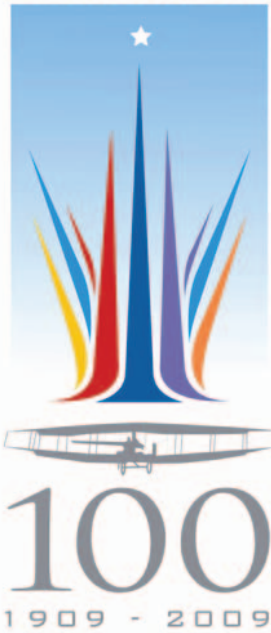


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Holiday Publication Dates & Deadlines
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VOL. 30 NO. 50 DECEMBER 14, 2009 NO CHARGE
14 WING • ESCADRE 14 GREENWOOD, NS

The Aurora

newspaper



14 Wing Greenwood's Annual Christmas Concert

Children of the Kingston and District Elementary School Choir perform at the 14 Wing Christmas concert. 14 Wing Greenwood held its annual Christmas concert at the Annapolis Mess on 02 December 2009. The event was open to both military families serving in Greenwood and members of the local community.

(Image: Corporal Don Kirkwood – 14 Wing Imaging)

By: Captain Scott Spurr
On Wednesday, December 2, 2009, 14 Wing Greenwood once again put on its annual Christmas concert which was held at the Annapolis Mess. The concert was dedicated to 100 Years of Flight in Canada. The Wing has held numerous events and activities to commemorate the historical occasion and the concert was

one of the last events of the year. This year's event showcased the wonderful talents of the Wing Band and the Pipes and Drums and had the participation from the Kingston & District Elementary School Choir under the direction of Mrs. Kitty Howse. The weather outside was

certainly not wintery as the temperature was quite warm for this time of year. This contributed to the close to 300 enthusiastic people both from the civilian and military communities that came out to view the concert. The Wing Commander, Colonel Bill Seymour started the evening's performance off with a few words and then

the Wing Band played several songs such as "The Most Wonderful Time of the Year." The Choir from Kingston was up next and totally entertained the audience with a variety of songs such as "Do You Hear What I Hear?" The Wing's Pipes and Drums gave a rousing performance and were joined by the Wing band for the

"Highland Cathedral" number which totally enthralled the audience". Also on hand was local recording artist Rachel MacLean who totally captivated the crowd with her series of songs which included "Christmas Time Is Here". 14 Wing Chaplain Mike

See Page 3

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Letter on behalf of CAS

The year 2009 will be one to remember for Canada's Air Force. This year has seen a remarkable spectrum of celebrations commemorating one of the most significant and, indeed, essential events in the exploration and development of this great nation - the birth of powered flight.

For Canada, with its vast and expansive landscape, the aeroplane has been a significant contributor to Canada's cultural and commercial growth. Since those very early days of flight, the Air Force has been an integral component of Canada's aviation legacy.

We, in the Air Force have enjoyed the privilege and

honour to be part of this great tribute to aviation. Throughout the year, from coast to coast to coast, the Air Force was present at a multitude of Centennial of Flight celebrations. This was our year to connect with Canadians on a grand scale and to showcase who we are and what we do.

We celebrated proudly in the North during Sourdough Rendezvous Festival, in the East during the Royal Nova Scotia International Tattoo and in the West at the Calgary Stampede. We paid tribute to the countless war-time accomplishments and sacrifices during the rededication of the British

Commonwealth Air Training Plan Memorial Gates in Trenton, Ont. and at Battle of Britain parades across the nation. From flypasts to air shows, our Centennial of Flight display was visible and engaged audiences of all ages.

With our superb Canadian Forces Snowbirds flying "100 Towns for 100 Years", the CF-18 Century Hornet graced with the names of 100 greats in Canadian aviation, the uniquely refurbished Hawk One F-86

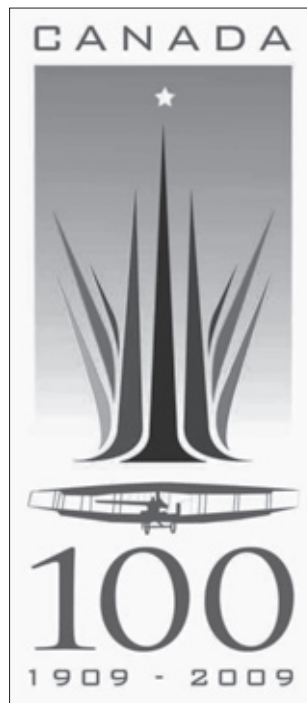
Sabre and the specially repainted Centenaire Tutor, we captured the hearts and imagination of our fellow Canadians.

As Commander of today's Air Force, I am proud and honoured to see the level of teamwork, passion, inspiration and imagination that went into each unique activity and event. I personally congratulate all the men and women of the Air Force, as well as our civilian colleagues, for their contributions to the

overwhelming success of the centennial celebrations. We are an organization built by people who embrace their aviation history with fondness and pride.

I encourage each of you to take a moment to visit the Air Force's Centennial of Flight website to view the collection of images and stories that capture the memories of this great year. It's a true reflection of your hard work, dedication and love of aviation.

Per Ardua Ad Astra



14 Wing Greenwood's Annual Christmas Concert ...from Page 1

Peterson was on hand to do a religious reading and he was followed by the Master of Ceremonies Captain Scott Spurr with a rendition of a "Soldier's Christmas."

One of the highlights of the concert was the playing of "Auld Lang Syne" by the Wing Band which was accompanied by a power point slide presentation showing all of the various activities that went on the Wing during the past year.

Rachel MacLean then led the audience in the singing of "Amazing Grace" and the Wing Band and Pipes & Drums concluded the concert with the "Royal Canadian Air Force March Past." The show once again was an incredibly successful endeavour that allowed both the military and civilian communities to come together during the festive season!

This concert could not have been possible without the support of the staff of the Annapolis Mess, Sergeant Pete Nicholson, Wing Band director Warrant Officer Lisa Paquette, Sergeant Brad Ryckman and Mr. Sandy MacMillan, Brian Graves at The Aurora Newspaper for his artistic design for our poster, the crews that helped to set up and tear down the Annapolis Mess, Wing Imaging for their great coverage and the great folks of the Wing Telecommunications and Information Systems for all of their technical help and of course all of our great performers!

Lettre au nom du CEMFA

L'année 2009 sera inoubliable pour la Force aérienne du Canada. Durant cette année, nous avons vu une gamme remarquable de célébrations commémorant l'un des événements les plus importants et certes essentiels de l'exploration et du développement de ce grand pays : la naissance du vol propulsé.

Pour le Canada, un pays au territoire vaste et étendu, l'avion a grandement contribué à la croissance du commerce et de la culture. Depuis les premiers jours de l'aviation, la Force aérienne fait partie intégrante du patrimoine de l'aviation au Canada.

Nous, membres de la Force aérienne, avons eu le privilège et l'honneur de participer à ce grand hommage à l'aviation. Toute l'année, la Force aérienne a été présente à une

multitude de célébrations du Centenaire de l'aviation se déroulant d'un océan à l'autre. C'était notre année pour établir un lien à grande échelle avec les Canadiens et pour nous faire connaître et expliquer ce que nous faisons.

Nous avons fièrement célébré dans le Nord durant le festival Sourdough Rendezvous, dans l'est au Tattoo international de la Nouvelle-Écosse, et dans l'ouest au Stampede de Calgary. Nous avons rendu hommage aux innombrables accomplissements et sacrifices consentis en temps de guerre, durant la reconsecration des grilles commémoratives du Programme d'entraînement aérien du Commonwealth britannique à Trenton en Ontario, et les défilés de la bataille d'Angleterre partout au pays. Des défilés aux spectacles aériens, notre

Centenaire de l'aviation a été visible et a attiré un public de tous âges.

Avec nos superbes Snowbird des Forces canadiennes qui ont survolé « 100 villes en l'honneur du 100^e anniversaire », le CF-18 Hornet du Centenaire orné des noms de 100 personnalités de l'aviation canadienne, le F-86 Sabre Hawk One remis à neuf et le Tutor du Centenaire repeint spécialement pour l'occasion, nous avons saisi le cœur et l'imagination de nos compatriotes canadiens.

En tant que Commandant de la Force aérienne d'aujourd'hui, je suis fier et honoré de voir le niveau de travail d'équipe, de passion, d'inspiration et d'imagination qui ont été mis en œuvre dans chacun des événements et des activités. Je félicite personnellement tous les

hommes et les femmes de la Force aérienne ainsi que nos collègues civils pour leur contribution à ce franc succès des célébrations du Centenaire. Nous sommes une organisation qui a été bâtie par des gens qui regardent leur histoire de l'aviation avec affection et fierté.

J'encourage chacun de vous à prendre un moment pour visiter le site Web du Centenaire de l'aviation créé par la Force aérienne afin de voir la collection d'images et de reportages qui immortalisent les souvenirs de cette grande année. Ce site est le pur reflet de votre labeur, de votre dévouement et de votre amour de l'aviation.

Per Ardua ad Astra

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GMFRC Closure Friday, Dec. 18th, 2009

Please be advised that the GMFRC will be closed from 12:00 p.m. to 4:00 p.m. on Friday, December 18th, 2009 for the staff to attend a professional development opportunity. If you need assistance during the closed hours, please call the Wing Ops at 5457.

The GMFRC will reopen on Monday, December 21st, 2009 at 8:00 a.m.

Margaret Reid,
GMFRC Executive Director

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'Kingsley' invites all to usher in 2010

The Village of Kingston plans to ring in the new decade in style.

All are welcome to join our Village mascot, Kingsley the Steer, in the festivities at the Western Kings Arena on New Year's Eve beginning at 6:00 p.m. Bring your skates and dress warmly so that your family can enjoy a free sleigh ride or two.

Come hungry, as hot dogs, steamy cider, and hot chocolate will be provided to all at no cost.

There will be face painting, balloon animals, and cotton candy for the kiddies and live entertainment for the enjoyment of all.

If you are able, come with a contribution to our Food Bank, and share the joy of the season with those less fortunate than yourself.

Stroll down to the SuperStore parking lot shortly after 9:00 p.m., and be amazed by the display of fireworks.

We hope you will accept Kingsley's invitation to usher in 2010 with a BANG! Storm date is Jan 1. For more information: www.kingstonnovascotia.ca.

Thank you!

My family and I were recently victims of a thoughtless act of vandalism when someone decided to take a knife to our inflatable outdoor Christmas decorations and slash them up. As a parent, it is difficult to explain to your children why someone would take it upon themselves to perform such a senseless act, especially during the Christmas season. However, the flip side to the situation has been the support offered to us by friends and neighbours. It is this support that we have chosen to focus on and to embrace as being part of the "true" Christmas spirit. So to those of you who have offered your support, a very big thank you from our family and best wishes for a Merry Christmas!

Jennifer Currie

This is How the Air Force Welcomes Santa!

Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812

On Sunday, December 6th 2009 we welcomed the start of the Christmas season here at 14 Wing with a dusting of snow on the ground and a terrific community event. There were plenty of smiles to be found as everyone enjoyed free hot dogs, hot chocolate and wagon rides as they awaited the arrival of Santa Claus to 14 Wing. There was certainly no shortage of Christmas Spirit for the families attending the event as we excitedly watched Santa arrive by Cormorant helicopter with the help of his friends at 413 Squadron. The annual lighting of the Wing Christmas tree was done by our Wing Commander Col Bill Seymour and Padre Peterson graciously offered a prayer for military families. The tree is decorated with yellow ribbons, one for every deployed member who will be away from home this holiday season, making the Charlie Brown tree beautiful. The feeling in the air signified to everyone just how special and important this time of the year is to everyone at 14 Wing. Following the tree lighting, we headed to Greenwood Gardens and were treated to

an outstanding performance of the Nutcracker by the Greenwood Skating Club. Families then participated in a fun family skate.

The GMFRC would like to

extend sincerest thanks to our partners; 14 Wing Community Council and the Community Centre for helping make this such a great event. Kudos to Wing CE for ensuring that our

outside Christmas tree was merry & bright; Wing TIS for arranging the sound system; Sparky and his friends from 14 Wing Fire Hall; Military Police for keeping our event fun and safe for all families; 413 Squadron for providing Santa with an Air Force sleigh; Tim Hortons for their sweet treat donation; Terry Hearn for his treat bag donation; and to K-Rock for taking the time to join us. Thank you to all our volunteers for their hard work, it could not have happened without you.



A special thank you to our military families for joining us for Christmas on the Wing. We draw great strength from sharing an after-noon celebrating our unique military family lifestyle.

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En cas d'erreur typographique l'Aurora ne s'engage à rembourser que l'espace occupé par l'article dans lequel s'est glissé l'erreur. Lorsque les annonces publicitaires sont, reçues par téléphone l'Aurora n'accepte aucune responsabilité pour les erreurs qui pourraient se glisser dans le texte.

The deadlines are as follows: 12:00 noon Wednesday for classified ads; 3:00 p.m. Wednesday preceding publication date for all other advertising and those requiring proofs. Editorial material MUST be typed and MUST be accompanied by the disk and hard copy, the originator's name, address and telephone number no later than 9:30 a.m. Thursday. Or E-mail us at aurora@auroranewspaper.com

12h00 pour les annonces publicitaires moins d'une demie page, le mercredi qui précède la semaine de publication. Les annonces publicitaires de plus d'une demie page ou demandant une épreuve doivent nous arriver par le mercredi à 12h00. Les documents doivent être dactylographiés et provenus avec le disque et une copie imprimée. Ils doivent aussi porter le nom, l'adresse et le numéro de téléphone de l'auteur. Ou Email: aurora@auroranewspaper.com

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~ Obituary ~

HAMOOD, Daniel Joseph - Greenwood, NS

HAMOOD, Daniel Joseph - 67, of Greenwood, NS passed away Friday, December 4, 2009 in Soldiers Memorial Hospital, Middleton. Born in Glace Bay, he was a son of the late Daniel and Muriel (Ralph) Hamood. Daniel retired from the Canadian Armed Forces after serving 36 years and had served with The Black Watch and actively modeled the new Canadian Military uniform. He was a Commissioner for the Village of Greenwood and a school bus driver for 8 years. He was a past member of the Kingston Lions Club and in his younger years was very active in sports, Scouting, figure skating association, minor hockey association, Hockey Coach for Greenwood Bombers and West Kings District High School teams. Daniel enjoyed hunting, fishing and loved his cottage at Zwicker Lake. He is survived by his companion Patsy "Pat" Duprey, Greenwood; daughter, Lisa (Johnathan) Barnes, Barrie, ON; son, Doug Hamood (Angie Tinto), Calgary, AB; sisters, Margie (Tom) Carroll, Coldbrook, Marsha (Lewis) Wood, Hammonds Plains; brothers, Everett (Jean) Hamood, Brighton, ON, Kenneth (Gail) Hamood, Glace Bay; grandchildren, Alissa (Christopher) Hamood-McCracken, Kristian Hamood-Barnes and Danika Hamood-Barnes all of Barrie, ON. Besides his parents, he was predeceased by his wife the former Margaret Ann Milbury and his brother Wilson. By Daniel's request, cremation has taken place. A celebration of life will be held 2:00PM Friday, December 11, 2009 in the Middleton Funeral Home, 398 Main St. (902) 825-3448. Rev. Deacon Don Boudreau officiating. A reception for family and friends will follow the service. Interment will be in Oakridge Memory Garden, Lower Sackville. Please feel free to bring along a photo of Daniel to place on a picture board. A special thank you to the doctors and nursing staff at Valley Regional Hospital and Soldiers Memorial Hospital for their compassion and care. Donations in memory may be made to the Canadian Cancer Society. Online condolences may be made through: www.middletonfuneralhome.com



Military Family Home-Based Business Group (MFHBBG)

Are you a military dependent who runs, or would like to run, your own home-based business? Join MFHBBG to network with other home-based business entrepreneurs in the military community. It's a great opportunity to learn from and share with others who are running a business from home within the unique military lifestyle.

For more information, please contact
Kristen Lawson, Coordinator of
Education and Employment Services
765-1494 local 1816
Kristen.Lawson@forces.gc.ca



CUCINA AURORA



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Business of the Week

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Swiss Chalet is all about **real food made fresh by real people**. That's why we've been a Canadian favourite ever since our doors first opened way back in 1954. Our **rotisserie chicken is made fresh on premise** every day; it's slow roasted to perfection and needless to say, it never sees the inside of a freezer. Our **fries are hand-cut** right here in our kitchen from fresh Canadian potatoes. Our famous **Chalet dipping sauce is simmered** on premise daily so you can always be sure it'll taste as good as you remembered. And our **grilled to**



order ribs are marinated in-house to make them fall-off-the-bone tender. Truth is, at Swiss Chalet you'll always know your food was made fresh by real people. And they made it **just for you**.

We are also very proud to say that effective October of this year, your New Minas Swiss

Chalet is now locally Owned & Operated by Rob Graves and his family based out of Kings County, Nova Scotia. Graves also has strong business relationships with some of the Valley's biggest names, and is proud to be part of the valley's growth.

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Take a break from the kitchen and let Swiss Chalet do the work!

FREE Slice of pie with the purchase of our FESTIVE SPECIAL

SWISS CHALET

ROTISSERIE & GRILL

9275 COMMERCIAL STREET, NEW MINAS

Offer Valid until the end of December 2009, coupon not valid with any other offer, limited to one coupon per guest. White Meat charge extra, this coupon has NO CASH VALUE. Valid only at the Swiss Chalet in New Minas

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Snowblowers

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- Wheel Drive
- On board battery operated electric start

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Pre-season Price
\$849⁹⁵
Other models available

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Your footwear specialist - Over 80 CSA styles available.

