**David A. Proudfoot**

*Barrister *Solicitor *Notary

Tel: (902) 765-3301**Fax: (902) 765-6493****Email: dap@davidproudfoot.com****www.davidproudfoot.com**811 Central Ave.
PO Box 100
Greenwood, NS
B0P 1N0**Holiday
Publication Dates
& Deadlines**
See page 23**SECTION****Labrador Memories 6****Bravo Zulu 15****Down to the Wires 24****COMMUNITY****'Kingsley' Invites All 3****Santa's Escorts 9****Christmas Wishes 12****SPORTS****Wireless at F&S 6****WEEKLY**Cucina Aurora
For Your Info
Horoscopes
Find and Win
ComParrot
Crossword
Classified Ads**Page 5**
Page 20
Page 20
Page 20
Page 21
Page 21
Page 22

The Aurora

newspaper



(L-R) Private (Pte) Jim Jardine, Honorary Wing Commander Pte Trevor Burchell, Honorary Wing Chief Charles Macgillivray and Pte Bill Seymour, do the honours and carve the Christmas Turkey. This is part of the tradition during the annual Junior Ranks Christmas Dinner held at the Annapolis Mess on the 16 Dec with over 280 junior ranks being served by the senior Wing personnel.

(Image: WO Roxanne Clowe)

**By CWO Jim Jardine,
14 Wing CWO**

On the 16th of December 2009 the annual Junior Ranks Christmas Dinner was held at the Annapolis Mess. Colonel Bill Seymour, 14 Wing Commander and the Wing Chief Warrant Officer (WCWO), Jim Jardine, reversed roles with Private (Pte) Trevor Burchell and

Pte Charles MacGillivray both from Wing Logistics and Engineering Squadron. The role reversal is a custom peculiar to the military and a Christmas tradition where the youngest Pte on the Wing exchanges rank with the Wing Commander for the day.

270 junior non-commissioned members from all units at 14 Wing

attended the annual Christmas dinner; after the opening prayer Colonel Seymour highlighted the tradition of the Christmas dinner and wished all a Merry Christmas and a safe holiday. He then handed the dinner over to Honorary Colonel Trevor Burchell who proceeded to carve the turkey with Honorary Private Seymour. With that, the

remainder of the Officers and Warrant Officers exchanged their jackets and tunics for chef's hats and aprons. They then served an outstanding full Christmas turkey dinner with all the trimmings to the Junior Ranks in appreciation for their hard work and dedication throughout the year.

Wing Commander Burchell and WCWO MacGillivray

thanked the kitchen staff for an outstanding dinner and the 14 Wing Band for entertainment throughout the dinner. They wished all a safe and happy holiday and also promoted Pte Carroll to Corporal. Afterwards, much merriment, joking, laughter and song could be heard from all those who attended.

More images on page 3.**AUTO PARTS****MIDDLETON AUTO SUPPLY LTD**
428 Main Street
825-4803• Light Roadside • Heavy Towing • Wheel Lift & Flatbed Service •
LOCALLY OWNED & OPERATED**24 HOUR SERVICE**

Specialists in:

• Heavy Haulage • Tractors • Trucks • Buses • Baby Buses •
• RV's • Motor Homes • Lock Out & • Boost Service •www.morsetowing.ca

Fax (902): 825-1589

Middletown Cell (902): 825-7026

Kentville Mazda925 Park St, Kentville 678-3323
www.kentvillemazda.ca**Mazda 6**
Lease \$349/month
Tax Included#1 Dealer in Canada for
Sales & Service

Christmas 2009 Noël 2009

14 Air Maintenance Squadron

The year is quickly coming to a close and Christmas is once again upon us. Chief Pitman and I would like to take this opportunity to wish all Squadron members and their families the best of the Holiday Season. 14 Air Maintenance Squadron as a team have experienced a great many challenges and responded admirably with many accomplishments for which the entire team should be justifiably proud. With the coming holidays it's time to down tools, connect with immediate and extended families and reenergize in preparation for what will assuredly be demanding times ahead. During this very family oriented time of the year I also urge you to keep our deployed Squadron members and their families in your thoughts and prayers. Best wishes; have a safe and happy Holiday and the very best for a prosperous New Year.

Lieutenant Colonel T. E. Flynn
Commanding Officer 14 AMS



LCol T.E. Flynn
CO 14 AMS



CWO G.G. Pitman
14 AMS



Cadets Present Gifts

One of the many things that youth learn and experience through the Cadet Program is the importance of being part of their community and supporting the communities that they live in. For that reason 517 F/Lt Graham Squadron choose this year to forego their usual practice of a gift exchange among the cadets and staff. This year under the direction of Commanding Officer Maj Bob Johnstone the cadets each brought a gift to the annual Christmas Dinner. Not for each other but ones that would

be collected and presented to the helping hands program at the Greenwood Mall.

Reception to the idea with the cadets was positive from the beginning. Gifts were purchased, wrapped, and labelled with information for whom the gift might be suitable. Not quite sure of how to present the gifts, Maj Johnstone came up with the idea of tying it in with the Squadron bands annual performance at the mall.

Typically the Christmas performance at the mall is the first public performance the

band makes each year. Starting in September the musicians attend rehearsals outside of the normal training night, often giving up other commitments to be a member of the Squadron band. Traditionally the band is made up of cadets that have just started music in school and the older cadets that have been playing for several years. Under the direction of the Band Officer, PO2 Lewis Jessome and band IC, WO Tony Taylor (who is also the Squadron Warrant Officer) the cadets are given music that

reflects their personal skill level and experience.

This year the band decided rather than perform their usual repertoire while sitting at the mall they would take the show "on the road" as it were. Reflecting on traditional carolling WO Taylor thought it would be more productive to have the band perform at various locations through the mall. That said the Squadron band started the day carolling to folks that were visiting Santa's sled. Moving on they made stops in front of Peoples, and culminated at the food court. Once the music finished for the afternoon the band members took the opportunity to present all the gifts they had collected. Who better to present them to but Santa himself? Santa left his post and met the band at the "helping hands" tree in the food court. Santa was very happy to have all the additional gifts and thanked the cadets and CO for their generous contribution.

517 F/Lt Graham Squadron is an integral part of the local community and can be found through the year doing similar initiatives. The Squadron provides a wonderful opportunity for our youth to be part of a team, learn many skills, and in the case of the gift presentation see the importance and value of being a "helping hand" in our community.



Wags & Wiggles

Dog grooming & Deluxe Boarding Kennels

Only 10 mins from Kingston/Greenwood.

(902) 847-0871

312 Crocker Road, Harmony

Our goal is happy dogs and satisfied customers!
www.nsbcd.ca/wagsandwiggles



Tibb's Tumblers Locksmithing Services



WIDE ASSORTMENT OF KEYS

- High Security Keys • Safes
- Commercial • Residential
- Automotive • Installations
- Lockouts • Code-Key Cutting • Estimates

CLOSED from Dec 21 - 29

Rekeyed Locks IRPP Claimable

Richard Tibbel, Bonded Locksmith

59 Stronach Mtn. Rd NEW PHONE #

www.tibbslocksmithing.ca (902) 840-3658



AQUALAB

Plumbing Services

- friendly & efficient plumbing services
- free estimates, senior's discounts

Aqualab will be on call during the Xmas and New Year's holidays

Tel: 902.681.3411 • Fax: 902.681.3553 • aqualab@ns.sympatico.ca



Give the gift of a lifetime - give the gift of music!

Have fun learning to play a musical instrument, piano - organ - beginner guitar or study theory

Over 30 years experience

Mrs. "V's" MUSIC STUDIO

38 Main Street, Jefferson Pines, Kingston, NS

765-8816



Happy Holidays

May the closeness of family & friends, and the comfort of home, renew your spirits this holiday season.....Seasons Greetings from the entire staff at Old Mill.

We thank you for your support.

Wayne Hutchinson
Owner/Operator

Computer Sales, Service, Repairs & Upgrades

OLD MILL COMPUTER SERVICES

619 Central Ave., Greenwood • 765-0566

sales@oldmillcomputers.com • www.oldmillcomputers.com

Kingston Diner

"Home Style Cooking"

Mon to Fri 6:30 a.m. to 8 p.m.

Sat 7 a.m. to 8 p.m.

Sun 8 a.m. to 8 p.m.

All day breakfast menu

Daily Specials

Hand Cut Fries

Home Made Desserts

Homestyle Burgers

765-9021 • 463 Main St., Kingston (across from Superstore)

OPTOMETRY CLINIC

Dr. Paul J. Gagnon

Comprehensive Eye Examinations

Latest Eyewear Fashions and Contact Lenses

New Patients Welcome

Zellers Plaza • Greenwood

(902) 765-2715



Mimie's

Family Package

16" Pizza (up to 4 toppings)

12" Garlic Cheese Fingers (with dipping sauce)

2 Small Donairs • 1-2L Pop

\$27.99

Happy Holidays to our Military Community from Mimie's Pizza & Family

Discounts on Christmas Orders ~ Debit at Your Door ~

Free Delivery in Local Area

678 Central Ave, Greenwood

765-6888
765-2232

MasterCard VISA

HOUSE OF COMMONS CHAMBRE DES COMMUNES

Greg Kerr

Member of Parliament/Député

West Nova/Nova-Ouest

233 Water Street
Yarmouth, BSA 1M1
Office/Bureau (902) 742-6808
Fax/Télécopieur (902) 742-6815

14373 Highway 1
Wilmot, N.S. B0P 1W0
Office/Bureau (902) 825-2320
Fax/Télécopieur (902) 825-3785

Toll Free/Sans Frais 1-866-280-5302

KerrG1a@parl.gc.ca



Annual Military Christmas Dinner



After exchanging ranks for the day, both the Honorary Wing Commander Private Trevor Burchell and Colonel Bill Seymour signed the change of command certificate to commemorate the day. The signing was followed by the annual Junior Ranks Christmas Dinner held at the Annapolis Mess on the 16 Dec with over 280 junior ranks being served by the senior Wing personnel.

(Image: WO Roxanne Clowe)



After exchanging ranks for the day, both Wing CWO Jim Jardine and Honorary Wing Chief Warrant Officer (CWO) Charles Macgillivray signed the change of appointment certificate to commemorate the day. The signing was followed by the annual Junior Ranks Christmas Dinner held at the Annapolis Mess on the 16 Dec with over 280 junior ranks being served by the senior Wing personnel.

'Kingsley' invites all to usher in 2010

The Village of Kingston plans to ring in the new decade in style.

All are welcome to join our Village mascot, Kingsley the Steer, in the festivities at the Western Kings Arena on New Year's Eve beginning at 6:00 p.m. Bring your skates and dress warmly so that your family can enjoy a free sleigh ride or two.

Come hungry, as hot dogs, steamy cider, and hot chocolate will be provided to all at no cost.

There will be face painting, balloon animals, and cotton candy for the kiddies and live entertainment for the enjoyment of all.

If you are able, come with a contribution to our Food Bank and share the joy of the season with those less fortunate than yourself.

Stroll down to the Super-Store parking lot shortly after 9:00 p.m., and be amazed by the display of fireworks.

We hope you will accept Kingsley's invitation to usher in 2010 with a BANG! Storm date is Jan

1. For more information: www.kingstonnovascotia.ca.

What is the news from your Career Manager?

Posted to Comox?
CALL ME!

Charlene Rowlandson

Office (250) 334-3124
ROYAL LEPAGE Cell (250) 702-2224
1-800-638-4226

In the Comox Valley charlener@shaw.ca • www.dndirp.com

www.charleneinthecomoxvalley.com



Best Western Aurora Inn

New Year's Eve Dinner Menu

Thursday, 31 December 2009 • 4:30 pm 'til Close

Leek Parsnip and Ginger Soup

Shrimp or Prosciutto on Avocado Mousse

**Roast Prime Rib of Beef au jus
with Traditional Yorkshire Pudding**

~~ or ~~

**Brie and Herb Stuffed Breast of Chicken
under a rich Morel sauce**

Trolley Desserts

Tea or Coffee

\$69.95
plus tax
per couple

\$39.95
plus tax
per person

*Please note that our regular dinner menu will also be available.

**Please note that we will be serving the Prime Rib dinner a la carte for \$25.95 plus tax per person.

765-3306 • 831 Main Street, Kingston

Annie's Cruises Ahoy Mates!

• Best Cruise Deals! Perfect Gift for the Holidays
• Military Discounts • Sm Deposit now pay later
Call 765-0712 or toll free 1-866-996-8855

B&H Wholesalers Ltd.
"For all of Your Industrial & Safety Needs!"
LOCALLY OWNED
& OPERATED

Season's Greetings

from all of us at B & H.

May you have a Safe
& Happy Holiday.

New Year's Firework Special
starting at \$0.99.

Holiday Hours
Mon-Fri 8-5; Sat 9-1
Dec 24 - closing at 1 pm
Jan 1 & 2 - Closed

802 Main St. Kingston
p: 765-2272 f: 765-2552
Hours: Mon-Fri 8-5; Sat 9-1
website: www.bhsafetysupplies.com

hearthstone

SAVE UP TO \$1000 OFF

IN STOCK MODELS



hearthstone
the HEART of YOUR HOME

Heats up to:
2,200 sq. ft.
Burn Time:
Up to 10 hours
Heat Life:
Up to 12 hours
Size:
70,000 BTUs
EPA Rating:
3.5 grams per hour
Efficiency:
76%
Maximum Log Length:
23"

**Country Stoves
& Sunrooms Ltd**

• wood • oil • propane •
• pellet • electric •
• chimney • stoves • inserts •
• fireplaces • sunrooms •

3319 Hwy#1
Aylesford NS, BOP 1C0
Toll Free: 1-877-847-3494
Ph: (902) 847-3494
Fax: (902) 847-3353
Email: countrystoves1@eastlink.ca
www.countrystovesandsunrooms.com

EAP

Employee Assistance Program

When you need someone
to talk to, call:

Al MacDonald...1532

Wayne Atwater...5567

Darlene Richards...3119

Debby Benda...3340

Let It Grow, Let It Grow, Let It Grow



It's that time again. Bragging rights for our annual beard growing contest are up for grabs. Who will be our "Best", "Most Futile", or "Most Colourful" this year? It could be YOU. Report to your Unit Warrant Officer clean shaven on the 4th of Jan, with your \$5.00 donation to charity and you could be the winner. Judgement day is set for the opening ceremonies of this year's Winter Carnival on 4th Feb.

Merry Maids of the Valley Offers Cancer Sufferers Free Housecleaning Services

Submitted by: John Sacke
KINGSTON & NEW
MINAS, NS - December 16,

2009 - Merry Maids of the Valley, a franchise of Merry Maids, (www.merrymaids.ca) <http://www.merrymaids.ca> the world's largest home cleaning franchise network, today announced its membership in the Cleaning for a Reason Foundation, (www.cleaningforareason.org). This newly formed nonprofit foundation offers free professional housecleaning and maid services to improve the lives of women undergoing treatment for any cancer.

It's simple for cancer patients to take advantage of Merry Maids' four free housecleaning visits. By visiting <http://www.cleaningforareason.org/maidservice.php#coca>, one sees a listing of Canadian towns and cities served by Merry Maids. By simply clicking on the location, and completing a short online form - the cancer patient will be contacted directly by the foundation and matched with a local participating cleaning company, such as Merry Maids of the Valley. Appropriate arrangements are made - without obligation or any financial consideration.

"We're delighted to be able to give back to the communities we serve," said Teresa Hatcher, Franchise Owner, Merry Maids of the Valley. "We continue to make significant contributions to the lives of cancer sufferers. And by offering four free home-cleaning visits, we are able to make life a little easier for these people."

At a time when a woman is coping with surgery, toxic medications, painful treatments and issues of strength, pride and life, the Cleaning For A Reason Foundation and Merry Maids of the Valley are heartened to be able to offer the gift of a sparkling home. The organizations' goal is to enable women battling cancer to focus on their health, not the cleanliness of their home.

"I am thrilled to hear that Merry Maids of Valley is now a Cleaning For A Reason Partner and I hope other maid services in the area will be inspired to follow their example and get involved as well," said Deborah Sardone, President and Founder of Cleaning for a Reason.



Holiday Hours Schedule 2009/10

Eastern Kings Memorial Community Health Centre	Western Kings Memorial Health Centre	Valley Regional Hospital	Soldiers Memorial Hospital	Annapolis Community Health Centre
Walk-In Clinic	Walk-In Clinic	Lab Services	Lab Services	Lab Services
Closed: Dec. 24, 25, 26, 27, 31, Jan. 1	Closed: Dec. 25 & 26, Jan. 1	Closed: Dec. 25, 28 Jan. 1	Closed: Dec. 25, 28 Jan. 1	Closed: Dec. 25, 28 Jan. 1
Open: Dec. 28 • 12:00 – 5:00 p.m. Dec. 29 & 30 • 5 – 9 p.m.	Open: Dec. 27 & 28 • 10 a.m. – 6 p.m. Dec. 29, 30 & 31 • 8 a.m. – 10 p.m.			
Lab Services	Lab Services			
Closed: Dec. 25, 28, Jan. 1	Closed: Dec. 25, 28 and Jan. 1			
X-Ray	X-Ray			
Closed: Dec. 24 – Jan. 4	Closed: Dec. 25, 28 and Jan. 1			



H1N1 Vaccine Update

Vaccine will still be available in family doctors offices and AVH is providing two opportunities for citizens to access the vaccine on **December 21, 10:00am to 6:00pm** or **December 29 10:00am to 6:00pm**, at WKMHC's non-urgent clinic in Berwick. The clinic is open for non-emergency care and on those two dates H1N1 vaccination will be available.

Have a Safe and Healthy Holiday
from the Annapolis Valley Health's Board of Directors,
Staff, Physicians & Volunteers

The Aurora Newspaper staff wish to thank our dedicated PAPER CARRIERS for a job well done!

