



EARLY DEADLINE

Deadline for ALLClassified Ads, Advertising and Articles for our August 4th Issue is 10 a.m., Wednesday, July 29th.

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Judged the "Best Canadian Forces Newspaper 2009" by the Canadian Community Newspapers Association



(From the left) President and Chief Executive Officer of the Annapolis Valley District Health Authority, Janet Knox, 14 Wing Commanding Officer Colonel D.W. Joyce and Commander of 1 Canadian Air Division Major General J.A.J.Y. Blondin cut the ribbon to officially open the Greenwood Kingston Family Health Clinic in the Morfee Centre.

Greenwood/Kingston Family Health Clinic Plans for Fall Opening

(Photo by: Pte Vicky Lefrancois, 14 AMS, Wing Imaging).





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Story

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ple and the pro-

vision of fuel to the aircraft. It was interesting having the US military there. They worked closely with 408 Sqn to simulate the resources they will have in theatre including medium

> lift helicopters (the CH-47 Chinooks) and the medical evacuation capability helicopter (the UH-60 Blackhawks). The men and women from the two US units were friendly, professional and always willing to pitch in.

The team spent



14 Mission Support Squadron Deploys to Camp Wainwright

By: Major S.K. Wood, OC WTISS, OC 14 MSS





(Photographer unknown)

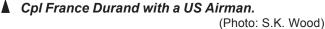
W Comd and WCWO talking to Cpl Souvanh (US Army Reserves). (Photo: S.K. Wood)

(Photo below: CFB Wainwright, Base Imaging)





This was also the confirma-



tion exercise for the squadron to ensure their readiness to deploy to Camp Mirage in December 2009.

The camp was home to 408 Tactical Helicopter Squadron (408 Sqn), 1 Canadian Field Hospital, the "Role 3" medical folks preparing for deployment, the Heron Unmanned Aerial Vehicle, Detachment, 8 Air Command and Control Squadron, two United States (US) helicopter Squadrons, and of course 120 MSS personnel.

Once the camp was set up, the team focused on support to operations. This included the care and feeding of 550 peo-

numerous long days setting up the camp. But it was worth it. Many people stated that it was the best camp they had ever seen. If laughter and smiles were indicators, then it really

was very good.
The Wing Commander,
WCWO, WLEO WLE CWO and MSS HCol came for a visit. They managed to talk to just about everybody in the Sqn. They even stayed over night in the accommodation tents!

All in all, this was a very successful exercise. 14 MSS formed some lasting bonds, learned a lot about camp and aviation operations, and prepared themselves for the upcoming deployment to the Middle East.



Greenwood/Kingston Family Health Clinic Plans for Fall Opening



(From the left) President and Chief Executive Officer of the Annapolis Valley District Health Authority Janet Knox, Commander of 1 Canadian Air Division Major General J.A.J.Y. Blondin and 14 Wing Commanding Officer Colonel D.W. Joyce sign the final paper work to make the opening of the Greenwood/Kingston Family Health Clinic in the Morfee Centre official. (Photo by: Pte Vicky Lefrancois, 14 AMS, Wing Imaging).

By Captain Scott Spurr

14 Wing and Annapolis Valley Health (AVH) gathered at the Morfee Centre on Wednesday, July 22, 2009 to celebrate the creation of a unique plan to support local health needs.

For years, military family members, as well as the local community have had a hard time finding a family physician. A chronic shortage of health care professionals, right across the country has made it hard for rural areas to attract doctors and the villages of Greenwood and Kingston

Village of Kingston

Presents

Seniors Picnic

Date: Thursday July 30th

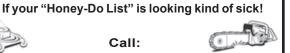
Time: 3pm-6pm

Location: Kingston Lion's Hall

Greenwood/Kingston Family Health Clinic. (Photo by: Captain Scott Spurr, 14 Wing Public Affairs Officer).



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are not immune to this.

Discussions between the Wing and AVH, that began two years ago, and identified that there was a need to establish a family health clinic for military families and people of the broader community. Both groups have been working diligently to create a partnership and a solution. This work has included planning of the clinic space, obtaining funding for staff and equipment, planning with local physicians, construction of the physical space, and formalization of the partnership. Construction was started last fall on an annex of the Morfee Centre to provide the facility for the clinic. 14 Wing completed construction in the spring of this year and AVH, through support of a local family physician team and the Nova Scotia Department of Health will provide staff and equipment.

The plan for staffing of the clinic includes a nurse practitioner, dietitian, and receptionist. Through support of a local family physician team, a family

physician will be available two days per week to work collaboratively with the nurse practitioner and dietitian to provide primary care services.

Once the facility is open this fall, it will only be accepting patients who are family members of both Regular and full time Reserve military personnel, who currently do not have a family physician or one within twenty five kilometres of their home. Further details of the process of how to become a patient of this clinic, will be shared shortly.

Access to a family physician and comprehensive primary care services for the broader community is an ongoing concern. AVH considers recruitment of family physicians a priority and expects that this joint venture with 14 Wing will enhance efforts to attract doctors to the local area. It is anticipated as the team expands; and more physicians are recruited, there will be a greater ability to provide care for patients in the community at the Family Health Clinic.



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The Children's Wish Foundation of Canada, Nova Scotia Chapter would like to thank WO Brent Jones, Sgt Richard Strickland, Sgt Leslie Stoddart MCpl Steve Swan, MCpl Greg Pyne and Cpl Trevor Reid, for the organization of this year's WLEO Golf Tournament held on Friday, July 10, 2009 at 14 Wing Greenwood Golf Course.

Also thanks goes out to all of the sponsors and participantes of this very successful tournament which raised an amazing \$3000 for the foundation!

> Thank you for helping us to continue to grant wishes to Nova Scotian children!



PSP Corner

Director General Personnel and Family Support Services Visit - 8 July 09

stream of visits from Personnel and Family Support Services (PFSS) in Ottawa. This organization used to be called the Canadian Forces Personnel Support Agency (CFPSA) and has taken on the new name which more accurately reflects the family aspect of their role.

On 8 July 09 the Wing was visited by BGen (retired) David Martin who is the first Director General for the Personnel and Family Support Services (DGPFSS) for the Canadian Forces. He prepared for this expanded title and role during a two-year stint as the CEO of CFPSA. DGPFSS now encompasses Personnel Support Programs (PSP), CANEX, SISIP, and the newly established Casualty Support Management Program and the Military Families Fund Program. He was accompanied by the DGPFSS CWO Boivin, the Human Resources Director Sharon Flemming, the Chief of Staff Gilles Archambault and Sandy Gauthier from the Military Families Fund.

Preceding BGen (retired) Martin's visit, in June we were visited by some of his key Director's in the delivery of the Canadian Forces Health and Fitness strategy; Colonel Claude Wauthier who is the new Director of Fitness for the Canadian Forces and Johanne Thibault the Director of



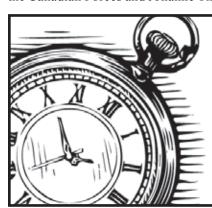
Director General Personnel and Family Support Services, BGen (ret'd) David Martin, receives Centennial of Flight memorabilia from the WComd, Colonel Derek Jovce.

(Photo: Cpl Vincent Carbonneau - 14 Wing Imaging)

Sports, Recreation and Messes. In addition we hosted Jacques Adam from PFSS Health Promotion and Daryl Allard the Fitness Senior Manager. To wrap up the series of visits the PFSS Compliance and Review section headed up by Bert Leblanc scrutinized our programs and financial controls just a week ago.

Many of our visitors had never been to Greenwood or had not visited for years. Although two of the three visits were hasty 24 hour exchanges of information, they left the Wing with very good impressions of our personnel, programs and facilities. As well they were brought up to speed on our more high profile and ambitious undertakings such as the 14 Wing Centennial of Flight Campaign and the Arena/ Curling Partnership project that proposes complex partnership with the municipality, the province and the Wing to build a showcase arena and curling facility in Greenwood outside the main gates of the Base.

To a person our visitors left this Base feeling that when it comes to Quality of Life we are making it happen for our families and ourselves. They voiced the sincere desire to return and to experience our facilities beyond the fleeting glances they were exposed to. Of course with typical Greenwood hospitality we say, "you'd be more than welcome!"



DEADLINES

for The Aurora Newspaper are as follows:

12:00 noon Wednesday for classified ads; 3:00 p.m. Wednesday preceding publication date for all other advertising and those requiring proofs. Editorial material MUST be typed and MUST be accompanied by an electronic/digital (MS-Word® file) and a printed hard copy, the originator's name, address and telephone number no later than 9:30 a.m. Thursday.

Or E-mail us at aurora@auroranewspaper.com

Women's Valley Ball League **Stats**

Submitted by: Greg MacDonald

Standings as of July 20, 2009: Team \mathbf{W} L Exit Realty Berwick Bldg. Spls. Frasers Canning Dooly's Jungle Jims Herbal Magic 12 Corkums Sports Swappers 15

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Soldiers Memorial Hospital Tim Hortons

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The Aurora Newspaper is published each Monday by 14 Wing under the authority of Colonel W.F. Seymour, CD, Wing Commander. Est publié chaque lundi par la 14e Escadre sous les auspices du Colonel W.F. Seymour, CD, Commandant de l'escadre. Managing Editor/Rédacteur - Stephen R. Boates (902) 765-1494 ext. 5441

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Production Coordinator/Coordinateur de production -Brian Graves (902) 765-1494 ext. 5699

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Le comité de rédaction se réserve le droit de reviser, de condenser ou de rejetter tout article ou message publicitaire afin de satisfaire aux exigences relatives aux journaux militaires figurant dans l'OAFC 57.5.

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L'escadre 14. Greenwood et les éditeurs laissent l'entière responsabilité de leurs extes et de leurs annonces publicitaires aux auteurs et aux annonceurs. Les opinions exprimées sont celles des collaborateurs et ne reflètent pas nécessairement les points vue des Forces armées canadiennes ou du comité de rédaction



The Aurora is in no way responsible for typographical errors arising from hand written or printed copy

In case of typographical error, the liability of "The Aurora Newspaper" is limited to a refund of the space charged for the erroneous item. In case of advertisements accepted by telephone, "The Aurora" accepts no liability for error whatsoever. Errors must be brought to the attention of editor within three (3) days after oublication

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9:30 a.m. Thursday. Or E-mail us at aurora@auroranewspaper.com 12h00 pour les annonces publicitaires moins d'une demie page, le mercredi qui précède la semaine de publication. Les annonces publicitaires de plus d'une demie page ou demandant une épreuve doivent nous arriver par le mercredi à 12h00. Les documents doivent être dactylographiés et provenus avec le disque et une copie imprimée. Ils doivent aussie porter le nom, l'adresse et le numéro de téléphone de

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permitted except in cases of appreciation for donations where only the company name is included. (Companies or individuals that are currently in arrears shall not be published.) Individuals or groups shall not make any offer of promotion in The Aurora Newspaper of products and/or services in exchange for donations.

La promotion d'entreprises privées sournis en forme d'articles n'est pas permise, excepté dans les cas d'appréciation pour dons ou seulement le nom de la compagnie est inclus. (Compagnies ou individues qui sont présentement en arrérages ne pourront être publiés. Les individues ou groupes ne pourront pas faire d'offres de promotions de produits et/ou de services en échange de donations dans The Aurora Newspaper Mail Subscriptions are available at the following rates:

On peut s'abonner par la poste, aux taux suivants: Canada/Canada: \$60.00 + HST per year/par année. Rest of the world/Reste de monde: \$75.00 + HST per year/par année.