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Arena Christmas Schedule 2009 - 2010

Sun 20 Dec		1215 - 1600	Figure Skating
0830 - 1045	Minor Hockey	1615 - 1900	Minor Hockey
1100 - 1200	Public Skating	1915 - 2030	Open for booking
1215 - 1600	Figure Skating	2045 - 2200	Open for booking
1615 - 1900	Minor Hockey	Mon 28 Dec	
1915 - 2030	Open for booking	0900 - 1815	Figure Skating
2045 - 2200	Open for booking	1830 - 2045	Minor Hockey
Mon 21 Dec		2100 - 2215	Golden Oldies
1100 - 1200	Public Skating	Tues 29 Dec	
1215 - 1430	Shinny	0900 - 1815	Figure Skating
1615 - 1815	Figure Skating	1830 - 1945	Golden Oldies
1830 - 2045	Minor Hockey	2000 - 2200	Open for booking
2100 - 2215	Golden Oldies	Wed 30 Dec	
Tues 22 Dec		1100 - 1200	Public Skating
0900 - 1000	Parents and Tots	1215 - 1430	Shinny
1100 - 1200	Public Skating	1445 - 1645	Open for booking
1215 - 1330	Bombers	1700 - 1930	Minor Hockey
1400 - 1530	Shinny	1945 - 2045	Figure Skating
1545 - 1815	Figure Skating	2100 - 2215	Ladies Hockey
1830 - 1945	Golden Oldies	Thurs 31 Dec - Fri 1 Jan	
2000 - 2200	Open for booking	CLOSED	
Wed 23 Dec		Sat 2 Jan	
1100 - 1200	Tim Hortons Holiday Skate	0830 - 1845	Minor Hockey
1215 - 1430	Shinny	1900 - 2000	Public Skating
1445 - 1645	Open for booking	2015 - 2130	Open for booking
1700 - 1930	Minor Hockey	Sun 3 Jan	
1945 - 2045	Figure Skating	0830 - 1045	Minor Hockey
2100 - 2215	Ladies Hockey	1100 - 1200	Public Skating
Thurs 24 Dec - Sat 26 Dec		1215 - 1600	Figure Skating
CLOSED		1615 - 1900	Minor Hockey
Sun 27 Dec		1915 - 2030	Open for booking
0830 - 1045	Minor Hockey	2045 - 2200	Open for booking
1100 - 1200	Public Skating		

Festive Season Health Promotion Schedule 09/10

Day	Date	Hour	Hp Office
Mon	21 Dec	0800 - 1600	Open
Tue	22 Dec	0800 - 1600	Open
Wed	23 Dec		Closed
Thur	24 Dec		Closed
Fri	25 Dec		Christmas Day
Sat	26 Dec		Weekend
Sun	27 Dec		Weekend
Mon	28 Dec		Stat for Boxing Day
Tue	29 Dec	0800 - 1600	Open
Wed	30 Dec	0800 - 1600	Open
Thur	31 Dec		Closed
Fri	1 Jan		New Years Day
Sat	2 Jan		Weekend
Sun	3 Jan		Weekend
Mon	4 Jan		Regular Schedule

GMFRC Christmas Hours of Operation

Please be advised that the GMFRC Christmas hours of operation will be as follows:

Casual Childcare Service

CLOSED starting Friday, December 18th, 2009 at noon to Friday, January 1st, 2010 inclusively, regular hours will start on Monday, January 4th,

2010 at 1:00 p.m.

Early Childhood Education Program

CLOSED starting Thursday, December 17th, 2009 at noon to Friday, January 1st, 2010 inclusively, regular hours will start on Monday, January 4th, 2010 at 9:00 a.m.

GMFRC Main Office

Monday, Tuesday & Wednesday, December 21st, 22nd, & 23rd, 2009.

OPEN from 8:00 a.m. to 4:00 p.m. only, no evening hours.

Thursday, December 24th, 2009 to Sunday, January 3rd, 2010 inclusively, CLOSED

GMFRC will reopen for its regular hours of operation on Monday, January 4th, 2010, at 8:00 a.m. to 9:00 p.m.

If you have an emergency during the Christmas Holiday, please call Wing Ops at 765-1494 local 5457.

Have a great Christmas Season and keep safe.

Margaret Reid,
GMFRC Executive Director



Wags & Wiggles

Dog grooming & Deluxe Boarding Kennels

Only 10 mins from Kingston/Greenwood.

(902) 847-0871

312 Crocker Road, Harmony


Our goal is happy dogs and satisfied customers!

www.nsbdc.ca/wagsandwiggles

Gift Wrapping Party @ 14 Wing Community Centre

TEENS ONLY
Tuesday Dec. 15
6-8pm

You bring the gifts,
we'll bring the paper & bows!




Give the gift of a lifetime - give the gift of music!

Have fun learning to play a musical instrument, piano - organ - beginner guitar or study theory

Over 30 years experience

Mrs. "V's" MUSIC STUDIO

38 Main Street, Jefferson Pines, Kingston, NS

765-8816

CHRISTMAS SYSTEM SPECIAL

Includes 18.5 LCD

AM2 ATHLON LE-1660 SYSTEM

- Athlon 2.80 Ghz CPU
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- 22x Dual Layer DVD-RW • Video Chipset
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\$599.95

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Mimie's

Family Package

Happy Holidays to our Military Community from Mimie's Pizza & Family

16" Pizza (up to 4 toppings)
12" Garlic Cheese Fingers (with dipping sauce)
2 Small Donairs • 1-2L Pop

\$27.99

Discounts on Christmas Orders
~ Debit at Your Door ~
Free Delivery in Local Area
678 Central Ave, Greenwood



Alternative Dispute Resolution

Greenwood Dispute Resolution Centre



- Are you involved in a conflict in the workplace and unsure of how to handle it?
- Do you have issues with a work situation that you want resolved?
- Do you want to know how to approach a co-worker during a dispute?

Call DRC Coordinator Maj. Bob Sealby for assistance or visit the Greenwood Dispute Resolution Centre (DRC) at the AVM Morfee Centre (MFCR), School Road or for a DRC nearest you National Phone Number: 1-888-589-1750

Call 5530

DRC services are available to all Regular and Reserve Force members, Civilian and NPF employees, and members of the Cadet organizations.

Festive Season

F&S Schedule 09/10

DAY	DATE	GYM	POOL
WED	16 DEC	0530 - 2000	Last Day of Aquacise until Wed Jan 6
THU	17 DEC	Regular Schedule	
FRI	18 DEC	Customer Appreciation Day 1000 - 1200	
SAT	19 DEC	0530 - 2000	Adult Lane 1130 - 1300
SUN	20 DEC	0800 - 1900	Regular Schedule
MON	21 DEC	0800 - 1900	Regular Schedule
TUES	22 DEC	0530 - 2100	Adult Lane 1130 - 1300 Extra Casual 1300-1500
WED	23 DEC	0530 - 2100	Adult Lane 1130 - 1300 Extra Casual 1300-1500
THU	24 DEC	0530 - 1300	Mill/Adult Lane 0930 - 1030 Parent Tot 0930-1030 Extra Casual 1030-1200
FRI	25 DEC	Christmas Day Closed	
SAT	26 DEC	Boxing Day - Closed	
SUN	27 DEC	1000 - 1600	Adult Lane 1200 - 1300 Casual 1300-1500
MON	28 DEC	1000 - 1600	Adult Lane 1200 - 1300 Casual 1300-1500
TUES	29 DEC	0530 - 2100	Adult Lane 1130 - 1300 Extra Casual 1300-1500
WED	30 DEC	0530 - 2100	Adult Lane 1130 - 1300 Extra Casual 1300-1500
THU	31 DEC	0530 - 1300	Mill/Adult Lane 0930 - 1030 Parent Tot 0930-1030 Extra Casual 1030-1200
FRI	1 JAN	NEW YEARS DAY - Closed	
SAT	2 JAN	1000 - 1600	Adult Lane 1200 - 1300 Casual 1300-1500
SUN	3 JAN	1000 - 1600	Adult Lane 1200 - 1300 Casual 1300-1500
MON	4 JAN	Regular Schedule	

Health Promotion Services (PSP)

Winter 2010 Program Schedule

Register now to ensure a seat!

Program	Date	Time	Location
Top Fuel for Top Performance	15 - 16 Apr 10	0830 -1530 (day 1) 0830 - 1130 (day 2)	F&S Centre
Stress: Take Charge	03 - 04 Mar 10	0830 - 1530 hrs	F&S Centre
Applied Suicide Intervention Skills Training	31 Mar - 1 Apr 10	0800 - 1600 (day 1) 0800 - 1500 (day 2)	F&S Centre
Alcohol, other Drugs & Gambling Supervisor Trg	23 Feb 10	0830 - 1600 hrs	F&S Centre
Butt Out Small Group	12 Jan - 30 Mar 10 (Tuesday)	1100 - 1200 hrs	F&S Centre
Butt Out - Self-Help Program	Monday (by apt only)	1330 - 1430 hrs	F&S Centre
	Friday (by apt only)	0930 - 1030 hrs	F&S Centre
Basic Relationship Training (BRT)	11 Feb 10 - 25 Mar 10 (Thursday)	1330 - 1530 hrs	F&S Centre

For more information or to register, please contact:

Health Promotion Office (PSP) F&S Centre (Gym)

(902) 765-1494 ext: 5388 * www.14winghealthpromotion.com

EMGB.TREMBLAY@forces.gc.ca

St. Mark's Protestant Chapel

CHRISTMAS EVE

7 PM - Christmas Eve Family Candle Lighting Service

11:00 PM - Christmas Eve Communion Service



Queen of Heaven Roman Catholic Chapel

CHRISTMAS EVE

6 PM - Children's Christmas Eve Mass

Please note the Mass on Christmas Eve is for families with small children. Due to fire code and seating limitations, others are asked to attend on Christmas Day.

CHRISTMAS DAY

11 AM - Christmas Day Mass

NEW YEAR'S DAY

10 AM - Mass: Feast of Mary, Mother of God

Holy Day of Obligation

You AUTO KNOW

Battery Care

The battery is a common source of breakdown on the road. A battery that fails will prevent the owner from cranking and starting the car. You should perform a visual inspection on the battery anytime you have the hood up.

CAUTION: Always wear eye protection when working on a battery. Protect yourself from electrolyte splash, which can injure skin and eyes. Never smoke or create any spark around a battery or it might explode.

The first step in inspecting a battery is to look for obvious damage. Check for:

- Cracked or bulged case or cover
- Signs of electrolyte leakage
- Frayed insulation on battery cables
- Corrosion buildup on terminals and posts
- Loose or missing holding hardware

- Electrolyte level (if battery has cell vent caps)

Any physical damage to the battery indicates it must be replaced. Broken or damaged cables should also be replaced. Corrosion can be cleaned off the post and terminals, as explained later.

Inspect the top of the battery for dirt or electrolyte. Too much electrolyte on the top of the battery may be the result of overfilling. If the top of the battery is not clean, current can flow across the foreign material. This will cause the battery to discharge by itself when the vehicle is idle. Check the battery hold-down to be sure it is tight. A loose hold-down could mean the active material has vibrated off the plates.


The electrolyte level should be checked monthly on older style non-maintenance-free batteries. During the warm weather driving these batteries loose water out of the cells. The higher the battery temperature

and the higher the charge rate, the more gas that is developed and the faster the water loss. Long trips in hot weather subject the cells to high temperatures and high charging rates. These conditions mean the electrolyte level must be checked often. If the water drops too low, the battery will fail to function. Older style batteries have cell vent caps.

Low maintenance batteries have a pry-off cell cover. Remove the cell vent caps or use a screwdriver to pry off the cell cover to inspect the electrolyte level.

The electrolyte level should be well above the plates. Most manufactures have a guide ring built right into the top of the case above the cell. The electrolyte level should be filled to the level of the guide ring. If the electrolyte level is low, add water to the cell. Because regular tap water may have a high salt and

mineral content, you should use distilled water. The water should be added with a plastic or rubber tool made for battery filling, not a metal funnel. A metal object could cause a short between the plates. Be sure not to overfill the cell. This would dilute the electrolyte strength and cause an acid buildup on the outside of the battery.





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CANADIAN TIRE

Winter Special

Get four tires installed, balanced & wheel alignment for only \$89.99 plus tax

On most vehicles. Tires not included.

Free Brake Inspection

Have your Battery Checked for \$9.99 plus tax

See store for details. Greenwood location only.

Greenwood
730 Central Avenue

Auto Centre
Mon-Sat 8am-5pm
Sun Closed

765-6337

canadiantire.ca

For days like today™



Virtual Time Capsule

As the Centennial of Flight celebrations come to a close, you can help the Air Force create a virtual time capsule to commemorate this important milestone in Air Force history. And the best part is, you can be at the centre of it all!

Starting on Dec. 8 and running through to Dec. 31, 2009 the Centennial of Flight Facebook page will be available for military and civilian members of the Air Force, and the general public, to post photos, videos, images, comments and memories to help create a virtual celebration everyone can participate in and enjoy.

Some ideas for posting:

- Post a photo of yourself on the job or better yet, get a group of folks from your section together and post a group shot
- Post photos from Centennial of Flight cel-

ebrations that you personally attended or worked on as part of your job with the Air Force

- Post your thoughts on the Canadian Centennial of Flight and what military aviation has meant to you
- Anything else you can think of that will allow visitors to experience Air Force life through your eyes

Just log in to your Facebook page, or create a new account at www.facebook.com. Then search for "Canadian Centennial of Powered Flight" and make your posts. Log in from home as firewalls may prevent using Facebook from your workstation.

Posts will be monitored to ensure the highest quality possible.

Annual Inspection and Servicing of Furnace, Smoke and Carbon Monoxide Detectors

Annually, the Canadian Forces Housing Agency (CFHA) conducts inspections and servicing of furnaces and smoke and carbon monoxide detectors; to ensure they are safe and efficient. This work is scheduled to begin in November 2009 with a completion timeframe of

March 2010. H.E. Armstrong Mechanical Ltd was awarded the contract for furnace inspection and servicing and R.R. Fitch Electrical for the smoke and carbon monoxide detectors. A contractor will be contacting you to set up an appointment between the hours of 0800 hrs to 1600

hrs, Monday to Friday. You can expect the duration of the furnace inspection and servicing to last approximately 30 to 40 minutes and the smoke and carbon monoxide detectors to last 5 to 10 minutes. We ask that you have all personal effects moved away from the furnace and oil tank prior to this inspection. Our in-house specialist, Craig Webber, will accompany the furnace contractor to inspect the work as well as to perform a heating system audit. Any questions can be directed to Craig Webber at 825-7436. Your cooperation and assistance is appreciated – please let us, help you!

Note: The Canadian Forces Housing Agency (CFHA) Military Police with the name & phone number of the person responsible for your house in your absence. CFHA does not have keys for your house and cannot enter without an occupant or designated person present.

Under The Story Tree

Story Hour starts at 10:30 a.m.

14 Wing Library.

To register your little ones please phone
765-1494 local 5430.

Une capsule historique

Maintenant que les célébrations du Centenaire de l'aviation sont terminées, vous pouvez aider la Force aérienne à créer une capsule historique qui commémorera cet important jalon de l'histoire de la Force aérienne. Et surtout, vous pouvez être au centre de l'action!

Du 8 au 31 décembre 2009, la page Facebook du Centenaire de l'aviation sera ouverte aux militaires et aux employés civils de la Force aérienne, ainsi qu'aux membres du public. Ils pourront afficher des photos, des vidéos, des images, des commentaires et des souvenirs pour contribuer à la création d'une capsule historique qui sera accessible à tous.

Voici certaines suggestions :

- Affichez une photo de vous-même au travail, ou mieux encore, une photo de groupe des membres de votre section.
- Affichez des photos d'événements du Cen-

tenaire de l'aviation auxquels vous avez assisté, ou auxquels vous avez participé en tant que membre de la Force aérienne.

- Affichez vos réflexions sur le Centenaire de l'aviation et sur ce que l'aviation militaire signifie pour vous.
- Affichez tout autre document qui, à votre avis, permettra aux visiteurs de faire l'expérience de la vie dans la Force aérienne.

Allez sur votre page Facebook, ou créez un nouveau compte à l'adresse www.facebook.com, puis cherchez « Canadian Centennial of Powered Flight » et affichez vos documents. Faites cela à la maison, car des pare-feu interdisent l'accès à Facebook depuis votre poste de travail.

Les documents affichés seront contrôlés pour garantir la meilleure qualité possible.

Inspection et entretien annuels des appareils de chauffage, des détecteurs de fumée et de monoxyde de carbone

Chaque année, l'Agence de logement des Forces canadiennes (ALFC) mène des inspections et procède à l'entretien des appareils de chauffage et des détecteurs de fumée et de monoxyde de carbone pour s'assurer qu'ils fonctionnent de façon sécuritaire et efficace. L'inspection et l'entretien devraient commencer le novembre 2009 et se terminer en mars 2010. Le contrat d'entretien des appareils de chauffage a été attribué à

Kings Entreprises Ltd et celui des détecteurs de fumée, à R.R. Fitch Electrical. Un employé contractuel communiquera avec vous afin de fixer un rendez-vous entre 8 h et 16 h, du lundi au vendredi. Vous pouvez vous attendre à ce que l'inspection et l'entretien des appareils de chauffage durent environ de 30 à 40 minutes, et prévoyez de 5 à 10 minutes pour les détecteurs de fumée et de monoxyde de carbone. Nous vous prions d'éloigner tous vos effets personnels des

appareils de chauffage et des réservoirs d'huile avant cette inspection. Notre spécialiste à l'interne, Craig Webber, accompagnera l'employé contractuel qui s'occupera des appareils de chauffage afin de contrôler son travail et d'effectuer une vérification des installations de chauffage. Si vous avez des questions, vous pouvez vous adresser à Craig Webber en composant le 825-7436. Nous apprécions votre collaboration et votre aide. Laissez-nous vous aider!

...let's talk about YOU

Send your articles and photos to: aurora@auroranewspaper.com

Free Public Skating

Western Kings Arena

Sunday's
3:30 – 4:30 p.m.

Sponsored by:
Royal Canadian Legion
Branch 98



Marie et Guy's House Bread FRENCH BAKERY

609 Main Street, Kingston (back of Pharmasave)

~ Pour les Fêtes de fin d'année, nous vous proposons :

Pains

~ Pain rustique ~ Pain aux abricots-noisettes et miel, pommes-raisons et miel ~ Pain complet au levain aux noix et aux figues ~ Pain de campagne aux oignons

~ petits pains individuels (3 sortes)

Pâtisseries

~ Kouglof ~ Bûche traditionnelle de Noël (4 parfums)

Chocolats

~ Pour mieux vous servir nous vous demandons de passer commande



~ For the holidays we propose: Breads

~ Rustic Bread ~ Apricot-hazelnut-honey bread, Apple-raisin-honey bread ~ Whole wheat sourdough with walnuts & figs ~ Country bread with onions ~ Rolls (3 kinds)

Pastries

~ Kouglof ~ French traditional Christmas log (4 flavours)

Chocolates

~ For best consideration, please place your order as soon as possible, thank you.



We even sell breads at

"The Country Store"

in Greenwood Mall

In loving memory of Mr. Edward "Ed" Keddy December 23, 2008

A million times I've needed you,
A million times I've cried,
If love could have saved you,
You never would have died.
Things we feel most deeply,
Are the hardest things to say.
My dearest one, I loved you,
In a very special way.
If I could have one lifetime wish,
One dream that could come true,
I'd pray to god with all my heart,
For yesterday and you.



Forever missed,
Forever loved.

Shirley



Rent Setting 2010/2011 – Base Shelter Value (BSV) Adjustments

The Canada Mortgage and Housing Corporation (CMHC) are conducting the annual Rent Setting Exercise for Residential Housing Units (RHUs) for 14 Wing Greenwood. Their mandate is to establish rents (Base Shelter Values (BSV)) based upon a comparison of our RHUs to the local market. Specifically, the market value of a particular RHU is established using a comparative analysis between the RHU and a comparable home within the local area. A number of factors are considered, including: age of dwelling, size, basement, garage, quality of construction, maintenance, insulation, location, spaciousness of lot, type of community, etc. Consequently, our RHU rents are comparable (with the

above factors considered) to similar rental homes.

As part of this process, CFHA provides CMHC with a list of benchmark houses each year that generally represents one of each model type available on the Wing. CMHC determines a BSV for each of these specific addresses which are then used by CFHA to establish all RHU occupancy charges. Soon, we will receive the 2010/2011 rent adjustments for our RHUs and each occupant will be notified prior to 1 January 2010 of any rent adjustment that will become effective on 1 April 2010.

Note: The Canadian Forces Housing Agency (CFHA) does not establish RHU rents... this responsibility rests with CMHC, on behalf of the Treasury Board of Canada.

