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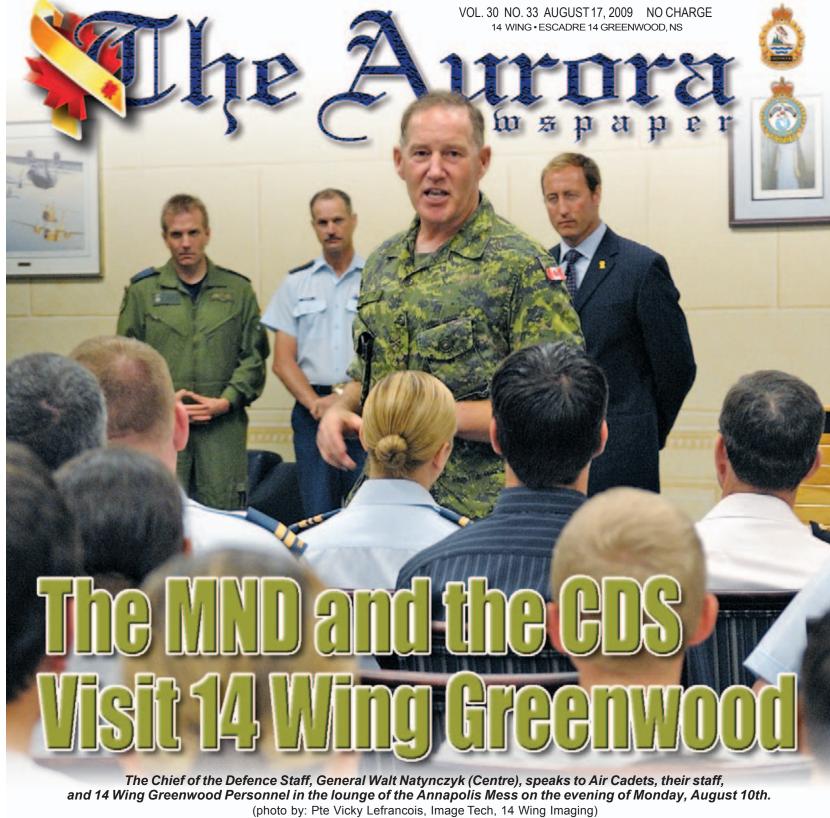
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Judged the "Best Canadian Forces Newspaper 2009" by the Canadian Community Newspapers Association



By Lt Matt Zalot

Last week, the Honourable Peter MacKay, Minister of National Defence and Minister for the Atlantic Gateway, and General Walt Natynczyk, the Chief of the Defence Staff (CDS), visited the cadet facilities at 14 Wing Greenwood and elsewhere in the Annapolis Valley.

After touching down briefly in Greenwood around noon on Monday, the dignitaries embarked on a tour of the HMCS Acadia in Cornwallis, Canada's largest sea cadet summer training centre, where they inspected and gave impromptu speeches to a group of naval cadets and their instructors while learning more about the training performed there.

The Minister and the CDS returned to 14 Wing to speak to a group of several hundred assembled air cadets and several regular force members in the 14 Wing Annapolis Mess lounge.

Minister Peter MacKay was the first to speak to the group. "In a province our size, everybody knows where Greenwood is," he said, deciding that the venue was appropriate, before remarking that many "people in the CF today are our best citizens" and making further comments directed at the cadets.

General Natynczyk gave a short speech after the Minister of National Defence, discussing the virtues of the cadet program and distributing several CDS coins, which are given for excellence. The sole recipient of the coin at the presentation who was not affiliated with the cadets was Chief Warrant Officer Frank Balogh of 405 Squadron. While presenting the award to CWO Balogh, the CDS commented that "we have an incredible air force and it is due in a large part to guys like you."

After the presentations ended and the cadets filed out of the mess, Minister MacKay and General Natynczyk attended a dinner with the 14 Wing Commander, Colonel William Seymour, the unit commanders from the base, and various other senior officers and non-commissioned members.







2009 Terry Fox Run! Volunteers Needed

By Eric MacKenzie Community Recreation Coordinator_____

The 2009 Terry Fox Run (Site # 1060) will be held in less than one month, on Sunday 13 September 09 which is the weekend prior to our annual Wing Welcome. Registration will take place at the 14 Wing Community Centre at 12:00 p.m. where a warm up will be offered at 12:45 p.m. prior to the official start at 1:00 p.m.

Individuals can either participate by walking, running or biking either the 5KM or 10KM routes planned. If you plan on cycling, then please note

that helmets are mandatory and you will not be permitted to bike either route if you do not have a helmet. If you do not have a helmet you can still walk or run either route if you wish. Plus, please be aware that participants under the age of 8 must be accompanied by an adult. Finally, it is important to note that both the 5KM and 10KM routes have changed since the routes will only travel around the PMQ's and Base but will once again start and finish back at the 14 Wing Community Centre around 3:00 or 3:30 p.m.

This is the second year that the Village of Kingston

has partnered with 14 Wing and with this great partnership, we expect this event to be even larger and more successful than ever. It is also our goal that this partnership will increase the amount of donations that we are able to collect in support of the Terry Fox Foundation!

However, as a result of this growing event, the demand and need for volunteers has also grown. This event is less than a month away and we would like to remind everyone that the success of this annual fundraiser requires a great deal of community assistance and support. If you are

interested in volunteering, please contact Eric MacKenzie at the 14 Wing Community Centre at 765–1494 ext. 5337.

We are pleased to announce that this year the 14 Wing Community Centre has once again partnered with the 14 Wing Bowling Centre in support of cancer research. The 14 Wing Bowling Centre is offering FREE bowling (up to three strings) for all those who are unable to participate in the 5KM or 10KM routes but who will be collecting pledges for the Terry Fox Foundation. If you have a pledge sheet of \$20 or more, you will be able to bowl up

to three strings between 1pm and 3:30 p.m. on Sunday 13 September 09. In order to bowl for free, you must bring your pledge sheet to the Terry Fox registration desk, at the Community Centre, at 12:00 p.m. on Sunday 13 September 09. Once you have passed in your pledge sheet of \$20 or more, you will receive a stamp and be able to head down to the Bowling Centre! For more information, please contact Eric MacKenzie, at the number provided above or Tim Martell-Norman at 765-1494 ext. 5631

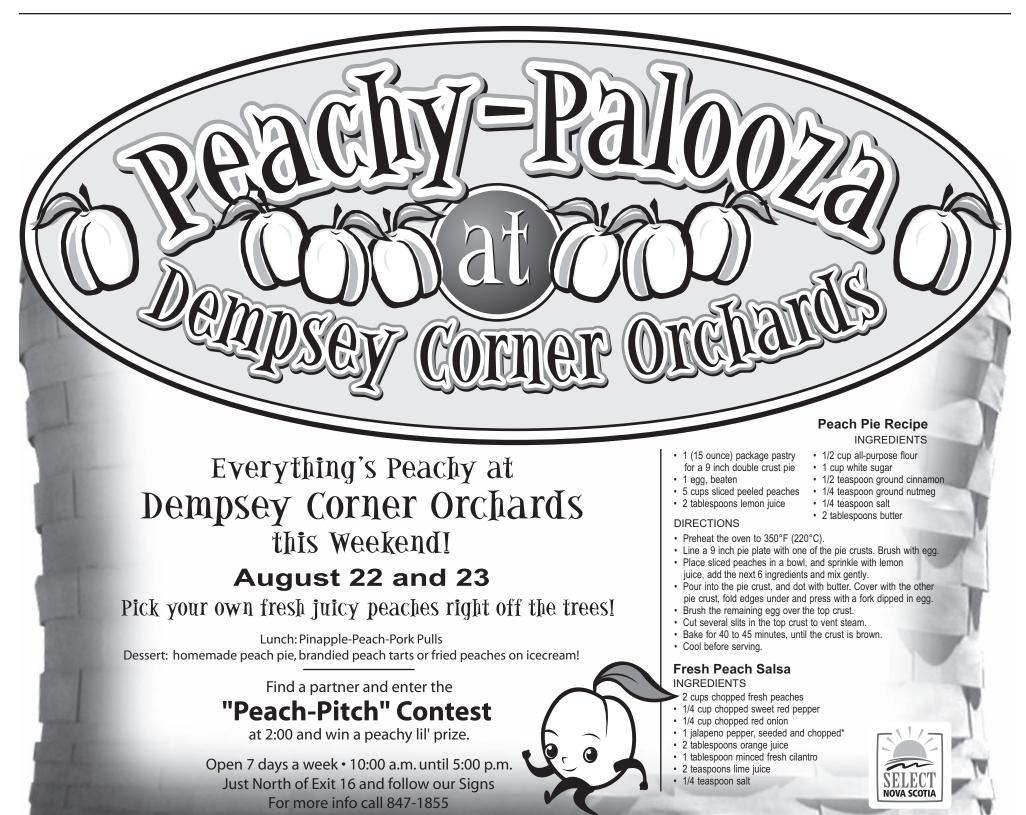
Lastly, the Terry Fox Pledge sheets and posters

have been placed around 14 Wing, and both the village of Greenwood and Kingston. Please bring your completed pledge sheets to the Terry Fox Run and fill out a Terry Fox Run Entry Form. The pledge sheets are available in the following locations:

14 Wing Greenwood: Community Centre, Bowling Centre, Fitness and Sports Centre, MFRC and CANEX

Village of Greenwood: Greenwood Post Office, CIBC and Scotia Bank

Village of Kingston: Kingston Post Office, CIBC, Kingston Pharmasave, Avery's Farm Market and Kingston Diner.



Vilmot Garden Club

Our August meeting will take place at the Melvern Square Community Centre on the 19th of August at 7:00 p.m. The program will be a slide show presented by Marion Foster. She will share some of what she saw at a Flower Show in Harrogate in North Yorkshire, England.

on July 17th were thrilled to see the large number of entries. Attendance was up from last year and there was a general feeling that all went very well. Our hats are off to Sharon Hutton and her helpers!

The next big event is the election of officers in the November Annual General Meeting. We'll be looking for a secre-Those of us who attended our Flower and Vegetable Show tary, a vice president and various committee members. The

Nominating Committee begins its work for this in September/ October, so please talk to Fred Hole, Paul Despres, Sharon Hutton, Gail Wrenn and/or (me) Margaret Moore, if you are interested in filling any new position or interested in continuing your present role.

Information/Directions 847 1001 or visit our website at www.wilmotgardenclub.net

etter to the Editor

It looks like the Tall Ships put on a good show in Halifax. It drew crowds of people and they liked what they saw.

I can remember as a boy when every day two and three masters were seen on the Annapolis River and where ever they could dock.

I can remember often seeing

were two bridges, railway, and and they were able to load road where spans had to be opened to let them through. All trains and traffic had to be stopped and it took four men to open a span, which was not easy by any means. The two masters went as far as the village where they loaded, as there was a sawmill quite near.

Some two and three masone go into Bear River. There ters went as far as Annapolis,

from the sawmill, just a few hundred yards away.

This was shortly after World War I and there was a building boom in U.S.A. so there was no problem to sell good building products.

I can remember seeing several two and three masters anchored off Digby. They were waiting for high winds in the Bay of Fundy to lesson so they could get away.

In the late teens, there were quite a few shipyards in the Annapolis River, where two and three masters were built and lots of people employed.

I can remember the last ship built in the Annapolis Basin; it was at Port Wade, about three miles from my home. I was nine years old so a bunch master was now in the

of us boys, decided to watch; it was only a three mile walk, no cars back then.

There was a lot of people there, as a launching drew a lot in those days, some walked then or more miles

I watched the workers grease the ways, as they sloped down to the water, and eventually the vessel started to move. The two

Annapolis River, and she got quite an ovation from the spectators. From there, she was taken in tow to Digby for refit and its now clear what happened to her after that, she was named the Jean F. Anderson.

This was the last two master built in the Annapolis River, as steam power had

come into being.

Oren Foster B.E.M., Deep Brook

Blood Donor Clinic in Kingston

By Eric MacKenzie

Here's your opportunity to save lives! It is once again time to roll up your sleeves and take the time to give blood. Canadian Blood Services will now be holding a two day donor **clinic** as a result of the support from our local communities. Let's respond and take advantage of this opportunity by filling up two full days with appointments. If we can double our one day attendance, over both days, Canadian Blood Services may be able to collect enough donations to save over a thousand lives!

at the **Kingston Lions Hall** on August 25th & 26th. Donors can either give during the 1:00 p.m. -3:00 p.m. time slot or the 5:00p.m. – 8:00 p.m. evening slot on Tuesday the 25th or Wednesday the 26th. If you are interested in giving blood, please ensure that you bring identification with your full name and signature or full name and photograph. New donors are welcome!

This two day clinic is made possible by the generous support from McDonald's and Tim Hortons. If you are interested in more information please call Eric MacKenzie at 765-1494

Canadian Blood Services will be returning for a **two day clinic** ext. 5337, and if you wish to book an appointment, please call 1-888-236-6283



When: 1900 hrs, 1 Sept 09 Why: Registration and Friendly Darts to Follow Open to Members, Spouses & Guests Registration Fee: \$20 Ea. For Further Info Contact Sgt Don Eddy

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PSP Corner

Wing Health Promotion FALL Programs 2009

Top Fuel for Top Performance (TFTP)

Strengthening the Forces will be offering a land a half-day TFTP workshop on **7-8 Oct at the F&S Centre from 0830-1530 day 1 and 0830-1130 day 2**. The workshop will cover the Supplements Dilemma, portion control, how to fuel your body with foods and fluids before, during and after physical activity, and time will be spent on menu planning for activity and sport competition. The TFTP book will be provided to the participants so that they can walk away with an excellent toolbox of information.

Stress Take Charge

This is a 2 day Stress Management workshop that will be held 14-15 Oct at the F&S Centre from 0830-1530 both days. This workshop will provide you with time to identify the stressors in your life as well as recognize the coping mechanisms that you already use, and learn more coping mechanisms so that you can incorporate them into your life.

Managing Angry Moments

This workshop is for the average person who would like to learn more about how to communicate more effectively, manage the angry and frustrating times in their life and improve coping mechanisms for stress and change.

There are 5 sessions that will run every Tuesday from 0830-1130 beginning **27 Oct and ending 24 Nov**. Applied Suicide Intervention Skills Training (Suicide 1st Aid)

This two-day workshop will be held **5-6 Nov from 0800-**1600 day 1 and 0800-1500 day 2 at the F&S Centre. This workshop provides practical help for people seeking to prevent the immediate risk of suicide. If you know someone who is at risk of suicide this workshop will help you learn how to talk to that person, as well as what to do to help. This interactive workshop includes teaching, discussion, videos and skills practice.

