000  | \$ 6,475  |
| 586U                           | 2005 | Mazda   | 3            | 4 Dr           | Auto         | Red     | 98,000  | \$ 11,900 |
| 597U                           | 2005 | Mazda   | 3            | 4 Dr Hatchback | 5 Spd        | Copper  | 95,000  | \$ 12,900 |
| 604U                           | 2007 | Ford    | Focus        | 4 Dr           | Auto         | Maroon  | 83,000  | \$ 10,800 |
| 619U                           | 2007 | Ford    | Fusion SE    | 4 Dr           | Auto         | Maroon  | 65,000  | \$ 13,500 |
| 620U                           | 2008 | Dodge   | Avenger SXT  | 4 Dr           | Auto         | Grey    | 52,000  | \$ 14,975 |
| 622B                           | 2001 | Chev    | Cavalier     | 4 Dr           | Auto         | Silver  | 250,000 | \$ 2,995  |
| 625U                           | 2006 | Toyota  | Matrix       | 5 Dr           | Auto         | Lt Blue | 99,000  | \$ 13,650 |
| <b>TRUCKS, VANS &amp; SUVs</b> |      |         |              |                |              |         |         |           |
| 629U                           | 2005 | Pontiac | Montana EXT  | Van            | Auto         | Green   | 100,000 | \$ 10,900 |
| 499A                           | 2004 | Chev    | Venture      | Van            | Auto         | Green   | 86,000  | \$ 7,900  |
| 599A1                          | 2005 | Honda   | Odyssey EXL  | Van            | Auto         | Grey    | 135,000 | \$ 18,800 |
| 613U                           | 2005 | Dodge   | Gr Caravan   | Ext Van        | Auto         | Red     | 115,000 | \$ 11,900 |
| 621U                           | 2007 | Ford    | Ranger Sport | Ext Cab, 4 Dr  | Auto         | Blue    | 57,000  | \$ 12,995 |
| 627U                           | 2005 | Pontiac | Montana SV6  | Ext Van        | Auto         | Silver  | 85,000  | \$ 10,500 |

**\*Rust check, Free Motor Vehicle Inspection for as long as you own the vehicle & a Full Tank of Gas with every vehicle sold.**  
**\*Except wholesale and as is units**

**Contact Farley Croft (w) 765-0401 after hours 760-3547**  
**David Corkum (w) 765-2219 after hours 765-6466**

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# Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue only covers the next couple of weeks. For future and ongoing programs and services, please visit our website at [www.greenwoodmfr.ca](http://www.greenwoodmfr.ca) or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

*Note: To keep costs down, the only methods of payment accepted for workshop registrations is cash or cheque. To ensure your spot for a workshop, payment is required at the time of registration.*

## Employment and Education Services

Coordinator: Kristen Lawson at 765-1494 local 1816 or email [kristen.lawson@forces.gc.ca](mailto:kristen.lawson@forces.gc.ca)

## Upcoming Workshops Selling Your Home Info Session

Monday, March 22, 2010  
6:30 p.m. – 8:30 p.m.  
GMFRC Classroom #1  
FREE

Registration Deadline: Friday, March 19, 2010

## First Aid / CPR – Level C

Thursday, April 8, 2010 & Friday, April 9, 2010

9:00 a.m. – 4:00 p.m.

GMFRC Classroom #2

Cost - \$60.00 for Military Families and \$75.00 for Civilian

Registration Deadline: Thursday, April 1, 2010

## Boat Smart

(Successful participants will receive a Pleasure Craft Operator Card from Boat Smart Canada)

Tuesday, April 13, 2010 & Wednesday, April 14, 2010

5:00 p.m. – 8:00 p.m.

GMFRC Classroom #1

Cost - \$55.00 for Military Families and \$70.00 for Civilian

Registration Deadline: Tuesday, April 6, 2010

## Deployment Services

Coordinator: Ann Gaudet at 764-1494 local 5583 or email [Ann.Gaudet@forces.gc.ca](mailto:Ann.Gaudet@forces.gc.ca)

## Laugh Craft Connect

Wednesday, March 31, 2010

6:00 p.m. – 8:30 p.m.

GMFRC

Registration Deadline: Monday, March 29, 2010

## Is your military member away?

If you have a military family member who is away (spouse, son, daughter, partner, grandchild, etc) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give us a call & we'll set you up with any of our programs/services/activities that may interest you. We do not know you're out there unless you let us know.

All of our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre, during, & post deployment information, assistance, outreach, & support to anyone who chooses to participate. Just give us a call!

*\* For respite childcare offerings for deployed families, see details under Children and Youth Services*

## Child and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email [kim.dixon@forces.gc.ca](mailto:kim.dixon@forces.gc.ca)

## Upcoming Programs or Services

## Children's Deployment Support Group

Sunday, March 7, 2010

1:00 p.m. – 2:30 p.m.

FREE

GMFRC

Registration Deadline: Thursday, March 4, 2010

## Respite Dates

Saturday, March 13th, 2010

10:00 a.m. – 5:00 p.m.

Max 15 participants

Children up to age 12

Call reception at 765-5611

Registration Deadline: Thursday, March 11, 2010

To meet the increased demand for respite childcare, deployed families can choose **1 of the 2 Saturday Respite Dates** this month.

**Saturday, March 27, 2010**

10:00 a.m. – 5:00 p.m.

Max 15 participants

Children up to age 12

Call reception to register at 765-5611.

Registration Deadline: Thursday, March 25, 2010

To meet the increased demand for respite childcare, deployed families can choose **1 of the 2 Saturday Respite Dates** this month.

**Tuesday, March 16, 2010**

12:00 p.m. – 4:00 p.m.

Children up to age 12

Registration Deadline:

Friday, March 12, 2010

**Thursday, March 18, 2010**

12:00 p.m. – 4:00 p.m.

Children up to age 12

Registration Deadline:

Tuesday, March 16, 2010

**Wednesday, March 31, 2010**

5:00 p.m. – 9:00 p.m.

Children up to age 12

Registration Deadline:

Monday, March 29, 2010

## Special Events and Promotions

Coordinator: Michelle Thibodeau Wagner at 765-1494 local 1421 or email [michelle.thibodeau-wagner@forces.gc.ca](mailto:michelle.thibodeau-wagner@forces.gc.ca)

## Upcoming Events

## International Women's Day

Monday, March 8, 2010

Take a moment to reflect on how far women's rights have come in the last 100 years.

Ladies: Stop into the GMFRC for more information and to enter your name in for an International Women's Day prize draw.

## Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email [janie.gagnon@forces.gc.ca](mailto:janie.gagnon@forces.gc.ca)

## Volunteer Opportunities

Respite Childcare

## Provider\*

Saturdays, February 27 and March 13 & 27, 2010

10:00 a.m. – 5:00 p.m. (or can be done in shifts)

GMFRC

Volunteers Needed: 3 for each date

## Children's Deployment Support Group Facilitator

Sunday, March 7, 2010

12:30 p.m. – 3:00 p.m.

GMFRC

Volunteers Needed: 2

Training will be provided.

To facilitate a monthly program for children aged 3 to 5 yrs.

## Easter on the Wing\*

Saturday, April 3, 2010

12:30 p.m. – 3:30 p.m.

Annapolis Mess

Volunteers Needed: Many

## Warm Line Callers

A Warm Line Caller is a

volunteer who has been trained

by the GMFRC to provide a

monthly call to families of a

deployed member. The call is a

wonderful way to connect with

the families and to also inform

them about the programs and

services at the GMFRC. Two

to three hours per month

## Tutors

To provide educational

assistance to children enrolled

in elementary, junior and high

school that are experiencing

difficulties with a particular

subject. You must enjoy

working with children and

have a comfort level in the

subject area.

One hour per week – for 7

weeks.

*\* Suitable for our awesome*

*Youth Volunteers!*



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Fri-Sat 7:00 & 9:00 pm  
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## Pre-paid Admission Cards

Regular eight card for \$40

Sixteen card for \$75

These may be purchased at the Zedex Theatre with cash or at The Inside Story (Greenwood Mall) using plastic.

[www.zedex.ca](http://www.zedex.ca)

## Kingston Legion BINGO

Prize Money  
Guaranteed: \$2,500

## BOOKLET BINGO

Sunday, 1:45 p.m.  
Tuesday, 7:30 p.m.

Regular Games - \$100

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

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## Notice

## Effective Immediately Announcements

There will be a charge for all Birthdays, Anniversaries, Engagements, Weddings, Card of Thanks, & Memoriams

Text without a photo  
2 col by 2 inches  
\$15.00 (tax incl)

Text with a photo  
2 col by 2 1/2 inches  
\$20 (tax incl)

Text without a photo  
2 col by 4 inches  
\$25 (tax incl)

Text with a photo  
2 col by 4 inches  
\$30 (tax incl)

There will be no charge for Military Obituaries of 150 words or less. For more information, contact Anne Kempton at 765-1494 local 5833



## THE MUNICIPALITY OF THE COUNTY OF KINGS

87 Cornwallis Street, PO Box 100 Kentville, NS B4N 3W3

The Municipality of the County of Kings, Department of Engineering & Public Works invites tenders for the supply and placement of the following:

## TENDER 10-02

### Somerset/Brooklyn St Sidewalk Extension

- 124 meters of asphalt sidewalk;
- 127 meters of concrete curb;
- 127 square meters of asphalt concrete;
- 63 square meters of seed and soil; and
- Miscellaneous site work.