James Reid
William Taylor
Patrick

Parker Nicholas
Logan Laura
Taylor-Lynn

John Pierre-Luc
Matthew Robert
Logan

David Brandon K
Kyle Rosalie
Andrew

Brandon W Justin
Cody Rebecca

On behalf of our Advertisers, our Readers, and our DND Military & Civilian personnel, THANK YOU!



The Aurora Newspaper is published each Monday by 14 Wing under the authority of Colonel W.F. Seymour, CD, Wing Commander. Est publié chaque lundi par la 14e Escadre sous les auspices du Colonel W.F. Seymour, CD, Commandant de l'escadre. Managing Editor/Rédacteur - Stephen R. Boates (902) 765-1494 ext. 5441
Wing Public Affairs Officer & Editorial Asst. - Capt Scott Spurr (902) 765-1494 ext. 5101
Production Coordinator/Coordinateur de production - Brian Graves (902) 765-1494 ext. 5699
Business & Advertising Representative/Représentant, Affaires et Publicité - Anne Kempton (902) 765-1494 ext. 5833
Administrative Clerk/Commis administratif - Candace Ernst, (902) 765-1494 ext. 5440
FAX (902) 765-1717 • E-mail: aurora@auroranewspaper.com
Circulation/Circulation: 5900 - Agreement No. 462268; Numéro de contrat 462268.
The Editorial Board reserves the right to edit, condense or reject copy or advertising to suit the aims of a Service Newspaper as specified in CFAO 57.5 and/or by the Editorial Board.
Le comité de rédaction se réserve le droit de reviser, de condenser ou de rejeter tout article ou message publicitaire afin de satisfaire aux exigences relatives aux journaux militaires figurant dans l'OAF 57.5.
Pen names may be permitted at the discretion of the Editor. Le rédacteur en chef peut, à sa discrétion, permettre l'utilisation de pseudonymes.
Opinions and advertisements appearing in "The Aurora Newspaper" are those of the individual contributor or advertiser and do not necessarily reflect the opinions of 14 Wing, Greenwood or the Printers.
L'escadre 14, Greenwood et les éditeurs laissent l'entière responsabilité de leurs textes et de leurs annonces publicitaires aux auteurs et aux annonceurs. Les opinions exprimées sont celles des collaborateurs et ne reflètent pas nécessairement les points de vue des Forces armées canadiennes ou du comité de rédaction.



The Aurora is in no way responsible for typographical errors arising from hand written or printed copy.
In case of typographical error, the liability of "The Aurora Newspaper" is limited to a refund of the space charged for the erroneous item. In case of advertisements accepted by telephone, "The Aurora" accepts no liability for error whatsoever. Errors must be brought to the attention of editor within three (3) days after publication.
En cas d'erreur typographique l'Aurora ne s'engage à rembourser que l'espace occupé par l'article dans lequel s'est glissé l'erreur. Lorsque les annonces publicitaires sont, reçues par téléphone l'Aurora n'accepte aucune responsabilité pour les erreurs qui pourraient se glisser dans le texte.
The deadlines are as follows: 12:00 noon Wednesday for classified ads; 3:00 p.m. Wednesday preceding publication date for all other advertising and those requiring proofs. Editorial material MUST be typed and MUST be accompanied by the disk and hard copy, the originator's name, address and telephone number no later than 9:30 a.m. Thursday. Or E-mail us at aurora@auroranewspaper.com
12h00 pour les annonces publicitaires moins d'une demie page, le mercredi qui précède la semaine de publication. Les annonces publicitaires de plus d'une demie page ou demandant une épreuve doivent nous arriver par le mercredi à 12h00. Les documents doivent être dactylographiés et provenus avec le disque et une copie imprimée. Ils doivent aussi porter le nom, l'adresse et le numéro de téléphone de l'auteur. Ou Email: aurora@auroranewspaper.com
Promotion of Private Businesses in articles submitted for publication is not permitted except in cases of appreciation for donations where only the company name is included.

(Companies or individuals that are currently in arrears shall not be published.)
Individuals or groups shall not make any offer of promotion in The Aurora Newspaper of products and/or services in exchange for donations.
La promotion d'entreprises privées soumis en forme d'articles n'est pas permise, excepté dans les cas d'appréciation pour dons ou seulement le nom de la compagnie est inclus. (Compagnies ou individus qui sont présentement en arriérés ne pourront être publiés. Les individus ou groupes ne pourront pas faire d'offres de promotions de produits et/ou de services en échange de donations dans The Aurora Newspaper.
Mail Subscriptions are available at the following rates:
On peut s'abonner par la poste, aux taux suivants:
Canada/Canada: \$60.00 + HST per year/par année.
Rest of the world/Reste de monde: \$75.00 + HST per year/par année.

Editor,
The Aurora Newspaper
PO Box 99
Greenwood NS
B0P 1N0
Morfee Annex



Rédacteur,
Le Journal Aurora
C.P. 99
Greenwood, N.-É.
B0P 1N0



email: aurora@auroranewspaper.com
website: www.auroranewspaper.com

GMFRC Christmas Hours of Operation:

Please be advised that the GMFRC Christmas hours of operation will be as follows:

Casual Childcare Service

CLOSED starting Friday, December 18th, 2009 at noon to Friday, January 1st, 2010 inclusively, regular hours will start on Monday, January 4th, 2010 at 1:00 p.m.

Early Childhood Education Program

CLOSED starting Thursday, December 17th, 2009 at noon to Friday, January 1st, 2010 inclusively, regular hours will start on Monday, January 4th, 2010 at 9:00 a.m.

GMFRC Main Office

Monday, Tuesday & Wednesday, December 21st, 22nd, & 23rd, 2009

OPEN from 8:00 a.m. to 4:00 p.m. only, no evening hours. Thursday, December 24th, 2009 to Sunday, January 3rd, 2010 inclusively, CLOSED

GMFRC will reopen for its regular hours of operation on Monday, January 4th, 2010, at 8:00 a.m. to 9:00 p.m.

If you have an emergency during the Christmas Holiday, please call Wing Ops at 765-1494 local 5457.

Have a great Christmas Season and keep safe.

Margaret Reid,

GMFRC Executive Director

CUCINA AURORA



Bacon Corn Bread

- | | |
|----------------------|---------------------|
| 1 cup Corn-meal | 1 tbs. Sugar |
| 1 cup White flour | 1 Egg, well beaten |
| 3 tsp. Baking powder | 1 cup Milk |
| 1/2 tsp. Salt | 1/4 cup Diced bacon |

Sift flour, measure, and sift with baking powder and salt. Add corn-meal. Combine egg, milk, and bacon that has been crisped. Add dry ingredients. Fill well-oiled muffin tins 2/3 full. Bake in hot oven (450° degrees F) 15 minutes.

St. Mark's Protestant Chapel

CHRISTMAS EVE

7 PM – Christmas Eve Family Candle Lighting Service

11:00 PM – Christmas Eve Communion Service



Queen of Heaven Roman Catholic Chapel

CHRISTMAS EVE

6 PM – Children's Christmas Eve Mass
Holy Day of Obligation

Please note the Mass on Christmas Eve is for families with small children. Due to fire code and seating limitations, others are asked to attend either Midnight Mass or Christmas Day.

Solemn Midnight Christmas Candlemass (Midnight)

CHRISTMAS DAY

11 AM – Christmas Day Mass
Holy Day of Obligation

NEW YEAR'S DAY

10 AM – Mass: Feast of Mary, Mother of God
Holy Day of Obligation

Business of the Week Topline Equipment & Tool Servicing

Why Head Out of the Valley When You Can Buy Locally and Save

For the past 8 years owner Greg Brydon of Topline Equipment & Tool Services located on Bridge Street in Kingston has been offering outstanding customer service to both homeowners and contractors who purchase tools and equipment at prices they can afford for every reason or season.

The prices of equipment, at Topline are comparable to Box Stores, we also offer sales and service. Greg performs all warranty work and maintenance on site for every piece of equipment sold at his shop. He is familiar with every piece of equipment in store; he knows how to operate them, how to repair and perform any maintenance required.

From the age of 10, Greg has always been fascinated with maintenance and repair of equipment. At 16, he was repairing farm equipment. While serving in the Military, Greg worked at aircraft maintenance and aircraft equipment. Greg started his own business called Mountain Valley Excavation after

retiring from the Military.

A few years later, he closed that business and opened Topline Equipment & Tool Servicing. His passion in tools and equipment was the motivational reason he changed direction to a career that is both challenging and rewarding.

Topline Equipment offers sales and services on all of the best brand power tools, lawn, and garden products, plate temps, compressors, paint sprayers, grinding wheels, wood blades, pressure washers, compaction jumpers and electric breakers as well as air supply

tools and hoses. Air filters, recoils, and construction equipment, cement mixers are all in stock.

Knowledge, quality, and consistency in a job well done are high on Greg's list of priorities. If you are looking for a particular product chances are it can be found at Topline Equipment located right here in your own area.

Snowblowers

- 6.5 h.p. / 22"
- Wheel Drive
- On board battery operated electric start



Pre-season Price
\$849⁹⁵
Other models available



1481 Bridge St., Kingston • 765-4748

PARTS • SALES • SERVICE

THE BEST BRANDS...THE BEST PRICES



Generators

Don't be left in the dark
We have an excellent assortment of generators perfect for homeowners and contractors.



We also provide service to all types of Residential, Commercial and Construction power equipment.

Electric Motors

• Parts • Sales • Service •

We Sell
Diamond Blades



TOPLINE EQUIPMENT & TOOL SERVICING

1481 Bridge St 765-4748 Kingston

New Owners, New Menu, New Atmosphere



- All Day Breakfast
- Kitchen Open 9am-10pm
- Seniors Discount on Sundays

333 Main Street, Middleton
(902) 825-2742

Check our www.capitollounge.ca for upcoming events

Come visit an old friend for the very first time.

Great Gifts for Great Dads!!



We have always been a leader in durable premium quality work wear...

We have one of the most complete lines of work wear available... Your perfect gift is here, stop in soon!

- Name Brand Apparel
- Work Gloves, Slippers, Hats

PROUDLY SERVING THE VALLEY FOR 10 YEARS.

B&H Wholesalers Ltd.

802 Main St. Kingston p: 765-2272 f: 765-2552
Hours: Mon-Fri 8-5; Sat 9-1

Take a break from the kitchen and let Swiss Chalet do the work!

FREE Slice of pie with the purchase of our FESTIVE SPECIAL

SWISS CHALET
ROTISSERIE & GRILL

9275 COMMERCIAL STREET, NEW MINAS

Offer Valid until the end of December 2009, coupon not valid with any other offer, limited to one coupon per guest. White Meat charge extra, this coupon has NO CASH VALUE. Valid only at the Swiss Chalet in New Minas

HOT PAUSE

Tanning Studio

647 Main St., Kingston

765-6219

Mon-Fri • 9am - 9pm
Saturday • 9am - 3pm

Appointments Recommended!
Walk Ins Welcome



*Tanning...
Look Good, Feel Great!*



Gift Cards Now Available!

801 Central Avenue - Greenwood - 765-4477

*A registered trademark used under license by Invesco Restaurant Group Inc.

Labrador Memories

By: Wayne Bailey

A Boeing Vertol CH113 Labrador (Lab for short) helicopter tail No. 11308, has found a home at the Greenwood Military Aircraft Museum (GMAM). This particular airframe, known hereafter as #308, had an interesting and busy life in the Air Force, and Search and Rescue (SAR) livery.

Starting in December 1971, when it was renumbered from Canadian Army Voyageur 10408 to 11308 and after a stint with Aerospace Engineering and Test Establishment at 4 Wing, Cold Lake Alberta, it was converted to a SAR configured Labrador in 1975. Subsequently, #308 served with 103 Search & Rescue Squadron at 9 Wing, Gander, Newfoundland, with 422 Squadron at 19 Wing, Comox, British Columbia from 1978 to 1982, then in service with 424 Squadron, at 8 Wing, Trenton, Ontario in 1986, 1991, 1995 and again when the fleet was retired in July 2004.

One memorable trip of note for #308 occurred when she took part in the rescue of two stranded workers from the top of a 500 foot smokestack at Inco refinery in Sudbury on 16 September 1986, while with 424 Squadron.

The last Labrador flight took place on Tuesday, July 27th 2004. The next day during retirement ceremonies hosted by the Canadian Aviation Museum in Ottawa, the Museum Director General, Anthony Smyth said, "The Labrador is a reminder to Canadians of the hundreds of lives saved and people rescued in near impossible conditions". All told, the Labrador Fleet flew more than 20,000 missions, logging 190,000 hours.



Another history maker will soon find a home, with the other historic aircraft in the GMAM's Air Park. After reassembly it will be placed there for all to see in its SAR configuration.

More facts, figures, and history on the Labrador fleet will be found in the future articles.

The Museum is open Tuesday to Saturday 10-4 and the phone number is 902-765-1494 Ext.5955.

Wireless Internet Available at the F&S Centre

The 14 Wing F&S Centre is pleased to announce the availability of Wireless Internet for its users, all you need is your Lap Top. Yes we have stepped into the 21st century with regards to I.T., for all those people with hectic lives and busy work schedules who have been unable to watch or support their family due to work commitments you can now do both. For those of you who are waiting for an important E Mail that is keeping you from the gym, that is no longer a problem. We believe that this service will make it easier for people to have a chance to use the facility without compromising their work commitments.



Military Family Home-Based Business Group (MFHBBG)

Are you a military dependent who runs, or would like to run, your own home-based business? Join MFHBBG to network with

other home-based business entrepreneurs in the military community. It's a great opportunity to learn from and share with others who are running a business from home within the unique military lifestyle.

For more information, please contact Kristen Lawson, Coordinator of Education and Employment Services 765-1494 local 1816
Kristen.Lawson@forces.gc.ca



PADERNO

Boxing Week Blowout

up to **73%**
SAVINGS
Dec. 27-31 ONLY

73% OFF!
1L saucepan w/cover. \$92.00.



61% OFF!
Belmont 20pc stainless flatware set, 4x5pc setting. \$89.99.



40% OFF!
25cm/10" enamel coated cast iron non-stick fry pan. \$49.99.



67% OFF!
Roasting pan w/rack. \$149.99.



71% OFF!
20cm/8" Catering on-stick fry pan. \$69.99.



68% OFF!
HUGE 14L stock pot w/cover. \$213.00.



57% OFF!

32cm stainless steel wok/steamer with tempered glass lid. \$229.99.



68% OFF!

4L Dutch oven w/cover. \$156.00.



SAVE \$430! Our stunning Copperline 9pc set is made from quality stainless steel with a thick copper base for superb heat control. 25 year warranty. Includes 1.5L, 2.5L and 4L saucepans, 5L Dutch oven, 25cm/10" fry pan, 4 covers. \$649.99.

\$219⁹⁹

GREENWOOD
Greenwood Home Hardware
963 Central Ave. (902) 242-7777



PADERNO

Make a Difference RECYCLE

This newspaper can be recycled through the recycling program at 14 Wing Greenwood, curb side collection programs or at your nearest Enviro Depot. Contact the Environment Office, at 14 Wing Greenwood 765-1494 ext. 5367



Free Public Skating

Western Kings Arena

Sunday's
3:30 – 4:30 p.m.

Sponsored by:
Royal Canadian Legion
Branch 98



GMFRC • Feature of the Week**Deployment Services**

Coordinator: Ann Gaudet at 765-1494 local 5583 or email Ann.Gaudet@forces.gc.ca

Laugh Craft Connect

Saturday, January 9, 2010

10:00 a.m. to 2:00 p.m.

GMFRC

Cost: Complimentary for deployed families

Registration Deadline: Wednesday, January 6, 2010

Call 765-5611 to Register

Come out and connect with other families who are or have experienced a deployment. Take some time for yourself and try a new activity. Who knows you may find a new hobby and makes some new friends. This month will be a Special Valentines Theme. We will be making Pillow Case Valentines for our loved ones. We have a special facilitator coming in to help us create and embellish our Valentine's. So register early as we can only take 15 Deployed Adults.

**Alternative Dispute Resolution****Greenwood Dispute Resolution Centre**

Maj. Bob Sealby

**Call
5530**

- Are you involved in a conflict in the workplace and unsure of how to handle it?
- Do you have issues with a work situation that you want resolved?
- Do you want to know how to approach a co-worker during a dispute?

Call DRC Coordinator Maj. Bob Sealby for assistance or visit the Greenwood Dispute Resolution Centre (DRC) at the AVM Morfee Centre (MFRC), School Road or for a DRC nearest you National Phone Number: 1-888-589-1750

DRC services are available to all Regular and Reserve Force members, Civilian and NPF employees, and members of the Cadet organizations.

YOU AUTO KNOW

~ Battery Care ~

The battery is a common source of breakdown on the road. A battery that fails will prevent the owner from cranking and starting the car. You should perform a visual inspection on the battery anytime you have the hood up.

CAUTION: Always wear eye protection when working on a battery. Protect yourself from electrolyte splash, which can injure skin and eyes. Never smoke or create any spark around a battery or it might explode.

The first step in inspecting a battery is to look for obvious damage. Check for:

- Cracked or bulged case or cover
- Signs of electrolyte leakage
- Frayed insulation on battery cables
- Corrosion buildup on terminals and posts
- Loose or missing holding hardware

- Electrolyte level (if battery has cell vent caps)

Any physical damage to the battery indicates it must be replaced. Broken or damaged cables should also be replaced. Corrosion can be cleaned off the post and terminals, as explained later.

Inspect the top of the battery for dirt or electrolyte. Too much electrolyte on the top of the battery may be the result of overfilling. If the top of the battery is not clean, current can flow across the foreign material. This will cause the battery to discharge by itself when the vehicle is idle. Check the battery hold-down to be sure it is tight. A loose hold-down could mean the active material has vibrated off the plates.

