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Donations for the Haitian Relief Effort

The following website address from the Department of Foreign Affairs and International Trade Canada provides information for anyone wanting to make a donation in support of the Haitian relief effort.
http://www.international.gc.ca/humanitarian-humanitaire/canadians_help-aide_canadien.aspx?lang=eng#organizations

SECTION

African Heritage Month 3

Canadian Soldier Killed 3

CFHA News 8

Winter Carnival 11

COMMUNITY

Health Promotion Services 2

Blood Donor Clinic 4

March 1st I Quit! 4

National Literacy Day 6

Holocaust Survivor Shares Life Story 10

OP HESTIA 12

GMFRC Offerings 14

LCC Offerings 15

SPORTS

Swimmers of the Week 9

Snowshoe Day 10

WEEKLY

For Your Info	Page 16
Horoscopes	Page 16
Find and Win	Page 16
ComParrot	Page 17
Crossword	Page 17
Classified Ads	Page 18
Cucina Aurora	Page 19

Judged the "Best Canadian Forces Newspaper 2009" by the Canadian Community Newspapers Association

VOL. 31 NO. 04 JANUARY 25, 2010 NO CHARGE

14 WING • ESCADRE 14 GREENWOOD, NS

The Aurora

newspaper



Canadian Forces Provides Assistance to Haiti

By Captain Scott Spurr

Story page 2

Members of 2 Air Movement Squadron's Mobile Air Movement Squadron (MAMS) unload Disaster Assistance Response Team (DART) supplies from Canadian Forces Hercules aircraft, number CC-130320, on the Port au Prince flight line, Haiti.

(Image: MCpl David Hardwick, DART Image Tech)

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Canadian Forces Provide Assistance to Haiti

Cover Story.

On Tuesday, January 12, 2010 a 7.0 magnitude earthquake hit the tiny island country of Haiti and caused wide spread devastation with thousands of people being killed. It was the worst earthquake to hit the region in over 100 years.

The international community which included Canada responded as swiftly as they could in order to bring relief supplies to the battered county and to help its population cope with this tragedy.

The Canadian government promptly directed the Canadian Forces to provide as much assistance as possible to help the Haitian people and the military responded by quickly sending the Disaster Assistance Response Team (DART) to the country first. The DART is composed of engineering, medical, logistical and defence and security personnel. The military operation, (which is ongoing) was called OPERATION

HESTIA and includes the following assets:

- A Naval Task Force, made up of a destroyer and frigate from Halifax with a CH-124 Sea King helicopter;
- One light infantry battalion;
- C-177 Globemaster and CC-130 Hercules airlift support;
- Medical facilities

As the Minister of National Defence stated last week:

"The Government of Canada feels it has a moral imperative to do everything in its power to help with international relief and stabilization efforts in Haiti," said Minister MacKay. "To further support Op HESTIA, I am ordering a light infantry battalion and health services support be deployed to bring further aid and assistance to the people of Haiti."

"Once all our assets, platforms and personnel are in place, the Canadian Forces will have approximately 2000 Canadian Forces personnel, seven helicopters and two ships contributing

to rescue, recovery and reconstruction efforts in Haiti."

The Canadian Air Force played an integral role in getting supplies and personnel to the island to assist the Haitian government by flying almost non-stop its fleet of Hercules and Globemaster aircraft. 14 Wing Greenwood has provided one Hercules aircraft and two air crews to help with the mission and the Wing may be required to provide more personnel in the near future.

The situation in Haiti will take years for the country to fully recover from and Canada along with the International community has pledged to do all that it can in order to help them in the foreseeable future.

The following link provides information to the Foreign Affairs and International Trade Canada's website and a list of humanitarian agencies if anyone is looking to make a donation.

http://www.international.gc.ca/humanitarian-humanitaire/canadians_help-aide_canadien.aspx?lang=eng#organizations

Health Promotion Services (PSP) Winter/Spring 2010 Program Schedule

Register now to ensure a seat!

Top Fuel for Top Performance
- 15 - 16 Apr 10 - 0830 - 1530
(day 1); 0830 - 1130 (day 2) -

F&S Centre

Stress: Take Charge - 03 - 04

Mar 10 - 0830 - 1530 hrs -

F&S Centre

Applied Suicide Intervention

Skills Training - 31 Mar - 1

Apr 10 - 0800 - 1600 (day 1);

0800 - 1500 (day 2) - F&S

Centre

Alcohol, other Drugs &

Gambling Supervisor Trg - 23

Feb 10 - 0830 - 1600 hrs - F&S

Centre

Butt Out Small Group - 12 Jan

- 30 Mar 10 - (Tuesday) - 1100

- 1200 hrs - F&S Centre

Butt Out - Self-Help Program

- Monday (by apt only) - 1330

- 1430 hrs - F&S Centre; -

Friday

(by apt only) - 0930 - 1030 hrs

- F&S Centre

Basic Relationship Training

(BRT) - 11 Feb - 25 Mar 10

- (Thursday) - 1330 - 1530 hrs -

F&S Centre

Managing Angry Moments (5

Sessions) - 29 Apr - 27 May 10

(Thursday) - 0830 - 1130 hrs -

F&S Centre

Weight Wellness (8 Sessions) -

5 May - 30 Jun 10 (Wednesday

evening) - 1830 - 2030 hrs -

F&S Centre

For more information or to

register, please contact:

Health Promotion Office (PSP)

- F&S Centre (Gym) (902) 765-

1494 ext: 5388

www.14winghealthpromotion.com

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Notice

Effective Immediately Announcements

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Text with a photo
2 col by 4 inches
\$30 (tax incl)

There will be no charge for Military Obituaries of 150 words or less. For more information, contact Anne Kempton at 765-1494 local 5833

The Aurora

African Heritage Month

Submitted by: 14 Wing

Employment Equity Diversity Council

Did you know that February is African Heritage Month in Canada?

It originally started as Black History Month when it was founded in 1926 by Harvard educated Black historian Dr. Carter G. Woodson. In the 1970's several Black organizations and community leaders banded together to promote this concept as a month from the original week recognition. In Nova Scotia, the celebration of Black History Month was initiated in the early 1980's through the efforts of the Black History Month Association. It is now in its second decade and is known as African Heritage Month.

African Heritage Month is a time to celebrate the many achievements and contributions of black Canadians, who, throughout history, have done so much to make Canada the culturally diverse, compassionate and prosperous nation we know today. It also presents an opportunity for us to appreciate the richness of our Canadian diversity and its proud black Canadian history.

With roots dating back as far as 1609, black Canadians represent just over 2% of Canada's total population and 17% of the visible minority population today. The rapid growth of the black population and other visible minorities have contributed to Canada's every changing cultural mosaic.

Did you know... that during World War I, patriotic black Canadians attempted to join combat units but were rejected on the basis of race and/or colour. However, they still contributed to the war effort. In 1916, a segregated battalion made up of black Canadians, the No. 2 Construction Battalion, was formed. It was responsible for the crucial work of building bridges, digging trenches and clearing roads. In World War II, the persistent efforts of black Canadians to join the armed forces were rewarded with success and they went on to serve with distinction in all branches of the military.

The National Defence publication of "For My Country - Black Canadians on the Field of Honour" is available to employees of 14 Wing at the LCC library located in the Birchall Bldg room 204 or you can find it on-line at: http://hr.ottawa-hull.mil.ca/dhrd/engraph/publications_e.asp

You can also visit these websites for more information on African Heritage Month celebrations around Nova Scotia:

www.gov.ns.ca/ansa

www.halifaxpubliclibraries.ca/assets/files/guides/jan-feb-2010.pdf

If you are an employee of 14 Wing and interested in finding out more about the Wing's Combined Advisory Group, please contact Rita Jardine at local 5384 or Lt Nadia Kang at local 3940.

Canadian Soldier Killed by Improvised Explosive Device

NR - 10.001 - January 16, 2010

OTTAWA — One Canadian soldier was killed by an improvised explosive device during a dismounted security patrol near the town of Nakhonay in the Panjwayi district, approximately 15 kilometres south-west of Kandahar City. The incident took place at approximately 2:00 p.m. Kandahar time on 16 Jan 2010.

Killed in action was Sergeant John Wayne Faught from the 1st Battalion Princess Patricia's Canadian Light Infantry, based in Edmonton, Alberta. He was serving as a member of the

Task Force 3-09 Battle Group.

At this sad time, our thoughts and prayers are with the family and friends of our fallen Canadian comrade. The commitment and sacrifice of our soldiers and their loved ones are helping to make a difference in the lives of the people of Kandahar Province.

Members of Joint Task Force Afghanistan work with the soldiers and police of the Afghan National Security Forces to improve security and build a better future for Afghans. Canada remains committed to bringing peace, stability and good governance to Afghanistan.



Sergeant/Sergent John Wayne Faught.
(DND Photo)

Un soldat canadien tué par un engin explosif improvisé

NR - 10.001 - le 16 janvier 2010

OTTAWA — Un soldat canadien a été tué par un engin explosif improvisé au cours d'une patrouille de sécurité à pied près de la ville de Nakhonay, dans le district de Panjwayi, à environ 15 kilomètres au sud-ouest de la ville de Kandahar. L'incident a eu lieu vers 14 h 00, heure de Kandahar, le 16 janvier 2010.

Le militaire tué au combat est le sergent John Wayne Faught du 1er Battalion Princess Patricia's Canadian Light Infantry, basé à Edmonton, Alberta. Il servait à titre de membre du groupement tactique de la Force opérationnelle 3-09.

"Au moment de sa mort, sergent John Wayne Faught prenait part à une patrouille conjointe de l'Armée nationale afghane et du groupement tactique canadien près du village de Nakhonay dans le cadre de

nos efforts pour protéger les Afghans des insurgés et d'en apprendre plus sur les gens du village et sur leurs besoins," a déclaré le Brigadier-général Dan Ménard, commandant de la Force opérationnelle canadienne à Kandahar.

En cette triste période, nos pensées et nos prières vont à la famille et aux amis de notre camarade décédé. L'engagement et le sacrifice de nos soldats et de leurs êtres chers aide à faire une différence dans la vie des gens de la province de Kandahar.

Les membres de la Force opérationnelle interarmées en Afghanistan travaillent avec les soldats et la police des Forces de sécurité nationale afghanes pour améliorer la sécurité et créer un avenir meilleur pour les Afghans. Le Canada demeure engagé à apporter la paix, la stabilité et la bonne gouvernance à l'Afghanistan.



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Blood Donor Clinic

By: Eric MacKenzie

Here's your opportunity to save lives! It is once again time to roll up your sleeves and take the time to give blood. Canadian Blood Services will now be holding two day donor clinics as a result of the support from our local communities. Let's respond and take advantage of this opportunity by filling up two full days with appointments. If we can double our one day attendance, over both days, Canadian Blood Services may be

able to collect enough donations to save over a thousand lives!

The next two day donor clinics will be held at the 14 Wing Greenwood Community Centre on Tuesday February 9th and Wednesday February 10th. Donors can either give during the 1:00 – 3:00 p.m. time slot or the 5:00 – 8:00 p.m. evening slot on Tuesday the 9th or Wednesday the 10th. If you are interested in giving blood, please ensure that you bring identification with your full name and signature or full name and photograph.

New donors are welcome!

Please note that if you get a flu shot, you must wait 2 days after the shot before donating blood.

This two day clinic is made possible by the generous support from McDonald's and Tim Hortons. If you are interested in more information please call Eric MacKenzie at 765-1494 ext. 5337, and if you wish to book an appointment, please call 1-888-236-6283.



The kick-off for the 2010 Challenge was January 20, 2010. All military tobacco users and non-users, their immediate family members, DND public, non-public fund and MFRC employees are invited to take the "March 1st, I Quit! Challenge" and stay tobacco free for at least one month, from March 1 to April 1, 2010.

Tobacco users and non-users may take part in the Challenge. Non-users may register as supporters of members trying

to quit.

Participating is easy. Tobacco users must stop using by March 1, and remain tobacco free until at least April 1. They must register at a Strengthening the Forces Health promotion office (on bases/wings across Canada) or on this web site from January 20 to midnight February 28, 2010.

Website (DIN): <http://hr.ottawa-hull.mil.ca/health-sante/iquit-jarrete/>

Once registered in the

Challenge, supporters and participants are eligible to win prizes provided by CANEX and SISIP Financial Services (SISIP FS), partners of the "March 1st, I Quit!" Challenge.