Établissement du loyer pour 2010-2011 - Ajustements de la valeur de base du gîte (VBG)

La Société canadienne d'hypothèques et de logements (SCHL) mène actuellement l'exercice annuel d'établissement du loyer pour les unités de logement résidentielles (ULR) de la 14^e Escadre Greenwood. La SCHL a pour mission d'établir les loyers (valeur de base du gîte) en comparant les loyers de nos ULR avec ceux du marché local pour évaluer leur valeur relative. Plus précisément, la valeur sur le marché d'une ULR particulière est établie en effectuant une analyse comparative de l'ULR et d'une maison comparable dans le quartier. On tient compte d'un certain nombre de facteurs, notamment l'âge de l'unité de logement, la taille, le sous-sol, le garage, la qualité de la construction, l'entretien, le système d'isolation, l'emplacement, la superficie du terrain, le type de collectivité. Par conséquent, les loyers de nos ULR sont

comparables (en tenant compte des facteurs énumérés ci-dessus) aux loyers de logements locaux semblables.

Dans le cadre du processus, l'ALFC fournit chaque année à la SCHL une liste de maisons repères qui représentent chaque type de modèle offert à l'Escadre. La SCHL détermine une valeur de base du gîte pour chaque adresse précise, et l'ALFC utilise ensuite ces données pour établir les frais d'occupation de toutes les ULR de l'Escadre. Nous recevrons sous peu les ajustements de loyer pour 2010-2011, et chaque locataire sera informé avant le 1^{er} janvier 2010 de l'ajustement du loyer avant son entrée en vigueur le 1^{er} avril 2010.

Nota : L'Agence de logement des Forces canadiennes (ALFC) n'établit pas les loyers des ULR. Cette responsabilité incombe à la SCHL, qui agit au nom du Conseil du Trésor.



MDA has a number of challenging, exciting domestic opportunities in the growing field of Unmanned Aerial Vehicles (UAVs). These new positions are required to support the continued growth of MDA's UAV program at our Canadian training location at Suffield, Alberta.

Successful applicants will participate in training and support for our UAV customers and assist in UAV research and development efforts.

Site Manager

The Site Manager is the coordinating authority for all UAV operations, maintenance, and liaison with CFB Suffield, IAI, MDA Richmond and our customers. He/She is responsible for all site facility and day-to-day matters, including airworthiness, and for ensuring daily operational tasking is met in a safe and efficient manner.

Mechanic Technicians (MT) and Electronics Technicians (ET)

Mechanic and Electronics Technician roles will provide critical daily maintenance support for all aspects of the UAV system, including the aircraft, sensors, payloads, and ground systems. Technical training will be provided to meet qualification and airworthiness standards for the Heron UAV System.

For complete job descriptions, terms of employment, and a summary of skills and experience necessary for consideration, please visit us online at: www.mdacorporation.com/careers.



This Christmas Give the Gift of Wellness at the Annapolis Valley Wellness Centre

This Christmas give the gift of wellness with our massage therapists Kailey, Kasia and Hilda at the Annapolis Valley Wellness Centre.

Stress, tension, and repetitive strain all have negative impacts on the body and mind. These effects can have serious consequences such as chronic pain, reduced range of motion, decreased circulation, painful or tight muscles to name a few. Annapolis Valley Wellness Centre strives to help clients reach their optimal health through caring, comprehensive treatment modalities. We treat past



the symptom and search for the cause. We will empower our patients to make educated changes in their body to stay healthy & strong for life!

Our vision is to enhance relaxation and support each individual's healing process. With many years of hands-on experience, we are able to assess each client as an individual and create a unique treatment plan to address each client's specific needs. You will leave Annapolis Valley Wellness Centre feeling restored, relaxed and renewed - ready to take on the rest of your day.

552 Victoria Dr., Kingston, N.S. 765-2700

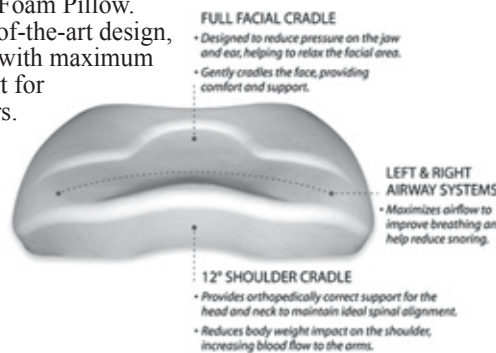
Annapolis Valley Wellness Centre
552 Victoria Drive • 765-2700

There's nothing better than the gift of health for a loved one

SleepRight® Side Sleeping Foam Pillow

Orthopedically correct side sleeping posture is now made possible by the latest in sleep technology with the SleepRight® Side Sleeping Foam Pillow.

With the SleepRight® state-of-the-art design, you can expect restful sleep with maximum support and superior comfort for the head, neck, and shoulders.

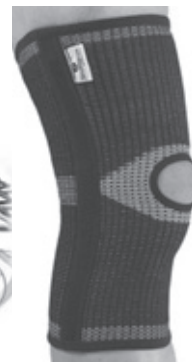


NEW Nano Flex® for Various Joints

5-in-1 Multi-functional Compression Supports

1. Negative Ion (Anion)-Enhances body's natural healing process.
2. Far Infrared Rays-Increases blood circulation & retention of body heat.
3. Anti Bacterial
4. Odor Free
5. Wicks Moisture away from body

The NEW 5-in-1 multi-functional compression support that provide significantly more therapeutic functions than neoprene



New products in our office in time for Christmas gift giving, as well as Massage Therapy Gift Certificates

Annapolis Valley Wellness Centre
552 Victoria Dr., Kingston, N.S. 765-2700 • 765-6200

Christmas 2009 Noël 2009

Wing Commander & Wing Chief Warrant Officer Christmas Message

As we approach the festive season, we would like to take a moment to reflect on your year of accomplishments and sacrifices. It has been another busy year and, as usual, you as a team have stepped up to the plate and delivered on all challenges.

Some of the highlights include continually standing on guard to rescue those in peril; deploying and maintaining the CP-140 Aurora to conduct aerial mapping over Afghanistan; force generating and deploying personnel to operate the Heron Unmanned Aerial Vehicle over Afghanistan; deploying support personnel to the Air Wing in Afghanistan; deploying our Mission Support Squadron in support of operations over seas; our fantastic showing throughout the year in support of the Centennial of Flight; the consistently superb work performed by our Military Family Support Center team and our Personnel Support Program staff to look after us and our families here at home; and the work performed by our civilian employees to support all aspects of the Wing's operations. The tremendous devotion and sacrifice that you and your families have made and are always prepared to make continues to make this world a better place.

To those here at home, we hope you will take every opportunity during the holidays to safely enjoy time with your family and loved ones, of whom we all ask so much throughout the year. To our troops deployed, our thoughts are with you for a successful mission and safe return. Thank you for your sacrifices, and the sacrifices of your families. May your Christmas be filled with joy and happiness. Do take time to relax, enjoy camaraderie and friendship. Best wishes for now and the coming year.

Colonel Bill Seymour and Chief Warrant Officer Jim Jardine

14 Wing Operations



Best wishes to all of you at this joyous time of year.

To the men and women of 14 Wing Operations, we would like to take this opportunity to express our sincere gratitude for your extraordinary work and wish each of you, and your families, a safe and festive holiday season. Throughout the

year you have served us well with your dedication, professionalism, extraordinary abilities, and determination. We are proud of our accomplishments and are honoured to be part of 14 Wing Operations team.

Please take time during this holiday season to acknowledge loved ones and friends, and be proud of all your accomplishments while taking time to relax and recharge. We also ask you to keep foremost in your thoughts those who are serving our nation on missions abroad and will not be able to be with their families this holiday season. We keep them and their families in our hearts and pray they will return safely. On behalf of our families and the hard-working men and women of Wing Operations, we would like to extend warm wishes to all of our colleagues, friends, neighbours and their families for a very Merry Christmas and a safe, healthy and successful New Year.

Lieutenant-Colonel D.F. Cummings, Wing Operations Officer and Chief Warrant Officer R.W. Kinsman, Branch Chief Warrant Officer

404 (Long Patrol and Training) Squadron – Commanding Officer's Christmas Message



As the holiday season draws closer, our thoughts naturally turn to the year that has just passed. This year, like many in recent history, has been extremely busy for the members of the Herd at 404 Squadron and jam-packed with activity. I would like to personally thank everyone at 404 for their tireless efforts, teamwork and "can-do" attitude. Our primary mission as a Squadron is to train Aurora aircrew and technicians. In spite of personnel shortages and no increase in resources, we have once again raised the bar and increased the number of graduates in support of our fellow Long Range Patrol Squadrons that desperately need them.

As we look ahead, the pace shows no signs of letting up as the Olympics and Aurora Incremental Modernization Project Block III are looming large on the horizon and the security and sovereignty of Canada remain at the forefront of Government of Canada policy. I am confident the members of the Herd will continue to rise to the challenge with the dedication and professionalism for which 404 Squadron is well-known. Having said that, I encourage and expect everyone to down tools and take advantage of the holidays for a well-deserved and much-needed break to recharge the batteries.

On the personal side, we have experienced both ups and downs. We have welcomed a new Honorary Colonel in Lloyd Graham and several baby buffaloes whose moms and dads have or are still enjoying "baby leave." Other members have endured hardships and suffered losses. I hope that during this season you will cherish the memories of those who have passed, and create new memories with the additions to your families.

When you gather to celebrate the holidays, I hope you will also take a few moments to say a prayer or think a few thoughts for the Squadron Chief, the Deputy Commanding Officer and Smokey who are deployed and the members of our own 14 Mission Support Squadron supporting them. We know their presence over seas will make a difference in the world, and we wish for their safe return back home.

I continue to be extremely proud of everyone's performance, patience and positive attitude. I remain humbled to be your Commanding Officer and I fully believe that I have the best job in the Air Force. From my herd, to your herds, best wishes for safe travel, a Merry Christmas and a Happy New Year.

Ron, Patty, Laura, Megan and Jessica Walker

405 (Long Range Patrol) Squadron Christmas Message

As 2009 draws to a close and the warmth of the Christmas season gathers, I would like to take a moment to offer my

thanks to all who have served and supported 405 Long Range Patrol Squadron.

The year has brought an ever increasing rate of change and many challenges. You have risen to each and every one and helped us achieve our common goals. Duty has often pulled you from family and required you in distant places. The selflessness and dedication of both you and your families does not go unnoticed. I understand and appreciate the sacrifices you and your loved ones have so often made.

As you gather together with family and friends this holiday season, the Squadron Chief Warrant Officer and I wish you and your family, peace, good health and continued success in the New Year. May your home be filled with the warmth and laughter of those you hold dear.

DUCIMUS

James A. Irvine, Lieutenant-Colonel, Commanding Officer 405 Squadron

Christmas Message from 413 (Transport & Rescue) Squadron

Best wishes to all from the Tuskers. Operationally, 2009 has been a very busy and successful year for 413 Transport and Rescue Squadron. Our continued success is only possible due to the great unity and esprit de corps we enjoy at 413 Squadron combined with the extraordinary support we receive from all at 14 Wing. We greatly appreciate everyone's contribution and truly believe that you all share in our success.

Special thanks to our families that continuously stand behind us so "That Other May Live". To all Tuskers and 413 Supporters, Merry Christmas and Happy New Year.

14 Software Engineering Squadron

The end of yet another year is just around the corner.

It is a good time to reflect on the many accomplishments and challenges faced during the past year and to look forward to our future endeavours.

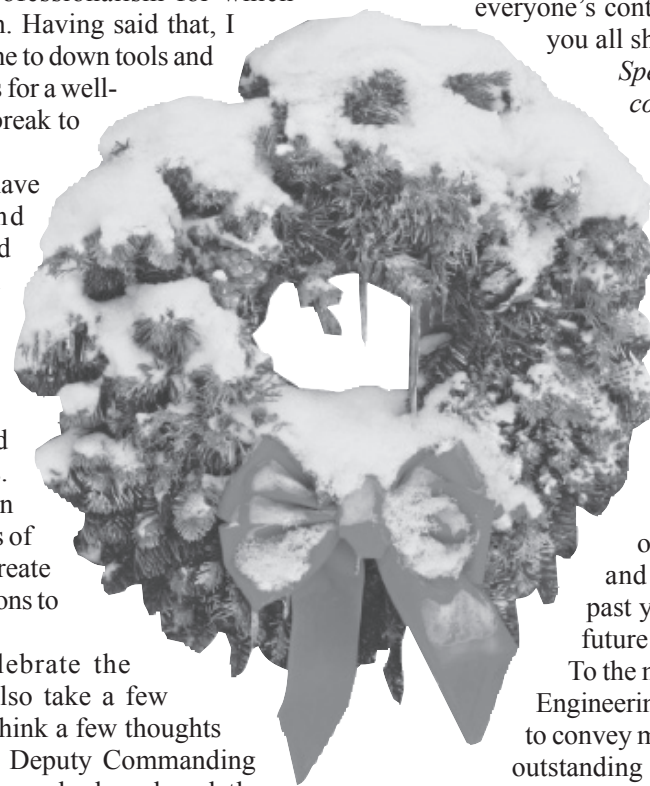
To the men and women of 14 Software Engineering Squadron (SES), I would like to convey my sincere appreciation for your outstanding devotion and professionalism.

The amount of work accomplished this year is nothing short of amazing. Whether your focus was on Mission Computer Software, Overland Equipment Mission Suite, Full Flight Simulator Software, Operational Mission Simulator, Synthetic Environments or providing network or administrative support, your efforts throughout 2009 have been tireless and the fruits of your labour were of an extremely high standard and most valuable.

BRAVO ZULU.

On behalf of Master Warrant Officer Andy Sweet, his wife Sergeant Patricia Sweet, my wife Nicole and I wish each of you and your families a joyful and safe holiday season and a very successful New Year. Look forward to 2010 and the future with confidence and pride.

Lieutenant Colonel J.J.M Bergeron, Commanding Officer 14 SES



Christmas 2009 Noël 2009

Wing Administration Officer and Branch Master Warrant Officer Christmas Message 2009



Another year has passed quickly here in the Valley and all members of the Wing Administration Branch (W Admin Branch) can be justifiably proud of the excellent support provided to 14 Wing from all sections and units of the Branch.

Throughout the year, whether at home, away on training or deployed, personnel from the W Admin Branch have proven time and time again that we can be always be relied on to provide professional, dedicated service to all members of the Defence Team both here in Greenwood and throughout the Canadian Forces. Your service and selflessness has not gone unnoticed as we deploy more and more often while still maintaining exceptional support to the operations ongoing at the Wing.

Let's all take this Christmas break as a time to enjoy our families, to reflect on the successes of the past year and to get ready for what will certainly be a challenging new year as the Mission Support Squadron, the Canadian Heron Unmanned Vehicle Detachment and Operation PODIUM deployments continue into 2010. Both the Branch Master Warrant Officer, Gerry Lefebvre and I as well as our families, wish all members of the Wing Admin Branch and 14 Wing the very best of the Season. We wish you all a safe and healthy New Year and look forward to seeing you all in 2010!

A Christmas Message from Wing Logistics and Engineering

The Wing Logistics and Engineering (WLE) Officer extends warm greetings and best wishes to all members of 14 Wing during the holiday season. Our thoughts and prayers are especially with the 88 members of the WLE Branch who will be deployed on overseas missions during Christmas and New Years and absent from their families.

2009 was a fulfilling year. Of primary importance was successfully force generating and deploying 14 Mission Support Squadron who departed for Southwest Asia during the first week of December for a period of six months. Of course, operational support activities here in Greenwood continued at a busy pace, including managing a complex capital construction program that will result in over 100 million dollars of new infrastructure for the Wing over the next several years.

The WLE Branch is composed of over 650 personnel in 4 Squadrons (Wing Transport & Electrical and Mechanical Engineering Squadron, Wing Construction Engineering Squadron, Wing Telecommunications and Information Services Squadron, and Wing Supply) as well as Wing Environment and Wing General Safety. I am extremely proud to lead this group of incredibly talented, highly dedicated professionals and would like to say thank you to them and their families for their tremendous support over the past year.

Have a safe and happy holiday season!

Maritime Proving and Evaluation Unit (MP & EU) Christmas Message

As we approach the holiday season, I would like to take this opportunity to reflect on the trials and successes of the past year. 2009 was yet another exceptionally busy year for the Maritime Proving and Evaluation Unit with some very remarkable accomplishments; including a visit to Kandahar in support of the Heron Unmanned Aerial Vehicle, progress

of the Overland Equipment Mission Suite, and the ramp up in support of the Aurora Incremental Modernization Project, Block III which will see the CP140 become one of the most capable Intelligence, Surveillance, and Reconnaissance aircraft in the world. The progression of these critical programs would not have been possible without the extraordinary dedication and commitment of all the members of MP&EU. I would also like to take this opportunity to thank the families and loved ones for their support and understanding, as well as all the squadrons and units from 14 Wing for their support.

I would ask that everyone take time during the holidays to reflect on just how blessed we are to live in this great nation. Please take a moment to think of all the military families across Canada who will be spending the holidays without their loved ones who are deployed around the world, and to pray for those families who have lost loved ones.

On behalf on myself, MP&EU Sergeant Major, Master Warrant Officer Don Mainville, and all the members of MP&EU, I wish you a Merry Christmas, Happy New Year, and safe journeys.

Russell Defer, Major | Major, Commanding Officer | Officier Commandement, Maritime Proving and Evaluation Unit | Unite Maritime d'Essais et Evaluation

«Novam Quaere Scientiam»

14 Construction Engineering Squadron

With the safe and successful return of more than 30 of our members from short and long term deployments in Afghanistan, all Squadron (Sqn) members and their families will be reflecting on the successes of the past year and making themselves ready for the upcoming challenges of the New Year.

2009 has seen 14 Construction Engineering Squadron (CES) and its integral Construction Engineering Flights (CEF) experience deployment tempo like never before. With more than 6,000 deployed tasking days (and counting) across the Sqn during the calendar year, 14 CES has proven the true value of the Air Reserve contribution and our Air Reserve Construction Engineering community-based program. Special thanks must also go to the Sqn Headquarters and Flight leadership that kept things running at home to sustain such a tempo and support the military families of those deployed.

Deployments were highlighted by significant contributions to Operation Athena (Afghanistan). Specifically, 14 CES contributed the preponderance of engineer personnel to the Task Force Afghanistan Roto 7 Task Force Engineers Construction Management Organization (CMO), which culminated in November with the safe and welcomed return of all participants. The CMO conducted 15 'outside the wire' development projects across eight villages in southern Kandahar province, as integral members of the Stability Operations team of the Kandahar Provincial Reconstruction Team (KPRT). Additionally, 14 CES was involved with 2 Technical Assistance Visits (TAVs) which saw another 20 plus members deploying in Spring and Fall in order to move and reconstruct Unmanned Aerial Vehicles expedient hangar infrastructure adjacent Kandahar Airfield (KAF) in support of the Air Wing. Numerous other Engineer Support Unit (ESU) related tasks were also completed in and around KAF.

This year, 14 CES proudly began a new and beneficial partnership with 14 Wing Greenwood Military Family Resource Centre (GMFRC). This partnership was initiated with GMFRC Staff visiting the Sqn prior to the Construction Management Organization (CMO) departing for Afghanistan. The GMFRC has been instrumental in providing assistance and guidance as 14 CES conducted the inaugural Yellow Ribbon Campaign which saw King Street in Bridgewater decorated with yellow ribbons and over 120 businesses prominently displaying large

yellow ribbons in honour and support of our troops both at home and abroad.