Editor, The Aurora Newspaper PO Box 99 Greenwood NS Morfee Annex



Rédacteur Le Journal Aurora C.P. 99 Greenwood, N.-É B0P 1N0











email: aurora@auroranewspaper.com website: www.auroranewspaper.com

Welcome to Greenwood!

Outreach and Community Information Services

On behalf of the Greenwood Military Family Resource Centre, A WARM WELCOME to all new members and their families! We hope your move went smoothly and you are gradually settling in your new home, job and community!

We would like to extend an invitation to newly posted members and their family to come and visit us at the AVM Morfee Centre, located on School Road in Greenwood (Big Blue Building behind Wing Chapels). Welcome visits are conducted on a daily basis from Monday to Friday 8:00 a.m. to 4:00 p.m. and from Monday to Wednesday evenings from 4:00 p.m. to 8:30 p.m. (Evening hours only from September to June). We have a welcome gift waiting for you here and we will take you around for a quick tour of our facilities and you will have a

chance to win a great prize as your name will be entered in our monthly draw.

We hope that by now, you have received or picked up a Greenwood Welcome Package filled with useful information about the Wing, the community and us. If you are interested in our programs and services, you can visit us online at www.greenwoodmfrc.ca. The Aurora Newspaper is also an excellent way to find out about our upcoming offerings. If you haven't already done so, we encourage you to sign up for our electronic bulletin (Quarterly Email Newsletter). You can do so by visiting our Website or by dropping-in and fill out a quick form.

If you require additional information, don't hesitate to contact us at the GMFRC by phone at 765-5611 or by E-mail at home@greenwoodmfrc.ca. Keep an eye on The Aurora Newspaper for information on our upcoming GMFRC Special Events.

They Shoot, They Score!

This week at sports camp, we couldn't get enough of hockey! Monday, we started the week off with skills training and a game over at the rink.

Tuesday, we put our skills to the test with a skills competition that really showed off our campers' talents.

Wednesday, we took a break from hockey and travelled to the IMAX to see the new Ice Age movie in 3D! Thursday, we got to experitrain as a hockey team and Friday, we ended the week off by dividing into teams for a tournament.

We would like to thank Colin Gillis for coming in to help us out this week, as well as the bus driver for taking us on the trip and the lifeguards for their continuous help and support over at the pool every afternoon.

Great work campers!

Heron UAV Detachment at KAF Completes First Change of Command

By: Captain Jean-François Gallant - Joint Task Force Afghanistan Air Wing

On July 9, 2009, Major Daniel Boisvert, the first officer commanding the Canadian

Heron UAV Detachment over the change of command successor, Major Ghislain Rancourt. The commander of at Kandahar Airfield. the Joint Task Force Afghaninel Bruce Ploughman, presided ber 2008 after months of

(CHUD), handed over to his ceremony, which was held in a new hangar on X-Ray Ramp

Maj Boisvert and his team stan (JTF-Afg) Air Wing, Colo- arrived at KAF on 20 Decem-

preparation and training. They faced an enormous challenge: to commence operations in the Afghanistan area of operations with an aircraft new to the Canadian Forces, the CU-171 Heron unmanned aerial vehicle. CHUD began Heron flying operations from zero, rapidly ramping up operational capability to become a vital asset the coalition relies on in operations every day. Deployed with Roto 7 of (JTF-Afg), the first members

of CHUD flew more than 1,900 hours over seven months, to support operations conducted by the Canadian task force and other contingents of the International Security Assistance Force (ISAF).

The Roto 8 members of CHUD have a mandate not only to continue the great work accomplished by the previous team but also to enhance the capability it provides to JTF-Afg. Major Joint Task Force Afghanistan Ghislain Rancourt, the officer commanding during Roto 8,

will undoubtedly lead his team through a myriad of challenges related to the unforgiving environment and nature of the mission in Afghanistan while following the directive in their mission statement: "protecting boots on the ground." Rest assured, Roto 8 is well prepared to face the challenges and will profit from the hard work and contribution of Roto 7.

Congratulations to CHUD Roto 7, and have a safe trip



Kandahar Airfield, Afghanistan; 9 July 2009 — Major Daniel Boisvert (left), the Officer Commanding the Canadian Heron UAV Detachment, hands over to his successor, Major Ghislain Rancourt (right) under the eye of Col Bruce Ploughman, Commander of the JTF-Afg Air Wing.

(credit/source: Sgt Renay Groves, Canadian Heron UAV Det)



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404 Long Range Patrol and Training Squadron Change of Command

occasion of the Change of

changed from LCol Doug Command of 404 Long Range Baird to LCol Ron Walker with the parade was 14 Wing Com-Patrol and Training (LRP&T) a formal parade on the morn-mander Col Derek Joyce.

July 16, 2009 marked the Squadron. Command was exing of July 16th. The Presiding and Reviewing Officer for

LCol Baird assumed command in 2007 at a time when the LRP Community was in a state of great change and lim-

ited resources. He lead 404 Squadron through Aircrew AIMP Block II Modernization, Maritime Operational Aircrew Training revamp, and the permanent move of 404 Maintenance Instructors from 14 Hangar to 11 Hangar.

LCol Baird will be proceeding to Canadian Forces Mari-Herd" would like to wish him a fond farewell!

Lieutenant Colonel Ron Walker was born in Windsor, Nova Scotia in 1968. He enrolled in the Canadian Forces in June 1989 under the Regular Officer Training Program and attended Acadia University in Wolfville, Nova Scotia. In May 1993, he was awarded his pilot wings and was posted to 2 Canadian Forces Flying Training School in Moose Jaw, Saskatchewan where he served as a Qualified Flying Instructor on the CT-114 Tutor air-

In 1996, LCol Walker was posted to 405 Squadron in Greenwood, Nova Scotia to fly the CP-140 Aurora. During this tour he was a member of two winning O'Brien Competition crews and participated in the 1998 Fincastle Competition in Adelaide Australia. In 2001, he was posted as a flying instructor to 404

Squadron and also served as Squadron Standards Pilot Conversion Training for and Air Demonstration Pilot. On promotion to major in 2003, he remained at 404 Squadron as the Aircrew Training Flight Commander and then moved to the position of Deputy Commanding Officer.

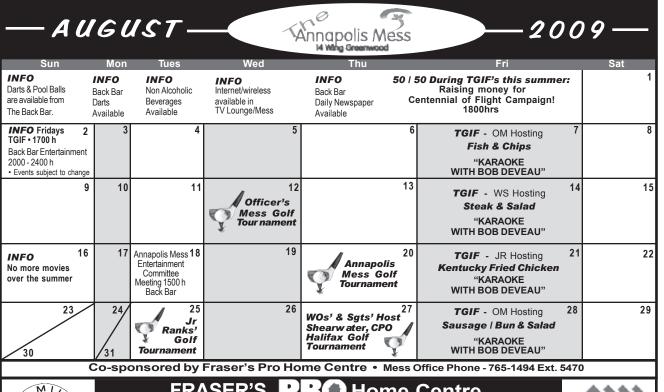
In 2005, he was posted to time Warfare Centre in Hali-fax and the "Thundering Headquarters in the position of A3 Long Range Patrol Readiness. In this position, he was responsible for coordinating all CP-140 training and readiness, including the Aurora Incremental Modernization Project, and he also served as the subject matter expert for Aurora operations in the Canadian NORAD region. In 2008, he was posted to the Canadian Forces College in Toronto, Ontario to attend the Joint Command and Staff Program. He was promoted to Lieutenant Colonel in June 2009.

LCol Walker is a graduate of the Air Force Staff Course and the Canadian Forces Joint Command and Staff Program 35. He has a Bachelors degree in Computer Science from Acadia University and a Masters of Defence Studies from the Royal Military

College of Canada.
The Thundering Herd wishes LCol a warm welcome



Incoming CO, LCol Ron Walker (left), Presiding Officer, 14 Wing Commander Col Derek Joyce (center) and Outgoing CO, LCol Doug Baird (right) sign the official documents passing command of 404 LRP &T Squadron to LCol Walker.



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Sheila Johnson and children Robert, Dani-Sue and Sherry would like to extend their appreciation to all

of their friends for the out pouring of concern and

condolences during the sudden passing of husband

and father, Dan Johnson. A special thank you to Donna Hill and Mike McCorry for organizing the

tribute to Dan at the Greenwood Golf Course on

19 June and also to all of those who provided the lunch.

Saturday, August 1, 2009 (rain date Sunday, August 2nd)

8am - 2pm

Homes & businesses in and around the Town of Middleton are participating in this HUGE community yard sale - Don't Miss it!!

For information, phone (902)825-6611



25th Anniversary of Pope John Paul II's Visit

Moncton's Papal Site -Magnetic Hill Prayer Garden

The New Brunswick Knights of Columbus invite all parishioners to pilgrimage to the Magnetic Hill Prayer Garden in celebration of the 25th Anniversary of Pope John Paul II's visit to Moncton. And to participate with a Night of Prayer for "World Peace and an End to Abortions" on Friday, August 21, at 7:00 p.m. featuring an address by Judge Graydon Nicholas on 'Our Lady of Guadalupe' and English Catechism children's live portrayal of the Sorrowful Mysteries of the Rosary, followed by music and re-

On Saturday, August 22, French Catechism children of the diocese will lead a presentation of the Rosary at 10:00 a.m. and Archbishop André Richard will celebrate a bilingual outdoor Mass at 11:00 a.m. Dignitaries will participate and keynote speaker prior to Mass will be Dennis Savoie, Deputy Supreme Knight, from New Haven, CT. Memorial artifacts (from 25 years ago) and religious articles will be blessed at the

end of the Mass and among the festivities in this special pilgrimage of faith will be the reading of a special message from Pope Benedict XVI.

Organizing committee chairman, Jean-Guy Fournier, says the Archdiocesan Knights of Columbus members will host a huge barbecue with refreshments at the Prayer Garden following the Mass. Fournier says water will be available but recommends everyone bring lawn chairs for their comfort.

ost and Found PJ Day at Camp!

Submitted by: Kim Dixon, GMFRC Coordinator of Child and Youth Services at 765-1494 local 1812

Children attending the GMFRC Summer Camp Program for children aged 3 – 5 years were all smiles on Friday as they had great fun wearing their pj's to camp for the day. Summer Camp Programs provide wonderful opportunities for young children to make connections before starting preschool or primary education in September. Our Camp Leaders Jessica & Katie have kept the excitement and fun going all month with games, yummy snacks, songs and of course lots of silliness'!

Letter to the Editor

Dear Editor:

I was born on December 29, 1912 in a place called Karsdale, about ten miles from Annapolis Royal.

After the First World War was over we lived in an era called the Roaring Twenties when everyone had a job, that is, people who wanted work.

In 1929 the Great Depression hit and suddenly millions were out of work, the likes had never been seen before. There was long lines of soup kitchens at towns and cities across Canada also U.S.A. and they were open twenty four hours.

I was born on a farm and we were lucky, never had a hungry day, plenty of vegetables, beef, pork, it was always there.

I worked with my father in the woods; we had woodland about three miles away near the Bay of Fundy. One year in the month of November we walked there every morning sometimes in deep snow, cut a cord of wood with an axe and crosscut saw; thirty cords in that month.