Alcohol, Drug and Gambling Supervisor

This one day *supervisor training* will be held on **01 Dec** from 0830-1600 at the F&S Centre. The Canadian Forces (CF) Alcohol, Drugs and Gambling Education are centered on 12 training modules that cover a variety of subject areas. This one day supervisor training will be a combination of the

12 modules offered to the CF.

Take a Stand Lose Grand (TSLG)

14 Wing Health Promotion and the Fitness and Sports Centre staff are going to be partnering up once again to offer "Take a Stand Lose Grand". The TSLG program will include one hour classroom sessions with the Health Promotion Director who will offer components of the Weight Wellness weight loss program. In addition, participants will be put into two teams for the fitness component whereby members of each team will be placed in structured fitness classes run by the Fitness and Sports Centre staff. The personal training

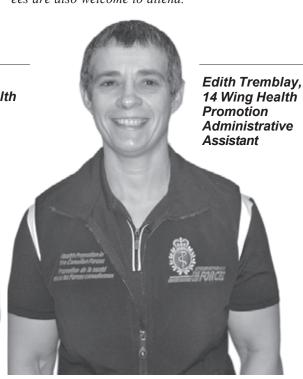
session will provide participants with the necessary skills to improve their health and fitness levels. Individual prizes will be awarded.

To confirm and to ensure you are registered you MUST attend the information session that will be held on 28 Oct from 1200-1400 at the F&S Centre classroom. There are 24 seats available; priority will be given to military personnel. The program will run every Wednesday from 1130-1400 starting 04 Nov 2009 and ending 24 Feb 2010.

To register for any of the above programs call the 14 Wing Health promotion office at 765-1494 ext 5388

All programs and workshops are FREE and available to military members and their spouse. DND and NPF employees are also welcome to attend.





Get your FREE copy of The Aurora Newspaper at any of the following locations

Bert's Grocery Chisholm's Pharmacy NEEDS Convenience Store Berwick

Atlantic SaveEasy Avery's Farm Market Berwick Hospital Main Street Video Price Chopper

Sidetrack Beverage Room Wilson's Drug Mart Coldbrook Avery's Farm Market Greenwood Avery's Farm Market AVM Morfee Centre Bowlby's Meats CANEX

Inside Story Book Store Irving Service Station Mark's Barber Shop McDonald's **NEEDS Convenience Store** Post Office Shoppers Drug Mart Smoke Shop (Greenwood Mall) Tim Hortons (Central Ave.) The Aurora Newspaper Venus Video Wavne's Ultramar

Lawrencetown PharmaSave/Valley Drug Mart Kingston Atlantic Superstore

Avery's Farm Market

Best Western Aurora Inn Kingston Legion Kingston Medical Clinic Mama Sofia Pizzeria NEEDS Convenience Store PharmaSave/Valley Drug Mart Ralph Freeman Motors

Kentville Avery's Farm Market Middleton

Atlantic SaveEasy Avery's Farm Market Fisner's Restaurant Fundy Spray Motel
Mid Valley Motel
NEEDS Convenience Store PharmaSave/Valley Drug Mart Price Chopper Soldiers Memorial Hospital

Tim Hortons Venus Video **Nictaux** B&G Variety & Restaurant NEEDS Convenience Store Wilmot High Country Tire

Kwikway Tourist Bureau's Kingston, Middleton, Kentville

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The deadlines are as follows: 12:00 noon Wednesday for classified ads; 3:00 p.m. Wednesday preceding publication date for all other advertising and those requiring proofs. Editorial material MUST be typed and MUST be accompanied by the disk and hard copy, the originator's name, address and telephone number no later than 9:30 a.m. Thursday. Or E-mail us at aurora@auroranewspaper.com

12h00 pour les annonces publicitaires moins d'une demie page, le mercredi qui précède la semaine de publication. Les annonces publicitaires de plus d'une demie page ou demandant une épreuve doivent nous arriver par le mercredi à 12h00. Les documents doivent être dactylographiés et provenus avec le disque et une copie imprimée. Ils doivent aussie porter le nom, l'adresse et le numéro de téléphone de

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La promotion d'entreprises privées sournis en forme d'articles n'est pas permise, excepté dans les cas d'appréciation pour dons ou seulement le nom de la compagnie est inclus. (Compagnies ou individues qui sont présentement en arrérages ne pourront être publiés. Les individues ou groupes ne pourront pas faire d'offres de promotions de produits et/ou de services en échange de donations dans The Aurora Newspaper. Mail Subscriptions are available at the following rates:

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Rédacteur Le Journal Aurora C.P. 99 Greenwood, N.-É B0P 1N0













email: aurora@auroranewspaper.com website: www.auroranewspaper.com

Bookmobile Schedule September 2009

Tuesday - 1 September Monday - 14 September Cherryfield 1:30 - 2:15 Calvary Baptist Academy 1:00 - 1:45 2:30 - 3:30 East Dalhousie Charity Baptist School 1:50 - 2:25 Springfield 4:00 - 5:30 2:30 - 3:15 Torbrook Mines New Albany North 6:45 - 7:30 Meadowview 3:45 - 4:30 Wednesday - 16 September 5:45 - 7:00 Aylesford 1:45 - 2:30 Mt Hanley Wednesday - 2 September 3:00 - 4:00 Margaretville Maitland Bridge 10:15 - 11:15 Morden 4:30 - 5:15 Clementsvale 12:15 - 1:15 Wilmot Centre 6:30 - 7:30 2:15 - 3:00 Cornwallis Park Monday - 21 September Bear River East 3:30 - 4:30 11:00 - 11:45 Avonport Bear River 5:45 - 7:00 Belmont 1:15 - 2:00 2:15 - 3:00 Brooklyn Tuesday - 8 September Ste. Croix (Hants Co) 3:15 - 4:00 **Upper Canard** 10:00 - 10:45 5:30 - 6:30 Vaughan 11:15 - 12:00 Baxter's Harbour Tuesday - 22 September Scott's Bay 1:00 - 1:45 10:00 - 11:30 Kings Rehab Centre 2:15 - 3:00 Sheffield Mills 12:45 - 1:30 Casey's Corner Canning 3:15 - 4:30 2:00 - 2:45 Sunken Lake 5:45 - 6:45 Centreville White Rock 3:00 - 3:45 Thursday - 10 September New Minas 5:00 - 6:30 12:45 - 1:15 Hants Shore Clinic Wednesday - 23 September Cambridge (Hants Co) 1:30 - 2:15 1.30 - 2.15Waterville Cheverie 2:30 - 3:00 Cambridge (King's Co) 2:30 - 3:15 Summerville 3:15 - 4:00 Bess View Sub-Div 3:30 - 4:30 Coldbrook Centre Upper Burlington 5:15 - 6:00

The Ultimate Survivor Challenge

Sports Camp, campers had to outwit, outlast, and outplay! We started the week off by dividing into four teams and creating team names, cheers and posters to represent each group. Then, we competed in a bunch of relay races and contests to earn points for our teams that tested both teamwork and individual strengths! Tuesday, we started off the morning making shelters in the gym and then we had a food challenge that was both disgusting and delicious! Wednesday, we took a break and headed to Aylesford Lake for a day of fun in the sun. Thursday, we had an "Egg Drop Challenge" and ran through some cool obstacle courses. Friday, we had a dodgeball tournament with all the teams and then had a huge scavenger hunt around town for our final challenge. We would like to thank the bus driver for taking us on our trip, the lifeguards for their help at



Many spectators cheer on Remi Zinck as he finishes his gross drink to help earn points for his team in the food challenge.

the pool every day, Sobey's for supplies, and David Amero cle. Another awesome week for donating a gift certificate for helping out with the artical campers!

!News Flash!The RHU (PMQ) Summer Beautification Contest is On

Submitted by: Capt Keith Cusson

We are approaching the end of another beautiful summer in the 14 Wing Community. But before we can let it end, the Community Council is once again running an RHU Summer Beautification Contest. Driving around the RHUs, it's easy to tell that Summer is here—folks have got the barbeques lit, they are sitting outside with their favourite refreshments,

and the gardens they planted in the spring are in full bloom. If you haven't started already, you still have two weeks to spruce up your property in preparation for the contest.

For your chance to win one of the great prizes available, you will need to have your yard at its most pristine by August 28. Judging will take place in the evening, with the judges to be determined. Prizes will be awarded for 1st, 2nd and 3rd

Place, in the form of Gift Certificates from local merchants here in the Greenwood area. Winners will be notified the following day (August 29th), and will be announced in The Aurora Newspaper.

There's still plenty of time, so break out the lawn gnomes and garden tools and let the decorating begin! Good luck to one and all!



When you need someone to talk to, call: Al MacDonald 1532 Wayne Atwater 5567 Darlene Richards .. 3119 Debby Benda 3340



DWIGHT ROSS ELEMENTARY SCHOOL SEPTEMBER 2009 REGISTRATION TUESDAY AUGUST 25th, 2009 9:00 a.m. - 3:00 p.m.

The principal invites all students (P-5) new to the school to register on Tuesday August 25th • 9:00 a.m. - 3:00 p.m.

Birth Certificates are required as proof of age for students entering Primary in the 2009-2010 school year. All students entering Primary **MUST** be five years of age on or before December 31, 2009. Parents of new students must provide a birth certificate, health card and a copy of immunization records.

The school office will reopen on Tuesday August 25th. If you have any questions, please call the school at 765-7510.

SCHOOL REGISTRATIONPine Ridge Middle School

The principal of Pine Ridge Middle School invites parents new to our area to register their children on:

Thur. 27th & Fri. 28th August Between the hours of 9:00 a.m. & 3:00 p.m.

The first day of school for all students is **Wednesday, September 2, 2009.**Tentative class lists and supply lists are

Tentative class lists and supply lists are posted at the main doors of the school.

Supply lists may also be found on our website: http://pineridge.ednet.ns.ca/



Welcome to Kingston, NS Kingston & District School Student Registration

If you are new to the area and have a child attending **Kingston & District School** in **September 2009**, please visit the school to register. Our school serves children in grades Primary thru Five. The first day of school is **Wednesday**, **September 2nd**.

Registration will be held: Wednesday & Thursday August 26th & 27th 9:00am - 3:00pm

For more information call the school office at 765-7530



DEADLINES

for The Aurora Newspaper are as follows:

12:00 noon Wednesday for classified ads; 3:00 p.m. Wednesday preceding publication date for all other advertising and those requiring proofs. Editorial material MUST be typed and MUST be accompanied by an electronic/digital (MS-Word® file) and a printed hard copy, the originator's name, address and telephone number no later than 9:30 a.m. Thursday.

Or E-mail us at aurora@auroranewspaper.com

Adopting an Adult Pet

Submitted by: Janet Young

Here in the real world, most families are pretty busy. Younger households have school and soccer. Empty nesters are enjoying the liberty of new interests and rediscovering old ones. Whatever the age, most homes already have a pretty full plate.

Yet very few folks are so busy that they don't want the companionship of a good pet. Scientists are just beginning to discover what pet owners have known all along ... that having a pet is good for our physical, emotional and mental well being

For a very brief period of time, baby animals have an irresistible appeal. Its all too easy for prospective pet owners to overlook how much time, energy and money they will need to invest in their new best friend. Getting a youngster off on the right paw takes many months of patience and stamina. Responsible pet owners will be investing in everything from vet care to obedience classes.

There is absolutely nothing wrong with going down this road, but it is not always suited to a busy lifestyle.

So how can an active family, who would have much to offer a pet, find their next best friend? Adopting an adult pet from rescue just might be the purrfect solution for a busy household.

To begin with, you won't be starting from scratch with an adult. They are normally house-trained and are just as fond of sleeping

though the night as you are. Adult pets are often more appropriate for children because they are calmer.

What you see is what you get. Adult pets are as big and beautiful as they are going to get. Their adult personalities are formed, so it's easier to tell if they are truly a kindred spirit.

There are fewer vet fees When you adopt an adult pet from a responsible rescue or shelter, they will already be vet checked, vaccinated and spayed or neutered. The adoption fee is small potatoes compared to the cost of that.

Well cared for pets can live for fifteen to twenty years these days with good food and care. All of the adults available for adoption were youngsters for a brief period of time, but still have years of love and devotion to offer.

Adopting from rescue is a safe way to bring a new pet into your family. Known health and behaviour issues are never kept hidden by reputable groups. The adoption

process is designed to find the right fit that will last for a lifetime.

Best of all, adopting an adult pet is a great way to teach children good values. Lets face it – we live in an extremely materialistic society where TV teaches children that anything can be bought. Adopting an adult pet from rescue represents a wonderful opportunity to let children find out firsthand how rewarding kindness and compassion to a secondhand pet can be.

The Story Behind Making the Banner

By: Trudi Kwakernaak
When the Canadian Government decided to send ground troops into Afghanistan it was a shock. We had a small Armed Forces and our equipment was antiquated. As peacekeepers, we had earned an enviable reputation around the world. We hadn't taken part in significant front line fighting since the Korean War. Canadians were divided on whether we should be accepting a combative role in the fight against terrorism. But the government said Yes and our troops were deployed. When 4 young men became our first casualties of the Afghanistan war many of us cried in shock and disbelief. We grieved for the family and friends but also faced harsh reality. These soldiers could be just the first of many. More deaths

were likely before the war ended. Unfortunately and sadly our greatest fears have become reality. We've now lost many more than the original 4 – too many lives in the fight against terrorism. And the fight is not over.

I've created banners for postings, retirements, births and numerous other occasions. When the 50th soldier died and I had dried my tears, I envisioned a tribute to these brave men and women who had gone into battle and had given their lives for a cause they believed in. I wanted to do something significant that could and would serve as a reminder of the War and its injustices. I decided that I wanted everyone to know and remember our heroes names. This banner was created because I cared. It was created because I wanted these brave souls to be united as one no matter what their position, regiment or rank. The names on this banner must never be forgotten. They are the reason we exist. And, they represent each and every soldier that fights for our freedom. While most of our deployed return home to their families, these individuals will never experience life again but we need to



(Left to Right): Ken Sparks; Frank Turton; Ray West; Trudi Kwakernaak; Kelly West; Dave Saulnier; Gord Stephen.

The Regiment of Poppies on which their names are written

signify courage, strength, commitment, pride and remem-

brance; The Cross represents faith, hope and belief in God, love and life; The Flags fly for the Nation which we represent and are proud citizens of; The Rifle and Helmet signify the

laying down of arms by those who have fallen because they have found peace and shall fight no more; The Ribbon sig-

nals our support for all the troops who battle for our freedom. The Poem and Other Words are written for them – the

This Banner is a salute to all our troops but especially to

ones who came home because they had no more to give.

those who so willingly fought and died for our freedom.

ensure that they continue to live on in our memories.