Although we have put a heavy burden on our personnel with deployments, we have not forgotten the personnel who continue to do important work within our CEF communities of Bridgewater, Pictou, and Gander; working with their Community Advisory Boards and connecting with their communities through the completion of various infrastructure projects for on the job training skills.

Training for our personnel through career courses and professional development continues. A total of 30 people successfully completed BMQ, QL3, QL5 and QL6A career trg and professional development trg this year.

Please accept my sincerest of thanks for an unprecedented effort this year. My wife, Kelli, and I and our daughters Chloe and Amelia extend our warmest wishes to you and your families over the Festive season. Our thoughts and prayers are with all of those who are deployed over the Christmas season. CHIMO!

Maj James A. Fera, P.Eng, Commanding Officer 14 CES
Construire – "We build"

Wing Comptroller

One of my favourite things about this time of year is a countdown. There are all sorts of them: the one-a-day chocolate calendar for counting down to Christmas Day (you're missing out if you don't know about this one, it's chocolate everyday for 25 days, yum); best and worst dressed celebrities; top 100 music hits; news events to review the year. All in all, it's fun to stroll down memory lane.

I hope that over the holidays everyone takes the opportunity to slow down (at least for a few days) and reflect on your own accomplishments of the past year.

To all the members of the Comptroller staff: Adam, Alain, Audrey, Bonnie, Brad, Colleen, Christine, Marian, Martin, Terra and Wanda your dedication and hard work is truly appreciated, thank you.

On behalf of the all of us at the Wing Comptroller Branch, I would like to extend our best wishes and season's greetings to all of 14 Wing, and all the very best in the New Year!

Major Paul Vogt, Wing Comptroller

Christmas Message – from the Manager Canadian Forces Housing Agency Greenwood

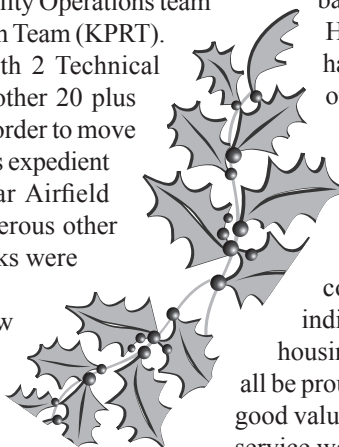
This has been another eventful year for the Greenwood staff of the Canadian Forces Housing Agency (CFHA), and another banner year for you, the occupants of our Residential Housing Units (RHUs). We have been busy, and we have kept our Contractors busy - in order to maintain our reputation as having some of the best RHUs in the country, to provide quality residential housing to our occupants and to continually improve upon the quality of our product. In our view, this is money well spent.

Our ultimate aim is to make our homes as contemporary as possible, when considering the individual size constraints, and to make our residential housing patch a well maintained community that we can all be proud. Be assured that we are here to serve – to give you good value for your money and to give you the best customer service we can.

On behalf of the CFHA team, and our families, I would like to extend to you our warmest wishes for a good and safe holiday season and a prosperous New Year.

Remember – If you like the service, tell others. If you don't like the service, tell me.

Mike Logan, Manager, Housing Services Centre



Christmas Mommies and Daddies 2009 a Success

The Friendly Neighbours Christmas Mommies and Daddies Telethon was held on Sunday, 29 November 2009. The money raised will be used to assist the less fortunate families in the Coldbrook to Kingston areas with Christmas hampers and toys.

The Host Lions Club, Berwick & District, would like to extend a sincere Thank you to the businesses and individuals who donated the items for the

auction, EastLink TV and their crew for the programming and broadcasting of the show.

The Aylesford Fire Department, for the use of their hall, The Lions Clubs of Kingston, Aylesford and Coldbrook for their assistance, Rod Reeves and Bob Lyle for hosting the event, the dignitaries who assisted on the Pledge Desk, our Telephone Operators, our Sound Crew from Electric Starz Productions,

the entertainers for their excellent performances, all the volunteer Lions, and their spouses and friends, and, to the businesses and other organizations that donated food for the volunteers.

On behalf of the Organizing Committee we sincerely thank the Community for their Pledges and Bids that will ensure needy families in the Coldbrook to Kingston areas will have a more joyful

Christmas this year.

Please honour your Pledges at the Royal Bank in Coldbrook and Berwick, CIBC Kingston and Greenwood, Bank of Nova Scotia in Middleton and Greenwood, the Credit Union in Green-

wood and Cambridge and Chisholm's Pharmachoice in Aylesford.

Make your cheques payable to the Local "Christmas Mommies and Daddies"

On behalf of the Organizing Committee we *thank you...*

Conseils pratiques pour l'hiver

Les feuilles tombent, l'air devient frais. L'ALFC vous donne quelques conseils pratiques pour vous préparer à l'hiver :

- Détachez le tuyau d'arrosage de votre robinet extérieur. Videz l'eau du tuyau avant de le ranger pour l'hiver. Si vous laissez le tuyau attaché au robinet, l'eau qu'il contient se dilatera en gelant.
- Coupez l'alimentation du robinet extérieur. Dans la plupart des maisons, il y a un robinet d'arrêt au sous-sol, à l'endroit où la conduite d'eau passe à travers le mur. Fermez ce robinet complètement, puis vérifiez que l'eau ne s'écoule pas du robinet extérieur. L'eau ne devrait pas couler de ce robinet. Laissez le robinet extérieur ouvert pour l'hiver. En procédant ainsi, vous préviendrez les risques de gel du robinet et d'éclatement de tuyaux au printemps.
- Assurez-vous de ne pas bloquer les bouches d'aération. Par exemple, si vous installez un lit, une armoire ou un tapis par-dessus une grille, vous limiterez la circulation de chaleur.

Can Your Business Help Make Nova Scotia Greener?

Tell us about your new, green idea!

ecoNova Scotia for Clean Air and Climate Change supports eligible companies and organizations who have technology that reduces greenhouse gases (GHGs) and air pollutants in Nova Scotia.

Are you:

- developing a technology for use in your business or to sell in Nova Scotia that will reduce GHGs and air pollutants?
- bringing in a technology to use, pilot, or demonstrate for those same purposes?

You may qualify for funding.

How Can You Apply?

Go to gov.ns.ca/econovascotia for details and your application form.

Deadline is Jan 31st, 2010!

NOVA SCOTIA **NOVA SCOTIA** **ecoNova Scotia**
Energy Environment FOR CLEAN AIR AND CLIMATE CHANGE

GMFRC • Feature of the Week

Children and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Respite Date

Saturday, January 9, 2010

10:00 a.m. – 5:00 p.m.

Cost: FREE to CF Families who currently have a partner deployed.

Members of the Defense Team can use this service at a cost of \$25 for one child and \$40 for two children or \$50 for families with three or more children.

GMFRC

Children up to age 12

Registration deadline: Thursday, January 7, 2010

The GMFRC offers Respite Childcare Services that will assist CF families during a deployment as well as for the challenges this unique lifestyle may bring. The GMFRC understands that finding short-term childcare in our area can be difficult; therefore we are pleased to offer this service to all CF Families who would like to take some time for themselves without having the stress of trying to find a babysitter for a few hours. Maybe you want to have a lunch date with you spouse, do some grocery shopping, or simply take time just for you. Families wanting to take advantage of this service can do so by coming into the GMFRC and registering with our receptionist. Space is limited due to the age and number of children in care. Priority will be given to deployed families. If you have any further questions, you can call reception at 765-5611.

Publication Dates & Deadlines

The Aurora
newspaper

The Remaining Publication Dates for 2009 & Deadlines for all Advertising, Classifieds, Editorial, Articles & Photos are the following:

21 Dec issue – Deadline 16 Dec

28 Dec 09 – NO NEWSPAPER

The office will be Closed from 22 Dec to 28 Dec 09

The first issue of 2010 is

04 Jan 2010 • Deadline 30 Dec 2009

If you have any questions please give Anne a call at 765-1494 ext 5833

Tips for Winter

Now that the leaves are falling and there is a bit of a nip in the air, here are a few helpful hints to prepare for the cold weather ahead:

- Disconnect your garden hose from your outside tap. Empty the water from inside the hose and store away for the winter. If it is left on the tap, the water that is still inside the hose will expand and freeze.
- Turn off your outside tap. In most homes, there is a shut off valve in the basement where the line comes through the wall. Turn this valve completely off and check by going outside and opening the tap. There should not be any water coming out, and leave the outside tap open for winter. This will keep the tap from freezing and prevent a burst pipe in the spring.
- Check to make sure that your heat registers have not been covered. Placing beds, dressers and carpets over the registers will restrict the flow of heat.

Christmas Blessings from 26 CF Health Svcs Health Record's Dept.

For the last few years the Medical Clinic has adopted the idea of decorating our office doors in the Spirit of the Holiday Season. This year in a collaborative effort, the Health Record's Dept decided to focus our decorative theme on remembering the many men and women including our staff and staff spouses who will be away from their family and friends this holiday season so that they can serve their Country. We are very appreciative and grateful for all that they do.

Submitted by: Lisa DeMont, Health Records Supervisor - 26 CF H Svcs Centre – Greenwood

Tammy Melanson, Lisa Demont, Dawn Fougere, Janet Rene and Josh Long stand in the hall displaying their creation.

(Image: Private Gerald Cormier – 14 Wing Imaging)



1st Greenwood Sparks




On November 25, 2009 the 1st Greenwood Sparks celebrated their enrolment to become an "official" Spark at the Kingston and District Elementary School. The girls did a wonderful job reciting their Spark promise. Parents, family and friends were in attendance to witness this special event.



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Heather will be instructing cake decorating classes at the Country Store starting January 18, 2010.

Pre-Registration is required for this four week course.

Register for Wilton Method Cake Decorating Classes at the COUNTRY STORE in the Greenwood Mall

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win a \$50 Gift Card



Draw Date: December 22, 2009
Valid at Middleton and Greenwood Subway locations only.



SUBWAY

Merry Christmas & Happy New Year

LCol D.F. Cummings
Wing Operations Officer

CWO R.W. Kinsman
Wing Operations

LCol R.J. Walker
CO 404 Squadron

CWO J.R.D. Gaudreault
404 Squadron

Col W.F. Seymour
Wing Commander

LCol J.A. Irvine
CO 405 Squadron

CWO A. Houston
405 Squadron

LCol M. Atkins
CO 413 Squadron

CWO M. Whitman
413 Squadron

LCol T.E. Flynn
CO 14 AMS

CWO G.G. Pitman
14 AMS

LCol P.J. Smith McBride
Wing Administration Officer

MWO G.M. Lefebvre
Wing Administration Officer

CWO J.M. Jardine
Wing Chief Warrant Officer

LCol R.U. Ubbens
Wing Logistics Officer

CWO D.A. Matthews
Wing Logistics

Major R.J. Defer
CO MP & EU

MWO D.W. Mainville
MP & EU

LCol J.J.M. Bergeron
CO 14 SES

MWO J.A. Sweet
14 SES

Maj J. Fera
CO 14 AES

CWO J.J.D. Gervais
14 AES

Major P. Vogt
Wing Comptroller

CWO J.D. Gervais
14 Wing Supply

Joyeux Noël et bonne et heureuse année

14 Wing Community Centre had a blast in Halifax!

By: Recreation Youth Worker; Megan LeMoine

On Saturday December 5, 2009 we left the Community Centre in the rain, around 10:30 a.m., and arrived in a busy Bayers Lake Shopping Centre, located in Halifax, just in time for lunch! We all got a bite to eat and then hit the stores! We shopped for 3 hours, non stop!

Around 4:00 p.m. we went to the Putting Edge mini-golf for a round of golf. We had such a great time playing the

arcade games, getting prizes and enjoying the 18-hole glow in the dark mini-golf, that we have got to go there again! We had such a great day, the time flew by, and before we knew it, it was time to go home! It's a good thing we went on



Glow-in-the-Dark Mini Golf

Saturday and not Sunday; I don't think we would have gone anywhere on Sunday!

14 Wing Community Centre Family Trips are great opportunities to meet other people in your community and get out a have a fun time! If you haven't been on a Community Centre Family Trip, please check the Aurora for upcoming events. Our next trip will be in February to Ski Martock. If you have any questions about trips or events going on at 14 Wing Community Centre please give us all call at 765-8165!

Happy Holidays from the Morfee Annex Nursery School

(Submitted by: Kelly Clancey)

All of the children and teachers from our school would like to wish everyone a Merry Christmas and Happy New Year. Our school year so far has been a great success thanks to our wonderful parents' support, we are looking forward to new adventures in 2010. "Joyeux Noel" to all of our Military friends and family who are not home this season to celebrate with us ...you are always in our thoughts.



Holiday Shopping Ideas are advertised right here in

The Aurora Newspaper

What better way to promote your business or service at its very best and get the maximum exposure to your customers.

There's no time like the "PRESENT" to book your holiday advertisements while there is still time. There are **ONLY 1 MORE ISSUE** left this year.

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www.auroranewspaper.com



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NOTICE TO RESIDENTS

WINTER PARKING AND SNOW REMOVAL

The Municipality of the County of Kings would like to remind its residents that in accordance with Section 139 of the Motor Vehicle Act and Section 318 (1c,d) and 318 (5) of the Motor Vehicle Act, the following is prohibited and will be enforced by the local police force.

Parking or leave standing a vehicle, attended or unattended, on a street or part thereof which interferes or obstructs snow removal during or after a snow storm, or in any way obstructs winter maintenance, i.e. salting. And, further to this snow cannot be plowed across any streets or onto public sidewalks. Snow shall be stored on the property being cleared or hauled away and dumped in an approved location. Where an obstruction is a structure of any kind, the engineer may require the owner of the structure to remove the structure from the street within such time as the engineer specifies

If you have any questions or require further information, please contact the Police Department or the Traffic Authority.

Scott Quinn, P.Eng.,
Manager of Engineering Services

Tel: (902) 690-6195 Fax: (902) 679-0911
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2010 FORD ESCAPE XLT

PURCHASE FOR

\$22,999* Includes Freight.



2010 FORD EDGE SEL

PURCHASE FINANCING

0% APR for 60 months on SEL, Limited and Sport models.†



2010 FORD F-150 SUPERCAB/CREW

Price Adjustments	\$7,000
Ford Recycle Your Ride Incentive	\$3,000
Government Retire Your Ride Incentive	\$300

Total Price Adjustment **\$10,300**
If recycling 1995 or older vehicle



Introducing
**The Ford
Recycle
Your Ride
Program**

Recycle your 1995 or older vehicle
and receive up to

\$3,300

of additional incentives over and above those currently offered when combined with the \$300 available from the Canadian Government's Retire Your Ride program. Incentives range from \$1000 to \$3000. Visit ford.ca for details.



2010 FORD SUPERDUTY

Price Adjustments	\$8,000
Ford Recycle Your Ride Incentive	\$3,000
Government Retire Your Ride Incentive	\$300

Total Price Adjustment **\$11,300**
If recycling 1995 or older vehicle

HURRY INTO YOUR ATLANTIC FORD STORE TO GET IN AND DRIVE AWAY YOUR FAVOURITE FORD.

atlanticford.ca



Drive one.



Bill Sampson, President



Reg Gaul



Scott Adsett



*Heather Veinot
General Manager*



*Bernadette Pearson
Financial Services Manager*

**At Fundy Ford Sales
Limited all new vehicles
come with a full tank of gas
and free safety inspections
as long as you own the
vehicle.**

**Be sure to visit Ward, Alain
and the rest of our award
winning service department
to experience what quality
care is all about.**

