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14 WING • ESCADRE 14 GREENWOOD, NS

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Colonel Jim Irvine, 14 Wing Greenwood commander, centre, accepts an appreciation award from Harley Hazelwood, manager of the Upper Room Food Bank, Kingston, and food bank volunteers; presented in recognition of the base and, in particular, Fire and Emergency Services' ongoing support.

Private N.Clarkson, 14 AMS Wing Imaging

## RCAF participates in NATO anti-submarine exercise

Two CP140 Aurora aircrafts and four crews from 404, 405 and 407 squadrons participated in the world's largest NATO anti-submarine exercise, which took place off the coast of Sicily, Italy, over the last two weeks.

Reinforcing interoperability amongst participating NATO nations is a key element of the Proud Manta exercise. This provides RCAF crews a unique opportunity to exercise their communications and operating skills in a challenging multinational environment.

"Canadian participation in Exercise Proud Manta permits our forces to work alongside our NATO allies and demonstrates that we remain amongst the best in the world at what we do. It allows Canadian CP140 aircrew and maintenance personnel from both coasts to hone the skills that serve them on a daily basis, either at home on patrol, or

Continued on page 2...

## Food bank friends Base personnel, Upper Room volunteers work well together

**Sara Keddy,**  
Managing editor

A network of support seems to back the successful 14 Wing Greenwood efforts to support the local food bank.

At an event March 12 at base headquarters, representatives from the Upper Room Food Bank in Kingston presented 14 Wing, in particular the base's Fire and Emergency Services personnel, a plaque in thanks

for outstanding efforts through 2012.

"We'd like to thank each and every one of you – you go out, you bang on doors and go to the sections," said food bank manager Harley Hazelwood. "If it wasn't for you, the food bank would suffer."

14 Wing Commander Colonel Jim Irvine said the food bank projects on base are part of an overall effort to support the community, but also

singled out the firefighters for a "fantastic job throughout the year."

The fire crews regularly hold a Christmas food drive throughout base sections and the Residential Housing Units and organize the Pull the Pumper challenge in the spring. Thousands of pounds of food and cash donations are collected.

"We couldn't do what we do without the support of the wing

and the community," Fire Chief Captain Bruce Paradis said.

Hazelwood told the gathering the food bank's donations are down during what is traditionally a slow period – even though demand is at its highest: 162 families came through the doors in February, including eight new families.

"They are from all walks of life – some of these people were donating to the food bank themselves last year," he said.

"Walking through our doors is a difficult thing to do, and we always help people and treat them with the utmost respect."

Hazelwood said the Thanksgiving and Christmas peak in donations is always wonderful support, but Upper Room volunteers encourage individuals and businesses to take advantage of special events - wedding anniversary or birthday parties, or business milestones – to remember the food bank.

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## RCAF participates ...

...cover

deployed around the world,” says Lieutenant-Colonel Mike Adamson, commanding officer of 405 Long Range Patrol Squadron.

“Ex Proud Manta is also one of the few opportunities for CP140 Aurora crews to actively engage real-world submarine forces. It is a vital skill set that needs to be practiced and maintained.

Exercise Proud Manta challenged RCAF members with both above and below water training scenarios. The training scenarios range from non-threatening communication exercises between multinational aircraft, ships and submarines to war-fighting scenarios. The most challenging training scenario involves finding enemy submarines.

RCAF members also exercise their tactics and techniques at the crew level as well as their ability to manage resources within the aircraft.

“This is the hardest task we are required to perform as aircrew but is also the most exciting and the most rewarding one, professionally,” says Major Paul Gilbert, detachment commander of 405 Squadron.

“Practicing those skills together with our allies - over 100 hours of flight time spread out over 22 missions - brought the aircrew cohesiveness at the highest level.”

Typically, the CP140 Aurora has a crew of 10, including two pilots, one flight engineer, one tactical navigator, one navigator communicator and five airborne electronic sensor operators.



## Project people

Dwight Ross Elementary recently hosted its schoolwide project fair, inviting special guests from 404 Squadron, 14 Wing Greenwood, as well as Kings West MLA Leo Glavine to help with the judging. Shown above are volunteers (left to right) Captain Keith Cusson, Corporal Dan Bertier, students from Mrs. Lunn's Grade 4 class, Master Corporal Elizabeth Oliver, Glavine and Master Corporal Scott Wheaton.

Submitted

## L'ARC prend part à l'OTAN au exercice de guerre anti-sous-marine

Deux aéronefs CP140 Aurora et quatre équipages 404<sup>e</sup>, 405<sup>e</sup> et 407<sup>e</sup> Escadrons, ont participé à l'OTAN au plus grand exercice de guerre anti-sous-marine au monde, qui a eu lieu au large des côtes de la Sicile, en Italie, au cours des deux dernières semaines.

L'exercice Proud Manta offre à l'ARC une occasion unique de parfaire sa capacité de travailler dans un environnement multinational. À la fin de l'exercice, les nations participantes sont capables de communiquer

et de fonctionner de façon homogène. L'interopérabilité entre les nations participantes est un élément crucial de la mission de Proud Manta.

« La participation canadienne à l'exercice Proud Manta permet à nos forces de travailler avec nos alliés de l'OTAN et de montrer que nous sommes parmi les meilleurs au monde dans ce que nous faisons. Elle permet aux équipes et au personnel de la maintenance des CP140 canadiens des deux côtes de

parfaire les compétences qu'ils utilisent au quotidien, que ce soit au pays en patrouille, ou en déploiement un peu partout dans le monde », de dire le lieutenant-colonel Mike Adamson, commandant du 405<sup>e</sup> Escadron de patrouille à long rayon d'action.

« L'exercice Proud Manta est aussi l'une des rares occasions pour les équipages des CP140 Aurora d'engager activement de véritables forces sous-marines; c'est un ensemble de compétences essentielles

qu'il faut toujours exercer et maintenir. »

L'exercice Proud Manta a mis au défi les membres de l'ARC avec des scénarios d'entraînement au dessus et en dessous de l'eau. Les scénarios d'entraînement vont des exercices de communications hors menace entre des aéronefs, des navires et des sous-marins de plusieurs nations jusqu'à des scénarios de conduite de la guerre. Les scénarios d'entraînement les plus exigeants intègrent la

nécessité de repérer les sous-marins ennemis. Les membres de l'ARC s'entraînent aussi à recourir à leurs tactiques et à leurs techniques au niveau de l'équipage ainsi qu'à gérer les ressources à bord de l'aéronef.

« Il s'agit de la tâche la plus difficile que nous avons à exécuter en tant qu'équipage, mais c'est aussi la plus stimulante et la plus enrichissante sur le plan professionnel », de dire le major Paul Gilbert, commandant du détachement du 405<sup>e</sup> Escadron de patrouille à long

rayon d'action.

« Parfaire ces compétences ensemble avec nos alliés – plus de 100 heures de temps de vol réparties sur plus de 22 missions – a permis aux équipages d'en arriver à une cohésion du plus haut niveau. »

En général, le CP140 Aurora a un équipage de 10 membres, y compris deux pilotes, un mécanicien de bord, un navigateur tactique, un navigateur préposé aux communications et cinq opérateurs de détecteurs électroniques aéroportés.



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[www.airforce.forces.gc.ca](http://www.airforce.forces.gc.ca)

#### Community Gateway Site

Site du portail communautaire des Forces canadiennes  
[www.cfcommunitygateway.com](http://www.cfcommunitygateway.com)

#### 14 Wing Greenwood Site

Site de la 14<sup>e</sup> Escadre Greenwood  
[www.airforce.forces.gc.ca/14w-14e](http://www.airforce.forces.gc.ca/14w-14e)

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# La diversité, force des FAC

## Le 21 mars est la Journée internationale pour l'élimination de la discrimination raciale

**Sara Keddy**  
Rédactrice en chef

Pour le Lieutenant-colonel Patrick Thauberger, les différences apparentes ne sont qu'un aspect bien superficiel de la diversité.

« La plupart du temps, la diversité va bien au-delà du visible. Elle n'en est pas moins notre force, qu'elle nous vienne des femmes, des Autochtones ou d'autres groupes » explique le commandant du 404<sup>e</sup> Escadron, champion de la diversité à la 14<sup>e</sup> Escadre Greenwood. À ce titre, le Lcol Thauberger prépare avec enthousiasme la Journée internationale pour l'élimination de la discrimina-

tion raciale, qui aura lieu le 21 mars.

« Nous installerons, au mess Annapolis, nos stands d'information sur l'équité en matière d'emploi à la base, nous ferons de la promotion à l'entrée principale et je ne manquerai pas d'inciter les autres commandants à faire tout ce qu'ils peuvent, au sein de leurs unités respectives, pour promouvoir cette journée. »

Le Lcol Thauberger croit fermement que les Forces armées canadiennes d'aujourd'hui sont ouvertes à la diversité.

« Nous voulons une organisation riche en diversité or, cette diversité n'est pas aussi présente que nous le

souhaitons. Alors nous travaillons activement, sur le plan du recrutement, pour qu'elle le devienne » dit-il. Idéalement, les minorités, au sein des Forces canadiennes, devraient être représentées de la même façon qu'au sein de la population canadienne, tant dans les proportions que dans la composition. Selon le Lcol Thauberger, nous devons tous être très vigilants et dénoncer, le cas échéant, tous les cas de discrimination que nous constatons.

« Nous avons fait de grands progrès mais il reste du chemin à faire. »

Pour les FAC, la diversité est un atout indiscutable, tout

d'abord pour l'enrichissement qu'elle apporte au quotidien dans le milieu de travail, mais plus encore lorsque le Canada est appelé à mener des missions à l'étranger.

« Il est important que nous représentions le plus fidèlement possible ce qu'est le Canada : un pays d'immigrants. Lorsque nous sommes en mission à l'étranger, nos troupes ne sont pas forcément représentatives de la population locale, mais nous affichons tout de même une certaine diversité, de par les origines multiples de nos membres » d'expliquer le Lcol Thauberger.



# Strength of CAF in its many faces

## March 21 marks International Day for the Elimination of Racial Discrimination

**Sara Keddy,**  
Managing editor

Pointing out differences may be just a "superficial" way to point people out, says Lieutenant-Colonel Patrick Thauberger.

"A lot of times diversity is unseen, but it's our strength – whether it's women, Aboriginals or others," the commanding officer of 404 Squadron says. He's 14 Wing

Greenwood's "champion" for diversity, and is looking forward to the International Day for the Elimination of Racial Discrimination March 21.

"We'll have information and our base employment equity displays set up at the Annapolis Mess, we'll promote awareness at the main gate sign and I'll certainly be speaking to other commanding officers to do what they can within their units to

promote the day."

Thauberger is confident today's Canadian Armed Forces is open to diversity.

"We want diversity in the organization, and it is less than what we'd expect to see – but it's something we're trying to actively recruit," he says. Ideally, minority representation would reflect the

size and make up of Canada's entire population. If there are instances of discrimination, Thauberger says it's up to everyone to "watch for it and call people on it."

"We've made great progress, but "there are always places to go."

For the CAF in particular, a diverse force is definitely

an asset, not only for the perspectives it brings in the day-to-day workplace, but particularly when Canada is called upon for international roles.