Greenwood Minor Hockey will be holding registrations on the following dates:

August 29 & 30th from 11:30 a.m. - 1:30 p.m. in the Bombers Room

September 5 from 10:00 a.m. - 1:00 p.m. at the Greenwood Mall September 12 from 9:00 a.m. - 1:00 p.m.

at Wing Welcome

September 19 from 10:00 a.m. - 1:00 p.m. at the Greenwood Mall

Prices for the 2009/2010 season are:

- IP/IP2 \$230.00 Novice \$350.00
- Atom \$380.00
- Pee Wee \$400.00
- Bantam \$420.00
- Midget \$450.00

3rd child registered is half price.

Please have Health card and Rec card upon registration.

For more information please call Lisa Berkman at 765-6833. No phone calls after 9:00 p.m. please.

Do You enjoy the theatre? Do you enjoy acting

work? Welcome to the Greenwood Players Theatre Troupe

or backstage

WE SHALL NEVER FORGET.

We are looking for new members and we welcome you to our next meeting August 12th Wed. 2009 on stage in the Morfee Centre gymnasium at 19:00h. Contact Dan at 765-6012.

Come be part of something this year!





Save the Last Ants!

Last week at 14 Wing Greenwood Community Centre's French Camp we were Enviro-Heros. We wrote letters to the government and during our exploration of the earth we made crafts with items from nature. We even planted our very own seeds which we cared for all week! We also used tasty ingredients like pudding and gummy worms to make delicious "cups of dirt". In-keeping with our theme, we created hanging earths that remind us to reuse, reduce and recycle. We also had a super fun time bowling at the Greenwood Bowling Centre. To explore the Earth's natural wonders even further, we ventured to Aylesford Lake for a day of refreshing beach fun. We would like to thank the Bus driver for taking us on our trip, Tim Martell for the use of the Bowling Centre as well as the lifeguards for their daily su-



French Camper Alexanne Ouellet enjoying the cool water on a hot day!

pervision. As we start our fi- Centre's French Camp would

nal week of the summer, 14 like to remind everyone to Wing Greenwood Community take care of our world, its crea-

tures, its plant life and its people. You can be an Enviro-Hero too!

Notice to 14 Wing Greenwood Married Quarters Residents

DAOD 4007-2 Fire Protection Services NFPA 291

The 14 Wing Fire Department will be conducting Hydrant Flow Testing on base and in the Married Quarters.

The purpose of conducting the Hydrant Flow Testing is to identify any deficiencies and to ensure the water main and delivery system is serviceable.

The testing will be conducted Monday through Saturday between 1730 and 2100 hrs during the month of August 2009.

Throughout this process, residents may incur some water discoloration or sediment during the time of testing. Although the water will remain potable throughout this process, residents may wish to let their water run for a two minute period if they do experience temporary discoloration. Given the unpredictability of the water discoloration, it is recommended that households refrain from doing any laundry during this timeframe, as the water may discolour clothing.

For more information concerning Hydrant Flow Testing, please contact the 14 Wing Fire Department at 765-1494 extension 5206.



SCHOOL OPENING NOTICE Annapolis Valley Regional School Board

Please be advised that AVRSB schools will open for TEACHERS on September 1, 2009.

AVRSB schools will open for STUDENTS on varying dates between September 2 and September 4, 2009 as follows:

September 2, 2009:

Aldershot Elementary School, Annapolis East Elementary School, Annapolis Royal Regional Academy, Annapolis West Education Centre, Berwick & District School, Bridgetown Regional Elementary School, Bridgetown Regional High School, Brooklyn District Elementary School, Central Kings Rural High School, Champlain Elementary School, Clark Rutherford Memorial School, Dr. Arthur Hines Elementary School, Dwight Ross School, Evangeline Middle School, Glooscap Elementary School, Highbury Education Centre, Kings County Academy, Kingston & District School, L. E. Shaw Elementary School, Lawrencetown Consolidated School, Middleton Regional High School, New Minas Elementary School (pending renovations), Newport Station District School, Northeast Kings Education Centre, Pine Ridge Middle School, Port Williams Elementary School, St. Mary's Elementary School, Three Mile Plains District School, West Kings High School

September 3, 2009:

Cambridge & District Elementary School, Coldbrook & District School, Falmouth District School, Gaspereau Valley Elementary School, Hantsport School, Horton High School, Lawrencetown Education Centre, Somerset & District Elementary School, Windsor Elementary School, Windsor Forks District School, Wolfville School

September 4, 2009:

Avon View High School, West Hants Middle School (classes being held at AVHS), West Hants Education Centre

Please Note:

School offices will be open commencing August 25, 2009 for new registrations and course changes. Specific questions regarding a school opening should be directed to the school.

Lake Pleasant Campers Club • Cabin Rental



The cabin sleeps four (two double beds plus sofa) and consists of a kitchen complete with fridge and stove, hot and cold water, electric heat, living room, patio deck, outside fire pit, and a great view of the lake. The kitchen is set up with an electric kettle, toaster, microwave, cutlery, dishes including mugs, glasses, bowls, pots

The only items you must provide include bedding, food and other convenience items

to make your stay a pleasant one. To book the cabin:

Call 902-547-2882

Check out time - 1100 hrs

Bookings can be of 2 weeks duration. \$40.00 per night Check in time - 1300 hrs

Members with Rec Card: \$35.00 per night

\$210.00 per week (Monday to Sunday) Non Members:

\$240.00 per week

www.lakepleasant.ca



he 19th Hole

Submitted by Wendy Richardson

First of all, sorry there was no article last week, but I didn't have much to report and thought I would give the readers a break.

For those of you who like to read your name in print here are a few bits of "Old News".

Mens Night, July 28th. There were 42 golfers out for the three person scramble...Prize winners were 1st place: Grist, Rice and Croucher (retro): 2nd place: Belanger, Glavine, and Fallis (retro) and 3rd Place: Anderson, McNeil and R. Allen (retro). Skins were won by McDonald, Fitch, Lenton #1 & #3 AND Cooper, Smith and Hennessey #16. The 50/ 50 was won by Jackie, Erin and Helene. Then on July 29th, the Ladies Night, there were 16 ladies out on a very hot and humid evening. The winners were Donna, Laura, Rose and Julie with 3 Birdies and the 2nd place winners were Debbie, Carolyn, Margie and Susan. The 50/50 winner was Donna.

Mens Night, Aug 2nd: There were 44 golfers out for Jane, Diane, Betty and

18 holes of stroke play. There were 3 divisions and the winners were:

1st Div: 1st L.G. Lorne McMullen, 2nd L.G. Pat Grist; 1st L.N.-Scotty Cooper, 2nd L.N. Dan Smith; Skins: Grist, Anderson, Carpenter and

2nd Div: 1st L.G.- Dave McDowell: 2nd L.G.-Ken Caldwell; 1st L.N.-Paul Laquant; 2nd L.N. Wayne Cathcart; Skins: Spurr, Swindells, Caldwell (2), Greenwood, Tappan, Pittman and

3rd Div: 1st L.G. Ron Jenkins: 2nd L.G.-Bill G. McDonald; 1st L.N.-Brian Reid and 2nd L.N.-Keith Rankin; Skins: Jenkins, Cleghorn (2), Reid (2) Marshall. The 50/50 winner was Keith Rankin.

Wednesday night Ladies, Aug 5th. There were 19 ladies out and there were some interesting things happening. First of all, Susan decided to play her ball off the bridge on #2 and it rolled almost to the green. Then there was a coyote spotted on #7...fun?? night!! The winners were



L to R: Betty Saltzman, Donna Hill, Cyndi Landry. (Photo Submitted)

Paulette/Sandra, Millie, Elizabeth and Susan. The 50/50 winner was Elizabeth. Thanks Donna for looking after Wed. Night, I know the ladies enjoy it and I also know it takes time to organize it, great job.

Friday Night 2-Ball, August 7th. It was a perfect night for golf. There were 55 people showed up and each and everyone of them had a great time. There were lots of new faces and of course there were the regulars. It is great to see so many people supporting the club and this golf/party night. The Big winners were Smokey Robinson and Tammy Ring: Low putts went to Ian MacKenzie and

Shirley Weightman. High score winners ??? went to Bob Trimm and Pat Cross and high putts went to Bob Cross and Irma Raines. Hats off to Dallas for organizing Friday Night 2-Ball...this is a big job and it is great to have a volunteer willing to do it. Remember: in order to play in the Friday Night Closing tournament, you have to play Friday Night 2-Ball events...there is still time to get those 5 nights in...the closing is scheduled for September 26th...MARK THAT DATE ON YOUR CALEN-DAR.

This past weekend the Ladies held the Ladies 2-Ball.

section 1000hr Night 2-Ball There were 22 ladies out and Saturday it was a great day, lots of sun-SHIP shine but not too much hu-0800hr. midity. Just what the gals needed to enjoy the Pinehurst format. There were two winners of closest to the pin: #8, Fran Delong and #11

Betty Saltzman. The prize winners were: Field Low Net...Cyndi Landry and Betty Saltzman (they were also the low gross winners) Field Low Gross- Donna Hill and Sheila Johnson: 1st Low Net Sandra Cathcart and Hazel McEwan (We played with them and both were really hitting well and the energizer bunny Ha-

zel was sinking putts from everywhere...even chipped in for a Birdie on #13) 2nd low net was Alice Langill and Gail Croucher: 3rd Low Net was Audrey Costin and Kathy Mathews: 4th Low Net was Sandy Adams and Wendy

Richardson (good for Sandy, playing with her bad hip, I enjoyed the round...you'll be back in true form soon) and 5th Low Net Elizabeth Robinson and Fran Delong. The 50/50 was won by Margie Welin. Thanks to Betty for organizing yet another good

tournament and you must have a direct line to the Good Fellow upstairs...the weather Championship is the next tournament to sign up for, it is Aug 22 and 23. It is a 2 day tournament and we would like to see as many ladies members out for this one. sign up in the locker room.

The FALL BALL is coming up in September: There are still openings. Give Sandy Adams a call 765-3705 for more info. This is a great Mixed tournament, two days of Pinehurst, Glow Ball putting contest, Pig Roast and PRIZES...lots of Prizes. Don't miss it...it is too much

The schedule for next week looks like this: Tuesday, August 18th...Mens Night, Wednesday, August 19^h, IPE 1000hr: 14 Tee Times, Inter-

Ladies Night, Thursday, August 20th, Annapolis Mess

Friday, August 21- Friday

Sunday...CLUB CHAMPION-TOURNAMENTS

Congratulations to Doug Laidlaw on his Hole In One...#3, 174 yds. using his 3 Wood and the event was witnessed by James Irvine. That's a shot to be proud of and one that usually means your wallet is a little lighter...never could understand that...You get the hole in one and You buy the drinks...shouldn't everyone else be buying YOU a drink??...guess that is just one of those crazy traditions.
There is still lots of golfing

weather left, so for those of you who don't have a membership, give the Pro Shop a call and take advantage of our great prices.

The course is in great shape. Still see a lot of ball marks on the greens. It doesn't take much to fix them and I am sure you must know when you make one. Remember to keep up the Pace of Play...that means keeping up to the group in front...not just AHEAD of the group behind! Be courteous and let golfers play through if you are playing slow.

Til next issue...Hit 'em Long was awesome. The Club and Straight...like Sir Charles!

JOIN THE YOUTH BOWLING CANADA



WELCOME TO THE YOUTH BOWLING CANADA... A Program in which everyone participates!!!

IT'S FUN... Bowl with your friends! IT'S HEALTHY ... It keeps you fit!

IT'S INSTRUCTIONAL...

Trained instructors will help you with your game.

IT'S EXCITING ... Bowl on a team and compete in tournaments.

IT'S REWARDING... Win colourful crests and trophies.

IT'S FOR EVERYONE... All young Canadians, male and female, under the age of 19 are welcome.

IT'S EASY TO JOIN AND IT'S ECONOMICAL

Besides competing in a league as a member of a team, Youth Bowling Canada Members can annually participate in many special events.

LEAGUES NOW FORMING

For further information, inquire at:

The Greenwood Bowling Centre 765-1494 Local 5631

Registration • 12 Sept from 1-3 p.m. or You Can Register at Wing Welcome!

Greenwood Golf Club 1/2 Season Rates

Begin 22 July 2009

	Military/DND/NPF	Civilian
Single Adult	\$329	\$359
Couple	\$569	\$599
Senior	\$299	\$329
Weekday	\$269	\$299

Half season memberships taken out before 1 September qualify for a \$100 savings on a 2010 membership.

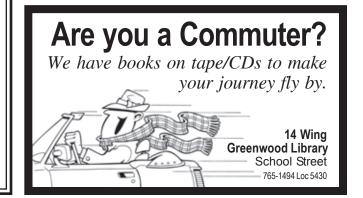


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1-877-765-5800

- Some Restrictions Apply Open to the Public •
- Photo ID may be required to enter the Base •

A Valid Community Council Card is required for Membership



Sobeys Supports our Troops!



Thank you Sobeys.

(Photo courtesy of Mary Wredenhagen)



Greenwood Dispute Resolution Centre

8

Maj. Bob Sealby Call **5530** Are you involved in a conflict in the workplace and unsure of how to handle it?

- Do you have issues with a work situation that you want resolved?
- Do you want to know how to approach a co-worker during a dispute?

Call DRC Coordinator Maj. Bob Sealby for assistance or visit the Greenwood Dispute Resolution Centre (DRC) at the AVM Morfee Centre (MFRC), School Road or for a DRC nearest you National Phone Number: 1-888-589-1750

DRC services are available to all Regular and Reserve Force members, Civilian and NPF employees, and members of the Cadet organizations.



Submitted by: Michelle Thibodeau Wagner, Coordinator of Special Events and Promotions, Greenwood Military Family Resource Centre 765-1491 local 1421 michelle.thibodeau-wagner@forces.gc.ca

Wow. The staff of Sobeys Greenwood has once again shown their support for our troops and the work of the Greenwood Military Family Resource Centre (GMFRC). Each week Sobeys staff participate in Red Friday/Casual Friday, their accumulated weekly donations added up to a whopping \$1000 donation to the GMFRC. Their combined support helps us to provide programs like sending morale mail packages to the troops, respite childcare to deployed families, counseling services and help with emergency childcare plans. We couldn't provide the services that we do without the help of people like our friends at Sobeys. We send them a big Thank You for their dedication to Supporting our Troops and our centre.