Health Promotion teams on every base/wing will provide support for tobacco users who decide to take this important step in the quitting process by organizing regular activities and providing information kits to everyone who registers.

The goal of the program is

to prevent tobacco use-related diseases among CF members. The Health Promotion team recognizes that quitting may require many attempts and entering the "March 1st, I Quit! Challenge" provides tobacco users another opportunity to succeed.

Anyone who has quit smoking after Sept 1, 2009 is eligible to enter the contest.

For more information contact the 14 Wing Health Promotion office at 765-1494 ext 5388.

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participants to receive feedback in a comfortable environment. Seating is limited, register today!

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To register for this course please contact your Unit Training Coordinator. If you have any questions please feel free to contact the LCC at Local 5226/1638 or +14 Wg LCC@greenwood.

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The deadlines are as follows: 12:00 noon Wednesday for classified ads; 3:00 p.m. Wednesday preceding publication date for all other advertising and those requiring proofs. Editorial material MUST be typed and MUST be accompanied by the disk and hard copy, the originator's name, address and telephone number no later than 9:30 a.m. Thursday. Or E-mail us at aurora@auroranewspaper.com

12h00 pour les annonces publicitaires moins d'une demie page, le mercredi qui précède la semaine de publication. Les annonces publicitaires de plus d'une demie page ou demandant une épreuve doivent nous arriver par le mercredi à 12h00. Les documents doivent être dactylographiés et provenus avec le disque et une copie imprimée. Ils doivent aussi porter le nom, l'adresse et le numéro de téléphone de l'auteur. Ou Email: aurora@auroranewspaper.com

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(Companies or individuals that are currently in arrears shall not be published.) Individuals or groups shall not make any offer of promotion in The Aurora Newspaper of products and/or services in exchange for donations.

La promotion d'entreprises privées soumise en forme d'articles n'est pas permise, excepté dans les cas d'appréciation pour dons ou seulement le nom de la compagnie est inclus. (Compagnies ou individus qui sont actuellement en arriérés ne pourront être publiés. Les individus ou groupes ne pourront pas faire d'offres de promotions de produits et/ou de services en échange de donations dans The Aurora Newspaper. Mail Subscriptions are available at the following rates:

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14 MSS Deployment Spotlight

Cpl Steve Murphy

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time with my wife Cheryl and
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Message from Camp Log

Flt: As seen in the picture,
Australian Squadron Leader
Teffler awards a Letter of
Appreciation to Cpl Murphy
for his skilled crane operation
and assistance during several
prop and engine changes.



Cpl Steve Murphy, left.



Letter to the Editor

Dear Editor,

I was on a trip to Vimy Ridge many years ago and it was just the same as it was in 1916 after the battle. Now there has been much work done on it and the battle scars are gone, as it's more of a park now.

A friend of mine who was at Vimy during the attack heard about my plans to make the trip, so he got in touch with me and talked about "the pimple". He said it's a slight rise in the Ridge about ten or twelve feet long where bodies were piled up and blood ran in small streams. I walked along the Ridge and came to it. It was partly grassed over and no sign of what took place there many years ago.

I got down in the old German trench now partly filled in but it zig zagged along the Ridge for quite a distance. There was concrete posts still about ten feet apart, and a sign on each one read German machine gunners were shackled to these posts so they could not retreat. Along the bottom of the trench there was yellow dust where there used to be German barbed wire.

I walked close to the tunnels but there were signs on them everywhere, danger do not enter; there is a possibility of cave-ins.

I visited the memorial where sixty thousand names are engraved but they were not all killed at Vimy Ridge. My cousin from Sandy Cove was killed there and it was easy to find his name as they were in alphabetical order. His mother got word that he was last seen in the first wave and was never identified. He could have taken a direct hit from an artillery shell but it was hard on his mother. Shortly before that, her husband who was Captain of a three master was murdered off the coast of South America.

After the visit to Vimy Ridge, we went through Passchendaele and it was quite interesting. There were shell craters as far as the eye could see, now partly filled in and grassed over. The story goes that the mud was several feet deep there, and many soldiers just disappeared and were never identified.

We passed through Verdun, a nice town now but it was completely destroyed during the first World War.

Oren Foster B.E.M.
Deep Brook, NS

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For more information contact Steve and his staff at the Greenwood Canadian Tire store.



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Sat 8am-12noon
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Greenwood Location Only

See Store for Details

Exp. February 1, 2010
Regular Price From \$69.99

Greenwood Players

The Greenwood Players will be holding auditions for their Spring Production of "Murdered to Death", a comedy whodunit.

The cast will be made up of 5 males and 5 females. Age group from 20 to 70, no previous experience is necessary and no audition pieces will be required.

Auditions will be held at the AVM

Morfee Centre on the following dates:

Thursday: February 11th 7:00 to 9:00 p.m.

Saturday: February 13th 2:00 to 5:00 p.m.

Sunday: February 14th 2:00 to 5:00 p.m.

Anyone interested in other aspects of production are welcome.

Aylesford District Lions Club Hosts Community Supper to Support PRMS and St. Mary's Elementary

Members of the Aylesford District Lions Club will join with the Home and School Associations of Pine Ridge Middle School and St. Mary's Elementary School to offer a delicious supper to community members on Thursday, January 28, 2010.

The supper will take place at the Aylesford District Lions Club located at 2160 Hwy #1 in Auburn. The menu will feature scalloped potatoes, baked beans, dinner rolls, and ham as the main meal. Beverages will include coffee, tea, and juice. The meal will be followed by the Lions' own famous apple crisp for dessert.

Meals will be served from 4:15 to 6:30 p.m. Freewill donations will be accepted at the door. All funds donated by community members will be used by the Home and School Associations to help fund such projects as playground equipment.

Both of the Home and School Associations would like to thank the Aylesford Lions Club for their strong commitment to community service and for being the backbone of this event. It would be impossible to do without their support. Please join us on Thursday, January 28, 2010, for this wonderful supper.

National Literacy Day at Your GMFRC

Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812

The Greenwood Military Family Resource Centre (GMFRC) would like to invite Military Families to join us for story time on Wednesday January 27, 2010 from 9:30 - 10:30 a.m. as we celebrate National Literacy Day. We will have *free* parenting information packages on literacy activities for families, and a free story book for the first 30 families who join us. We hope you can join us for cake and refreshments as we have a morning of stories and songs together at your Greenwood Military Family Resource Centre on this very special day.

If you were told you were being
TRANSFERRED
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Greenwood NS B0P 1N0

Not intended to solicit listed properties



Next Greenwood Course
Feb 20, 21 & 27, 28

call 1-888-397-5520



The Village of Kingston

Notice

CHANGE IN MEETING DATES

Effective its February 2010 meeting, the regular meeting of the Kingston Village Commission will occur on the second Thursday of every month.

All Commission meetings are at 7:00 pm at the Kingston Village office - 671 Main Street, Kingston, NS.

The Village of Kingston
671 Main St, PO Box 254
Kingston, NS B0P 1R0
p: (902) 765-2800 f: (902) 765-0807
www.kingstonnovascotia.ca

...let's talk about YOU Send your articles and photos to:
aurora@auroranewspaper.com

CFHA News – Bulletin de L'ALFC

RESIDENTIAL HOUSING UNITS – NOTICE TO VACATE

Residential Housing Unit (RHU) occupants are reminded that when you intend to vacate, be it for Posting, Release and/or just moving to the local area, you are required to advise CFHA in writing at least 30 days in advance of the day you wish to vacate. It is also desirable that a pre-inspection of your RHU be arranged 60 days in advance of your scheduled March-Out. The knowledge obtained during this pre-inspection will assist you in your March-Out. Your cooperation is appreciated. Please call 765-1294 for information on written notice and to arrange the pre-inspection and march out appointments.

LOGEMENTS RÉSIDENTIELS – AVIS DE DÉPART

Les occupants des unités de logement résidentielles (ULR) ne doivent pas oublier que, s'ils prévoient quitter leur logement, que ce soit pour une affectation, une libération ou un simple déménagement dans la zone locale, ils doivent en aviser l'ALFC par écrit au moins 30 jours avant la date prévue du départ. Il est en outre souhaitable qu'une inspection préalable de votre ULR soit organisée 60 jours avant la date prévue de votre déménagement. L'information obtenue au cours de cette inspection préalable vous sera utile pour votre départ. Nous vous remercions de votre collaboration. Veuillez téléphoner au 765-1294 pour obtenir de l'information sur

l'avis écrit et pour fixer les rendez-vous pour l'inspection préalable et celle au moment du départ.

CHANGES?

Please be reminded that if you did not provide your PO Box number, home phone number, work number or provided your Personal Liability and Clearance Certificate (PLCC) when you picked up your RHU keys, you are asked to provide this information to our office. In addition, if there have been any changes with regard to your household information since you marched in (such as promotions, change of phone number or change in household size) please call 765-1494 x 5903 to update this information. Please help us keep our records up to date!

DES CHANGEMENTS?

Nous vous rappelons que, si, au moment où vous avez récupéré les clés de votre ULR, vous n'avez pas donné votre numéro de case postale, votre numéro de téléphone à la maison ou celui au travail ou remis le certificat de responsabilité personnelle et de dégagement (CRPD) à signer, vous devez communiquer avec l'ALFC pour transmettre cette information ou remettre ce document dès que possible. Par ailleurs, s'il y a eu des changements depuis votre emménagement (comme une promotion, un nouveau numéro de téléphone ou le nombre d'occupants), nous vous demandons de téléphoner au 765-1494 (poste 5903) pour modifier votre dossier. Aidez-nous à garder les dossiers à jour!

MORATORIUM ON INTER-BASE MOVES

Due to a shortage of homes to meet the needs of incoming families, now and for the upcoming active posting season, and an extremely depleted maintenance budget to repair those homes prior to allocation, the CFHA has placed a moratorium on inter-base move requests through 1 September 2010. As general guidance, requests for local moves will only be considered if there are exceptional circumstances. This policy does not apply to occupants requesting a larger RHU due to an increase to family size. These requests will still be processed in the normal manner.

MORATOIRE SUR LES DÉMÉNAGEMENTS INTERBASES

Compte tenu de l'incapacité de répondre aux besoins des nouvelles familles en raison du manque de logements, dans l'immédiat et pendant la période active des affectations, ainsi que de l'impossibilité de réparer les maisons à attribuer en raison d'une insuffisance criante de fonds destinés à l'entretien, l'ALFC a imposé un moratoire sur les demandes de déménagement interbases, qui entre en vigueur à compter du 1^{er} septembre 2010. En règle générale, les demandes de déménagement local seront prises en considération seulement dans des circonstances exceptionnelles. Cette politique ne s'applique pas aux occupants qui demandent une ULR plus grande en raison d'une augmentation de la taille de leur famille.

Ces demandes seront encore traitées de la façon habituelle.

MQ INSURANCE

In accordance with articles 7 and 8 of the conditions of occupancy, it is mandatory for Residential Housing Unit (RHU) occupants to carry public loss payable liability and property damage insurance covering loss or damage to the RHU and garage (if applicable) and to carry fire insurance for the contents of the RHU and garage.

Canadian Forces Housing Agency regulations require that a copy of your current policy be kept on file at all times. Therefore, if you have not provided us with a copy of your current insurance policy please do so as soon as possible. We also ask that you review your policy dates to ensure that CFHA has a copy of the most recent and valid policy for your unit. You can forward a copy of your policy agreement to our Greenwood office either by fax at (902)-765-1274 or by mail.

ASSURANCE LF

Comme l'indiquent les articles 7 et 8 des modalités d'occupation, l'occupant d'une unité de logement résidentielle (ULR) a l'obligation de souscrire une assurance de responsabilité civile contre les pertes ou dommages que pourrait subir le logement ou le garage (lorsqu'il y a lieu), ainsi qu'une assurance contre l'incendie couvrant le contenu du logement ou du garage.

Conformément aux règlements de l'Agence de logement des Forces canadiennes (ALFC), une copie de la police d'assurance en vigueur doit être conservée en tout temps dans votre dossier. Ainsi, si vous ne nous avez pas fourni une telle copie, nous vous prions de le faire dès que possible.

Nous vous demandons aussi de vérifier les dates de votre police afin de vous assurer que l'ALFC a une copie de la plus récente police valide pour votre unité. Vous pouvez envoyer une copie de votre police à notre bureau de Greenwood par télécopieur, au 902-765-1274, ou par la poste.