In January with our oxen we hauled one cord a day to the main road, and piled it there for sale. It eventually sold for three dollars a cord, so the two of us made ninety dollars in two months. We were quite

happy about that.
The Depression continued into the thirties and really got worse. There were many stories about starvation, also suicide at times.

In the summer of 1939 it was decided to restore Champlain Habitation and many local men got jobs for the summer I was lucky to get on there for the summer, and the pay was very good, twenty-five cents an hour for a ten hour day. I had to walk three miles to the Habitation and be there at seven, also walked home at night after a day of manual labour.

This went on till the first week in September 1939 when Adolph Hitler started to misbehave, and the Great Depression was coming to an end.

I guess many people called me an idiot leaving that Habitation, with a day's pay of twenty-five cents an hour and enlisted in the army where a day's pay only amounted to a dollar and twenty cents.

That turned out to be a great experience especially going through that and never got a scratch. It must have been more good luck than good management.

Oren S Foster B.E.M. Deep Brook

The following items of found property are being held at 3 Maple Evidence/Property room, 14 Wing Greenwood, NS. An owner wishing to claim one of these items may do so after properly identifying the respective item. Persons having

any questions in regards to this property may contact Joanne Bergman (Found Property Custodian) at 765-1494 ext. 5751, between 0800 hrs and 1600 hrs, Monday – Friday

- 1 Bicycle
- 1 Fishing Rod

Matériel retrouvé

parti du matériel retrouvé et sont présentement gardés à la Police Militaire, section de 3 rue Maple, salle de l'évidence/propriété, 14 Escadre, Greenwood, N.-E. Un propriétaire désirant réclamer un de ces objets, peut le faire en l'identifiant convenablement.

Les objets suivants font Si vous avez des questions à propos du matériel trouvé, vous n'avez qu'à contacter Joanne Bergman (gardien désigné du matériel trouvé) aux 765-1494 postes 5751, entre 0800 h et 1600 h, du lundi au vendredi.

- 1 Bicyclette
- 1 Canne à pêche

portu-

re the

GMFRC • **Feature of the Week**

Réunion du Comité francophone

Le jeudi, 30 juillet 2009

SVP me confirmer votre participation

Joignez-vous à nous pour notre pa Postponed till further notice ferons la plan nes de l'ann er des activi autres franc offert gratuit ieunes pour l s pienvenus avec vous 'a la réunio

Service de laugue seconde

Coordonatrice Janie Gagnon au 765-1494 local 5938 ou courriel à Janie.Gagnon@forces.gc.ca

Publicité de la semaine

Francophone Committee Meeting

Thursday, July 30th, 2009 **GMFRC** Please confirm your partie

remise à une date ultérieure Join 1 plann nity t

planne vsitting service you can bring your young babies with you. Hope to see you in great number.

Notice to 14 Wing Greenwood Married Quarters Residents

Reference:

DAOD 4007-2 Fire Protection Services NFPA 291

From: 14 Wing Fire Chief and Staff.

The 14 Wing Fire Department will be conducting Hydrant Flow Testing on base and in the Married Quarters.

The purpose of conducting Hydrant Flow Testing is to identify any deficiencies and to ensure the water main and delivery system is serviceable.

The testing will be conducted Monday through Saturday between the hours of 1730 to 2100 hrs during the month of Aug 09.

You may incur some water discoloration or sediment during the time of testing, it is recommended that you do not do any laundry at this time due to water may discolor your cloths.

For more information concerning the Hydrant Flow Testing, please contact the 14 Wing Fire Department at 765-1494 extension 5206.

K.B. Ochitwa, WFC, 14 Wing Fire Chief, x 5473

THE MUNICIPALITY OF THE COUNTY OF KINGS

87 Cornwallis Street PO Box 100 Kentville, NS B4N 3W3

Tender 09-16

Supply of Sludge Conveyor System

The Municipality of Kings County invites tenders for the supply of the following:

design and build a second conveyor system including any required modifications to the existing conveyor at the Regional Sewage Treatment Plant Headworks Building, New

Specifications and tender documents are available at http://www.county.kings.ns.ca/general/tenders or the office of the Engineering and Public Works Department, 87 Cornwallis Street, Kentville, N.S. between the hours of 8:30 a.m. and 4:30 p.m. Monday to Friday

SEALED TENDERS WILL BE ACCEPTED UNTIL 2:00 p.m. Thursday, August 6, 2009.

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality reserves the right to waive formality, informality or technicality in any tender.

Satu Peori, Operations Manager speori@county.kings.ns.ca

> Fax: (902) 679-0911 Tel:(902) 690-6195 Local from Kingston & Greenwood 1-800-337-2999 www.county.kings.ns.ca

19th

it is pouring out of the heav-. enough with the rain already! The course is in great shape and at times I guess we really do need the rain... but not while I am on vacation!

First of all, I want to thank Scottie and Frank for the round of golf on Sunday, July 19th. Special thanks to Brian W. for making up the cards for our Golf Game, they proved very lucrative for the \$4.00 and in case you a great shot on #17 to take

As I sit to write this article heard him tell the story that I control of the tics. Dallas is was selling pencils on the 18th hole, that is not the case, ...we beat them fair and square. Ya Gotta Love It When A Plan Comes Together! It is not the amount; it is the bragging rights that really matter.

Monday, July 21st we saw a lot of fellow Greenwood members playing Paragon. Their course is in great shape as well. Scottie and Steve B have the bragging rights af-Doug and I... Frank, thanks for ter that round... Scottie made

away, so I don't have any news this week from the Friday Night 2-Ball, but I am sure it was another fun filled evening. The week of July 27th-Aug 2nd is pretty wide open. The only scheduled event is the Jr. Club Championship on Thursday 11:00, the rest is just the usual Jr., Men's, Intersection, Ladies and Friday Night 2-Ball.

There is another date that members can play at Paragon for free. August 14th (Fri-

the Legion Goldenaires is a 9:00 Shotgun at our course. Don't forget that you can take your cart over to Paragon for that day and just pay a \$15.00 trail fee.

Tuesday Night Men's Re-

July 21/09 42 Golfers

1st.Division:

Lorne 1St. Gross: McMullen

2Nd. Gross: Scotty Cooper 1St. Net: Doug Carpenter 2Nd. Net: Randy Anderson Marshall Skins: McMullen,

Cooper(3), Anderson, Grist 2nd. Division:

1St. Gross: Wayne Cathcart, 2Nd. Gross: Bill McDonald 1St. Net: Paul Goulding 2Nd. Net: Matthew Pittman Skins: MacKenzie, McNeil 3rd. Division:

1St. Gross: Eric Marshall 2Nd. Gross: Claude Desrochers

1 St. Net: Ron Richter 2Nd. Net: Shawn Cooze Skins: Tappen, Desrochers,

50/50 Winner: Bill G.

MacDonald \$40.00

Congratulations to Randy Anderson. He had his first Hole-in-one on #8

Tuesday July 28/09 3 Man Scramble - Meal Included

Register at 2:30 to make up

Until next week when I will have the results of the Leafs vs. the Habs Challenge... and also the results of the Guys and Dolls...enjoy your golf game and please remember to replace your divots and repair the ball marks on the greens.

Helmet, It's the Vear a

Submitted by: Second Lieutenant S.D. Lawson

While the helmet law for cyclists and skateboarders has existed for some time, a new strategy for enforcing helmet regulations on base has been enacted! The new strategy comes about in an effort to manage the risks associated with the skate park.

Feature of the Week GMFRC •

Deployment Services

Coordinator: Vacant for information please call 765-5611

Deployed Families Adult Dinner Out

Friday, July 31st, 2009 5:30 p.m. – 8:30 p.m. Location: To be Determined Pay the cost of your own meal

Registration deadline: Wednesday, July 29th, 2009

Call 765-5611 to Register

Share a meal with other deployed spouses/parents and make valuable connections.

Please Note: Respite childcare is available that evening from 5:00 p.m. to 9:00 p.m. in the GMFRC Casual Care Room. When you call to register for the dinner, let us know if you will be using the respite service.

MEN WANTED

"scratch" — need a dozen men (serious

SEEKERS only) to become Believers.

To this end we will be reading

GOD'S WORD, The Holy BIBLE,

the whole Book – from cover-to-cover!

This will be done in weekly (Sunday)

sessions until finished.

Join me, and others, in this endeavor. "Keep on seeking and vou will find...

everyone who seeks, finds." Jesus

(*Matthew 7:7-8*)

NLT

For details - write

THE WAY

Po Box 614, Kingston, NS B0P 1R0

It is accepted that a skateboarder or cyclist could fall and hit be expected to drop by at any time. their head at any time; however the skate park provides features that increase the risk. The Wing Commander, Colonel Derek Joyce has made it clear that providing this park comes with the condition that all skateboarders and cyclists who use it will abide by the law. The new strategy from the Military Police is intended to augment the Community Centre staff and volunteers, who obviously cannot be present at all times.

This strategy will bring the Military Police to the skate park if they are in the area and notice that there are persons using the park without helmets properly worn. They will not be hanging around waiting to catch violators, but they can

The park is provided for fun and exercise, so the penalties for not wearing a helmet range from a warning and ejection from the park for a first offence, to seizure of the skateboard or bicycle for seven to 30 days. For habitual violators, there is a possibility of a fine of approximately \$100 under the Nova Scotia Motor Vehicle Act.

Please keep in mind the goal is to continue to allow youth to enjoy the park, while managing the risk as a property owner. From watching the competition on Canada Day, it is clear that most youth already own a helmet, so the Military Police do not anticipate that they will have to seize any skateboards.

Help Support Project Backpack

Submitted By: Jacqueline Allen Miller SSW, Community Room Coordinator - Sobeys, Greenwood

Due to the high costs of sending children back to school,

GMFRC • **Feature of the Week**

Employment and Education Services

Coordinator: Kristen Lawson at 765-1494 local 1816.

Dog Walking Club

Feeling bad because you don't walk Fido as often as you used to? Looking for a way to give your dog some exercise and meet some new friends at the same time? The GMFRC is looking to start a Dog Walking Club in the local area. If this sounds interesting to you please contact the GMFRC at 765-5611.

not every family in our community can afford such financial demands.

Last year, Sobeys collected school supplies in an effort to assist local families in sending their children back to school with the "write" tools to succeed.

As a result, over 100 families in our local area benefited from this worthwhile project.

Once again, Sobeys is accepting donations of school supplies for the fast approaching school year.

Your support is greatly appreciated in helping our children be successful with their education.

You can drop off your donation of school supplies to Sobeys Customer Service and they will ensure that Jacqueline, Community Room Coordinator, receives your generous con-

All school supplies collected will be distributed to local students in need of assistance.

Thank you for your generous support. Together, we can help make a difference.

If you have any questions, please contact Jacqueline at 765-4033.

GMFRC • Feature of the Week

Children and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Lunch n' Learn – Choosing Childcare

Monday, August 10th, 2009 12:00 p.m. -1:00 p.m. **GMFRC**

Parents with small children

Registration deadline: Thursday, August 6th, 2009 *Bring your own brown bag lunch

One of the most difficult tasks for parents is finding childcare. This is even more challenging in rural areas. Join us for an informative session where we will discuss a few strategies that will help you on your search for quality childcare. Participants will receive a checklist as well as a list of resources to help them in their search to take home. Please register by calling reception at 765-5611.

