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The Aurora

newspaper



HCol Leonard Lee Makes Second Visit to 14 Wing

Above Honourary Colonel (HCol) Lee on tour of the Aurora aircraft meeting several members of 14 Air Maintenance Squadron (14 AMS) prior to boarding.

Submitted by: WO Ken Clarke

It is hard to believe that just four short months ago, 14 Air Maintenance Squadron (14 AMS) welcomed Mr Leonard Lee as our Honourary Colonel (HCol). During his first ever whirlwind visit to Greenwood, he met numerous Squadron members, toured our facilities and was overwhelmed by the myriad of acronyms, attention and respect shown to him by all.

His most recent visit proved to be just as exciting, but at a more relaxed pace. From 21-23 Jan 09, HCol Lee returned to Greenwood and as part of his HCol duties, attended various 14 AMS functions. In conjunction with Brigadier General (BGen) Millar's visit, he participated in the annual Squadron Mess Dinner and continued his familiarization of the

(photo credit: Pte Gerald Cormier, Image Tech, 14 Wing Imaging)

Wing capabilities and facilities. On Thursday, HCol Lee's first official duty was to meet with LCol Garbutt, Commanding Officer (CO) of 14 AMS and served as part of the official reception party for BGen Millar's tour of 14 AMS spaces.

After a brief tour of a Block Two modified CP140 Aurora, HCol Lee proceeded to the Greenwood Gardens where he dropped the puck for the annual Gartenburg Cup hockey game. This event

... continued on page 2.

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HCol Leonard Lee Makes Second Visit to 14 Wing

... cover story continued.

is a "friendly" game between 10 and 11 hangar and is the prelude to the annual Squadron Mess Dinner. Various boasts and slight exaggeration of their on-ice skills were heard but in the end, it came down to who scored the winning goal. This year the team from 10 Hangar demonstrated the determination to win and thus were victorious with a final score of 8 to 7.

Thursday evening commenced with HCol Lee's arrival at the Annapolis Mess for the Squadron's Mess Dinner. It was during this dinner that HCol Lee gained a greater appreciation of the esprit-de-corps, professional conduct and most surprisingly the singing talent demonstrated by all



Honourary Colonel (HCol) Lee drops the first puck for the Gardenburg Cup game in the Greenwood Gardens Arena.

(photo credit: Pte Gerald Cormier, Image Tech, 14 Wing Imaging)

members of the unit. Numerous leadership honours and awards were presented, including the official presentation of the Gartenburg Cup. A great time was had by all and the after dinner gathering proved to be just as entertaining.

On Friday, HCol Lee took the opportunity to visit 404 Squadron and learn about the capabilities of the new CP140 Full Flight Simulator. This state of the art simulator gives pilots and flight engineers the opportunity to hone their skills and practice emergency scenarios. As HCol Lee had previous pilot training on a decidedly smaller and older aircraft, he was offered and took the opportunity to fly the simulator. Major Ward proved to be a very adept

instructor, calmly orienting HCol Lee on the layout of the flight deck, instructing him on basic flying characteristics of the CP140 Aurora, ground taxi and takeoff procedures. For his first time flying the Aurora simulator, he did an excellent job, including the landings.

HCol Lee concluded his official duties with an office call to LCol Garbutt and then proceeded to Halifax Stanfield International Airport for his return to Ottawa. Post visit feedback from LCol Garbutt indicate that our perpetually humble HCol was overwhelmed by the attention and generosity extended to him by 14 AMS. We look forward to his next visit, tentatively scheduled for the end of March.

Anson Update

By: Colin Ainsworth

Over the past month, Keith Brenson, Ernie Killen, and Mike Dandurand finished the fuselage woodwork and the rigging of the aileron control cables. Brian Handley finished sandblasting and painting the engine fire bottles that will be installed on the engine firewalls. These will be fitted in the near future. Al Sheppard, Peter Miller, Butch Fleury, and I spent most of time manufacturing the two port and starboard wing navigation light assemblies. On a recent visit to Ottawa I managed to make a drawing and photograph the landing light

assemblies on the Avro Anson at the National Aviation Museum. These light assemblies comprise of a cylindrical tube attached to the leading edge with the red and green navigation lights attached to the tube. Al Shepard and I checked out the two electrical harnesses and then connected the lights on each wing.

Once the aircraft is on display, visitors will be able to see the navigation lights, cabin lights and instrument lights working.

Personnel from the 14 Wing ACS shop have worked wonders on the aircraft. All the metal work

required on the wing leading edges, and wing fillets is finished. The lens over the landing lights is completed, and they have caulked all the cabin windows. It's a great pleasure to work with the ACS personnel and see the interest and the excellent work they are doing on the Anson. Thanks.

This month's 'Anson Trivia' is taken from the Spud Island Chronicle by Sydney W. Clay

"Annie" was a mixed bag of metal trusses, fabric and wood, requiring skills and knowledge that was fast fading from the air force; flaps were raised and lowered hydraulically by means of a hand pump, the afore mentioned mechanically-operated undercarriage that gave little trouble other than its operation, and pneumatic brakes which did.

Snow clearance from tarmacs and runways became routine but sudden thaws and freezing rains were another kettle of fish. The Charlottetown airfield was built on land sloping down to the hangars. A



taxiing aircraft with locked wheels and spinning propellers, sliding on a sheet of ice presented a scary sight to the ground crew on equally unsure footing. When being tail-towed in such conditions, care had to be taken to avoid jack-knifing, with damaged to the elevators as a result of contact with the

tractor. Salt was not an option, so liberal use of sand and manhandling were employed when necessary.

An experiment to fit one of our Anson's with skis was tried. Beautifully made of highly-varnished wood, they proved too heavy for the retraction gear. This, plus surface-adhesion

(even to taxi), extra drag, and doubts that the Cheetahs could get her airborne, led to its abandonment - to the immense relief of the designated crew!

Next month we will continue with more "Anson Trivia Stories" From the Spud Island Chronicle by Sydney W. Clay

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Un soldat canadien tué en Afghanistan

COMFEC
OTTAWA (le 31 janvier 2009) – Un soldat canadien a été tué lorsque son véhicule blindé a heurté un engin explosif improvisé à environ 40 km à l'ouest de Kandahar City, dans le district de Zharey. L'incident s'est produit vers 14 h 45, heure de Kandahar, le 31 janvier 2009.

A été tué en action le Sapeur Sean Greenfield, membre du 2e Régiment du Génie de combat basé à la BFC Petawawa. Le Sapeur Greenfield faisait partie du 24e Escadron du Génie de campagne et servait avec le groupement tactique du 3e Bataillon, The Royal Canadian

Regiment.

Les autres membres de l'équipage du véhicule ont subi un examen médical à titre préventif et ont été retournés à leur tâche.

Les soldats participaient à une opération en cours lorsque l'incident s'est produit.

Tous les membres de la Force opérationnelle à Kandahar pensent à la famille et aux amis de Sapeur Greenfield en ces moments difficiles. Nous n'oublions pas son sacrifice alors que nous continuons à apporter la sécurité et l'espoir au peuple de la province de Kandahar.

Sapeur Sean Greenfield a été tué au combat. Il faisait partie du 2e Régiment du Génie de combat basé à la BFC Petawawa. Sapeur Greenfield était membre du 24e Escadron de Génie de campagne et servait avec le groupement tactique du 3e Bataillon, The Royal Canadian Regiment.

(credit/source: CF Photo)



One Canadian soldier killed in Afghanistan

CEFCOM

OTTAWA (January 31, 2009) — One Canadian soldier was killed when his armoured vehicle struck an improvised explosive device about 40 km west of Kandahar City in Zharey District. The incident occurred at approximately 2:45 p.m., Kandahar time, on January 31, 2009.

Killed in action was Sapper Sean Greenfield from 2 Combat Engineer Regiment based at CFB Petawawa. Sapper Greenfield was a member of 24 Field Engineer Squadron and was serving with the 3rd Battalion, The Royal Canadian Regiment

Battle Group.

The remaining members of the vehicle crew underwent a medical examination as a precautionary measure and were subsequently returned to duty.

The soldiers were participating in an ongoing operation when the incident occurred.

All members of Task Force Kandahar are thinking of the family and friends of Sapper Greenfield during this difficult time. We will not forget his sacrifice as we continue to bring security and hope to the people of Kandahar Province.

Killed in action was Sapper Sean Greenfield from 2 Combat Engineer Regiment based at CFB Petawawa. Sapper Greenfield was a member of 24 Field Engineer Squadron and was serving with the 3rd Battalion, The Royal Canadian Regiment Battle Group.

(credit/source: CF Photo)

Letter to the Editor

Dear Editor,

While, we the West Novas were in England in the late summer of 1940 the Battle of Britain seemed to taper off some; that is when Hitler was preparing to attack Russia.

There was a lot in the English newspapers about the exploit of R.A.F. night fighter pilots, which was quite interesting. There was a lot about what they had to go through, high

above England. There was a special mention about one called (Cats Eyes) Cunningham who shot down sixteen Nazi bombers. He flew alone trailing enemy bombers by their exhaust glow only, as there were no lights. There was always the danger of collision but he lived through that when many did not.

Late in the fall of 1940 our fighters started to make sweeps across

France usually flying in pairs, and finding plenty of good hunting for them. The Nazis were starting to strengthen their defences along the coast as an invasion was expected. The R.A.F. fighters used their machine guns on anything that looked like enemy. When they ran out of ammunition they headed for England. A few

of them never made it, they got shot down. A few which got shot down and were lucky to land by parachute and taken prisoner.

But the tide now seemed to be turning in our favour, as Hitler made his fatal mistake attacking Russia.

Oren Foster B.E.M.
Deep Brook

Centennial of Flight Contests

Model Essay Photography Poster

Each entry has a chance to win one of many exciting prizes, based on the age category for each contest. First place winners of the Rookie and Primary categories will have their pictures in the Aurora newspaper. Senior first place winners will win a framed Centennial of Flight poster. Winners of the Junior and Intermediate categories will win exclusive Silver Tickets, admitting the winners into an exciting "Night at the Museum" event in May.

For contest rules go to: www.greenwood100years.ca



Age Categories

6 and 7	Rookie
8 and 9	Primary
10 and 11	Junior
12-14	Intermediate
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14 Wing Family Snowshoe Day Wrap Up

By: Eric MacKenzie,
Community Recreation
Coordinator

The 14 Wing Golf Course was once again the site of the second annual 14 Wing Family Snowshoe Day. On 30 January 2009, over 175 individuals arrived to take a relaxing walk, with snowshoes, through the golf course or enjoy a sleigh ride with their families!

Our 2009 event was held on a perfect, mild winter day and included the popular snowshoe course route, which was filled with trivia questions, prizes and challenges! A great addition to this year's event was the partnership with the GMFRC and the horse drawn sleigh rides.

Those who attended were able to walk away with passes to the 14 Wing Greenwood Bowling

Centre, candy, and also full, and warm, stomachs as a result of the hot chocolate and sweets served by the GMFRC. Some children left with their faces painted as lady bugs, mice, cats, and cheetah's thanks to our Kidzone. Some participants were also lucky enough to win a red "take the roof off winter" fleece toque, one of four \$25 CANEX gift certificates, and other draw prizes.

Roughly 115 snowshoes were signed out, over the course of both time slots, and this would not have been possible without the donations of extra snowshoes. We would like to thank Pine Ridge Middle School (Cathy Rafuse), Town of Middleton, and Annapolis County for generously donating their snowshoes towards our event.

If you enjoyed the snowshoeing experience, and you are a Military, DND and NPF employee, you can take advantage of signing out snowshoes at the 14 Wing Fitness and Sports Centre by calling 765-1494 ext. 5106.

The 14 Wing Community



Ray Rousseau and Luc Rousseau play snowshoe soccer during the "Red Friday Snow Shoe Event".

Centre is a registered Take the Roof off Winter supporter and the Family Snowshoes Day kicked off our "Take the Roof off Winter" Campaign. Take the Roof off Winter is Nova Scotia's winter active campaign designed to help Nova Scotians of all ages improve their health and quality of life by being outdoors and active this winter! Recreation Nova Scotia has partnered with the Nova

Scotia Department of Health Promotion and Protection for this campaign, and assisted with our event. For more information about Take the Roof off Winter, please visit <http://www.taketheroofoffwinter.ca/>.

This event would not have been possible without the support and assistance from the GMFRC and 14 Wing Teen Council volunteers. Their commitment to this event ensured that it was a success. We would also like to



(L-R) Morgan Noble, Sharron Stone, Rylee Noble and Lorilie Misoles enjoy the day during the "Red Friday Snow Shoe Event".

(photo's by: Pte I Thompson, Image Tech, Wing Imaging)

thank the staff at the 14 Wing MFRC, Community Centre, Fitness and Sports Centre and Health Promotions. Special thanks must be given to Mike McCory, Manager of the Greenwood Golf Course, 413 Sqn (in particular Sgt. Penny and MCpl. Clavette), the crew at Heavy Equipment for clearing the road to the Golf Course and the

parking lot, Wing Imaging for capturing the memories, Greenwood Bowling Centre, Health Promotion and Protection, Recreation Nova Scotia and everyone who was willing to get "winter active" by participating!

We hope you had as much fun as we had and that you will join us next year for the third annual Family Snowshoe Event!



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Blood Donor Clinic

By: Eric MacKenzie

Here's your opportunity to save lives! It is once again time to roll up your sleeves

and take the time to give blood. Canadian Blood Services will be holding another donor clinic at the 14 Wing

Greenwood Community Centre on Tuesday February 17th. Donors can either give during the 12:00 – 3:00 p.m. time slot or the 5:00 – 8:00 p.m. evening slot on Tuesday the 17th. If you are interested in giving blood, please ensure that you bring identification with your full name and signature or full name and photograph. New donors are welcome!

This clinic is made possible by the generous support from McDonald's and Tim Hortons. If you are interested in more information please call Eric MacKenzie at 765-1494 ext. 5337, and if you wish to book an appointment, please call 1-888-236-6283.



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Important... We need Your Feedback!!! Arena Partnership Project Survey

On Tuesday the 27th of January at the Kingston Fire hall a Town Hall meeting was held by the steering committee and consultant for the Arena Partnership Project proposed for the Kingston / Greenwood area. Over one hundred participated in this the first of two Town Hall meetings.

This initial meeting was to offer what had taken place to date by the partners and the findings learned from the facility stakeholders by the consultant hired to determine the feasibility of such a venture.

This meeting also featured the introduction on the Arena Partnership Project survey, which will provide valuable feedback from the community that will be communicated at the second Town hall meeting scheduled for Tuesday the 24th of Feb., 7:00 p.m. at the Kingston Fire Hall.

The survey can be completed in one of two ways with the electronic option the preferred.

The Municipality of Kings County,

along with 14 Wing Greenwood is conducting a study to assess the feasibility of developing a Military and Community Arena and Curling Complex.

Members of the local community are being asked to complete this survey to provide input to the study. We are trying to get as many completed surveys as possible.

Should you wish to complete this survey on line you can access it as a link on one of the following sites:

- www.14wingfitness.com
- www.auroranewspaper.com
- www.kingstonnovascotia.ca
- www.greenwoodnovascotia.com
- www.county.kings.ns.ca
- **Office of Health Promotion and Protection, Valley Division - www.gov.nssca.hpp**

Hard copies of the survey can be obtained and dropped off at the 14 Wing Fitness and Sports Centre and the Village Offices in Kingston and Greenwood.