HOUSESITTER

A reminder that occupants are responsible for notifying CFHA when they will be absent from their RHU for a period of over 48 hours. You must provide CFHA, and the Military Police, with the name and phone number of the person who will be responsible for the RHU in your absence. This designated individual should check your home for maintenance issues regularly. CFHA does not have keys for you house and cannot enter without an occupant or designated person present.

PERSONNE SURVEILLANT LE LOGEMENT

Nous rappelons aux occupants des logements résidentiels qu'ils doivent prévenir l'ALFC lorsqu'ils prévoient s'absenter de leur logement pendant plus de 48 heures. Le locataire doit fournir à l'ALFC et à la police militaire le nom et le numéro de téléphone de la personne qui surveillera le logement en son absence. Cette personne devrait régulièrement venir s'assurer qu'il n'y a pas de problèmes nécessitant des travaux de maintenance. L'ALFC n'a pas les clés des logements et son personnel ne peut y entrer sans que le locataire, ou une personne qu'il a désignée, ne soit présent.

OCCUPANT CONCERNS

At the Canadian Forces Housing Agency (CFHA), the provision of quality client

service is our main focus. As part of our commitment to deliver that service to you, our customers, we rely very much on your input to identify areas of concern.

If you have specific concerns about CFHA's maintenance programs or issues related to housing management, we ask that you bring your concerns to the attention of our office staff, by telephone, fax, e-mail, or in person.

If the matter is neighbour or community related (i.e. pets, noise, disputes between neighbours, etc.), you are urged to discuss the situation with the source of the complaint and/or with the applicable ward representative of the Community Council, for their involvement and resolution.

OBJETS DE PRÉOCCUPATION DES OCCUPANTS

À l'Agence de logement des Forces canadiennes (ALFC), notre priorité est d'offrir un service de qualité à nos clients. Comme nous nous sommes engagés à vous fournir ce service, nous comptons beaucoup sur vos commentaires pour cerner les objets de préoccupation.

Si ce qui vous préoccupe est lié à un programme d'entretien de l'ALFC ou à la gestion des logements, nous vous prions de bien vouloir vous adresser à notre personnel de bureau, soit par téléphone, télécopieur ou courriel, soit en personne.

Si l'objet de préoccupation a trait à un voisin ou à la collectivité (p. ex., animaux, bruit, dispute entre voisins, etc.), nous vous incitons à en parler directement avec les personnes concernées ou avec le représentant de votre quartier, ou les deux, afin que le Conseil communautaire puisse intervenir et régler le problème.

Business of the Week is Back!

Due to popular demand, The Aurora Newspaper is delighted to once again offer you the opportunity to participate in our **Business of the Week** advertising feature. The idea is simple:

- Six businesses run a business card ad for six weeks
- Each week one of the businesses will be featured as the **Business of the Week**
- The featured business will have the opportunity to work with the Marketing Consultant in developing a write up that can include a photo and approximately 500 words of copy

- The cost for this is only

\$199.00 tax incl. per business

For more information on how you can take part in this exciting feature (**space is limited so don't delay!**) please contact:

Anne Kempton
Marketing Consultant
The Aurora Newspaper
765-1494 ext. 5833
www.auroranewspaper.com



H1N1 Vaccine Still Available

Annapolis Valley Health continues to encourage every person to receive the H1N1 vaccination.

The vaccine is a safe and effective way to protect yourself from H1N1.

By getting vaccinated, you can protect you and your loved ones

To receive the H1N1 vaccination, call AVH Public Health at (902) 542-6310. The vaccine is accessible throughout the Valley.

Children’s Deployment Support Group

Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812

The GMFRC is excited to offer a new Children’s Deployment Program to Deployed Families of 14 Wing Greenwood. Our program is facilitated by trained GMFRC dedicated volunteers who have experience working with children of military families. Our program consists of three

age groups – 3 – 5years, 6 – 8 years and 9 – 12 years. Our goal is to work with parents and caregivers who have a loved one deployed to help build resilience, minimize stress, and keep attitudes positive for their children who are facing a military parent’s absence. Children attending our monthly workshop will have opportunities to meet other children their age who are coping with a parent being away, enjoy fun activities that

involve the deployed parent, and learn ways to positively focus their energies throughout the deployment. Our next meeting will be on Sunday, February 7th, 2010 from 1:00 – 2:30 p.m. at the GMFRC. If you would like to register your child/youth for our group, please stop by the GMFRC or call us at 765-1494 local 5611. If you have questions about our program please contact Kim.

Respite Childcare at the GMFRC

Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812

The Greenwood Military Family Resource Centre (GMFRC) offers Respite Childcare Services that will assist CF families during a deployment as well as for the challenges this unique lifestyle may bring. The GMFRC understands that finding short term childcare in our area can be difficult; therefore we

are pleased to offer this service to all CF Families who would like to take some time for themselves without having the stress of trying to find a babysitter for a few hours. Maybe you want to have a lunch date with your spouse, do some grocery shopping, or simply take time just for you.

Due to the number of families registering for our Saturday Respite Childcare, the GMFRC is pleased to offer deployed

families with the choice of 1 of the 2 monthly Saturday Respite dates. Families are now able to choose which of the two Saturday Respite Childcare Days will work best for their family that month. Families wanting to take advantage of this service can do so by coming into the GMFRC and registering with our receptionist. Space is limited due to the age and number of children in care.

Subway Swimmers of the Week



Abby McIntyre
Nova Tech 1
9 years old, 1st year with GDSC
Favourite Stroke: Breaststroke
Other Interests: Drama & Art



Savanah LeBlanc
Age Group 1
9 years old, 3rd year with GDSC
Favourite Stroke: Freestyle and Breaststroke
Other Interest: Gymnastics, dance and horseback riding



Morgan Cummings
Novice
10 years old, 1st year with GDSC
Favourite Stroke: Frontcrawl
Other Interests: playing with friends



Sarah O'Reilly
Age Group 2
14 years old, 6th year with GDSC
Favourite Stroke: Breaststroke
Other Interests: Aikido and Volleyball



good times, good friends

Greenwood only

FREE POOL

FROM OPEN TO CLOSE!

Mondays to Thursdays

963 Central Ave, In the Zellers Plaza

Holocaust Survivor Will Share His Life Story at 14 Wing

Submitted by: **Eric MacKenzie, Community Recreation Coordinator**

It was nearly ten years ago when I first heard Mr. Philip Riteman share his remarkable story, at our local High School, and his moving message remains one that I will never forget. His powerful message to the next generation has always been to think for yourselves, respect others, love rather than hate, and to stand up against evil.

On November 1st 2005, the United Nations designated January 27th as the International Holocaust Remembrance Day. In 1945, this Wednesday marked the liberation of Auschwitz-Birkenau, the most notorious Nazi death camp, where over one million Jews were murdered.

Mr. Philip Riteman was a

prisoner at Auschwitz-Birkenau and still lives with the constant reminders of the camp by having the number 98,706 tattooed on his left arm. Although the gray numbers have faded, the nightmares and horrific memories of the Holocaust have not.

As a result of his painful past, he was reluctant to speak of the atrocities he witnessed for over 40 years. During this time, he even remained silent about his haunting past to some of his closest friends. However, he broke his silence in 1989 when he spoke about his experiences for a documentary titled *"Voices of Survival"*.

Since then, Mr. Riteman has dedicated the last twenty years to speaking to the next generation so they can learn what happened in hopes that this type of evil does not occur again. His courageous and admirable

message of hope, heard by thousands of students and many government officials, has been a voice for those who did not survive the Holocaust. This includes speaking for, and bearing witness to, the 30 members of his immediate family, all victims of the Holocaust, who can not speak.

As a result of his tremendous work, Mr. Riteman has received honorary degrees from Memorial University and St. Thomas University. Plus, he recently received the Order of Nova Scotia for educating the next generation and keeping the memories of the over six million Jews who died during the Holocaust, including over one million individuals under the age of sixteen, alive.

Mr. Riteman, who was born in Poland and now resides in Bedford Nova Scotia, will share his enlightening and in-

credibly powerful message to members of 14 Wing and our community on Tuesday February 23rd 2010. Mr. Riteman's presentation, titled the Power of Memories, will be held in the Birchall Theatre between 10:00 a.m. and 12:00 p.m.

A poster for this event will be provided in the coming weeks. This event is open to the general community but priority will be given to 14 Wing Military and Defence Team members. To register, please contact the Learning Career Centre at 765-1494 ext. 5226 or to learn more please contact Eric MacKenzie at 765-1494 ext. 5337.

Greenwood Atom 'A' Bombers Players of the week



Player: **Etienne Labarre**
Position: Defence
Number: 2
Favourite Hockey Team: Montreal Canadians
Favourite Hockey Player: Alex Kovalev
What he would like to be when he grows up: NHL Player



Player: **Leah Aalders**
Position: Defence
Number: 19
Favourite Hockey Team: Washington Capitals
Favourite Hockey Player: Alexander Ovechkin
What she would like to be when she grows up: Veterinarian

14 Wing Family Snowshoe and Sleigh Ride Day

2010 has arrived, and with it our community will see the return of the third annual 14 Wing Wellness Campaign. The ongoing campaign is based on the idea that a healthy community is a happy community, and a happy community is a supportive community for our troops.

The 14 Wing Community Centre and GMFRC will once again be partnering to offer a day of outdoor fun on this Friday January 29th, at the 14 Wing Greenwood Golf Course. This day, which features snowshoeing and sleigh rides, is an event to challenge to all Military and Defence Team members to get active, and enjoy the afternoon with their families. The event is offered from 3:30pm-5:30pm and is designed for all families to attend (including non-military).

This event, just one week away, is also a "Take the Roof off Winter" celebration. According to Recreation Nova Scotia, "Take the Roof off Winter" is a physically activity campaign designed to help Nova Scotians of all ages improve their health and quality of life by getting outdoors and being more

active this winter. To learn more about this winter campaign, please visit www.taketherooffwinter.ca

As mentioned, this third annual Family Snowshoe and Sleigh Ride Day is an event designed for the entire family. We have snowshoes to fit any size foot, big or small. Plus, there will also be a Kid Zone where your child can enjoy a face painting, crosswords, etc.

There will be sleigh rides during the two hour event for those who do not want to test their luck with snowshoes and for those who would like to enjoy both activities. In addition, there will be complementary hot drinks and sweet treats to warm the soul. Plus, prizes can be won along the course and additional prizes will be handed out back in the club house.

This event is only one week away and it is a great way to "Take the Roof off Winter" and kick start an Olympic year with physical activity for the entire family. To learn more please call 765-1494 ext. 5337, 5331 or 1421.



Tuesday, February 23

International Day of Commemoration in Memory of the Victims of the Holocaust

The Power of Memories

Philip Riteman

Holocaust Survivor & Recipient of the Order of Nova Scotia

Birchall Theatre 1000 - 1200 hrs

Register today! Contact the LCC staff at local 5226 or by e-mail at +14 Wg LCC@Greenwood



It is that time of year again!

14 Wing Greenwood Information Booklet 2010

We are getting ready to put together the 14 Wing Greenwood Information Booklet 2010.

This **full colour** publication provides information on all activities, squadrons and units on the Wing and is distributed to all new arrivals.

Here is your chance to have your business featured in this booklet that will be a great reference for military households for an entire year!

Advertising sizes and rates:

1/4 page \$400 plus tax

1/2 page \$700 plus tax

Full page \$1200 plus tax

Call Anne at 765-1494 ext. 5833

or E-mail: aurora@auroranewspaper.com

Visit our website to view last year's guide at www.auroranewspaper.com





WINTER CARNIVAL CARNAVAL D'HIVER

FEB/FEV 4 - 6, 2010

Thank you to our
SPONSORS



Winter Carnival Key Chains

Key chains are *now* available for \$10.00 at the following locations:

- Annapolis Mess (2nd floor);
- 2 Hgr - W Sup Customer Service entrance;
- 4 Hgr - WTIS Service Desk;
- Fitness and Sports Center, front counter;
- Community Center, admin office;
- 10 Hgr Supply Section; and
- 11 Hgr Supply Section.

Key chains allow the holder entry into all Winter Carnival events, Pancake Breakfast, Family Movie, Family Skate and mess entertainment.

This year's three main prizes are:
10 HP Snow Blower,
42 inch Large Screen TV and \$500 CANEX gift certificate.