WHAT IS THE TRUTH? New Forming up a new Church in this area, from speedo anguisher the only source of TRUTH in these days... Goggles **Kids & Adults Swim Goggles Now Being Sold at Outdoor Pool ONLY** For more information sk the Lifeguards

Kingston 50th Steer BBQ

Submitted by: Muriel M. Craig - Chairman of Kingston 50th Steer BBQ

I would like to thank everyone who gave of their time towards Kingston's 50th Steer BBQ. Many donations were received and everyone worked towards making the BBQ a great success. We had a contest for naming the steer, which has been our community icon of "Home of the Steer BBQ" Many entries were received and the committee chosen to judge the entries chose "Kingsley" which means "of the King's meadow" and it was nominated by Stephen Boates of Kingston. Thanks to all who put forth names for this contest.

Friday evening, the committee held a re-dedication service of the Steer BBQ monument. A member from each family, whose name is on the original plaque, was present and received a certificate and a rose. Town Crier, Lloyd Smith gave a proclamation for this event. The Royal Canadian Legion, Branch #98 colour party were present and Piper Scott Pollon piped the group from the Village Office to the monument where the ceremony took place. Leo Glavine was the Master of Ceremonies for the event. Chairperson, Muriel Craig with Danny Lundrigan, Village Representative, and Quentin Simms, grandson of Ron Simms unveiled the new plaque for the occasion. This event was the work of Vicky Parker and Danny Lundrigan along with other members of the com-

A group of men gathered at 6:00 p.m. to prepare the cooking of the steer for the next day. Many watched in awe of the teamwork they do to prepare for the next day's event. Tents were being assembled by the Kingston Fire department and they will return to take them down. A big thankyou for a job well done.

At Centennial park Friday evening, a fantastic festive and musical atmosphere could be heard. It was called "The Valley's Got Talent". It featured Danse Xpress, showcasing their hip-happy moves, Megan Armstrong singing two lovely songs. Elizabeth Furniss, Kristy Doyle and Kaily Shearer created some lovely harmony and toe-tapping songs. Demi Beaumier topped off the evening with her always popular and heart-warming voice singing several songs. Many musicians returned to the stage until it was dusk and then the fire-works started. It was a perfect night for the event to showcase Kingston in all its beauty. A large crowd gathered to celebrate these two events and didn't seem to mind the mosquitoes being there also. The Legion and Lion's cooked hamburgers, hot-dogs, and french-fries for this wonderful evening.

A breakfast was held at the Fire Hall from 7 to 9:30 a.m. It was well attended, and they ran out of food so it shows they have good cooks at the Fire Hall. The Fire Department helped in many ways this year and for this we are grateful.

The parade always draws a large crowd, and the streets



July 27, 2009

'Udderly' Delicious Dessert Bake Off. The winning dessert is in the foreground made by Stacy Abriel.

of Kingston were lined to view the floats, bands, and other entries of the parade. After the parade reached the arena area, the Town Crier escorted the dignitaries to a stage where each were introduced by our Master of Ceremonies - John Marshall. The float prizes were given to the winning entry.

After this, the Dignitaries were escorted into the arena, where they were served a delicious lunch including strawberry shortcake. We had ten Princesses from other communities join our parade and luncheon. A contest was held amongst the Princesses to do the hula-hoop and a contest to go to those attending the BBQ for names that were associated with the word "Steer". Each did very well, but Berwick Princess was the winner for both events. Thanks Ladies, it was fun.

An udderly Delicious Dessert Bake Off was held again this year. The contest was promoted through a number of

venues weeks before the Steer BBQ and the extra effort paid off, as there were fourteen entries. The three judges must have had a difficult time. After viewing the desserts, and then sampling a small morsel of each of the fourteen desserts, the judges deliberated and this is when the onlookers were given the opportunity to purchase dessert portions. First prize was awarded to Stacy Abriel for her light and lovely lemon snowball cake. Stacey received a gift certificate from the Best Western Aurora Inn for dinner for two. Second prize went to Pat Casey for her frozen peanut butter dessert, and third prize went to Noreen Fallis for her perfect cream puffs. All contestants received some token to demonstrate appreciation for their participation. The dessert bake-off was a great success and Muriel West thanks everyone for their interest shown in our community celebration.

Danny Lundrigan organized a "Show & Shine" for motorcycles. Those that participated were pleased, and it's one more venue that could be looked at in future years.

What is a celebration without Bingo, Music, and Food. We had it all. We had dancers, singers, bands and lots of entertainment throughout the day. Brian Mulligan kept things rolling on stage during the afternoon and Brian Muiligan kept the music altogether. Hugh Moore kept bingo players on their toes watching for the number they needed to win the big one.

I would like to thank the committee for all their efforts they have demonstrated since last November getting the 50th Anniversary Steer BBQ in place for this year. Hard work receives satisfaction at the end of the day.

Lemon Snowball Cake - Stacy Abriel

1 Angel food cake, cut in 1" squares

½ tbsp unflavoured gelatin

4 tbsp cold water

1 cup boiling water

1 cup sugar

Pinch of salt

1 cup frozen orange juice concentrate

Juice of 1 lemon

500 ml whipping cream, whipped

Line a large bowl with wax paper. In a medium bowl mix gelatin + cold water. Add boiling water to dissolve. Stir in sugar, salt, orange juice, and lemon juice. Refrigerate until almost set, about 45 min. Then fold in 1/2 of the whipped cream. In the wax lined bowl, layer the cake cubes and filling. Start with cake and end with filling. Refrigerate over night. Invert on a serving plate and cover with remaining whipped cream. May garnish with fruit slices.







des FC, au cours duquel nous tenterons de « trouver l'équilibre », comme nous y invite le thème de cette année.

Le Séminaire se tiendra du 27 au 29 octo-bre prochain à Halifax, et est ouvert à Scheduled to take place in Halifax from October 27 to 29, the Seminar is open to all DND civilians and CF members who work in health or safetout le personnel civil et militaire du MDN et des FC ayant un emploi en lien avec la santé ou la sécurité, peu importe le proty, regardless of programme.

To fill out the registration form, visit: http://vcds.mil.ca/dsafeg/intro e.asp

Pour compléter le formulaire d'inscription, visitez : http://vcds.mil.ca/dsafeg/intro_f.asp

14 Wing Dragon Boat Team Victorious in Yarmouth Dragon Boat Fest

By: Lt Nadia Kang

On 19 Jul 09, in the early morning hours the 14 Wing Dragon Boat team travelled to Yarmouth, NS, to take on the best dragon boaters of thin boat over several hun-

celebrated by many Asian cultures. A dragon boat team is made up of 22 people including a steersman and a drummer.
The 14 Wing team was

western NS. Dragon Boat made up of a motley crew with Racing is a team sport in members as young as seven, which 20 rowers race a long, some older than 55, from as close as Yarmouth and as far dred metres. The sport away as Korea. The majority evolved from the original of the team came to the festi-"Waking the Dragon" rituals val with little or no experience,







(Photo: Cpl Eli Poole)

but ready to face a challenge. In addition to our lack of experience, we also had not been able to have a single

the event staff, and some helpful tips from our team expert, Karen Freeman, were all Jack Ker (also our biggest fan

perience, with the encouragement of our bus driver Cpl we had to prepare us for the and unofficial coach) we were



CANADIAN **PEACEKEEPING** ETERANS ASSOCIATION



CANADIAN ASSOCIATION OF VETERANS IN UNITED **NATIONS PEACEKEEPING**

COMMUNIQUÉ NATIONAL PEACEKEEPERS' DAY

Citizens, the Canadian Association of Veterans in United Nations Peacekeeping (CAVUNP) and the Canadian Peacekeeping Veterans Association, (CPVA) jointly wish to bring to your attention that Sunday, August 9th, veterans, military personnel, police and peace officers will celebrate National Peacekeepers' Day in Canada.

National Peacekeepers' Day was made an official day by an Act of the Parliament of Canada in 2008 to honour Canadians in the service of peace. This day is about commemoration and celebration of Canadian peacekeepers, past and present. It is also recognition of those who help make peacekeeping duty less arduous and for remembering our fallen comrades who have made the ultimate sacrifice on the field of honour in the service of peace.

We wish to remind everyone of our moral obligation as Canadian citizens to observe with pride our National Peacekeepers' Day by a gesture of solidarity with our Canadian peacekeeping veterans and serving military personnel, police and peace officers.

You are invited to observe the 9th of August, by a minute of silence to render homage to the 170 Canadian Peacekeepers who have made the ultimate sacrifice of their lives in the service of peace in the world as well as for those who have served since 1947 including Canadians who are presently serving with the United Nations, NATO and other international or multinational missions amidst danger and strife in far away countries.

In order to ensure a solemn visibility on this commemorative day, you might dress in blue and white, wear your Canadian Peacekeeping Service Medal or the CPSM lapel pin, a poppy, post this notice or even display or fly the United Nations flag. Veterans of peacekeeping missions may wear a blue beret.

Citizens, on the 9th of August, if you meet a veteran, a member of the military or a peace officer, we invite you to shake their hand, and say a simple 'thank you'.

Proud to serve, proud to have served, IN THE SERVICE OF PEACE

Ray Kokkonen, CD

Ray Kokkonen President, CPVA







Ron Griffis Ron Griffis

President, CAVUNP

An impromptu lesson from races. Despite our lack of ex-ready to stake our claim to victory. Our primary team, the Flying Dragons, were first to race against the Sea Fest Sea Jewels. Despite a valiant effort, the Flying Dragons had difficulty keeping their strokes together and were defeated by the well-synchronized Sea Jewels by several seconds. Luckily, we were able to assemble a second team, the Dragon Butts, and give it another try.

In a race against the Yarmouth Dragon Slayers, the Dragon Butts suffered defeat, but it was clear the team was starting to get a feel for rowing technique and strategy. In spite of our two losses, our race times were good enough qualify both teams for the finals. In the first final (judged by time), the Flying Dragons pulled together and pulled off an amazing victory with a time of one minute and twentynine seconds, an improvement of seven seconds over their first race! In the second final, the Dragon Butts worked as a finely tuned machine. shaving a whopping nine seconds off their first race time, beating a stacked team and claiming first place of the Yarmouth Dragon Boat Festival with a time of one minute and twenty-eight seconds.

The 14 Wing team had a great day, and definitely made a name for itself in Yarmouth as a team to watch. Thanks go out to our driver, Cpl Ker for driving us and supporting the team. Thanks also to the PSP manager for finding the funds to sponsor the bus and registration for the team. Thanks to all the team members for your enthusiasm, and congratulations on your victory! For information about future dragon boating opportunities, please contact Lt Nadia Kang, nadia.kang@ forces.gc.ca, 765-1495 ext 3748.

Canada Day in Kandahar

Submitted by: Michelle Thibodeau Wagner, Coordinator of Special Events and Promotions, Greenwood Military Family Resource Centre 765-1491 local 1421 michelle.thibodeau-wagner@forces.gc.ca

Celebrations of our great country's birthday happened all over the country. They happened everywhere, even far from home. Soldiers took a moment to pose for a picture in Kandahar with some of the Canada Day items sent to them by the GMFRC. It is thanks to our soldiers that we live in this great country we call home. People in other countries also have them to thank for their safety and their better way of life. For this, we salute and support our deployed soldiers!