Should you have any questions on the completion of the survey please contact Fred Williams 765-1494 ext 5927.



M.P. Cops Corner

Submitted by: MS Steve Hitchon,
14 Wing MP Det

As a regular instalment to the Aurora, the 14 Wing Military Police are compiling and submitting the monthly statics for the Military Police Detachment. Listed are the more serious offences the Military Police have dealt with during the month of January 2009. Please note that no names and/or military affiliation will be submitted:

- Damage Public;
- Impaired Driving;
- Possession of Cannabis;
- Accident under \$1000;
- Impaired Driving;
- Refusal to Provide Breath Sample;

- Assault a Peace Officer;
- Resisting Arrest;
- Operation Disqualified;
- Being Unlawfully at Large;
- Disturbing the Peace;
- Absence Without Leave;
- Damage Public; and
- Theft Under \$5000.

If you have any information which may assist the Military Police in any ongoing investigation, or you wish to report an incident, please feel free to contact the Military Police at 765-5111. Furthermore, please watch for our new email address, in order to contact the Military Police Det at your convenience.

14 Wing Library

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IN ORDER FOR ALL RESIDENTS TO HAVE AN OPPORTUNITY TO PROVIDE INPUT INTO THIS LONG TERM VISION, TWO (2) PUBLIC MEETINGS HAVE BEEN SCHEDULED:

MONDAY, FEBRUARY 23, 2009
PORT WILLIAMS COMMUNITY CENTRE AUDITORIUM
1045 HWY 358 - 7:00 P.M.

WEDNESDAY, FEBRUARY 25, 2009
KINGSTON FIRE HALL
570 SPARKY STREET - 7:00 P.M.

PLEASE PLAN TO ATTEND ONE OF THESE MEETINGS AND ENSURE THAT YOUR OPINION IS PART OF OUR FUTURE PLANNING!

FOR FURTHER INFORMATION PLEASE PHONE 690-6139 OR EMAIL:

WWW.COUNTY.KINGS.NS.CA/LOOKOFF2030

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**March 3, 13, 17, 24 & 31
April 7, 14 & 21 (if needed)**

**To be held at the 14 Wing Library, Greenwood
By appointment only (765-1494, local 5430)**

Bring all your tax papers and forms with you.

This service is free!

Apportez tous vos feuillets et formulaires d'impôt.

Ce service est gratuit!

www.ccra.gc.ca/volunteer

www.adrc.gc.ca/benevole



Aircraft Fact File • Avro Lancaster

Specifications (Mk X)
Max T/O weight: 68,000 lbs
Armament: Two 0.303-inch (7.7mm) guns in nose, ventral and dorsal turrets. • Four 0.303-inch (7.7mm) guns in tail turret. • Fourteen 1,000 pound bombs. **Max Speed:** 287 mph at 12,000 feet
Service Ceiling: 24,500
Propulsion: 4x 1460 hp

Rolls Royce Merlin XX engines **Length/Height:** 69ft 6in/20ft 0in

Wingspan: 102ft 0in
Role: Heavy Bomber
Service dates (RCAF): 1943 to 1964

Entering service at the beginning of 1942, the Lancaster's design grew out of a failed predecessor, the Avro Manchester. While its airframe offered a stable platform for heavy bombing assignments, the Manchester's twin engine design was inadequate to the

task. By upgrading to four Merlins, the resulting aircraft met the nation's needs and 7,366 Avro Lancasters were built during the war (in the UK and Canada), the most of any British bomber. Armament included eight to ten Browning machine guns for fighter defense (depending on model variant) mounted in the nose, upper dorsal turret and the tail. The Lancaster was unique in that it had a 33 foot bomb bay that allowed it to carry several unique configurations.

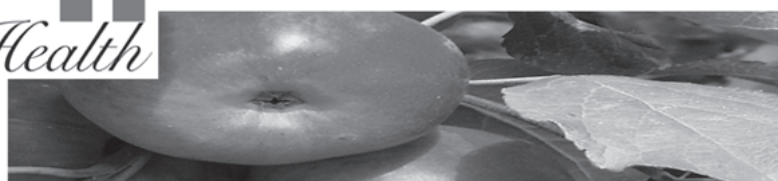
Experience with a variety of bomb loads eventually led to adoption of the 'Grand Slam' 22,000-pound bomb, the largest carried by any aircraft in the war. For the dam-busting strike in May 1943, the Lancaster dropped British designer Barnes Wallis's 'bouncing bombs' which skipped on the surface before impact. Wartime Lancaster sorties totalled about 156,000 during which roughly 608,000 tons of ordnance were dropped on the enemy.

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aurora@auroranewspaper.com

YOU



ANNAPOLIS VALLEY HEALTH



Where fresh healthcare opportunities grow

Rewarding and excellent career opportunities exist within the **NURSING TEAM at Annapolis Valley Health.**

- ✓ Support rural communities, learn about models of care at a community hospital, community health centre and develop your leadership skills.
- ✓ External applicants willing to re-locate will be eligible for support.
- ✓ Support for educational opportunities.
- ✓ Flexible scheduling to achieve work/family balance.

Annapolis Valley Health is one of the nine District Health Authorities in Nova Scotia, located in the beautiful Annapolis Valley. We provide an integrated community-based continuum of health services and support to our communities.

If you are looking for an exciting opportunity in a dynamic organization that **values employees, is committed to excellence**, and offers opportunities and support for **professional growth and development**, we invite you to bring your passion and expertise to our team!

Currently seeking:

Soldiers Memorial Hospital, Middleton, NS

Clinical Leader - Full-time Indefinite Term Comp# AVH 1222

Clinical Leader - Casuals Comp # AVH 1224

RN (Medical/ER)/Clinical Leader – Fulltime Permanent Comp# AVH 1223

Combined positions between Soldiers Memorial Hospital & Annapolis Community Health Centre

Registered Nurses - Full-time Permanent Comp # 1221

Soldiers Memorial Hospital is community hospital which supports a 25 bed medical unit, 12 bed transitional care unit, 9 bed ALC unit, Emergency Department, Addictions Unit, Veterans Unit with an emphasis on developing a strong team approach to primary care and seniors care. Annapolis Community Health Centre is a leader in interprofessional teams and supports a short stay/outpatient department.

As a registered nurse licensed in the Province of Nova Scotia with current Basic Cardiac Life Support, you have a minimum of two years recent (within five years) nursing experience. Your strong clinical background is evident in your ability to manage complex patient care issues with a commitment to safety, quality and organizational health.

Complete position vacancy details are available on our website: www.avdha.nshealth.ca
Come join our Team today...we look forward to getting to know you!

Apply in writing by February 15, 2009 quoting applicable AVH Competition #.

Annapolis Valley District Health Authority

Matthew Lever, Human Resources

15 Chipman Drive

Kentville, NS B4N 3V7

Fax: (902)678-2019

E-mail mlever@avdha.nshealth.ca

We thank all applicants for their interest, however, only those selected for an interview will be contacted.

2009 March Break Day Camps!

In less than a month, it will be time for March Break! If you're looking for a great way to spend your week off with your friends then our March Break Day Camp program is your answer!

We will be offering our weeklong program for anyone between the ages of 6 – 12 years of age, during the week of March 16th to 20th. Our weeklong program will start with daily before care from 7:30 until 9:00 a.m. with our day camp running from 9:00 a.m. until 3:00 p.m. Also, each day, an after care service will be provided from 3:00 until 4:30 p.m.

More information will be available about what great activities will be planned, by our Youth Worker Brendan Loughnane, and all other details about the week long program in March's first edition of the Aurora. Registration will start on Wednesday March 4th at 9:00 a.m. and the cost will be set at \$60.00 a week and \$55.00 for each additional child or \$15.00 a day. We will also provide before and after care for an extra \$5.00 per week or \$2.00 a day.

If you have any questions please call Eric at the 14 Wing Community Centre at 765-1494 ext. 5337.



Best Western Aurora Inn

765-3306

831 Main Street, Kingston

Valentine's Day Dinner

Saturday, February 14th, 2009

*Baby Spinach Leaf Salad
with a Red Wine Vinaigrette*

Baked Brie and Ameretto Sauce

Roast Prime Rib of Beef

or

*Maple and Pecan
Encrusted Salmon*

\$50.00

Per Couple

Your Choice of Trolley Desserts

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Per Person

Tea or Coffee



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 Energuide Award winner
 for six years running.†‡



2009 Ranger SuperCab Sport 4x2
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 pickup in Atlantic Canada
 for 3 years running.‡

Best selling
 compact pickup
 in Canada.‡

FUEL ECONOMY***
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 100KM - 20MPG



Bill Sampson, President



Reg Gaul



Scott Adsett



Heather Veinot
 General Manager

2007



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 and rewards Dealers who have
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 exemplify commitment and resolve.

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** Receive the following delivery price adjustment (delivery allowance) on the cash purchase, purchase finance or lease of the following new 2009 model Ford Rangers: \$5,000 on Ranger Super Cab Sport and \$3,000 on Ranger Regular Cab XL/FEL and SuperCab XL. Price adjustment has been reflected in the offers featured in this ad. † Cash Purchase a new 2009 Ford Ranger XL FEL (manual transmission) / Ford Ranger SuperCab Sport 4x2 (manual transmission, no-air) for \$12,999/\$13,999 (reflects Canadian delivery allowance of \$3000/\$5,000 dealer contribution of \$30/\$300 and down payment of \$0/\$0. Taxes payable on full amount of purchase price after delivery allowance deducted. Offer does not include freight and air tax (\$1,300/\$1,300), license, insurance, registration, PPSA, administration fees and other applicable taxes. *** Fuel efficiency figures based on the Ford Motor Company Canada 2009 ratings. Actual fuel consumption may vary based on road conditions, vehicle loading, and vehicle equipment and driving habits. ‡ Ford quality is based on cumulative survey data of 2008 Model Year Ford and competitive owners at three months of service in three surveys conducted 9/07-05/08. †† Safety ratings based on Insurance Institute for Highway Safety (IIHS). Top Safety Picks historical data from 2006 to 2009 and on the National Highway Traffic Safety Administration's (NHTSA) historical five-star crash test ratings. Government star ratings are part of the NHTSA's New Car Assessment Program (www.safercar.gov). † † 52.8%/51.3% of all new compact pick-up trucks sold in Atlantic Canada/Canada (NB, NF, NS, PE) in 2008 were Ford Rangers based on R.L. Polk Canada, Inc. vehicle registrations, January 2008 through December 2008. *** Estimated fuel consumption ratings based on Transport Canada approved test methods. Vehicles equipped with 5-speed manual transmission. Actual fuel efficiency may vary based on driving conditions, vehicle load, and certain vehicle accessories. †† Based on 2002-2008 Fuel Consumption Guide Data published by Natural Resources Canada for the 2.3L 4 cylinder 5-speed manual transmission Ford Ranger FEL Model. Dealer may sell or lease for less. Factory order may be required. Limited time offers. Offers may be cancelled at any time without notice. Some conditions may apply to the Graduate Recognition Program. See Dealer for details.

Atlantic FDI: 1595 Bedford Highway, Bedford, Nova Scotia B4A 3Y4.



Historic Aircraft that Played a Significant Role in Canadian Aviation Heritage

Submitted by: Bryan Nelson, Executive Director, Canadian Aeronautical Preservation Association

CAPA
THE CANADIAN AERONAUTICAL
PRESERVATION ASSOCIATION INC.



L'ASSOCIATION CANADIENNE DE
CONSERVATION AERONAUTIQUE INC.

ACCA

Curtiss Canada

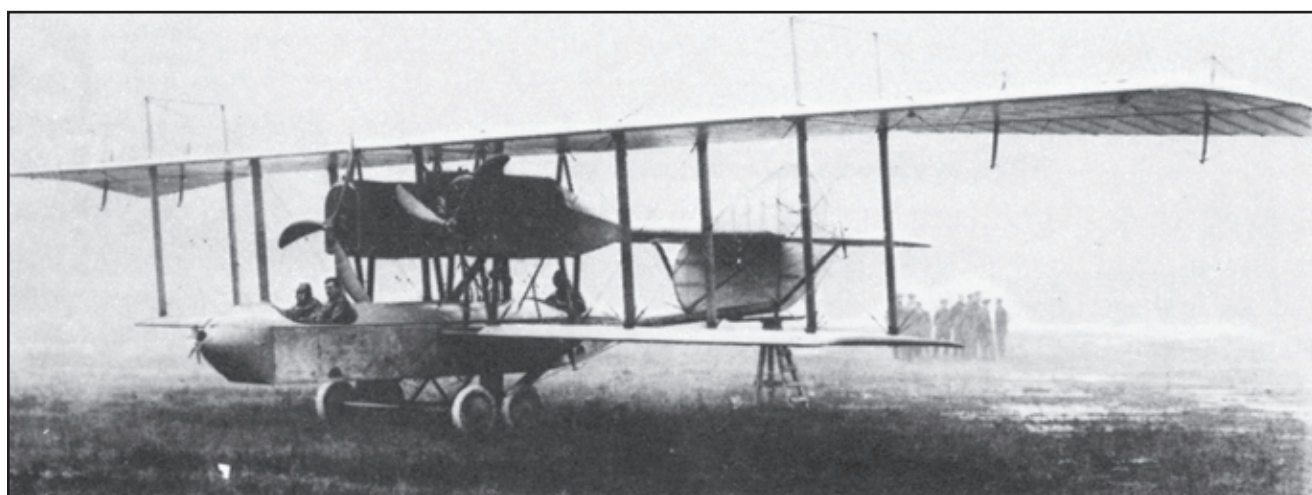
The Curtiss Canada was the first twin-engine aircraft built and flown in Canada. At the start of the First World War, the Royal Navy was impressed with the Curtiss H-4 "Small America" flying boat, and requested a landplane version. As the Curtiss Company in New York was too busy designing new aircraft and building war orders, the responsibility for modifying the flying boat to landplane, to be known as the "Columbia," was given to the new subsidiary in Toronto.

Work on the "Canada," as the aircraft was renamed when the work was transferred, began in Toronto in May 1915 with the first flight in late-July that year. The aircraft was accepted by the Royal Naval Air Service (RNAS) in September and was shipped to the United Kingdom, with test flights being made in November. Unusual for an aircraft of the time, the "Canada" was fitted

with a Sperry-designed autopilot/auto-stabilizer. An order for a further 11 was placed and delivered, ten for the Royal Flying Corps and one for the RNAS, incorporating changes made in the UK. A further 25 were ordered and then cancelled as the "Canada" had problems.

As the aircraft was designed before the characteristics of aerial warfare were known, the design was neither conducive to surviving battle damage nor to fitting with

defensive or offensive armament. The Curtiss engines with which it was fitted were unreliable while the workmanship and detail in the design were not satisfactory. Despite the poor showing, the Curtiss Canada had a significant number of Canadian "firsts:" the first twin-engine aircraft to be built in Canada, the first aircraft of Canadian design to go into production, the first Canadian-designed bomber and the first Canadian design intended for military service.



