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14 WING • ESCADRE 14 GREENWOOD, NS

# The Aurora newspaper



Executive Director of the Child and Youth Strategy of the Province of Nova Scotia Robert Wright (1st from right), 14 Wing Commanding Officer Colonel D.W. Joyce (2nd from right) and the 2008 14 Wing Greenwood Volunteer of the Year Award recipients take part in the cake cutting ceremony at the end of the evening. Award Recipients take left: Doug Carpenter, Major Paula Fraser, Cory McBean and Aimee Hemming.  
(Photo's by: Pte Vicky Lefrancois, 14 AMS/Wing Imaging)

## 14 Wing Volunteer Appreciation Dinner

By: Eric MacKenzie - Community Recreation Coordinator

The 14 Wing Community Recreation Centre honoured their core of community adult and youth volunteers as well as their sponsors and internal partners on Wednesday 22 April 09 at the Annapolis Mess. This event was made possible by the generous funding from SISIP Financial Services. Roughly one hundred and seventy guests attended and over one hundred volunteers, thirty-four businesses and twelve internal partners were recognized for the outstanding contributions they have made to our 2008 programs. Without their support and assistance we would have not been able to provide the quality services this past year at 14 Wing. – (Continued on page 2)

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# 14 Wing Volunteer Appreciation Dinner

(cover story continued)

The guest speaker for the evening was Mr. Robert Wright who is the Executive Director of the Child and Youth Strategy of the Province of Nova Scotia. Mr. Wright shared some of his own volunteer experiences before focusing on why volunteers are the "heart of the community." To put that last phrase into perspective, Mr. Wright explained that over 377,000 Nova Scotians, which is over 48% of our population, volunteer their time and expertise to programs and services offered by 5,820 nonprofit organizations in the province.

When Mr. Wright was discussing "who is a volunteer?" he mentioned that according to Encarta World English Dictionary, "somebody who has freely offered to serve in the armed services" is considered a one.

After Mr. Wright's message, it was time to recognize our 2008 14 Wing male and female adult volunteer of the year award winners. The two deserving recipients were Maj. Paula Fraser, nominated by Greenwood Minor Basketball, and Mr. Doug Carpenter who was nominated by the Curling Club.

During Mr. Wright's speech, he pointed out that volunteer rates are highest among youth and Nova Scotia teenagers contribute 18% more than their national



**Robert Wright, Executive Director of the Child and Youth Strategy of the Province of Nova Scotia, speaks about the impact and importance of volunteers.**

peers. This wonderful fact is why the 14 Wing male and female youth volunteer of the year award is so important. The 2008 male youth volunteer of the year was Cory McBean, nominated by Greenwood Minor Basketball, and the female youth volunteer of the year recipient was Aimee Hemming who was nominated by the 14 Wing Teen Council.

At the end of the awards presentations it was time for the cake cutting ceremony that included all four volunteer of the year recipients, WComd Col. Joyce and Mr. Robert Wright. After the ceremony all honoured volunteers, sponsors and internal partners received their certificate of appreciation,

signed by WComd Col. Joyce, and partook in a closing social. If you did not pick up your certificate, or were unable to attend the event, the certificates of appreciation, for volunteers and sponsors, are available at the Community Centre.

Once again, all of our volunteers make our 14 Wing Community a strong and healthy one and we would like to thank them for their sacrifices, dedication, energy, enthusiasm and hard work!

## Our 14 Wing Honoured Volunteers:

Donna Allan  
Kim Andrew  
Colleen Baker  
Olivia Beer  
Sam Beeston  
Stephen Boates  
Class Bondy  
Carol Breckon  
Jenna Breckon  
Meghan Breckon  
Cpl Jamie Bruce  
Amber Carmichael  
Doug Carpenter  
MCpl Alain Chalifoux  
Kaitlynn Clark  
Maj Gilles Couture  
Gail Croucher  
Lori Crummey  
Jennifer Currie  
MCpl Yves Daigle  
Carolyn Dale  
WO Cheryl Doyle  
Kim Fortin  
Angelia Fontaine  
Maj Paula Fraser  
Trish Gallant  
Sheila Gaudet  
Veronique Germain

Richard Giles  
Brian Graves  
Peter Grimmer  
Cpl Karen Hamalainen  
Col Brian Handley (Ret'd)  
Gertie Hardiman  
Ashley Harrison  
Brendan Hawboldt  
Mike Hawboldt  
Aimee Hemming  
Cpl Blair Henshaw  
WO Derek Inman  
Jared Inman  
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Cpl Tammy Kline  
Alice Langille  
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Cpl Clint Lewis  
Jesse MacDonald  
Darlene MacIntyre  
Paul MacKeigan  
Scott MacKeigan  
Brenda Mailman  
Cpl Helen Malo  
Cpl Noel Martin  
Cory McBean  
Carrie McDonald  
Sally Merriam  
Peter Millar  
Maj Brenda Milligan  
Peter Moreland  
Pam Olejnik  
Charlene Oliver  
Michelle O'Reilly  
Tracy Peckford  
Melanie Pierce  
Keith Pinkerton  
Cpl Cori Plante  
Brenda Lee Prall

Randy Prall  
Tyler Prall  
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Erika Rice  
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Ginnine Robar  
Jessie Rowe  
MCpl Clifford Samms  
Rhonda Sanford  
Joanne Sealby  
Cpl Mike Slater  
Jim Spurrell  
Gloria Stevenson  
Capt Randall Stevenson  
Cpl Rose Sveinson  
MCpl Steve Swan  
Cpl Jason Tibbo  
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As mentioned, without the financial support towards our programs and events, we would not be able to provide the quality services that we do. We would like to recognize the following sponsors and internal partners:

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# One Canadian Soldier Dies in Afghanistan

CEFCOM

**OTTAWA** – At approximately 4:00 p.m. Kandahar time, 23 April 2009, a Canadian Forces member was found dead in her accommodation room, at Kandahar Airfield.

Deceased is Major Michelle Mendes, based in Ottawa, Ontario.

An investigation is ongoing to establish the circumstances of this incident. No further details are available at this time, although enemy action has been ruled out.

Our thoughts are with the family and friends of our lost comrade. Our primary focus at this time is to provide the best possible support to the family of our soldier and to her colleagues.

The immediate family of Major Mendes has no comment at this time. They are asking that the media respect their privacy and they will provide a statement in due course.

**Maj Michelle Mendes.**  
(credit/source: DND/MDN)



# Décès d'un militaire canadien en Afghanistan

COMFEC

**OTTAWA** – À environ 16 h 00, heure de Kandahar, le 23 avril 2009, un membre des Forces canadiennes a été retrouvé sans vie dans sa chambre, à l'aérodrome de Kandahar.

Le militaire décédé est Major Michelle Mendes, basée à Ottawa, en Ontario.

Une enquête est présentement en cours afin de déterminer les circonstances qui entourent cet incident. Aucune autre information n'est disponible pour le moment. Cependant, on a écarté la possibilité d'un acte ennemi.

Nos pensées accompagnent la famille et les proches de notre camarade décédée. Notre objectif premier en ce moment est d'offrir le meilleur soutien possible à la famille du militaire ainsi qu'à ses collègues.

Les membres de famille immédiate de Major Mendes n'ont aucun commentaire pour le moment. Ils demandent à ce que les médias respectent leur vie privée. Ils transmettront une déclaration en temps opportun.

## Fire Chief's Corner • Fire Ban

Submitted by: MCpl McCabe, FI, 14 Wing Greenwood

### What is a Fire Ban?

A fire ban is an order issued by the provincial government to restrict the use of fire in areas of high hazard. The order describes what types of fire are allowed or may in fact entirely prohibit the use of any fire.

As the wildfire hazard climbs in areas of the province, local wildfire management areas make recommendations to the Minister of Sustainable Resource Development to initiate an order to implement a fire ban. This is a tool to attempt to minimise the risk of accidental wildfires resulting from human activity. The ministerial order is a temporary law in effect until it is revoked when the wildfire hazard has sufficiently lowered.

### What is an area closure?

An area closure is an order issued by the provincial government, which limits the traffic and activity in a designated area. Area closures are issued to protect public safety under extreme fire hazards to eliminate the concern of emergency evacuation in remote locations or concentrated areas of human activity.

If the hazard continues to build to extreme levels the Min-

ister may order an area closure for a particular area affected by the extreme hazard. This is a tool, which manages the number of people in a given area in the event that a wildfire threatens to burn the forest creating the need for emergency evacuation. The main focus of an area closure is public safety.

Usually a fire ban comes into effect prior to an order for an area closure. A fire ban can exist in the same geographic location of an area closure. The fire ban is utilised to restrict the use of fire and the area closure is to restrict access. These are both temporary laws in effect but are no guarantees against the start of wildfires.

Wildfire prevention utilises education, engineering and to get its message out to the public. Increase public support is needed to help in the prevention of wildfires.

There are many factors to consider in revoking an order to allow the use of fire or access to an area. Present weather, forecasted weather, geographic location and accessibility to an area must all be considered prior to revoking an order. There is not one set of guidelines to utilise in assessing the

need to implement or revoke an order as every location has a unique set of considerations in respect to seasonal weather, geographic features and accessibility.

### Recreational Fires on Wing Property/MQ's

The construction of or use of recreational Fire pits on DND property poses an unnecessary risk to personnel and property. Unless an area is specifically designed for and designated as a camping facility, the construction and/or use of fire pits and clay or metal portable fireplaces (even CSA approved units) is not permitted. In accordance with Realty Asset Management Manual, Chapter 10, Section 4, Para 30.

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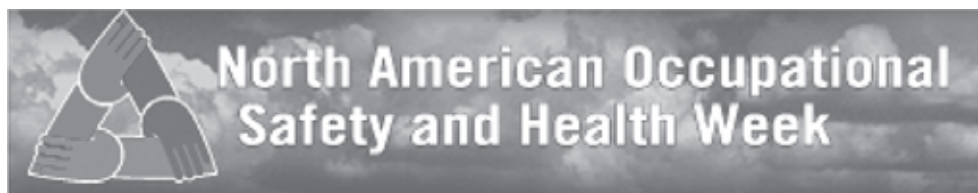
## Health & Safety Takes Commitment

### "Make It Home Safe Every Day"

North American Occupational Safety & Health (NAOSH) Week is being celebrated the week of 3 to 9 May 2009. The goal of NAOSH Week is to focus on reinforcing and strengthening our commitment to health and safety through solid risk management practices and

injury and illness prevention. This can only be accomplished by starting today and instilling a lifelong commitment to health and safety.

This year's continuing slogan: "Safety and Health, A Commitment for Life" reflects the need to focus on the concept of health and safety and the vigilance and dedication required to the principles of hazard and risk control management. The Oxford dictionary defines committed as "morally dedicated to a doctrine or cause". Being safe requires each and every one of us to focus on how things should be done safely and doing it right each and every time. It is only with true commitment that we



# 03 to 09 May 2009

will make any real significant positive impact on health and safety within our work environment and our communities.

This year's theme "Make It Home Safe Every Day" challenges each and every one of us to proactively identify potential causes of injury and illness and take appropriate action to correct such causes,

thus ensuring no one gets hurt or becomes ill. We must continue to instill and promote a "safety culture" that strives for zero injuries, illnesses and most importantly - zero fatalities. To ensure we make it home safe every day, we all must take responsibility for health and safety and be pro-active in identifying potential causes of injury and illness. Once identified, we must ensure appropriate action is taken to correct these deficiencies. Doing so will contribute to a safe environment at home and at work.

Put safety at the forefront and "Start Today" by focusing on and minimizing the risk of loss or injury. Whether you are a senior manager, new employee, seasoned worker, family member or safety professional, make health and safety a priority in your life. Let's ensure that we

"Make it home safe every day" through collectively continually reinforcing the message about promoting safety and health in our daily lives. Safe practices and habits require complete attention and personal commitment from everyone, everywhere, all the time.

The 14 Wing General Safety office wishes each and every one a safe, healthy and enjoyable NAOSH week and encourages you to "Start Today" by participating in NAOSH week activities.

14 Wing will kick off NAOSH Week 2009 with a NAOSH flag rising Monday, 0815 hrs, 4 May 09, and has numerous activities planned for the week as outlined below:

### NAOSH Week Activity Schedule

**Monday, 4 May 09**

**0815 Hrs - NAOSH Flag**

Raising, 14 Wing Main Gate - The Wing Commander and Wing Workplace Safety & Health Committee members will raise the NAOSH Flag at the Main Gate.

**Wednesday, 6 May 09**

**1000 - 1500 Hrs - OH&S Trade Fair; Annapolis Mess, Lounges B & C - A health & safety trade fair with kiosk/display booths of 14 Wing General Safety disciplines as well as community level H&S service providers will be set up. Door Prizes will be drawn.**

**1030 Hrs - Official opening of H&S Trade Fair by Wing Commander; Annapolis Mess, Lounge B - Wing Commander will officially open Trade Fair;**

**1200-1300 Hrs - Lunch & Learn; Annapolis Mess, Lounge A - Come join Miss Judith Swift of the Canadian Diabetes Association as she presents a session on Diabetes Risk & Management.**

**1330-1430 Hrs - Fall Protection Simulator Demo & New Products info; #5 Hanger - Come join Mr. Dave Arsenault of Capitol Safety as he showcases latest fall protection technology with his Fall Arrest simulator truck & find out what is new in the field of fall protection.**

**Thursday, 7 May 09**

**0900-1100 & 1300 -1500**

**Hrs Sun Life Insurance presentation, Birchall Centre, (Theatre) - Come join Madame Maria Davilla of Sun Life as she provides an overview for DND/CF employees on your Sun Life Benefits and the overall claim administration process. Time will be allotted in each presentation for a Q&A session for attendees.**



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# 14 Wing Air Force Triathlon/Duathlon

The 14 Wing Air Force Triathlon/Duathlon will be held on 21 June 2009 right here on base. Join the fun whether you participate or cheer on your friends. Three distances are offered to ensure maximum participation.

**Triathlon: 750m swim – 20k bike – 5k run**

**Triathlon: 300m swim – 16k bike – 3.5k run**

**Duathlon: 3.5k run – 20k bike – 5k run**

This will be a pool-swim event. The entire course is on base. The first 100 participants to register will receive a tech shirt. You can visit the race website at the following address; [www.geocities.com/airforcetriathlon1](http://www.geocities.com/airforcetriathlon1)

**If you want to participate, please visit [www.atlanticchip.ca](http://www.atlanticchip.ca) for registration.**

If you would like to volunteer for the event, please send your name and coordinates to Capt Choquette at 404 Squadron or at the following e-mail address; [dchucky@eastlink.ca](mailto:dchucky@eastlink.ca)



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## Annual Meeting Notice

### The Annual Meeting of the Kingston District Fire Commission

will be held on

**Tuesday, May 12th, 2009 at 7:30 p.m.**

**in the Kingston Fire Hall.**

- Presentation of Financial Statements for April 1/08 - March 31/09.
- Presentation of Budget for April 1/09 - March 31/10.
- Increase fire area rate from 5 cents to 6 cents per \$100 of assessment.
- Election of Commissioners.

All interested persons are invited to attend.

Marilyn Wilkins, Secretary/Treasurer  
Kingston District Fire Commission  
P.O. Box 528, Kingston, N.S. B0P 1R0

#### Kingston Fire Hall Rental

All enquiries re hall rental and use, please call 765-2358.

#### Allie Pierce Memorial Award

Students graduating from Middleton Regional High School and West Kings District High School going on to further studies and residing in the Kingston Fire District may apply for the Allie Pierce Memorial Award. Information can be obtained by calling 765-8158 or emailing [mwilkins@ns.sympatico.ca](mailto:mwilkins@ns.sympatico.ca).

# You AUTO KNOW

## ~ Nitrogen Tire Inflation ~

Nitrogen is all around us, says Jim Luddington, Service Manager for Canadian Tire Greenwood. When used to replace oxygen and other gases in tire inflation, it enhances handling, improves fuel efficiency, extends tire life, protects the Earth and, most importantly, keeps you safer on the road.

By reducing the percentage of oxygen, water vapour and other gases in your tires for 22% to 7% or lower, your tires will maintain proper pressure longer than if you use "plain old air." For example, with 95% nitrogen in your tires, they retain optimal pressure three to four times longer, states Jim.

Proper tire pressure is a big deal. Maintain it with nitrogen, and you will see these **three primary benefits**:

- Increased Fuel Efficiency - Correct tire pressure keeps the manufacturer's recommended "contact Patch" on the road. This lessens the rolling resistance and maximizes fuel efficiency.
- Longer Tire Life - When it

comes in contact with other materials, oxygen causes oxidation. Oxidation can make rubber brittle and cause it to lose tensile strength. In addition, at high temperatures and pressures, oxygen reacts and damages inner tire liners and belt packages; and nitrogen does not.

- Increased Safety - Under-inflated tires cause 90% of blowouts. Nitrogen provides more reliable pressure for reduced blowout potential.

#### Other Benefits:

- Improved TPMS Performance - If you have a new car, you likely are plagued by a flashing light telling you your tire pressure is low. For example, one woman's light was going off every four to five weeks. After inflating with nitrogen, her

light did not reappear for 53 weeks!

- More Predictable Pressure Fluctuation - NASCAR teams use nitrogen so they can more accurately predict tire pressure fluctuation. Regular compressed air can fluctuate considerably when water vapour is present.
- Longer Rim Life - Rim rust caused by condensation from water vapour and other gases can get caught in valves and create slow leaks in tires. Nitrogen is completely dry, so it eliminates the potential for condensation.

#### Who Else is Using Nitrogen?

- NASCAR
- Commercial Airlines
- Canadian Government
- Food Processors and Packagers

**For more information on Nitrogen Tire Inflation call 765-6337 and ask for Jim.**



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Front end Alignment Reg. 59<sup>99</sup>

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**This week only, the whole package** Reg. 129<sup>99</sup> **Now 99<sup>99</sup>**

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**THIS WEEK ONLY RECEIVE THE WHOLE PACKAGE**

Reg. 129<sup>99</sup> **Now 99<sup>99</sup>**

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Greenwood Location Only See Store for Details Exp. May 11, 2009



# International Students Visit 14 Wing Greenwood

By Captain Scott Spurr and one chaperone from  
A group of eleven students Barranquilla, Colombia vis-

ited 14 Wing Greenwood for a tour on Wednesday, April 22, 2009. The students were taking part in the Nova Scotia International Student Program with the Annapolis Valley Regional School Board (AVRSB).

The six week program started for the students around the first of April and they will be leaving to go back to Columbia on May 9. The students were being hosted by various families throughout the local community with some of them attending the West Kings High School and the Pine Ridge Middle School.

The program was a unique opportunity for the students to attend a Canadian school each day which allowed them to experience our culture and of course practice their English skills.

The tour of the Wing included a stop at the museum and a tour of 413 (Transport & Rescue) Squadron where the students got to see a CH-149 Cormorant helicopter and a C-130 Hercules plane close up. One of the highlights of the tour was the viewing of the Silver Dart replica that ac-



**Students from Barranquilla Colombia taking part in a 6 week cultural experience as part of the Nova Scotia International Student Program, visit the 14 Wing Aviation Museum. Each of the 11 students and one teacher are boarding with a different Canadian family from the Kingston, Greenwood area. The students range between grades 6 to 10.**

(Photo by: Private I Thompson, Image Tech, 14 Wing Imaging)

tually flew in Baddeck, Nova Scotia on February 22, 2009. The original flew one hundred years ago and was the first heavier than air machine to be piloted in Canada. Like many Canadians that have seen the replica, the students were also

amazed that anyone could actually fly the machine!