## TENDER 10-04

### Windermere Sidewalk Extension

- 98 meters of asphalt sidewalk;
- 60 square meters of seed and soil; and
- Miscellaneous site work.

Specifications and tender forms may be viewed and picked up upon receipt of a non-refundable deposit of \$100.00 at the office of Department of Engineering & Public Works, Municipal Complex, 87 Cornwallis Street, Kentville, Monday to Friday from 8:30 am to 4:30 pm. Tenders may also be viewed at Nova Scotia Construction Association, located at 260 Brownlow Avenue – Unit 3, Dartmouth, NS.

Specific inquiries pertaining to these tenders may be directed to Scott Quinn, P. Eng., Manager of Engineering Services at: [squinn@county.kings.ns.ca](mailto:squinn@county.kings.ns.ca) or 902 690-6195.

**SEALED TENDERS WILL BE ACCEPTED UNTIL 2:00PM THURSDAY, MARCH 18<sup>th</sup>, 2010**

*The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.*



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[www.county.kings.ns.ca](http://www.county.kings.ns.ca)





# Before You Fill Out Your Tax Return...

**By : Pierre Goulet, CFP, FMA, FCSI**  
Practice Manager – Financial Planning and Insurance Services – SISIP Financial Services, Ottawa

Now that the RRSP season is behind us, Canadians turn their attention to the deadline for filing their 2009 income tax return; *April 30th 2010*. Depending on your situation, here are a number of *non-refundable* federal tax credits that can help reduce your tax base, minimizing the amount of income tax you are required to pay for the 2009 fiscal year:

- Home Renovation Tax Credit (HRTC):**
- A *temporary* tax credit, for costs incurred after January 27, 2009 and before February 1, 2010.
  - Credit is 15% of eligible expenditures for renovations or alterations of an enduring nature, and is integral to, or built into an eligible dwelling.
  - Applies to expenditures over \$1,000, up to \$10,000. The maximum tax credit amount is \$1,350 per family (\$9,000 x 15%).
- Pension Income Tax Credit:**
- Some pension income may qualify for a federal and provincial/territorial pension income tax credit.
  - Can be transferred to a spouse or common-law partner if it is not fully used by the taxpayer.
  - If a taxpayer is under the age of 65 and receiving pension income eligible for the pension tax credit (qualified pension income) and splits their income with their spouse or common-law partner, the latter will also be eligible for the pension tax credit, regardless of age.

- Pension income at age 65 can be converted from RRSPs to RRIFs or purchased as an annuity.
- Spouse or Common-Law Partner Amount:**
- If your spouse or common-law partner earned less than \$10,320, follow the calculation on line 303 of your return to see what amount you can claim.
  - If you were single, divorced, separated, or widowed you can claim a maximum amount of \$10,320 minus the income for any dependent. This amount is called the “Amount for an eligible dependent” and is found on schedule 5 of your return.
- Tax Credit for Public Transit:**
- To help cover the cost of passes for buses, streetcars, subways, commuter trains and local ferries.
  - Can be claimed by the taxpayer, their spouse or common-law partner, or their children under age 19.
  - The pass must display: duration (one month at least or longer), date or period of validity, name of the issuing transit authority/organization, amount paid, identity of the rider (either by name or unique identifier).
- Children’s Fitness Tax Credit:**
- Available to individuals for registration and membership costs of up to \$500 per child who is, under 16 years of age at the beginning of the taxation year, or under 18 for a child with a disability.
  - Calculated using the lowest tax rate (15% for 2009) – maximum tax credit per child for 2009 is \$75.
  - For prescribed programs of physical activity which **must** contribute to cardio-respiratory endurance of the child and to one or more of

- the following: muscular strength, muscular endurance, flexibility, and balance.
- Tuition and Education Amounts:**
- Claim fees paid for post-secondary courses of \$100 or more for each educational institution; the institution must provide you with an official tax receipt or a form T2202A.
  - A portion of the education amounts can also be transferred from spouses and children; complete the calculation on the back of your T2202A or schedule 11 in your income tax forms to find out what amount is eligible.
  - Medical Expenses:
  - Transferable between spouses.
  - Medical expenses can include amounts paid outside of Canada.
  - They must be more than 3% of your net income or \$2,011, whichever is less.
  - The spouse with the lowest income should claim all expenses.
  - Claim the expenses of all immediate family members including parent, grandparent, brother, uncle, niece, who depended upon you for support during the tax year; the total of these expenses must be more than the lesser of \$2,011 or 3% of the dependent’s net income for the year up to a maximum of \$10,000.
  - Claim medical expenses paid in any 12-month period ending in 2009 that were not claimed in the previous year.

The above mentioned credits and further explanations can be found in your General Income Tax and Benefit Guide 2009. Take the time to read the portions of the guide that apply to your claims and let a SISIP Financial Services (SISIP FS) financial planner assist you; professional advice can really pay off and prevent you from making a costly omission.

**Not yet a SISIP FS client?** Our services are available to you for as little as \$5.00 per month. For more information on our financial planning services call 1-800-267-6681 or visit us online at [www.sisip.com](http://www.sisip.com)

Helping you achieve *Your Financial Independence for Today... and Tomorrow!*

*This article is for general information purposes only and reflects solely the opinion of the writer.*

# March Break Day Camp at 14 Wing Community Centre

**By: Megan LeMoine**  
March Break Day Camp is a month away! If you need a place to go while Mom or Dad is working, then look no further! If you are between the ages 6 and 12 then sign-up to March Break Day Camp, a week full of fun! This runs from Monday March 15 to

Friday March 19. Each day is a different theme; you can sign-up per day or for the whole week. We have so many cool things planned, check it out!

- ~ Meet & Greet Monday
- ~ To the Moon Tuesday
- ~ Wacky Wednesday
- ~ To the Zoo Thursday
- ~ Frazzled Friday

Each day your child will participate in fun programs that are based around that day’s theme. Each day starts a 9:00 a.m. and ends at 3:00 p.m. Before and after care is also available. Before care runs from 7:30 to 9:00 a.m. and after care is from 3:00 to 4:30 p.m. Registration starts on Wednesday March 3 at 9:00 a.m. The cost is \$65.00 for the whole week and \$60.00 for your second son or daughter. If you’re only interested in coming for a few days then you can pay \$15.00 a day. Before and after care is an additional \$10.00, per service, for the whole week or \$3.00 per service, per day. If you have any questions please call Megan at 765-8165!



**MUNICIPALITÉ DU COMTÉ DE KINGS**  
87, rue Cornwallis C.P. 100  
Kentville (Nouvelle-Écosse) B4N 3W3

**Le Service du génie et des travaux publics de la Municipalité du Comté de Kings sollicite des soumissions pour l'approvisionnement et la mise en place des éléments suivants :**

| <b>SOUMISSION 10-02</b>                                                                                                                                                                                              | <b>SOUMISSION 10-04</b>                                                                                                            |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| <b>Prolongement du trottoir de la rue Somerset Brooklyn</b>                                                                                                                                                          | <b>Prolongement du trottoir de la rue Windermere</b>                                                                               |
| un trottoir en asphalte de 124 mètres;<br>une bordure en béton de 127 mètres;<br>127 mètres carrés de béton d'asphalte;<br>63 mètres carrés de graines et de sol;<br>divers travaux préparatoires à la construction. | un trottoir en asphalte de 98 mètres;<br>60 mètres carrés de graines et de sol;<br>divers travaux préparatoires à la construction. |

Vous pouvez consulter ou vous procurer le cahier des charges et les formules de soumission, du lundi au vendredi de 8 h 30 à 16 h 30, dès réception d'un dépôt non remboursable de 100 \$ par le bureau du Service du génie et des travaux publics situé dans le Complexe municipal, 87, rue Cornwallis, à Kentville. Il est également possible de consulter les soumissions au bureau de l'Association de la construction de la Nouvelle-Écosse du 260, avenue Brownlow, bureau 3, Dartmouth, Nouvelle-Écosse.

Les demandes de renseignements précises liées à ces soumissions peuvent être acheminées à Scott Quinn, Ing., directeur des Services d'ingénierie par courriel à [squinn@county.kings.ns.ca](mailto:squinn@county.kings.ns.ca) ou par téléphone au 902-690-6195.

**LES SOUMISSIONS SCELLÉES SERONT ACCEPTÉES JUSQU'À 14 H, LE JEUDI 18 MARS 2010**

La Municipalité se réserve le droit de rejeter toutes les soumissions ou d'accepter toute soumission qu'elle jugerait plus avantageuse. Elle n'est pas tenue d'accepter la soumission la moins-disante. La Municipalité se réserve également le droit de renoncer à la formalité, au vice de forme ou au détail de procédure dans toute soumission présentée.



PROJET FINANCÉ PAR L'ENTREMISE DU FONDS CHANTIERS CANADA



Tél. : 902-690-6195 Téléc. : 902-679-0911  
Numéro sans frais : 1-888-337-2999  
[www.county.kings.ns.ca](http://www.county.kings.ns.ca)



**The Anglican Parish of Wilmot**  
*Welcomes You!*

**Holy Trinity in Middleton**  
244 Main St. (across from Tim's)  
8:00 a.m. BCP Eucharist  
11:00 a.m. BAS Eucharist & Sunday School

**All Saints' in Kingston**  
Pleasant St. (off Bridge St.)  
9:30 a.m. BAS Eucharist & Sunday School

Information: call the Parish Office 825-2326 or Administrator 825-2474  
*Contemporary Faith, Catholic Worship & Living Community*



**Volunteer of the Year**



The Village of Kingston is looking for nominations for Volunteer of the Year Award for the year 2009. If you would like to nominate an individual or group, please contact the Kingston Village Office for criteria details at 765-2800 or email us at [kingsvil@ns.aliantzinc.ca](mailto:kingsvil@ns.aliantzinc.ca). The applications must be submitted by March 31, 2010.



