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14 WING • ESCADRE 14 GREENWOOD, NS

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Sergeant Ron Aucoin wraps up Christmas.

S. Keddy

## Trees decked out for charity

**Sara Keddy,**  
Managing editor

It's never too early to put up the Christmas tree when 14 Wing

Greenwood's annual Festival of Trees event gets underway.

Over 40 trees were decorated and set on display during this year's festival, November

29 and 30 at the Annapolis Mess. Between base sections and squadrons and community business and organization trees, the annual auction saw thousands of

dollars' worth of Christmas goodies up for bid – and, even more importantly, thousands of dollars raised for the base's Combined Charities effort.

## Military kids' programs link schools, MFRC

The Military Family Resource Centre, a registered not-for-profit, charitable organization serving 14 Wing Greenwood, has received a grant from the Bell True Patriot Love Fund.

Bell Let's Talk and the True Patriot Love Foundation presented \$25,000 to the MFRC to support a school liaison program. This position within the MFRC will partner with local schools to implement programs for military children in schools, advocate for military families and, together with school staff, foster an understanding of the social, emotional and educational needs of military children.

Margaret Reid, executive director of the MFRC, thanks the funding partners.

"We are genuinely honoured and appreciative of the commitment of Bell and True Patriot Love to supporting military families," she said. "This grant will provide hands-on mental health support to our military children, and these partnerships with local schools and educators will help build awareness of military life and culture and help develop stronger and more supportive communities for children living our transitional lifestyle."

True Patriot Love honours the sacrifices of members of the Canadian Forces, veterans and their families with funds for that support their physical, mental and social wellbeing; promoting special skills and capabilities resulting from their unique conditions of service and being a channel for Canadians, corporations and philanthropists to express their appreciation and patriotism. The Bell Let's Talk mental health initiative promotes mental health across Canada.

Continued on page 2...

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# Trees...

...cover

Combined Charities volunteers runs a full slate of fundraising activities every September through December, including a pay allotment program, a mega-potluck, mock jail and dress-with-a-difference Fridays. Movember efforts, various food and toy drives and localized initiatives undertaken by offices and branches are also tallied in to the total. The funds raised are a part of the year-long Wing Charities initiative, and are distributed to several dozen community and regional school, youth, health, sports, animal welfare and other causes close to 14 Wing personnels' hearts.

This year's festival was a great success: 14 Wing-sponsored trees raised \$4,425, and community business-sponsored trees raised another \$3,760. The event's raffle tree collected \$574.60 in ticket sales, and the 50/ 50 raised \$316.50. 14 Wing Imaging offered family holiday photo

sessions, and collected \$180 for the day's efforts. Popcorn sales raised \$141, and the bake table collected \$243. With Greenwood Scotiabank contributing \$5,000 through its community matched funding program, and with a number of staff volunteering throughout the event, the day's grand total reached \$14,640.10.

"Team members: awesome job at the Festival of Trees!" said Captain James Murdock, passing along thanks to over a dozen base volunteers who make up the Combined Charities committee. "We beat last year's total by about \$2,000. A huge thanks to all committee members for putting up excellent trees, and for those who volunteered for the work duties - everything went smooth." Murdock also thanked the Military Family Resource Centre Junior Ranks mess for child care during the event, Wing Imaging for the family picture service, bake sale donors and volunteers and Scotiabank for support through its matched fund program.



14 Wing Greenwood Commanding Officer Colonel Iain Huddleston and Wing Chief Warrant Officer Pierrot Jetté (in red) selected Wing Operations' "Around the World" themed tree as the winning squadron entry. F&N Crafts' tree, right, was the winning local business tree.

Corporal G.Cormier, 14 Wing Imaging



Captain Yvette Cedeno added handy hanging ribbons to a multitude of small bottles, destined to be hung on Wing Operations' "Around the World" tree.

S.Keddy



14 Wing's Replenishment Squadron went "Back to Basics" with its tree, as volunteers Warrant Officer Cathy Ripley, left, and Sergeant Kari Mauch added hand-knitted mitts and socks, a quilt, jams and jellies and favourite toys to their unit's tree.

S.Keddy



Abi Gloumeau adds a finishing touch to 14 Software Engineering Squadron's "Beverages" tree.

S.Keddy



The Aurora Newspaper will not publish **December 23** or **December 30**. The office will be closed **December 20** through **January 1**.

Le journal Aurora ne sera pas publié entre le **23** et le **30** décembre. Le bureau sera fermé du **20** décembre au premier janvier.



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## Useful links | Liens utiles

**Canadian Air Force website**  
Site Web de l'Aviation royale canadienne  
[www.airforce.forces.gc.ca](http://www.airforce.forces.gc.ca)

**Community Gateway Site**  
Site du portail communautaire des Forces canadiennes  
[www.cfcommunitygateway.com](http://www.cfcommunitygateway.com)

**14 Wing Greenwood Site**  
Site de la 14<sup>e</sup> Escadre Greenwood  
[www.airforce.forces.gc.ca/14w-14e](http://www.airforce.forces.gc.ca/14w-14e)

**Personnel Family Support Services**  
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**Combat Camera** | Caméra de combat  
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**Recruiting** | Recrutement  
[www.forces.ca](http://www.forces.ca)

**Military Family Resource Centre**  
Centre des ressources pour les familles des militaires  
[www.familyforce.ca](http://www.familyforce.ca)

**VPI** | VPI  
[www.vpiinternational.ca](http://www.vpiinternational.ca)



# Addictions issues a community concern

## Policing puts face on issues

Policing officials are just as concerned with the impacts of alcohol, drugs and gambling.

Kings RCMP Community Policing Officer Blair MacMurtery and Military Police Master Corporal L.P. Yuill shared some of their experiences, from education to awareness to enforcement around the issues.

“Every week – every day, I read the files of what’s happening Kings County,” MacMurtery said.

He warned the “drug of choice” in communities now is easy to find: prescription drugs, sitting home in your medicine cabinet.

“Good people have drugs in their homes – but you don’t know where they’re going. These drugs can destroy you and your family.”

He advised people to take those drugs and lock them away, watch who they discuss medical issues – even a back ache – with in public, and take advantage of free pharmacy and community drug disposal programs.

Yuill went further, advising Canadian Armed Forces members many prescription drugs impair your ability to drive, operate heavy equipment or fly.

“That’s important, and people are breaking the law and don’t even know it.”

And a shower, meal and coffee after a night of drinking? “Whatever,” Yuill said. “Time is the only remedy for impairment.”

Ongoing issues both police forces deal with – domestic calls, fighting, impaired drivers – all have “fuels,” Yuill said. In many, many cases, it’s alcohol.

“We want to be out there stopping things before they happen,” he said.

Combined efforts at impromptu road checks, school education programs, intelligence-led police work to investigate drug dealing and more “are making headway,” MacMurtery said.

“But pick up the phone and call us.”

Sara Keddy,  
Managing editor

14 Wing Greenwood and community resources took a step together towards action on alcohol, drug and gambling addictions.

An information session was hosted November 25 by the base’s Health Promotions and mental health services agencies. Lieutenant-Colonel Scott Murphy, commanding officer of 413 Squadron and the base’s health and fitness “champion,” opened with a caution: addictions can affect anyone from any background: military members, civilians and families.

“As members of the defence team family, we face some pretty unique challenges,” he said. “An addictions-free lifestyle is key. As with any mental health issue, there is a stigma attached we need to overcome, and there are many resources here at the wing and in the Valley.

“I have it from the wing

commander to you: there is absolute chain of command support for people who need help.”

Wing Chief Warrant Officer Pierrot Jetté seconded that: “As a leader, you need to know what the resources are, you need to help those folks in crisis – and stop those crises before they affect individuals and families and workplaces. It’s so important.”

Chief Warrant Officer Ian Smith led the discussions on behalf of Lisa White, Health Promotions manager (ill for the event). He and White present a series of workshops to the defence team every year on addictions, and spent several months timing this evening with National Addictions Awareness Week programs.

“There are reasons people use alcohol, drugs or gamble – and if I asked you, you’d know the answers,” Smith said. “It’s a drinking culture. “Most people, when I ask

if you remember your first drink, it was when you were young, you snuck a beer – that’s experimenting. But, you learn from experience and it’s not a thin line to cross. A lot of people have a hard time wrapping their heads around that. It’s stigma that it’s willpower, that, ‘you’re a smart guy, you’ll pull up your socks and just stop.’

“Dependence is when you’re willing to pay the price: your money, your wife, your family, your career.”

Captain Kim Grondin, the 14 Wing social worker, said many of his patients self-refer, which is encouraging: “The Canadian Forces message is getting out there, that ‘Maybe I should take a look at my behaviours and seek help.’

“We want them to come in. Canadian Forces programs are not mandated, they’re offered. How can we help?”

As with any mental health issue, there is a stigma attached we need to overcome, and there are many resources here at the wing and in the Valley

Lieutenant-Colonel Scott Murphy



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## Addiction-free lifestyle: It’s a family affair

There is a growing awareness alcohol and drug use can have serious health, social and legal implications. Early intervention by parents can prevent substance use. Serious problems related to alcohol and other drugs are less likely to develop if kids are able to talk openly and honestly.

**Top 10 tips for an addiction-free family**

- 1 Communication is key to a healthy relationship. This will help your children develop decision-making skills.

**Resources**  
Family info line: 1-800-866-4546 • [www.familyforces.ca](http://www.familyforces.ca)  
Members Assistance Program: 1-800-268-7708 • [www.forces.gc.ca/assistance/](http://www.forces.gc.ca/assistance/)  
Centre for Addiction and Mental Health • [www.camh.net](http://www.camh.net)

- 2 Support is important! Develop a support network within your family by showing love, listening to concerns and being prepared to help when asked.