The students will be shortly returning home to their native country and according to their chaperones they thoroughly enjoyed the tour and a chance to view

some of what the Wing does and a bit of the history of Canada and the Air Force.

For more information on the program, contact the local short-term coordinator for the AVRSB, Kara Colburne at (902) 844-0520.

## ~ Obituary ~

### CLOUTIER, Joseph "Yvon" Robert

CLOUTIER, Joseph "Yvon" Robert - 72, of South Farmington, passed away Thursday, April 23, 2009 in Valley Regional Hospital, Kentville. Born in Drummondville, Quebec, he was a son of the late Adeodat and Angeline (Cloutier) Cloutier. Yvon retired after 26 years as a safety technician with the Royal Canadian Air Force. He was a beloved husband, father and grandfather. Yvon is survived by his wife the former, Jessie Weir; sons, Martin (Serena), South Farmington; Thomas (Tracy), Waterloo, ON; sisters, Gisele, Denise, Suzanne, Joslyne, Mariette, all of Drummondville, Quebec; brothers, Jean Guy, Gilles, Denis, Alain, Richard all of Drummondville, Quebec; grandchildren, Samantha, Myles, Ryan, Jordan, MacKayla, Eric and Kian. He was predeceased by infant sister Gisele and daughter, Christine. Cremation has taken place. A memorial service will be held 3:00 p.m., Sunday, April 26, 2009 in the Middleton Funeral Home, 398 Main Street, (902) 825-3448. Rev. Bill McLeod officiating. A reception for family and friends will follow the service. Private family interment will be in Church Grove Cemetery, Melvern Square. By request, family flowers only. Donations in memory may be made to Valley Regional Hospital - ICU, Kentville; Fidelis House, IWK Health Centre. Online condolences may be made through: [www.middletonfuneralhome.com](http://www.middletonfuneralhome.com)



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765-1494, ext. 5821, or check our website

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# Local band One Step Closer to Opening for KISS

**April 21, 2009- KINGSTON, NS** - One of the youngest bands to ever come from the Annapolis Valley, Ecö-Shöck (Eee-Ko-Shock), is one step closer to opening for KISS in Halifax on July 18.

Ecö-Shöck has opened for such well-known bands as Much Music's, "Ten Second Epic". More recently, performing songs from their self-titled album, Ecö-Shöck was chosen by Valley's Smoking' Entertainment as the opening act for Guitar Hero III's "Priestess" and ECMA's

"Iron Giant." The performance took place at the Halifax Pavilion on Saturday, only a few metres away from the Halifax Commons – the site of this summer's KISS concert – and marked a huge leap for the band.

Their next big goal is to open for the rock and roll icons this summer. They hope Gene Simmons will recognize their young, raw talent and will sign them to Simmons Records.

Ranging in age from 14-16, Ecö-Shöck's rise to popularity in only 18 short

months has a lot to do with their growing local fan base and love of bringing 'real' music back to teens. Ecö-Shöck hopes to change the outlook and sound of popular music with their unique brand of rock 'n roll/metal music.

On their debut album, the song, "Veteran" was written to remind teens of the sacrifices Canadian Troops have made for our freedom. Even songs like, "I'll Arrive" is a softer instrumental with a slight Celtic influence.

With Adam Clarke and Lucas Bowlby on split vocals and lead guitars, Andrew Nickerson booming away on bass, and Jake Gracie, slamming the drums, you can say these guys have the talent to make their mark in the music industry along with the giants.

After opening for a KISS Cover Band last December, Ecö-Shöck is now ready for the real thing!

Fans can find them at <http://www.myspace.com/ecoshockrocks>.

## 14 Wing Community Common Area Spring Clean-up

### Date Correction

By: Capt Keith Cusson – 14 Wing Housing Committee Chair

From the article that ran in the April 17<sup>th</sup> edition of The Aurora Newspaper note: The date May 21<sup>st</sup> has been added under the heading:

**So What To Do With HHW? - Part 2** will take place **9:00 a.m. on May 21**, in dress of the day, or comfortable civilian attire, as appropriate. Thanks in advance for all your support.



**THE MUNICIPALITY OF THE COUNTY OF KINGS**  
87 Cornwallis Street PO Box 100  
Kentville, NS B4N 3W3

### REQUEST FOR PROPOSALS

#### G.I.S. Data Development Aldershot Sewage & Water Systems

The Municipality of the County of Kings' Engineering and Public Works Department requires services from a qualified consultant to conduct field surveys to collect spatial and non-spatial attributes of the infrastructure making up the Aldershot Sewage System in North Kentville/Centreville, N. S. This project is intended to aid in updating the Municipality's Geographic Information System.

Sealed two-envelope format Proposals will be received up to **2:00 p.m. Thursday, May 14, 2009**. Specifications are available at the office of the Department of Engineering and Public Works, 87 Cornwallis St., Kentville, N.S. from Monday to Friday between the hours of 8:30 a.m. and 4:30 p.m. Any questions or correspondence regarding the proposal may be addressed to the undersigned.

Monica Beaton, GIS Technician  
[mbeaton@county.kings.ns.ca](mailto:mbeaton@county.kings.ns.ca)

Tel: (902) 690-2452 Fax: (902) 679-0911  
Local from Kingston & Greenwood (902) 847-3051  
[www.county.kings.ns.ca](http://www.county.kings.ns.ca)

### 14 Wing Library

## BOOK SALE

Hard covers ~ \$1.00

Paperbacks ~ \$0.25

Located at AVM Morfee Centre, School Street • 765-1494 Loc. 5430

### Annuals • Perennials Trees and Shrubs

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## GMFRC • Feature of the Week

### Children and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at [kim.dixon@forces.gc.ca](mailto:kim.dixon@forces.gc.ca)

### Children's Deployment Support Group

**Monday, May 11<sup>th</sup>, 2009**

**6:00 p.m. – 8:00 p.m.**

**GMFRC**

**FREE**

**Registration deadline: Thursday, May 8<sup>th</sup>, 2009**

Children attending the GMFRC Children's Deployment Support Group meet monthly to share our deployment experiences as children & youth with each other in a relaxed and fun environment. Our program is developed for children & youth, who have a parent(s)/caregiver(s) currently deployed, or who have experienced a deployment in their family with in the past six months. The goal of our group is to provide opportunities for children & youth to connect with others who are also experiencing a deployment in their family. Parents are not required to stay for these meetings, however are welcomed to attend our Adult Deployment activity that is offered during the same time as the Children's Group. Please contact Paula Davison, our Coordinator of Deployment Services at local 5583 for information on this activity. If you would like to register your child/youth for our group, please contact our receptionist at local 5611.

## HAVE YOU BEEN POSTED?

Please RETURN  
14 WING'S LIBRARY  
BOOKS,  
to the LIBRARY  
BEFORE you LEAVE.

**THANK YOU!**

## West Kings PTSA Golf Tournament

**When:** Friday, 15 May 2009  
Registration/Photos at 8:00 a.m.  
Tee Off at 9:00 a.m.  
**Where:** 14 Wing Greenwood Golf Club  
**Who:** The first 32 teams to register  
**Cost:** \$350 per team of 4

**Proceeds to support School Enhancement Project**

**Highlights:**

- 4 Person Scramble Format
- Many Prizes and Draws!
- Longest Drive - Men and Women
- Two \$10,000 Hole-In-One Chances
- Closing BBQ
- Refreshments

For more information, or to register your team,  
contact West Kings District High School at  
847-4440



**CFS Alert / SFC Alert.**  
(credit/source: Sgt Guy Tardif)



## On top of the world:

# Air Force Becomes Command Authority for CFS Alert

**By: Stela Susic - D Air PA**

Responsibility for Canadian Forces Station Alert—the most northern, permanently inhabited location in the world—changed hands on April 1, 2009.

The station, previously under the control of the Assistant Deputy Minister Information Management (IM) group, became an Air Force component and unit of 8 Wing Trenton, Ontario.

"We are pleased to receive command of CFS Alert," said David Strong, an infrastructure and projects officer with the Alert Management Office at 1 Canadian Air Division. "There are new ideas and new initiatives planned, so we look forward to seeing how things will evolve in the next few years."

The station's personnel gather signals intelligence in support of military operations; operate and maintain radio facilities in support of search and rescue and other operations, and provide support to Environment Canada weather services and Arctic researchers.

The handover of command authority comes on the heels of equipment and process modernization at the station. The modernization reduced the number of personnel needed to manage the station, causing a swing in the balance of activity.

"As technology advanced, operations at Alert started being done remotely," said LCol Stewart Beal from the Directorate of Air Programmes at the Air Force. "Now we're at a point where most of the military personnel at Alert are support personnel."

As a result, logistics support

that was already being provided by the Air Force became the station's focal area of activity, demanding a formal shift in command authority.

Currently, Alert has 55 personnel: 21 are military, 30 are commercial contractors, and four are Environment Canada employees.

The transfer of command includes the handover of certain responsibilities from the IM group to the Air Force. Tasks that now officially fall under the purview of the Air Force include the operation of the station, military facilities and equipment; and management of all agreements, contracts and policies associated with Alert.

CFS Alert is located on the northeastern tip of Ellesmere Island in the Canadian Arctic archipelago, 817 km from the geographic North Pole. It was first settled in the 1950s as a weather station.



## THE MUNICIPALITY OF THE COUNTY OF KINGS

87 Cornwallis Street PO Box 100  
Kentville, NS B4N 3W3

### NOTICE

#### GREENWOOD WATER UTILITY – FLUSHING OF HYDRANTS

The Municipality of the County of Kings' Department of Engineering and Public Works wishes to advise customers of the Greenwood Water Utility that water mains and fire hydrants will be flushed from May 4th to May 22nd between the hours of 8:30 a.m. to 4:30 p.m.

Customers may experience low water pressure or discolored water during this time. Customers should flush their own lines by allowing the water to run until clear.

Flushing of the water system is conducted twice each year to maintain water quality in the utility's piping.

The Municipality apologizes for any inconvenience this may cause.

Satu Peori, Operations Manager  
speori@county.kings.ns.ca

Tel: (902) 690-6195 Fax: (902) 679-0911  
Local from Kingston & Greenwood (902) 847-3051  
www.county.kings.ns.ca

## Heading to Esquimalt?

Registration  
is Filling  
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## Wing Personnel Selection Office Announcement



## SCAN TRANSITION & MEDICAL SCAN SEMINARS

19 - 20 May SCAN Seminar  
20 - 21 May Medical SCAN

Birchall Training Centre Theatre

SCAN Seminars assist members and their families in planning, preparing and achieving their personal and professional transition to the civilian environment. Members are strongly encouraged not to wait until their last year of service to attend a SCAN Transition Seminar but to attend one at the mid-point of their career and then again prior to release to gain any updated information.

Deadline for Registration is 12 May 2009

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'Canadians would be well-advised to heed his warning on how to survive the economic collapse....scarily bang-on' - *Canadian Press*

### Topics covered in this important free presentation

- Are we headed for a depression
- The forecast for real estate, stocks in 2009
- How to turn panic into opportunity
- How to guard your money in turbulent times

Garth Turner predicted the housing collapse in his book "Greater Fool." His new book, "After the Crash" is causing a sensation.

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# 7<sup>th</sup> Annual Communication & Electronics Golf Tournament

The 7<sup>th</sup> Annual Atlantic Region C&E Golf tournament will be held this year from 18-19 Jun 2009. A four-person scramble format will be used with the first round being played at the beauti-

ful Berwick Heights golf course and the second round at the Challenging Greenwood Golf Club. The tournament is shaping up to be one of the best ever with great food, prizes and

entertainment. You can sign up individually, a partial team or a complete team of four. Maj. Steven Wood 14 WTISO would like to extend a personal invitation to all former members of the

C&E branch, business associates and any affiliates interested in joining our Squadron for two fun filled days. This is a great opportunity to get re-acquainted with old friends

and perhaps make some new ones. For more information you can contact the Tournament Chairman Cpl David Cleghorn 902-765-1494 ext. 3556 or Tee Master MCpl Jessy

Trepanier 902-765-1494 ext. 5272. For additional tournament information, to register or to browse pictures from previous tournaments please visit our website: [www.wtiso.ca](http://www.wtiso.ca)

## You're Government of Canada Workplace Charitable Giving Pledges at Work

By: Louis Brill, President and CEO of the Lung Association of Nova Scotia

The Lung Association of Nova Scotia is proud to be a benefactor of the Government of Canada Work Place Charitable Giving Campaign under the Healthpartners umbrella.

Your Lung Association is the advocate for lung health in Nova Scotia. Our job is to proactively monitor the community and find gaps in the prevention, treatment and management of lung disease, and to actively deliver services and programs where we can be of service. While the doctors, respiratory therapists, and hospitals treat the individual, we look at lung health from the entire community's point-of-view. We are here to support individuals and help them find the right people to care for their health. But we also help entire groups and communities of people suffering lung related disorders in many ways, including funding research, developing programs and offering services related to a wide variety of lung diseases.

Your donations have helped the young woman who calls our Asthma Action Helpline in search of answers for her child's asthma. You've helped the older gentleman cope with his new diagnosis of chronic obstructive pulmonary disease. And you've helped the teenager who was looking for ways to deal with peer pressure around smoking. Through the support of your Government of Canada Workplace Charitable Giving pledges the Lung Association of Nova Scotia is a life-

changing resource for thousands of Nova Scotians.

In 2009 The Lung Association of Nova Scotia introduced *Asthma Aware* is a new training program for adults who have children in their care. Similar to a first aid or CPR training program, *Asthma Aware* will give minor sports coaches, teachers and others the "need to know" information required to prevent or support a child's asthma flare-up, before it becomes a serious asthma attack. This program will give adults the confidence they need to encourage a child with asthma to play, and the child the confidence and freedom to play, knowing there is a supportive adult nearby.

In December 2008, The Lung Association of Nova Scotia was instrumental in successfully advocating for financial assistance for those who must relocate out of province for medical treatment, including lung transplants. In partnership with our provincial government, your contributions gave The Lung Association of Nova Scotia the resources to lead the way to **national, unprecedented support for lung transplant patients. A first in Canada!**

These are just a few examples of the many ways The Lung Association of Nova Scotia puts your donations to work to make lasting, effective and meaningful contributions to the lives of thousands of Nova Scotians with lung disorders.

### Ways That You Can Help Prevent Lung Disease

1. **Don't Smoke**
2. **Avoid lung hazards.** Protect yourself from air pollution

indoors and outdoors.

3. **Recognize the warning signs of lung disease.** Chronic cough, chest pain, shortness of breath, wheezing, coughing blood, chronic mucus production and chronic fatigue are not normal, see your doctor for prompt attention.
4. **Know the symptoms of asthma,** especially wheezing and chronic or nighttime cough. See your doctor for prompt attention. Call the Asthma Action Helpline at 1-888-344-5864 and speak to one of our certified asthma educators.
5. **Get involved!** Join the Credit Union Atlantic Lung Run
6. **Ask your healthcare provider about a flu or pneumonia shot.**
7. **Lead the way.** Your best bet for preventing lung disease is by teaching children to grow up smoke-free and by modeling that behaviour.
8. **Protect your family** by encouraging exercise, eating right and keeping your home free of respiratory irritants.

For more information on please visit [www.lung.ns.ca](http://www.lung.ns.ca).

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## Employment Opportunity Offre d'emploi

**COMPETITION NUMBER:  
GRD 09-018**

This Category I position is open to all interested parties.

### Recreation Counsellors

Non-Public Funds  
Personnel Support Programs  
Community Recreation  
14 Wing Greenwood  
Temporary Full Time Position

Under the supervision of the Community Recreation Coordinator, the Recreation Counselor assists with the operation of the summer recreation program by conducting daily programs and activities. He/she monitors the children to ensure safety and inspects equipment and facility. He/She also assists with registration, advertising, purchases and preparation of clinics.

#### Qualifications:

- High school diploma AND some years experience in a related field experience. OR
- An acceptable combination of education, training, and experience will also be considered. AND
- Current CPR and Basic First Aid Qualifications

**Language requirement:** English essential, bilingualism (French / English) an asset.

#### KNOWLEDGE REQUIREMENTS

- of summer recreation programs
- of health and safety practices
- of group dynamics
- of injury prevention

#### EXPERIENCE REQUIREMENTS

- in working with children
- in leading children activities
- in ensuring safety protocols and procedures
- in using software for word processing, spreadsheets, presentations, databases, e-mail and Internet browsing

**SALARY:** \$8.91 - \$9.83/h

Successful candidate will be prepared to commence employment as soon as possible.

NPF employees must demonstrate the following core characteristics: team player, customer focus, positive attitude, excellence, and competence.

NPF is committed to Employment Equity and Diversity and invites applications from Women, Aboriginal People, Persons with Disabilities and Visible Minorities.

To receive this job poster in an alternative format, please contact the NPF Human Resources Manager.

Eligible candidates should submit a resume clearly outlining their ability to fulfill all position requirements by mail to: NPF Human Resources, 14 Wing Greenwood, PO Box 5000, Stn Main, Greenwood, NS B0P 1N0, or by fax (902)765-1778 or by email at chubbs.margie@cfpsa.com or online at www.cfpsa.com. Applications must be received before 1600 hrs 15 May 2009.

Please note that only those candidates selected for further consideration will be contacted. If you have special needs and require accommodation measures for the selection process, please notify the NPF Human Resources Manager at that time.

**Numéro de concours : GRD 09-018**

Toutes les personnes intéressées peuvent postuler ce poste de catégorie I.

### Conseillères ou conseiller de loisirs

Fonds non publics  
Programmes de soutien du personnel  
Loisirs communautaires  
14<sup>e</sup> Escadre Greenwood  
Poste à temps plein temporaire

Sous la surveillance du coordonnateur des loisirs communautaires, la ou le titulaire du poste participe au déroulement du programme de loisirs d'été en dirigeant les activités et les programmes quotidiens. Elle ou il surveille les enfants afin d'assurer leur sécurité et inspecte le matériel et les installations. Elle ou il apporte aussi son aide pour l'inscription, la publicité, les achats et la préparation des cours pratiques.

#### Qualification

- Diplôme d'études secondaires ET quelques années d'expérience dans un domaine connexe. OU
- Une combinaison acceptable d'études, de formation et d'expérience sera aussi considérée. ET
- Certificats valides de RCR et de secourisme élémentaire

**Exigences linguistiques :** L'anglais est essentiel et le français est considéré comme un atout.

#### Connaissances requises

- des programmes de loisirs d'été
- des pratiques relatives à la santé et la sécurité
- de la dynamique des groupes
- de la prévention des blessures

#### Expérience requise

- du travail avec des enfants
- de la direction d'enfants dans le cadre d'activités
- de l'application des protocoles et des procédures de sécurité
- de l'utilisation de logiciels de traitement de texte, de tableur, de présentation, de base de données, de courriel et de navigation dans Internet

**Rémunération :** 8, 91 \$ – 9,83 \$ /h

La candidate ou le candidat retenu doit être prêt à entrer en fonction dès que possible.