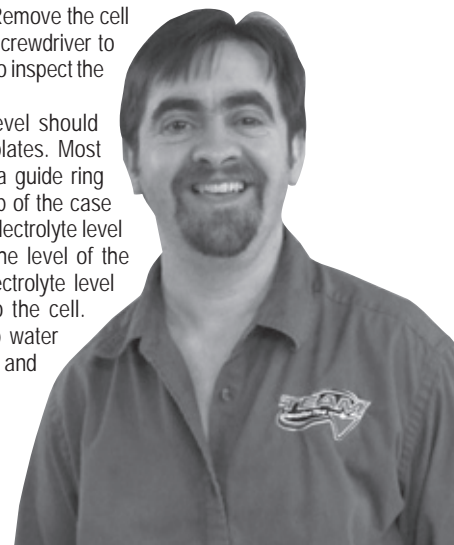
The electrolyte level should be checked monthly on older style non-maintenance-free batteries. During the warm weather driving these batteries loose water out of the cells. The higher the battery temperature

and the higher the charge rate, the more gas that is developed and the faster the water loss. Long trips in hot weather subject the cells to high temperatures and high charging rates. These conditions mean the electrolyte level must be checked often. If the water drops too low, the battery will fail to function. Older style batteries have cell vent caps.

Low maintenance batteries have a pry-off cell cover. Remove the cell vent caps or use a screwdriver to pry off the cell cover to inspect the electrolyte level.

The electrolyte level should be well above the plates. Most manufactures have a guide ring built right into the top of the case above the cell. The electrolyte level should be filled to the level of the guide ring. If the electrolyte level is low, add water to the cell. Because regular tap water may have a high salt and

mineral content, you should use distilled water. The water should be added with a plastic or rubber tool made for battery filling, not a metal funnel. A metal object could cause a short between the plates. Be sure not to overfill the cell. This would dilute the electrolyte strength and cause an acid buildup on the outside of the battery.



For more information contact Steve and his staff at the Greenwood Canadian Tire store.



For days like today™

CANADIAN TIRE

Winter Special

Get four tires installed, balanced & wheel alignment for only

\$89⁹⁹ plus tax

On most vehicles.
Tires not included.

Free Brake Inspection

Have your Battery Checked for **\$9⁹⁹** plus tax

See store for details.
Greenwood location only.

Auto Centre
Mon-Sat 8am-5pm
Sun Closed

765-6337

canadiantire.ca

For days like today™



The Two Sides of Christmas

Twas the day before Christmas and all through the town
Everyone is hurrying and scurrying around.

Cars are whizzing along in the street
People are chatting with friends as they meet.
The laughter of children rings out loud and clear
The spirit of Christmas hangs in the air.

The malls are crowded, people by the score
With last minute shoppers looking for more.

Gifts for friends they may have forgot
Chocolates or candy or maybe some socks.

Excitement is rising as the day moves along
The clerks at the store are longing for home.

Amidst all the hustle and greetings and shouts

Lets pause and remember what Christmas is about.

How in a stable in Bethlehem, in a manger filled with hay

The baby Jesus was born on that day.

And the angels on high sang choruses of joy
To Joseph and Mary and the little Baby Boy.

The heavens were lit by a radiant star

And gifts were brought by kings from afar.

Wouldn't it be wonderful if all fighting would cease

And we started anew with forgiveness and peace.

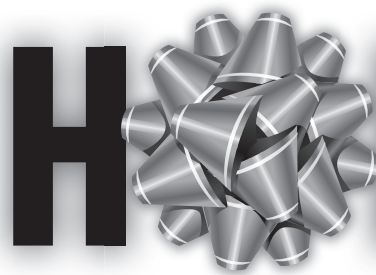
And be grateful for the blessings which we have received

Which were brought by the Christ Child for you and for me.

So with beauty of Christmas and the joy of his birth

May peace and good fortune descend on the earth.

Submitted by Class Bondy

**Jeep****DODGE****RAM**

HOLIDAY

Wish List EVENT

DODGE**CANADA'S #1 SELLING CROSSOVER¹**

2010 DODGE JOURNEY SE CANADA VALUE PACKAGE

- 173-hp 2.4L DOHC Dual VVT I-4 world engine
- 4-speed VLP automatic transmission
- Air conditioning with Chill Zone[®] beverage storage bin
- Second row in-floor storage bins • Power, heated, foldaway mirrors
- Power windows and locks • 4-wheel disc brakes with ABS
- Electronic Stability Program (ESP[™]) with all-speed traction control
- Available UConnect Phone with voice command

★★★★★
NHTSA 5 Star Frontal and Side Impact[‡]HWY: 7.9L/100 km (36 mpg)^Δ
CITY: 11.0L/100 km (26 mpg)^ΔPurchase for **\$18,888****0%^{††} APR**
PURCHASE FINANCING
FOR 36 MONTHS

INCLUDES \$1,250 CONSUMER CASH*/FREE PAYMENT OFFER*

OR CHOOSE OUR MOST COMPELLING PAYMENT OFFER EVER!**\$112**
BIWEEKLY PAYMENT

AT

2.25%
VARIABLE PRIME RATE
FOR UP TO 84 MONTHS**INDUSTRY FIRST!****RAM****CANADA'S MOST POWERFUL LIGHT DUTY PICKUP TRUCK^Ω**

2010 RAM 1500 QUAD CAB[®] SXT 4x4

- 310-hp 4.7L Flex Fuel V8 engine • 5-speed automatic with ERS
- 17-inch chrome-clad wheels • SIRIUS[®] Satellite Radio
- Electric shift, part-time 4WD
- 4-wheel disc brakes with ABS
- Power windows, locks and heated mirrors
- Electronic Stability Program (ESP[™]) with Trailer Sway Control
- Bright front and rear bumper
- Available UConnect Phone with voice command

Limited Quantities

★★★★★
NHTSA 5 Star Frontal Impact[‡]Purchase for **\$27,999****0%^{††} APR**
PURCHASE FINANCING
FOR 36 MONTHS

INCLUDES \$5,250 CONSUMER CASH*/FREE PAYMENT OFFER*

OR CHOOSE OUR MOST COMPELLING PAYMENT OFFER EVER!**\$166**
BIWEEKLY PAYMENT

AT

2.25%
VARIABLE PRIME RATE
FOR UP TO 84 MONTHS**INDUSTRY FIRST!****FROM COMPACT CARS TO HEAVY-DUTY TRUCKS WE HAVE WHAT'S ON YOUR WISH LIST.**

Our offers now include up to **\$1,500*** in free payments plus up to **\$6,000*** in Consumer Cash and **0%^{††}** purchase financing on virtually all our 2010 models.

*It's our Gift to you!***VISIT YOUR ATLANTIC CHRYSLER, JEEP[®], DODGE RETAILER OR DODGE.CA**

Wise customers read the fine print: ▼, ▲, *, ♦, †, ††. ■ Holiday Wish List Event offers apply to retail deliveries of selected new and unused models purchased between December 1st, 2009 and January 4th, 2010 from participating retailers. Retailer order/trade may be necessary. Offers subject to change without notice. See participating retailer for complete details and conditions. ▼\$18,888 Purchase Price applies to 2010 Dodge Journey SE Canada Value Package (22F) only and includes \$750 Consumer Cash Discount and \$500 Free Payment Offer. See participating retailer for complete details. Price excludes freight (\$1,400), licence, insurance, registration, any retailer administration fees and other applicable fees and applicable taxes. Retailer order/trade may be necessary. Retailers may sell for less. ▲\$27,999 Purchase Price applies to 2010 Ram 1500 Quad Cab SXT 4x4 (24A+AGR) only and includes \$3,750 Consumer Cash Discount and \$1,500 Free Payment Offer. Price excludes freight (\$1,400), licence, insurance, registration, any retailer administration fees and other applicable fees and applicable taxes. LIMITED QUANTITIES. Retailer order/trade may be necessary. Retailers may sell for less. *Free Payment Offer applies to most new 2010 models purchased or leased from a participating retailer by January 4th, 2010. Payment amount is a manufacturer to retailer incentive which varies from \$500 to \$1,500 by vehicle and will be deducted from the negotiated purchase/lease price after taxes. Some conditions apply. See your retailer for complete details. ♦Consumer Cash Discount is offered on most new 2009/2010 vehicles and is deducted from the negotiated price before taxes. Amounts vary by vehicle. See your retailer for complete details. ††0% purchase financing for 36 months available to qualified customers on approved credit through Royal Bank of Canada, Scotiabank, TD Canada Trust and GMAC on most 2010 Chrysler, Jeep, Dodge and Ram models, except Challenger, Caliber Canada Value Package and SE Plus, Grand Caravan Cargo Van, Sprinter, and Ram Chassis Cab. Examples: Dodge Journey (22F)/Ram 1500 (24A+AGR) with a Purchase Price of \$18,888/\$27,999 financed at 0% for 36 months equals monthly payments of \$524.67/\$777.75; cost of borrowing of \$0 and a total obligation of \$18,888/\$27,999. Prices exclude freight (\$1,400), licence, insurance, registration, any retailer administration fees and other applicable fees and applicable taxes. Retailer order/trade may be necessary. Retailers may sell for less. ■Variable Prime Rate up to 84 months is offered on most new 2010 vehicles on approved credit to qualified retail customers through TD Canada Trust. Variable rate is TD Prime Rate and fluctuates accordingly. Payments and financing term may increase or decrease with rate fluctuations. Offer not valid for residents of New Brunswick, Newfoundland and Labrador, Yukon, Nunavut and NWT. Some conditions apply. Biweekly payments based on 84 month term. See participating retailer for complete details. ΔBased on 2010 EnerGuide Fuel Consumption Guide ratings published by Natural Resources Canada. Transport Canada test methods used. Your actual fuel consumption may vary. ‡Based on U.S. National Highway Traffic Safety Administration (NHTSA) scoring system for 2010 model year Dodge Journey and Ram 1500. vBased on January through September 2009 R.L. Polk sales total registrations. Ω2009 MY Ram 1500 offers the most powerful V8 under 6.0 litres in its class when equipped with the 5.7L HEMI[®] V8 engine with MDS and VVT. ©SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. ©Jeep is a registered trademark of Chrysler Group LLC.

DODGE
Caravan Kids
PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA

SIRIUS
SATELLITE RADIO
INCLUDES 1 YEAR PREPAID SUBSCRIPTION



Canadian NORAD Region Names Santa's Escort Pilots

December 16, 2009

Winnipeg, Man.—As Christmas gets closer, the Canadian North American Aerospace Defense Command (NORAD) Region has put the finishing touches on this year's plan to welcome and track Santa Claus when he visits Canada, by naming four CF-18 fighter pilots as his official escorts.

Lieutenant-Colonel Sean Penney and Captain David Chamberlin of 4 Wing Cold Lake, Alta., and Captain Yannick Jobin and Captain Dave Patrick of 3 Wing Bagotville, Que., will take on the responsibility of welcoming Santa when he arrives in Canada for his annual Christmas Eve journey.

In coordination with the North Pole, NORAD has been informed that Santa intends to begin his journey at 6:00 a.m. EST, on Dec. 24. A dedicated crew of radar operators from the Canadian Air Defence Sector Operations Centre at 22 Wing in North Bay, Ont., will alert NORAD when they detect Santa approaching North America off the coast of Newfoundland and Labrador. NORAD

will then direct two CF-18 Hornet fighter jets from 3 Wing to welcome Santa as he enters Canadian airspace. As Santa flies into western Canada, two CF-18 Hornets from 4 Wing will greet the sleigh.

Children can receive updates on Santa's Christmas Eve journey by calling the traditional "NORAD Tracks Santa" telephone hotline at 1-877-HI NORAD, or by emailing NORAD at noradtrackssanta@gmail.com. Last year, the NORAD Tracks Santa website (www.noradsanta.org) received millions of visitors from hundreds of countries and territories around the world. Volunteers answered more than 73,000 phone calls and over 6,000 e-mails from children around the globe. A link to this website can be found at www.auroranewspaper.com

NORAD is a bi-national United States and Canadian organization, charged with the missions of aerospace warning and aerospace control for North America. NORAD performs its mission 365 days-per-year, but on Christmas Eve, NORAD performs an additional mission — tracking Santa around the world.

This Christmas Give the Gift of Wellness at the Annapolis Valley Wellness Centre

This Christmas give the gift of wellness the symptom and search for the cause. We will empower our patients to make educated changes in their body to stay healthy & strong for life!

Stress, tension, and repetitive strain all have negative impacts on the body and mind. These effects can have serious consequences such as chronic pain, reduced range of motion, decreased circulation, painful or tight muscles to name a few. Annapolis Valley Wellness Centre strives to help clients reach their optimal health through caring, comprehensive treatment modalities. We treat past



Our vision is to enhance relaxation and support each individual's healing process. With many years of hands-on experience, we are able to assess each client as an individual and create a unique treatment plan to address each client's specific needs. You will leave Annapolis Valley Wellness Centre feeling restored, relaxed and renewed - ready to take on the rest of your day.

552 Victoria Dr., Kingston, N.S. 765-2700

RED FRIDAY Don't forget to wear RED on Friday to show your support to the troops. There is no better way to make a statement and to say thank you to the men and women of the Canadian Forces than to proudly wear red on Friday. Drop by the Greenwood Military Family Resource Centre (GMFRC) to see us and buy a T-shirt to show your support!!! 100% of proceeds from the sale of Red T-shirts go directly to support GMFRC programs and services.

For more information please contact Michelle Thibodeau Wagner, GMFRC Coordinator of Special Events and Promotions at 765-1494 local 1421 or email at michelle.thibodeau-wagner@forces.gc.ca.

UAV SUPPORT ROLES

MDA has a number of challenging, exciting domestic opportunities in the growing field of Unmanned Aerial Vehicles (UAVs). These new positions are required to support the continued growth of MDA's UAV program at our Canadian training location at Suffield, Alberta.

Successful applicants will participate in training and support for our UAV customers and assist in UAV research and development efforts.

Site Manager

The Site Manager is the coordinating authority for all UAV operations, maintenance, and liaison with CFB Suffield, IAI, MDA Richmond and our customers. He/She is responsible for all site facility and day-to-day matters, including airworthiness, and for ensuring daily operational tasking is met in a safe and efficient manner.

Mechanic Technicians (MT) and Electronics Technicians (ET)

Mechanic and Electronics Technician roles will provide critical daily maintenance support for all aspects of the UAV system, including the aircraft, sensors, payloads, and ground systems. Technical training will be provided to meet qualification and airworthiness standards for the Heron UAV System.

For complete job descriptions, terms of employment, and a summary of skills and experience necessary for consideration, please visit us online at: www.mdacorporation.com/careers.



Annapolis Valley Wellness Centre
552 Victoria Drive • 765-2700

There's nothing better than the gift of health for a loved one

SleepRight® Side Sleeping Foam Pillow

Orthopedically correct side sleeping posture is now made possible by the latest in sleep technology with the SleepRight® Side Sleeping Foam Pillow. With the SleepRight® state-of-the-art design, you can expect restful sleep with maximum support and superior comfort for the head, neck, and shoulders.

FULL FACIAL CRADLE
• Designed to reduce pressure on the jaw and ear, helping to relax the facial area.
• Gently cradles the face, providing comfort and support.

LEFT & RIGHT AIRWAY SYSTEMS
• Maximizes airflow to improve breathing and help reduce snoring.

12" SHOULDER CRADLE
• Provides orthopedically correct support for the head and neck to maintain ideal spinal alignment.
• Reduces body weight impact on the shoulder, increasing blood flow to the arms.