3 Get the facts! If you don’t know the answer, say so and look it up together.

4 Set the rules. A family works best when it sets
- rules and responsibilities for each member.

5 Be a good role model. The things you say and do can have a strong influence on other members of your family.

6 Make time for family members to share their feelings.

7 Spend time together. When you share interests and
- activities, your family ties grow stronger.

8 Don’t be afraid to raise the issue of alcohol and drugs.

9 Watch for signs of substance use and address them early.

10 Use the combined strengths and skills of all family members to address important issues.



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The Larose home in Nictaux, set for a December holiday light show unlike any other in the province.

File

# Nictaux lights set for Santa

Imagine 40,000 Christmas lights dancing to Christmas music.

Brought to you by the Larose family and the Rotary Club of Middleton, and with new features and songs this year, the annual Nictaux Christmas Light Show's Santa and Friends night is December 14, with hot chocolate and goodies.

This family favourite features four homes in Nictaux. Mario Larose, an avian technician at 14 Wing Greenwood, leads in the design of the festive display, set to music broadcast on FM radio station 107.9.

The month-long display and single event night December



14 is all in an effort to raise money for a \$90,000 community splash pad park in the Middleton area. With over 10,000 cars travelling through the neighbourhood in each of the last couple of years, this project is even closer to reality.

Come check out the lights December 14, between 6 p.m. to 9 p.m., or any evening before December 31, between 6 p.m. to 9 p.m., for a drive-by visit.

**Directions:** to find 111 Balcom Crescent, turn south in Middleton off Hwy 1 (at the Needs) and cross the Annapolis River bridge. Keep straight at the bend: do not follow Hwy 10. Drive a short way and turn right on Colonial Drive (into Forest View Estates). This is a dead end, with Balcom Crescent on your immediate left.

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# Kids, Santa set for Mess party

Santa and his elves have scheduled an early visit to 14 Wing Greenwood, making a stop December 14 at the Annapolis Mess from 10 a.m. to 2 p.m. for the 14 Wing Kids' Christmas party. Santa has been checking, and all those who have RSVP'd have made his nice list and will receive a gift! Live entertainment will be provided by Razzmatazz, a bilingual interactive children's musical duo which will perform two shows, morning and afternoon. There will also be bounce castles, balloon animals, movies, popcorn, cotton candy, crafts and more. Parents are reminded this is a party for kids, but parental supervision is required. A light lunch will be available at the party for kids, with tea and coffee for parents. Non-perishable food donations will be accepted at the door.

Submitted

\*Based on testing of voice-call success rates, data-session completion rates and industry-standard call-quality measures against other national wireless service providers in metropolitan areas across Canada. †Premium and subscription messages are not included. Customers with devices not able to display picture or video messages will receive a text message that includes a web address for viewing. ‡Only one SharePlus Plan subscriber on the account requires a data option. That data can be shared with up to four additional devices. The first device on each TELUS SharePlus Plan must be a smartphone, Smartphone Lite or other mobile phone. Compatible phone required for BYOD option. TELUS, the TELUS logo, the future is friendly and telusmobility.com are trademarks of TELUS Corporation, used under licence. Apple, the Apple logo and iPhone are trademarks of Apple Inc. All other trademarks are the property of their respective owners. © 2013 TELUS.



# CHRISTMAS ON THE WING





# Give safety, security a thought through holiday season

**Warrant Officer W. Martin, 31 Military Police Flight**

The holiday season is a time for giving, sharing and enjoying family and friends. The seasonal spirit, along with busy schedules, may also increase the opportunities for criminal activity: property crime, identity theft and impaired driving. 14 Wing Greenwood's 31 Military Police Flight personnel suggest simple safety and security tips to assist you in having a safe and happy holiday season:

**1. Be alert and aware of your surroundings.** Pay attention to who is around you and what activities are going on nearby. Trust your instincts: if you feel uncomfortable with a place or person(s), leave. When shopping, park in a well-lit area and never leave your car unattended with the motor running or with the keys in the ignition.

**2. Don't get scammed.** Use credit card smarts. Don't carry extra credit cards or large amounts of cash. Keep a master list of all cards in a safe place in the event your wallet is lost or stolen. Never leave your wallet or purse unattended in a change room or shopping cart. Investigate the legitimacy of charities before donating.

**3. Don't leave valuables, in plain view, in your vehicle.** Parking lots are target-rich environments for thieves. Never leave your purse, wallet, cell phones, garage door openers or personal information in your vehicle. Thieves are always looking for easy targets. Locking your valuables in the trunk may deter them from choosing your car. Remember to lock your car.

**4. Away from home during the holidays?** Arrange to have your driveway cleared of snow. Cancel all deliveries

and arrange for a neighbour to pick up any flyers/ mail. Discard the packaging from major ticket items carefully in order to conceal the nature of their contents. Consider using automatic light timers and leaving on a TV or radio to make your home seem occupied. Remember to lock your residence.

**5. Driving during the holidays.** Prepare for winter driving conditions and ensure your vehicle is properly maintained and equipped with the appropriate tires and cold weather emergency supplies. Buckle up and be a patient and courteous driver this busy holiday season. Always plan ahead and arrange for a designated driver, use shuttle buses when available, have funds for a taxi or use other local programs, such as Operation Red Nose, when attending social events. Don't drink and drive.

## Five things everyone should know about impaired driving

- Once you've had "too much," no amount of coffee, fresh air or cold showers will help you get sober. The only cure is time. It takes about six hours for your body to eliminate all the alcohol from a blood/ alcohol reading of .08 (the legal limit)
- Impaired driving is the leading criminal cause of deaths in Canada
- Impaired drivers face penalties ranging from seven-day roadside prohibitions, vehicle impoundments, one-year driving prohibitions, criminal charges, fines and jail time
- Driving while impaired voids your vehicle insurance, which means you could be responsible for paying for any damages or injuries that result from an accident
- Party hosts could be held legally liable for damage caused by a guest's impaired driving. If you are hosting a holiday party, protect yourself from vicarious liability by offering non-alcoholic options, monitor your guests' alcohol consumption and be prepared to assist with cab fares, arranging rides or offering overnight accommodations.

Do your part to help keep the community safe. If you see or suspect someone of driving under the influence this holiday season - or at any time of year - call 911 or Military Police at 765-1494 local 5333 and be ready with a description of the make/ model/ color of the vehicle, the vehicle's location and direction of travel and, if possible, the license plate number. Military Police will be conducting random roadside checks throughout the 14 Wing Greenwood community, aimed at ensuring everyone enjoys a safe and festive holiday season.

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- that will help improve the health of your community?
  - that will help people take control of their lives and improve their health?

If so, contact your CHB for a printed copy of the application guide or visit [www.avdha.nshealth.ca/community](http://www.avdha.nshealth.ca/community) for an electronic version.

Deadline for Applications: 12:00 Midnight, January 17, 2014



Annapolis Community HEALTHBOARD  
Caring...for the Community



Kingston / Greenwood Community Health Board



Western Kings CHB



CENTRAL KINGS COMMUNITY HEALTH BOARD



EASTERN KINGS COMMUNITY HEALTH BOARD

<b>Annapolis CHB</b> P.O. Box 730 Middleton, NS B0S 1P0 Tel: 825-6160 Ext. 357 achb@avdha.nshealth.ca	<b>Kingston/Greenwood CHB</b> P.O. Box 730 Middleton, NS B0S 1P0 Tel: 825-6160 Ext.357 kgchb@avdha.nshealth.ca	<b>Western Kings CHB</b> P.O. Box 490 Berwick, NS B0P 1E0 Tel: 538-7088 wkchb@avdha.nshealth.ca	<b>Central Kings CHB</b> P.O. Box 154 Kentville, NS B4N 3W4 Tel: 681-2524 ckchb@avdha.nshealth.ca	<b>Eastern Kings CHB</b> 23 Earnscliffe Ave. Wolfville, NS B4P 1X4 Tel: 542-1244 ekchb@avdha.nshealth.ca
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*\*Funds provided by Department of Health and Wellness*

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[www.avdha.nshealth.ca/community](http://www.avdha.nshealth.ca/community)




## POSSIBILITÉS DE FINANCEMENT POUR LES INITIATIVES SUR LE BIEN-ÊTRE

Les conseils communautaires de santé, par l'entremise du Wellness Initiative Fund (fonds pour les initiatives sur le bien-être), appuient les groupes locaux dans le développement de communautés saines.

- Avez-vous une idée :
- qui contribuera à améliorer la santé de votre communauté?
  - qui aidera les gens à prendre contrôle de leur vie et à améliorer leur santé?

Le cas échéant, communiquez avec votre CCS pour obtenir un exemplaire du guide de présentation de demande ou consultez le [www.avdha.nshealth.ca/community](http://www.avdha.nshealth.ca/community) pour obtenir une version électronique.


Date limite pour la présentation des demandes : Minuit le 17 janvier 2014




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- Fonds offerts par le ministère de Santé et Mieux-être









## Beautiful holiday décor brings the outdoors inside

(NC) As trends come and go, what was all the rage last holiday season is well, last season. So to help homeowners stay in the know with what's "trending" this year, Ulya Jensen, a home décor expert, shares her expertise on the latest and greatest trends for this season.

"Earthy rustic is the name of the game for holiday decorating this year. Bringing the outdoors in is really trending, and using nature to decorate the inside of your home will help keep a fresh current look; think birch bark, pinecones, fir tree sprigs, candles, warm faux fur throws and lots of sparkle and twinkle," Jensen says.

Dishing on lights, she continued: "Mirrored ornaments and trays on your dining table, coffee table or hanging from your chandelier really helps reflect interior lights and gives



the allure of shining stars."