(L-R): Pictured left to right Cpl Justin Maclean, MCpl Matt Ern st, Cpl Dave Timms, Cpl John Bowden, Capt Kevin Coulombe, Capt Fred Jones, MCpl Mark (Photo courtesy of Capt Fred Jones)

I hank you

thank the Base Commander and Wing Chief of CFB Greenwood, the Colour Party of the Royal Canadian Legion, Bowlby Quality Meats, RCAFA and Legion, the RCMP and Princess Greenwood for helping to make the July 1st celebrations a success.

Also special thanks to Bob Baker and Kevin Ward for once again giving a spectacular fireworks show and to all our volunteers.

Thank you to our sponsors: Village of Greenwood, Heritage Canada, 14 Wing Community Council, Roger Parker Excavating, Kingston The Village of Greenwood would like to Lions Club, Frasers Pro Centre, Greenwood Mall, McDonald's, Canadian Tire, Sobeys, Valley Credit Union, Rona Cash and Carry, T&S Office Essentials, The Aurora Newspaper, Greenwood Subway, Atlantic Superstore, Pizza Delight, Shoppers Drug Mart, Greenwood Physiotherapy, Tim Hortons, 14 Wing, Pizza Delight, Shoppers Drug Mart.















Rami Saaloukeh

SHOPPERS DRUG MART AT: 1124 BRIDGE ST. GREENWOOD 902-765-3060

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Monday - Sunday 8:00 am - 10:00 pm

Your Health is our Priority

I would like to take this opportunity to introduce myself to you and your family. As the Pharmacist at the Greenwood Shoppers Drug Mart, I am proud to be a part of this community and I invite you to drop by and get to know myself and my Pharmacy Team today.

We can easily transfer your prescription so you can start taking advantage of all the benefits Shoppers Drug Mart has to offer including:

- · expert health knowledge and advice
- · helpful HealthWATCH® Pharmacy Services
- · earning valuable Shoppers Optimum Points® on the full value of each and every prescription* every day.

PLUS - Enjoy an exclusive offer from us to you.

Simply present one of the attached coupons each time you fill a prescription at our Shoppers Drug Mart location from now until October 13th 2009.

And - if you use all of these coupons over the next 3 months, you can take advantage of great rewards of up to 30,000 points

— which lead to GREAT SAVINGS OF UP TO \$55!

We welcome the opportunity to help you better manage your health and look forward to seeing you soon.

Rami Saaloukeh B. Sc (Pharm) Pharmacist/Owner

On July 30th we're celebrating Seniors' Bonus Day with great deals for seniors plus refreshments, draws and rewards the whole family can enjoy!





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Healthwatch €



nts, provincial regulatory authorities and third party insurance plans. surpolics. Not all prescriptions can be transferred.

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Coupon must be presented, along with your personal Shappers One time offer only, limit one coupon per prescription. The colle

SHOPPERS OPTIMUM **BONUS POINTS**

WHEN YOU TRANSFER OR FILL A NEW PRESCRIPTION AT SHOPPERS DRUG MART, 1124 BRIDGE ST





SHOPPERS OPTIMUM **BONUS POINTS**

WHEN YOU TRANSFER OR FILL A **NEW PRESCRIPTION AT SHOPPERS**











WHEN YOU TRANSFER OR FILL A NEW PRESCRIPTION AT SHOPPERS DRUG MART, 1124 BRIDGE ST.







Historic Aircraft that Played a Significant Role in **Canadian Aviation Heritage**

Submitted by: Bryan Nelson, Executive Director, Canadian **Aeronautical Preservation Association**

0



ACCA

Avro Canada CF100 Canuck

Avro Canada CF-100 Canuck

Canadian Government signed an agreement to build two single seat jet aircraft with the company that became AVRO Canada. After design changes the aircraft would become the CF-100 Canuck, the only Canadian-designed fighter to go into production. The RCAF named the aircraft 'Canuck'' after the First World War trainer; however, the crews generally referred to it as the "Clunk," although other fighter pilots referred to it derisively as the "Lead Sled," among other names.

The CF-100 prototype first

In October 1945, the flew on 19 January 1950. Production began September and operational use commenced in July 1953. With a good rate of climb, an excellent fire control and radar system, and heavy armament the Canuck soon proved itself to be the best all-weather fighter in the world at the time. The Canuck was also the first straight wing aircraft to exceed the speed of sound without rocket assistance when Jan Zurakowski of AVRO took a American Canuck through the sound aircraft. barrier on 18 December 1952

For most of the 1950s, the

Canuck was the only all-weather fighter in NATO's inventory. As a result, at NATO's request the RCAF deployed four squadrons to France and Germany in 1956, replacing four Sabre squadrons. In Canada, five squadrons were deployed to defend North America. Belgium also bought 53 Canucks, with the Canuck winning a competition against

Voodoo in Canada while German-based squadrons were disbanded. The aircraft continued to serve in the RCAF and the Canadian Armed Forces as an electronic warfare, reconnaissance and training aircraft until 1981. Canada built 692 Canucks between

By the early 1960s, the

Canuck was obsolete as a

fighter, replaced by CF-101

1950 and 1958. The aircraft was a major Canadian engineering achievement.

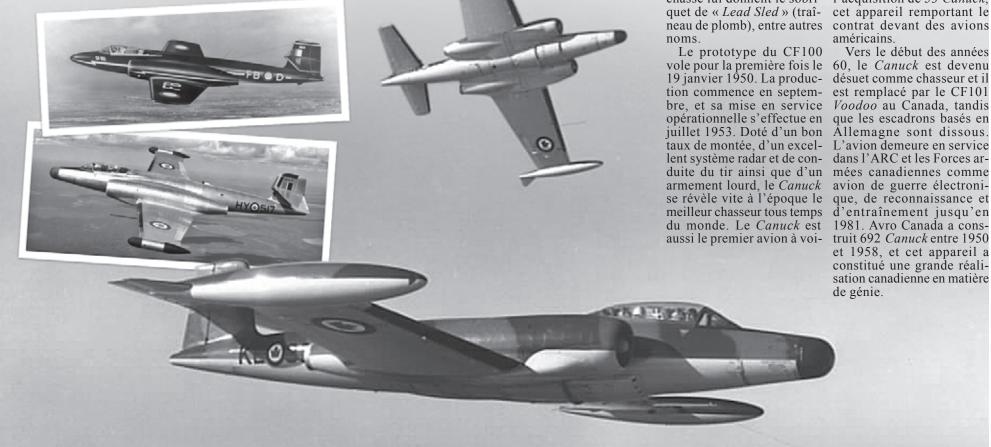
En octobre 1945, le gouvernement canadien signe un accord pour construire deux avions à réaction monoplaces avec la société qui prend par la suite le nom d'Avro Canada. Après des modifications de concep-

tion, l'avion deviendra le CF100 Canuck, seul chasseur de conception canadienne à avoir été produit. L'ARC nomme l'avion « Canuck » d'après l'avion d'entraînement de la Première Guerre mondiale; par de Sabre. Au Canada, cinq contre, les équipages le surnomment généralement « Clunk », et des pilotes de chasse lui donnent le sobri-

lure droite à franchir le mur du son sans l'aide de fusées, lorsque Jan Zurakowski, d'Avro, réussit cet exploit le 18 décembre 1952

Pendant la plus grande partie des années 50, le Canuck demeure le seul chasseur tous temps dans la flotte des pays de l'OTAN. De ce fait, à la demande de l'OTAN, l'ARC déploie quatre escadrons en France et en Allemagne en 1956 pour remplacer quatre escadrons escadrons sont déployés pour défendre l'Amérique du Nord. La Belgique fait aussi l'acquisition de 53 Canuck, cet appareil remportant le contrat devant des avions américains.

Vers le début des années 60, le Canuck est devenu désuet comme chasseur et il est remplacé par le CF101 Voodoo au Canada, tandis que les escadrons basés en Allemagne sont dissous. L'avion demeure en service dans l'ARC et les Forces aravion de guerre électronique, de reconnaissance et d'entraînement jusqu'en 1981. Avro Canada a construit 692 Canuck entre 1950 et 1958, et cet appareil a constitué une grande réalisation canadienne en matière de génie.





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AA meetings every Tuesday at 8 p.m. at St. Mark's Protestant Chapel

Summer Staff Welcomes



By: Wayne Bailey, Museum **Public Affairs**

The Green Military Aviation Museum's Curator Bryan Nelson, and General Manager Major Richard LeBlanc Wing Heritage Officer, are pleased to welcome the summer staff. This being the 100th Anniversary of Powered Flight in Canada, there is renewed interest in the Museum activities, archives and displays, and the talents and energy that these young peo-

ple bring to the Museum is

much appreciated. From left to right in the accompanying photo they are:

Gordon Stephen - Born in Goose Bay, Labrador - Son of Kathleen Doris Stephen, is a graduate of West Kings High School, Kings Regional Vocational, and one time M.C.P.L.

Adam Bennett - of Wolfville Son of Stephen and Pamela Bennett. He is currently a student at Acadia University in Bachelor of Arts Program with honours in history and a minor in Political Science. He is a former Air Cadet, assistant in Acadia Department of History and Classics and Executive for the A.E.G.I.S and Dungeons and Dragons Clubs. Ceilidh Weldon - of South

Farmington- Daughter of Dianne Everett, Step Daughter of Phillip Everett. She is in her 4th and final year of study at Mount Allison University, Bachelor of Arts in Anthropology with a Double Minor in Classical studies and Geography. On graduation she hopes to work with Parks Canada or in a museum setting. Her many hobbies include Astronomy and Archaeology

Last but not the least, on the far right, Laura Blackmore -Daughter of Les and Karen Blackmore of Kingston. Laura

is also a student at Acadia University, in the Bachelor of Science Program, with a Major in Biology and Minor in Business. Her hobbies include "running with my dogs", Triathlons, Reining, Jumping and Training Horses. After Graduation she hopes to work in Wildlife Research and Conservation and would like to do her Masters.

Adam can be found at the

Museum five days a week courtesy of the Directorate of Heritage and History and National Defence Headquarters.

Ceilidh and Laura, also five days a week thanks to the Nova Scotia Student Career Skills Department Program.

Gordon Stephen is a muchappreciated volunteer at the Museum.

These four members of the

Museum team can be found at the Reception desk and available to assist in the Museum Store for Mess Dinner items, Souvenirs, Models, Books and videos or direct you to Artifacts and items found though the Museum. The G.M.A.M. is next to the CANEX by the main gate and hours are 9.00 a.m. - 5.00p.m., seven days a week and admission is free.

TO ADVERTISE IN

The Aurora Newspaper

Call Anne for details. 765-1494 local 5833

aurora@auroranewspaper.com www.auroranewspaper.com





Season Opens: May Long Weekend 2009 Closes: Thanksgiving





Bookings for 2009 Season start 1 April 2009

Get Away From It All! Call 765-1494 ext 5341

Make Your Stay, a Lake Pleasant One!!!