"It's important we represent what Canada really is: a nation

of immigrants," Thauberger says. "If we're somewhere in the world and we aren't representing that local, indigenous population we're serving, we are still showing diversity in our own people, who come from wherever."



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# People issues

## Women's challenges in early CAF paved way for change

Sara Keddy,  
Managing editor

Karen Breeck ran into her share of “bad apples” as a young, female doctor coming into a newly-integrated Canadian Armed Forces, but “thankfully, there were also lots and lots of men willing to do all the battles they could” to welcome women.

Breeck was the guest speaker at the March 8 14 Wing Greenwood International Women's Day event, and called the trip to the base from her home, now in Ottawa, “therapeutic.”

Breeck retired in 2009 as a major after a 20-year career in military medicine, but began her military medical work at 14 Wing. Her early years coincided with the arrival of women in non-traditional flight crew roles, sparking a life-long interest in gender-specific medicine and the workplace.

“Greenwood was a very unusual base, with more female air crew being integrated here than anywhere else in Canada. There were a lot of trials and

changes taking place, and all of the women came right to us (herself and another female doctor, known together as the “killer Bs” because of their last name) – and we went right to the chain of command to find out what was going on, and how we could fix it.”

Breeck says her own experiences likely represent the wider experiences of 10s and 100s of women in those changing years: a lot of jokes at women's expense, humiliating ways by some men to “show them the ropes,” and inappropriate behaviour from “dinosaurs” who outright told her to get out of their office. Policies were written for a male-only force, female washrooms were often several buildings over, flight safety equipment was taken home and modified by women to fit, career course selection passed over women, who would likely be sidelined by having a baby; and no research time or money was allocated to any of these situations.

“One generation now from those years, and some of



**Dr. Karen Breeck (retired major) says women's issues have changed as more and more women take equal roles in society: in fact, any continuing concerns really could be more widely addressed as people issues.**

Private N.Clarkson, 14 AMS Wing Imaging

those issues for women aren't known,” Breeck said. “Now, women have pretty well done everything.”

But, is that enough? Breeck is concerned that lack of awareness of issues early CAF women faced among today's young women members represents a “tipping point.” With close to 15 per cent of the CAF female (the force's actual employment equity target is 25 per cent), and a generation of “firsts” already in the history books, could there be “stasis?”

“Perhaps nothing more needs

to be done, but women are not looking at career choices in the military. I think we do have a chance here of going backwards if we don't have a plan.”

Determining that plan, Breeck and others in the audience acknowledged in general discussion afterwards, is a challenging political and human rights issue – “Well,” Breeck said, “it's a people issue.”

“We need a system that supports taking care of all CAF members who want to achieve all they can, and still have a career and a family.”

## Road ahead an opportunity for CAF women

Confident, courageous people are what Lieutenant-Colonel Andre Gloumeau is looking for as members of his Canadian Armed Forces team.

Low self-esteem, apathy around issues of body image, violence and objectification; and a lack of appreciation for the history of women's achievements in the CAF could be seen as road blocks on “the road ahead,” this year's theme for International Women's Day events, marked March 18 at 14 Wing Greenwood.

Or, as Gloumeau said, “it's our opportunity.”

“The road ahead for the Department of National Defence is really our young men and women. For anyone with a daughter or niece or female relative, you should be concerned and cognizant of the issues facing young women so we can better plan.”

Gloumeau, commanding officer of 14 Software Engineering Squadron, is the base's “champion” for women, and helped organize the March 8 afternoon. A screening of “Killing us Softly” generated lots of thought on the portrayal of women



in advertising, how sex sells and how much more graphic – and damaging for women – that message has become in recent years. Retired doctor Karen Breeck also spoke about her experiences as a young woman coming into the CAF medical environment, and how she thinks things have changed.

“I would issue a charge to each and every one here: take this discussion out and forward around the base and with your peers,” Gloumeau said. “Without it, progress can not happen.”

A collection on behalf of Valley women and children's shelter Chrysalis House gathered an assortment of toiletries and \$279 – which Breeck matched as the afternoon wrapped up.

# Questions d'ordre humain

## Les obstacles qu'ont dû franchir les pionnières des FAC ont pavé la voie au changement

Sara Keddy  
Rédactrice en chef

En tant que jeune femme médecin au sein de Forces armées canadiennes (FAC) récemment intégrées, Karen Breeck a eu sa part de problèmes. Heureusement, nombreux étaient tout de même les hommes qui étaient prêts à se battre pour accueillir les femmes dans leur milieu.

Conférencière invitée à l'activité organisée pour marquer la Journée internationale de la femme à la 14<sup>e</sup> Escadre Greenwood, le 8 mars, Karen a qualifié de « thérapeutique » son voyage à la base, depuis son domicile actuel situé à Ottawa.

Karen a pris sa retraite en

2009, au grade de major, après une carrière de 20 ans en médecine militaire commencée à la 14<sup>e</sup> Escadre. Ses débuts coïncidaient avec l'arrivée de femmes dans des rôles non traditionnels de militaires navigants, ce qui l'a poussée à s'intéresser, pendant toute sa carrière, à la place et au rôle des femmes, tant dans le domaine de la médecine qu'au sein du milieu de travail.

« Greenwood était une base très particulière, puisqu'on y trouvait plus de femmes navigantes que n'importe où ailleurs au Canada. On procédait à de nombreux essais et changements à l'époque, et toutes les femmes se tournaient vers nous (elle et une

autre femme médecin qui étaient appelées les « killer Bs » en raison de leurs noms de famille). Alors nous nous adressions directement à la chaîne de commandement pour savoir ce qui se passait et voir ce que nous pouvions faire pour elles » explique M<sup>me</sup> Breeck.

Pour Karen, son expérience reflète, à plus grande échelle, l'expérience qu'ont vécue des dizaines, voire des centaines de femmes à cette époque de grands changements : plaisanteries sur le compte des femmes, humiliations de la part de certains hommes qui prétendaient leur « montrer les ficelles du métier » et comportements déplacés de la part de « dinosaures » qui la

chassaient carrément de leur bureau. Les politiques étaient rédigées en fonction d'une force exclusivement masculine, les toilettes des femmes se trouvaient souvent dans des bâtiments éloignés, les femmes emportaient chez elles le matériel de sécurité en vol pour l'adapter afin de pouvoir l'utiliser, les femmes n'étaient pas choisies pour participer aux programmes de perfectionnement professionnel et se trouvaient presque à coup sûr mises de côté lorsqu'elles avaient un bébé. Qui plus est, on n'accordait ni temps ni argent à la résolution de ces situations.

« Une génération plus tard, les problèmes auxquelles ont

été confrontées les femmes ne sont pas connus » dit Karen. « Aujourd'hui, les femmes ont pratiquement franchi tous les obstacles ».

Mais est-ce suffisant? M<sup>me</sup> Breeck s'inquiète. Pour elle, le fait que les jeunes femmes militaires d'aujourd'hui ne soient pas au courant des problèmes auxquels ont dû faire face les pionnières des FAC peut être un point critique. Avec une proportion de près de 15 pour cent de femmes au sein des FAC (la cible actuelle en matière d'égalité au sein des Forces est 25 pour cent), et une génération de pionnières qui appartient maintenant au passé, se pourrait-il qu'on assiste à une stagnation?

« Peut-être n'est-il plus nécessaire de faire quoi que ce soit, mais les femmes n'envisagent pas spontanément les carrières militaires. Je crois que nous risquons de reculer si nous n'avons pas un plan. »

M<sup>me</sup> Breeck et les personnes qui assistaient à la conférence ont reconnu par la suite, lors d'une discussion générale, que mettre sur pied un tel plan représentait un défi à la fois politique et humain – « C'est une question d'ordre humain » a déclaré M<sup>me</sup> Breeck.

« Nous avons besoin d'un système qui permet de prendre en compte tous les membres des FAC qui veulent s'accomplir pleinement, et avoir à la fois une carrière et une famille. »

# Le chemin à parcourir : une occasion à saisir pour les femmes des FAC



Le Lieutenant-colonel André Gloumeau, "Champion" pour les femmes de la 14<sup>e</sup> Escadre de Greenwood, a conduit les événements et la période de discussion afin de souligner la Journée internationale de la femme, le 8 mars dernier.

Soldat N. Clarkson, 14 EMA Service d'imagerie de l'Escadre.

Le Lieutenant-colonel André Gloumeau cherche des gens confiants et courageux pour faire partie de son équipe des Forces armées canadiennes.

Une faible estime de soi, l'inertie vis-à-vis des questions d'image corporelle, la violence, l'exploitation axée sur le sexe et le manque d'intérêt pour les réalisations de femmes dans l'histoire des FAC pourraient constituer des obstacles sur le « chemin à parcourir », thème choisi cette année pour les activités organisées à la 14<sup>e</sup> Escadre le 18 mars, à l'occasion de la Journée internationale de

la femme.

Ou, comme l'a dit le Lcol Gloumeau, c'est l'occasion que nous devons saisir pour réagir.

« Le chemin à parcourir, pour le ministère de la Défense nationale, est représenté par nos jeunes hommes et femmes. Quiconque a une fille, une nièce ou toute autre parente, devrait s'intéresser de près aux problèmes auxquels font face les jeunes femmes, afin que nous puissions mieux préparer l'avenir. »

Commandant du 14<sup>e</sup> Escadron de génie logiciel, le Lcol Gloumeau est le cham-

pion de la base pour la cause des femmes; il a participé, à ce titre, à l'organisation de l'après-midi du 8 mars. La projection du documentaire « Killing us Softly » a suscité de nombreuses réactions sur l'exploitation des femmes dans la publicité, sur l'aspect marketing du sexe et sur le caractère de plus en plus explicite – et dégradant pour la femme – des messages depuis quelques années. La docteure à la retraite Karen Breeck a également raconté les expériences qu'elle a vécues en tant que jeune femme à son arrivée dans le milieu médical

des FAC, et a expliqué combien les choses avaient changé par rapport à ce qu'elle a connu.

« À vous tous ici présents, je confie une mission : répandez le message véhiculé ici partout dans la base et autour de vous » de dire le Lcol Gloumeau. « Sans lui, pas de progrès possible. »

Un collecte organisée au profit de Chrysalis House, refuge de la Vallée pour les femmes et les enfants, a permis de recueillir divers articles de toilette et la somme de 279 \$, que M<sup>me</sup> Breeck a doublé par son apport personnel à la fin de l'après-midi.

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# 404 Squadron's first upgraded Aurora deployment

**Flight Lieutenant Rich Jones, 404 Squadron, Block III Implementation Flight**

February saw the new, fully modernized Aurora deployed overseas, outside of a testing environment for the first time. A 404 (Long Range Patrol & Training) Squadron crew took part in a multinational exercise with aircraft 115, the most recent Aurora to have gone through the upgrade process. The crew, while being hosted by Royal Naval Air Station Culdrose in Cornwall, England, flew a training flight

against HMS Astute, one of the newest, modern and most technically advanced nuclear submarines in the world. The crew also put the new Aurora through its paces in an all-out war training scenario in the English Channel, one of the busiest shipping areas in the world. The crew worked with a multinational force, consisting of British and German warships, helicopters and fast jets in a highly charged and dynamic scenario. Excellent training was achieved, and the 404 Squadron crew relished the opportunity to show off Canada's latest Aurora to our allies.