BOWLERS WANTED

Sign up today!

- Fall leagues are now getting underway
- Youth Bowling starting at 9:30 a.m. 12 September, 09
- Men's Bowling 7 p.m. every Tuesday Mid September, 09
- Military Mixed Thursday 1 p.m. TBA
- Family Night Friday eve 6-10 p.m. Cosmic Bowling
- Mixed Bowling 7 p.m. every Sunday eve. mid September, 09

Keep watching for our fall specials.

Greenwood Bowling Centre Call Today 765-1494 Extension 5631 FAX 765-1255 Web www.5pinbowling.ca

Web www.5pinbowling.ca E-mail gbcbowlingstaff@eastlink.ca



1 2 3 4 5 6 7 8 9 10 +

7 - 10

The Air Quality Health Index is a scale from 1 to 10+ that relates outdoor air quality to health risk. Want to know about the outdoor air quality in Nova Scotia?

Be air aware and visit www.airhealth.ca for details today!



1-3







Racing for Canadian Forces

The 23rd Annual Navy 10K Run has Satellite Event in Afghanistan

HALIFAX August 13, 2009 Media are invited to attend the 23rd annual Navy 10K Run in which Navy supporters and their families will run and show support for the Canadian Forces and help build community in the greater Halifax area.

This year our troops in Afghanistan will participate in a satellite event, around the same time, to raise money for the Soldier On program, a program which helps finance ill and injured soldiers.

WHERE: Starts and ends at Stadacona, Corner of Gottingen and Bloomfield St.

DATE: Sunday, August 16, 2009. TIMES: 8:45 a.m. 10:30 a.m.

Awards at 9:30 a.m. and 10:15 a.m. at Stadacona's Faith

Feature of the Week GMFRC •

Children and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Summer Teen Babysitting Program

Monday, August 17th - Friday, August 21st, 2009 8:30 am - 3:30 pm

GMFRC

\$5 per family per hour Children ages 3 months and up

Must book in advance with the Coordinator of Child and Youth Services

*Please note: There is no Teen sitting service available on Tuesday, August 18th

The GMFRC recognizes the need for short-term childcare for military families during the summer months and will be re-offering the Teen Babysitting Service this summer. This is a great opportunity for military families who are looking for short term childcare during the month of August, or are simply trying to find a kind and reliable teen sitter. All of our tens much have completed a Babysitting Course, First Aid/CPR and is 16 year old and up.

If you would like more information on this program, or would like to book a time for your child(ren), please contact Kim Dixon, Coordinator of Child and Youth Services. Space is limited and due to the ages of children in care.

Last year's Navy 10K Run featured 720 runners; this year, 1,000 runners are expected to attend. For the first time runners had the option of choosing a 5K run or a 10K run, which a continuous success. For more information about the Navy will enable more participation from new runners. The Navy 10K Run highlights the Canadian Navy, whereas our Army

10K, please call Jonathan Berg at 902-721-8418 or email Jonathan.Berg@Forces.gc.ca.

Religious Education Classes – It's Time to Register!

run until September 13, 2009. If you have a child eligible for Religious Ed at Queen of Heaven Chapel, please pick up a form at the Chapel any Sunday, call the Wing Chaplain's Office at 765-1494 Ext 5883, or contact the Coordinator, Samantha Ford, directly at 765-6525.

The Chapel offers full classes for grades primary to grade six, from September until June. Sacrament preparations for First Communion

Registration for Religious and your child must be regisducation has begun and will tered by September 13 to re
Tim Nelligan - Chapel Life please consider teaching! Education has begun and will tered by September 13 to receive these sacraments. Classes will start at the beginning of September, firm date to be announced.

Parents, please be reminded, that part of your responsibility in registering your children for Religious and Sacramental Education, is regular attendance at Mass. The Celebration of one's faith, in conjunction with educational formation, is intrinsically linked to one another and finds a greater (Grade 2), First Reconciliation fullness in the living out of (Grade 4) and Confirmation our faith. We look forward to (Grade 6) also run the full year, seeing you in the midst of our

Coordinator)

We are also looking for volunteers to help teach. All leshave a couple of spare hours Ext 5883.

Any questions, please call: Samantha Ford, Coordinator at 765-6525 or call the sons are pre-planned, so if you Chaplain's Office - 765-1494,





GMFRC • **Feature of the Week**

Employment and Education Services Coordinator: Kristen Lawson at 765-1494 local 1816.

Dog Walking Club

Feeling bad because you don't walk Fido as often as you used to? Looking for a way to give your dog some exercise and meet some new friends at the same time? The GMFRC is looking for a few more participants to be able to start our Dog Walking Club in the local area. If this sounds interesting to you please contact the GMFRC @ 765-5611

Junior Ranks - Junior Officers (Pte - MCpl and Ocdt - Lt) **August Green Fee Special**

\$12 for all the golf you can play after 3 PM

\$20 for Power Cart Rental if you qualify for this green fee

\$2 for club rentals if you qualify for this green fee

The Greenwood Golf Club Golf the Way it Should Be... Golf Fore You!

www.greenwoodgolfclub.ca

- Offer ends 31 August 2009 Some conditions apply Subject to availability
 - Photo ID may be required to enter the base

Feeling overwhelmed by life's Vous sentez-vous enseveli(e) par many priorities? les défis de la vie?

What can you do? Vous voulez y voir plus clair?

Let us help you! Laissez-nous vous aider!



Come to the 2009 DND/CF Health and Safety Seminar where we will ork toward "Finding the Balance".

from October 27 to 29, the Seminar is open to all DND civilians and CF nembers who work in health or safety, regardless of programme.

To fill out the registration form, visit: http://vcds.mil.ca/dsafeg/intro e.asp

Sovez des nôtres au Jéminaire sur la santé et la sécurité 2009 du MDN et des FC, au cours duquel nous tenteror de « trouver l'équilibre », comme nous y invite le thème de cette année.

Le Séminaire se tiendra du 27 au 29 octo-bre prochain à Halifax, et est ouvert à tout le personnel civil et militaire du MDN et des FC ayant un emploi en lien avec la santé ou la sécurité, *peu importe le pro-*

Pour compléter le formulaire d'inscription, visitez : http://vcds.mil.ca/dsafeg/intro_f.asp



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\$7,500°

- 390 hp 5.7 HEMI® V8 with MDS and VVT 5-speed automatic transmission with Electronic Range Select (ERS) Air conditioning
- SIRIUS[™] Satellite Radio
 Segment exclusive^A five-link coil spring rear suspension
 Electronic Stability Program (ESP[™]) with Trailer Sway Control
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Quad Cab has Best-In-Class**



Segment exclusive* five-link coil spring rear suspension



Under-the-rear-seat storage



All-New ERS with floor console shift lever



2009 Dodge Ram 1500 Quad Cab® SLT 4x4 Short Box	2009 Ford F-150 SuperCab XLT 4x4 Short Box	2009 Chevrolet Silverado 1500 Ext. Cab LT 4x4 Standard box
5.7L OHV HEMI® V8	5.4L SOHC Triton® V8	5.3L OHV Vortec V8
390 @ 5600	310 @ 5000	315 @ 5200
407 @ 3950	365 @ 3500	338 @ 4400
5-speed automatic	6-speed automatic	4-speed automatic
YES	NO NO	NO
YES	NO NO	NO
Class exclusive [▲] five-link	Leaf	Leaf
coil spring rear suspension	springs	springs
YES	NO NO	NO
YES	YES	YES
YES	YES	NO
3302 (116.6)	3288 (116.1)	3273 (115.6)
YES	YES	NO
Front 336 (13.2) Rear 352 (13.8)	Front 330 (13.0) Rear 348 (13.7)	Front disc/rear drum ABS Front 330 (12.9) Rear 295 (11.6)
YES	NO	YES
	Quad Cab® SLT 4x4 Short Box 5.7L OHV HEMI® V8 390 @ 5600 407 @ 3950 5-speed automatic YES YES Class exclusive* five-link coil spring rear suspension YES YES YES YES YES YES YES Front 336 (13.2) Rear 352 (13.8)	Quad Cab® SLT 4x4 Short Box XLT 4x4 Short Box 5.7L OHV HEMI® V8 5.4L SOHC Triton® V8 390 @ 5600 310 @ 5000 407 @ 3950 365 @ 3500 5-speed automatic 6-speed automatic YES NO Class exclusive ⁴ five-link coil spring rear suspension Leaf springs YES NO YES YES Front 336 (13.2) Rear 352 (13.8) Front 330 (13.0) Rear 348 (13.7)

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Wise customers read the fine print: *, †, ◆ These limited time offers apply to retail deliveries of selected new and unused 2009 models purchased between August 1st and August 31st, 2009 from participating retailers. Retailer trade may be necessary. Offers subject to change without notice. See participating retailer for specific details and conditions. *\$28,998 Purchase Price applies to 2009 Dodge Ram 1500 Quad Cab SLT 4x4 (25G+ XFH) only and includes \$7,500 Consumer Cash Discount. See participating retailer for complete details. Price excludes freight (\$1,400), licence, insurance, registration, any retailer administration fees and other applicable fees and applicable taxes. Retailer trade may be necessary. Retailers may sell for less. †0% purchase financing for 36 months available through Royal Bank of Canada and Scotiabank on selected new and unused models to qualified customers on approved credit. Example: Dodge Ram 1500 Quad Cab SLT 4x4 (25G + XFH) with a Purchase Price of \$28,998 financed at 0% for 36 months equals monthly payments of \$805,50; cost of borrowing of \$0 and a total obligation of \$28,998. Excludes freight (\$1,400), licence, insurance, registration, any retailer administration fees and applicable fees and applicable taxes. Retailer trade may be necessary. Retailers may sell for less. ◆Consumer Cash Discounts are manufacturer to retailer incentives which are deducted from the negotiated price before taxes. Discount amounts vary by vehicle. See your retailer for details. QRam 1500 offers the most powerful V8 under 6.0 litres in its class. *Dodge Ram 1500 Winner Strategic Vision's 2009 Total Quality Award* For Best Full-Size Pickup Ownership Experience. See Strategic Vision's website (www. strategicvision.com) for additional information about the study. ‡Based on *Automotive News* segment, full-size extended cab pickups. ▲Based on *Automotive News* full-size pickup segmentation. *MSIRIUS and the dog logo are trademarks of SIRIUS Satellite Radio Inc. *@Leep is a registered trademark of Chrysler LL





Take That Picasso!

This week at 14 Wing Day Camp went by with flying colours... literally. To get the creative juices flowing on Monday morning we designed and decorated some folders, to make sure we had a safe place to store our masterpieces, before we let things get a little messy with a paper-mache invention involving lots of tissue paper, tonnes of paint and even more glue. Tuesday we put our heads together to create some beautiful group paintings with our friends. We let loose on Wednesday learning the technique of drawing to music and capturing movement on paper, with a quick break to learn some new dance moves of course. Thursday was all about admiring the gorgeous landscape around us by taking a sun-soaked trip to Aylesford Lake for the day. Finally, once all the crayons were dull and the paint dried up camper's ended off the week with some radical tiedye. Stop by the 14 Wing Community Centre to learn more about our camp and its staff or to register your child today! Until next time campers: remember to always be yourself & don't be afraid to let your true colours show!







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- Tuition Reimbursement
- · Paid Certified Training

Upcoming training classes are starting August 17, 24, and 31st. Apply in-person at 421 Burns Hill Road, Cornwallis Park, Cornwallis, NS or email your resume to Cornwallis.Recruitment@convergys.com or apply online at www.convergys.com.

relationship management



with bands, a co-

median, amazing prizes, and

two tournaments: a Crud tour-

nament and the First Annual

You will need a Wing Wel-

Top Gun Competition.

2009 Wing Welcome 18 - 19 September 2009 a wine tour for UPDATE

By NCdt Dempsey

This year, the annual Wing Welcome weekend will kick off on Friday, September 18th and go until Saturday, September , 2009. The Wing Welcome will be themed around the year's Centennial of Flight Celebrations. With the great buzz generated by the many Centennial of Flight activities thus far, this is shaping up to be the greatest Wing Welcome ever!

Each year, 14 Wing Greenwood holds Wing Welcome activities as a way to welcome recently posted CF members and their families to the Greenwood community. The activities provide a relaxed atmosphere for personnel, family and friends to get out and have some fun while meeting new faces, networking, and enjoying each other's company. The Wing Welcome also provides an opportunity for 14 Wing members and their families to learn about their community and the wealth of activities and clubs both on and off the base. Clubs and groups will set up their displays in the Fitness and Sports Centre on Saturday. So come and check out what fun and exciting events are available in Greenwood.

This year's Wing Welcome

Veterans' Meet & **Greet**

The 14 Wing Centennial of Flight Committee is pleased to announce a "Meet the Vets" afternoon at the Kingston Legion Branch 98 on August 22nd from 1:00 to 4:00 p.m. 14 Wing Greenwood personnel and members of the local community are invited to come out and spend an afternoon with their currently serving and retired Air Force family. The dress is casual. We promise an afternoon of camaraderie, light snacks, cool drinks and tall tales. This event is sponsored by the 14 Wing Centennial of Flight, Royal Canadian Legion Branch 98, The Canadian Association of Veterans in United Nations Peacekeeping and the 107 Valley Wing RCAFA. We hope to see you there.

promises to provide an array of fun activities for all ages. For young children, there will be activities such as an extreme bouncer slide, an extreme maze and temporary tattooing. For the youth, there will be a youth bouncer, the popular skateboard competition and a Youth Idol so be sure to bring your singing voice. The active kids in the community can take part in the 5km Fun Run and the Iron Kids Triathlon. For young adults we have speed dating

the grown-up crowd. For the entire family, there will be activities such as a family skate, family swim, glow in the dark bowling, and a family movie.

Other extraordinary activities include a Wing Welcome Golf Tournament on the Friday morning, a pancake breakfast on Saturday morning and a third consecutive visit from Highland Games strength event athletes. Friday night, 14 Wing will host the "Hangar Dance in the

when you can purchase those coins. The coins will be available to Mess Members and the Defence Team. If you are not a member, make friends with one and get an invite, because everyone is welcome.

will be prizes and awards for certain activities and merchandise, reflecting the Centennial of Flight Celebrations. Be sure

to mark the 2009 Wing Welcome dates on your calendars and stay tuned to The Aurora Newspaper and the Centennial of Flight Website at www.greenwood100years.com for more updates and a list of all the events.

If you are interested in being a sponsor, please contact Mr. Rod Reeves at 902-765-1494 local 5058 or 902-840-0739.









The GMFRC Went to Camp Aldershot



GMFRC display generating alot of interest while at Camp Aldershot's Open House. Thanks to all our volunteers.