Available to: CF Military Regular/Reserve/Retired Members, **DND Employees, NPF-PSP Personnel**

Cottage Contents

- Fridge/Stove (full size)
- Beds (3)
- 2 singles, 1 double
- Microwave
- Toaster Oven
- Sofa
- Clock Radio Table & Chairs
- Kettle
- · Fire Pits
- · Barbeque (full size)
- Patio Furniture
- TV/VCR

Amenities

- Club House
- Games Room
- Canoe/Paddle Boat Rental
- Shower Facility
- · Laundry Facility
- · Beach (unsupervised)
- · Canteen (seasonal)
- Firewood
- Hay Rides
- Special Events

Your Responsibilities Food and Beverages

- Linen
- Utensils/dishes
- Pots & Pans
- Other conveniences required to make
- your stay an enjoyable one

Concours de Ph Otograph 1 e du MDN-DND Ph Otograph V contest Date limite de soumission 1 octobre 2009 Deadline for entry 1 October 2009
Information www.cfspa.com/dndphotocontest 20009
9
Prizes will be awarded Des prix seront décernés aux catégories
Professional Amateur Professionnel
Calloli Amplis () tamrac
Nikon IGLC DYNAMIX (6)
invent TOSHIBA TOSHIBA

Cottage Rentals	Rec Card Holders	Non-Rec Card Holders				
Day	\$30.00	\$35.00				
Week / 7 nights	\$210.00	\$245.00				
• includes 13% HST	Damage Deposit for all Cabins is \$50/Cabin					

Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue only covers for the next couple of weeks. For future and ongoing programs and services, please visit our website

www.greenwoodmfrc.ca or call 765-5611. To register, dropin at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

Note: We are sorry for any inconvenience this may cause, but to keep costs down, the only methods of payment accepted for workshop registrations is cash or cheque. To ensure your spot for a workshop, payment is required at the time of registration.



July 26th - July 30th ~ All Show Times ~ 7:00 & 9:20 p.m.

My Sister's Keeper

Rated PG

While you are at the theatre enter to win an iPod Nano. We will be giving away 1 a month.

Dolby EX Digital Sound Come See it on the Big Screen www.zedex.co

Kingston

Legion

Employment and Education Services

Kristen Coordinator: Lawson at 765-5611 local 1816 email

kristen.lawson@forces.gc.ca **Employment Ongoing**

- Resume and Cover Letter Creation and Modification
- Resume Updating
- Employment Resource Library
- Career Assessment Counseling
- Job Search Assistance
- Interview Skill Building
- Information on Small Business Planning
- Information on Military Home-based Business Net-
- **Employment Computer** Available
- Portfolio Development

Community Information Services

Coordinator: Nicole Godin at 765-1494 local 5941 or email nicole.godin@forces.gc.ca

Ongoing Services

- Greenwood Welcome pack-
- GMFRC Virtual Welcome nackage
- New Arrivals Registration

- Welcome GMFRC visit/tour and Welcome Gift
- **GMFRC** Welcome Calls
- **GMFRC** Email Information Newsletter
- **GMFRC** Website
- Community Information Database
- Outreach to Reserve Units

Deployment Services

Coordinator: Vacant, for information please call 765-5611

Upcoming programs or services

Deployed Families Adult Dinner Öut

Friday, July 31st, 2009 5:30 p.m. – 8:30 p.m.

Location: To be Determined Pay the cost of your own

Registration deadline: Wednesday, July 29^h, 2009 Call 765-5611 to Register

Deployed Families Adult Pool Night at Dooly's Monday, August 10th, 2009

8:00 p.m. - 10:00 p.m. Location: Dooly's, 963 Central Avenue, Greenwood

Cost of pool compliments of Dooly's

Registration deadline: Friday, August 7th, 2009 Call 765-5611 to Register

Deployed Families Card/ Craft Club

Wednesday, August 19th,

9:00 a.m. - 11:00 a.m. • Crisis Intervention **GMFRC**

Registration deadline: Monday, August 17th, 2009 Call 765-5611 to Register

Casual childcare is not available during the summer. If childcare creates a barrier

please do not hesitate to contact the GMFRC. Is your military member

away?

If you have a military family member who is away (spouse, son, daughter, partner, grandchild, etc) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give us a call & we'll set you up with any of our programs/ services/activities that may interest you. We do not know you're out there unless you

let us know. All of our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre, during, & post deployment information, assistance, outreach, & support to anyone who chooses to participate. Just give us a call!

* For respite childcare offerings for deployed families, see details under Children and Youth Services

Short term support

Child and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at kim.dixon@forces.gc.ca

Upcoming programs or services

Summer Teen Babysitting Program Monday, July 27th to Friday,

August 21st, 2009 8:30 am - 3:30 pm**GMFRC**

\$5 per family per hour Children ages 3 months and

Must book in advance with the Coordinator of Child and Youth Services

Respite Dates Friday, July 31st, 2009

5:00 p.m. – 9:00 p.m. Children up to age 12 * Suitable for ou Free to CF Families who Youth Volunteers!

currently have a partner deployed

Registration deadline: Thursday, July 30th, 2009

Saturday, August 8th, 2009 12:00 p.m. – 5:00 p.m.

Children up to age 12 Free to CF Families who currently have a partner deploved

Registration deadline: Thursday, August 6th, 2009

Research and compile local job opportunities Comité francophone

Volunteers Needed: 1

Thursday, July 30th, 2009 10:00 a.m. to 12:00 p.m.

Volunteers Needed: Many Plan the calendar of francophone activities.

MFRC Clean-Up Days

Monday & Tuesday, August 10th &11th 2009 8:00 a.m. - 4:00 p.m.

GMFRC

Volunteers Needed: Many To help us lift and clean up the MFRC and basement

Warm Line Callers

Ongoing need Flexible (2 hours per month) GMFRC or from home

Registration deadline: Open Volunteers needed: Many (you will receive a prior training)

Suitable for our awesome

Special Events and **Promotions**

Coordinator: Michelle Thibodeau Wagner at 765-1494 local 1421 or email michelle.thibodeauwagner@forces.gc.ca

Upcoming events Camp Aldershot Open

August 8th

All are welcome

Ongoing Services

Red Friday Promotions Yellow Ribbon Campaign

Support our Troops Aware-

ness Campaign

Military Families Strength Behind the Uniform Campaign

GMFRC and Community Special events planning

Morale Mail Packages to the Troops

GMFRC • **Feature of the Week**

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at Gagnon.JMC@forces.gc.ca

GMFRC Clean-Up Days Looking for Handymen, Handywomen

Monday and Tuesday, August 10th & 11th, 2009 8:00 a.m. – 4:00 p.m. **GMFRC**

Volunteers Needed: Many

The GMFRC is requesting your help as we are looking for volunteers to come out and help out with our cleanup days at the centre. Volunteer must be comfortable lifting and moving, as we are cleaning up the basement. Please call Janie Gagnon if you are interested in this volunteer position.

CRFMG - Publicité de la semaine

Service de benevolat

Coordonatrice Janie Gagnon au 765-1494 local 5938 ou courriel à Janie.Gagnon@forces.gc.ca

Grand ménage du CRFMG, recherchons l'aide de costaux bénévoles!

Le lundi et mardi, 10 et 11 août 2009 De 8h00 à 4h00 CRFMG

Bénévoles demandés : Plusieurs

Le CRFMG fait le grand ménage du printemps en été! Nous avons besoin de votre aide et de vos muscles afin de mettre la place à votre goût. Allez, venez nous aider, portez de bons souliers et des vêtements sport ça va bouger! Laissez-moi savoir si vous serez des nôtres : Janie 765-1494 local 5938.

Intervention Services

Coordinator: Jennifer Calkin, at 765-1494 local 1811or email Jennifer.calkin@forces.gc.ca

Prevention,

Support and

Ongoing Services

- **Emergency Shelter**
- Resource Library
- Assessment and Referral

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at janie.gagnon@forces.gc.ca

Volunteer Opportunities

Job Search Assistant Needed ASAP Mondays 1-2 hours per week (ongoing) GMFRC

Lake Pleasant Campers Club • Cabin Rental



to make your stay a pleasant one. To book the cabin: Call 902-547-2882

Bookings can be of 2 weeks duration.

Check in time - 1300 hrs Check out time - 1100 hrs

The cabin sleeps four (two double beds plus sofa) and consists of a kitchen complete with fridge and stove, hot and cold water, electric heat, living room, patio deck, outside fire pit, and a great view of the lake. The kitchen is set up with an electric kettle, toaster, microwave, cutlery, dishes including mugs, glasses, bowls, pots and pans. The only items you must provide include

bedding, food and other convenience items

Members with Rec Card:

\$35.00 per night \$210.00 per week (Monday to Sunday)

Non Members:

\$40.00 per night \$240.00 per week

www.lakepleasant.ca



In Thanks and Recognition

By: Michelle Shears, for the Kingston Apple Blossom Committee

Apple Blossom time has come and gone and life has carried on. In this time, the Kingston Apple Blossom Committee has had an opportunity to reflect on this year's festival, Applelicious Valley: a celebration of everything apple, and recognize that it takes the contributions of many to accomplish an event such as the Apple Blossom Festival.

The Kingston Apple Blossom Committee would like to recognize and thank those local organizations, businesses and persons who have supported Princess Kingston 2009 Haley Mackintosh:

The Village of Kingston Commission; Kingston Lion's Club; Legion Branch #98; Legion Branch #98; Ladies Auxiliary; Kingston Volunteer Fire Department & Auxiliary; T&S Office Essentials Country Traditions Flower Shoppe; Hair Expressions Cathy & Co.; Atlantic Superstore Avery's

Farm Markets Valley Canvas Converters; Balloon Boutique; SunRay Cleaners Essentials Lingerie

A&S The Greenwood Mall Valley Rose Flower Shop; Grampie's Country Barn; Robert MacNeil's Past China Patterns:

Claude Lowe; Sharon Beardsley Marion Yahnkee; Gloria Haiplik; Muriel West; Janice Hatfield; Dawn Feener; Pat Fleury; Jay Samuels; Ann Crowell; Andrew Davis; Lauchlin MacLean

Martha Armstrong Jenny Potts Glenn Abriel

Charlene Lowe Dave Feener Danny Lundrigan

Tim & Susan Mackintosh. We would like to thank Tibbet's Home for Special Care for having Haley and the Apple Blossom Royal Party to visit and bring a little bit of the Festival to the residents.

We look forward to the 2010 Apple Blossom Festival, "Blossomed Here, Enjoyed Everywhere", May 26-May



Camper Marcel Heighington wearing a crown he made this week at French Camp!

It's a Blast from the Past!

French Campers this week had a blast traveling back in time to explore different eras! To kick off the week, we invented a time machine, which transported us back into the past for the rest of the week! Tuesday, French campers explored the age of dinosaurs! We went on an adventure walk in the morning to collect various rocks which we painted and made into pet dinosaurs! Every camper was royalty on Wednesday as we explored the medieval times by creating our very own crowns! Thursday was a day full of magic as we explored the world of Harry Potter! We made teams and played our own game of Quidditch! We finished the week off with a bang by

travelling to Halifax to watch the movie Ice Age 3: Dawn of the Dinosaurs in 3D! Everyday, we cooled off by swimming in the outdoor pool! Week 4 of French Camp was a success, the counsellors and the campers had loads of fun! French Camp would like to thank everyone who helped make this week great! Thanks to the lifeguards for their daily work, thanks to our bus driver and thanks to the Staff at the IMAX Theatres!

GMFRC • **Feature of the Week**

Special Events and Promotion

Coordinator: Michelle Thibodeau-Wagner at 765-1494 local 1421 or email at Michelle. Thibodeau-Wagner@forces.gc.ca

Acknowledging the unique lifestyle of our military families

Acknowledging the unique lifestyle of our military families is very important. Many spouses are taking care of the children and the household on their own due to their military member's deployments and training requirements. Coping as a sole family caregiver while supporting a deployed spouse for months on end is not always easy. Many spouses play the double role of mom and dad, not to mention throwing in the sole responsibility of gardening duties, extracurricular activities, home work, taking care of all the pets, all while being a member of the work force. What gets the families through deployment is the knowledge that their soldiers are committed to their jobs; believe in what they do and that they are making a difference. A yellow ribbon or a Red Friday t-shirt lets families know the community supports the troops and their efforts on behalf of our country, making the separation that much easier. Families keep the home fires burning while awaiting the return of their soldier. Military Families truly are the Strength Behind the Uniform.