Le Curtiss Canada

Le Curtiss Canada est le premier avion bimoteur à avoir été construit et à avoir volé au Canada. Au début de la Première Guerre mondiale, la Royal Navy, impressionnée par l'hydravion à coque Curtiss H-4 *Small America*, a demandé que l'on construise une version terrestre de cet appareil. Trop occupée à concevoir de nouveaux aéronefs et à répondre aux commandes de guerre, la Curtiss Company, de New York, a confié à sa nouvelle filiale de Toronto la responsabilité de modifier la version hydravion en version terrestre, laquelle devait pren-

dre le nom de *Columbia*.

Les travaux sur le *Canada*, nom finalement donné à l'avion au moment du transfert des opérations, ont débuté à Toronto en mai 1915, le premier vol ayant eu lieu à la fin du mois de juillet de cette même année. L'avion a été réceptionné par le Royal Naval Air Service (RNAS) en septembre, avant d'être expédié au Royaume-Uni pour y subir des essais en vol en novembre. Caractéristique inhabituelle pour un avion de cette époque, le *Canada* était équipé d'un dispositif de pilotage automatique/ d'autostabilisation conçu par

Sperry. Onze autres avions, dans lesquels avaient été incorporées les modifications faites au Royaume-Uni, ont été commandés et livrés, dix au Royal Flying Corps et un au RNAS. Par la suite, 25 autres appareils ont été commandés, mais cette dernière commande a été annulée, car l'avion éprouvait des ennuis.

Ayant été conçu avant que les caractéristiques de la guerre aérienne soient connues, l'avion n'était pas préparé pour résister aux dommages subis au combat, pas plus qu'il ne pouvait recevoir d'armes défensives ou offensives. Les moteurs Curtiss dont il était équipé manquaient de fiabilité, tandis que la qualité de construction et des détails de conception ne donnaient pas satisfaction. Malgré ses faiblesses, le *Curtiss Canada* a réalisé un nombre important de « premières » canadiennes : premier avion bimoteur à avoir été construit au Canada, premier avion de conception canadienne à entrer en production, premier bombardier de conception canadienne et premier avion de conception canadienne destiné à une utilisation militaire.

14 Wing Community Centre Presents:

Sweetheart Dance

Roses are red,
Violets are blue,
Come on out and dance
with a sweetheart or two!

Friday, February 13

Pre Teen Dance 6-8 \$2

Teen Dance 8:30-11:30 \$3



14 Wing Greenwood Community Centre Promotes Girls Healthy Living Week!!



Monday February 16th

Indoor Tennis 5 - 6 pm

Healthy Snacks 6 - 6:30

Swimming 6:45 - 8:00 pm

Ages 9 - 18 are Welcome!



Girls can be dropped off at the C.C. and picked up at the Fitness & Sports Centre at 8 pm

WV PeeWee 'AAA' Spartans

The weekend of January 3rd-4th Pictou County came down to Western Valley for two games. The first game was a great hockey game; the first period saw lots of fast action and great hits. WV got 3 quick goals in the first period and never let up for the rest of the game, winning 7-2. Scoring for the Spartans with a two-goal effort was Brett Tidman and single tallies by Alex Rawding, Zach Moody, Brad Boone, Emmerson Coulter and Grant Janes. Goaltender Kyle Gordon

The next day brought on game two but with a different result. Pictou came out fast and strong scoring early, they kept the pressure on for the remainder of the game and WV could not find their skating legs, this time losing 7-2. Scoring for the Spartans was Kellan Saunders and Brett Tidman. Goaltender Bryceon Wade.

The weekend of Jan 11-12 the Spartans had a home at home series against the Yarmouth Whalers. The first game started out strong for the Spartans taking an early lead and building on it throughout the game, winning 7-2. Scoring for the Spartans with all single tallies were Brett Tidman, Ryan Thibeault, Grant Janes, Kellan Saunders, Will Johnston, Brad Boone and Emmerson Coulter. The next day brought on the rematch between the two teams, this game started out with Yarmouth being the stronger team, but a good talk in between periods saw the Spartans turning it on in the third period, winning the game 6-3. Leading the way in scoring for the Spartans with a hat trick was Zach Moody and single tallies by Grant Janes, Will Johnston and Alex Rawding. Goaltender Kyle Gordon.

The weekend of Jan 17-18 the Spartans were playing host to the Antigonish Bulldogs. The Spartans took it to their opponent early with good body checks and timely scoring winning the game 6-1. Leading the way in scoring for the Spartans with a two-goal effort was Ryan Thibeault and single tallies by Emmerson Coulter, Brett Tidman, Alex Rawding and Zach Moody. Goaltender Kyle Gordon

The following day brought on the rematch with the Bulldogs, this game started out good for the Spartans but the Bulldogs battled back making it a one-goal game with half the game over. The Spartans poured it on once again and this time never looked back winning the game 8-4. Leading the way in scoring for the Spartans with

a hat-trick was Grant Janes and single tallies by Ryan Thibeault, Zach Moody, Brett Tidman, Brad Boone and Lucas Kane. Goaltender Bryceon Wade.

The weekend of Jan 24-25 the boys were headed to Amherst to play two games. The first game the Spartans did not play their best game but came on in the end winning 8-3. Leading the way in scoring for the Spartans with a hat-trick was Ryan Thibeault with a two goal effort by Grant Janes and single tallies by Brett Tidman, Zach Moody and Kellan Saunders. Goaltender Kyle Gordon.

The next day brought on the rematch with Amherst and once again the game did not start out great for the Spartans, they ran into penalty trouble throughout the whole game and lost 3-2 in the end. Scoring for the Spartans was Grant Janes and Alex Rawding. Goaltender

Bryceon Wade.

The following weekend the Spartans had a home at home series with first place South Shore Ice Sharks. The first game did not start well for the Spartans getting into penalty trouble throughout the game, losing 5-0. Goaltender Kyle Gordon

The next day brought on the rematch and South Shore once again put the pressure on the Spartans early and the boys could not match the game speed of their opponent, losing 9-2. Scoring for the Spartans was Lukas Kane and Emmerson Coulter. Goaltender Bryceon Wade.

The Spartans now sit in third place in the Aliant Mainland League, one point out of second place. The boys are now looking to turn things around and get ready for the Aliant Mainland tournament that will be hosted by Western Valley in the Kingston arena, March 6-8.



THE MUNICIPALITY OF THE COUNTY OF KINGS

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VISION AND STRATEGIC PLAN FOR TRAILS

HAVE YOU EVER ENVISIONED A GREATER AND MORE ACCESSIBLE SYSTEM OF TRAILS WITHIN KINGS COUNTY?

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THIS QUESTIONNAIRE MAY BE FOUND ON OUR MUNICIPAL WEBSITE AT WWW.COUNTY.KINGS.NS.CA

AND CLICK ON "SURVEYS", THEN ON "TRAILS VISION SURVEY" OR COULD BE MAILED TO YOU BY CALLING ANDREA AT 1-866-425-7500.

**TO PARTICIPATE IN A FOCUS GROUP SESSION, PLEASE CONTACT ANDREA AT EDM, 1-866-425-7900.

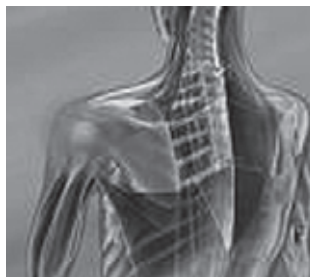
**LOOK FOR AN OPPORTUNITY TO PROVIDE FURTHER INPUT AT AN OPEN HOUSE TO BE SCHEDULED IN THE NEAR FUTURE

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Chronic Pain Management with Low Laser Therapy



Low intensity laser therapy speeds up the recovery process by delivering light energy (photons) to the cells. The cells use this energy to assist in the natural healing process. This process is also known as photobiostimulation. It is painless and has been in use for over 20 years with no known side effects. With laser therapy, we treat you at the cellular level. Laser therapy increases circulation, lymphatic drainage and gives cells the energy (ATP) they need to repair themselves.

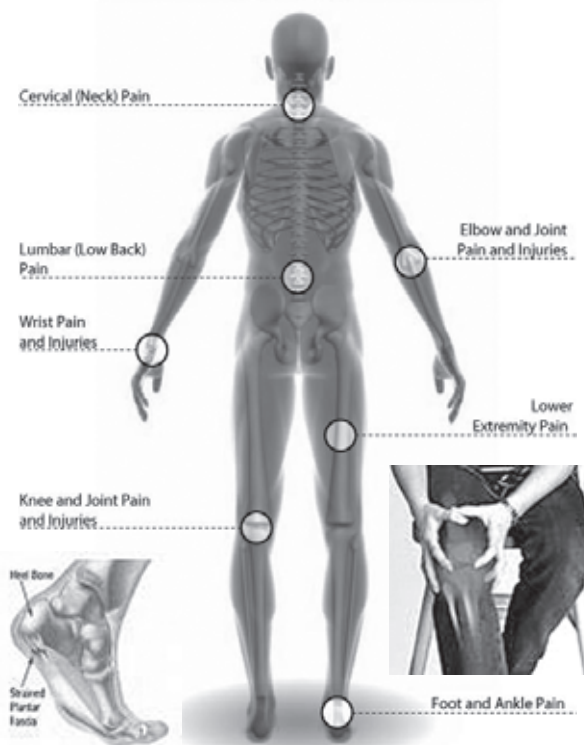
There are over 2,000 research papers on the effectiveness and therapeutic benefit of laser therapy. Low intensity laser therapy has proven to be highly effective when treating a wide range of conditions including sports injuries, musculoskeletal injuries, degenerative diseases, arthritis, knee pain, back pain, plantar fasciitis, ankle injuries and

whiplash. We have found that many patients have obtained full recovery, with fewer treatments compared to most treatment modalities. Even patients that have tried numerous other treatments and surgery can benefit from laser therapy.

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by professional athletes, sports trainers and athletes of all ages. Thousands of people have been treated with the BioFlex System. We selected the BioFlex Professional System for our clinic as a result of our extensive clinical experience with this system and its proven record.

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For Valentine's Day:

For that special loved one who has everything, give them the experience of couple (side by side) massage.

Call today to set up an appointment with Kailey and Jenna.

Gift certificates available for couples or single massage.



Kailey is a graduate of ICT Northumberland college.

She specializes in: deep tissue massage, myofascial release, pre-natal massage and also offers relaxation massage treatments.

Some of her techniques include: soft tissue release, trigger point therapy, myofascial & connective tissue release, joint play & mobilizations and swedish massage techniques.

Jenna Daniels is a graduate of the Canadian College of Massage and Hydrotherapy (CCMH)

Jenna has worked in multi-disciplinary clinics, providing therapeutic massage for a variety of ailments. She has specific training in TMJ dysfunction, chronic pain and addictions treatment, pregnancy and infant massage. She is looking forward to learning more about spinal and neuromusculoskeletal health and corrective postural techniques.

Annapolis Valley Wellness Centre

552 Victoria Dr., Kingston,
Nova Scotia 765-2700

14 Wing Celebrates African Heritage Month

All 14 Wing personnel are invited to attend on Friday, 13 Feb 09 at 0900-1200 hrs. at the Annapolis Mess Club Copri Lounge. Guest Speakers are: Mr. Irvine Carvery, President of the Africville Genealogy Society and CWO Kevin Junor, former National Military Co-Chair for the Visible Minority Advisory Group. This event is open to employees of 14 Wing.



Lieutenant Colonel P.J. Smith McBride the Wing Administration Officer reads the proclamation for African Heritage Month on behalf of the Wing Commander Colonel D.W. Joyce.



(L-R): Lori Gordon - Employment Equity Civilian Co-Chairperson, Master Corporal P. Robinson - Advisory Group member, Sylvia Frances from the Nova Scotia Community College, Rita Jardine - Advisory Group Civilian Co-Chairperson, Lieutenant Colonel P.J. Smith McBride - Employment Equity Chairperson, Chief Warrant Officer K. Rerrie the Advisory Group Military Co-Chairperson & Chief Warrant Officer J. Hamalainen - Employment Equity Champion. (PhotoS: Cpl Mary Mechalko – 14 Wing Imaging)

Book your Valentine Surprise Deliveries Today

Top Hat & Tails Deliveries for your Sweetie
Spaces are Limited

Drop in & pick out balloons & gifts

The Balloon Boutique
Home Decor & Gift Store
1519 Bridge Street, Kingston
765-6077



Beta Sigma Phi, Xi Kappa Chapter

Beta Sigma Phi, Xi Kappa Chapter, supports the Upper Room Food Bank, Kingston, N.S. Harley Hazelwood, Manager of the Kingston Food Bank and accepted donations of peanut butter. Shown with Mr. Hazelwood are Xi Kappa members, Joan and Esther, service committee. Xi Kappa supports the local food bank with monthly donations of cereal, peanut butter and other food items. Active in this area, members support community events, present interesting programs and enjoy lively socials. The sorority year begins in September until mid June. Visit the Beta Sigma Phi website or contact a member in your area for more details.

Three Course Dinner

Treat your Valentine to a romantic dinner while enjoying the smooth sounds of Barry Hawkins & his guitar.

Featuring your choice of the following entrées

- Roast of Pork Tenderloin
Served with Mojo Sauce
- Chicken Cordon Bleu
Served with Strawberry/Cranberry Sauce
- Baked Atlantic Salmon
Served with plain or dilled Hollandaise
- Pasta Atlantic with Lobster

~ Dessert ~

- Heart Shaped Cake for Two with Sherbert

Coffee or Tea

\$32.00 per person HST included
Choice of entrée required at time of reservation

Dining room opens 5 p.m. • Sat., Feb. 14th

Falcourt Inn

For reservations, please call
825-3399 or 1-800-464-8979
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www.falcourtinn.ns.ca

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08-29A	1986	GRAND NATIONAL	BLACK	6	A	AC,PW,3.8TURBO	6700	32995
04-341A	1999	SOLARA SE V6	BLACK	6	A	SUPERCHARGED	134000	10995
08-293A	2003	SX 2.0 SPORT	BLUE	4	A	AC,PW,PDL,CRU	68000	7995
09-290A	2003	ECHO SEDAN	SILVER	4	A	AC,CD	120000	8995
09-318A	2004	ELANTRA VE	MAROON	4	A	AC,PW,PDL,CRU	25000	9995
07-237A	2005	DAKOTAQUADCAB	SILVER	8	A	ST,4X4,AC,CD	80000	14995
09-271A	2005	COROLLA CE BA	GREEN	4	5	AC,PDL,CD	105000	10995
09-362A	2005	COROLLA CE BA	SILVER	4	5	AC, PDL, CD	75000	11995
09-414A	2005	COROLLA CE AA	GREY	4	A	CD	125000	8995
09-72A	2005	MATRIX XRAA	SILVER	4	5	AC,PW,PDL,CRU	92000	13495
09-402A	2005	COROLLA CE BA	BEIBE	4	A	AC,PDL,CD	75000	12995
09-366A	2006	MERCEDES B200	BLUE	4	A	AC, PW, PDL, CRU	15000	21995
09-374A	2006	PURSUIT G5	SILVER	4	5	CD, SPOILER	93000	8495
09-340A	2006	HIGHLANDER HYB	BLUE	6	A	HYBRID,LOADED	70000	25995
08-225A	2006	PT CRUISER	SILVER	4	A	AC,PW,PDL,CRU	62000	9995
09-380A	2006	COROLLA SE TA	BEIGE	4	A	LOADED/SUNROOF	54000	15995
U1631	2007	YARIS 5DR H/B	SILVER	4	A	A/C,CD	50000	13995
U1641	2007	CAMRY LE AA	WHITE	4	A	AC,PW,PDL,CD	10000	20995
U1656	2007	CAMRY LE AA	GREY	4	A	AC,PW,PDL,CRU	38000	18995
09-469A	2007	YARIS 3DR H/B	RED	4	5	CD	81000	10995
U1642	2008	YARIS SEDAN	SILVER	4	A	A/C	22000	15995
U1638	2008	YARIS SEDAN	RED	4	A	A/C	23000	15995
08-342A	2008	YARIS SEDAN	GREY	4	5	AC,PW,PDL,CD	32000	14995
09-201A	2008	PONTIAC G5 SE	SILVER	4	A	AC,PW,PDL,CRU	7000	15995
U1653	2008	PRIUS HYBRID	BLUE	4	A	AC,PW,PDL,CRU	51000	25995

840 Park Street Kentville, NS

(902) 678-6000

Looking for Lucky Winners!