The upgraded Block III Aurora on its recent British exercise. Submitted



Members of the Block III Implementation Flight from 404 Squadron (back row, left to right): Sergeant Bob Legere, Sergeant Geoff Brown, Captain Jan Douglas, Sergeant Stu Greenslade, Captain Bruce Jarvis, Major Gord Colwell, Master Warrant Officer Rob O'Brien. In the foreground is Sergeant Kenny Caldwell. Master Corporal R. Wilson, 404 Squadron

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# Making the move | Post out briefing highlights the process

You're posted – now what?

Several hundred 14 Wing Greenwood families will make the big move in the next few months, and there are lots of lists to check off and plans to be made before the last box is packed onto the back of that moving van.

Military members and their spouses who will be posted

through the 2013 posting season are urged to attend one of three mandatory posting-out briefings: March 26 at 1:30 p.m., April 9 at 6 p.m. and April 10 at 1:30 p.m., at the Birchall Training Centre.

"If you are in PMQs (Private Married Quarters), there are things you need to do," says Master Corporal Kathleen

Snow, a resource management support clerk in the Wing Orderly Room. "If you have children, there are resources and childcare to help – sometimes it's difficult to make a move for families. There's a clearing out list for the base

with tonnes of places on it that need to be checked off."

All of this information will be reviewed at the briefings, with speakers from the Canadian Forces Housing Agency, the military family resources centre, Brookfield Global Reloca-

tion Services and the Furniture and Effects Section. Hard copies of information guides will be available (on-line, find what you need at [http://www.irp-pri.com/policies\\_directives/cf\\_members/](http://www.irp-pri.com/policies_directives/cf_members/)).

When a move becomes a

challenge, Snow says, there is help: the MFRC, base padres and social workers, and military peers who have lived through change can share in the experience, with support for stress to handy packing tips.

## Renseignez-vous sur le processus...

### Séances d'information préalables au déménagement

Vous êtes affecté – Et maintenant?

Plusieurs centaines de familles de la 14<sup>e</sup> Escadre feront le grand déménagement dans les prochains mois, et il y a encore de nombreuses listes à cocher et de nombreux plans à établir avant que la dernière boîte ne soit rangée à l'arrière du fourgon de déménagement.

Nous encourageons vivement les militaires et leurs conjoints qui seront affectés au cours de la période des affectations 2013 à assister à l'une des deux séances d'information obligatoires sur les affectations qui auront lieu le 26 mars à 13 h 30, le 9 avril à 18 h ou le 10 avril à 13 h 30 au Centre d'instruction Birchall.

« Si vous êtes dans des logements familiaux (LF), il y a certaines choses que vous devez faire. Si vous avez des enfants, des ressources et des services de garderie seront offerts pour vous aider, car le déménagement est souvent difficile pour les familles. La base dispose d'une liste de libération comportant

de nombreux cas qui doivent être cochés », affirme le caporal-chef Kathleen Snow, commis de soutien à la gestion des ressources de la salle des rapports de l'escadre.

Toute cette information sera examinée lors des séances d'information, avec des présentateurs de l'Agence de logement des Forces canadiennes, du Centre de ressources pour les familles des militaires, des Services globaux de relogement Brookfield et de la section Meubles et Effets. Des copies papier des guides d'information seront disponibles (en ligne, vous trouverez ce dont vous avez besoin à [http://www.irp-pri.com/policies\\_directives/cf\\_members/](http://www.irp-pri.com/policies_directives/cf_members/)).

Lorsque le déménagement devient pénible, dit-elle, il y a de l'aide : le CRFM, les aumôniers et les travailleurs sociaux de la base ainsi que les pairs militaires qui ont réussi à traverser des périodes difficiles de changement peuvent partager leur expérience, offrir un soutien en matière de gestion du stress et de déménagement.

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## WOW! event will inspire, energize change

**Sara Keddy,  
Managing editor**

Organizers of an upcoming conference in Greenwood are going for the WOW! effect.

The Greenwood Military Family Resource Centre will present Janice Butler of Creative Breeze Training March 23 in a day-long event designed to wow and inspire participants.

“What you feel when you normally walk into a conference: ‘Oh, well...’ - it’s hard to describe Janice, but it’s really her that makes the conference,” says MFRC board

vice-chairman Leanne Dennison. “She’s exciting and motivating, she uses games and videos and activities – everyone could be up dancing.

“Timing-wise – everyone coming out of the winter slump – we intend to motivate them!”

It could be the DJ Butler brings along with her, with cues throughout the day’s presentations to add in everything from dance music to bird song, representing energy from the environment.

“Oh, wow, the energy...,” says Butler. “If you’re at a conference called WOW!, you

need to make an effort that says wow. Every time, people can’t go to sleep, they’re wondering, ‘What is she going to say next?’; and I go from story to story and share so many experiences.”

Butler doesn’t change her presentation for her audience, whether its forest firefighters, home builders, women business owners – “It doesn’t matter what role you play in life, I really go to the heart of every individual. We’re all people first.”

A Canadian Armed Forces community does open a soft spot for Butler, as she un-

derstands families’ stress and worry over deployments, moves – change.

“Change is one of the seven themes I talk about, and every human, anytime there’s something different, it’s, ‘How do you deal with that?’ It sabotages us from doing something else. I go through some little tools that are actually powerful techniques that can help.”

Dennison said her WOW! experience led her to identify some personal goals, write them down and start working on them,. She’s pleased to say she’s crossed one off her



**Janice Butler goes for the WOW! effect.** Submitted

list, and is close to achieving another. The real life examples from Butler’s own experience, and people she’s met, gave Dennison the positive power to make her own changes.

The free MFRC event here will be held at the Annapolis Mess March 23, between 9 a.m. and 4 p.m. There is room for 100 participants (military members, their families, DND partners and MFRC staff and volunteers), with coffee breaks provided morning and afternoon. Lunch is independent. To register, contact the MFRC, 765-5611, as soon as possible to reserve a place.

## Un événement WOW! qui inspirera et animera le changement

**Sara Keddy  
Rédactrice en chef**

Les organisateurs d’une conférence qui se tiendra bientôt à Greenwood veulent impressionner leurs visiteurs. Le 23 mars prochain, le Centre de ressources pour les familles de militaires (CRFM) de Greenwood présentera Janice Butler, de Creative Breeze Training, à l’occasion d’un

atelier d’une journée conçu pour fasciner et inspirer ses participants.

« Ce n’est pas comme quand vous arrivez à une conférence ordinaire... Il n’est pas facile de décrire Janice, mais c’est vraiment sa personnalité qui fait la conférence », commente Leanne Dennison, vice-présidente du comité du CRFM. « Elle est excitante et motivante, elle se sert de jeux, de vidéos

et d’activités, et elle est capable de faire danser toute la salle! »

« Au sortir des blues de l’hiver, le moment ne peut pas être mieux indiqué pour motiver tout le monde! »

Ce pourrait être à cause du DJ dont Butler se fait accompagner, qui intervient à divers moments avec des sonorités allant de musique de danse aux chants d’oiseaux pour représenter l’énergie tirée

de l’environnement.

« Oh, wow, l’énergie... », commente Butler. « Si vous êtes à une conférence intitulée WOW!, vous devez faire un effort qui dit Wow! À chaque fois, tout le monde est assis au bord de sa chaise et se demande ‘Qu’est-ce qu’elle va nous sortir maintenant?’ et je saute d’histoire en histoire pour partager tout un tas d’expériences. »

Butler ne change pas sa

présentation en fonction de son auditoire, qu’il soit composé de pompiers forestiers, de constructeurs de maisons ou de femmes propriétaires d’entreprises. « Peu importe quel rôle chacun joue dans la vie, je m’adresse directement au cœur des gens. Parce que c’est ça que nous sommes avant tout, des personnes. »

Butler trouve très émouvant de travailler avec la com-

munauté des Forces armées canadiennes. Elle comprend le stress des familles, les inquiétudes associées aux déploiements, aux déménagements, aux changements...

« Le changement est un des sept thèmes que j’aborde, et chaque être humain, confronté à quelque chose de différent, réagit en disant ‘Mais qu’est-ce qui va nous arriver?’ C’est comme si nous nous empêchions de faire autre chose. Je décris quelques petits outils qui sont en fait des techniques puissantes qui peuvent faire beaucoup de bien. »

Dennison mentionne que son expérience de la conférence WOW! l’a amenée à cerner certains buts personnels, à les transcrire sur papier et à travailler à leur réalisation. Elle est heureuse de confier qu’elle en a déjà rayé un de sa liste et est sur le point d’en atteindre un autre. Les récits d’expériences vécues par Butler et par les gens qu’elle a rencontrés ont donné à Dennison l’énergie positive requise pour apporter ses propres changements.

Cette conférence gratuite du CRFM aura lieu le 23 mars prochain, de 9 h à 16 h, au mess Annapolis; nous pouvons accueillir 100 participants (membres militaires, familles, partenaires du MDN et employés et bénévoles du CRFM). Nous offrons les pauses-café du matin et de l’après-midi. Le déjeuner est laissé au choix des participants. Réservez votre place dès que possible en téléphonant au CRFM, au 756-5611.

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# Canadian nurse shares hobby with German students

**Ignacio Rubalcava,  
U.S. Army Garrison  
Baumholder Public Affairs**

An air evacuation nurse with the Canadian Forces recently deployed to Landstuhl Regional Medical Center as part of the casualty support team visited children at Smith Elementary School on Smith Barracks but, instead of focusing on her job, Captain Denise Olson talked about bagpipes.

"I'm here today at the school because I'm actually instructing three of the teachers here on how to play the bagpipes," Olson said. Her talent is in high demand wherever she goes, especially on holidays such as Memorial Day or Veterans Day.

Dressed in her kilt and piping uniform, Olson fielded questions from the children about everything from what was inside the "bag" to what the decorations on her uniform were. Of course, she also played for the children, who were surprised to learn how loud the pipes sounded in their school library.

Olson has been playing the pipes for 35 years and says her hobby actually paid for her college and nursing school. For six summers, she had a job on the Cabot Trail, a tourist location in Nova Scotia.

"I didn't have to look for



**Captain Denise Olson visits school children to talk about her Canadian Forces experiences.**

Submitted

any other job. That was my job, eight to nine hours a day."

She became interested in bagpiping through Highland dancing when she was seven years old.

"At the age of 10, I thought, well, I'm already dancing to

the music - I'd like to learn how to play it."

Olson comes from a very musical family. Her father plays several instruments, and so do her uncles.

"I'd already started to take

piano, so I was very interested in music. It has been fantastic," Olson said.

Olson was in Germany from May to November 2012, and returned back to work with 26 Canadian Forces Health

Services here at 14 Wing Greenwood January 4, in time to move right into the new health centre as the second-in-command of clinical services.



## THE MUNICIPALITY OF THE COUNTY OF KINGS

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### TENDER 13-01

#### Canning STP UV Upgrades

The Engineering and Public Works Section of the Municipality of the County of Kings invites tenders for construction of a new effluent UV disinfection building with related equipment and yard piping modifications for the Canning Sewage Treatment Plant, located at 9880 Main Street, Canning NS.

Specifications and tender forms may be viewed and picked up beginning March 21, 2013 (upon receipt of a non refundable deposit of \$50.00) at the Municipal Complex, located at 87 Cornwallis Street, Kentville NS. Office hours are Monday to Friday from 8:30 am to 4:30 pm. Tenders may also be viewed at the Nova Scotia Construction Association, located at 260 Brownlow Avenue - Unit 3, Dartmouth, NS.