# Avant de remplir votre déclaration de revenus...

Par Pierre Goulet, CFP,  
CGF, FICVM

Gestionnaire spécialisé en planification financière et en assurance, Services financiers du RARM, Ottawa

Maintenant que la saison des REER est terminée, les Canadiens se consacrent à leur déclaration de revenus de 2009 avant la date limite du 30 avril 2010. Selon votre situation financière, les crédits d'impôt non remboursables fédéraux ci-dessous vous permettront de réduire votre assiette fiscale, diminuant ainsi le montant d'impôt que vous devrez payer pour l'année financière de 2009.

**Crédit d'impôt pour la rénovation domiciliaire (CIRD) :**

- Un crédit d'impôt temporaire,

pour les dépenses effectuées après le 27 janvier 2009 et avant le 1<sup>er</sup> février 2010.

- Ce crédit de 15 % est basé sur des dépenses admissibles, liées à des rénovations ou à des modifications durables, qui font partie intégrante ou qui s'ajoutent à un logement admissible.
- Ce crédit s'applique aux dépenses de plus de 1 000 \$, jusqu'à concurrence de 10 000 \$, ce qui donne un crédit d'impôt non remboursable maximal de 1 350 \$ par famille (9 000 \$ x 15 %).

**Crédit d'impôt pour revenu de pension :**

- Certains revenus de pension sont admissibles au crédit d'impôt pour revenu de pension fédéral et provincial ou

territorial.

- Un contribuable qui n'utilise pas la totalité de ce crédit d'impôt peut transférer la partie inutilisée à un conjoint ou à un conjoint de fait.
- Si un contribuable âgé de moins de 65 ans touche un revenu de pension admissible au crédit d'impôt pour revenu de pension et qu'il partage son revenu avec son conjoint ou son conjoint de fait, ce dernier devient admissible au crédit d'impôt pour revenu de pension également, peu importe son âge.
- À compter de 65 ans, vous pouvez convertir votre régime enregistré d'épargne-retraite en un fonds enregistré de revenu de retraite ou acheter une rente.

**Montant pour les conjoints ou les conjoints de fait :**

- Si votre conjoint ou conjoint de fait a gagné moins de 10 320 \$ l'an dernier, faites le calcul à la ligne 303 de votre déclaration de revenus afin d'obtenir le montant que vous pouvez déduire.
- Si vous étiez célibataire, divorcé, séparé ou veuf, vous pouvez réclamer le montant maximal de 10 320 \$, moins le revenu de toute personne à charge. Il s'agit du « Montant pour une personne à charge admissible » qui figure à l'Annexe 5 de votre déclaration.

**Crédit d'impôt pour laissez-passer de transport en commun :**

- Ce crédit d'impôt s'applique

aux coûts d'un laissez-passer d'autobus, de métro, de tramway, de train régional et de traversier régional.

- Le contribuable, son conjoint ou son conjoint de fait ou encore leurs enfants de moins de 19 ans peuvent réclamer ce crédit.
- Le laissez-passer doit avoir une durée minimale d'un mois et comporter la date ou la période de validité, le nom de la commission ou de l'organisation de transport émettrice et le montant payé. Il doit aussi identifier l'utilisateur (par son nom ou un élément identificateur unique).

**Crédit d'impôt pour la condition physique des enfants :**

- S'applique aux frais d'inscription et d'adhésion s'élevant à 500 \$ par enfant ayant moins de 16 ans au début de l'année d'imposition, ou moins de 18 ans, s'il s'agit d'un enfant handicapé.
- Le crédit est calculé selon le taux d'imposition le plus bas (15 % pour 2009), pour un maximum de 75 \$ par enfant pour 2009.
- Afin d'être admissible, le programme doit comprendre des activités physiques qui contribuent à l'endurance cardiorespiratoire de l'enfant, en plus d'un ou plusieurs des objectifs suivants : la force musculaire, l'endurance musculaire, la souplesse et l'équilibre.

**Frais de scolarité et montants relatifs aux études :**

- Il est possible de réclamer les frais versés pour des cours postsecondaires de 100 \$ ou plus par établissement d'enseignement, à condition d'avoir obtenu de celui-ci un reçu officiel ou le formulaire T2202A.
- Vous pouvez également transférer une partie des frais d'études à votre conjoint et à vos enfants. Il suffit d'effectuer le calcul à l'endos du T2202A ou de l'Annexe 11 des formulaires d'impôt pour connaître le montant admissible.

**Frais médicaux :**

- Transférables entre conjoints.
- Les frais médicaux peuvent

comprendre les dépenses engagées à l'extérieur du Canada.

- Ces dépenses doivent représenter plus de 3 % de votre revenu net ou 2 011 \$, selon le moindre de ces montants.
- Le conjoint ayant le revenu le moins élevé devrait réclamer toutes les dépenses.
- Vous pouvez réclamer les dépenses de tous les membres de la famille immédiate, incluant les parents, grands-parents, frères, oncles et nièces qui étaient à votre charge pendant l'année financière. Le total de ces dépenses doit être de 2 011 \$ ou supérieur à 3 % du revenu net de la personne à charge pendant l'année, soit le moindre des deux montants, jusqu'à concurrence de 10 000 \$.
- Vous pouvez réclamer les frais médicaux que vous n'avez pas réclamés l'année précédente et que vous avez versés pendant toute période de douze mois antérieure à 2009.

Vous trouverez de l'information supplémentaire sur les crédits susmentionnés dans le *Guide général d'impôt et de prestations de 2009*. Prenez le temps de lire les sections du Guide portant sur les réclamations qui vous touchent et n'hésitez pas à demander assistance à l'un des planificateurs financiers des Services financiers du RARM (SF RARM). Les conseils professionnels peuvent être très rentables et vous éviter une erreur coûteuse.

**Pas encore pas un client des SF RARM?** Vous pouvez souscrire à nos services pour la modique somme de 5 \$ par mois. Pour de plus amples renseignements sur nos services de planification financière, composez le 1-800-267-6681 ou rendez-vous au [www.sisip.com](http://www.sisip.com).

Les SF RARM vous aident à atteindre l'indépendance financière pour aujourd'hui... et pour demain!

Cet article est publié à titre informatif et représente uniquement l'opinion de l'auteur.

If you were told you were being  
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would you be  
**READY?**

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**Alternative Dispute  
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**Greenwood Dispute Resolution Centre**



Maj. Bob  
Sealby

**Call  
5530**

- Are you involved in a conflict in the workplace and unsure of how to handle it?
- Do you have issues with a work situation that you want resolved?
- Do you want to know how to approach a co-worker during a dispute?

Call DRC Coordinator Maj. Bob Sealby for assistance or visit the Greenwood Dispute Resolution Centre (DRC) at the AVM Morfee Centre (MFRC), School Road or for a DRC nearest you National Phone Number: 1-888-589-1750

DRC services are available to all Regular and Reserve Force members, Civilian and NPF employees, and members of the Cadet organizations.



# The Greenwood Skating Club Presents

## the “O.K. Tire” Skaters of the Week:



**James Hazelton**  
Age: 16  
School: Digby regional High School  
Started Skating (age) 3 years old  
Favourite Part of Skating: Competition  
Other Hobbies: video games, biking, reading



**Adriannah Miller**  
Age: 12  
School: Middleton Regional High School  
Started Skating (age) 11 years old  
Favourite Part of Skating: Walt jump  
Other Hobbies: reading, drawing



**Haleigh Young**  
Age: 11  
School: AEES Middleton  
Started Skating (age) 7 years old  
Favourite Part of Skating: group skate  
Hobbies: basketball