GMFRC Needs Assessment 2008 Winning Ticket

If you participated in our GMFRC Community Needs Assessment in the beginning of December 2008, this is for you.

The winners have not come forward yet. So if you still have your ticket number, please check your number as you could be a winner of the following gift certificates.

1st prize - A \$200 gift certificate from Superstore goes to ticket number 0676.

2nd prize - A \$100 gift certificate from Sobeys's goes to ticket number 0636.

3rd prize - A \$50 gift certificate from Sobeys's goes to ticket number 0669.

To claim your prize, just drop by the Greenwood MFRC with your ticket stub.

For the Birds

By: Patrick Giffin

In Middleton Adora Parsons has a very loyal, male, Northern Cardinal that visits their feeder every day. Adora wrote: "Recently a lonely, American Robin has been stopping to get what is left of the fruit on the crab-apple tree. We also have a pair of grey squirrels: managed to get a picture of the cardinal and the squirrels. Most days still have American Goldfinches, Chickadees, Dark-eyed Juncos, Pine Siskins and Downy Woodpeckers."

Here, Barbara has abandoned the alarm clock having established complete faith in the House Sparrows that roost in a Palm Tree about 10M from our balcony. In the morning, they invariably begin chirping, in unison, at 0627. Perfect! We go birding at 0730. The population, estimated to be 50-60, arrive each evening within seconds of 1720, all chirping at a notable volume. They simultaneously become silent at 1720 with a subsequent single, finale, chirp from an invisible maestro.

In Ravenwood, Andre Elieff reports: "Today we had two bushy tailed Grey Squirrels drop by at the same time, plus the stumpy tailed grey and the black one later on their own. The little red squirrel works his snacks between the grey visits. Also have had a couple of Red Crossbills visiting. They hardly ever visit my feeders so it was different treat." Perhaps they are conserving the energy it would take to pry apart the pine cones.

In Fales River, Tony Chalk reports: "Well I had my first White-Throated Sparrow today joining the Song Sparrow, Chipping Sparrow, American Tree Sparrows, and Song Sparrows. But where are the House Sparrows? No visits from the Red-tailed Hawk! Has anyone else who reads or contributes to your column noticed the lack of House Sparrows this winter? They may not be everyone's favourite sparrow, but does the lack of them mean something is happening in the bird world? There is little sympathy for the decline of the H. Sparrow in North America, please see: <http://omega.twoday.net/stories/1147135/> In Greenwood, Don and Sharon Dooks reported. "On Jan., 31 we saw approx. 50 Bohemian Waxwings in the trees behind our house in Greenwood."

Waxwings are an attractive species; this time of year the Cedar Waxwings, that are with us year round are joined by their Bohemian relatives to double our pleasure. Look for the Bohemian's rufous, under-tail, coverts!

Tim Feero wondered if the 8 hawks he saw perched in the trees along the 101hwy between Berwick and Aylesford were all Red-tailed Hawks (RTH). For

years, Barbara and I have stopped hoping to see something different but we can't recall any. Infrequently you may see a Bald Eagle fly over the highway; however, as you get to Kentville

and beyond, perched Bald Eagles are a good possibility. The RTHs perched along the 101 have an opportunity for road kills as well as watching for rodents in the adjacent fields. For now the RTHs

outnumber any other hawk, species that might sample this territory so an opportunist can rely upon an unsociable reception. Time permitting this extraordinary number of

individuals provides an opportunity to test your skills in identifying the many phases of the RTH's maturation. For variety, this time of year, it is worth the short jaunt to the 201hwy

just east of Spa Springs to see the Rough-legged Hawks that are with us for the winter. For the next few weeks, please report to barpat@ns.sympatico.ca, the phone will not be attended.

Share the love.

This Valentine's, buy any smartphone and get one of the following free.¹



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with a \$100 Fun bundle discount on a 3-yr. term³
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(\$399.95 no term)



3G BlackBerry® Pearl™ 8130 smartphone

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with a \$35 voice and data plan on a 3-yr. term⁵
(\$449.95 no term)



Samsung Cleo™

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Sunnyside Mall
DownEast Communications
741 Bedford Hwy.

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DARTMOUTH
Alliant Business Solutions Store
202 Brownlow Ave.
Alliant Stores
Penhorn Mall
Mic Mac Mall
DownEast Communications
Atlantic Superstore,
650 Portland St.

ELMSDALE
DownEast Communications
269 Hwy. 214

FALL RIVER
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GREENWOOD
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Greenwood Mall

HALIFAX
Alliant Stores
Halifax Shopping Centre
(upper and lower)
201 Chain Lake Dr
5475 Spring Garden Road
DownEast Communications
Maritime Centre
Scotia Square
West End Mall

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DownEast Communications
Sobeys, 752 Sackville Dr.
Atlantic Superstore,
745 Sackville Dr.

NEW GLASGOW
Alliant Store
Highland Square Mall

NEW MINAS
Alliant Store
County Fair Mall

PORTER'S LAKE
DownEast Communications
5228 Hwy. 7

TANTALON
DownEast Communications
Sobeys, Hubley Centre

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Alliant Store
Truro Mall
DownEast Communications
Sobeys, 985 Prince St.

YARMOUTH
Alliant Store
Yarmouth Mall

Offer ends February 15, 2009. Available with compatible devices within Bell Mobility high speed mobile network coverage areas. Other monthly fees, i.e., e9-1-1 (75¢), system access (not a government fee) (\$8.95), and one-time device activation (\$35) apply to each member. Long distance and roaming charges (including foreign taxes) may apply outside your local area. Upon early termination, price adjustment charges apply. Subject to change without notice; not combinable with other offers. Taxes extra. Other conditions apply. (1) With new activation on a 3-yr. term on a Share plan with a min. value of \$10/mo. per member. First device must be purchased at regular price; second device must be of equal or lesser value. (2) With new activation on a monthly voice plan. (3) With new activation on a monthly voice plan with a min. Fun 15 bundle. Rebate applies on device before taxes in-store, on the Web or on the account otherwise; allow 4 to 6 weeks. You must keep the Fun bundle for 12 months after activation, otherwise a one-time data service price adjustment of \$200 will be charged on your account. (4) With new activation on a Smartphone Combo 35 plan or a monthly voice plan and a data feature with a total min. value of \$45/mo. (5) With new activation on a monthly voice plan and a data feature with a total min. value of \$25/mo. (6) With new simultaneous activations on a 3-yr. term on a Share plan (max 5 members). Credit of \$10/member applied on the account before taxes; allow 6-8 weeks. Reveal is a trademark of LG Electronics Inc. Samsung Instinct and Samsung Cleo are trademarks of Samsung Electronics Co., Ltd., and its related entities. HTC Touch Dual is a trademark of HTC Corporation in Canada. BlackBerry, RIM, Research In Motion, SureType, SurePress™ and related trademarks, names and logos are the property of Research In Motion Limited and are registered and/or used in the U.S. and countries around the world.

Atlantic Region Men's Hockey Championship

Come one come all and show your support to the Atlantic Region Men's Hockey Championship. Your very own 14 Wing Greenwood Bombers will be hosting the Gagetown Warriors and Formation Halifax in the most exciting championships yet, from 11-13 February 2009. Opening Ceremonies will be at 0830 Thursday 12th in the Arena, and the closing ceremonies will follow the Championship game on Friday.

Schedule is as follows:

Date	Time	Away
Thurs Feb 12	0900	Halifax
Thurs Feb 12	1400	Greenwood
Thurs Feb 12	1900	Gagetown
Fri Feb 13	1000	Championship Game

Flight Engineer Information Tour



A Flight Engineer information session will be held at 14 Wing Greenwood at the 413 Squadron Briefing Room on Thursday the 19th of February. All Aviation Technicians interested in becoming a Flight Engineer or anyone just interested in finding out what this exciting trade has to offer, is welcome to attend. There will be 2 sessions, one at 10:00 a.m. and the other at 2:00 p.m. We hope to see you there.

Support the Troops

Submitted by: Brenda
Virtue-Ellis, GMFRC
ECEP Teacher at 764-
1494 local 5053 or
email Brenda.Virtue-
Ellis@forces.gc.ca

The children at the GMFRC Early Childhood Education Program created Valentine messages for the Valentine's mail out for the deployed troops. The children hand delivered the messages to Paul Davison, Coordinator of Deployment Services.

For more information on the Early Childhood Education Program, contact Brenda Virtue-Ellis.

Front row; Charlie Boudreau, Ella Featherstone, Rachel Power, Kristina Remenda.
Back row: Chase Barron, Kyla LeBlanc, Dallis MacKenzie, Mason Francis-Walker.



Fire Fire Fire Fire

Aylesford and District Volunteer Fire Department Volunteers

If you are free most Monday nights and every 5th Sunday morning, do we have a deal for you! Currently there is a critical shortage of volunteer firefighters in many districts throughout the valley and Aylesford is no exception. This absolutely

essential community service cannot function without a dedicated group of community minded members. If you are interested in checking out the challenges and rewards of serving your community in this most honourable organization, drop by the hall any Monday night

or Sunday morning and check us out. During a quick visit, you can ask any firefighter for an application or simply call one of membership committee members:

Peter Fancy at 341-2163
email peterfancy@eastlink.ca
Wayne Ritchie at 847-3559
Jeff Dion at 847-3804

There will be an open house for any and all interested community members on Wednesday 18 February, 2009 at 7.00 p.m.. Bring your kids to have a look at the equipment and ask any questions you may have.

Free refreshments will be provided!



THE MUNICIPALITY OF THE COUNTY OF KINGS

87 Cornwallis Street PO Box 100
Kentville, NS B4N 3W3

TENDER 08-21

Lift Station WE 2 Retrofit

The Municipality of the County of Kings, Engineering and Public Works Department invites tenders for the supply of material and labour for the installation of a Lift Station Retrofit in Waterville, Nova Scotia. The work includes, but not limited to, the following:

- Removal of existing mechanical and electrical equipment;
- Installation of two pump volutes, discharge base assemblies, and related materials for two ITT Flygt pumps in the wet well;
- Provision of temporary sewer service during the Work;
- Installation of a new manhole valve chamber; and
- Miscellaneous site work.

Tender packages will be available to be viewed and picked up on Monday, February 2, 2009 at the office of the Department of Engineering & Public Works, Municipal Complex, 87 Cornwallis Street, Kentville, Monday to Friday from 8:30 am to 4:30 pm. Tenders may also be viewed at the Nova Scotia Construction Association located at 260 Brownlow Avenue – Unit 3, Dartmouth, N.S.

**SEALED TENDERS WILL BE ACCEPTED UNTIL
2:00 pm Thursday, February 19, 2009**

The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

Scott Quinn, P.Eng., Manager of Engineering Services
E-mail: squinn@county.kings.ns.ca

Tel:(902) 690-6195 Fax: (902) 679-0911
Local from Kingston & Greenwood (902) 847-3051
www.county.kings.ns.ca



THE MUNICIPALITY OF THE COUNTY OF KINGS

87 Cornwallis Street PO Box 100
Kentville, NS B4N 3W3

TENDER 08-22

Lift Station GP1 Retrofit

The Municipality of the County of Kings, Engineering and Public Works Department invites tenders for the supply of material and labour for the installation of a Lift Station Retrofit in Grand Pre, Nova Scotia. The work includes, but not limited to, the following:

- Removal of existing mechanical and electrical equipment;
- Installation of two pump volutes, discharge base assemblies, and related materials for two ITT Flygt pumps in the wet well;
- Provision of temporary sewer service during the Work;
- Miscellaneous site work.

Tender packages will be available to be viewed and picked up on Monday, February 2, 2009 at the office of the Department of Engineering & Public Works, Municipal Complex, 87 Cornwallis Street, Kentville, Monday to Friday from 8:30 am to 4:30 pm. Tenders may also be viewed at the Nova Scotia Construction Association located at 260 Brownlow Avenue – Unit 3, Dartmouth, N.S.

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Tel:(902) 690-6195 Fax: (902) 679-0911
Local from Kingston & Greenwood (902) 847-3051
www.county.kings.ns.ca

Learning and Career Centre Mission Statement

"People working together to foster a learning culture – within the Defence Team – many places, many ways."

Military and Civilian Defence Team Members - Don't Miss Out on these Upcoming Workshops!

Exploring The Leader In You

DATE: (note date changed to 25-26 Feb 2009, 0830-1530

hrs)

DURATION: 2 days

DELIVERY: Caroline Couture, Learning Advisor

COURSE LOCATION: Learning and Career Centre; Birchall Training Centre

LEARNING OBJECTIVES: One of the challenges DND faces in the near future is the gaps that will exist in our management cadre as our aging workforce enters retirement. It is critical that we start now to identify and develop our future managers. This course was developed specifically for DND to help participants explore what it means to be a leader

and whether this is a path they wish to pursue.

DESCRIPTION: This self-exploratory course will help participants determine if they wish to pursue a leadership role, whether it be at work or on a more personal level within their community. Participants will be exploring their values, their preferred style of problem solving, as well as their leadership style and how to balance work and personal life. Benefits to participants include the following. Participants will: • Be more decisive about their leadership role • Be aware of how developmental experiences contribute to their leadership effectiveness • Be aware of how energizing learning experiences contribute to their development • Hear stories of leadership excellence • Leave with a clear plan for their leadership vision • Be able to direct their leadership education

Participants will be aware of: • DND's approach to leadership development • The Center for Creative Leadership's model for Leadership Development • Their own values • Their preferred leadership roles • Balancing work and life • The way they respond to change • The three stages of the change process • Their learning approach • How to move towards the preferred future for their leadership vision • Left and Right brain thinking • Their leadership vision.

WHO SHOULD ATTEND? Individuals who are not currently in leadership positions but may want to consider this as a career path.

ELIGIBILITY: Military and civilian members of the Defence Team. No prerequisites.