Submitted by: Michelle Thibodeau Wagner, Coordinator of Special Events and Promotions, GMFRC 765-1491 local 1421 michelle thibodeauwagner@forces.gc.ca

The Greenwood Military Family Resource Centre was fortunate to have participated in Camp Aldershot's Open House on Saturday, August 8th. Our booth was responsible for the panicked look on parents faces as they were trying to figure out where all the yellow support our troops foam fingers came from. Camouflaged kids (and some adults) had fun blasting their way their way through the kiddie commando course, a simulated firing range, a heavy equipment display and getting the most gruesome fake wounds ever. "Juno" even took a minute to snap a picture with our amazing volunteers and staff. Deployed troops were very much on the minds of all who stopped by our booth and signed the GMFRC banner to deployed troops.



Season Opens: May Long Weekend 2009 Closes: Thanksgiving Weekend 2009



Bookings for 2009 Season start 1 April 2009

Get Away From It All!

Call 765-1494 ext 5341

Make Your Stay, a Lake Pleasant One!!!

Available to: CF Military Regular/Reserve/Retired Members, **DND Employees, NPF-PSP Personnel**

Cottage Contents

- Fridge/Stove (full size)
- Beds (3)
- 2 singles, 1 double
- Microwave
- Toaster Oven
- · Sofa
- Clock Radio
- Table & Chairs
- Kettle
- · Fire Pits
- Barbeque (full size)
- Patio Furniture
- · TV/VCR

Amenities

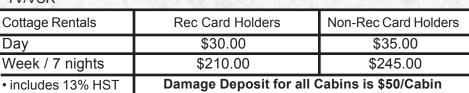
- Club House
- Games Room
- Canoe/Paddle Boat Rental Utensils/dishes
- Shower Facility
- · Laundry Facility
- Beach (unsupervised)
- · Canteen (seasonal)
- Firewood
- Hay Rides
- Special Events

Your Responsibilities

- Food and Beverages
- Linen
- Pots & Pans
- Other conveniences

enjoyable one

required to make your stay an





(I-r) Mary Wredenhagen, Juno, Norman Wredenhagen, Maryse Carrier, Rosie Smith-Gimblett, and Michelle Thibodeau Wagner.

Hockey Referee Clinic Through Hockey Nova Scotia

Submitted by Mark Gordon

I would like to take this time to let all returning/new Hockey Officials aware that you can now sign up for the upcoming Hockey Referee clinic through Hockey Nova Scotia. You can go to the NEW Western Valley website (www.westernvalley.goalline.ca) and follow the link's to sign up using your e-learning account. As well there are other links of interest including the NEW WV pay rates. If you have any questions in regards to officiating you can contact your local Referee-In-Chief or myself at markgordon@eastlink.ca. Below is listed the local RIC's for each area in Western Valley.

Berwick – Charlie Alders c_aalders@eastlink.ca **Greenwood, Kingston, Middleton** – Mike Hawboldt mikehawboldt@eastlink.ca **Bridgetown** –Tom Foley foley@ns.sympatico.ca **Digby** – Cindy O'Neil cin_oneil@hotmail.com

14 Wing Greenwood Celebrates 100 Years of Powered Flight in Canada!

Centennial of Flight is a year long celebration recognizing 100 years of powered flight in Canada. Your business will receive maximum exposure to our 2300 military and civilian personnel, their families and the thousands of residents in the surrounding communities.



Every business is welcome to participate in our Centennial of Flight Celebrations.

For more information on sponsorship contact Rod Reeves, 14 Wing Sponsorship Coordinator at 765-1494 local 5058 or (902)840-0739 or email: RODERICK.REEVES@forces.gc.ca.

www.greenwood100years.com

GMFRC Second Language Training (Fall Session 2009) (session d'automne 2009)

Dates: Monday, September 14, 2009 to Friday, November 20, 2009 **Duration:** 10 weeks for a total of 60 hours (three hours twice a week)

Location: Birchall Centre on the Base, 2nd floor.

Cost: For military spouses, Canadian Forces members, and dependants over 14 years of age:

\$50.00 refundable upon completion of 85% of classes

All other participants: \$100.00

(Free childcare is offered to Military Families during GMFRC childcare hours) Registration: Before Friday, August 28, 2009 at the GMFRC reception. LIMIT of 10 students per class – register early to avoid disappointment!

Phone: Reception 765-5611

Schedule: Subject to change depending on registrations and students needs

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-12:00			English		English
			Module 3		Module 3
18:00-21:00		English		English	
		Writing 2		Writing 2	
		French		French	
		Module 1 & 4		Module 1 & 4	

Cours de langues secondes

Dates: Lundi, 14 septembre 2009 au vendredi, 20 novembre 2009. **Durée:** 10 semaines pour un total de 60 heures (trois heures, deux fois par semaine).

Endroit: Centre Birchall, deuxième étage

Coûts: Pour les conjoint(e)s des membres des FC, dépendant(e)s de militaires qui ont 14 ans et plus, et membre des FC, 50\$ remboursable après avoir complété au moins 85% du cours.

Pour les autres participants: 100\$

Garderie offerte gratuitement pour les familles militaires durant les heures d'ouverture du service de garde du CRFMG

Inscription: Avant le vendredi 28 août 2009 à la réception du CRFMG. Seulement dix étudiants par classe – inscrivez-vous le plus tôt possible!

Téléphone: La réception au 765-5611

Horaire: Sujet aux changements afin de répondre aux demandes des étudiants

	Lundi	Mardi	Mercredi	Jeudi	Vendredi
9:00-12:00			Anglais Module 3		Anglais Module 3
18:00-21:00		Anglais Écriture 2		Anglais Écriture 2	
		Français Module 1 & 4		Français Module 1 & 4	

Beta Sigma Phi's Maritime & New **England Area 2009 Convention**

In this happy photo are four Sorority Members, L-R Cheryl Murphy, Alana Penton, Esther McKnight and Joyce Jacques. Cheryl, Esther and Joyce are Xi Kappa, Greenwood members and Alana Penton is a Summerside, P.E.I. member. Over one hundred women attended this Convention. It was a summer weekend of fun, tasty meals, prizes, entertainment and memory making. Friday night was a Down Home Kitchen Party when members were to wear their Wildest, Most Loved or Most Useful apron. Cheryl Murphy took first prize for her Most Useful apron. It was a winning week-end for Cheryl as she

also won a prize on Saturday and on Sunday she won a 50/50 draw and came home with winnings of over \$200.00.

Members from all over the Maritimes and New England attended this Convention held at the Crowne Plaza Hotel (Lord Beaverbrook) located on the bank of the majestic St. John River in historic downtown Fredericton. It was a perfect week- end for a Lively Kitchen party, a sit down dinner w/entertainment on Saturday and a Be GREEN Sunday, Think Green, Wear Green, Be Green! Members were very creative with this theme.

earning and Career Centre

"People working together to foster a learning culture – within the Defence Team – many places, many ways."

CC Upcoming Workshops

Time Management • 1 day

Understanding My Leadership Style • 2 days

Harassment Prevention & Resolution (Supervisors)

Harassment Prevention & Resolution (Employees) • 1 day

28-30 Managing Civilian Human Resources • 3 days 29-30 New Employee Orientation • 1.5 days OCTOBER 2009

01 Defence Ethics • 1 day 14-15 Communication for Leadership • 2 days

NOVEMBER 2009

03 JLP: Understanding Your Collective Agreement • 1 day 04-05 JLP: Respecting Differences • 2 days CANADA CARÉER WEEK (CCW)

CCW: Kick-off Lunch & Learn • 1 hour

10 CCW: Resume Writing • 1 day

CCW: Interview Techniques • 1 day

CCW: Canadian Forces Leadership Institute (CFLI) Lunch & Learn • 1 hour

18-19 Building Excellence in Teams • 2 days

24-26 Pre-Retirement Planning (Civilian Employees over age 45) • 3 days

DECEMBER 2009

Coaching • 1 day

Encadrement (Coaching, presenté en français) • 1 jour

You and Change • 1 day

Diversity & Employment Equity for Managers and

JANUARY 2010

Balancing Work and Personal Life • 1 day

09-11 Effective Presentations • 3 days

Civilian Performance Planning & Review CPPR • 1/2 day

Personal Learning Plans (PLP) • ½ day

MARCH 2010

01-05 Instructional Techniques • 5 days

Civilian Performance Planning & Review CPPR • 1/2 day

Personal Learning Plans (PLP) • 1/2 day

APRIL 2010

Defence Ethics

Interpersonal Communication Skills • 3 days Prior Learning Assessment (PLA), Day 1 of 10 • 1 day 12-13

Effective Meetings • 1 day Prior Learning Assessment (PLA), Day 2 of 10 • 1 day

20 23 28 Myers-Briggs Type Indicator (MBTI) • 1 day

Prior Learning Assessment (PLA), Day 3 of 10 • 1 day

Prior Learning Assessment (PLA), Day 4 of 10 • 1 day

New Employee Orientation • 1.5 days Future Planning (Civilian Employees under age 45)

Prior Learning Assessment (PLA), Day 5 of 10 • 1 day

Prior Learning Assessment (PLA), Day 6 of 10 • 1 day 21 Prior Learning Assessment (PLA), Day 7 of 10 • 1 day

JUNE 2010

01-02 Exploring the Leader in You • 2 days
04 Prior Learning Assessment (PLA), Day 8 of 10 • 1 day
11 Prior Learning Assessment (PLA), Day 9 of 10 • 1 day

Stepping Up to Supervisor • 2 days Prior Learning Assessment (PLA), Day 10 of 10 • 1 day

06-08 Negotiation Skills • 3 days Assertive Communications • 1 day



If interested in Beta Sigma Phi membership, visit www.betasigmaphi.org or contact a member in your area for

Annapolis Café

14 Wing Food Services

All Prices include HST

Breakfast Full \$5.55 Breakfast Light \$3.30

(Beverage & Toast or Cereal)

Lunch Full \$11.10 Lunch Light\$6.65

(Beverage, Soup or Salad; Choice from A La Carte menu or Sandwich; French Fries and Fruit or Cookie)

Dinner Full \$11.10

Dinner Specialty (Steak Night, etc.) \$13.90

Meal Hours

Breakfast0600 - 0900 Weekend & Holidays......0600 - 1100 Weekend Brunch 1100 - 1315 Lunch 1100 - 1315 Dinner......1600 - 1830

OPEN TO AUTHORIZED PATRONS ONLY



Historic Aircraft that Played a Significant Role in **Canadian Aviation Heritage**

Submitted by: Bryan Nelson, Executive Director, Canadian **Aeronautical Preservation Association**

CAPA THE CANADIAN AERONAUTICAL PRESERVATION ASSOCIATION INC L'ASSOCIATION CANADIENNE DE CONSERVATION AERONAUTIQUE INC. ACCA

Lockheed / Canadair T33 Silver Star

successful jet trainers of all time. When Canada decided to move to jet trainers Lockheed won the competition and Canadair awarded the contract to build the aircraft under license. The RCAF gave the T-33 the name Silver Star in honour of the first Canadian airplane, the Silver Dart

As with other aircraft Canadair built under license, there was extensive redeisgn work and new technologies to master. Canada chose the more powerful Rolls Royce Nene engine, which required extensive redesign work. The manufacturing technique for the aircraft was also new to Canadair, as the aircraft was literally split in half and then joined after the engine was installed.

The Silver Star began appearing in squadrons and schools in large numbers in 1953. Among operational

RCAF squadrons, both Regular and Auxiliary, as well as some Royal Canadian Navy squadrons, the T-33 was used as a trainer and utility aircraft. Perhaps the bestknown use of the T-Bird was the Red Knight - the RCAF's official solo aerobatics act. RCN had their own solo display under the name Red Herring in an apparent parody of the RCAF.

In the NATO Air Training Plan, which ran from 1950 to 1958, Canadian and NATO received their advanced flying training on the T-33. The T-33 continued in the training role until 20 June 1974. Thereafter, the Silver Star was used as a utility aircraft, towing target drogues for surface to air gunnery for the army and navy, and simulating enemy aircraft for combat training and

when equipped with special electronic pods it could simulate an anti-shipping missile. The last T-33 retired on 31 March 2005 having been used by the Aerospace Engineering Test Establishment at 4 Wing Cold Lake as an ejection seat test

Canadair built 656 Silver Stars for the RCAF between 1952 and 1959. Some also appeared in NATO air forces, as aircraft surplus to the RCAF were transferred to France, Greece, Portugal and Turkey under NATO Mutual Assistance in the late 1950s. The fact that the aircraft served for 54 years speaks to the excellence of its design and the quality of its construction and maintenance

Lockheed / Canadair T-33 Silver Star

d'entraînement à réaction qui a connu le plus de succès. Lorsque le Canada décide de passer aux avions d'entraînement à réaction, Lockheed remporte l'appel d'offres et Canadair se voit octrover le contrat de construction sous

licence de l'avion. L'ARC donne au

T33 le nom de *Silver Star* en l'honneur du premier avion canadien, le Silver Dart.

Comme pour d'autres avions que Canadair construit sous licence, il faut revoir la conception et maîtriser de nouvelles technologies. Le Canada choisit le moteur Rolls Royce Nene, plus puissant, ce qui nécessite d'importantes modifications à l'intérieur du fuselage. La technique de construction de l'avion est également nouest littéralement séparé en deux parties, qu'il faut assembler une fois le moteur installé.

En 1953, les Silver Star commencent à faire leur apparition en grand nombre dans les escadrons et les écoles. Parmi les escadrons opérationnels de l'ARC, tant réguliers

qu'auxiliaires, ainsi que dans drons de la Ma-

rine royale du Canada (MRC), le T33 est utilisé comme avion d'entraînement et avion utilitaire L'utilisation sans doute la plus connue du *T-Bird* est celle à titre de Red Knight, le seul avion de voltige aérienne officiel de l'ARC. La MRC a aussi son propre avion de démonstration, qu'elle nomme Red Herring, apparemment pour parodier l'ARC.

Dans le cadre du Programme d'entraînement aérien de l'OTAN, qui a cours de 1950 à 1958, les pilotes du Canada et de l'OTAN reçoi-

velle pour Canadair: l'avion au pilotage sur T33. Cet appareil continue à servir comme avion d'entraînement jusqu'au 20 juin 1974. Par la suite, le Silver Star est utilisé comme avion utilitaire afin de remorquer des cibles pour l'artillerie surface-air à l'intention de l'Armée et de la Marine et simuler un avion ennemi pour l'entraînement au combat. En outre, une fois équipé de nacelles électroniques spéciales, il peut simuler un missile antinavire. Le dernier T33 est retiré du service le 31 mars 2005 après avoir servi de montage d'essais pour des sièges éjectables au Centre d'essais techniques aérospatiale, à la 4e Escadre Cold Lake.