NEW Nano Flex® for Various Joints

5-in-1 Multi-functional Compression Supports

1. Negative Ion (Anion)-Enhances body's natural healing process.
2. Far Infrared Rays-Increases blood circulation & retention of body heat.
3. Anti Bacterial
4. Odor Free
5. Wicks Moisture away from body

The NEW 5-in-1 multi-functional compression support that provide significantly more therapeutic functions than neoprene

New products in our office in time for Christmas gift giving, as well as Massage Therapy Gift Certificates

Annapolis Valley Wellness Centre
552 Victoria Dr., Kingston, N.S. 765-2700 • 765-6200

West Kings District High School December Newsletter

Submitted by: Hazel McEwan
Dates to Remember:
January 4, 2010 - First Day of School
January 15 - Professional Development Day
January 25 - Exams Begin

Principal's Report:
I would like to begin by taking this opportunity to wish you all, on behalf of the students and staff of West Kings, a very safe and enjoyable holiday season and a very happy 2010! We have had a very active month and there are no signs of the pace slowing as we head into the holiday break. I would like to thank all of the parents and guardians who took the time to make personal contact with us during our parent teacher meetings. As always, please remember that we welcome your communication with us and that you can feel free to contact us to arrange a meeting at any time of the year. One of the highlights of the past month was our marvellous production of Alice in Wonderland. This production was the result of many hours of work by the cast, crew, staff, parents and community volunteers. To

thank all of those involved would take many pages, but I would like to single out Mr. Chris Lugar, Mr. Perry Spinney and Mr. David O'Leary for their long hours and dedication to this project. During the Saturday matinee we also held the grand opening of our newly renovated auditorium. This is a great facility for the performing arts at West Kings and for the community in general. The air conditioning and comfy new seats make for a very pleasant place to be an audience member. We hope that you all will be able to come by and experience a performance in our latest addition. On that note (pun intended), I hope that you get to hear one of the many band performances that we will be holding during the holiday season and into the New Year. On the athletic front, the West Kings Sr. Boys Volleyball team won the Division 2 provincial title. Congratulations to Mr. Snow and his team on this fine effort. Please remember that our athletic team schedules are posted on the calendar portion of the school web site and I encourage you


to drop in and support our teams whenever possible. A final reminder that the last day of school before the holiday break is December 18th (a full day of school). We will be finishing off 2009 with a bang, as our Student's Council has been working very hard to put together a great variety of activities for our Winter Carnival.
Barry Squires
Principal, West Kings
Thank-You's
To the Aylesford Lions for all their support at the TADD & SAFE Grad Dinner which was held on Nov. 24th. Thanks to all of you who came out to help us raise \$3922.43! Fantastic! All proceeds go towards activities to ensure our Grads have a safe graduation.
Take Out Kids to Work:
Thank you to all parents, relatives, organizations and businesses for hosting our Grade 9 students in your workplaces on Nov. 4/09. Your participation in this program is critical to its ongoing success
Santa Breakfast
Nov. 19th from 7:30-10:30 AM at West Kings. Peaceful School Committee is hosting a

pancake/sausage breakfast at West King cafeteria. Freewill offering and all proceeds will go to the Sierra Leone Africa School building Fund. There will be photo opportunities with Santa, so please join us in the festivities.
Peaceful School Ticket Fundraiser
First Prize \$125. Gift Certificate for Maxwell Shoes, Greenwood Mall; Second Prize a Christmas Sweets Tray worth \$30. from Mum's Bakery in Berwick. Tickets are \$1. each or 3/\$2.00. The draw will be held Dec. 19th at the Santa Breakfast and all proceeds go to the Sierra Leone Building Fund.
Information for the Grade Class of 2010!
• The grad fee for this year is \$100.00 and payable in the Main Office. Cheques should be made payable to West Kings District High School. A receipt will be issued to you for payment of fees and please make sure that you keep that receipt. This fee is payable prior to the March Break. Following the March Break the fee will be \$125.00. These monies are used for the following:
• Rental of grad gowns and stoles.
• Purchase of grad hats/tas-sels and certificate folders
• Major costs of prom including the facility rental, music, decorations and refreshments
• Subsidize ticket price for

graduation banquet
• Printing of all tickets
• Graduation flowers, curtains for rink and program
• Labor for setting up and removal of graduation seating
• Subsidize your Safe Grad activities.
Grad gowns are ordered in early April from Gaspard & Sons in Winnipeg. It is imperative that we have confirmation that you plan to take part in Graduation Exercises at that time providing that you meet the requirements for a Nova Scotia Graduation Diploma. If you do not pay your grad fees before June 1st will risk missing their graduation ceremony. You must have a graduation gown in order to participate in Graduation Exercises. Students are reminded to get measured for a gown, during non-instructional time, by seeing Ms. Skidgmore in the library....it only takes a few seconds.
Scholarships:
Graduating students are asked to check out the West Kings school web-site at www.westkings.ednet.ns.ca for information on Scholarships and Bursaries that may be of interest to you throughout the year. Once in the West Kings site, go to Student and Parent Information, then Bursaries and Scholarships. This information is updated whenever new information comes in and should be

checked often. Many of the forms necessary for applying will be available in the Counselling office, but some will have links to web-sites where you can apply directly on line. It is your responsibility to check this site and read the information carefully before coming to Guidance. Later in the year, when local bursaries become available, it is helpful if you write a list with your name on it before coming to the Guidance Office.
PTSA
The PTSA thanks everyone who attended the recent production of Alice in Wonderland and congratulates Mr. Chris Lugar, Mr. David O'Leary, the cast, crew and host of supporters for their roles in its success! We are very excited to have celebrated the newly renovated Auditorium during the Matinee performance and to share this special occasion with several people who were instrumental in making this inspiring facility a reality. Fundraising for the Auditorium Renovation project is ongoing--please contact the school if you'd like to make a contribution.
As December is a busy month for everyone, we will resume our PTSA meetings in 2010, with the first meeting of the New Year at 7:00 on January 13th, in the school Library. Best wishes throughout the Holiday Season!

On behalf of



regrettably the

New Years' Eve Dinner

and Dance

has been cancelled

due to lack of ticket sales.

Refunds will be gladly

issued after 6 Jan 10.



Youth Centre
Holiday Hours



Friday	December 18th	4pm-11:30pm
Christmas Youth Dance		
Saturday	December 19th	4pm-10pm
Sunday	December 20th	4pm-9pm
Monday	December 21st	4pm-9pm
Tuesday	December 22nd	4pm-9pm
Wednesday	December 23rd	4pm-9pm
Thursday	December 24th	CLOSED
Friday	December 25th	CLOSED
Merry Christmas!		
Saturday	December 26th	CLOSED
Sunday	December 27th	CLOSED
Monday	December 28th	2pm-9pm
Tuesday	December 29th	2pm-9pm
Wednesday	December 30th	2pm-9pm
Thursday	December 31st	CLOSED
Friday	January 1st	CLOSED Happy New Year!
Saturday	January 2nd	2pm-10pm
Sunday	January 3rd	2pm-9pm
Monday	January 4th	Normal Hours Resume

Happy Holidays!

...let's talk about

YOU

Send your articles and photos to: aurora@auroranewspaper.com



HURRY!
IT ALL ENDS
JANUARY 4th

CANADA'S BEST-SELLING TRUCK*

2010 F-150



SHOWN WITH XTR PACKAGE

6-SPEED AUTOMATIC TRANSMISSION **BEST IN CLASS PAYLOAD****
BEST IN CLASS TOWING** **AVAILABLE TAILGATE STEP**
SIRIUS SATELLITE RADIO* **TRAILER SWAY CONTROL**
 WITH 6-MONTH PRE-PAID SUBSCRIPTION **AND LOTS MORE...**

2010 F-150 SUPERCAB XLT 4X4 WITH AUTO

\$27,999*
OWN FOR ONLY

AFTER **\$9,400** PRICE ADJUSTMENT
OFFER EXCLUDES FREIGHT.

\$399
LEASE FOR ONLY

PER MONTH FOR 48 MONTHS
WITH \$3,400 DOWN.
\$0 SECURITY DEPOSIT.
OFFER EXCLUDES FREIGHT.

2010 F-150 REGULAR CAB



STARTING FROM
\$18,999* WITH AIR, AUTOMATIC, V8 AND MORE!

After **\$5,600** in price adjustments.
Offer excludes freight. Factory order may be required.

2010 RANGER



Sport Model shown

STARTING FROM
\$12,999*

Includes **\$2,000** in price adjustments.
Offer excludes freight.



Introducing
**The Ford
Recycle
Your Ride
Program**

Recycle your 1995 or older vehicle and receive up to \$3,300*

of additional incentives over and above those currently offered when combined with the \$300 available from the Government of Canada's Retire Your Ride program. Incentives range from \$1000 to \$3000. Visit ford.ca for details.



Available in most new Ford vehicles with 6-month pre-paid subscription*

HURRY INTO YOUR ATLANTIC FORD STORE TO GET IN AND DRIVE CANADA'S TOUGHEST TRUCK.

atlanticford.ca



Drive one.

FUNDY FORD SALES LIMITED

451 Main Street, Middleton, N.S
Tel: (902) 825-5555

Toll Free
1-800-565-6372

E-mail: mail@fundyford.com
Website: www.fundyford.com



Bill Sampson, President



Reg Gaul



Scott Adsett



*Heather Veinot
General Manager*



*Bernadette Pearson
Financial Services Manager*

At Fundy Ford Sales Limited all new vehicles come with a full tank of gas and free safety inspections as long as you own the vehicle.

Be sure to visit Ward, Alain and the rest of our award winning service department to experience what quality care is all about.



Offers available at participating dealers only. Dealer may sell or lease for less. Factory order may be required. Limited time offers. Offers may be cancelled at any time without notice. See participating Dealer for details. The Ford Get In and Drive Year End Event ("Year End Event") is in effect from November 3, 2009 to January 4, 2010 at participating Ford of Canada Dealerships. During the Year End Event one or more combinations of \$0 first month's payment, 0% Annual Percentage Rate (APR) purchase financing for up to 60 months, \$0 down payment or \$0 due at signing will apply to the purchase finance or lease of select new 2010 Ford vehicles. Offers vary by model and not all combinations will apply. Offers are available to customers taking retail incentives and may only be available on approved credit (OAC) from Ford Credit. Purchase financing and lease offers include freight and air tax, but exclude license, fuel fill charge, insurance, PPSA, registration, administration fees and all applicable taxes. These offers are subject to vehicle availability and may be cancelled at any time without notice. Dealer may sell or lease for less. Limited time offers. Some conditions apply. See your Ford Dealer for complete details. *Purchase finance or lease an eligible new 2010 Ford or Lincoln vehicle through Ford Credit between November 3, 2009 and January 4, 2010 and get first monthly payment paid up to a maximum amount of \$500/\$750/\$1,000/\$1,250/\$1,500 per eligible 2010 Ford (Focus, Fusion, Escape, Ranger) / (Mustang excluding GT500, Taurus, Edge, Flex, Explorer 40i, Explorer Sport Trac, Transit Connect, E-Series) / (Expedition, F-150 excluding SVT Raptor, F-Series Super Duty excluding F450-F550 chassis cabs, Lincoln MKZ, Lincoln MKS, Lincoln MKX) / (Lincoln MKT) / (Lincoln Navigator). Offer not available to cash purchase customers. Offer is only available OAC from Ford Credit. A, X, Z, D, F plan customers are eligible. Not combinable with Commercial Fleet Incentive program, CPA, GPC or Daily Rental Allowances. On applicable vehicle lines this offer can also be combined with the Commercial Connection Program. Rainchecks are only available on the purchase or lease of eligible vehicles and the vehicles must be factory ordered during the program period. Vehicles must be delivered on or before January 4, 2010. This offer can be used in conjunction with most retail consumer offers made available by Ford of Canada at either the time of factory order or delivery, but not both. *Cash purchase a new 2010 Ford F-150 SuperCab XLT 4x4/F-150 Regular Cab XLT 2010 Ranger Regular Cab FLE for \$27,999/\$18,999/\$12,999 (after total price adjustment of \$9,400/\$5,600/\$2,000 deducted) (total price adjustment is made up of \$1000/\$5,000/\$2,000 delivery allowance and \$2,400/\$600/\$0 price adjustment) Offer excludes freight (\$1,400/\$1,400/\$1,500), license, and insurance, registration, PPSA, Fuel Fill charge, administration fees and all applicable taxes. Taxes payable on full amount of purchase price. *Lease a new 2010 Ford F-150 SuperCab XLT 4x4 for \$399 per month with 8.99% APR for up to 48 months on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest APR payment. Additional payments required: down payment of \$3,400 or equivalent trade-in. Total lease obligation is \$22,552 (optional buyout is \$9,356.69). Some conditions and mileage restrictions of 80,000km over 48 months apply. A charge of 12 cents per km over mileage restrictions applies, plus applicable taxes. All lease payments are calculated with no trade-in, \$0 security deposit, plus administration fees, Fuel Fill charge, pre-delivery, registration, PPSA fees and applicable taxes (after total Price adjustment of \$9,400 deducted) (price adjustment includes \$7000 of delivery allowance and \$2,400 price adjustment). Taxes payable on full amount of lease financing price after any price adjustment is deducted. Offer excludes freight (\$1,400), license, and insurance, registration, administration fees and all applicable taxes. Taxes payable on full amount of purchase price. In order to qualify for the Ford Recycle Your Ride incentives, you must qualify for the Government of Canada's "Retire Your Ride Program" and you must turn in a 1995 model year or older vehicle that is in running condition and has been properly registered and insured for the last 6 months (12 months in B.C.). Upon government confirmation of vehicle eligibility under the "Retire Your Ride Program", Ford of Canada will provide additional incentives towards the purchase or lease of a new 2009 or 2010 Ford or Lincoln vehicle in the amount of \$1,000 (Focus, Fusion, Ford Hybrid, Mustang, Taurus, Transit Connect, Ranger), \$2,000 (Escape, Escape Hybrid, Edge, Flex, Taurus X, Explorer, Sport Trac), and \$3,000 (F150, F250-F550, E-Series, Expedition, MKZ, MKS, MKX, MKT, Navigator). If you qualify, the Government of Canada will provide you with \$300 cash or a rebate on the purchase of a 2004 and newer vehicle as part of their Retire Your Ride program. These Ford Recycle Your Ride incentives are only in effect from September 2nd to November 2nd, 2009. Ford Recycle Your Ride incentives will be applied after taxes. Ford Recycle Your Ride incentives can be used in conjunction with most retail consumer offers made available by Ford of Canada at either the time of factory order or delivery, but not both. Ford Recycle Your Ride incentives are raincheckable. Ford Recycle Your Ride incentives are not available on any vehicle receiving Commercial Fleet Incentive Program, Competitive Price Allowance or Government Price Concession, Fleet Delivery Allowance, or Daily Rental Incentives. By participating in this program you will not be eligible for any trade-in value for your old vehicle. The Government of Canada's "Retire Your Ride Program" is not available to residents of Northwest Territories, Yukon or Nunavut and, therefore, Ford Recycle Your Ride incentives are also not available to residents of North West Territories Yukon or Nunavut. Other provincially specific rewards may be available in association with the government's "Retire Your Ride program", for more information visit retireyourride.ca. Limited time offer, see dealer for details or call the Ford Customer Relationship Centre at 1-800-565-3673. ©2009 Ford Motor Company of Canada, Limited. All rights reserved. *54.4% to 51.3% of all new compact pick-up trucks sold in Atlantic Canada/NB, NF, NS, PE) in 2008 were Ford Rangers based on R.L. Polk Canada, Inc. vehicle registrations, January 2008 through December 2008. **See your Ford of Canada Dealer or contact 1-888-539-7474 for more information. *SIRIUS and the SIRIUS dog logo are registered trademarks of SIRIUS Satellite Radio Inc. Includes 6-month pre-paid subscription. *Based on 2008 International sales figures for F-Series and its twelve closest competitors. Dealer may sell or lease for less. Factory order may be required. Limited time offers. Offers may be cancelled at any time without notice. Some conditions may apply to the Graduate Recognition Program. See Dealer for details. Atlantic FDA: 1995 Bedford Highway, Bedford, Nova Scotia B4A 5Y4.

Wilton Cake Decorating Classes

Country Store is starting Wilton Cake Decorating Classes!

Envy those beautifully decorated cakes at the bake shop? Learn the techniques to create them for yourself and your loved ones from Pastry Chef, Heather Israel as she instructs you in The Wilton Method of Cake Decorating. Classes consist of four levels with four weekly lessons for each level. Take one, two, three or all four levels.

Register for level one starting Monday January 18, 2010. Pre-Registration is required by January 16, 2010 as space is limited.

Country Store

Natural Alternatives for a Healthy Life Style

Greenwood Mall • 902-765-4766

Christmas Wishes for Our Troops!

Submitted by: Michelle Thibodeau Wagner, Coordinator of Special Events and Promotions, Greenwood Military Family Resource Centre 765-1491 local 1421 michelle.thibodeau-wagner@forces.gc.ca

On the morning of November 23, 2009 family members of deployed troops joined together with the staff of the Greenwood Military Family Resource Centre (GMFRC) to package Christmas Morale Mail Parcels. The GMFRC sends parcels to the troops with help from local business as a way to thank our military personnel for all they do and to let them know their community supports and appreciates the sacrifices they make,



especially at Christmas.

A special thank you to The Inside Story, Oland Brewery, Card Making Friends of the Annapolis Valley, Tracey Storey of Exit Realty, The Kingston Pastoral Charge, Telegraph Road and Dianne Blois of HMTV for their wonderful and generous contributions to the parcels. It was a morning of shared deployment stories, tips on how to have a successful deployment, coffee and warm wishes for our troops. As we packaged our parcels we thought of all the families that will have a loved one away for the holidays, we thought of all the children who's one wish would be to have mom or dad home for Christmas.

This Christmas as we celebrate our own traditions and the reason of the season, let us keep our deployed troops and their families in our thoughts and prayers. It's the sacrifices made by these families that allow us to pass our own traditions on to our children. The GMFRC sends Merry Christmas wishes out around the world to all 14 Wing deployed troops and especially the families at home who keep the home fires burning.

CONVERGYS
Outthinking Outdoing

You're always ready to serve – customers and the community.

WE CAN RELATE.

CUSTOMER SERVICE ASSOCIATES > CONTACT CENTER

YOU'RE ALL ABOUT DOING A GOOD JOB. BUT YOU ALSO ARE PASSIONATE ABOUT DOING GOOD WORKS FOR OTHERS. YOU'VE GOT ENOUGH TALENT AND ENERGY TO MAKE A DIFFERENCE AT WORK, AND IN YOUR NEIGHBORHOOD. US TOO.

CONVERGYS IS A WORLD LEADER IN RELATIONSHIP MANAGEMENT, BUT WE'RE ALSO LEADERS AT THE LOCAL LEVEL TOO. WE'RE PROUD TO SUPPORT THE COMMUNITIES WHERE WE WORK AND LIVE, AND TO GIVE OUR EMPLOYEES THE OPPORTUNITY TO GET INVOLVED TOO.

LIKE THE IDEA OF WORKING WITH A COMPANY THAT CAN CHANGE MORE THAN JUST YOUR EMPLOYMENT STATUS? WE CAN RELATE.

> FULL-TIME POSITIONS AVAILABLE

> REWARDING CAREER OPPORTUNITIES

> NO TELEMARKETING, INBOUND CALLS ONLY

> CASUAL DRESS

> EXCELLENT BENEFITS

> TALENTED, FRIENDLY COWORKERS

> PAID VACATION AND TRAINING

> AND MUCH MORE!

FIND OUT MORE AND APPLY ONLINE NOW AT WWW.CONVERGYS.COM/CAREERS OR APPLY IN PERSON AT 421 BURNS HILL ROAD, CORNWALLIS PARK, CORNWALLIS, NS, B0S 1H0.