COURSE LOADING: Maximum 16 participants

TUITION: No cost

REGISTRATION REQUIRED: Contact your Unit Training Coordinator

LCC Upcoming Workshops

Please note prices on LCC Computer Courses have increased as follows: Full Day Course \$110.00

February 2009

- 16 Access Level 1, \$110.00 per person • 1 day
- 17 Visio, \$110.00 per person • 1 day
- 19 Civilian Performance Plan & Review (PLP) • ½ day
- 23 Power Point Level 2, \$110.00 per person • 1 day
- 24 HTML Introduction, \$110.00 per person • 1 day
- 25-26 Exploring the Leader in You • 2 days

March 2009

- 02 Word Level 2, \$110.00 per person • 1 day
- 03 Power Point Level 2, \$110.00 per person • 1 day
- 04 Civilian Performance Plan & Review (PLP) • ½ day
- 09 Access Level 3, \$110.00 per person • 1 day
- 10 Outlook Level 2, \$110.00 per person • 1 day
- 16 Introduction to Internet, \$110.00 per person • 1 day
- 17 Excel Level 1, \$110.00 per person • 1 day
- 23 Power Point Level 1, \$110.00 per person • 1 day
- 24 Word Level 3, \$110.00 per person • 1 day
- 24 Joint Learning Program: Employment Equity (TBC) • 1 day
- 30 Introduction to Computers, \$110.00 per person • 1 day
- 31 Excel Level 2, \$110.00 per person • 1 day

GMFRC • Feature of the Week

Child/Youth and Parenting & Emergency Childcare Services Coordinator: Kim Dixon at 765-1494 local 1812 or email at dixon.k@forces.gc.ca

Babysitting Course

Monday, March 16th, 2009

8:30 a.m. – 3:30 p.m.

Youth aged 11 yrs and up

\$25.00

Registration deadline: Monday, March 9th, 2009

Providing care to children is a big responsibility. You are the person who ensures their safety and well being while their parent/caregivers are away. Whether you are babysitting for an hour for a neighbor, or wanting to make some extra money during the summer at the GMFRC Teen Sitter Program, a Babysitter Training Course is an essential workshop that provides youth with valuable life-skills training. Our goal at the GMFRC is to offer programs that promote optimal development for our youth. Youth are required to bring a brown bag lunch. This course is limited to 15 participants.

Central Stations



~ Hair Salon ~

Hair Stylist Wanted

Please drop resume off at salon.

774 Central Ave., Greenwood

765-4489

Mon - Fri 9:00-7:00

Sat 9:00 - 5:00

Greenwood Bowling Centre

Open 7 Days a Week
MAKE Your Reservation Today
Every Monday & Wednesday Afternoon 1-4 p.m.

All U Can Bowl Just \$ 5.00

Every Monday & Wednesday Eve 6-9 p.m.

ALL GAMES \$ 1.00

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For more info call 765-1494 ext 5631

www.5pinbowling.ca

Family Fun for Everyone
Keep Fit Bowl a Bit



It is that time of year again!

14 Wing Greenwood Information Booklet 2009

We are getting ready to put together the 14 Wing Greenwood Information Booklet 2009. This full colour publication provides information on all activities, squadrons and units on the Wing and is distributed to all new arrivals.

Here is your chance to have your business featured in this booklet that will be a great reference for military households for an entire year!

Advertising sizes and rates:

1/4 page \$400 plus tax

1/2 page \$700 plus tax

Full page \$1200 plus tax

Back page **SOLD**

Call Anne
at 765-1494 ext. 5833
or E-mail:
aurora@auroranewspaper.com



Visit our website to view last year's guide at
www.auroranewspaper.com

The LCC is pleased to offer a
Lunch & Learn information session on:

DND Mentoring Program

Are you interested in being a Mentee? A Mentor?

Please join us for a Lunch and Learn on the

NEW DND Mentoring Program!

Date: 16 February 2009

Time: 1200-1300 hrs

Location: Room 203-02, LCC, Upper Level,
Birchall Training Centre

The objectives of the session are to give you an overview of the new program that was launched 10 December 2008 and to encourage you to register as either a mentor or a mentee! We need YOU!

Come to the session. So bring your lunch and get more information on this exciting new learning opportunity!

Space is limited, so please register

by phoning the LCC at local 5226 or 5227.



Greenwood Military Family Resource Centre Offerings

The workshops, programs, and services offered in this issue only covers for the next couple of weeks. For future and ongoing programs and services, please visit our website at www.greenwoodmfr.ca or call 765-5611. To register, drop-in at the Centre located at the AVM Morfee Centre on School Road (Greenwood).

Note: We are sorry for any inconvenience this may cause, but to keep costs down, the only methods of payment accepted for workshop registrations is cash or cheque. To ensure your spot for a workshop, payment is required at the time of registration.



February 8th - 12th
Sun -Thur • 8 p.m.

He's Just Not That Into You

Rated PG

While you are at the theatre enter to win an iPod Nano. We will be giving away 1 a month.

Dolby EX Digital Sound
Come See it on the Big Screen www.zedex.ca

Kingston Legion



Prize Money
Guaranteed: \$2,500

BOOKLET BINGO

Sunday, 1:45 p.m.
Tuesday, 7:45 p.m.

Regular Games - \$100

- 1 Early bird - 60/40
- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances
- Double Action

Lic.#
35542-96



Adult Programs and Employment Services

Coordinator: Stephanie Townsend at 765-5611 local 1816 or email Stephanie.Townsend@forces.gc.ca

Upcoming Programs or Services

Food Handling Course
Monday, Feb 23rd, 2009
8:30 a.m. – 3:30 p.m.
Classroom 2
\$28.00

Registration deadline: February 16th, 2009

CF Recruiting
Thursday, Feb 26th, 2009
10:00 a.m. – 4:00 p.m.
Classroom 1
Free

Defensive Driving Course
Monday & Tuesday,
March 9th & 10th, 2009
6:00 p.m. – 9:00 p.m.
Classroom 1
\$20.00

Registration deadline: March 4th, 2009

Emergency First Aid/ CPR

Tuesday, March 17th, 2009
8:30 a.m. – 4:30 p.m.
Classroom 1
\$50.00

Registration deadline: March 13th, 2009

Stampin' Up Class
Wednesday, March 18th, 2009

6:00 p.m. – 9:00 p.m.
Classroom 2
\$15.00

Registration deadline: March 16th, 2009

CF Recruiting
Monday, March 23rd, 2009
1:00 p.m. – 5:00 p.m.
Classroom 1
Free

2nd Annual 14 Wing Education & Career Fair

Thursday, March 26th, 2009

9:30 a.m. – 2:30 p.m.
Annapolis Mess, 14 Wing Greenwood

Free Employment Ongoing Services

- Resume and Cover Letter Creation and Modification
- Resume Updating
- Career Assessment / Counselling
- Job Search Assistance
- Interview Skill Building
- Information on Small Business Planning
- Information on Military Home-based Business Network
- Magazines and Books exchange
- Employment Computer Available
- Portfolio Development

Community Information Services

Coordinator: Nicole Godin at 765-1494 local 5941 or email Nicole.Godin@forces.gc.ca

Ongoing Services

- Greenwood Welcome package
- GMFRC Virtual Welcome package
- New Arrivals Registration
- Welcome GMFRC visit/ tour and Welcome Gift
- GMFRC Welcome Calls
- Outreach to Reserve Units
- GMFRC Email Information Newsletter
- GMFRC Website
- Community Information Database
- GMFRC Family Fun Day

Deployment Services

Coordinator: Paula Davison at 765-1494 local 5583 or email at Paula.Davison@forces.gc.ca

Upcoming Programs or Services

Deployed Families Fun Sunday Tobogganing /Pot Luck

GMFRC • Feature of the Week

Deployment Services

Coordinator: Paula Davison at 765-1494 local 5583 or email at Paula.Davison@forces.gc.ca

Deployed Families Fun Sunday Tobogganing /Pot Luck

Sunday, February 22nd, 2009

2:00 p.m. – 5:00 p.m.

Location: The Annex at Queen of Heaven Chapel
Registration deadline: Call 765-5611 by Wednesday, February 18th, 2009

Come join in an afternoon of family fun. Meet at the Annex for an opportunity to mingle with other deployed families and let the kids have some fun while you relax and enjoy some conversation and refreshments. There is tobogganing for the children weather permitting, but also board games and movies. Bring your favorite dish or something quick and easy, and we'll all share a buffet dinner at about 4pm. Complimentary tea, coffee and hot chocolate. This is a perfect opportunity to meet with other deployed families and make a valuable connection.

Sunday, February 22, 2009
2:00 p.m. – 5:00 p.m.

Location: The Annex at Queen of Heaven Chapel

Registration deadline: Call 765-5611 by Wednesday, February 18th, 2009

Deployed Families Adult Pool Night at Dooly's

Monday, February 9, 2009
8:00 p.m. – 10:00 p.m.

Location: Dooly's, 963 Central Avenue, Greenwood
Cost of pool compliments of Dooly's

Registration deadline: Call 765-5611 by Friday February 6th, 2009

Deployed Families Card/Craft Club & Children's Fun/Support Group

Tuesday, Feb 17th, 2009
6:00 p.m. – 8:00 p.m.

GMFRC
Cost: Complimentary

Registration: Call 765-5611 and register before Friday, February 13th, 2009. Don't forget to register your children for the Fun/Support Group.

Is your military member away?

If you have a military family member who is away (spouse, son, daughter, partner, grandchild, etc) on operational duty - including deployments, courses, TD, & so on - & you haven't heard from the GMFRC, please give Paula a call & we'll set you up with any of our programs/services/activities that may interest you. We do not know you're out there unless you let us know.

All of our ongoing activities are open to ALL families experiencing a family separation due to operational requirements. We offer pre, during, & post deployment information, assistance, outreach, & support to anyone who chooses to participate. Just give us a call!

* For respite childcare offerings for deployed families, see details under Child/Youth & Parenting Services.

Prevention, Support and Intervention Services

Coordinator: Shannon Doubleday at 765-5611 or email Shannon.Doubleday@forces.gc.ca

Upcoming Programs or Services

Connecting Friends
Every Wednesday
9:30 a.m. to 11:30 a.m.

At the GMFRC
Open to the public

Childcare is available through the GMFRC Casual Childcare Service. For more information about Connecting Friends please

call Shannon and to schedule childcare please call Coreen at 765-1494 local 1817.

Couples Retreat

Friday, May 29th and Saturday, May 30th, 2009

GMFRC

Watch the Aurora for pending details on costs and workshops.

Ongoing Services

- Emergency Shelter
- Resource Library
- Assessment and referral
- Short term support
- Crisis Intervention

Child/Youth and Parenting & Emergency Childcare Services

Coordinator: Kim Dixon at 765-1494 local 1812 or email at Kim.Dixon@forces.gc.ca

Upcoming Programs or Services

Children's Deployment Support Group

Tuesday, Feb 17th, 2009
6:00 p.m. – 8:00 p.m.

GMFRC

Children who currently have a parent/caregiver deployed
FREE

Respite Dates

Saturday, Feb 14th, 2009
GMFRC

12:00 p.m. – 4:00 p.m.

Children aged 12 years and under who currently have a deployed parent/caregiver.

Registration deadline: Thursday, February 12th, 2009

Friday, Febr 27th, 2009
GMFRC

5:00 p.m. – 9:00 p.m.

Children aged 12 years and under who currently have a deployed parent/caregiver.

Registration deadline: Thursday, February 26th, 2009

Ongoing Services

- Youth Council
- Academic Tutoring Service
- Parent & Tot Program
- Toddler Tuesdays Program
- Tumble Tots
- Baby Club
- Licensed Casual Childcare Services
- Licensed Early Childhood Education Program

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at Janie.Gagnon@forces.gc.ca

Upcoming Workshop

NS Food Safety Course
Monday, Feb 23rd, 2009
8:30 a.m. – 3:00 p.m.

Free for volunteers
Register by calling 765-5611

Volunteer Opportunities

Valentine Cookie Grams

2 Wrapping Sessions*

Wednesday, Feb 11th, 2009

10:00 a.m. – 4:00 p.m.
GMFRC classroom #1

Volunteers needed: Many

Thursday, Feb 12th, 2009

9:00 a.m. – 4:00 p.m.
GMFRC Classroom #1

Volunteers needed: Many

Valentine Cookie Grams Delivery Day*

Friday, Feb 13th, 2009
8:30 a.m. - 12:00 p.m.

GMFRC classroom #1
Volunteers needed: Many

Cupids drivers and navigators

Warm Line Callers
Ongoing need

Flexible (2 hours per month)

GMFRC or from home
Registration deadline: Open

Volunteers needed: Many (you will receive a prior training)

Gym Preparation and Facilitator for Parent & Tot

Every Wednesday
9:00 a.m. – 11:00 a.m.

GMFRC Gym
Volunteers Needed: 1

Set up and facilitate Wednesday gym program

Parenting Information Bulletin Board

ASAP
Anytime (Monthly)

GMFRC
Volunteers Needed: 1

Maintain and update bulletin board

Parent & Tot Preparation Helper*

ASAP
Anytime (Monthly)

GMFRC
Volunteers Needed: 1

Ensure all craft preparation is ready (can be done from home)

* Suitable for our awesome Youth Volunteers!

Second Language Service/Service De Langue Seconde

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at Janie.Gagnon@forces.gc.ca

Soirée Cinéma Gratuite en Français!

Titre: Bienvenue chez les Ch'tis

Comédie
Jeudi 26 février 2009
19h00

Centre Birchall, 2^{ième} étage, École des Langues de la 14^e Escadre

Films et popcorn gratuit!

French Movie Night!

Title: Bienvenue chez les Ch'tis

Comedy
Thursday, Feb 26th, 2009
7:00 p.m.

Birchall Centre, 2nd floor,
14 Wing Language School

Free movie and popcorn!

Hear Ye, Hear Ye, Exhibition Hockey Game Coming Up • Golden Oldies Versus Base Females

Submitted by: R.E.H.

Come one, come all folks to the annual fundraiser to be played at the Berwick rink on Saturday the 14th of Feb at 8:15 p.m.

The proceeds from this free will fundraiser game will go to purchase an AED Automated External Defibrillator (for the rink). The game will pit the Golden Oldies decrepit versus the Base Greenwood fast skating females, better known as the Valley Heart Breakers.

Just to mention some of the decrepit illnesses you have Bobby Landry with his powerless pacer, you'll see one of the good boys pushing his front end loader, Dave Kinsmen, with two artificial hips but for the love of the game these dedicated Oldtimers have been known to use duck tape to hold themselves together.

Read on there's more, you have Jerry Meade and Dave Kennedy as the human bone crushers, John Charest and

Garth Aalders; your two bionic skaters and our 3 and 4 heart and cancer survivors, Barry Mitchell, Wayne Murray, John Yuill and last but not least Mr. Heinze 57 backwards, initials, R.E.H.

This fundraiser promises to be a fun night so bundle up the kids and come to the Berwick rink on Saturday night the 14th of Feb at 8:15 p.m. local time.

Remember Oldtimers, April will soon be upon us for the

over 55 Golden Oldies Annual tournament, so get your names into our coordinator Bob Landry at 847-1124 A.S.A.P.

Food For Thought: The Lord made the world round so we would never be able to see far down the road, thus we should reduce our speed while driving a vehicle, ski-doo or ATV on our winter roads. Slow down and live.

That's it folks, have a good week and we'll see ya at the rink.