Specific inquiries pertaining to this tender may be directed to Evan Teasdale, P. Eng., GENIVAR by phoning (902) 835-9955 or email: [evan.teasdale@genivar.com](mailto:evan.teasdale@genivar.com)

**SEALED TENDERS WILL BE ACCEPTED UNTIL 2:00PM  
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The Municipality reserves the right to reject any or all tenders, not necessarily accept the lowest tender, or to accept any which it may consider to be in its best interest. The Municipality also reserves the right to waive formality, informality or technicality in any tender.

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## THE MUNICIPALITY OF THE COUNTY OF KINGS

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### TENDER 13-02

#### Nichols Ave Sidewalk

The Engineering and Public Works Section of the Municipality of the County of Kings invites tenders for construction of a new sidewalk and related drainage infrastructure along Nichols Avenue, North Kentville NS. The new sidewalk will extend from the end of the Town of Kentville's existing sidewalk (15 Nichols Ave) to Scott Drive.

Specifications and tender forms may be viewed and picked up beginning March 21, 2013 (upon receipt of a non refundable deposit of \$50.00) at the Municipal Complex, located at 87 Cornwallis Street, Kentville NS. Office hours are Monday to Friday from 8:30 am to 4:30 pm. Tenders may also be viewed at the Nova Scotia Construction Association, located at 260 Brownlow Avenue - Unit 3, Dartmouth, NS.

Specific inquiries pertaining to this tender may be directed to Ryan Barkhouse, P. Eng., GENIVAR by phoning (902) 835-9955 or email: [ryan.barkhouse@genivar.com](mailto:ryan.barkhouse@genivar.com)

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## THE MUNICIPALITY OF THE COUNTY OF KINGS

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### NOTICE TO RESIDENTS

#### PERSONAL TAX EXEMPTION 2013/2014

The Council of the Municipality of the County of Kings directs, by policy, that an exemption be granted for the taxation year 2013/2014 pursuant to Section 69 of the Municipal Government Act, in an amount not exceeding \$160.00; upon property owned and occupied by a person who is a resident of the Municipality of Kings, and;

Whose total gross income from all sources for the year 2012, excluding any allowance paid pursuant to the War Veterans Allowance Act (Canada) or pension paid pursuant to the Pension Act (Canada), but **including** the income of all members of the same family residing in the same household, is less than **\$30,000** gross income, and;

Where property is jointly owned, only one tax exemption shall be allowed and the sharing in such exemption shall be on the basis of ownership in such joint property.

Applications for such tax exemption will be received at the Municipality prior to December 31, 2013.

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# Bike zombies

Hours on a bike - going nowhere - really added up, as a team from 26 Canadian Forces Health Services at 14 Wing Greenwood took part in a 24-hour spin-a-thon hosted by CFB Halifax February 28 and March 1. The event was an awareness and fundraising challenge for Boomer's Legacy, a charity run in memory of Corporal Andrew "Boomer" Eykelenboom, a CAF soldier killed in Afghanistan in 2006. The cyclists rode multiple shifts of 45 minutes over the 24 hours, drank lots of water and coffee and enjoyed snacks, music, ball and badminton with other team members – they even had a chance to grab some sleep on cots in the Stadacona gym's squash court. Maureen Eykelenboom (Boomer's mom) was there, and participants experienced many emotional moments remembering fallen soldiers. Cards hanging from the bikes' handles included pictures and details of a few of the fallen, including Boomer. The Greenwood team shared its bike with Jessie Wright, a Flight Line Café in Greenwood employee who has been involved with previous Boomer's fundraisers, and some personnel who travelled from 42 Health Services Centre Gagetown. In the picture are (from left) Lieutenant Gillian Howell, Corporal Veronique Barbeau, Leading Seaman Scott Carson, Corporal Cori Plante, Corporal Carla Morrice and Leading Seaman Will Dunphy. The Greenwood team raised \$1,002.15 a great chunk of the overall event's \$12,000 total, and thank all their co-workers and friends for such strong support.

Submitted





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## NS employers, educators honoured for Reserve support

The Canadian Forces Liaison Council (CFLC) recognized 15 civilian employers and educators for their support to Canada's Reserve Force at Nova Scotia's Government House March 7.

Brigadier-General the Honourable J.J. Grant, CMM ONS CD (retired), Lieutenant Governor of Nova Scotia, and Brigadier-General J.D.G. Henley OMM CD, Deputy Commander of Land Force Atlantic Area, were on hand to present awards.

The council encourages civilian employers and educational institutions to grant

Reservists time off on a voluntary basis, without penalty, to allow them to participate in their military activities, duties and training.

Valley award recipients included Canada Post Kentville, recognized in Best Practices In Employer Support: Large Organization; the Annapolis Valley Regional School Board, recognized for Support to Canada's Reserve Force Operations: International (Public Sector); and Vanoostrom Farm Equipment Ltd., also recognized for Support to Canada's Reserve Force Operations: International.



**Marcia Longley-Carropi, Canada Post local area manager, Kentville; accepts a Reserve Force support award from Brigadier-General the Honourable J.J. Grant, Lieutenant Governor of Nova Scotia.**

Warrant Officer J. Kean, Land Force Atlantic Area Public Affairs



**Lavina Parrish-Zwicker, chairwoman of the Valley Regional School Board, centre right; and Margo Tait, board superintendent, accept a Reserve Force support award from Brigadier-General the Honourable J.J. Grant, Lieutenant Governor of Nova Scotia. George Thomson, Aylesford, a lieutenant-colonel with the West Nova Scotia Regiment, nominated his employer.**

# VISIT THE EASTER BUNNY

**Thursday & Friday 1-4 & 6-8**  
**Saturday 10-12 & 1-4 | Sunday 1-4**

**Photos available by Econo Color | \$5**

### Easter Bunny Arrives

**March 21 | Easter Colouring Contest**

Pick up entry when you visit the Easter Bunny

**March 24 | Pet photos with Easter Bunny at Centre Court**



**March 30 | Roo's Easter Egg Hunt 9:30 a.m.**  
Pre-registration | \$6  
765-0667



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**Open** Easter Monday | **Closed** Good Friday and Easter Sunday  
[www.greenwoodmall.ns.ca](http://www.greenwoodmall.ns.ca)

## Join in to help fight cancer

Relay for Life is the Canadian Cancer Society's signature fundraising event.

14 Wing Greenwood has been instrumental in making the relay in Middleton a suc-

cess for the past 10 years. Join in to help fight cancer and celebrate life, and to help make this year's relay an even bigger success. It doesn't matter what size your team is: all military,

civilian and family members of 14 Wing are welcome to join in this meaningful and unforgettable event June 14.

An information session will be held March 22 in the Of-

ficers' Games Room at the Annapolis Mess. For more information, contact Wing OPI Capt Mathieu Kuhn 765-1494 local 3568 or Mathieu.Kuhn@forces.gc.ca.



## En action pour les vétérans



**Saviez-VOUS** que le Plan d'action de transition des vétérans vise à aider les vétérans et leurs familles à réussir leur transition vers la vie civile? Les programmes et les services d'Anciens Combattants Canada sont maintenant plus faciles d'accès.

- Parcourez le **Navigateur de bénéfices des vétérans**
- Allez en ligne et inscrivez-vous à **Mon dossier ACC**
- Créez votre propre **Mon cahier ACC**
- Renseignez-vous sur les **perspectives de carrière au civil**
  - Inscrivez-vous aux **Services de transition de carrière**
  - Découvrez le programme **Jobs-Emplois**
  - Obtenez un emploi dans la construction grâce au programme **Du régiment aux bâtiments**
- Recevez le paiement de vos prestations par **dépôt direct**.
- Obtenez de l'information sur les services et les programmes dans plus de **600 points** de service au pays, grâce à notre partenariat avec Service Canada.

Pour en savoir plus sur les services et les programmes, consultez

**veterans.gc.ca/outils**



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## Venez-vous joindre à nous pour combattre le cancer

Le Relais pour la vie est la levée de fonds le plus important pour la Société canadienne du cancer.

La 14<sup>e</sup> Escadre a été instrumentale au succès de cet événement pendant les 10 dernières années à Middleton. Venez-vous joindre à nous pour combattre le cancer, pour célébrer la vie et pour créer un plus grand succès cette année. Cela ne fait pas de différence combien de personnes que vous avez dans

vos équipes, tous les membres militaires, civiles et familles de 14<sup>e</sup> Escadre sont invités à nous joindre pour cet événement mémorable qui tiendra le 14 juin.

La session d'information se tiendra le 22 mars à 13h00 au Salle de Jeux des Officiers du Mess Annapolis. Si vous désirez avoir plus de détails, vous pouvez contacter le BPI, Capitaine Mathieu Kuhn, 765-1494 poste 3568 ou Mathieu.Kuhn@forces.gc.ca.

## Friends say thanks

Friends of the Villages volunteers are extending big thanks to the community for its support of the group's February 23 auctions, dinner and dance.

The evening was in aid of the Western Kings Arena phase two renovation, and raised \$22,425.11.

Many sponsors supported the event, with donations for

the auctions and covering costs. Scotiabank Greenwood also participated with a ticket sale, and supplied volunteers. A community dance group and hockey players served guests, and Elizabeth Cushing was the winner of a raffled quilt.

Special thanks to all those who attended the dinner or dance, and made bids on auction items.

## ~ Obituary ~

**LeGard, Stephen William,**  
Nictaux, NS

LeGard, Stephen William- It is with heavy hearts that we announce the sudden passing of Stephen LeGard on March 3, 2013. Born in Halifax on September 30, 1962, he was a son of Dianne Hankinson LeGard and the late Leonard LeGard. Stephen attended schools in both Dartmouth and Middleton. In 1985 he completed the Silviculture Worker Level 1 Training Program. In the late 1980's Stephen, along with his mother, Dianne owned and operated LeGard's Forestry Services Ltd. He attended NSCC Cape Breton (89/90) and successfully completed the Forestry Worker Program. In September of 1990 he obtained his Nova Scotia Provincial Scaler's License. He then decided to move to British Columbia, where he completed the Utility Arborist Certification Program while he worked for Asplunde, who did contract work for BC Hydro. Returning home in 1994, Stephen worked along with the rest of the family creating the Falcourt Inn in Nictaux. Stephen enjoyed canoeing and horseback riding and loved the great outdoors. He was a member of the Banook Canoe Club in Dartmouth, where he enjoyed paddling in the early 1970's. He was predeceased by his father, Leonard LeGard; paternal grandparents Henry "Harry" and Susan (McCurdy) LeGard and maternal grandparents, Thomas and Marguerite (Drake) Hankinson. Steve will be sadly missed by his mother, Dianne; brother, Derek; sister, Susan and his best friend and partner, Nancy McNeil. Cremation has taken place. A memorial service was held 2:00PM, Saturday, March 9, 2013 in the Middleton Funeral Home 398 Main Street, (902) 825-3448. Private family interment will be in Pine Grove Cemetery, Middleton. A reception for family and friends will follow service in Holy Trinity Anglican Church, Middleton. By request, family flowers only. Donations in memory may be made to a charity of your choice. Online guest book may be signed by visiting: [www.middletonfuneralhome.com](http://www.middletonfuneralhome.com)



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The Bolingbroke restoration progress after three years and 7,000 volunteer man-hours by Greenwood Military Aviation Society volunteers. M.Uhlman

# Time taking back 60 years of Bolingbroke history

Malcolm Uhlman & Dave Saulnier  
Greenwood Military Aviation Society

The Greenwood Military Aviation Museum (GMAM) rescued the carcass of a Second World War aircraft in 2009 from a swamp in Dauphin, Manitoba. This restoration project is a Bristol/Fairchild Bolingbroke MkIVT (British Bristol Blenheim), a representative of an aircraft flown here at RAF/RCAF Station Greenwood during 1943-44. After 60 years of exposure to outdoor elements and the loss of many parts from metal and parts scavengers, there wasn't much left of the aircraft.