Offers available at participating dealers only. Dealer may sell or lease for less. Factory order may be required. Limited time offers. Offers may be cancelled at any time without notice. See participating Dealer for details. Offers apply to Nova Scotia, New Brunswick, Newfoundland and Prince Edward Island residents only. The Ford Get In and Drive Year End Event ("Year End Event") is in effect from November 3, 2009 to January 4, 2010 at participating Ford of Canada Dealerships. During the Year End Event one or more combinations of \$0 first month's payment, 0% Annual Percentage Rate (APR) purchase financing for up to 60 months, \$0 down payment or \$0 due at signing will apply to the purchase finance or lease of select new 2010 Ford vehicles. Offers vary by model and not all combinations will apply. Offers are available to customers taking retail incentives and may only be available on approved credit (OAC) from Ford Credit. Purchase financing and lease offers include freight and air tax, but exclude license, fuel fill charge, insurance, PPSA, ("Stewardship Ontario Environmental Fee" for Ontario and National ads) registration, administration fees and all applicable taxes. These offers are subject to vehicle availability and may be cancelled at any time without notice. Dealer may sell or lease for less. Limited time offers. Some conditions apply. See your Ford Dealer for complete details. *Purchase finance or lease an eligible new 2010 Ford or Lincoln vehicle through Ford Credit between November 3, 2009 and January 4, 2010 and get first monthly payment paid up to a maximum amount of \$500/\$750/\$1,000/\$1,250/\$1,500 per eligible 2010 Ford (Focus, Fusion, Mustang excluding GT500, Taurus, Escape, Ranger, Transit Connect) / (Edge, Flex, Explorer 4Dr, Explorer Sport Trac, E-Series) / (Expedition, F-150 excluding SVT Raptor, F-Series SuperDuty excluding F450-F550 chassis cabs, Lincoln MKZ, Lincoln MKS, Lincoln MKX) / (Lincoln MKT) / (Lincoln Navigator). Offer not available to cash purchase customers. Offer is only available OAC from Ford Credit. A, X, Z, D, F plan customers are eligible. Not combinable with Commercial Fleet Incentive program, CPA, GPC or Daily Rental Allowances. On applicable vehicle lines this offer can also be combined with the Commercial Connection Program. Rainchecks are only available on the purchase or lease of offer eligible vehicles and the vehicles must be factory ordered during the program period. Vehicles must be delivered on or before January 4, 2010. This offer can be used in conjunction with most retail consumer offers made available by Ford of Canada at either the time of factory order or delivery, but not both. *Receive 0% APR purchase financing on all new 2010 Ford (Focus (excluding S)/Fusion (excluding S and Hybrid)/Mustang (excluding Value Leader and GT500)/Edge (excluding SE)/Flex (excluding SE) models for a maximum of 48/60 months to qualified retail customers. OAC from Ford Credit. Not all buyers will qualify for the lowest APR payment. E.g., \$20,000 purchase financed at 0% APR for 48/60 months, monthly payment is \$416.67/\$333.33, cost of borrowing is \$0 or APR of 0% and total to be repaid is \$20,000. Down payment on purchase financing offers may be required based on approved credit. †\$0 due at signing, when leasing or purchase financing, offers include freight and air tax, but exclude license, insurance, fuel fill charge, registration, PPSA, administration fees and all applicable taxes. Freight and air tax charges to be included in the total amount to be financed. Excluded variable charges can be amortized over a purchase financing term, but are required up front charges for lease customers. See your Ford Dealer for complete details. ‡\$0 Security Deposit on the lease of most new 2010 Ford vehicles (excluding 2010 Ford Shelby GT 500, Transit Connect, E-Series Cutaway, F-150 Raptor, F-350 Chassis Cabs Gas & Diesel Engines, F-450 & F-550 Chassis Cabs Gas & Diesel Engines) effective November 3, 2009 through January 4, 2010. Security Deposit may be required by Ford Credit based on customer credit terms and conditions. Receive (\$500)/(\$1,000)/(\$2,000)/(\$1,500)/(\$2,000)/(\$2,500)/(\$3,000)/(\$3,500)/(\$4,000)/(\$5,000)/(\$7,000)/(\$8,000) in price adjustments when you cash purchase, purchase finance or lease a new 2010 Ford (Focus S/Transit Connect)/Fusion Hybrid/Taurus/Explorer 4 door/F450-F550 Chassis Cabs (Gas Engine) / (Ranger Regular Cab FEL)/ (Escape Hybrid/F-350 Chassis Cabs Diesel Engines)/ (Ranger SuperCab XL and Regular Cab non-FEL)/ (Fusion S)/ (Edge SE/Escape non-Hybrid/Flex SE/Expedition)/ (Mustang V6 Value Leader)/ (Ranger SuperCab non-XL)/ (Explorer Sport Trac/F-150 Regular Cab)/ (F-150 SuperCab/F-150 SuperCrew)/ (F-250 - 450 non-chassis cabs) models. *Purchase a new 2010 Ranger Regular Cab FEL / Escape XLT 14 Manual for \$14,499/\$22,999 after exclusive Canadian delivery allowance of \$2,000/\$3,000. Taxes payable on full amount of purchase price before delivery allowance deducted. \$1,500 freight and air tax included. Offer excludes license, insurance, registration, PPSA, administration fees and all applicable taxes. ***In order to qualify for the Ford Recycle Your Ride incentives, you must qualify for the Government of Canada's "Retire Your Ride Program" and you must turn in a 1995 model year or older vehicle that is in running condition and has been properly registered and insured for the last 6 months (12 months in B.C.). Upon government confirmation of vehicle eligibility under the "Retire Your Ride Program", Ford of Canada will provide additional incentives towards the purchase or lease of a new 2009 or 2010 Ford or Lincoln vehicle in the amount of \$1,000 (Focus, Fusion, Fusion Hybrid, Mustang, Taurus, Transit Connect, Ranger), \$2,000 (Escape, Escape Hybrid, Edge, Flex, Taurus X, Explorer, Sport Trac), and \$3,000 (F150, F250-F550, E-Series, Expedition, MKZ, MKS, MKX, MKT, Navigator). If you qualify, the Government of Canada will provide you with \$300 cash or a rebate on the purchase of a 2004 and newer vehicle as part of their Retire Your Ride program. These Ford Recycle Your Ride incentives are only in effect from September 2nd to November 2nd, 2009. Ford Recycle Your Ride incentives will be applied after taxes. Ford Recycle Your Ride incentives can be used in conjunction with most retail consumer offers made available by Ford of Canada at either the time of factory order or delivery, but not both. Ford Recycle Your Ride incentives are raincheckable. Ford Recycle Your Ride incentives are not available on any vehicle receiving Competitive Price Allowance or Government Price Concession, Fleet Delivery Allowance, or Daily Rental Incentives. By participating in this program you will not be eligible for any trade-in value for your old vehicle. The Government of Canada's "Retire Your Ride Program" is not available to residents of Northwest Territories, Yukon or Nunavut and, therefore, Ford Recycle Your Ride incentives are also not available to residents of North West Territories Yukon or Nunavut. Other provincially specific rewards may be available in association with the government's "Retire Your Ride program", for more information visit retireyourride.ca. Limited time offer, see dealer for details or call the Ford Customer Relationship Centre at 1-800-565-3673. ©2009 Ford Motor Company of Canada, Limited. All rights reserved. ▼Estimated fuel consumption ratings based on Transport Canada approved test methods. Vehicles equipped with 5-speed manual transmission. Actual fuel efficiency may vary based on driving conditions, vehicle load, and certain vehicle accessories. Midsize class per R.L. Polk & Co. (U.S.) / Intermediate per R.L. Polk Canada, Inc. (Canada). ■Safety ratings based on Insurance Institute for Highway Safety (IIHS). Top Safety Picks historical data from 2006 to 2009 and on the National Highway Traffic Safety Administration's (NHTSA) historical five-star crash test ratings. Government star ratings are part of the NHTSA's New Car Assessment Program (www.safercar.gov). *54.4 %/51.3% of all new compact pick-up trucks sold in Atlantic Canada/Canada (NB, NF, NS, PE) in 2008 were Ford Rangers based on R.L. Polk Canada, Inc. vehicle registrations, January 2008 through December 2008. **Based on 2002-2008 Fuel Consumption Guide Data published by Natural Resources Canada for the 2.3L 4 cylinder 5-speed manual transmission Ford Ranger FEL Model. Dealer may sell or lease for less. Factory order may be required. Limited time offers. Offers may be cancelled at any time without notice. Some conditions may apply to the Graduate Recognition Program. See Dealer for details. Atlantic FDA: 1595 Bedford Highway, Bedford, Nova Scotia B4A 3Y4.

Developing a Close Relationship with Your Kids

Submitted by: Kim Dixon,
GMFRC Coordinator
of Child and Youth
Services at 765-1494
local 1812 email Kim.
Dixon@forces.gc.ca

Developing a close relationship with your child will help make parenting through those terrible two's, rebellious teen years, and everything in between a little easier. Parenting can be one of the most difficult yet rewarding jobs that you will ever have. Here are a

few tips that you can do to help build a close relationship with your child:

- Never pass up an opportunity to tell your child that you love her/him. As our children get older they tend to pull away making it a little harder for us to show our affection. Don't get discouraged – sneak that kiss on your child's cheek and a hug whenever you can – even though they make a small fuss, it is our job as parents to be

there for our kids.

- Spend time with your kids – go to their concerts, parent teacher nights, cheer at their football games and school performances. I have a friend who just took her daughter away to the city for a girl's night where they stayed overnight, did some shopping, and had a great time together. What a fantastic way to actually have fun with your kids – without the pressure of homework

and everything at home that we deal with daily.

- Accept our children for who they are – not who we want them to be. Most of our children's character is beyond our control; however we can control how we deal with them and what we say. Remember your son may never be the NHL star you hoped he would be or your daughter may not become the Broadway star of your dreams.

- Be aware of your child's problems and needs. This will help you to help them when they are dealing with something that is causing them stress. When we understand our children's usual ups & downs we are better able to notice a change in our children's behaviour and help them deal with the situation together.
- Finding a mutual interest between you and your child. As our children

grow up it is more difficult to find ways to connect to each other. We can't force them to stay close, however we can find things to do together that we both enjoy. Maybe it is watching the local university hockey team play a game or you both share a love of hiking. Whatever it is – enjoy it with your child!

If you would like more information on parenting, please contact Kim.



MUNICIPALITÉ DU COMTÉ DE KINGS

87, rue Cornwallis C.P. 100

Kentville (Nouvelle-Écosse) B4N 3W3

SOUMISSION 09-29

MUNICIPAL RURAL INFRASTRUCTURE FUND



LE FONDS SUR L'INFRASTRUCTURE MUNICIPALE RURALE

Prolongation de la conduite d'eau Canning/Kingsport du chemin Habitant au hameau de Kingsport

Le Service du génie et des travaux publics de la Municipalité du Comté de Kings invite les intéressés à lui faire parvenir des soumissions scellées pour la prolongation de la conduite d'eau Canning/Kingsport, le long de la route 221, soit du chemin Habitant au hameau de Kingsport.

Les travaux consistent à prolonger d'environ 6 700 m de 300 mm, de 250 mm et de 200 mm la conduite principale reliée au réseau d'alimentation en eau du village de Canning et à la station de pompage-relais et de surveillance du chlore.

Les travaux comprennent, sans en exclure d'autres :

- conduite principale;
- bornes d'incendie;
- vannes;
- conduites de branchement;
- station de pompage-relais et de surveillance du chlore;
- tous les accessoires de réseau de distribution nécessaires à une installation complète.

La conduite principale devra être principalement installée dans l'acotement de la route, lorsque c'est possible, et les surfaces existantes devront être remises en état.

Vous pouvez consulter ou vous procurer le cahier des charges et les formules de soumission, le mardi 8 décembre, après 12 h (heure locale), dès réception d'un dépôt non remboursable de 100 \$ au bureau du Service du génie et des travaux publics situé dans le Complexe municipal, au 87, rue Cornwallis, dont les heures d'ouverture sont du lundi au vendredi, de 8 h 30 à 16 h 30. Il est également possible de consulter les soumissions au bureau de CBCL Limited du 1489, rue Hollis, Halifax, Nouvelle-Écosse, ou à l'Association de la construction de la Nouvelle-Écosse, au 260, avenue Brownlow, bureau 3, Dartmouth, Nouvelle-Écosse.

Les demandes de renseignements liées à cette soumission peuvent être acheminées à Kelsey Green, ing., CBCL Limited, par téléphone au 902-421-7241, pendant les heures normales d'ouverture.

Le Fonds sur l'infrastructure municipale rurale Canada – Nouvelle-Écosse, qui est doté d'un budget réparti sur six ans, est administré par l'Agence de promotion économique du Canada atlantique et le ministère Services Nouvelle-Écosse et des Relations municipales. La Société d'expansion du Cap-Breton et l'Association des municipalités de la Nouvelle-Écosse sont membres du Comité de gestion.

Les travaux doivent être terminés en fonction d'un échéancier de construction qui respecte les périodes de financement et conformément aux exigences du ministère de l'Environnement (et du travail) de la Nouvelle-Écosse et du ministère des Transports et du Renouvellement de l'infrastructure de la Nouvelle-Écosse.

LES SOUMISSIONS SCELLÉES SERONT ACCEPTÉES JUSQU'À 14 H, le mercredi 23 décembre 2009

La Municipalité se réserve le droit de rejeter toutes les soumissions ou d'accepter toute soumission qu'elle jugerait plus avantageuse. Elle n'est pas tenue d'accepter la soumission la moins-disante. La Municipalité se réserve également le droit de renoncer à la formalité, au vice de forme ou au détail de procédure dans toute soumission présentée.

Tél. : 902-690-6195 Téléc. : 902-679-0911
 Appels locaux de Kingston et de Greenwood : 902-847-3051
 Numéro sans frais : 1-888-337-2999
 www.county.kings.ns.ca

F&S Centre Policy for Locks Left on Lockers

Only people that have rented their locker are able to leave a lock on their locker at all times. All other users may

place a lock on a locker while using our facility and must remove it when they leave on a daily basis.

All locks that are left on lockers that are not rented will be cut off randomly during silent hours. If you have a lock currently on a locker and do not wish to have your lock cut off please remove it at the end of each visit.

We have lockers available to be rented for our users, if you are interested please ask at the front desk for any information you might require.



THE MUNICIPALITY OF THE COUNTY OF KINGS

87 Cornwallis Street PO Box 100
 Kentville, NS B4N 3W3

TENDER 09-29

MUNICIPAL RURAL INFRASTRUCTURE FUND



LE FONDS SUR L'INFRASTRUCTURE MUNICIPALE RURALE

Canning / Kingsport Waterline Extension Habitant Road to Hamlet of Kingsport

The Municipality of the County of Kings, Department of Engineering & Public Works invites sealed tenders for the Canning / Kingsport Waterline Extension, along Hwy No. 221 (Habitant Road) and through the Hamlet of Kingsport.

The Work consists of the extension of approximately: 6700m of 300 mm, 250 mm and 200 mm watermain connecting to the Village of Canning water system and a chlorine monitoring and booster station.

The Work generally includes, but it is not limited to:

- Watermain;
- Hydrants;
- Valves;
- service connections;
- chlorine monitoring and booster station; and
- all distribution system accessories required for a complete installation.

The watermain will primarily be installed in the shoulder of the road, where possible and will require reinstatement of existing surfaces.

Specifications and tender forms may be viewed and picked up upon receipt of a non-refundable deposit of \$100.00 after 12:00 pm local time on Tuesday, December 8th, at the Department of Engineering & Public Works, Municipal Complex, 87 Cornwallis Street, Kentville, Monday to Friday from 8:30 am to 4:30 pm. Tenders documents may also be viewed at the office of CBCL Limited, 1489 Hollis Street, Halifax NS or at the Nova Scotia Construction Association located at 260 Brownlow Avenue – Unit 3, Dartmouth, NS.

Specific inquiries pertaining to this tender may be directed to Kelsey Green, P.Eng., CBCL Ltd, phone (902) 421-7241, during regular business hours.

The six-year Canada-Nova Scotia Municipal Rural Infrastructure Fund is administered by the Atlantic Canada Opportunities Agency and Service Nova Scotia and Municipal Relations. Enterprise Cape Breton Corporation and the Union of Nova Scotia Municipalities are members of the Management Committee.

The Work is to be completed on a construction schedule in compliance with the funding timelines and must be completed in accordance with NSE and NSDTIR requirements.

SEALED TENDERS WILL BE ACCEPTED UNTIL 2:00PM Wednesday, December 23, 2009

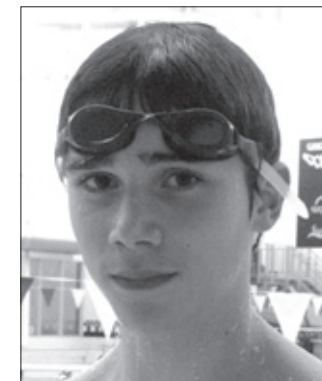
The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

Tel:(902) 690-6195 Fax: (902) 679-0911
 Local from Kingston & Greenwood (902) 847-3051
 Toll Free: 1-888-337-2999
 www.county.kings.ns.ca

Subway Swimmers of the Week



Kale Howatt, Nova Tech 2
 10 years old, 2nd year with GDSC
 Favourite Stroke: breaststroke
 Other Interests: hockey, lego and basketball



Raphael Choquette
 Age Group 1 • 14 years old, 1st
 year with GDSC
 Favourite Stroke: freestyle
 Other Interests: hockey, soccer and school

Christmas Holiday Schedule 2009 – 2010

Community Centre Office Holiday Hours:

Monday	December 21 st	0800-1600	
Tuesday	December 22 nd	0800-1600	
Wednesday	December 23 rd	0800-1600	
Thursday	December 24 th	0800-1200	
Friday	December 25 th	CLOSED	Merry Christmas!
Monday	December 28 th	CLOSED	Boxing Day Holiday
Tuesday	December 29 th	0800 - 1600	
Wednesday	December 30 th	0800-1600	
Thursday	December 31 st	0800-1200	
Friday	January 1 st	CLOSED	Happy New Year!
Monday	January 4 th	Normal Hours Resume	

*Please note the Community Centre Office will be closed from 1200-1300 hrs for lunch.

For information on Community Recreation call:

765-1494 ext. 5341, 5337, or 5331

14 Wing Community Library

Monday	December 21 st	1-5pm & 6-8pm
Tuesday	December 22 nd	10am -1pm & 2- 5pm
Wednesday	December 23 rd	1-5pm & 6-8pm
Thursday	December 24 th	CLOSED
Monday	January 4 th	Regular Hours Resume.

For more information about the 14 Wing Library please call 765-1494 ext. 5430

Youth Centre Holiday Hours:

Friday	December 18 th	1600-2330	Christmas Youth Dance
Saturday	December 19 th	1600-2200	
Sunday	December 20 th	1600-2100	
Monday	December 21 st	1600-2100	
Tuesday	December 22 nd	1600-2100	
Wednesday	December 23 rd	1600-2100	
Thursday	December 24 th	CLOSED	
Friday	December 25 th	CLOSED	Merry Christmas!
Saturday	December 26 th	CLOSED	
Sunday	December 27 th	CLOSED	
Monday	December 28 th	1400-2100	
Tuesday	December 29 th	1400-2100	
Wednesday	December 30 th	1400-2100	
Thursday	December 31 st	CLOSED	
Friday	January 1 st	CLOSED	Happy New Year!
Saturday	January 2 nd	1400-2200	
Sunday	January 3 rd	1400-2100	
Monday	January 4 th	Normal Hours Resume	

For more information on any of the youth programs or hours call 765-8165 or 765-1494 ext. 5341, 5337, or 5331. Seasons Greetings!

Greenwood Bowling Centre

Open Play • Christmas Holiday Schedule:

Monday	December 21 st	1300 - 1600 hrs and then 1800 - 2100 hrs
Tuesday	December 22 nd	1300 - 1600 hrs and then 1800 - 2100 hrs
Wednesday	December 23 rd	1300 - 1600 hrs and then 1800 - 2100 hrs
Thursday	December 24 th	CLOSED
Friday	December 25 th	CLOSED
Saturday	December 26 th	CLOSED
Sunday	December 27 th	1300 - 1600 hrs
Monday	December 28 th	1800 - 2100 hrs
Tuesday	December 29 th	1300 - 1600 hrs and then 1800 - 2100 hrs
Wednesday	December 30 th	1300 - 1600 hrs and then 1800 - 2100 hrs
Thursday	December 31 st	1300 - 1600 hrs
Friday	January 1 st	CLOSED Happy New Year!
Saturday	January 2 nd	Regular Winter Hours

Have a Happy Holiday Season from all of us at the Greenwood Bowling Centre.

For more info call 765-1494 ext 5631

Check us out www.5pinbowling.ca

Parent & Tot/Toddler Tuesday & Tumble Tots Programs Holiday Hours

Submitted by: Kim Dixon,
GMFRC Coordinator
of Child and Youth
Services at 765-1494
local 1812

Both Miss Coreen and I would like to wish all of our families a very Merry Christmas and Happy New Year! We will resume our regular programming starting Monday January 4, 2010 from 9:30 to 10:30 a.m. and on Tuesday January 5, 2010 from 9:30 to 10:30 a.m. Bring your sneakers on Wednesday, January 6, 2010 from 9:30 to 10:30 a.m. for our Tumble Tots Program's gym activities!



Kayla Jarvis, Novice
5 years old, 1st year with GDSC
Favourite Stroke: frontcrawl
Other Interests: horseback riding
& playing with friends



Malek Bergeron
Nova Tech 1 • 10 years old, 2nd
year with GDSC
Favourite Stroke: butterfly
Other Interests: basketball and soccer



**THE MUNICIPALITY OF
THE COUNTY OF KINGS**
87 Cornwallis Street PO Box 100
Kentville, NS B4N 3W3

TENDER 09-30

**MUNICIPAL RURAL
INFRASTRUCTURE
FUND**



**LE FONDS SUR
L'INFRASTRUCTURE
MUNICIPALE RURALE**

Canning / Kingsport Waterline Extension Canning Production Well #4

The Municipality of the County of Kings, Department of Engineering & Public Works invites sealed tenders for the Canning/Kingsport Waterline Extension, Canning Production Well #4.

The work generally includes, but not limited to:

- Drilling an 8" gravel packed well as designed and as directed by the Engineer. The well will be tied into the Village of Canning's transmission main (by others) and utilized as a production well. Well depths are expected to be 340 feet in the sandstone bedrock and 20 feet in the overburden. The well will have a depth of approximately 360 feet in total with 40 feet of 16" diameter casing, 330 feet of 8" diameter casing and 30 feet of 8" stainless steel screens.
- 72 hour pump test

Contract documents may be obtained from the offices of Hiltz & Seamone Company Limited. Documents will be provided to prospective tenderers upon the receipt of a non-refundable fee in the form of cash or certified cheque in the amount of \$50.00 payable to Hiltz & Seamone Company Limited for purchase of the documents. Firms must have purchased documents or their tender will be considered invalid.