Meet the Bombers Correction

Last weeks submission for Meet the Bombers was incorrectly printed. The Aurora Newspaper.



Meet Matthew Betts

Wearing jersey number 16 and playing defence for the Pee Wee Rep team. Matthew is 11 years old and lives in Kingston. He has been playing hockey for the past 5 years and this is his first year on the rep team. Matthew attends Pine Ridge Middle School. His other interests include soccer, backyard football, band, and downhill skiing. His favourite NHL team is the Ottawa Senators.



Meet Jordan Taylor

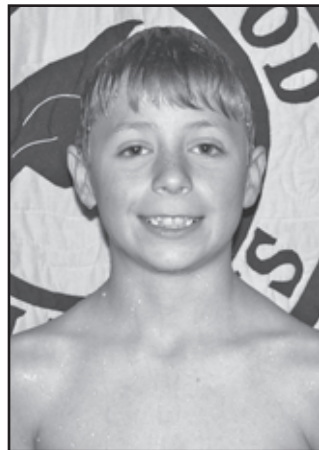
Wearing jersey number 14 and playing left wing for the Pee Wee Rep team. Jordan is 12 years old and lives in Kingston. He has been playing hockey for the past seven years and this is his first year on the rep team. Jordan attends Pine Ridge Middle School. His other interest includes playing X-Box 360. His favourite NHL team is the Montreal Canadiens.

Subway Swimmers of the Week



Morgan Visser-Lathem

AA
13 years old, 2nd year with GDSC
Favourite Stroke: Butterfly
Other Interests: photography



Kale Howatt

FL Competitive
9 years old, 1st year with GDSC
Favourite Stroke: Breast Stroke
Other Interests: games, playing outdoors and lego



Chloe Statham

Novice
6 years old, 1st year with GDSC
Favourite Stroke: Butterfly
Other Interests: riding, skating, skiing and drawing



Taylor Nord

FI Competitive
9 years old, 1st year with GDSC
Favourite Stroke: Breast Stroke
Other Interests: soccer, piano, reading and animals

ANNAPOLIS EAST ELEMENTARY SCHOOL



~ The following items are available at the Cafeteria daily ~
Sandwiches: \$2.00; Wraps - \$2.00; Sub Sandwiches - \$2.00;
All sandwiches, wraps & subs will include fresh vegetable or fruit on the side.
Vegetables & Dip - \$1.50; Cheese & Crackers - \$1.50;
Fruit & Dip - \$1.50; Tossed Salad - \$2.50 sm \$1.50;
Caesar Salad - \$2.50 sm \$1.50; Spinach Salad - \$2.50 sm \$1.50;
Yogurt - \$1.00; Yogurt Tubes - \$1.00; Yogurt Parfaits - \$1.25;
Fresh Fruit: Apples, Oranges & Bananas - \$1.00; Fruit Squiggles - \$1.50;
Gold Fish Crackers - \$.45; Baked Lays - \$1.50; Flat Earth - \$1.50;
Smart Popcorn - \$1.50; Frozen Juice Bars: Orange & Cherry - \$1.00;
Rice Crispy Squares - \$.80; Smoothies: Mon, Wed, Fri - \$1.25;
Juice: Apple, Orange & Seven Fruit - \$1.00; Milk - \$.35; Water - \$1.00;
~~ Canteen Items - CASH ONLY ~~

There will be a cost for ALL condiments if your child is not purchasing lunch from the cafeteria.
Ketchup, Mustard, Relish - \$.15 each; Mayo & Salad Dressings - \$.30 each;
Barbecue/Sweet & Sour Sauce - \$.40 each

We are a NUT & SCENT sensitive school with a smoke-free environment.

Feb 9th: Chicken Rice Soup 1.75 • Macaroni & Cheese 2.50 • Baked Potato 1.25 • Caesar Salad 1.50 • Fresh Fruit Cup 1.00
Feb 10th: Chicken Noodle Soup 1.75 • Hamburger, Lettuce & Slice of Tomato 2.50 • Cheeseburger, Lettuce & Slice of Tomato 3.00 • Jellyed Fruit 1.00
Feb 11th: Minestrone Soup 1.75 • Baked Chicken Dinner 2.50 • Apple Slices 1.00
Feb 12th: Corn Chowder 1.75 • Oven Fries, Gravey, Cheese 2.50 • Tossed Salad 1.50 • Yogurt 1.00
Feb 13th: IN-SERVICE • NO SCHOOL FOR STUDENTS
Daily Specials can be purchased for \$3.25 • Main Entree, Milk & Daily Dessert

Annapolis Café

14 Wing Food Services

All Prices include HST

Breakfast Full \$5.55

Breakfast Light \$3.30

(Beverage & Toast or Cereal)

Lunch Full \$11.10

Lunch Light \$6.65

(Beverage, Soup or Salad; Choice from A La Carte menu or Sandwich; French Fries and Fruit or Cookie)

Dinner Full \$11.10

Dinner Specialty (Steak Night, etc.) \$13.90

Meal Hours

Breakfast 0600 - 0900

Weekend & Holidays 0600 - 1100

Weekend Brunch 1100 - 1315

Lunch 1100 - 1315

Dinner 1600 - 1830

OPEN TO AUTHORIZED PATRONS ONLY

KINGSTON & DISTRICT SCHOOL

school lunch menu

Whole Sandwiches

1/2 Sandwiches (Asst. fillings) \$1.15
Subs/Kaisers/Wraps \$2.25 - \$2.50

Hot Foods

One Hot Food Daily \$2.50
Cup of Soup \$1.00
Bowl of Soup \$2.00

Beverages

Milk \$0.35
Choc. Milk \$1.30
Juice Small \$1.00
Juice Medium \$1.25
Bottled Water \$1.25
Yop \$1.25
V8 Juice \$1.00

Salads

Assorted Salad Plates \$2.50
Fruit Plate \$1.75 - \$2.25
Veggies & Dip \$1.00
Apple Snacks \$1.00

Snacks

Cheese & Crackers \$1.00
Fresh Fruit \$0.75 - \$1.25
Gold Fish Crackers \$0.50

Miscellaneous

Bread & Butter \$0.50
Bagel \$1.25
Cream Cheese \$0.50
Cheese Whiz \$0.50

Freezer Items

Frozen Yogurt \$1.25
Yogurt Tubes \$1.00

Desserts

Muffins \$1.00
Cookies (small) \$0.35
Biscuits \$1.00
Yogurt \$1.25
Fruit Salad \$1.00
Other Assorted Desserts \$0.75
Special Treat Days \$1.50

Daily Specials (Mon-Thur): Price Includes Main Course, Drink and Dessert - \$3.25

Mon: Pizza Subs; Tues: Mac & Cheese; Wed: Nacho's & Cheese;
Thurs: In-Service Day • No School; Fri: Turkey Burgers

This menu brought to you compliments of:

FRASER'S PRO Home Centre



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KINGSTON • 1-902-765-3111
KENTVILLE • 1-902-678-8044
BRIDGETOWN • 1-902-665-4449
www.frasers.ca



FOR YOUR INFORMATION

UP-COMING EVENTS • CLUBS • ORGANIZATIONS • GROUPS

FYI is The Aurora Newspaper's format for publishing items of interest to the community submitted by NOT-FOR-PROFIT Service Groups, Clubs and Organizations. Due to space limitations, submissions are limited to approximately 25 words. Items MUST be submitted each week either in person to our offices located on School Road (Morfee Annex), 14 Wing Greenwood, by FAX to (902)765-1717 or e-mail: aurora@auroranewspaper.com. These announcements will be published on a first-come, first-served basis and are limited to the space available for that particular publication. To guarantee that your announcement will be published, you may choose to place a paid advertisement at our current advertising rates. The deadline for FYI submissions is Thursday at 9:30 a.m. previous to publication unless otherwise notified.

Discover the Magic of Reading
...visit 14 Wing Library

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Monday 1-5pm & 6-8pm
Tuesday 10am-1pm & 2-5pm
Wednesday 1-5pm & 6-8pm
Friday 12-4pm
* Sunday 1-4pm

765-1494 Loc. 5430 24 hour drop-off box • Phone for Renewals
Closed on holidays and holiday weekends throughout the year.



HOROSCOPES

February 8 to February 14

ARIES - Mar 21/Apr 20

Creativity is in your stars this week, Aries. Raise your sights and show others just what you can accomplish. Remember that quality, not quantity, is the key to success.

TAURUS - Apr 21/May 21

Taurus, do your best to avoid stressful situations this week. You are bound to explode and those around you will inevitably pay the price. Keep your cool.

GEMINI - May 22/Jun 21

You have to come to grips with the fact that you can't always be No. 1, Gemini. You must be ready to compromise if you want to get things done.

CANCER - Jun 22/Jul 22

Partnership matters of all sorts will operate more smoothly over the next few days. That's good news for you and everyone involved, Cancer. You've learned to relax on issues.

LEO - Jul 23/Aug 23

You are a much more easy-going person this week, Leo. However, it's best if you're not too laid back at work because attention to detail is needed on all aspects of your job.

VIRGO - Aug 24/Sept 22

Virgo, flattery will take you a long way for the next several days. Hard work, however, will take you even further. You will find it easy to impress employers and others.

LIBRA - Sept 23/Oct 23

Libra, you will gain something you don't think you are entitled to this week. Don't think about giving it back. It may be a reward for something you have done in the past.

SCORPIO - Oct 24/Nov 22

Change is a big aspect of the week, Scorpio. Expect things to be a little topsy-turvy. Go with the flow because things will calm in a few days.

SAGITTARIUS - Nov 23/Dec 21

Sagittarius, you'll save the day when you catch a big mistake before it has the potential to be a problem. Your thorough approach is noticed and rewarded by higher-ups.

CAPRICORN - Dec 22/Jan 20

It's time to slow down, Capricorn. This week focus on those things that others often don't see. Catch up on chores, pay the bills and be a homebody for a change.

AQUARIUS - Jan 21/Feb 18

This week you'll find it difficult to concentrate on anything serious, Aquarius. Even your infectious smile gives away your need for fun. You feel like a million bucks.

PISCES - Feb 19/Mar 20

If you find yourself fighting or struggling with your partner you may want to swallow your pride, Pisces, and just give in.

FAMOUS BIRTHDAYS

FEBRUARY 8	Seth Green, Actor (35)
FEBRUARY 9	David Gallagher, Actor (24)
FEBRUARY 10	Lance Berkman, Athlete (33)
FEBRUARY 11	Sarah Palin, Alaska Governor (45)
FEBRUARY 12	Christina Ricci, Actress (29)
FEBRUARY 13	Jerry Springer, Talk Show Host (65)
FEBRUARY 14	Drew Bledsoe, Athlete (37)

Horoscopes brought to you compliments of:

Valentines Sale and Corn Chowder/Chilli Luncheon

Saturday, February 14, 10:00 a.m. - 2:00 p.m. Nictaux Christian Family Centre. Baking, Valentine Treats, Pickles, Crafts, Knitting, Crochet and Watkins products. Everyone Welcome!

Annual Shrove Tuesday Supper

All Saints' A.C.W. will be holding their Annual Shrove Tuesday Supper at the All Saints' Church Hall, Pleasant Street, Kingston on Tuesday February 24, 2009 from 4:30 - 6:30 p.m. Menu: Ham, baked beans, scalloped potatoes, pancakes and gingerbread. Cost: Adults - \$ 8.00 Children - \$ 4.00, Family rates are available. There will be take out! Contact: Sheila Hulford at 765-4023.

Praise Service

Sunday Feb 22, 7:00 p.m. There will be a Praise Service held at the Kingston Baptist Church, Main Street, Kingston, with music from the Frank Spinney Family & Friends. A fellowship time with refreshments will follow. All are welcome.

Junior Youth Group

The Kingston Baptist Church has started up a Junior Youth Group, meeting at the church Monday evenings, 7:30 to 9:00 p.m. Games, Drama, Music, Bible and more. Come and join in, and bring a friend.

Special Brunch

Sunday, February 22nd at 12 Noon in Queen of Heaven Chapel annex in Greenwood, in support of Knights of Columbus local charities. Only \$4.00. Sponsored by Knights of Columbus Greenwood Council. NEW MENU: Scrambled Eggs, Hash Browns, Ham, Pancakes, Sausages, Coffee, Tea, Juice. Everyone welcome. For more info, contact Kent Sill at 765-2734.

Kingston Lions Monthly Community Luncheon

The Kingston Lions Monthly Community Luncheon will be held on Tuesday 10 February at the Kingston Lions Hall from 11:30 a.m. - 1:00 p.m. Menu turkey dinner with desert. Cost \$8.00 per person and \$8.50 delivered. For

delivery call 765-2128. Proceeds for Lions charitable work.

Valentine's Day Buffet Kingston Lions Club

Treat your love one to a special night at the Kingston Lions Club on Saturday 14 February. Menu: Italian Buffet with three pastas, Caesar salad, glass of wine, a special desert, coffee, tea. Time 7:30 p.m. - 12:00 a.m. Dance to romantic music after your meal. Cash bar. Cost \$25.00 per couple. Tickets available from Kingston Lions members or from T&S Essentials in Kingston. Proceeds for Lions charitable work.

Valentines Dessert Nigh

Valentines Dessert Night and Entertainment. \$5.00. Friday February 13th. 7:00 - 8:30 p.m. Annapolis Valley Community Church of the Nazarene, 738 Tremont Rd. Sponsored by Hearts for the Homeless.

Ex-Airwomen's Monthly Luncheon

Shake the Winter Blues and meet with us for Lunch and conversation on Feb 11th at the Top Hat between 11:30 a.m. and 2:00 p.m.. For more info call Marie Vautour at 765-0584.

Valley Animal Shelter's Chocolate & Roses Valentine's Basket Fundraiser

Tickets are now available for the Valley Animal Shelter's Chocolate & Roses Valentine's Basket (valued at \$150.00) at the Valley Rose, Middleton and the Valley Animal Shelter, Wolfville. Draw will be held at the Valley Rose on February 13th at 4:00 p.m. For more details, please call Jennifer at 765-6629. (licence # AGA-223761-08)

North Mountain Gun Club Valentine's Day Shoot

The North Mountain Gun Club will hold a Valentine's Day Shoot on February 15, at its range in Forrest Glade. This shoot will be for centre-fire handguns at a variety of targets at varying ranges. Lunch served at noon. Shooting starts at 1:00 pm. Cost: \$5.00 for members; \$8.00 for guests. So dig out your old "hog leg" and we will see you there! For more info call 765-2880, 825-4366, or 825-4664, or email at nmgc1976@yahoo.ca.

Mid-Valley Women's Connection

At 7:00 p.m. on Feb 12, 2009 at Melvern Square Hall the Mid-Valley Women's Connection presents "Relationships from the heart", a talk by Elaine Passey. Also, Wendy Rodda of TOPS will discuss diet, nutrition and weight management. Refreshments will be served, cost is \$6.00. For more information and reservations, please call Velma at 825-4747 or Charlotte at 538-7547.

Sweets for the Sweet

The Annapolis Valley Honour Choir presents "Sweets for the Sweet", our annual Valentine's fundraiser featuring decadent desserts and entertainment provided by the Annapolis Valley Honour Choir. Saturday February 7 at 7:30 p.m. at the Berwick & District Volunteer Fire Hall, 300 Commercial Street, Berwick. Tickets \$10.00 available at the door or Wilson's Pharmasave, Berwick, Kingston Pharmasave, Kingston, and Box of Delights, Wolfville.