EOE *relationship management*

BEST TOYOTA

www.besttoyotasales.com

USED INVENTORY

STOCK #	YEAR	MAKE	COLOUR	M	T	OPTIONS	KMS	PRICE
08-29A	1986	GRAND NATIONAL	BLACK	6	A	AC,PW,3.8TURBO	6700	28995
10-301A	2003	CAMRY LE AA	BEIGE	4	A	AC,PW,PDL,CRU	72000	10995
10-73A	2003	COROLLA CE BA	BEIGE	4	A	AC,PDL,CD	100000	8995
09-561A	2003	CAMRY SE AA	RED	4	A	AC,PW,PDL,CRU	116000	11995
10-232A	2003	CAMRY LE AA	GREEN	4	A	AC,PW,PDL,CRU	154000	8995
10-128A	2004	COROLLA CE BA	RED	4	5	AC,PDL,CD	98000	8995
09-607A	2004	VIBE	GREY	4	A	AC,CD	96000	8995
SAWLER	2005	ECHO SEDAN	GREY	4	A	AC,CD	80000	9995
10-237A	2005	MATRIX XR AA	RED	4	5	AC,PW,PDL,CRU	110000	11995
U1708	2005	LANDROVER LR3	RED	8	A	SE,LEATHER,S/R	65000	27995
10-127B	2006	CIVIC EX 4DR	BLUE	4	A	S/ROOF,LOADED	134000	11995
09-611A	2006	COROLLA CE CA	SILVER	4	5	AC,PW,PDL,CRU	66000	11995
09-626A *	2006	YARIS RS H/B	BLACK	4	5	3DR,AC,PW,PDL	92000	11995
10-261A	2006	CIVIC DX-G 4DR	GREY	4	A	AC,PW,PDL,CD	80000	12995
U1683	2007	CAMRY HYBRID	GREEN	4	A	S/ROOF,LEATHER	58000	25995
10-103A	2007	COROLLA CE CA	BLACK	4	5	AC,PW,PDL,CRU	88000	12995
U1688A	2007	COROLLA CE SE	BLUE	4	5	AC,PW,PDL,S/R	34000	14995
09-616A	2007	ACCORD SE 4DR	RED	4	A	AC,PW,PDL,S/R	53000	18995
10-272A *	2007	ACCORD SE 4DR	SILVER	4	A	AC,PW,PDL,S/R	39000	18995
10-267A	2007	CAMRY XLE V6	SILVER	6	A	S/ROOF,LEATHER	29000	23995

Vehicle has the following ECP/EXT Warranty Coverage:

* 09-626A: 4 yr--100,000 ECP/ In-Service: Dec. 21/05

* 10-272A: 4 yr--100,000 EXT.WARR/ In-Service: Mar. 26/07

Military Personnel bring in this Ad & Receive an Additional \$300 off any Used Car in Stock!

840 Park Street Kentville, NS (902) 678-6000



Trees for Troops

Submitted by: Ann Gaudet

On Friday December 4th, The Greenwood Military Family Resource Centre (GMFRC) in collaboration with Minister of National Defence, and The Canadian Christmas Tree Growers, once again turned the parking lot at the GMFRC into a Christmas Tree lot. This year we gave away over fifty beautiful Nova Scotia grown Christmas trees to 14 Wing Greenwood Deployed Families. The GMFRC and 14 Wing would like to extend many thanks to The Christmas Tree Council of Nova Scotia and all their growers for their generosity for the donation and delivery of the trees. Our Troops and their families appreciate it so much. A huge thank you to The Kingston Superstore who donated a gift bag of goodies and a ten dollar gift card to every Deployed Family who received a tree, as well as supplied all the cookies, candy canes, and hot chocolate to our GMFRC Tree Lot. This was a very generous gift that was very much appreciated by our Deployed Families and the GMFRC. We also have to thank our partners on the Wing for volunteering their time and personal vehicles to deliver the trees to some of our Deployed Families who needed assistance. Without volunteers like you, Trees for Troops would have not been such a success.

**Purchase a Fresh Value Meal Deal
and receive a ballot for a chance to**

win a \$50 Gift Card



Draw Date: December 22, 2009
Valid at Middleton and Greenwood
Subway locations only.



**END OF THE LINE
PUB**

73 Queen St. Bridgetown,
(former Train Station)

665-5277

less than 30 minutes from Greenwood!

**Hours - closing Dec 24th at 7:00pm,
closed Christmas Day, open Dec 26th at 10am**

Christmas Open Mic - Wednesday, Dec 23rd, 7:30pm
with carols and complimentary appetizers, all welcome.
Hosted by Sean McCabe

New Years Eve - Gala Buffet 7 - 9pm,
items such as Bacon Wrapped Scallops,
Lobster Bisque, Prime Rib, Decadent Desserts - **\$24.95**

New Years Day - open at noon, Levee 1 - 5pm
(adults only), kitchen open to 9:00pm

Gift suggestions - Pub T-shirts, hot sauce, gift certificates, Annapolis Valley Tastes Cookbook (see us on pg. 20), Caleb Miles, Joe Murphy or Jim Taylor CD's, Valley books by Dave & Paulette Whitman

www.endofthelinepub.com

To the Left: Kevin Veinotte, the President of the Lunenburg Christmas Tree Producers Association, Ann Gaudet, Greenwood Military Family Resource Centre Deployment Coordinator, Richard Levy, Executive Member, All Nova Scotia Green Christmas Tree Co-Op., Col Seymour, 14 Wing, Wing Commander, Tiffany Fisher, Jake Fisher, spouse and son of deployed member Cpl Glenn Fisher at 14 Wing Greenwood, WCWO Jardine, 14 Wing, Wing Chief Warrant Officer and Elaine Fisher the mother of Cpl Glenn Fisher, accept the donation of Christmas trees.

(Image: Sgt Pete Nicholson, 14 Wing Photojournalist)

Merry
Christmas
Everyone

The Aurora Newspaper was voted the best Canadian Forces Newspaper for 2009. We are honoured be chosen "best" among our peers. This award would not have been possible without the support and dedication we receive from the many sections at 14 Wing Greenwood, the Public Affairs office, our advertisers, the local communities who submit articles and photos on a regular basis, our readers and last but not least our devoted and dependable paper carriers. We all played a part and we all should be proud of our accomplishment. Together we can strive to maintain the high standard of work in the coming year.

Special thanks to all the Sponsors who devote time, money and dedication, not only to the newspaper office but to help ensure the success of various activities at 14 Wing Greenwood.

The Aurora Newspaper Staff would like to wish everyone a safe and Happy Holiday. Best wishes for a prosperous 2010.

Stephen Boates, Anne Kempton,
Brian Graves & Candace Ernst

Stephen Boates

Anne Kempton

Brian Graves

Candace Ernst

COUNTRY STORE

Natural Alternatives
for a Healthy Lifestyle
Dec 21/2009 to Jan 2/2010

**CHRISTMAS SNACKS
for the Holiday Season**

**Mixed Nuts
No Peanuts**
\$1.40/100g
\$6.36 lb.

30% off

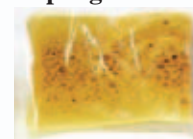
Ginger Chocolates
\$1.60/100g
\$7.27 lb.

20% off

**Eda's
SUGAR FREE
Hard Candies**
\$0.93/100g
\$4.23 lb.

30% off

Sponge Toffee



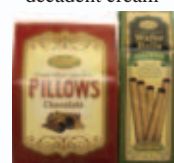
70g
\$0.99 each

**Asher's
SUGAR FREE
Chocolates**
15% off

**Neilson Chocolate
Macaroons &
Rosebuds**
\$0.91/100g
\$4.13 lb.

30% off

**Sofiato Pillows &
Wafer Rolls**
Cream filled Crepe Bites.
Delicate wafers filled
with rich & smooth
decadent cream



Sale \$2.59
SAVE \$1.00

**Mixed Nuts
in Shell**
\$0.52/100g
\$2.38 lb.

25% off

**Bridge Mixture
Lowney**
\$0.90/100g
\$4.11 lb.

20% off

Bits & Bites
\$0.77/100g
\$3.50 lb.

30% off

Pistacios
\$1.19/100g
\$5.41 lb.

30% off

While Supplies Last

Greenwood Mall
963 Central Avenue, Greenwood
(902) 765-4766

Bravo Zulu

Photos are taken by 14 Wing Image unless stated otherwise.

14 MSS CO's Commendation – Sergeant Delrae Howes

14 Mission Support Squadron made their last preparations for deployment to OP ATHENA ROTO 9 in Camp Mirage on 30 Nov 09. During the final preparations, Maj Glenn Watters, OC 14 MSS, recognized Sgt Delrae Howes for her hard work and dedication to the Squadron. Sgt Howes was attached to 14 MSS in Mar 09, just as the Squadron commenced preparation for EXERCISE MAPLE GUARDIAN (MG0901), in Wainwright, AB. This was a validation exercise for the Squadron to prepare for a possible deployment. Upon successful completion of the exercise, the Squadron held a six-month High Readiness cycle prior to their standing deployment to Camp Mirage.

Sgt Howes received the 14 Mission Support Squadron Commanding Officer's commendation in recognition of her outstanding efforts and tireless dedication.

Throughout her assignment to 14 MSS, Sgt Howes contributed significantly to the



Sgt Delrae Howes, HR/Fin Flt, 14 MSS receiving the Commanding Officer's Commendation.

Squadron and achieved an extremely high standard of administrative support. She was a key contributor to the successful validation of 14 MSS' High Readiness status at EXERCISE MAPLE GUARDIAN.

The enthusiasm, hard work, and dedication demonstrated by Sgt Howes throughout her tenure are a testament to her professionalism and superior commitment. She is an outstanding individual and a valued member of the 14 Wing Mission Support Squadron.



Sgt McCabe, WCE, receives his promotion from LCol Ubbens.
(Photo: Submitted)



Maj Fera of 14 CES presenting promotion to Pte Cook (receiving his first hook) of 14 CEF.
(Image submitted)



Maj Fera of 14 CES presenting promotion to Sgt Hymers of 14 CEF. (Image submitted)



Mrs. Pauline Percy, WCE, receives the Civilian Quarterly Award from LCol Ubbens.
(Photo: Submitted)



Pte Smith, WCE, receives his first hook from LCol Ubbens. (Photo: Submitted)



Sgt Humber, WCE, receives the CD from LCol Ubbens. (Photo: Submitted)



Cpl Dion, WCE, receives his promotion from Maj Tromp. (Photo: Submitted)



MCpl Panasky, WCE, receives his promotion from LCol Ubbens.
(Photo: Submitted)



MCpl Hayward, WCE, receives his promotion from LCol Ubbens.
(Photo: Submitted)



Pte Martin, WCE, receives his first hook from Capt Michaud and CWO Ochitwa WFC.
(Photo: Submitted)



MCpl Jamieson, WCE, receives his promotion from LCol Ubbens.
(Photo: Submitted)



Cpl Brown, WCE, receives the CD from LCol Ubbens. (Photo: Submitted)



MCpl Pyne, WCE, receives the CD from LCol Ubbens. (Photo: Submitted)



Cpl Lawrence, WCE, receives the CD from LCol Ubbens. (Photo: Submitted)



Cpl Gillard, WCE, receives the CD from LCol Ubbens. (Photo: Submitted)



Sergeant Garrow Hill-Stosky (center) receives his new rank from the West Nova Scotia Regiment (West NSR), Commanding Officer, Lieutenant-Colonel George Thomson (right) and Regimental Chief Warrant Officer Bert Fitzgerald (left) at Camp Aldershot.
(Image: Sergeant Darryl McCann)



MCpl Larry Lidstone receives his promotion to that rank from Major Jeff Davis OC of the Canadian Heron UAV Detachment ROTO 9 and MWO Gary Micklethwaite. MCpl Lidstone, a member of 405 Long Range Patrol (LRP) Squadron, is currently undergoing Unmanned Aerial Vehicle (UAV) training in Suffield, AB preparing for his upcoming ROTO 9 deployment. Congratulations Larry.
(Image: Submitted)



MCpl Tim Keith (center) receiving his new rank from Lieutenant-Colonel George Thomson (right) and CWO Fitzgerald (left) of the West Nova Scotia Regiment (WNSR).
(Image: Cpl Matthew Spinney)



Sergeant Andrew Everett (center) receives his new rank from the West Nova Scotia Regiment (West NSR), Commanding Officer, Lieutenant-Colonel George Thomson (right) and Regimental Chief Warrant Officer, Bert Fitzgerald (left) at Camp Aldershot.
(Photo: Sergeant Darryl McCann)

14 AMS TSF Graduation

14 AMS Training & Standards Flight graduates AVN Course 0905 TQ4 Apprentices. While all students performed Remarkably, Pte Bangay and Pte Fiola both displayed high levels of professionalism and dedication. Upon completion of the course the top students were awarded the Maj. Al MacInnis Award.
Well done and keep up the excellent work!



Front row, left to right: MCpl Cameron, MCpl MacDonald, Sgt Edwards, MWO Campagna, LCol Flynn, WO Levesque, MCpl Youden, Cpl McCallum. **Back row**, left to right: Pte Arseneau, Pte Cole, Pte Stairs, Pte Skora, Pte Koziel, Pte Fraser, Pte St-Jean, Pte Bangay, Pte Fiola, Pte Canrinus, Cpl Barrett, Cpl Wright.



left to right: Maj Rtd Al MacInnis, Pte Anthony Bangay.



left to right: Maj Rtd Al MacInnis, Pte Stephane Fiola.



Capt Goulding receives his promotion from WOPSO LCol Cummings



Capt Bourrier receives his AFOD Block II completion certificate from WOPSO LCol Cummings



Maj Bouchard receives his rank of LCol from CO 413 Sqn, LCol Atkins.



Pte Fraser receives her first hook from Lt Sollows, 14 AMS D/AMO.

Bravo Zulu

Promotions & Presentations



WO Sean Nickerson receives his promotion from LCol Ubbens, WLEO.



WO Clay MacKinnon receives his promotion from Maj Cécyre, A/WLEO.



Pte Chantal Condie receives her first Chevron from Maj Cécyre, W SUP O.



MS James Dicks receives the CO's Commendation from LCol Ubbens, WLEO.



Pte Shawleen Godfrey receives her first Chevron from Maj Cécyre, W SUP O.



AB Isabelle Thériault receives her first Chevron from Maj Cécyre, W SUP O.



MCpl Tammy Kline receives her promotion from Maj Cécyre, W SUP O.



Cpl Lori Williams receives her accelerated promotion from Maj Cécyre, W SUP O.

A Base Personnel Selection Office Announcement



Royal Military College of Canada Division of Continuing Studies **OPME Course On-Site Greenwood**

Attention CF Members:

POE 206 Winter 2010

The Canadian Forces and Modern Society: Civics, Politics and International Relations

This course addresses Canadian government and politics within a global context, discusses the impact of political culture and socialization on understandings of the nature of politics, examines the changing role of the nation-state in the context of regional integration and globalization, assesses the nature and accountability of government processes and institutions, and considers the effectiveness of institutions linking state and society. The course also examines the influence of changes within Canadian society and within the international system on the organization and operation of the Canadian military.

When: Mondays 1500 – 1800 from 22 Feb to 10 May 2010
Where: TBA
Instructor: Albert Tanguay
Registration: Deadline is 1 January 2010

To Register:

1. Complete the **on-site OPME Application Form** found at the following web address: http://www.opme.forces.gc.ca/sg-ge/doc/OPMEOn-siteApplication-2009_2010bil.pdf
2. Fax the completed registration form to Fax: (613) 540-8075
3. Regular and Reserve Force officers will be given priority. Vacancies may be filled by NCM's. Students will be selected on a first-come, first served basis until the class is full.
4. Students can expect to allocate 9 to 12 hours per week to studying.

For more information please contact the OPME Office: Sarah Dorion at 1-800-721-3901 or Verilea Warren at 765-1494 ex. 5390.

Note that "receiving his first hook" is being promoted from Private (Basic) to Private (Trained), meaning the member has completed trade training and will soon be ready to commence employment as a qualified technician.



Pte Harvey receives his first hook from Major Smith, 14 AMS AMO.



Pte Lemieux-Marceau receives his first hook from Major Smith, 14 AMS AMO



Pte Stairs receives his first hook from Major Smith, 14 AMS AMO.



Pte Green accepts his first hook from Major Smith, 14 AMS AMO.



Pte MacMullin receives his first hook from Major Smith, 14 AMS AMO.



Pte Koziel is presented with his first hook from Major Smith, 14 AMS AMO.

Christmas Holiday Schedule 2009 – 2010

Community Centre Office Holiday Hours:

Monday	December 21 st	0800-1600	
Tuesday	December 22 nd	0800-1600	
Wednesday	December 23 rd	0800-1600	
Thursday	December 24 th	0800-1200	
Friday	December 25 th	CLOSED	Merry Christmas!
Monday	December 28 th	CLOSED	Boxing Day Holiday
Tuesday	December 29 th	0800 -1600	
Wednesday	December 30 th	0800-1600	
Thursday	December 31 st	0800-1200	
Friday	January 1 st	CLOSED	Happy New Year!
Monday	January 4 th	Normal Hours Resume	

*Please note the Community Centre Office will be closed from 1200-1300 hrs for lunch.

For information on Community Recreation call: 765-1494 ext. 5341, 5337, or 5331

14 Wing Community Library

Monday	December 21 st	1-5pm & 6-8pm
Tuesday	December 22 nd	10am -1pm & 2- 5pm
Wednesday	December 23 rd	1-5pm & 6-8pm
Thursday	December 24 th	CLOSED
Monday	January 4 th	Regular Hours Resume.

For more information about the 14 Wing Library please call 765-1494 ext. 5430

Youth Centre Holiday Hours:

Friday	December 18 th	1600-2330	Christmas Youth Dance
Saturday	December 19 th	1600-2200	
Sunday	December 20 th	1600-2100	
Monday	December 21 st	1600-2100	
Tuesday	December 22 nd	1600-2100	
Wednesday	December 23 rd	1600-2100	
Thursday	December 24 th	CLOSED	
Friday	December 25 th	CLOSED	Merry Christmas!
Saturday	December 26 th	CLOSED	
Sunday	December 27 th	CLOSED	
Monday	December 28 th	1400-2100	
Tuesday	December 29 th	1400-2100	
Wednesday	December 30 th	1400-2100	
Thursday	December 31 st	CLOSED	
Friday	January 1 st	CLOSED	Happy New Year!
Saturday	January 2 nd	1400-2200	
Sunday	January 3 rd	1400-2100	
Monday	January 4 th	Normal Hours Resume	

For more information on any of the youth programs or hours call 765-8165 or 765-1494 ext. 5341, 5337, or 5331. Seasons Greetings!