The distinctive nose of the Boly required a major reconstruction of the skeletal structure, as did the rear fuselage. These were successfully completed and work has since concentrated on developing the many curved windows, being moulded of non-yellowing Lexan polycarbonate. This process necessitated the construction of 14 different forms for each unique window shape and the construction of a 4'x4'x4' oven. The oven's heat allows the flat Lexan to drape over the form and take on the new shape. Most of these windows are now being fitted and installed.

Other parts have been fabricated from scratch as well. The forward escape hatch was missing and its reconstruction has been started from photos of other reconstructed Bolingbrokes. A navigator's table and corresponding map box have been meticulously replicated and installed in the restructured nose. The interior panels of the cockpit have also been repaired or replaced. A newly con-

structed instrument panel is decked out with mock dials because of low radiation emissions from the original style instruments and is now installed, as well as the throttle quadrant, master switch box and pilot's gun sight - all carefully replicated and dressing up the stark interior of the hulk. An original compass was recently installed and other pilot aids will be added. The pilot's seat has been repaired and primed, and is awaiting upholstery before reinstallation.

Structurally, the horizontal stabilizer was re-skinned with new aluminum but the fin needed only a new leading edge. The complete reconstruction of the rudder and both elevator skeletons was accomplished using the salvaged hinges only, and the ribs fabricated from photos and drawings. These three major pieces are now ready for fabric covering, as in the original Bolingbroke. Work also continues on the massive wing box (centre section) and the complicated repair of the crushed ribs of the trailing edges.

Since its inception three years ago, almost 7,000 volunteer man-hours have been logged on the restoration of Bolingbroke 9997. The completion date is several years away, but it is gratifying to look back and see the progress accomplished by the enthusiastic team of museum volunteers.

Visitors are welcome to view the project in the workshop building behind the museum complex during volunteer work times Monday and Thursday mornings.

Follow all the exciting projects and museum events on Facebook.

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Our **9pc HomeGourmet cookware set** features vented tempered glass lids, ergonomic handles, and a durable non-stick coating that is PFOA and PTFE free. Oven safe and safe for all stovetops including induction. The **9pc HomeGourmet set** includes 1.5 and 2 litre saucepans, 4 L saucepan with helper handle, 5L Dutch oven, 24 cm/9.5" fry pan and 4 glass lids. **List: \$599.99. \$169<sup>99</sup>**

Information: 1-800-A NEW-POT or [www.paderno.com](http://www.paderno.com). Not all locations open Sundays, Good Friday and/or Easter Sunday. Quantities limited, please be early. Sale items may not be exactly as shown.

<b>75% OFF!</b> 20cm egg pan. <del>\$79.99.</del>  <b>\$19<sup>99</sup></b>	<b>UP TO 71% OFF!</b> Stainless steel Nature Trust pan with enviro-friendly ceramic coating, PFOA and PTFE Free. Safe for induction stovetops. 20cm/8" Nature Trust fry pan. List: \$139.99. <b>Now \$39.99!</b> 24cm/9.5" Nature Trust fry pan. List: \$159.99. <b>Now \$44.99!</b> 28cm/11" Nature Trust fry pan. List: \$179.99. <b>Now \$59.99!</b> 	
<b>72% OFF!</b> 3pc Santoku knife set. List: \$69.99.  <b>\$24<sup>99</sup></b>	<b>75% OFF!</b> 20cm fry pan with non-stick egg poacher inserts and cover. List: \$139.99.  <b>\$34<sup>99</sup></b>	<b>69% OFF!</b> 20cm/8" Class IIc fry pan. List: \$99.99.  <b>\$29<sup>99</sup></b>
<b>72% OFF!</b> 1L ClassIIc saucepan with cover. List: \$92.00.  <b>\$24<sup>99</sup></b>	<b>74% OFF!</b> 1L ClassIIc casserole with cover. List: \$99.00.  <b>\$24<sup>99</sup></b>	<b>SAVE \$100!</b> 6pc Glacier knife block set available in red, purple, and green. List: \$179.99.  <b>\$79<sup>99</sup></b>
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## Healthy thanks

The Kingston & District Health Auxiliary extends warm thanks for the support received in 2012 from the business community and area residents in its quest to raise funds in support of Annapolis Valley Health.

In 2012, auxiliary members raised \$6,590.35 from a ticket auction and silent auction; this, coupled with regular coffee parties, card parties and lotteries etc.; exceeded members' goal of \$12,000.

The auxiliary disbursed over \$13,000 in January in support of Annapolis Valley Health services and to care organizations, including the following: the Soldiers Memorial Hospital Foundation, the Valley Regional Hospital Foundation, the Victorian Order of Nurses, Mid-Valley Palliative Care and Fidelis House.

# Greenwood swimmers making big splash

**Sandi McLean,**  
**Greenwood Dolphins**  
**head coach**

The Greenwood Dolphins are mid-season, and the future could not look any brighter!

Swim club members just wrapped up a championship meet for the short course season (25 metres pool competitions) and are now looking forward to the long course season (50 metres pool competitions).

Greenwood sent five swimmers to the Nova Scotia Junior Provincials, held February 8 through 10 in Port Hawkesbury. Notable performances were put in by Kyra Jarvis, 11, first in the 50m fly, second in the 50m free and third in the 200m free; Jenna O'Brien, 13, first in the 100m fly and 200m fly; Larissa Coleman, 11, first in the 200m back, third in the 50m back and third in the 200m IM; Julie Hotton, 14, third in the 100m fly and 200m fly. Nick Gilbert, 16, had three top-six placings in his first junior provincials, and Victoria Gilbert, 13, helped round out the first and second placed 13-14 girls' relays. As well as the medals each

swimmer received, there were many top-six ribbons won and minutes of time dropped. A small contingent representing Greenwood made a mighty force to be reckoned with in the end.

February 28 through March 3, the Greenwood Dolphins went to Halifax, where the best Atlantic Canadian swimmers and some clubs from Quebec and Ontario competed at the East Coast Championships (short course). With the best of the best showing up to compete, Greenwood had four swimmers fully qualified for this competition. Savannah Leblanc, 12, proved to be a fighter in her first East Coast appearance, placing seventh in the 400m IM. She also swam personal bests in all six events she competed in. Jarvis, another East Coast first-timer, also swam bests in her three events, highlighted by a first alternate position for finals in her 50m back. Mercedes Leblanc, 14, a member of the Nova Scotia All-Star team, placed fourth in finals for her 200m breaststroke, seventh in the 200m free, eighth in the 200m back and eighth in the 200m IM. Lo-

gan Way, also a member of the provincial all-star team, rounded out Greenwood's contingent, qualifying for Age Group Nationals in the 50m back, 100m back and

200m back. He placed first in the 50m back, second in the 200m back, third in the 100m back and fourth in the 50m fly. All four Dolphins took off substantial amounts of time

in each of their swims, very hard to do at the level they are competing at. Greenwood is now looking forward to swimming at the junior provincials in May in

Wolfville, Ken Dun Champs in June in Halifax, the Long Course East Coast Champs in July in Newfoundland and Labrador and Age Group Nationals in July in Montreal.



Photo Credit: DND.

## Taking Action for Veterans



Did you know the Veterans Transition Action Plan is here to help Veterans and family members make the best possible transition to civilian life? Veterans Affairs Canada is making programs and services easier to access where and when you need them.

- Explore the **Veterans Benefits Browser**
- Sign up for your online **My VAC Account**
- Build your own **My VAC Book**
- Ask us about **civilian career opportunities**
  - Take advantage of **Career Transition Services**
  - Learn more about the **Jobs-Emplois** initiative
  - Access construction jobs through the **Helmets to Hardhats** program
- Register for **direct deposit** for your benefit payments
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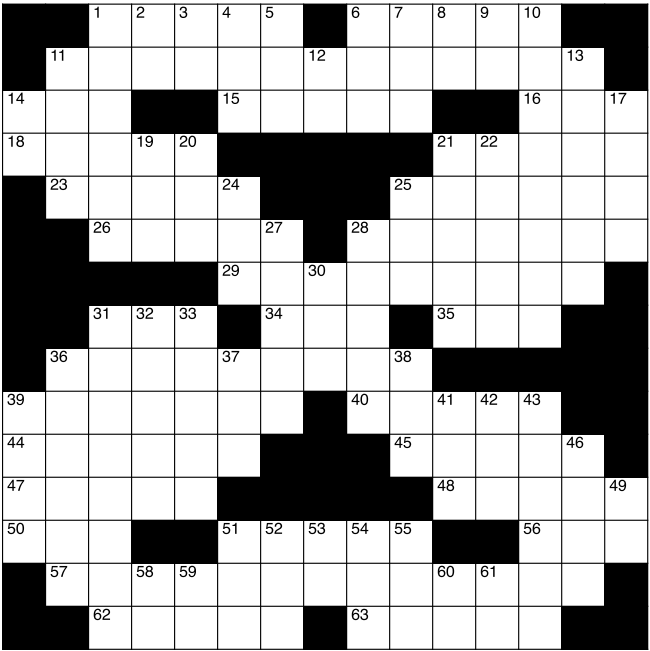
The Aurora publishes items of interest to the community submitted by not-for-profit organizations. Submissions are limited to approximately 25 words. Items may be submitted to our office, 83A School Road (Morfee Annex), 14 Wing Greenwood; by fax, (902)765-1717; or email [editor@auroranewspaper.com](mailto:editor@auroranewspaper.com). Dated announcements are published on a first-come, first-served basis, and on-going notices will be included as space allows. To guarantee your announcement, you may choose to place a paid advertisement. The deadline for submissions is Thursday, 9:30 a.m., previous to publication unless otherwise notified.

Le commandant publie des avis d'intérêt public soumis par des organisations à but non lucratif. Ces avis doivent se limiter à environ 25 mots. Les avis peuvent être soumis à nos bureaux, au 83A, School Road, (annexe Morfee), 14<sup>e</sup> Escadre Greenwood, par fax au (902) 765-1717 ou par courriel à [l'adresse\\_editor@auroranewspaper.com](mailto:l'adresse_editor@auroranewspaper.com). Les annonces avec date sont publiées selon le principe du premier arrivé, premier servi, et les avis continus seront inclus si l'espace le permet. Si vous voulez être certain que votre avis soit publié, vous voudrez peut-être acheter de la publicité. La date de tombée des soumissions est à 9 h 30 du matin le jeudi précédent la publication, à moins d'avis contraire.