Kingston Area Seniors Association

The Kingston Area Seniors Association meets the second Wednesday of each month at 10:00 a.m. at the Kingston Branch No 98 of the Royal Canadian Legion Kingston. Fun day (Cards & Games) every second and fourth Friday of the month at 1:00 p.m. For more information contact Minnie Roger's at 765-3292.

Kingston United Baptist Church Library

The Kingston United Baptist Church Library is open to the public Thursday evenings 6:30 to 7:30 p.m. Located upstairs in the Christian Education wing. Please use upper side door off main parking lot. Excellent selection of Christian books, videos, CDs, DVDs and other resources. For further information call 765-6735.

Valley Women's Business Network

The Valley Women's Business Network monthly meeting will be held Wed. Feb. 11 at 7:00 p.m. at the Wandlyn in Coldbrook. Topic for this month: "The 3

most important things you can do in a tough economy" by VVBN member Frances Schagen. She will also talk about, tax information and general information concerning the state of our economy. For more information see: www.VVBN.ca

Karaoke Night

Karaoke Night at New Beginnings Center, 1151 Bridge St., Greenwood. Saturday February 14th, 7:00 - 9:00 p.m. Concessions will be available. Come and bring a friend for a fun evening of singing or just listening!

New Beginnings

Contemporary Worship Service Sunday mornings beginning at 10:45 a.m. at New Beginnings Center, 1151 Bridge St., Greenwood. On February 15th there is special music by the New Beginnings Worship Team.

Kingston/Greenwood Living With Cancer Support Group

The Canadian Cancer Society "Living With Cancer" Support Group will hold its February "Get-Together" in St. Mark's Protestant Chapel, 14 Wing Greenwood from 7:00 - 9:00 p.m. Monday, 16 Feb 09. The evening presentation is a new Canadian Cancer Society Research DVD - Living Progress. Cancer patients, their family and friends or anyone seeking information on cancer is welcome to attend. For information call Lloyd (765-6133) or Lynda 765-3055.

Scrapbooking, Stamping and Card making

Pine Ridge Middle School French Immersion Grade 6-7 is having a CROP DAY! Feb 21, 9:00 - 5:00 p.m. Creative Memories, Stamp'n Up and Creative Moments. Consultants will be there! Door prizes & Gifts. For more info call Roxane 765-4347 or e-mail: roxanedoucet@hotmail.com

Carousal Gift Shop - Soldier's Memorial Hospital

Valentine Jewellery Sale - Please join us for our 1-day sale event on all of our sterling silver jewellery 15% off all regular priced jewellery. Thursday, Feb. 12, 2009 - 10:00 a.m. - 4:00 p.m.

The Aurora newspaper PRESENTS... FIND & WIN

Just Fill in The Blanks. Three Easy Ways to Enter.

1. Through our website: www.auroranewspaper.com
2. Fax: 765-1717
3. Drop into our office located on School Road (Morfee Annex)

No Central Registry or Canada Post please.
Deadline: Noon, Thursday, February 12, 2009.
Make sure you include your full name and phone number.

NAME	PHONE NUMBER
Limited to one win per month.	
The winner will be drawn randomly from all correct entries. Only one entry per person per week.	
Complete the following sentences from ads in this week's issue and WIN a large 2-topping Pizza from Pizza Delight, Greenwood! Coupon Valid for 30 days!	
1. Who is offering a couple (side by side) massage	_____
2. When will the heart shaped sugar cookies be delivered	_____
3. How long has the Kingston Lions Club been serving the community	_____
4. Whose ad says, drop in and pick out balloons and gifts	_____
5. Who is performing at Falcourt Inn on Valentine's Day	_____

This contest is brought to you by:
Pizza Delight, Greenwood
765-4477

Congratulations to last week's winner: JOANNE BERGMAN

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904 Central Ave. Greenwood
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Open to ALL Members, Serving or Retired, of the

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- Members & Guests •

Do you enjoy a good time in a friendly relaxed atmosphere?

Drop into the 107 Valley Wing and meet our friendly members and staff.

We are open 7 days a week for your convenience.

We are looking for new members!

For more information call 765-8415 after 12:30 p.m.

We also have Catering Service for your Weddings, Section Parties or other celebrations.



Skater of the Week

The Greenwood Skating Club Presents the
Subway Skater of the Week:

Name: **Ashley Harris-Chater** Age: 7
School: Dwight Ross Elementary Grade: 2
Skating Level: Junior StarSkater
Coach: Ann Young
Started Skating: 4 years old
Favourite Figure Skater: Sasha Cohen
Favourite Part of Skating: Practicing Spirals
Other Hobbies: Hip Hop Dance, Swimming & Soccer

ComParrot by Bonnie J. Malcolm
Can you spot 12 differences between these pictures?



www.comparrotpuzzles.com © 2009 Bonnie J. Malcolm



Solution: 1. Opening appears on back of boy's cap. 2. Dog's collar is missing. 3. Stripe on boy's shirt sleeve is missing. 4. Extra writing on envelope on floor. 5. Leg on table is colored in. 6. Flower in bouquet is colored in. 7. Heart on card is colored in. 8. Pocket on shirt has moved. 9. Mirror frame is taller. 10. Curtain is shorter. 11. Top of table is wider. 12. Ribbon on heart is longer.

Com Parrot brought to you compliments of:



954 Central Avenue
Greenwood
765-6381

Branch #98 Supports Drug Mart Shuttle Van Service



On the 10th of January 2009, Breakfast Chairperson Linda Desmond and President Dave Geddes present Sandy Penny of Valley Drug Mart a cheque for \$4,743.49. This money was raised from the Free will offering breakfasts, which are held in the branch on the first Saturday of every month. We thank all those in the Community that attended the breakfast that made this donation possible for this worthwhile cause.

PATRICK'S PUZZLE

Creative Coloring

Celebrate Valentine's Day.
Color in this picture to create your own masterpiece.



Patrick's Puzzle brought to you compliments of:



authorized dealer
Cellular Sales & Service
Authorized Product Care Centre
765-2415



Halifax Mooseheads Tickets!

By Eric MacKenzie Community Recreation Coordinator

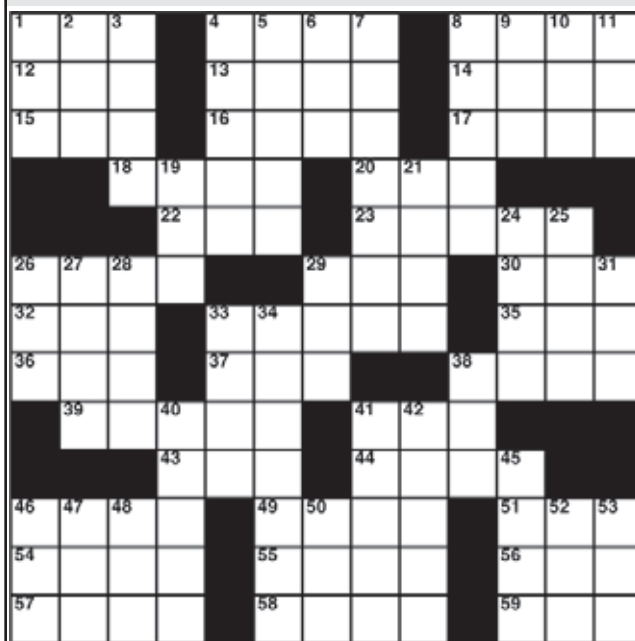
If you like hockey and enjoy the excitement of watching an entertaining game in person, then you'll have a great time at a Halifax Mooseheads hockey game! Tickets for this 08/09 QMJHL season are now available at the 14 Wing Community Centre. We have four tickets available, to anyone with a Recreation card, for all regular season home games, and sell each ticket for \$12.00. These four seats are located together and are in row G (7 rows up) of section 5. If you are interested in seeing a game, simply call the Community Centre at local 5341, 5337 or 5331.

Canadiana Crossword

Game of Love

Solution page 18

By Bernice Rosella and James Kilner



ACROSS

- 1 Over, to Gray and Pope
- 4 Shoo
- 8 Mildly deranged
- 12 P. Mansbridge's network
- 13 Cricket cry
- 14 Chickpea stew
- 15 Info to come later
- 16 Irish Republic
- 17 Vice President, slangily
- 18 Colt
- 20 Understand
- 22 Ford auto
- 23 Assniation
- 26 Love
- 29 Caliph
- 30 Natal or nuptial preceder
- 32 Tewkesbury Toilet
- 33 Fabric
- 35 Sea bird
- 36 Paunch, slangily
- 37 Tolkien creature
- 38 Love

DOWN

- 39 Hot sauce
- 41 Int. rate disclosure
- 43 Doctrine
- 44 Actual
- 46 Love
- 49 Early Roman road
- 51 Mineral-bearing rock
- 54 Adjutant
- 55 Love
- 56 Soak
- 57 Vale
- 58 Oolong and pekoe
- 59 Born as
- 11 Child's toy
- 19 Elderly
- 21 Ireland
- 24 Strut
- 25 Love
- 26 Deli offering
- 27 Promissory notes?
- 28 National capital
- 29 Hill dweller
- 31 Scrimp
- 33 Love
- 34 Love
- 38 Fraternal (abbr.)
- 40 Compare
- 41 Feather palm
- 42 Privileges
- 45 Love
- 46 Fall behind
- 47 Lubricate
- 48 Alphabet run
- 50 Draw
- 52 Female ruff
- 53 Summer en francais

Weekly Crossword brought to you compliments of:

BEST TOYOTA

840 Park St., Kentville
(902) 678-6000

To Place a Business Ad
Call Anne at
765-1494 ext. 5833

To place a Classified Ad (35 words or less) call **Keith 765-1494 ext. 5440** or drop into our office located on School Road (Morfee Annex) or E-Mail us at: aurora@auroranewspaper.com or Fax: 765-1717 Use your VISA, Mastercard, AMEX or Debit.

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Blaine G. Schumacher, CD
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Classified Ads

Classified advertisements, 35 words or less, \$6.00 including tax. Additional words are 10 cents each plus tax. \$1.00 extra for bold. If you require a receipt and/or invoice via Canada Post a surcharge of \$1.00 including tax will be added. Classified advertising must be prepaid and be in our office no later than 12:00 noon Wednesday previous to publication. Classified advertisements can be accepted by telephone if paying by Credit Card. Call Keith 765-1494 ext. 5440. The Aurora Newspaper is not responsible for the products and/or services advertised in this section. Readers should exercise their best judgement with the content.

FOR SALE

FOR SALE – Mobile home in Wilmot 2/3 bedrooms, 4 Danny St (across from Frenchy's). Recently renovated, new roof, some new windows, neutral paint throughout, fridge/stove, dishwasher and shed included. Asking \$39,900 call 765-1494 Ext 5440 or 765-9127 after 4:00p.m.

FOR RENT

FOR RENT – Neily Crescent Apartment Located off Bridge Street in Greenwood. Newly built 2 bedroom apartments, fridge, and stove included. Laundromat located in building. Conveniently located to all

amenities. \$600.00 per month. Please call 765-0788 for more information. (2946-ufn)

FOR RENT – 2 bedroom duplex in country but close to amenities. Few minutes from Kingston or Greenwood perfect for seniors or retirees. In floor heat, attached garage, 5 appliances, front veranda and back patio. All ceramic and laminate flooring, paved driveway, snow removal and lawn care. 902-765-4709 (3001-ufn)

FOR RENT - 2 bedroom Mobile in Kingston. Heat, lights, fridge/stove included \$590.00 per month. Call 847-5046. (3002-ufn)

FOR RENT - Retirement apartments. New, 2 bedroom unit in seniors complex Kingston. Ground level, walking distance to all amenities. \$690.00 per

ENGLAND
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 By the piece or lot.
 We do local moving
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 812 Maple Street Ext., Kingston

APT. FOR RENT

2 Bedroom
 Residential Duplex
 1132 William Street,
 Greenwood.
 Rent \$675/ month
 Heat/Fridge/Stove
 inc. Available
 March 1, 2009
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FOR RENT – 1 bedroom apartment. 1972 Bishop Mountain Rd, 5 minutes to Kingston and 10 minutes to Greenwood. Unit has electric heat, fridge/stove included, washer/dryer available. Rent is \$375.00 per month plus utilities. Call 765-9319 or 840-0710. (3003-4tp)

FOR RENT – 1 bedroom apartments at the Fundy Spray Motel \$375.00 per month plus utilities, 1 year lease required. Call 825-3424 (3004-4tp)

APARTMENTS FOR RENT - Brooklyn Lane apartments, luxurious units, ideal for seniors 2 bedroom, garage, F/S, dishwasher, fireplace, in-floor heating, whirlpool tub, heated ceramic floor in washroom. Snow removal and lawn care provided. Private backyard.

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FOR RENT – Baltzer Dr Kingston. 2 bedroom \$550.00 per month plus utilities, available immediately call 825-2606 (3004-3tp)

FOR RENT - 3 bedroom house for rent, centrally located between Greenwood and Kingston, lots of storage, no smoking, references required, \$625/mo + Util. 847-0664 (3005-2tp)

FOR RENT - 2 bedroom Mobile in Greenwood area. Available Mar 1st. No dogs, fridge/stove included, \$450.00 per month Call 765-4644 (3006-2tp)

FOR RENT - Spacious 2 bedroom duplex, located on a large lot near Paragon. Includes fridge/stove, washer/dryer, lawn care, and snow removal. Non smoking, recently renovated. Available Mar 1st. \$550.00 per month plus utilities. Call 765-9274 (3006-2tp)

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SERVICE – Self Storage located in Kingston, units available 5'x12', 5'x13', 8'x10'. Prices vary call 825-3607. (2931-ufn)

STRESS REDUCTION THROUGH MEDITATION –
 A regular class is held each Tues at 6:00p.m. at the MFRC. Examining and practicing a variety of techniques of meditation to reduce stress. Fee \$10.00 For more information call Joe Beninati at 765-1898. (3004-4tp)

SERVICE – Bilingual handyman
 carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates – flexible hours Call Mike at 242-2465 (3006-3tp)

WANTED

CHILDCARE – Looking for a reliable childcare provider for two well behaved school aged children for occasional storm days, in-service days and after school care. Located in Ravenwood S/D suitable for a student. Please call 760-1623 or e-mail hannath@eastlink.ca (3006-1tp)

Crossword Solution

O	E	R		S	C	A	T		D	A	F	T
C	B	C		W	H	I	R		O	L	I	O
T	B	A		E	I	R	E		V	E	E	P
			F	O	A	L		S	E	E		
			L	T	D			T	R	Y	S	T
B	I	R	D					A	L	I		P
L	O	O		L	I	N	E	N			A	U
T	U	M		E	N	T				F	R	E
			S	A	L	S	A		A	P	R	
			I	S	M			R	E	A	L	
L	O	C	K			I	T	E	R		O	R
A	I	D	E			S	I	C	K		R	E
G	L	E	N			T	E	A	S		N	E

Pray for the people of Papua New Guinea

On Friday, March 6, 2009, the women of Papua New Guinea (PNG) invite us to come with them to the "land of the unexpected", to join with them in the World Day of Prayer with the confidence that *In Christ, There Are Many Members Yet One Body*.