Les employés des FNP doivent mettre en évidence les qualités fondamentales suivantes : esprit d'équipe, accent sur le client, attitude positive, excellence et compétence.

Les FNP souscrivent au principe de l'équité en matière d'emploi et de la diversité, et invitent les femmes, les Autochtones, les personnes handicapées et les membres des minorités visibles à poser leur candidature.

Pour obtenir cet avis de concours dans un média substitut, veuillez communiquer avec le gestionnaire des ressources humaines des FNP.

Les personnes admissibles doivent soumettre leur curriculum vitae décrivant clairement leur capacité de répondre à toutes les exigences du poste par courrier à : Bureau des ressources humaines des FNP, 14<sup>e</sup> Escadre Greenwood, C.P. 5000, succursale Main, Greenwood (Nouvelle-Écosse) B0P 1N0, par fax au (902) 765-1778; ou par courriel à l'adresse chubbs.margie@aspc.com elles peuvent aussi postuler en ligne à www.aspc.com. Les candidatures doivent être reçues avant 16 h le 15 mai 2009.

Veuillez noter que nous ne communiquerons qu'avec les personnes convoquées à une entrevue. Si vous avez des besoins spéciaux et nécessitez des mesures d'adaptation dans le cadre du processus de sélection, veuillez en aviser le gestionnaire des ressources humaines des FNP à ce moment.

# Au sommet du monde : la Force aérienne devient le pouvoir de commandement pour la SFC Alert

Stela Susic - DAP AirLa responsabilité pour la Station des Forces canadiennes Alert – le lieu habité en permanence le plus au Nord du monde – a changé de mains le 1er avril 2009.

La station, auparavant sous l'autorité du groupe du Sous-ministre adjoint (Gestion de l'information), est devenu une composante de la Force aérienne et une unité de la 8e Escadre Trenton, en Ontario.

« Nous sommes heureux de recevoir le commandement de la SFC Alert », a déclaré David Strong, un officier de l'infrastructure et des projets au Bureau de direction d'Alert à la 1re Division aérienne du Canada. « Nous avons prévu des idées et des initiatives nouvelles. Nous avons donc hâte de voir comment les choses vont évoluer au cours des prochaines années. »

Le personnel de la station recueille des renseignements

d'origine électromagnétique à l'appui des opérations militaires, exploite et entretient des installations radio pour soutenir notamment les opérations de recherche et de sauvetage, et fournit du soutien aux services météorologiques d'Environnement Canada ainsi qu'aux chercheurs dans l'Arctique.

La passation du pouvoir de commandement se produit peu après la modernisation de l'équipement et des processus à la station. La modernisation a permis de réduire le nombre de membres du personnel nécessaire pour gérer la station, ce qui a causé un changement dans le reste des activités.

« À mesure qu'a avancé la technologie, les opérations à Alert ont commencé à être effectuées à distance », a indiqué le Lcol Stewart Beal, de la Direction – Programmes

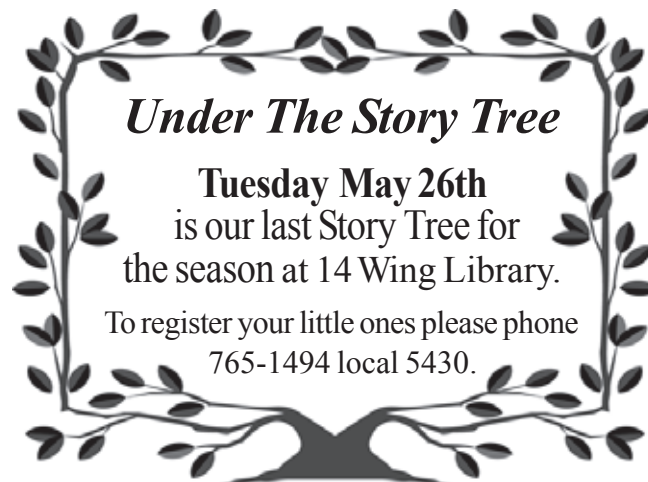
(Air) de la Force aérienne. « Nous sommes maintenant à un point où la plupart du personnel militaire à Alert est du personnel de soutien. »

En conséquence, le soutien logistique qui était déjà fourni par la Force aérienne est devenu le secteur d'activité central, ce qui a exigé un changement officiel du pouvoir de commandement.

Actuellement, il y a 55 personnes à la station Alert : 21 militaires, 30 entrepreneurs commerciaux et quatre employés d'Environnement Canada.

La passation de commandement comprend le transfert de certaines responsabilités du groupe de GI à la Force aérienne. Les tâches qui relèvent maintenant officiellement de la compétence de la Force aérienne comprennent les opérations de la station, les installations militaires et l'équipement ainsi que la gestion de toutes les ententes, de tous les contrats et de toutes les politiques liées à Alert.

La SFC Alert est située à l'extrémité nord-est de l'île d'Ellesmere dans l'archipel arctique du Canada, à 817 km du pôle Nord géographique. Elle a été établie pour la première fois dans les années 1950 en tant que station météorologique.



## CUCINA AURORA



### Unbelievable Hotdogs

1/2 cup chili sauce  
1/2 cup grape jelly  
1 tablespoon prepared mustard  
1 package hotdogs - (12 ounces)

In a sauce pan combine chili sauce, jelly and mustard.

Heat mixture stirring occasionally to blend ingredients. Cut franks into 1/2" diagonally slice pieces.

Add to warm mixture.

**Make a Difference  
RECYCLE**

This newspaper can be recycled through the recycling program at 14 Wing Greenwood, curb side collection programs or at your nearest Enviro Depot. Contact the Environment Office, at 14 Wing Greenwood 765-1494 ext. 5367

## EAP

Employee Assistance Program

When you need someone to talk to, call:  
**Al MacDonald ..... 1532**  
**Wayne Atwater ..... 5567**  
**Darlene Richards .. 3119**  
**Debby Benda ..... 3340**



# For the Birds

By: Patrick Giffin

Along the Fundy Shore, from Morden to Cottage Cove, Gary Myers and Roger Short saw 31 different species: highlights were Northern Gannets, in flight, Common Eiders, Red-breasted Mergansers, Black, Surf and White Wing Scoters, a Black Guillemot and Loons at Margaretsville, Harlequin Ducks at Port George, Brant Geese and an Immature, Bald Eagle at Mosher's Corner. Gary suggested that the male, Northern Cardinal that has been at their feeders, as well as, Roger and Gwen Short's feeders in Morden is very likely the same individual. Photos of Gary's sightings are at: [http://www.pbase.com/fundybayman/birds\\_and\\_other\\_wildlife](http://www.pbase.com/fundybayman/birds_and_other_wildlife).

Ted Kajdas wrote: "Opened the camp and filled the bird feeders after a 5 month absence; didn't take any length of time for the feathered friends to arrive: Hooded Mergansers, Dark-eyed Juncos, Chickadees, White-breasted Nuthatches, Blue Jays, Purple Finches (m,f), Downy WP, numerous A. Robins feeding along the shoreline, 1 A. Crow. Despite high water and cold water temperature a large hatch of stick caddis was present during the warm afternoons."

In Margaretsville, at 0930 24Apr09, Helen Sharp was delighted to see an Indigo Bunting at her feeders. Helen noted that she had last seen an Indigo Bunting on her property 29May2001. Very strong southerlies with eastern and western components likely brought Helen's Bunting along with Rose-breasted and Blue Grosbeaks that were reported elsewhere in our province. Jackie and Ron Clements, sighted a male, Indigo Bunting at their feeders in Shady Rest Subdivision; Jackie wrote: "Sightings at 9:21am on the 27th along with the finches (AGF&PF); he returned about 15 minutes later and fed again. Each time he may have stayed for 5 minutes." In Nictaux, Debbie Baldwin wrote, "I had an Indigo Bunting in my yard for the afternoon at 9395 hwy#10, Nictaux." Subsequently, Debbie saw two buntings at her feeders.

In Torbrook Mines, Arthur Uhlman has been rewarded for his years of patiently waiting, not just one but two of his nest boxes have been occupied 1 by a Wood Duck and another box has been claimed by a Barred Owl! Congratulations Arthur! Everyone is hopeful that successful broods will result from this very private, first class, accommodation.

A famous golfer reported: "2 years ago I saw an eagle breaking off, then flying away with dead branches from a pine tree at KenWo." Based on further reports from fellow golfers, he is aware that an Eagle's nest is established not far from the clubhouse. He wrote: "I was on the course yesterday and saw an eagle being harassed by a Merlin. We have seen that on several occasions in the past as well. I can say that eagles have not nested on the course for 30 years but they have frequently been around." Barbara and I recently spent the day in the LRYC boatyard where a pair of Merlins were being very vocal and in pursuit of trespassing songbirds.

Near Brian Wilkin's home, just east of Kingston, 100's of A. Crows have been taking turns harassing a Great Horned Owl. Recently, Barbara and I watched a pair of Blue Jays attacking a Raven. Perhaps the Raven was too close to the Jay's nest, or had already raided their nest. Later at home, I could hear a noisy flock of crows; going out for a look, I saw several crows and at least 3 ravens chasing each other in and out of the large pine, maple and oak trees on and near our property: possibly a territorial dispute. Thankfully the Northern Flickers continue their effort to control the ant population in our yard.

The Cedar Waxwing (CW), rescued, from the jaws of a cat by Jennifer Niemi is presently being cared for by Helene Van Doninck, DVM at the Cobequid Wildlife Rehabilitation Centre, RR#1 Brookfield, Nova Scotia. Helene reported: "it's going to be a time will tell thing with CW. He's very bright and is eating for me, but he's also very thin. I suspect he was thin when the cat got him and I also find people can underestimate the amount of food these birds can eat in captivity. On his left wing, at the tip/wrist, there is dried blood/damaged tissue and an area where the tips of his primary feathers are pulled out of the follicles and are resting on the top of the wing. These feathers are obviously no good but my concern is whether the tip/skin underneath is healthy or not. If it is, the damaged feathers will drop off and re grow. If it's not, there can be anything from non regrowth of feathers, up to and including the entire tip of the wing dropping off (this is obviously grounds for euthanasia). So, I'm trying not to disturb the area to give it the best chance for healing, but I suspect I will know better in the next few days." We are at 765-8688, [p\\_giffin@hotmail.com](mailto:p_giffin@hotmail.com).

## Mid-Valley After 5 Women's Connection Running Strong!

For those of you curious as to whom we are, you've likely attended one or more of our get-togethers at one point or another. Years ago, one of the groups met at the Middleton Fire Hall, among other locations, but then "hibernated" for a while. In 2006, the "Women's Club" re-established itself, this time taking place monthly at the Annapolis Mess. We then moved to the Wilmot Community Centre and eventually to our present home at the Melvern Square Community Centre, where we normally meet on the second Thursday of the month, from 7:00 - 9:00 p.m.

The past few years have been most exciting, impressing and educating our guests with such features as the new Telegraph Tea Room in Melvern Square, Valley Waste/Recovery, local artists, fashion shows, and a guest night at which time the men were invited and treated to comedy, great music, and wonderful food.

Each evening begins with a feature and scrumptious desserts and tea/coffee/juice, followed by a motivational and interesting speaker. Door



prizes are also given out. Our next feature (May 14) is local teacher, Wendy Rodda, who will speak about TOPS (Taking Off Pounds Sensibly). Speaker, Heather Lemmon, will follow. Both of these ladies are sure to inspire us all!

For those of you who have never come out, or those of you whom we haven't seen in a while, please visit us again! We have some very exciting events planned for you! The cost is only \$6 for the entire evening. Reservations are recommended, but nobody will ever be turned away. Bring yourself or bring a friend or two. To reserve your spot, or to get on our mailing list, please contact:

Velma Journeay - 825-4747, or Charlotte Dove - 538-7547, [dcdove@eastlink.ca](mailto:dcdove@eastlink.ca).

(Affiliated with Stonecroft Ministries)



## SERVING THOSE WHO SERVE

### The Royal Canadian Legion Service Bureau Network

- Representation Services
- Advocacy
- Benevolent Assistance

The Legion Service Bureau Command Service Officers are here to serve members of the Canadian Forces, Veterans, RCMP members, and their families while representing their interests in dealings with Veterans Affairs Canada (VAC) and the Veterans Review and Appeal Board (VRAB) in claiming disability benefits under the Pension Act or the New Veterans Charter.

The Legion professional Service Officers, whose role is mandated through legislation, provide representation services, advocacy and benevolent assistance FREE OF CHARGE, whether or not you are a Legion member. Visit [www.legion.ca/ServiceBureau](http://www.legion.ca/ServiceBureau).



**WE CARE!**

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## ~ NOTICE ~



## VILLAGE OF GREENWOOD

### ANNUAL GENERAL MEETING

The Chairman of the Village Commissioners of Greenwood gives notice that the village commissioners have called for the **ANNUAL GENERAL MEETING OF THE ELECTORS** to be held at the Greenwood Civic Building, RCAFA hall, 904 Central Avenue, Greenwood on **Tuesday the 12<sup>th</sup> day of May, 2009 at 7:00 p.m.**

#### AGENDA

- Review of Financial Statements and Auditors Report for 2008-2009
- Presentation of Village Budget for 2009-2010
- Chairman's Report
- Election of two commissioners for (3)year term
- New Business

Note; Nomination papers have been filed for one commission position, nominations from the floor will be called for the second commission position. **ALLELECTORS ARE ENCOURAGED TO ATTEND.**

Marian Elsworth  
Clerk-Treasurer



# 14 Wing Library - Serving Those Who Read!

By Judy McCool and Liz Tappen, AVM Morfee Centre,  
Greenwood 765-1494, local 5430

Hello from your local library. May is here and so is the spring weather – Hooray! Special days are Mothers Day on May 10<sup>th</sup>, Nurses Day on May 12<sup>th</sup>, and Victoria Day on May 18<sup>th</sup>. A reminder that the library will be closed on Sunday May 17<sup>th</sup> and Monday May 18<sup>th</sup> to celebrate the Victoria Day holiday.

**Happenings:** The Reading Challenge was a huge success

## EMPLOYMENT OPPORTUNITY Greenwood Military Family Resource Centre



### Coordinator of Employment and Education Services

One Year Term Position  
(maternity/parental leave)

The Coordinator is responsible for the employment, education, and personal development needs of military families. The Coordinator's primary tasks are assessment/assistance with individuals seeking employment or career path direction; and, to offer personal development workshops. This position is also assigned as the GMFRC's Information Technology (IT) representative.

The Coordinator is responsible for developing, coordinating, & delivering personal development programming to improve military families' personal skills and quality of life, as well as assist families with integration into their new community.

**Probationary Period:** 3 months  
**Responsible to:** Executive Director

#### QUALIFICATIONS REQUIRED:

##### Education:

- Undergraduate degree in Social Sciences, Business Administration, or Education.

##### Experience:

- Five years experience in program development, management, & administration.
- Minimum of two years experience in the Career Development field is a must.
- Experience in group facilitation and training, as well as one-on-one assessment.
- Advanced ability to work independently and as part of an interdisciplinary team.

##### Other:

- Ideal candidate is bilingual.
- Excellent verbal and written communication skills.
- Excellent organizational skills.
- Sensitivity and tact in dealing with people.
- Emphatic understanding of the employment difficulty faced by civilian spouses of military members.
- Clear understanding of the Community Development process.
- Knowledge of Adult Education principles.
- Working knowledge of community resources in the catchment area.
- Awareness of Risk Management practices.
- Belief in the principle of volunteerism.
- Knowledge of Microsoft Office programs.
- Working knowledge of IT office requirements.

##### Hours and Salary

- 37.5 hours per week (occasional evening & weekend hours are required. Flexibility is a must.)
- Salary: \$33,000 annually

The successful candidate will be prepared to commence employment on 29 June 2009.

There will be a one-week paid training requirement June 15<sup>th</sup> to 19<sup>th</sup>.

Must complete a Child Abuse Registry Check, Criminal Record Check, and Enhanced Reliability Check.

Eligible candidates should submit by fax, mail, or email a cover letter and resume clearly outlining their ability to fulfill all position requirements, on or before 4:00 p.m. on Wednesday, May 20<sup>th</sup>, 2009 to:

Margaret Reid, Executive Director  
Greenwood Military Family Resource Centre  
PO Box 582, Greenwood, NS, B0P 1N0  
email: [margaret.reid@forces.gc.ca](mailto:margaret.reid@forces.gc.ca)  
(MS Word or PDF format)  
fax: (902) 765-1747

Applications can also be dropped off at the GMFRC Front Desk. The GMFRC is located in the AVM Morfee Centre, School Road, in Greenwood.

Please note: Only candidates selected for further consideration will be contacted.

The Greenwood MFRC is committed to employment equity.  
You can read more about the GMFRC at: [www.greenwoodmfrcc.ca](http://www.greenwoodmfrcc.ca)

with over 80 participants, everyone enjoyed and there were many prizes to be won. We extend a big **Thank You** to the many sponsors who provided the great prizes for this event.

We are still selling tickets on our RCAF Tartan throw which was donated by a generous patron. It is on display at the front of the library along with tickets.

**DONATIONS** – Thank you to patrons who have donated books during the past month.

**OVERDUE BOOKS** – Please check under beds, on shelves and in closets for any borrowed books that you have **FORGOTTEN** to **RETURN** to 14 Wing Library as fines add up quickly!! Other patrons may like to read them too. If you are unable to come to the library personally, don't forget that there is a 24 hour drop box for your convenience.

**IF YOU HAVE BEEN POSTED: PLEASE RETURN YOUR LIBRARY BOOKS BEFORE YOU LEAVE!**

**BOOK SALE** – We have a large variety of **HARDCOVER NOVELS** at \$1.00 each. **PAPERBACKS** are only .25 cents and **CHILDREN'S** books are \$1.00 A BAG! They are added to weekly and are all worth checking out!

#### Library Hours\*

Monday 1:00 - 5:00 p.m. & 6:00 - 8:00 p.m.  
Tuesday 10:00 a.m. - 1:00 p.m. & 2:00 - 5:00 p.m.  
Wednesday 1:00 - 5:00 p.m. & 6:00 - 8:00 p.m.  
Friday 12:00 Noon - 4:00 p.m.  
Sunday 1:00 - 4:00 p.m. to May 31st  
\* Sunday CLOSED June 7<sup>th</sup> to mid September

\***Special Note** – “Under The Story Tree” story hour is held at 10:30 a.m. on Tuesdays. Story Tree will end May 26<sup>th</sup>, and will resume again after Wing Welcome.

**THANK YOU VOLUNTEERS!** – A very special thanks goes to all of our valuable volunteers who have been doing yeoman work these past few months in making the library a better place, everything from shelving books, constructing shelving to computer work. We enjoyed your company and a terrific meal at the Volunteers Reception at the Annapolis Mess. Merci beaucoup.