Canadair construit 656 Silver Star pour l'ARC entre 1952 et 1959. Certains, devenus excédentaires pour l'ARC dans les forces aériennes de l'OTAN, sont transférés à la France, à la Grèce, au Portugal et à la Turquie aux termes d'un accord d'assistance mutuelle de l'OTAN vers la fin des années 50. Le fait que



OPTOMETRY CLINIC

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New Patients Welcome

Zellers Plaza • Greenwood (902) 765-2715

If you want to drink ~ That is your business If you want to stop drinking ~ That is our business.



AA meetings every Tuesday at 8 p.m. at St. Mark's Protestant Chapel





14 Wing **Greenwood Library** School Street

Youth Happenings at The 14 Wing Community Centre

By: Recreation Youth Worker, Megan Le Moine

The start of school is just around the corner; for parents that's great! For the kids; not so great! I hope everyone is looking forward to starting a new school year, for some, who have recently moved to Greenwood, this is a new start all together! At the 14 Wing Community Centre there are always activities going on, trips being planned, and events being scheduled! If you are interested in something and want more information please call a Youth Worker at 765-8165! There's a lot going on this week at the Community Centre, so check

Boyz Club Swimming
Monday Aug. 17 2009
4:00-5:00 p.m.

We're hitting the pool! With only a few days left of summer, we better get out there while we still can! Boys meet at the Community Centre, and then we'll go out-side to the pool where we will have an hour of swimming fun! Please bring your bathing suite, towel, and rec. card. If you do not have a rec. card, it is \$5 to swim in the pool all day!

Badminton

Tuesday Aug. 18 2009 6:00-7:00 p.m.

Teens we are playing badminton tonight! Everyone come to the Community Centre and depending on the weather, we could have a game inside or outside! Everyone hope for sun!

Active Chicks Swimming Wednesday Aug. 19 2009 6:00-7:30 p.m.

Girls, this is our last chance to swim in the outdoor pool together! Meet me at the Community Centre at 6 pm to signin and than we'll walk over to the outdoor pools! Don't forget your towel! See you there!

Teen Swim Thursday Aug. 20 2009 6:00-7:00 p.m.

Teens, we are taking a dip in the pool tonight! The pool will soon be closed for the season, so we better get over there! Bring your bathing suite, towel, and rec. card and you'll be good to go!

Open Gym Thursday Aug. 20 2009 7:00-8:00 p.m.

parents! Come to the Commu-

have, get active and have fun!

Special Events Ûnder Sea the **Dance**

Friday Aug 21 2009 Pre-Teen 6:00-8:00 p.m. \$2 Teen 8:30-11:30 p.m. \$3

Tonight we are having a themed dance; Under the Sea! Pre-Teens come and dance your fins off from 6:00-8:00 p.m., only \$2! We will be selling cupcakes for \$1, there will be a token in one of the cupcakes, and whoever gets the cupcake with the token wins an awesome prize! Teens same deal, only from, 8:30-11:30 p.m. and \$3. Hope to see everyone there!

Sunset Whale **Watching Cruise** Saturday Aug. 22 2009 1:45 p.m. –12:00 a.m. Cost: \$25/35

Ahoy! Again! We are leaving the Community Centre at 1:45 p.m.; the cruise begins at 5:30 p.m. and ends around 8pm. We will be leaving Brier Island around 8:30pm, make a stop in Digby at Tim's/ McDonalds, and arrive back Teens, pre-teens and even at the Community Centre around midnight. Please note nity Centre and enjoy the that registration must be fully gym to yourself! We have lots completed by Aug. 19, to reg-

of equipment just waiting to be used, come see what we ister please call 765-8165. Also note, that because this is a note, that because this is a Night sunset cruise we will be on the water later than usual, bring extra warm clothes, snacks, water, binoculars, and once again warm clothes! **Pre-Teen Movie/Sun-**

dae Night

Saturday Aug. 22 2009

6:00-8:00 p.m. Hannah Montana the Movie; as Hannah's popularity begins to take over her life, Miley Stewart returns home to reflect on her life. Tonight we'll be serving ice cream sundaes for a little something special! Sundaes cost \$2. Hope to see you Teen Movie/Sundae

Saturday Aug. 22 2009 8:30-10:30 p.m.

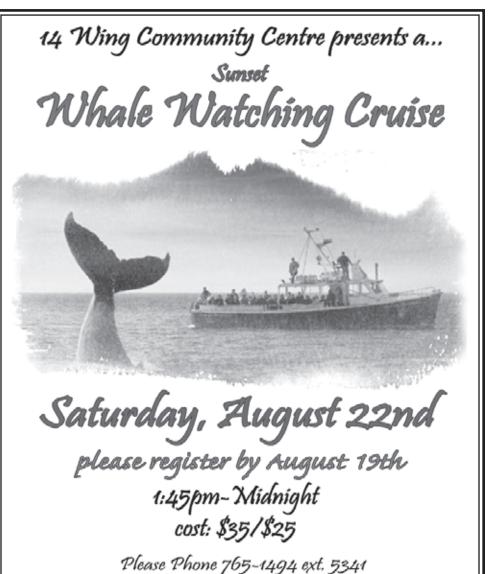
Australia; set in Northern Australia before WWII an English aristocrat inherits a ranch in order to protect her

unforgiving landscape while they experience bombing by Japanese forces firsthand! We will be serving ice cream sundaes, bring \$2 and have a cool treat! Hope to see you at the movies!

Youth Centre Drop in Hours

	Pre-Teen (ages 9 – 12)	Teens (ages 13 – 18)
Monday	4 pm to 6 pm	6 pm to 9 pm
Tuesday	4 pm to 6 pm	6 pm to 9 pm
Wednesday	4 pm to 6 pm	6 pm to 9 pm
Thursday	4 pm to 6 pm	6 pm to 9 pm
Friday	6 pm to 8 pm	4 pm to 6 pm 8 pm to 11 pm
Saturday	2 pm to 4 pm 6 pm to 8 pm	4 pm to 6 pm 8 pm to 11 pm
Sunday	2 pm to 5 pm	5 pm to 9 pm





or drop by the Community Centre and register



Greenwood Military Family Resource Centre Offerings

grams, and services offered in this issue only covers for the next couple of weeks. For future and ongoing programs and services, please visit our website

www.greenwoodmfrc.ca or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

Note: We are sorry for any inconvenience this may cause, but to keep costs down, the only methods of payment accepted for workshop registrations is cash or cheque. To ensure your spot for a workshop, payment is required at the time of registration.

Theatre

765-8848

Aug 16th 20th **SHOW TIMES**

Sunday to Thursday

6:45 & 9:15 p.m.

~HELD OVER~

GI Joe

Rise of the Cobra

Rated 14A

Dolby EX Digital Sound
Come See it on the Big Screen www.zedex.ca

Kingston



Coordinator: Kristen Lawson at 765-5611 local email1816 orkristen.lawson@forces.gc.ca

Employment Ongoing Services

- Resume and Cover Letter Creation and Modification
- Resume Updating Employment Resource Li-
- brary
- Career Assessment / Counselling
- Job Search Assistance
- Interview Skill Building Information on Small Busi-
- ness Planning Information on Military
- Home-based Business Net-
- Employment Computer Available
- Portfolio Development

Outreach and Community **Information Services**

Coordinator: NicoleGodin at 765-1494 local email nicole.godin@forces.gc.ca

Upcoming Program GREENWOOD 101 (Bilingual/Bilingue)

Wednesday, Sept.16, 2009 9:00 a.m. **Bilingual Bus** Tour and

11:30 **Family BBO**

Leaving GMFRC Parking Lot Free

Offered to: Newly posted families to 14 Wing Greenwood only

Registration deadline: Wednesday, Sept. 9, 2009

Have you been posted to 14 Wing Greenwood this summer? Would you like to go on a tour of the Area? Would you

like to find out what is available in the Greenwood/Kingston areas? You would like to find out what your GMFRC has to offer you?

If you have answered yes to one or all of the questions, than this if for you. GMFRC Greenwood 101 is a new component of the Welcome Program to welcome and orient families to their new community, to offer opportunities to newcomers to connect and socialize, and to ease the transition.

If you would like to participate in this great adventure, please call 765-5611 to register prior to the registration deadline. Childcare will be available at the GMFRC, free of charge but will be limited to 10 children, so when you register, please let us know if you require childcare. See you soon.

Service d'accueil et de renseignements à la communauté du crfmg

Coordonnatrice : Nicole Godin au 765-1494 poste à la 14º Escadre de Greenwood,

gue/Bilingual) Le mercredi 16 septembre 09 9 h pour tour guidé bilin-

11h30 pour **BBQ familial** gratuit

Départ du stationnement du CRFMG

Pour nouvelles familles affectées à la 14e Escadre de Greenwood

Date limite d'inscription: le mercredi 9 septembre 2009

Vous avez été affecté à la 14e Escadre de Greenwood cet été? Vous voulez savoir quels sont les ressources disponibles dans les régions environnantes de Greenwood et Kingston? Vous aimeriez faire un tour guidé des environs? Vous voulez savoir les programmes et services que vous offre le CRFMG?

Si vous avez répondu oui à une ou à toutes ces questions. ceci est pour vous.

Greenwood 101 fait parti du program de bienvenue qui cible les nouvelles familles affectées

5941 ou adresse courriel à pour qu'elles se sentent ac-nicole.godin@forces.gc.ca cueillies, leur donner de l'infor-mation au sujet de leur nouvelle mation au sujet de leur nouvelle collectivité et facilite leur transition au sein de celle-ci

> Si vous voulez participer à cette grande aventure, veuillez téléphoner le 765-5611 pour vous y inscrire avant la date limite. Le service de garderie sera offert gratuitement au CRFMG mais est limité à un maximum de 10 enfants. Veuillez nous laisser savoir s'v vous avez besoin du service de garderie lors de votre inscription. Au plaisir de vous rencontrez.

Ongoing Services

- Greenwood Welcome pack-
- **GMFRC** Virtual Welcome package
- New Arrivals Registration Welcome GMFRC visit/tour
- and Welcome Gift **GMFRC** Welcome Calls GMFRC Email Information
- Newsletter GMFRC Website
- Community Information Database
- Outreach to Reserve Units

EMPLOYMENT OPPORTUNITY Greenwood Military Family Resource Centre





AVM Morfee Centre / PO Box/C.P. 582 / Greenwood, NS (N.-É.)/ B0P 1N0 Telephone/Téléphone : (902) 765-5611 / Fax/Télécopieur : (902) 765-1747 Email/Courriel: home@greenwoodmfrc.ca / Web site/Site Web. www.greenwoodmfrc.ca

Centre de ressources pour les familles militaires de Greenwood Employé(e) de soutien de soirée (poste bilingue)

(Deux positions)

Les candidat(e)s de soutien devront travailler en soirée soit de 16h00 à 21h30 du lundi au mercredi et occasionnellement durant les heures régulières 08h00 à 16h00 et fins de semaine. Les horaires seront sporadiques et nécessiteront une grande flexibilité de temps.

Les candidat(e)s devront remplir les tâches reliées à la réception y compris le service de location d'équipements pour enfants ainsi que tous les autres services offerts en soirée. Les candidat(e)s devront aussi apporter un support administratif et opérationnel aux membres du personnel régulier et s'assurer de la sécurité du Centre aux heures de fermeture.

Les candidat(e)s doivent posséder de très bonnes aptitudes en relations publiques, une très bonne connaissance du mode de fonctionnement d'un bureau et des mesures à suivre en situation d'urgence ainsi que maîtriser les logiciels informatiques suivants: Outlook, Access, Excel, MS Word, Publisher et Print Master. Le bilinguisme et l'expérience comme bénévole passée ou présente sont considérés des atouts. Le taux de salaire est \$9.00 par heure.

Les candidat(e)s intéressé(e)s doivent apporter leur Curriculum Vitae en personne, ou le faire parvenir par télécopieur ou par courriel au plus tard à 16h00 le vendredi le 28 août 2009 à :

Karen Doiron, Superviseure du personnel de soutien de soirée Centre de ressources pour les familles militaires de Greenwood Centre AVM Morfee, Édifice 83, Chemin School, Greenwood, N.-É. Courriel: Karen.Doiron@forces.gc.ca Télécopieur : (902) 765-1747

Nous remercions tous les candidat(e)s intéressé(e)s, mais seulement ceux ou celles sélectionné(e)s pour une entrevue seront contacté(e)s.

Nous anticipons que la date approximative du début d'emploi sera le 14 septembre 2009.

EMPLOYMENT OPPORTUNITY Greenwood Military Family Resource Centre





AVM Morfee Centre / PO Box/C.P. 582 / Greenwood, NS (N.-É.) / B0P 1N0 Telephone/Teléphone: (902) 765-5611 / Fax/Telécopieur: (902) 765-1747

Email/Courriel: home@greenwoodmfrc.ca / Web site/Site Web:

www.greenwoodmfrc.ca

Greenwood Military Family Resource Centre Evening Support Staff

(Two Positions Available)

Two Evening Support Staff are required to work during GMFRC extended hours of operation, from 4:00 to 9:30 p.m. (evenings; and occasional days and weekends as required). Due to a sporadic schedule, this position requires flexibility and involves reception duties, overseeing services during extended hours, building security, and providing operative and administrative support to staff in general.

Applicants must have strong customer service skills, be proficient in Outlook, Access, MS Word, Excel, Publisher or Print Master and general office procedures. Candidates must have the ability to handle emergency situations and should be knowledgeable of GMFRC programs and services. Previous experience volunteering at the GMFRC and bilingualism are definite assets.

Rate of pay: \$9.00 per hour

Please hand deliver, fax or email resume no later than 4 p.m. Friday, August 28th, 2009. Resumes should be directed to the attention of:

Karen Doiron, Evening Support Staff Supervisor **Greenwood Military Family Resource Centre** AVM Morfee Centre, Building 83, School Road, Greenwood

Email: karen.doiron@forces.gc.ca Fax: 902-765-1747

We thank all applicants for their interest, however, only those selected for an interview will be contacted. Anticipated start date will be September 14th, 2009.

Deployment Services Coordinator: Vacant, for in-

formation please call 765-5611 **Upcoming programs**

or services **Deployed Families Card/** Craft Club

Wednesday, Aug. 19th, 2009 9:00 a.m. – 11:00 a.m. GMFRC Registration deadline: Monday, Aug. 17th, 2009

Call 765-5611 to Register Casual childcare is not available during the summer. If childcare creates a barrier please do not hesitate to con-

Deployed Families Adult Dinner Öut

tact the GMFRC.