Laser Light Dance

Saturday 6 February
at 2100 hrs



Admission

Winter Carnival Key Chain
or \$5.00 at the Door

Pancake Breakfast

Saturday February 6th
8:00 - 11:00 a.m.
Annapolis Mess


Admission
2010 Winter Carnival Key Chain
or \$10.00 per family at the door



Schedule of Events Winter Carnival 2010

Date	Time	Event	Location
Mon 1 Feb	1100 - 1200	Hockey - JR Mess vs O Mess	Greenwood Gardens
	1215 - 1315	Hockey - WOSM vs Civilian	Greenwood Gardens
Tue 2 Feb	1100 - 1200	Hockey - JR Mess vs Civilian	Greenwood Gardens
	1215 - 1315	Hockey - WOSM vs O Mess	Greenwood Gardens
	1830 - 1930	Hockey - O Mess vs Civilian	Greenwood Gardens
	1945 - 2045	Hockey - WOSM vs JR Mess	Greenwood Gardens
Wed 3 Feb	1100 - 1200	Hockey - Semi Final 1	Greenwood Gardens
	1215 - 1315	Hockey - Semi Final 2	Greenwood Gardens
Thu 4 Feb	0800 - 1200	Ice Painting	Greenwood Gardens
	1300	WComd Revenge	F&S Centre - Pool
	1330	Pool Relay Race	F&S Centre - Pool
		Ice Painting Judged	
	1830	Beard Growing Contest Judged	Greenwood Gardens
	1900	Opening Ceremonies	Greenwood Gardens
		Hockey - Finals	Greenwood Gardens
Fri 5 Feb	0900	Olympic Sled Pull	Ball Diamond
	0930	Egg Toss	Ball Diamond
	1000	Blow Ball - Back Bar/WOSM Games	Annapolis Mess
	1000	Euchre - Argus Lounge	Annapolis Mess
	1000	Cribbage - Argus Lounge	Annapolis Mess
	1000	Crud - O Mess Games	Annapolis Mess
	1000	Darts - Jr Ranks Games	Annapolis Mess
	1300	Blind Volleyball	F&S Centre - Gym
	1300	Bowling	Bowling Alley
	1300	Curling	Curling Club
	2000	Lip Sync	Annapolis Mess
Sat 6 Feb	2130	Mess Entertainment - Band	Annapolis Mess
	0800 - 1100	Pancake Breakfast	Annapolis Mess
	1000 - 1130	Family Games	Community Center
	1130	Escapades	Greenwood Gardens
	1230	Closing Ceremonies	Greenwood Gardens
	1300	Family Movie	Zedex Theatre
	1500	Family Movie	Zedex Theatre
	1500 - 1700	Family Skate	Greenwood Gardens
	2100	Mess Entertainment	Annapolis Mess

SKULLY



Winter Carnival & the Annapolis Mess
Presents "Skully"
Friday 5 February at 2130 hrs
Main Lounge

Admission: Winter Carnival Key Chain
or \$10.00 at the Door

Courtesy vehicle sponsored by AA Munro Insurance

14 WING GREENWOOD OFFICER'S MESS PRESENTS WINES OF THE WORLD



ONLY 120 TICKETS
FOR THIS POPULAR
EVENT

\$15 PER MEMBER

\$30 PER COUPLE

CORKS COME
OFF AT 1900

EXPERIENCE, LEARN & WINE DOWN
30 JANUARY 2010 • ANNAPOLIS MESS
PURCHASE YOUR TICKETS AT THE ANNAPOLIS
MESS OFFICE, EXT 5577. DEADLINE IS 25 JAN.
DRESS IS SEMI-FORMAL.



MUNICIPALITÉ DU COMTÉ DE KINGS

87, rue Cornwallis C.P. 100
Kentville (Nouvelle-Écosse) B4N 3W3

SOUSSION 10-01

Améliorations au système de chauffage, de ventilation et de climatisation (CVCA) du Complexe municipal

Le Service du génie et des travaux publics de la Municipalité du Comté de Kings sollicite des soumissions pour les améliorations au système de CVCA actuel du Complexe municipal. Ces améliorations comprennent la transformation du système de commande pneumatique actuel en un système de commande numérique directe.

Vous pouvez consulter ou vous procurer le cahier des charges et les formules de soumission, du lundi au vendredi de 8 h 30 à 16 h 30, dès réception d'un dépôt non remboursable de 50 \$ par le Service du génie et des travaux publics situé dans le Complexe municipal, 87, rue Cornwallis, à Kentville.

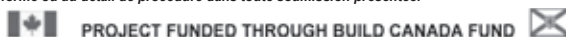
Il est également possible de consulter les soumissions au bureau de l'Association de la construction de la Nouvelle-Écosse situé au 260, avenue Brownlow, bureau 3, Dartmouth (Nouvelle-Écosse) et aux bureaux de Dillon Consulting Limited situés au 137, prom. Chain Lake, bureau 100, Halifax (Nouvelle-Écosse).

Une réunion de présoumission obligatoire aura lieu à 10 h (heure locale) le 29 janvier 2010 au bureau municipal.

Les demandes de renseignements particulières liées à cette soumission peuvent être acheminées à Chris Shortall, ing., Dillon Consulting Limited, par téléphone au 902-450-4000 pendant les heures normales d'ouverture.

LES SOUMISSIONS SCELLÉES SERONT ACCEPTÉES
JUSQU'À 14 H, le jeudi 4 février 2010.

La Municipalité se réserve le droit de rejeter toutes les soumissions ou d'accepter toute soumission qu'elle jugerait plus avantageuse. Elle n'est pas tenue d'accepter la soumission la moins-disante. La Municipalité se réserve également le droit de renoncer à la formalité, au vice de forme ou au détail de procédure dans toute soumission présentée.



Tél. : 902-690-6195 Téléc. : 902-679-0911
Numéro sans frais : 1-888-337-2999
www.county.kings.ns.ca

OP HESTIA

Submitted by: Ann Gaudet,
GMFRC Coordinator of
Deployment Services
at Ann.Gaudet@forces.
gc.ca or 765-1494 local
5583

Due to the short notice of
the deployment to Haiti (OP

HESTIA), some deploying
members have not had the
opportunity to come into the
Greenwood Military Family
Resource Centre to fill out the
Deployment Screening Form.
If you are a family member of
a deployed member, you are

entitled to the full services
of your Greenwood Military
Family Resource Centre has
to offer. If your deployed
loved one has not had the
opportunity to complete the
family information form
you can still access the
Deployment Services. There
is no wait time to access
any of the services offered
at the GMFRC. If you are

a family member separated
from your loved one due to
Deployment, IR, Tasking,
or Course you are able to
access resources, support and
programs specially designed
to assist you and your family
through these separations. All
that you need to do is contact
Ann Gaudet or stop in to the
Greenwood Military Family
Resource Centre.

Un geste d'amour

Pour la Saint-Valentin offrez le cadeau parfait!

Dites...
"Je t'aime", "Merci" ou "Tu es apprécié"
avec

Trois délicieux biscuits en forme de cœur
élégamment enveloppés et décorés (3 biscuits/3.00\$)

Personnalisez le message que nous attacherons à vos biscuits.
Les biscuits seront livrés le vendredi, 12 février 2010.
En cas de mauvais temps, les biscuits seront livrés lundi, 15 février.

La livraison se fera aux endroits suivants:
Les écoles de Kingston, Greenwood, Middleton, incluant West Kings,
L'Escadre, les logements pour les familles militaires,
les subdivisions et les commerces localisés dans les limites de Kingston,
Greenwood et Middleton le long de l'autoroute 1.

Les commandes doivent être faites et payées au CRFMG
entre le 18 janvier et le 8 février 2010
(argent comptant ou chèque).

Vous pouvez venir chercher les
biscuits directement au CRFMG.

Notre adresse: Centre AVM Morfee, rue School, Greenwood, NS.
Pour plus d'information vous pouvez nous contacter au: (902) 765-5611

Collecte de fonds pour les programmes du CRFMG.

Un geste d'amour

THE MUNICIPALITY OF THE COUNTY OF KINGS

87 Cornwallis Street PO Box 100
Kentville, NS B4N 3W3

TENDER 10-01

Municipal Complex HVAC Upgrades

The Municipality of the County of Kings, Department of Engineering & Public Works invites tenders for Municipal Complex improvements to the existing HVAC system. These changes include converting the existing pneumatic control system to a DDC system.

Specifications and tender forms may be viewed and picked up upon receipt of a non-refundable deposit of \$50.00 at the Department of Engineering & Public Works, Municipal Complex, 87 Cornwallis Street, Kentville, Monday to Friday from 8:30 am to 4:30 pm.

Tenders may also be viewed at the Nova Scotia Construction Association located at 260 Brownlow Avenue – Unit 3, Dartmouth, N.S. and the offices of Dillon Consulting Limited, located at 137 Chain Lake Dr, Suite 100, Halifax NS.

There is a mandatory pre-tender meeting at 10 am local time on January 29, 2010 at the Municipal office.

Specific inquiries pertaining to this tender may be directed to Chris Shortall P. Eng., Dillon Consulting Limited, phone (902) 450-4000 during regular business hours.

**SEALED TENDERS WILL BE ACCEPTED UNTIL
2:00PM Thursday, February 4, 2010**

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

A Gesture of Love

For Valentine's Day, Give the Perfect Gift!

A cookie gram
(3 cookies/ \$3.00)
can express many things...
"I love you", "Thanks" or "You're appreciated"

You can personalize the message and we'll deliver three beautifully wrapped delicious heart-shaped sugar cookies on Friday, February 12th, 2010.
In case of weather situation we will deliver on Monday February 15th.

Deliveries will be made to the following:
Schools in Kingston, Greenwood, Middleton, including West Kings,
The Wing, PMQ's, all subdivisions/businesses within Kingston,
Greenwood and Middleton town limits and subdivisions directly off Hwy 1.

Cookie orders will be taken at the GMFRC with payment from January 15th to February 8th, 2010 (cash or cheque only).

Pick up orders also available at the GMFRC.

Our address is as follows:
AVM Morfee Center, School Road, Greenwood, NS.
For more information, you can contact us by phone at (902) 765-5611

GMFRC Fundraiser.

A Gesture of Love

THE MUNICIPALITY OF THE COUNTY OF KINGS

87 Cornwallis Street PO Box 100
Kentville, NS B4N 3W3

TENDER 10-00

Canning STP Sludge Removal

The Municipality of the County of Kings, Department of Engineering & Public Works invites tenders for removal and disposal of excess sewage sludge from the wastewater treatment lagoons located at the Canning STP. The Municipality is requesting the submission of proposals and quotations for sludge removal and disposal.

Specifications and tender forms may be viewed and picked up at the Department of Engineering & Public Works, Municipal Complex, 87 Cornwallis Street, Kentville, Monday to Friday from 8:30 am to 4:30 pm.

Tenders may also be viewed at the Nova Scotia Construction Association located at 260 Brownlow Avenue – Unit 3, Dartmouth, N.S.

There is a pre-tender meeting at 10 am local time on January 26, 2010 at the project site.

Specific inquiries pertaining to this tender may be directed to Bob Blackmore, rblackmore@county.kings.ns.ca or phone (902) 690-2454 during regular business hours.

**SEALED TENDERS WILL BE ACCEPTED UNTIL
2:00PM Thursday, February 9, 2010**

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

RAM

SIRIUS 
SATELLITE RADIO
INCLUDES 1 YEAR PREPAID SUBSCRIPTION

Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue only covers the next couple of weeks. For future and ongoing programs and services, please visit our website at www.greenwoodmfr.ca or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

Note: To keep costs down, the only methods of payment accepted for workshop registrations is cash or cheque. To ensure your spot for a workshop, payment is required at the time of registration.

Employment and Education Services

Coordinator: Kristen Lawson at 765-1494 local 1816 or email kristen.lawson@forces.gc.ca

Upcoming Workshop Selling Your Home Info Session

Wednesday, February 17th, 2010

6:30 p.m. – 8:30 p.m.
GMFRC Classroom #1

Cost – FREE

Registration Deadline: Friday, February 12, 2010

Intro to Cooking Class - Maritime Meal Ideas

Thursday, February 25, 2010

6:00 p.m. – 8:00 p.m.