**BOOKS FOR MAY - Fiction:** *Blue Man Falling/ Frank Barnard; The New Year's Quilt/Jennifer Chiaverini; Pretend You Don't See Her/Mary Higgins Clark; Relative Hap-*

*piness/Lesley Crew; The Mirror of Worlds/ #2 Crown of Isles/ David Drake; Challenger's Hope/David Feintuch; Memorial Day/Vince Flynn; Hotel On The Corner of Bitter & Sweet/Jamie Ford; Fire & Ice/Julie Garwood; Gone Tomorrow/P.F.Kluge; Running Time/T.J.MacGregor; A Lion Among Men, #3 in series; A Darker Domain/Val McDermid; Mischief Becomes Her/Kasey Michaels; What I Did For Love/ Susan Elizabeth Phillips; Change of Heart/Jodi Picoult.*

**Non-Fiction** – *Fodor's Adventure Travel; London/Sean McLachlan; No Limits/Michael Phelps with Alam Abrahamson; GPS for Dummies; The Humming Bird Book/Donald & Lillian Stokes; Front Yard & Backyard Idea Book/Jenni Webber & Lee Ann White; Miracle Grow Encyclopedia of Plant Care; Audition/Barbara Walters; The Nature of Coyotes/Wayne Grady.*

**En francais** – *Ma vie en trios actes/Janette Bertrand; La nuit est mon royaume/Mary Higgins Clark; Deception Point/Dan Brown.*

**DVD** – Now and Then, Wind Talkers, Twilight

#### Library Services

14 Wing Library offers the community the following services: Free Book, Audio Books, Video (DVD & VHS) and Magazine Loans, Friendly Library Assistance, 24-Hour Book Drop, Phone Renewals, Community Computers, Internet Access and Printing, Photocopying and Faxing.

We have 3 community access computers – 2 with internet access and 1 for word-processing and soon-to-be installed library search engine. Computers are booked in ½ hour sessions on a drop-in basis or by phone reservation.

#### French language books

**DID YOU KNOW** that we have a large selection of **FRENCH** Fiction and Non Fiction for both adults and children?

#### Membership

A reminder to all, that 14 Wing Library is a public library open to military and civilians. Membership is free, but the benefits are priceless. We invite all our registered patrons to visit us and if you're not a member, drop in and sign up to enjoy your local library.

**Reading Opens Doors! So come and open the doors to 14 Wing Library.**

## ...let's talk about

Send your articles and photos to:  
[aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com)

# YOU

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of post-secondary  
education?

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Canadian Forces Personnel  
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# Green Thumbs!

Spring has finally sprung and the grass is turning a little green. Jane and Jack from Morfee Annex Preschool are giving the flowers a helping hand by starting them early in their classroom windows. Last week the boys and girls learned about, and discussed what it takes to help "Mother Nature" turn everything green in the spring.

Morfee Annex Nursery School is now registering children for their English and French Immersion Nursery and Preschool programs for Fall 2009. Space is getting limited, if you have any questions or wish to register please contact Maurina Duret at 765-1494 ext.5301.

## Watoto Children's Choir Visit the 14 Wing Bowling Centre

On Saturday morning 25 April 09 the Watoto Children's Choir from Uganda East Africa dropped by our Centre for a little bit of Recreation.

The Choir was in our region performing a series of live concerts and the organizers thought that Bowling would be a great way to spend few hours in between concerts so they dropped in for a few games.

Most of us from time to time have bowled a few games in our lives but the majority of these kids have never seen nor set foot in a Bowling Centre.

Well, from the smiles on their faces, all had a good time. We would like to thank the Youth Bowling for sharing the lanes with Children's Choir.

We would like to thank all those that bowled from the Watoto Choir for showing us how much fun the game of Five Pin Bowling really is.

For all the help and direction our own Chelsey Glover received great big thanks from the Watoto Choir as they sang her a song when they finished their visit.

Thanks to Carman Crockett and his organizers from the Trinity Pentecostal Church for set up the visit.



From the smiles on their faces, all had a good time.



# NOTICE

## VILLAGE OF KINGSTON ANNUAL GENERAL MEETING

KINGSTON VILLAGE COMMISSIONERS GIVE  
NOTICE OF THE ANNUAL GENERAL MEETING  
OF THE RESIDENTS OF KINGSTON, NS  
TO BE HELD:

PLACE: KINGSTON & DISTRICT FIRE HALL,  
SPARKY STREET, KINGSTON

TIME: 7:00 PM

DATE: WEDNESDAY, MAY 13, 2009



THE PURPOSE OF THE MEETING IS:


- COMMISSIONER'S REPORTS
- FINANCIAL REPORT
- RCMP REPORT
- ELECTION OF COMMISSIONERS
- PRESENTATION OF "VOLUNTEER OF THE YEAR" AWARD

.....

VILLAGE COMMISSION CHAIRMAN – STEVE NICKERSON


Greenwood Military Family Resource Centre  
present its






### 6th annual "Pamper-Me" Day

for woman of deployed families



Saturday, May 9th, 2009  
from 1:00 p.m. to 5:00 p.m.



You are invited to join us for a glorious afternoon at our

This will be a wonderful day set aside to honor the woman of deployed families.

We'll meet at GMFRC Classroom #1 & depending on which services you draw; you will be treated to a pedicure, henna tattoo, manicure, hairstyle, make-up etc. We're still working out the details but have no fear, this annual event has become one of our most popular, for very good reason.

We promise you'll leave feeling totally pampered & refreshed.

We at the GMFRC have a deep respect & appreciation for military families & want to give back - this annual gift to deployed families is one of the many ways we chooses to do this.

We'll have lots of decadent treats & gift bag draws as well.

It will truly be a special day!

We must limit the number of participants for this event so we only have one spot pre family; so sign up early to secure your spot. We will keep a waiting list.

Call 765-5611 to register by Tuesday, May 5th.

\* Free respite childcare from 9:00 a.m. to 6:00 p.m. is available at the GMFRC on this day so sign up your children when you register!



# Request to GMFRC Users!

Submitted by: **Annette Davidson, GMFRC Board of Directors Chairperson**

Hello families! The Board of Directors for the Greenwood Military Family Resource Centre would like to ask for your help. We are looking for success stories and experiences of users of our Centre. This year's AGM will be held on May 27 at 4:00 p.m. The theme is "Appreciation from the Families" and we would like to read out experiences, successes and positive thoughts from our users to our staff during the presentation. We also would like to invite families to come to this event and share their own heartfelt thoughts to the staff as to how they have touched their lives and helped them integrate into this wonderful community. If you have a story to share, please email the Board at: [gmfrboard@eastlink.ca](mailto:gmfrboard@eastlink.ca) or drop off your written statement to the front desk at the Centre. If you would like to be able to present your own appreciation sentiments, please include your name and phone number. Thank you for your participation and look forward to hearing from you!

# GMFRC 2009 Annual Youth Volunteer Recognition Dinner

Submitted by: **Janie Gagnon, Coordinator of Volunteer & Second Language Services, 765-1494 local 5938**

The GMFRC 2009 Annual Youth Volunteer Appreciation Dinner was held on Sunday, April 26<sup>th</sup>, 2009 at 2:00 p.m. at the Greenwood Military Family Resource Centre. We had a wonderful meal from Mimie's Pizza and each youth volunteer received a certificate of recognition along with a water bottle and a gift certificate.

The GMFRC is pleased to have the help and assistance of our registered youth volunteers who are always willing to help with special events, childcare,

face painting, Fun Sunday deployment activities, Valentine Cookie Grams fundraising, administrative office work and

much, much more...

Again, from all the GMFRC staff *thank you* for all that you do. We always appreciate

working with you.

Again, thank you for helping us help the community!  
Janie



(L-R):: Christopher Hiltz, Caelan Frampton, Angela Mackenzie, Ian Mackenzie, Corrine Sauvé, Janie Gagnon, Vincent Sauvé, Evan MacDonald, Samantha Rose, Natalie Arsenault).  
(Photo: Janie Gagnon)

**Present this coupon at the next Flyers Bingo Game and get**  
**\* BUY ONE - GET ONE FREE \***  
**Winner Takes all Game Card**

Monday, 11<sup>th</sup> May 2009 @ 7:00 pm (Limit one free coupon per Bingo Game)

**Centennial of Flight Committee's**

# Flyers Bingo

Monday, 11<sup>th</sup> May 2009, 7:00 PM  
 14 Wing Greenwood,  
 Annapolis Mess

- Admission
  - \$10.00 (2 books)
- For additional books
  - One for \$6.00
  - Two for \$10.00
- 15 Games
  - 50/50 Cash prizes
- 2 Wild Cards
  - One 50/50 Charity to "MFRC" Support the Troops Fund
  - One Jackpot Game "Winner Take-all"

B	I	N	G	O
24	37	48		
9	42	68		
6	28	60	75	
13	36	74		
18	31	56		

17 PRIZE GAMES

DOORS OPEN AT 6:00 PM  
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# GMFRC Annual Volunteer Recognition Dinner



**Submitted by: Jennifer MacLeod, GMFRC Program Support Assistant**

The GMFRC Annual Volunteer Recognition Dinner took place on Thursday, April 23<sup>rd</sup>, 2009. The event was held at the 14 Wing Annapolis Mess where the dinner tables were dressed in beautiful linens and the ambiance was just right. Thank you to the Annapolis Mess for providing a lovely buffet meal for all in attendance. The work that you put

into the preparation of the meal and helping set up the room is very much appreciated.

To our partners that attended to help recognize the GMFRC volunteers, thank you for helping make their night memorable. Once again SISIP has so kindly helped sponsor the dinner and we at the GMFRC are evermore appreciative for your ongoing support.

To our special guests of the night, the volunteers, thank you for what you

do for our community, for the centre, and 14 Wing. It has been a blessing to have you a part of the GMFRC team. The hours you give so freely and not ask for anything in return, does not go unnoticed. You see that there is a need within your community and you have answered the call, time and time again.

"Everybody can be great, because anybody can serve. You don't have to have a college degree to serve. You don't have

to make your subject and your verb agree to serve. You don't have to know the second theory of thermodynamics in physics to serve. You only need a heart full of grace. A soul generated by love." ~Martin Luther King, Jr.

If you would like more information on volunteering, please contact Janie Gagnon, Coordinator of Volunteer and Second Language Services at 765-1494, local 5938.



(Photos by: Michelle Thibodeau-Wagner)

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# German Navy Atlantique Visits 14 Wing

By: Captain Jeff Reeves

Some of you may have noticed a slightly different looking aircraft parked beside the Air Movements Unit building earlier this week. On Monday, April 27, 2009 in the afternoon, a German Breguet Br1150 Atlantique aircraft arrived at 14 Wing Greenwood after a long day of flying which originated from their home base in

Nordholz, Germany.

Except for a fuel stop in Shannon, Ireland, Greenwood was the aircraft's first stop as part of the Long Range Experience

Flight (LREF). Crew 3 from 405 (Long Range Patrol) Squadron were there to meet Lieutenant Kiefer and his crew when they arrived. They then dropped their kit off at their accommodations and everyone retired to the VPI lounge for a meet and greet.

The German visitors left on Wednesday, April 29 in the morning for McGuire Air Force Base in New Jersey where they will stay a few days before returning back to Nordholz on the 5<sup>th</sup> of May.

This was not the first time an Atlantique has visited 14 Wing, however, it may be the last. The Atlantique was the primary fixed wing anti-submarine warfare aircraft for the Germans since the early 1980's, but in 2005 they started replacing their fleet with Lockheed P-3 Orion's, which they are acquiring from the Dutch Navy. Currently there are only 2 Atlantiques, both now used for signal intelligence operations, still remaining in their fleet with the aircraft that visited our base being retired within the next few months and the last planned for retirement by next summer.

**An Atlantique aircraft from Germany sits parked at the 14 Wing airfield while its crew waits to get on the bus that will take them to their accommodations.**

**The maritime patrol aircraft and its crew are on a long range experience training exercise and will be spending time in the area until Wednesday.**

(Photo: Pte Melissa Spence – 14 Wing Imaging)



## Bronze Medallion Course 14 Wing Fitness & Sports Centre

**May 9 to July 11**

**Saturdays from 10:00 a.m. - 1:00 p.m.**

Please register early, limited space available



To enroll please call  
Yvonne Clarke Aquatics Supervisor at  
765-1494 ext 5564

## Aqualeader Water Safety Instructor Course & Water Safety Instructor Course (AWSI & WSI)



**14 Wing Fitness & Sport Centre**

June 5, 6, 7 & June 26, 27, 28

Friday • 6:30 - 9:00 p.m.

Sat & Sun • 9:00 a.m. - 4:00 p.m.

**Attendance on all dates is mandatory**

Cost \$200.00 per person

To enroll please call Yvonne Clarke  
Aquatics Supervisor at 765-1494 ext 5564

**New !**  
speedo

**Vanquisher  
Goggles  
for sale**

Coming soon for Kids & Adults

For more information  
call Yvonne Clarke  
Aquatics Supervisor at  
765-1494 ext 5564





# 14 Wing Health Promotion Spring Programs

## Alcohol, Drug and Gambling Supervisor Training

This one day supervisor training will be held on 12 May from 0830-1600 at the F & S Centre. The Canadian Forces (CF) Alcohol, Drugs and Gambling Education are centered on 12 training modules that cover a variety of subject areas. This one day supervisor training will be a combination of the 12 modules offered to the CF. This workshop will provide education and information on: types of illegal drugs and their side effects, alcohol and their side effects, DWI, how to host a party safely, prescription and over the counter medication, problem gambling, how to stay within the guidelines and some of the legalities around drugs, alcohol and gambling. Information will also be provided to supervisors in the CF on how to deal with alcohol and drug misuse, and much more. A variety of videos, group's discussions and activities will be provided during the day.

## Managing Angry Moments

This workshop is for the average person who would like to learn more about how to communicate more effectively, manage the angry and frustrating times in their life and improve coping mechanisms for stress. It IS NOT for treatment or counseling. Stress Management techniques and principles are also discussed. Modern video clips and class discussions are used to promote skill development and action planning. Learn skills that can help you make your thoughts and emotions work for you.

Session 1 will start 14 May

0830-1200 at the F & S Centre.

There are 4 sessions that will run every Thursday from 0830-1200 beginning 21 May and ending 18 June.

## Basic Relationship Training Program (BRT):

BRT is a relationship enhancement program that is a research-based approach to teaching couples how to communicate effectively, prevent breakup, work as a team to solve problems, manage conflicts without damaging closeness, and preserve and enhance love, commitment, and friendship. It's great information. The BRT program will start on 19 May 1300-1530 at the F & S Centre. It will continue to run every Tuesday for 6 sessions.

## Stress Take Charge

The last Stress Management workshop until the fall is 24-25 June at the F & S from 0830-1530 both days. This workshop will provide you with time to identify the stressors in your life as well as recognize the coping mechanisms that you already use, and learn more coping mechanisms so that you can incorporate them into your life. Relaxation and meditation exercises will be introduced and practiced throughout the two days so bring a blanket and pillow if you like. Refreshments and light snacks will also be available. This is a chance for you to get away from it all, meet some new people, relax and take in some great information.

**The I Quit Smoking Challenge** for the month of March prizes was drawn nationally and locally on 1 April 2008. I will advertise who the winners are once confirmed.

To register call the 14 Wing Health promotion office at 765-1494 ext 5388. All programs and workshops are FREE and available to military members and their spouse. DND and NPF employees are also welcome to attend.

## Human Swine Influenza in Nova Scotia

Dear Fellow Nova Scotians:

Public health professionals in partnership with all district health authorities across Nova Scotia continue to monitor and respond to human swine influenza. Nova Scotia has a strong public health system, with highly skilled and caring professionals, and I am confident in our ability to manage this issue.

The information we are providing to you on human swine influenza is likely to change. The situation is evolving rapidly, nationally and internationally, and we will keep you informed as new information becomes available.

If you do not have symptoms, it is important to remember that daily activities should continue as normal. It is safe to go to school, work and socialize. Symptoms to watch for include fever and cough in combination with fatigue, headache and sore throat.

Fortunately, the confirmed cases of human swine influenza in Nova Scotia so far have been mild, with no need for hospitalization. Any additional cases will be thoroughly investigated.

I fully expect the virus to spread, and when it does, we can expect to see more severe cases develop. We will continue to use our established public health practices and our network of health professionals to manage any additional cases of human swine influenza in the province.

If you have influenza-like symptoms, and have recently traveled to an area affected by human swine influenza, like Mexico, or have been in contact with someone who has human swine influenza, it is important to avoid close contact with others for seven days after your symptoms start. This is the time when the illness can be spread to others. Stay home from work, school, public places and avoid social settings. Minimize contact with family members as much as possible. Like any illness, should your symptoms worsen, visit your doctor or a walk-in clinic and be sure to mention your travel history.

If you are experiencing influenza-like symptoms, but have not been exposed to human swine influenza, either through recent travel to an affected area or contact with someone who has it, treat it as you would a normal seasonal influenza. Stay home, rest and drink plenty of fluids. If it gets worse, again, see a doctor.

You should also be aware that the Public Health Agency of Canada has issued a travel advisory urging all travelers to postpone non-essential travel to Mexico until further notice. Those who have to travel to an affected area, and have not received an influenza shot, are advised to get one.

We do not recommend the use of masks by the general population, as they have not been proven effective in reducing the risk of infection. Furthermore, we do not recommend the use of anti-virals such as Tamiflu for treating mild illness or for prevention.

Remember, as always, the best way to avoid illness is through prevention. Wash your hands thoroughly and often, cough into your sleeves and stay away from public places if you are sick.

For more information on human swine influenza in Nova Scotia, please visit <http://www.gov.ns.ca/hpp>

Best regards,

Dr. Robert Strang  
Chief Public Health Officer  
Province of Nova Scotia



### Together in Church

#### Queen of Heaven Chapel

**Sunday Schedule**  
11 a.m. (English Mass)

---

#### St. Mark's Chapel

**Sunday Schedule**  
10:30 a.m. Divine Worship

Switchboard ..... 765-1494

**Wing Chaplain**

Padre Art Crawley ..... ext 5119

**Wing Chaplain's Admin Assistant**

Ms Diane McKeage ..... ext 5883

**Chapel Life Coord - St. Mark's**

Padre Harold King ..... ext 5541

**Chapel Life Coord - Queen of Heaven**

Father Tim Nelligan ..... ext 1960

**Unit Chaplain**

Padre George Helou ..... deployed

**Chaplain (BTL)**

Padre Mike Peterson ..... ext 5835

**Chaplain (BTL)**

Padre Gord Poley ..... ext 5545

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**Emergencies**

In an emergency, you can reach a chaplain anytime through Wing Operations at (902) 765-1494 ext. 5457.



# Through the Eye of the PSI

Submitted by: Shannon Doubleday, GMFRC Coordinator of Prevention, Support and Intervention Services

*"Courage is not the absence of fear, but rather the judgement*

*that something else is more important than fear"*

(Ambrose Redmoon)

I strive to write articles that are reflective of themes I see

## GREENWOOD BOWLING CENTRE Summer Hours as of 11 May 2009



### Bowling Schedule

Monday	9-12 p.m.	Reservation Only
	1-4 p.m.	(\$5 special)
Tuesday	9-12 p.m.	Reservation Only
	1-4 p.m.	(\$5 special)
Wednesday	9-12 p.m.	Reservation Only
	1-4 p.m.	(\$5 special)
Thursday	9 am-11 a.m.	Open Play
	By Reservation Only	
Friday	2-5 p.m.	Casual Bowling
	6-10 p.m.	Cosmic Bowl (glow)
Saturday	1-4 p.m.	Casual Bowling
Sunday	CLOSED	

**All reservations 4 lanes or more require a deposit to be paid at the time of booking.**

For More Information telephone 765-1494 ext 5631.