### Bookmobile Schedule - March

|                             |               |                             |               |
|-----------------------------|---------------|-----------------------------|---------------|
| <b>Tuesday 2 March</b>      |               | Morden                      | 4:30 - 5:15   |
| Calvary Baptist Academy     | 1:00 - 1:45   | Wilmot Centre               | 6:30 - 7:30   |
| Charity Baptist School      | 1:50 - 2:25   | <b>Monday - 22 March</b>    |               |
| Torbrook Mines              | 2:30 - 3:15   | Le Shaw School              | 10:00 - 10:50 |
| Meadowview                  | 3:45 - 4:30   | Avonport                    | 11:00 - 11:45 |
| Aylesford                   | 5:45 - 7:00   | Belmont                     | 1:15 - 2:00   |
| <b>Wednesday - 3 March</b>  |               | Brooklyn                    | 2:15 - 3:00   |
| Maitland Bridge             | 10:15 - 11:15 | Ste. Croix (Hants Co)       | 3:15 - 4:00   |
| Clementsvalle               | 12:15 - 1:15  | Vaughan                     | 5:30 - 6:30   |
| Cornwallis Park             | 2:15 - 3:00   | <b>Tuesday - 23 March</b>   |               |
| Bear River East             | 3:30 - 4:30   | Kings Rehab Centre          | 10:00 - 11:30 |
| Bear River                  | 5:45 - 7:00   | Casey's Corner              | 12:45 - 1:30  |
| <b>Tuesday - 9 March</b>    |               | Sunken Lake                 | 2:00 - 2:45   |
| Upper Canard                | 10:00 - 10:45 | White Rock                  | 3:00 - 3:45   |
| Baxter's Harbour            | 11:15 - 12:00 | New Minas                   | 5:00 - 6:30   |
| Scott's Bay                 | 1:00 - 1:45   | <b>Wednesday - 24 March</b> |               |
| Sheffield Mills             | 2:15 - 3:00   | Apple Blossom School        | 1:00 - 1:20   |
| Canning                     | 3:15 - 4:30   | Waterville                  | 1:30 - 2:15   |
| Centreville                 | 5:45 - 6:45   | Cambridge (King's Co)       | 2:30 - 3:15   |
| <b>Thursday - 11 March</b>  |               | Bess View Sub-Div           | 3:30 - 4:30   |
| Dr. Arthur Hines School     | 10:45 - 11:45 | Coldbrook Centre            | 5:45 - 7:00   |
| Hants Shore Clinic          | 12:45 - 1:15  | <b>Tuesday - 30 March</b>   |               |
| Cambridge (Hants Co)        | 1:30 - 2:15   | Calvary Baptist Academy     | 1:00 - 1:45   |
| Cheverie                    | 2:30 - 3:00   | Charity Baptist School      | 1:50 - 2:25   |
| Summerville                 | 3:15 - 4:00   | Torbrook Mines              | 2:30 - 3:15   |
| Upper Burlington            | 5:15 - 6:00   | Meadowview                  | 3:45 - 4:30   |
| <b>Monday - 15 March</b>    |               | Aylesford                   | 5:45 - 7:00   |
| Cherryfield                 | 1:30 - 2:15   | <b>Wednesday - 31 March</b> |               |
| East Dalhousie              | 2:30 - 3:30   | Maitland Bridge             | 10:15 - 11:15 |
| Springfield                 | 4:00 - 5:30   | Clementsvalle               | 12:15 - 1:15  |
| New Albany North            | 6:45 - 7:30   | Cornwallis Park             | 2:15 - 3:00   |
| <b>Wednesday - 17 March</b> |               | Bear River East             | 3:30 - 4:30   |
| Mt Hanley                   | 1:45 - 2:30   | Bear River                  | 5:45 - 7:00   |
| Margaretville               | 3:00 - 4:00   |                             |               |



**THE MUNICIPALITY OF  
THE COUNTY OF KINGS**  
87 Cornwallis Street PO Box 100  
Kentville, NS B4N 3W3

### TAX SALE

**PUBLIC NOTICE** is hereby given that the following lands are liable to be sold for arrears of taxes due to the County of Kings as described below, and that unless such taxes with interest and expenses are sooner paid I shall proceed to sell the said land at Public Auction, Council Chambers, Municipal Complex, Cornwallis Street, Kentville, Nova Scotia on the 3rd day of March 2010 at 10:00 a.m. in the forenoon:

|    |                                                                                                                                                                                                                                  |             |    |                                                                                                                                                        |            |    |                                                                                                                                                                                     |            |
|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|----|--------------------------------------------------------------------------------------------------------------------------------------------------------|------------|----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|
| 4  | #00485764 Freda L Brewster<br>9824 Main St<br>Canning<br>Land Retail/Office <b>District 1</b><br><b>ZONED: C2,WF-B</b>                                                                                                           | \$3,676.70  | 16 | #03325776 Darren Richard Daley<br>540 Highway 360 Somerset<br>Land <b>District 4</b><br><b>HST IS APPLICABLE ON PURCHASE PRICE</b><br><b>ZONED: R7</b> | \$2,055.03 | 26 | #04577612 David M MacNab<br>2036 Highway 201<br>Lot 13 A<br>Greenwood Square <b>District 8</b><br><b>HST IS APPLICABLE ON PURCHASE PRICE</b><br><b>ZONED: A1</b>                    | \$1,129.21 |
| 5  | #00688452 Lawrence Casey<br>1427 Bains Rd<br>Lot B C Canning<br>Mobile1967 Hollywood 10x44 (47) <b>District 1</b><br><b>ZONED: A1</b>                                                                                            | \$1,852.41  | 20 | #03866157 Wayne Bezanson and Paul Brian<br>1935 Lot R-1 Burlington<br>Dwelling <b>District 4</b><br><b>ZONED: F1</b>                                   | \$1,414.28 | 29 | #04888758 Sarah Whidden(ITF) & June Andres(ITF)<br>155 Beach Row<br>Parcel 1 N Grand Pre<br>Dwelling <b>District 12</b><br><b>ZONED: C5, O1 (Private Road)</b>                      | \$1,700.64 |
| 8  | #01336215 Basil Colin and Beverly Duncanson<br>70-76 King St<br>Hortonville<br>1971 12X64 <b>District 12</b><br><b>ZONED: A1(Non-Conforming)</b>                                                                                 | \$3,882.18  | 21 | #04157222 Emden Garnet Tsaltas<br>646 Russia Rd<br>Lot 2006-RTS Black Rock<br><b>District 4</b><br><b>ZONED: F1</b>                                    | \$2,356.20 | 33 | #05197643 Barrett Starrett<br>41 Shelby Cre<br>New Minas<br>1970 Mobile-Hillcrest<br>12x46(50) Ser#2140947 <b>District 11</b><br><b>ZONED: RM (mobile only)</b>                     | \$1,119.10 |
| 11 | #01757849 William Harold Clarke<br>Schofield Rd<br>North Kentville<br>Land<br>Behind Civic 1232 <b>District 3 (NON REDEEMABLE)</b><br><b>HST IS APPLICABLE ON PURCHASE PRICE</b><br><b>ZONED: R2 (Landlocked not a bldg lot)</b> | \$4,049.63  | 22 | #04174666 Avery and Penny Ann Schofield<br>943 Peck Meadow Rd<br>Lot AS-1 Greenfield<br>Dwelling <b>District 12</b><br><b>ZONED: F1</b>                | \$2,644.72 | 34 | #05198356 Michael & Amanda Conrad<br>84 Mee Rd<br>Lot 2 North Kentville<br>Dwelling <b>District 2</b><br><b>ZONED: R2</b>                                                           | \$4,830.48 |
| 13 | #01924982 James and Julia Ann Lee<br>9064 Highway 221<br>Sheffield Mills<br>Land Dwelling <b>District 1</b><br><b>ZONED: A1</b>                                                                                                  | \$3,120.33  | 23 | #04176057 Eric L Kelly & Ella K Muise<br>1152 Grand Pre Rd<br>Wallbrook<br>Land Dwelling <b>District 12</b><br><b>ZONED: F1</b>                        | \$2,217.06 | 36 | #05388481 Richard Young<br>Russia Rd<br>Harbourville<br>Land <b>District 4</b><br><b>HST IS APPLICABLE ON PURCHASE PRICE</b><br><b>ZONED: F1</b>                                    | \$776.69   |
| 15 | #03289605 3037861 Nova Scotia Ltd<br>8799 Commercial St<br>Lot 3-2000-X New Minas<br>Service <b>District 11</b><br><b>ZONED: C1, O1, WF-D</b>                                                                                    | \$32,909.32 | 24 | #04269357 Juanita L Wilcox<br>1359 Bluff Rd<br>Hants Border<br>Land Dwelling <b>District 12</b><br><b>ZONED: F1</b>                                    | \$1,571.49 | 37 | #08077991 Gary Anthony Morris<br>Otter Lake Lane<br>Lot 52<br>East Dalhousie <b>District 8</b><br><b>HST IS APPLICABLE ON PURCHASE PRICE</b><br><b>ZONED: S2 ,F1 (Private Road)</b> | \$855.38   |

Terms: Taxes, interest and cost owing. (The amount advertised) to be paid at the time of sale by cash, money order, debit, certified cheque from the bank (will not be accepted if not certified) or lawyer's trust cheque, balance of your bid to be paid by cash, money order, debit or certified cheque within three (3) days after the sale.

**The Municipality of Kings makes no representations or warranties to any purchaser regarding the fitness, geophysical or environmental suitability of the land(s) offered for sale for any particular use and are being sold on an “as is” basis only.**

This advertisement will be maintained and updated on our website.

**Bill McKennan, Director of Corporate Services and Municipal Treasurer**



# FOR YOUR INFORMATION

## UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS

FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com). These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

### The incrEDIBLE Community Supper

Presented by the Kingston Lions Club and the Kingston/Greenwood Mall Farmers Market Vendor Association, Saturday March 13th, 6:00 p.m. at the Kingston Lions Club. An evening to promote eating local, featuring all local food from valley farms, local wine tasting, turkey supper and dessert. Wine bar with local wineries, door prizes, 50/50

draw, presentations from the Kingston/Greenwood Mall Farmers Market Vendor Association, Local Farmers and Select Nova Scotia, Chef Cooking Demo. Tickets \$15 per person, sold in advance at: T&S Office Essentials Kingston, Greenleaf Enterprises Greenhouse and Flower Shop Wilmot, Evans Family Farm roadside stand at the farm in Wilmot, Kingston Pharmasave, Kingston Lions Club and at the Green-

wood Mall Farmers Market Wednesdays 12:00 - 6:00 p.m. For more info contact Colleen McKinley 840 0423 or visit our Market Website: [www.getfreshkingston.com](http://www.getfreshkingston.com). **RCL Br#01 Middleton Breakfast**

March 6, 2010 at 8:00 a.m. till 11:00 a.m. Cost: \$5.00 adults, \$2.50 children under 12 yrs. Open to the public. Come out and enjoy! Menu: Scrambled eggs or pancakes, hash browns, baked beans, bacon or sausage, toast, coffee, tea, apple or orange juice. Please help support the Branch. Yours in Comradship "Ways & Means". **Crazy for Curry**

Come and join us for a meal of Curry dishes, from mild to hot there will be a variety of curry dishes to excite your tastebuds and warm you up and a lovely smooth dessert to finish the meal off with. Where: Holy Trinity Church Hall, Middleton. When: March 4th, 2010, 4:30-6:00 p.m. Cost: Adults \$10.00; Children under 12 \$7.00. Proceeds to go towards the our New Church Building Fund. **"Funds for Fuel"**

### Bridge Party

Play begins at 1:15pm, Monday, March 8th, Macdonald Museum, Middleton. Come out for a fun afternoon and support your Museum. Cost \$4.00 per person, light lunch served. Call 825-6116 for more information.