Monday, August 31st, 2009 5:30 p.m. – 8:30 p.m.

Location: To be Determined Pay the cost of your own meal Registration deadline: Friday, August 28th, 2009

Call 765-5611 to Register Is your military member

away? If you have a military family

member who is away (spouse, son, daughter, partner, grandchild, etc) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give us a call & we'll set you up with any of our programs/services/activities that may interest you. We do not know you're out there unless you let us know.

All of our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre, during, & post deployment information, assistance, outreach, & support to anyone who chooses to participate. Just give us a call!

For respite childcare of-



ferings for deployed families, see details under Children and Youth Services

Prevention, Support and Intervention **Services**

Coordinator: Jennifer Calkin, at 765-1494 local email 1811or Jennifer.calkin@forces.gc.ca

Upcoming programs or services

Multicultural Coffee Group August 19th, 2009 1st and 3rd Wednesday of

each month

1:00pm-3:00pm GMFRC classroom **FREE**

No registration required, drop in welcome.

Please call to register at

Ongoing Services

- **Emergency Shelter**
- Assessment and Referral **Short Term Support**
- Crisis Intervention

Please feel free to contact me to set up an appointment to discuss any of these services and for more information

Child and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Upcoming Programs or Services

Youth Council

This program will be closed in July & August but will resume in the fall

4:00 p.m. - 5:00 p.m.14 Wing Community Centre

FREE Youth aged 14 and up Academic Tutoring Service Our program will be closed

in July & August but will

Support Our **Advertisers**

They **Support** Your **Military** Newspaper

resume starting Tuesday, September 14th 2009

Time scheduled with families & tutor

Children in grade P-12

A tutor request form is available at GMFRC

Parent & Tot Program

Our program will be closed in July & August but will resume every Monday starting September 14th 2009

9:30 a.m. – 10:30 a.m. FREE

Ages 3-5

Drop in - no registration re-

Toddler Tuesdays Program

Our program will be closed in July & August but will resume every Tuesday starting Tuesday, Sept. 8th 2009 9:30 a.m. – 10:30 a.m.

FREE

Ages 1 - 3 years

Drop in - no registration required

Tumble Tots

Our program will be closed in July & August but will resume every Wednesday starting September 9th, 2009

GMFRC gym

9:30 a.m. – 10:30 a.m.

Ages 1 – 5 years

Drop in - no registration required

Baby Club

in July & August but will resume our meetings starting September 3rd, 2009

10:00 a.m. – 12:00 p.m.

Ages 0 – 1

Drop in - no registration reauired

Respite Dates

Saturday, Aug. 22nd, 2009 9:00 a.m. – 5:00 p.m.

Children up to age 12 Free to CF Families who currently have a partner deployed Registration deadline: Thursday, August 20th, 2009

and Monday, August 31st, 2009 5:00 p.m. – 9:00 p.m.

Children up to age 12

Free to CF Families who currently have a partner deployed Registration deadline: Thursday, August 27th, 2009

Special Events and

Promotions

Coordinator: Michelle Thibodeau Wagner at 765-1494 local 1421 or email michelle.thibodeauwagner@forces.gc.ca

Ongoing Services

- Red Friday Promotions
- Yellow Ribbon Campaign
- Support our Troops Awareness Campaign
- Military Families Strength Behind the Uniform Campaign
- Our program will be closed · GMFRC and Community

Special events planning Morale Mail Packages to the Troops

Volunteer Services

Coordinator: Gagnon at 765-1494 local email 5938 orjanie.gagnon@forces.gc.ca

Volunteer Opportunities Wing Welcome

Saturday, Sept. 19, 2009

Childcare and tattooing at the Fitness Centre from 0900 to 1300

Chaperon for the pre-teen (1800-2000) and teen dance (2030-2230) at the Annapolis Mess.

Fitness Centre for the Wing Welcome and the Annapolis Mess for the Dance

Volunteers Needed: 12 Comité francophone Tuesday, August 18, 2009 10:00 a.m. to 12:00 p.m. **GMFRC**

Volunteers Needed: Many Plan the calendar of francophone activities.

Warm Line Callers Ongoing need

Flexible (2 hours per month) GMFRC or from home

Registration deadline: Open Volunteers needed: Many (you will receive a prior training) Suitable for our awesome Youth Volunteers!

Feature of the Week GMFRC •

Deployment Services

Coordinator: Vacant for information please call 765-5611

Deployed Families Card/Craft Club

Wednesday, August 19th, 2009

9:00 a.m. – 11:00 a.m. GMFRC Registration deadline: Monday, August 17th, 2009 Call 765-5611 to Register

Come on out and enjoy a night of card and craft making, good conversation and lots of laughs. This is a great opportunity to make valuable connections with other deployed spouses/parents. Casual childcare is not available during the summer. If childcare creates a barrier please do not hesitate to contact the GMFRC.

Enjoy live music, kids

activities and more.



Discover delicious tastes from local

producers and chefs or bring a

picnic basket of local foods.

For picnic details:

SelectNovaScotia.ca/picnic

GMFRC • **Feature of the Week**

Outreach and Community Information Services

Coordinator Nicole Godin at 765-1494 local 5941 or email nicole.godin@forces.gc.ca

Welcome Calls

Welcome Calls are offered to all new families posted to 14 Wing Greenwood. They are offered to the CF Member at registration (on the registration form). Due to our Privacy Code, only the ones who have responded positively will receive a Welcome Call from a GMFRC Representative, but if you are new to 14 Wing Greenwood and would like to receive a Welcome Call, please call the Reception at 765-5611 and we will be happy to have our trained staff give you a Welcome Call and give you information about our Programs and Services and about our local communities, and they also will remind you about our Welcome Tour/Visit of our Center.

Publicité de la semaine

Service d'accueil et de renseignements a la communaute Coordonnatrice: Nicole Godin au 765-1494 poste 5941 ou adresse courriel à nicole.godin@forces.gc.ca Publicité de la semaine

Appels de bienvenue

Les appels de bienvenue sont offerts aux nouveaux arrivants à la 14 e Escadre de Greenwood. Les membres des FC peuvent demander qu'un représentant du CRFMG appelle leur famille pour l'accueillir dans sa nouvelle communauté. Pour ce faire, ils doivent remplir la section à cet effet dans le formulaire d'inscription des nouveaux arrivants. Seuls les membres qui ont fait la demande recevront un appel de bienvenue de la part d'un représentant du CRFMG. Mais, si vous désirez recevoir un appel de bienvenue, veuillez téléphoner la réception du Centre au 765-5611 et un de nos membres du personnel se fera un grand plaisir de vous appeler et vous souhaiter la bienvenue, de vous proposer une visites du Centre, et de vous donner des renseignements sur nos programmes et services.

FOR YOUR INFORMATI

FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions in Thursday at 0.20 cm. provides to tablication unless attentions profiles. is Thursday at 9:30 a.m. previous to publication unless otherwise notified.



Loc. 5430

765-1494 24 hour drop-off box • Phone for Renewals Closed on holidays and holiday weekends throughout the year.

August 16 to August 22

ARIES - Mar 21/Apr 20

Aries, don't worry when a conflict arises at work. Things will simmer down rather quickly, so don't spend much time thinking about finding a resolution.

TAURUS - Apr 21/May 21

Taurus, there's no time like the present to embark on that home improvement vou've been considering. Encourage others to give you some friendly assistance.

GEMINI - May 22/Jun 21

Gemini, if you've been thinking about taking a trip, now is the time to do so. Grab a friend or family member to take the ride with you and it will be much more fun.

CANCER - Jun 22/Jul 22

Cancer, you have been feeling under the weather, and you can't seem to bounce back quickly. Rest is key this week. There's no point in getting even more run down.

LEO - Jul 23/Aug 23

Lions may be the king of the jungle, Leó, but this week you're having trouble mustering a meow. Get your energy back so that you can enjoy your birthday. VIRGO - Aug 24/Sept 22

Virgo, a move you made a few weeks back is not panning out as you had hoped. You just can't seem to get along with your new housemate. It may be time to

move again.

LIBRA - Sept 23/Oct 23

It seems you have been taking advantage of loved ones, Libra, and now is the time to change your ways. Do more for those you love and you will receive it in return.

SCORPIO - Oct 24/Nov 22

Scorpio, you want to run the show this week and others will be anxious to let you. Don't let the power go to your head or else you'll make enemies very

SAGITTARIUS - Nov 23/Dec 21

A friend in need has you running, Sagittarius. But don't be so quick to jump every time this person beckons or else the situation could get out of control very quickly.

CAPRICORN - Dec 22/Jan 20 A lot on your plate at work, Capricorn? If you feel like you're doing too much it may be time to start speaking up ábout your workload. Don't get worn out.

AQUARIUS - Jan 21/Feb 18

The finances should be an open book with your partner, Aquarius. Controlling spending is a way to cause arguments: this is a twoway street. Start seeing it as so.

PISCES - Feb 19/Mar 20

Pisces, if plans don't work out the way you expected this week don't get discouraged. Bounce back and set a new agenda.

FAMOUS BIRTHDAYS

AUGUST 16 Madonna, Singer/Actress (51) **AUGUST 17** Sean Penn, Actor (49) **AUGUST 18** Edward Norton, Actor (40) John Stamos, Actor (46) AUGUST 19 AUGUST 20 AUGUST 21 Amy Adams, Actress (35) Kenny Rogers, Singer (71) AUGUST 22 Cindy Willams, Actress (62)

Horoscopes brought to you compliments of:







New Beginnings Center Contemporary Worship Service

Contemporary Worship Service is held Sundays, 10:45 a.m. at New Beginnings Center, 1151 Bridge St., Greenwood. We have Kid's Church for children 3 - 11 yrs. at 11:00 a.m. A time of fellowship and coffee follows the Worship Service and we enjoy a pot-luck "Love Lunch" together once a month. Everyone is welcome and we look forward to meeting you.

GMFRC • **Feature of the Week**

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at Gagnon.JMC@forces.gc.ca

Wing Welcome*

Saturday, September 19, 2009

Childcare and tattooing at the Fitness & Sport Centre from 0900 to 1300

Chaperon for the pre-teen (1800-2000) and teen dance (2030-2230) at the Annapolis Mess

Fitness & Sport Centre for the Wing Welcome and the Annapolis Mess for the Dance

Volunteers Needed: 12

The GMFRC is requesting your help as we are looking for volunteers to come out and help out with the annual 14 Wing Welcome. We are looking for childcare providers and face painters during the Wing Welcome at the Fitness Centre, as well as chaperones for the preteen dance and teen dance at the Annapolis Mess. Please call Janie Gagnon if you are interested in becoming part of this fun event.

CRFMG - Publicité de la semaine

Service de benevolat

Coordonatrice Janie Gagnon au 765-1494 local 5938 ou courriel à Janie.Gagnon@forces.gc.ca

Journée portes ouvertes de la Base

Samedi, 19 août, 2009

Service de garde et de tatouage au Centre sportif de 0900 à 1300

Chaperon pour la dance des préadolescents (1800-2000) et la dance des adolescents (2030-2230) au Mess

Au centre d'entrainement de la Base pour la journée portes ouvertes et au Mess Annapolis pour la dance.

Le CRFM recherche l'implication de bénévoles pour offrir le service de garde d'enfants et de tatouage durant que les parents inscrivent leurs enfants à des activités parascolaires. Aussi en soirée nous recherchons de bons chaperons pour surveiller la dance des préadolescents et adolescent qui aura lieu au Mess Annapolis.

Annual Summer Yard Sale

Kingston United Church, 733 Main Street Kingston will be holding its annual Summer Yard Sale on Saturday August 22 from 10:00 a.m. on. Pickles, crafts and assorted items available. To be

The Aurora Newspaper, 14 Wing Greenwood, NS

Centrestage Theatre and Glooscap Curling Club Present its Annual Dinner Theatre

What is more fun than a stiff upper lip, Better tasting than Bangers and Mash, And a wilder time than the Antiques Road Show? It's the CentreStage Theatre/Glooscap Curling Club's Fourth Annual Dinner & Theatre event "A Little Taste of Britain". Come join us on September 11th or 12th at the Glooscap Curling Club to enjoy a delicious Pork Roast Dinner and enjoy the hilarious play No Sex Please, We're British by Alistair Foot and Anthony Marriott. As well, amazing items at our silent and live auctions each night. The evening begins with a reception at 5:45 p.m. with dinner at 6:45 p.m. and the performance at 8:30 p.m. Reserve your tickets by calling 678-8040.

Memorial Cemetery Service Torbrook Mines United

Family and community members who hold burial plots in the Torbrook Mines United Church Cemetery are invited to share in a service of memory and blessing for their departed loved ones on Sunday, August 23, at 2:00 p.m. Guest Speaker will be Rev. Joy Noble of York, PEI. Offering donations will be for the maintenance of the cemetery. Income tax receipts issued for donations over ten dollars. All are welcome.

Ecumenical Church Service - Wilmot Baptist Church

August 30, 2009, 7:30 p.m. Middleton and area nurses are hosting a church service at the Wilmot Baptist Church in recognition of 100 years of professional nursing in NS. Current and former nurses and the general public are invited to attend. A reception will follow. Guest Speaker Muriel Bent.

Due to Lack of Support in June, Western Kings Arena will hold Another General Meeting

Public General Meeting for the Western Kings Rink Association 25 August 2009 at 7:00 p.m. in the arena. Location - Westwood Street, Kingston, NS. Election of new Executive Officers will take place at this time. Nominations will be taken from the floor

Ticket Auction/Yard Sale

Sunday September 13th - 8:00 a.m. - 1:00 p.m. A ticket auction/yard sale at the Multi Addiction Center, North Kingston. Ticket Draw at 1:00 p.m. 20 tickets - \$1.00, buy \$10.00 receive 20 free tickets. Proceeds for TOPS NS, 4655 Kingston. (Non profit organization).

Greenwood Skating Club

The Greenwood Skating Club will be holding registration for all fall and winter programs on the following dates: Wednesday, August 19^{th} , 6:00-8:00 p.m., Thursday, August 20^{th} , 6:00-8:00 p.m. and Saturday, August 22^{nd} , 2:00-4:00 p.m. Registration will be held at the Greenwood Community Centre. GSC programs include Learn-to-Skate (CanSkate), power skating for hockey & ringette players and figure skating. For further information, check out our website at www.greenwood skatingclub.ca or contact Carol Breckon at 765-6645 or by email, carolbreckon@eastlink.ca.