[www.Spinbowling.ca](http://www.Spinbowling.ca)

within the Prevention, Support and Intervention unit at the GMFRC. Often these revolve around more common social issues like relationship breakdown, domestic violence, parent child relationships, and mental health. However, sometimes I am reminded that there are issues that our social setting does not necessarily embrace; and in writing about these I choose to challenge social norms. Over the years I have come to expect that the problem, which brings a person through my door, is seldom the root that they really wish to address. Often it is superficial, a mechanism through which they can assess if I am trustworthy and worthy of their disclosure. This has held true with many clients struggling with identity, sexism and harassment resulting from their sexuality: Lesbian, Gay, Bisexual, and Transsexual (LGBT).

I have had the opportunity to work with many LGBT clients, and even blessed with some clients who were willing to take the time to teach me about their experiences within a predominantly heterosexual community. However, many of these experiences were specific to urban centres, where LGBT

communities and resources were often plentiful and accessible. The experiences of rural LGBT clients appears very different; often typified by a sense of isolation, lack of community support, lack of LGBT educated and sensitive resources (i.e. healthcare, education, counselling, recreation), culminating in an overall feeling of being "the only one". Becoming comfortable and accepting of one's own sexual identity is complex in the best of circumstances; however remoteness, fear, and lack of community can confound this experience even further.

In my capacity as a Counselling Therapist, I have seen many LGBT clients who identify as "being the only one" in our rural community. My experience conveys another reality, that there is in fact a community, one currently shadowed and quiet, but alive none the less. A community that by virtue of discrimination and harassment has members who are at exponentially increased risk than hetero communities. According to PFLAG Canada, LGBT students hear anti-gay slurs an average of 26 times per day, and 30% of suicides are LGBT individuals. By sitting quietly, we permit intolerance to exist. Courage will allow us to choose equality and embrace basic human rights in the face of discrimination fed by fear. If you are struggling with sexual identity, the parent/child of a LGBT individual or simply seeking resources and information see PFLAG Canada at: [www.pflagcanada.ca](http://www.pflagcanada.ca)

## DEADLINES

for The Aurora Newspaper  
are as follows:

12:00 noon Wednesday for classified ads;  
3:00 p.m. Wednesday preceding publication  
date for all other advertising and those  
requiring proofs. Editorial material **MUST**  
be typed and **MUST** be accompanied by an  
electronic/digital (MS-Word® file) and  
a printed hard copy, the originator's name,  
address and telephone number no later  
than 9:30 a.m. Thursday.

Or E-mail us at  
[aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com)

## Get Noticed

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**and see what an  
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## Greenwood Golf Club Food Specials for May

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4 Whistle Dog (Bacon & Cheese) & Fries	5 Chicken Fingers & Fries	6 Home Made Mac & Cheese with Roll	7 Birdie Chicken Burger & Fries	8 Clams & Chips	9 <b>Weekend Special</b> Ham & Scalloped Potatoes with Mixed Vegetable	10 <b>Weekend Special</b> Ham & Scalloped Potatoes with Mixed Vegetable
11 Potato Skins Topped with Bacon & Cheese with Sour Cream	12 Lasagna & Garlic Toast	13 Cheddar Sausage on a Roll & Fries	14 Shepherd's Pie & Roll	15 Fish Cakes with Fried Potatoes & Mixed Vegetables	16 <b>Weekend Special</b> Hot Turkey Sandwich with Fries & Mixed Vegetable	17 <b>Weekend Special</b> Hot Turkey Sandwich with Fries & Mixed Vegetable
18 <b>Weekend Special</b> Hot Turkey Sandwich with Fries & Mixed Vegetable	19 St. Louis Spare Ribs & Fries <b>Men's Night Special</b> Deep Fried Pepperoni & Pitcher of Draft	20 Chicken Tetrassini & Garlic Bread <b>Ladies Night Special</b> Pan Fried Haddock with Stuffed Baked Potato & Mixed Vegetable	21 Deep Fried Scallops & Fries	22 3 pc Fried Chicken & Fries <b>2-Ball Special</b> Pan Fried Haddock with Stuffed Baked Potato & Mixed Vegetable	23 <b>Weekend Special</b> Liver & Onions with Fried Potatoes & Mixed Vegetable	24 <b>Weekend Special</b> Liver & Onions with Fried Potatoes & Mixed Vegetable
25 Popcorn Chicken & Fries	26 Steak Sandwich & Fries <b>Men's Night Special</b> 20 Wings & Pitcher of Draft	27 Breaded Chicken Burger & Fries <b>Ladies Night Special</b> Chicken Quesada's & Caesar Salad	28 Monte Cristo Sandwich & Fries	29 Meat Loaf with Mashed Potato & Mixed Vegetable <b>2-Ball Special</b> Chicken Quesada's & Caesar Salad	30 <b>Weekend Special</b> Cabbage Roll & Rice	31 <b>Weekend Special</b> Cabbage Roll & Rice

Greenwood Golf Club Kitchen • 765-1494 ext 1611 • [www.greenwoodgolfclub.ca](http://www.greenwoodgolfclub.ca)



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The Learning & Career Centre  
is pleased to present a Lunch & Learn on:

## ADULT EDUCATION

Presented by:

Rod Franklin

Adult Education Coordinator

Department of Labour & Workforce Development

Kingstec Campus, NSCC



Mr Franklin will be presenting information about the programs and services available through the Nova Scotia School for Adult Learning (NSSAL), including:

- ✓ high school completion diplomas for adults,
- ✓ GED testing,
- ✓ academic upgrading,
- ✓ basic literacy, and
- ✓ one-to-one tutoring.

These programs are designed to enable adults in Nova Scotia to more effectively participate in the home, community, and workplace.

OPEN TO ALL MILITARY  
AND CIVILIAN PERSONNEL

Learning & Career Centre

Upper Level, Birchall Centre, Room 204

Thursday, 14 May 2009 from 1200-1300 hrs

Please register by phoning the  
LCC at local 5226 or 5227. Don't forget your lunch!



# West Kings District High School Newsletter - May, 2009

Submitted by Hazel  
McEwan

## Dates to Remember:

**May 4**  
PTSA Meeting 6:00 p.m.  
**May 7**  
Parent Visitation 7-9 p.m.  
**May 8**  
Parent Visitation 12-3 p.m.  
**May 12**  
Important Pre-Trip meeting  
in Music Room 7 p.m.  
**May 13-17**  
Band in Ottawa  
**May 14**  
Gr. 8 Orientation  
No school for grade 9's  
**May 19**  
Band Parent Meeting in  
Library 7 p.m.  
**May 20**  
TADD Safe Grad Turkey  
Dinner at the Aylesford  
Lions Hall 4:30-6:30 p.m.  
**May 21**  
Spring Concert & Awards  
Ceremony 7 p.m.  
**May 28**  
Spring Dance  
**June 3**  
Community Talent Show-  
case - 7:00 p.m.

## Principal's Report:

Dear Families at Home:

On Monday, May 4th our school welcomes the External Review team to West Kings. They will be spending 3 intense days with us while they examine the results our internal review, interview staff and students, and help us ensure our school improvement plan addresses our most urgent needs. The team is made up of 4 educators from outside our region and the school is excited to be having this chance to share its accomplishments and get feedback on how we want to tackle current and future challenges. I want to thank staff, students, and community members for their participation, input, and support to date. In particular, Jeff McBean and Donna Allan, who participated in many of our accreditation sessions as parent representatives. As well, thank you to Martin Doucette and Patty Hughes, our school's accreditation co-chairs who put an enormous amount of time and energy into this process this year.

A reminder of our upcoming PTSA meeting on Monday, May 4th at 6 p.m. The focus of the first part of the meeting will be to meet with the External Review Team members and provide some feedback on the process engaged in this year and look at the goals and plan that are being put into effect for the next 3 years. Regular PTSA business will take place following this meeting at approximately 7 p.m. All are welcome. Our PTSA Golf Tournament is just over the horizon. I would love to see many of our local golfers come out to join us in this important school fundraiser. The date is May 15

and you can contact the school to register your team. With the weather we have been enjoying, I am sure many people are anxious to be out on the greens, so take advantage of this early opportunity to play a round and possibly win one of two, \$10 000 hole-in-one prizes. Our staffing season is well under way. Our school is facing a decline in enrollment and this will have an impact on staffing and programs. We will be facing challenges both in class sizes as well as not being able to offer as a wide a variety of course options we have been used to in the past. However, we remain committed to offering students a strong curriculum, a supportive learning environment, excellent co-curricular and athletic opportunities, and exposure to what I think are some of the best teachers I have worked with in my career.

Mike Ouellette, Principal

**Economics of Staying in School** - Thanks to Jr. Achievement Nova Scotia and the community volunteers for facilitating this program to our Grade 9 students. The importance of an education was emphasized and reinforced. We appreciate your support!

## Students' Council Newsletter

May is here and so are a lot of great activities - for both students and the community!

**Turkey Dinner** - On May 20th TADD Safe-Grad is hosting a Turkey Dinner at the Kingston Lions Hall from 4:30 p.m. - 6:30 p.m. everyone is welcome to come and enjoy a dinner with all the fixings. Free-will donations are greatly appreciated, as funds will go towards hosting a safe-graduation night and promoting Teens Against Drunk Driving.

**Community Talent Showcase** - On June 3rd the Community is invited to an evening filled with student and local talent. Auditions are being done to provide the Community with the most enjoyable evening possible. The show starts at 7:00 p.m., and admission is free-will offering. All are welcome!

**Spring Dance** - May 28th is the date for the next dance. The theme has yet to be declared,

but rest assured that this dance will be incredible! Invitations will be made available for those students wishing to invite someone from outside of West Kings. This is the last dance of the year, apart from Prom, and we hope to have everyone out!

**Kings' Fling** - Spirit is about to inflate at West Kings' along with some humungous activities! Kings' Fling is this year's spring carnival, featuring inflatable activities, delectable treats and school spirit to the max! Bounce Kingdom, the company, has generously offered to hand out free Snow-Cones one day during the week before the Kings' Fling. Funds from the Community Talent Showcase are going towards this event.

**Grad Auction** - Towards the end of May, grad volunteers will be performing short skits in hopes of enticing bidders! Students will have the opportunity to bid on grads to control for the day - dress them up, embarrass them, etc! The highest bidder "wins" the grad, and funds will go towards TADD Safe-Grad.

In the beginning of May campaigns will begin for next year's President and Vice-President of Students' Council. The campaigns will last one week and every student and staff member of West Kings will have one vote.

Three students participated in The Oriole Youth Adventure Challenge - a leadership program in British Columbia run by the Royal Canadian Navy and CASAA. They would like to thank the Kingston and Aylesford Lions Clubs, the Berwick Branch of the Royal Canadian Legion and Kings West MLA Leo Glavine for their generous support.

**Kudos** - Congratulations to Valerie Paquette, who attended the Medicine and Health theme session last week at the Terry Fox Canadian Youth Centre in Ottawa. Valerie is the second West Kings student to participate in the Encounters With Canada program this year. Robert Nichols attended Law Week in December, which included a visit to our House of Commons during one of the

most dramatic weeks in recent Canadian political history.

On April 22nd at the Volunteers Dinner, CFB Greenwood, two of our students were named, "Junior Volunteer of the Year". Congratulations to Amy Hemmings, female winner and Cory McBean, male winner.

On Sunday, April 26th Leanne Herndorf was first in her age group at the 10K Greenwood Run and Sarah Thomas first in her age group for the 5K. Congratulations Ladies on a great run!

## From the Community

As the weather finally heats up and you are putting together your summertime agenda, plan to attend the Kingston Steer Barbeque, which will be held Saturday, July 11 at the King-

ston arena. 2009 is the 50th anniversary of the BBQ so it should be an extra special event this year. And although July is a long time off, the good cooks in the community should probably begin to thumb through their recipes because once again the Best Western Aurora Inn is sponsoring the delectable dessert BAKE OFF. First prize will be a dinner for two at the Best Western Aurora Inn. Registration forms will be available at the Village Office as summer commences.

## Growing Goodness Events

The Anglican Parishes of Christ Church, Berwick and St. Mary's, Auburn are sponsoring a series of events centered around gardening and using fresh and local produce. All ses-

sions are free and childcare will be provided. So please come and join us if you are interested in learning more or have knowledge you would like to share. All events will be held at the Anglican Church Hall, Berwick at 7:00 p.m. If you have any questions please call 538-0244.

**Tuesday, May 26th.** Planting and use of herbs - a great enhancer for all your dishes.

**Tuesday, June 23rd.** Making jams, jellies and preserving fruit. Stock up or start a preserves cupboard.

**Tuesday, August 25th.** Pickling and canning for keeps! Fruits, veggies and specialty vinegars.

**Tuesday, September 29th.** Root cellars and storage of fresh produce.

## Toll Free Info Line for Human Swine Influenza

The government of Nova Scotia has established a toll-free information line for questions regarding human swine influenza in the province. The line will be answered by health professionals between 8:30 a.m. and 8:30 p.m., daily.

The toll free line is 1-888-451-4222.


Nova Scotia has a strong public health system, with highly skilled and caring professionals who are capable of managing any public health issue that may arise. In coordination with international and national public health authorities, they continue to monitor human swine influenza throughout the province, using established public health practices and the province's network of health professionals.

So far, confirmed cases of human swine influenza in Nova Scotia have been mild, with no need for hospitalization. Any additional cases will be thoroughly investigated.

Remember, the best way to prevent illness is through prevention. Wash your hands thoroughly and often, cough into your sleeves and stay away from public places if you are sick.


Please visit <http://www.gov.ns.ca/hpp> for more information on the human swine influenza in Nova Scotia.

NOVA SCOTIA



### Alternative Dispute Resolution

#### Greenwood Dispute Resolution Centre



Maj. Bob Sealby

**Call 5530**

- Are you involved in a conflict in the workplace and unsure of how to handle it?
- Do you have issues with a work situation that you want resolved?
- Do you want to know how to approach a co-worker during a dispute?

Call DRC Coordinator Maj. Bob Sealby for assistance or visit the Greenwood Dispute Resolution Centre (DRC) at the AVM Morfee Centre (MFR), School Road or for a DRC nearest you  
National Phone Number: 1-888-589-1750

DRC services are available to all Regular and Reserve Force members, Civilian and NPF employees, and members of the Cadet organizations.



# Bravo Zulu

## Promotions & Presentations

Photos by 14 Wing Imaging unless otherwise stated.

Visit us on the web @ [www.auroranewspaper.com](http://www.auroranewspaper.com)

or Email us @ [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com)



Sgt Lyne Paquet receives her new rank from LCol Garbutt, CO 14 AMS.



Captain Carol Molyneaux receives her OPME Certificate of Completion from LCol Garbutt, CO 14 AMS.



Major Cecyre presents a gift to Mrs. Carol Campbell in appreciation for all her hard work as Supply Administrative Assistant. (photo submitted)



Major Cecyre presents Cpl. Joseph Gervais with his promotion. (photo submitted)



Major Cecyre presents Cpl. Davidson with his promotion. (photo submitted)



Major Cecyre presents Pte. Wendy Lush with her QL4 Completion Certificate. (photo submitted)



Major Cecyre presents Cpl. "Scotty" Reid with his QL4 Completion Certificate. (photo submitted)

Season Opens: May Long Weekend 2009  
Closes: Thanksgiving Weekend 2009

Bookings for 2009 Season start 1 April 2009

## Get Away From It All!

Call 765-1494 ext 5341

*Make Your Stay, a Lake Pleasant One!!!*

**Available to: CF Military Regular/Reserve/Retired Members, DND Employees, NPF-PSP Personnel**

Cottage Contents	Amenities	Your Responsibilities
<ul style="list-style-type: none"><li>• Fridge/Stove (full size)</li><li>• Beds (3)<ul style="list-style-type: none"><li>2 singles, 1 double</li></ul></li><li>• Microwave</li><li>• Toaster Oven</li><li>• Sofa</li><li>• Clock Radio</li><li>• Table &amp; Chairs</li><li>• Kettle</li><li>• Fire Pits</li><li>• Barbeque (full size)</li><li>• Patio Furniture</li><li>• TV/VCR</li></ul>	<ul style="list-style-type: none"><li>• Club House</li><li>• Games Room</li><li>• Canoe/Paddle Boat Rental</li><li>• Shower Facility</li><li>• Laundry Facility</li><li>• Beach (unsupervised)</li><li>• Canteen (seasonal)</li><li>• Firewood</li><li>• Hay Rides</li><li>• Special Events</li></ul>	<ul style="list-style-type: none"><li>• Food and Beverages</li><li>• Linen</li><li>• Utensils/dishes</li><li>• Pots &amp; Pans</li><li>• Other conveniences required to make your stay an enjoyable one</li></ul>

Cottage Rentals	Rec Card Holders	Non-Rec Card Holders
Day	\$30.00	\$35.00
Week / 7 nights	\$210.00	\$245.00
• includes 13% HST	Damage Deposit for all Cabins is \$50/Cabin	

## Support Businesses

That Support your Military Newspaper

## Lake Pleasant Campers Club • Cabin Rental

The cabin sleeps six and consists of a kitchen complete with fridge and stove, hot and cold water, electric heat, living room, patio deck, outside fire pit, and a great view of the lake. The kitchen is set up with an electric kettle, toaster, microwave, cutlery, dishes including mugs, glasses, bowls, pots and pans.

The only items you must provide include bedding, food and other convenience items to make your stay a pleasant one.

**To book the cabin:**  
Call 902-547-2882

**Bookings can be of 2 weeks duration.**  
Check in time – 1300 hrs  
Check out time – 1100 hrs

**Members with Rec Card:**  
\$35.00 per night  
\$210.00 per week (Monday to Sunday)

**Non Members:**  
\$40.00 per night  
\$240.00 per week

[www.lakepleasant.ca](http://www.lakepleasant.ca)





Above: 14 AMS SOR staff are presented with a 14 AMS "Operate as One" Award from LCol Garbutt, CO 14 AMS (In photo L-R: WO Maureen Smith, Sgt Lyne Paquet, LCol Garbutt, MCpl Dwight Sine, Capt Carol Molyneux, CWO Rerrie, Cpl Bob Glibbery)

To the left: Sgt Graeme Andrews from 14 AMS was awarded the Chief of Air Staff coin for his outstanding performance as a Civil-Military Cooperation (CIMIC) operator in Afghanistan Sept 08 - April 09.

(photo submitted)

## SPONSORSHIP PROGRAM

### 14 Wing Greenwood is Celebrating 100 Years of Flight



Centennial of Flight is a year long celebration recognizing 100 years of powered flight in Canada (*find out more at [www.greenwood100years.com](http://www.greenwood100years.com)*). There will be many opportunities throughout the year for you to participate in our sponsorship program through the many events that we have planned. Your business will receive maximum exposure to our 2300 military and civilian personnel and their families as well as to thousands of residents of the surrounding communities whom we touch as part of the Canadian Forces "Connecting with the Community" program.