To make a big impact she suggests switching your everyday dining room chandelier for one with lots of glass or crystal, giving the dining room a more decadent feel. When it comes to tree lights, pre-lit indoor trees make decorating easy. Not only will it save you time and possible frustration, but it will look perfect as

the lights are placed evenly throughout the tree.

Lastly, if you are one for hosting holiday parties, it is important to create a welcoming entrance for your guests. This year large cast iron lanterns are on trend for the front steps. Additionally, use a live wreath to scent your entryway with fresh pine greens and keep the outdoor lights neu-



tral. A simple string of monotoned lights surrounding the window will get you the perfect holiday effect.





## 2nd Annual GREENWOOD AUTO SALES...

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In the spirit of the season, Greenwood Auto Sales presents their

## Holiday Toy Drive! Now through to December 15th

Drop off unwrapped toys, books or clothes for a child in need in your community!

On top of that, Greenwood Auto Sales will make a food donation equivalent to the total weight of the toys to Valley Food Banks!

Proudly locally owned and operated! Greenwood Auto Sales, open 7 days a week!

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(located in the former Canadian Tire Building, Greenwood)

[www.carsonexports.com](http://www.carsonexports.com)





# Un dessert traditionnel des Fêtes avec une fraction des calories

(EN) – Cette saison, restez dans la bonne voie en servant cette délicieuse version faible en calories de ce dessert traditionnel festif. Légèrement sucrée avec de la Stévia de source naturelle, cette tarte aux pacanes ajoutera une touche alléchante à toute table des Fêtes.

### Tarte aux pacanes favorite

Donne 8 portions  
Ingrédients : 1 croûte à tarte réfrigérée d'un emballage de 15 onces (425 g)  
2 oeufs de calibre gros  
2 blancs d'oeufs de calibre gros

1 tasse (250 ml) de sirop d'érable sans sucre  
2/3 de tasse (150 ml) de Pure Via granulé  
2 c. à s. (30 ml) de mélasse  
1 c. à s. (15 ml) de farine tout usage  
1 c. à t. (5 ml) de vanille  
1/4 de c. à t. (1 ml) de sel  
1 tasse (250 ml) de moitiés de pacanes  
Garniture fouettée sans sucre (facultatif)

### Préparation :

1. Préchauffer le four à 350°F.  
Abaisser la pâte pour former

un cercle de 11 pouces (28 cm) et la placer dans une assiette à tarte de 9 pouces (23 cm).  
Canneler le bord. Réserver.  
2. Fouetter les oeufs entiers et les blancs d'oeufs. Ajouter en fouettant le sirop sans sucre, l'édulcorant Pure Via, la mélasse, la farine, la vanille et le sel. Bien mélanger. Incorporer les pacanes. Verser sur la croûte à tarte.  
3. Cuire de 40 à 45 minutes ou jusqu'à ce qu'un couteau inséré au centre en ressorte propre. Laisser refroidir complètement sur une grille avant



de servir. Garnir chaque pointe de garniture fouettée sans sucre, au goût.  
Valeur nutritive par portion  
• Calories : 251

- Lipides : 17 g
- Cholestérol : 49 mg
- Sodium : 291 mg
- Glucides : 25 g
- Protéines : 5 g

## Resolutions Massage Therapy

*We're on the move*

On December 30 we will be moving to  
1046 Central Avenue (across from Dollarama).

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We're always happy to see you.

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Wednesday 9:00 - 5:00 | Thursday 12:00 - 8:00  
Friday 9:00 - 5:00

# 14 Wing Kid's Christmas Party

(Open to Annapolis Mess members only)

## Saturday 14th December 1000 - 1400 Annapolis Mess

Children 12 and under

(a non perishable food donation would be appreciated at the door)

- Bilingual Entertainment featuring Razzmatazz
- Photos and a gift from Santa
- Bounce Castles & Balloons
- Movies & Crafts
- Food, Popcorn, Cotton Candy

MUST RSUP  
By 06 Dec 2013  
Include Age & Gender  
of each child attending

RSUP to MCpl SL Wheaton  
shanna.wheaton@forces.gc.ca

# 14 Wing Christmas Concert

presented by the  
**14 Wing Band**

Featuring:  
Kingston & District  
Elementary Choir  
Dwight Ross School Choir  
and many other special guests

Sunday December 15th  
1900 hrs  
Annapolis Mess  
CFB Greenwood

Open to military & families  
and the general public

Free Admission  
Food Bank Donations Encouraged

## COUNTRY STORE

Natural Alternatives  
for a Healthy Lifestyle

SPECIALS FOR THE  
HOLIDAY SEASON

**Dec 9 - 14/2013**

**Hazelnuts/Filberts**  
\$1.47/100g  
**30% off**  
\$6.68 lb

**Unblanched Almonds**  
Sliced & Slivered  
\$1.57/100g  
**25% off**  
\$7.16 lb

**Beer Nuts**  
\$0.63/100g  
**30% off**  
\$2.86 lb

**Chocolate Ginger**  
\$1.65/100g  
**25% off**  
\$7.50 lb

**Redskin Peanuts**  
with Salt  
\$0.30/100g  
**40% off**  
\$1.36 lb

**Spanish Peanuts**  
with Salt  
\$0.54/100g  
**40% off**  
\$2.45 lb

**Coconut Medium**  
Unsweetened & Sweetened  
\$0.60/100g  
**25% off**  
\$2.73 lb

**Blanched Peanuts**  
with salt or without salt  
\$0.42/100g  
**40% off**  
\$1.91 lb

**Milk Chocolate  
Peanut Butter Cups**  
\$1.05/100g  
**25% off**  
\$4.77 lb

**Chocolate Raisins**  
\$0.97/100g  
**25% off**  
\$4.43 lb

**Milk Chocolate Slab**  
\$0.94/100g  
**25% off**  
\$4.29 lb

**White Chocolate Slab**  
\$0.75/100g  
**25% off**  
\$3.41 lb

**Mini M & M's**  
\$1.50/100g  
**25% off**  
\$6.82 lb

**While Supplies Last**  
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963 Central Avenue,  
Greenwood  
**(902) 765-4766**





## An Evening with a Chef

*Enjoy a menu of your choice prepared to perfection and served to your guests in the comfort of your own home!*

Prize includes \$100.00 Sobey's gift card  
Total number of guests: up to 8  
Chef time: 5 hours  
The hostess can design the menu choices or Chef Miles will provide recommendations

Date and time of event to be mutually agreed upon by hostess and chef!

**Enter to Win**  
**Draw: December 20**  
Ballots at all mall shops

**FREE**  
*Breakfast with Santa*

**CHILDREN 12 and UNDER**  
provided by **A&W** and **Subway**

**Saturday, December 14**  
8:30-10 Food Court

Santa pics 10 - 4

# Tips to keep your dog behaving his holiday best

(NC) The holidays are here and what better gift to give yourself than a well-mannered dog? Trainer Julian Bronk shares the following tips to make sure your furry friend is well-behaved:

- Teach your dog to sit politely for greetings: For best success, put your dog on a leash before people start arriving. Not only will you be able to control him if he begins to jump, but you'll also avoid him running out the door. Tell your guests that they are in training and he needs to be polite before they say "hello" to him. Have your dog sit (using a treat if necessary) and once he's sitting and calm, then let your guests pet him.
- Keep him in another room: If answering the door with the dog in tow is too difficult, it may be best to keep him in another room, in his crate, or outside until everyone has arrived.
- Don't let guests feed him: Often people are tempted to feed your dog some inappropriate goodies - or he may be tempted to steal some. It's best if you teach



him to stay on a bed or mat, within sight of you, but out of the way. You should start this training early, by walking him over to the mat and when he steps on it, tell him "Good Boy!" and give him a treat.

- Prepare a quiet place: Not all dogs are cut out for all the excitement of the holidays. As always, don't put him in a situation where he cannot be successful. It's a good idea to have a quiet place for your dog to go when he's had too much.

The holidays are a time to enjoy the ones you love. Teaching your dog some basic skills means he can be an enjoyable part of the celebration.

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<b>\$29.99</b> <i>plus tax</i>	<b>16" Pizza - Your Choice of:</b> Meat, Works, Veggie or Hawaiian	
<b>\$29.99</b> <i>plus tax</i>	<b>16" Pizza - 5 toppings</b> <b>16" Garlic fingers</b> with dipping sauce	

*Best Wishes for the Holiday Season*

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# Tips on hosting a holiday soiree

(NC) With the holidays around the corner, entertaining season is in full swing with soirees to host, roast dinners to serve and plenty of get-togethers that scale from small and casual to large and formal. Here are some simple tips to make all your celebrations easy entertaining:

**Set the Date** – Choose one date that accommodates your schedule and stick with it! From 5 guests to 50, there will always be a scheduling conflict for someone, so don't let that complicate your party. There are plenty of other holiday parties, send them a holiday card and let them know you'll see them soon.

**Set the Menu** – Whether it's a few canapés and a signature cocktail or a seven course meal



with wine pairings, plan out the meal everyone well in advance of the big date. This will help accommodate all dietary concerns such as allergies and intolerances of your guests, and helps

build out your grocery list. **Set the Theme** – Don't limit your creativity! Themed parties make lasting impressions – maybe it's the Hollywood Party with the award-winning

cocktail or the Beach Party in December with the homemade sand that your guests will speak about for months to come. From home décor, fashion accents to themed charade topics and board games – stir up some fun and set the mood with a theme that's eclectic or traditional.

**Set the Conversation** – Not everyone's a social butterfly, so enlist your chatty party guests or use conversation cards to get others mingling. Another bonus tip is to put out less seating – people are more likely to chat while standing than sitting down.