Congratulations to last week's winner: LEROY WARD



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 Members & Guests Do you enjoy a good time in a

friendly relaxed atmosphere? Drop into the 107 Valley Wing and meet our friendly members and staff.

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We are looking for new members!

For more information call 765-8415 after 12:30 p.m.

We also have Catering Service for your Weddings, Section Parties or other celebrations.

GMFRC Early Childhood **Education Program**

Submitted by Brenda Virtue-Ellis, GMFRC Early Childhood Education Teacher 765-1494 local 5053

The Early Childhood Education Program at the Greenwood Military Family Resource Centre (GMFRC) is a sitespecific program, licensed by the Nova Scotia's Department of Community Services. It has been serving this community since 2002

The program is designed to meet the social, emotional, cognitive, fine and gross motor needs of children. The program strives to meet the unique individual needs of all children.

The curriculum provides developmentally age appropriate activities that foster growth in all areas. Early literacy and school readiness skills are incorporated into the program. Children are encouraged to participate and explore their environment though art, music, cognitive activities, circle time, gross motor, and dramatic play. Children are encouraged to participate in the selections of topics for the in-depth studies. This provides concrete learning opportunities for the children.

This fall a new and exciting component, "Singing English"

has been added to the E.C.E program. This program fosters phonological awareness/literacy skills, social skills, listening and communication skills. This program helps children explore and learn language through song.

The E.C.E program is separated into two groups: one for each age level. Currently there is a 2.5 to 3 year old program and a 4 to 5 year old program. Fall Registration for 2009-2010 is currently underway. Space is limited. If you would like more information on these programs contact Miss Brenda.

by Bonnie J. Malcolm ComParrots Can you spot 12 differences between these pictures?





Solution: 1. Opening appears in boy's cap. 2. Shoelace loop is hidden. 3. Cloud is missing. 4. Cleat on shoe is missing. 5. Pocket on boy's pants is colored in. 6. Wristband is colored in. 7. Plant in flowerbed is colored in. 8. Dust cloud from boy's shoe has moved. 9. Tree on hillside has moved. 10. Design on shorts is longer. 11. Brim on cap is hidden. 12. Pocket on boy's shirt is wider.

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(\$5 special) 1-4 p.m. Thursday 9 am-11 a.m. Open Play

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CLOSED

Friday 2-5 p.m. 6-10 p.m. 1-4 p.m. Saturday

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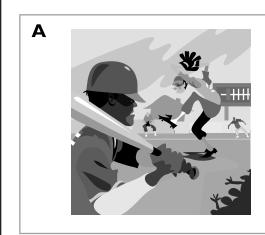
For More Information telephone 765-1494 ext 5631.

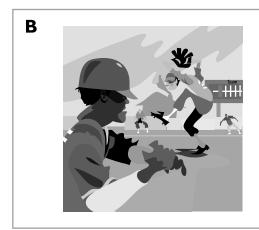
www.5pinbowling.ca

PATRICK'S PUZZLE

What's the Difference?

There are four things different between Picture A and Picture B. Can you find them all?





"wpət,, skps

2. missing bat 3. smoke in chimney 4. scoreboard Answers: 1. missing shadow in bottom corner

Patrick's Puzzle brought to you compliments of:





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HAVE YOU BEEN POSTED?

Please RETURN **14 WING'S LIBRARY** BOOKS, to the LIBRARY **BEFORE you LEAVE.**

THANK YOU!

Canadiana Crossword

Forts and Fortlets

By Bernice Rosella and James Kilner

Solution page 22

45 Placed

Fort

54 Conifers

DOWN

52 Uppity one

53 Small drum

55 Machine pistol

1 African journey

2 Significant

creations

3 Deadly sins

Fort

4 Style of poetry

6 Beatle's babe

7 North, to some

5 British Columbia

47 Open ground

48 Under control

50 British Columbia

ACROSS

- 1 Set out (nautical)
- 5 Extended
- 9 Manitoba Fort
- 10 Buffalo
- 12 More malleable
- 13 Northwest
- Territories Fort
- 15 Flower petals
- 16 Tell all, slangily 18 Chop finely
- 19 Dry
- 21 Mountain passes
- 23 Poetic before
- 24 Alberta Fort 26 Measured
- 28 Corporate exec
- 30 Hairy bovine
- 31 British Columbia Fort
- 35 About the kidney
- 39 Hurt 40 Favourites
- 43 Wolf
- 42 Partial

- 8 More risque 9 Robot

- 12 Pizzazz

- 14 Require 17 Name, to
- Normand
- 20 Engrave
- 22 Heavenly body 25 Jalopy
- 27 Scrimps
- 29 Egg creations
- 31 Amounts of gas,
- 32 Rampages
- 33 Ontario Fort
- 34 Greek letter
- 36 British Columbia
- Fort
- 37 Eastern ruler
- 38 Deceiver
- 41 Screens 44 Woodwind
- instrument
- 46 Dam
- 49 Despicable
- 51 Biblical patriarch,
- to his friends

Weekly Crossword brought to you compliments of:

Peter Hebb at 59 Webster St., Kentville, N.S.

1-800-565-2605 Cell: 825-8157



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To place a Classified Ad by Word Count call Keith Pinkerton at 765-1494 local 5440.

The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood.

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified

Cash. Classified advertisements can be accepted by telephone if paying by Credit Card.

The Aurora Newspaper is not responsible for the products and/or services advertised in

HOUSE FOR RENT - Im-

maculate One Bed-

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D Hook Up S/F provided. Lease/Refer-

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Lights Extra Ph: 847-9775 (3033-1tp)

FOR RENT - 2 bedroom

apartment in Kingston, \$500.00 per month plus

utilities. Call 825-3607.

FOR RENT – 1 bedroom apartment Kingston,

heat and lights, fridge/

stove, washer/dryer,

snow removal, lawn

care, parking in garage

included, no pets. Call

765-9113 (3033-1tp)

FOR RENT - 3 bedroom

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Mall, fridge/stove, cable

and snow removal, utili-

(3033-3tp)

this section. Readers should exercise their best judgement with the content.

Email classifieds to aurora@auroranewspaper.com. Fax: 765-1717.

ssifie

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Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are

10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising

must be prepaid and be in our office no later than 12:00 noon Wednesday previous to

publication. Acceptable payment methods include VISA, MasterCard, AMEX or Debit or

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Crossword Solution

		S	A	I	L		L	o	N	G		
	G	A	R	R	Y		A	N	0	A	S	
S	О	F	T	E	R		N	О	R	M	A	N
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S	E	R	E		С	О	L	s		E	R	E
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	S	N	О	О	T		T	A	В	0	R	
		Y	E	W	s		S	T	E	N		

ing. Please call 840-0683. (3020-ufn)

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FOR RENT

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Page Range from 1 Column to 7 Columns.

FOR RENT - Available 01 Sept - Large 1 bedroom apartment with den. 5 appliances. All utilities included, Kingston, quiet area, n/s \$695. Phone 765-3287 (3032-2tp)

FOR RENT - 2 bedroom duplex in Forest Brook S/D Kingston. Available September 1st, fridge/ stove, washer/dryer hook-up included. \$550.00 per month plus utilities. Call 765-2173. (3033-1tp)

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CHILDCARE PROVIDER - Ms Lori's Family Day Care has 2 openings available. I am an early childhood educator with structured programs in place to prepare your child for school. Ages 12 months to 5, before and after school (bus stop Kingston Elementary) 5 minutes from Greenwood. Call 765-0684 (3030-4tp)

MUSIC LESSONS - Local and permanently established music teacher/church organist with over 30 years of experience has openings for fall lessons, in piano, organ, beginner guitar, and theory. Ages 6-106 are wel-come. Call Mrs. Van Der Pryt (Mrs. "V") at 765-8816. (3033-6tp)

PIANO LESSONS – I teach private piano lessons in my home. I have 10 years teaching experience. A new season starts in Sept. I have openings available, both children and adults welcome. Call Brenda at 765-6790. (3033-1tp)

SERVICE – Will do light housekeeping (bathroom, floors, windows etc) Call 765-4612. (3033-2tp)

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CUCINA AURORA



Garlic Butter Mushrooms

2 doz. lg. mushrooms 1/2 cup butter 2 cloves garlic, minced 2 shallots, minced

1/2 cup minced parsley Juice from 1/2 lemon 1/2 tsp. salt 1/4 tsp. pepper

Clean mushrooms, removing stem. Combine butter, shallots, garlic and parsley. Process. Add lemon juice, salt and pepper. Blend briefly. Place mushrooms in a shallow baking dish. Fill each mushroom with a dollop of garlic butter mixture (about 1/2 or 1 teaspoon each). Bake at 400 degrees for 10 to 12 minutes.

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Feature of the Week GMFRC

Prevention, Support and Intervention Services

Coordinator: Jennifer Calkin at 765-1494 local 1811 or email: Jennifer.Calkin@forces.gc.ca.

Multicultural Coffee Group

Wednesday, August 19^{th} , $2009 \cdot 1^{st}$ and 3^{rd} Wednesday of each month 1:00 p.m. - 3:00 p.m. • GMFRC classroom • FREE No registration required, drop in welcome • Please call to register at 765-5611

This group is designed to give an opportunity to connect people from around the globe. This is a time to celebrate diversity where you can discuss your experience in an open and friendly environment. The multicultural coffee group is a "place to come where you don't have to worry about your accent, a place where you can be proud of who you are"



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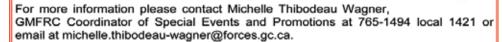


Nova Scotia's lew Home Construction



Don't forget to wear RED on Friday to show your support to the troops. There is no better way to make a statement and to say thank you to the men and women of the Canadian Forces than to proudly wear red on Friday. Drop by the Greenwood Military Family Resource Centre (GMFRC) to see us and buy a T-shirt to show your support!!! 100% of proceeds from the sale of

Red T-shirts go directly to support GMFRC programs and services.



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Stk#	Year	Make	Model	Description	Kms	Original Price	Summer Clearance Price	Bi- weekly*
530/U 540/A 584/U	2007 2006 2006	Pontiac	Focus SES Wagon G6 Sedan Fusion SEL	4cyl,Auto,A/C,Heated seats V6,Auto,A/C,Alloys,Loaded V6,Auto,A/C,Leather,Loade	48k 53k	\$14,995 \$15,995	\$12,995 \$13,995	\$140 \$151
534/A 582/U	2006 2006	Chev Ford Chev	Cobalt 2dr LT Fusion SE Uplander LS	4cyl,Auto,A/C,Alloys,Loaded 4cyl,Auro,A/C,PW,PL,PM V6,Auto,A/C,PW,PL,CD,Qua SOL	12k	\$13,995 	\$12,995 \$11,995	\$140 \$130
599/A 598/U	2005 2005	Honda	Odyssey EX-L XC70 Wagon	V6,Auto,Leather,S/R,Loaded 2.5T,Auto,AWD,Fully Load SOL	1:37k		\$19,995	\$215
597/U 586/U 595/U 587/U	2005 2005 2005 2005 2005	Mazda Mazda Toyota Pontiac	3 5dr Hatchback 3 Sedan Matrix TRD Hbk	4cyl,5spd,A/C,PW,PL,Alloys 4cyl,Auto,A/C,PL,KeylessEntry,CD 4cyl,5spd,A/C,PL,Alloys,Cruise	95k 98k 107k		\$13,995 \$12,995 \$12,995 \$11,995	\$151 \$140 \$140 \$130
593/U		Pontiac	Montana SV6 ExtVan	1V6,Auto,A/C,PW,PL,CD,Qua SOL	5			
589/U 570/U 576/U 484/U 575/U 499/A 526/U 478/U 580/U 569/U 504/U	2005 2005 2005 2005 2004 2004 2004 2004	Dodge Chev Chev Ford Saturn Chev Nissan Chev Kia Hyundai Chev Pontiac Dodge	Aveo 4dr Sunfire Grand Caravan Sport	V6,Auto,A/C,Quads,Stown 4cyl,Auto,A/C,PW,PL,CD 4cyl,Auto,A/C,PW,PL,Cruise,CD V6,Auto,A/C,PW,PL,Cruise 4cyl,Auto,A/C,PW,PL V6,Auto,A/C,PW,PL V6,Auto,A/C,Quads,PW 4cyl,Auto,A/C,CD 4cyl,Auto,A/C,PW,PL,Cruise 4cyl,Auto,PS 4dr,4cyl,Auto,PS,Tilt,CD 4cyl,Spd,PS 2dr,4cyl,Auto,A/C,PW V6,Auto,Quads,A/C,PW	93k 95k 120k 96k 84k 100k 94k 88k 92k 81k	\$14,995 \$ 9,995 \$10,995 \$ 9,995	\$ 9,995 \$ 9,995 \$ 9,995 \$ 8,995 \$ 8,995 \$ 7,995 \$ 6,995 \$ 6,995 \$ 6,995	\$109 \$109 \$109 \$109 \$118 \$118 \$118 \$107 \$94 \$94 \$94 \$120
599/A	1981	Triumph	TR7 Convertible	4cyl,5spd,PS,CD TRUCKS & SUVS	75k	\$ 7,495	\$ 5,495	
583/U	2008	Ford	Escape XLT	4cyl, Auto, FWD, Loaded SOL	D			
602/U 596/U	2007 2006		Ranger Sport S/C Explorer Eddic Bauer	V6,Auto,Alloys,Fact.Warr.,	49k		\$12,995	\$140
588/U	2006		Ranger Sport S/C	V6,5spd,A/C,Alloys,Liner SOL				
600/U 601/U 545/B	2005 2005 2003 2002	Jeep Ford Ford Chev	Excape XLT AWD F150 King Ranch S10 Ext Cab	V6,Auto,A/C,PL,PW,Alloys V6,Auto,A/C,PL,PW,Alloys 4wd,5.4L,Auto,Crew Cab,Loaded V6,Auto,A/C,3rd door,Alloys	141k 124k 81k 102k		\$12,995 \$12,995 \$18,995 \$ 8,995	\$140 \$140 \$315 \$153

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August 9th National and Nova Scotia Peacekeepers Day

On the left is Colonel W. Seymour, Wing Commander 14 Wing Greenwood, center is Nelson Mullen, President of the William Hall V. C. Greenwood Chapter of the Canadian Association of Veterans in United Nations Peacekeeping and right is Acting Wing Chief Warrant Officer, Chief Warrant Officer D. Matthews. This photo was taken on 9 August at the RCAFA 107 (Valley) Wing in Greenwood at a ceremony to commemorate all peacekeepers.

(Photo by Cordell Levy)





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