Greenwood Bowling Centre

Open Play • Christmas Holiday Schedule:

Monday	December 21 st	1300 - 1600 hrs and then 1800 - 2100 hrs
Tuesday	December 22 nd	1300 - 1600 hrs and then 1800 - 2100 hrs
Wednesday	December 23 rd	1300 - 1600 hrs and then 1800 - 2100 hrs
Thursday	December 24 th	CLOSED
Friday	December 25 th	CLOSED
Saturday	December 26 th	CLOSED
Sunday	December 27 th	1300 - 1600 hrs
Monday	December 28 th	CLOSED
Tuesday	December 29 th	1300 - 1600 hrs and then 1800 - 2100 hrs
Wednesday	December 30 th	1300 - 1600 hrs and then 1800 - 2100 hrs
Thursday	December 31 st	1300 - 1600 hrs
Friday	January 1 st	CLOSED Happy New Year!
Saturday	January 2 nd	Regular Winter Hours

Have a Happy Holiday Season from all of us at the Greenwood Bowling Centre.

For more info call 765-1494 ext 5631

Check us out www.5pinbowling.ca

TOEPICS

Greenwood Skater Qualifies for Junior Nationals

Last week our club participated in the annual 'Lights On' Celebrations at 14 Wing with a wonderful performance of the 'Nutcracker'. Skaters from all programs delighted the crowd highlighted by performances by our Senior skaters. Starring as the Nutcracker was James Hazelton, fresh from his trip to Ontario where he met his goal to qualify for the 2010 Junior National Championships in January in London Ontario. James skated a personal best performance in the short program and is working hard with hopes to break into the top 10 in his first year as a Novice competitor.

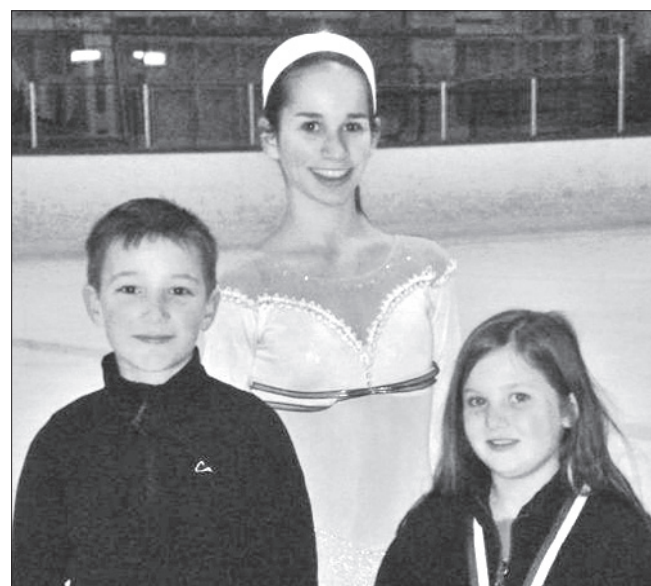
Starskaters attended the Bridgewater Open Event on December 12th. Alex Robert skated an exhibition as there were no other boys in his event. Audrey Duquette performed a strong solo in her first outing at the pre-

L-R - Alex Robert, Erika Rice Gold Medalist and Audrey Duquette Silver Medalist.
(Image submitted)

preliminary level and came home with a silver medal and Erika Rice captured a Gold with her Interpretive program 'The Olympic Dream'.

Club skaters also attended a regional Skate Canada Testing session on December 13th in Kingston. 2 skaters achieved Gold Level Standards- James Hazelton in Dance and Alyssa Aquino in Interpretive Skating.

This Sunday, December 20th, our Canskaters and their families will celebrate with a Christmas Skating party at 3:00 p.m. during the regular Canskate Session - we will be taking limited registrations for the upcoming session starting on January 3rd at that time - Hope to see you there!



James Hazelton performing his short program at the national qualifier. (Image submitted)

GMFRC • Feature of the Week

Prevention, Support and Intervention Services

Coordinator: Jennifer Hill at 765-1494 local 1811 or email at jennifer.hill2@forces.gc.ca

Lunch & Learn-Self Care Collages

Tuesday, January 12, 2010

12:00 p.m. - 1:00 p.m.

GMFRC

FREE

Registration Deadline: Tuesday, January 5, 2010

Bring a brown bag lunch

We are often busy taking care of everyone in our lives and tend to forget about ourselves. It is important to take at least 20 minutes a day to practice self care. Self care could be taking a walk, lying in bed, or having a bubble bath to name a few. For this workshop we are offering a collage making session. Supplies are provided but please bring in magazines. This is a chance to be creative and to have fun while releasing stress. Please call to register at 765-5611.

Greenwood Curling Club

Monday Night • Mens League

Tuesday Night • Ladies League

Wednesday Night • Mixed League

Day Time • Stick League

Junior League

Introduction to Curling Classes



Membership Fees (hst included)

One League (Adult) • \$125.00

Two Leagues (Adult) • \$180.00

Junior • Contact Eric MacKenzie 765-1494 ext. 5337

Spare Fee (None member curlers per game) • \$5.00

Rec Card Required at Time of Joining



AT THE INDOOR POOL

Jan 6 • 0900 - 1430

Jan 7 • 0900 - 1430

& 1630 - 1830

Jan 8 • 0900 - 1430

Adult & Children Swimming Lessons

Mon-Thur January 18-21

Sat January 23

Contact Yvonne Clarke: 765-1494 ext. 5564

Greenwood Military Family Resource Centre Offerings



Hello Zedex Patrons

Having a hard time getting a little something for your friends or just need a little stocking stuffer for that someone special, why not consider a Pre-paid Admission Card from the Zedex Theatre. New for the holidays is a four card for \$20 or the regular eight card for \$40 and the sixteen card for \$75. These may be purchased at the Zedex Theatre with cash or at The Inside Story (Greenwood Mall) using plastic.

Zedex Theatre Schedule for the rest of the year:

18 - 23 Dec
"The Blind Side"
8pm • PG

19 - 20 Dec
"Planet 51"
Matinee 2pm • PG

26 - 31 Dec
"Alvin & the Chipmunks"
The Squeakquel
Times TBA

24 - 25 Dec & evening of 31 Dec
"CLOSED"

Hope you have a safe & happy holiday season.

See You At The Movies
Zedex Theatre Staff

www.zedex.ca

Kingston Legion



BOOKLET
BINGO

Sunday, 1:45 p.m.
Tuesday, 7:30 p.m.
Regular Games - \$100

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

Lic.#
35542-96



The workshops, programs, and services offered in this issue only covers the next couple of weeks. For future and ongoing programs and services, please visit our website at www.greenwoodmfr.ca or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

Note: To keep costs down, the only methods of payment accepted for workshop registrations is cash or cheque. To ensure your spot for a workshop, payment is required at the time of registration.

Employment and Education Services
Coordinator: Kristen Lawson at 765-1494 local 1816 or email kristen.lawson@forces.gc.ca

- Ongoing Services**
- Resume and Cover Letter Creation and Modification
 - Resume Updating
 - Employment Resource Library
 - Career Assessment / Counseling
 - Job Search Assistance
 - Interview Skill Building
 - Information on Small Business Planning

- Information on the Military Family Home-Based Business Group
- Employment Computer Available
- Portfolio Development

Outreach and Community Information Services
Coordinator: Nicole Godin at 765-1494 local 5941 or email nicole.godin@forces.gc.ca

- Ongoing Services**
- Greenwood Welcome package
 - GMFRC Virtual Welcome package
 - New Arrivals Registration
 - Welcome GMFRC visit/tour and Welcome Gift
 - GMFRC Welcome Calls
 - GMFRC Email Information Newsletter
 - GMFRC Website
 - Community Information Database
 - Outreach to Reserve Units

Deployment Services
Coordinator: Ann Gaudet at 764-1494 local 5583 or email ann.gaudet@forces.gc.ca

Upcoming programs or services
Laugh Craft Connect
Saturday, January 9, 2010

10:00 am to 2:00 pm
GMFRC
Cost: Complimentary for deployed families
Registration Deadline: Wednesday, January 6, 2010
Call 765-5611 to Register
This month will be a Special Valentines Theme. We will be making pillow case Valentine's for our loved ones. Register early as we can only take 15 Deployed Adults only.

The Emotional Roller Coaster of Deployment
Tuesday, January 19, 2009
12:00 p.m. to 1:00 p.m.
GMFRC
Registration Deadline: Friday, January 15, 2009
Call 765-5611 to register.
Register early as spaces are limited and are sure to fill up quickly.
This is a lunch and learn session, so pack a healthy lunch and join us at the GMFRC.

Is your military member away?

If you have a military family member who is away (spouse, son, daughter, partner, grandchild, etc) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give us a call & we'll set you up with any of our programs/services/activities that may interest you. We do not know you're out there unless you let us know.

All of our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre, during, & post deployment information, assistance, outreach, & support to anyone who chooses to participate. Just give us a call!

* For respite childcare offerings for deployed families, see details under Children and Youth Services

Prevention, Support and Intervention Services

Coordinator: Jennifer Hill, at 765-1494 local 1811 or email at Jennifer.Hill2@forces.gc.ca

Upcoming Programs Lunch & Learn-Self Care Collages
Tuesday, January 12, 2010
12:00 p.m. - 1:00 p.m.
GMFRC
FREE

Bring a brown bag lunch
Registration Deadline: Tuesday, January 5, 2010
Max-Well Relax Casual Get Together
Thursday, January 14, 2010
9:00 a.m. - 11:00 a.m.
GMFRC
FREE
NO registration required
Drop-Ins welcome
If childcare is required contact Miss Coreen at 765-1494 ext 1817 to book your child/ren.

Rainbows
Starts Wednesday, January 20, 2010 and runs until Wednesday, April 7, 2010
(This is a 12 week program)
6:00 p.m. - 7:00 p.m.
FREE
GMFRC

Registration Deadline: Monday, January 11, 2010.

Managing Emotions (Developing Coping Skills for Youth)

Tuesday, January 26, 2010
5:00 p.m. - 7:00 p.m.
GMFRC
FREE

Registration Deadline: Tuesday, January 19, 2010

- Ongoing Services**
- Emergency Shelter
 - Assessment and Referral
 - Short Term Support
 - Crisis Intervention

Please feel free to contact me to set up an appointment to discuss any of these services or to receive more information.

Child and Youth

Services
Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Upcoming programs or services

Children's Deployment Support Group
Sunday, January 10, 2010
1:00 p.m. - 2:30 p.m.
FREE
GMFRC

Registration Deadline: Wednesday, January 7, 2010

Respite Date
Saturday, January 9, 2010
10:00 a.m. - 5:00 p.m.

Children up to age 12
Call reception to register at 765-5611. CF Families wanting to give themselves a break can register for a spot at a cost of \$25/child and \$40/two children. FREE to CF Families who currently have a partner deployed.

Registration Deadline: Thursday, January 7, 2010

Saturday, January 30, 2010

10:00 a.m. - 5:00 p.m.

Children up to age 12
Call reception to register at 765-5611. CF Families wanting to give themselves a break can register for a spot at a cost of \$25/child and \$40/two children.

FREE to CF Families who currently have a partner deployed.

Registration Deadline: Thursday, January 28, 2010

Ongoing Programs

- Youth Council - Tuesdays
- Academic Tutoring Service - ongoing
- Parent & Tot Program - Mondays
- Toddler Tuesdays Program
- Tumble Tots - Wednesdays
- Baby Club - 1st and 3rd Thursday of each month

Special Events and Promotions

Coordinator: Michelle Thibodeau Wagner at 765-... **continued next page.**

Haven't yet visited the Learning and Career Centre?

Are we still the best-kept secret on the Base?

If you are a **military member or civilian** employee, you have access to all services the LCC offers.

VISIT OUR WEBSITE

<http://hr.ottawa-hull.mil.ca/lcc-cac/>

or drop in!

We are located on the upper level of the Birchall Training Centre

We're so much more than just courses:

- Career Development/Advisory
- Learning Advisory
- Personal and Professional Development Courses
- Computer Courses
- Loaning Resource Library
- Internet Café
- Book Club
- Career and Learning Software

Want to relax on your lunch hour?

Why not drop over and browse our shelves, lounge while watching a video, borrow a book and listen to your favourite tunes, surf the net on our high-speed internet computers, or simply drop in and say hello.

You're always welcome!

Why not drop in and check us out!

We're open daily

Monday to Friday, from 0800-1600 hrs
(including lunch hour).

Does Your Child Know the Story of David and Goliath?

What about Moses and the deliverance of an entire nation out of slavery? Or the timeless teachings of Jesus and his works of compassion and healing?

Announcing... St. Mark's YAHOO! (Youth Adventure Hero Organization).

If you are interested in your children knowing and appreciating some of the greatest stories of all time, then **St. Mark's YAHOO!** is for you. Whether your motivation is for your child's faith development or simply a cultural appreciation of Biblical events, **YAHOO!** will help.

Who - Children Ages 4 - 13

What - Activities / Stories /

Crafts to help explore our God

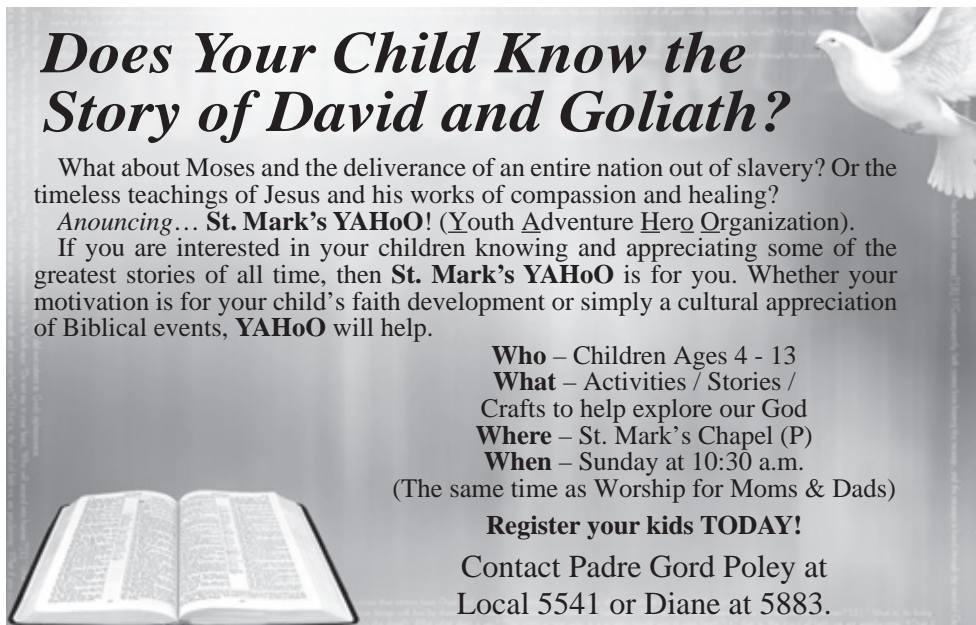
Where - St. Mark's Chapel (P)

When - Sunday at 10:30 a.m.

(The same time as Worship for Moms & Dads)

Register your kids TODAY!

Contact Padre Gord Poley at
Local 5541 or Diane at 5883.





Greenwood Bombers Win Gold

At the Clare Hockey Tournament held on December 12-13, 2009, the Greenwood Bomber Pee Wee Rep team won the gold medal by defeating the Clare Acadians by a score of 2-1 in the final and deciding game. After losing the first game against the same Acadians by a score of 5-3, the Bombers bounced back and won their second game against the Digby Ravens by a score of 10-0. They then defeated the Acadia Axmen 5-0. The Greenwood Bombers goaltender Tristan Backhouse was named the MVP in the final game.

Submitted by Pillman.

(Image by: Yvon Lévesque)

Tuesday's "Story Tree"

Tuesday morning "Story Tree" group enjoy making gingerbread men with Miss Donna at 14 Wing Library.



... offerings continued.

1494 local 1421 or email michelle.thibodeau-wagner@forces.gc.ca

Ongoing Services

- Red Friday Promotions
- Yellow Ribbon Campaign
- Support our Troops Awareness Campaign
- Military Families Strength Behind the Uniform Campaign
- GMFRC and Community Special events planning
- Morale Mail Packages to the Troops

Volunteer Services
Coordinator: Janie Gagnon
at 765-1494 local 5938 or email at janie.gagnon@forces.gc.ca
Volunteer Opportunities

Prepare a List of Fun Things to Do in the Annapolis Valley ASAP

Daytime TBD
GMFRC

Volunteers Needed: 2
Make a list of fun things to do in the valley for welcome packages and newcomers

Warm Line Callers

A Warm Line Caller is a volunteer who has been trained by the GMFRC to provide a monthly call to families of a deployed member. The call is a wonderful way to connect with the families and

to also inform them about the programs and services at the GMFRC. Two to three hours per month

Tutors

To provide educational assistance to children enrolled in elementary, junior and high school that are experiencing

difficulties with a particular subject. You must enjoy working with children and have a comfort level in the subject area.

One hour per week – for 7 weeks.

* Suitable for our awesome Youth Volunteers!