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**2014 NYE**  
**Masquerade Ball**

1800: Cocktails  
1900: Formal Served Dinner  
2000: Dance w DJ Mark from Electric Starz Productions  
2300: Champagne Tower  
Midnight: Mask Reveal and Ball Drop

The dinner will be a served meal and guests will have their choice of Beef Tenderloin or Chicken. Vegetarian options available.  
During dinner, guests will enjoy the smooth sounds of jazz guitarist, David Fayer

Guests can pre-order bottles of champagne at the Annapolis Mess

Ticket Prices: all tickets may be purchased from the Annapolis Mess or unit entertainment.reps  
Dinner & Dance (must be purchased no later than 18 Dec)  
Members: \$25 (and up to 3 additional guests each)  
Non-Members: \$30 (and up to any amount of additional guests)  
Dance Only (can be purchased at the door)  
Members: \$10 (and up to 3 additional guests each)  
Non-Members: \$15 (and up to any amount of additional guests)



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**best gifts & stocking**  
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\*See in-store for details. Promo card valid from Dec 15 to Dec 21, 2013

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**NO FEE**  
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# How to haul out after the holidays

(NC) A fresh start is the inspiration for any New Year, but that sense of a clean slate can be severely hindered by all the garbage that Santa and his crew leave behind.

According to Statistics Canada, our country is one of the biggest waste generators in the industrialized world and a big chunk of that is attributed to the season of giving. If you want to make a difference, take a look at these simple tips to minimize the footprint of your festivities this year:

**Recycle the wrap**

Watching the kids open their gifts is a joy of parenthood, but it can leave you with a pile of wrinkled wrapping paper waste. Instead of trashing it, take the time to sort it. Recycling programs vary by region, but by-and-large any wrap that is free of glitter and glue can be recycled as regular paper.

**Take care of the tree**

The disposal of Christmas trees has been upgraded since the old days of dumping. Most municipalities in B.C. offer free or cheap composting by drop-off or curbside pick-up. Some even partner with a local community group to assist with fundraising efforts. Pick-up schedules and drop-off locations can be found on the Recycling Council of British Columbia website at [www.rcbc.ca](http://www.rcbc.ca).

**Clear the clutter**

Even if you can't wait to make cookies with the brand new mixer you were gifted this year, be sure to make room in your kitchen by recycling your old appliance first. It's easy in B.C. For example, ElectroRecycle is a province-wide small appliance and power tool program, providing an environmentally friendly disposal option for more than 300 types of electrical products (including mixers, blenders and vacuums) that would otherwise end up in the landfill. A full list of accepted products and drop-off locations are available at [www.electrorecycle.ca](http://www.electrorecycle.ca).

**Craft with cards**

Invoke that do-it-yourself spirit and repurpose your stack of greeting cards by transforming them into beautiful decorations that can be enjoyed for years to come. Search Pinterest for dozens of step-by-step guides for paper wreaths, ornaments and decorative banners.

**Taste the turkey all winter**

Any meat not devoured at the family dinner has been gobbled up in sandwiches, and you're left with a sad looking carcass destined for the garbage bin. You might not see it now, but that sack of bones is an amateur chef's dream. Throw it in a large pot of water, add some onions, carrots, celery and poultry seasoning, and simmer on the stove for an afternoon. Freeze the resulting mouth-watering stock in small portions to use in soups and stews all winter.

By following these tips you can have a warm and wonderful season and improve your eco-karma with minimal effort.



CT-155 Hawk



CT-156 Harvard II



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The Greenwood Bowling Alley Presents The First Annual

# Kids Christmas Party!!

**Come bowl on December 13 from 5:00pm – 7:00pm**

**Cost: \$10 per child**

**(includes bowling, shoes and gift from Santa)**

**\$5 Pizza and Beverage tickets**



**\*Pre-register by December 7th to ensure your child receives a gift from Santa and Pizza**

**\*Maximum of 1 free adult per child. Additional adult \$5 each**

For further information or to register drop in, call 765-1494 local 5631 or email [gbcbowling@eastlink.ca](mailto:gbcbowling@eastlink.ca)



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Sunday 12 noon to 5:30 pm

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## Achat en ligne du cadeau essentiel

(EN) La recherche du cadeau parfait devient souvent une mission impossible lorsque votre liste est longue et votre choix est vaste. Heureusement, les grands détaillants nous facilitent la tâche en offrant en ligne leurs articles prometteurs, notamment pendant la période des Fêtes.

Si vous recherchez tout sous un même toit et voulez magasiner dans le confort de votre foyer, visitez le nouveau site [www.walmart.ca](http://www.walmart.ca). Vous y trou-

verez des dizaines de milliers d'articles à offrir aux Fêtes. Voici certaines idées-cadeaux essentielles pour l'occasion :

**Adorables jouets d'apprentissage pour les tout-petits** : Gros câlins Elmo de Sesame Street, une peluche qui adore donner et recevoir des câlins. Les enfants aiment bien jouer, danser, chanter et câliner leur nouvel ami.

**Beats au son des ados** : le Beats Pill, la chaîne audio ultra-

légère et puissante avec 4 haut-parleurs et le système Bluetooth. Elle possède un microphone intégré pour les appels mains libres et une pile de 7 heures, rechargeable, pour des heures d'écoute.

**Accessoires de golf pour papa** : tant à l'intérieur qu'à l'extérieur, la cage d'entraînement au golf Eagle Series s'assemble facilement et elle comprend une cible. Un cadeau parfait pour un papa qui veut pratiquer ses élans

sans être sur un vert.

**Traitements de spa pour maman** : offrez à une maman un cadeau apaisant, le bain-massage aromathérapie vivifiante Dr. Scholl's avec commande au pied hydrofuge, bulles rafraîchissantes et chaleur confort.

**Divertissement pour toute la famille de la prochaine génération** : offrez les applications de divertissement numérique les plus géniales, comme la nouvelle console Playstation 4

de Sony. Une expérience de jeu avec infographie immersive qui permet au joueur de contrôler ce qu'il crée.

**Hôte qui a tout** : que vous soyez l'hôte ou l'invité, l'ouvre-bouteille de vin électrique Oster est essentiel pour célébrer.

**Chanter joyeusement en**

**famille, entre amis ou pendant une fête** : amusez-vous pendant des heures avec le micro karaoké portatif à effet d'éclairage. Transformez votre concert de Noël traditionnel avec ce système karaoké stylé avec haut-parleur puissant et éclairage de fête.



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Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 83A, School Road, (annexe Morfee), 14<sup>e</sup> Escadre Greenwood, par fax au (902) 765-1717 ou par courriel à [l'adresse\\_editor@auroranewspaper.com](mailto:l'adresse_editor@auroranewspaper.com). Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédent la publication, à moins d'avis contraire.

metro crossword

solution page 18

1	2	3	4		5	6	7	8	9	10		
11					12					13	14	15
16					17				18			
19				20	21		22	23			24	
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49					50			51	52			
53			54					55				
56		57				58				59		
60					61	62				63		
			64							65		

- ACROSS
1. Binder

5. Move up and down

11. Wild sheep of northern Africa

12. Annoys

16. An upward movement

17. Ducktail

18. Town in central Minnesota

19. Philatelist's delight

24. Carrier's invention

25. Foreign travellers

26. Aurochs

27. Batter advanced score

28. Show the way

29. Steep rugged mass of rock

30. Valley

31. Digital data device

33. Insert mark

34. Breakout

38. Dissention from dogma

39. Kuhil and clown fish

43. Unconsciousness

44. Czech River

45. Johann Sebastian

49. World data organization (abbr.)

50. Comedian Sahl
51. Porch furniture wood

53. Potato state

54. American Pickers

56. Yellow-fever mosquitos

58. Edison's company

59. Axis and offshoot angle

60. Standard

63. Blame (Scottish)

64. Esoteric

65. Pronounces
- DOWN
1. Any wrist bone

2. Baltimore bird

3. Czar's nation

4. Regulated food

5. Space next to someone

6. Expunction

7. Trauma center

8. Spanish yes

9. Matters

10. Twist out of shape

13. Toward

14. Renders able for a task

15. An extended social group

20. Article

21. GMA anchor's initials

22. Streetcar

23. Summer month
27. Not widely distributed

29. Plays great music

30. Female 1776 descendants

31. Speed gauge ratio

32. Old English

33. After B

34. Expressing sorrow

35. More hearty, firmer

36. Taxis

37. Single pip card

38. 50th state

40. A source of worry

41. Eight sided

42. Highest military valor award (abbr.)

44. Former Harvard Pres. Derek

45. Drinking tubes

46. Loss of coordination

47. Self-love

48. Talus joints

50. Accumulator

51. Rural delivery

52. Lady Soul's initials

54. Prefix indicating abstraction

55. Hawaiian goose

57. Prince William's mom, Lady

61. Aid organization (abbr.)

62. Farm state

**Meditation**  
Mondays, 2 p.m., learn and practice techniques of breathing, eye movements and posture to relax the body and mind. Based on Tai Chi and yoga practices. Work is all seated on chairs. Joe 765-1898. \$10 per class, in Melvern Square.

**Tea & ticket auction**  
December 9, 6:30 p.m. to 8:30 p.m., a dessert tea and ticket auction will be hosted by 1<sup>st</sup> Berwick Pathfinders and Rangers (Girl Guides of Canada) at the Waterville fire hall. Admission \$5, includes choice of homemade desserts and beverage. Tickets 10 for \$1; draws start at 8 p.m. All welcome.

**Blood donor clinic**  
December 9 and 10, Canadian Blood Services will hold a two-day donor clinic at the 14 Wing Greenwood Community Centre, between 1 p.m. and 3 p.m. and 5 p.m. to 8 p.m. both days. Bring identification with your full name and signature or full name and

photograph. Call 1-888-236-6283 to book an appointment.