# metro crossword

solution page 18



- ACROSS
1. Mexican President Camacho

6. Egyptian statesman Anwar

11. March 17, 2013

14. Don't know when yet

15. Russian country house

16. No longer is

18. E.g. club soda or fruit juice

21. Hindu holy man

23. Viverridae cat

25. Long sound diacritical mark

26. Yellow-fever mosquitos

28. Dead and rotting flesh

29. Those who are present

31. Royal Mail Service

34. Not in

35. Slope stability radar (abbr.)

36. Fast ballroom dance

39. A writ issued by authority of law

40. Lots

44. Concrete ingredient

45. Counterweights

47. Lower in esteem

48. Having the head uncovered

50. A way to plead

51. Henry \_\_ Lodge,

56. Before

57. Portable communicator

62. Marten having luxuriant dark brown fur

63. Game table fabric

DOWN

1. Inability to coordinate muscular movement

2. Biden or Cheney

3. Farm state

4. Confined condition (abbr.)

5. Macaws

6. Space Center Houston

7. Alias

8. "Chevy Show" star initials

9. A public promotion

10. More meretricious

11. Invests in little enterprises

12. Integrated circuit

13. Rednecks

14. Atomic #69

17. Legume hemp

19. Adam's garden partner

20. The color of blood

21. Orange-red chalcledony

22. Units of land area

24. Green, sweet or Earl Grey

25. Any member of the family Hominidae

27. Received thrust (Geology)

28. Mexican treasury certificates

30. Ancient Egyptian king

31. Searches through

32. Silent actors

33. Biscuitlike tea pastry

36. Largest Canadian province

37. Chess horseman (abbr.)

38. Theater orchestra area

39. One who replaces a striker

41. The bill in a restaurant

42. A major division of geological time

43. Imperturbable

46. Used esp. of dry vegetation

49. Delaware

51. A passage with access only at one end

52. Brew

53. Common degree

54. Shape of a sphere

55. Yearly tonnage (abbr.)

58. City of Angels

59. Pound

60. Hello

61. Wizard of \_\_




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Greenwood  
**765-6381**

**At CentreStage**  
CentreStage Theatre Presents The Dixie Swim Club, about five very different Southern women who met on their college swim team and continue to share long weekends at the same beach house. This hilarious and poignant play is about the friendships that last forever. It is best suited for adults and teens. Dixie Swim Club plays March 22, 23, 24 (2 p.m. matinee), April 5, 6. Showtime 8 p.m./ 2 p.m. matinee). Tickets \$12/ \$10. Call 678-8040 for reservations. [www.centrestagetheatre.ca](http://www.centrestagetheatre.ca).

**Teen group**  
To May 28, a social group for teenagers with autism will meet Tuesday evenings, 6:30 p.m. to 8:30 p.m., at the Sobeys community room, Greenwood. For information, contact Karen at 765-3502.

**Computer skills**  
Do you have a computer question you would like some assistance

Kingston  
Legion



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Regular Games - \$100

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- 2 - 60/40
- Letter H - 80/20
- 1 Lucky 7 - Progressive
- 1 Bonanza - Progressive
- Jackpot - 3 Chances

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Sat - Sun 2 PM Matinees  
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with, or did you get an eReader or tablet for Christmas and want to know how to use the Valley Regional Library's eBook or audiobook download service? Maybe you would like to begin using computers. This one-hour session, with an instructor, is for you. To book your basic computer session, call the Berwick library at 538-4030 Tuesday, 9 a.m. to 2 p.m., or Wednesday noon to 4 p.m.; or the Kingston library at 765-3631, Monday 2 p.m. to 6 p.m., or Thursday, 10 a.m. to 2:30 p.m.

**Meeting**  
March 18, the Canadian Cancer Society's Kingston/ Greenwood Living With Cancer Support Group will hold its regular monthly meeting in the St. Mark's Protestant Chapel Annex, Greenwood, 7 p.m. to 9 p.m. The CEO of the CCS NS Division, Barbara Stead-Coyle, will be guest speaker, on "Reflecting On the Last 75 Years and the Future of the Canadian Cancer Society." Cancer patients, family and friends or anyone seeking information on cancer is invited to attend. For information: Lloyd Graham (765-6133) or Lynda Pierce (765-3055).

**Spring celebration**  
March 19, 7 p.m., enjoy a recipe for an early spring at the Rosa M. Harvey Library: a town crier, live bunnies, two-week old lambs, tips on spring fashions and flower arrangement plus sampling of homemade ice cream. Spring formally comes a few hours early, with a celebration of the new season and something special for all ages.

**Garden club**  
March 20, 7 p.m., is the next meeting of the Wilmot Garden Club in the Melvern Square Community Hall. Bill Sproule will be discussing grape growing. Everyone welcome. [www.wilmotgardenclub.ca](http://www.wilmotgardenclub.ca).

**Ticket auction**  
March 23, there will be a ticket auction at West Kings High, 10 a.m. to 3 p.m. Twenty tickets for \$1. Lots of great prizes, including passes to Oaklawn Zoo and Upper Clements Park. All proceeds will help a West Kings teacher raise \$6,000 for the Diabetes Association. There will also be baked goods and a hot dog sale occurring throughout the day.

**Breakfast**  
March 23, 8 a.m. to 10:30 a.m., enjoy a big breakfast at the Middleton Curling Club, 6 King Street. A community favourite.

**Ticket auction**  
March 23, there will be a ticket auction at the Melvern Square Community Centre, 10 a.m. to 2 p.m. Proceeds for the Melvern Square United Baptist Church. Name and phone number will be taken. Canteen available.

**Supper**  
March 23, 4:30 p.m. to 6:30 p.m., "Meat" the spring at a meatloaf supper, hosted by the Paradise United Baptist Church. Menu: potato scallop, meatloaf, coleslaw, roll; pie for dessert. Come join us at the Paradise Hall. Adults, \$10; children under 12, \$7; under four, \$4.


**Evergreen gala**  
March 23 at 8 p.m., Evergreen Theatre (1941 Stronach Moun-

tain Road, East Margaretsville) membership gala and fundraiser. Annual membership \$40, and will entitle you to: admittance to the March 23 gala (Mexican-themed meal at the Margaretsville fire hall, 6 p.m., followed by a concert at the Evergreen with Andy and Ariana and Rise Up Shannon; two (and probably more) invitations to attend selected 2013 Evergreen performances at no charge; and more. Cost \$40. Reservations phone 825-6834. Email [evergreentheatre@gmail.com](mailto:evergreentheatre@gmail.com).

**Meeting**  
March 25 is the annual meeting for the Melvern Square & Area Community Association, 7 p.m., in the community hall, 165 Bridge Street, Melvern Square.

**Dessert, card party**  
March 25, the Kingston and District Health Auxiliary will be holding a dessert and card party, 12:30 p.m. for 1 p.m., at the Kingston Lions' hall. Tickets are \$7, available at the door. There will be various card games and lots of prizes. Everyone is welcome. Please come out and help support our community and health auxiliary. For information, call 765-3094.

**Luncheon**  
March 26, enjoy a home-made meal at a reasonable price: attend the Middleton Fireflies' luncheon, 11 a.m. to 1 p.m., at the Middleton fire hall. Lobster chowder (\$8), corn chowder (\$7) or hamburger soup (\$7), followed by your choice of upside-down cake or rhubarb crisp, tea or coffee. If you prefer to have the meal (minus the beverage) delivered



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Entry deadline:  
Noon, March 21, 2013

Full name

Phone number

Complete the following questions from ads in this week's issue and win a large 2-topping pizza from **Pizza Delight, Greenwood**. Coupon valid for 30 days.

1. What dates are the Croods playing at the Zedex Theatre?

2. What can you buy and save \$100?


3. What is the minimum wage going up to?

4. When is online swim lesson registration?

5. What is Tender 13-01 for?

Limited to one win per family in a TWO MONTH PERIOD.

The winner will be drawn randomly from all correct entries. Only one entry per family per week.



Pizza Delight, Greenwood  
765-4477

Congratulations to last week's winner: MILLIE CLOW

to your Middleton home or work place, call Bonnie, 825-3062, by March 25.

**Meeting**  
March 27, 7 p.m., is the monthly meeting of the board of directors of the Companion Animal Protection Society of Annapolis County at the municipal building in Lawrencetown. All CAPS' members and friends are cordially invited to attend. Call 825-CAPS for updates.

**Donut sale**  
March 27, All Saint's Anglican Church Kingston will be selling mini donuts all day at All Saints' Anglican Church Hall, Pleasant Street, Kingston (turn west off Bridge Street). Cost: \$ 4 a box. Come out and try them warm from the kitchen - buy a couple of boxes and enjoy them for snacks and coffee breaks!

**Men's basketball**  
Tuesdays, 7:30 p.m. to 9:30 p.m., men's basketball at Pine Ridge Middle School. Cost \$10/ person until December (or \$3/night). Enter by door in the back of the building. Info: Glen, 844-0156 or recreation@kingstonnovascotia.ca.

**Kingston Area Seniors Association**  
Kingston Area Seniors Association meets the second Wednesday of each month at 10 a.m. at Kingston Branch No 98 Royal Canadian Legion. Fun day (cards and games) every second and fourth Friday of the month, 1 p.m. For information, contact Pat Coakley, 765-2175.

**Middleton Skate Park Committee meetings**  
Every 1st and 3rd Monday of each month, from 6 p.m. to 8 p.m. in the MRHS library. If you are interested in having a skate park in Middleton, these meetings are for you! New members always welcome. For info, call Brooke at 824-1069.

**Youth bowling**  
14 Wing Greenwood Community

Centre youth bowling programs are underway for youth ages five to 19. Call the Greenwood Bowling Centre to register, 765-1494 local 5631.

**Church service**  
Sundays: 9:45 a.m. Sunday school, 11 a.m. and 6 p.m. worship services at the Fellowship Baptist Church, 174 Bridge Street, Melvern Square. 765-6361, www.fbcmelvernsq.com.

**Church service**  
Sunday service 10:45 a.m. at New Beginnings Centre, 1151 Bridge St., Greenwood. Nursery and program for children ages three to 12. We are an evangelical Christian church. 765-8155.

**Church service**  
Sunday services will be held at the New Beginnings Centre, 1151 Bridge Street, Greenwood; with Pastor Leon Langille, "The Peoples 25-40 Church." Pre-service music at 3:50 p.m., service at 3 p.m. Doors open at 2:30 p.m. All welcome.

Lions Club and leave a message. Aylesford: 847-9374, Kingston: 765-2128. Please call for pricing and remember if emergency responders can't find you, they can't help you. Funds raised go back into your local community when purchased through Lions International. Thank you for your support.

# Easter on the Wing | Pâques à l'Escadre

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For more information call 765-5611 or 765-8165.  
Pour plus d'informations, appelez au 765-5611 ou au 765-8165.