The independent state of Papua New Guinea consists of more than 600 islands. The second largest country in the South Pacific, one of PNG's most spectacular features is its variety of peoples and landscape. Papua New Guinea has one of the most diverse indigenous populations in the world, with more than 800 languages spoken between several thousand separate communities. From rugged mountains to sandy shorelines, coral reefs to active volcanoes, Papua New Guinea is the land of the unexpected, a land of astonishing natural diversity.

As we pray with the women of PNG, we will learn about the country's intricate cultures and social challenges including concerns about growing domestic violence, the spread of HIV/AIDS and difficult land and resource issues. On the World Day of Prayer, all people of faith are welcome to worship together, to

join the women of Papua New Guinea in Christ's unity.

Please join us, and invite your friends and family to attend the World Day of Prayer Service and learn more about Papua New Guinea and its unique culture and heritage. Join Christians in more than 170 countries around the World and 2,000 communities across Canada who will gather on the World Day of Prayer to pray and act in solidarity with the people of Papua New Guinea.

A local World Day of Prayer service will be held on Friday March 6th at 7 p.m. at St. Mark's Protestant Chapel, Church Street, 14-Wing Greenwood

For more information on the Word Day of Prayer services in this community, please contact Liz Heinrich at 825-2143 or ehinrich@eastlink.ca

In Canada, the World Day of Prayer is coordinated by the Women's Inter-Church Council of Canada. The World Day of Prayer has its roots in an ecumenical day of prayer organized by women in Canada and the United States in 1920. This event became the international World Day of Prayer in 1922, and Christians around the World began celebrating this event on the first Friday of March.

World Day of Prayer 2009

In Christ, there are many members yet one body
 – written by the women of Papua New Guinea

Youth Happenings at the 14 Wing Community Centre

By: Brendan Loughnane
Youth Recreation Worker

Hello everyone. I would like to thank all of you who crossed your fingers in hopes that Shubenacadie Sam wouldn't see his shadow. Despite all our hard efforts our little furry friend still saw his shadow. Six more weeks isn't that long, am I right? Well seeing as winter will be a little pro-longed why not join us on our trip to Ski Martock on February 22nd. We have got some great deals for lift tickets, lessons and rental packages. For more info call Brendan at 765-8165. Also Winter Carnival is at the end of the month and there's always a lot of activities to keep you busy with that. In the meantime here is what's going on this week at the Community Centre.

Boyz Club

Monday Feb 9th 2009

Board Games

4:30 – 6:00 p.m.

Hey boys this week we will be playing some board games for boyz night. We have got a few games here but you can bring your own if you have a special game you like. It should be a fun night and I hope to see you all there!

Teen Activities

Tuesday February 10th 2009

Squash at the F&S Centre
6:00 – 7:00 p.m.

Hey teens this Tuesday night we will be heading over to the Fitness and Sports Centre to Play some Squash. If your not busy come on down and have some fun. Don't forget some gym clothes.

Active Chicks

Wednesday Feb 11th, 2009

Cooking Class at Sobeys!

6:00 – 7:30 p.m., Cost \$1

Please Sign Up, limited spaces!

Active Chicks will be meeting at Sobeys on Wednesday night for a surprise cooking class! You can also make a beautiful Valentine card for someone special, I'll have tons of craft supplies and you can let your imaginations run wild! Don't forget to sign-up if you wish to come, the cost is \$1.00. See you there!

Sweet Heart's Dance

Friday Feb 13th 2009

Pre-teen 6:00 – 8:00 p.m.

Teens 8:30 – 11:00 p.m.

Hey everyone this Saturday is Valentines Day so why not take your special someone out for a fun night of dancing at the Community Centre Dance. Pre-teen dance starts at 6:00 p.m. and it is \$2.00 admission. Teen dance starts at 8:30 p.m.

and it is \$3.00 for admission. We have a song request list posted on the bulletin board at the C.C. So if there is a song you really like mark it down on the sheet and we will play it at the dance.

Teen Pool Tournament

Sunday Feb 15th 2009

5:30-7:30 p.m.

Registration Fee \$2.00

Hey teens this Sunday we are having a pool tournament to show off our newly finished pool tables and equipment. The winner of the pool tournament will receive a \$20.00 Greenwood Mall Gift Card. You must pre-register at the Community Centre if you wish to participate.

Look What's Playing at the Community Centre

Pre-Teen Movie Night

Every Saturday is pre-teen movie night. The fun starts at 6:00 p.m. and runs until 8 p.m.

Admission to the movie is free with your membership card or \$1.00 drop in fee. This week will be watching Space Buddies. Disney's talking dogs are back. This time the buddies meet up with two new friends and boldly go where no dog has gone before. Outer space.

Teen Movie Night

Teen movies run from 8:30 – 10:30 p.m. Admission to the movie is free with your membership card or \$2.00 drop-in fee. This week the teens will be watching Nick and Nora's Infinite Play list. This movie is about two teens that have nothing in common. After being forced to stay together for one night they realize that they do indeed have similar taste in music. Once they figure this out they decide to stay up all night in the hopes of finding their favourite bands secret show.

GMFRC • Feature of the Week

Adult Programs and Employment Services

Coordinator: Stephanie Townsend at 765-1494 local 1816 or email at Townsend.SC@forces.gc.ca

Learn to drive defensively at the GMFRC

Monday & Tuesday, March 9th & 10th, 2009

6:00 p.m. – 9:00 p.m.

Classroom 1

\$20.00

Registration deadline: Wednesday, March 4th, 2009

Are you a new or existing driver in need of a defensive driving course? You are now required to have a defensive driving course to proceed through the graduated licensing system in Nova Scotia. Join us in March as we offer the opportunity through the GMFRC for you to become a safe, defensive driver. Participants must be 16 years of age to participate in this course. Come in and register soon as the seats fill up fast!

Le Cadeau Parfait Pour la St-Valentin!

Biscuit D'Amour



Dites...
"Je t'aime," "Merci" ou "Tu es apprécié" avec

Trois délicieux biscuits en forme de cœur élégamment enveloppés et décorés (\$3.00 / 3 biscuits).

Personnalisez le message que nous attacherons à vos biscuits. Les biscuits seront livrés le vendredi, 13 février 2009.

Nous ferons la livraison aux endroits suivants:
Les écoles de Kingston, Greenwood, Middleton, incluant West Kings. La Base, les logements pour les familles militaires, les subdivisions et les commerces localisés dans les limites de Kingston, Greenwood et Middleton (Rt. 1).

Les commandes doivent être faites et payés au CRFMG avant le 9 février 2009 (argent comptant ou chèque).

Notre adresse:
Centre AVM Morfee, rue School, Greenwood, NS.
Pour plus d'information vous pouvez nous contacter au (902) 765-5611

Collecte de fonds pour le programme des bénévoles du CRFMG

A Cookie Gram





GMFRC • Feature of the Week

Prevention, Support and Intervention Services

Coordinator: Shannon Doubleday at 765-1811 or 765-5611

Connecting Friends January Activities

Every Wednesday
9:30 a.m. to 11:30 a.m.


At the GMFRC

Open to the public

Childcare is available through the GMFRC Casual Childcare Service. For more information about Connecting Friends please call Shannon and to schedule childcare please call Coreen at 765-1494 local 1817.

Wednesday, February 11th, 2009

PLEASE NOTE: "Uplift: Families on the Wings of Hope" has been rescheduled due to low enrollment. Keep your eyes open for information on new dates in the Spring. Therefore, our new topic will be "The 5 Apology Languages". Valentines Day is quickly approaching, one of the best gifts that you can give yourself, and your family, is the ability to find resolution. Join us to explore your language of apology, and the language of your family members.



Attention all Youth

FREE Bowling Clinic

February 23 at 6:30 p.m.

Greenwood Bowling Centre

Followed by

FREE Glow Bowling

Come share this special Anniversary with us

GMFRC • Features of the Week

Volunteer Services

Coordinator: Janie Gagnon at 765-1494 local 5938 or email at Gagnon.JMC@forces.gc.ca

Valentine Cookie Grams*

Come help us wrap, decorate, and attach love notes to those beautiful heart-shaped cookies. As well, we need volunteers to sort the cookies in boxes and prepare the area maps for the big delivery day. Please come help us it is a very busy and very pleasant activity.

1st wrapping session: Wednesday, February 11th, 2009

10:00 a.m. – 4:00 p.m. GMFRC classroom #1

Volunteers needed: Many

2nd Wrapping Session: Thursday, February 12th, 2009

9:00 a.m. – 4:00 p.m. GMFRC Classroom #1

Volunteers needed: Many

Delivery Day: Friday, February 13th, 2009

We need Cupid drivers with cars and Cupid navigators, we will team you up!
8:30 a.m. - 12:00 p.m.

Meet at the GMFRC classroom #1

Biscuit d'amour de la St-Valentin*

Nous avons besoin de plusieurs bénévoles pour nous aider à emballer les biscuits, à les classer dans les boîtes appropriées, et à préparer les cartes routière pour faciliter la livraison des biscuits.

1^{ère} session d'emballage : Mercredi 11 février 2009

10h00 à 16h00 Salle de classe #1 du CRFMG

2^{ème} session d'emballage : Jeudi 12 février 2009

9h00 à 16h00 Salle de classe #1 du CRFMG

Livraison des Biscuits d'Amour : Vendredi 13 février 2009

Nous avons besoin de Cupidons, conducteurs avec voitures et de navigateurs pour faire la livraison des biscuits.
8h30 à 12h00

On se rencontre au CRFMG dans la salle de classe #1

The Perfect Valentine's Day Gift!

Biscuit D'Amour



A Cookie Gram (\$3.00/3cookies) can express many things...
"I love you," "Thanks" or "You're appreciated."

You can personalize the message and we'll deliver three beautifully wrapped delicious heart-shaped sugar cookies on Friday, February 13th, 2009.

Deliveries will be made to the following:
Schools in Kingston, Greenwood, Middleton, including West Kings. The Base, PMQ's, all subdivisions/businesses within Kingston, Greenwood and Middleton town limits and subdivisions directly off Ward Road (Hwy 1).

Cookie orders will be taken at the GMFRC with payment until Monday, February 9th at 4:00 pm (cash or cheque only).

Our address is as follows:
AVM Morfee Centre, School Road, Greenwood, NS.
For more information you can contact us by phone at (902) 765-5611



GMFRC Volunteer Fundraiser

A Cookie Gram





Winter Carnival Corner • Feb 26-28



SCHEDULE OF EVENTS

DATE	TIME	EVENT	LOCATION
Fri 20 Feb 09	1600	Vintage Wings TGIF. Coins Sales, Team Scarf Sales and a 50/50 Draw. Menu will be Chili, Bun and Caesar Salad. \$5 charge for non-members.	Annapolis Mess
Mon & Tues 23-24 Feb 09		Hockey Tournament Round Robin (four games Monday and two games Tuesday)	Greenwood Gardens
Wed 25 Feb	1100hrs & 1215hrs	Hockey Tournament Semi-Finals	Greenwood Gardens
Thu 26 Feb	0800 – 1200	Ice Painting	Greenwood Gardens
	1300	WComd's Revenge, Pool Relay Race, Synchronized Swimming	F&S Centre (Pool)
	1500	Leadership Race (WComd, WCWO, COs and SWOs)	Gwd Golf Course
	1830 – 1900	Ice Painting and Beard Growing Contest Judged	Greenwood Gardens
	1900 – 1945	Opening Ceremonies	Greenwood Gardens
	2000	Labatt Cup Hockey Tournament Final Game (50/50 Draw and Door Prizes)	Greenwood Gardens
Fri 27 Feb	0900	Aircraft Sled Pull	Baseball Diamond
	0930	Egg Toss	Baseball Diamond
	1000	Blow Ball (JRM), Cribbage and Euchre (WOSM), Crud (OM), Darts (The Back Bar)	Annapolis Mess
	1300	Blind Volleyball	Community Centre
	1300	Bowling	Bowling Alley (CC)
	1300	Curling	Greenwood Gardens
	1930	Lip Synch Contest	Annapolis Mess
	2130	Mess Entertainment in Main Lounge – DJ by Electric Starz (50/50 Draw and Door Prizes)	Annapolis Mess
Sat 28 Feb	0800-1100	Pancake Breakfast	Annapolis Mess
	1000-1130	Family Games and Wagon Rides	Community Centre
	1130	Escapades (Teams must be prepared by 11:15hrs)	Greenwood Gardens
	1230	Closing Ceremonies	Greenwood Gardens
	1300 & 1500	Family Movie – two showings - 1300hrs and 1500hrs – "Hotel For Dogs"	ZEDEX Theatre
	1500-1700	Free Family Skate	Greenwood Gardens
	2100	Mess Entertainment in Main Lounge – Band "Good Feeling"	Annapolis Mess

Vintage Wings 2009 Winter Carnival Coins for Sale

By purchasing your Commemorative Centennial of Flight coin for only \$10.00, you will have access to all of the Winter Carnival Events such as: two dances, pancake breakfast, Lip Sync Contest, a movie at the Zedex and much more. As well, your name will be entered in a draw for a chance to win: **1st Prize-46"** Sony High Definition Television, **2nd Prize-Sony** Home Wireless Theatre System or **3rd Prize-\$500.00** CANEX gift certificate.

You can purchase your coin by contacting:

Judi Beshara – 1543
MCpl Lois Tobin – 5528
Cpl Tammy Kline – 5897
Sgt Walter Peckham – 3297
Sgt Alfred Fagan – 1997
Keith Pinkerton – 5440
Capt John Bernardi – 3058

...or by visiting the following locations:

- Community Centre
- Military Aviation Museum
- F&S Centre
- Annapolis Mess • MFRC

Please ensure you get your lucky number and good luck!

Winter Carnival Family Games and Wagon Rides

Where:
Greenwood Community Centre

When:
Saturday, 28 February 2009
from 1000-1130 a.m.

By Eric MacKenzie Community Recreation Coordinator

Winter Carnival is less than a month away! Since we are celebrating the centennial year of powered flight in Canada, the theme of the 2009 14 Wing Greenwood Winter Carnival is Vintage Wings. The 14 Wing Community Centre is ready to once again offer you some fun indoor games and outside fun for the entire family.

We will be offering a number of great family games, which will be taking place inside the gym of the Community Centre, for all to enjoy. During this same time there will be wagon rides outside for all families as well. The wagon rides will depart from the parking



lot of St. Mark's Chapel, across from the Community Centre, and then take you on a relaxing ride down Church St. and through a small section of the PMQ's before returning back to the Church parking lot.

This year's Vintage Wings theme will be incorporated into our fun indoor games which will include the famous candy hop station as well as the always popular cookie decorating station. Once again, inside the gym, a large Bouncy Kingdom will be set up for the children and face painting along with a Vintage Wings craft corner will also be available.

This event is free of charge so make sure you mark it on your calendar and remember to include us in your Winter Carnival weekend of Fun!

If you have any questions about the Family Games inside the gym or the outdoor wagon rides, please call Eric MacKenzie, at the 14 Wing Community Centre, at 765-1494 ext. 5337.