All businesses regardless of size are welcome to participate. There are many ways to partner with our Centennial of Flight celebrations.

For more information on the various levels of sponsorship available to you, and the benefits to your business, please contact **Rod Reeves**, 14 Wing Sponsorship Coordinator at (902)840-0739 or [roderick.reeves@forces.gc.ca](mailto:roderick.reeves@forces.gc.ca).



## GMFRC • Feature of the Week

### Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at [Gagnon.JMC@forces.gc.ca](mailto:Gagnon.JMC@forces.gc.ca)

### Support the Troops Yellow Ribbon Blitz\*

Friday, May 8<sup>th</sup>, 2009

Anytime during the day from 8:00 a.m. to 4:00 p.m.

Kingston/Greenwood community

Volunteers Needed: 6

Paired with another volunteers, the volunteers will distribute flyers on cars within local community. This will take place during the day, so time is flexible and childcare could be provided free of charge.

### Service Debenevolat

Coordonatrice Janie Gagnon au 765-1494 local 5938 ou courriel à [Janie.Gagnon@forces.gc.ca](mailto:Janie.Gagnon@forces.gc.ca)

### Supportez les troupes, distribution de rubans jaunes! \*

Vendredi le 08 mai 2009

Durant la journée entre 8h et 16h

Kingston et Greenwood

Bénévoles demandés : 6

Jumelé avec un autre bénévole, faites la distribution des rubans jaunes supportez les troupes, ainsi que de dépliant explicatifs sur les pare-brises des voitures dans les stationnements de Greenwood et Kingston. La distribution se fera le jour entre 8h et 16h à votre choix et le service de garde du GMFRC peut-être réservé et utilisé sans frais.

## EMPLOYMENT OPPORTUNITY Greenwood Military Family Resource Centre

MFSP  
MILITARY FAMILY  
SERVICES PROGRAM



PSFM  
PROGRAMME DES SERVICES  
AUX FAMILLES DES MILITAIRES



### On-call Emergency Childcare Providers

We are currently hiring on-call Emergency Childcare Providers in the following areas: Greenwood/ Kingston, Bridgewater, Aldershot / Kentville

The Greenwood Military Family Resource Centre (MFRC) is an independently registered not-for-profit provincially incorporated society. The Greenwood MFRC is contracted annually to provide preventative, pro-active multi-services and resources to families of military members. Information about the Greenwood MFRC is available at [www.greenwoodmfrc.ca](http://www.greenwoodmfrc.ca). The Greenwood MFRC requires Emergency Childcare Providers who will be responsible for the provision of short term on call childcare to CF families requiring care due to respite, childcare plan failure or crisis situation. The ideal candidate will have:

- Minimum of three years experience working with children of various ages from infant to teens
- Certificate in First Aid/CPR
- Successfully complete a Criminal Records Check
- Successfully complete a Provincial Child Abuse Registry Check
- Knowledge of the unique challenges of the military family lifestyle and proficiency in French are considered an asset.

Please submit your resume in confidence by Friday, May 8<sup>th</sup>, 2009 to:

Kim Dixon  
Coordinator of Children & Youth Services  
email: [kim.dixon@forces.gc.ca](mailto:kim.dixon@forces.gc.ca)  
fax: (902) 765-1747

AVM Morfee Centre on School Road, Greenwood

Please note that only candidates selected for further consideration will be contacted.

Paper Carrier

# WANTED

for the  
following area

**Plainsview SID**

- Aldred, Bridge, Glangary, etc.

**We are also  
compiling waiting  
lists for all areas:**

**Carrier applications  
are available on our  
website**

[www.auroranewspaper.com](http://www.auroranewspaper.com)





# Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue only covers for the next couple of weeks. For future and ongoing programs and services, please visit our website

at [www.greenwoodmfr.ca](http://www.greenwoodmfr.ca) or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

*Note: We are sorry for any inconvenience this may cause, but to keep costs down, the only methods of payment accepted for workshop registrations is cash or cheque. To ensure your spot for a workshop, payment is required at the time of registration.*

## Employment and Education Services

Coordinator: Stephanie Townsend at 765-5611 local 1816 or email [employmentgmfr@eastlink.ca](mailto:employmentgmfr@eastlink.ca)

## Upcoming programs or services

### Military Home Based Business Group Meeting

Thursday, May 7<sup>th</sup>, 2009  
9:30 a.m. – 11:30 a.m.  
GMFRC Classroom 2  
FREE

### Mosaics Workshop

Thursday, May 14<sup>th</sup>, 2009  
9:30 a.m. – 12:00 p.m.  
GMFRC Classroom 2  
\$5.00

Registration Deadline: Tuesday, May 12<sup>th</sup>, 2009

### CF Recruiting

TBA May 2009  
GMFRC Classroom 1  
FREE

### Defensive Driving Course

Monday & Tuesday, June 8<sup>th</sup> & 9<sup>th</sup>, 2009  
6:00 p.m. – 9:00 p.m.  
GMFRC Classroom 1  
\$20.00

Registration Deadline: Monday, June 1<sup>st</sup>, 2009

### Employment Ongoing Services

- Resume and Cover Letter Creation and Modification
- Resume Updating
- Career Assessment / Counseling
- Job Search Assistance
- Interview Skill Building
- Information on Small Business Planning
- Information on Military Home-based Business Network
- Magazines and Books exchange
- Employment Computer

- Available
- Portfolio Development

## Community Information Services

Coordinator: Nicole Godin at 765-1494 local 5941 or email [nicole.godin@forces.gc.ca](mailto:nicole.godin@forces.gc.ca)

### Ongoing Services

- Greenwood Welcome package
- GMFRC Virtual Welcome package
- New Arrivals Registration
- Welcome GMFRC visit/tour and Welcome Gift
- GMFRC Welcome Calls
- GMFRC Email Information Newsletter
- GMFRC Website
- Community Information Database
- Outreach to Reserve Units

## Deployment Services

Coordinator: Paula Davison at 765-1494 local 5583 or email at [paula.davison@forces.gc.ca](mailto:paula.davison@forces.gc.ca)

### Upcoming programs or services

### Deployed Families Adult Pool Night at Dooly's

Monday, May 4<sup>th</sup>, 2009  
8:00 p.m. – 10:00 p.m.  
Dooly's in Greenwood  
Registration deadline: Call 765-5611 by Friday May 1<sup>st</sup>, 2009

### Deployed Families Pamper Me Day

Saturday, May 9<sup>th</sup>, 2009  
1:00 p.m. – 5:00 p.m.  
GMFRC Classroom 1  
Cost: Complimentary  
Registration deadline: Wednesday, May 6<sup>th</sup>, 2009.  
Call 765-5611

## Deployed Families Card/Craft Club & Children's Fun/Support Group

Monday, May 11<sup>th</sup>, 2009  
6:00 p.m. – 8:00 p.m.

GMFRC  
Registration: Call 765-5611 and register before Friday, May 08<sup>th</sup>, 2009.

Don't forget to register your children for the Fun/Support Group

### Is your military member away?

If you have a military family member who is away (spouse, son, daughter, partner, grandchild, etc) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give Paula a call & we'll set you up with any of our programs/services/activities that may interest you. We do not know you're out there unless you let us know.

All of our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre, during, & post deployment information, assistance, outreach, & support to anyone who chooses to participate. Just give us a call!

*\* For respite childcare offerings for deployed families, see details under Child/Youth & Parenting Services*

## Prevention, Support and Intervention Services

Coordinator: Shannon Doubleday at 765-5611 or email [shannon.doubleday@forces.gc.ca](mailto:shannon.doubleday@forces.gc.ca)

### Ongoing Services

- Emergency Shelter
- Resource Library
- Assessment and referral
- Short term support
- Crisis Intervention

## Children and Youth Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at [kim.dixon@forces.gc.ca](mailto:kim.dixon@forces.gc.ca)

### Upcoming programs or services

### Home Alone Program

May TBA, 2009 (5 Week Session)  
6:00 p.m. – 8:00 p.m.  
Children 9 years and \$20 per child  
Registration deadline: May TBA, 2009

### Children's Deployment Support Group

Monday, May 11<sup>th</sup>, 2009  
6:00 p.m. – 8:00 p.m.  
GMFRC  
FREE

Registration Deadline: Thursday, May 8<sup>th</sup>, 2009

### Youth Council

Tuesday, May 11<sup>th</sup>, 2009  
4:00 p.m. – 5:00 p.m.

## 14 Wing Community Centre

FREE  
Youth aged 14 and up

### Academic Tutoring Service

Monday, Tuesday, Wednesday  
Time scheduled with families & tutor

Children in grade P-12

FREE

A tutor request form is available at GMFRC

### Parent & Tot Program

We meet every Monday  
9:30 a.m. – 10:30 a.m.  
Children 3 – 5 years

FREE

Drop in – no registration required

### Toddler Tuesdays Program

We meet every Tuesday  
9:30 a.m. – 10:30 a.m.  
Children 1 – 2 years

FREE

Drop in – no registration required

### Tumble Tots

Every Wednesday in the gym

9:30 a.m. – 10:30 a.m.

Children 1 – 5 years

FREE

Drop in - no registration required

### Baby Club

First and third Thursday of every month at the GMFRC  
10:00 a.m. – 12:00 p.m.

Parents with infants aged 0 – 1 yr.

FREE

Drop in – no registration required

### Respite Dates

Saturday, May 9<sup>th</sup>, 2009

9:00 a.m. – 6:00 p.m.

Children up to age 12

Free to CF Families who currently have a partner deployed

Registration deadline: Thursday, May 7<sup>th</sup>, 2009

### Saturday, May 28<sup>th</sup>, 2009

12:00 p.m. – 6:00 p.m.

Children up to age 12

Free to CF Families who currently have a partner deployed

Registration deadline: Thursday, May 27<sup>th</sup>, 2009

## Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at [janie.gagnon@forces.gc.ca](mailto:janie.gagnon@forces.gc.ca)

### Upcoming workshop

### Support the Troops Awareness Promoter

From May 1<sup>st</sup> and May 29<sup>th</sup>, 2009

1:00 p.m. to 4:00 p.m.

Volunteer needed: 2

At the Greenwood Mall

Childcare can be provided free of charge

Manning table of Support the Troops items to generate awareness and sell items.

### Support the Troop Awareness Team Members

Ongoing need

First meeting on Tuesday May 19<sup>th</sup>, 2008

1:00 p.m. to 3:00 p.m.

GMFRC

Volunteers needed: 10

Registration deadline: Friday, May 15<sup>th</sup>, 2009

Awareness campaign workers: planning activities and creating awareness events.

### Yellow Ribbons Support the Troops Blitz\*

Friday, May 8<sup>th</sup>, 2009

During day  
Kingston/Greenwood community

Volunteers Needed: 6

### Children's Deployment Support Group, childcare provider\*

Monday, May 11<sup>th</sup>, 2009

5:30 p.m. – 8:30 p.m.

GMFRC Casual Childcare

Volunteers Needed: 2

### Warmline Callers

Ongoing need  
Flexible (2 hours per month)

GMFRC or from home

Registration deadline: Open

Volunteers needed: Many (you will receive a prior training)

### Gym Preparation and Facilitator for Tumble Tots

Every Wednesday

9:00 a.m. – 11:00 a.m.

GMFRC Gym

Volunteers Needed: 1

Set up and facilitate

Wednesday gym program  
\* Suitable for our awesome Youth Volunteers!

## Second Language Service/service de langue seconde

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at [janie.gagnon@forces.gc.ca](mailto:janie.gagnon@forces.gc.ca)

### Souper Franco-femmes

Le vendredi, 29 mai 2009  
Kings Arms Pub de Kentville.

Coûts : Les frais de votre souper

Réservez : Avant le vendredi 22 mai en appelant Sylvie au 765-5611.

Vous pouvez vous rendre sur le site du Kings Arms Pub pour avoir un aperçu du menu offert et l'ambiance qu'on y retrouve au :

[www.kingsarmspub.ca](http://www.kingsarmspub.ca)

C'est la chance de passer une soirée entre francophones, faire de nouvelles connaissances et qui sait, peut-être se faire de nouvelles amies. Venez découvrir un endroit charmant et passer une soirée en bonne compagnie. Réservez votre place et laissez-vous conduire pour une soirée de pur plaisir!

### Franco-Femmes Dinner

Friday, May 29<sup>th</sup>, 2009

Kings Arms Pub, in Kentville

Cost of your meal only

Registration before Friday, May 22<sup>nd</sup> by calling 765-5611.

**Zedex Theatre**  
765-8848

May 3 - 7  
Sun - Thurs 8 p.m.

**X-Men Origins WOLVERINE**

Rated PG

While you are at the theatre enter to win an iPod Nano. We will be giving away 1 a month.

Dolby EX Digital Sound  
Come See it on the Big Screen [www.zedex.co](http://www.zedex.co)

**Kingston Legion**

**BiNGO**

Prize Money  
Guaranteed: \$2,500

**BOOKLET BINGO**

Sunday, 1:45 p.m.  
Tuesday, 7:45 p.m.

Regular Games - \$100

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

Lic.#  
35542-96



**Greenwood Military Aviation Museum**

"Saving your past for your future"

June to August  
7 days a week 9 am to 5 pm  
September to May  
Tuesday to Saturday 10 am to 4 pm

We invite you to drop in and see what a difference a year makes! Join the thousands that have visited the museum over the past year and see the "new and improved facilities".

For that "hard to find item for that someone special" browse in the **Museum Store** for items such as mess dress items, videos, books, badges, clocks, flags, licence plates, clothing, lapel pins, caps, limited edition prints and an extended selection of models, decals and paints. Remember us for your medals and mounting requirements. If we don't have it, we will order it!

The display aircraft are now part of the museum complex and are located next to the parking lot.

The museum is now located in the Canex building, East Side, and remember:

**Admission is free!**



For further information, contact the museum at 765-1494 local 5955. Meet you at the museum!



**GMFRC • Feature of the Week**

**Second Language Service/Service de langue seconde**  
Coordinator/Coordonnatrice: Janie Gagnon at 765-1494 local 5938 or email at Gagnon.JMC@forces.gc.ca

**Publicité de la semaine**

**Souper Franco-femmes**  
**Le vendredi, 29 mai 2009**  
**Kings Arms Pub de Kentville.**  
**Les frais de votre souper**  
**Avant le 22 mai en appelant Sylvie au 765-5611.**

Vous pouvez vous rendre sur le site du Kings Arms Pub pour avoir un aperçu du menu offert et l'ambiance qu'on y retrouve au : [www.kingsarmspub.ca](http://www.kingsarmspub.ca) C'est la chance de passer une soirée entre francophones, faire de nouvelles connaissances et qui sait, peut-être se faire de nouvelles amies. Venez découvrir un endroit charmant et passer une soirée en bonne compagnie. Réservez votre place et laissez-vous conduire pour une soirée de pur plaisir!

**GMFRC • Feature of the Week**

**Special Events and Promotion**  
Coordinator: Michelle Thibodeau-Wagner at 765-1494 local 1421 or email at Michelle.Thibodeau-Wagner@forces.gc.ca

**Support our Troops Awareness Team**

**Tuesday, May 19<sup>th</sup>, 2009 – First meeting**  
**1:00 p.m. – 3:00 p.m.**  
**Register deadline: Friday, May 15<sup>th</sup>, 2009, please call 765-5611 to register.**

We are looking for some awesome volunteers to join our Support our Troops Awareness Team. We will be promoting awareness of our unique military lifestyle, our Support our Troops Campaign, as well as the Military Families Strength Behind the Uniform Campaign. If you are creative, fun-loving, and believe in honouring our troops and their families, we would like to hear from you.

**COLLEGE or UNIVERSITY STUDENTS**

**Are you looking for meaningful work this summer?**

**Do you have knowledge and experience using Microsoft Excel and Microsoft Access?**

**To take part in this unique work opportunity with a federal employer in the region, apply to the Federal Student Work Experience Program (General Inventory) at:**

**<http://jobs-emplois.gc.ca/index-eng.htm>**

**and follow the instructions.**

**Good Luck!**

# Learning and Career Centre

*"People working together to foster a learning culture – within the Defence Team – many places, many ways."*

## LCC Upcoming Workshops

*Please note prices on LCC Computer courses are as follows: full-day course \$110.00*

<b>May 2009</b>		
5-7 days	Pre-Retirement Planning, civilian age 45 and older • 3 days	15 Excel Level 1, \$110.00 per person • 1 day
11	Project Level 1, \$110.00 per person • 1 day	16 Introduction to Internet, \$110.00 per person • 1 day
12	HTML, \$110.00 per person • 1 day	18 Lunch & Learn: Commercial Safety College • 1 hour
14	Lunch & Learn: Adult Education • 1 hour	22 Word Level 3, \$110.00 per person • 1 day
19	Windows XP, \$110.00 per person • 1 day	23 Power Point Level 1, \$110.00 per person • 1 day
20-21	Interpersonal Communication Skills • 2 days	29 Excel Level 2, \$110.00 per person • 1 day
25	Project Level 2, \$110.00 per person • 1 day	30 Introduction to PC, \$110.00 per person • 1 day
26	Harassment Prevention for Employees • 1 day	<b>July 2009</b>
26	Front Page Level 2, \$110.00 per person • 1 day	06 Access Level 1, \$110.00 per person • 1 day
28	Harassment Prevention for Supervisors • 1 day	07 Outlook Level 1, \$110.00 per person • 1 day
<b>June 2009</b>		09 Stress Management • 1 day
01	Excel Level 3, \$110.00 per person • 1 day	13 Word Level 1, \$110.00 per person • 1 day
02	Word Level 2, \$110.00 per person • 1 day	14 Power Point, Level 2, \$110.00 per person • 1 day
3-4	Understanding My Leadership Style • 2 days	14-16 Negotiation Skills • 3 days
08	Outlook Level 2, \$110.00 per person • 1 day	20 Publisher Level 1, \$110.00 per person • 1 day
09	Access Level 3, \$110.00 per person • 1 day	21 Project Level 1, \$110.00 per person • 1 day
		27 HTML \$110.00 per person • 1 day
		28 Access Level 2, \$110.00 per person • 1 day

### ANNAPOLIS EAST ELEMENTARY SCHOOL



~ The following items are available at the Cafeteria daily ~  
**Sandwiches:** \$2.00; **Wraps** - \$2.00; **Sub Sandwiches** - \$2.00;  
All sandwiches, wraps & subs will include fresh vegetable or fruit on the side.  
**Vegetables & Dip** - \$1.50; **Cheese & Crackers** - \$1.50;  
**Fruit & Dip** - \$1.50; **Tossed Salad** - \$2.50 sm \$1.50;  
**Caesar Salad** - \$2.50 sm \$1.50; **Spinach Salad** - \$2.50 sm \$1.50;  
**Yogurt** - \$1.00; **Yogurt Tubes** - \$1.00; **Yogurt Parfaits** - \$1.25;  
**Fresh Fruit:** Apples, Oranges & Bananas - \$1.00; **Fruit Squiggles** - \$1.50;  
**Gold Fish Crackers** - \$1.50; **Baked Lays** - \$1.50; **Flat Earth** - \$1.50;  
**Smart Popcorn** - \$1.50; **Frozen Juice Bars:** Orange & Cherry - \$1.00;  
**Rice Crispy Squares** - \$.80; **Smoothies:** Mon, Wed, Fri - \$1.25;  
**Juice:** Apple, Orange & Seven Fruit - \$1.00; **Milk** - \$.35; **Water** - \$1.00;  
~~ Canteen Items - CASH ONLY ~~

There will be a cost for ALL condiments if your child is not purchasing lunch from the cafeteria.