# sudoku

solution page 18

		7	9		8	6	1	
2		9	1	3		4		
							8	
	7		3					
		3			2	5		
9	2		6	5		8		4
	9	8	4				6	
	1	2						
6						1		3

**Fun By The Numbers** Level: Beginner  
Here's How It Works: Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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# patrick's puzzle horoscopes

solution page 18

March 17 - March 23

## MUSICAL WORD SEARCH

N F B B R W E A P E S B R E H F P R A H  
W P R W V E R A N S O E S L R E C S F B  
O V A C E L L O N N D I E E N A N E I R  
G X S V P C B G G R S L N O D P O O F T  
B L S N O M H O O S G C H R T X I B E T  
A E U R O N U C A N H P U N L D D O D S  
M X G R I T E B A H O M E I L R R N V E  
E A T L T R E I O X N M D O B O O E M E  
N C O H A E R R A S U D A E A H C O I L  
R I L Y I T N S T R A R B X C C C P F G  
V S W A H H W R T S C B U N C I A D S U  
T M Y F R P P S F M I W T Y Y V P P N B  
E E M G T I N Y E A N V H P I A N O V A  
P E P U E I N X V R O N O I L L L F I L  
M D O I P T U E V I M I F L S C T C O F  
U N P T P U U P T M R T V G O T U U L I  
R X V A A G N L L B A P R C T C L C A D  
T C P R W W A D F A H S L A B Y C E E D  
O F E S T A M B O R I N E P U O S I H L  
M V B N T F R E L A C I S U M N D B P E

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HARMONICA  
HARP  
INSTRUMENT  
MARIMBA

MUSICAL  
OBOE  
ORGAN  
PIANO  
PICCOLO  
RECORDER  
SAXOPHONE  
SNARE  
TAMBOURINE

TRIANGLE  
TROMBONE  
TRUMPET  
TUBA  
VIOLA  
VIOLIN  
WHISTLE

**ARIES - Mar 21/Apr 20**  
Are you ready for surprises, Aries? If not, loosen up a little bit because there is a little excitement in store for you. It will come when you least expect it.

**TAURUS - Apr 21/May 21**  
You may need an extra dose of patience this week, Taurus. Some difficult tasks are ahead and you will be in charge of getting things back to normal.

**GEMINI - May 22/Jun 21**  
Gemini, though many things can induce stress, the infectious sound of children's laughter will quickly take you out of a slump. Take some time to enjoy the simpler things in life.

**CANCER - Jun 22/Jul 22**  
Cancer, some issues that require your attention arise at the office even though you may feel you have already devoted enough time to work responsibilities this week.

**LEO - Jul 23/Aug 23**  
A memorable night is on the horizon, Leo. It may be Wednesday or Thursday, so plan to look your best on those days. Romance could be in the air as well.

**VIRGO - Aug 24/Sept 22**  
Virgo, before reacting to something this week, take a few deep breaths before saying or doing anything. This way you can be sure you are not engaging in a knee-jerk reaction.

**LIBRA - Sept 23/Oct 23**  
Libra, someone you can trust will be by your side this week when you need the most support. He or she also can help with sorting through financial concerns.

**SCORPIO - Oct 24/Nov 22**  
Scorpio, you may need to take a look at your finances and any things you can do to address any issues. Tweak things that have not been working as you had hoped.

**SAGITTARIUS - Nov 23/Dec 21**  
Sagittarius, make some concessions if it means keeping the peace around the house. Sometimes you have to simply sit back and let others be in the spotlight.

**CAPRICORN - Dec 22/Jan 20**  
Capricorn, take a few moments to think about what you expect from a particular person and then develop a strategy that will bring you to that end. It sounds easy, but it will require effort.

**AQUARIUS - Jan 21/Feb 18**  
Sometimes things last, but other times they fizzle away, Aquarius. You may not be able to predict the outcome of everything, but you can take steps to protect the things you want to save.

**PISCES - Feb 19/Mar 20**  
Others will quickly figure out that there is no one quite like you, Pisces. You are a great friend to be around.

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Classified advertising must be booked and prepaid by noon Wednesday previous to publication. Payment methods include VISA, MasterCard, AMEX, debit or cash. The Aurora is not responsible for products and/or services advertised. To place a classified, contact 765-1494 local 5440, visit the office, 83A School Road, Morfee Annex, Greenwood; email [frontdesk@auroranewspaper.com](mailto:frontdesk@auroranewspaper.com) or fax 765-1717.

To place a boxed, display ad, contact 765-1494 local 5833; email [marketing@auroranewspaper.com](mailto:marketing@auroranewspaper.com).

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Pour faire paraître une publicité dans un encadré, appelez-nous au (902) 765-1494 poste 5833, ou un courriel à [marketing@auroranewspaper.com](mailto:marketing@auroranewspaper.com).

## FOR RENT

**FOR RENT – Two apartments for rent in quiet country setting. Both fully furnished and equipped with washer, dryer, fridge and stove. Rent includes all utilities and Wi-Fi. Looking for single persons who are quiet. No smoking, no pets. \$650.00 for lower and \$750.00 for upper. Call Joe 765-1898. (3331-ufnb)**

**FOR RENT – Two bedroom upstairs apartment located in Kingston. Close to Legion. Fridge and stove provided. Rent is \$550/month plus utilities. Available immediately. Call 825-3607. (3401-ufnb)**

**FOR RENT – Clean three bedroom apartment located in Nictaux. \$850/month with heat and lights**

included. Fridge, stove and dishwasher provided with washer/dryer hook-up available. Located in a quiet subdivision. No dogs. Reference required. Call Ross at 840-0534. (3402-ufn)

**FOR RENT – One bedroom apartment located in Middleton. Ground floor furnished. All utilities including WiFi and cable are included. References required. Rent is \$700/month. Call 902-844-0331 or [rocket650@eastlink.ca](mailto:rocket650@eastlink.ca). (3403-ufn)**

**FOR RENT – Small two bedroom bachelor house located in the Kingston area. Rent is \$675 per month including heat and lights. Fridge and stove provided. Call 847-5046. (3403-ufn)**

**FOR RENT - One bedroom apartment in Middleton - \$450.00 a month. Secure Building with On-site Superintendent. Utilities**

**paid by Tenant. Pet friendly and on-site Laundry Facilities. Available now. Lease and References Required. Call 765-2421 for more information. (3407-ufnb)**

**FOR RENT - Two Bedroom Apartment in Melvern Square - \$600.00 a month, heat and lights included. Pet Friendly and on-site Laundry Facilities. Lease and References Required. Available now. Call 765-2421 for more information. (3407-ufnb)**

**For Rent - Two bedroom house located near West Kings High School in Auburn, newly renovated. Available now. Hardwood floors, fridge/stove including washer/dryer hookup. Snow removal and lawn care provided. \$600.00 per month plus utilities. Call 844-0432. (3407-ufn)**

**FOR RENT – Two bedroom apartment located at 677 Central Ave, Apt B, Greenwood. Available immediately. No pets. Rent is \$500/month plus utilities. Located on bus route. Call Kathy at 765-2938. (3410-3tpb)**

**FOR RENT – Two bedroom apartment in adult building. 1486 Magee Drive, Kingston. In floor heat, ground level. \$690.00 a month. Available April 1st, 2013. Free lawn care and snow removal. Phone 309-0573. (3410-3tpb)**

**FOR RENT – Two bedroom duplex, Nictaux on Old Run Way Drive. Rent is \$625/month plus utilities. Fridge and stove provided and a washer/dryer hook-up is available. Available immediately. Call 825-6096 or 840-3337 (3411-2tp)**

## SERVICES

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**Greenwood curling club clinic participants included, from left, Robin Bradshaw, Carolyn Dale, Sue Ryan, Florence Roach and Sandra Cathcart. In the back is Helen Malo.**

## Greenwood curlers' skills set for year-enders

With the spring weather just around the corner, the 14 Wing Greenwood Curling Club is preparing for the final bonspiels and curling of the season.

The regular curling leagues – ladies', men's, mixed, juniors, commercial and intersection - have only another four weeks of curling left. To help hone skills and correct all those bad habits learned throughout the season, a curling clinic was held March 9. Florence Roach guided a group through a review of many aspects of the sport, including sliding, releasing the rock on the skip's broom and sweeping, to name a few. Participants also had an opportunity

to view ourselves on video – thanks, Bill Laird and Dan Praught, for working the cameras. Hopefully, the clinic will improve skills and prepare players for upcoming closing bonspiels.

Both the ladies' and the men's leagues will host closing bonspiels: the ladies' 44th closing bonspiel will be April 12 to 14 and will attract 24 teams from the local area and throughout Nova Scotia; the men's closing bonspiel will be April 19 to 21, with 32 teams from the Maritimes expected. If you want to catch some curling we invite you and your friends to come to the curling club and watch a few games.

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## crossword solution

A	V	I	L	A	S	A	D	A	T										
S	T	P	A	T	R	I	C	K	S	D	A	Y							
T	B	A			D	A	C	H	A				W	A	S				
M	I	X	E	R						S	A	D	H	U					
C	I	V	E	T						M	A	C	R	O	N				
A	E	D	E	S						C	A	R	R	I	O	N			
										A	T	T	E	N	D	E	E	S	
										R	M	S		O	U	T	S	S	R
										Q	U	I	C	K	S	T	E	P	
S	U	M	M	O	N	S				S	I	T	E	S					
C	E	M	E	N	T					T	A	R	E	S					
A	B	A	S	E										B	A	R	E	D	
B	E	G								C	A	B	O	T					
C	E	L	L	U	L	A	R	P	H	O	N	E							
S	A	B	L	E						B	A	I	Z	E					

## sudoku solution

5	3	7	9	4	8	6	1	2
2	8	9	1	3	6	4	5	7
1	4	6	2	7	5	3	8	9
8	7	5	3	1	4	2	9	6
4	6	3	8	9	2	5	7	1
9	2	1	6	5	7	8	3	4
3	9	8	4	2	1	7	6	5
7	1	2	5	6	3	9	4	8
6	5	4	7	8	9	1	2	3

## patrick's puzzle

N	F	B	B	R	W	E	A	P	E	S	B	R	E	H	F	P	R	A	H
W	P	R	W	V	E	R	A	N	S	O	E	S	I	R	E	C	S	F	B
O	V	A	C	E	L	I	O	N	N	D	I	E	N	A	N	O	E	I	G
G	X	S	V	P	C	B	G	R	S	L	N	O	D	P	O	E	I	F	G
B	L	S	N	O	M	H	O	O	S	S	C	H	N	T	X	I	B	E	T
A	E	T	R	O	N	U	C	A	N	H	P	O	N	L	D	R	O	D	S
M	X	G	R	I	T	E	B	A	H	O	M	E	X	L	R	D	R	N	V
F	A	C	T	L	T	R	E	T	O	X	N	M	O	A	B	O	C	O	E
N	C	Q	H	A	E	R	A	S	U	D	O	E	A	H	C	O	O	I	N
R	I	L	Y	I	T	W	S	T	R	A	B	B	X	C	C	C	P	F	G
V	S	W	A	H	H	W	T	S	C	B	B	U	N	C	I	A	D	S	B
T	M	Y	F	R	P	P	S	F	M	I	W	T	Y	Y	V	P	P	N	V
T	E	E	M	G	E	I	N	Y	E	A	N	V	H	P	I	A	N	O	V
P	E	P	E	P	E	C	N	X	V	R	O	N	O	N	I	L	L	F	I
M	D	D	I	P	T	O	E	V	I	M	I	F	L	S	C	I	C	O	L
U	N	P	T	P	U	P	T	M	R	T	V	G	O	T	U	U	A	I	D
R	X	V	A	A	G	N	L	L	B	A	P	R	C	T	C	C	E	E	H
C	O	F	E	S	T	A	N	B	O	R	I	N	E	P	U	O	S	I	H
M	V	B	N	T	F	R	E	L	A	C	I	S	U	M	N	D	B	P	E

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## C&E curling great tradition

**Corporal Jaden Braniff,  
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In January, 14 Wing Greenwood hosted the Atlantic Region Construction & Engineering Curling Bonspiel. The branch has been running the event faithfully for the last 26 years.