Driving on a vacation?



Listen to books on tape/CDs to make the trip more interesting.

14 Wing Greenwood Library School Street

nore interesting. 14 Wing DAY CAMP

WEEK 5: WILD ACKENTIBE WEEK (July 27 - July31)

Up for an advertible FULL wild creatures when we

head to OAKLAWN FARM 2000 for a day of animal adventure.
WEEK 6: GAME, SET, MATCH (August4 - August 7)

Bring your game face this week as we stretch and dance our way to a week full of different challenges and games. We will be heading to Sports camp for a day to shoot some hoops, and then downstairs for some GLOW BOWLING!

WEEK 7: ART WEEK (August 10 - August 14)

This week we will draw, paint, sculptured with master pieces!

Come and bring your creative to be the community Centre, then we will hear to be the community day in the sun!

WEEK 8: WHEN I GROW UP (August 17 - August 21)

What do you want to be when you grow up?? This week we will explore the world of different occupations. We will even head to SOBEYS for a cooking lesson and host our own Camp Olympics!!

FRENCH CAMP

WEEK 5: A Passport to Adventure (July 27 - July31)

All aboard! This week we'll be jet-setting across the world to explore countries like, India, Australia & Mexico! Also, a yoga lesson & GLOW BOWLING!

WEEK 6: Crazy Inventions (August 4 - August 7)

It's time to explore the world of science! This week we'll be making cool crafts like tie-dye and silly putty. We'll also be doing some cool experiments and inventing our own rockets! TRIP: Discovery Center!!

WEEK 7: Enviro-Heros (August 10 - August 14)

Enviro-heros to the rescue! This week is all about saving the environment! We'll be making crafts from recyclables and also going on an adventure walk! TRIP: Aylesford Lake!

WEEK 8: Let the Games Begin (August 17-August 21) 1-2-3, Go Team! This week we'll be playing games and activities

every day! We'll even have our own Camp Olympics!
TRIP: Putting Edge for a day of glow-in-the-dark mini put!

SPORTS CAMP

WEEK 5: The Adventures of Sports Camp (July 27 - July 31)

Pack your bags and bring your bike for a week full of adventures including hiking, biking, yoga, our infamous OVERNIGHTER & more!

WEEK 6: Basketball Week (August 4 - August 7)

If basketball is your game, this is the week for you! Come shoot some hoops and also enjoy a trip to PUTTING EDGE for glow-in-the-dark mini put!!!

WEEK 7: Ultimate Survivor Challenge May 1/10 August 14)

Do you have what it takes to outwit, output FULL break into teams for a week full of contests and games and we will also go on a trip to AYLESFORD LAKE!!

WEEK 8: Action Satisfaction (August 17 - August 27

Our final week will be full of non-stop action including FULL OCK-CLIMBING at Ground Zero Climbing Gym, GLOW BOWLING, our end of summer party, and more!

Greenwood Military Aviation Museum

"Saving your past for your future"

June to August 7 days a week 9 am to 5 pm September to May Tuesday to Saturday 10 am to 4 pm

We invite you to drop in and see what a difference a year makes! Join the thousands that have visited the museum over the past year and see the "new and improved facilities".

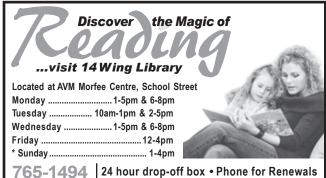
For that "hard to find item for that someone special" browse in the **Museum Store** for items such as mess dress items, videos, books, badges, clocks, flags, licence plates, clothing, lapel pins, caps, limited edition prints and an extended selection of models, decals and paints. Remember us for your medals and mounting requirements. If we don't have it, we will order it!

The display aircraft are now part of the museum complex and are located next to the parking lot.

The museum is now located in the Canex



FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions in Thursday at 0.20 cm. provides to tablication unless attentions profiles. is Thursday at 9:30 a.m. previous to publication unless otherwise notified.



Loc. 5430

24 hour drop-off box • Phone for Renewals Closed on holidays and holiday weekends throughout the year

others will.

satisfied.

Dive headfirst into your next

project and prove to disbelievers

that you have the skills and talent

to get the job done, Libra. You

have to believe in yourself before

SCORPIO - Oct 24/Nov 22

You cannot run away from

problems, Scorpio — they'll wait

around for your return. Build up

the strength to face each difficulty

head-on and you'll feel more

SAGITTARIUS - Nov 23/Dec 21

Sagittarius, someone close to

you is not ready to receive a helping hand despite your

willingness to offer one. It's best

if you focus your attention on

someone else for the time being.

CAPRICORN - Dec 22/Jan 20

Capricorn, you may want to put a

tight lock on your wallet because

spending must be curbed this

you'll find that you're overdrawn.

AQUARIUS - Jan 21/Feb 18

Smile and work through a situation

that is trying your patience,

Aquarius. You may find that you're

overreacting and things will

A short-lived conflict will come up

that has you feeling a bit down in

the dumps, Pisces. Gemini

cheers you up on Thursday.

return to normal shortly.

PISCES - Feb 19/Mar 20

you check your budget

July 26 to August 1 LIBRA - Sept 23/Oct 23

ARIES - Mar 21/Apr 20

Aries, you've been avoiding a serious relationship. However, someone in your life right now is making you feel all warm and fuzzy inside. This may be the time to pursue a romantic interest.

TAURUS - Apr 21/May 21

Taurus, you may have to put scheduled plans on hold for the time being. A new project arises that will require all of your attention. It will be up to you to complete it.

GEMINI - May 22/Jun 21

Gemini, a short vacation just may be what you need to change your way of thinking. The road less traveled is usually less traveled for a reason. But you're up for an adventure.

CANCER - Jun 22/Jul 22

Don't take your frustrations out on those around you, Cancer. While you may be bored and looking for things to do, this is no one's fault but your own.

LEO - Jul 23/Aug 23

Leo, next week proves to be one with big changes around every bend. From financial gains to opportunities for fun, certainly won't be bored.

VIRGO - Aug 24/Sept 22

It's time to get revved up about making a change in your life, Virgo. Right now you've offered a lot of lip service but no concrete action. Step up to the plate.

FAMOUS BIRTHDAYS

I AIIIOOO DIIX	IIIDAIO
JULY 26	Helen Mirren, Actress (64)
JULY 27	Alex Rodriguez, Athlete (34)
JULY 28	Sally Struthers, Actress (61)
JULY 29	Martina McBride, Singer (43)
JULY 30	Hilary Swank, Actress (35)
JULY 31	Barry Van Dyke, Actor (58)
AUGUST 1	Adam Duritz, Singer (45)
Horoscopes br	ought to you compliments of:





www.morsetowing.ca (902)825-7026 (1993)



Pizza Delight

Centennial Celebrations Antique Car Show

Middleton, Commercial Street. Registration 9:00 a.m. registration is free, good will offering to 12 baskets food bank. Antique Car Show 10:00 a.m.- 3:00 - free. Bring the whole family out to see, the Classic vehicle's & Antique Fire Truck, Local Farmers Market with craft and trade show contact Jennifer at 242-2085 to rent table & for more information. Awards and Door Prizes, Dash Plaques and goodie bags for first 100 cars. www.uptodatecarshowlistings.com/

All Saints Anglican Church will be Having Sundaes on

Wednesdays! What: delicious blueberry sun-

middleton.html

daes. Where: All Saints Church Hall, Pleasant Street, Kingston. When: Wednesday August 5, 5:00 p.m. - 7:00 p.m. Cost: regular - \$ 4.00 deluxe - \$ 5.00

Rock Kids Camp

A VBS Son Rock Kids Camp for ages 3 - 11 yrs. will be held at New Beginnings Center Greenwood from August 3rd - 7th. The Camp will be held from 6:00 - 8:00 p.m. Come and have a fun-filled 2 hours of music, games, crafts, snacks and a short teaching time. Registration will be on Aug. 3rd from 5:00 - 6:00 p.m. and is free. **Contemporary Worship** Service

Sundays, 10:45 a.m. at New Beginnings Center, 1151 Bridge St., Greenwood. We have Kid's Church for children 3 - 11 yrs. at 11:00. A time of fellowship and coffee follows the Worship Service and we enjoy a potluck "Love Lunch" together once a month. Everyone is welcome and we look forward to meeting you.

Overeaters Anonymous

(OA) is a fellowship of men and women who through shared experience and mutual support are recovering from eating disorders that include Bulimics, Anorexics and overeaters. No dues... no fees... no weigh-ins. We are not a diet and calories club. Every Friday at 7:30 p.m., the Kingston Freedom Group meets at the Multi-Addiction Centre Society (MACS), 2080 Bishop Mountain Road, North Kingston. For more information, contact Lorraine at 681-0613. To learn more, visit www.oa.org

An Incredible Opportunity for One of Our Own

ten West Kings student from a military family, is on an adventure of a lifetime. After completing her Bronze and Silver Duke of Edinburgh Award she is going for the gold. The Duke of

Angela MacKenzie, a grade Edinburgh award has four components; Physical Fitness, Community Service, A new skill, an adventure and for the gold a leadership experience which Angela will use her time aboard the Virginia Schooner Tall ship.

http://www.schooner Organization. virginia.org/ There were more than 40 ap-

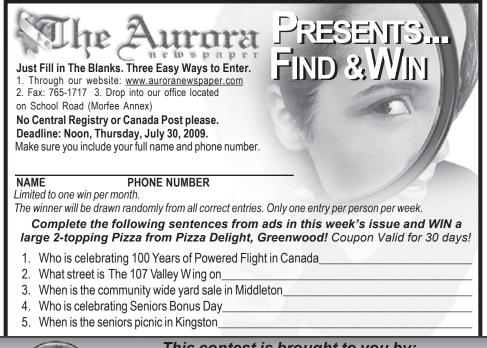
She was chosen as one of five Nova Scotian participants from Seastar, http://www.tallships novascotia.com/pages/ SEASTAR.aspx, a Non Profit

plicants for the four berths available. If you read her blog she is learning navigational skills and all kinds of amazing life long adventures. They will travel from New London Connecticut to Halifax to partake in the tall ships then back to Boston and home on the Yarmouth ferry. Wow! What an adventure a huge thanks to Seastar and the Duke of Edinburgh program.

Stephanie grew up in upstate NY and earned a bachelors degree in Civil Engineering from Northeastern University in Boston. While in university, she took various internships with the National Park Service, the Student Conservation Association, and private engineering companies. Shortly after graduation, Stephanie moved to Boulder, CO where she works as a Transportation Engineer and is studying for her Masters in -Urban Design at the University of Colorado at Denver. After a fantastic and life-changing semester abroad with Sea Education Association, Stephanie has turned to tall ships sailing. This new take on life is how she came to be a deckhand on the Schooner Virginia.



Angela MacKenzie, left and Stephanie Bowker - Deckhand is on the right.