**Angel art**  
December 9 to 17, view Angels and Angel Art, on display at Macdonald Museum, 21 School Street, Middleton. Come in and see angel ornaments as well as angel art created by Valley school children. Phone 825-6116 for details.

**Luncheon**  
December 10, 11:30 a.m. to 1 p.m., the Kingston Lions host their monthly community luncheon at the Lions' hall. Come out and enjoy chicken supreme with all the fixings, coffee, tea and dessert. Cost is \$8 at the door or \$8.50 delivered (deliveries must be ordered by 10:30 a.m. December 10, phone 765-2128 or email [klionsclub@gmail.com](mailto:klionsclub@gmail.com) Web).

**Concert**  
December 12, 7 p.m., Christmas concert featuring bands and choir, Pine Ridge Middle School, 625 Pine Ridge Ave, Kingston. Freewill

admission.

**Concert**  
December 13, 7 p.m., at the Middleton Baptist Church, the Kings Chorale Children's Chorus and the Annapolis Valley Honour choirs present their annual Christmas concert, "Shine!" The three choirs will perform songs about peace, hope, and the power a child's voice has in the world. One of the main works, performed by the AVHC senior choir, is a piece of choral theatre, "Snow Angel." The singers will be joined by cellist India Gailey to tell the story of light, rebirth and rejuvenation. Tickets \$10 adults/ seniors, \$5 students from choristers, or at the door.

**Breakfast**  
December 14, 8 a.m. to 10 a.m., All Saints' Anglican Church Hall, Pleasant Street, Kingston (turn west off Bridge Street). Cost: \$7. Menu: pancakes, scrambled eggs, bacon, sausages, baked beans, hash browns, toast, juice, tea & coffee.

**Breakfast**  
December 14, at the Aylesford United Church, 8 a.m. to 11 a.m. Freewill offering. Everyone is welcome. Sponsored by the Committee of Stewards for church expenses.

**Concert**  
December 15, 2 p.m., the 4th Musical Gift for the Upper Room Food Bank, put on by local musician Chris Palmer and friends, sponsored and supported by the Kingston Lions Club; will be held at the Lions' hall. Featuring performances by Sonlight, Hughie McDonnell, Gina Potvin and Left of Center. All proceeds to the Up-

per Room Food Bank, Kingston. Freewill offering, silent auction, canteen and 50/50 ticket sales.

**Recital**  
December 15, 7 p.m., recital of Christmas selections by students of Pine Ridge Middle School, at the Aylesford United Church, 2414 Hwy1, Aylesford. Reception to follow. Freewill admission.

**Concert**  
December 15, 3 p.m., the Kings Chorale will celebrate Christmas in Canada with a concert of contemporary Canadian compositions, including composers Allan Bevan, Mark Sirett, Eleanor Daley and Stephen Smith; familiar works, such as "The Huron Carol;" and a few well-known carols for the audience to sing along with! Organist John Scott and pianist Evelyn Keddy join conductor William Perrot and the Kings Chorale. The concert will take place at St. James Anglican Church, Kentville. Tickets \$10, from members of the choir or at the door.

**Cancer support group**  
December 16, 7 p.m. to 9 p.m., the Kingston/ Greenwood Living with Cancer Support Group will hold its Christmas gathering in St. Mark's Protestant Chapel Annex, Church Street, Greenwood. This is our festive pot luck event, where attendees bring a snack for two other people and spouses are encouraged to attend. Rev. Dr. Gordon Poley will be guest speaker, on "Coping with Stress at Christmas," and Frank Dobbin will be with us again on the keyboard for carols. Cancer patients, family and friends or anyone seeking information on cancer are invited to come and enjoy the evening. For information: Lloyd Graham (765-6133) or Lynda Pierce (765-3055).

~ In Memory ~

**Nora Helen Russell (Hubley)**

December 14, 1916  
- December 12, 2011

Time slips by memories fade  
but love and warmth are forever.

Sadly missed by her family, extended family,  
and her many, many friends.

the Aurora

Find & Win

Three easy ways to enter.

1. Through our website: [www.auroranewspaper.com](http://www.auroranewspaper.com)

2. Fax: 765-1717

3. Drop into our office located on 83A School Road (Morfee Annex)

Entry deadline:  
Noon, December 12, 2013

Full name

Phone number

Complete the following questions from ads in this week's issue and win a large 2-topping pizza from **Pizza Delight, Greenwood**. Coupon valid for 30 days.

1. Who sells first aid and traffic control products?

2. Whose ad says book your holiday order and receive 20 per cent off?

3. When is the Christmas party at the Greenwood Bowling Centre?

4. What is the phone number for Valley Dentures in Kingston?

5. What is the perfect gift?

Limited to one win per family in a TWO MONTH PERIOD.

The winner will be drawn randomly from all correct entries. Only one entry per family per week.

Pizza Delight, Greenwood

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Congratulations to last week's winner: BERNIE HALBOT

metro crossword brought to you compliments of

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Sunday, 1:30 p.m.  
Tuesday, 7:30 p.m.

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• Letter H - 80/20

• 1 Lucky 7 - Progressive

• 1 Bonanza - Progressive

• Jackpot - 3 Chances

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• Double Action

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**Walk**  
December 21, come join the Valley Trekkers, a member of the Canadian Volkssport Federation, in Kentville for our annual Christmas Lights Walk. All are invited; we'll meet in the town parking lot across from the law courts (at the former train station) at 5:30 p.m. for walking at 6 p.m. Dress warmly for this 10 kilometre walk. Small prize for the most "seasonally" dressed. For information, contact Beth Moore, 678-5609.

**Christmas closure**  
December 23 to January 6, The Playhouse (non-structured playgroup for parents and caregivers with children ages newborn to five, 14 Wing Greenwood in the Morfee Centre Annex preschool building, School Street) will be closed for the Christmas break. Have a great holiday season, and see you in the New Year, Monday, Wednesday and Friday, 9 a.m. to 11:30 a.m. Find us on Facebook, "Greenwood, The Playhouse."

**Breakfast**  
December 24, the Kingston Lions host their annual Christmas Eve breakfast at the Lions' hall, 6 a.m. to 10 a.m. Freewill offering. Enjoy a complete breakfast of scrambled eggs, sausage, hash browns, pancakes, toast, juice, coffee and tea with friends and family this Christmas season.

**New Year's Eve family fun**  
December 31, celebrate the new year with a community celebration at the Credit Union Centre (Kingston arena), Westwood Street, beginning at 6 p.m. Kingsley the Steer will host families, with a skate, sleigh rides, live entertainment, Jimmie Dogs, chili, cider, hot chocolate, face painting, balloon animals, popcorn, and kids' fingerprinting – all FREE. Guests are encouraged to bring along non-perishable food items. Shortly after 9 p.m., enjoy the fireworks! Storm date January 1. For information, visit [www.kingston-novascotia.ca](http://www.kingston-novascotia.ca).



Zoo fun

Dwight Ross Elementary School had an exciting afternoon, when staff and students were visited by the Maritime Reptile Zoo and their many amazing animals. Pictured holding "Tiny," an albino Burmese python, along with the zoo's representatives Justin Morash and Mike MacDonald, are, from left, Josh Whitaker, Sabrina Samuel and Ainsley Todd.

Submitted

sudoku

solution page 18

						6	5	
	2			6			8	7
			4		5			1
4		7			2			
5	6				7	9		
9		2	8				6	4
				1			2	
			7		6	1	4	5
8			9					

Fun By The Numbers

Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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patrick's puzzle

horoscopes

solution page 18

Dec 08 - Dec 14

AUTO WORD SEARCH

M Z A P X C B F H U M M E R Y M T T B D  
N T U S F Z T A F I G S E C P E R L T W  
D W T S T E E R I N G L A J L R I M I M  
J R O S N Z S U X E E L E O F C Y C R B  
U A M R T E K C I T L A R I E E F Y E L  
R U O O L T S A S I U V A N E D P J S S  
E G T T C R A A D D E D S L B E M S U X  
L A I O L A H A I H N E I P A Z L F E M  
S J V M W F C I C U T B S I N B E O B T  
Y Z E L N F N U Y R O F N H P E A E U G  
R H F A F I I H A M N I O S O N S K D W  
H I O R D C A D S A L N I R N Z E O V R  
C G E E R H E D S Y E A T E T S O Y U O  
Y H J N P S L S S V X N A L I H A R L I  
I W F E E O I L R Y U C L A X A K Z R  
B A W G E N P J K T S E U E C B F C S E  
J Y U H J K T O Y O T A G D U O S I R T  
M W G P H O N D A M B G E S R L K U Z N  
U S I N F I N I T Y M H R D X F B B G I  
D R I V E Z O U P D E S T I N A T I O N

WORDS

ACURA      DEALERSHIP      HOOD      LEXUS      SUBARU  
AUDI      DESTINATION      HUMMER      LICENSE      TICKET  
AUTOMOTIVE      DRIVE      HUNDAI      MERCEDEZ BENZ      TIRES  
BMW      FINANCE      INFINITY      NISSAN      TOYOTA  
BUICK      FORD      INTERIOR      OLDSMOBILE      TRADE  
CADILLAC      GENERAL MOTORS      JAGUAR      PONTIAC      TRAFFIC  
CHEVROLET      HIGHWAY      JEEP      REGULATIONS  
CHRYSLER      HONDA      LEASE      STEERING

patrick's puzzle brought to you compliments of

Introducing Team Share plans.  
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Greenwood Mall | 765-2415

**ARIES - Mar 21/Apr 20**  
Participate in something new and interesting this week, Aries. The perfect activity will present itself in the next few weeks, so be sure to keep your eyes open.

**TAURUS - Apr 21/May 21**  
Taurus, delay any upcoming shopping excursions for the time being. Your coffers are getting a bit sparse, and you need to conserve the rest of your funds.