Annapolis Café

14 Wing Food Services

All Prices include HST • Effective 30 Sept 09

Breakfast Full.....\$5.74

Breakfast Lite.....\$3.45

(Beverage & Toast or Cereal)

Lunch Full.....\$11.48

Lunch Lite.....\$6.90

(Beverage, Soup or Salad; Choice from A La Carte menu or Sandwich; French Fries and Fruit or Cookie)

Dinner Full.....\$11.48

Dinner Specialty (Steak Night, etc.). \$14.35

Meal Hours

Breakfast.....0600 - 0900

Weekend & Holidays.....0600 - 1100

Weekend Brunch.....1100 - 1315

Lunch.....1100 - 1315

Dinner.....1600 - 1830

OPEN TO AUTHORIZED PATRONS ONLY

Lions Fall Raffle

We would like to thank the public for supporting our Lions Fall Raffle with congratulations to our winners.

The first draw supported by Zellers of Greenwood went to Ross Haynes from Bridgetown, second draw supported by Canadian Tire Greenwood went to Hanna Kendall and her mom Lisa and our third draw supported by Sobeys of Greenwood went to Dave Shears of Kingston.



Lion Ron Osmond presents the 3rd draw winner with a gift certificate for \$400.00 to Dave Shears of Kingston.



Fall Raffle chairman Lion Russell Maillet left presents a gift card valued at \$400.00 to the first draw winner Ross Haynes and Lion Ron Osmond right, presents the second place draw gift card valued at \$400.00 to Hanna Kendall and her mom Lisa.



14 Wing
Greenwood

The Program

Acadia University's Certificate in Business Management will provide you with a thorough knowledge of the functional areas of management. The program is open to military personnel, DND civilian (public and non-public) employees, and members of the surrounding community.

Advantages

- **ON BASE:** No travelling — all courses will be available to you in Greenwood.
- **ADVANCED STANDING:** Possible credit for ILQ, PLQ, and OPME courses.
- **LEARN FROM THE BEST:** All courses are taught by Acadia University faculty.

Register NOW!

Starting in January:
Empirical Analysis in Economics and Business Jan. 21 – Apr. 15

Starting in April:
Organizational Theory Apr. 20 – June 29
Operations Management Apr. 22 – July 1

Online courses are available anytime and include:
Cross Cultural Management, Introduction to Business, and Financial Accounting

Contact

For more information, contact the Wing Personnel Selection Officer (WPSO):
W14.wps0@forces.gc.ca • (902) 765-1494, ext. 5528

More information is also available on our website:
<http://14wing.openacadia.ca>
1-902-585-1434 • 1-800-565-6568



HOROSCOPES

December 20 to December 26

December 27 to January 2

ARIES - Mar 21/Apr 20

Here are a few days when you can have your cake and eat it too, Aries. Taking charge or assuming a new responsibility should go very well this week.

TAURUS - Apr 21/May 21

You find clarity and romance this week, Taurus, and it's certainly fine by you. Problems that seemed difficult to smooth over all but disappear in the next few days.

GEMINI - May 22/Jun 21

This week stressful influences recede and there's an emphasis on romance and fun, Gemini. Put on your party clothes and take that special someone for a night out on the town.

CANCER - Jun 22/Jul 22

Cancer, this week you will be fun company and able to generate a great mood among others. An idea you thought was crazy could gain lots of steam.

LEO - Jul 23/Aug 23

If you've made any recent gaffes, Leo, this week you have the opportunity to reverse what you have done. You will also find that critics become admirers. Imagine that!

VIRGO - Aug 24/Sept 22

After a few sketchy days, things change for the better, Virgo. Highly beneficial influences should boost work and cashflow. Romance also blossoms.

LIBRA - Sept 23/Oct 23

This week should be a walk-in-the-park type of week, Libra. Enjoy the break you will be getting and take a deep breath of fresh air. Work issues are resolved on Friday.

SCORPIO - Oct 24/Nov 22

Travel plans are in your future, Scorpio. Now the only trouble is figuring out where to go. Use the week to scour the Internet or touch base with travel agents.

SAGITTARIUS - Nov 23/Dec 21

If you take advantage of the fun aspects of the week, Sagittarius, you can enjoy being the center of attention. Just don't let the fun go so far that you forget your responsibilities.

CAPRICORN - Dec 22/Jan 20

For a while you have been treading on eggshells, Capricorn, but you don't have to worry about doing that this week. Let your hair down and don't worry about anything.

AQUARIUS - Jan 21/Feb 18

Things should become clearer and easier this week for you, Aquarius. That uphill struggle will be more of a downhill dash. A domestic matter comes to the forefront.

PISCES - Feb 19/Mar 20

Cash matters should improve, Pisces, but not enough that you can spend frivolously. Pursue cost-effective recreation.

FAMOUS BIRTHDAYS

DECEMBER 20
David Cook, Singer (27)
DECEMBER 21
Samuel L. Jackson, Actor (61)
DECEMBER 22
Jordin Sparks, Singer (20)
DECEMBER 23
Cory Haim, Actor (38)
DECEMBER 24
Stephanie Meyer, Author (36)
DECEMBER 25
Dido, Singer (37)
DECEMBER 26
Lars Ulrich, Drummer (46)

ARIES - Mar 21/Apr 20

Others recall your laughter and smile, Aries, but lately you haven't had people at ease. Think about how you've been projecting and make a change.

TAURUS - Apr 21/May 21

It's okay to feel worn out, Taurus. You have been keeping up a pace not many others can manage. In a few days you'll be able to slow down and enjoy some rest.

GEMINI - May 22/Jun 21

Someone in your life turns your schedule topsy-turvy, Gemini. Luckily you are able to bounce back quickly and get on track. Take a look at your finances on Wednesday.

CANCER - Jun 22/Jul 22

Sometimes a look in the mirror can be a real eye-opener, Cancer. And there can be moments when you don't like just what you see. Luckily you can always make a change.

LEO - Jul 23/Aug 23

Take care with the words you say, Leo, because someone takes them the wrong way and you're left in a pot of hot water. It'll take some back-pedaling to recover.

VIRGO - Aug 24/Sept 22

There's so much you want to get accomplished, Virgo, but you find that there's just not the time. Fortunately this week you can find some hours for your chores.

LIBRA - Sept 23/Oct 23

Stop complaining about the things you can't change, Libra, and start changing the things you can. Get your mind wrapped around a project and other thoughts will vanish.

SCORPIO - Oct 24/Nov 22

It's not like you to be indecisive, Scorpio. When you are called upon to make a decision you should have a firm answer ready. Spend some time considering the options.

SAGITTARIUS - Nov 23/Dec 21

You may feel like running away from your problems, Sagittarius, but they'll just be here when you return. Facing them head-on will enable you to move on to other things.

CAPRICORN - Dec 22/Jan 20

Enlist the help of a friend to tackle some busy work that has been piling up, Capricorn. Don't be compelled to micromanage, either. Just find a trustworthy helper.

AQUARIUS - Jan 21/Feb 18

You can't blame others for your shortcomings, Aquarius. It's time you owned up to your decisions and take responsibility for the actions you have made.

PISCES - Feb 19/Mar 20

It'll take a lot of effort to wipe the smile off your face this week, Pisces. You'll find you're in a super mood.

FAMOUS BIRTHDAYS

DECEMBER 27
Kokie Roberts, Reporter (66)
DECEMBER 28
John Legend, Singer (31)
DECEMBER 29
Jude Law, Actor (37)
DECEMBER 30
LeBron James, Athlete (25)
DECEMBER 31
Tim Matheson, Actor (62)
JANUARY 1
Verne Troyer, Actor (41)
JANUARY 2
Kate Bosworth, Actress (27)

HEAVY TOWING

STEVE MORSE

LIGHT ROADSIDE

902-825-7026

LOCALLY OWNED & OPERATED

www.morsetowing.ca

24 HOUR SERVICE

FOR YOUR INFORMATION

UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS
FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

Second Language Service

Coordinator/Coordonnatrice: Janie Gagnon at / au 765-1494 local / poste 5938 or email / courriel : janie.gagnon@forces.gc.ca
GMFRC Second Language Training (Winter Session 2010)
Dates: Tuesday, January 12, 2010 to Friday, March 26, 2010
Duration: 10 weeks for a total of 60 hours (three hours twice a week)
Location: Birchall Centre on the Base, 2nd floor.
Cost: For military spouses, Canadian Forces members, and dependants over 14 years of age: \$50.00 refundable upon completion of 85% of classes
All other participants: \$100.00

(Free childcare is offered to Military Families during GMFRC casual childcare hours)
Registration deadline: Before Thursday, January 07, 2010 at the GMFRC reception.
Limit of 10 students per class – register early to avoid

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-12:00	Not available	Not available	English Module 4&5 French Module 1	Not available	English module 4&5 French module 1
1300-1600	Not available	Open depend on registration	French Module 5 English Module 1	Open depend on registration	French Module 5 English Module 1
1800-2100	Not available	French module 2	Not available	French module 2	Not available

Overeaters Anonymous (OA)

Overeaters Anonymous is a fellowship of men and women who through shared experience and mutual support are recovering from eating disorders that include Bulimics, Anorexics and Overeaters. No dues ...no fees ...no weigh-ins. We are not a diet and calories club. Every Friday at 7:30 p.m., the Kingston Freedom Group meets at the Multi-Addiction Centre Society (MACS), 2080 Bishop Mountain Road, North Kingston. For more information, contact Lorraine at 681-0613. To learn more, visit www.oa.org.

Christmas Eve Service

A Christmas Eve Service will be held at New Beginnings Center in Greenwood on Dec. 24th at 7:00 p.m. Come and join us for an hour of music, carol singing and a drama from the young people.

Discover the Magic of

Reading

...visit 14 Wing Library

Located at AVM Morfee Centre, School Street

Monday 1-5pm & 6-8pm

Tuesday 10am-1pm & 2-5pm

Wednesday..... 1-5pm & 6-8pm

Friday..... 12-4pm

* Sunday 1:30-4pm

Merry Christmas and

Happy New Year

to all of our library patrons

and volunteers.

Enjoy the holidays! See you in 2010.

Judy and Liz

765-1494 Loc. 5430

24 hour drop-off box • Phone for Renewals • Closed on holidays and holiday weekends throughout the year.

The Aurora newspaper

PRESENTS... FIND & WIN

Just Fill in The Blanks. Three Easy Ways to Enter.

1. Through our website: www.auroranewspaper.com

2. Fax: 765-1717 3. Drop into our office located on School Road (Morfee Annex)

No Central Registry or Canada Post please.

Deadline: Noon, Wednesday, December 30, 2009.

Make sure you include your full name and phone number.

NAME	PHONE NUMBER
Limited to one win in a TWO MONTH PERIOD.	
The winner will be drawn randomly from all correct entries. Only one entry per family per week.	
Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!	
1. What does Jeff's Pump Repair fix _____	
2. Where can you buy a frying pan for 71% off _____	
3. Fireworks are on sale for 99 cents where _____	
4. When is the New Years Eve levee at End of the Line Pub _____	
5. Whose business is located at 1481 Bridge Street Kingston _____	

Pizza Delight

Since 1988

This contest is brought to you by:

Pizza Delight, Greenwood

765-4477

Congratulations to last week's winner: DANNY HAYDEN

The 107 Valley Wing

904 Central Ave. Greenwood



Air Force Association of Canada

Open to ALL Members, Serving or Retired, of the

• CAF • Reserves • RCMP •

• Public Service • RCAC •

• Members & Guests •

Do you enjoy a good time in a friendly relaxed atmosphere?

Drop into the 107 Valley Wing and meet our friendly members and staff.

We are open 7 days a week for your convenience.

We are looking for new members!

For more information call 765-8415 after 12:30 p.m.

We also have Catering Service for your Weddings, Section Parties or other celebrations.

Cours de langues secondes

Dates: Mardi, 12 janvier 2010 au vendredi, 26 mars 2010
Durée: 10 semaines pour un total de 60 heures (trois heures, deux fois par semaine).
Endroit: Centre Birchall
Coûts: Pour les conjoint(e)s des membres des FC, dépendant(e) s de militaires qui ont 14 ans et plus, et membre des FC, 50\$ remboursable après avoir complété au moins 85% du cours.
Pour les autres participants: 100\$ (Garderie offerte gratuitement pour les familles militaires durant les heures d'ouverture du service de garde du CRFMG)

Date limite d'inscription: Avant le jeudi 07 janvier 2010 à la réception du CRFMG.
Seulement dix étudiants par classe – inscrivez-vous le plus tôt possible!
Test de Placement: Contacter Sheila Dubé au 765-1494 poste 5230
Autres Information: Un minimum de 5 étudiants militaires ou épouses de militaires requis pour débiter une classe.
Téléphone: Réception 765-5611
Horaire: Sujet aux changements afin de répondre aux demandes des étudiants.

	Lundi	Mardi	Mercredi	Jeudi	Vendredi
0900-1200	Non disponible	Non disponible	Anglais Module 4&5	Non disponible	Anglais Module 4&5
			Français Module 1		Français Module 1
1300-1600	Non disponible	Ouvert dépend des inscriptions	Français Module 5	Ouvert dépend des inscriptions	Français Module 5
			Anglais Module 1		Anglais Module 1
1800-2100	Non disponible	Français Module 2	Non disponible	Français Module 2	Non disponible

Loan Consolidation

Short term Loan

Prepaid Credit Cards

Cheque Cashing

easyfinancial™ services

Borrow up to \$3,000 Today!

No credit report refused*

963 Central Ave • Greenwood • tel. 902.765.9179

easyfinancialservices.ca

*Loan and loan amount may be subject to application approval. Payment plans are based on your paydays and can be bi-weekly and semi-monthly. Loans are based on a 6 to 18 month term. Call for details.

ComParrot®

by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?

www.comparrotpuzzles.com

© 2009 Bonnie J. Malcolm

Solution: 1. Snowman's arm is missing. 2. Girl's headband is hidden. 3. Scarf appears on snowman. 4. Branch behind reindeer is missing. 5. Coat pocket is colored in. 6. Snowman's hat is colored in. 7. Reindeer's ear has moved. 8. Chimney on cabin has moved. 9. Fence rail has moved. 10. Carrot on ground has moved. 11. Cloud is upside down. 12. Reindeer's tail is different.

Com Parrot brought to you compliments of:

'STAGE 2'

Appliance expert

Sales & Service

• Sofa Gallery • Mattress Centre • Furniture & Appliances

963 Main Street Port Williams

542-7888 or 1-800-257-6314

Mon-Wed: 8-5:30 Thurs-Fri: 8-9 Sat: 8-4

PATRICK'S PUZZLE

What's the Difference?

There are five things different between Picture A and Picture B. Can you find them all?

A

B

Answers: 1. clock says "12" 2. streamer missing 3. woman's dress is white 4. hat says 2010 5. missing champagne glass

Patrick's Puzzle brought to you compliments of:

TELUS

authorized dealer

Cellular Sales & Service

Authorized Product Care Centre

765-2415

County Communications

Greenwood Mall

Canadiana Crossword

HOH OHO

By Bernice Rosella and James Kilner

Solution page 22

ACROSS

1 Tuque

4 Something taken on Santa's knee

9 Mahal

12 Sturdy tree

13 Of ancient Greece

14 Airline info

15 Popular Christmas gift

17 Place

18 Centre and gram preceeder

19 The Magi, for instance

21 Lo and

24 Chicken ailment

25 Beef cube

26 Listening device?

28 Sierras Christmas destination

31 World web clutter

33 Biblical yes

35 Stock market reverse

36 Rumanian round dance

38 Christmas home away from home

40 Boxing day necessity

41 Beat mercilessly

43 Cussed

45 Natural

47 Sign at popular theatres

48 magnon

49 Spiels

54 That man's

55 Hall decking

56 Caustic

57 Reindeer treat

58 Porosis and therapy beginning

59 Place to go at lilac time

7 Titration unit

8 Wildcat

9 A Christmas connection

10 Perfume base

11 Yankees opponent

16 Co. leader

20 Double

21 Baloney

22 PNE or CNE

23 Part of a Christmas landscape

27 Rupees, abbr.

29 Narrow ridges

30 Spot

32 Barley

34 Believer

37 Santa's Postal Code

39 Gully

42 Aircraft stabilizers

44 Partner of neither

45 Reverberation

46 Opera number

50 Elev.

51 Kind

52 Ogle

53 Mend

DOWN

1 Ad

2 Sigh of relief

3 Boxing ref's call

4 Populate

5 season

6 Palm leaf paper

Weekly Crossword brought to you compliments of:

Peter Hebb at 59 Webster St., Kentville, N.S.

1-800-565-2605

Cell: 825-8157

Valley Stationers Ltd.

Much More Than Staples, Pens & Paper

Classified Ads

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX or Debit or Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

To place a Classified Ad by Word Count call Candace Ernst at 765-1494 local 5440. The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to aurora@auroranewspaper.com. Fax: 765-1717.

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.

FOR SALE

FOR SALE – Kerosene Heater. 10,000 BTU. Works great. Asking \$50.00. Phone 765-8954. (3051-1tpb)

C. HANSON DOWELL, Q.C.
250 Main St., Middleton
825-3059

PARKER & RICHTER

Barristers, Solicitors, Notaries

Chris Parker L.L.B.

Ronald D. Richter

(B.A. Hon.), L.L.B.

Southgate Court,

Greenwood N.S.

Phone: **902-765-4992**

Fax: **902-765-4120**

"Serving the Western Valley Since 1977"

RALPH FREEMAN 
MOTORS LTD.

YOUR LOCAL USED CAR DEALER
Licensed Mechanic Available on Site

• Rust Check
• U-Haul Dealer
www.freemansautosales.com

820 Main Street, Kingston
765-2544 765-2555

All Beauty Siding & Roofing Ltd.

EXTERIOR EXPERTS

MIKE COLE

Roofing, Siding, Windows & Doors, 5' Seamless Gutters
Serving the Annapolis Valley for over 25 years!