Sobeys Community Room

Cost - \$15.00 / person

Registration Deadline: Friday, February 19, 2010

Ongoing Services

- Resume and Cover Letter Creation and Modification
- Resume Updating
- Employment Resource Library
- Career Assessment / Counseling
- Job Search Assistance
- Interview Skill Building
- Information on Small Business Planning
- Information on the Military Family Home-Based Business Group
- Employment Computer Available
- Portfolio Development

Outreach and Community Information Services

Coordinator: Nicole Godin at 765-1494 local 5941 or email nicole.godin@forces.gc.ca

Ongoing Services

- Greenwood Welcome package
- GMFRC Virtual Welcome

- package
- New Arrivals Registration
- Welcome GMFRC visit/tour and Welcome Gift
- GMFRC Welcome Calls
- GMFRC Email Information Newsletter
- GMFRC Website
- Community Information Database
- Outreach to Reserve Units

Deployment Services

Coordinator: Ann Gaudet at 764-1494 local 5583 or email Ann.Gaudet@forces.gc.ca

Upcoming programs or services

Let's Do Brunch

Saturday, January 30, 2010

11:00 a.m.

Call 765-5611 for Location

Details

Let's do Brunch is a great way to meet new friends in the community.

A Special Valentine's Luncheon

Saturday, February 13, 2010

1:00 p.m.

GMFRC

Registration Deadline: Friday, February 5, 2010

Your GMFRC would love you to join us for a Valentine's Day luncheon for adult deployed families.

Is your military member away?

If you have a military family member who is away (spouse, son, daughter, partner, grandchild, etc) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give us a call & we'll set you up with any of our programs/services/activities that may interest you. We do not know you're out there unless you let us know.

All of our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre, during, & post deployment information, assistance, outreach, & support to anyone who chooses to participate. Just give us a call!

* For respite childcare offerings for deployed families, see details under Children and Youth Services

Prevention, Support and Intervention Services

Coordinator: Jennifer Hill, at 765-1494 local 1811 or email at Jennifer.Hill2@forces.gc.ca

Upcoming Programs Lunch and Learn: Maintaining Healthy Relationships with Relationship Expert

Tuesday, February 9, 2010

12:00 p.m. – 1:00 p.m.

FREE

GMFRC

Registration deadline: Tuesday, February 2, 2010.

Bring a Brown-Bag Lunch

Family Violence Prevention Week

February 15- 19, 2010 is Family Violence Prevention Week and the GMFRC will be hosting an event to generate awareness and focus on prevention. Stay tuned for further details.

Ongoing Services

- Emergency Shelter
- Assessment and Referral
- Short Term Support
- Crisis Intervention

Please feel free to contact me to set up an appointment to discuss any of these services or to receive more information.

Child and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Upcoming programs or services

National Literacy Day at Your GMFRC

Wednesday, January 27, 2010

9:30 a.m. – 10:30 a.m.

Children aged 1 - 5 years with their parent/caregiver

FREE

GMFRC

No Registration required - just drop in

Cooking for Kids – Valentine Cookies

Wednesday, February 10, 2010

5:30 p.m. – 7:00 p.m.

6 – 9 years

\$6 per child or \$10 for 2 children in same family

GMFRC

Registration Deadline: Monday, February 8, 2010

Children's Deployment Support Group

Sunday, February 7, 2010

1:00 p.m. – 2:30 p.m.

FREE

GMFRC

Registration Deadline: Thursday, February 4, 2010

Respite Dates – Deployed Families are able to choose

one of the two dates:

Saturday, January 30, 2010

10:00 a.m. – 5:00 p.m.

Children up to age 12 (maximum of 15 children registered per session)

To register call 765-5611

FREE to CF Families who currently have a partner deployed

Registration Deadline: Thursday, January 28, 2010

OR **Saturday, February 13, 2010**

10:00 am – 5:00 pm

Children up to age 12 (maximum of 15 children registered per session)

To register call 765-5611

FREE to CF Families who currently have a partner deployed.

Registration Deadline: Thursday, February 11, 2010

Ongoing Programs

- Youth Council – Tuesdays at 14 Wing Community Centre

- Academic Tutoring Service - ongoing

- Parent & Tot Program - Mondays

- Toddler Tuesdays Program

- Tumble Tots - Wednesdays

- Baby Club – 1st and 3rd Thursday of each month

Special Events and Promotions

Coordinator: Michelle Thibodeau Wagner at 765-1494 local 1421 or email michelle.thibodeau-wagner@forces.gc.ca

14 Wing Family Snowshoe/Sleigh ride Day

Friday, January 29, 2010

3:30 p.m.

Greenwood Golf Course

All are welcome

Meadowdale Meat Market Breakfast

Saturday, January 30, 2010

8:00 a.m. – 11 a.m.

Berwick

All proceeds from the breakfast to the GMFRC

Ongoing Services

- Red Friday Promotions
- Yellow Ribbon Campaign

- Support our Troops Awareness Campaign

- Military Families Strength Behind the Uniform Campaign

- GMFRC and Community Special events planning

- Morale Mail Packages to the Troops

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at janie.gagnon@forces.gc.ca

Volunteer Opportunities

14 Wing Snowshoe & Sleigh Ride Day*

Friday, January 29, 2010

3:15 pm – 5:45 pm

14 Wing Golf Course

Volunteers Needed: 11

Respite Childcare Provider*

Saturdays, January 30, February 6, 13, 27 and March 13, 27, 2010

10:00 a.m. – 5:00 p.m. (or can be done in shifts)

GMFRC

Volunteers Needed: 3 for each date

Children's Deployment Support Group Facilitator

Sunday, February 7 & Sunday, March 7, 2010

12:30 p.m. – 3:00 p.m.

GMFRC

Volunteers Needed: 2

Training will be provided. To facilitate a monthly program for children aged 3 to 5 yrs.

Cooking Facilitator*

Wednesday, February 10, 2010 and/or Monday, February 22, 2010

5:15 p.m. – 7:00 p.m.

GMFRC

Volunteers Needed: 2

To assist children 6-9 years old make something tasty. Oven use is required.

Valentine Cookie Grams Wrapping Day*

Wednesday, February 10, 2010

10:00 a.m. to 4:00 p.m.

GMFRC classroom #1

This will be a crazy, fun, and busy day! We will be wrapping more than 1000 cookies.

Valentine Cookie Grams Cupid's Delivery Day*

Friday, February 12, 2010

9:00 a.m. to 1:00 p.m.

GMFRC classroom #1

We are looking for drivers with cars and navigators.

Prepare a List of Fun Things to Do in the Annapolis Valley

Daytime TBD

GMFRC

Volunteers Needed: 2

Make a list of fun things to do in the valley for welcome packages and newcomers

Warm Line Callers

A Warm Line Caller is a volunteer who has been trained by the GMFRC to provide a monthly call to families of a deployed member. The call is a wonderful way to connect with the families and to also inform them about the programs and services at the GMFRC. Two to three hours per month

Tutors

To provide educational assistance to children enrolled in elementary, junior and high school that are experiencing difficulties with a particular subject. You must enjoy working with children and have a comfort level in the subject area.

One hour per week – for 7 weeks.

Suitable for our awesome Youth Volunteers!

Zedex Theatre
765-8848

22-28 Jan 10
"It's Complicated"
Fri-Sun • 9:00 pm
Mon-Thur • 8:00 pm
Rated PG

22-24 Jan 10
"Alvin & the Chipmunks - The Squeakquel"
Fri • 7:00 pm
Sat-Sun • 2:00 & 7:00 pm
Rated G

Coming Soon
"Brothers"
and
"Up In The Air"

Pre-paid Admission Cards
Regular eight card for \$40
Sixteen card for \$75
These may be purchased at the Zedex Theatre with cash or at The Inside Story (Greenwood Mall) using plastic.
www.zedex.ca

Kingston Legion

BiNGO

Prize Money
Guaranteed: \$2,500


BOOKLET
BiNGO

Sunday, 1:45 p.m.
Tuesday, 7:30 p.m.

Regular Games - \$100


- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

Lic.#
35542-96



Alternative Dispute Resolution

Greenwood Dispute Resolution Centre



- Are you involved in a conflict in the workplace and unsure of how to handle it?
- Do you have issues with a work situation that you want resolved?
- Do you want to know how to approach a co-worker during a dispute?

Call DRC Coordinator Maj. Bob Sealby for assistance or visit the Greenwood Dispute Resolution Centre (DRC) at the AVM Morfee Centre (MFRC), School Road or for a DRC nearest you National Phone Number: 1-888-589-1750

Call 5530

DRC services are available to all Regular and Reserve Force members, Civilian and NPF employees, and members of the Cadet organizations.

Learning and Career Centre

"People working together to foster a learning culture – within the Defence Team – many places, many ways."

LCC Upcoming Workshops

January 2010

- 25-26 Understanding My Leadership Style - 2 days
- 26 Power Point Level 2 - 1 day
- 27 Coaching Practices for Managers - 1 day
- 27 Outlook Contacts & Calendaring, ½ day, morning - ½ day
- 28-29 Building Excellence in Teams - 2 days
- 28 Excel Level 2 - 1 day

February 2010

- 1 Excel – Database Functions, ½ Day, morning - ½ day
- 2 Visio Level 1 - 1 day
- 09-11 Effective Presentations - 3 days
- 9 Excel Level 1 (Part 1 of 2, ½ day, morning) - ½ day
- 10 Excel Level 1 (Part 2 of 2, ½ day, morning) - ½ day
- 11 Front Page Level 1 - 1 day
- 16 Publisher – Creating Flyers & Newsletters - 1 day
- 17 Word – Mail Merge and Large Documents, ½ day, morning - ½ day
- 18 Civilian Performance Planning & Review CPPR

- ½ day
- 18 Personal Learning Plans (PLP) - ½ day
- 18 Intro to Windows XP - 1 day
- 23 Front Page Level 2 - 1 day
- 24 Intro to Internet and Email - 1 day
- 25 Excel Level 2 - 1 day

March 2010

- 1-5 Instructional Techniques - 5 days
- 1 File Management, ½ Day, morning - ½ day
- 2 Excel Level 1 (Part 1 of 2, ½ day, morning) - ½ day
- 3 Excel Level 1 (Part 2 of 2, ½ day, morning) - ½ day
- 4 Access Level 1 - 1 day
- 9 Word Level 1 - 1 day
- 10 Outlook Contacts & Calendaring, ½ day, morning - ½ day
- 11 Excel Level 2 - 1 day
- 23 Access Level 2 - 1 day
- 24 Word – Creating Brochures, ½ day, morning - ½ day
- 25 Excel Level 3 - 1 day

- 29 Power Point Level 1 - 1 day
- 30 Civilian Performance Planning & Review CPPR - ½ day
- 30 Personal Learning Plans (PLP) - ½ day
- 30 Access Level 3 (Part 1 of 2, ½ day, morning) - ½ day
- 30 Access Level 3 (Part 2 of 2, ½ day, morning) - ½ day

April 2010

- 08 Defence Ethics
- 12-13 Interpersonal Communication Skills - 3 days
- 16 Prior Learning Assessment (PLA), Day 1 of 10 - 1 day
- 20 Effective Meetings - 1 day
- 23 Prior Learning Assessment (PLA), Day 2 of 10 - 1 day
- 28 Myers-Briggs Type Indicator (MBTI) - 1 day
- 30 Prior Learning Assessment (PLA), Day 3 of 10 - 1 day

May 2010

- 07 Prior Learning Assessment (PLA), Day 4 of 10 - 1 day
- 11-12 New Employee Orientation - 1.5 days
- 12 Future Planning (Civilian Employees under age 45) - 1 day
- 14 Prior Learning Assessment (PLA), Day 5 of 10 - 1 day
- 21 Prior Learning Assessment (PLA), Day 6 of 10 - 1 day
- 28 Prior Learning Assessment (PLA), Day 7 of 10 - 1 day

June 2010

- 01-02 Exploring the Leader in You - 2 days
- 04 Prior Learning Assessment (PLA), Day 8 of 10 - 1 day
- 11 Prior Learning Assessment (PLA), Day 9 of 10 - 1 day
- 15-16 Stepping Up to Supervisor - 2 days
- 18 Prior Learning Assessment (PLA), Day 10 of 10 - 1 day

July 2010

- 06-08 Negotiation Skills - 3 days
- 14 Assertive Communications - 1 day

2010 Promotional and Recruitment Campaign for the Civilian Personnel Education Support Program (CPESP)

I am pleased to announce the launch of the 2010 Civilian Personnel Education Support Program (CPESP) promotional and recruitment campaign. Currently in its 11th year, the CPESP continues to offer DND indeterminate civilian employees financial support to obtain a degree, diploma, certificate or an attestation through full-time studies at a recognized Canadian educational institution for a maximum of twelve consecutive months. To date, the Program has awarded 141 civilian employees the opportunity to become full-time students while still maintaining their salary as well as retaining their position upon their return to work.