**GEMINI - May 22/Jun 21**  
Listen to advice this week, Gemini. Loved ones only want to help and provide support, so keep that in mind when those closest to you offer some guidance.

**CANCER - Jun 22/Jul 22**  
Cancer, your suspicions may be aroused by someone who has been paying more attention to you than normal. It could be something completely innocent, but right now you're not sure.

**LEO - Jul 23/Aug 23**  
Every day is a learning process, Leo. You will find that there are a number of new ideas swirling around in your head, and if you pin one down, you may be on to something.

**VIRGO - Aug 24/Sept 22**  
Your colleagues at work may be making things difficult, Virgo, but there is nothing you can do about it right now. Just work your hardest, and things will turn out for the best.

**LIBRA - Sept 23/Oct 23**  
Libra, prepare to juggle multiple responsibilities in the coming days. Be ready to multi-task and expect to be pulled in multiple directions.

**SCORPIO - Oct 24/Nov 22**  
Scorpio, a small misunderstanding turns into a larger battle this week. But you have the power to put the flames out quickly by keeping a cool head.

**SAGITTARIUS - Nov 23/Dec 21**  
Sagittarius, you are having so much fun lately that it almost seems like life is a game. Just don't get so caught up in the good times that you overlook your responsibilities.

**CAPRICORN - Dec 22/Jan 20**  
Capricorn, you usually take your responsibilities quite seriously, and that is often for the best. Just be sure to let your hair down sometimes and have a little fun.

**AQUARIUS - Jan 21/Feb 18**  
Aquarius, some irregularities have begun to pop up of late. It is not up to you to figure out what is going on, though. Others will discover the truth.

**PISCES - Feb 19/Mar 20**  
Pisces, your head may be in the clouds, but it is quite comfortable up there. Just don't linger up there too long.

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From left are some of Greenwood’s newest skaters, looking ahead to provincial championship competition in Kentville this season: Kristina Remenda, Gabrielle Crossley, Brooke Johnson, Olivia Silver, Jasmine Couturier, Lauren Young and Baily Cox.

Submitted

# Toepics | Greenwood Skating Club news

Competition season has started for members of the Greenwood Skating Club.

On the November 2 weekend, Jenna Breckon and Alex Robert won bronze and silver medals respectively, and berths on the Nova Scotia team headed to Regina this past week. Breckon will challenge 50 other skaters from across Canada for a spot at the national championships in Ottawa in January.

“This is my first year in the novice category, so my goal is really to gain some experience heading into next year’s Canada Games,” Breckon said.

Robert will continue his training for the games next year as well, opting out of the trip to Saskatchewan.

In other news, several Starskaters attended their first event of the season last month. It was a great start to the season for these young skaters, as they prepare for the year that will culminate in the provincial championships in Kentville.

“It’s great to have this event so close,” club coach Cheryl Gaston says. “More skaters will attend, and family and friends can come and cheer them on!”

Club skaters are preparing for their annual performance of “The Nutcracker,” to be held at the Greenwood Gardens Arena December 15 at 1:30 p.m. Spectators are welcome.

## the Aurora

### Dear Santa...

The Aurora Newspaper is pleased to inform readers of all ages Santa Claus will be accepting **Christmas letters** at our office, 83A School Road, Morfee Annex, Greenwood, until 4 p.m. December 11.

Writers should hand deliver or email their 50-word maximum length letter to our front desk or email to [production@auroranewspaper.com](mailto:production@auroranewspaper.com) including their full name, age and home community; along with a photo of themselves if they like. A parent’s name and phone number must be included for those writers under age 18.

We will publish all letters in the December 16 edition - the last one Santa will read before his big Valley visit December 25.



### Toy trot

One hundred ten runners hit the road December 1 in the first annual Exit Realty Toy Trot in Greenwood. All registered for the five-kilometre event with a new toy, coming up with 155 new toys for the Friendly Neighbours Christmas hamper program. Exit’s Aaron Daniels wanted to involve the community in a fundraiser with a difference, and staff were immediately on board to organize, promote and host the event.

Submitted

Valley

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STILL MISSING

Bella, has been missing from Fales River Subdivision, Greenwood since Oct 10. She is an indoor cat and is probably very skittish and scared. Please check your sheds, under your decks and woodpiles for any sign of her. If you see her please call 765-6317.



Youth Happenings

**Lindsay McCormack,**  
**Recreation Youth Worker**

Get your game on, and take in the other fun activities for youth, planned over the next week at the 14 Wing Greenwood Community Centre.

**Boys Club**  
December 9, 5 p.m. to 6 p.m.  
The Xbox is going to be the highlight tonight. Get ready to work up a sweat with the Kinect!

**Teen Games**  
December 10, 6 p.m. to 8 p.m.  
Board games, cards, air hockey, pool - it's up to you!

**Active Chicks**  
December 11, 6 p.m. to 7:30 p.m.

We will be taking advantage of all of the new board games we've received tonight.

**Teen Activity**  
December 12, 6 p.m. to 8 p.m.  
Time to transform the Teen Room into a winter wonderland for the December 13 dance.!

**Dance**  
December 13  
Pre-teen 6 p.m., \$3  
Teen 8 to 10 p.m., \$4  
Come enjoy a night out with friends. Listen to great music and win prizes. You do not need a pre-teen or teen membership to come to the dances.

The Perfect Place for that  
Special New Year's Eve Dinner

THE PERFECT PEAR  
Dining Room

Enjoy the warm atmosphere and the eclectic cuisine of Chef Scott Foeller while listening to the smooth sounds of local musician Frank Dobbin.

~ Appetizers ~

- Roasted Sweet Red & Yellow Pepper Soup
- Tower of Grilled Vegetables & Goat Cheese
- Cajun Style Crab Cake with Yellow Pepper Salsa

~ Entrees ~

(All entrees will be finished with the chef's garnish)  
Rosemary & Garlic Seasoned Jumbo Shrimp  
& Digby Scallops

Oven Roasted Breast of Chicken Stuffed with Sundried  
Tomato, Basil, Feta Cheese & Pine Nuts

Medallions of Beef Tenderloin served upon Roasted  
Portabella Mushroom, finished with a  
Green Peppercorn Brandy Sauce

~ Sinful Ending ~

- Dark Chocolate & Espresso Crème Brulee
- Grand Marnier & White Chocolate
- New York style Cheesecake
- Sweet Field Berry Trifle
- with Citrus Spiked Cream & Shaved Chocolate

Price \$35.00 per person + HST

Seating starts 4:30 pm

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Dining Room  
at



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information, please call 825-3399

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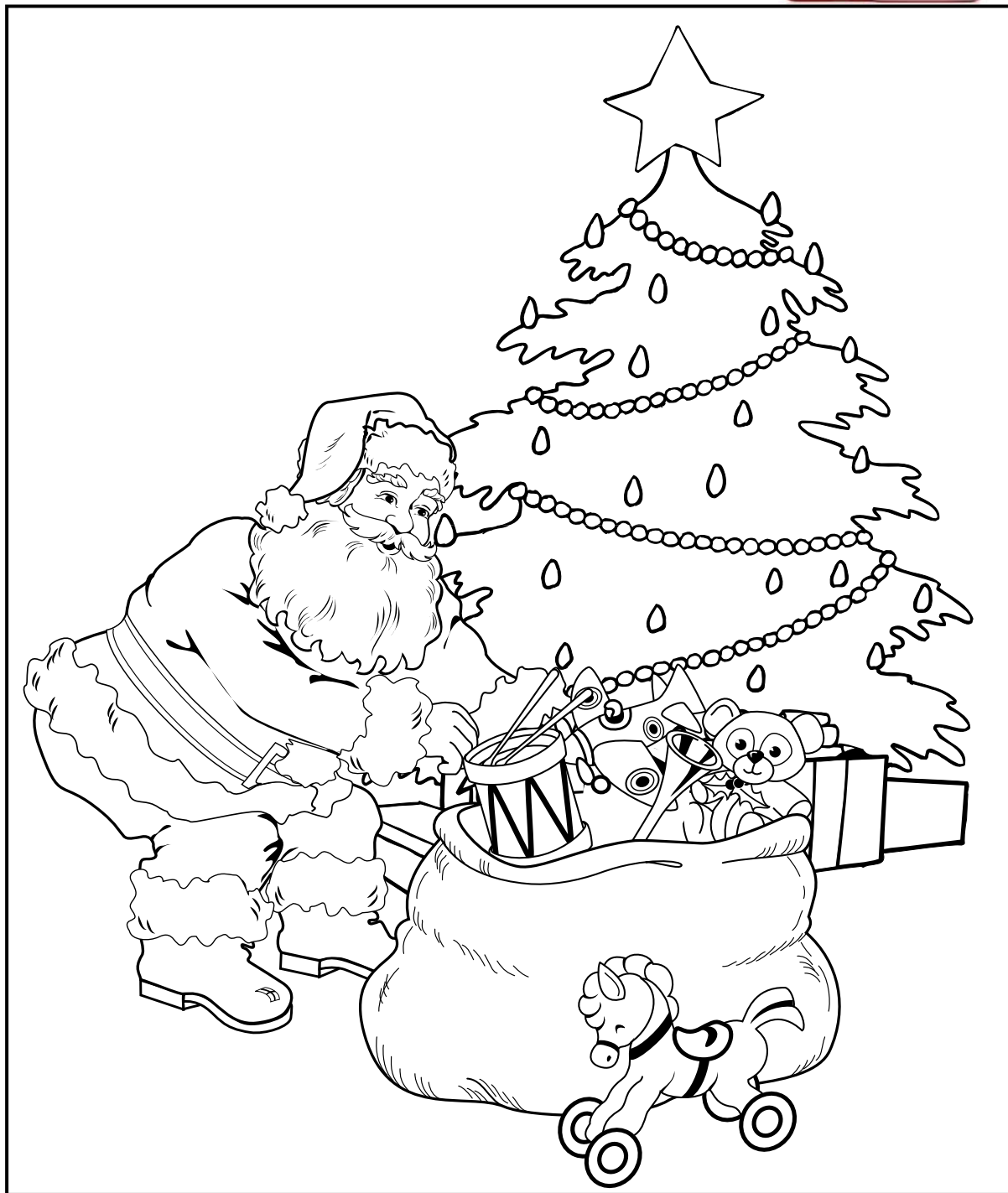
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Enter our coloring contest, for a  
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Please drop off at Pizza Delight Greenwood  
no later than December 14th.