### Rack 'em up for Habitat

March 27<sup>th</sup> at Dooley's Greenwood. Join us for an informative and entertaining evening as we raise funds to support Habitat for Humanity's first project here in the Annapolis Valley. Learn how you can help provide a decent home for a deserving family here in the valley. Silent Auction, Buffet Dinner, Free Pool All Night, Auc-

tion, Live Entertainment. Ticket \$12.00. Doors open 5:00 p.m. Tickets available at Dooley's, Rona stores in Kingston & Middleton, Berwick Building Supply, or contact HabitatAV at 690-5344.

### Kingston & District Health Auxiliary

The Kingston & District Health Auxiliary will hold their monthly meeting Tuesday, March 2nd at 1:00 p.m. in the Kingston Fire Hall. All are welcome.

### Overeaters Anonymous (OA)

OA is a fellowship of men and women who through shared experience and mutual support are recovering from eating disorders that include Bulimics, Anorexics and Overeaters. No dues ... no fees ... no weigh-ins. We are not a diet and calories club. Every Friday at 7:30 p.m., the Kingston Freedom Group meets at the Multi-Addiction Centre Society (MACS), 2080 Bishop Mountain Road, North Kingston. For more information, contact Lorraine at 681-0613. To learn more, visit [www.oa.org](http://www.oa.org).

### Kingston Area Seniors Association

Kingston Area Seniors Association meets the second Wednesday of each month at 10:00 a.m. At the Kingston Branch No 98 of the Royal Canadian Legion. Fun day (cards & games) every second and fourth Friday of the month at 1:00 p.m. For more information contact Minnie Rogers at 765-3292.

### 14 Wing Dragon Boat Club

The 14 Wing Dragon Boat Club is looking for members. Both military and civilians of all ages are welcomed. Come to the Greenwood Community Centre Club Room on Monday, March 8th at

7:00 p.m. to find out more. If you'd like more information or you can't make it on the 8th, please contact Sgt Dave Shears, 3420, david.shears@forces.gc.ca or Lt Nadia Kang, 3940, nadia.kang@forces.gc.ca.

### "The Light Shines On"

An exhibit celebrating 100 years of registered nurses in Nova Scotia, Macdonald Museum, Middleton. It features uniforms, yearbooks, photos and much more. Come in and show your appreciation of nurses and support the museum. Admission charged to non-nurses. Museum hours Mon-Fri, 10:30 a.m. to 5:00 p.m. Phone 825-6116 for more information.

### Annapolis Valley Historical Society Meeting

7:30 p.m., Tues, March 23rd, Macdonald Museum, Middleton. Guest speaker Owen Bridge of Nictaux on traditional seed and vegetable varieties. All welcome. No admission charged. Phone 825-6116 for more information.

### Valley Autism Support Team

The March VAST meeting will be held on Thursday 4 March 2010 starting at 7:00 p.m. in the Autism Centre, Kingston & District Elementary School, 630 Pine Ridge Ave, Kingston. Contact: 765-3883.

### Annual Meeting

The Annual Meeting of the Melvern Square & Area Community Association will be held on Thursday, March 18th at 7:00 p.m. Everyone is encouraged to attend.

### Church Library Hours

The Kingston United Baptist Church Library is open to the public on Thursday evenings 6:30 - 7:30 p.m. Located upstairs in the Christian Education wing. Please

use upper side doors off main parking lot. Excellent selection of Christian books, videos, CDs and DVDs. For further info, call 765-6735.

### Coffee Party

At the Beehive Adult Service Centre 1119 Station Street, Aylesford, Monday March 15th from 10:30 a.m. - 12:30 p.m. Free willing offering, door prizes, bake sale and fabric sale on site. Everyone Welcome!

### Christian Music & Variety Night

Middleton Baptist Church, Saturday 13 March, 2010 at 7:00 p.m. Featuring the local talent of: Ole Country, Paul & Margaret Langille, Eileen Clark, Bob Chetwynd, El Shaddai and many more... solos duets, quartets. Refreshment and dessert, free will offering.

### Roast Turkey Supper

The Middleton and District Lions Club will be holding a Roast Turkey Supper on Sunday, March 7, from 4:00 to 5:30 p.m. \$10.00 Adult / \$6.00 Children (under 12). Take-out available (Pick-up only) 825-4374. This event is being held at the Lions Club Hall on Highway #10, Nictaux, NS and the proceeds will benefit the CNIB. This is a wheelchair accessible facility.

### Kingston Lions

### Community Luncheon

The Noon Luncheon will be held at the Kingston Lions Hall on Tuesday 09 March 2010 from 11:30 a.m. until 1:00 p.m. Menu: Hot Roast Beef Dinner with all the fix-ins and Desert. Cost: \$8.00 per meal, \$8:50 delivered. Phone 765-2128.

### Chef Aubrey's Delicious

Corn Beef and Cabbage Supper, Saturday, March 13 from 5:00 - 6:30 p.m. Emmanuel Church 37 Gates Avenue, Middleton. \$12.00 per person. For advance tickets please call Sally 825-3087 or Pat 825-3823.

# HOROSCOPES

February 28 to March 6

### ARIES - Mar 21/Apr 20

Aries, when someone new comes to town there's more than meets the eye to the situation. Use caution when proceeding. Money becomes the topic of conversation.

### TAURUS - Apr 21/May 21

Taurus, things are a bit humdrum for you, so make your own magic in the days to come. Pisces shares a few candid moments with you on Wednesday.

### GEMINI - May 22/June 21

Romantic liaisons will have to be put on hold for the time being, Gemini. You have other responsibilities that need to take precedence. Tough words are heard this week.

### CANCER - Jun 22/Jul 22

Read between the lines, Cancer. There's something not being said that you must understand. You are completely caught up in your situation and are ignoring others.

### LEO - Jul 23/Aug 23

Leo, focus on the small details, as they will be your key to success. When a loved one talks, you should listen. There's an important message there.

### VIRGO - Aug 24/Sept 22

Virgo, patience is a virtue that you discover is in short supply. Ask someone to share some of your responsibilities to avoid a meltdown. Calmer waters are on the horizon.

### LIBRA - Sept 23/Oct 23

Rash decisions could backfire, Libra. Before making a rash decision, think it over one more time. Cancer provides sound advice on Thursday.

### SCORPIO - Oct 24/Nov 22

Keeping your head about you is easier said than done, Scorpio. Just when you thought you couldn't do any more, a few extra tasks get added to your list.

### SAGITTARIUS - Nov 23/Dec 21

Sagittarius, your competitive streak comes to the forefront. Resist the temptation to show someone up this week. It might come back to haunt you in the future.

### CAPRICORN - Dec 22/Jan 20

Capricorn, think before you turn over responsibility to someone else. Is this person trustworthy? You may have to reconsider a few decisions and this might take some time.

### AQUARIUS - Jan 21/Feb 18

Aquarius, someone close is not complaining, this person simply needs more help. You are the only one that can provide it. Plan accordingly in the days to come.

### PISCES - Feb 19/Mar 20

Pisces, use better judgement the next time you are called into a leadership role. Others are watching your every move.

### FAMOUS BIRTHDAYS

|             |                                 |
|-------------|---------------------------------|
| FEBRUARY 28 | Bernadette Peters, Actress (62) |
| MARCH 1     | Alan Thicke, Actor (63)         |
| MARCH 2     | Jon Bon Jovi, Singer (48)       |
| MARCH 3     | Jessica Biel, Actress (28)      |
| MARCH 4     | Catherine O'Hara, Actress (56)  |
| MARCH 5     | Eva Mendes, Actress (36)        |
| MARCH 6     | Tom Arnold, Actor (51)          |


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2. Fax: 765-1717
3. Drop into our office located on School Road (Morfee Annex)

**No Central Registry or Canada Post please.**

**Deadline: Noon, Thursday, March 4, 2010.**

Make sure you include your full name and phone number.

| NAME                                                                                                                                                           | PHONE NUMBER |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| <b>Limited to one win per family in a TWO MONTH PERIOD.</b>                                                                                                    |              |
| The winner will be drawn randomly from all correct entries. Only one entry per family per week.                                                                |              |
| <b>Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!</b> |              |
| 1. What business is sponsoring the Sudoku puzzle                                                                                                               | _____        |
| 2. When is the deadline for Volunteer of the Year in Kingston                                                                                                  | _____        |
| 3. Whose ad says, "Win a \$1000 trip a week"                                                                                                                   | _____        |
| 4. B & D Carpet is on what street in Middleton                                                                                                                 | _____        |
| 5. Aqualab offers what kind of service                                                                                                                         | _____        |



**This contest is brought to you by:**

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**765-4477**

**Congratulations to last week's winner: RAOUL COMEAU**

**EAP**

Employee Assistance Program

When you need someone to talk to, call:

**Al MacDonald...1532**

**Wayne Atwater...5567**

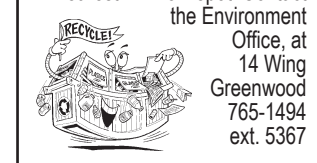
**Darlene Richards...3119**

**Debby Benda...3340**

*Make a Difference*

**RECYCLE**

This newspaper can be recycled through the recycling program at 14 Wing Greenwood, curb side collection programs or at your nearest Enviro Depot. Contact the Environment Office, at 14 Wing Greenwood 765-1494 ext. 5367





# Big Bird was on to Something

Submitted by: Michelle Thibodeau Wagner, GMFRC,  
Coordinator of Special Events and Promotions at  
765-1491 local 1421 michelle.thibodeau-wagner@  
forces.gc.ca

Anyone who remembers the “old” Sesame Street might remember the song “Who are the people in your neighbourhood?” You might remember the tune, “the people that you meet as you’re walking down the street”. A song about neighbours and people we know and those in our community we have yet to meet.