This year, an important change to one of the eligibility criteria was made with the new directive DAOD 5031-53 *Civilian Personnel Education Support Program*, published in September 2009. The directive states that only civilian personnel that have accumulated at least two years of service, as full-time indeterminate employees in DND, at the application closing date will be able to apply to the Program. These criteria are in effect starting this 2010/2011 campaign. In addition, the application closing date has been changed to 16 March of the current promotional year.

Throughout the years, the CPESP has made it possible for employees to improve their qualifications, which in turn

will help them achieve career aspirations and increase their employability. While offering a number of advantages for our employees, the Program also offers an additional incentive for managers since they retain the participant's Salary and Wage Envelope (SWE) allocation to hire a temporary replacement.

In the currently challenging financial context, continuous learning remains as important as ever since it is critical to a high performance organization. The CPESP is a true example of our commitment to employee development and represents a tremendous opportunity for our workforce. The program is designed to provide continuous learning funds for at least one employee in each of the five employment categories: Administrative Support, Scientific and Professional, Administrative and Foreign Service, Technical, and Operational. Financial support may also be provided to an individual in each of the following employment equity groups: Aboriginal peoples, persons with disabilities, and visible

minorities. All candidates must meet the established eligibility criteria and choose one employment category in which they want to be considered.

The application deadline is 16 March 2010. The results of the selection process will be announced in early June 2010.

For more detailed information, please go to the intranet site at <http://hr.ottawa-hull.mil.ca/CPESP-PAEPC>.

Employees are also invited to consult this site for more information on the eligibility criteria as well as the application package and the available assistance in this process. Several regional information sessions will also be held in coming weeks and the dates will be posted on this same site.

Should you require additional information about the CPESP, please contact Sylvain Chretien, Civilian Personnel Education Support Program Coordinator, DLPDPS, at 819-994-1075 or via email at: [+DND CPESP Program@ADM\(HR-Civ\) DLPDPS@Ottawa-Hull](mailto:+DND CPESP Program@ADM(HR-Civ) DLPDPS@Ottawa-Hull)

Find Help at DivorceCare

DivorceCare is a special weekly seminar and support group for people who are separated or divorced. It's a place where you can be around people who understand what you are feeling. It's a place where you can hear valuable information about ways to heal from the hurt of divorce.

DivorceCare group meets every Wednesday night from 7:00 – 9:00 p.m. at St. Mark's Chapel. Call 765-1494 ext 5883 for more info.

Please register to ensure we have enough materials.
DivorceCare STARTS Wednesday, 27 January 2010.



...let's talk
about YOU

Send your articles
and photos to:
aurora@auroranewspaper.com

KINGSTON & DISTRICT SCHOOL

school lunch menu

Whole Sandwiches 1/2 Sandwiches (Asst. fillings).....\$1.15 Subs/Kaisers/Wraps.....\$2.25 - \$2.50 Hot Foods One Hot Food Daily.....\$2.50 Cup of Soup\$1.00 Bowl of Soup.....\$2.00 Beverages Milk.....\$0.35 Choc. Milk.....\$1.30 Juice Small.....\$1.00 Juice Medium.....\$1.25 Bottled Water.....\$1.25 Yop.....\$1.25 V8 Juice.....\$1.00 Salads Assorted Salad Plates.....\$2.50 Fruit Plate.....\$1.75 - \$2.25 Veggies & Dip.....\$1.00 Apple Snacks.....\$1.00	Snacks Cheese & Crackers.....\$1.00 Fresh Fruit.....\$0.75 - \$1.25 Gold Fish Crackers.....\$0.50 Miscellaneous Bread & Butter.....\$0.50 Bagel.....\$1.25 Cream Cheese.....\$0.50 Cheese Whiz.....\$0.50 Freezer Items Frozen Yogurt.....\$1.25 Yogurt Tubes.....\$1.00 Desserts Muffins.....\$1.00 Cookies (small).....\$0.35 Biscuits.....\$1.00 Yogurt.....\$1.25 Fruit Salad.....\$1.00 Other Assorted Desserts.....\$0.75 Special Treat Days.....\$1.50
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Daily Specials (Mon-Thur): Price Includes Main Course, Drink and Dessert - \$3.25

Mon: Fries & Gravy & Cheese; **Tues:** Nachos with Cheese Sauce, Salsa Veggie Sticks;
Wed: Turkey Dinner; **Thurs:** Early Dismissal; **Fri:** Perogies with Glazed Carrots

This menu brought to you compliments of:

FRASER'S PRO Home Centre

BERWICK • 1-800-959-3727
 KINGSTON • 1-902-765-3111
 KENTVILLE • 1-902-678-8044
 BRIDGETOWN • 1-902-665-4449
www.frasers.ca

ANNAPOLIS EAST ELEMENTARY SCHOOL

LUNCH TIME!