Drawings and Specifications of the proposed work may also be examined at the office of Hiltz & Seamone Company Limited 76 Coldbrook Village Park Drive, Coldbrook, and the Construction Association in Dartmouth, 260 Brownlow Avenue, Dartmouth.

Each tender must be accompanied by a certified cheque or a Bid Bond from an acceptable bonding Kings for ten percent (10%) of the company payable to the Municipality of the County of tender sum and a Consent of Surety for the required fifty percent (50%) Performance Bond and fifty percent (50%) Labour and Material Bond.

Specific inquiries pertaining to this tender may be directed to David Bell, P.Eng., Hiltz & Seamone Company Ltd, phone (902) 678-2774, during regular business hours.

The six-year Canada-Nova Scotia Municipal Rural Infrastructure Fund is administered by the Atlantic Canada Opportunities Agency and Service Nova Scotia and Municipal Relations. Enterprise Cape Breton Corporation and the Union of Nova Scotia Municipalities are members of the Management Committee.

**SEALED TENDERS WILL BE ACCEPTED UNTIL
2:00PM Wednesday, December 23, 2009**

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

Tel: (902) 690-6195 Fax: (902) 679-0911
Local from Kingston & Greenwood (902) 847-3051
Toll Free: 1-888-337-2999
www.county.kings.ns.ca



MUNICIPALITÉ DU COMTÉ DE KINGS

87, rue Cornwallis C.P. 100
Kentville (Nouvelle-Écosse) B4N 3W3

SOUMISSION 09-30

**MUNICIPAL RURAL
INFRASTRUCTURE
FUND**



**LE FONDS SUR
L'INFRASTRUCTURE
MUNICIPALE RURALE**

Prolongation de la conduite d'eau Canning/Kingsport, puis de production Canning n° 4

Le Service du génie et des travaux publics de la Municipalité du Comté de Kings invite les intéressés à lui faire parvenir des soumissions scellées pour la prolongation de la conduite d'eau Canning/Kingsport, puits de production Canning n° 4.

Les travaux comprennent, sans en exclure d'autres :

- Conformément aux plans et aux consignes de l'ingénieur, le forage d'un puits à filtre en gravier de 8 po de diamètre. Le puits sera relié, à l'aide de canalisations, à la conduite d'eau principale du village de Canning et servira de puits de production. Le puits devra faire 340 pieds de profondeur, à partir du substratum gréseux, et 20 pieds supplémentaires jusqu'au terrain de couverture. Le puits devra faire environ 360 pieds de profondeur et devra comporter un gainage de 16 po de diamètre sur 40 pi et de 8 po sur 330 pi et des écrans en acier inoxydable de 8 po d'épaisseur sur 30 pi.
- Un essai de pompage de 72 heures.

Les dossiers contractuels peuvent être obtenus auprès des bureaux de Hiltz & Seamone Company Limited. Les documents seront fournis aux soumissionnaires éventuels à la réception d'une cotisation non remboursable de 50 \$ en argent comptant ou d'un chèque certifié audit montant à l'ordre de Hiltz & Seamone Company Limited pour l'achat des documents. Les entreprises doivent avoir les documents acquis ou leur soumission sera considérée comme non valide.

Vous pouvez également examiner les dessins et le cahier des charges du travail proposé au bureau de Hiltz & Seamone Company Limited situé à 76, promenade Coldbrook Village Park, à Coldbrook et à l'Association de la construction située à 260, avenue Brownlow, à Dartmouth.

Chaque soumission doit être accompagnée d'un chèque certifié ou d'un cautionnement de soumission d'une société de cautionnement reconnue à l'ordre de la Municipalité du Comté de Kings pour dix pour cent (10 %) de la somme de la soumission et un consentement de garant pour le cautionnement d'exécution de cinquante pour cent (50 %) nécessaire et le cautionnement de la main-d'œuvre et des matériaux de cinquante pour cent (50 %).

Les demandes de renseignements particulières liées à cette soumission peuvent être acheminées à David Bell, ing., Hiltz & Seamone Company Ltd, par téléphone au 902-678-2774 pendant les heures normales d'ouverture.

Le Fonds sur l'infrastructure municipale rurale Canada – Nouvelle-Écosse, qui est doté d'un budget réparti sur six ans, est administré par l'Agence de promotion économique du Canada atlantique et le ministère Services Nouvelle-Écosse et des Relations municipales. La Société d'expansion du Cap-Breton et l'Association des municipalités de la Nouvelle-Écosse sont membres du Comité de gestion.

**LES SOUMISSIONS SCELLÉES SERONT ACCEPTÉES
JUSQU'À 14 H, le mercredi 23 décembre 2009**

La Municipalité se réserve le droit de rejeter toutes les soumissions ou d'accepter toute soumission qu'elle jugerait plus avantageuse. Elle n'est pas tenue d'accepter la soumission la moins-disante. La Municipalité se réserve également le droit de renoncer à la formalité, au vice de forme ou au détail de procédure dans toute soumission présentée.

Tél. : 902-690-6195 Téléc. : 902-679-0911
Appels locaux de Kingston et de Greenwood : 902-847-3051
Numéro sans frais : 1-888-337-2999
www.county.kings.ns.ca

Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue covers the next couple of weeks only. For future and ongoing programs and services, please visit our website at www.greenwoodmfr.ca or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

Note: To keep costs down, the only methods of payment accepted for workshop registrations is cash or

cheque. To ensure your spot for a workshop, payment is required at the time of registration.

Employment and Education Services

Coordinator: Kristen Lawson at 765-1494 local 1816 or email kristen.lawson@forces.gc.ca

Upcoming Events

CF Recruiting

Monday, Dec 14, 2009
1:00 p.m. – 5:00 p.m.
GMFRC Classroom #2
FREE

No registration required
Ongoing Services

- Resume and Cover Letter Creation and Modification
- Resume Updating
- Employment Resource Library
- Career Assessment / Counseling
- Job Search Assistance
- Interview Skill Building
- Information on Small Business Planning
- Information on the Military Family Home-Based Business Group
- Employment Computer Available
- Portfolio Development

Outreach and

Community Information Services

Coordinator: Nicole Godin at 765-1494 local 5941 or email nicole.godin@forces.gc.ca

Ongoing Services

- Greenwood Welcome package
- GMFRC Virtual Welcome package
- New Arrivals Registration
- Welcome GMFRC visit/tour and Welcome Gift
- GMFRC Welcome Calls
- GMFRC Email Information Newsletter
- GMFRC Website
- Community Information Database
- Outreach to Reserve Units

Deployment Services

Coordinator: Ann Gaudet at 764-1494 local 5583 or email ann.gaudet@forces.gc.ca

Upcoming programs or services

The Emotional Roller Coaster of Deployment

Tuesday, January 19, 2010
12:00 p.m. to 1:00 p.m.
GMFRC

Registration Deadline:
Friday, January 15, 2010

To register call 765-5611
Is your military member away?

If you have a military family member who is away (spouse, son, daughter, partner, grandchild, etc.) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give us a call & we'll set you up with any of our programs/services/activities that may interest you. We do not know you're out there unless you let us know. Our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre, during, & post deployment information, assistance, outreach, & support to anyone who chooses to participate. Just give us a call!

* For respite childcare offerings for deployed families, see details under Child and Youth Services

Prevention, Support and Intervention Services

Coordinator: Jennifer Hill, at 765-1494 local 1811 or email at jennifer.hill2@forces.gc.ca

Upcoming Programs in the New Year

For the following programs you will find further details in upcoming Aurora Newspaper

articles. Stay Tuned!

Lunch & Learn-Self Care Collages

Tuesday, January 12, 2010
Max-Well Relax Casual

Get Together

Thursday's, January 14 & January 28, 2010

Rainbows

Starts Wednesday, January 20, 2010 (this is a 12 week program)

Managing Emotions (Developing Coping Skills for Youth)

Tuesday, January 26, 2010
Ongoing Services

- Emergency Shelter
- Assessment and Referral
- Short Term Support
- Crisis Intervention

Please feel free to contact me to set up an appointment to discuss any of these services or to receive more information.

Child and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Upcoming programs or services

Children's Deployment Support Group

Sunday, January 10, 2010
1:00 p.m. – 2:30 p.m.
FREE

GMFRC

Registration Deadline:
Thursday, January 7, 2010

Respite Date

Saturday, January 9, 2010

10:00 a.m. – 5:00 p.m.

Children up to age 12

To register call 765-5611
FREE to CF Families who currently have a partner deployed.

CF Families wanting to give themselves a break can register for a spot at a cost of \$25/child and \$40/two children.

Registration deadline:
Thursday, January 7, 2010

To register call 765-5611
Saturday, Jan 30, 2010

10:00 a.m. – 5:00 p.m.

Children up to age 12

FREE to CF Families who currently have a partner deployed.

CF Families wanting to give themselves a break can register for a spot at a cost of \$25/child and \$40/two children.

Registration Deadline:
Thursday, January 28, 2010

To register call 765-5611

Ongoing Programs

- Youth Council - Tuesdays
- Academic Tutoring Service - ongoing
- Parent & Tot Program - Mondays
- Toddler Tuesdays Program
- Tumble Tots - Wednesdays
- Baby Club - 1st and 3rd Thursday of each month

Special Events and Promotions

Coordinator: Michelle



13 Dec to 17 Dec

"2012"

Rated PG
Show Times

Sunday to Thursday - 8:00 PM

12 Dec to 13 Dec

"Planet 51"

Rated PG
Show Times

2:00 PM Matinee

18 Dec to 22 Dec

"Blind Side"

23 Dec to 31 Dec

"Alvin & the Chipmunks"

CASH ONLY

Consider buying

Pre-Paid Cards

All are welcome at the

Zedex Theatre

www.zedex.ca

Kingston Legion

BiNGO

Prize Money
Guaranteed: \$2,500

**BOOKLET
BiNGO**

Sunday, 1:45 p.m.

Tuesday, 7:30 p.m.

Regular Games - \$100

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

Lic.#

35542-96



**14 Wing
Greenwood**

Register NOW!

Starting in January:

Empirical Analysis in Economics and Business Jan. 21 – Apr. 15

Starting in April:

Organizational Theory Apr. 20 – June 29

Operations Management Apr. 22 – July 1

Online courses are available anytime and include:

Cross Cultural Management, Introduction to Business, and Financial Accounting

Contact

For more information, contact the
Wing Personnel Selection Officer (WPSO):

W14.wps@forces.gc.ca • (902) 765-1494, ext. 5528

More information is also
available on our website:
<http://14wing.openacadia.ca>
1-902-585-1434 • 1-800-565-6568



Together in Church

Queen of Heaven Chapel

Sunday Schedule

11 a.m. (English Mass)

St. Mark's Chapel

Sunday Schedule

10:30 a.m. Divine Worship

Switchboard 765-1494

Wing Chaplain

Chapel Life Coord - Queen of Heaven

Father Tim Nelligan ext 1960

Wing Chaplain's Admin Assistant

Ms Diane McKeage ext 5883

Chapel Life Coord - St. Mark's

Padre Gord Poley ext 5541

Unit Chaplain

Father Claude Pigeon ext 5119

Unit Chaplain

Padre Mike Peterson ext 5835

Chaplain (BTL)

Padre Frank Staples ext 5545

Unit Chaplain

Padre George Helou ext 5886

Emergencies

In an emergency, you can reach
a chaplain anytime through
Wing Operations at
(902) 765-1494 ext. 5457.



Thibodeau Wagner at 765-1494 local 1421 or email michelle.thibodeau-wagner@forces.gc.ca

Ongoing Services

- Red Friday Promotions
- Yellow Ribbon Campaign
- Support our Troops Awareness Campaign
- Military Families Strength Behind the Uniform Campaign
- GMFRC and Community Special events planning
- Morale Mail Packages to

the Troops

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at janie.gagnon@forces.gc.ca

Volunteer Opportunities

Prepare a List of Fun Things to Do in the Annapolis Valley ASAP
Daytime TBD

GMFRC
Volunteers Needed: 2
Make a list of fun things to do in the valley for welcome packages and newcomers

Warm Line Callers

A Warm Line Caller is a volunteer who has been trained by the GMFRC to provide a monthly call to families of a deployed member. The call is a wonderful way to connect with the families and to also inform them about the programs and services at the GMFRC. Two

to three hours per month

Tutors

To provide educational assistance to children enrolled in elementary, junior and high school that are experiencing difficulties with a particular subject. You must enjoy working with children and have a comfort level in the subject area.

One hour per week – for 7 weeks.

* **Suitable for our awesome Youth Volunteers!**

Are you a Commuter?

We have books on tape/CDs to make your journey fly by.



14 Wing
Greenwood Library
School Street

765-1494 Loc 5430



The H1N1 virus is here.

What would you need to know to **get vaccinated?**

That you're going to catch it? That you'll spread it to others? That some of them won't get better?

The best way to protect yourself, your family, and your community from H1N1 is to get vaccinated.

Call HealthLink 811 | or visit gov.ns.ca/H1N1


NOVA SCOTIA

Learning and Career Centre

"People working together to foster a learning culture – within the Defence Team – many places, many ways."

LCC Upcoming Workshops

December 2009

- 15 Diversity & Employment Equity for Managers and Supervisors - 1 day
15 Word Level 2 (no cost) - 1 day
17 Front Page Level 2 (no cost) - 1 day

January 2010

- 5 Word Level 1 - 1 day
6 Access Level 1 - 1 day
7 Balancing Work and Personal Life - 1 day
7 Power Point Level 1 - 1 day
13 Lunch & Learn: Digestive Health, 1200-1300 hrs - 1 hour
19 Excel Level 1 (Part 1 of 2, ½ day, morning) - ½ day
20 Excel Level 1 (Part 2 of 2, ½ day, morning) - ½ day
21 Access Level 2 - 1 day
26 Power Point Level 2 - 1 day
27 Outlook Contacts & Calendaring, ½ day, morning - ½ day
28 Excel Level 2 - 1 day

February 2010

- 1 Excel – Database Functions, ½ Day, morning - ½ day
2 Visio Level 1 - 1 day
09-11 Effective Presentations - 3 days
9 Excel Level 1 (Part 1 of 2, ½ day, morning) - ½ day

- 10 Excel Level 1 (Part 2 of 2, ½ day, morning) - ½ day
11 Front Page Level 1 - 1 day
16 Publisher – Creating Flyers & Newsletters - 1 day
17 Word – Mail Merge and Large Documents, ½ day, morning - ½ day
18 Civilian Performance Planning & Review CPPR - ½ day
18 Personal Learning Plans (PLP) - ½ day
18 Intro to Windows XP - 1 day
23 Front Page Level 2 - 1 day
24 Intro to Internet and Email - 1 day
25 Excel Level 2 - 1 day

March 2010

- 1-5 Instructional Techniques - 5 days
1 File Management, ½ Day, morning - ½ day
2 Excel Level 1 (Part 1 of 2, ½ day, morning) - ½ day
3 Excel Level 1 (Part 2 of 2, ½ day, morning) - ½ day
4 Access Level 1 - 1 day
9 Word Level 1 - 1 day
10 Outlook Contacts & Calendaring, ½ day, morning - ½ day
11 Excel Level 2 - 1 day
23 Access Level 2 - 1 day
24 Word – Creating Brochures, ½ day, morning - ½ day

GMFRC • Feature of the Week

Deployment Services

Coordinator: Ann Gaudet at 765-1494 local 5583 or email Ann.Gaudet@forces.gc.ca

The Emotional Roller Coaster of Deployment

Tuesday January 19, 2010

12:00 p.m. to 1:00 p.m.

GMFRC

Registration Deadline: Friday, January 15, 2010

To register call 765-5611

More highs and lows, twists and turns than any roller-coaster at an amusement park. We will discuss the Emotional Cycle of Deployment. We will give you some tips on navigating the highs and lows, twists and turns and maybe a carnival treat or two. Register early as spaces are limited and are sure to fill up quickly.

GMFRC • Feature of the Week

Employment and Education Services

Coordinator: Kristen Lawson at 765-1494 local 1816 or email kristen.lawson@forces.gc.ca

Quick and Easy Appetizers for Holiday Entertaining

Thursday, December 17, 2009

6:00 p.m. – 8:00 p.m.

Sobeys Community Room

Cost: \$15.00

Registration Deadline: Monday, December 14, 2009

For more information or to register call 765-5611
Tired of bringing the same old dish to your holiday parties? Come and join us for an evening of fantastic food where we will learn how to make 6 quick and easy appetizer recipes that will make you the envy of your friends and family this holiday season!

LCC Book Club News

Please note the LCC book club is open to all staff of 14 Wing Greenwood. New Members are welcome!

December's Selection is *Cry, the Beloved Country* by Alan Paton



In Brief

Cry, the beloved country, for the unborn child that is the inheritor of our fear. Let him not love the earth too deeply. Let him not laugh too gladly when the water runs through his fingers, nor stand too silent when the setting sun makes red the veld with fire. Let him not be too moved when the birds of his land are singing, nor give too much of his heart to a mountain or valley. For fear will rob him of all if he gives too much.

The most famous and important novel in South Africa's history, and an immediate worldwide bestseller when it was published in 1948, Alan Paton's impassioned novel about a black man's country under white man's law is a work of searing beauty. The eminent literary critic Lewis Gannett wrote, "We have had many novels from statesmen and reformers, almost all bad; many novels from poets, almost all thin. In Alan Paton's *Cry, the Beloved Country* the statesman, the poet and the novelist meet in a unique harmony."

Cry, the Beloved Country is the deeply moving story of the Zulu pastor Stephen Kumalo and his son, Absalom, set against the background of a land and a people riven by racial injustice. Remarkable for its lyricism, unforgettable for character and incident, *Cry, the Beloved Country* is a classic work of love and hope, courage and endurance, born of the dignity of man. (From the publisher.)

If you are interested in reading this book with the LCC Book Club, please call Local 5226 to reserve your copy! Books will be available for pick up 9 Dec 09.

Discussion meeting:

15 Jan 2010

1200-1300 hrs

LCC, Birchall Centre, Upper Level, Room 204

ANNAPOLIS EAST ELEMENTARY SCHOOL



~ The following items are available at the Cafeteria daily ~
Sandwiches: \$2.00; **Wraps** - \$2.00; **Sub Sandwiches** - \$2.00;
All sandwiches, wraps & subs will include fresh vegetable or fruit on the side.
Vegetables & Dip - \$1.50; **Cheese & Crackers** - \$1.50;
Fruit & Dip - \$1.50; **Tossed Salad** - \$2.50 sm \$1.50;
Caesar Salad - \$2.50 sm \$1.50; **Spinach Salad** - \$2.50 sm \$1.50; **Yogurt** - \$1.00; **Yogurt Tubes** - \$1.00; **Yogurt Parfaits** - \$1.25;
Fresh Fruit: Apples, Oranges & Bananas - \$1.00; **Fruit Squiggles** - \$1.50;
Gold Fish Crackers - \$.45; **Baked Lays** - \$1.50; **Flat Earth** - \$1.50;
Smart Popcorn - \$1.50; **Frozen Juice Bars:** Orange & Cherry - \$1.00;
Rice Crispy Squares - \$.80; **Smoothies:** Mon, Wed, Fri - \$1.25;
Juice: Apple, Orange & Seven Fruit - \$1.00; **Milk** - \$.35; **Water** - \$1.00;
~~ Canteen Items - CASH ONLY ~~

There will be a cost for ALL condiments if your child is not purchasing lunch from the cafeteria.