**Ketchup, Mustard, Relish** - \$.15 each; **Mayo & Salad Dressings** - \$.30 each;  
**Barbecue/Sweet & Sour Sauce** - \$.40 each

We are a NUT & SCENT sensitive school with a smoke-free environment.

**May 4<sup>th</sup>:** Chicken Rice Soup 1.75 • Macaroni & Cheese 2.50 • Baked Potato 1.25 • Caesar Salad 1.50 • Fresh Fruit Cup 1.00

**May 5<sup>th</sup>:** Chicken Noodle Soup 1.75 • Hamburger with Lettuce & Slice of Tomato 2.50 • Cheeseburger with Lettuce & Slice of Tomato 3.00 • Jellied Fruit 1.00

**May 6<sup>th</sup>:** Minestrone Soup 1.75 • Baked Chicken Dinner 2.50 • Toss Salad 1.50 • Apple Slices 1.00

**May 7<sup>th</sup>:** Corn Chowder 1.75 • Meat Lasagna 2.50 • Vegetable Lasagna 2.50 • Spinach Salad 1.50 • Orange Slices 1.00 • Sub-way Orders are Due Today

**May 8<sup>th</sup>:** Beef Barley Soup 1.75 • Sub-way 2.50 • Yogurt 1.00

Daily Specials can be purchased for \$3.25 • Main Entree, Milk & Daily Dessert

### Annapolis Café

#### 14 Wing Food Services

All Prices include HST

**Breakfast Full ..... \$5.55**

**Breakfast Light ..... \$3.30**

(Beverage & Toast or Cereal)

**Lunch Full ..... \$11.10**

**Lunch Light ..... \$6.65**

(Beverage, Soup or Salad; Choice from A La Carte menu or Sandwich; French Fries and Fruit or Cookie)

**Dinner Full ..... \$11.10**

**Dinner Specialty (Steak Night, etc.) \$13.90**

### Meal Hours

**Breakfast ..... 0600 - 0900**

**Weekend & Holidays ..... 0600 - 1100**

**Weekend Brunch ..... 1100 - 1315**

**Lunch ..... 1100 - 1315**

**Dinner ..... 1600 - 1830**

**OPEN TO AUTHORIZED PATRONS ONLY**

### KINGSTON & DISTRICT SCHOOL

<b>school lunch menu</b>	
<b>Whole Sandwiches</b>	<b>Snacks</b>
1/2 Sandwiches (Asst. fillings) ..... \$1.15	Cheese & Crackers ..... \$1.00
Subs/Kaisers/Wraps ..... \$2.25 - \$2.50	Fresh Fruit ..... \$0.75 - \$1.25
<b>Hot Foods</b>	Gold Fish Crackers ..... \$0.50
One Hot Food Daily ..... \$2.50	<b>Miscellaneous</b>
Cup of Soup ..... \$1.00	Bread & Butter ..... \$0.50
Bowl of Soup ..... \$2.00	Bagel ..... \$1.25
<b>Beverages</b>	Cream Cheese ..... \$0.50
Milk ..... \$0.35	Cheese Whiz ..... \$0.50
Choc. Milk ..... \$1.30	<b>Freezer Items</b>
Juice Small ..... \$1.00	Frozen Yogurt ..... \$1.25
Juice Medium ..... \$1.25	Yogurt Tubes ..... \$1.00
Bottled Water ..... \$1.25	<b>Desserts</b>
Yop ..... \$1.25	Muffins ..... \$1.00
V8 Juice ..... \$1.00	Cookies (small) ..... \$0.35
<b>Salads</b>	Biscuits ..... \$1.00
Assorted Salad Plates ..... \$2.50	Yogurt ..... \$1.25
Fruit Plate ..... \$1.75 - \$2.25	Fruit Salad ..... \$1.00
Veggies & Dip ..... \$1.00	Other Assorted Desserts ..... \$0.75
Apple Snacks ..... \$1.00	Special Treat Days ..... \$1.50

**Daily Specials (Mon-Thur): Price Includes Main Course, Drink and Dessert - \$3.25**

**Mon:** Pizza Subs; **Tues:** CLOSED; **Wed:** Assorted Menu;  
**Thurs:** Special Treat Day; **Fri:** Lasanga & Salad

This menu brought to you compliments of:

### FRASER'S PRO Home Centre



**BERWICK • 1-800-959-3727**  
**KINGSTON • 1-902-765-3111**  
**KENTVILLE • 1-902-678-8044**  
**BRIDGETOWN • 1-902-665-4449**  
**[www.frasers.ca](http://www.frasers.ca)**





# FOR YOUR INFORMATION

## UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS

FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: [aurora@auroranewspaper.com](mailto:aurora@auroranewspaper.com). These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

**Discover the Magic of Reading**  
...visit 14 Wing Library

Located at AVM Morfee Centre, School Street

Monday ..... 1-5pm & 6-8pm  
Tuesday ..... 10am-1pm & 2-5pm  
Wednesday ..... 1-5pm & 6-8pm  
Friday ..... 12-4pm  
\* Sunday ..... 1-4pm

**765-1494 Loc. 5430** | **24 hour drop-off box • Phone for Renewals**  
Closed on holidays and holiday weekends throughout the year.

# HOROSCOPES

May 3 to May 9

## ARIES - Mar 21/Apr 20

Aries, the snail's pace this week makes it seem as though the week will never end. But before you know it the weekend will arrive and with it a chance to have a little enjoyment.

## TAURUS - Apr 21/May 21

Think hard about the words you are going to say when a friend asks you for your opinion, Taurus. You want to tell the truth but not hurt any feelings in the process.

## GEMINI - May 22/Jun 21

Unexpected travel puts you in a sour mood, Gemini. If it were for pleasure then that would be one story. But a business trip is not high on your list of priorities.

## CANCER - Jun 22/Jul 22

Cancer, the warm weather has you seeking an outdoor project to keep you busy. It'll be a good way to get something done and soak up a few rays of sunlight.

## LEO - Jul 23/Aug 23

It's time you pull your weight around the house a little more, Leo. Your partner has been doing his or her fair share and you aren't holding up your end of the bargain.

## VIRGO - Aug 24/Sept 22

Virgo, you may feel like the target of stares or accusations. But in reality it's all being exaggerated in your mind. Relax and try to enjoy the people around you.

## LIBRA - Sept 23/Oct 23

No one appreciates a sore loser, Libra, so even if you don't come out on top, keep a big smile on your face. A change of luck arrives shortly and it comes from an unexpected person.

## SCORPIO - Oct 24/Nov 22

Scorpio, you feel like a predator on the prowl but can't zero in on your target just yet. Why not make your goal something for the greater good?

## SAGITTARIUS - Nov 23/Dec 21

Sagittarius, if ever there was a time you could use some relaxation, that time is now. This week starts off with a whirlwind of activity and later fizzles into something manageable.

## CAPRICORN - Dec 22/Jan 20

All eyes are on you, Capricorn, and you're not sure if you like the extra attention. If not, stay out of the spotlight and hang at home for a while. Big news comes Friday.

## AQUARIUS - Jan 21/Feb 18

You may be waiting for the prize patrol to arrive at your door with a big check, Aquarius, but the reality is you have to work for that extra money you desire.

## PISCES - Feb 19/Mar 20

A change of heart has you looking at a person in a different light, Pisces. Maybe this relationship will move to a different level.

## FAMOUS BIRTHDAYS

- MAY 10 Kenan Thompson, Comic (31)
- MAY 11 Natasha Richardson, Actress (46)
- MAY 12 Stephen Baldwin, Actor (43)
- MAY 13 Robert Pattinson, Actor (23)
- MAY 14 Danny Wood, Singer (40)
- MAY 15 Emmitt Smith, Athlete (40)
- MAY 16 David Boreanaz, Actor (40)

Horoscopes brought to you compliments of:



## 24 HOUR SERVICE



[www.morsetowing.ca](http://www.morsetowing.ca) (902)825-7026



## Praise Service

Sunday, May 17, 7:00 p.m. - There will be a praise service at the Kingston Baptist Church, Main St, Kingston, featuring music from Paul Marshall & Friends, and other local musicians. A free-will offering will be given to local mechanic Rick Saunders as he recovers from a severely broken leg. Refreshments will follow the service; all are welcome to attend.

## Rotary Club presents Annapolis Valley Sports and Recreation Show

The Rotary Club of Middleton invites you to attend the Annapolis Valley Sports & Recreation Show on Friday, May 8, (4:00 - 9:00 p.m.) and Saturday, May 9, (9:00 a.m. - 5:00 p.m.). This family fund raising event from the Middleton Arena features a giant showcase of recreational vehicles and outdoor living products and ideas. Admission \$3.00 adult, seniors/youth \$2.00 and children under 5 years - free.

## Turkey Supper

There will be a turkey supper at the Three Rivers Community Centre from 4:30 - 6:30 p.m. on Thursday, May 7 in support of our community centre. For only \$10, get a fabulous turkey supper with all the fixings, including homemade pie for dessert! Every-

one is welcome. We are located at 41 Messenger Rd in Torbrook, we hope to see you there!

## Nicholsville Plant/Yard Sale

Nicholsville Community Club Yard Sale and Plant Sale, 413 Victoria Road, Nicholsville NS. Saturday, May 9 2009 from 8:00 a.m. to 2:00 p.m. Please call 847 1001 for details.

## Rosemary Chapter IODE Rummage Sale

Rosemary Chapter IODE Rummage Sale will be held on May 9<sup>th</sup> from 1:00 to 3:00 p.m., NS Community College, Middleton. Thank You.

## Farmers Market Public Meeting

There will be a public meeting at the Kingston Lions Hall on the 5th May, 09 at 7:00 p.m. The purpose of this meeting is to gather interest for a potential farmers market in the Kingston area. Public and producers welcome. The Farmers' Markets of Nova Scotia Coordinator will be in attendance to answer questions. For more information, contact John Marshall at 1-902-765-3068.

## Kingston Lions Club Annual Yard Sale

The Kingston Lions Club will be holding their Annual Indoor Yard Sale on the 9th May, 09 at

the Kingston Lions Hall from 8:00 a.m. - 1:00 p.m. An assortment of appliances, clothing, household items, toys, books are just a few of the items that will be on display. Proceeds for Lions charitable work.

## Mother's Day Turkey Supper

Sunday, May 10th, 4:30 to 6:00 p.m. at Holy Trinity church Hall, Middleton (across from Tim Hortons) Adults: \$12.00 - under 12 yrs \$6.00. Eat in or take out. For more information call 765-3063.

## Holy Trinity ACW, Spring-time Tea

Wednesday, May 13th Holy Trinity Church Hall, Middleton (across from Tim Hortons). All proceeds to benefit Canadian Breast Cancer. Sponsored by Tetley Tea. Tickets \$5.00. For more info call 825-2326.

## Spring 'INTO' Spring

The Mid-Valley after 5 Women's Connection invites 'YOU' Thursday, May 14, 2009, from 7:00 - 9:00 p.m. **Featuring:** Wendy Rodda, TOPS, tells us how to look and feel like a 'New woman'. Speaker: Heather Lemmon, of Kentville, tells us how we don't have to be a 'Super woman' to be a 'Special woman'. Musicians: Marian McLeod & Angie Terwogt. Place: Melvern Square Community Hall, 188 Bridge Street, Melvern Square. Dessert and coffee/tea will be served - \$6.00. For Reservations, call Velma at 825-4747 or email at [veljour@gmail.com](mailto:veljour@gmail.com). Affiliated with Stonecroft Ministries.

## Kingston Area Seniors Association

The Kingston Area Seniors Association meets the second Wednesday of each month at 10:00 a.m. at the Kingston Branch No 98 of the Royal Canadian Legion Kingston. Fun day (Cards & Games) every second and fourth Friday of the month at 1:00 p.m. For more information contact Minnie Roger's at 765-3292.

## Breakfast and Outdoor Plant Sale

Everyone is invited to a break-

fast and outdoor plant sale at the Aylesford United Church on Saturday, May 16, 2009 from 8:00 to 11:00 a.m. Free will offering for the breakfast. Sponsored by the Committee of Stewards.

## Men's Breakfast

Men's Breakfast May 9th at 8:30 a.m. at New Beginnings Center, 1151 Bridge St., Greenwood. Speaker Steve Hitchon will share a multi-media presentation called "Trusting God In Afghanistan". It is open to anyone who would like to attend.

## Centennial of Flight

## Committee's Flyers Bingo

Monday, 11 May 2009, 7:00 p.m. 14 Wing Greenwood, Annapolis Mess. Admission - \$10.00 (2 books). For additional books - One for \$6.00 - Two for \$10.00. 15 Games. 50/50 Cash prizes. 2 Wild Cards. One 50/50 Charity to "MFRC" Support the Troops Fund. One Jackpot Game "Winner Take-all". 17 Prize GamesDoors open at 6:00 p.m. Open to the general public. Must be 19 or older. Wheelchair accessible. Permit # AGA-221863-08.

## Spring Talent Show Auditions

Spring Talent Show Auditions to be held at New Beginnings Center, 1151 Bridge St., Greenwood on May 15th at 7:00 p.m. For information and to book an audition phone Anne at 765-2928 or email [woodburya@nsac.ca](mailto:woodburya@nsac.ca). The Talent Show will be held on May 29th at 7:00 p.m.

## 14<sup>th</sup> Annual Grand View Manor Ticket Auction

Saturday May 9, 2009 from 11:00 a.m. to 1:00 p.m. Draw starts at 1:15 p.m. Tickets are 25/\$1.00. Canteen available. Proceeds to resident activities.

## Church Library Hours

The Kingston United Baptist Church Library is open to the public Thursday evenings 6:30 p.m. to 7:30 p.m. Located upstairs in the Christian Education wing. Please use upper side door off main parking lot. Excellent selection of Christian books, videos, CDs, DVDs and other resources. For further info call 765-6735.

## GMFRC • Feature of the Week

### Employment and Education Services

Coordinator: Stephanie Townsend at 765-1494 local1816 or email at [Townsend.SC@forces.gc.ca](mailto:Townsend.SC@forces.gc.ca)

## Make a Mosaic at the GMFRC!

Thursday, May 14<sup>th</sup>, 2009

9:30 a.m. - 12:00 p.m.

GMFRC Classroom 2

\$5.00

Registration deadline: May 12<sup>th</sup>, 2009

This fun new workshop is sure to get creative juices flowing as we make mosaic pieces using broken ceramic tiles, glass beads, grout and clay objects. This is a crafty way to make a unique piece to keep or to give away as a gift all while having some fun socializing with a group. This project may get messy so make sure you dress appropriately!

**The Aurora newspaper PRESENTS... FIND & WIN**

**Just Fill in The Blanks. Three Easy Ways to Enter.**

1. Through our website: [www.auroranewspaper.com](http://www.auroranewspaper.com)
2. Fax: 765-1717
3. Drop into our office located on School Road (Morfee Annex)

**No Central Registry or Canada Post please.**  
**Deadline: Noon, Thursday, May 7, 2009.**  
Make sure you include your full name and phone number.

**NAME \_\_\_\_\_ PHONE NUMBER \_\_\_\_\_**  
*Limited to one win per month.*  
*The winner will be drawn randomly from all correct entries. Only one entry per person per week.*

**Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!**

1. What is the toll free number for info on Human Swine Influenza \_\_\_\_\_
2. Kingston Lions Club has been serving the community since \_\_\_\_\_
3. What is the date for the Outdoor Oasis \_\_\_\_\_
4. Garth Turner is going to be in Wolfville when \_\_\_\_\_
5. What is Greenwood Golf Club's Weekend Special for May 14 \_\_\_\_\_

**This contest is brought to you by:**  
**Pizza Delight, Greenwood**  
**765-4477**  
**Congratulations to last week's winner: JOE SALAZAR**

**The 107 Valley Wing**  
904 Central Ave. Greenwood  
**Air Force Association of Canada**

Open to ALL Members, Serving or Retired, of the  
• CAF • Reserves • RCMP •  
• Public Service • RCAC •  
• Members & Guests •

Do you enjoy a good time in a friendly relaxed atmosphere?

Drop into the 107 Valley Wing and meet our friendly members and staff.

We are open 7 days a week for your convenience.

We are looking for new members!

For more information call 765-8415 after 12:30 p.m.

We also have Catering Service for your Weddings, Section Parties or other celebrations.



# Youth Happenings at the 14 Wing Community Centre

By: **Brendan Loughnane**  
**Recreational Youth Worker**

Hi everyone what awesome weather we had last week. We set record temperature highs for this time of year and that's alright with me. This Sunday is mother's day so don't forget to tell your mommy how much you appreciate her. If my mom is reading this, thanks for putting up with all my shenanigans for the past 21 years. Have a good one mom and all you other moms. In the meantime here is what's going on this week at the Commu-

nity Centre.  
**Boyz Club**  
Monday May 4<sup>th</sup> 2009  
Floor Hockey  
4:30-6:00p.m.  
Hey boys this week we're going to pick up the sticks and play some floor hockey up in the gym. You can meet here at 4:30 p.m. and after a quick warm up we'll get it started. See you all there.  
**Teen Activities**  
Tuesday May 5<sup>th</sup> 2009  
Bowling \$2 each  
6:00-7:30p.m.  
Hello teens this week you can come and join us for a night of

bowling. You can meet here at 6:00 p.m. It's just two dollars for a fun night of 5pin. See you there.  
**Active Chicks**  
Wednesday May 6<sup>th</sup>, 2009  
Sobeys  
Cooking & Mother's Day Cards  
6-7:30p.m.  
Cost \$1  
You Must Pre-Register!  
Active Chicks will be meeting at Sobeys in Greenwood for a cooking surprise and to make a beautiful card for Mother's Day!! Don't forget you need to pre-register at the Community Centre, there are limited spaces, the

room can only hold 24 girls!! You can call 765-8165 to register or sign-up at the Centre! Thank-you for your cooperation!!  
**Cake Decorating**  
Thursday May 7<sup>th</sup> 2009  
6:00-7:00p.m.  
Hey boys and girls this Sunday is Mother's Day and if you can't think of anything to get her we've got a solution. This Thursday we will be decorating cakes to give to your mummy on her special day. You must pre-register and there is a cost of dollar per person. See you there  
**Pre-Teen Dance**

Friday May 8<sup>th</sup> 2009  
6:00-8:00p.m.  
\$2 Admission  
Hey boys and girls its time to get your dance on. This Friday night we will be having a Pre-Teen dance. The doors open at 6:00 p.m. and its \$2 admission. The dances are always a fun time so come on out a join us. See you there.  
**Look What's Playing at the Community Centre**  
**Pre-Teen Movie Night**  
Every Saturday is pre - teen movie night. The fun starts at 6:00p.m. and runs until 8:00 p.m. Admission to the movie is free with your membership card or

\$1.00 drop in fee. This week's movie is TBA.  
**Teen Movie Night**  
Teen movies run from 8:30-10:30 p.m. Admission to the movie is free with your membership card or \$2.00 drop - in fee. This week the teens will be watching "The Day the Earth Stood Still" rated PG-13. In this film a popular scientist in her field is contacted by an alien. This alien claims to be a friend of earth and not its enemy. The alien was sent to inform earth of a deadly force that could wipe out the entire human race. The scientists and the alien team up to try and prevent this crisis before time runs out.