Name/Nom: \_\_\_\_\_ Address/Adresse: \_\_\_\_\_  
Tel/Tél: \_\_\_\_\_ Age/Âge: \_\_\_\_\_  
School/École: \_\_\_\_\_ Class/Classe: \_\_\_\_\_

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# classifieds

Classified advertisements, 35 words or less, are \$7 tax included. Additional words are 10 cents each, plus tax. Bold text \$8, tax included.

Classified advertising must be booked and prepaid by 10 a.m. Thursday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 765-1494 local 5440, visit the office, 83A School Road, Morfee Annex, Greenwood; email [frontdesk@auroranewspaper.com](mailto:frontdesk@auroranewspaper.com) or fax 765-1717.

To place a boxed, display ad, contact 765-1494 local 5833; email [marketing@auroranewspaper.com](mailto:marketing@auroranewspaper.com).

Les annonces classées, 35 mots ou moins, sont vendues au prix de 7 \$, taxes incluses. Chaque mot additionnel coûte 10 sous, plus taxes. Texte en caractères gras 8 \$, taxes incluses.

Les annoncées classées doivent être réservées et payées à l'avance avant 10 h, le jeudi précédant la publication. Les modes de paiement acceptés incluent VISA, MasterCard, AMEX, débit ou comptant. L'Aurora n'est pas responsable des produits et/ou services annoncés. Pour faire publier une annonce classée, vous pouvez nous appeler au (902) 765-1494 poste 5440, visiter notre bureau au 83A, School Road, annexe Morfee à Greenwood, nous envoyer un courriel à [frontdesk@auroranewspaper.com](mailto:frontdesk@auroranewspaper.com) ou nous transmettre un fax au (902) 765-1717.

Pour faire paraître une publicité dans un encadré, appelez-nous au (902) 765-1494 poste 5833, ou un courriel à [marketing@auroranewspaper.com](mailto:marketing@auroranewspaper.com).

## crossword solution

C	O	R	D		S	E	E	S	A	W		
A	R	U	I		I	R	R	I	T	A	T	E
R	I	S	E		D	A				O	R	O
P	O	S	T	A	G	E	S	T	A	M	P	A
A	L	I	E	N	S		U	R	U	S		R
L	E	A	D		C	R	A	G		D	A	L
				M	O	D	E	M		C	A	R
E	S	C	A	P	E				H	E	R	E
L	O	A	C	H		C	O	M	A	E		
E	L	B	F		B	A	C	H		S	A	V
G	I	S		M	O	R	T		R	A	T	T
I	D		M	I	K	E	A	N	D	F	R	A
A	E	D	E	S		G	E			A	X	I
C	R	I	T	E	R	I	O	N		W	I	T
			A	R	C	A	N	E		S	A	Y

## sudoku solution

1	4	9	2	7	8	6	5	3
3	2	5	1	6	9	4	8	7
7	8	6	4	3	5	2	9	1
4	1	7	6	9	2	5	3	8
5	6	8	3	4	7	9	1	2
9	3	2	8	5	1	7	6	4
6	7	4	5	1	3	8	2	9
2	9	3	7	8	6	1	4	5
8	5	1	9	2	4	3	7	6

## patrick's puzzle

M	Z	A	P	X	C	B	F	H	U	M	M	E	R	Y	M	T	B	D
N	D	T	S	F	Z	T	A	F	I	G	S	E	C	P	E	R	L	T
J	R	A	S	T	E	E	R	I	N	G	L	A	J	L	R	I	M	B
U	A	M	R	O	L	T	S	A	S	T	U	V	A	N	E	D	P	J
R	E	L	S	J	E		T	E	K	C	I	T	L	A	R	I	E	S
S	Y	Z	M	L	W	F	N	I	C	U	T	B	S	I	N	P	E	A
H	I	O	F	A	F	I	H	A	M	N	I	N	O	S	S	O	N	S
I	G	E	R	D	C	A	D	S	A	L	N	A	T	E	T	I	H	A
Y	H	J	N	P	S	L	S	V	X	N	T	A	L	L	I	H	A	R
I	W	F	E	E	O	I	L	R	Y	U	C	E	U	E	C	B	F	C
B	A	W	J	K	T	O	Y	O	T	A	G	E	S	R	L	K	U	B
J	Y	U	H															
M	W	G	P	H	O	N	D	A	M	B	G	E	S	R	L	K	U	B
U	S	I	N	F	I	N	I	T	Y	M	H	R	D	X	F	B	U	G
D	R	I	V	E	Z	O	U	P	D	E	S	T	I	N	A	T	I	O

## obituaries

The Aurora Newspaper offers obituary notices to the community. Families may record their loved one's life as they wish, and work with our staff to design borders, add photos and proofread the final notice.

Obituaries are priced at 57 cents per line (black and white) or 67 cents per line (colour).

Obituaries for serving Canadian Armed Forces Regular, Reserve members and Canadian Armed Forces veterans are complimentary to an eighth of a page space (2 columns x 67 lines), black and white only. Regular line rates apply on space over this size.

Payment is required before publication (cash, cheque, debit or VISA, MasterCard, AMEX).

Contact Anne Kempton, 765-1494 local 5833, [marketing@auroranewspaper.com](mailto:marketing@auroranewspaper.com), for details.

the **Aurora**

## APARTMENTS

FOR RENT - Very clean, modern two bedroom apartment. Fridge, stove and Dishwasher. Washer Dryer hook-up. Close to everything in Greenwood. \$800/month, heat/lights incl. Available Nov 1st. No dogs. References required. Call Ross 840-0534. (3434-ufn)

FOR RENT - Very clean, modern three bedroom apartment, quiet S/D in Nictaux. Fridge, stove and Dishwasher. Washer Dryer hook-up. \$850/month, heat/lights incl. No dogs. References required. Call Ross 840-0534 (3434-ufn)

FOR RENT - Newly Renovated three bedroom apartment in Wilmot, Fridge Stove incl. \$650.00 plus utilities. References required. Call Ross 840-0534 (3434-ufn)

FOR RENT - One Bedroom apartment, smoke/pet free, cleaned/painted, electric heat. Large kitchen with view. 15 minutes from 14 wing. Close to West Kings School, Auburn. \$450.00 per month utilities extra. Stove, fridge and small washer. Application, lease, references required. Phone 847-9775. (3446-2tp)

FOR RENT - Worry free retirement living at its best, Chipman Avenue, Bridgetown. Two Bedroom Apartment, 1200+ Sq. ft. of living space including LR, DR, KIT and six appliances. Hardwood flooring throughout, R2000+ construction, electric heat. Garage, paved driveway, snow removal, lawn care and extra parking included. Very quiet area, 10 minute walk to all amenities. \$900.00 per month, plus utilities. For more information please contact 902-847-1365. (3440-ufn)

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FOR RENT - Middleton - Brooklyn worry free retirement living. Two bedroom unit with garage. 1000+ sq.ft. of living space, fridge, stove, dishwasher, fireplace, heated floors in washroom, tub, shower, laundry hook-ups, paved driveway, snow removal, and lawn care included. Quiet! For more information please call Darlene for viewing 825-3424/840-1780. (3447-2tp)

## DUPLEXES

FOR RENT - Two bedroom Duplex apartment in Aylesford, Fridge Stove incl. \$595.00 plus utilities. References required. Call Ross 840-0534. (3434-ufn)

FOR RENT - Large two bedroom apartment in duplex located in North Kingston. Fridge, and stove included, washer/dryer hook-ups. No pets, no smoking. \$625.00 per month nothing included. Phone 242-2465. (3444-ufn)

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and Greenwood on Sampson Drive. New built 2 bedroom duplex, with in floor heating, 5 appliances, attached garage, spacious lots with back patio and front deck. Paved driveway with snow removal and lawn care included. 5 minutes away from 2-18 hole golf courses, Greenwood base gym facilities and Greenwood Mall shopping center. Transit services. For more information or viewing please contact 902-765-0339 or 902-848-6279. (3446-4tpb)

FOR RENT - Small two bedroom Duplex located in Kingston. Fridge, stove, heat and lights included. \$650.00 per month, no dogs. Phone 847-5046. (3445-ufn)

FOR RENT - Available Dec 1, recently renovated two bedroom split entry duplex, with 4 appliances, all new energy efficient electric heaters. Located in subdivision behind Greenwood Mall with lawn care and snow removal provided. \$700.00 per month plus electrical. Call Sue 765-4206. (3445-ufn)

## HOUSES

FOR RENT - Two bedroom house located in central Kingston, quiet neighborhood off of Bridge Street. Main floor living with lots of storage and workshop. Walk to all amenities. \$775 per month plus utilities. References required. Phone 765-8481. (3446-2tpb)

FOR RENT - House rental to share with one person. Heart of Kingston, walking distance to all amenities. Responsible, clean adults only. Appliances and parking included. \$375.00 per month plus shared utilities. Phone 765-8481. (3446-2tpb)