Our Neighbours; the people next door or across the street. People we talk to in passing about the weather and how good the lawns are growing. People we wave as we drive by. A group of people who make up a community that cares about one another. People who watch out for and help one another.

Neighbours are people who will encourage a deployed spouse to call if they need help, they are people who will feed your cat while you are away and water your plants. They are the people you can call in the middle of the night when you need to take a sick child to the hospital.

Neighbours are the generous people who will take the time to help a deployed spouse with a snowed in driveway, without being asked. *Our Neighbours*. How lucky we are to live in such a supportive community. Something that we may take for granted but certainly shouldn’t. Not every community is like ours. Not every community is as caring as ours. One more example of why the Annapolis Valley is such a great place to live.

Our neighbours play a huge role in the success of our Canadian Forces’ missions and probably don’t even realize it. Helping to support a deployed military family, in turn helps a military family successfully get through a deployment. Neighbours, whether military or civilian, provide the deployed family with that extra boost that they may need to successfully support the deployed member.

It’s an awesome trickle effect: Our troops are the strength

behind the country, the military family is the strength behind the uniform and our community is truly the strength behind the military family. What a wonderful place to live. Thank you to all our neighbours!

## 8 weeks to go!



The 31<sup>st</sup> edition of the ZX 10K Road Race is coming to Greenwood on Sunday, April 25<sup>th</sup>

Are you looking for a challenge? Do you want to start your running season on the right foot? Why not sign up for one of the events, a 10km road race around

Greenwood or the 5km fun run!

Greenwood ZX 10K is the second event of the Run Nova Scotia series and the first of the Timex series. For more information or to register, visit our website at [www.zx10k.ca](http://www.zx10k.ca)

Perhaps you still want to be part of this great event but you don’t want to run? We are looking for a number of volunteers to make sure this is the best race of the season. For more information contact us at [zx10k.2010@gmail.ca](mailto:zx10k.2010@gmail.ca)

### CUCINA AURORA



#### Garlic Mustard

6 Garlic cloves, peeled  
1 Tbs. Olive Oil  
8 oz. Dijon-style mustard  
½ tsp. Basil leaves  
¼ tsp. Oregano leaves

Preheat oven to 325°F degrees. Place garlic in a small baking dish and drizzle with oil. Roast garlic 20 to 30 minutes, stirring frequently, until garlic is soft. Squeeze out and mash garlic, removing any tough pieces.  
Combine mashed garlic with remaining ingredients and refrigerate overnight to allow flavours to blend.

### Canadiana Crossword

#### Leading Ladies

By Bernice Rosella and James Kilner

**Solution page 18**

|    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 |
| 12 |    |    | 13 |    |    |    | 14 |    |    |    |
| 15 |    |    | 16 |    |    |    | 17 |    |    |    |
| 18 |    |    | 19 |    |    | 20 | 21 |    |    |    |
|    |    | 22 |    |    | 23 |    |    | 24 | 25 | 26 |
| 27 | 28 | 29 |    |    | 30 |    |    | 31 |    |    |
| 32 |    |    |    | 33 |    |    | 34 |    |    |    |
| 35 |    |    |    | 36 |    |    | 37 |    |    |    |
| 38 |    |    | 39 |    |    | 40 |    |    |    |    |
|    |    | 41 |    |    |    | 42 |    | 43 | 44 | 45 |
| 46 | 47 | 48 |    |    | 49 | 50 |    |    | 51 |    |
| 52 |    |    |    |    | 53 |    |    | 54 |    |    |
| 55 |    |    |    |    | 56 |    |    | 57 |    |    |

### Sudoku

**Solution page 18**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   | 9 | 2 |   |   | 1 |   | 3 |   |
| 8 | 7 | 3 |   |   |   |   |   | 1 |
|   | 1 | 4 |   |   | 3 | 2 |   |   |
|   | 8 |   | 1 | 5 |   |   |   | 9 |
|   |   |   | 9 |   |   |   | 2 |   |
| 9 |   | 6 | 4 |   | 8 |   |   |   |
| 3 |   | 9 |   |   |   |   |   |   |
|   |   |   |   | 4 |   | 8 |   |   |
|   | 4 |   |   | 6 | 9 | 5 | 1 | 7 |

Level: Beginner

**Fun By The Numbers**  
Here’s How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Sudoku brought to you compliments of:



954 Central Avenue  
Greenwood  
**765-6381**

### PATRICK'S PUZZLE

#### Music Word Find

Just in time for Music in Our Schools Month, see how many related words you can find and circle in the puzzle.

|           |            |          |
|-----------|------------|----------|
| BAND      | INSTRUMENT | PRACTICE |
| CHOIR     | MUSIC      | SCHOOL   |
| CHORUS    | NOTE       | SONG     |
| CONDUCTOR | PLAY       | TUNE     |

C T M E H C G Y D B I B  
F W N T C T H S M N B A  
G G E E S I U O S I V N  
N N U V N R T T I D N D  
E O S R O U R C O R G C  
L S G H Z U T Y A L P Q  
O G C Y M N R N A R B F  
O Y I E T G M Z H M P N  
H M N R O T C U D N O C  
C T M U S I C A H T P G  
S O C Y A E Y P E W K Z  
L L O B S I Y G S B Y Z

#### Music Scramble

Unscramble the words to complete the sentences.

- Many students are in the **C R M G A H N I** band.
- Can you sing the **M Y D E L O**?
- It is important to **S E R E A R H E** to play well.
- Drummers must keep the **E T B A**.

Answers: 1. marching 2. melody 3. rehearse 4. beat

Patrick's Puzzle brought to you compliments of:



authorized dealer  
Cellular Sales & Service  
Authorized Product Care Centre  
**765-2415**



Greenwood Mall

#### ACROSS

1 Pride  
4 Small child  
8 European river  
12 Pa  
13 Paragon  
14 First female Canadian parliamentary opposition leader  
15 Potable  
16 Queue  
17 Pinnacle  
18 Slightest  
20 Cartographer's concern  
22 Alamos or Angeles preceder  
23 Emetic  
27 Prized pie  
30 A. Nobel invention  
31 Word after Christmas and New Year's  
32 Coup d' \_\_\_\_\_  
33 Hair piece  
34 Death notice, abbr.  
35 Out in Achen  
36 Senor Gueverra  
37 First female speaker

#### DOWN

1 Dutch cheese  
2 Heavy wind  
3 German river  
4 First female appointed to Canada's Supreme Court  
5 Mine entrances  
6 Bit of matter  
7 James Bond creator

of Canada's parliament  
38 Soapberry  
40 Male saints, abbr.  
41 Away, in a way  
42 First woman to lead a seat-winning Party in a Canadian election  
46 Woodworkers tool  
49 Blow your horn  
51 Ironic  
52 Ensnare  
53 Wood wind  
54 Crystal  
55 Devours  
56 Nibbles  
57 Side arm

lan  
8 Wide open  
9 Circle part  
10 Sleep cycle  
11 Observe  
19 Israeli port city  
21 Likely  
24 Philippine Island  
25 Tel \_\_\_\_\_  
26 Group of badgers  
27 Ring, as a bell  
28 Pocketbook  
29 Throw  
30 Bind  
33 First female Mayor of a Canadian city  
34 Oven  
36 Russian river  
37 Avers  
39 Canada's first female Deputy Prime Minister  
40 Quaff  
44 Killer whale  
45 No, to Nagurski  
46 Travel rep's concern  
47 Macaws  
48 Took a seat  
50 Japanese sash

Weekly Crossword brought to you compliments of:

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# Classified Ads

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To place a Classified Ad by Word Count call Candace Ernst at 765-1494 local 5440. The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com). Fax: 765-1717.

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.