The bonspiel began in 1988

and has seen many teams from across the country make the journey to Greenwood. The event has also spread to other wings in Canada, demonstrating the importance of the bonspiel's esprit de corps. One team in particular, "The Old Farts," has taken part in the event since its inception in Barrington 26 years ago. The founders, a group of

radar technicians from the historical site, moved the event to Greenwood after the second bonspiel to allow for a more regional tournament. It has been held at the Greenwood curling rink ever since.

The three-day event gives past and serving members of the branch the opportunity to participate in personal development sessions, as well as an exchange of ideas through a social meet and greet - not to mention some good old fashion rivalry.

14 Wing Commander Colonel Jim Irvine presided over the opening ceremonies, as each team marched on to the ice accompanied by the 14 Wing piper. Irvine expressed his appreciation for the dedication and hard work the organizers of this event have shown over the years and recognized the importance such event has for all who attend.

Master Corporal Michael Thomas, chairman of the event, planned the event for nearly three months with his 14-member committee. The team searched out sponsors, accommodations, completed a web page and logo design. Thomas and his crew pulled together a myriad of resources to make this year's bonspiel as memorable as always.



The "Old Farts" – from left, Ernie Killen, Bill Powley, Gord Macdonald and Allen Morris – have now participated in the 26-year history of the Construction & Engineering branch annual bonspiel.

Submitted



**HAVE YOU NOMINATED SOMEONE FOR A  
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**C**ancer Care Nova Scotia's (CCNS's) Excellence Awards honour the many health professionals, volunteers, and all who go above and beyond to ensure Nova Scotia cancer patients and families receive high quality treatment and care.

This year, to mark the fifth anniversary of CCNS's Excellence Awards, we will present awards in three categories: Pioneer Excellence, Leadership Excellence and Excellence in Patient Care. We want your nominations.

**The deadline for nominations is April 26, 2013.** We'll announce the winners at an Awards Celebration in June in Halifax. Nominate someone today. Visit the CCNS website at [www.cancercare.ns.ca/awards](http://www.cancercare.ns.ca/awards) for details or call 1-866-599-2267.






# Greenwood

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FREE at the GMFRC  
Register by: Wed., Mar 20

**COURS DE CONDUITE PRÉVENTIVE**  
Le lundi 25 mars et le mardi 26 mars  
17 h 30 à 20 h 30  
GRATUIT au CRFMG  
Date limite d'inscription : mercredi le 20 mars

**12<sup>th</sup> ANNUAL EMPLOYMENT & EDUCATION FAIR**  
Wed., Mar 27  
1 - 4 p.m.  
FREE  
Annapolis Mess  
No Registration Required

**12<sup>e</sup> SALON ANNUEL DE L'EMPLOI ET DE L'ÉDUCATION**  
Mercredi le 27 mars  
13 h à 16 h  
GRATUIT!  
mess Annapolis  
Aucune inscription nécessaire

**EASTER BRUNCH FOR DEPLOYED FAMILIES**  
Sat., Mar 30  
11 a.m. - 1 p.m.  
FREE at the Annapolis Cafe  
Register by : Mon., Mar 25

**BRUNCH ANNUEL DE PÂQUES POUR LES FAMILLES DES MILIAIRES DÉPLOYÉS**  
Samedi le 30 mars  
11 h à 13 h  
GRATUIT au Café Annapolis  
Date limite d'inscription : lundi le 25 mars

**Friendly Fridays!**  
Join us at the GMFRC every Friday morning from 10 to 11:30 a.m. in the lounge for coffee, treats, and great conversation! Best of all, it's FREE no guilt fun! No need to register, just show up.

**Vendredis entre amis !**  
Commencez la fin de semaine du bon pied en vous rendant au Salon Familial du CRFMG tous les vendredis matin de 10 h 00 à 11 h 30 pour bavarder devant un bon café en savourant de petites douceurs. C'est GRATUIT! Il n'est pas nécessaire de s'inscrire; il suffit de se présenter. Nous espérons vous y voir!


**Easter on the Wing**  
Saturday, March 30, 2013  
1:00 - 3:00 p.m.  
14 Wing Annapolis Mess

**Pâques à l'Escadre**  
Le samedi 30 mars 2013  
13 h à 15 h  
Mess Annapolis de la 14e Escadre

To register, or for more information, call 765-5611 or drop-in to the GMFRC located at the AVM Morfee School Road, Greenwood. Methods of payment accepted are cash or cheque.

Pour s'inscrire ou pour plus d'informations, appelez au 765-5611 ou présentez-vous au CRFMG situé au Centre AVM Morfee sur la rue School à Greenwood. Nous acceptons les paiements en argent ou par chèque.







**TAIZÉ SERVICE**

**7 PM Sunday 24 March 13**

**QUEEN OF HEAVEN CHAPEL**

The Taizé Community



Taizé is a tiny village hidden away in the hills of Burgundy, in the eastern part of France not far from the town of Cluny. Since 1940 it has been the home of an ecumenical community of brothers whose prayer three times a day is at the center of their lives. Today, Taizé is a place to which visitors of all ages and backgrounds come on pilgrimage, to participate in international meetings of prayer and reflection.

The Chapel Taizé service is open to everyone who would like to participate in prayer, reflection and music during Holy Week.

**HOLY WEEK SERVICES – QUEEN OF HEAVEN CHAPEL**

**Sunday 24 March** – Palm Sunday Mass – at 11 AM and Taizé Service at 7 PM  
**Monday 25 March** – Parish Reconciliation Service at 7 PM  
**Thursday 28 March** – Mass of the Lord's Supper at 7 PM  
**Friday 29 March** – Good Friday Celebration of the Passion of Our Lord at 3 PM  
**Stations of the Cross (A Children's Live Portrayal)** – Good Friday at 10 AM and 7 PM  
**Saturday 30 March** – Easter Vigil – at 8 PM  
**Sunday 31 March** – Easter Sunday – Celebration of Resurrection of Our Lord at 11 AM

**HOLY WEEK SERVICES – ST. MARK'S CHAPEL**

**Sunday 24 March** – Palm Sunday Special Service – with Padre Richard Bastien at 10:30 AM  
**Thursday 28 March** – Maundy Thursday – with Rev Mike McKeage at 6:30 PM  
**Friday 29 March** – Good Friday Celebration – with Padre Gordon Poley at 3 PM  
**Sunday 31 March** – Easter Morning – with Padre Gordon Poley at 6:30 AM  
**Sunday 31 March** – Easter Celebration – with Padre Gordon Poley at 10:30 AM

# Students recognized for Call to Remembrance results

**Harold MacKenzie,  
Publicity coordinator,  
Call to Remembrance Quiz**

Middle school students from Windsor to Clementsport were honored at a banquet held at the Royal Canadian Legion Branch #098 in Kingston February 28. in recognition of their participation and achievements in the earlier Call to

Remembrance competition. Emcee for the evening was branch second vice-president Leo Jenkins. Camp Aldershot guest speaker Captain Jeremy Wigmore gave a heartwarming and educational talk on his tour of Afghanistan, including his interaction with the Afghan people.

Awards were presented by Zone 8 Commander Mervin

Steadman, with assistance from Korean War veterans Glen Hardiman, Ernest "Junior" Saulnier and Ronald Batson. Cash prizes, medallions and certificates of participation were awarded to the students on the top three teams. All participating students received a certificate, and all schools entering a team received a cash prize.



**Kings-Edgehill was the top team in the 2013 Call to Remembrance competition.**  
Submitted



**Captain Jeremy Wigmore, Camp Aldershot, left; with Korean veterans attending the Call to Remembrance 2013 awards banquet.**  
Submitted

**14 Wing Greenwood presents the 12th Annual  
La 14<sup>e</sup> Escadre de Greenwood accueille le 12<sup>e</sup> Salon annuel**

**Education & Employment  
Salon de l'emploi  
Fair et de l'éducation**

<b>All are welcome!</b> The Public, Civilian & Military Employees, Students, Spouses & Dependants	<b>Bienvenue à tous!</b> Le public, les étudiants, les employés civils et militaires ainsi que leurs conjoints et personnes à charge
Employers, Colleges and Universities from across Canada & Career Assistance Exhibitors	Employeurs, représentants de collèges et universités de partout au Canada, et exposants offrant des services d'aide professionnelle

<b>27 March 2013</b> <b>1:00 - 4:00 p.m.</b> <b>Annapolis Mess</b> (upstairs, all lounges) <b>Free Admission</b> Presented by the Greenwood Military Family Resource Centre (GMFRC) and the Learning and Career Centre. For more info, call 765-1494 ext. 5611 or 5024	<b>27 mars 2013</b> <b>13 h à 16 h</b> <b>Mess Annapolis</b> (au 2 <sup>e</sup> étage dans tous les salons) <b>Admission gratuite</b> Organisé par le Centre de ressources pour les familles militaires de Greenwood (CRFMG) et le Centre d'apprentissage et de carrière. Pour plus de renseignements, composez le 765-1494 poste 5611 ou 5024
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**Breakfast**  
Mon - Sat • 7am - 10am  
**Lunch**  
Mon - Fri • 11am - 2pm  
Ethically sourced and fair trade coffee

**Open Mic**  
Fri • 7pm - 10pm

963 Central Ave., Greenwood  
Ph: 242-3225

Mon - Thurs • 6:30am - 5pm  
Fri • 6:30am - 10pm, Sat • 8am - 5pm

**BEST TOYOTA** [www.besttoyotasales.com](http://www.besttoyotasales.com)

**USED INVENTORY**

<p><b>2008 Toyota Yaris</b> \$10,995 Automatic, 4-Cyl 1.5 L, 4 door Sedan, A/C, 87,045 kms • \$ 119 BIWEEKLY</p>	<p><b>2008 Honda Fit H/B</b> \$10,995 Automatic, 4-Cyl VTEC, 1.5 L, 4 door Hatchback, A/C, 86,598 kms • \$ 120 BIWEEKLY</p>
<p><b>2009 Toyota Corolla Sport</b> \$13,995 Automatic, 4-Cyl 1.8 L, 4 door Sedan, A/C, Sunroof, 75,372 kms • \$ 149 BIWEEKLY</p>	<p><b>2009 Toyota Tacoma SR5</b> \$20,995 Automatic, V6, 4.0 L, 4WD, 4 door Double Cab Truck, A/C, 151,433 kms • \$ 193 BIWEEKLY</p>
<p><b>2008 Honda Civic DX-G</b> \$11,995 Automatic, 4-Cyl, 2.0 L, 4 door Sedan, A/C, 68,175 kms • \$ 130 BIWEEKLY!</p>	<p><b>2010 Toyota Corolla CE</b> \$13,995 Automatic, 4-Cyl, 1.8 L, 4 door Sedan, A/C, 65,772 kms • \$ 115 BIWEEKLY!</p>

**840 Park Street Kentville, NS • Toll-free 1-888-466-2702 • (902) 678-6000**