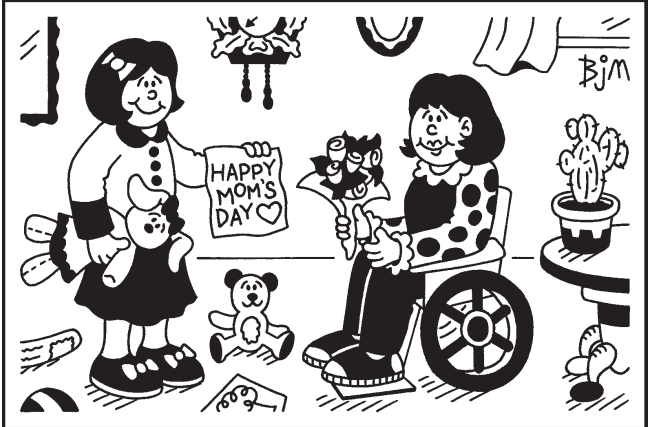
## SOGO Active & the 14 Wing Community Centre

By **Brendan Loughnane** Recreational Youth Worker

How cool would it be to carry the Olympic torch for the 2010 Vancouver Winter Olympics? If you agree with me by saying that would be pretty cool then keep reading. The 14 Wing Community Centre is registered as a community host with the SOGO Active challenge. The SOGO Active Challenge is a nation wide campaign to encourage youth to get out and get active by doing the things that they enjoy and at the same time encouraging others to participate. If you are between the ages of 13 and 19 you can register to become a SOGO Active Leader. Your role as a leader is to develop and/or implement different activities for other youth from your community to participate in. You can register to be a SOGO

Active leader on their website: [www.sogoactive.com](http://www.sogoactive.com). You might be thinking to yourself "that is a big task to engage in all on my own" but I have got an answer to that daunting thought. As mentioned earlier the 14 Wing Community Centre is registered as a Community Host. Our role as a host is to work with the SOGO Active Leaders in our community to aid them in planning activities and events for youth. So if this opportunity appeals to you, then go ahead and register! You can also contact us down here at the Community Centre and we can help you get started on your ideas! You can call us at 765-8165 or e-mail [youthcentre@eastlink.ca](mailto:youthcentre@eastlink.ca) or just stop by and introduce yourself. We can't wait to hear some of your great ideas.

**ComParrot**  
Can you spot 12 differences between these pictures?



www.comparrotpuzzles.com

© 2009 Bonnie J. Malcolm

Solution: 1. Spoke on wheelchair is missing. 2. Mouth appears on stuffed toy. 3. Extra flower in bouquet. 4. Stripe on ball is missing. 5. Leg on table is colored in. 6. Teddy bear's belly is colored in. 7. Heart design on card has moved. 8. Back of wheelchair is taller. 9. Picture frame is smaller. 10. Table is wider. 11. Stripe on girl's sleeve is smaller. 12. Paper on bouquet is different.

## PATRICK'S PUZZLE

**Creative Coloring**

Celebrate National Egg Month.  
Color in this picture to create your own masterpiece.



Patrick's Puzzle brought to you compliments of:

  
authorized dealer  
Cellular Sales & Service  
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765-2415

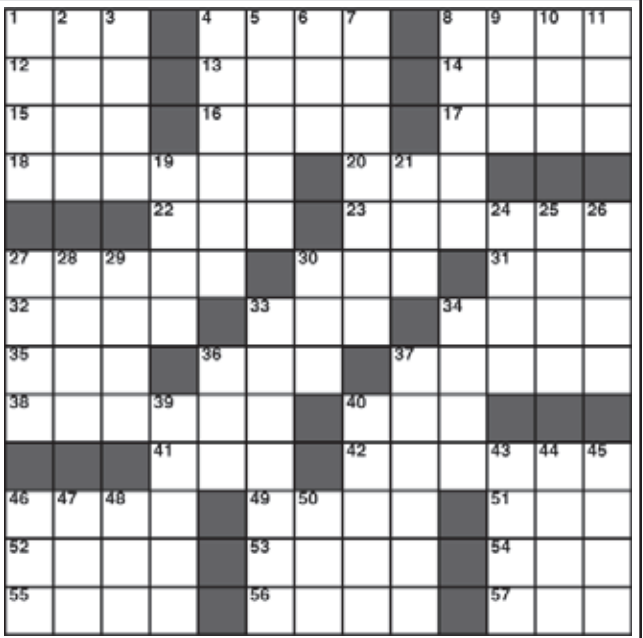
  
Greenwood Mall

## Canadiana Crossword

**Time and Tide**

By **Bernice Rosella and James Kilner**

**Solution page 26**



ACROSS

1 \_\_\_\_\_ time

4 Word preceding A to Z

8 First name in mystery

12 Squid juice

13 Tiny particle

14 Portal

15 Muscle car monogram

16 Landry's lot

17 Sari

18 Inexpensive inn

20 Have, to hibernians

22 Hosp. facilities

23 Land of Dayan

27 Time \_\_\_\_\_

30 Nucleic acid

31 Accounting pro

32 Youths

33 Bind

34 \_\_\_\_\_ time

35 Curling sheet

36 Whelp

37 Clamps

38 Examiner

40 Baseball's Maglio for one

41 Hotel

42 Eyelash

46 Prayer ender

49 Car part, slangily

51 Genetic info

52 Wind surge

53 Hades

54 Musical cognizance

55 Praiseful poems

56 Ripple

57 Sea bird

DOWN

1 \_\_\_\_\_ Tide

2 Atop

3 Gym events

4 Textile makings

5 Word before Royce

6 Prefix denoting ear

7 Implement

8 Lawn trimmer

9 Aussie icon

10 \_\_\_\_\_ tide

11 Sea raptor

19 Golf gizmos

21 Simile connector

24 Ones

25 Fencer's requirement

26 Overtakes on an oval

27 Dart, in a way

28 Shoe part

29 Certain days in March

30 \_\_\_\_\_ tide

33 \_\_\_\_\_ tide

34 \_\_\_\_\_ time

36 Write

37 With conceit

39 Shades

40 Burn with boiling water

43 Notion

44 Tree sloth

45 \_\_\_\_\_ time


46 Back then

47 Word before hole or bath

48 Legal and expert follower

50 \_\_\_\_\_ tide

Weekly Crossword brought to you compliments of:

  
840 Park St., Kentville  
(902) 678-6000



954 Central Avenue  
Greenwood  
765-6381



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OUR SPECIALTY"

## Crossword Solution

H	O	T		F	R	O	M		E	R	L	E
I	N	K		I	O	T	A		D	O	O	R
G	T	O		B	L	O	C		G	O	W	N
H	O	S	T	E	L		H	A	E			
			E	R	S		I	S	R	A	E	L
F	L	I	E	S		R	N	A		C	P	A
L	A	D	S		T	I	E		K	E	E	P
I	C	E		P	U	P		V	I	S	E	S
T	E	S	T	E	R		S	A	L			
			I	N	N		C	I	L	I	U	M
A	M	E	N		T	R	A	N		D	N	A
G	U	S	T		H	E	L	L		E	A	R
O	D	E	S		E	D	D	Y		A	U	K

# Classified Ads

To place a Classified Ad by Word Count call Keith Pinkerton at 765-1494 local 5440. The Aurora Newspaper office is located on School Road, Morfee Annex, 14 Wing Greenwood. Email classifieds to aurora@auroranewspaper.com. Fax: 765-1717.

For information on Placing a Boxed Business Ad in the Classified Section call Anne Kempton at 765-1494 local 5833. Business or Boxed Ad Sizes for the Classified Page Range from 1 Column to 7 Columns.

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Acceptable payment methods include VISA, MasterCard, AMEX or Debit or Cash. Classified advertisements can be accepted by telephone if paying by Credit Card. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

## FOR SALE

**FOR SALE – Building lot in Greenwood.** Corner lot, close to Greenwood Mall, 100ft. x 120ft., water and sewer Call 765-8327. (3017-2tp)

**FOR SALE – Mini home in Wilmot** 2/3 bedrooms, 4 Danny St (across from Frenchy's). Recently renovated, new roof, some new windows, neutral paint throughout, fridge/stove, dishwasher and shed included. Asking \$39,900 call 765-9127 after 4:00p.m.

**FOR SALE - Bungalow with 3 bedroom / 1 bath-**

room at 982 Harmony Road on a 1/2 acre lot. \$129,900 www.propertyguys.com Property ID #0005007 Call Bryan (902) 765-3643 (3016-4tp)

**MOVING SALE – Dual core computer with vista, coffee and end tables, arm chair, love seats, rugs, TV and stand, washing machine, vacuum, Bissell carpet cleaner, queen size bed complete.** Call 765-2499 after 5:00 p.m. (3018-2tp)

**FOR SALE – Computer, flat screen monitor, hard drive, printer, scanner and desk.** \$450.00 phone 825-2439 (3017-2tp)

## FOR RENT

**FOR RENT – Neily Crescent Apartment Located off Bridge Street in Greenwood.** Newly built 2 bedroom apartments, fridge, and stove included. Laundromat located in building. Conveniently located to all

amenities. \$600.00 per month. Please call 765-0788 for more information. (3015-ufn)

**FOR RENT - Lower level 3 bedroom duplex.** \$550 per month plus utilities (Duplex available May) Located in the subdivision behind the Greenwood Mall. Fridge/stove, lawn care and snow ploughing included. Call 765-4206 (3013-ufn)

**HOUSE FOR RENT – 2 bedroom house at 2180 Hall Rd. Close to Berwick and Greenwood.** Oil heat, washer/dryer hook-up, fridge/stove included, quiet neighborhood, paved driveway. No pets/non smokers. \$650.00 per month plus utilities, references required. Available now call 538-3392. (3017-3tp)

**FOR RENT – Sandy Ct. Aylesford.** Comfortable 2 bedroom duplex apartment. Fridge/stove supplied, washer/dryer hook-up, private driveway and storage

building, quiet area. Available June 1<sup>st</sup>, adult building, only mature adult, with good rental history need inquire. \$425.00 monthly phone 765-2042 (3018-2tp)

**FOR RENT – 5 minute drive from 14 Wing Greenwood and shopping, beautiful English Tudor-style home on one acre in quiet residential neighborhood, 2 bedrooms, vaulted ceiling, massive stone fireplace in the living room, patio and nicely landscaped, includes 5 appliances.** \$950.00 per month plus utilities. Call 902-242-2235 (3017-4tp)

**FOR RENT – 1 bedroom apartment Kingston, heat and lights, fridge/stove, washer/dryer, snow removal, lawn care, parking in garage included, no pets.** Call 765-9113 (3018-1tp)

**HOUSE FOR RENT – 1 Pine Crest drive Middleton, newly renovated, 3 bedroom, electric heat, fridge/stove, dishwasher included.** \$700.00 per month plus utilities, available June 1<sup>st</sup>. Call 765-0224. Also new house for rent on 1425 Bridge St, Kingston, 2/3 bedroom, electric heat fridge/stove, dishwasher included. \$750.00 per month plus utilities, available June 1<sup>st</sup>. Call 765-0224. (3018-2tp)

**FOR RENT – 2 bedroom**

**ENGLAND WE BUY FURNITURE**  
By the piece or lot.  
We do local moving  
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**CLEAR FIREWOOD FOR SALE**  
Hard wood \$195 a cord  
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Email: [dap@davidproudfoot.com](mailto:dap@davidproudfoot.com)

Web: [www.davidproudfoot.com](http://www.davidproudfoot.com)

T: 902-765-3301 F: 902-765-6493

apartment in quiet subdivision in Greenwood. 4 appliances, cable TV and high speed internet included. Non smoker, no kids and no pets. Ideal for senior couple \$650.00 call 765-6343 (3018-2tp)

**FOR RENT - Available immediately a well kept 1 bedroom apartment within 5 minutes of Kingston/Greenwood/Middleton.** Apartment has new flooring and paint and rent of \$525/month includes all main utilities (heat, power, hot water, fridge, stove). Phone 798-5571 for information. (3018-1tp)

**FOR RENT - 2 bedroom apartment available immediately located in central area within 5 minutes of Kingston/Greenwood/Middleton.** Apartment has new flooring and paint and rent of \$625/month includes all main utilities (heat, power, hot water, fridge, stove). Phone 798-5571 for information. (3018-1tp)

**ROOM FOR RENT – Mature non-smoker to rent room in Fales River S/D.** \$110.00 per week. All facilities and amenities available. Seniors welcome call 765-3092 (3018-1tp)

**FOR RENT – Available now. 2 bedroom ground level apartment suitable for seniors.** Greenwood area. \$500.00 per month plus utilities. Snow removal and lawn care included. Call 765-0276 after 6:00 p.m. (3018-1tp)

## SERVICES

**DROP & LOCK STORAGE – Kingston/Greenwood's newest building, clean, secure self storage your lock—your security code sizes: 10' x 10' or 5' x 10' 847-1405 or 760-0278.** (2903-ufn)

**SERVICE – Wilmot Self Stor-**

**MOOD CRAFTS NATURAL PRODUCTS**  
• Aromatherapy Products  
• Pure Essential Oils  
• Carrier Oils & Bath Salts  
• Home Care Products  
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age. Newer building, clean secure units, 10'x12', 8'x12' and 10'x15', prices vary. Call 825-3452 (3018-1tp)

**SERVICE – Self Storage located in Kingston, units available 5'x12', 5'x13', 8'x10'. Prices vary call 825-3607. (2931-ufn)**

**CHILDCARE PROVIDER –** Would like to take care of children in my home, Mon-Fri. Excellent care, 25 years experience. Snacks and lunch provided, reasonable rates, call Rhonda at 765-3092. (3018-2tp)

**SERVICE – OK Corral Paint Ball Games.** Hwy 201, Paradise, 10 min West of Middleton. All equipment supplied. Call for bookings or for more info call 824-2058. Lots of fun for the whole family. (3015-4tp)

**SERVICE – Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates – flexible hours Call Mike at 242-2465 Greenwood/Kingston (3016-4tp)**

**SERVICE – The Coopers offers great travel insurance for expenses you may incur out of province. Protect you and your family. Plans start as low as \$16.00 for 7 days. Call 765-3334 or visit us at 780 Central Ave Greenwood. (3018-1tp)**

## WANTED

**WANTED – Babysitter required for 2 kids (3yrs old and 1 yr old) for part time work (2days/week) in Kingston. Preferably in home but not a hard necessity. Non-smokers only. If interested please call 242-2220. (3018-2tp)**

## FIREWOOD FOR SALE

Hardwood, \$190 a cord  
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# Serving up Easter Wishes for Deployed Families

Submitted by: Paula Davison, GMFRC Coordinator of Deployment Services  
Thanks to our GMFRC volunteers, the 14 Wing Mess staff, and our special guests from the

Wing, our 6<sup>th</sup> Annual Easter Brunch for Deployed Families was a great success. The food was amazing; we had a wonderful gathering, and thanks to the GMFRC Volunteers the children had a wonderful time making their Easter craft and playing games. CWO Hamalainen, LCol Smith McBride, and our padre, Maj Crawley, all took the time to engage in a very supportive and informative chat with the deployed families. It was a great event and a wonderful way to kick off the spring season.

## Skater of the Week

The Greenwood Skating Club Presents the "Berwick Building Supplies"



**Alyssa Aquino**

Age: 17  
School: West Kings High  
School Grade: 11  
Skating Level: Senior StarSkater  
Coach: Cheryl Gaston  
Started Skating: 5 years old  
Highest Tests Passed: Bronze Interpretive, Jr Silver Freestyle, Gold Dance and Gold Skills  
Favourite Figure Skater: Joannie Rochette and Evan Lysacek  
Favourite Part of Skating: Freestyle (spins)  
Other Hobbies: Volleyball and piano



## PICK ME UP

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## MOTHER'S DAY CAKES



*Come Decorate a Cake for Mom!*

*Thursday May 7th*

*\* 6 - 7 pm \* Cost \$1*

*Please Sign-Up or Call 765-8165*

*14 Wing Community Centre*

*The Learning and Career Centre is pleased to present a*

**Lunch & Learn**

By

**Commercial Safety College**



**Keynote Speaker**

**Roy Nichols**



**Topics:**

Programs offered by the Commercial Safety College

- Truck & Tractor Trailer Driver Training
- Straight Truck Driver Training
- Motor Coach Driver Training
- Heavy Equipment Training (Excavator, Dozer, Loader, Backhoe)
- Q&A period



**When:** Thursday, 18 June 2009  
**Time:** 1200-1300 hrs  
**Where:** LCC, Room 204, Upper Level, Birchall Training Centre

**REGISTRATION IS REQUIRED**

Interested persons may register by contacting the LCC at local 5226 or 5227





**Comrade Gordon Hardyman**

## Veteran of the Month

Comrade Hardyman is from Upper Prospect N.S. He joined the forces in 1952 in Halifax. Comrade Gord served with the Black Watch in Korea, he also serves with the Canadian Guards in Germany and Cyprus. He re-mustered as supply tech. with the ordnance corps. He later re-mustered to the R.C.A.F. as a refrigeration tech. He served in Summerside, Cold Lake and was posted to Greenwood in 1981. Retired in 1981 and now resides in Auburn, N. S. Branch 98, Kingston Legion is proud to present Comrade Gord as "Veteran of the Month", May 2009.

## Employment Tip

When faced with the need to further your education, it can be exciting and nerve-racking all at the same time. Whether you want to take a course to fill a need for knowledge on a subject or you require the upgrade to change or advance your career, there are many educational options to choose from. Many institutions cater to individuals working full time by offering solutions like night classes or online courses that you work on at your own pace. Educational advancement is never a waste and you may be surprised at the use of these resources in areas you never thought possible.

You can obtain information about your options by visiting the GMFRC where there is an extensive educational resource library of schools across the country and you will have the opportunity to discuss options that work best for you.

For more information on this employment tip or on employment services in general, contact Stephanie at the GMFRC (902) 765-1494 local 1816.

# Future Flyers Meet The Snowbirds Event



**As part of the Centennial of Flight Celebrations in Canada, 14 Wing Greenwood will host a Family Day for the Military and Civilian Communities**

**When:** Wednesday, May 20, 2009 from 3:00 p.m. to 8:00 p.m.

**Where:** 14 Wing Greenwood's parade square (bad weather venue - Hockey Arena)

**Aircraft Performing:** Snowbirds & CF-18 Fighter Aircraft Demo starting at 6:30 p.m.

**Aircraft Static Displays:** CH-149 Cormorant Helicopter, CP-140 Aurora, CC-130 Hercules, The Silver Dart Replica, Zenair and restored Anson Aircraft

**Activities for the Whole Family:** Aviation Arts & Crafts, CF-18 Cockpit Simulator, Static Displays from the Fire Department, Search & Rescue Technicians & Cadets



**ADMISSION IS FREE!**