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**FOR SALE** - Inglis Dryer (Warranty until November 10), and Admiral Washer



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Fax: 902-825-4340

Email:

[info@colesawyerlaw.ca](mailto:info@colesawyerlaw.ca)

Website:

[www.colesawyerlaw.ca](http://www.colesawyerlaw.ca)

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## FOR RENT

**FOR RENT - LINCOLN-SHIRE APT AVAILABLE,** March & May. 2 bedroom apartment \$575.00 month excludes utilities. Live-in Super, secured building. Please call 765-6669. (3102-ufnB)

**FOR RENT** - 2-bedroom duplex in Greenwood. Walking distance to mall. \$665.00 a month. Lights

and heat included. Call 765-4132. (3102-ufn)

**FOR RENT - Fully furnished, one bedroom adult apartment on ground level.** Newly decorated, clean and modern. Separate entrance, ample parking. All utilities included in rent. Located in Aylesford, adjacent to the 101 Highway. Nine minutes to CFB Greenwood making it ideal for armed forces personnel on imposed restrictions. Smoke free, laundry facilities available. Application form, references and security deposit required. Please call 847-9244 or 847-1268 or e-mail us at [jackliveastlink.ca](mailto:jackliveastlink.ca). Available April 1, 10. (3106-6tpB)

**FOR RENT** - Two-Bedroom Apartment located in Kingston. \$700.00 utilities included. Available March 1st, 2010. Phone 678-5665 and leave a

## DAN'S FIREWOOD

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message. (3108-2tp)  
**FOR RENT** - Office space to rent in CANEX mall. 14 Wing Greenwood. 431 sq ft. Contact Ken Keddy at 765-6994 local 5423. (3109-1tp)

## SERVICES

**DROP & LOCK STORAGE** - Kingston/Greenwood's newest building, clean, secure self storage your lock—your security code sizes: 10' x 10' or 5' x 10' 847-1405 or 760-0278. (2903-ufnB)

**SERVICE** - Self Storage located in Kingston, units available 5'x12', 5'x13', 8'x10'. Prices vary call 825-3607. (2931-ufnB)

**SERVICE** - Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates - flexible hours Call Mike at 242-2465 Greenwood/Kingston (3024-ufn)

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**SERVICE - CHILDCARE PROVIDER.** Childcare available in my home Monday-Friday with flexible hours. Healthy snacks and lunch provided. Semi-structured days with lots of indoor and outdoor activities. Centrally located in Kingston. Reasonable rate and references provided. Call Heather at 765-3825. (3107-4tpB)

**SERVICE** - Ms. Lori's family daycare has 2 full time spots available. Early childhood educator with programs from 12 months to 5 years. Country home. 5 minutes from Greenwood Mall. Phone 765-0684. (3107-4tp)

## EMPLOYMENT

**EMPLOYMENT** - Seeking class 3 Truck driver with Air Brake Endorsement to operate vacuum truck in Western Nova Scotia/Metro area. WHIMIS and Emergency First Aid Needed. TDG training, welding experience and mechanical abilities not required but would be an asset. Full time seasonal position commencing mid to late April. Salary to be negotiated. Please include

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current copy of driver's abstract. Mail or fax to: Loomer's Pumping Service Limited. Box 633, Kingston, NS. B0P 1R0 or phone 765-2774 or fax 765-0144. (3109-2tpb)

**EMPLOYMENT** - Seeking labourer for dewatering plant/composting operation. WHIMIS and Emergency First Aid Training Needed. Mechanical abilities not required but would be an asset. Will train for dewatering operation. This is a full time seasonal position commencing early to mid May. Salary to be negotiated. Please include current copy of driver's abstract. Mail or fax to: Loomer's Pumping Service Limited. Box 633, Kingston, NS. B0P 1R0 or phone 765-2774 or fax 765-0144. (3109-2tpb)

## NOTICE

**NOTICE** - May the sacred heart of Jesus be adored, glorified, loved and preserved through the world now and forever. Sacred heart of Jesus, pray for us. St. Jude, helper of the hopeless, pray for us. Say this prayer (9) times a day, by the (8) day your prayer will be answered. Say it for (9) days; it has never been known to fail. Publication must be promised. Thank you St. Jude for favour received. MNB (3109-1tp)

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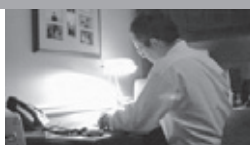
Barrister \* Solicitor \* Notary

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Greenwood, NS B0P 1N0

Email: [dap@davidproudfoot.com](mailto:dap@davidproudfoot.com)

Web: [www.davidproudfoot.com](http://www.davidproudfoot.com)

T: 902-765-3301 F: 902-765-6493



• Real Estate  
• Family Law  
• Wills / Estates  
• Litigation  
• Incorporations  
• Consultations / Referrals

## Crossword Solution

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| E | G | O |   | W | A | I | F |   | A | A | R | E |
| D | A | D |   | I | D | O | L |   | G | R | E | Y |
| A | L | E |   | L | I | N | E |   | A | C | M | E |
| M | E | R | E | S | T |   |   | M | A | P |   |   |
|   |   |   |   | L | O | S |   | I | P | E | C | A |
| P | E | C | A | N |   | T | N | T |   | E | V | E |
| E | T | A | T |   | W | I | G |   | O | B | I | T |
| A | U | S |   | C | H | E |   | S | A | U | V | E |
| L | I | T | C | H |   |   |   | S | T | S |   |   |
|   |   |   |   | O | U | T |   | W | A | T | S | O |
| R | A | S | P |   | T | O | O | T |   | W | R | Y |
| T | R | A | P |   | O | B | O | E |   | I | C | E |
| E | A | T | S |   | N | I | P | S |   | G | A | T |

## Sudoku Solution

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 6 | 9 | 2 | 5 | 8 | 1 | 7 | 3 | 4 |
| 8 | 7 | 3 | 6 | 2 | 4 | 9 | 5 | 1 |
| 5 | 1 | 4 | 7 | 9 | 3 | 2 | 8 | 6 |
| 4 | 8 | 7 | 1 | 5 | 2 | 3 | 6 | 9 |
| 1 | 3 | 5 | 9 | 7 | 6 | 4 | 2 | 8 |
| 9 | 2 | 6 | 4 | 3 | 8 | 1 | 7 | 5 |
| 3 | 5 | 9 | 8 | 1 | 7 | 6 | 4 | 2 |
| 7 | 6 | 1 | 2 | 4 | 5 | 8 | 9 | 3 |
| 2 | 4 | 8 | 3 | 6 | 9 | 5 | 1 | 7 |



# Subway Swimmers of the Week


**Gabrielle Baker**

Nova Tech 2  
9 yrs old  
2nd year with GDSC  
Favourite Stroke:  
Breaststroke  
Other Interests: Reading &  
Playing with Friends

**Caleb Edwards**

Age Group 2  
12 yrs old  
3rd year with GDSC  
Favourite Stroke: Freestyle  
Other Interests:  
Lego & Baseball


**Leeana Houston**

Novice  
7 yrs old  
1st year with GDSC  
Favourite Stroke: Butterfly  
Other Interests: Running &  
Reading

**Ben McIntyre**

Nova Tech 1  
11 yrs old  
1st year with GDSC  
Favourite Stroke: Freestyle  
Other Interests: Lego



## Cooking with Kids!

Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812

The smell of fresh pizza filled the halls of the GMFRC on Tuesday, February 22, 2010 as 8 chefs in training created their own pizzas and yummy root beer floats. Our mini chefs had a great time cooking together with the help of 3 dedicated GMFRC Volunteers Anna Maria, Vincent, and Natasha. Activities such as cooking with kids provide children with opportunities for learning new skills in a fun filled environment while making new friends. (Picture by: Jennifer MacLeod)

## Greenwood Military Aviation Museum

*"Saving your past for your future"*

June to August • 7 days a week • 9 am to 5 pm  
September to May • Tuesday to Saturday • 10 am to 4 pm

We invite you to drop in and see what a difference a year makes! Join the thousands that have visited the museum over the past year and see the "new and improved facilities".

For that "hard to find item for that someone special" browse in the **Museum Store** for items such as mess dress items, videos, books, badges, clocks, flags, licence plates, clothing, lapel pins, caps, limited edition prints and an extended selection of models, decals and paints. Remember us for your medals and mounting requirements. If we don't have it, we will order it!

The display aircraft are part of the museum complex and are located next to the parking lot.

The museum is located in the CANEX building, East Side, and remember:

**Admission is free!**

For further information, contact the museum at 765-1494 local 5955. Meet you at the museum!

The Pengrowth-Nova Scotia

## Energy Scholarship Program can help you achieve your career goals.

The Pengrowth-Nova Scotia Energy Scholarship Program offers up to twelve **\$10,000 scholarships** (\$2,500 renewable over 4 years) to students entering a Nova Scotia university, and as many as ten **\$2,500 non-renewable scholarships** to students beginning studies at the Nova Scotia Community College (NSCC).

The **university** application deadline is **April 30, 2010**. The **NSCC** application deadline is **May 7, 2010**.