Ketchup, Mustard, Relish - \$.15 each; **Mayo & Salad Dressings** - \$.30 each;
Barbecue/Sweet & Sour Sauce - \$.40 each

We are a NUT & SCENT sensitive school with a smoke-free environment.

Dec 14th: Hamburgers with Lettuce & Slice of Tomato 2.50
• Cheese Burgers with Lettuce & Slice of Tomato 3.00
• Apples Slices 1.00

Dec 15th: Fish Cakes & Corn on Cob 2.50 • Toss Salad 1.50
• Caesar Salad 1.50 • Blueberry Parfait 1.25

Dec 16th: Turkey Dinner 2.50 • Christmas Cookies 1.00

Dec 17th: Pizza Dat 2.50 • Banana 1.00

Dec 18th: Fridge items only • Sandwiches 2.00 • Wraps 2.00
• Vegetables & Dip 1.50 • Fruit & Dip 1.50
• Cheese & Crackers 1.50

Daily Specials can be purchased for \$3.25 • Main Entree, Milk & Daily Dessert

KINGSTON & DISTRICT SCHOOL

Whole Sandwiches		Snacks	
1/2 Sandwiches (Asst. fillings).....	\$1.15	Cheese & Crackers.....	\$1.00
Subs/Kaisers/Wraps.....	\$2.25 - \$2.50	Fresh Fruit.....	\$0.75 - \$1.25
Hot Foods		Gold Fish Crackers.....	\$0.50
One Hot Food Daily.....	\$2.50	Miscellaneous	
Cup of Soup.....	\$1.00	Bread & Butter.....	\$0.50
Bowl of Soup.....	\$2.00	Bagel.....	\$1.25
Beverages		Cream Cheese.....	\$0.50
Milk.....	\$0.35	Cheese Whiz.....	\$0.50
Choc. Milk.....	\$1.30	Freezer Items	
Juice Small.....	\$1.00	Frozen Yogurt.....	\$1.25
Juice Medium.....	\$1.25	Yogurt Tubes.....	\$1.00
Bottled Water.....	\$1.25	Desserts	
Yop.....	\$1.25	Muffins.....	\$1.00
V8 Juice.....	\$1.00	Cookies (small).....	\$0.35
Salads		Biscuits.....	\$1.00
Assorted Salad Plates.....	\$2.50	Yogurt.....	\$1.25
Fruit Plate.....	\$1.75 - \$2.25	Fruit Salad.....	\$1.00
Veggies & Dip.....	\$1.00	Other Assorted Desserts.....	\$0.75
Apple Snacks.....	\$1.00	Special Treat Days.....	\$1.50

Daily Specials (Mon-Thur): Price Includes Main Course, Drink and Dessert - \$3.25

Mon: Nachos with Veggie Sticks; **Tues:** Grilled Cheese
Wed: Turkey Dinner; **Thurs:** Hamburgers; **Fri:** Assorted Menu

This menu brought to you compliments of:

FRASER'S PRO Home Centre



BERWICK • 1-800-959-3727
KINGSTON • 1-902-765-3111
KENTVILLE • 1-902-678-8044
BRIDGETOWN • 1-902-665-4449
www.frasers.ca



GMFRC • Feature of the Week

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at Gagnon.JMC@forces.gc.ca

Tutors

To provide educational assistance to children enrolled in elementary, junior and high school that are experiencing difficulties with a particular subject. You must enjoy working with children and have a comfort level in the subject area. One hour per week for 7 weeks.

CRFMG - Publicité de la semaine

Service de bénévolat

Coordonatrice Janie Gagnon au 765-1494 local 5938 ou courriel à Janie.Gagnon@forces.gc.ca

Tuteurs

Aidez des enfants fréquentant l'école primaire et secondaire qui connaissent des difficultés dans une matière particulière. Il faut aimer travailler avec les enfants et connaître suffisamment la matière donnée. Implication d'une heure par semaine pour sept semaines.

BEST PRICE OF THE YEAR!

CHRYSLER Jeep DODGE RAM

HOLIDAY *Wish List*
EVENT

Jeep

DODGE



RAM



Purchase



**PLUS
GET**

0%^{††} APR
PURCHASE FINANCING
FOR 36 MONTHS


 NHTSA 5 Star
 Frontal and Side Impact

INCLUDES \$6,500 CONSUMER CASH*/FREE PAYMENT OFFER.*

OR CHOOSE OUR MOST COMPELLING PAYMENT OFFER EVER!

\$119⁺ BIWEEKLY
PAYMENT

AT

2.25%
VARIABLE PRICE
FOR UP TO 84 MONTHS

INDUSTRY FIRST!

HWY: 8.4L/100 km (34 mpg)^Δ
CITY: 12.6L/100 km (22 mpg)^Δ

**"MOST DEPENDABLE VAN
IN THE U.S. FOR 2009"¥**

- 3.3L Flex Fuel V6 engine with automatic transmission • Air conditioning • 3rd row Stow 'n Go® seating • 4-wheel disc brakes with ABS
- Electronic Stability Program (ESP™) with Traction Control • Advanced multistage front air bags & side-curtain air bags • Media Centre 130 CD/MP3 radio
- Stain Repel seat fabric • 2nd row in-floor storage bins • Power windows and locks • Power heated mirrors • Deep tint glass • Speed control

FROM COMPACT CARS TO HEAVY-DUTY TRUCKS WE HAVE WHAT'S ON YOUR WISH LIST.



Our offers now include up to **\$1,500*** in free payments plus up to **\$6,000*** in Consumer Cash and **0%^{††}** purchase financing on virtually all our 2010 models.

It's our Gift to you!

VISIT YOUR ATLANTIC CHRYSLER, JEEP®, DODGE RETAILER OR DODGE.CA

Wise customers read the fine print: ♦ ♦ ♦ ♦ ♦ Holiday Wish List Event only applies to retail deliveries of selected new and unused models purchased between December 1st, 2009 and January 4th, 2010 from participating retailers. Retailer order/trade may be necessary offers subject to change without notice. See participating retailer for complete details and conditions. ♦ ♦ ♦ ♦ ♦ \$19,999 Purchase Price includes: 2010 Dodge Grand Caravan (24F) only and includes \$6,000 Consumer Cash Discount and \$500 Free Payment Offset. Participating retailer for complete details. Price excludes freight (\$1,400), license, insurance, registration, any retailer administration fees and other applicable fees and applicable taxes. Retailer order/trade may be necessary. Retailers may sell for less. ♦ ♦ ♦ ♦ ♦ Free Payment Offset applies to most new 2010 models purchased or leased from a participating retailer by January 4th, 2010. Payment amount is a manufacturer to retailer incentive which varies from \$500 to \$1,500 by vehicle and will be deducted from the negotiated purchase/lease price after taxes. Some conditions apply. See your retailer for complete details. ♦ ♦ ♦ ♦ ♦ Consumer Cash Discount is offered on most new 2009/2010 vehicles and is deducted from the negotiated price before taxes. Amounts vary by vehicle. See your retailer for complete details. ♦ ♦ ♦ ♦ ♦ Purchase price financing for 36 months available to qualified customers on approved credit through Royal Bank of Canada, Scotiabank, TD Canada Trust and GMAC on most 2010 Chrysler, Jeep, Dodge and Ram models, except Challenger, Caliber, Canada Value Package and SE Plus, Grand Caravan Cargo Van, Sprinter and Ram Chassis Cab. Example: Dodge Grand Caravan (24F) with a Purchase Price of \$19,999 financed at 0% for 36 months equals monthly payments of \$555.53, cost of borrowing of 0 and a total obligation of \$19,999. Excludes freight (\$1,400), license, insurance, registration, any retailer administration fees and other applicable fees and applicable taxes. Retailer order/trade may be necessary. Retailers may sell for less. ♦ ♦ ♦ ♦ ♦ Variable Prime Rate up to 84 months is offered on most new 2010 vehicles on approved credit to qualified retail customers through TD Canada Trust. Variable rate is 10 Prime Rate and 1% over the applicable rate. Payments and financing term may increase or decrease with rate fluctuations. Offer not valid for residents of New Brunswick, Newfoundland and Labrador, Yukon, Nunavut and NWT. Some conditions apply. Biweekly payments based on 84 month term. See participating retailer for complete details. ♦ ♦ ♦ ♦ ♦ The Dodge Grand Caravan is a 2010 model vehicle. ♦ ♦ ♦ ♦ ♦ 2010 model year vehicles are based on 2010 model year vehicles. ♦ ♦ ♦ ♦ ♦ 2006 model-year cars and trucks. Proprietary study results are based on experiences and perceptions of consumers surveyed October-December 2008. Your experiences may vary. Visit jdpower.com. ♦ ♦ ♦ ♦ ♦ Based on 2010 EnerGuide Fuel Consumption Guide ratings published by Natural Resources Canada. Transport Canada test methods used. Your actual fuel consumption may vary. ♦ ♦ ♦ ♦ ♦ Based on U.S. National Highway Traffic Safety Administration (NHTSA) scoring system for 2010 model year Dodge Grand Caravan. ♦ ♦ ♦ ♦ ♦ ©SIRIUS and the dog logo are registered trademarks of SIRIUS Satellite Radio Inc. ♦ ♦ ♦ ♦ ♦ Jeep is a registered trademark of Chrysler Group LLC.

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INCLUDES 1 YEAR PREPAID SUBSCRIPTION

FOR YOUR INFORMATION

UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS
FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items **MUST** be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

*If you want to drink ~
That is your business
If you want to stop drinking ~
We can help.*



AA meetings every Tuesday at 8 p.m.
at St. Mark's Protestant Chapel

HOROSCOPES

December 13 to December 19

ARIES - Mar 21/Apr 20

You may be tempted to sleep in most days this week, Aries, but don't waste your time on too many ZZZs. You will find that it's actually a good time to get moving.

TAURUS - Apr 21/May 21

Have you felt like you're doing so much that the days seem doubly long? Don't worry, more free time is heading your way along with a chance to kick back and relax.

GEMINI - May 22/June 21

While you thought you had the energy to make it through the week, by Wednesday you may find you need to take a "mental health day." Do something you enjoy.

CANCER - Jun 22/Jul 22

Many people believe that what goes around comes around. Perhaps you should apply this notion to the way you have been acting lately, Cancer.

LEO - Jul 23/Aug 23

There comes a time when the curtain must close on the show you keep putting on. It's time that you figure out that others need to share the spotlight, Leo.

VIRGO - Aug 24/Sept 22

It's feeling like a long time that you've experienced your inner child, Virgo. This week let it shine through and have a lot of fun in the process. Pisces tags along.

LIBRA - Sept 23/Oct 23

Don't feel disheartened if things don't go according to plan, Libra. At least that means that changes can be in store and better news on the horizon.

SCORPIO - Oct 24/Nov 22

There are some days when you just have to admit that you're wrong, Scorpio. Tuesday of this week is one of them. Be a big person and stand up to your shortcomings.

SAGITTARIUS - Nov 23/Dec 21

This is a week where there are many opportunities for having fun, Sagittarius. You just have to hop on the right excitement train. Find a friend to be your partner in crime.

CAPRICORN - Dec 22/Jan 20

You have been on a strict regiment and schedule, Capricorn. It could be time to loosen up a bit and enjoy yourself for a change. Don't feel guilty about having a little fun.

AQUARIUS - Jan 21/Feb 18

Just because you are in a bad mood, Aquarius, you shouldn't take it out on others. They only mean well and you're on edge. A few days away may recharge your batteries.

PISCES - Feb 19/Mar 20

Spend some time with friends and family this week, Pisces. You can really use the comradery they will provide.

FAMOUS BIRTHDAYS

DECEMBER 13	Taylor Swift, Singer (20)
DECEMBER 14	Vanessa Hudgens, Actress (21)
DECEMBER 15	Don Johnson, Actor (60)
DECEMBER 16	Benjamin Bratt, Actor (46)
DECEMBER 17	Bill Pullman, Actor (56)
DECEMBER 18	Steven Spielberg, Director (63)
DECEMBER 19	Alyssa Milano, Actress (37)

Horoscopes brought to you compliments of:

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RCAFA News

Don't forget, our Christmas Party on the 19th. Meal served. Tickets \$10.00. DJ afterwards. All members invited.

3rd Annual Christmas Breakfast

Saturday Dec 19, 8:00-10:00 a.m. The Kingston Baptist Church, Main St, Kingston, will be holding their 3rd Annual Christmas Breakfast. For a free-will offering, come and enjoy a delicious breakfast with us. All are welcome.

Kingston Lions Annual Christmas Breakfast

The Kingston Lions will be holding their annual Christmas Breakfast at the Kingston Lions club on the 24 December 2009 from 6:30 - 11:00 a.m. The Menu includes: scrambled eggs, sausage, bacon, ham, pancakes, toast, juice, coffee & tea. Cost: Free Will Offering. Music will be provided by Hi-Lites with Bob Deveau and friends. Santa will be on hand

to hear your Christmas Wish.

CanSkate

The Greenwood Skating Club is now accepting registrations for our 10-week CanSkate session starting January 3rd, 2010. CanSkate is Skate Canada's flagship Learn-to-Skate program. For more information, please contact Carol Aquino at 765-2887 or email aquino@ns.sympatico.ca.

Christmas Eve Service

A Christmas Eve Service will be held at New Beginnings Center in Greenwood on Dec. 24th at 7:00 p.m. Come and join us for an hour of music and a drama from the young people.

Kingston/Greenwood Living With Cancer Support Group

The Canadian Cancer Society "Living With Cancer" Support Group will hold its December monthly gathering in St. Mark's Protestant Chapel, 14 Wing Greenwood from 7:00 - 9:00 p.m. Monday, 14 Dec 09. This

is our traditional "Christmas" evening together with guest speaker St. Mark's Chapel Life Coordinator, Padre Gordon Poley on the topic of "Does God Know That I Have Cancer?" Musician, teacher and songwriter, Mr. Frank Dobbin, and his keyboard, will be there for music and carols to round off the program. Cancer patients, their family and friends or anyone seeking information on cancer are most welcome and encouraged to attend. For information call Lloyd Graham (765-6133) or Lynda Pierce 765-3055.

Big Breakfast

Middleton Curling Club, 6 King Street. Saturday, Dec. 19 for 8:00 - 11:00 a.m. \$6.00 per person. A community favourite.

Kingston Area Seniors Association

Kingston Area Seniors Association meets the second Wednesday of each month at 10:00 a.m. at the Kingston Branch No 98 of the Royal

Canadian Legion. Fun day (cards & games) every second and fourth Friday of the month at 1:00 p.m. For more information contact Minnie Rogers at 765-3292.

Winner of Quilt Raffle

The Carousel Gift Shop Committee is pleased to inform everyone who purchased tickets for the Queen Size Quilt and 2 Shams that the winner of the draw on December 03 was Helen Vroom, DVA Unit, Middleton. We would like to thank everyone for their support. Gift Shop Committee.

Christmas Hymn Sing - Wilmot Baptist Church

Christmas Hymn Sing to be held at Wilmot Baptist Church on December 20th at 7:30 p.m. Special music will be provided by those in our church family. Located at the corner of the Dodge Road and Highway One. Note it will be held in our worship centre.

Sunday School Christmas Concert

Come see our children at 9:30 a.m. on December 20th at the Christian Fellowship Centre (corner of Dodge Road and Highway One) as they present their Christmas Recitations "Happy Birthday Jesus"

Christmas Eve Service

At the Wilmot Baptist Church at 7:00 p.m. on the corner of the Dodge Road and Highway One.

RED FRIDAY

Don't forget to wear RED on Friday to show your support to the troops. There is no better way to make a statement and to say thank you to the men and women of the Canadian Forces than to proudly wear red on Friday. Drop by the Greenwood Military Family Resource Centre (GMFRC) to see us and buy a T-shirt to show your support!!! 100% of proceeds from the sale of Red T-shirts go directly to support GMFRC programs and services.

For more information please contact Michelle Thibodeau Wagner, GMFRC Coordinator of Special Events and Promotions at 765-1494 local 1421 or email at michelle.thibodeau-wagner@forces.gc.ca.



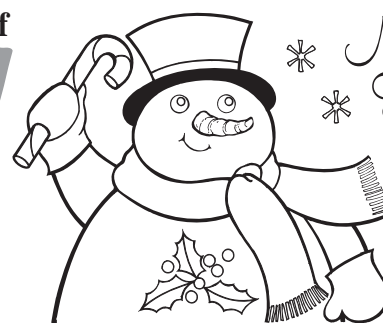
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Tuesday 10am-1pm & 2-5pm
Wednesday 1-5pm & 6-8pm
Friday 12-4pm
* Sunday 1:30-4pm

765-1494 Loc. 5430

24 hour drop-off box • Phone for Renewals • Closed on holidays and holiday weekends throughout the year.



Merry Christmas and
Happy New Year

to all of our library patrons
and volunteers.

Enjoy the holidays! See you in 2010.

Judy and Liz

The Aurora newspaper PRESENTS... FIND & WIN

Just Fill in The Blanks. Three Easy Ways to Enter.

1. Through our website: www.auroranewspaper.com
2. Fax: 765-1717
3. Drop into our office located on School Road (Morfee Annex)

No Central Registry or Canada Post please.
Deadline: Noon, Thursday, December 17, 2009.
Make sure you include your full name and phone number.

NAME	PHONE NUMBER
Limited to one win in a TWO MONTH PERIOD.	
The winner will be drawn randomly from all correct entries. Only one entry per family per week.	
Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!	
1. What type of work does Jason Bezanson do	_____
2. What is the 3 digit number to call HealthLink	_____
3. How long has Parker & Richter been serving the Western Valley	_____
4. Who has New Nano Flex compression supports for sale	_____
5. Where is the French Bakery located	_____

Pizza Delight
This contest is brought to you by:
Pizza Delight, Greenwood
765-4477
Congratulations to last week's winner: **MADONNA SNOW**

The 107 Valley Wing
904 Central Ave.
Greenwood
Air Force Association of Canada

Open to ALL Members, Serving or Retired, of the
• CAF • Reserves • RCMP •
• Public Service • RCAC •
• Members & Guests •

Do you enjoy a good time in a friendly relaxed atmosphere?

Drop into the 107 Valley Wing and meet our friendly members and staff.

We are open 7 days a week for your convenience.

We are looking for new members!

For more information call 765-8415 after 12:30 p.m.

We also have Catering Service for your Weddings, Section Parties or other celebrations.

A Community Recreation Card – The Perfect Holiday Gift!

By: Eric MacKenzie,
Community Recreation
Coordinator

Well it's hard to believe that it's already mid December and there are now only a handful of shopping days left before Christmas! A Community Recreation Card is a popular stocking-stuffer and gift during the upcoming Holiday season as a result of the many benefits of having the card!