~ The following items are available at the Cafeteria daily ~

Sandwiches: \$2.00; **Wraps:** \$2.00; **Sub Sandwiches:** \$2.00;
 All sandwiches, wraps & subs will include fresh vegetable or fruit on the side.
Vegetables & Dip: \$1.50; **Cheese & Crackers:** \$1.50;
Fruit & Dip: \$1.50; **Tossed Salad:** \$2.50 sm \$1.50;
Caesar Salad: \$2.50 sm \$1.50; **Spinach Salad:** \$2.50 sm \$1.50; **Yogurt:** \$1.00; **Yogurt Tubes:** \$1.00; **Yogurt Parfaits:** \$1.25;
Fresh Fruit: Apples, Oranges & Bananas - \$1.00; **Fruit Squiggles:** \$1.50;
Gold Fish Crackers: \$1.50; **Baked Lays:** \$1.50; **Flat Earth:** \$1.50;
Smart Popcorn: \$1.50; **Frozen Juice Bars:** Orange & Cherry - \$1.00;
Rice Crispy Squares: \$1.00; **Smoothies:** Mon, Wed, Fri - \$1.25;
Juice: Apple, Orange & Seven Fruit - \$1.00; **Milk:** \$0.35; **Water:** \$1.00;
 ~~~~~ **Canteen Items - CASH ONLY** ~~~~~

There will be a cost for ALL condiments if your child is not purchasing lunch from the cafeteria.

**Ketchup, Mustard, Relish:** \$.15 each; **Mayo & Salad Dressings:** \$.30 each;  
**Barbecue/Sweet & Sour Sauce:** \$.40 each

We are a NUT & SCENT sensitive school with a smoke-free environment.

**Jan 25<sup>th</sup>:** Hamburgers with Lettuce & Slice of Tomato 2.50 • Chesse Burgers with Lettuce & Slice of Tomato 3.00 • Apple Slices 1.00

**Jan 26<sup>th</sup>:** Chicken Noodle Soup 1.75 • Fish Cakes & Potato Wedges 2.50 • Yogurt 1.00

**Jan 27<sup>th</sup>:** Chicken Rice Soup 1.75 • Macaroni & Cheese 2.50 • Toss Salad 1.50 • Orange Slices 1.00

**Jan 28<sup>th</sup>:** Corn Chowder 1.75 • Meat Balls, Rice, Vege 2.50 • Yogurt Tube 1.00

**Jan 29<sup>th</sup>:** Tomato Soup & Grilled Cheese Sandwich 2.50 • Pudding 1.00

Daily Specials can be purchased for \$3.25 • Main Entree, Milk & Daily Dessert



# FOR YOUR INFORMATION

**UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS**  
FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items **MUST** be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com). These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

## Long Term Planning Seminar

14 Wing Personnel Selection Office Announcement. 24 Feb 2010, Birchall Training Centre - The Chamber. Concerned about finances? Wondering about changing trades? Buying a home? Wanting to upgrade your education? How to prepare now for retirement? This seminar provides Regular Force and Primary Reserve members with the opportunity to engage in long-term planning as it relates to their education, career,

transition and goals for eventual retirement. All members are encouraged to attend this seminar in the early stages (3-10) of their career. Registration Deadline: 15 February 2010. For more information please call local 5390.

## Annapolis Valley Toastmasters Club

Ever wonder what Toastmasters do? See them in action, and celebrate the 19th Anniversary of the Annapolis Valley Toastmasters Club. They are hosting an Open House on Tuesday 2nd,

February 2010, between 6:30 p.m. and 8:00 p.m. at the Air Commodore Birchall Training Centre (home of the Zedex Theatre) in 14 Wing, Greenwood, Nova Scotia. Admission is free. Snacks will be served. Door prizes will be presented. These Toastmasters will showcase what they do every week to improve their communication and leadership skills. This may sound formal, but in reality the meetings are more structured than formal. The meetings are always fun, entertaining and light-hearted; yet, offer valuable lessons to help participants enrich family, social and work lives. Here is your opportunity to spend an enjoyable evening. Explore the possibilities. Build your career. If you have ever wondered what Toastmasters do, visit their Open House. Learn more with a visit to their website <http://annapolis.freetoast.net>.

## Greenwood Health Auxiliary

The Greenwood Health Auxiliary will be holding their regular meeting at St. Marks Annex on January 25, 2010 at 1:00 p.m. Members are urged to attend as dispersment of funds will be allocated at this time. New members are always welcomed.

## Valley Autism Support Team

The February VAST meeting will be held on Thursday 4 February 2010 starting at 7:00 p.m. in the Autism Centre, Kingston & District Elementary School, 630 Pine Ridge Ave, Kingston

## Valley Animal Shelter

The Valley Animal Shelter is currently selling tickets for a Valentine's Chocolate & Teddy Bear Basket, valued at \$225.00. Tickets are available at Cinnamon Creek (Middleton), the Valley Animal Shelter (Wolfville) or by contacting Jennifer at 765-6629. The draw will take place on Saturday, February 13<sup>th</sup> at Cinnamon Creek in Middleton. Licence #AGA-228820-09.

## "Breakfast" R.C.L. Br. #01 Middleton

On Saturday 06 Feb 2010, from 8:00 - 10:00 a.m. Scrambled eggs, Hash browns, Baked beans, Bacon or Sausage, Toast, Coffee, Tea, Apple or Orange juice. \$5.00 per person. "Open to the public", come out and enjoy. Sponsored by the Ways & Means. Please help support the "Branch".

## VPI Meeting 28 Jan 10

The Greenwood 14 Wing VPI will hold their monthly meeting on Thursday 28 Jan at the VPI Centre. Flt Plan at 1500 hrs, Engines On for the meeting at 1530 hrs, with Take Off planned for 1600 hrs.

## Greenwood Amateur Radio Club (GARC)

### Basic Licence Course

The GARC is offering a course leading to the Amateur Radio Basic licence qualification. The course will run each Wednesday from February 10, 2010 to early June. For more information, contact Eric Smith, 765-4468 or Guy Campbell, 825-6151. Anyone interested in learning more about Amateur (Ham) Radio is invited to visit

us at the club room, Room #1, upstairs in the Greenwood Community Centre on Church Street, on Thursday evenings.

## Family Literacy Day

Reading, singing and story writing will be happening at 14 Wing Library on Wednesday January 27th starting at 3:00 until 5:00 p.m., and again in the evening from 6:00 - 8:00 p.m. Drop into the Library with your little ones for some fun to support Family Literacy Day. Read together. Grow together.

## RCAF Association 107

## Valley Wing News

Valentine Day Dinner, 14 February 6:00 p.m. Live music. Candle light dinner. Members and guests. Call 765-8415 for more information or to reserve.

## Helping

If you are a senior or someone who needs a small job done, but are unable to do it yourself, there is help available. This service is for the Greenwood / Kingston area. It is volunteer help and the cost of materials is not included. For further information, leave a message at New Beginnings Center in Greenwood at 765-8155 or e-mail: [newbeginnings@ns.aliantzinc.ca](mailto:newbeginnings@ns.aliantzinc.ca)

## Vacation Lottery Extravaganza

The Halifax & Region Military Family Resource Centre is hosting its Annual Vacation Lottery Extravaganza. With 75 prizes and 1 in 20 chances of winning, you could win the vacation of your dreams. Tickets available for a limited time only, sales begin

February 15 and end March 5. All proceeds support programs and services for military families. Full details are available at: [www.extravaganza.halifaxmfr.ca](http://www.extravaganza.halifaxmfr.ca) or call 427-7208 for ticket information.

## ZX Cycle N Run General Meeting

Wednesday 3rd Feb 6:30 p.m. - F&S Centre Classroom. All recreational and competitive runners and cyclists are invited to attend a general meeting as we prepare for the 2010 season. Events planned for next year are the Cabot Trail Relay Race (Runners Required), Rum Runners, Group Road and Mountain Bike Rides, Tackle the Trail Ride, ZX 10k Race, Greenwood Air Force Triathlon, Group scheduled runs, and the Middleton Century Ride. For info contact michael.dymond@forces.gc.ca.

## Kingston United Baptist Church Library

The Kingston United Baptist Church Library is open to the public on Thursday evenings 6:30 - 7:30 p.m. Located upstairs in the Christian Education wing. Please use upper side doors off main parking lot. Excellent selection of Christian books, videos, CDs and DVDs. For further info, call 765-6735.

## Ex RCAF Airwomen's Luncheon

The next Ex RCAF Airwomen's Luncheon will be held in the Aurora Inn, Kingston at 12:30 p.m. on Thursday, January 28th, 2010. Contact Terry Brown at 765-0532 for more information.

# HOROSCOPES

January 24 to January 30

## ARIES - Mar 21/Apr 20

Recently you may not have felt so confident about expressing yourself, Aries. But this week you will have a boost of confidence and feel more in touch with your emotions.

## TAURUS - Apr 21/May 21

Taurus, you may feel a little bit of dissatisfaction this week, but it's easily remedied by heading out with friends for a night on the town. It could be a chance for romance, too.

## GEMINI - May 22/Jun 21

Gemini, lack of communication slows you down this week. Allow for extra time on just about everything you do because it could be a challenge. Things look better for next week.

## CANCER - Jun 22/Jul 22

You feel hungry for success this week and will take all measures possible to achieve certain goals, Cancer. Try to keep them on the up and up.

## LEO - Jul 23/Aug 23

Family tensions might be a blight on what would normally be a great week, Leo. Things are not all lost, however. Your love life is in a really good place this week.

## VIRGO - Aug 24/Sept 22

The planetary lineup suggests that you should avoid all stores this week, Virgo, because you're apt to spend a little too much. Arrange another distraction.

## LIBRA - Sept 23/Oct 23

You are extra efficient this week, Libra. This is a good time to declutter your home or office. Work projects will also come easy, so dive right in while the time is good.

## SCORPIO - Oct 24/Nov 22

You are not one usually interested in being the center of attention, Scorpio. This week you are quite content being right in the middle of social situations.

## SAGITTARIUS - Nov 23/Dec 21

Don't be surprised if someone expects you to return a favour. You need to set aside your wants for a few days and put this person first. Expect it to be busy.

## CAPRICORN - Dec 22/Jan 20

Romance is looking to improve this week and for the next couple of ones, too, Capricorn. You might want to invest in a mini-makeover so you'll be ready for those nights with your special someone.

## AQUARIUS - Jan 21/Feb 18

You can look forward to a generally good week, Aquarius, but there are one or two obstacles that may stand in the way of a perfect week. Don't let them get to you.

## PISCES - Feb 19/Mar 20

Expect to ease in a very relaxed state, Pisces. This week is going to be as smooth as silk and you'll enjoy it.

## FAMOUS BIRTHDAYS

|            |                                  |
|------------|----------------------------------|
| JANUARY 24 | Mary Lou Retton, Gymnast (42)    |
| JANUARY 25 | Alicia Keys, Singer (29)         |
| JANUARY 26 | Eddie Van Halen, Guitarist (55)  |
| JANUARY 27 | Bridget Fonda, Actress (46)      |
| JANUARY 28 | Elijah Wood, Actor (29)          |
| JANUARY 29 | Sara Gilbert, Actress (35)       |
| JANUARY 30 | Brett Butler, Actress/Comic (52) |

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# Winter Carnival Family Games

By Eric MacKenzie  
Community Recreation Coordinator

Where:  
Greenwood Community Centre Gym

When: Saturday,  
06 Feb 10 from 1000-1130 hrs.

Winter Carnival is only three weeks away! Since Vancouver is about to welcome the world,

to celebrate the Olympic Winter Games, this years 14 Wing Winter Carnival theme will be focused around the upcoming Olympics. The 14 Wing Community Centre is

ready to once again offer you some fun indoor games for the entire family.

We will be offering a number of great family games, which will be taking place inside the gym of the Community Centre, for all to enjoy. This year's Winter Olympic theme will be incorporated into our fun indoor games, which will include the famous candy hop station, as well as the always popular cookie decorating station. Once again, inside the gym, a large Bouncy Kingdom will be set up for the children. Plus, face painting and an Olympic Winter games craft corner will also be available.

This event is free of charge so make sure you mark it on your calendar and remember to include us in your Winter Carnival weekend of Fun!

If you have any questions about the Family Games please call Eric MacKenzie, at the 14 Wing Community Centre, at 765-1494 ext. 5337.



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**Just Fill in The Blanks. Three Easy Ways to Enter.**

1. Through our website: [www.auroranewspaper.com](http://www.auroranewspaper.com)
2. Fax: 765-1717
3. Drop into our office located on School Road (Morfee Annex)

**No Central Registry or Canada Post please.**

**Deadline: Noon, Thursday, January 29, 2010.**

Make sure you include your full name and phone number.

| NAME                                                                                                                                                           | PHONE NUMBER |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| <b>Limited to one win in a TWO MONTH PERIOD.</b>                                                                                                               |              |
| The winner will be drawn randomly from all correct entries. Only one entry per family per week.                                                                |              |
| <b>Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!</b> |              |
| 1. What is Jeff's Repair Shop's phone number                                                                                                                   | _____        |
| 2. What business is located on 963 Main St. Port Williams                                                                                                      | _____        |
| 3. What can you do from open to close for free                                                                                                                 | _____        |
| 4. How many ways are there to prepare for the real estate market                                                                                               | _____        |
| 5. "Something big is going on" where                                                                                                                           | _____        |



**This contest is brought to you by:**

**Pizza Delight, Greenwood**

**765-4477**

**Congratulations to last week's winner: MILLIE CLOW**

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Send your articles and photos to:  
[aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com)



# Youth Happenings at 14 Wing Community Centre

By: Megan LeMoine

Drop by the Centre today to pick-up your February calendar; there's going to be a Basketball tournament, Family Trip to Ski Martock, Teen Games Night, and so many more things to check out! If you have any questions about any programs or events please call 765-8165. Here's what's happening this week.

**Boys Club**

Open Gym

Monday Jan. 25  
4:30-6:00 p.m.

Boys (9-12) can have full range of the gym! We can play soccer, badminton, hockey anything you want! Come with your pre-teen membership or \$1.00 drop-in fee! See you there!

**Teen Council**

Tuesday Jan. 26  
3:00 - 4:00 p.m.

We have *cancelled* the Teen Council meeting this week, due to exams. We will resume the meetings Tuesday Feb.2, 2010. Good luck on all your studies!

**Active Chicks**

Swimming

Wednesday Jan. 27  
6:00 - 7:30 p.m.

Girls, bring your flippers, we're going swimming! Everyone meet at 14 Wing Community Centre to walk as a group to the Fitness and Sports Centre. There we will swim, dive and slide in the pool!! Girls can be picked-up at the Fitness and Sports centre at 7:30 p.m. Bring your swim-suit, towel and member-card.

It's going to be a blast!

**Teen Activity**

Swimming

Thursday Jan. 28  
6:00 - 7:30 p.m.

Teens (13-18) we're going swimming too! Everyone meet at the Community Centre, then as a group we'll walk to the F&S centre. Casual Swim is from 6:30-7:30 p.m. Teens, you can either get picked-up at the F&S centre or walk back to the C.C with me! Bring your swim-suit and towel!

**Winter White Dance**

Pre-teen: 6:00 - 8:00 p.m.  
\$3.00  
Teen: 8:30-11:30 p.m.

\$4.00

Exams are done! Come to the Community Centre for the End-of-Exam Dance! It's time to forget about studying, tests and teachers! Blah! Dance the night away with your friends and forget about school! Only \$3.00 for Pre-teens (9-12) and \$4.00 for Teens (13-18). \$1.00 off the entrance fee if you come dressed in white! Tell your friends, invite a date, or bring a buddy! See you there!

**Movie Night**

Saturday Jan. 30

Pre-teen: 6:00 - 8:00 p.m.  
*To be announced!*

Teen: 8:00 - 10:00 p.m.  
*X-Files; I Want to Believe.*

*Mulder and Scully are called back to duty by the FBI when a former priest claims to be receiving psychic visions*