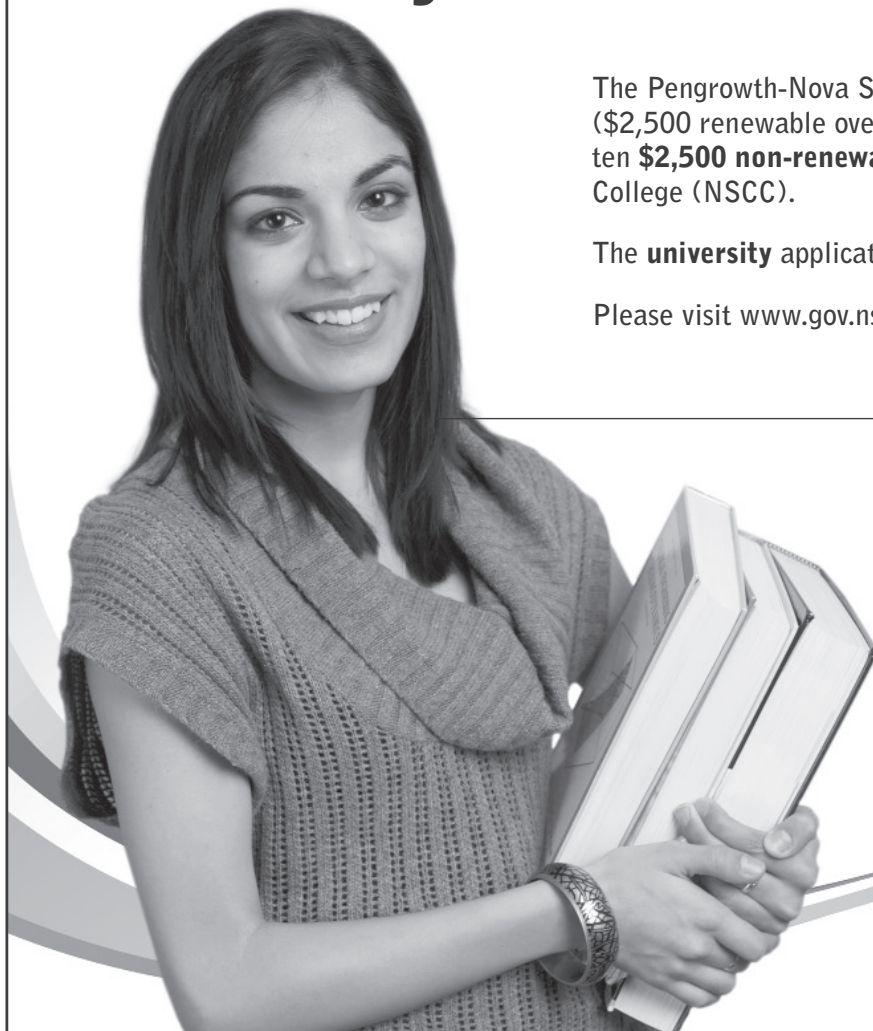
Please visit [www.gov.ns.ca/energy](http://www.gov.ns.ca/energy) or call (902) 424-1559 for more information.

*"This scholarship has allowed me to pursue my studies in Applied Sciences, providing me with networking opportunities to benefit my career."*

Jaya Wadhawan, Bachelor of Science, Dalhousie University Winner of the 2009 Pengrowth-Nova Scotia Energy University Scholarship



DEVELOPING LEADERS IN ENERGY





# GMFRC Volunteer of the Month

Submitted by: Jennifer MacLeod, GMFRC Program Support Assistant

Our volunteer of the month for February 2010 is **Toni Craig**. He started volunteering with us in 2007 and has volunteered for numerous reasons at the centre. Just a few things that Toni has participated in are tutoring, deployment packages, welcome package preparations, office work, many special events and fundraising activities. We appreciate all that you have done and continue to do for your community and the centre. Thank you Toni!

The **Greenwood Military Family Resource Centre (GMFRC)** recognizes that



our volunteers truly do make a difference within the centre and the community. Every volunteer donates their time and energy and embraces our mission by supporting and celebrating our unique

military family lifestyle.

At the beginning of each month we will feature a different volunteer. It will be posted monthly in the Aurora newspaper. Deciding on a *Volunteer of the Month* is simple. Names will be chosen and drawn based on

the *volunteer sign-in book*. It is important to always remember to record your hours, as the *Volunteer of the Month* will receive a special thank you gift.

We understand that every volunteer works hard and gives freely of their time and

we would love to recognize each and every one of you, but there will only be one *Volunteer of the Month*, per month. As a registered volunteer with the GMFRC, we do have an annual Volunteer Appreciation Dinner coming up in April 2010 where every volunteer is invited and recognized for

their outstanding efforts and hard work.

If you would like more information on *Volunteer of the Month* or how to become a registered volunteer at the **GMFRC**, please contact the Coordinator of Volunteer Services, Janie Gagnon at 765-1494, local 5938 or email at Janie.Gagnon@forces.gc.ca

*If you want to drink ~  
That is your business  
If you want to stop drinking ~ We can help.*



AA meetings every Tuesday at 8 p.m.  
at St. Mark's Protestant Chapel

**Wilton Cake Decorating Classes**  
Country Store offers on going Wilton Cake Decorating Classes beginning the first of every month!

Envy those beautifully decorated cakes at the bake shop? Learn the techniques to create them for yourself and your loved ones from Pastry Chef, Heather Israel as she instructs you in The Wilton Method of Cake Decorating. Classes consist of four levels with four weekly lessons for each level. Take one, two, three or all four levels.

Hurry in to register for Level One or Level Two. Morning and night classes available starting March 1 & 2.

**Country Store**  
Natural Alternatives for a Healthy Lifestyle  
Greenwood Mall • 902-765-4766

**Strengthening Families Together**  
Helping Canadians Live with Mental Illness

Do you have a relative or friend with a serious mental illness? Would you like to learn more about his or her illness?

**Strengthening Families Together**, a 10-session group for families and friends, providing information, skill building and support

You will learn about:

- Getting help early, and recovering
- Treatment and Supports
- Coping with challenges of daily living
- Finding your way through the mental health system
- The importance of taking care of yourself, too.

The Schizophrenia Society of Nova Scotia - Kings County Chapter is hosting the next group

Starting Tuesday, 16 March 2010

Register today

Phone: Pat at 678-8458 or Penni at 678-1229

**SESSIONS ARE FREE**

## Combien de portes une éducation en français ouvre-t-elle à vos enfants? Toutes!



La Semaine de la promotion de l'éducation acadienne et francophone en Nouvelle-Écosse se déroule du 8 au 12 mars 2010. Dans le cadre des activités entourant cette semaine, les 19 écoles du Conseil scolaire acadien provincial (CSAP) organisent des portes ouvertes.

C'est l'occasion idéale d'apprendre de quelle façon vous ou votre enfant sera avantagé sur le plan culturel, social et économique en fréquentant l'un des centres de la petite enfance, l'une des écoles élémentaire ou secondaire, une institution post-secondaire ou l'un des cours d'alphabétisation. Il y a aussi plusieurs programmes et services reliés à la petite enfance disponibles dans les communautés acadiennes et francophones. Ces programmes et services offrent des expériences en développement du langage à partir d'un très jeune âge.

Si vous, votre conjoint ou conjointe ou un grand-parent est Acadien ou francophone, vous avez l'opportunité de faire profiter votre enfant de meilleurs avantages de vie.

Pourquoi ne pas en profiter? Durant la semaine, visitez l'une des écoles du CSAP de la Nouvelle-Écosse et voyez de quelle façon cet avantage peut améliorer l'avenir de votre enfant. Téléphonnez à l'école la plus près de chez vous si la date des portes ouvertes ne vous convient pas. Le transport est fourni aux élèves dans les régions géographiques de chaque école.

**Participez au tirage du prix de présence de  
500 \$!**

**École Rose-des-Vents**  
6, chemin Bedford, Greenwood, N.-É. – 765-7100

Portes ouvertes : le mercredi 10 mars de 9 h à 14 h  
Spectacle : (entrée libre) le mercredi 10 mars à 19 h

**Vivre en français, c'est à ton avantage!**  
[www.educationenfrancais.ca](http://www.educationenfrancais.ca)

Projet de huit (8) organisations qui partagent les mêmes buts en éducation : Conseil scolaire acadien provincial (CSAP), Équipe d'alphabétisation-Nouvelle-Écosse; Université Sainte-Anne (USA), Fédération des parents acadiens de la Nouvelle-Écosse (FPANE), Centre provincial de ressources préscolaires (CPRPS), Conseil jeunesse provincial (CJP), ministère de l'Éducation & ministère du Travail et du développement de la main d'œuvre de la Nouvelle-Écosse.

## How many doors offer life advantages for Acadian and Francophone children? Every one of them!

During the week of March 8-12, 2010, all 19 Nova Scotia's Conseil scolaire acadien provincial (CSAP) schools will be holding open house events. Parents can learn how sending Acadian and Francophone children to any one these schools will open doors of opportunity for their children.

If you, your spouse or one of your grandparents is Acadian or Francophone, this is your opportunity to offer your children cultural, social and even economic life advantages. You can achieve this by sending your children to one of the CSAP early childhood centres, elementary or secondary schools, post-secondary or one of the courses in adult education. Many early childhood programs and services are available in the Acadian and Francophone communities. These programs and services offer an array of early language learning experiences to the young child.

French language post-secondary education at both the collegiate and university levels are also available in Nova Scotia. Many adults have rediscovered their French language and heritage through literacy courses.

It's your heritage, so why not take advantage of it? Visit the school nearest you listed below to learn about offering a better life for your child. Call the school for an appointment if the date of the open house is not convenient for you. Student transportation is provided in the geographical area of each school.

**Enter the door prize draw for a chance to win  
\$500 in cash!**

**École Rose-des-Vents**  
6 Bedford Road, Greenwood, NS – 765-7100

Portes ouvertes : le mercredi 10 mars de 9 h à 14 h  
Spectacle : (entrée libre) le mercredi 10 mars à 19 h

**Living in French, it's to your advantage!**  
[www.educationenfrancais.ca](http://www.educationenfrancais.ca)

Project of eight (8) organisations sharing the same goals in education : Conseil scolaire acadien provincial (CSAP), Équipe d'alphabétisation-Nouvelle-Écosse; Université Sainte-Anne (USA), Fédération des parents acadiens de la Nouvelle-Écosse (FPANE), Centre provincial de ressources préscolaires (CPRPS), Conseil jeunesse provincial (CJP), Nova Scotia Department of Education & Department of Labor & Work Force Development.