December is a prime example of what great opportunities you have with your Recreation Card. For instance, tickets to the ongoing Halifax Mooseheads 09/10 QMJHL season are

available at the 14 Wing Community Centre. We have four tickets available, to anyone with a Recreation Card, for all regular season home games and sell each ticket for \$14.00. These four seats are located together and are in row G (7 rows up) of section 5. If you're interested in seeing the Heard play, tickets are available for the following upcoming home games; Sunday 27 December against the Moncton Wildcats at 4pm, Wednesday 30 December verses the Cape Breton Screaming Eagles at 7:00 p.m. or finally on Friday 08 January against Montreal or Saturday



14 Wing Community Recreation Card.

09 January as the Mooseheads host the Cape Breton Screaming again – both games start at 7:00 p.m. If you would like to catch a game, please call soon since these tickets are sold on a first come first serve basis!

Speaking of hockey, FREE Public Skating is available to all 14 Wing Community Recreation Card holders, and is offered from 7:00 – 8:00 p.m. on Saturdays and 11:00 a.m. -12:00 p.m. on Sundays.

Another benefit that you can take advantage of during this month, and all thorough

the winter season, is the Community Recreation Card discount at Ski Martock! Skiing is an excellent way for the family to exercise and have fun. Ski Martock, located roughly an hour away outside of

Windsor, will once again offer day lift tickets for adults and youth ages 6-15 for \$15.00 and a discount price of only \$10.00 for children 5 years and under. If you have the desire to sky but do not have the necessary equipment, then they offer a \$22.00 a day for adult equipment rentals and only \$20.00 a day for youth under 15 years of age. These discount coupons are available at Ski Martock! To contact Ski Martock, please call 902 798-9501.

This is also the time of year when individuals start thinking and talking about their New Years Resolutions and a common resolution is starting a regular routine at the Fitness and

Sports Centre. A Community Recreation Card allows you to take advantage of all of their great cardio and weight room machines and equipment, as well as the indoor pool, walking track and gymnasium.

Other terrific benefits of having a 14 Wing Community Recreation Card includes membership opportunities to nearly 30 clubs, and the following discounts; Greenwood Bowling Centre, 14 Wing Greenwood Golf passes, Brier Island Whale Watching, Falls Lake Cabin gift certificates, Hockey School registration, Swimming lessons and finally free youth membership for Pre-Teens

and Teens at the 14 Wing Community Centre!

We also offer temporary one month memberships, for up to three months, which allows you to use the 14 Wing Community Recreation Card on a trial basis. Be prepared to make the end of 2009 and the start of 2010 a great year with all that you can take advantage of with a 14 Wing Community Recreation Card! If you are interested in learning more about the over 15 benefits of having a Community Recreation Card, or inquiring about one of the three membership fees that would apply to you, simply call the Community Centre at 765-1494 ext. 5341, 5337 or 5331.

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* Loan and loan amount may be subject to application approval. Payment plans are based on your paydays and can be bi-weekly and semi-monthly. Loans are based on a 6 to 18 month term. Call for details

ComParrot® by Bonnie J. Malcolm

Can you spot 12 differences between these pictures?




www.comparrotpuzzles.com © 2009 Bonnie J. Malcolm



Solution: 1. Bottom of candy cane on tree is missing. 2. Top of boy's ornament is missing. 3. Ornament in box is missing. 4. Man's tongue appears. 5. Leaf on potted plant is colored in. 6. Lady's ornament is colored in. 7. Pocket on shorts is colored in. 8. Dog's tail has moved. 9. Lady's vest is different. 10. Ribbon on bow is longer. 11. Angel's wing is larger. 12. Candy cane is reversed.

Com Parrot brought to you compliments of:




954 Central Avenue
Greenwood
765-6381


PATRICK'S PUZZLE

Creative Coloring

Color in this picture to create your own masterpiece.



Patrick's Puzzle brought to you compliments of:



authorized dealer
Cellular Sales & Service
Authorized Product Care Centre
765-2415

Canadiana Crossword

Days of Our Lives

By Bernice Rosella and James Kilner

Solution page 26

		1	2	3	4		5	6	7	8			
	9						10				11		
12							13					14	
15					16	17			18				
19					20				21				
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40			41		42		43		44				
45					46				47				
48				49				50	51				
	52							53					
		54						55					

ACROSS

1 Persuade
5 Enemies
9 Tractor maker
10 Palestinian leader
12 ___ Dee
13 Leg bones
15 Toward the mouth
16 Bleacher blast
18 Ancient Olympic Site
19 Legendary giant
20 Dauphin to Winnipeg dir.
21 Damage
22 Home to hockeyists
24 Time units, abbr.
26 Atlas ref.
27 Mucilage
29 Drunkard
31 Annex
34 Lar or Zeus
36 ___ Day
40 Burden

42 Foot part
44 Ball supports
45 Wolf
46 Spell
47 Hindu God of Fire
48 Celestial point
50 ___ Day
52 Sweetener
53 Eastern leaders
54 Decays
55 Show the way

DOWN

1 Upper chamber
2 ___ Day
3 Air travellers info
4 New ___ Day
5 ___ Day
6 Japanese sash
7 Receded
8 Voyager
9 Challenger
11 ___ Jean Baptiste Day

12 Bean
14 This to Miguel
17 Shade tree
23 Autumn mo.
25 Weep
28 ___ Day
30 Moon of Uranus
31 Fitzgerald, for one
32 Aerobatic maneuvers
33 ___ Day
35 Buck's mate
37 Esteem
38 Cares for
39 First Chinese dynasty
41 In hiding
43 Be the best
49 Dine
51 Soul in St Foy

Weekly Crossword brought to you compliments of:

BEST TOYOTA



840 Park St., Kentville
(902) 678-6000

Classified Ads

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX or Debit or Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

To place a Classified Ad by Word Count call Candace Ernst at 765-1494 local 5440. The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to aurora@auroranewspaper.com. Fax: 765-1717.

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.

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FOR SALE - Christmas Trees and Wreaths are now available again this year at 723 Main St., Kingston, next to the United Church. Plain and decorated wreaths in 3

C. HANSON DOWELL, Q.C.
250 Main St., Middleton

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Kingston



Crossword Solution

	S	W	A	Y		F	O	E	S	
	D	E	E	R	E		A	B	B	A
S	A	N	D	R	A		T	I	B	I
O	R	A	D		R	A	H		E	L
Y	E	T	I		S	S	E		D	E
A	R	E	N	A		H	R	S		R
			G	U	M		S	I	R	
E	L	L		G	O	D		B	I	R
L	O	A	D		T	O	E		P	E
L	O	B	O		H	E	M		M	A
A	P	O	G	E	E		C	A	N	A
	S	U	G	A	R		E	L	U	D
		R	O	T	S		E	S	N	E

sizes and a large selection of trees. (3048-3tpb)

FOR SALE - Foosball table. Excellent condition. Regular size table. \$130.00 Phone 765-6875 (3048-ufns)

FOR SALE - 2001 Ford Focus SE Wagon. 148,000 Km. Needs 2 front rotors and hand



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Craig G. Sawler, LL.B.

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Tel: 902-825-6288

Fax: 902-825-4340

Email:

info@colesawlerlaw.ca

Website:

www.colesawlerlaw.ca

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Blaine G. Schumacher, CD
(Also of the Alberta Bar)

Counsel:

Clare H. Durand, Q.C.
(Non-Practicing)

Phone (902) 825-3415

Fax (902) 825-2522

74 Commercial Street
P.O. Box 700
Middleton, NS
B0S 1P0



brake cable for safety. Call Ed or Denise at 538-7792. (3049-2tp)

FOR RENT

FOR RENT - 2 bedroom apartment for rent in Hollow, Middleton. Hot water included, fridge, stove, low electric bills. Ready now. Phone 825-3424 or 825-2606 (3049-3tp)

FOR RENT - 2 bedroom unit with garage. Fridge, stove, dishwasher and fireplace. Heated bathroom floor, sit-down shower and whirl pool tub. Lawn care and snow removal. Available Jan 2010. \$895.00 a month. Call 825-

3424 or 825-2606. (3049-3tp)
FOR RENT- Dec. 01/09. 2 bedroom duplex in Wilmot, 500.00/mth, cable included, utilities extra. Oil heat. Large yard. References and security deposit required. Call 847-5412 after 3 PM. (3049-2tp)

FOR RENT - 3 bedroom house with attached garage. \$700 monthly plus utilities. No smoking or pets. Quiet country living. 5 min from Port George and Margaretville. 15 min from Greenwood. Organic garden plot. Call 765-6428. (3049-2tp)

FOR RENT - Located in Kings-ton. Small Bachelor house. Utilities included. \$525.00 per month. Phone 847-5046 (3049-3tp)

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Web: www.davidproudfoot.com

T: 902-765-3301 F: 902-765-6493

FOR RENT - Large one bed-room apartment located at 1320 Bridge St., Kingston. \$370.00 a month. Utilities extra. Call 765-6929 (3050-2tp)

FOR RENT - 4 bedroom, newer home on large private lot. Wood and electric heat. Ceramic and hardwood floors throughout. 10 minutes from Greenwood/ \$700.00 a month plus utilities. Call 847-0186 after 5 p.m. (3050-3tp)

FOR RENT - Spacious 2-Bed-room apartment in quiet Greenwood Sub. Non-smoking. Fridge, stove, washer/ dryer hook-up. Lawn care & snow removal included. Available Jan 1. No Dogs. \$475.00 per month plus utilities. Call 844-0432 (3050-ufn)

FOR RENT - 2 Bedroom apt

HEAT PUMPS

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B: 765-8104 • C: 760-0403

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16' Cube Van
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with attached garage in 4
Plex in Bridgetown Included
washer, dryer, fridge, stove,
dishwasher, microwave,
lawn care and snow remov-
al. Very quiet area. Available
Jan 1 2010. \$825.00 Phone
Joan 765-4400 (3049-3tpb)

FOR RENT - Retirement apart-ments. New, 2 bedroom units in seniors complex Kingston. Ground level, walking distance to all amenities. \$690.00 per month plus utilities. Guaranteed no rent increase. Call 1-902-825-6929. (3045-7tpB)

SERVICES

DROP & LOCK STORAGE
- Kingston/Greenwood's
newest building, clean,
secure self storage your
lock—your security code
sizes: 10' x 10' or 5' x 10'

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Registered Therapists in a
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Across from Greenwood Mall
(Beside Miss Kelleys)
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Electric or Acoustic Guitar
All ages, all styles of music
Beginner to Advanced
Over 26 years experience
Call Steve 825-6553

847-1405 or 760-0278. (2903-
Bufn)

SERVICE - Self Storage locat-ed in Kingston, units available 5'x12', 5'x13', 8'x10'. Prices vary call 825-3607. (2931-Bufn)

SERVICE - VALLEY CANVAS CONVERTERS - Winter is coming & now is the time to prepare for summer. We specialize in manufacturing tarps, camping gear, roll out awnings, gazebo tops and "more." We also do repair work. Located at 675 Main St Kingston or call 765-6477 (3050-2tpb)

SERVICE - Bilingual handy-man carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates - flexible hours Call Mike at 242-2465 Greenwood/ Kingston (3024-ufn)

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We do local moving
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The Greenwood Skating Club Presents

The "Berwick Building Supplies"
Skater of the Week

Tristan Pennell

Age: 10 years old

School: A.E.E.S

He started skating
at 9 years old and
now he is a first
year Junior skater.

His favourite part
of skating is:

Waltz jump, Sow
cow.

Favourite skater:
Hayley Young and
Cheryle Gaston.

Favourite hobbies:
Riding.



Street Gang Rocks Canadian Tire Party

The Greenwood Canadian Tire store recently held its Christmas party. To help those less fortunate and in the spirit of the season we hosted the McMaster Street Gang for a benefit pre-party floorshow.

Since early summer of this year this Gang of five, ranging in ages from six to twelve, have staged benefit performances in the Kingston/Greenwood area. They plan and manage their own performances and donate all proceeds to charity. This was their first costumed performance and their first private-function appearance.

The Gang rocked the hall with joy, laughter and applause, and left behind their love and plates of cookies for all our staff.

Their first act was a up-tempo

hip-hop hula hoop dance which quickly involved the participation of the whole audience of over 70 attendees. The delightful smiles and enthusiasm of the kids brought a very warm and immediate response from all and set the tone for the evening.

The second act was a very animated version of the obviously still-popular Bird Dance song. The whole audience sang and clapped along and some joined the kids on the floor.

Words heard to describe the show included delightful, cool, awesome and uplifting. It was all too apparent that this gang is a positive force for good, converting their energies and talents into help for others. Their good works are shining examples for all of us to follow. We need more

street gangs like this.

For their efforts the Gang collected a staff donation of one hundred dollars. In addition to food donations at the door a hat passed around the hall picked up an additional \$135.00. They have donated their total evening's collection of \$235.00 to the Kingston Food Bank.

Management and staff of the Greenwood Canadian Tire store are proud to have hosted the McMaster Street Gang. We sincerely thank them and their parents (the Bakers and Greens) for helping us spread the joy of Christmas to others less fortunate.

They say there are angels all around us. We at Canadian Tire agree. We saw a gang of them just recently.



GMFRC Babysitting Course Graduates!



Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812 or email Kim.Dixon@forces.gc.ca

The GMFRC is proud of the hard work and dedication of the 14 youth who have just successfully completed the babysitting course here at the GMFRC. Our new babysitters have been busy learning how to be safe and responsible caregivers. Special thank you to Nancy Mattinson who facilitated our program. The GMFRC has a list of Teen Sitters available to parents who are trying to find someone to provide care to their children while they step out for an appointment or to call on for an evening out. For more information on our next babysitting course please contact Kim.

(Photo: Joyce Jacques)

★ ★ ★

14 Wing Community Centre

Christmas Party

Saturday, December 19th

Pre-teens: 2-4pm
Teens: 4-6pm

Karaoke, Games, Treats and Fun!
To get in the Christmas spirit!

★ ★ ★

END OF THE LINE PUB

73 Queen St. Bridgetown,
(former Train Station)

665-5277

less than 30 minutes from Greenwood!

Hours - closing Dec 24th at 7:00pm,
closed Christmas Day, open Dec 26th at 10am

Christmas Open Mic - Wednesday, Dec 23rd, 7:30pm
with carols and complimentary appetizers, all welcome.
Hosted by Sean McCabe

New Years Eve - Gala Buffet 7 - 9pm,
items such as Bacon Wrapped Scallops,
Lobster Bisque, Prime Rib, Decadent Desserts - **\$24.95**

New Years Day - open at noon, Levee 1 - 5pm
(adults only), kitchen open to 9:00pm

Gift suggestions - Pub T-shirts, hot sauce, gift certificates, Annapolis Valley Tastes Cookbook (see us on pg. 20), Caleb Miles, Joe Murphy or Jim Taylor CD's, Valley books by Dave & Paulette Whitman

www.endofthelinepub.com

14 Wing Community Centre Information Sessions Pre-teens & Teens Welcome!

Come to the
Community Centre!
3:30pm Tuesday
December 15

Reg. Dietician
Stacy Hanninen will
be there! She's going to
talk about ways to live a
healthier life and we are
going to make
smoothies!

Sounds
cool!
I'll be there!



COUNTRY STORE

Natural Alternatives
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Dec 14 to Dec 20/09

SANTA'S STOCKING HELPERS

*Kid's will absolutely love
our stocking helpers, we
have some neat ideas*

**Toxic Waste
Hazardously Sour
Candy** - 48g
How long can you keep
one in your mouth?
SALE \$2.49

Pez Dispenser
Assorted Characters
with candy refills
SALE \$2.49

**Personalized
Shoobies Zipper Pulls
and Key Chains**
SALE \$3.99 & \$2.99

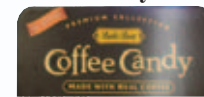
**Tea Candy Naturally
Flavored** - 150g



Made with Real Tea Extract,
a natural source of
anti-oxidants

SALE \$2.49

Coffee Candy
150g
**The Original Coffee
Candy**



Made with Real Coffee
All Natural

SALE \$2.49

**Rockin' Roll Mints
with a Message!**



Sayings like: *Naughty, Happy
Birthday, Simply the Best*
reg. \$0.99

Special 5/\$1.00

**Real Gemstone
Crystal Energy
Jewelry & Key
Chains**
SALE 3/\$7.99

**ORGANIC
Candy Canes**
12 Peppermint Candy Canes.
Made with Organic Brown
Rice Syrup
reg. \$3.49
SALE \$2.99

**Chocolate Moose
Fudge** - 40gr
**Gourmet Rich and
Creamy Butter Fudge**
SALE \$3/5.99

*Help with Santa's stocking is
easy at the Country Store as we
have lots of little things for the
young and young at heart.*

While Supplies Last

Greenwood Mall
963 Central Avenue, Greenwood
(902) 765-4766

GHRC Thanks the Volunteers

Greenwood Horse and Rec Club is fortunate to have volunteers to assist with the many projects that are currently underway as well as, the daily routine chores that never end. Often the efforts of volunteers go seemingly unnoticed. We are so fortunate and privileged to have people willing to give of their time and energy to help us at the barn. The Rowbottom family, recently from Goose Bay, showed up in August and asked if we needed help. Of course we said yes and, since that time they have made a commitment to the barn. Every Saturday Ken, Tammy, Stephanie and Darrell spend at least two hours working as volunteers assisting with morning chores.

We also have an amazing group of students from MRHS volunteering on a regular basis. These hardworking students come once a week to assist with chores. They clean buckets, sweep floors, clean stalls and perform any other tasks that are required. A special thank you to Josh Hayes, Chester Thibideau, Kayla Caines, Rebecca Thompson, Kelsey

Wilband and Andrew Conant. We appreciate all your hard work and effort.

Welcome to Nicole Lafluer's new horse Bing and, congratulations to Laura Thomas on the purchase of Kizmet.

Don't forget to mark December 19th from 1:00 – 3:00 p.m. on your calendar and come to GHRC to enjoy

Christmas activities at the barn. Activities will include pony rides and wagon rides complete with jingle bells. Children can paint an ornament to hang on the barn Christmas tree and, help make treats for the horses. Refreshments of cookies, cider and hot chocolate will be provided to all so bring the whole family for a fun afternoon.



Callie.

Kingston Lions Annual Christmas Breakfast



The Kingston Lions will be holding their annual *Christmas Breakfast* at the Kingston Lions club on the 24 December 2009 from 6:30 – 11:00 a.m. The

Menu includes: scrambled eggs, sausage, bacon, ham, pancakes, toast, juice, coffee & tea. Cost: Free Will Offering. Music will be provided by Hi-Lites with Bob Deveau and friends. Santa will be on hand to hear your Christmas Wish.

New Years Eve Party 2010



Ring in the New Year with A Night Full of Great Food, Live Music and Prizes at

The Annapolis Mess
14 Wing Greenwood

Tickets \$20 Each
On Sale until December 18th
Dance Only, \$10 at the door

Cocktails and appetizers at 6pm
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Buffet at 7pm
Dress : Semi-formal!



Champagne available by pre-order only!

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December 14th - December 20th

See me at the Greenwood Mall Farmers Market on Dec 16th from 2-6pm
for my last market of the year!

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14 Wing Community Centre

Enchanted Evening

Semi-Formal Dance

December 18

Pre-teen: 6-8pm \$3
Teen: 8:30-11:30pm \$4

Come dressed in your best!