Phone: (902) 847-2798

Fax: (902) 847-0506

Kingston



FOR RENT

FOR RENT – 2-bedroom apartment for rent in Hollow, Middleton. Hot water included, fridge, stove, and low electric bills. Ready now. Phone 825-3424 or 825-2606 (3049-3tp)


Barristers • Solicitors • Notaries
Stephen I. Cole, LL.B.
Craig G. Sawler, LL.B.
264 Main Street, Middleton, N.S.
Tel: 902-825-6288
Fax: 902-825-4340
Email: info@colesawlerlaw.ca
Website: www.colesawlerlaw.ca
Evening and Weekend Appointments Available

Durand, Gillis & Schumacher Associates
Barristers, Solicitors, Notaries
W. Bruce Gillis, Q.C.
Blaine G. Schumacher, CD
(Also of the Alberta Bar)
Counsel:
Clare H. Durand, Q.C.
(Non-Practicing)
Phone (902) **825-3415**
Fax (902) **825-2522**
74 Commercial Street
P.O. Box 700
Middleton, NS
B0S 1P0

FOR RENT – 2-bedroom unit with garage. Fridge, stove, dishwasher and fireplace. Heated bathroom floor, sit-down shower and whirl pool tub. Lawn care and snow removal. Available Jan 2010. \$895.00 a month. Call 825-3424 or 825-2606. (3049-3tp)

FOR RENT – Located in Kingston. Small Bachelor house. Utilities included. \$525.00 per month. Phone 847-5046 (3049-3tp)

Valleywide In-Home Computer Repair

Offers a full range of services in the comfort of your home

- Upgrades • Sales •
- Networking • Tutoring •
- Pickup/Return •
- Laptop Repair •
- Eve-Wkend Appointments •
- Drop-off in Aylesford •


For Fast, Economical, Convenient Service ~ Call Valleywide ~ 844-2299

FOR RENT – Large one bedroom apartment located at 1320 Bridge St., Kingston. \$370.00 a month. Utilities extra. Call 765-6929 (3050-2tp)

FOR RENT – 4 bedroom, newer home on large private lot. Wood and electric heat. Ceramic and hardwood floors throughout. 10 minutes from Greenwood/ \$700.00 a month plus utilities. Call 847-0186 after 5 p.m. (3050-3tp)

FOR RENT – Spacious 2-Bedroom apartment in quiet Greenwood

Future Glass and Mirror Ltd.
Sampson Dr., Greenwood
902-765-2105
SPECIALIZING REPAIRS/ REPLACEMENTS OF WINDSHIELDS
ALSO: *plateglass *mirrors *plexie glass * vehicle accessories * window & screen repairs
Many Used Windshields Available at Reduced Prices
"INSURANCE CLAIMS OUR SPECIALTY"

 **Cam's Cab**
Get your friends and family home safe this Holiday Season with Gift Certificates from Cam's Cab
760-0293
7 DAYS A WEEK

JASON BEZANSON
ROOFING & CONSTRUCTION
9594 South Farmington
RR1 Wilmot, NS B0P 1W0
840-0552
Specializing in Roofing • Free Estimates

David A. Proudfoot
Barrister * Solicitor * Notary
811 Central Avenue, PO Box 100
Greenwood, NS B0P 1N0
Email: dap@davidproudfoot.com
Web: www.davidproudfoot.com
T: 902-765-3301 F: 902-765-6493

Sub. Non-smoking. Fridge, stove, washer/dryer hook-up. Lawn care & snow removal included. Available Jan 1. No Dogs. \$475.00 per month plus utilities. Call 844-0432 (3050-ufn)

FOR RENT – 2 Bedroom duplex with fridge and stove included. Located in Forest Brook Subdivision in Kingston. \$475.00 a month plus utilities. Available Jan 1, 2010. Phone 765-2421 (3051-ufn)

FOR RENT – Very Nice 3 Bedroom large mobile behind Greenwood Mall. Included large add-on, fridge, stove, washer, dryer, and two on-site sheds. \$650.00 per month plus utilities. Available Jan 1, 2010. Call Sue Tidman at 765-4206 (3051-ufn)

FOR RENT – New 3 Bedroom house in

HEAT PUMPS
Commercial Refrigeration Maintenance
Jeff's Repair Shop
B: 765-8104 • C: 760-0403

Steve Lake's Light Trucking
Moving & Deliveries
16' Cube Van
844 0551

Work from Home
Operate a Mini-Office Outlet from your Home computer
Free Evaluation.
www.see-it-do-it.com

DAN'S FIREWOOD
Hardwood, \$180 a cord
Softwood, \$140 a cord
Cut, Split, Delivered
Ph: 825-6424

Nictaux. \$750.00 a month plus heat and lights. Phone 844-0606 (5051-2tpb)

FOR RENT – 2 Bedroom apt with attached garage in 4 Plex in Bridgetown Included washer, dryer, fridge, stove, dishwasher, microwave, lawn care and snow removal. Very quiet area. Available Jan 1 2010. \$825.00 Phone Joan 765-4400 (3049-3tpb)

FOR RENT - Retirement apartments. New, 2 bedroom units in seniors complex Kingston. Ground level, walking distance to all amenities. \$690.00 per month plus utilities. Guaranteed no rent increase. Call 1-902-825-6929. (3045-7tpb)

SERVICES
SERVICE – Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs,

Abatement
Massage Therapy Clinic
Registered Therapists in a quiet professional environment. Across from Greenwood Mall (Beside Miss Kelleys)
765-8500

GUITAR GURU GUITAR LESSONS
Play & Learn in our comfortable home studio
Electric or Acoustic Guitar
All ages, all styles of music
Beginner to Advanced
Over 26 years experience
Call Steve 825-6553

VALUABLE COUPON
Complete Mobile Service
• repairs
• replacements
• truck sliders
CHARLIE'S AUTO GLASS
\$100 OFF DEDUCTIBLE
FOR INSURANCE WINDSHIELD CLAIMS
Middleton: 825-3659 or Digby: 245-8165

tile work and more. Reasonable rates – flexible hours Call Mike at 242-2465 Greenwood/Kingston (3024-ufn)

DROP & LOCK STORAGE – Kingston/ Greenwood's newest building, clean, secure self storage your lock—your security code sizes: 10' x 10' or 5' x 10' 847-1405 or 760-0278. (2903-Bufn)

SERVICE – Self Storage located in Kingston, units available 5'x12', 5'x13', 8'x10'. Prices vary call 825-3607. (2931-Bufn)

SERVICE – VALLEY CANVAS CONVERTERS – Winter is coming & now is the time to prepare for summer. We specialize in manufacturing tarps, camping gear, roll out awnings, gazebo tops and "more." We also do repair work. Located at 675 Main St Kingston or call 765-6477 (3050-2tpb)

FOR SALE FIREWOOD
Clear Hardwood
Cut, Split and Delivered
Quality Guaranteed
Please Phone
825-3361

ENGLAND WE BUY FURNITURE
By the piece or lot.
We do local moving
765-4430
812 Maple Street Ext., Kingston

Crossword Solution

H	A	T		P	H	O	T	O		T	A	J
O	A	K		E	O	L	I	C		E	T	A
C	H	O		C	O	L	A	T	E		L	A
				E	P	I				E	L	D
B	E	H	O	L	D					R	O	U
O	X	O		E	A	R				T	A	H
S	P	A	M		Y	E	A			L	O	S
H	O	R	A	H		S	P	A		N	A	P
				F	L	O	G			O	R	N
E	A	R	T	H	Y					S	R	O
C	R	O				O	R	A	T	O	R	I
H	I	S				H	O	L	L	Y		L
O	A	T				O	S	T	E	O		K

*If you want to drink ~ That is your business
If you want to stop drinking ~ We can help.*



AA meetings every Tuesday at 8 p.m.
at St. Mark's Protestant Chapel

Yoga Classes in the New Year

Have you been wondering what the Yoga Hype is all about? Looking for a New Workout routine for the New Year? If so, please stop by the Multi-purpose room in the gym Thursday mornings from 0730-0830 to check it out. Classes are lead by Aprill Denney, Physical Exercise Specialist and Certified Yoga Teacher and are taught in a way to suit everyone from beginner to advanced participants. If you attend these sessions, you

are guaranteed to get a great workout for your mind, body and spirit. The class involves strengthening and stretching as well as relaxation. What a great way to start your day! Regular attendance is encouraged but not mandatory so feel free to come and see what it's all about. Classes will resume in the New Year on Thursday January 14th.

For all you Civilians, I will be starting another Beginner Flow class on Monday's from 4:30-5:30pm. This class is

for people with some yoga experience; we will go over some of the fundamentals on postures and learn how to deepen your yoga practice with breathing techniques. The style of the class is Kripalu a discipline of Hatha yoga, which emphasises mental as well as physical health and in the true spirit of yoga, these classes will place an equal emphasis on the development of body, mind, heart and spirit. The classes also take on a slight Vinyasa flow, and can

be very challenging. It will be a great opportunity to explore yourself both physically and mentally while working with your Edge. Classes will begin Monday January 11th and the sessions will continue for 8 weeks. You must be pre-registered for this class, please contact me as soon as possible as space will be limited. I'm looking forward to another great session!

Aprill Denney 765-1494 ext 5651 email: Aprill.Denney@forces.gc.ca



GMFRC • Feature of the Week

Children and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Respite Date

Saturday, January 9, 2010
10:00 a.m. – 5:00 p.m.

Cost: FREE to CF Families who currently have a partner deployed.

Members of the Defense Team can use this service at a cost of \$25 for one child and \$40 for two children or \$50 for families with three or more children.

GMFRC

Children up to age 12

Registration deadline: Thursday, January 7, 2010

The GMFRC offers Respite Childcare Services that will assist CF families during a deployment as well as for the challenges this unique lifestyle may bring. The GMFRC understands that finding short-term childcare in our area can be difficult; therefore we are pleased to offer this service to all CF Families who would like to take some time for themselves without having the stress of trying to find a babysitter for a few hours. Maybe you want to have a lunch date with you spouse, do some grocery shopping, or simply take time just for you. Families wanting to take advantage of this service can do so by coming into the GMFRC and registering with our receptionist. Space is limited due to the age and number of children in care. Priority will be given to deployed families. If you have any further questions, you can call reception at 765-5611.

GMFRC • Feature of the Week

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at Gagnon.JMC@forces.gc.ca

Tutors

To provide educational assistance to children enrolled in elementary, junior and high school that are experiencing difficulties with a particular subject. You must enjoy working with children and have a comfort level in the subject area. One hour per week for 7 weeks.

CRFMG - Publicité de la semaine

Service de benevolat

Coordonatrice Janie Gagnon au 765-1494 local 5938 ou courriel à Janie.Gagnon@forces.gc.ca

Intervenants de la Ligne de réconfort *

Un intervenant de la Ligne de réconfort est un bénévole formé par le CRFMG pour appeler tous les mois les familles des militaires en déploiement. L'appel est une merveilleuse façon de créer un lien avec les familles ainsi que de les informer des programmes et services du CRFMG.

Greenwood Military Aviation Museum

"Saving your past for your future"

June to August
7 days a week • 9 am to 5 pm
September to May
Tuesday to Saturday • 10 am to 4 pm

We invite you to drop in and see what a difference a year makes! Join the thousands that have visited the museum over the past year and see the "new and improved facilities".

For that "hard to find item for that someone special" browse in the **Museum Store** for items such as mess dress items, videos, books, badges, clocks, flags, licence plates, clothing, lapel pins, caps, limited edition prints and an extended selection of models, decals and paints. Remember us for your medals and mounting requirements. If we don't have it, we will order it!

The display aircraft are now part of the museum complex and are located next to the parking lot.

The museum is now located in the Canex building, East Side, and remember:

Admission is free!

For further information, contact the museum at 765-1494 local 5955. Meet you at the museum!

Publication Dates & Deadlines



The Remaining Publication Dates
for 2009 & Deadlines for all
Advertising, Classifieds, Editorial,
Articles & Photos are the following:

28 Dec 09 – NO NEWSPAPER

The office will be Closed from
22 Dec to 28 Dec 09 • Open 29 Dec

The first issue of 2010 is
04 Jan 2010 • Deadline 29 Dec 2009

If you have any questions please give
Anne a call at 765-1494 ext 5833

A New Arrival!

The Parent and Tot program at the GMFRC welcomed Zoe Fischer, the newest and youngest member of our group today (6 days old) to our annual Christmas Potluck. Zoe's mom Tracey and Big Sister Layna have been with us for a few years now and we gladly welcome her to our group. Of course we cannot forget dad Tryg and big brother Quinn who although are not in the picture are still a very important part of this lovely family. We would like to wish the Fischer's and all of our parent and tot families a wonderful holiday season and a joyous and safe new year.

Submitted by: Coreen Penny, GMFRC Childcare Director

WINTER HOURS AT THE GREENWOOD BOWLING CENTRE

League Bowling Available

• Ladies • Mixed • Mens • Youth • Coffee League •

Prices • Adults - Non-Rec. Card \$2.50

Rec. Card holder \$2.00

Kids under 18 - Non-Rec. Card \$2.00

Rec. Card Holders \$1.75

Group Rate Per person \$1.85

Shoe Rental Per Person \$2.00

Note: prices are per game and tax Included

Glow Rate \$20.00 per hr/per lane (max 6 people) Shoes Included

Bowling Times

Monday	1-4 p.m.	All you can Bowl \$5.00
	6-9 p.m.	All Games \$1.50
Tuesday	1-4 p.m.	All you can Bowl \$5.00
	6-9 p.m.	Men's + Open play
Wednesday	1-4 p.m.	All you can Bowl \$5.00
	6-9 p.m.	All Games \$1.50
Thursday	1-4 p.m.	Intersection
	6-9 p.m.	Open play
Friday	1-4 p.m.	Open play
	6-10 p.m.	Cosmic (Glow Bowl)
Saturday	1-4 p.m.	Open play
	6-10 p.m.	Open play
Sunday	1-4 p.m.	Open play
	6-9 p.m.	Mixed League + Open Play

Prices & Times May Vary Due to Lane Availability
Licensed for your Enjoyment

For more information or to reserve your lanes,
Ph: 765-1494 ext 5631 • www.5pinbowling.ca

14 Wing Community Centre, Building 110 Church Street.

Down to the Wires

14 Air Maintenance Squadron goes beyond its normal maintenance activities to perform an extensive modification of the Aurora.

The daily routine for 14 Air Maintenance Squadron (AMS) involves readying the Aurora for flight, performing maintenance on the aircraft and many of its systems. Often these tasks are not routine, as the aging aircraft develops problems not seen before, or the ongoing Aurora Incremental Modernization Program (AIMP) throws the hardworking technicians' new issues to solve. Lately, any notion of that routine has gone out the window for a number of technicians, as they performed the installation of the Overland Equipment Mission Suite (OEMS) into five aircraft in the fleet.

A team under the guidance of Warrant Officer (WO) Glen Hussey performed this work. WO Hussey was kept quite busy, as he managed personnel performing the install, liaised with the Project Director, Major (Maj) Bruce Conlin, and co-ordinated with external agencies providing parts and engineering support. Normally, modifications of this extent would be carried out by a contractor, where many of these functions would reside under one roof.

The team consisted primarily of Avionics (AVS) technicians from several sections of 14 AMS, as well as Aviation Systems (AVN) technicians and Aircraft Structures Technicians (ACS). Invaluable assistance was provided by the team of technicians from Maritime Proving and Evaluation Unit (MP&EU), lead by Sergeant Brian Venables.

14 AMS was given the task and began with the installation of the prototype aircraft in May of 2009. There was a steep learning curve involved, however the technicians worked through it and produced excellent results. When the Project Management Office for AIMP had its inspectors carry out the first Physical Configuration Audit on the installation, according to Maj Conlin they were "incredibly impressed with the quality of the installation". This team, which inspects all Aurora aircraft after modifications and overhauls by contractors, discovered only minor issues, which were fixed on the spot.

This was followed by a period of flight testing of the new installation by MP&EU. Following this testing of the prototype, the installation team ramped in August for production of the



Cpl Nick Charlton works on a wire bundle in the overhead area.

(Image by: Pte Vicky Lefrancois, 14 AMS\Wing Imaging)



remaining 4 aircraft. Completion of the final aircraft wrapped up on the 8th of December, and was followed by a successful test flight.

The installation itself involved stripping out much of the mid section of the cabin area, where the crew stations are located. Display units, control panels and coverings were removed for access to the areas where wire runs snake through the aircraft's interior. The installation involved the routing of approximately 2000 feet of wire, along with the fitment of required connectors. The installers had to be mindful not only of existing wiring, but had to use their imaginations to visualise future wiring for the eventual Block 3 configuration of the aircraft, in order to preserve the space required for that modification. With wires in place, the hardware to which they connect was mounted, including several new boxes and control panels. This posed quite a challenge to AVS techs like Corporal Matt Baer, who stated that, "Installing new gear in an aircraft that's going on 30 years of age is never easy." Involvement by ACS techs included performing modifications to equipment racks to allow these various components to be installed, as well as fitment of a new radome to house a data link antenna.

The OEMS system greatly enhances the Aurora's ability to analyse and distribute information. A major enhancement is the ability

to stream video in real time from its Electro-Optical Infrared camera system to ground units. The tight timeline for the installation was driven by the goal of having the system ready to perform in Canadian Forces operations in support of the 2010 Olympic Games in Vancouver.

This is now possible due to the flexibility of 14 AMS personnel in accepting the challenge of performing the OEMS modification, and the professionalism with which they carried it out. The impact of the work goes far beyond these new capabilities, as Maj Conlin summarized: "14 AMS stepping up to the plate not only saved millions of crown dollars, but the project would not have been achievable in the same timeframe if it was contracted out." These efforts serve as a fine example of 14 AMS living up to their motto of Dedicated – Driven – Ready.

(Image by: Private Gerald Cormier)



MCpl Keith Squires stretches to secure a wire bundle as part of the modification.

(Image by: Pte Vicky Lefrancois, 14 AMS\Wing Imaging)