This contest is brought to you by: Pizza Delight, Greenwood Congratulations to last week's winner: HEATHER DOBBIN



Air Force Association of Canada

Open to ALL Members, Serving or Retired, of the CAF • Reserves • RCMP • Public Service • RCAC •

Members & Guests

Do you enjoy a good time in a friendly relaxed atmosphere?

Drop into the 107 Valley Wing and meet our friendly members and staff. We are open 7 days a week for your convenience.

We are looking for

new members! For more information call

765-8415 after 12:30 p.m. We also have Catering Service for your Weddings, Section Parties or other celebrations.

Youth Happenings at the 14 Wing Community Centre

By: Megan Le Moine Youth Recreation Worker

July is unfortunately, coming to an end. We are having a great summer here at the Community Centre, the weather, not so great! We had to re-schedule the Upper Clements Park after Dark Family Field Trip to August 1, due to bad weather. We are all hoping that Saturday August 1 will bring lots of sunshine! I am really excited to go Whale Watching this weekend; it's a first for me! I hope that everyone has signed up, and if not, we are going again around the end of August! If you need any more information about anything going on here at The Community Centre, don't hesitate to call. 765-8165! Here is what's going on this week at the Community Centre.

Boyz Club Badminton

Monday July 27, 2009 4.30-6.00

This week boys we will meet at the Community Centre, then go upstairs to the gym where we will be playing Badminton! This game is great to get active and physically fit,

ComParrot

without even realizing it! Once sion is free with your mem-we have worked up a sweat, bership card or \$1.00 for a we have worked up a sweat, we will have a healthy snack after words!

Active Chicks

Swimming

Wednesday July 29, 2009 6 - 7:30 p.m.

Wow! It's finally time to go swimming in the outdoor pool! Just meet me at the Community Centre at 6 p.m. and we'll walk over together. Don't forget to wear your sunscreen and bring a beach towel with you!

Teen Swim

Thursday July 30, 2009 6-7:00 p.m.

Teens, come to the Community Centre where we will get suited up to head to the outdoor pool! There we will have an hour of swimming fun, diving, swimming laps, and aquacise! Make sure you bring your towel, Rec. Card, and sunscreen! Hope to see you there!
Pre-Teen Movie Night

August 1 2009 6-8 p.m.

This week we are bringing the concert to you! Jonas Brothers 3D Concert will be playing this Saturday; admis-

by Bonnie J. Malcolm

drop-in fee. Jonas Brothers 3D Concert is a film of the 2008 "Burning Up" concert tour, as well as document footage of the three brothers

Teen Movie Night August 1 2009 8:30-10:30 p.m.

This week we are showing Knowing; A teacher opens a time capsule that has been dug up at his son's elementary school; in it are some chilling predictions-some that have already happened and other's that are about to lead him to believe his family plays a major role in the events that are about to unfold

Special Events Upper Clements Park after Dark

Saturday August 1, 2009 This trip had to be rescheduled (org. date July 18 2009) because the Park was

We apologize for the inconvenience, and have re-scheduled to go on Saturday August 1. We hope that everyone will be able to make the up close, just don't get too re-scheduled date, although, if you are not able to attend the trip; you can come to the Community Centre for a re- browse. Then, just before fund of your money

IMAX Trip to Halifax

Monday August 3, 2009 The plan: to leave the Com-

munity Centre at 10am, drive to the Halifax Shopping Centre for 2 ½ hours of shopping \$\$\$! Then we are going to the IMAX in Bayers Lake to watch Harry Potter and the Half Blood Prince. Once we have enjoyed the new Harry Potter movie, we will be heading home and arriving at the Community Centre 8 p.m..

Oaklawn Farm Zoo Sunday August 9, 2009 Lions, Tigers and Bears oh

closed due to bad weather. my! We are leaving the Community Centre 4:45pm to arrive at Oaklawn 5pm. Once we are there, a guide will show us some interesting animals close! Then you will be able to roam free, enjoy the zoo, and have a bite to eat, shop,

7pm we will all gather around for the highlight of the evening Feeding time! Make sure if you are interested in this trip that you pre-register before Aug 5 2009. The cost is only \$3.50 for adults, \$2.50 for students or seniors, \$1.50 for children 12 and under, and free for children 2 and under!

Solution page 18

Youth Centre Drop in Hours

	Pre-Teen (ages 9 - 12)	Teens (ages 13 - 18)
Monday	4 pm to 6 pm	6 pm to 9 pm
Tuesday	4 pm to 6 pm	6 pm to 9 pm
Wednesday	4 pm to 6 pm	6 pm to 9 pm
Thursday	4 pm to 6 pm	6 pm to 9 pm
Friday	6 pm to 8 pm	4 pm to 6 pm 8 pm to 11 pm
Saturday	2 pm to 4 pm 6 pm to 8 pm	4 pm to 6 pm 8 pm to 11 pm
Sunday	2 pm to 5 pm	5 pm to 9 pm

What's the Difference?

There are 4 things different between Picture A and Picture B. Can you find them all?





3. tree is smaller 4. box is missing from wheelbarrow Answers: 1. missing rake 2. watering pail is larger

Patrick's Puzzle brought to you compliments of:





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Canadiana Crossword

Cool Canucks II

By Bernice Rosella and James Kilner

18

ACROSS Skullcap

5 Shade tree

8 Muslim sect 12 Destroy

13 Caviar 14 Lock part 15 Vend

16 Possess 17 Band instrument

18 Pre-doctoral exam 20 Partner of neither

22 Mohawk land claim crisis 23 Whole

English town 30 Hill dweller Caustic

32 Records 33 Energy unit 34 Desert feature

36 Butter serving

38 Harass 40 Rocky hill

Crude

42 Type style

46 Hair style, slangily 49 Indisposed 51 Shoemaker to stars

52 Heaps 53 Liquid meas.

54 Cake decorator 55 Alignment

57 Chair

DOWN 1 Tip

2 Ace 3 At rest 4 Actress Megan

Fragrance 6 Boar's mate 7 Magician Doug 8 Comedian Martin of

35 Actress Thurmon

37 Mails

9 Montreal Canadien, slangily 10 Prefix for metric and

SCTV

11 Mimic

19 Tiger's father?

21 Neighbour of Man. 24 Brews

25 Wen 26 Lung Ching and Oolong

27 Weapon 28 Capital of Italia

29 Mild expletive 30 Carr or Thomson

creation 33 Pincher bugs 34 Comedian Rick of

Honey I Shrank the Kids

36 Legume

Sess 39 Actor Paul of Due

South 40 Actress Jennifer of Liar Liar

43 Vermin

44 Swedish retailer

45 Breath mint Turkish title

47 Actor Michael J.

48 Baseball stat

50 Circuit

Weekly Crossword brought to you compliments of:

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Can you spot 12 differences between these pictures?

has moved. 10. Girl's visor is larger. 11. Puddle is larger. 12. Cloud is smaller. missing. 3. Extra hole in brick. 4. Design on roller blade is different. 5. Flower behind wall is missing. 6. Pocket on shirt is colored in. 7. Leaves on bush beside pond have moved. 8. Rock above wall has moved. 9. Grass beside ramp Solution: 1. Bottom of girl's shirt is different. S. Leaf on flower by pond is controlled. S. Flower

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Crossword Solution

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Page Range from 1 Column to 7 Columns.

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For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified

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SERVICE - Childcare: Willing to provide childcare to children of all ages. Experienced, First Aid/CPR, Criminal Check and Child Abuse Register. Will provide snacks, lunch and receipts. Please call Paula 242-2445 or 760-1436. (3026-ufn)

CHILDCARE PROVIDER - Ms Lori's Family Day Care has 2 openings available. I am an early childhood educator with structured programs in place to prepare your child for school. Ages 12 months to 5, before and after school (bus stop Kingston Elementary) 5 minutes from Greenwood. Call 765-0684 (3030-4tp)

SERVICE – Handy Man –Home renovations, painting, decks, doors, windows. No job to small. Call 840-0814 for more information or a free estimate. (3030-1tp) available to care for children in my home. 12 years of daycare experience. First Aid/CPR, planned activities, nutritious lunch snack provided. Rate - \$100.00 per week per child. References available. Call Melissa at 242-2144 (3030-2tp)

SERVICE – Dwight Ross Kids Care is currently accepting enrollment for the before and after school care program, and our preschool program starting September 2nd 09. Healthy snacks provided, fully experienced and qualified staff. Call Shelly at 848-6070 or 765-3215 or Lisa at 844-1183 or 765-9461 (3030-2tp)

WANTED

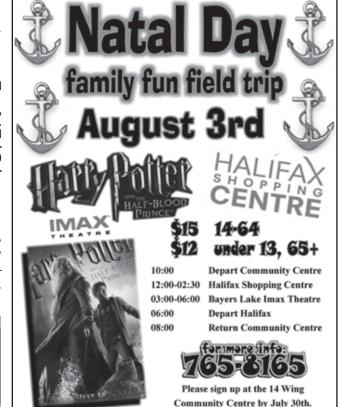
WANTED - Looking for space to rent in Kingston/Greenwood area to teach Yoga classes. Room to hold up to 20 people, warm/clean/centrally located. The class will be held Wed evening 6:30 – 8:00 p.m. starting middle Sep. Can pay \$25.00 a night please call Elena 847-0097. (3030-1tp)

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Send your articles and photos to: aurora@auroranewspaper.com



GMFRC • Features of the Week

Prevention, Support and Intervention Services Coordinator: Jennifer Calkin at 765-1494 local 1811 or email: Jennifer.Calkin@forces.gc.ca.

Looking for Ideas

It's that time of year again where the centre is working on programming for the fall. If you have any ideas for workshops or programs you would like to see offered through the PSI please feel free to contact Jennifer.

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CUCINA AURORA



Wagon Wheel Sausage Pie

12 oz Breakfast Sausage 1/2 cup Green onions, chopped 1/2 tsp. Salt 8 oz. Cream cheese 1/3 cup Milk 3 cups Hash browns, loose, frozen 2 tbsp. Milk 1/4 tsp. Pepper 3/4 cup Biscuit Mix 2 Eggs

Cook sausages and drain. Grease 10-inch pie plate. Spread potatoes in pie plate. Mix together next 5 ingredients and spread over potatoes. Arrange sausages in spoke fashion on top. Mix together biscuit mix, milk and eggs and pour around sausages. Bake uncovered at 400 degrees for 25 to 30 minutes.





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Contact

For more information, contact the Wing Personnel Selection Officer (WPSO):

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More information is also available on our website:

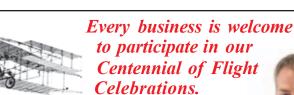


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Lights, Camera, ACTION!

Crocker

It was Day Camp's time to shine this week at the 14 Wing Community Centre as we lived the pampered life of celebrities, singing in the sun & lounging by the pool. We started off the week learning about Hollywood's history & the star-studded Walk of Fame. Then we tried out our own acting chops

games & discovered what it 3D! Campers took the stage was like to create our very own small productions. Our stars were ready for their close up Wednesday afternoon when we had our very own celebrity photo-shoot. We gave our voices a break from lines & scripts on Thursday to take a trip to the IMAX in Bayer's Lake for a screening of Ice Age 3:

on Friday when we hosted our very own talent show, earning them a much deserved round of applause. Thanks to all the staff at IMAX, our bus driver & our friendly, neighbourhood lifeguards this week for all your help. Until next time campers, play safe, have fun & remember you're all STARS!