*pertaining to a kidnapped agent.*

**Special Events**

**Family Trip**

Ski Martock

Saturday Feb. 27, 2010  
3:30-11:00 p.m.

Ski or snowboard under the stars! \$24 includes- lesson, lift ticket and rental equipment. \$14.00 includes: lesson and lift ticket. For those who enjoy cross country \$12.00 includes: lesson and rental equipment and \$7.00 for lesson. Bring extra money for snacks and supper! Children under 8 cannot go on this trip, if they wish to go a parent would contact Ski Martock to reserve a lesson with an instructor, however, they cannot take part in the group rate. Children 9-12

must be accompanied by an adult 19 and older at all times! Children 13-18 may have their parents/guardians fill out a permission form if they wish to go by themselves. Drop-in to the 14 Wing Community Centre

to fill out your permission form package, this is very important! Only Rec. card holders, military members and their families can sign-up for this trip. If you have any questions or concerns please call 765-8165.

**Youth Centre Drop in Hours**

|           | Pre-Teen (ages 9 – 12)       | Teens (ages 13 – 18)          |
|-----------|------------------------------|-------------------------------|
| Monday    | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Tuesday   | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Wednesday | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Thursday  | 4 pm to 6 pm                 | 6 pm to 9 pm                  |
| Friday    | 6 pm to 8 pm                 | 4 pm to 6 pm<br>8 pm to 11 pm |
| Saturday  | 2 pm to 4 pm<br>6 pm to 8 pm | 4 pm to 6 pm<br>8 pm to 11 pm |
| Sunday    | 2 pm to 5 pm                 | 5 pm to 9 pm                  |

## Canadiana Crossword

### Fine Feathered Friends

By Bernice Rosella and James Kilner

Solution page 18

|    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 |
| 12 |    |    |    | 13 |    |    |    | 14 |    |    |
| 15 |    |    |    | 16 |    |    |    | 17 |    |    |
|    |    |    | 18 |    |    |    | 19 | 20 |    |    |
| 21 | 22 | 23 |    |    |    | 24 |    |    |    |    |
| 25 |    |    |    | 26 | 27 |    |    |    | 28 | 29 |
| 30 |    |    |    | 31 |    |    |    | 32 |    |    |
| 33 |    |    | 34 |    |    |    |    | 35 |    |    |
|    |    |    | 36 |    |    |    | 37 |    |    |    |
| 38 | 39 |    |    |    | 40 | 41 |    |    |    |    |
| 42 |    |    |    | 43 | 44 |    |    | 45 | 46 | 47 |
| 48 |    |    |    | 49 |    |    |    | 50 |    |    |
| 51 |    |    |    | 52 |    |    |    | 53 |    |    |

**ACROSS**  
1 Word Perfect home town  
5 Counterfoil  
9 Common prefix  
12 Hold on there  
13 Rabbit  
14 Weave  
15 Lonestar beeves  
17 Rear  
18 Nacelles  
19 Cake to die for  
21 Luke warm  
24 College bldg.  
25 Jai  
26 Anne Murray hit or a feathered friend  
30 Golf score between bogey and birdie  
31 Happiness  
32 Indian city  
33 Eland  
35 Group of wolves  
36 Reprobate  
37 They're sometimes as good as nods  
38 Aplomb  
40 For men only party

**DOWN**  
1 Pussycat's pal or a feathered friend  
2 Greek letter  
3 Soul to Serge  
4 British warship or a fine feathered friend  
5 Fitted with brogues  
6 Sailors  
7 Vessel  
8 Awards  
9 Alberta hiking trail or a fine feathered friend  
10 Kon Tiki was one  
11 Suffix denoting small  
16 Mason's mortar carrier  
20 Globe  
21 Bark cloth

22 Spunk  
23 TV family or feathered friend  
24 A bit of medicine  
26 Blackthorn  
27 A wee dram  
28 Music genre  
29 Shoes for men  
31 Toronto baseballer, or a fine feathered friend  
34 Goddess of the dawn  
35 Scammer's delight or a fine feathered friend  
37 Anemic  
38 Kelly cartoon character  
39 Norse god  
40 Litigant  
41 Tamarack  
44 Palm leaf paper  
45 Not me  
46 Prefix for Centre or gram  
47 Daylight saving arrangement, abbr.

## ComParrot

by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?

Answers: 1. chin guard on #99 2. missing shadow 3. missing football 4. missing number on sleeve 5. number is turned around on #12

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To place a Classified Ad by Word Count call Candace Ernst at 765-1494 local 5440. The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com). Fax: 765-1717.

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.

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## Crossword Solution

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| O | R | E | M |   | S | T | U | B |   | P | R | E |
| W | H | O | A |   | H | A | R | E |   | T | A | T |
| L | O | N | G | H | O | R | N | S |   | A | F | T |
|   |   |   | P | O | D | S |   | T | O | R | T | E |
| T | E | P | I | D |   |   | D | O | R | M |   |   |
| A | L | A | E |   | S | N | O | W | B | I | R | D |
| P | A | R |   | B | L | I | S | S |   | G | O | A |
| A | N | T | E | L | O | P | E |   | P | A | C | K |
|   |   | R | O | U | E |   |   | W | I | N | K | S |
| P | O | I | S | E |   | S | T | A | G |   |   |   |
| O | D | D |   | J | O | U | R | N | E | Y | E | D |
| G | I | G |   | A | L | E | E |   | O | O | P | S |
| O | N | E |   | Y | A | R | E |   | N | U | I | T |

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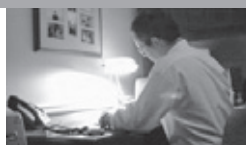
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# Lettre d'appel : Campagne de promotion et de recrutement du Programme d'appui à l'éducation du personnel civil (PAEPC) 2010

Je suis heureuse de vous annoncer le lancement pour l'année 2010 de la campagne de promotion et de recrutement du Programme d'appui à l'éducation du personnel civil (PAEPC). Actuellement à sa onzième année, le PAEPC fournit aux employés civils du MDN, nommés pour une période indéterminée, un soutien financier en vue de l'obtention d'un grade, un diplôme, un certificat ou une attestation dans un programme d'études à temps plein dans un établissement d'enseignement canadien reconnu et ce, pour une période maximale de douze mois consécutifs. À ce jour, le programme a octroyé 141 bourses et a permis à des employés de faire des études à temps plein tout en touchant une rémunération et en conservant leur poste au moment de leur retour au travail.

Cette année, un changement important a été apporté à l'un des critères d'admissibilité du Programme avec la venue de la nouvelle directive DOAD 5031-53 *Programme d'appui à l'éducation du personnel civil* publiée au mois de septembre 2009. Cette nouvelle directive stipule que seulement les employés civils qui ont achevé, à la date limite de mise en candidature, au moins deux années de services au MDN à temps plein et en tant qu'employé nommé pour une période indéterminée pourront s'inscrire au Programme. Ce critère

prendra effet avec cette campagne de promotion 2010/2011. De plus, la date limite de mise en candidature a été modifiée pour être fixée au 16 mars de l'année de promotion en vigueur.

Au cours des années, le PAEPC a permis à des employés d'améliorer leurs compétences, ce qui les aidera à atteindre leurs aspirations de carrière et à accroître leur employabilité. Tout en offrant de nombreux avantages pour nos employés, le programme offre aussi un incitatif supplémentaire pour les gestionnaires puisque ceux-ci disposent de la partie de l'enveloppe des traitements et salaires (ETS) constituant le salaire annuel du participant pour embaucher un remplaçant temporaire.

Face aux défis du contexte financier actuel, l'apprentissage continu conserve toute son importance puisqu'il est essentiel à une organisation performante. Le PAEPC est un exemple type de notre engagement envers le perfectionnement des employés et représente une opportunité superbe pour notre main-d'œuvre. Le programme offre un appui financier à au moins un employé dans chacune des cinq catégories d'emploi suivantes : scientifique et professionnelle, administration et service extérieur, soutien administratif, technique et exploitation. De plus, un soutien financier peut être attribué

à une personne dans chacun des groupes suivants visés par l'équité en matière d'emploi, soit : Autochtones, personnes handicapées et membres des minorités visibles. Tous les candidats doivent rencontrer les critères d'admissibilité et choisir une seule catégorie d'emploi à laquelle ils poseront leur candidature.

La date limite de mise en candidature cette année est le 16 mars 2010. Les résultats du comité de sélection seront annoncés au début de juin 2010.

Pour de plus amples renseignements, prière de consulter le site intranet à l'adresse <http://hr.ottawa-hull.mil.ca/CPESP-PAEPC>.

Les employés sont invités à consulter ce site afin d'en connaître davantage sur les critères d'admissibilité et la demande de mise en candidature ainsi que l'assistance disponible dans le processus de mise en candidature. Des séances d'information régionales seront aussi à l'horaire dans les prochaines semaines et les dates seront affichées sur ce même site intranet.

Pour toute information additionnelle au sujet du PAEPC, prière de communiquer avec Sylvain Chrétien, Coordonnateur, Programme d'appui à l'éducation du personnel civil, DPSAPP, au 819-994-1075, ou à l'adresse de courriel suivante : +DND CPESP Program@ADM(HR-Civ) DLPDPS@Ottawa-Hull.

## Dessert Contest at Macdonald Museum's Chocolate & Wine Festival

The Annapolis Valley Macdonald Museum will be holding a Chocolate & Wine Festival on Sunday, Feb. 7<sup>th</sup> from 12:00 to 4:00 pm. This is the third year the Museum has held a festival in February and once again a chocolate dessert contest will be part of the fun. The Museum does not charge admission to the event, which can be enjoyed by the whole family.

Once again, there will be gift baskets for both adults and children (no purchase necessary), a chocolate fountain, a chocolate maker, wine tasting, a tarot card reader and more. A lasagne lunch, hot chocolate drinks and wine will be on sale in an Italian style café, as will the desserts that come in for the contest.

There is no charge to enter the dessert which can be dropped off at the Museum, 21 School Street in Middleton between 9:30 and 10:30 a.m. on Sunday, Feb. 7<sup>th</sup>. The dessert must contain at least some chocolate content. Or it can be completely chocolate. The judging will begin at 11:00 a.m. by a select panel of judges. Once the winners are chosen, all the desserts will be put out for sale at the festival.

The Museum welcomes everyone to attend this "sweet" event on February 7<sup>th</sup> and to enter the dessert contest. Those who would like to enter the contest should pre-register by calling 825-6116 and have a staff member register you.



## Want the Spark back in Marriage? Take the Love Dare

Today there are many stressors and threats to the marriage relationship. In the military, there are even more stressors.

Whether your marriage is hanging by a thread or healthy and strong, *The Love Dare* is a journey you need to take. *The Love Dare* is a 40-day challenge for spouses to understand and practice the true essence of love. The 40-day *Dare* is based on the #1 New York Times best selling book by the same name - "*The Love Dare*".

*The Love Dare* challenge is for married couples or individuals. The *DARE* starts noon Feb. 11, 2010 at 14 Wing's St. Mark's Chapel and meets each Thursday at noon throughout the 40-day challenge. Bring your bag lunch.

Call 765-1494 ext 5883 for more info.

OPI – Padre Gord Poley

Please register to ensure we have enough materials.

### CUCINA AURORA



#### Pizza Biscuits

1 can Biscuits  
Pepperoni  
Pizza sauce  
Parmesan cheese

Flatten biscuit in hand, put a little pizza sauce on biscuit then a slice of pepperoni. Top with Parmesan cheese. Fold edges of biscuit to center. Place on a buttered pan. Place in a 400 degree oven and bake for 8 to 10 minutes.

### EMPLOYMENT OPPORTUNITY Greenwood Military Family Resource Centre



#### Full-Time Term Position (with possibility of continued employment) CASUAL CHILDCARE PROVIDER

This position is responsible for day to day operation of the GMFRC Casual Childcare Program, and is also responsible for the development and implementation of our GMFRC Parent & Tot program.

**Responsible to:** Executive Director

#### QUALIFICATIONS REQUIRED:

- Bilingualism is a definite asset
- Early Childhood Education (ECE) diploma and a minimum of three years experience as a childcare provider in a childcare facility.
- Strong interpersonal skills are necessary as well as the ability to work independently as well as part of a team.
- A clear understanding of the community development process is essential as well as a strong awareness of risk management issues as they pertain to children. An ability to work effectively with parents in a supportive capacity.
- Excellent organizational skills
- A good understanding of the unique lifestyle of military families is essential as well as a strong belief in the principle of volunteerism.
- Knowledge of Microsoft Office & Graphics program.

**Must have Infant/Child First-Aid/CPR. There is an annual requirement for a physical medical certificate.**

**37.5 hours weekly. Some flexibility will be required after-hours to accommodate GMFRC Special Events.**

**The successful candidate will be prepared to commence employment as soon as possible.**

Must complete a Child Abuse Registry Check, Criminal Record Check, and Enhanced Reliability Check. Eligible candidates should submit by fax, mail, or email a cover letter and resume clearly outlining their ability to fulfill all position requirements, **on or before 4:00 p.m. on Friday, January 29th, 2010 to:**

Margaret Reid  
Executive Director  
Greenwood Military Family Resource Centre  
PO Box 582, Greenwood, NS, B0P 1N0  
email: [margaret.reid@forces.gc.ca](mailto:margaret.reid@forces.gc.ca)  
(MS Word or PDF format)  
fax: (902) 765-1747

Applications can also be dropped off at the GMFRC Front Desk. The GMFRC is located in the AVM Morfee Centre, School Road, in Greenwood.

*Please note: Only candidates selected for further consideration will be contacted.*

The Greenwood MFRC is committed to employment equity. You can read more about the GMFRC at: [www.greenwoodmfr.ca](http://www.greenwoodmfr.ca)

### Discover the Magic of Reading

...visit 14 Wing Library

Located at AVM Morfee Centre, School Street

Monday ..... 1-5pm & 6-8pm

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Wednesday ..... 1-5pm & 6-8pm

Friday ..... 12-4pm

\* Sunday Starting October 18..... 1:30-4pm

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# Bombers Strike Gold



After getting through the Bridgetown Minor Hockey Pee Wee “B” Tournament undefeated, (two victories and two ties) the Greenwood Bombers took GOLD in the final and deciding game by overcoming the Clare Acadiens by a score of 4 to 1. It was a hard fought game where both sides gave their maximum. Congratulations to the players and the coaching staff.

(Image: Yvon La Croix)

...let’s talk about  
**YOU**  
Send your articles and photos to:  
aurora@auroranewspaper.com

# Come Learn With Us

At the Morfee Annex Nursery School registration is now underway for the September 2010/2011 program. Although it seems far too early to be thinking about next fall, spaces for all of our programs are filling fast.

Our school offers both English and French Immersion programs for Nursery School and Preschool aged children.

For more information on any of our classes you can contact the schools director Maurina Duret at 765-1494 local 5301, or pick up one of the schools brochures at the 14 Wing Community Centre.

All of the staff at the Morfee Annex Nursery School would like to thank our wonderful parents and children for their support in making our school an amazing place to work, learn and play.

(Submitted by: Kelly Clancey)

**Kingston Legion • 6 Feb 2010**  
**Doors open at 7:00 p.m. • Show starts at 8:00 p.m.**  
**Tickets available at the Legion • \$15.00 per ticket**



# Whip Cream Fun!

Submitted by: Kim Dixon, GMFRC  
Coordinator of Child and Youth Services at 765-1494 local 1812

The GMFRC Parent & Tot Program provides young children and their parents/caregivers with a professionally developed program that is geared to meet the developmental needs of young children. Pictured are Noah and his mom enjoying a morning of fun together finger painting with whip cream. Our program is available free of charge to families of 14 Wing who would like to spend a morning playing, doing crafts and meeting new friends at the GMFRC. There is no need to pre-register just come on out and join us! This is a great way for both parents and children to make connections with other military families in a very relaxed and fun atmosphere. Stop by the GMFRC and pick up your copy of our monthly newsletter and calendar of activities that we will be doing in Parent & Tot and make plans to join us for some fun with your child today!

(Image: Kim Dixon)

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