FOR RENT - Three Bedroom House 1.5 years old located on one way Street behind Kingston Legion. Quiet neighborhood five minutes

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from CFB Greenwood and shopping. Large unfinished basement great for storage or work room. Equipped with electric heat. References & security deposit required. \$900.00 per month. Phone 680-2284 for more information. Available as soon as possible. (3446-2tpb)

## MOBILE HOMES

FOR RENT - Two bedroom mobile home located in Kingston. Heat, lights, fridge and stove included. No dogs allowed. \$750.00 per month. Phone 847-5046. (3442-ufn)

## LAND

LAND FOR SALE - 3.5 acres of land at Waterloo Lake not on the lake. Treed, close to railway line 13,000 serious inquiries only please. Call 825-3607. (3435-ufnb)

## FOR SALE

FOR SALE - 2001 Saturn SC1, 5 speed standard, sunroof, silver, bucket seats. \$1,200. Call 765-0277 for more details. (3447-2tp)

## SERVICES

SERVICE - Bilingual handyman carpenter available, 25 years of experience with finish work, flooring, stairs, tile work and more. Reasonable rates - flexible hours. Call Mike at 242-2465 or 840-0529. Greenwood/Kingston (3438-4ufn)

## IN THE COMMUNITY

CHURCH SERVICE - "The Peoples 25:40 Church" There will be a church service held every Sunday at the New Beginnings Centre 1151 Bridge Street Greenwood provided by Pastor Leon Langille. Pre Service music at 2:50 pm. Service 3:00 pm. Doors will open at 2:30 pm. All are welcome. (3438-4ufn)

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# Bombers build up food bank



Sergeant Brian Jackson (left) and Master Corporal Mike McGraw deliver over 125 pounds of food and \$90 in cash donations to the Upper Room Food Bank in Kingston. Master Corporal R. Wilson, 404 LRP&T Squadron

## Sergeant Brian Jackson, 14 Wing Bombers coach

The 14 Wing Greenwood Bombers hosted two exhibition games against the Gagetown Warriors November 30 and December 1. The cost of admission: non-perishable food items, which resulted in 126 pounds of food. Volunteers Master Corporal Karen Lindsay and Warrant Officer Jim LeBlanc organized a 50/50 draw, which also collected \$90, all for the Upper Room Food Bank in Kingston. Food bank volunteers were very appreciative of the efforts put forth by the Bombers hockey team as, with Christmas and the winter season fast approaching, many people will be using the food bank.

Saturday night's game was very high paced hockey, with the Bombers prevailing 4-3

over the Warriors. During Sunday morning's action, the Bombers effective movement of the puck, along with stellar body positioning, established a 5-2 victory over the Warriors.

The 14 Wing Bombers

would like to thank all who aided in making this venture a success, and, especially, the Gagetown Warriors for travelling down for the two games and for their generous contribution to the food bank.

There's no time like the "PRESENT" to book your holiday advertisements.

There is **ONLY 1 MORE ISSUE** left this year.

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# Handbags FOR Habitat

*locate* Do you have a **NEW OR GENTLY USED HANDBAG** you could donate to a worthy cause?

*donate* The Handbags for Habitat Annual Auction is a signature fundraiser for the Annapolis Valley Project of Habitat for Humanity Nova Scotia. **BUSINESSES - YOU CAN FILL YOUR BAG WITH BUSINESS CARDS, COUPONS, PROMOTIONAL MATERIALS OR SAMPLES AND PROMOTE YOUR BUSINESS TO THE LADIES! THE GENERAL PUBLIC ARE ALSO INVITED TO DONATE A NEW OR GENTLY USED HANDBAG**

*celebrate* You may find your next handbag among our auction items, so **COME AND JOIN THE FUN** at the Handbags for Habitat event!

**BAGS CAN BE DROPPED OFF AT:**

- KRock station, 8794 Commercial St, New Minas
- Royal LePage Atlantic, 8999 Commercial Street, New Minas
- Valley Credit Union, 9202 Commercial Street New Minas
- email us at [info@habitatav.com](mailto:info@habitatav.com)
- call 679-0644.

**TICKETS WILL BE ON SALE SOON!**

Any bag not sold will be donated to another charity.

Please include your name and value of bag plus contents.

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### USED INVENTORY

STOCK #	YEAR	MAKE	COLOUR	M	T	OPTIONS	KMS	PRICE
13-266B	1995	CELICA GT CONV	BLACK	4	A	AC,PW,PDL,CRU	113000 M	10750
14-104A	2003	TUNDRA LIMITED	GREY	8	A	LOADED	113000	12750
11-430B	2006	BMW 325Xi	GREY	6	6	LOADED	150000	15000
13-229A	2006	TACOMA DCAB	BLUE	6	6	TRD 4X4	132000	19900
13-349A	2006	TACOMA DCAB	RED	6	A	SR5 4X4	162000	17750
12-394A	2007	CAMRY HYBRID B	GREEN	4	A	LEATHER,S/ROOF	86000	15000
13-385A	2007	CAMRY LE AA	GREEN	4	A	AC,PW,PDL,CRU	89000	11750
13-453B	2007	BMW X3 3.0si	BLACK	6	A	FULLY LOADED	136000	14750
13-13A	2008	COLORADO LT Z71	DBLUE	5	A	4X4,EXT CAB,AC	84000	15000
13-353B	2008	ACCENT GL 2DR	BLACK	4	5	H/B,AC,PW,PDL	48000	7750
13-395A	2008	KIA RONDO EX	GREY	4	A	AC,PW,PDL,CRU	78000	9250
14-105A	2008	YARIS SEDAN	SILVER	4	A	AC,PW,PDL,CRU	71000	8750
14-19A	2009	YARIS 5DR H/B	GREY	4	5	LE,AC,PW,PDL	52000	10000
13-295A	2009	COROLLA CE CA	BEIGE	4	5	AC,PW,PDL,CRU	87000	9900
14-25A	2009	CAMRY LE AA	GREEN	4	A	AC,PW,PDL,CRU	97000	13000
14-84A	2009	CAMRY LE	BEIGE	4	A	AC,PW,PDL,CRU	40000	14000
14-83A	2009	COROLLA LE	SILVER	4	A	SMART KEY	70500	13000
14-91A	2009	COROLLA LE	SILVER	4	A	SMART KEY	78000	12750
14-96A	2009	CIVIC DX-G	BLACK	4	A	AC,PW,PDL,CRU	97000	10750
13-220A	2010	CAMRY LE BA	GREEN	4	A	AC,PW,PDL,CRU	87000	14750
14-45A	2010	COROLLA LE AA	SILVER	4	A	AC,PW,PDL,CRU	66000	14000
14-43A	2010	COROLLA CE CA	SILVER	4	5	AC,PW,PDL,CRU	60000	13000
14-71A	2010	C	DBLUE	4	A	AC,PW,PDL,CD	50000	14000
14-48A	2010	C	SILVER	4	A	AC,PW,PDL,CRU	40000	13500
13-452A	2010	C	RED	4	A	AC,PW,PDL,CRU	58000	13000
14-46B	2010	C	GREY	4	A	S/R,AC,PW,PDL	47000	15000
13-317A	2010	C	SILVER	8	A	4WD,SR5,AC,PW	63000	25000
14-23A	2010	C	WHITE	4	A	AC,PW,PDL,CRU	48000	14000
14-11A	2010	C	BLACK	4	A	ROOF,AC,PW,PDL	73000	12750
14-92A	2010	C	WHITE	4	A	AC,PW,PDL,CRU	85000	15000
U1919B	2010	MATRIX	SILVER	4	A	AC,PW,PDL,CRU	78000	12750
14-93A	2010	CAMRY XLE	SILVER	4	A	FULL LOAD	141000	11750
13-276A	2011	C	BLUE	4	A	AC,PW,PDL,CRU	29000	23000
13-288A	2011	C	RED	8	A	AC,PW,PDL,CRU	75000	21500
13-365A	2011	C	RED	6	A	4WD,LTHR,S/R	79000	24000
13-89B	2011	C	SILVER	4	A	AC,PW,PDL,CRU	69000	12000
13-382A	2011	C	RED	4	A	SPORT,AC,PW,PL	35000	11000
13-400A	2011	C	GREY	4	A	2WD,AC,PW,PDL	33000	19000
13-373A	2011	C	DBLUE	4	5	2WD,CD,CAP	24000	11000
13-422A	2011	C	SILVER	6	A	AC,PW,PDL,CRU	71500	19750
14-8A	2011	C	GREEN	4	A	AC,PW,PDL,CRU	74000	16750
14-33A	2011	C	RED	4	A	AC,PW,PDL,CRU	55000	13750
13-455A	2011	C	SILVER	4	A	AC,PW,PDL,CRU	26000	22000
14-89A	2011	C	GREEN	6	A	AC,PW,PDL,CRU	81000	18000
U1912	2012	C	WHITE	8	6	302,AC,PW,PDL	13000	38000
13-268A	2012	C	SILVER	H	A	AC,PW,PDL,CRU	30500	19750

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Now Canada's newest national park, Sable Island National Park Reserve is a place to be awed by the power of nature.

In a preliminary trial November 6 of the island's emergency procedures, 14 Wing Greenwood's 413 (Transport and Rescue) Squadron worked with Parks Canada and the Coast Guard to evaluate planning and safety for the park's eventual opening to visitors.

All photos  
Corporal Mathieu Gaudreault,  
14 Wing Imaging



Corporal Matthew Jobes, left, monitors Sergeant Terrence Grandy's training hoist from the Cormorant.



Paul Olshefky of Park Canada, ready for the Cormorant ride to Sable Island.



Park Canada officers and 413 Transport and Rescue Squadron search and rescue technicians and flight engineer team in front of a CH149 Cormorant.